



# Gilford Steamer

THURSDAY, JUNE 13, 2019

GILFORD, N.H. - FREE

## Bike Week events continue through Sunday

BY ERIN PLUMMER

mnews@salmonpress.news

REGION — Laconia Motorcycle Week continues into the weekend with a number of different rides, meetings, and events.

The 96th annual Motorcycle Week kicked off last Friday and will continue until Sunday. The hub of activity is on the Weirs, though a number of other events are taking place at Laconia Harley Davidson in Meredith and a number of other places across the state and beyond.

Rally headquarters on the Lakeside Avenue boardwalk will be open every day from 8 a.m.-9 p.m. through June 16.

The Mt. Washing-



FILE PHOTO

Riders will take part in the 26th annual POW/MIA Freedom Ride on Thursday.

ton name their Favorite Bike in the Show at 2 p.m. During the show will be a burrito eating contest at 1:30 p.m. at Burrito Me.

The 26th annual POW/MIA Freedom Ride will take place Thursday night. The line-up begins at 5 p.m. at Winnepesaukee Crossings in Gilford. Kickstands go up at 6 p.m. sharp and riders will go down the Weirs, Route 3, and into Meredith. The ride ends at Hesky Park in Meredith for the 31st annual POW/MIA Vigil.

On Friday, June 14 will be the 15th annual City of Laconia Bike Show at 9:30 a.m. in downtown Laconia. The Christian Motorcyclist Association will have a bike blessing at 11 a.m. During the show a Swap Meet will take place at Opechee Park in Laconia from

### Gilford students to present memorial flag cases at NHVH

TILTON — Students and teachers from Gilford High School will return to the New Hampshire Veterans Home for another year on Friday, June 14 to donate another batch of ceremonial American flag presentation cases to the Home. This year is a very special one, with their visit coinciding with Flag Day.

The cases are produced as part of a special joint project during the school year by GHS business teacher Steve O’Riordan and technolo-

gy and engineering teacher Dan Caron, who first stepped up in 2015 after finding out the Home’s previous supplier had stopped providing the triangular polished wood cases that are used to hold a ceremonially folded flag at veterans’ funerals. O’Riordan’s business students do the fund-raising and Caron’s classes build the boxes, with a little adult help.

The plan is to deliver more than 60 of the unfinished cas-

SEE **FLAG CASES** PAGE A13

ton Auto Road Ride to the Sky will take place Thursday at the Mount Washington Auto Road in Gorham at 10 a.m. Riders are asked to ar-

rive before 10 a.m. and a passenger rides free. The event is weather permitting.

The Custom Bike Show will take place

at the train station in Laconia from 11 a.m.-3 p.m. next to Kramer & Hall Jewelers and Burrito Me. The Railroad Station Merchants will

### GHS students present youngsters with special powered vehicles

BY ERIN PLUMMER

mnews@salmonpress.news

Three Gilford Elementary School students with disabilities now have their own little cars that will help them get around thanks to efforts by Gilford High School Engineering students.

For the past few months students in the Intro to Engineering class have been working on Go Baby Go, a project to turn Power Wheels into mobility devices for kids. The project was brought to the class by senior Troy



COURTESY PHOTO

The GHS Intro to Engineering class made the Go Baby Go cars. From left to right: Gwenhwyfar Stracchino, Dan Caron, Patrick Clough, Brady Reynolds, Dan Cameron, Leah McClinton, Morgan Taylor, Tyler Paire, Colin McGreevy, and Troy Gallagher with George Gard and Morgan Schneider in their cars.

### GHS seniors open fourth grade time capsules

BY ERIN PLUMMER

mnews@salmonpress.news

In 2011, the fourth graders at Gilford Elementary school filled out some information about themselves for a time capsule. Eight years later, those kids are now high school seniors and opened up those time capsules with current fourth graders as part of an ongoing tradition.

On Monday, members of the fourth grade class and their teachers went to Gilford High School to present the seniors with their time capsules from fourth grade. The seniors paired up with fourth graders and sat in the auditorium where they



ERIN PLUMMER

Gilford High School seniors meet with Gilford Elementary School fourth graders to share their time capsules they made when they were in fourth grade in 2011.

shared their time capsules with the younger students.

The time capsule is a

longstanding tradition between GES and GHS. In fourth grade, the last year the students are in

elementary school, all of the students fill out a sheet with a number of

SEE **TIME CAPSULES** PAGE A13

Gallagher after he did a similar program at St. Paul’s summer school.

On Friday, students in teacher Dan Caron’s Intro to Engineering Class delivered the vehicles to the three students with help of the Gilford Police and Fire Departments.

Preschoolers George Gard and Morgan Schneider and first grader Chloe Collette all received the vehicles that students made specifically for them.

The high school students spoke individually with the kids and their parents about what they wanted and their specific needs. The engineering students later came back to measure the kids and

set up their seats.

“When Mr. Caron first spoke about the Go Baby Go program I immediately thought of George and Morgan,” said Preschool Special Education Coordinator Allison Sullivan. “They have such wonderful strengths that I knew we could tap into using these cars as a tool. Both children have such a zest for life and are eager to try new things.”

Sullivan said these vehicles greatly improve their mobility and give them greater access to the playground.

Sullivan said first grade case worker Kate Genovese also suggested that first grader Chloe

SEE **GO BABY GO** PAGE A14

# Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

SPACE! We're going to hear a lot about outer space and the science that goes with it this summer as it is central to the Summer Reading Program. More on that next week. Today, let's talk about the Moon, getting there, and books on science. The Library is a place of learning after all, and science is the best way to produce information reliable enough to be worth learning.

Our first book is "First on the Moon: The Apollo 11 50th Anniversary Experience" by Rod Pyle. It's bewildering to realize that it's been 50 years since the Apollo 11 mission, but here we are. Pyle went deep gathering images and first hand accounts from NASA to commemorate the event, and the result is a clean and informative summary.

Our second book is nothing like the first. "Eating the Sun: Small Musings on a Vast Universe" by Ella Frances Sanders is a ruminating tour of fascinating facts about the universe. With smart, poetic writing, Sanders briefly describes what science tells us about topics like light, space (even in individual atoms), gravity, and energy. "Eating the

Sun" refers to the how energy flows from the sun as light and a tiny bit of it becomes edible plants. Simultaneously, it seems, we know so much and so little about us and everything, but there is so much we don't know. Sanders points out in a positive tone—we have a lot to think about.

If you're a social learner, why not come to next week's book discussion of "Rise of the Rocket Girls" by Nathalia Holt? The all-women team of extraordinary mathematicians were known as human computers. They crunched complex and variable calculations to revolutionize rocket design and satellite trajectories using only pencil, paper, and their own genius. The discussions are on Thursday, June 21 at 12:30 or 6 p.m.

These are just a handful of books on my desk. Just imagine how many are in the library, or the universe! There is so much for us to discover, and so many discoveries that others have made for the rest of us to learn. Let's take this summer to know a bit more about our world.

## Classes & Special Events June 13-20

**Thursday, June 13**  
Teen Destress Week,

All Day

Teens are welcome to destress by making art of all kinds to help get through testing all week long!

Gerri Fit, Turn Back the Hands of Time, 9-10 a.m.

Master Trainer, Francesca Fisher, and star pupil "Joan" work out together in this 45-minute Geri-Fit® fitness video. Suggested for advanced Geri-Fitters that have excelled the squat movement and are ready to add more weight to the workout. Most of the exercises are performed in chairs, but you can do them standing if you prefer. No floorwork!

Father's Day Drop in Craft: My Pop Rocks Art, 10:30-11:30 a.m. or 3:30-4:30 p.m.

Come make a unique art piece and card for your favorite guy for Father's Day! Sign up required.

Volunteer Appreciation Brunch, 11:30 a.m.-1 p.m.

Conversational French, 4-5 p.m.

Adventure in Ice-

land, 6:30-7:30 p.m.

Paula Hiuser from Epic Global Adventures and Karen Bobotas will discuss Iceland at night, purposeful travel, the benefits of small group adventures and some upcoming tours.

**Friday, June 14**

Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

**Monday, June 17**

T'ai Chi Chih, 9:45-10:45 a.m.

Nancy Frost, a T'ai Chi Chih certified teacher, will lead an eight week course at the Gilford Library. With 19 stand-alone movements and one pose, T'ai Chi Chih is beneficial to all, and easy to learn. Join us for the T'ai Chi Chih 8 week course to focus on the development of intrinsic energy (Chi), increase your energy, balance, flexibility and stamina.

Gerri Fit Classic, 11 a.m.-noon

Join us for a video-led fitness class for adults over 65. Twice a week, work on your strength, stamina, and balance, following exercises from a video, all while seated in a chair.

Mahjong, 12:30-3 p.m.

**Tuesday, June 18**

Gerri Fit: Hop & a Skip, 9-10 a.m.

Proprioceptive exercises are mixed in with the traditional Geri-Fit evidence-based workout lesson plan to further enhance motor skills, reaction time, and balance. This is a perfect video for fall prevention training and is suggested to those that are familiar with the Geri-Fit exercises and are seeking a more challenging workout.

Hook Nook, 10-11 a.m.

Social Bridge, 10:30am-12:30 p.m.

**Wednesday, June 19**

Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Lakes Region Fiber Artists and Crafters, 10:30 a.m.-1 p.m.

**Thursday, June 20**

Gerri Fit, Turn Back the Hands of Time, 9-10 a.m.

Master Trainer, Francesca Fisher, and star pupil "Joan" work out together in this 45-minute Geri-Fit® fitness video. Suggested for advanced Geri-Fitters that have excelled the squat movement and are ready to add more weight to the workout. Most of the exercises are performed in chairs, but you can do them standing if you prefer. No floorwork!

Lunchtime Book Discussion, 12:30-1:30 p.m.

This month's book is Rise of the Rocket Girls by Nathalia Holt, described as "...intriguing account of the young, female 'human computers'...". Copies are available at the front desk, and the discussion will be led by Molly Harper.

Conversational French, 4-5 p.m.

Evening Book Discussion, 6-7 p.m.

See 'Lunchtime Book Discussion' above.

## GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from May 28 through June 5.

Erika Sturgeon, age 37, of Laconia was arrested on May 30 for Driving After Revocation or Suspension-Subsequent.

Claudia L. Grant, age 48, of Rochester was taken into protective custody for intoxication on May 31 and subsequently arrested in connection with an outstanding bench warrant.

Two adult females,

ages 50 and 25 respectively, were taken into protective custody for intoxication on May 31.

Meghan M. Gauss, age 19, of Pembroke was arrested on May 31 for Unlawful Possession of Alcohol.

A 22-year-old male was taken into protective custody for intoxication on May 31.

Rachelle L. Fish, age 19, of Swanzey was arrested on May 31 for Unlawful Possession of Alcohol.

Jaida M. Huston, age 18, of Tuftonboro; Kasey C. Birth, age 19, of Effingham; and a 17-year-old juvenile from Wolfboro were arrested on May 31 for Unlawful Possession of Alcohol.

A 46-year-old male from White River Jct., Vt. was taken into protective custody for intoxication on May 31.

A 34-year-old male from Chelsea, Vt. was taken into protective custody for intoxication on May 31.

David M. Rivers, age 79, of Laconia was arrested on May 31 for

Driving While Intoxicated.

A 24-year-old male from Marlborough, Mass. was taken into protective custody for intoxication on May 31.

A 58-year-old female from Deering was taken into protective custody for intoxication on May 31.

Shannon L. Coulter, age 40, of Northfield was taken into protective custody for intoxication on May 31 and subsequently charged with Disorderly Conduct.

George Robert Savino, age 19, of Holliston, Mass. was arrested on May 31 for Unlawful Possession of Alcohol. A 23-year-old male from Rehoboth Beach, Del. was taken into protective custody for intoxication at the same time.

A 22-year-old male from West Bridgewater, Mass. was taken into protective custody for intoxication on May 31.

Donnie A. Bowman, age 43, of New Boston was arrested on May 31

for Driving Under the Influence-Impairment.

Patrick Crowley, age 21, of Derby Line, Vt. was arrested on May 31 for Receiving Stolen Property valued at less than \$1,000.

Scott W. Young, age 48, of Manchester was arrested on May 31 for Domestic Violence-Simple Assault-Physical Contact.

Mark Joseph Milligan, age 55, of Laconia was arrested on June 1 in connection with an outstanding bench warrant.

Timothy R. Briggs, age 27, of Laconia was arrested on June 4 for Driving While Intoxicated (Subsequent).

Stephen G. Cote, age 35, of Gilford was arrested on June 4 for Possession of a Controlled Drug, Breach of Bail, and in connection with an outstanding bench warrant.

Sara M. Zareas, age 34, of Gilford was arrested on June 5 in connection with an outstanding bench warrant.

## Gilford Public Library Top Ten Requests

1. "The Den" by Abi Maxwell
2. "Where the Crawdads Sing" by Delia Owens
3. "Redemption" by David Baldacci
4. "The Silent Patient" by Alex Michaelides
5. "Sunset Beach" by Mary Kay Andrews
6. "The 18th Abduction" by James Patterson and Maxine Paetro
7. "The Mother-In-Law" by Sally Hepworth
8. "Neon Prey" by John Sandford
9. "The Never Game" by Jeffery Deave
10. "The Daughter's Tale" by Armando Lucas Correa

### THE GILFORD STEAMER:

*The next best thing to word of mouth advertising!*

MEET YOUR SALES REPRESENTATIVE

**TRACY LEWIS**

603-616-7103

Call Tracy today at (603) 279-4516 ext. 182 or e-mail [tracy@salmonpress.news](mailto:tracy@salmonpress.news)  
Our advertisers trust us, our readers trust our advertisers!

[www.salmonpress.com](http://www.salmonpress.com)



## Gilford Steamer

**ADVERTISE WITH US**  
ADVERTISING EXECUTIVE  
Tracy Lewis  
(603) 575-9127  
[tracy@salmonpress.news](mailto:tracy@salmonpress.news)

**TO SUBSCRIBE OR FOR  
SUBSCRIPTION SERVICES:**  
SAM LOVETT  
(603) 677-9085  
[sam@salmonpress.news](mailto:sam@salmonpress.news)

**SEND US YOUR NEWS  
AND PICS**  
[news@salmonpress.news](mailto:news@salmonpress.news)

**TO FAX THE STEAMER:**  
CALL (603) 279-3331

**TO PRINT AN OBITUARY:**  
E-MAIL: [er.in@salmonpress.news](mailto:er.in@salmonpress.news)

**TO SUBMIT A LETTER  
TO THE EDITOR:**  
E-MAIL: [br.endan@salmonpress.news](mailto:br.endan@salmonpress.news)

**TO SUBMIT  
CALENDAR ITEMS:**  
E-MAIL: [br.endan@salmonpress.news](mailto:br.endan@salmonpress.news)

WWW.SALMONPRESS.COM  
(603) 279-4516

A SALMON PRESS PUBLICATION  
STEAMER STAFF DIRECTORY

**PRESIDENT & PUBLISHER**  
FRANK G. CHILINSKI  
(603) 677-9083  
[frank@salmonpress.news](mailto:frank@salmonpress.news)

**BUSINESS MANAGER**  
RYAN CORNEAU  
(603) 677-9082  
[ryan@salmonpress.news](mailto:ryan@salmonpress.news)

**OPERATIONS DIRECTOR**  
JIM DINICOLA  
(508) 764-4325

**DISTRIBUTION MANAGER**  
JIM HINCKLEY  
(603) 279-4516

**EDITOR**  
BRENDAN BERUBE  
(603) 677-9081  
[brendan@salmonpress.news](mailto:brendan@salmonpress.news)

**SPORTS EDITOR**  
JOSH SPAULDING  
(603) 941-9155  
[josh@salmonpress.news](mailto:josh@salmonpress.news)

**PRODUCTION MANAGER**  
JULIE CLARKE  
(603) 677-9092  
[julie@salmonpress.news](mailto:julie@salmonpress.news)

USPS 024967

The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals, postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Gilford Steamer, P.O. Box 729, Meredith, NH 03253.

\$149

Chimney Sweep

Lakes Region  
Chimney Pro

Sweeps • Stonework  
Brick Repairs • Liners  
Caps • Installations  
Fire Place Makeovers




603-520-7217

Fully Insured

# Gilford Parks and Recreation News

BY HERB GREENE

Director  
Gilford Parks and Recreation

## Senior Moment-um Breakfast and Movie on June 17

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, June 17. We will meet at the Community Church, Fellowship Hall at 9 a.m. for breakfast and a movie! We will be watching the classic comedy, "Father of the Bride" starring Steve Martin and Diane Keaton. The movie and coffee are free of charge. Breakfast will be available for anyone interested at \$2.00 per person and will include eggs, sausage, toast and juice. Participants are asked to RSVP by Friday, June 14.

For more information or to RSVP, please

contact the Gilford Parks and Rec. Department at 527-4722.

## Archery Lessons

The Gilford Parks and Recreation Department is sponsoring a four-week session of Archery instruction, to be led by certified archery Art of Archery. This program will be held on Tuesday afternoon/evenings from July 9 - July 30 at the Arthur A. Tilton Ice Rink. The Beginner session will run from 4-5 p.m., with the Intermediate session running from 5:15-6:15 p.m. These classes are open to Youth and Adults ages seven years old and up and no experience is required. Enrollment in this program is limited, so sign up soon! Registration forms can be picked up at the Parks and Recreation office or can

be found on the department Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

Cost: \$70 per person and includes all necessary equipment.

For more information, please contact the Parks and Recreation Department at 527-4722.

## LEGO YOUR MIND Robotics Camps

The Gilford Parks and Recreation Department is sponsoring two one-week LEGO robotics camps the week of June 24 - June 28. The camps will take place at the Gilford Middle School from 9 a.m. - 3 p.m. The "Amusement Park Thrill Rides & Stop Motion Animation" is open to children ages six to nine years of age and the "EV3 Robotic Amusement Thrill Rides & Stop Animation/Minecraft" is open to children ages nine to

14 years of age. Participants can register online at [www.letgoyourmind.com](http://www.letgoyourmind.com).

Cost: \$325

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Shooter's Gold Basketball Camp

The Gilford Parks and Recreation Department is once again inviting the Shooter's Gold Basketball Camp to come to Gilford this summer! The camp will be held in the Gilford Middle School Gym from June 25 - June 28. Session 1 for children entering grades 1-4 will be run from 8 - 10 a.m. Session 2 for children entering grades 5-8 will be run from 8 a.m. - 1 p.m. Participants may register by picking up

a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at [www.hogan-camps.com](http://www.hogan-camps.com).

Cost: \$95 for Session I and \$140 for Session II

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Challenger British Soccer Camp

The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will be held from July 15 - July 19 at the Gilford Village Field. This camp offers a 3-hour program for children ages six to 14 and a one-and-a-half-hour program for children ages three to five. Participants may

register by picking up a form from the Parks and Recreation office or by visiting the Challenger Web site at [www.challengersports.com](http://www.challengersports.com).

Cost: \$132 for ages six to 12 and \$97 for ages three to five

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Sciensational Workshop for Kids! "Brick Building w/ Lights and Sound!"

The Gilford Parks and Recreation Department is Sponsoring a workshop through Sciensational Workshops for Kids for children ages seven to 12, from 9 a.m. - 4:30 p.m. on Aug. 12 and 13. Have interest in becoming an architect and electronics sci- SEE REC NEWS PAGE A13

## Farmers' Market welcomes first youth vendor

Gabriella DeCarli is excited to join the Gilford Farmer's Market as the first youth vendor beginning June 15.

Ella, as she's best known, came up with an idea to start her own home bakery while trying to find ways to fundraise money to help her attend the ITheatrics Broadway Junior theater summer program, this summer, in New York City. The Gilford Farmer's Market introduced a youth vendor space at this year's market and Ella jumped at the opportunity to spend her Saturday mornings sharing what she loves, sweet treats. With an affordable youth rate from the Market, Ella sets off to make her entrepreneurial debut Saturday, June 15. Her home bakery, The Cookie Jar, will feature seasonal baked goods from June through August with loose cookie



COURTESY

Gabriella DeCarli's home bakery, The Cookie Jar, will be a new vendor at the Gilford Farmer's Market starting June 15 at the Rowe House on Belknap Mountain Road, Gilford.

classics straight from the jar!

Gabriella is an eighth grader at Gilford Middle School, soon to be graduating and moving on to Gilford High School. The

Gilford Farmer's Market runs from June through September, Saturdays from 9 a.m. to noon at the Rowe House, 88 Belknap Mountain Rd. in Gilford.

## Caitlin Houston graduates from Castleton University

CASTLETON, Vt. — Caitlin Houston of Gilford graduated magna cum laude with a Bachelor of Science in Health Science from Castleton University following the successful completion of the spring semester in May 2019.

The fourth graduating class of Castleton University passed across the stage at its 232nd Commencement ceremony on Saturday, May 18.

Former Vermont Governor James Douglas addressed the more than 3,500 guests in attendance and thousands more streaming the ceremony online.

Castleton President Dr. Karen M. Scolforo shared how the ambition demonstrated by this class will undoubtedly serve them well as they set out to make a difference in the world, and reflected on their impressive accomplishments during their time at Castleton.

"We are facing un-

precedented challenges, and we look to our new leaders for solutions, for diplomacy, and for action. Never has the world needed these graduates more," she said. "This generation of Spartans refuses to settle for mediocrity. They own the passion and drive to create change in this world, and they will not stop until they see the great things they are capable of come to fruition. I believe in the future they are so intent to build, and I have great optimism because of what this class has already accomplished."

As has become tradition, the Castleton Alumni Association presented two distinguished awards to members of the Castleton University community. History Program Coordinator and Professor Patricia van der Spuy was awarded the Alumni Association Outstanding Faculty award, which is given annually to a faculty member whose excellence in teaching influences students well beyond graduation.

Mathematics graduate James Wolfe was honored with the Leonard C. Goldman Distinguished Senior Award, given to a graduating senior who has excelled in and out of the classroom, contributed to community service, and served as an example to others.

Andrew Wilson, a part-time faculty member in Media and Communication was

awarded the Endowed Outstanding Part-Time Faculty Award, which honors one of Castleton's many dedicated, highly-competent part-time faculty.

Preston Garcia, a full-time faculty member in Natural Sciences Department was awarded the Endowed Richardson Faculty Award, given once every three years to a deserving full-time faculty member.

Class of 2019 President Kathleen "KC" Ambrose addressed her classmates, asking to give themselves the freedom to fail before making their dreams come true.

"We are all here today because of a dream. And although failure was a possibility, we made that dream into a goal. That goal, broken down into steps, became a plan. And that plan, backed by action, became a reality. A reality we are living in right here, right now," she said.

Castleton University is small enough to be a community where every student matters, yet offers more than 75 programs of study for undergraduate and graduate students, 28 varsity sports, and over 50 clubs and organizations. The university stresses experiential learning through internships, community service and research opportunities provided by more than 400 community partnerships. For more information, visit [castleton.edu](http://castleton.edu).

## Aria L Stephan of Gilford named to Clarkson University's Dean's List

POTSDAM, N.Y. — Aria L Stephan of Gilford, a chemical engineering major, was named to the Dean's List for the spring 2019 semester at Clarkson University.

Dean's List students must achieve a minimum 3.25 grade-point average and also carry at least 14 credit hours.

Clarkson University educates the leaders of the global economy. One in five alumni already leads as an owner, CEO, VP or equivalent senior executive of a company. With its main campus located in Potsdam, N.Y., and additional graduate program and research facilities in the Capital Region and Beacon, New York, Clarkson is a nationally recognized research university with signature areas of academic excellence and research directed toward the world's pressing

issues. Through more than 50 rigorous programs of study in engineering, business, arts, education, sciences and the health professions, the entire learning-living community spans boundaries across disciplines, nations, and cultures to build powers of observation, challenge the status quo, and connect discovery and innovation with enterprise.

Clarkson University educates the leaders

of the global economy. One in five alumni already leads as an owner, CEO, VP or equivalent senior executive of a company. With its main campus located in Potsdam, N.Y., and additional graduate program and research facilities in the Capital Region and Beacon, New York, Clarkson is a nationally recognized research university with signature areas of academic excellence and research di-

rected toward the world's pressing issues. Through more than 95 rigorous programs of study in engineering, business, arts, education, science, and the health professions, the entire learning-living community spans boundaries across disciplines, nations, and cultures to build powers of observation, challenge the status quo and connect discovery and innovation with enterprise.

**Let No Woman Be Overlooked**  
**BREAST AND CERVICAL CANCER PROGRAM**  
 Department of Health and Human Services  
 Division of Public Health Services  
 603-271-4886  
**MENTION YOU SAW OUR AD for a FREE EXAM!**  
*Free screenings for those who qualify.*

**Dirty Worm GREENHOUSE**  
 Beautiful Hanging Baskets, Arrangements, Annuals, Perennials, Vegetables & Herbs  
 Still lots of veggie plants, herbs and colorful annuals for your 4th of July parties  
 Gift Certificates in Any Amount  
 Spring Hours Are 9am-5pm, 7 Days A Week  
 603-968-3636  
 819 Dana Hill Rd., New Hampton, NH  
 Find us on Facebook

## A note to the Class of 2019

Most of you reading this week's Editorial have been, or will be, present for one graduation speech, if not more, in the coming days. Honors students will speak, guest speakers will offer words of advice, some will stick with you, some may not. We remember none of the words spoken at our own graduation, except for "I was stone cold sober" — this spoken by an honors student who was in a car accident on her way to graduation, giving our class her advice was to be careful driving. For some reason, the thought of losing a classmate, especially on graduation day, stuck with us into adulthood, and we have, as a result, always been a careful driver.

Thoughts about the next step after graduation come to mind. We remember not having a solid idea ourselves on what our next steps would be after graduation. Waking up the morning after graduation was eye opening. Never would we set foot as a student in our high school again. The comfort provided by that building and its wonderful staff would no longer be there. We felt "booted from the nest," so to speak, and that wasn't necessarily a bad thing; it was just the start of a new journey.

A quote never far from our mind is "Set your life up as though you never want a vacation." Simply put, this means find your passion and get paid for it. We've all heard this day in and day out. While it's not always that simple as time goes by due to life changes it is a great jumping off point, especially for a new graduate.

You may not know what your passion is quite yet, and that is OK. Those are light bulb moments that just appear out of nowhere, and when they do show up, use that momentum to make a go of it. Finding your niche in the world by finding your passion will, in turn, help you find happiness.

Success in this life is not about how much money you can make, or how big your house is. Success comes from happiness and self-satisfaction. If you can find the time during your work week to do the things you love, the things that make you laugh and put a smile on your face and give you enough money to support yourself, then you will know you're doing something right. This life is meant to be lived, and lived well. As a new graduate, there is nothing standing in your way of reaching your goals unless you allow that to happen. Remember to stay relaxed about your future. Life is a journey and a super amazing one at that. Choose to keep friends and family in your circle who will always encourage you. Choose the ones who are honest, genuine and encouraging, and make sure you are that way in return. Be appreciative of your parents and caregivers, never forget to ask how they are doing, for they were once in your shoes and one day you will be in theirs.

Of course, none of us have it all figured out, no matter how far we are along life's path, but there are a few tips worth being shared. The first is to always stay active and fit, wear sunblock, drink plenty of water and don't ever smoke. Your future self will thank you. Try to do as much as possible without involving your phone. To truly be present in an experience is to leave your phone in your back pocket and take it all in.

The next 'must' on the list is to travel. Travel, travel, travel. Explore those other countries and cities that you have always wanted to visit. Even if that means a short road trip right next door into Vermont, Maine or Canada, seize the opportunity. Tickets and hotels are much more affordable than you might think. Go to a professional sporting event at least once. Go see live music as much as possible. Learn to play an instrument and to speak at least a little of another language. Experiencing life through the eyes of other places and other cultures will make yours a million times more fruitful.

If you do the right things, the right things will happen. Congratulations to you all, and cheers to a fun filled future.

## Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

Gilford Steamer  
5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331.  
E-mail us at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).  
We're looking forward to hearing from you!



### On the move

George Gard and Morgan Schneider get their Go Baby Go vehicles in a special presentation.

COURTESY

## NORTH COUNTRY NOTEBOOK

### Apple blossoms accompany the return of major splat



By JOHN HARRIGAN  
COLUMNIST

And now, from the never-ending pile of "Notes to Self" on a corner of my desk, comes an unscientific news bulletin. No, wait--I should mimic the TV stations, and hype it as "Breaking News."

June bugs are back, in what an unscientific survey indicates are sufficient numbers to perpetuate the species. This should mollify people almost ready to assemble into actual crowds to protest this June Bug Gap, and people writing letters to Congress. This follows an impromptu survey last spring, in the fifth year (or so) that the North Country had almost no June bugs. Sample answers: "What are June bugs, anyway?" and "Is that the big bug that goes 'splat' and makes a big gooeey mess on your windshield? Because I'll tell you what, mayflies are bad enough."

In the "Conclusions" box at the end of the survey, which is the fun part because you get to make stuff up, one person (okay, it was me) had the courage to say that there must be some sort of reason for June bugs--something else out there must, you know, like eat them or something. He charged the scientific community with not caring about the status of June bugs.

"When you don't see June bugs even in



JOHN HARRIGAN

Take a stroll down Colebrook's Pleasant Street and you'll see bursts of blossoms covering every section of what looks like a cherry tree, or maybe a crabapple.

June, you should know you have a serious problem somewhere," said an undergraduate at the Tierra del Fuego School of Extremely Limited Agriculture," adding "You won't tell my parents that I went off the dorm and meals plan, will you?"

+++++

Readers should understand (Reminder: I'm back to Serious now) that when they write to me about this or that, some of what they write might wind up in the paper. Newspapers are all about news, after all, and sometimes a reader writes about a topic that some radio and television stations are always blaring and hyping about as "breaking news."

Most of the time, I'll try to contact whoever sent me the mail, but sometimes neither time nor inclination permits.

+++++

If a riot of pink and white blossoms is any



shutterstock.com • 110694398

COURTESY PHOTO SHUTTERSTOCK.COM

Yup, that's a nice, big, fat, juicy (as when it hits your windshield) June bug all right. He and his kin seem to be around again after a long and unexplained hiatus.

indication, it looks like we're in for a bumper crop of apples, at least the wild apples I love to steal around in when I'm bird-hunting hither and yon.

One goal after two and a half years on the Injured List is to renew acquaintances with my little light French gun, a .20 gauge Helice that was made in a father and son shop in France in the early part of the last century.

I got the gun from Frank Parker, long-time outdoor columnist for the Union Leader. Frank and I got off to a rocky start but soon became fast

friends. Also, he had a pool table in his cellar, and I love to shoot pool.

If we're on the subject of truth, and I guess we are, my full disclosure, as the television script writers are always saying, is that I love the game of golf almost as much as I love bird hunting, for a host of different reasons. And of the two, golf is a whole lot easier to explain.

(Please address mail, including phone numbers, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)

GIVE. ADVOCATE. VOLUNTEER.  
LIVE UNITED

United Way  
Granite United Way  
[www.graniteuw.org](http://www.graniteuw.org)

# Popular Children's Authors Tea returns June 17

LACONIA — On Monday, June 17 from 5-7 p.m., a well-loved family event, the Children's Authors Tea, will return to the Belknap Mill in downtown Laconia. The Family Resource Center of Central New Hampshire has invited six New Hampshire authors to tea with the children of our community. Through generous sponsorship from Curt's Catering of Gilford and Lakes Region Coca-Cola, the "Tea" is offered free to children and families in the Lakes Region.

The Authors Tea provides an opportunity for quality family time while also promoting early literacy.

Local authors Terry Farish, Karel Hayes, Martha Kruse, Robbie Neylon, Mary Preble & Rosemary Robichaud will attend the tea and share their love of literacy with young children in the area. "Giving children the opportunity to visit with their favorite authors is a wonderful and concrete experience that supports early literacy", explains Julie Choiniere, a long-time member of the LRCS staff who has helped organize the event for a number of



Area children and families enjoy the popular Children's Authors Tea event at the Belknap Mill sponsored by the LRCS Family Resource Center and Curt's Catering of Gilford.

COURTESY

today and tomorrow because the Family Resource Center believes strong families lead to strong communities.

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities and/or acquired brain disorders and their families. A dynamic human services organization, LRCS offers other essential and critical services to individuals in our Greater Lakes Region communities from birth throughout their lifespan. At the core of LRCS' work are inclusion, acceptance, and building strengths and partnerships - whether at the individual, family or community level. LRCS has offices in Laconia and Plymouth which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information contact Joanne Piper Lang at 524-8811 or visit [www.lrcs.org](http://www.lrcs.org).

## Taylor Community to host theatrical performance

LACONIA — As a rule, men tend to look at life solely from their own point of view. Typically, they believe their point of view is the truly correct one. In this one-man performance of comic and dramatic monologues, Hank Offinger takes on a number of different characters who are convinced their individual perspectives reveal the truth. The performance is scheduled for Wednesday, June 19 at 6:30 p.m. in Taylor Community's Woodside Building and is free and open to the

public.

Besides his full-time job as Taylor Community's Care Management Director, Offinger can often be found on stage throughout the Lakes Region Community.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at [www.taylorcommunity.org](http://www.taylorcommunity.org), or call 524-5600.

years.

Families attending the tea will have the chance to meet the writers, hear them read their stories aloud, and purchase signed copies of books. Tea will be readily available, along with tea sandwiches and pastries. Every child that attends will also receive a free book.

Erin Pettengill, Director of the Family Resource Center, has enjoyed playing a role in bringing the Tea to the community, and said "It has been so exciting to help organize

an event that brings families together, while also promoting early literacy. I hope this event will continue for years to come."

For more information on the Children's Authors Tea, please contact Tricia Tousignant at the Family Resource Center, 528-0391 or [emailtricia.tousignant@lrcs.org](mailto:emailtricia.tousignant@lrcs.org).

For hundreds of

families living in the Lakes Region each year, the Family Resource Center of Central New Hampshire, a program of LRCS, offers respectful, non-judgmental education, early intervention, and support to assist families in their efforts to meet needs, make positive connections, and prepare children for success

PORTRAITS • WEDDINGS • SCENICS • EVENTS

**Fasset's PHOTOGRAPHY**

Matthew Fasset  
53 Suncook Valley Rd.  
Alton, NH 03809

phone: 603-393-7336  
email: [matfasset@gmail.com](mailto:matfasset@gmail.com)

**NORTH COUNTRY COINS, LLC**

BUYING • SELLING • APPRAISALS  
Est. 1989

[WWW.NCCNH.COM](http://WWW.NCCNH.COM)  
TUES - FRI 10-5 • SAT 10-3

**HIGHEST PRICES PAID**

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.

**NORTH COUNTRY COINS.**  
Main St., Plymouth, NH 536-2625.

**GIVE THE GIFT OF NEWS**

Berlin Reporter  
Meredith News  
Littleton Courier  
Record Enterprise  
Coös County Democrat  
Granite State News  
Carroll County Independent

**SUBSCRIBE TODAY!**

Call 877-766-6891 or go online to activate your Subscription  
[www.SalmonPress.com](http://www.SalmonPress.com)

**BOOTLEGGERS®**

FOOTWEAR CENTERS

**SNEAKER SALE**

**20% OFF** REGULAR PRICES

**5 DAYS ONLY!**  
**WED - SUN JUNE 12th - 16th**

HUNDREDS OF STYLES • THOUSANDS OF PAIRS

**MENS \* WOMENS \* KIDS**

2 N. MAIN STREET • DOWNTOWN • WOLFEBORO, NH  
PHONE: 569-3560 HOURS: MON-SAT 9-5:30 SUN 10-5  
MEREDITH, NH • NORTH CONWAY, NH • LACONIA, NH  
ROCHESTER, NH • STRATHAM, NH • KEENE, NH • GREENFIELD, MA

**Reduce, Re-use, Recycle!**

**PET OF THE WEEK**

**SADIE**

Sadie is a local NH sur-render. She is roughly 1 year old, house and leash trained. She knows sit and down. She is very food motivated and ready to learn! Sadie can be a little rough around other dogs, and will require a bit of training in order to be good with other dogs. At this time, she is looking to be the only pup in the home, may do well with children 12 or older, and has lived with cats perfectly fine in the past. This sweet girl has been working with care and training staff for months now, learning manners and patience.

Sadie is now our longest term resident at the NH Humane Society, and would love more than anything to have somewhere other than a concrete room to call home, and someone other than kennel staff to call family.

**NH Humane Society**

Over a century of love for those without a voice.

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

**How to Submit Obituaries & Announcements To Salmon Press Publications**

**Obituaries and Announcements** of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:  
[obituaries@salmonpress.com](mailto:obituaries@salmonpress.com)

Wedding, engagement, and anniversary announcements are welcome at:  
[weddings@salmonpress.com](mailto:weddings@salmonpress.com)

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.

# Prescott Farm hires environmental educator

LACONIA – Prescott Farm Environmental Education Center is pleased to welcome Alex Dyer as an Environmental Educator.

Dyer will spend her work days in local schools as a Naturalist in the Classroom as well as at Prescott Farm as an instructor for field trips and Community Connections programs. During the summer, she will lead campers and Leaders in Training during Prescott Farm's nine-week WildQuest Day Camp.

Born and raised in Maine, Dyer received her B.S. in Biology from the University of Maine and moved to New Hampshire, where she was a Naturalist for the New Hampshire Audubon. She is currently pursuing an M.S. in Sustainable Natural Resource Management through the distance learning program at Unity College in Maine.

"Alex's educational background combined with her engag-

ing instructional style make her a wonderful addition to our education staff," School and Community Programs Director, Andie Hession, said. "Anyone lucky enough to work with Alex will come away from their time with her a lot more knowledgeable and excited to keep engaging with the natural world around them."

Naturalist in the Classroom - Since 2001, Prescott Farm's team of Naturalists and Environmental Educators have connected students and teachers to their communities and the natural environment. The staff works directly with teachers to integrate curriculum requirements into lesson plans that utilize the resources at hand, creating opportunities for hands-on, placed-based learning and facilitating an enhanced understanding and respect for nature, natural systems, the natural history of the area, and the adoption of en-



Alex Dyer

COURTESY PHOTO

vironmental stewardship practices.

Community Connections Programs - The Community Connections programs at Prescott Farm are fun hands-on education opportunities for Lakes Region community members and visitors to make meaningful connections to nature & wildlife, food & gardening and NH crafts & customs. Each sea-

son offers a uniquely tailored repertoire of both family and adult programs.

WildQuest Camps - WildQuest Camps are environmentally-focused vacation camps for children ages four to 14. Offered during the NH school vacation weeks in winter, spring and summer, WildQuest gives the opportunity to ex-

SEE DYER PAGE A12

## LRPA's salute to B movies rolls on with "Evel Knievel"

LACONIA— Cinematic history is filled with award-winning movies, breakthrough performances, landmark themes—and then there's everything else. Sometimes you just want to relax and watch something mindless—a movie that is "so bad that it's good." LRPA has got you covered during the month of June with our first annual "Festival of the Resti-

val," a celebration of the wacky, weird and wonderful world of B movies. Join us each Friday and Saturday night at 10:30 p.m. for a B movie treat! This weekend (June 14 & 15), our festival does double duty, celebrating both B movies and motorcycles with 1971's "Evel Knievel" starring George Hamilton.

"Evel Knievel" is a somewhat satiric but good-natured biography of Bobby "Evel" Knievel (Hamilton), famed motorcycle daredevil and self-proclaimed "last American gladiator." As the film opens, Knievel is at California's Ontario Motor Speedway, preparing for his next big stunt: jumping his bike over 19 automobiles. Knievel begins to reflect on his life and memories, and so the story is told in flashback. We see Knievel as a young boy, attending his first daredevil show,

with tragic results; we see Knievel as a young man, full of ego and wild charm; and we see him in the present day, facing greater stunts and crazy challenges.

"Evel Knievel" is one of several biopics of the late, great stunt rider, but for many of his fans, this one is the very best. Don Druker of The Chicago Reader summed it up by writing, "George Hamilton's performance as the amiable megalomaniac is an affectionate portrait of a truly crazy man, rounded out with casual, throwaway humor." What better way to end Motorcycle Week? So grab your popcorn and meet us after dark for this bike-filled cult classic.

**Mark your calendars for this wondrous Restival Festival: June 14 & 15: 1971's "Evel Knivevel**

June 21 & 22: 1964's "Spider Baby"

June 28 & 29: 1959's "Plan 9 from Outer Space"

You can't find television like this it anywhere but LRPA TV, Atlantic Broadband 25. Not a subscriber? Then log onto Live Stream through our Web site ([www.lrpa.org](http://www.lrpa.org)) where you can catch all the fun.

**About Lakes Region Public Access Television (LRPA)**  
Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and SEE **EVEL KNIEVEL** PAGE A13



**15 Yard Dumpster**  
\$450 - 2 Tons

**10 Yard Dumpster**  
\$325 - 1 Tons

**Common Uses...**  
Construction Renovations Roofing Debris Demolition House Cleanouts



**1 Month FREE**

**Curbside Trash Services**  
WEEKLY · BIWEEKLY · MONTHLY SERVICE

96 Gallon Tote Service Included  
No Separation Required  
**\$49/Month Weekly Service**

Call 603-986-8149 today to talk trash Or visit our website [www.AtYourServiceNH.com](http://www.AtYourServiceNH.com)

**2019 Salmon Press**

# REAL ESTATE & HOME IMPROVEMENT GUIDE

2018 NORTHERN NEW HAMPSHIRE

## Real Estate & HOME IMPROVEMENT GUIDE

**Distributed in the August 15th issues of:**

- Berlin Reporter
- Coos County Democrat
- The Littleton Courier
- Plymouth Record Enterprise

Full Page.....	\$480
Half Page.....	\$350
Quarter Page.....	\$225
Contractors/Service Directory.....	\$60

1/4 Page .....	3.5" x 4.5"
1/2 Horiz Page .....	7.25" x 4.5"
1/2 Vertical Page.....	3.5" x 9"
Full Page.....	7.25" x 9"
Service Directory .....	3.5" x 2"

**Sales Deadline:**  
**7/24/19**

**To Place an ad please contact**  
Beth Tobyne at 603-279-4516 ext.110 or [beth@salmonpress.news](mailto:beth@salmonpress.news)  
or Tracy Lewis at 603-616-7103 or [tracy@salmonpress.news](mailto:tracy@salmonpress.news)



nh.wish.org

**Donate Online:**  
<https://friends.nh.wish.org/team/218092>

**We need your help!**  
**Help The Meredith News**  
Reach their goal for **Make-A-Wish event: Rafting for Wishes!**  
★ **Donations are now being accepted!**  
★ **The Meredith News**  
PO BOX 729  
Meredith, NH 03253

**rafting wishes**

## THE VILLAGE GUN STORE



**OUR 45TH ANNIVERSARY SALE!**  
*Continuing a tradition first started in 1974, we are proud to celebrate the 45th anniversary of*  
**THE VILLAGE GUN STORE in WHITEFIELD, NH**

As always, for three days only, an extra 10% will be chopped off the price of every item in the store. That includes all already heavily discounted merchandise, with nothing held back. Many items will be priced at or below wholesale levels.

Sale prices exclude layaways, consignment guns and LE Programs. 10% will apply to in-stock items only. Factory reps. and other special guests will be here.

**Three days only!**  
**THURSDAY, FRIDAY, and SATURDAY.**  
**JUNE 27TH, 28TH, AND 29TH**

Recipient of the **SMALL BUSINESS ADMINISTRATOR AWARD FOR NEW HAMPSHIRE'S VETERAN-OWNED SMALL BUSINESS OF THE YEAR FOR 2019!!**

**THE VILLAGE GUN STORE**  
4 KINGS SQUARE, WHITEFIELD, NH 03598  
603-837-2345 • [www.villagegun.com](http://www.villagegun.com)

# MVSB issues annual Community Photo Contest reminder

MEREDITH — Sister Banks, Meredith Village Savings Bank (MVSB), Merrimack County Savings Bank (the Merrimack) and Savings Bank of Walpole are currently collecting full-color photography for their annual photo contest, ending on June 15. Winning images will be featured on five websites: the three Banks, New Hampshire Mutual Bancorp (NHMB) and MillRiver Wealth Management, as well as in desktop and

wall versions of printed calendars. Photos may also be selected for holiday cards and note cards.

A \$100 cash prize is awarded for each winning photo selected. Winners are responsible for the payment of any federal, state and local taxes on their prizes. Successful images will focus on local events such as the Hampton Beach Master Sand Sculpting Classic or a Keene Swamp Bats baseball game; fun ven-



COURTESY

“Lupine Festival” by Thoma Luzzi- the featured calendar photo for June 2019.

ues such as the Meredith Art Walk or the WOW Trail; activities such as waterskiing or downhill skiing; attractions such as Distant Hill Gardens or Mine Falls Park; or just photos that represent life in New Hampshire during any season.

As different formats

are needed for the websites and printed materials (calendars, cards), two separate contests are being held. Participants may enter one or both. A maximum of five, full-color photographs are accepted with each submission. Online entries can be made at either [www.mvsv.com/photo-contest](http://www.mvsv.com/photo-contest), [www.themerrimack.com/photo-contest](http://www.themerrimack.com/photo-contest) or [www.walpolebank.com/photocontest](http://www.walpolebank.com/photocontest). Participants can also gather the forms and drop off prints at any branch office at MVSB, the Merrimack or Savings Bank of Walpole. Photos and entry forms must be submitted before the close of business on Saturday, June 15.

The names of the photographers will be unknown to the panel evaluating the work, and selections will be based solely on the suitability

SEE PHOTO CONTEST PAGE A12

## Service Credit Union names Jennah Wolak Assistant Vice President-Member Services

LACONIA — Jennah Wolak has been promoted from Laconia branch manager to Assistant Vice President-Member Services at Service Credit Union.

Wolak’s banking career started with Bank of America in 2007, and her Service Credit Union career started in 2008 when she helped open the credit union’s Lebanon branch. Since that time, she has managed Service Credit Union’s former Tilton in-store branch as well as the Franklin branch and recently opened Laconia branch. Wolak’s new role is based out of Service Credit Union’s Franklin branch.

“We are excited to have Jennah join our member services executive team. She has demonstrated excellent leadership skills over the years and was a vital part of growing several of our branches. We know that she’ll thrive in this new role, and wish her much success,” said Dan Clarke, Senior Vice President of Member Experience at Service Credit Union.

Wolak has a Bachelor’s degree from Keene State College and resides in Laconia with her family. She is a member of the Lakes Region Chamber Board of Directors.



Jenna Wolak

COURTESY PHOTO

1957, the credit union was established to provide affordable credit to the Pease Air Force Base community. Now the largest credit union in New Hampshire, with over \$3.6 billion in assets and 50 branch locations in New Hampshire, Massachusetts, North Dakota and Germany, we continue to serve our communities and provide a better future to our members. For more information, visit <https://servicecu.org> or call toll free 1-800-936-7730 in the U.S. and 00800-4728-2000 internationally. Follow us on Twitter at @ServiceCU, Instagram at @ServiceCreditUnion and Facebook at [facebook.com/ServiceCreditUnion](https://facebook.com/ServiceCreditUnion).

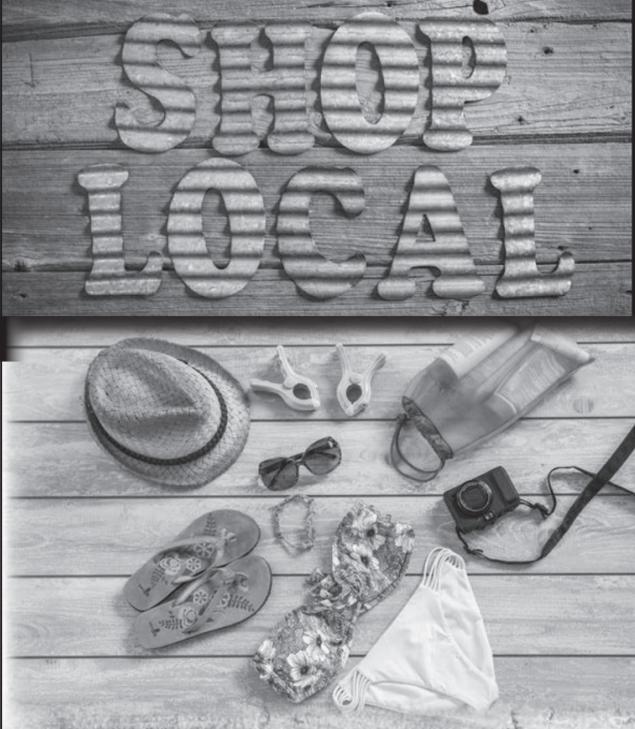


**NHDOT Certified Paver**

**Driveways • Roads • Parking Lots • Walkways • Grading**

279-1499

[www.BRYANTPAVING.com](http://www.BRYANTPAVING.com)



## SHOP DOWNTOWN WOLFEBORO

**BOOTLEGGERS' FOOTWEAR CENTERS**

“Brand Name Family Footwear For Less”

Over 100 of the best brand names in footwear for the entire family! One of the lakes regions largest selections of footwear!

[www.bootleggersfootwear.com](http://www.bootleggersfootwear.com)

Downtown Wolfeboro 569-3560  
 “at the lights” Meredith 279-7463  
 Downtown Laconia 524-1276  
 North Conway “Route 16 North” 356-7818  
 Rochester “Exit 12, Rt 125 South” 332-3506

**HUNTER'S Shop 'n Save SUPERMARKETS**

603-569-4755

60 South Main Street  
Wolfeboro NH

**PENNY CANDY SHOP**

FUN CANDY  
FINE CHOCOLATES  
PARTY FAVORS  
CORPORATE GIFTS

15 North Main Street  
Durgin Stables  
Wolfeboro, NH  
03894  
603-569-9800



**Salmon Press** Made

To Advertise here call  
**Cathy or Beth today!**

**Cathy Grondin**  
(603) 631-7831  
[cathy@salmonpress.news](mailto:cathy@salmonpress.news)

**Beth Tobyne**  
(603) 279-4516 Ext.110  
[beth@salmonpress.news](mailto:beth@salmonpress.news)

Stone Wall Repair

Fieldstone/Granite  
35 years experience

Tony Luongo

707-2727

# BIKE WEEK 2019

SHOPPING • DINING • LODGING • NIGHT LIFE • ENTERTAINMENT • EVENTS



**BIKE WEEK SPECIAL**  
at **Annalee**  
**25% OFF\*** 25% OFF YOUR PURCHASE  
\*WITH THIS AD- VALID 6/7 THRU 6/16 IN-STORE ONLY. CANNOT BE COMBINED. NOT VALID TOWARD EXCLUSIVES OR CLEARANCE ITEMS.  
**ANNALEE GIFT SHOP** Open Daily 10-5  
339 DW Hwy, Meredith, NH | annalee.com | 707-5385

**EASTGATE INN**  
335 COTTAGE STREET  
LITTLETON, NEW HAMPSHIRE  
DIRECTLY OFF INTERSTATE 93, EXIT 41, ON ROUTE 302  
RATES & RESERVATIONS  
**603-444-3971 OR 1-888-640-3561**  
**WWW.EASTGATEINN.NH.COM**

**WELCOME BIKE WEEK VISITORS**

The Wright Museum of World War II invites you to see our WWII Military Bikes, and so much more.... WW II Army barracks; 1939-45 Time Tunnel; the Home Front and Military Galleries; the Art Gallery; and our Victory Garden.

Wright Museum of WWII,  
77 Center St., Wolfeboro, NH  
www.wrightmuseum.org  
603-569-1212

**George's SEAFOODS & B.B.Que**

*Enjoy the Week!*

588 Tenny Mountain Highway  
Plymouth, NH 03264  
Call (603) 536-6330 or (603) 536-9869

From summit to shores, arts meet the outdoors

Photo: Brad Dumont, NHMF

**2019 Granite Arts Festival**  
June 15-September 2

- Live music & theatre, all summer, from companies throughout the region
- Four different theatre arts programs for kids
- Outdoor attractions, music, events, and itineraries for every group or family

Let us help you plan your summer vacation!

For more information visit **granitearts.org**

The promotion of these events and services has been made possible by generous grants from:

## FEATURED RACES AND EVENTS

### JUNE 8<sup>TH</sup>-16<sup>TH</sup>

**JUNE 13TH:**  
Rally Headquarters Open Daily at 8am on the Boardwalk of Lakeside Ave.  
June 8 @ 8:00 am - June 16 @ 9:00 pm  
Cornerstone Outreach Ministries Safety Stop on Route 9.  
June 8 @ 8:00 am - June 16 @ 6:00 pm  
M/S Mount Washington Dockside  
June 8 @ 12:00 pm - June 16 @ 5:00 pm  
Harley-Davidson Display, Demos & H.O.G. Check-In at the NH Motor Speedway Mon.-Sat.  
June 10 @ 9:00 am - June 15 @ 5:00 pm  
Guided Tour to the Ride to the Sky, leaves from Laconia HD!  
June 13 @ 7:00 am - 5:00 pm  
We LOVE Laconia Motorcycle Week Ride leaves RHQs at 10:00am.

June 13 @ 8:00 am - 5:00 pm  
Seek the Peak! Concord HOG Chapter #2756 ride to Mt. Washington Auto Road  
June 13 @ 8:00 am - 5:00 pm  
Ride-In Bike Show at Bentley's Saloon in Maine  
June 13 @ 9:30 am - 2:00 pm  
Mt. Washington Auto Road "Ride to the Sky"  
June 13 @ 10:00 am - 5:59 pm  
Custom Bike Show at the Historic Train Station in Downtown Laconia  
June 13 @ 11:00 am - 3:00 pm

**JUNE 14TH:**  
Big Air Jumps & Stunts Show at Makris Lobster & Steak House  
June 8 @ 12:00 pm - June 15 @ 3:00 pm  
Live Music at the Naswa Resort daily from 11am - close.  
June 8 @ 12:00 pm - June 15 @ 8:00 pm

8:00 pm  
M/S Mount Washington Dockside  
June 8 @ 12:00 pm - June 16 @ 5:00 pm  
Swap Meet at Opechee Park during Bike Show!  
June 14 @ 8:00 am - 1:00 pm  
LRSS Supermoto Practice at NHMS  
June 14 @ 8:00 am - 5:00 pm  
15th Annual City of Laconia Bike Show  
June 14 @ 9:30 am  
Belknap County Nursing Home Welcomes Motorcycle Week!  
June 14 @ 11:00 am - 3:00 pm  
Bike Blessing by the Christian Motorcyclist Association at 11am at the City of Laconia Bike Show at Opechee Park. All are welcome.  
June 14 @ 11:00 am

**JUNE 15TH:**  
M/S Mount Washington

Dockside  
June 8 @ 12:00 pm - June 16 @ 5:00 pm  
Live Music Daily at the Looney Bin Bar & Grill!  
June 8 @ 12:00 pm - June 15 @ 10:00 pm  
Motorcycle Demos Headquarters at NHMS  
June 10 @ 9:00 am - June 15 @ 5:00 pm  
96th Loudon Classic at NHMS  
June 15th & 16th  
June 15 @ 8:00 am - June 16 @ 5:00 pm  
NEW for 2019: Laconia Short Track Races at NH Motor Speedway!  
June 15 @ 8:00 am - 5:00 pm  
Meet H-D Factory Team Flat Track Riders at Heritage Harley-Davidson!  
June 15 @ 8:00 am - 5:00 pm  
Charity Bike Ride & Breakfast to benefit the Lakes Region Children's Auction  
June 15 @ 9:00 am - 5:00 pm  
9th Annual "The Jesus Ride"  
June 15 @ 11:00 am  
Newfound Country Store Rider Appreciation Day!  
June 15 @ 11:00 am - 3:00 pm  
6th Annual Burnout Competition at Iron Tails Saloon  
June 15 @ 11:30 am - 4:00 pm

**JUNE 16TH:**  
Rally Headquarters Open Daily at 8am on the Boardwalk of Lakeside Ave.  
June 8 @ 8:00 am - June 16 @ 9:00 pm  
Cornerstone Outreach Ministries Safety Stop on Route 9.  
June 8 @ 8:00 am - June 16 @ 6:00 pm  
Winnepesaukee Harley Owners Group Hospitality Tent at Laconia Harley  
June 8 @ 9:00 am - June 16 @ 5:00 pm

**INN & RETREAT CENTER**  
**COPPERTOPPE**

- Child and pet friendly
- Full breakfast included
- Private bathrooms
- Overlooking Newfound Lake
- Equally convenient to Plymouth, PSU and Bristol
- Weddings and Elopements
- Retreats, reunions, parties
- Gift certificates
- TripAdvisor® ★★★★★
- Sustainable Lodging
- Certified Wildlife Habitat

[www.coppertoppe.com](http://www.coppertoppe.com)  
8 Range Road • Hebron NH 03241 • 603-744-3636 • or text to 508-566-3669

**Health care for the whole family**

We offer a variety of clinical services such as cancer screenings, acute issues (like sore throats), chronic disease management, minor procedure, depression and nutrition.

841 Central Street, Franklin (603) 934-1464  
22 Strafford Street, Laconia (603) 366-1070

**HEALTHFIRST**  
Now accepting new patients

**Adair Country Inn & Restaurant**

Whether you are celebrating a special occasion or meeting family and friends, enjoy a classic cuisine and warm hospitality in our cozy dining room, intimate library lounge or outdoor dining on the patio.

**Adair is the perfect dining choice!**

Open for Dinner Wednesday - Sunday • 5:00 - 8:30pm  
**Thursdays DATE NIGHT**  
3 course Dinner for \$29.00 per person  
Tax and gratuity included. Reservations Recommended.

Call about our special overnight rates for BIKE WEEK

80 GUIDER LANE • BETHLEHEM, NH  
Exit 40 at the junction of I-93 & Route 302  
603-444-2600 • ADAIRINN.COM

**SNJ SEAMLESS Rain Gutters**

**LEAFPROOF GUTTER COVERS**

Custom Made  
Many Colors to Choose From  
Free Estimates  
Fully Insured  
All Work Guaranteed  
Serving NH & VT  
[www.snjraingutters.com](http://www.snjraingutters.com)  
802-751-6191

## Seufert Law Offices, PA

**Attorneys at Law**  
Personal Injury/DWI/Criminal  
Admitted in NH, MA & NC

*Have a fun and safe Bike Week!*

59 Central Street  
Franklin, NH 03235  
(603) 934-9837  
Fax: 934-9838

Concord, NH  
(603) 224-8672  
[cseufert@seufertlaw.com](mailto:cseufert@seufertlaw.com)



# Living Well

Senior Page June 2019

## Making Your Home Elder Friendly

**By Edward H. Adamsky, Attorney at Law**  
 Marjorie's husband had just been admitted to a nursing home. I went to her home for a consultation. It was a mid-century split-level house. Marjorie said her husband had been diagnosed with Parkinson's Disease 15 years ago. I asked if he had trouble navigating the stairs. She said that it had been getting quite difficult, and when he had his recent medical incident, the EMTs had to

carry him in a blanket as their stretcher would not navigate the split-level entryway. I was aghast that they hadn't considered this issue until it was too late. Her husband was never able to return home. They should have moved years ago.  
 If you want to stay home as long as possible you must make your home "Elder Friendly." If you get a condition that makes walking difficult, or requires the use of a wheelchair, then your home needs to

be accessible. You should assess your house to see if it will work for you in the future.  
 There should be no barriers. Steps (even one or two) are barriers to access. Dim lighting is an impediment for many people. Poor vision and conditions like Alzheimer's Disease create a need for bright lighting. Review the outside and inside of your home for areas to improve.  
 One major problem area is the bathroom. You will want a

wall-mounted or pedestal sink that allows for wheel-chair access. You will need grab-bars in the shower and by the toilet, and you should have a walk-in shower with no threshold. Rocker-style light switches or motion sensor switches are helpful and add safety (everywhere in the home).  
 An accessible home has a main-floor bedroom. You won't want to climb stairs as you age or be forced to change a ground floor room into a bedroom when the need arises. You need accessible entrances. Most homes (even some that are ostensibly designed for elders) have one or more

steps at the entrance. An accessible home will have a ramp or smooth entryway without steps. All doorways, interior and exterior, should be 36 inches wide.  
 Laundry facilities should be on the same floor as the bedroom and bathroom. Carrying a laundry basket down a flight of stairs is like asking for a broken hip. Also consider if your home will accommodate live-in help? Some people down-size to a place that is too small. A grown child may want to move in to provide assistance, or you might hire a live-in assistant. You will want to provide space for this option.

Kitchens can be improved too. New appliances have safety features such as automatic shut-off and even remote control. Induction cooktops avoid burns and refrigerators with bottom-drawer freezers work well for those who cannot reach up high. Pull-down shelving and other devices limit the need to reach and help avoid falls too.  
 If you plan to stay in your own home as you age (or are thinking about moving to a new home for retirement) consider these issues and make your home "elder friendly" so you can stay there as long as you want to.



**SCHWARTZBERG LAW**  
 EXPERIENCE THAT MATTERS

*Advising clients about Wills and Trusts since 1985.*



Ora Schwartzberg, Esq.

572 Tenney Mountain Hwy, Plymouth, NH 03264  
 603-536-2700 | WWW.NHLAWYER.NET





**Informational Sessions**  
 Tuesday, June 18th  
 at the Gilford Public Library  
 31 Potter Hill Road  
 1-3 pm & 6-7:30 pm



BECAUSE THERE IS SO MUCH TO LEARN ABOUT THE WONDERFUL WAY OF LIFE AT WESLEY WOODS.  
 With an opening in one of our units this is a GREAT OPPORTUNITY to see why it's not often a unit at Wesley Woods becomes available.  
**WE LOOK FORWARD TO SEEING YOU ON THE 18th.**  
 For more information or to RSVP contact Stace at 603-528-2555 or sdhendricks@wesleywoodsnh.org

18 WESLEY WAY • GILFORD, NH 03249 • WESLEYWOODSNH.ORG facebook.com/wesleywoodsnh

*Today is a great time to START the discussion!*



Current Openings—No Admission Fee!

**Providing the most affordable rates in NH!**

**Independent Living • Assisted Living • Memory Care  
 Nursing Care • Respite Care • Adult Day Care • Hospice**

- ♡ Personalized Living Space
- ♡ 24/7 Nursing Staff
- ♡ Physician Partnership

- ♡ Nutritional Homestyle Dining
- ♡ Housekeeping
- ♡ Rewarding Social Activities

**Ask about Elder Care Management**

*Senior living transition does NOT have to be overwhelming!  
 We can help uncover immediate and long-term care solutions.*

24 Peabody Place  
 Franklin, NH  
 PeabodyHome.org



**Peabody Home**  
A NON-PROFIT RESIDENTIAL COMMUNITY

Schedule a tour today!  
 (603) 934-3718

**ADAMSKY LAW OFFICES**

**Life & Estate Planning ♦ Elder Law**

**Edward H. Adamsky, Esq.**  
*Assisting Families with Aging and Disability issues since 1992.*

**Life & Estate Planning:** Wills, Powers of Attorney, Health Care Directives (Proxies), Trusts

**Elder Law (Long Term Care Planning):** Medicaid Planning, Irrevocable Trusts, Life-Estate Deeds

**Special Needs and Disability Law:** Special Needs Trusts, Supplemental Needs Trusts, First and Third-party Trusts

**Estate Settlement and Trust Management:** Probate

**1-888-649-6477**  
**www.adamskylaw.com**  
**Offices in Tyngsboro, Mass. and Ashland, NH**



# Living Well

## Senior Page June 2019

### Health Benefits of Popcorn

At the Star Theatre in St. Johnsbury we sell what many of our patrons describe as the best movie-theatre popcorn they have ever had and we sell plenty of it. It is enjoyed by people of all ages, but it is an especially beneficial snack for senior citizen patrons. The health benefits of popcorn are many and include:

Popcorn helps maintain healthy digestion as it's loaded with fiber, Vitamin E and B complex vitamins and minerals.

Helps to maintain healthy cholesterol levels reducing the risk of cardiovascular conditions, i.e.: heart attack and stroke.

Positive impact on blood sugar levels - especially important to persons who are diabetic patients.

Popcorn is a powerful antioxidant that helps prevent the formation of cancerous cells and lowers the chance of premature aging.

Popcorn supports weight loss due to its low fat and calorie content. Five times less calories than potato chips.

Upon request we top our delicious popcorn with REAL butter, an often maligned food item that actually is an important part of any healthy diet. Many of us grew up being told that butter just wasn't good for us, but as butter consumption declined obesity and heart disease rates climbed to all time highs. The fact is that REAL butter is good for you. To read about the



Senior citizen like Nina Taylor are always amazed that we use real butter topping on our delicious popcorn.

many health benefits of butter we suggest that folks visit <http://www.bodyecology.com>.

For a thorough explanation of the health benefits of popcorn we urge folks to

visit <http://www.healthbenefitstimes.com>.

At the Star Theatre, recently expanded to four screens, we also believe that helping to keep people's wallets

healthy is important too, especially for senior citizens. Our admission price for seniors is always \$5.00 And, any senior that attends a film within the next 30

days and brings in our delicious popcorn topped with REAL butter if they choose.

*Life's too short not to eat great popcorn!*



This health tip brought to you by

**Star Theatre**  
★ of St. Johnsbury

[www.stjaytheatre.com](http://www.stjaytheatre.com)

- Home Health
- Visiting Nurse Association (VNA)
- Hospice & Palliative Care
- Rehab Therapies
- Aquatic & Fitness



**PEMI-BAKER COMMUNITY HEALTH**

101 Boulder Point Drive, Suite 3  
Plymouth NH 03264  
603-536-2232 · [www.pbhha.org](http://www.pbhha.org)

**INTERLAKES COMMUNITY CAREGIVERS, INC.**  
*Neighbors Helping Neighbors Since 1998*  
Center Harbor • Meredith • Moultonborough • Sandwich



Do You Have a Few Hours to Help Your Neighbor?  
**Volunteering Makes You Healthier & Happier!**

**Call Today 253-9275**

Volunteer Drivers • Coordinators • Friendly Visitors

 Interlakes Community Caregivers, Inc.  
PO Box 78 • Center Harbor, NH 03226  
[InterlakesCommunityCaregivers.org](http://InterlakesCommunityCaregivers.org)

**NANA**



Newfound Area Nursing Association

**Home Health Care and Hospice**

Including Skilled Nursing, Physical & Occupational Therapy, Home Health Aide, Medical Social Services

*Serving the Newfound Area including Alexandria, Bristol, Bridgewater, Danbury, Hebron, Hill, Groton, and New Hampton since 1960!*

214 Lake Street  
Bristol, NH 03222  
(603)744-2733, [www.nanainc.org](http://www.nanainc.org)



**PLYMOUTH GENERAL DENTISTRY**

**Personalized Care**  
*(You Will Always See Dr. Kirschner)*

**We Offer:**

- Caring and Compassionate Team Members That You Expect and Deserve
- A Relaxed Atmosphere With Modern Comforts and Conveniences Designed For You
- A Selection of Complimentary Coffees and Teas, Hot Towels, Pillows, Blankets, Customized Music Channels From Pandora®
- Digital X-Ray Technology Providing Instant Imaging and Reduced Radiation
- Digital Intraoral Camera Allowing You to See, in Real Time, What The Dentist Sees



**Dr. Joan Kirschner** welcomes you to **Plymouth General Dentistry**  
*Over 25 years of experience*



*Now Accepting...*



Plymouth General Dentistry, PLLC  
[www.pgdentistry.com](http://www.pgdentistry.com) • 65 Highland Street, Plymouth NH  
603-536-4301

# Living Well

## Senior Page June 2019

### Take the Stress Out of Travel in 2019

**“HOP ON THE BUS WITH TERRAPIN TOURS AND TAKE THE STRESS OUT OF TRAVEL.**

From day trips to a two week adventure to Newfoundland— Terrapin Tours offers something for every taste and budget.

**WHAT ARE THE BENEFITS OF GROUP TRAVEL?**

First, there is an ease of travel when joining a group – you don’t need to worry about planning all the details - pack your bags and are ready to go! Add to that the benefits of traveling to new places with a knowledgeable guide; the ability to travel as a single but not be traveling alone; and the inherent safety in traveling with a professional tour director that can assist if things don’t go as planned or if there is a medical or other emergency.

**ALL TOURS ARE NOT CREATED EQUAL.**

There are a lot of differences between tour companies and it is important to choose the one that is right for you. Looking at the price isn’t always a clear picture of the cost of a trip – make sure you understand the difference between price, overall cost and value. Take a close look at what is included in the price of the tour - a lower price on the brochure doesn’t always mean lower cost to you, it may mean a lower up-front cost but more out of pocket while traveling.

Another thing to look at is the pace and quality of



and meals and we try to add special touches to each trip.

**SIT BACK, RELAX & ENJOY THE RIDE!**

Now’s the time to hop on the bus with Terrapin Tours! We have over 25 tours planned this year, and if you haven’t joined us on a tour yet, now is the time.

Kelly Cooke is the Owner of Terrapin Tours, loves traveling and has over 20 years of experience in the travel industry. You can learn more about Terrapin Tours and the exciting places we will be visiting in 2019 on our website [www.TerrapinTours.com](http://www.TerrapinTours.com) or by calling 603-348-7141.

the tour. Terrapin Tours is taking a “Stop and Smell the Roses” approach to travel - we prefer to see less, but experience more. In addition, we include higher end accommodations

**BERKSHIRE HATHAWAY HomeServices**

**Kathy Bagley**  
REALTOR®  
ABR®, RSPS, RENE

**Verani Realty**  
287 Daniel Webster Highway  
Belmont, NH 03220  
781-706-1064 cell  
603-527-1111 office  
kathy.bagley@verani.com

A member of the franchise system of BHH Affiliates, LLC

**It's Your Time to Relax somewhere..**

**Comfort Keepers.**  
Elevating the Human Spirit™

**Let Comfort Keepers® run your errands**

**Uplifting In-Home Senior Care**

- Personal care
- Shopping/Errands
- Meal preparation
- Companionship & housekeeping
- Incidental transportation

**(603) 536-6060**  
NHComfortKeepers.com

© 2019 CK Franchising, Inc. Most offices independently owned and operated. 0519

**BUS TOURS FROM NH**

**Terrapin Tours**

**FEATURED DAY TOURS**

**Thurs, July 11~ “42nd Street” at the Ogunquit Playhouse**  
*The Ultimate Broadway Musical! Come and see these dancing feet!*

\$189 pp - Includes: Lunch, Matinee Performance (Preferred Seating), Motorcoach Transportation, and Gratuity for motorcoach driver.

**Sat, Nov. 16 ~ “Come From Away” at the Boston Opera House**  
*NEW!! Discover the remarkable true story of a small town that welcomed the world on 9/11. Called a “Celebration of the Best of Humankind” and a show you’ll never forget!*

\$279 pp - Includes: Matinee Performance - Center Orchestra Seating, a family style Italian feast at Maggiano’s Little Italy, luxury motorcoach transportation, Gratuity for motorcoach driver.

**ADDITIONAL 2019 & 2020 TOURS**

- New Brunswick Scottish Highland Games Festival ~ July 26-29
- Hello, Dolly! at the Boston Opera House ~ Saturday, Aug 18
- Best of Michigan ~ Aug 20-Sept 1 \* 2 Seats Available!
- Charlevoix & Saguenay Region ~ Sept 16-21 \*\* SOLD OUT
- Baltimore & Annapolis ~ Sept 26-Oct 1 \* Limited Seats Available!
- Montreal’s Gardens of Light ~ Oct 3-5 \* Limited Seats Available!
- The Lion King at the Boston Opera House ~ Oct 5 & 26 \* Limited Seats Available!
- A Williamsburg Christmas ~ Dec 6-11 \* Limited Seats Available!
- Boothbay Harbor & Gardens Aglow ~ Nov 21-22 \* Limited Seats Available!
- 2020 Eastern & Central Newfoundland ~ June 17-July 1 NEW!!
- 2020 Mississippi River Cruise ~ March 18-April 2 \*\* SOLD OUT

\*\* Waitlist Available on Sold Out Tours

**Contact Terrapin Tours ~ BOOK TODAY!**  
603-348-7141 ~ [info@terrapiintours.com](mailto:info@terrapiintours.com)  
Register online! [www.terrapiintours.com](http://www.terrapiintours.com)

**ALL TOURS DEPART FROM CONCORD, NH**

*Love where you live!*

Continuing care for every stage of senior living.

*Cottages and Apartments Available*

**CALL TODAY TO SCHEDULE YOUR TOUR**  
(603) 837-3500

**Summit**  
by Morrison

*A Morrison Communities Campus*

56 Summit Drive | Whitefield, NH  
[SummitbyMorrison.org](http://SummitbyMorrison.org)

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | RESPITE CARE

This institution is an equal opportunity provider and employer.

# MVSB supports financial education through donation to HOMEteam

CONCORD — Meredith Village Savings Bank (MVSB) has once again supported HOMEteam in their mission to provide greater access to quality consumer education for those seeking to buy or maintain a home. The recent \$10,000 donation follows years of financial and volunteer support for the organization, as well as HOMEteam's partners CATCH, NeighborWorks Southern New Hampshire and Lakes Region Community Developers.

"HOMEteam was established to help people purchase their first home, or to retain their existing home," said Rick Wyman, President of Meredith Village Savings Bank. "The more than 60 years of combined experience from three of the state's top performing non-profit agencies is what makes HOMEteam an ideal resource. Providing education, tools and one-on-one support helps local community members navigate the world of ownership. We are always pleased to contribute to programs that further the economic advancement of our community."

Through a series of workshops and one-on-one counseling, among many other resources, HOMEteam helps first-time home buyers and renters, offering insight on protecting and



**Denise Hubbard, Mortgage Loan Program Specialist, MVSB, Carol Bickford, Senior Vice President, Mortgage Lending, NHMB, Paul McLaughlin, HOMEteam Director, Carmen Lorentz, Executive Director, Lakes Region Community Developers and Rick Wyman, President, MVSB**

preserving the home investment.

"The success of the HOMEteam collaborative is a direct reflection of the incredible support we receive from our partners," said Paul McLaughlin, HOMEteam Director. "We're elated to be on the receiving end of such generous support from MVSB. We look forward to partnering with them as we continue providing educational services to NH residents."

HOMEteam's education and resources offer New Hampshire

residents across 84 towns and cities information and tools to make sound financial decisions related to purchasing, renting and maintaining a home. Through workshops and one-on-one counseling, HOMEteam helps first time home buyers navigate the mortgage process, renters save for home ownership and home owners preserve and protect the investment made in their homes. HOMEteam is an independent, non-profit membership organization that was created

by a partnership between CATCH Neighborhood Housing, NeighborWorks Southern New Hampshire and Lakes Region Community Developers (formerly Laconia

Area Community Land Trust) to provide a comprehensive menu of homeownership opportunities for individuals and families. For more information about HOMEteam, vis-

it [hometeamnh.org](http://hometeamnh.org).

Unlike a stock bank, Meredith Village Savings Bank is a mutual savings bank that operates for the benefit of their depositors, borrowers and surrounding communities. As a result, the organization has remained steadfast in fostering the economic health and well-being of their community, prioritizing the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship in all matters of business and service.

Founded in 1869, Meredith Village Savings Bank is celebrating its 150th anniversary. For 150 years, the Bank has been serving the people, businesses, non-profits and municipalities of Central NH. To learn more, visit any of the local branch offices in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit [mvsb.com](http://mvsb.com).

## DYER

(Continued from Page A6)

plore, learn and grow ecological awareness in nature. Summer camps encourage 13-14 year-olds to develop critical team building and leadership skills through the Leader in Training (LIT) program.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has

been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open

daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit [www.prescottfarm.org](http://www.prescottfarm.org).

## PHOTO CONTEST

(Continued from Page A7)

of the subject; quality of the photograph; and adherence to the purpose of the contest, which is a celebration of New Hampshire year-round.

Unlike stock banks, Meredith Village Savings Bank, Merrimack County Savings Bank and Savings Bank of Walpole are mutual savings banks that operate for the benefit of their depositors, borrowers and surrounding communities. As a result, each organization has remained steadfast in fostering the economic health and well-being of their communities, prioritizing the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship in all matters of business and service.

Founded in 1869, Mer-

edith Village Savings Bank is celebrating its 150th anniversary. For 150 years, the Bank has been serving the people, businesses, non-profits and municipalities of Central NH. To learn more, visit any of the local branch offices in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit [mvsb.com](http://mvsb.com).

Founded in 1867, Merrimack County Savings Bank has been serving the people, businesses, non-profits and municipalities in central and southern New Hampshire for over 150 years. The Merrimack was voted "Best Bank" by the Capital Area's People's Preferences for the 9th consecutive

year in 2019. To learn more, visit any of their local offices in Bow, Concord, Contoocook, Hooksett and Nashua, call 800-541-0006 or visit [themerrimack.com](http://themerrimack.com).

Founded in 1875, Savings Bank of Walpole is headquartered in Walpole and serves the Connecticut River Valley and Monadnock Regions of New Hampshire and Vermont from offices in Walpole and Keene. With assets totaling \$400 million, the Bank offers a wide range of financial products, including services to individuals, businesses and organizations. Savings Bank of Walpole is an equal housing lender, and member of the FDIC. For more information call 352-7822 or visit [walpolebank.com](http://walpolebank.com).

## Dining & Entertainment

### LAKES REGION

**CORNER HOUSE**  
RESTAURANT & BAR

Thank You  
Jane & Don Brown  
FOR 39 YEARS  
OF DEDICATION  
to Sandwich, NH.

Lexi Welcomes  
You to Explore  
Sandwich...

*Visit Us on Facebook & Instagram  
for Our Weekly Events.*

22 MAIN ST, CENTER SANDWICH, NH 03227 (at RT. 109 & 113)  
PHONE: 603-284-6219

# East of Suez

NH Original  
Pan-Asian Cuisine  
Since 1967!

## Asian Cuisine

We are pleased to serve you this eclectic sampling of exotic cuisine from across Asia and the South Pacific, with a focus on Thai, Philippine, Japanese and Korean dishes. All are prepared to order with fresh, local produce, specialty condiments and internationally imported ingredients.

775 South Main St.  
Wolfeboro  
**603.569.1648**  
*reservations appreciated*

**American Red Cross**

**This is how you say it's going to be okay.**

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at [redcross.org](http://redcross.org)

American Red Cross

## BIKE WEEK

(Continued from Page A1)

8 a.m.-1 p.m. The event benefits the city of Laconia.

Riders are asked to stop by the Belknap County Nursing Home in Laconia on Friday from 11 a.m.-2 p.m. to allow the residents to look at the bikes and meet their riders.

The 96th annual Loudon Classic will take place at New Hampshire Motor Speedway June 15 starting at 8 a.m. and ending June 16 at 5 p.m.

New this year is the Laconia Short Track Races featuring AFT Twins and AFT Singles classes. This new race will take place Saturday, June 15. For more information on the NHMS races visit [www.nhms.com](http://www.nhms.com).

Visitors can meet the Harley-Davidson Flat Track riders at Heritage Harley-Davidson in Concord from 4-6 p.m.

A Charity Bike Ride and Breakfast will take

off from Berkshire Hathaway Verani Realty in Belmont on Saturday. Breakfast is from 9-10 a.m. and kickstands go up for the ride at 10:15 a.m. The ride benefits the Children's Auction of the Greater Lakes Region.

"The Jesus Ride" will take off for the ninth year from Lowe's parking lot in Gilford on Saturday. The ride starts with a bike blessing at 11 a.m. with kickstands up at 12 p.m.

The Newfound Country Store in Bridgewater will hold a Rider Appreciation Day on Saturday from 11 a.m.-3 p.m. The event features beer tastings and live music with Texas Pete.

Bike Week officially ends with the Loudon Classic at NHMS on Sunday, June 16.

For more information on Bike Week 2019 and a full schedule of events, visit [laconiamcweek.com](http://laconiamcweek.com).

## FLAG CASES

(Continued from Page A1)

es to the Home. Over the course of the year, NHVH residents will sand and stain them during activity periods. The Home provides cases free of

charge to the families of deceased residents.

Officers of the Home's resident council and Margaret "Peggy" LaBrecque, the Home's commandant,

will be on hand to receive them on behalf of the residents during a Flag Day ceremony celebrating the "birthday" of the American Flag, which was adopt-

ed by the Second Continental Congress in 1777.

For directions, please visit the NHVH Web site at [www.nh.gov/veterans](http://www.nh.gov/veterans).

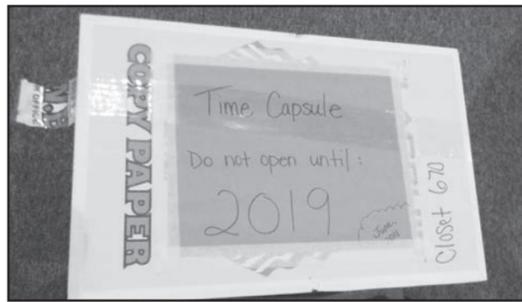
## TIME CAPSULES

different questions and enclose photos and other info about themselves in fourth grade. The information is sealed in envelopes and put in a box that won't be opened for eight years. Eight years later students from the current fourth grade will visit the high school with the time capsules and give them to each of the seniors.

"It's a great tradition that the elementary school has started," said GHS Principal Anthony Sperazzo. "It's something that our seniors look forward to every year."

Sperazzo said when the school year begins seniors start asking him when they will get their time capsules.

"They said they all



ERIN PLUMMER

Time capsules from the Class of 2019 have been sealed in this box since 2011.

remember this moment being paired with their senior," Sperazzo said.

He said a number students who have moved out of the district will still come back to GHS to get their time capsules.

"It brings it full circle and it shows these elementary school students someday if you work hard enough you will be here," Sperazzo said.

Fourth grade teacher Elizabeth Macaioni said right now the fourth graders are working on their time capsules and this gave them the opportunity to see the seniors' time capsules.

"These seniors their lives are a lot different than they were eight years ago," Macaioni said. "It's fun to see where you were, what you hoped for yourself."

While a lot of things

## REC NEWS

(Continued from Page A3)

entist? This workshop combines everything into one. Make endless combinations of brick construction and electronics. How about building your own light post with color effects. Build and design your own brick tower, light it up, play music, and turn on your LED'S.

Build your own brick bridge with melody and sound. Construct a brick mammal, a three level house, and light house. Now it is your time to design, think, and use your inventor's skills. The sky is the limit! All of this you take home. Registration is taking place at the

Gilford Parks and Recreation Office and forms are also available on-line at [www.gilfordrec.com](http://www.gilfordrec.com).

Cost: \$140 per participant

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## EVEL KНИЕVEL

(Continued from Page A6)

public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community mem-

bers to produce content that

- fosters free speech and the open exchange of ideas,

- encourages artistic and creative expression,

- promotes a well-informed public through governmental transparency, and

- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

Serving all of New Hampshire for 50 years.

**286-8182**  
[www.porterpaving.com](http://www.porterpaving.com)

Paving & Resurfacing • Driveways & Parking Lots • Line Striping  
Specializing in Residential and Commercial Paving  
Owner Installs Every Job

**Forest Pump & Filter Co.**  
Serving The Greater Lakes Region Area for Over 50 Years

**WE DO IT ALL**

WELL DRILLING PUMP SYSTEMS  
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE  
FOREST PUMP & FILTER CO., INC.  
603-332-9037

*Sunday*  
**PAVING & SEALING**  
Wolfeboro, NH  
**603-569-7878**

**PAVING GREAT JOBS & QUALITY CUSTOMER RELATIONSHIPS**

**WE SERVE:** Residential, Commercial, Condos & HOA's, Hotels, Schools, Churches, Etc.

**WE PROVIDE:** Paving, Sealing, Cracks, Grading, Gravel, Redamation, Repairs & Sitework

**SPECIALS:**  
\$100 off Paving (\$1,000 MIN.)  
\$25 off Sealcoating/Repairs

[www.sundaypaving.com](http://www.sundaypaving.com)

CALL QUOTE SCHEDULE  
OVER 20 YEARS

Join the  
**Pemigewasset Valley Fish and Game Club!**

Do you like camping, fishing, archery, hunting, or target shooting? Would you like to run and shoot in a Biathlon?

Visit us today on the web at [www.pemi.org](http://www.pemi.org) or visit our 300 acre club grounds in Holderness. Travel directions are available on our web site. Our email address is [pemi.fish.and.game.club@gmail.com](mailto:pemi.fish.and.game.club@gmail.com)

See you at the club!  
[www.pemi.org](http://www.pemi.org)

Paid Advertisement

Paid Advertisement

Paid Advertisement

Paid Advertisement

Paid Advertisement

## Edward Jones: Financial Focus

### Father's Day: Tools Are Great for Father's Day – and for Investors

If you're a dad, you may well be pleased to unwrap some tools as Father's Day gifts. Of course, it might be a stereotype that all men are handy at repairs; women certainly can be every bit as good when it comes to building and fixing things. In fact, the construction process is valuable for anyone to learn – and the same skills that go in to creating and mending physical objects also can be applied to financial projects – such as working toward a comfortable retirement.

Here are a few of those skills:

#### Diagnosing the challenge –

A good craftsman knows that the first step toward accomplishing any outcome is to assess the challenge. So, for example, if you want to build some bookshelves right into the wall, you'll need to locate the wall studs, determine if you have adequate space for the shelving you want and allow room for future expansion. Similarly, if you want to retire at a certain age, you need to consider the key variables: your current and future income (How much can you count

on from your retirement plans?), where you'll live (Will you downsize or relocate? Will you rent or own a house or condominium?) And what you'll do as a retiree (Will you travel extensively or stick close to home? Will you do some type of work for pay or pursue your hobbies and volunteer?).

#### Assembling the right tools and materials –

To put together your bookshelf, you will need the right tools – saw, hammer, drill, sander and so on – and the right building materials – plywood, nails, screws,

glue, brackets, moldings and so on. And to work toward a comfortable retirement, you'll also need the right tool – in the form of a long-term financial strategy, based on your specific retirement goals, risk tolerance and time horizon – along with the appropriate materials – the mix of investments you use to carry out that strategy. These investments include those you've placed in your IRA, your 401(k) or other employer-sponsored retirement plan, and those held outside your formal retirement accounts. Ideally, you want a diversified mix

of investments capable of providing growth potential over time, within the context of your individual risk tolerance.

#### Review your work –

Once you've finished your bookshelf, you occasionally may need to make some minor adjustments or repairs in response to slippage, cracks or other issues that can develop over time. As an investor, you also may need to tweak your financial strategy periodically and adjust your investment mix – not necessarily because something is broken, but to accommodate

changes in your life, such as a new job, new family situation and new goals. Furthermore, over time, your risk tolerance may change, and this needs to be reflected in your array of investments. Consequently, conducting an annual portfolio review with your financial professional should be a priority. Tools are a big deal on Father's Day. But the construction-related tasks they represent, physically and symbolically, go beyond any one holiday and can be used by anyone interested in working toward a solid financial future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



**Devon Sullivan**  
Financial Advisor  
(603) 279-3284 Meredith, NH



**Keith Britton**  
Financial Advisor  
(603) 253-3328 Moultonborough, NH



**Jacqueline Taylor**  
Financial Advisor  
(603) 279-3161 Meredith, NH

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation. Edward Jones is a licensed insurance producer in all states and Washington, D.C., through Edward D. Jones & Co., L.P. and in California, New Mexico and Massachusetts through Edward Jones Insurance Agency of California, L.L.C.; Edward Jones Insurance Agency of New Mexico, L.L.C.; and Edward Jones Insurance Agency of Massachusetts, L.L.C. Member SIPC

**GO BABY GO**

(Continued from Page A1)

Collette be involved in the program. Having one of these vehicles could also improve her access to the playground and give her a fun activity during recess.

"It's a little hard to drive, but it's fun to play with," Chloe said.

Chloe's car will go back to the engineering class so they can revise it with Chloe giving feedback so it can be fine tuner for her.

Sullivan said these vehicles have many more uses. They could help in physical and occupational therapy sessions and can also be a tool to increase their expressive and receptive language skills in speech therapy. The vehicles could also help them socialize with their peers. Other kids will want to know more about the vehicles and



COURTESY PHOTO

**Chloe Collette in her new vehicle.**

the three will be able to show them off.

George and Morgan's parents said these vehicles will be a huge help for their children.

George has VACTERL, which has resulted in scoliosis and the need for a number of gastrointestinal surgeries. Overall this has made



COURTESY PHOTO

**Gilford High School student Leah McClinton measures Morgan Schneider during the process of making her Go Baby Go mobility device.**

it difficult for him to get around without pain. The Go Baby Go will greatly help him move around and his mom Kendra

Gard said he looks forward to going to therapy.

"We know the school always has his best interests at heart and that his

needs are taken care of," Gard said. "That is worth its weight in gold. Thank you to the engineering students of Gilford High School for making a difference for George and other kids that need a little extra help to get through the school day. Your efforts have really made a difference!"

Morgan has Down syndrome, low vision, and a hearing impairment. Morgan's mom Amy Schneider said she was really excited about the work done by the engineering students to help the kids, especially as an occupational therapist herself. Schneider said this really helps Morgan get around the playground during recess. The cart could be a great tool for therapy, helping her practice following directions and maintaining spatial awareness. Schneider said she might set up an obstacle course that the kids could go around and follow directions.



**Move your smile and life forward with Invisalign!**

Invisalign's clear, custom-designed aligners can be an inconspicuous way to get a beautiful new smile without interrupting your lifestyle. Meaning you can still enjoy the activities you love and the foods you can't live without, while shaping your smile more gently.

STRAIGHT TEETH ARE WITHIN REACH.

Call Dr. Alan Kennell today for a free, no-obligation consultation.



Schedule a Free Consultation Today!

Dr. Alan E. Kennell



KennellOrtho.com | 524-7404 Laconia | 536-7404 Plymouth | 444-7403 Littleton



Fill 10 20lb Propane Tanks & Get the 11th FREE!

FOR THE LOVE OF GRILLING \$5 OFF 20lb PROPANE FILL SAT & SUN (6/15 & 6/16)



VARIETY OF WEBER GRILLS!



HUSQVARNA AND POULAN MOWERS



CABOT DECK CORRECT



CABOT GOLD, CABOT STAIN!



SIKKENS PREMIXED COLORS (3 FINISHES) Colors: red, cedar, natural



603.524.1601

1084 UNION AVE, LACONIA

PAUGUS BAY (Accessible by water)

**capitalwell** NOW OPEN IN MEREDITH  
 Clean Water Center  
 where water meets innovation  
 Route 25 in the Hannaford's Plaza  
 Evolve Authorized Water Treatment Dealer  
**FOR ALL YOUR WATER NEEDS!**  
 Water Filtration & Treatment Systems • Water Testing  
 Water Well Drilling • Irrigation Wells • Pump Systems  
 Hydrofracking • Geothermal • Emergency Service  
 800.924.1192 • CapitalWell.com  
 Come see us and GET YOUR FREE WATER TEST!

**Zoë & Co.**  
 Professional Bra Fitters  
 92 North Main Street, Concord, NH 03301  
 603.224.2727  
 zoeandcompany.com



**Irwin Marine of Alton Bay**  
 TOP 100 DEALERS Boating Industry  
 MONTEREY  
 SEA DOO  
 BERKSHIRE  
 YAMAHA WaveRunner  
 396 Main Street | Alton | 603.875.8848  
 WWW.IRWINMARINE.COM

## SPORTS

THE GILFORD STEAMER  
NewHampshireLakesAndMountains.comDefending champs squeak  
by Golden Eagles in semis

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The baseball Golden Eagles came into the Division 3 semifinals in great shape with ace Adrian Siravo having plenty of rest to take on defending champion White Mountains, but the Golden Eagles had trouble scoring runs and the Gilford High School baseball team was knocked out of the state tournament with a 3-2 loss.

It was a great pitching matchup between Siravo and Spartan pitcher Griffin Crane, who struck out nine batters and had a no-hitter until the fifth inning. Both pitchers were impressive right out of the gate, with Siravo displaying his heat, as well as a sprinkling of off-speed pitches and breaking balls.

It was scoreless until the top of the third inning when Crane stepped up with one out and hit a long fly ball to centerfield. The wind was swirling and balls were carrying well in the game, and the hit managed to drop in with Crane getting all the way to third base for a triple. Tyler Hicks then laid down a perfect bunt that was fielded by Siravo. He caught Crane in a pickle off third base, but with nobody to throw to, Crane and Hicks were both safe to put runners on first and third with one out. Braxton Brown came up to bat and knocked Crane in with an RBI single to go up 1-0.

Siravo struggled with his location and threw a wild pitch that brought home a run to make it 2-0, but he struck out the next two batters to get out of the inning. In the top of the fourth inning, Siravo started off with a walk and Connor Bosse put down a sacrifice bunt. Another wild pitch scored Bosse to make it 3-0.

Crane was cruising with no hits allowed until Ben Muthersbaugh ripped a single for the first hit of the game, but was left stranded on base. In



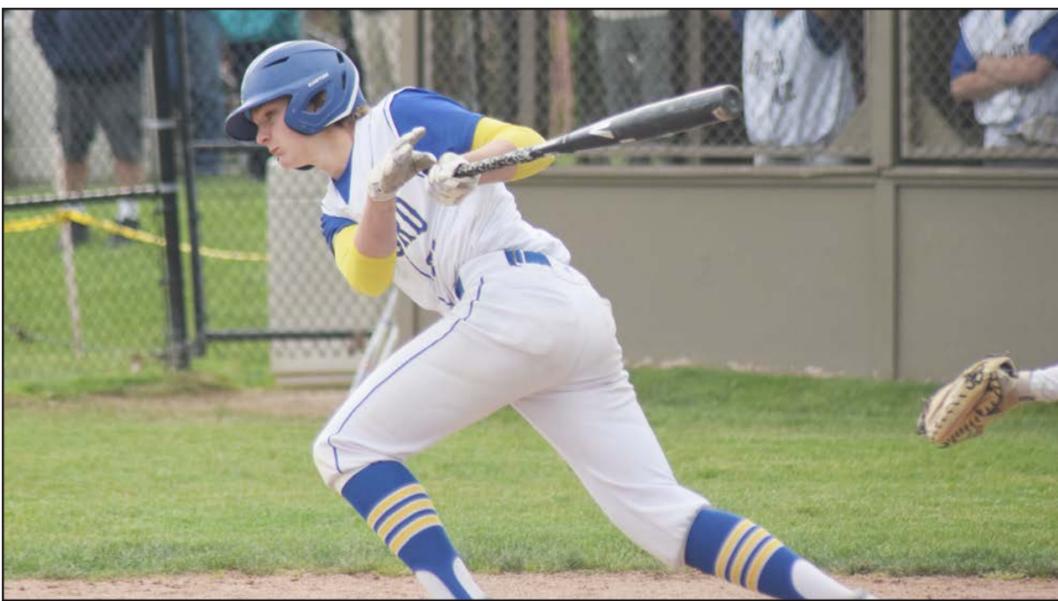
Adrian Siravo had 13 strikeouts in the loss in the Division 3 semifinals.

BOB MARTIN



Jack McLean sends a throw to first base in the semifinals against White Mountains.

JOSHUA SPAULDING



BOB MARTIN

Ben Muthersbaugh broke up a Griffin Crane no-hitter in the fifth inning of the semifinals.

the top of the sixth inning, Gilford the 9-1-2 hitters coming up and had hopes of making some damage. Crane pitched well, striking out two batters and coming away clean.

In the bottom of the seventh, Gilford had one final chance and made things interesting. Isaac Wallace reached base on an infield hit where the White Mountains first baseman had his foot off the bag. Tim Stevens put a nice charge in a ball to centerfield but it was caught for an out. Alex Muthersbaugh then hit a slow roller down the third base line and despite hustling with a head first slide, was called out for the second out of the inning.

Muthersbaugh then reached base after softly hitting a ball and hustling down the line. He collided with the first baseman and was called safe when the ball got loose. Wallace scored on the play to make it a 3-1 game. Jack McLean then came up and smashed a long RBI double to left field to make it 3-2 but Crane managed to get a strikeout to end the game and punch a ticket to the Division 3 finals.

Siravo pitched well in the loss with seven innings, 13 strikeouts and only three hits allowed.

Coach Eric Duquette was admittedly down about the loss following the game, but he expressed his happiness with the team's overall play throughout the season.

"It was a special year," said Duquette. "We accomplished 90 percent of our goals and we felt we had a team to win a championship, but we made a couple of mistakes in the semifinals we could not overcome against a tough pitcher."

White Mountains went on to win the Division 3 state title 7-3 over Hopkinton to claim back-to-back championships.

**Welcome Bikers!**

**Patrick's**  
IRISH ROOTS - AMERICAN SPIRIT

**BEST OF NH**

**5 NIGHTS OF MUSIC**

(603) 293-0841 • info@patrickspub.com • patrickspub.com  
18 Weirs Rd. Gilford, NH 03249

ROLL-OFF CONTAINERS • STORM DAMAGE • ROOFING MATERIALS • RENOVATIONS • CLUTTER REMOVAL • YARD CLEANUPS • NEW CONSTRUCTION • HOME CLEANOUTS • STORM DAMAGE

**GREAT SERVICE AT YOUR CONVENIENCE NOT OURS!**

**THE DUMPSTER DEPOT®**  
Waste Recycling Services

Great Service at "YOUR" Convenience, Not Ours!

Large business services  
Home cleanup

SAVE WITH OUR DUMPSTER DEPOT BUCKS

Got a trashy question? CALL US TODAY  
TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050  
WWW.DUMPSTERDEPOT.COM

Like us on Facebook

Dumpster Depot Bucks limit 1 per client on rental or pick-up on any regular priced dumpster. Not valid on Roofing, Concrete, or any specialty dumpster rental. Cannot be combined with other offers. Must present coupon at time of order. Expires 7/2/19



BOB MARTIN

Colby Butterfield was the top pitcher for the Golden Eagles this spring, posting a 9-6 record and throwing a no-hitter against Mascoma Valley.



BOB MARTIN

Randi Byars had a good year behind the plate for Gilford.

# Forge sees lots of positives in softball season

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The Gilford High School softball team had a 10-7 overall record and despite riding a hot streak to end the season, was knocked out of in the first round of the Division 3 state tournament.

While it was an earlier exit than the team would have liked, coach Joan Forge was happy with the way her team played this past spring. Gilford sputtered out of the gate, going 1-4 but it wasn't because the Golden Eagles were being blown out. Four of the first five losses for Gilford were by a total of five runs. Gilford made a late season push and played its best softball when it counted, with five wins to end the regular season.

Gilford played three games that went extra innings and could have gone any way. The Golden Eagles lost in nine innings to Belmont by a score of 7-6; Hopkinton in 10 innings by a score of 4-3 and then beat Campbell in nine innings by a



BOB MARTIN

The Golden Eagles finished the season with a 10-7 overall record.

score of 8-7.

Looking back on the season, Forge felt the best game of the year was against Campbell where Gilford took the win in extra frames. Gilford turned two double plays in the game and was excellent defensively overall. A hero in the game was Lexi Boisvert, who had a .502 average in the second half of the season with one of the biggest hits being a two-run homer in the bottom of the seventh against Camp-

bell to bring the game into extra innings.

Other season highlights included 20-hit showings by Gilford against Winnisquam and Prospect Mountain and 17 hits against the Newfound Bears. On defense, Gilford turned a triple play against the Franklin Tornadoes.

This year's top pitcher was Colby Butterfield, who had a 9-6 record with 98 strikeouts and 35 walks. She pitched a no-hitter against Masco-

ma Valley for her best start of the season, and

also threw a shut out against Laconia.

Ella Harris pitched well but was 0-2 in an injury shortened season on the mound.

Kim Daigneault got her first varsity win against Franklin, and also hit her first varsity home run in the game.

Leading the team in hitting this season was senior Karly Sanborn, who had a .448 batting average and a .521 on base percentage, both team highs. She also led the team with 26 hits, 11 steals and 13 RBIs. Her best game was a 5/5 showing against Franklin to tie for most hits in a

game in Gilford history.

Fellow senior Lexi Boisvert had a .365 batting average and was solid at third base all season for the Golden Eagles.

Junior catcher Randi Byars was also excellent all season, both offensively and defensively. Her standout game came against Winnisquam where she went 5/5.

Freshman right fielder Jaiden McKenna had 20 hits. Forge called her an "exceptional freshman player and fast base runner," with 13 steals and one delayed steal of home. Her best game was a 4/4 day against Newfound.

## Much to like for Rogacki in girls' lax season

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The Gilford High School girls' lacrosse team had an up and down season, and despite having a

sub-.500 record and missing the playoffs, coach Dave Rogacki saw the positives in what was a rebuilding year for the Golden Eagles.

"Many coaches would see a 5-9 season as not productive," said Rogacki. "You can't develop a program if you only look at a team's record."

Rogacki said he judges the progress of a team based on the team's effort and ability to learn and expand skills.

"As players develop their skills the inconsistent play fades and players become consistent in all phases of their game, and success grows," said Rogacki. "As players develop, desire from minute-to-minute quality play increases and the team concept stays away from a plateau, and program growth is headed in the right direction."

Rogacki said this overview is easily spotted in the 2019 Golden Eagles. Playing with no seniors, the team's juniors became the leaders of the small 15-person team. He said players did well playing their roles, and that the freshmen did a good job adjusting to high school lacrosse.

Like other teams around the state, the rainy April didn't help with limited practice, but he was happy the team was able to learn their positions and play with plenty of effort.

"The Golden Eagles played all eight D-3 teams that made the state tournament and playing against that experience should help us in the future," Rogacki said. "Adding a good group of freshmen should allow us depth and let us continue our growth next year."

Julia Spooner had a good year in goal for the Golden Eagles, averaging seven saves per game. The offense was led by Shelby Cole, who amazingly had 80 goals and 24 assists to put together another fantastic spring. Kolbi Plante had 26 goals and 11 assists while Erin Hart had 10 goals and eight assists.

Kate Sullivan had never played a game before this season and the freshman pitched in seven goals and an assist. Taryn Fountain and Ashley Hart both had six goals and three assists. Mollie McLean had four goals and nines assists; Kyla Mercier had two goals and Abby Warren had a goal.

## New chapter of racing has begun at NHMS

LOUDON — New England's newest race track in 25 years, The Flat Track, is officially open Thursday after a ribbon-cutting ceremony with N.H. Governor Chris Sununu during the Laconia Motorcycle Week kick-off event at the North East Motor Sports Museum. The 0.25-mile dirt track, located behind the museum, is New Hampshire Motor Speedway's newest racing surface, which will host its first event featuring American Flat Track, "America's Original Extreme Sport," on June 15.

Governor Chris Sununu spoke about how Laconia Motorcycle Week is a great source of pride for the state of New Hampshire and shared in the anticipation of the new event.

"I've never seen a flat track race, and I'm actually quite excited to see that," said Sununu. "I watched it

on YouTube last night, and it's crazy. It's like the hill climb – it's a little bit nuts."

Joining Sununu were other speakers, state and town officials, Cynthia Makris, Jennifer Anderson and Charlie St. Clair from the Laconia Motorcycle Week Association and American Flat Track rider Cameron Smith.

McGrath, along with 19-year-old Smith, spoke about the excitement this new event brings to New Hampshire Motor Speedway.

"Less than a year ago, we met with the folks from American Flat Track, and we sat out in this gravel parking lot," said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. "The wonderful team at New Hampshire Motor Speedway worked tirelessly so they could get

this track built, and last night, they were here until almost 10 o'clock working on the finishing touches. We are so proud to add this electrifying new event to the already iconic Laconia Motorcycle Week, and we can't wait to see the bikes kicking up the dirt next weekend."

After the ribbon-cutting ceremony, Smith did a lap on the track, marking the first time a motorcycle has taken laps on the new Flat Track.

"I'm just excited to come here and put on the first flat track race for you guys," said Smith. "This track is small, so there's definitely going to be very close racing. It's going to be a good show for the fans. I can't wait to get back on the track next weekend."

Known as the fastest-growing sport on two wheels, AFT has added multiple new venues to its 2019

schedule, including the all new Flat Track, to accommodate its growing fan base. With more than three million viewers tuning into the sport in 2018, AFT plans to capitalize on the partnership with NHMS to further this momentum, starting with the inaugural Laconia Short Track presented by Russ Brown Motorcycle Attorneys event put on by AFT. The Flat Track's first event will be held during Laconia Motorcycle Week on Saturday, June 15. Race fans have a new reason to enjoy the thrill of racing in Loudon, as so much bar-banging, tire-rubbing action will be packed onto The Flat Track when these pro riders enter the arena.

General admission and VIP tickets for the Laconia Short Track presented by Russ Brown Motorcycle Attorneys are available. SEE NHMS PAGE B3

# Big turnaround for Gilford tennis girls

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – It was a strong year for the Gilford High School girls' tennis team, which had a turnaround season with a 9-5 record and a trip to the Division 3 state tournament where the team lost to Kearsarge.

Coach Hermann Defregger entered the season knowing there were question marks with the weather keeping the team from practicing much before the season started and the team coming off a tough previous season. However, the team showed perseverance and guts all year and put together one of the stronger girls' tennis seasons for Gilford.

"This was our first appearance in the playoffs since 2015," said Defregger. "We are very excited to have made it back as the sixth seed especially since last year we finished with a 2-12 record with pretty much the same team."

The team had 19 players with 10 being new to the game, but the team's core was in tact from last season. Top player Reagan McIntire had a great season with a 12-2 record. She also earned her way to the state singles tournament last week where she lost in the opening round against top-ranked Carley Citron of Bedford.

Josey Curley finished the season with a 5-5 record in the number two spot for Gilford. Olivia Comeau was in the third spot and had a big turnaround year where she went from 2-12 to 9-5. Freshman Alyssa Craigie had an 8-5 record and showed she could be a force for seasons to come. Hannah Lord was 6-3 this year after going winless last season. Madison Eastman had a huge turnaround, going from a 3-7 record to



BOB MARTIN

Reagan McIntire had a 12-2 record and was the top player for Gilford this spring in a turnaround season for the Golden Eagles.

an 11-3 record.

Other players chipping in were Alyssa Gosselin going 2-3, Anabelle Eisenmann going 2-0 and freshman Alexa Leonard going 0-1.

In doubles, McIntire/Comeau were 6-3 while Curley/Craigie went 6-2.

Defregger said that the team showed great improvement and thanked assistant coach Martha McIntire for volunteering and helping along the way. He hopes that the team can ride this wave and come back next season even stronger.

"Overall we are just excited to have improved so much in one year and certainly hope that we can continue on that path," said Defregger. "Our goal is to get back to the playoffs next season and hopefully make the semis."

## NHMS

(Continued from Page B2)

able on AmericanFlatTrack.com. The race will also be streamed live on FansChoice. TV and broadcast on NBCSN on Sunday, June 23, at 2:30 p.m.

The Flat Track is the fourth racing surface to be added to New Hampshire Motor Speedway, which already includes the famed 1.058-mile NASCAR oval, 1.6-mile road course and a 0.25-mile mini-oval.

In addition to the new Laconia Short Track presented by Russ Brown Motorcycle Attorneys event (June 15), the speedway will host other on-track racing events throughout the week including the 96th annual Loudon Classic (June 16), the longest-running motorcycle race in the United States, plus all new camping options, Harley-Davidson, Indian and Yamaha demo rides (June 10-15), a vendor mall and a plethora of enter-

tainment, making the speedway the home base for riders visiting Laconia Motorcycle Week.

Motorcycle Week at NHMS officially got under way on Saturday, June 8, and is a top destination for riders during Laconia Motorcycle Week, which runs through Sunday, June 16.

For a full schedule of NHMS's Motorcycle Week events, visit: [NHMS.com/Events/Motorcycle-Week/Schedule](http://NHMS.com/Events/Motorcycle-Week/Schedule) or download a PDF version.

For ticket information for events at New Hampshire Motor Speedway, including the June 8-16 Motorcycle Week at NHMS, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at [NHMS.com](http://NHMS.com) or call Fan Relations at 783-4931.

## Summer in the air at Gunstock Mountain Resort

GILFORD — It's summer in the Lakes Region and Gunstock Mountain Resort is open and ready for fun in the sun. If you're looking for a family-fun adventure, or a cozy couples retreat, Gunstock has something for you.

### Camping at Gunstock

Voted Best of NH 2018 by NH Magazine, Gunstock Mountain Resort's campground puts you in the heart of New Hampshire's Lakes Region, close to the shores of Lake Winnepesaukee. Backed by more than 80 years of camping experience, Gunstock's tradition of catering to recreational families ensures memorable vacations. Relax at your campsite, take in the natural habitat around the resort, get your adrenaline pumping at the Adventure Park, elevate your mood during yoga, or participate in a guided hike. Campers receive 25 percent off packages. The campground is open daily.

### Gunstock Adventure Park

Come see why Gunstock was voted Best of NH 2018 and 2019 for Best Summer Attraction Lakes Region. At Gunstock Adventure Park, they believe you can fly. Reach speeds of up to 65 mph on the Zip Tour. Swing, soar, and climb through the treetops in the largest aerial obstacle course in New England. Lay off the brakes and let it rip as you experience the thrill of the fast and winding Mountain Coaster. Take in panoramic



COURTESY PHOTO

Enjoy the summer months at Gunstock Mountain Resort.

views of Lake Winnepesaukee on a scenic lift ride, or explore the expansive cross country terrain on an award-winning off-road Segway tour. The Adventure Park is open Saturdays and Sundays at 10 a.m. Starting June 22, the Adventure Park will be open daily. Reserve your premium adventure in advance online or by calling 293-4341.

### Mountaintop Yoga

Back by popular demand, Mountaintop Yoga is running on both Saturday and Sundays at 9 a.m. Enjoy a peaceful chairlift ride to the summit in the fresh morning air. Take in the majestic views of Lake Winnepesaukee and surrounding mountains while breathing, moving and meditating. Geared toward beginners, this class is all about elevating your mood and improving your flexibility in a beautiful, natural setting.

### Mountain Sports Guided Hikes

There are hundreds of hikeable acres around the resort. Gunstock's guides can introduce you, your family and your loved ones to some of the best gems on the trails. From historical sites to local flora and fauna, they will share their knowledge with you to bring your hiking excursions to the next level. Beginner and intermediate hikes and summit traverse hikes are pre-scheduled. Private hikes are available by reservation.

Located in Gilford and boasting spectacular mountaintop views of Lake Winnepesaukee and the Ossipee Range, Gunstock Mountain Resort is one of the largest winter and summer recreation areas in the state, and one of the oldest, opening its doors in 1937. Gunstock was the first New England ski area to install a chairlift, offers 1,400 vertical

feet, 227 acres and 55 alpine ski trails, plus 32 miles of Nordic skiing, fat bike, and snowshoe trails. Gunstock claims New England's largest aerial obstacle course with 91 challenging elements, more than 1.6 miles of high-adrenaline ZipTour™ zip lines, off-road Segway tours, and the 4,100-foot Mountain Coaster. Gunstock's campground has 290 sites, cozy cabins, and RV/trailer hookups, providing outdoor accommodation for kids of all ages when they stay and play at the mountain. Gunstock also plays host to a growing number of events, such as the BYODC Pond Skim, Gunstock Hillclimb, Gunstock Mountain Brew and BBQ, and Soulfest. For additional information, please visit [www.gunstock.com](http://www.gunstock.com), [www.facebook.com/gunstockmtn](http://www.facebook.com/gunstockmtn), [www.instagram.com/gunstockmtn](http://www.instagram.com/gunstockmtn) or [www.twitter.com/gunstockmtn](http://www.twitter.com/gunstockmtn).

## Panther Volleyball Camp coming in July

PLYMOUTH — Plymouth State University head women's volleyball coach Joan Forge and the PSU volleyball team will be hosting Panther Volleyball Day Camp July 22 – 25. This camp will feature two sessions. Panther Camp One is 9

a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1-5 p.m. for girls entering ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players will be challenged with improving their

basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play. For information, please contact Joan Forge at [jcforge@plymouth.edu](mailto:jcforge@plymouth.edu) or call 387-1202.



# Town-to-Town CLASSIFIEDS

[www.salmonpress.com](http://www.salmonpress.com) | 603.279.4516  
Call to place your ad today or visit our website!

**Misc. For Sale**  
OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email [lori@salmonpress.news](mailto:lori@salmonpress.news)

**Lost & Found**  
**Found Ads**  
Are published Free of Charge. 30 words for 1 week.  
**Lost Ads**  
Are Charged at our regular classified rates.  
Call Toll Free  
Mon-Fri 8:00-4:00  
1-877-766-6891  
or go to  
[www.salmonpress.com](http://www.salmonpress.com)  
24/7

**Still Lost!**  
Shane - Shetland Sheepdog  
White/Tan/Black  
10 Years old  
We are hoping someone may have him or have seen him?  
-Lost in Laconia NH-  
August 27, 2016  
Do not chase. Old and New Leads appreciated.  
For more info see  
[www.facebook.com/shaneshetlandsheepdog](http://www.facebook.com/shaneshetlandsheepdog)  
Call Owner 603-365-1778  
or Granite State Dog Recovery  
1-855-639-5678

**Boats**  
2001 Ranger 522VX Comanche bass boat. 22' long. New electronics. 225HP Yamaha motor. Fuel injected - 2 stroke outboard. Dave's Motorboat Shoppe, Gilford. Call 603-293-8847.

**Boat/Dock**  
**Dock For Rent**  
Sawmill Marina in Back Bay, Wolfeboro, NH Can accommodate up to 17.5 ft. boat. Call 569-5034 for more information.

**Thank-You**  
Our line ad classifieds are on our website!  
[www.salmonpress.com](http://www.salmonpress.com)  
is the place to check our weekly classifieds online!  
More great coverage and information from the  
Salmon Press Town To Town Classifieds!  
Why place your ads anywhere else?  
1-877-766-6891

Thank you for browsing  
The Town To Town Classifieds in the  
Gilford Steamer  
**Publication Rates (30 words)**  
\$12 - 1 Week  
\$20 - 2 Weeks  
\$27 - 3 Weeks  
\$36 - 4 Weeks  
Call Our main Call Center  
1-877-766-6891  
Mon-Fri 8:00-4:00  
or place online 24/7 at  
[www.salmonpress.com](http://www.salmonpress.com)  
Deadline:  
Monday 10:30 am

**Auctions/Antiques**  
On Location Estate Auction Thursday June 20th on Whittier Rd Tamworth NH By Gary Wallace Auctioneers Inc #2735NH-Starts 10AM- viewing at 8AM  
Selling Antiques, Auto memorabilia, Vintage tools, Signs, Ephemera, Dolls, Sterling, Shop tools, Vintage car parts, Jewelry, Vintage Gas station collectibles and more - See:  
[www.wallaceauctions.com](http://www.wallaceauctions.com)  
call 603-539-5276 - terms cash-check- 15% BP

**Pets/Breeders**  
LOW COST SPAY/NEUTER  
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line [www.RozzieMay.org](http://www.RozzieMay.org) or call 603-447-1373

**Wanted to Buy**  
MIDDLE NECK CEMETERY  
Want to purchase one cemetery plot. We have lived off Moultonboro Rd. for 43 years & wish to have this for our final resting place. Call 380-6756

**Real Estate**  
  
Equal Housing Opportunity  
All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, r an intention to make any such preference, limitation or discrimination."  
(The Fair Housing Act of 1968 at 42 U.S.C, 3604(c))  
This paper will not knowingly accept any advertng which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.  
To complain of discrimination call HUD toll free at 1-800-669-9777  
For The Washington DC area, please call HUD at 275-9200.  
The toll free telephone number for the hearing impaired is 1-800-927-9275.  
You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write  
The Commission at 163 Loudon Road, Concord, NH 03301  
Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reservesthe right to refuse any advertising.

**Comm. Space For Rent**  
PROFESSIONAL OFFICE SPACE  
1600 GORGEOUS SQ FT IN DOWNTOWN LACONIA. OPEN COMMON AREA +3 PRIVATE OFFICES. HARDWOOD FLOORS, CEILING FANS, CENTRAL AIR. LARGE CONFERENCE ROOM AND KITCHEN AVAILABLE.  
\$1750/MO. INCLUDES ALL UTILITIES,  
CALL 603-524-8023

**Vacation Rentals**  
P.E.I. Weekly Cottage RENTAL:  
Sleeps 6 Pond, ocean & lighthouse views \$900/wk  
Scott 603-254-5032  
[scottm@plymouth.edu](mailto:scottm@plymouth.edu)

**Thank You**  
for browsing  
The  
Town-to-Town  
Classifieds!

**3 EASY WAYS TO PLACE YOUR CLASSIFIED LINE ADS!**

**EMAIL:**  
[classifieds@salmonpress.news](mailto:classifieds@salmonpress.news)

**ONLINE:**  
[www.salmonpress.com](http://www.salmonpress.com)

**PHONE:**  
(603) 279-4516

Advertise your:  
Items for Sale, Jobs, Vehicles,  
Pets, Real Estate, Apartments,  
Summer Rentals, Services & more.  
*We have categories for everything!*

From the Lakes Region to the Great North Woods.

**START YOUR AD TODAY!**





Place Your Classified Line Ads  
**ONLINE!**  
24-Hours A Day • 7-Days A Week  
[www.salmonpress.com](http://www.salmonpress.com)

# TOWN•TO•TOWN CLASSIFIEDS

**Camelot HomeCenter**  
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

 NEW 14 WIDE \$35,995 56' 2 Bath	 \$39,995 64' 2 Bath, 2 Bath
 \$39,995 60' 3 Bath, 2 Bath	 \$69,995 76' 3 Bath, 2 Bath
 DOUBLE WIDERS \$59,995 48' 3 Bath, 2 Bath	 \$78,995 48' 3 Bath, 2 Bath Come See Why This is Our Best Seller!
 \$89,995 60' 3 Bath, 2 Bath Just in & Needs to Be Seen!	

SEE OUR AD AT WWW.CM-H.COM • HOMES FROM COLONY, NEW ERA & TITAN

 \$87,995 38x26 Sunny Cape Best Selling Cape in NH!	 \$123,995 1,900 sq. ft. 2 Story 1st Floor Master Bedroom!
 \$135,995 60x28 Ranch 1,600 sq. ft. resort spa bath, marble topped island, FREE appliances!	 \$139,995 56x28 Cape You'll love the kitchen and incredible bathroom! Plus extra space upstairs!

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?  
ALWAYS OPEN DAILY, 10 TO 6 SATURDAYS & SUNDAYS 10 TO 5 • Rt. 3, Tilton NH • WWW.CM-H.COM

**55 Plus MODEL HOME OPEN SUNDAY 12 to 2**

**\$109,995**  
 or  
**\*\$638 per month\***

**\$154,995 garage, porch, appliances**  
**\*10% down - 25 years at 6%**

**Call Kevin - 603-387-7463**  
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH  
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

**Corporate Liquidation of Surplus Real Estate at AUCTION**

Mixed Use Facility on 2.19± Acres • Barrington, NH  
On-site Saturday, June 15th at 10:00 a.m. with real-time online bidding available

4 SMOKE STREET is a 2.19± acre property with two buildings that consist of retail showroom space, two residential apartments, and a stand-alone, heated workshop. Located just off Route 9, one mile west of the Route 9 and Route 125 intersection, this property is easily accessible from several major routes. The original building totals 3,576 sq.ft. and has seen many upgrades to the residential apartments on the second level and the showroom/retail space on the first floor. The newly added stand-alone fully-insulated workshop is a Morton building which measures 42' X 60' with a 5-inch thick slab floor, 23' center height, two heating units and two 12' drive-in doors. There is ample paved parking with an additional gravel parking area to the side and rear of the property. Tax Map 234, Lot 26. Assessed value \$500,200. This property has been very well-maintained and would be great for a wide variety of uses.

PROPERTY TOURS: Tuesday, June 4th from 9:00 a.m. to 11:00 a.m., Tuesday, June 11th from 4:00 p.m. to 6:00 p.m., and one hour prior to the auction.

Broker participation offered.

**PAUL MCINNIS LLC**  
AUCTIONS • REAL ESTATE • RESULTS

FOR A PROPERTY INFORMATION PACKAGE WITH TERMS GO TO **paulmcinnis.com**  
Lic. #2089 - (603) 964-1301 - Ref. #19PM-16  
Auction subject to all Terms of Sale © 2019 Paul McInnis LLC

## EMPLOY CLASSIFIED FIRST

**\$922 / 2BR BELMONT, NH APARTMENTS FOR RENT:**

Two bedroom town house style apartment. On site laundry, parking, 24 hour maintenance, close to center of town; rent from \$922 - \$1157 plus utilities; income limit guidelines will apply; security deposit required.

Download application at  
<http://www.sterling-management.net/application.pdf> or call office at 603 267 6787

**COLDWELL BANKER**

**RESIDENTIAL BROKERAGE**

**CENTER HARBOR**  
32 Whittier Hwy  
603-253-4345  
CenterHarbor.NH@NEMoves.com

**LACONIA**  
348 Court Street  
603-524-2255  
LakesRegionInfo@NEMoves.com

**Bristol \$529,000**  
Enjoy lovely views across Lake Newfound from this tasteful 3 BR custom home.  
MLS#4754305  
**Susan Bradley**  
603.493.2873  
**Stacey Atherton**  
603.581.2899

**Center Harbor \$459,000**  
This rare and desirable Squam Lake year-round, deeded water access property is turn-key and ready for you!  
MLS #4751721  
**Pam Toczko**  
603.520.6443

**Tilton \$385,000**  
Totally rebuilt in 2005 is this 4 BR home with dock and shared waterfront on Winnisquam.  
MLS #4754485  
**Judy McShane**  
603.387.4509  
**Mel McShane**  
603.273.1937

**Meredith \$358,900**  
Attractive contemporary home is centrally located and within walking distance to downtown Meredith and Lake Waukegan.  
MLS #4751870  
**Pam Toczko**  
603.520.6443

**Moultonborough \$360,000**  
A nice level 5+ acre parcel on the corner of Kent Road and Ossipee Mtn Road. This home is move-in ready.  
MLS #4686900  
**Kay Huston**  
603.387.3483

**Center Harbor \$124,900**  
Beautiful 2.04 Acres south facing building lot with lake and mountain views, short walk to 18-hole Waukegan Golf Course.  
MLS #4752151  
**Bruno Coppola**  
603.244.9544

[www.ColdwellBankerHomes.com](http://www.ColdwellBankerHomes.com)

**PLACE YOUR AD, Get Read, GET RESULTS!**

# LOVE

**STARR REALTY** 603-293-7227  
— a higher standard — LakesRegionHomesinNH.com

**ROCHE REALTY GROUP**

**MEREDITH OFFICE: 97 DANIEL WEBSTER HWY (603) 279-7046** **LACONIA OFFICE: 1921 PARADE ROAD (603) 528-0088**  
[WWW.ROCHEREALTY.COM](http://WWW.ROCHEREALTY.COM)

**MEREDITH: Lake Winnepesaukee waterfront home w/ sandy beach & dock. 3-BR, 3-BA & over 3,000sf. of living space. \$1,350,000 #4756207**

**LACONIA: Gorgeous country home on 20 acres w/ 5-BR, 3-BA and 40' low-maintenance farmer's porch. Abuts conservation land. \$529,000 #4755071**

**MISTY HARBOR/GILFORD: Waterfront condo w/ private deck. Recently painted & sold furnished. 335' beach on Winnepesaukee. \$225,000 #4755413**

**MEREDITH: Country farm on 10+ ac. w/ 3-BR home, barns, garages, year-round guest cottage, in-ground pool & scenic stream. \$899,000 #4754084**

**OPEN HOUSE HIGHLAND RIDGE TUES. 6/18 & WED. 6/19 4 - 7 P.M.**

**ROLLING HILLS DRIVE, TILTON NH:** A new residential community, with an eclectic mix of ranches, capes & colonial styles & affordable options for many budgets. Brand new homes with a great location, handy to Concord and all Lakes Region amenities. **Prices start at \$289,000**

**FREE SUNROOM ON CAPE MODELS**

At RocheRealty.com you can save custom searches, sign up for listing email alerts, and receive notifications when a property that meets your needs becomes available! Visit us today!  
[www.RocheRealty.com](http://www.RocheRealty.com)

**wolfeboro bay Real Estate**

27 South Main Street • Wolfeboro, NH  
**603-569-0101**  
[www.wolfeborobayrealestate.com](http://www.wolfeborobayrealestate.com)

**\$339,000**

**Tuftonboro year round water access home! 3 BR 3 Bath home in a sought after water access community. Only a short walk to a sandy shared beach with a dock and mooring lottery each year!**

**Our Land Listings!**

**Wolfeboro**  
6.77 acres MLS 4745040 \$169,000

**Wolfeboro**  
1.3 acres MLS 4750163 \$49,000

**Tuftonboro**  
2 acres MLS 4745202 \$52,000

**Moultonboro**  
3.6 acres MLS 4742919 \$124,900

**Meredith**  
24 acres MLS 4754119 \$89,500

Visit our new "live" webcam at: [www.wolfeborocam.com](http://www.wolfeborocam.com)

**"Simply the Best" OVER 65 YEARS IN THE LAKES REGION**

**Maxfield Real Estate**

**Island Real Estate**  
A Division of Maxfield Real Estate

**Wolfeboro: 15 Railroad Avenue • 569-3128**  
**Center Harbor: Junction Rtes. 25 & 25B • 253-9360**  
**Alton: 108 Main Street • 875-3128**

## Luxury REAL ESTATE

**SPECTACULAR** views, endless sunrises and sunsets in Wolfeboro. Boathouse, rooftop deck, beautiful water vistas from most rooms. Custom designed. 4BR/5BA home built with the unique qualities of this 3 acre waterfront lot in mind!  
**\$3,795,000 (4747049) Call 569-3128**

**EXQUISITE** Waterfront home in coveted Cedar Cove in Alton w/185' beautiful waterfront, U-shaped dock & perched sandy beach. Custom-built 4BR/4BA, w/sliders and waterside deck. 1st-floor Master suite & finished walk-out lower-level.  
**\$5,495,000 (4753174) Call 569-3128**

**BEAUTIFUL** Lake Winnepesaukee contemporary in Alton with 3 levels of luxurious living space, 410 ft. of shore frontage, multiple beaches, lovely views in a tranquil and secluded setting. A great value!  
**\$1,530,000 (4729334) Call 569-3128**

**A GRAND** location in Alton with 107 private acres brimming with wild blueberries. Vast and endless views of surrounding mountains. Enjoy privacy from your newly built Contemporary 4 Bedroom home.  
**\$1,395,000 (4755728) Call 569-3128**

**RATTLESNAKE ISLAND - ALTON**  
Terrific building lot. A slope at the shore brings you to a great level area for building. Septic & breakwater permits are current and in hand. Truly one of the best views on the lake.  
**\$150,000 (4752378) Call 569-3972**

**MEREDITH** // Impeccably maintained exquisite country estate. Open concept living, original features with the ease of modern amenities. 12+ acres, mountain views, rolling fields and 30 x 40 shop. An excellent offering!  
**\$599,000 (4753810) Call 253-9360**

**LACONIA** // On a cul de sac, this newly renovated 3-bedroom, 2-bath cape cod offers all you need on the first floor. Master Suite, with full bath only on the second level. Close to all Lakes Region amenities.  
**\$299,900 (4735223) Call 253-9360**

**MOULTONBOROUGH** // Perfectly located between Moultonborough and Center Harbor, 3BD/3BA, full dormered cape with attached 2-car garage. Set on a quiet cul-de-sac surrounded by trees.  
**\$272,000 (4753366) Call 253-9360**

**GILMANTON** // One of the oldest homes in Gilman and showing its age quite well. This 1780 cape has many original features and still holds the charm of a time long ago.  
**\$199,900 (4755871) Call 875-3128**

**ALTON** // Double-wide 2002 home with an attached carport. This 3-bedroom home in Eagles Rest Park has new laminate flooring, a country kitchen/dining area and a back deck.  
**\$127,500 (4751836) Call 875-3128**

**GANSY ISLAND - MOULTONBORO**  
Located on a very quiet and peaceful area of the lake. Songbirds, loons and views! 3 parcels ranging from 1.24 acres w/300' ftg., to 2.58 acres w/520' ftg. Offered from  
**\$142,900 to \$156,000 Call 569-3972**

## LAND and ACREAGE

**ALTON** // Country Setting in an area of fine homes! This 5.16 acre wooded lot has 600' +/- of frontage on Clay Point Rd. and 350' of frontage on Roberts Cove.  
**\$80,000 (4753566) Call 875-3128**

**MOULTONBOROUGH** // Affordable wooded level lot in the low tax town of Moultonborough. Close to main roads, restaurants, shopping and town beaches yet a nice quiet location off Moultonborough Neck Rd.  
**\$52,000 (4738172) Call 253-9360**

**GILFORD** // Gunstock Acres lot w/southerly & western views of mountains. Sloping lot has expired septic design and a per. test. Enjoy swimming at Gilford Town Beach. Easy access from Rt. 11-A.  
**\$33,500 (4638885) Call 875-3128**

**MOULTONBOROUGH** // .32 acre Suissevale lot on quiet street. Lot purchase includes all Suissevale amenities including Beach Rights, Clubhouse, Tennis Courts, Playground, seasonal Kayak/Canoe storage.  
**\$4,200 (4744874) Call 253-9360**

### RENTALS

Bringing People and Vacations Together in the Lakes Region for over 60 years...

**WOLFEBORO AREA RENTALS: YEAR-ROUND AND SEASONAL**

Year-Round Rentals Wanted—Home Owners who would like to rent their home long-term: Ask for Tony @ 569-3128  
Owners please call about our rental program.

[www.MaxfieldRealEstate.com](http://www.MaxfieldRealEstate.com) • [www.IslandRE.com](http://www.IslandRE.com)

# TOWN•TO•TOWN CLASSIFIEDS



## Now Hiring!

**Full Time Laborers  
Site Foreman  
Heavy Equipment Operators  
Truck Drivers**

We offer Competitive Salary based on experience Health Insurance Benefits, Paid Vacation and Paid Holidays Must have Valid Driver's License and OSHA 10 Card Pre-Employment Physical and Drug Screen Required Call Us at (603)539-2333 Email Resume to info@integrityearthworks.com Or find our Application online at integrityearthworks.com

## HELP WANTED

Well established Wolfeboro Landscape Company seeks experienced Landscape laborer and Garden Maintenance Crew members for immediate hire. Must have valid drivers license with good record. If interested, please contact our office @ 603-569-6424 or forward your resume to phil@communitylandscape.com

## NEW HAMPSHIRE CARETAKER

New Hampshire Property is searching for a well-qualified, experienced caretaker who is a self-starter, self-motivated, enjoys working alone and outdoors in all seasons, and a person who takes pride in all work that they do. Candidates must have knowledge of building maintenance, opening and closing seasonal cottages, equipment usage and their maintenance, landscaping skills, and handyman skills. This position entails living and working on property, supervision of the property, and security of the property and all of its buildings. Salary, housing, and other benefits are available. Please send a resume and the best contact information to Randy Walker, Walker & Varney P.C., P.O. Box 509, Wolfeboro, NH 03894 for consideration.

## BARNSTEAD SCHOOL DISTRICT Notice of Vacancy

### School District Treasurer

The Barnstead School Board invites civic-minded residents of Barnstead to apply for the Treasurer vacancy. Please submit a brief letter of interest due no later than Monday, June 18, 2019 at 1:00 PM:

Eunice Landry, Chair  
Barnstead School Board  
c/o School Administrative Unit #86  
PO Box 250  
Center Barnstead, NH 03225

## ALTON SCHOOL DISTRICT

### In-House Substitute

The Alton Central School has an opening for a In-House substitute who will serve all grades and subject areas in our Pre-k - 8 school. This position is 7 hrs. per day, Mon - Fri, 178 school days. New Hampshire certification is required and elementary certification is preferred.

### Anticipated Special Education Para-Educator

Alton Central School is currently seeking energetic, team-oriented individuals to work with students in the general education setting.

All interested applicants should apply through AppliTrack at [www.appli-track.com/altonk12/onlineapp/](http://www.appli-track.com/altonk12/onlineapp/)

Alton School District  
252 Suncook Valley Road  
Alton, NH 03809

Deadline: June 28, 2019 or until filled  
EOE

## Town of New Durham, NH Office Clerk

This 15-20/hr/week part-time position with flexible scheduling is part of progressive team supporting the Town Administrative Offices. Requires strong knowledge of word-processing, spreadsheet and data tracking, standard office computer software and equipment, excellent customer service skills, and the ability to multi-task in a multi-faceted office.

Required minimum qualifications High School Diploma or GED, and an Associates Degree in Accounting or Business is preferred and or one year of general office clerical or related experience or any equivalent combination of education, training and experience which demonstrates possession of the required knowledge, skills and ability. Preference given to those with advanced degrees and municipal public works or construction office clerical experience. Dependent upon qualifications hourly rate range of \$11.00-\$15.00

Submit letter of interest, resume and standard town application form (go to [www.newdurhamnh.us](http://www.newdurhamnh.us), click on Forms & Documents, and click on Job application) to the Town of New Durham, Attn: Scott D. Kinmond, Town Administrator, PO Box 207, New Durham, NH 03855 or [skinmond@newdurhamnh.us](mailto:skinmond@newdurhamnh.us). Position is open until filled. First review begins June 17, 2019.

## Town of Alton

### FULL-TIME LABORER/TRUCK DRIVER, Highway Department:

The Town of Alton is looking for a full-time, year round Laborer/Truck Driver. Must have a valid NH Commercial Driver's License (CDL) and previous plow experience. The ability to operate a chain saw and other power equipment, ability to lift heavy loads, work nights and weekends as needed, willingness to work outdoors in all types of weather, and the ability to follow instructions and safety procedures is necessary. Must pass pre-employment drug/alcohol testing, background test and driving test. Applications are available in the Selectmen's Office, 1 Monument Square, Alton, NH 03809 or visit our website [www.alton.nh.gov](http://www.alton.nh.gov). The Town of Alton is EOE.



**Alvin J. COLEMAN & Son, Inc.** Established 1940

9 NH Route 113, Conway, NH 03818-9505  
Office (603) 447-5936 • Fax (603) 447-5839

## TRUCK DRIVERS WANTED

- CDL Qualified
- 2-years experience
- Construction experience a plus

Please call:  
**(603) 447-5936 Ext. 307**

Gorham, Conway, Ossipee, Concord, & Bethel Me

## TOWN OF NEW DURHAM

### PART-TIME JOB OPPORTUNITY

DPW General Laborer(s) - The Town of New Durham seeks one flexible individuals to serve in a part-time capacity. The individual must be able to work in all climatic conditions and be capable of lifting 75 lbs. The DPW Laborer Position will assist with support duties to the Solid Waste Attendant, Grounds & Facilities Maintainer and Highway Department The position requires a high school diploma or GED, or equivalent work experience. Must have valid NH driver's license with clean driving record. Solid Waste Operator Certification and CDL License preferred. Weekend shifts may be required. Dependent upon qualifications hourly rate range of \$11.30-\$15.00.

Job applications are available from the New Durham Town Offices located at 4 Main Street, New Durham NH or on the Town website at [www.newdurhamnh.us](http://www.newdurhamnh.us).

Applications may be submitted to Scott Kinmond, Town Administrator via US mailed, in-hand or email ([skinmond@newdurhamnh.us](mailto:skinmond@newdurhamnh.us)).

### More information contact:

Scott Kinmond, Town Administrator,  
Town of New Durham, PO Box 207,  
New Durham NH 03855-0207 • 859-2091 Town Hall  
Or Karen Kehoe, DPW Administrative Assistant  
859-8000 Highway Department

Application close date: **Positions will stay open until filled.**  
Reviews starts June 17, 2019.  
The Town of New Durham is an Equal Opportunity Employer.



## JOB OPPORTUNITIES

### \*SIGN ON BONUS!

**Full-Time  
\*RNs  
with two years' experience or  
\*MT / MLT**

### Additional Full-Time Opportunities

Speech / Language Therapist	Radiologic Technologist
Ultrasound / Echo Technologist	Coding Supervisor

### Part-Time Opportunities

Central Sterile Technician  
Environmental Services Technician (Housekeeper)

### Per-Diem Opportunities

Certified Surgical Technician	ED Technician
LNA	Unit Secretary

### APPLY ONLINE

**WWW.UCVH.ORG**  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603)388-4236  
[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)

EOE



## HELP WANTED DEPARTMENT OF PUBLIC WORKS

### TRUCK DRIVER/LABORER

The Town of Gilford, DPW Highway Division is currently accepting applications for Truck Drivers and Laborers. These are year-round, full-time positions with excellent benefits as set forth in the Town's Personnel Policies and Union Contract (AFSCME, Local 534). The current pay range is \$12.75-\$24.17 p/h DOQE. Copies of the job descriptions are available upon request.

Applicants must possess a valid driver's license (a CDL with tanker endorsement is preferred) and be able to pass a drug test and criminal background investigation. The ideal candidate will have previous experience doing landscaping, snow plowing and/or road construction. Must be able and willing to perform strenuous physical labor and be able to work evenings, weekends and holidays as-needed. A proven record of dedication to superior job performance and teamwork is essential.

Applications will be accepted until position is filled - apply directly at DPW, 55 Cherry Valley Road or submit resume to DPW Director. EOE.



**Our Ads Get Results.  
Call 603-279-4516**

**salmonpress.com**

# JUMBO

**will take your message to over 200,000  
readers in TEN weekly newspapers!**





**SUMMER IS COMING!**

**TOWN DOCKS**  
MEREDITH, NH

WORK WHERE YOU LOVE TO PLAY...  
**TOWN DOCKS!**

We are seeking honest and hardworking Servers, Ice Cream Scoopers, Bartenders, Hosts, Line Cooks & Kitchen Staff!

WE OFFER: Outstanding compensation, opportunities for off-season work at our other Common Man family locations, health and dental benefits, 401k program, paid vacations, community service days, employee discounts and more!

Proud Member of NH's Common Man Family • theCman.com  
289 Daniel Webster Highway, Meredith, NH • (603) 279-3445  
We are a drug and tobacco-free workforce.



**Find us on Facebook!**

**THE GILFORD FARMER'S MARKET**

**SATURDAYS 9AM - 12 NOON**  
**OPENING DAY SATURDAY JUNE 15TH 9 AM TO 12 Noon**  
88 Belknap Mountain Road Gilford Village  
Returning Farmers & Variety of New Vendors  
**FRESH LOCAL PRODUCE AND HANDCRAFTED ITEMS**

SPONSORED BY: Belknap Landscape Company Inc., Gilford True Value, MacDonald Veterinary Services PC, Patrick's Pub & Eatery, Bill & Sally Bickford & Woodshed Roasting Co.



**WATERMARK MARINE SUPPLY**

**How do you #lakelifeNH?**

No matter how you do lake life, we've got you covered. Watermark is your #lakelifeNH headquarters for everything you need to live your best lake life... from the supplies you need to the toys you want.

Boat Lifts • Life Vests • Mooring Supplies • Pull Toys  
Dock Hardware • Swim Rafts • Apparel • Full Dive Shop • And More!

*Life is better on the water!*

603.293.4000 | 1218 UNION AVE • LACONIA  
ACCESSIBLE BY WATER • PAUGUS BAY | shorefrontproducts.com



**Have you had your bone density tested?**

Women over 50 have an increased risk of osteoporosis. Be proactive and preserve your active lifestyle.

- ✿ Eat Healthy. Today.
- ✿ Stay active. Forever.
- ✿ Get Tested. Soon.

**Women's Life Imaging Center**  
Affiliated with Wentworth-Douglass Hospital and Frisbie Memorial Hospital

Call us today to schedule your bone density exam, 3D mammogram, or both at (603) 742-6673.  
200 Route 108, Somersworth, NH 03878

[www.womenslifeimaging.com](http://www.womenslifeimaging.com)

**Sale Starts Today ~ Sale Ends 6-16-19**

**Great Gifts for Dad**



**\$99<sup>00</sup>** **Makita**  
**7-1/4" Circular Saw**  
15-amp motor delivers 5,800 RPM. Lower guard design improves performance when making bevel and narrow cuts. Large cutting capacity. 2 built-in LED lights. (5007F)



**\$72<sup>99</sup>** **Makita**  
**Orbital Jig Saw**  
3 orbital settings plus straight cutting. Powerful 3.9-amp motor. 500 - 3,100 SPM. Counterweight balancing system for reduced vibration. (4329K)



**\$99<sup>00</sup>** **Makita**  
**Reciprocating Saw**  
Variable speed for increased cutting efficiency. Powerful 9-amp motor for continuous operation. 0-2,000 SPM. Tool-free blade change. Long 1-1/8" stroke for faster cutting. Includes blades and carry case. (JR3050T)



**\$62<sup>99</sup>** **Makita**  
**5" Random Orbit Sanders**  
Smoother and fast sanding with 3.0 amp motor (1200 OPB). (B0305014)



**\$90<sup>00</sup>** **SENCO**  
**18-Gauge Brad Nailer**  
Ultra-light tool with the power to drive up to 2-1/8" brads. (1U0021N) (FIP18MG)



**\$175<sup>29</sup>** **HITACHI**  
**Finish Nailer**  
15-gauge angled finish nailer with air duster. Integrated air duster can be used to clear away dust and debris from the work surface. 34° magazine angle. (NT65MA4)



**\$199<sup>99</sup>** **BOSTITCH**  
**Industrial Framing Nailer**  
Patented push button adjustable depth guide sets nail to desired depths quickly. (F28WW)



**\$199<sup>99</sup>** **Fein**  
**Multimaster Start Kit**  
Metal gear case with all ball and needle bearings. High-performance 350W motor. 2486973

**BROCK'S**  
BUILDING MATERIALS & FLOOR COVERINGS  
298 NORTH MAIN ST, ROCHESTER, NH 03867  
Hours: Mon. - Fri. 6:30 am - 6:00 pm; Sat. 7:00 am - 5:00 pm  
ALL PRICES NET CASH & CARRY

[www.brocksonline.com](http://www.brocksonline.com)

**7th Annual Presby Transportation Museum Tractor Show and Swap Meet**

**Saturday, June 29<sup>th</sup> 8am-3pm at 143 Airport Road, Whitefield, NH**



**Join Us For Family Fun!**

- FREE Admission
- FREE Ice Cream
- Free Hay Rides
- Large Scale Model Railroad
- Touch a Tractor
- Antique Airplanes
- Food & Beverage Vendor
- Over 100 Antique Tractors
- Acrobatic Flying

[www.PresbyTransportationMuseum.com](http://www.PresbyTransportationMuseum.com)

**More Information or to Display Your Tractor Visit PresbyTransportationMuseum.com 603-823-5298**

**Ad**

**WHEN YOU SEE BULLYING, USE THIS EMOJI TO DO SOMETHING ABOUT IT.**

**I AM A WITNESS**  
IWitnessBullying.org

**Every 8 minutes, we respond to a disaster.**



**American Red Cross**

**HELP NOW**