

Gilford Steamer

THURSDAY, JUNE 1, 2017

GILFORD, N.H. - FREE

GHS band, chorus make big showing in Florida

BY ERIN PLUMMER
eplummer@salmonpress.com

Members of Gilford High School's Band and Chorus demonstrated their musical talents during a competition in Florida, getting some big kudos as well as fun and bonding time.

A few weeks ago band and chorus students took part in Orlando Fest, a performing arts festival for high schoolers across the country at Universal Orlando Resort. Hours after the Monster Band Concert, members of the band and chorus boarded a plane for a long weekend of performing and playing in Florida.

Band president Leah Gardener said band and chorus have been working on these pieces in class since around late March, getting ready for the Monster Band concert. Gardener said the concert ended around 9:30 p.m. and they had to be back at school at 2:30 a.m., getting around four



COURTESY PHOTO

Members of the Gilford High School Band and Chorus took a big group photo at Universal Orlando Resort during their trip to a competition in Florida.

hours of sleep. Chorus president Alliyah Oswald said on the first day the students went to Universal and

played in the park. After they played they spent the day in Universal before the awards ceremony.

The GHS band placed first in the competition, receiving an Excellent rating.

The Chorus came in third place and got a Superior rating.

Band vice president Shannon Anderson said it was amazing to get that Excellent rating considering how little sleep they had and how much travel they had done.

"Everyone did really well; the band was really good and the choir was really good," Oswald said.

After they were done playing the students had two days to go around Universal Studios and spent their last day in Florida at Clearwater Beach.

"I thought it was a really good bonding experience," Oswald said. SEE FLORIDA PAGE A13

Award night celebrates aspiring poets

BY ERIN PLUMMER
eplummer@salmonpress.com

Students from all three schools shared their award winning poetry during the awards ceremony for the Gilford PTA's annual Poetry Contest.

Students, teachers, family, and more gathered at the Gilford Public Library to listen to the works of each winner of the 16th Annual Poetry Contest, including the major winners from each school.

The poetry contest is an annual tradition for the PTA. Every April during National Poetry Month, the PTA accepts entries from all Gilford Elementary, Middle, and High Schools. Judges

chose winners are chosen in each grade with three overall winners picked, one from each school.

PTA president Sharon Sasserson said she can see the pride in each of the students faces when they read their poems.

"We try to do different things throughout the year to promote the arts," Sasserson said. "I feel like sports are so highly celebrated in the community. (I) feel it's good to have something to promote the arts."

The elementary school winner was first grader Justin Hanson with his poem "Colors of the Rainbow."

"In his poem 'Colors of the Rainbow,' Justin

bravely investigates the color and utility of blood, the sweet innocence of a baby chick, the perpetual symbol of a Christmas tree, the motherly instincts of a robin," read the judge's comments. "For Justin, the rainbow is more than just colors. He brings the poem alive with the vibrancy and spectrum of life itself."

Justin later said he thought of the poem by himself.

"I didn't know what to write at first, then I thought really hard," Justin said.

He said he felt good about winning.

"I actually kind of like winning," Justin said.

Justin was joined at SEE POETRY PAGE A14



COURTESY

Head of the class

Gilford High School is proud to announce the top 10 members of the Class of 2017. Pictured, from left to right, are: Bottom row – Mark Young, Connor Craigie, Leah Gardner, Kayla Zarella, Jack Harding. Second row – Shannon Anderson, Kaylee Lemire, Kassandra Weston. Third row – Hannah Sullivan, Alexa Dembiec Gilford High School's top ten graduating seniors plan to attend schools regionally in New England and New York.

Humane Society shares plans for 2017

BY ERIN PLUMMER
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LACONIA — The New Hampshire Humane Society celebrated successes and looked forward to new initiatives to help animals across the region.

The society looked back on 2016 and forward to the year ahead during its annual meeting.

The meeting took place after the official ribbon cutting ceremony on the Catio, a special project that will allow feline residents to get some fresh air in a safe place.

Board president Chris Walkley credited the directors and staff for the center's successes.

"It's really a testament to everybody here and the staff and the directors who put their heart and soul into the animals," Walkley said.

He said the next question is how to keep on doing this.

Walkley said "for the first time in a long time" they hit their income budget. They have also done some strategic planning.

"We're looking at how can we stretch these dollars to make it to the next round of animals," Walkley said.

This year they are not doing their large auction, instead have been doing smaller events in the community.

Executive Director Marylee Gorham talked about the wide variety of people involved in the organization and told stories about lengths they are willing to go to help animals and people.

The New Hampshire Humane Society is working to spearhead animal related legislation. SEE HUMANE SOCIETY PAGE A13

Put yourself in the spotlight with a Gilford Steamer Selfie!

Here at Gilford Steamer, we believe that each and every one of our readers has a unique story to tell, and we want to give you an opportunity to share yours with a Gilford Steamer Selfie!

Tell us a little about yourself by responding to the following questionnaire and submit your answers to us at steamer@salmonpress.com, along with a "selfie" (or self-taken photo),

and let us put you in the spotlight! We will choose one "Selfie" each week for publication, so be sure to read the paper regularly because yours might be next!

The Gilford Steamer Selfie profile

Name:

Occupation:

I live in:

Family (Are you married? Do you have children?):

Pets:

How long have you lived in the area?

Do you have a favorite food?

What is currently your favorite TV show?

What is your favorite travel destination?

What's the best part about your town?

Who has been the greatest influence in your life?

Who is your favorite musical artist?

What is the greatest piece of advice you have ever been given?

Favorite Sports team:

STEAM Expo showcases innovative learning

BY ERIN PLUMMER
eplummer@salmonpress.com

The Gilford School District celebrated students' works in Science, Technology, Engineering, Art, and Math during the third annual STEAM Expo.

On Wednesday night students and teachers in all three schools set up displays throughout Gilford High School and pre-



sented projects they had done using STEAM principles, including some new technology. In years past the expo focused on STEM, though recently put more focus on the

SEE STEAM PAGE A13

ERIN PLUMMER

(Left) Art teacher Aaron Withum demonstrates the photo equipment purchased through a GEEF grant during the STEAM Expo.

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

I'm a bacterium in bird feces. I happened to land in a splat on your roof. After I caked for a while, it rains and I get swept off the roof. You haven't repaired that gutter, so I flow right onto your driveway. The water can't sink through the driveway, so away I flow, right across the hard pack grass and down the hill. Rather than staying on your property, I, like so many other bacteria from other properties, end up in a local water source.

That's what happens when you haven't designed your property to help filter water. Low impact development can help to prevent erosion, flooding, the contamination of water, and to promote healthy gardens. That's why Lisa Morin from the Belknap County Conservation District

will visit the library to help explain what low impact development is, how the benefits are demonstrated, and how to implement tried and true techniques for low impact development.

Lisa has a great deal of experience with the Environmental Protection Agency recommendations and will make several referrals to their techniques. Lisa explains that 'the less water you let run off, the less flooding you will get at times of high rain. The more water you keep on your property the less erosion and high water streams. Soil cleans water of pollutants and contaminants before it reaches a stream or other water body.' She believes that the benefits to our water sources really shows when the effort is community wide. Collective effort to keep water environmentally

healthy has community wide benefit, and she noted that it reduces town maintenance costs at the least.

Aside from learning about water behavior and consequence, I am excited to hear about some DIY projects. Lisa will talk about things like rain gardens, dry wells, water bars, landscape planning, and infiltration steps. She will also mention the New Hampshire Department of Environmental Services Homeowners Guide to Stormwater Management.

Beyond low impact development, Lisa will talk about how to create gardens that healthy pol-

linator environments. Pollinators need more than food, they require a home habitat. She will talk about some of the projects the different Conservation Districts in New Hampshire have done and some of the work being done in Belknap County, not to mention providing resources like plant guides. She'll cover the basics of what makes for a positive pollinator habitat and what pollinators are the key players in food production (for example: bumble bees and tomatoes). There are a huge variety of native plantings you can use, but not all plant sources are helpful as pollinator sources, due

to nursery treatment. So if you are thinking of making your garden more pollinator friendly, be sure to hear about these resources first.

This program is part of the ongoing Build a Better World summer program series and it is happening this Tuesday, June 6 from 6:30-7:30 p.m. The DIY Worm Farming Demo is happening next Thursday night too, so get your calendars out!

Classes & Special Events June 1 to June 7

Thursday, June 1
Music and Movement, 10:30-11:30 a.m.

Magic the Gathering Club, 2:30-3:30 p.m.

Conversational French, 3:30-4:30 p.m.

Foreign Movie Night, 7-9 p.m.

This month's movie is A Brilliant Young Mind, from the UK.

Friday, June 2

Baby Storytime, 10-10:30 a.m.

Social Bridge, 10:30 a.m.-12:30 p.m.

Preschool Storytime, 10:45-11:45 a.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, June 5

Mahjong, 12:30-3 p.m.
SEE NOTES PAGE A13

GILFORD POLICE LOG

The Gilford Police Department responded to 365 calls for service and made the following arrests from May 15-25. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

A 42-year-old female from Gilmanton was taken into protective custody for intoxication on May 15.

Tara L. Shiebler, age 44, of Gilford was taken into protective custody for intoxication on May

16, and subsequently arrested for Simple Assault; Physical Contact or BI.

Bailey Defosie, age 18, of Gilmanton was arrested on May 16 for Theft By Unauthorized Taking or Transfer (Larceny).

Christopher G. Davis, age 44, of Belmont was arrested on May 16 for Falsifying Physical Evidence (alter, destroy, hide), three counts of Possession of a Controlled Drug, Resisting Arrest or Detention, Breach of Bail, and an Open Container

violation.

A 28-year-old male from Merrimack was taken into protective custody for drug-related inebriation on May 17.

Nathan G. Slack, age 43, and Jill R. Slack, age 55, current address unknown, were arrested on May 17 for Criminal Trespassing.

Christopher R. Kelly, age 40, of Wolfeboro was arrested on May 19 for six counts of Theft By Deception in an amount less than \$1,000.

Zoe Fullerton, age 18, of Laconia was arrested

on May 19 for Unlawful Possession of Alcohol and Public Intoxication.

Justin Akerman-Raposo, age 26, of Sanborn was arrested on May 20 in connection with an outstanding bench warrant.

Patrick J. Freo, Jr., age 47, of Gilford was arrested on May 25 for Domestic Violence; Simple Assault; Physical Contact.

Clieim Soboleski, age 20, of Laconia was arrested on May 25 in connection with an outstanding bench warrant.

Gilford Public Library Top Ten Requests

1. "16th Seduction" by James Patterson
2. "The Women in the Castle" by Jessica Shattuck
3. "A Gentleman in Moscow" by Amor Towles
4. "Into the Water" by Paula Hawkins
5. "Two From the Heart" by James Patterson
6. "Small Great Things" by Jodi Picoult
7. "One Perfect Lie" by Lisa Scottoline
8. "The Orphan's Tale" by Pam Jenoff
9. "The Fix" by David Baldacci
10. "If Not For You" by Debbie Macomber

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Gilford Parks and Recreation News

BY HERB GREENE
Director
Gilford Parks and Recreation

Granite State Track & Field Program

The Gilford Parks and Recreation Department is offering area youth the opportunity to participate in the Granite State Track & Field program this May and June. This program is open to youth ages nine to 14 (as of Dec. 31) and will include a few practices along with at least two track meets. Registration information can be picked up at the Parks and Recreation office or can be found on the department Web site at www.gilfordrec.com.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Senior Moment-um BBQ and Bocce on Monday, June 5

The Gilford Parks and Recreation Department is Sponsoring a Senior Moment-um Program on Monday, June 5. We will be meeting at 11:30 a.m. at the Gilford Village Field to enjoy a fun afternoon including a BBQ lunch and play some bocce ball. All participants should plan to bring their own chair. The Parks and Recreation Department will supply hotdogs, condiments and drinks. Participants are encouraged to bring a side dish or dessert for our potluck and join us for a fun filled afternoon! Participants are asked to RSVP by Thursday, June 1 to give us time to go shopping.

For more information or to RSVP, please call the Parks and Recreation office at 527-4722.

Archery Lessons

The Gilford Parks and Recreation Department is sponsoring a four-week session of Olympic Archery instruction, to be led by certified archery instructors from Archery In Motion. This program will be held on Tuesday afternoon/evenings from July 11

– Aug. 1 at the Arthur A. Tilton Ice Rink. The Beginner session will run from 4-5 p.m., with the Intermediate session running from 5:15-6:15 p.m. These classes are open to Youth and Adults ages seven years old and up and no experience is required. Enrollment in this program is limited, so sign up soon! Registration forms can be picked up at the Parks and Recreation office or can be found on the department website at www.gilfordrec.com. Priority will be given to Gilford Residents.

Cost: \$65 per person and includes all necessary equipment; you may also bring your own equipment (with approval by instructor).

For more information, please contact the Parks and Recreation Department at 527-4722.

Tickets available for Red Sox bus trip on July 19

The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Wednesday, July 19 to see the Red Sox play the Toronto Blue Jays. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD Video System and Lavatory. This trip is limited to 53 participants, so register early!

Cost: \$75 per person or \$280 for a four-pack

For more information, please call the Gilford Parks and Recreation Department at 527-4722.

Shooter's Gold Basketball Camp

The Gilford Parks and Recreation Department is once again inviting the Shooter's Gold Basketball Camp to come to Gilford this summer! The camp will be held in the Gilford Middle School Gym from June 26 – June 30. Session 1 for children entering grades 1-4 will be run from 8 – 10 a.m. Ses-

sion 2 for children entering grades 5-8 will be run from 8 – noon. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at www.gilfordrec.com.

Cost: \$85 for Session I and \$130 for Session II

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

LEGO YOUR MIND Robotics Camps

The Gilford Parks and Recreation Department is sponsoring two one-week LEGO robotics camps the week of

June 26 – June 30. The camps will take place at the Gilford Middle School from 9 a.m. – 3 p.m. The "Build it BIG: Superstructures, Motorized LEGO Cars & Stop Motion Animation" is open to children ages five and a half to nine years of age and the "Build it BIG: EV3 Robotics,

Minecraft & Stop Animation" is open to children ages nine to 14 years of age. Participants can register online at www.letgoyourmind.com.

Cost: \$310

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.



COURTESY

These tables show just a few of the perennials, dish gardens, and house plants offered at the Plant Sale that accompanied the 2016 "Glorious Gardens" Garden Tour, sponsored by the Opechee Garden Club.

Opechee Garden Club presents June plant sale fundraiser

GILFORD — Mark your calendar!

On Saturday, June 10, rain or shine, the Opechee Garden Club will hold its celebrated Plant Sale, from 9 a.m. to 3 p.m. on the breezeway, and in the vestibule, of the Gilford Community Church, 19 Potter Hill Rd. in Gilford. Ample parking and easy plant pick-up are both available at this location.

This sale will offer a variety of member-dug hardy perennials, such as hosta, sedum, iris, daylilies, succulents, and daisies. Herbs, house plants, and dish gardens will also be available for purchase. All plants will be labeled with growing requirements, sun or shade, moist or dry conditions. Several of the Club's Master Gardeners will be present to answer questions, and help you select the appropriate plants for your garden, as you browse the assortment of plant material. Come early for the best selections.

There will also be a

Craft Table with garden and garden-related items such as garden gloves, decorated pots and birdhouses, and garden tools for sale. A Raffle opportunity will offer three specialty items.

Proceeds from this fundraising event will benefit the Lakes Region Scholarship Foundation, the Loon Preservation Committee, the Squam Lake Science Center, and Kirkwood Gardens. Additionally, some funds will be directed to the local civic gardens in Laconia, the Belknap

County Courthouse gardens, the Laconia Post Office gardens, the Laconia Library gardens, the WOW Trailhead gardens in Lakeport, and in Gilford, the historic Rowe House gardens, all of

which are planted and maintained throughout the growing season by the Opechee Garden Club.

If you have questions, please contact us at: opecheegardenclub2012@gmail.com.

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Happy Hobby Doll Club taking part in Alton Town-Wide Yard Sale

ALTON — The Happy Hobby Doll Club will be participating in Alton's Town Wide Yard Sale on Saturday, June 3 from 8 a.m. to 2 p.m.

The club will be set up in the J. Jones Freight Building at Railroad Park with the Alton Historical Society.

The J. Jones Building is located on 13 Depot St., behind the Alton Town Hall. Come and see if

there is a bargain you can purchase.



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Pet of the Week: Jayro



This adorable fellow hails from an animal sanctuary operating in Puerto Rico. Jayro was abandoned at the sanctuary about five years ago. Luckily, he came to New Hampshire Humane Society where, in spite of the fact he is at the very least bi-lingual, he has acclimated well to an English speaking North American lifestyle.

He is, frankly, the sweetest dog calling our shelter home, with a pudgy little body and his one blue eye, gentle demeanor and a tail that circles like a helicopter blade. He's enjoyed overnight stays with staff and volunteers, and taken hikes

to local parks where he has met other dogs with interest and diplomacy.

Very fond of treats, we have put him on a diet for his own health and well-being. He doesn't seem to be concerned about cats, but he might guard his food dish, those old survival habits from the streets are still on his mind. A more loveable, companionable dog you will not find; ideal for an older family with teens.

Please come and visit Jayro. You will be smitten!

Check www.nhhumane.org for more details.



By JOHN HARRIGAN
COLUMNIST

So, why take a train trip nearly 3,000 miles west, and then take another railroad trip right back, 3,000 miles east?

To say hello to your camp partner, of course — never mind that he'll be back east in a few weeks, and we'll be in camp together off and on through fall.

Somehow it all made sense to me, even if it was just an excuse to take a transcontinental train trip. But wait, there's more! I also got to hobnob with two longtime friends from Nashville.

There is a book on one of my library shelves titled "Chasing Danforth." It is about a writer (Robert W. Cook) who tries to follow the trail of a fabled 1800s hunting and fishing guide whose wanderings wound from the wilds of northern New Hampshire to the swamps of Florida. In the interim, a steamboat was named for him, the paddle-wheeler J.S. Danforth.

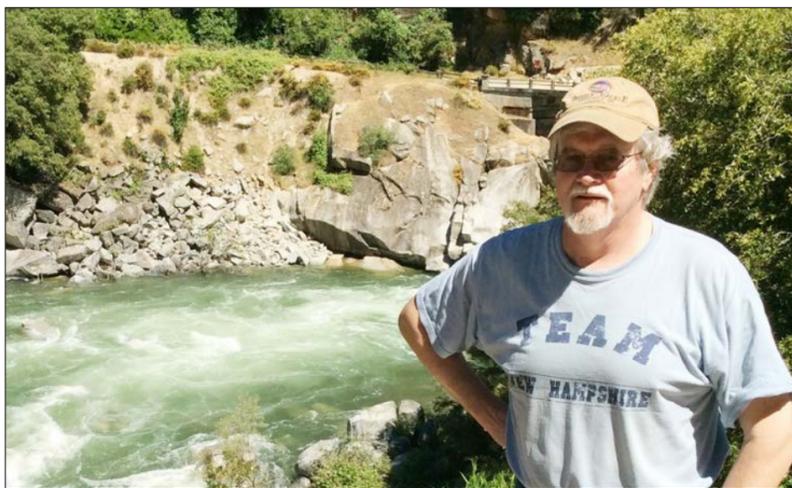
So let's just say that if I wrote a book about this trip it would be titled "Chasing Shyne," which I did until I caught him in Sacramento. But that, as untold scribes have written before me, is another story.

Right up front, even though that's where the engineer sits, I like traveling by train. As I explained to people I met along the way, I'm not a choo-choo wing-nut, I'm just a nut.

But the air travel that once was an adventure has deteriorated into a shuttled, shunted, stunted, graceless, shoeless and seat-cramped slog, at least for this guy whose 70-year-old carcass is sick and tied of the physical and mental abuse. Hence, if I can't

NORTH COUNTRY NOTEBOOK

A transcontinental train trip, or searching for Mr. Shyne



This is the elusive Mr. Shyne, offsetting some Yuba River white water, and a patch of green.



A branch of the Yuba River, in California's high Sierra, looked like a place where a Clarksville Pond guy might find trout.

go by truck or rail, I'm not going at all.

Anyway, I was worried about Mr. Shyne's West-Coast attitude, and missed him, although I'd never tell him that (this is a Guy Thing). So one day late in May I launched myself from Colebrook's South Hill, parked my truck at the Concord bus station, took the bus to South Station in Boston, and boarded an Amtrak train for Chicago.

There I met Nashville friends Lynda and Jim, and soon we were off on the vaunted Southwest Chief, headed for Los Angeles.

Now, before anyone

asks, I always get two questions when talk turns to trains--how long it takes, and how much it costs. If you ask the former, my quick response is that if you look at your watch all the time, are an A to B traveler, tend to fidget, don't like people, are not content, and don't read, don't take the train. Period.

As to the second, figure in a hotel room and meals, and of course toilets and showers, and the freedom to roam hither and yon, because that's what you get on the train. Try that on a plane.

Because there was no other way, I had to bite

the bullet and fly to Sacramento, where I met (Cameras! Action!) Mr. Shyne, which is what I always call him, even in camp (he calls me "JDH"). He looked the same as the last time I saw him, in camp, way back there in Clarksville, New Hampshire, but perhaps a bit grubbier (just kidding).

We had a nice time, kicking around the Sierras, with remaining five-foot snow-banks and all, and then it was time to hop a train headed for home.

This meant two nights and three days on the fabled California Zephyr to Chicago, and then another overnight train, the Lakeshore Limited, to Boston, and then a bus trip to Concord, where my truck awaited. Boy, was I ever glad to see my truck.

Baker Bob was headed south to his job at the Mountain View at about 3 a.m. when he spotted my "SOHILL" plate as I drove north on Route 3, on a dead-reckoning for Colebrook. "Pretty hard to miss that plate," he said later.

It was me, all right, home just in time to hear the last of the peepers, and mow the lawn.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

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FROM OUR READERS

Thank you, VISTA Foods!

To the Editor:

VISTA Foods on Main Street in Laconia has been a partner of GOT LUNCH! Laconia since 2012. VISTA Foods helps GOT LUNCH! Laconia be good stewards of the donations and grants we receive in that over 90 percent of all donations received goes directly to feed the children of Laconia. (GOT LUNCH! Laconia is a community collaborative that works together to deliver healthy groceries directly to children in Laconia who experience food insecurity during the

summer months.)

VISTA Foods assists us in obtaining the lowest prices possible for bread, fruit and baby carrots each week of the summer. They also store the food for us until Sunday when we prepare for deliveries each Monday. VISTA then helps us by creating a Dairy voucher that can be redeemed for up to \$5 for eggs, milks, cheese or yogurt; they train their staff on how to redeem them and only bill GOT LUNCH! Laconia for the amount of the voucher used. Thus if a family only buys milk for \$3.98, VISTA only bills GLL for that amount. It is a beautiful partnership that enables the GLL program to provide dairy products to children who would normally not be able to afford these items.

VISTA Foods is a part of Associated Grocers of New England and this year AG of New England chose to support GOT LUNCH! Laconia in an amazing way, with a donation of \$1,600. Their support will feed over 13 children for the entire summer!

Thank you Vista for all you do to feed the children of Laconia and thank you, Associated Grocers of New England, for your generous donation.

Gratefully,

The Advisory Board of GOT LUNCH! Laconia

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LRPA gives you "Something to Sing About" with this weekend's After Dark feature

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (June 2 & 3) for our "LRPA After Dark" presentation of 1937's musical comedy "Something to Sing About," starring James Cagney, Evelyn Daw, Gene Lockhart and William Frawley.

Terry Rooney (Cagney) is a popular singing and dancing bandleader with his own radio show in New York. Soon, Hollywood comes calling in the form of Galore Pictures and studio head Bennett "B.O." Regan (Lockhart). Rooney decides to take B.O. up on his lucrative movie offer, leaving behind his band and sweetheart Rita Wyatt (Daw). When Rooney arrives in Tinsel Town, he is assigned several studio assistants, including PR man Hank Meyers (Frawley), to make him a star. He resists this treatment, preferring instead to remain the down-to-earth hooper that he's always been. B.O. takes offense at Rooney's "bad attitude" and instructs his staff not to praise Rooney, lest he get a swelled head. While shooting his first film, Rooney gets into a scrap with a stuntman who decides that he doesn't like the bandleader. During a staged fight, the stuntman decides to throw a real punch instead of a fake, and Rooney punches back. The energy and charisma that Rooney shows in the fight comes through in the rushes, convincing B.O. that Rooney will be a star.

Rooney, however, is fed up with Hollywood. He and Rita marry, taking Rooney's real name (Mr. and Mrs. Thaddeus McGillicuddy!) and go on a tramp steamer honeymoon to the South Seas. In their absence, the movie is finished, premieres, and is a big hit, making Rooney an overnight sensation. B.O. wants Rooney to sign a seven-year contract, but the contract includes a "no marriage" clause, because female filmgoers are more attracted to eligible bachelors. Rita agrees to pretend that she's Rooney's secretary so that he can make another picture with a beautiful starlet. To promote the film, publicist Meyers leaks a story that Rooney and his co-star are "more than friends" — and the strain of this, combined with missing her husband, sends Rita home to New York. Will our lovers get back together? And what will become of Rooney's career?

"Something to Sing About" was Cagney's second film at Grand National Pictures, one of the so-called "Poverty Row" studios that specialized in low budget movies. Cagney's first film at Grand National, 1936's "Great Guy," had been a terrific experience for the actor, as it was well received and had given him more control over his choice of roles. But "Something to Sing About" was a musical, and audiences and critics alike were used to the big budget productions of studios like MGM. In comparison, this

film's production values sagged, and so the film was a disappointment at the box office. However, this film remained one of Cagney's favorites. He was particularly proud of the musical number that he danced with his vaudeville friends Johnny Boyle and Harland Dixon. "Something to Sing About" offers a modern audience the chance to see a James Cagney movie that time has nearly forgotten, so what are you waiting for? Grab your popcorn and join LRPA after dark for this

romantic musical from our long-lost past.

You can't find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and

community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 12,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via Live Stream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower

our community members to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

LRAA announces May Artists of the Month & upcoming show

TILTON — At the May 15 meeting of the Lakes Region Art Association (LRAA), a group of 11 artists were selected as the Association's Artists of the Month for May. The artists and the locations at which they will be showing their work for the next month are: Gerard Paquette, showing at the Northway Bank, Belknap Mall, Belmont; Betty Mitchell, showing at the Northway Bank, Meredith; Joanne Reynolds, at the Franklin Savings Bank, Gilford; Shela Cunningham, at VynArt Gallery and Supplies, Meredith; Kim JB Smith, at Laconia Library, Laconia; Marlene Witham, at the Northway Bank in Tilton; Tom Hitchcock, at the Northway Bank in Laconia; Mona Smith, at



COURTESY

LRAA Artists of the Month for May: First row (l to r): Gerard Paquette, Northway Bank, Belknap Mall, Belmont; Betty Mitchell, Northway Bank, Meredith; Joanne Reynolds, Franklin Savings Bank, Gilford; Shela Cunningham, VynArt Gallery and Supplies, Meredith; Kim JB Smith, Laconia Library, Laconia; Marlene Witham, Northway Bank, Tilton; Tom Hitchcock, Northway Bank, Laconia; Mona Smith, Lakes Region Chamber of Commerce; Sally Hibberd, Bank of N. H., Gilford; Gerri Harvey, Meredith Village Savings Bank, Meredith; Phyllis Meinke, Franklin Savings Bank, Franklin.

the Lakes Region Chamber of Commerce in Laconia; Sally Hibberd, at the Bank of New Hampshire in Gilford; Gerri Harvey, at the Meredith Village Savings Bank in Meredith, and Phyllis Meinke, at the Franklin Savings Bank in Franklin.

For those interested viewing additional works by local artists, the Association is also holding its "Around the Lakes" show at the LRAA Art Gallery located at the Tanger Outlets in Tilton from Memorial Day Weekend through

July 17th. The show will feature more than 65 pieces of original artwork from local member artists on special display panels in the center area of the gallery, depicting scenes from around New Hampshire lakes and waterways. In addition to works in the show, the gallery also features numerous original artworks and prints by the galleries regular participating artists in various mediums including oils,

acrylics, watercolor, pastels, inks and mixed media.

The Lakes Art Association also wishes to extend its thanks and appreciation to the many businesses who support LRAA and its mission to further art appreciation and education in the Lakes Region by providing locations through the region for the display of artwork by its members.

Pitman's welcomes the Bruce Marshall Group

LACONIA — Pitman's Freight Room, located at 94 New Salem St., Laconia, is pleased to announce the following events planned this weekend:

Friday, June 2, 8 p.m., \$20: The Bruce Marshall Group

The Bruce Marshall Group treats their fans to a soaring ride as they rip through a catalog of original material that truly sets this band apart. They love to mix it up, whether it's pulling off exciting jams that build with dynamics and layering, or playing the concise arrangements of their songs with discipline and taste. The sound defies categorization, slipping seamlessly around touches of Blues, R&B, Rock and South-



COURTESY PHOTO

Bruce Marshall, Lead Vocals, Electric & Acoustic Guitars; Dave Cournoyer, Guitarist/Vocalist; Pete Premo, Drums; and Steve Roberge, Tenor Sax. Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043 or visit www.pitmansfreightroom.com.

Southern Rock, Blues, Soul and Funk. Bruce is a member of The Toy Caldwell Band (Marshall Tucker) and has performed with Dire Straits, BB King, James Montgomery, Kate Taylor, Susan Tedeschi and more.

Bruce Marsall, Lead Vocals, Electric & Acoustic Guitars; Dave Cournoyer, Guitarist/Vocalist; Pete Premo, Drums; and Steve Roberge, Tenor Sax.

Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043 or visit www.pitmansfreightroom.com.

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Wilbur Lawrence Buchanan, 91

GILMANTON — Wilbur Lawrence Buchanan passed away peacefully at the age of 91 on Friday, May 5, 2017 at the Lakes Region General Hospital in Laconia.

He was born on March 18, 1926 in Boston, Mass., the son of the late William and Hilma (Nelson) Buchanan. Wilbur served as a First Class Signaller in the United States Navy during World War II. He worked for 30 years as a Lieutenant Firefighter for the City of Weymouth, Massachusetts. Wilbur also worked for a number of years in the Maintenance Department for Angelo's Supermarket in Massachusetts. He was a Master in the Masonic Temple in Weymouth, Massachusetts. Wilbur and his wife Phyllis maintained a vacation home in Gilmanton, New Hampshire, and were fond of skiing with their children at the Gunstock Ski Area. They moved from Weymouth to living full-time in Gilmanton after retirement. Wilbur avidly pursued his hobby of operating a ham radio, and often spoke of the conversations he had with ham radio opera-



tors from all parts of the world. He also engaged in collecting and repairing antique radios and jukeboxes. Wilbur was well known for his easy conversation and sense of humor. Wilbur was fond of classic country music, especially Hank Williams.

He is survived by his daughter, Denise Buchanan of Gilmanton; his son, Keith Buchanan of Plympton, Mass. and his wife, Joanne Machernis Buchanan; their children, Ashley Buchanan and her fiancé, Cody Sousa, of North Kingstown, R.I. and Sean Buchanan and his wife, Molly Boudreau Buchanan of Duxbury, Mass., as well as their two children, Grace Katherine Buchanan and Charles Robert Buchanan. Wilbur was proud of his grandchildren and great-grandchildren. He also loved his grand-dog, Blondie, a

Golden Retriever.

In addition to his parents, he was predeceased by his wife of 67 years, Phyllis (Larson) Buchanan, on March 8, 2017.

There will be no calling hours.

A service with military honors will be held on Friday, June 2, 2017 at 1 p.m. in the chapel of the New Hampshire State Veterans Cemetery, 110 Daniel Webster Highway, Boscawen, NH, 03303.

In lieu of flowers or for those who would like to donate, memorial contributions may be made to the Gilmanton Corner Public Library, P.O. Box 504, Gilmanton, NH 03237; to Compassus Health Care (hospice services), 170 South River Road, Building 2, Bedford, New Hampshire 03110 or to Folds of Honor, 5800 N. Patriot Dr, Owasso, OK 74055.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkinson-beane.com.

Fernand "Jerry" Lacroix, 85

LACONIA — Fernand "Jerry" Lacroix, 85, died on Wednesday, May 24, 2017 at the Belknap County Nursing Home.

Jerry was born in Laconia on Nov. 12, 1931, the son of Albert W. and Grace Eva (Morin) Lacroix. He lived most of his life in Gilford, with short stays in Portsmouth, Belmont and Laconia.

Jerry was an accomplished two sport athlete. His play as a guard on the basketball court earned him a spot on the state's All State Tournament Team in 1950. On the baseball diamond, Jerry was a starting catcher and a clean-up hitter. His outstanding defense and .423 batting average led Belmont High School to its first State Championship when he was a senior. In 2014 Belmont High School honored him by inducting him into their Sports Hall of Fame.

After graduating from Belmont High School in 1950, he had a tryout at Fenway Park with the Philadelphia Phillies and received a letter to report to Spring Training the following year. However, by that time he had followed in his family's tradition of serving his country during time of war; he had already enlisted in the Army.

Jerry joined the U.S. Army in 1950 and served until 1953. He served during the Korean War and was a squad leader and platoon sergeant in the 2nd Infantry Division and took part in battles at "Heartbreak Ridge" and "Old Baldy." He received many awards, including the Combat Infantry Badge and the Korean Service Rib-



bon, including three Bronze Battle Stars. After returning home, he joined the New Hampshire National Guard in 1955 and served for ten years, reaching the rank of 1st Lt. He was a member of the American Legion Post #58 in Belmont.

As an adult, Jerry enjoyed bowling, golf, carpentry and farming. He was especially happy taking care of his beef cattle, sheep and pigs on their mini-farm in Gilford that had been in the family since it was built in 1819.

He worked at Scott and Williams in Laconia for 21 years, and retired from Aavid Engineering after 17 years. Jerry was a member of the Gilford Community Church and Gilford Thompson-Ames Historical Society.

Jerry was predeceased by his brothers, Maurice, Robert, and Russell Lacroix; his sisters, Bertha Morin and Cecille Henry; and three nieces, Doreen Wright, Sylvia Swift Susan Fairbank; and nephews Scott Swomstead and Gary Bernier.

His family includes his loving wife of 50 years, Kathryn (Fournier) Lacroix of Gilford; two daughters, Catherine M. Rice and her husband Craig, and Karen D. Christian and her husband Ray Sandman; two grandsons, Jerry C. and Travis C. Christian, all of Mesa, Az.; also a brother-in-

law, Ray Fournier, and his wife Kathleen of Concord, and their son, Michael Fournier, and his wife Rebecca.

Besides loving his two daughters, their husbands, and his grandsons, he dearly loved his nephews, Russell Lacroix and his wife Christine, David Lacroix and wife Michelle; and his nieces, Mary Lacroix and husband Chris Gilb, Anne Riesenburt and husband Tom, Elaine Jones and husband Wayne, Andrea Lacroix, Sue Sargent and her husband Dick, Joe Day and his wife Mary, and their extended family of great and great, great nieces and nephews. He enjoyed hosting annual family cookouts for many years. His family was most important and they were there to support him during his final years.

A Memorial Service will be held at the Gilford Community Church, 19 Potter Hill Rd., Gilford, on Saturday, June 3, 2017 at 11 a.m. Burial will follow in the Raymond C. Wixon Memorial Garden, Gilford. A gathering will follow downstairs in the Church's Fellowship Hall to which friends and family are invited.

Memorial donations may be made to the Central NH VNA & Hospice, 780 North Main St., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette & Cremation Service, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

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Financial Focus

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What Does Conservative Investing Mean to Older Investors?

If you're a certain age, or getting close to it, you might hear something like this: "Now that you're older, you need to invest more conservatively." But what exactly does this mean?

For starters, it's useful to understand that your investment preferences and needs will indeed change over time. When you're first starting out in your career, and even for a long time afterward, you can afford to invest somewhat aggressively, in stocks and stock-based investments; because you have time to overcome the inevitable short-term market drops. At this stage of your life, your primary concern is growth – you want your portfolio to grow enough to provide you with the resources you'll need to meet your long-term goals, such as a comfortable retirement.

But when you finally do retire, and perhaps for a few years before that, your investment focus likely will have shifted from accumulation to preservation. And this certainly makes some sense. Even though you may spend two, or even three, decades in retirement, you actually have many shorter time

frames for withdrawing money – that is, selling investments – from your retirement accounts, such as your 401(k) and IRA. In fact, you may be taking withdrawals every month – and you don't want to be forced to sell investments when their price is down. Consequently, you'll want a portfolio that's less susceptible to market downturns. This means that you may need to reduce the percentage of stocks in your investment mix and increase your holdings in investments that have less growth potential but offer greater stability of principal, such as bonds.

If you follow this formula, you will have become a more conservative investor. But this evolution – from aggressive to conservative – isn't that simple, or at least it shouldn't be. If, as mentioned above, you are retired for two or three decades, you will have to deal with inflation. And even at a relatively mild 3 percent annual inflation rate, your purchasing power will decline by about half in just 25 years. This is a real threat to retirees, who, unlike active employees, can't count on increases in

earned income to overcome increasing costs of living.

Given this reality, you will have to find your sources of rising income in your investment portfolio. One possibility: Dividend-paying stocks, some of which have increased their dividends for many years in a row. Still, like all stocks, these dividend payers can lose value from year to year, and they can also reduce, or even eliminate, dividends at any time. In other words, they aren't risk-free – which brings us back to the question of how "conservative" of an investor you can really afford to be when you're retired.

In the final analysis, there's no simple answer. On one hand, you probably shouldn't be as aggressive an investor as you were when you were much younger and still working. On the other hand, if you were to primarily own certificates of deposit and U.S. Treasury securities, you might face the prospect of outliving your money. Ultimately, you'll need to maintain a balanced portfolio that helps you control risk today while providing you with growth opportunities for tomorrow.



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Tanger Outlets Tilton awards annual Tangerkids grants

Tanger Outlets in Tilton raises \$3,600 in support of local schools

TILTON — Tanger Outlets in Tilton is excited to announce three schools as this year's recipients of a TangerKIDS Grant. In keeping with Tanger Outlets' mission to support the future of our children, the TangerKIDS Grants program is designed to award grant money to local schools in the communities where Tanger Outlet Centers are located. Grants awarded this month will benefit schools for the 2017-2018 school year.

This year's recipients are:

- Gilford Elementary School - \$1,650
- Salisbury & Webster Elementary Schools -

\$1,000
· Winnisquam Regional Middle School - \$958

"A substantial part of our mission at Tanger Outlets is to contribute positively to the communities in which we operate," said Steven B. Tanger, Chief Executive Officer of Tanger Outlets. "A high quality education is instrumental to enhancing our communities and we are proud to once again give back to these remarkable schools as part of our efforts to support students and educators across the country."

For every coupon book sold, Tanger will give one dollar to the TangerKIDS



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In keeping with Tanger Outlets' mission to support the future of our children, the TangerKIDS Grants program is designed to award grant money to local schools in the communities where Tanger Outlet Centers are located. Grants awarded this month will benefit schools for the 2017-2018 school year. This year's recipients are: Gilford Elementary School - \$1,650; Salisbury & Webster Elementary Schools - \$1,000 and Winnisquam Regional Middle School - \$958. Pictured from L to R at today's check presentation were Tanger Outlets Office Administrator, Christopher LaBranche, Tanger Outlets General Manager, Eric Proulx and Salisbury & Webster Elementary Schools Media Specialist, Sarah Mason among students at Webster Elementary School.

Grants program which is designed to assist schools in Tanger Outlets' primary markets by providing grants for special projects, needed programs or equipment. Grants can also support groups within schools of all grade levels from Kindergarten to Grade 12. These grants are offered to multiple schools at each of Tanger's 39 centers in the United States.

Since the company's founding, Tanger Outlets has dedicated efforts to assist students in local communities from pre-school through high school by raising money that is used to purchase books and supplies, computers and new technology, athletic and playground equipment, and to fund reading programs and educational field trips. To date, Tanger Outlets has raised and donated in excess of one million dollars to help children and schools succeed.

About Tanger Factory Outlet Centers, Inc.
Tanger Factory Out-

let Centers, Inc. (NYSE:SKT), is a publicly-traded REIT headquartered in Greensboro, North Carolina that presently operates and owns, or has an ownership interest in, a portfolio of 43 upscale outlet shopping centers and one additional center currently under construction. Tanger's operating properties are located in 22 states coast to coast and in Canada, totaling approximately 14.8 million square feet, leased to over 3,100 stores which are operated by more than 500 different brand name companies. The Company has more than 36 years of experience in the outlet industry. Tanger Outlet Centers continue to attract more than 188 million shoppers annually. For more information on Tanger Outlet Centers, call 1-800-4TANGER or visit the Company's website at www.tangeroutlets.com.

Madison Laflamme of Gilford has been named to the Champlain College Dean's List for the Spring 2017 semester

BURLINGTON, Vt. — Madison Laflamme of Gilford has been named to the Champlain College Dean's List for the Spring 2017 semester.

Students on the Dean's List have achieved a grade point average of 3.5 or higher during the semester. Laflamme is majoring in Graphic Design & Digital Media.

Founded in 1878, Champlain College is a small, not-for-profit, private college in Bur-

lington, Vermont, with additional campuses in Montreal, Quebec and Dublin, Ireland. Champlain offers a traditional undergraduate experience from its beautiful campus overlooking Lake Champlain and more than 60 online undergraduate and graduate degree programs and certificates. Champlain's distinctive career-driven approach to higher education embodies the notion that true learning occurs when infor-

mation and experience come together to create knowledge. Champlain College is included in the Princeton Review's The Best 381 Colleges: 2017 Edition. Champlain College is featured in the "Fiske Guide to Colleges" for 2017 as one of the "best and most interesting schools" in the United States, Canada, and Great Britain. Champlain was named one of the "Most Innovative Schools" in the North by the U.S. News and World Report's

2017 "America's Best Colleges and #91 in the overall list of "Best Regional Universities in the North. For more information, visit www.champlain.edu.

Ellory Shackett of Gilmanton graduates from St. Lawrence University

CANTON, N.Y. — Ellory E. Shackett of Gilmanton was one of more than 600 students who were awarded bachelor degrees from

St. Lawrence University during Commencement ceremonies held on May 21 in Canton, N.Y.

Shackett received the degree of bachelor of arts cum laude and majored in African studies-history. Shackett attended New Hampton School.

Three honorary degree recipients spoke during St. Lawrence University's Commencement, including Republican U.S. Senator from Maine Susan Collins '75, president of The Eisner Foundation Jane (Breckenridge) Eisner '64, and former St. Lawrence University professor and current President of Wagner College Richard Guarasci. Director Emerita of the Adirondack Museum Caroline Mastin Welsh P'07 also spoke and received the University's North

Country citation.

About St. Lawrence University

Founded in 1856, St. Lawrence University is a private, independent liberal arts institution of about 2,500 students located in Canton, New York. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit www.stlawu.edu.

University of New Hampshire announces May 2017 graduates

DURHAM — The following students participated in the University of New Hampshire Commencement Ceremony held Saturday, May 20, 2017, in Durham. Students who received the honor of summa cum laude graduated with a GPA of 3.85-4.0; students who received the honor

of magna cum laude graduated with a GPA of 3.65-3.84; and students who received the honor of cum laude graduated with a GPA of 3.50-3.64. Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. Participating in the com-

mencement ceremony is the act of honoring and celebrating academic achievement.

Mitchell Fillion of Gilmanton graduated with a BSIT degree in Information Technology

Jordan Smith of Laconia graduated Magna Cum Laude with a BSEE degree in Electrical Engineering

Katelyn Bailey of Laconia graduated Magna Cum Laude with a BA degree in English Teaching

Michael Titlebaum of Laconia graduated with a BS degree in BusAdm: Finance

Rebecca Mitchell of Laconia graduated with a BS degree in Biomed: Sci:Med&VetSci

Shirley Maczko of Laconia graduated with a BS degree in Neuroscience & Behavior

Sydney Strout of Laconia graduated Cum

Laude with a BS degree in BusAdm:Marketing

Mariah Goulet of Laconia graduated with a BM degree in BMus:Performance

Alexander Stewart of Laconia graduated with a MAT degree in Secondary Education

Erich Berghahn of Gilford graduated with a BS degree in Marine, Estuarine,&FrshwatrBio

Gunnar Stecher of Gilford graduated with a BS degree in BusAdm:Entrepreneurial Studies

Katherine Rice of Gilford graduated Magna Cum Laude with a BS degree in Nursing

Lynzie Luschenat of Gilford graduated with a BS degree in Hospitality Management

Seth McNutt of Gilford graduated Cum Laude with a BS degree in Biochem,Molec &Cell Bio

American International College announces Spring 2017 Dean's List

SPRINGFIELD, Mass. — American International College in Springfield, MA has named 440 students to the Spring 2017 Dean's List. Dean's List students are full-time students with a grade point average between 3.3 and 4.0. The following local students were named to the Dean's List:

Katheryn Fecteau of Laconia

Ryan Lafrance of Gilford

Founded in 1885,

American International College (AIC) is a private, co-educational master's institution located in Springfield, Massachusetts. AIC is an interfaith, interracial, and international institution comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.

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Fourth Annual Mae West Memorial Pet Run to benefit NH Humane Society

LACONIA — Doug and Misty Asermely of Sick Boy Motorcycles have joined forces with their favorite animal advocacy agency, New Hampshire Humane Society, for the Fourth Annual Mae West Memorial Pet Run, this year held on Monday, June 12 at the Laconia Motorcycle Week event. Registration opens at 8 a.m. at Rally Headquarters on the boardwalk of Lakeside Avenue; kickstands up at 10:30 a.m. for a scenic ride to NH Motor Speedway for a guided tour around the track. Participation is \$25 per rider and \$20 for passengers. Those who donate, regardless if they can join the ride, will receive a custom 2017 Sick Boy Motorcycle Pet Run Ride T-shirt.

2016 saw a record number of bikers join



Doug and Misty Asermely of Sick Boy Motorcycles have joined forces with their favorite animal advocacy agency, New Hampshire Humane Society, for the Fourth Annual Mae West Memorial Pet Run, this year held on Monday, June 12 at the Laconia Motorcycle Week event.

COURTESY

Society.

“Doug is a special chap,” says Marylee Gorham, NHHS Executive Director, and longtime rider herself. “When I met him and toured him through the shelter, every dog stopped barking, sat down and gave him a look of curiosity, as if they all knew, he was a fellow with a very caring soul.”

Join Doug and his lovely wife Misty, and Rally Directors, Charlie St. Clair and Jennifer Anderson, on this fun ride with a reason, homeless pets in the Lakes Region, through the local scenic roads of Meredith, Laconia and Loudon. The ride always benefits this animal shelter, where last year they found forever homes for 1,023 animals.

Over the last three years, more than \$22,000 has been raised from the Mae West Memorial Pet Run Ride, with more funds anticipated in 2017. For their donation, riders received a custom Sick Boy Motorcycle Pet Run t-shirt and will enjoy time spent with other animal advocates and bikers with compassion and heart. The work that Doug puts into this ride is exemplified by the riders, many of whom are his loyal customers, and from the big support the ride gets from sponsors, found at sickboy.com. Doug donates his time, advertising, and the custom-designed shirts to ensure that all the money raised from riders and sponsors goes directly to the animals. 2017 will be the year we break the \$10,000 donation record — and you can help us do so! For more information, check out Sickboy.com or the Official Web site of the Rally www.laconiamcweek.com.

Learn the secrets of making Social Security work for you

Sixty-two, 66, and 70 — these are the three ages most people associate with Social Security, and in nearly every circumstance would not provide you with your maximum lifetime benefit. From your 62nd birthday until your 70th birthday, there are 96 months that you could file for Social Security benefits. When you include options your spouse would have, survivor benefits and advanced filing options — there are more than 20,000 variations that a married couple could file for benefits. Each option would not only give you a different monthly benefit, but would also result in a different lifetime benefit. But if you just go

by the conventional wisdom of filling at age 62, 66 or 70, you will likely be missing out. Join us for a complimentary class that was created to help you understand:

Why maximizing Social Security should be at the core of your retirement plan and strategies to optimize your filing

Why in almost every case an individuals' assets/investments are over exposed to risk

How you can manage the impact of the “Social Security double tax” hit

Please note: Married couples who have not yet filed for benefits but are planning to will gain the most from this program.

Seating is very limited, please RSVP at <http://bit.ly/Gunstock->

June

This event on Wednesday, June 7 at 6 p.m. is free and open to the public, and is presented by Brandon Archibald, founder of the Registered Investment Advisory Firm The Ivy League Advisory Group, based in Tilton NH. He is also the author of two books which center on the subject of you keeping more of your money.

This event will be held at Gunstock Mountain Resort: Pistol Pub, 719 Cherry Valley Rd., Gilford, NH 03249.

If you cannot join us for this event, please don't hesitate to contact us directly at The Ivy League Advisory Group at 866-360-2724 or b.w.archibald@gmail.com.

up to ride from Rally Headquarters down to the shelter and over to the Weirs. This year, the ride takes you a little further afield, a drop in at the shelter to say hello to the animals, grab a complimentary coffee and pastry, and then off to finish at the New Hampshire Motor Speedway for a guided ride around the track. Riders are invited to stop at the Katancha vendor lot for a chance at tons of door prizes, then continue on to the after party at The Broken Spoke for a free lunch and more prizes.

Proceeds of the ride benefit the New Hampshire Humane Society, a privately funded 501(c)3 non-profit whose mission is to provide shelter for the lost, abandoned and unwanted animals; find responsible and caring forever homes for them, and; advocate and be the voice for the voiceless. The Society works

hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community programs and initiatives to help responsible pet owners and their animals. To view adoptable pets, learn about upcoming events, or make a donation please visit www.nhhumane.org.

Doug Asermely got the idea for this ride back in 2013 after learning that Mae West, the beloved cat of Rally Executive Director Charlie St. Clair, had died while Charlie was away in Florida, at Daytona Bike Week. Mae West was special, spunky and full of life, and her memory lives on since bikers really do care about the welfare of homeless animals. Laconia Motorcycle Week is a great time to join others and participate in the Mae West Memorial Pet Run to benefit the NH Humane

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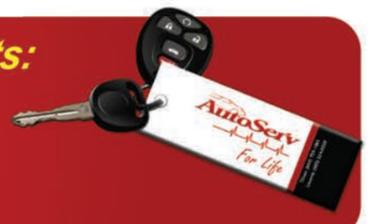
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Laconia Rotary Club celebrates new members at May 25 induction

LACONIA — Laconia Rotary chartered in 1925 and one of the oldest Rotary Clubs in the country, is enjoying a surge in membership. On Thursday, May 25, the Club inducted 8 new members were inducted with 4 more officially joining next week.

“As a result of new membership options for businesses and organizations offering flexibility that helps to mitigate the growing demands on people’s time, our

membership has grown over 30 percent this year - from 42 to 55 members,” commented President Joanne Piper Lang.

“The Laconia Rotary Club has a proud history of serving the community through fundraising, charitable giving and service projects and many of our members are long serving community leaders. We are delighted to welcome new members to help carry forward this legacy,” added Lang.



(Left) On May 25, with much enthusiasm from a full house, Laconia Rotary celebrated the first group of new members inducted into the Club through the Business Connection Program. Pictured left to right (standing): Jennifer Anderson and Tara Shore (Belknap Mill Society); Carmen Lorenz (LACLT); Kevin Conway (sponsor); Rod Dyer and Bret Allard (Wescott Law) and (front): Tricia Patten (LRCS) and Caitlin Meaney (LACLT).

Six businesses and organizations joined the Club through the Business Connection Program initiative launched by the Board of Directors and aimed to re-introduce Rotary to those who value community service. Supporting La-

conia Rotary with new members are: The Belknap Mill Society; Laconia Area Community Land Trust; Lakes Region Childcare Services; Melcher & Prescott Insurance; Meredith Village Savings Bank and Wescott Law.

Fishing: Sport or way of life?

In the Lakes Region, both!

REGION— Hampshire’s

New Lakes Region is known for its fishing, with 273

lakes and ponds in the region, it is an anglers

dream come true. Some of the largest lakes in the region to fish on are Lake Winnepesaukee, Newfound Lake, Squam Lake, Lake Winnisquam and Lake Sunapee.

Are you still learning to fish or want to expand your knowledge of fishing? The Lakes Region has some great fishing and guide services to help you land your dream bass or teach you some of the tricks of the trade. Fish NH Guide Service has more than 25 years of experience fishing and guiding in the Lakes Region. They customize your adventure to focus on your needs. Fish NH Guide Service will provide all the fishing equipment necessary to make your trip a successful one. Loon Pond Outfitters offers guided kayak fishing, fly fishing, bass fishing, ice fishing and fly casting fishing trips in New Hampshire. They are committed to making your fishing and outdoor experience a fun and relaxing time, by providing all the fishing equipment needed, and targeting

fish during different months to optimize your fishing success. Tim Moore Outdoors has years of outdoor and fishing experience to help guide you with ice fishing, boat fishing, kayak fishing and even turkey hunting. They offer the experience, know-how and equipment to provide you with a trip of a lifetime. Tim Moore Outdoors also offers a Kayak University for all skill levels. This opportunity costs \$450 per person and includes all meals, two night lodging, seminars, give-aways and private access to fish big and little Squam Lakes. For more information or to set your reservation, contact Cottage Place on Squam Lake on their Web site, www.cottageplaceonsquam.com, or by phone at 968-7116.

Renting a boat in the Lakes Region of New Hampshire is a great way to experience the beauty and fun of different lakes throughout the area. Anchor Marine Corporation in Laconia offers boat rentals with many sizes and configurations to choose from. They are conveniently located on the Winnepesaukee Pier in Weirs Beach. Asquam Marina at Holderness Harbor is a full-service marina on Squam Lake that also offers boat, canoe and kayak rentals. Fay’s Boat Yard in Gilford prides them-

selves in giving guests personal service with their boat sales, boat rental and storage. Fay’s Boat Yard offers visitors a choice of canoes, kayaks, fishing boats, sport boats, sail boats and pontoon boats. You’ll also want to keep in mind that boat rental options will sell out quickly during the summer season, so you should definitely call ahead to discuss your needs and make reservations.

For your fishing itinerary, a great resource is the Lakes Region Tourism Association. They provide a wealth of information on lakesregion.org and even provide free travel guides.

The Lakes Region Tourism Association is the official tourism board of the region, representing close to 100 communities, 273 lakes and ponds, and more than 400 businesses in central New Hampshire, including area attractions, restaurants, retail establishments and accommodations. For more information or visitors’ guides, visit LakesRegion.org, facebook.com/NHLakesRegion or follow on Twitter. For more information about New Hampshire, go to www.visitnh.gov. The LRTA office is located just off exit 20 on I-93, Route 3 in Tilton, and can be reached by calling (800) 60-LAKES.



COURTESY

Humane Society cuts the ribbon on new 'Catio'

New Hampshire Humane Society Executive Director Marylee Gorham does the honors at the Grand Opening of the Catio at the shelter on Meredith Center Road, flanked by donors Karen Swensrud and Deb Corr, along with NHHS Board President Chris Walkley. Assisting in the ribbon holding are NHHS Development Director, Lissa Mascio, and Paul Fleming, of Paul Fleming & Sons, LLC, the contractor who constructed the Catio. The Grand Opening of the Catio was conducted at the beginning of the New Hampshire Humane Society’s Annual Meeting on May 18, attended by dozens of friends and supporters of the shelter.

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BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM’s may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to Call → Where to Meet → What to Pack

Ready

30th Annual Central NH VNA and Hospice Home and Garden Tour July 12

REGION — Almost 250 years separate the ages of two of this year's homes on the Central NH VNA & Hospice House and Garden Tour, Wednesday, July 12 from 10 a.m. to 4 p.m. In addition to a farm house built during the Revolutionary War period to an exquisite lakeside home just completed, two other homes both built in the

1950's will be featured. One is a charming country cape located a short distance from downtown Wolfeboro and the other is a beautifully renovated, unique home on "the Big Lake." All homes are located in Wolfeboro and Tuftonboro.

Tickets for this popular event are \$40 and may be purchased at Black's Gift and Paper Store lo-

cated at 8 South Main Street in Wolfeboro or by calling Central NHVNA & Hospice in Laconia beginning the week of June 5. Special arrangements may also be made by calling the Wolfeboro Hospice office at 569-2729.

While purchasing your tour ticket, consider purchasing an additional luncheon ticket. This year's luncheon

will be held at O's Bistro at The Inn on Main located at 200 North Main St. in Wolfeboro. Luncheon tickets must be purchased in advance of the tour date.

Starting on Saturday, June 3rd, members of the House Tour Committee will be selling Dine

Around Raffle tickets at Harvest Market in Wolfeboro. Raffle tickets will also be sold on the day of the tour at two of the homes as well as in front of Blacks.

All proceeds from the tour, luncheon and raffle go toward supporting the work of Central New

Hampshire VNA & Hospice. The hospice program offers a wide range of services including health care, health promotion and disease prevention, clinical services as well as other support services to people and their families in the comfort of their home.

Seeking schools to participate in Pumpkin Festival 2017

LACONIA — The Lakes Region Chamber of Commerce has begun planting the seeds for the New Hampshire Pumpkin Festival 2017, to be held Saturday, Oct. 14 in Laconia.

Schools will soon be letting out for summer, and now is the time to let the Lakes Region Chamber of Commerce, the Official Organizer of New Hampshire Pumpkin Festival in Laconia, know if your school would like to carve pumpkins.

"We are excited to partner with Bank of New Hampshire to work with schools throughout the state who want to carve pumpkins to be included in this year's festival," announced Karmen Gifford, President of the Lakes Region Chamber. "We are encouraging schools to go on-line to NHPumpkinFestival.com and register the name of the school, a contact person, the total number of students and to pledge the pumpkins will be part of this year's festival. You can't have a pumpkin festival without pumpkins!"

Bank of New Hampshire along with other festival organizers will work with the schools to assist with fundraising projects, collaborate with local growers getting ready to plant

their fields with pumpkin seeds and to help connect local businesses who wish to sponsor school pumpkins. This year, the Bank of New Hampshire parking lot at 62 Pleasant St. in Laconia will feature displays of jack-o-lanterns carved by school children, a glowing new highlight to this year's event.

If you work at a school or have children attending a school that would like to participate in the pumpkin festival, please have one school representative per school register at NHPumpkinFestival.com no later than May 19. We will contact you before the end of the school year and continue to work with schools in the fall leading up to the festival.

Schools that register by May 19 may also be eligible to receive official pumpkin seed packets for each student (while supplies last). This year's official pumpkin seeds are sponsored by Children's Dentistry of the Lakes Region/White Mountains/North Country and Kennel Orthodontics.

"We are truly grateful for the support of businesses like Children's Dentistry, Kennel Orthodontics and Bank of New Hampshire. We could not take on an undertak-

ing of this magnitude without a tremendous team of sponsors and volunteers!" exclaimed Gifford.

The Lakes Region Chamber of Commerce is a non-profit, 501c-6 organization made up of approximately 500 member businesses making a financial commitment to the Lakes Region business community. The Chamber's vision is to create new opportunities and drive economic growth through collaboration with other organizations and thereby building a stronger community. For more information about the Lakes Region Chamber, go to LakesRegionChamber.org. To learn more about plans for the pumpkin festival, visit NHPumpkinFestival.com.



COURTESY

Laconia Rotary Club welcomes new members

Ann Nichols, Director of Development for Genesis Behavioral Health recently joined the Laconia Rotary Club. Pictured (left) with Past President Pat Anderson, Ann is one of many new members recently joining the Club. "Laconia Rotary is enjoying a surge in membership as a result of offering flexible membership options for businesses and organizations to help offset the competing demands on people's time. As one of the original Rotary Clubs founded in 1925, the Laconia Club provides wonderful opportunities to serve the local community, to network with other professionals and to really get to know Laconia and the area," commented President Joanne Piper Lang. Laconia Rotary, founded in 1925, is a committed, friendly and diverse group of professionals who value service to the community, region and world. We support local projects that are of benefit to our community and its youth, seniors, and people in need. Laconia Rotary is part of an international network that values service above self. The club meets at noon on Thursdays at the Belknap Mill. For more information about Rotary and to learn how you can get involved, call Joanne Piper Lang at 581-1588 or email laconiarotary@gmail.com, visit the website at www.laconiarotary.org and find us on Facebook!

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 AnyoneAnyTime is an initiative of the New Hampshire Department of Health and Human Services.

Happy Hobby Doll Club members enjoy making bonnets

ALTON — The members of the Happy Hobby Doll Club recently completed a workshop in making 1850 bonnets. The workshop, taught by Michelle Hamilton, author of a Victorian doll dress-making book, began with the construction of the foundation of the bonnets with wire and buckram just as they were made in the mid-1800s. Each club member chose silk fabric for the outer layer and

Michelle provided the basic kits of buckram, wire, fine cotton, and jersey. All steps in the construction of these bonnets were done by hand.

As the bonnets took shape and the linings were sewn into the hats, it came time to choose the ribbons, laces, feathers, flowers and other trims to embellish the creations. At this point it was exciting to see how going step

by step in the process created a treasure for a 1840s-1860s doll which could become a future heirloom.

The Happy Hobby Doll Club meets in the Alton Bay Community Center the fourth Saturday of each month except July. Enrollment in the club begins now and anyone interested in joining or just more information about the club activities, may call 569-3745.



A sample of mid-1800s style doll bonnets made by Happy Hobby Doll Club members.

COURTESY

Keene State announces the 2017 Spring Dean's List

KEENE — A total of 1,245 students have been named to the

spring 2017 dean's list at Keene State College, including Heather

Hunt of Gilmanton and Jordan Lovely of Laco-

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NHTI announces Spring 2017 Dean's List

CONCORD — The following students from your area have been named to the Dean's List at NHTI, Concord's Community College, in recognition of their academic achievement during the Spring 2017 term. In order to qualify for Dean's List a student must be considered full time (registered for 12 credits or more) and have a term GPA of 3.3 or higher.

Theberge

Gilmanton Iron Works
Desmond Kirwan

NHTI is a dynamic public institution of higher learning providing accessible, rigorous education, serving students, businesses and the community by creating pathways for lifelong learning, career advancement and civic engagement. With 95 full-time faculty and over 300 adjunct faculty,

NHTI Concord's Community College offers more than 80 academic programs to more than 7,000 students annually. NHTI is a member of the Community College System of New Hampshire, and has been accredited by the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc., a nongovernmental, nationally recognized accrediting agency, since 1969.

FLORIDA

(Continued from Page A1)

rience for everyone, especially for the seniors," Anderson said. "It was the last time we're going to be together. It was good to get judged by different people."

Both Gardener and Anderson said they especially liked spending time in the park.

"We have a great group of people, we had 17 rides in one day, it was crazy," Gardener said.

Anderson said it was great being able to spend time with people outside of the school environment.

"It was really nice to just mingle with everyone," Oswald said. "It wasn't really a small group of people, but it felt small."

Students also enjoyed spending time with peo-

ple they might not have spent much time with before. Oswald said the band and chorus all mingled together.

"It was cool to hang out with not necessarily the same people as usual," Gardener said.

Gardener said she was rooming with three freshmen. She said she and her roommates had really never talked much, but that experience had them talking with each other.

"Everyone enjoyed the experience of being all together," Oswald said. "It was like a good experience; everyone bonded and there was no drama or anything."

This was a big trip especially for the seniors.

"It was probably the best way to sign off with

band," Gardener said.

Anderson said this was a bittersweet experience. Gardener said this was an exciting experience; it felt nostalgic and she wasn't sad.

"It was kind of a relief, a big way to go out on a really nice trip and realizing there's only a few weeks left," Oswald said. "It's that relief that high school's almost over"

Anderson said it was nice sharing their experiences in the Performing Arts Department with the freshmen.

"It's nice to see what they'll do through the department," Anderson said.

Oswald said the three-day trip felt a lot longer because of how early they got up and how late they stayed.

STEAM

(Continued from Page A1)

arts.

"We're here tonight to showcase the work of educators and students in STEAM," said Curriculum and Assessment Director Steve Tucker.

Tucker said STEAM education is based in hands-on learning and inquiry. Students will ask a question and their findings in STEAM are guided by that question.

Tucker also talked about how STEAM education can translate into successful careers.

The event also celebrated the work done with micro grants provided by the Gilford Educational Endowment Foundation. Every year teachers apply for GEEF funding for an assortment of projects.

"As a former teacher and principal in this district, I get really excited when I see students and teachers coming together for these fun projects," said GEEF representative Sandy McGonagle.

The STEAM Expo featured eight different projects that received funding through GEEF.

One of the projects that received GEEF funding was an experiment on sound waves and how they can help students study. Fifth grade teacher Chris Parker put in place a program for students to listen to soothing music in study hall to allow them to self-regulate. The project received \$220 to buy personal CD players. Students would listen to classical or jazz music to see how well it relaxed them and made them more open to learning. They did a chart to record their experiences.

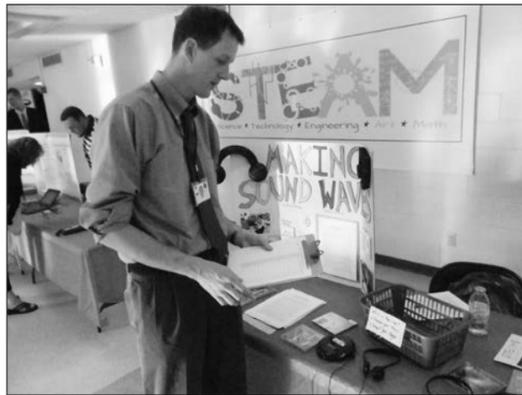
"For most of them, it worked really well," Parker said. "Eighty-three percent said it benefited them a lot to use it."

Parker said he hopes to do this project again next year.

Middle school art teacher Aaron Withum applied for GEEF funding for photography equipment, including a camera, lights, tripod arm extender, and other equipment. The camera and equipment creates good quality photos of students' artwork. He also received video equipment that has been used to record numerous school events and performances.

"That's something we've been wanting to do year after year; build a record of the arts," Withum said.

Withum displayed the equipment at the STEAM



Teacher Chris Parker shows a chart from a sound wave project undertaken in his fifth grade class.



Second grade teacher Rebecca Yerkes, far left, shows her class' hand pollinators to visitors at the STEAM Expo.

Expo. "It's great being able to showcase what the students and teachers are doing," Withum said.

Other projects that received GEEF awards included iPads for digital art, equipment including blood pressure cuffs for a psychological experiment, robotics equipment, data collection technology for science and biology, funding toward the first Lego League, and the Maker-space program for fourth graders.

A number of other projects were put on display throughout the high school.

In the hallway second grade teacher Rebecca Yerkes demonstrated the class' pollination project. She said students in the class were given the assignment to pretend they work for Ben & Jerry's and help farmers in Uganda hand pollinate orchids. The students designed their own pollinators based on research and experimenting on what was the most efficient design.

Yerkes said connecting this with a real life need enhanced the experience for students as well as the need to help

others. "They're not just building something, they're building something to help farmers work more efficiently in the real world," Yerkes said.

Students in the Aviation and Space Technology Class displayed projects they have worked on in class, including a rocket that goes 1,700 feet in the air that can hold an egg.

Tech Engineer teacher Dan Caron said the class follows the curriculum set up by the Civil Air Patrol. Students start the unit looking at aviation technology, then they study space flight.

Caron said the STEAM Expo is a great opportunity for parents to see what goes on in the school they might not know about otherwise.

"This is a great opportunity to get parents out and see what's going on," Caron said. "The technology is constantly changing. If you figure out a way you can use it that's great."

Caron said he sees technology as a tool and he tries to give students real life applications to work with.

HUMANE SOCIETY

(Continued from Page A1)

tion. One initiative is to allow cats with Feline Immunodeficiency Virus (FIV) to be adopted. Currently cats with FIV cannot be adopted with concerns they will transmit the virus to other animals, though Gorham said there is a low chance of this. Representatives from the NH Humane Society will be talking to the Senate Finance Committee and are seeking people to email Gorham at marylee@nhhumane.org if they want to give input.

Another initiative is to change the rabies quarantine law. Currently animals with a "bite of unknown origin" have to be quarantined for six months, though Gorham said studies have shown rabies takes 90 days to show up in an animal. Massachusetts passed a law for a four month quarantine: a 90 day wait to see if the virus takes hold and an additional 30 for public health.

"We've had many cats who had to sit in rooms quarantined for

quite a while," Gorham said.

She said the four-month quarantine bill has already made its way to Gov. Sununu's desk awaiting signature.

Next year they are also hoping to introduce legislation to ban the practice of declawing cats in New Hampshire.

A week after the annual meeting the Humane Society hosted a meeting by the newly formed New Hampshire Community Cat Coalition working to improve the lives of cats living in the streets in the local area. There are many colonies of feral cats in Grafton and Belknap Counties, especially in Laconia. The initiative will include a program to trap cats, spay or neuter them, and then release them back where they came from. The coalition will also make sure these colonies have plenty of food so they do not starve or start killing birds.

Gorham said they would be "fooling ourselves" to think there were a large number of

homes that would take these feral cats in.

"Lets let them live lives on their terms in spayed and neutered colonies," Gorham said.

NH Humane Society will hold Bow Wow Fest, an event for dogs and dog lovers at the Opechee Inn and Spa. The event was originally organized by a subcommittee of the WOW Trail, but is now under the auspices of the Humane Society. The event will feature special guests CO Bob Mancini and his K9 partner Ruger of New Hampshire Fish and Game, both of whom are featured on Animal Planet's show "North Woods Law: New Hampshire."

Bow Wow Fest will take place Saturday, June 3 from 9 a.m.-12 p.m.

The Humane Society will host an Adoptathon at Irwin Marine on June 10. June 12 will be the fourth annual Mae-West Memorial Ride co hosted by Sick Boy Cycles. The ride leaves Motorcycle Week Rally Headquarters on the Weirs and rides to New Hampshire Motor Speedway.

NOTES

(Continued from Page A2)

Lego Club, 3:30-4:30 p.m.

Tuesday, June 6
Fiber Friends, 10 a.m.-12:30 p.m.

Toddler Storytime, 10:30 a.m.

Bridge, 10:30 a.m.-12:30 p.m.

Preschool Storytime, 10:45-11:45 a.m.

Elementary School Seed Bomb, 3:30-4:30 p.m.

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Wednesday, June 7
Line Dancing, 9-10:30 a.m.

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POETRY

(Continued from Page A1)



ERIN PLUMMER

Sean Desautelle, Gilford High School's overall winner of the PTA Poetry Contest, reads his poem at the awards ceremony.

the reading by his dad Ed Hanson, sister Rachael McCarthy, and nana Marti McCarthy. Marti McCarthy said writing is in his blood; his dad is also a poet.

"I encourage him in anything," said Justin's dad Ed Hanson. "Win or lose, he's still Justin."

The middle school winner was Lily Burleigh for her poem



ERIN PLUMMER

Justin Hanson, the winner from Gilford Elementary School, reads his poem at the awards night for the Gilford PTA's Poetry Contest.

comments read. "Lily asks us all to appreciate the moments, accepting no substitutions with technology; we should, with all our human power, live each and every moment in our lives."

Sean Desautelle was the high school winner with his poem "Adieu." The judges commented on the poem's theme of

relationships that fades with the passage of the seasons and time.

"Sean Desautelle obviously loves language," the judges' comments read. "His poem 'Adieu' is, though bittersweet, lush with precisely chosen words. We are introduced to a summer romance, to the glories and sunburns of the days and nights that come with years of summers, and then we feel — deeply feel — the loss that comes as the seasons change."

Hanson and Desautelle read their poems during the awards, but Burleigh was unable to attend. Each of the major winners were presented a new tablet.

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SPORTS



BOB MARTIN

Grant Workman has led the undefeated Gilford High School tennis team this season.



BOB MARTIN

Kyle Davies had the win the clinched the match against Kearsarge for Gilford.

Defending champions continue impressive run with two playoff wins

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — The Gilford High School boys' tennis team has been led all season by Grant Workman, and while he once again dominated and had an 8-0 win, it was the number five and six singles players who secured the victory over Kearsarge to send the team to the state championship.

The defending Division 3 champion Golden Eagles have been the team to beat for many

years now, as they have currently won 83 games in a row and have been constant division champions. On May 26 Gilford, the number one seed, knocked off number four Kearsarge with an 8-1 win.

Seniors Kyle Davies and Alden Blais were both down in their matches, which had Gilford looking suddenly vulnerable with Kearsarge playing strong. Both players battled back hard, with Davies coming back with a 9-7

win to clinch the match. Blais, the team's number six, was playing on the court alongside Davies and came away with an 8-6 win.

These wins were vital for Gilford that day because they would have headed into doubles tied 3-3 if they had been losses.

Davies' match started off on a sour note, as he cut his finger while opening a can of balls before the match started. He powered through and came away with a win in

a well contested match against Kearsarge's Jake Long to come away with the win. He was stormed by his teammates who were watching through a window at Gilford Hills Tennis Club, and was informed by coach Terry Wilson that he had clinched the win for Gilford.

"I was almost going to give up when it was 3-6, and my finger was really irritated," said Davies. "But I just kept going for it and the last two games I listened to Wilson's

advice and hit the backhand because that was his weakness."

Davies said this was one of the hardest matchups of the season. While he didn't want to say too much because he didn't want to jinx anything, Davies has confidence in his teammates and feels good going into the state championship match.

Wilson congratulated Davies for his playing and said it took several band-aids and overgrips on his racket to get through. He also com-

mended Blais, who was 0-2 and battled back to come away with the win.

"Those are very key matches," said Wilson. "Without those it is 3-3 and doubles sometimes can go either way. So yeah, I am very proud of them. I'm proud of all the guys obviously. When they are down and come back and clinch the match it is very important."

Wilson said Kearsarge was a very good team, and he was proud of

SEE TENNIS PAGE B8



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Gilford girls' 4X100 relay team sets school record, wins D3 title

BY BOB MARTIN

Bob@salmonpress.news

TILTON — The Gilford girls' 4X100-meter relay team broke its own school record at the Division 3 Championship meet at Winnisquam Regional High School on Saturday, which highlighted a great overall event for the Golden Eagles.

The 4X100-meter team consisting of Natalie and Brianna Fraser, Laurel Gingirch and Lauren Dean had a time of 51.78 seconds to take first place and the school record. They beat out Bow with a time of 52.18 seconds.

The 4X400-meter relay team consisting of Aria Stephan, Natalie Fraser, Kaitlyn Callahan and Dean also had first place with a time of 4:16.99 over Monadnock's time of 4:21.49.

Senior Marina Baer has had a fantastic track and field career, and on Saturday she took win in javelin with a toss of 121 feet. The closest behind Baer was Conant's Taylor Banish with a throw of 97 feet, three inches.

"Practice really makes consistency more than anything else," said Baer. "It's hard work."

Baer said she started throwing the javelin her freshman year and her best at that point was only about 87 feet. She has worked hard to get to where she is today.

Baer was humble about the toss, saying it was actually a bit of a rough day for her. Baer is coming off the

Wilderness League Meet where she set a school record with a toss of 133 feet.

"My arm has been hurting a little bit so today wasn't as great as I thought it could have been," said Baer.

Dean and Natalie Fraser came in first and second in the 400-meter dash with times of 61.59 and 61.67 seconds respectively. Those were personal records.

Dean, a junior, is in his first year of track and has had an outstanding season. She capped off the season with personal records in all three of her events.

"It's definitely a lot different because I've only done team sports before," said Dean. "This takes a lot of your own motivation, but I think it also helps to have teammates like ours that are motivated like this too."

Overall the girls' team came in fourth place with 48 points. Monadnock won the meet with a score of 85 points.

For the boys' team, Mack White had a personal record of 131 feet, five inches in the javelin, which was good for 10th place. White is a junior and said he wants to come back next season and come away with a win.

"I want to beat Joey from Berlin," White said, referring to Joey Fodor who won the event with a toss of 166 feet, two inches. "I want to hit that 170 mark. I want to go to the gym until I can't



BOB MARTIN

Marina Baer was first in the javelin in the Division 3 state meet on Saturday.



BOB MARTIN

Lauren Dean was part of the 4X100 relay team that set a school record while winning at the Division 3 state meet.



BOB MARTIN

(Left) Korey Weston leaps in the long jump during the Division 3 state meet.

fit through doors anymore. You've got to keep working and practicing your form. Muscle can only take you so far. You've got to combine both."

Other strong performers for the boys include an eighth place finish in 300-meter hurdles by Connor Leggett with a time of 44.25 seconds for a personal record and a jump of 18 feet and half an inch in the long jump for Korey Weston for ninth place. Mark Young placed 11th in the 800 meters with a time of 2:08.55, which was a personal record. Michael Wernig placed 11th in the discus with 110 feet, four inches.

Coach Joe Wernig called it an "incredible day" for the Gilford track athletes, saying they have not had four individual winners in the meet since the mid-1990s.

"It was incredible considering we backed kids out of the events," said Wernig. "If we had kept kids in their seeded events we would have scored even more."

Natalie Fraser, Dean and Baer were also selected to this year's Division 3 All State team.

All top three finishers earn automatic bids to the Meet of Champions, which takes place on Saturday, June 3, at Merrimack High School.

Eagles fall in final regular season game

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — The Golden Eagles baseball squad lost 6-4 in its final game against Prospect Mountain thanks to a walk-off homer by Hunter Sanborn in the eighth inning.

Coach Vint Choin-

iere explained that only one inning was played on May 22 and the game was suspended due to rain. It was completed on May 23.

Tyler Sargent was on the mound and pitched 7 and 1/3 inning allowing eight hits, five earned runs, two walks

and he struck out 10 batters.

Offensive highlights included an RBI single by Alex Muthersbaugh and an RBI double by Sargent in the third inning. In the sixth inning Bryan Chilvers had a key single to produce a run, as well.

The game went to extra innings and Gilford benefited from an error to score the run, but Prospect Mountain came away with the win due to the three-run shot.

Gilford finished the regular season with an 8-8 record.

Butterfield just misses out on second no-hitter

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — Colby Butterfield has had a fantastic freshman season for the Gilford softball team and on May 23 she was just three outs away from pitching her second no hitter in a 9-0 win.

Butterfield gave up only one hit, which was a single to left in the bottom of the seventh inning. She had 12 strikeouts and walked four batters. It was a career high for strikeouts for Butterfield.

The Golden Eagles scored once in the second inning, when Karly Sanborn drove in Samantha Knowles with a sacrifice fly. Gilford went on to score three more runs in the third inning thanks to five straight hits highlighted by a double by Brooke Beaudet and a two-run single by Lexi Boisvert.

Gilford scored one run in the fourth inning, a run in the fifth, two runs in the sixth and another run in the seventh inning.

There was sound defensive work by catcher Stevie Orton who made a nice catch in foul territory and a good recovery at second base by Taryn Breton to secure the shutout on a force out to first.

Gilford used all 15 of their players en route to the third shutout of the season over rival Laconia. Leading the offense with three hits apiece was Beaudet, who had a double, an RBI, two runs and a stolen base, and Taryn Breton with an RBI, two runs and two steals.

Jillian Lachapelle and Orton had a couple of hits and a couple of RBIs each. Boisvert also helped with the scoring with two RBIs and a run scored, as well as Tricia Jarry who had an RBI. Randi Byars had two runs after walking twice. Other RBIs came from Butterfield and Sanborn.

The next day Gilford traveled to Prospect Mountain where they lost 6-0. Gilford ended the regular season with a 9-7 record.

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GHS lacrosse girls honor former goalie before win over Belmont

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — Overcoming adversity is one of the keys to being a strong point, but nobody could have expected what the Gilford girls' lacrosse team has had to endure by losing its 16-year-old goalie to a car accident prior to the season.

On May 23 the team, as well as the Belmont Red Raiders, honored Ava Doris by linking hands along with Doris' family members. Coach Mike Normandin made a heartfelt speech, ending simply with "I really miss you."

Normandin admitted it was a tough speech to make, but he was happy they were able to give their respects to a teammate and friend.

He was also happy the team was able to get a 20-4 win in their last home game of the season, in a game where he was able to get everyone playing time. This included the junior varsity squad.

"I have 32 girls on the team and every single one of them got time today," said Normandin. "That was a feel good game. With honoring Ava, having the senior night, feeling the unity—it's a good feeling to have at the end of the season going into some of our toughest games."

The Golden Eagles jumped out to an early lead with a couple of quick goals in the opening minutes and never looked back. They scored 17 goals in the first half alone on the strength of five goals piece by Julia Normandin and Shelby Cole. They both scored another goal in the second half, as well.



BOB MARTIN

Kiara Smith cradles the ball as she heads toward the goal in a 20-4 win for Gilford over Bishop Brady.



BOB MARTIN

Coach Mike Normandin, along with the Gilford and Belmont girls' lacrosse teams, joined hands and had a moment of silence in honor of the team's former goalie Ava Doris. Doris died in a car accident before the season started.

Kaylee Smith and Laurel Normandin chipped in with a pair of goals and there were seven others who had goals in the big win.

Coach Normandin expects the Golden Eagles to squeak into the playoffs and take on one of the top tier teams. As of press time the brackets had not been released. This will be the second

time that the lacrosse program has reached the playoffs, with the first coming in Normandin's first year as a coach three years ago.

Normandin said there are positives across the board with the team, with some of the younger players stepping up and making a name for themselves.

The team will lose 10

seniors to graduation after the season, and he said the rest consists of three juniors, a couple of sophomore and a large group of freshmen.

"There are going to be 10 holes next year so it is good to have the girls get a feel for the time on the field when they can," said Normandin.

Normandin said the Lakes Region Lacrosse

program has been instrumental in some of the success, and said it helps them bring in fresh

crops of freshmen. He is currently also the U-10 coach for Lakes Region lacrosse and has 18 girls, and while they aren't all from Gilford he said it shows the interest in the sport is there. This year there were 16 freshmen that were interested.

Belmont coach Marie Lander touched upon how not having a feeder program like that can make it difficult for an experienced team like hers. The Red Raiders went 0-14 this season and she said there is a lot her team needs to work on, but it all comes with practice and experience.

"There is definitely some promise with the girls who just started, but it's just a matter of building the program," said Lander. "It's a matter of putting in the hours and being ready for next season so we can implement more plays to win."

Normandin said the team has made good progress this season by improving their skills. He said defensively they could use a bit more speed and there are other things to develop, but he is happy with the effort.

"It's been an emotional year," said Normandin. "We've had some ups and downs this year-high at times and low at times. Last week we lost three games in a row but the kids rebounded well. We practiced well yesterday and played strong today."

Kids' fishing derby is Sunday at Gunstock

GILFORD — The Belknap County Sportsmen's Association is holding its annual spring fishing derby Sunday, June 4, at the Pond at Gunstock Mountain Resort from 9 a.m. till noon.

No need to pre-register, the derby is free for all children under 16 years of age. Food and beverages as well as bait are provided free of charge by the

Sportsmen's Club, Bank of New Hampshire and Martel's Bait and Sport Laconia. The Marine Patrol will be in attendance with a patrol boat and will answer any and all questions regarding boating. Special trophies will be awarded for first second and third place finishers, all participants will receive a gift compliments of the club.

Muskrats meet and greet Sunday at Patrick's

GILFORD — The Winnepesaukee Muskrats of the New England Collegiate Baseball League (NECBL), a summer wood bat league consisting of 13 member teams across the six New England states, and featuring some of the top college talent in the country, announced the social event of the summer. On Sunday, June 4, from 6 to 9 p.m., the Muskrats players, coaches and staff will be hosting a meet and greet at Patrick's Pub and Eatery.

"We started a new tradition last year, and the Beetle family and their terrific staff at Patrick's have again extended the invitation to host a meet and greet with the players and coaches for the 2017 Muskrats season," stated Muskrats General Manager Kristian Svindland. "Admission will be free to our host families, volunteers and season ticket holders, and only \$15 for adults and \$10 for kids. Admission is payable at the door or online at www.muskratsbaseball.com.

"We will have a great spread from Patrick's and unlimited access to the players to discuss the upcoming season, pose for pictures and get au-

tographs. In addition, we will have door prizes and season passes and Muskrats apparel available."

The meet and greet at kicks off a busy week for the team as they travel to Mystic, Conn. on Tuesday for their first game of the season. Then on Friday, June 9, the Muskrats will play their first home game at Robbie Mills Field. The Muskrats are excited to announce that Belknap Landscape will be the official sponsor of Opening Night this year and admission to the 6:05 p.m. game will be free to all.

The Muskrats will conduct summer baseball camps again this year, sponsored by Graham & Graham, P.C. Children between the ages of six and 13 can participate in the July camps held at Robbie Mills and instructed by the Muskrat players. Registration fees include coaching fees, camper t-shirt and game passes.

The Winnepesaukee Muskrats organization is a summer collegiate baseball team that brings the best college baseball players from across the country to play at Rob-

bie Mills Field in Laconia. The Muskrats are a member of the 13-team New England Collegiate Baseball League. The Muskrats joined the NECBL in October 2009 and are a non-profit 501(c)(3) corporation that depends on community support and volunteers for its existence and continued operation.

For more information or to join the Muskrats team as a volunteer, host family or sponsor, contact Svindland at atmkristian@muskratsbaseball.com or 303-7806.

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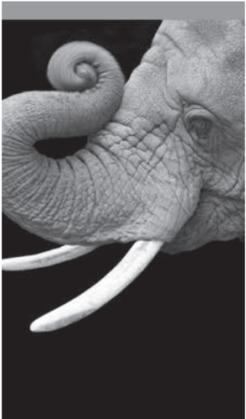
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TENNIS

(Continued from Page B1)

his players for battling them hard and coming away with a strong win. He said it was great to watch the close matches throughout the day.

Other wins included Connor Craigie with an 8-2 victory over Matt Hubley and an 8-3 win for Tyler Hanf over Charlie O'Connor for singles. Gilford came away with a tight 9-9 (7-3) win in doubles thanks to the tandem

of Brandon Workman and Craigie over Tyler and Tucker Valovic. Christian Workman and Hanf won 8-3, and Blais and Danny Searle won 8-1 in doubles, as well.

Earlier in the week Gilford beat the number eight team Sanborn 9-0. The Golden Eagles faced number three Bow in the final round on Tuesday but the results were not available by press time.



Alden Blais battled for an 8-6 win in his match against Kearsarge.

BOB MARTIN

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