

THURSDAY, JANUARY 2, 2020

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM



Helping out

COURTEST PHOTO

Alton Central School VOICE students ran a successful toy drive this season. The group donated more than 100 toys to the folks at "Chaos and Kindness" to be distributed to children all over the state of New Hampshire.

GWRSD budget to be finalized next month

BY ELISSA PAQUETTE Contributing Writer

WOLFEBORO — The Governor Wentworth Regional School District (GWRSD) budget for Fiscal Year 2021, projected at nearly \$52 million, is scheduled to be finalized during the Monday, Jan. 13, school board meeting, scheduled to take place in the Kingswood Regional High School Lecture Hall at 7 p.m.

Chairman of the Board Jack Widmer stated during his presentation of the preliminary draft of the budget during the Dec. 9 meeting, that the budget decreased overall by nearly \$503,000 (just over nine 10ths of a percent) due mostly to retirement of a number of senior employees.

The Employee Expense line decreased by 1.59 percent. There was also a decrease of just over nine 10ths of a percent in the General Fund Budget total, but there were increases of 1.84 percent in the Other Expenses category and just over a 10th of a percent in Debt Service Status. The annual Building and Maintenance Warrant article remains steady at \$200,000, and the Turf Field Reserve of \$60,000 is the same as last year as well.

Looking at dollar figures, Widmer noted that the Employee Expense total is the largest portion of the budget by far (\$40,220,754), followed by the General Fund, which supports infrastructure throughout the district (\$7,834,411), Debt Service (\$3,600,613) and Warrant Articles (\$260,000).

The preliminary budget is available in its entirety on the GWRSD web site. Members of the Finance Committee are Widmer, of Tuftonboro, who serves as chairman, James Manning of Brookfield, Dana Streeter of Ossipee and Stacy Trites of Wolfeboro.

Blood drive in Alton Jan. 9

REGION — During this season of giving, the American Red Cross urges eligible donors to give the gift of life to help ensure patients don't have to worry about the availability of blood this winter. Blood and platelet donations of all types are needed, especially type O.

How to donate blood

Simply download the American Red Cross Blood Donor app, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the blood donor skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

There will be a blood drive on Thursday, Jan. 9, from 1 to 6 p.m. at St. Katharine Drexel Church, 40 Hidden Springs Road in Alton.



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MATTHEW FASSETT – COURTESY PHOTO

Future business leaders

Standing at left is President of the Alton, Barnstead, New Durham Centennial Rotary, Duane Hammond, who thanked Jennifer Cove (second from left), advisor for the Prospect Mountain High School Future Business Leaders of America (FBLA), for her introduction of the three FBLA students who addressed members of the Rotary at its weekly Thursday morning breakfast meeting. Students included (I to r), Secretary Natalie Cates, Vice President Alexa Carpenter and President Jordan Ingoldsby. The FBLA includes a number of students who learn by doing on how to become successful business people. They're engaged in financing, marketing, advertising, accounting, fundraising, selling, etc. programs. Last year PMHS/FBLA students traveled to San Antonio, Texas to compete nationally with other FBLA students from across America. In addition, FBLA students worked with the Alton Rotarians as a fundraiser for FBLA, to make the 11th annual 2019 Home, Garden and Recreation show the most successful ever by providing a large number of food truck vendors at the show, and will do so again in 2020. They're also engaged in other fundraising endeavors such as selling mattresses, as they did in 2019, earning them thousands of dollars. Standing to the far right is Rotary Program Director, retired successful businessman Rhys Stucker, who introduced Cove. The Alton Rotary is a financial supporter of the PMHS/FBLA.

Messner takes his Senate bid to North Country

BY ANGEL LARCOM

angel@salmonpress.news

— A LITTLETON small crowd gathered at the Schilling Brewery Tasting Room on Dec. 16 to meet Bryant "Corky" Messner, a Republican candidate currently running for office in hopes of unseating U.S. Sen. Jeanne Shaheen.

In his September candidacy announcement, Messner said he would be a staunch defender of President Trump. That narrative was echoed again during his town hall gathering in Littleton last Monday.

Messner said he comes from a blue-collar background in Altoona, Pa., attended West Point Academy and served as an Army Ranger in Western Europe before becoming a lawyer. The Wolfeboro resident now

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2020

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owns a Denver-based corporate law firm.

"I am fortunate that in America, this blue-collar kid has been able to live the American Dream and pursue the opportunities that this country presents," he said.

Messner has never run for office before, and this is his first bid.

"I decided to run to make sure everyone in New Hampshire, in this country and all of our kids, has the opportunity to pursue the American Dream of individual liberty and economic freedom. I see too much movement to the left, towards socialism. When the government grabs power, we as individuals lose our liberty, and there is less economic freedom," he stated.

After giving the audi-



BRYANT "CORKY" MESSNER held a town hall gathering at the Schilling Brewery Tasting Room on Dec. 16. He is one of three Republicans running for a seat as a New Hampshire Senator.

ence a brief background of his upbringing and career, Messner said principles could his be drilled down to five fundamentals — limited government, fiscal responsibility, accountability in government and a strong defense.

When asked about his opinion of President Trump, he said that for him, "It's a case of policy over personality. I think Trump's policies are great. They're working. What we see in the economy is amazing, and the way he is handling the trade agreements is good."

Messner continued, "I like Trump's policies. I think the left has created this narrative about him based on his personality. We know there's a segment of society that has bought into that narrative. Since when, in this country, do we base our decisions on personality, then follow someone's policy that we don't like?"

"I think what he's' done with social media is phenomenal. He has 60 million followers," he stated. While critical of Sha-

heen. Messner did sav that he agrees with her that one of the most pressing issues in New Hampshire is the opioid crisis. He briefly discussed supply, demand, and the pharmaceutical industry.

"We've got to fix several things to solve this. We've got to secure the southern border with a wall and appropriate

> MATTHEW FASSETT -COURTESY PHOTO

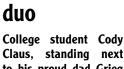
Father-son duo

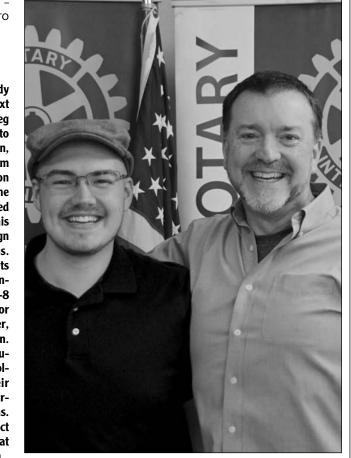
Claus, standing next to his proud dad Grieg Claus of Alton, spoke to members of the Alton, Barnstead, New Durham Centennial Rotary on how thankful he is for the scholarship he received

observation devices and technology because many of the illegal drugs that end up right here in New Hampshire come across that border," he stated.

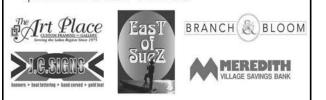
The law-firm owner continued, "The other part is the demand side. We've got to be compassionate and help people, and I think Governor Sununu is doing a good job with prevention, recovery and having a system in place to help people. The other part that has contributed to the demand side is the pharmaceutical companies. Over the years, this whole idea of pain management and using opioids to treat pain has not been a good thing."

"There's this thing in medicine that has evolved around pain management that has quite frankly been pushed by the pharma companies," he added. "They need to be held accountable. I can tell you that piercing that corporate veil is difficult but certainly possible and certainly worth pursuing in this situation."





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Other strengths of the current administration, according to Messner, include Trump's use of social media.

from the club, about his major in graphic design and his future plans. The Alton Rotary meets every Thursday morning for breakfast, 7-8 a.m. at the Alton Senior and Community Center, Pearson Road, Alton. The club invites students to apply for scholarship through their high school's scholarship awards programs. For information, contact **Rotarian Jim Fontaine at** jjf@pcswebdesign.com.

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Conference draws school officials from across the state to Gilford

BY ERIN PLUMMER

mnews@salmonpress.news GILFORD — Educators from school districts across the state met at Gilford High School for a roundtable discussion on "Portrait of a Learner" to trade ideas on how to implement this required program.

On Dec. 12, around 45 people representing 12 school districts met for a roundtable discussion at the GHS library on the best ways to come up with a "Portrait of a Learner" program for their schools and share ideas.

GHS Principal Anthony Sperazzo said "Portrait of a Learner" is meant to be the overall skills necessary to teach students to be ready for high school, college, career, and their lives overall. "Portrait of a Learner" is the way those skills should be embedded in different lessons and units so that the students master those attributes.

The New England Association of Schools and

Colleges (NEASC) is requiring that schools in their area have a "Portrait of a Learner" plan as part of the 10-year accreditation process. NEASC will be visiting Gilford in 2020 and Sperazzo said the district will be reviewed on how it is implementing 21st century learning skills.

Starting this trimester, Gilford has been piloting a "Portrait of a Learner" program and providing students the opportunity to engage in the four aspects of a plan. As this is a pilot program, Sperazzo said students won't be assessed on these aspects this year.

Gilford's "Portrait of a Learner" aims are to, "Be more intentional about fostering...21st century skills our young people need to thrive in this complex, rapidly changing world," "A chance to engage our 'larger community' to develop a "collective vision that articulates the community's aspirations for all students,"



EDUCATORS from around the state engaged in roundtable discussions regarding the "Portrait of a Learner" program at a conference hosted by the Gilford School District.

"To 'provide a strategic direction' and a 'collective vision' that is 'locally developed, but globally positioned' and that 'reinvigorates and re-engages students, teachers, and community stakeholders," and, "To support students in becoming successful for 'college, career, and citi-

zenship."

"Since it's so new to New Hampshire we figured let's learn from everybody else where each school district is at, what it looks like," Sperazzo said. "We are in all different areas, very few SEE **CONFERENCE** PAGE A5



PUBLIC NOTICE Barnstead Budget Committee

The Barnstead Budget Committee will meet and hold public hearings and work sessions concerning the budget as follows:

2020-2021 School Budget:

Monday, January 13, 2020 Monday, January 27, 2020 Monday, February 3, 2020 Public Input, Work Session Work Session Public Hearing, Recommendations

2020 Town Budget:

Thursday, January 16, 2020
Thursday, January 23, 2020
Thursday, January 30, 2020
Wednesday, February 5, 2020

Public Input, Work Session Work Session Work Session Public Hearing, Recommendations

All public hearings and work sessions will start at 6:00 PM

and will be held in the library at the Barnstead Elementary School. Work sessions will be held as needed by the Budget Committee.

William Haynes Chairman



GILFORD HIGH SCHOOL Principal Anthony Sperazzo leads discussion during the "Portrait of a





Opinion

THE BAYSIDER, THURSDAY, JANUARY 2, 2020

Another year begins

Here we go again, another year has begun and The Baysider will once again do its best to provide you with coverage of local news and events. We know that there's a lot of stuff we can't get to and we know that there are mistakes that happen along the way, but we will continue to do cover everything we can and provide that coverage each week. We urge anyone with concerns or questions to please be in touch at baysider@salmonpress. news or 279-4516, ext. 155. We try to respond to each and every e-mail and phone call to let you know that we have received the communication. As a note, e-mail is the best way to reach us. And as a new year begins, the Baysider is excited to continue to serve the communities of Alton, Barnstead and New Durham.

So, we thought we'd offer up our wishes for the new year for the local community.

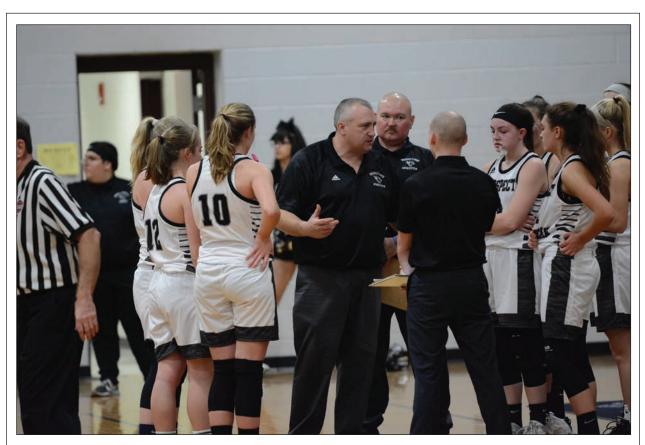
First and foremost, we wish that all of our readers will have a safe 2020. Keeping family safe is always one of those things that surely everyone wishes for in the new year. We hope our readers are all safe as we head into 2020.

We also send out best wishes for a profitable year for the many local businesses out there that help to support our paper. Advertising is the cog that drives the newspaper business and without the sponsors that buy space each week, we would not be able to provide the news for the community. We hope that all these businesses continue to have good years and that local residents throw their support behind these businesses.

We also wish nothing but plenty of good stories for our team of contributing writers. Our writers do a fantastic job of covering everything that they can get to in the local communities and we thank them for their hard work over the course of the year and we look forward to more stories about the local communities in the coming year.

We wish nothing but the best for the local public officials as they set out on the busy budget season. This is always a busy time and we appreciate the hard work that the local officials do in helping the towns move forward.

This time of year can be challenging in a lot of ways. Many people set goals at the start of the year and they set out to reach those goals with good intentions. Not everyone reaches those goals, but the important thing in our mind, is to have an idea of what you want to accomplish and to work toward it. It's not the end of the world if you don't reach your ultimate goal, but if you set a goal, at least make an effort to work toward it. If you take those first steps, you never know what might happen.



JOSHUA SPAULDING

Holiday hoops

The Prospect Mountain basketball teams played in the Lakes Region Holiday Hoop Tournament, which took place after early deadlines in Gilford. Look for more information on the games in next week's edition.

Piatti joins Cohen Closing and Title, LLC

BEDFORD — Real estate title and closing services professional Lora Piatti officially joined Cohen Closing and Title, LLC on Dec. 9 as a Business Development Closing Officer.

As a Business Development Closing Officer at Cohen Closing and Title, Piatti will continue to provide real estate closing services for individuals purchasing or refinancing a home throughout New Hampshire and southern Maine. She will also begin developing new relationships in the Lakes Region, where she will be responsible for meeting with area lenders and realtors to explain Cohen's service offer-



COURTESY PHOTO LORA PIATTI of Alton has joined Cohen Closing and Title, LLC.

said Piatti, in response to why she decided to join Cohen Closing and Title. She added, "They offered me a great opportunity. In addition to serving my existing clients in the Seacoast area, I will also be developing new business for Cohen in the Lakes Region of New Hampshire and plan to open another office in that area." 20 years. She primarily handles residential closings but is also licensed and experienced with commercial closings, as well. Piatti is a member of multiple boards of realtor organizations in New Hampshire, where she aims to support area realtors and other real estate professionals. She currently belongs to the Seacoast, Strafford and Lakes Region boards.

In addition to providing dependable closing services, Piatti is committed to going above and beyond customer expectations at every turn. "Buying a home can be frustrating and stressful," said Piatti. "My number one goal is to make the closing a happy experience, where the buyers fully understand the paperwork, experience a relaxed atmosphere, and

She added, "My clients know that if there is a problem, I will fix it, and if someone needs to sign at a nursing home, I will drive there."

Piatti is a long-time resident of Alton Bay. She can be reached by phone, at 630-0051, or by e-mail at Lpiatti@cohenclosing.com.

Cohen Closing and Title, LLC offers experienced and highly trained professionals who take a fully integrated approach to title and closing. With the emphasis solution-oriented on communication and a commitment to provide exceptional experiences, they work to assure that each client's ownership, investment, and possessions will be protected. For more information, visit www.cohenclosing. com

We urge everyone to set some attainable goals for the new year and we wish everyone a safe and happy 2020.

quiring new customers. inable goals "I wanted to work for

a smaller company that allowed me to be more involved in the process,"

ings, with the goal of ac-

Piatti has worked in work, experience a rethe real estate title inlaxed atmosphere, and dustry for more than leave saying thank you."

Water quality committee seeking new members

NEW DURHAM — If you are a resident of New Durham and interested in issues affecting the quality of water in local lakes, ponds, rivers and streams the New Durham Water Quality Committee (NDWQC) has a vacant membership position for you. The NDWQC monitors the quality of water throughout the year in the Merrymeeting River and during the summer months in town lakes and ponds. The NDWQC, working within the scope of the Merrymeeting Watershed Management Plan, is initiating

corrective measures to reduce stormwater runoff and erosion into waterbodies and, together with other town committees, they are preparing a series of public education sessions regarding water quality issues. The NDWQC also manages the 10-year variable milfoil treatment plan with State Department the of Environmental Services. And the NDWQC is working with the NH Fish and Game Department and the Environmental Protection Agency to bring a waste water treatment facility to the Powder Mill Fish Hatch-

ery. Meetings are held the third Wednesday evening of each month. The NDWQC is especially interested in individuals who have a desire to participate in water testing (sampling is done from land and from a row boat) and surveying waterbodies for the presence of exotic aquatic plant and animal species. Training for these activities is available. For further information or to show your interest in membership, contact Fred Quimby at FWQ1@ cornell.edu or call 859-4280.

Broadway Bound auditions are Jan. 5 and 6

WOLFEBORO — Just a few years ago, director Bob Tuttle brought the second of Neil Simon's autobiographical trilogy to the Village Players stage, as Biloxi Blues took to the stage.

Now, the third and final installment of the trilogy, Broadway Bound, will be coming to the Village Players in the spring of 2020.

Part three of this trilogy finds Eugene and his older brother, Stanley, trying to break into the world of show business as professional comedy writers while coping with their parents' breakup and eventual divorce. When their ma-

terial is broadcast on the radio for the first time, the family is upset to hear a thinly-veiled portrait of themselves played for laughs.

Broadway Bound was a Tony Award nominee for Best Play, a Drama Desk Award nominee for Best Play and a finalist for the Pulitzer Prize in Drama, all in 1987.

Casting will include four men and two women.

Tuttle is returning to direct the follow-up to Biloxi Blues and he will be joined by assistant director Emily Judkins. Joshua Spaulding is serving as the producer. Auditions will be taking place on Sunday, Jan. 5, and Monday, Jan. 6, both at 7 p.m. Rehearsals will begin shortly thereafter and will run through February and March.

The show will hit the Village Players stage on April 10, 11, 17 and 18 at 7:30 p.m. and April 19 at 2 p.m.

All those interested in a role in the show should attend the auditions on Jan. 5 and 6. Questions can be addressed to r86tuttle@gmail.com.

Those interested in working on the show in an offstage capacity should e-mail trumpet138@hotmail.com.



Conference **FROM PAGE B1**

schools have totally implemented it."

Gilford hosted an afternoon conference and invited schools around the state to attend. This year Gilford also hosted a similar roundtable discussion on intervention blocks: scheduled school blocks that let students get deeper into learning during the day when they don't have the time after school to do it.

"It's a chance to engage our larger community to help develop a collective vision that articulates the communities' aspirations for all children," Sperazzo said.

The conference took place Dec. 12 in the GHS library where around 45 representatives from 12 different school districts across the state attended including Inter-Lakes, Plymouth Regional, Shaker Regional, Farmington, ConVal, Berlin, Kearsarge, Lebanon, Bow, Goffstown, Pinkerton Academy, and Gilford itself.

As "Portrait of a Learner" is mostly being implemented in high schools, most of the representatives came from high schools. A few districts are using this program district-wide a few came from elementary schools including Inter-Lakes Elementary School and Sandwich Central School.

"We're here because our district started this



AROUND 45 educators from 12 different New Hampshire school districts attended Gilford's "Portrait of a Learner" conference.

process as a whole district," said ILES principal Kathleen Hill.

Hill said when they saw this conference at Gilford, "we went, 'We want to go to this."

At the conference Sperazzo said staff from the different school districts tend to work in their own silos and this was a good opportunity to hear from each other and steal some ideas.

The conference utilized menti.com to poll attendees on different including questions, how far their districts are in implementing Portrait of a Learner. There were a number of discussions and group activities with districts sharing where they are on Portrait of a Learner and getting ideas. Sperazzo said this

was a great opportunity to learn from colleagues. "We definitely got some ideas on how other

Meeting Notice Town of New Durham, NH FY 2020 Budget Public Hearing

Notice is hereby given that the New Durham Budget Committee pursuant to RSA 32:5 I & V; RSA 40:13 II (a) (c) will hold a Public Hearing at 7:00 p.m.

On the proposed 2020 Fiscal Year Town Budget (January 1 through December 31, 2020) at

New Durham Community Room 6 Main Street New Durham, NH 03855 Wednesday, Jai

schools are implementing this and how we can tweak it to make it fit for

our Gilford learners," Sperazzo said.

TOWN OF NEW DURHAM **PLANNING BOARD PUBLIC HEARING NOTICE**

Tuesday, January 7, 2019 7:00 pm at

NEW DURHAM TOWN HALL

Public Hearing: Proposed changes to the New Durham Zoning Ordinance on Water Body Setbacks.

You are hereby notified that a Public Hearing will be held by the New Durham Planning Board on Tuesday, January 7, 2020 at 7:00 pm at the New Durham Town Hall. The hearing is regarding a Public Hearing: Proposed



In the event of inclement weather necessitating the cancellation of the planned hearing, or a second hearing it will be held on Thursday, January 16, 2020 at the same time and place.

Posted this 26th day of December, 2019 /s/ Scott Kinmond, Town Administrator

Law Offices of

Kurt D. DeVylder, PLLC

18 Union Street, Wolfeboro, NH 03894

changes to the New Durham Zoning Ordinance on Water Body Setbacks.

ALTON BUDGET COMMITTEE PUBLIC HEARING TOWN OF ALTON, NH

January 15, 2020 7:00 PM Snow Date: January 16, 2020 (if necessary)

ALTON TOWN HALL 1 Monument Square **2nd Floor Meeting Room** Alton, NH 03809

The Alton Budget Committee will hold a Public Hearing on January 15, 2020 at 7:00 PM at the Alton Town Hall, 1 Monument Square, 2nd Floor Meeting Room, Alton, NH 03809. The Public Hearing is in reference to the proposed 2020 School Operating Budget and Warrant Articles.

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ALTON BUDGET COMMITTEE **PUBLIC HEARING**

TOWN OF ALTON, NH January 15, 2020 6:30 PM Snow Date: January 16, 2020 (if necessary)

ALTON TOWN HALL 1 Monument Square **2nd Floor Meeting Room** Alton, NH 03809

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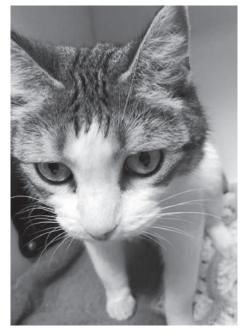
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Mindy came to us as an owner surrender through no fault of her own. At 13 years old, she is patiently awaiting the right family to give her the retirement home she deserves! She is very friendly and loves the attention of people. She could do okay with another older mellow cat, but would prefer to be the only cat in the home if possible. Mindy does have asthma, and is currently on medication to help control it. You can ask our adoptions staff more about her medical care if you are interested in adopting. If she sounds like the one for you, contact Joanna at 603-524-3252 ext. 3312 for more information on how to take her home!

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Barbara Mae Kearney Active in her church

ALTON - On Dec. 22, we lost our beloved wife and mother, Barbara Mae (Dolph) Kearney of Alton Bay. Barbara was born April 22, 1933 in Teaneck, N.J., daughter of Caroline Alva (Bush) Dolph and Verne Dolph. Barbara graduated from Teaneck High School in 1951 and attended Tufts University. At Tufts, she earned a BS in chemistry in 1955 and on Aug. 24, 1957, she married her college sweetheart William F. Kearney, MD. She went back to school and earned an Associate Degree from the NH Institute of Art and Design and later became certified to teach high school chemistry at Manchester's West High School. She was an active member of St. Katharine Drexel Parish in Alton where she sang in the choir.

Barbara was a devoted wife, chemist, teacher and artist, but above all, Barbara's greatest achievement and proudest accomplishment was her family. Barbara was a loving, patient and kind mother of eight children and adoring grandmother to her 11 grandchildren.

Barbara leaves behind her husband of 62 years, William F. Kearney, MD, her children Patricia Kearney, MD, Michael Kearney, Sheila (Kearney) Bennett, Brenda Kearney



(deceased), Kevin Kearney, Brian Kearney, Mary (Kearney) Magré, Karen Kearney and her grandchildren Ryan Kearney, Christina Cottiero, Gabriella Cottiero, Robert Bennett, Shane Allen-Kearney, Liam Allen-Kearney, Isabelle Magré, Erik Magré, Owen Magré, Conor Kearney and Bridget Kearney. She also leaves behind her brother Harry Dolph and his family and the family of her sister Carolyn (Dolph) Harten, who predeceased her.

A funeral mass was held on Monday, Dec. 30, at St. Katharine Drexel Parish, Alton. There was a gathering prior to the mass in the church hall. In lieu of flowers, please consider a donation to the Epilepsy Foundation in remembrance of Barbara at https://epilepsyfoundation.donordrive. com/campaign/In-Loving-Memory-of-Barbara-Kearney.

To express condolences, please visit www.peasleefuneralhome.com.

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BY MARK PATTERSON

The process of reviewing a client's existing 401k, 403b or other retirement plans that they have accumulated during their working time, have revealed some commonality as far as allocations between stock and bond funds. Most clients tell me that they had heard that they should have some bond funds for safety and that they really do not have a plan or ever received help with these allocations. The return that their portfolio and the fees are often not realized as well. Many times, the

"growth" in the portfolio was attributed to their own investment and employer match, not fund performance. During the accumulation phase of investing it may be best to keep

plowing money into your retirement fund with -out overthinking the whole process, but as you approach the distribution phase of life (retirement), risk, reward and sustainable cashflow are key to a solid

income plan. First off, you can't afford to screw up here. When we are no longer working, our income becomes fixed. Sure, we can work a part time job, but let's plan so that the young people can have those jobs and we can be altruistic with our time.

A retirement income plan is really a statement of cash-flows. Some have pensions, or maybe Social Security, these are sustainable cash flows guaranteed by the government or an insurance company.

Then we have our 401k, 403b, IRAs known

as qualified plans. This is where we need to derive sustainable income if our Social Security and pensions do not allow for sufficient cash flow. It may make sense to defer our Social Security payments for the eight percent growth from the government, and take income from our qualified plan in the interim. All this can be calculated for the best plan for you.

Insurance companies invest in investment grade bonds and mortgage backed securities that are considered safe and stable. Why don't you? What I often see are mutual funds, stock or bond funds with no rhyme or reason. It is really not possible to invest in individual bonds in most retirement plans. That is why bond funds exist. What I show my clients is how to invest like the professionals and institutions. not retail clients. Mutual funds were really a means of diversification for small amounts of money. Attach a commission to them and you have something that registered reps can sell you. By the time most people are approaching retirement, they may have enough assets in order to own their own portfolio of fixed income, like bonds and mortgage backed securities. You, the client then maintains control, has a sustainable and steady cash flow just like the insurance companies, banks and pension plans. The use of exchange traded funds or even mutual funds may be useful to invest in obscure or specialized sectors of the market. There are ways to convert retirement assets to self-directed IRAs that opens the door to open architecture investing, referred to as "In -service distribution"

If you have interest in what I am writing about, give me a call.

Mark Patterson is an advisor with MHP Asset Management. Mark can be reached at 447-1979 or mark@mhp-asset.com

STRATEGIES FOR LIVING The search for significance

BY LARRY SCOTT Contributing Writer

It was early afternoon at Rosalia (Wash.) High and along with most of my fellow classmates, I was awaiting the arrival of our director for our next choir practice. It was for me a favorite class, but for this young sophomore, the world suddenly came unglued.

Without warning, a group of the guys wrestled me to the floor, unbuckled my belt, drew my slacks down to my knees, then jumped up and quickly went back to their seats. Leaving me exposed and embarrassed, to say I was humiliated is to put it mildly; even the girls thought it was funny. Not this kid.

classroom setting, clearly a fish out of water. I was the school "goat," the one you messed with when things were slow. You cannot imagine, especially with my desire to be accepted, what this and several similar experiences did to me. It was a lark for them; for me it was traumatic, an experience I cannot recall even now without deep emotional overtones.

It is axiomatic that each of us is in search of significance, driven to discover purpose and meaning to our lives, anxious to make a difference. The quest to be noticed and respected is a human trait, and the extent to which we will go to achieve it at times drives us to resort to the ridiculous. We carefully craft our public image and yet ignore personal weaknesses that cry for attention; we attempt to impress our friends with homes and automobiles we

can't afford, so deeply in debt we can't afford to retire; athletes excel in their sport, develop an enthusiastic following, yet have problems simply growing up. Why is that? It takes only a bit of honesty to realize many of us are in deep trouble. Without any objective standard of right and wrong, we flounder in the dark with no means to find our way.

But it need not be so. Moses, the adopted grandson of one of the most powerful men on earth, spent his first 40 years of life thinking he was somebody. After a run-in with the Pharaoh of Egypt, he escaped to the Sinai and spent 40 years, isolated and forgotten, shepherding his father-in-law's sheep, thinking himself to be a nobody. And then finally, at 80 years of age. God called him to lead his real family, the people of Israel, out of Egyptian bondage. It was only then that Moses discovered that God can take a nobody and make a somebody out of him.

I am no Moses, but I am deeply grateful for a God who is committed to my well-being as well. Even though I still find times when I am out of step with my peers, I have had to remind myself that it is not what others think about me, but what I think about me, and more importantly, what God thinks about me, that really counts.

And so, and despite what is happening in Washington, I face the new year with optimism and a commitment to pursue God's best in my life. No resolutions, no promises, mind you; just a keen sense that God isn't through with me yet and that the best is still to come.

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How to Submit Obituaries E Announcements To Salmon Press Publications

Obituaries and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. **Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.

As the son of missionary parents to Peru,

I was more Peruvian than American. Home schooled for most of my grade school years. I was uncomfortable in a

For more thoughts like these, follow me at indefenseoftruth.net.

Lakes Region Community College Open House Express Wednesday, Jan. 8

LACONIA - Becoming a student at Lakes Region Community College has never been The college is easier. hosting an from 4 to 7 p.m. Faculty and staff will be on hand to answer questions and help all prospective students through the process.

Students who bring a copy of their high school transcript or equivalencv certificate will be accepted on the spot and can register immediately for the next semester, which begins Tuesday, Jan. 21. There is no application fee. Members of LRCC's financial aid office will be available to help students through the financial aid application process and faculty and advisors from each program will be available to help students register for classes and answer questions.

"We're pleased to offer Open House Express as a convenient way for prospective students to complete the process



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of admission to the college," said Joyce Larson, Director of Enrollment and Onboarding. "With one visit to the college. students are able to complete most or all of the enrollment process steps with ease and meet faceto-face with our friendly faculty and staff.'

Prospective students will be given a guided tour of the campus and campus housing. The event is free and all those interested are encouraged to attend. Those interested can pre-register at www.lrcc.edu or call Lakes Region Community College at 366-5210.

Lakes Region Community College offers many associate degree and certificate programs, including Business, Accounting, Culinary Arts, Hotel and Restaurant Operations, Electrical, Automotive, Nursing,

Graphic Design, Advanced Manufacturing, and Fire Science, just to name a few. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. Business and industry training programs are also available.

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire and serves more than 1,200 students annually. LRCC is part of the Community College System of New Hampshire. For more information, contact the Admissions Office at 366-5210.



THE REAL REPORT RECENT REAL ESTATE TRANSACTIONS

Town

Address

Alton Alton 20 Rollins Rd. Alton Route 11d Barnstead **Province Road** Barnstead New Durham Brackett Road (Lot) New Durham N/A (Lot 5a)

667 Old Wolfeboro Rd. N/A 14 Washington Ct. N/A

Туре

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

Seller Price

Anthony and Deanna Eldridge

Robert S. and Carole M. Ingham

Brandon Bibeau

James J. Griffin

Elizabeth M. Vance

\$303,000 Single-Family Residence \$290,000 Acc. Land Imp. \$3,900,000 Residential Open Land \$45,000 Single-Family Residence \$235,000 Residential Developed Land \$55,000 \$20,533

> additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

Woodhaven Trust and Kelly L. Ovitt Andrew H. and Amy D. Palmer **Richard S. Frost** Adam S. Williams and Arielle M. Elliott Russell Weldon Timothy S. and Jennifer J. Dinges

Daniel A. and Donna J. Reilly

Buyer

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Kick off 2020 with snowshoe walk and tracking event

MILTON — On Saturday, morning, Jan. 18. Moose Mountains Regional Greenways (MMRG) and Branch Hill Farm/Carl Siemon Charitable Family (BHF/CSFCT) Trust will jointly offer a kids' snowshoe walk and tracking activity. Snowshoe tracking is the first event of MMRG's 2020 'MOOSE-ies for Families' program, intended to encourage the next generation of conservationists by offering families ways to have fun together outside while learning about the natu-

ral world.

At MMRG's previous family snowshoe event, kids went sledding, tried out walking in snowshoes, listened for bird songs at the edge of the woods and crowded around the leaders as they pointed out signs of wildlife along a snowy trail. Anticipating the upcoming event. MMRG Educational Outreach Coordinator Kari Lygren says, "We'll look for signs of wildlife and talk about the animal stories that we can read in the snow. We always have a great time be-

cause kids are so curious and love to explore."

The snowshoe tracking event will take place from 10 a.m. to 12 p.m. at Branch Hill Farm in Milton Mills. led by MMRG staff and volunteers. Kids-sized snowshoes will be available as well as a few loaner snowshoes for adults. Children of all ages with their families are welcome but pre-registration is 'MOOSE-ies required. for Families' events are a membership benefit for MMRG member families, but non-members are encouraged to try 'MOOSE-ies for Families' series includes Birdhouse Building (March), Using a Map to Find Your Way (also in March), Following a Stream (May), the annual Woods. Water and Wildlife Festival (second Saturday in August), Night Time Walk (September), Photography Scavenger Hunt (October) and Natural Holiday Decorations (December). Interested families may join MMRG with an online donation of \$25 per household per year at www.mmrg.info or inquire about available

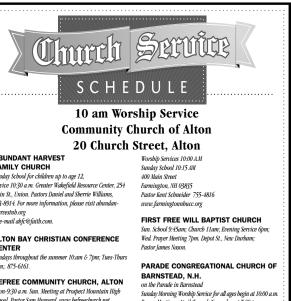
473-2020.

Katherine L. and Christopher M. McGeehanDonna M. and Robert J. Deberardinis

MMRG, a non-profit land trust, works to conserve and connect important water resources, farm and forest lands, wildlife habitats. and recreational land in Brookfield, Farmington, Middleton, Milton, New Durham, Wakefield and Wolfeboro. For more information and a calendar of upcoming educational events, visit www. mmrg.info. Branch Hill Farm/Carl Siemon Family Charitable Trust works to protect open space and working for-

scholarships by calling ests and to educate the public about sound forestry, conservation and agricultural practices; see www.branchillfarm. 'MOOSE-ies for org. Families' events are made possible in part through the generous support of local business and community sponsors. If you are interested in sponsoring this program on behalf of your business, please contact Jill Eldredge, Executive Director, at jill. mmrg@gmail.com.





COURTESY PHOTO - AMY GARDNER LOOKING at animal scat during the last time MMRG held its snowshoe walk and tracking activity.

Pastor Nancy Talbott; 776-1820,

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ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole, Pastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am

ST. STEPHEN'S

EPISCOPAL CHURCH nday 9:30. 50 Main St., Pittsfield Rev. Miriam Acevedo, 435-7908 www.ststepbenspittsfield.com

UNITARIAN UNIVERSALIST SOCIETY OF LACONIA

ucation 10:00 a r Sunday services and religious ed All are welcome. 172 Pleasant St.Laconia • 524 6488 • uusl.org

MAPLE STREET CHURCH Sunday Service 11a

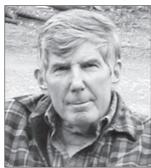
96 Maple Street Center Barnstead NH 03225

BUSINESS D*irectory*



North Country Notebook

Cartridges for partridges, but whence the fisher (cat)?

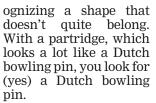


By JOHN HARRIGAN COLUMNIST

It wasn't exactly a partridge in a pear tree, but close enough, it was a partridge in an apple tree, which I spotted from the window over the kitchen sink, one of my favorite perches in the house. It was up there near the skyline, pecking away at an old dry apple.

I leaned on my elbows and kept a sharp eye. Where there was one partridge, there had to be two. After all, they have come through so much by this time of year, especially if they're this past spring's chicks, watching for predators on land and in the air, all the while learning how to scratch out a living.

They are so well camouflaged that it often comes down to just rec-



Sure enough, there it was, a second bird lower down in the tree. pecking away. Ruffed grouse would grace the table just now, having been feeding largely on cranberries and apples. Not very long from now, after the realities of Deep Winter have set in, they'll taste more like the subsistence food they must get by on, poplar (aspen) buds, and the occasional seeds of spruce and fir.

+++++

Let's digress for a moment and talk about interchangeable terms. and finger-wagging.

Interchangeable terms often enter the lexicon, or vernacular, or common language, particular to a certain place. For instance, "wicked" is used in much of Maine, and even fringe areas, as an adjective to mean "really, really," as in "Those cookies were some wicked good." In most other areas. "wick-

County Republicans meet Jan. 8 in Laconia

LACONIA — The next meeting of the Belknap County Republican Committee (BCRC) is scheduled for Wednesday, Jan. 8, at 6:30 p.m. at the Laconia VFW Post 1670, 143 Court St., Laconia.

This month's guest speaker will be Stephen Stepanek, Chairman of the NH GOP. Chairman Stepanek will highlight the accomplishments of the NH GOP during his first year as chairman, and he will detail his plans for the NH GOP for 2020, which include identifying and training candidates for all 400 seats in the State House of Representatives. In addition, the chairman will be discussing activities under way to re-elect Governor Sununu, as well as coordination with the Republican National Committee to re-elect President Trump.

Belknap County GOP meetings are open to all Republicans and like-minded Independents.

The committee strongly encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the committee, please check the committee's web site at www.BelknapCountyGOP.org or send an e-mail to alan.glass-



NH FISH AND GAME – COURTESY PHOTO

Not "ruffled grouse,"

mind you. That's a par-

tridge you've somehow

forth with shotgun close

at hand and ammo the

same, you're prepared

partridges," as said by

Blondie Meserve as he

steered his big old car

into Felton Camp, and

much later and just as

Bunnell, positively sub-

A cartridge is for a ri-

fle, not a shotgun (that's

a shell), and a partridge

is a ruffed grouse, and

there's a difference. But

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rain and habitat and cus-

lime at the thought.

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Hence, upon sallying

"cartridges for

Bunny

insulted.

with

A MALE partridge (ruffed grouse) doing one of the more courageous things in the woods, considering fishers, foxes, bobcats and coyotes, drumming away in hopes for a mate. ed" is used only with ally is, "ruffed grouse."

'witch."

"Partridge" is one of those words that long ago crept into the language of northern New England, and goes all the way back to settlement times. People climbing down off big ships into rowboats to cross frightening combers and reach shore eventually encountered a bird that looked a lot like a certain bird back home, so they called it "partridge." This name stuck for generations and indeed held on right into the present, where "partridge" is used with both ignorance and/or delight and/or respect and affection for old words to mean what the bird re-

Democrats meet Monday in Alton

ALTON — The next meeting of the Tri-Town Democrats of Barnstead, Gilmanton, and Alton will be on Monday, Jan. 6, at the Pearson Road Community and Senior Center at 5 Pearson Road in Alton. Everyone is invited to join in for light refreshments at 6:15 p.m., with the meeting to follow at 6:30 p.m. Present at the meeting will be two interesting guests, Gates MacPherson and Savannah Woolston, both of the New Hampshire Democratic Party.

Have you ever struggled with a letter to the editor, trying to find a way to express your thoughts in a concise and convincing manner? Monday's meeting will offer you the chance to get valuable advice and support from MacPherson, the communications associate for the NHDP. MacPherson is a New Hampshire native who graduated from UNH with degrees in English and journalism.

Would you like to improve your social media skills and learn more about digital ads and organizing? Come hear Woolston, the digital director of the NHDP. Woolston, who is not from Georgia, but from Alaska, has a political science degree from Loyola Marymount and worked for three years as a strat-

tom that runs all across northern Maine, New Hampshire, Vermont, and upper New York, roughly along the 45th Parallel, halfway between the Equator and the North Pole, a ruffed grouse is Outside-Speak, while as Tip O'Neill never quite said, "All par-tridges is local."

+++++

This topic now takes us from a two-legged bird to a four-legged, hard-working, sleek little animal that is one of my favorites in all of the great outdoors, the fisher (cat).

Now, of course I know it is not a cat, and I suspect that almost everyone who puts the "cat" in there does too. I mean, come on, it's a member of the weasel family, for Pete's sake (are you listening, Pete?).

But beware the finger-waggers.

The latest to call us backwoods ignoramuses out on this little bit of lexicon laissez-faire was the famous animal tracker, writer and photographer Susan Morse, in the pages of my favorite magazine, no less, "Northern Woodlands." In a neat layout of photos and writing on this neat little creature, Susan puts all who savor the likes of partridges and fisher (cats) into a crowded wheelbarrow and takes us straight to the woodshed. There's hardly any space left for a wink and a nudge.

+++++

All right, I confess, I tack the "cat" on there (always in parentheses) just to goad the finger-waggers, who mostly seem to know the game



and hardly ever bite. It must have galled this bunch no end when a certain baseball team got its name.

As I was about to tell my son on Christmas Day, before he threatened to fall over in a catatonic state of boredom, the Europeans who stepped ashore down on the Gulf of Maine some four centuries ago didn't know much about local wildlife. They called any wild, screeching, cat-like creature "wildcat," for example, not bothering to differentiate between bobcat, lynx, catamount (cougar), and, for all I know, saber-toothed cat.

Then there was this sleek, shining little black animal that often moved like a cat, and could climb trees like a cat, and was about the size of a cat (okay, closer to a Coon Cat); and the local Piscataguas or Penobscots told the settlers they'd actually seen these little hustlers fishing, which, as a matter of fact, they sometimes do, whenever opportunity presents itself on some tiny little rivulet where they can trap a trout or a sucker with their quick, wide front paws.

Ergo, I give you, at the collective risk of a driveby finger-wagging, the fisher (cat).

+++++

A promise is a promise, so here goes:

Happy New Year, readers near and far, and all the best for Two Thousand-Twenty and beyond.

Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.

Private Kaitlyn Kappes, granddaughter of Bernie and Ruth Arsenault of Alton, returned home

COURTESY PHOTO

man@gmail.com.

egist at a digital communications firm in Washington, D.C. before joining the NHDP.



TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

TUESDAY, JANUARY 14, 2020 7:00 PM @ NEW DURHAM TOWN HALL

Joshua Morgan,

1. You are hereby notified that a Public Hearing will be held by the New Durham Zoning Board of Adjustment at 7:00 PM on Tuesday, January 14, 2020 at the New Durham Town Hall for case # 2019-008. The meeting is regarding a continued application submitted by Land Technical Services Corp. on behalf of Joshua Morgan. The applicant is requesting variances from:

Article V Section D: Setbacks

The property is located at Map 218 Lot 1 – 76 Kings Highway

Posted January 3, 2020

TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

TUESDAY, JANUARY 14, 2020 7:00 PM @ NEW DURHAM TOWN HALL

BJW Enterprises

You are hereby notified that a Public Hearing will be held by the New Durham Zoning Board on Tuesday, January 14, 2020 at 7:00 pm at the New Durham Town Hall. The hearing is regarding an application and plan submitted by Varney Engineers LLC. on behalf of BJW Enterprises LLC. The applicant is requesting variances from: Article VII Section A.1, Commercial Use (including Minor Commercial Use).

The property is located at 30 Depot Road, Map 250 Lot 138.

Posted January 3, 2020



just before Christmas after five months of medical training in San Antonio, Texas.



TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

TUESDAY, JANUARY 14, 2020 7:00 PM @ NEW DURHAM TOWN HALL

Sean and Cara Kelley

You are hereby notified that a Public Hearing will be held by the New Durham Zoning Board on Tuesday, January 14, 2020 at 7:00 pm at the New Durham Town Hall. The hearing is regarding an application and plan submitted by Varney Engineers LLC. on behalf of Sean and Cara Kelley. The applicant is requesting variances from: Article V Section E: Flood Hazard Area and Water Body Setbacks Article XIV Section C.1 (b) Dimensional Requirements Setbacks; Article XXI Section G2 (b): Decks, Stairs, and Walkways Non-Conforming Setbacks.

The property is located at 59 North Shore Road, Map 109 Lot 033 and 034.

Posted January 3, 2020

SPORTS

THURSDAY, JANUARY 2, 2020

THE BAYSIDER

SECTION B, PAGE 1

WHAT'S ON TAP

A full slate of local games are on the docket in the new year.

The Prospect Mountain hoop girls will be hosting Somersworth on Friday, Jan. 3, at 6 p.m., will be hosting Gilford at 6 p.m. on Tuesday, Jan. 7, and will be at St. Thomas at 6:30 p.m. on Thursday, Jan.9.

The Timber Wolf boys' basketball team will be at Somersworth at 7 p.m. on Friday, Jan. 3, will be at Gilford at 6 p.m. on Tuesday, Jan. 7, and will be hosting St. Thomas at 6 p.m. on Thursday, Jan. 9.

The Timber Wolf ski team will be at Gunstock at 10 a.m. on Friday, Jan. 3.

The Prospect Mountain unified hoop team will be at Kennett for a 3 p.m. game on Wednesday, Jan. 8.

The Kingswood hoop girls are hosting Hanover on Friday, Jan. 3, at 6 p.m.

The Knight boys' basketball team will be at Hanover at 7 p.m. on Friday, Jan. 3, and will be hosting Sanborn at 6 p.m. on Wednesday, Jan. 8.

The Kingswood alpine ski team will be at Cranmore for a 9:30 a.m. meet on Friday, Jan. 3.

The Knight swim SEE ON TAP, PAGE B2

BY JOSHUA SPAULDING

Sports Editor ALTON — The Prospect Mountain hoop boys closed out the 2019 portion of its regular season on Thursday, Dec. 19, facing off against Raymond.

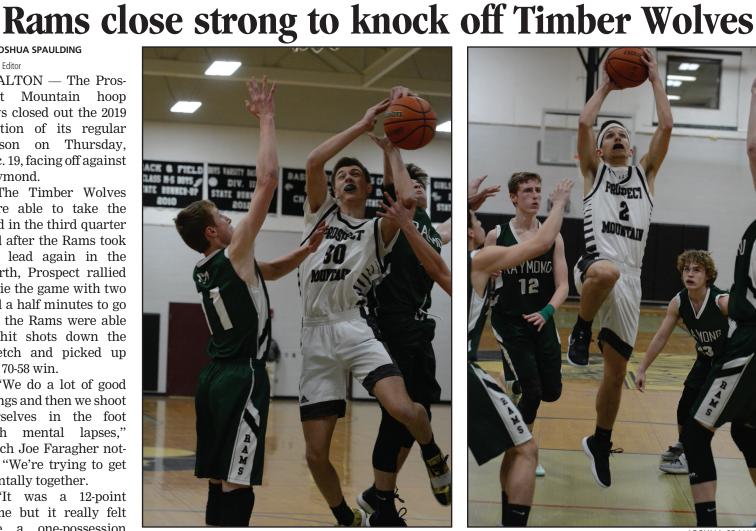
The Timber Wolves were able to take the lead in the third quarter and after the Rams took the lead again in the fourth, Prospect rallied to tie the game with two and a half minutes to go but the Rams were able to hit shots down the stretch and picked up the 70-58 win.

"We do a lot of good things and then we shoot ourselves in the foot with mental lapses," coach Joe Faragher noted. "We're trying to get mentally together.

"It was a 12-point game but it really felt like a one-possession game," said Faragher. "We just have to clean up some things."

Noah Sanville drilled a three-pointer to get the scoring started and after a Ram hoop, Keegan Unzen drilled a free throw to make it 4-2. Raymond came back with a hoop and two free throws to take the lead by a 6-4 lead.

Sanville answered with another three-pointer to put the Timber Wolves back in the lead but the Rams got their own three-pointer



KEEGAN UNZEN fights through a crowd during his team's game with Raymond on Dec. 19.

and a hoop to close out the quarter, taking an 11-7 lead to the second quarter.

The Rams opened the second quarter with a hoop but then Unzen went end to end for a hoop and Seth Huggard drained a three-pointer to pull the Timber Wolves within 13-12. After two free throws from the Rams, Unzen hit a free throw and then drained a three-pointer,

putting Prospect up by a 16-15 lead.

Raymond responded by drilling a pair of hoops to take a threepoint lead but Alex Ludwig hit two from the free throw line and then Brandon Stellon hit one from the line to tie the game at 19. A three-point play from the Rams propelled them back to the lead by a 22-19 score.

Unzen scored on a nice feed from Ryker

JOSHUA SPAULDING

Burke to cut the lead to one and then a Ludwig free throw tied the

score at 22. Raymond got a hoop and two free throws to take the fourpoint lead. Burke hit two free throws to pull the Timber Wolves to within two at 26-24 before Raymond hit two from the line and took a 28-24 lead to the fourth quarter.

Stellon hit two free throws to start the third quarter and then Unzen

against Raymond.

put back a rebound to tie the game at 28. The Rams responded with a three-pointer but Stellon scored a hoop for the Timber Wolves.

After a Ram free throw, Burke drained a three-pointer to put the Timber Wolves up by a 33-32 score but the visitors answered with a hoop and a three-pointer to take the 37-32 lead. Unzen answered with a SEE HOOPS, PAGE B3

JOSHUA SPAULDING BRANDON STELLON rises toward the hoop in action Dec. 19





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Come see for yourself. Attend our Open House Express and see what's possible. Complete the entire admission process and schedule classes on the spot...and there's NO application fee!

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Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news

No toss, no problem as Brewster tradition lives on

BY JONNY BRAY

Contributing Writer WOLFEBORO — For the fifth year in a row, Brewster Academy's Kirsty Ridings and her dorm have put togeth-

dorm have put together the annual Brewster Teddy Bear Toss, where students and fans at a Brewster prep basketball game wait for the first timeout to be called, then toss teddy bears and other stuffed animals onto the court. The toys are collected for the Wolfeboro Police Department's annual Christmas Fund. The fun tradition is a sight to behold as swarms of plush critters come raining down from the bleachers, piling up on the Smith Center hardwood.

"I began the first

Bellefleur, Smith shine at Icebreaker Invitational

BY JOSHUA SPAULDING Sports Editor

DURHAM — The Kingswood and Prospect Mountain swim teams traveled to Durham for the Icebreaker Invitational at the University of New Hampshire on Dec. 22.

In the 50 Free for the boys, Prospect's Trevor Smith finished in second place in a time of 24.01 seconds while Kingswood's Nolan Schultz finished in a time of 39.15 seconds for 40th place.

Smith also finished with a fourth place finish in the 100 Free with a time of 55.42 seconds.

Schultz added a 12th place finish in the 100 Back with a time of 1:35.14.

For the girls, Sarah Bellefleur finished in a time of 59.91 seconds in the 100 Free for a third place finish overall.

Bellefleur finished with a seventh place finish in a time of 1:12.16 in the 100 Back.

Lily Stinchfield finished with a 20th place finish in the 50 Free with a time of 30.58 seconds.

The next meet on the schedule is set for Friday, Jan. 3, at Goffstown at 6:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Nordic skiing program kicks off Monday

WOLFEBORO — Winter is right around the corner. Get your kid outside and embracing the winter with the Kingswood Learn to Nordic Ski Program. Nordic skiing is a great source of exercise that gets you out in the fresh air and snow. This program is free and takes place over five Mondays in January and February. The exact dates are Jan. 6, 13, and 27 and Feb. 3 and 10. It will be held from 4 to 5:30 p.m. at Abenaki Ski Area. This program is available to K – 8 students of all athletic levels and a desire to learn what Nordic skiing is all about. They'll be taught the basics of skiing by members of the Kingswood Nordic ski team and coaches from the Wolfeboro Nordic Ski Club. Registration for the program can be done at www.kingswoodathletics.org. Need equipment? Skis, boots and poles can be purchased for a discount at the Nordic Skier in Wolfeboro or rented through the program. There is a limited supply of seasonal rentals for program participants. For more information, contact Elizabeth Bean at ebean@sau49.org or Kate Kerin at kate.e.kerin@gmail.com.

seeing footage of a Teddy Bear Toss hosted by the AHL hockey team The Hershey Bears," explained Ridings, who is Brewster's head athletic trainer and a community living parent. "They set a world record for donations, and I felt inspired to bring the event to our campus and local community."

Teddy Bear Toss after

Ridings ran the event with the Sargent 3 House for three years, and has done it with the Harris House for the last two. She uses the event as her dorm's community service project, but also as a way to bring the community together and help support a good cause.

"As a native of Wolfeboro and graduate of Kingswood High School, the greater Wolfeboro community is important to me," Ridings said. "I'm aware of how many in our local area struggle to make ends meet and to provide the basics for their families each day, let alone finding ways to make Christmas special for the youngest and most vulnerable members of our community."

Unfortunately, snowfall and unsafe driving conditions forced Brewster to cancel the prep basketball game that was scheduled for the toss this year. But while the toss itself did not happen, an impressive 301 teddy bears were still collected by Ridings and the Harris House students and donated to the police department.

Wolfeboro's Police Department has been hosting its annual Christmas Fund and toy drive for more than 30 years, helping around 70 kids each year.

"It's extremely help-



COURTESY PHOTO

THE FRESHMEN girls of Brewster's Toad Hall dorm collected the most stuffed toys for the school's annual Teddy Bear Toss, benefiting the Wolfeboro Police Department's annual toy drive.



THE BREWSTER community collected 301 stuffed animals for the Wolfeboro Police Department to distribute to kids in need this season. Cruisers are stocked with the extra toys so officers can offer them on site to children in stressful and emergency situations.

ful," Wolfeboro's Police Department Dispatch Supervisor Mia Lyons said about Brewster's contribution. "Usually every child will get two to three stuffed animals from the Christmas Fund. Also, we give the extra toys to the cruisers, and we give them out to kids who maybe got hurt in a car accident, from a fire, or mom and dad are fighting, and they need a toy to distract the child. Every cruiser gets a bag

the Brewster Teddy Bear Toss."

Ridings notes that the Teddy Bear Toss is so much more than just a collection of toys. It is a community-building activity, and is another opportunity for students to participate in service above self and prepare for lives of purpose.

dent, from a fire, or mom and dad are fighting, and they need a toy to distract the child. Every cruiser gets a bag of stuffed animals from ing, and they need a toy ery cruiser gets a bag ing from, knowing that we will be warm this winter and will have quality care if we get sick or hurt. So many families live paycheck to paycheck and struggle to make this time of year special for their own children. It's important that we continue to help these parents at Christmastime and keep the spirit of giving and the joy of Christmas alive for the little ones in our community who need to feel it the most."

Snocross makes its debut at the Flat Track

LOUDON — The Flat Track at New Hampshire Motor Speedway will kick off its 2020 season in the height of the New England winter with an action-packed snocross event. The Eastern Snocross Tour will make its debut on the snow-covered dirt track when it rips into Loudon Feb. 15-16, marking the first ever winter event on The Flat Track. "We're looking for-



ward to a full season of racing on our newest racing surface, The Flat Track," said David Mc-Grath, executive vice president and general manager of New Hampshire Motor Speedway. "As New Englanders, we all know the cold and the snow is inevitable, and many of our fans already embrace the winter months by riding snowmobiles throughout the state. The Flat Track's lineup will give them another reason to love racing at New Hampshire Motor Speedway."

This two-day event will be round three of seven in the Eastern Snocross Tour Championship sanctioned by International Snowmobile Racing. Pro riders from around the east coast and beyond will compete in two qualifying rounds prior to the final event, which will be under the lights on Saturday, Feb. 15. The course will include a 100-foot frontstretch triple with a rhythm section on the backstretch that will have the fans on their feet. Youth divisions will also take to the track with riders starting as young as six years old.

Once the snow melts and New Englanders take their motorcycles out of winter storage, the Laconia Short Track, sanctioned by American Flat Track, will return

on Saturday, June 13, to kick off Motorcycle Week at NHMS, which continues through Saturday, June 20.

Friday Night Dirt Duels presented by New England Racing Fuel will kick off the NA-SCAR Cup Series Foxwoods Resort Casino 301 race weekend on Friday, July 17, headlined by the Granite State Legends Cars and the USAC Dirt Midget Association, featuring a night of short track racing on the dirt with NASCAR stars.

The USAC Dirt Midget Association will race on The Flat Track for a second time in 2020 on Friday, Sept. 11, during Full Throttle Fall Weekend with additional events being announced at a later date.

The Flat Track is the first track to be built in New England in the last 25 years. Crews turned

ON TAP

CONTINUED FROM PAGE B1

team will be at Goffstown for a 6:30 p.m. meet on Friday, Jan. 3.

The Kingswood girls' hockey team will be hosting ConVal-Conant at 7 p.m. on Saturday, Jan. 4, and will be at ConVal-Conant for a 7:30 p.m. on Monday, Jan. 6.

The Knight hockey boys will be at Oyster roughly 186,095 square feet of ground and 3,000 tons of clay to build the 0.25-mile track, which first opened in June 2019. The Flat Track, located directly behind the North East Motor Sports Museum, is the fourth racing surface on New Hampshire Motor Speedway's 1,200-acre property, which already includes the famed 1.058mile NASCAR oval, 1.6mile road course and a 0.25-mile mini-oval.

For ticket information for all events at The Flat Track, including the Feb. 15-16 Eastern Snocross Tour, the June 13 Laconia Short Track, the July 17 Friday Night Dirt Duels presented by New England Racing Fuel and the Sept. 11 race, visit New Hampshire Motor Speedway's web site at NHMS.com or call Fan Relations at 783-4931.

River at 6 p.m. on Monday, Jan. 6, and will be hosting Lebanon at 7 p.m. on Wednesday, Jan. 8.

The Kingswood Nordic ski team will be at Sandwich for a 10 a.m. meet on Saturday, Jan. 4, and will be at Proctor Academy on Tuesday, Jan. 7 at 3:30 p.m.

The Knight unified basketball team will be competing at Plymouth at 3:15 p.m. on Tuesday, Jan. 7.

Walsh shines in opening alpine meet

BY JOSHUA SPAULDING Sports Editor

MADISON — The Kingswood alpine ski team opened the season on Thursday, Dec. 19, at King Pine Ski Area in Madison.

While other meets scheduled for that day were cancelled due to the cold temperatures and predicted wind, the King Pine meet went on as scheduled, with little to no wind and beautiful blue skies.

As is tradition in the first meet of the season, the Knights and Kennett Eagles each did six runs of giant slalom. The first two runs were the first race, the next two runs were the second and the final two runs were the third race.

The story for the day for the Knights was the impressive performance of senior Jackson Walsh, who finished second in all three races, behind only Kennett's Connor Glavin.

In the first race, Walsh raced to second in a time of 59.04 seconds. one of just two racers to crack the one-minute mark.

Calvin Kinville was second for Kingswood in 1:03.67, placing seventh overall while Luke Shapiro was ninth in 1:05.07.

Nick Lamie rounded out the scoring for Kingswood, finishing with a time of 1:05.65 for 10th place overall.

Noah Shatzer was 15th in 1:07.27, Robbie Hotchkiss skied to 16th place in 1:09.51, Cameron Yates was 17th in a time of 1:09.85, Lou Arinello placed 18th in 1:10.58 and Camden Colson rounded out the field of Knights in 19th place in a time of 1:13.03.

In the second race, Walsh was again one of only two racers to finish in less than a minute,



JACKSON WALSH races for Kingswood during the season's first meet.



ALLISON BEAN led the way for the Kingswood girls at King Pine on Dec. 19.



JOSHUA SPAULDING

TAYGHEN GELINAS skis during the Kingswood ski team's first meet.

Kinville was second again, finishing in a time of 1:02.63 for seventh place while Shapiro finished in eighth place with his time of 1:04.57.

Lamie rounded out the scoring again, finishing with his time of 1:04.7, which placed him ninth overall.

Shatzer was 15th in a time of 1:06.4, with Yates in 16th in 1:07.94, Hotchkiss in 17th in 1:09.01, Arinello in 18th in 1:09.96 and Colson in 1:12.31 for 19th place.

In the third race, Walsh was second again with his time of 59.47 seconds.

Lamie moved up to second among the Knights, finishing in 1:02.9 and Kinville was third for Kingswood, putting up a time of 1:03.14 for eighth place.

1:05.16 to round out the scoring for the Knight bovs.

Shatzer placed 12th in a time of 1:05.9, Yates skied to 13th in a time of 1:06.11, Hotchkiss was 18th in 1:09.9, Arinello was 19th in 1:09.93 and Colson finished in 1:19.51 for 22nd place.

Allison Bean was the top skier for the Knights in all three races. In the first race, she finished in 1:01.17 for fourth place overall.

Tayghen Gelinas was next, putting up a time of 1:03.48 for 10th place and Hannah Crane was 13th in 1:08.79.

Rachael Paraskos rounded out the scoring for the Knights with her time of 1:10.21 for 15th place.

Alyssa Dow finished in 17th place in 1:10.97, lier was 21st in 1:14.8, Carolyn Day was 22nd in 1:15.13, Kylie Lewis finished in 1:16.28 for 23rd place, Logan Jeddrey was 25th in 1:21.88 and Hadley Larson finished in 26th place in 1:28.09.

Bean finished fifth overall in the second race, crossing in 1:01.89.

Gelinas was 10th overall with her time of 1:03.49 with Crane skiing to 14th place in 1:08.97 to finish as the third Knight.

Paraskos finished out the scoring for Kingswood with a time of 1:11.02 for 15th place.

Fournier finished in 16th place in 1:11.56, Dow in 1:16.66 for 23rd, Jeddrey was 25th in 1:20.22 and Larson was 26th in

In the third and final race, Bean finished in fifth place overall with a time of 1:02.5 to lead the Knights.

Gelinas was second with her time of 1:04.49, which put her ninth overall and Crane was 13th in 1:09.05.

Dow finished out the scoring with a time of 1:12.06 for 15th place.

Paraskos was 16th in 1:12.17, Day finished

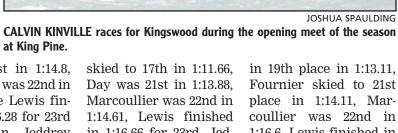
in 19th place in 1:13.11, Fournier skied to 21st place in 1:14.11, Marcoullier was 22nd in 1:16.6, Lewis finished in 23rd place in 1:16.74, Jeddrey was 25th overall in 1:21.31, Abbie Heald placed 26th with a time of 1:24.8 and Larson was 27th in 1:28.22.

The Knights will return to action at Cranmore in North Conway on Friday, Jan. 3, for a 9:30 a.m. meet.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Wolves sweep final week of 2019

1:25.33.



putting up a combined time of 59.21 seconds for second place.

Abby Fournier put up Shapiro finished in a time of 1:13.12 for 20th 11th place overall in place, Natalie Marcoul-

Softball winter workouts Saturday afternoons

WOLFEBORO - Kingswood softball winter workouts will be taking place on Saturdays from 4 to 6 p.m. at Kingswood Regional High School.

HOOPS

CONTINUED FROM PAGE B1

three-point play to pull within one but the Rams added a pair of free throws to push the lead back to three.

Ethan Howe drained a three-pointer for the Timber Wolves to tie the game at 39 with 3:55 to go and then a steal and hoop from Unzen gave the Timber Wolves the 41-39 lead. Raymond got a three-pointer to go back in the lead but Howe drained another three-pointer to push Prospect up by a 44-42 score.

Stellon hit another hoop to push the Prospect lead to 46-42 but Raymond closed out the quarter with three consecutive baskets and they took the 48-46 lead to the start of the fourth quarter.

The Rams then drained a three-pointer to start the fourth quarter to take a 51-46 lead but Unzen answered by going end to end for the Timber Wolves. Raymond followed with a hoop but Sanville drained his third three-pointer of the night to cut the lead to two.

The visitors came back with a three-pointer and a hoop to take the 58-51 lead with 4:20 to go. Unzen and Stellon hit back-to-back hoops to cut the lead to three and then Unzen hit two free throws to cut the lead to 58-56 with 2:54 to go.

Unzen then put back a rebound with 2:30 to go to tie the game at 58. However, that was the last basket the Timber Wolves would score as Raymond followed up by hitting three hoops and then four free throws and one more hoop to close out the game with the 70-58 win.

The close nature of the game brought out the best in the crowd, as the Prospect fans got behind their team and created a great atmosphere, which Faragher said made for a fun night.

"We try to channel the energy into something positive," Faragher said. "We want to be able to embrace that energy.

"They're always fighting hard and never giving up," the Timber Wolf coach said. "We have to keep getting better every day. We still have the majority of the season in front of us."

Unzen finished with

23 points to lead the way for the Timber Wolves.

The Timber Wolves were in action in the Lakes Region Holiday Hoop Tournament in Gilford after early holiday deadlines. They will return to regular season action today, Jan. 2, at Belmont at 6 p.m. On Friday, Jan. 3, the Timber Wolves will be at Somersworth at 7 p.m., they will be at Gilford on Tuesday, Jan. 7, at 6 p.m. and they will be hosting St. Thomas on Thursday, Dec. 9, at 6 p.m.

PMHS 7-17-22-12-58 RHS 11-17-20-22-70

Prospect 58 Burke 1-2-5, Stellon 3-3-9, Huggard 1-0-3, Howe 2-0-6, Sanville 3-0-9, Unzen 9-4-23, Ludwig 0-3-3, Totals 19-12-58

Raymond 70

Huynh 2-0-5, Trask 1-0-2, N. Krafton 3-5-12, J. Krafton 11-7-30, Goding 2-2-7, Criss 3-2-8, Kissane 2-0-6, Totals 24-16-70

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



COURTESY PHOTO

Santa was in the house at the Merrill Fay Arena prior to Christmas.

LACONIA — The New England Wolves continued their strong play in December with a final week sweep, going 6-0 in the last string of games in 2019.

Starting on Tuesday, Dec. 17, the Wolves Junior teams defeated the Worcester Railers (EHL 7-4 and EHLP 8-3) in hard fought road victories.

They continued their strong play in a fourgame weekend versus

the Connecticut Chiefs. With Santa in the building on Saturday, the Wolves EHLP defeated the Chiefs 9-0, and the EHL won 4-1. Carson Gates (EHLP) and LJ Newell (EHL) took the victories in nets.

Sunday's doubleheadproduced similar er results. EHLP won 9-3, helped by Noah Wirth's six-point performance and EHL won 3-2 off a game winning goal by

Tommy Condon. Combined for the week, the Junior teams won by a score of 40-13, averaging more than six goals per game.

The Wolves also dedicated the weekend of Dec. 21-22, as host family appreciation weekend. After games on both Saturday and Sunday, the Wolves provided potluck dinners for their teams and families.



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THIS DEVICE HAS CHANGED THE WORLD. MANY PEOPLE RELY ON ONE DAILY.

ANSWER: COMPUTER

VICE HAS CHANGED

Computer Word Find

Find the hidden words in the puzzle.

CC	ADH MPI DAT REW	А)		ME PRO	BOA MOR DCES DTEC	SS		S	EBO ECU TART VIRU	RE
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Y	L	0	F	Κ	E	Y	В	0	А	R	D

Get Scrambled

Unscramble the words to determine the phrase.

W P R O E P U



• **1777:** AMERICAN GENERAL GEORGE WASHINGTON DEFEATS BRITAIN'S GENERAL LORD CORNWALLIS AT THE BATTLE OF PRINCETON.

• **1870:** CONSTRUCTION ON THE BROOKLYN BRIDGE BEGINS.

• 2000: THE FINAL DAILY EDITION OF THE "PEANUTS" COMIC STRIP IS RUN.



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THE FIRST ELECTRONIC COMPUTER WEIGHED MORE THAN





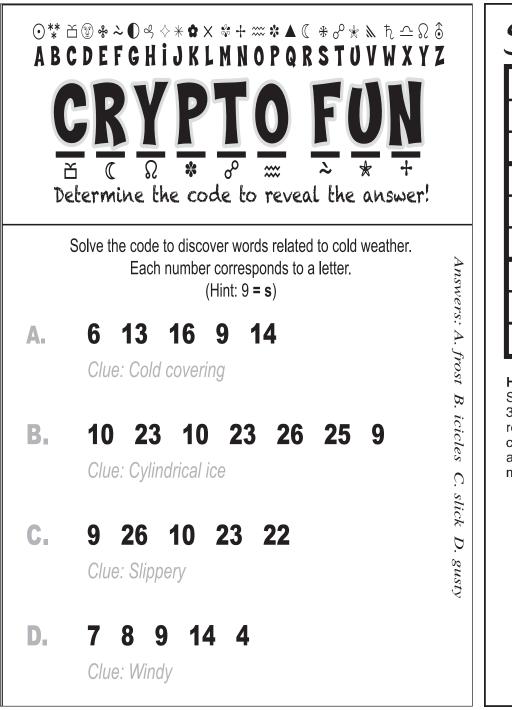
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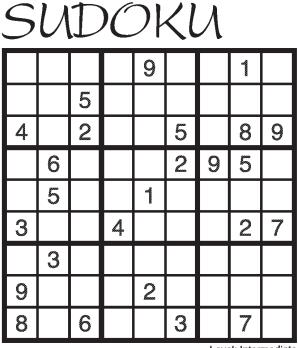




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ANSWER: COMPUTER MOUSE





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G	L		ε	4	6	9	2	8
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9		٢	8	3	S	ç	6	ŀ
Σ	-	G	7	6	٢	3	8	9
:AAWSNA								



Cyclocross Nationals

Wolfeboro's David Sandoval, a junior at Kingswood, competed in the cyclocross nationals, held during the week of Dec. 10 in Lakewood, Wash.

What the new year has in store

Last week in this space I wrote about the busy 2019 that was in the rearview mirror, including a number of trips around the country for various reasons.

This week, as the calendar turns to 2020, it's time to look ahead and see just what a busy 2020 has in store.

An exciting development that popped up last year was the chance to travel to Ireland with the University of New Hampshire Marching Band. This coming year marks the band's 100th anniversary and the director, who was a freshman during my senior year in the band, decided to plan a trip to Ireland and invited alumni to come along if they were interested. The first international trip (not counting Canada) I took in my life was also with the UNH Marching Band, when we traveled to Europe in late 2001-early 2002. I was also an alum at that point, but that trip was a blast and I am hoping the Ireland trip is much of the same. I'll be making that trip in mid-March and will be in Ireland for the annual St. Patrick's Day parade in Dublin. A few weeks later, I will make a shorter trip, this time to Florida for a little spring training baseball. The Kingswood baseball team has made a number of trips to Florida over the past few



years and I usually tag along with the Knights, in part for a good story, in part to get a taste of warmer weather after a long winter. This year the Knights will be going to Dodgertown in Vero Beach the final week of March. As it so happens, the Kennett baseball team is also planning to be there that same weekend, so I will get a chance to see two different teams in action over the course of the weekend.

Obviously, the big trip of 2020 is the two weeks-plus I'll be spending in Tokyo in late-July and early-August for the will be booking a flight, which is on my to-do list for early in the year. I am incredibly excited to get the chance to see the Olympics in a different light, though I'm not as excited to deal with the wonderful humidity that comes with a summer in Tokyo.

Of course, there will probably be a few Survivor trips in the spring as well, since it is season 40 and there's bound to be some excitement for the all-winner season of the game. It's looking like another New York trip and also possible trips to Atlanta and Los Angeles. But that is preliminary.

I'd also like to check another baseball stadium or two off my list, so I'll see how that works out as well.

I guess 2020 is going



Learn to curl session is Sunday

WOLFEBORO — Registration has started for Lakes Region Curling's Winter 2020 league. The season consists of eight Sunday matches, starting on Jan. 12 and running until March 8. No matches are scheduled for Feb. 2, Super Bowl Sunday.

Each match, held at Pop Whalen Ice Arena in Wolfeboro, runs for two hours, starting at 5:15 p.m.

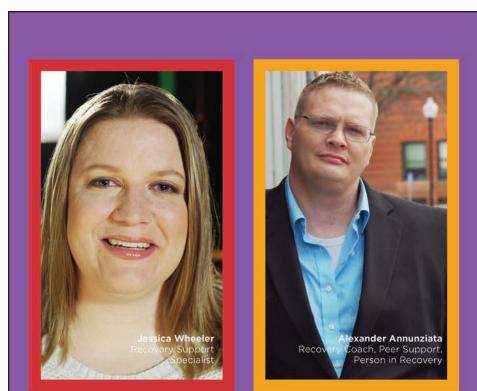
Registration is open to men and women aged 14 or over. No previous experience is required, and participants may join as individuals, with a partner, or as part of a complete team.

The LRCA will offer new players a learn-tocurl session on Sunday, Jan. 5, during which experienced curlers provide instruction in the rules and game play of curling. Curlers can use the traditional sliding delivery seen in television matches or use a "delivery stick" that lets the player walk to send the stone down the ice.

All equipment is provided and organizers will assist unaffiliated registrants in finding a team.

Registration fee is \$195 per person. Registration forms as well as waiver forms for adults and for minors are available for download from the LRCA web site at lakescurlingnh.org.

Sometimes referred to as "chess on ice," curling originated on the marshes of Scotland in the early 1500s and came to North America with British colonists in the 18th century. First demonstrated at the 1926 Winter Olympics, it became an official Olympic sport in 1998.



Summer Olympics. This will be my third Olympic trip, but it will be the first time I am covering the Summer Games. which from all accounts. are much bigger than their winter counterparts. I've taken a few preliminary looks at the schedule and it is daunting with how many different sports and events there are, but I am looking forward to the challenge of seeing as much as I can. As of right now, my plan is to be in Japan for July 23 and stay until Aug. 10. I have booked my media accommodations to cover those nights so the next step

to be a pretty busy year, assuming all goes as planned.

Finally, have a great day, Heidi Glavin.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@ salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



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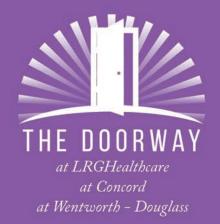


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