

# Gilford Steamer

THURSDAY, AUGUST 25, 2016

GILFORD, N.H. - FREE

## Thousands compete in Timberman Triathlon

BY ERIN PLUMMER  
eplummer@salmonpress.com

Thousands of athletes took to the waters and roads of the Lakes Region for the annual Timberman Triathlon events.

On Saturday, more than 200 athletes took part in the Timberman Sprint, with more than 2,400 coming from all over the world to do the 70.3-mile Timberman Ironman. Ella-coya State Park was the starting, finish, and transition area for the competitions. Athletes would swim off the beach, mount their bikes and ride across the region, and then run the course until they finished back at Ellacoya.

Athletes and spectators gathered at race village at Gunstock. Gunstock was also the site of the new trail run and the annual Iron Kids race for the Make-A-Wish Foundation.

Race director Lily Cennamo said the race went well overall.

"We had the best condition for the bike, we had superb weather," Cennamo said.

Some roads had been redone before the race took place, making for excellent road conditions for the bike race.

"We got a lot of comments on how beautiful the area is, the lake, and how the venue us just easier to get around," Cennamo said.

Around 2,400 athletes took part in the 70.3 race, which Cennamo said was an increase of between 400 to 500 people.

Around 200 people

took part in the sprint triathlon on Saturday.

This year a new trail run was introduced at Gunstock. On Saturday, 200 kids took part in the Ironkids race for the Make-A-Wish Foundation.

Cennamo said she heard from many people that hotels in the area were full for the weekend.

Planning for the weekend starts in January with a lot of coordination between fire and police departments, parks, volunteers, permits, and many more. The race starts in Gilford and goes through Laconia, Belmont, Gilmanton, Loudon, and Canterbury.

"All the towns are very supportive, and we appreciate that immensely," Cennamo said.

Over the course of the weekend 800 volunteers helped out in various ways. Many came from local groups such as the Girl Scouts, Boy Scouts, Concord Christian Academy, high school football teams, and many more.

Ironman will make a charitable contribution to all the organizations, totaling around \$28,000 every year.

The event is also one of the biggest fundraisers for the Make-A-Wish Foundation.

On Sunday afternoon awards were handed out for the 70.3-mile race.

The top finisher overall was Tyler Butnerfield of Bermuda, who completed the whole course in three hours and 15 minutes. SEE IRONMAN PAGE A11



Competitors approach the finish line at the end of the Timberman Triathlon.

ERIN PLUMMER

## Selectmen announce hiring of new Finance Director

The Gilford Board of Selectmen is pleased to announce the hiring of Glen A. Waring from Gilmanton as the town's new Finance Director, effective Sept. 19. He replaces Geoffrey Ruggles, who recently left to work for the town of Bow.

Mr. Waring is currently employed as the Business Administrator for the Mascenic Regional School District in Greenville. Prior to that, he worked for Belknap County as Finance Director from 2011 to 2015. He holds a B.S. in

Accounting from New Hampshire College.

He was chosen from a pool of 25 candidates, and was the unanimous recommendation of a search panel consisting of Selectman Richard Grenier, Laconia Finance Director Donna

Woodaman and Town Administrator Scott Dunn.

In addition to managing the town's finances, Waring will be responsible for overseeing assessing, welfare and information technology functions.

## Holocaust survivor shares story, message of healing

BY ERIN PLUMMER  
eplummer@salmonpress.com

As a child, Kathy Preston survived the Holocaust after a kind woman hid her in a barn. Now she is telling her story and spreading the word about the dangers of hate and the power of healing.

Preston, who now lives in Barnstead, shared her experiences at the Gilford Public Library on Tuesday.

Preston chronicled her life and experiences in her book "Holocaust to Healing: Closing the Circle." She speaks at many different venues about combating hate and bullying and finding healing.

Preston was born Kati Rubin in Nagyvarad, Romania, in the region of Transylvania, an area that was under Hungarian rule at the time. Her father was Jewish, and her mother was a Catholic who converted to Judaism.

Preston said her family was affluent with a house staff and she had a strict nanny. She talk-



ERIN PLUMMER

Kati Preston shares her story of surviving the Holocaust during a presentation at the Gilford Public Library.

ed about her happy family events, the children she was friends with in school, and her close relationship with her father.

"This man was the center of my universe," Preston said. "I adored this man."

Then Jewish people's rights were gradually stripped away. Preston recalled her family's staff SEE PRESTON PAGE A10

## Gilford prepares for Old Home Day this Saturday

BY ERIN PLUMMER  
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This Saturday, residents and visitors of Gilford will celebrate the town during the annual Old Home Day festivities.

This year's theme is "Cruisin' the Lakes," and the day's schedule of events will feature a day of activities for people of all ages.

According to the brochure available online, the day kicks off with the Gilford Rotary Club's 32nd annual Pancake Breakfast at the Gilford Community Church from 7-10 a.m.



FILE PHOTO

Kids will be racing again on Village Field this Saturday for Gilford Old Home Day happening this Saturday.

The Gunstock Nordic Association's 39th annual 5K Road Race will follow. Registration is from 6:30-7:30 a.m. The race starts at 8 a.m. at the entrance of Gilford Village Field. After the race prizes and awards will be presented.

The Old Home Day parade lines up at town hall at 9 a.m. and commences at 10 a.m. The parade goes from town hall, down Route 11A and goes through the village down Belknap Mountain Road, SEE OLD HOME DAY PAGE A10

## Holiday makes for early deadlines

MEREDITH — The offices of the Gilford Steamer, located at 5 Water St. in Meredith, will be closed Monday, Sept. 5 in observance of Labor Day.

To ensure that our Sept. 8 edition arrives in subscribers' mail boxes despite the holiday, the submission deadline for any press releases, letters to the editor, and obituaries intended for publication on the 8th will be moved up one business day, to Friday, Sept. 2 at 4 p.m. Submissions are welcome in person at our offices or by

e-mail at steamer@salmonpress.com.

Please note that any submissions received after 4 p.m. on the 2nd will be held for publication on Sept. 15.

For information regarding the holiday deadlines for display advertising, please contact our Sales team at 279-4516 or beth@salmonpress.com.

The staff of the Gilford Steamer thanks our readers for their cooperation with this change in our usual schedule, and wishes one and all a safe and happy Labor Day.

## Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

Tragedy and hope are essential parts of almost any story. Problems cause struggle, but possibly we will overcome some of the strife to make life better. In some areas of the southern United States there are shocking numbers of stray dogs in danger of starving or being killed in animal shelters. That's the tragedy. The hope is the work that Greg Mahle, his fellow driver, and his crew of 'angels' do in transporting these stray dogs north to be adopted by eager families. The book "Rescue Road: One Man, Thirty Thousand Dogs, and a Million Miles on the Last Hope Highway" is Peter Zheutlin's telling of this remarkable story. Peter put his journalistic experience to work

as he followed Greg for over 7000 miles of his ongoing journey so that he could tell that story to the world.

Greg drives a semi truck with room for up to 80 dogs at a time. He, with the help of suppliers and volunteers en route, helps the dogs to recover from malnourishment, anti-socialization, and exhaustion while traveling north. During any down time he finds homes for the dogs and arranges for them to be picked up on the route. His work has transformed many of the shelters and rescue organizations on his path as they rely on him to save the animals from being put down. It's the kind of work that you hear about and commend, but Peter Zheutlin took it a step further in traveling along the Rescue Road

and seeing the struggle first hand. His writing is captivating—he recognizes that this astonishing story needs little embellishment, only someone to help it to be heard. Check out RescueRoadTrips.com for more information on Greg and his program. They have transported over 55,000 dogs at this point.

We have "Rescue Road" at the library, and you should totally read it, but Peter will also be visiting the library tonight at 6:30 p.m. (at least if you are reading this on Thursday, Aug. 25). He will tell us about his adventure, authorship, and about the work that Greg has been doing. Peter has coauthored several books and is also the author of "Around the World on

Two Wheels." The program is free and open to the public, and is rescheduled from the initial date in June. As all of us librarians are dog lovers and Peter is a New-England best-selling author we are stoked to hear him speak.

### Classes & Special Events Aug. 25 to Aug. 31

#### Thursday, Aug. 25

Conversational French, 3:30-4:30 p.m.

Peter Zheutlin, Rescue Road, 6:30-7:30 p.m.

Author and Journalist Peter Zheutlin will be here to share his book, "Rescue Road: One Man, Thirty Thousand Dogs, and a Million Miles on the Last Hope Highway," the story of rescue dogs and the people, par-

ticularly Greg Mahle, that help them on their journey to new homes.

#### Friday, Aug. 26

Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German Class, 2:30-3:30 p.m.

Old Home Day Book and Pie Sale, 4-7 p.m.

Delicious pies and ice cream go well with a good read. Put on by the Friends of the Gilford Public Library with pies and books that are donated by the community, all proceeds will be donated to the Gilford Public Library through the various programs the Friends sponsor.

#### Saturday, Aug. 26

Old Home Day Book and Pie Sale, 9 a.m.-2

p.m.

See above. The Saturday Pie and Ice Cream Sale will begin after the conclusion of the Old Home Day Parade

#### Monday, Aug. 29

Mahjong, 12:30-3 p.m.

#### Tuesday, Aug. 30

Social Bridge, 10:30 a.m.-12:30 p.m.

Essential Oils with Bunny Brauns, 6:30-7:30 p.m.

Bunny Brauns will be here to talk all about essential oils with her daughters. Bunny will discuss what essential oils are, how they can be made, and what they can do for you!

#### Wednesday, Aug. 31

Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

## Gilford Public Library Top Ten Requests

1. "The Underground Railroad" by Colson Whitehead
2. "Sweet Tomorrows" by Debbie Macomber
3. "The Girls" by Emma Cline
4. "Bullseye" by James Patterson
5. "The Island House" by Nancy Thayer
6. "The Obsession" by Nora Roberts
7. "After You" by Jojo Moyes
8. "Here's to Us" by Elin Hilderbrand
9. "Me Before You" by Jojo Moyes
10. "Siracusa" by Delia Ephron

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## GILFORD POLICE LOG

The Gilford Police Department responded to 268 calls for service and made the following arrests during the week of Aug. 16-22. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Two juveniles, ages 16 and 17, were arrested on Aug. 16 for Violation of a Protective Order; Penalty and Un-

lawful Possession of Alcohol, respectively.

Joseph Coutu, age 20, of Laconia was arrested on Aug. 17 for Operating Without a Valid License.

Timothy R. Marchand, age 38, of Laconia was arrested on Aug. 17 for Conduct After an Accident, Driving After Revocation or Suspension, and Driving Without Giving Proof.

Shawn R. McKenney, age 26, of Tilton was arrested on

Aug. 18 for Default or Breach of Bail Conditions.

Jean Marie Graves, age 58, of Laconia was arrested on Aug. 19 for Driving While Intoxicated (Subsequent), Possession of Controlled/Narcotic Drugs, and Possession of Controlled/Narcotic Drugs with Intent to Distribute.

Cameron Dechiara, age 18, of Burlington, Mass.; Devon P. Ross, age 18, of Burlington, Mass.; Blake Riecks, age 19, of Burlington, Mass.; and two juveniles, ages 16 and 17, respectively, were arrested on Aug. 20 for Unlawful Possession of Alcohol. Dechiara, Ross, and Riecks were also charged with Criminal Trespassing.

Justine E. Razzaboni, age 20, of Hook-

sett was arrested on Aug. 21 for Possession, Sale, and Manufacture of False Identification.

Sarah Dintino, age 19, of Keene was arrested on Aug. 21 for the Manufacture, Sale, and Possession of False Identification.

Taylor L. Lemay, age 19, of Rutland, Mass.; Emily J. Lusier, age 19, of Fitchburg, Mass.; Jacklyn Rose Barry, age 19, of Fitchburg, Mass.; and Aisha L. Mathieu, age 19, of Lunenburg, Mass. were arrested on Aug. 21 for Unlawful Possession of Alcohol.

## Correction

In last week's front page article on the opening of Gunstock's Mountain Coaster, it was incorrectly reported that Gunstock took a subsidy from the county tax to offer summer activities.

Gunstock Area Commissioner John Morgenstern subsequently clarified that these projects do not receive a subsidy. The County Delegation has authorized loans for these projects which Gunstock intends to pay back.

The Gilford Steamer deeply regrets any confusion that may have resulted from this unfortunate but unintentional error.

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# Timberman a personal goal for some participants, a challenge for others

BY ERIN PLUMMER  
 eplummer@salmopress.com

From those who have been doing triathlons since they were teenagers to those who were talked into trying it for the first

time, every athlete at the Timberman Triathlon had their own story of training, dedication, and accomplishment.

On Sunday, more than 2,400 athletes from

as nearby as Gilford to as far away as Australia took on the 70.3-mile triathlon, also known as a half-Ironman.

Michelle Verschelden and her husband Michel

Guay came to the race from Saint-Jean-sur-Richelieu, Quebec, along with Michelle's brother Luc Verschelden.

Michelle Verschelden has done about a dozen

70.3-mile triathlons and four Ironman's. She and her husband do many triathlons together. During the summer months they will train between 12 and 14 hours a week and closer to 18 to 22 hours as the event draws closer.

This was Michelle Verschelden's third time doing Timberman. While she lost 10 minutes this year, she said she did better than in 2014.

Overall, she enjoyed this year's race, saying the weather was perfect for racing.

"The lake was wonderful, and the temperature is good," Guay said. "Not too hot, not too cold."

"We come back because we really enjoy being here, it's really welcoming," Michelle Verschelden said. "The volunteers are really, really nice."

This was Luc's first ever triathlon. He said the subject had been brought up before of him doing one and he refused, though he had a different answer in one night of New Year's Eve festivities.

"I had a few cold beverages and my sister told me, 'Do Ironman with us,' and I said, 'Okay,'" Luc Verschelden said.

He kept with that promise, saying he does what he says. He said he likes challenges in general.

"He was really stepping up his training and he did really well with his first time," Michelle Verschelden said.

Luc Verschelden said he loved it, saying the scenery was superb.

"The people were amazing," he said, saying the volunteers were especially great.

Ken Modica of Philadelphia and Mary Caruso from Connecticut have been doing Timberman since 2009.

"This is a nice event," Modica said. "The community really supports it, which is nice."

Both of them are regular triathlon competitors, other competitions they have done include Lake Placid, Atlantic City, and Philadelphia. They both train between 15 to 20 hours a week.

Julie Gliesing of San Antonio flew to the area for her first time doing Timberman.

She has been doing triathlons for 15 years, starting as a teenager with the support of her parents.

Now she does an average of eight triathlons a year, including three half-Ironman's, Olympic distance, and others.

This was her first Timberman. She is originally from Connecticut and heard of the race there. Her friend David Peysers was doing his first ever half-Ironman at Timberman and she wanted to join along with him.

"It was a fantastic race, I loved it especially the bike course," Gliesing said. "They did a really good job of just making it fun."

Gliesing said she mostly does triathlons for fun.

"Just really have a good time doing it," Gliesing said. While doing these events is a lot of work, "To me I want to do this just for the fun of it."

## Gilford Historical Society celebrates Old Home Day on Saturday

Gilford's three historical buildings will be open from 9 a.m. to noon for tours on Saturday, Aug. 27. All are invited to visit them before the 10 a.m. parade and afterwards.

At the beginning of the parade route, the 1857 Grange (located at 8 Belknap Mountain Rd., opposite the Village Store) will be open. In the Homestead Room, see for yourself what an early settler's one room home might have looked like. In the Store one can see items that might have been sold, plus the letter holder where one could pick up their mail (in the days before mail was delivered to our homes), plus an interesting assortment of early tools and a printing press.

At the 1834 Meetinghouse (located at 24 Belknap Mt. Rd., across from the entrance to the Village Field), there

are many items that pertain to the history of Gilford, such as an early ballot voting box, wreaths made of human hair, early farming equipment, and early school desks.

At the end of the parade route is the 1838 Rowe House, with its furnished four rooms: the dining room, the kitchen with its icebox,

wood burning stove, glass milk bottles, butter churns, molds and many other items, the bedroom with its rope mattress and unique Rumford fireplace and the parlor where one might want to look through the stereoscope and see early scenes.

On Old Home Day, stop by any or all of Gilford's three historical

buildings that are on the Parade Route and see what life was like in the 1800's. Plus, the popular Farmer's Market will be at the Rowe House where you can shop for fresh produce, good homemade pastries, and special handmade craft items will be open, some vendors will be staying until 1 p.m.



The Gilford Old Home Day Committee poses here with this year's t-shirts. Our theme this year is "Cruisin' the Lakes Region." T-shirts are \$10 each, and are available for purchase in the Gilford Library and the Gilford Parks and Recreation Office and will be available at the Gilford Village Field the day of the event, Saturday, Aug. 27. Pictured from left to right are Angie Pouliot, Diane Maher, Chris Bowler, Karen Thurston, Ethie Ritson and Pete Bowler.

## Gilford Rotary's Old Home Day pancake breakfast to benefit Cheryl Lynn Walsh Scholarship Fund

The best part of waking up on Gilford Old Home Day? The Gilford Rotary Club hosting their Annual Pancake Breakfast this Saturday morning, Aug. 27, from 7 until 10 a.m. at the Gilford Youth Center on Potter Hill Road. Cost is \$6 for adults and \$3 for kids. Gilford Rotary's secret recipe all you care to eat pancakes will be served with hearty sausage, orange juice, and piping hot coffee. Gluten free pancakes will also be on the menu. All proceeds benefit the Cheryl Walsh Scholarship Fund.

The scholarship was started at the urging of President Richard Ayers and other members of Gilford Rotary in 1988, and was first presented to Corey Ellis in 1989. Originally thought of as an "initially endowed" and eventually "self-sustaining" program, Gilford Rotary initially funded the Scholarship with seed money. The proceeds/earnings of the investments plus contributions by members of the



Gilford Rotarians in action pouring, flipping, and adding fresh blueberries to a batch of Gilford Old Home Day Pancakes. This year's Old Home Day Pancake Breakfast is this Saturday, Aug. 27 from 7 till 10 a.m.

Foundation, board and Selection Committee as well as Gilford Rotary have resulted in \$500 to \$2,500 grants to the recipients over the years.

Since the beginning, a silver commemorative bowl, a citation, and the grant have been given to recipients at Senior Awards Night in June. Since the beginning, a selection committee of board members, friends and past recipients has conducted interviews to select the recipients. The Scholarship has traditionally attracted appli-

cations from the brightest and most talented leaders and scholar/athletes of the senior class.

Several fund-raising activities have provided additional resources over the years: a Rotary District Ski Race, early on, and the long-standing Annual Old Home Day Rotary Pancake Breakfast, more recently. The goal has been

to raise and conserve a substantial enough principal to give a meaningful and truly helpful grant to each year's recipient(s).

Tax-deductible contributions may be sent to Treasurer, Cheryl Lynn Walsh Memorial Scholarship Foundation, c/o Gilford Rotary Club, Post Office Box 7091, Gilford, NH 03247-7091.

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## Pet of the Week: LEIA



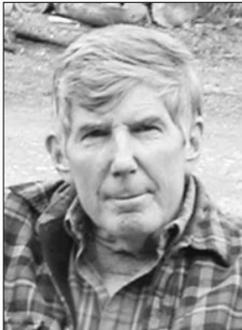
Leia, aged perhaps one year old is the perfect sized pint sized canine for anyone looking to share their life with a happy, extremely outgoing, super intelligent dog.

She arrived at New Hampshire Humane Society as a stray back in May. Perplexingly not one call from anyone looking for their missing companion meant she was available for adoption after the required time we must hold strays had expired. Leia enjoys regular trips off campus with one of her favorite volunteers. She has shown all of us just how much she wants to please and be with humans. She looks to those she is

with for instruction and is incredibly obedient knowing many commands. Truly though, a solid bond of mutual love and respect will provide years of happiness to the folks who take that special plunge and adopt Leia. Weighing in at a little over 30lbs, with a lustrous sleek short coat, a perky jaunt in her step and a perpetual smile on her face; what's not to love about Leia?

Ideal home: one that provides activity, walks and hikes, opportunity to meet the world – she might prefer to be the only dog in the home.

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By JOHN HARRIGAN  
COLUMNIST

Anders Morley loves traveling on foot. He's walked the length of New Hampshire, from Fitzwilliam to Pittsburg, he's gone halfway across Canada on cross-country skis, and now, to sort of quote Johnny Cash, he's been walking the line—the U.S.-Canadian line, the longest unfortified border in the world.

Or at least part of it.

Anders snagged room and board at the Harrigan Hilton with me a couple of times to stage for his border trek, having sought me out because he heard that I was interested in the border and know a few things about it.

I am, and I do. I know, for instance, that crews are kept busy every year or so keeping a 20-foot swath of the border clear of vegetation, from the St. Lawrence River just northwest of Montreal all the way to New Brunswick and the Bay of Fundy. I know that smuggling, a long-standing tradition, is still going on, involving everything from cigarettes to booze to, yes, drugs and illegal aliens. And I know that Quebec hunters maintain camps,

## NORTH COUNTRY NOTEBOOK *Illegal moose and obelisks: Tramping the international line*



JOHN HARRIGAN

For Anders, posing at the 45th Parallel sign on Route 3 just north of Stewartstown was only the beginning.



JOHN HARRIGAN

Anders Morley, ready to cross the beaver dam and disappear into the woods.

some of them fitted out with all the comforts of home, smack along their side the border in hopes of shooting one of our moose, dragging it to their side of the line, and make it disappear "Somewhere in Chartersville" before a Quebec warden shows up.

In this scenario, I imagine a similar scene in "Casablanca," but in

this case, it is not a casino that causes shock, shock do you hear, but a dead moose. "What moose? What blood-trail?"

Anders is not the first such story-chasing writer to stay at my house, which indeed sometimes seems like a hotel. Larry Millman, author of 16 books and perhaps best known for "Last

Places," stayed with me too, and had fascinating tales about life among the High Arctic's people. Anders reminds me of him, more at home alone in the wild than dealing with sidewalks and scads of people.

Anders had heard about something I'd written a while back about a pin-prick on the map where the boundaries of Maine, New Hampshire and Canada meet, a storied place established by the 1842 Webster-Ashburton Treaty, tweaked by small adjustments from more precise surveying ever since, and finally marked permanently by various obelisks and geodetic brass markers hammered into boulders and bedrock.

Using rod, chain and compass to initially mark the line, the 1843 Ashburton crew fought its way north through the elements and thickets, through swamps and over mountains, to ascertain roughly where northern New England and Quebec met.

A bit later on, a surveying crew marking the Maine-New Hampshire line fetched up on the Quebec line, piled up a large cairn of rocks, and carved their names and the date into the trunk of a yellow birch tree. This carving endured for decades, an object of fascination for generations of surveyors and hunters alike.

Anders wanted to do that stretch of the border from Maine to Vermont, and see that

SEE NOTEBOOK PAGE A5

### Gilford Steamer

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## FROM OUR READERS

### Hunter Taylor deserves to represent District 3

To the Editor:

As a member of the Belknap County Union Negotiating Team, it has been a pleasure to serve alongside County Commissioner Hunter Taylor these past 18 months. Commissioner Taylor, as the leader of our team, provided the guidance necessary to overcome the many obstacles we faced in securing signed labor agreements.

Our negotiating team faced a situation where union employees had not had a pay raise or signed labor contract since 2012. We had to negotiate with two different unions and four different bargaining units, each with unique concerns and objectives. We had to craft a different contract for each bargaining unit while making sure that all final contracts were equal in cost to the county taxpayer.

In two different negotiations, we reached an impasse, and it was Commissioner Taylor who suggest-

ed a solution that made it possible to move forward. The final result of this year's negotiations was three signed labor contracts, two of which were approved unanimously by union members and the County Convention.

In addition to his negotiating skills, Commissioner Taylor has demonstrated a dogged attention to detail and ability to "think outside the box". These skills helped significantly in the final design of the new Belknap County Correctional Facility ultimately saving Belknap County taxpayers approximately \$34 million.

For the above reasons, I support Hunter Taylor for County Commissioner. I don't live in District 3, so can't vote for him, but as a county resident, I have an interest in his winning the seat.

Roger Grey  
Sanbornton

### Smolin will bring experience and trust to the County Commission

To the Editor:

Sept. 13 is primary day throughout New Hampshire and the nation. I am looking forward to that day when I can cast my vote in Gilford for Jonathan Smolin, a well-known and respected Alton resident who is running for the Belknap County seat that includes the towns of Alton, Gil-

ford, Meredith and Ctr. Harbor.

Jonathan is a long time Alton resident with a community minded spirit. His

background, in business and the medical field, will be an asset to the commission and especially the county nursing home.

The county commission seat is an important position. What happens in

terms of what we pay in taxes for the county portion on our tax bill, is

directly related to what the commissioners recommend to the county

representatives. My recent conversation with Jonathan, has given me confidence, that he will act in good faith for the taxpayers, while carrying

out his duties, as required of him as county commissioner.

I hope you will join me in voting for Jonathan who is hard working,

experienced, and compassionate.

Thank you,

Jean Ferreira  
Gilford

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# Gilford Community Band fires up for Old Home Day

The Gilford Community Band will conclude its summer concert program at the Gilford Old Home Day on Saturday, Aug. 27. The 10 a.m. parade will be followed by the evening concert at 8 p.m. At 9 p.m., the traditional fireworks display will be ignited. Presently there are no schedule changes planned in case of inclement weather.

As always, Director Lyvie Beyrent has selected a varied musical program. "Carolina in the Morning" was composed by Gus

Kahn(words) and Walter Donaldson(music) in 1922. It debuted on Broadway in the risqué musical revue "The Passing Show." Risqué in 1922 would not be risqué in 2016. It is also used in public celebrations in North and South Carolina. Another selection "Saint's Hallalujah" is a combination of "When the Saints Go Marching In" and "Hallalujah"; and has an impressive trumpet soli section. Patriotic selections include "God Bless the USA," which was composed by Lee Green-

wood, and was rated #7 by Billboard magazine in 1984. He wrote it because "we need to be more united!" Even more important today! Question: What were the four cities that he include in the song? His pride in the USA was expressed by the words: "And I'm proud to be an American/where at least I know I'm free!" The "Stars and Stripes Forever" was composed by John Philip Sousa, and is regarded as his best composition. It "begins with a 4-bar introduction, and is followed by

a playful melody." In 1987 an act of Congress declared it to be the Official National March. There will be no "1812 Overture" as there will already be fireworks!

As always, Director Lyvie invites musicians to join the band for the Christmas concert session which begins prior to Thanksgiving Day. Rehearsals would be on Tuesdays at 7 p.m. Musicians of all ages and experience are welcomed. Oh, the answer! The answer reflects the 4 geographic directions: Detroit, New York, Los Ange-

les, and Houston. For further information, please contact Lyvie at lbeyrent@sau73.org.

## Dancers from Creative Steps grab the spotlight at national competition

FRANKLIN — Congratulations to the Creative Steps Dance Company of 20 Canal St. In Franklin. Dancers from Creative Steps ranging in age from eight to 18 left it all out on the dance floor recently when they attended DanceXplosion's summer national dance competition.

The event, which was held in Lake George, N.Y., hosted dancers from around the country. Dancers performed as well as took classes in Ballet, Tap, Jazz, Contemporary, Hip Hop and the like for five days. During this time creative Steps' dancers received many first place awards and scholarships for their technique and performance value.

Creative Steps dancers had the honor and privilege of be judged by and taking classes from very well known choreographers in the current dance industry including one of Beyonce's choreographers. These young dancers were able to stand out among the many entries and fellow studios from across the country winning the highest scoring and most coveted Xcaliber award for two of their tap routines "When I Was Your Man" and "Chopstix."

Owner and director of

Creative Steps Sue Harrington had the privilege to watch as her dancers received there awards.

"It was amazing to see the joy on these young dancer's faces when they realized they had won and all of their time, energy, and hard work paid off." Said Harrington.

Karina Tomlinson, a graduate of Gilford High this past June, received an award for the highest scoring solo in the senior division for her solo "Tap Talk." Harrington also received the choreography award for this solo, as well as the group dance "Strings."

"It is hard to believe it is over," Harrington said.

The dancers started working on their dances a year ago. They will now start on their new choreography for the upcoming dance season.

Creative Steps is very excited to have back on staff Aaron Tolson, formerly of "River Dance" and currently on staff at Broadway Dance Center in New York City. He will bring his rhythm style tap program to Creative Steps beginning Sept. 12, when fall classes begin.

For more information, email Creative Steps at office.csteps@gmail.com or go to csteps.com.

## LRPA offers a front row seat to "The Most Dangerous Game"

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (August 26 & 27) for our "LRPA After Dark" presentation of 1932's mystery-adventure "The Most Dangerous Game," starring Joel McCrea, Fay Wray and Leslie Banks.

"The Most Dangerous Game" opens aboard a luxury yacht sailing to South America. One of the passengers is big game hunter, author and adventurer Bob Rainsford (McCrea). The ship runs aground on a coral reef in dangerous, shark-infested waters. Several passengers enter the ocean but only Rainsford survives the shark attacks, swimming to a remote island. Looking for help, he comes upon the jungle fortress of Count Zaroff (Banks), an exiled Russian aristocrat. He also meets other victims of recent shipwrecks, including Eve Trowbridge (Wray) and her brother Martin. The Count, himself an avid sportsman who has turned the island into a private hunting preserve, knows of Rainsford's hunting prowess and is delighted to host him as his island's new-

est "guest." Eve confides to Rainsford that she feels something is not right on the island - several other survivors have recently gone missing. Searching the fortress, they come across a room filled with big game trophies, and one of them is a man's head! Rainsford realizes that the Count is a madman who hunts humans for sport. Rainsford and Eve soon find themselves as the prey in the most dangerous game! How will they escape with their lives?

"The Most Dangerous Game" began production at RKO Studios at the same time as "King Kong." The films had the same producers, so to save money, they shared several of the same actors (notably, Fay Wray) and jungle sets, as well as the same editor, screenwriter and composer. Fans of "Kong" may feel a similar style and pace to "The Most Dangerous Game." The film was very well received during its time by critics and moviegoers alike. Although the story has been adapted for film many times throughout the years, our version is considered to be the closest to the original story and still the very best.

All three leads give solid performance, particularly Leslie Banks as the over-the-top Count Zaroff. In his review, Mordaunt Hall of the New York Times noted, "... Through the imaginative fashion in which it has been produced... the fantastic theme of 'The Most Dangerous Game' makes a highly satisfactory melodrama." What are you waiting for? Grab your popcorn and meet us after dark for this vintage thriller.

You can't find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website ([www.lrpa.org](http://www.lrpa.org)) where you can catch all the fun.

### About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (informa-

tion and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member towns and cities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

## NOTEBOOK

(Continued from Page A4)

spot, and so one bright morning we piled into my truck and took off for Pittsburg's Boundary Pond, in a high saddle just a stone's throw from the Canadian line.

The tri-border spot is a couple of miles east of the pond, so I took a turn just shy of Boundary, aiming for a beaver pond that sits not far from the pin-prick on the map. There I dropped Anders, who splashed across the beaver dam, drew a bead on a densely wooded ridge, and with a wave headed straight north.

"I found the border, no problem," he said later, "and then backtracked a few hundred yards to find the meeting point. There was no fabled yellow birch any more, but there was a nice little granite obelisk, and the Maine line was newly marked with yellow diamonds tacked to trees."

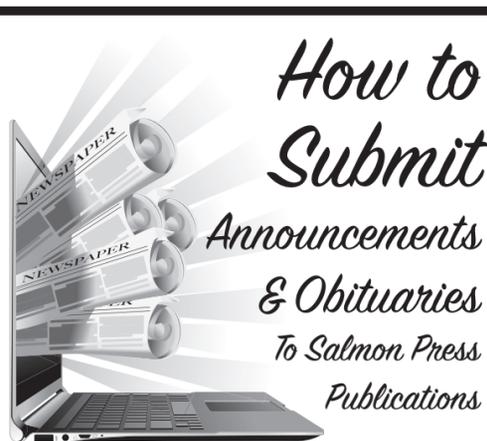
With that, he headed west, bound for the Pittsburg-Chartierville border station, and ultimately the Vermont state line. And he made it all right, after spending two nights out, one of them on a Quebec moose-hunter's platform.

(Anders is writing

about his border hike for an upcoming issue of New Hampshire Magazine.)

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Low-

er Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or Box 39, Colebrook, NH 03576.)



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## William E. Hurd, 55

FRANKLIN — William "Bill" E. Hurd, 55, a lifelong resident of Franklin, died at his home, Thursday, Aug. 18, 2016. Bill died peacefully in the surroundings of his home that he so enjoyed over the years with family and friends.

Born in New London, March 18, 1961, Bill was the son of Charles E. and Marilyn (Hazen) Hurd. He was a graduate of Franklin High School, Class of 1979. He was the ultimate optimist, which served him well in his long battle with cancer. He never gave up once over the six years of his illness.

He began running heavy equipment at the young age of 13. He owned and operated W. E. Hurd Construction from 1981 until his death.

In 2014, he went to work for the City of Franklin, employed as supervisor of the water-sewer department. He was a passionate golfer and longtime member of the Den Brae Golf Club in Sanborn-ton, serving as president of the men's twilight league for several years.

He always considered the folks at Den Brae as his second family. Bill believed strongly in community service. He was very active with the Franklin Outing Club, currently serving as president and in 2012 was honored with the Hurst Award, as "Community Hero." He served as past president of the Lakes Re-



gion Snowmobile Club which he had been active with for years. He also served on the Club Board of Directors. One of Bill's greatest joys was time spent at his camp in Stark, NH. He loved the north country and spent a lot of time there with family and friends. He especially looked forward to bird season and hunting with his bird dog, Cameron. Over the years, Bill served as a volunteer with the Franklin Fire Department and was active with the Explorer Program. He had been a longtime member of the Franklin Lodge of Elks.

Bill was predeceased by his father, Charles E. Hurd, who died in 2015.

He leaves his wife, Heather Hurd of Franklin; his mother, Marilyn (Hazen) Hurd of Franklin; daughters MacKenzie Hurd and her son Aiden Miller of Lochmere and Veronica Hurd of Gilford; stepchildren Emily Kosowicz and husband Ryan of Pembroke, Natalie Rocheleau of Franklin and Zachary Adams and his long time partner, Haley Beyer of Franklin; brother, Vincent Hurd and his wife Melissa and their son, Nicholas of New Boston; sister, Melissa

Thompson and husband Jerry and their children, India and Alan of East Andover. Bill also leaves his longtime close friend, Alan Carignan of Franklin; and numerous aunts, uncles and cousins.

Calling hours will be held Friday, Aug. 26, 2016, from 3 to 7 p.m. at the William F. Smart, Sr. Memorial Home, Franklin-Tilton Road (584 West Main St.) in Tilton. Burial will be at the convenience of Bill's family in the North Sutton Cemetery in Sutton.

A gathering to celebrate Bill's life will be held Saturday, Sept. 24, 2016, beginning at 2 p.m. at the Veterans Memorial Recreation Area, Flaghole Road in West Franklin. It would be Bill's suggestion that all come casually dressed.

For those who wish, and are able; in keeping with Bill's thoughts about community service, contributions in his name may

be made to either, the Franklin Outing Club, C/O Kathy Fuller, 200 Prospect St., Franklin, NH 03235 or Camp Sno-Mo, Easter Seals, 555 Auburn St., Manchester, NH 03103.

Bill's family expresses their "deepest gratitude" to his Oncologist, Charles Catcher, M. D., all the nurses in Oncology/Hematology, and the entire staff who cared for Bill at LRGH in Laconia for the past six years.

For more information, go to [www.smart-funeralhome.com](http://www.smart-funeralhome.com).

## Rebecca Ann Chicoine, 43

*"She has the soul of a gypsy, the heart of a hippie and the spirit of a fairy."*

LACONIA — Rebecca Ann Chicoine, 43, peacefully passed into eternity from her home on Thursday, Aug. 18, 2016 in the comforting arms of family. Her valiant struggle with cancer was finished, she is free.

Beloved daughter "Becca-boo," faithful partner and friend "Becca, Beck, Becky," ever patient teacher "Miss Becky" and most important of all, absolutely devoted mother "Momma," she was our wonder woman.

Physically and spiritually fit, her life's adventures found her searching for hermit crabs and sand dollars on Old Orchard Beach, riding motorcycles with Artie, foraging for unusual buttons at yard sales, participating in pow-wows and experimenting with a wide variety of ethnic recipes. Whew!

"Walk in beauty" - she personified it. Becky admired cardinals, dragon flies, cats, (Teddy the psycho cat included), bumblebees, dogs, geckos, guinea pigs to name only a few. Artistry, whether her own stained glass, colorings, quilting creations or those of others, including tattoos, pottery, sculpture showcased her home, a museum of treasured memories. Becca's po-



etry including verses and lists was complimented by perfect handwriting.

Born in Worcester, Mass., Becky graduated from Auburn High School, Auburn Massachusetts class of 1991 and Worcester State College. She dedicated her career to teaching preschool children, the last 15 years at Lakes Region Child Services.

Rebecca leaves behind her adored daughter, Lily Ann Farrar; fiancé Arthur Henry "Artie" Stevens; father, Alfred Chicoine, Jr.; mother, Joyce "Jody" Bennett; stepmother, Deborah Ford; sisters, Christine Ducharme and Amy Usher; nieces and nephews Emily and Jason Usher and Dillon and Josie Ducharme; stepchildren Samantha Weir, Tabitha and Alexis Stevens, Ezra, Aiden, Eliza and Olivia. How she loved being called "grammy." Some awesome friends, too numerous to completely mention, but including, locally,

Fawn, Mike, Tina, Trisha, Vicki, Suzie and Buzzy; colleagues and extended family.

Gratitude goes to oncology staff at Lakes Region General Hospital, Dartmouth Hitchcock Medical Center, Dr. Buff and Dr. Pipas, VNA & Hospice caretakers including nurses, Heidi, Jen, Patrick, Donna, nursing assistant Rosemary, social worker, Maria, Reiki Master Alysha.

Memorial calling hours were held on Tuesday, Aug. 25, 2016 from 6 - 9 p.m. at the Wilkinson-Beane-Simoneau Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Celebration of life gathering is planned in Auburn, Mass., date to be announced.

For those who wish, the family suggests that memorial donations may be made to NH Humane Society, PO Box 572, Laconia, NH 03247.

"May flocks of angels guide you to your rest."

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

## Jayne Parker Conger, 78

LACONIA — Jayne Parker Conger, 78, of 1 Dixon St., died Monday, July 25, 2016 at Genesis Laconia Rehabilitation Center in Laconia.

She was born on July 20, 1938 in Laconia, the daughter of the late Win-



throp and Marguerite (Gaudette) Parker. Jayne worked as a Laboratory Technician for a number of facilities, most recently for Franklin Hospital. She also worked for Laconia Linen and National Power Products.

She is survived by her husband of 52 years, Alger Conger of Laconia; one son, Daniel Conger of Freedom; and five grandchildren, Danny, Laura,

Clifford, Sam and Janey.

There will be no calling hours.

A memorial service was held at 11 a.m. on Saturday, Aug. 20, 2016 at the First United Methodist Church of Gilford, 18 Wesley Way, Gilford. Burial will be private.

For those who wish, memorial contributions may be made to the First United Methodist Church of Gilford, 18 Wesley Way, Gilford, NH 03249.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

## Belknap Mill Society kicks off Artist-in-Residence program

LACONIA — The Belknap Mill Society invites the community to a public reception on Wednesday, Sept. 7, 5 to 7 p.m., to celebrate the launch of its Artist-in-Residence program. Larry Frates, founder of Frates Creates and long-time artist and arts instructor, will serve as the first Artist-in-Residence at the Mill. The event will feature an exhibition of Frates' artwork and light refreshments in the Riverside Gallery at the Mill.

While Frates has deep roots in Laconia and applies his talents to develop the arts and arts resources in the Lakes Region, he also facilitates state, national and global arts programs.

"Larry has facilitated a number of highly successful collaborative arts project in the iEARN global educational network," said Ed Gragert, Interim Global Coordinator for the Global Campaign for Education. "He has enabled young people around the world to interact and work together in friendship and peace through the universal language of art."

In his role as Artist-in-Resident, Larry will help develop the new Cultural Committee for the Belknap Mill. This committee will work with the Mill's staff to recommend and implement multi-disciplinary arts programming at the



Larry Frates

Belknap Mill. In addition, Frates will offer weekly arts classes and specialty workshops for students of all ages and abilities, and intergenerational exhibits in the Mill's Riverside Gallery. Information about upcoming classes and exhibits can be found at [www.belknapmill.org](http://www.belknapmill.org).

"As an instructor and artist, I am passionate about creating opportunities to connect community through art," said Frates. "In this unique collaboration, the Belknap Mill Society and Frates Creates will be a catalyst for the arts in the Lakes Region. Together, we will bring history and art together to explore our shared cultural heritage and celebrate our community's creative spirit."

"Larry has been at the center of arts and culture in our community for more than 40

years," stated Allison Ambrose, President of the Belknap Mill Society. "We are delighted to introduce him as our Artist-in-Residence. His input and creative energy will enrich the cultural and educational opportunities here at the Mill for all members of the community."

Beginning on October 4, Larry can be found at the Belknap Mill the first Tuesday of every month from noon - 1 p.m. - sitting in front of his easel, painting. The community is invited to stop by, talk with Larry and watch as art evolves on the canvas.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as the Lakes Region's unique historic gathering place and a center for award-winning cultural and educational programs. Built in 1823, the Belknap Mill is the oldest unaltered textile mill in the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a donation or to learn about becoming a member, visit [www.belknapmill.org](http://www.belknapmill.org) or email [development@belknapmill.org](mailto:development@belknapmill.org).

  
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# LRGHealthcare Golf Classic raises \$53,000 to benefit patients at LRGHealthcare

LACONIA — The LRGHealthcare Golf Classic presented by Bank of New Hampshire was held at the Laconia Country Club on Monday, Aug. 8. It was a perfect golf day and a great success as the event raised an impressive \$53,411.85.

Proceeds from the 2016 Golf Classic will be utilized by the LRGHealthcare Care Management team to assist those patients who are facing not only significant health issues, but also have enormous financial challenges.

LRGHealthcare President & CEO Kevin Donovan was very pleased with the tournament's outcome.

"With just a few weeks at LRGHealthcare under my belt this golf tournament was a great way to meet many community members and friends of the hospital," stated Donovan. "It was a perfect day all around ... Laconia Country Club is a beautiful course and we were fortunate to have ideal weather and golf conditions. I'd like to



LRGHealthcare President & CEO Kevin Donovan (center) thanks Bank of New Hampshire team golfers for their generous support as Presenting Sponsor of the Aug. 8 LRGHealthcare Golf Classic. From left to right: LRGHealthcare General Counsel Mitch Jean, Esq.; Michael Garner; Kevin Donovan; Bank of New Hampshire President & CEO Mark Primeau; and Peter Walkley, MD. The event, held at Laconia Country Club, raised more than \$53,000 to benefit local patients through the Care Management program at LRGHealthcare.

extend my gratitude to everyone who supported and helped to make this year's tournament such a success. This is clearly a special community and I look forward to settling right in."

Bank of New Hampshire was joined by several high-level sponsors including Gold Sponsor DiGiorio Associates Inc./Monitor Builders Inc.; Silver Sponsors Brennan & Pike, Cross Insurance, and Prism Healthcare Partners LTD; Driving Range Sponsor MetroCast Business Services; Golf Ball Sponsors Cisco, FairPoint Communications, and Martin Technical Services LLC; Bronze Sponsors Auxilio, FirstLight, Franklin Savings Bank, Giguere Electric, Inc., KeyBanc Capital Markets, Landmark Benefits, Inc., Gil Schohan & Nils Skorve, and Tufts Health Freedom Plan; Cart Sponsors Comport Healthcare Solutions & Hewlett Packard Enterprises, and Electric Connection; and Corporate Sponsors Bay Point Financial LLC, Bonnette, Page & Stone

Corp., EMC<sup>2</sup>, Golden View Health Care Center, Gragil Associates, Inc., HVAC Unlimited LLC, Jackson Lewis P.C., Lacewood Group Inc., Larry Vernaglia and Foley & Lardner's Health Law Practice Group, MB Tractor & Equipment, Meredith Village Savings Bank, Stanley Elevator Company, STANLEY Healthcare, and Stewart's Ambulance Service.

The LRGHealthcare Golf Classic featured three Hole-in-One contests courtesy of Fratello's Italian Grill, Dr. Paul F. Racicot and Family, and the Irwin Automotive Group. More than a hundred businesses and nearly two hundred golfers in two full flights will come out to support this year's LRGHealthcare Golf Classic.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare is committed to providing quality, compassionate care and to strengthening the well-being of our community.

## Taylor Community announces upcoming programs

LACONIA — The Taylor Community will host the following special programs over the next few weeks.

### Talking to Your Doctor: Taking an Active Role in Your Healthcare

Carolyn Muller, Community Health Improvement Specialist at Lakes Region General Hospital, explains how you can play an active role in your healthcare by talking to your doctor. Clear and honest communication can help both of you make smart choices about your health. Carolyn will share tips that can help you talk to your doctor and make the most of your appointment.

The event is scheduled for Tuesday, Sept. 6 at 2 p.m. in the Elm Room at Taylor Community's Woodside Building. This event is free and open to the public, but reservations are requested by calling 524-5600.

### "Love Letters" by A.R. Gurney

Join us for a one-night only performance of "Love Letters" by A.R. Gurney, Wednesday, Sept. 7 at 6:30 p.m. in Taylor Community's Woodside Building. This funny and poignant two-person play follows the relationship of two privileged WASPs — Melissa Gardner and Andrew Makepeace

Ladd III — through the letters they write to one another over the course of 50 years, starting in 1937.

This event is free and open to the public, but reservations are requested by calling 524-5600.

The show looks at how people grow up, grow older and confront the results of the choices they make throughout their lives. Rebecca Cole of New York City and Center Sandwich, and Hank Offinger, Taylor Community's Director of Care Management, perform the roles of Melissa and Andrew.

### Laconia Police Department's Citizen Police Academy

The Citizen Police Academy provides community members with an inside look at the Laconia Police Department. The purpose of the academy is to increase understanding between the citizens through education and interaction with members of the Laconia Police Department.

This 12-week program will be held Thursdays, Sept. 8 through Nov. 17, from 2-4 p.m. at Taylor Community's Woodside Building. Students will be taught by police executives, veteran police officers, civilians and volunteers from the law enforcement community. Par-

ticipants will have the opportunity to meet with the Police Chief and staff members. Applicants are asked to commit to full attendance of all scheduled classes.

For applications or more information, contact Brenda Kean at 366-1226. The deadline for application is Sept. 1, and the maximum class size is 20 participants.

### Flight of Remembrance: A World War II Memoir of Love and Survival

Author Marina Dutzmann Kirsch will share her book "Flight of Remembrance," Monday, Sept. 12 at 6 p.m. in Taylor Community's Woodside Building. The event is

free and open to the public, but reservations are requested by calling 524-5600.

The book tells the story of her father, Rolf, who is forced under threat of execution or exile to flee his homeland and repatriate to Germany in 1939 before the first Soviet takeover. Rolf is a Latvian aeronautical engineering student who meets Lilo, a young German woman, in 1940 Berlin.

Despite the immeasurable evil, suffering and desolation of WWII, Rolf and Lilo experience their most cherished dreams come to pass. This includes Rolf's employment in the U.S. Space Program after their 1951 immigration.

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# MARK ON THE MARKETS

## Principled investing



BY MARK PATTERSON

I first heard it referred to as “socially responsible” investing, then it became impact investing or green and a number of other ways that I want to refer to as principled investing. Speaking with many investors gives me insight as to what their objectives are when investing their money. Often times, they come in my office with some mutual funds that are categorized as growth or income, large-cap, small-cap, international, and a bunch more. Eight or nine years ago I had given some presentations regarding socially responsible or impact investing. Often times, these talks attracted those who lean towards those environmental minded. As the word got out that I was designing portfolios of investments specifically based on people’s principles and values, I found that almost everyone wanted to tailor their portfolio and invest in companies that they felt good about and more importantly, avoid those companies or industries they despised.

The “socially responsible” tag was often stuck on those with politically left leanings who did not like companies such as Walmart, Exxon Mobil or a host of other companies whose practices they questioned. I have also had

clients that sold their mutual funds because they had Internet related companies like Google a.k.a. alphabet, because these clients were concerned about Internet pornography. I have had clients tell me they do not want GE in their portfolio because the current CEO is an economic advisor to the current administration in Washington, D.C. and political crony.

I believe most people do have their opinions, likes and dislikes and principles when it comes to investing their money. As an advisor there are certain companies that I would not invest my own money based on my principles. But my principles are not your principles, you must voice your opinions and principles as to where you want your money invested and where you do not. It’s very difficult to eliminate all companies that you may have an issue with, but identifying beliefs based on your principles that are important to you and then talking to your advisor about it is a great start. There are plenty of great companies whose equity or debt you can buy for your portfolio that can fit your criteria.

If you choose to plow your money into mutual funds, you must understand that you may have an issue with many of these companies in the fund’s portfolio. There are a few “socially responsible” funds but they may not reflect your principles, likes and dislikes at all. There are some great advantages to building your personal portfolio with individual stocks and bonds as opposed to

mutual funds. I understand that many may be forced into funds because they’re in your 401(k) 403B plan, or you may just be getting started and not

have enough money to get diversification with individual stocks or bonds.

If you have not done so yet go to my website, [www.MHP-asset.com](http://www.MHP-asset.com), go to tools and

risk analysis to obtain your risk number that you can match up to your current portfolio or see what your risk number portfolio mix

may appear.

Mark Patterson is an advisor with MHP Asset Management can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com).

## John Nesteruk and Kaitlyn Sasseville receive 2016 Meredith Village Savings Bank Culinary Arts Center Scholarship

MEREDITH — Meredith Village Savings Bank (MVSB) is pleased to announce that John Nesteruk and Kaitlyn Sasseville each received MVSB’s Culinary Arts Center Scholarship for 2016. Nesteruk and Sasseville are recent graduates of the Huot Regional Technical Center/MVSB Culinary Arts Program, as well as graduates of Hill High School and Gilford High School, respectively.

Nesteruk and Sasseville plan to study culinary arts in the fall. Nesteruk will be attending Lakes Region Community College and Sasseville will be attending Southern New Hampshire University.

MVSB was instrumental in the support of the Huot Regional Technical Education Center and its Culinary Arts program, Laconia High School’s capital campaign in 2012. MVSB’s financial commitment of \$100,000, helped fund a state-of-the-art educational facility, kitchens and a flag-ship restaurant. The Center provides hands-on education for students aspiring to join the hospitality industry throughout the Lakes Region. The creation of this scholarship continues the MVSB tradition of community support while creating a financial opportunity for students to advance their culinary studies.

The MVSB Culinary Arts Center Scholarship is an award presented to deserving graduating seniors who embody the values of honesty, leadership and academic excellence and are seeking to continue their education in culinary arts or a related field.

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John Nesteruk of Hill and Kaitlyn Sasseville of Gilford are recipients of this year’s Meredith Village Savings Bank Culinary Arts Center Scholarship.



COURTESY

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## Plans underway for Grand Pumpkin Parade Oct. 22

LACONIA — The Lakes Region Chamber of Commerce is excited to announce plans for a bigger and better Grand Pumpkin Parade this Oct. 22 during the 2016 NH Pumpkin Festival taking place in Downtown Laconia.

“Children’s Dentistry and Kennel Orthodontics are so excited to be the sponsors for the Grand Pumpkin Parade at the New Hampshire Pumpkin Festival again this year! Last year, our team had such a great time dressing up and passing out fun giveaways. It was really great to see so many familiar faces at the festival and we hope to see even more this year! We are so thrilled that this year’s parade will now include floats and we already have been brainstorming up some really cool ideas for our float!” announced Dr. Melissa Kennel.

“We are continually grateful for the support of our business community. Watching the collaboration of so many people working together to create ideas and make



COURTESY

Doctors and staff from Children’s Dentistry and Kennel Orthodontics pose at last year’s parade in front of Storyland’s Pumpkin Coach along with Cinderella. Both businesses are looking forward to sponsoring this year’s 2016 NH Grand Pumpkin Parade on Oct. 22.

them happen is simply amazing. There is an incredible sense of pride in the Lakes Region!” said Karmen Gifford, President of the Lakes Region Chamber of Commerce.

The staff at the City of Laconia Parks & Recreation has stepped in to improve the coordination of the parade and assist with the process. This year, we encourage floats and will allow motorized vehicles in the parade. Pre-registration is encouraged. The theme of this year’s Grand Pumpkin Parade is all about pumpkins and will kick off at 1 p.m. on Oct. 22, beginning at the corner of Water Street

& Beacon Street West making a complete loop around Beacon Street West/East. Participants from across the state are welcome.

If your business, civic organization, group, or band would like to participate, please go to [NHPumpkinFestival.com](http://NHPumpkinFestival.com) for a Parade Registration Form and Guidelines or call Laconia Parks & Recreation at 524-5046. Plans grow like pumpkins. For the most up-to-date information about NH Pumpkin Festival, go to [NHPumpkinFestival.com](http://NHPumpkinFestival.com). Follow the festival on Facebook, Instagram and Twitter.

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# Katherine Gingrich to perform in Pride of The Valley Marching Band

ANNVILLE, Pa. — Katherine Gingrich of Gilford will march with the 2016 Pride of The Valley Marching Band of Lebanon Valley College. Gingrich, a graduate of Gilford Middle High School, is

pursuing a bachelor of science in chemistry in ACS chemistry at The Valley.

The marching band performs at all home football games as well as exhibitions including the Cavalcade of

Bands Championships in Hershey, Pa., and the Collegiate Marching Band Festival held in Allentown, Pa.

During the upcoming football season, members of the 2016 Pride of The Valley

Marching Band will present their show "Rhapsody." The premise of this year's show is to take three great pieces of music with the word 'rhapsody' in the name and make a great show. "Rhap-

sody" features music from and inspired by "Rhapsody in Blue" by George Gershwin, "Rhapsody on a Theme of Paganini" by Sergei Rachmaninoff, and "Bohemian Rhapsody" by Queen.

The band is under the direction of Dr. Christopher J. Heffner, director of bands and associate professor of music. Drum majors are Michael Halcovage, Meghan Owens, and Katelyn Neiswender.

For more information, visit <http://prideofthevalleylvc.wix.com/marching-band>.

Lebanon Valley College is a private, coeducational college founded in 1866 and dedicated to the liberal arts. The College offers 40 undergraduate majors plus self-designed majors and a range of minors, concentra-

tions, and pre-professional options, as well as graduate degree programs in athletic training, business administration, music education, physical therapy, science education, and speech-language pathology.

The College has 1,608 full-time undergraduate students and 108 full-time faculty. Students can choose from more than 90 clubs and organizations, and 12 study abroad programs. LVC awards generous academic scholarships to those whose high school records demonstrate a commitment to challenge and achievement. Learn more at [www.lvc.edu](http://www.lvc.edu).

Annville is 15 minutes east of Hershey and 35 minutes east of Harrisburg; Philadelphia, Washington, D.C., and Baltimore are within two hours.

# Local Scout achieves Eagle rank

WOLFEBORO — Bailey Jensen of Moultonborough will be awarded the rank of Eagle on Friday, Aug. 12 at an Eagle Court of Honor to be held at 6 p.m. in the evening at the Church of Jesus Christ of Latter-day Saints, located at 388 North Main St. in Wolfeboro. Jensen is a member of Boy Scout Troop 650, and the troop is sponsored by the Church of Jesus Christ of Latter-day Saints.

To earn the rank of Eagle, a Scout must earn at least 21 merit badges and demonstrate leadership and community service through an Eagle project. For his project, Jensen diligently organized the collection of dental hygiene supplies, organized over 40 volunteers, and worked closely with



COURTESY PHOTO

Bailey Jensen

local dentists and the non-profit organization, Color My World ([colormyworldkids.org](http://colormyworldkids.org)) that does humanitarian work in Central and South America. Through Bailey's willing efforts, more than 900 toothbrushes, 650 tubes of toothpaste, 150 rolls of dental floss, and 100 bottles of mouthwash were collected and assembled into 150

dental kits. The kits were then donated to Color My World.

Bailey was able to travel with Color My World to help distribute these kits to adults and children in the village of Chinandega, Nicaragua. He greatly enjoyed being able to meet the people that his work would touch.

Jensen passed his final Eagle Board of Review on Wednesday, June 29.

He would like to thank Angela Hughes and the other Color My World volunteers, the local dentists who generously participated, the many local volunteers who helped to assemble the kits, his Scout Troop and leaders, and his parents and family for the many hours of help and support that have been given in pursuit of the Rank of Eagle.

The local dentists who donated supplies were Dr. Darren Boles, Laconia; Children's Dentistry of the Lakes Region, Gilford; Dr. George Felt, Meredith; Dr. Nicholas Fleury, Meredith; Interlakes Family Dental Center, Moultonborough; Dr. Robert Maguire, Wolfeboro; Dr. Richard Neal, Jr., Wolfeboro; Dr. Benjamin Selle, Wolfeboro; Dr. Shawn Silva, Wolfeboro; Dr. Charlie Simpson, Wolfeboro; and Dr. Garrett Taoka, Center Harbor.

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## Consider All Aspects of College Savings Options

It's almost back-to-school time. If you have young children going to public schools, your biggest expenditures may be on pens, pencils and notebooks. But if you want those same kids to go to college someday, you'll eventually face considerably larger costs – so you may want to start preparing soon.

College is costly. For the 2015-16 school year, the average expense (including tuition, fees room and board) was nearly \$20,000 at a public, four-year school, and more than twice that amount at a four-year private school, according to the College Board. Of course, cheaper alternatives are available – your children could go to a local community college for two years at a very reasonable cost, and then transfer to a four-year school.

Still, if your child does go on to get a bachelor's degree, those big bills will eventually arrive. As you consider how you can best deal with these costs, ask yourself these questions:

- **How much can I afford to contribute?** As much as you'd like to help your children pay for college, you also have to think about your own needs – specifically your retirement. Think very carefully before reducing contributions to your retirement plans, such as your IRA and 401(k), to help fund a college savings plan. After all, your children may be able to get scholarships and grants, and even if they have to take out loans, they'll have many years in which to repay them – but you can't postpone saving for retirement without jeopardizing your ability to enjoy a comfortable lifestyle. When it comes to prioritizing your financial goals, putting yourself first is not necessarily a selfish act.
- **What college savings plan should you consider?** A number of college savings options are available. For example, you could contribute to a 529 plan which offers potential tax advantages and high contribution limits. You might also consider a custodial account, such as an UGMA or UTMA, although when your children reach the age of majority, they are free to do whatever they want with the money – and their plans may not include college.
- **What will be the effect of a college savings plan on financial aid?** When colleges determine financial aid packages, they will evaluate your child's assets differently than your assets. Your child typically would be expected to contribute 20 percent of his or her assets, while you are only expected to contribute up to 5.6 percent of your assets. Consequently, you may be better off saving for college in your name, rather than your children's. Under the federal financial aid guidelines, an UTMA/UGMA account is classified as a student asset, while 529 plans are counted as parental assets if parents are the account owners. (The rules on financial aid are not always so clear-cut, however, so it might be worth your while to contact a financial aid officer at a local college or university to ensure that your chosen method of saving will still allow for the greatest possible assistance.)

As you can see, you've got several factors to think about when it comes to helping your kids meet their higher education goals. Study up on these options, so you can find the right answers for your family's needs.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at 279-3161 or email Jacki at [Jacqueline.Taylor@edwardjones.com](mailto:Jacqueline.Taylor@edwardjones.com). Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook [www.facebook.com/EJAdvisorJacquelineTaylor](http://www.facebook.com/EJAdvisorJacquelineTaylor).



**PRESTON**

(Continued from Page A1)

no longer working for them, and then her mother gave her a gold star to wear.

Jewish families were expelled to the ghetto. Her father went, though her mother was exempt because she was Catholic. She said she remembered hearing her mother say-

ing goodbye to her father. Preston said she wasn't worried "Because daddy always came back."

Preston's mother hid her in the apartment to keep her out of the ghetto to herself. The family received regular visits from a peasant woman who would deliver milk.

When the woman found out she was hiding a child, she offered to take her to her home and keep her safe.

Preston said she spent a total of three months in the barn and said the lady was extremely kind to her.

One morning, three

soldiers came into the barn, and she said she immediately pulled hay over her as she was instructed to.

One of the soldiers stood in front of where she was hiding, and the soldiers started poking bayonets into the hay. One of the bayonets came



ERIN PLUMMER

**Kati Preston showed photos and stories of her father and her stepfather's daughter Dita, two people who lost their lives in Auschwitz.**

said. "It took me 50 years to stop hating." She said she still feels sorrow and she hasn't been able to forgive, though she emptied her heart of hatred.

Now she tells her story and the stories of those who perished.

"I speak for the dead because they can't speak for themselves," Preston said.

Preston talks about modern-day hatred and persecution, saying many other genocides are going on now. She said it is easy to stand by bullies but much harder to take a stand against it. She teaches people to not look away when someone is being persecuted.

Now she has four sons and four granddaughters, all of whom she said that peasant woman saved when she saved her life.

She said the only solution to hate is education.

"As long as the children are educated this won't happen again," Preston said.

Preston said her favorite group of people to speak to is middle schoolers.

"One of the reasons I speak as well, especially to young people, I want to make them understand that it did happen," Preston said. "It's not just a story, it's not just a book you read."

close to her face and got stuck in the wood.

"I remember when they were looking for me my heart was beating so hard," Preston said.

The soldiers never found her and eventually left the barn.

Preston was reunited with her mother and she talked about spending the next few years hungry.

She learned at age 12 that her father had died at Auschwitz.

She said her father was smuggled out of the ghetto to Romanian territory, but before he was supposed to leave he turned around saying he wanted to see his daughter. He was captured.

"He was taken to Auschwitz and never came back," Preston said.

She said she felt guilty for that for a long time. Preston said she learned the brutal way her father died when she was 12 from the man who would become her stepfather.

"My soul got so filled with hatred," Preston

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**OLD HOME DAY** (Continued from Page A1)

ending at Gilford High School.

Opening ceremonies for Old Home Day will take place at noon at Village Field led by Master of Ceremonies Bob Pomeroy. Ceremonies will feature a flag raising by the Marine Color Guard and the Lakes Region Chordsmen singing the National Anthem. Awards for the parade will be handed out and Pomeroy will recognize the parade grand marshals.

The Thompson-Ames Historical Society will have an open house from 9 a.m.-noon, opening up the Mt. Belknap Grange, the Union Meetinghouse, and the Benjamin Rowe House. Free demonstrations and exhibits will

be offered through that time.

At the Gilford Public Library, the annual book sale will go from 9 a.m.-2 p.m. From 10:30 a.m.-12:30 p.m., the library will serve pie and ice cream until everything runs out.

Starting at 9 a.m. craftspeople will be selling their wares at Village Field.

Gilford Police Off. Adam Vansteensberg and his K9 partner Ike will give demonstrations in Village Field from 11:15-11:30 a.m.

Visitors can see a variety of different performers throughout the day.

Matt Langley and Joe Lorentz will perform at SEE OLD HOME DAY PAGE A14

2016 Salmon Press

**Fall Home Improvement**

In Central NH

*Distributed in the September 22, 2016 issues of...*

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**IRONMAN**

(Continued from Page A1)

hours, 48 minutes, and four seconds.

The second place finisher was Michi Weiss of Austria, who finished the race in three hours, 49 minutes, and 22 seconds.

Third place went to Chris Baird of San Francisco with a total time of three hours, 54 minutes, and six seconds.

"It was one of the best 70.3's I've done," Butterfield said during the awards.

This was Butterfield's first ever win, something he had been striving toward for seven years.

"I'm pretty stoked, I'm happy," Butterfield said.

Butterfield thanked his competitors, saying Weiss especially pushed him during the competition.

"I think we can all say this was a great race," Butterfield said. "Hopefully I'll be back next year."

The top female finisher was Mirinda Cafrae of Australia, who finished the race in four hours, 22 minutes, and 22 seconds.

Magali Tisseyre of Canada was the second place women's finisher with a time of four hours, 22 minutes, and 42 seconds.

The third place women's finisher was Jennifer Spieldenner of Findlay, Ohio with a time of four hours, 25 minutes, and 56 seconds. Spieldenner ended up having to do the bike race on a borrowed bike.

During the awards Cafrae said this was her first time doing the Timberman.

"We had beautiful conditions," Cafrae said. "I feel like the swim was absolutely pristine."

She said the roads were great for the bike race it was "not too hot on the run."

She congratulated her competitors, especially Tisseyre.

"She was tough to beat today," Cafrae said.

Cafrae also recognized the work of the volunteers.



ERIN PLUMMER  
Mirinda Cafrae, the top female finisher of the Timberman Ironman, hugs her fellow top-eight competitors during the awards ceremony.



ERIN PLUMMER  
The top eight male finishers of the Timberman Ironman with the first place overall winner Tyler Butterfield with the micro-  
phone.



ERIN PLUMMER  
Cyclists cruise past Gilford Village on their way back to Ellacoya at the end of the bike stage of the Timberman Triathlon.

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# Grant awarded to Belknap County Conservation Commission

GILFORD — Belknap County Conservation District (BCCD) was awarded a \$70,033 dollar grant from the New England Forest and Rivers Fund (NEFRF) for two projects. One project fills a critical funding gap to restore a significantly eroded section of Gunstock Brook stream bank in Gilford adjacent to one of the town's emergency evacuation routes. The second project benefits all of Belknap County by supporting a series of natural resource conservation measures at Gunstock Mountain Resort.

The New England Forest and Rivers Fund is dedicated to restoring and sustaining healthy forest and rivers and the habitat they provide. It is administered by the National Fish and Wildlife Fund with funding provided by Eversource's Partners for New Hampshire's Fish and Wildlife, the U.S. Department of Agriculture's Forest Service and Natural Resources Conservation Service, and the U.S. Fish and Wildlife Service.

"We appreciate this opportunity to work with our many partners and volunteers to help restore Gunstock Brook and to focus on our County-owned Gun-

stock Area to demonstrate conservation measures which improve wildlife and fish habitat," said BCCD Chair Donna Hepp.

Gunstock Brook Stream Restoration — NEFRF funding augments an existing federal Clean Water Act grant to restore a major erosion site on Gunstock Brook. Gunstock Brook is natural habitat for rainbow and brook trout and is identified as a location for seasonal spawning runs of landlocked salmon, rainbow trout, and rainbow smelt. Eroding streambanks allow soil to enter a stream clouding the water with silt and add sediment that increase flooding potential. These sediments carry large amounts of nutrients like phosphorus that can lead to algae growth and deplete oxygen in the water that fish rely on to survive. All these elements can negatively impact spawning habitat of desired fish species and cause a decline in food for wildlife. By addressing the erosion site adjacent to Route 11B, BCCD will help to annually remove 47 tons of sediment and 41 pounds of soil-born phosphorus from Gunstock Brook.

Gunstock Area Habitat Improvements and Outreach — The second



COURTESY

Belknap County Conservation District (BCCD) was awarded a \$70,033 dollar grant from the New England Forest and Rivers Fund (NEFRF) for two projects. One project fills a critical funding gap to restore a significantly eroded section of Gunstock Brook stream bank in Gilford adjacent to one of the town's emergency evacuation routes. The second project benefits all of Belknap County by supporting a series of natural resource conservation measures at Gunstock Mountain Resort.

project enhances natural resources at Gunstock Mountain Resort. The resort's 16 year old forest management plan will receive an update focusing on improving native wildlife, pollinator, and fish habitats for sensitive and declining species. The Wetlands Walk boardwalk built by BCCD partners and volunteers 20 year ago as a quarter mile handicapped accessible trail will be structurally improved, and outreach programs will be de-

veloped to inform the public on the environmental benefits gained from being engaged in natural resource man-

agement.

"The Belknap County Conservation District has been serving Belknap County for 70

years, it is exciting to receive such a significant grant in our anniversary year," said Hepp.

## Gilford Parks and Recreation news

BY HERB GREENE

Director

Gilford Parks and Recreation

### Gilford Old Home Day, Saturday, Aug. 27!

The annual Gilford Old Home Day celebration will be held on Saturday, Aug. 27. This year's theme is "Cruisin' the Lakes Region!" The festivities include: the Annual Parade at 10 a.m. (featuring bands and many traditional floats), Police K-9 demonstration, musical entertainers including the "Matt Langley and Jon Lorentz" and the "King Chrome Band," children's entertainer

"Judy Pancoast," Community Band Concert, games for all ages, crafts, live music, great food, outstanding fireworks and a dance to wrap things up! The majority of activities take place at the Gilford Village Field.

Our fireworks will be accompanied by music this year and you can download an app to play the music off your smart phone by visiting the Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com) and clicking on Old Home Day and following the links.

Parade applications are still being accept-

ed and can be found at the Gilford Town Hall and on the Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

For more information, please contact the Gilford Parks and Recreation office at 527-4722.

### Senior Moment-um End of Summer Beach Potluck on Sept. 12

The Gilford Parks and Recreation Department will be sponsoring an end of the summer Senior Moment-um program on Monday, Sept. 12. Participants are invited to join us at Gilford Town Beach at 11:30 a.m. for potluck lunch and a game of bocce ball. The Parks and Recreation Department will provide the drinks and paper goods and participants are asked to bring a dish to share with the group. If you have a lawn chair, please bring it! Come and enjoy the last of our summer days at the beach. Participants must RSVP with the dish they plan to bring with the Parks and Recreation Department at 527-4722 by Sept. 9. The rain date will be Tuesday, September 13th.

For more information or to RSVP, please contact the Gilford Parks and Rec. Dept. at 527-4722.

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# Multicultural Committee invites all to follow the flags to the Festival

LACONIA — Perhaps you've noticed a sudden snap in the air lately. It might be the unfurling of the flags which make up the Parade of Flags that will kick off the 15th edition of the Laconia Multicultural Festival on Saturday, Sept. 10 from 10 a.m. to 4 p.m. in Rotary Park in downtown Laconia.

This signature area event, sponsored by the Laconia Human Relations Committee and the Historic Belknap Mill, in addition to many other contributors and numerous dedicated volunteers, celebrates America's cultural diversity and the rich ethnic heritage right here in the Lakes Region. It's a family-friendly event, with free admission for

all ages. "We always strive to give people the sense that they are immersing themselves in the cultures represented as if they were on an actual trip to these places," explained Becky Guyer, Multicultural Festival Committee Executive Director. "When you travel to a foreign land, one of the first things

you'll see at your destination is that nation's flag. And so the kick-off Parade of Flags is a gateway leading visitors to the countries represented."

"There will be over 50 flags in the Parade," added Larry Frates, committee member, "from countries large and small, well known and less well known, often carried

by area volunteers who share the ethnic heritage of that flag."

"Once you've 'landed' at the Festival, you'll be able to do all the activities any tourist enjoys," continued Becky Guyer, "like shopping for crafts from native artisans or sampling the native cuisine. There will be many options to fill your shopping list or lunch menu. We promise that your 'tour' will please not only your palate, but your eyes and ears--and warm your heart!"

Festival visitors will also be entertained by performance artists representing varied ethnic styles and traditions.

"The staggered schedule we introduced last year provided more opportunities for audiences to enjoy all of our acts, as well as a quicker turnaround time for variety," said Muff Kruse, committee member and Entertainment Chair. "With three stages, we can offer more acts than in the past. New arrivals include local performer Erin Lovett-Sherman's 'Artsfest,' a French-Canadian circus troupe, who will march in the Parade of Flags and then perform first on the

Main Stage in Rotary Park."

Younger tourists can visit the Kids' Corner for puppet shows, storytelling, Wildlife Encounter and music.

"It takes a lot of volunteers to organize and run a Festival like this," added Nicoletta Boblea, committee member, "and there's always room for more to join in! Particularly on the day of the event, we can always use additional people to help with set-up, clean-up, to pass out programs, and to carry flags & march in the Parade. And of course we encourage people to dress up in ethnic garb. To contact us about volunteering, go online to [beckyg@laconiamulticulturalfestival.org](mailto:beckyg@laconiamulticulturalfestival.org) or inquire on the day of the Festival. We also invite you to follow us on Facebook."

"This year's Multicultural Festival, as always, is a great mix of returning favorites and new surprises," opined Mayor Ed Engler, who will officially proclaim the event's start. "Just look for the signposts showing the way to the Festival grounds this Sept. 10. Watch for the banners and follow the flags!"

## Public invited on Amish country tour

Spots are still available for a tour to Amish Country and Brandywine, Pa. The trip is sponsored by the First United Methodist Church of Gilford and Wesley Woods, and will take place Oct. 18-21.

This tour is filled with unique stops and traditional favorites! Highlighted in this four day tour will be dinner

with an Amish family at their farm. You will be entertained and inspired by the story of Samson at the Sight and Sound Theater. No tour would be complete without touring the farmlands with stops and local Farmers Markets and shops.

The cost for the trip is \$665 per person, based on double occupancy.

Please add \$150 for single accommodations. Included in the price are: roundtrip luxury motorcoach transportation, a professional tour director, three dinners, three breakfasts, accommodations at The Bird in Hand Hotel, admission to Amish Farm and House with a guided tour through the replica Amish home, and visits

to Hagley Home Museum, and Longwood Gardens in Brandywine River Valley, as well as the theater performance of Samson.

To reserve your spot or for more information, call the Church at 524-3289 or Paul Weston at 279-5638. Registration requires a deposit of \$50 by Aug. 31. Balance due by Sept. 7.

## Prescott Farm to host permaculture design charrette Sept. 23-25

LACONIA — Prescott Farm Environmental Education Center will be hosting a 3-day permaculture design charrette from Sept. 23-25 to guide campus growth and use of existing resources as part of our 2016 strategic planning process.

Permaculture is a creative design process based on whole-systems thinking informed by the ethics of "Earth Care, People Care, Fair Share" and 12 design principles. This approach guides us to mimic the patterns and relationships we can find in nature and can be applied to all aspects of human habitation, from agriculture to ecological building, from appropriate technology to education and even economics (More information on permaculture can be found at <https://permacultureprinciples.com/>).

For this charrette Prescott Farm is looking for a diverse team of permaculture practitioners, students, teachers, leaders of other nonprofit organizations, architects,

landscapers, and others to collaborate on this project. Previous experience with permaculture design is helpful, but not required. Participants that have completed a permaculture design course will earn an Advanced Permaculture Design certificate. The skills gained during the charrette will be extremely useful as participants tackle similar projects with their own properties or organizations.

The charrette will kick-off on Thursday, September 22 at 6:00pm with an optional two-hour Introduction to Permaculture presentation, which will also be open to the general public (\$15 per person). Friday will be an introduction to Prescott Farm and its goals, Saturday will focus on A & A (analysis & assessment), and Sunday attention will

turn to design recommendations, concluding by mid-afternoon. Participants may register online at <http://prescottfarm.wufoo.com/forms/permaculture-design-charrette>.

The charrette facilitators/Instructors are Steve Whitman, Bryan Felice and Sarah Dunham-Miliotis. Steve is a professional planner and educator based in New Hampshire and his work is focused largely on community planning and sustainability issues. Bryan has been building with natural materials for most of his life, founded the New Hampshire based eco-design/build firm Industrial Timber Frames and teaches at PSU. Sarah is the Education Director at Prescott Farm.

Prescott Farm offers public programs designed to encourage environmental exploration for all ages;

field trips; WildQuest Day Camps (during school vacation weeks - February, April & June-August); a Naturalist in the Classroom program which fosters long-term partnerships with local elementary schools; and Fledglings, a nature-based preschool. The 160 acre historic family farm features woodland and field trails, historic barns, an old-fashioned maple sugaring operation during the month of March, heritage gardens, and a forested pond. Prescott Farm is open year-round, seven days a week from 9 a.m.-4 p.m. Hiking trails and our Natural Playscape are open to the public daily from dawn to dusk.

For more information, please call Sarah Dunham-Miliotis at 366-5695 or e-mail [sdunham@prescottfarm.org](mailto:sdunham@prescottfarm.org).



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## OLD HOME DAY

(Continued from Page A10)

the bandstand from 11 a.m.-noon.

Edgewater Academy of Dance will perform under the Entertainment Tent from 1:30-2 p.m.

Award winning children's music artist Judy Pancoast will perform under the Entertainment Tent from 2:15-3 p.m.

Games and events will start at 1 p.m. Field events for kids ages 7-12 will go

on from 1-1:30 p.m. at Village Field. Kids ages six and under will have their field events at the Aaron Francoeur Little League Field from 1-2 p.m. Field events for adults, anyone aged 13 and up, will run on Village Field from 1:30-2 p.m.

People of all ages can test their eating skills with the annual pie-eating contest at Village

Field at 3 p.m. This year, there will be adult and youth competitions.

The Egg Toss will start at Village Field starting at 4 p.m. The egg toss for kids ages six to nine will go on from 4-4:30 p.m. and the egg toss for people ages 10 through adult will take place from 4:40-5 p.m.

The Gunstock Nordic Association/Piches 17th annual Free Kids Fun Run will start at 5 p.m. at the entrance to Village Field. The race is open to kids ages seven through 12.

Shuttle bus service will be available throughout the day making a loop between the First United Methodist Church, Gilford Middle and High Schools, and Gilford Elementary School, and the entrance of Gilford Village Field. Because of the parade line-up there is no park-

ing at town hall until 11 a.m., where pick-ups will start from that location. Shuttle bus service ends at 3 p.m. but resumes in the evening.

There will be a dinner break from 5-7 p.m. From 5-7:45 p.m., the three-piece band King Chrome will perform at the entertainment tent

Shuttle bus service will resume at 6 p.m. and run until 10 p.m.

At 8 p.m., the Gilford Community Band will perform its last concert of the season at the bandstand.

Fireworks will start at 9 a.m. Old Home Day will close with a dance at the entertainment tent put on by DJ Alex Bailey from 9:30-11 p.m.

For more information on Old Home Day, visit <http://www.gilfordrec.com/activities?post=38> for maps and a listing of events.

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# Junior class set to carry Eagles after key graduation losses

BY JEFF LAJOIE  
jlajoie@salmonpress.com

GILFORD – It was a big step forward for the Gilford High School girls' soccer team last year, as the Golden Eagles increased their win total from four to nine, finishing with a 9-8 overall mark. Gilford played arguably its best game of the entire season in the NHIAA Division III tournament, holding Campbell scoreless and forcing penalty kicks on the road before ultimately falling in the rain down in Litchfield. The team hit the post twice in PKs.

Second-year head coach Tom Raymond will have some key holes in the lineup to fill, with a talented senior class moving on. The good news is the junior class returns with plenty of experience, as a plethora of sophomores saw plenty of playing time a year ago.

"In terms of the season, I expect our juniors, who make up a bulk of the team (and a lot of them were starters last

year as sophomores), to be the players we build the foundation of this team around," said Raymond. "We are lucky to have so many returning players, and I'm hopeful that we can continue to grow and improve with this veteran leadership."

Gilford is slated to open the 2016 season on Aug. 26 with a road trip to the North Country and a 4 p.m. tilt against Berlin High School. The early season schedule doesn't do the Eagles any favors, as they play at Fall Mountain and Hopkinton before finally opening up at home on Sept. 7 against Inter-Lakes.

Who's out: The bad news for Gilford is that the losses to graduation are sizable.

Goalkeeper Dana Ruchti headlines the departed Eagles, as the three-year starter was a First Team All-State selection last year in between the pipes as the lynchpin of the Gilford defense. No matter what happened on the field,



JEFF LAJOIE

Gilford junior defender Olivia Trindade is one of the top returning players for the Eagles this fall.

Ruchti was a reliable last line of defense, and her abilities were able to cover up for mistakes that may have taken place in front of her.

Midfielder Cassidy Bartlett was also lost to graduation after a four-year starting career for the Eagles. Bartlett was a Second Team All-State pick in 2015, and while she was one of the team's top offensive threats, she also proved invaluable

defensively. In the playoff game against Campbell, she was shifted back to stopper where she helped the squad to a shutout.

"It is always tough to replace a First Team All-State goaltender like Dana Ruchti and a Second Team All-State midfielder and all-around player like Cassidy Bartlett, but I think we have the right mixture of ladies who are ready to

step up and fill in those gaps," Raymond offered.

In addition to those two lineup mainstays, marking backs Julia Harris and Cortlynn Danby also graduated after big years along the defensive line. The pair were core members of the Gilford defense and will be difficult to replace.

Who's in: Seniors Zoe Fullerton (M/D) and Cassidy Morris (D) are into the mix, while junior Lydia Meserve and sophomore Hannah Perkins look like the players tasked with taking over the goalkeeping duties from Ruchti.

Juniors Caitlyn Nash-Boucher (D), Micaela Niskala (F), Emily Smith (D) and Aria Stephan (M), along with freshman Maddie Rector (M/F) are also on the squad.

Who to watch:

With the graduation to Harris and Danby in the back, as well as Ruchti between the pipes, junior

Olivia Trindade is arguably the most important returning player to the Gilford defense. She has plenty of experience and will hope to help anchor things for the Eagles.

Classmates Taryn Breton (M), Sarah Currier (M/D), Sarah Fillion (F), Lauren Dean (M/F), Julianna Coulstring (M) and Olivia Harris (M/F) are all familiar faces who cracked the lineup a year ago, while seniors Kaylee Smith (D), Callie Hackley (D) and Alexa McNamara (M/D) are veteran performers.

Projection: With several new faces in new positions, it's difficult to say what the fall season holds for the Eagles. Gilford will hope to improve throughout the season with players adjusting and growing, especially on defense and in goal. But with some talented players returning, another playoff appearance will be something Raymond & Co. hope to attain this fall.

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# No matter her role, Harris bolstered Gilford athletics

BY JEFF LAJOIE

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GILFORD – No matter the sport or the situation, Julia Harris added something to the equation. Whether it was a key play on the floor or field, or a motivational offering of support, the recent Gilford High School graduate always made a difference.

When her girls' basketball team won a state championship last winter, running the table undefeated for the first time in program history, she made an impact, regardless of her actual time on the floor. The always smiling Harris, self-deprecating and quick-witted, noted that despite less than a minute of on the court time in the state finals, her contributions leading up to the big game were just as important as her presence against Laconia.

"In basketball, I always look at myself as the person to hype everyone up and bring energy," she explained. "Sometimes I look at myself as the person who played 18 seconds in the championship game – very important 18 seconds, obviously. But in all seriousness, I like to think that if our team didn't have some of the energy I try and bring, we wouldn't have gone as far as we did."

Harris, one of the most well-liked athletes during her four years at GHS, will take those talents of energy and passion to Merrimack College in North Andover, Mass. this fall. She'll study communications, where she hopes to eventually get into the television world.

"Basically I want to be the next Kathie Lee and Hoda," she said with a laugh.

Watching Harris on her respective teams was indeed appointment viewing. Her three-sport commitment began in the fall, playing on the girls' soccer team. She starred as a defender and captain for the Eagles, bringing a vocal and physical presence to the pitch.

"It was my first time being a captain on a team so it was really cool to have that leadership role knowing it was my

senior year," Harris offered. "This year was a lot more intense, we were a lot more serious about everything. You have that name as a captain so you know people will definitely listen to you and I tried to take that seriously. The girls on the soccer team, everyone was together and always listened no matter what the scenario. It was a fun group to be a part of."

Harris' aforementioned contributions to the basketball state championship were felt on and off the court. When she was inserted into games, her defensive prowess and aggressiveness provided a bolt of energy. Off the floor, she was the team's biggest supporter, always being heard amongst the roar of the crowd.

"In eighth grade, we won the championship against Laconia so we were always like, 'This is going to be an amazing high school run' but once we were in the championship our senior year, it was so weird to actually be in that position," she explained. "We always said we weren't expecting what we got junior year (state runner-up finish) so when we came into the season senior year, we knew what to expect. We always had the goal of making it to the finals, knowing we had targets on our backs. Practices were intense, we knew what we were capable of and everyone was focused."

"As far as my role, a lot of players told me when I go into the game, the energy is brought up," she continued. "I'm only out there for a short amount of time so I try and make my mark. The finals... it was insane. If someone asked me about my biggest memory in high school sports, it would definitely be that game and that environment. Not even the gym, in the locker room before the game it was so different than a normal game. I played for 18 seconds right before halftime. It's kind of nerve-racking to get thrown in there. I knew when I went on the court though, my teammates were expecting a



JEFF LAJOIE

Gilford's Julia Harris capped off her three-sport senior season on the lacrosse field, where she was a vocal and energetic leader on the field for the Golden Eagles.

lot out of me."

Of her three sports, Harris said lacrosse was her favorite, and she closed out her high school athletic career this spring with an Eagle squad that just missed out on a postseason appearance.

"I play all three sports but lacrosse is my favorite," she began. "Softball was too slow for me. I was a kid who wanted to run around so I started playing it in sixth grade. Watching my sister Alex (a 2015 GHS graduate) play the sport made me want to play it and be good at it because she was."

With the high school days now behind her, Harris said college will undoubtedly be a unique experience. Gone will be

the craziness of a three-sport commitment, replaced by a rigorous academic schedule.

"College-wise, not having a sport to play in school will be so different," she explained. "I'm kind of used to being a three-sport athlete being able to keep track of my school work on top of it. There's no time for fooling around. Since elementary school, I've been doing sports. I'm excited to be on my own, try something new. Moving from Gilford, it's such a close community so I think that part will be tough. But Merrimack offers a big sport environment (D-II for athletics with a Division I hockey program) but still a small school which I really liked."

## Mercer reflects on championship-filled senior season

BY JEFF LAJOIE

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GILFORD – When the Gilford High School volleyball team held off Somersworth for an NHIAA Division II state championship last fall, senior setter Shannon Mercer found herself right in the middle of the fray. A two-year starter at the position, Mercer morphed into a leader for the Golden Eagles, setting up powerful hitters Jordan Dean and Maddie Harris time and time again.

The state championship was part of an outstanding final year at GHS for Mercer, which also saw her capture a state title with the basketball team in the winter before graduating this spring. Her volleyball career began in elementary school, and she continually developed before taking over the starting setter spot as a junior.

"I liked how different it was from other sports," said Mercer of volleyball. "It's so fast-paced, something is happening every moment even if the ball isn't on your side."

As a freshman, Mercer watched from the bench as the Eagles claimed a state title. After near-misses the next two seasons, getting back to the top of the mountain was the only goal entering her final year.

"We saw that team win as freshmen and really wanted that for ourselves," said Mercer, who will attend Plymouth State University this fall and study psychology.



FILE PHOTO

Gilford's Shannon Mercer (5) is surrounded by her teammates last fall after recording career kill number 1,000. Mercer graduated this past spring, closing her career with state titles in volleyball and basketball.

"We set our minds to that and worked really hard for it."

Working hard in Gilford volleyball lingo means long hours of practice. The Eagles spend countless hours conditioning and preparing, both on the court and mentally, for their opponents.

"It really is like a family in volleyball," Mercer explained. "Everyone comes together in a sea-

son, everyone is tight because you're spending so many hours together between practices, team feeds, team activities... we do a lot together and it really helps us in how we play."

Mercer began setting as a seventh-grader, and her skills at the position came to a head last fall when she recorded her 1,000th career assist.

"It meant a lot because setter was my main posi-

tion and I really worked hard at it," said Mercer of the accomplishment. "To see the hard work pay off was nice. I really like the position, having the ball in your hands and being able to control the tempo of the game. It keeps me focused because I feel like I'm in the middle of everything."

Mercer, who played her club volleyball for Lakes Region Juniors, SEE MERCER PAGE B3

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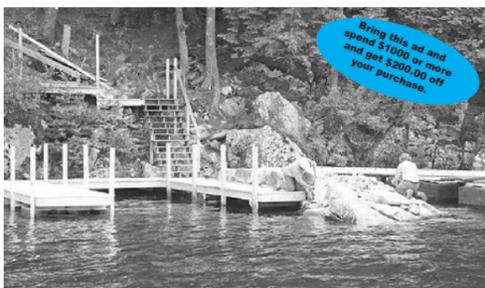
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GILFORD — Gunstock Nordic Association (GNA), with the support of Piches Ski and Sport Shop, is once again hosting the 39th annual Gilford Old Home Day 5K Road Race on Saturday, Aug. 27, at 8 a.m. Last year's event hosted approximately 150 runners with ages ranging from six to 82. The race is to be followed by the Old Home Day parade themed "Cruisin' the Lakes Region." This 5K race starts at the Gilford Village Store and runs gently through residential streets, ending at the Village Gazebo. Prizes

include gift certificates to Piches and a choice of homemade baked goods. Last year's race was won by Gilford's Ryan Lafrance in a time of 16:33. Madison Relf, also of Gilford, won for the females in a time of 22:00. Participants can register at www.gunstocknordic.com or www.coolrunning.com. Registration closes at noon on Aug. 26. Registration forms, which can be mailed in with the \$20 entry fee, can be found at Piches, the Gilford Village Store, the Gilford Library and Town Hall, and at the Gilford Community Center. In-per-

son registration is available at the Gilford Elementary School from 6:30 to 8 p.m. on Friday, Aug. 26 for \$20 and day of registration from 6:30 to 7:30 a.m. for \$25. The first 100 registrants receive an awesome t-shirt. There will also be a free kids' fun run at 5 p.m. in front of the gazebo for young runners 12 and under. GNA is happy to be sponsored this year by Gilford Well, MB Tractor, Belknap Landscaping Co/Landopt, Troy Schrupp DDS, Winnisquam Dental, Northeast Delta Dental, Patrick's Pub and Eatery and Road ID.

# Title defense

## Defending champions aim for more

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – With the success of the Gilford High School boys' soccer program over the years, it's amazing to think that last year's Golden Eagles squad surprised its way to a state championship.

But like it has many times before, Gilford powered through the postseason, relying on a stout defensive unit to take home the NHIAA Division III state championship with a 1-0 double overtime victory over Hillsboro-Deering at Southern New Hampshire University.

It was the 15th championship in program history and the first since 2010, as Gilford posted a 15-4-1 record as the seventh seed in the D-III field.

While all that looks good on paper, Gilford's surprising run came largely due to the fact that the team had graduated a whopping 15 seniors from the roster the previous year. Relying predominately on a sophomore class that featured 10 varsity players, the Eagles progressed throughout the season and eventually peaked at the right time.

"If anyone had told me before the season began that we would have won the championship, the only way we were going to win was if the group of sophomores matured and progressed and we developed that team camaraderie because of the youth on this team," veteran head coach Dave Pinkham explained after winning the state title.

What does Gilford have in store for 2016 as the defending champions?

Who's out: There are some key losses to graduation, led by First Team All-State midfielder Bryce Workman. The reliable Workman was everywhere for Gilford, scoring goals while also getting back for defensive responsibilities. His leadership capabilities were also badly needed a year ago, with a young Gilford team needing all the veteran players it could muster.

Forward Alex Soberon came in as an exchange student and worked his way into a key role on the team a year ago, ultimately assisting on the goal that won the state championship. His presence



JEFF LAJOIE  
Gilford's Tyler Hanf led a stout defense last year that locked down opponents in last year's postseason en route to a D-III state championship for the Eagles.

up top will be missed as well.

Who to watch: The strength of last year's team was on the defensive end, as Gilford pitched shutouts in both the semifinal win over Hopkinton and the championship game against Hillsboro-Deering. Junior goalkeeper Ethan Warren developed nicely in that slot during his first year as the full-time starter, and he was aided by some strong defensive players in front. Junior Tyler Hanf was a Second Team All-State defender as a sophomore a year ago, helping pace a standout sophomore

core that should only get better this year. Senior Logan Essaff was also a Second Team All-State defender as a junior, giving Gilford a deep and talented returning contingent to rely upon that also includes senior Alden Blais.

In the midfield, junior Patrick O'Connor was a Third Team All-State selection a year ago, while classmates Seth and Sander Valpey are again members of that talented now junior class. Sander Valpey scored the game-winning goal in double

overtime to capture the state championship.

Projection: Just about every Dave Pinkham championship team has been led from the back, and that was indeed the case last year. With the defensive core returning, expect Gilford to once again be in contention come November. Workman scored a lot of big goals last year and his departure hurts, but the Eagles are loaded with experienced players back from last year's championship run hungry for more.

### MERCER

(Continued from Page B2)

continued the string of athletic successes during the winter for the basketball team, which also ran the table undefeated and won a state title. Having played the sport since second grade, closing her career with a championship was a fitting conclusion for Mercer.

"After (my junior year) just kind of knowing other teams were losing people and we were pretty much the same, I felt like we had a chance for a big year," she of-

ferred. "It was really cool to be a part of a championship again. Between the two sports, it was an awesome final year."

She closed her senior year by competing on the track and field team for the first time. Mercer competed in the 800 meters, 400 meters and javelin, saying the 800 was probably her best event.

"It was fun," she recalled. "Pretty laid back but it was a nice change. Definitely a different experience because it's indi-

vidual-based but there's still the team element at the same time so it was a good mix."

With Plymouth State now in her sights, Mercer said she's excited to move ahead but will also miss the high school experience.

"I'm sure I'll be missing out on that school spirit," she said. "Everyone comes together, everyone's always talking about how practices go so it's going to be weird not talking about that."

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**LACONIA**

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LakesRegionInfo@NEMoves.com

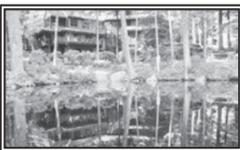
**RESIDENTIAL BROKERAGE**



**Campton \$5,200,000 #4510175**  
104 room hotel on close to 5 acres. Also offers a function/conference center for up to 250 people. Dining room and pub, indoor pool and more.  
**Louis Guevin 581-2868**



**Laconia \$4,495,000 #4448053**  
Sweeping lawns and commanding views from this 19 room waterfront home with plenty of garage room for all your toys.  
**Susan Bradley 581-2810**



**Moultonboro, \$2,895,000 #4432771**  
The ultimate serene Squam-like location; quality built stunning home in a private protected Winnepesaukee cove with outstanding access to Moultonboro Bay and beyond.  
**Janet Cramer 603-707-2771**



**New Hampton \$554,900 #4508343**  
Amazing property on 50 acres on the Meredith/New Hampton line. Beautifully landscaped, breathtaking mtn views and fruit trees.  
**Brenda Rowan 581-2829**



**Moultonboro, \$489,000 #4510308**  
Moultonboro, NH. Lake Winnepesaukee Deeded Beach Access Pine Cove North. Great family compound, 3 bedroom main house with lake view, 3 bedroom guest house with oversized 2 car garage & storage above.  
**Bruno Coppola 603-244-9544**



**Gifford, \$425,000 #4404388**  
Gorgeous country home, horse property or hobby farm. Classic colonial farmhouse in prime Gifford location near schools & village on a country road surrounded by 300+ acres of farmland that is all in conservation easement.  
**Ellen Mulligan 603-387-0369**



**Gifford \$354,000 #4494747**  
Roomy and bright Contemporary Colonial situated for privacy and to catch the Belknap Mtn views. Quiet cul-de-sac that is walking distance to village and schools.  
**Judy McShane 581-2800**



**Laconia, \$299,000 #4473906**  
Five bedroom house with glorious Lake Winnepesaukee views. Short walk to private beach or Weirs Beach. Totally rebuilt. Fun expandable vacation home.  
**Barbara Mylonas 603-344-8197**



**Northfield \$259,000 #4497613**  
Step into this country kitchen and feel most welcome. Attached garage/barn, huge wrap-around porch and on over 2 acres!  
**Judy McShane 581-2800**



**Holderness, \$255,000 #4501145**  
Great location only minutes from I-93 and Plymouth. Very private area a few miles up from Holderness School. Private lot at end of road surrounded by forest land. A year round babbling brook borders the property.  
**Bill Richards 603-253-4345**



**Franklin \$249,000 #4496351**  
Prime office building w/ 1,800 sq. ft., 4 offices and a 30x17 conference room, kitchen area, 2 baths and storage. Freshly painted.  
**Jayne Middlemiss 581-2846**



**Gifford, \$189,000 #4509441**  
A perfect starter or retirement home on a quiet road in the Gifford hills, distant view towards Belknap from the private backyard, paved driveway, garage under.  
**Ellen Mulligan 603-387-0369**



**Tamworth, \$99,900 #4482460**  
This home is located on a beautiful lot with a spacious floor plan. The log barn is a detached, large 2 story garage with plenty of storage & work shop area. An opportunity to own a home with privacy.  
**Adrien Labrie 603-455-5511**



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**Gifford, \$80,000 #4508958**  
Beautiful Mountain views from this mountaintop lot. Large lot with a gentle slope, perfect for building your dream home. Deeded beach rights to the Gunstock. Acres beach and possible mooring.  
**Ellen Mulligan 603-387-0369**

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\$49,995 44' 3 bed, 2 bath	\$56,995 44' 3 bed, 2 bath	\$61,000 48' 3 bed, 2 bath	\$64,995 48' 3 bed, 2 bath

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**Lender Ordered Online-Only AUCTION**  
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Online Bidding Ends Tues. Aug. 30 at 3p.m.

Located in the heart of Waterville Valley's lodging and retail area at 44 Packard's Road is the Northstar Inn. This 22,093± sq.ft. facility, which is just steps from the Waterville Valley Town Square, served as an Inn since 1962 with ample common space for gathering after a day on the slopes. In 2006, a portion of the property was converted to four townhouse style condominiums that contain 1,488± sq.ft. each (1 sold). The remainder of the building includes a main lobby, 3 offices, 16 guest rooms and common area, which is still operating as an Inn. The property totals 1.356± acres is serviced by municipal water and sewer and includes adequate parking. Map 108, Lots 17, 17.1, 17.2. Combined Assessed Real Estate Value: \$879,200±

**Open House:** Thursday, August 18 from 10:00 a.m. to 12:00 p.m. and Thursday, August 25 from 1:00 p.m. to 3:00 p.m.

Broker Participation Invited

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**Alton:** 108 Main Street • 875-3128

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<b>SPECTACULAR</b> Lake Winnepesaukee home in Moultonboro featuring 2 story entry foyer with fireplace; lake and mountain views from most rooms. Home theater, study, granite countertops, breakwater, 2 docks and sunsets! <b>\$1,975,000 (4228378) Call 569-3128</b>	<b>PRESTIGIOUS</b> Lake Winnepesaukee, Alton location for this impressive 4BR/5BA contemporary just remodeled to the highest of standards, fabulous Great Room, luxurious 1st floor master suite, level lot, permanent dock, outstanding views. <b>\$1,800,000 (4497305) Call 569-3128</b>	<b>GREAT OPPORTUNITY!</b> High traffic both by car & boat! Operate seasonally or year round. Over 8000sf, 35 deeded parking spaces plus 2 docks and gas Pumps in Tuftonboro. <b>\$899,000 (4442710) Call 569-3128</b>	<b>GREAT</b> Meredith location-like waterfront without the taxes! "The Porch" is close to downtown and shopping with views of Meredith Bay and a 50 ft. deeded dock. <b>\$839,900 (4509053) Call 253-9360</b>
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**BEAR ISL. - MEREDITH** // A former guest cottage of Bear Island hotel. 3BR, LR/DR/Kit, ¾ bath. Decks, views, westerly exposure, sandy swim area. Abuts Lover's Lane, one of many trails on island interior.  
**\$335,000 (4488447) Call 569-3128**

**RATTLESNAKE ISL. - ALTON** // Are you a hiker? This island offers some great hiking, with lake and mountain views. 100' waterfront with dock, views, and a small overnight cabin.  
**\$123,500 (4499947) Call 569-3128**

**LAND and ACREAGE**

<b>GILMANTON</b> // 17 Acre lot with a 3-acre cleared view and logging road access. <b>\$139,000 (4507717) Call 875-3128</b>	<b>MEREDITH</b> // A beautiful building lot. 11.85 acres, house site cleared, private driveway off road, close to downtown, lakes, shopping, hiking and skiing. <b>\$124,900 (4507071) CALL 253-9360</b>	<b>RUMNEY</b> // Stinson Lake access with this large parcel! Views from the top. Walk to the shared beach with day dock, fire pit and beach. Kayak and canoe, swim, enjoy. <b>\$56,800 (4468516) Call 253-9360</b>	<b>BARNSTEAD</b> // Country setting on a town maintained paved road. 5.18-Ac. residential bldg. lot is ideal for your new home w/a driveway opening to a possible bldg. site. Mixture of HWs, hemlocks & pines. <b>\$34,900 (4497136) Call 875-3128</b>
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# TOWN•TO•TOWN CLASSIFIEDS

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**\$479,900**  
Mountain West Waterfront Condo! Deeded dock for a 26 foot boat! Move right in and enjoy this meticulous waterfront condo on Lake Winnepesaukee. Beautifully updated unit features lake and mountain views toward the west, gourmet kitchen with granite, breakfast bar, open concept living/dining with gas fireplace, garage, tennis, clubhouse...

**\$279,900**  
Charming log home in South Wolfeboro with warm and inviting features... Large country kitchen and family room are joined by a double sided fireplace, beautiful exposed beams, large attached garage, 1st floor bedroom and office, full basement and large landscaped lot. Covered porch on the front and rear deck to enjoy the wooded outdoor surroundings. 5 Minutes to Downtown Wolfeboro for shopping and services

Check out Wolfeboro Bay at: [www.wolfecam.com](http://www.wolfecam.com)

**TOWN OF TILTON**  
NEW HAMPSHIRE

**MECHANIC**  
Town of Tilton, NH

Tilton Board of Selectmen seeks a qualified, experienced Mechanic to perform skilled work in the operations and servicing of all types of heavy equipment including performing field adjustments and emergency repairs. Full time position with excellent benefits. Qualifications: At least three years experience in the maintenance of heavy duty equipment such as front end loaders, heavy trucks of 36,000 GVW or larger, or years of experience which demonstrates possession of the required knowledge, skills and abilities. The position is physically demanding; must be willing to work under adverse weather conditions, as well as nights and weekends when necessary. Possession of valid NH Drivers license required. A valid CDL-B license preferred. Physical examination and background check are a condition of employment. Job description available at [www.tiltonnh.org](http://www.tiltonnh.org). Submit letter of interest and resume to the Board of Selectmen, 257 Main Street, Tilton, NH 03276.

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**TOWN OF TILTON**  
NEW HAMPSHIRE

**LABORER, LIGHT EQUIPMENT OPERATOR**  
Town of Tilton, NH

Tilton Board of Selectmen seeks a qualified, experienced Laborer/Light Equipment Operator, to perform a variety of routine manual laboring duties involving the construction, repairing, cleaning and maintaining of town roads, drainage systems, cemeteries, parks and other facilities utilizing hand tools, power tools, mowers or other equipment. Ability to read, write and speak English. High School Diploma or equivalent, and six months experience in the operation of power tools and familiarity with equipment used in maintenance of public roads, or experience which demonstrates the possession of the required knowledge, skills and abilities. The position is physically demanding; must be willing to work under adverse weather conditions, as well as nights and weekends when necessary. Possession of valid NH Drivers license required. A valid CDL-B license preferred. Physical examination and background check are a condition of employment. Job description available at [www.tiltonnh.org](http://www.tiltonnh.org). Submit letter of interest and resume to the Board of Selectmen, 257 Main Street, Tilton, NH 03276.

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**New Hampton:** Captivating post & beam dream home on Lake Winona. Nestle among 3.68 acres with 200' of shorefront, this architectural gem has been designed with quality and craftsmanship. The home exudes the way life is meant to be with plenty of warmth and charm flowing through the 4,424 sqft of living space. Home features maple floors, granite counter tops, cherry kitchen, an oversized screen porch, 4-brdm and 4 baths. The loft area overlooks the living room & its beautiful soapstone fireplace. The lower level walks out directly to the sandy beach surrounded by the private landscape and forest. **\$945,000 MLS# 4510691**

**Moultonborough:** A true 3-bdrm lake house on Lake Winnepesaukee with 212' of shore front and walk-in sandy beach. Home has huge wrap-around deck that includes a screened in gazebo. Add't 4.8 parcel of land across the street included in the sale. **\$895,000 MLS#4509390**

**Laconia:** This beautiful 3-bdrm New Englander home is located near Lake Winnepesaukee, and Opechee. Flawlessly updated including roof, furnace, oil tank, water heater and kitchen floor. Fenced in back yard with above ground pool. **\$169,999 MLS#4509615**

**Meredith:** Like new 2-bdrm townhouse in exceptional condition. Brand new granite tops, S.S appliances, ample storage, beautiful laminate floors and attached garage. Near Lake Waukewan and Winnepesaukee. Association has low fees and is centrally located. **\$179,999 MLS# 4510070**

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# KIDS' CORNER

THIS DAY IN...



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- **1825:** URUGUAY DECLARES INDEPENDENCE FROM BRAZIL
- **1916:** THE U.S. DEPT. OF THE INTERIOR CREATES THE NATIONAL PARK SERVICE TO MANAGE AND PRESERVE NATIONAL PARKS AND MONUMENTS
- **1989:** MAYUMI MORIYAMA BECOMES JAPAN'S FIRST FEMALE CABINET SECRETARY

## What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



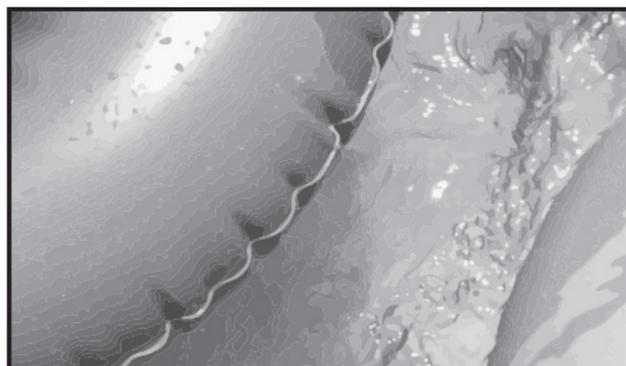
Answers: 1. Girl's bathing suit 2. Fish in water 3. Middle girl has more hair 4. Boy has star on his arm

*New*  
word

## SANITIZE

to make clean and hygienic

## GET THE PICTURE?



CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: POOL FLOATS

## PEOPLE FACT:

UNDERWATER SWIMMING REQUIRES HOLDING ONE'S BREATH. STIG SEVERINSEN HOLDS THE WORLD RECORD FOR TIME SPENT HOLDING BREATH UNDERWATER. HOW LONG DID HE MANAGE?



ANSWER: 22 MINUTES

## Did You Know?

THE OLDEST DOCUMENTED SWIMMING STROKE IS THE BREASTSTROKE. PICTURES SHOW ANCIENT EGYPTIANS SWIMMING.



## How they SAY that in...

- ENGLISH:** Water
- SPANISH:** Agua
- ITALIAN:** Acqua
- FRENCH:** Eau
- GERMAN:** Wasser

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V6



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