

Runners embrace the holiday spirit at Jingle Mingle 5K

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL – Nearly 50 people gathered at Tapply-Thompson Community Center last Saturday morning to take part in the 2019 Jingle Mingle 5K run/walk, an event that not only provides a lot of family-oriented fun but also helps to support scholarships and programs at the center, serving residents of the Newfound Region.

Many of the participants were dressed from head to toe for the holidays in red, green and white outfits. Some included bells that jingled as they mingled before the 10 a.m. start time for the event.

Touted as the last



The Caron family of Danbury was all decked out for last Saturday's Jingle Mingle 5K at Tapply-Thompson Community Center, pleased to support scholarships and programs the center offers to local residents.

local 5K for the 2019 running season, TTCC staff and volunteers sold tee shirts to commemorate the race as they welcomed all who signed up. Raffle tickets for prizes from local businesses were also on sale.

The Caron family of Danbury was one of many who came out to brave the brisk temperatures that day but it certainly didn't cool their enthusiasm for the race.

"This is our fourth year now and every year we keep adding to our costumes. We just love the festiveness of this. It's our favorite 5K," said Christine Caron.

She and her husband Dave registered

SEE JINGLE MINGLE, PAGE A14

Newfound presents winter concert tonight

BRISTOL — The Music Department at Newfound Regional High School will present its annual Winter Concert, on Thursday evening, Dec. 12, at 7 p.m. in the NRHS Auditorium. The concert will feature a wide variety of music, including selections performed by the Chorus, Concert Band, Select Choir, and Jazz Ensemble.

The Band will perform a varied repertoire, including "Journey Into Diablo Canyon" by Shaffer, and music from the movie "Avatar." The Select Choir is slated to perform "Music of the Night" from "Phantom of the Opera," while the Jazz Band will perform an original selection by Music Director Edward Judd called "Mac's Blues." The Chorus will perform "Alleluia" by Mozart, and selections from "Phantom of the Opera," along with other selections.

The concert is open to the public, and there is no admission charge.



Pretty as a postcard

White snow, holiday greens and festive red bows in historic Hebron Village have once again created the postcard-perfect New England scene people from all over come to enjoy.

KTHO Auction and Raffle will feature familiar favorites, exciting new items!

PLYMOUTH — With the freezing temperatures and snow we've already experienced, the Keep the Heat On (KTHO) Committee is

happy to report that tickets for its 15th annual fundraiser on Wednesday, Jan. 15, are selling fast at Plymouth's Chase Street Market! Sponsors are signing on to help in a big way, and new auction and raffle items are coming in every day. The Plymouth Area Community Closet (PACC) and the Committee are truly grateful to our generous friends who have responded to the urgent appeal for assistance to our neighbors.

The auction and raffle will be highlights of a fun-filled evening that includes a buffet dinner supplied by more than 22 of our finest area restaurants and their chefs—all to raise money for local families in need of home heating fuel and other forms of assistance. The contributed items are truly extraordinary, so be sure to bring your checkbook or credit card to KTHO. Last year's event raised more than \$50,000, and

the KTHO Committee is again trying to raise as much as possible for fuel assistance.

New this year: Exciting entertainment will be provided in place of a live auction. Details will be available soon and will be shared in this newspaper.

This year's silent auction and raffle will feature a wonderful selection for all tastes and budgets. Enjoy the outdoors and bid on ski passes to Gunstock Mountain Resort or Waterville Valley Resort, or golf passes to Den Brae Golf Course, Jack O' Lantern Resort & Golf Course, or White Mountain Country Club.

You can find classy and comfy items for the home at Harris Family Furniture, or leave your troubles behind with a scenic plane ride or a relaxing two-night stay at a sweet Little Squam Lake cabin. Art lovers can choose from original works by local artists, or you can treat

SEE KTHO, PAGE A12

Bridge House celebrates grant

BY DONNA RHODES
drhodes@salmonpress.news

PLYMOUTH – On Monday, the Bridge House in Plymouth was the grateful recipient of a \$100,000 check for a grant from the Housing Ministries of New England, money that will soon benefit programs and services



Bridge House in Plymouth received a check for \$100,000 this week through a grant from the Housing Ministries of New England that will support programs and services for their new Permanent Supportive Housing wing. From left to right are Jack Daly of HMNE, residents Brian and Susie, Bridge House Executive Director Cathy Bentwood and Brian's loyal companion Sampson.

in their new six-unit Permanent Supportive Housing wing.

"We have the philosophy of giving a hand up and not a

hand out, making sure people feel they have a purpose and that's what we saw in Bridge House," said the organization's New Hamp-

shire board member Jack Daly who made the presentation.

HMNE, led by president Thomas B. Cal-

SEE BRIDGE HOUSE, PAGE A12

Pamela Noble announces retirement from MVSB and Merrimack County Savings Bank

MEREDITH — Pamela Noble, Vice President, Mortgage Sales Operations Officer for Meredith Village Savings Bank (MVSB) and Merrimack County Savings Bank (the Merrimack), is retiring on Dec. 31, after more than 29 years with the Bank. Noble is based out of the MVSB Main Office in Meredith, and has worked at that location since 2000.

“Pam has been an integral member of the mortgage lending team,” said Carol Bickford, Senior Vice President, Residential Mortgage Lending. “She has exceptional leadership qualities and dedicates herself to service. It has been my pleasure to work alongside her. Pam has been a remarkable employee and colleague, and we can’t thank her enough for the last 29 years.”

“I feel very fortunate to have been able to work at such a fine community institution, where service to others is prioritized,” said Noble. “I will miss



Pamela Noble

the incredible people I’ve worked with over the years, as well as many of our customers, who I am happy to call my friends.”

Noble began her career with MVSB in 1990 at the Route 104 Office in Meredith as a Part-Time Teller. She went on to hold positions as a Customer Service Representative, Assistant Head

Teller and Head Teller before transitioning to Lending in 2000. Since then, she has been promoted to Assistant Vice President then to Vice President, Loan Officer and again to Vice President Mortgage Sales Operations Officer for both MVSB and the Merrimack.

She has been essential to MVSB’s annual fundraising team

for Making Strides Against Breast Cancer. Noble has also served for a number of years on the Lakes Region Making Strides Against Breast Cancer Planning Committee. She has served as a board member of the Lakes Region Boys and Girls Club and continues to serve on the board for New Beginnings.

Unlike stock banks, Meredith Village Savings Bank and Merrimack County Savings Bank are mutual savings banks that operate for the benefit of their depositors, borrowers and surrounding communities. As a result, each organization has remained steadfast in fostering the economic health and well-being of their communities, prioritizing the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship in all matters of business and service.

Founded in 1869, Meredith Village Savings Bank is celebrating its 150th anniversary. For 150 years, the

Bank has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. To learn more, visit any of the local branch offices in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800.922.6872 or visit mvsb.com.

Founded in 1867, Merrimack County Savings Bank has been serving the

people, businesses, non-profits and municipalities in central and southern New Hampshire for over 150 years. The Merrimack was voted “Best Bank” by the Capital Area’s People’s Preferences for the 9th consecutive year in 2018. To learn more, visit any of their local offices in Bow, Concord, Contoocook, Hooksett and Nashua, call 800-541-0006 or visit themerrimack.com.

Kapow! Create nature comics with the SLA

HOLDERNESS — Use comics as a tool for conservation! Join the Squam Lakes Association (SLA) on Dec. 15 from 10 a.m. to noon as we create nature-based comic strips. An important part of conservation is communication. To encourage people to conserve, you have to show them why they should care! Comic strips can be a fun way to share cool parts of the natural world with a wider audience. Lakes Region Conservation Corps member, Grace Callahan, will lead a nature walk/snowshoe around the SLA campus (534 US Route 3, Holderness) followed by a workshop where participants will create their very own nature comics.

The walk in the first half of the program will include discussion of topics such as winter life on Squam, New England animal migration, comparisons of deciduous and coniferous tree life processes, and ongoing conservation efforts in the surrounding area. Participants

might find inspiration for their comic strips from topics discussed on our walk or from other natural phenomena for which they have a passion.

Participants will walk away with a better understanding of lake life, an appreciation of the arts as tools for conservation, and of course, their unique comic creation! The SLA will provide all art supplies. If snowshoes are needed, participants are encouraged to bring their own—however the SLA can provide snowshoes for up to six participants. Participants should bring warm winter clothes, water, a snack, and binoculars if desired. The walk will not exceed a mile and will be on flat terrain. Participants of all ages are welcome! This will be a very kid-friendly event.

For more information, or to sign up for this Adventure Ecology program, go to the SLA website (squamlakes.org) or call the SLA directly at 968-7336. The SLA offers a variety of programs throughout throughout the winter covering different aspects of lake and forest ecology and local conservation efforts. These programs are led by the Lakes Region Conservation Corps Americorps members and are free and open to the public.

SLA to host family hike to Cotton Mountain

HOLDERNESS — On the fourth Saturday of each month join other families for a hike. Whether your family is new to hiking or seasoned hikers this is a fun way to get outside and explore. All of these hikes are on SLA trails and if you hike all 50 miles of trails then you can become a Squam Ranger and earn a patch! Every hike will begin with a discussion of how we can all stay safe and have fun.

This month's hike

will take you to the top of Cotton Mountain where the view is a great reward for the short but steep climb. The hike is roughly 1.2 miles, round trip, and runs along the slope of a beautiful hemlock and pine forest. We will take our time, follow the children's curiosities, and enjoy being outside. Timing is hard to predict since it depends on the hikers so we may end a bit earlier or go later.

This hike is for all

ages, but is of moderate intensity and may increase in difficulty with any icy, snowy or rainy weather! Children must be accompanied by an adult. Participants should bring appropriate clothing, extra layers, comfortable water resistant shoes for hiking, water, snacks and snowshoes and/or micro-spikes depending on conditions. The SLA can provide snowshoes for up to six participants.

For more information about these scheduled hikes, or to sign up, visit the SLA Web site (squamlakes.org)

or contact the SLA directly (968-7336). The SLA also offers other Squam Ranger hikes and environmental programs throughout the year. The Squam Lakes Association is dedicated to conserving the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region.

BARNZ's
MEREDITH CINEMAS
Meredith Shopping Ctr. • 279-7836
844-4BARNZS

Week of 12/13 - 12/19

JUMANJI: NEXT LEVEL PG-13
Fri. & Sat.: 1:15, 4:15, 7:15, 9:50 PM
Sun. - Thurs.: 1:15, 4:15, 7:15 PM

FROZEN 2 PG
Fri. & Sat.: 12:15, 2:30, 4:45, 7:00, 9:15 PM
Sun. - Thurs.: 12:15, 2:30, 4:45, 7:00 PM

KNIVES OUT PG-13
Fri. & Sat.: 12:45, 3:45, 6:45, 9:30 PM
Sun. - Thurs.: 12:45, 3:45, 6:45 PM

Join us for the advance screening of
STAR WARS: RISE OF SKYWALKER
ON THURSDAY 12/19 AT 6:00PM

Find us online at: [BarnZs.com](#)

CASS INSURANCE INC.

'Nanc' & Michelle
PO Box 406 • Newport, Vermont 05855

**PERSONAL AUTOS, WORKMAN'S COMP.
GENERAL LIABILITY AND EQUIPMENT
HOMEOWNERS, SNOWMOBILES, ATVS**

802.334.6944-Work
802.334.6934-FAX
cassinsurance@myfairpoint.net

Newfound Landing

WWW.SALMONPRESS.COM
(603) 279-4516

A SALMON PRESS PUBLICATION
NEWFOUND LANDING STAFF DIRECTORY

ADVERTISE WITH US ADVERTISING EXECUTIVE TracyLewis (603) 575-9127 tracy@salmonpress.news	SEND US YOUR NEWS AND PICS news@SalmonPress.news	PRESIDENT & PUBLISHER FRANK G. CHILINSKI (603) 677-9083 frank@salmonpress.news	EDITOR BRENDAN BERUBE (603) 677-9081 brendan@salmonpress.news
TO SUBSCRIBE OR FOR SUBSCRIPTION SERVICES: SAM LOVETT (603) 677-9085 sam@salmonpress.news	TO FAX THE GRANITE STATE NEWS: CALL (603) 279-3331	BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 ryan@salmonpress.news	SPORTS EDITOR JOSHUA SPAULDING (603) 941-9155 josh@salmonpress.news
	TO PRINT AN OBITUARY: E-MAIL: brendan@salmonpress.news	OPERATIONS DIRECTOR JIM DiNICOLA (508) 764-4325	PRODUCTION MANAGER JULIE CLARKE (603) 677-9092 julie@salmonpress.news
	TO SUBMIT A LETTER TO THE EDITOR: E-MAIL: brendan@salmonpress.news	DISTRIBUTION MANAGER JIM HINCKLEY (603) 279-4516	
	TO SUBMIT CALENDAR ITEMS: E-MAIL: brendan@salmonpress.news		

Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

KYLE KO.
QUALITY CARPENTRY

**VETERAN OWNED
VETERAN WORKED**

**• RESTORATION
• REMODELING
• NEW CONSTRUCTION
(603) 536-9800
• VETERANS DISCOUNTS •**

**REDUCE
RECYCLE
RENEW**

CAUTION

Drivers
**YOU HOLD THE KEY TO
OUR CHILDREN'S FUTURE**

Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands.
Please drive carefully.

Children's Auction cracks the \$600,000 mark

BY ERIN PLUMMER
mnews@salmonpress.news

BELMONT — Kids in need across the area will be getting a lot of holiday cheer thanks to over \$600,000 raised by the Greater Lakes Region Children's Auction.

On Saturday, the 38th annual auction closed for another year with a total of \$600,032, which will be distributed to more than 60 nonprofit organizations helping families right in the Lakes Region.

This year's auction opened on Tuesday, headquartered in the former Peebles store in the Belknap Mall: a larger space for the production and the items.

Auction Chair Jaime Sousa said the auction started with fewer items than usual. This year Thanksgiving fell late on the calendar, meaning they didn't have that extra week between Thanksgiving and the auction. Snowstorms also hampered contributions. Sousa said at some points items that came in were going out just as fast. During the week a number of pleas went out for more items.

"The community really came through in just the nick of time," Sousa said.

The auction aired on Lakes Region Public Access as well as

the Laconia Daily Sun Web site and numerous local radio stations.

When the auction closed on Saturday afternoon, it cleared the \$600,000 mark. This also included the \$355,453 raised by Pub Mania at Patrick's Pub and Eatery.

Sousa said it was unbelievable that they raised this much. She thanked everyone who contributed to the auction in some way.

The Children's Auction started in 1982 with WLNH DJ Warren Bailey operating out of a van in the parking lot of the Laconia YMCA.

"It all started with people just coming up to is at the van and saying, 'How can I help?'" Bailey said.

He said there were people who donated who only had a few dollars in their pocket but wanted to contribute it to people who needed it more.

Bailey said when they started the Children's Auction 38 years ago their goal was to raise \$2,000, \$1,000 per day of the auction. When they raised \$2,100 he said they knew this could go places.

Bailey said they have the philosophy that every dollar they raise is a dollar more for kids in the com-



The final number of \$600,032 is unveiled at the end of the Greater lakes Region Children's Auction with Bob Glassett and Jaime Sousa holding the check.



Ed Darling with members of the phone bank, in front is a donation from the Meredith Fire Department.

munity. Bailey said the effort is all volunteer and the money all stays in the Lakes Region.

Last year they were able to give to 60 different nonprofit organizations.

He said that amount of support takes his breath away.

"It's because of your

generous contributions to the Children's Auction we now serve 60 nonprofit organizations," Bailey said at the end of the auction.

The first checks will be handed out this Friday to the category of the greatest need and the other checks will be distributed through the winter.



Emcees Jim Fronk and Zack Derby stand with Children's Auction founder Warren Bailey holding the check for this year's final total.

Integrated health care delivery projects make a difference locally

REGION — It may seem like an alphabet soup of acronyms, but abbreviations such as DSRIP, IDN, and CHSN represent an important shift in how health and social service providers are delivering care and striving to improve health for residents in the Central New Hampshire and Winnepesaukee Regions.

Since 2016, New Hampshire has used federal funding from the Centers for Medicare and Medicaid Services (CMS), available under New Hampshire's Section 1115 Delivery System Reform Incentive Payment (DSRIP) transformation waiver, to work on new and better ways to address critical community health needs through projects that deliver integrated physical and behavioral health care.

Responding to the alarming rise of substance misuse and overdose, as well as continual difficulties in accessing behavioral and mental health services, the five-year DSRIP demonstration program focuses on providing resources to states for regional projects that address these health crises by working to expand capacity, reduce gaps in care transitions and integrate physical and behavioral health care. Regional health and social service provider partners, working together at every level of health care delivery, form the basis of change. Although the DSRIP programs' primary target is New Hampshire Medicaid members, changes being made to the regional health service delivery system are having a positive impact on all

residents.

Acknowledging the power of locally-identified community health needs and plans for successful change, DSRIP funds are distributed through the State to seven New Hampshire regions. Each region has developed an Integrated Delivery Network (IDN), a group of health and social service partners that committed to working together to understand the issues facing that region's Medicaid population, developed project plans to bring services together in a coordinated way, and have been acting on those plans for three years now.

The Central New Hampshire and Winnepesaukee Regions were combined and identified in NH's Hseven-region structure as Integrated Delivery

Network Five (IDN5). Geographically, IDN5 spans northern Merrimack, Belknap, and southern Grafton counties and includes the towns of Alexandria, Alton, Ashland, Barnstead, Belmont, Bridgewater, Bristol, Campton, Center Harbor, Danbury, Ellsworth, Franklin, Gilford, Gilmanton, Groton, Hebron, Hill, Holderness, Laconia, Lincoln, Livermore, Meredith, New Hamp-

SEE IHCDP, PAGE A12

PLYMOUTH OPTICAL SHOPPE

Martin D. Kass, Registered Optician

- Repairs Done on Premises •

607 Tenney Mtn. Hwy., Suite 101
Plymouth, NH 03264 • 603 / 536-3569

THE FLYING MONKEY

A COMMON MAN FAMILY PRODUCTION
Movie House & Performance Center

FANTASTIC FUNGI

The Magic Beneath Us
December 12 & 15-18

The magical world of fungi and their power to heal, sustain and contribute to the regeneration of life on Earth.

HOLIDAY FILM SERIES

<p>The Polar Express Dec. 20</p>	<p>It's A Wonderful Life Dec. 21</p>	<p>The Muppet Christmas Carol Dec. 22, 23, 24</p>	<p>National Lampoon's Christmas Vacation Dec. 26</p>
--------------------------------------	--	---	--

Bring in this ad to get TWO tickets for the price of one to see "THE MUPPET CHRISTMAS CAROL" on 12/22

FlyingMonkeyNH.com • 39 Main Street, Plymouth NH 03264 (603) 536-2551

At Your ServiceNH

Waste & Recycling

\$300
7 DAY RENTAL
15 Yard Stump & Brush Dumpster

15 Yard ~ \$450.00

Includes up to 2 tons
2 Week Rental

Clean out the...
Garage • Shed • Attic • Man Cave

Common Uses...
Construction • Renovations • Roofing Debris • Demolition

Curbside Trash Services

WEEKLY • BIWEEKLY • MONTHLY SERVICE
96 Gallon Tote Service Included
No Separation Required
Local Family Owned & Operated
No Contracts • No Hidden Fees

Doorstep Service also available call for Quote

Call 603-986-8149 today to talk trash Or visit our website www.AtYourServiceNH.com

If you would like to learn about the honeybee and the art of beekeeping - the Pemi-Baker Beekeepers' Assn. have a BEE SCHOOL for you!

Dates: Saturdays: Jan 25; Feb 1, 8, & 15, 2020

Time: 9:00 am to 2:00 pm

Location: American Legion Post 15; 39 Main Street, Ashland, NH

Cost: \$60 for initial registrant (Includes Study Guide; Beekeeping for Dummies; one year membership to PBBA). There will be a \$15 fee for an immediate family member who wishes to attend the classes (no extra materials available). (Children under 16 are free).

Refresher Class: Space Availability Basis

Please make checks payable to **Pemi-Baker Beekeeper's Assn.**
Registration form is on our website: www.pemibakerba.org
Send registration form and payment to: Mary-Ellen Godville,
1090 River Road Plymouth, NH 03264

CADY Corner

How to talk to your child about marijuana

BY DEB NARO
Contributor

Talking to your child about marijuana and other drugs is undeniably difficult. Often, the hardest part is starting the conversation. It is important to get in the right frame of mind and set the stage for an effective conversation about substances—here are some helpful strategies.

Keep an open mind.
If you want to have a productive conversation with your teen, one thing to keep in mind is that when a child feels judged, they are more likely to shut down. In order to achieve the best outcome for you and your teen, try to preserve a position of objectivity and openness. This is challenging and may take practice.

Put yourself in your teen's shoes.
For instance, consider the manner in which you yourself would prefer to be addressed when speaking about a difficult subject. It might be helpful to think about how you felt when you were a teenager.

Be clear about your goals.
It may help to write them down. Once you know what you would like to get from the conversation, you can look back at these afterward and review what went right, what went wrong, what goals were met, which ones were saved for a later date and whether you were able to deliver them effectively.

Be calm and relaxed.
If you approach your teen with anger or panic, it will make it harder to achieve your goals. If you are anxious about having a conversation with them, find some things to do that will help relax you beforehand.

Be positive.
If you approach the situation with shame, anger, scare tactics or disappointment, your

efforts will be wasted. Instead, be attentive, curious, respectful and understanding.

Don't lecture.
Keep in mind that if you spoke with them about drugs when they were younger, they already know that you disapprove of their use. To lecture them about this will most likely lead to them tuning you out, anger or worse — it may be misinterpreted as you disapproving of them instead of their actions, which can lead to shame and, in turn, more substance use. Throwing your weight around in order to stop something from happening (“You can’t, because I’m your parent and I said so”) is highly ineffective. Avoid pulling rank it’s frustrating for all concerned.

Find a comfortable setting.
Announcing a sit-down meeting (“We need to have a talk after dinner”) will usually be met with resistance, while a more spontaneous, casual approach will lower your child’s anxiety and maybe even your own. Perhaps this means taking a walk or sitting in the yard or park. Look for a place that feels less confined but not too distracting.

Be aware of body language.
If your teen is sitting, you want to be sitting as well. If they are standing, ask them to sit down with you. Be mindful of finger-pointing and crossed arms; these are closed gestures, while uncrossed legs and a relaxed posture are open gestures.

For more information about how to talk to your teen about drugs or alcohol, visit our Web site at cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.



DONNA RHODES

Season off to a busy start at Ragged Mountain

Ragged Mountain Ski Resort was busy last weekend, with skiers and snowboarders enjoying more than 12 open trails and three lifts in operation as the 2019-2020 winter season gets underway. New this year at Ragged is the remodel of their Meetinghouse Lodge and a new pizza oven in the Stone Hearth Bar, the perfect spot for lunch or après ski relaxation. For more information on trail openings, conditions and upcoming special events, visit them on Facebook or check their Web site, www.raggedmountainresort.com.

Letters to the Editor

Community Choice: Regaining control of our energy future

To the Editor:
On Aug. 8 of this year, the Governor signed into law SB 286, a bipartisan bill allowing local municipalities to create their own energy districts and aggregate power consumption. This is good news for residents and businesses interested in working together to lower electrical rates based on the aggregate load of the entire group, as opposed to each negotiating individually. This mechanism is referred to as Community Power Aggregation, or more commonly known as Community Choice.
Community Choice is not a new idea, and has been successfully implemented by other municipalities with success in state including Massachusetts, Colorado, and California. The simple idea is to use the total “aggregate” electrical load of the community as a lever for negotiating for better rates from electrical suppliers. This is the same approach popularized in “buying clubs” such as Costco and BJ’s. By aggregating the buying demand for goods, purchasing power can be used to negotiate lower product costs.
In addition to negotiating for lower power costs, communities can also negotiate with suppliers for improved services, such as demand response management, local energy storage, as well as renewable energy sources such as wind, hydro, biomass and hydro. For example, customers might have the option to purchase the lowest cost electricity available, or choose a 100% renewable option for 2 cents more per KW-hr. A Demand Response Service might include a

application for your phone that provides alerts when energy demand (and cost) is high, indicating the need to reduce energy consumption for that period, and thus reduce the customers electrical costs substantially.
The first step in the process of a Community Choice Program is the formation of a Community Power Committee. The Bristol Select Board recently authorized me, as the current Chair of the Bristol Energy Committee, to begin to form a committee. Once formed, a Community Power Plan will be developed and readied for public review and input.
On Dec. 17, I will be hosting an educational presentation at the Bristol Library to review SB-286 and begin to raise awareness and, hopefully, interest of local residents to become involved in this effort. There are many outstanding questions about the scope, governance, and implications of SB-286, and we do not know all of the answers. But I believe it represents an opportunity for local residents and businesses to lower electrical costs, improve resiliency, and move towards a locally generated renewable power future. I hope you will join us for the event on Dec. 17 at 7 p.m. in the Bristol Town Library to learn more and begin the process of Regaining Control of our Energy Future.

Paul Bemis
Chairman
Bristol Energy Committee

Here we go again

To the Editor:
Bristol, here we go again...the select board wants \$242,125 more to operate the town in 2020. This represents a 5.19 percent increase over last year’s expenditures. Did you get a 5 percent raise in your salary or social security to pay for all this?
Our small-town spending keeps rising by unsustainable amounts of money, yet the population has only increased by maybe 100 people over the past 20 years. Uncontrollable increases cause your property value to decrease, when across the nation property values are rising. Let’s face it, who wants to buy or build a property in Bristol that has a high tax rate when they can go to Bridgewater or other low tax towns and basically get the same level of service or even yet, use Bristol’s services!
Taxpayers, Renters, those who own vacation homes and businesses, this is your money and if you do not speak up to let the select board and

the budget committee know how you feel about these increases they will continue. If you do not vote and come to town meeting, but then complain about your taxes going up, then you are the only one to blame. If you want to stop this unsustainable spending, then vote for someone that is conservative. In a small town like ours your vote goes a long way. Let’s hope the budget committee can skinny this down to a reasonable number before it goes to town meeting on March 14, 2020.
Lastly, let’s not forget about the elephant in the room, the School Budget of close to \$23 million this coming year, of which Bristol pays about \$6,440,000. Shoot, it costs Bristol taxpayers more to run the schools than it does to run the entire town. The November school portion of your tax bill had a 6 percent increase, where town/state/county were all between one and three percent.

John Sellers
Bristol

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to CallWhere to MeetWhat to Pack

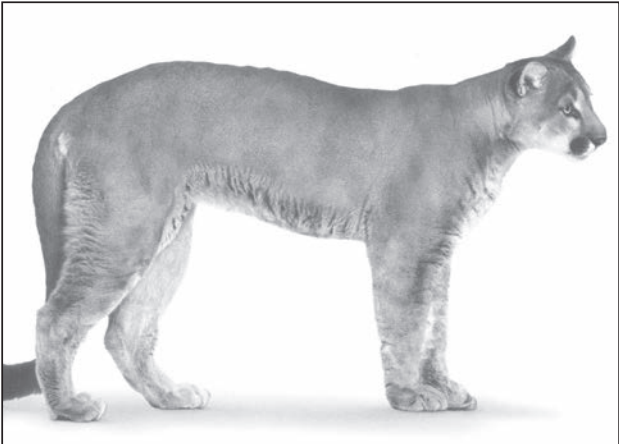
NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

Chasing the phantom of the road-killed cougar

Among emails that came in while I was on a passenger vessel churning its way up the Mississippi was this, dated Nov. 29:

“Hi John,
“Today on Orfordville Rd. in Orford, we saw a large cat with a LONG tail. Unfortunately it crossed the road too far in front of us and went up a hill through the woods. We were too far away for photos or a good look at the ears. In the light it was difficult to say coloration. What I can definitely say is it was too large to be domestic and it had a long tail.”



COURTESY

Here it is again, the old photograph of a cougar that I've had around so long that I've forgotten (with apologies) its origins.

I thanked this reader for his note, because I really do appreciate it (a) when people are readers, and (b) when readers care enough to

write.
But okay, so what do I do with a report like this? In the long pecking order of cougar/mountain lion/cata-mount reports, it's a



JOHN HARRIGAN

This is the not altogether wistful sign that's long graced my front lawn. In fact, one of the better cougar incidents I've heard about in a half-century of newspapering occurred right near my back driveway, while I was down at work.

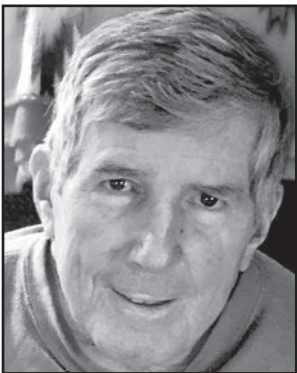
fairly small peck. Still, there it is.
There is nothing out there in the woods that

has the long tail that so many cougar-sighting people so vividly describe, and please--no citing of coyotes, lynx, bobcats, foxes, fishers or martens. No reasonable, clear-sighted person could mistake such a small animal for such a big one, except perhaps--and even this is a stretch--the coyote.

And even then, only in the case of the cougar is the tail described as “rope-like,” which is the key to any reputable (and, with me, reportable, meaning in the news or in a column) mountain lion sighting. An adult cougar is big, and I mean very big--an adult male can top 200 pounds. Does anyone want to look an earnest, honest, clear-eyed, nothing-to-gain person in the eye and tell him he saw a bobcat or a fisher? Not this guy.

+++++

The fact is that I really don't care whether cougars are here or not. I have no dog in this fight. It's not a burning issue with me. I have other fish



to fry. I'm trying to use up my stash of hackneyed phrases here. Please, someone save me before they come to get me.

But although I've never seen a mountain lion myself, there have been enough sightings over my four decades of keeping track, by extremely reliable people, in such vivid detail, and by people who'd have utterly no reason to make up such a thing, to make me a firm believer. It's worth mentioning that I long ago found peace with the Santa thing.

Why then, astute readers will want to know, are there no good photos or films of mountain lions in this age of so many people lugging iPhones around? Answer: There probably are--it's just a case of people not knowing what to do with them, or about their importance. It's just another photo of just another wild animal. Who cares?

Then there's nervousness and fear concerning two perceived dangers: what I call “Officialdom,” and that old reliable bugaboo, hunters.

Justifiable or not (Fish and Game steadfastly says it's not), it's out there, big time, that anyone trying to report a cougar sighting, even an extremely good one, risks embarrassment and/or outright belittling from

SEE NOTEBOOK, PAGE A12

Conservation Matters

A monthly column focused on conservation education, as the result of collaboration among several area conservation commissions and organizations. If your town's commission or conservation organization would like to contribute articles, please contact Jessica Tabolt Halm jesshalm78@gmail.com

Help keep it an all-seasons wonderland

BY STEVE WHITMAN

Alexandria Conservation Commission

As we enter into the winter months and celebrate the holiday season, let us not overlook the ties conservation has to the holidays we celebrate.

Thanksgiving, a day that we set aside to recognize and give thanks for all those things, which make our lives more enjoyable and productive is behind us. I am sure that the majority of us gave thanks for many things that have affected our lives over the past year; our health, the addition of a loved one to our family, personal good fortune, and I could go on – how many stopped and gave thanks for the natural resources we share that make our lives possible? A variety of religious holidays and New Year's are on our doorstep providing us with the opportunity to not only share gifts and good times with our friends and family, but also provides the opportunity to reflect on the importance of giving back and helping those who are unable to help themselves. New Year's, the first day of the rest of our lives, allows us to look back on the past year's accomplishments and shortfalls and make resolutions to change our lifestyles moving forward. Winter is a fun season and provides us with the opportunity to reflect on how we have progressed to this point in time, and how we can adapt our lifestyles to meet the challenges we will continue to face in future years.

How does all this tie in with conservation efforts and the work that Conservation Commissions and their counter parts are doing throughout the world? Our natural resources and the environment are (or should be) at the top of the list of things for which we are most thankful, without them we could not survive. Conservation is about giving back, respecting,

and taking care of those resources that are unable to take care of themselves given the stress we put on them to satisfy our demands. Even “renewable resources” are at risk if we use them up at a faster rate than we replace them. Conservation means careful management of our resources to ensure that there are enough to sustain our needs. Management is a combination of actions designed to sustain availability by controlling use and protecting habitats and the environment.

Although not readily recognized as such, recycling is a large part of managing resources. Recycling's three main components are: Reduce, Reuse, and Recycle. The first component, Reduce, is really where it all begins. We need to cut back on the amounts we consume. We have become a “single use” society, use it once and throw it away. Styrofoam food containers are probably the best example; not only do they consume non-renewable resources, petroleum, but most end products of this type are not biodegradable. Why not buy a thermo-mug and use it every day, or keep a glass or mug for use at work? That brings us to option 2; Reuse. There are many items such as glass jars or tin cans that can be reused/repurposed as storage containers for numerous small items like pencils at your desk, screws and nails in the workshop, leftover foods, or used in craft projects; this eliminates the need to buy something new to fulfill that need.

When options 1 and 2 don't work, move to option 3: Recycling. It may seem strange that the last option of the recycling triangle would be to recycle, but while recycling does cut down on the amount of resources used, it does use some resources in the process of converting materials into ‘raw’ material for new products.

Conservation and resource management also takes into consideration management of land development. This consists of a comprehensive master plan, which includes protecting unfragmented segments of land to protect the ranges and habitats of wildlife; limiting development in certain topographical land configuration such as lands with slopes steeper than 25 percent or with wetlands considerations; and adherence to non-pervious surface requirements, both of which affect soil erosion and water pollution. Forests and plant vegetation also play an important part, both in holding the soil in place with their root system to prevent erosion, and trees store CO2 and expel oxygen back into the atmosphere, which makes timber harvesting and reforestation a conservation issue. Conservation commissions are there to help conserve our natural resources, not to eliminate using them, but rather to manage their use to ensure they are used efficiently and to the maximum benefits for all. A resource is only a resource if it is available for use, and everyone's job is to use our resources sparingly and wisely, and do our part to protect the en-

vironment; our lands, oceans, streams, rivers, and lakes, and the air we breathe.

So as you're drawn to your holiday traditions this year, please take a moment to appreciate the importance of our natural resources and the part they play in our everyday lives, and remember that the holidays are a time not only for celebration, but also for reflection, planning ahead for the future, embracing the thought that it is more blessed to give than to receive, and recognizing that we all have a responsibility to take care of those who cannot care for themselves – including our natural resources and the environment. Happy Holidays to all.



Ossipee Owl

Used Books and MORE!
603-539-4296

“Hand-Made”

Tree Skirts • Table Runners • Lap Quilts • Pot Holders
Hot Mats • Doll Clothes • Spoon Bracelets

Used Books!! Lots of ‘em

COOKBOOKS 1/2 off

OPEN: Wednesday - Saturday 9:30 - 5:00
#485 ROUTE 16, OSS�PEE, NH “NEXT TO Big Moose RV”

Paid Advertisement

Edward Jones: Financial Focus

Use Year-end Bonus (or Gift) Wisely

As 2019 draws to a close, you may be anticipating – or have already received – a year-end bonus from your employer. Or you might be receiving a substantial cash gift for the holidays. (If you're really lucky, you might get both.) You can doubtlessly think of many ways to spend this money right now, but how can you use it to help yourself in the long run?

Here are a few suggestions:

- Pay off some debts. Virtually all of us carry some type of debt, and that's not necessarily a bad thing. For example, your mortgage not only gives you a place to live and a chance to build equity in your home, but the interest payments are typically tax deductible. Other debts, though, such as those on consumer items, are not so positive – you generally can't deduct the interest

Paid Advertisement

payments, and the items themselves probably won't enhance your personal wealth. Plus, the bigger your monthly debt payments, the less you'll have to invest for your future. So, you might want to use your bonus or monetary gift to pay off, or at least pay down, some of your less productive debts.

- Start an emergency fund. If you were to face a large, unexpected expense, such as the need for a new furnace or a major car repair, how would you pay for it? If you didn't have the cash on hand, you might be forced to dip in to your long-term investments, such as your stocks and mutual funds. A much better option is to build an emergency fund, containing six to 12 months' worth of living expenses, with the money kept in a liquid, low-risk account. It will take time to build such

Paid Advertisement

a fund, of course, but your year-end bonus or gift money could give you a good start.

- Contribute to your IRA. You can put in up to \$6,000 to your IRA, or \$7,000 if you're 50 or older. And although you've got until April 15, 2020, to fully fund your IRA for the 2019 tax year, you still might want to put your “extra” money into your account right away. If you wait, you'll probably find other uses for this money. And if you're going to enjoy a comfortable retirement, you'll need to maximize every possible resource – and your IRA is one of your best ones. Furthermore, the sooner you get the money into your IRA, the more potential it will have to grow over time.

- Feed your college fund. If you're

Paid Advertisement

already contributing to a college fund for your young children or grandchildren, you can use your year-end bonus or monetary gift to add to the fund. If you haven't already started such an account, you might want to use this money for that purpose. You could open a 529 plan, which provides possible tax benefits and gives you control of the funds until it's time for them to be used for college or some type of vocational school. (Depending on where you live, you might also get tax benefits from your state if you use a 529 savings plan to pay for K-12 expenses.)

To achieve all your financial goals, you'll need to take advantage of your opportunities – and your year-end bonus or monetary gift can certainly be one of them.


Paid Advertisement

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.


Member SIPC

Paid Advertisement

Devon Sullivan
Financial Advisor
164 NH RTE. 25
Suite 1A
Meriden NH 03253
603-279-3284
Fax 844-644-4469
devon.sullivan@edwardjones.com



Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meriden NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com



Rose V. Kelley, 70

GROTON — Rose V. Kelley-70 of Groton passed away on Monday, Dec. 2, 2019 at home.

Rose was born in Concord, Vt. on Aug. 6, 1949. Her parents were Leslie E. Rainey and Virginia R.(Dorman) Rainey of Victory, Vt.

Rose graduated from Concord High-school in Vermont. She was a homemaker, she worked as a cook for Russell Elementary School in Rumney, and she worked in the green houses and making holiday wreaths for Kelley's Flower-shop in Plymouth.

Rose enjoyed fishing, baking, playing cards, and spending time with her family and friends.

Rose is survived by her husband, David Watson of Groton; her son, Carl Sanborn, and wife Tricia of Barnet, Vt.; daughter



Misty Smith and husband Paul of Plymouth; daughter Shannon Ricciotti and her partner, Dustin Gray of Rumney; siblings, brother Frank Bartlett, sister Katherine Russell and husband George, sister Ginny Moore and sister Margaret Juraska; grandchildren, Noah Barber, Kyle Barber, Trysten McClain, Joseph Ricciotti, Giovanna Ricciotti, Jonathan Sanborn and wife Jess, Zackary Sanborn, Sebastian Sanborn, Devin Carten and husband

Matt, Brian Sanborn and wife Melinda, and Tristan Dunbar and Alexis Sanborn; great grandchildren, Kenneth Barber, Kenzee Sanborn, Kailee Sanborn, Ivarr Sanborn, Tarah Carten, Tori Carten, Kadance Boyce, Aubrey Boyce, Dante Sanborn, Elizabeth Sanborn, Jasmine Dunbar, Mariah Dunbar, Cody Dunbar, and Maddison Dunbar; many nieces and nephews.

Rose was predeceased by her mother and father; son Brian Sanborn of Vermont; brother Donald Bartlett of Vermont; and sister Leslie Sheltra of Florida.

Services will be in the spring of 2020.

Donations for Rose's burial can be sent to Misty Smith 584 Tenney Mountain Highway, Apt. #3, Plymouth.

Churches

Ashland Community Church

Real Church. Real People. Real Simple.

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Bob's Shurfine Market). Parking is available next to and behind the church.

Pastor: Ernie Madden
Worship Pastor: Aaron Stout
Phone: 968-9464
Email: accernie@hotmail.com
Website: ashlandcommunitychurch.com

Sundays: 10 a.m. Worship – Come as you are! Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

Aug. 18 – September 15
Teaching Series: "I Love My Church!"

Toddler Zone (for infants – five years old) is led by Kara Hamill and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs

are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Small groups: We also offer adult small groups that meet in various locations on Sunday, Tuesday, Wednesday, and Thursday evenings. Please contact our pastor, Ernie Madden, for more information about our small groups program.

New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.

It is our desire to help you understand God's incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don't have to dress up. You don't have to be any particular age. And please don't feel the need to pretend about anything. Ashland Community church is a place where God meets

seeking people who are far from perfect. That means everyone is welcome, no matter where you are on your spiritual journey. We believe you'll find what you are looking for here. You'll learn how to relate to God. You'll experience a Christian community. And here's the big thing – you will change. Join us each week as we seek God together. Just come as you are! (No perfect people allowed!)

If you have any questions, please don't hesitate to contact our pastor, Ernie Madden, at 968-9464 or accernie@hotmail.com.

We look forward to seeing you soon!

Grace Baptist Church

All families are invited to a classic Christmas Musical: "Peanut Butter Christmas." The children's choir, teens, and drama team of Grace Baptist Church will present this memorable musical twice on Dec. 15. The first presentation will be at the Baker River Bible Church at 10 a.m. Baker River Bible Church is located at 259 NH-25, Wentworth. Following the ministry, there will be a Soup Brunch.

The second presentation will be at 2:30 p.m. at the Plymouth Regional Senior Center at 8 Depot St., Plymouth. Following this ministry will be a Christmas Cookie Fellowship.

"Peanut Butter Christmas," written by "Patch the Pirate" Ron Hamilton and Gary Emory, tells the story in drama and song of

SEE CHURCHES, PAGE A7

Towns

Bristol

Al Blakeley
adblakeley0@gmail.com

The birds are back! Well, most of them. So great to have them at both feeders and viewing so many varieties, including a pair of cardinals. The suet feeders go up next in hopes of attracting the woodpeckers and our little friend, the brown creeper. It is so easy to be entertained in our old age!

The Winter Concert will be on Thursday, Dec. 12 at 7 p.m. at NRHS.

The Cookie Buffet to benefit the Minot-Sleeper Library will be held at the Masonic Hall, next to the library, on Dec. 13 from 3 - 5:30 p.m. and on Dec. 14 from 8:30 - 11:30 a.m.

The Masonic Hall will also hold the Breakfast with Santa on Dec. 14 from 8 - 10:30 a.m.

The 65th Santa's Village and Christmas Craft Fair will be held at the TTCC on Dec. 13, 14 and 15: Dec. 13 the Craft Fair will be from 5:30 - 8:30 p.m., while the Santa's Village will be from 6 - 8 p.m. Dec. 14 & 15, the Craft Fair will be from 1:30 - 5:30pm while Santa's Village will be from 2:00 - 5:00pm. Admission is free*. (*Canned goods will be collected for Bristol Community Services Food Pantry.)

If you could help decorate crafts for the Toy Shop for elves to give out this weekend, it would be appreciated. They need to be back by Friday or Saturday before 1:00pm. TTCC is also looking for cookies for Mrs. Claus to give out. She really appreciates the help that our local bakers give her as she is getting on in years...

If anyone is interested in helping shoveling out the TTCC after storms, please let them know.

The Minot-Sleeper Library will be closed: Friday, Dec. 13 from 11:30 a.m. - 1 p.m. Wednesday, Dec. 25 and Wednesday, Jan. 1, 2020. They will close early on Dec. 24 and 31 at 4 p.m.

The Giving Tree will be available again this year so patrons may purchase books or movies as a gift to others using the library. Information may be found online at: www.minotsleeperlibrary.org/giving-tree.html or you can call or email the MSL

US Census Jobs Information Sessions will be held at the MSL on Saturday, Dec. 14 from 10 a.m. - noon.

Bessie's Story: Book

Discussion and Book Signing on Thursday, December 12 at 6:30pm at the Minot-Sleeper Library. Dog lovers and book lovers will love this story about a chocolate Labrador's life dealing with blindness and overcoming that, living life to the fullest navigating the world using heightened senses of hearing and smell. Authors, Ashley and Tom Farnem, share Bessie's story during this presentation.

Looking for a unique gift for someone for Christmas? My niece just opened a shop called Good Vibes Only Art to sell artwork she and her friends have crafted. It's in the brick building across the street from the Bristol Diner.

The basketball season is under way this week. Try and get out to see the locals play at all levels. The participants deserve your support.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

Sunday worship at the South Danbury Church will be at 11 a.m. on Dec. 15. This will be the third Sunday of the Advent season. There will be refreshments and conversation afterward. All are welcome! The "Christmas at South Danbury" celebration is drawing near, Sunday evening, Dec. 22 at 7 p.m. Everyone is invited.

Winter Farmer's Market

The grange hall was filled with happy folks shopping and spreading good cheer to neighbors and vendors alike at the Dec. 7 farmers market. The next market is Saturday January 4th and begins the true winter farmer's market season as 2020 will arrive. Some fall vendors go into hibernation while some snow bunnies return. New to the market will be Steve's BBQ Sauce along with returning vendors Brownie's Beads and the Sock Lady. The market runs from 9am to 1pm and is a great place to spend a winter's day. There are a few vendor openings for January. For questions and information, call Donna at 768-5579.

Blazing Star Grange will hold a potluck supper on Thursday Jan 9th at 6pm at the grange hall. Bring your favorite dish to share. Winter evenings are made warmer when you share it with friends.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

The Town will be accepting donations of winter clothing and non-perishable food items during the month of December. If you would like to donate to the drive, there are bins

located at the Town House in the hallway. Once we start to collect winter clothing, you are welcome to come to the Town and take the winter clothing that you need. Any items that are left over will be donated.

The Select Board and Highway Department would like to remind you of the following during the winter months:

Groton Residents only are allowed to take three five-gallon buckets or (15 shovels full) of sand for their personal use. The use of town sand for commercial sanding or in mechanical sanders is not allowed.

During winter months when snow removal from roadways must take place, vehicles need to be parked at least four feet off the roadway. Failure to do so may mean that your vehicle will be towed at your expense. See the Town web site for further information on this.

If you plow, blow snow or shovel snow into the roadway you are required to remove the snow from the road. If as a result of plowing your driveway runoff occurs onto a roadway causing ice to form you will be held liable for any injuries or damages that may result of that snow or ice being on the road. Be considerate of others who share the roadway.

Please clean vehicle of snow before driving as snow and ice may fly off affecting drivers behind you. Also make sure you windows are cleaned off and that you have adequate visibility.

There will be a Select Board Meeting on Tuesday, Dec. 17 at 7 p.m., the last one for this year.

Newfound Area School District Budget Hearing will be Jan. 10 at 6:30 p.m. at the Newfound Regional High School. Snow Date Jan. 11 at 10 a.m.

Scheduled Meetings

Select Board Work Sessions –Tuesdays, Dec. 17, Jan. 7 – 5 p.m. at the Town House.

Select Board Meetings - Tuesdays, Dec. 17, Jan. 7 – 7 p.m. at the Town House

Planning Board Meeting – Wednesday, Dec. 18 at 7 p.m. at the Town House

Holiday closures

All Town Offices will be closed Dec. 13 from noon to 2 p.m. for our annual Christmas Luncheon.

The Select Board Office will be closing early at 1:30 p.m. on Dec. 18

The Transfer Station will be closed on Wednesday, Dec. 25 and Wednesday, Jan. 1.

The Town Clerk's Office will be closed Dec. 25 and Jan. 1.

The Select Board Office will be closed Dec. 23 through Jan. 1.

How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

Obituaries can be sent to: obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

NORTH COUNTRY COINS, LLC

BUYING • SELLING • APPRAISALS
Est. 1989

WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.

NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

Churches

FROM PAGE A6

a family who loses all of the normal glitter of Christmas and discovers “that all that you really need for Christmas is Jesus.” They are stuck in a broken-down motel room with nothing except some peanut butter and unable to get to Grandma’s house for Christmas dinner. Though their room was frozen, their spirits were merry as they remember how little Joseph and Mary had in Bethlehem on that very first Christmas.

The following songs will be sung by our children with Kids Bells accompaniment: “Joy to the World Medley,” “The Peanut Butter Song,” “I Wanna Cancel Christmas,” “Happy Birthday to Jesus,” and “Christmas Is the Time.”

Don’t miss these joyous presentations. Any questions? Call 530-2866.

Plymouth Congregational UCC

Save the date

First Annual Festival of Lessons & Carols – Saturday, Dec. 14 at 3 p.m. Doors open at 2:30 p.m. Join us for a service of beloved scripture readings, carols and choral favorites for Advent. Featuring the 40 voice Festival Chorus with organ and piano accompaniment. Directed by David Williams and Accompanist, Ashley Paine.

Prayer Requests

Rev. Bret Myers receives prayer requests at revbmyers@yahoo.com.

Live-Streamed and More! Don’t miss a thing. Sunday Worship services are live streamed on Facebook every Sunday. “Like” the church Facebook page and you will receive notifications when the weekly service goes live! Missed something? You can find it on the Facebook, “Plymouth Congregational United Church of Christ Plymouth NH.” Scroll down to the date of the service or program you missed. It is all there! You will also find current information about upcoming church events and a few posts to make you laugh.

Feeding Our Children Together

We provide 3,000 cal-

ories to food insecure children in the Head Start Program and to Plymouth Elementary School during the academic year. Every Friday, grocery bags are delivered to the children so that they will have enough to eat over the weekend. If you would like to find out more on how you can help packing, delivering, or shopping for Feeding Our Children together, email office@uccplymouth.org.

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, social liberal, open and affirming, inclusive and enthused about sharing Christ’s love with the world. If you are new to the community and looking for a church home, we invite you to come and experience God’s love through worship, study and service.

Support Our Church

If you shop at any Hannafords, please purchase a pre-paid grocery card from our Finance Committee. The church receives 5 percent of each card purchased. Cards are available on Sunday mornings and come in denominations of \$100, \$200 and \$250.

Meals for Many

Please enjoy a free wonderful dinner prepared by Chef Mike on every Thursday between 5-7 p.m. All are welcome!

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month 6 p.m. Food, Fun,

Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

This week at Starr King: Dec. 15

The Flower of Christmas

Dr. Susan Scrimshaw, Guest Worship Leader

Sarah Dan Jones, Music Director, and Choir

For many UUs who take Christmas more symbolically than literally, what meaning can we find in this holiday? Can we enjoy the traditions and not feel their weight? Can we make this season of light a time of renewal, sharing and even joy?

Susan works in medical anthropology and public health, and was twice a college president. She lived in Guatemala until age 16. She is a second-generation member of the Starr King Fellowship and a sixth-generation UU.

Winter Solstice Candlelight Celebration

Dec. 22 at 5 p.m.

Join us in a community celebration with stories and dances of light, hope, and peace.

If you wish, bring a small object of nature (pine cone, shell) to add to the center of the Circle.

Wear white if you can to symbolically banish fear, ignorance, and darkness.

Light Refreshments will be served following the celebration. Finger foods or sweets gratefully received.

For more details, visit our Web site www.starrkingfellowship.org 536-8908

PLYMOUTH
GENERAL DENTISTRY, PLLC

With over 20 years experience, Dr. Kirschner combines cutting edge dental technology, with a caring & gentle touch. We give our patients something to smile about!

Call for an Appointment Today

Now Accepting:

GEHA MetLife DELTA DENTAL Cigna aetna

Joan Kirschner D.D.S.
65 Highland Street, Plymouth, NH 03264
(603) 536-4301
pgdentistry.com

Here Comes the Guide!

2020 New Hampshire Weddings & Parties Guide

Published:
February 13, 2020

Sales Deadline:
January 15, 2020

- Full Color on Every Page
- Limited Availability

Please Book Your advertising EARLY!

Contact us today to reserve your advertising space!

Call Tracy or Lori at 603.444.3927
tracy@salmonpress.news • lori@salmonpress.news

GIVE THE GIFT OF NEWS

Berlin Reporter
Meredith News
Littleton Courier
Record Enterprise
Coös County Democrat
Granite State News
Carroll County Independent

SUBSCRIBE TODAY!
Call 877-766-6891 or go online to activate your Subscription
www.SalmonPress.com

Looking for the Newfound Landing?

Covering the Newfound Lake Area & Surrounding Communities



Find it **FREE** Online at:
www.NewfoundLanding.com

Or **FREE** at these
fine local businesses:

BRIDGEWATER:

Newfound Grocery

BRISTOL:

Bristol Post Office (Outside Box)

Bristol Town Hall

Bristol Laundry

Cumberland Farms Bristol

Park & Go Bristol

Shacketts

Rite Aid Bristol

Hannaford

Wizard of Wash

DANBURY:

Danbury Country Store

HEBRON:

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

HILL:

Hill Public Library

NEW HAMPTON:

Mobil Gas Station

Irving Gas Station

PLYMOUTH:

Tenney Mt. Store

RUMNEY:

Common Café

Stinson Lake Store

**PUBLISHED
EVERY
THURSDAY!**

A new publication full of local news, sports & happenings from the following communities:

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

Comfort Keepers

Falls – Risk factors and prevention strategies

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Every year, three million seniors are treated in the emergency room for fall injuries. And, falling once doubles someone's chances of falling again.

Preventing accidents in the home, including falls, is one of the most important planning strategies for helping seniors stay independent. Fractures, head trauma and other injuries can cause long term mobility issues and have lasting physical effects. And, once an injury occurs, it can affect someone's ability to live the way they want and enjoy the same lifestyle and activities.

Health issues that occur more often as we age can also make seniors more likely to fall. These risk factors include:

- Muscle weakness
- Heart disease
- Parkinson's disease
- Alzheimer's disease and other dementia
- Malnutrition
- Low blood pressure
- Poor vision
- Ear infections or inflammation
- Pain or sensitivity in the legs or feet

There are some precautions that seniors and their families can take to reduce the like-

lihood of a fall.

Evaluating risk factors and taking preventative measures in a way that considers the unique lifestyle, needs and health of a senior can help.

- Minimize trip hazards – Some fall hazards are obvious; flights of stairs, slippery shower floors or cords that are too far from a wall outlet. But there are less obvious features that can be an issue for someone with dizziness or vision loss. These can include loose rugs, certain types of carpeting, dimly lit hallways or a dog toy in the middle of the floor. Removing the hazard or installing safety devices, like grab bars and brighter light bulbs, can help.

- Evaluate footwear – Footwear that has an open back, doesn't fit properly, is worn out or has a slippery bottom can all contribute to tripping or balance problems. There are a variety of safe shoe options to fit any activity and personal style...safe shoes don't have to be boring!

- Know the effects of medication – Seniors and their families should talk to a health-care professional about how a person's specific medications – both prescription and over-the-counter – can have side effects that cause dizziness or balance issues.

- Nutrition and exercise – Having healthy habits when it comes to diet and exercise can prevent weakness in the legs and feet, and can reduce pain. Seniors should always talk to their doctor about any diet and exercise plan, and can ask specific questions about how these things affect their fall risk factors.

- Focus on mental health – Studies show that there is a correlation between depression in seniors and falls. According to one report, "both depression and fear of falling are associated with impairment of gait and balance." Positive mental wellbeing can improve many areas of a senior's life, and reduced fall risk is another benefit. Connecting with loved ones, finding a sense of purpose, engaging in enjoyable activities and experiencing joy can improve physical and mental quality of life.

Some families only think about fall prevention after a loved one is hurt. Taking precautions before an accident happens can help seniors maintain their physical health and their independence.

Comfort Keepers® can help

For every client, our Comfort Keepers team does a thorough home

evaluation to minimize hazards in the home – including fall risk evaluation. Our caregivers can help with mobility issues, provide transportation to scheduled appointments, and support physician-prescribed exercise regimens and diets. And, our goal is to elevate the spirits of our clients and their families every day. As part of an individualized care plan, caregivers can also help with activities like cooking,

cleaning and physical care. Whether a senior is recovering from a fall or needs help with fall prevention, we can provide services to help.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

About Comfort Keepers
Maintaining senior health and wellbeing is a priority for the team at Comfort Keep-

ers®. Our caregivers can assist in providing seniors with transportation to and from the doctor's office or clinics to receive their vaccinations. In addition, caregivers can also work to promote a healthy lifestyle by supporting physician-recommended diet and exercise plans, as well as medication reminders. Contact your local Comfort Keepers office today to learn more.



JACQUELINE SCHWAB
Sunday December 15, 2:00 PM

Brewster's Anderson Hall 205 S. Main St.



Photo Credit: Wayne Hankin

Vintage American Holiday Music
By
Ken Burns' Pianist

Lobby welcome music by *Beverly Woods* on the hammered dulcimer

Season Sponsors

Paul & Deb Zimmerman
& YFI Custom Homes

Performance also Sponsored by:
Green Mountain Communications
Taylor Community
Avery Insurance Agency

Tickets at \$25 are available at:
Avery Insurance ~ Black's Paper & Gift ~ Innisfree Bookshop;
Bayswater Books~Greenlaw's Music & Audio
online at WFriendsofMusic.org; or at the door.
High school students are admitted free with ID.
Middle & elementary school students admitted free
with their parents or accompanying adults.
For more information
Call 569-2151 or visit www.wfriendsofmusic.org.

Hiring?
Reach
More
Local Applicants

Rather than go online where you are bound to get applicants from all over the world who click on every open job, why not advertise **locally**, where you will get qualified, **local** applicants for your **local** job.

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent



Email: tracy@salmonpress.news
Phone: (603) 616-7103



DRESSERS
UNLIMITED

77 Main St., Plymouth
536-3066

- ❄ *Fine Fashions*
- ❄ *Furnishings*
- ❄ *Gifts*

*Always offering
a special collection of items
to decorate yourself
and your home!*

Free Gift Wrapping



Find us on
Facebook



NEWFOUND REGIONAL HIGH SCHOOL

WINTER SPORTS SCHEDULE

GIRLS VARSITY BASKETBALL

BOYS VARSITY BASKETBALL

DATE	TIME	OPPONENT	H/A
12/17/19	7:00 PM	Franklin HS	A
12/27/19	2:30 PM	Winnisquam Regional HS	H
		Gilford Christmas Tournament	
01/03/20	6:30 PM	Berlin HS	H
01/10/20	6:00 PM	Inter-Lakes HS	A
01/14/20	7:00 PM	Winnisquam Regional HS	A
01/17/20	6:30 PM	White Mountains Regional HS	A
01/21/20	6:30 PM	Franklin HS	H
01/22/20	6:30 PM	Fall Mountain Regional HS	A
01/28/20	6:30 PM	Prospect Mountain HS	H
01/31/20	6:30 PM	St. Thomas Aquinas HS	A
02/04/20	6:30 PM	Inter-Lakes HS	H
02/07/20	6:30 PM	Mascoma Valley Regional HS	H
02/11/20	6:30 PM	Berlin HS	A
02/13/20	5:30 PM	Newport HS	A
02/18/20	6:00 PM	Gilford HS	A
02/21/20	6:30 PM	Somersworth HS	H

DATE	TIME	OPPONENT	H/A
12/13/19	6:00 PM	Belmont HS	A
12/17/19	6:30 PM	Franklin HS	H
12/20/19	6:30 PM	Mascenic Regional HS	H
01/03/20	6:30 PM	Berlin HS	A
01/10/20	6:30 PM	Inter-Lakes HS	H
01/14/20	6:30 PM	Winnisquam Regional HS	H
01/17/20	6:30 PM	White Mountains Regional HS	A
01/21/20	7:00 PM	Franklin HS	A
01/28/20	6:00 PM	Prospect Mountain HS	A
01/31/20	6:30 PM	St. Thomas Aquinas HS	H
02/04/20	6:00 PM	Inter-Lakes HS	A
02/07/20	5:00 PM	Mascoma Valley Regional HS	H
02/11/20	6:30 PM	Berlin HS	H
02/13/20	7:00 PM	Newport HS	A
02/18/20	6:30 PM	Gilford HS	H
02/21/20	7:00 PM	Somersworth HS	A
02/25/20	6:30 PM	White Mountains Regional HS	H
02/28/20	6:30 PM	Monadnock Regional HS	A

GIRLS JUNIOR VARSITY BASKETBALL

DATE	TIME	OPPONENT	H/A
12/13/19	5:00 PM	Belmont HS	H
12/17/19	5:30 PM	Franklin HS	A
01/03/20	5:00 PM	Berlin HS	H
01/10/20	4:30 PM	Inter-Lakes HS	A
01/14/20	5:30 PM	Winnisquam Regional HS	A
01/17/20	5:00 PM	White Mountains Regional HS	
01/21/20	5:00 PM	Franklin HS	H
01/22/20	5:00 PM	Fall Mountain Regional HS	A
01/28/20	5:00 PM	Prospect Mountain HS	H
01/31/20	5:00 PM	St. Thomas Aquinas HS	A
02/04/20	5:00 PM	Inter-Lakes HS	H
02/06/20	6:30 PM	Mascoma Valley Regional HS	A
02/11/20	5:00 PM	Berlin HS	A
02/14/20	5:30 PM	Newport HS	A
02/18/20	5:00 PM	Gilford HS	A
02/21/20	5:00 PM	Somersworth HS	H

BOYS JUNIOR VARSITY BASKETBALL

DATE	TIME	OPPONENT	H/A
12/13/19	4:30 PM	Belmont HS	A
12/28/19	2:30 PM	Multiple Opponents	A
		West Side JV Christmas Classic	
01/03/20	5:00 PM	Berlin HS	A
01/10/20	5:00 PM	Inter-Lakes HS	H
01/14/20	5:00 PM	Winnisquam Regional HS	H
01/17/20	5:00 PM	White Mountains Regional HS	A
01/21/20	5:30 PM	Franklin HS	A
01/28/20	4:30 PM	Prospect Mountain HS	A
01/31/20	5:00 PM	St. Thomas Aquinas HS	H
02/04/20	4:30 PM	Inter-Lakes HS	A
02/06/20	5:00 PM	Mascoma Valley Regional HS	A
02/11/20	5:00 PM	Berlin HS	H
02/14/20	7:00 PM	Newport HS	A
02/18/20	5:00 PM	Gilford HS	H
02/21/20	5:00 PM	Somersworth HS	A
02/21/20	5:30 PM	Somersworth HS	A
02/25/20	5:00 PM	White Mountains Regional HS	
02/28/20	5:00 PM	Monadnock Regional HS	A

Paul V. Fleming & Sons LLC

Master Builders
Carpenters
General Contractors



1-800-371-4169
pflaming04@yahoo.com

Hebron, N.H.

Find us on 

COED VARSITY UNIFIED BASKETBALL

DATE	TIME	OPPONENT	H/A
01/06/20	3:30 PM	Belmont HS	H
01/13/20	4:00 PM	Hanover HS	A
01/17/20	3:30 PM	White Mountains Regional HS	A
01/22/20	4:00 PM	Gilford HS	A
01/23/20	3:30 PM	White Mountains Regional HS	H
01/27/20	3:30 PM	Berlin HS H	
02/03/20	3:30 PM	Winnisquam Regional HS	H
02/14/20	3:30 PM	Keene HS	A
		Developmental League Game	



**Minuteman Press.**
WE DESIGN, PRINT & PROMOTE...YOU!

Go BEARS!

Minuteman Press of Plymouth

• 603-536-2410
• plymouth@minutemanpress.com
• plymouth-nh.minutemanpress.com

**M. E. Johnston Construction LLC**

Sitework • Roads & Sub-divisions
Licensed Septic Installer • Lot Clearing • Test Pits
Crushing • Screening • Fully Insured

cell: 603-860-9151
email: mejohnstonconst@hotmail.com
2281 Rt. 3, Campton, NH 03223





TAPPLY-THOMPSON Community Center
"Never a dull moment!"

30 North Main Street • Bristol, NH 03222
603-744-2713 • Fax: 603-744-3502
www.tccrec.org • ttc@metrocast.net


Come Recreate with us!

**Proud to be part of our community.**
I'm pleased to support our local Plymouth Bobcats.

**Allstate.**
You're in good hands.

© 2017 Allstate Insurance Co.

Martin D. Kass
*Registered Optician***603-536-3569**

**PLYMOUTH OPTICAL SHOPPE**
"Where seeing is believing"

Village Square • 607 Tenney Mountain Highway
Suite 101 • Plymouth, NH 03264

NANA
Newfound Area Nursing Association
Home Health Care and Hospice
Providing quality compassionate care to our communities since 1960

214 Lake Street, Bristol, NH 03222
603-744-2733 • www.nanainc.org • fax:744-9175

SMART FRIENDLY SERVICE

**Ashland Lumber**
Division of BELLETES, INC.

20 West Street (Exit 24 off I-93)
Ashland, NH 03217
603-968-7626 • 1-800-649-2076
www.ashlandlumberco.com

SPEARE Memorial Hospital
A Critical Access Hospital

16 Hospital Road, Plymouth, NH 03264
603-536-1120 • www.spearehospital.com

 Join us on Facebook!

**Plymouth General Dentistry**
PLCC
Beautiful Smiles Start Here

We Live Here & Support our Schools!

Joan Kirschner, DDS
65 Highland Street, Plymouth, NH 03264
pgdent@roadrunner.com
603.536.4301

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	900 Mount Cardigan Rd.	Single-Family Residence	\$234,000	Edward G. and Sheila D. Hayward	Jason R. Krauss
Alexandria	Smith River Road	N/A	\$75,000	Nicholas B. Nelson	ITW RT and Michale J. Umano
Alexandria	Welton Falls Road	Residential Open Land	\$60,000	Edmund C. Beebe, Jr. RET	David A. Gregg
Ashland	18 Cedar Lane	Office-Industrial	\$1,325,666	Rochester Shoe Tree Co.	M&B USA LP
Ashland	35 Depot St.	Single-Family Residence	\$85,000	Daniel L. Kimball Estate and Robert E. Nelson	Timothy J. Herlihy
Ashland	River Street, Lot 11	N/A	\$74,933	NHNY Marina Development LLC	Roderick Macleish and Celia L. Woolverton
Bristol	180 Castle Lane	Single-Family Residence	\$210,000	Patrice L. Sullivan	John C. and Elizabeth A. Miller
Bristol	777 N. Main St.	Single-Family Residence	\$155,000	Bethany M. and Benjamin R. Johnson	Joel Austin-Shortt
Campton	28 Driftwood Rd.	Single-Family Residence	\$279,933	Christopher Hogan	Hiran E. and Lauren Ely
Campton	Libby Lane, Lot 4	N/A	\$97,533	Foster Fiscal Trust and Kevin L. Foster	Lisa Simmons-Cummings and James N. Cummings
Campton	Mad River Road, Lot 19a	N/A	\$92,933	Janice A. Sousa	Marjorie F. and Barbara H. Norton
Campton	9 Marden Dr.	Single-Family Residence	\$355,000	Paul M. Brennan Estate and Kara M. Soares	Mickey & Dorseys LLC
Campton	759 Puckerbrush Rd.	N/A	\$189,000	Hiram E. and Lauren M. Ely	Alison D. Buchholz
Campton	84 Richardson Trail, Unit 23	Condominium	\$176,000	John P. Newman and Margaret M. Walsh	Gerald J. and Kimberly Powers
Campton	Route 175	N/A	\$210,000	Nicholas P. Kondon	Carter Fiscal Trust and Randall D. Carter
Campton	Route 175	N/A	\$35,000	Lauren Hawes-Kondon	Carter Fiscal Trust and Russell D. Carter
Campton	N/A	N/A	\$16,000	Nancy M. Lagasse	Tagr Associates LLC
Dorchester	N/A	N/A	\$225,000	Andrew R. and Ingrid E. McNair	Ryan R. Bret and Aaron Rich
Dorchester	N/A (Lot 10)	N/A	\$13,000	John McAteer	William P. and Christina M. Cann
Hebron	80 Indian Point Rd.	Single-Family Residence	\$700,000	M&D A. Madden 2004 Trust and Michael L. Madden	Michael J. Ahern RET
Hebron	N/A (Lot 6)	N/A	\$575,000	Frank M. and Marianne T. Handibode	Thomas and Barbara Franz
Holderness	135 NH Route 175	Single-Family Residence	\$250,000	Arnold M. Graton and Margaret E. Danserau	Timothy D. Dansereau
Holderness	US Route 3, Lot 100	N/A	\$55,333	Squam Lakeside Farm Inc.	Thomas Osborne
New Hampton	93 Carter Mountain Rd.	Residential Developed Land	\$295,000	Nicholas A. and Whitney Kelley	Brandon C. and Lisa R. Bowers
New Hampton	266 Hickleberry Rd.	Single-Family Residence	\$240,000	Gary and Kathleen Howe	Shannon I. and Thomas J. Folan
New Hampton	46 Seminole Ave.	Single-Family Residence	\$119,500	Rouyan Vassel Jones Trust	Antoinette M. Hays and John Prybylski
New Hampton	N/A	N/A	\$45,000	Patricia M. and Edward Rutko	Michael Cashman
Plymouth	Cummings Street	N/A	\$192,000	Lynette M. Lapierre	Kenneth S. Solinsky RET
Plymouth	Highland Street	N/A	\$282,000	Ann B. Hinman RET and John L. Ahlgren	Richard F. and Diane F. O'Connor
Plymouth	Old Route 25	N/A	\$180,000	Michael J. Kilfoyle and Barbara L. Kilfoyle	Stephen C. and Anne L. Wright
Plymouth	Route 25	N/A	\$535,000	Winnipiseogee Investment Management	Young Martin Enterprises
Rumney	492 Main St.	Single-Family Residence	\$170,000	Alan J. and Leslie H. Hunter	Patrick J. and Susan M. Lyons
Rumney	79 Prospect Hill Rd.	Single-Family Residence	\$105,000	FNMA	Edward T. and Sandra J. Eastman
Rumney	N/A (Lot 10)	N/A	\$15,000	Kenneth A. and Nancy L. Dorothy	Thomas O. and Christine O. McElhattan
Thornton	58 Northpointe Rd., Unit 8	Condominium	\$105,000	Melissa and Christopher Hatch	Alison Szetela
Thornton	39 Sutherland Rd.	Single-Family Residence	\$275,000	Patrick J. and Susan M. Lyons	Richard E. and Theresa A. Tucker
Thornton	20 Tamarack Rd.	Single-Family Residence	\$237,000	Equity Trust Co.	Mark W. and Lynn Stevens
Thornton	Weeping Birches Lane	N/A	\$100,000	Richard and Ellen Collamore	Andor LLC
Warren	207 Red Oak Hill Rd.	Single-Family Residence	\$101,000	Gayle E. Beamis Estate and Michael Beamis	Thomas and Janine Maher
Waterville Valley	Go West Young Man Road, Lot 13	N/A	\$1,175,733	Patrick Carney	28 Jasinski Road LLC
Waterville Valley	Osceola Road, Lot 30	N/A	\$260,000	Mark A. Wagner	David T. Morgan and Sunday Strong-Morgan
Waterville Valley	52 Osceola Rd.	Single-Family Residence	\$622,970	Sharon Collins	Brian Lash
Waterville Valley	48 Tyler Spring Way, Unit 1	Condominium	\$240,533	Donna M. Missle Trust	James D. and Susan E. Stamas
Waterville Valley	W. Branch Road	N/A	\$872,000	James R. and Tamara M. Donovan	Paul N. and Leigh A. Janell
Waterville Valley	3 Windsor Hill Way, Unit 32	Condominium	\$93,000	Margaret T. Roper	R. Dougan and Kate Sherwood
Wentworth	Atwell Hill Road	N/A	\$410,000	Mary D. Chivers	Kevin R. Mack and Kathleen M. Springham-Mack

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually

based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the col-

umn “Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

MARK ON THE MARKETS



BY MARK PATTERSON

When I meet with potential new clients in our first visit, they will almost always state that “they do not know anything about this stuff.” I get that, because “that stuff” or investment management is chocked with language and disclosure documents that is meaningless unless you have worked in the field of financial planning and asset management for a period of time. So, if you are a woman who is married or with a partner, there is a high probability that you will be on your own, left to manage the finances, or at least understand

what your advisor is doing for you. Whether it be through divorce, death or separation from your spouse or partner, there is a 70 percent chance that you will change advisors because many feel as though that advisor never really spoke to them, but to their spouse. It is the advisor’s shortcoming for not making sure that they addressed the needs and questions of both parties in the relationship. It is my personal experience that the women may not be as outspoken in the meeting, but more pensive, listening to the advisor and her partner, however she is likely the decision maker on if they will work with you or not!

We at MHP Asset Management have recently held workshops specifically for women. The goal is to educate on the issues that we will all face at one time or another, however, affect Women to a

greater degree. At the workshop we discuss Social Security and timing strategies for the single, widowed or divorced women. Medicare and long-term care insurance that women are much more likely to need than men. Another alternative is a policy that can be used for chronic illness, death benefit or cash accumulation. These policies have helped many people to mitigate risks associated with the need for an LTC option. We also discuss the negative sequence of investment returns risk, that can cause you to run out of money while in retirement. These are risks that can all be mitigated if planned for properly and in a timely manner. Most workshop participants admit to the “ostrich syndrome” of burying their heads in the sand. I understand this because I am human too! Consider allowing us to be your coach on

setting timetables and expectations to get these things done.

The last thing we discuss is something that I have always done for new clients, but until recently did not address at a public workshop. Understanding the difference between an investment advisor representative, a registered representative and an insurance only producer. How can you find and read disclosure documentation on these individuals and firms that may use the same titles but are very different in what they do. Whether it is the SEC.Gov web-

site to read and understand the ADV part 2 of a registered investment advisor firm, or FINRA Broker-check for the registered rep or the state insurance commissioner for the insurance producer, the language used is often times abstract unless you are involved with this business of investment management. Understanding the fees, if the firm is acting in your best interest, background of the advisor or broker are all things that can derived from these documents. Many people like their advisor, and there are

many good ones out there, but I have also had new clients come to me because their old advisor would not fully explain fees or what their roll was in the management of the money. Transparency is key to building trust with your advisor and their firm, like President Reagan said regarding the Soviet Union, “Trust, but Verify!”

Mark Patterson is Portfolio Manager for MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.

Artistic Roots is the place to find unique handcrafted gifts by NH artists. And take a class! 40 juried artists in wood, glass, fiber, paint, paper, photography, ceramics, metals, embroidery & more. *Gift Cards available.*

More info at artisticroots.com
73 Main Street • Plymouth, NH
Open 10-5 Seven Days



if you only
had the time, right? Now you do.
3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

PEACE
CORPS

RESPONSE

peacecorps.gov/response

KTHO

FROM PAGE A1

yourself and a loved one (or surprise your special friends) to a gourmet, three-course dinner with wine!

Featured items also include products, services, and gift certificates donated by our many generous area businesses, craftspeople, and professionals. Too numerous to list, they range from practical (a haircut or an oil change for your car) to luxurious (beautiful jewelry, clothing, and accessories). New items are being added to the list every day, so you're sure to find something perfect for you! The Common Man

Inn promises to provide the ideal browsing venue.

KTHO tickets are on sale at Chase Street Market on Main Street in Plymouth. Limited numbers will be available again this year at the price of just \$40. New this year: tables for 10 can be reserved for \$500. To reserve, please call Joan Turley at 236-2795.

The KTHO Committee thanks our many generous friends who have already responded to the appeal for assistance for our neighbors. If you have a special item that you'd like to donate or if you'd like to be a sponsor, please call Barbara Fahey at (603)

236-1122. For more information, please visit the KTHO Facebook page, facebook.com/KeepTheHeatOn.

Keep the Heat On is a nonprofit effort serving residents of 15 towns in the Pemi-Baker Region through assistance with fuel costs, whether that be gas, oil, propane, wood pellets, coal, or cord wood. KTHO is organized and sponsored by the Plymouth Area Democrats, partnered with the Plymouth Area Community Closet in their continued mission to assist our neighbors. KTHO—and the help it provides—is entirely non-partisan.

Bridge House

FROM PAGE A1

laghan, Jr. in Massachusetts, is a nonprofit organization that was founded with the mission of promoting housing and social need of low and moderate income families through advocacy and support for quality affordable housing

Daly said that HMNE received 21 grant applications this year and narrowed it down to three that they felt were worthy for contributions in 2019. From there the board narrowed the field down to two groups and eventually decided to give both the \$100,000 they typically award to just one nonprofit housing group each year. The other grant was awarded to Smith House in Rhode Island.

"We were going to split the \$100,000 between the two. Because of the good work, as well as the need for what they both do however, we changed things up this year and gave the same amount to both of them," Daly said.

What impressed the HMNE board was Bridge House's well-presented application, which showed community involvement in their mission to serve homeless veterans and others in need.

"Programs like this create a team but you also have to get the community to buy into that, which they've done," he said.

Bridge House Executive Director Cathy

Bentwood assured him that even the residents of her facility are involved in all that happens there.

"Making them part of the solution is important," she said.

On any day residents can be found helping with meals and other parts of life at Bridge House and some, Bentwood said, even come back to volunteer once they are back on their feet again with a job and a permanent home.

Daly was pleased to hear that and said his organization has found that there are people who can find themselves in a difficult situation, yet later go on to succeed in life because of programs like Bridge House.

"We've heard great stories about what people can accomplish once they get back on their feet. I know of one woman who went from being homeless to getting a degree and a job, working as a nurse at Brigham and Women's Hospital in Boston," he said. "She said she hopes her child will grow up to be a doctor now."

Currently Bridge House offers temporary housing for homeless veterans and families who are struggling. Children and their parents have frequently stayed in their facility until they could find more stable housing and Bentwood said her staff has always worked hard to make sure there was no shame to staying in their temporary "boarding house" where their parents also have to pay rent. To prevent situations

like that from happening so often in the future however, Bentwood and her staff have now developed an outreach program that seeks out families in need so they don't have to turn to Bridge House for shelter. That, she says, seems to have been met with some success thus far.

"No landlord wants to go through evicting people so we just want to help keep families in their homes whenever we can," she said.

Besides the shelter and outreach program, Bridge House also offers hospice space for people in their final stage of life and soon will open their Permanent Supportive Housing unit.

"This money will go a long way in helping us provide services and programs for our veterans and others who need us," said Bentwood.

Besides her gratitude to Daly and Housing Ministries of New England, she said she also wanted to thank Kathleen Lingenberg for all of her assistance in the process involved in writing the grant.

IHCDP

FROM PAGE A3

ton, Northfield, Plymouth, Rumney, Sanbornton, Thornton, Tilton, Warren, Waterville Valley, Wentworth, and Woodstock.

The IDN5 commitment to partnership relationships working for positive change resulted in the formation of Community Health Services Network (CHSN) LLC. In an effort to provide "whole-person" care, CHSN includes members and affiliates from all areas of the community such as hospitals, primary care, mental and behavioral health, home health and hospice, recovery support, public health, counties and various other social or community services. CHSN, synonymous with IDN5, is comprised of thirty-one partner organizations in total.

For participation in the DSRIP program, each IDN participates in six projects, three of which are required projects determined by CMS, and three of which were chosen by each IDN to address that region's specific issues. The three required projects are

designed to address behavioral health workforce capacity development in NH, health information technology infrastructure to support integration, and integrated health-care.

The IDN5 region-specific projects include "Community Re-Entry for Justice Involved Adults and Youth with Substance use Disorder (SUD) or Significant Behavioral Health Issues," "Expansion in Intensive SUD Treatment Options," and "Enhanced Care Coordination for High-Need Populations." All of these projects use extensive team structures and systems to create region-specific solutions. The team model addresses various areas in people's lives that affect their physical and mental health, such as employment, education, housing, transportation, legal issues, childcare, and social isolation. Simply stated, CHSN members and affiliates are working hard so that individuals and families in the region are able to identify early on what they need, get connected to resources in a timely fashion, and live a healthier

life.

Progress is measured throughout the program, with an eye to the future for optimal community and population health. Strategies that are already working are maintained and expanded. Personnel, services, and systems are added in new ways, as partnerships and projects have matured into 2019 and beyond.

CHSN has demonstrated significant advances in all six of its projects to date. Some of these include the creation of an inter-agency Care Coordination Team with 18 member organizations, Belknap County Department of Correction's implementation of the Supportive Community Re-Entry Program, expanding intensive SUD treatment options with multiple additions of qualified professional counseling service providers at the outpatient level, a Community care team that works closely with patients who have a high utilization of local Emergency Departments, enhanced access to Medication Assisted Treatment, improvements to regional information technology systems to support integration for improved patient care and much more.

Notebook

FROM PAGE A5

anyone in the general category of Officialdom. "They talk to you like you're stupid," is what I often hear.

People are scared to death of looking stupid. It's akin to the reasons people often give for not wanting to write letters to the editor, even when they have something well worth saying. They fear that the editor will run the letter just as they wrote it, mistakes and all, an embarrassment no good editor would allow.

And then there's your big, bad hunter, often depicted in the media as an overgrown, feeble-minded Elmer Fudd, who's going to rush out and try to shoot any cougar reported as out there, anywhere. So cougar-sighters opt to protect a cougar they suddenly see, sometimes, as "theirs." Never mind, by the way, that the cougar is fully protected (or was, until it was declared extinct) unless you're defending life and limb or livestock. There's the

little matter (last time I looked) of a thousand-dollar fine.

+++++

There well may be photos of cougars around, but how about a road-kill? You'd think we'd have hit one in the road by now. In fact, we have, in the form of a road-kill in Connecticut, in 2011, involving a South Dakota cougar with a severe case of wanderlust.

But the question is about New Hampshire, and probably the answer is the same, "We have." But here we get into a non-urban legend akin to the fabled Poodle in the Clothes Dryer, or the Disappearing Hitchhiker--the Incredible Disappearing Road-Killed Cougar. Cue the file-photo. Film at 11.

If I had a nickel for every road-killed cougar I've heard about, as the old saying goes, I'd be rich. Well, not quite.

The hardest I ever worked on a phantom story, meaning one that I never quite got to the bottom of, was when I began chasing

a reported mountain lion kill on I-93 in New Hampton fifteen years or so ago. It was so much fun (not) that I forget. But as I recall, I chased it even unto calling a retired police or fire chief, I forget which.

The story was that a motorist hit and killed a cougar near the town line (there are at least two), and that a curious driver stopped to take a picture, but then a state pickup truck (exact department or division unspecified) pulled over and a guy swung the dead cat into the back of the truck (quite a feat if it was, say, a big adult male), and sped off before the second driver could get a decent photograph.

I was supposed to receive the sole photograph taken at the scene before the cat was spirited away, but never did, so I can't say what I'd so like to say, "Film at 11."

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)


SHAKER REGIONAL SCHOOL DISTRICT

FULL-TIME
YEAR-ROUND GROUNDS

Shaker Regional School District has an opening for a full-time, year-round, grounds worker to perform grounds work. Hours are 6:30 am – 3:00 pm, with a half-hour lunch. Must be reliable, have the ability to work independently and follow written and verbal instructions. Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays.

Please submit an application and 3 letters of reference to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 267-9223 to obtain an application or visit the Human Resources section of our website: www.sau80.org. Successful completion of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required. Shaker Regional School District is an equal opportunity employer.






Celebrating 200 Years!

Family Holiday Fun in Bristol!


Celebrating 65 Years of Santa's Village at the Tapply-Thompson Community Center



Santa's Village & Christmas Craft Fair
Tapply-Thompson Community Center
30 North Main Street

December 13:
Craft Fair 5:30—8:30 pm
Santa's Village 6:00—8:00 pm


December 14 & 15:
Craft Fair 1:30—5:30 pm
Santa's Village 2:00—5:00 pm




Admission is Free! However Donations of canned goods will be collected for the Bristol Community Services Food Pantry.


December 13 & 14... The Friends of Minot-Sleeper Library host their
Annual **COOKIE BUFFET** at the Masonic Hall, 61 Pleasant Street

December 13 • 3:00 - 5:00 pm December 14 • 8:30 - 11:30 am




December 14... **BREAKFAST WITH SANTA!**
at the Masonic Hall, 61 Pleasant Street • 8:00 - 10:30 am





Don't forget to get your **BICENTENNIAL ORNAMENTS, T-SHIRTS**
and other **COMMEMORATIVE ITEMS**
While they are **STILL AVAILABLE!**
At Bristol Town Office, the TTCC and
at the Santa's Village Craft Fair December 13-15 at TTCC
These Items Make GREAT Christmas Gifts!



BRISTOL

www.townofbristolnh.org • Facebook.com/bristolbicentennial





OLD MILL PROPERTIES

Celebrating Our 40th Year!

507 Lake Street, Bristol, NH 03222
744-8526
www.OldMillProps.com

ADAMSKY LAW OFFICES

Life & Estate Planning ♦ Elder Law

Edward H. Adamsky, Esq.
1-888-649-6477
www.adamskylaw.com

Offices in Tynsboro, Mass. and Ashland, NH



GRANITE GROUP REALTY SERVICES

366 Lake Street, Suite A
Bristol, NH 03222 • 603-744-3004
www.GraniteGroupRealtyServices.com

Alan DeStefano,
Broker/Owner





- Littleton Courier
- The Baysider
- Record Enterprise
- Gilford Steamer
- Berlin Reporter
- Meredith News
- Newfound Landing
- Winnisquam Echo
- Coös County Democrat
- Granite State News
- Carroll County Independent

Holiday Cookie Walk supports Bridge House

BY DONNA RHODES
dhrhodes@salmopress.news

PLYMOUTH – Among the many festivities that took place around town last weekend was a Holiday Cookie Walk at the Plymouth Senior Center, benefitting the Bridge House, the local homeless shelter that provides veterans and others in need with not only a safe place to stay but other services they may require as a result of their circumstances.

From 11 a.m. until 2:30 p.m., people strolled the tables laden with delicious homemade cookies, selecting those they liked best for their holiday entertainment. There was more than just the sweet

treats, however. There were crafts for children to enjoy, face painting and a raffle that adults could take part in for a chance to take home one of several great prizes from local merchants.

Best of all was a special appearance by Santa and Mrs. Claus who took time out of their busy schedule to talk with children and have their photo taken with kids from one to 100 years of age.

Ed VanDorn, president of the Bridge House Board of Directors, said many people from the community pitched in to make the Cookie Walk a success once again this year. Among those were the volunteers who as-



Among the many who attended the Holiday Cookie Walk to benefit Bridge House last Saturday were Bridge House worker Nancy Cole, Vietnam veteran Joe Krol, Santa Claus and Ed VanDorn of the board of directors.

Wrap up your holiday shopping at the Belknap Mill

LACONIA — Wrap up your holiday shopping at the 11th annual Belknap Mill Holiday Bazaar on Saturday, Dec. 14, from 9 a.m. to 3 p.m. Visit the historic mill building in its holiday glory at 25 Beacon St. East in downtown Laconia.

This popular event has attracted crafters from around New Hampshire offering a shopping experience not to be missed. Visitors will enjoy a wide assortment of unique products from more than 30 crafters over two floors of the Mill. Included in this year's offerings are: acrylic & watercolor art, handmade hats & scarves, jams & jellies, wood products, stone products, bird houses, honey, fleece blankets and mittens, nightlight blocks, handcrafted chocolates, quilts, wreaths, homemade applesauce, floral arrangements and



COURTESY

Wrap up your holiday shopping at the 11th annual Belknap Mill Holiday Bazaar on Saturday, Dec. 14, from 9 a.m. to 3 p.m. Visit the historic mill building in its holiday glory at 25 Beacon St. East in downtown Laconia.

so much more!

Vendors include but are certainly not limited to; Big Bags & Udder Things, Daily Grind Metal Works, The Quilted Quiller, Sweet as Sin Confections, Cuddling

So Softly, Give A Salute!, Earthshaking Creations, Blasdel Studios, No Weare Else, Jim's Woodturning, Sweet Bee Farm, Winnepesaukee Quilt Co., and Jodi's Build a Hat.

There will be fresh-baked goods and lunch options available for sale from the Laconia High School Key Club. Visitors to the bazaar are invited to take a chance at the vendor raffle; all items are donated by participating vendors, with proceeds supporting the Belknap Mill.

The Belknap Mill is the oldest, unaltered brick textile mill in the country. It has permanent museum exhibits that interpret the history of the textile industry in Laconia, as well as educational programs for all ages. Admissions is free and open to the public. For more information, email Tara Shore at operations@belknapmill.org, visit belknapmill.org or Facebook, or call 524-8813.



DONNA RHODES

At last weekend's Holiday Cookie Walk in Plymouth, four-year-old Jordan of Campton was excited to show Santa the fire truck face painting he got as his family selected some cookies to take home.

sisted in the activities for the day, the generous home bakers who provided all the cookies and of course, Santa.

"Kids just love this each year. People were lined up at the door well before 11 o'clock, Van-

Dorn said.

Annually, he added, the Cookie Walk provides as much as \$2,500 to \$3,000 in funds to help Bridge House in their mission to serve a population of veterans that many have forgotten.



COURTESY

Hikers enjoy the panoramic views of Squam from the peak of historic Red Hill on last Wednesday's Squam Lakes Association Guided Hike. To join us on future hikes, visit our Web site at www.squamlakes.org.

SLA to host winter tree ID hike

HOLDERNESS — Confused about what trees and shrubs are around you once autumn rolls around and steals all the leaves? Well "leaf" your worries behind and emBARK on a journey with the SLA in a wonderful morning of winter tree identification on East Rattlesnake! There are many ways to identify trees besides the leaves. Bark, buds, leaf scars, branching pattern, smell, and even taste are all exciting ways to figure out what is growing around us year round.

Join the Squam Lakes Association (SLA) on Saturday, Dec. 14, from 10 a.m. – 1 p.m. for an opportunity to learn about some of New Hampshire's native tree species. Participants will join Lakes Region Conservation Corps

(LRCC) members Moses Shafer and Grace Callahan as we discuss tree anatomy and techniques to identify several native species. All participants will meet at the SLA headquarters in Holderness before carpooling to the Butterworth trailhead.

There are some steep sections of the trail. Due to the time of the year, participants are encouraged to dress in layers, bring snacks and water, and to bring snowshoes or micro spikes. Snowshoes can be provided for up to six participants.

For more information, or to sign up for this Adventure Ecology program, visit the SLA website (squamlakes.org) or contact the SLA directly (968-7336). The SLA also offers other Adventure Ecology pro-

grams throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the Squam Lakes Association.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.



DONNA RHODES

Approximately 50 people of all ages and abilities headed into downtown Bristol last Saturday morning for the Tapply-Thompson Community Center's annual Jingle Mingle 5K, the last local race of its kind for the 2019 running season.

Jingle Mingle

FROM PAGE A1

all seven of their "kiddos" for the race this year and made sure each were decked out for the holidays. From sparkling tutus for mom and the girls to bells that jingled when they ran, the family was set for a fun outdoor fitness adventure.

"This race has fitness, family and fun all rolled up in one. It's got everything!" Caron said.

The course for this year's Jingle Mingle led the runners from TTCC down onto Lake St. where they turned up Ballou Rd. and onto N. Main St. at the top of the hill. Runners then made one last jog up Cedar Street before heading down Mayhew St. and back to TTCC. Once back at the cen-

ter, everyone was invited to join the race coordinators for snacks, some hot soup and hot chocolate. Winners in the raffle were also awarded their prizes at that time.

"TTCC is a wonder-

ful place that does so much great stuff for the community. The soup is always delicious and the camaraderie for this race is awesome. We look forward to it every year," said Caron.



Newfound Landing Sports

Section **B**
Thursday,

Thursday, December 12, 2019

Bears upend defending champs in opener

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound hoop girls avenged last year's semifinal loss in a big way kicking off the new season, as the Bears defeated the defending state champions from Monadnock by a 43-30 score on Friday, Dec. 6.

"The game started out very slow for both teams," said Newfound head coach Kammi Williams. "We had many open opportunities and just couldn't buy a basket."

The first half scoring was obviously a problem as each team scored just nine points in the first half and the game was tied at nine at the break.

The second half was much different as the Huskies pressed and the Bears struggled at first, but then they started hitting their shots and trailed by just three, 24-21 at the end of the third quarter.

"In the fourth quarter, we finally found our rhythm," said Williams. "It took some time to



RC GREENWOOD

Bailey Fairbank (left) and Malina Bohlmann try to get the ball away from a Monadnock Husky during opening action on Dec. 6.

finish at the rim but we stayed patient and it finally all came together."

The Bears scored 22 points in the fourth quarter and allowed the defending champs just six points to finish out the 43-30 win.

Sophomore Paulina Huckins led all scorers with 16 points on the evening while Tiffany Doan had nine points and freshman Malina Bohlmann chipped in with seven in her varsity debut. Mackenzie Bohlmann had 12

rebounds to go along with five points and Huckins pulled down 10 boards. Malina Bohlmann finished with six steals and Bailey Fairbank dished out five assists to go with her six points.

"We obviously need to

start stronger, but with time and confidence, it will happen," Williams said.

The Bears will be in action on Friday, Dec. 13, hosting Belmont at 6:30 p.m. and will finish up the pre-holiday portion of

the schedule with a trip to Franklin for a 6:30 p.m. game on Tuesday, Dec 17.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

What's On Tap

The high school winter sports season gets into full swing in the coming week as the local teams get to work.

The Newfound hoop boys will open their season by visiting Belmont on Friday, Dec. 13, at 6 p.m. and will play their first home game on Tuesday, Dec. 17, against Franklin at 6:30 p.m.

The Bear girls' basketball team will be hosting Belmont on Friday, Dec. 13, at 6:30 p.m. and will be at Franklin for a 6:30 p.m. game on Tuesday, Dec. 17.

The Newfound ski team will be opening the season on Friday, Dec. 13, and will also ski on Thursday, Dec. 19, both at Bretton Woods at 10 a.m.

The Plymouth girls' basketball team will be opening the season on Friday, Dec. 13, at home against Bow and will be at Laconia at 6 p.m. on Tuesday, Dec. 17.

The Bobcat wrestlers will be at ConVal on Saturday, Dec. 14, at 9 a.m. and will be hosting Pelham and Kearsarge on Wednesday, Dec. 18, at 6 p.m.

The Plymouth ski jumping team is scheduled to compete at Proctor Academy on Wednesday, Dec. 18, at 6 p.m.

The Bobcat alpine skiers will be kicking off their season at Crotched Mountain on Thursday, Dec. 19, at 3:30 p.m.

The Kearsarge-Plymouth hockey team will kick off the season on Wednesday, Dec. 18, at ConVal-Conant on Wednesday, Dec. 18, at 6 p.m.

BY JOSHUA SPAULDING
Sports Editor

REGION — The New Hampshire Soccer Coaches Organization has announced All-State teams for the recently-concluded high school soccer season.

In Division II, four local boys earned Honorable Mention. Plymouth's Remy Beaujouan (defense) and Doug Cassarino (midfield), Kennett's Ethan Clay-Storm (striker) and Kingswood's Brian Winn (striker) all earned Honorable Mention.

On defense, First Team honors went to Zach Kriebel and Trevor Faver of ConVal, Cooper Boure of Lebanon and Jacob Harper of Milford. Second Team honors went to Kayden Easter of John Stark, Raymond Lapiejko of Coe-Brown and Jesse Gushee and Carl Zent of Oyster River. Joining Beaujouan with Honorable Mention are Nate Dolder and Connor Waschmuth of Bow, Ryan Schofield of Merrimack Valley, Eric Donovan of Oyster River and Nathan Pettingill of Milford.

First Team midfielders were Logan Falzarano of Lebanon, Reed Leader of Oyster River and August Marshall and Colby Knight of ConVal. Second Team went to ConVal's Finn Wegmueller, Pembroke's Tyler Serefin, Bow's Matt Selleck and Hollis-Brookline's Max Burns. Joining Cassarino with Honorable Mention are Nolan Matthews and Ryan Constable of Milford, Hunter Glynn of Manchester West, Bryan Wright of Hollis-Brookline, Ben Tichner of Leb-

anon and Alex Lin of Souhegan.

First Team strikers were Logan Cassin and Coby Mercier of Merrimack Valley and Caiden Leader of Oyster River. Second Team honors went to Cayden Donoghue of Coe-Brown, Wilonja Amosi of Manchester West and Connor Winder of Milford. Joining Clay-Storm and Winn with Honorable Mention are Peter Russell of Kearsarge, Tyler St. Martin of Lebanon and Alex Gagnon of Pelham.

First Team goalie was Mather Kipka of ConVal, Second Team went to Seth Rutledge-Davis of Kearsarge and Honorable Mention went to Ryan Coutu of Hollis-Brookline and Cooper Moote of Stevens.

Olf Mouyaka of Milford was named Coach of the Year and Kevin Morneault of ConVal earned JV Coach of the Year.

For Division II girls, Plymouth's Sumaj Billin earned Honorable Mention for defense.

Defense First Team

went to Taylor Burnham and Chloe Binder of Bow, Meg Tupaj of Souhegan and Eva Schiffman of Hanover. Second Team went to Pembroke's Britney Hill, Calla Tucker of Oyster River, Renee Wilson of Milford and Elizabeth Philbrook of Merrimack Valley. Joining Billin with Honorable Mention are Arden Ulmer of John Stark, Ayla Laro of ConVal, Amelia Bracket of Coe-Brown and Emily Hinckley of Sanborn.

First Team goalie was Sally Rainey of Lebanon, Second Team went to Bella Bardales of Hanover and Honorable Mention went to Emaly Roy of John Stark, Hunter Stonebreaker of Souhegan and Colleen Peters of Pelham.

First Team midfield went to Pepper Joseph of Hanover, Rachel Gizzonio and Mikayla Thompson of Milford and Lindsay Burnham of Bow. Second Team went to Madison Bailey of Pembroke, Paisley Broadhurst of Hollis-Brookline, Casey McGuire of Ha-

nover and Megan Gradian of Lebanon. Honorable Mention went to Hayley Kenney of Merrimack Valley, Bella Roy of John Stark and Caroline Camp of Kearsarge.

Striker First Team went to Riley Craft of Hanover, Tasha White of Hollis-Brookline and Charlotte Johnson of Hanover. Second Team went to Aspen Tiapa of Milford and Kristina Pizzi of Bow. Honorable Mention went to Oyster River's Charlotte Cousins, Souhegan's Greta Caulton, Milford's Sydney Thibault, Kearsarge's Jordan Busch and John Stark's Chelsea Woodsom.

Doug Kennedy of Hanover was named Coach of the Year and Jessica Allison of Bow was named JV Coach of the Year.

For Division III boys, Prospect Mountain's Nolan Sykes earned Second Team (striker), teammates Michael Mahoney (defense) and Caden Dore (midfield) and Newfound's Jack Gosson

(goalie) all earned Honorable Mention.

First Team goalie was Chase Gagnon of St. Thomas, Second Team went to Jack Noury of Campbell and joining Gosson with Honorable Mention were Zach Ramsdell of Sanborn and Andrew Pincince of Somersworth.

First Team for defense went to Colton Workman of Gilford, Mike Baer of Hopkinton, Zack Barthel of Mascenic and Lars Major of Belmont. Second Team went to Tanner Shore of Laconia, Andrew Dicroce of Trinity, David Southworth of White Mountains and Ryan Stultz of Trinity. Joining Mahoney with Honorable Mention were Paul Cunningham of Brady, Liam Hemmerling of Mascoma, Ashley Deshaies of Winnisquam and Anthony Tomer of Monadnock.

First Team midfield went to Noah Caballero of Mascenic, Derek West of Hopkinton, Ben Schwarz of Mascoma and Ben Gar-

SEE SOCCER PAGE B4

SANTA'S BIG ORANGE HELPER

Clean Up Before the Guests Arrive!

THE DUMPSTER DEPOT
Waste Recycling Services

DUMPSTER RENTALS FROM \$395

Wishing You A Happy & Healthy Holiday Season

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

TOLL FREE
1-866-56-DEPOT
LOCAL
603-783-8050
WWW.DUMPSTERDEPOT.COM

SAVE WITH OUR DUMPSTER DEPOT BUCKS



Town-to-Town
CLASSIFIEDS

www.salmonpress.com | 603.279.4516
Call to place your ad today or visit our website!



Misc. For Sale

2014 Harley Davidson trike loaded with extras, real sharp

1971 Chevy Stepside body off frame restoration and customized. Rare sharp pickup.

Free winter storage on both.

Call 569-4799 for full info.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Lost & Found

Found Ads
Are published Free of Charge. 30 words for 1 week.

Lost Ads
Are Charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.salmonpress.com
24/7

Still Lost!
Shane - Shetland Sheepdog White/Tan/Black 10 Years old
We are hoping someone may have him or have seen him?
-Lost in Laconia NH- August 27, 2016
Do not chase. Old and New Leads appreciated.
For more info see www.facebook.com/shaneshetlandsheepdog
Call Owner 603-365-1778 or Granite State Dog Recovery 1-855-639-5678

Thank-You

Our line ad classifieds are on our website!

www.salmonpress.com

is the place to check our weekly classifieds online!
More great coverage and information from the

Salmon Press Town To Town Classifieds!

Why place your ads anywhere else?
1-877-766-6891

Thank you for browsing
The Town To Town Classifieds in the

West Meredith News Record Enterprise Winnisquam Echo Newfoundland

Publication Rates (30 words)
\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.salmonpress.com

Deadline:
Monday 10:30 am

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373



General Help Wanted

Plymouth State University

Plymouth State University has the following positions available:

Financial Aid Specialist
Finance and Budget Analyst
Theatre Technician
Academic Operations Director
Financial Support Specialist

FACILITIES:
Building Service Worker (Custodian) - All Shifts
Lead Worker - Recycling
HVAC/PM Mechanic

FACULTY:
Teaching Faculty - Education
Assistant Professor of Instrumental Music Education and Director of Bands

ADJUNCT:
Reference and Archives Librarian

To view full descriptions of the positions and to apply, please visit <https://jobs.usnh.edu>

Plymouth State University is an Equal Opportunity/Equal Access/Affirmative Action institution.

PLACE YOUR AD, Get Read, GET RESULTS!

Real Estate

EQUAL HOUSING OPPORTUNITY

Equal Housing Opportunity
All real estate advertising in this newspaper is subject to
The Federal Fair Housing Law which makes it illegal
"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200.
The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call
The New Hampshire Commission for Human Rights at 603-271-2767 or write
The Commission at
163 Loudon Road,
Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Comm. Space For Rent

OFFICE SPACE
Route 25 Moultonboro. 1,740 sq ft. \$1,000/month. 3 baths, kitchen, conference room, 2 private offices, large reception area, tenant pays heat & electric. Robin 603-401-7602

Rental Sharing

LACONIA: 2 ROOMMATES WANTED. Clean, quiet, sober environment. Will go fast! \$140-\$150/week. Call 603-455-2014



NFI North, Inc.
Inspiring and empowering people to reach their full potential

NFI North is seeking a full time Program Director to implement and oversee our Community Based Services that include Intensive in home services; Individual Service Option, Home Based Therapeutic and Foster Care Services.

NFI North's Community Based Services are delivered in the community, generally in the family home and include service models that include: Diagnostic Assessment, Outreach, Family Stabilization, Case Management, Care Management, Wraparound, Respite Care, Parent Education, Support Services, and Evidence Based Models (such as TF-CBT, DBT, Supported Employment and many others). NFI programs use a trauma informed approach and incorporate a strength based model that supports our youth and family driven approach

Responsibilities include: oversight of clinical and programmatic operations, including ensuring compliance with state and local regulations, managing referrals, intake, discharge, service discharge plans, fiscal management, hiring and terminating all staff, record keeping, training and supervision of staff, facilitating weekly meetings, and attending external meetings.

Candidates will embrace our agency mission which is "to inspire and to empower people to achieve their full potential so they can live successfully in their own home and own community".

Candidates for this service must be flexible and willing to lead and administer the various projects as well as provide services as appropriate. This position includes on-call and travel as we will be serving several locations throughout Northern New Hampshire.

Requirements: Master's Degree in Social Work or Human Services and a minimum of five years supervisory experience. Candidates with certification as an LICSW or LCMHC are preferred. Willingness to travel is required. Starting salary \$60K commensurate with experience, education and licensure.

NFI North offers competitive salaries and environments that allow for creativity, a sense of empowerment and many opportunities for advancement. We offer comprehensive health and dental insurance and generous time off plan including three weeks paid vacation and additional sick and holiday time. We provide tuition reimbursement, retirement match, in addition to excellent training and a supportive work environment.

NFI North is a proud partner with Southern New Hampshire University's (SNHU) College for America. Not only do we offer our employees access at incredibly low and affordable rates, you can also enroll your immediate family members.

Please send cover letter and resume to nfinorthhr@nafi.com
EOE/AA

NFI North, Inc.
Inspiring and empowering people to reach their full potential

NFI North is seeking full time Wraparound Facilitators/Care Coordinators to work in the System of Care Fast Forward program (SOC-FF). The NH System of Care is a value-based system designed to serve children, youth and families experiencing difficulties due to the child or youth's Severe Emotional Disturbance. The child or youth served through the system of care are at risk for acute psychiatric hospitalization or out of home placement in a residential treatment facility.

This is a unique position in NFI North's expanding service array working with an integrated team that provides a wide array of therapeutic services to youth and families throughout New Hampshire. This position will require a flexible schedule and require some evenings and weekends based on youth and family needs.

Candidate must possess a Master's Degree or equivalent; or Bachelor's Degree in human service field with four years' experience and/or training. Preferred candidates will have experience working with juvenile justice or other at risk juvenile populations. Salary range: \$47,500 - \$50,000 annually depending on education and experience.

We offer an excellent benefit package with health and dental, generous time off package including paid vacation, sick and holidays, tuition reimbursement, life insurance, various vendor purchasing discounts, excellent training, career growth and supportive work environment.

NFI North is a proud partner with Southern New Hampshire University's (SNHU) College for America, an accredited, nonprofit college designed to develop working adults through cost-effective, competency-based higher education. Not only do we offer our employees access at incredibly low and affordable rates but now you can also enroll your immediate family members.

Please send cover letter and resume by email to:
nfinorthhr@nafi.com and put SOC-FF in subject line.
Visit www.nfinorth.com
EOE/AA

REAL ESTATE

55 Plus MODEL HOME OPEN SUNDAY 12 to 2

\$169,995
Come and take a look!

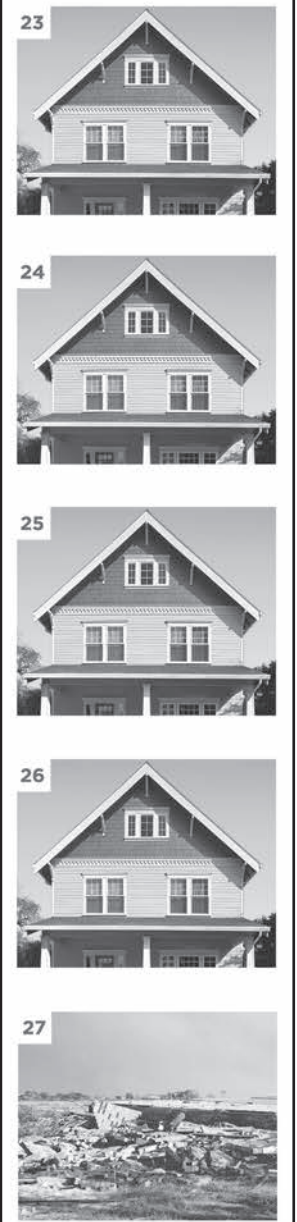
Garage, Porch, Appliances
*10% down - 25 years at 6%

Call Kevin - 603-387-7463
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 80'



Bring your classified ad right into the office located nearest to you and drop it off. We'd love to see you!

AUG 2011



What did the day before Hurricane Irene look like? Any other day.

Prepare for tomorrow. Ready.gov/today



TOWN-TO-TOWN CLASSIFIEDS

A Career in Plymouth!



Your Desk!

Common Man Inn is looking for a **FULL TIME, EXPERIENCED, ENERGETIC and HONEST...**

Front Desk Associate & Night Auditor

JOIN US!

Outstanding Compensation • Advancement Opportunities
Health & Dental Benefits • 401k Program
Paid Vacations • Community Service Days
Employee Discounts

APPLY TODAY!
at theCman.com, Click on "Work Here"



We are a drug and tobacco-free workplace.
231 Main St., Plymouth, NH • (603) 536-2200 • theCmanInnPlymouth.com

Looking for New Customers?



FROM THE LAKES REGION TO THE GREAT NORTH WOODS.

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carroll County Independent

CALL 603-279-4516 TO PLACE YOUR AD TODAY!



Staff Accountant

It's all about balance...

If you're an accountant who'd enjoy a balanced life while balancing books, come explore an opportunity with our Finance department in Franconia.

Find out more at garnethill.com/careers.
Hope to meet you soon!

Garnet Hill
Beautiful, Naturally.™



Waterville Valley Resort has immediate openings for:

Full-time, seasonal Bus Drivers

Don't have your CDL? Training is available. Join the Waterville Valley Resort family and experience our great winter benefits. For more information and to apply visit www.waterville.com. WVR is an "at-will" equal opportunity employer.



WATERVILLE VALLEY RESORT

**Steel Erectors,
Metal Roof & Siding Installers
Foreman, Leadmen
And Laborer Positions**

Will Train. Valid Driver's License required.
Application available at:

CONSTRUX, INC.
630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

GIVE THE GIFT OF NEWS



**Berlin Reporter
Meredith News
Littleton Courier
Record Enterprise
Coös County Democrat
Granite State News
Carroll County Independent**

SUBSCRIBE TODAY!
Call 877-766-6891 or go online to activate your Subscription
www.SalmonPress.com



NCH | Upper Connecticut Valley Hospital

JOB OPPORTUNITIES

***SIGN ON BONUS!**

Full-Time *RNs
with two years' experience

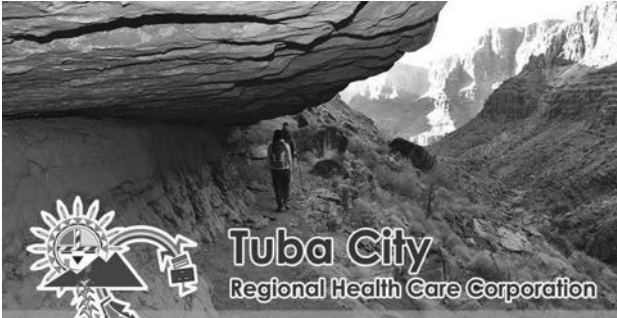
Additional Full-Time Opportunities
Radiologic Technologist Ultrasound / Echo Technologist
Physical Therapist

Part-Time Opportunities
Unit Secretary (Night Shift)
Health Information Management Clerk

Per-Diem Opportunities
RN LNA
Materials Mgmt. Technician ED Technician

**APPLY ONLINE
WWW.UCVH.ORG**

Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE



Tuba City Regional Health Care Corporation

Have a Career that Changes Lives

Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

Emergency Physicians CAREERS

- Very close, collaborative medical staff
- Loan Repayment Program through NHSC
- \$25K Sign-on bonus with 2-year service commitment

To learn more about Tuba City Regional Health Care Corporation, call our Human Resources at 928-283-2432 or e-mail TCRHCHHR@TCHEALTH.ORG

WWW.TCHEALTH.ORG

CLASSIFIED

A-D-V-E-R-T-I-S-I-N-G

an idea that SELLS.



You can now place your

CLASSIFIED LINE ADS ONLINE!

24-Hours A Day • 7-Days A Week

Visit:
www.SalmonPress.com

For more information or to place your ads TODAY!

Dr. Howard S. Mitz

North Country Gastroenterology
Office Endoscopy/Colonoscopy • Infusion Therapy

HELP WANTED

PROFESSIONAL PRACTICE MANAGER

North Country Gastroenterology, located in Littleton, NH is seeking an experienced and professional Practice Manager to join our team. In this role, the Practice Manager will work under the direction of the physician in providing management and leadership to our team.

The selected candidate will be responsible for managing a team of 9 employees. If you have experience working in an administrative role in a healthcare practice, we want to hear from you.

Please forward your resume to:
ncgastro@aol.com

Shaker Regional School District FOOD SERVICE SUBSTITUTES

Shaker Regional School District's Food Service Department has an immediate opening for Food Service Substitutes. Duties include, but are not limited to, prep work, serving, cleaning, washing dishes and pots/pans, and other tasks directed by the Kitchen Manager. Ability to lift up to 40 pounds. Prior experience in the food service industry is preferred, but not necessary. The successful candidate must be able to work in a fast paced, ever changing environment and perform as a team player.

Applications may be found on the Shaker Regional School District website or can be picked up at the SAU Office at 58 School Street; Belmont, NH 03220. Please contact Nancy Cate, Director of Food Service at 603-267-6525 ext. 1352, if you have any questions.

Franklin School District

Franklin School District has an opening for a

Night Custodian
(second shift)
40 Hours a week (8 hrs/day)
Start as soon as Possible

Please send letter of interest, resume, application & 3 letters of reference to:

Toby Compo, Facilities Director
Franklin School District
119 Central Street
Franklin, NH 03235
603-934-3108 or Fax 603-934-3462
E-Mail tcompo@gm.sau18.org

The Franklin School District is an Equal Opportunity Employer



Hebron resident to inducted into IHSA Hall of Fame

FAIRFIELD, Conn. — The leadership of the Intercollegiate Horse Shows Association (IHSA) announced the first inductees for the IHSA Hall of Fame. Hall of Fame and candidates include people, horses and teams. Criteria for selection includes outstanding competitive achievement, exceptional contributions to the

IHSA, success or significant impact in equestrian sport or the equestrian industry and any other honors. An induction ceremony will be held during the IHSA board meeting on Saturday, Jan. 4, in Orlando, Fla. “We are so proud to announce this first group of inductees into the IHSA Hall of Fame,” said Peter Cashman, interim

IHSA executive director. “We honor these legendary leaders for the impact they’ve had on collegiate and mainstream equestrian sports and for the good of the industry.” Among the inductees is Sally Batton, from Canton, Ohio (now a Hebron resident), who coached and taught at Centenary University before accepting the position as head



COURTESY PHOTO (Right) Sally Batton of Hebron is part of the first IHSA Hall of Fame class.

coach of the Dartmouth College equestrian team. Batton coached the Dartmouth team for 29 seasons and has coached at the collegiate level for 35 years. She led the Dartmouth equestrian team to five Ivy League titles, in 1997, 2007, 2010, 2014 and 2016. Batton also sent numerous Dartmouth riders to IHSA National Championships. She served on the IHSA board of directors from 1984-2017, first as a Regional President, then chair of several committees and served as IHSA National Steward from 2001-2017. In 2008, Batton was named the American Riding Instructors Association (ARIA) Instructor of the Year and is an ARIA certified Level III hunter seat trainer and a United States Hunter Jumper Association certified trainer. Batton was awarded the IHSA Lifetime Achievement Award in 2013. She retired in 2019 and plans to continue teaching and working with the Athletic Equestrian League she founded in 2010.

Other inductees include Robert E. “Bob” Cacchione, John H. “Jack” Fritz, Cindy Ford, Elizabeth “Beezie” Madden, Cindy Moorehead, J.T. Tallon and Clifford, a horse from the Cornell equestrian team.

The Intercollegiate Horse Shows Association (IHSA) welcomes men and women of all riding

levels and offers individual and team competition in hunter seat equitation, Western horsemanship and reining at more than 400 member colleges and universities. Membership in IHSA means that college students can participate in horse shows regardless of their experience or financial status. Students compete at eight levels from beginner through advanced with suitable, provided horses, eliminating the expense of horse ownership.

Founded in 1967 by Cacchione, it is the oldest and largest intercollegiate equestrian organization with 10,000 members in 47 states and Canada. IHSA college and university team participation is represented through a variety of programs including varsity athletics, academic departments and club sports. IHSA offers valuable hands-on experience and professional development in multiple facets of the equine industry. Many IHSA teams participate in service projects, giving back to their communities. Through the IHSA, students enhance their college experience and develop the tools that help build successful careers.

For more information, go to IHSAinc.com or contact media@IHSAinc.com.

Anyone interested in a clinic with Batton can e-mail sabatton@gmail.com. Visit athleticequestrian.com or athleticequestriansclinics.com for more information.

Debunking a myth about Southern California



By JOSHUA SPAULDING

A 1972 song from Albert Hammond proudly announces that it never rains in Southern California.

I am here today to tell you that Albert Hammond lied.

Before I crashed my car and had to swallow having a car payment again, I had booked a trip to the west coast as part of a Rob Has a Podcast Survivor event. It fell at the perfect time just before the winter sports season opened up, meaning I had a bit more time on my schedule.

The day was last Wednesday and after a short nap, I woke up at midnight and was on the road before 1 a.m. to Boston to catch a 5 a.m. flight to Dallas-Fort Worth. The good news is, with such an early flight, there was no traffic getting into the airport and the security line was minimal, making for a quick trip through the checkpoint.

Of course, it wouldn't be a trip for me if there weren't some kind of drama involved and that drama came in the Dallas-Fort Worth Airport. For anyone who has ever been there, the place is

huge and the different terminals are connected by train for traveler ease. I got off the plane in terminal C and had to make my way to terminal A with less than an hour between flights. As I reached terminal A, I reached in my pocket and noticed that my driver's license was not there. I usually keep it in my wallet, which I keep in my backpack, but for convenience at the security checkpoint, I take it out and keep it in my pocket. I quickly determined that it most likely came out of my pocket when I pulled my phone out on the plane in to Dallas. The gate agent at my terminal C gate tried calling the gate where I had arrived, but nobody answered. I decided to take a chance and make a dash back to terminal A. I got back on the train and got to the gate, only to find nobody there. I was able to find a helpful woman at the American Airlines information desk and she went on the plane and found my license at my seat as I expected. It was back on the train to terminal A and I arrived just in time for them to call my boarding group and got on the plane to John Wayne Orange County Airport.

For the first time in my life, I did a pre-season interview with a

coach while sitting in the airport, as I checked in with Kennett girls' hoop coach Larry Meader from Orange County. A few hours later, after a stop at In-N-Out Burger, I talked with Plymouth girls' hoop coach Dave Levesque as well. I'm planning on submitting my mileage to California in the next pay period, since obviously I was there to work.

The rain made things a bit tough, as I usually like to walk around wherever I am, but I didn't feel much like getting soaked. I took an Uber to the Brea Mall and hung out there for a short period of time before it was off to an escape room in Brea. Our group successfully solved the escape room puzzle in the second-best time of the year according to the staff.

Next up was dinner at The Hat, a local chain that specializes in pastrami (though their barbecue beef was also very good) before we headed over to the venue location, the Brea Improv.

We had a great episode of Survivor to watch and the panel discussion that followed was great, featuring a number of great guests, including many who I had not met before. The after party followed just down the road but I didn't make it through much of that

since I'd been up for so long at that point.

The next morning the rain had cleared and the sun came out so I hopped a ride down to the Newport pier and walked along the beach. While Orange County is the setting for one of my favorite television shows of all time, The O.C., it wasn't filmed there so I didn't get to see any familiar sites, but it was cool to walk along the water and look up at the snow-covered mountains in the distance. It reminded me a bit of my experience in Sochi, Russia for the 2014 Winter Olympics.

Before long it was back to the airport and homeward bound, with a slight delay in Dallas. I landed at about 1 a.m. and was home by about 3:30 a.m. The first game of the winter season came around about 14.5 hours later and from there, it was a trip north to put up the Christmas lights in Stark, making for one heck of a busy week.

And yes, it does rain in southern California. I've seen it for myself.

Finally, have a great day, Sarah Christian.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Free youth lacrosse clinics in Gilford start Sunday

GILFORD — All area second through eighth graders, boys and girls, are invited to Lakes Region Lacrosse Club's winter skills and intro to lacrosse clinics. All skill levels are welcome, with US Lacrosse-certified coaches on hand to get you ready for the spring 2020 season.

The clinics are free and will be held at the Gilford Youth Center. They'll start on Dec. 15 and will run 4-6 p.m. generally every other Sunday through February. Participants can attend one, some, or all clinics. Registration is required. Visit www.lrlacrosse.org for details and to register.

Soccer

FROM PAGE B1

diner of Gilford. Second Team went to Max Lussier of Sanborn, Shea Dickson of Hopkinton, Anthony Aguiar of Gilford and Ben Estrella of Berlin. Joining Dore with Honorable Mention are Colby Reid of Laconia, Chris Ban Natta of Derryfield, Jack Ferguson of Hillsboro-Deering and Ethan Vitello of Conant.

First Team striker went to Ben Seiler of Mascoma, Sam Sawyer of Gilford and David Latsha of Campbell. Joining Sykes with Second Team are Nate Sottak of Belmont and Joaquin Heller of Campbell. Honorable Mention went to Nate Wilkins of Mascenic, Tyler Rousseau of Berlin, Kaden Brackett of Raymond, Max Hentz of Inter-Lakes and Eli Gould of Fall Mountain.

Andy Helliessen of Mascenic was named Division III Coach of the Year.

Prospect Mountain's Hannah Racine earned Honorable Mention for

midfield for Division III girls.

First Team goalie was Bailey Bourque of Campbell, Second Team went to Gracie Atkins of Hillsboro-Deering and Honorable Mention went to Emily Senko of Brady and Alyson Van George of Laconia.

First Team defense went to Eleanor Owen of Hopkinton, Alexis Aiken of Stevens, Briana Connolly of Somersworth and Kate Stoncius of Campbell. Second Team went to Sana Syed of Belmont, Kylie Youngclaus of St. Thomas, Sarah Bradley of Trinity and Zoe Cousineau of Derryfield. Honorable Mention went to Deanna Bourque of Belmont, Kally Murdough and Madeline Follansbee of Hopkinton, Zahna Rice of Stevens, Helen LaRowe of Inter-Lakes, Avery Stewart of Fall Mountain, Bailey Brewer of Conant and Morgan Doolan of White Mountains.

Midfield First Team went to Tanner Brown of Stevens, Annie Hig-

ginbotham of Hopkinton, Reece Sadler of Gilford and Lauren Beidler of Brady. Joining Racine with Honorable Mention were Rebecca Pincince of Somersworth, Eva LaValley of Hillsboro-Deering, Jaiden McKenna of Gilford, Emma Losey of Derryfield and Jillian Patria of Conant.

First Team striker went to Kathryn Lacasse of Raymond, Sheridan Brummett of Brady and Sydney Miller of Stevens. Second Team went to Loren Charron of Hopkinton, Keeley Francis of Trinity and Chelsea Cooper of St. Thomas. Honorable Mention went to Rebecca Fleming of Belmont, Shelby Cole and Maddi Rector of Gilford, Kaylee Peare of Berlin and Halee Bertolami of Monadnock.

Mike Zahn of Hopkinton was named Division III Coach of the Year.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

CHAMPIONSHIP IRISH DANCE - BLAZING FIDDLES

Celtic Christmas

THE SKY FAMILY

SOAR... CRY... THINK... LAUGH OUT LOUD!

A HIGH ENERGY MUSIC, DANCE AND GOSPEL PRODUCTION!

The Agape Worship Center

80 Bean Rd.

Moultonborough

7 pm Friday Dec. 13

For more info: 603 677 6254

~ No tickets, a love offering will be taken ~

"AN EVENT NOT TO MISS!" - CHICAGO TRIBUNE