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THE WEEKLY NEWS & LIFESTYLE JOURNAL OF MT. WASHINGTON VALLEY



Artistic Journeys

A life's work on view for the community
Page 2



On the Links

Carroll Academy shapes a bright future
Indian Mound hosts "Lumpa" Brett Tourney
Page 26



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Artistic Journeys

A life's work on view for friends, family and community

This is a great time of year to be in the Mount Washington Valley for so many reasons: the beautiful lush green foliage, the open mountain trails, the rushing waterfalls, the rhapsodic fragrance and bloom of wildflowers, the bird song. Add to that the rush of gallery openings, and it is hard to manage it all.

I set out on last Friday's drizzly night for the Downstairs Gallery at Norcross Place in North Conway, where the Mount Washington Valley Arts Association was hosting retrospective exhibition of the work of Clara Walsh. I recalled Clara from years back, and was curious to see a collection of her work all in one space. Often, solo retrospective provides a window onto the artist's point of view and her true heart.

This was very true with this exhibition and reception. Most of Clara's family was gathered in her honor to meet friends and guests, and their love—and hers—shone through. Her husband Frank, and their four children – Laura, Janet, Dave and Jim, most of whom were present in honor of her talent — hosted the Exhibit. While Clara is living at Merriman House, her family decided to curate this exhibition in her honor. Friends and artist friends gathered. What an interesting collection of work, and of intimate, colorful scenes reflecting landscape, wildlife and family members. Clara's talent as a portrait artist and her exquisite attention to detail, especially in miniature, remarkably records her every day life with warmth and accuracy.

Many will remember Clara Walsh from her long association with the MWVAA, as well as her work on display in the Bartlett community and the Gibson Center. An internationally recognized artist, local residents know Clara for her watercolors depicting area scenes and some of these images are included in this retrospective of her work.

Painting for over 55 years, Clara has lived in Massachusetts, Maryland, and New Hampshire. She was President of the Laurel, Md. Art Guild, and was instrumental in the creation of the Montpelier Cultural Arts Center in there. It was a state of the art facility that houses three galleries, classrooms and open studios. She was one of the first artist residents.

In 1997, Clara and her husband moved to Glen, where she continued her involvement in art and has been a long time member of the Mt. Washington Valley Arts Association.

An important aspect of her work, eventually miniature paintings became her focus, and she painted, taught and lectured on this specialty in addition to her exquisite watercolors and pencil portraits.

The miniature has a long revered tradition as an illustrative form for Holy Books, including the Bible and the Quran, over the last 1,000 years. As part of an artistic tradition, it often illustrated sacred stories.

A portrait miniature is generally a miniature portrait painting, usually executed in gouache, watercolor, or enamel. Portrait miniatures began to flourish in 16th Century Europe, and the art was practiced during the 17th Century and 18th Century. They were especially valuable in introducing people to each other over distances; a nobleman proposing the marriage of his daughter might send a courier with her portrait to visit potential suitors. Soldiers and sailors carried miniatures of their loved ones while traveling, or a wife might keep one of her husband while he was away.

The first miniaturists used watercolor to paint on stretched vellum. During the second half of the 17th Century, vitreous enamel painted on copper became increasingly popular. In the 18th century, miniatures were painted with watercolor on ivory. As small



Courtesy

"Little Brown House" in miniature, by Clara Walsh.

in size as 40 mm by 30 mm, portrait miniatures were often used as personal mementos or as jewelry or snuffbox covers.

Americans, with their migratory ways, employed artists to execute likenesses of loved ones painted in miniature when they moved away to settle the country, but in the mid-nineteenth century, the daguerreotype became the favored medium.

Clara Walsh was an awarded member in the Miniature Painters, Sculptors and Gravers Society of Washington, D.C (MPSGS), which is an invitation-only organization dedicated to promotion and encouragement of the practice of producing fine art in miniature. The miniature art society is headquartered in Washington, D.C. Founded in 1931 by Alyn Williams, it is the second-oldest organization of its kind in the world next to the Royal Society of Miniature Painters, Sculptors and Gravers in London, England also founded by Mr. Williams.

Miniaturists are considered for membership in the Society after their works have been accepted in the Annual MPSGS International Exhibition in three shows or when they have been awarded a first, second, or third prize in the exhibi-



Cynthia Melendy

The Walsh family gathered at the Downstairs Gallery last Friday evening to honor the life's work of Clara Walsh.

tion. A highlight of Clara's career was when one of her miniature paintings was accepted and exhibited in a show at the Smithsonian Museum in Washington.

The work on display at the Downstairs Gallery contains a wide variety of subject areas, media, and size. Her landscapes are warm and intimate. She clearly loved flowers and animals; her portrait of a Border collie, for example, is personable and lively, all in a space of approximately two and a half by three inches. Her miniatures are particularly exquisite and provide an intimacy to landscapes. Technically expert, especially in detail and in color, they nonetheless project a warm of attitude toward the

subject matter that is not captured through film or digital photography.

Her work has been displayed throughout the United States, England and Australia, and she has won numerous awards, ribbons and prizes. Yet it is not prizes that always matter most: the loyal community of artists who turned out for Clara and her family demonstrates a camaraderie that has endured since the first farmer took in Benjamin Champney, and told him about the beautiful places to paint. This community love of landscape, friends and animals sustains us today. I never went on to my next stop that rainy night. I was too captivated by Clara's work and her wonderful family.

On the Cover

A THANK YOU FROM THE SEWING CLUB

Suzanne Scolamiero and Joan Davis, of the Jackson Women's Sewing Club, thank Dutch Bloemen Winkel owner, Carrie Scribner, for her presentation at their June Luncheon.

Photo by Lisa DuFault

Inside

As the Wheel Turns

Recycling the Civil War - Page 27

Business

New owners settle in at Christmas Farm Inn - Page 20

Index

Valley Folks & Focus	Pages 18-19
Charity Chatter	Pages 16-17
Valley Business	Pages 15, 20-21, 23
Valley Education	Page 11-13, 15
Valley News/Roundups.....	Pages 3-4, 6-10
Rockpile	Page 22
Critter Corner	Page 5
Calendar.....	Pages 24-25

Defending champion Sage Canaday leads seasoned men's field in Northeast Delta Dental Road Race

PINKHAM NOTCH — A year ago, observers at the Northeast Delta Dental Mt. Washington Road Race did double-takes when newcomer Sage Canaday of Boulder, Colo., took an early lead and never looked back, defeating an intensely competitive field of the country's top mountain runners in this race to the highest point in the northeastern United States.

This year, those observers will be expecting to see Canaday up front, and the main question will be whether his closest competition from last year can challenge him for first place this time when the race kicks off this Saturday, June 15, at 9 a.m.

Meanwhile, the women's field is led by 35-year-old Brandy Erholtz of Evergreen, Colorado, who won the race in her first appearance here in 2008, won again in 2009, and has finished second twice (2010, 2012) and third once (2011) since then. Erholtz, as she has happily reported in her running blog, is also four months pregnant. Although she may be slightly slower, her strength and her intelligent training keep her on top of the list of contenders.

Sponsored by Northeast Delta Dental, which provides comprehensive dental-care insurance for the region, and under the direction of DMSE, the same organization that directs the Boston Marathon, the race accepts a total of 1,300 runners. From a 9 a.m. start at the base of the Mt. Washington Auto Road near Pinkham Notch, they make their way to the summit of Mt. Washington, 6,288 feet above sea level — a net altitude gain of 4,560 feet in 7.6 miles.

Canaday, 27, a former Cor-

nell cross-country and track runner who subsequently trained with the highly respected Hanson-Brooks Distance Project, showed last year that Mt. Washington's relentless 12 percent average grade suited him very well. He covered the 7.6-mile distance from the base to the summit in 58 minutes 27 seconds, the third-fastest time ever run here. Behind him were Joseph Gray of Newcastle, Wash., a former all-American steeplechaser and U.S. Mountain Running Team veteran, who finished in one hour 33 seconds; and two-time winner (2006 and 2008) Eric Blake of New Britain, Connecticut, in one hour 54 seconds. Gray's and Blake's times in 2012 would have won this race in most years. Gray, 29, and Blake, 34, both return this month to test their conditioning and mental toughness against Canaday's again.

Erholtz, 35, has been the steadiest performer in the women's field here for five years. She won in 2008 in one hour 11 minutes eight seconds, then lowered her time to 1:10:53 when she won again in 2009. Her best time since then was last year, when she clocked 1:12:27, good enough to make her runner-up but not close to Kim Dobson, of Denver, who ran 1:09:25 — the second-fastest time ever recorded for the women's field at Mt. Washington. Dobson, who has a prior commitment for a family wedding, will be absent from Mt. Washington this year, as will last year's third-place finisher Kasie Enman of Vermont.

The uncertain variables are how fast Laura Haefeli, Carolyn Stocker or Kristin Frey can run up the mountain. Haefeli, 44, of Del Norte, Colo., the

first American woman ever to win an individual medal in the World Mountain Championships, placed fourth last year at Mt. Washington, in 1:15:10, and she knows this hill well.

Stocker, just 20 years old, set the Mt. Washington Road Race record for junior runners in 2011, lowered it to 1:18:58 with her fifth-place finish in 2012, and returns to Mt. Washington strengthened by two seasons of collegiate competition at the University of Maine. Stocker is also one of the country's top snowshoe-racers, having won the gold medal in her age group at this year's U.S. National Snowshoe Championship in the Cascade Mountains of Oregon, placing third among all women there and earning a place on the U.S. National team that will compete next February in Sweden.

Frey, 29, will be running up the Auto Road for the first time, but she is familiar with steep climbs, being the premier staircase racer among all women in the sport. A resident of Schaumburg, Ill., she has won every major stairclimb race in the skyscrapers of Chicago, placed fourth in New York's Empire State Building Runup, and run a personal best marathon time of 3:14. In 2012 Chicago Athlete Magazine named her female Athlete of the Year.

Other likely top male finishers this year at Mt. Washington include Simon Gutierrez of Colorado Springs, Colorado, Matt Byrne of Scranton, Pa., Peter Maksimow of Manitou Springs, Colo., Ryan Bak of Bend, Ore., and Matt Flaherty of Chicago, Ill. Gutierrez, now 47, won this race in 2002, 2003 and 2005, holds the masters (over 40) record for the course in

1:01:34, and last year set a new age-group record for men 44-49 in 1:02:24. This year, the evening before the race, he will be inducted into the Mt. Washington Road Race Hall of Fame, in a ceremony at the base of the Auto Road.

Byrne, 38, has run Mt. Washington four times, including a third-place finish in 2011, a personal best of 1:02:02 in 2008, and a 12th-place finish last year, when the field was the most competitive in the race's history, since it served as the United States National Mountain Running Championship. Maksimow, 34, is a seasoned mountain runner and member of the U.S. Mountain Running team.

Flaherty, 27, was expected to figure among the top contenders at Mt. Washington last year but was injured before the race date. Having finished fourth in the Napa Valley Marathon in March and having won the American River 50-Mile race in April, he comes to Mt. Washington with the strength and endurance to contend in this field. Bak, 30, won the inaugural Rock'n'Roll Half Marathon in Portland, Ore., last year, was the fourth U.S. finisher in the elite Fukuoka Marathon in Japan last winter, and with this year's Northeast Delta Dental Mt. Washington Road Race begins a summer of international mountain racing.

Although she may not finish with the leaders this year, J'ne (pronounced "Janey") Day-Lucore of Denver will be in everyone's sights when she returns to Mt. Washington. Now 52 years old, Day-Lucore won Mt. Washington three times, including a 1992 debut in which she broke the existing women's course record with a time

of 1:11:46. Along with Simon Gutierrez, she will be inducted into the Mt. Washington Road Race Hall of Fame the evening before the race.

The Northeast Delta Dental Mt. Washington Road Race each year welcomes many of the top mountain runners in the United States, along with hundreds of other hardcore road- and trail-runners from across New England, other regions of the country, and abroad. Attracting many more would-be entrants than the 152-year-old Mt. Washington Auto Road can accommodate, the "Run to the Clouds" is filled each year partly by invitations issued to elite runners but primarily by a computer-generated lottery selection process that opens each year in February.

Runners pay an entry fee of \$80 apiece. Fifty percent of all proceeds from the race will be donated to the Coos County Family Health Services. Based in nearby Berlin, this community-based organization provides comprehensive health care and social services to everyone, regardless of economic status.

The winners' first prize is \$1,000 — or \$5,000 for anyone who breaks the course record. The men's course record, set in 2004 by six-time World Mountain Champion Jonathan Wyatt of New Zealand, is 56 minutes 41 seconds. The women's record, set by Ethiopian runner Shewarge Amare in 2010, is 1:08:21.

Based in Concord, Northeast Delta Dental has sponsored the race up the historic Mt. Washington Auto Road since 2001. The health company's CEO, Tom Raffio, has run the race in a personal best of one hour 50 minutes and 51 seconds.

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The Mountain Ear welcomes Letters to the Editor pertaining to local community issues. All correspondence should be signed, include a return address, and be addressed to P.O. Box 1890, North Conway, N.H. 03860, faxed to (603) 447-5474 or e-mailed to earnnews@salmonpress.com. All letters should be received prior to publication and be no longer than 300 words. The Mountain Ear reserves the right to edit letters for length and clarity and to not publish letters deemed unsuitable.

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News / Round-Ups

African drummer to perform benefit show in Tamworth

AMWORTH — Sayon Camara, from the small village of Kouya Sidia in Guinea, will perform a benefit show at the Kenneth A. Brett School in Tamworth on Friday, June 14 at 6 p.m. All donations will go to providing the essentials for his village school in Guinea.

Sayon Camara is an extremely talented djembefola with an intimate knowledge of the music for all the drums of the Malinke culture and his passion for his music and culture is inspirational.

In 1996, Sayon was introduced to and began playing music with the master djembe player, Famoudou Konate, whom he worked with intensively for the next eight years. In 2002 he was invited to Chicago as an artist to teach and perform traditional Malinke music with the Chicago

Djembe Project. Since then he has traveled to Japan six times to teach workshops there, as well as hosted workshops for Japanese drummers in Conakry, Guinea and Kouya Sidia, his home village, Kouroussa, Guinea.

Friday night's event is a kick-off concert for a non-profit project started by a local four-year old, Stands for School. Last year, Sayon shared the dream of his village – to have a school in his village serving all the children.

Jamie Marlowe of Moultonborough heard of this dream and suggested, "We should have a lemonade stand." After two weeks, he raised \$130. Little did he know that \$130 in this country has the purchasing power of \$5,850.

Jamie's simple act started Stands for School – a



Sayon Camara

non-profit where children earn money through lemonade stands with all the donations going towards supplying the village school of Kouya Sidia with the essentials to educate every child in the village. The children at the

K. A. Brett School, thanks to the overwhelming generosity of Tamworth businesses and residents, have taken the lead and already raised over \$700. Stands for School challenges children across the country to set up stands between June 15th and Aug. 18 and send the money they earn to Stands for School. In December a teacher from the Brett School will travel with Sayon to his village to purchase and deliver the supplies to the school.

For more information about Stands for School, visit their Web site at www.standsforschool.weebly.com. For more information about Sayon Camara visit www.sayoncamaradrummy.com. All donations can be sent to The K. A. Brett School – Stands for School, 886 Tamworth Rd., Tamworth, NH 03886.

Masonic Lodge hosting Father's Day breakfast

NORTH CONWAY — Come treat your dad, family, friends or self to a fantastic breakfast at the Masonic Lodge in North Conway, above the former movie theater in North Conway Village across from Schouler Park.

On Father's Day, Sunday, June 16, from 8 to 11 a.m., the Mount Washington Valley Masonic Lodge opens its doors to host a breakfast buffet to benefit Tin Mountain Conservation Center. All you can eat pancakes, sausage, ham, corned beef hash, baked beans, potatoes, fresh fruit, chef attended omelet station, cereals, oatmeal, pastries, juices, tea, hot chocolate, and coffee are all on the menu, for a small donation. The dining hall is handicapped accessible. All of

the costs are paid by the lodge and supported by the Valley Originals. Proceeds raised on Father's Day will go directly to the Tin Mountain Conservation Center.

Did you know David ('Davy') Crockett, frontiersman and politician was a Mason, or that Benjamin Franklin, one of the country's greatest statesmen was one of the 13 Masonic signers of the Constitution of the United States? In addition to Franklin, many of the Founding Fathers — men such as George Washington, Paul Revere, Joseph Warren, and John Hancock — were Masons. Masons and Masonry played an important part in the Revolutionary War and an even more important part in the Constitutional Convention

and the debates surrounding the ratification of the Bill of Rights. Many of those debates were held in Masonic lodges.

Mount Washington Lodge # 87 F. & A. M. was organized in 1868 by local Masons who lived in the Valley, and current members are pleased to support, Tin Mountain Conservation Center, Tin Mountain Conservation Center is a 501(c)3 non-profit environmental education organization with a mission to promote an appreciation of the natural environment among children, adults, and families through hands-on programs in the schools, at camps, and in the community and to demonstrate responsible stewardship of natural resources through land protection, research, sustainable forestry,

agriculture, and energy. Tin Mountain has served the greater Mount Washington Valley for over 30 years. For more information on Tin Mountain, visit www.tinmountain.org or call Donna at 447-6991.

For upcoming events at the lodge, visit www.mtwashingtonlodge.com/localdistrict-calendar.html. To learn more about the Masonic Family in New Hampshire or to contact your local Masonic Organization, call (800) 2B1-ASK1 or visit nhgrandlodge.org. Charity is one of the basic principles of Freemasonry; and, the Mount Washington Lodge actively supports all local charities by sponsoring breakfast buffets from which all net proceeds are donated to the charity.

Mountain Garden Club presents Art in Bloom June 22 in Jackson Village

JACKSON — Members of the Mountain Garden Club are preparing for their ninth annual gift to the Valley, Art in Bloom, a walking tour of seven sites in Jackson where pieces of art are interpreted through member-crafted floral arrangements.

Art in Bloom is free of charge and open to all, offered by the Mountain Garden Club to showcase floral interpretations of local art. Typically, close to 50 members prepare floral arrangements intended to evoke chosen pieces of art. The art and the floral arrangements are then exhibited at seven locations throughout Jackson Village. This year's seven sites include Jackson Public Library, Ravenwood Curio Shoppe, Snowflake Inn, Whitney Community Cen-

ter, Jackson Historical Society (the former Town Hall), The Wentworth Hotel, and the Old Jackson Library. Art in Bloom will be held from 10 a.m. to 5 p.m. on Saturday, June 22.

From 3 till 5 p.m. on the date of the event, the Mountain Garden Club will host a reception and a raffle of floral-related items at the Whitney Community Center, with foods donated by Backcountry Bakery, Eagle Mountain House, the Inn at Thorn Hill, J-Town Deli, Red Fox Bar & Grille, Shovel Handle Pub, Thompson House Eatery, Wildcat Inn & Tavern, and Yesterday's.

Membership in the Mountain Garden Club is open to all males and females in the area for a yearly fee of \$20. In-

teresting programs and workshops are offered throughout the year. For more information about the Mountain Gar-

den Club's programs, events, and civic improvement projects, visit www.mountaingardenclub.org.

Tri-County CAP Resource Center hosting open house

TAMWORTH — On Thursday, June 13, the offices of the Tri-County Community Action Program will be sponsoring a Tri-County CAP Resource Center open house (448 White Mnt Highway, Tamworth).

The day will begin with a meet and greet at 9:30 a.m. with staffed tables set up providing information on those programs (CAP and others) whom are tenants in this building, with light refreshments served. Brief presentations of the programs

offered by each office will follow at 10:30 a.m., with the building being open for tours thereafter. Please plan to join us.

Included in the open house presentations will be: The CAP Resource Center, Service Link, Fuel Assistance, Carroll United, The Restorative Justice Center, WIC, Pat Lilly, Homeless Outreach, Workplace Services, Workforce Services, Tamworth Dental Center AOD, Weatherization and the Blue Loon Bus Service.

Critter Corner



Courtesy

Meet Chico!

Chico is one of the nicest dogs you will ever meet! This little guy is so sweet. When we walk past his kennel he wags his whole body! Chico has been the biggest hit with the school groups that have been in to visit the shelter. Chico walks great on a leash and he even plays fetch! Don't let his graying muzzle fool you; he is only four-years-old. He just wants to be loved. Come meet Chico at the Conway Area Humane Society at 223 E. Main St. in Conway. You won't be disappointed!



Courtesy

Kittens galore!

If you remember all the kittens we have had in foster care, many of them are now on the adoption floor and ready to go to their forever homes. We have male and female kittens available, and we have yellow tigers, torties, gray tabbies, calicos, solid gray, gray tigers, dilute torties, black and more. All with their own little personalities and entertainment factors. Bring home a kitten, and you won't ever need to turn on your TV again. All of the babies are altered and up-to-date on all their medical needs.



Courtesy

Conway Area Humane Society Executive Director Virginia Moore with shelter resident Chico.

Conway Area Humane Society celebrates 10 years helping homeless animals

CONWAY — The staff and board of the Conway Area Humane Society invite everyone from the community and beyond to come and celebrate 10 years of helping homeless animals. The event is happening on Saturday, June 22 from 3 to 7 p.m. at the Conway shelter at 223 E. Main St. in Conway.

The shelter's cat adoption

center opened in June of 2003, and the dog facility's opening followed in 2004. The event is open to the public and people are encouraged to bring their well-behaved adoption alumni along.

The celebration will feature entertainment from DJ Kristen Corrigan, raffles, food and shelter tours.

"CAHS is proud to have

helped over 7000 homeless animals find their forever homes over the past decade," said Executive Director Virginia Moore. "We could not have done that work without the help from the community members, businesses and adopters."

For more information, please call 447-5605.

Big dog adoption special! 50 pounds = 50 percent off adoption fees

CONWAY — The Conway Area Humane Society has a lot of big dogs in house that would benefit from finding homes soon! We have Zeus the

Malamute, Kosha the Husky, Dolly the Staffordshire Terrier mix, Lil' Girl and Harley the two Shar Peis and several more - all waiting to meet you

at the Conway Area Humane Society at 223 E. Main St. in Conway.

Adoption fees good through June 23.



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News/Round-Ups

Mountain Top Music welcomes IMAI to the Valley for a special home concert

JACKSON — Acclaimed International Musical Arts Institute musicians will perform a special concert at 7:30 p.m. on Saturday, June 15, featuring Mozart, Debussy, and Brahms, in an architectural-stunning private home in Jackson.

Offered as a preview and introduction to their upcoming Festival in July at Fryeburg, now in its 17th year in the Valley, this home concert benefits both Mountain Top Music and IMAI, and is open to the public, allowing "up close and personal" listening and viewing in a wonderful setting.

The concert features violinist Noemi Miloradovic, violist Jason Fisher, cellist Lynn Nowels, and pianist Naoko Sugiyama performing three favorite pieces: Mozart's Duo in G Major for Violin and Viola, Debussy's Sonata for Cello and Piano, and Brahms Piano Quartet No. 1 in G Minor. Each of the four musicians has performed with acclaim in past IMAI Festival concerts in the Valley, playing works by a variety of composers.

Noemi Miloradovic, a native of Serbia, studied in the US at the Longy School of Music and at the University of Kansas with Ben Sayevich, another IMAI favorite. She has been a Soloist with the Baroque Chamber Orchestra of Belgrade, the Chamber Orchestra "Ars Nova," the National Symphony Orchestra of the Dominican Republic, the Kansas University Orchestra, the Longy Chamber Orchestra and Newton (MA) Symphony, and is currently a member of both the Rhode Island Symphony and the Portland Symphony.

Jason Fisher studied at the Peabody Conservatory with Victoria Chiang, and the Longy School of Music with Roger Tapping. A founding member of A Far Cry, Boston's critically-acclaimed self-directed chamber orchestra, he also performed with members of the Florestan and Peabody Trios, and the Brentano, Cleveland, Emerson, Mendelssohn, and St. Lawrence String Quartets; in addition, he performs on both baroque

and modern viola with various ensembles throughout America, Europe, and Asia.

Lynn Nowels studied at the University of Washington with Eva Henitz, and additionally at the Blossom Festival with Josef Gingold and Leonard Rose. She performs in Boston with Cantata Singers and Ensemble, Emmanuel Music, Pro Arte Chamber Orchestra, and Music from Eden's Edge - a chamber music ensemble on Boston's North Shore, and as a founding member of Artemis String Quartet. Nowels has served on faculties of Wheaton College, Lexington Waldorf School, and ArtsA-himsa in Lenox, Mass.

Naoko Sugiyama studied at Tokyo National University of Fine Arts and Music (Tokyo Geidai), the Longy School of Music, and New England Conservatory with Randall Hodgkinson, Martin Canin, Mieko Harimoto, and Ayako Kanazawa. She is active as a soloist and chamber musician throughout Japan and around the Boston area, and has appeared with the Bos-

ton Chamber Music Society, Bargemusic in New York, the Chestnut Hill Concerts in Connecticut, Jordan Hall and Goethe

Institute in Boston, on WG-BH-FM Boston, and in the world premiere of "Lullaby" for two violins and piano by Ned Rorem at Weil Recital Hall at Carnegie Hall in New York. She is a faculty member of

Longy School of Music and New England Conservatory Preparatory School.

Mountain Top Music's At-Home Concerts are open to the public, yielding unique opportunities to listen to performers in an intimate living room setting. Because these concerts occur in private homes, however, the specific locations are not disclosed until tickets are purchased. Tickets must be reserved in advance by calling 447-4737.

The International Musi-

cal Arts Institute/Festival of Fryeburg, Maine, founded in 1997, is a summer community of classically trained musicians who range from young professionals and career-bound advanced-level conservatory students to established artists with international reputations. Over the years, IMAI has attracted more than two hundred artist/musicians representing some thirty nations on five continents. IMAI provides a setting where young aspiring professional musicians and seasoned artists can work together, share ideas and learn from each other within an atmosphere of collegiality, guidance and mutual support. For more information about the International Musical Arts Institute Chamber Music Festival to be held July 11 through July 20 at the Bion Cram Library on the Fryeburg Academy Campus, please visit www.imaifestival.org.

Is your flag battered, tattered and torn?

NORTH CONWAY — After the long winter and windy rainy spring, how does that United States Flag hanging outside your home look? Is it battered, tattered, torn or faded?

If the answer to that question is yes, then this Friday, June 14, on National Flag Day, you are in luck. American Legion Post 95, located at 116 Kearsarge Rd. in downtown North Conway, will be holding their annual "used" flag collection from 1-4 p.m. at the Kearsarge Road location. No mess, no fuss and no heavy lifting; just drive up and a Legion member will come to your car and take your flag. You never have to get out of the car.

According to United States Code, Title 4, Chapter 1, Section 8, "The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning."

Later in June, Post 95 will be holding a specific flag "destroying" ceremony in which they retire the battered, tattered, torn and faded US Flags that were collected on

National Flag Day.

The USA Flag.org Web site indicates that "the idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885. BJ Cigrand, a schoolteacher, arranged for the pupils in the Fredonia, Wisconsin Public School, District 6, to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as 'Flag Birthday.' In numerous magazines and newspaper articles and public addresses over the following years, Cigrand continued to enthusiastically advocate the observance of June 14 as 'Flag Birthday,' or 'Flag Day.'

Inspired by these three decades of state and local celebrations, Flag Day - the anniversary of the Flag Resolution of 1777 - was officially established by the Proclamation of President Woodrow Wilson on May 30, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until Aug. 3, 1949, that President Truman signed an Act of Congress designating June 14 of each year as National Flag Day.

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Mountain Resort

Father's Day Special
Dads can purchase 1/2 price general admission when one other family/friend purchases a general admission at regular rate.

Mountain Coaster
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Scenic Chair Ride
Horseback Riding
Mountain Biking
Climbing Wall
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Open daily starting June 15th, 10 a.m. to 6 p.m.
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MOUNTAIN

Father's Day Special
Dads ride scenic gondola FREE when one other family/friend purchases a gondola ticket at regular rate.

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**KNOWLEDGE GIVES SOCIETY
THE POWER TO ADVANCE.
PICK UP
A NEWSPAPER**

Freedom Historical Society presents “Wit and Wisdom: Humor in 19th Century New England” June 19

FREEDOM — Whatever did New England villagers do on long winter evenings before cable, satellite and the Internet?

On Wednesday, June 19 at 7 p.m., Jo Radner will come to the Freedom Town Hall on

Elm Street to give some surprising answers to that question.

Radner has been studying wintertime amusements in rural 19th Century Maine, New Hampshire, and Vermont. It is not surprising that our an-



Courtesy

Jo Radner

cestors warmed up those long, cold evenings with social entertainments from music and dancing to charades, sewing circles, and neighborhood suppers.

“What I didn’t expect, though,” says Radner, “was that so many village traditions were aimed at what people called ‘mental improvement’ – ways of training their minds!” Adults eagerly attended “writing schools” for penmanship lessons provided by itinerant teachers, “singing schools” to improve their choral singing, and even “spelling schools,”

which were like adult spelling bees.

In the decades before and after the Civil War, however, the most distinctive events created by northern New England villagers were the weekly “lyceums,” for which they would prepare formal debates on current or philosophical topics. These farmers and their sons and daughters would also compose and read aloud homegrown, handwritten literary “newspapers.” Sometimes serious, sometimes sentimental but mostly very funny, these “papers” revealed the hopes, fears, humor and surprisingly daring behavior of our rural ancestors.

“I first came across a lyceum paper in my great-grandmother’s attic in Fryeburg,” Radner says. “I didn’t know what it was, at first: an odd collection of jokes, parodies, poems, and whatnot. I discovered that I had dug up a major, forgotten tradition!”

Since that time, Radner has discovered hundreds of these 19th Century community papers in Maine, New Hampshire and Vermont.

“They give us the voices of ordinary people, teasing each other, worried about the future, dealing with real-life challenges,” Radner said.

Before returning to her family home in western Maine as a writer, storyteller, and oral historian, Jo Radner was a professor at American University in Washington, D.C., teaching literature, American studies, folklore, women’s studies, Celtic studies, and storytelling. She has published books and articles in all those fields, and is now writing a book titled “Performing the Paper: Rural Self-Improvement in Northern New England.” She is past president of the American Folklore Society and the National Storytelling Network.

All are invited to attend this interesting program in which Jo Radner will talk about these lyceum “newspapers” and share examples from nearby communities in Maine and New Hampshire. Refreshments will be served following the program. For additional information, please call 539-5449.

Holiday in Effingham happens on July 6

EFFINGHAM — On Saturday, July 6, Effingham will present a series of events from 9 a.m. to evening to celebrate our greatest holiday.

Ye Olde Sale Shoppe on Route 153 in Taylor City will hold its first Annual Open House from 10 AM to evening. As always, Bill Taylor will offer an assortment of the old, the not so old, the whimsical and the special. If you need it, he has it. And don’t forget the greeting card display – so much to enjoy. Light refreshments will be served all day.

Come one, come all. For more information, call 539-7910.

Mr. Taylor has offered his field to benefit the South Effingham Church Annual Giant Bake Sale from 9 a.m. to 1 p.m. The bakers of Effingham will prepare pies, cakes, muffins, doughnuts, cookies, fudge and more for your dessert pleasure. All proceeds benefit the South Effingham Church. For more information, call 539-7518.

The South Effingham Craft Sale will be open from 9 a.m. to 3 p.m. Shirley Mensch, a well known illustrator and woodcarver, will be featured in the show. Additionally, there will be a varied group of craftspeople whose specialties will give everyone a wide choice when they visit. Stay tuned and watch for post-

ers listing our vendors. Proceeds from the Craft Show will benefit the Restoration of the South Effingham Church. For more information, 539-7178. (Craftspeople are still welcome.)

Effingham Preservation Society on the corner of Route 153 and Town House Road will be open from 9 a.m. to 1 p.m. Come for coffee, muffin or pastry, sit and relax. Check the market table for fresh vegetables and the flea market area for a book or a used and special treasure. Then before you leave, pick out a dessert for supper or place an order for the following Saturday. For more information, call 539-6976.

The evening event is a concert in the Lord’s Hill Meeting House on Route 153 featuring Sam Southworth and His Friends, who will present a arrangement of all kinds of music. He was such a hit last year that he is back by popular demand. The concert will start a 6:30 p.m. All proceeds from this presentation will benefit the Restoration of the Lord’s Hill Meeting House. For more information, call 539-5456.

Plan your day to participate in one or all of these special offerings. Everyone is working hard to make your Fourth of July memory a happy one. For more general information, please call 539-7178.

Art in the Park returns Aug. 10

NORTH CONWAY — The big tents will again be going up in Schouler Park for Art in the Park Aug. 10 from 10 a.m. to 4 p.m.

Many juried artists and fine artisans will be there to meet and show their work to discerning art appreciators.

There will be children’s activities, food, raffles and fun to go along with art and artists.

We would like to extend an invitation to all Valley artists, but very few booth spaces are left. If you hurry and register

including your payment, you may be able to participate in this great annual event.

Please contact the MWVArts office at 367-1046 or go to our Web site at www.mwvarts.org for forms and additional information.

The MWVArts continues to spread art throughout the Valley. You can help yourselves and us on that very important mission.

So join in and be a part of the art that is happening right here.

**SATURDAY
JUNE 15, 2013
10 a.m.**

Attitash

2nd Annual

THAD THORNE 5K Memorial Trail Race

Registration Information

Pre-Registration: \$20 (All Ages): Get a FREE event t-shirt when you register before June 14. Online registration will close at 12 p.m. on Friday, June 14. Or call 374.2615

Day-of Registration: \$25 (All Ages)
Register from 8:30-9 a.m. in The Adventure Center at the Attitash Main Base Area.

Registration includes (1) Lunch Ticket and (1) Single Ride Ticket for the Alpine Slide or Mountain Coaster.
This is a rain or shine event and there will be no refund on entry fee.

Course Information

The course will be mixed trail conditions including dirt, loose gravel and grass on both Attitash and Bear Peak. Course can be seen online at attitash.com.

Fun Run

All are welcome to participate in a free Fun Run. Registration is required and will be open on the day of the event. The Fun Run will begin after the 5k Trail Race.
Note: The Fun Run is a free event. The lunch and Single Ride Ticket costs are additional.

Route 302 • Bartlett, NH • 800.223.SNOW • attitash.com

News/Round-Ups

Author Eric Masterson to host birdwatching program at Tin Mountain

ALBANY — “Birdwatching in New Hampshire,” a new book by Eric A. Masterson, is here. Masterson is pleased to take his birdwatching presentation to Tin Mountain Conservation Center, 1245 Bald Hill Rd. in Albany, on Thursday, June 27 at 7 p.m. to share the beauty of the state’s birds and the fun in bird watching.

Before the presentation, you can join Masterson for a birdwalk on the Tin Mountain Rockwell Sanctuary from 4:30 to 6 p.m. Appealing to both expert and backyard bird-watcher alike, Birdwatching in New Hampshire offers a thorough introduction to the art and practice of birdwatching, including equipment, ethics, migration, conservation, and, most importantly, finding that “good bird.” Learn the latest information about the seasonal status and distribution of birds in New Hampshire.

Eric A. Masterson was vice president of development and nature tours at New Hampshire Audubon. He currently serves on the New Hampshire

Rare Bird Committee, and is a seasonal editor for the quarterly journal New Hampshire Bird Records.

His new book “outlines more than 120 birding sites across the state, from the Connecticut River Valley to Jeffreys Ledge and Cashes Ledge far off the coast. Drawing upon his extensive knowledge of the habits and habitats of New Hampshire birds, the author has divided the state into six regions, each with a rich diversity of birdwatching destinations. The guide also features informative accounts of the more than 300 bird species regularly seen in the Granite State, including their preferred habitats and graphs illustrating when each is most likely to be encountered. In addition, Masterson also provides a useful guide to rare and accidental bird sightings.”

Don and Lillian Stokes, authors of “The Stokes Field Guide to the Birds of North America,” state “Eric Masterson has written an excellent bird-finding guide. It is clearly

written, beautifully illustrated, and nicely designed. Not only does he give clear descriptions of where to find birds in New Hampshire, but he also details when and under what weather conditions they are most likely seen. Up-to-date references to internet sites are also a welcome feature. This guide is a must-have for anybody birding New England.”

“Birdwatching in New Hampshire is a must for every serious birder in New England. Original, well-organized and warmly written, this volume by master birder Eric Masterson will give you all the details you need to catch the most exciting avian spectacles in the granite state, from kettling hawks to puffins on the high seas. It will transform your birding ventures a field.” —Sy Montgomery, author of Birdology.

If you are interested in purchasing an autographed book, White Birch Books of North Conway will be at the program with books in hand.

Tin Mountain Nature Pro-



Andrew Thompson — Courtesy

Join author, bird expert Eric Masterson for a birdwalk on the grounds of the Tin Mountain Nature Learning Center at 4:30 p.m. at the Tin Mountain Rockwell Sanctuary in Albany; and, or for a presentation at 7 p.m. in the Great Room at the Nature Learning Center. For more information, call Tin Mountain at 447-6991.

grams are open to the public and are sponsored in part by L.L. Bean and the Evenor Armington Foundation. A small donation is requested. For more information on Tin Mountain, log onto www.tinmountain.org. Tin Mountain Conservation Center is a 501 (c) 3 non-profit organization with a mission to promote an appreciation of the environment among children,

families, and the community through hands-on programs in the schools, at camps, and in the community; demonstrate responsible stewardship of natural resources through land protection, sustainable forestry, agriculture, and energy.

For more information on Tin Mountain or this program, call 447-6991 or visit www.tinmountain.org.

Freedom rubber duck race is not to be missed

FREEDOM — You won’t want to miss Freedom’s annual Rubber Ducky Day on Saturday, June 29 at 10 a.m. at the bridge on Old Portland Road because it will be better than ever this year.

Tickets for the big race will be available in front of the Post Office the week before the race, and the day of the race. There are a limited number of tickets, so get your tickets early. Contact Susan Marks at marks.susan@gmail.com. This will also be your chance to get this year’s Old Home Week Tshirt designed by well-known artist Ian Marshall.

In addition to the big race which goes off promptly at noon, there will be a breakfast buffet, games and hay rides for the kids, free Historical Society museum tours, and book bargains galore at the Freedom Library.

The Masons will be doing the cooking this year, offering both a spectacular buffet breakfast at the Freedom Lodge, and a delicious lunch menu in the center of Ducky Day festivities. They will start

servicing the “All You Can Eat Buffet Breakfast” from 7 until 9:30 a.m. The recommended donations are \$10 for adults, \$5 for children 6 – 12 years, and children under six years eat for free. Remember the money raised by the Freedom Lodge will go into a charitable fund and distributed back into the community.

The Historical Society will be open to welcome visitors for a very interesting free tour of the Allard House Museum and the Works Barn Museum. Take a step back into the past and marvel at how far we have come.

Take a very short walk from the Historical Society to enjoy the Friends of the Library book sale. This is a great opportunity to get your supply of summer books and support our great library. You can fill a bag with books and you decide how much to leave as a donation to the Friends of the Library. In addition to great book finds, enjoy free popcorn and take a chance on a raffle for a soothing massage by Beth Day.

Center Stage Theater presents “Beauty and the Beast” — A new musical


NORTH CONWAY — Join Mary Bastoni-Rebmann for this two-week workshop that emphasizes the importance of becoming a creative team working together to put together a full length production to be presented on the stage. The dates are set for July 22-Aug. 2, and will be held Monday - Friday from 9 a.m. - 4 p.m.

The program includes daily vocal and dance warm ups, ba-

sic theater skills, improvisation, set building, prop making and staging. This summer workshop is designed for those who love to perform or would like to work behind the scenes in a safe and nurturing environment. Prior workshops of 2013 include “Jack in the Beanstalk” and the “Wizard of Oz.”

Mary has been teaching children musical theater workshops for 18 years, and they have been a popular program,

and fill up quickly. Her background with professional theater and as a voice instructor at University of Southern Maine, group youth classes and privately provide superb training for an aspiring performer. This workshop is open to children between the ages of six and 13. The cost of this camp is \$250. For more information, email Mary@centerstagetheaterme@gmail.com or call 986-2221.



NOW ONLY \$25.00!

Did you know?

Jen’s Friends is currently supporting 65 local cancer patients.

Help your neighbor, your friend, your co-worker...for \$25 purchase a Jen’s Friends Amulet as a symbol of support of the battle against cancer!

Originally designed in 2005 for Steve Eastman and his family to wear as a symbol of hope and unity while Steve fought cancer. The amulets can now be purchased by all and the funds raised go to the benefit of Jen’s Friends Cancer Foundation.

Available at the following local businesses:
Fields of Ambrosia, The Mountain Ear, J Town Deli,
North Country Fair Jewelers, Lone Star Jewelers and Spruce Hurricane
or online at jensfriends.org

5 messages to choose from
Faith,
Hope,
Courage,
Believe
& Strength.

37th Annual Bridgton 4 on the Fourth Road Race

BRIDGTON, Maine — Jerry and Phoebe Levine, the founders of the Bridgton 4 on the 4th Road Race, started running for exercise in 1975 and conducted the first four-mile race in December 1977 from their farmhouse on Chadbourne Road. Twenty-eight runners ran this race

and finished with hot cider in the Levine's kitchen.

By 1982, the race had grown to several hundred runners, and the Levines moved away from Bridgton. Loraine and Jay Spenciner became the Race Directors, and directed the race through 2002 when it was turned over to David

Fadden.

In 2004, the current Race Committee assumed direction of the race. The Race Committee members are all volunteers, as are the approximately 100 other people who make the race possible.

Originally run on Chadbourne and Upper Ridge

Roads, the race was first moved to begin at the Bridgton Highlands Golf Course and end at Highland Lake, but because of increasing numbers and the difficulty of transporting runners to the start line at the golf course, the race course was changed in the 1980s to begin and end in the downtown area and certified by the USATF (USA Track & Field).

From the beginning, proceeds of the race have benefited the Bridgton Public Library. Current 4 on the Fourth Corporation by-laws require 90 percent of the proceeds of the race to go to the Bridgton Public Library, with the remaining 10 percent available to be disbursed either to the Library or to other deserving charitable organizations. Each year since 2007, the race proceeds distributed have exceeded \$20,000.

The race continues to attract a growing and faithful group of runners – now approaching 2000 runners, the course limit – from more than 35 states and numerous foreign countries. In 2001, New England Runner magazine named the race New England's top race. In 2010, the race was inducted into the Maine Running Hall of Fame.

Online registration for the 37th Annual Bridgton 4 on the Fourth Road Race opened at Midnight on Jan. 14. All registrations in 2013 will be online. Visit <http://www.fouronthefourth.com> for full details.

Important note! 154 runners registered on race day in 2012. Because of the additional staffing required for race day registration, the race committee has established a goal to complete all race registration by 11:59 p.m. on Monday, July 1. Registration will close at that time. Reg-

istration after July 1, if available, will cost \$25, and will be limited to available bibs until 2,100 bibs are sold.

If all 2,100 bibs are sold prior to July 2, then there will be no early pick-up registration or Race Day registration. If fewer than 2,100 bibs are sold prior to July 2, then the remaining bibs will be offered for pre-race registration on July 3 during early pick-up of race bibs and t-shirts. The cost of registration on July 3, if any bibs are available, will be \$25.

Reflecting increased costs of conducting the race, to encourage early online registration, and in an effort to complete registration by July 1, the registration fee in 2013 will be \$18 per runner from the opening of registration through May 31. Beginning on June 1, the cost of registration will be \$20 per runner. After July 1, if there are any race bibs unsold, the cost of registration will be \$25 per runner.

Families up to six members may register in one credit card transaction.

Disposable timing chips and start mats will again be provided for the race.

Mat time will be the official time except for the top five male and female finishers, for whom gun time will be the official time.

The Race Committee has capped the number of runners at approximately 2000. We typically have more than 100 no-shows on Race Day, so we will sell 2,100 bibs. Race bibs that have not been picked up by 7:45 a.m. on Race Day will be subject to re-sale.

"Who ya' gonna call? Call your town's Radio Hams!"

Public demo of emergency communications set for June 22-23

ALBANY — Despite the Internet, cell phones, email and modern communications, every year whole regions find themselves in the dark. Most recently, after the Boston Marathon tragic event, cell phone towers in the vicinity were "shut off" and the only communications were by radio. Tornadoes, fires, storms, ice and even the occasional cutting of fiber optic cables leave people without the means to communicate.

In these cases, the one consistent service that has never failed has been Amateur Radio. These radio operators, often called "hams" provide backup communications for everything from the American Red Cross to the Salvation Army, to local CERT, to FEMA and even for the International Space Station. Your Town's "hams" will join with thousands of other Amateur Radio operators showing their emergency capabilities this weekend.

Over the past year, the news has been full of reports of HAM radio operators providing critical communications during unexpected emergencies in towns across America including the California wildfires, winter storms, tornadoes, Boston Marathon,

and other events world-wide. When trouble is brewing, Amateur Radio's people are often the first to provide rescuers with critical information and communications.

On the weekend of June 22-23, the public will have a chance to meet and talk with the White Mountain Amateur Radio Club's ham radio operators and see for themselves what the Amateur Radio Service is about as hams across the USA will be holding public demonstrations of emergency communications abilities.

This annual event, called "Field Day" is the climax of the week long "Amateur Radio Week" sponsored by the ARRL, the national association for Amateur Radio. Using only emergency power supplies, ham operators will construct emergency stations in parks, shopping malls, schools and backyards around the country. Their slogan, "When All Else Fails, Ham Radio Works" is more than just words to the hams as they prove they can send messages in many forms without the use of phone systems, internet or any other infrastructure that can be compromised in a crisis. More than 35,000 amateur radio operators across the country participated in last

year's event.

"The fastest way to turn a crisis into a total disaster is to lose communications," said Allen Pitts of the ARRL. "From the earthquake and tsunami in Japan to tornadoes in Missouri, ham radio provided the most reliable communication networks in the first critical hours of the events. Because ham radios are not dependent on the Internet, cell towers or other infrastructure, they work when nothing else is available. We need nothing between us but air."

In the area immediately surrounding The Tin Mountain Conservation Center, on Bald Hill Road in Albany, the White Mountain Amateur Radio Club will be demonstrating Amateur Radio systems and activities. They invite the public to come and see ham radio's new capabilities and learn how to get their own FCC radio license before the next disaster strikes. Amateur Radio is growing in the US. There are now over 700,000 Amateur Radio licensees in the US, and more than 2.5 million around the world. Through the ARRL's Amateur Radio Emergency Services program, ham volunteers provide both emergency

Folk legend Bill Staines to be featured at Writers' Night

EFFINGHAM — On Thursday evening, June 20 at 7 p.m., the Friends of Effingham Public Library present one of the most beloved songwriters in contemporary folk music.

For the past 45 years, Bill Staines has been the quintessential folk troubadour, singing his songs at the country's top festivals, concerts, clubs and coffeehouses. Playing over 200 dates a year and driving over 65,000 miles annually, his music is a slice of Americana, filled with cowboys,

Yukon adventures, fisherman and everyday working people. He writes lovely, infectious melodies, and his story-filled lyrics recall with compassion and depth the landscapes and characters he's known.

Writers' Night, the third Thursday of the month, is for those who write – music, poetry, prose, fiction, non-fiction – and for those who enjoy listening. Featured writers and musicians will be followed by an open-mic opportunity (limit three minutes). Bring a piece of your own writing or

music to share. Enjoy light refreshments and conversation with other writers, musicians and artists. The Writers' Night is just one of many enriching community events taking place at the Effingham Public Library. For more information, contact: Katie McCarthy, 539-7694, katiemccarthy@roadrunner.com or call the Library 539-1537. Please note, the library is closed during the day on Thursday. Effingham Library is located at 30 Townhouse Rd., Effingham.

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News/Round-Ups

Registration now open for Summer Art Camps at Jackson Art!

JACKSON — Summer Art Camps are starting to fill at Jackson Art Studio and Gallery in Jackson. Jackson Art is offering an array of Summer Art Camps for students from six to 18 years old. All classes are taught by professional artists from Mt Washington Valley who have experience teaching.

The five-day “Art Camp for Kids” is a camp for the kid who loves art and wants to create! Students will work on numerous projects each day and be exposed to a variety of materials and techniques. Projects include mixed media mono prints, outdoor tree paintings, paper maiché creatures, pottery, bottle cap art, wire sculpture, Jackson

Pollock splatter painting, nature drawing, art history and more! Space is limited, and only high quality art materials are used. The camp is taught by owner, Melanie Levitt, who is a graduate of the Rhode Island School of Design. She has taught art through the public school system and privately through her studio for the last fifteen years. She also is a professional painter and print-maker.

Levitt is also teaching a “Teen Open Studio” for ages 13-19 years. In this intensive three-session evening class, students will choose their area of interest from drawing or painting. Each student will work on their own individual project. This class is open to

all levels and abilities and is a great class for teens who want to be creative or work on creating an art portfolio.

A new camp being offered this Summer is “Fashion Camp” for students from nine to 16 years. This is an intensive three-day camp and students will not only draw, but learn how the fashion industry works. Students will work on creating inspiration boards, developing a color palette, sketching fashion designs, creating technical flats, developing a brand/logo, and work on a t-shirt design. This class is taught by Rebecca Klementovich, who has a background in fashion design and attended the Fashion Institute of Technology in New York. She also is a professional painter.

Also being offered this Summer is a “Culinary Camp” for kids ages six to 13 years. This camp is for the student who loves to cook. Kids will work on numerous recipes each day including homemade granola bars, watermelon fruit pops, cheese animal crackers,



Courtesy
Summer Art Camps are starting to fill at Jackson Art Studio and Gallery in Jackson. Jackson Art is offering an array of Summer Art Camps for students from six to 18 years old. All classes are taught by professional artists from Mt Washington Valley who have experience teaching.

carrot cake balls, healthy pop tarts, fresh fruit smoothies, whole wheat hot pockets, & dessert pizza. In the afternoon, students will illustrate a cookbook with all the recipes. Young chefs will get to take home all of their culinary delights, as well as a self-illus-

trated cookbook so they can make all their recipes again at home! This class is taught by Kendra Stanley, a graduate of the highly regarded Balsam's Culinary Apprenticeship Program, an intense three-and-a-half-year 6,000 hour culinary program known for delivering top chefs.

Kendra is also teaching a “Cupcake Creations” class for the young and old! In this workshop the cupcake is a blank canvas. Students will create cupcakes that look like burgers, pinwheels, baseball in a glove, popcorn, ice cream and hearts baked inside. Students will use everything from frosting, fondant, cones, candies, and more and you can take home all your creations. This is a great family activity.

To learn more about our classes this Summer, please visit our website at www.jacksonartnh.com or call Melanie Levitt for more information at 387-3463.

Space is limited, and some scholarships are available for local kids.

Not for Sale Art Walk and concert

FRYEBURG, Maine — This event will take place at the Leura Hill Eastman Performing Arts Center at Fryeburg Academy in Fryeburg, Maine on June 22 at 5 p.m.

From 5 to 6:30 p.m., we will have an Art walk where local businesses will be selling and displaying their products such as local art, jewelry, pottery, clothing and accessories, and woodworking. We also will be having a Barbecue with foods from local businesses and bakeries, followed by a concert at 6:30 p.m. led by local bands and singers. A certain percentage of all money made at this event will go towards Not For Sale.

What's this event all about? What is Not For Sale? What are we are planning this concert for? We are planning this concert for many reasons, but the two biggest are: to support our local community, and to have our local community come together to support a greater cause. What is this greater cause and why did we choose it? This greater cause is the local chapter of Not For Sale for the Mount Washington Valley. Not For

Sale is committed to eradicating modern day slavery in our lifetime. We hope to bring awareness and action for this issue to our area Not For Sale helps support social services to survivors and those at-risk to human trafficking, and evaluate the use of forced labor in mainstream supply chains. Not For Sale empowers marginalized communities to seek their own dignified employment and break the cycle of exploitation. By raising money at this event for Not For Sale, we have the chance to save someone's life, providing freedom for someone who is a victim of human trafficking. Slavery occurs when one person completely controls another person, using violence or the threat of violence to maintain that control, exploits them economically, and they cannot walk away. Not For Sale works to make sure no one is for sale. Please help support our local businesses and Not For Sale by attending this event and learning more about the impact Not For Sale makes every day. Visit <http://www.notforsalecampaign.org/> for more details!

Letters to the Editor

Odyssey of the Mind team had a wonderful experience at Worlds

To the Editor:

We just wanted to send a note to thank you for your very generous donation that made it possible for our Odyssey of the Mind team to travel to our World Finals tournament. It was thrilling to travel to Michigan State University for the competition. For some of us, it was our first time flying! We were one of 827 teams that traveled to Michigan for the competition, and we competed against 54 of those teams. The competition was fierce, but we were proud of our 30th place finish. We were able to watch a team from Singapore who took first place in our division — very impressive. We enjoyed watching many other teams, and have wonderful ideas for things we might try for next year if we are fortunate enough to travel to the World Finals again!

Here is what the team had to say about their experiences:

“Thank you to all the donors for this opportunity to compete and meet people from

other countries. I made some new friends while on this trip, including dancing with people from India. Altogether, it was a great trip!” — Mikayla

“I liked the whole experience. The people I met, the food at the University cafeteria, the entire campus and the opening and closing ceremonies.” — Chris

“What I liked most about Worlds is just the experience of getting to go to Worlds and getting to see other problems. I also liked pin trading, meeting new people, and spontaneous! I loved Worlds!” — Haley

“It was amazing to see how people who were so different from each other could interact while still being themselves.” — Ali

“Everything was amazing. It was a great experience. I really enjoyed it, and want to do it again. The opening ceremony was wonderful. The way ev-

erything was set up was really great.” — Jessica

“Thanks to everyone that helped us get to Worlds. I liked the whole experience. The opening and closing ceremonies were really fun. The people we got to meet, watching other teams competing and getting ideas for next year made it really great!” — Ian

“As their coach, I cannot tell you just how important an experience like this is for our students. They had the chance to meet and interact with students from around the country and the world. They have so many wonderful memories that they will carry with them forever. We again thank you for making this possible.” — Sarah

From the whole team and Molly Ockett Middle School, thank you!

Terri Shaw, Odyssey of the Mind Coordinator

Sarah MacGillivray, Odyssey of the Mind coach

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Baby Grand Piano donated to Kennett High School Music



KHS music students are excited about the Kohler and Campbell SKG600 baby grand piano recently donated to KHS

REDSTONE — Plato said, “Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything.”

The Kennett High School Music Department now has another highly prized tool to follow the teaching of Plato: a Kohler and Campbell SKG600 baby grand piano.

“We received a call from William and Kathy Walsh of Rehoboth, Mass. over April vacation asking us if we would be interested in the donation of a baby grand piano. I had no idea at the time of the phone call that she was talking about such an exceptional instrument,” said KHS music director, Dr. Therese Davison.

Davison inspected the piano

at its Conway location and researched it with Bill Boulton of Boulton Piano Services out of Moultonborough.

“We’ve done business with Bill for over 20 years, so I knew he would be a reliable source,” Davison continued.

Boulton Piano Services was not only familiar with the make and model of the piano, but had actually worked on the instrument itself.

“The Conway School District would have to expend at least \$10,000 to acquire an instrument of this quality. I am humbled by our good fortune,” said Davison.

Local moving company, The Country Picker, gave a discounted rate to get the instrument to the high school.

“We used fundraised money to bring the instrument to

its new home. I really wanted it moved professionally to insure that the instrument was properly disassembled, secured, and reassembled,” Davison continued. “I want to thank the Country Picker for keeping the cost affordable.”

The students are excited about the availability of the instrument and are thankful. There has been an immediate increase in the amount of piano practicing heard in the music room. Although the school owns several decent pianos, only two are of this quality. Davison explained the history.

“Back in the 1980’s, Jean Fickett and Mike Hathaway found a Steinway baby grand piano in need of restoration. I’m not sure how it was funded at the time, but the total project cost about \$5,000. If you



The Country Picker delivers the Kohler and Campbell SKG600 baby grand piano to the Kennett High School Music Room.



The Kohler and Campbell SKG600 baby grand piano in its new home in the Kennett High School music room.

know about pianos, you know that Steinways are the best. That’s the piano we’ve been using with our ensembles ever since, and we try to use it as little as possible to help insure its preservation. It’s nice to have a second, quality instrument to meet student needs,”

Davison explained.

If community members have musical instruments in good condition lying around that aren’t being played and would like to donate them, please contact Therese Davison at Kennett High School, 356-4343, ext. 2121.

Locals named to LRCC President’s List

LACONIA — Lakes Region Community College in Laconia announces the President’s and Vice President’s lists for the Spring Session ending in May 2013.

The President’s List, designating a 3.75 grade point average (GPA) or above, is the

highest honor a student can achieve. The Vice President’s list denotes an earned GPA of 3.30 to 3.75.

President’s List

Bartlett: Casey Smith

Tamworth: Deborah Bergman

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Proceeds Benefit Mount Washington Valley Habitat for Humanity

Valley Education

Chemistry in the White Mountain Waldorf School Middle School

ALBANY — With our first introduction to chemistry well underway, seventh and eighth grade students from the White Mountain Waldorf School embarked on the construction of a lime kiln as an introduction to an industrial process once found in many a country village with ready supplies of limestone. Our aim was to create enough heat — upwards of 1,800 degrees Fahrenheit — to chemically change limestone into quicklime or burned lime.

Thanks to Thomas Henriksen of Ceramco, we were able to procure firebricks for our kiln, and those, combined with bags of charcoal and slabs of limestone and marble, were all we needed to begin.

Digging into a sandy hillside, we leveled out an area large enough for our stack. This was built of the firebricks and included an air tunnel at the bottom for adequate oxygen intake. The entire kiln was then backfilled with soil to retain as much heat as possible

and reduce air leakage. Once completed, we embedded our limestone pieces among 80+ lbs of charcoal briquettes and fired it up. A small fan blowing into the air tunnel, gave sufficient controlled air to bring the kiln up to temperature and keep it there for the obligatory six-plus hours. Now there was nothing to do but watch and hope for success!

The next morning found the kiln too hot to dismantle, but when at last we could do so, we found among the ashes, our limestone, still retaining its original shape. However, when we picked it up, it crumbled in our hands — a very obvious chemical change had occurred.

We returned to the classroom with our newly formed quicklime and slaked it (added water). How thirsty it was! The first drops were absorbed instantaneously, and when we at last covered it with water, it began to hiss, swell, and crack, generating so much heat that

steam rose up in clouds and the glass beaker became almost too hot to touch! Clearly all the heat that it had absorbed in the kiln was released when combined with water. Now we found ourselves with lime in a new form — calcium hydroxide. We decanted off clear limewater to test for pH and, using the carbon dioxide in our breath, were able to precipitate limestone (calcium carbonate) once again out of the solution. The remainder of the slaked lime was mixed with sand to create mortar for a stonewall construction.

Thus, we came full circle — from calcium carbonate (the limestone) to calcium oxide (burned or quick lime) to calcium hydroxide (slaked lime) and back to calcium carbonate (mortar). For the middle school student to experience first-hand this modern industrial process, which has a history older than that of the smelting of metal, is to take a first solid step into the exciting world of chemistry.



Courtesy

With our first introduction to chemistry well underway, seventh and eighth grade students from the White Mountain Waldorf School embarked on the construction of a lime kiln as an introduction to an industrial process once found in many a country village with ready supplies of limestone. Our aim was to create enough heat — upwards of 1,800 degrees Fahrenheit — to chemically change limestone into quicklime or burned lime.

KHS Key Club announces Members of the Month for April and May

REDSTONE — Seven active members of the Kennett High School Key Club were recently selected as Members of the Month for April and May. They were selected competitively from over 90 members of the KHS Key Club.

Junior class member Ian Harmon, along with Sophomores Cameron Kennedy, Chantal Orfant, Sarah Smith, and Kacie Stewart, plus Freshmen Isabella Branham and Tyler Stewart were honored with their Member of the Month Certificates at a recent Key Club meeting. These seven KHS students have been extremely supportive of Key Club's charitable and community service activities. In particular, during the months of April and May, they supported activities such as the Camp Sunshine Spring Cleanup, Valley Pride Day, and Key Club's fundraising car wash,



Courtesy

Kennett High School Key Club members of the Month for April and May are, front row, left to right, Tyler Stewart, Sarah Smith, and Kacie Stewart. Back row, left to right, are Cameron Kennedy, Ian Harmon, Chantal Orfant, and Isabella Branham.

along with other Key Club activities.

Key Club primarily supports three children's charities through its fundraising projects: Camp Sunshine in Maine, the Kiwanis Pediatric Trauma Institute at Tufts New

England Medical Center in Boston, and Children of Peace International. The Kiwanis Club of Mount Washington Valley proudly sponsors the KHS Key Club.

Key Club is an international student-led organization which provides its members with opportunities to provide service, build character, and develop leadership. The Kennett High School Key Club meets in the KHS library at 5 p.m. on Mondays. All KHS students who love to participate in community service and develop their leadership skills are welcome to join at any time.

Local students awarded degrees at St. Lawrence University's Commencement Ceremony

CANTON, N.Y. — The following local students were among the 548 students awarded a degree at St. Lawrence University's Commencement ceremony, held May 19 on campus in Canton, N.Y.

Alexander H. Leich, of North Conway, graduated magna cum laude and was awarded a degree in geology. Leich graduated from Kennett High School.

St. Lawrence's Commencement speakers were recipients John J. O'Shea, Class of 1974, an immunologist at the National Institutes of Health (NIH); Roger W. Ferguson Jr., president and chief executive officer of TIAA-CREF; and retired SUNY Canton President Joseph L. Kennedy. All three received honorary

degrees at the ceremony. The University's North Country Citation was awarded to the Hospice and Palliative Care of St. Lawrence County.

St. Lawrence University is a private, independent liberal arts institution of about 2,400 students. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global.

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Rep. Karen Umberger to speak at local D.A.R.E. graduation

CONWAY — Conway Police Department's newest D.A.R.E. officer, Patrolman Richard Theberge, announces that the 2013 D.A.R.E. graduation ceremony will be held at the Loynd Auditorium at Kennett High School on June 17 from noon to 1:30 p.m.

In attendance will be a mix of more than 100 sixth grade students from Pine Tree School, Conway Elementary and John Fuller School, as

well as their family members and friends.

The D.A.R.E. program is a 10 week program aimed at giving students the skills necessary to make safe and responsible decisions in their lives. The program's success is marked by a cooperative effort between the school, the parents and the police.

Also in attendance at this year's ceremony will be a special guest speaker, Rep. Karen Umberger. Umberger is a

resident in the Conway area, and will be speaking to the students about their success in the D.A.R.E. program.

This year, there will be three D.A.R.E. Report winners. The D.A.R.E. Report is completed by the students, and describes their experience in D.A.R.E. and why they want to make good decisions in life. One student from each school will be chosen to read their D.A.R.E. Report for the graduation ceremony.



Courtesy

Pequawket Foundation donates toward Bartlett Community Preschool playground improvements

The Bartlett Community Preschool is grateful to The Pequawket Foundation for the award of \$798 to go toward the purchase of a new garden shed for our playground/garden area. We are updating and renovating some playground equipment and the play area. The shed will safely house both our toys and garden tools. The goals of the Pequawket Foundation are two-fold: First, to preserve the beauty of The Valley, and second, to assist organizations which strive to enhance the lives of valley residents. Each year, they award grant money to Valley non profits to help fund events and activities that are beyond a non profit's operating budget. The Bartlett Community Preschool is a private nonprofit community based preschool that has been serving the children and families of the Mount Washington Valley since 1992. Thank you, Pequawket Foundation, for choosing us as a grant recipient this year.

Summer Sunday School at First Christian Church of Freedom

FREEDOM — The Christian Education Team is looking forward to offering Summer Sunday School this year.

We've purchased new materials entitled "Heartshaper," a curriculum that introduces kids to God, His Son, His Word, and His church. So, if you have friends and relatives visiting, please feel free to bring them on Sundays. Materials are appropriate for ages three to nine. Children

who are 10-12 are welcome to help the teacher. As always, children leave for Sunday School, during the hymn preceding the sermon. If you have questions or wish more information, contact Nancy-Wogman@aol.com.

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Courtesy

Fryeburg Academy grad completes basic training

Air Force Airman Destiny A. Thomson graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. Thomson is the daughter of Patricia Pittman of Park Street, West Paris. She is a 2012 graduate of Fryeburg Academy.

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Valley Education



Courtesy

Fryeburg Area Rotary “Rising Stars” for May and June

The Fryeburg Area Rotary Club recently hosted two young men with their families to award them with Fryeburg Area Rotary’s “Rising Star” award. Each month, the teachers at Fryeburg Academy nominate a young person who has worked hard, showed promise and reflect the values of the Academy. For May and June, the two young men are, respectively, Reed Wales (shown on the right with his mother, father, and Rotarian Past President Sarah MacGillivray) and Joey DeRemer (pictured on the left with his mother and MacGillivray). The recipients of the award receive an award and a gift certificate to the Bridgton Books. Fryeburg Area Rotary meets at St. Elizabeth Ann Seton Church, at 7:30 a.m. on Tuesday mornings. Please join us.



4-H Teen Club goes geocaching

Courtesy

Checking out the cache

The Carroll County 4-H Teen Club checks out the cache they found at the top of Black Cap Mountain. The group learned how to use GPS units to go on a high tech treasure hunt. They successfully navigated their way up Black Cap Mountain and found the cache in no time at all. Club members pictured above, from left are: Mark Kelsey of Tamworth, Sarah Purnell & Alex Dembinski of North Conway and on the right PJ Kelsey of Tamworth. The club is welcoming additional teens ages 13 and up who are interested in service work, leadership development and having fun. For more information about the club or to join, contact UNH Amanda Royce at 447-3834 or email Amanda.Royce@unh.edu.

Valley Business

Chingas joins HEB Engineers

NORTH CONWAY — HEB Engineers is pleased to welcome Thomas Chingas, EIT to the firm’s Civil/Survey Group.

Mr. Chingas is a recent graduate of the University of New Hampshire with a Bachelor of Science degree in Civil Engineering. He will be working as Junior Civil Engineer on a variety of projects at the North Conway firm. A native of Northwood, Mr. Chingas is an avid outdoors-man and grew up visiting the Mount Washington Valley frequently.

“We are extremely pleased to have Tom join the HEB team. He’s a great fit with our firm and we look forward to seeing him grow here,” said Jay Poulin, HEB’s lead civil engineer.

Founded in 1974, HEB Engineers works with public and private clients throughout New England. The employee-owned firm provides civil and structural engineering, and land surveying services. For more information about HEB Engineers, visit www.hebengineers.com.



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Dr. Mullins, his wife Amy and their children Annabelle, Coen and Ivanna have moved to northern New Hampshire from Vermont. They enjoy the northern mountains and outdoor activities. They look forward to being active members of the communities served by Littleton Regional Healthcare.

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Charity Chatter

By Lisa DuFault

With their big fundraiser right around the corner, I thought it would be a good time to write about Starting Point. Starting Point: Services for Victims of Domestic & Sexual Violence is a private non-profit organization that

has provided services to victims of domestic violence in Carroll County since 1981. The Board of Directors, staff and volunteers are committed to a community where domestic violence, sexual violence and stalking are not accepted. Starting Point began as a grassroots program to address

a community need. Originally known as Carroll County Task Force on Domestic Violence, and later as Carroll County Against Domestic Violence & Rape, it began with a part time crisis line in the bedroom of a former domestic violence victim. The agency has slowly grown into a county-wide



Lisa DuFault

A great event to call attention to Domestic Abuse was the Valentine's Day 1 Billion Rising Zumba gathering at North Conway Community Center. Local women joined women in 182 countries for a flash mob production.

organization with four full time staff members, two part time staff members and over 30 volunteers. They operate a 10 bed emergency shelter and a drop-in office and they provide resources to victims of domestic violence, sexual violence, and stalking county-wide. Much of the work is done by trained volunteers who provide the agency with over 15,000 hours of service every year.

In addition to Direct Service programs, Starting Point is committed to raising awareness and education. Training programs have been taught through local schools, church and community centers, law enforcement, medical and dental facilities and residential camps.

For someone who has been abused, it can be difficult to know how to take the first steps in getting help. Starting Point is not here to judge or make decisions. They want to provide the information necessary to make the best decision for all involved. Those in crisis can meet with an advocate to discuss options, get questions answered, or have a safe environment to share

experiences. Support services may be accessed through a 24 hours support line at 1-800-336-3795. The support line is answered by an answering service who will connect the victim with an advocate within 10 minutes. An advocate is also available to meet in person at one of Starting Point's two offices Monday through Friday from 9 a.m. to 3:30 p.m. The offices can be phoned for directions; in Conway, 447-2494 and Wolfeboro, 452-8014. No appointment is required. All services are free and confidential.

Starting Point provides services to victims and survivors of sexual violence, domestic violence and stalking regardless of gender, age, health status, physical, mental or emotional ability, sexual orientation, gender identity/expression, socio-economic status, race, national origin, immigration status, religious or political affiliations. They are funded through a variety of state and federal grants and local fund-raising efforts.

There are a number of ways that the public can help: Educate yourself, speak out, volunteer or make a donation. Starting Point couldn't do all it does without its volunteers! It may be answering the support line, providing accompaniment to court, police department, the children's advocacy center or at the emergency shelter... If Direct service is not for you, join Starting Point's board of directors, assist with fundraising or keep community organizations stocked with Starting Point's information. Like many non-profits, Starting Point relies on the generosity of the community members to help sustain programs. There are a number of annual events to support the efforts of Starting Point, including the June 14 Boots N Bling event.

Executive Chef Michael Evans of Attitash Grand Summit Hotel and Resort is the culinary master of this third annual event. Attitash Grand Summit Hotel has graciously donated a room for the auctioneer and has made unique accommodations for the ease

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Charity Chatter



Lisa DuFault

Laura Laszewski was one of the models for Style Night, a kick off for the June 14 Boots 'n Bling Fund-Raiser. Style Night was hosted by Margarita Grille and featured fashions from Assets Jeans Company and Spruce Hurricane.

and flow of Starting Points largest fund-raiser of the year. Boots N Bling Charity Auction and Dinner encourages cowboy and cowgirl attire. Dust off your boots, grab your best pair of jeans and hat and get ready for some fun. The event features an extensive silent auction, cocktail hour and appetizers, red carpet receptio, an exciting live auction and dancing.

To reserve tickets to Boots N Bling, or to learn more about the different ways you can help, visit: www.starting-pointnh.org.

Mount Washington Valley Promotions is a non-profit organization whose purpose

is to assist other non-profits in promoting their events and fund-raising activities. This is accomplished via an online calendar of events, a printed newsletter, a twice-monthly newspaper column in the Mountain Ear, a weekly television program, a Facebook page, email distribution and a Web site (www.valleypromotions.net). All Mount Washington Valley (& vicinity) non-profit groups are invited to join and submit their information to share. The calendar is updated constantly with incoming information. To learn more, contact Lisa DuFault at 374-6241, or email valleypromotions@gmail.com.

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Folks & Focus



Jill Priester brought a book to read during her Double Red Cell blood donation. American Red Cross personnel Lisa Raynes (left) and Susan Davies (right) check her progress.



Bob Carper, of Glen, settles in to donate blood at the June 6 drive at the North Conway Fire Station.

Lisa DuFault

ARC Blood Drive

The North Conway Fire Station was the sight for the June 6 American Red Cross Blood Drive.



Clifford, the Big Red Dog and Mad Scientist Melissa Laplante are joined by friends (l-r): Daniel and Cameron at the Bartlett Public Library.

Lisa DuFault

Bartlett Library Family Night

In conjunction with their Spring Book Fair, the Bartlett Public Library hosted a Family Fun Night on June 4. Clifford, the Big Red Dog, joined the Mad Lab Assistants to bring stories to life.



Mad Lab Assistant Katie Sullivan creates slime at the Bartlett Public Library's Family Fun Night.



"The Real Louis" Producer/Director Keith Force reviews the script with Megan Croce for 48 Hour Film Project.

Lisa DuFault

48 Hour Film Project



Megan Croce, Paul Allen, and Bibbs Dutton in the gossip scene during the filming of a 4x4 Studios' Production, "The Real Louis."

Folks & Focus



OLLI members (l-r) Linda Olchat, Jacci Gilmore and Marcia Burchstead enjoy Flatbread pizza at the June 6th Volunteer Appreciation Luncheon.

Lisa DuFault

OLLI Luncheon

Osher Lifelong Learning Institute (OLLI) hosted a Volunteer Appreciation Luncheon at Flatbread Company in North Conway on June 6. Members of the Seacoast Repertory Theatre's Senior Moments program performed several skits following the meal.



Diana McLellan serves up salad at the June 6th OLLI Luncheon at Flatbread Company.



Local OLLI members enjoyed skits performed by Seacoast Repertory Theatre's Senior Moments program.



Guests at the Jackson Women's Sewing Club's June Luncheon enjoyed the afternoon event. (l-r): Carol Saunders, Pat Libby, Jill Priestler, Bobbi Meserve, Greta Paulhus.

Lisa DuFault

Sewing Club luncheon

The Jackson Women's Sewing Club held their annual June Luncheon at the Wentworth Inn on June 5. Carrie Scribner, of Dutch Bloemen Winkel, offered a flower arranging demonstration following the meal.



Carrie Scribner, of Dutch Bloemen Winkel, displays the finished bouquet that she hand tied for a lucky raffle winner at the Jackson Women's Sewing Club Luncheon on June 5.

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Valley Business

Gary & Sandra Plourde Complete Acquisition of Christmas Farm Inn & Spa in Jackson

JACKSON — CenterPoint Business Advisors, Inc. is pleased to announce that Sandra & Gary Plourde have completed their acquisition of The Christmas Farm Inn & Spa in Jackson.

The Christmas Farm Inn & Spa is an icon in the hospitality business in Jackson. Some of the buildings date back to 1778, and have served as part jail, part church, and part farm. In the late 1880's, the farm began taking in visitors to supplement their farm income, and became specialized in lodging by the mid 1940's. The inn has been operated and improved by a succession of committed owners, including Congressman Bill

Zeliff and his wife Synda for 24 years. Most recently, the inn was owned by the Tolley family, who own other successful hospitality businesses in New England. Under their ownership, they commissioned the construction of The Carriage House & Spa, with indoor pool & fitness center. This investment elevated the inn to new heights within the hospitality market. The Plourdes have operated the inn since 2010 under a Joint Venture Agreement with the Tolleys.

Gary & Sandra Plourde are seasoned hotel and tourism professionals having worked globally for major hotel chains such as Forte, LeMeridien, Marriott & Starwood ho-

tels. These experiences included hotels in Europe and South Africa. Gary, a native of Maine, returned to the US with Sandra and their two children, Sofia & Quintin, to apply their experience toward a family owned and operated resort property. Broker Earle Wason, from Wason Associates, introduced them to the Christmas Farm Inn and under his representation of the Tolley's secured a Joint Venture Agreement in 2010 for the Plourdes to operate the inn. The Plourdes applied their combined expertise into launching an impressive business and service improvement process at the inn to reach new heights of hospitality and

business performance.

The Plourdes took over as full owners in late May and are continuing their "march to service excellence" at the Christmas Farm Inn & Spa. The inn offers 41 varied rooms & suites, indoor & outdoor pools, full service spa, and full service dining. The inn can be viewed at www.christmasfarminn.com (800-443-5837).

This acquisition was financed by Northway Bank in New Hampshire.

Michael F. Coyle, Principal of CenterPoint Business Advisors, Inc. in Franconia, provided transaction advisory services to the Plourdes. This included deal structure and negotiation, assembling a professional transaction team, assistance in securing financing, and support in transitional ser-

vices. These services are part of CenterPoints' Strategic Acquisition Services focused on assisting executive-level buyers and companies acquire businesses.

Coyle has been designated a Certified Business Intermediary (CBI) by the International Business Brokers Association (IBBA) and is named as an "Industry Expert" in the hospitality industry by Business Brokerage Press. He has transferred the ownership of more than 30 privately-branded hospitality businesses throughout New England. CenterPoint specializes in exit planning, valuation & brokerage throughout New Hampshire, Massachusetts and Vermont. For more information, contact Michael F. Coyle at 823-5999, www.cpointadvisors.com.

Cranmore announces Locals Day

Local residents can play for a discounted rate on June 26

NORTH CONWAY — With proof of local residency, residents of all ages from Carroll, Coos and Oxford Counties will be able to take advantage of discounted Mountain Adventure Park, Aerial Adventure Park, and Segway Tours tickets on Wednesday, June 26.

The Mountain Adventure Park is entering its third year of summer operations and houses attractions for all ages, including the Mountain Coaster, Giant Swing, Soaring Eagle Zipline, Summer Tubing, Spider Mountain Climb, Scenic Chairlift rides, Bungy Trampoline and Bouncy Houses.

Cranmore's Aerial Adventure Park is an aerial forest ropes course, including nine individual, elevated courses base on a variety of ability levels and consists of dozens of elements that will challenge participants to new

heights. All courses are self guided and each person is snapped into a guideline. Each two hour adventure includes a half hour ground school session, where participants will learn course safety and the basics of equipment use.

Introduced at Cranmore in the Summer of 2013, and founded in the state of New Hampshire, each 60 minute Segway Tour for ages 14 and up, includes training and a tour including on-road and off-road routes. The tour guide will provide interesting in signs along the route for a fun and informative ride around the mountain and neighborhood. Cranmore's Segway Tours features the x2 model, tuned for cross-terrain.

Tickets for local's day can be purchased online in advance through Cranmore's online store at www.cranmore.com

using coupon code, LOCAL, by calling 1-800-SUN-N-SKI or by visiting the ticket office. Reservations for the Aerial Adventure Park and Segway Tours are highly recommended.

Cranmore Mountain and Aerial Adventure Parks are open weekends only May 25 to June 16 from 10 a.m.-5 p.m. and being daily operations June 22 to Sept. 2, 10 a.m.-6 p.m.

Cranmore Mountain, located in the heart of North Conway Village in the White Mountains of New Hampshire, is only two and a half hours from the Boston area, and has been entertaining families with fun and festive activities for more than 75 years. For more information on Cranmore Mountain and the latest news of special events, visit www.cranmore.com or call 1-800-SUN-N-SKI.



Rest & Relaxation Yoga Retreat offers affordable, rejuvenating summer vacation opportunity

STOCKBRIDGE, Mass. — This summer, Mount Washington Valley residents have the chance to immerse themselves in a weekend of yoga, rest and relaxation with an affordable yoga excursion coordinated by local yoga teacher Tara Schroeder at the world-renowned Kripalu Center in Stockbridge, Mass.

Located in the beautiful Berkshire Mountains on a lake, Kripalu is the largest retreat center for yoga and holistic living in the U.S. Retreat participants can choose from a variety of yoga classes, take part in experiential workshops, unwind in the whirlpool and explore the Berkshire Mountains with Kripalu's affordable group discount pricing. Interested individuals can register as a member of "Tara Schroeder's Group" from July 19-21, and receive 20 percent off room and board (dormitory or shared housing). Participants design their own stay, spending as much or as little time with the group as they would like. Participants can also choose from a vast selection of

inspirational workshops, like Stand Up Paddleboard (SUP) Yoga and Yoga for Emotional Balance: Healing Anxiety and Depression (for a full list of workshops, visit: <http://kripalu.org/program/date/2013-7-19>) or simply R&R (optional daily yoga classes, hot tub, spa, three amazing and healthy meals a day, outdoor excursions, dance, and much more - <http://kripalu.org/article/118>).

"There's still space on the trip this year, and I hope to make this an annual retreat for people in our area to become inspired, rejuvenated and re-energized as I was when I first visited Kripalu in 2011. It is a wonderful place with amazing instructors, delicious food, and the perfect place to clear your head, take a new direction in life, or just relax with friends or family," says Schroeder.

Visit www.greenturtleযোগan.com for directions on how to sign up or contact greenturtleযোগan@gmail.com or 986-0085 for more information.

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How to get the most from Social Security

By Deni DuFault,
CLU, ChFC

This is part three of a three part series on "How to get the most from Social Security." In the first two parts we went over the basics and some claiming strategies for married, divorced and widowed retirees. In part three we will look at how earnings, 401k/IRA distributions and taxes will affect your Social Security income.

Earnings Cap: A popular question involves the earnings cap. That's the rule that restricts how much an individual can earn from a job while collecting Social Security benefits before full retirement age. For 2013, individuals lose \$1 in benefits from every \$2 they earn over \$15,120.

Essentially that means if you earn \$45,360 or more this year while collecting Social Security benefits before your full

retirement, all of your benefits will be withheld. Once you reach your full retirement age, you can collect benefits while still working without any reduction.

The earnings cap "claw back" is a deferral rather than a permanent penalty. Once you reach full retirement age, the Social Security Administration will recalculate your benefits to take into account any amount you forfeited to the earnings cap.

Typically, "After you turn 66, you can earn as much money as you like without penalty."

Taxes:

People often confuse the earnings cap penalty, which disappears at full retirement age, with taxes on Social Security benefits, which applies regardless of age if provisional income tops \$25,000 for indi-

viduals or \$32,000 for married couples. Provisional income includes one half of Social Security benefits plus all other income, including tax-exempt income like income from IRAs and pension plans.

Many people become confused because they think that they are being penalized by having to pay taxes on some of their Social Security benefits even though they are 66 or older.

Once you reach your full retirement age — currently 66 for those born from 1943 through 1954 — you can continue to work while collecting Social Security with no reduction in benefits due to the earnings. But, depending on your income, you may have to pay taxes on those benefits for the rest of your life. As tax laws stand right now, depending on your income, your Social Security benefit may not be taxable at all, or you may have to pay tax on either 50% or 85% of your benefits.

Things to remember:

Prior to your full retirement age, you are deemed to be filing for all available benefits. You cannot choose one type of benefit (e.g., worker benefit) over the other (e.g., spousal benefit).

If you receive your worker benefit early, they won't increase later. You may qualify for a spousal benefit later, but

the total benefit will always be lower.

No matter which spouse dies first, the smaller benefit is eliminated and the larger benefit will continue.

Withdrawals for Traditional IRAs and 401k's will not only be subject to taxes, but they may generate higher incomes and therefore trigger higher taxation of Social Security benefits.

Social Security income may be received tax free. However, once certain income thresholds are met, \$25,000 for singles and \$32,000 for married couples, up to 85 cents of every Social Security dollar could be subject to tax.

Roth IRAs are IRAs which only allow after tax contributions. These contribution amounts also grow income tax deferred inside of the account. However, the withdrawals from Roth IRAs are income tax-free. These tax free withdrawals are not included in the calculation to determine how much of your social security income is taxable.

Remember that you control how and when to take your IRA and/or 401k withdrawals as well as your Social Security income. Know what those options are and how they will affect your income as well as

that of a surviving spouse.

There are numerous Social Security calculators available for you to use so you can run different scenarios to find the option that will work out best for you. The Social Security Administration is just one that is available. Check it out at SSA.GOV. Just click on "Retirement Estimator Calculator."

Finally, be sure to do your homework. There are numerous books available as well as many websites offering free information on the subject. Knowing what all your options are before applying for Social Security benefits could make a big difference in just how much income you will have during retirement.

Deni DuFault, CLU, ChFC can be reached in Glen NH at 603 383-9400. He is a Financial Consultant/Branch Manager with Investors Capital Corporation. Tax information contained herein is general in nature and for informational purposes only. It should not be relied upon for advice. Consult your tax professional or attorney regarding your unique situation. Securities offered through Investors Capital Corporation, Member FINRA/SIPC. Advisory services offered through Investors Capital Advisory. 6 Kimball Lane, Lynnfield, MA 01940. Phone 781-593-8565.

Trivia Night at the Stonehurst Manor

NORTH CONWAY — The Stonehurst Manor will host "Trivia Night At The Manor" on Wednesday, June 26 from 6:30 – 9 p.m. (later if needed) in the Library Lounge.

Come settle into one of the comfy wing-backed chairs in our Library Lounge for a chance to go home with some give-a-ways, a prize, or maybe even the Grand Prize. This is sure to be another fun Manor event.

The game will consist of four categories of questions. Two are sure to be Sports & Leisure and Music. The other two random categories have not yet been decided. They may be books, movies, famous people, or even something else. You'll have to come to find out and be ready for anything.

Of course, the bar will be open. This is a great time to try some of the new drinks Michael has created for the summer. All refreshing and very tasty. Complimentary hors d'oeuvres will be served throughout the evening.

"This is the first of many events to come. After the success of our last event, March Martini Madness, we are excited to hold Trivia Night At The Manor so the local community and visitors can come together in a lively evening

of cocktails, community, and connecting all those mental dots!" Says Heidi Shellmer, General Manager of the Stonehurst Manor

Join us.

Your table is waiting.

Event information

When: Wednesday,
June 26, from 6 – 9:30 p.m.
Where: Stonehurst Manor, 3351
White Mountain Highway,
North Conway, NH 03860

Cost: Free

For more information on Stonehurst Manor, visit www.stonehurstmanor.com.

RSVP for the event on our Facebook Page: www.facebook.com/stonehurstmanor

About Stonehurst Manor

Stonehurst Manor is New England's premier, private mansion boutique hotel experience. Set on 33 private acres, our elegant, European-style inn combines the friendliness of a bed and breakfast with big-hotel amenities like wireless Internet access and an award-winning restaurant. Choose from well-appointed guest rooms or spacious condos. Our early 20th Century decor and gracious service will make you think you're staying in a luxury alpine retreat.



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Freedom Column

By Lisa Wheeler

There will be a health and wellness seminar with guest speaker Kathy Johnson at the Town Hall on Tuesday, June 11 at 6:30 p.m. There will be light refreshments, free blood pressure checks, free nitric oxide testing, a raffle and lots of new information.

The annual Freedom Water Precinct meeting is Wednesday, June 12 at 7 p.m. at the Town Hall. All members are encouraged to attend.

Have chairs that the seats need to be re-canned or re-woven? This Friday, June 14, Vicki Thelemarck will be at the Freedom Village Store to show samples of her work. She will also give you a quote on your chair. If you cannot bring the item with you, a picture will get you a guess-estimate. The Artisan's Night starts at 6 p.m. with free refreshments courtesy of Mary Ann Hogan. Ice cream in all different flavors and shapes, fruit pies from raspberry to blueberry are all in the freezer at the FVS. The pies, made

locally in Hebron, Maine, are all ready to pop into the oven with directions on the inside of the cover. If you want a special flavor and the store does not have it, an order can be placed with Miranda. The black flies are gone, the umbrellas are out and open on the back deck; great weather to sit out there and enjoy life over a cup of coffee with friends.

The Freedom Historical Society is pleased to host author and storyteller Jo Radner who will present a program called "Wit and Wisdom: Humor in 19th Century New England." We will look at the way in which our ancestors found amusement before the days of cable, satellite and internet. This program will be held on Wednesday, June 19 at 7 p.m. at the Town Hall. Refreshments will be served. For more information, call 539-5449.

A testimonial is being planned for Emery and Ellie Stokes on June 22 from 1:30-3:30 p.m. at the Town Hall, to thank them for their years of service to the town

of Freedom. This special occasion is being sponsored by the Freedom Community Club, the First Christian Church of Freedom and the Old Home Week Committee. Please come by to show your appreciation for the many activities they initiated and that we continue to enjoy to this day. Light refreshments will be served.

Mark your calendars: Saturday, June 29 is Rubber Ducky Day! The festivities begin with the Masons, not to be missed, all you can eat, breakfast at 7:30 a.m. at the Masonic Lodge. Rubber Ducky Day officially kicks off at 10 a.m. with games, wagon rides, and an appearance from Mr. Duck. Grill food will also be offered by the Masons during the 10 a.m.-noon period. This is your first chance to buy this year's Old Home Week t-shirt, designed by Ian Marshall, and the first availability of the colorful 2014 Historical Society Calendar. Take a short walk down the street and enjoy a free tour of our wonderful Historical Society Museum. Ducky Race

tickets sold out early last year so buy your tickets in advance. They are being sold in front of the post office every Wednesday through Saturday from 10 a.m.-noon, and are also available at the Transfer Station. Remember the Rubber Ducky Day race, and t-shirt sales are the major source of funding for Old Home Week parade and events. For more information, call Howard Bouve at 539-6311.

The Friends of the Library are planning a special book sale during Rubber Ducky Day. We welcome you to fill a bag with great reading material and leave a donation. In addition to great books, there will be free popcorn and a raffle for a massage by Beth Day. Your donation will be used by the Friends of the Library to support special programs, museum passes, the latest books and more. Why not clean out your book shelves and bring your clean, slightly used books to the library now?

The Friends are offering several fabulous passes to various museums this summer.

Free passes to Squam Lake Science Center and Castle in the Clouds are just two examples of the offerings. Be sure to stop in at the Library and learn more about the choices.

A part time employment opportunity exists for two Lake Host salaried attendants. The individuals will conduct boat inspections for aquatic invasive species at the Ossipee Lake Marina. The requirements for employment are: minimum age 18 (exceptional 16 & 17 year olds also considered), communication skills, be able to work weekend hours from 10 a.m.-3 p.m. The program is scheduled for June 15-Aug. 31. Insurance coverage is provided by the New Hampshire Lakes Association. Selected applicants will be required to attend a two-hour training course at NH Department of Environmental Services located in Concord, NH. Applicants will be reimbursed for all expenses. Interested candidates should contact Jim McElroy at 539-5492 or jmcclroy@inemi.org or RA Oram at 539-4311.

On the Rock Pile

By Rebecca Scholand
Weather Observer/
Education Specialist

This past week on the summit saw varying conditions, starting with the passage of a cold front Sunday evening into Monday. This passage would hold enough moisture to keep the summits in the fog with light rain showers and drizzle throughout the morning. As cold air settled in over the region, temperatures

dropped below freezing for Tuesday. Wintry conditions allowed for 0.2 inches of frozen precipitation to accumulate with rime ice and glaze accumulating. By Wednesday, the summits began to clear in the early morning, allowing for a beautiful day with rising temperatures. This weather was not long lived, as an approaching low Thursday

would slowly lower clouds and eventually bring rain back to the summit. By Friday, the summit went back into the fog, with temperatures fluctuating right around the freezing mark. This allowed for mixed precipitation to fall totaling 1.67 inches of liquid. For the weekend fog remained settled over the summit with rain and drizzle keeping everything wet. Temperatures rebounded above freezing becoming more seasonal.

While the weekend was a wash, heading into this week, weather allowed for incredible conditions for the Mount Washington Auto Road's Ride to the Sky event. With Motorcycle Week happening in the Lakes Region, the Auto Road closed to the road to cars Monday. With 110 mile visibility, hundreds of motorcycles ascended the mountain.



Courtesy

Motorcycles on top.

The Mount Washington Cog Railway was also operating on their normal hours, bringing eager guests to the summit.

For those who are unable to make the trek to the summit, be sure to stop by the Weath-

er Discovery Center in North Conway. With free admission, it has several interactive exhibits that are great for the entire family. If you visit us at 11 a.m. or 2 p.m., you can even connect to the summit via a

live video connection, and talk to an observer. The Weather Discovery Center is located across the street from the Eastern Slope Inn in North Conway Village, and is open daily from 10 a.m to 5 p.m.

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Observatory Staff

Date	High	Low	Prec.	Snow
03-Jun	49	31	0.03	None
04-Jun	32	27	0.05	0.2
05-Jun	41	25	None	None
06-Jun	46	33	0.03	T
07-Jun	44	28	1.67	T
08-Jun	50	39	0.50	None
09-Jun	44	37	0.16	None

Peak Wind gust was on
June 4 from the NW at 84 MPH.

Gourmet popcorn is popping up all over

Snack food trend has North Conway-based company "on Cloud Nine"

NORTH CONWAY — According to the food marketing company, Sterling-Rice Group, and the National Association for the Specialty Food Trade, gourmet popcorn is one of the top ten food trends for the 2013—and that's just as it should be says Bobby Bell.

Bell is owner and "master popper" of Cloud Nine Delights, a North Conway-based company that specializes in handcrafted small-batch popcorn. Bell founded the company 15 years ago, but has recently seen explosive growth, thanks to the heightened interest in unique flavors, like Cloud Nine Delights' sweet and salty New Hampshire Kettle Korn, caramel-coated Karmal Bliss, and Cheeze Cheddar Popcorn.

"People are saying good-bye to cupcakes and higher calorie snacks, and hello to popcorn because it really is the perfect snack food," explains Bell. "Popcorn is all-natural, whole-grain goodness that's gluten-free. While popcorn has been around for 5,000 years, people are rediscovering it, as it's the perfect base for sweet and savory flavors."

Where towers of cupcakes once were center stage at events, now popcorn bars and goodie bags are popping up at weddings, birthday parties and other celebrations. "Customers are buying our popcorn in bulk and serving it in large bowls on popcorn bars, and asking us to make single serving bags for party favors," says Bell. "Schools and non-profits sell our popcorn as a fundraiser—we provide selling

tools and incentives—while companies like to use our popcorn as a corporate gift. They provide us with their client list and the desired delivery dates, and we take care of shipping it throughout the year. We do variety packs, grab'n go size packs and a single serving size for kids. We even have a special pack for camping trips—our New Hampshire Kampin' Korn—that includes everything needed to make great popcorn over an open fire, all in one bag."

Bell is quick to point out that no additives, artificial flavors or colors are used in any of Cloud Nine Delights snacks.

"We only use locally-grown, whole kernal, non-GMO corn from a farm in Fryeburg, Maine, along with soybean oil and other natural ingredients," he explains. "We use cane sugar and gourmet salt in our New Hampshire Kettle Korn; quality cheddar cheese in our Cheeze Cheddar Popcorn; and brown sugar, fresh creamery butter and our signature blend of secret spices in the Karmal Bliss. If you compare our popcorn to what you get in a movie theater, you'll see they look different—to say nothing of the taste difference! We use so-called 'mushroom' popcorn, which pops from the bottom of the hull upward into a tight ball, making it ideal for coatings."

While the Doc Popcorn chain, which claims to be the biggest retailer of popcorn in the world, has focused on franchising, Bell has taken a more personal approach to sell-



Courtesy

Bob Bell is always happy to provide free samples at festivals and fairs where he makes and sells his small batch Cloud Nine Delights popcorn.

ing his Cloud Nine Delights snacks.

"Ours is truly a family business," Bell says. "My son, Mat, and daughter, Jacqui, travel with me to fairs, craft shows, concerts and other large gatherings where we make and sell our popcorn, stirring it up in custom-made kettles using canoe-type paddles. Our first show was the Big E, the biggest fair in New England, and we were an immediate hit. When we do these big events, people wait in line for as long as 45 minutes to get a bag of our popcorn—and we have two kettles cooking constantly. These events have been a boon to our business; they've provided us with the oppor-

tunity to meet thousands of people and get valuable feedback from customers, many of whom have become regulars, stopping back to see us, year after year."

Bell sells his Cloud Nine Delights snacks online at www.cloudninedelights.com, but has taken care to ensure that he is every bit as engaged with his online customers.

"When people sign up for our newsletter at join@cloudninedelights.com, they receive updates on our shows, popcorn points of interest, and sales and specials. Those who send in photos featuring our popcorn and those who like us on Facebook are entered into a monthly drawing for a case of

gourmet popcorn. If they share their birthday date with us, we will send them a free birthday bag. Making and selling our products is fun for us, and we want enjoying it to be fun for our customers, as well," he says.

Bell recently launched an updated Web site, and is offering free shipping in June as a thank you to site visitors.

The snacks are also available through retailers including grocery, convenience and specialty stores, and farmstands.

"We personally deliver to most of these outlets so that they always have the freshest possible product on hand," he explains. "We also try to support our retailers by doing in-store events where we set up our kettles and give away free samples. When I meet with store owners for the first time, I always tell that that we're so sure their customers will love our all-natural snacks, we'll provide them with a trial order and, if after a week, if they're not sold out, they pay only for what they've sold and we'll take back the rest. In 15 years, we've never had to take back any of our product."

For more information on Cloud Nine Delights snacks, contact Bobby Bell at 494-3445 or visit www.cloudninedelights.com.

New Beginnings

Welcome, Randall twins

NORTH CONWAY — Christy Mackie and Christopher Randall of Fryeburg, Maine are pleased to announce the birth of their twin sons, Alexander Charles Mackie Randall and Thomas Norman Mackie Randall, on June 6, 2013 at Memorial Hospital.

Alexander, who arrived at 1:25 a.m., weighed in at five pounds, six ounces, while Thomas, who made his de-

but at 1:39 a.m., weighed six pounds, six ounces.

Both boys were welcomed by big sister Ella, age six, and big brother Rohan, age nine. Maternal grandparents are Valerie and Norman Mackie of Edmonton, Alberta, Canada. Paternal grandparents are Charles Randall of Fryeburg, Maine and Cheryl-Ann Randall of Falmouth, Mass.

Entertainment

Almost There – Albany

June 14 – Simon Crawford Band/ every Friday @ 4pm

The Corner House Inn – Center Sandwich

June 17- Peter Heimlich (in the Pub):

Delaney's – North Conway

June 19 – The Wayfarers

The Inn at Thorn Hill – Jackson

June 15 – Mike Jewel

May Kelly's Cottage – North Conway

June 14 – Dennis & Davy, 8pm
June 16 – Irish Seisium, 3-7pm

McGrath's Tavern – North Conway

June 13- Ben Hammond

Rafferty's Restaurant & Pub – North Conway

June 13 – Thursday Trivia Night (N)
June 17– Monday Billiard-Golf Night

Red Parka Pub – Downtown Glen

June 14 – Ben Hammond & the Siesta Keys All Stars, 9pm
June 15 – Mo'Blues Band
June 17 – Open Mic' with Ryan St. Onge

LOUNGES, TAVERNS & PUBS

Shannon Door Pub – Jackson Village

June 13 – Dennis O'Neil & Jon Deveneau, 7pm

Pizza Fundraiser/ Habitat for Humanity

June 14 – Tom Dean 8pm
June 15 – Dennis & Davey 8pm
June 16 – Kevin Dolan & Simon Crawford at 7:30pm

Shovel Handle Pub – Jackson

June 15 – Closed for Private Function

Wentworth – Jackson

June 14 – Ronnie Chase (D)
June 15 – Ronnie Chase (D)

White Mountain Hotel – North Conway

June 14 – Mike Jewel (D)
June 15– Kelly Muse (D)
June 16 – Mike Jewel (B)

Wildcat Inn & Tavern – Jackson Village

June 15- Jon Sarty & the White Mtn. Boys, 8:30pm
June 16- Croon at the Moon with Jonathan Sarty, 6:30-8:30pm
June 18- Headwater Guitar Circle 6:30pm
June 19- Al Shafner, 5-7pm in the Tavern

White Lake Inn and Tavern – Tamworth

June 14 – TBA

(N)=Nightlife, (A)=Afternoon, (D)=Dinner, (B)=Brunch

**Good news on the horizon?
Place an announcement
in your local paper!**

Calendar

SAVE THE DATE

*Habitat for Humanity,
INDOOR YARD SALE
at Attitash Bear Peak.
Sat. 6.15 8am-3pm.
Sun., 6.16 8am-1pm.*

Ongoing Events

Conway Public Library. Ham Community Room. North Conway Camera Club exhibit throughout the month of June.

Contribute to the Conway Public Library Collection. \$20 Donation will purchase a book in the genre of your choice. Order form is available at the Library or call 447-5552.

Alzheimer's Support Group meets second and fourth Tuesday of each month at the Merriman House, Memorial Hospital. Caregivers will find sympathetic and knowledgeable support and advice. Info 356 5461 X 194

Madison Library; Friday morning, 10am playgroup/preschool story time. Social time for babies and toddlers, parents and caregivers, age-appropriate stories FMI Call 367-8545 @ madisonlib on Twitter for a clue.

The Cook Memorial Library in Tamworth holds "Stories and Songs" a story time for young children on the first 3 Tuesdays of each month at 10:30. Tech Tuesday is held from 3:00-4:00. FMI Michael@tamworthlibrary.org 323-8510.

North Conway Community Legal Services (CLS) has a low cost legal clinic (by appointment only) every Wednesday in North Conway. FMI 888-696-3393 or 473-2002. CLS is a 501 c 3 non-profit Check us out at www.lowpaylaw.org www.nhcommunitylegal.com

CoDA Meetings a Twelve Step Fellowship of men and women in the development and maintenance of healthy relationships. Tuesdays at 7pm at Eastern Slope Inn, Gibson Suite, No. Conway FMI 207-283-3267 or email Bill @ williambean@msn.com

The White Mountain Stamp Club meets twice monthly year-round on the second Wednesday at 1:30 PM & on the third Tuesday at 7:00 PM at the home of Barbara M. Savary, 1724 NH Rte #16 on the corner of the South end of Bald Hill Road. Everyone interested in stamps is welcome! FMI 603-447-5461 or email Barbara @ bmsavary@gmail.com.

Overeaters Anonymous. 5:30-6:30pm at the Ossipee Valley Bible Church (near Napa Auto). FMI: Vikki at 323-3369.

Loss and Recovery Group. For those who have lost a loved one, this group meets Wednesday's at 5:30pm at Visiting Nurse, Home Care & hospice of Carroll County, 1529 White Mountain Highway (former Lennox Bldg). Experience shows that a group process aimed toward recovery from the loss of a loved one can significantly enhance one's quality of life. No registration necessary. FMI: F. Gardiner Perry, D. Min, CPC at 603 662 9552

Every Tuesday. Walk through the Grades at White Mountain Waldorf School. 8-9:30am. This is a great opportunity to see how Waldorf Education is taught in the elementary and middle school classrooms, by educating the whole child: academically, emotionally, socially, and spiritually. Parents only please. FMI: 603-447-3168 or email info@whitemountainwaldorf.com

Resale Shops to Benefit Animals at Conway Shelter. Retail Boutique featuring upscale clothing & accessories located in Norcross Place across from the Courtyard Café; open Tues. through Sat. 10am to 3pm or The Harrison House offering a variety of domestic goods and much more; located at 223 E. Main St at driveway entrance to the shelter Shop or re-purpose your items to help the shelter. Open Tues. Thurs. Sat. & Sun. 10 am~3 pm. FMI Call 447-5605

Mt. Top Music for babies (free). Babies from birth through eighteen months play interactive games involving familiar songs, rhymes and rhythm. Every Thursday from 9:30-10:am. For toddlers and their caregiver's dance, play rhythm and acoustical instruments, sing and play games using familiar songs. Thursday 10:15 - 11:00 FMI call 447-4737

MWV Children's Museum 2936 Rt16 North Conway - Music For Tots held at MWV Children's Museum. Mountain Top Music with Sharon Novak every Friday at 11am. Kids History Tree House: A safe indoor Tree House for kids to play in with the near by History Tree exhibit. Dress-up Drama Center: for Kids 0-9 can dress-up in a multitude of costumes then put on their on performance on the little stage. Thomas the Train: kids can make an electric train weave in and out of rooms. Also play with a miniature "Thomas the Train" set. Outer Space Exhibit: kids can wonder thru the outer space hallway full of "glow in the dark" views and inspire curiosity of the mysteries of our universe. FMI for

all events at MWV Children's Museum call (603) 356-2992 or www.mwvchildrensmuseum.org \$ 5.00 suggested donation per child. Some programs with Healthy Kids Gold /Maine Care are free

Recurring Events at the Gibson Center:

Mondays:

*Chair Exercise at 10:30am.
*Bowling after lunch. Board the bus and travel to Saco Valley Sports Center; bowl two strings., for only \$9.

*Yoga at 12:30pm

Tuesday:

*Second Tuesday each month: Blood pressure Clinics and VNA foot checks at 11:am to 12:00 and the last and blood pressure checks.

*Lunch & games at Silver Lake Landing. Lunch is at noon, followed by games or a movie.

*10:00am Strength, Balance & Stretch with Bobbi Broeme.

*Fran's Flicks, after lunch 2nd & 4th Tuesdays.

Wednesday:

Last Wednesday of the month: Ambulance Blood Pressure Clinics from 11:45 to 12:45.

*Wii practice from 10:30 to 1:30. Practice your golf swing, tennis game or bowling. Game day at 12:30. Play bridge, scrabble, Cribbage, Canasta, Rummy or board games.

Thursday:

*Belly Dance Class at 9:0am.

*Chair Exercises at 10:30am.

Friday:

*Stretch, Balance & Strength. 10-11am in the activity room.

"Care for the Caregiver Support Group" Self-care for those caring for a loved one at home is the focus of this support group that meets Wednesday's at the Gibson Center at 12:30pm. No registration necessary. For more information, call F. Gardner Perry, D. Min., CPC at 603-662-9552. Next session March 20-April 24.

TAOIST TAI CHI offers classes for the beginner, continued learning and health recovery in North Conway, E Madison, Tamworth and Brownfield ME. In North Conway at the Eastern Slope Inn Plaza. FMI call 603-356-5581 or visit newengland.usa.taoist.org.

St. Margaret of Scotland Church 85 Pleasant Street, Conway NH holds a weekly adult study program. The study group will meet every Sunday from 11:00 AM to Noon, in the parish hall after Sunday service.

The Breakfast Club, the monthly M&D Productions' Executive Director meeting is held the 1st Monday of each month at M&D Productions, call Mark at 603 662 7591 to reserve your seat.

There will be a FREE Adult Learner Study Group meeting by appointment on Saturdays for 10am-noon at Carroll Academy, 11 Runnell's Hall, Chocorua (cross from the Chocorua Library). Focus will be on all 5 content areas: Reading, Social Studies, Science, Math and Writing. FMI: Elisabeth Swiriduk at 603-323-5100. There are a limited number of seats available, so call now to reserve. Remember: You can do it!

Mount Washington Valley Choral Society rehearsals are held in the Kennett Middle School Choral Rooms on Mondays. We will gather at 7:00pm. Nancy Farris and George Weiss will be with us again this season. FMI: MWVChoralSociety@yahoo.com. Share this information with others who like to sing. Need altos and tenors!

Open Door Bible Church, 2324 Rt. 16. Next to West Ossipee Post Office. Sunday worship at 9:30am. Wednesday Bible Study and Prayer at 6:30pm. Saturday Community Prayer at 9:00am. FMI: Paster John Donovan 508-380-0471.

BINGO! Sponsored by Theatre North, every Friday night at 6:30pm, doors open at 3:30pm. Located at St. Anne's Hall on School Street, Berlin Largest payout in the area

Walk -in -Wednesdays. 9am-4pm. Visiting Nurse, home Care & Hospice of Carroll County, 1529 White Mountain Highway, NC. Next to Green Granite Inn. Basic health screenings, blood pressure, foot checks, advance directives, questions about home health care services. Free and open to the public. FMI: 356-7006 or 1-800-499-4171.

Kiwanis Club of the Mount Washington Valley meets every Wednesday evening at the New England Inn and Lodge at 6pm. Kiwanis is a global organization of volunteers dedicated to changing the world, one child and one community at a time. FMI: 603-722-7267.

Jackson Public Library hosts monthly storytime ; held the 3rd Thursday of each month at 10am. The program is free and open to all. Call the library for more information at 383-9731.

Gibson Center Carriage House Thrift Shop. Gently used clothing, housewares, and more. Monday -Friday 10am -2 ish; Saturday, 9am-1ish.

Carroll County RSVP has recently started Bone Builders, a low impact exercise program for seniors who are interested in a mild program to strengthen their bones and muscles. At the

Eaton Town Hall on Tuesday and Thursday for 9-10am; at the North Conway Congregational Church on Tuesday and Thursday for 11am-noonpm. FMI: CCRSVP Monday-Friday, 8am-4pm at 356-9331.

The First Christian Church of Freedom Ladies Guild meets every Monday (except holidays) from 9am-2pm. Join us for a few hours for the day and bring your lunch. We make quilts that are distributed to area nursing-homes and to young children in the area. FMI: NancyWogman@aol.com. We always need extra hands!

\$1 Bag Sale at the Thrift Shop of the Lovell United Church of Christ. Rt. 5. This sale takes place on Mondays, Wednesdays, Saturdays in June; except June 24 & June 26. 10am-noon.

North Conway Model Railroad Club's Open House takes place every T-TH-S from may-Oct. 18. 10am-4:30pm. In the freight house at Conway Scenic Railroad's yard in North Conway. As many as seven trains operate concurrently. Admission is free but donations are gladly accepted. FMI: www.ncmrrc.com

Calendar of Events

Thursday 6.13

Conway Public Library. 3:30-5:00pm. The Library's after-school club for teens and tweens gets creative today with "Tie Dye". Bring a pillowcase or whatever you want to color. Please wear old clothes. Only students dressed appropriately can participate. Details call the library at 447.5552 or visit us online at www.conwaypubliclibrary.org

M & D Productions "Danny and The Deep Blue Sea". 7:30pm. The story revolves around the dilapidated lives of Danny and Roberta, two tortured strangers, who meet by chance in one of the many nameless sods in the Bronx. Danny is a broad, beastly man without direction or purpose. Shows are Thursday, Friday, and Saturday from June 13-June 15th. FMI: 662-7591.

Shannon Door Pizza Fundraiser. 4-11pm. Benefit Habitat for Humanity! A portion of the evening's receipts for each pizza sold goes to this organization. Hope to see you there!

The Barnstormers Theatre in Tamworth. 7:00pm. Award-winning Vermont director Jay Craven will present his new film, "Northern Borders", based on Howard Frank Mosher's award winning novel. The screening will be presented as part of the film's 100 Town Tour of New England and it will mark the pic-

Valley Vision Channel 3 Schedule:

JUNE 14 - JUNE 20, 2013

(Schedule Subject to Change)

website: www.valleyvision.com
phone: 603-356-8941

Friday, 6/14

6:00a NH Disaster Animal Response Seminar part 1
8:00a Let's Move!
9:00a Conway Rec Girls Softball championship
10:30a Lost in Movies
12:00p Recreation Weekly
12:30p Breakfast with Willie
1:00p Da Capo Singers Concert
3:00p NH Disaster Animal Response Seminar part 1
5:00p Conway Rec Girls Softball championship
6:30p Lost in Movies
7:00p Charity Chatter
7:30p Remember When
8:00p Around the State House
9:00p NH Disaster Animal Response Seminar part 2

Saturday, 6/15

6:00a NH Disaster Animal Response Seminar

part 2
8:00a Let's Move!
9:00a Charity Chatter
9:30a Remember When
10:00a Around the State House
12:00p Conway Rec Girls Softball championship
1:30p Lost in Movies
3:00p NH Disaster Animal Response Seminar part 2
5:00p Charity Chatter
5:30p Remember When
6:00p Around the State House
7:00p Carroll County Commissioners
9:00p Recreation Weekly
9:30p Breakfast with Willie
10:00p Da Capo Singers Concert

Sunday, 6/16

6:00a TBA
8:00a Let's Move!
9:00a Charity Chatter
9:30a Remember When
10:00a Around the State House
12:00p Pastor Tim
12:30p Fryeburg Municipal Programming

Monday, 6/17

5:00a Fryeburg Town Meeting
8:00a Let's Move!

Tuesday, 6/18

9:00a Harvest Hills
9:30a Inside MWV Education
10:00a Fryeburg Academy Softball or Baseball playoff game
12:00p Charity Chatter
12:30p Remember When
1:00p Around the State House
3:00p Recreation Weekly
3:30p Breakfast with Willie
4:00p Left & Right
5:00p TBA
7:00p Pawprints
7:30p Seacoast Wind Ensemble
9:10p Carroll County Commissioners

Wednesday, 6/19

6:00a Carroll County Commissioners
8:00a Let's Move!
9:00a Pawprints
9:30a Seacoast Wind Ensemble
12:00p Conway Selectmen (6/18)
3:00p Carroll County Commissioners
5:00p Pawprints
5:30p Seacoast Wind Ensemble
7:00p Rec Weekly
7:30p Breakfast With Willie
8:00p Left & Right
9:00p Conway Selectmen (6/18)



Thursday, 6/20

5:30a Conway Selectmen (6/18)
8:00a Let's Move!
9:00a Rec Weekly
9:30a Breakfast With Willie
10:00a Left & Right
12:00p Pawprints
12:30p Seacoast Wind Ensemble
3:00p Conway Selectmen (6/18)
5:00p Rec Weekly
5:30p Breakfast With Willie
6:00p Left & Right
7:00p Merlino's Golf Tourney
7:40p Granite State Outdoors
8:10p Fly Tying 101
8:30p Lost in Movies
9:00p North Conway Water Precinct



ture's New Hampshire premiere. FMI: 603-323-8504 or movies.marlbboro.edu

The team of 4X4 Studios is getting ready to create their short film! Hits the big screen for the 48 Hour Film Project at Cinemagic of Hooksett (1226 Hooksett Rd., Hooksett). The 4 x4 4 Studio's film is part of a group "A" at 6:30pm. FMI: www.4x4studios.com.

Friday 6.14

Friday Painters – meet every Friday from 9:00 – 12:30 begin outdoor work.. Meet at Alpaca Farm, 3557 West Side Rd., N.C. Some parking at site; some on road. FMI 356-2787 www.mwvarts.org.

M & D Productions "Danny and The Deep Blue Sea". 7:30pm. The story revolves around the dilapidated lives of Danny and Roberta, two tortured strangers, who meet by chance in one of the many nameless sods in the Bronx. Danny is a broad, beastly man without direction or purpose. Shows are Friday, and Saturday from June 14-June 15th. FMI: 662-7591.

North Conway American Legion. 1-4pm. Collection of used, worn US-Flags.

Boots 'N Bling Charity Auction and Dinner to benefit Starting Point. The evening will be festive and fun. To reserve tickets: www.startingpointnh.org.

Bake Sale sponsored by Ossipee Main Street Program. 3:00-6:00pm at the Ossipee Main Street Building, 15 Moultonville Rd., next to the park. Homemade beans, breads, cookies, brownies and more. FMI: 539-7200.

32nd Annual Open House & Bratwurst Broil. Open House at White Mountain Oil 10:00-4:00pm; Gills will be going from 11:00am-2:00pm only. Vendors on hand will be Energy Star, Hearth & Home, Nelson & Small, Thermopride, FW Webb, Ray Murray, and more.

FMI: 356-6386.

Fundraiser for Harvest Hills. 11am-4pm. Sponsored by Bridgton Printery. FMI: 207-647-8182.

Saturday 6.15

FREE Adult Learner Study Group, 10am -noon. Carroll Academy, 11 Runnell's Hall, Chocorua, NH; across from the Chocorua Library. 10 week course will focus on all 5 content area: Reading, Social Studies, Science, Math and Writing. Call Elizabeth Swiriduk at 323-5100 to sign up.

Tamworth Farmers' Market from 9am-12noon in the parking lot of the Unitarian Church in Tamworth. Vegetables, herb, and flower seedlings, breads, baked goods, prepared foods for breakfast and lunch. Artisan demonstrations, live music, community fundraising. FMI: Peg Loughran 323-2368; Bob Streeter 323-2392.

Tin Mountain Nature Learning Center. Introduction to Fly Fishing & Fly Casting. 9am – noon. This course outlines the principles of fly fishing while giving participants opportunities to learn about equipment and techniques used for pond and stream fishing. Indoor discussion followed by outdoor practicing of fly casting. Bring your own fly rod, reel, and line. Space is limited. Taught by Dick Stewart. FMI: Donna at 603-447-6991.

M & D Productions "Danny and The Deep Blue Sea". 7:30pm. The story revolves around the dilapidated lives of Danny and Roberta, two tortured strangers, who meet by chance in one of the many nameless sods in the Bronx. Danny is a broad, beastly man without direction or purpose. Shows are Saturday, June 15th. FMI: 662-7591.

Bartlett Firefighters' Association will be hosting a Spaghetti Supper at the Glen Fire Station. 5:00-7:00pm. There will be a Chinese Auction.

Brownfield Community Center. Annual Father-Daughter Dance at 5:00pm. Get yourself and Dad all dolled-up and come to dance the night away! All family members are invited! Free refreshments. All proceeds benefit the Brownfield Rec. Dept.

Saco River Spring Clean-up. 8:00am. FMI: 935-3395.

Sunday 6.16

Free admission to the Wright Museum for Dad on Father's Day when accompanied by a paying family member.

Fun Race at Great Glen Trials Outdoor Center in Pinkham Notch. Help support local Triathlete Meg Skidmore, who has qualified to race in the World Triathlon Championships this September in London. Registration 8-8:45am. Bike race starts at 9am. FMI: visit her blog: Tarining...Racing...Living

Monday 6.17

Brownfield Rec. Dept., Walking Program. Do you like to walk? Shed some extra pounds? Meet new people? Runs every Monday, Wednesday, Friday at 9:30am, 3:30pm, 6:30pm at the Brownfield Community Center. No need to commit to this free program – just come when you can. Please bring your own water.

2013 DARE Graduation Ceremony will be held at the Loynd Auditorium at Kennett High School from noon-1:30pm. In attendance will be a mix of over 100 6th grade students from Pine Tree School, Conway Elementary and John Fuller School as well as family members and friends. Special guest speaker will be Representative Karen Umberger.

Conway Public Library offers conversational Spanish workshops every Monday evening in June. Lilly Flores, a native Spanish speaker, is generously donating hr time and knowledge so all sessions are free and open to the public. Registration is encour-

aged. FMI: 447-5552.

Tuesday 6.18

Wright Museum. 2nd Session of its "Tuesday Night at the Wright 2013 Summer Lecture Series." In Wolfeboro at 7:00pm, door open at 6:00pm. Shot Down Over Italy, book signing and powerpoint presentation, presented by John Lanza, Author. On May 26, 1944, a B-25 Mitchell bomber with a seven man crew was shot down over Nazi-occupied Italy. John Lanza, a nephew of one of the crew members on that fated flight, will discuss this fascinating true story. FMI: 603-569-1212.

Gorham Public Library. Darby Field and the First Ascent of Mount Washington. For more than 200 years historians believed the Darby Field made the first climb up Mount Washington in 1642. Allen Koop examines how historians reconstruct the "truth" when given scant, vague, and even contradictory evidence. FMI: 466-2525.

Conway Public Library. 6:00-7:00pm. Offer "Tech Savvy" workshop. Bring in whatever electronic device is currently confusing you for one-on-one help with sympathetic (and knowledgeable!) volunteers. There is a limit of half-hour per person. Please come with your questions prepared. Free and Open to the public!

Chamber Afr Hours. 5-7pm. Hosted at Frontside Grind in North Conway. Come & enjoy cash beer & wine bar, coffee and specialty drinks, appetizers, the open patio, along with networking, door prizes and fun!

Mount Washington Valley Soccer Club will hold its annual meeting at 5:30pm at the Eastern Slope Inn. Items on the agenda include a review of the Executive Director and the election of new board members. All are invited.

Wednesday 6.19

Bridgton Recreation Depart-

ment hosts a program for wood carvers 7-9pm each Wednesday. This program is free and light refreshments will be served. Held at 26 North High St, which is behind the old town hall in the Bridgton Ice Rink. FMI: Bob Carey at 978-290-1879 or Tom Tash at 207-647-1126.

WALK-IN WEDNESDAY @ Visiting Nurse, Home Care & Hospice, 9am-4pm. 1529 White Mountain Highway, North Conway (just past the Green Granite) Special day-long focus on National Healthcare Decisions Day

Free resources on advance care planning, advance directive forms and help completing them. FMI: (603) 356-7006 or 1-800-499-4171, www.vnhch.org

Friends of the Conway Public Library. 4:00pm at the Conway Library.

Ribbon Cutting at Adventure Suites. 5-7pm. Celebrate Adventure Suite's newest addition; The Club. Equipped with a 5-person hot tub, LED lighted dance floor, wet bar and much more! Come enjoy appetizers, refreshments, and a night of fun!

Freedom Historical Society is pleased to host author and storyteller Jo Radner who will present a program on the way in which our ancestors found amusement before the days of cable, satellite and internet. Wit & Wisdom: Humor in 19th Century New England. Held at 7:00pm at the Freedom Town Hall on Elm St. Refreshments will be served. FMI: 539-5449.

Conway Public Library offers Summer Story Time for age 3 and under every Wednesday through August 21. No registration is necessary. Join us for: "Dig into Reading" fun with earth science, growing things, construction vehicles and dirt! (June 19, 21; July 3,10,17,25,31; August 7,14,21)

On the Links

Indian Mound hosted "Lumpa" Brett Tourney

By Pru Smith

Rain (again!) dampened the players but not their spirit as many of the golf community dodged the drops during the Lumpa Brett Scholaship Tournament played at Indian Mound in early June. Despite downpours and branch breaking winds most of the groups managed to fit in at least nine holes causing some "creative" scoring for prizes. Mixed team winners were Bayard Kennett, Pat Kittle, M. Patteson and Cam Kittle. Ladies winning team members were L. Hoyt, A. Jacques, K Patteson and B. Campbell. Taking the prize for Front Nine play were Todd and Brian Frechette, Jesse Talbot and the (igcognito) Matt S. A match of cards decided the Mid 9 winners with Julie and Jonathan Rivers, Fuzzy Martin and Dan Parkhurst taking the prize. Specialty prizes were won by Ginny Wright for ladies long drive while closest to the pin prizes went to Jason Joubert (#8 and #11) Pat Kittle (#16) and Jim Machowski (#18).

Congrats to Laura Ames (eagle #5) and Josh Rivers (eagle #6). Tim Roberts is awaiting a sunny day to claim his greens fees at Wentworth door prize. Proceeds from

the tournament go to support local kids in all areas of sports endeavor.

In On the Links play at Maplewoods last week, the Sh't Birds and the Crushers tied at three under. This week's road trip will be to Mt. Washington. On Thursday (last), the Rivers Edge Group winning players were Laura Ames, Bob Cyr (voted "team handicap" — a friendly joke, I'm sure!), Rick Tibbetts and Jackie Rivers. Laura Ames and Trish Picard picked up a CTP win while Ken Gove and Dick Prennier were the Par 3 winners.

Puzzlers tops in Red Fox

In Red Fox League play on Monday, The Puzzlers (Ted and Colin Wroblewski, Bob and Kim Hotarek and Vesper Duffy) edged out last weeks top team, The Bedazzlers who tied for second with the Sunsetters and Darth Faders. Bob Hotarek took mens CTP while Cam James hit it long for long drive prize. Kim Dougherty was both long and accurate as she claimed both long drive and closest prize in the ladies division.

As I write this, the ladies league is undoubtedly being rained out (again)! Last week, the nine Hole Scramble was



They didn't win the Lumpa Brett Tournament but Corey Madden, Curtis Coleman, Chuck Seavey and Bryan Bailey should have gotten a prize for best dressed in their matching fire red golf shirt

won by Ellen Daly, Pat Kelly and Maura Ammendolia. In 18 hole play Maryanne Fitzgerald took first, followed by Lynn Walker and Cricket Catalucci. Several of the ladies were saved from too many putts by chipping in from off the green - Barbara Walker did it twice and Lynn Walker and Mary Collins claimed one apiece. Fun, isn't it ladies?

Here's hoping the rain stopped long enough for the Wednesday North Country League play.

Look for the MWV Ski tournament on June 21.

Divot Kings still claim First in Don Ho

Afte five weeks, we find the Divot Kings (-29) holding on to first place with two teams, the Chip Shots and GB Carrier challenging them at -27. The A Team has been bringing their A Game to the course and are in good position at -26. Russ Miller was the CTP winner this week while longest drives were struck by Tim Jackson, Fred Fallen, Ginny Wright and Mary Hansel. Ladies, believe it or not, June is half over....but there is still time to take advantage of Women's Golf Month at the Eagle. One free clinic remains to be taken on Sunday, June 16 at 1 p.m. for beginners (clubs available) and \$10 greens fees get you on the course all month

For the rest of you players (male and female) who need a brush up, clinics available every Tuesday, Thursday and Saturday covering all aspects



Red Fox league players now have a place to fuel up before play. Sustenance and "suds" near the first tee.

of the game from long to short. Call the pro shop at 383-9090 for more info and/or to sign up.

Jen's Friends Tournament at NCCC and Hales

One of the biggest and most popular tournaments of the year, Jen's Friends will be played this Friday at two area venues. Eighteen hole contestants will play at the NCCC and those who want to participate and for whatever reason cannot play eighteen have the choice to play a nine hole round at Hale's. All players will then gather at the NCCC for apre-golf food and awards. Tournament Chair Kathy Sweeney declared that it would not rain because "she simply won't allow it to rain on her parade!" Ah, we believe her! Best of luck and results right here next week.

With no "major" tournament scheduled this past weekend at the NCCC, Pro

Larry Gallagher issued a couple of "minor" challenges. On Saturday, it was a Low Net tourney which Bob Nash won followed by Len White in second. On Sunday it was Beat the Pro. Mr.Gallagher carded a one under round of 70 which the contestants had to beat with their net score. Only two of the field did it...Doug DuGrenier shot at 74/64 and Bruce Sanderson carded 74/68. Nice playing, gentlemen. Members - sign up now - Men's and Ladies member guest coming up!

Chip Shots

Kudos to Maureen Soraghan who is finally get rid of husband Joe's "cast-off" clubs and getting a set of her own! Joanne Gandolfo - you are "First Lady!" And from that golf book that will never see print: "Chapter 11 - How to Relax When You're Hitting 5 off the Tee." Send your story to beachbumpru@yahoo.com.

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As the Wheel Turns

Recycling the Civil War

By Peter Minnich

Believe it or not, I remember my seventh grade history teacher, Hans Collischonn, ranting on about the importance of the Battle of Gettysburg as the turning point of the Civil War. Old Hans was a military historian and a Civil War buff. He etched Gettysburg deep in my mythic memory. The Gettysburg Battleground was near our route home from Virginia. It was a tough choice between mountain biking at Raystown Lake (Pennsylvania) or cycling the Battleground, but the imminent 150th anniversary of the Battle made up our minds. We steered toward Gettysburg.

When you drive through the South, it's hard to ignore the Civil War. Signs are everywhere: battlefields, monuments, museums, cemeteries, all conspire to remind passers-by that total war took place on that ground. We northerners easily escape the history because it did not happen on our ground. I would have grown old, ignorant of the ravages of the War, had I not been lucky enough to marry a southern girl, a South Carolinian, who reminds often that the Civil War is not over.

I'm not a Civil War buff. Yes, I've read a few books, watched Ken Burns' Civil War series, thought some about the causes; it saddens me to think of the incredible bloodshed, the needless suffering, and the ambiguous outcome of the War. When I travel in the South, I am vaguely aware I'm in enemy territory; I'm a Yankee by default. I can't escape that.

We drove north from the Shenandoah Valley, through the panhandle of West Virginia, through the thin strip of Maryland, following Lee's route into Pennsylvania. We turned east off the interstate onto Route 30, the Chambersburg Road, which took us straight into Gettysburg. I had no idea what to expect. Open fields on a rise, worm fences along the road, then the tall statue on a horse, facing west – Union General John Reynolds, who fell here on the First Day of Battle, July 1, 1863.

As we drove toward town in the oppressive afternoon heat – well over 90 degrees – a motel appeared on our left with a white picket fence around a swimming pool – a swimming pool! We drove on by, noticing a restaurant next door – the Appalachian Brewery and Restaurant. We turned around and headed back to this almost



Peter Minnich

Riding along West Confederate Avenue, looking east toward Little Round Top, visible in the distance, where Colonel Chamberlain and the 20th Maine Regiment repulsed the Rebels at the end of Day Two.



Peter Minnich

The monument of Union General John Reynolds on McPherson's Ridge, where he was mortally wounded on Day One of the Battle of Gettysburg.

perfect motel, right next door to Lee's Headquarters.

We settled in, took a swim, and headed to the pub for much needed refreshment. Next morning, we prepped ourselves and our bikes for a hot daylong ride. We stuffed big Polar bottles with ice and water and headed off for an early start. We rode north toward Oak Ridge and the Eternal Light Peace Memorial. There are no trees along that road, but the early sun cast long shadows behind the tall monuments, where we found scant refuge.

Before noon, the heat had again gained dominance; it wrapped round us like wool suits. We rode south under the trees along West Confederate Avenue, on Seminary Ridge, past rows of cannon facing Cemetery Hill. We found more shade off the road in Pitzer Woods, where we discovered the mounted statue of General James Longstreet, looking stern and gloomy, hidden among the oak trees.

Along the shady road, sculpted monuments commemorate the men who fought on both sides: New York, Pennsylvania, Virginia Cavalries – North Carolina, Mississippi, Massachusetts Infantries – too many monuments to count. Some capture a heroic stance: Lee atop Trav-

eler and Longstreet hidden in the trees. Those that moved me most were the grotesquely realistic bronze sculptures: the North Carolina State Monument, depicting five desperate men charging toward the open field, but none captures the courage and commitment of the lost Cause better than the Mississippi infantryman using his rifle as club to defend the fallen color-bearer.

The overwhelming heat and the endless monuments wore us down even before we turned the bend at the south end of Warfield Ridge and headed up the hill to Little Round Top. We parked our bikes among the tour buses and fat RVs on the road and climbed to the top of the rocks that look out over Devil's Den and the Slaughter Pit. Looking westward to the jumbled boulders below, I could imagine the scene at the end of Day Two of the Battle, when General Law ordered his parched Alabama troops to attack the newly arrived Federal brigades of Colonels Vincent and Chamberlain, protecting the hill. Chamberlain's 20th Maine troops ran low on ammunition and made their famous "right wheel forward" bayonet charge into the advancing Confederate line, miraculously turning them back. Some historians believe this bayonet charge and the



Peter Minnich

The Mississippi Memorial stands where General Barksdale's Brigade began the charge toward the Peach Orchard on Day Two.

Confederate repulse was the turning point in the Battle.

We remounted our bikes and tried to cool off rolling down hill into Plum Run hollow, through the Wheatfield, The Peach Orchard, north past the massive marble-domed Pennsylvania Monument on Hancock Avenue. By this time, our water bottles were empty, and I was getting grumpy. We beat it out to Washington Street and

found the tourist-crawling entrance to the massive Visitor's Center. Ice and Coca Cola brought us back to life enough to ride Spangler's Spring Loop and up to Culp's Hill Tower. But it was past four o'clock; we'd ridden 20 miles in the heat – the distance of a long day's march. This trooper was parched. The only assault I was interested in making now was on a tall, cold "Hoppy Trail IPA," back at the pub.

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Passages



Thomas D. Barbour
Thomas D. Barbour, 73, of Al-

bany died Sunday June 9, 2013 at the Maine Medical Center in Portland, Maine.

Born in Conway, the son of Harold "Scotty" Barbour and Mildred (Jackson) Hansen, he was a lifelong resident of the valley.

He graduated in 1958 from Kennett High School in Conway, and had worked for several different businesses until he went to work at the former Kearsarge

Metallurgical Corp. in Conway. He owned and operated Tom's Repair in Albany for over twenty years prior to retiring in 2002 and after retiring he worked part-time at Importech in Conway.

Tom Barbour had also been a selectman in Albany for several years.

Tom was an avid hunter and fisherman and he holds the state record for the largest Splake Trout, which he caught in 1981. He was a member of the Carroll County Fish, Game and Shooting Club in Madison.

Tom was a loving husband, father and grandfather. The family includes his wife of 51 years, Arlene J. Barbour of Albany; three sons, Thomas D. Barbour, Jr. and his wife Therese of Albany, Michael S. Barbour and his wife Jill of North Conway, and Joel P. Barbour and his wife Taeri of Bartlett; and his grandchildren, Hillary, Jacob, Riley, Taylor and Chase Barbour.

Private services will be held at the convenience of the family.

The Furber and White Funeral Home in North Conway is in charge of arrangements.

years in Southern Maine.

He was a subcontractor, and had many stories written about him (by his daughter).

Mike is survived by his brother, Charles Thurston, and grandchildren Jordan Thurston, Emily Thurston, Zoie Thurston, Addy Thurston, Kaden Thurston, and Adrianah Thurston, a.k.a. "Bebe."

Forever missed by his three children; Bradley R. Thurston-my teacher, my friend, my homer. Always there...always; Christopher M. Thurston-love, loyalty, affection. Here fishy fishy fishy...

Keara M. Thurston-Wishes, Wants & Needs. Nub, I hope you get your goat.

A gathering will be held Thursday, June 13, 2013 from 6 to 8 p.m. at the Furber and White Funeral Home in North Conway.



Warren F. Walker, Jr.

Warren F. Walker, Jr. died on May 23, 2013 in Wakefield, R.I.

Born on Sept. 27, 1918 in Malden, Mass., he was the only child of Warren F. Walker, Sr., a mining geologist and his wife Ada (née Miner) and spent some of his early years in the Andes of Peru. He would return to Malden to live with his uncle and aunt, Carl and Mary Geiler, and their daughter Betty, while he attended first the Fenn School and then Browne and Nichols. He attended Harvard for both his undergraduate degree, an

S.B. (1941), and his Ph.D (1946) and married Hortense B. Allen in 1944. In 1947, he became an Instructor of Zoology at Oberlin College, where he would remain until his retirement in 1985 as a Professor of Biology, having also served as Department Chairman and Acting Provost. Warren and Tensy would have four children. Ted was born in Cambridge, MA, and Hal, Sue, and Carol were all born in Oberlin, Ohio.

In 1986, Warren and Tensy moved to Ossipee. He served on the Conservation Commission of the Town of Ossipee, and held positions as treasurer of the Ossipee Historical Society, Deacon and Moderator of the Water Village Community Church, and President of the Lakes Region Chapter of the Audubon Society of New Hampshire. He was also very active in the Appalachian Mountain Club, working as a volunteer naturalist at the huts and at the Highland Center. In addition, Warren and Tensy were active members of the Over the Hill Hikers group, and he valued his friendships with the Monday morning coffee group. They moved in 2009 to Sugar Hill in Wolfeboro, and in 2010 to Brightview Commons in Wakefield, R.I., close to Hal's family. He is survived by all of his children, five of his six grandchildren and one great grandchild.

A memorial service will be held at the Water Village Community Church on June 29, 2013 at 11 a.m. with music before and refreshments afterward.

In lieu of flowers, donations could be made to the Appalachian Mountain Club or the Ossipee Historical Society.



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mary@laconiahousing.org
by June 25, 2013.
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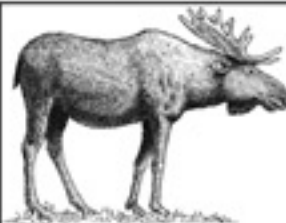
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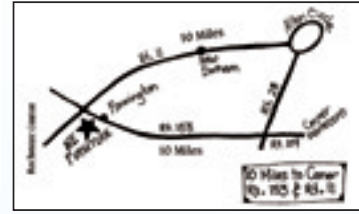
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