

Littleton Courier

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Search yields no new clues in Murray case

BY ANGEL LARCOM

angel@salmonpress.news

HAVERHILL — Last week, FBI investigators and the New Hampshire State Police searched a home just around the bend from where 21-year-old Maura Murray disappeared on Route 112 in 2004. According to Associate Attorney General Jeff Strelzin, the search yielded no new leads in the case.

The April 3 investigation focused on the basement of a home that had long been the subject of speculation. A team was brought in with human remain dogs in February and a private search was also conducted at the same property last fall.

According to the Attorney General's office,

no probable cause or credible information led to the recent investigation.

"Despite that, we conducted the investigation anyway," said Strelzin.

"No evidence was found in connection with the case," stated Strelzin.

"Over the last several months, that home had become the target of increased speculation by a variety of private citizens. Some citizens stated that they believed that there was a body in the basement," he continued.

Investigators cut and removed a segment of concrete in the basement where ground-penetrating radar had previously detected an area of disturbed ground. Accord-



Followed by NH State Troopers and FBI agents, Associate Attorney General Jeff Strelzin exits Grafton County Courthouse moments before conducting a press conference regarding Maura Murray's disappearance, which continues to remain an active case.

ANGEL LARCOM

ing to Strelzin, investigators cut and removed the concrete, and searched an area several feet below the basement floor.

The only thing that they found "could have been

a piece of pottery or a pipe," stated Strelzin.

Strelzin asserted that Maura Murray's disappearance is very much an active case.

"There is a lot of infor-

mation that we continue to follow up on. With many cases there are periods of dormancy and periods of activity; this case is in a period of ac-

MURRAY, PAGE A13

Pilotte outlines vision for the Opera House

By Angel Larcom

angel@larcomstudios.com

LITTLETON — Sue Pilotte became the manager of the Littleton Opera House two years ago and her first goal was to increase revenue. With an initial projected half-year goal of \$3000, she ended the year with \$12,000 in space rental fees and overall income of \$17,000.

The budget committee in Littleton then set a revenue goal of \$35,000 for the 2018 fiscal year, and Pilotte surpassed that amount as well.

"When I have a job

to do, I don't do it ninety-five percent. I do it one hundred percent," Pilotte said as she discussed both her passion and her vision for the historic landmark.

"I just love the Opera House. This building was once the hub of town. Everything was here; the police, the fire station, everything," said Pilotte.

"I still get people coming in to register their cars even though the town offices haven't been here for years," she continued.

Before becoming the Littleton Opera House

manager, Pilotte worked for the Littleton Regional Chamber of Commerce as both the member services coordinator and the Opera House coordinator. She now fully intends to return the Opera House to its former glory.

"The Opera House was dormant," Pilotte said. "I've been here for forty years. After the police station, the fire station and the town clerk left, I wasn't sure what happened here."

Despite existing easements on the building that prevent her from

OPERA, PAGE A12



With a clean, modern environment and trendy music, the new Domino's Restaurant in Littleton greets customers with the smell of warm pizza at the new Meadow Street location.

Dominos comes to Littleton

BY ANGEL LARCOM

angel@salmonpress.news

LITTLETON — "We opened on April Fool's Day. No joke," said Travis Hunt, franchise partner at Littleton's newest chain restaurant. With-

in a few days of opening their doors next to Tractor Supply on Meadow Street, Domino's Pizza had already become a bustling place.

When asked about the particular challeng-

es they faced trying to convert an old bank with drive-up windows into a fast food restaurant, Hunt said they had a one week delay opening the doors.

DOMINOS, PAGE A12

Addie Presby enjoys a sip of fresh maple syrup in her grandfather's sugar house during their annual maple sugaring party in Bethlehem

Presby Maple Farm hosts annual sugaring party

BY ANGEL LARCOM

angel@salmonpress.news

BETHLEHEM — For 25 years, the Presby family has opened their sugar farm to the public for an annual sugaring party. It always happens on the first weekend of April and it has become a well-loved event attended by locals and tourists alike. This year was no exception, as nearly three hundred people visited the Hazen Road property on Sunday, April 7. The Presby's estimate they served thirty pounds of bacon, twenty-five pounds of sausage and two hundred pancakes within four hours.

Visitors to the sugar house are invited each

year to enjoy a hearty New England breakfast

and the lines are extensive; both the cars on the street and the people waiting for a meal.

But the real charm of the event is Brad Presby and his sugar house.

Give him the subject of maple sugaring and Presby's face lights up. Before long he's telling stories and anecdotes so rapidly it's hard to keep up, particularly over the roar of machinery in his sugar house during peak season. He often finishes a story with, "I hate to tell you this, but most of that whole story is true."

Both his passion and his humor are evident as he speaks of the sugaring life. "I am the pro-

duction manager and my wife is the CEE; the Chief of Everything Else," jokes Presby as his son Ryan walks in with his five-year-old granddaughter, Addie.

"I started sugaring with my grandfather when I was ten years old; I've been doing this for 55 years," said Presby as he began pointing out the antique tubs and tools scattered throughout the sugar house.

His family has used all of the displayed memorabilia for the last five generations.

It's Presby's hope the tradition will continue through the next two generations. Although his grandson Camer-

MAPLE, PAGE A13

Littleton, N.H., 36 pages

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LOCAL

LRH recognizes town employees



INSIDE

Lisbon High School senior becomes published author

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Local News

Planning Board rejects Casella lot line adjustment

BY ANGEL LARCOM

angel@salmonpress.news

DALTON — An unprecedented number of property owners packed the small meeting room in Dalton's Municipal Building on the evening of Tuesday, April 3 for a planning board meeting. It was clear no one expected such a large turnout, as several attendees needed to grab folded

chairs from the hallway on their way into the room.

While there were three items on the meeting agenda, only one was responsible for drawing the crowds. The issue in question was a request by J.W. Chipping for a lot line adjustment on Douglas Drive for Map 405 Lot 33 and Map 406 Lots 3 & 2.1.



ANGEL LARCOM



ANGEL LARCOM

Dalton Planning Board members and Eric Pospesil, Senior Project Manager at Horizons Engineering, discussed the specifics of a lot line adjustment request for the J.W. Chipping property on Douglas Drive.

Eric Pospesil of Horizons Engineering and NCES engineer Joe Gay were both present to discuss the details of the lot line adjustment. Property owner Douglas Ingerson and NCES Manager Kevin Roy were also in attendance. A 300-acre segment of Ingerson's property is under negotiation with Casella Waste Management Systems and is currently being studied for its potential as a waste facility.

In September 2018, abutters to this proper-

ty received notice from Horizons Engineering, of an application to the New Hampshire Department of Environmental Services (DES) Wetlands Bureau for geotechnical site explorations. At the end of January 2019, North Country Environmental Services (NCES) and its parent corporation, Casella Waste Management, filed a notice of options to purchase real estate and first right of refusal for the same property, with a retroactive date of Dec. 11, 2018.

Dalton's Planning Board Chair, Carl Lind-

quist, opened a dialogue about the property with the statement that he had received fifteen to twenty emails in advance of the meeting from both Dalton citizens and members of surrounding communities. A bulk of these emails voiced concerns about a potential landfill being built on the property and how it might impact property values, air quality, water quality, and wildlife at nearby Forest Lake State Park.

"One thing I want to make clear is that what we have tonight is a lot line subdivision. We have not heard anything about the intended use of land, and we can talk about that tonight," said Lindquist. "This is not approval or disapproval for having a landfill in Dalton. That is not the intent here."

Lindquist then opened the floor for attend-

PLANNING, PAGE A12

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OPINIONS

A4

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THE LITTLETON COURIER,
WEDNESDAY, APRIL 10, 2019

EDITORIAL

A time for renewal

After a long, frigid, snowy winter, warmer, longer days are finally here. As March turns into April, more and more of our neighbors can be seen emerging from their homes and onto our Main Streets. Folks are out walking their dogs, runners can be seen flying by our windows and people about town seem to have more of a pep in their step.

While each season has its own perks, there is something about spring that seems to surprise us each year. We re-acquaint ourselves with our yards as they slowly reveal themselves as the snow banks melt away. Muddy grass has never been a kinder sight.

Over the past few weeks, the common chatter has been about the Red Sox, springtime fitness goals, gardening, hiking, you know the usual. This week, we reminisced about old April Fool's Day pranks in the office. Tacks on seats, the soda bottle filled with water sitting on top of a door waiting to be opened in order to drench an unsuspecting individual, saran wrapped cars, fake lottery winnings, fake wedding proposals and lost wedding rings to name a few. Stunts to make Larry, Moe and Curly proud.

With spring comes, 'spring fever.' In modern times this is a semi-positive term, however back in colonial times, 'spring fever' referred to the poor quality of health everyone was in, after sustaining a winter without fresh vegetables and proper diet. Today's 'spring fever' will have children restless in school, new romances transpire and people attacking their homes with dust cloths and Windex. Experts say the changes that a person goes through during the springtime are due to hormonal changes in the body. During the winter months, the body secretes a large amount of melatonin, (the sleep hormone). The presence of more sunlight in spring sends the body a message to stop producing as much melatonin. This causes folks to be more awake. Add this to the uptick in your serotonin levels due to the sunlight and you will not only be awake but enthusiastic. Interesting to note is that during the springtime the body becomes more susceptible to illnesses. Way back when, scurvy outbreaks always occurred during this time of year as did rubella and measles. Doctors note that in April, gout, a condition that affects joints, peaks in individuals. Because there are more allergens in the air, you will see more cases of rosacea and other skin irritations on the rise.

Just to touch on a bit of history as we love to do, the month of April is derived from the word 'Aprilis' which is derived from the word 'aperire' which means "to open". This would make sense as the world becomes abloom again in spring.

During our Century in Coös research we did notice that the mud wreaked havoc on our elders more than I'm sure we ever gave a second thought. An excerpt from the 1929 issue of the Democrat read, "Easter Sunday was the one best weather offering of the week although the season is much further advanced than last year. There is very little snow anywhere. There is an abundance of mud on the gravel or dirt highways. It is an unmentionable condition. Teams of horses have been on duty at Riverton to aid helpless motorists." We just love the fact that horses had to come to the rescue of motorists who could not make it through 'unmentionable conditions.'

Now, back to the Red Sox. It seems as though the team is off to a rough start with just one win and three losses against the Mariners at press time. With 162 games to be played over the season, though, we aren't too worried with these early stats.

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 Salmon Press

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COURIER STAFF DIRECTORY

PRESIDENT & PUBLISHER

FRANK G. CHILINSKI

(603) 677-9083

frank@salmonpress.news

BUSINESS MANAGER

RYAN CORNEAU

(603) 677-9082

ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DiNICOLA

(508) 764-4325

DISTRIBUTION MANAGER

JIM HINCKLEY

(603) 279-4516

EDITOR

TARA GILES

(603) 575-9124

tara@salmonpress.news

MANAGING EDITOR

BRENDAN BERUBE

(603) 677-9081

brendan@salmonpress.news

SPORTS EDITOR

COREY MCKEAN

(603) 575-9129

corey@salmonpress.news

PRODUCTION MANAGER

JULIE CLARKE

(603) 677-9092

julie@salmonpress.news

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Nick De Mayo

Sugar Hill



COURTESY

Littleton's Jeremy Brown nominated for Teacher of the Year

Jeremy Brown, a social studies teacher at Littleton High School, was nominated for New Hampshire Teacher of the Year for 2020 in a ceremony in Concord on April 1. He was among 39 candidates nominated for next year – the most ever during the history of the program here in the Granite State. At the luncheon Monday, the teachers displayed their work with students and also received a citation from Gov. Chris Sununu. The nomination process includes applications and essays, recommendations, and resumes.

"As commissioner of the New Hampshire Department of Education, meeting teachers and learning what they are doing for our children is always exciting for me," noted Frank Edelblut. "But seeing so many New Hampshire educators being nominated this year and reading the acknowledgments of their colleagues and community is inspiring." The Teacher of the Year program is sponsored in New Hampshire by Geskus Studios and Yearbook Publishing. Finalists will be named later on this month.

LETTERS

Can illegal aliens actually vote in our elections?

[Recently, New Hampshire has introduced SB7, (the SMART act), which would automatically register new voters when they interact with the NH DMV.]

To the Editor:

The following [letter] is written by Attorney Madison Gesiotto, an American conservative commentator and columnist, and reprinted here for thoughtful voter consideration.

The simple answer is yes, of course they can, and they do. It is usually illegal, but not always. According to federal law, noncitizens are expressly prohibited from voting in federal elections in the United States. In fact, voting as an illegal alien in federal elections is a crime punishable by law.

Under 18 USC:611, "It shall be unlawful for any alien to vote in any election held solely or in part for the purpose of electing a candidate for the office of President, Vice President, Presidential Elector, Senator, or Representative." A violation of this section can result in a fine with up to one year in prison.

Furthermore, 8 USC:1227 provides, "Any alien who has voted in violation of any federal, state, or local constitutional provision, statute, ordinance, or regulation is deportable." Finally, 8 USC:1182

provides, "Any alien who has voted in violation of any federal, state, or local constitutional provision, statute, ordinance, or regulation is inadmissible," meaning ineligible to receive visas and be admitted to the United States.

Thus, under federal law, voting as an illegal alien in federal elections is a crime punishable by fine, imprisonment, deportation, or inadmissibility. However, not everyone who violates these statutes is caught or brought to justice. Information on the exact number of illegal aliens who have voted in our country is debatable and arguably undeterminable, but some academic estimates have been high enough to "change meaningful election outcomes" and tend to favor Democrats over Republicans.

Currently, 12 states and the District of Columbia allow noncitizens to obtain drivers licenses. Often-times, these illegal aliens are added to the voter rolls at the time they renew their drivers licenses without any attempt made on behalf of the government to verify their United States citizenship. Thus, this loophole in the system is part of the problem.

Furthermore, there is no information pertaining to state and local elections. The United States code says absolutely nothing about the inability of non-citizens to vote in these elections. This means that it is left up to the states to decide whether illegal aliens can vote in these races. As of 1926, every state across the country has outlawed noncitizen voting in state elections, but the same has not been done for local elections.

Proponents of noncitizen voting support places like San Francisco, Calif., College Park, Md., and Cambridge, Mass., which are just a few of the many citizens have the right to participate in American elections. These supporters argue that excluding the votes of illegal aliens on a state and national level is not constitutionally required by nor in line with historical norms, pushing for noncitizen voting across the country.

However, while not constitutionally required, there are clear reasons to support the continued ban on noncitizen voting as well as to push for change in the many cities in the 11 states that allow illegal aliens to vote in some form on the local level.

"Extending voting rights to those who are not lawfully present in the United States acts like another incentive for foreign nationals to come to the United States illegally and stay," House Judiciary Chairman Bob Goodlatte explained after a key resolution vote.

He is absolutely right. Allowing noncitizens to participate in even our lowest level of elections may disincentivize them from going through the proper immigration channels to obtain citizenship and may actually encourage them to continue voting illegally on the state and national levels. We simply cannot afford to let this become a bigger issue.

Local News

Students head south for Youth Summit

BY NICHOLAS MEACHEN

Contributing Writer

CONCORD — This past Friday, I and several of my peers attended the 2019 Youth Summit in Concord. At this state wide event hosted at the Grappone Center by Dartmouth-Hitchcock, students from across the state come together to discuss and share ideas on addiction, mental health, bullying and success. This initiative to solve many of the problems that teenagers face today pushes for group thinking and working with new people to expand on ideas beyond what one person could do alone. The Master of Ceremonies was Jim Wahlberg, the CEO of the Mark Wahlberg Youth Foundation. This organization pushes to help children succeed in life by helping them overcome barriers and obstacles. Also speaking at the event was Gov. Chris Sununu, who kicked off the day by sharing stories about his own children and why he thought that this conference and the issues talked about during the day were vital to everybody. Governor Sununu appears to realize that the younger generations of today are the future of tomorrow and helping them succeed and overcome obstacles are necessary for not only the state of New Hampshire but the nation as a whole.

I attended three workshops throughout the day, these topics were: addiction, bullying and the pressure to succeed as a teenager in high school. Many people in New Hampshire, specifically the North Country have suffered from or seen someone battle addiction. Worst of all many of these people are younger than 18. "Why is addiction such a problem in high school?" "Why is juuling so popular among young people?" "How do we fix these issues?" These were the biggest questions asked to a group of roughly 20 students.

The answer to the first question was almost so obvious that it surprised me. Addiction in teenagers, just like in adults, is mainly used as a coping mechanism for stress, depression and other mental health problems that can affect a student on a daily ba-

sis. Many of the students in the group also believed that not only have drugs been so normalized in culture but there isn't enough proper education on the issue. One student said that all he was ever taught was that drugs were bad. No one ever said why they were so bad though. The solution? More education and support on the subject. According to the students, implementing proper education is a must in schools. Along with this, a support system that doesn't focus on harsh judgement and punishment should also be available to students who suffer with any form of addiction.

Through this, students could get the help they need, and mostly likely want, to overcome their addiction. This would apply to any kind of addiction, including Juuling. This has become an epidemic in high schools across the nation and now students, parents and faculty alike are demanding change.

Bullying is an issue that spans over hundreds of high schools across all 50 states and the effects of it can change a person for life. At the second workshop I attended, I heard first hand the experiences of others who had been bullied throughout their school experience. A va-

riety of topics such as weight, intelligence, income and race all were part of the conversation. Interestingly though, the conversation of why do bullies even bully came up. Many people realized that it was much more than the desire to be cruel. Some people want to be like others and because of "social norms" feel like they don't fit in with the majority of their peers. These were both considered reasons for someone to bully another student. How does one overcome a student bullying them? The group said that while it is definitely difficult, showing someone that their cruelty doesn't

affect them is the best way to not only help yourself, but to show the other person that they shouldn't be doing what they are attempting.

The final workshop of the day was the pressure to succeed. Here students dove into how high school and society has a very narrow view of what success looks like. When in reality, according to every student in the group, success comes in a multitude of forms and success for one person can be completely different for another. Going to college, or not going to college, making millions, or making enough, doctor, or artist, these are all viewed as

successful by different people. Having everyone realize that this is the first step in lifting the unnecessary pressure off students and helping them truly succeed.

The day was not only enjoyable and interesting but useful to everyone that attended. Sharing the ideas of students, faculty, and government officials is vital to solving the problems at hand and spreading them nationwide. Many ideas were shared that students hope to bring back to their own schools and work at solving the problems they face one classroom at a time.

LETTERS CONTINUED...

Legislative update

To the Editor:

If the Democrat majority in the House can't get all of your money, then your rights are the next target.

HB564 — only criminals with intent to do mayhem will have free rein to have firearms in or near schools. Law abiding gun owners cannot act as deterrents because they must keep their guns in their cars. If taken out of their cars near or on school grounds a misdemeanor violation occurs. I hope with an active shooter, law abiders will ignore this pro-criminal proposed statute.

95 percent of Democrats voted to Pass. 99 percent of Republicans voted to Kill.

Egan, Timothy (D, Sugar Hill) Pass Hennessey, Erin (R, Littleton) Kill Ford, Susan (D, Easton) Pass Migliore, Vincent Paul (R, Bridgewater) Kill Ruprecht, Dennis (D, Landaff) Pass

HB641, defines abuse as almost anything except looking at the alleged victim cross-eyed. All it takes is a complaint and the alleged perpetrator loses all rights. The rules of evidence are suspended in court. Guilty till proved innocent.

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Egan, Timothy (D, Sugar Hill) Pass Gordon, Edward (R, Bristol) Absent

Ford, Susan (D, Easton) Pass

Hennessey, Erin (R, Littleton) Kill

French, Elaine (D, Littleton) Pass

Gordon, Edward (R, Bristol) Absent

Ruprecht, Dennis (D, Landaff) Pass

HB696, defines abuse as almost anything except looking at the alleged victim cross-eyed. All it takes is a complaint and the alleged perpetrator loses all rights. The rules of evidence are suspended in court. Guilty till proved innocent.

96 percent of Democrats voted to Pass. 97 percent of Republicans voted to

Kill.

Egan, Timothy (D, Sugar Hill) Pass

Gordon, Edward (R, Bristol) Absent

Ford, Susan (D, Easton) Pass

Hennessey, Erin (R, Littleton) Kill

French, Elaine (D, Littleton) Pass

Gordon, Edward (R, Bristol) Absent

Ruprecht, Dennis (D, Landaff) Pass

HB641, It's not enough tourists pay the state room and meals tax and spend their money on local restaurants and other events and entertainment, supporting the local economy. Now a local room tax is added to go into the municipality's "tourism fund". Could be a county tax and a town tax..

96 percent of Democrats voted to Pass. 97 percent of Republicans voted to Kill.

Egan, Timothy (D, Sugar Hill) Pass Gordon, Edward (R, Bristol) Absent

Ford, Susan (D, Easton) Pass

Hennessey, Erin (R, Littleton) Kill

French, Elaine (D, Littleton) Pass

Gordon, Edward (R, Bristol) Absent

Ruprecht, Dennis (D, Landaff) Pass

HB696, defines abuse as almost anything except looking at the alleged victim cross-eyed. All it takes is a complaint and the alleged perpetrator loses all rights. The rules of evidence are suspended in court. Guilty till proved innocent.

96 percent of Democrats voted to Pass. 97 percent of Republicans voted to

Ladd, Rick (R, Haverhill) Kill

Massimilla, Linda (D, Littleton) Pass

Migliore, Vincent Paul (R, Bridgewater) Kill

Ruprecht, Dennis (D, Landaff) Pass HB616

The state retirement, \$67 million in the hole, will now go to \$77 million.

Another government giveaway. REMEMBER:

state spending on one requires taking from another = zero sum.

Without you the taxpayer government – supposedly – has nothing to

spend, except to enslave our future. 93 percent of Democrats voted to Pass. 91 percent of Republicans voted to Kill.

Egan, Timothy (D, Sugar Hill) Pass Gordon, Edward (R, Bristol) Absent

Ford, Susan (D, Easton) Pass

Hennessey, Erin (R, Littleton) Kill

French, Elaine (D, Littleton) Pass

Gordon, Edward (R, Bristol) Absent

Ruprecht, Dennis (D, Landaff) Pass

HB641, It's not enough tourists pay the state room and meals tax and spend their money on local restaurants and other events and entertainment, supporting the local economy. Now a local room tax is added to go into the municipality's "tourism fund". Could be a county tax and a town tax..

96 percent of Democrats voted to Pass. 97 percent of Republicans voted to Kill.

Egan, Timothy (D, Sugar Hill) Pass Gordon, Edward (R, Bristol) Absent

Ford, Susan (D, Easton) Pass

Hennessey, Erin (R, Littleton) Kill

French, Elaine (D, Littleton) Pass

Gordon, Edward (R, Bristol) Absent

Ruprecht, Dennis (D, Landaff) Pass

Robert Peraino
Franconia

Critics should step forward and run for select board

To the Editor:

Local News

Police seek new prosecutor

BY ANGEL LARCOM

angel@salmonpress.news

LITTLETON — After more than a decade with Natch Greyes filling the role of prosecutor, the Littleton Police Department is now in the market for a new hire.

Littleton Police Chief, Paul Smith, recently said that while other communities in the region have officers wearing the dual hat of both police and prosecutor, this was not an ideal model for his unit.

According to Smith, 2018 saw nearly four hundred physical arrests in Littleton alone. Of those arrests, only thirty-one were not prosecuted.

"It's a full time, forty hour work week. I would rather have an attorney as a prosecutor," Smith said when describing the obvious benefit of having a fully certified officer out on the street.

Of the total arrests made by the Littleton Police Department in 2018, only thirty-seven were juvenile cases. There were 36 domestic violence cases and twenty-nine DWI arrests.

"Typically, Littleton

is one of the top three offices handling felony cases in New Hampshire," said Smith.

He said his officers handle approximately 70 to 80 felony cases each year, most of which involve sexual assault and drug possession.

Smith said that currently, the Littleton Police Department is collaborating openly with

the country attorney's office to do what works best for both the town and the county. The Littleton prosecutor-at-attorney position was first posted internally on Feb. 15 before being made public on March 4.

Smith said while a closing date for the position had been set, the listing will remain

open until the position is filled. The review process for potential hires can take up to two weeks and according to Smith, all potential applicants are reviewed by a panel comprised of local and county law enforcement as well as local prosecutors. The final step in the review process is an interview with Andrew Dorsett,

the town manager.

While the communities of Haverhill and Bethlehem currently contract with the Grafton County attorney's office, Smith said both Franconia and Sugar Hill have historically utilized Littleton's attorney-prosecutor for their cases on a contractual basis. He also said that there are currently

several officers on his force that are very capable of prosecuting in the circuit court.

Currently, Sergeant James Gardiner is operating as both prosecutor and patrol supervisor in Littleton.

"The sooner I can get him back out there as a patrol supervisor, the better," said Smith.

NEK Council on Aging offers aquatic program for arthritis

ST. JOHNSBURY, Vt. — The NEK Council on Aging is pleased to offer a new aquatic wellness program created by the Arthritis Foundation and the Aquatic Exercise Association. The weekly program, starting on April 2, will take place at the Newport City Inn and Suites every Tuesday and Thursday from 1:30 – 2:30 p.m. There is a \$5 fee to offset the cost of the use of the facility.

This warm-water exercise program, suitable for every fitness level, has been shown to reduce pain and improve overall health. Exercises include range of motion, muscle-strengthening, socialization activities, and an optional, moderate-intensity aerobic component.

The class, led by a specially trained program leader, meets for six to 10 weeks. Each session provides a friendly and supportive environment that encourages social interaction. Although the classes are held in

the water, swimming skills are not necessary.

In addition to the new aquatic program, the Council also offers the evidence-based Arthritis Foundation Exercise Program (AFEP). The AFEP program, introduced in 2018, is a low-impact physical activity program to reduce pain and decrease stiffness. The sessions include gentle range-of-motion exercises that are suitable for every fitness level and ability.

Led by Certified AFEP Trainers, the enjoyable and motivational classes may be taken either standing or sitting in a chair. Due to the fact that the program is evidence-based, proven results are achievable in pain reduction, improved joint function, increased muscular strength, and an overall improved sense of well-being and quality of life.

"I am amazed at how people in our communities are stepping forward to become

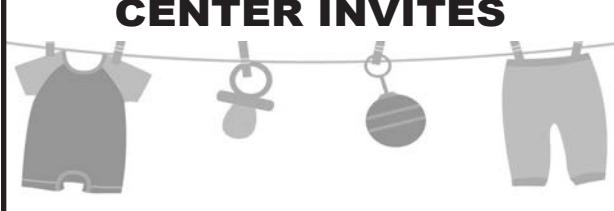
wellness leaders," said Karen Budde, the RSVP Volunteer Coordinator and AFEP Trainer. "It is like feeding two birds with one seed – as the leader you impact your community by offering a wellness class, and yet, as the leader, you have to participate to lead it."

For more information on the Wellness Program at the NEK Council on Aging, visit www.NEKCouncil.org.

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The Family Resource Center offers services and supports to prenatal moms and families with children up to the age of 18 throughout Northern Grafton County. Our programs are free, voluntary, and include: Evidence Based Parenting Curriculum · Resource Referral · Community and Connection · Maternal and Paternal Depression Screening · Life Skills · Child Development Screening · Support Groups

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the family
resource center

BATH — The Bath Library Book Club will be discussing "Kitchen Confidential" by Anthony Bourdain on Thursday, May 9 at 6 p.m. at the Bath Public Library.

When Chef Anthony Bourdain wrote

"Don't Eat Before You Read This" in The New Yorker, he spared no one's appetite, revealing what goes on behind the kitchen door. In Kitchen Confidential, he expanded that appetizer into a deliciously funny, de-

lectable shocking banquet that lays out his 25 years of sex, drugs, and haute cuisine.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9 a.m. to noon and 1 to 5 p.m.

and Saturdays 9 a.m. to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 747-3372 or email bathlibrarykjb@gmail.com.

LETTERS CONTINUED...

Urge your legislators to support House budget

To the Editor:

We want to thank North Country lawmakers for their work to create a more equitable and more affordable way to pay for our outstanding

ing public schools. The current system, based solely on property taxes, is bankrupting our system and forcing cut after cut to sidestep massive tax hikes on residents.

There's a better way.

The newly unveiled House plan means millions in state aid that does not come from local property taxes. It fully restores stabilization grants to help every district in our region. It fully funds kindergarten, which communities recognize is an essential component to a great education. This plan means more funding for Berlin, Gorham, Colebrook, Conway, Haverhill, Littleton, Whitefield, Woodstock, Groveton and so many other cities and towns outside of our region who struggle to fund quality education for their families.

astating cuts, which are well-documented by news coverage. Students are suffering. We can reverse that trend with this new proposal.

We support the House budget, and urge lawmakers to do the same. This plan means new funding and a restoration of the deep cuts recently made to North Country school districts. I urge the Governor and lawmakers to adopt this plan and help us provide high quality and affordable education to our local residents.

*Corinne Cascadden SAU #3
Bruce Beasley SAU #7
Kevin Richard SAU #9
David Backler SAU #20
Laurie Melanson SAU #23
Pierre Couture SAU #35
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Classified: It's Auto-matic

Local News

LRH recognizes town employees

LITTLETON — Victoria Roman, First Cook at LRH Food & Nutrition was named as Employee of the Year.

According to one of her peers, "Victoria demonstrates each of the LRH Core Values – Integrity, Compassion, Accountability, Respect, and Excellence. Victoria's 'can-do' attitude and friendly and approachable personality has resulted in excellent patient and customer care. Going above and beyond for patients and customers is her personal standard for service, making it clear this is her priority. This has created an exceptional work and dining environment for fellow team members, customers and patients. Victoria leads by example and continuously encourages others to strive for excellence. The picture of Victoria's distinction is made up of hundreds of puzzle pieces that cannot be measured by specific situations, but rather only as a whole on a daily basis."

Celebrating and being recognized for five years of service - Joseph Astle, Kristina Batchelder, Rachel Bisson, RN, Ashley Brown, Eric Carrier, David Carter, Courtney Daniels, Abbie Dubreuil, Jennifer Everleth, Jessica Foster-He-



From left: Robert Nutter, President; Victoria Roman, First Cook, Food & Nutrition at LRH; Karen Superchi, RNC-OB, MSN, Vice President of Patient Care Services; and Roger Gingue, Board Chair - LRH Board of Trustees present Victoria with the annual Employee of the Year recognition.

bert, RN, Stephanie Fuller, MA, Ashley Gadapee, Teresa Green, MD, Dawn Guay, Beth Guckin, CRNA, Mikayla Hamel, Kiersten Hasselbarth, RN, Nancy Haynes, Julie Hohmeister, NP, Catherine Hulse, LPN, Amanda Jacob, Jessica Jacobs, MD, Jeffrey Kauffman, MD, Tina Keach, RN, Jesse Kochenderfer, MA, Catherine LaCoss, Tammy Ladd, Steven LaRose, Lauren Morse, OT, Eric Mullins, MD, Maureen Murphy-Mallo, RN, Jillian Paquette, RN, Kathleen Pearson, MD, Jody Ramsay, Lori Robinson, MA, Danielle Rodrigues, Cynthia

Ryan, Meghan Stinson, Shannon Trahan, Jaren Vandenbroek, DNAP, CRNA; 10 Years - Becky Baldauf, RN, Patricia Belanger, RN, Terri Fadden, RN, Arcia French, LNA, William Langdoc, Anna Locke, Elizabeth Mallary, RN, Kelly Manson, RN, Wendy Mason, Christina Morancie, Wendy Robinson, Victoria Roman, Deborah Schultz, Juergen Spagolla; 15 Years - Edward Daniels, Laura Potter, RN, Hilary Bradshaw, OT, Steven Czarnecki, Jennifer Maccini, RN, Ann Laflamme, Jennifer Loud, Jennifer Krol,

Leslie Walker, Heather Watkins, RN; 20 Years - Audrey Davidonis, Tracy Roy, Catherine Colby, Robin Ploof, Martin Galasyn, Anita Vann, RN, Kara Bean; 25 Years - Linda White, RN; 30 Years - Gail Perkins, LPN; 35 Years - Mary Ellen Fairfield and 40 Years - Peg Buckley, Cindy Mitchell, RN.

"I am pleased to recognize Victoria Roman, First Cook, for her outstanding work ethic and enthusiasm, and am proud to have someone as dedicated and caring on staff at LRH."

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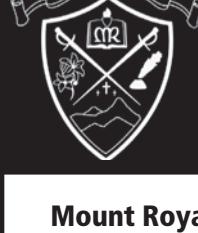
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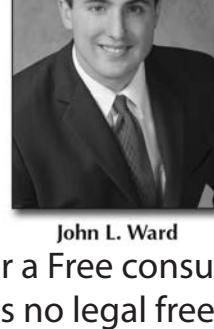
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Local News

Lisbon High School senior becomes published author

LISBON — Aidan Vielleux is a senior attending Lisbon Regional School (LRS). He has lived in Lisbon for nearly six years. For his high school senior project the aspiring author drafted and published a book in order to experience the challenges of writing a first novel. Aidan began writing his novel during summer vacation of his junior year.

Vielleux is an exemplary student having received numerous high honor awards and two Principal's List awards. Aidan is graduating as a New Hampshire Scholar for the Arts in June. During his junior year Aidan was top of his class in College Composition, a dual enrollment Running Start class dedicated to college writing. He also interned at the New England Wire Mill as a machinist and then went on to take an automotive mechanics class at the Hugh Gallen Technical Center at Littleton High School.

When he is not writing, Vielleux studies history and enjoys interning at the New England Wire Mill as a machinist and then went on to take an automotive mechanics class at the Hugh Gallen Technical Center at Littleton High School.

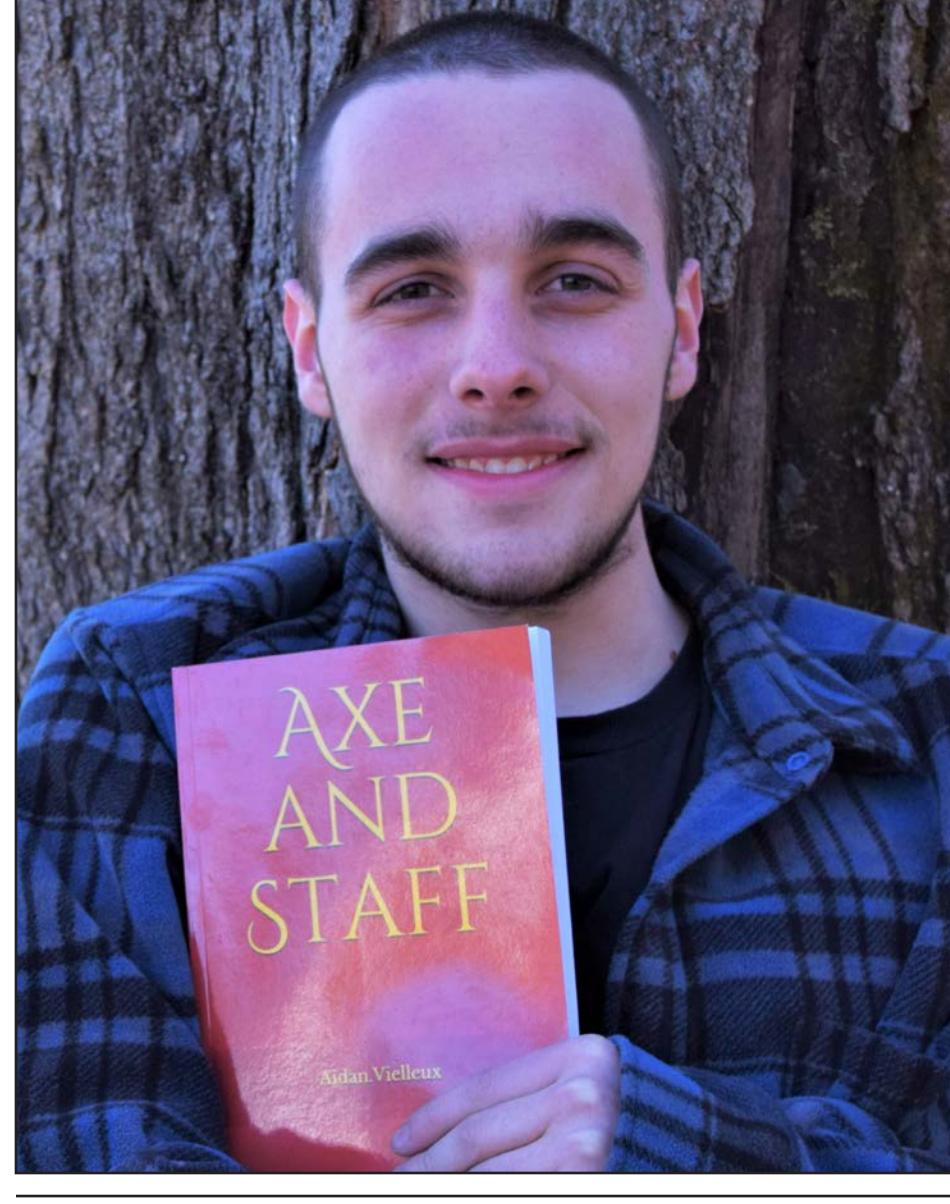
Physics. During his junior year Aidan became the head of the Gamesters video gaming club at LRS, an organization involving students working together to create projects that involve STEM (Science, Technology, Engineering and Mathematics) in an academic setting. His hobbies, besides preparing for a sequel, include researching history, helping others, hiking, and playing videogames.

He states, "Writing was something I wanted to do to help others. My goal is to provide a story that can help others forget their troubles. I also hope that I can inspire others to do their best and help others accomplish their goals. My teachers, friends, and family did that for me and I would like to pass on the help."

Vielleux began writing Axe and Staff June ninth of 2018. While it took him a while to begin, he eventually began writing five to ten pages a day. Between October and November of 2018 the aspiring author wrote over one hundred pages. The novel was finished by

early December but was not published on Amazon until recently. Paperback copies can be purchased on amazon. "Creating this novel has taken a toll on me. It really is a struggle because of how saturated the collective bookshelf is. Many things have already been written and that makes it hard for creators to be original. Another aspect is how much time it takes to write. I have a total editing time of 432 hours on my current document for the novel, but I began writing it on a different document which puts the total to roughly 1500-2000 hours. It truly has been a long process that has been exhausting. I know it has been rough for my friends and family because of how much time I put to developing this novel. Writing has been isolating because of this amount of time I set aside for this project," Vielleux says.

He admits, however, that this has been one of the most rewarding experiences of his life. Both the staff and students at LRS are extremely proud of the accomplishments of this young author and cannot wait to see what is in store ahead.



WREN partners with Food Co-op

LITTLETON — The Women's Rural Entrepreneurial Network is cohosting a free workshop for local growers,

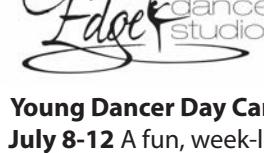
making our community more economically resilient and sustainable.

producers and makers in partnership with the Littleton Food Co-op on Thursday, April 18 from 5:30 to 7 p.m. Attendees will hear from Co-op staff Ed King, Chris Whiton and Charise Baker on what their vendor selection process involves. Co-op Manager Ed King notes, "When we buy local products, more

money stays right here, on the Co-op's guidelines and criteria for selecting vendors. Any one producing a locally made product — foods, beer, health, beauty or gift items — is welcome to attend. The workshop will be held in the Co-op's Cafe, located at the corner of Cottage Street and Route 302 (Exit 41 off I-93) in Littleton. Everyone is welcome. Please let us know you plan to attend by registering at www.wrenworks.org.

This free workshop will include information

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5	\$38,600
6	\$41,450



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Local News

Passover Seder planned at New Life Christian Center

B E T H L E H E M — New Life Christian Center on Route 116, in Bethlehem is once again hosting a Passover Sed-

er on April 19 at 5:30 p.m. The Seder will include a full meal and teaching. It is free to the public; a free will offering will be

taken. If you would like to reserve a seat or have questions, please call 444-1230.

We also gather to-

gether each Sabbath to worship YHWH and study the Torah. We begin the service at 10:30 a.m. with the blowing

of the shofars, followed by prayer and a study of God's Word. At the end of the service we get together for a time of food

and fellowship. If you would like more information, please feel free to contact us at 444-1230.

Lions hosting annual Senior Citizens Dinner

LISBON — The Lisbon Lions Club is once again showing their appreciation to local senior citizens by sponsoring the 16th Annual Spring Senior Dinner, free for all senior citizens living in Lisbon, Lyman and Landaff, on Saturday, April 13, at the Lisbon Regional School cafeteria at noon. The menu

will feature a complete ham dinner and strawberry shortcake or cupcakes for dessert.

Please come out to celebrate spring's arrival, enjoy great food and visit with friends and neighbors. Home deliveries are available again this year for those unable to attend the dinner at the school. We are

happy to provide transportation to the event, if needed.

To make reservations to eat at school (appreciated, but not necessary), to request a dinner delivered to your home, or to request assistance with transportation to the school, please call Donna & Phil Clark at 838-5043 by April 11.

Coldwell Banker agent honored for productivity

LITTLETON — Tom Tremblay, President of Coldwell Banker Lin-Wood Real Estate, is pleased to announce that Tony Drapeau from the Lincoln office has been honored with a Designation Award from Coldwell Banker for his production during 2018. Achievement of this award is an honor and places Tony in the company of the best Coldwell Banker agents in the country and the world.

Tony Drapeau has been named to the International Sterling Society, which is awarded

to the top 25 percent of sales associates worldwide in the Coldwell Banker system.

"I am proud of what Tony has accomplished. I find all of our agents receive glowing accolades from the clients and customers we serve. It is so nice to work with great people," said Tom Tremblay, President of Coldwell Banker Linwood Real Estate.

Coldwell Banker Linwood Real Estate has offices in Littleton, Lincoln, Franconia and Weare.



Tony Drapeau

Celebrate poetry at Bethlehem Library

BETHLEHEM — Celebrate National Poetry Month at Bethlehem Library. Monday, April 29, the library will hold an open mic night beginning at 6 p.m. This free event is open to all poetry lovers.

Share a favorite poem, your own creation or a long-time favorite. This is a perfect opportunity for first-time readers to

recite in a supportive atmosphere. Readers are asked to sign up by calling the library so a schedule can be made.

Not comfortable with public speaking? Come to listen and enjoy a wide range of poetry.

For more information, go to www.bethlehemlibrary.org, call 869-2409, or check their Facebook page.

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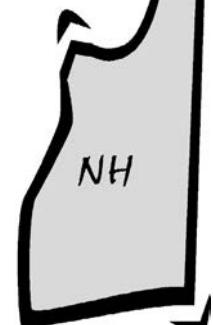
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COURTESY

Exxon/Mobile forges educational alliance with Littleton schools

Exxon and Mobil are fueling young minds and helping create "aha moments" through the Educational Alliance. Since its inception, they have committed more than \$34 million to this national program, which funds math and science programs at schools in need. It's part of their ongoing effort to support science, technology, engineering and math (STEM) education within the communities they serve. Pictured here, Greg Fillion, Assistant Principal, accepting a \$500.00 check from Simon's Market Owner, Matt Simon.

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SUNDAY & MONDAY • MAY 12-13, 2019

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Spend the night and enjoy a fun-filled evening!
We have some terrific activities and events planned.
Sunday, May 12, 2019 4-7 pm (optional)

A sampling of speakers and topics includes:

• **Back by popular demand!** Jana Stanfield—Humorist, songwriter, and educator. Jana combines laughter, wisdom, and her million-selling songs into an interactive experience that generates fun and positive action.

• Inflammation Nation: A look at the effects of diet and inflammation.

• Opioid Addiction and Women

• Stay Dry - New Treatments for Incontinence

• Eye on the Future - Best practices for keeping your eyes healthy

• The "Selfie Culture" - Can all those pictures affect our mental health?

• The Weight We Carry

• Pretty Feet - Toenail Care and Treatment

...and much, much more!

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and Optimize Your
Optimism



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STANFIELD**

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Local News

Local podiatrists tackle Boston Marathon

BY TARA GILES

tara@salmonpress.news

LANCASTER — Three doctors from the same practice will be at the starting line in Boston on April 15 for the 122nd running of the famed Boston Marathon.

Podiatrists Hal Goolman, Tara Soraghan and Kemp Schanluber work for Weeks Medical Center. The three doctors are well known throughout the North Country as they treat patients while practicing in Littleton and Berlin as well. While not treating patients, they can be seen at various times running through the streets of Lancaster, and on long mileage days, into surrounding towns. One thing to note is that these three are not just recreational runners, they are fast and often finish in the top three of their age groups, often times beating runners who are decades younger.

We caught up with Soraghan, Schanluber and Goolman who offered some insight into their running careers and some thoughts about their upcoming race. For those of you who don't know, a marathon is a 26.2 mile race....n foot.

Soraghan explained that when marathon racing began for her, "I decided to run my first marathon on a whim. I had just moved to Philadelphia for podiatry school and running was the easiest form of exercise. My friend was training for the Philadelphia Marathon and I joined her on so many runs, I decided to sign up myself."

Soraghan added, "I had no clue what I was doing. I didn't have any sort of plan, didn't know that I was supposed to eat and drink along the course and definitely hit the 'wall' big time. It took me about seven years and much more

running experience to try another one. By that time, I had a better idea of how to train and took over 45 minutes off my time and qualified for Boston."

After that, Soraghan was hooked.

She brought up the point that runners make good employees, "To be a good runner you have to put in the work – you have to be both disciplined and self-motivated. Being a physician also requires a lot of work and we are all efficient and motivated enough to carve out time for our running and exercise."

Soraghan said, "I remember running with Hal at 5:30 in the morning before a day of surgery and he would always remark how this was such a "good start to his day" and "allowed him to focus better" while at work. I certainly feel more energetic and focused when I start my day with a run."

Always an athlete, Soraghan just recently considered herself a true runner, however alpine ski racing has always been her biggest passion.

"I ran in college and in my years in Philadelphia more for exercise and spent most of my time in the gym. It was in my third year of residency that I decided to do a half marathon while on vacation in Florida. I was hoping to run under two hours.

When I ran well under that and finished first in my age group, I finally felt like a "true runner". I continued to enter road races and have ever since. I have had many highs and many lows, as I have had many injuries over the years. But I am proud that I work hard even when I am injured to come back even stronger and to learn something from every injury," she said.

Running the Boston Marathon is



COURTESY

Tara Soraghan, along with her co-workers Hal Goolman and Kemp Schanluber, will be in Boston on April 15 for the 122nd running of the Boston Marathon.

the highlight running event that every runner dreams about.

Soraghan explained why Boston is 'special,' commenting that "As a kid from Massachusetts, we got the day off and got to watch all these 'crazy people' run such an incredibly long way. I always wanted to run it, but never really thought I could. It's not the fastest or the easiest course, but as a runner, qualifying for Boston is a notable achievement.

I truly had tears in my eyes the first time I ran down Boylston Street and crossed the finish line."

Soraghan was not a marathoner in 2013; however, the bombings made her want to go run Boston even more.

Training for Boston in the North Country is a feat in and of itself. Soraghan talks about 4:30 am wake up calls, running in the dark, cold, icy, snowy roadways.

"I could not get by without multiple layers, hand warmers and my yak trax," she joked.

If you ever wanted running advice from Soraghan, here it is: "My advice is to develop a routine. Make running a priority and

have a plan to get out there often. Having a solid, consistent base builds strength. A marathon takes a lot of strength, both physically and mentally."

To cross the finish line in a marathon is a different experience for each runner, she says, adding "I do put a lot of pressure on myself and sometimes a bad race is a disappointment, but those days when everything clicks and all the training has worked is the definition of the 'runner's high.' Regardless of time, a hot shower and a cold beer are post-race necessities!"

As for working with Schanluber and Goolman, "It's always great to chat about upcoming races or how the past weekend's runs or races went. I definitely admire how fast my partners are and their longevity in the sport and hope that I will still be running marathons for years to come. Kemp urged me to try a triathlon and so I am stepping out of my comfort zone and attempting a half Ironman this summer."

Lastly, Soraghan offered, "I think being a runner only makes me more passionate about my profession.



Hal Goolman



Kemp Schanluber

I also think that we have a responsibility to be leaders in our community, including setting a good example for our patients. We treat many conditions that are negatively impacted by diabetes and weight, and I often urge my patients to get moving. No, I am not expecting my patients to run hundreds of miles, but I want them out exercising and getting fresh air."

Ready and always rearing to go is Kemp Schanluber, who says "I think it is quite unique that we have three of us working together, in the same specialty, all running and qualified for Boston. I guess I took it for granted until I really thought about it. I do think it is quite amazing and I am proud to be associated with Hal and Tara in this endeavor. I appreciate their hard work and dedication that spills over from running to work."

Schanluber began his journey with running while in high school as a way to keep in shape for football and track. Schanluber was a pole vaulter of all things.

As for running, he said, "I really enjoyed it but did not get into long

distance running until a friend introduced me to triathlons in the mid 1980s. I really loved those but sort of migrated into running as I found that this was my best event in the triathlon."

Soon after his triathlon stints, Schanluber began to focus on the 5, 8, and 10k distances and found his niche.

As for the 26.2, he joked, "I decided to jump into a marathon on a bit of an impulse – which was a mistake!"

He explained that he is not at all a good marathoner as this has been one race he has struggled with for years.

"I ran my first one in the late 80s and just fell apart," he said. "I did not respect the distance at all. I could run sub 31 minutes for a 10K, but couldn't break three hours in a marathon."

Explaining that his first marathon was a disaster, he saw them as a challenge which "pulled [him] back in."

"Hal got me back into the idea of doing another marathon. He is the master of marathon prep and strategy. He knows more about running than anyone I have ever been around. I have come to love the

MARATHON, PAGE A11



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By - Leo Enos

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Local News

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Mary Saucier Chouteau, UNH Cooperative Extension Field Specialist, Food Safety, is

a nationally certified ServSafe® instructor and will be teaching this class on Monday, May 20 from 8 a.m. to 5:30 p.m. at the UNH Cooperative Extension Grafton County Office – 3855 Dartmouth College Highway, North Haverhill.

For more information go to <http://bit.ly/ServSafe-Haverhill-2019> or call the Grafton County UNH Cooperative Extension Grafton County Office – 3855 Dartmouth College Highway, North Haverhill.

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Sadie Bushway accepted to Delaware Valley University

DOYLESTOWN, Pa. — Sadie Bushway, of Lisbon has been accepted for admission at Delaware Valley University.

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MARATHON

(CONTINUED FROM PAGE A10)

challenge of trying to overcome the fact that I have never really run a good marathon. I always struggle to not cramp up and finish strong," said Schanlauer.

Breaking it down, he said, "I look at the marathon as a microcosm of life basically. You can go through just about every emotion during the race but have to keep pushing forward and try to overcome what your body and mind are going through. I like this challenge very much and it keeps calling me back to try to succeed at this distance."

A challenge for Boston training is the winter weather, as Schanlauer pointed out, adding that "running outside for two to three hours this time a year is very challenging."

To Schanlauer, the challenge in training is an easy price to pay to run Boston.

"This is the most exciting sporting event I have ever been a part of with all the history, amazing organization and crowd support," he said. "I am just happy to be a part of it."

The highlight has to be Meb winning the year after the bombing. As for his greatest running accomplishment, Schanlauer mentions a six person 100 mile relay he ran with his children.

"It was so great to see them doing this crazy running event and working as a team," he said.

When asked for his best piece of marathon running advice, Schanlauer said it simply: "Ask Hal, as I have yet to figure it out!"

Hal Goolman, originally from New York, planted roots in Lancaster over twenty years ago. If you are ever looking for Goolman and can't find him, chances are he is somewhere enjoying a long run chatting about life with friends while taking in the scenery.

Goolman had a young start to marathon running, finishing his first at the age of 19.

"A lot of my friends ran high mileage, and were running marathons. I grew up on Staten Island where the New York City Marathon begins so it was only natural," said Goolman. "As it turns out, a lot of podiatrists are runners. It's sort of a requirement to join our practice. But not really. I am most proud that I've been able to run for so many years and I am very thankful for the people running has brought into my life."

As for Boston, Goolman points out that to even get to the starting line, you need to run a qualifying time due to the competitive nature of the race.

The New York native doesn't see many things as challenging and always seeks to find a solution, commenting that "The most challenging part of marathon training is the lengthy duration and dedication required no matter what the conditions or weather are."

To those interested in running the distance race, Goolman said, "If anyone wants to run a marathon they can. It's a matter of building slowly and steadily over time. Stick to your plan and achieve your goals each week."

"The most remarkable thing about Boston Marathon history is that the race has been going well over 100 years. Initially women could not compete. I am thankful that has since changed. It is great to see people from diverse backgrounds that come from all over the world. They come together for one day to celebrate."

"Crossing the finish line is a combination of months of hard work and dedication. Most of it is done when no one is looking. There is great relief, pride and satisfaction that needs to be experienced to appreciate it. It is amazing what we can accomplish when we set goals and are driven to achieve them," stressed Goolman.

As for Soraghan and Schanlauer, "We are all competitive runners.

It is great to have this in common. We don't have to explain this to each other. We just get it.

"The one training tip I would suggest is to start off at an appropriate level and be persistent and dedicated. Minimize the things that make it hard for you to get out there and train and maximize your incentives. Ultimately that comes from an inner drive. It does not come from others."

A mural in Goolman's house including various sections of the Boston Marathon serves as a reminder of his past Boston races and now serves as an inspiration for his upcoming race.

To Kemp, Tara and Hal, this writer along with all of your North Country friends wish you a fantastic race.

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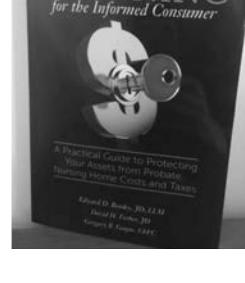
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Local News

DOMINOS

(CONTINUED FROM PAGE A1)

"There was a concrete safe with foot wide walls that had to be removed," he said.

The unique features of each location vary, but Hunt estimates that a typical project takes six to eight months from property purchase to opening day. The Littleton location was a unique challenge for the partners because they were responsible for all

required demolition.

A Vermont native, Hunt said the Littleton store is the third Domino's Pizza he has opened in the North Country. He and franchise partner Keith Bell opened the doors of their first property in Saint Johnsbury in August 2017 and a second location in Berlin quickly followed. Although this is their third location as partners, Hunt indicat-

ed that Bell has three additional properties. Their immediate goal is to open another location in Conway by the end of 2020.

The Littleton Domino's currently boasts nine delivery drivers with the promise of a fleet of twelve to fourteen servicing the immediate area. When asked about the delivery radius, Hunt spoke of the challenges in-

herent in a region with several small towns and large geographic boundaries.

"We considered Lisbon and Bethlehem," he said, "but it's hard to give the best service."

Ultimately, the partners decided to offer delivery to Littleton residents only, and Hunt said even then, there are some areas of Littleton so far out they can't deliver and still hon-

or the promise of hot and fresh to your door in twenty-five minutes.

Domino's started as DomiNick's, a small pizza restaurant owned by Dominick DiVarti in Ypsilanti, Michigan in 1960. Three years later, it was purchased by brothers Tom and James Monaghan for \$1400. Eventually, James Monaghan traded his share of ownership for the Volkswagen

OPERA

(CONTINUED FROM PAGE A1)

installing a marquee, Pilotte still fully intends to turn the Opera House into "a great entertainment center of the north country." She said 2018 was a challenge because no one in the community was aware that the space was available for event rentals and that her first goal was to increase community awareness through an active social media presence.

"Support from the town has been tremendous," said Pilotte as she described how commissioners, tenants and community members recently banded together to help her complete the new green room and backstage kitchen.

"Andrew Dorsett has the same vision as I do," she continued as she described her continuing goal of increased revenue and a decreased bur-

den on taxpayers.

Ultimately, her goal is to have a fully operational and self-sufficient establishment within five years.

According to Pilotte, antiquated lighting and substandard sound equipment are the biggest obstacles to turning the Opera House into the performance and cultural center she believes it can become. She said the Opera House was

recently the recipient of a \$20,000 grant from the Tillotson Fund earmarked for new sound equipment. While she acknowledged the gift is exciting news, she also said that quality sound equipment could easily cost up to \$75,000 or more.

Currently, the Upstage Players execute two to three performances a year on the Opera House stage, while Pi-

lotte hosts and organized two craft fairs. The Grand Hall has a capacity of 434 people and is available for rent, along with the more private Tower Room on the second floor.

The full day rate for four or more hours of use is currently \$300, but Pilotte indicated that amount is scheduled to increase to \$500 by July 2019. Non-profits are presently offered a

PLANNING

(CONTINUED FROM PAGE A2)

ees to ask questions or make statements before the board would make their decision. The first community member to speak discussed road frontage requirements, existing state and town regulations regarding waste hauling fees and the financial burden that Bethlehem has had to

bear in recent years.

Pospesil explained to both the planning board and the public that the lot line adjustments would allow Casella to explore their options further while not impeding the current use of the land by Ingerson and his company, Chick's Sand and Gravel. When a planning board member asked if a topographical

map would help make more sense of the lot lines, Pospesil pointed out that the topography has no bearing on why the lot lines were being adjusted.

"This is not a proposal for a landfill, this is a study area," stated Pospesil. "We are taking a look at this property and seeing what its potential is for us to develop

a landfill. This lot is the area where Chick (Ingerson) has said we could work."

One Dalton resident asked why an adjustment needs to be made before any studies are conducted. Pospesil indicated that it has to do with the specifics of the negotiations and contracts between Ingerson and Casella.

"We have been out there for about a year, looking at the drainage features and wetlands, understanding the geology and the hydrogeology on the property," stated Casella engineer Joe Gay.

He went on to explain that a lot line adjustment had not been necessary for such studies.

"To secure the property to further the investigation and put more resources into the project, we need to make a lot line adjustment," Gay said, explaining to the Dalton residents that this process could take up to ten years.

"The landfill itself would be far less than the 300 acres we are looking at," he said.

After 20 minutes of discussion, the tension began to increase in the room, dialogue became more passionate and the volume rose as more people began to speak up.

Lindquist said that the proposed lot line adjustment would create a land parcel within a

parcel, which is not the purpose of a lot line adjustment. He then stated that, as worded, the proposal on the table was in alignment with state regulations for subdivisions.

"This is a subdivision, not a lot line adjustment because it matches the state definition," said Lindquist.

Pospesil countered that according to the Dalton Master Plan, the proposed use for this piece of property is commercial and industrial.

Lindquist indicated that the Planning Board may be required to hire outside help on the issue and that the applicant would be financially responsible for any incurred professional fees.

He then posed the question, "Was it submitted the right way?"

With a unanimous vote, the Dalton Planning Board decided to reject the lot line adjustment request, as written. They informed Pospesil that it needed to be resubmitted as a subdivision request.

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Local News

Food Co-op launches cooking series

LITTLETON — The Littleton Food Co-op is proud to announce a new series of cooking events called Mind Full of Cooking on Monday nights a couple of times per month. They will feature a local chef sharing their passion for cooking and

demonstrating a recipe from their culinary repertoire. Our first event was Monday, April 8, at 4:30 p.m. at the Co-op Cafe. Chef Cole Hunter of Rek-Lis will be delving into the ease of making kimchi and how to create your own culinary fusion cooking

made gnocchi.

Our second Mind Full of Cooking will be on April 15 at 4:30 p.m. at the Co-op Cafe. Chef Cole Hunter of Rek-Lis will be delving into the ease of making kimchi and how to create your own culinary fusion cooking

adventure.

All events are free to attend. Advanced registration is appreciated, but not required. RSVP online at littletoncoop.com/events or calling 444-2800.

Member-owned Littleton Food Co-op is a

local, hybrid, and very friendly store located at the intersection of Cottage Street and Route 302 (exit 41 off I-93). Everyone is welcome to shop and everyone is welcome to join! Not sure what local, hybrid, and friendly means in terms of a food

store? Come on in and ask any of our staff members! The Littleton Food Co-op is open daily from 7 am - 8 pm. For more information or to become a member, please visit www.littletoncoop.com or call 603-444-2800. See you at the Co-op!

MAPLE

(CONTINUED FROM PAGE A1)

on is only two, Presby wants to teach him the sugaring life.

"We start them young in this family," he said.

The sugaring season is short and intense. Because the sap flow is dependent on cold nights and warm days, some seasons are more successful than others. If the volume of sap currently cooking in Presby's sugar house is any indication, this looks like a benchmark year for maple syrup.

According to Presby, the "All-natural, free-range, New Hampshire-grown maple trees" are right on schedule.

Known in his fami-



Brad Presby squirts canola oil into his sap pans to prevent the maple from boiling over in his sugar house in Bethlehem.

ly as the "Edutainer," Presby tells the story of his grandfather secretly boiling sap well into his late 80s, and why they moved production from Bath to Bethlehem.

"One year, Gram said 'Gramps is too old, we're not sugaring any-

more.' Then my grandfather called me and said, 'Brad, I need to talk to you,'" he recalled.

"Okay, I'll come down to the farm," Presby said, referring to the family homestead in Bath.

"No, no, no. I'll meet



A wall of family memories in the bottling house of Presby Maple Farm tracks maple sugaring seasons for several decades.

you uptown. I don't want Gram to hear this conversation," Presby continued the story. "Brad, things aren't good. Grandma is trying to run the family. She won't let us sugar anymore."

Presby said his grandfather would travel the thirty-mile route each day during maple season to help with the boil in between his morning and evening farm chores.

"He was 86 or 87 years old at that time," Presby added.

As Presby finished his story, he pointed to a wall of the bottling house. The wall is covered top to bottom with season notes from the last twenty-five years, written in marker and autographed with the initials of each family member who was pres-

ent for the boil. The wall describes such things as rate of sap flow, weather patterns and the number of gallons boiled. This wall means the world to Presby.

"We've made a lot of changes in the last year or two," said Presby as he points out new stainless steel machinery. "The sap needs to be 219 degrees to become syrup and at peak season we produce eight to ten gallons of maple syrup per hour."

"I can't tell you how bad or how good it's going to be. The biggest challenge this year has been the squirrels and deer. The deer are like goats, they like to chew through the tubing," Presby continued.

It's obvious he is in his element and he can tell what's happening with the boil just by listening to it.

Presby offers a great deal of programming at The Rocks Estate and taps all of the sugar maples on that property as well as two other orchards in Bethlehem.

MURRAY

(CONTINUED FROM PAGE A1)

tivity. The last credible sighting was at the scene of the accident approximately 7:30 pm the night of the accident," he said.

When asked how he felt about the results of the April 3 investigation, Maura Murray's father Fred said, "I really didn't expect this to happen. This one hurts because I thought we finally had it."



Standing outside Grafton County Courthouse, Maura Murray's father Fred speaks to the press about the results of a recent investigation into his daughter's 2004 disappearance in Haverhill.



State Troopers and FBI investigators searched a Haverhill home on April 3 in connection to the disappearance of Maura Murray in 2004.



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as used in the Bible,
means to miss the mark**

Corinthians 2:2 For I desired to know nothing...
except Jesus Christ, and Him Crucified

Sin, as used in the Bible, means to miss the mark. Since we are all made in the image of God (Genesis 1:27) when we sin, or fail morally, against each other, we sin against the God who made us. We have all sinned and fallen short of God's glory (Romans 3:23).

It is impossible for us, who sin, to purify ourselves from our sin. Jesus, being God and thus perfect, never sinned. His death on the cross purchased for humanity its purification from sin. Forgiveness from sin comes from the shedding of blood (Leviticus 17:11). On the cross, God showed great love for His creation, great mercy, and infinite justice by offering one who was without sin for everyone with sin.

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Obituaries

Services for Margaret Hunt re-scheduled

Margaret Hunt

MONROE — The family would like all to know that there has been a change for the graveside service scheduled for Margaret Hunt.

The service will be held on May 11, 2019 at 11 a.m. at the Monroe Village Cemetery. The ceremony will be officiated by Father William Watts. An Auxiliary Service will also be included.



Following the services, there will be a Celebration of Life held at

Kathryn A. Galipeau, 64

DALTON — Kathryn A. Galipeau, 64, Dalton, died suddenly at home on Wednesday, April 3, 2019.

She was born in Nashua to Marcel and Marguerite (Moran) Sirois on May 27, 1954. She was a member of St. Joseph The Worker Catholic Church, attended Mount St. Mary's Catholic High School and graduated from Nashua High School in 1973. After graduating Kathryn found work as a waitress at Greenridge Turkey Farm Restaurant in Nashua and later Cafe Island Chinese Restaurant.

Kathryn met David Galipeau in June 1979 at Stan's Bar and Grill, and they married a short time later at Kathryn's



family home on March 14, 1980, honeymooned at Niagara Falls, and had two children together. The family moved to Dalton in 1992 where she continued to work as a waitress, first at The Dutch Treat in Franconia, and later at Barbara's Restaurant in Whitefield until retirement in 2015. Barbara enjoyed the outdoors, hiking, swimming and camping, especially summer vacations camping in Ogun-

the Monroe Town Hall. Margaret's favorite comfort foods, drinks and desserts will be available for all to enjoy.

In lieu of flowers, the family would prefer donations to the American Legion Auxiliary Post #68, 2400 Saint Johnsbury Rd., Littleton N.H., 03561 in support of their Children and Youth Programs dear to Margaret's heart.

quit, ME. Kathryn had a green thumb, she maintained an impressive vegetable garden as well as flower gardens. She enjoyed having songbirds visit and kept the bird feeders full.

Kathryn was predeceased by her parents; a brother, Danny Sirois; and her daughter, Shelly Galipeau.

She is survived by her husband, David Galipeau of Dalton; her son, Steven Galipeau of New Bedford, Mass.; a brother, John Sirois of Peterborough; and a sister, Maurine Sirois of Toronto, Canada. Services will be held privately at the convenience of the family. To share memories and condolences go to www.RossFuneral.com.

LITTLETON — Francis Demuth, 93, passed away on March 26, 2019.

Francis was born on May 2, 1925, a son to Louis and Marie-Ange (Jubinville) Demuth in Warwick, R.I.

In his younger years, Francis wanted to become a horse racing jockey, but he was under age and his mother would not give her consent for him to do this. As a result, he became a trainer and caretaker of horses in Potowomut, R.I., a job he loved.

In his later teens, he decided to enlist in the US Navy. He spent the next three years as a 3rd class Petty Officer aboard the USS Dortch (DD670), a destroyer, as part of the "Road to Tokyo" and an escort ship for the USS Missouri, where the Treaty with Japan was signed. Francis earned several medals during his years of service, which he was very proud of. Upon his departure from the Navy, he went back to the job he always loved, which was training and caring for race horses. Eventually, Francis and his first wife, Hope, and their children moved to

Francis Demuth, 93

Vermont, where he was employed by Fairbanks Scale in St. Johnsbury, and then drove a banana delivery truck and was affectionately known to some as "the banana man." In 1972, Francis married his 2nd wife, Hilda Emmons. They purchased a house in Lisbon, where he remained for many years.

By this time, he was working as a manager for the Ruggles Supermarket in nearby Littleton, NH. Eventually, Fran accepted the position of assistant manager at Northrop's Market, in his home town. He remained employed there, even after the Northrop family sold the store, which was purchased by Josh Dumont. Francis and Josh became very close friends and Francis continued to work for Josh up until his retirement.

Over the years, Francis was a member of several clubs and organizations, including the Elks, the VFW, The American Legion, and the Lisbon Lions Club. In his free time, he enjoyed bowling, playing pool, and spending several hours playing golf with friends.

even taking trips to other states to play on different golf courses.

Francis was predeceased by both of his parents; a daughter, Jody Crane; his second wife, Hilda (Emmons) Demuth; and a step-son, Dennis Emmons.

He is survived by his loving companion of 38 years, Bertha Harris, and her daughter, Robin Locke, and Robin's family, including her husband Phil Locke, and their children, Amanda (Harris) Martin (husband Shane), Cody Williams, Nadean Locke and Shaylin Locke; also, a sister, Helene Macarrone of Warwick, R.I.; a brother, Dennis Demuth, of Peck, Kan.; a daughter, Lindy Lou Gomes; a son, Mark Demuth; a son-in-law, Gary Crane; two step-sons, Randy and Mark Emmons, Mark's wife, Patty Emmons, and their two children, Heidi Emmons and Chad Emmons and their families; plus many other grandchildren, nieces, nephews, and cousins.

To honor his request, there will be no funeral services. A Celebration of Life is being planned for May.

Linda Leger, 71



LITTLETON — Linda Leger (Chase) passed away peacefully on Thursday, April 4, 2019 at the age of 71. She was a life-long resident of the Littleton, NH area.

Linda was born in Littleton on May 11, 1947, the daughter of Edward and Irene Chase (Slack).

Dam, and crocheting. She cherished good conversation and good company over a strong cup of black coffee.

Surviving family includes her children, Matthew Gosley & wife Jean of Littleton, Sandra Gosley of Littleton, and Kimberley Gagnon of Littleton; grandchildren, Tatum Marshall & husband Nathan of Derry, Shannan Gosley of Franconia, Shantelle Gagnon of Littleton; one great grandson, Cavan Marshall; brother, Wayne Chase of Littleton; sister, Mary Stebbins of Littleton; along with other extended family. She was preceded in death by her parents, Edward & Irene Chase and younger sister, Kathryn Bateau.

Services will be held privately by the family. In lieu of flowers, donations can be made to the Dementia Society of America at <https://www.dementiasociety.org/donate>.

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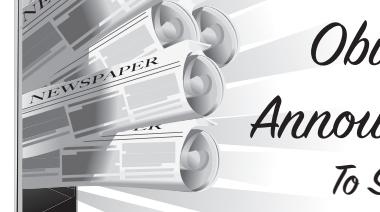
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The eldest of four children, she was very nurturing and enjoyed taking care of others. For several years she was employed at Henschel Shoe Company and later Hitchner's Manufacturing. She also spent many years as a homemaker while her children were small.

Linda loved spending time with family & friends, all things Elvis, playing cards, crossword puzzles, reading romance novels and watching late-night "I Love Lucy" marathons. In her younger years, she enjoyed dancing, playing Bingo, weekend gatherings at Moore

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Brendan Berube at (603) 279-4516, ext. 111
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Healthcare providers offer apprenticeship program

BERLIN — A group of healthcare providers in Northern New Hampshire are tapping new resources to help fill key clinical positions. Androscoggin Valley Hospital, Weeks Medical Center, and Littleton Regional Healthcare have launched a new medical assistant registered apprenticeship program. The program is made possible through a partnership with White Mountains Community College (WMCC) and the ApprenticeshipNH program, which seeks to address workforce needs in various sectors throughout the state through a combination of classroom instruction and on-the-job training. Twelve apprentices will complete the inaugural program, which will prepare them to sit for their Certified Clinical Medi-

cal Assistant exam.

The 12 initial participants in the apprenticeship program are a mixture of incumbent and newly-hired employees whose jobs with the company begin with the program. The program will start with 480 hours of classroom instruction, which will be completed over the course of twelve weeks at WMCC's Berlin campus. The classroom portion of the program is rigorous, comprising a full-time course load, Monday through Friday, and will include classroom time, lab hours, and a practicum which will occur at one of the outpatient facilities.

"This apprenticeship program enables participants to deal with the rigors of working as a medical assistant throughout the course of their apprenticeship,"

said Charles Lloyd, president of White Mountains Community College.

The program is front-loaded, which means that apprentices must complete all of the classroom instruction hours at White Mountains Community College prior to moving into their on-the-job training.

"By requiring apprentices to complete the classroom portion first, we ensure that they have the education they need to succeed when it comes time to put their knowledge to the test in a real-life healthcare environment," Lloyd said. "This method ensures that apprentices are well-prepared and fully equipped to meet the needs of the medical assistant position."

The registered apprenticeship program

also requires 3,600 hours of on-the-job training, and throughout the course of the apprenticeship, participants will earn wages with incremental raises as the program progresses.

To learn more about the ApprenticeshipNH program, including additional apprenticeship and sponsorship opportunities, visit earnlearnnh.org, or contact Emily Zeien at apprenticeshipusanh@ccsnh.edu.

About ApprenticeshipNH

The ApprenticeshipNH Program, housed at the Community College System of New Hampshire, is a unique effort that prepares workers as Registered Apprentices to better compete in the modern workforce. Focusing on the Advanced

Manufacturing, Healthcare, Construction, Hospitality, and Information Technology sectors, the ApprenticeshipNH Program provides workers with invaluable opportunities to pursue highly-skilled, high-paying jobs, and opportunities for employers seeking to build a qualified workforce in New Hampshire. The program is funded through a \$1.2 million grant from the U.S. Department of Labor, Employment and Training Administration.

About White Mountains Community College

White Mountains Community College (WMCC) is located in Berlin, and is part of the Community College System of New Hampshire. WMCC offers associate degree and certificate programs plus training option to prepare students for 21st century job opportunities, as well as transfer and pathways to four year colleges and universities. Associate degree programs include automotive technology, culinary arts, early childhood education, health science, nursing, and trades management. WMCC is committed to working with businesses throughout the state to train and retain employees to develop a robust workforce across all sectors and embraces the "65 by 25 Initiative," which calls for 65 percent of New Hampshire citizens to have some form of post-secondary education by 2025 to meet future workforce demands. For more information, visit [https://www.wmcc.edu/](http://www.wmcc.edu/).

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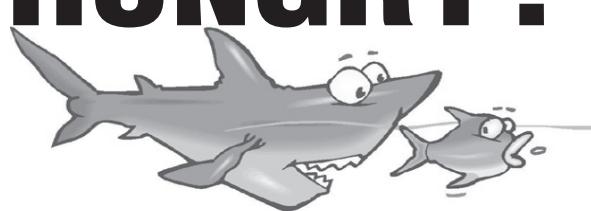
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SPORTS

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LITTLETON, N.H., WEDNESDAY, APRIL 10, 2019

SECTION B PAGE 1

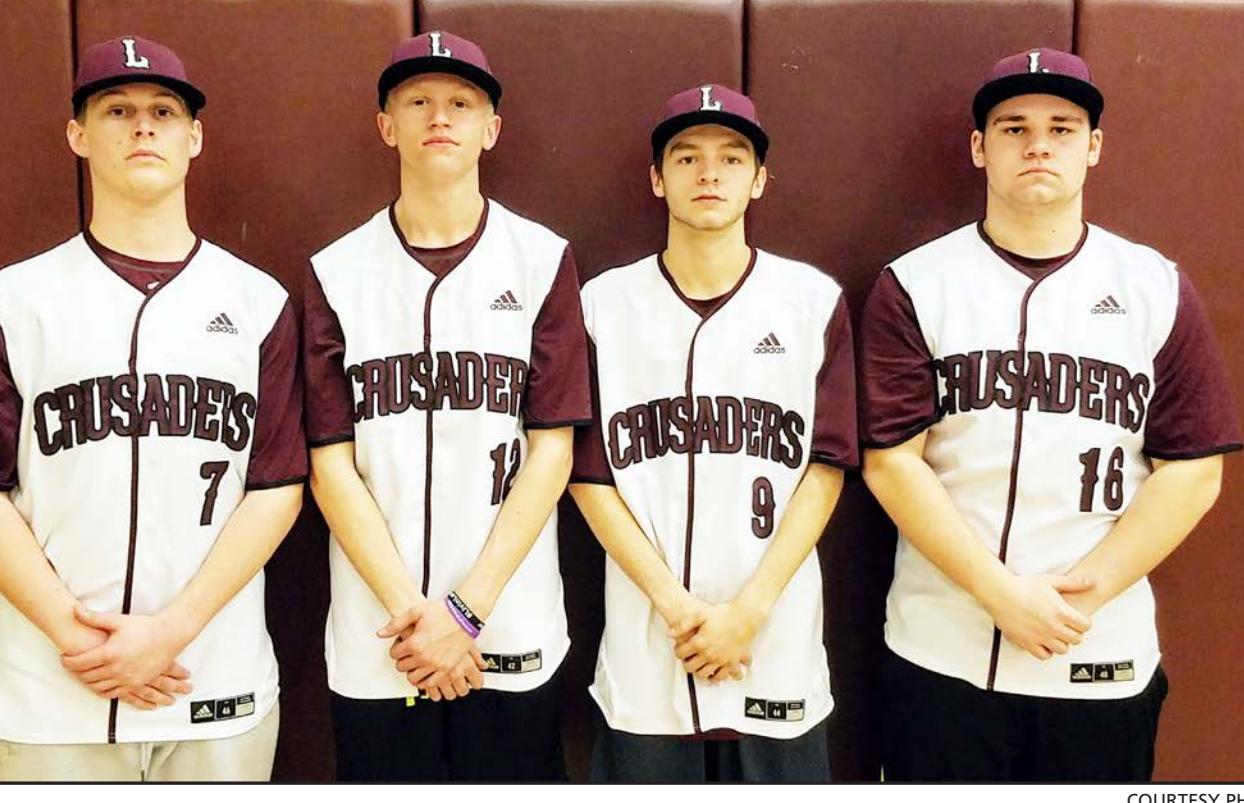
New look Littleton ready to battle in upcoming season

BY COREY MCKEAN

Corey@salmonpress.news

LITTLETON — It was another spectacular season for the Littleton baseball team in 2018 as the Crusaders captured their second state championship in three years while going 17-2 on the season, but in 2019 it will be a brand new look for Littleton as they lost possibly the best senior class in Division IV in graduating Brody Filion, Derek Walker, Quintin Ross, Scott Ridlon, Lucas Bray and Jacob Allaire. There will be a lot of holes to fill on both sides of the ball but if the Crusaders can get up to speed quickly and early at the beginning of the season, look for them to have yet another strong year.

"Last year was another banner year as we won our second state championship in three years. As great



COURTESY PHOTO/THE COURIER

The Littleton Crusaders will be led by seniors Nick Sanborn, Zach Horne, Quinten Perkins and Tyler Murro in the 2019 season.

as that was, we need to move forward. The six seniors on that team were all three-year starters so there are a lot of holes that need to be filled," explained seven-year head coach AJ Bray. "Pitching

is going to be a huge hole for us to fill. Two thirds of our innings pitched the last two years were done by two players who have now graduated. Nick Sanborn is the only returner with any sig-

nificant mound experience at the varsity level. We've been working 10 guys on the mound during early season workouts. It's going to take a while to figure out who can throw strikes and who can

handle the pressures of being on the mound.

"With all these new people at new positions there's probably going to be a lot of moving parts and some growing pains

the first half of the

season. Hopefully by the time we get to May guys are established in their roles and we can start getting ready for the playoffs," Bray added.

The 2019 Crusaders
BASEBALL, PAGE B6

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Lin-Wood baseball prepped for 2019 season

BY COREY MCKEAN

Corey@salmonpress.news

LINCOLN — After a few years of rebuilding, the Lin-Wood baseball team is back in the saddle as the Lumberjacks posted an overall record of 8-10 last season, making the playoffs for the first time in many years, but falling to Moultonborough in extra innings in the first round of the tournament. Coming into the 2019 season, the Lumberjacks remain young but they are extremely talented. There will be a few holes to fill after losing Kealand Nicoll, Connor Iles and Viking Bartlett to graduation but if this younger group plays like they played last year, there is no reason why the Lumberjacks shouldn't make the playoffs again and potentially have a deeper run.

"We hope to be competitive this season in every game we play and we want to be playing good, fundamental baseball throughout the year," said Lin-



COURTESY PHOTO/THE COURIER
(Left) The Lin-Wood Lumberjacks baseball team will be led by junior Ted Willey and sophomore Jourdan Stevens in the 2019 season.

Wood coach Aaron Loukes, in his 16th year of coaching.

Lin-Wood returns eight players to the 2019 season in lone junior Ted Willey, as well as sophomores Jourdan Stevens, Jacob Morris, Dylan Russell, Blake Tower, Charles Loukes, Silas Weeden and Zach Jeness.

"Ted Willey covers a lot of range in the outfield and Jourdan Stevens, Charles Loukes and Jacob Morris look to be throwing a fair amount on the mound this year. Newcomer John Perry as well as Dylan Russell may also see some time pitching," explained

Loukes.

This younger group was really the group that turned the Lumberjacks program around when they were just freshmen and sophomores so with another year of experience under their belt and an above .500 record from last year, this Lin-Wood ball club will be solid.

The Lumberjacks welcome four newcomers in sophomore Zach Beaumgardner as well as freshmen Mihalis Sourgiadakis, John Perry and Jack Chase.

Lin-Wood started their season on Monday, April 8, as they hosted Moultonborough. The Lumberjacks will then play Woodsville on Wednesday, April 10, at home. Game time is posted for 4 p.m.

Woodsville baseball built for strong 2019 season

BY COREY MCKEAN

Corey@salmonpress.news

WOODSVILLE — The Woodsville Engineers baseball team is coming off a strong 2018 season, posting an impressive record of 13-4 but falling to Derryfield in the first round of the NHIAA Division IV tournament. Entering the 2019 season, Woodsville will have to make up for losing a talented senior class in graduating Seanon May, Cooper Davidson, Seth Hannett, Dakota Hernandez, Travis Stoddard and Tyren Hartford but with a young and athletic group of knowledgeable returning players, Woodsville is built for a strong 2019 season.

"We have many new starters on the team this year and it will be a learning curve early in the season to figure out the right mix of talent. We have eight returning varsity players that all have the ability to provide us with solid output on both offense and defense. Although we are fairly young, our three senior leaders are determined to push us to never give up and continue to get better every day," said Woodsville coach Brent Cox, in his sixth year at the helm.

Woodsville returns an extremely talented group in seniors Zach Moore, Donny Bowman and Billy Green, juniors Patrick Reardon-Estes, Ricky Vinnacombe and Calvin Roy, as well as sophomores Corey Bemis



COURTESY PHOTO/THE COURIER
The Woodsville Engineers will be led by seniors Donny Bowman, Billy Green and Zach Moore in the 2019 season.

and Brendan Walker.

"Zach Moore is solid on all aspects of the game from hitting to pitching. He is coming off a solid year on the mound and is determined to get better everyday. Brendan Walker is always a solid defender and pitcher and he should have a big offensive impact this year after gaining experience last year. Corey Bemis looks to continue his good offensive production

from last year while Billy Green and Patrick Reardon-Estes both bring talent and experience to the team this year and have made great strides this spring," explained Cox. "Donny Bowman is a great leader on the team that is poised for a great year offensively and defensively and Ricky Vinnacombe and Calvin Roy both bring another year of experience and the attitude we need to be the best

we can be."

The Engineers welcome three players to the 2019 season in juniors Stephen Aldrich and Carson St. Marie, as well as sophomore Noah Titorenko.

Woodsville started their season on Tuesday, April 9, as they traveled to play Littleton. The Engineers will then travel to play Lin-Wood on Wednesday, April 10. Game time is posted for 4 p.m.



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Sports



COURTESY PHOTO/THE COURIER

The Profile Patriots baseball team will be led by seniors Evan Lloyd, Rylan Grimard, Jordan Brusseau and Dean Stone in the 2019 season.

Profile baseball hungry for playoff run in 2019 season

BY COREY MCKEAN

Corey@salmonpress.news

BETHLEHEM — Coming off an impressive 11-6 regular season but falling in the first round of playoffs, the Profile Patriots baseball team is hungry for more entering the 2019 season. The Patriots lost three talented seniors to graduation in Cam Hoyt,

Dylan Laleme and Hanzon Hunt so there will be a few holes to fill, especially on the mound, but with the talent that the Patriots return, they should have no problem having yet another strong year and hopefully, a deeper playoff run.

"With the loss of three key players from last year, we will rely

on a total team effort in filling those holes," explained Profile coach Rob Ash, in his eighth year at the helm.

"Cam did the heavy lifting on the mound last year and we will look for Connor Ash or Rylan Grimard to step into that role. Our infield was pretty solid last year, but having to replace Hanzon and

Cam as well as Sam Green will be a bit of a challenge. I hope we can begin to put it all together and make a mid-season run, finishing strong and possibly making the playoffs."

Profile returns just six players to the 2019 season in seniors Dean Stone, Evan Lloyd, Dan Doyle and Jordan Brusseau, as well as ju-

niors Ash and Andrew Eastman.

"Andrew Eastman, Rylan Grimard, Connor Ash, and Jordan Brusseau will all be players to watch. These four will do the bulk of our pitching and hold down key positions on the field. They along with Evan Lloyd will have to carry the bulk of our offense. We will

need Connor, Jordan, Dean and Rylan to rotate around the infield depending on the pitching assignment for the day. Evan Lloyd will hold first base down and Andrew is a front runner at second," Ash said.

The Patriots welcome eight players to the 2019 season in sophomores Quinton Paradise and Jace Scott as well as freshmen Joey Heurter, Orrin Johnson, Quincy Burger, Jack Price, Jackson Glavic and Aiden Presby.

"The sophomores and freshmen are working hard and getting better everyday. We will need them to step into important roles early in the season if we are going to win games," added Ash.

Profile will begin their season on Wednesday, April 10, as they travel to play Groveton. Game time is posted for 4 p.m. The Patriots will then travel to play Woodsville on Friday, April 12. Game time is also posted for 4 p.m.



Panthers baseball looking to turn the corner in 2019

BY COREY MCKEAN

Corey@salmonpress.news

LISBON — After a middle of the road 2018 season, the Lisbon baseball team is looking to turn the corner as the Panthers posted an overall record of 7-10 while losing five talented seniors to graduation in Josh Woods, Myles Barnes, Warren Perry, Parker Thornton and Jacob Peterson. The Panthers return a solid mix of upper and lower classmen to the 2019 season, which in the early going, might be difficult to figure out, but with some lineup adjustments through-

out the year and finding what works, Lisbon will be tough as the season progresses and hopefully they will be playing their best baseball late in the season.

"With a good mix of young and veteran players we are going to try different line ups with the depth and settle on the most effective lineup at the end of the season. There is competition for most all positions and that is a luxury we have not had in a while. This team should grow and improve as they play more and more together. We will be looking

to play our best baseball at tournament time," explained Lisbon coach Jeremy Aldrich, in his 12th year at the helm.

The Panthers return one of their biggest squads in recent years as 13 players came back for the 2019 season in seniors Ethan Riggie, Logan Trahan, Donnie LeClair, James Barnes, Tyler Kathan and Orin Ilsley, juniors Jared Jesseman and Zack Fisher, as well as sophomores William Lopus, Logan McKinley, Nathan Superchi, Austin Fisher and Travis Peters.

Riggie, LeClair,

and Jesseman will handle the majority of the pitching for the Panthers as they all flashed signs of progress throughout the 2018 season and they should be ready to produce for the Panthers this year. Losing Barnes leaves a gap at catcher for Lisbon but Austin Fisher looks to be in line to take over behind the plate. This is an athletic group who can play multiple positions and they will have to if Lisbon is going to have a successful year.

The Panthers welcome a huge group of newcomers to the up-

coming season in seniors Anthony Caporizzo and Jacob Deem, juniors Tucker Founds and Mike Duk, as well as freshmen Dylan Colby, Andrew Strout, Carol LeClair and James Dooley, eighth graders Griffin Barnes and Merrick Houston and seventh grader Konner Shannon.

Lisbon will start their season on Friday, April 12, as they travel to play Gorham. Game time is posted for 4 p.m. The Panthers will then host Groveton on Monday, April 15. Game time is posted for 4 p.m.

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Child Car Safety

Dave Harkless becomes Profile School's new bike coach

BY ANGEL LARCOM

angel@salmonpress.news

BETHLEHEM - "I'm Dave. I own the bike shop in Littleton, and I'm one of the guys who make this town fun to live in." Dave Harkless recently joked about how he introduces himself to people who don't yet know him. An unquestionable community leader, Harkless has not only owned the Littleton Bike Shop since 2004, but he is also responsible for starting Littleton's popular Halloween festival.

Additionally, Harkless is the current board president of Mount Eustis Ski Hill and a board member at Parker Mountain Trails. Most recently, he is one of several people working to develop The Borderlands, a seven-destination biking experience spread across three states, a province, and two nations, and located right in our backyard.

And now Harkless has added high school bike coach to his resume.

What started as an after-school club at Profile Regional School nearly a decade ago grew swiftly into a varsity team of more than 20 students. This rural, public school team began to hold its own against the more seasoned and amply-funded private schools scattered across New England.

As recently as five years ago, Profile's road bike team was the only public high school team in the country, and the kids began stacking up the awards at one race after another.



ANGEL LARCOM

Profile students (l to r) Lola Kinney, freshman; Tom Oliver, senior; Tom Koprowski, senior; and Kyle Pospesil, junior; are currently training for the 2019 racing season with Profile's newest road bike coach, Dave Harkless.

er. But the Profile team has diminished in size in recent years, and Harkless is stepping into his first season with a group of fewer than 10 students.

Not only does Harkless intend to foster a lifelong love for the sport of biking, but he also hopes the current team will grow in size once again. "My emphasis is to be competitive, but also be safe and have fun," he said.

The use of chess-like

strategy will be crucial to the students' success as racers, and road bike racing is a unique sport in that it is both a team sport and a highly individualized experience at the same time. As Harkless put it, "There are no bench warmers in this sport."

"You're going to use those stronger teams to your advantage. You're competing against the other guys, but the course is where the real challenge lies,"

he continued. Indoor training began in mid-March and the first week of April brings more challenging terrain as Harkless takes the kids out onto the sometimes steep roads of the White Mountains.

Harkless has been supporting the Profile bike team in a variety of ways over the years, making sure that every racer is fitted perfectly to their bikes and hosting clinics for the team.

It seems to be a natural progression for him to now take the helm as team coach.

Xfinity series returning to Loudon in 2020

LOUDON — New England race fans can add another race to their plans for the 2020 NASCAR race weekend at New Hampshire Motor Speedway.

NASCAR released its 2020 Xfinity Series schedule today, including its annual July 18, 2020 visit to "The Magic Mile."

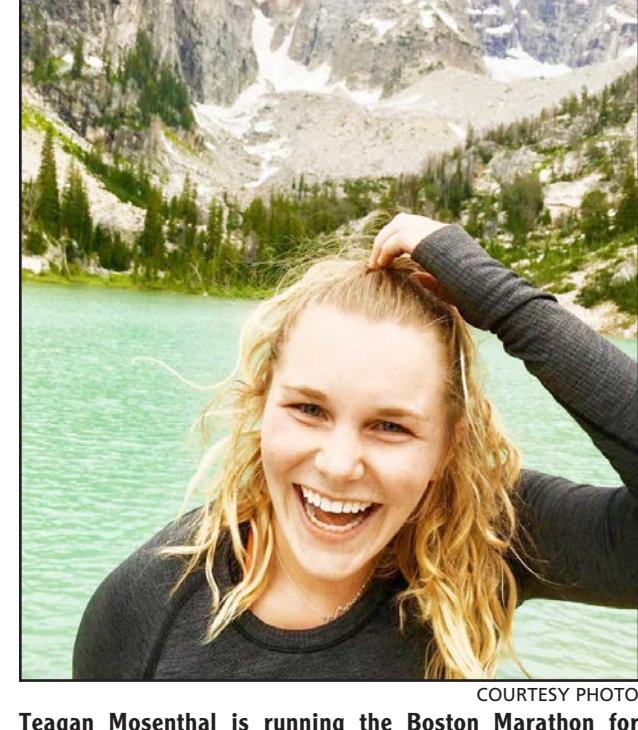
For ticket information for events at New Hampshire Motor Speedway, including the June 8-16 Motorcycle Week at NHMS, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 to New Hampshire Motor Speedway on Sunday, July 19, 2020.

The Xfinity Series was the first NASCAR sanctioned race at New Hampshire Motor Speedway in 1990, making 2019 NASCAR's 30th season at "The Magic Mile."

The NASCAR Xfinity Series will run their 33rd race at the speedway as part of the Foxwoods Resort Casino 301 weekend, July 19-21, 2019 in their only visit in the six-state

Teagan Mosenthal going the extra mile(s) for students

CAMPON — Distance running can be a lonely endeavor, but that's not the case for Campton resident Teagan Mosenthal. As a Boston Marathon charity runner on Team Hale, she has hundreds of students, campers and families rooting for her, not to mention her 14 fellow teammates. Mosenthal was chosen out of a large pool of applicants to represent Hale's mission from Hopkinton to Boston this month, a selection process that sought out runners motivated to help Hale close the achievement gap among Boston Public Schools (BPS) students. The funds raised by Mosenthal and Team Hale will directly benefit Hale Outdoor Learning Adventures (HOLA) and Intrepid Academy at Hale (IAH), two landmark programs that share Hale's educational and natural resources—including its 1,137 acres of woodlands, trails, and ponds in West-



COURTESY PHOTO

Teagan Mosenthal is running the Boston Marathon for Team Hale.

wood and Dover, Mass.—with BPS students.

A college senior, Mosenthal isn't that much older than the students she is running to support. She believes wholeheartedly that all students should have access to programs like those at Hale. She explains, "I am running for Hale

because I think everyone should have the opportunity to experience the transformative power of the great outdoors."

HOLA strives to prevent summer learning loss among BPS students by encouraging academic gains, healthy physical activity, and social-emotional skill building during the summer months. IAH is an outdoor semester school that breaks down the walls of conventional schools, gets BPS students outside, and enables them to earn traditional course credits through a non-traditional, active educational experience. Now in its seventh year as an official charity of the Boston Marathon, Hale and its important programs directly benefit from all of Team Hale's fundraising, projected to reach \$130,000 this year.

Hale is a private, non-profit organization that manages more than 1,137 acres of woodlands, including four ponds and more than 20 miles of trails in Westwood and Dover. Hale is most widely recognized for its summer day camp programs, which annually serve more than 4,400 children from more than 70 communities in the Greater Boston area.

Fillion named to Castleton baseball team

CASTLETON, Vt. — Brody Fillion of Littleton was recently named to the 2019 Castleton baseball roster.

Castleton University is small enough to be a community where every student matters, yet offers more than 75 programs of study for



Sports

Evergreen Gymnastics take on back to back competition before state championships

BY COREY MCKEAN

Corey@salmonpress.news

LISBON — On the weekend of Friday, March 22, Evergreen Gymnastics traveled to A2 Gym and Cheer in Salem for the A2X2 Pajama Party meet where they had a lot of top results.

The first session of the weekend began with the Platinum gymnasts on Friday night. Evergreen had three gymnasts in Hannah Whitcomb, Lexi Rexford and Camille Marceau compete. Rexford took second on both beam (9.1) and floor (9.275) while Marceau finished first on floor with a season best score of 9.3.

On Saturday afternoon, the Silver girls competed, Isabel Lawton finished third on vault (9.2) and second on beam (9.4). Grace Lund took second on floor (9.05) and third on both bars (9.6) and in the all-around (36.75). Katy Noonan placed in the top three on all four events and in the all-around, most notably, her first place finish on bars with a season best score of 9.75. Lilian Tendler finished second on both beam (9.45) and floor (9.0). All six of the Evergreen Gymnasts earned a second place finish in the team competition.

Saturday night the Gold girls competed where Aubrielle Tetrault finished third on bars (9.15) and Ainsley Kendall finished second on both vault (9.0) and bars (9.325). Zoe Glentz Brush finished third on floor with a 9.3.

On the final day, Sunday, the Bronze gymnasts competed. Third place finishes for both Adisynn Ledger, bars (9.45), and Miley Thurston, vault (9.725). Casey Kendall finished third on vault (9.75) and first on both bars (9.775) and in the all-around (37.6).

The competitions continued for Ever-



COURTESY PHOTO/THE COURIER

The Evergreen Gymnastics Silver team earned second place at the A2X2 Invitational Meet on the weekend of Friday, March 22. Left to right, Ivy Erickson, Grace Lund, Isabel Lawton, Katy Noonan, Lilian Tendler, Riley Hanna, Marissa Gosselin.



COURTESY PHOTO/THE COURIER

BASEBALL

(CONTINUED FROM PAGE B1)

return 10 players in seniors Sanborn, Tyler Murro and Zach Horne, juniors Quinton Eastman, Danny Kubkowski and Justin Santoro, as well as sophomores Jaxon Edwards, Josh Finkle, Austin Marquis and Parker Paradice.

"I expect Josh Finkle and Zach Horne to share time at catcher, we are looking for Danny Kubkowski to return to shortstop when healthy and Nick Sanborn to be a staple in the infield as well. Ty Murro will get his shot at first base this year to show what he can do with Quinton Eastman also getting work at first. The other infield spots will be filled by Austin Marquis, Grady Millen, Michael Hampson and Quinten Perkins," Bray said.

"In the outfield Parker Paradice is expect-

ed to anchor things in center and Horne will see time in the outfield when he's not being used elsewhere. Second-year player Jaxon Edwards is expected to see a decent amount of time in the outfield as well. Tyler Thompson, Jeff Santo, Justin Santoro, Eastman, Hampson and Perkins are all going to compete for time in the outfield."

Littleton welcomes four players to the 2019 team in senior Quinten Perkins as well as freshmen Michael Hampson, Grady Millen, Jeff Santo and Tyler Thompson.

The Crusaders opened up their season on Wednesday, April 8, as they traveled to play White Mountains Regional. Littleton hosted Woodsville on Tuesday, April 9, and hosts Moultonborough on Monday, April 15. Game time is posted for 4 p.m.

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green Gymnastics the following weekend, on March 30. They traveled to Granite State Gymnastics in Hooksett for the Spring Fling meet.

Top results on the weekend were Bronze gymnasts who competed Saturday morning. Casey Kendall finished third on vault (9.55) and first on bars (9.6). Kinley Remick finished first on beam (9.6), Adisynn Ledger finished third on bars (9.5). Miley Thurston third on vault (9.6), Erinn Anderson third on bars (9.5). Alia Wil-

liams had a career best performance finishing third on vault (9.7), beam (9.5) and floor (9.7), first on bars (9.8) and second in the all-around (38.7).

Saturday afternoon, Gold gymnasts competed where Brooke Hale finished third on bars (9.65) and in the all-around (36.95).

Ainsley Kendall finished in the top three on all four events and in the all-around, most notably, her first place finishes on vault (9.45), bars (9.75), and in the all-around (37.85). The Gold team gymnasts' performance earned them a second place finish in the team competition.

Sunday morning, the Platinum gymnasts competed. Evergreen was represented by three gymnasts, Hannah Whitcomb, Camille Marceau, and Lexi Rexford. Marceau took home third place on floor (9.3).

Sunday afternoon, the Silver gymnasts competed, wrapping up the weekend competition where Grace Lund and Lilian Tendler each had second place finishes, 9.4 on

floor for Lund and 9.35 on beam for Tendler. Katy Noonan finished third on bars (9.7) and the Silver team gymnasts' performance earned them a third place finish in the team competition.

Evergreen gymnastics will now be competing in the State Championships which Silver, Gold, and Platinum gymnasts will compete in Kingston the weekend of April 13. Bronze gymnasts will be competing the weekend of May, 4 with a location yet to be determined.

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Calendar

Please submit Calendar items at least one week before publication date to brendan@salmonpress.news, or call 444-3927.

WEDNESDAY, APRIL 10

Baby's Morning Out, 10-11:30 a.m., Littleton Regional Healthcare, 600 St. Johnsbury Rd. A great opportunity for new moms to gather and talk about their experience as a new parent. Babies are welcome, of course! Meet in the Medical Office Building conference room, level 2 of Littleton Regional Healthcare.

Story Time with Barb, 11 a.m., Abbie Greenleaf Library, Franconia.

Whatever Wednesdays, 2:30-4 p.m., Bethlehem Public Library, 2245 Main St. For grades four and up. STEM projects, crafts, movies, and more. Homework help available too!

Community Supper, 5-6 p.m., Franconia Community Church of Christ.

Family Support Meeting, 6-7 p.m., North Country Serenity Center, 33 and 39 Main St., Littleton. Please join us for a meeting for families dealing with alcohol and addiction.

Alzheimer's Support Group, 6:30-8 p.m., Littleton Community Center, Bowker Room, 120 Main St. The Littleton Community Center announces a weekly support group for caregivers and loved ones dealing with Alzheimer's and other dementias. Friends, family and community partners will gather in the Bowker Room to share information and resources available in the local area.

THURSDAY, APRIL 11

All Saints Food Cupboard, 9-10 a.m., All Saints Episcopal Church, 35 School St., Littleton.

Advance Care Planning Workshop, 10-11 a.m., VA Littleton Clinic, 264 Cottage St. These one-hour workshops are for veterans and their loved ones. The program invites participants to think about their preferences for future medical treatment and who they would want to make medical decisions on their be-

half if they were unable. The class will review the purpose and scope of advance directives, and participants will learn from each other in a relaxed environment. Individual follow-up support is available for those who wish to take a next step in the advance-care planning process. Pre-registration is not required. Those who would like more information can contact Kathryn Cote, 575-6701.

Bone Builders, 10:30-11:30 a.m., Littleton Regional Healthcare, 600 St. Johnsbury Rd. Bone Builders is an osteoporosis prevention and reversal program, an effective combination of stretching, balance and weight exercises. Free and open to everyone. Requires written permission from a physician. Meeting located in Medical Office Building in lower level conference room. For information, call Gail Clark at 444-9304.

Sew in Love Sew-Along, 10:30 a.m.-4 p.m., One Stitch, Two Stitch, 81 Main St., Littleton. For more information, call 444-5284.

Lenten Music Series, noon-1 p.m., All Saints Episcopal Church, 35 School St., Littleton. Join us for a free 40-minute performance during Lent. All are welcome. Donations appreciated.

Weight Watchers, 4-5 p.m., Littleton Regional Healthcare, 600 St. Johnsbury Rd. Meetings held every Thursday in the Medical Office Building conference room. For more information, call Carrie Way at 444-9000.

Health Rocks, 4-7 p.m., Littleton Regional Healthcare Medical Office Building, 600 St. Johnsbury Rd., Littleton. Spring

Wellness Fair with free health screenings, free skin cancer screenings, tips for preventing tick bites, healthy eating demonstration and information, kids' activities, games and prizes.

Zumba class, 5:30 p.m., Littleton Opera House, 2 Union St., Littleton. With

Patience Marsh. Open to the public.

FRIDAY, APRIL 12

Chowder Luncheon, 11:30 a.m.-1 p.m., Littleton Methodist Church, Main Street. Your choice of fish or corn chowder, delicious sandwiches, and mouth watering homemade pies. Free delivery. Call your orders in to 444-5567 or 493-9934 between 7:30 and 10 a.m. for delivery. Pick-up only available after 10 a.m. A great social event, fun for all ages. Bring your spouse, friend, secretary, or even your boss!

Handwork Club, 1-3 p.m., One Stitch, Two Stitch, 81 Main St. For more information, call 444-5284.

Genealogy Meet Up, 2:30 p.m., Littleton Community Center, 120 Main St. People want to know where they come from. Is that true of you? Learn basic steps in tracing your family tree. We

will share tips, exchange resources and talk shop with other people interested in knowing about their personal history. Bring a snack and a three ringed binder for your own use. Admission free. Donations welcome.

Game Night, 6-9 p.m., Littleton Community Center, 120 Main St. The Littleton Community Center will again be hosting a family game night on the second Friday of each month, ending tonight. Bring a game, bring a friend or just bring yourself and join us at Littleton's unique historical property to share and meet new acquaintances. Light refreshments will be served, and donations are appreciated.

Friday Night Suppers, 6-7 p.m., Littleton VFW, 600 Cottage St.

Partner Pizza Night, 7 p.m., Littleton Food Coop, 43 Bethlehem Rd. This month's partner organization will receive customer donations collected at the checkouts and \$1 from every pizza purchased. The

Partner of the Month program raises public awareness, provides education

Mystery Quilt, 11 a.m.-4 p.m., One Stitch, Two Stitch, 81 Main St., Littleton. For more information, call 444-5284.

MONDAY, APRIL 15

Free Open Sew, 10 a.m.-4 p.m., One Stitch Two Stitch, 81 Main St. (out back), Littleton. For information, contact Beth Anderson at henpecked.quilts@yahoo.com or 444-5284 or visit www.onesitchtwostitch.com.

Mystery Quilt, 11 a.m.-4 p.m., One Stitch, Two Stitch, 81 Main St., Littleton. For more information, call 444-5284.

Story Time, 11 a.m.-noon, Little Village Toy & Book Shop, 81 Main St., Littleton. Story time opens up the world of books to young children.

and promotes funding for local non-profit organizations.

SATURDAY, APRIL 13

Shoes & Brews, 2-5:30 p.m. Join Ammonoosuc Conservation Trust and walk some of the Parker Mountain trails near downtown Littleton from 2 to 3:30 p.m. After the hike, the group will head down the hill to the Littleton Freehouse for the

brews portion of the event for snacks and refreshments.

Registration is required, and is capped at 20 participants. Registration closes at noon on Friday, April 12. Go to act-nh.org or call 823-7777 for more information.

Seven Birches Winery Atrium Tasting Room Murder Mystery Social, 3-6 p.m. Kill some time at Seven Birches Winery's Atrium Tasting Room at the Lincoln Village Shops tonight. Gather with your fellow 'detectives' to

share some discoveries, try your luck with a spin of the murder and mystery clock, enjoy a mystery wine tasting flight and mull over some hard-earned leads with a glass of handcrafted wine.

SUNDAY, APRIL 14

All Saints Food Cupboard, 9:45 a.m., All Saints Episcopal Church, 35 Main St., Littleton.

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Story Time, 11 a.m.-noon, Little Village Toy & Book Shop, 81 Main St., Littleton. Story time opens up the world of books to young children.

MONDAY, APRIL 15

Free Open Sew, 10 a.m.-4 p.m., One Stitch Two Stitch, 81 Main St. (out back), Littleton. For information, contact Beth Anderson at henpecked.quilts@yahoo.com or 444-5284 or visit www.onesitchtwostitch.com.

Mystery Quilt, 11 a.m.-4 p.m., One Stitch, Two Stitch, 81 Main St., Littleton. For more information, call 444-5284.

Story Time, 11 a.m.-noon, Little Village Toy & Book Shop, 81 Main St., Littleton. Story time opens up the world of books to young children.

TUESDAY, APRIL 16

All Saints Food Cupboard, 9-10 a.m., All Saints Episcopal Church, 35 School St.

Shoe & Brews, 2-5:30 p.m. Join Ammonoosuc Conservation Trust and walk some of the Parker Mountain trails near downtown Littleton from 2 to 3:30 p.m. After the hike, the group will head down the hill to the Littleton Freehouse for the

brews portion of the event for snacks and refreshments.

Registration is required, and is capped at 20 participants. Registration closes at noon on Friday, April 12. Go to act-nh.org or call 823-7777 for more information.

WEDNESDAY, APRIL 17

Baby's Morning Out, 10-11:30 a.m., Littleton Re-

Join us on Mondays at 11 a.m. to discover a new adventure every week. Ages six and under. For more information, call Angie Low at 444-4869, e-mail littlevillagetoys@gmail.com, or visit the Web site www.littlevillagetoys.com.

Join us on Mondays at 11 a.m. to discover a new adventure every week. Ages six and under. For more information, call Angie Low at 444-4869, e-mail littlevillagetoys@gmail.com, or visit the Web site www.littlevillagetoys.com.

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PROGRAMS

(CONTINUED FROM PAGE B8)

free 2-hour 6-week peer supported work shop held each week for people living with chronic illness or caring for someone with a chronic illness. Connect with others who understand. Topics covered include nutrition, stress-management, exercise, and communication. Offered in Littleton, Haverhill, Berlin, North Conway, and Plymouth. Contact Becky at 259-3700 or bmccenany@nchcnh.org for dates and locations of classes.

FOR SENIORS

Whitefield Senior Center Meals, noon, Mon. at Highland House and McIntyre Apts.; Wed. at McIntyre Apts.; Mon., Wed., and Thurs., at McKee Inn, Lancaster, 837-2424. Alternates Friday between McIntyre and McKee.

EDUCATIONAL

Free QuickBooks training: How to Use QB Online, Creating a New Company in QB, Common QB Mistakes, Creating Custom Forms, and Year-end Tasks. Classes held in Lancaster at Passumpsic Savings and in Littleton at Littleton Hospital. Contact Becky at Crane & Bell (788-4928 or rebecca.ring@craneandbellcpas.com) for dates, times and details or visit www.craneandbellcpas.com

FREE HiSET (High School Equivalency Test and English as a Second Language classes. Call Adult Learner Services at 444-6306 or email c.shawdoran@sau35.org for more information. 75 Bronson St, Littleton

HISTORICAL SOCIETIES

Littleton Area Historical Society, open Weds. 10 a.m.-2 p.m., Sat. 10 a.m.-2 p.m., at 2 Union Street, Littleton. Meetings are held on the 1st Wednesday of each month at 10:30 a.m. 444-6435.

Bethlehem Heritage Society open June on weekends, July 1st to Labor Day, daily from 10 a.m. to 4 p.m. Call for appointment during other times and winter months at 603-869-3330. Meetings held on 3rd Wednesday of the month at 6:30 p.m.

Dalton Historical Society, 7 p.m., first Thurs., at Dalton Town Hall; call 837-9120.

Lisbon Area Historical Society, open Friday 1 p.m.-3 p.m. May through October or by chance or appointment, at 6 South Main Street (Parker Block). Meetings third Weds. of the month at 6:30 p.m. Call 838-6146.

Sugar Hill Historical Museum Located beside the Sugar Hill village green (across from the old post office), this museum includes information of this scenic hillside town from 1780 to the present. Our campus consists of two barns, one main building, and the Reid-Burpee house adjacent to the Carriage Barn. The Carriage Barn is filled with tools, horse-drawn carriages, folk-style paintings of old Sugar Hill, and a Benjamin Morrill tower clock. The second barn, the Sleigh Shed, displays a vast and growing collection of historic public signs and sleighs, including one sleigh from the Bette Davis estate. It also garages the 1939 Ford fire Truck #2 given to the newly formed sugar Hill Fire Department in 1948 by Henry Crapo. This Ford truck, originally a farm truck, was retro-fitted by the firemen. When the museum is open, the fire truck magically appears on the front lawn. The main building contains extensive photograph archives, a local history and genealogy library, the Cobleigh Tavern public room, a gift shop, and a unique main gallery exhibit which changes annually to reflect the history

of sugar Hill's people and places. Sugar Hill Quilts, the 2019 exhibit, will showcase quilts created by and owned by Sugar Hill residents. Alongside the quilts will be a delightful display of vintage toys. The Reid-Burpee house highlights a 1930s kitchen, an outdoor chicken coop, and a garden shed. Open Memorial Day Weekend through Columbus Day Weekend, Fridays and Saturdays, 11 a.m. to 3 p.m. Admission is free. Memberships and donations are encouraged.

Special tours may be arranged during the season. Contact Curator-Director Kitty Bigelow at 823-5336. Visit <http://www.sugarhillnh.org/library-and-museum-sugar-hill-historical-museum/> and find us on Facebook at Sugar Hill Historical Museum.

CULTURE & RECREATION

The Littleton Community Center hosts a family game night the second Friday of each month through April 12 from 6 to 9 p.m. Bring

a game, bring a friend or just bring yourself and join us at Littleton's unique historical property to share and meet new acquaintances. Light refreshments will be served, and donations are appreciated. Free and open to the public. For more information, please contact the Community Center at 444-5711 or e-mail littletoncommunitycenter@gmail.com.

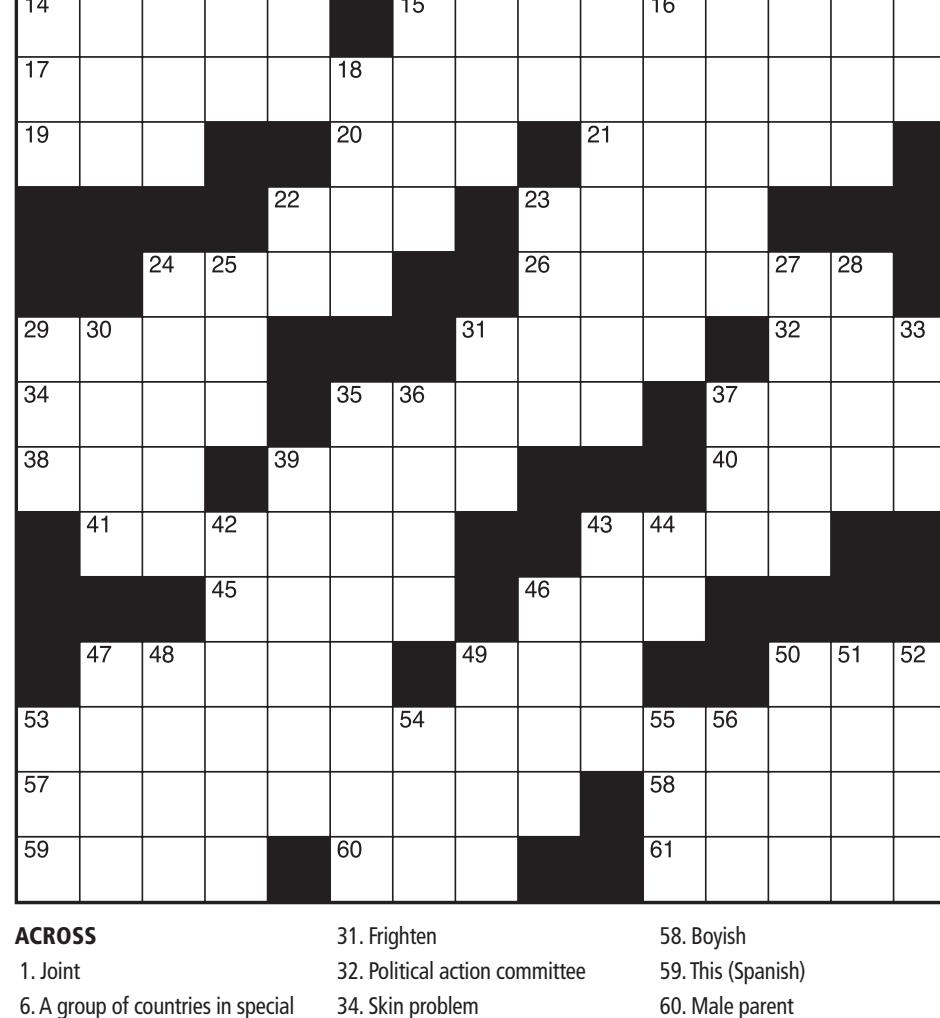
Littleton Area Garden Club meets second Thursday monthly at 1

p.m. Membership open to men and women of all ages, from all communities who are interested in gardening. Please call 823-5459 for location and program details.

The Arts Gallery, 28 Main St., Lisbon, fine art of the North Country.

The Frost Place Museum, located at 158 Ridge Rd. in Franconia, is open from Memorial Day Weekend through mid-October. Visitors enjoy a self-guided tour

PROGRAMS, PAGE B10

TAKE A BREAK**ACROSS**

- 1. Joint
- 6. A group of countries in special alliance
- 10. Stone
- 14. Move with a splashing sound
- 15. Can be fixed
- 17. Giving human characteristics to the nonhuman
- 19. Other side of yang (Chinese)
- 20. Consume
- 21. Gave it a go
- 22. One point north of due east
- 23. Fat used to make puddings
- 24. Turfs
- 26. Not awake
- 29. Not nice
- 31. Frighten
- 32. Political action committee
- 34. Skin problem
- 35. Type of music
- 37. Intestinal pouches
- 38. Eight
- 39. Emerald Isle
- 40. Interpret characters
- 41. Abandon
- 43. Felines
- 45. Energy and enthusiasm
- 46. Resembles a pouch
- 47. Relating to sense of smell
- 49. Swiss river
- 50. Bradley Int'l Airport
- 53. Tarred and
- 58. Boyish
- 59. This (Spanish)
- 60. Male parent
- 61. Lounge chair

DOWN

- 1. Sports award
- 2. Monetary unit of Angola
- 3. Some animals live here
- 4. Former CIA
- 5. Global health group
- 6. Male given name
- 7. Opposite of right
- 8. Open Payment Initiative
- 9. Desert plants
- 10. A bird that cannot fly
- 11. Off-Broadway theater award

12. Lump of clay
13. Barbie's pal
16. Seldom
18. Noses
22. Denotes past
23. Selling at specially reduced prices
24. __ Claus
25. Comes before two
27. Fencing swords
28. Nocturnal rodent
29. Chinese revolutionary
30. Electronic counter-counter-measures
31. Enjoyable
33. Villain
35. Discussed
36. Waterfall (Scottish)
37. Old television part (abbr.)
39. Roughly chipped flint
42. Helps change channels
43. __ Sagan, astronomer
44. Cooling unit
46. Uttered words
47. Small integers
48. Type of data
49. Inspired
50. France's first Jewish PM
51. Famed sci-fi novel
52. Body parts
53. Nigerian City
54. Amount of time
55. Coloring material
56. Type of constrictor snake

This Week's Answers**Religious Directory**

Bring your Family to a House of Worship

BETHLEHEM

BETHLEHEM CHRISTIAN CENTER
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1858 Maple St., Bethlehem • 869-5401

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Youth Group: 6 p.m.

Pastor: Steven M. Palmer

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835 Profile Road • Bethlehem, NH

Sunday Worship: 11:30 a.m.

Bethlehem Community Bible Study:

7:00pm call for location

Lancaster Community Bible Study:

7:00pm call for location

Visit our website for other activities and calendar of events

www.breadoflifeupc.com

Pastor: James F. Sullivan, (603) 869-3127

DURRELL UNITED METHODIST

Box 728 • 869-2056

Morning Worship and Sunday School

for nursery through fifth grade at 11 a.m.

Pastor: Aaron Cox

NEW LIFE ASSEMBLY OF GOD

475 Whitefield Rd., Bethlehem • 444-1230

Sunday Morning Worship: ± 10:30 a.m.

Wednesday Evening 6:30 p.m. Prayer

Food Pantry: Every 3rd Monday 9 a.m.-Noon

Office hours: M-T 9 a.m.-noon 444-1230

Pastor: Rev. Jay Dexter

DALTON

DALTON CONGREGATIONAL CHURCH

Located on Route 135,

across from the Dalton town building.

Sunday 9:30am

Sunday Service and Children's Bible Class

Sunday 8:30am Adult Bible Class.

Wednesday 12:15pm Adult Bible Study

in the back room of the church

Pastor: D Raymond, (cell) 802-535-8559

FRANCONIA

FRANCONIA COMMUNITY

CHURCH OF CHRIST (UCC)

44 Church St. (Box 237), Franconia 03580

Office Phone: 823-8421

Email: office@franconiachurch.org

Web site: www.franconiachurch.org

Office Hours: Tues. and Thurs. 10:00 am - 12:00 pm

Sunday Worship: 10:30 am

Choir Practice: Sun. 9:30 am, Thurs. 7:00 pm

Good Neighbor Food Pantry Hours:

Tues. 11:00 am - 1:00 pm, A Lay-led Ministry

OUR LADY OF THE SNOWS CHURCH

Roman Catholic • Main St., Franconia • 444-2593

Mass: Saturday at 6 p.m.

JEFFERSON

JEFFERSON CHRISTIAN CHURCH

Meeting at the 100F Lodge on Route 2

752-6215 • Affiliated with CCCC

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Worship Service: 8:30 a.m.

Children's Sunday School: 9:00 a.m.

Weekly Bible Studies

Pastor: Rev. Dean A. Stiles

LINCOLN

ST. JOSEPH CHURCH

Roman Catholic • Church St., Lincoln • 745-2266

Saturday Mass: 4:30 p.m.

Sunday Mass: 7:30 and 10:00 a.m.

Daily Mass: Tues. 5 p.m., Wed. 8:30 a.m.,

Thurs. 5 p.m., Fri. 8:30 a.m.

Eucharistic Adoration: 9 a.m. - 8:00 p.m. Wednesday

Pastor: Rev. David Kneeland

www.stjosephlincoln.org

LISBON

LISBON BIBLE CHURCH

Non-Denominational • 21 Willow Rd., Lisbon • 838-6184

Sunday School: 9:15 a.m.

Worship Service: 10:30 a.m.

Wednesday Prayer Meeting: 6:30 p.m.

Pastor: Kevin D. McLean

THE OUTSIDE STORY

Northeastern wolves: Then and now

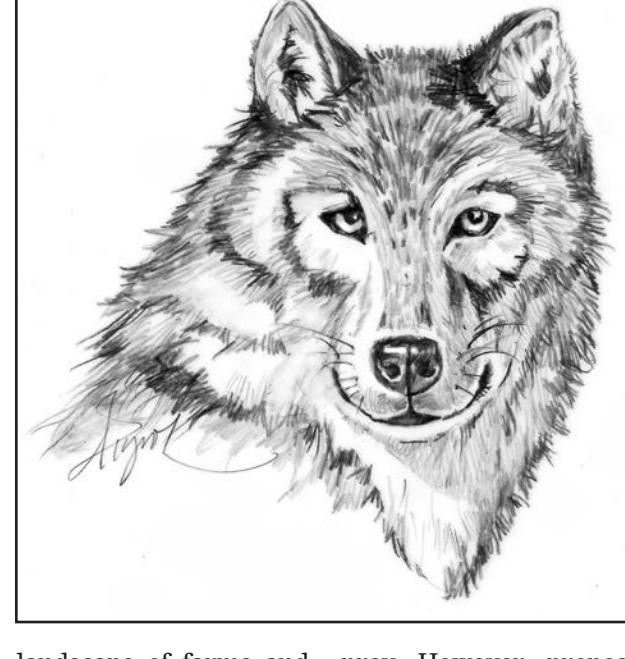
BY SUSAN SHEA

On a moonlit night 200 years ago, a dog-shaped shadow slipped through the Vermont woods. The large, shaggy canid emerged onto a hilltop pasture, raised its muzzle, and howled – a deep, throaty howl that reverberated through the hills. A chorus of wolves responded.

Wolves were common in the Northeast and most of the U.S. when European settlers arrived. And it didn't take long for the settlers, who were steeped in folklore that portrayed wolves as evil, to wage war. Towns enacted bounties, to which livestock owners were legally bound to contribute, for every dead wolf brought in. In 1657, New Haven, Conn. offered five pounds to anyone who could kill "one great black woolfe of a more than ordinaire bigness which is like to be more feirce and bould than the rest, and so occasions more hurt."

Although eastern wolves preyed mostly on deer and beaver before European settlers arrived, as the forests were cut and wildlife disappeared, the wolves were forced to rely more on livestock like sheep. Thanks to the abundance of this easier prey, wolf populations may have actually increased for a time.

In addition to livestock protection, some sought to eliminate wolves because they symbolized wilderness. When colonists arrived, "the whole continent was one dismal wilderness, the haunt of wolves and bears and more savage men," wrote John Adams in 1756. The settlers' energies were devoted to vanquishing the wilderness, using its abundant resources, and creating a pastoral



landscape of farms and villages.

All these efforts to eradicate wolves eventually succeeded. The wolf disappeared from most of southern New England by the end of the eighteenth century, but hung on in parts of Vermont, New Hampshire, Maine, and the Berkshires until the late nineteenth or early twentieth century.

However, proposals in the 1990s to reintroduce wolves in Maine were controversial, said Walter Jakubas, mammal group leader with the Maine Department of Inland Fisheries and Wildlife. People were concerned that wolves would frequent residential areas where deer densities were high.

According to Jakubas, the movement to reintroduce wolves also lost momentum when genetic analyses of eastern coyotes revealed a significant percentage of wolf genes. Coyotes had interbred with wolves in Canada on their migration from west to east, and it seemed likely that they would hybridize with reintroduced wolves. A survey showed the majority of Maine residents preferred to let wolves come back on their own.

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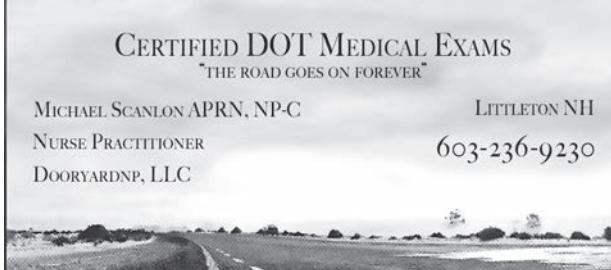


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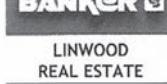
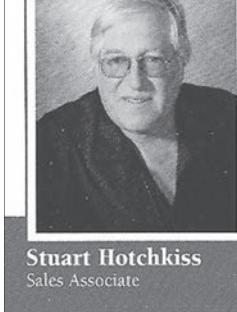
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Classifieds

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9 Remick Lane
Bretton Woods, NH
603-259-0210

383 Main Street
Franconia, NH
603-823-5700

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Bring your classified ad right into the office located nearest to you and drop it off. We'd love to see you!
* * * *

BELMONT, NH
1 & 2 BR TOWN HOUSE APARTMENTS
NOW ACCEPTING APPLICATIONS FOR WAITLIST

- On-site laundry, parking
- 24-hr maintenance
- Close to center of town

Must meet income limit guidelines
Rent starting at \$812/\$922 + utilities
Security deposit required.
Download application at

<http://www.sterling-management.net/application.pdf>
or contact mgmt. at 603-267-6787



Camelot Home Center

Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall

NEW 14' WIDES	Sale Price \$34,995
	56' 2 Bed
	Sale Price \$38,995

Sale Price \$66,995	76' x 16'
56' 3 Bed, 2 Bath #29905	3 Bed, 2 Bath

DOUBLE WIDES	\$59,995
	40' 3 Bed, 2 Bath
	\$75,995

Sale Price \$88,995	56' 3 Bed, 2 Bath
Display only at this price	Best Home Ever!

SEE OUR AD AT WWW.CM-H.COM - HOMES FROM COLONY, NEW ERA & TITAN

	\$84,995	Sunny
	\$124,995	2 Story #1437
	\$131,995	60x28 Ranch You'll love the kitchen and incredible bathroom! Plus extra space upstairs!
	\$133,995	56x28 Cape You'll love the kitchen and incredible bathroom! Plus extra space upstairs!

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?

ALWAYS OPEN DAILY. 10 TO 6 SATURDAYS & SUNDAYS 10 TO 5 RT. 3, TILTON NH WWW.CM-H.COM

* BRAND NEW *

Littleton Mobile Home Park!
15 Single Wide lots available!

Please call 603-444-7115.

55 Plus MODEL HOME OPEN SUNDAY 12 to 2

	\$109,995
	\$154,995 garage, porch, appliances
	*10% down - 25 years at 6%

Call Kevin - 603-387-7463

Mansfield Woods, 88 North, Rt. 132, New Hampton, NH

Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

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We are offering a real estate education course which will prepare you for the NH salesperson or broker license exam.

It is a 40 hour course, offered on Tuesday and Thursday evenings, from 5:30 PM - 9:30 PM at our Lincoln, NH, office. Cost is \$350 which includes the text book.

**STARTING APRIL 23RD
WITH LIMITED SPACE
CALL NOW TO RESERVE YOUR SPOT!**

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603-745-3400

Franconia Office

603-823-8895

Littleton Office

603-444-6737

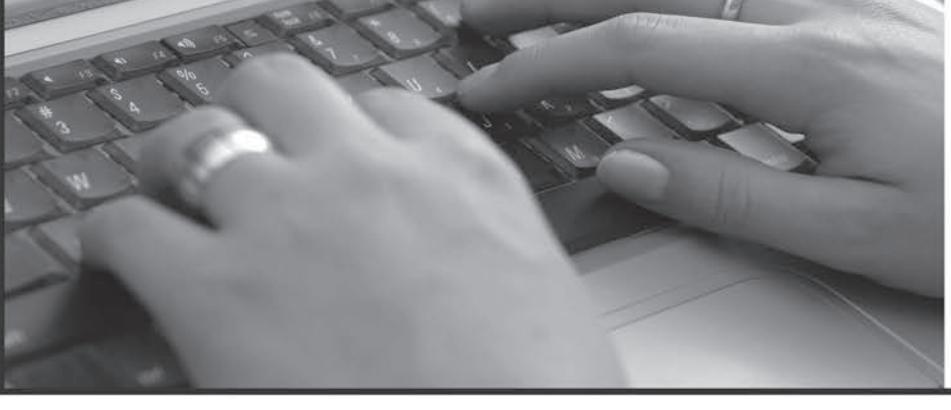
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EQUAL HOUSING OPPORTUNITY

THE LITTLETON COURIER, WEDNESDAY, APRIL 10, 2019

HELP WANTED / NOTICES

Classifieds

Your Community Health Partner Since 1975

NEW Position!

Assistant Clinical Manager - Primary Care
We're growing and seek a Assistant Clinical Manager to provide support at all five ACHS locations. In this new role, you'll assist the Clinical Manager by providing leadership and professional development, support the implementation of all clinical policies and procedures, as well as ensure quality assurance and control with the clinical team. Ideally, you'll use your extensive knowledge of patient care and leadership skills to deliver superb customer service and quality care to employees and patients. You must be an innovative thinker, understand the mission of community health care, and play an active role in the core clinical team.

Qualifications:

- RN with a current state of NH license, and 5+ years of clinical experience preferred.
- Excellent customer service skills.
- Prior supervisory experience (2 years+ preferred)
- Ability to work directly with the public, often in stressful situations.
- Strong spoken and written communication skills.
- Ability to maintain strict patient confidentiality.
- Work independently with minimum supervision.
- Good computer skills and experience with Centricity EHR platform preferred.

If you are looking for rewarding work at an active and caring organization, visit:
ammonoosuc.org/careers



Ammonoosuc Community Health Services
Littleton • Franconia • Warren • Whitefield • Woodsville www.ammonoosuc.org

**LANDAFF SCHOOL DISTRICT
NOTICE OF PUBLIC HEARING****APRIL 16, 2019
5:30 PM**

You are hereby notified to meet at the Landaff Blue School in said school district on Tuesday, April 16, 2019 at 5:30 pm for the purpose of a public hearing relative to the following:

To discuss the acceptance of unanticipated funds under the terms of RSA 198:20-b in the amount of \$5,862.70 from the State of New Hampshire.

Public Notice

Affordable Housing, Education and Development (AHEAD) Inc., a New Hampshire Voluntary Corporation located in Littleton, NH, will hold a Special Meeting at 4:00 PM on Thursday, April 18th, 2019 at the Mountain View Grand Resort in Whitefield, NH.

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT

2018-2019 School Year

Support Staff

Purchasing/Accounts Receivable Assistant (20 hrs./wk.) (Central Office)

2019-2020 School Year
Administrative Staff

Assistant Principal (Lancaster Elementary School)

Professional StaffSpecial Education Teachers
School Counselor
Long-Term Substitute Teacher (9/9 to 11/22/19) - WESAll applicants must apply on Schoolspring.com
Paper applications will not be accepted.**Substitutes Needed for Teachers, Nurses, Paraprofessionals, Custodians, Cooks**

For further information, contact:
Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources White Mountains Regional School District
SAU #36
14 King Square, Whitefield, New Hampshire 03598
TEL: 603-837-9363/FAX: 603-837-2326
Email: rball@sau36.org

**TOWN OF LYMAN
DOG REGISTRATION**
Mon 12-6pm, Wed & Thur 8am-2pm

Dogs 4 months old or older must be licensed
by April 30, 2019

Fees:

Male or Female	\$10.00
Spayed or Neutered	\$7.50
Puppies 4-7 months.....	\$6.50
1st dog for owner age 65.....	\$2.00

A current rabies certificate is required.

Spaying/Neutering proof is required for discount.
Failure to license will make the owner liable to a penalty of \$25.00 plus \$1.00 interest per month after May 31st.

Bethany Carignan, Town Clerk

**Call our toll-free number
1-877-766-6891**

and have your help wanted ad
in 10 papers next week!

**Foreclosure: 3BR House on 0.8± Acre
Burke Mountain Ski & Bike Region**

AUCTION 

Tuesday April 30 @ 11AM
3996 VT Route 5, West Burke, VT



Mostly renovated turn of the century home has new concrete block foundation, newer oil/FHW heating system, updated wiring, vinyl siding, and more. Back yard borders brook. Bring your skis, bikes and friends! This will be a great place to finish repairs and retreat to.
(NH Lic. #3058)

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~SAU #58~ VACANCIES 2018-2019

Northumberland School District Paraprofessional

Interested candidates must submit a letter of interest, resume, 3 current letters of reference, and must possess either an Associate's degree or a certificate of successful completion of the Para Pro test to:

Carrie Irving, Secretary SAU #58
15 Preble Street, Groveton, NH 03582
Ph: 603-636-1437
Fax: 603-636-6102
EOE

~SAU #58~ VACANCIES 2018-2019

Stratford Public School Principal (ID#3064322)

Groveton High School

Special Education Teacher (ID#3053761)

For more information or to apply please go to [www.SchoolSpring.com](#) and reference the above job ID. All applications must go through SchoolSpring.

If you have any questions regarding these positions, please contact:

Carrie Irving, Secretary SAU #58
15 Preble Street, Groveton, NH 03582
Ph: 603-636-1437
Fax: 603-636-6102
EOE

~SAU #58~ VACANCIES 2018-2019

Groveton High School Interim Assistant Principal (ID#3070893)

For more information or to apply please go to [www.SchoolSpring.com](#) and reference the above job ID. All applications must go through SchoolSpring.

If you have any questions regarding these positions, please contact:

Carrie Irving, Secretary SAU #58
15 Preble Street, Groveton, NH 03582
Ph: 603-636-1437
Fax: 603-636-6102
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~SAU #58~ VACANCIES 2018-2019

Stratford Public School Principal (ID#3064322)

Groveton High School

Special Education Teacher (ID#3053761)

For more information or to apply please go to [www.SchoolSpring.com](#) and reference the above job ID. All applications must go through SchoolSpring.

If you have any questions regarding these positions, please contact:

Carrie Irving, Secretary SAU #58
15 Preble Street, Groveton, NH 03582
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NCH | Upper Connecticut Valley Hospital

FULL TIME OPPORTUNITIES

- MT/MLT – Day Shift, M-F
- ULTRASOUND/ECHO TECHNOLOGIST – Day Shift
- RN M-S – Day Shift
- RN M-S – Night Shift
- RN CHARGE – Night Shift
- RN CHARGE/M-S Night Shift
- RN CHARGE/E.D. Night Shift

PART TIME OPPORTUNITIES

- CENTRAL STERILE TECHNICIAN (32) hours Day Shift, M-Th, 7am-3:30pm
- RADIOLOGY TECHNOLOGIST - (32) hours Day Shift

PER DIEM OPPORTUNITIES

- UNIT SECRETARY
- LNA
- ED TECHNICIAN
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at [www.ucvh.org](#)
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE



JOB OPENING

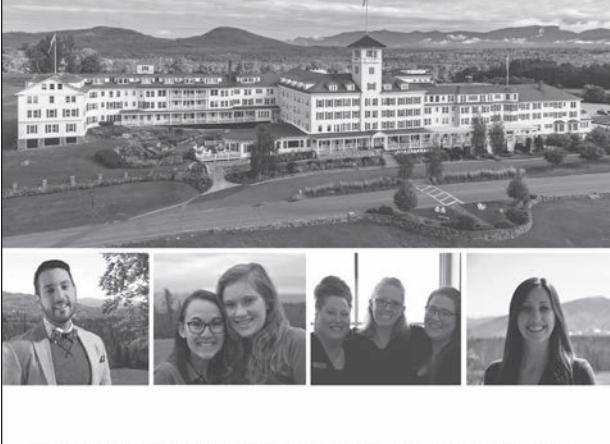
CENTER MANAGER: Exciting, full-time opportunity available for a unique individual who enjoys a work environment that is challenging and rewarding. The NEKCA St. Johnsbury Head Start/ Early Head Start program is seeking a leader who will provide support and supervision to staff as well as leading a team effort to provide quality early childhood and family-centered services. The ideal candidate will possess strong organizational skills; the ability to meet program timelines and implement federal and state licensing requirements.

Candidates will have completed VT Early Childhood and Afterschool Program Director Step One certificate or successful completion of a 3 credit course in program management for early care and education or for school age care and education of children; and three credit course in curriculum. At a minimum, must possess a credential in social work, human services, family services, counseling or related field. Supervisory experience preferred. The closing date for applications is April 15, 2019.

To apply send a cover letter, resume and 3 references to jobs@nekcavt.org; FAX to 802-334-5249; or mail to NEKCA Human Resources, PO Box 346, Newport, VT 05855. E.O.E.

MOUNTAIN VIEW GRAND

RESORT & SPA



Mountain View Grand Resort & Spa is currently hiring!
101 Mountain View Road, Whitefield, NH 03598

We have many full-time, part-time, seasonal and year-round positions available across all departments.

Fixed schedules are available.

Full-time benefits include health, dental and life insurance, 401(k) and paid time off.

Career Information & Online Application:
www.mountainviewgrand.com/employment.htm

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Director of Nursing \$5,000 SIGN ON BONUS OFFERED!

Join our growing team of over 6,000 health professionals nationwide!

At Centurion, our dedication to making a difference and our passionate team of the best and the brightest healthcare employees has made us one of the leaders of the correctional health industry. Whether you are driven by purpose and impact or on a journey of professional growth, our opportunities can offer both. Centurion is proud to be the provider of healthcare services to the Vermont Department of Corrections.

We are currently seeking a full time Director of Nursing at our Northeast Correctional Complex in St. Johnsbury, VT.

Requirements:

- VT RN License; BSN preferred
- Experience in acute care, ambulatory care or correctional environment preferred
- 3 years supervisory experience required
- Must be able to pass the VT Department of Corrections background investigation and obtain security clearance.

We offer competitive compensation and a comprehensive benefits package including: Health, dental, vision, life and disability insurance, 20 paid days off plus 8 paid holidays, 401(k) retirement plan with employer match, Career development benefit, Flexible spending accounts for health and dependent care and more!

Interested candidates, please email resumes to kelli@teamcenturion.com or fax 888-317-1741 • www.CenturionManagedCare.com

EOE

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Part-time. Full-time. Great time.

Customer Service Representatives

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Join a talented team that works hard and laughs hard. Everything you need to know is at garnethill.com/careers

Hope to meet you soon.

Garnet Hill

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We are looking for an

Assistant Manager

Competitive pay, flexible scheduling, differential pay for overnights, paid holidays, sick time. Full time positions come with health benefits, paid vacation time, 401K, opportunities for advancement.

Apply online at www.jointeammaplefields.com or apply in person at our Littleton Maplefields, 390 Meadow Street

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OWL'S NEST

LCJ Management, LLC d/b/a **Owl's Nest Resort & Golf Club**, located in Thornton, New Hampshire, is the state's only Nicklaus Design course. Located on 600 acres, the resort community features luxury homes, an on-site restaurant, driving range, an activity center, wedding and special event opportunities, and a growing Stay and Play/rental program.

We are currently hiring for the following full-time and part-time seasonal positions:

Starter Ambassadors
Golf Shop Staff
Line Cooks/Kitchen Staff
Director of Food & Beverage
Equipment Operators
Bartenders
Housekeepers

Golf Outside Operations
Clubhouse Manager
Waitstaff
Beverage Cart Attendants
Event Staff
Facilities Maintenance

How to Apply

Please go to our website at www.owlsnestresort.com to complete an application. Send cover letter with salary requirements, résumé, and application to: Owl's Nest Resort & Golf Club, Attn: Human Resources, PO Box 1684, Campton, NH 03223 or jobs@owlsnestresort.com. No phone calls, please.

LCJ Management DBA Owl's Nest Resort provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, sex, national origin, age, disability, or genetics. In addition to federal law requirements, Owl's Nest Resort complies with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation, and training.

Owl's Nest Resort expressly prohibits any form of workplace harassment based on race, color, religion, gender, sexual orientation, gender identity or expression, national origin, age, genetic information, disability, or veteran status.



Classifieds

Temporary Position
Facilities Specialist

Sometimes, opportunity knocks with a hammer.

Spring is here, and our Facilities team could use extra help with maintenance in and around our Franconia buildings and grounds.

Talented with tools?
Find out more at garnethill.com/careers.
Hope to meet you soon!

Garnet Hill

Notice of Vacancy Superintendent of Schools Berlin Public Schools, Berlin NH Starting July 1, 2019

The Berlin Public Schools, a K-12 district of approximately 1,144 students, serves the City of Berlin, N.H., located in the Great North Woods in the northern part of New Hampshire. The Board of Education seeks qualified candidates who have proven leadership experience in school administration for its new Superintendent of Schools. Candidates should have a passion for educating the whole child, an unwavering focus on the educational growth and well-being of each and every child, and a strong commitment to community involvement. Compensation includes a competitive salary between \$98,000 and \$120,000, depending upon qualifications and experience and a comprehensive benefits package.

The Berlin Board of Education seeks the following in its new superintendent:

- CAGS degree minimum
- Experience as superintendent— preferred but not required
- Certification as superintendent in N.H. or evidence of eligibility
- Knowledge of educational laws and policies
- Strong leadership skills
- Excellent communications skills
- Collaborative style
- Community oriented
- Grant Writing Experience
- Proven successes in curriculum, student assessment, staff evaluation, budget development and management, facilities development

For confidential consideration, candidates are requested to submit a cover letter, current resume, official university transcripts, copy of N.H. certification (or eligibility statement), three current letters of recommendation, and application to:

**Berlin Public Schools
ATTN: Superintendent Search
183 Hillside Avenue
Berlin, NH 03570**

Application is available at www.sau3.org under "Job Opportunities" or by emailing: hr@sau3.org. Closing date April 17, 2019.

CLARK'S TRADING POST JOB FAIR

SATURDAY APRIL 27, 2019

Come to the Gift Shop from 9:30-1:00

Clark's Trading Post is looking for seasonal employees with strong customer service skills for the following positions:

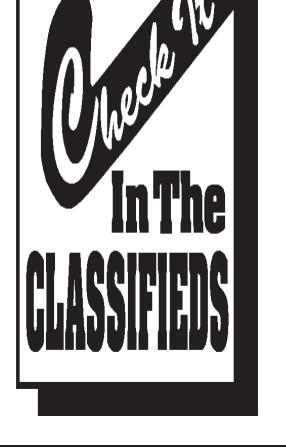
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|------------------|----------------------|
| • FOOD SERVICE | • PARK SERVICES |
| • RETAIL | • NIGHT TIME JANITOR |
| • RIDES & GUIDES | • FACE PAINTING |
| • PHOTO PARLOR | |

Come join the Clark's team!

Email Anne at info@ClarksTradingPost.com or call 603-745-8913 Ext.19 for more details.

Download an application at www.ClarksTradingPost.com

110 Daniel Webster Highway, Lincoln, NH



THANK YOU
for browsing The Town-to-Town Classifieds!

Classifieds

TWO FULL-TIME POSITIONS AVAILABLE: IMMEDIATE OPENING FOR A HYGIENIST and a CERTIFIED DENTAL ASSISTANT

We would love to welcome you to be a part of our well-established caring family dental office. We work together with a team approach to care and like to have fun here. Benefits include competitive wages, vacation, health insurance, uniform allowance, 401K, and a yearly Holiday Bonus. Knowledge of Eaglesoft and digital x-ray preferred. Hours are 7:30am to 5pm Monday through Thursday. If you are interested in either of these positions send your cover letter and resume to:

Dorothy Baxter, Office Manager
St. Johnsbury Dental Associates

One Place Notre Dame, Ste. 1 – St. Johnsbury, VT 05819
Fax: 802-748-8770 or e-mail it to: dbaxter@stjdental.com



Come and Join Our Team!!

WE HAVE OPPORTUNITIES FOR FULL TIME RN'S IN KEY ROLES

Emergency Room Intensive Care Unit FLEX Pool RN

New Graduate RN- 3 Positions Available

POSITIONS AVAILABLE IMMEDIATELY!

North Country Hospital is seeking qualified nurses who are enthusiastic, excited about nursing and possess the ability to weave together compassion and computers, clinical knowledge and technical know-how.

We have high expectations of you as one of our nurses. We need you to:

Function as a key member of the healthcare team
Provide high quality care to clinical standards
Give critical feedback and insights to help North Country Hospital constantly improve

Our compensation, benefits and, education and training opportunities are excellent. If you are passionate about nursing and want to work with others who are like minded, please contact us today.

EOE.

Interested candidates may apply

Online at www.northcountryhospital.org

For additional information contact:

Tabitha Cole, Recruitment Coordinator
Human Resources
North Country Hospital
189 Prouty Drive, Newport, VT 05855
802-334-3210 Ext. 405 • Email: tcole@nchsi.org

EMPLOYMENT OPPORTUNITIES AT



Seeking team-oriented candidates for the following full-time permanent positions:

LICENSED ELECTRICIANS

Residential, Commercial, Industrial

PROJECT MANAGER

For our commercial excavation, sitework, and building contracting division

We offer a competitive pay and benefits package including health and disability insurance, paid holidays and vacations, and 401k plan.

Send resume to:

PO Box 597

Berlin NH 03570

or email to Steven@rayselectricinc.net

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White Mountains School Administrative Unit # 35 BETHLEHEM ♦ LAFAYETTE ♦ LANDAFF ♦ LISBON ♦ PROFILE ...where excellence links living and learning...

SAU#35 2019-2020 SCHOOL YEAR OPENING

Lafayette Regional School

Para-Educator (ID#3062652)
Part-Time Art Teacher (40%FTE) – (ID#3062655)

Landaff School

Part-Time Guidance Counselor (ID#3055292)

For more information or to apply please go to www.SchoolSpring.com and reference the above job ID# for the position.

SAU35

260 Cottage St. Suite C, Littleton, NH 03561
603-444-3925 • EOE

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CLASSIFIED SELLS IT ALL

HELP WANTED



HELP WANTED

For our upcoming busy season
Now taking applications for
**line cooks, host, hostess,
and cashiers.**

Great day time hours.
(603)823-5575 x10
Ask for Emily or Kathie

I-93 Exit 38, 672 Rt. 117 Sugar Hill, NH 03586



Mountain Bike Trails Laborer



Be on the cutting edge of a new mountain bike trail development at Loon Mountain. If you want to assist with general labor by clearing and building trails, check us out now and apply online at www.loonmtn.com.

Equal Opportunity Employer



**University of
New Hampshire**

Camp Counselors

Barry Conservation 4-H Camp in Berlin, NH is a residential 4-H youth summer camp with an eight week season. It's a great place to work. Visit <https://extension.unh.edu/programs/barry-conservation-4-h-camp> to learn more.

UNH is an AA/EEO Employer. UNH is committed to excellence through the diversity of its faculty and staff and encourages women and minorities to apply.



NEW!! SIGN ON BONUS

- Are you looking for a great place to work?
- Do you want to work with staff members who think like you do about caring for the elderly?

**Full time RN \$3,000
part-time RN \$1500**

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part-time LNA \$500.**

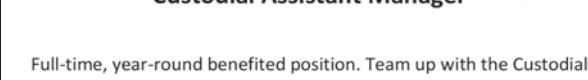
At Country Village we take great pride in our staff retention and working as a team. So if you want the opportunities and support in a job that is both demanding and rewarding, stop in and talk to the Director of Nursing or apply online at geneshcc.com.

*We offer competitive wage and benefit package,
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Dodie Loy, DON
Country Village Center

91 Country Village Road, Lancaster, NH 03584
(603) 788-4735

EOE/M/F/D/V



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*For more info or to apply on-line visit www.loonmtn.com
Equal Opportunity Employer*



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Alpine Resort®**

Now Hiring

FRONT DESK CLERK

Part-Time/Sunday-Thursday

HOUSEKEEPERS

Full or Part-time

MAINTENANCE WORKER

Full-time/Flexible shifts required

Year-round positions

Excellent Benefits for Full-time employees

Please apply in person.

Mittersill Alpine Resort

193 Mittersill Road

Franconia, NH 03580

(no phone calls please)



Experienced Machine Operators

At Upper Valley Press, Inc., we believe our employees are our greatest assets! As an employee owned company, we are committed to developing our team members and watching our sales and profits grow!

We currently have positions available on all shifts for experienced equipment/machine operators. Do you possess the ability to run production machinery, pay close attention to detail and report to work on-time and when scheduled? Then we want to hear from you!

Upper Valley Press, Inc., a 100% employee owned (ESOP) company, provides excellent wages, benefits, 401(k) retirement saving and much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please submit a resume with wage requirements or apply in person to:



446 Benton Road
North Haverhill, NH 03774
resume@uvpress.com



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Burndy is looking for experienced CNC Machinists on all 3 shifts in our Littleton and Lincoln, NH locations!

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In Lincoln at 34 Bern Dibner Drive, Lincoln, NH 03251

ppinkham@burndy.com

In Littleton Industrial Park, 150 Burndy Rd. Littleton, NH 03561

cnetska@burndy.com

See all our open positions and apply on line at:
<https://careers.hubbell.com/>

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Plating Technician (Lincoln)

Machine Operators

Entry level factory positions - we will train,
no experience necessary

Maintenance Mechanic (Lincoln - 3rd Shift)

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All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class





Town-to-Town CLASSIFIEDS

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Call to place your ad today or visit our website!



Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18". May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Lost & Found

Found Ads
Are published free of charge.
30 words for 1 week.

Lost Ads
Are charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.salmonpress.com
24/7

Still Lost!
Shane - Shetland Sheepdog
White/Tan/Black
10 Years old
We are hoping someone may have him or have seen him?
-Lost in Laconia NH -
August 27, 2016
Do not chase. Old and New Leads appreciated.
For more info see
www.facebook.com/shaneshetlandsheepdog
Call Owner 603-365-1778
or Granite State Dog Recovery
1-855-639-5678

Thank-You

Our line ad classifieds are on our website!
www.salmonpress.com

is the place to check our weekly classifieds online!
More great coverage and information from the

Salmon Press
Town To Town Classifieds!

Why place your ads anywhere else?
1-877-766-6891

Thank you
for browsing
The Town To Town
Classifieds in the

Great North
Berlin Reporter
Coos County Democrat
Littleton Courier

Publication Rates (30 words)
\$25 - 1 Week
\$46 - 2 Weeks
\$67 - 3 Weeks
\$84 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.salmonpress.com

Deadline:
Monday 10 am

Estate Sale

Estate Sale
April 13 & 14 Inn at Sunset Hill
231 Sunset Hill Road Sugar Hill
Furniture, wall art, lamps,
lots of chairs
Lots of great deals
Starts at 9am
Call 823-7244 for further
information!

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon,
Cats \$70-\$85. Dogs at Conway clinic,
starting at \$100. NH and Maine
income qualified plans. Military
discounts. Rozzie May Animal
Alliance, a dedicated spay/neuter
nonprofit. Sign up on line
www.RozzieMay.org or call
603-447-1373

General Help Wanted

CONSTRUCTION LABORERS NEEDED - Want to work outside and earn a decent paycheck? We're hiring! R.M. Piper, Inc. is one of New Hampshire's leading general contractors in heavy, highway and bridge construction. Check us out at facebook.com/rmpiperinc

Experience is not required, but a good work ethic and dependability are. Min age 18, must be willing and able to travel within NH. We offer excellent wages, benefits and advancement opportunities! For more information or to apply (603)536-4154, jobs@rmpiper.com All new hires are required to pass a physical and drug screen. EOE

Professional/ Technical

OUTPATIENT MENTAL HEALTH CLINICIAN
Northern Human Services
White Mountain Mental Health

Must be either a licensed clinician in the State of New Hampshire or a graduate of master's degree program leading to licensure. Recent graduates encouraged to apply. Candidates for LCMHC, LICHS or LADC/MLADC will receive weekly supervision as required for licensure. Dually licensed candidates (LCMHC/LDAC) will find a setting that values both specialties.

NHS offers generous earned time (three weeks year one; four weeks year two), eleven paid holidays, health insurance, and an agency contribution (no match required) to a 403B.

Entry Salary \$40,000 - \$47,500, depending on licensure status and experience.

****White Mountain Mental Health is an approved National Health Service Corps site. Licensed Clinicians may apply for generous loan repayment.****

All positions at NHS require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. This agency is an Equal Opportunity Employer, and Provider.

Send cover letter and resume to:
Northern Human Services
Attn: Bobbi Lyndes-Langtane
29 Maple Street
PO Box 599
Littleton, NH 03561
Email: blyndes@northernhs.org
Phone: 603-444-5358
Fax: 603-444-0145

Carpentry

Retired - Old home restoration expert and wood-worker looking for smaller jobs.

Wood window sash restoration a specialty!

603-631-0586

Real Estate

Buy, Sell, Invest! Let me help you find your second home, vacation home, or investment in Vermont! Jeff Como Re/Max All Seasons Realty call/text 802-673-8741

JEFFERSON - Upstairs 1 bedroom apartment. Heat, hot water, electric, & trash removal included. Damage and first, references required. \$650/month. Call 603-631-6575.

LITTLETON - Second floor apartment, in town, 1 bedroom. Quiet neighborhood. With heat & rubbish removal, outside sitting area. No smoking. Pets negotiable. \$695/mth. Call 444-0977.

Rooms For Rent

BASEMENT RENTAL - \$600/month utilities included. Separate entrance, private bath, kitchenette. Large storage shed. River access, hiking trails closeby. Must have job and transportation. Located near Whitefield. If interested email prayedtoday@hotmail.com.

LUMBER Custom Millwork HARDWARE & PAINTS
Factory & Custom Kitchens
838-6619
Rte. 302, Lisbon, NH
Roofing, Insulation, Plywood,
Plumbing, Electrical, Windows,
Doors, Concrete, Fiberglass
Varney & Smith
Lumber Company, Inc.

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call

HUD toll free at
1-800-669-9777

For the Washington DC area, please call HUD at 275-9200.

The toll free telephone number for

the hearing impaired is

1-800-927-9275.

You may also call

The New Hampshire Commission for Human Rights at 603-271-2767 or write

The Commission at

163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misrepresentation, typographical errors, etc.

herein contained. The Publisher reserves the right to refuse any advertising.

MODERN! MODERN! LAHOUT'S APARTMENTS

1 and 2 Bedrooms \$695-\$795

Heat included!

Littleton and Bethlehem

COMING THIS SUMMER!!!

"NEW" 2 Bedrooms - Bethlehem

Call today for an Application!

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www.lahoutspd.com

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EMAIL:

classifieds@salmonpress.news

ONLINE:

www.salmonpress.com

PHONE:

(603) 279-4516

Advertise your:

Items for Sale, Jobs, Vehicles,
Pets, Real Estate, Apartments,
Summer Rentals, Services & more.

We have categories for everything!

From the Lakes Region to
the Great North Woods.

START YOUR
AD TODAY!



It's not easy being a parent, but here's something simple you can do. Spend two minutes twice a day making sure they brush. It could help save them from a lifetime of tooth pain. Make it fun, text MOUTH to 97779 to join the 2MIN2X Challenge.

2MIN2X.org

2MIN 2XDAY

Easier than getting them to eat something green.



Ad



if you only
had the time, right? Now you do.
3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

PEACE CORPS **RESPONSE**

peacecorps.gov/response

**Thank
You
for browsing
The
Town-to-Town
Classifieds!**

Zoë & Co.
Professional Bra Fitters
Put 'em Up!
92 North Main St.
Concord, NH 03301
603.224.2727

Looking for New Customers?

FROM THE LAKES REGION TO THE GREAT NORTH WOODS

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carroll County Independent

CALL
603-279-4516
TO PLACE
YOUR AD
TODAY!



Annual Spring Psychic Fair
April 26-28, 2019
Featuring a select group of New England's top Psychic Advisors!
INDIAN HEAD RESORT
 \$25 per reading
For entertainment purposes only
Friday and Saturday Night 8pm
Bob Pratte Band
Featuring **Russ Peterson** Sat. Night
Call to Book your Readings
Appointment times limited!!!
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664 US Rte. 3, Lincoln, NH 03251
info@indianheadresort.com indianheadresort.com

BUDGET LUMBER

1139 Clark Pond Road
North Haverhill
New Hampshire 03774
TAX-FREE

Kitchen & Bath

Budget Lumber has a 5,000 foot showroom with new displays for Kitchen and Bath Cabinets. Pricing for entry level, Medium and High End to meet your needs. Kitchens at great prices!

Lumber
Building Materials
Hardware
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Andersen Silverline Windows
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Vanities
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1-603-787-2517

Ask for Rebecca Kinerson



Countertops in Formica, Granite, Solid Surface, Siltstone.
Free onsite visits and quotes.



GRILL DEMO

JOIN THE WOOD-FIRED REVOLUTION
Come experience the future of flavor in-person and see how Traeger's new WiFIRE® enabled grills are redefining Set-it & Forget-it cooking.

April 20, 2019

10 am - 2 pm

Grill Demos and Food Samples

Register to Win a Free Grill.

10% off all grill accessories & pellets.

SALE on PRO 22 & 34 grill models

ASH SUPPLY CO.
1001 BROOK ROAD
LITTLETON, NH
WWW.ASHSUPPLY.COM



Littleton Dental Care

Office of Brian S. Reeder, DMD

New Patients Welcome!

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With a caring and compassionate staff we will provide a customized treatment to fit you and your family's needs.

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DIRECTLY OFF INTERSTATE 93, EXIT 41, ON ROUTE 302



- FAMILY & BUDGET FRIENDLY
- 40 MODERN ROOMS ON GROUND LEVEL ACCESS
- 40" FLAT SCREEN TV
- FREE WIRELESS ACCESS, CONTINENTAL BREAKFAST LOCAL CALLS & HBO®
- NEARBY WHITE MOUNTAIN ATTRACTIONS
- HIKING, SKIING, FISHING, GOLFING & MORE WITHIN SHORT DISTANCE
- SCENIC DRIVES, ROLLING HILLS, RUSHING RIVERS & PRISTINE LAKES TO ENJOY

OPEN YEAR ROUND ~ NEWLY RENOVATED

RATES & RESERVATIONS 603.444.3971 OR 1.866.640.3561
WWW.EASTGATEINNNH.COM

Ad
Council

**WHEN YOU see
BULLYING,
use THIS
EMOJI
TO do SOMETHING
ABOUT it.**

IWitnessBullying.org



EARTH DAY OPEN HOUSE

- APPALACHIAN MOUNTAIN CLUB
- TRAILHEAD TRASH PICKUP
- LITTER RELAYS
- AMC'S CLIMATE RESEARCH & CITIZEN SCIENCE
- RECYCLED ROBOTS & MORE WITH WMSI
- LEAVE NO TRACE
- LORAX SCAVENGER HUNT
- ENVIRONMENTAL ART PROJECTS
- RECYCLED CRAFTS
- DARK SKIES
- & INDOOR PLANETARIUM

For more details about this event, 603-278-4453

RARE COIN & CURRENCY SHOW

DoubleTree Manchester Downtown Hotel

700 Elm Street, Manchester

Admission \$5 a day/\$8 weekend • \$6 validated parking

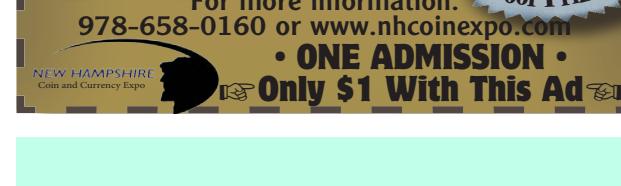
Friday, April 19 • 10 AM - 7 PM

Saturday, April 20 • 9 AM - 4 PM

120 Tables and Over 80 Dealers from New England, NY, NJ, PA, MD, TN, NC, TX

Free Appraisals

FREE Children's Introduction to Coin Collecting Program on Saturday @ 10:30 AM



For more information: 978-658-0160 or www.nhcoinexpo.com

• ONE ADMISSION •

• Only \$1 With This Ad •

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**Prompt, Reliable,
Professional Service
Since 1963**
whitessepticservice.com
603-631-0660
You dump it, we pump it!



HERE WE GROW!

INDIAN HEAD RESORT

EASTER BRUNCH

Carving Station with Prime Rib & Maple Bourbon Pineapple Glazed Ham
 Baked Haddock with Lobster Sauce / Roasted Turkey Dinner
 Fried Chicken & Waffle Sliders with Sriracha Maple Syrup
 Five Cheese Mac n' Cheese / Shrimp Scampi / Honey Glazed Carrots
 Sour Cream & Chive Mashed Potatoes / Cheesy Broccoli Casserole
 Maple Brown Sugar Butternut Squash / Assorted Salads & Fresh Fruit
 Vegan Mushroom, Spinach, Red Pepper Risotto
 Crispy Brussel Sprouts with Maple Mustard Vinaigrette
 Eggs Benedict with Crispy Prosciutto / Omelette Station
 Smoked Salmon with Bagels, Cream Cheese, Capers & Lemon
 Dessert Buffet to Include: Chocolate Layer Cake, Carrot Cake, Salted Caramel Brownies, Cheesecake, Indian Pudding & More...

Easter Bunny Visits 12 to 1pm

ADULTS \$29.99
CHILDREN (12 & under) \$14.99
*Tax & Gratuities are Additional

Reservations Recommended

April 21st, Served 10am to 2pm
 Call **603-745-8000**
 664 US Rte. 3, Lincoln, NH 03251
info@indianheadresort.com
indianheadresort.com

Come Join Us for an Easter Feast!

Serving a Special Holiday Menu
 April 21, 2019 • Noon - 9:00 p.m.

APPETIZERS:

Sausage Stuffed Mushroom Caps	\$8.95
Bacon-Wrapped Scallops	\$9.95
Large Shrimp Cocktail	\$9.95
Oven-Baked Spinach & Artichoke Dip	\$8.95

ENTREES:

Traditional Roasted Young Tom Turkey	\$15.95
Baked Sugar Cured Virginia Ham	\$14.95
Roast Prime Ribs of Beef Au Jus	\$22.95
Broiled 12 oz. New York Sirloin	\$20.95
Ocean Fresh Seafood Newburg	\$18.95
Baked Filet of Haddock	\$17.95
Baked Stuffed Jumbo Shrimp	\$18.95
Filet Mignon	Market Price

Children's Portions Available.

Complete Dinners Include: Soup or Salad, Potato and Vegetable, Coffee or Tea.

RESERVATIONS APPRECIATED.



Town & Country
INN and RESORT

Rt. 2, Shelburne, NH
603-466-3315

www.townandcountryinn.com

Estate Planning

Business Advice

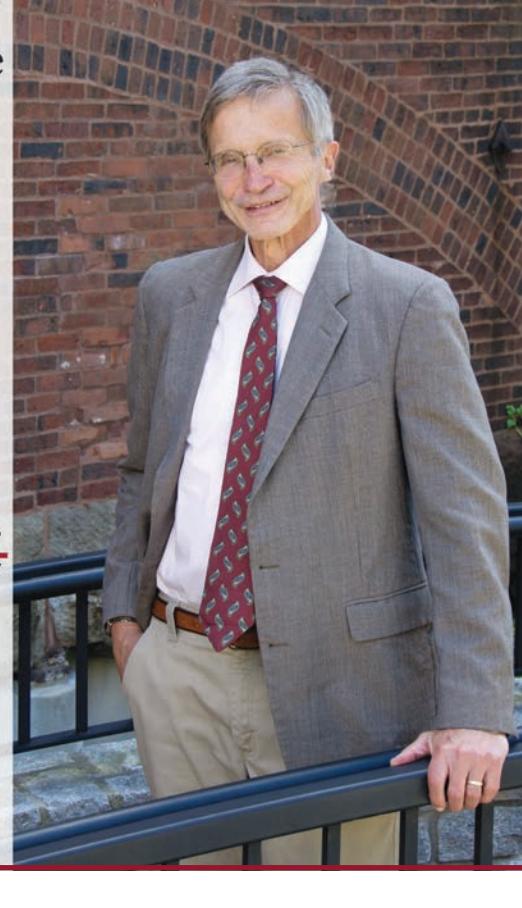
Real Estate

Steven B. Goss
Attorney



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What's Happening at Plymouth State University

WEST SIDE STORY IN CONCERT

Saturday, April 13, 7 p.m. and Sunday, April 14, 2 p.m.
 Hanaway Theatre, Silver Center for the Arts

The PSU Chamber Singers together with University Chorale perform musical numbers from Leonard Bernstein's groundbreaking musical, *West Side Story*. Exploring themes of prejudice, discrimination, immigration, and cultural traditions, the show is made even more relevant through our study of society's current struggles with these same issues.

Also on campus this week

EAGLE POND AUTHORS SERIES:

POET PATRICK DONNELLY

Thursday, April 11, 7 p.m.
 Smith Recital Hall,
 Silver Center for the Arts

A book signing and reception will follow the reading.

HOW THE POTTY TRAINED US: STAND-UP COMEDY AND TED TALK

Friday, April 12, 6:30 p.m., Hyde Hall 220 Auditorium

What if the solution to climate change, world peace, and self-love was the one thing no one wanted to talk about?
 Presented in partnership with the Squam Lakes Association.

For more information on these and other events, visit plymouth.edu/calendar.

WEST SIDE STORY



Plymouth State
UNIVERSITY

Every 8 minutes, we respond to a disaster.



American
Red Cross

HELP NOW ▶

