



BRENDAN BERUBE

Our Editor, Brendan Berube, following the CDC's social distancing recommendations by working from home with the help of his 'assistant,' Lola.

## A good time for some good news

BY BRENDAN BERUBE  
Editor

As members of the news industry ourselves, we try to keep up with current events as much as possible by monitoring other publications and watching the nightly news regularly. At this point, however, we — like many of you out there — have had it. Over the past few weeks, there has simply been too much darkness assaulting us through our television screens every night. Too many graphs and charts depicting rates of infection, too much footage of ambulances racing through city streets, too much focus on dreary and depressing statistics reporting how many have been infected by the COVID-19 virus and how many have died. A steady diet of television news right would be enough to leave any viewer with the impression that the very fabric of our society is crumbling away around us.

Anyone who has been out of the house during this outbreak, however, has seen that nothing could be further from the truth. There is another side to the COVID-19 pandemic that has been receiving far less attention. Individual tales of generosity and goodwill have been popping up across the country recently — stories of landlords foregoing the collection of rent from tenants who are home without pay or insisting that the hard hit businesses who rent space from them pay employees first; stories of neighbors buying groceries and supplies for the elderly couple next door; of parents orga-

nizing food collection drives to ensure that families in need are able to keep food on the table for children whose schools have temporarily closed. Every day, in every community across the nation, ordinary people are stepping up to the plate to combat the negative impact of COVID-19 with kindness.

Just last week, we received a phone call from someone driving down Main Street in one of our own local communities who saw a group of children writing messages of encouragement and affirmation on the sidewalk with brightly colored chalk because it was something they felt they could do to help the people of their hometown stay positive and keep their spirits up. We were so moved by this extraordinary act of selflessness on the part of those so young that it inspired us to seek out similar displays of goodwill. All of us could use some 'good' news right now, and we are asking you, faithful readers, to share yours with us. If there is a collection of food and supplies for those in need taking place in your community; if you have been the fortunate recipient of an unexpected act of kindness; or if you know of a hometown hero who you believe deserves recognition for going above and beyond to make a positive difference during the COVID-19 outbreak, we want to hear about it. Feel free to contact our Editor by e-mail at [brendan@salmonpress.news](mailto:brendan@salmonpress.news) or by phone at 279-4516, ext. 101 and help us spread some positivity.

## Offices close, services change because of COVID-19

BY ERIN PLUMMER  
[mnews@salmonpress.news](mailto:mnews@salmonpress.news)

Several town offices and the library are now closed to the public due to the COVID-19 outbreak.

A number of updates have been posted on the town website and library websites over the week informing residents of the closures and how they can still receive town services.

The town clerk/tax collector's office closed to the public on March 19. Transactions such as renewing registrations and dg licenses, getting copies of vita-

records, and making tax and sewer payments can all be done online. Additional services will be provided by appointment.

The town's software company Interware has waived the online transaction fee of \$1.50 until the State of Emergency is listed. Fees cannot be waived for the use of credit cards and ACH transfers and those fees will still be in place.

The Gilford Fire-Rescue Facility will be closed to onsite non-emergency business until further notice.

Fire permits for the 2019 season will be considered valid until May 1. Online permits can be obtained through the NH Division of Forests and lands at <https://nhdfweb.sovsportsnet.net/>. Those who wish can print and scan documents can request a permit through email at [gilfordfirerescue@gilfordnh.org](mailto:gilfordfirerescue@gilfordnh.org) people are asked to include their full name, address of fire, type of permit requested, phone number, and email address. People will receive their permit via email within 48

hours, and it will need to be printed, signed, and returned.

All other permit applications done through the department can be found at <https://www.gilford-nh.org/fire-dept> under the Permits tab and be submitted to [gilfordfirerescue@gilfordnh.org](mailto:gilfordfirerescue@gilfordnh.org). People can pay by card over the phone only at 527-4758 or by mailing a check to the department. Any inspections will be done after consultation and on a case-by-case basis only.

Assistance by per-  
SEE COVID-19 PAGE A6

## Hayes confirmed as winner after recount

BY ERIN PLUMMER  
[mnews@salmonpress.news](mailto:mnews@salmonpress.news)

Kevin Hayes will take his seat on the board of selectmen after a recount confirmed he received the most number of votes. A board of recount confirmed

Hayes' win by just a few votes over candidate Denise Gonyer.

Hayes is a former selectman, and sought another term on the board against former town clerk Denise Gonyer and local business owner Angelo

Farruggia ran for the one open spot on the board of selectmen. Selectman Richard Grenier retired from his position, and his last meeting was on Feb. 26.

The initial count for the March 10 vote

was 544 for Hayes, 537 for Gonyer, and 162 for Farruggia.

Given the exceedingly close margin of votes between Hayes and Gonyer, a recount was requested.

The recount took  
SEE HAYES PAGE A6

## Gunstock closes early, plans to re-open May 23

BY ERIN PLUMMER  
[mnews@salmonpress.news](mailto:mnews@salmonpress.news)

The ski season ended early for Gunstock as the resort was closed to avoid spreading COVID-19.

Gunstock announced on March 18 that it would be closing for the season and cancelling all remaining events. In a statement general manager Tom Day wrote that the Gunstock Area Commission decided to close for the season as of the end of the business day on March 18 in the interests of the mountain's employees, guests, and the community as whole.

"We believe this is a necessary step to limit the spread and risks associated with the COVID-19 virus," Day wrote. "I would like to personally thank our dedicated team who have been working tirelessly under unusually difficult circumstances these last few days. While the immediate future remains uncertain, we will be getting to work right away on preparations for the summer season."

The season was initially scheduled to end on April 4 with the annual BYODC Pond Skim scheduled for



FILE PHOTO

Gunstock Mountain Resort ended its winter season early to avoid the spread of COVID-19.

that day.

The day before the closure, Gunstock announced that all of its services, buildings, and attractions were closing except for the main trails, chairlifts, ticket window, Gunstock Ski & Sport, and the restrooms on the upper and lower levels of the main lodge. All events for the rest of the season were canceled. People were advised to bring their own food and drink and enjoy it in their cars and not socialize with others in closed

areas.

Day apologized to passholders and mountain guests and thanked them for their support. He said they anticipate an increase call volume and ask for people to be patient.

"This decision was not made lightly but we take comfort knowing that we are doing everything in our power to combat the spread of COVID-19 virus in our local communities," Day wrote. "We know we will get through this and look forward to many more

adventures together when Gunstock re-opens for the summer season on May 23, 2020. Your continued support means everything to us."

In the meantime, the mountain will still be open to general outdoor use like hiking and walking. Day wrote that there will be no safety services on the mountain, but people can use the walking an hiking trails at their own risk, writing "this is your mountain." Those wishing  
SEE GUNSTOCK PAGE A6



# ALMANAC

## Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

Yes, the Library building is closed. For-

tunately, the Library has been so much more than the building for a long time! Right now,

Librarians are creating online content, helping folks access the digital collections, and sharing the best sources of information available. We're thoroughly connected to the worldwide web and we would love to reach you at home!

Gilfordlibrary.org is a hub connecting you to information. There, you'll find links to best practices about

COVID-19, digital resources like ebooks and video streaming, and activities to help keep families physically and mentally well. Content creators and hosts worldwide have stepped up to offer quality, free digital media. Take full advantage of the plethora of new, free entertainment like live shows, author readings, and more.

We are creating content too! Keep an eye out for our Facebook Live story times. Teens and tweens who are cooped up and looking for a way to chat are welcome to join the Library Discord server. We're playing large group social games on the server each weekday at 2:30pm. We are working on ways to facilitate access to the Gerifit exercise class

and plan on hosting online escape rooms.

The amount of digital content out there can be staggering. If you want help finding or accessing something—that sounds like a reference question. Give us a call. Yes, Librarians are available for calls weekdays 9 a.m.-5 p.m. and Saturday 10 a.m.-2 p.m. We are happy to help find what you need.

### GILFORD POLICE LOG

The Gilford Police Department reported the following arrests during the week of March 17-23.

Sherry L. Brown, age 53, of Gilford was taken into protective custody (drug-related) and subsequently arrested on March 17 for Disorderly Conduct and Criminal Trespassing.

Mandee L. Greene, age 28, of Gilford was arrested on March 17 for Domestic Violence.

Matthew P. Schofield, age 28, of Gilford was arrested on March 17 for Driving After Revocation or Suspension.

Laura R. Parrott, age 45, of Belmont was arrested on March 18 for Disorderly Conduct and Loitering or Prowling.

Jacqueline L. Cummings, age 35, of Bristol

was arrested on March 19 for Disobeying an Officer.

Katelyn M.J. Lewis, age 35, of Laconia was arrested on March 19 in connection with a bench warrant.

Cameron C. Crane, age 21, of Gilford was arrested on March 19 for being a Felon in Possession of a Dangerous Weapon and Receiving Stolen Property-Stolen Firearm.

Two juveniles were arrested on March 20 for Possession and/or Use of Tobacco Products by a Minor.

Kyle Joseph Clark, age 18, of Hudson was arrested on March 20 for Criminal Trespassing.

Joshua Clay Joyce, age 23, of Laconia was arrested on March 22 on three counts of Receiving Stolen Property valued at less than \$1,000.

BY MARTHA SWATS

Owner/Administrator

Comfort Keepers

Many of us enjoy having a cocktail with friends or drinking a glass of wine with dinner. For seniors, with a doctor's approval, this doesn't have to change. However, it's important to be aware of the ways that

alcohol can physically affect older adults, and how the signs of alcohol abuse look different for seniors that suffer from the negative effects.

#### As we age:

- How we process alcohol changes - Slower metabolism can cause alcohol to stay in the body for longer periods of time. Also, having less muscle mass means alcohol stays in the blood for a longer period, prolonging the effects.
- Being intoxicated feels different - Seniors have a lower tolerance to the effects of alcohol. Intoxication typically happens more swiftly and lasts longer than in someone younger.
- Older adults are more likely to have other conditions made worse with alcohol consumption - Health conditions more common in seniors can be made worse with alcohol use. Seniors are

also more likely to be using medications that should not be mixed with alcohol.

Some seniors may discuss their personal situation with their physician, and find they are able to consume alcohol without any health issues. However, those that may have a problem with alcohol can exhibit the following signs and symptoms:

- Feeling ill-tempered when not drinking
- Sleep difficulties
- Sustaining injuries while intoxicated
- Drinking to fight depression or anxiety
- Loss of appetite
- Developing social or financial problems related to drinking
- Lying about drinking habits
- Poor hygiene
- Drinking against the advice of their physician or healthcare provider

There are many programs in place that can

help seniors that are abusing alcohol, and research shows that programs are more effective when they are targeted to people in this age group. If you think someone may have a drinking problem, encourage them to reach out for help.

#### Comfort Keepers® Can Help

It's hard to stay connected to loved ones that live far away, and the trusted care team at Comfort Keepers can help. Our caregivers can provide companionship and wellness support, remind clients to take medication, provide transportation to scheduled appointments, and support physician-prescribed exercise regimens and diets. As part of an individualized care plan, caregivers can let a senior's care team know if there are changes in behavior or physical characteristics. Our goal is to see that clients have the means to find the joy and happiness in each day, regardless of age or acuity.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

About  
Comfort Keepers  
SEE COMFORT PAGE A6



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### INVITATION TO BID MECHANICAL AND PLUMBING MAINTENANCE WAKEFIELD SCHOOL DISTRICT

The SAU #101 Office is soliciting bids for **Mechanical and Plumbing Maintenance** for the WAKEFIELD SCHOOL DISTRICT. There will be a mandatory walkthrough on **April 20, 2020** at 9 a.m. at the Paul School, 60 & 76 Taylor Way, Wakefield, NH 03872. Bid specifications can be obtained at the SAU #101 Office, the Paul School or the SAU #101 website: [www.sau101.org](http://www.sau101.org). Bids are due by 3:00 p.m., May 7, 2020, and may be mailed or delivered to the SAU #101 Office, 76 Taylor Way, Sanbornville, N.H. 03872. Bids are to be sealed and clearly marked, "Mechanical and Plumbing Maintenance."

E-mail, fax or other forms of the proposal will not be accepted. Proposals received after the closing date and time will not be accepted.

**REJECTION/AWARD OF PROPOSALS:** The School District reserves the right to accept or reject any or all proposals, to negotiate with any or all Bidders, and to waive any informalities in the Request for Proposals process, and to enter into an agreement with the Bidder whom the School District in its sole discretion determines is in the best interests of the School District even though the Bidder may not submit the lowest bid or proposal. Bidders shall be responsible for any and all expenses that they may incur in preparing their proposals.

**WITHDRAWAL OF ANY PROPOSALS** is prohibited for a period of one-hundred eighty (180) days after the proposal due date.

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#### TO SUBMIT

#### CALENDAR ITEMS:

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# Gilmanton’s historic First Baptist Church renovation moves forward

GILMANTON — The project to restore and preserve Gilmanton’s First Baptist Church is moving forward. The \$81,600 grant from the Land & Community Heritage Investment Program (LCHIP) must be matched by donations from businesses and individuals before work can begin. Progress is significant, but more donations are needed. Several church members recently applied to the Bank of New Hampshire and the New Hampshire Electric Cooperative for their next grant rounds.

The First Baptist Church on Province Road, Route 107, in Lower Gilmanton was founded in 1773. The

COURTESY  
(Right) The mercury keeps climbing! Susan Kelley Leclerc and Paula L. Gilman demonstrate the renovation support for Gilmanton’s historic First Baptist Church on Route 107 in Lower Gilmanton. “We currently have \$48,488 in donations – we are almost at our halfway point!”



present building was constructed in 1842. Although the church has not had a full-time pastorate in many years, it is a landmark in the community. Listed in the National Register of Historic Places in 1989, the church continues to serve the Lower Gilmanton Community with monthly summer services, a Christmas

celebration, and other special occasions.

The Town’s annual report this year featured the First Baptist Church on its cover, and included extensive information on the history and significance of the church.

The Gilmanton Historical Society is pleased to sponsor and serve as the fis-

SEE CHURCH PAGE A6

## Community Church to hold drive-through Communion service

On Sunday, April 5 (Palm Sunday), the Gilford Community Church (19 Potter Hill Rd.) will be offering a “Drive Through Communion Service” from 10 -11 a.m. Communion in our church is open to everyone – and we mean that quite literally - everyone.

Also, we will release that Sunday service on our Facebook Page

and through YouTube around 9 a.m. that morning. That online worship service will include communion, as many of our members have noted they have bread and wine and home and would partake in the comfort of their own home. Feel free to call me at 524-6057 if you’d like to talk or email me at gcc@metrocast.net.

# Gilford resident named to Simmons University Dean's List

BOSTON, Mass. — Kayla Zarella, Gilford resident, was named to the 2019 fall semester dean's list at Simmons University in Boston.

To qualify for dean's list status, undergraduate students must obtain a grade point average of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.

**About Simmons University**

Located in the heart of Boston, Simmons is a respected private university offering more than 50 majors and programs for undergraduate women and graduate programs open to all on campus, in blended formats, or entirely online in nursing and

health sciences, liberal arts, business, communications, social work, public health, and library and information science. Founded in 1899, Simmons has established a model of higher education that other colleges and universities are only recently beginning to adapt: the combination of education for lead-

ership in high-demand professional fields with the intellectual foundation of the liberal arts. The result is a Simmons graduate prepared not only to work, but to lead in professional, civic, and personal life - a vision of empowerment that Simmons calls preparation for life's work. Follow Simmons on Twitter at @SimmonsUniv, and on LinkedIn at <https://www.linkedin.com/school/simmons-university/>.



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**Power Outage Tips**

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

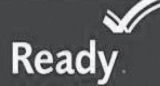



DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

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**Edward Jones: Financial Focus**

**Know the Four Uses of Cash**

It's important to have cash available for your everyday spending and the inevitable rainy day. However, you also need to develop a cash strategy that can contribute to your long-term financial success. But just how much cash do you need? And in what form? To answer these questions, it's useful to look at the four main uses of cash:

- Everyday spending – Your everyday spending includes the cash you use for your mortgage, utilities, groceries and so on. As a general guideline, you should have one to two months of living expenses available during your working years, and perhaps a year's worth of living expenses when you're retired. (The latter can be adjusted higher or lower based on your income from Social Security or a pension.) You'll need instant access to this money – and you need to know your principal is protected – so it may be a good idea to keep the funds in a checking or cash management account.
- Unexpected expenses and emergencies – If you needed a major car repair or a new furnace, or if you incurred a big bill from a doctor or dentist, would you be able to handle the cost? You could – if you've set up an emergency fund. During your working years, this fund should be big enough to cover three to six months of living expenses; when you're retired, you may be able to get by with one to three months' worth of expenses, assuming you have additional sources of available cash. You'll want your emergency fund to be held in liquid vehicles that protect your principal, such as savings or money market accounts or short-term certificates of deposit (CDs).
- Specific short-term savings goal(s) – At various points in your life, you may have a specific goal – a new car, vacation, wedding, etc. – that you'd like to reach within a year or two. Your first step is to identify how much money you'll need, so think about all the factors affecting the final cost. Next, you'll need to choose an appropriate savings vehicle. You could simply put more money in the accounts you use for everyday cash, or even in your emergency fund, but you would run the risk of dipping into either of these pools. Instead, consider opening a separate account – and tell yourself this money is for one purpose only.
- Source of investment – You can use cash in two ways as part of your overall investment strategy. First, cash can be considered part of the fixed-income allocation of your portfolio (i.e., bonds and CDs). Because cash behaves differently from other asset classes – such as stocks and bonds – it can help diversify your holdings, and the more diversified you are, the less impact market volatility may have on your portfolio. (However, diversification can't guarantee a profit or protect against all losses.) The second benefit of cash, in terms of investing, is it's there for you to purchase a new investment or to add more shares in an existing investment. In any case, you probably don't want to be too cash heavy, so you might want to keep no more than 10% of your fixed-income assets in cash. As you can see, cash can be valuable in several ways – so use it wisely.

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# OPINION

## STRATEGIES FOR LIVING

### *An evangelical manifesto*

BY LARRY SCOTT

President Trump, along with many others, called for a National Day of Prayer on Sunday, March 15. The point was well taken, for we are at a point in this international crisis when we do, indeed, need divine intervention.

At a time like this, what can the Christian community say to our nation? Is there any way we can lighten the load? Yes, we do have something to say, and I would guess it is different from what you might expect.

First of all, what I am not going to say, and do not believe, is that this crisis is in some way a matter of divine judgment. Although the Bible speaks of a time yet to come in which the wrath of God will be evident on earth, this is not one of those times.

What I do believe is that, as never before, our nation needs to look to God for wisdom and direction. We are in deep trouble. We need divine intervention, but it is difficult for our nation to pray for help from a God in whom it does not believe.

Belief in God, with a conviction that reaches the heart, demands we acknowledge Him in ways that have been glaringly absent from America's conscience. We can't say we believe in God and then ignore Him, legislate Him out of our national life, and openly violate almost every principle of right and wrong He has given us in His word. It is, I believe, time that we take God seriously.

But the question remains: can God intervene, can He help us at a time like this? Absolutely!

When the people of Israel dedicated the Temple in Jerusalem during Solomon's reign, God made them this promise. "If my people, who are called by my name, will humble themselves and

pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land."

Difficult weeks lie ahead and there is much we need if we are to maintain our stability. There is, however, nothing America needs as much as she needs a new relationship with God.

I suspect that as we work our way through this we are going to be a stronger, more united nation than we have been for many years. We have been divided, acrimonious, insulting, and acted toward each other in ways far beneath our dignity. Government has been on lockdown, and Congress came perilously close to engineering a palace coup.

It is telling that something as small and yet as powerful as a virus has finally brought us together.

House and Senate are now cooperating in developing solutions to our national crisis. The President has cooled some of his rhetoric, and the vitriol in the media has been replaced with concern and helpful conversations. They are doing their job, and we are grateful.

Except for our faith in God, peace of mind is difficult to come by. We have no clue how all of this is going to work out, but I am confident we are on the right track and will most certainly recover. China and South Korea are already seeing early signs of recovery, and I believe we will likewise begin a turnaround within just a few weeks. We must hold steady, support each other, take reasonable precautions, and give the decisions taken time to work.

Ladies and gentlemen, do not despair. We are in this together, and I can assure you: you can believe in God for God believes in you.

## NORTH COUNTRY NOTEBOOK

### *Something's in the air: No, wait! Mud! Spring!*



JOHN HARRIGAN

The mini-glacier on my front lawn, as of Sunday afternoon the 22nd, and two of the glacial erratics left by the last real one, moved by dint of hydraulics from their 15-millennia place of repose on nearby Ancestors' Hill.



By JOHN HARRIGAN  
COLUMNIST

Whatever is in the air, it will have to make room for spring. The arc of the sun tells all. The Ides of March is history. The Ides of April awaits.

The snowpack is melting like mad, mimicking the glacier's retreat, rivulets on a rush to Long Island Sound. The crows are the neighborhood thugs, chasing away the gangs of jays, pecking away at seeds on bare ground, cawing like the murder they are.

A long time ago, not an eye-blink in the long scheme of things, maybe 15 millennia ago, a sheet of ice more than a mile thick crept over northern New England and points south. Among other gigantic works--kettle-hole ponds, mountains left bulldozed like chips at a mill, scrapes on Mount Washington's top--the tremendous weight of

the ice ground up rock and ledge into the fine stuff that makes mud.

Thus was born, in the shorthand version of the story, Mud Season. In a rugged, mountainous, boreal-forest country stretching across half a continent, it's the fifth, fine, and final season of a year that begins in spring.

+++++

It is or was sugaring season, depending on where you are or where you were. With New Hampshire, you never quite know. Depends on geographical situation, and altitude. Some would say "Attitude."

Here is an adage about the variation in climate the state offers, which I've rudely and crudely made into an approximation of a poem:

This is the state where a walker, they'd say,  
could leave Strawberry Banke on the First of May,  
and pick ripening strawberries all the way  
to Pittsburg on Independence Day.

Sugaring is history for all but those sugar-bushes facing north, the last to get the spoiling taste of buds. "Awfpt! Buddy," they'll say, lips askew on a sample of sap. Then the whole crew, the whole family, cleans everything

up for next spring.

Some people so love the many different things about sugaring that they think about them all year long, even as they go about other seasonal chores, even as they're out there making hay, going round and round, neither tractor nor mind affording a stop.

One friend, now gone, invented reasons in all seasons to go high into his maples, to clear wind damage with skidder or tractor or on foot, and to think. Sugaring was often in mind, his mind always running year-round.

One of his last messages included a photo, a recent favorite. He'd gone far up into his sugar-bush, in still-deep snow, and shot a scene beyond the big trees. It was a shot for a far-looker, and he was one.

"That's the high country around your place, from mine," he wrote, and that's just the kind of man he was, just the way I'll always remember him, a "placed-based" guy if ever there was one.

+++++

The south side of snowbanks began melting at just about that time, on Mother Nature's slow clock, near February's end. The sap buckets were out just about on time, as if there were ever any such thing.

The last glacier, no one knows how many glaciers, left plenty of crops of fine rocks. And layers of gravel, some good, some not. And on some shelves and pockets, a layer of loam. And here and there, of course, fine silt, now turning to the finest kind of mud, the kind that says "Stay home."

Or at least it used to. For early farm families, there was little choice between horse-drawn sleigh or wagon. They had to wait for the snow-roller or for the roads to dry up.

When we've become so accustomed to going at will, it's a life hard imagined. Well, not so.

Hope springs eternal, and so does the carpet of green. Soon the mess that winter left behind, everything that was on top of the melting snow and laid bare, will be under a new verdant mantle. The tennis ball you tossed to your dog on bare ground will soon be lost in the weeds.

And there's a thing I heard from my grandfather, who had a way of showing up about now: When the shad-bush leaf is as big as a mouse's ear, it's time to grab your stuff and go fishing.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

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Our fax number is 279 3331.  
E-mail us at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).  
We're looking forward to hearing from you!



# Remote learning begins for Gilford students

**BY ERIN PLUMMER**  
mnews@salmonpress.news

Gilford School District students are joining students around the state in taking part in remote learning as schools are closed due to the COVID-19 pandemic. Remote learning officially started on Monday with lessons compiled through collaboration between educators and the use of technology and other different methods.

Last week, Gov. Chris Sununu and Department of Education commissioner Frank Edelblut ordered schools to be closed in the state until at least April 3 to help stop the spread of COVID-19. Educators around the state had a week to put a plan in place for remote learning with distance education starting on Monday.

Gilford superintendent Kirk Beitler said planning for remote learning started last Monday with Beitler holding a video conference call using Google Meets with teachers and support staff. The teleconference showed the capabilities of using Google Meets in distance learning. Beitler said he told educators that while they were told to get ready for at least two weeks

of distance learning it would be best if they prepared lessons for a longer period, possibly up to eight weeks.

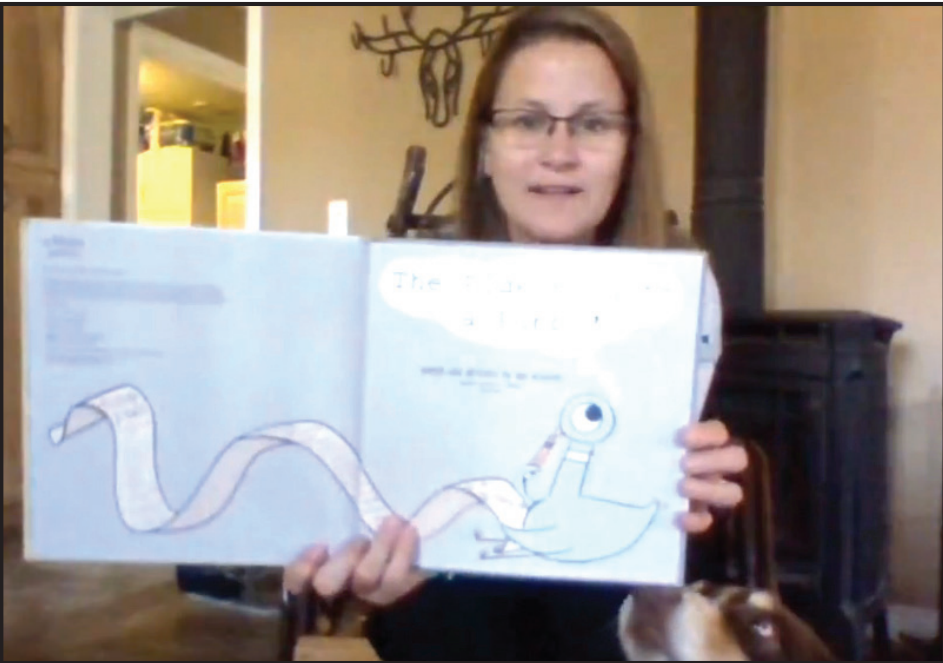
“I just wanted them to be prepared this might last longer than two weeks,” Beitler said.

Educators put together different plans within a few days. The previous Tuesday materials and lesson plans were given to families with a curbside pickup. Beitler said over the weekend teachers were connecting with students and parents through email to get them ready for remote learning, including introducing them to Google Classroom and others.

Beitler said they have been using a combination of digital technology with physical learning resources, with mostly technology with the high school level and varying combinations for the middle and elementary school levels. Students in grades five through 12 had their own Chromebooks already, though not all elementary school students had Chromebooks. Beitler said Chromebooks have since been distributed to all elementary school students.



Gilford High School principal Anthony Sperazzo speaks to students in a recorded message to students on the first day of remote learning.



Gilford Elementary School principal Danielle Bolduc records a read-aloud session of “The Pigeon Wants A Puppy!” by Mo Willems from her home with help from her dog Rocket.

teachers have been using Google Meeting to record lessons and have them available to students. Some teachers were also planning to have live meetings with members of their class.

Gilford High School principal Anthony Sperazzo posted a morning message for students on the school's website from his house. In the message Sperazzo asked students to be engaged in this process and try to stick to a regular, structured schedule.

Sperazzo said the school staff reached out to all 490 families in the school community and made sure everyone would be able to connect for their first day of remote learning. He thanked the staff for all their efforts in this process.

Sperazzo told students he knew this was a much different experience. They had been using Google Learning before, but now it looked like this would be used for the longterm and likely for over three weeks.

Teachers still have office hours and Sperazzo told the students they can reach their teachers by phone or email. Sperazzo also urged students to stay active, including go-

SEE GILFORD PAGE A6

## Gilford Public Library temporarily closing to the public

The Gilford Public Library will be closed to the public from March 19 until at least April 6 to prevent the spread of pandemic COVID-19. Librarians will continue to work during this period to provide new and creative digital services like Facebook Live Storytime, offer reference, assist with the circulation of digital materials, and to provide quality informa-

tion resources.

The public is welcome to call the library at 524-6042 during daytime hours, text at 367-0264, email library@gilfordlibrary.org, visit gilfordlibrary.org, and follow the library social media accounts for up to date information and resources.

Ever devoted to public service, the Library regrets to close its doors to the public at this time, but it does

so for public safety and on the recommendation of the American Library Association, the New England Library Association, and the State Library of New Hampshire.

### INVITATION TO BID

#### ASBESTOS REMOVAL FROM REPLACEMENT OF EXTERIOR WINDOW PROJECT

#### WAKEFIELD SCHOOL DISTRICT

The SAU #101 Office is soliciting bids for **Asbestos Removal from Replacement of Exterior Window Project** for the WAKEFIELD SCHOOL DISTRICT. There will be a mandatory walkthrough on **March 20, 2020** at 10:00AM at the Paul School, 60 & 76 Taylor Way, Wakefield, NH 03872. Bid specifications can be obtained at the SAU #101 Office, the Paul School or the SAU #101 website: [www.sau101.org](http://www.sau101.org). Bids are due by 2:00PM, April 3, 2020, and may be mailed or delivered to the SAU #101 Office, 76 Taylor Way, Sanbornville, N.H. 03872. Bids are to be sealed and clearly marked, “**Asbestos Removal from Replacement of Exterior Window Project.**”

**E-mail, fax or other forms of the proposal will not be accepted. Proposals received after the closing date and time will not be accepted.**

**REJECTION/AWARD OF PROPOSALS:** The School District reserves the right to accept or reject any or all proposals, to negotiate with any or all Bidders, and to waive any informalities in the Request for Proposals process, and to enter into an agreement with the Bidder whom the School District in its sole discretion determines is in the best interests of the School District even though the Bidder may not submit the lowest bid or proposal. Bidders shall be responsible for any and all expenses that they may incur in preparing their proposals.

**WITHDRAWAL OF ANY PROPOSALS** is prohibited for a period of one-hundred eighty (180) days after the proposal due date.

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**WITHDRAWAL OF ANY PROPOSALS** is prohibited for a period of one-hundred eighty (180) days after the proposal due date.

## PET OF THE WEEK

### JOAN

Meet sweet Joan! Joan came all the way from Lubbock, Texas to find her forever family. She is a 2 year old boxer mix ready for adventure. Joan is currently learning quite a bit at our shelter. She is food motivated and willing to train! Currently Joan knows sit, down, is learning leash skills such as ‘with me’ aka heel, and loose leash walking. Joan would do best in an active adult only home as the only animal. If prospective adopters have another dog, we are happy to try them, however Joan has been a little over the top with her doggy friends. No cats for this sweetheart!

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COVID-19

(Continued from Page B1)

sonnel for non-emergencies will also only be done on a case-by-case basis though all emergency services are still available.

All Gilford Parks and Recreation programs are canceled or postponed through April 3.

“We will continue to monitor the situation and will make further decisions regarding programs as warranted,” read a statement on the department’s Web site. “We want to thank the public for their understanding as we try to help protect the health and safety of our patrons.”

The Gilford Public Library will be closed to the public until at least

April 6 and posted a list of Frequently Asked Questions on the website. The trustees will meet on April 3 to determine the best course of action. In the meantime staff will be at the library to answer phones Monday through Friday from 9 a.m.-5 p.m. and Saturday from 10 a.m.-2 p.m.

The due date for all checked out materials is now April 6 and people are asked to hang onto any materials they checked out. Anyone with items on reserve will be able to pick up their items when the library reopens.

Patrons can also look through digital materials through Libby,

Hoopla, and Kanopy. The library also has a number of reference databases available that people can access with the number on their library card.

The children’s librarians are doing storytimes on their Facebook page everyday at 10:30 a.m. The library has also created a Discord server for teens and tweens. Librarians Mark Hassler and Mark Thomas will use Discord to run a Game Club weekdays from 2:30-3:30 p.m.

For a the full notices and updates visit the town Web site at [www.gilfordnh.org](http://www.gilfordnh.org) or the library website at [www.gilfordlibrary.org](http://www.gilfordlibrary.org).

HAYES

(Continued from Page B1)

place at town hall on March 18 scheduled to begin at 4 p.m. and town officials hand counted all of the votes cast the previous week.

The final results were that 548 votes

were cast for Hayes and 540 for Gonyer, with a margin of just eight votes between the two candidates. The results were certified and Hayes will take the three-year term on the

board.

Hayes joined current selectmen Gus Benavides and Chan Eddy on the board for the meeting that had been scheduled on March 25.

GUNSTOCK

(Continued from Page B1)

to go snowshoeing, skinning, or any other form of non-motorized uphill travel on the

trails is asked to read the Uphill Travel Policy at [https://www.gunstock.com/upload/](https://www.gunstock.com/upload/photos/page_153_gunstock-uphill-travel-policy-mp-12.23.19.pdf)

[photos/page\\_153\\_gunstock-uphill-travel-policy-mp-12.23.19.pdf](https://www.gunstock.com/upload/photos/page_153_gunstock-uphill-travel-policy-mp-12.23.19.pdf).

COMFORT

(Continued from Page B2)

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assis-

tance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving

New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at [www.comfortkeepers.com/plymouthnh](http://www.comfortkeepers.com/plymouthnh) for more information.

CHURCH

(Continued from Page B3)

cal agent for the project. The Society is a non-profit organization and contributions are tax deductible to the extent allowed by

law. Donations may be sent to Gilmanton Historical Society, PO Box 236, Gilmanton, NH 03237. Note on the memo line: donation

for the First Baptist Church.

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ing outside to exercise while still practicing social distancing to avoid spreading the virus.

“Try to have fun with this,” Sperazzo said in the video. “It could really be, like I said, a long process, but stick to it. It’s the beginning, today’s the first day. We want to make sure that you are actively involved because this is for all of you. We’re thinking about you; this is different, but we’re all here for you.”

Gilford Elementary School principal Danielle Bolduc posted a video with her with help from her dog Rocket) reading “The Pigeon Wants a Puppy!” by Mo Willems and showing the pages so kids could read along.

GMS principal Peter Sawyer led the Pledge of Allegiance with students over video on Monday morning.

“Trying to do some of the normal things they do in school to make it more normal for kids,”

Beitler said. “It’s really been a lot of experimenting and using this new (technology).”

By Monday afternoon Beitler said he heard things had been going good so far.

The school district has been sending breakfasts and lunches home to around 35 to 40 families through the food service department. The district has also been in contact with Gilford Got Lunch and people have been reaching out to families in need.

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*Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.*

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# UMC Hope Ministries embraces “40 Days of Giving”

Hope Ministries of the First United Methodist Church is continuing to do what we can for the less fortunate with the Lenten program “40 Days of Giving.”

Lent is a time to consider our spiritual growth as we remember the sacrifice that Christ made for us. What better way to start this process than to give to others? This year the primary focus for “40 Days of Giving” will be providing non-perishable food items and personal hygiene items for organizations serving citizens with a variety of needs. The public is invited to help.

Continuing through Lent, concluding on April

11, the church will be collecting non-perishable foods, personal hygiene items or financial donations. Church members have been challenged to donate one item each day during the 40 days of Lent. Anyone wishing to participate in the 40 Days of Giving is welcome to bring items each Sunday of Lent, or drop items off Monday - Friday from 8:30 a.m. until noon at the church office. Items being collected include the following:

- Non-perishable food items: canned meat, vegetables, soups, and fruit, macaroni & cheese or rice, baked beans, spaghetti sauce, boxed hot and cold cereals, hot chocolate mix, juice, pea-

- nut butter, pasta, tea, coffee, canned milk, etc. Please, no glass jars of any kind.
- Personal Care items: feminine products, shampoo, bath soap, disposable razors, shaving cream, deodorant, laundry detergent, etc.
- \$1, 50 cents, 10 cents per day - whatever works - designated for the. If you wish to donate, your check may be written out to Hope Ministries and designated “FUMC Missions Lenten Project.”

The church is located at 18 Wesley Way (off Route 11A near the 3/11 bypass), Gilford. If you have any questions, please call the church office at 524-3289.



## MARK ON THE MARKETS

### *Crazy Times*



BY MARK PATTERSON

March 9 marked the 11th anniversary of the bull market that has ended. Just like I have written about in the past, everything regarding the economy and the markets seemed to be full

steam ahead. But just like October 1987, the decline sort of blindsided everyone.

The fear in the markets feels a lot like 2008-2009, which was the time that the 11-year bull market began. It appears all asset classes were getting hit. Obviously, equities or stocks took a big hit and investment-grade corporate bonds, high-quality municipal debt, gold and especially oil which got smashed all took a big decline

from what had been an ideal situation for the stock and bond markets. Good growth in equities compounded by low interest rates which is great for bonds or bondholders is the perfect combination.

See, in 2008, the markets started to weaken and we had some bad days, but we had some good days as well, but we knew that we had systemic problems with the underlying mortgage market which created a liquid-

ity crunch in all capital markets. But what started as a virus from China, compounded with the Saudis and the Russians dumping oil onto the world market, driving the price down, has created a very substantial correction. Many times, corrections in the

SEE **MARKETS** PAGE A10





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## GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE  
Director  
Gilford Parks and Recreation

**Gilford Parks and Recreation Programs Update**

The Gilford Parks and Recreation Department regrets to inform the public that we have

canceled all programs scheduled through the April 3rd, as we try to limit group gatherings in response to the Coronavirus. We will continue to monitor the situation and will make further decisions regarding programs as

warranted. We want to thank the public for their understanding as we try to help protect the health and safety of our patrons. For further information, please call the Parks and Recreation Office at 527-4722.

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## Local Food Drive Initiative Continues



## Warm Someone's Heart in these challenging times



## FOOD PANTRY DONATIONS *Still* NEEDED

Please check with your local food pantry for a list of ways you can donate and to help a family in need.







5 reasons why summer camp is a good choice for kids

### Summer Camp

The Boys & Girls Club of the North Country is a fun, safe, positive place for your child to spend time at this summer. Action-packed activities inspire creativity, build character and provide academic enrichment. Not only will your child participate in field trips and swim lessons, they will also enjoy learning archery, bike riding, and gardening. Our summer program is an affordable way for kids to make friends, learn new things and just have fun!

**When:** June 22nd—August 21st  
7:30am—6:00pm

**Ages:** 5-15 years old

**Costs:** \$125/week or \$25/day

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BGCNC Camp is not a school sponsored activity

Summer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But many of today’s youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that’s why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year ends.

Although kids needn’t be in camp all summer

long, a week or two can benefit campers of all ages. The following are five reasons why summer camp might be the right fit this year.

**1. Explore talents.** Summer camps help young people explore their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

**2. Physical activity:** Lots of camps build their itineraries around physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This can be

a welcome change for kids accustomed to living sedentary lifestyles. Regular physical activity has many health benefits and can set a foundation for healthy habits as an adult.

**3. Gain confidence.** Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

**4. Try new things.** Camp gives children the chance to try new

things, whether that’s learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

**5. Make new friends.** Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.

## July 7 - 27, 2020

Ages 10 - 17

## Tennis Anyone?

Youth Tune Up Camp

\$45 Residents    \$55 Non-Res (per session)

Session 1: June 29, 30 & July 1  
Session 2: July 13, 14, 15  
Beginners: 4:00-5:30 pm  
Intermediate/Advanced: 5:30-7:00pm

Youth Tennis Camp

\$55 Residents    \$65 Non-Res (per session)

Session 1: July 6, 7, 8  
Session 2: July 20, 21, 22  
Beginners: 8:00-10:00am  
Intermediate/Advanced: 10:00-am-12:00pm

Camps include instruction, fun and a camp t-shirt  
*(if make-ups are needed they will be scheduled on the Thurs and Fri of that week)*

Registration opens April 15

Adult Clinics & Lessons

\$15 Residents    \$25 Non-Res

Intro to Tennis Clinic: July 6: 6-7:30pm  
Hone Your Skills Clinic: July 20: 6-7:30pm  
Adult lessons are available upon request  
Private lessons also available upon request

Tennis Camps & Clinics are weather permitting and take place at Kraine Meadow Park on Playground Drive, Moultonborough. Classes are limited, so contact our office & sign up early!

**Moultonborough Recreation Dept.**  
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603-476-8868  
[www.moultonboroughnh.gov](http://www.moultonboroughnh.gov)

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# Factors to consider before choosing a summer camp

Adults often look back fondly on their childhood experiences at summer camp. Camps can provide the opportunity to form lifelong friendships and discover rewarding hobbies that can enrich campers' lives for decades to come.

Choosing a summer camp is no small task, as the options at families' disposal range from overnight camps to weekday afternoon camps to camps that specialize in certain programs, such as music or dance. Cost also is likely to factor into families' decisions, as the American Camp Association notes that cost can vary greatly depending on which camp families choose. For example, the ACA notes that the average daily fee at a resident camp is \$85,

while the same fee at a day camp is \$43.

When looking for a summer camp for kids, families should make the decision together. Kids should be involved in the selection process, as they're more likely to have an enjoyable camp experience if they had a say in where they will be spending their summers. The following are some factors families should consider as they look for summer camps, courtesy of the ACA.

### Kids' interests

The ACA urges parents to consider the child's interests and personality before choosing a summer camp. Parents might want their children to attend the same summer camp they visited as youngsters, but each child is different. Just

because mom and dad liked a particular camp does not mean their children will. The ACA notes that summer camps should align with children's interests and maturity level.

**Locale**

Locale may only be a consideration for families considering overnight camps. Kids will likely be familiar with the locations of local day camps, but overnight camps might be set in mountain ranges, near the

ocean or environments less familiar to youngsters. Kids who love the ocean might benefit from oceanfront camps that focus on marine biology, boating or other activities involving the water. In the same vein, youngsters who like camping and hiking might be more likely to embrace camps located in mountainous regions.

**Session length**


Camps may last as little as one week or up to a couple

of months. Session length should be considered by families looking at both local day camps and overnight resident camps. Parents who want their children to enjoy a largely schedule-free summer might not want to commit their children to lengthy camp sessions, even if those sessions are close to home. If parents think their children can benefit

from the same structure they're accustomed to during the school year, then an overnight camp that stretches for several weeks might be what they're looking for.

Summer camps give kids a chance to make memories that will last a lifetime. Choosing the right camp is an important decision that parents and kids should make together.

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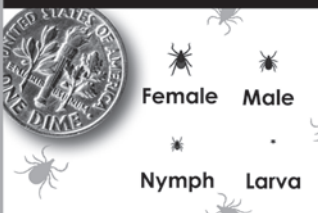
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# A journey through history, one marker at a time

**BY DONNA RHODES**  
drhodes@salmonpress.news

Over the summer and fall months, I had the opportunity to take in a bit of the history of central New Hampshire while travelling through more than 20 towns in my Salmon Press coverage area. Along the way I stopped to visit each of the state's historical markers in communities from Warren to Belmont, documenting each of them with photos. During that time, the Town of Tilton was installing a new marker at Riverfront Park, noting the contributions of their founder Charles Tilton, which was featured in a story in the Winnisquam Echo last fall. At their unveiling ceremony for the new marker, Michael Bruno was present. Bruno is the author of the book "Cruising New Hampshire History: A Guide to New Hampshire's Roadside Historical Markers." He shared with me a copy of his book, so through his words and my photos, over the next few weeks I will now be sharing with our readers a glimpse of what has made New Hampshire the wonderful state it is today.



The Lochmere Archeological District in Tilton is Stop #1 on our journey of the historical markers of central New Hampshire.

In the coming days, as people are asked to stay home and practice social distancing, perhaps a ride to visit some of these markers will not only break up the tedium of self-isolation but educate people on New Hampshire History as well.

Pack yourselves a picnic lunch and liken it all to a history "Easter Egg Hunt" if you will. Happy Travels!

TILTON — Since

Tilton erected the state's most recent historic marker last fall, we thought it appropriate to begin our journey to the markers of central New Hampshire in that community. Besides the Riverfront Park tribute to Charles Tilton unveiled in 2019, there is also an older historic marker in the town that was erected in 1984 and recognizes "The Lochmere Archeological District."

Situated just before the bridge at the intersection of Silver Lake and River Road in the Lochmere Village District, this marker is located where the Winnepesaukee River runs in to Silver Lake at the border with Belmont.

"The history of Lochmere, in the broadest sense, is the history of human use of the Winnepesaukee River," the inscription begins.

We won't tell you the rest. It's more fun to find it then read it yourself.

This once popular swimming and fishing spot is today the location of the Brennick Lochmere Archeological Site, where archeologists sift for artifacts as they explore the ancient history of the area.

Doing research for his book "Cruising New Hampshire History," Michael Bruno, who grew up in Tilton, learned that this site beside the Winnepesaukee River was once inhabited by members of the Algonquin Indian tribe. The area is believed to date back to the Middle Archaic through Late Woodland periods in history when the river was a prime source of food for those early inhabitants. A few remnants of the Lochmere site can also be seen by

attentive passersby along the river as it flows from Lake Winnisquam into Silver Lake.

"Upstream from this marker, just past the trestle, observers paying close attention may locate the fishing weirs built by Native Americans to channel and capture fish," Bruno wrote in his book.

In the 1770's, white men later moved into the area where they, too, fished and farmed the land then began building mills that would eventually benefit the growing population.

The Lochmere Archeological District marker commemorating this piece of New Hampshire history can be found just off Rte. 3 in Tilton at the intersections of River Rd. and Silver Lake Road.

Next week, readers will be introduced to another historic marker, in Campton this time, that might inspire yet another leisurely drive.

## Lakes Region Symphony postpones season

MEREDITH — The Lakes Region Symphony Orchestra is postponing the remainder of the spring 2020 season. Our featured guest soloists have agreed to perform their programs next season, so LRSO is officially postponing the March 28 and May 16 & 17 performances until their respective dates in 2021.

**Please keep your March and May 2020 tickets for use next season.**

Individual tickets

already purchased for the March and May 2020 performances will be honored at their respective performances in 2021. If you purchased tickets online for will-call pickup, we will keep the will-call lists for next season. Please keep your order confirmation Emails as backup.

Season ticket holders, keep your 2020 March and May tickets for use next year. We know many of you are loyal repeat season ticket patrons, and we are hoping to work out a strategy for a season

ticket offering into the 2020-2021 season.

To stay apprised of changes and future notices we encourage you to sign up for our Email list by clicking the "Join Our Mailing List" button at [www.LRSO.org](http://www.LRSO.org)

Again, please keep your March and May 2020 tickets for use next year. You must retain your proof of purchase.

We appreciate your understanding in these challenging times and look forward to seeing you next season.



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## MARKETS

(Continued from Page A7)

equity market don't bleed over into other asset classes. But this one, just like 2008-2009, has, in fact crossed over to most all asset classes.

The other fallout from all the retail, restaurant and business closings will surely put us into recession and obviously increase the rate of unemployment. So, recession is just part of the business cycle, and this recession could be mild and brief or if the fallout from all the closures could create a systemic issue rather than a black swan event that while shocking can be typically recovered from quickly. Our society is now living a very different life, with less human interaction and fear of contracting the virus. We hoard toilet tissue and hand sanitizer and sell assets below their values which perpetuates even more fear and panic selling which is not good for anybody except those who are willing to step in and buy those assets at fire sale prices. When people's retirement accounts are doing well, we tend to spend money. This is known as the wealth effect, conversely when those same people's investment accounts are not doing well, we slow down our rate of spending which in a chain reaction slows the economy, creates higher rates of unemployment which self-perpetuates more reliance on the government. It is times like this that the government must work with business to innovate vaccines and produce the necessary equipment for our hospitals

and healthcare workers, so they are able to do their jobs. That is what is so great about our country, we have the best and brightest and let me add, most generous people on the planet.

On a personal note, if anyone would like to explore doing business with our company, we have the capability of videoconferencing, DocuSign, and other media that allows us to meet and do business without exposing each other to unneeded risks. I have also ceased doing workshops in public, and have started webinars which times are located on our website, MHP-Asset.com

*Mark Patterson the portfolio manager that can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com).*



## Siravo named D3 Player of the Year

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – The Gilford High School basketball team went all the way to the state championship this season as a number one seed, and much of the team's success revolved around Adrian Siravo, who was named this year's player of the year for Division 3.

From the start it was clear that Siravo would be the key piece to the Golden Eagles' puzzle, as he was able to get to the rim, shoot from outside, snag rebounds and dish out assists. Standing at about six-foot-four, Siravo gave the team length all season in the center position, but he was also able to bring the ball up the court like a point guard.

In short, Siravo could essentially play any position on the floor. This season Siravo averaged just under 20 points and 12 rebounds per game, to lead the first place Gilford squad to a 17-1 regular season record and 19-1 overall. His strong play led the team to the finals, but unfortunately due to the Coronavirus scare the game was cancelled with no rescheduled date set.

"Coming off of last season 8-10 and going 19-1 is no accident," said Siravo. "We had the talent this year and it was put to good use through our



Adrian Siravo won the Division 3 Player of the Year award for basketball this season for the first place Gilford Golden Eagles.

coaches."

Siravo said that being named player of the year is a true honor, saying it is humbling for him to now be named the top player in two different sports. Siravo is also a top Major League pitching prospect and has already committed to the University of Connecticut to play baseball.

Statistically Siravo was at his best against White Mountains on

Feb. 28 when he threw down 35 points to lead the Golden Eagles to a blow-out victory. He played his best basketball down the stretch, posting 20 or more points in five of the last six games including a string of four in a row. Another big game came against Somersworth where he put up 19 points, 14 rebounds, seven steals and four blocks in what was a great all-around performance. Looking

back on the season, however, Siravo felt his early season matchup with Conant was where he really shined.

"I felt that my best game of the season was against Conant," said Siravo. "Not only did I score, I played good defense that game as well. It was truly a team effort and a great win."

Knowing that baseball was a top priority as he has been scouted by mul-

multiple professional baseball teams, Siravo had to think long and hard about whether he would be on the basketball court this season. He said he was happy to come out be an integral part of the success for the Golden Eagles.

"At the beginning of the season I was discussing basketball with dad, whether or not I was going to play," Siravo said. "I decided that I wanted

to join my friends for my last season of organized basketball. To great prevail, it was overall a successful season."

Coach Rick Acquilano said the award was very deserved for Siravo this season, noting that each game he was a player that stood out as a difference maker. Siravo was known to be able to soar above defenders for high flying dunks, but he could also drain fall away jumpers and shots from beyond the arc.

"He stood out this year and for us he was a guy that could do it in a lot of different ways, in terms of his ability to score inside and also outside," said Acquilano. "He had the rare ability to be able to take a rebound and go coast to coast to make a play. To put it all together, he could make plays late in the game when needed like in the playoffs against White Mountains."

Acquilano said he was a "fun guy to build a team around," and said he helped lay a foundation for Gilford basketball. He said one of the things he loved about coaching him was watching Siravo grow as a player, but also as a leader.

"That is something I enjoyed being a part of all year long," said Acquilano. "He was a great kid to coach."

BOB MARTIN

## Cole earns First Team All-State honors

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – The Gilford girls' basketball team finished with an impressive 13-5 record this season and the team's offense consistently revolved around the excellent play of senior guard Shelby Cole, who was this year's runner up for player of the year and a first team All-State selection.

This season Cole led Division 3 in scoring with 17.6 ppg. She finished her career with 1,062 total points, which puts her at number three for the all-time scoring list for the Golden Eagles. Cole didn't just score, however. She also dished out 4.3 assists, pulled down 3.4 boards and had 4.7 steals per game to lead the defensive effort.

Cole said she was very excited to be named All-State, adding that she has been working hard since her freshman year to get to the point where she was at this season. She said being named to the first team was especially rewarding.

Looking back on the season, Cole said her best games came against Prospect Mountain, Conant and Inter-Lakes. Her top scoring outputs came against Prospect Mountain in a one-point victory where she put up 29 points and against Somersworth in a blow-



Shelby Cole was named first team All-State for the Gilford High School girls' basketball team this season.

out win where she also scored 29 points. She had five games where she had more than 20 points this season.

Unfortunately, Cole battled injuries down the stretch, but coach Rick Forge said she was a warrior who battled until the end. He said while she was not at 100 percent, simply having her on the floor made Gilford a bet-

ter basketball team.

"Shelby really was a special kind of player and when she got going in, she was tough to stop," said Forge. "She has worked hard to become the player she is."

The Golden Eagles lost in the second round of the playoffs this season, and while Cole wished the season lasted longer, she chalked this up as a

successful senior year.

"In all honesty, I did better than I thought I would," Cole said. "I also think I gained a lot of confidence as a player throughout the year, which helped me on the court. One of the many goals I set for myself at the beginning of the season was to be in the top three scorers in the state. As I made this goal, I did

remind myself that my other stats (assists, steals, etc.) were also needed, and I needed to remain a team player while trying get the top spot."

While Cole was happy that she had her best season passing the ball, she took pride in the fact that she became just the third 1,000-point scorer in Golden Eagle history. She said hitting this mile-

stone was a goal she had since she was little, and hitting it was an unbelievable feeling. She felt this was her best year on the court, but will always look back fondly on each of the years playing with Gilford.

"All four basketball seasons at Gilford hold some of my best memories from high school," SEE **COLE** PAGE A12

BOB MARTIN



# After-school sailing scholarships offered for local kids

GILFORD — Local youths, with or without prior sailing experience, will have the opportunity this spring to experience

the joy and challenges of sailing in a local after-school program. Offered by the Lake Winnepesaukee Sailing

Association (LWSA), these classes will focus on the basics of sailing, wind, boat handling and safety. Classes are taught

by nationally certified instructors in Optimist dinghies, 420 collegiate boats, Open Bic sailing dinghies and Sonars. Each session will incorporate on-land instruction along with hands-on water skills development.

Youths of all abilities, ages eight to 16, are welcome, from beginners to experienced sailors and will be grouped by age and ability. This program is offered at a discounted rate. Financial assistance is also available, please inquire in confidence at sailing-school@lwsa.org. Nobody will be turned away because of inability to pay.

Session one is May 26, 27, June 1, 3, 4 - 7 p.m.

Session two is June 8, 10, 15, 17, 4 - 7 p.m.

The sessions take place at the Dave Adams Memorial Sailing Center, 25 Davis Road, Gilford

Visit [www.lwsa.org/afterschool-sailing](http://www.lwsa.org/afterschool-sailing) for more information or e-mail [sailing-school@lwsa.org](mailto:sailing-school@lwsa.org) with all your questions.

There will be a swim test the first day. Life jackets are required - the fitted vest style. Please let them know if you need to borrow one for the program. Advanced registration is required. Registration will open April 1 at [www.lwsa.org](http://www.lwsa.org).

The Lake Winnepesaukee Sailing Association,

a 501c3 non-profit, was founded in 1988 to promote sailing on Lake Winnepesaukee. The primary purpose of the association is to operate a youth sailing school in Gilford. They also promote organized sailboat racing and cruising on the lake, including a one-design J/80 racing fleet. Their mission is to promote and expand participation in the sport of sailing and in doing so to remove barriers of knowledge, financial means, disability and age. In carrying out the mission they pledge to foster safety, self-confidence, teamwork, honesty, positive sporting values, and an appreciation for the environment.

## Wilus promoted to head men's lacrosse coach at PSU

PLYMOUTH — Plymouth State University interim men's lacrosse head coach Mike Wilus has been promoted to head coach, PSU Director of Athletics Kim Bownes announced Tuesday.

Wilus was named interim head coach on Jan. 23 following the retirement of longtime coach Gordon Webb.

"I am extremely excited to name Mike Wilus as our next head men's lacrosse coach at Plymouth State University," said Bownes. "Mike has been a valued member of the staff and brings an abundance of knowledge to the program. He is well respected by the student-athletes and I am looking forward to seeing where he brings the program."

"I couldn't be more thrilled to be named the head men's lacrosse coach at Plymouth State University," said Wilus. "I want to thank Kim Bownes and the entire athletic administration for the opportunity to lead this team. There is a solid foundation in place that I am excited to build



COURTESY PHOTO - PLYMOUTH STATE UNIVERSITY  
Mike Wilus was elevated to head coach of the Plymouth State men's lacrosse team.

upon."

Wilus joined the Panthers as an assistant coach in 2018. An alumnus of the University of Massachusetts Amherst, Wilus formerly served as first assistant men's lacrosse coach at Lynn University in 2013 and was promoted to associate head coach three years later. His prior coaching experience also includes a two-year stint as assistant coach and recruiting coordinator at Gwynedd Mercy University, where he posted an 18-12 record while boasting a man-up unit that ranked among the top 30

in all of NCAA Division III.

Wilus played in 37 career games for the Minutemen and was named a New England Intercollegiate Lacrosse Association (NEILA) Senior Scholar-Athlete in his final season. He currently serves the PSU admissions team as Assistant Director of Transfer Admissions.

Plymouth State was off to a 1-2 start before the season was disrupted due to the COVID-19 pandemic. Wilus earned his first career win following a 10-7 victory over Norwich on March 3.

### COLE

(Continued from Page A11)

Cole said. "Playing with the same girls for five months pretty much everyday really makes it feel like family, and I have found some of my

closest friends through basketball. Basketball has always been my favorite sport, and has taught me so much more than I can explain. I will

miss coach, running sprints at the end of practice, riding the bus home from far away games, and literally everything else about it."

## Tom Brady livens up a slow sports week

What a strange week it has been.

No sports. Of any kind. Anywhere in the local area. Or on my television, for that matter, with the Bruins, Celtics and Red Sox putting things on hold.

Then came the cancellation of four different trips, starting with the St. Patrick's Day trip to Ireland, the Kennett baseball team's trip to

### SPORTING CHANCE



By JOSHUA SPAULDING

Florida and RHAP Survivor events in both New York City and Atlanta.

The NHIAA officially announced that the winter season tournaments that hadn't finished would be cancelled and the start of the spring season would be delayed, in conjunction with the governor ordering all schools to be closed until at least April 6.

For someone who writes about sports, this was about as bleak as it can get. We focus on high school and community sports in our publications and not having these games and contests for a while is a tough pill to swallow.

But, all of that is beyond our control and we have to roll with it.

It seems as though Tom Brady wanted to give the sportswriters at those big daily newspapers something to report on when he announced last Tuesday that his "football journey" would continue some place other than New England.

Obviously, this is a big story in any news cycle but when the rest of the sports world is essentially on hiatus, this is going to get even more than its fair share of exposure.

I would say a group of my friends would tell you that I have been calling for the Patriots to trade Tom Brady for a few years. Most of that has been in jest after he has a tough game, but in many ways, it felt pretty likely something like this was coming down the pike.

I am disappointed in many ways because obviously, Tom Brady is one of the best players to ever suit up in the NFL and is easily amongst the best quarterbacks ever. He helped bring tons of success to the Patriots over the last two decades. As a Patriots fan, I am well aware that

we have had more than our fair share of good times.

But, all good things are eventually going to come to an end and while it may be a few years earlier than most fans expected, the end of the Tom Brady era in New England is here.

But I also remember the really bad times as a New England football fan and I don't see the Patriots going to that extreme again, particularly with Bill Belichick still at the helm. Will the Patriots win another Super Bowl right away? Probably not, but I think they'll be more in contention than many people might believe.

I remember when Drew Bledsoe was the savior of the Patriots. Then, along came Mo Lewis and all of a sudden, there was a new savior, the 199th pick in the draft who had been languishing on the bench.

Do the Patriots have the next Tom Brady on their roster? Probably not. Whether Jarrett Stidham is the answer remains to be seen. With Brady in Tampa and Philip Rivers heading to Indianapolis, could Jameis Winston or Jacoby Brissett be the right fit?

Since there won't be any sports for a while, I imagine there will be plenty of talk and writing over the next few weeks about who is going to be the starting quarterback in Foxboro next year.

At least it gives us some sort of sports to talk about.

Finally, have a great day, Ashley Laufenberg.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.

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# Acquilano earns Coach of the Year honors in first season at Gilford

BY BOB MARTIN  
Bob@salmonpress.news

GILFORD – In his first season coaching the Gilford High School boys' basketball team, coach Rick Acquilano made an immediate name for himself, as the Golden Eagle coach was named Division 3 Coach of the Year.

This season the Golden Eagles went 19-1 including the playoffs, and the team's season ended with the Golden Eagles in the state finals. The game was cancelled due to the Coronavirus outbreak, making things bitter-sweet, but Acquilano said it was a season he will never forget.

"We saw some signs early in a scrimmage against Coe Brown," said Acquilano. "We were just a little bit further ahead of the curve I thought we would be on."

Acquilano said the goal was simple: to get better every day. This was an ongoing conversation with his team throughout the season, he said, and he felt that the team held to this mantra. He felt the team was playing its best basketball down the stretch. He praised the strong play of Adrian Siravo, who consistently put up double figures in points and rebounds while also being a vocal leader. However, he said it was the play of others like Jalen Reese, Connor Sullivan and Riley Marsh that tied things together to give the Golden Eagles the strong push as the season came to a close.



BOB MARTIN  
Rick Acquilano won Division 3 Coach of the Year in his first season coaching the Golden Eagles.

"As those guys kept getting better out there, we started getting better all around," said Acquilano. "A lot of different guys stepped up on given nights. I think we were hard to defend because everyone knew they had to pay attention to Adrian, but that opened things up for other players."

Acquilano said in the beginning of the season it would take three or more games to make six three-pointers. However, as the season wore on the shooting touch of his players clicked and this three-point figure would be achieved daily and at a high level of efficiency.

"It really gave us the balance of inside and outside, and when you add the transition offense to that, we became hard to guard," Acquilano said.

It was quite the season for Acquilano and

## PSU announces cancellation of spring sports

PLYMOUTH — Plymouth State University Director of Athletics Kim Bownes announced last Tuesday that in response to the COVID-19 pandemic all spring intercollegiate sports activities at the university have been cancelled.

The decision comes in conjunction with that evening's announcement from the Little East Conference (LEC) that the league would call off all remaining conference regular season contests and the spring championship tournaments.

"These are very trying times in so many ways," said Bownes. "To have to announce the cancellation of all spring sports is heartbreaking. We know how hard our student-athletes work to represent our institution and how much they love to compete in their re-



spective sports."

The decision affects six spring programs; baseball, softball, men's and women's lacrosse and men's and women's outdoor track and field. Additionally, all non-traditional activities for fall programs are cancelled, while the NCAA cancelled or cut short its winter championships. The NCAA men's ice hockey tournament, and National Collegiate Skiing and Indoor Track and Field Championships all featured Plym-

outh State student-athletes. The NCAA has since announced a blanket waiver for all spring sports student-athletes to provide an extra year of eligibility.

"I am very happy to hear the NCAA is granting an extra semester of eligibility to our spring sports student-athletes, but not everyone can or will take advantage of that," Bownes added. "We want all of our seniors to know how much we appreciate all they have done for Plymouth State University and, in due time, we will be honoring them properly."

Although there are no confirmed cases of coronavirus at Plymouth State, students have been encouraged to stay home and access their academic work online beginning Wednesday, March 18.

The Physical Education Center (PE Center) will remain closed through at least April 6 and, as such, there will be no access to the Vailas Performance Center (weight room) or PSU Natatorium until that date. Likewise, ALLWell North is also closed and all public walking sessions have been canceled for the foreseeable future.

For information regarding the university's response, please refer to the PSU web site, [www.plymouth.edu](http://www.plymouth.edu).



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**JOB TITLE:** Recording Assistant

**DEPARTMENT:** Planning and Development

**STATUS:** Part Time, Hourly

**JOB SUMMARY:** This position is responsible for providing staff support to the Planning Board, Zoning Board, and Conservation Commission.

**SUPERVISORY:** This position is supervised by the Planning and Development Director.

For a copy of the full posting, please visit the Town of Wolfeboro website under Employment Opportunities or contact the Department at 603-569-5970.

**MAJOR DUTIES:**

- Prepares meeting minutes in accordance with RSA 91:A and other applicable state laws via meeting recordings or attendance of meetings as needed for the Planning Board, Zoning Board, and Conservation Commission. Meetings will predominantly be evening with occasional day meetings. Minutes may be drafted off-site as allowed by meeting agendas.
- Ensures that the minutes of all meetings are filed in compliance with RSA: 91:A.
- Develops Notices of Decision for Planning Board, Zoning Board, and Conservation Commission applications and decisions as needed in a timely manner in accordance with state laws.
- Performs other duties as assigned.

**EDUCATION AND EXPERIENCE:**

A candidate for this position should have a High School diploma or equivalent.

**APPLICATION PROCEDURE:**

Candidates should submit a resume to: Town of Wolfeboro, Attention Matt Sullivan, Director of Planning & Development, P.O. Box 629, Wolfeboro, NH 03894 or by hand to Town Hall, 84 South Main Street, by 4:00 pm on Friday, April 10th, 2020.

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# Loon Mountain skier wins US aerials championship

BY LARA CARLTON  
USSA

BRISTOL MOUNTAIN, N.Y. — After four weeks on the road competing back-to-back World Cups the U.S. Aerial Ski Team capped off their season at Bristol Mountain, N.Y. at the 2020 U.S. Freestyle Aerials National Championships.

Several athletes on the U.S. Freestyle Ski Team got their start at Bristol Mountain, including Jon and Chris Lillis. The Lillis family was instrumental in creating Mikey's Jump, the newest American aerials site, in honor of their late youngest brother, Mikey. The event was a special homecoming for the Lillis brothers and a meaningful way to end the Team's season.

An unseasonably warm East Coast winter made it impossible to build the triple kicker. But event organizers were still able to provide elite-level competition using just the double and single kickers. Bristol will also be the site of the 2021 Aerials Championships and the mountain looks forward to another chance to showcase its venue.

Coming off of her first podium of the World Cup season at the last aerials' stop, Ashley Caldwell earned her fourth U.S. Nationals Championship title. "It's really nice to come back to the states after a long season," she said. "And this is a nice cherry on top of a medium, good season [for me]. It's kind of tiring and exhausting to be on the road for

JOSHUA SPAULDING  
(Right) Eric Loughran soars above the Phoenix SnowPark in the mountains outside PyeongChang, South Korea during the 2018 Winter Olympics. He won the US aerials championship last week.

that long, especially the places that we go. But this mountain was so excited to host this event and despite some of the odds we were facing, they hosted a good event and I'm excited to come back next year."

Caldwell shared the podium with Kaila Kuhn, who came in second with her first U.S. Ski Team podium, and Megan Nick, in third.

On the men's side Loon Mountain-based skier Eric Loughran of Pelham took the win, his first U.S. Nationals title.

"It feels really good to earn this title at the end of the season," he said. "And it's pretty sweet to have done it on the East Coast where I'm originally from, my mom was here and that was super special. We had some warm conditions, it was a little tricky. But the resort crushed it, and I'm super excited to come back next year," he said.

Quinn Dehlinger claimed second, his first podium appearance of his U.S. Ski Team career, and Jon Lillis came in third.

Athletes of the U.S. Aerials Team look forward to some much-earned R&R and getting back to training. After all, there is no true off season in elite sports and as Caldwell knows, "It's game on until the Olympics."



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