

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

# **Keynote speaker leaves WRHS graduates** with some truly unique words of wisdom

BY DONNA RHODES

drhodes@salmonpress.com TILTON Proclaimed by Class President Ryan Fowler as "the class with class," graduates from Winnisquam Regional High School entered their graduation ceremonies with confidence and pride, but left with a few tears last Friday evening as they realized the future is now. and there is much to be done and discovered as they go their separate wavs.

"Hopefully, we can continue our mindset of compassion, giving and leadership," Fowler said.

He also spoke of their special bond that was commended over and over throughout their years at WRHS, as well as the fact that they have



During the Winnisquam Regional High School commencement exercises last weekend, Athletic Director Zah Medlock was pleased to present the 2016 Athletic Council Awards to Marissa DeBlasie and Christian Serrano.

proven themselves to be role models to younger students at the school.

Valedictorian for 2016 was Nicholas Newell, who joked that he had

procrastinated about writing his speech, much like he had done

throughout high school, but never the less had time to find many words of praise for the class. The people they are today, he assured parents and friends, are entirely different from the freshmen who entered high school 1,460 days earlier.

After praising their numerous accomplishments, Newell left his classmates with "words of wisdom" that he had garnished over the years, such as stagnation bleeds complacency. He encouraged them to never become satisfied with where they are and always quest to better themselves. He also told them that action following thought would lead them to higher places in life, as that is what has set them apart from others all along.

"I know from the bottom of my heart that you will change the world," said Newell. "I know each of you will succeed in your endeavors, as you always have."

They were next delivered a lot of laughs to head out on that journey into the world when their graduation speaker, Social Studies teacher Michael McMaugh, wearing beach attire, flip flops and colorful sunglasses, literally raced forward to deliver his own nontraditional words of wisdom and advice.

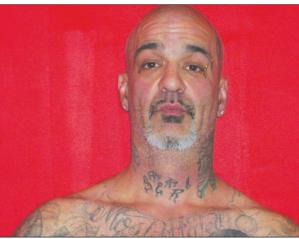
After "high fiving" the class, signing autographs in a few yearbooks and passing out some sunglasses along the way, McMaugh finally reached the podium and joked, "The people behind me (administrators and school board members) are so nervous right now."

In a truly unique and laughter-filled "audience participation" style speech, he gave the graduates a few life lessons he had learned in his younger days, and even shared SEE WRHS, PAGE A12

# Police on the lookout for suspect in robbery of Tilton Shop Express

#### **BY DONNA RHODES**

drhodes@salmonpress.com TILTON — At 7:25 p.m. on Thursday, June 9, Tilton Police received a report of an armed robbery at the Tilton Shop Express at 622 Laconia Rd. (Route



and his description, which includes distinct tattoos on his that there were arrest neck.

"We had just received word that day SEE SUSPECT, PAGE A11

Gilford students present flag

3), and are now on the lookout for a Laconia man identified in the crime.

Chief Robert Cormier said that the suspect, 40-year-old Ryan Cheney, was gone by the time officers arrived at the business, but was quickly identified by in store video

COURTESY

Ryan Cheney is wanted for an armed robbery at the Tilton Shop Express last week, and has other outstanding warrants in the City of Laconia. He is considered armed and dangerous, and anyone who knows of his whereabouts is asked to contact police.

# Belmont graduates urged to "pursue your dreams with passion"



DONNA RHODES

There were broad smiles and "thumbs up" when members Belmont High School Class of 2016 received diplomas at the Bank of New Hampshire Pavilion in Gilford last Sunday afternoon.

#### BY DONNA RHODES

### drhodes@salmonpress.com

BELMONT — "Life is good. Live your life and pursue your dreams with passion," was just some of the advice Belmont High School's Class of 2016 heard from their advisor Ben Hill at the start of commencement exercises held be-

neath the Bank of New Hampshire Pavilion in Gilford last Sunday afternoon.

The 86 seniors had a lot to look back on, such athletic achieveas ments, winning band competitions, and community service projects done with both pride and gratitude for those

who supported their education over the past 12 years.

Class President Karlyn Brown recalled many of those fond memories, which they will take with them from their school years, but added that in looking back, she realized SEE BELMONT, PAGE A11

# boxes to Veteran's Home



ERIN PLUMMER

Gilford High School teachers Steve O'Riordan and Sean Walsh present the flag boxes made by students in their classes to Bill Bertholdt, president of the New Hampshire Veteran's Home's resident committee.

BY ERIN PLUMMER

eplummer@salmonpress.com

TILTON — Two classes of Gilford High School students joined together for another year to make flag boxes for residents of the NH Veteran's Home.

On Friday morning, members of Steve O'Riordan's business class and Sean Walsh's woodworking class presented flag boxes made through a collaborative effort between the two classes.

The flag box project started last year with the two classes raising money and making the boxes. The boxes will be used to honor residents of the home after they pass away and will be presented to their families.

O'Riordan said after last year, it was clear they wanted to do that again this year.

The whole project from fundraising to building was done in the past few weeks.

Walsh said the students made and sold 38 Adirondack chairs and 18 Adirondack tables to help raise money for the effort.

business stu-The dents also sold "Recipe for Love" brownie and cookie mix jars around Valentine's Day. O'Riordan said they made \$700 alone selling these jars.

The students made 37 flag boxes over the course of three weeks.

The boxes were pre-

sented to the Veteran's Home on Friday.

O'Riordan said during the presentation he has a personal connection to the flag box tradition. A box like this is on his SEE FLAG BOXES, PAGE A12

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ObituariesA6 ©2016, Salmon Press, LLC. Call us at (603) 279-4516				
email: steamer@salmonpress.com				

clude: builder, stone

mason, and electrician.

To obtain a copy of the

plan, visit www.nhhu-

Humane Society is a lo-

cal, stand-alone, 501(c)3

non-profit that does not

receive funds from na-

tional animal welfare

agencies, nor are funds

sent to any. Donations

assist your local shel-

ter. They strive to find

responsible and caring

forever homes and offer

support programs to the

community. For more

information visit www.

diverse group of profes-

sionals who value ser-

vice to the community

and education. We sup-

port local projects that

are of benefit to our com-

munity and its youth,

seniors, and people in

need. Laconia Rotary is

part of an internation-

al network that values

service above self. The

club meets at noon on

Thursdays at the Belk-

nap Mill. For more in-

formation about Rotary

and to learn how you can

get involved, call Kristen

Welch at 557-3160. email

laconiarotary@gmail.

com, visit the website at

www.laconiarotarv.org

and find us on Facebook!

The New Hampshire

mane.org

# **Catio project at NH Humane Society designed** by Misiaszek Turpin and ready to accept bids

School student Ryan

Cashman to experience

some of the phases of

the design process, en-

hance his drawing and

communication skills.

and see first-hand what

it is like to be an Archi-

tect. It was also a way

for us to give back to

the community that we

live and work in. We

are hopeful that the cats

and visitors will enjoy

time spent with Mi-

siaszek Turpin, Ryan

Cashman said, "This

has been a great expe-

Reflecting on the

the new space!"

LACONIA - In August of 2015, generous donors of the New Hampshire Humane Society gave their support and funding to expand and improve the large feline social room to include outdoor space.

The Catio Project includes the creation of a screened, three season extension of the current large feline social room and the building of a rectangular fully screened, two room gazebo.

"Why shouldn't our resident felines enjoy a little sun and fresh air while waiting for their permanent fur-ever home?" said Marylee Gorham, Executive Director of the New Hampshire Humane Society. "What better way to ensure their comfort and health than with the addition of this catio, thanks to the support of some very special friends of New Hampshire Humane Society. In essence, this structure will allow three season enjoyment of the outdoors while assuring safety and a cozy spot for so many cats calling our shelter home. Happy cats are healthy cats, which in turn will facilitate



Molly Lounsbury (NH Humane Society), Sonya Misiaszek (Misiaszek Turpin), Marylee Gorham (NH Humane Society Executive Director), Rob Turpin (Misiaszek Turpin), and Ryan Cashman (LHS Junior/intern).

adoption into loving homes."

To assist in the building, local architects Misiaszek Turpin not only designed the space, but used the process as a learning opportunity for Ryan Cashman, a junior at Laconia High School, who wants to pursue an education and career in architecture.

"Our firm was more than happy to assist with this exciting and unique project," said Sonya Misiaszek AIA of Misiaszek Turpin. "It has also allowed for local, Laconia High



rience for me, and has Needed tradesman innhhumane.org. **Support Laconia Rotary Club's** 24th annual charity raffle

provided me the oppor-

tunity to see how proj-

ects are worked on first

hand. It has given me

the chance to work on

a real world architec-

tural project. I am hon-

ored to have been given

the opportunity to work

with Misiaszek Turpin

pllc and the New Hamp-

shire Humane Society."

hand, the New Hamp-

shire Humane Society

is now ready to begin

accepting bids for the

project that will take

place at the facility on

Meredith Center Road.

With the design in

LACONIA — Stop by to have another record the Laconia Rotary Club booth on Lakeside Avenue during the 93rd Laconia Motorcycle Week and enter to win a 2016 Harley-Davidson Street Glide FLHXS!

Only 3,000 tickets will be sold at \$20 each. Proceeds from the raffle will help Laconia Rotary Club support local nonprofit organizations. In the past, Laconia Rotary Club has provided scholarships to local students via the Lakes Region Scholarship Fund and granted much-needed assistance to The Boys and Girls Club of the Lakes Region, Stand Up Laconia, Got Lunch, Laconia Little League, and others.

"We sold every ticket last year, and hope

#### vear in 2016," said Warren Clement, Chair of the Motorcycle Committee, "Our members have been working hard to sell tickets and get our booth ready. We are grateful for the generous support shown over the years by Motorcycle Week attendees and look forward to another great week." "This event wouldn't

be possible without community support," noted Kristen Welch, President of Laconia Rotary Club, "Heritage Harley-Davidson of Concord is a generous sponsor, and we are fortunate to have them on board. We are so grateful to The New Hampshire Veterans' Association of Laconia for the use of their space during Motorcycle Week. They've been a long-time partner, and we couldn't do it without them."

The winning ticket will be drawn at the booth at 4 p.m. on Sunday, June 19. You need not be present to win. Visit the website at www.laconiarotary.org or email kwelch@genesisbh.org if you wish to purchase tickets but can't make it to the booth.

Laconia Rotary, founded in 1925, is a committed, friendly and

HALL MEMORIAL LIBRARY HAPPENINGS

**Tilton/Northfield** 

sionary satirist. "Fight

Club"'s estranged nar-

rator leaves his lacklus-

ter job when he comes

under the thrall of Tyler

Durden, an enigmatic

young man who holds

secret boxing matches

in the basement of bars.

el, Chuck Palahniuk There two men fight "as showed himself to be long as they have to." his generation's most vi- A gloriously original work that exposes what is at the core of our modern world. (Amazon)

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better on the

Monday, June 20 Chess Club, 4-7 p.m. Monday Bookers, 6:30 p.m.

"Fight Club" by

Chuck Palahniuk The first rule about fight club is you don't

talk about fight club. In his debut nov-

### **TOWN OF NORTHFIELD ZONING BOARD OF ADJUSTMENT NORTHFIELD TOWN HALL** Monday – June 27, 2016 – 7:00 PM

#### AGENDA

1. Whitman-Davidson American Legion Post #49: Application for a variance from Article 12 Section D of the Northfield Zoning Ordinance to allow two signs at 4 Park Street (Tax Map U07 Lot 18) on .3 acre in the R2 zone

> Respectfully, Kent Finemore, Chairman June 13, 2016

This is a public meeting and citizens are invited to attend. Application information on file at the Town Hall or at northfieldnh.org (go to "meetings", click on "agenda")

The Town of Northfield complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office at 286-7039 if you need special assistance in order to attend this meeting.

d l la d o

#### **Tuesday**, June 21

Spanish Club, 10 a.m. Tech Tuesday, 2-4 p.m.

On the Spot Poet, 2 p.m.

Beat the blank page blues, stop in for inspiration with wordy challenges to get your pen flowing.

Books and Brew, 6:30 p.m.

Meet us at the Park Street Pub and Tavern (41 Park Street, Northfield) for casual conversation about books while you sip your drink of choice! We'll bring selections from our pick-list for you to peruse, check-out, and SEE HAPPENINGS, PAGE A15

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Happy Hour **Every Tuesday** & Thursday **ALL DAY** House Margarita \$5.99

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# **LRGH unveils newly renamed Anderson Ganong Cancer Center**

#### BY ERIN PLUMMER

eplummer@salmonpress.com

LACONIA – LRG-Healthcare recently unveiled the newly named and newly decorated Anderson Ganong Cancer Center, named in honor of two survivors who are helping those going through the same struggle.

The ribbon was officially cut last week on the Anderson Ganong Cancer Center, the new name of LRGHealthcare's hematology and oncology center. The center was named after Lynn Anderson and Brenda Ganong, two cancer survivors who are raising money to help fellow survivors.

> While undergoing

treatment, Anderson overheard another patient mention she could not afford the \$45 for her medication. This influenced her and her husband Jerry to form the Anderson Pharmacy Fund to help oncology patients at LRGHealthcare purchase necessary medications if they are not able.

In 2003, as Brenda Ganong battled breast cancer, she and her husband John formed the Winnipesaukee Ride Against Breast Cancer to raise funds and awareness of the disease. The ride is now "Brenda's Ride with Friends: Fighting Cancer One Mile at a Time." Funds raised go toward basic expenses from



ERIN PLUMMER

Lynn Anderson and Brenda Ganong help cut the ribbon on the newly named Anderson Ganong Cancer Center at Lakes Region **General Hospital.** 

medical equipment (including such as wigs) to transportation to paying bills the patient might not be able to pay at the moment and beyond.

"We wanted to name the oncology wing for a charity and give it some identity," said Sandy Marshall, director of Philanthropy, Public Relations, Marketing, and Volunteer Services at LRGHealthcare.

She said they wanted



FRIN PLUMMER

Lynn Anderson with her family members Cassidy Kalinowski, Riley Anderson, Ayden Anderson, Benjamin Anderson, and Meggin Anderson outside the center that shares her name.

to recognize the support and dedication these two women have shown.

The ribbon cutting took place on Cancer Survivor's Day, a celebration of survivors and an opportunity for survivors to come together under more positive circumstances.

Marge Kerns, vice president of clinical services for LRGHealthcare, said they are thankful for these two women who have been helping to support the patients.

"Without Lynn and Brenda's support, most of this would not be possible," Kerns said. "A huge thank you for all that you do year after year."

The entrance to the wing is painted with colors and images that are symbolic. The dragonfly on the logo symbolizes "power, poise, living in the moment, prosperity, good luck, joy, and new light."

"We strive to help our patients during their journey with the symbolism of the dragonfly," Kerns said.

There is a tribute wall where survivors can leave messages for those who are coming after them.

"It's just amazing, it's gone so far from the very beginning," Anderson said, saying of the unit, "It's so nice."

Ganong recognized the motorcyclists who have been part of the ride and everyone who has given their support.

"I couldn't have done it without all my family and friends," Ganong said.



# Sanbornton man arrested for cruelty to animals

### BY DONNA RHODES

drhodes@salmonpress.com

SANBORNTON Police in Sanbornton took 45-year-old Richard Glover of 753 Sanborn Rd. into custody on June 8, and charged him with Cruelty to Animals under RSA 644:8, which is a Class B felony.

At 7:30 p.m. that night, Officer Andrew Phillips and Sergeant Justin Howe received a call that a dog, located at that same address and classified as a pit bull mix, was beaten. When



COURTESY

Forty-five-year-old Richard Glover was arrested at his home in Sanbornton last Wednesday evening for a Class B felony charge of Cruelty to Animals.

dent of the same address and was returned to the rightful owner.

After obtaining a warrant for Glover's arrest, officers returned later that night to take him into custody. He was found hiding under a bed at that time in an attempt to elude police.

Glover was released on \$1,500 personal recognizance bail and is now ordered to appear before a judge on July 11 at 8:30 a.m. in the Franklin District Court.



# Opinion

A4 Thursday, June 16, 2016

# FROM THE CAPITAL STEPS

#### BY SEN. JEANIE FORRESTER

**DISTRICT 2** 

The session has ended and we've passed some important legislation that heads to the Governor for her signature. While there has rightly been much legislative focus on the heroin and opioid epidemic, other significant bills were brought forward that addressed issues like creating energy infrastructure corridors; a bill to increase patients' access to doctors; strengthening New Hampshire's laws against sex trafficking; and creating a system of care for children's mental health.

Some bills are fairly straight forward and sail through the legislative process. More often, though, legislation requires a significant amount of work before it is ready for "prime time." One such piece of legislation had to do with providing protection to our residents in the northern most part of our state - Coös County.

In the expansive northern half of New Hampshire, we know that law enforcement presence is stretched thin and especially in emergencies, response times can regularly take up to an hour. This has been a major safety concern for New Hampshire's North Country and I personally experienced this one Friday evening when I joined Lt. Landry from Troop F for a ride-along.

At the beginning of the 2016 legislative session, a bill was proposed that attempted to address this issue by giving U.S. Border Patrol agents the same authority as New Hampshire law enforcement officers, including liability protections. While the U.S. Border Patrol historically provided assistance in some emergencies, they did not have full legal authority or liability protections needed. Because of this, if a worst case scenario occurred where a border patrol agent was harmed, there was no identification as to which entity would be responsible-that is, would New Hampshire be liable or would the federal government?

The Senate agreed with the concept and recognized the need for more law enforcement officers who would be able to quickly respond to issues in the North Country. Unfortunately, the legislation originally proposed could have caused more harm than good. Simply put, the original bill, however well-intended, was bad legislation.

Because this issue is important to our state and we wanted to make sure the North Country received the additional support from border patrol agents that it needed, we hit the reset button and started over. While Senator Carson (R-Londonderry) and I were not sponsors on the original bill, we were committed to assuring this legislation passed. Working with the Attorney General's Office, U.S. Border Patrol, the Sheriffs in Coos and Grafton counties, and various other Senate staff, we studied the issue carefully, did our homework and dedicated the time necessary to find a workable solution for this longstanding issue. Several meetings were held involving stakeholders and experts. Fortunately, we were able to craft a reasonable solution and in early May, the Senate passed this legislation.

The new language reflected the work done to strike the right balance between how the legal protections for border patrol agents are provided when assisting local law enforcement and state troopers in New Hampshire while ensuring that there were no unintended consequences from the legislation. The bill requires that border patrol officers undergo certification training by the New Hampshire Police Standards & Training Council. With this certification, border patrol agents are able to assist state troopers and local law enforcement when making arrests and carrying out other enforcement duties in emergency situations. Also, because of this certification, liability protections are provided by their employer, the federal government. We recognized that when a citizen needs help from law enforcement, they don't care which agency answers the call, they simply need help, and we need to make sure those who answer the call are appropriately protected. Maintaining the safety and offering protection for New Hampshire's families is essential and we were pleased that the full Senate agreed to our solution and the bill was recently signed into law. This legislation provides the right balance by allowing border patrol to assist local law enforcement in serving the North Country, while providing them with the proper protections they need. I was especially proud that we made the commitment to put in the time and hard work to ensure this measure was properly handled, resulting in a workable solution to this complex issue. As always, I want to hear from you. If you have a concern you'd like to share, an event you'd like me to attend, or a problem you think I might be able to help with-please call (271-4980) or email at jeanie@jeanieforrester.com.

# PET OF THE WEEK



New Hampshire Humane Society represents safe harbour for the lost, neglected and unwanted, but so too, we are the resource folks need when they are simply overwhelmed. Such was the case with a large number of cats from a local resident. You start out with two and then in a short space of a few months find your pet population at home has blossomed, rather alarmingly.

Larkspur came to us in the Spring with twenty other cats. He is adorable, he is gorgeous, he has the most amazing plume tail

# LARKSPUR

and lovely white and black markings.

Friendly, inquisitive and outgoing - what's not to love about larkspur! Much like the plant, we know he will bloom and thrive wherever he is planted, under the nourishment of love and care from humans who will love him. He's certainly used to other cats and is enjoying life in the social rooms at New Hampshire Humane Society.

IS Adopt a Shelter cat month. Let's start the summer of with a permanent loving forever home for Larkspur.

# **LETTERS TO THE EDITOR**

# Why haven't Sanbornton's selectmen considered keeping our current town administrator?

To the Editor *[originally addressed to Johnny Van* Tassel, Chairman of the Sanbornton Board of Se*lectmen*]:

I personally think that the current town administrator is doing an excellent job, and will be even better as he gains more experience. Have we asked him if he is interested in staying on as our TA?

If he is interested, why are we looking to replace him with someone new who would have to go through the whole Sanbornton learning process at our expense?

My second concern is why the Selectmen would agree to advertise for a new TA in three different states? What would a town administrator from another state know about our state and town budgeting requirements and all the RSAs we have to abide by? If someone from far away happened to be selected, would we once again have to pay the relocation expenses for such a person?

I believe things went very smoothly with Charlie Smith on the job after Bob departed, and we should want to keep that good momentum going in 2016 and beyond.

I look forward to hearing your thoughts on this matter!

> Bill Whalen Sanbornton

# Pines Community Center builds community!

#### To the Editor:

I'm a parent of a Winnisquam teacher, and our family has been involved in this community for mer program for many years. It was great; they cost that is not available elsewhere in the area. got to do many different fun activities with a lot of kids, & later, when in high school, they became summer councilors, which was a great experience that influenced their lives and careers. With major funding coming from the towns of Tilton & Northfield, our community is nurtured by programs at the Pines that are open to all. Hopefully, supporting towns and donors will not abandon their support as this vital part of our

community undergoes healing. A positive future awaits the Pines with continued community support. The Pines fills a large need for all area famyears. Our kids went off to the Pines for the sum- ilies offering quality programs to all at minimal This a much needed service to the hard working families of our area.

#### WINNISQUAM ECHO



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I'm confident that the Pines board will be able to appropriately address the pain felt by those recently hurt and once again become a positive steward of our children. Our children's well being and destiny is our highest call and our future.

> Center Sanders Tilton

# Join us in celebrating the legacy of Peter Karagianis

#### To the Editor:

Some people are very special. Whatever it is — an innate joyfulness, deep caring for others, an unwavering dedication to community, a steadfast commitment to their convictions — some people have a gift for living. Peter S. Karagianis was one such person, and we are fortunate that he lived here among us. Our community is better as a result of his devotion and generosity. And that is certainly something to celebrate.

Therefore, the Belknap Mill is delighted to honor Peter, two days shy of what would have been his 100th birthday. He was a historic icon, whose commitment to our own community's history saved the Belknap

Mill from near certain demolition. Built in 1823, the Belknap Mill is the oldest unaltered textile mill in the country and a sole survivor from the earliest phase of our country's industrial revolution. That, alone, is impressive. But even more significantly, the Mill is a symbol of our roots and a testament to the dedication and courage of our forebears who worked so hard to make lives for their families and build this community.

This industrial tradition continues in the Lakes Region today. We have a strong manufacturing community - a bastion of advanced processes and technology that evolved out of the Belknap Mill, the Busiel SEE AMBROSE, PAGE A15

# Support Lakes Region Community Services with the music of Elton John

#### To the Editor:

Want to escape from the hustle and bustle of Motorcycle Week? Then head on over the McEvoy Theater at New Hampton School on Saturday,



Winnisquam Echo P.O. Box 729 Meredith, NH, 03253

Our fax number is 279-3331. Or, you can e-mail us at echo@salmonpress.com. Please include your name, address and phone number.

June 18 for a night of great music, entertainment, and light refreshments. Temple B'nai Israel (TBI) is bringing Yellow Brick Road, a full concert tribute to Elton John, to the Lakes Region for an amazing show and for a terrific cause!

Net proceeds from this concert, presented by TBI's 'We Care' Program and sponsored by Golden View, will benefit Lakes Region Community Services (LRCS) and our programs that support individuals and families throughout the Lakes Region. We are honored to be the recipient charity of this concert, and deeply value the commitment and friendship we have built with the members of TBI.

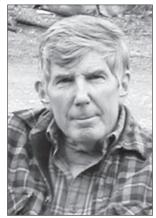
To me, this event exemplifies the caring community in which we live - when groups come together to support fellow members. So, mark your calendar, get your tickets (www.tbinh.org) and be prepared for a wonderful and fun evening.

Thank you, and I hope to see you on Saturday night!

> Christine Santaniello Executive Director Lakes Region Community Services

### **NORTH COUNTRY NOTEBOOK**

# A "What If?" on dam removals on the Upper Connecticut River



By John Harrigan Columnist

All kinds of press releases come my way, but last week one in particular caught my eye because of two phrases: "Dartmouth-led study" and then, most intriguing, "Dam removal."

Of the estimated 80,000 dams nationwide-most of them east of the Mississippi---significant numbers no longer serve the purposes for which they were built. There is a national movement



What if the removal of Murphy Dam left Lake Francis docks and boaters high and dry?

to remove them, goals being to reconnect river and stream habitat, allow flooded valleys to return to their natural state, and restore free movements of fish.

Of the two great river systems in my territory, the Connecticut and the Androscoggin, the former remained without major dams up until fairly modern times, while the latter, the Androscoggin, was dammed far up into its western Maine headwaters from earliest settlement times, to regulate river flows for textile and other mills far below.

COURTESY

When I read the Dartmouth study, I immediately thought, of course, "What if?" The dams are on the upper Connecticut to produce electricity, but still, what if?



Moore Dam just west of Littleton inundated much of the historic Fifteen Mile Falls.

+++++

The Dartmouth-led study was published in Elementa: Science of the Anthropocene, and is available online for free. Says lead author Francis J. Magilligan, a professor of geography at Dartmouth, "New England remains a dammed landscape, but the approaches developed in this research can help further guide river restoration efforts." The study's abstract wryly notes that "dam removal does not occur within an institutional or social vacuum," one of the greater understatements I've ever seen in a research paper. It adds that to be successful on all fronts, a dam removal must by nature be a grassroots effort, and not come across as a top-down edict.

But let's focus on the headwaters of the Connecticut River for a moment. What happened there?

+++++

The source of the Connecticut, Fourth Lake, is a nice little pond to hike into, skipping back and forth between Canada and the U.S. as you go, no Customs required. but it is too small to ever have been dammed. Not so for Third Lake, just below, which was dammed during logging's hey-days to regulate stream flows for river drives, and ditto for sprawling Second Lake. a nice fishing stretch of river below. Settlers dammed First Lake---sonamed because it was the first of the original headwaters lakes they encountered---to power gristmills and sawmills.

Post-Depression years saw the dams on the upper lakes beefed SEE NOTEBOOK, PAGE A15



BY MARK PATTERSON

Most of us would agree diversification is a good thing as it relates to our investment mix. but also as it relates to our income as we approach retirement. In all likelihood the tax code will change during our lifetime, so the ability to switch from least to most tax advantaged income sources as possible is a worthwhile goal. Tax free income can come in the form of a Roth IRA. You would not have had a deduction from taxes when you put the money in and likely would have paid tax on that income when received, but then the money could grow, and after 59 and a half could provide tax-free income. While this is a great tool for retirement savings, it is not without limitations. The maximum that vou can contribute depends on your modified adjusted gross income. The Roth like other retirement vehicles does not allow, without penalty, for a withdrawal before 59 and a half under most circumstances. But what if there was a way to save for retirement that would not limit how

# Mark on the Markets Tax diversification

much you could save annually while providing tax-free growth and future tax-free income? There is a financial tool that has been used for many years, but has recently, for a host of reasons, come back into vogue. That financial tool is maximum-funded life insurance, in the form of indexed universal life.

For certain clients this can be a powerful tool to amass income that can later be loaned back to yourself, tax free through the loan provisions of the policy. The insurance company uses the death benefit as collateral against the loan.

half are not penalizes as with qualified plans. These loans also may not affect Social Security benefits. Many policies offer great living benefits in addition to the death benefit.

For clients near retirement or in retirement, assets accumulated may be used for legacy planning.

Structuring a policy to focus on accumulation as opposed to face amount or death benefit will often times increase the accumulation of cash to be distributed as a loan. exactly what you were looking for, but may not have considered it because of radio and TV personalities that try to convince their audience that anything other than "term" insurance is not good.

Reviewing some of the better companies Indexed Universal life policies, I have discovered that many IUL's have a better IRR or Internal rate of return than some mutual funds net of fee's plus a death benefit to your heirs!

Policy finance is a method used by high earners or high worth individuals to use other people's money to fund these policies.

Many things that have worked in the past must be reviewed with an open mind towards changes for the better in a changing environment. Tax rates and policy will continue to change, we must find ways of mitigating these potential increases.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@mhp-asset.com.

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insurance company uses Because everyone's the death benefit as collateral against the loan. Event, life insurance as Loans prior to 59 and a financial tool may be



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# **OBITUARIES / LOCAL NEWS**

# James R. McKeon, 65

FRANKLIN — James R. McKeon 65, of Prospect Street, passed away at his home with his loving wife by his side, Tuesday, June 7, 2016 after a period of declining health.

He was born in Lowell, Mass., the son of James T. and Eugenie (LePage) McKeon. He lived in Wakefield, Mass. for many years prior to moving to the Bristol/Alexandria area. After high school, Jim joined the US Marines and served in Vietnam. After his return, he worked as a truck driver, first working for himself doing long haul and later for the Teamsters, Local 25 out of



Boston.

Jim was an avid fan of the Boston Bruins, drag racing, and Harley Davidson motorcycles and anything that had to do with his family and friends.

He was also a member of the VFW post #1698 in Franklin.

Family members include his wife, Carolyn McKeon of Franklin; sons James McKeon. Jr. of Indiana and Kevin McKeon of Salem, Mass.; stepson Loni Tellier of Franklin; stepdaughters Ashley Rodolosi of Alexandria and Bridgette Carr of Satellite Beach; and six grandchildren.

There will be memorial calling hours on Saturday, June 18, 2016, from 6-8 p.m. at the Emmons Funeral Home, 115 South Main St., Bristol. Any and all bikers and veterans are especially invited to attend. In lieu of flowers, donations may be made to the Ashley Rodolosi Fund, c/o Franklin Savings Bank, Lake Street, Bristol, NH 03235.

# Jason Jacques Roberts, 40

FRANKLIN — Jason Jacques Roberts 40, lost his battle to cancer on Monday, June 6, 2016 at his home with his former wife by his side.

Jason was born in Newport, Vt. on May 8, 1976 to Madeleine and Andre Roberts. Jason and his mom moved to New Hampshire in 1981. Jason grew up in the Lakes Region area. He loved to smile, he loved to laugh, and in his younger years loved to have fun with friends. Jason also had a love for the outdoors and wildlife. He loved nothing more than to be on his four-wheeler with his son and exploring all that nature has to offer. He and Jennifer Roberts welcomed their son, Hunter, into the world in 2002. This was his greatest achievement and it showed. He was a dedicated father and a talented landscape construction worker. He loved building retaining walls, patios, and stone pathways.

Jason was a strong man and had a strong personality. People found him to be a charismatic, likeable person who was always willing to help when needed. Be-



fore falling ill in March of this year, Jason was doing something he always dreamed of. He lived off the grid for almost an entire year in a large parcel of land abutting the Merrimack River with his beloved goldendoodle Rodney, who was always by his side. He was in his glory and had many adventures outdoors exploring the woods. Being in nature, enjoying a little fire, and some country music was the core of who Jason was, and of course the love for his family and son.

Jason leaves behind his son, Hunter Roberts; his former wife and best friend. Jennifer Roberts: his loving mother, Madeleine Roberts of Frank-

of Tilton, and Lorraine Ducharme of Arkansas; his two uncles, Roger and his wife Donna Ducharme of Illinois and Rene Ducharme of Vermont; many cousins, including Hannah and Ashley Constant of Concord; his furry companion, Rodney; as well as many other family members and friends.

There will be no calling hours or burial per Jason's wishes.

A Mass of Christian Burial will be celebrated Tuesday, June 14, 2016 at 11 a.m. at Saint Andre Bessette - Sacred Heart Church, 291 Union Ave., Laconia.

In lieu of flowers, donations can be made to the Pancreatic Cancer Action Foundation, 1500 Rosecrans Ave., Ste. 200 Manhattan Beacvh, CA, 90266 or online at www. pancan.org to fund research to put an end to this terrible disease.

Wilkinson-Beane-Simoneau-Paquette Funeral Home and Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view the online memorial, go to www. wilkinsonbeane.com.

# **Better Choices, Better Health: Tools for Living Well**

FRANKLIN — Would vou like to increase vour energy and better manage your health? If you or someone you live with has an ongoing health concern such as chronic pain, diabetes, or arthritis, and would like to learn how to better manage this health concern so that you can do the things you want to do, you can benefit from "Living Well."

Learn how to manage your symptoms with the "Living Well- Better Choices, Better Health" workshop presented by LRGHealthcare. A free six-week workshop will be offered on Tuesday's from 11 a.m. -1 p.m., beginning June 28 at Franklin Regional Hospital. Those attending the workshops will apply skills for living a full, healthy life with a chronic condition, learn to set weekly goals and develop a practical step-bystep plan for improving health and quality of life. Weekly topics include healthy eating, physical activity, relieving stress, pain and fatigue management, and more!

Workshop leaders will guide participants through this proven program developed by the Stanford University School of Medicine. These sessions are ideal for anyone living with a chronic health condition or a caregiver of someone with a chronic health condition.

For more information or to register for this upcoming workshops, please call LRGHealthcare Education Services at 527-7120.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRG-Healthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

lin; his aunts, Denise and her husband Aaron Constant of Concord, Rachel Ducharme of Vermont, Jeanne Ducharme Franklin Farmer's Market makes healthy local foods more accessible

# with double SNAP dollars, free bus route

FRANKLIN - Franklin Regional Hospital is excited to once again host a weekly Summer Farmer's Market in collaboration with the Franklin Healthy Eating Active Living (HEAL) Coalition. Join local food vendors on the lawn at FRH on Tuesday afternoons from 3-6 p.m., beginning Tuesday, July 5 and continuing through Sept. 13.

Encouraging healthy lifestyles of community residents is the focus of the market and shoppers will get to enjoy locally-grown produce and other goods in an easily accessible location. The market will also be accepting deb- lean protein sources are it, credit, and SNAP/ payments for EBTpurchases. Through a partnership with the County Merrimack Conservation District's Granite State Market Match program, SNAP benefits will be matched up to twenty dollars per week per shopper. Double SNAP dollars can be used towards the redemption of free fruits and vegetables! Also new this year, free round trip bus transportation to the market from scheduled Franklin locations. This is being made possible with a grant from Franklin Savings Bank and a partnership with the Belknap-Merrimack County Community Action Program

(BM-CAP). Franklin bus stops will include City Hall, the Woods Apartment Complex, Franklin Plantation, and Senior Haven East at Damy Drive.

Eating a wide variety of fruits, vegetables, and

# "Victorian Cottage" featured on 29th Central New Hampshire VNA & Hospice House Tour

REGION — Step into the era of Queen Victoria when you enter this "Victorian Cottage" as it was called on the original building plans in 1895. This is just one of the four outstanding homes on this year's 29th Annual Home Tour sponsored by Central New Hampshire VNA & Hospice on Wednesday, July 13 from 10 a.m. to 4 p.m.

Tickets for the tour are \$40 and can be purchased at Black's Gift and Paper Store located at 8 South Main St., Wolfeboro. An optional luncheon ticket is also available. This year's luncheon will be held at O Bistro at The Lake View Inn from 11:30 a.m. to 1:30 p.m. The price of the lunch ticket is \$15.

In the 121 years since this lovely home was built, two separate additions have been added to its grandeur. In 1980, a four-story addition to the back of the home created an art studio on the lower level, a music room above that and a master bedroom on the second floor. The current owners expanded the house further by constructing a large, beautiful kitchen/sunroom above a new ground floor garage. When



COURTESY

Victorian cottage featured on the 29th Central New Hampshire VNA & Hospice House Tour.

the old side porch was taken down, much of it was repurposed to add a new rear entry and back stairway leading from the music room down to a new brick patio and expansive backyard. A newly installed dumb waiter enables the owners to transgroceries port and heavy packages from the lower level garage to the kitchen.

There is period furniture mixed in with the new on all three floors of the home. The many original Victorian mantels found throughout contain the classical elements of the time such as pilasters, columns and classical moldings. The mantle and surround in the music room was hand carved by an artist in 1893 whose name

appears on the back of the mantle. Also located in this room is an 1885 Steinway baby grand piano which has been lovingly restored after serving as a leather-covered piano in a bar!

Other features in this seven-bedroom home include the original butler's pantry and the 1895 lighting fixtures in the front parlor, the library and the dining room. The remodeled bedrooms and bath on the top floor were originally built as servant's quarters.

House Tour committee members will once again be selling Dine Around raffle tickets on Saturdays leading up to the tour as well as on the day of the tour. Look for them at one of the following locations: Black's Paper and Gift Store, Harvest Market or Hunter's Shop n Save. For more information, call 569-2729.

#### **About Central New** Hampshire VNA & Hospice

The Mission of Central New Hampshire VNA & Hospice is "Promoting dignity, independence, and well-being through the delivery of quality home health, hospice and community-based care services." Central New Hampshire VNA & Hospice serves Lakes Region communities in Belknap and Southern Carroll County and provides Home Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, teambased Hospice program. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

essential to a healthy body and mind. Stop by Franklin Regional Hospital on Tuesday afternoons this summer for the freshest, most delicious local food!

For more information or a bus route schedule, please call 934-2060, ext. 8369 or visit our Facebook page at "Franklin Farmer's Market."

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

### **BELMONT POLICE LOG**

BELMONT — The Belmont Police Department responded to 138 calls for service and made the following arrests during the week of June 3-10.

Connor McGlone, age 19, of Belmont was arrested on June 3 for Driving After Revocation or Suspension and violating Driver's License Prohibitions, and in connection with an outstanding bench warrant.

Michael Bishop, age 31, of New Hampton was arrested on June 4 as a Habitual Offender and for Disobeying an Officer.

An adult male from Northfield was taken into protective custody for intoxication on June 4.

A juvenile, age 16, was arrested on June 4 for Operating Without a Valid License and Driving After Revocation or Suspension.

Kasandra D. Bacon, age 32, of Belmont was arrested on June 5 for Simple Assault.

Brent M. Porter, age 22, of Belmont was arrested on June 6 in connection with an outstanding warrant issued by the Laconia Police Department.

# **WRSD Community Expo** at Highland Mountain Bike Park

#### BY ROBERT SEAWARD Principal

Winnisquam Regional Middle School

TILTON — What do you get when you bring local service providers, schools, and businesses together in one location? An amazing community expo event for hundreds of local residents.

This first ever event was the brainchild of a small committee who met in March at Winnisquam Regional Middle School. Cenanne Sanders (teacher), Eric Keck (AP), Bob Cormier (Chief of Tilton PD), Dawn Shimberg (YAP), and Mark Hayes (Highland Mountain Bike Park) were the visionaries who saw a need for a free event in our community where folks could have

some fun, eat some food, and learn about local clubs, services and businesses. For the schools, to provide a bookend to the school year, an event where all children can go and have some fun before summer break.

Approximately 250children and adults attended this first ever event and were treated to food and drink provided by Coca Cola, UNO's, Market Basket, and BJ's. Highland Mountain Bike Park provided free access to the entire Highland facility including free lift rides to the top of the mountain, expert riders showing their skills on the trails, and an amazing staff who made the night so successful. Finally, our



COURTESY

COURTESY

Seventh grader Rebecca Bellerose showing off her face painting done by volunteers from the Tilton School.



**Officer Rector with Veto** 



Officer Boulanger with Max

# WRMS hosts K-9 demonstration

COURTESY

BY ROBERT SEAWARD Principal

Winnisquam Regional Middle School

TILTON — Back in April, many local businesses and service providers visited WRMS for its first annual career

units. Students had an cers and their dogs. opportunity to watch the officers in action and to mands in Czech and in ask questions.

Sixth grader, Evan Power said, "I liked

"Both dogs obey com-German," he remarked.

Sixth grade teacher and event co-organizer, hearing the story of how Mrs. Sanders expressed the dogs helped find the how amazed she was

to build similar opportunities into next year's calendar recognizing that real life experiences and connections within their communities help students overall.



More than 130 people signed waivers to take a trip up the chairlift to the top of the mountain. What an amazing view!

local businesses and service providers pitching in with a grill; touch a truck from both fire and police; tables; displays and presentations from many local service providers and clubs; face painting by Tilton school; and amazing music, promotion, and event coverage provided by Mix 94.1 FM.

Dr. Eric Keck, one of the event organizers, shared, "The original intent of the event was to provide the surrounding residents and local leaders a chance to foment hope and meet / see all the great stuff that is taking place in our arealast Monday was the start of this and much more to come."

Twelve-year-old Mackenzie Phelps was very excited to attend.

"I loved the chair lift," she said. "The view from up there was spectacular. I loved all of the booths, especially the one with the baby chicks. My little sister loved the face painting booth. I loved it and I hope they do it again."

Myhaver, Megan Highland employee and key member of the planning team who ran the interactive Ride Zone booth, had this to say: "This Community Night was one for the books! Nearly 300 people showed up on a beautiful Monday night! Although it was our first one, I really think we have set the bar high for future Community Nights. Looking around at the event goers, I really got a sense of excitement at the event as they were looking around to see what other community vendors had to offer for them and their families. The Highland booth with the Interactive Ride Zone, had a line of eager children that were so excited to ride some bikes around the wooden ride zone: we ended up staying open later to accommodate the line that had formed. I am excited to see what next year's Spring Community Night will bring bigger and better with lots of community members!"

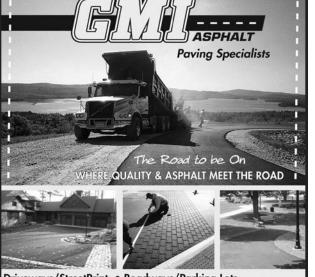
day. Since then, several have returned to do additional work with MS students in an effort to keep life after school clearly in students' sights. The most recent group to return was Officer Evan Boulanger with Vito from the Belmont Police Department and Officer Dennis Rector with Max from the Franklin Police Department.

On June 8, Chief Cormier, Officer Boulanger, and Officer Rector spoke to the 6th grade class on the importance of K-9 units, how they have assisted with many investigations in Tilton and beyond, and offered more information about the training, commands, and uses of K-9 units as well as the employment opportunities associated with police and K-9

Pizza Hut robber."

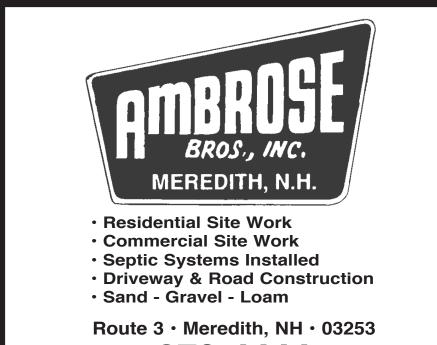
Colton Wilsie was impressed with the use of commands between offi-

at the students engagement in the demonstration and conversation. She expressed a desire



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### Give Your Children the Gift of (Financial) Knowledge

It's almost Father's Day. 50 cents. They are likely If you're a dad with young children, you can expect by how much faster their some nice homemade cards money grows with your and maybe even a baseball cap. But, of course, your greatest reward is spending time with your kids and watching them grow. In return, you can give them a gift – the gift of knowledge. Specifically, in the months and years ahead, teach them the financial skills that can help make their lives easier and more rewarding.

For starters, encourage your children to become savers. You can do this in a couple of different ways. First, set a good example. You might explain to your kids that you want to buy a certain item, but you are waiting for it to go on sale. Or, if it's a particularly big-ticket item, like an ultra high-definition television, tell your children that you simply can't afford it now, but that you are putting away some money each week until you can. You might even make a chart showing your progress.

Another way to help your children become better savers is to provide them with a monetary incentive. To illustrate: For every dollar they put into a "piggy bank" or an actual savings account, tell them you'll put in, say, letting them choose a stock Advisor.



to be pleased and excited contribution, and they may well become more motivated to save. Furthermore, you'll be giving them a valuable lesson for later on in life, when they work for a business that offers to match their contributions to a 401(k) or other retirement plan. Unfortunately, many young people, upon taking on their first "career" jobs, either under-contribute to their retirement plans or ignore them completely - thereby making it more likely that, later on in their working lives, they will have to come up with much bigger sums each year to accumulate enough resources for a comfortable retirement.

Learning to save is certainly important - but children should also learn about investing. To help get your children interested in becoming investors, point out that they can actually own shares of companies with which they are already familiar - the companies that make the games they play, the movies they watch and the food they eat. In fact, you could even simulate the investment process by

and then follow it. To make the results more tangible, use "play" money to represent an initial investment, and add or subtract to the pile to track the ups and downs of the real stock. You might even explain some of the reasons for the stock's movements; for example, if you and your child are following the stock of an company, entertainment and that company produces a blockbuster movie that leads to sequels, spinoffs and merchandise tie-ins, you can point out how these developments have pushed up the company's stock price.

You might also explain that while these short-term price movements are interesting - and maybe even fun – to follow, investing is actually a long-term endeavor, and the best investors often hold stocks for many years before selling them.

By following these suggestions, you can help your children acquire good financial habits – and seeing them put these skills to good use can provide you with many happy Father's Days in the future.

This article was written by Edward Jones for use by your local Edward Jones Financial

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LOCAL NEWS

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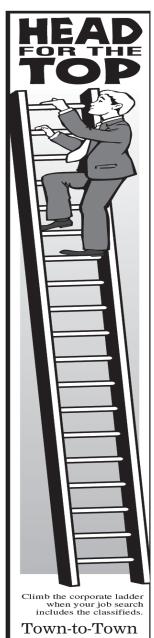
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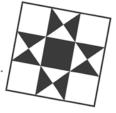
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Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



# **Summer concert series celebrates** 24 years of free family entertainment

TILTON — Nestled along busy Route 3 in Tilton, across an unimposing footbridge, lies one of the Lakes Region hidden treasures. Tilton Island dates back to the 1800's. It has been many things at many different times in its history. By the late 1980's it has been long neglected and mostly forgotten. Until...

Savina and Alan Hartwell, a long time Tilton resident who had roots in the music industry and a hit record in 1958 called "Topsy" (which was #1 on Billboard for 11 consecutive weeks) were driving down Route 3. Savina, his wife of 35 years, was a Jazz singer/dancer when they met, commented to Alan that "that island would be a perfect place to come and listen to music in the summer". That was in 1990. In 1991, she passed away. It was at that time, Alan with the help of long time friend the late Dick Pucci took on the arduous task of repurposing Tilton Island.

With the co-joined support of both Tilton & Northfield's board of Selectmen, and the volunteer efforts of some very skilled contractors, the island was cleared of years of overgrowth, electricity was added, and Alan Hartwell



The free summer concert series at the Hartwell Memorial Bandstand in Tiltil Island Park kicks off July 3 with Studio Two, performing hits and album cuts from The Beatles' early catalogue.

personally bought and paid for the bandstand, lighting. decorative an ornamental bridge, and park benches." The Savina Harwell Memorial Bandstand" would stand as a monument to a love story and become the centerpiece of a place where people could gather, see old friends and hear some great music on Sunday evenings in July & August.

Savina struggled with MS in her later years, yet she had been an enthusiastic participant in summer activities in Tilton and Northfield. She inspired many people and encouraged them to overcome their difficulties with her positive attitude and determination. She had deep

affection for the people of both towns and had formed many friendships over the years.

(There is a dedication plaque on the Island which notes this.) He did not want people to forget her. She was, the love of his life.

Alan was a record producer and enjoyed the task of bringing some wonderful musicians to the Savina Hartwell Memorial Bandstand on Tilton Island Park and a tradition was born. Savina's vision had come to fruition. For many years Alan paid for the free concert series personally. Over time, he was able to get some help from local business who graciously agreed to help sponsor some of

Bank, Kenny Partridge Construction and Gale Insurance have been in since in the beginning the towns of Tilton and Northfield underwrite some, the T-N Rotary, and the Salatiello Family Trust contribute and the rest is paid for by the Hartwell family.

Alan dutifully ran the series until his passing in 2011. The Bandstand was renamed the "Alan & Savina Memorial Bandstand" at that time, and their daughter Allison Hartwell stepped up with her husband and children to keep the long-standing tradition of Free Summertime Concerts going in hon-

COURTESY

the concerts in the se-

ries. Franklin Savings

or and loving memory of both of her parents. The concerts draw people from all over New Hampshire, Massachusetts and even visitors from other countries who were on vacation have stopped to enjoy the summer concert series.

Now in its 22nd year-it is the longest running Summer Concert Series in New Hampshire.

The family is committed to continuing the series and have lined up some of the areas best entertainment to appear Sunday evenings permitting) (weather in July & August from 6-8:30 p.m.

# **Tickets for Village Sunset Dance** performance at Canterbury Shaker Village now on sale

Aug. 5 event will include the premiere of a new collaborative work inspired by original Shaker dances.

CANTERBURY Tickets for Village Sunset Dance Performance "RELEASED" at Canterbury Shaker Village are now on sale. The event will take place at the Village on Friday, Aug. 5 at 7:30 p.m.

This inaugural performance is being curated by Canterbury Shaker Village's Resident DanceMaker Lorraine Chapman and will feature works by outstanding choreographers including the premiere of a new collaborative work inspired by original Shaker dances. This



Tickets for Village Sunset Dance Performance "RELEASED" at Canterbury Shaker Village are now on sale. The event will take place at the Village on Friday, Aug. 5 at 7:30 p.m.

Shaker Dance Revival es and dancers. Project, a strategic program that honors Shaker dance while rethinking these traditions for a Guggenheim Fellow,

This original piece, co-created by choreographers David Parker,



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program is part of the contemporary audienc-

SEE DANCE, PAGE A15





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### SUSPECT

CONTINUED FROM PAGE A1

warrants for Cheney in Laconia, so we were already on the look out for him. He didn't wear a mask or anything to hide his face when he held up Tilton Express so we were able to iden-

### BELMONT

CONTINUED FROM PAGE A1

that the arrival of their once anticipated graduation day is proof of how quickly time does pass.

In closing, she urged her classmates, "Always have an open, humble heart but a strong and steady mind. Never settle for less than you believe you deserve and always strive to be the best person you can be. Seize every opportunity you get and when the world pushes you down, push back."

Salutatorian Michael Sanborn said that with everyone soon heading off for college, the military or to join the workforce there was certainly some unease over what the future will hold. The past 12 years of education have left them each well prepared for the unknown however, he assured them. He simply asked that they "soak it all in" and let their feelings and knowledge guide them wherever they go.

"Let us never waver as we go into the unknown...for we are the masters of our own fate," said Sanborn. "What matters, what truly matters, is the journey."

Valedictorian Carol Lipshultz looked back over the changes they had all experienced, laughing about old Facebook photos and marveling over how her class helped make

tify him as the suspect in this crime right away," said Cormier.

At the time of the robbery, Cheney was dressed in all black and was wearing a black ball cap. Pointing a black gun at the clerk, he demanded all the cash in the register and made off with what

gave parents, teachers and students help when it was needed.

Turning his attention to the Class of 2016, though, he was full of praise for his last graduating class and said they were now off to begin their lives, each with "a jolt of reality" that they can recreate themselves all over again. He only asked that along the way they remember to foster themselves and grow in passion, tenacity and grit.

Cormier could only describe as a "substantial amount of money."

Thankfully, he added, no one was injured in the course of the robbery.

Cheney fled onto Lancaster Hill Road in a red 2001 Ford Expedition. That vehicle was later recovered by

Passion, he said, they already had plenty of so he merely reminded them to continue to look for the positive in life and work toward the things that make them happy. Tenacity, he told them, would be needed when times inevitably get difficult. But grit, Clary said, is what they need to continue to live life like it's a marathon, not a sprint; something he has already seen in many of their deeds and actions over the past

police and is currently being processed for evidence in the crime.

Cormier said Cheney is known as a member of the Latin King Gang and should be considered armed and dangerous.

Anyone with information about the crime or knowledge of his

four years.

"This class has such unbelievable character and spirit and they're about to show that to the world," said Clary.

Among the 86 graduates, five received diplomas of distinction, which signified they went above and beyond in both their studies and community service to earn that honor. Twenty students were awarded high honors this year, another 20 graduated with honors,

ntly whereabouts is asked c ev- to contact Tilton Police at 286-4442 right away.

> Last week's robbery is one of eight crimes that have plagued the busy Tilton Shop Express over the past several years. Beginning with an after hours burglary in 2003, there have been two other

and 29 members of the Class of 2016, a third of the class, were State Scholars.

During the ceremony Assistant Principal Rick Acquilano also presented the final awards to three members of the class. The Rev. F.W. Fitzpatrick Award for citizenship was given to Cory Yelle; Nina Papps received the Kenneth B. Muzzey Award for outstanding service to the community; and Veronica Harris received burglaries in 2008 and 2014, two attempted burglaries in 2008 and 2012, and two previous armed robberies in 2012 and 2013. Suspects in each of those cases were apprehended.

Tilton police have increased their patrols in the area to prevent any future incidents.

the prestigious Roland S. Kimball Award given annually to the best allaround student.

The day also included the traditional slide show and presentation of flowers to family and loved ones, along with music from the Belmont High School Band. Under the direction of Lauren Fountain they performed, "Pomp and Circumstance," "Cajun Folk Songs," "Olympic Spirit" and "Summon the Heroes."

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changes at BHS in many ways. She congratulated them for advancing the perception of the arts, learning to be kind and understanding of others socially and all the other things they experienced as they flowed along the river of life.

While some, like herself, can be resistant to change now and then, she felt they will all continue to accept change in the days and weeks and years to come.

"Tve begun to realize we can influence change; moving with it instead of against it. These graduates have chosen to move with the river, to be positive influences upon our society," said Lipshultz. "We will be graduates that fight for our country, work hard for ourselves and others, and move further along our educational paths."

Continuing her metaphor of the river of life, she encouraged her fellow graduates to keep rowing toward a bright future.

"We can embrace the push of the river, keep directing ourselves around obstacles, and help others along the way. It's time to grab our oars, and start moving around the next great river bend: graduation," Lipshultz said.

Retiring Principal Dan Clary also addressed the families for a moment, saying he hoped his lasting legacy at BHS would be that he

### (603) 520-8510 Email: maureen@salmonpress.com or call Beth at 279-4516 ext. 130



### WRHS

CONTINUED FROM PAGE A1

some "words of wisdom" from his grandmother.

From his Uncle Richard, he said he learned "Don't be stupid," and a family friend had told him long ago, "Always try to do your best."

Those bits of advice echoed throughout his speech as he told the Class of 2016 to work hard, save money, chose wisely, be responsible and, finally, remember that relationships take work,

"Avoid bad influences...don't be stupid. Try your best," McMaugh advised.

Expect the unexpected in life was perhaps another implied piece of advice. His speech was interrupted several times from students cued to stand up and challenge him as he addressed the audience. An "alligator and a snorkeler" also made a brief appearance as something McMaugh said he had contemplated ideas for his speech and an unexpected "public service announcement" was delivered on cue in a note from Officer William Patten of the Tilton Police, stating that the assistant principal's car was being towed.

In between those hilarious moments, Mc-Maugh asked the gradu-

ates to look under their chairs where pencils, along with yellow and blue sticky notes were placed. On the blue slips of paper he had them write down a regret, while on the yellow slips they were asked to write a word or two of wisdom to pass along to next year's freshmen class. He then instructed the graduates to place their notes on a giant poster board hanging on the wall of the gym before leaving that night. The poster, he said, will be laminated and hung in his classroom next year.

"This will be your legacy...You'll be immortalized in sticky notes," McMaugh declared. He finally told the graduates they would probably never see him again and that could be a good thing, because they all need to go off and do great things.

Finishing with the words of his grandmother, who once said, "Don't leave people scratching their heads about what to put in your obituary," he proclaimed, "Remember- do your best. Don't be stupid. I'm outta here!" and raced out of the building to their thunderous applause.

Salutatorian Tea Michaloski later ended the ceremony a calmer note by saying her classmates should all look forward to the new beginnings that lie ahead and not be afraid of the future, even when failures may set them back for a time. She concluded with a quote from Ed Helms, which read, "Don't be afraid of fear. Because it sharpens you, it challenges you, it makes you stronger; and when you run away from fear, you also run away from the opportunity to be your best possible self."

Awards presented that day included the Activity Council Award to Henry Stock; the Athletic Council Awards to Marissa DeBlasie and Christian Serrano; the Community Service Award, which went to Meghan LaBelle; the Daniel E. Stockwell Award wnner was Meghan Szacik; and the Alfred H. Pucci Award was given this year to Tim Harmon and presented by 2015 recipient Ghillian Finemore.

Members of the 2016 award-winning high school music department also provided musical entertainment throughout the evening. The WRHS Chamber Singers sang the national anthem and "Letting Go," while the WRHS Concert Band performed "The Phantom of the Opera," "Pomp and Circumstance," "Pique Dame," and "Minas Morgul" from "The Lord of the Rings."

### FLAG BOXES

CONTINUED FROM PAGE A1

mother's mantelpiece honoring his father.

Susan Goodman and Theresa Drury of The New Hampshire Veteran's Association's Ladies Auxiliary presented \$200 for next year's project.

"I came from a military family, every male member of my family has served," said Susan Goodman, vice president of the Ladies Auxiliary. "We know how much these boxes mean to families. We just appreciate what you do."

Tim Goodman of the Veteran's Association presented \$500 to the flag box project.

"We appreciate very dearly what you've done for us," said Bill Bertholdt, president of the Veteran's Home's Resi-



Linda Goodman, vice president of the New Hampshire Veteran's Association's Ladies Auxiliary, presents a \$200 check to Sean Walsh towards next year's flag box project.

dent Committee.

He said these flag boxes are well received and well appreciated.

"We thank you for your efforts and activity and all the grit and grime and hard work you put into it," Bertholdt said.

He also thanked the Veteran's Association for donating to this effort. He also asked the students not to forget education, saying when he was a teenager the only option after high school for many was the Army, jail, or work.

O'Riordan said he was proud of the work the students did, saying this project is an opportunity for cross-generational



Sean Walsh and members of his woodworking class, who built the flag boxes.

ERIN PLUMMER



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Steve O'Riordan and members of his business class, who helped raise money for the flag box project.

connection.

"It's amazing; not only are they gaining some experience, they're giving back to the community," Walsh said.

Student Aiden Blais said coming and meeting the veterans and seeing their reactions really made this effort worthwhile.

"We could have made anything, but this is definitely worth it," said Patrick O'Conner.

O'Connor said they

#### got a lot of help from their teachers for this effort.

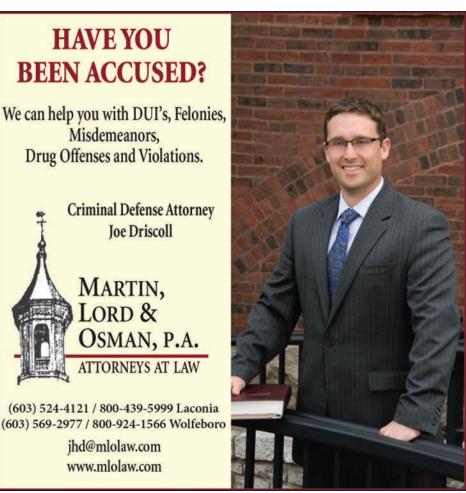
Logan Essaff said without this support, "None of this would have been possible."

"Mr. Walsh's put in a lot of long nights," said Ian McNeil.

GHS Principal Anthony Sperazzo said it as great to see the kids coming together for such a worthy effort, knowing that these boxes will eventually go to the veteran's relatives. He said this is an effort that starts from the ground up.

"It's great to have the intergenerational connection, to recognize what these veterans have done for all of us," Sperazzo said. "It's just a small token of our thanks for what they've done."

O'Riordan said they plan to continue this project for as long as possible.



# Lakes Region Chamber Golf Classic Monday, June 20

LACONIA — Come out and support your local business community at the Lakes Region Chamber's Annual Golf Classic. Play golf on the Lakes Region's oldest, most prestigious, private18-hole golf course. Spend the day networking with area business leaders while enjoying the picturesque sce-

nic views that Laconia Country Club offers. The Lakes Region Chamber's 2016 Golf Classic will take place on Monday, June 20 with a 9 a.m. Green Flag jump start.

This year's golf event will feature two holein-ones contests with a chance to win a car sponsored by Irwin Automotive Group and a \$10,000 cash prize sponsored by Melcher & Prescott Insurance. The Chamber has partnered with the New Hampshire Motor Speedway in support of the upcoming NASCAR Sprint Cup Series Weekend in July. Checkered flags will fly on each green. The track's pace car will be on display. Spot the Budweiser Beer Cart circling the golf course, take part in the putting and longest drive contests, enjoy a BBQ pit stop near the back 9 and end the day with networking at a hearty lunch in the newly renovated clubhouse.

Don't be left at the office! Some of the biggest business deals are made on the golf course. Register just yourself or a team of four today. Open to the public. Singles and pairs will be combined to make four person teams. All proceeds benefit the Lakes Region Chamber of Commerce's workforce development initiative. To register, go to LakesRegionChamber. org or call the Chamber at 524-5531.

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visitnh.gov. The LRTA

office is on Route 3 in

Tilton, and it can be

reached by calling (800)

60-LAKES.

Thank you to the 2016 Chamber Golf Classic sponsors: Irwin Automotive Group, Melcher & Prescott Insurance, Franklin Savings Bank, AutoServ of Tilton, Pike Industries, Meredith Village Savings Bank, ServPro of the Lakes Region, Graham & Graham PC, Cross Insurance, GMI Asphalt, Metrocast Business Services, Gunstock Mountain Resort, Bank of New Hampshire, Malone Dirubbo & Co PC, Mill Falls at the lake, Phenix Title Services, T-Bones/Cactus Jack's of Laconia, New Hampshire Motor Speedway and The Winnipesaukee Playhouse.

The Lakes Region Chamber of Commerce is a non-profit, 501c-6 organization made up of more than 455 members who make a financial commitment to the Chamber and to the more than 22 communities. Chamber members work together to improve business in the Lakes Region and the quality of life for residents. For more information about the Lakes Region Chamber, an online business directory or a list of community events, visit LakesRegionChamber.org, Facebook, Twitter, or call 524-5531.



# Celebrating Independence in the Lakes Region! *From fireworks to hometown hoedowns!*

REGION — The Lakes Region is a wonderful place to celebrate the Fourth of July surrounded by good ol' family fun during this long weekend. From fireworks to parades to celebrating this nation's history the Lakes Region has something for all ages.

Celebrate all weekend with NASWA at their Freedom Celebration with Sam Adams. What better way to celebrate our nation's history than catching some rays on the sandy beach at their annual event that is sponsored by Sam Adams Brewery. Starting July 1 and continuing all weekend till Sunday, July 3. For more information, visit www.NASWA.com

Looking for a quiet way to enjoy this holiday weekend? Visit the Tarbin Gardens for their Flowers with Fragrance self-guided tour featuring plants with fragrance. Tarbin Gardens will be providing a map and there will be flagged areas throughout the garden. For more information, visit www.tarbingardens. com Enjoy fireworks from the deck of the M/S Mount Washington on the Fourth of July. It is a beautiful sight to see, the bursts of color in the sky and reflecting off the water. You can relax and enjoy a cruise with dinner, dancing and much more. The July 4th firework party cruise leaves Weirs Beach at 7 p.m. and will return around 10 p.m. For your tickets, visit www.cruisenh.com. Waterville Vallev's annual Fourth of July Parade will start at 10 a.m. on Monday, July 4.

ticipate by joining spectators, walking in the parade or helping with a float. Waterville Valley will also have live entertainment on the gazebo stage in town square and fireworks over Corcoran Pond. For more information, visit www.watervilley. org/recreation.html.

All are welcome to par-

Celebrate your weekend and the birth of America with American made arts and crafts at the Fourth of July Craft Fair at the Gunstock Mountain Resort. Check out a fabulous array of homemade fudge, art, handcrafted teddy bears, stained glass and more all while listening to live music. From 10 a.m. to 4 p.m. on both Saturday, July 2 and Sunday, July 3. The Gunstock Craft Fair is free to the public and offers free parking. For more information, visit www.joycescraftshows. com.

Spend Fourth of Julv weekend at Bretton Woods and Omni Mount Washington Resort's popular annual celebration. This celebration is a family fun event that will showcase fireworks, musical performances, barbeques, and classic family activities. Make a reservation for this weekend in advance as it tends to be a popular weekend to visit the area. For a list of their events, visit www.brettonwoods.com/freedom.

This exhibit also displays the "Willie Gillis" series of covers, which follow a fictional everyman throughout the war. This exhibit will be shown at the Wright Museum now until Aug. 21. For more information, visit www. wrightmuseum.org,

There are many dining options in the Lakes Region over the long Fourth of July holiday weekend. Located inside Church Landing at Mill Falls at the Lake, the Lakehouse will be serving a Jazz Brunch on July 3 from 9 a.m. to 2 p.m. Enjoy live music and open mic all weekend at the Woodstock Inn in North Woodstock, or try the Giuseppes Pizzeria in Meredith for nightly entertainment all weekend along with their award-winning pizza, pasta, steak and much more.

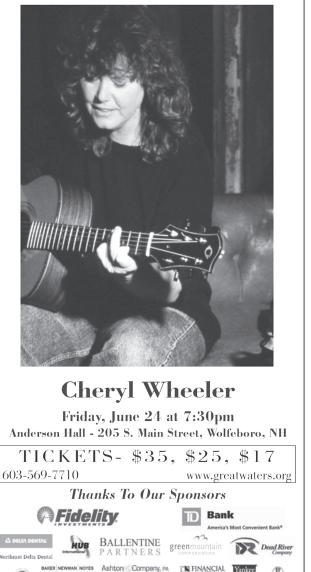
Looking for some new fashionable summer clothes for your Lakes Region vacation? Find your favorite name brands by shopping at Tanger Outlets during the big Fourth of July sale. Tanger Outlets is offering extra savings to anyone who shops during this sale 4-day sale that starts July 1 and runs through the Fourth of July. http://tangeroutlets.com/tilton. Ever wonder what goes on behind the scenes at Riding in the Clouds? Bobby Towle will be doing a special presentation called Walks and Talks that will give you a chance to meet and learn about the horses of Castle in the Clouds. The Walk and Talk event is a great family event. To find out more about this event on July 4, visit www.castleintheclouds.org.

The Lakes Region has plenty of events for the whole family on July 4 weekend, from horseback riding to shopping to celebrating our nations birthday. So, bring your family and have a Lakes Region of New Hampshire Vacation on this holiday weekend.

> About the LRTA The Lakes Region

Tourism Association is the official tourism board of the region, representing close to 100

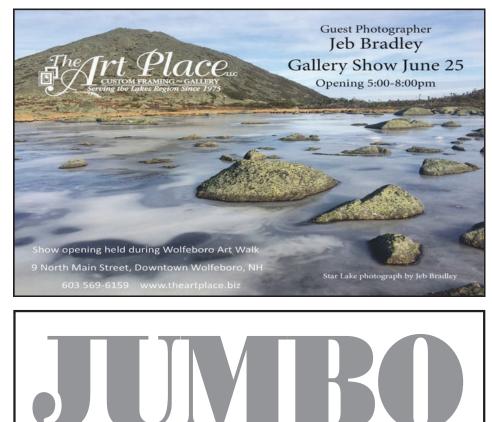
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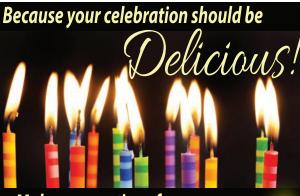
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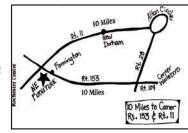
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#### June 16, 2016 A15

### DANCE

CONTINUED FROM PAGE A10

Lorraine Chapand man, a Dance Magazine "25 To Watch," will be performed by their award-winning companies The Bang Group and LCTC.

"RELEASED" will also feature works by the ineffable Diane Arvanites: Boston treasure Marcus Schulkind; and Doppelgänger Dance Collective-comprised

of Shura Baryshnikov and Danielle Davidsonwho will perform a duet titled "The Two Body Problem" by internationally known technologist, choreographer, and writer Sydney Skybetter. The

program concludes with an excerpt from "Brilliant Being," a devised work using dance and technology evolving synchronously through collaboration with a team of artists/ faculty members from

the Music, Theatre, and Dance Departments at Plymouth State University, including NH-based choreographer Amanda Whitworth of Tributary Dance NH; projection mapper, scenographer, and technologist Matt Kizer; playwrite Paul Mroczka and composer Jonathan Santore.

Tickets are \$45 General Admission; \$75 VIP (includes pre performance reception); \$15 students and children. Ticket purchase at any

a public presentation de-

livered by Senator Hos-

mer, Mayor Engler and

members of the Kara-

gianis family. We will

commemorate the nam-

ing of 'Peter Karagianis

Way' and present the

plaque designating the

11:30 a.m.

ing, 4 p.m.

p.m.

Camping

level includes admission to Village Rising on Saturday, August 6, which will feature a second Shaker Dance Revival Project performance, "Rising & Rotating." For more information or to purchase tickets, visit www.shakers.org.

#### **About Canterbury** Shaker Village

Canterbury Shaker Village is dedicated to preserving the 200-year Shaker legacy of innovative design, entrepre-

ter of Historic Places.

to Peter Karagianis' re-

neurship and simple living by providing a place for learning, reflection, and renewal of the human spirit. Visitors are encouraged to rethink tradition by learning about the life, ideals, values, and history of the Canterbury Shakers. The National Historic Landmark includes 25 restored original and four reconstructed Shaker buildings, and 694 acres of forests, fields, gardens, nature trails, and mill

ponds under permanent conservation easement. The Village cafe offers simple lunch fare and the Museum Store features unique gifts and wares handmade by regional artisans. Canterbury Shaker Village, located at 288 Shaker Road in Canterbury, New Hampshire, will be open daily in 2016 from May 14-Oct. 21 and weekends between Oct. 22 and Nov. 27. For more information, visit www. shakers.org.

#### homeless community.

We hope you stop by on June 23 and join us in honoring Peter Karagianis.

> Allison Ambrose On behalf of the Belknap Mill Society Laconia

"The 100 Year Miracle: A Novel" by Ashley Ream (Audio)

"The City of Mirrors: A Novel" by Justin Cronin (Audio)

"The Preacher: Book One" by Garth Ennis (GN – Book 2 and 3 also available)

New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

press



# AMBROSE

CONTINUED FROM PAGE A4

Mill and the many others that once drove the regional economy. The Belknap Mill remains a proud representative of today's industry, a sym-

### HAPPENINGS

CONTINUED FROM PAGE A2

take home straight from the pub. You're not a patron yet? No problem, just present a valid picture ID showing you are a resident of Tilton

### NOTEBOOK

CONTINUED FROM PAGE A5

up and then the 1940 construction of the huge Murphy Dam now backing up Pittsburg's and Clarksville's Lake Francis, a roughly 2,000acre impoundment that flooded a major stretch the northernmost of Connecticut River Valley, inundating a dozen farms and the verdant valley's roads, bridges, schoolhouses and cemeteries. Crews moved caskets and some buildings, logging companies salvaged the timber, and the waters crept up over a major chapter in the territory's history.

The entire project, I've always heard, was "sold" to Pittsburg people and neighboring towns as a flood control project; and indeed this clarion call had a nice

bol of the fortitude of our community and our ability to evolve and prevail. Please join us at the Belknap Mill on Thursday, June 23 as we honor

the great legacy Peter left to us. The celebration will begin at 9 a.m. with

or Northfield, and we'll create your card on the spot. Plus for just stopping by, you'll be entered to win a Hall Memorial Library Goody Basket.

#### Wednesday, June 22 Story Time, 10:30 and

ring in the aftermath of the Hurricane of '38.

Indeed, I've never heard that the acquisition of property destined to be flooded was a "taking" in any way, as was the case with much of the Tennessee Valley project. "There was no money," recalls longtime resident Burnham "Bing" Judd, describing the poverty of the region. Landowners, it was said, leapt at the chance to sell.

Not long later, during my own lifetime, work began on what is now the gigantic Moore Dam Lake in Littleton and surrounding towns, flooding much of the fabled Fifteen Mile Falls; and soon after, Monroe Dam, likewise inundating falls and rapids. vividly remember Ι my grandfather Merton White taking me at the age of six or so to a promontory near Littleton, where we could look down on logging crews and bulldozers at work along the soon-to-be-

cilitates... No cards? We

flooded river far below. Today, the entire complex of dams and reservoirs---from Monroe Dam to Moore Dam and all the way up to Second Lake---is manipulated to produce electricity for TransCanada Hydro Northeast. It maintains a great picnic, launching and swimming area at First Connecticut Lake, and at many other sites on down the system. I once had a fine time visiting with one of the company's maintenance crews as they picked up trash at what has become, unfortunately, a traditional party site

Arts and Crafts, 3:30 Friday, June 24 Sit and Knit, 2-5 p.m. Air Dry Clay Project Teen, 3 p.m. **Pick Your Flick** Magic the Gather-Saturday, June 25 Chance Anderson fa-Let's Go Lego, 10 a.m.

share.

#### +++++

necticut, and gravity, as in "hydro power," was downgraded as a viable "renewable," on the basis of its widespread collateral damage?

What if shoreline owners in Pittsburg found their wharfs and boats and camps and businesses looking not out across the waters of Lake Francis but instead down into the original upper river valley?

Belknap Mill as a propermarkable commitment ty on the National Registo save the Belknap Mill. We are also delighted Following the ceremoto feature the grand reny and throughout the opening of Riverside day, the Mill will be open Gifts at the Mill, and an for cake and will feature exhibition of work prea special exhibit devoted sented by River Crew Art

> **New Items** "Magruder's Curiosity Cabinet: A Novel" by H. P. Wood

> and created by Laconia's

"The After Party: A Novel" by Anton DiSclafani (Audio)

"LaRose: A Novel" by Louise Erdrich (Audio)

And what if the Fifteen Mile Falls, buried for lo these many generations, were suddenly running open and free, their valleys recolonized by trees, people and fish?

(This column runs in weekly newspapers covering two-thirds of

Fifteen Mile Falls.

And now we get into

the "What if?" The power from Moore and Monroe dams represents a mere trickle on a national scale. What if the growing contributions of solar and wind and biomass were perceived as mitigating the removal of hydropower on the Upper Con-

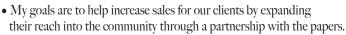
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# SPORTS



# Locals cap season at 71st New England Championships



JOSHUA SPAULDING

Belmont junior Eli Allman clears a hurdle in the 110 meters at Saturday's 71st annual New England Interscholastic Track and Field Championships at Veterans' Stadium in New Britain, Conn. Allman closed out his state championship-winning season by placing 19th overall in the event.

#### **BY JEFF LAJOIE**

jlajoie@salmonpress.com NEW BRITAIN, Conn. – The rain came down, but the local athletes persevered in the final meet of the track and field season on Sat-

final meet of the track and field season on Saturday. Three locals compet-

ed in the 71st annual

New England Interscholastic Track and Field Championships, where heavy rains made for tricky conditions at Veterans' Stadium in New Britain, Conn.

Belmont High School junior Eli Allman had the top finish on the day, as the NHIAA Division III state champion in the 110-meter hurdles nabbed 19th overall in his first New England meet. Allman, who entered with a seed time of 15.82 seconds in the 110 hurdles, crossed the line with a time of 16.20 seconds in

the wet conditions. He survived a heat that featured a false start, forcing the entire pack of runners to retreat to the starting line after clearing the first hurdle.

Nathan Narcisse of Classical High School in Rhode Island cap-

E MOTORCYCLIS

tured the New England championship, winning in the finals with a time of 14.57 seconds.

Red Raider teammate Kyle Gelinas closed out his career with a New England appearance, and the senior raced to a 20th place performance in the 1,600 meters. Gelinas actually improved his seed time despite a downpour that came through during his event, and he crossed with a time of 4:28.61, bettering his seed by .16 seconds. Gelinas finished fourth in his SEE **TRACK**, PAGE B2



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JOSHUA SPAULDING Senior Jaila Remillard of Winnisquam heads down the 100-meter hurdles course in New England

Championship action in New Britain, Conn. on Saturday. Remillard closed out her high school career with appearances in the hurdles and long jump.



Sports Editor - Joshua Spaulding - 569-3126 (phone) - 569-4743 (fax) - sportsgsn@salmonpress.com



JEFF LAJOIE

Belmont senior second baseman Courtney Clairmont tosses the ball back to first base ahead of White Mountains' Tristen Enderson to complete a double play in the fourth inning of the Raiders' 4-1 loss to top-seeded White Mountains in the NHIAA Division III quarterfinals on June 6 in Whitefield.



Megan Prescott of Belmont hustles down the line to beat out a bunt single in the Raiders' 4-1 loss to White Mountains on June 6.

# **White Mountains** stops Raiders in quarterfinals, 4-1

#### BY JEFF LAJOIE

jlajoie@salmonpress.com

WHITEFIELD – Mere minutes after their high school athletic careers officially came to an end, Megan Prescott and Courtney Clairmont stood quietly on the infield dirt at White Mountains Regional High School. Tournament wounds still fresh, the Belmont High School seniors took solace in their team's ability to play the top-seeded Spartans as tough as anybody this spring.

"We had confidence in ourselves and how we played against them last time (a 7-4 loss in April)," said Clairmont, the team's second baseman. "We weren't intimidated to play them again."

Sure, losing is never the enjovable way to go out. That was not what the pair and their team-

mates wanted from the long trip to the North Country on June 6. But despite falling 4-1 in the NHIAA Division III quarterfinals, it was a second straight season of double digit wins for the Red Raiders. The team's only two seniors were lynchpins in the program's ascension towards one of the elite squads in D-III.

"Not wearing this represent jersey to my school anymore... it won't quite be the same," admitted Prescott, who tossed a complete game in the pitching circle.

Belmont, which won 13 games for the second year in a row after posting a total record of 13-5, steadily moved up its win total with the two seniors in tow. The tans to just one run into squad went just 4-12 the sixth inning. during their freshman seasons in 2013 before

upping it to 9-9 as sophomores. Then came the last two breakout campaigns.

"This program has really improved these past few years and these two seniors had a big hand in that," offered Belmont head coach Bill Clary.

The game itself was very much a playoff contest, with good pitching, solid defense and little margin for error. Belmont, the eighth seed in the D-III field, had the unenviable task of trying to slow down an undefeated White Mountains team that entered the day outscoring its opponents this season by an impressive 199-27 margin. Prescott did a nice job, limiting the Spar-"(Prescott) throws a lot of strikes so we knew

we had to play good defense today knowing that we likely wouldn't score a lot of runs against her," explained White Mountains head coach Forrest Hicks.

The Raiders trailed 1-0 until White Mountains added some big insurance runs in the bottom of the sixth. Tristen Enderson, Kylee Bailie and Macie Millett all had RBI hits, and the Spartans extended their advantage to 4-0.

Belmont didn't go away quietly however. Sophomore Jordyn Lavallee led off the top of the seventh with a triple and scored on a bunt from Clairmont to make it a 4-1 game. Freshman Makenzie Donovan added a single later in the frame and took second on a ground out, but White Mountains pitcher Kat- got off to a big start, as lyn Coulter managed freshman Julianna Es-

to shut the door and secure the victory that punched her team's ticket to the D-III Final Four.

"We hit the ball well today, unfortunately it was mostly all around the eight-foot (pitching) circle and (Coulter) made all the plays," Clary said.

Prescott allowed just three hits through the first four innings as Belmont stayed right with the Spartans. The close contest didn't exactly please Hicks.

"You can't let a team like (Belmont) hang around in a game like this because anything can happen," he said. "But with our offense this year, at any time, I expect one of those girls to change the outlook of a game."

The Raiders nearly

tremera doubled to lead off the top of the first inning. But on a dropped through strike one batter later, Estremera was thrown out trying to take third base, and Belmont was unable to cash in. The Raiders also had a runner thrown out at third in the third inning.

"I give (Belmont) credit for being aggressive and trying to make something happen because we haven't been giving up a lot of runs this season," said Hicks. "We were able to make the plays and shut them down."

Prescott finished with four strikeouts on the day and she walked just one, while adding a pair of infield singles at the plate. Clairmont made a nice double play on a line drive she snagged in the fourth inning.

### TRACK

CONTINUED FROM PAGE B1

heat, motoring down the final straightaway after an outstanding effort.

Eric Vanderels of Brien McMahon High School (Conn.) was the

1.600 winner in 4:12.47. while Inter-Lakes High School's Cam Daly was the top New Hampshire finisher in fifth place overall.

Winnisquam Regional High School senior Jaila Remillard capped her brilliant career with appearances

in two events on Saturday. Remillard best finish came in the 100-meter hurdles, where she placed 23rd overall with a time of 16.27 seconds. Danbury, Conn.'s Bridget Chiaravalle was the winner, crossing in 14.49 seconds.

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millard finished 24th overall with a top leap of 15 feet, 9.25 inches. She fouled twice in her three attempts, marking her second leap to get on the board and figure into the final standings. Brianna Duncan of Cambridge (Mass.) captured the New England title with an impressive jump of 18 feet, 11.25 inches.

JOSHUA SPAULODING (Left) With the rain coming down in buckets, Belmont senior Kyle Gelinas moves through the 1,600 meters at Saturday's New England Championships in New Britain, Conn. Gelinas finished 20th overall in the event, improving upon his seed time despite the miserable conditions.



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# Three in a row as unified Bears continue dominance

#### **BY JEFF LAJOIE**

jlajoie@salmonpress.com

NASHUA - For the third year in a row, the Winnisquam Regional High School unified volleyball team ruled the Granite State.

The Bears captured their third consecutive NHIAA Division I state championship on Saturday, traveling to Nashua North High School for a 2-0 sweep of third-seeded Spaulding High School in a rematch of last year's title tilt, also won by Winnisquam.

The victory capped yet another undefeated season for the Bears under head coach Mike Livernois, as the club went 9-0 after six regular season wins and a trio of postseason victories. The squad beat Gilford in the semifinals and Inter-Lakes/ Moultonborough in the quarterfinals to reach the championship, where they swept Spaulding to take more hardware back to Tilton and continue what has become a downright dynasty.

#### Winnisquam 2, Gilford 0

Fifth-seeded Gilford fell behind 15-1 in the first game before getting its bearings from there in the semifinals on June 9. Danielle Cote was in the middle of everything defensively for the Eagles, as she recorded a plethora of digs to keep the visiting side alive. Cote helped Gilford chip away and pull within 19-9, while Michaela Ralls set the table as the team's setter. Ralls made key passes to Cote. Katlynn Hamel and Allyson Paige throughout the frame, but Winnisquam closed the set well on the strength of play from Richard Estes and Megan Hanrahan to earn the 25-12 win.



IFFE LAJOIE

Winnisquam's Caitlynn Allerdice (20) gets up to hit the ball past Inter-Lakes/Moultonborough's Nick Saylor in the quarterfinals of the NHIAA Division I tournament last week. The Bears swept matches against I-L/MA, Gilford and Spaulding to capture their third consecutive state title.

Winnisquam bounded thanks to a 10-0 run however, using the play of Caitlyn Allerdice, DJ Aldridge and Caleb Adams to take a 13-6 advantage.

Hamel's kill pulled the Eagles within 14-12, though Adams came through with a huge play for the Bears to put the hosts up 18-12.

An ace from Paige enabled Gilford to stay within striking distance, though Estes managed to close out the victory for the Bears with back-toback aces and a 25-16 win that sent his team through to the finals.

#### Winnisquam 2, I-L/MA 0

For the first time in program history, the Inter-Lakes/Moultonborough unified volleyball team reached the postseason this spring. But the maiden playoff voyage for the Lakers began - and ended with quite the difficult matchup. Eighth-seeded I-L/ MA found itself paired with the dominant Bears on June 7. On the road, the Lakers were unable to pull off the upset, ending its season with a 25-7, 25-12 loss to Winnisquam that ended their season with a record of 2-4 overall. Winnisquam got off to a solid start, storming out to a 10-2 lead in the opening set before

re- I-L/MA's Nick Saylor stopped the run with a kill on a wild scramble.

> The Bears continued to play well, using the combination of Caitlynn Allerdice, Richard Estes and DJ Aldridge to extend the advantage to 16-4.

> Off the bench, I-L/ MA's Donovan Barry came up with two key digs, converting them into points with help from teammates Pauline Donaldson and Reece Crutchfield. But in the end, Winnisquam converted an ace on set point to take a 25-7 win in the opener.

Caleb Adams put down some strong serves to continue the momentum for the Bears in the second frame, and the squad took an early 5-1 lead. Teammates Chantal Cremer and Aldridge were also key cogs in the early portion of the second stanza.



The Winnisquam unified volleyball team captured the program's third consecutive NHIAA Division I state championship thanks to a sweep of Spaulding on Saturday.



Gilford got off to a strong start in the second set, with Cote putting down an ace to give the Eagles a quick 2-1 lead. Hamel added a kill for a 6-3 lead. and the Eagles looked poised to push the Bears in a big way.

I-L/MA played better in the second game, staying within 9-4 and then 12-6 under the leadership of senior partner Alanna Bengtson and athlete Jamie Lamprey.

Thanks to the scrappiness of senior Emily Ledger off the bench in the frame, the Lakers were still hanging on down 17-9 to the two-

Caleb Adams of Winnisquam connects with the ball in his team's victory over Gilford in the semifinals on June 9.

time defending champs after a point from Robert Sturgeon. But an Aldridge ace helped the Bears create some separation, and an ace on match point from Cremer put things



Winnisquam through away to secure the 25to the semifinals. 12 victory that sent

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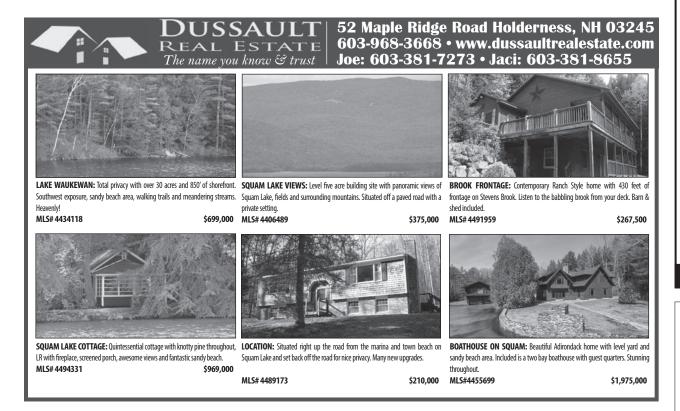
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#### 119 Old Village Road Northumberland, NH

2 story Colonial on 2.3 acres with 2,352 square ft of living area, built 1989, 4 bdrms, 2.5 baths, first floor laundry room w/chute from second floor. Large Living Room, Foyer, large Kitchen w/appliances, extra room in Master Suite can be used as a nursery or home office. Beautiful 50 ft wrap around porch with attached gazebo, 32' x 32' two bay attached garage, additional 14 x 20 outbuilding provides plenty of room to store your toys. Well maintained and landscaped with many trees, including several apple trees and a large garden space. Enjoy nearby skiing and direct access to NH snowmobile trail 5 and Vermont/ VAST trail/ bridge crossing into Guildhall, VT. Motivated seller at \$188,888.

Contact me at brucepelletier4@gmail.com or 603.326.8175



Gilford \$739,000 - #4494642

Susan Bradlev 581-2810



2392 Dartmouth College Highway, Haverhill, NH

On the above date we will sell at unreserved (property sells regardless of price) public auction the former Steenburgh Real Estate office otherwise known as the Wells Store.

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Situated on approximately .64 acres overlooking the Oliverian Brook the site provides an opportunity and challenge for the enterprising entrepreneur. During Hurricane Irene (2011) a part of the office parking area washed out . Be advised that a driveway on the south side of the property is shared w/ abutter. There are NO liens or mortgage on this property.

Terms of the sale: A deposit in the amount of \$5,000 by cash, certified check, or cashier's check must be presented to the auctioneer in order to bid. Closing within 25 days of the sale.

Warranty Deed is recorded at the Grafton County Registry of Deeds, BK 1533 PG 253. Preview: Friday, July 8, 2016 10 AM to 2 PM. and Morning of sale 8 - 11AM. Special showing may be arranged by contacting the auctioneer @ 603-989-5361 or 603-989-5690.

PRIOR TO THE AUCTION PROSPECTIVE BIDDERS SHOULD MAKE ANY AND ALL SUCH INVESTIGATION AS THEY DEED APPROPRIATE.

All information furnished is believed to be correct but no warranties are expressed or implied.

> Archie H. Steenburgh & Joshua W. Steenburgh NH Lic. #2194 & 2754

779 Jeffers Hill Rd., Pike, NH 03780 Telephone (603) 989-5361 e-mail: josh@steenburgh.com • www.steenburgh.com

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with westerly exposure. Large dock w/breakwater. Ellen Mulligan 603-387-0369



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dock, short walk to 3 beaches Barbara Mylonas 603-344-8197

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concept floor plan

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Perched above Newfound Lake is this private hilltop estate w/ breathtaking views. Set on 68+ acres w/ trails to hike hike snowmobile etc.

#### Dean Eastman 581-2842 & Kellie Eastman 581-2836



Belmont \$349.900- #4453507

has Lovely, private feeling, updated Skiffington home New Construction! Beautiful sunsets and Lake been beautifully updated. Includes dock that located in the beautiful beach access community Winnisquam views from this custom built Colonial of Crosswinds on Lake Winnipesaukee. Deeded 24' style home w/ 4 BR 2 BA

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Moultonboro \$275,000 - #4484761 mountains & water! A lovely farmers porch with 2 car garage under. Walking distance to Wakonda Pond, allows electric motors only, great fishing Kay Huston 603-387-3483



Bristol \$199.000- #4471820 One level living in this adorable ranch on a 1.9 This unique property has so much potential! There is Delightful Cape set on over 2 acres with plenty of room for gardening and more. Short walk to the town beach on wonderful Newfound Lake. an 581-2842 & Kellie Eastman 581-2836

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Great opportunity to build on 3.67+/- acre lot in

Meredith! The well is in, 5 bedroom septic system

is installed, power at lot and partial foundation is in

603-455-0275/Danielle McIntosh 603-393-593

Belmont \$154.000- #4493132 acre corner lot, 3 bedrooms plus an office. Granite a three room camp, a camper, a gazebo and a storage countertops, stainless steel appliances and brand building. A Nice level parcel with trails and 245' of

new stone patio. Ellen Mulligan 603-387-0369

frontage on Cold River Kav Huston 603-387-3483



Home Shield

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Moultonboro, 00 Solomon Lane \$95,000 - #4495419 Great Lot to build on! Low Moultonboro taxes Convenient location to shopping, close to town beaches & boat ramps. Builders take notice!

Adrien Labrie 603-455-5511

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Moultonboro \$225,000 - #449469 This move-in ready home has filtered views of the Enjoy the beautiful lake and mountain views from This Suissevale home is close to the clubhouse the spacious deck of this turn key Ranch with open tennis / basketball courts & beach access to one of the best beaches in the area, 2500' ft of sandy frontage, private and has been well cared for.

Luceen Bouchard 581-2844

Kay Huston 603-387-3483



North Sandwich \$139.000 - #4494371

Thursday, June 16, 2016 • B7



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Estate - moving sale with add'l friends setting up. 9-5 on June 17-19. Fri-Sun Tools, Trek bike, antiques work bench, gardening, pottery, books, and lots more! 1170 NH Route 175

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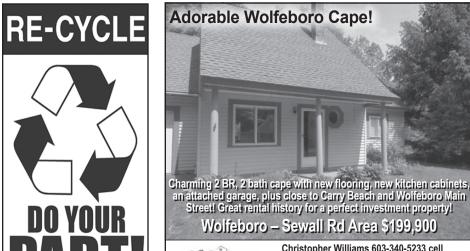
Camelot Homes. RT. 3, Tilton NH

#### Vacation Rentals

June I6-July 1 Share Squam Lake's serenity with Mirth (elderly cat). With stunning lake and mountain views, this century-old rustic camp on its own small island provides close-to-nature simplicity with convenient access, modern amenities , comfortable accommodations for up to eight. Mini-pontoon boat, Phantom sailboat, canoes, rowboats, commodious dock. Loving cat care required; rent negotiable. Contact elizakeiser@aol.com (603-279-5738 or 828-707-4271).

### **R.E.** Auctions

Father's Day Auction, Tools & more! Automotive, Construction, & estate contents. Sunday, June 19th at 12:30 PM. Visit www.robtroon.com or call 603-733-6165 or email 1robtnh@gmail.com Rob Troon, Auctioneer, Tamworth, NH Lic. #6102



Wolfeboro – Sewall Rd Area \$199,900 Lampier Christopher Williams 603-340-5233 cell P.O. Box 997 • 249 Whittier Hwy. Center Harbor, NH 03226 REAL ESTATE Office: 603-253-8131 • YourHomeOnTheLake.com

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LOW COST SPAY/NEUTER Dogs Conway clinic starting at \$100. Cats Mobile clinic NH&ME \$70-\$85. Rozzie May Animal Alliance www.RozzieMay.org 603-447-1373

### Part-Time Help Wanted

Early Childhood Position Sandwich Children's Center Part-time teacher needed 9 credits in ECE Reliable, flexible, creative individuals are encouraged to apply. Please send resume to sccdirector54@gmail.com

which makes it illegal "to make, print, or published any notice, statement or advertisement with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin, r an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777 For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275 You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation. typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

#### Rentals

Office space for rent in town Plymouth, Plymouth Professional Place. 4 rooms including large waiting area. Recently remodeled with plenty of parking, close to down town Plymouth. \$600 per month. Call Russ 536-1422

#### **Houses For Rent**

FRANKLIN~ 3 BEDROOM Close to schools and hospital. Pets considered, \$1,000/mo. Caldwell Banker Old Mill Properties Randy 744-8144

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- Middle School Science Teacher
- Middle School ELA Teacher

#### **Bristol Elementary School**

After School Program Coordinator (6 hours/day, 4 days/ per week)

#### **Danbury Elementary School**

- 2nd Grade Long Term Sub (Sept 12 -Nov 23) **District Wide** 
  - Speech Language Assistant
  - Elementary School Psychologist (4 days/per week)
  - Paraprofessionals All Levels

Interested qualified candidates should send a letter of interest, resume, transcripts, job application, and letters of recommendation to: Stacy Buckley - Superintendent, Newfound Area School District, 20 North Main Street, Bristol, NH 03222

For more information and a copy of the application go to: http://www.sau4.org/human-resources/employment-information

performing clerical, legal and administrative work for the Town Administrator, Board of Selectmen, Planning and Zoning Boards. This part-time position budgeted to work 8-14 hours a week. The position is labor grade 4 with an hourly pay range from \$12.95/hr. to \$15.02/hr. A full job description and application packet is available at the Town Office and on the town website: http://www. townofthornton.org.

This position will remain open until filled by a qualified individual.

Second round of application reviews will be July 6, 2016 Applications must be submitted to: Board of Selectmen ATTN: Part-Time Board Assistant 16 Merrill Access Road Thornton, NH 03285

The Town of Thornton is an equal opportunity employer. The position will remain open until filled.





# **MENTAL HEALTH CASE** MANAGER/SUPPORTED EMPLOYMENT SPECIALIST

Full time position with excellent benefits. Responsibilities include treatment and system coordination, care management, symptom management, crisis intervention, consumer advocacy and clinical documentation. Support individuals in working toward achieving vocational goals using an evidence-based supported employment model. Qualified applicant must possess strong communication and organizational skills, be familiar with mental health issues, be creative and enjoy working with adults, children and families. Bachelors degree with experience in human services required.

We offer a positive work environment, excellent benefits, and an intelligent, supportive team. Full time employees receive generous vacation and sick leave, eleven paid holidays, mileage reimbursement, health insurance, 403-B plan, and much more! All positions offer opportunity for advancement in a stable, diverse and growing organization.

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> Send cover letter and resume to: Northern Human Services Bobbi Lyndes-Langtange PO Box 599 Littleton, NH 03561 Email: blyndes@northernhs.org



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2nd Shift Full Time (Tues. – Sat. Schedule)
2nd Shift Part Time (Year round 28 hours a week)

Newfound Memorial Middle School

• 2nd Shift Full Time (Mon. – Fri. Schedule)

Interested qualified candidates should send a letter of interest, resume, job application, and letters of recommendation to: Stacy Buckley – Superintendent, Newfound Area School District, 20 North Main Street, Bristol, NH 03222

> For more information and a copy of the application go to: http://www.sau4.org/human-resources/employment-information

Newfound Area School District



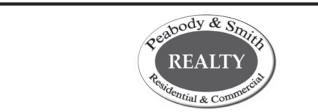
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Don't wait to apply, come in person or call Lori Hogan for more information. We look forward to you becoming part of our dynamic team.

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Newfound Area School District

### **Coaches Wanted** 2016-2017 School Year

### Newfound Regional High School

- Varsity Soccer Coach Questions may be directed to Peter Cofran, Athletic Director, <u>pcofran@sau4.org</u> or 744-6006, x1507. Newfound Memorial Middle School
- Boys Soccer Field Hockey Volleyball Football (Head Coach) - Spirit – Softball Boys and Girls Basketball - Questions may be directed to Shane Tucker, Athletic Director, <u>stucker@sau4.org</u> or 744-8162, x2504.

Interested qualified candidates should send a letter of interest, resume, job application, and letters of recommendation to: Stacy Buckley – Superintendent, Newfound Area School District, 20 North Main Street, Bristol, NH 03222

For more information and a copy of the application go to: http://www.sau4.org/human-resources/employment-information



The Alpine Clinic Physical Therapy, Franconia Now hiring for a front office secretary/receptionist in our Franconia office

We are seeking an energetic, compassionate and articulate self-starter in our Franconia Physical Therapy - front office. The ideal candidate must be able to work in an environment that requires the ability to multi task, to deal skillfully with a diverse population and age group, and be understanding of the needs of our patients and staff. We are looking for a team player who brings new ideas and energy. This position actively supports the front office function by performing all duties of a medical receptionist on a regular basis.

Responsibilities include, but are not limited to:

- Schedule and confirm appointments
- Greet patients courteously
- Answer telephones
- Registration of patients
- Collect payments
- Verify insurances
- Problem solving
- Daily financial audits
- Develop, maintain, and improve workflow processes
- Demonstrate customer service values
- Support needs of therapists

Requirements: work experience in a medical office or similar job experience, familiarity with electronic health records systems. Candidate must be proficient with Word and Excel and willing to learn new systems as needed. This person should be able to communicate effectively while maintaining a professional manner and be responsive to patient's needs.

Please forward your resume and cover letter to cemerson@thealpineclinic.com Or Mail to: The Alpine Clinic – Physical Therapy



We are seeking an **Executive Assistant, Sales Associates** and an **Experienced Vacation Rental Manager** to join our team in several offices.

**Executive Assistant** - this professional position requires excellent computer skills, administrative and organizational abilities and will require possibly splitting time between 2 of our offices in Northern NH.

**Sales Associates** - Passionate about helping others? You could have: flexibility in your schedule, the ability to set your own hours & control your own income. You'll work independently but with the benefit of a strong & successful team supporting your efforts! Our standards and expectations are high, and our team is committed to the highest standards in the industry.

**Experienced Vacation Rental Manager** - Is customer service your thing? Do you enjoy helping others? This position offers a base salary, plus bonus and offers you flexibility in your schedule and the ability to work independently but with the benefit of a strong & successful team supporting you.

To learn more about these opportunities, email your resume to Broker/ Owner Andy Smith at: andy@peabodysmith.com. All inquiries will be confidential. ATTN: Practice Administrator 1095 Profile Road Franconia, NH 03580

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