



RUTH ARSENAULT — COURTESY

In memory of George

Reader Ruth Arsenault shared this stunning sunset over Alton Bay in tribute to local photographer George Murphy, a frequent contributor to the Baysider famous for his scenic images from around the area, who passed away recently.

Guest speaker urges Rotary members to choose wisely when granting power of attorney

ALTON — When it’s time for you to decide who’ll you’ll appoint as your guardian with the Power of Attorney, you must choose the person you can trust the most, and not because ‘you love or like them.’ They can be the same person, but be very careful.

That was the advice of Guest Speaker Attorney Rebecca MacGregor, who spoke at last Thursday’s (July 30) Alton Centennial Rotary Club’s weekly Zoom meeting.

“Who’ll you choose to speak on your behalf, a Health Care Proxy, an Attorney, a Financial Spokesperson, all will have enormous power over you when, or if, you become incapacitated and can’t speak for yourself. They’ll be making decisions on what your doctors recommend, what bills to pay, to sell your home, property, deal with your investments and, ‘when to pull the plug.’”

“The first and best thing anyone should do to lessen the burden on how to settle your estate, is to hire an Estate Planning Attorney,” MacGregor stated.

“Verbal promises made, notes left behind by the deceased, even wills that were not periodically updated, who the beneficiaries are, likely may not have any legal standing as decided by a judge,” she added.

Another topic she addressed was setting up a Trust Fund as a way to guarantee your requests for settling your estate will be met. MacGregor was introduced by Rotarian Reverend, Kenneth Steigler. Alton Centennial Rotary serves the towns of Alton, Barnstead and New Durham. Anyone interested in seeing and hearing Rotary at work, are invited to join any Thursday 7 a.m. meeting via Zoom. Contact President Regan: 1-508-733-2413... E-mail: rbregan211@gmail.com for information on how to join in.

Barnstead Rec hosts successful season of swimming

BARNSTEAD — Barnstead Parks and Recreation has had a busy summer season of swimming! We started June 20 with Saturday sessions that will run through the end of August, then went to a weekday session July 20 for two weeks, and on Aug. 3, we started the final two week session to round out the summer fun. There have been a total of 72 kids signed up throughout the 3 sessions, some kids participating in multiple sessions. Let’s just say we have had a hot, wet, fun summer!

Parents have enjoyed bringing their children to the beach off White Oak Rd to the beautiful spot on Upper Suncook Lake for the lessons. We have heard that the kids go home and practice what they’ve learned in class and then can’t wait to come back for more. When asked if they will be back next year for lessons, the unanimous response was, “Absolutely!”

The instructor, Erin, is a well seasoned swimmer who has taught in many towns for the past several years. We were lucky enough to have her teach this year for our town, and the kids have loved having her! She will be unable to teach for next season, so if

SEE BARNSTEAD, PAGE A11



Maine man injured on Mount Major



ALTON — At approximately 10:30 a.m. on Friday, July 31, New Hampshire Fish and Game was called to rescue an injured hiker, Alan Helmreich, 59, of Sanford, Maine, on the orange trail on Mount Major. He was hiking alone and while on his way down from the summit he injured his leg and was unable to put weight on it.

Rescuers were able to carry him back to the summit where he could be placed in the back of an OHRV and driven to the awaiting ambulance at the bottom at approximately 2:30 p.m. Rescuers from Alton Fire and Rescue and Lakes Region Search and Rescue as well as Conservation officers contributed to the rescue.

New Hampshire Fish & Game is a self-funded agency, which relies heavily upon volunteer rescue groups to complete the mission of search and rescue in the woodlands of the state. The public is encouraged to help support search and rescue activities in the state by purchasing a Hike Safe Card. New Hampshire Fish and Game also reminds hikers to prepare themselves before venturing out into the wilderness, including packing the ten essential items; map, compass, warm clothing, extra food and water, headlamp, fire starter, first aid kit, whistle, rain/wind jackets & pants, and a knife. For additional information, please visit www.hikeSafe.com.

Meet Kathy Boyd, Palliative Care Nurse Practitioner at Cornerstone VNA

ROCHESTER — Cornerstone VNA, a local nonprofit provider of high-quality, skilled care at home, is pleased to introduce Kathy Boyd, Community Palliative Care Nurse Practitioner. Since the Palliative Care program was first launched at Cor-

nerstone VNA in 2014, the program has experienced continued growth and success. Kathy is one of several new medical providers who has joined this unique program that specializes in caring for individuals of all ages with chronic medical conditions.

Boyd joined the Cornerstone VNA Palliative Care team in 2019, and has made great strides in helping the program grow and meet the needs of our community members, especially those with Congestive Heart Failure, Chronic Obstructive Pulmonary Disease, Cancer, or other chronic illnesses that can cause distressing symptoms.

She holds a Master's degree in Nursing and is certified by the American Nurses Credentialing Center (ANCC). She has two and a half years of experience in geropsychiatric care.

According to Boyd, "I decided to make the switch to Palliative Care because I wanted the opportunity to focus on quality of life and holistic well-being."

She adds, "Palliative Care is a great way to change focus and look at the whole person regardless of a diagnosis, a test, or a guideline."

Over the past year,

Boyd has enjoyed moving from a hospital setting to caring for patients at home.

"I love meeting patients where they are right now. The ability to meet with a patient and their family at home gives you a personal look at their strengths, weaknesses, hobbies, and great loves in a way that no office ever could," she said.

Treating a patient at home gives Kathy the opportunity to recommend treatment options and offer ideas for comfort and improved quality of life based on their surroundings and family life.

According to Christine Dumont, NP, MSN, APRN, Community Palliative Care Manager at Cornerstone VNA, "Kathy brings a wealth of knowledge to our department."

Dumont adds, "She really enjoys getting to know her patients and it shows in her individualized and patient centered care."

About Palliative Care

Palliative care is specialized medical care for people with a serious illness. Its focus is on providing patients relief from the pain and anxiety of a complex illness, regardless of the diagnosis. It is appropriate at any age and at any stage of a disease. Palliative care is different from Hospice care in that it may start at diagnosis, and patients receiving palliative care may also receive curative treatment for their disease. The primary goals of the Palliative Care Program are to improve the quality of life for both the patient and their family and decrease the need for emergency room visits or re-hospitalizations. Palliative Care patients may also benefit from receiving remote Telehealth monitoring through Cornerstone VNA's Home Care program, which enhances their level of care, improves symptom management, and provides

comprehensive patient education.

About Cornerstone VNA

Cornerstone VNA is a nonprofit organization currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine. The team at Cornerstone VNA provides award-winning care and support through five distinct programs: Home Care, Hospice Care, Palliative Care, Life Care-Private Duty and Community Care. For 107 years, Cornerstone VNA has been committed to bringing services to people of all ages so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end-of-life care. To learn more about Cornerstone VNA, visit www.cornerstonevna.org or call 800-691-1133.



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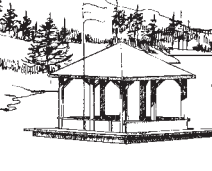
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Please contact us at 269-5161 for a registration packet or stop by the school office.



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BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — Orderly lines from the center of the area in Clark Park defined by the Wolfeboro Area Farmers Market (WAFM) stretch out toward patrons' favorite booths. From 12:30 – 4:30 p.m. on Thursdays, lines move steadily toward 25 or more vendors offering local produce, eggs, baked bread and treats, fresh caught fish, grass fed beef, Indian takeout food, handcrafted soaps, the list goes on.

The WAFM attracts from 1,000 to 1,200 visitors each Thursday to the market, located adjacent to the Clark Museum Complex. Manager Krystal Thurston keeps clicking her counter as



ELISSA PAQUETTE

The Wolfeboro Area Farmers Market attracts over 1,000 visitors each Thursday. Mask wearing compliance is about 99 percent says manager Krystal Thurston, and customers are doing a good job social distancing.

she sees new arrivals from the vantage point of a tent in the center of the activity, and describes the ways the market has evolved to meet the need to control community transmission of Covid-19.

Before a person even comes to the market, there are preorder options on a number of the vendor online sites. A visit to the WAFM web page offers hyperlinks to vendors' individual pages from which orders may be placed. The preorder process makes the shopping process faster and more convenient.

Once at the market,

as Thurston points out, in some cases, shoppers are able to shop in two outside lines of a booth instead of lining up closely within to assist with physical distancing, and other vendors have set up clearly labeled bins at eye level making it easy to choose from what is available.

"I'm very proud of our customers," says Thurston. "I'm very happy with how everything is going."

She admits that parking can cause a delay at times, but notes

that Molly the Trolley has a designated run from the Kingswood Arts Center to the Market for \$5 a ride (little ones are free) 15 minutes after the hour, with pick up an hour later. (Visit Molly the Trolley's website for details.) Attendance slows in the latter half of the afternoon.

Follow the WAFM on Facebook or sign up on the Web site for weekly announcements. Enjoy the outdoor market, rain or shine.



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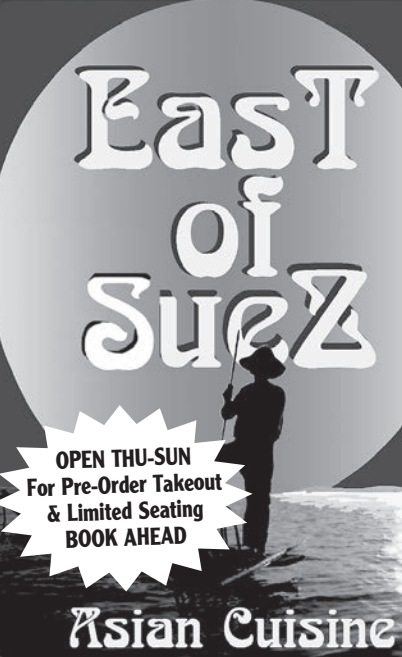
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The Baysider is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Baysider, P.O. Box 729, Meredith, NH 03253.



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Authorities investigate suspicious death

WOLFEBORO — Attorney General Gordon J. MacDonald, New Hampshire State Police Colonel Nathan A. Noyes, and Wolfboro Police Chief Dean Rondeau announce that officials are investigating the suspicious death of William Murray, age 42, of Meredith.

On Monday, July 27, officers from the Wolfboro Police Department responded to Pine Hill Cemetery. Upon arrival, the officers found Mr. Murray deceased on the property of the cemetery.

New Hampshire's Chief Medical Examiner, Dr. Jennie Duval, has conducted an autopsy of Mr. Murray. At this time, the cause and manner of Mr. Murray's death are being withheld



ELISSA PAQUETTE

The New Hampshire State Police Major Crime Unit was on the scene investigating the circumstances behind the discovery of a man's body in Pine Hill Cemetery Tuesday.

pending further investigation.

The investigation is ongoing and additional information will be

released as it becomes available, while protecting the integrity of the investigation. Anyone with any information is

encouraged to contact Sgt. Kelly Healey of the New Hampshire State Police at 603-MCU-TIPS (628-8477).



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 161 calls for service during the week of July 26-Aug. 1, including five arrests.

-1 Male Subject was taken in Protective Custody.

-1 Male Subject was arrested for Aggravated Driving While Intoxicated.

There were 3 Motor Vehicle Summons arrests.

There were 9 Motor

Vehicle Accidents.

There were 3 Suspicious Person/Activity Reports on Avery Hill Road, Prospect Mtn. Road & East Side Drive.

There were two Break-Ins on Mt. Major Highway & Dunkin Donuts.

Police made 19 Motor Vehicle Stops and handled 5 Motor Vehicle Complaint-Incidents.

There were 123 other calls for services that consisted of the following: 1 Town Ordinance,

3 Assist Fire Department, 1 Fraudulent Action, 1 Stolen Property, 2 Employment Fingerprinting, 1 Disorderly Conduct, 5 Assist Other Agencies, 1 Pistol Permit Application, 7 Animal Complaints, 3 Juvenile Incidents, 1 Domestic Complaint, 3 General Assistance, 3 Miscellaneous, 1 Drug Offense, 3 Alarm Activations, 3 Noise Complaints, 4 Lost/Found Properties, 2 Highway/Roadway Hazard Reports, 5 Gen-

eral Information, 3 Vehicle ID Checks, 1 Harassment, 1 Trespass, 1 Sex Offender Registration, 2 Criminal Threatening, 1 Civil Matter, 4 Wellness Checks, 4 Abandoned Motor Vehicles, 1 Dispute, 1 Disabled Motor Vehicle, 42 Directed Patrols, (1) 911 Hang-Up, 2 Motor Vehicle Lockouts, 2 Medical Assists, 5 Property Checks & 2 Paperwork Services.

Alton Parks and Recreation Connection

2020 Alton Bay August Concerts

The August Concerts are scheduled for 7-9 p.m. on the following dates: Aug. 6- John Irish (7-8:30p.m.); Aug. 7- The "Thursday Afternoon Band"; Aug. 8- Blacklite Band; Aug. 13- Bittersweet; Aug. 15- John Irish Duo; Aug. 21-The Visitors; Aug. 22-Chippy and the Ya Yas; Aug. 23- Final Approach; (4-6 p.m.); Aug. 28- Chris Bonoli; Aug. 29- Saxx Roxx.

Alton Old Home Week Virtual 5K Race

Alton Parks and Recreation and Meredith Village Savings Bank are co-sponsoring the first ever "Alton Old Home Week Virtual 5K Race."

Official time tracking will begin on Aug. 8 at midnight and stay open until 11 p.m. on Aug.

16. The virtual 5K Race will allow participants to run/walk throughout the week, using a mobile device and the app (RaceJoy). Included in the app will be real-time tracking, progress alerts

at mile points for current pace and estimated finish, and other interactive features for participants and spectators. The leader board will be updated daily with all participant's times.

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Per NH-RSA 7:19-a, II(d): Notice is hereby given that a pecuniary benefit in excess of \$5,000 has occurred between Word Radio Educational Foundation and Sharon Malone, wife of Ronald Malone, Chairman, in the amount of \$24,980, specifically salary \$17,780 and rent \$7200.00

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Advice for avoiding burnout

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before winter strikes. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go-go,-go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers, especially given the current unease the pandemic has brought on. The future remains uncertain; we still have no idea what school or universities will look like this fall, and whether a vaccine really is on the horizon.

If work and stress is taking its toll on you, you may need to make some changes there. Experts say that often times simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out. Noted is the newfound appreciation to even be employed, given the high unemployment rates due to Covid.

Managing stress properly is important, however not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. Further, vacationing seems to be off the table for the time being. Trying to play tourist in your own backyard will have to suffice.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability. Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice outdoor coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary and you need to protect it.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In’ basket

means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It’s one thing to read tips, and take advice from others, but it’s another thing to remember what you’ve read, and to put those words into action.



COURTESY

Old Home Day celebration planned in Alton

The Alton Old Home Day Committee is pleased to announce that Alton will hold an Old Home Day celebration and our annual Old Home Week Car Show on Aug. 16 from 11 a.m.-3 p.m. in the center of town. Come enjoy live music from the band Bittersweet and be sure to check out the food trucks and the Alton Business Association vendor area. While attending this event, please remember to be safe and respectful, maintaining appropriate social distancing. If you have a car you would like to enter in the car show, please email AltonCarShow@gmail.com for details or come with your car and visit us at the registration booth on the day of the show.

Letters to the Editor (additional letters see page A-6)

We are the authors of our own stories

To the Editor:

Each week, Larry Scott presents a proselytizing piece for a rather parochial Christian view. Each week, I wonder, what would be a thoughtful response, and also do others read, and maybe respond, to his invitations.

The US and the world are becoming more and more secular with each passing year. The concepts of original sin, redemption, salvation are pretty much outside the lexicon of the average person

Science and technology is coloring our understanding of whom and what Homo sapiens (wise man) are. The mystery of human consciousness and the evolution

of language and culture are being explored from numerous and diverse schools of thought. Our planet is more than a billion years old and man, in one form or another has been here for more than a million of those years.

Religion has played an important role in our history from the very beginning, and not always to the benefit of society. Just as humanity is not inherently sinful, religion isn’t inherently bad. Given our understanding of quantum mechanics, inherency is a concept destined for the trash heap of history. Maybe we shouldn’t throw the baby out with the big bang theory, but change our understanding and definition of re-

ligion. Science is a useful tool, used to observe and produce empirical models of reality, not religion. We are not gods, but sometimes act as if we are.

How our cultures and societies will evolve is anyone’s guess. It seems to me (given current situations) that we are at a tipping point. Change (given the laws of entropy) is unavoidable, not predetermined by a cosmic event. We are the authors of our own stories. Let’s hope we get it right. I leave you with a quote from Roy Rappaport.

“I take it to be intrinsic to the human condition, that is, the condition of a species that lives, and can only live, by meanings and under-

standings it itself must construct in a world devoid of intrinsic meaning but subject to causal laws, not all of which are known. It is, further, a world in which the lie is ubiquitous, and in which the ‘reality’ or ‘truth’ of key elements, like gods and values and social orders, not only have to be invented but, maintained in the face of increasing threats, posed by ever-burgeoning alternative possibilities to falsify them.” — Rappaport, 1999, “Ritual and Religion in the making of humanity,” Cambridge University Press

JIM SEIDEL
BARNSTEAD

This election is our chance to stem the Democrat tide

To the Editor:

In 2018, New Hampshire voters wiped away a Republican majority of 54 seats in the House of Representatives and gave the Democrat Party a 66-seat majority.

Total control of New Hampshire government was barely averted in 2018 with Gov. Sununu’s re-election and enough Republicans to uphold vetoes of Democrat majority legislation. Only Gov. Sununu’s upheld vetoes have saved New Hampshire from being sunk into the abyss of New England Democrat socialism.

As we approach a momentous election this coming November, we see example after example of how Democrats wish to “transform” New Hampshire. Regardless of what any Democrat

candidate writes or says, it is virtually certain that he or she, if elected, will join with other Democrats to give it another go on the battering ram against New England’s last bastion protecting historic Constitutional freedoms.

In the current session of the House, over 90 percent of Democrat representatives voted in favor of a bill (HB687) that provides for the suspension of an individual’s Second Amendment right without due process. Over 98 percent of Democrats voted against a bill (HB1675-FN) that would guarantee that an infant surviving abortion be given nourishment and proper medical care. Democrats in near unanimity believe in the absolutely barbaric belief that infants should

be left to die if they are unwanted. Almost 90 percent of Democrats voted against a Republican motion to freeze the Business Profits Tax and Business Enterprise Tax rates, and so Democrats will hurt our struggling small business owners by allowing pandemic-triggered automatic increases of 2.5 and 12.5 percent, respectively, to take effect next year.

Understand, then, that whatever our Democrat opponents in Belknap District 5 claim

in their attempts to be elected, they will be members of a Democrat contingent

where enormous pressure will be exerted upon them to ensure whatever numbers are needed to pass Democrat progressive and socialist bills.

Your best action to save New Hampshire, and to strengthen our state as a beacon of

freedom and hope, is to elect me, Paul Terry, and re-elect my Republican colleague,

Peter Varney, to represent District 5 as conservative Republicans and members of a restored Republican majority in the New Hampshire House.

I invite you to visit my Web site, paulterryforstaterp.com, and candidate Facebook page

@PaulTerryforStateRep. Please share your questions and concerns, so that I can be your voice and your vote in Concord!

PAUL TERRY
ALTON

A decision that will impact generations

To the Editor:

The November election isn’t a question of hating or not hating a person 99 percent or more of us have never met. It is a question of what type of life you

want.

To live free in a democratic republic created by our Declaration of Independence and U.S. Constitution that, 200-plus years later, still works that’s not per-

fect, but can you name a self-government that is?

Or the alternative: live where so many have died to prevent, a socialist totalitarianism?

It will soon be time for

Americans to make another decision that will impact the rest of their life and generations yet to come!

JIM RASCHILLA
ALTON BAY

You just have to slow down, pull over, and read the sign



By JOHN HARRIGAN
COLUMNIST

What if you had all the time in the world for an extended road trip that would never take you all that far from home?

What if you packed the classic Inexhaustible Picnic—summer sausage, hardboiled eggs, radishes (of course), some bread and cheese, maybe a bottle of wine?

What if you then set forth to learn some New Hampshire history—not through textbooks or classroom lectures, but by reading every single one of New Hampshire’s 267 (count ‘em, 267) roadside Historical Markers?

My bet is that you’d wind up with a pretty good grip on the state’s history, and it would be a whole lot more fun than what you had to sit through back there in the Fourth Grade that what’s her name, Mrs. Hardwick, taught. The one where you got in trouble for a spitball that slid down the blackboard.

That’s when most students get whatever they’re going to get on New Hampshire’s 350 years of post-European history. Usually they’ll remember Mrs. Beasley. They might even remember Mason’s Grants. But they’re not likely to remember a whole lot more.

To be fair, many teachers complain about the lack of good course material. And there’s no way a classroom can compete with a road trip.

+++++ Many of us have never slowed down long enough to have even a glimmer of what’s on a roadside historical marker, let alone read one. Once in a while some of us may have pulled over at a marker offering a nice place to eat lunch.

But if we did stop to read one, here’s what it might say:

“COLLEGE ROAD”
“Governor John Wentworth and the King’s Council voted in the spring of 1771 that a highway be made from the Governor’s estate at Wolfeborough to Dartmouth College. Joseph Senter, David Copp and Samuel Shepard surveyed the 67-mile road which followed this route to Plymouth. Then it passed through Grotton, around Lary’s and Goose ponds, over Moose Mountain to Hanover. Wentworth rode over it to Dartmouth’s first commencement, August 28, 1771.”

My first observation on this marker is that government really rocked during Governor Wentworth’s time. Obviously, nobody took time to put this job out for bids, or do an environmental impact study. But notice that they got the job done in one year, in time for the



JOHN HARRIGAN

The historical marker at the Ashland station provides at least a glimpse of what went on there, in a time when travel was considered an adventure. The proof-reading slipped a bit.

Governor to ride to commencement.

“Consumer Alert: Historical Markers declared habit forming, could be hazardous to your health.”

The above warning should be put on the first historical marker a person ever reads. They are like peanuts or popcorn, or even those good cheese puffs, the ones made with real cheese and a good puff of air.

My favorite roadside marker (I think) is this one (See? I couldn’t stop stopping...) in Alton Bay:

ALTON BAY
TRANSPORTATION
CENTER
RAILROAD SQUARE

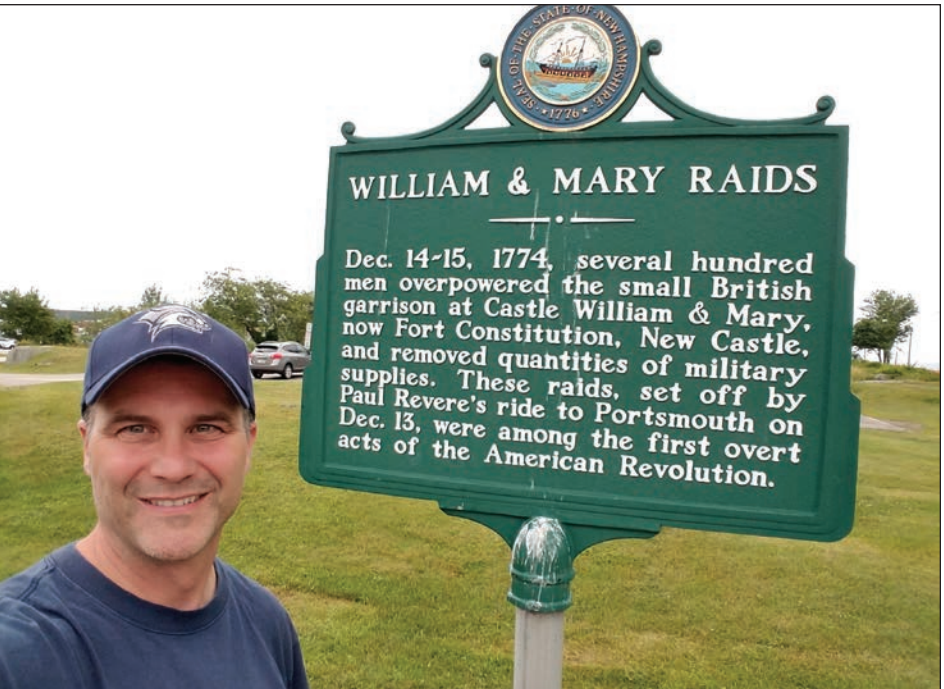
“This location became a transportation center on August 30, 1851, upon completion of the Coche-co Railroad from Dover to Alton Bay. The first “Mount Washington” steamboat was built here in 1872. For forty years a railroad terminus, here northbound travelers switched to a stage coach or steamboat. On June 17, 1890 the Lake Shore Railroad opened its line from Alton Bay to Lake-

port, only to shut down in 1935. On June 17, 1990 this spot regained its historic name, “Railroad Square,” to mark the centennial of the Lake Shore Railroad. At that time, seven of the line’s ten original stations still stood.”

This marker is my favorite because I’ve read so much about the history of travel in New Hampshire, and our fine tradition of catering to guests from relatively near and fantastically far.

The sons and daughters of sheiks and sultans are enrolled in our schools. Presidents have trod upon the top of Mount Washington. The nation’s most beautiful coin was created at a New Hampshire retreat.

As a result of steeping myself in the history of travel, from plush parlor-car to steamboat to stage coach and shank’s mare, I often succumb to imagining myself as a traveler of yore. I step onto a Pullman car in Boston, change trains in Dover, step onto a steamboat in Alton Bay, step ashore at Center Harbor, and catch a stage coach or even another train (railroads were still evolving)



COURTESY

Mike Bruno took this selfie at the site of the Fort William & Mary raid, carried out mainly to secure a crucially important commodity for the nascent Revolutionary War—gunpowder, for which the colonies had only one mill. The event rarely is mentioned in history books, but the sign says it all. (Courtesy Mike Bruno)



JOHN HARRIGAN

The train station in Ashland—and the number of sidings—tells today’s visitor that it once was a very busy place.

to any of a dozen destinations.

Michael Bruno of Bethlehem gets the whole thing about roadside history markers. Two years ago he published a book on it, *Cruising New Hampshire History, A Guide to New Hampshire’s Roadside Historical Markers*, all about the state’s amazingly varied

and revealing roadside signs.

Revealing, for instance, about the famous Underground Railroad that helped slaves flee their bondage and gain their freedom. Several New Hampshire families preserve oral histories about their ancestors’ involvement in this clandestine system, and can

point to hideaways still very much in evidence, and recognized lest we forget.

But for the most part, the markers reveal the sheer abundance of history that can come alive in the form of a farm, a waterfall, an old mill, a pond in the middle of

SEE NOTEBOOK, PAGE A11

HOW TO WORSHIP GOD TOGETHER DESPITE THE VIRUS:



AT THE CHURCH, INDOORS AND OUTDOORS
Mass Saturday at 4; Sunday at 7, 8:30, 10:30—indoors and outdoors. Communion outdoors afterwards for half an hour. Masks are worn.



ON THE RADIO, AM AND FM
Live Sunday mornings at 10:30 on WASR FM 97.1 and AM 1420



ON LINE, LIVE-STREAMED AND RECORDED
Live Sundays at 10:30 and recordings afterwards at stkdxel.org.

For two thousand years, Christians have gathered in community to worship God together and to help nurture one another’s faith.

In this time of distancing and isolation, the community of Saint Katharine Drexel is keeping you connected at church, on the radio, and on line. Visit us on Route 28 between Alton and Wolfeboro, stkdxel.org, or 875-2548 for schedules and prayer cards.

 **SAINT KATHARINE DREXEL**



**Law Offices of
Kurt D. DeVyllder, PLLC**

18 Union Street, Wolfeboro, NH 03894
P:(603) 569-5005 F:(603) 569-5007 E: kurt@devyllderlaw.com
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STRATEGIES FOR LIVING

One man’s story

BY LARRY SCOTT

Dr. William Lane Craig, in his book, “On Guard,” tells his personal story, one that seems to summarize much of what I have been attempting to highlight in this column.

Raised in a fine although non-Christian home, while still a teenager, he began questioning his place and purpose in life. To find an answer he began attending a large church but soon discovered that that fellowship was little more than a social club. Although claiming to be Christians, he found they

were living by standards far lower than his own, pretending to be something they were not.

On one really “bad hair day,” he walked into German class and sat behind a girl that always seemed to be so happy. On impulse, he tapped her on the shoulder and growled, “Sandy, what are you always so happy about anyway?” I will let him tell “the rest of the story.”

“Well, Bill,” she said, “it’s because I’m saved!”

I was stunned. I had never heard language like this before.

“You’re what?” I de-

manded.

“I know Jesus Christ as my personal Savior,” she explained.

“I go to church,” I said lamely.

“But that’s not enough, Bill,” she said. “You’ve got to have Him really living in your heart.”

That was the limit! “What would He want to do a thing like that for?” I demanded. “Because He loves you, Bill.”

That hit me like a ton of bricks. Here I was, so filled with anger and hate, and she said there was someone who really loved me. ... That began

for me the most agonizing period of soul-searching that I’ve ever been through. I got a New Testament and read it from cover to cover. And as I did, I was absolutely captivated by the person of Jesus of Nazareth. ... Meanwhile, Sandy introduced me to other Christian students. ... They were living life on a plane of reality that I didn’t even dream existed, and it imparted a deep meaning and joy to their lives, which I craved. ... My spiritual search went on for the next six months. ... Finally, I just came to the

end of my rope and cried out to God. I cried out all the anger and bitterness that had built up inside me, and at the same time I felt this tremendous infusion of joy. That moment changed my whole life” (“On Guard,” Chapter 2).

So dramatic was the change that came to his life he has since become one of the great defenders of the Christian faith. There is, indeed, something real to Biblical Christianity.

Those fundamental issues of life – our origin, our purpose, our morality and our desti-

ny – all find their fulfillment in the fact of God’s existence and in a surrender to His authority. Far from being an “insurance policy” against the possibility of hell, we have discovered a quality of life, peace of mind, new strength to face our bad days, and a reason for keeping on that we have been unable to find in any other way. And, as if that were not enough, there is a heaven in our future ... and we can hardly wait!

For more thoughts like these, follow me at indefenseoftruth.net.

Oscar Foss Library offers book stacks and staff picks for curbside pickup



BARNSTEAD — Do you need help deciding what books to order from the library? Oscar Foss Librarians are here to help! The library is posting weekly “Book Stacks” with different themes on our social media to help you choose something new to read. Some of the stacks so far have included themes such as “With a Twist!” - books with surprise endings, “Once Upon a Crime” - some of our popular true crime books, and “Better Together” - books about building community connections.

You can also request “Staff Picks” and our team of librarians will put together five to 10 books for you based on your reading preferences and what we currently recommend.

Just place an order with our curbside pickup option at oscarfoss.org and in the order section write the name of the Book Stack you are interested in, or write Staff Picks along with an author or two that you enjoy reading.

Our five-star rated contactless curbside pickup service continues to be very popular at the library, and we are also currently open by appointment only. To make an appointment, call 269-3900.

Letters to the Editor (additional letters see page A-4)

A campaign of division

To the Editor:

Repeat a lie often enough, and eventually, the uninformed among us will believe it. I’m addressing Democrats like Ruth Larson who continually accuse our President of being a racist and promoter of divisiveness when nothing could be further from the truth. President Trump has done more to lift minorities out of poverty and unite the country (America First) in his first term in office than any other president in my lifetime. If you want to know who’s dividing the country, look no further than

the Democrats, the party of slavery, Jim Crow and the KKK. They’ve been pitting ethnic groups against each other for decades, marginalizing people and making sure minorities remain forever dependent on government and the nanny state. To top it off we’ve lost two generations to the left’s indoctrination of our youth, erasing American history and feeding them with anti-American hatred and lies. Ruth Larson claims her campaign for state rep is one of “hope and unity,” yet her last campaign included the most

hateful, venomous ads against her opponent. So much for “visibility for love not hate.” We’ve seen her holding “Black Lives Matter” signs (and I have photos proving it) supporting a full fledged anti-American Marxist terrorist organization hell bent on destroying our country and the American way of life. BLM was started by trained Marxists and use violence, intimidation and terrorism to push their Communist agenda. Their own website reveals that fact. They don’t give a rat’s rear end about lives, black or otherwise. It’s

all about their hatred for President Trump, eliminating America as we know it, and mob rule. The very name “Black Lives Matter” masks their true agenda of overthrowing the country. And Ruth Larson openly supports them. As for bringing our town together, Alton has a long history of helping neighbors in a time of crisis. We don’t need sign waving BLM supporters for that. Anyone with an ounce of humanity knows all lives matter, including those of our law enforcement officers and those still in the womb. I’m

horrified to see police officers with their hands tied because Democrat governors and mayors are bowing down to the mobs destroying our cities. Shame on those so-called “leaders”. They should be dragged from office in handcuffs. Here’s a news flash for Ruth Larson: We do not live in a democracy. We live in a Constitutional Republic. Democracies are among the bloodiest forms of government in history because they create mob rule. If you want representation in Concord for the preservation of the American values you

hold dear, we have three fine gentlemen running for State Representative this Fall who will protect the U.S and State Constitutions and American way of life. And we can vote for all three! Please cast your votes for Raymond Howard, Paul Terry, and Peter Varney for N.H. State Reps. And let’s give President Trump four more years to keep America free. After that, God knows what we will get.

CHRIS WITTMANN
ALTON

Your participation in the Census is valuable

To the Editor:

Today (Aug. 6), I begin in my new role as an enumerator for the US Census Bureau, which will, from now until the end of September, be following up with households that have not yet participated in this once-a-decade count of the US population. I’m not really all that eager to be knocking on the doors of strangers in this time of

Covid-19. In fact, I am a bit anxious about doing so. But I feel that getting an accurate picture of the population here in my home area is critical.

The 2020 Census provides a snapshot of our nation—who we are, where we live, etc. The Census results are also used to by lawmakers to make critical decisions. The findings will influence how hundreds

of billions of dollars in federal funding are allocated to more than 100 programs, including Medicaid, Head Start, block grants for community mental health services, and the Supplemental Nutrition Assistance Program (SNAP).

Federal funding shapes many different aspects of our community, including highway planning and construction, how money is allocated for special education programs and grants that support teachers as well as programs to support rural areas, to restore wildlife, to prevent child abuse, to prepare for wildfires, and to provide housing assistance for older adults.

If you have not already done so, please take 10 minutes of your

time to help assure our community gets its fair share of these federal funds (which you have paid for via your tax dollars)! It takes only a few minutes to fill-in the survey, available online at www.census2020.gov. Completing the form on-line will also reduce the number of households that enumerators such as myself will visit in person. If we do

have to come to your home, though, we will be masked and maintain our distance. Please be kind to us; we’re only trying to make sure our community doesn’t miss out on the federal funding we deserve.

DAVE WESSEL
NEW DURHAM

Barnstead officials show disregard for ethical obligations

To the Editor:

It might be reassuring to believe that local governments are free from the extreme partisanship currently plaguing this country. However, on July 23, a Trump campaign event was held at the Barnstead Police Department, utilizing taxpayer-funded facilities and incurring estimated overtime expenses of \$600.

Although the Chief claimed the event was presented to him as a tribute to police officers,

the Department’s Facebook page still proudly displays almost 40 photographs of the “Women for Trump” event, including many photographs of attendees, including Selectman Tasker, holding campaign signs for Trump and other GOP candidates. The Women for Trump staff, who have been campaigning throughout the country in the midst of the COVID pandemic, were given full access to the police station that is currently closed to the

public, and the majority of the attendees ignored public health recommendations regarding social distancing and the use of face masks.

The Barnstead selectmen discussed complaints from citizens regarding the event at the July 28 Selectmen’s meeting (available online – Town of Barnstead Select Board Live Stream). The Chair proposed consulting town counsel as recommended by the New Hampshire Municipal Association

lawyer, who identified it as an electioneering event. Edward Tasker and Diane Beijer, who both attended the event, strongly disputed that assertion despite public evidence to the contrary and attempted to push back against the lawyer’s advice. During the discussion, Selectman Tasker stated, “If they didn’t recognize me in those pictures, then something is wrong” and “I wear my [MAGA] hats and held my sign, and I do it for one spe-

cific reason – to piss off the liberals. I may win, I may lose come November, but that isn’t going to stop me between now and November from wearing my hats and putting up my signs.” These actions and statements display a blatant disregard and a lack of understanding by our elected officials of their vested duties to act impartially, ensure fair elections, and protect Barnstead citizens from liability due to possible violations of State and

Federal statutes, including the Hatch Act.

I encourage you to attend the next online Selectmen’s meeting on Aug. 11, to view further discussion of this issue and to express your opinion. A link on the Town of Barnstead’s Web page should be made available so that you can easily join the meeting using your Smartphone or computer.

CLAIRE GENDRON
CENTER BARNSTEAD

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	27 Peggys Cove Rd.	Single-Family Residence	\$735,000	Tammy Brown	David G. and Darci J. Delleo
Barnstead	936 Beauty Hill Rd.	N/A	\$307,000	RF Downing Homes LLC	Eric W. and Jessica Leitner
Barnstead	3 Bristol Rd.	Single-Family Residence	\$280,000	Sandra Anderson-Paterson and David M. Paterson	Thomas Tilton
Barnstead	Parade Road	N/A	\$21,000	Shawn Hillsgrove	Fallon Rouleau
Barnstead	249 Varney Rd.	Single-Family Residence	\$229,000	Barry J. and Kathleen D. Christensen	William F. Walsh
Barnstead	39 Wes Locke Rd.	Mobile Home	\$267,800	Ray I. Kelley	Anna M. Kirby
New Durham	Penny Lane	N/A	\$155,000	Brian T. Gudauskas	Pawtuckaway Nursery Inc.

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column “Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

LETTERS FROM EDWIN

Static

I remember when I was growing up, radio was big. There was nothing digital. Even digital clocks were totally analog. They had all the possible time numbers sequenced on a spool and an electric motor turned the mechanism and a new number would flip down every minute. FM radio hadn't even started yet. There was only AM. Even though there was lots of static, it transmitted long distances, so with gas costing less than a quarter a gallon, going for long drives with the radio on was very popular. Oh, can I remember our drives, sitting in the back seat with my two sisters while mom and dad sat up front, the ball game would usually be playing on the radio and

dad would be smoking a cigar.

When FM started, it was primarily used for classical music, because it was so clear and static free. Eventually some rock stations decided to jump on the format and the music industry went wild. Literally, rock around the clock.

There was still nothing digital. Everyone had to put up with stations drifting in and out. You would always have to tweak the tuning as things warmed up. Speaking of warming up. Most electronics was still tubes, which had little heaters in each one to warm the gasses up so that they would work. Every radio and eventually TV was a little space heater.

I had a big old Philco parlor radio. Before TV came and destroyed the world, people would sit around their parlor listening to radio shows or playing music. Anyhow, I used to listen to things from all over the world on the short wave bands. There was the voice of America and Radio Moscow. The BBC and Radio Luxembourg who played early Beatles. You could listen to people talking to each other half way across the world quite often in unknown languages. One night on AM, I documented 75 different radio stations from one end of the dial to the other.

I received a clock radio for graduating high school so I'd have something to listen

to at college. That summer, the house got hit by lightning. My clock radio, the washer and dryer all died, but the old Philco, that was connected to the same antenna as the radio, still worked fine. Good old tubes.

As AM radio faded into disuse, FM added stereo and AFC (automatic frequency control) that made it so its signal no longer drifted. Listening to high fidelity radio had come of age.

Our lives work pretty similar. Kind of analogous. Our station, our life, is locked in by this ALC (automatic life control) as long as we're alive. All the laws of physics and nature lock us into what we are and what we understand. Right next door, there

are other alternative realities that normal people can't comprehend. Artists, geniuses, occult, all those other seemingly unknown deviations from the norm are close at hand just by just bending the fence so to speak.

John Chang claimed that he could visit many various worlds through meditation. I saw a 1988 National Geographic documentary, Ring of Fire, that featured him actually igniting newspaper by concentrating energy from his hands onto the paper without any physical contact. Impossible? There were lots of witnesses and it's on film. This was previous to this present digital age where you can't believe anything you see on the screen. Last I heard he

was using this talent to heal cancer. Anyhow, he warned us to be very careful when venturing to these other realities, that we stay away from the dark ones.

There may be many possibilities awaiting us once we are released from the safety chains of this existence. I'd hate to enter into a terrible one and get locked in there. That seems like a horror show to me. Jesus said that he would come to guide all who believed in him to a nice place called heaven when we die. I like having help with things unknown more so every day.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com.

Friends of Music regroups in wake of COVID outbreak

WOLFEBORO — For 84 years, Wolfeboro Friends of Music (WFOM) has brought to Wolfeboro and the Lakes Region stellar music of many genres. For the last decade or more, we have been the only organization to bring you major small group classical artists, as well as jazz, popular and folk genre artists among others.

Our plans for the coming season are as is most of life these days subject to many things that we cannot control. The reach of the COVID-19 virus is wide and is not going away any time soon. The policies of the government of New Hampshire are evolving. As we considered the intricacies of providing concerts to you in a safe

manner we recognized the great difficulty in doing so no matter the New Hampshire or CDC or any other reasonable guidelines. However, all such angst became moot when we learned that our venues in particular Brewster's Anderson Hall and the First Congregational Church, are simply not available for the foreseeable future.

In response to that, in June, we cancelled our first four concerts and we asked those artists to consider postponing their concerts until the same time next year. Our first concert in September was to be a return visit by Fred Moyer whose artistry with both classical solos and jazz trios has delighted Wolfeboro on several occasions

in the past. In October the acclaimed Heifetz on Tour were to return. Five career young artists would have arrived in Wolfeboro for the initial concert of the Heifetz' annual tour which has expanded yearly to many eastern state venues. Our December concert was to bring to Wolfeboro a new sound. Was that going to be the sound of a pipe organ? A calliope? A beat-boxing jazz ensemble? Welcome to the world of the flute orchestra. In December, the WFOM had contracted with the New England Flute Orchestra. The Meadowlark Trio hails from America's heartland. They were scheduled to perform in Wolfeboro in February. Formed by three best

friends in 2012, the trio has performed nationwide to great acclaim. We have postponed the four concerts listed above hopefully until next season, September 2021.

As July progressed, it became apparent that we are not likely to be in any better shape next spring in terms of either venue availability or our ability to manage a concert under COVID conditions. The second half of our season was to begin in March with New Hampshire's own Reel McCoys bringing us our yearly concert of Celtic music. In April Sally Pinkas' salon piano pieces from the colonial period in the Philippines: waltzes, habaneras, nocturnes were to welcome spring.. The

Harvard Krokodiloes (“The Kroks”), Harvard University's oldest a cappella singing group, were to bring us in May a spectacular performance.

For a special treat, The Kingston Trio was to be here in June. Do you remember “Tom Doolley,” “MTA,” “Where Have All the Flowers Gone?” These songs and more were introduced to us by the Kingston Trio who was arguably the initiator of acoustic guitar/banjo Folk Music/Topical Music/songwriter/performer model that lives to this day.

However, we are determined to provide performances for Wolfeboro this fall and winter. We are in the process of arranging of what we hope will be virtual con-

certs possibly in several electronic formats for Wolfeboro with Fred Moyer who was to open our season and with the incredible Boston Brass. More opportunities are coming forward and we will try to bring them all to you. And, if circumstances allow us to have live concerts, we will only do so if we can provide, observe, and acquire all elements necessary to protect you.

The Wolfeboro Friends of Music remains committed to bringing to you fine diverse affordable concert music. We are adjusting to COVID-19 but we are still here. We are not going anywhere. Join us as we celebrate life musically.



CATHY ALLYN

Outdoor dining

Side-by-side, a bee and a butterfly take advantage of Nature's bounty.



Not even the pack can save wolves from an unbalanced ecosystem. Legal hunting is an integral part of effective wildlife management programs. Help protect our natural treasures.

Tread Lightly

SCI Foundation
800-377-5399 • www.SafariClubFoundation.org



COURTESY

Tall tales in the tall trees

As part of the New Durham Public Library's summer reading program and a grant from the Children's Literacy Foundation, residents were treated to an outdoor performance by storyteller Simon Brooks. Following the stories, children chose two free books to bring home with them. The event was held behind the New Durham School.

OBITUARIES

Richard (Richie) A. Tabor Sr., 75

Richard (Richie) A. Tabor Sr., 75 of Alton, NH, formerly of Tewksbury, MA, passed away peacefully in his sleep on July 23rd, 2020.

Richie was born September 24, 1944, son of the late Lawrence and Theresa Tabor. When he was young he was a resident of Pinehurst, MA, where he attended Billerica schools. After the loss of his father he worked instead of completing his education, but later in life was proud to receive his GED.

Richie married Nancy Thurston, and together they raised three children in Tewksbury, MA. Richie and his sons enjoyed attending many events together and working on their automotive and construction projects through the years. Later in life, Richie was thrilled to find that he had a daughter and they were fortunate to have formed a relationship. He loved spending time with family.



Richie was a highly skilled tractor trailer operator and entrepreneur. He began his career with his family at Roy Brothers Trucking, later managing Tabor Auto Parts with his brothers and ending with his own RA Tabor and Co. trucking business.

Richie leaves behind his beloved partner Barbara Rines, of Alton, NH, sons and their wives, Richard and Heather Tabor of Chelmsford, MA, Christopher and Siobhan Tabor of Manassas, VA, Noel and Cheryl Tabor of Nashua, NH, daughter Patti Anne Richardson of Limerick, ME, and brothers Robert Tabor and his wife Elizabeth of Hudson, NH, and James Tabor of Billerica, MA. He has six living grandchildren, Natalie, Sean, Victoria, Devon, Damon, Shayla and three great grandchildren, Benjamin, Ada and Edie. He also leaves many nieces, nephews and cousins, of whom he held dear. Richie is predeceased by his two grandchildren, Emily and Robert III.

There was a small grave-side ceremony, as Richie is laid to rest, at Fox Hill Cemetery in Billerica, MA, on Saturday, August 1st, at 10 a.m.

sons and their wives, Richard and Heather Tabor of Chelmsford, MA, Christopher and Siobhan Tabor of Manassas, VA, Noel and Cheryl Tabor of Nashua, NH, daughter Patti Anne Richardson of Limerick, ME, and brothers Robert Tabor and his wife Elizabeth of Hudson, NH, and James Tabor of Billerica, MA. He has six living grandchildren, Natalie, Sean, Victoria, Devon, Damon, Shayla and three great grandchildren, Benjamin, Ada and Edie. He also leaves many nieces, nephews and cousins, of whom he held dear. Richie is predeceased by his two grandchildren, Emily and Robert III.

There was a small grave-side ceremony, as Richie is laid to rest, at Fox Hill Cemetery in Billerica, MA, on Saturday, August 1st, at 10 a.m.

George William Murphy, Sr., 80

ALTON- George William Murphy, Sr., age 80, of Heron Point Road in Alton, fought a lengthy battle with lung cancer. He died peacefully at home, July 21, 2020, with his loving family by his side.

Born March 18, 1940 in Boston, Massachusetts, son of George J. and Mary H. (Griffin) Murphy, he was raised in Dorchester, MA, lived for years in Marlboro, MA and resided in Alton, NH for the past 19 years.

George had two careers: one as print setter for the Boston Globe and the Boston Herald, where his job took him to newspapers across the country. He was retired from Corion, where he had worked as a bio-medical technician



for 25 years.

Photography was his passion, which was evident by his love of life, especially nature. He loved shooting scenes of Alton Bay, lighthouses, covered bridges and flowers. He had a great love for Lake Winnepesaukee and his favorite subject to photograph was the M/S Mount Washington, who commissioned a picture from him for their brochure cover.

chure cover.

Survived by his wife Diana Lee (Lambert) Murphy and 6 children: Lauren Ann Torres Pagan and husband Rolando, George W. Murphy, Jr. and wife Joyce, Pamela J. McGonagle and fiancé Bob Borjeson, Sean R. Murphy, Thomas E. Montgomery, John C. Miller and wife Tara, 8 grandchildren, and many nieces and nephews. Predeceased by his sister Marie.

A Celebration of Life will be announced by his family at a later date. If desired, memorial donations may be made in his memory to: Lung-Strong.org, PO Box 281, Amesbury, MA 01913. To express condolences, please visit: www.peasleefuneralhome.com

Merrienne "Cookie" Piper Lamper

ALTON- Merrienne "Cookie" Piper Lamper was called home to be with her Lord and Savior on July 26, 2020. Cookie, the youngest child of Edwin and Dorothy (Gray) Piper, was born on January 23, 1950 in Rochester, NH.

Most of Cookies life she lived in Alton, NH. On June 22, 1968, she married her jr/sr high boyfriend Harley Lamper, at the Community Church of Alton. Cookie and Harley shared 52 years together, that included living at a coast guard lighthouse in Maine.

Over the years, Cookie worked at numerous jobs, but the one she enjoyed the most was the care of children in her home. Cookie enjoyed doing word search puzzles, crocheting and



crafts, and family gatherings.

Family was always first with Merrienne, as she was there to take care of her mother the last three years of her life.

Cookie leaves her husband Harley, a son Glenn Lamper and wife Sharon of Alton, a daughter Amy Pettis and husband Scott of Farmington, granddaughter Shannon Pettis of Farmington, siblings: Naomi

Piper Potter and husband Carroll of Dover, NH, Rev. Gerry Piper of Springfield, VT, Seldon Alden and wife Tammy of Alton, Robert Alden and wife Leslie of Bossier City, LA, Rosina Wallace of Waterbury, VT., also several nieces and nephews.

Merrienne goes home to be with her dad Eddie, mom Dot, stepfather Wes and grandson Brett Lamper.

A celebration of Cookie's life will be at the convenience of her family. In lieu of flowers, please donate in her memory to: St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105. To express condolences, please visit: www.peasleefuneralhome.com

Send all obituary notices to Salmon Press, by e-mail to news@salmonpress.news



2020 Salmon Press Fall Home Improvement In Central NH

Distributed in the September 17, 2020 issues of... GRANITE STATE NEWS, CARROLL COUNTY INDEPENDENT, BAYSIDER, MEREDITH NEWS, PLYMOUTH RECORD ENTERPRISE, WINNISQUAM ECHO, GILFORD STEAMER & NEWFOUND LANDING



Copy Deadline: Wednesday, September 3rd at 3PM To place an ad please contact:

Tracy at (603) 616-7103 email: tracy@salmonpress.news

Food Truck Night at Locke Lake

BARNSTEAD — On Aug. 14, from 5-8 p.m., a truck from Tidde's Smoke House will be serving home smoked meats at the beach at Locke Lake Colony.

Come out and enjoy hamburgers, pulled pork, and the other delectable items that will be on the evening's menu.

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8914.
For more information, please visit abundant HarvestNH.org or e-mail ahbf@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am.
Adult and Teen Bible Study 11:15 am.
Sunday School for all ages 10:00 am.
Rte. 126 next to Town Hall.
Pastor Brian Gower, 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am
Rev. Dr. Samuel J. Hall, 875-5561.
Bay service 8:30am Alton Bay Gazette, Alton, NH
10 am Worship Service
20 Church Street, Alton
Our services are live streamed on YouTube
Sundays at 10 am
www.ccoalton.com

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC
We are an "Open and Affirming Congregation" of the UCC.
Reverend Nancy Talbott, 776-1820
504 N. Barnstead Rd., Ctr. Barnstead, NH
Our services are live on Zoom every Sunday at 10 AM
More info at: ccnorthernbarnstead.com

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON
Worship Services 10:00 AM
Sunday School 10:15 AM
400 Main Street
Farmington, NH 03835
Pastor Kent Schneider 755-4816
www.farmingtonnuc.org

FIRST FREE WILL BAPTIST CHURCH
Sun. School 9-10am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nasson.

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.
on the Parade in Barnstead
Sunday Morning Worship Service for all ages begin at 10:00 a.m.
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.
Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL
40 Hidden Spring Rd., Alton, 875-2548
Father Robert F. Cole, Pastor.
Mass Saturday 4pm;
Sunday 8:30 & 10:30am;
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S EPISCOPAL CHURCH
Sunday 9:30, 10:30am & 11am, 11:15am
Rev. Miriam Acevedo, 435-7908
www.ststephenspltsfield.com

UNITED METHODIST CHURCH
Rt. 171 at Tuffingham Corner.
Sunday services 10:30 am. Church 603-539-8058

UNITARIAN UNIVERSALIST SOCIETY OF LACONIA
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Please contact Ashley at 603-568-4930 for more information.

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Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



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<p>\$2,295,000</p> <p>MLS# 4808991</p> <p>Laconia: Gorgeous 4BR/4BA Lake Winnepesaukee home w/ boat-house, dock & rooftop patio.</p>	<p>\$569,900</p> <p>MLS# 4818999</p> <p>Laconia: Meticulous 3BR/3BA home with large, wrap-around porch. HW floors, gas FP & other fine features.</p>	<p>\$639,900</p> <p>MLS# 4818733</p> <p>Gilford: Executive 3BR/2.5BA ranch w/ almost 3,600 sf. Newer kitchen, in-door pool, exercise room & more.</p>	<p>\$755,000</p> <p>MLS# 4810926</p> <p>Laconia: South Down Shores on Lake Winnepesaukee! Gorgeous 3BR/4BA detached town home.</p>
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* This Condominium has not yet been registered with or exempted from registration by the New Hampshire Attorney General's Consumer Protection Bureau (the "Bureau"). Until such time as these Condominium Units are exempted from registration or are registered with the Bureau no binding contract for sale or lease of any lot, unit or interest may be created.

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EOE

**SHAKER REGIONAL SCHOOL DISTRICT
FOOD SERVICE SUBSTITUTES**

Shaker Regional School District’s Food Service Department has an immediate opening for Food Service Substitutes. Duties include, but are not limited to, prep work, serving, cleaning, washing dishes and pots/pans, and other tasks directed by the Kitchen Manager. Ability to lift up to 40 pounds. Prior experience in the food service industry is preferred, but not necessary. The successful candidate must be able to work in a fast paced, ever changing environment and perform as a team player.

Applications may be found on the Shaker Regional School District website or can be picked up at the SAU Office at 58 School Street; Belmont, NH 03220. Please contact Nancy Cate, Director of Food Service at 603-267-6525 ext. 1352, if you have any questions.

**SHAKER REGIONAL SCHOOL DISTRICT
FULL-TIME YEAR-ROUND GROUNDS**

Shaker Regional School District has an opening for a full-time, year-round, grounds worker to perform grounds work. Hours are 6:30 am – 3:00 pm, with a half-hour lunch. Must be reliable, have the ability to work independently and follow written and verbal instructions. Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays. Please submit an application and 3 letters of reference to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 267-9223 to obtain an application or visit the Human Resources section of our website: www.sau80.org. Successful completion of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required. Shaker Regional School District is an equal opportunity employer.



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Energysavers Inc, a 45 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. LEARN WHILE YOU EARN!

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Prospect Mountain High School is seeking applications for the following positions:

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- Part time Reading Teacher
- Girls Track & Field Coach
- JV Baseball Coach
- JV Boys Basketball Coach
- JV Boys Soccer Coach
- JV Volleyball Coach
- Golf Coach
- JV Softball Coach
- Varsity Boys Basketball Coach
- Varsity Volleyball Coach
- Outdoor Track Assistant Coach

Please forward (as applicable) your letter of interest, resume, copies of transcripts, proof of certification and three current letters of reference electronically to spatterson@pmhschool.com. More information can be found at www.pmhschool.com.

HELP WANTED

**Alton Central School
20-21 Opening**

PART TIME 2ND SHIFT CUSTODIAN

Alton Central School is hiring a part time custodian to join our Buildings and Grounds team for the 2020-21 school year. The shift is four hours per night with a flexible start time as approved by the Buildings & Grounds Director. Responsibilities include cleaning and disinfecting all common areas of the school building and assisting other custodial staff where needed after nightly tasks are complete. Training will be provided for all cleaning procedures and materials used. Must pass a criminal background check. Hourly rate is determined by experience. The position will be open until filled.

If interested, please submit an application to AppliTrack at
<https://www.applitrack.com/altonk12/onlineapp/>
Application Deadline: July 31, 2020
EOE



Governor Wentworth Regional School District

Employment Opportunities

School Locations: Effingham, New Durham, Ossipee, Tuftonboro, Wolfeboro

Psychologist/School Psychologist- 2 days per week-
District wide

**Teaching positions- including Reading, Special Ed,
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Several locations and variety of part-time and full-time

**One-on-One Instructional or Special Education Assistants,
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Variety of open positions in most schools-
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Custodian, Daytime Shift, Effingham Elementary School
Full time- 8 hours per day, year- round – full benefits

Substitutes Needed
Assistants, Teachers, Custodians, Food Service, Bus Drivers and Secretaries

to apply and view any open position visit:
www.gwrsd.org (employment tab)

Past and future applicants: Please update your application, applying specifically for any new vacancies of interest as they open, to be sure your application will be reviewed.



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NOTEBOOK

(continued from Page 5)

town, a boulder, or an old stagecoach stop. A tavern stood here, a meeting house still stands there. The history is all over the place, there for the traveler's edification and enjoyment.

For there is the sheer joy of most history, or in the discovery of it, as any armchair adventurer will attest. At the turn of a page, you can find out that a house just down the street, one of the tosses on your kid's paper-route, has a hiding place behind the central chimney. Up goes the marker, and the resource books and the school project come alive.

Mike Bruno's book offers all the impetus needed to drop everything that seems important at the moment, and go off in search of roadside markers. It's almost like planning a hiking trip, but a whole lot more comfortable. All you need in this case are a good fold-out map (or even better, one of De Lorne's large-format books of state maps), Mike Bruno's guide-book, and a tankful of gas.

"Venture forth," says I to ye would-be traveler of old. "Yon highway beckons."

Sidebar to historical markers story:

Whence the roadside markers?

This story and sidebar came about because of a two-paragraph little snippet I included in a column of snippets after cleaning off my desktop several months ago, a once-in-a-while column that's always fun to write.

Longtime reader Helen Pike, daughter

of woods-lore and logging history writer Robert Pike (Spiked Boots, and the companion Tall Trees, Tough Men), had complained about the sorry condition of a roadside marker just south of North Stratford, which tells about log drives.

That put me on the trail of who administers roadside markers, and then I bumped into Mike Bruno's book. The rest, I guess, we can assign to gravity or some mysterious force.

It turns out that New Hampshire's 267 (or so) roadside historical markers represent one of those rare things—a private-public partnership that actually works, and seems to work well.

The program, administered through the Department of Transportation, has been in place for 65 years. That's a long time for any sign to hold up. Yet some of those original markers are still standing, and amazingly enough, still legible.

Still, the state routinely rejuvenates older markers that are beyond the pale, and even has a system to create entirely new markers, often at some group's or citizen's behest.

Mike Bruno, who wrote a 564-page book about the markers, knows several places he'd like to see a new historical marker where there are none to tell one great story or another. "Cannon Mountain, for starters," he said. "The Tramway was the first in the nation." And then there are the mountain's notoriously tough trails, and their part in training for Olympic and World Championship downhill

skiing.

In normal times, if there is such a thing, Mike teaches Junior ROTC at White Mountain Regional High School.

New Hampshire's state government has a refreshingly logical, fast, and easy to use website specifically for roadside markers, at www.nh.gov/nhculture, and offers all sorts of doors for the visitor to step through. Here is what the site has to say about the 200th roadside marker, requested and sponsored by 84-year-old Eunice Woods, the last person to remember the long-abandoned town of Wildwood:

"In this area of Easton (formerly part of Landaff and before that, Lincoln), the settlement of Wildwood once stood. At the turn of the 20th century Wildwood was a center for the 'slash and run' logging of Mt. Moosilauke. The village included a school, a post office, several sawmills, a boarding house and a few homes.

"West of here was a dam used in the spring drives that moved logs

down the Wild Ammonoosuc River, from the mountains to southern New England mills. The last log drive on the river occurred in 1911. From 1933 to 1937, the first CCC camp authorized in NH was located at Wildwood."

While Pittsburg and Stewartstown have historical markers (the state's very first marker, commemorating the Indian Stream Republic; the gravesite of Metallak, last of the Coashaukees; the 45th Parallel, "half way between the Equator and the North Pole"), Colebrook has none.

This seemed a thing to be remedied, and a couple of markers quickly came to mind (Ed Norton's gold mine, timber baron George Van Dyke's mansions, the three classic glacial pot-holes on fairways 7 and 9 at the Colebrook Country Club), and I made a mental note to apply brain to keyboard. Neighboring Canaan (Vt.) already has one, for (you guessed it) a secret room on the Underground Railroad.

BARNSTEAD

(continued from Page A1)

you know of a good certified instructor, please have them contact us or pass their name along to us.

Parks & Rec is continuing to look for ways to "bring the community together by doing fun stuff" during these hard times of Covid. It's not

easy, but we do have a few ideas! Keep an eye on our Facebook page

<https://www.facebook.com/barnstead-parks-for-upcoming-events-and-planning/>

Thank you to all who have supported Parks & Rec in any way! We truly appreciate it and hope to see more of you soon.

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HELP WANTED

SHAKER REGIONAL SCHOOL DISTRICT

2020-2021 School Year Employment Opportunities

Shaker Regional School District is currently accepting applications for the following positions for the 2020-2021 School Year:

Belmont Elementary School:

Classroom Assistant – 6 hrs/day

Title I Tutor – 7 hrs/day

General Special Education Assistant – 6 hrs/day

1:1 Behavioral Assistants – 6 hrs/day

Belmont Middle School:

Title I Tutor – 7 hrs/day

Glade Level Assistant – 6 ½ hrs/day

1:1 Behavioral Assistants – 6 ½ hrs/day

Belmont High School:

School-to-Career Coordinator - Part Time

1:1 Behavioral Assistant – 6 hrs/day

Canterbury Elementary School:

Classroom Assistants – 6 ½ hrs/day

District Wide – Speech Pathologist

Please visit the Human Resources page on the District Website, www.sau80.org, for details and to apply for any of these positions. Application must be made through SchoolSpring.com.

SHAKER REGIONAL SCHOOL DISTRICT

FULL-TIME YEAR-ROUND CUSTODIAN

Shaker Regional School District has an immediate opening for full-time, year-round, 2nd shift custodian to perform cleaning duties according to an established schedule. Primary custodial duties will be at Canterbury Elementary School. Also responsible for removing snow, sanding and salting, as necessary, during the winter months. Must be reliable, have the ability to work independently and to follow written and verbal instructions. Reliable transportation is required as this position will work between two buildings. Pay is \$11.89 per hour. Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays. Please submit an application and references to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 267-9223 to obtain an application or visit the Human Resources section of our website: www.sau80.org. Successful completion of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required.

Shaker Regional School District is an
equal opportunity employer.

Shaker Regional School District

Girls Varsity Basketball Coach

Shaker Regional School District is seeking a Girls Varsity Basketball Coach. This is a stipend position and it is open until filled. Previous experience coaching is preferred but not required. Interested applicants should send a current resume and letter of interest via email to Cayman Belyea, Athletic Director at cbelyea@sau80.org or through the mail to Cayman Belyea, Athletic Director, Belmont High School, 255 Seavey Rd, Belmont, NH 03220.

Winnepesaukee DAR members attend state meeting

AMHERST — The Winnepesaukee Chapter – Daughters of the American Revolution Regent Susan Fossum and Vice Regent Cynthia Theodore, attended the socially distanced New Hampshire State DAR Special Meeting held July 26 in Amherst. New Hampshire DAR State Regent Trish Jackson presented the following three awards to the Winnepesaukee Chapter:

Cultural Interaction Award to the American Indian Committee (chaired by Tina Maxfield)

Outstanding Print Media Award to the PR and Media Committee (chaired by Cynthia Theodore)

Most Unique PR Coverage Award to the PR and Media Committee chaired by Cynthia Theodore for the Festival of Tree entry (designed by Nancy Black)

The Daughters of the American Revolution is a non-profit, non-political volunteer women's service organization dedicated to preserving American history and securing America's future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

For more information on becoming a Daughter of the American Revolution, call or e-mail Regent Susan Fossum at 581-9675 or winnepesaukeedar@gmail.com.

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Legion supports Veterans Count

The families of Legionnaires, Sons, Auxiliary and Riders at American Legion Post 72 in Alton are happy to Present to the “Veterans Count” Organization a check for \$1,500 to help with their cause. Pictured, Left to Right: Past Commander Marty Chabot, Legion Rider Albert Mitchell, Commander Moe Luckern, Auxiliary President Gail Hoage, Finance Officer Bruce Cornish, Veteran’s Count Representative Dan Ward, District 7 Director / Unit 72 Membership Secretary Kathleen Anthony, Sons Commander Scott Douglas, Sons 2nd Vice Steve Girouard.

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LRHHPF gets logo from LRPC grant program

WOLFEBORO — Lakes Region Household Hazardous Product Facility (LRHHPF) has serviced its member communities, Alton & Wolfeboro, for almost 20 years. Members pick up a free pass from their local solid waste facility to dispose of medications on 4 special dates and hazardous products eight times a year. Non-members are welcome to use the facility for a fee. Since LRHHPF opened, households from 54 other New Hampshire towns have used the facility as a safe disposal option.

Lakes Region Planning Commission (LRPC) was instrumental in establishing the LRHHPF. The hazardous waste programs from the two organizations regularly strive to meet the disposal needs of over 30 communities, plus LRHHPF non-members. They often partner on outreach and educational materials regarding hazardous materials.

LRPC Solid Waste Planner, Paige Wilson, recently utilized their USDA grant funds to create a logo for LRHHPF after 18 years of existence. With overlapping disposal options within the Lakes Region, it is important to clearly differentiate the two programs. LRPC has an annual, two-day collection whereas LRHHPF has 8 collections between May and October. The new logo highlights the importance of maintaining clean waters and a healthy environment, matching the LRHHPF brochure and business cards, which display mountains and trees reflected in a pristine lake.

LRHHPF Site Coordinator, Sarah Silk, and Paige Wilson are collaborating in an effort to produce an updated brochure for safe sharps disposal. Safe needle disposal is an often-overlooked aspect of hazardous waste. The goal is to provide accurate information to educate the public, ultimately protecting them and solid waste workers. You can also contact your local transfer station to ask about proper needle disposal.

For more information about hazardous waste, please visit:

Lakes Region Planning Commission: www.lakes-rpc.org/serviceshww.asp

LRHHPF: www.wolfeboronh.us/lakes-region-household-hazardous-product-facility

Questions? Contact Sarah Silk, 651-7530.



Joyful Footsteps Preschool
A Ministry of Community Church of Alton

Enrollments are now being accepted for the 2020-2021 school year!

For more information call 875-5562 or email ccoa.joyfulfootsteps@gmail.com



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