

Excitement brewing for “Little Mermaid” at GMS

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford Middle School is bringing “The Little Mermaid, Jr.” to the stage with a big cast of talented students performers.

The production based on the classic Disney film will come to the Gilford High School stage Jan. 30-Feb. 1 and all the performers in two different casts are getting all their lines, songs, and dances ready.

Eighth graders Avery Hennig and Riley Powers both play Ariel.

“I feel like she’s been an independent person,” Hennig said. “She really doesn’t like other people’s opinions.”

Powers said playing Ariel has been really



ERIN PLUMMER

Gilford Middle School performers rehearse their songs for the coming production of “The Little Mermaid, Jr.”

New Town Clerk settling in

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford’s new Town Clerk/Tax Collector has settled into her role with help from the staff, all receiving praise from the selectmen.

New Town Clerk/Tax Collector Denise LeFond gave her first report to the board during the Dec. 18 meeting. Former town clerk/tax collector Denise

Gonyer took the position of the registrar for the state’s auto records department after 32 years with Gilford. LeFond took the town clerk position after serving as the deputy clerk, with Sandy Beland hired as the deputy town clerk/tax collector.

LeFond said she and Beland took their positions in

SEE **LEFOND** PAGE A9

fun.

“You get to play a sweet girl, but she can be kind of bratty at times,” Powers said.

Abby Kenyon is one of the performers playing the main villain Ursula.

“Ursula’s very manipulative, she’s definitely fully power driven in trying to lure Ariel to do things she wants for her own benefit,” Kenyon said.

“I have always wanted to play her because she’s my favorite character.”

The three said they went into auditions hoping to get the characters they ended up playing.

Hennig said signing the songs from the show is a lot of fun and they aren’t that different from how they are in the movie. Powers

SEE **MERMAID** PAGE A9

Solid Waste Center now open

The long-awaited opening of the Gilford Solid Waste Center took place beginning at 8 a.m. on Thursday, Jan. 2. Residents and taxpayers (with a current Town Sticker) will now be able to drop off trash, recyclables, yard wastes, construction debris and bulky goods in accordance with the Town’s new solid waste rules and fee schedule.

This new one-stop disposal facility has been in the works since October of 2015 following the recommendations of a citizen Solid Waste Committee report. Voter approved appropriations of \$950,000 in 2018 and \$400,000 in 2019 have been put to use in the construction of a modern waste disposal facility that will significantly reduce the cost of trash disposal for taxpayers for many years to come. These cost savings will mostly result from the separation, baling and marketing of clean recyclable products, the elimination of taxpayer subsidies for commercial trash haulers, and a more economical system of transporting household trash to the Wheelabrator Incinerator in Penacook.

High inspiration in the low-tech days

Longtime Children’s Auction volunteer talks about growth over the years

LACONIA—Back in the day, Jennifer McGreevy’s work with the Greater Lakes Region Children’s Auction was as grassroots as opening the phone book and calling businesses at random to solicit donations. Then, she’d hop in the car, with her infant daughter Callie in tow, and pick up whatever was offered, sometimes driving as far as Center Harbor.

That was 20 years ago, before dozens of volunteers like McGreevy brought dramatic change to the Auction, building sets as well as protocols and implementing technological systems that keep the week-long event running smoothly and efficiently.

“There was a time when I was the nucleus at the center of



COURTESY

Jennifer McGreevy with her son, Carson.

the inputting station, where the items are donated, where they go on the block, the bid board, and the cashier station,” McGreevy recalled. “Now, I’m a part of a small piece of it all, overseeing all the cashiering and the items that have sold.”

SEE **AUCTION** PAGE A9

SEE **WASTE** PAGE A9

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent
Someone locked the New Year's resolutions in the safe box! No one really did that, but we are imagining a high-stakes scenario for this week's escape room, so stay with me while we pretend that this is cataclysmic! You're done with the old you, but in order to

become the new you, you need that list of resolutions.
Get cracking this year by cracking the New Year's puzzles and unlocking the safe in 45 minutes or less! The resolutions get locked this Friday from noon-5:45 p.m. Time spots are on the hour, so get in touch to sign up on your own

or with up to eight people. The program is for all ages, though the dastardly puzzles are not trivial! Children under 10 will need an accompanying adult.
Escape rooms are a fun way to spend an hour exercising your brain and your social skills. It's not enough to "galaxy brain" and solve it yourself. You have to work as a team. Best of all, escaping at the library is free! If you're resolution was to save money (and it wasn't locked up) then what a way to start the year. We'll get our resolutions back yet!
If escape rooms aren't your thing, another way to stimulate the mind is to read. We have been putting together the best books of the year to sum up 2019. Throughout the

year we are hunting for books worth sharing with the community, so the best books of the year are the cream of the crop. Stop in and find books that are worth your time.
Classes & Special Events Jan. 9-Jan. 16
Thursday, Jan. 9
Geri Fit, 9-10 a.m.
Music and Movement, 10:30-11:30 a.m.
Shake, rattle, and roll in this extremely fun and interactive music filled playlist. *Sign-up required for ages five and under
Homeschool Game Club, 12:15-2:15 p.m.
Conversational French, 4-5 p.m.
Foreign Movie Night, 7-9 p.m.
This month's movie is "The Cuckoo," a 105

minute historical comedy drama film rated PG-13 from Russia
Friday, Jan. 10
Bridge, 10:30 a.m.-12:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.
Monday, Jan. 13
MR: Tai Chi, 9-10 a.m.
Tai Chi Chih, 9:45-10:45 a.m.
Mahjong, 12:30-3 p.m.
Tuesday, Jan. 14
Geri Fit, 9-10 a.m.
Bridge, 10:30 a.m.-12:30 p.m.
Book Bites, 5-6:30 p.m.
Join us for Book Bites Cookbook Club. This month's theme is Winter Fare! Sign up at the library, cost is \$5.

Clickers, 6:30-8 p.m.
Wednesday, Jan. 15
Line Dancing, 9-10:30 a.m.
Lakes Region Fiber Artists and Crafters, 10 a.m.-noon
Thursday, Jan. 16
Geri Fit, 9-10 a.m.
Music and Movement, 10:30-11:30 a.m.
Homeschool Game Club, 12:15-2:15 p.m.
Brown Bag Book Discussion, 12:30-1:30 p.m.
Join us to discuss "The Library Book" with Arielle leading the discussion
Conversational French, 4-5 p.m.
Evening Book Discussion, 6-7 p.m.
Join us to discuss "The Library Book" with Arielle leading the discussion

Gilford Public Library
Top Ten Requests

- 1. "Criss Cross" by James Patterson
- 2. "Blue Moon" by Lee Child
- 3. "The Giver of Stars" by Jojo Moyes
- 4. "Treason" by Stuart Woods
- 5. "The Rise of Magicks" by Nora Roberts
- 6. "The Yellow House" by Sarah M. Broom
- 7. "A Minute to Midnight" by David Baldacci
- 8. "Where the Crawdads Sing" by Delia Owens
- 9. "Twisted Twenty-Six" by Janet Evanovich
- 10. "To The Land of Long Lost Friends" by McCall-Smith

"It truly feels like home..."

...the entire staff, ranging from leadership to cleaning, do all they can to make Mom feel loved and cared for. Peabody Home is everything I thought it might be and more. With Mom there, we have a great deal of peace of mind. We have been on the dementia journey with her for ten years and now that she's at Peabody, we feel comfortable enough to finally go on vacation."

~Lori Salvi, daughter of Peabody Home resident, Mary Censato

**Independent Living • Assisted Living • Nursing Care
Memory Care • Adult Day Care • Respite Care • Hospice**

24 Peabody Place, Franklin, NH
peabodyhome.org

Schedule a tour today! 603.934.3718
Immediate openings, no entrance fee, the most affordable rates in NH

NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from Dec. 27 to Jan. 6.
Richard J. Zach, age 67, of Gilford was arrested on Dec. 27 for Domestic Violence-Simple Assault-Bodily Injury.
Katelyn M.J. Lewis, age 35, of Laconia was arrested on Dec. 30 for Theft By Unauthorized Taking of an amount totaling \$1,000 or less.
Scott D. Sanders, age 33, of Alton was arrested on Dec. 31 in connection with a bench warrant.
James Langathianos, age 41, of Gilford was arrested on Dec. 31 for Driving Without Giving Proof and Driving After Revocation or Suspension.
Lindsay Thayer, age 32, of Laconia was arrested on Jan. 6 on two counts of Theft by Deception of an amount totaling \$1,000 or less.

THE GILFORD STEAMER:
The next best thing to word of mouth advertising!

MEET YOUR SALES REPRESENTATIVE

TRACY LEWIS

603-616-7103

Call Tracy today at (603) 279-4516 ext. 182 or e-mail tracy@salmonpress.news
Our advertisers trust us, our readers trust our advertisers!

www.salmonpress.com

Salmon press
Newspapers

Gilford Steamer

WWW.SALMONPRESS.COM
(603) 279-4516

A SALMON PRESS PUBLICATION
STEAMER STAFF DIRECTORY

ADVERTISE WITH US ADVERTISING EXECUTIVE Tracy Lewis (603) 575-9127 tracy@salmonpress.news	SEND US YOUR NEWS AND PICS Moments@SalmonPress.news	PRESIDENT & PUBLISHER FRANK G. CHILINSKI (603) 677-9083 frank@salmonpress.news	EDITOR BRENDAN BERUBE (603) 677-9081 brendan@salmonpress.news
TO SUBSCRIBE OR FOR SUBSCRIPTION SERVICES: SAM LOVETT (603) 677-9085 sam@salmonpress.news	TO FAX THE STEAMER: CALL (603) 279-3331	BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 ryan@salmonpress.news	SPORTS EDITOR JOSH SPAULDING (603) 941-9155 josh@salmonpress.news
TO PRINT AN OBITUARY: E-MAIL: erin@salmonpress.news	TO SUBMIT A LETTER TO THE EDITOR: E-MAIL: brendan@salmonpress.news	OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325	PRODUCTION MANAGER JULIE CLARKE (603) 677-9092 julie@salmonpress.news
TO SUBMIT CALENDAR ITEMS: E-MAIL: brendan@salmonpress.news		DISTRIBUTION MANAGER JIM HINCKLEY (603) 279-4516	

USPS 024967
The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals, postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Gilford Steamer, P.O. Box 729, Meredith, NH 03253.

Lakes Region Chimney Pro

\$149 Chimney Sweep

Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers

CERTIFIED CHIMNEY SWEEP

Video Chimney Inspections

603-520-7217

BBB
Fully Insured

Not the time to check your child's car seat.

safercar.gov/TheRightSeat

Child Car Safety

Local book updated for 2020

LACONIA — In June 2018, a new book entitled "Cosmic Coincidences - a memoir of cosmic proportions" by local author Joe Laurendeau of Laconia/Gil-manton.

Since the first printing, relate-able stories continued to happen throughout the year causing the author to add other chapters. Most notable is the Hall & Oats concert in Gil-ford on Aug. 17, which was delayed 40 minutes before being cancelled due to severe weather on the exact day of the 50th anniversary of the

day the Woodstock concert was delayed more than four hours due to severe weather. It was also the only concert at the Pavilion in 23 years to be canceled due to severe weather.

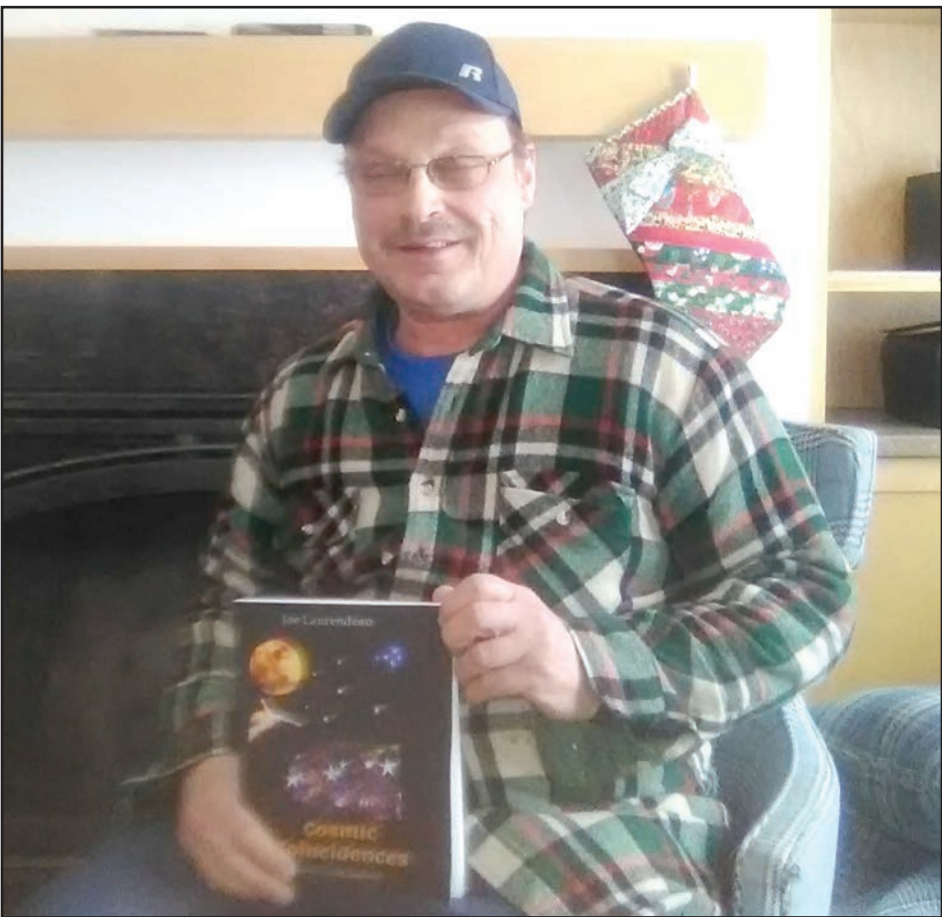
Chaos & Kindness and The Putnam Fund are noted for their contributions to 2019, with a grand opening fireworks display and concert and BJ Thomas presented by The Putnam Fund.

BJ Thomas came to The Laconia High School on a Friday the 13th with a Full Harvest Moon. To put that

in perspective, the last time a Friday the 13th and full moon happened was 2000, and the next time it will happen is 2039. Thomas commented it was his 50th wedding anniversary year, and 50 years since his first hit, "Raindrops Keep Falling On My Head."

The Summer Solstice of 2019, June 21, was sadly noted as the day of the motorcycle tragedy in Randolph took the lives of seven people.

"I was updating the book with a new chapter and shortly another story worth printing



COURTESY

Joe Laurendeau

GILFORD PARKS & RECREATION NEWS

BY HERB GREENE

Director
Gilford Parks and Recreation

Senior Moment-um Pizza and Speaker on Jan. 13

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Jan. 13. We will meet at the Community Church, Fellowship Hall at noon to serve up a few slices of pizza, with a variety of choices to choose from (cheese, meat, veggie, Hawaiian) along with a garden salad. In addition, guest speaker Lynn Tonkin, Manager of the Laconia Area Community Action Program (CAP) will be discussing the variety of programs and services they offer to seniors to help them maintain an independent, healthy lifestyle. The fee for the pizza lunch is \$2 per person and participants must RSVP by Thursday, January 9th.

For more information or to RSVP, please call the Parks and Recreation Office at 527-

4722.

Senior Strides weekly walking program on Wednesday mornings

The Gilford Parks and Recreation Department and Gilford Youth Center are co-sponsoring a weekly walking program for senior adults on Wednesday mornings from 9-10 a.m. at the Gilford Youth Center. Participants can track their progress or just walk for fun and socialize with friends. There will be plenty of chairs available to take a break as you wish and coffee, tea and water will be provided. A \$1 donation is suggested.

For more information, please contact the Parks and Recreation Department at 527-4722.

Boston Celtics bus trip scheduled for March 18

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to

see the Celtics take on the New York Knicks on Wednesday, March 18. Cost of the trip is \$80 per person, and includes round trip motor coach from Gilford or Belmont and your ticket (section 311 of the balcony) to the game. Our deluxe motor coach will depart from Gilford High School at 4:45 p.m. and the Tioga Pavilion in Belmont at 5 p.m. for the 7:30 p.m. game. You will have time to visit the pro-shop and get dinner on your own prior to the game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.

would happen," commented Laurendeau. "In order the cover the high cost of printing, which includes lots of color photos, the price on Amazon is \$30 with free shipping."

"In order to qualify for expanded distribution to bookstores and libraries, Amazon will require raising the price to \$38, which we will try in February. So for the month of January, the price will remain at \$30 to give local area residents a chance to save," he added.

Stories include The

Old Man of the Mountains, the Space Shuttle Challenger and other national news stories.

"I am certainly excited to hear from area residents and anyone with their comments," the author added.

Super spiritual stories of faith, music and the cosmos and the spotlight is on The Lakes Region of NH and memoirs of the life of the author. Make it a New Year's resolution to read this book! Stories are best when you Google the events and dates for yourself. Guaranteed to take

your breath away! This is a great coffee table book and conversation piece. The book is always a work in progress as new stories are added when necessary. If you love the moon, concerts, The Red Sox, New England, Churches, Christmas, family and holidays start the New Year off with this book in your hand. After reading you'll want to share it with others. Visit "Cosmic Coincidences - the book" on Facebook for updates, to share your stories and reader reviews. What's in store for 2020?

SCHWARTZBERG LAW
Experienced Family Lawyers who care about –

- Your Children
- Your Financial Security
- Your Business
- Your Long Term Interests

Counsellors at Law offering the best legal advice when you need it the most.

Ora Schwartzberg

John T. Katsirebas, Jr.

603-536-2700 | WWW.NHLAWYER.NET

MASTER CLASS SERIES 2020

**MASTER Technique
MASTER Materials
MASTER Inspiration**
One-Day Art Classes
taught by professional artists
in their chosen media.

A fundraiser hosted by GWAC
to benefit arts funding in the community.

Take a class by downloading the
Registration/Brochure and mail payment.
Visit our website: wolfeboroarts.org
Email us: info@wolfeboroarts.org

Special thanks to our SPONSORS...

Paid Advertisement

Edward Jones: Financial Focus

Protect Yourself Against Long-term Care Costs

If you're fortunate, you'll live independently and in good health throughout your retirement years. However, if you ever needed some type of long-term care, such as a stay in a nursing home, would you be financially prepared? To answer this question, you may want to evaluate two variables: your likelihood of needing long-term care and the cost of such care. Consider the following:

- Someone turning age 65 today has an almost 70% chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services.
- The average cost for a private room in a nursing home is about \$100,000 per year, while a home health aide costs about \$50,000 per year, according to Genworth, an insurance company. Clearly, these numbers are worth thinking about. If you needed several years of long-term care, the expense could seriously erode your savings and investments. And keep in mind that Medicare typically pays only a small percentage of long-term care costs. Therefore, you may want to evaluate the following options for meeting these expenses:
- Self-insure – You could "self-insure" against long-term care expenses by designating some of your investment portfolio for this purpose. However, as the above numbers suggest, you'd likely have to put away a lot of money before you felt you were truly protected. This could be especially difficult, given the need to save and invest for the other expenses associated with retirement.
- Long-term care insurance – When you purchase long-term care insurance, you are essentially transferring the risk of paying for long-term care from yourself to an insurance company. Some policies pay long-term care costs for a set number of years, while others cover you for life. You can also choose optional features, such as benefits that increase with inflation. And most long-term care policies have a waiting period between 0 and 90 days, or longer, before benefits kick in. You'll want to shop around for a policy that offers the combination of features you think best meet your needs. Also, you'll want an insurer that has demonstrated strength and stability, as measured by independent rating agencies. Here's one final point to keep in mind: Long-term care premiums get more expensive as you get older, so if you're interested in this type of coverage, don't wait too long to compare policies.
- Hybrid policy – A "hybrid" policy, such as life insurance with a long-term care/chronic illness rider, combines long-term care benefits with those offered by a traditional life insurance policy. So, if you were to buy a hybrid policy and you never needed long-term care, your policy would pay a death benefit to the beneficiary you've named. Conversely, if you ever do need long-term care, your policy will pay benefits toward those expenses. And the amount of money available for long-term care can exceed the death benefit significantly. Hybrid policies can vary greatly in several ways, so, again, you'll need to do some research before choosing appropriate coverage. Ultimately, you may decide you're willing to take the chance of never needing any type of long-term care. But if you think that's a risk you'd rather not take, then explore all your coverage options carefully. There's no one right answer for everyone – but there's almost certainly one for you.

Devon Sullivan
Financial Advisor
164 NH RTE 25
Suite 1A
Meredith NH 03253
603-279-3284
Fax 844-644-4469
devon.sullivan@edwardjones.com

Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

PET OF THE WEEK

Waiting for a forever home since September 2, 2019

Paris a sweet girl who came to us as an owner surrender through no fault of her own. She is a little shy at first but warms up quickly. Paris would prefer to be the only cat in the home, but could do okay with a smaller dog companion. She is currently looking for her new best friend, so fill out one of our cat applications if you think you might fit the bill! For more information on how to adopt Paris, call Joanna at 603-524-3252 ext. 3312.

NH Humane Society
Over a century of love for those without a voice.
1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

OPINION

NORTH COUNTRY NOTEBOOK

Cougars: Good news, or bad? And tales of an Austin-Healey



By JOHN HARRIGAN
COLUMNIST

There are consequences to cougars, I remind myself whenever I'm writing about the fact that (a) cougars are part of New Hampshire's original flora and fauna, and (b) solid, reliable sightings by solid, reliable people with no reason to fabricate such things are seeing what undeniably are mountain lions, year in and year out.

But of course there's a downside, and one thing is that if you even think you might be in the presence of big cats, you'd better be thinking about them. And we're not talking bobcats or lynx here---not even close.

I well remember the case of a slightly built female jogger who was picked off by a mountain lion as she ran along a hillside on the outskirts of Los Angeles. And there was the pathetic story of the little boy whose horrified parents saw disappear into the woods in the jaws of a cougar.

More recently, a woman in the state of Washington made headlines when she tried to rescue her small dog from a snack-attack by a cougar. And in Arizona last week, wildlife officers killed three mountain lions after they were discovered feeding on still-identified human remains.

During my growing-up years, when I was being taught not only how to navigate in the woods but also how to feel comfortable there, the mantra was "The only thing that can hurt you in the woods is your own stupidity." But if and when mountain lions return, this no longer will be true.

When I lay out this scenario, sometimes someone challenges me, usually on bears. But our bear is the black bear, not the fabled brown bear or grizzly.

The main thing our bears want to do is run away. The exception

is when you inadvertently put yourself between mother and cubs. But that is a rare happenstance, usually occurring during the slight window of opportunity (for both species) known as berrying.

+++++

"Be careful what you wish for," wrote a reader who'd noticed the inclusion of an Austin-Healey Mark III on what was my sort of Christmas/Bucket Wish list.

Up until three years ago, he owned, of course, an Austin-Healey Mark Three Thousand, a beautiful car built in 1967. "I bought mine in 1980 for \$3,200 and spent 7 years restoring it," he wrote. With a car like that, he wryly noted, there is no such thing as being "done."

Among other things to ponder, he said the car rides like a piece of railroad iron (and 120 pounds at that) and is not very good on a bumpy road. In fact, it's best on pavement. Ass this has dire implications for me.

Okay, so you'd put this under "High Maintenance." It's like the unrestored yet ready to use Model A Ford pickup truck I know I'll never get---I still want one.

+++++

Once a coydog, always a coydog?

Despite coyote researchers and wildlife experts who've long had evidence that "coydogs" is a misnomer, a good many people remain convinced that every wolfish-looking animal in woods and field is a cross between coyotes and domestic dogs, hence "coydogs."

In an article widely reprinted in wildlife and academic publications in the past couple of months, author Roland Kays took a look at genetic analysis of what's generally known as the Eastern coyote. The very name implies that our coyote is different from its Western cousin---which it certainly is.

The Eastern coyote is bigger than the Western version, and is getting bigger with each generation. This makes sense if it has to be able to take small deer or young moose to survive in such a cold climate, which it does. And to survive, particularly in north-

ern regions, the coyote has to take large prey at every and any opportunity, to supplement its standard fare of rabbits, mice, and chipmunks and the like (coyotes also eat fruit and berries---and, like bears and other hungry creatures, your carelessly placed garbage).

Eastern coyotes, particularly in northern New England, have also learned to hunt in packs, something coyotes out West don't do. Again, this helps them

take larger prey.

+++++

When I began writing an outdoor column in the New Hampshire Sunday News in the early '70s, one of my favorite contacts was wildlife biologist Walter Silver. The first reports of coyotes began coming in during the early '40s, and accelerated after the World War II vets began coming home, and returning to the woods they sorely missed.

Walter had a way of talking very slowly, to put it mildly. You could go somewhere far away and pack your pipe in the time it took him to say "coyote." Right or wrong, to me anyone smoking a pipe is a signal: "This guy has lots and lots of time." Walter always had a pipe.

Walter put out the word that he was looking for coyote pups, and a cooperative woods jobber rescued some after their mother was killed and

turned them over to Fish and Game. Walter bred these supposed pure coyotes with animals of verified coyote-dog ancestry. Within a couple of generations, he said, they bred back to pure coyote, proving that the dominant genes were coyote, and the coyote was a species of its own. (Maybe. Parentheses mine.)

+++++

"Coydog" is a mis-
SEE **NOTEBOOK** PAGE A10



COURTESY

Working to prevent elder abuse

Barbara Laros, VP of Business Relations, and Brian Lamontagne from the Franklin Savings Bank, Gilford branch, spoke at the Meredith Altrusa Club dinner meeting on Preventing Elder Financial Abuse. This growing threat can be prevented with several safeguards and what to watch out for. The knowledgeable duo gave the members handouts with tips and what to do if it happens to you or someone you know. Franklin Savings Bank celebrated 150 years of service in 2019.

FROM OUR READERS

There is no profit in single-stream recycling

To the Editor:

I'm writing this follow up letter on the eve of the new Gilford Solid Waste Center's opening.

After my last letter, Town Administrator Scott Dunn found my email address and sent me a sheaf of material on the subject. Unfortunately, I feel that I understand the situation even less now.

Mr. Dunn confirmed my statement that recycling will be mandatory for users of the new Center for which we already voted on and paid \$1.3 million. People who use a commercial hauler will still be paying for the Center. Speaking of money, why did he say that we'll be making debt payments through 2027? Did the appropriated funds not actually cover the costs? He also noted the votes for and against the two measures as if popularity confers reasonableness. (A side note: more people voted against the second measure than the first.)

Mr. Dunn also notes that there will be a "savings" of \$202,000 in the first year. That is only because the FY 2020 solid waste budget was reduced. Wow. We could save more in other departments by simply reducing the budget in those areas. As it now costs Gilford \$95 per ton for trash removal and \$235 per ton for "recyclables," easy savings would be realized by putting everything in the trash. Boom! Done.

As I said back in 2005 when I first heard about it, single stream recycling is a waste of effort and resources. A recent Wall Street Journal article that outlined the path of single stream ma-

terials noted that the sorting was done overseas (with cheap labor). The piece also reinforced that soiled materials can't be used, which seems to be the source of foreign countries no longer accepting our items. As I see in area recycling bins, people throw in all sorts of incorrect items. I suspect that they truly believe that they're doing something useful.

I haven't seen it shown that post-consumer recycling is cost-effective, or that we are running out of landfill space. The new Center will be open slightly less than before, increasing the inconvenience. The old single stream bins could, with conscientious parking, accommodate three vehicles at once. The new Center is a straight line, which doesn't bode well for a smooth operation. I am skeptical of anyone's ability to predict the future market for recyclables, and yet we're charging ahead. The planning for this Center started in 2015, and it illustrates one of the problems with central planning: the timeline is too long for responsive action.

If there really is some sort of cost offset for properly sorted materials, then the recycling should be voluntary, not mandatory, as that would reduce the costs to the taxpayers of Gilford. If it remains mandatory, I predict that commercial haulers will see an increase in their customer base.

Regards,

Rick Notkin
Gilford

Thank you, Christmas Angels

To the Editor:

On behalf of the St. Vincent de Paul Children's Foundation, I would like to thank everyone — local businesses, organizations, and individuals — who donated to the 2019 Christmas Angel Program.

Your donations and thoughtfulness, whether it was cash, a check, clothing, a cuddly stuffed animal or a pair of warm handmade mittens, helped make this year's program a huge success! We provided over 525 children in the Lakes Region with an outfit of clothing, socks, underwear/diapers and personal hygiene items. We couldn't have done it without your help and gen-

erosity.

A big "Thank you" goes out to all the hard working volunteers at St. Vincent de Paul, who supported and worked the Christmas Angel Program. Your kind hearts and hardworking efforts helped hundreds of local families and their children, have a Merry Christmas.

By continuing to work together, we can make a difference in the lives of the children in our community.

Sincerely,

Sue Page
St. Vincent de Paul Children's Foundation

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

Gilford Steamer
5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331.
E-mail us at brendan@salmonpress.news.
We're looking forward to hearing from you!

MARK ON THE MARKETS

Moving parts



BY MARK PATTERSON
There are certain

times that I will invoke the use of a fixed index annuity or indexed universal life policy that have a certain crediting strategy that appears to be almost too good to be true. The indexed annuity or the indexed universal life may be beneficial in certain portfolios for a portion of an overall strategy. If a client is looking for income or wants to place an amount of their mon-

ey in a vehicle that can grow without equity market risk, a fixed indexed annuity may be a good fit. An indexed universal life policy may be a great addition to a portfolio if you want a death benefit, with potential cash accumulation and maybe some chronic illness benefits. What most fixed indexed annuities and indexed universal life policies have in common is

a crediting strategy that allows for growth that is in relation to an equity index, i.e. the S+P 500 that is capped on the upside but usually has a floor of zero for losses. The client has no market risk regarding losses. When I explain this to clients, the next question is "How can they do that"! The answer sounds very technical but is quite simple. First off, all this is done

in the insurance companies "Hedging" office or whatever firm they use to hedge for them. Typically, not always, the insurance company takes your premium dollars, let's use \$100 as an example. Using approximate dollars, the

first \$95.00 is invested in investment grade corporate bonds for the insurance companies benefit. Another \$ 2.00 is paid in expense for the policy, like administrative, commission to agent, para-med exams

SEE **MARKETS** PAGE A10

Shaker Regional School District PUBLIC NOTICE

NOTICE OF TIME LIMIT FOR FILING CANDIDACIES FOR MODERATOR AND SCHOOL BOARD MEMBERS OF THE SHAKER REGIONAL SCHOOL DISTRICT

The undersigned clerk of the School District herewith gives notice of the time limit for declaration of candidacy from this school district for election of a moderator and school board members of the Shaker Regional School District. The filing period will start Wednesday, January 22, 2020.

The election will occur during the annual voting on Tuesday, March 10, 2020 and will be conducted under the non-partisan ballot law.

Positions to be filled at the election are:

Moderator – to complete one-year of a two-year term
Belmont – two members to serve for three years (2023)
Canterbury – one member to serve for three years (2023)

Written declaration of candidacy must be filed with the clerk prior to 5:00 pm on Friday, January 31, 2020 in order for the name of the candidate to appear on the ballot. A filing fee of \$1.00 is required. Forms may be obtained from the Superintendent of School's Office; 58 School Street; Belmont, NH 03220, telephone number 267-9223, or by calling Stacy Kruger, Clerk, at 267-7552 evenings.

No person may file a declaration of candidacy for more than one position of the School Board to be elected at such election. Any qualified voter in each of the pre-existing districts named above is eligible to file for the position to be filled from that District. All candidates will be elected at large.

Stacy Kruger, Clerk
Shaker Regional School District

SHAKER REGIONAL SCHOOL DISTRICT NOTICE OF PUBLIC HEARINGS

The Shaker Regional School Board will hold two public hearings on the 2020-2021 Proposed Budget, as follows:

Canterbury Elementary School – Monday, January 13, 2020, at 6 pm. If school is closed due to inclement weather the meeting will be held Wednesday, January 15, 2020.

Belmont Middle School – Tuesday, January 14, 2020, at 6 pm. If school is closed due to inclement weather the meeting will be held Thursday, January 16, 2020.

Budget information for the public hearings will be located at the schools, both town offices, the town libraries, the Canterbury Country Store, the SAU 80 Office, and on the district website, www.sau80.org.

PUBLIC HEARING NOTICE GILFORD BUDGET COMMITTEE

**JANUARY 16, 2020 7:00PM
GILFORD HIGH SCHOOL AUDITORIUM**

The Gilford Budget Committee has scheduled 3 public hearings on Thursday, January 16, 2020 at 7:00 pm, to present its preliminary budget recommendations and to solicit public input on the proposed FY2020 Gunstock Acres Village Water District Budget, the FY2020 Town Budget, and the FY2020-2021 School District Budget, pursuant to the provisions of RSA 32:5. Following the public hearings, the Budget Committee will vote to finalize its budget recommendations, including its recommendations on appropriations for Town and School petition warrant articles.

All interested citizens are invited and encouraged to attend.

AUG 2011



What did the day before
Hurricane Irene look like?
Any other day.

Prepare for tomorrow.
Ready.gov/today



Laconia Adult Education Winter/Spring 2020 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
Intro to Pastel Painting	Tues&Thurs	3/3/20	5:30-7:30	2 weeks	*\$40.00*	LHS-509	Elizabeth Keefe
Mosaic Tile	Tues&Thurs	1/28/20	5:30-7:30	2 weeks	*\$50.00*	LHS-509	Elizabeth Keefe
Procreate Digital Painting Class	Tues&Thurs	3/31/20	5:30-7:30	2 weeks	*\$40.00*	LHS-509	Elizabeth Keefe
Quilt As You Go- Table Runners	Wed	4/1/20	6:30-8:30	4 weeks	*\$20.00*	LHS-828	Ardy Eaton
Cooking							
Chinese Cooking	Thurs	3/5/20	6:00-8:30	5 weeks	*\$60.00*	ctc-H220	Yan Li
Health & Wellness							
Abundance and the Law of Attraction!	Wed	1/29/20	6:30-8:00	1 week	Free	LHS-603	Celeste Lovett
Acupuncture, Herbs, & Holistic Medicine	Tues	1/28/20	7:00-8:30	1 week	Free	LHS-605	Brian Paterson, ND
Better Posture Better Life	Mon	1/27/20	5:30-6:15	4 weeks	\$45.00	Downtown Gym	Janine Page
Beginner Ballroom- Couple/Individual	Tues	1/28/20	7:45-8:45	4 weeks	\$90./\$50.	LHS-Café	Juli Pruden
Beyond Beginner Ballroom- Couple/Individual	Tues	1/28/20	5:45-6:45	4 weeks	\$90./\$50.	LHS-Café	Juli Pruden
Freedom Through Forgiveness	Thurs	4/23/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Holistic Roots to Healthy Living & Life Style Choices	Tues	2/11/20	7:00-8:30	4 weeks	Free	LHS-605	Brian Paterson, ND
Introduction to Spiritual Energies	Thurs	3/12/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Line Dancing- Vintage Style	Tues	1/28/20	6:45-7:45	4 weeks	\$45.00	LHS-Café	Juli Pruden
Mah Jongg Made Easy and Fun	Wed	1/27/20	7:00-9:00	5 weeks	\$50.00	LHS-514	Sharon Fleischman
Meditation 101	Thurs	4/9/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
T'ai Chi Chih	Wed	1/29/20	5:30-6:30	8 weeks	\$70.00	ctc-H235	Nancy Frost
What are Angels & How to Communicate with them	Thurs	3/26/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Yoga for Everyone: Beginning	Tues	1/28/20	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning	Thurs	1/30/20	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning	Tues&Thurs	1/28/20	5:00-6:15	8 weeks	*\$85.00*	ctc-H225	Bonnie Morin
Informational Classes/Seminars							
1st Time Homebuyer Seminar	Thurs	2/6/20	6:00-8:00	1 week	Free	LHS-613	Donald McLelland
Creating a Family Tree for Beginners	Mon	3/16/20	6:00-8:00	1 week	Free	LHS-606	Lynn Keltz
Estate, Wills, Trusts & Guardianship Planning	Tues	2/4/20	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Estate, Wills, Trusts & Guardianship Planning	Tues	3/3/20	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Financial Literacy	Wed	2/5/20	6:00-7:30	12 weeks	*\$60.00*	LHS-615	Stacy Brown
Personal Credit Seminar	Wed	1/29/20	6:00-8:00	1 week	Free	LHS-615	Stacy Brown
Savvy Social Security & Medicare Planning	Wed	1/29/20	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Smart Retirement Strategies	Wed	2/5/20	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Wealth Planning 101	Wed	2/12/20	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Language							
French Travel and Language	Mon	1/27/20	7:00-8:15	5 weeks	\$40.00	LHS-201	Marta Burke
Sign Language mon	Mon	1/27/20	6:30-8:00	10 weeks	\$50.00	LHS-315	Elizabeth Gam-
Spanish for Beginners	Mon	2/3/20	6:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	2/3/20	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	2/3/20	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Home Maintenance & Repair	Mon	1/27/20	6:00-9:00	6 weeks	\$185.00	LHS-517	Michael Pace
Basic Woodworking	Thurs	1/30/20	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Ed Philpot
Dog Obedience: Advanced	Wed	3/11/20	7:00-8:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Beginning	Wed	3/11/20	6:00-7:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Trick Dog	Wed	3/11/20	7:00-8:00	8 weeks	*\$75.00*	WHS	Carolyn Bancroft
Intro to Graphic Arts	Tues	2/4/20	6:30-8:30	3 weeks	\$60.00	LHS-507	Betsy Jacobson
Open Shop Woodworking	Tues	1/28/20	6:00-8:30	12 weeks	\$110.00	LHS-517	Ed Philpot
Planning a Novel	Thurs	3/5/20	6:00-8:00	4 weeks	\$50.00	LHS-612	Abi Maxwell
Theatre Basics	Tues	2/4/20	6:00-8:00	8 weeks	\$75.00	LHS-514	Rebekah Billings
Voice Overs... Now is Your Time!	Thurs	3/19/20	6:30-8:30	1 week	\$30.00	LHS-315	Suchavoice.com
Welding Basics: ARC, GAS, MIG & TIG	Tues	2/4/20	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAB	Rick Hewitt
Welding Basics: ARC, GAS, MIG & TIG	Wed	2/5/20	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAB	Rick Hewitt
Welding Basics: Advanced MIG,TIG,Stick,Fabrication	Thurs	2/6/20	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAB	Rick Hewitt

* * Additional Supply/book fee or pre-class requirement is additional in this course.

Check out our other great offerings:

A.B.E.- Free Adult Basic Education Tuesday & Thursday nights 6:00-8:30
HiSET (Formerly GED) Prep- Free Tuesday & Thursday nights 6:00-8:30
E.S.L.- Free for those learning English Tuesday & Thursday nights 6:00-8:30
A.D.D.- Free for Adults with Developmental Disabilities Tuesday & Thursday nights 6:00-8:30

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs)

REGISTER AND PAY ONLINE at: adultedlaconia.weebly.com
Still have questions? Call Laconia Adult Education at 524-5712

Nora McHugh, 91

Nora McHugh, 91, passed away peacefully in her sleep on Wednesday, Jan. 1, 2020 at the Laconia Nursing and Rehabilitation Center.

Nora was born on Feb. 10, 1928 in Dunmore County, Galway, Ireland. She was the daughter of the late Bridget and John Heverin.



Nora traveled by ship to Massachusetts in 1948. She eventually became employed at Our Lady of the Comforter of the Afflicted Parish in Waltham, Mass. Nora was the receptionist and cook at the rectory.

Nora moved to Gilford in the late 1960's with Monsignor Edward Harrington upon his retirement. Nora continued working part time at the Thunderbird Trading Post, Globe Department Store, and T.J. Maxx, where she was well liked by customers and associates.

Nora loved sewing and was a wonderful cook. She was communicant at St. Andre Bessette Parish in Laconia. Nora was proud

of her Irish heritage.

Nora is survived by many nieces and nephews in Ireland, including Noreen and Pat Delaney. She will be missed by all who knew her. In addition to her parents she was predeceased by her husband, George McHugh.

Calling Hours were held on Tuesday, Jan. 7, 2020 from 5 – 7 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant Street, Laconia, using the Carriage House entrance.

Mass of Christian Burial will be celebrated on Wednesday, Jan. 28, 2020, at 11 a.m., at St. Andre Bessette Parish – St. Joseph Church, 30 Church St., Laconia.

Burial will be held at the St. Patrick Cemetery in Watertown, Mass. at a later date.

The family would like to thank the staff of the Laconia Nursing and Rehabilitation Center for their compassion and quality care they provided to Nora during her three years there. The staff loved Nora's sense of Irish humor and had fun with her during many activities.

For those who wish the family suggest memorial contributions in Nora's name may be made to the Laconia Nursing and Rehabilitation Center Activity Fund, C/O Stacy, 175 Blueberry Lane, Laconia, NH 03246 or to the Diocese Priest Retirement Trust Fund, 153 Ash St., Manchester, NH 03104.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

LACONIA — Claire E. Rivers, 89, died on Monday, Dec. 30, 2019 at Lakes Region General Hospital.

Claire was born on July 10, 1930 in Boston, Mass., the daughter of Willard and Ethel (Haigh) MacIver. After graduating high school Claire attended college and eventually began a career in communications.

Claire enjoyed reading and playing scrabble. She was an avid gardener and always had a passion for watching birds. Claire will also be remembered for her dedication to volunteer work.

Claire is survived by two sons, David Rivers and Stephen Rivers; her daughter,



Janet Davis; grandchildren, Pamela McDonald, Christopher Rivers, Nicole Demers, Stephen Rivers Jr., Corey Rivers, and Alison Davis; her great-grandchildren, Madison, Cooper, Ava, and Cole; and her nieces and nephews.

In addition to her parents, she was predeceased by her hus-

band, Arthur Rivers; her son, Bruce Rivers; her daughter, Susan Rivers, and her sister, Joan Santucci.

Services will be held at a later date.

For those who wish memorial contributions in Claire's name may be made to the New Hampshire Humane Society, PO Box 572, Laconia, NH 03246 or to the SPCA International, PO Box 8682, New York, NY 10001.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Cruz Maria Angel Serrano, 78

LACONIA — Cruz Maria Angel Serrano, 78, of Walker Street died on Tuesday, Dec. 31, 2019 at Lakes Region General Hospital.

Cruz was born on Dec. 19, 1941 in Boconó, Trujillo, Venezuela, the daughter of Angel Jose and Isaura Angel. She worked as a nurse for the Dr. Raúl Leoni Hospital in Venezuela.

Cruz is survived by her son; Adelis Sanchez and his wife,



Kristine Santos; and her daughter, Liz Sanchez and husband Pedro Maecha. In addi-

tion, her parents she was predeceased by her husband, Rafael Sanchez.

Services will be held in the spring.

Wilkinson-Beane-Simoneau-Paquette Funeral Home and Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.WilkinsonBeane.com.

Absentee ballot applications open for Primary

BY ERIN PLUMMER
mnews@salmonpress.news

Absentee ballots are available for town voters who will not be able to go to the polls for the New Hampshire Primary.

On Dec. 26, the Gilford Town Clerk's office posted a notice on the town website advising people that absentee ballots were available for the Feb. 11 primary.

A number of state laws allow for absentee voting. In Gilford absentee voting is available for Gilford resi-

dents and registered voters. Under state law anyone registered to vote in their community who cannot be present for voting, have a religious observance that time, have a physical disability that prevents them coming to the polls, have employment obligation, are traveling to and from work during voting, or is serving in the armed services at the time of the election are eligible for an absentee ballot.

An absentee ballot application can be

filed with the town clerk's office until voting day. Ballots can be delivered to the town clerk's office in person during regular business hours (Monday through Wednesday and Friday from 8 a.m.-4:30 p.m. and Thursday 8 a.m.-6 p.m.). The office will also be open on Monday, Feb. 10 from 8 a.m.-5 p.m. to accept absentee applications. Any applications sent by the US Postal Service must be at the Town Clerk's office must be received by election day. Applications can also be presented at the polls on Feb. 11 by a spouse, parent, sibling, or child with proper ID.

For more information contact the town clerk's office at 527-4713 or email town clerk Danielle LaFond at dla-fond@gilfordnh.org.

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Maintaining our physical health as we age is an important part of overall wellbeing. Making activity part of our daily routine becomes more vital as we age but can also be more difficult.

Seniors should always discuss their physical activity level and ability with their physician. For most, engaging in 30 minutes of moderate activity each day can have numerous long-term benefits.

There are a variety of low-impact exercises

Comfort Keepers Low impact exercises

es and activities that can be beneficial for seniors. Low-impact exercise can elevate the heart rate, which in turn has physical health benefits.

While it is typically easier to participate in these less rigorous types of exercise, older adults should always talk to their doctor before starting a new program.

Types of low-impact exercise can include:

- Walking: One of the benefits of walking is that, unlike running, it's easier on the joints. Plus, it doesn't require any special equipment or a gym membership. With a comfortable pair of tennis shoes and a smooth pathway, someone can start this right away. For the most benefit, keeping a brisk pace for at least 15-20 minutes is important.
- Swimming: What's better than minimal stress on the joints? No stress at all. Swimming provides a number of benefits, including strengthened shoulders and increased lung capacity. Seniors can also take part in water aerobics or walk on underwater treadmills.
- Yoga: From improving flexibility and coordination to strengthening your core, there's very little that yoga doesn't do. Additionally, yoga has been shown to improve mood, focus, and overall mental wellbeing.
- Pilates: This exercise allows for very slow and con-

cise movements, designed to improve posture and flexibility. Like yoga, Pilates are known to improve mental well-being.

- Cycling: With the proper safety measure in place (including a helmet, shin pads, and appropriate configurations), cycling can do wonders for not only the cardiovascular system but also the joints and various muscle groups.
- Weight training: Weight training can be done at home, with small free weights or even moderately heavy objects that you can grip easily, or at a fitness center. Consistent repetition is key, as is advancing to heavier weights over time.
- Leg Raises: These can be done at home with no equipment. Simply stand behind a chair, and while holding on to the back of the chair, move one leg to the side and then back. Repeating this, with different variations, can help strengthen lower back and thigh muscles.
- Dancing: In recent years, there has been a rise in the popularity of dance class enrollment – and for good reason. The constant movement in dancing classes can help circulation and flexibility. Attended these classes can also provide great opportunities to socialize and connect with others.

Comfort Keepers® Can Help
At Comfort Keep-SEE COMFORT PAGE A10

28TH ANNUAL
YANKEE SPORTSMAN'S CLASSIC
THE NORTH COUNTRY'S LARGEST
HUNTING, FISHING, & OUTDOOR RECREATION SHOW

HAL BLOOD

JANUARY 17-19, 2020

Robert E. Miller Expo Center | Fairgrounds – Essex, Jct.

Friday: 12pm – 7pm	Adults: \$11
Saturday: 9am – 7pm	Children (Age 3-12): \$5
Sunday: 9am – 4pm	Children (Under 3): FREE

PAID ADMISSION IS GOOD FOR ALL THREE DAYS WITH A HAND STAMP!

200 EXHIBITORS, OVER 50 FREE SEMINARS ACTIVITIES & FUN FOR THE WHOLE FAMILY!

WHITETAILS OF NORTH AMERICA COLLECTION
Come see forty of the largest and most famous whitetails that have ever walked the earth.

SHOW SPONSORED IN PART BY:

Vermont Federation of Sportsmen's Clubs Inc.
Proudly Serving Vermonters Since 1875

FOR MORE INFO:
802-238-7501 OR YANKEECLASSIC.NET

How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 101
with any questions regarding the submission process.*

Bob Ewell joins Prescott Farm Board of Directors

LACONIA – Prescott Farm Environmental Education Center is pleased to announce the recent appointment of Bob Ewell to the Board of Directors. Ewell, already a dedicated volunteer, member, and program participant at Prescott Farm, looks forward to assisting the nonprofit with networking in the community and facilities management.

A Laconia resident and New England native, Ewell retired in 2014 after a distinguished 40-year career of teaching and coaching in high schools and colleges across the northeast. Bob is a current member and past president of the Lakes Region Rotary Club.

Ewell’s connection to the nonprofit organization began over ten years ago when Bob took over as the coordinator of a local Rotary-lead Youth Leadership Program that teaches future leaders from high schools around the Lakes Region about leadership and community service. Under Bob’s leadership, the group contributes a day of service at Prescott Farm every year. In 2015, Ewell and members of the Lakes Region Rotary Club helped build elements of Prescott Farm’s Natural PlayScape and in 2019, Ewell served on a committee dedicated to growing high impact volunteer engagement at the nonprofit.

“Bob’s commitment to community service is unsurpassed and we are thrilled that he is stepping up to this leadership role,” Prescott Farm Executive Director Jude Hamel said. “From his experiences teaching and coaching to rolling up his sleeves and diving into projects at Prescott Farm, Bob displays incredible dedication to the Lakes Region. He’s truly a perfect fit for our organization.”

Interested com-



COURTESY

Bob Ewell

munity members are invited to contact Prescott Farm about other leadership roles available in the areas of community engagement, education, risk management, and property.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than

twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated

wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles

of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest

summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.



COURTESY

Belknap Mill spotlights artist Lindsey Tebaldi

Artist Lindsey Tebaldi is the Belknap Mill’s featured exhibit this January. This collection is the culmination of the last 5 years of working during free time and vacations from school in the medium of pen and ink on paper, which is then scanned and colored digitally. An artist reception will be held Friday, Jan. 10, 6-7:30 p.m. The Riverside Gallery is open Monday–Friday, 9 a.m.–5 p.m. and Saturday 9 a.m.–4 p.m.



Dining & Entertainment

LAKES REGION





Thank You
Jane & Don Brown
FOR 39 YEARS
OF DEDICATION
to Sandwich, NH.

Lexi Welcomes
You to Explore
Sandwich...

*Visit Us on Facebook & Instagram
for Our Weekly Events.*

22 MAIN ST, CENTER SANDWICH, NH 03227 (at RT. 109 & 113)
PHONE: 603-284-6219



Don't Wait.



Communicate.


Make your
emergency plan today.

Visit Ready.gov/communicate






DON'T TEXT AND DRIVE



BEACON BRASS

Sunday January 10, 2020 2:00 PM

First Congregational Church, 115 S. Main St. Wolfeboro



Season & Performance Sponsors

Paul & Deb Zimmerman
YFI Custom Homes

Performance also Sponsored by:

Green Mountain Communications
Taylor Community
Avery Insurance Agency

Tickets at \$25 are available at:
Avery Insurance ~ Black’s Paper & Gift ~ Innisfree Bookshop;
Bayswater Books~Greenlaw’s Music & Audio
online at WFriendsOfMusic.org; or at the door.
High school students are admitted free with ID.
Middle & elementary school students admitted free
with their parents or accompanying adults.
For more information
Call 569-2151 or visit www.wfriendsofmusic.org.

Congress shouldn't be a lifetime appointment. We need term limits.



Corporations control our democracy through lobbying and massive campaign donations. When our representatives manage to get legislation passed, it often serves those special interest groups and corporations, not the people's needs. Term limits can help give us a government of, by, and for the people. They help put the people in charge of elected officials, elect a more diverse group, bring the people's ideas to Congress, and create a government that is more responsive.

Join me in calling for term limits in Congress.

TOM²⁰₂₀
tomsteyer.com

PAID FOR BY TOM STEYER 2020

MERMAID

(Continued from Page A1)

said it's a bit harder to act out everything given how much emotion there is in the performance. Kenyon said although she isn't evil like Ursula is, it's been really fun playing an over the top character

like her. All three said they have been enjoying working with their fellow performers. "They're all very kind and all share the same passion," Hennig said. Powers said every-

one is working toward putting on a good show. Kenyon said she doesn't like being mean to her peers, though playing with playing Ursula that comes with the territory.

AUCTION

(Continued from Page A1)

She added, "The Children's Auction evolves. That's important." The annual event that now supports 62 nonprofits in the Lakes Region raised \$2,100 in its first year and \$600,032 this year, its 38th. There has been tremendous growth and positive change, yet McGreevy can't help but feel slightly wistful about "the old days."

All those years ago, parents and children would come in or call the Auction center to make a request for help.

"They might say, 'I'm a mom with three kids, and I can't pay for Christmas gifts,'" McGreevy remembered, getting teary. "The next thing we'd know, a volunteer would come with a truck with a bed and a comforter. It was pretty cool to be part of that."

The support the event provides, while critical, is not individual or personal now. The Children's Auction is a nonprofit, and it offers grants to nonprofits, which in turn have the direct contact and relationships with people in need.

"We've gotten so big we can't take individual requests," McGreevy said, adding, "The money gets where it's needed. It's very heartwarming to be part of this. It's remarkable what we're able to do."

McGreevy got involved with the Auction because her husband, David, was friends with founder Warren Bailey.

"He said, 'Come and help and get more involved,'" McGreevy remembered.

She put her organizational skills to work. She created a system for managing the many gift certificates that were donated to be auctioned off.

"I remember walking in and saying, 'This doesn't seem

very efficient. There's got to be a better way. Alphabetize them, or organize them by category or type,'" McGreevy said. "I helped modernize the systems."

Thanks to R.J. Harding, the pen-on-paper method of tracking donations, which yielded hundreds of reams of paper over five days, has also been replaced with digital software. The only paper that remains are sheets that travel with the items on the bidding boards, helping the presenters learn about what's being auctioned off and by whom.

David McGreevy has been key in the growth, too. In the event's early years, when the Auction venue was a van, David McGreevy helped find a vacant downtown space for it to be held, spearheading the beginnings of big change. As the owner of McGreevy Automotive at the time, David McGreevy also drew on his relationship with Metrocast's general manager Terry Hicks to help get the event televised for the first time in 1998.

Everyone in the McGreevy family takes part in the Auction, including the couple's children—20-year-old Callie, 17-year-old Colin, and 12-year-old Carson.

"It's become a family tradition," Jennifer McGreevy said. "Carson begs me to take a day off from Gilford Middle School so he can volunteer backstage, and if his grades are good, he gets to do that."

This year, Carson was at the Auction on Thursday, bustling around with his mother.

As the director of company partnerships with Boothby Therapy Services, which employs related service providers in schools across New Hampshire, Jennifer McGreevy has the free-

LeFOND

(Continued from Page A1)

the middle of a hectic period and received a lot of help from staff members.

Everyone in the office completed voter training.

"I thought it was a good idea for the older people to get some pointers and I thought it would be good for them," LeFond said.

Other staff members completed vital records training, so they can do a lot of the tasks the town clerk can do.

"Danielle and her staff are doing an outstanding job," said Town Administrator Scott Dunn. "They really stepped it up under a near crisis start and have simply done fabulous."

The tax bills for 2019 were mailed out Nov.

29 with the due date of Dec. 30. Because of the changes in assessments, some property owners saw big increases in their taxes.

"The minute the tax bills got to the people our phones just rang off the hook with, 'My tax bill has doubled,' 'My assessments gone up 50 percent,'" LeFond said.

As the bills got out so late, LeFond said by that meeting a lot of people still hadn't gotten their bills and many people were trying to track down their bills.

Selectman Chan Eddy said he heard a lot of complaints about how high the taxes were and advised people to seek an abatement if they weren't happy with their as-

essment.

"Things seem to be calmed, it's not quite so frenetic as I've seen in the past," Eddy said. "You're obviously doing something right."

The office was getting ready to have boat decals available for 2020.

Selectman Gus Benavides asked if online boat registration was available. LeFond said there wasn't a specific button on the website, but people could find the forms under the "Miscellaneous" section. Benavides said the town should look into making that its own icon. LeFond said she wasn't sure if they could because they didn't know if the state offers an online registration.

WASTE

(Continued from Page A1)

for additional information. There will also be free seminars at the Library from time-to-time on how to "Recycle Right," with the first classes scheduled for Tuesday, Jan. 7 at 3 p.m. and 6 p.m. – no sign-up is necessary.

The Gilford Solid Waste Center is located at 100 Recycle Way, and will be open Tuesdays through Saturdays, (except for hol-

idays), from 8 a.m. to 3:45 p.m. Please call the Department of Public Works at 527-4778

with any questions or concerns or visit www.gilfordnh.org/recycleright.

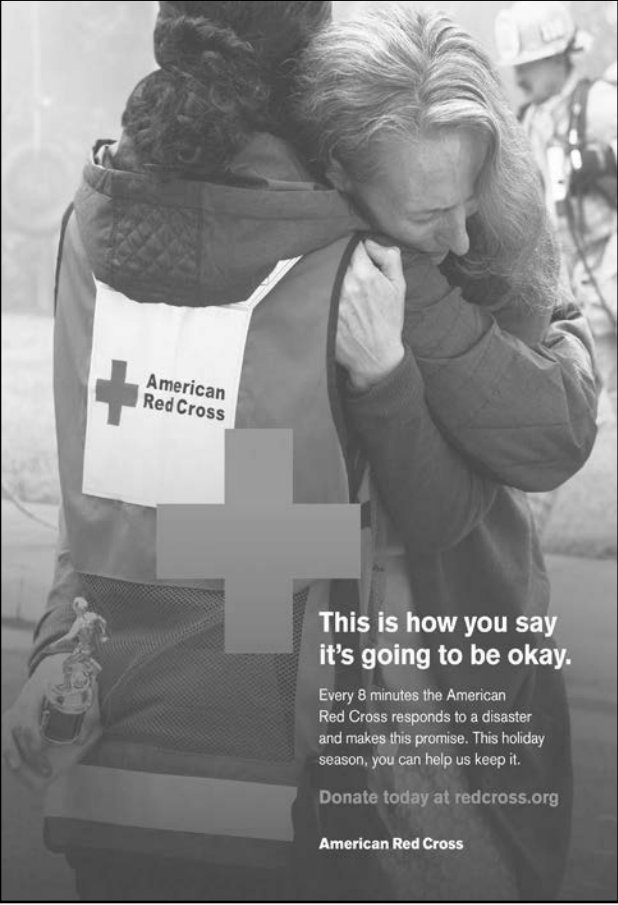
Forest Pump & Filter Co.
Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING PUMP SYSTEMS
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037



This is how you say it's going to be okay.

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at redcross.org

American Red Cross

2020
To your
Health

\$10.95 PCI FOR A 5-PAPER BUY

Published:
February 12 & 13, 2020

Sales Deadline:
January 29, 2020

In this special section, local healthcare providers will provide information on the latest advancements and practices.

Showcase your business - press release and pictures encouraged with the purchase of an ad.

Please limit press release to under 500 words. They may be edited for clarity and space.

A Special Supplement to:

The Littleton Courier,
Coös County Democrat,
Berlin Reporter,
Plymouth Record Enterprise,
and Newfound Landing

Contact us today to reserve your advertising space!

Tracy Lewis
603-616-7103 tracy@salmonpress.news



Winter Homeschool Series begins Jan. 22 at Prescott Farm

LACONIA — Winter weather impacts the way all of us live – including the plants and animals around us. So it’s an excellent time of year to learn about the natural world around us. Prescott Farm Environmental Education Center welcomes 2020 with a selection of new and popular returning programs geared towards building new experiences and knowledge – whatever the weather has in store.

Among the new additions to Prescott Farm’s calendar is Homeschool: Winter Series, a 4-week program for homeschool families with children ages six to 12. Participants in the Wednesday afternoon classes will be invited to explore the natural environment and the animals active during New Hampshire winters.

Through hands-on, outdoor lessons guided by Prescott Farm’s knowledgeable Naturalists, children will investigate the theme of each week’s program:

- Animal Tracking: Jan. 22; 1:30-3 p.m.
- Big Mammals: Jan. 29; 1:30-3 p.m.
- Birds in Winter: Feb. 5; 1:30-3 p.m.
- The Subnivian Zone: Feb. 12; 1:30-3 p.m.

Visit prescottfarm.org for complete program descriptions and to register. Prior registration is not mandatory but recommended. The program is for children ages 6-12 and an adult must accompany child. Snowshoes will be provided as necessary.

Prescott Farm is a non-profit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

Prescott Farm – exploring and preserving the natural world, one adventure at a time.



Meadowlark Trio kicks off concert season at Taylor Community

LACONIA — The 2020 Taylor Concert Series, sponsored by Bank of New Hampshire kicks off Sunday, Jan. 19 at 3 p.m. in Taylor Community’s Woodside Building with the Meadowlark Trio, performing works by Mozart and Brahms. This free event is open to the public.

The trio – comprised of Janny Joo, violin; Timothy Paek, cello, and April Sun on piano – hails from America’s heartland. Formed by the three best friends in 2012, they have since performed nationwide to great acclaim. Performances include the Toronto Summer Music Festival; Carnegie Room Concerts and Spectrum Music Series in New York as well as the Bing Concert Hall in California and house concerts in Montana.



COURTESY

The 2020 Taylor Concert Series, sponsored by Bank of New Hampshire kicks off Sunday, Jan. 19 at 3 p.m. in Taylor Community’s Woodside Building with the Meadowlark Trio, performing works by Mozart and Brahms.

The group looks beyond the conventional model of classical music by creating new works and commissioning works by multiple composers. They are also deeply committed to community outreach.

As fellows for Music for Food, they present concerts and workshops throughout the greater Boston area to benefit local food pantries.

Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

MARKETS (Continued from Page A5)

if it was a life policy. The last three dollars goes toward an option contract that will go towards the index cap and crediting strategy that you chose. You must understand that a variable contract, whether it is annuity or life, is a totally different structure that I do not advise for my clients because I do not believe it is the best option available. Variable contract’s typically do not protect the principal, have market risk and high fees. The “guaranteed benefit base” “addition is mostly mis-understood by the client and not explained by the agent or broker.

Having been a manager and trader of a fund that uses options and futures hedging strategies, I can guess that they are using a spread strategy and buying a call option at the strike price of where the index is trading when you fund the policy, and selling a call at the upper limit of your index cap. The sale of this call option funds a portion of the purchase of the more expensive “near the money” call. It sounds confusing, but when you do that on a regular basis, it is one of the simpler option strategies that portfolio managers employ while managing money.

The insurance company is invested very conservatively; the client gets the capped upside to the index that they have chosen with no market risk. But there are many moving parts that must be evaluated that makes a policy good for the policy owner vs. the agent.

This part seems simple, and it is. An annuity that has “income” features or a life policy with its death benefit is the part of the insurance company’s strength and expertise that involves that actuarial science and the law of large numbers along with proper assets in reserve to pay these death benefits.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.

NOTEBOOK (Continued from Page A4)

U.S. FOREST SERVICE
(Right) Adult cougars are big animals. An adult male can top out at more than 200 pounds, Arizona officials point out.

ly said, “I am what I am and I ain’t what I ain’t.”

+++++

Wildlife geneticists and many others in the outdoor world are anxious to put down another emerging wildlife buzz-word, “coywolf.” The aforementioned



JIM GAFFEY

“Be careful what you wish for,” a reader wryly wrote, citing the tons of fun he had with this ‘67 Austin Healey III. He ran it (but mostly worked on it) for two decades, and now a lucky new owner is doing the same.

Kays, a wildlife professor at North Carolina State University, says the media tend to glom onto such terms, so he and his peers along the Eastern Seaboard want to get out ahead of the curve this time. “The media really love this new animal name,” he said. “We are witnessing the evolution of a new type of coyote right under our noses, one that is very good at living here.”

Researchers are using modern tools to identify genetic make-up of wild canines, he said, describing it as “really cool science.” But nobody, he emphasized, wants to hear the term “coywolf.”

Which means, of course, that with some people, particularly those with a dog in the terminology fight, it’ll be here to stay.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

KITCHEN ENCOUNTERS

Exceptional Cabinetry for the most Discriminating Taste



KraftMaid
KITCHENS FOR THE REAL LIVING ROOM®

603-366-9933 • Route 3, 730 Endicott Street • Laconia, NH

Everyone goes through a tribulation or two when doing a new kitchen.

We can create a kitchen that reflects who you are. We will go to great lengths to make everything from concept to installation go as smoothly as possible.

Call our kitchen and bath design professionals for an appointment today!



Colton Workman races to a sixth place finish in the slalom.

BOB MARTIN



Shealeagh Brown skis around a gate in the slalom at Gunstock.

BOB MARTIN

Gilford skiers shine at Gunstock meet

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD – The Gilford High School ski team had a great day at Gunstock last week, with the boys' team placing first thanks to first place finishes in slalom and giant slalom by Morgan McCarthy.

The boys' team in slalom was led by McCarthy, who placed first overall in both runs with a combined time of 1:21.25. Colton Workman was sixth with a time of 1:32.21; Nick Kaminski was 13th with a time of 1:39.94 and Cole Howard was 14th with a time of 1:40.30. Caleb Clough was 23rd with a time of



Sophia Lehr skis the course at Gunstock last week for the Gilford ski team.

BOB MARTIN



BOB MARTIN

1:55.27 and Tyler Davignon had a 26th place

time of 1:58.09.

In the giant slalom,

McCarthy was also the winner with a combined

Morgan McCarthy won the slalom and the giant slalom at Gunstock last week.



Catherine Pingol swims the breaststroke for the Golden Eagles.

COURTESY



Lauren Sikoski swims the breast stroke for the Golden Eagles in a meet on Sunday in Salem.

COURTESY

Strong start to new year for Gilford swimmers

BY BOB MARTIN
Bob@Salmonpress.news

SALEM – The Gilford High School swim team competed in Pelham on Jan. 5 and coach Dave Gingrich was pleased with the way his team responded in a holiday week, with many swim-

mers dropping seconds off their times.

“Our swimmers did well despite not having a practice for the last two weeks during vacation,” said Gingrich, who added the team had no practices right before the meet.

Laurel Gingrich took first place in the 100-meter freestyle to lead the Golden Eagles with a time of 1:00.27. She also placed fifth in the 100-meter breaststroke

with a time of 1:24.04.

Aidan Malek came in fifth in the backstroke with a time of 1:24.91. He was also seventh in the 50-yard free with a time of 30.93.

Reagan McIntire was seventh in the 50-meter free with a time of 30.98. She was eighth in the 100-meter breaststroke with a time of 1:27.74.

SEE SWIM PAGE B3

time of 54.69. Workman was fifth with a time of 57.50; Howard was sixth with a time of 57.85; Clough was 15th with a time of 1:03.64; Kaminski was 24th with a time of 1:09.30; Dev Patel was 29th with a time of 1:11.76 and Davignon was 31st with a time of 1:12.71.

The girls' team placed second to Kearsarge in the meet. Gilford won the slalom section and was led by Sydney Lehr with a second place time of 1:31.20. Shealeagh Brown was fourth with a time of 1:35.73; Sophia Lehr was eighth with a time of 1:40.35; Kendall Jones was 10th with a time of 1:42.45; Tessa Tanner was 14th with a time of 1:45.72; Hannah Lord was 18th with a time of 2:01.14; Molly McLean was 34th with a time of 2:18.40; Kiara Bates was 44th with a time of 2:33.19 and Maddie Rector was 48th with a time of 2:48.73.

In the giant slalom, Gilford placed second, but Sydney Lehr took the top spot with a time of

SEE SKI PAGE B2

Great Food, Fun & Entertainment

Patrick's
IRISH ROOTS - AMERICAN SPIRIT

FRI & SAT
at the Pub

Friday NIGHTS LIVE
FRI 7PM
Live music with Jim Tyrrell and guest.

SATURDAY SEASON
SAT 8PM
Enjoy live music with Henry Laliberte

patrickspub.com • (603) 293-0841 • 18 Weirs Rd. Gilford, NH 03249

BEST OF NH

SANTA'S BIG ORANGE HELPER
Clean Up Before the Guests Arrive!

THE DUMPSTER DEPOT
Waste Recycling Services

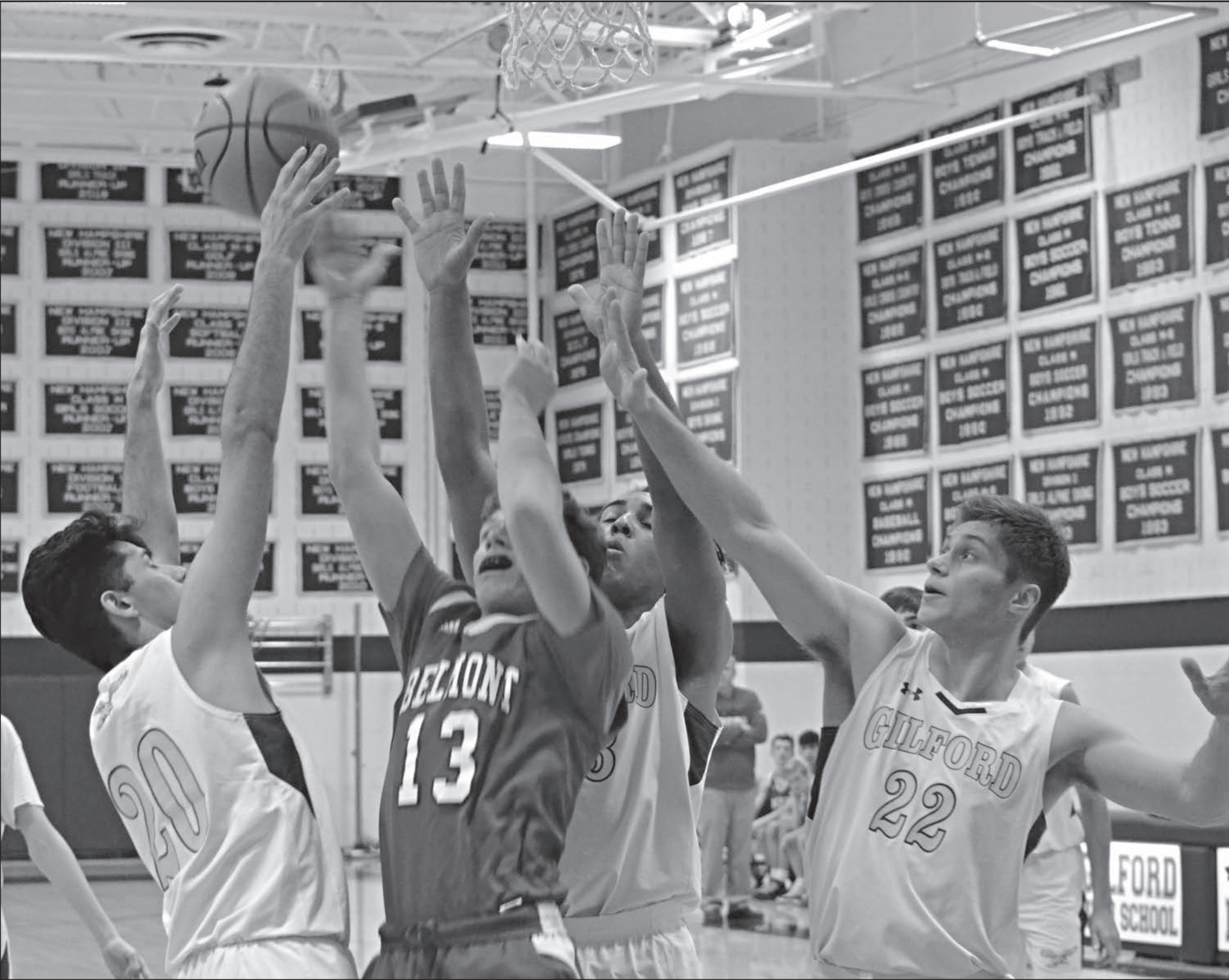
\$395
DUMPSTER RENTALS FROM

Wishing You A Happy & Healthy Holiday Season

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

SAVE WITH OUR DUMPSTER DEPOT BUCKS



Belmont junior forward Brian Carroll goes to the hoop in the middle of a group of Gilford defenders, from left, Logan Hughes, Adrian Siravo and Alex Cheek, during the annual Lakes Region Holiday Basketball Tournament hosted by Gilford.

Belmont boys beat Gilford for holiday tourney title

BY JOE SOUZA
Contributing Writer

GILFORD — In the big picture, a holiday tournament title means little.

The Belmont boys’ basketball team is hoping its hard fought 44-32 victory over host Gilford in the annual Lakes Region Holiday Basketball Tournament championship game is the foundation of a special season in Division III.

“This is a good confidence boost for us,” Belmont head coach Jim Cilley said after his squad turned back their rivals.

“We competed well against a real good team, a team that has already beaten some good teams,” continued Cilley. “We are taking strides in the right direction and we have to continue to build on this when the real games start.”

The Red Raiders, now 4-0 after adding two dominant wins over Prospect

Mountain and Franklin since the regular season resumed, got off to a fast start behind the hot shooting of tournament MVP Jackson Reulke. The junior guard scored all 11 points for Belmont, knocking down three three-pointers to help the visitors grab an 11-4 lead after one.

Gilford struggled on the offensive side, especially with senior leader Adrian Siravo on the bench with two quick fouls.

From there, the Red Raiders answered everything Gilford threw their way to claim the holiday tournament title.

“It didn’t help that our big guy got two early fouls, which it felt like he got two in the first 20 seconds of the game,” Gilford head coach Rick Acquilano said.

“But Belmont is a really good team. They are a mature team,” added Acquilano. “They are deceptively long and very athletic. They did a very

good job on the defensive end, forcing us to make mistakes.”

Reulke knocked down the first shot of the second quarter to push Belmont’s lead to nine (13-4).

Gilford, with Siravo back on the court, made its first run at its rival. Siravo had two tough conventional three-point plays inside, the first igniting a 10-0 Golden Eagle run. Freshman Jalen Reese capped the spurt with a tough bucket inside, with his ensuing free throw giving Gilford their only lead of the night (14-13).

The Red Raiders responded and they did so with Reulke on the bench with a pair of fouls. Junior guard Nate Sottak knocked down five of six from the charity stripe to give Belmont an 18-14 lead the visitors would not relinquish. Freshman Jamison Gaudette had a nice finish inside and senior Keith Landry knocked down a long three, capping Belmont’s

10-0 run for a 23-14 lead at the half.

The intensity picked up in the second half, especially on the defensive end for both clubs.

Gilford looked poised to make a run, scoring the first five points of the third quarter. Backed by a big defensive effort and Gilford’s struggles to finish underneath, the Red Raiders weathered the storm and scored the final six points of the quarter for a 29-19 edge after three.

“They made some good adjustments at halftime and I thought they really outplayed us in the third,” said Cilley. “But I looked at the scoresheet and we outscored them by one (6-5).

“We did a really good job. My kids played really hard,” the veteran coach continued. “Our two guards (Reulke and Sottak) are special, but (Tommy) Galambos came in and did a really good job for us. We brought Gaudette up from the JV team to

give him some minutes. He played great yesterday and he was fantastic again. And Keith Landry, playing Adrian the entire game. He was contesting shots. He did a really good job defensively, which he’s not known for but can do it.”

While the Golden Eagles appeared poised to break out on a run at any moment in the final quarter, Belmont was ready to respond either on the defensive end or with a big bucket on the other. Gilford got no closer than six points (38-32) when senior Logan Hughes drained a corner three with 1:12 remaining.

“Late in the game, I felt we were in striking distance, but they kept making plays to hold us off and that’s a sign of a very good team,” Acquilano said.

Reulke tossed in 17 points to lead all scorers. Sottak and Landry finished with nine apiece, while Gaudette finished with seven and Bryce

Hall rounded out the scoring with two.

For the Golden Eagles, Siravo led the way with 14 points. Hughes finished with seven, while Reese tossed in five. Alex Cheek, Riley Marsh and Connor Sullivan all had two points.

“We need to get better at everything,” Acquilano said. “We need to get better each day. We need to work on coming together as a team and playing team basketball.”

Meanwhile, Belmont will be looking to build on the tournament run that included wins over Prospect Mountain and Laconia.

“Gilford is a really good team. Rick got me into coaching and our teams mirror each other. We do a lot of the same stuff,” Cilley said. “It’s always a dog fight with them and we’ll see them two more times when the games count.”

Those are slated for Jan. 14 in Gilford and Feb. 25 in Belmont.



Bretton Woods

Ranked #12 Ski Resort In the World by *Condé Nast Traveler*.

PHOTO TAKEN 1/1/20



UPCOMING EVENTS brettonwoods.com/calendar

LEARN TO SKI & SNOWBOARD MONTH January is the perfect opportunity to hit the slopes for the first time! First timers enjoy discounted packages and can learn for **FREE** January 5-10. brettonwoods.com/learntoski_snowboard.

SPECIAL OFFERS brettonwoods.com/specials

MLK MONDAY MADNESS Celebrate the long weekend with \$79 tickets on January 20 when purchased in advance online.

2-4-1 WEDNESDAYS Two adults ski/ride for \$88 during non-holiday periods, or enjoy two Nordic tickets for \$21.

\$29 POWDER & PASTA Ski or ride from 4-8pm and enjoy a pasta dinner Fri. and Sat. nights, plus night during holiday periods. Or get on the slopes starting at 2pm for \$53.

\$110 ZIP & SKI Hit the slopes then soar above them for one low price.

LOCAL'S SPECIALS Visit brettonwoods.com/locals for exclusive deals for our neighbors!

Offers may not be combined, restrictions & black-out dates may apply. Residency qualifications apply for Local's Specials. Events & activities subject to change without notice. Valid during 2019-20 ski season.

OMNI RESORTS

mount washington | new hampshire

Route 302, Bretton Woods, New Hampshire • (603) 278-8989 • brettonwoods.com

Bulldogs get big road win

BY BOB MARTIN
Bob@Salmonpress.news

WINCHENDON, Mass. – Last week the Belmont/Gilford hockey team took a big win against ConVal with a great offensive output in a 8-1 victory on the road.

The Bulldogs got the scoring going at the 7:58 mark with an unassisted goal by Will Robarge. Dylan Flannery scored at the 13:49 mark with assists going to Zoltan Stefan and Griffin Tondreau.

dreau.

The flood gates opened in the second period with four goals for the Bulldogs. Nate Shirley kicked things off with an unassisted goal at the beginning of the period. This followed quick goals by Hayden Parent and Stefan. Parent's goal was assisted by Cam Jarvi and Joey Blake. Stefan's goal was assisted by Trevor Chassie and Griffin Tondreau.

In the third period,

Parent secured a hat trick with a pair of goals. The first was assisted by Brady Logan and Blake. The second was also assisted by Blake and Owen Guerin.

“The score was 2-0 after the first period but the ability for B/G to rotate three lines seem to tire the ConVal Griffins and allowed a second period with B/G scoring four goals,” coach Jason Parent said.

He added that the team had “solid defense and timely goaltending,” which he called the key for the Bulldogs' success. Goalie Colin McGreevy had 21 saves in the win.

Next up is a home game against Monadnock on Jan. 11 at 3 p.m. at the Merrill Fay Arena.

SKI (Continued from Page B1)

58.05. Sophia Lehr was fifth with a time of 59.18; Brown and Jones tied for seventh with identical times of 1:01.45; Tanner was 13th with a time of 1:03.62; Lord

was 18th with a time of 1:05.79; McLean was 39th with a time of 1:24.16; Rector was 48th with a time of 1:33.45 and Bates was 51st with a time of 1:38.50.



Shelby Cole led the way with 14 points in the win over Moultonborough.

BOB MARTIN



Maegan Shute goes up for a layup against Moultonborough Academy.

BOB MARTIN

Gilford girls win tourney opener, fall in semis

BY BOB MARTIN
Bob@salmonpress.news

GILFORD – The Gilford girls' basketball team took on the Moultonborough Academy Panthers in the first round of the annual Lakes Region Holiday Basketball Tournament, and the Golden Eagles won a fairly tight match-up by a score of 38-28.

Gilford led 7-6 at the end of the first quarter and it was anyone's game, but the Golden Eagles had a productive second quarter defensively and took a 13-9 lead into halftime. Gilford's offense got going in the third quarter and the Golden Eagles outscored the Panthers 11-6, highlighted by a buzzer

beating three-pointer by Shelby Cole. It was a fairly evenly played fourth quarter with Gilford outscoring Moultonborough 14-13 on the way to victory. Cole was the scoring leader with 14 points in the game. Abby O'Connor and Vanessa Flanders each pitched in with eight points. Alli-



BOB MARTIN

Gwen Knipping makes a pass for Gilford in the Lakes Region Holiday Basketball Tournament.

son Carr and Kate Sullivan added three points apiece.

"Gilford led from start to finish in a low scoring game as neither team could find a shooting rhythm," said Gilford coach Rick Forge.

Gilford moved onto the semifinals to play Newfound and the Bears were on fire out of the

gate on the way to a 56-26 blowout victory.

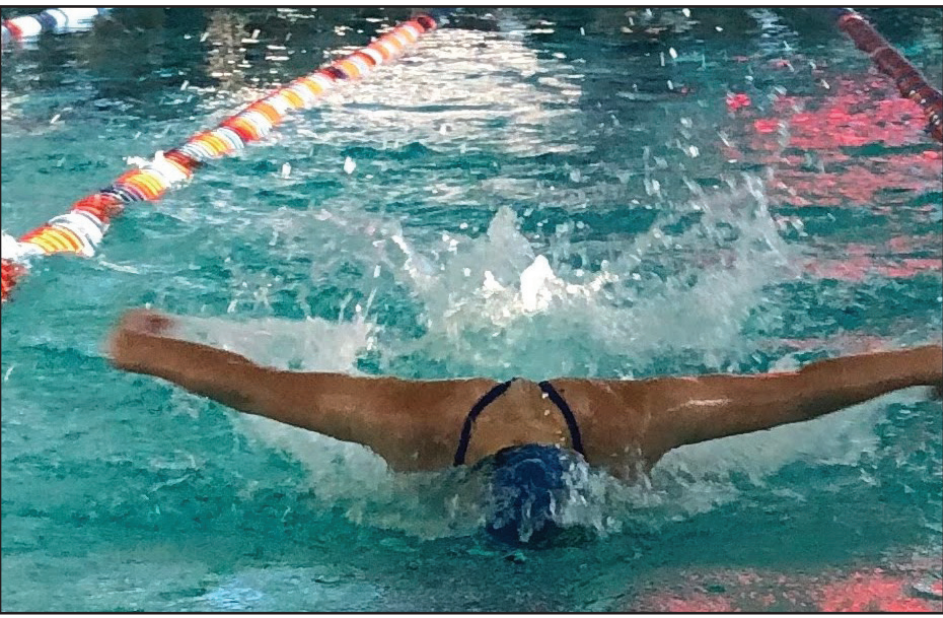
Newfound led 13-6 out of the gate and continued to dominate into the second quarter going up 22-9 at halftime. The excellent shooting of the Bears put things out of reach with Newfound outscoring Gilford 21-7 in the third quarter and 13-10 in the final frame.

Carr and Sullivan led the way with six points apiece.

"Gilford had no answer for the hot shooting Bears, who had nine players score," Forge said. "The Eagles were held to nine field goals on the night and scored a season low 26 points as they struggled on both ends of the court."

SWIM

(Continued from Page B1)



BOB MARTIN

Laurel Gingrich led the way for Gilford at the swim meet in Salem on Sunday.

Griffin Plourde dropped 10 seconds off his time in the 200-meter individual medley, with a time of 3:19.23 good for fifth. He was ninth in the 100-meter breaststroke with a time of 1:40.10.

Emily Watson and Avery Totten both dropped one second in the 100-meter freestyle race with respective times of 1:16.2 and 1:14.71.

Jillian Cookinham and Catherine Pingol each dropped time to have personal bests in the breaststroke, with respective times of 1:47.28 and 1:43.73.

Grace Shoemaker dropped nine seconds off

her time in the 100-meter backstroke with an eighth place time of 1:17.32. In the 200-meter free, she had a ninth place time of 2:27.83.

Shoemaker was also in the 400-meter relay team with Claire Bartley, Madison Eastman and Totten, and had an eighth place time of 5:00.26. The 200-meter free relay team, which included Shoemaker, Gingrich, Reagan McIntire and Lauren Sikoski, placed fifth with a time of 2:02.60.

Next up for the Gilford High School swim team is Friday at Bow High School.

ANYONE, ANYTIME
CAN ASK FOR
HELP

For anyone looking for help with addiction,
recovery is real, it's great, it's available...TODAY.

**ANYONE.
ANYTIME.**
NEW HAMPSHIRE

Can experience addiction • Can ask for help
Can recover • Can save a life

www.anyoneanytimenh.org

NH STATEWIDE ADDICTION CRISIS LINE
If you or someone you know is experiencing a
substance use or an addiction-related crisis
1.844.711.HELP (4357)

FOR INFORMATION VISIT:
**NH Alcohol and Drug
TREATMENT LOCATOR**
www.nhtreatment.org

FOR INFORMATION CALL:
211
Get Connected. Get Better.

AnyoneAnytimeNH™ is an initiative of the New Hampshire Department of Health and Human Services

Here Comes the Guide!

2020 New Hampshire
**Weddings
& Parties Guide**

Published:
February 13, 2020

Sales Deadline:
January 15, 2020

- Full Color on Every Page
- Limited Availability

Please Book Your advertising EARLY!

**Contact us today to
reserve your advertising space!**

Call Tracy or Lori at 603.444.3927
tracy@salmonpress.news • lori@salmonpress.news

The cover of the 2020 New Hampshire Weddings & Parties Guide. It features a bride and groom sitting on a wooden bench under a gazebo, with a lake and trees in the background. The title "Weddings & Parties" is written in a cursive font, with "2020 New Hampshire Inspirations" below it.



Town-to-Town CLASSIFIEDS

www.salmonpress.com | 603.279.4516
Call to place your ad today or visit our website!



Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Lost & Found

Found Ads
Are published Free of Charge.
30 words for 1 week.

Lost Ads
Are Charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.salmonpress.com
24/7

Still Lost!
Shane - Shetland Sheepdog
White/Tan/Black
10 Years old
We are hoping someone may have him or have seen him?
-Lost in Laconia NH-
August 27, 2016
Do not chase. Old and New Leads appreciated.
For more info see
www.facebook.com/shaneshetlandsheepdog

Call Owner 603-365-1778
or Granite State Dog Recovery
1-855-639-5678

Thank-You

Our line ad classifieds are on our website!

www.salmonpress.com

is the place to check our weekly classifieds online!
More great coverage and information from the

Salmon Press Town To Town Classifieds!

Why place your ads anywhere else?
1-877-766-6891

Thank you for browsing
The Town To Town Classifieds in the

Gilford Steamer

Publication Rates (30 words)
\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.salmonpress.com

Deadline:
Monday 10:30 am

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon,
Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

GSIL is seeking dependable and caring individuals to assist our consumers in their homes to help them maintain independent living. As a PCA, you will help with personal care, light housekeeping, meal prep, laundry and errands, making a difference in someone's life. Pay is \$10.25-\$10.75/hr. Please contact Ashley at (603) 568-4930 or atruong@gsil.org for more information. A background check is required. GSIL is an EOE

Lawn/Garden

Clean Out Services
We have openings for yard and culvert clean-ups. Call us to clean up and take away your brush, downed trees, and damage from winter storms. We help with cellar and garage clean-outs too. Winter is the perfect time to get a head start on that spring cleaning! Call Kevin from SummerScape at 812-5721.

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, r an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertng which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200.
The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write
The Commission at
163 Loudon Road,
Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.

Land/Lots

Rambling Woods Co-op has an empty lot ready for your mobile home. The lot has a 24 x 48 slab already there but it can be modified to fit a 14 x 70 home. Come join our community owned park and have a say in how it runs.
Call 603-991-8826 or write to PO Box 38 Bethlehem, NH 03574.

GET A NEW PAD

When you're looking for a new place, jump into action with the classifieds.

Town-to-Town CLASSIFIEDS
603-279-4516
salmonpress.com

YOU'VE GOT IT.

Somebody else wants it!
Got something special you no longer use? Sell it in the Classifieds.
It may just be the perfect item to fill somebody else's need.

Town-to-Town CLASSIFIEDS
1-877-766-6891
salmonpress.com

Now Hiring!
Full Time Laborers
Site Foreman
Heavy Equipment Operators
Truck Drivers

We offer Competitive Salary based on experience
Health Insurance Benefits, Paid Vacation and Paid Holidays
Must have Valid Driver's License and OSHA 10 Card
Pre-Employment Physical and Drug Screen Required
Call Us at (603)539-2333
Email Resume to info@integrityearthworks.com
Or find our Application online at integrityearthworks.com

Center Harbor DINER

Help Wanted
Breakfast Cook Wanted

Days only no nights
Friendly atmosphere
Call 253 9881 or 344 9011 for inquires

Place Your Classified Line Ads

ONLINE!

24-Hours A Day • 7-Days A Week

www.SalmonPress.com

TOWN•TO•TOWN CLASSIFIEDS



REAL ESTATE

55 Plus MODEL HOME
OPEN SUNDAY 12 to 2

\$169,995


Come and take a look!

Garage, Porch, Appliances
*10% down - 25 years at 6%

Call Kevin - 803-387-7483





Mansfield Woods, 88 North, Rt. 132, New Hampton, NH




Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'





Camelot HomeCenter

ALWAYS OPEN DAILY • 10 to 6 SATURDAYS & 10 to 5 SUNDAYS

 NEW 14 WIDES Sale Price \$36,995 56' 2" Bed	 NEW 16 Sale Price \$39,995 64' 2" Bed, 2 Bath
 NEW 14 WIDES Sale Price \$41,995 68' 3" Bed, 2 Bath	 NEW 16 Sale Price \$69,995 76' 3" Bed, 2 Bath

 DOUBLE WIDES \$64,995 Was \$70,000 48' 3" Bed, 2 Bath Display Home Only #31002	 DOUBLE WIDES \$69,995 Was \$79,000 48' 3" Bed, 2 Bath #3842	 DOUBLE WIDES \$79,995 Was \$96,000 56' 3" Bed, 2 Bath Drywall Home - One Only #30259
--	---	--

SEE OUR AD AT WWW.CM-H.COM • HOMES FROM COLONY, NEW ERA, & TITAN

 \$89,995 38x26 Sunny Cape	 \$132,995 1,900 sq. ft. 2 Story 1st Floor Master Bedroom
--	--

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall WWW.CM-H.COM

ROCHE REALTY GROUP

MEREDITH OFFICE
97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

VISIT US ONLINE: WWW.ROCHEREALTY.COM

 MLS# 4788733 GILFORD: Overlooks 17 ac. of conservation! 2,875 sf home w/ 3BR/4BA. \$479,000	 MLS# 4787924 GILFORD: Winnepesaukee WF home w/ 150' frontage, breakwater & dock. \$949,900	 MLS# 4785274 MEREDITH: Great 2.3 ac. building lot — short walk to Winnepesaukee beach. \$89,000	 MLS# 4765819 NEW HAMPTON: 5-BR antique cape w/ modern amenities & antique charm. \$489,900
 MLS# 4764985 LACONIA: 3-BR townhouse in The Gables w/ private pool access. \$339,999	 MLS# 4767521 WOLFEBORO: To be built! 3BR/2BA ranch home minutes from lake. \$339,900	 MLS# 4752727 MEREDITH: 7.8 ac. lot at Waldron Bay, directly above Lake Winnisquam. \$245,000	 MLS# 4756099 BELMONT: Affordable WF lot on Silver Lake. Cleared lot with garage for storage. \$189,000



REAL ESTATE

wolfboro bay Real Estate

Listings Wanted!
27 South Main Street • Wolfeboro, NH
603-569-0101
www.wolfborobayrealestate.com


Spacious Ossipee Colonial Room for everyone with 4 bedrooms and 3 modern baths on 1.17 acres. This home has a full basement, sunny deck, and grassy front yard surrounded by woods and trails! Abutting .79 acre lot also for sale for \$25k. \$229,000




SOLD


Winnepesaukee Waterfront Condo! Nestled on the shoreline of Winter Harbor, this end unit condo has 3 finished levels of living space, two deeded docks, new granite kitchen, and open concept living and dining space. Over 565 feet of waterfront! \$634,900

Visit our new "live" webcam at: www.wolfborocam.com

HELP WANTED • HELP WANTED



Help Wanted
Wakefield School District
SAU 101

The Wakefield School District is seeking to fill the following positions:
• **School Bus Driver** – CDL School Bus certification preferred
• **Special Education Paraprofessionals** – Full time, certified paraprofessionals preferred
• **ABA Tutor** – Full time, Paraeducator II certification required as is experience working with students with autism
• **Licensed Nursing Assistant** - To assist school nurse
• **Custodian** – Full or part time
Health and medical insurance, paid time off and other benefits offered depending upon position. For more information on these jobs, visit the SAU website at www.sau101.org > Employment Opportunities, and to apply, download a Support Staff Application and submit a completed & signed application by mail to the Wakefield School District, SAU 101, 76 Taylor Way, Sanbornville, NH 03872, or via email it to info@sau101.org. Applications are also available at the SAU office, Monday – Thursday, 8 a.m. to 4 p.m. and Fridays from 8 a.m. to 2 p.m.

Dr. Howard S. Mitz
North Country Gastroenterology
Office Endoscopy/Colonoscopy • Infusion Therapy

HELP WANTED

PROFESSIONAL PRACTICE MANAGER

North Country Gastroenterology, located in Littleton, NH is seeking an experienced and professional Practice Manager to join our team. In this role, the Practice Manager will work under the direction of the physician in providing management and leadership to our team.

The selected candidate will be responsible for managing a team of 9 employees. If you have experience working in an administrative role in a healthcare practice, we want to hear from you.

Please forward your resume to:
ncgastro@aol.com

Help Wanted

Town of Gilford
P/T Recreation Program Assistant

The Gilford Parks and Recreation Department is looking for a year round, part-time (averaging 18 h/p/w) Recreation Program Assistant. Position requires some evening and weekend work. Position will assist with the creation, implementation and supervision of recreation programs as well as supervise department facilities and volunteers. Qualified applicant should be energetic, have a positive attitude and a good working knowledge of athletics, recreational activities and facilities. The successful candidate will be required to pass a criminal background check. Starting pay rate of \$12.26-\$13.65 per hour.

Please send resume and cover letter to Gilford Parks and Recreation, 47 Cherry Valley Road, Gilford, NH 03249, or call 527-4722 for an application. Deadline to apply is January 6, 2020. EOE.

NCH Upper Connecticut Valley Hospital

JOB OPPORTUNITIES

*SIGN ON BONUS!

Full-Time
*RNs
with two years' experience

Additional Full-Time Opportunities


Coder	Physical Therapist
Radiologic Technologist	Ultrasound / Echo Technologist

Per-Diem Opportunities

RN	LNA
Materials Mgmt. Technician	ED Technician

APPLY ONLINE
WWW.UCVH.ORG

Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE



Tuba City
Regional Health Care Corporation

Have a Career that Changes Lives

Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

Emergency Physicians
CAREERS

- Very close, collaborative medical staff
- Loan Repayment Program through NHSC
- \$25K Sign-on bonus with 2-year service commitment

To learn more about Tuba City Regional Health Care Corporation, call our Human Resources at 928-283-2432 or e-mail TCRHCHCR@TCEALTH.ORG

WWW.TCEALTH.ORG



Full-Time
Installers Assistant

Energysavers Inc, a 45 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license. Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



BOB MARTIN

Logan Hughes drives to the hole for the Golden Eagles.



BOB MARTIN

Malik Reese works the low post for the Golden Eagles.

Golden Eagle boys win first two tourney games

BY BOB MARTIN
Bob@Salmonpress.news
GILFORD – The Gil-

ford boys' basketball team took on the Moultonborough Academy Panthers in the opening round of the Lakes Region Holiday Tournament and the Golden Eagles dominated from the start with an



COURTESY PHOTO

The New England Wolves will host a game in memory of John Bradley Thompson to raise funds for The Cure Starts Now.

Wolves raising funds for The Cure Starts Now

LACONIA — Please join in at the Merrill Fay Arena on Jan. 25 at 4:30 p.m. for an evening of family fun, community support and great hockey. The Wolves host in-state rival Seacoast Spartans of Exeter in a pivotal Eastern Hockey League matchup. More importantly though, the New England Wolves have once again dedicated one of their home games to celebrating the memory of John Bradley Thompson and raising awareness and research funding for

The Cure Starts Now. The Cure Starts Now focuses on the Homerun Cure to all cancers by concentrating our research funding efforts on one of the deadliest forms of cancer, DIPG. With more than \$13.8 million in pediatric brain cancer research funding to date, attendees can rest assured that 100 percent of the donation, after credit card processing, will go directly to innovative research. Please join in funding crucial research to save the

youngest of warriors. The Wolves have held the JBT game since the 2015-16 season, when the Wolves defeated the Vermont Lumberjacks 8-6 in the first ever event. They raised nearly \$5,000 for the Cure Starts Now at that game, and it has grown ever since, in large part due to the introduction of the "Not-So-Mini One on On," a shootout in between periods featuring local heroes to raise money for chances to win the coveted JBT Shootout Trophy. To date, the JBT

game has raised \$80,000 for the Cure Starts Now foundation, all in the memory of John Bradley Thompson, a local Gilford boy who endured a courageous battle with DIPG, an inoperable form of brain cancer. For more information on the event go to the Wolves web site, www.ne-wolveshockey.com or e-mail GM Andrew Trimble at scoringconcepts@gmail.com.



BOB MARTIN

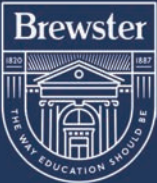
Adrian Siravo goes up for a layup against Moultonborough Academy.

89-35 victory. Gilford jumped out early with a 10-3 run thanks to some solid defense and work on the glass by Adrian Siravo and Malik Reese. Gilford continued to dominate on both sides of the ball in the first quarter, using size and speed to push the opening lead to 25-12. This trend continued throughout the game with Gilford outscoring Moultonborough 22-9 in the second quarter, 32-12 in the third quarter and 10-2 in the fourth quarter. Gilford was led on both sides of the ball by Siravo, but the Golden Eagles got the whole team involved in scoring in the blow-

out win. Siravo had 15 points, Reese had 13 points and Jack McLean scored 12 points. Gilford went on to beat Kingswood in the semifinals 58-56 and had its eyes set on repeating as tournament champions. The Golden Eagles ended up falling to Belmont in the finals by a score of 44-32 (see separate story). "We had 11 different players score in the game," said coach Rick Acquilano. "We played well on both ends of the floor." Next up for the Gilford boys' basketball team is Belmont High School at home on Jan. 14 at 6 p.m.



HAPPY NEW YEAR FROM BREWSTER ACADEMY



2020 is a banner year for Brewster as we celebrate our 200th birthday. In the spirit of our Bicentennial, we send wishes for a healthy and happy new year to all our Lakes Region neighbors, alumni, and families!
brewsteracademy.org

"Shop Where The Pros Shop"

CYR LUMBER & HomeCenter
Windham • Warner • Tilton, NH

Benjamin Moore
ACE The helpful place.