

Winnisquam Echo

THURSDAY, AUGUST 8, 2019

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FREE

Historical Society unearths lost relics of Tilton's past

BY DONNA RHODES

drhodes@salmonpress.news

TILTON – John Ciriello of the newly re-established Tilton Historical Society met with selectmen in town last week to inform them of historic finds that have been discovered and ask for their support in making them available to the public.

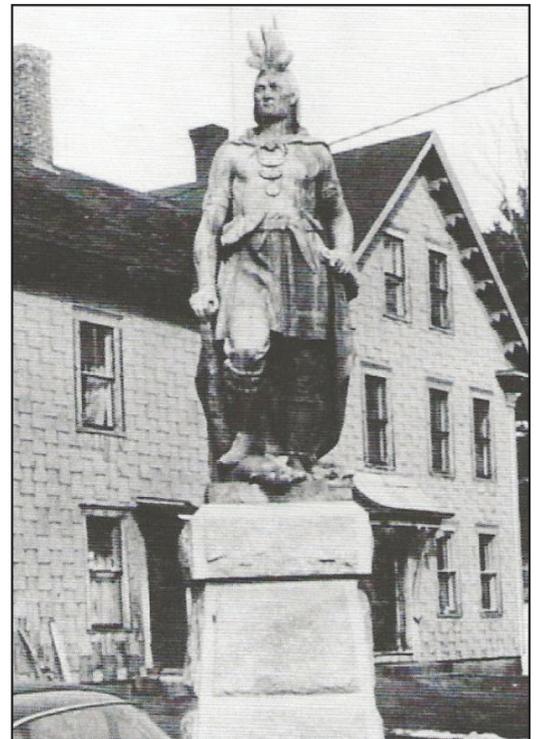
A more than 100-year-old replica statue of “Diane Di Gabi,” also known in mythology as Artemis or Diane the Goddess of Hunting, was recently uncovered in the basement at the Tilton Town Hall by selectmen Katherine Dawson and Pat Consentino. With Diane was another statue of the missing Native American, one of two similar statues that once graced the town’s parks.

Ciriello noted that it’s been rumored over the years that, besides

SEE STATUES, PAGE A8



This photo provided by the Tilton Historical Society depicts Island Park many decades ago when several statues, a fountain and an ornate bandstand were still in place.



COURTESY

“Native American,” shown here as it once stood in Tilton’s Deer Park, was one of two statues recently discovered in the basement of the Tilton Town Hall and, though damaged, will soon be in display to the public.

Local woodworker displays creations at Tanger craft fair

BY DONNA RHODES

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TILTON – An outdoor marketplace rose up from the parking lot at Tanger Outlets in Tilton last weekend, providing shoppers with nearly 40 New England vendors to browse for great buys but in the midst of it all was one popular booth from Elise Ford of 3B Creative Carvings had wooden plaques, cribbage boards, tables, benches and chainsaw sculptures of all sizes for sale, too.

Ford, who lives in Sanbornton, is a tree removal specialist by trade but said she has been carving for 17 years now, using a chainsaw as her main tool. A nature lover at heart, she carves owls, bears and other animals with her



DONNA RHODES

During a craft fair held at Tanger Outlets in Tilton, chainsaw carver and wood artist Elise Ford of Sanbornton displayed some of her beautiful artwork that includes the many lakes found in the region, her handcrafted wooden benches, chain saw sculptures and more.

saw but has also included more refined pieces carved with a CNC machine now. “It took a while to learn how to use it, but it really produces some beautiful things,” said Ford.

Examples of that are raised carvings of moose, cowboys or other outdoor scenery with a framing border around it all part of the very piece of wood it was carved

from. The CNC has also helped her carve maps of area lakes like Winnisquam, Hermit, Winnipesaukee and Newfound Lake. Once the outline SEE WOODWORKER, PAGE A8

Shaker Road temporarily closed

BY DONNA RHODES

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NORTHFIELD – At noon on Friday, Aug. 2, Shaker Road was closed to all traffic between Route 140 and a boat ramp located just beyond that road juncture as the Town works to replace a large culvert that has been damaged from years of use. The culvert currently in place initial-

ly triggered weight limits on that end of Shaker Road in mid-July but worsening conditions forced the town to now close it to all traffic until the repairs are completed.

Public Works Director Andy Buteau said a new culvert is expected to arrive on Sept. 3 and installation will take approximately two weeks to complete. Overall, he expects the closure to be in place for about eight weeks.

In the meantime, motorists are asked to use alternate routes along Twin Bridge Road or Bay Hill Road to any access residences and businesses located along Shaker Road and the surrounding area.

Park St. Pub owners recognized for support of Old Home Day

BY DONNA RHODES

drhodes@salmonpress.news

NORTHFIELD – Members of the Tilton-Northfield Old Home Day Committee got together recently at Park St. Pub and Tavern in Northfield for a recap of this year’s event, but besides the great food and atmosphere, they also chose that location so they could personally thank owners Bob and Tricia Bourque for their support.

Since opening their restaurant more than three years ago, the couple has helped supply the committee with hot dogs, chicken and other food items for the annual celebration. The com-

SEE PUB, PAGE A8



DONNA RHODES

The Tilton-Northfield Old Home Day Committee presented Bob and Tricia Bourque of Park St. Pub and tavern with a plaque thanking them for their generous support of the annual Old Home Day celebration for the two communities.

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TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 811 calls for service and made the following arrests from July 22 to Aug. 5.

Arrested during this time period were Robert Ramalho (in connection with a warrant), Steven J. Smith,

Jr. (for Driving Under the Influence), Drew Metzdorf (for Unlawful Transportation of Alcohol), Kevin Rider (for Driving After Suspension), Lee J. Timmerman (for Driving Under the Influence), Morgan Fontaine-Wilmot (for Theft), Brett Shaw (for

Loitering/Prowling), Zachary Leblanc (for Willful Concealment and Resisting Arrest or Detention), Marissa Rondeau (for Willful Concealment), Angela Delucca (in connection with a warrant), Kevin Cram (in connection with a warrant),

Michael Deveno (for Willful Concealment), Christopher Faulkner (for Possession of Drugs), Timothy Johnson (for Violation of a Protection Order and Resisting Arrest or Detention), and Troy Bernasconi (in connection with a warrant).

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EMERGENCY BLOOD SHORTAGE: \$5 AMAZON GIFT CARD FOR THOSE WHO HELP GIFT CARDS MADE POSSIBLE THANKS TO GENEROUS AMAZON DONATION TO THE RED CROSS TO HELP SAVE PATIENT LIVES

MANCHESTER, NH (July 29, 2019) — To help address the current emergency blood shortage, all who come to give blood or platelets with the American Red Cross July 29 through Aug. 29 will receive a \$5 Amazon.com Gift Card via email. Currently, the Red Cross has less than a three-day supply of most blood types available and less than a two-day supply of type O blood.

Individuals can schedule an appointment to give now by activating Amazon's Alexa Red Cross Blood Skill by saying, "Alexa, find a blood drive," or by using the Red Cross Blood Donor App, visiting RedCrossBlood.org, or calling 1-800-RED CROSS (1-800-733-2767).

When an emergency arises, it is the blood already on the shelves that saves lives. Only through the generosity of blood donors can the Red Cross provide hospitals with lifesaving blood to meet the ongoing and often, unpredictable needs of patients. The need for blood is constant. In the United States every two seconds blood is needed to help accident and burn victims, heart surgery and organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease.

Amazon donation is helping save patient lives

With the help of a generous \$1 million donation from Amazon, the Red Cross hopes to motivate donors to roll up a sleeve and alleviate the blood shortage across the country. Amazon's partnership with the Red Cross is part of their commitment to "Right Now Needs" to help increase blood donations to ensure patient needs are met.

"We are grateful to Amazon for their support in addressing a 'Right Now Need' for blood donations," said Cliff Numark, senior vice president, Red Cross Blood Services. "Each donation truly matters to those counting on blood products to battle illness and injury. Today, we are asking the public to donate as soon as possible to ensure blood is available on hospital shelves for those in need."

BELKNAP

Laconia:
8/8/2019: 12:30 p.m. - 5:30 p.m.
Lakes Region General Hospital
80 Highland Street

Meredith
8/14/2019: 12:30 p.m. - 6 p.m.
St. Charles Borromeo
300 NH Rt. 25, PO Box 237

GRAFTON

Ashland
8/8/2019: 12 p.m. - 5 p.m.
American Legion Post #15
37 Main Street

Lebanon
8/14/2019: 12 p.m. - 5 p.m.
Alice Peck Day Memorial Hospital
10 Alice Peck Day Drive

MERRIMACK

Concord:
8/13/2019: 10 a.m. - 3 p.m.
NH Public Radio
2 Pillsbury Street

Pembroke
8/9/2019: 1:30 p.m. - 7 p.m.
Pembroke Academy
209 Academy Road

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

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The Meredith News

Rewards of honesty benefit New Hampshire Veterans Home

TILTON — A ticket-sales error and a young man's honesty turned into a big contribution to the residents of the New Hampshire Veterans Home during the Home's annual Classic Car Cruise Night on Thursday.

It was the perfect night for a car show — comfortable temperatures, a slight breeze and not a cloud in the sky — and the Home's pavilion complex was packed with a record 100-plus cars whose drivers had come out for a night of socializing, fun, food, and doo-wop music from local favorites, the Bel-Airs.

Anne Chouinard, volunteering with the Rolling Thunder of NH organization, was selling tickets for the night's 50-50 drawing, and sales were red-hot: the night's pot ended up a record \$500. Without realizing, she handed a young man named Erik \$20 worth of



Anne Chouinard with Erik.

COURTESY

tickets when he had paid \$10, and moved on. But moments later, he came back and let her know the error.

"I was touched by his

honesty," she said.

She decided to pay for that strip of tickets herself, and hung on to them.

"Everything hap-

pens for a reason," she said later.

Chouinard describes herself as a "very proud Gold Star mother." Her son, James L. Dixon, was a Navy electronics technician.

"... I felt my son's presence there when [a resident] drew my ticket," she said.

"When I went to claim my prize I was so excited about being able to donate it back, I forgot how God had intervened," she said later. "An honest mistake was made in giving Erik the extra tickets. His honesty brought them back. I knew that those were the tickets I was supposed to buy. When Erik brought his tickets, he told me if he won, he would give it back to the New Hampshire Veteran's Home.

"After the drawing I was going to look for Erik. But I turned around and there he was standing in front of me. He asked me if it was

one of the tickets that he gave back. I said yes. I apologized because I had not mentioned the rea-

son I had the winning ticket was because of his honesty.

SEE HONESTY, PAGE A8

HALL MEMORIAL LIBRARY

Tilton/Northfield

Monday, Aug. 12
Chess Club, 2-5 p.m.
Trustees Meeting, 5 p.m.

Tuesday, Aug. 13
Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.

Wednesday, Aug. 14
Story Time, 10:30 - Stars
Craft Club, 1 p.m.
age eight and up, Starry Night Slime
Teens, "Spaceballs" viewing, 1 p.m.,

Friday, Aug. 16
Sit and Knit, 2-5 p.m.

Saturday, Aug. 17
Babytime: Movement and Music - Join us for fun and giggles as we

move, sing, and explore through music and movement! No registration required for this free group class for ages 0-2 with a caregiver. We will enjoy early literacy development through stories, songs, and rhymes and your little ones will experience the world through sound, dance, and bonding with you.

New Items

"Dragonfly" by Leila Meacham
"Surfside Sisters" by Nancy Thayer
"Layover" by David Bell

"Introverted Mom" by Jamie Martin

"Super Soldiers" by Jason Inman

"More Than We Can Tell" by Brigid Kemmerer

PINES HAPPENINGS

Fall Youth Sports

Registration for the Pines' fall sports programs is now open. We offer Pre-School Soccer (ages 3-5, not entering Kindergarten), Kindergarten-Grade 1 Rec Soccer, Grades 2-3 Traveling Soccer, Grades 4-6 Traveling Soccer, Kindergarten-Grade 2 Rec Field Hockey, and Grades 3-6 Field Hockey. Volunteer coaches are needed for Pre-School Soccer, Grades 4-6 Traveling Soccer, and Grades 3-6 Traveling Field Hockey. Assistants are welcome at all levels. Register in advance, online or at the Pines, through September 2. Rec programs are \$48 for Tilton and Northfield residents, \$58.00 for non-residents, and Traveling Sports are \$58 for Tilton and Northfield residents, and \$68.00 for non-residents.

After Class Blast

We have openings in the Pines' after school program, After Class Blast (ACB). Children in Grades One through Five and Afternoon Kindergarten arrive at the Pines by bus from Union-Sanborn and Southwick Schools, between 3:20 and 3:40 p.m., and must be picked up by 5:30 p.m., when the program ends. The cost is \$130 per child per month. Payments are monthly and must be received by the first Friday of the month; September 6 for the first month of school. Children must be registered in advance at the Pines to participate. Registration packets may be downloaded via the Pines' website or picked up at the Pines. The completed forms, along with your child's immunization record and most recent well-child visit report, must be received before children may start the program. We regret that we

have no openings in our before school program at this time. School starts Monday, Aug. 26.

Positions Open

The Pines is hiring part-time youth counselors for our before and after school programs for the coming school year. Hours for the before school program are 6:45 to 8:45 a.m., and hours for the after school program are 3 to 5:30 p.m. Applicants must be at least 16 years old and pay depends on experience. Interested applicants should contact Recreation Director Samantha Magoon at pccprogramdirector@gmail.com.

August 30 Vacation Camp Day

There is no school on Friday, August 30, and the Pines will provide a Vacation Camp Day for children in Kindergarten through Grade 5. Children may be dropped off as early

as 7 a.m., and must be picked up by 5:30 p.m., when the program ends. The cost is \$40.00 per child, and we can accommodate a maximum of 35 children. They must be registered in advance, online or at the Pines, by 5:30 PM on Wednesday, August 28. Weather permitting we will play ball games outside, if it rains we'll play ball games downstairs in the corral. The Pines will provide lunch, as well as ice cream from Dipsy Doodle. What to bring: a refillable water bottle, snacks and drinks. What to wear: sneakers and weather-appropriate play clothes. If your child has not participated in a Pines childcare program before you will need to complete our registration packet and

SEE PINES, PAGE A9

NORTHFIELD POLICE LOG

NORTHFIELD — During the time frame of July 22 - July 28, the Northfield Police Department had 216 calls for service and made the following arrests:

Craig Hamilton 53, of North Andover, Mass. for Domestic Violence-Assault (three charges), 2nd Degree Assault-Domestic Violence and Domestic Violence Kidnapping/Abduction.

Daniel L Hill, Jr., 34, of Northfield on four Electronic Bench Warrants for Non-Appearance in Court for the charges of Operating after Suspension and Willful Concealment.

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Opinion

A4 Thursday, August 8, 2019

WINNISQUAM ECHO

STRATEGIES FOR LIVING

Being conservative in a progressive society

BY LARRY SCOTT

I am a conservative, writing and defending my point of view before a progressive society. Although I suspect I support a message few people want to hear. But I am convinced America is at a crossroads, with the future of our great nation at stake; it is imperative I take a stand.

No one can question the moral deterioration that has taken place in America in just the last ten years. The right to life, the authority of God's Word, and traditional marriage are out. Abortion on demand, co-ed bathrooms, and gender reassignment are in. Meanwhile, progressives are proposing a restructuring of America that will re-chart our future and destroy much of what has made America great.

Our nation is in the hands of a generation of men and women who have come up through our educational system with no idea what the Christian faith is all about. They have been told that truth is relative, evolution is fact, the cosmos is all there is and all there will ever be. To them, if they give Him any thought, Jesus Christ is a "nice guy" Who lived two thousand years ago and has little relevance to our lives today.

"America is a nation at war.... Our very religious liberties are in question, and they are being chiseled away one chip at a time. In recent years militant special interest groups have made it their goal to co-opt our religious liberties and force industry and government to go beyond tolerance of their views and demand full approval of them. Anyone who believes otherwise is told to shut up. We've become a society that obsesses over tolerance and acceptance of everyone—except God" (Todd Starnes, "God Less America," Foreword).

But there is a problem in all of this that everyone seems to have missed. Two laws of life, unavoidable and beyond question, are going to have a major impact on our nation in the years to come.

First, there is the law of diminishing returns. Whether it is wealth or power or pleasure, the more you get the more you want. It is not without reason that political aspirants continue to sponsor programs we cannot afford and make promises they cannot keep.

Then there is the law of sowing and reaping. The Bible says, "Whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption, but he that soweth to the Spirit shall of the Spirit reap life everlasting." We have sown to the wind; we are, sooner or later, going to reap the whirlwind.

We must not abandon the moral foundation on which our nation was established. David Barton, writing in Original Intent, has noted that "prominent Founders saw the Ten Commandments – and religious codes in general – as the foundation of American civil law. In fact, the belief was clear that public adherence to religious principles was the greatest source of security for civil government" (p. 173).

The Bible says, "Everything in the world—the cravings of sinful man, the lust of his eyes and the boasting of what he has and does—comes not from the Father but from the world. The world and its desires pass away, but the man who does the will of God lives forever."

Listen up, America. Think before you act. Your future is at stake.

For further thoughts like this, follow me at www.indefenseoftruth.net.

Send your letters!

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Please include your name, address and phone number.



Elks donate to New Beginnings

The Benevolent and Protective Order of Elks is known nationwide for their love of this great nation. The qualities of charity, brotherly love and patriotism are paramount among its members. The Laconia Lodge #876 was honored and privileged to donate \$2,000 to New Beginnings of Laconia, an organization dedicated to helping adults and children rebuild their lives after escaping abusive situations. The check was presented to Director Cathy Keller. The funds will go a long way in aiding individuals create healthy and peaceful lives. Pictured are Elks Officers Lisa Saucedo, Dorothy Frawley, and David Brown. Behind the director is Jen Reardon, Kenzi Abraham, and Jenny Veloski.

LETTERS TO THE EDITOR

A report to the citizens of Franklin

To the Editor:

The month of July has passed, and I apologize for the tardiness of this report.

At the July meeting of the City Council we faced the reality of voting on a water rate increase asking ourselves, "How did we get here?"

Ernest Hemingway (1926) described the situation well in *The Sun Also Rises*:

"How did you go bankrupt?" Bill asked

"Two ways," Mike said, "Gradually and then suddenly.

And so we face the consequences of postponing regular maintenance. Franklin has three major wells supplying the city needs. For several years the decision was made to maintain stable water rates. As a result regular updating and maintenance of the water/sewer lines were postponed. In addition, due to advances in technology and the call to be more conservative with our resources, choices for efficiency were made and the demand has declined. Home owners and businesses reduced their consumption of water. Thus,

when the amount of consumption declines, the amount of revenue declines in a proportional amount. With less revenue and deferred maintenance, the city ends up with a dilemma...the pre-1950 pipelines are deteriorating, if repair is postponed the potential for a mid-winter breakage spells disaster.

The Director of Municipal Services and the consulting engineers recommended that 14,000 linear feet of vintage 1942 pipe on New Hampton Road be replaced. This is the sole pipeline that connects the Sanbornton drinking water wells and pumping station to the rest of the City water distribution system. Replacement will also enhance the fire flow near the intersection of New Hampton and New Boston Roads. The projected cost is \$3,605,230.

Fortunately, the NH Drinking Water State Revolving Fund was available for action in July that would allow a 20 year loan at 2.704 percent interest with a minimum 15% principal forgiveness. Plus, the first payment of approximately \$152,000 would not be due until November 2021.

To quote Councilor Kathy Lauer Rago on the water rate increase

"I had no idea...that the water rates are contingent upon the number of users.... Did you know that there are only 2488 households in Franklin that receive city water and sewer services? I didn't. Did you know that the majority of Franklin water mains were installed prior to the 1950's? I didn't. They are slowly deteriorating and needing to be replaced over time. ." <https://www.facebook.com/Kathy-Rago-for-City-Council-71511922235716/>

And so, what does this do to your water rates? This was a tough decision. In order to support this loan the current water rate would increase by \$0.67 per 100 cubic feet of water used. To the average family of four who uses 8,000 cubic feet (1,500 gallons) per month, this means an increase in your monthly water bill of \$5.08.

Again, to quote Councilor Rago:

This [loan] would allow the Municipal Services to start replacing water main lines. Should we have done this now or kick the can down the road and wait while taking the chance that a main line might break in the middle of winter leaving 1000 residents without water? ... Could we wait another year or two? Maybe, but this loan was available now. <https://www.facebook.com/Kathy-Rago-for-City-Council-71511922235716/>

The City Council must consider the safety, as well as what is most prudent for the entire city. Making sure that we avoid a loss of water for an extended period for 1000 residents and improving the water flow for fire mitigation over ruled my effort to keep expenses to the individual low. I voted with the other Councilors to apply for the loan.

At the August City Council meeting we will discuss the addition of Kratom (aka "K2" or "spice") to the list of prohibited activities/drugs in the City Code. For more information on Kratom, please go to <https://www.drugabuse.gov/publications/drug-facts/kratom>.

If at any time you would like to contact me, I can be reached at karen@sanbornhall.net or at 934-7111.

Blessings,
Karen Testerman
Franklin City Council
Ward II

VNA HEALTH CORNER

The history and future of a vaccine for Lyme Disease

Did you know there used to be a vaccine for Lyme Disease? LYMERix was available briefly in the 1990s and after completing the three-shot series was found to be 76-92 percent effective at preventing Lyme Disease. But a small group of people sued, claiming they developed arthritis as a result. Interestingly, those claims came out around the same time as a study in the medical journal, *Lancet*, claiming a link between autism and vaccines came out. You remember that study, right? It's still

causing misinformation today even though the *Lancet* retracted it and Dr. Wakefield, the doctor who published it, has since been struck off the UK medical register for unethical behavior and deliberate falsification of the research. Later, the FDA conducted tests to verify if the claims about arthritis being linked to the Lyme vaccine were true, but didn't find those results in its research. It was too late for LYMERix though, sales were terrible due to the bad press and the manufacturer

stopped making it.

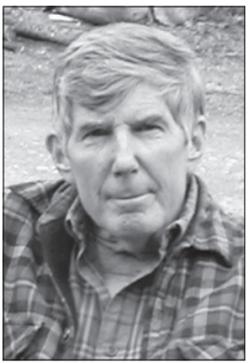
Now a company, Valneva, is working to develop a new vaccine for Lyme disease which is showing promise. It's scheduled to complete Phase 2 clinical development in 2020; they're figuring out the best dose amount and timing of doses in humans, but probably won't be available for another four to five years.

Franklin VNA & Hospice is dedicated to the health of you and your family. Until a safe, effective vaccine is available, here are some tried

and true preventative measures to keep us safe from ticks, since the bite of an infected tick is what makes us sick. In our area we need to watch mainly for the Blacklegged Tick. So, check yourself, and anyone you've been outside with, as soon as you come in, to make sure no ticks are either attached to you or on your clothes. Ticks like to attach in the groin, armpits, and scalp, but can attach to any skin, so check thoroughly. A shower, within two hours of being SEE LYME DISEASE, PAGE A9

NORTH COUNTRY NOTEBOOK

We've seen this film before, and didn't very much like it



By JOHN HARRIGAN
COLUMNIST

Note to new species: Get out of Dodge.

It would be nice if things were so simple, but no way.

I've been through one warming trend, after all., so at least I can claim some experience now that warming trends are in the news--and in some places are all the rage.

When I was in my early teens, winters became milder for three or four years (1964-67, as I recall). The two things I noticed, and remember well, were suckers (the fish) moving much farther upsteam in the spring than before, and seeing earwigs under bark and in other moist and dark places.

Earwigs were a creature I'd never seen before. However, I read up on them, and found out, among other things, that urban myths aside, their "tarsal pincers" are not good for much except hanging off small limbs and stems of leaves--meaning that they cannot pinch very hard at all.

This time around, during a warming trend without any idea where it's going, we got ticks (ugh) and, it appears, armadillos (no judg-

mental utterings on that one). "Lawn-rats," an acquaintance called them, just one of this tough little creature's many terms of non-endorsement.

+++++

Septic tanks are like anything else with moving parts (in this case, think "fluids," to put it as decorously as possible), in that they need proper maintenance.

One thing a septic tank needs is getting pumped out every now and then. When I put a new system in, back 15 years or so ago, I was getting a lot of company. These days, not so much (meaning that some of that company is in a new location) (hint: it's horizontal).

Anyway, the need to pump a septic tank often precipitates a mad dash for a map, or directions, or something, anything, that might give a hint as to where it is. In my case (Surprise!) I've actually got it covered, with maps and super-compasses and laser beams and that thing Captain Kirk and Spock use to get around the Galaxy.

Over the years I have heard about, and even lived in places, where the "septic tank" was actually a 55-gallon drum, or even (I'm not making this up) an old car or the cab of a truck. "Works pretty good," I heard when I was a kid. This was back when kids never seriously challenged adults, like, many decades ago.

If I ever lose my maps and lasers and transponders, I can just wait until spring and simply follow the grass--not the dope kind of grass, but the really green variety,



JOHN HARRIGAN

Atlantic salmon, researchers say, made it this far--the Connecticut River at Colebrook, with New Hampshire left, Vermont right--and on up to First Connecticut Lake in Pittsburg. For generations, a big pipe collected most local sewage and emptied it into this pool on the Vermont side. It's long gone.

which seems to grow in a straight line gradually downhill from the septic tank.

+++++

The Clean Waters Act has long been hailed as one of those few government initiatives that really works.

Well, yes, it does, and there are reasons.

First, there was plenty of money, and plenty of good reasoning. I mean, who could be against clean water? Greenbacks flowed like, well, water.

The strategy would make a football coach proud. Instead of cities, you begin with little towns high up on the wa-

tershed--for instance, Pittsburg, Stewartstown, and Colebrook, on the Connecticut River, and, say, Medway, Mattawaumkeag, and Katahdin on the Penobscot over in Maine.

Veteran lobbyists and organizers in the Clean Water campaign knew just what would happen. Sheer numbers of people made lower-watersheds unworkable, but small town numbers were in acceptable range. Small-town governments, working with state fish and game agencies and newly founded clean water divisions, submitted designs, sought money they knew would be

there, and in quick fashion got their collection systems and secondary water treatment plants built (before this major initiative, there were only a scattering of large "settling" ponds overwhelmed by major cities--or huge pipes flow-

ing straight out to sea).

And as efforts moved on downstream to bigger numbers and much more complex and costly treatment plants, who could deny them? What politician was going to stand up and say, "No--we're not going help you do your part and keep that water coming into your city clean, we're going to make you just keep right on making it filthy."

It sort of reminds me of how we got the federal government to pony up its share of money for the ocean-going salmon project--building fish ladders for the incredible fish that, in the Connecticut River's case, travelled at least as far up as First Connecticut Lake, almost 400 miles from the sea.

At one point, salmon enthusiasts said--to make salmon enthusiasts and conservationists prove their case--"So, show us your salmon bumping their noses against our dams."

And I was tickled to be able to write the rest of that sentence one day, which was "And boy, did they."

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Kathleen Doeg Joins Meredith Village Savings Bank as Vice President

MEREDITH — Kathleen ("Kathy") Doeg has joined Meredith Village Savings Bank (MVSb) as the Vice President of Business Development and Small Business Lending. Doeg, who is based in Meredith, will provide a full range of banking solutions to local business owners, municipalities and nonprofits.

"I look forward to seeing how small business lending expands and evolves under Kathy's leadership," said Marcus Weeks, Senior Vice President and Retail Banking Officer. "Kathy brings drive and enthusiasm to the team. With more than 25 years of



Kathleen Doeg

only a few hundred in the United States. Unlike most commercial, stock-based banks, MVSb does not sell stock, and is a true community-based Main Street bank that operates for the benefit of its depositors, borrowers and surrounding communities. As

SEE DOEG, PAGE A9

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Cheryl A. Garrett, 61

BELMONT — Cheryl A. Garrett, 61, of Belmont died suddenly July 27, 2019.

Cheryl was born May 17, 1958 in Everett, Mass., the daughter of William and Margaret (Paris) Garrett, Sr. She owned and operated Pauli's Bakery and Restaurant in Tilton for over 30 years, where she made many friends and loyal customers. Cheryl loved spending time with her grandchildren and traveling to many wonderful places.

She was predeceased by her father, William Garrett, Sr.

She is survived by her son, Brian G. Ray, and his wife Kelly of Belmont; daughter Sherri A. (Nicholson) Benson and her husband Corey of Belmont; grandchildren Mia and Kaelyn Ray of Belmont and Jack, Sully and Ethan Benson of Belmont; her mother, Margaret (Paris) Garrett of Boscawen; brother William Garrett, Jr. of New Hamp-



shire; and sister Carol McCarthy of Pittsfield.

A time of remembrance will be held on August 8, 2019, from 5:00 to 7:00 PM at the William F. Smart Sr. Memorial Home, 584 West Main Street, Tilton.

Expressions of sympathy may be made to Cheryl's favorite charity, The Alzheimer's Association, 166 South River Rd., #210, Bedford, NH 03110.

The William F. Smart Sr. Memorial Home is assisting the family.

For more information, go to www.smart-funeralhome.com.

Northfield Historical Society hosting program on "America's First Black Celebrity"

NORTHFIELD — The Northfield Historical Society is pleased to host a program by Dr. John Hogdson, author of "Richard Potter: America's First Black Celebrity" Monday, Aug. 19 at 7 p.m. at the Northfield Town Hall, 21 Summer St.

Richard Potter was one of the most successful and widely attended popular entertainers in America in the early 1800's. He learned the performing arts of acrobatics and tight-rope walking in Europe; later toured Canada and America as a magician and was the first successful ventriloquist in America. He built a great estate and raised his family in Andover, and "Potter Place" was named for him.

Author and presenter John Hogdson taught English and American literature at Yale and Harvard Universities, and the University of Georgia; and served as Dean for Forbes College at Princeton University for twenty years. He has authored several books and articles, and now makes his home in Andover where he is on the board of the Andover Historical Society.

The program is free and open to the public. Parking is at the rear of the building. For more information on this program or the Northfield Historical Society, call 455-5341.

Spaulding Youth Center Principal Colleen Sliva joins NHASEA Legislative Committee

NORTHFIELD — Spaulding Youth Center is pleased to announce Colleen Sliva, School Principal & Special Education Director, has joined the Legislative Committee for the New Hampshire Association of Special Education Administrators (NHASEA).

The NHASEA is a non-profit organization based in Concord, New Hampshire. The organization is dedicated to promoting professional leadership and advocacy, providing opportunities for study of issues common to its members, and communicating through discussion and research the information that will develop improved services for students with exceptional needs.

Ms. Sliva is an active member of the organization's Legislative Committee, which is composed of education professionals who have an interest in public policy, legislative advocacy and working with elected officials are encouraged to participate on this committee. As a NHASEA Legislative Committee member, Ms. Sliva is required to attend monthly committee meetings, represent NHASEA membership



Colleen Sliva

at hearings at the Legislative Office Building and State House, track House and Senate bills in the New Hampshire General Court that may have an impact on the field of special education and provide recommendations for testimony on specific bills, as well as legislative updates and trends to each meeting for review and feedback.

"Colleen Sliva continues to be an inspirational and valued leader here at Spaulding Youth Center and in the field of special education," said Susan C. Ryan, President & CEO of Spaulding Youth Center. "We are incredibly proud to have Colleen serve as Principal & Special Education

this new role."

To learn more about the NHASEA, visit <https://www.nhasea.org/>.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.spauldingyouthcenter.org.

Franklin VNA & Hospice reminds us homemakers make an impact

FRANKLIN — Each morning, the dedicated group of homemakers at Franklin VNA & Hospice head out to see their clients. Some are on Hospice, some are receiving medical care from a nurse or physical therapist, but many are well adults living independently in their own homes who utilize the homemaking assistance to keep it that way. Homemakers are non-medical assistants who can grocery shop, help with housekeeping and laundry or even meal preparation. For many older adults, these tasks become either too time consuming or even dangerous with hot, heavy pots in the kitchen and steep basement stairs to access laundry facilities.

"People are truly appreciative of what we can do for them. Keeping up with everyday household tasks can be the difference between staying in the home they love, or needing to go into Long Term Care. We'll help them to keep their independence every

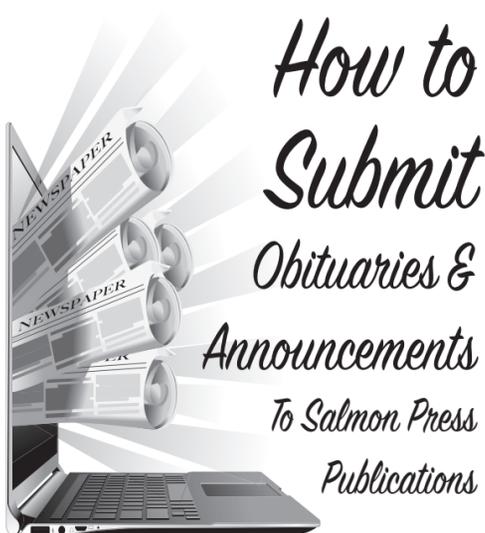
SEE VNA, PAGE A9

Lily Blau of Sanbornton graduates from Roger Williams University

BRISTOL, R.I. — Roger Williams University is proud to announce that Lily Blau, of Sanbornton graduated Summa Cum Laude with a B.A. in Elementary Education in May as part of the Class of 2019.

About RWU

With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.



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Photos are also welcome, but must be submitted in jpeg format.

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NOTICE OF PUBLIC HEARING

On August 19, 2019 at 6:30 p.m.

At WRMS in the Media Center

In accordance with RSA 198:20-b, notice is hereby given, that the Winnisquam Regional School Board will hold a public hearing in regards to:

1. Accepting FY 19 IDEA Section 611 Reallocations in the amount of \$89,874.36.

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Spaulding Youth Center participates in Old Home Day Celebration

NORTHFIELD — Spaulding Youth Center is pleased to announce it recently participated in the Tilton-Northfield Old Home Day celebration for the second consecutive year.

More than 20 Spaulding students and staff happily marched in the event's famous parade, which had a "Birthdays Throughout our Communities" theme and included local marching bands, floats, and performers. Children were encouraged to decorate their bicycles and ride along the parade route. Spaulding students enjoyed marching along the parade route while holding their school banner, riding on a float created by staff members, and interacting with attendees by handing out candy and participating in festive and fun conversation. Students were especially excited to see familiar faces in the crowd, as many local staff members attended to watch the parade and show their support.

"Our projects and events committee began planning for Tilton-Northfield Old Home Day back in March," said Cheryl Avery, Director of Community Relations at Spaulding Youth Center. "Staff members were excited to create the float and develop themed components so that the students could participate in this annual tradition. Events



Spaulding Youth Center is pleased to announce it recently participated in the Tilton-Northfield Old Home Day celebration for the second consecutive year.

COURTESY

like the parade help our students strengthen their social skills, build self-confidence and feel like an important part of their community. We are already looking forward to next year's Old Home Day festivities!"

The Old Home Day parade route began on Elm Street, made its way down Main Street in Tilton and proceeded down Park Street to

end at Pines Park. The Old Home Day celebration also included a pancake breakfast held at Pines Community Center, a 5K road race, horse pulling, wildlife encounters, entertainment by Mo the Clown and Rockin' Daddios, a pie eating contest and a Chicken BBQ held at Pines Park. The event concluded with a fireworks display held at Surette Park in North-

field.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse

or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding

Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.spauldingyouthcenter.org.

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WOODWORKER

CONTINUED FROM PAGE A1

is carved, she highlights each with a bit of blue epoxy then adds a compass rose, a loon or some other small ornamentation to complete each piece. They are available in many forms, like wall plaques or even small tables, perfect for both the elegant lakeside home and the rustic family camp. With her carving skills she also produces unique cribbage boards that are not just fun but decorative, along with other small crafted pieces.

With her tree removal business, Ford has the advantage of not only cutting trees, but then milling the wood for the crafts, benches and tables she makes. She uses a lot of black walnut, rock maple, cherry and pine for her sculptures and carvings but doesn't limit herself to those species.

"I'll use any nice wood I find that I can make things from," she said. "I go out and take the trees down, mill them and make beautiful art from it all. It's really a lot of fun."

Ford can be seen at Old Home Days, craft



DONNA RHODES

A chainsaw sculpture of a black bear by Elise Ford of 3B Creative Carvings in Sanbornton attracted not only buyers to her booth during a craft fair at Tanger Outlets last Saturday, but a pretty butterfly, too.

STATUES

CONTINUED FROM PAGE A1

those and a few others still standing, Tilton was home to as many as 150 statues in the late 1800's.

"As we're finding evidence, we're seeing that there could be more truth to that than we realized," Ciriello said.

While not the original, Diane's is a Roman copy of an earlier Greek statue that once graced the Acropolis. Ciriello told the board that a copy of the Diane statue came to Tilton by way of founder Charles Tilton who sought to bring culture and public enhancement to the town in the late 1800's. Besides Diane, a sculpture of Apollo once stood boldly on the hillside behind what is now Cumberland Farms. There were many other statues, including the still existing "Time Table Mable" on Island Park and there was also

once an ornate bandstand on the island and a beautiful fountain in the river, but nearly all have disappeared over the decades.

When asked what he thought happened to them, Ciriello told selectmen that the Historical Society believes they were either destroyed, stolen, or buried as the town began to grow and more building took place.

"There could be others in town still tucked away though," said Ciriello.

Dawson said she in fact knew of someone who once had a sculptured gun that was part of a statue but no one ever knew where it actually belonged. Ciriello said he hoped that others in town may come to realize what they have in basements and barns and contribute more pieces to the missing puzzle surrounding Tilton's lost statues.

ton's lost statues.

Most of the statues brought to Tilton in those days were mass produced from zinc, a cheap commodity at the time, and made available to people who might not have otherwise been able to afford such decorative art. The zinc was easy to paint and allowed the pieces to resemble more expensive bronze statues; some were even sandblasted to make them look like stone. The cost was \$160 for the zinc replicas, compared to \$20,000 for bronze.

"It was 'statue mania' and Charles Tilton jumped on that bandwagon," Ciriello said.

Diane and the Native American were not found in the best of conditions but that doesn't take away their historic significance to the town.

"Unfortunately, 150 years ago, it was common for statues to be vandalized," he said.

Restoration could be costly, and Ciriello and the historical society

wouldn't recommend spending money to restore Diane, but did want to make her available "as is" to the public once again. He told the board that similar Diane statues are still found in many communities so another option is that the town could always purchase a less expensive resin copy of the statue should they want to one day place her back on the island.

Ciriello also provided photos that the committee has uncovered from the 1960's and earlier, each showing fountains, cherubs, dolphins and much more adorning both the town and the island.

"Charles Tilton could see it all from his house," he said.

Time Table Mabel still presides over Island Park but she was one of four statues in a set and the hunt is still on to find the rest.

The Native American found in the town hall basement was also one

of two similarly themed statues that once graced the town. While the mass-produced "Squantum" statue survived vandalism and still stands in Pocket Park, the much more rare statue of a Native American Indian was the one recently found without a base in the town hall basement.

Ciriello asked permission last week to display Diane on the second floor stage at Tilton Town Hall adding that hopefully the Native American could join her one day soon.

"I think the statues are important to Tilton because of our past," he told the board. "It would be really cool if we could find more things like this to put on display."

As selectmen expressed support for the project, Ciriello said the display could include old photographs of the damaged statues so the public could see what they originally looked like. He also suggested that once the town's original

fairs and other artistic events all around the state and has even participated in Belmont Middle School's STEAM Day, explaining the art of wood carving to students. Her next scheduled event is a show in N. Conway next week when she will do some live chain saw carving demonstrations for the public.

To learn more about Ford and her many fine products, visit her online Web site, www.3bcarvings.com, call 759-4606, or email her at Elisea128@yahoo.com.

Diane statue is placed on display the town could set up a designated account for donations to purchase a less expensive resin copy of Diane so she could be placed back on Island Park.

"Maybe we can slowly start putting the statues back out there on the island," he said.

In addition to replacing Diane, the donations could also be used to buy a base for the Native American statue so he could join her at the Town Hall display.

The Tilton Historical Society meets at the Tilton Mansion on School St at 6 p.m. on the last Thursday of each month. Ciriello said they invite town officials, business owners and residents to join them at those meetings where they can learn more about efforts to preserve the history of the town and hopefully become a part of that process. People can also follow their activities on Facebook for more information.

PUB

CONTINUED FROM PAGE A1

committee then cooks them up and sells them to help raise money for future Old Home Day events.

"They're generous supporters who give back to the community all the time," said OHDC Treasurer Deb Shepard. "We chose their pub for our recap meeting as our gesture toward giving back to them, but besides that, the food is really good, too."

Jen Cross is the new president of the committee and said they have great confidence in the quality of the food items donated by the Bourque's each year and can

always count on them to lend a hand.

"They're very supportive of us and easy to work with, which is so nice. They're always willing to help," she said.

Tricia and her husband were pleased to receive a special plaque from the committee, thanking them for all they do to make Old Home Day a success each year. She said she and Bob enjoy helping their community, whether it be for Old Home Day, school activities, or town functions.

"We appreciate all the local groups and events and do everything we can to support them," she said.

HONESTY

CONTINUED FROM PAGE A3

"He was so kind, and said that was ok. But I knew I had to do something to let everyone know of his honesty and kindness."

The \$500 will go the Home's Resident Benefit Fund, which supports trips, equipment and activities to enhance the quality of life for the residents.

Anne never got Erik's last name, but we tracked him down on Friday, and there's

even more to an already heartwarming story.

Erik Keyser of Tilton is the grandson of a long-time Veterans Home employee, and he was at the Cruise Night Thursday with his grandparents and his grandfather's 1966 Chevelle. His grandfather is a Vietnam veteran, and Erik has served six years with the New Hampshire National Guard - two with the Army and four with the Air Guard. The car show circuit is a bonding thing for them.

Erik was pleased

about Anne's 50-50 win. He said he didn't return the tickets expecting any acknowledgement. "I did it because it was the right thing to do."

"I am so very happy she ended up winning because I'm glad it all went back to the vets and the home. Without them, we might not have been able to have that Car Show. In the end, it all worked out as it should!"

And the good karma paid off.

On Friday night, Erik was at another car show with his grandparents and the Chevelle. He won the 50-50 there.

Anne said she was very moved by the way things turned out. "I have done many 50/50 raffles for many organizations over the years," Anne said. "But the raffle held Thursday night August 1st at the NH State Veteran's Home was very special. I am very grateful to everyone who supports our veterans and came to the car show."

And the New Hampshire Veterans Home is also grateful - to Anne, to Erik, and to the hundreds of people who support our veteran residents.

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Belknap County Democratic Party announces annual picnic

LACONIA — The Belknap County Democratic Party announce initial details for its annual picnic, this year called the Summer Blue Bash and urge all interested to SAVE the DATE. The Summer Blue Bash will be held on Sunday, Aug. 25, 2 to 7 p.m. at beautiful Leavitt Park on Elm Street in Laconia.

The picnic organizers have invited all Democratic presidential and state level candidates, as well as other national and state leaders.

“We expect a good number of the presidential candidates will attend to speak and meet with voters,” said Carlos Cardona, Laconia Democratic Party Chair and well known political activist.

“The Summer Blue Bash will be fun for the whole family. In addition to the candidates there will be live music, activities for children, and a variety of food trucks to please your palate,” explained Belknap County Democrats Co-Chair Lynn Thomas of Meredith.

Johnna Davis, of Gilford and the other Belknap County Co-Chair encourages

folks to spend the day with us.

She adds, “There will be two tents to protect attendees from the sun or rain. Bring your sunscreen, lawn chairs or beach blanket. In addition, we will be kicking off a year-long celebration of the 100th anniversary of New Hampshire’s ratifying the 19th Amendment for women’s voting rights.”

Additional details will be released over the next few weeks, including instructions for requesting media credentials.

For more information, check out the Belknap County Democrats Facebook page or contact Lynn Thomas, at lthomas275@aol.com.

VNA

CONTINUED FROM PAGE A6

time!” says Jo Ellen Ricard, Private Duty Team Leader at Franklin VNA & Hospice.

Recently, the Franklin VNA & Hospice received a letter, thanking them for what they do and especially for their Homemaker and LNA, Cindy Bouchard. “What she does in a short time would probably take me all day (if not longer).” In a few short hours Cindy has given her client back her entire day to enjoy.

“We are so proud of Cindy,” says Ricard. “Not only is she punctual and professional but there is obvious care and pride in what she does. In her letter, our client

called her a God send and a joy, that’s the kind of difference Homemaking services can be.”

Franklin VNA & Hospice is one of the few agencies remaining who accept Title XX, 3B Plan and Choices for Independence (CFI) patients. These programs pay for some Homemaking services for eligible patients who cannot afford it otherwise. These programs are highly effective in maintaining independence for the elderly and disabled population but because the reimbursement rate is so low, many agencies no longer accept them.

“It’s never about the money,” says Ricard. “We do what is needed in the 14 towns we serve so

people can have a better life.”

There have been several fortunate saves as well. On more than one occasion Homemakers have discovered a person who has fallen, or noticed a decline in a person’s health.

Ricard said “It’s not just about the laundry or the shopping, it’s another set of eyes and ears in that person’s home to check on how things are, or to help connect them to VNA services if they need it before they end up in the hospital.”

Homemaking fills a gap where before, extended families living together might fill, and can provide help for the individual who needs it, and peace of mind to a loved

one who lives far away.

Franklin VNA & Hospice is an independent, non-profit organization established in 1945 to serve the Home Health care needs of the community. They provide home care, Hospice, clinic and community education services to Andover, Belmont, Boscawen, Canterbury, Franklin, Hill, Northfield, Sanbornton, Salisbury, Tilton, Webster and surrounding towns, as requested. For more information on sponsoring a Memorial Brick or partnering with them for a stronger level of support for the Teuscher-Wilson Hospice Garden, call Franklin VNA & Hospice at 934-3454 or visit www.FranklinVNA.org.

PINES

CONTINUED FROM PAGE A3

provide a copy of your child’s most recent well-child report and immunization record.

Yoga Class

Yoga Class with Kelly Lang has resumed on Thursday evenings. The class now meets from 7:15 to 8:15 p.m. The cost is \$12 per class, or \$45 for a block of five classes. Participants need a yoga mat and a water bottle. You may register in advance at the Pines, or online under Adult Sports and Fitness, or

just drop in. Kelly is a certified yoga instructor and life coach, a Young Living Essential Oils distributor, and the author of “Live Free & Dream: 7 Steps to Manifest Your True Life Desires.”

ZUMBA with Akiesha!

ZUMBA with Akiesha takes place at the Pines on Tuesdays and Thursdays at 5:30 p.m. Thursday’s class is Zumba Gold, a slower, low-impact version. Classes are for teens and adults. The cost is \$5 for drop-ins and the first class is always free. You may also purchase a punch ticket for

\$45. Nine classes and the tenth is free! For more information check out Zumba with Akiesha on Facebook, or email her at ams-31@hotmail.com. All you need is water and a smile! There will be no classes Aug. 6 or 8, when Akiesha will be away.

Annual Craft Fair

Registration is open for the Pines’ Third Annual Craft Fair. This year the Craft Fair will be on Saturday, Nov. 2, from 9 a.m. to 2 p.m. Vendors may reserve an eight-foot by-eight-foot space for \$30, or an eight-foot by 10-foot space for

\$35. Participants must bring their own tables. A \$15.00 non-refundable deposit is due up front, and the balance is due by Friday, Oct. 25. Don’t put off signing up; spaces go fast! For more information contact Samantha Magoon at 286-8653 or pccprogramdirector@gmail.com.

Closed

The Pines Community Center will be closed for end of summer cleaning Aug. 19 through 23. There will be no programs that week. We are also closed Monday, Sept. 2, in honor of Labor Day.

TOWN OF WOODSTOCK Request for Proposal

The Town of Woodstock is seeking proposals, from qualified vendors, for the safe removal of the upper stonewall and road located at the Intersection of Route 3 and Route 112.

Scope of work will include:

1. Safely removing said stonewall and road (stone, pavement, cement)
2. Possible tree removal
3. Resloping of bank
4. Replanting of trees
5. Loam and seeding grass

Submit sealed proposals to the Selectmen’s Office
PO Box 156, N. Woodstock, NH 03262

- On or Before August 16, 2019 at 3:00 PM
- Opened/Awarded August 20, 2019 at 6:00 PM
- Mark Envelope Stonewall

The selected bidder shall be expected to provide a certificate of insurance satisfactory to the Town of Woodstock for general liability and workers compensation.

Contact Public Works Department @ 603-348-8783 to schedule a job viewing appointment.

Town of Woodstock Board of Selectmen reserves the right to accept or reject proposals in the best interest of the Town.

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Edward Jones: Financial Focus

How Does Social Security Fit Into Your Retirement Income Strategy?

It might not be on your calendar, but Aug. 14 is Social Security Day. Since it was enacted on Aug. 14, 1935, Social Security has provided some financial support for millions of Americans during their retirement years. While Social Security benefits, by themselves, probably aren’t enough to enable you to retire comfortably, they can be a key part of your overall retirement income strategy – if you use them wisely.

To help you make decisions about Social Security, you will need to answer these questions:

When should I start taking my benefits? You can take Social Security once you reach 62, but if you wait until your full retirement age, which will probably be between 66 and 67, you’ll get much bigger monthly checks, and if you wait until 70, you’ll get the biggest possible payments. Before deciding when to begin receiving your benefits, you’ll need to weigh a few factors, including your estimated longevity and your other sources of income.

How should I consider potential spousal benefits? If you are married, or if you’re divorced but were married for at least 10 years, you could receive up to half of your spouse’s full retirement benefit (offset by your own benefit, and reduced if you claim early). If you outlive your spouse, you could claim survivor benefits, which can provide either your own benefits or 100% of your deceased spouse’s, whichever is larger. Consequently, the higher-earning spouse might want to postpone taking benefits for as long as possible to maximize the survivor benefit.

How much can I earn without reducing my Social Security benefits? If you are younger than your full retirement age and you are receiving Social Security, the Social Security Administration will withhold \$1 from your benefits for each \$2 you earn over a certain threshold (which, in 2019, is \$17,640). For the year you reach your full retirement age, your benefits could be withheld by \$1 for every \$3 you earn over \$46,920. But once you reach your full retirement age, you can earn as much as you want without your benefits being withheld, although your benefits could still be taxed, depending on your income.

How much of my pre-retirement income will Social Security replace? Generally speaking, you should expect Social Security to replace slightly more than a third of your pre-retirement income. However, the higher your income during your working years, the lower the replacement value of Social Security will be.

What other sources of retirement income should I develop? Contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. You may want to consult with a financial professional, who can look at your entire retirement income picture and recommend moves to help you achieve the lifestyle you’ve envisioned for your later years.

Keep in mind that your decisions about Social Security filing strategies should always be based on your specific needs and health considerations. For more information, visit the Social Security Administration website at socialsecurity.gov.

One final word: You may have concerns about the stability of Social Security. While no one can predict the future, many potential solutions exist to put the program on more solid footing. Consequently, try to focus on the actions you can control.

This information is believed to be reliable, but investors should rely on information from the Social Security Administration before making a decision on when to take Social Security benefits. It is general information and not meant to cover all scenarios. Your situation may be different, so be sure to discuss this with the Social Security Administration prior to taking benefits.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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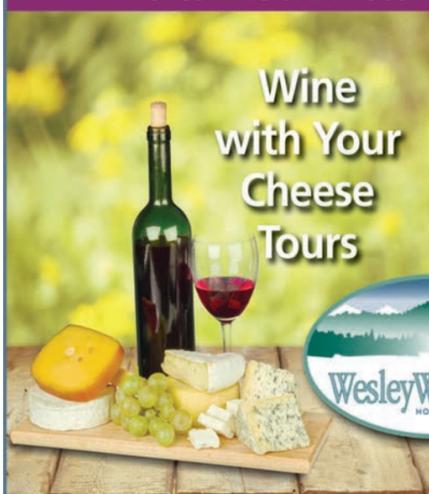
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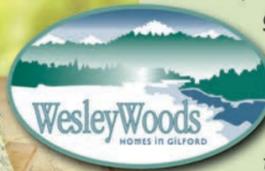
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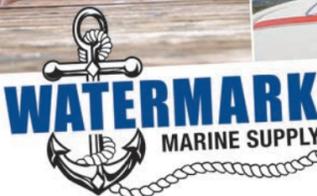
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SPORTS

THE WINNISQUAM ECHO
SalmonPress.com

Lights are back in Belmont this weekend

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT – For the second year in a row, current Belmont High School soccer players will be taking on alumni players under lights at Belmont High School.

The event will take place on Friday night, Aug. 9, with the boys' game first and the girls' game immediately following. There will also be an alumni only event on Saturday evening, Aug. 10, for the first time ever, where they will choose their own teams and play under lights provided by Bel-

mont graduate Devin Poslusny and another company, MB Tractor, that he is finalizing plans with.

Poslusny explained that, like last year, there will be four light towers set up at the corners of the upper field on the Belmont High School property. He said last year had a "homecoming sized crowd" and he expects it to be this way again.

"Last year everybody had a great time and we hope to have better lighting all around this year," said Poslusny. "We got feedback from

the players and that helped for organizing this year."

Poslusny organized the inaugural event last summer after several years of jumping through hoops and saving money for lights to get the ball rolling. This involved working with school officials, purchasing lights and getting the word out to the community.

The event begins at 6 p.m. on Friday night with the boys' game and then 8 p.m. the girls' game will start. The Saturday alumni only event begins at 5:30 p.m.

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Magical season comes to a close for 18U NorEasters

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The 18U Nor'Easters had what coach Fern Beaudet called "a magical season," with the team posting a 23-5-1 record all summer.

The team slugged its way to a .793 winning percentage with a .351 batting average and 188 runs, compared to only 58 runs given up. The Nor'Easters had 18 straight wins until the first loss of the season. They won three of the six tournaments and had two other semifinal finishes.

Offensive stars included Hope Duval of Profile, who played the first four tournaments before heading off to the Coast Guard Academy. She was the team's leading hitter and showed off incredible power, with a 10 homers including a pair of grand slams. She had a .578 batting average with 12 doubles and five triples. She had 39 RBIs and provided the brunt of the offense. Duval showed the ability to put the bat on the ball, as she had only four strikeouts all summer.

Sam McCann of Berlin batted .419 with four homers, and was also the team's top pitcher. She went 17-3 and only gave up 20 earned runs all season with a 0.95 ERA. Ella Harris of Gilford was also outstanding in the pitching circle, with a record of 6-2 and a 1.44 ERA. Combined between them they had a 1.44 ERA and were lights out in the circle.



COURTESY PHOTO

The 18U Nor'Easters enjoyed a successful summer softball season.

"Ella Harris from Gilford High School, who didn't pitch all

school season because of an injury, worked hard prior to the sum-

mer season to get herself in shape for pitching and her hard work

paid off. She would end up with six wins out of eight games pitched with a very good 1.24 ERA. Sam McCann was the workhorse on the pitching mound, 17 wins out of 20 games pitched with a miniscule 0.95 ERA, for a pitcher to give up less than one run a game in summer ball facing the best hitters from New England is incredible."

Carly Catty, who plays at Winnisquam during the spring, batted .407 with a grand slam. She was solid at shortstop and continued to show the high level of softball she can bring to a team.

Jillian Lachapelle of Gilford batted .329 with a homer and was a rock at second base. Sadie Young of Profile batted .342 and was a big part of the offense this summer.

Beaudet praised the work of his two catchers, Maddie Reeves of Profile and Hannah Tessier of Kennett, who were both in their first year and excelled quickly. The team were consistent behind the dish and worked well with the pitching staff.

He also commended Kacie Johnston of Plymouth for her strong play at third base.

Beaudet said the best tournament of the year for the Nor'Easters was the Brattle-

boro Heat Tournament where the team went 6-0 with 52 runs and only eight runs allowed. In the past three years the Nor'Easters have won twice and were a runner up once.

Beaudet said the team had a good mix of returning players and the first-year players hit the ground running. The team's younger players improved week after week and he said the team chemistry was great all summer.

"Another magical season winning back to back N.H. USA Softball State Championships," said Beaudet. "Only two out of 29 games played the team would give up more than three runs a game, with 7 shutouts on the season. The team pitched and caught real well, played awesome defense all season, bats would come alive when needed. This team never gave up, they would battle till the last out all season."

Looking ahead at next year, the Nor'Easters have high hopes with only one player aging out and nine players returning including the pitchers and catchers.

"The team is looking to build on from this season's experience," said Beaudet. "The players are all looking forward to next season."

16U Nor'Easters wrap up a strong inaugural season

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The 16U Nor'Easters had a great summer in the first year as a team, with a record of 20-7-1 with two tournament wins and two other quarter-final appearances.

The team batted .328 for the year, led by Sierra Halligan of Laconia who had a .487 batting average and 40 runs scored. Kara Stephens of Belmont hit .423 and led the team with five home runs and 34 RBIs. Belmont's Becca Fleming hit .403 with a team high seven doubles. Kim Daigneault played solid first base all summer and hit .323.

As far as fielding goes, Nora Dunleavy of Laconia and Alexa Smith of Gilford had team highs in fielding percentage. Courtney Turpin of Laconia was solid behind the plate and caught 21 of the team's 28 games. The team had a .917 fielding percentage as a whole. The pitchers were

consistent all summer and had a miniscule 1.92 ERA. Morgan Hall of Belmont pitched 60 innings and led the team with a 1.84 ERA and 73 strikeouts. Lilly Simpson of Inter-Lakes had a 1.87 ERA and Kelley Allen of Belmont had a 1.88 ERA. Allen only let up 12 earned runs all summer with Simpson letting up 13.

Savannah Perkins of Belmont also pitched valuable innings, especially in the Waterville tournament that saw the team playing four games in one day.

"She was our most versatile player," said coach Bill Clary. "She also played two different positions in the outfield and several games at second base."

Teams only hit .226 against the Nor'Easter pitchers.

"I couldn't have asked for a better pitching staff," said Clary. "They kept us in every game. A team ERA under two is outstanding."

Clary said the team started red hot with an opening tournament win and then won the Nor'Easter Classic to finish the season.

"All the girls want to get batter and are willing to listen and work hard for each win," said Clary. "All of my players improved this year. It was nice to see Kara Stephens bat come to life after a slow high school season. Kelley Allen improved the most in the pitching circle, her velocity jumped and her control was spot on by the end of the summer. Sierra Halligan was our lead-off hitter for the year and she was our most aggressive batter and was not afraid of that lead off spot."

Clary felt that the Saco tournament was the best of the summer, saying that the heat alone presented a challenge to go along with playing four games on Sunday. He said it was an outstanding team effort and the coaching

staff was just as impressive.

"With the coaching staff that I have it makes my job that much easier," said Clary. "Bill Allen does a great job bringing the girls together. Hannah Everson has so much to offer the pitchers. Courtney Clary helps call the pitches and keeps great stats during the games. Caitlin Clary has done wonders with the girls' offensive skills. I'm just along for the ride."

The goal for next summer is to get as many players from this team to come back, Clary said.

"As a second-year team we are looking at a national tournament or a larger tournament down south," said Clary. "It was a difficult roster to manage with only 11 players. We will be looking to add some depth. Hopefully we can get that with some of the 14U players that have to move up."

NorEaster 14U team make strides throughout summer

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The 14U Nor'Easter softball team just wrapped up their summer season and while the young team had some growing pains, coach Bob McKenna said his players improved steadily and he looks forward to see what experience will bring next year.

"The team quickly learned that this level of play is much higher than middle school as the teams are a combination of top players from all over the state," said McKenna. "As the season progressed, every single one of the players improved and really honed in their skills for the next level. The skills they learned and level that they played will set them up for success for the spring season of school ball and next season with summer ball. They were troopers all summer long playing in multiple games in over 90 degree weather."

McKenna said it was a rebuilding year for the Nor'Easters, which was made up of players from around the Lakes Region and Massachusetts. There was only one returning player from last year's 14U squad. He said that team had very little experience playing travel softball, and for some of the girls it was the first time playing softball at this level.

"Going into the season the 14U Nor'Easters had an inexperienced team that needed to get to know each other and build chemistry fast, as they had minimal practice," said McKenna. "The goals set by the coaches were to improve as players and have fun."

McKenna felt that the best tournament



Back row (l to r), Chad Richter, Madison Darling, Avery Vonkadich, Caitlyn Clark, Tylar McSharry, Maddie McKenna, Liv Arvidson, Stephanie McSharry. Middle row (l to r), Anna Herrmann, Devyn Halligan, Haley Richter, Dakota Haney, Bob McKenna. Front row is Jaiden McKenna. Missing from picture is Carrie Babson.

for the Nor'Easters was the first of the summer in Rochester. He said the girls showed "fighting spirit" and it set the tone for the summer. The Nor'Easters faced teams that had been practicing year-round and played with each other for years, but he said the team showed they were up to the challenge and stayed competitive in every game.

Each player worked hard and made contributions throughout the summer. Liv Arvidson was in the circle much of the season and pitched a great game against the Comets that ended in a 1-1 tie. Madison Darling had what McKenna

called "a tremendous pitching performance" against the Rochester Slammers. She allowed only three hits in a 12-0 win.

Jaiden McKenna was the catcher for most of the innings and was a rock behind the plate. Haley Richter and Caitlyn Clark were the team's top hitters and led the offensive charge. Devyn Halligan was solid at third base all season, especially at the end of the season where she robbed several hits with great plays. Tylar McSharry, Carrie Babson and Maddie McKenna played very well in the infield at first base, shortstop and second base respec-

tively. McKenna was also impressed by the outfield, which included Avery Vonkadich, Dakota Haney and Anna Herrmann.

McKenna said it was also important to acknowledge the great coaching by as-

sistant coaches Chad Richter and Stephanie McSharry who helped the players improve and meet goals week by week.

Next year's team has seven players aging out but there could be five players return-

ing, so he expects the improvements to continue.

Tryouts for next summer's Nor'Easters are on Aug. 11 at Belmont High School, with 14U starting at 2 p.m.

Register now for fall flag football

MEREDITH — Registration is open for the fall 2019 season of Lakes Region Flag Football. The LRFFL is a 100 percent non-contact NFL Flag youth flag football program and is open to all boys and girls in the Lakes Region area in the following five age divisions: 6U, 8U, 10U, 12U and 14U, player's age as of Sept. 1.

The fee for the Fall 2019 season is \$85, with discounts for siblings. Each player will receive an NFL Flag re-

versible team jersey and a set of NFL flags to keep. Register online at lrffl.com. Credit card payments are accepted online and checks are also accepted.

The fall 2019 season schedule is posted at lrffl.com. Team practices for the 8U, 10U and 12U divisions are one hour per week, typically on Wednesday nights in Meredith, while the 6U and 15U divisions practice on game days. Games are one hour long and

are played primarily on Sunday afternoons at Inter-Lakes High School.

The league will also be offering travel teams to boys and girls age 7-12 with potential tournaments to be played across New England and potentially national tournaments in Florida. More information is available at lrffl.com.

Like the league on Facebook at [lakesregionflagfootball](https://www.facebook.com/lakesregionflagfootball).

Questions? E-mail lrffl@metrocast.net.

Robbie Mills Memorial Golf Tournament is Sept. 12

TILTON — Atlantic Broadband, the nation's eighth largest cable operator, announced that the annual Robbie Mills Memorial Golf Tournament will be held on Thursday, Sept. 12, at the Lochmere Country Club in Tilton.

The event, which is hosted by Atlantic Broadband and the Boys and Girls Club of the Lakes Region, will benefit youth-serving organizations in the area. Now in its 20th year, the event began as an effort to honor the memory of Robbie Mills, son of Wendy Mills, who is an Atlantic Broadband employee. Robbie was a 14-year-old Laconia boy who was killed in 1997 for his trail bike by two older teens. The

event was launched that year to support the Robbie Mills Memorial Fund, which donated proceeds to youth-serving organizations in Laconia.

In subsequent years, the fundraiser and the organizations it supports have grown significantly. Last year's event raised nearly \$25,000 in support of many local organizations, including the Spaulding Youth Center (Northfield), Boys and Girls Club of Lakes Region (Concord), Granite State Children's Alliance/Child Advocacy Center (Belknap, Carroll, Strafford Counties), Bread and Roses Kitchen (Franklin), WABAN (Sanford, Maine), Haven (Rochester), Court Appointed Special Ad-

vocates (CASA), and the Greater Lakes Region Charitable Fund, Children's Auction.

With the 2019 event approaching quickly, tournament organizers are seeking event sponsors and registrations. Single player and team registrations, donations, as well as a variety of sponsorship opportunities, are being accepted online at atlanticbb.com/robbiemillsgolf.

"We are grateful to all who have supported this cause over the past 20 years and look forward to an enjoyable day for participants and a successful day for the organizations that are supported through the event," said Edward Merrill, General Manager for Atlantic Broadband.




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<p>Pheasant Ridge Golf Club 140 Country Club Road, Gilford 603-524-7808 www.pheasantridgecc.com</p>	<p>or</p> <p>White Mountain Country Club North Ashland Road, Ashland 603-536-2227 www.whitemountaincc.com</p>
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COUNTRY AUCTION

Furniture, Stoneware, NH Art, Jewelry, General Store
Sat, Aug. 10, 2019 • 9AM • 3247 Rte. 302, Lisbon, NH

Join us at the auction barn as we sell collections from a few local homes. **Sale will include a 30-min. Boxapalooza!** **Furniture:** Round mahog. pedestal table w/ball & claw feet, folding leaf; walnut gate-leg table w/drawer; dome top trunk; 2 ladderback chairs; electric fireplace; pair/pineapple twin beds w/blanket rails; cherry quilt rack; more. **Stoneware/Pottery/Glass:** 50+ blue/white decorated, other stoneware crocks & bottles, incl: Win Schuler; Frank B. Norton; Herman Freed Liquors; J.S. Taft (4 gal); Conde; H.N. Ballard; J.W. Pitman; Cummings; AMN; Heald; M. Norris; D.L.O. & Sons; more; jugs and pitchers; Roseville cow pitcher; German steins; amber candy dish; red art glass vase; white glass bowl; vaseline rose bowl; Rayo nickel kerosene lamp w/cranberry shade & chimney; Moxie glass; Marigold Carnival bowl; Roseville baby dish w/rabbits; Yorkshire dish set; crystal; more. **Art:** Oil/canvas Cannon Cliffs by R. Niles; o/c 3 panel painting "Cape Foulweather, Oregon" by R. Niles; oil on board fall scene, Franconia, NH, by R. Alden Burt; o/c barn scene by E. Scharer; o/c owl by S. Prado, Concord, NH; o/c hawk by D. Coffin, 1999; o/c girl holding baby chick by D. Coffin, 1999; girl herding sheep print; train station print by D. Motill; Victorian House by D. Motill; carved woodpecker; wooden Russian portrait; more. **Rugs:** Bocara, 64" x 41 1/2"; tribal prayer rug, 60" x 38"; other area rugs, runners. **Misc:** Ass't'd early molding planes; Russian 21 Second Combination Time & Percussion Fuse (paperweight), RI; great old free-standing store-keeper figure w/orig. clothes & shoes; maple sugar bucket carrier; plant stands; lg. wood carved wristwatch clock; 4 vintage dresser clocks; wooden compass; iron hooks; lg. fish hook; CT steeple clock; oak Regulator clock; glass paperweight w/gold; wooden candlesticks; reference books; old plumbing & automotive books; wooden fork; rosewood giraffe; seal figures; nail keg; LOTS of costume jewelry; wooden Estate Jewelry ad sign; table top display cases; Fleetwing metal runner sled; carved Praise the Lord sign; Garden of Eden wall carving; metal detectors; golf clubs; Ben Hogan irons w/Apex edge and arthritic grips; BOXLOTS! **PREVIEW: Friday, 8/9: 3-6PM & Saturday, 8/10: 8-9AM or by appointment. TERMS OF SALE: 13% BUYERS PREMIUM (10% w/cash or check with proper ID); all items sold AS IS; all sales final. Refreshments available.**

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- Century 21 Country Lakes Realty: www.countrylakesrealty.com
- Century 21 Twin Rivers Realty: www.nhreal21.com
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TILTON: Custom 4-BR home w/ 4,400sf. Utmost attention paid to every detail. \$539,900	LACONIA: 2-BR town house at Overlook on Lake Winnepesaukee! \$194,900	LACONIA: Expansive cape home in Long Bay w/ luxe features & upgrades. 4-BR, 4-BA. \$729,000	GILMANTON: Adorable cape home w/ access to 6 beaches on Sawyer Lake! \$259,000
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LACONIA: Classic New England style w/ 2-BR, 2-BA & 2,430 sf. & recent updates. \$230,000	NEW HAMPTON: 5-BR antique cape w/ modern amenities & antique charm. \$499,900	PLYMOUTH: Updates! Kitchen, furnace, HW floors, paint, roof, siding & more! \$299,900	MEREDITH: 7.8 ac. lot at Waldron Bay, directly above Lake Winnisquam. \$245,000

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433 West Main Street, Tilton, NH 03276

EOE

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2019-2020 School Year VACANCIES

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ashley.dolloff@interlakes.org
Ashland School District
103 Main Street, Suite 2, Meredith, NH 03253

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EOE



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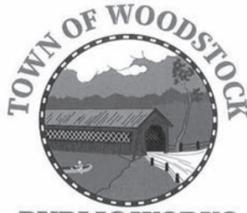
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And Laborer Positions**

Will Train. Valid Driver's License required.
Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

**VACANCY
BUSINESS ADMINISTRATOR
BERLIN PUBLIC SCHOOLS
BERLIN, NH**

Applicants must be NH certified or certifiable,
Bachelor Degree required. MBA and
experience preferred.

Individuals interested in this position should
send a letter of interest, resume, transcripts,
3 letters of reference, and completed application
(located at www.sau3.org) to

Julie King, Superintendent
Berlin Public Schools
183 Hillside Ave.
Berlin, NH 03570
or email hr@sau3.org

EOE. Position open until filled.

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PRESS, INC.**

Experienced Machine Operators

At Upper Valley Press, Inc., we believe our employees are
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Upper Valley Press, Inc., a 100% employee owned (ESOP)
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apply in person to:

**UPPER VALLEY
PRESS, INC.** 446 Benton Road
North Haverhill, NH 03774
resume@uvpress.com

**HIGHWAY EMPLOYEE
Full Time Position
TOWN OF PLYMOUTH**

The Town of Plymouth Highway Department is
currently accepting applications for the position of
Highway worker to work within the Town's Highway
Department. Successful candidates need no previous
experience but a positive attitude and a willingness
to learn is a must. This is a position which performs
work in all areas of construction and other assigned
projects to include summer and winter maintenance of
roads. Duties will include operating heavy machinery
necessary for road maintenance, maintaining
municipal equipment and plowing roadways for winter
operations, and other labor intense road maintenance
tasks. Candidate must hold a valid driver's license with
CDL-B endorsement. Candidate will be required to
be on-call for a week at a time on a rotating schedule.
We are willing to train the right individual who meets
the character traits mentioned above. The Town of
Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall
(536-1731) or at the Plymouth Highway Department
(536-1623) from 8am to 4pm, Monday through Friday.
Applications will be accepted until a suitable candidate
is appointed. Full benefits and good starting pay
included.

To be considered, applicants must submit a Town
application, resume and cover letter to:

Town of Plymouth
Attn: Joe Fagnant, Highway Manager
Plymouth Highway Department
6 Post Office Square
Plymouth, NH 03264

**Northern
Human Services**
Changing Lives

Northern Human Services is Hiring!

**\$500.00 Sign On Bonus available
for new hires by Aug. 31, 2019**

Community Integrator: Full time 35-hour position,
Tamworth and Conway areas Starting at \$11.50 an hour

Residential Advisor: Full time 40-hour position,
Conway area Starting at \$14.00 an hour

Join us today to help make a difference! Northern
Human Services offers 11 paid holidays, 3 weeks
vacation/sick time your first year, mileage
reimbursement, health insurance, and a 403B
retirement plan. If you are interested in a fun and
fulfilling position supporting our individuals, please
contact us today!

To apply, complete an application in person or mail
letter of interest and resume to Shawna Demoree,
Program Director, New Horizons, 626 Eastman Rd.,
Center Conway, NH 03813 or by fax 356-6310, or
e-mail to sdemoree@northernhs.org.

*This position requires a valid driver's license, proof of adequate auto
insurance, completion of driver's and criminal background checks. This
agency is an equal opportunity provider, and employer. (10208, 10218,
10219, 10220, 10221, 10222)*

**Forestview
Manor**
ASSISTED LIVING

Come to work where you would like your grandparents to live.

**WE PAY TOP HOURLY WAGES
IN THIS REGION!**

Don't miss out! Only a few positions available. If
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**Caregivers - No Experience Necessary
& LNAs/CNAs/MNAs**
Full-Time Shifts Available:
2nd Shift: 2pm-10pm & 3rd Shift: 10pm-6am.
Part-Time Special Weekend Shifts Available:
2pm-10pm & 10pm-6am

F/T Cook/Dietary Aide
Should have some cooking experience.

- 2 Days: 1:00pm-9:00pm
- 3 Days: 6:30am-2:30pm
- Every Weekend
- Two consecutive days off during the week

NEW BENEFITS PACKAGE!
We are so excited that we have a new very rich
benefit plan to offer anyone who comes to work
here full-time. It includes the following: **401k, with
contribution, Blue Cross/Blue Shield Medical
and Dental insurance, Vision, Short Term
Disability and paid Life Insurance and Long
Term Disability!**

If you are interested in any of these
positions, please call 279-3121, ask for Janis,
or email me at janis@forestviewmanor.com.
Come in for our Wednesday Group Interview
@ 2:30pm sharp or just drop in.

Forestview Manor Assisted Living
153 Parade Rd.
Meredith, 03253

Pemi River Fuels

**PROPANE AND OIL
SERVICE TECH**

Pemi River Fuels is seeking an experienced

**Propane and Oil
Service Technician**

Fully licensed as a Propane Technician in NH
NEFI or equivalent oil burner school certification
CDL preferred

**We are looking for an experienced and motivated
Propane and Oil Technician to join our growing
team. Successful candidates will possess strong
customer service skills, a strong desire to
succeed and desire to grow with our company.**

Benefit Package to include- Competitive Compensation,
Health Insurance, Dental/Vision, LTD/STD, Life, Aflac,
401(k) with company match, Product Discounts and
Generous Personal Time Off.

To apply, please send resume to
Pemiriver@pemiriverfuels.com
612 Tenney Mountain Highway, Plymouth

**ST. JOHNSBURY
DENTAL ASSOCIATES**
**Registered Dental
Hygienist Opportunities**
\$40/hour \$3,000 Sign on Bonus!

Mon - Thurs 8am to 5pm. Dr. Darren Boles is currently look-
ing to expand his new practice in VT. We are looking
for Amazing People with positive attitudes that can see
solutions in every situation! People that want to help
others succeed and do everything to work as a team
to make that happen. We are committed to serving
and empowering each other
and our community. Loving and inspirational people
are welcome to apply. Negative complainers need not
apply! We want to be your second home... a place
where you feel joyful, trust your employers and each
other, and feel secure. Offering great benefits of a
week extra pay as a Holiday Bonus, 401K, Health In-
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Reimbursement, and a supportive work atmosphere that
understands the needs of families. School choice
towns of St. Johnsbury, VT and Kirby VT offer ex-
cellent private school education for little or no cost.
Health and Life Balance encouraged. Consider re-
locating if you don't live nearby. Amazing opportunity.
Your success is our success!

Call 802-748-9357 and ask for Dorothy or Suzanne
or email Dorothy at dbaxter@stjdental.com.

We are looking forward to meeting you!
The practice is in the beautiful Northeast Kingdom of
Vermont in a lovely restored 3 story
brick rectory building.

Check out the local schools www.theversideschool.org
and www.stjadental.org.

St. Johnsbury Dental Associates
1 Place Notre Dame
St. Johnsbury, VT 05819

**SAU #58
VACANCIES
2019-2020**

Groveton Elementary School
Elementary Teacher
Special Education Teacher

Stratford Public School
Special Education Teacher
(ID#3138898)
Middle School Math Teacher
(ID#3137039)
Part-Time Physical Education
Teacher (ID#2915064)

Deadline: Until Filled

For more information or to apply please go to
www.SchoolSpring.com and reference the above job
ID. All applications must go through SchoolSpring.

If you have any questions regarding these
positions, please contact:

Carrie Irving, Secretary
SAU #58
15 Preble Street
Groveton, NH 03582
Ph: 603-636-1437
Fax: 603-636-6102

EOE

NCH Upper Connecticut
Valley Hospital

JOB OPPORTUNITIES

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Full-Time
*RNs
with two years' experience or
*MT / MLT

Additional Full-Time Opportunities
Coding Supervisor Radiologic Technologist
Ultrasound / Echo Technologist

Part-Time Opportunities
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Per-Diem Opportunities
Certified Surgical Technician LNA
ED Technician RN Unit Secretary
RN Perioperative RN

**APPLY ONLINE
WWW.UCVH.ORG**
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org

EOE



Town-to-Town CLASSIFIEDS



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Call to place your ad today or visit our website!

Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Barn/Garage/Yard Sale

5 FAMILY COMBO! 642+650 PROVINCE ROAD (RT 107-ACROSS FROM ROGERS ROAD) BELMONT, SATURDAY AUGUST 10TH FROM 9AM-1PM. TOYS TO TOOLS, CLOTHES TO COLLECTIBLES. FREE TABLE TOO. AT 1PM LOTS MORE WILL BE FREE!

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Shane - Shetland Sheepdog
White/Tan/Black
10 Years old
We are hoping someone may have him or have seen him?
-Lost in Laconia NH-
August 27, 2016
Do not chase. Old and New Leads appreciated.
For more info see
www.facebook.com/shaneshetlandsheepdog

Call Owner 603-365-1778
or Granite State Dog Recovery
1-855-639-5678

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1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.salmonpress.com

Deadline:

Monday 10:30 am

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income qualified plans. Military
discounts. Rozzie May Animal
Alliance, a dedicated spay/neuter
nonprofit. Sign up on line
www.RozzieMay.org or call
603-447-1373

**General Help
Wanted**

GSIL is looking for caring, dependable personal care attendants to assist individuals living independently in their homes for various shifts. Duties include personal care, meal prep, laundry, light housekeeping, etc. Pay is \$10.25-\$10.75/hr. Does not require any certification and willing to train those without experience. Please contact Ashley at (603) 568-4930 or atruong@gsil.org for more information.



Plymouth State University has the following positions available:

FACILITIES:

Director, Physical Plant
Building Service Worker
(Custodian), All Shifts
Groundworker
Lead Worker - Recycling

To view full descriptions of the positions and to apply, please visit <https://jobs.usnh.edu>

Plymouth State University is an Equal Opportunity/Equal Access/Affirmative Action institution.

**Professional/
Technical**

Looking for full time Early Childhood Associate Teachers 9 ECE credits needed. Small, fun, loving and caring environment! Please email your resume to teloca@yahoo.com

Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.

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TangerFIT 5K set for Sept. 22

TILTON — Tanger Outlets in Tilton in conjunction with Mix 94.1FM, Northeast Communications, Belknap Landscape Company, Gunstock Mountain Resort, Laconia Daily Sun and AutoServ, will host the 11th annual TangerFIT 5K Run/Walk to benefit breast cancer patients

in the Lakes Region. The first 1,000 registrants to check-in at the race will receive an exclusive race t-shirt and all finishers will receive a commemorative participant medal. Prizes will be awarded to top three male and female winners. There is a discount to register prior to the race.

discounted team rate, contact Tanger Outlets General Manager Eric Proulx at Eric.Proulx@TangerOutlets.com. Team prizes will be awarded for the following categories: Largest team, most spirited and best team t-shirt.

The race takes place Sunday, Sept. 22, at 8:30 a.m. at Tanger Outlets Tilton, 120 Laconia Road, Tilton.

For more information or to register, visit www.tangeroutlets.com/race.

Sweet revival for Black Bear Half Marathon

WATERVILLE VALLEY — The Black Bear Half Marathon will return to Waterville Valley this Labor Day Weekend in support of the Waterville Valley Elementary School (WVES) PTA. The race will travel the Valley's scenic roads and trails and competitors will enjoy the gorgeous White Mountain National Forest.

The schedule includes a full lineup of races throughout the morning for everyone in the family to enjoy.

Athletes will be challenged in the forested half marathon, cruise through the dirt packed 5K, or find their pace in the one-mile fun run. While racers are chasing down the finish line, spectators will find plenty of fun and games with vendors and activities all around Town Square.

The race organizers also welcome businesses and groups to join in the event as sponsors, vendors, or to otherwise support the cause. Contributing supporters

will, among other benefits, be gratefully recognized prior to and at the event around Town Square during a packed holiday weekend. Organizers are excited to include WV BBTs, NH Electric Coop, C2 Systems, The Coyote Grill, and La Hacienda among their early supporters.

Athletes and families can sign up for the races at www.runreg.com/black-bear-half-marathon and find more info by visiting our Facebook page at www.facebook.com/blackbearhalf.

alf.

The WVES PTA strives to connect their school community with those in the surrounding White Mountain area, while empowering their students in exploration and adventure. Your contribution will help provide scholarships and services for families in need, support the school's annual out-of-state educational trip, and engage students in community events essential to greater civic involvement.

Barnstead Firefighters Association 5K Aug. 17

BARNSTEAD — The Barnstead Firefighters Association is pleased to announce its eighth annual 5K Road Race and Fun Walk to start at the Barnstead Parade grounds on Aug. 17 at 9 a.m.

The course is an "out and back" that follows the Suncook River from the Parade to the intersection with Route 126 and then returns to the Parade along the same route for the finish. The race course is USATF certified for accuracy

and is considered flat and fast. Refreshments will follow the race.

Proceeds from this year's race will benefit the Barnstead Firefighters Association.

Pre-registration must be received by Aug 13 to receive a discount. Registration forms are available at www.bfr06.com, by e-mail at bfa5kroadrace@gmail.com or by calling 312-5648. Online registration is also available at www.running4free.com. Race day registration will also be available.

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IT SHOULDN'T BREAK THE BANK TO GET A QUALITY EDUCATION

August 14th from 4pm-7pm

Enroll full-time & you could win a FREE class for the fall!

OPEN HOUSE Express

- ✓ Apply for Admission
- ✓ Apply for Financial Aid
- ✓ Schedule your Classes
- ✓ Tour the Campus & Student Apartments

REGISTER ONLINE TODAY!

www.lrcc.edu/Open-House-Express



379 Belmont Rd, Laconia, NH 03246

Going to college shouldn't be complicated and it shouldn't break the bank. August 14th is Open House EXPRESS at Lakes Region Community College. Drop in anytime between 4 and 7pm and see what's possible. Complete the entire admission process on the spot...with no application fee. Enroll full time and you could win a FREE class for the fall. Don't wait to take the next step.

Lakes Region Community College's Open House Express Wednesday, August 14th from 4-7pm. Go to LRCC.edu for more information. What are you waiting for?



Start Here...Go Anywhere!