

Gilford Steamer

THURSDAY, FEBRUARY 14, 2019

GILFORD, N.H. - FREE

Recycling center, regional agency funding debated topics at deliberative session

BY ERIN PLUMMER
mnews@salmonpress.news

Articles on recycling center improvements and a contribution to a local health organization were some of the most contested topics at the town's deliberative session.

Town voters gathered at the Gilford High School on Tuesday night for the deliberative session to discuss and decide what articles would go on the warrant in March.

Article 7 is \$400,000 to finish improvements to the recycling center, money to come from the fund balance. The Budget committee voted eight to four to

not recommend the article.

Skip Murphy spoke against the article as a resident, saying he did vote against recommending it as a member of the Budget Committee. Murphy said the town has already appropriated almost \$1 million for this project and they expected the center would be operational by now.

"The fact that the selectmen are coming back for a second bite of the apple is just too much," Murphy said.

He said since China has stopped taking recyclables from other countries and the crash of the recycling

market, there is hardly a recycling market in the US. He said the market now will not offer a return on an investment like this.

Dunn said two years

ago, the town appropriated \$950,000 for the project, though they were told that wouldn't be enough money for a project. He said they put the project out to

bid and this wasn't enough for what they planned to do. Most of the original appropriation was spent on the building that is there now and \$35,000

is left. If the article isn't passed, the project wouldn't have some finishing touches.

Gaye Fedorchak said she understands the SEE **DELIBERATIVE** PAGE A11

Knitting for a cause

Patrick's Pub Mania team member made \$4,225 for the Lakes Region Children's Auction knitting hats in 2018

GILFORD— If you saw a woman knitting last year while out in a restaurant—or while boating, or on a bus, or in a doctor's office—it was probably Judi Rogato. She had her needles in her hands everywhere she went, even on a Caribbean cruise.

"Who knits a hat on a cruise in the Caribbean?" Rogato said with a laugh. "Me!"

Rogato's goal at first was to create 25 hats to sell for \$25 apiece to raise money for Patrick's Pub Mania and her team, The Diving Ducks, to benefit the 2018 Greater Lakes Region Children's Auction. Rogato got carried away, though. She made

and sold 169 hats, raising \$4,225.

"It was a great conversation starter," Rogato said, noting that in addition to raising dollars for Pub Mania and the Children's Auction, she also inadvertently raised awareness.

"People would ask 'What are you making?' It gave me so much pride to tell them what I was doing, and a lot of people learned about Pub Mania and the Children's Auction through me."

Children's Auction Coordinator Jennifer Kelley says that Rogato offers people in the community a great example of what one individu-

SEE **ROGATO** PAGE A12



Larry Johnston, McDonald's Brand Ambassador, presenting a check for the proceeds from the Arthritis Foundation's fundraiser last month. Pictured: Arthritis Advocate, Gaye Jacques and her granddaughter, Emily with Johnston at McDonald's Laconia location.

Streetcar presents special performance of "The Vagina Monologues"

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — The many and varied perspectives of female identity will take the stage in Streetcar Company's production of "The Vagina Monologues" tonight, with proceeds benefitting a local charity.

Streetcar Company will present "The Vagina Monologues" on Valentine's Day at Pit-



ERIN PLUMMER

The cast of Streetcar Company's coming production of "The Vagina Monologues" rehearse the opening scene.

zman's Freight Room in Laconia, with 90 percent of the proceeds benefitting New Beginnings. The production will be part of V-Day, a global event against violence to women where Eve Ensler's play "The Vagina Monologues" can be performed for free.

V-Day is an organization that aims to prevent violence against anyone of any age or gender identity who has ever identified as female in their lives. Activists for this cause are invited to perform "The Vagina Monologues" for free during the month of February ("V-Season") on the condition that any proceeds from the performance are donated to charity. This year's spotlight charity for V-Day is Women in Prison, Detention Centers, and Formerly Incarcerated Women and 10 percent of the pro-

ceeds must go to this organization. The remaining 90 percent of the proceeds are to be donated to a local organization preventing violence against women.

The Streetcar production will donate 90 percent of its proceeds to New Beginnings, which protects women against violence and abuse. A few members of New Beginnings' staff will be part of the production.

"We have some awesome women doing the show from all different parts of their life," said director Oriana Filiault.

The production includes people who have ever identified as women of all ages from 6-years-old to seniors from all different backgrounds and professions.

Filiault said she did this production in college and is now direct- SEE **MONOLOGUES** PAGE A11

Red Dress Gala celebrates 15 years

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — A glitzy night of dancing at the 15th annual red Dress Gala had a big benefit for community health.

The sold-out "Fire and Ice" gala benefitting cardiac care at LRGHealthcare took place on Friday night at Church Landing. Guests could get some photos in the photo-booth, sample candies in the candy bar, enjoy dinner and dancing, and take part in a live auction.

This year marked the 15th annual Red Dress Gala, the 10th with presenting sponsor MB Tractor and Equipment. All funds raised by the ball go toward cardiac equipment and services at LRGHealthcare. This



ERIN PLUMMER

Members of the Red Dress Gala committee gather for a photo before the event.

year's proceeds will go toward the \$7.5 million expansion of Lakes Region General Hospital's emergency department.

"We were sold out at Christmastime, we had a wait list of almost 60," said Becky Doherty, Annual Fund and Special Events Manager for LRGHealthcare.

Red Dress Gala Committee co-chair Katie Reid said having 60 people waiting for the event is "kind of astounding."

"The community really is a large quite the supporter of this event," Reid said.

Doherty said they received support from more than 100 businesses including

advertising in the program, sponsoring, donating items, and other forms of support.

"So much community support...it's amazing," said committee co-chair Stephanie Wentworth. "Every year people come out, they donate as much and they have SEE **RED DRESS** PAGE A11

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Love. Romance. Sex. There are books about every aspect of human experience from flirty rom-coms to erotica. The paperback section boasts 'cozy' romances that are heavy on the morals and werewolf romances that are less so. Us librarians are happy to make recommendations on all genres including romances, so don't be afraid to ask for a new read.

Nicholas Sparks, for example, has a reputation for writing love stories that rend your heart strings into a satisfied mess of fibers. Those who have experienced love often have a hard time describing it, but Sparks doesn't. You'll forget you're breathing when his

newest book, "Every Breath," sparks some things in your heart.

If you like your romance with a dollop of remembrance, try Julia Kelly's new "The Light Over London" or "Becoming Mrs. Lewis" by Patti Callahan Henry. "The Light Over London" zips back and forth between time periods driven by the stories found in relatively common artifacts. Cara Hargraves finds a fetching photograph that draws her into a gripping story of a woman in WWII whose suitor and love interest both went to war. She chooses to become a "Gunner Girl," and the rest, well, all of it, is history. So is the story of Mrs. Lewis. Joy Davidman was an outspoken woman, skilled author, thinker,

atheist, and the woman the world thought was the least likely match for C.S. Lewis, until she proved them wrong in that too.

If you can't decide whether you want a book set in the future, present, or past, try "Hazards of Time Travel" by Joyce Carol Oates. In a dystopian future, a 17-year-old speaks out against an oppressive regime only to be exiled 80 years into the past for "re-education." Now in 1959 Wisconsin, she balances survival with new found love. Yes, it is that cool.

How are you at suspension of disbelief? If you can't do it, then skip down to the next paragraph. If you can, try "The Dinner List" by Rebecca Serle. Sabrina has imagined what five people she would most like to have dinner with. She

didn't imagine that she would get that chance, but there she is at her 30th birthday dinner with her father, her philosophy professor, her bestie, her on and off again lover, and Audrey Hepburn. She suspends her own disbelief to enjoy the strangest, most romantic, and most enlightening meal she's ever had.

"Not Quite Over You" by Susan Mallery is a light read with clear signals. "Dark Sentinel" by Christine Feehan is a similarly overt romance, but the supernatural setting could not be more different. Lisa Gabriele's

"The Winters," on the other hand, is a romance driven by the allure of secrets, passions, and family history. After quickly falling for an ambitious and recently widowed father, a young wom-

an finds herself caught between his dangerous hunger for power, his maniacal daughter, and the memory of his deceased wife.

Whatever your taste in romance, there is a book to match. Swing by the library to see for yourself, or browse online!

Classes & Special Events Feb. 14 - Feb. 21

- Thursday, Feb. 14**
Geri Fit, 9-10 a.m.
Music & Movement, 10:30-11:30 a.m.
Come enjoy music and movement through, singing, dancing, and playing with instruments. *Sign-up required Ages five and under.
Homeschool Game Club, 1:15-2:30 p.m.
Teen Game Club, 2:30-3:30 p.m.
Conversational French, 4-5 p.m.

Friday, Feb. 15
Social Bridge, 10:30 a.m.-12:30 p.m.

Preschool Story-time, 10:30-11:30 a.m.

Come read, sing, dance, and make a craft. Ages two and a half to five. *Sign-up required

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Feb. 18
Closed for Presidents Day

Tuesday, Feb. 19
Geri Fit, 9-10 a.m.
Hook Nook, 10-11 a.m.

Join Zeb Fontaine to learn, practice, and perfect your crocheting skills. Bring your own crochet hooks and yarn or the library can provide some.

Social Bridge, 10:30 a.m.-12:30 p.m.

Preschool Story-SEE LIBRARY PAGE A11

Gilford Public Library Top Ten Requests

1. "Becoming" by Michelle Obama
2. "Educated" by Tara Westover
3. "Where the Crawdads Sing" by Delia Owens
4. "Investing Quickstart Guide" by Ted D. Snow
5. "Whiskey When We're Dry" by John Larison
6. "Connections in Death" by J. D. Robb
7. "Dark Sacred Night" by Michael Connelly
8. "A Spark of Light" by Jodi Picoult
9. "The Great Alone" by Kristin Hannah
10. "The Library Book" by Susan Orlean

GILFORD POLICE LOG

The Gilford Police Department responded to 140 calls for service and made the following arrests from Feb. 5-10. Please note that the names of juveniles, and those of individuals taken into protective custody but not

formally charged with a crime, have been withheld from publication.

Eric Joseph Alfred Peters, age 39, of Laconia was arrested on Feb. 7 in connection with a bench warrant. Timothy White,

age 41, of Canterbury was arrested on Feb. 7 in connection with a bench warrant.

Elizabeth A. Maglio, age 32, of Gilford was arrested on Feb. 8 in connection with a bench warrant.

Bryan F. McLelland, age 24, of Belmont was arrested on Feb. 8 for Driving While Intoxicated and an Open Container violation.

Danielle Lafleur, age 25, no current address, was arrested on Feb. 9 in connection with a bench warrant.

Lauren M. Hennessy, age 21, of Belmont was arrested on Feb. 9 for Driving While Intoxicated, Aggravated Driving Under the Influence, and an Open Container violation.

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PORTRAITS • WEDDINGS • SCENICS • EVENTS

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Rotary Derby celebrates 40 years

Milford man wins grand prize

BY ERIN PLUMMER

mnews@salmonpress.news

MEREDITH — The Great Meredith Rotary Ice Fishing Derby celebrated its 40th birthday with big numbers, nice cold weather, and some big awards.

Anglers took to the ice of the state's lakes over the weekend with the hub of activity in Meredith Bay at derby headquarters with the scales and the board. At the end of the weekend, the grand prize of \$15,000 went to a Milford man who caught the biggest rainbow trout of the weekend.

Derby chair Reid said the weekend as going "absolutely great."

Saturday had winds of 35 to 40 miles per hour, but Reid said the ice was still busy and a lot of people were out.

"The numbers are good, they're better than last year and we had a good year last year," Reid said.

The ice was in great shape for the derby.

"We've heard no problems, Fish and Game's been out today doing their jobs making sure people are safe," Reid said.

In honor of the derby's 40th anniversary the derby committee presented special awards to Bruce Sanderson and John Sherman, the founding chairmen of the derby. The two received awards in the shape of the state made by Pepi Herrmann Glass and fleece vests with their name and "Founder."

The weight line closed at 3 p.m. on Sunday, and after the final weighings, emcee Pat Kelly announced the biggest fish of the weekend. The top three winners were drawn at random from these seven winners.

Daniel Desmarais of Milford was the grand



ERIN PLUMMER

Dan Desmarais of Milford was the grand prize winner at the Great Meredith Rotary Ice Fishing Derby.

prize winner of \$15,000.

On Saturday morning around 9:30 a.m., Desmarais pulled a 3.63-pound rainbow trout through the ice at Alton Bay.

"I was like a little kid on Christmas morning, I was dancing around and jumping around," Desmarais said.

Desmarais said his dad brought him to the derby for the first time when he was three-years-old and took him when he was a kid and has been back many years since. He took a five year break from the derby, but has been back for the past two years. Over the summer he won his first bass fishing tournament, winning around \$400.

Daniel Hall of Ashburnham, Mass., was the second place winner of \$5,000. He caught the weekend's biggest pickerel, 4.63 pounds, from Winnepesaukee in Meredith around 9:30 a.m. on Sunday.

(Right) John Sherman and Bruce Sanderson (alongside derby chair Dave Reid on the left and emcee Pat Kelly on the right) receive special recognition for serving as the founding chairs for the first ever Rotary Derby 40 years ago.

"I was very happy because in the same hole the day before I broke four lines," Hall said.

He said he switched lines in that same hole and caught this pickerel.

His broken lines weren't the only hardship of the weekend. His truck broke down and had to be towed back to Massachusetts. The win was a welcome change of tone for the weekend.

"I would have come up here ice fishing if there wasn't a derby," Hall said. "To win that kind of money, it's outstanding."

The third place winner was Steven Thompson of Milton, who caught the weekend's largest yellow perch at



ERIN PLUMMER

Derby co-founders John Sherman and Bruce Sanderson draw the derby's winning ticket beside 2019 derby chair John Reid and emcee Pat Kelly.



1.67 pounds. Thompson won \$3,000.

The top black crappie was caught by Josh

Paine of Rochester weighing at 2.31 pounds. Beau Chase of Sanborn-ton caught the largest

cus at 8.63 pounds. Cory Fortier of Dover caught the top lake trout at

SEE DERBY PAGE A12

Madison Schumacher of Laconia studying abroad through St. Lawrence University

CANTON, N.Y. — Madison R. Schumacher of Laconia is participating in a St. Lawrence University off-campus study abroad program during the Spring 2019 semester.

Schumacher is a member of the Class of 2020, and is majoring in biology and business in the liberal arts. Schumacher attended New Hampton School. Schumacher is participating in St. Lawrence University's Kenya Semester Program.

Nearly three-quarters of St. Lawrence University undergraduates study abroad, with nearly two-thirds of students studying abroad for a semester

or longer. According to the 2018 Open Doors Report on International Educational Exchange, St. Lawrence ranked No. 18 in the "Leading Institutions by Duration-Baccalaureate" category.

The Princeton Review ranked St. Lawrence 15th for Most Popular Study Abroad Programs in its Best 381 Colleges: 2017 Edition, while Best Choice Schools named St. Lawrence University one of the top-20 colleges in the nation for study abroad opportunities.

About St. Lawrence University

Founded in 1856, St. Lawrence University is a private, inde-

pendent liberal arts institution of about 2,500 students located in Canton, New York. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit www.stlawu.edu.

GILFORD PARKS AND REC NEWS

BY HERB GREENE

Director

Gilford Parks and Recreation

Senior Moment-um Breakfast and a Movie on Feb. 18

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Feb. 18. We will meet at the Community Church, Fellowship Hall at 9 a.m. for breakfast and a movie! In honor of President's Day, will be watching the comedy "Dave", starring Kevin Kline. The movie and coffee are free of charge. We will also have breakfast available for anyone interested at \$3 per person, which will include breakfast sandwiches and hash brown patties. So please join us to watch this comedy classic! Participants are asked to RSVP by Thursday, Feb. 14.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

Full Moon Snowshoe Hike on Tuesday, Feb. 19

The Gilford Parks and Recreation Department and Gilford Library are co-sponsoring a fun full-moon snowshoe hike on Tuesday, Feb. 19 for all ages. Participants will check in at the Gilford Elementary

School Cafeteria at 6:30 p.m. before heading out on the Nature Trails at 6:45 p.m. Following the hike we'll return to the cafeteria to enjoy some hot cocoa. Although we hope the moon will be bright, we encourage all participants to bring a flashlight or head lamp! If you are in need of snowshoes, we do have a limited supply available. They may be reserved on a first come basis by calling the Parks and Rec office in advance. All interested participants are asked to RSVP ahead of time.

For more information or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

Adult Snowshoeing Program continues on Tuesday mornings

The Gilford Parks and Recreation Department will once again be sponsoring a number of snowshoe hikes for any adults looking for fresh air, fun and exercise on Tuesday mornings this winter. Participants will meet in the Gilford Town Hall at 9:30 a.m. prior to each hike. The next hike is scheduled for Tuesday, Feb. 19. If you are in need of snowshoes, we do have a limited supply available for each hike at a nominal fee. They may be reserved one hike in

advance on a first come basis by calling the Parks and Rec office. All interested participants must RSVP at least one day prior to each hike. The cost of snowshoe rentals are \$3 per hike.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

Cardboard Box Sled Derby - Wednesday, Feb. 27!

The Gilford Parks and Recreation Department will be holding their Annual Cardboard Box Sled Derby on Wednesday, Feb. 27 at 10 a.m. at the Gilford Outing Club sledding hill on Cherry Valley Road. Participants in this program will build their own sled ahead of time to have their sled judged and compete in a race down the sledding hill the day of the event. This program is open to participants of all ages. All interested participants are asked to pre-register by Tuesday, Feb. 26. Derby guidelines and registration forms are available in the Town Hall and on the Parks and Recreation website at www.gilfordrec.com.

For more information and Derby Design Guidelines, please call the Parks and Rec Office at 527-4722.

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Pet of the Week: Happy



Meet this absolutely purrrfect 6-year-old girl. Having been with us as a stray since the summer of 18, Happy wonderfully has maintained her sweet personality in keeping with her name. Mature and aloof like any good cat, Happy also enjoys a deep snuggle session and relishes rekindling her kitten days with a rousing game of laser point chase. She would do best in a family with

no young children, as she is a bit shy and tiny hands tend to be too exuberant for her. She's also an independent sort and prefers to be the only cat in the household. With the biggest heart holiday of the year quickly approaching, Happy would love to celebrate and share the love with you, her humans. Say hello and find that she is a cat that truly deserves her forever home with you.

NORTH COUNTRY NOTEBOOK



By JOHN HARRIGAN
COLUMNIST

For years, I called a certain old opening on the headwaters of Deadwater Stream in Clarksville "Fairholding Opening" because, well, that's what Rudy Shatney called it. He had a swell explanation for the origin of the name, too. Too bad. Not until many years later did I find out that its true name was "Thayer Holden opening," in honor of its longtime owner.

This past Sunday, I had an afternoon visitor in the living room, a sight for sore eyes, and we talked our way around half the map of Coös County and beyond. Ferguson Brook, Mudget Mountain, Nathan Pond, a high-country bog, this

A nation disembodied from the land

or that flowage--we went all around.

We harked back to settlement times, and who and what were here before, and talked about rugged, versatile, knowledgeable people who thought nothing, back in the days of oxen and horsepower, of moving barns and houses to better places, and we wondered whether Indian Stream valley will ever again see so many cows. Not likely, with John Amey, a far-thinking farmer and a man of so many stories, gone away above the land.

And then came the worst of it, when we talked about the possibility that we are the last generation to so easily talk of such stuff. The nation, already city-oriented, a place I call Asphalt America out of both awe and repugnance, is ever more so. Every day, fewer people can remember or speak about a very old way of life now just about gone. A time when people put their food by, and spent every waking moment, all the time, in all seasons, all year 'round, getting ready for winter.

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Rudy picked his manner of speaking up from his parents, of course, but perhaps more so from the people he lived and worked with after learning to pretty much fend for himself at 13. He told me once, during a rest from hammering our brains out on some rock maple, that when he was a teenager he had gone all the way

from Clarksville Pond to Rumford, Maine, mostly through the woods, mostly on foot.

He was adrift at that age, and said he'd gone all that way into northwestern Maine, maybe 40 miles as the Interstate Crow flies, because he'd been told he had people there, meaning family. I never had the heart to ask if he ever found them.

To Rudy, and hence to me, any cleared place in the woods was called an opening. I'll probably always call a beautiful little clearing over the ridge from Clarksville Pond, on a side hill overlooking Deadwater Stream, the site of a subsistence farm long ago, the old Scott Opening. Once there was a pony mill set up nearby, about halfway up the road to Henry Ricker's farm, and the wreckage was still right there, probably where it last ran.

I had quite a few questions for Robert Pike ("Spiked Boots" and its companion, "Tall Trees, Tough Men") by the time I came on the writing scene, and actually got to ask him some, since we shared a brief time on the planet. "Pony mill" was one he couldn't answer, although from the way it was used in conversation I figured it meant any portable sawmill, perhaps one small enough, broken down, for a pony to haul. And there were plenty of those little mills way back in the woods, sawing out small orders of rough lumber for farms and little clusters of buildings along the edge of the Big Woods.

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Jimmy Ricker, a tobacco-chewing dairy farmer just up the hill from Clarksville Pond, where I decided never to grow up, used "shan't." He also used "fetch," and "can't abide," as in "I can't abide it when I lose my frock."

I was up in the territory once doing some kind of TV thing with Fritz Wetherbee when, wanting to ask Jimmy something about an old Ford tractor I'd bought, we pulled into his doorway. (Jimmy ran Fords.) In a hot second, Fritz was waving wildly to his crew to get out and get this man on camera, because he couldn't believe what was coming out of Jimmy's mouth, and it wasn't tobacco. "It's almost Elizabethan," Fritz said, eyes wide.

A frock was, to Rudy and Jimmy et al, any loose outside shirt of flannel or wool--substantial, but not too heavy. A frock was--well, nothing really serious like a jacket or a coat. Even though I know it's inaccurate, I still use it to mean any old light or heavy shirt for outdoors, because they did, all of them, everyone I knew in the countryside all around, speaking a dialect I spoke too for a brief time in my life, even the memory of it now almost gone.

(This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. Catch us on Facebook. Letters must include phone numbers in case of questions and are welcome at campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

MARK ON THE MARKETS

Cash is a position



BY MARK PATTERSON

Couple of weeks back, I was speaking about little-known fees inside mutual funds. This cash left inside of mutual funds is not for tactical purposes but for mutual fund outflows. This cash creates "cash drag" that adds to the overall expense of mutual funds. As an advisor who manages money and would never use an expensive broker sold fund, I do often have cash in my client's accounts. The key difference is that this is not cash left aside for outflows, but it is or can be used for tactical purposes.

I was recently at a conference for money managers where one of the presenters spoke of his advisory that primarily sells option premium. Selling op-

tion premium is something that I do inside my client's accounts where appropriate, and this is a tactic within a strategy that gains revenue for the account, because I'm selling premium and collecting money. The other reason that I do it is to build positions of stocks or ETF's using this option strategy to improve the price for my client. But getting back to the advisor whose objective is to sell options premium. He stated that through much of the year he is in cash, typically in times of low volatility the premium available when selling an option contract is low, so this advisor waits for volatility to rise to maximize the premium that is collected on behalf of his clients. So, you could see that the cash in the client accounts is not just sitting there unproductive, but if used sporadically and tactically, returns can be very good, double digits in his case (YTD). Another tactical use for the cash in your account may be simply waiting for certain situations within the markets to become available.

As I've stated in the past, a well-constructed portfolio according to modern portfolio theory will have low-correlated asset classes which typically do not all do well or poorly at the same time. Over time, you will enhance the yield and mitigate the risk with this method. Studies SEE **MARKETS** PAGE A11

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FROM OUR READERS

Medicaid rate increase needed now to reverse erosion of New Hampshire's direct care workforce

To the Editor:

As the CEO of a nonprofit charged with providing critical social services to some of our region's most vulnerable citizens, I'm often asked what keeps me up at night. The complexity of providing community-based services 24/7 could make this a very long answer. However, the current workforce crisis and its implications for the future are by far the root of an ongoing nightmare.

Many Direct Support Professionals (DSPs) who provide safe, meaningful support to people with disabilities and brain injuries work 60, 70, even 100 hours per week at a job with significant mental and physical demands. Turnover rates reach 30 percent some months. Hourly workers put thousands of miles each year on their personal vehicles with a mileage reimbursement rate far below the federal allowance. More and more local entry level jobs in the hospitality, food service and retail sectors offer \$15 per hour to start. Because of a budget cap, a career professional DSP can't ever earn more than \$15 per hour. The starting hourly wage is just over \$12.

Why is the pay so low for people who do such difficult and important work in our community? Simply put, Lakes Region Community Services and the other Area Agencies in New Hampshire who support people with developmental disabilities, have not seen a Medicaid reimbursement rate increase in 13 years. A recent report showed that as of September 2018, there were 234 vacant positions for direct support staff statewide. Even those with a genuine calling for caregiving are opting out of the field in favor of positions that offer better pay, incentives and less stress.

And the truth is, this is everyone's nightmare because the impact of this shortage cuts across the entire healthcare system. Who will staff nursing homes? Who will work in healthcare and homecare as we age together in a state with a dis-

appearing healthcare workforce?

LRCS also serves the elderly population through a program called "Home Assist" which allows seniors to age at home longer with supports such as light housekeeping, meal preparation and some personal care. One might assume that our rapidly aging state would be a CEO's dream—a growing market for our services. But we have had to turn clients away due to the lack of workforce. And the growing number of aging residents that cannot access this assistance will instead require nursing home care, placing a greater burden on the healthcare workforce.

This scenario, along with the critical staffing challenges we face in disability services, is repeated around the state in both for-profit and non-profit sectors. The practice of desperately trying to fill schedules on the backs of overworked and underpaid direct care and healthcare workers is unsustainable and ultimately risks the viability of our communities.

Only swift, meaningful legislative action in Concord can awaken us from this nightmare. An immediate increase in reimbursement rates to Medicaid providers is needed now so that Area Agencies can begin to offer Direct Support Professionals a living wage.

The state also needs to implement more incentives to attract new recruits such as scholarship programs, tuition reimbursement, student loan forgiveness, access to workforce training and better public transportation. There has been plenty of talk in New Hampshire regarding our workforce crisis. This is the time for voters to insist that their representatives in Concord work together to end this nightmare and rebuild the state's healthcare and direct support workforce.

*Rebecca Bryant
President & CEO*

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Leadership Group studies economic issues

REGION — Leadership Lakes Region conducted its annual Economic Issues Day recently with a combination of guest speakers and facility tours. The diverse schedule was planned by graduates Jared Guilmett, Brendan Connolly and Ali Pelletier working with Leadership Lakes Program Coordinator, Jennifer McLean.

Hosting the morning session was the Opechee Inn & Spa in Lakeport where the group received an economic overview from the President of the Lakes Region Chamber of Commerce, Karmen Gifford. Local realtor Mike Gagnon of JG Realty then moderated a panel discussion about commercial real estate with Chris Walkley, commercial lender from Bank of New Hampshire, Carmen Lorentz, Executive Director of Lakes Region Property Developers and Nate Dickey, owner of Keller Williams Coastal, Lakes and Mountains Realty with more than 500 agents serving Maine and New Hampshire. Local entrepreneur, Ryan Barton, CEO of Mainstay Technologies then gave a keynote address on "leadership in business." Barton's remarks a year ago to an earlier leadership class made him a natural choice for a return visit with this year's class of 23 area professionals.

O Steak & Seafood then catered lunch for the group after which they did round-robin visits in small groups with seven small business owners describing the challenges, rewards and successes of running one's own business. Owners from a very diverse sector of the Lakes Region economy participated including auto restoration, engineering, doll manufacturing, landscaping, winery operations,



Ryan Barton, Owner/CEO of Mainstay Technologies in Belmont, shown with Leadership Lakes class members Shelley Carita (l) of the Partnership for Public Health and Andrea Condodemetraky (r) of G C Engineering.



Business owners Bob Manley, Hermit Woods Winery; Keith McBey, Bonnette, Page and Stone, Mandie Hagan, Rowell's Services; Myles Chase, MC Cycles; Dennis Finnerty, Finn's Garage.; Hayden McLaughlin, Belknap Landscaping and Andrew Button, Annalee Dolls.

Lakes Region Mental Health Center receives NHCF Grant

LACONIA — Lakes Region Mental Health Center (LRMHC) was one of nearly 70 New Hampshire nonprofit organizations that received an operating grant from the New Hampshire Charitable Foundation.

In 2017, the Foundation announced that its Community Grants program, through which qualified nonprofit organizations apply for funding, would be dedicated to providing multi-year operating support starting in 2018.

"Receiving this kind of flexible capital helps our organization meet our mission and ensures that we are able to respond to the increasing needs of our communities," said Maggie Pritchard, CEO of Lakes Region Mental Health Center.

"Four years ago, LRMHC received a grant from SAMHSA that supported our

efforts to provide integrated mental and physical health care at the community mental health center which was provided through partnerships with two are Federally Qualified Health Centers. That grant allowed us to hire staff, construct medical offices and exam rooms, execute contracts with providers and implement the OneHealth program. This program has served 364 patients since its inception. Part of our strategic plan is to continue to sustain and expand the model of care that integrates physical health with our behavioral health services, including screenings for substance use disorders and co-morbid medical conditions. These initiatives improve patient outcomes over time and the added funding will help support those efforts. We are very

grateful to the New Hampshire Charitable Foundation's continued support of the important work that we do," said Pritchard.

The Lakes Region Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses, in Laconia and Plymouth that serves over 4,000 children, families, adults and older adults each year. LRMHC provides Emergency Services 24 hours a day, seven days a week, to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. Additionally, LRMHC provides individual, group and family therapy; mobile crisis teams in the event a tragic event

septic and associated services and a bicycle shop.

Then a short walk from the Opechee Inn to the Madeira, USA plant enabled the class to learn about that manufacturing plant and its impact locally, nationally and internationally. The group then traveled to Tilton to the Kettlehead Brewery where Karmen Gifford facilitated a panel discussion on Workforce Development featuring Justin Slattery from Belknap Economic Development Council, Will Stewart from Stay, Work & Play NH and Andy Duncan, Professor and Workforce Development Coordinator at Lakes Region Community College.

Wrapping up the day was a presentation by one of the Kettlehead owners describing the risks of starting up a brewery, why they chose Tilton for Kettlehead and how well it has been accepted and successful due to appreciative patrons.

"This was a jam-packed day but it gave our class a real understanding of the Lakes Region's economy. Jared, Brendan and Ali did a fantastic job planning our multiple events today" stated Jennifer McLean.

"And it is always nice to have Leadership Lakes Alumni like Karmen, Justin, Mike, Chris, Carmen and Bob share their experiences and expertise with the class," she added.

For more information about Leadership Lakes Region, please visit www.leadership-lakesregion.org.

Gilda's Club partners with Mix 94.1 FM to raise funds for those affected by cancer

REGION — Gilda's Club of New Hampshire, a new non-profit organization dedicated to helping people whose lives have been touched by cancer, has joined forces with Mix 94.1 FM and area auto dealerships during Presidents Week, Feb. 11-24.

To kick off the event, the Mix Mobile Unit will be "Live and Local with Fred Caruso" at the participating dealerships in February promoting the collaboration. For each vehicle purchased between Feb. 11 and 24, a portion of the proceeds will benefit Gilda's Club of New Hampshire. The dealerships that will be participating include: AutoServe, Tilton; Belknap Subaru, Tilton; Ben-

son Auto, Franklin; Cantin Chevrolet, Laconia; Concord Nissan, Concord; Irwin Automotive Group, Laconia and Meredith Ford, Plymouth.

This collaboration will allow for an opportunity to bring more public awareness to the organization. Gilda's Club is in the early stages of fundraising and in the process of finding a location.

Gilda's Club, a non-profit organization, provides high-quality psychological and social support for everyone touched by cancer. Including: Support & Networking groups, Lectures and Workshops, Social Activities and Noogieland - a space for children.

occurs that impacts a community at large, psychiatry; nursing; community support programs for people with severe and persistent mental illness; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child Impact seminars are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 524-1100 or visit the Web site at www.lrmhc.org. Find the Lakes Region Mental Health Center on Facebook and follow us on Twitter for updates and information.

OBITUARY

Joan Guerin, 73

LACONIA — Joan “Joanne” Guerin, 73, of Blueberry Lane, passed away peacefully Wednesday, Feb. 6, 2019 at the Lakes Region General Hospital.

Joanne was born on Sept. 3, 1945 in Franklin, the daughter of Ad-elard and Mary Sarah (Laplant) Nadeau. She had been a resident of the Lakes Region for most of her life.

Joanne enjoyed spending time at Dunkin’ Donuts with her friends as well as spending time with her family. She always loved to watch nephews play in their band.

Joanne is survived by her son, Thomas Guerin, and his wife, Jennifer, of New Hampshire; her daughter, Sherry Ano, and her husband, Roger, of California; seven grandchildren (Krystal Webb and her husband, Ricky of New Hampshire, Samantha Durso and her husband, Nick



of Virginia, Jennifer Girtman and her husband, Ray of Maine, Christopher Guerin and his wife, Tonia of California, Edward Bolduc and his wife, Heather of New Hampshire, Elizabeth Guerin of New Hampshire, and Brianna Romiglio of New Hampshire; 14 great-grandchildren; three brothers, Roger Nadeau of North Carolina, Raymond Nadeau of Vermont, Gene Nadeau of New Hampshire; two sisters, Lorraine Ladeau of NH and Juliet Stevens of FL; her son-in-law, Tom Romiglio; and many nieces and nephews.

In addition to her parents, Joanne is pre-

deceased by her husband, Kenneth Guerin and her daughter, Tammy Romiglio.

There will be no calling hours.

A funeral service will be held at 1 p.m. on Saturday, June 1, 2019 at the Gilford Community Church, 19 Potter Hill Rd., Gilford.

Burial will follow in the Raymond C. Wixon Memorial Garden in Gilford.

For those who wish, the family suggests memorial contributions may be made to the Gilford Community Church, 19 Potter Hill Road, Gilford.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services 164 Pleasant Street, Laconia, and NH is assisting the family with the arrangements. For more information and to view an online memorial please visit www.wilkinsonbeane.com.

Bank of New Hampshire welcomes Jillian Rolfe to their Laconia Office

LACONIA — Bank of New Hampshire is pleased to announce that Jillian Rolfe has joined their Laconia office as Assistant Office Manager.

Rolfe has more than 17 years of experience in the banking industry and joins Bank of New Hampshire with a broad knowledge of banking products and customer relationship building. In her role as Assistant Office Manager, she will assist the Office Manager, Jim Glover, with effective administration and management of the day-to-day activities of the office. In addition, Jillian will focus on staff supervision to include coaching, training and operations of the office.

Rolfe holds an Associate’s degree in Business Administration from NH College as well as a Bachelor’s degree in Business Administration from Southern New Hampshire University. She gives of her time to the Belmont School System and looks forward to getting further involved in the Lakes Region.



COURTESY PHOTO

Jillian Rolfe

Rolfe may be reached in the Laconia office at 62 Pleasant Street, via phone at 527-3214 or by e-mail at rolfe@banknh.com.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and Southern Maine. With 24 banking offices and

assets exceeding \$1.6 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank’s customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.

Putnam Fund event with author David Brody, Feb. 20 at Taylor Community

LACONIA — Author David Brody – attorney turned fiction writer – and author of nine novels, will discuss his research about “Brendan the Navigator’s” voyage from Ireland to America in the 6th Century. This free event, sponsored by the Laconia Putnam Fund, is Wednesday, Feb. 20 at 6:30 p.m. in Taylor Community’s Woodside Building.

A graduate of Tufts University and Georgetown Law School, Brody is a former Director of the New England Antiquities Research Association (NEARA) and an avid researcher in the subject of pre-Columbian exploration of America. He has frequently appeared as a guest expert on



COURTESY PHOTO

David Brody

documentaries airing on PBS, the History Channel, Travel Channel and Discovery Channel. He resides in Westford, Mass. with his wife and two daughters.

Utilizing monies from the Perley and Ellen Putnam Free

Lecture fund, the Laconia Putnam Fund creates a schedule of events and brings free entertainment to the residents of Laconia.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.

Full moon snowshoe walk returns to Prescott Farm

LACONIA – A still, winter night. The bright full moon reflects off of a white, snow-covered pasture. Snowshoe-clad, an inquisitive group treks along, enjoying the exhilaration and beauty of winter in New Hampshire. Suddenly, an unexpected guest swoops overhead seeking dinner or maybe a mate!

An encounter with a barred owl is not guaranteed at Prescott Farm’s upcoming Full Moon Snowshoe Walk, but that’s just what happened during January’s program! On Tuesday, Feb. 19 from 6 – 7:30 p.m., Environmental Educator and Naturalist Andie Hession will guide participants as they learn to identify several con-

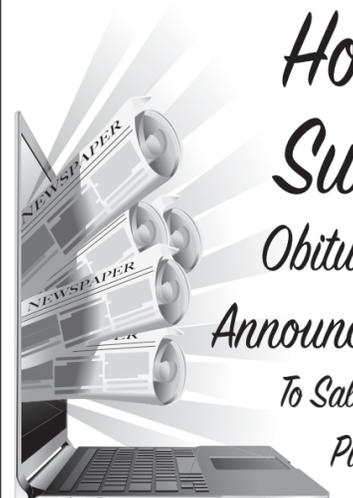
stellations in the night sky, practice night vision abilities, and discuss – and possibly witness – the habits of nocturnal animals.

Registration for the Full Moon Snowshoe Walk is \$15 per person (non-members) and free for upgraded Prescott Farm members. For more information and to register go to prescottfarm.org or call 366-5695.

Prescott Farm is a non-profit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public

programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

Prescott Farm – exploring and preserving the natural world, one adventure at a time.



How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
 Brendan Berube at (603) 279-4516, ext. 111
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Camp Resilience celebrates five-year anniversary

GILFORD — The non-profit veterans' support organization, The Patriot Resilient Leader Institute and its operational arm, Camp Resilience, celebrated its fifth anniversary on Feb. 4.

The PRLI is a non-profit group comprised of veterans and concerned citizens, until recently all unpaid volunteers, who seek to combine the talents of area professionals and the beauty of the Lakes Region to assist veterans throughout New England. Using a three-pronged approach, Camp Resilience helps veterans bounce back in mind, body and spirit. The three mainstays of the program are outdoor team-building/experiential learning, life skills training and facilitated peer to peer counseling. The programs' success is confirmed by our veterans in their feedback.

A participant of our 2017 PTSD and Moral Injury Retreat said "The feelings I have about participating and communicating with my 'brothers and sisters' in arms is profound. Thanks and gratification. Communicating my highly personal and painful



Top: Veterans enjoying sailing with the Lake Winnepesaukee Sailing Association. Bottom: Veterans enjoy the scenery while hiking during a Camp Resilience retreat.

COURTESY

Taylor Community hosting TED Talk on "The Biology of Gender"

LACONIA — How exactly does gender work? It's not just about our chromosomes, says Karissa Sanbonmatsu. Learn about the latest research as this visionary biologist and speaker shares her insights on the current study of DNA.

Join us Monday, Feb. 18 at 2 p.m. in Taylor Community's Woodside Theater for: "The Biology of Gender, from DNA to the Brain," a TED Talk video.

TED is a nonprofit organization devoted to spreading ideas, usually in the form of short, powerful talks

(18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics — from science to business to global issues — in more than 100 languages.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.

memories has been received with compassion, understanding, and support in a non-judgmental and 'safe' environment."

Another participant said "My self-confidence has increased immensely, and my depression has been lifted! I haven't felt this good in a long time. I feel alive again after feeling like a zombie for many years."

Over the past five years, PRLI has held

40 Camp Resilience Retreats serving 373 veterans and/or their families, spouses and caregivers from throughout the Northeast. The retreats last three to four days each and are free of charge for the attending veterans.

"The PRLI Board, our great volunteers and myself have been humbled by the success of our grass-roots support organization over our first five

years. We felt from the start we were filling a real need for our veteran population and the feedback we receive from vets who attend a retreat repeatedly confirm that. It is their comments which reinforce our mission and those comments were the driving force behind our very ambitious expansion plans. The need is still there, that need is still strong, and Camp Resilience is proud to

continue to help veterans coping with the visible and invisible wounds of war to move forward. As we celebrate our five years of successful programs, we especially want to thank all our veterans who've attended and our donors and grant agencies who have been with us these past five years making this journey possible," said Kurt Webber, President of the PRLI and a retired Army officer.

The program is supported by many area businesses and organizations who donate time, services and/or resources including the Gunstock Inn and Resort, Fireside Inn, Bank of New Hampshire Pavilion, Gunstock Mountain Resort, Escape Hour House in Gilford, Lake Winnepesaukee Sailing Association, NH Fire Academy, Patrick's Pub, Ellacoya Bar & Grille, Piche's Ski & Sports Shop and many more.

In 2018, the PRLI launched a five-year plan to raise the funds needed to expand the program to 40 retreats per year by 2022. To achieve this goal, it is significantly increasing its fundraising efforts in order to support the additional retreats and to hire staff to support the volunteers. The plan includes running both mid-week and weekend sessions and adding staff members as fundraising permits. In 2018 the group ran 11 retreats, in 2019 they plan to run 20 retreats increasing to 25 in 2020, 30 in 2021 and 40 in 2022.

In January 2019, The PRLI has expanded to add its first paid staff, a Program Coordinator and VP of Advance-

SEE ANNIVERSARY PAGE A11

Students named to University of Hartford Dean's List

WEST HARTFORD, Conn. — The University of Hartford is pleased to announce the following students have been named to the Dean's List for Fall 2018.

Alyssa Hamberger of Gilford

Jack Harding of Gilford

Spread across seven dynamic schools and

colleges, the University of Hartford has been guiding the purpose and passion of students for over six decades. On our 350-acre campus alongside Connecticut's capital city, approximately 5,000 undergraduate and 1,800 graduate students from 48 states and 46 countries come together for a common

purpose: to collaborate across different disciplines, diversify perspectives, and broaden worldviews. We're a four-year private university focused on advancing the public good through meaningful connections within our communities. Our unique approach to comprehensive ed-

ucation gives us the critical perspectives that lead to impactful change, regionally and beyond. With degree programs spanning the arts, humanities, business, engineering and technology, education, and health professions, we focus on doing the work that matters.

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Streetcar Company announces cast of "Shrek: The Musical"

LACONIA — The award winning DreamWorks film "Shrek" has been reimagined for the stage and features some fun toe-tapping musical numbers. After a wonderful afternoon of auditions, The Streetcar Com-



COURTESY

The cast of Streetcar Company's "Shrek: The Musical"

Kick off the weekend with Prescott Farm – it'll be a hoot!

LACONIA – What do owls eat? What are the best times and places to look for one? What's the deal with those big eyes and flat face? Can I see one tonight?

These great questions and many more will be answered this Friday evening from 6 - 7:30 p.m. at Prescott Farm in Laconia. After a brief introduction, discussion, and question and answer session inside, Naturalist Jake Newcomb will lead the group on a guided outdoor mission to find our sometimes illusive friends, the owls. Because they are starting their mating season and are quite vocal and active, this is an ideal time of year to hear and spot

owls. Let's Go "Owling!" is part of Prescott Farm's Our Big Backyard series of programs. Specially designed for children ages seven to 11 and their favorite grownups, the programs engage and inspire kids who are excited to explore and discover all the wonders of nature throughout the year. Program themes are seasonally dependent, allowing the environmental educators to frame their lessons around the weather and animal activity.

Registration for Our Big Backyard programs is \$8 per person (non-members) and free for upgraded Prescott Farm mem-

bers. For more information and to register for Let's Go "Owling!" go to prescottfarm.org or call 366-5695.

The 2019 Our Big Backyard series is made possible with the generous support of Prescott Farm's business. SEE PRESCOTT PAGE A11

pany is excited to share that almost a dozen new actors came out for the main stage production,

along with many returning Company members. The show's title role Shrek will be played by

Cory Chapman; his noble sidekick Donkey - David Nelson; the leading lady, SEE SHREK PAGE A11

LRPA's salute to the Oscars continues with "Love Affair"

LACONIA — Throughout February, Lakes Region Public Access Television will celebrate the Academy Awards with a month of Oscar®-nominated films. This weekend (Feb. 15 & 16), we present the 1939 romantic melodrama "Love Affair," starring Irene Dunne and Charles Boyer.

In "Love Affair," two strangers — French playboy Michel Marnet (Boyer) and American singer Terry McKay (Dunne) — meet aboard a cross-Atlantic ocean liner and fall in love, despite the fact that each are engaged to marry someone else. They agree to meet six months later at the top of the Empire State Building. Fate, however, intervenes, and their plan takes a different turn. If this plot sounds familiar, it should be, as "Love Affair" has been remade twice: in 1957 as "An Affair to Remember" with Cary Grant and Deborah Kerr, and again in 1994

as "Love Affair" starring Warren Beatty and Annette Bening. The original "Love Affair" was very popular with both critics and moviegoers. The New York Times described it as "... an extraordinarily fine film ... a glowing and memorable picture." 1939 is often hailed as one of the greatest years in American film history, with the release of such films as "The Wizard of Oz," "Stagecoach," "Dark Victory," "Wuthering Heights," and "Gone with the Wind," among many others. "Still, Love Affair" received six Academy Award nominations: Best Actress, Supporting Actress (a haunting Maria Ouspenskaya), Art Direction, Screenplay, Song and Picture. "Gone with the Wind" walked away with most of the awards, but "Love Affair" is bona fide classic that has stood the test of time. So grab your popcorn and join LRPA after dark for this romantic tale from

the past. Mark your calendars as LRPA After Dark celebrates a month of Oscar®-nominated films: Feb. 22 & 23: 1951's "Cyrano de Bergerac" (Won: Best Actor) March 1 & 2: 1952's "The Snows of Kilimanjaro" (Noms: Art Direction & Cinematography)

You can't find television like this anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally

on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
 - encourages artistic and creative expression,
 - promotes a well-informed public through governmental transparency, and
 - unites our communities through the power of media and technology.
- LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



COURTESY

Lisa Bauman (right) from Laconia, is handed the painting she won in the Lakes Region Art Association & Gallery January Raffle. It was donated by artist and LRAA member Kathy Rice (L). The watercolor painting is titled "Quiet Moments." Lisa Bauman stopped by the LRAA Gallery to see the art exhibited by three artists she knows and signed-up for the raffle while there. She was both surprised and pleased to have her name drawn as the winner. Every month a new painting is donated by a LRAA member artist to the raffle. The Gallery is open Thursday to Sunday 10 a.m. - 6 p.m. It's located in Tilton at the Tanger Outlets, 120 Laconia Rd., Suite 132. Classes are available in a number of different mediums, including oil painting, acrylics, pastel and watercolors. A new drawing class, just added, is taught by Tom Hitchcock, an accomplished artist who's won many art awards. Contact LRAA at 998-0029 or stop by and register. LRAA is a non-profit association promoting the visual arts and art education throughout the Lakes Region.

Area students named to Colby College's highly selective Dean's List for Fall 2018 Semester

WATERVILLE, Maine — Area students were among more than 500 students named to the highly selective Dean's List at Colby College in Waterville, Maine, for outstanding academic achievement during the fall semester of the 2018-19 academic year. These students-representing 26 percent of the qualified student body-earned a grade point average of 3.77 or higher last fall. Riley S. Karp, a

member of the Class of 2019, attended Plymouth Regional High School and is the daughter of Gary Karp of Moultonborough, and Jan Karp of Laconia. She majored in computer science. Tessa D. Schrupp, a member of the Class of 2020, attended St. Pauls School and is the daughter of Troy Schrupp and Eliza Deery of Gilford. She majored in French studies and global

studies. Founded in 1813, Colby is one of America's most selective colleges. Serving only undergraduates, Colby offers a rigorous academic program rooted in deep exploration of ideas and close interaction with world-class faculty scholars. Students pursue intellectual passions, choosing among 58 majors or developing their own. Colby's innovative and ambitious campaign,

Dare Northward, will support deeper connections between the College and the world and a fully inclusive experience for all Colby students. Colby is home to a community of 2,000 dedicated and diverse students from more than 80 countries. Its Waterville, Maine, location provides unique access to world-class research institutions and civic engagement experiences.

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BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

Who to Call → Where to Meet → What to Pack

www.Ready.gov/blackouts

Ready

Pitman's welcomes up-and-coming vocalist Gracie Curran this weekend

LACONIA — Pitman's Freight Room at 94 New Salem St. in downtown Laconia is pleased to announce the following events for this weekend:

Friday, Feb. 15, 8 p.m., \$25: Gracie Curran and the Hi Falutin Band

Occasionally, a vocalist comes along with such a presence that they command everyone's undivided attention. Such is the case with Boston's Gracie Curran. There is nothing subtle in her booming big mama voice. Her band and the addition of a horn section match the soulful energy of her voice, hanging in and driving her along on their musical excursion. Taking a line sometimes trod by Etta, Janis, and Shemekia, Gracie Curran has a powerhouse vocal that drives a high pulse and drains the emotional bucket dry.

Curran's influences include Billie Holiday and Sharon Jones, whose Dap Kings albums have a vibiness that sounds like they were made 50 years ago. She grew up on gospel and rock, singing in a church choir directed by her mother and listening to her father's Allman



Thomas Dove COURTESY



COURTESY

Bucky Lewis

Brothers records. As a result, "Proof of Love" possesses equal parts throwback soul and roadhouse swagger: "Weight of Her World" echoes "Tupelo Honey"-era Van Morrison, while "Jack and Mary Jane" is a

straight-up rocker, and the sultry "With Friends Like These" is down-low blues worthy of Janis Joplin. She has appeared with big names like Shemekia Copeland and Monster Mike Welch; Welch returned the fa-

as did Lydia Warren and Sax Gordon. www.pitmansfreightroom.com

Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043.

Saturday, Feb. 16, 8 p.m., \$20: Bucky Lewis Comedy and Music Show

Bucky Lewis is well-known throughout New England as an entertainer "from up north" who has one of the funniest and wittiest shows people have ever seen.

"It's a unique one-man comedy and musical comedy show that is more of an experience

than a show," Lewis says.

He is known by his legion of loyal fans for his outrageous character comedy routines: the Taxi Driver, the Northern Redneck, the Chinese Bartender, the Pizza Boy, and many more. Formally educated in music – he plays guitar and sings also – his famous quick wit is what stands out, and has kept Bucky making his audiences laugh for more than 25 years.

Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043.

www.pitmansfreightroom.com

Three Rivers Foundation awards scholarship to Lakes Region Community College student

LACONIA — The Three Rivers Foundation has selected Justine Short (Laconia) to receive a \$2,400 scholarship. Ms. Short, a student at Lakes Region Community College in Laconia, is studying towards a dual major in Accounting and Hospi-



COURTESY

Carlene Rose (left), Business Professor and Business Studies Department Chair at Lakes Region Community College presents student Justine Short (right) with a scholarship check from the Three Rivers Foundation.

including Cassie in "Chorus Line," Morticia in "The Addams Family," and as Evita in "Evita."

Tickets are \$20 for adults and \$10 for students. Tickets are available online at www.LRSO.org/TICKETS, or from Innisfree Bookshop in Meredith and Greenlaw's Music in Laconia. Any unsold tickets will be available at the door starting one hour before the concert.

The LRSO greatly appreciates the support of its concert sponsor the Robert T. Smith Family Trust. Bob's love of the LRSO and his generous support is a big part of what makes the LRSO, a community orchestra, possible.

tality Management. Ms. Short graduated from Spaulding High School in Rochester in June 2016, and began attending Lakes Region Community College in the fall of 2016.

"We are thrilled to be working with Justine as she works towards her educational and career goals", said Deb Tessier, Treasurer of the Three Rivers Foundation. "After meeting with her, we were beyond impressed with her tenacity and commitment towards her education. She exemplifies our mission of helping students work towards a goal of obtaining a vocational

education and becoming a vital contributor to our local economy."

Three Rivers Foundation, based in Tilton, formed in 2017 with a mission of developing collaborative relationships with local businesses, existing labor partners, schools, and students, as well as to encourage prospective students to pursue new opportunities about which they are most passionate. The subsequent aim is to allow the scholarship students to work, and to remain connected to the local community. For more information about the Three Rivers SEE **SCHOLARSHIP** PAGE A11

LRSO announces 2019 Spring Concert Series

MOULTONBOROUGH — The Lakes Region Symphony Orchestra (LRSO) invites you to the first of our 2019 Spring Concert Series on Saturday March 23 at 7:30 p.m. at Moultonborough Academy Theater in Moultonborough. The concert, "Ode to Joy – A Concert for Peace," is a performance of Beethoven's inimitable Symphony No. 9, the 4th movement of which contains the world-renowned theme "Ode to Joy."

LRSO is pleased to be accompanied by the 70-plus-member chorus of The Suncook Valley Chorale (SVC) under the direction of Mr. Scott Lounsbury. Based in Concord, SVC (www.svnh.org)

draws singers from a large number of surrounding cities and towns. In addition to the full choral accompaniment by SVC, the symphony features four renowned area soloists: soprano Hannah Murray, alto Emily Adams, tenor Fredrick Scheff, and bass Mark Andrew Cleveland.

The symphony itself is regarded by musicologists as one of Beethoven's greatest works and one of the supreme achievements in the history of western music. The symphony, which premiered in Vienna in 1824, was the first example of a major composer using voices in a symphony. The lyrics are sung during

the final movement by four vocal soloists and a chorus. They were taken from the "Ode to Joy," a poem written by Friedrich Schiller in 1785 and revised in 1803, with text additions made by Beethoven himself.

LRSO ends its season with two fabulous concerts on May 18 and May 19, 2019 featuring some of the greatest hits of Barbra Streisand. Actress, dancer, and singer Ashley Whalley will delight you with her stylistic renditions from the Streisand songbook. Ashley is a Meredith resident you may know from her dynamic starring roles in multiple Inter-Lakes Summer Theatre productions

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Edward Jones: Financial Focus

Financial Gifts for Valentines...of All Ages

Valentine's Day is fast approaching. This year, consider going beyond the flowers and chocolates and think about providing financial-related gifts to your loved ones of all generations.

Here are some gift possibilities to consider:

For your spouse or partner – Your income – both today and in the future – may be essential to the ability of your spouse or partner to maintain his or her lifestyle and even to enjoy a comfortable retirement. Consequently, you need to protect that income

and be prepared to replace it. So, why not use Valentine's Day as an opportunity to review your disability and life insurance? Of course, you don't have to evaluate your insurance needs and add new coverage all in one day, but the sooner you act, the more you can relax in the knowledge that you've helped give your spouse or partner a more secure future.

For your children or grandchildren – If you want your children or grandchildren to go to college, or to receive some type of technical education that can help them

launch a good career, you may want to provide some type of financial assistance. And one education-funding vehicle you might want to consider is a 529 college savings plan, which offers tax advantages and high contribution limits. Plus, it gives you, as owner, considerable flexibility – you can always change beneficiaries if the child or grandchild you had in mind decides not to go to college or a technical school. (Be aware, though, that a 529 plan can have financial aid implications, so, at some point, you will want to discuss this issue with a finan-

cial aid counselor.) Another financial "gift" you could give to your children is a bit more indirect, but possibly just as valuable, as a 529 plan – and that's the gift of preserving your own financial independence throughout your life. If you were to someday need some type of long-term care, such as an extended nursing home stay or regular visits from a home health aide, you could find the costs extremely high. Medicare typically pays few of these costs, so you will likely need to come up with the funds on your own. You can go a long way toward

protecting yourself from these expenses – and avoid having to burden your grown children – by purchasing long-term care insurance or some type of life insurance with a long-term care provision.

For your parents – One of the best gifts you can give to elderly parents is to help make sure their estate plans are in order. This is never an easy topic to bring up, but it's essential that you know what responsibilities you might have, such as assuming power of attorney, to ensure that your parents' plans are car-

ried out, and their interests protected, in the way they'd want. Toward this end, you will need to communicate regularly with your parents – and if they haven't drawn up estate plans yet, you could arrange for them to meet with the legal, tax and financial professionals necessary to help create these plans.

Just as the definition of "love" is broad enough to include all the people most important to you, so is the range of financial gifts you can give your loved ones. Start thinking about these gifts on Valentine's Day – and beyond.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Meredith Village Savings Bank Fund announces grants to local non-profits

MEREDITH — The Meredith Village Savings Bank Fund at New Hampshire Charitable Foundation has awarded \$120,381 to 32 non-profit organizations. These grants are additional to the Bank's many local contributions in the form of sponsorships, donations, matching funds to the United Way and scholarships, as well as the exceptional volunteer efforts of its employees.

"The community has always been at the heart of our mission," said Rick Wyman, President of Meredith Village Savings Bank. "We are blessed to have so many valuable non-profit organizations that provide essential services to the people and families of the Lakes Region and Seacoast Region."

Recipients of the MVSB Charitable Fund grants include:

Local Food Pantries

Thirteen food pantries that serve the same communities as Meredith Village Savings Bank will share a donation total of \$19,500.

Belmont High School Robotics Team (Belmont)

Awarded \$5,500 for the purchase of an electrical hardware and system update for its Vex robot. The updated system includes the computer, controller, motors, batteries and sensors—materials essential to the team's ability to compete. Belmont High School's Robotics team provides opportunities for students to learn and attain STEM-based skills, gaining the confidence and knowledge needed to pursue careers in related fields.

Belmont High School Earth Ecological and Environmental Stewardship Club (Belmont)

Awarded \$4,500 for the purchase of camping and outdoor equipment. The Earth Ecological and Environmental Stewardship Club encourages an appreciation for the outdoors among student participants, leading to the mindset of protecting and conserving wild lands.

Cotton Valley Trail Committee (Wolfeboro) Awarded \$4,543 for the purchase of a tractor sickle bar mower for extensive clean-up and maintenance of the Cotton Valley Trail. A year-round, recreational, multi-use rail trail that completed in September 2017, the Cotton Valley Trail extends 12 miles, linking together the towns of Wolfeboro, Brookfield and Wakefield.

GATHER (Portsmouth)



Meredith Village Savings Bank Fund Committee Members announce 2018 grants. Left to right: Michael O'Leary, Justin Van Etten, Jeanie Forrester, Rick Wyman, John Kitchen and Charley Hanson.

Awarded \$3,750 to support Meals 4 Kids, which provides ten meals per week per participating child throughout the summer and during school vacations. Committed to ending hunger throughout the Seacoast region, GATHER partners with the community to address the root causes of hunger. The organization offers nutritious food from its innovative distribution programs, as well as through its pantry market.

Awarded \$8,708 for the purchase of a gazebo for the hospital's Adult Day program, allowing participants access to the outdoors. The Adult Day program provides care for members of the community who are unable to spend the day alone safely, so that their caregivers have the opportunity to work, attend medical appointments, run errands or spend time away from the pressures of caregiving. With a focus on compassion, concern and quality of care, Huggins Hospital serves patients regardless of their ability to pay.

Got Literacy! Laconia (Laconia)

Awarded \$2,000 for the purchase of books and other literacy materials to children in need throughout Laconia. Got Literacy! supports summer reading engagement to student beneficiaries of the Got Lunch! Laconia program.

Granite State Adaptive (Mirror Lake)

Awarded \$5,000 to help fund its outreach to Lakes Region area children who would benefit from equine assisted therapies such as adaptive riding and hippo-therapy. The Granite State Adaptive was founded to provide individuals who have a disability the opportunity to develop independence, confidence, life skills and fitness through participation in sports, therapy, training and recreation programs.

Harbor Homes (Plymouth)

Awarded \$15,000 to support associated costs, including furniture and supplies, for veterans moving into the Boulder Point Veterans Housing Facility in Plymouth. Construction for that facility completes in spring 2019. Boulder Point will provide permanent housing to the area's most vulnerable, low-income, disabled and homeless veterans. Harbor Homes is based in Nashua, NH and serves low-income individuals and families who are homeless, at risk of homelessness, or living with mental

illness and other disabilities.

Huggins Hospital (Wolfeboro)

Awarded \$8,708 for the purchase of a gazebo for the hospital's Adult Day program, allowing participants access to the outdoors. The Adult Day program provides care for members of the community who are unable to spend the day alone safely, so that their caregivers have the opportunity to work, attend medical appointments, run errands or spend time away from the pressures of caregiving. With a focus on compassion, concern and quality of care, Huggins Hospital serves patients regardless of their ability to pay.

National Alliance on Mental Illness-NH (Concord)

Awarded \$5,000 toward the renovation of newly purchased property in Concord. The new space houses supportive programs for families raising children with serious emotional disturbances, accommodating suicide prevention initiatives and early intervention services for children. The National Alliance on Mental Illness (NAMI-NH) is committed to improving the lives of all people affected by mental illness and suicide through support, education and advocacy.

New Beginnings (Laconia)

Awarded \$5,000 to expand initiatives through rural community outreach and housing for victims of violence. New Beginnings is dedicated to ending domestic, sexual and stalking violence through the provision of safe and effective services, including emergency refuge and support. The organization works toward social change by promoting an effective community response to violence. Advocates provide crisis intervention services, shelter and support to victims of domestic and sexual violence and stalking.

NH Alcohol and Drug Abuse Counselors Association (Concord)

Awarded \$4,000 to create a series of trainings for substance use professionals statewide in regards to military culture as it relates to substance misuse. The NH Alcohol and Drug Abuse Counselors Association is dedicated to advancing addiction professionals in NH. Through education and advocacy, the organization strives to enhance the knowledge and skills of addiction professionals, increase awareness of addiction issues statewide and promote programs and policies that help those struggling with addiction gain access to high quality services.

Patriot Resilient Leader Institute (Gilford)

Awarded \$4,000 to sponsor a Camp Resilience session in 2019. Camp Resilience provides a sustained comprehensive curriculum to help wounded veterans recover their well-being by engaging in sports, adventure activities and life-skill programs.

Rumney Ecological Services (Rumney)

Awarded \$5,000 to support trail, bridge and boardwalk improvements located along the Kent Ecological Trail at the Quincy Bog Natural area. Improvements will result in greater public access and enhanced on-site learning opportunities. Rumney Ecological Services connects people with nature and conserves more than 800 acres in the Pemi-Baker watershed. The organization monitors plant and animal communities on its lands, hosting walks, talks and workshops with nature experts.

Sno-Streakers Snowmobile Club (Meredith)

Awarded \$7,500 for the repair of the Club's groomer tracks. The Sno-Streakers Snowmobile Club is Mere-

dith's snowmobile club that relies solely on local support and volunteers to keep trails maintained, groomed and safe.

Society for the Protection of NH Forests (Alton)

Awarded \$5,000 to help hire monitors during the weekends between Memorial Day and Columbus Day at Mount Major. Monitors will greatly assist the Society's efforts to maintain clean, safe and enjoyable trails for visitors of Mount Major. The Society of the Protection of NH Forests is dedicated to protecting the state's most important landscapes, and to promoting the careful use of its renewable natural resources.

Speare Memorial Hospital (Plymouth)

Awarded \$4,500 for the purchase of an Ankle Brachial Index (ABI) System for the Hospital's Wound Care and Hyperbaric Medicine Center. The ABI System detects and diagnoses Peripheral Arterial Disease and other circulation issues for patients seeking wound care. The second largest employer in Plymouth, Speare Memorial Hospital is a 25-bed, critical access hospital that provides the greater Plymouth community with emergency medical care, inpatient care as well as primary and specialty health services.

The Village Players (Wolfeboro)

Awarded \$3,880 for the repair and restoration of the theater's front doors. The Village Players is a non-profit amateur community theater in Wolfeboro.

WinnAero (Gilford)

Awarded \$3,000 to support scholarship programs for the 2019 Aerospace Career Education (ACE) Academies conducted at Laconia Municipal Airport. The ACE Academies include field trips and aerospace education programs for students in high school, middle

school and elementary school. WinnAero was founded to promote youth interest in STEM through aviation and aerospace educational programs and experiences. WinnAero also aims to foster enthusiasm for flight, aeronautics and aerospace for people of all ages.

Women's Health at Memorial Hospital Birthing Center (North Conway)

Awarded \$5,000 to invest in two perinatal fetal monitors, a base station, installation and staff training. The only all-female Women's Health practice in Northern NH and Western Maine, Women's Health at Memorial Hospital provides healthcare for every stage of a woman's life.

The Meredith Village Savings Bank Fund was established in 1997 under the leadership of John Starrett, then President and CEO of the Bank. Since then, 383 grants totaling \$1,531,248 have been awarded to a wide range of environmental, social, educational and historic projects throughout the Greater Lakes Region, Plymouth and NH Seacoast areas. Over the years, the Fund has supported literacy programs, after-school programs, environmental monitoring and education, restoration of historic structures, organizations that provide support for individuals and families in challenging circumstances and equipment that helps save lives. The deadline for consideration for the next grant cycle is October 15, 2019. Applications are available on mvsb.com.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For 150 years, Meredith Village Savings Bank has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Every 8 minutes, we respond to a disaster.



HELP NOW



DELIBERATIVE

(Continued from Page A1)

situation with the Chinese market, though said the solution isn't to send recyclables to landfills. Town Administrator Scott Dunn said from a purely financial perspective it's cheaper to haul off garbage at \$84 a ton than to recycle for \$280 a ton, though the hope is to get that \$280 a ton down to zero. He said the best case scenario is to generate revenue from recycling.

Selectman Chan Eddy said they currently have single stream recycling, though with the new facility that can have multiple stream recycling and are hoping not to have to pay to get it hauled away.

"Once we get away from the single stream, regardless if the \$400,000 is appropriated or not, that should drop the cost of us recycling," Dunn said.

Tim Sullivan said the committee was charged with planning the facility and he doesn't believe they were in charge of expanding the facility to include a septic system, heated bathroom, and other upgrades.

"Maybe it was low balled against what their vision was as a facility," Sullivan said.

Sullivan recommended using the remaining \$35,000 to buy a glass crusher.

Much discussion also took place on Article 20 for \$21,000 to Lakes Region Mental Health Center. Fe-

dorchak asked why the selectmen and budget committee voted to recommend articles putting money to the Parks and Recreation Department and police dog training, but didn't recommend an article for emergency safety services like this.

Eddy said the selectmen has had the perspective of not wanting to give any recommendations either way on funds for regional agencies. As they can't vote to give no recommendation, they vote not to recommend. Fedorchak said that sentiment is not reflected in how the warrant is written.

Budget Committee chair Sean Murphy said he supported recommending the article, saying every year the taxpayers still have approved these funds.

"I believe we should be voting the way the taxpayer wants," Sean Murphy said.

Meg Jenkins echoed Fedorchak's statements and said she hopes the townspeople will continue to support this.

"I strongly feel the need for our town to support our fellow townspeople," said Meg Jenkins. "We are in a mental health crisis across the country and Gilford has not been spared. I see that every day in my job as the high school nurse."

Skip Murphy said people can write their own checks to support whatever nonprofit

they wish, though he found it "immoral" for the town to give this money and not give the taxpayers a choice if they want to support these organizations or not. He said he has watched his son's struggle with opioid addiction and took issue with the implication he doesn't know what he's talking about on this.

Ann Nichols of LRMHC (and a Gilford resident) said the organization provides needed medical care for people, including many who are unable to pay. Leslie Suranyi, Jr., a physician, said medical care already receives taxpayer dollars in the form of Medicare and Medicaid. He said it should be up to them to ask people for money at the local level instead of asking for local taxpayer dollars.

Nichols said they Medicaid reimbursement rates have not increased since 2006 and they have given away around \$1.6 million in charity care. LRMHC is contracted by the state to deliver mental health services to local hospitals, but the state does not give them any money to do this. Suranyi said in his own experience covering three local hospitals he is aware of the federal funding issues.

"That's what you're going to have to deal with if you're going to provide any medical care to the community," Suranyi said.

MARKETS

(Continued from Page A4)

have also shown that the average investor will buy near the top and sell near the bottom. Having cash in the account allows us to scale into asset classes that are undervalued and scale out or rebalance those asset classes where we are over invested.

A well-constructed portfolio is likely to not see the gains that a portfolio of stocks would have in a bull market for stocks, but it will also not have the

losses of a bear market it stocks. The objective is to move ahead and be able to quantify the gains and losses using statistical analysis and a standard deviation from the mean, a.k.a. average.

Your portfolio should reflect goals, objectives and risk tolerance that pertains to you. It is my opinion you cannot just buy a family of mutual funds and achieve a well-diversified portfolio of investments that re-

turn maximum performance/ mitigate risk and have low fees.

Please visit my Web site, MHP-Asset.com, and go to tools and then risk analysis. You are welcome to take the Riskalyze profile to measure your risk tolerance using real dollars as an example.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

PRESCOTT

(Continued from Page A8)

ness partner, Kennell Orthodontics.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hamp-

shire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to

help, please visit www.prescottfarm.org.

Prescott Farm - exploring and preserving the natural world, one adventure at a time.

SHREK

Princess Fiona will be portrayed by newcomer Anna Williams; the "short"-tempered villain Lord Farquaad - Scott Alward, Dragon, the guardian of Fiona's tower - Kristi Laurendeau, the quick witted Gingy (aka The Gingerbread Girl) - Isabella Cottrell and Pinocchio, the wooden puppet who believes he's a real boy - Ryan Witham.

Rounding out the cast is the show's large ensemble, which consists of numerous classic Storybook characters and even a few tap dancing rats: Rose Borges, Chad Boutin, Kristi Laurendeau, Jody Fredette, Tanner Olson, Samm Johnson, Maia Heller, Sadie Sturgeon, Hillary Ayers, Griffin Plourde, Gabby

MONOLOGUES

(Continued from Page A1)

ing it for Streetcar, her first ever directing experience.

"It's as diverse as Laconia can get," Filiault said.

The idea to do "The Vagina Monologues" came up around a year ago at a meeting to pitch different shows.

Filiault said the show is a way for women to come together and feel empowered.

"It's going to cause some people to feel uncomfortable and that's part of the point," Filiault said.

The show includes three extra monologues written by three members of the company.

Flynn Robbins wrote a monologue from the perspective of someone transitioning from female to male. He said there

is already monologue in the show from the perspective of someone transitioning from male to female and he wanted to add his own experience.

"It was a way to talk about that intersection, being part of the female community... still wanting to have a part of the conversation," Robbins said.

Nicole Buttermore said her monologue was all things she's been wanting to say.

Melissa Perrault said because the play itself is a little older some of the language might not fit as well in the current times.

"I felt compelled to write something that was ore important and personal," Perreault said.

Cast member Skylor Beerly also serves as

the Prevention Education and Child Advocacy Specialist for New Beginnings.

"We love when the community can be supportive of our services and (what) we do for our survivors," Beerly said.

Gabby Leclerc, a student at Laconia High School, is another one of the performers.

"I really enjoy how it talks about subjects that don't get talked about," Leclerc said.

She also enjoys how this all about the experiences of women.

"The Vagina Monologues" will be performed at Pittman's Freight Room in Laconia on Thursday, Feb. 14 at 7 p.m. Tickets are \$20. For more information, visit www.streetcarcompany.com.

RED DRESS

(Continued from Page A1)

a nice time. It's a win-win for everybody."

Doherty said Church Landing has been an amazing venue, plus the event is organized by a great committee.

For the third year the Eric Grant Band performed for the guests. Wentworth

said she has never seen as many people out on the dance floor as when the Eric Grant Band performs.

Guests could also enjoy time at the photo booth sponsored by Bank of New Hampshire and the candy bar sponsored by Lovering

Volvo. The evening featured an auction with Jesse Thompson serving as auctioneer. For the first year, they had a late night snack spot with pizza after 10 p.m.

"I feel our guests are really spoiled and just have a good time," Doherty said.

LIBRARY

(Continued from Page A2)

time, 10:30-11:30 a.m.

Come read, sing, dance, and make a craft. Ages two and a half to five *Sign-up required

Spanish Camp, 3:30-4:30 p.m.

Hola, amigos! Spanish camp will provide a basic introduction to the Spanish language and culture. This will be accomplished through activities, stories, songs, projects, and games. Grades 1-4. Sign-up required.

Book Bites, 5-6:30 p.m.

This month's theme is comfort food. Sign up with \$5 for groceries at the front desk.

Goddess bracelets with Wendy

Oellers-Fuller, 6:30-8 p.m.

Back by popular demand. Cost for the program is \$25 and includes all materials. Space fills up quickly, so please reserve your spot with payment at the Circulation Desk.

Wednesday, Feb. 20
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Thursday, Feb. 21
Geri Fit, 9-10 a.m.

Music & Movement, 10:30-11:30 a.m.

Come enjoy music and movement through, singing, dancing, and playing with instruments. *Sign-up

required Ages five and under.

Lunchtime Book Discussion, 12:30-1:30 p.m.

This month's book is The Great Alone by Kristin Hannah, described as a "compelling portrait of a family in crisis". Copies are available at the front desk, and the discussion will be led by Maria Suarez.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

Evening Book Discussion, 6-7 p.m.

See 'Lunchtime Book Discussion' above.

ANNIVERSARY

(Continued from Page A7)

ment, to support the volunteers and fundraising needs as the program continues to grow. To continue to work toward the five-year plan The PRLI is reaching out to local, regional and national

organizations who are known for supporting veteran organizations as well as applying for grants and plan to hold additional fundraising events. To show your support for veterans and to learn

more about Camp Resilience, to donate or volunteer a few hours of your time to this worth cause, please visit our website, camp-resilience.org or email us at info@camp-resilience.org.

SCHOLARSHIP

(Continued from Page A9)

Foundation, please visit www.threerivers-foundations.com.

Lakes Region Community College offers more than 40 educational programs, as well as workforce training for business and industry. Additionally, LRCC provides housing options for students, and has transfer agreements with many four-

year colleges throughout the region, allowing students to begin their education at an affordable community college, with many transfer options to four-year schools. Lakes Region Community College is part of the Community College System of New Hampshire. For more information, visit www.lrcc.edu.

(Continued from Page A8)

Leclerc, Zoe Lehneman, Jenny Laurendeau, Emilie DeFrancesco, Sarah Olson, Morgan Eastman, Sydney Eastman, Kelli Powers, Louie Laurendeau, Kilean Fredette, Peter Ayer and Cooper Plourde.

Rehearsals are al-

ready underway and the cast is excited to bring this contemporary fairytale to life. While this story takes place once upon a time, in a kingdom Far Far Away, Shrek will be making his way to the Lakes Region this April 26-28 at the Interlakes

Community Auditorium. For ticket & show information be sure to "like" The Streetcar Company on Facebook, contact the Producer Raelyn Cottrell, angels1@metrocast.net or view the company Web site at www.streetcarcompany.com

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ROGATO

(Continued from Page A1)

al can do to benefit the auction, which provides grants to children and families in need.

"The amount of heart and soul in this community is unbelievable," said Kelley. "The Children's Auction and Pub Mania have brought out so many people like Judi who have huge hearts and worked so hard for this cause. It's great for people to think of their own unique ways to contribute, and they inspire others to do the same."

Last year at this time, Rogato had taken part in Pub Mania on The Diving Ducks team with other members from the Winnepesaukee Yacht Club for the fourth time. She hadn't done much in the way of fundraising, making a donation herself instead. She wanted the fifth year to be more remarkable.

"I wanted to do more," she said. "I wanted to give more. It's such a good cause."

So, Rogato began brainstorming. Her 29-year-old daughter Jenna suggested she use her knitting talent to make and sell hats.

"I said, 'I bet I could make 25 hats and sell them. I'll donate my time and the yarn,'" Rogato recalled.

She started selling the hats through word-of-mouth to friends at the yacht club and at a few club functions.

"All of a sudden, I



COURTESY PHOTO

Judi Rogato

started getting orders and had to make up order forms," she said. "One person ordered 11 for Christmas gifts."

As the orders came in, Rogato got nervous about whether or not she could keep up. She began knitting in every free moment—no matter where she was.

Rogato ordered tags that she sewed into each hat. They read, "Hand-knit by Judi. Pub Mania/Diving Ducks." She worked with nearly 60 different colors of yarn, making two styles of hat: a cabled hat that takes about five-and-a-half hours to make and a more lightweight, striped hat that takes

less time. The hats come in three sizes and can be custom-ordered, with optional pom-poms.

"I absolutely loved it," Rogato said of her fundraising project. "I did get stressed sometimes, like when I had 15 orders to do. I loved when people would send photos of their children and grandchildren wearing the hats I made."

"I am so proud of what I was able to do, and I am so thankful that so many people supported the effort and bought hats," Rogato said, noting that when she tallied the total amount she'd raised, she was a bit shocked.

Members of the yacht club were also im-

pressed. They presented Rogato with the first-ever Diving Ducks team award: a plaque with a pair of knitting needles on it.

Even with 2018's Pub

Mania behind her, Rogato hasn't slowed down.

"I haven't stopped knitting," she said. "I can't stop! I've already started working toward next year's goal!"

For more information on Patrick's Connect, or to register your business as a featured business, call 293-0841 or visit www.patrickspub.com/connect.

DERBY

(Continued from Page A3)



ERIN PLUMMER

Anglers line up to get their catches weighed at derby HQ right before the line closed.



ERIN PLUMMER

Spectators get a look at the board on Sunday.

8.45 pounds. The largest white perch, weighing 2.68 pounds, was caught by Matt Bickford of Meredith.

Hourly drawings for \$100 took place throughout both days with one \$5,000 prize each day. Kevin McCarthy of

Moultonborough won for Saturday and Tony Giamberardino of Medford, Mass., won for Sunday.

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Bulldogs cruise past Wolfpack rinkmates

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The Belmont/Gilford hockey team took on rival Laconia/Winnisquam last week, and the Bulldogs showed why they are one of the top teams in Division 3 with a 12-1 victory.

The first period was one of the better performances one will see from a goaltender, with Seth Rollins of L/W turning away 29 shots and holding the score to only 1-0. He had 62 total saves on the night. The goal in the first period for B/G was with 4:28 left by Ben Muthersbaugh with assists by Hayden Parent and Griffin Tondreau.

The second period is where the flood gates opened and B/G went on a tear with eight unanswered goals to go up 9-0. Rollins saved 19 shots in the period and despite the goals allowed, the freshman goalie was once again impressive. The score could have been much higher if it wasn't for Rollins' solid work in net.

Goals in the period came by Cam Jarvi, Tondreau (two), Dylan Flannery, Muthersbaugh, Logan Stroud (two) and Joey Blake.

The third period started with a goal by Will Robarge with an assist by Liam Lacy at 10:28. With 4:05 left, Logan Moulton found the back of the net with an assist by Stroud and Robarge. Flannery scored the final goal



BOB MARTIN

Dylan Flannery scores a goal against Laconia/Winnisquam last week.



BOB MARTIN

Gingrich leads Gilford at swimming State Meet

BY BOB MARTIN

Bob@Salmonpress.news

DURHAM – Members of the Gilford High School swim team traveled to the University of New Hampshire for the Division 2 state swimming championship on Saturday, with Laurel Gingrich leading the way with a seventh place finish in the 50-yard freestyle.

Gingrich, a junior, had a seed time of 26.37 and the final time was 25.99. Gingrich also raced in the 100-yard butterfly and placed 21st with a combined time of 1:10.62.

Lauren Sikoski competed in the 100-yard breaststroke and placed 17th with a time of 1:21.38.

In the 200-yard medley relay, consisting of Sikoski, Alexa Leonard, Grace Shoemaker and Cyndal VanSteenburg, Gilford placed 18th with a time of 2:22.26.

In the 200 freestyle relay, consisting of VanSteenburg, Shoemaker, Leonard and Gingrich, Gilford was 13th with a time of 2:01.39.

In the 400-yard freestyle relay, consisting of Shoemaker, VanSteenburg, Sikoski and Gingrich, Gilford placed ninth with a time of 4:44.44.

Troy Gallagher has put together a strong senior season with the Bulldogs.

with 1:20 on the clock, with assists credited to Brady Logan and Eric Ellingson.

Laconia/Winnisquam scored with 29 seconds on the clock with the goal by Kam Young, assisted by Dylan Daly and Connor Blake.

Bobbie Brodeur got the start in net for B/G and finished with 16 saves for the win.

Belmont/Gilford continued its dominance on Feb. 9 with a 7-0 victory over Sanborn with Brodeur recording her first career shutout. She had 18 saves in the victory.

It was scoreless until 5:36 left in the first when Tondreau scored to make it 1-0, with an

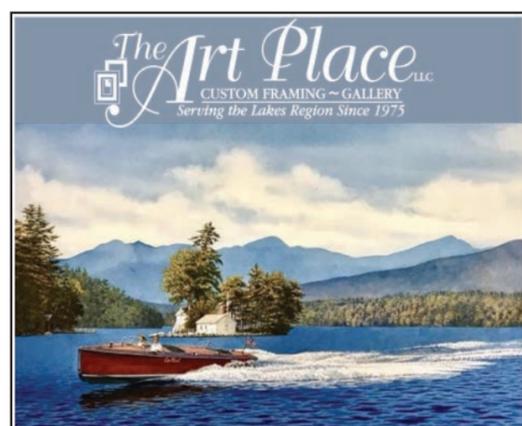
assist by Parent. With 2:54 left, Tondreau scored again with another assist for Parent.

The Bulldogs went up 5-0 after two periods with Blake scoring first on an assist by Zoltan Stefan at 12:39. Tondreau completed his hat trick just two minutes later with another assist by Parent. With 4:24 left, Muthersbaugh scored on an assist by Lacy.

The third period had a goal by Muthersbaugh with Parent and Tondreau assisting. The last goal was by Stroud with an assist to Stefan.

“We played a very solid game and Bobbie Brodeur finished with her first shutout

in goal,” coach Jason great all around team Parent said. “It was a SEE HOCKEY PAGE B8



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Gilford hoop boys rebound from loss to Bears

BY BOB MARTIN

Bob@salmonpress.news

GILFORD – The Gilford High School boys' basketball team has had its ups and downs this season, with last week as evidence, as the Golden

Eagles suffered a blow-out loss to Winnisquam but responded with a big win over Mascoma Valley.

On Feb. 5, Winnisquam came to town and Gilford was handed a

57-38 loss. The Eagles were down 16-15 after one quarter and a lack of offense had the Golden Eagles down 30-21 at half-time. Winnisquam dominated the second half with Kyle Mann leading

the way with 26 points on the night.

The Golden Eagles were led by Greg Madore, who put up 16 points for the team high. Adrian Siravo had eight points and eight rebounds on

the night. Curtis Nelson had five points and chipped in with five boards. Malik Reese also had five rebounds to go with his four points.

On Feb. 8, the Golden Eagles turned things around with a good 72-55 win over Mascoma Valley. Gilford came out firing with a 19-12 lead on the backs of Madore and Siravo's six points apiece. Logan Hughes also had four first quarter points.

The win unfortunately had a downside, as Madore left the game in the first quarter with an ankle injury. This left it up to others to step up and the Golden Eagles responded.

Gilford was up 33-27 at the half and then the Golden Eagles put up a solid third quarter with Hughes and Siravo combining for 16 points in the quarter. Their dominance continued into the fourth quarter, with Hughes and Siravo combining for 15 points.

Hughes finished with 20 points. Siravo had 22 points and was a true force on the glass with 16 rebounds. Malik Reese had a great night with 12 points and eight boards. Corey Weston had eight points and did a great job dishing the ball with eight assists. Nelson had two points, but filled the stat sheet with five rebounds and four blocks.

The Golden Eagles are 5-9 at the deadline and have four games left in the regular season. Coach Chip Veazey

knows how important this next stretch is to the team.

"We need to play with more consistency both offensively and defensively," said Veazey. "We need to cut hard and move the ball better and find the open man. Closing out on shooters and more timely rebounding is absolutely critical for our success going forward. Turnovers when the game is on the line must be eliminated too."

Gilford hosted Newfoundland after deadline and next up is a home game against Hopkinton on Feb. 14 at 6 p.m.

The Gilford girls' basketball team had a big win over Winnisquam 66-23 and a tight loss to Mascoma Valley 42-40.

Against Winnisquam, it was all Gilford from the beginning who went up 24-2 after one quarter and 45-12 at the half. The Bears had trouble containing Shelby Cole, who at halftime had 19 points to lead the scoring charge. Cole ended with 30 points on the night.

Winnisquam was outscored 21-11 in the second half and the Golden Eagles cruised to victory. Cole was the scoring leader on the night but the Golden Eagles also got solid performances from Reagan McIntire, who had 15 points and Abigail O'Connor who had 10 points.

Next for the Golden Eagles is the final game of the regular season at Hopkinton on Feb. 15 at 7 p.m.



BOB MARTIN

Catherine Stow was 10th in the New Hampshire Coaches Series race at Whitaker Woods last Saturday.

Townsend, Stow lead locals in North Conway

BY BOB MARTIN

Bob@salmonpress.news

NORTH CONWAY – Lakes Region high school nordic teams traveled to Whitaker Woods on Saturday to compete in a New Hampshire Coaches Series race, with Belmont's Zach Ennis taking the top spot in the boys' race "A" race.

Ennis had a time of 14:28 for the win. He is the lone racer for Belmont High School, but other competitors from Inter-Lakes, Moultonborough and Gilford had strong days as well.



BOB MARTIN

Vanessa Genakos placed 13th in the New Hampshire Coaches Series race.

Learn to curl at Pop Whalen on Feb. 26

Gilford

For the boys' "A" race, Mitchell Townsend of Gilford High School was 10th with a time of 15:46. Caleb Duggan, representing Gunstock Nordic Association, was 13th with a time of 16:02. Matthew Paluszek, also of GNA, was 132nd with a time of 24:45.

In the girls' "A" race, Catherine Stow was 10th with a time of 18:44.6. Vanessa Genakos was 13th with a time of 19:00.5.

WOLFEBORO — As part of Wolfeboro Parks and Recreation's annual Winter Carnival, Lakes Region Curling Association will hold a free learn-to-curl session for members of the public on Tuesday, Feb. 26, at Pop Whalen Ice Arena, Route 109A, in Wolfeboro. The event will begin at 2 p.m., with registration starting at 1:45.

Curlers should bring a pair of athletic

shoes with clean soles that they can put on at the arena. All other equipment is provided.

For men and women of all ages and fitness levels, curling is a sport that combines skill, teamwork and strategy. LRCA matches put a premium on friendly competition, sportsmanship and fun. Lakes Region members will be on hand during the learn-to-curl session to explain the rules of the



COURTESY PHOTO

LEARN TO CURL at the Pop Whalen Arena on Tuesday, Feb. 26.

sport and to provide instruction in basic skills such as stone delivery and sweeping.

Now an Olympic sport with a growing following in the US, curling began on the frozen marshes of Scotland during the Middle Ages. It was brought to North America during the 18th century and is played throughout Canada and the Upper Midwest.

Information about Lakes Region Curling Association and its programs is available at lakescurlingnh.org.

One Super Bowl tradition I could do without

It seems that the Patriots have made it a habit of getting to the Super Bowl, which means there's going to be a game on the first Sunday of February pretty much every year.

Of course, that's a good thing for anyone who is a Patriots fan. We've become accustomed to winning here in New England and that means we'll always have something to look forward to on Super Bowl Sunday.

In my world, however, a world that revolves around high school sports, the first Sunday in February means the indoor track state championships. The NHIAA championships are held at Dartmouth College's Leverone Fieldhouse every year and for one reason or another, the meet is held on Super Bowl Sunday. My prevailing theory in this situation is that the NHIAA gets a great rate on the rental of the fieldhouse because nobody else wants to use it on that day. But that's

SPORTING CHANCE



By JOSHUA SPAULDING

just my theory and really, what do I know?

There are two different divisions for indoor track and the teams I cover are all in Division II, so they compete in the same meet. Each year, the NHIAA alternates the start times for the two divisions. One year, Division I will have the early slot at 10 a.m. and Division II will have the late slot at 3:30 p.m. and the next year it swaps, with Division II going first and Division I going second.

In the years when Division II goes first, I have to leave home early to get over to Hanover, but I get out in the middle of the afternoon, which means that if I have the opportunity, I can watch the football game. Of course, if Division II goes in the later slot, like was the

case this year, it means I am stuck in Hanover until after the football game starts. The good news is that I can tune in to the game on the radio and that's exactly what I did this year. I missed the first quarter, but as it turned out, I didn't miss too much. I listened all the way back to the office in Meredith and then listened in the office before getting back in the car and heading to Wolfeboro to work my night job. I got to Brewster just as the game ended and New England celebrated another championship.

I don't know that I need to watch the Super Bowl every year, but I like having the option, particularly if the Patriots are playing. But it's frustrating knowing that there's seemingly always going to be work to do on the first Sunday in February. But I am not sure I can come up with a way to convince the NHIAA to move the indoor track championships to a dif-

ferent day or maybe to a different, closer location, such as Plymouth State University.

That being said, Kevin Harlan, the radio play-by-play guy for Westwood One, did a fantastic job calling the game and an additional plus is that I didn't have to listen to the idiotic rantings of Scott Zolak.

But, it still would've been nice to see at least some of the game.

Finally, have a great day Mike and Dawn Shaw.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

One Super Bowl tradition I could do without

WOLFEBORO — Abenaki Outing Club's Abenaki Ski Team will host its first officially sanctioned slalom race on Saturday, Feb. 16, at 9:30 a.m. While Abenaki has held ski races in the past, this year's open slalom race is the first to be sanctioned by U.S. Ski and Snowboard and the New Hampshire Alpine Racing Association.

More than 50 U10 and U12 competitors have already registered for the Abenaki Slalom, representing Abenaki Ski Team and race teams from Attitash Mountain, Cranmore, King Pine, Pats Peak, McIntyre Ski

Area, Mount Sunapee and Wildcat Mountain.

Hosting a race at Abenaki should help to showcase the appeal of the "most important ski area in America," as Powder Magazine dubbed it in 2014. "Abenaki Ski Team has never focused on getting competitors on the podium, but instead helping athletes build the skills to develop a life-long love of skiing," said Abenaki Ski Team's Aynne de Beer. "Hosting a race is a point of pride for the club. It promises to be fun event at our special ski area, where we're all a bit like a family."



BOB MARTIN

Colton Workman makes his way through the slalom course at Gunstock.



BOB MARTIN

Alex Cameron goes around a gate for Gilford.



BOB MARTIN

Bethany Tanner had a third place finish last week at Gunstock in slalom.



BOB MARTIN

Shealagh Brown was fifth in the slalom and helped Gilford take first last week.

Gilford alpine wraps up regular season

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD – The Gilford High School had a great showing at Gunstock last week, with

the girls' team taking first in both the giant slalom and giant slalom races.

In the giant slalom, Bethany Tanner was

second with a combined time of 1:14.54. Sydni Lehr was right behind her in third with a time of 1:15.28. Shealagh Brown placed sixth

with a time of 1:17.82 and Kendall Jones was eighth with a time of 1:21.25. Hannah Lord placed 12th with a time of 1:27.13 and Maddie Rector was 37th with a time of 2:32.61.

In the slalom race, Tanner was third overall with a time of combined time of 52.99. Brown was fifth with a time of 54.78; Jones was seventh with a time of 56.23; Lord was 13th with a time of 1:00.97

and Rector was 34th with a time of 1:46.00. Lehr had a second place time of 24.99 in her first run but didn't complete her second run.

The boys' team placed ninth overall in the giant slalom and was led by Colton Workman. Workman had a time of 46.53 in the first run but then had a fantastic run of 36.83 in the second run. The combined time of 1:23.36 was 14th overall.

Steve MacDonald was 24th with a time of 1:33.20. Brian Tremblay was 43rd with a time of 1:48.21.

The team placed sixth in the slalom and Workman had a great day with a third place combined time of 48.38. Tim Jagush was 21st with a time of 1:04.13; Alex Cameron was 35th with a time of 1:13.78 and Aidan McBey had a time of 1:29.92 for 50th place.

Whelen to sponsor Musket 250 at NHMS

LOUDON — New Hampshire Motor Speedway's Full Throttle Fall Weekend is back by popular demand on Sept. 20-21, featuring two days of heart-pounding short track racing. Whelen Engineering Company, longtime speedway partner and leader in the emergency warning industry, has added its name to the main event's marquee. The two-day event will be headlined by the NASCAR Whelen Modified Tour who will take center stage for the longest mileage and richest purse race on the Tour – the Musket 250 presented by Whelen on Saturday, Sept. 21.

"We are thrilled to build on our already longstanding partnership with a company as innovative as Whelen," said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. "Our operations and maintenance teams rely on Whelen products every day to ensure the safety of our staff, guests, drivers and fans, and what better way than to add their name to the most intense race on the

NASCAR Whelen Modified Tour."

Whelen has been a longtime partner of New Hampshire Motor Speedway dating back to when the facility opened in 1990 and served as the entitlement sponsor for the Whelen Modified All-Star Shootout in 2014 and 2017. All of the speedway's safety equipment, such as cleanup trucks, jet driers and sweepers, are outfitted with a variety of Whelen lights. Additionally, the green, yellow and red warning lights used to keep the drivers safe on the race track as well as other portable lights used around the NHMS grounds are all from Whelen.

"We are very excited to continue our relationship with New Hampshire Motor Speedway," said Peter Tiezzi III, motorsports general manager at Whelen Engineering Company. "Full Throttle Fall Weekend will continue to deliver exciting racing for everyone in attendance."

For more than 25 years, Whelen has supported NASCAR and its grassroots racing series. A privately-owned com-

pany that began in 1952, Whelen is in its 15th year as the title sponsor of the Whelen Modified Tour, the longest-running series in NASCAR. With New England-based factories in Charlestown and Chester, Conn., Whelen is recognized as the only United States manufacturer of emergency warning equipment to still fabricate its products entirely in the U.S.

The NASCAR Whelen Modified Tour Musket 250 presented by Whelen serves as the main event in a triple-header weekend of racing that also features the NASCAR Pinty's Series in only their second appearance in the United States and the NASCAR K&N Pro Series East racing in the Apple Barrel 125.

For ticket information for events at New Hampshire Motor Speedway, including the June 8-16 Motorcycle Week at NHMS, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call Fan Relations at 783-4931.

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<p>Wolfeboro \$1,689,000 Charming home on a large level lot in prestigious Delings Cove. MLS# 4734322 Susan Bradley 603-493-2873 Stacey Atherton 603-520-1578</p>	<p>Moultonborough \$999,000 Privately sited 3BR, 2-1/2BA Winnepesaukee Waterfront home on over 2.6 acres of level treed land. MLS# 4731796 Janet Cramer 603-707-2771</p>
<p>Moultonborough \$975,000 New flooring throughout, new kitchen with granite counters, large master suite, .81-acre level lot with 100' of WF. MLS# 4734324 Bob Williams 603-455-0275 Danielle McIntosh 603-393-5938</p>	<p>Moultonborough \$679,000 Gorgeous Winnepesaukee access and view property with a dock! Beautiful unit mostly furnished & move in ready. MLS# 4706114 Ellen Mulligan 603-387-0369</p>
<p>Moultonborough \$349,000 What a charming and unique place! Nestled amidst pines and shoreline boulders with an impressive view of the Ossipee Mtns. MLS# 4734640 Bill Richards 603-998-7845</p>	<p>Belmont \$289,000 Beautiful 3 BR, 3 full bath home with updates! MLS# 4735627 Samantha Blackard 252-531-2051</p>

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<p>MEREDITH: A truly special and unique property on 6 park-like acres that features a lovely home, dock, boathouse, breathtaking views & more. Recent updates include a new kitchen, master bath and roof. ADVENT COVE ROAD \$3,750,000</p>	<p>LAND</p> <p>WOLFEBORO: A 1.2 acre lot with privacy at the end of the road, yet close to town and a short walk to the beach. APPLEWOOD DRIVE \$59,000</p> <p>WOLFEBORO: 34 acre parcel with frontage on Rt. 28 & Rt. 109 can be subdivided, offering 4+ lots and has 5 drilled wells & multiple engineering approvals. Imagine the possibilities! CENTER STREET \$249,000</p> <p>TUFTONBORO: This spectacular, half-acre waterfront land on The Basin offers road and water frontage. Electric is at the street. This is an excellent opportunity to build your dream waterfront home! BASIN DRIVE \$195,000</p>

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<p>WEIRS BEACH: Open concept 2-ER, 2-BA condo at Meredith Bridge. \$124,000 #4735458</p>	<p>LACONIA: Beautiful 3-ER, 2.5 BA cape home with walkout lower level. \$354,900 #4733012</p>	<p>GILFORD: New construction in Gunstock Acres. 3-ER, 3-BA home to be built. \$379,000 #4899175</p>	<p>LACONIA: Beautiful 5-BR home at Country Club Shores. Great amenities! \$409,000 #4735086</p>
<p>BELMONT: 3-BR ranch w/ walk-out lower level. HW & tile floors, gas FP & more. \$190,000 #4735049</p>	<p>MEREDITH: Building lot with mt. views and 5 minutes to 'downtown'. \$64,900 #4434746</p>	<p>CAMPTON: Remote 210 acre parcel, great for an off-the-grid-location. \$182,963 #4609461</p>	<p>Wolfeboro: 4.25+ ac. parcel w/ access to Crescent Lake & abuts golf course. \$125,000 #4642222</p>

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Featured PROPERTIES

<p>STUNNING Winnepesaukee waterfront on Sewall Road, the Gold Coast of Wolfeboro, with spectacular sunset views across the protected waters of Jockey Cove to the Belknap Mountains, dry boathouse, oversized dock, very special! \$2,995,000 (4715425) Call 569-3128</p>	<p>BEAUTIFUL Winter Harbor, Tuftonboro Waterfront home sits 20' from the shore of Lake Winnepesaukee. Side-to-side deck off the front, great docking, plus 2 guest cottages completes your family compound! \$1,499,000 (4695632) Call 569-3128</p>	<p>STUNNING 5 bedroom Custom Cape at Bald Peak C.C. in Moultonborough with lovely Winnepesaukee views, access to private beach and dock, gorgeous interiors, 1st floor MBR, 2.6 acres of lush landscaping. \$1,345,000 (4718796) Call 569-3128</p>	<p>OUTSTANDING Country Estate in Tamworth bordering the Lakes Region & White Mountains of New Hampshire. Five bedroom colonial with stunning mountain views, guest house, post & beam barn, all sited on 311 acres. \$900,000 (4706586) Call 253-9360</p>
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<p>MOULTONBOROUGH // What an opportunity, mixed use, in-town property consisting of a 4 bedroom home, barn, and restaurant, fixtures sold separately. BYOB, be your own boss. \$439,900 (4706348) Call 569-3128</p>	<p>ALTON // Antique Post & Beam Colonial on 27 acres. 3 bedrooms, 2 bathrooms, 4 fireplaces, pine floors, exposed beams. Cathedral Great room. Oversize garage. Perennial gardens. Private pond and several brooks. \$375,000 (4686681) Call 875-3128</p>	<p>GILAMTON // Charming 3BR/1.5BA log home, located in Whispering Pines Association, on a .89 acre with beach access and mooring rights on private Crystal Lake beach. \$227,000 (4728214) Call 875-3128</p>	<p>GILFORD // 3-Bedroom, 2-Bath chalet with beach rights to Lake Winnepesaukee. Close to Gunstock Ski area. Open-concept floor plan with finished lower level. \$209,000 (4729468) Call 253-9360</p>	<p>MOULTONBOROUGH // 1.6 Acre level wooded lot located in the quaint village district in Comm. zone "A". Driveway permit w/installed culvert, expired permit for office bldg. and garage. Agent interest. \$159,000 (4504096) Call 253-9360</p>
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<p>MOULTONBOROUGH // Nestled in the heart of Moultonborough, this 14+ acres offers views, stone walls and mountain streams. This peaceful parcel is close to shopping, skiing, and much more! Broker Interest. \$114,900 (4679684) Call 253-9360</p>	<p>WOLFEBORO // Four southwest sloping lots vary in size from 1.9 to 3.3 Acres in a country setting. Close to Albee Beech on Lake Wentworth. \$59,500/ea. (4695135-141) Call 875-3128</p>	<p>ALTON // Alton Shores lot with easy walk to the association beach, drilled well and septic still in place from previous home. \$34,000 (4675813) Call 875-3128</p>	<p>MOULTONBOROUGH // Great Price!! Wonderful opportunity to buy a .51 acre level double lot in the sought after, private Suissevale Community on Lake Winnepesaukee. Less than .3 mile to a sandy beach. \$29,500 (4717925) Call 253-9360</p>
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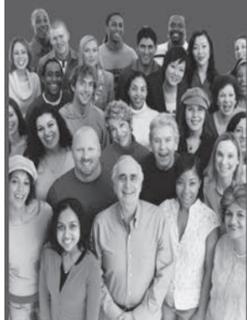
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Plymouth State offering curling open houses

PLYMOUTH — What do the 2018 Olympic Winter Games and Plymouth State University have in common? One thing would be the enchanting sport of curling, of course. Curious locals who have watched the majesty of the game during last year's Olympics will be able to experience it firsthand as a spectator or eager competitor at the PSU Welcome Center and Ice Arena's Hanaway Rink. What has seen a rise in popularity since becoming a medal sport in the 1998 Winter Olympics, curling is an athletic Cinderella story. With an air of mystery, the sport has taken flight much like Harry Potter in a game of Quidditch. What is it exactly? Where did it come from? And more importantly, how do you play?



COURTESY PHOTO

There will be curling open houses on Feb. 24 and March 3 at Plymouth State University.

The Plymouth State University Ice Arena and the Plymouth Rocks Curling Club (PRCC) will be kicking off their upcoming season by offering two free learn-to-curl, open houses.

The open houses will be from 1 to 3 p.m. on Sundays, Feb. 24 and March 3. These sessions are an opportunity for the public to learn what curling is all about and to get on the ice and

give it a try. Members will be available to demonstrate the sport and will also assist anyone that would like to try "delivering a stone." Members will also answer any questions you

have about curling like "what does sweeping do" or "how does the scoring system work" or "what is the hammer." Participants are asked to carry in a clean pair of rubber-soled athletic shoes

and wear warm, loose-fitting clothing. Pre-registration is required to attend the open house, which can be done online at plymouth.edu/arena/curling. If you catch the curl-

ing bug and would like to participate in league play, the PRCC will be offering a four-week novice league for beginners. Novice league play will be on four Sundays from 3:30 to 5:30 p.m., starting on March 17. Staff will be on hand to teach skill development, rules and etiquette, and each session will have a pick-up game. You can register as a team or as an individual to be placed on a team. There will be space available for eight teams.

The regular Plymouth Rocks curling leagues, which play on Tuesdays, Thursdays and Sundays remain the club's main focus. League play begins on March 12 and consists of four regular season games and three play-off games.

For more information or to check the curling schedule, visit the PSU ice arena web site at plymouth.edu/arena/curling, email psu-icearena@plymouth.edu or call 535-2758.

Abenaki Attack will feature day of racing

WOLFEBORO — Bring the kids, bring the dogs and bring your friends, there's something for everyone at the Abenaki Attack, set for July 6 at Abenaki Ski Area in Wolfeboro.

a 10K, a 5K canicross (bring the dogs) and a one-mile fun run/walk. There will also be a post-race picnic with plenty of food and water for humans and dogs.

Abenaki Attack is a day of racing to benefit Lakes Region Humane Society, Masons Morning Star Lodge 17 and the Wolfboro XC Ski Association.

This day of family-friendly, canine-friendly, competitive events will be taking place on Saturday, July 6 with a 9 a.m. start time at Abenaki Ski Area.

The day will feature a trail race, a 5K,

Visit rockhopper-races.com for more information.

PMHS seeking volleyball coach

ALTON — Prospect Mountain High School in Alton is in search of a varsity volleyball coach.

Anyone looking for more information can contact Athletic Director Corey Roux at 875-3800.

HOCKEY

(Continued from Page B1)



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effort." The Bulldogs are now 11-5 with two games to go, including senior night against Berlin at Merrill Fay Arena on Saturday at 4 p.m.

"This is a very big game and rivalry game," said coach Parent.

The Wolfpack's struggles continued as the L/W squad suffered a 6-4 loss to Hollis/Brookline/Derryfield on Feb. 9 on the road. Next up for L/W is a road game against Berlin and the final game of the season is on Feb. 23 at Merrill Fay Arena against Kearsarge/Plymouth at 4:20 p.m.

