



THURSDAY, SEPTEMBER 23, 2021 GILFORD, N.H.

# Gilford boys remain undefeated with win over Raiders



**Gilford's Max Bartlett and Belmont's Mitchell Berry both get their feet up to get to the ball in action Saturday.**

BY JOSHUA SPAULDING  
Sports Editor

**BELMONT** — The Gilford boys' soccer team kept its undefeated start to the season going with a solid 3-0 win over Belmont on Saturday afternoon.

The game was part of Belmont's Homecoming celebration, which also featured girls' soccer and volleyball games.

"We've got a really good group, the team

as a whole," said veteran Gilford coach Dave Pinkham. "They've played a lot of soccer and we're still a pretty young team."

"It's Gilford, we talked about trying to match their energy," said Belmont coach Mike Foley. "But my guys are going to give you a battle, they're going to come out ready to play."

Gilford came out with some early chances

from Aiden Bondaz and Tanner Keenan, but Belmont keeper Jacobb Bivens was able to come through with some solid saves. Gilford had a couple of corner kicks, with Owen Guerin getting a shot on the first and Anthony Haddocks getting a head on the second one, but Bivens held his ground. Max Bartlett also had a chance for Gilford that was stopped.

Gilford had another



**Kaden Jewell of Belmont and Aiden Bondaz of Gilford battle in the corner for the ball in action Saturday afternoon.**

corner but it went wide of the net and Will Riley made a nice defensive stop on Gilford's Anthony Aguiar, while at the other end, Mitchell Berry just missed connecting with Owen Waldron on a big boot up the field. Berry also had a nice clear on a bid from Andrew McDonough and Aguiar sent a ball wide of the net.

Gilford got on the board with 25:45 to go

in the first half when Guerin sent a shot on net that Bivens stopped, but Tristan Reinhold was there to pop the rebound in for the 1-0 lead.

The Golden Eagles had another bid from McDonough that went wide of the net and Belmont's Liam Waldron made a run up the sideline but couldn't get the ball into the box. Gilford had a corner kick that Liam Waldron headed

out of the box and Bartlett made a nice feed in to McDonough, but Bivens made a diving save to keep the game at 1-0.

Aguiar had a shot that Jaxson Embree cleared and Bartlett had a bid denied by Bivens. Reinhold had a good cross but Berry was able to clear the ball out of the zone. Gilford had another corner but could

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## GPD police appreciation event this Thursday

BY ERIN PLUMMER  
mnews@salmonpress.news

People can get a direct perspective on the Gilford Police Department with a special event this Thursday thanks to efforts by a Gilford resident.

The Gilford Police Department Awareness and Appreciation Night will take place this Thursday, Sept. 23, from 6-8 p.m. at the Gilford High School Auditorium. During the event members of the GPD will talk about the work they do and how the department operates to give the public a better sense of their jobs.

The event was the result of efforts by Tony Limanni to show appreciation for the police and to educate the public on what the police do.

Limanni is a retired math teacher, and helped develop a testing protocol for police officers around the state. He said his experience with police has given him an insight on how dangerous their jobs are and how they're like regular people. Additionally, his nephew Geoff is has been a New Hampshire State Trooper for three years, serving out of Troop A in Epping.

"It is especially exciting for me in that I spent so much of my early working years developing exams (written, oral, and physical agility) for State Police while I was a member of the State Personnel Department and to know that one of my family is, in my own little way, a result of that process," Limanni said. "I am so proud of him and his love for public service as a member of the NH law enforcement community."

Limanni said he was motivated to undertake this effort because of how public opinion has turned against the police in recent years after incidents of police brutality.

Limanni decided to organize a police appreciation effort, including lawn signs showing appreciation and a police appreciation event. Planning for this started for over a year but was put on hold because of the pandemic.

Limanni spoke with the GPD about organizing the awareness and appreciation night.

"Wanting to show his support for GPD and to allow for others to do the same, Mr. Limanni approached GPD with the idea of putting together an evening with GPD personnel who will discuss many

SEE **EVENT** PAGE A10

## Gilford Library programs see strong turnout

BY ERIN PLUMMER  
mnews@salmonpress.news

The Gilford Public Library is still working through the pandemic and working to instill the love of reading in people of all ages.

Library Director Katherine Dormody updated the selectmen on what's going on at the library during the board's Sept. 8 meeting.

Dormody said circulation of materials is significantly higher than it

was last year, but a little below what it was before the pandemic.

Digital circulation is up 16 percent for August. The library is still offering curbside service with people pulling up to the curb and library staff dropping off their materials on their vehicles.

Overall programming has gotten a big response. More than 1,300 people participated in programs through the month of August.

"Many of the programs if not most we held outside and this was very much appreciated by our patrons," Dormody said.

The library used some funds from its budget to purchase tables, chairs, and a dolly to wheel them out from the garage to have outdoor events. Many programs took place right outside the garage, which Dormody said ended up being a nice space for them.

The Gilford Library participated in National Library Card Week and partnered with the Gilford Village Store. Anyone who signs up for a new library card in the month of September gets a coupon from the store good for some free food. They also had Hershey Kisses available for those who renewed their cards.

The library tries to

SEE **LIBRARY** PAGE A10

## Job Fair connects organizations with volunteers

BY ERIN PLUMMER  
mnews@salmonpress.news

**GILFORD** — Organizations and potential volunteers had the opportunity to meet in one place thanks to the first Belknap County Volunteer Job Fair at Gunstock.

Representatives from several different organizations around the region with focuses on conservation and food security set up tables in the main lodge on Sunday afternoon from 11 a.m.-1 p.m. and spoke with potential volunteers.

This was the first fair held by the Belknap



**Kat Kelleher talks about the work of NH Lakes and the Lake Host program.**

PHOTOS BY ERIN PLUMMER

SEE **JOB FAIR** PAGE A10



GILFORD POLICE LOG

The Gilford Police Department reported the following arrests during the week of Sept. 13-19.

A 43-year-old female

from New Hampton was taken into protective custody for intoxication on Sept. 13.

Richard Robert Hods-

don, age 56, of Laconia was arrested on Sept. 14 for Criminal Mischief.

Donald Allen Polasko, age 55, of Gilford was

arrested on Sept. 15 for multiple counts of Disorderly Conduct.

Jerome Jasper Fuller, age 40, of Concord was

arrested on Sept. 15 for Criminal Mischief and in connection with a warrant.

Jerry J. Theberge, age 71, of Gilford was arrested on Sept. 16 for Criminal Trespassing.

Kaylie R. Glidden, age 20, of Atkinson was arrested on Sept. 18 for Possession and/or Use of Tobacco Products By a

Minor and the Manufacture and/or Possession of a False ID.

A 35-year-old male from Wolfeboro was taken into protective custody for intoxication on Sept. 18.

Nicole A. Christensen, age 33, of Derry was arrested on Sept. 19 for Simple Assault-Bodily Injury.

# OCTOBER

## Breast Cancer Awareness Month

Advertise in our special page dedicated to Breast Cancer awareness, treatment, screening health advances, etc., will be in the **October 6th, 13th, 20th & 27th** issues of the *Newfound Landing*, the *Plymouth Record*, the *Gilford Steamer*, the *Baysider*, the *Meredith News*, the *Granite State News*, the *Winnisquam Echo*, & the *Carrol County Independent*!

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# Teo Chanthasak named to SNHU Dean's List

MANCHESTER — Teo Chanthasak of Laconia has been named to Southern New Hampshire University's summer 2021 Dean's List. Eligibility for the Dean's List requires that a student accumulate an academic grade point average (GPA) of 3.5-3.699 and earn 12 credits for the term.

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 150,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at [www.snhu.edu](http://www.snhu.edu).

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Notes from the Gilford Public Library

Classes & Special Events  
Sept. 23 – Sept. 30

Thursday, Sept. 23  
Geri Fit, 9-10 a.m.  
Babies & Co. Storytime, 10:30-11:30 a.m.  
Living Well Series: Aging Well, 3-4:30 p.m.  
Gilford Public Library welcomes the Granite VNA for their three-week series: Living Well in the Community. This week in our Aging Well segment, we will discuss strategies to maximize our health as we age.  
French, 4-5 p.m.  
Book Discussion: The Midnight Library, 5:30 p.m.

Friday, Sept. 24  
Senior Sculpt, 9 a.m.  
Preschool Storytime, 10:30-11:30 a.m.  
Bridge, 10:30 a.m.-12:30 p.m.  
Hand & Foot, 12:30-2:30 p.m.  
Knit Wits, 1:30-2:30 p.m.  
Advanced Conversational German, 2:30 p.m.  
Beginner Line Dancing, 4-5 p.m.

Monday, Sept. 27  
Geri Fit, 9-10 a.m.  
Mahjong, 12:30-3 p.m.  
Hear-Me-Read, 3:30-4:30 p.m.

Tuesday, Sept. 28  
Senior Sculpt, 9 a.m.  
Storytime with Miss Maria, 10:30-11:30 a.m.

Bridge, 10:30 a.m.-12:30 p.m.  
Medicare/Medicaid, 1-2:30 p.m.  
Medicare Annual Open Enrollment is happening from Oct. 15-Dec. 7. Did you know you have options to review and if necessary change your current plan? Join Lois Raymond from Belknap Merrimack County Service Link to learn the ins and outs of Medicare Open Enrollment, your Medicare options and the Medicare Savings Program along with Medicaid information. Lois will also give you information to prevent, detect and report fraud, errors and Medicare/Medicaid abuse.

Intermediate Line Dancing, 4-5 p.m.

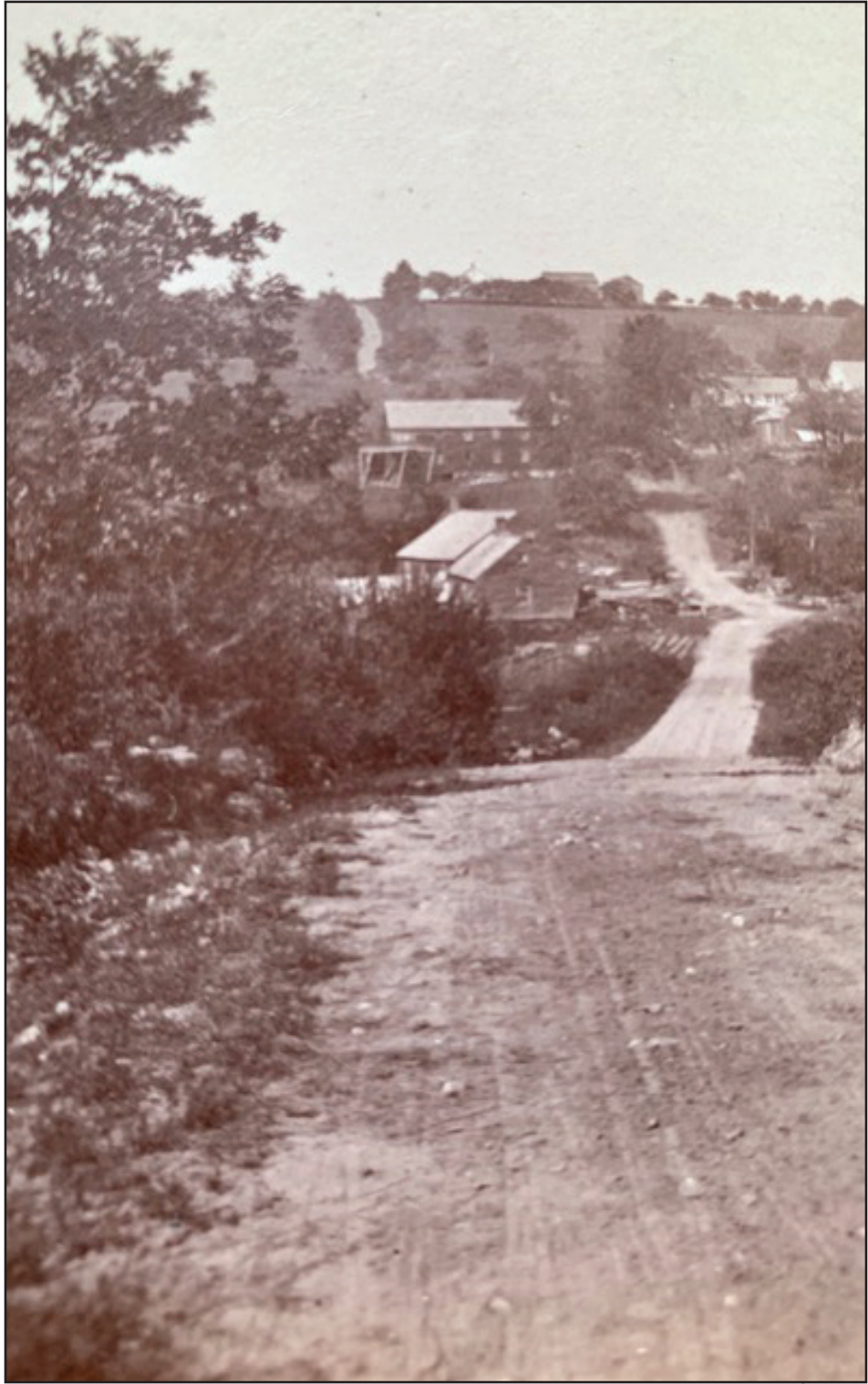
Wednesday, Sept. 29  
Check out an Expert, 10 a.m.-noon  
Paint Group, 1-3 p.m.  
Join us for an informal painting session with other artists (and amateurs, too)! Bring your own supplies, gather new ideas or continue on your old projects and let your creativity flow. Held in the Storytime Room.  
Music Group/Sing a Long, 2-3 p.m.  
Sing, sing a song, sing out loud, sing out strong! Do you sing in the shower? Maybe hum a tune while working around your house? Sing along

with the radio? Then we want you - to join Jane Ellis, here at the library for a weekly group sing a long. Have some fun while belting through some of your old favorites, and learn something new.  
After School Teen Club, 2:30-4 p.m.  
Science @ the Library, 3:30-4:30 p.m.

Thursday, Sept. 30  
Geri Fit, 9-10 a.m.  
Babies and Co. Storytime, 10:30-11:30 a.m.  
Living Well in the Community: Managing your Medications, 3-4:30 p.m.  
Gilford Public Library welcomes the Granite VNA, for their three-week series, Living Well in the Community. This week, our Aging Well segment is Managing Your Medications - discover effective strategies to manage your medications, how to store them properly and how to properly dispose of them. This program will be presented by Ann Marie Bisson, RPh.  
French, 4-5 p.m.

Learn the history of Gilmanton's Jones Mill Sept. 28

GILMANTON — The Gilmanton Historical Society hosts its final program of the 2021 summer series on Tuesday evening, Sept. 28. Jim Garvin, retired NH Architectural Historian, will tell us about the history of Gilmanton's Jones Mill, describing some new research on



Gilmanton Historical Society hosts Jim Garvin, retired NH Architectural Historian, presenting The History of Gilmanton's Jones Mill, Tuesday, Sept. 28, 7:30 p.m. at Old Town Hall in Gilmanton Iron Works.

the history of the Jones family and the amazing mill complex that they developed on their property at the junction of Loon Pond and Meadow Pond Roads. With multiple dams and many buildings, the Jones family produced a wide variety of products from shingles to wooden clothes driers.

The program, at Old Town Hall on Route 140 in Gilmanton Iron Works, begins promptly at 7:30 p.m. Social hour and refreshments begin at 7 p.m.

The Society's Museum, in the basement of Old Town Hall, will be open at 6:30 p.m., prior to the program. From October through May, the Museum is open on the second and fourth Saturday mornings from 10 a.m. to noon. See our new Web site at Gilmantonhistoricalsociety.org.



Gilford Public Library Top Ten Requests

1. "The Madness of Crowds" by Louise Penny
2. "The Noise" by James Patterson
3. "The Last Thing He Told Me" by Laura Dave
4. "A Slow Fire Burning" by Paula Hawkins
5. "Forgotten in Death" by J.D. Robb
6. "The Four Winds" by Kristin Hannah
7. "I Alone Can Fix it" by Carol Leonnig
8. "The Heron's Cry" by Ann Cleeves
9. "High Stakes" by Iris Johansen
10. "Paper Palace" by Miranda Cowley Heller

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**Edward Jones: Financial Focus**

**Are your loved ones prepared to be caregivers?**

Once you're retired and your children are grown, they are likely "off the books," as far as your financial responsibility for them is concerned. Yet, you're probably still prepared to do anything to help them – but are they ready to take care of you if the need arises? Consider this: Almost half of retirees say that the ideal role in retirement is providing support to family and other loved ones, according to the Edward Jones/Age Wave study titled Four Pillars of the New Retirement: What a Difference a Year Makes – and a slightly earlier version of the same study found that 72% of retirees say one of their biggest fears is becoming a burden on their family members. So, if you are recently retired or plan to retire in the next few years, you may need to reconcile your desire to help your adult children or other close relatives with your concern that you could become dependent on them. You'll need to consider whether your loved ones can handle caregiving responsibilities, which frequently include financial assistance. If they did have to provide some caregiving services for you, could they afford it? About 80% of caregivers now pay for some caregiving costs out of their own pockets – and one in five caregivers experience significant financial strain because of caregiving, according to a recent AARP report. One way to help your family members is to protect yourself from the enormous expense of long-term care. The average cost for a private room in a nursing home is now over \$100,000 a year, according to the insurance company Genworth. Medicare won't pay much, if any, of these costs, so you may want to consult with a financial advisor, who can suggest possible ways of addressing long-term care expenses. Even if you don't require a long stay in a nursing home, you still might need some assistance in the future, especially if your health or mental capacities decline. So, start talking to your loved ones about their possible roles if you should ever need caregiving. You may want to create a caregiving arrangement that specifies payment for caregiving services and outlines the expenses to be reimbursed if paid out of pocket by a caregiver. Also, you may want to create the appropriate legal documents, such as a durable power of attorney for health care, which enables someone to make medical decisions on your behalf should you become incapacitated, and a durable power of attorney for finances, which allows you to name someone to make your financial decisions if you become unable to do so yourself. A legal professional can help you make these arrangements and incorporate them into your overall estate plan. A financial advisor can suggest ways of preparing for the costs involved with caregiving and can direct you to relevant resources, such as social services provided by your city or county. Clearly, there's much you can do to help shield your family from the financial strain of caregiving. But you are not alone: By drawing on other resources and outside help, you can ease the burden on your loved ones. And everyone will feel more secure when you have your arrangements in place.

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# The perfect time of year

“The wind is rising, and the air is wild with leaves. We have had our summer evenings; now for October eves!”

Poet Humbert Wolfe wrote those words about fall, and the first day of fall is here. Sept. 22 marked the first day it is socially acceptable to drink pumpkin and apple flavored coffee, doughnuts, bread and burn fall scented candles. Starbucks and Dunkin’s have already unleashed the beast roughly two weeks ago.

Pumpkin enthusiasts beware, however; on the flip side, there are several people who think it is too soon. A survey that posed the question, ‘When is it ok to start drinking and eating pumpkin?’ produced the following responses--‘Right now!’ ‘First day of fall,’ ‘I always strive for after Labor Day but often start on July 12,’ ‘I’m waiting until Sept. 1,’ and ‘After zucchini season.’

It is true, there are more people in New England who are holding on to every last bit of summer than those looking forward to fall. To those people, we get it. Some people refuse to swap their flip flops for boots until the first snow fall.

The end of the summer season really isn’t so bad. With fall comes hearty crock pot recipes, crisp evenings, sweaters, boots, homecoming and Halloween. The closer to Halloween we get, the closer to snow, which means the ski resorts will soon be open for businesses. Winter hiking is epic as well. What could be better?

Perhaps the best part about fall, however, is the foliage. The leaves are already changing and soon New England will be swarming with tourists, cameras in tow. Peak foliage in New England will hit during the last week of September through the first week of October.

The 2022 Old Farmer’s Almanac comes with a winter warning: Prepare for a “Season of Shivers.” This winter will be punctuated by positively bone-chilling, below-average temperatures across most of the United States.

Within the next four weeks temperatures will drop drastically, with some hot days still sprinkled in for balance. The good news is, there is still plenty of time to sneak in a few more summer hikes, a kayak on the lake, a few more barbecues or a day reading out on the hammock.

So whether you’re still sipping pina coladas or drinking a pumpkin spiced latte while dreaming of jack-o-lanterns and the smell of wood stoves, this is the perfect time of year for you.

## Preparing Mother’s Room

June Huot, St. Vincent De Paul Thrift Store Manager, and Sue Page, Children’s Foundation Coordinator, look over the donated items for the new “Mothers Room” to be set up at a local school in the Lakes Region. They worked closely with a school nurse to organize this wonderful project.



COURTESY

### North Country Notebook

## It’s easy — you just go over, under, around, and through



By JOHN HARRIGAN  
COLUMNIST

We used to kid Rudy mercilessly when he sketched out a plan for the next day’s hunt. Reader, please bear in mind that this was back in The Day, when we served meals to two sittings of hunters at the Main Camp’s big table, and nearly everyone went home with a Christmas tree and a deer.



BETH LECONTE — COURTESY

This photo is here for no reason other than that I like to indulge in a good dog picture now and then. Not that Bailey is always a good dog, it’s just that he often is in a good dog picture, as in here, trying to out-snout a chew-toy.

The “you” Rudy referred to was me. As his helper on the hunt, my job was to follow any fresh track we cut, while he went out to one side. The other main part of my job was dragging deer.

This was on weekends and school vacations before and during my teenaged years, when I was part of the Shatney family at hunting and fishing camps at Clarksville Pond, and I can still remember every sketch and every hunt, and every deer I dragged out, from Deadwater over the hump into Labrador Brook and beyond.

Many of the sports were World War II vets. Some had served all through the European Theater and had been in battle with Rudy, hold-say of the Silver Star. As his wife Joan once told me she would too, they’d have followed Rudy to the Moon.

In later years, I had more than one occasion for drawing a little map. “You start here,” I’d say to the boys, and later, to the girls. “And then--”

and I had to stop myself from saying, vaguely, while drawing squiggles, “over, and then under, and around, and through.”

+++++

I always marvel at how well, most of the time, these escapades turn out, after making some vague sketch of a plan at the last minute the night before.

So on Saturday, these two guys came all the way up from Lisbon and went right past the turn to my road, and on up over the height of land to another road, and after quite a little spell took a hard right onto still another road, and onward to an unmarked and unremarkable log-landing, which is near where, oh, maybe Birchbark Brook and the East Branch of Stillwater almost meet, and shouldered packs and lugged a weed-whacker and a chainsaw, and did trail work all the way in, and opened up camp and cleared out dead mice and dust (mice come in when we’re there, cooking and consuming, and

then after we’re gone they die from lack of food and water because we leave neither crumb nor drop) and fetched wood and water, and got bunks down from the walls for the night, and had cocktail hour (or two, or three) (hours, not necessarily cocktails, although you never know, and who’s counting anyway?) on the porch and actually relaxed and enjoyed the place, and then rustled up supper, mice no doubt watching from the rafters, and then in the morning swept and neatened the place up and broke camp, and then worked on the trail all the way out, and then called me pretty damned close to the pre-arranged time, and met me for lunch at the Bear.

Given the happenstances of such trips, God smiles when you’re even close to the plan.

(Please address mail, with phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

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**PRESIDENT & PUBLISHER**  
FRANK G. CHILINSKI  
(603) 677-9083  
frank@salmonpress.news

**BUSINESS MANAGER**  
RYAN CORNEAU  
(603) 677-9082  
ryan@salmonpress.news

**OPERATIONS DIRECTOR**  
JIM DiNICOLA  
(508) 764-4325

**DISTRIBUTION MANAGER**  
JIM HINCKLEY  
(603) 279-4516

**MANAGING EDITOR**  
BRENDAN BERUBE  
(603) 677-9081  
brendan@salmonpress.news

**PRODUCTION MANAGER**  
JULIE CLARKE  
(603) 677-9092  
julie@salmonpress.news

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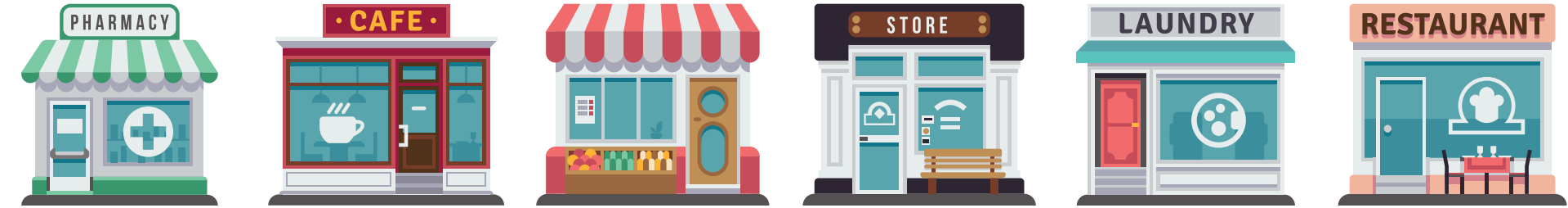
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# ~ Comfort Keepers ~

## Alcohol consumption in seniors: A delicate balance

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

Ten to 15 percent of people don't start to drink heavily until they are older in age. Many of us enjoy having a cocktail with friends or drinking a glass of wine with dinner. For seniors, with a doctor's approval, this doesn't have to change. However, it's important to be aware of the ways that alcohol can physically affect older adults, and how the signs of alcohol abuse look different for seniors that suffer from the negative effects. As we age: How we process alcohol changes -Slower metabolism can cause

alcohol to stay in the body for longer periods of time. Also, having less muscle mass means alcohol stays in the blood for a longer period, prolonging the effects. Being intoxicated feels different – Seniors have a lower tolerance to the effects of alcohol. Intoxication typically happens more swiftly and lasts longer than in someone younger. Older adults are more likely to have other conditions made worse with alcohol consumption –Health conditions more common in seniors can be made worse with alcohol use. Seniors are also more likely to be using medications that should not be mixed with alcohol.

Some seniors may discuss their personal situation with their physician, and find they are able to consume alcohol without any health issues. However, those that may have a problem with alcohol can exhibit the following signs and symptoms: Feeling ill-tempered when not drinking Sleep difficulties Sustaining injuries while intoxicated Drinking to fight depression or anxiety Loss of appetite Developing social or financial problems related to drinking Lying about drinking habits Poor hygiene Drinking against the advice of their physician

or healthcare provider There are many programs in place that can help seniors that are abusing alcohol, and research shows that programs are more effective when they are targeted to people in this age group. If you think someone may have a drinking problem, encourage them to reach out for help. Comfort Keepers® can help It's hard to stay connected to loved ones that live far away, and the trusted care team at Comfort Keepers can help. Our caregivers can provide companionship and wellness support, remind clients to take

medication, provide transportation to scheduled appointments, and support physician-prescribed exercise regimens and diets. As part of an individualized care plan, caregivers can let a senior's care team know if there are changes in behavior or physical characteristics. Our goal is to see that clients have the means to find the joy and happiness in each day, regardless of age or acuity. To learn more about our in-home care services, contact your local Comfort Keepers location today. About Comfort Keepers Comfort Keepers is a

leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 603-536-6060 or visit our Web site at [nhcomfortkeepers.com](http://nhcomfortkeepers.com) for more information.

## Ramblin' Vewe Farm hosting Farm Day festival Saturday

This coming Saturday, on Sept. 25, Ramblin' Vewe Farm Day will be open for its Fall Farm Day festival from 10 a.m. – 3 p.m., and you are invited to come and spend the day! Located at 637 Morrill St. in Gilford, the farm has been a working farm for many years, with the past 35 years serving as a sheep farm. The farm specializes in Targhee and Suffolk sheep as well as making hay and selling strawberries in season. There is a popular trail system on the property, but during this year's Farm Day there will be a variety of fun events and opportunities for learning for everyone. Starting at 10 a.m., the farm will be offering hayrides, fiber arts

demonstrations and opportunities to try spinning and needle felting, as well as scavenger hunts, games, and meeting some farm animals. There is the possibility that we may have newborn lamb. There will be a sheep shearing demonstration given by farm manager Jeff Keyser at approximately 11 a.m. Following that, you can visit Shepherd's Hut Market and see the way the wool is taken and processed using a variety of combs. Needle felting will be demonstrated in the Hut, and you will have the opportunity to try it yourself. Spinning will be going on all day in the barn and you are welcomed to bring your spindles or wheels and join the fun. There will

be an opportunity to try spinning yourself as well. While there is no admission for the event, there will be a cost of \$5 per pumpkin that includes a hay ride to get it from the field. At 2 p.m., there will be a pie auction. Shepherd's Hut Market will be open as well, selling all types of needle felting equipment and wool as well as vegetables and other goods from the store. Please pack up the children and come see the farm on Saturday from 10am-3pm. If you have any questions about the event, please call the farm at 603-524-2217. Information about the fiber arts is available from Joyce Keyser at 603-393-4696.

## NASCAR Cup Series returns to Loudon July 17, 2022

LOUDON — The 2022 NASCAR Cup Series (NCS) schedule includes a July 17 visit to New Hampshire Motor Speedway (NHMS). The 301-lap NCS race will be the 51st running for NASCAR's premier series at "The Magic Mile." "When Aric Almirola clinched a playoff berth by taking home Loudon the Lobster this past summer, it was one of the most exciting races we've ever had at 'The Magic Mile,'" said David McGrath, executive vice president and general

manager of New Hampshire Motor Speedway. "Race fans have come to expect close finishes, lots of lead changes and beautiful weather when the NASCAR Cup Series makes its annual visit to New England. We're already hard at work on improving the fan experience to do it again even bigger and better on July 17, 2022." The Cup Series has raced at "The Magic Mile" since 1993. The 2022 event will be the only visit by America's most popular form

of motorsport to the six-state New England region. Details regarding additional races, full weekend schedule and broadcast information for NASCAR's 2022 event at NHMS will be released at a later date. Tickets and camping are on sale now at [NHMS.com](http://NHMS.com). Adult tickets start at just \$49 and tickets for kids 12 and under are just \$10. Further details can be found on the New Hampshire Motor Speedway website or by calling 833-4LOUDON.

## Gilford Parks and Recreation News

BY HERB GREENE

Director Gilford Parks and Recreation

Adult Fall Hiking Program continues on Tuesday mornings The Gilford Parks and Recreation Department is sponsoring some fall hikes for any adults looking for a fun, socially distanced safe activity on Tuesdays this fall. These hikes continue on Sept. 21 at Weeks Woods in Gilford and Sept. 28 at Ramblin' Vewe Farm in Gilford. Participants will gather each morning at 9:15 a.m. in the Gilford Town Hall Lobby before departing for the hike. Participants are encouraged to bring a mask to wear during check in and for any times when stopped on the trail where we cannot practice social distancing. All interested participants must RSVP at least one day in advance to each trip. For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

## Local students named to Dean's List at MCPHS University

BOSTON, Mass. — MCPHS University is pleased to announce the students who have been named to the Dean's List for the Spring 2021 semester: \* Emily Conaton is a native of Gilford, and is pursuing a Bachelor of Science in Nursing degree. Emily will graduate from the Manchester, New Hampshire campus in 2022. The Dean's List recognizes those students with a full-time course load who have achieved outstanding scholarship

with a 3.5 GPA or higher for the academic term. The mission of MCPHS University is to prepare graduates to advance health and serve communities worldwide through excellence, innovation, and collaboration in teaching, practice, scholarship, and research. Founded in 1823, MCPHS University is the oldest institution of higher education in the City of Boston. In addition to the original Boston campus, the University has campuses in Worcester, Massachusetts, and Manchester,

New Hampshire, as well as robust online learning options. The University currently offers more than 100 unique baccalaureate, masters, and doctoral degree programs and certificates covering a variety of health-related fields and professions.



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# Fast start propels Golden Eagles past Knights



JOSHUA SPAULDING

Gilford-Belmont's Michael Macaione looks to wrap up Kingswood's Riley Saxby in action Friday night.

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — The Gilford-Belmont football team kept the early-season roll going, scoring 34 points in the first quarter on the way to a 41-6 win over Kingswood on Friday, Sept. 17.

“We’re happy with the way we’ve started right now,” said Gilford-Belmont coach Josh Marzahl. “But it’s a long season and we haven’t accomplished anything in terms of the long term.”

“We’re a young team learning about ourselves and developing character along the way,” said Kingswood coach Paul Landry. “They’re working their tails off, learning the game and developing their skills.”

The Golden Eagles didn’t waste much time getting on the board, scoring on the second play of the game, when quarterback Isaiah Reese hit Riley Marsh with a screen pass and Marsh did the rest, running 68 yards to the end zone for the touchdown. The extra point made it 7-0 just 53 seconds into the game.

Kingswood went for it on fourth and two on the next drive, but Andrew Keniston’s run came up short, giving Gilford the ball back at the 26. Three plays later, they were in the end zone. Reese ran 25 yards to the one-yard line and from there, Michael Kitto carried in. The Knights stopped the two-point conversion and G-B had the 13-0 lead with 8:49 to go in the first.

The Knights went

three and out on the next drive and Gilford needed just three plays to go 52 yards to the end zone. Reese connected with Logan Grant for a 32-yard touchdown pass with 5:28 to go.

The Golden Eagles then recovered the ensuing kickoff and one play later, Marsh caught a 29-yard pass in the end zone for the 27-0 lead just seven seconds after the previous score.

A sack from Michael Macaione and Blake Reid stopped the Knights and forced another punt and four plays later, after a pair of Austin Norman-din runs of 13 yards and 40 yards got the Golden Eagles inside the 10 and from there, Luke Loyer ran nine yards into the end zone with 1:52 to go for the 34-0 lead.

Kitto then stepped in front of a Kingswood pass on the next drive and Loyer closed out the first quarter with a run and started the second quarter with three consecutive runs, eventually scoring from four yards out for the 41-0 lead.

Neither team scored the rest of the first half, with Kingswood stopping one G-B drive on a sack by Robbie Hotchkiss and another on a fumble recovery by Keniston.

The lone touchdown of the second half came on the first drive of the half. Riley Saxby, Aiden Brierley, Keniston, Anthony Domko and Matt Perkins ran the ball down the field and Perkins eventually took the ball in with 2:52 to go for the lone touchdown of

the second half. Domko also had a late fumble recovery for the Knights, while Tyler Davignon and Derek Kelly carried the ball well for the Golden Eagles.

“We talked about urgency on both sides of the ball,” said Marzahl. “The first two games we did enough to win, but



Isaiah Reese races down the field in action against Kingswood on Friday night.

we didn’t show urgency to come out at the start.

“There was a little more urgency today,” the Gilford-Belmont coach continued. “We’re proud of the way they played and we got a lot of kids reps and playing time.”

The Golden Eagle coach also noted that Lebanon next week will

provide a big challenge for the squad.

“We know we’re in for a battle next week,” Marzahl said. “But every week is a battle in Division II.”

“Kudos to these guys for sticking with it,” Landry said. “These kids here are not quitters.”

Gilford-Belmont will be hosting Lebanon on

Saturday, Sept. 25, at 2 p.m.

Kingswood will be at Sanborn on Saturday, Sept. 25, at 2:30 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.*

## Skoog leads Gilford golfers at Canterbury Woods



JOSHUA SPAULDING

Brett Skoog tees off for Gilford in a match at Canterbury Woods last week.

BY JOSHUA SPAULDING  
Sports Editor

CANTERBURY — The Gilford golf team traveled to Canterbury on Monday, Sept. 13, for a match hosted by Belmont. Con-Val came through with the overall win, with Gilford finishing in second place, just two points behind.

Brett Skoog was the top finisher for Gilford, taking second place honors on the day out of the top spot in the Gilford

lineup, finishing with 14 points.

Daniel Kitto was the second scorer, finishing with 10 points while Chris Port finished with seven points to finish as the third scorer from the third spot in the lineup.

William Wallace rounded out the Gilford scorers, finishing with six points from the second spot in the lineup.

Brock Bowe finished with two points, while Teddy Brown and Kyle



William Wallace putts in a match last week at Canterbury Woods.

Gandini rounded out the field of Gilford golfers.

Coach Tom Carr noted that all the players on this year’s team are new to the team, but he is seeing improvement as they move along.

“This group loves to play,” Carr said. “After practice, they play, on weekends, they play, they go with their parents and play.”

“This group is going to be good,” the Gilford

coach noted.

Gilford is slated to be at a match hosted by Sanborn on Monday, Sept. 27, and will be at a match hosted by Bow on Thursday, Sept. 30.

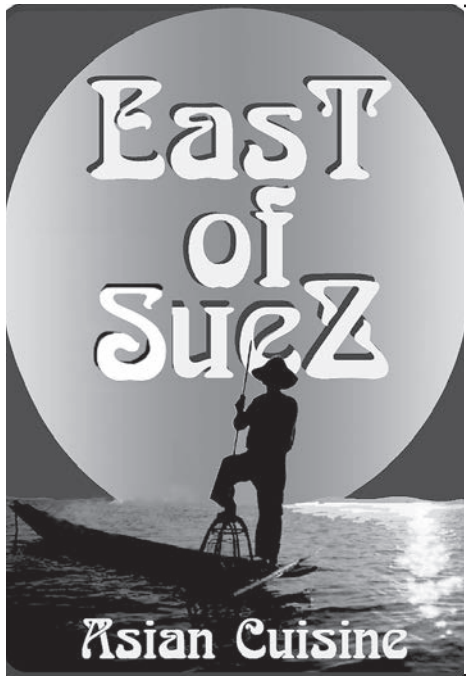
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## HIGH SCHOOL SLATE

**Thursday, Sept. 23**  
WINNISQUAM  
Volleyball vs. Somersworth; 6:15  
**Friday, Sept. 24**  
BELMONT  
Cross Country at Robbie Mills; 4  
WINNISQUAM  
Cross Country at Robbie Mills; 4  
Football at Laconia; 7  
**Saturday, Sept. 25**  
BELMONT  
Boys' Soccer at Gilford; 11  
Girls' Soccer at Gilford; 1  
GILFORD  
Boys' Soccer vs. Belmont; 11  
Cross Country at Manchester; TBD  
Field Hockey vs. Newport; 11  
Girls' Soccer vs. Belmont; 1  
Volleyball vs. Milford; 4:30  
GILFORD-BELMONT

Football vs. Lebanon; 2  
WINNISQUAM  
Boys' Soccer at Laconia; 1  
Field Hockey at Laconia; 4  
Volleyball at Campbell; 5:45  
**Monday, Sept. 27**  
BELMONT  
Golf Home Match; 4  
Volleyball vs. Moultonborough; 6:15  
GILFORD  
Golf at Sanborn; 4  
WINNISQUAM  
Unified Soccer at Keene; 4:30  
**Tuesday, Sept. 28**  
BELMONT  
Boys' Soccer at Laconia; 4  
Girls' Soccer vs. Laconia; 4  
GILFORD  
Boys' Soccer vs. Winnisquam; 4  
Field Hockey at Newfound; 4

Volleyball vs. Plymouth; 6  
WINNISQUAM  
Boys' Soccer at Gilford; 4  
Cross Country at Mascoma; 4  
Field Hockey at Mascoma; 4  
Volleyball at Oyster River; 5:45  
**Wednesday, Sept. 29**  
BELMONT  
Volleyball at Portsmouth Christian; 6:15  
GILFORD  
Girls' Soccer at Hopkinton; 4  
**Thursday, Sept. 30**  
BELMONT  
Golf at Plymouth; 4  
GILFORD  
Golf at Bow; 4

*All schedules are subject to change.*



# Gannon pitches shutout as Gilford soccer girls beat Belmont



JOSHUA SPAULDING

**Gilford keeper Hannah Gannon charges out to knock down the ball in front of teammate Ashley Kulcsar and Belmont's Emma Winslow in action Saturday.**

BY JOSHUA SPAULDING

Sports Editor

BELMONT — The Gilford girls' soccer team played spoiler to the Belmont Homecoming on Saturday morning, scoring one goal in each half on the way to a 2-0 win.

"They played well, but I don't think we took our chances as well as we could have," said Gilford coach Rob Meyers. "We controlled play, but we just didn't push it in the box as hard as we have in other games."

"We didn't spend enough time on their side of the midfield and forward," said Belmont coach Jeff Malcolm. "We relied a lot on our defense."

Gilford got early chances from Reece Sadler, Molly McLean and Alyssa Craigie, while the Belmont defense held strong, led by Jada Edgren and Helena Papadopoulos. At the other end, Emma Winslow just missed connecting with Lena Rodrigues.

Millie Caldon had a good run in that Belmont keeper Brooke

Matthews was able to snare, while McLean and Anna Coapland also had chances stopped by Matthews. McLean and Sadler had chances go wide of the net and Geena Cookinham sent a ball through the crease.

Gilford got on the board with 27:53 to go in the first half, with Cookinham slipping a shot past Matthews for the 1-0 lead. Brooklyn Erlick came back with a good defensive play for the Raiders and Courtney Burke cleared a pass from Marlow Mikulis out of the zone.

Belmont got a nice move into the zone from Darci Stone and Quinn Jewell while Gilford's Jaiden McKenna had a nice defensive stop on Kailey Gerbig. Gerbig sent a nice ball up to Winslow and Ashley Kulcsar made a good defensive stop. Sadler sent a shot on net that was stopped by Matthews and Allie Kenyon had a direct kick that Matthews stopped.

Gerbig, Stone and Winslow went in for chances for the Raiders that Gilford keeper Han-

nah Gannon was able to stop and McLean had a bid at the other end that Matthews stopped. Addy Harris had a couple of solid runs into the zone for Gilford and Edgren, Jewell and Sierra Bourque made the defensive stops. Gilford had a late corner, with Kenyon sending the ball wide and the game went to halftime with the Golden Eagles up 1-0.

Gilford came out early in the second half with chances from Coapland, McLean, Cookinham and Kenyon all getting chances, but Matthews stood strong in the Belmont net and Edgren and Bourque helped out with solid defense.

Less than five minutes into the second half, Gilford got its second goal of the game, with Kenyon ripping a shot on net that Matthews was able to get to. However, the ball dropped down into the net to give the Golden Eagles a 2-0 lead.

Gannon made a nice grab at the other end on a bid from Gerbig and McLean had a bid at the other end that went



Belmont's Kaitlyn Gerbig and Gilford's Jaiden McKenna battle for position in action on Saturday.

wide. Kenyon fired a shot off the post and then sent another shot over the net on a Gilford corner. Winslow just missed connecting with Gerbig on a bid for Belmont and Gilford got a good defensive play from Gracey LeBlanc on another Winslow run and a good defensive play from Craigie on a Stone run into the zone.

Stone had a pair of direct kicks that missed the mark, while Bourque sent a shot wide of the net as well. Gilford had a corner kick that didn't connect and Belmont had perhaps its best chance a few moments later. Gerbig sent the ball into the Winslow and Gannon came charging out to get the ball. Rodrigues got to the rebound for a bid, but LeBlanc was able to clear the ball away from the mouth of the goal.

Kenyon had a shot stopped by Matthews, Kulcsar sent a ball wide on a corner kick and LeBlanc made a run in for Gilford while at the other end, Gerbig just missed connecting with Rodrigues and had another shot stopped by Gannon.

Cookinham had a penalty kick chance in the final six minutes, but she sent the ball wide of the

net. Alainnah Penney had a run in for Gilford but Edgren and Thalia Watson stood strong on defense in the final few minutes to close out the 2-0 final.

"We were calm, we controlled the ball," said Meyers. "We talked about how they would come out strong and play hard."

"The girls were excited to play after we had a week off," the Gilford coach added.

"Brooke (Matthews) has been playing on her head for us this season," Malcolm said. "Everything clicked (today), we just had a couple of unfortunate bounces. I was pleased with the effort."

The two teams will be meeting up again on Saturday, Sept. 25, at 1 p.m. in Gilford. Gilford will be hosting Mascoma on Monday, Sept. 27, at 4 p.m. and will visit Hopkinton on Wednesday, Sept. 29, at 4 p.m. Bel-

mont will also be hosting Laconia on Tuesday, Sept. 28, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

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## Gilford runners take top spots in Belmont

BY JOSHUA SPAULDING

Sports Editor

BELMONT — Members of the Gilford cross country team took the top spots in a meet hosted by Belmont on Tuesday, Sept. 14.

Catherine Stow won the girls' race in a time of 21:24 to lead the Gilford girls to the overall win while Patrick Gandini won the boys' race in a time of 16:53 to lead the Golden Eagle boys to the second place finish overall.

Georgia Ekhardt was the second Gilford runner, finishing in fifth place in a time of 24:03

and Sydney Eastman finished in 24:33 for sixth place overall.

Vanessa Genakos crossed in a time of 25:06 for eighth place and Kaitlyn O'Brien rounded out the scoring with a time of 29:02 for 21st place overall.

In the boys' race, Gilford was second only to Mascenic.

Mitchell Townsend was the second Golden Eagle across, finishing in 19:18 for fifth place, one spot ahead of Alden Townsend, who put up a time of 19:25.

Dane DeHart was the fourth scorer in a time of

23:18 for 17th place and Dylan Wright finished out the scoring with a time of 24:41 for 19th place.

Joseph Schelb finished in 24th place in a time of 26:58 and Benjamin Smith was 30th in 30:52.

The Golden Eagles are slated to compete in the Manchester Invitational on Saturday, Sept. 25, at Derryfield Park.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).



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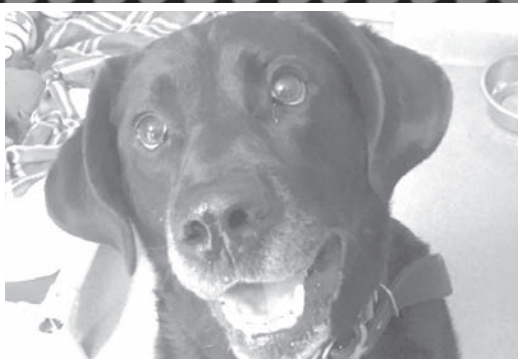
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# Field hockey Golden Eagles knock off champs

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — It was a week of improvement for the Gilford field hockey team, as the Golden Eagles picked up a couple of solid wins.

The week started with a trip to Jaffrey to take on Conant on Monday and Gilford came home with an 8-1 win.

Aly Pichette had three goals and Shea Brown added a pair of goals, while Emily Watson scored her first goal

of the season and Lexi Shute and Maddie Wernig each added a goal. Olivia Keenan was the helper of the day, finishing with five assists on the night.

Coach Dave Rogacki noted that Avery Totten and Ellie Nicolas played good defense and supported the transition game for the Golden Eagles.

Brown scored on a corner pass from Lauren Nash-Boucher with nine minutes left in the game

to break a 1-1 tie to help the Eagles knock off defending champion Bishop Brady by a 2-1 score.

Wernig made a nice feed to Pichette four minutes into the first quarter to get Gilford on the board first but Brady scored with nine minutes to go in the first half, sending the game to halftime tied at one.

“The third quarter saw a back and forth game as the Eagles had to try and slow down Brady’s fast, aggressive

attack,” Rogacki said.

Goalies Lilly Winward and Caroline Guest had a good learning game and Alexandra Fay was solid off the bench.

Gilford is hosting Newport on Saturday, Sept. 25, at 11 a.m. and will visit Newfound on Tuesday, Sept. 28, at 4 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*

# LRPA’s Silent September Festival continues with Hitchcock’s “The Lodger”

LACONIA—Actions speak louder than words during the month of September on LRPA After Dark! Celebrate Hollywood’s great silent film era each Friday and Saturday night at 10 p.m. for our fourth annual **Silent September Film Festival**. Almost every genre of film – action, comedy, romance, western, horror, sci-fi – can be traced back to the silent era that began more than 125 years ago and ran until the introduction of “talkies” in the late 1920s. Many technical and artistic elements that modern moviegoers take for granted, such as scene continuity, close-up shots, enhanced lighting and feature-length films, were developed during this important time in the history of cinema. We close our month-long silent cinema celebration his weekend (Sept. 24 & 25) with a silent masterpiece from 1927: **“The Lodger: A Story of the London Fog,”** starring Ivor Novello and June Tripp, and directed by none other than Alfred Hitchcock.

As **“The Lodger”** opens, London is in a panic over “The Avenger,” a Jack the Ripper-style serial killer preying on young, blonde women. We then meet Daisy Bunting (Tripp), a blonde fashion model who is dating a policeman named Joe. Daisy’s parents run a boarding house in London’s West End. They have been reading about the murders in the paper and are as frightened as everyone else in the city. At the same time, a handsome but mysterious man named Jonathan Drew (Novello) arrives at the boarding house, looking to rent a room. Daisy is immediately attracted to the new lodger, as is he to her. But Drew’s behavior strikes Mrs. Bunting as somewhat odd: he is reclusive, secretive, averse to anyone being in his room, and appears to leave the boarding house mostly at night. Daisy and Drew become closer, and Joe, who has just been assigned to The Avenger case, grows angry and resentful. Mrs. Bunting, meanwhile, becomes suspicious of Drew’s late-night excursions. When she attempts to search his belongings, she finds a locked cabinet. The next day, another blonde victim is found dead – this time, in the same neighborhood as the boarding house. Mrs. Bunting convinces her husband that Drew is The Avenger. They try in vain to get Daisy to stop seeing Drew. Joe, in his jealousy over losing Daisy, has reached the same conclusion. He turns the attention of the police to capture Drew. Are Daisy’s family and loved ones right? Has she made a tragic mistake?

**“The Lodger”** was Alfred Hitchcock’s third feature-length film and is referred to by critics as the “first real Hitchcock movie.” In fact, Hitch himself told director François Truffaut that he considered **“The Lodger”** to be “his first true suspense film.” So many traits of the director’s later films can be found here, including innovative, striking visuals (filming a scene through a glass ceiling), exciting montage cuts, and a foreboding atmospheric treatment of London at night. Hitchcock’s leading man, Ivor Novello, was already well known in Britain as a successful playwright and composer (he wrote the noted WWI ballad “Keep the Home Fires Burning”). The film was an enormous hit in Britain, so much so that it was remade three more times. Grab your popcorn and join LRPA after dark for this gripping silent thriller from the past.

Sept. 24 & 25: “The Lodger: A Story of the London Fog” (1927)

**Coming in October: LRPA’s Fifth Annual “Shocktober” Filmfest!**

Oct. 1 & 2:	“Carnival of Souls” (1962)
Oct. 8 & 9:	“Indestructible Man” (1956)
Oct. 15 & 16:	“Planet of the Vampires” (1965)
Oct. 22 & 23:	“Shock” (1946)
Oct. 29 & 30:	“Horror Express” (1972)

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**About Lakes Region Public Access Television (LRPA)**

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that fosters free speech and the open exchange of ideas, encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

# Sanderson helps PSU volleyball to victory

NORTHFIELD, Vt. — Freshman Lilli Stogner (Weare) smashed 12 kills and hit an even .500 and Plymouth State University remained unbeaten after knocking off Norwich University, 3-0 (25-19, 25-21, 25-16), in non-conference women’s volleyball action at Andrews Hall on Wednesday night.

Stogner helped power a PSU offense that started slowly before hitting better than .300 in both sets two and three. The Panthers averaged nearly 15 kills/set in the sweep, including 17 in

the final stanza.

The hosts held an 8-6 advantage in the opening set before Plymouth State used an 8-0 run to take control. Stogner had a pair of kills in the surge. The Panthers extended the lead to 21-13 and later a Norwich error wrapped up the 25-19 victory.

The Cadets got out to a 6-2 lead early in set two but with the score knotted at 10-10, junior Emilee Flanagan (Milton) and freshman Lindsey Sanderson (Gilford) each notched kills before combining on a block as

part of an 8-1 spurt. Norwich attempted a late rally, but Stogner’s two kills gave PSU the 25-21 win.

Plymouth State led throughout the third set, though Norwich kept things close for much of the set. Senior Maria Wimpey’s (Concord) kill and a Cadets’ error made it 17-11, but the hosts rallied to pull to within 20-16. Stogner’s final kill of the night led to five straight points, though, and Wimpey closed out the match with a winner.

Stogner led the PSU attack with her 12 kills,

with Flanagan adding nine to go with three blocks. Sophomore Nora Ryan (Groton, Conn.) continued her hot stretch with eight kills and just one error, while Sanderson added six kills and three blocks.

Senior Alexa Price (Moultonborough) racked up 34 assists and is averaging 10.28 assists per set for the year. She added a pair of aces to go with eight digs. Junior Marissa Plaza (Folsom, Calif.) paced the defense with 13 digs. The Panthers are 9-0 all-time against the Cadets.

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# Reach the Beach runners return to the Lakes Region



Runners start the next leg of their journey at Prescott Park as part of the Reach the Beach relay.



PHOTOS BY ERIN PLUMMER



Lights dotted dark sidewalks and roadways from runners during the Resch the Beach relay.



BY ERIN PLUMMER  
Inter-Lakes High School students served a late night breakfast to runners and support crews at the Reach the Beach stop at Prescott Park.

mnews@salmonpress.news

MEREDITH – It’s not unusual for the Lakes Region to be a passing point for area visitors, but last Friday night, those visitors were coming by foot all the way from Bretton Woods en route to Hampton Beach. The annual Ragnar Reach the Beach relay was back after a year hiatus with thousands of runners taking to the roads and making several stops through the Lakes Region along the way.

Reach the Beach is one of several different races and relay events organized by Ragnar. In the Reach the Beach relay teams of six to 12 people took different legs of the nearly 200-mile relay. Last year the race was canceled because of the pandemic, but this year the live event was back with precautions. The relay started at Bretton Woods Ski Area on Friday morning and ended at Hampton Beach on Saturday

morning. Overnight teams passed through the Lakes Region with stops and exchange points at Sandwich Central School, the Center Harbor Congregational Church, Prescott Park in Meredith, Lewis and Saunders in Laconia, Gilford Middle and High Schools, Consolidated Communications in Belmont, and Belmont High School. At Prescott Park in Meredith, runners coming from Center Harbor ended their run and handed off to another teammate. Runners and members of their support teams took a moment to rest while the Inter-Lakes High School Class of 2023 served breakfast. Run. Rest. Repeat Rise of the Phoenix celebrated its 20th year in the relay. Dave Rowell, who has been with the relay since 2001, said he said it has been fun bringing new people into the event. After a year off, he said he was happy to be

back. “It feels good,” Rowell said. “Just being out and living life again. Just need to get out, get healthy, stay active. I think this is the biggest thing a lot of people need to do right now.” Teammate Sandra Laflamme has been doing the relay for 10 years. “It brings you back to being on a team like you were in college,” Laflamme said. Rowell said this is a great teambuilding experience. “It’s like summer camp for us in two days,” said teammate Becky Wipfler. Shane Ridge of Guilford, Conn., ran Reach the Beach for the first time with Run. Rest. Repeat after being brought in by John Moyher from North Haven, Conn., and filled an open position on the team. Ridge did the leg from Center Harbor to Meredith and said the run was fun, though

it was a little hilly for someone who lives at sea level. Her said a lot of people were along the route cheering them on. “Locals rock,” he said. Sarah Winn of Chesterfield started her leg in Center Harbor and ran to Meredith before passing off to another member of her team, Beachy Keene. She said while the last two hills were hard, it was still fun running with friends. People were out in support, especially one group in Center Harbor. “Right at the top of the first two hills, there was a little party at the top of the hill for runners,” she said. “Good motivation.” Winn said her preparation for the race was just doing her usual run during the week. “It’s definitely an experience, glad I did it,” she said. Joyce McElroy and Nora Uriegas both trav-

eled to New Hampshire from Georgia to take part in their second Reach the Beach. They said they were expecting cooler air, but instead they said they seemed to bring the warm and humid air of the Georgia with them. “It makes it tougher on the runners, you just can’t shed enough clothes,” McElroy said. Their team Sweaty LunaChicks was an Ultra team with six runners averaging around 30 miles each. By the time they got to the Meredith stop, they were getting ready to take to the road for a coming leg of the race. After last year’s cancellation, both said it was great to be back to the race. McElroy said it was hard to have so many races get canceled or go virtual. “It’s good to be together,” Uriegas said.

## NH Humane Society engages MVER to deliver medical services



Dr. Ashley Dunn

LACONIA — In light of the recent departure of the medical director at the New Hampshire Humane Society, Meredith Place Veterinary Emergency (MVER) has been engaged to provide veterinary services to help ensure that N.H. Humane can fully attend to the animals that are currently under their care. This service is currently in place to ensure that all animals at N.H. Humane receive the attention they need and deserve. “At N.H. Humane we thank all current and past employees and volunteers for their selfless commitment to animal care, to our mission of finding responsible and caring forever homes, and providing shelter for lost, abandoned and unwanted animals,” said Charles Stanton, executive director of N.H. Humane. “We are grateful for the work everyone does here to fulfill this mission and always put the care of our animals at the forefront and believe the interim veterinary solution with

MVER is a great alignment. We will use this as an opportunity to review and refine our organizational structure.” The formal partnership with MVER in Meredith includes having Dr. Ashley Dunn serve as interim staff veterinarian. “N.H. Humane provides such an important role in our community for the welfare of homeless animals and it is a privilege to assist the organization in that mission as part of this new partnership with MVER,” Dr. Dunn said. “Since my career in animal welfare started with shelter medicine, I am excited to be part of this set of solutions for the organization.”

Additionally, N.H. Humane announced that Shayla Donnelly, a current employee, has been promoted to take on additional responsibilities in the daily operation and management of the organization. “Dr. Dunn, Shayla Donnelly, and MVER bring a wealth of animal welfare knowledge to the organization, and we couldn’t be more thrilled to add these compassionate and dedicated professionals to our expanding team,” Stanton said. “Having these resources in place will allow us to be very thoughtful about how we approach the search for a full-time

veterinarian while reviewing our overall organizational structure in line with future expansion plans that are in the works.” As part of that expansion, N.H. Humane recently announced that it is rolling out its new Humane Education program. This new effort will focus on teaching the importance of kindness to animals and each other through guided interaction with animals. It includes hiring a field investigator who will focus on abuse and neglect cases as well as dog fighting and puppy mill investigations. An announcement is also forthcoming on a newly hired Animal Pathway Manager to assist in expediting animals getting through our system and into loving homes.

About N.H. Humane Society Founded in 1900, N.H. Humane Society (N.H. Humane) is dedicated to finding loving homes and providing shelter for lost, abandoned, and unwanted animals. NHHS works tirelessly to prevent cruelty to animals, implements educational programs, and provides services to promote responsible pet ownership and the human-animal bond. Located in Laconia, N.H. Humane has the fourth highest adoption rate in New England.

## Laconia nonprofits celebrate “Our Town!”

LACONIA — Inspired by Powerhouse Theatre Collaborative’s November production of Thornton Wilder’s “Our Town,” several Laconia nonprofits have come together to create an interactive program of events for the community which celebrate Laconia. Called “Celebrate Our Town – Laconia,” Powerhouse and the Belknap Mill will team up with Celebrate Laconia, Laconia Historical and Museum Society, and the Laconia Library offering seven weeks of programs that explore the arts, culture, and history in Laconia. Says, Karen Prior, Executive Director of the Belknap Mill, “As we were thinking of the themes of Wilder’s masterpiece and how it celebrates a small New Hampshire community, we thought it would be nice to reach out to other local groups and brainstorm ways we could collaborate to expand the impact of each organization to share in the celebration of our small NH community.” Bookended by Powerhouse’s November 19-21 production at the Colonial and its Jan. 7-9 workshop at the Belknap Mill of a new musical which shares many of the same themes of “Our Town,” the “Celebrate Our Town” events will include the Mill hosting

art exhibits of Laconia inspired art from community members and Laconia students as well as three new works of art produced by its Artist-in-Residence Larry Frates with help from community members. The Mill will also host an exhibit on some of Laconia’s history put together by the Laconia Historical and Museum Society. The library will host a discussion about the play, as well as feature works of local writers. Celebrate Laconia will be working on an online component where people can share stories and more about life in Laconia. There is a Web page (<https://www.belknapmill.org/celebrate-our-town>) set up to share details on all the events as well as information as to how the community can participate by sharing their artwork and stories. Initial confirmed events are already populated on the page and more will be added over time so check back. The first thing people can do who want to participate in the art exhibit is to contact Larry Frates via the website to find out how to join the painting fun, or to contact Jaylene Bengtson who is curating the art work submitted by community members. Tickets are already on-

sale for the “Our Town” production via the Colonial Theatre’s website, and patrons can sign up to attend the free discussion at the library on December 1st. Seating is limited. Says Bryan Halperin, Powerhouse producer and director of “Our Town,” “There are 40 local individuals involved in the production of ‘Our Town,’ but we know there are many more people out there who want to help us celebrate Laconia and can contribute stories and art work, and more or who will want to view the online content, and attend the exhibits and discussions or theatre performances. This collaboration between community nonprofit organizations to celebrate our town is a way to show the city, donors and volunteers of the various organizations that the time, effort and funds committed to these groups produces benefits that the whole community can enjoy together.” As with any public events during this time, Covid could have an impact on the live events. People should check the website for updates on Covid safety precautions and for the possibility of some of the events becoming virtual.



# Attend Advantage Kids Gala to help children gain access to free tennis and yoga

LACONIA — Fund-raising for all the right reasons - assisting youth with physical and mental health and introducing them to sports that can stay with them for a lifetime. Advantage Kids, a New Hampshire-based nonprofit organization aimed at combining tennis and social-emotional learning to empower youth, is hosting an inaugural gala on Oct. 16 at the Lakeport Opera House in Laconia. The Advantage Kids Gala at the Opera House will be a celebration and an opportunity for those with a love of tennis or yoga to support efforts that encourage and engage youth across the state to participate in free tennis and yoga helping them develop in mind and body.

“Please join us for a fun and celebratory night out to connect and support free tennis and yoga for New Hampshire children with the chance to win court-side seats at next year’s U.S. Open,” said Brittany Boles, co-executive director of Advantage Kids. “Our goal is to raise \$50,000 at the Advantage Kids Gala

at the Opera House and we need your help.”

As New Hampshire’s only National Junior Tennis & Learning (NJTL) organization, a distinction granted from the U.S. Tennis Association, Advantage Kids combines physical fitness through tennis with social-emotional-learning from yoga to empower kids as young as five years old to give them advantages for a lifetime of success on and off the court. The NJTL model was founded 50 years ago by Arthur Ashe, an American professional tennis player known for winning three Grand Slam singles titles, and exists throughout the country, offering tennis and learning to thousands of children in different ways. Here in New Hampshire, Advantage Kids has 22 locations across the state.

According to the Women’s Sports Foundation, tennis is reported to have one of the highest rankings to youth and academic achievements and those children were less likely to use substances and were

more likely to go to college. Science shows the profound effect mindfulness and meditation practices have on kids’ abilities to self-regulate, focus, and connect. Advantage Kids combined these two activities last year during the height of the pandemic and it has proven to be a great match giving youth the advantage in tennis, in school, and in life from cradle to college to career.

“My children have participated in the Advantage Kids summer program for two years,” said Kim Bahre, mother of two children ages 11 and 13. “I can see the difference in them this year from the added benefit of yoga. This is a wonderful tool to help with uncertain times and with stress of the unknown. Teaching this knowledge is forever helpful.”

The nonprofit organization continues to grow the sport of tennis while enhancing the lives of underserved kids. Advantage Kids offers three programs at 22 locations across the state including Tennis plus



Yoga - teaching free summer beginner tennis and yoga, AK Match Play - organized, fun competitive play opportunities for children and Mindful Mentors – teens who build leadership skills while mentoring younger kids.

The Advantage Kids Gala at the Opera House, sponsored by the recently renovated Lakeport Opera House, will be an unforgettable night raising funds for a worthy and potentially life-changing children’s

cause. Food for the event will be provided by the Common Man with music from All Day Fire, a New England-based four-piece band with four-part harmonies playing all top rock and dance songs from the 1960’s to today. The evening will also include a silent auction with court-side tickets to the 2022 U.S Open, sea plane ride, a wine pull raffle and heartfelt presentations that will make a memorable evening. Media sponsor for the event is 104.9/The Hawk.

To date, Advantage Kids has raised \$800,000 since its inception in 2012 and has helped over 3,000 children who may not have had the opportunity to play tennis, to learn and love the sport and adopt some of those strategies learned on the court into their daily lives.

To purchase tickets for the Advantage Kids Gala at the Opera House or to donate to the cause, visit [www.AdvantageKids.net/events/gala](http://www.AdvantageKids.net/events/gala).

# Festival hopes to raise awareness of human trafficking

SANDWICH — Saturday, Sept. 18 from 10 a.m.-4 p.m., the Community Church of Sandwich is hosting a day of live music, entertainment, and a one-stop community yard sale with more than 30 vendors on the Sandwich Fairgrounds. Rory Black’s RB Food Truck from Plymouth will be on hand for lunch and there will be a snack and food booth. Children’s activities are being organized and there will be fun for the whole family.

There is no admission for this “Awareness Festival,” and there is

plenty of Free Parking. Please enter via Squam Lake Road. Proceeds after costs will be donated to The NH Task Force Against Human Trafficking (<https://www.nhhumantrafficking-taskforce.com/>).

Live entertainment and music will take place on the Sandwich Fairgrounds Stage throughout the day. The line-up is: Rick Clogston and Jonathan Sindorf (10-10:40 a.m.); Scott and Stephanie Goddard (10:50 to 11:20 a.m.); Deb Hoffman (11:30 a.m. -noon); John Davidson (12:10 to 12:30

p.m.); Matt Beem (12:40 to 1:20 p.m.); Peter Lawler (1:30-2:10 p.m.); Deb Kumpf (2:20-2:40 p.m.); and Dawn Longval (2:50 to 3:30 p.m.). Music will generally be folk and/or Christian in nature.

Did you know that every county in New Hampshire has been affected by human trafficking? An educational “awareness” feature of the festival is the United Nations GiftBox Campaign. The GIFT Box is a unique project launched by STOP THE TRAFFIK and the United Nations Global Initiative to Fight Human Trafficking (UN-

GIFT) at the London 2012 Olympics. GIFT Box successfully delivers large-scale awareness raising; introducing people to the issue of human trafficking and inspiring them to take further action. Learn more at: <https://thefreedomcafe.org/gift-box>.

The one-stop yard sale in the large Crafts Demonstration Building on the Sandwich Fairgrounds still has some room for a few more vendors. The cost for a 10-by-10-foot space is \$20. To check on space availability and to sign up, please call/text Paula at 978-660-3091.

The Prayer Shawl group will have

hand-knitted or crocheted shawls and information about this ministry. If you or someone you know could use some comfort and prayer, please feel free to take a shawl. Also at the table will be complimentary Bibles which were donated by the NH Bible Society.

The Christian Education Committee is coordinating the children’s activities such as face-painting, games, an obstacle course and more. Pretty much all church members are involved in one way or another. Volunteers from the community are most welcome. Enjoy this special day and may

you be blessed, renewed, re-energized, and ready to follow your heart, no matter where it leads!

If you have questions about the Community Church of Sandwich NH and/or would like to volunteer to help with the Awareness Festival, please call the church at 603-284-6151, email [sandwichchurch@gmail.com](mailto:sandwichchurch@gmail.com) or visit <https://www.facebook.com/sandwichfederatedchurch/> Sunday morning worship is at 10 a.m. in the Baptist Meetinghouse on Church Street in Center Sandwich. Rev. Deb Hoffman is the pastor. All are welcome.

## Free shredding days to be hosted by Bank of New Hampshire

LACONIA – Bank of New Hampshire will be hosting five free paper shredding days for the public across the state of New Hampshire this fall. The shred days will be located at their Bedford office on Saturday, Oct. 16 from 9 a.m. – noon; at their Concord Heights and Dover offices on Saturday, Oct. 23 from 9 a.m. – noon; and at their Conway office and Gilford Operations Center on Saturday, Oct. 30 from 9 a.m. – noon; or until the mobile shredding truck is filled.

These events are an opportunity for individuals to destroy old documents and confidential files safely and securely. All papers will be shredded on location in the mobile truck. Documents should be free of large binder clips however, staples and paper

clips may be left on documents. There is a limit of three boxes per person.

The event at the Gilford Operations Center, located at 10 Mutual Way, on Saturday, Oct. 30 will also be a drop-off site for auction items for the Greater Lakes Region Children’s Auction. More information about the Greater Lakes Region Children’s Auction can be found at [www.childrensauction.com](http://www.childrensauction.com).

For more information about the Shredding Days, contact Bank of New Hampshire at 1-800-832-0912 or visit <https://banknh.com/resources/secure-mobile-shredding>.

Bank of New Hampshire is excited to be hosting these events as we aspire to remain an independent mutual financial institution, delivering innovative solu-

tions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank’s customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit [www.BankNH.com](http://www.BankNH.com).

EVENT

(Continued from Page A1)

aspects of law enforcement, explain the agency Divisions and how each operates in order to carry out the Department’s mission and vision, and to have an open dialogue with those in attendance in order to field questions and provide factual responses to how police work in NH is conducted,” read a statement from the Gilford Police.

The event is free and open to the public. It will also be livestreamed by the DP Production Group on its website [dpnetwork.com](http://dpnetwork.com) under their “Regional Events” section.

Limanni worked with Gator Signs and some local sponsors to print up signs supporting the Gilford Police similar to signs that can be seen in Rochester and other

communities.

He said he spoke with Deputy Chief Kris Kelley of the GPD about this effort and Kelley recommended he speak with the Rochester Police Department about a similar community sign effort in the city,

Limanni then got in touch with Shannon Buttermore of Gator Sign Shop, who offered to donate the company’s services but asked for \$500 money for materials. He said he started calling businesses for donations. One of the biggest supporters of this endeavor was Larry Litchfield of Sawyer’s Dairy Bar, the first person he called about a donation. Litchfield passed away in August.

“He had a deep appreciation for GPD and

its personnel and wanted that for everyone in our community,” Limanni said. “When I told him that I was hoping to get enough sponsors to contribute to the \$500 seed money, he immediately offered \$200! That not only was a sizable amount but inspired me to realize that there were others in the community who felt the way I did, especially Allan Beetle at Patrick’s and Andy Blier at Lowe’s. They contributed the rest; and I had to go no further.”

Signs are available for \$10 with proceeds going to the Gilford Police Relief Association. Call Limanni at 603-528-6234 or by email at [tonyfayelimanni@gmail.com](mailto:tonyfayelimanni@gmail.com) to ask about getting a sign.



JOB FAIR

(Continued from Page A1)

County Conservation District (BCCD). Donna Hepp, chair of the BCCD's Volunteer Board, said this was a way to bring many different organizations with a similar focus together with volunteers

"While we all wear different hats, one of the things we're all focused on is volunteers," Hepp said.

The BCCD received a grant from Volunteer New Hampshire to create a part time volunteer coordinator position, which Hepp said not only helps the commission but also helps any other organization in Belknap County focused on conservation and food assistance. The position will create tools and opportunities for connecting volunteers with organizations.

The fair was meant to be a form of outreach to connect organizations with potential volunteers.

"Volunteerism in Belknap County is alive and well, but it's hard to find where those opportunities are," Hepp said.

The event also included a volunteer appreciation event where around 80 volunteers from around the county were recognized for their work.

There were also outdoor demonstrations where potential volunteers saw the work they could be doing in trailblazing, stream restoration, nature trail maintenance, and other resources that can all be found at Gunstock. Hepp



Amy Kivimaki and Tom Goulette from CASA talk about the organization during the Belknap County Volunteer Job Fair.

said Gunstock is a significant resource for Belknap County and they have a great partnership with them.

The BCCD's Web site will also have a one stop location for resources and tools for volunteers and organizations. Visit belknapccd.org for more details.

NH Lakes was looking for volunteers, especially people to serve as Lake Hosts. Lake Hosts will stay at different docks and landings, meet with boaters, and inspect vehicles for any potential invasive plant species. Lake Hosts will check trailers, boats, trucks, and any other vehicle or piece of equipment going in the water and can find plants in hidden places such as wheel wells.

Kat Kelleher, Conservation Program Assistant with NH Lakes, said quite a few people came

up to the table and asked about NH Lakes.

"We had a lot of people who were interested in getting involved with the program," Kelleher said.

She also said there were many people interested in seeing if Lake Hosts could be posted at different waterbodies that didn't have them yet.

Grafton County Master Gardeners, a program of the UNH Cooperative Extension, were also at the fair. Master gardener Bonnie Miller said the group is looking for master gardeners to help with many different community projects across the state. In Grafton County, master gardeners helped plant flower beds around solar panel projects in Plymouth and Bethlehem, worked in a community garden in Littleton, and many other tasks.

Miller said this is an opportunity for people with different interests in gardening and agriculture including plants, bees, chicks, and others. Every county in the state except for Strafford County has a master gardener program. Potential master gardeners can take an eight-to-12-week course through the Cooperative Extension and learn many different skills. Miller herself has been a master gardener since 2005.

"I had quite a few people that stopped in, some of them have taken some of the flyers," Miller said.

Court Appointed Special Advocates (CASA) was looking for volunteers. Volunteers with the organization will act as officers of the court and check in on children in the foster care system and who have been victims of abuse.

Volunteer Amy Kivimaki said CASA was asked to come to the fair because they are on the frontlines of addressing food insecurity.

"The fair has been wonderful for us, very, very worthwhile," Kivimaki said.

Her and fellow volunteer Tom Goulette spoke with many people about the program and around six people had signed up by 12:30 p.m.

"It's perfect, I was surprised," Kivimaki said. "Tom and I thought we'd be sitting here talking to each other for two hours, (but) it's been nonstop."

BOYS

(Continued from Page A1)

not convert and Belmont got a bid from Riley and Owen Waldron that was stopped by Gilford's Chance Bolduc.

Belmont had its first corner, with Kaden Jewell getting a shot on net that keeper Thomas Donnelly saved and Ronan Taylor sent the rebound wide. Berry just missed connecting with Taylor on a bid and Gilford got a bid from Reinhold that was stopped by Bivens. Gilford also had chances from Bartlett, Keenan and Aguiar that missed the net.

Gilford had another corner that Liam Waldron cleared and Haukur Karlsson sent a shot over the top of the net for the Golden Eagles.

However, in the final few minutes, the Golden Eagles were able to get the second goal of the game, with Aguiar making a nice run into the zone and firing a shot in, giving Gilford the 2-0 lead heading to halftime.

In the second half, Gilford had some early corner kicks and on the third one, they connected, just about eight minutes into the half, with Aguiar picking up his second goal of the game for the 3-0 lead.

Izaak Walton had a nice clear for Gilford and Keenan sent a good cross in that Manny Mahoney cleared out of the zone. Bartlett also sent a shot wide of the net. Gilford continued the assault on the Belmont goal, with a number of solid corner kicks, but Bivens and the Belmont defense held tight. Guer-in and Aguiar had the best chances on those corners but couldn't connect.

Berry had a couple of direct kicks for the Raid-

ers but his shots missed the mark and Gilford came back with a couple bids from Haddocks and Keenan. Gilford made a goalie switch, with Caleb Giovanditto taking over in net.

Berry had a couple of late direct kicks miss the mark and Tyler Lafond had a late chance for Gilford also miss the net and the Golden Eagles took the 3-0 win.

"This is one of the most technical teams I've had, every player has very good technical skills on the field," Pinkham continued. "That's where we're beating teams.

"The kids are working their tails off, what do you want more as a coach," he continued. "All the teams we've played have been good and that helps us.

"And Belmont, they were outstanding in the way they played and the effort they gave," Pinkham added. "That was a tough game for us."

"We lost two games this week (one to weather, one to transportation issues), we haven't played since last Friday," said Foley. "At this level, you need games.

"Had we been able to match what we did against Trinity in a couple of games, we would've felt a little better coming in to this one," the Belmont keeper continued. "But we just have to go forward and find that win."

The two teams are scheduled to meet again on Saturday, Sept. 25, in Gilford at 11 a.m. Belmont will also be at Laconia on Tuesday, Sept. 28, at 4 p.m. Gilford will also be hosting Winnisquam on Tuesday, Sept. 28, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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<b>DOUBLE WIDES</b>	 List Price: \$94,995 <b>\$90,995</b> 40' 3 Bed, 2 Bath	 List Price: \$102,995 <b>\$98,995</b> 48' 3 Bed, 2 Bath
	 List Price: \$112,995 <b>\$106,995</b> 48' 3 Bed, 2 Bath	
<b>MODULARS</b>	 <b>\$134,995</b> 3 Bedroom (Base Price)	 <b>\$164,995</b> 2 Bedroom
	 <b>\$202,995</b> 1,900 sq. ft. 2 Story 1st Floor Master Bedroom	

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?  
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall WWW.CM-H.COM

### 55 Plus MODEL HOME

OPEN SUNDAY 12 to 2

**\$169,995** Come and take a look!  
Garage, Porch, Appliances  
**\*10% down - 25 years at 6%**

**Call Kevin - 603-387-7463**  
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH  
Directions: Rt. 93, exit #23, Right for 1/2 miles, left at post office for 800'

### Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

### CLASSIFIED

FOR ADVERTISING CALL (603) 444-3927

### LOW COST SPAY/NEUTER

Rozzie May Animal Alliance, nonprofit serving NH and Maine.

Cat Cab service available. Cats \$70-\$85. Military discounts.

Sign up on line [www.RozzieMay.org](http://www.RozzieMay.org) or call 603-447-1373

### ROCHE REALTY GROUP

### MEREDITH OFFICE

97 Daniel Webster Hwy  
(603) 279-7046

### LACONIA OFFICE

1921 Parade Road  
(603) 528-0088

### SEARCH NH REAL ESTATE: WWW.ROCHEREALTY.COM

**\$697,000**  
MLS# 4882273

Just Listed in Long Bay! Gorgeous 4BR/3BA w/ vinyl exterior, screened in farmers porch, 2-car heated garage, large kitchen/dining area, cozy living room with FP., HW oak flooring on 1st level, grand master en suite w/ walk-in closet & unfinished 3rd level.

**\$459,900**  
MLS# 4874525

This 2BR/4BA South Down Shores condo has 3 levels, large rooms, a gas fireplace and many windows. Open floor plan is great for entertaining with slider to your deck. The master bedroom has private bath and lots of closet space. Great lake access amenities!

**\$159,900**  
MLS# 4881779

Updated & affordable w/ Winnepesaukee views. One BR unit w/ private deck, updates appliances, laminate flrs., Oak cabinets & granite counters. Condo fee covers all utilities: heat, air conditioning, electricity, cable, internet, water, sewer, and hot water.

**Prices start at \$435,000**  
MLS# 4878239

Brand new luxury condo homes with attached garages in Meredith! Standard feature: 2,200 sq. ft., HW floors, granite counter tops, S.S. appliances, tiled showers, 1st flr. master suite & laundry, loft, BR w/ bath 2 bonus rooms & direct entry garage.

**Roche Realty Group Gets Results!** Consistently a top independent real estate firm within the state, Roche Realty Group has had over **\$2.5 Billion in sales volume & 8,300 transaction sides since 1997!** Voted **#1 Real Estate Company in NH's Lakes Region, 2019, 2020 & 2021** & **Best Commercial Real Estate Company 2020 & 2021**

WHO'S WHO IN LUXURY REAL ESTATE

\* Statistics obtained from NEREN for the past 23 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

### LOOK TWICE SAVE A LIFE

### MOTORCYCLES ARE EVERYWHERE



LIBRARY

(Continued from Page A1)

have a presence in the schools and will connect with families new to Gilford. They also offer the “1,000 Books Before Kindergarten” program. This program had 26 participants last year, which was down a bit from previous years, and they’re looking to get more. “It’s a fantast opportunity for parents of young children to instill the love of books and building vocabulary and tools for beginning to read for the preschoolers,” Dor-mody said. Board chair Gus Be-navides said the library especially instilled a love of reading in his old-est daughter who’s now an attorney. “We take for granted what our local library can do to children,” Be-navides said. “It’s not just a matter of reading, it’s a matter of, like you said, instilling that love to read. Whether you’re into arts or sports or academics or whatever the case may be, having that love at an early age is so important, so I do commend you on that. Thank you.”

HELP WANTED

**PROSPECT MOUNTAIN HIGH SCHOOL**  
**Immediate Openings**  
**F/T 2nd Shift Custodian and Paraprofessionals**

Prospect Mountain High School has an opening for a full time 2nd shift custodian. This position is Monday through Friday from 3:00 PM to 11:30 PM.

Paraprofessionals to work one to one and with mainstream students.

Prospect Mountain High School provides an attractive benefit package. Interested applicants can call 603-875-7890 for an application or visit [www.pmhschool.com](http://www.pmhschool.com).

**Please mail applications to:**  
Human Resources  
252 Suncook Valley Road  
Alton, NH 03809  
Or email to [spatterson@pmsau.org](mailto:spatterson@pmsau.org)

*Open Until Filled*

Prospect Mountain High School is an Equal Opportunity Employer

  
**WE ARE HIRING!**

PSI Molded Plastics is located in beautiful Wolfeboro, NH.

We offer competitive pay rates

Benefits include Health & Dental Insurance, Vision, Short Term Disability, Long Term Disability, Life Insurance, 401k, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

**Assemblers – 2nd & 3rd Shift - Starting Pay \$14.50**

**Machine Operators – 2nd and 3rd Shift - Starting Pay \$14.50**

**Process Technician – 2nd Shift - Starting Pay \$19.00**

**Spray Painters – 2nd and 3rd Shift - Starting Pay \$16.00**

**Sanders 1st Shift - Starting Pay \$14.50**

**\$.75 per hour shift differential on 2nd shift.**  
**\$1.50 per hour shift differential on 3rd shift.**

**\*\*\$1,000 SIGN ON BONUS**  
**\*\*SUBJECT TO TERMS AND CONDITIONS\*\***

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at [www.psimp.com](http://www.psimp.com). You can also email your resume directly to [donna.doyle@psimp.com](mailto:donna.doyle@psimp.com), please be specific as to what shift and position.

**PSIMP an Equal Opportunity Employer.**  
**ISO 9001:2015 Registered.**

  
**Upper Connecticut Valley Hospital**  
**JOB OPPORTUNITIES**  
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Occupational Therapist / Cardiopulmonary Rehab Coord  
Multi-Modality Radiologic Technologist  
Environmental Services Technician  
Scheduling and Precert Coordinator  
RN Surgical Services Manager  
RN – M/S Charge, Night Shift  
RN E.D., Charge, Night Shift  
Patient Access Representative  
Patient Access Specialist  
LNA/Unit Coordinator  
RN Nurse Manager  
Physical Therapist  
ED Technician  
Cook

**PART-TIME**  
Cook (temporary)  
Environmental Services Technician

**PER DIEM**  
Cook  
LNAs – RNs – Certified Surgical Tech – Medical Assistant  
Patient Access Representative

**APPLY ONLINE**  
**WWW.UCVH.ORG**  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603) 388-4236  
[Ucvh-hr@ucvh.org](mailto:Ucvh-hr@ucvh.org)  
EOE

  
**Join our team of dedicated and caring employees, and work to make a difference in the lives of others!**

Lakes Region Community Services (LRCS) is recruiting for employees excited to work in our residential homes in both the Plymouth and Laconia areas! Our individuals with developmental disabilities or acquired brain disorders require support to live as independently as possible. Each home has anywhere from 1-3 residents, and we are hiring for all shifts.

LRCS is always seeking great employees to join our team, but we are currently specifically seeking the right candidates for the following positions:

**Program Manager** – oversee 6 residential homes in Plymouth and Laconia, reporting to the Director of Residential Services. Experience supervising staff and supporting those with developmental disabilities and mental health concerns, familiarity of medical procedures/terms, experience working with high risk individuals is ideal, and provide direct support as needed. Bachelor's degree or equivalent experience in Human Services or related field required.

**Residential House Manager** – provide assurance for regular and direct supervision, evaluation and staff development plans of staff; plan and facilitate monthly staff meetings; provide direct service as needed; demonstrate the competency and willingness to learn complex medical and/or behavioral procedures performed in the homes; maintain ability to administer medications; ensure that the homes meet all Agency policies and procedures and all state/federal licensure/certification requirements. Flexibility in schedule a must. Bachelor's degree or equivalent experience in Human Services field required.

**Direct Support Professional (DSP)** – provide support to individuals by providing support in the community, know and adhere to wheelchair and other medical equipment safety guidelines, provide medical and personal care as needed, meal prep, light housekeeping. High school diploma or GED required.

**Therapeutic DSP** – provide 1:1 and/or group support and intervention through crisis de-escalation and proactive behavior modification, monitor approved activities, provide staff modeling and monitoring to ensure therapeutic skills are implemented, behavioral logs are maintained and attend weekly clinical consultation/treatment team meetings. Associate degree or 60 credits towards Bachelor's with 3 year's work involving high risk individuals required.

*Rewarding work. On the job training. Competitive pay. Great benefits.*



For more information about these jobs or to apply please visit [www.lrcs.org](http://www.lrcs.org), or contact Jessica Littizzio, HR Coordinator and Recruiter by calling 581-1525 or emailing [jessica.littizzio@lrcs.org](mailto:jessica.littizzio@lrcs.org).

  
**Join our growing team! - \$1,000 sign on bonus\***  
**New Pay Structure & Shift Differential**  
**Advancement Opportunities!**

Flexible 3 - to 5 - day work week options, including a Full - Time weekend shift.

It's a great opportunity to start a new career or even a 2nd career with a solid, growing company!



We offer competitive wages and benefits including medical, dental, vision, life insurance, disability, tuition reimbursement, Paid Vacation, 11 Paid Holidays, Paid Sick days, and more. We are an essential business with robust COVID-19 prevention protocols

**Make an appointment to visit our facility and apply**  
**Call, Text or Email Leah**  
**603-838-0791**  
**LShadeed@Burndy.com**  
**In Lincoln @ 34 Bern Dibner Drive, Lincoln, NH 03251 •**  
**In Littleton @ 150 Burndy Rd, Littleton, NH 03561 •**  
See all our open positions and apply online at:  
**<https://careers.hubbell.com/>**

**Open positions Include:**  
**Automation Technician**  
**Machine Operators**  
**Maintenance Mechanic**  
**Weekend Shift Supervisor**

Been out of the workforce? No manufacturing experience?  
**NO PROBLEM! We'll provide training!**

Burndy is a wholly - owned subsidiary of Hubbell, Inc., an equal opportunity employer M/F/Vet-eran/Disability All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class

**\*Sign on bonus paid after 90 days**





COURTESY

Fall Craft Fair at Tanger this weekend

Don't miss the Lakes Region Fall Craft Fair at Tanger Outlets in Tilton on Sept. 25 & 26, Saturday 10 a.m. to 5 p.m. and Sunday 10 a.m. to 4 p.m. There will be more than 90 fabulous exhibitors including chainsaw black bears & demos, beautiful soy candles, macrame chairs, handsome leather jewelry, wooden crafts, amazing nuts & bolts artistic creations, recycled sweater mittens, books with autographs, fabric creations, handcrafted tiles, wreath designs, hand-made soaps, string art, gourmet foods, New Hampshire maple syrups, gourmet honey, amazing animal photography, decorative lanterns, primitive decor, fine art, florals, sublimation tiles & trivets, and lots more! Rain or shine under canopies. Friendly, leashed pets welcome! Located: 120 Laconia Rd., Tilton, Exit 20 off I-93 & bear left. More information: Call Joyce, (603) 387-1510, or visit [www.joyccraftshows.com](http://www.joyccraftshows.com). Please social distance. See you there!

HELP WANTED

Call our toll-free number  
1-877-766-6891  
and have your help wanted ad in  
11 papers next week!



**BIG HEARTS WANTED!**

Comfort Keepers provides in-home care to seniors.

As a caregiver, you will provide companionship, housekeeping, errands, and personal care. No experience necessary! Benefits include: flexible scheduling, paid training, \$4 gas reimbursement per shift, health, dental and vision insurance, reviews with raises at 90 days, 6 months and a year! Pay starts at \$14-\$15.50 per hr.

**Apply at [ckapply.com](http://ckapply.com) or call us at 603-536-6060**

**Comfort Keepers.**

**To Heal, To Respect, To Console**

**Now Hiring for Registered Nurses for the following Departments:**

(Some departments include working 72 hours and getting paid for 80 hours)

Medical/Surgical  
Emergency Room  
Pediatric Acute

Operating Room/Surgery  
Intensive Care  
Labor & Delivery

**We are looking for strong, driven, compassionate Nurse Leaders, come join us.**

Sign on Bonus  
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Excellent Benefits Package  
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**[TCRHCCHR@tchealth.org](mailto:TCRHCCHR@tchealth.org)**  
**1 hour from Grand Canyon, Monument Valley, Lake Powell and Flagstaff.**

**Full-Time Installers Assistant**

Energysavers Inc, a 46 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. **LEARN WHILE YOU EARN!**

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

**Energysavers Inc,  
163 Daniel Webster Hwy, Meredith NH**

**First Congregational Church Wolfeboro**

**Part-time Sexton** - First Congregational Church Wolfeboro. Duties include care and maintenance of church building and grounds. Oversee general cleanliness, monthly maintenance of building systems, restocking inventory of supplies, assisting in setup for church activities or functions, and providing handyman chores for small repairs. Outside work involves cleaning outside doors, clearing sidewalks for safe passage and trash removal. Regular cleaning, lawn care and snowplowing are not required. Among other skills, candidates must be reliable, responsible and self-motivated, exhibit attention to detail, be able to climb stairs and ladders, lift or carry 50 pounds and have knowledge of basic tool use. Paid at an hourly rate. For a more detailed job description or to express interest, email [admin@wolfeboroucc.org](mailto:admin@wolfeboroucc.org) or call 603-569-1555.

PITTSFIELD, NH

**LOOKING FOR A JOB WITH PURPOSE?**

How does helping to protect firefighters sound?

**Join the MSA Globe Family**

**Over 130 years ago, Globe invented firesuits/turnout gear, to help keep firefighters safe.**

Today, MSA Globe continues to lead the market in serving firefighters by providing innovative, head-to-toe PPE solutions that advance innovation in firefighter performance and safety.

MSA Globe employs 400+ employees, operating three plants, in more than 130,000 square feet of manufacturing space.

**Open Positions:**

**Stitching Machine Operator**

- Utilize a variety of industrial single needle, double needle and programmable machines to stitch one of over 100 operations to complete the firesuit shell or liner
- Cross training may include learning Snapping, Seam Seal, Automated Stitching, and Trim, Material preparation, Labeling, Inspection, Matching and Final packaging.

**OPEN TO ENTRY LEVEL CANDIDATES.**  
We offer an excellent training program!

**Special Knowledge, Skills and Abilities Required:**

- Able to speak, read and write English
- Have basic knowledge of computers or tablets
- Willing to learn
- Enjoy working with your hands
- Able to sit and/or stand for long periods of time
- Able to lift approximately 30 pounds
- Strong organization skills and high attention to detail

Candidates with experience in the following areas are encouraged to apply:

- Quality Control and Inspection
- Machine Operation
- Assembly / Crafting / Knitting
- Stitching / Quilting

**Cutting Room Associate**

- Work in a fast paced environment preparing materials and fabrics used to create the firesuits / turnout gear
- Will spread fabric on one hundred foot table, perform quality inspection, and measure and mark fabric to be cut to specification
- Cut fabric into pieces using a Gerber Cutter
- Place cut goods on rolling racks
- Prepare material for other areas of production
- Bag goods

**Special Knowledge, Skills and Abilities Required:**

- Able to speak, read and write English
- Have basic knowledge of computers or tablets
- Able to use and understand a ruler and measurements
- Must be able to stand/walk, bend, reach and work with your hands for full shift
- Able to assist in team lifting of approximately 30 pounds
- Strong organization skills and high attention to detail
- Previous experience in Quality Control and Inspection desirable
- ANSI rated safety shoes (composite, steel or alloy toe) and safety glasses required

**Full-time associates are eligible to receive:** Sign-On Bonus of \$500 after first scheduled work week is completed\*, Stay-Bonus of \$500 after 90 days - \$1,000 after 6 months\*, Quarterly Bonus\*, Competitive Pay, Great Benefits (including Medical, Dental, Vision, 401K and more), Flexible Schedules, Paid Time Off and Holiday Pay, Tuition Reimbursement\*, and so much more!

**Apply NOW @ [msasafety.com/careers](http://msasafety.com/careers)**

16-6396-MCP / 08.2021

\* Terms and conditions apply



# MVSB announces James D. Sutherland Memorial Scholarship recipients

MEREDITH — MVSB (Meredith Village Savings Bank) is pleased to announce the 2021 recipients of the James D. Sutherland Memorial Scholarship. The scholarship is awarded annually to one graduating senior from high schools located in towns and cities where MVSB has a branch.

This year's recipients include:

- Annabelle Eisenmann, of Gilmanston, attending Bridgewater State University
- Katherine Allen, of Laconia, attending New Hampshire Technical Institute
- Ryan Mason, of Moultonborough, attending University of New Hampshire
- Ashley DeRuvo, of Holderness, attending Cleveland Institute of Art
- Justin Maynard, of Alton, attending Champlain College
- Emma Richardson, of Meredith, attending the University of Southern Maine
- Sara Grace Barba, of Rye, attending University of New Hampshire
- Ruth Allard, of Middleton, attending University of New Hampshire

The Sutherland Memorial Scholarship was established in memory of James Sutherland, who served as President and CEO of MVSB from 1982-1996. Scholarship recipients represent the MVSB company values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. Students interested in applying for the 2022 scholarship are encouraged to contact their guidance office.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Call us today for a free estimate



**BRYANT PAVING**  
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bryantpaving.com

Best of the Lakes Region 2021 WINNER

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**Move your smile and life forward with Invisalign!**

Invisalign's clear, custom-designed aligners can be an inconspicuous way to get a beautiful new smile without interrupting your lifestyle. Meaning you can still enjoy the activities you love and the foods you can't live without, while shaping your smile more gently.

STRAIGHT TEETH ARE WITHIN REACH.  
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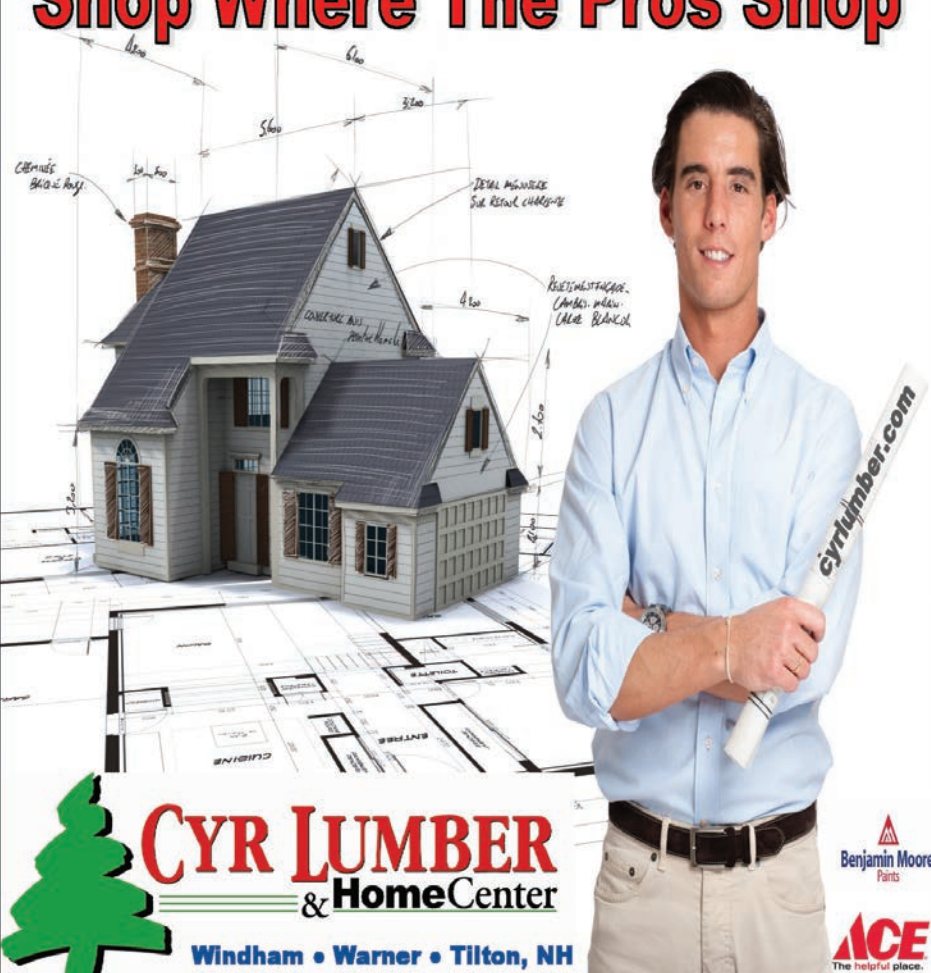
**RANDY PARKER**  
222 North Main Street Wolfeboro, NH  
\$ 2,950,000 | 7 BED 5 BATH  
Office: 603-569-3128  
randyparker@maxfieldrealestate.com



**Maxfield REAL ESTATE**

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