

Newfound’s John Lellos chosen as Social Studies Teacher of the Year in NH

BY DONNA RHODES
dhrhodes@salmonpress.news

BRISTOL – Principal Paul Hoiiris of Newfound Regional High School said that one of the best parts of his job is celebrating the accomplishments of not only his students, but his faculty and staff, and he was pleased to announce last week that teacher John Lellos has been named the state’s 2020 Social Studies Teacher of the Year.

“We at Newfound are truly lucky to have a teacher that engages and inspires others. Fortunately, the State of New Hampshire’s



COURTESY
Newfound Regional High School faculty member John Lellos was recently named New Hampshire’s 2020 Social Studies Teacher of the Year.

VFW, and facilitated school-wide events like Constitution Day and Voice of Democracy.

Besides teaching in the classroom, Lellos also mentors students through Bridge Academy, a summer program to introduce incoming freshmen to the school, and Fit Club. On a broader spectrum, he is actively involved in his professional social studies association and is helping to rewrite the standards of the subject on a state level.

Lellos has made presentations at professional development conferences and is currently working with Gov. Chris Sununu and Commissioner of Education Frank Edelblut on a state-wide economics challenge for New Hampshire high school students.

“Most importantly is Mr. Lellos’ connection with students and

SEE LELLOS, PAGE A13

Residents learn more about sewer project

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Following up on a Feb. 7 bond hearing, the town held an informational session at the Minot-Sleeper Library on Feb. 19 to answer residents’ questions about a proposal to extend the municipal sewer system to Newfound Lake — a project first proposed 1971. The latest iteration builds upon a 2009 plan that was shelved when grant funding failed to materialize.

Chair Rick Alpers of the Bristol Board of Selectmen said this plan also will not go forward if the town is unable to obtain grant funding to make it affordable. Selectmen are only seeking the residents’ permission to pursue the grants.

Selectman Wayne Anderson summed up the situation by saying that, with costs increasing, if the town puts off the expansion, it may never be able to afford it.

trigger now ... it’s getting beyond Bristol’s ability to do,” he said.

In fact, the proposed cost has come down from 2009, when the full project was estimated at \$49.3 million. By selecting an alternate route, consultants from Underwood Engineering say the work can be done for \$41.5 million. The town currently is looking only at the first phase of the project, which comes with a \$19.8 million price tag.

Even that is considered too expensive for the town to take on without a United States Department of Agriculture Rural Development grant that

SEE SEWER, PAGE A13

Council for Social Studies agrees with us,” he said in his announcement.

Lellos, an alumni of NRHS, has taught at the school for the past five years, serving as his

department’s chair for four of those years. His leadership has brought a number of electives and rigorous opportunities to the students, Hoiiris said, that engage them in the sub-

Orange resident reels in the big one at Alexandria VFA’s Ice Fishing Derby

BY DONNA RHODES
dhrhodes@salmonpress.news

ALEXANDRIA – Christopher Drouin of Orange said he has never caught a fish that made it to the Winner’s Board for the Alexandria Volunteer Firefighter’s Association Fishing Ice Fishing Derby, but this year, he hit the jackpot. His 6.43 pound, 28-inch catch not only received the \$150 first place prize for the largest lake trout; it also brought home the \$1,000 Grand Prize for the largest fish pulled in over the two-day event.

Drouin said he had



DONNA RHODES
Christopher Drouin of Orange was excited when his 6.43 pound, 28-inch lake trout not only took first place in that category but turned out to be the overall winner in the Alexandria Volunteer Firefighters Association Ice Fishing Derby last weekend.

actually been jigging for perch off Whittemore Point over the weekend when he felt a tug that was a quite a bit more than he expected.

“It took me a long time to pull it in on just a two-pound test line,” he said as he held up his winning fish. “It’s been a great weekend!”

He added that due to the unusual circumstances under which the Laker was caught, he was off to find a taxidermist to mount it for him.

“This is something I want to remember,” Drouin said.

Young Hunter Crowley of Bedford had a

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DONNA RHODES
Kindergarten and first grade students at New Hampton Community School posed for a group photo with local author Dorothy “Dolly” Prive last week after she read her book to them.

Local author shares new book with New Hampton students

BY DONNA RHODES
dhrhodes@salmonpress.news

NEW HAMPTON – Dorothy “Dolly” Prive dropped by New Hampton Community School last week to not only

read her newly published book to the students, but to share some special news. The book is dedicated to them.

Prive worked for several years in the af-

ter school program at NHCS, and loved the boys and girls she met. When she finally decided to write a children’s book she said she had to include them in her ded-

ication because it was they who inspired her to write it.

The book also has another great feature. Her publishing company,

SEE PRIVE, PAGE A14

BY THOMAS P. CALDWELL
Contributing Writer

Public Works Superintendent Mark Bucklin said the increase for hauling away municipal solid waste is the first the company has imposed in years. Unlike the single-stream recycling, which required special sorting at a distant facility and became unprofitable when the market for most recyclables collapsed, the regular solid waste is hauled to a

Selectmen at their Feb. 21 meeting discussed putting the contract out to bid, and perhaps having town employees do the haul-

Because they had just received the news ahead of the meeting, the selectmen postponed any decisions, but asked Town Administrator Nik Coates to look into options for the town.

The state rolled out Keno 603 in late 2017 after the New Hampshire Legislature gave its okay to the game, subject to local approval. Net proceeds from the game go into the Education Trust Fund to provide an incentive for school district to offer full-day kindergarten. Those districts that do so receive a \$1,100 per student stipend to help cover the

Currently, keno is offered in 168 locations in the state, and several more towns, including Gilford and Moultonborough, will have it on their Town Meeting ballots this year. Some communities held off initially for fear that the increased gambling would bring problems with it, but

Businesses that offer keno have seen an increase in their regular business, as well as receiving a share of keno sales income.

Labyrinths are ancient symbols related to wholeness and have long been used for prayer and meditation. The oldest known labyrinth design is from Crete and dates to 3000BCE or about 5000 years old. During the Middle Ages, 22 cathedrals in Europe had labyrinths on their floors. The only surviving labyrinth is on the floor of Chartres Cathedral in France,

Join the Bristol UCC for this wonderful experience during Lent. Come by yourself, with a friend, your family or a community group. Questions: Rebecca Herr 744- 6526. hatsherr@gmail.com

ing at 12:30 p.m., then at 1 p.m., we will begin sharing memories. You may attend the business meeting if you wish to or you are welcome to join us at 1:00. Feel free to bring photos, scrapbooks, newspaper clippings or any other memorabilia


Refreshments will
be served.

The group will elect officers to the town committee and delegates to the upcoming New Hampshire Democratic Party state convention, where they will approve the eventual party platform. The town committee serves locally to assist Democratic neighbors

and candidates, local and national, as the season approaches the next election. Chair Daniel Moore is particularly appealing to the young people, the new voters and those soon to be eligible to register, to attend, and be part of the process from Day #1, “see how it works and what you might do to make it better,” added Moore. While new legislation is being proposed, currently anyone who will be 18 by Election Day, may register to vote. Again: New Hampton Community School, Tuesday, March 19, 5:30 p.m.

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Area police and safety personnel take part in active shooter training drill

BY DONNA RHODES
drhodes@salmonpress.news

CAMPTON – Thirty-eight members of police, fire and ambulance departments in the Pemi-Baker, Newfound and White Mountain regions took part in a special training program at Campton Elementary School on Feb. 16, where they learned life-saving skills and tactical information on secure ways to work together in the event of an active shooter event.

Taking part in the all day training session were representatives of Campton-Thornton Fire

and EMS along with police officers from both Campton and Thornton; Plymouth Fire Department; Ashland fire and police departments; Bristol Fire and EMS; along with emergency responders from Linwood, Littleton, and the Franconia Ambulance Service.

“This has been really interesting,” said Kate Varin, an EMT from Franconia. “We thought it was great that Campton-Thornton invited those of us from up north to this training that we might not otherwise have received.”



DONNA RHODES

Bonnie Stevens of Plymouth Fire Department was paired with Thornton Police Officer Dan Gilman to emergency methods on packing gunshot and knife wounds during an active shooter drill at Campton Elementary school.

CTFD Fire Chief Dan Defossess explained that the opportunity for the multi-department training session was made possible through a Homeland Security grant. The grant not only allowed staff from N.H. Fire Standards and Training and Emergency Medical Services to lead the session, but paid for the participants' time as well.

“For us this was a big deal. It's all about things

we wouldn't normally have access to,” Defossess said. “Every day, you hear about things like this (mass shootings) happening and we want to be prepared.”

Gerard Christian is the Clinical Systems Program Coordinator for NHFST&EMS and said the Campton training session was the largest they have held so far in bringing police, firefighters and EMTs together.

The day began with classroom sessions comprised of a mixture of police, fire and EMS personnel. While police would be involved in any initial confrontation with an attacker, known as a “Hot Zone,” they would then need to protect emergency medical personnel who would be called in to assist any victims of the incident. That joint response area is considered a “Warm Zone,” a place outside

the preeminent “Hot Zone,” where immediate danger is not perceived, but security is still required.

During the course of the morning's training sessions, police were shown ways in which they could provided immediate care for victims before bringing them to the “Warm Zone.” There the officers would continue to watch over EMS crews as they provided any immediate emergency treatment to the wounded before carrying them out for transportation to a nearby hospital.

While some of the participants listened in on ways to address an active shooter situation, others from both spectrums of emergency response learned some other basic care techniques they may need during such an event

Realistic looking body parts and blood were provided so police, firefighters and EMTs could see a simulation of injuries they would most likely experience during a mass casualty event.

SEE SHOOTER DRILL, PAGE A13



COURTESY

Neb Naro (left), Director of CADC, Michael Conklin, Board Chair of CADC and Sara Thielbar, Director of the NHEC Foundation.

NH Electric Co-op Foundation awards \$5,000 to CADC

PLYMOUTH — The New Hampshire Electric Co-op (NHEC) Foundation is pleased to support Communities for Alcohol and Drug-Free Youth (CADC) with a \$5,000 grant that will support the Restorative Justice Program, a program that gives First-time youth offenders a second chance. The grant was one of 11 awarded in December totaling \$58,000.

The NHEC Foundation is a 501(c)3 non-profit organization that awards grants quarterly to nonprofits throughout New Hampshire. Grants are made possible thanks to the generosity of

NHEC members who round up their electric bill each month. To learn more about the Foundation or the Round Up Program, please visit <https://www.nhec.com/nhec-foundation/> or call 1-800-698-2007.

CADC builds youth resiliency through a three-tiered strategy of information, education and collaboration on positive youth development programming, educational opportunities, experiential learning, and connections to the community. To learn more about the services provided by CADC visit <http://cadyinc.org/> or call 536-9793.

DANBURY — From the late 1930s to the early 1980s, the Merrimack Wonder Pepper was a favorite among gardeners in the Granite State as a variety that produced abundant numbers of sweet red peppers in a mere 60 days, weeks earlier than standard varieties. (In New Hampshire, that can be the difference between enjoying a bountiful harvest of peppers and losing them all to frost.) Unfortunately, over the next 30 years, the Merrimack Wonder became increasingly less available and finally disappeared. Now, after pulling off a successful search-and-rescue for the plant, a small group of local farming and gardening advocates is making seeds for the Merrimack Wonder Pepper available once again.

New Hampshire has long been a leader in the development of food sources that thrive under our changeable conditions. One of the most productive breeds of laying hens, the New Hampshire Red, was developed here during World War I, and the extremely cold-tolerant variety of peach tree, the Reliance Peach, was offered by the UNH School of Ag-

riculture in the 1940s. After plant breeder J.R. Hepler, also at UNH, introduced the Merrimack Wonder Pepper in 1939, it developed a loyal, enthusiastic following among local commercial growers and home gardeners alike. However, when the Merrimack Farmer's Exchange, headquartered in Concord, went out of business in the early 1980s, the Merrimack Wonder seeds disappeared along with the company.

Members of Danbury Grows, some of whom have been successful in locating other old vegetable varieties, have had their sights on this pepper for some time. “About four years ago,” says Kathy Neustadt, the group's convener, “we thought we'd hit pay dirt when Donna Sprague, a key person at the Blazing Star—our local Grange—found a Merrimack Wonder packet from the early 1950s folded up in an old jar in the summer kitchen of her farm. We were so excited! Those seeds didn't end up germinating, but the experience inspired us to keep looking, and we eventually did uncover a few dozen viable seeds. That's when we re-

ally got to work.”

For the past three growing seasons, several Danbury Grows volunteers have started seeds while others have raised the plants, agreeing in advance to have only this one variety in their gardens to ensure the genetic purity of the seeds.

It has been important to spread the work around, if only because, as Neustadt's farmer husband, Tom Curren, points out, “We didn't want to have the future of a species taken out by one marauding woodchuck!”

The primary attraction of this heirloom pepper was initially its short-season usefulness, but Danbury Grows members have been further impressed by the plant's vigor and productivity.

“These are very strong plants that flower early and often, and they go to red-ripe well before our frost dates, which is

so unusual,” notes Jessica Cook, a local architect and one of the volunteer growers. “But the real attraction to me is the taste and how well they keep in the freezer. When you pull out a bag of them in mid-winter, they cook up just as crisp and flavorful as they went into the freezer in August. I love that!”

Danbury Grows will be selling Merrimack Wonder seeds at the Blazing Star Grange (15 North Road in Danbury, near the intersections of Rtes. 4 and 104) during the last two sessions of the Winter Farmers Market on March 2 and April 6, from 9 a.m. to 1 p.m. The reintroduction of this long-missing heirloom represents a major new resource for some New Hampshire gardeners and a welcome return of a reliable old friend for others. For more information, please contact Kathy Neustadt at kdn@comcast.net.

Plymouth Rotary Club hosts Rabies Clinic

PLYMOUTH — Thanks to the continued generosity of veterinarian David Cote, owner of the Plymouth Animal Hospital, the Plymouth Rotary Club will again host its annual rabies clinic. On Saturday, March 16 from 1 to 2 p.m., dogs and cats that are at least three months old, or older, can receive the rabies vaccine for only \$10. The clinic will be held at the Plymouth Police Department garage, Routh 3 North. Cote annually donates this service to the community in collaboration with the Plymouth Rotary Club so that dog owners can update their rabies certificate to comply with town licensing requirements

before April 30.

The Plymouth Rotary Club meets every Wednesday morning for breakfast at 7 a.m. at the Common Man Inn in Plymouth. Plymouth Rotarians provide community service and support to fulfill needs in the local area and on a global level.



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CADY Corner

Marijuana legalization and commercialization is irresponsible

BY SUZANNE THISTLE, MA,
MLADC

I oppose HB 481, an irresponsible bill that threatens New Hampshire youth and public health by legalizing and commercializing marijuana. It is imperative that lawmakers understand the facts, before considering the impact this bill will have. Many states have tried to legalize marijuana and realized the consequences after. The Oregon Research Institute performed a study which indicates that following legalization of recreational marijuana, the frequency of use during the following year increased 26% among teenagers who had tried marijuana by eighth grade. New Hampshire can't afford this increase in youth use.

Legalization of marijuana is causing increased problems for teenagers everywhere. According to a 2018 study by The American Academy of Child and Adolescent Psychiatry, teenage marijuana use is at its highest level in 30 years. And while this increase in use is concerning, even more troublesome is the findings by Harvard Medical School, which concludes "Smokers who began using marijuana before age 17 had cognitive deficits not detected in those

who began smoking later in life." New Hampshire has seen a significant growth in substance misuse for the past 10 years. Any laws that might increase drug use could be catastrophic, especially for teens.

The 2018 Monitoring the Future Survey concluded that "One in four U.S. high school seniors would try marijuana or use it more often if it was legal." New Hampshire can't allow teens to have more access to marijuana. By doing so, we are increasing the chance of teens using it and increasing the possibility of misusing it.

New Hampshire substance use disorder professionals have been overwhelmed with the increase in overdoses and overdose deaths. Most people who overdose did not start their use of substances with opiates. Most started using marijuana or alcohol and then progressed to opiates.

By voting no to House Bill 481, lawmakers are voting yes to a healthier life for teens.

If you or someone you know struggles with addiction or substance use, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.

PET of the Week Scootaloo

Meet Scootaloo, a darling 6 year old beauty. This southern belle lab mix is beyond precious. Playful, happy go lucky and incredibly smart, Scootaloo does however come with a lingering trauma from somewhere in her past. Although she doesn't show to be in severe pain, Scootaloo will need a number of dental extractions and reconstruction to her hard palate due to suffering some form of blunt force trauma before she came to us. We are currently looking for donors to help offset the medical costs. But in the meantime, Scoot

is happily content to chomp around with her toys, loves exploring the great outdoors while she waits for her humans to come and take her with them on an even grander adventure around the lakes region and beyond. She will be great with kids of all ages, although possibly a bit too exuberant for wee ones. When it comes to four legged friends, she's a bit picky with her fellow canines, but a dog savvy cat could make a wonderful companion. She's the type of girl who will give you a smile on even the cloudiest of days.



With a certain look in her eye and easy smile Scootaloo is definitely one who will bring her people eternal joy, laughter and love.

Letters to the Editor

Let's keep Bristol affordable

To the Editor:

The Town of Bristol does it again!

This budget season, the Bristol Select Board has proposed a 13 percent increase in the operating budget. This proposal was turned over to the Budget Committee who reduced the proposal by \$73,000, a mere 2 percent reduction, resulting in an 11 percent increase in the operating budget this not acceptable.

Now it will go to the voters and taxpayers at town meeting. Last year, the voters trimmed the increase down to 4 percent, [and] the Town Fathers howled it was the end of the world. Town employees got their raises, health insurance increases were met, merit increases were given and the actual expended bud-

get total at the end of the year was \$102,000 below the budgeted amount.

This year's proposed budget is four times larger than the consumer price index, the same figure used to set Social Security benefits. An 11 percent increase in the operating budget is absurd and unsustainable. Please show up and vote on March 12 at the Bristol Town Hall 8 a.m. to 7 p.m. and attend the town meeting Saturday, March 16, 9 a.m. at the Newfound High School for Town meeting. Let's keep Bristol affordable.

*Paul Simard
Bristol*

Cast your vote for the kind of town government you want to live under

To the Editor:

When it comes to Bristol's taxes, many in our town want the government to care for them cradle to grave like they do in Massachusetts and other overtaxed and nanny states. Many others enjoy living by New Hampshire's motto, "Live Free or Die." We should embrace the motto to keep our freedom from over-priced and over-powering government. If you love freedom, it is worth fighting for, and if you enjoy smaller government, then town meeting March 16, 9 a.m. at the High School is the place you need to be this year.

Several on our select board proposed a \$602,000, or 13 percent, increase over last year's budget "Total General Fund Operations" line found two thirds the way into the budget. At town meeting last year, we saved \$370,000 and no one lost their job — all got raises, town roads were plowed, heat and lights stayed on and still had \$102,000 they could have spent. Folks, they want the \$370,000 back, plus another \$232,000 more.

The US rate of inflation is only 1.9 percent, and they want 13 percent, which is more than

six times that amount. This increase of \$602,000 is unreasonable and unsustainable. The select board also wants \$640,000 for other warrant articles. Now they want to run sewer lines to the lake area for \$20 million. Some of this \$20 million will be from grants and the rest from us in fees, usage and taxations. Taxation means we all pay, even though many of us will not have access to the sewer and water lines. Fees apply if they run the lines by your property and you connect or not; your fee will be about \$600 a year for 30 years.

Taxpayers, without your vote at town meeting this year, I believe our taxes will go up. Bristol will become more and more like a Massachusetts town, holding your hand from cradle to grave, and they will build a utopia town with all sorts of town employees to care for you, but you may not be able to stay because your taxes are so high.

See you at town meeting March 16, 9 a.m. at the High School. Lastly, I will be casting my votes for Morrison and Voelbel for selectmen.

*John Sellers
Bristol*

Bristol's budget — Fact vs. opinion

To the Editor:

First, let me thank the editor for providing the platform for a lively and civil debate.

As the duly appointed unofficial fake news expert, I promise to always follow the guiding principle of the quote attributed to Danial Patrick Moynihan: "Everyone is entitled to his own opinion, but not his own facts." In that light, let's look at the John Sellers' Valentine's Day letter to the editor.

We start with mostly fact: The Water and Sewer portion of the budget are enterprise funds and self-funded, so they should not be considered in a discussion of the town operating fund. However, the town is responsible for its debt service, and my Opinion is it needs to be considered. John infers that there has been debt service retired this year. As a longtime member of the Bristol CIP committee, I am very familiar with the debt schedule and nothing is retired this year. FACT: a reduction of \$5,592 is realized from a decrease on some interest and a new lease for the sidewalk tractor.

John calls the budget a pig. I can only assume

from the overall negativity of his comments that this is meant to be derogatory. I am not one for name calling and, in my Opinion, this should be a complement. Fact: Pigs are considered the fifth most intelligent animal.

Moving away from Fact vs. Opinion for a moment, let's consider sweeping overgeneralizations. I am attributed with wanting to 'restore' the budget. My previous letter does mention the restoring of the Select board stipend to its traditional amount. I haven't said that the budget is being restored. John also says in several place that I and 'a couple others' (Fake news alert: I am my own dog, I do not collude with anyone) want it all back. FACT: the select board budget is a proposed budget. It contains all the required spending along with the suggested spending for services and projects. The Budget committee makes decisions on the budget to be presented at town meeting and ultimately the town modifies and approves the Final Budget.

On the subject of budgeting, there are many ways to approach preparing a budget. Some look

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Letters

FROM PAGE A4

at how much money they have and figure out how to spend all of it. Some consider the only thing to do is limit and cut the spending from last year. My approach is to consider what you need and prepare a budget that meets those needs, consider your revenues and then adjust as required. I don't agree with John's way of budgeting. From my observations, he must think that the only way to lower taxes, is to cut the spending. My Opinion: it is short sighted to only look at the bottom line of the budget. There are two sides to budgeting, spending and revenues. Additionally, there are several other factors considered when determining the tax rate. John is very proud of his \$370,000 'savings' last year. But did he have any thoughtful basis for what could be reduced? No, he left it up to the select board whom he now claims cannot manage a town of 3,100. His basis was simply that the spending should only increase by the cost of living statistics with no regard to the revenue side of the budget! Fact: Year to Year budget bottom line comparison is completely inaccurate when no consideration is given to line items that have offsetting revenues. Spending lines that that are connected to grants or revenue generating lines will increase the bottom line of the budget but not affect the tax rate because they increase the revenue side as well!

If you want to see an accurate assessment of what will happen to the tax rate without having to do all the math, look at form MS-737. You can find

it on the town's Web page. Page 11 shows the amount needed to be raised by taxes for this year's proposed spending including all of the budget committee recommended warrant articles and the estimated revenues. It is not \$370,000 plus an additional \$232,000. It is \$137,524 higher than last year. That is about a 30 cents /\$1,000 increase on the tax rate. In my Opinion, that is too much. Consider though that the town is always conservative on its revenue estimates, there will be a town revaluation this year and the selectboard can apply unre-served fund balance to reduce the tax rate. It's only a prediction, but the so labeled 'inept' Bristol Selectboard has enough tools to keep the tax rate flat or nearly so this year. At least that will be my intent.

Back quickly to Fact vs. Opinion. The MS-737 also shows the correct amount of warrant article spending. By adding the special and individual warrant article lines we find that the correct proposed amount this year is \$20,607,614. Of course, \$20 million is the bond article for a sewer extension and that leaves an amount of \$607,614. I am not sure how to calculate John's Opinion of \$640,000!

In closing, I agree with the Opinion, do not let a few people (like John Sellers) decide for you! I have given this encouragement before: It is important that everyone comes to town meeting. Listen to the facts and opinions. Decide for yourself what is true and what is spin. Then make an intelligent vote, not an emotional one.

Thank you.

Don Milbrand
Bristol

Please research
Alexandria's warrant
articles before you vote

To the Editor:

Alexandria voters, please look at warrant articles #3 through #9 before voting on them; please do a little research and check inventory of what the town owns and leases for trucks and equipment. The backhoe we have is not just a backhoe; it also has a front loader bucket.

Article #6 — This loader lease for the first year, \$21,428. From inquiring, I've been told the engine has high hours, and for this kind of money, they could buy a new engine or rebuild the old one.

Article #7 — Angle broom, wing and plow, attachments for loader. My understanding is, we already have a broom, and there are also wings and plows for the dump trucks and possibly on the grader.

Article #9 — How have we survived all these years without a sand shed? I have researched on sand sheds within a 25-mile radius and found that there

are no sand sheds for any small towns equivalent to Alexandria. The comment in the Newfound Landing dated Feb. 14 stated that the sand shed would pay for itself by buying sand in the summer months and storing it early at a lower price. The fact is, they can store sand like they always have, and treat it so it won't freeze. This is how the other small towns are doing it. No matter how we stock pile the sand, we can still buy it early and pay the lower price.

I have worked at two highway departments in the past years. We always hauled and stockpiled with our own trucks and equipment. Back then, we did not have the trucks and equipment that Alexandria has today that are much bigger and better. I could explain more, but I don't think it is necessary. This building will not, and cannot, pay for itself, in my opinion.

Larry Monroe
Alexandria

To the Editor:

It has been a busy week at the State House in Concord. There is a push to get bills passed through the system. This is to allow them to be heard by a second committee prior to going to the Senate at the beginning of April. I think also there is also an rush effort to pass bills that the Democrats could not get through when they were in the minority. One of those is HB481 that will legalized cannabis (marijuana to the rest of us). Public testimony was heard from 10 a.m. to 7:30 p.m.

HB 481 fully legalizes and commercializes cannabis in New Hampshire. As seen from states that have commercialized marijuana, this industry targets youth despite claims for restricted use by adults only. Extensive testimony on the harmful effects to developing brains and the increased risk of substance use disorder was presented. New Hampshire already has a robust therapeutic marijuana program now serving over 7,000 individuals. Furthermore, the state already reduced the charge for possession in 2017 smaller amounts.

HB 481 creates a commercialized marijuana industry in New Hampshire, opening the door to all components of the marijuana business with no limits on the types of products sold or the potency of those

Pot and death bills

products. The bill also allows vaping marijuana in public places at a time when vaping has become an epidemic in our schools and communities. The bill removes local control by automatically opting municipalities in, contrary to the recommendations of the legislative study commission's report. Finally, HB 481 offers no protections for employers and small businesses seeking to enact their own policies prohibiting the use, consumption, and possession of marijuana in the workplace. In the end the majority listened to the pot lobbyists not our law enforcement community. This passed with a 10:9 vote

with three Democrats voting against. It was interesting to note that two of the three were women of color on the committee who said it would be devastating in their communities

Another controversial bill was HB455 to repeal the death penalty. New Hampshire has a cautious approach to using this punishment. It has been 80+ years since the last execution. We use it sparingly. The only person on death row now was found guilty of killing a policeman. There certainly are opponents to the death penalty who conflate it with abortion and cannot abide any loss of life. Of course, many people who want to eliminate

the death penalty are pro-abortion. I asked members of this persuasion if they would support keeping the death penalty if we labeled it post term abortion or retroactive birth control. There were no takers. Again, the vote was 10:9 for repeal.

It will be a busy week ahead. Sessions on Wednesday and Thursday with 88 pages of scheduled bills. Call me at 320-9524 at dave@sanbornhall.net if you want to talk to me about anything. I look forward to hearing from you.

Cheers!

Dave Testerman
State Representative
Hill and Franklin

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Town planning IS local control

BY BOYD SMITH
Executive Director
Newfound Lake Region Association

Since 2009, the NLRA and our many partners have delivered data-driven programs to protect the Newfound watershed. This 100-square mile gem contains some of New Hampshire's cleanest water, and healthiest and most diverse wildlife habitat. Due to slow-motion development this special environment and our quality of life are at risk. However, local controls are available to preserve and protect what sustains our economy, and our spirits.

Each of the five watershed towns has struggled with land uses that conflicted with their vision, spending years of valuable staff and volunteer time, and on occasion tens of thousands of dollars in legal fees, to resist an unwanted application allowed under existing local controls. Thoughtful zoning is not needed,



until it is, at which point it is often too late. Zoning ordinances are created by Planning Boards, and are shaped with public input before being presented at Town meeting for vote. Zoning: Protects property values by preventing neighboring, unwanted uses. Prevents overcrowding, and allows development that maintains the look and feel of the community. Balances residential, commercial and open-space in ways that foster economic vitality. The Town of Groton Planning Board, with the assistance of an all-volunteer Citizen Planning Committee, is present-

ing zoning regulations for discussion and vote at the March 2019 town meeting. If you are a Groton resident, please learn more about the proposed regulations at www.GrotonNH.org and attend the Town Meeting on Saturday, March 16 for a chance to shape your Town's future. While Groton is taking a big step to adopt

comprehensive zoning regulations, other watershed towns are "moving the needle" towards local control in different ways. With NLRA and NH Department of Environmental Services' funding and support, Steve Whitman of Resilience Planning and Design, and Dan Sundquist of Greenfire GIS have been assisting Alexandria, Bristol, Gro-

ton, and Hebron with important projects designed to foster smart growth. Alexandria is revising a key part of their subdivision regulations by clarifying a risk-based approach that balances development and land protections within 250 feet of surface water. Bristol recently finished updating their natural resource maps and a development checklist to guide residents, developers and Town staff through the commercial and residential building process. Hebron is revising the Natural Resources section of their Master Plan, and adopting a development checklist similar to Bris-

tol's. Through NHDES and membership support, NLRA helps towns advocate for local control through land-use regulations and guidance. Looking at what you most love about your town, and considering how threats come in the form of slow-motion change, thoughtful, pro-active planning makes perfect sense. Please become a local leader and contact your local Planning Board or the NLRA (info@NewfoundLake.org) if you have any questions or want to become more involved in how your Town chooses its future.

Cougar and man, to the death, in the mountains of Colorado

NORTH COUNTRY NOTEBOOK
By JOHN HARRIGAN



People who keep track of news about all things cougar---mountain lion, catamount, panther, wildcat, puma, and so on---are likely to know about



COURTESY COLORADO PARKS & WILDLIFE
Not a "Here Kitty" situation: Male mountain lions (cougar, catamount, et al) can easily top 200 pounds.

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Published April 29th, 2019

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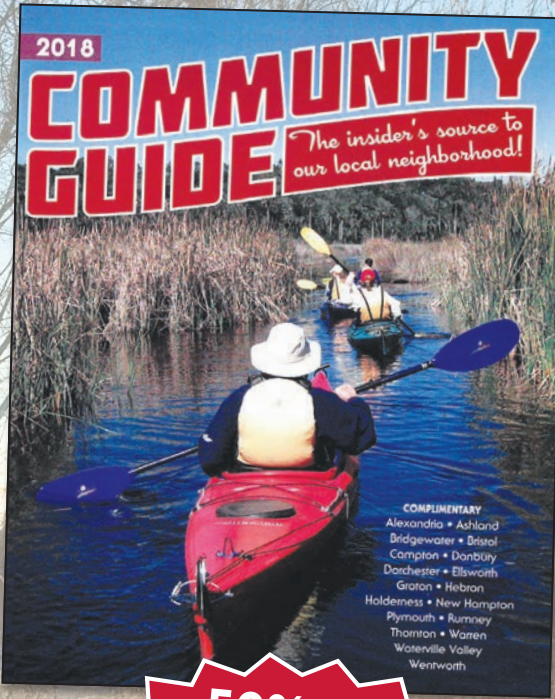
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an incident in Colorado on Feb. 4, in which a runner survived a cougar attack by fighting back. These things, like an accident during hunting season, have a quick way of getting around. Travis Kauffman, 31, said he knew something about a cat's behavior from watching his cat at home, and knew that the greatest risks were being bitten on the neck or disemboweled by the cougar's powerful hind legs. Investigators who went to the scene, along a popular 15-mile loop around Horsetooth Mountain, said that under the circumstances it was the best faceoff anyone could hope for: a cool-headed teacher who knew a bit about cougars, versus an immature mountain lion that might have been making its first attack on larger prey. The mountain lion is native to New England, and the federal government has declared its sub-species, puma concolor cougar, extinct. Many people who live in the vast woodlands of northern New England and the Maritimes are not so sure. In reporting the incident, Colorado Parks and Wildlife noted that mountain lion attacks are rare, with "fewer than 20 documented fatalities in North America in more than 100 years."

tal. The operative phrase here is "ran three miles." Here's a guy who's just been mauled by a mountain lion, with chunks of skin and muscle missing and fang-punctures all over his head, and he runs three miles for help. This put me in mind of Hugh Glass, the mountain man who in 1823 on the upper Missouri was mauled by a grizzly, left for dead by a fellow trapper assigned to care for him, and returned to the trappings of "civilization" to exact his revenge. It also made me think of John Colter, captured in Yellowstone by the Blackfeet, released stark naked, and given a head start; and who then outran his pursuers even though there were several, and they could take turns running at top speed. Colter made it, too.

+++++

Mountain lions, like other big cats, often kill by a bite to the neck, severing the spinal cord. The Yellowstone cougar never got a chance to do that. Instead, it found sharp sticks forced down its throat, and then Kauffman's hand and arm thrust straight down its gullet. The experts advise people in cougar situations to back off slowly; to never, ever run; and if engaged at close quarters, to yell like hell and fight back. Kauffman said he was "a little bummed out" to meet up with a cougar under such circumstances. "We had a little wrestling match," he said, before

+++++

After he removed his mangled arm from the dead animal's jaws, Kauffman ran three miles out of the park, where a passerby picked him up and took him to the hospi-

SEE **NOTEBOOK**, PAGE A12

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March has decided to come in like a lion a few days early this year and has set new records atop Mount Washington from what I've been reading. It does put a whole new meaning to "hold onto your hat!" doesn't it? I'll say it again, Spring IS coming with it's warmer days, balmy breezes and gentle rain.

Town

Congratulations to the Alexandria Volunteer Firefighters Association for another successful Fishing Derby. A job well done! Thank you to all the sponsors and supporters as well. Congratulations to all the winners of prizes.

Board of Selectmen Meeting Tuesday, March 5 at 6 p.m. in the Municipal Building. Town Reports are available at the Municipal Building. Absentee Ballots are available at the Town Clerk's Office. If you have any questions pertaining to Absentee Balloting, please give Fran a call at 744-3288.

Town Elections and Voting on Warrant Articles March 12, 2019 from 11 a.m. until 7 p.m.

Alexandria UMC

There will be no office hours or book study on Feb. 28, as Pastor Faith is on vacation for the week.

Community Dinner on Saturday, March 2 at 5 p.m. in the Vestry. All are welcome!

Sunday, March 3, services will begin at 9 a.m. Sunday School follows at 10:15 a.m. The Administrative Council will meet at 10:30 a.m. Please note, this is a week early, and at an earlier time, so that Pastor Faith may attend .as well.

Newfound Area Churches (NAC) Lenten Series begins Wednesday, March 6, 2019 at noon at Our Lady of Grace. Light lunch to follow the Ash Wednesday Service.

Sincerest sympathies are extended to the family and friends of Edith Bean who passed away Feb. 20. There will be a celebration of her life at the Alexandria Town Hall on Saturday, March 2, from 2 to 3 p.m. We will certainly miss this spunky lady with bright eyes and the sweetest of smiles!

Hi ho, hi ho, it's time for me to go! Hope you all have a great week ahead; be safe in your travels, and be kind to one another!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

The South Danbury Church Sunday worship services at 11 a.m., will continue through the winter, weather

permitting. Last Sunday, worship was cancelled and Reverend Gray Fitzgerald will lead worship instead on Feb. 24, on March 3. Their next happy hour will be at Easter!

Danbury Winter Market

This Saturday, March 2, from 9 a.m.-1 p.m., is the Danbury Winter Market at the grange hall. It will be grind stone sharpening day. Mike Braley brings his grindstone and sharpens all your dull things. Bring them to the hall for sharpening, shop while you are there and socialize too. There will be two new vendors at the market his month. One is Candles by Forrest and the other is pet items by Donna Phelan. Joining the market after a few months off will be Pleasant View Arts. Brownies Beads and Judy Evans takes this month off. Stop on over for breakfast, lunch, local foods and artisanal crafts. Also available ...only in Danbury, from Danbury Grows will be the Merrimack Wonder Pepper seeds, a popular pepper that vanished with the closing of Merrimack Farmers over 45 years ago. A pepper, full of flavor and suitable for a short growing season, is ripe red in 65 days. Take in a good dose of community while supporting your local farms, cottage industries and specialty food producers. The market runs every first Saturday thru April.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

The Town is in need of a Deputy Tax Collector in the near future. If anyone is interested in applying for this position, please contact the Town Clerk's Office at 744-8849. It is not required that this person be a resident of the Town. This is a part-time position.

The Town of Groton has two openings for positions within the Emergency Management Team. The Town is looking for an Emergency Management Director and a Deputy Emergency Management Director. Anyone interested should contact the Select Board Office by calling 744-9190, by emailing selectmen@grotonnh.org or by coming to the Select Board's Office at 754 North Groton Rd.

We have been asked by the Transfer Station employees to please collapse/break down cardboard boxes that are brought in as the bins are filling too quickly and the cost of using Town equipment to compress the boxes has become cost prohibitive and too time consuming.

Remember that we have use of the Hebron Town Library for library services. There is also a computer set up on the first floor of the Town House that may be used by Groton residents at any time

the offices are open. The Hebron Library hours are Mondays, 4 – 6 p.m.; Wednesdays, 1 – 5 p.m. and Saturdays, 9 a.m. – 1 p.m.

Scheduled Meetings and Office Closures:

Select Board Work Sessions –Tuesdays, March 5 at 5 p.m. and March 19 at 4 p.m., at the Town House

Select Board Meetings (open to the public) – Tuesdays, March 5 and March 19 at 7 p.m. at the Town House

Library Trustee Meeting at the Town House Monday, March 4 at 9 a.m.

Zoning Board of Appeals Meeting at the Town House, Monday, March 4 at 3 p.m.

Supervisor's of the Checklist Meeting at the Town House, Monday March 4 at 6:30 p.m.

Candidates Night at the Town House, Tuesday, March 5 at 7 p.m.

Town Elections, polling place is at the Town House 754 N. Groton Rd., Tuesday, March 12; polls will be open from 11 a.m. to 7 p.m.

Conservation Commission Meeting at the Town House, Thursday, March 14 at 7 p.m.

Town Meeting will be held at the Town House on Saturday, March 16 beginning at 9 a.m.

Road Committee Meeting, Tuesday, March 26 at 6 p.m.

Planning Board Meeting Wednesday, March 27 at 7 p.m. at the Town House

Taxes due:

There are a total of 220 outstanding in-

SEE TOWNS, PAGE A9

ALEXANDRIA — Edith P. Bean, 87, passed on Wednesday, Feb. 20, 2019, at Franklin Regional Hospital after injuries from a fall.

She was born in Alexandria, one of seven children of Lyle and Clara (Flanders) Bucklin. She was a graduate of Bristol High School and longtime member of the Alumni Association. Edith began her working career for IPC in Bristol. She then went on to work for Calley & Currier and held the position of vice-president. After her many years at Calley and Currier she went on to work for the former Bank of New Hampshire as an Administrative Assistant and Clerk.

Edith will be remembered for her infectious laugh and the twinkle in her eye that let you know she was up to some sort of mischief. She was devoted to her family, and loved to spend time with her grandchildren and great grandchildren. Although she understood nothing about baseball, she was an ever present supporter of her family's four generations of playing, though if truth



be told, she was really there for the social aspect and spent her time talking with others present. She loved to go to rummage sales, cook, read, watch movies and to entertain. After the Alumni Association stopped doing its annual reunion, Edith took it upon herself to host an event at her home. Edith loved to be out on her property. She had a golf cart that she used to run around with but found that it just didn't have enough get up and go so she replaced it with a dune buggy which she ripped up and down the property with, giving any brave soul a ride in it. For most it was a single ride as there were not many who were willing to brave a second trip with her. She is survived by her husband of 63

years, Albert Bean of Alexandria; two sons, Joel Bean and his wife Sue of Alexandria and James Bean and his wife Kimberley of Florida; two grandchildren, Kristopher Bean and his wife Tandra of New Hampton and Jennifer Cullen and her fiancée Thomas Barrett of Boscawen; five great grandchildren (Brayden and Makenzie Cullen, Jacob and Karter Bean, and Amelia Barrett); two brothers, Everett and John Bucklin, both of Alexandria; and many nieces and nephews.

In addition to her parents, she was predeceased by brothers William, Robert, and David Bucklin, along with sister Constance Currier.

A Celebration of life will be held Saturday, March 2, 2019 from 1-3 p.m. at the Alexandria Town Hall, 47 Washburn Rd., Alexandria. Interment will be in the NH Veterans Cemetery in the spring. In lieu of flowers, donations may be made in her memory to the TTCC Baseball program, 30 North Main St., Bristol, NH 03222. Arrangements are under the direction of Emmons Funeral Home of Bristol.

Michael Faragi, 84

NEW HAMPTON — Michael Faragi, 84, of New Hampton, died Feb. 21, 2019 at Lakes Region General hospital, in Laconia.

Born in Saugus, Mass. on Feb. 17, 1935, he was the son of Philip and Damiana (Ferro) Faragi.

Michael grew up in Saugus, and attended Saugus Schools. He was a resident of Wakefield, Mass. for many years. He had been a resident of New Hampton since 1997.

Michael worked as a serviceman for Boston Filter, in Charlestown, Mass. for many years, and then for Filter

Sales and Service, in Burlington, Mass. for 15 years.

Michael was an avid football fan, and loved his dog "Pixie."

Michael was predeceased by his daughter, Lisa Kalinoski, who died in April of 2017.

Michael is survived by his wife, Carol H. (Doucette) Faragi of New Hampton; his son, Michael J. Faragi, and his wife Nancy of Derry; two grandchildren, Michael David Faragi and Jillian Mia Faragi; and many nieces and nephews.

Calling hours will be held in the May-

hew Funeral Home, 204 Daniel Webster Highway, Meredith, on Thursday from 9:30 to 10:30 a.m. A Mass of Christian Burial will be celebrated at St. Charles Borromeo Church, 300 NH Route 25, Meredith, on Thursday, Feb. 28, at 11 a.m. The Rev. Msgr. Gerald Belanger, Pastor, will be the celebrant. A committal service will be held in the Puritan Lawn Cemetery, Peabody, Mass. on Friday, March 1 at 11 a.m.

To sign Michael's Book of Memories, visit www.mayhewfuneralhomes.com.

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weddings@salmonpress.com

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Brendan Berube at (603) 279-4516, ext. 111
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Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Pastor Ernie Madden
Phone: 968-9464
Email: accernie@hotmail.com
Website: ashland-communitychurch.com

Sundays:
9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.
10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service.
Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service.
Special Needs Class - For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

Kidzone:
Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

Alcoholics Anonymous Group:
Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace, mercy and love. We believe that you will love Ashland Community Church. We are a friendly, loving, and

caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

Real Church, Real People, Real Simple

We look forward to seeing you on Sunday, and remember to just come as you are. No perfect people allowed!

Bristol United Church of Christ ("the Church on the Hill")

We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays
Pastor: Rev. Andrew MacLeod
Intergenerational Service: 10 a.m.
Coffee Fellowship: Following service
Sunday School: 10 a.m.

Notes:
Wheelchair accessibility can accommodate up to three wheelchairs in our Sanctuary!

Please note that services are being held in Fellowship Hall on Sundays at 10 a.m. through the end of February. Services will resume in the Sanctuary

on Sunday, March 3.

The Christian Education committee is bringing a labyrinth to our church during Lent. It will be on loan to us from March 13 to March 17.

The labyrinth will be made available to the community Thursday through Sunday. Hours are: Daytime: 9 a.m. to noon and Evenings: Wednesday, Thursday, Friday, and Sunday from 5 to 8 p.m. The labyrinth is free to all who are interested in a meditative experience.

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222
Phone: 744-8132

Office Hours:
Main Office – Monday through Friday - 9 a.m. to noon
Pastor's hours: Monday through Thursday - 9 a.m. to noon, and other times by appointment
Rev. Andrew's Home Phone: 217-0704
Email: pastorbucc@myfairpoint.net

Weekly Events:
Mondays: A.A. Step meeting – 7:30 p.m.
Tuesdays: Bone Builders – 9:30 a.m.
Senior Crafts: 9:30 a.m.
Senior Luncheon – Noon
AA Discussion – 8 p.m.
Wednesdays: With a lively and committed group, Morning Reflections are continuing through the winter months, as weather permits, with Rev. Andrew moderating, on Wednesday mornings at 7:30 a.m.!

Monthly Events:
WIC (Women/Infant/Children) Clinic – 2nd Monday at 8:30 a.m.

Women's Fellowship – Our next meeting

will be held on Thursday, March 14 at 10 a.m. in Fellowship Hall. All are welcome!

Choir rehearsal continues at 4 p.m. every Wednesday.

Ongoing:
Bristol Community Services is in need of EVERYTHING, except canned veggies. Please help if you can!

Join us on Saturday, March 9 for the "luck of the Irish" famous corned beef dinner! Wear your green!

5:30 to 7 p.m.
Adults \$9. Children \$4. under 12.
Take Out Available: 744-8132

The ukelele band is having fun, fun, fun and has been well-received! We're growing, as we presently have 10 members and always looking for more. If you are interested in joining, please contact Debbie Doe.

The band is getting together once a week on Wednesdays at 8:30 a.m. in Fellowship Hall for lessons and practice. Their next performance will be Sunday, March 10!

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

Hill Village Bible Church

Youth Ministries
Master Clubs, for children age four to sixth grade, is an exciting Wednesday evening program that challeng-

es kids to build Christ-like character through various activities which are led by godly role models. Children are taught character traits such as obedience, honesty and respect. The three parts of the club are Believing on God's Son, Obeying God's Holy Word, and Serving in God's House. Kids are taught about the life of Jesus Christ and how God desires them to live, it trains them to apply God's Word to their lives, and provides kids opportunities to service their local church and community. "Train up a child in the way he should go, and when he is old, he will not depart from it." Proverbs 22:6. It is our desire at HVBC to lead children to the Savior, and train them according to God's Word so that throughout their lives they will be godly leaders. The ages are broken up into three groups: Little Lambs, Watchmen, and Ambassadors. Depending on the group, they can earn certificates, ribbons, badges, and pins.

About Us
At Hill Village Bible Church, we desire to "grow in grace, and in the knowledge of our Lord and Savior, Jesus Christ" as He alone can meet each need. Join

us for the preaching of God's Word, singing of heart-warming hymns, and joyful fellowship with believers. HVBC is a faithful church. We believe the Bible is God's Word, which is practical for today. So, at HVBC we seek to be faithful to the message of the Bible as we bring the life changing Gospel to our community. We would enjoy the opportunity to minister to you and your family.

Please call 934-3500 and speak to Senior Pastor Daniel Boyce, Associate Pastor Andrew Hemingway, or Youth Pastor Nathan Pelletier. You can also visit us at www.hill-villagebiblechurch.com or our Facebook page.

Our address is 36 Crescent St., Hill.

Sundays
Sunday school for all ages, 9 a.m., Morning Worship, 10am, Discipleship Hour, 11:30am. Nursery provided for all services.

Wednesdays: 6:30 p.m.
Adult Prayer and Bible Study, Youth Group (grades 7-12), Master Club (Age 4 – grade 6). Nursery provided for all services.

Fridays: 7-9 p.m.
Reformers Unanimous Addition Recovery Ministry, for those struggling with addictions and their families.

SEE CHURCHES, PAGE A10

Towns

FROM PAGE A7
voices with a total due of \$151,133.32. New tax bills will be released late in May. You may get the balance due on your taxes by looking at the NH Tax Kiosk. The link is available by clicking on the grey button on the Town Clerk/Tax Collector's page of the Town Web site: www.grotonnh.org.

Payment may be made over the Internet by clicking the RED button on the same page.

Thank you to all who have submitted your payments. This helps reduce everyone's taxes.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Community Breakfast
On March 2, a Community Breakfast will be held in the Community Hall of the Union Congregational Church of Hebron. For \$4, we will be serving eggs, bacon, sausage, pancakes (and maybe french toast), hash, oatmeal, yogurt, fruit, pastries, juice, coffee and tea. But you must be an early riser as breakfast is served from 7:30 to 8:45 a.m.

Supervisors of the Checklist Session
The Supervisor of the Hebron Checklist

will be in session at the Town Clerk's Office, 10 Church Lane, on Saturday, March 2 from 11 to 11:30 a.m. This is an opportunity to register to vote, make any changes or corrections to the checklist or change your party affiliation.

Don't forget to vote March 12!
Newfound Area School District Voting - Tuesday, March 12
Voting for Newfound Area School District officials and warrant articles will take place on Tuesday, March 12 from 11 a.m. to 7 p.m. in the basement of the Union Congregational Church located at 16 Church Lane in Hebron.

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Newfound Lake Area &
Surrounding Communities

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- Demolition
- House Cleanouts



Plymouth State University to host 2019 New Hampshire Water and Watershed Conference on March 15

Day-long event focuses on regional water resource issues, including water quality and supply

PLYMOUTH — Plymouth State University’s (PSU) Center for the Environment will host the 2019 New Hampshire Water and Watershed Conference

on Friday, March 15, at Merrill Place Conference Center in Plymouth. The annual conference brings together scientists, regulators,

non-profit organizations, water resource professionals, land use planners, elected officials, and others to share information on regional water re-

source issues, including water quality and supply. “From environmental and human-made threats to our drinking water, to the effects of warming water temperatures in our beautiful lakes, to concerns about acceptable arsenic levels, water touches all aspects of our lives and it is a supremely important area of research and constantly evolving science,” said June Hammond Rowan from PSU’s Center for the Environment. “This annual conference serves a wide audience and features the most current research and information about our water resources, and we are very excited

about this year’s program.” Hosted annually by PSU, the New Hampshire Water and Watershed Conference is organized by representatives of PSU’s Center for the Environment, the New Hampshire Department of Environmental Services, New Hampshire Geological Survey, the cities of Concord and Portsmouth, Granite State Rural Water Association, The Nature Conservancy, University of New Hampshire, and Dartmouth College.

The day-long event will include presentations and discussion on the status of New Hampshire’s lakes and rivers; the economy of water; conservation and water quality and quantity regulatory issues; technology; the changing landscape of our regional water supply; and others. Informational posters will be presented throughout the day.

The conference is open the public, but pre-registration is required. Admission, including lunch, is \$55 per person, and student registration is \$35. For information and to register, visit plymouth.edu/cfe/2019-nh-water-watershed-conference/ or email nhwwc2019@gmail.com.

About Plymouth State University
Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

“Mount Rushmore: Monument Men Part II” at Taylor Community

LACONIA – Witness the rich and tumultuous history behind our nation’s Shrine of Democracy in this stunning new documentary series, containing detailed biographies and virtual tours of Rushmore and the Crazy Horse Memorial.

Wednesday, Feb. 27 at 2 p.m. in Taylor Community’s Wood-

side Theater, we will highlight Thomas Jefferson. This free event is open to the public. The author of the Declaration of Independence, a strong voice for the defense of liberty, and the architect behind the largest territorial expansion in U.S. history, this episode examines Thomas Jefferson’s right place

on Mt. Rushmore. Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.

Churches FROM PAGE A9 Holy Trinity (Roman Catholic)

The new building in Plymouth is coming along quite nicely. The siding is installed and the crew is working on the interior now. We thank you for your patience in dealing with the parking and weather.

The Parish Council approved parishioner John Ulricson designing the parish center sign as his Eagle Scout project.

Congratulations to the Bristol Knights of Columbus #7073 for receiving the Fr. Michael McGivney Award for membership during 2017-2018 fraternal year. The Council went 125% over their membership quota ranking third in this state. The Knights will be hosting two Fish Fry nights during Lent, one on Friday, March 8th and the other on Friday,

April 12. Both will be held at the Marian Center. More details to follow.

Ash Wednesday is Wednesday, March 6 and the schedule is:

Noon: Ecumenical service at Our Lady of Grace in Bristol with the distribution of ashes

7 p.m.: Mass at St. Matthew Church in Plymouth with the distribution of ashes.

The Newfound Area churches is once again sponsoring prayer partners. You can pick up a prayer partner card at the 9:30 a.m. Mass. Then pray for your designated partner during Lent (and they will pray for you) and meet them during the Easter season.

The Confirmation Masses for this year are scheduled on Wednesday, May 8 for grades five through high school held at Our Lady of Grace Chapel, and Saturday, May 11 at St. Matthew Church for grades 3-4 and their siblings.

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially

launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congrega-

tion where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

This week at Starr King: Sunday, March 3

“Deeper Than The Skin”

Greg Greenway and Reggie Harris, Guest Presenters

Two friends... one Black, one White... one from the North... one from the South. Musicians, storytellers, born three-day apart. Two separate narratives forged into one powerful friendship aimed at helping us all find common ground.

RE - Community Worship

For more details, visit our Web site www.starrkingfellowship.org 536-8908



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Edward Jones: Financial Focus

The Right Insurance Can Meet Both Short- and Long-term Needs

If you're going to achieve your important financial goals, you'll need to build an appropriate investment portfolio. But that's only part of the story – because you also need to protect what you have, what you earn and what you'd like to leave behind. That's why it's a good idea to become familiar with the various types of insurance and how they can address short- and long-term needs.

For starters, consider life insurance. You may have important long-term goals, such as leaving an inheri-

tance for your family and providing resources for your favorite charities. You may be able to fulfill some of these through the death benefit on your policy. You can also purchase life insurance to help fill the gap between the amounts you have saved and what your family would need if you died unexpectedly. Thus, insurance can pay for liabilities (such as a mortgage, car payments, student loans and other debts), education expenses (such as college for your children) and final expenses as-

sociated with your passing. Next, consider disability insurance. If you were injured or became ill and couldn't work for a while, the loss of income could be a big problem for your family members – in fact, it could disrupt their entire lifestyle. Even a short-term disability could prove worrisome, while a long-term disability could be catastrophic. Your employer might offer short-term disability insurance, and that could be enough – but do you really want to take that chance? To protect your in-

come if you were out of work for an extended period, you might need to supplement your employer's coverage with your own long-term disability policy. Long-term disability insurance, which generally kicks in after you've used up your short-term benefits, may pay you for a designated time period (perhaps two to five years) or until you reach a certain age, such as 65. Long-term disability insurance likely won't replace your entire income, but it can go a long way toward helping you stay “above water” until you re-

cover. You may also want to think about long-term care insurance. Despite its name, a long-term care policy could meet either short- or long-term needs. On the short-term end, you might need the services of a home health care aide to assist you in your recovery from an injury such as a broken hip. On the other end of the long-term care scale, you might someday need an extensive stay in a nursing home, which can be extremely expensive and which isn't typically covered by Medicare. But in ei-

ther case, you might be able to benefit from a long-term care insurance policy, or possibly a long-term care rider attached to a life insurance policy. And the earlier you take action, the better, because long-term care insurance, in particular, generally becomes more expensive the older you get. This list of insurance policies, and the needs they can help meet, is certainly not exhaustive, but it should give you an idea of just how important the right insurance coverage can be for you – at almost any stage of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

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Member SIPC

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Campton	140 Hodgeman Hill Rd.	Single-Family Residence	\$119,800	Ian M. Turpin	Hill Villa LLC
Campton	281 Lower Beech Hill Rd.	Single-Family Residence	\$188,000	Nicholas D. Brown	Luis A. Arias
Campton	517 Winterbrook Rd.	Single-Family Residence	\$231,000	Jesse and Jamie Couillard	Sean P. Slattery
Plymouth	9 Blueberry Hill Rd., Unit 2	Condominium	\$185,000	Tara L. Leonard and Aaron Shepard	Margaret M. and Marvin J. Bridle
Plymouth	146 Morse Rd.	Single-Family Residence	\$281,800	Clarence W. Bailey, Jr. RET	Eric M. and Jill E. Goulet
Plymouth	N/A (Lot 44)	N/A	\$26,866	Daniel M. Keniston	Wassett Investments Fund
Plymouth	N/A	N/A	\$11,200	William C. Plaisted and Daniel M. Keniston	Wassett Investments Fund
Thornton	Amory Leland Road	N/A	\$317,000	Stephen J. Nazzaro	David L. and Judy S. Fried
Thornton	21 Lee Brook Rd.	Single-Family Residence	\$222,533	Jacqueline T. McNally	Martin P. and Patricia A. Joseph
Thornton	N/A (Lot 36)	N/A	\$69,000	Brice A. Bennett	Katherine Harris and Joshua Lemmon
Wentworth	314 Cape Moonshine Rd.	Single-Family Residence	\$26,466	FHLM	Charles Hancorn

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

MARK ON THE MARKETS



BY MARK PATTERSON

Almost 100 percent of new clients that walk into my office to discuss their retirement plan have two beliefs that are consistent. First, they believe that they do not have enough money to retire and second is that they believe the amount of money that would allow for a comfortable retirement is predetermined by the "experts" on the radio, TV or magazines, and that number is more than have accumulated. Another common perception is that the tax rate will be lower once the client reaches retirement age. This may be true, or it may not be true. There is no way to know tax policy and rates in the future. Some clients want to

work well beyond traditional retirement years however some clients want to retire early by today's standards. Instead of focusing on total assets needed to retire let's back in to what income you will need to sustain the lifestyle that you want. We must also account for the fact that the money that you are saving for retirement now will not be included in your retirement budget. The key is to convert your retirement assets into income producing vehicles that are sustainable, steady but have the potential to grow. It sounds like a tall order and it is. This plan depends on the amount of income that we must derive from the client's assets. We must also look at Social Security benefits that typically play a big part in the client's retirement income. Congress has done away with some previous filing strategies, but it still makes sense to look at varying scenarios regarding when you the client starts re-

ceiving benefits. The content of many 401(k), 403B, IRA or really any other qualified plans typically consist of mutual funds that have been used for accumulation of assets. These funds, in my opinion are not efficient means of deriving income once retired. A common yet dated strategy has been to take 4 percent of your assets for income. Many years ago, when you could get a CD with a 5 percent return, that might have been viable. In today's world CD rates are substantially lower, so to get your 4 percent you must place your assets at market or credit risk. There are ways to mitigate these risks using investment-grade quality corporate bonds and possibly an "A" rated fixed indexed annuity with good income riders to provide a sustainable, steady income. Once you have met your income goals, we are able to invest the rest of the assets for growth. Because

we have the income portion set, we are not overly concerned with market or sequence of returns risk that would put your income in danger. It can be very beneficial to plan sooner than later. The first step in this process is to figure out a realistic budget and income needs come retirement. A good financial planner that has expertise in planning for retirement income and asset management is a great place to start.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

Tom Hitchcock selected as LRAA's 'Featured Artist for March'

TILTON — Accomplished and creative artist, Tom Hitchcock, a member of the Lakes Region Art Association /Gallery, has been selected as the 'Featured Artist of the Month' for March. His display of work, which includes photography, mixed media, graphic design, and drawings will be on display for the month at the LRAA Gallery, Thursday-Sunday. On Friday, March 15, Hitchcock will host the official opening of his exhibit titled 'Inspiration' from 3-6 p.m. The public is invited and admission is free. Hitchcock's background as an artist and businessman includes

fine art painting, graphic design, illustration, computer graphics, marketing and advertising. Hitchcock once owned and operated his own marketing and advertising business on Madison Ave., New York City. He still offers those same services out of his home studio located in Pittsfield. He also teaches drawing, and is starting a six week Saturday course, March 2, 10 a.m. – noon on 'How to Draw' at the Lakes Region Art Association/Gallery, 120 Lacomia Rd., Tanger Outlets, suite 132, Tilton. "My focus now is on teaching, creating original art, painting and

producing photographic images that are of commercial value and affordable," he stated. "And, if there's one word I'd use to describe what's most meaningful to me, it's 'Inspiration,'" he added. The LRAA/Gallery offers low-cost classes in drawing, watercolor painting, pastels, oil painting and mixed media. For information on registering for classes and costs, Visit the LRAA/Gallery Thursday-Sunday, 10 a.m.- 6 p.m. LRAA is a non-profit organization dedicated to promoting visual arts and inspiring others to find the joy of creativity.

If your kids are a size...



small



medium



large

then they need flu vaccines.

Flu protection is recommended in sizes 6 months through 18 years. The flu can be a serious disease for children of all ages, causing them to miss school, activities, or even be hospitalized. CDC, doctors, and other health care professionals recommend flu vaccinations for everyone 6 months and older.

For more information, visit <http://www.cdc.gov/flu>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Katrina Randlett promoted to Learning and Development Officer at New Hampshire Mutual Bancorp

MEREDITH — Katrina Randlett has been promoted to Learning and Development Officer at New Hampshire Mutual Bancorp (NHMB). In her new role, Randlett will oversee the plan-

Bank of New Hampshire promotes Lisa Byars to Vice President

LACONIA — Bank of New Hampshire is proud to announce that Lisa Byars has been promoted to Vice President – Human Resources Officer.

Byars joined Bank of New Hampshire in February 2014 and has made major improvements in the Human Resources department, streamlining the recruiting and onboarding processes, taking on responsibility for safety and workers compensation, employee relations and running the daily operations of the department. Her experience in Human Resources spans more than 25 years in manufacturing and banking, serving as a generalist and manager for large companies.

Byars is a graduate of the Northern New England School of Banking and the UNH Next Level Leadership Consortium. She also received certificates from the UNH Peter T. Paul College of Business & Economics for completing the Executive Development Program on Coaching & Development and from the New Hampshire Bankers Association for completing the Emerging Leaders in Banking Program. She is currently enrolled at Granite State College



COURTESY PHOTO

Lisa Byars

to complete her Bachelor of Science Degree in Human Resource Administration. She is an active volunteer within the Gilford school system and youth sports programs.

If you would like to learn more about employment or open positions, visit www.BankNH.com.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses

throughout New Hampshire and southern Maine. With 24 banking offices and assets exceeding \$1.6 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.



COURTESY PHOTO

Katrina Randlett

ning and execution of learning and professional growth, workplace engagement and leadership development for sister banks Meredith Village Savings Bank, Merrimack County Savings Bank and Savings Bank of Walpole as well as Mill-River Wealth Management.

“Katrina is a great addition to the Human Resources team, as she brings enthusiasm and a disciplined approach to our ongoing organizational development efforts,” said David Cronin, Senior Vice President and Human Resources Director for

NHMB. “She offers a fresh perspective when it comes to working with supervisors and employees to help staff develop to their fullest potential.”

Randlett joined Meredith Village Savings Bank (MVSB) in 1999 as a Teller. She spent several years in a variety of roles within Retail Banking at MVSB including Branch Services Manager and Teller Trainer. In 2017, she transferred to the Risk department as Risk Management Systems Administrator for NHMB.

She earned her Teller and Customer

Service certifications through the American Bankers Association, and is a graduate of the Northern New England School of Banking. Randlett has been an active volunteer for the Save for America program over the course of 16 years and remains active in her local community. She resides in Holderness with her family.

New Hampshire Mutual Bancorp, a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in New Hampshire. This strategic partnership has positioned the Banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing their community banking standards and values. MillRiver Wealth Management joined as a third subsidiary of NHMB in 2015, combining the financial advisory divisions of MVSB and The Merrimack. In July 2018, Savings Bank of Walpole joined as a fourth subsidiary. NHMB combined assets total more than \$2.2 billion. For more information about NHMB, visit nhmutual.com.

Taylor Community presents a magical performance by BJ Hickman March 4

LACONIA — Magician BJ Hickman entertains family audiences with comedy, magic, dazzling deceptions and mind-reading miracles. Join us Monday, March 4 at 6:30 p.m. in Taylor Community's Woodside Building for BJ's return visit.

A full-time professional magician, Hickman entertains audiences of all ages throughout New England. He has produced three instructional videos, and teaches magic classes and workshops for children and adults.

He is also author of the book “Magic Speaks Louder than Words,” filled with magic tricks, diversions and curiosities for adults who want to improve communications with children.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.

Lakes Region Mental Health Center receives NHCF Grant

LACONIA — Lakes Region Mental Health Center (LRMHC) was one of nearly 70 New Hampshire nonprofit organizations that received an operating grant from the New Hampshire Charitable Foundation.

In 2017, the Foundation announced that its Community Grants program, through which qualified nonprofit organizations apply for funding, would be dedicated to providing multi-year operating support starting in 2018.

“Receiving this kind of flexible capital helps our organization meet our mission and ensures that we are able to respond to the increasing needs of our communities,” said Maggie Pritchard, CEO of Lakes Region Mental Health Center.

“Four years ago, LRMHC received a grant from SAMHSA that support-

ed our efforts to provide integrated mental and physical health care at the community mental health center which was provided through partnerships with two are Federally Qualified Health Centers. That grant allowed us to hire staff, construct medical offices and exam rooms, execute contracts with providers and implement the OneHealth program. This program has served 364 patients since its inception. Part of our strategic plan is to continue to sustain and expand the model of care that integrates physical health with our behavioral health services, including screenings for substance use disorders and co-morbid medical conditions. These initiatives improve patient outcomes over time and the added funding will help support those efforts. We

are very grateful to the New Hampshire Charitable Foundation's continued support of the important work that we do,” said Pritchard.

The Lakes Region Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses, in Laconia and Plymouth that serves over 4,000 children, families, adults and older adults each year. LRMHC provides Emergency Services 24 hours a day, seven days a week, to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. Additionally, LRMHC provides individual, group and family therapy; mobile crisis teams in the event

a tragic event occurs that impacts a community at large, psychiatry; nursing; community support programs for people with severe and persistent mental illness; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child Impact seminars are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 524-1100 or visit the Web site at www.lrmhc.org. Find the Lakes Region Mental Health Center on Facebook and follow us on Twitter for updates and information.

THE CHALLENGER DISASTER
Feb 24, 26 - 28 & Mar 3 - 7

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On the eve before the Challenger disaster in 1986, a hot headed engineer leads a desperate race against the clock to stop the launch and the subsequent cover up and whistleblowing.
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Legendary Folk Singer-Songwriter
3/8 - American Vinyl All Star Band
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3/9 - Mike Girard's Big Swinging Thing
3/10 - Red Hot Chili Pipers

Bring in this ad to get TWO movie passes for the price of one for The Challenger Disaster on March 4 or 5!

FlyingMonkeyNH.com - 39 Main Street, Plymouth NH 03264 (603) 536-2551

Notebook

FROM PAGE A5

both rolled down an embankment and resumed the struggle.

Kauffman found a rock but couldn't wield it with the right angle and force to have much effect. But he knew, from playing with his own cat, how felines disembowel their prey--by grasping with their front

legs, and using their powerful rear legs to tear into the abdomen.

Ultimately, Kauffman was able to use knees and feet to crush the cat's windpipe. It took him a while to stop shaking. The incident won't shape his life, he said, and he'll be out there running again as soon as he's healed up.

“For the most part I don't feel any resid-

ual trauma from it,” he said. “And I tend to like to move forward. That's kind of my personality.”

Colorado Fish and Wildlife went to the scene, took measurements and pictures, and corroborated Kauffman's account. Adult male cougars can reach 200 pounds and more. Kauffman's attacker was a juvenile male of about 40

pounds. Kauffman said it was probably as scared as he was.

(This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. See us on Facebook. Letters must include phone numbers in case of questions and are welcome at campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Lellos

FROM PAGE A1

staff at Newfound,” said Hoiiris.

Amy Yeakel, Extended Learning Opportunities coordinator at NRHS, had praise for her co-worker as well.

She said, “Mr. Lellos arrives game ready, ready to work, be busy, innovative, pitch in

and cover a gap.”

And while Lellos’ curriculum is rigorous, students consistently rise to the challenge, are engaged and successful, stated fellow social studies instructor Daniel Champagne.

Former student Emma Howe weighed in by saying, “I have never had a teacher

that has transformed my experience in the classroom as Mr. Lellos,” while current student Deanna Martin wrote that Lellos did more than help her find the desire to learn. He has also taught her the value in learning and has inspired her to pursue a future in Economics.

Sewer

FROM PAGE A1

would cover half the cost. There are possibilities of obtaining lesser grants, as well, and the state of New Hampshire may kick in money to get the sewer lines extended to Wellington State Park.

The stakes are high. Newfound Lake is known as the cleanest lake east of the Mississippi River, fed as it is by the Fowler and Cockermouth rivers, which flush the lake more rapidly than some water bodies. Recent testing has shown that the water quality has degraded, particularly at the outlet to the Newfound River, although whether that is due to failing septic systems is questionable. Development around the lake, along with erosion from higher water levels, are contributing factors.

Regardless, installing a sewer line to replace failing or aging septic systems can help to protect the “gem” of the Newfound Region, supporters say.

Even with a \$10 million grant to cut the cost of Phase 1 in half, Bristol taxpayers and sewer users will see hefty increases, with the potential new users seeing even higher costs, as the Feb. 19 meeting made clear.

While Alpers assured the audience that the numbers being presented are only one option for meeting the cost, and could change depending on how the effort moves forward, the project would lead to increases that would continue for the 30-year life of the bond.

The current proposal calls for taxpayers to pick up 40 percent of the cost, or \$400,000 annually from the general fund. Those already on the sewer system would see a 40 percent increase in their sewer bills, or between \$140 and \$160 per year for 30 years, for a total annual bill of about \$520. Those within 100 feet of the sewer system when extended to the lake would be required to pay a betterment fee

of \$610 per year, whether they connected to the line or not — and those who did connect would also be paying the regular sewer rate, plus covering the cost of running a line from their homes to the municipal connection at the property line, which in some cases would require installing a pump and electrical panel.

Questionnaires indicated that many of those at the lake were in favor of the sewer extension, despite the cost.

Alpers noted that betterment fees are “very foreign” to Bristol residents. When the town reconfigured Central Square and replaced aging sewer lines as part of that project a few years ago, voters split the cost evenly between general taxation and user fees.

The town also has the option of creating a tax increment financing (TIF) district, where increased taxation from any new development would be used to reimburse the town for extending its infrastructure to the lake. In such a case, current lake residents would avoid the betterment fee and sewer rates might not rise as much.

Because the town as a whole benefits from having a clean Newfound Lake, another option would be to put the entire project on the tax base, leaving sewer rates alone.

That may not be an option if the town wants to obtain the rural development grant. The government looks at a town’s ability to pay, and current sewer rates — even with the increase from the Central Square project — average \$370 per year, while the state average is \$680.

The grant also takes into account the town’s median household income. While some sources put the median income at \$46,058 and

the state’s census-designated median household income for Bristol is listed at \$49,643, the figure the town is using is \$54,015, which means residents will be expected to shoulder more of the cost. Town Administrator Nik Coates said the \$54,015 figure comes from the census figures the federal government uses in weighing the rural development grants.

The project

The current plan calls for extending the downtown sewer from where it currently ends at Millstream Park further along Lake Street, nearly to Riverdale, the development formerly known as Slab City. A separate line will take in the foot of the lake by extending up North Main and Danforth Brook Road over to Hall Road.

That, say the engineers, is the lowest-cost option overall, minimizing the downtown impact and the number of sewer upgrades necessary. It will require more pumping stations, which will add \$100,000 to operations and maintenance costs, but still falls below the cost of the other options.

Alpers noted that the project will not happen overnight, taking three to four years to complete, and the town will not have to borrow the money all at once. While the main focus is on protecting Newfound Lake, he also pointed out that the town’s main well is at the Fowler River, so the project also will help to protect the municipal water supply.

He gave credit to the Newfound Lake Region Association for working to control stormwater and make residents aware of ways to mitigate damage to the lake.

“This is about enabling legislation,” Alpers said. “This enables us to take the dollars. It won’t happen overnight.”



Ashland Police Chief Tony Randall played the role of a front guard for emergency medical crews in a simulated active shooter drill in Campton.



Members of Scouting Troop 58 recently assisted in an active shooter preparedness drill with area police, fire and emergency medical personnel. From left to right are Campton-Thornton Fire Chief Dan Defossess, scout members Sam, Kyle, Beyden and Kayla, and Officer Bill Melanson of the Thornton Police Department.

Shooter Drill

FROM PAGE A3

Instructors demonstrated methods on how to effectively pack bleeding wounds, like those sustained through gunshots or knives, ways to apply “chest seals” to treat situations such as a collapsed lung, and how to address basic airway management.

Participants then moved on for more comprehensive training in how police would bring emergency medical personnel into a “Warm Zone” to care for any victims. The procedure used is called “stacking,” where armed police officers would guard the front of a crew of EMTs and paramedics, while another armed officer watches from the rear. Medical personnel can then make a rapid assessment of the vic-

tim, load them onto a stretcher if necessary, and carry them, by police escort, to an awaiting ambulance.

“This is all about linking security and medical forces together in an emergency situation,” Christian said. “With this training, everybody gets an idea about what the other does.”

After a lunch break, members of Scouting Troop 58 of Campton-Thornton and Waterville Valley joined the drill by stepping in to be “victims” of a potential active shooter inside the school. Defossess said one girl in particular gave them all a chilling realization of what a true emergency of that sort would be like.

“That girl screaming gave it a little bit of reality. One of the moms that were present got teary eyed over it. There were

definitely some emotional moments as we did that drill,” said Defossess. “The afternoon brought everything we learned over the course of the morning together. It was a great training session. Our take-away about this is that what we learned can be applicable to other events, should they ever occur.”

The chief said there was a lot of great feedback from those who attended the session and he hopes they can hold another area training program in the near future.

“Things like this can happen anywhere at any time and we all need to be prepared,” Defossess said.

Town of Wentworth Road Agent

The Town of Wentworth is seeking applications for the following position: Road Agent.

Applicants must be able to perform duties of a Road Agent to include (but not limited to):

Seasonal duties: plowing, snow removal, and sanding; trimming trees, keeping culverts clear of debris; repairing and replacing pipe; placing/replacing road signs; patching roads; paving, maintaining, and reconstructing roads; and offering mutual aid when needed.

Perform repairs on town equipment as necessary, conduct maintenance on all Town equipment on a regular basis, and keep daily maintenance logs of repairs and jobs performed.

Supervision of other Highway Department employees, maintain a work schedule for all employees, prepare and submit various Town reports, and document, create and maintain a yearly budget.

The successful candidate must have a NH CDL and undergo a physical and drug testing, as well as a criminal background check.

Benefits include paid vacation, and single person premium medical insurance.

Please submit application letter, resume, copy of current license, and standard Town application to:

Town of Wentworth
Selectment’s Office
PO Box 2
Wentworth, NH 03282

Applications can be found on the Town’s website at www.wentworth-nh.org

TOWN OF RUMNEY

Part-time Police Officer Position

The Rumney Police Department has an opening for a part-time police officer. Experience Preferred Pay Commensurate with Experience

Send resume and cover letter by March 4, 2019 to:

Rumney Police Department
ATTN: Chief of Police
PO Box 175
Rumney, NH 03266

SCHOOL ADMINISTRATIVE UNIT #48 2019-2020 SCHOOL YEAR

Speech Language Pathologist
Must be NH Allied Health
certified Speech Language Pathologist

The position will cover evaluations and direct therapy. Competitive salary and benefits.

Please send letter of intent, resume, certification and references to:

Kim Di Salvo
Director of Student Services
SAU #48
47 Old Ward Bridge Road
Plymouth, NH 03264
kdisalvo@pembaker.org



Pemi River Fuels
PROPANE SERVICE TECH
FULL TIME- YEAR ROUND

Pemi River Fuels is seeking an experienced

Propane/ Oil
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\$2500 Sign on Bonus

Fully licensed as a Propane Technician in NH
NEFI or equivalent oil burner school certification
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We are looking for an experienced and motivated Propane/ Oil Technician to join our growing team. Successful candidates will possess strong customer service skills, a strong desire to succeed and desire to grow with our company.

Benefit Package to include- Competitive Compensation, Health Insurance, Dental/Vision, LTD/STD, Life, Aflac, 401(k) with company match, Product Discounts and Generous Personal Time Off.

To apply, please send resume to
Pemiriver@pemiriverfuels.com
612 Tenney Mountain Highway, Plymouth

Derby

FROM PAGE A1

great weekend as well. The Alexandria derby places all catches on the board for potential prize money, but if children have entries that get knocked off that leader board, they are placed into the special children's category, open to fish of any species.

Crowley, who caught a trophy-winning trout in the Webster Lake Derby last weekend, came up big in Newfound Lake this week, too. His 3.26-lb. rainbow trout not only came in third-place overall, but was first for the youth division as well.

"I came out of the ice



DONNA RHODES

At the awards ceremony for the Alexandria Volunteer Firefighters Association Ice Fishing Derby, Tracy Simula presented Hunter Crowley of Bedford with his first place trophy in the children's category. Simula has been donating the youth trophies in his father's memory since 2005.

hut and saw a flag was up so I ran right over to my tip up," Crowley said. "It took a lot of line and it was a good two-minute fight to pull him in." He also had a few other fish that made it to the winner's board so Sun-



DONNA RHODES

Jayden Gilpatric of Bridgewater held up her third place trophy in the Alexandria Volunteer Firefighters Association Ice Fishing Derby last Sunday while her younger brother Maxton managed to hang on tight to the cusk that put her on the winner's board this year.

Prive

FROM PAGE A1

Mascot Books, worked with her to use a large font with special spacing.

"The book is actually designed to make it easier for people with dyslexia to read it," she explained.

That feature was important to her. Prive herself struggled with dyslexia until her fourth grade teacher, Mrs. Beattie, helped her finally find the joy in reading. Beattie is also remembered in the dedication.

Titled "Stanley Big Thumbs," the main character of the book is fashioned after an actual stray cat who once "adopted" Prive and her husband Roger. She said the cat would sit on her back porch rail meowing every day but once they began to feed him, they all became friends. Prive said the cat had an extra toe on each paw that looked like a big thumb so she named it Stanley after her favorite uncle who also had big hands.

In her story, Stanley Big Thumbs and his family live on a farm where they help by catching mice in the barn. The other animals on the farm always make fun of Stanley however when he tries to run but trips over his big thumbs. That makes him very sad. Stanley's mother



DONNA RHODES

River, a kindergarten student at New Hampton Community School, was pleased when Bristol author Dorothy Prive autographed her book, "Stanley Big Thumbs," for him last Friday.

tells him his thumbs are a special gift though and he should find a way to make them work for him, not against him.

As he grows, Stanley discovers he is a much better mouse hunter than the other cats who live in the barn, and that makes the farmer and his wife very happy. With his big thumbs, he is also better at climbing trees, keeping him safe from a fox that lives nearby. One day though his great big thumbs make him a hero.

After hearing the entire story, kindergarten and first grade children had many questions for Prive. One asked who drew the colorful pictures in the book. They learned that the illustrator, Amber Chunko, is not only from Alexandria, she also graduated from Newfound Regional High School. Prive said they met at Art Escape one day and while admiring her work, she asked Chunko to draw a picture of a cat.

"You're hired," Prive told her when the drawing was just as she herself pictured Stanley Big Thumbs in her book.

Another student wanted to know if it was "hard or easy" to write a book. Prive said it took her a year to write "Stanley Big Thumbs" and it wasn't always easy but it was a lot of fun.

The children also noted many lessons they learned from the book, such as people should keep trying when faced with challenges and they should never make fun of someone who might be different from themselves.

Throughout the morning Prive visited

day night he drove home with trophies, cash and gift certificate for his efforts. Many older, experienced anglers said that they would like to have Crowley give them some tips for success in the future.

Other winners in the children's category were 11-year-old Ava of Canterbury who placed second in the competition and Jayden Gilpatric of Bridgewater who came in third.

Trophies for the children's division were once again provided by Tracy Simula, who said he has done so since 2005 in memory of his dad Richard Simula who was an active member of the Newfound community.

"It's great to see kids out here taking part in outdoor activities like this and I will support it for as long as I can," he said.

Other first place winners in the derby were Walter Young (cusk), Art Pitts (pickerel), Gerald Miller (rainbow trout), and Cory Stillings who pulled in the top perch. Each first place catch awarded entrants with \$150 in cash, second place paid \$100 and third place received a \$50 prize.

Lt. James Kneeland of N.H. Fish and Game said that on Saturday there was great weather on Saturday and he saw a lot of fish being pulled in by participants. Derby organizer Jim Shokal of Alexandria Volunteer Fire Department was happy with not only the weather at the start of the weekend, but the great attendance they had for the fire department's 28th annual ice fishing derby.

"We had a total of 477 people register and while that's not quite a record, it was an excellent turnout and we thank all who took part," Shokal said.

Throughout the two days there were also more than \$2,000 in raffle prizes awarded thanks to donations from local businesses and community partners.

AVFD Chief George Clayman was equally pleased with this year's derby success.

Clayman said, "We want to thank everyone in the community for always supporting us, specifically all who donated to and took part in the derby. We had a great year and look forward to seeing everyone again next year."

What's Happening at
Plymouth State University

Plymouth State University invites you to join us to celebrate the legacies of
RAYMOND S. BURTON '62
AND ROBERT FROST

at our Annual Winter Dinner Event
Benefiting student scholarships at Plymouth State.

THURSDAY, MARCH 21, 2019, MERRILL PLACE CONFERENCE CENTER
on the Plymouth State University Campus

KEYNOTE SPEAKERS
The Honorable Kelly Ayotte, former United States Senator
The Honorable John Lynch, former Governor of New Hampshire

RECEPTION 6 P.M. | DINNER 7 P.M.
\$250 per person or \$2,500 per table of ten.
Sponsorship opportunities are also available.



To find out more or reserve your seat, please contact Christa Hollingsworth at (603) 535-3078 or chollingsworth@plymouth.edu.

Bears move on to Final Four

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound hoop girls advanced to the Division III Final Four with a convincing 46-32 win over Hopkinton on Saturday, Feb. 23.

Freshman Paulina Huckins led the way for the Bears with 16 points and 10 rebounds, while senior Ashlee Dukette added 10 points and 10 rebounds and inched closer to the 1,500-point milestone, sitting just two points away heading to the semifinals.

Sophomore Bailey Fairbank led the way in assists and also added 10 points.

“Bailey’s consistent improvement running our offense has put us in the position to compete in the Final Four,” said coach Kammi Williams.

What’s On Tap

As February draws to a close and the calendar turns to March, postseason tournaments are on the bracket.

The Division II girls’ hoop tournament continues on Friday, March 1, at 7 p.m. at the home of the higher seed. The semifinals are Tuesday, March 5, at Southern New Hampshire University at 6 and 8 p.m.

The Division III girls’ hoop tournament finals are Saturday, March 2, at Southern New Hampshire University at 4 p.m.

The Division II boys’ hoop tournament kicks off on Wednesday, March 6, and continues on Saturday, March 9, both at the home of the higher seed at 7 p.m. The semifinals are Monday, March 11, at 5:30 and 7:30 p.m. at the University of New Hampshire.

The Division III boys’ hoop tournament continues today, Feb. 28, at the home of the higher seed and the semifinals are Monday, March 4, at 5:30 and 7 p.m. at Plymouth State University.

The unified hoop tournament begins on Wednesday, March 6, at the home of the higher seed at 5 p.m.

The Division II ice hockey tournament continues on Saturday, March 2, at the home of the higher seed at 4 p.m. and the semifinals are Wednesday, March 6, at Everett Arena in Concord at 5:30 and 7:30 p.m.

The Division III hockey tournament opens on Saturday, March 2, at the home of the higher seed at 4 p.m. and the semifinals are Wednesday, March 6, at Plymouth State University at 5:30 and 7:30 p.m.

The Division II Nordic State Meet will take place at Gunstock on Tuesday, March 5, at 10 a.m.

The alpine Meet of Champions will take place today, Feb. 28, at 10 a.m. at Mittersill Ski Area at Cannon Mountain.

Madi Dalphonse added six points and Tiffany Doan chipped in with four.

The Bears advanced

to the Final Four, where they faced off with Monadnock after deadline on Wednesday, a rematch of the

first game of the season. In that game, Monadnock won by 30 points.

“We all have im-

proved so much as a team since then,” Williams said. “I’m looking forward to the rematch.”

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bears charge past Timber Wolves in playoff opener

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — A breakneck first quarter saw the 14th-seeded Prospect Mountain hoop girls jump out to a quick lead over the third-seeded Newfound Bears.

However, the Bears were able to keep up their pace in the second quarter while allowing the Timber Wolves just two points and pulled away on the way to a 62-26 win in the first round of the Division III tournament on Wednesday, Feb. 20.

“They started quick, but we didn’t panic,” said Newfound coach Kammi Williams. “It’s happened before, but we settled down pretty quickly.”

“We didn’t hit shots after the first quarter,” said Prospect Mountain coach Rick Burley. “We came out and hit shots. We knew we’d have to come up here and hit shots in order to win.”

Newfound’s Ashlee Dukette and Prospect’s Ava Misiaszek hit shots to start their respective teams and then Mackenzie Burke hit a pair of shots for the Timber Wolves, sandwiched around a hoop by teammate Hannah Racine, giving Prospect Mountain an 8-2 lead.

Bailey Fairbank answered with a hoop for Newfound but Burke answered for the Timber Wolves. Madi Dalphonse drained a three-pointer for Newfound but Bekah Wheeler answered for the Timber Wolves, giving the visitors a 13-7 lead.

The Bears got the final two hoops of the first quarter, both from Dukette, as she drained a three-pointer and a field goal, cutting Prospect’s lead to 13-12 after eight minutes of play.

The Newfound girls kept Prospect Mountain off the scoreboard for almost the entire second quarter. Dukette got the



JOSHUA SPAULDING

Newfound’s Tiffany Doan puts the defensive pressure on Prospect Mountain’s Ava Misiaszek during playoff action last week.

run started with a three-pointer, giving the Bears their first lead since they lead 2-0. Paulina Huckins then hit a pair of hoops and a free throw then added another hoop off a rebound, pushing Newfound’s lead to 22-13.

Fairbank put back a rebound and Tiffany Doan sank a three-pointer for a 27-13 lead. Misiaszek hit Prospect’s first basket of the quarter with 16 seconds to go to stop the Newfound run. Dukette hit a three-pointer as time expired to give the Bears the 30-15 lead at the halftime break.

Fairbank, Dukette and Huckins all hit hoops to open the third quarter and then Huckins hit a free throw and another hoop for a 39-15 lead for the Bears.

A Dukette steal led to another hoop for Fairbank before Wheeler sank a three-pointer to get the Timber Wolves on the board with one minute to go in the third quarter. Sam Weir sunk a free throw and then

Hannah Capsalis sunk a shot at the buzzer to cut the lead to 41-21 after three quarters of play.

Dukette hit a three-pointer and a hoop to get the fourth quarter started before Capsalis hit two free throws at the other end. Dukette hit another hoop but then in an unusual sequence, the Bears accidentally put the ball in the hoop at the wrong end to give Prospect two more points.

Fairbank hit another hoop for Newfound and Dalphonse added a three-pointer before Dukette hit a free throw. After another hoop from Fairbank, Doan and Huckins each hit free throws. Mackenzie Bohlmann hit a hoop for the Bears and Huckins put back a rebound for a 62-25 lead. Burke hit a free throw for the final point of the game, making it 62-26 for a final.

“We figured out what they were doing,” Williams noted.



JOSHUA SPAULDING

Paulina Huckins drives toward the basket in action against Prospect Mountain last week.

“Sometimes it takes half a quarter to do that,” she said. “They didn’t get rattled, they stayed calm.”

She noted that the girls knew they had a target coming in as a favorite and she was pleased with how they handled that after the slow start.

“We’re pretty quick on defense,” Williams added.

She noted that the next round was Hopkinton and she also expected a solid rematch from last year’s playoffs.

“The kids were frustrated, we couldn’t hit anything,” Burley said. “We gave it everything we had but Newfound did what they had to do. We couldn’t really stop the flow.”

Burley noted that the lack of fouls in the first half played more into the Bears’ hands, since they tend to be a more physical team. But beyond that, he was pleased with how his team handled everything.

“They gave me everything, every game, every night, every day,” said Burley. “They gave me everything they had and that’s all I could ask for.”

Dukette finished with 23 points to lead all scorers, while Huckins added 15 and Fairbank added 12. Wheeler led the way for Prospect with eight points.

NRHS 12-18-11-21-62
PMHS 13-2-6-5-26

Newfound 62
Dalphonse 2-0-6, Fairbank 6-0-12, Doan 1-1-4, Bohlmann 1-0-2, Huckins 6-3-15, Dukette 9-1-23, Totals 24-5-62

Prospect 26
Capsalis 1-2-4, Weir 0-1-1, Wheeler 3-0-8, Racine 1-0-2, Misiaszek 2-0-4, Burke 3-1-7, Totals 10-4-26

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bears best Hanover to earn playoff berth

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound unified basketball team played its way into the tournament with a big win over Hanover on Monday, Feb. 18.

The Bears easily took care of the Marauders by a final score of 71-48.

“We were happy to see the improvement in only our second year for the program,” said coach Alex Sobolov.

The Bears were led by Devaon Anderson, who poured in 12 points. June Hagan added 10 points, while Zeke Richardson, Christian Duba and Cole

Frye each scored eight points.

The unified tournament kicks off on Wednesday, March 6, at the home of the higher seeded team.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bear boys wrap up the season

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfoundland hoop boys came up short against an experienced Somersworth squad on Feb. 15, but coach Jesse Mitchell noted that the day did feature some good news for the program.

“Our JV program took Somersworth to overtime and eventually lost,” Mitchell said. “But I learned a lot about my younger guys and I am excited for what the future holds for this program.”

On the varsity side of things, the Bear offense struggled to find its groove and the Bears dropped the 69-28 decision.

“The issue we had was that we couldn’t hit our shots early and our offense wasn’t clicking,” Mitchell said. “I am impressed by the growth the team has shown throughout the season.

“I can now see that they are trying to make smart basketball plays and I can tell that their thought process is in the right spot now compared to a couple of months ago,” Mitchell added.

The Bears did lose point guard Justin Shokal to a season-ending



BOB MARTIN – GILFORD STEAMER
Reid Wilkins (2) and Tyler Boulanger defend against Gilford in action last week.



BOB MARTIN – GILFORD STEAMER
Colby Miles dribbles away from Gilford pressure in action last week.

shoulder injury.

“He was our true point guard and one of, if not our best defensive players,” Mitchell stated. “This will allow younger guys to get more experience on the varsity court before next season.”

The regular season wrapped up with games against White Mountains and Monadnock last week.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Small group of Bobcats compete in Jackson

BY JOSHUA SPAULDING
Sports Editor

JACKSON — The Plymouth Nordic team traveled to Jackson’s Eagle Mountain House for the Lakes and Mountains regional championships on Thursday, Feb. 21.

For the Bobcat boys, Henry Green led the charge with a time of 13:55 for third place overall.

Douglas Cassarino was next, finishing in 16th place with a time of 15:42 and Ben Parsons was the third scor-



BOB MARTIN – GILFORD STEAMER
Kelsey Johnston races for Plymouth last week in Jackson.

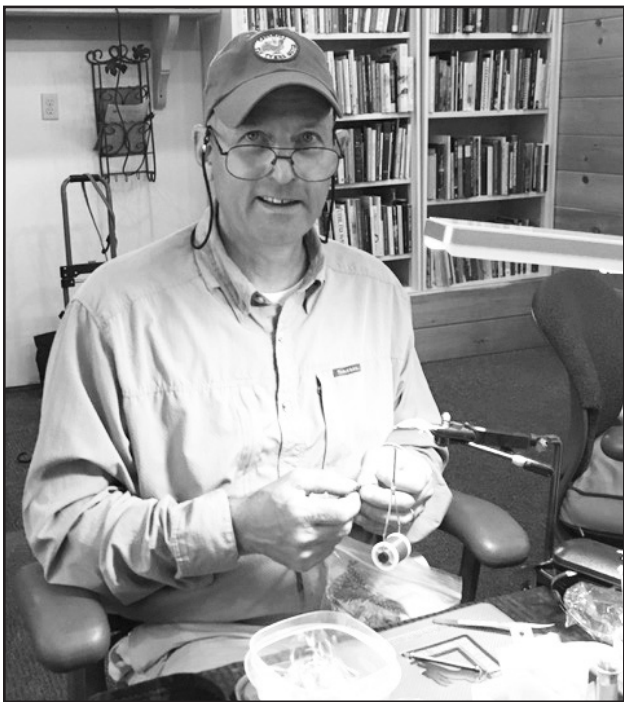


BOB MARTIN – GILFORD STEAMER
Douglas Cassarino races in Jackson last week.

Scott Biron to speak at Trout Unlimited meeting

PLYMOUTH — The Pemigewasset Chapter of Trout Unlimited will feature guest speaker Scott Biron from the NH Wildlife Federation at the March 19, meeting, 7 p.m. at the Common Man Inn in Plymouth. Come early and meet Biron and fellow anglers. There will be a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and open to the public. Members are invited to sit in at the board of directors meeting starting at 5 p.m.

Biron cut his teeth learning to tie flies and flyfish in the 60s. He is an accomplished fly tyer and well known fly-tying and flyfishing instructor. He is executive director of the NHWF and author for the NH Wildlife Journal. The mission of the NHWF is to promote and protect hunting, fishing



COURTESY PHOTO
Scott Biron will address the Pemigewasset Chapter of Trout Unlimited on March 19.

and trapping as well as the conservation of wildlife habitat.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and

restore North America’s cold-water fisheries and their watersheds. Visit www.pemigewasset.tu.org and like them on Facebook.

er with a time of 17:00 for 23rd place overall.

For the Bobcat girls, Kelsey Johnston led Plymouth with a time of 20:40 for 27th place.

Angelina Pabon was next with a time of 20:49 for 28th place.

The Division II State Meet will take place on Tuesday, March 5, at

Gunstock at 10 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Pair of volleyball camps offered this summer

REGION — Are you looking for a unique volleyball summer camp experience? If so, Pass Set Crush Overnight Volleyball Camp is for you. Pass Set Crush is available for girls entering the seventh through ninth grade in the fall of 2019. This is an overnight adventure camp with a concentration in volleyball. The camp is located at Geneva Point Center on Lake Winnepesaukee in Moultonborough.

The two sessions are July 7 to 11 and July 14 to 18. Plymouth State University head women’s volleyball coach Joan Forge directs the camp and the staff features several New Hampshire volleyball coaches and outstanding high school and college players from

around the country.

In addition to two daily sessions of volleyball, Pass Set Crush offers swimming, boating, yoga, water carnival, campfires, beach barbecue and more. Campers are housed in cabins with supervision, three nutritious meals are served daily, a nurse is on staff 24 hours a day, and the three beaches are staffed with lifeguards.

Please contact Forge for further information at 387-1202 or visit www.passetcrush.com.

Forge will also be hosting Panther Volleyball Day Camp July 22 to 25. This camp will feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to

intermediate players. Players will have fun while learning the basic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1 to 5 p.m. for girls entering the ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

For information, please contact Forge at jcforge@plymouth.edu or call 387-1202.



COURTESY PHOTOS

Fine showings

The Holderness girls (left photo) won the middle school Nordic skiing championship on Feb. 18, with the Plymouth girls (right photo) finishing in third place. Holderness team pictured at left, back row (l to r), Anika LaRoche, Meg MacLaury, Ella Ronci, Rory Sutherland, Reid Donovan, Heron Hannon, Carys Mitchell, Leah Ines, Reagan Sutherland. Front row (l to r), Nicholas Ring and Natalie Payne. Plymouth Elementary team pictured in the right photo, back row (l to r), Leo Ebner, Maddox Allain, Paul Mason, Shawn Cutshaw, Alivia Menth, Angel Baker, Colin Lane and Grace Clogston. Middle row (l to r), Ruby Clogston, Ani Flynn, Lia Bisson, Kelsey Maine, Addison Englund, Emma Smith, Isabella Son. Front row (l to r), Johanna Wakefield, Elli Englund, Sasha Wheeler. Kids on the teams not in the picture included For Holderness, the kids on the team who are not pictured are Sabine Halm and Graham MacLaury. For the Plymouth team, the kids who are not pictured are Nathaniel Gervez, Connor Heidenreich, Maggie Pitman, Hannah Picard and Brianna Strickland.

Palombo's free throws give Bobcats edge over Knights

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — In the penultimate week of the regular season, the Kingswood and Plymouth hoop boys went toe-to-toe in a see-saw battle in Wolfeboro on Feb. 19.

In the end, Plymouth senior Jackson Palombo sank two free throws with three seconds on the clock and the Bobcats survived a last-second shot from Kingswood's Brogan Shannon to escape with the 57-55 win.

"We absolutely knew this was going to be a grind of a game," said Plymouth coach Mike Sullivan. "They play really well at home."

"The team we saw the first time (a big Plymouth win) is not what they're capable of and we knew that," Sullivan continued. "We spent a lot of time preparing for these guys."

"Plymouth is a much better team than early in the season," said Kingswood coach Dan Place. "Give them credit, they hit those two key free throws after Richard (Curran) hit his two key free throws."

Palombo got the scoring started with a hoop and then Nick Qualey drained a three-pointer to give the Bobcats a 5-0 lead out of the gate. After Ethan Arnold hit two free throws for the Knights, Palombo drained his second basket of the game for a 7-2 lead.

A free throw from Arnold and a hoop from Curran got the Knights within in two but Qualey responded with a hoop to push the lead back to four.

Arnold erased that lead all on his own, as he drilled a hoop and a three-pointer, pushing Kingswood in front by a 10-9 score. Qualey didn't let that last terribly long, as he hit a hoop and then a three-pointer, putting the Bobcats back in front by a 14-10 score.

Curran and Shannon hit consecutive hoops for the Knights to tie the game at 14 but Brickley answered with a basket for the Knights. Curran hit a hoop and Arnold drained a three as time ticked away and the Knights finished the first quarter with a 19-16 lead.

After a breakneck first quarter, things slowed down a bit in the second quarter. It was the Bobcats who jumped out to the lead with the first eight points of the frame. Palombo put back a rebound to start things and then Brickley converted on a three-point play to vault the Bobcats back to the lead. Qualey then sank a three-pointer and Plymouth was up 24-19.

Curran came back



Jackson Palombo charges toward the hoop during his team's game with Kingswood last week.

JOSHUA SPAULDING

with back-to-back baskets to cut the lead to one but Brickley hit two free throws and a basket to stretch the Bobcat lead to five at 28-23.

A Curran three-pointer got the Knights within two but Brickley got the final basket of the half and Plymouth took the 30-26 lead to the half-time break.

Shiv Patel drained a three-pointer to get the Bobcats started in the third quarter but Arnold came back and hit consecutive baskets for the Knights, cutting the lead to three. Qualey hit a hoop and a free throw to give the Bobcats a 36-30 lead before Curran hit another hoop for the Knights.

Qualey sank another hoop but Curran answered for the Knights. After a Qualey free throw made it 39-34, Shannon drilled a three-pointer to cut the lead to just two.

However, Qualey drained a three-pointer with just 30 seconds left on the clock and the Bobcats had the 42-37 lead heading to the final eight minutes.

The Knights tied the game out of the gate in the fourth quarter, as Arnold drilled a three-pointer and Carter Morrissey hit a hoop in the paint. A basket from Kobe Zimmer then gave the Knights the 44-42 lead with 4:50 to go in the game.

A Brickley basket tied the game at 44 but Shannon answered with a three-pointer for the Knights with just more than four minutes to go. Qualey responded with a three-pointer for the visitors and then Palombo, coming off the bench after sitting for much of the second half in foul trouble, converted a three-point play off his own steal to give Plymouth a 50-47 lead with 3:30 to

go.

Arnold cut the lead to just one with a basket for Kingswood and then Davis Ekstrom finished off his own steal with a layup for a 51-50 lead for the Knights with 2:35 to go.

A Palombo hoop put Plymouth back on top but Curran hit a hoop with 1:05 to go for the 53-52 lead.

Ten seconds later, Patel sank a three for the Bobcats, putting Plymouth up by a 57-55 score. Curran fouled with 24 seconds to go and calmly drained both free throws to tie the game at 55.

Then, with a tick under four seconds to go in the game, Palombo was fouled driving toward the hoop and stepped to the line and delivered, hitting both ends of the free throw for the two-point lead for the Bobcats.

The Knights were able to get the ball in the hands of Shannon, who hit a game-winner against Kennett two weeks earlier, but his shot was off the mark and the Bobcats had the two-point win.

"I said at the half, we really should be up 10, we missed some layups," said Sullivan. "In the first quarter, they came out and really spread us out and hit shots."

"But in the second half we forced them more to the perimeter," the Bobcat coach continued. "It was a much better effort in the second quarter."

Sullivan noted that it was key for Palombo to come off the bench after finding himself in foul trouble.

"He was a little frustrated at being in foul trouble and having to sit," Sullivan said. "We're trying to teach them to play smart, he stayed in and made some big plays down the stretch and then gets to the line for the free throws for the



Plymouth's Nick Qualey rises toward the hoop as Kingswood's Brogan Shannon goes up for the block in action last week in Wolfeboro.

JOSHUA SPAULDING

win."

Sullivan acknowledged the solid play of the Knights.

"Dan has got his guys playing well," Sullivan said of Place. "It was a great game, nice to be on the winning end."

Place noted that Arnold and Curran were key in his team's attack.

"Ethan is a good player and Rich has really come alive the last few games," Place said. "We're getting him the ball in the plate and he's doing good things with it."

"And Brogan does a lot of hard work," the Knight coach continued.

He also noted that in a game like this, there's no blame to place on anyone on the court.

"I'd rather that then lose by 20," Place said. "In the locker room, I told them at two points, that's the coach's fault. If we lose by 20 points, it's more on you guys."

Qualey led the way for all scorers with 25 points on the night, while Palombo and Brickley each put in 13 points. Curran led the way for the Knights with 21 points and Arnold added 20 points.

The Knights wrapped up their regular season after deadline Wednesday

against Kennett.

The Bobcats finish up the regular season today, Feb. 28, at Laco-nia at 6 p.m.

PRHS 16-14-12-15-57
KRHS 19-7-11-18-55

Plymouth 57
Qualey 9-2-25, Patel 2-0-6, Brickley 5-3-13, Palombo 5-3-13, Totals 21-8-57

Kingswood 55
Arnold 7-3-20, Ekstrom 1-0-2, Shannon 3-0-8, Morrissey 1-0-2, Zimmer 1-0-2, Curran 9-2-21, Totals 22-5-55

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Many events are still in the planning stages but be sure to
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More details will be forthcoming.

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- ◆ April 10 — Bicentennial Concert by Newfound Memorial Middle School & Newfound Regional High School Bands & Choirs—6:30 pm at the High School
- ◆ June 22 — Community Dance
- ◆ June 23 — Celebration Dinner
- ◆ June 24 — Birthday Party with CAKE & Music!
- ◆ July 11— Ice Cream Social and Summer Concert Series!
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- ◆ August 24 - 25 — Pancake Breakfast, Bicentennial Parade, Enhanced Old Home Day, Games, Music, Old Time Artisans & Crafters, Historical Reenactments, Community Service at Inspiration Point, Old Time Baseball, a Community Photo and more!

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HEBRON

Supervisors of the Checklist


MEETING NOTICE

SATURDAY, MARCH 2, 2019

The Supervisor of the Hebron Checklist will be in sessions at the Town Clerk's Office, 10 Church Lane, on Saturday, March 2, 2019 from 11:00 to 11:30 p.m. This is an opportunity to register to vote, make any changes or corrections to the checklist or change your party affiliation.

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The Supervisors of the Checklist will be in session at the Alexandria Town Hall on Saturday, March 2, 2019 from 11:00 to 11:30 a.m. for additions and corrections to the checklist, in preparation for the Town Election on March 12, 2019. Change in party registration will be accepted.

George Whittaker

Suzanne Cheney

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JOSHUA SPAULDING
Joe Cleary wrestles Tyler O'Mara of Campbell at the Meet of Champions on Saturday.



JOSHUA SPAULDING
JC Gaumer fights for position against Josh Sharron of Newport on Saturday.



JOSHUA SPAULDING
Trevor Randlett battles Shea Patterson of Souhegan in action Saturday in Nashua.



JOSHUA SPAULDING
Charlie Comeau wrestles Wyatt Rheinhardt of Bow in action Saturday in the Meet of Champions.

Comeau leads Bobcats at Meet of Champions

BY JOSHUA SPAULDING
Sports Editor
NASHUA — The Plymouth wrestling team sent four competitors to the annual Meet of Champions, held on Saturday, Feb. 23, at Nashua South High School.
The best finish of the day for the Bobcats came from Charlie Co-

meau in the 106-pound weight class.
Comeau started his day with a pin of Wyatt Rheinhardt of Bow. He then earned a pin over Ryan O'Rourke of Salem to move on to the finals before falling to Timberlane's Konrad Parker in the finals to finish second overall.

At 138 pounds, Joe Cleary started with a 12-6 win over Tyler O'Mara of Campbell, the same kid he beat in the Division III finals a week earlier. He then lost to Zachary Rioux of Bishop Guertin, the Division II champion by pin. In the consolation round, he pinned Jack

Carrozzi of Bedford to advance to the consolation finals, where he was pinned by Riley Millette of Windham to finish in fourth place overall.
JC Gaumer wrestled at 132 pounds and also had a rematch of his Division III championship match, taking on Josh Sharron of Newport


in his first match and falling by a 13-1 score. Gaumer then defeated Alec Schultz of Bow by a 7-4 decision and Tucker McCann of Winnacunnet by the same score. He was pinned by David Hammond of Pinkerton and moved on to the fifth place match, where he pinned Victor Ceballos of Souhegan to finish fifth overall.

Trevor Randlett opened his day at 120 pounds with a loss to John Leavitt of Timberlane, but came back to beat Shea Patterson of Souhegan by a 6-4 decision before falling to Troy Moscatelli of Hollis-Brookline by pin to close out his day.

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Playoff season has certainly arrived

As I am writing this, I am just a few short hours away from the first playoff game of the season, as the Newfound and Prospect Mountain girls are set to face off in Bristol in the opening round of the tournament.
This kicks off what should be another busy stretch of games as a number of local teams make runs into the tournaments.
In addition to the Newfound and Prospect hoop girls, the Kingswood hockey boys, the Kennett hockey team, the Kennett hoop boys and girls and the Plymouth hoop girls are all looking to make noise in the playoffs.
Traditionally, the NHIAA tournament brackets make life difficult on the media, particularly on the media that covers multiple sports and multiple teams with minimal staff.
Wednesday (the day before this comes out) had the first round of the Division II hockey tournament and the semifinals for the Division III

SPORTING CHANCE

By JOSHUA SPAULDING
hoop girls in addition to a big regular season finale boys' hoop game between Kennett and Kingswood in Wolfeboro.
Looking ahead to Saturday, March 2, there is the finals for the Division III hoop girls at Southern New Hampshire University and the semifinals for both Division II hockey (Everett Arena) and Division III hockey (Plymouth State). There's obviously a chance to have three different teams competing at the same time, which makes things incredibly difficult on my end.
Luckily, the girls' basketball brackets for Division II take place on Tuesdays and Fridays, which is different than the other brackets. And with the Kennett hoop girls near the top of Division II, there's a good chance they will be playing for a few more weeks.
Of course, technically speaking, postseason action has already taken place. The alpine state championships took place in mid-February and the ski jumping state championships, gymnastics state championships, swimming championships, indoor track championships and the wrestling division championships and Meet of Champions have already all taken place. The alpine Meet of Champions takes place today at Cannon Mountain. Additionally, the Nordic Division II State Meet will take place this coming week in Gilford.
That being said, as soon as the playoffs start, things do tend to slow down, simply because there are teams that don't qualify and as the weeks go along, teams are eliminated, finally opening up the schedule a little bit.
I must say I've enjoyed covering the gymnastics state championships for the first time. With Plymouth having a team

for the first time, they were competing and I made the trek to Pinkerton Academy for the meet. Since it was my first meet, I am grateful to coach Carrie Kiley, who was able to explain some of the finer points of what goes on. I also spent some time talking with her husband, Ed, who helped clear up even more things for me as we sat in the bleachers.
Next year I am looking forward to getting to one of the team's home meets as well.
Finally, have a great day Paul Landry.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Busy weekend for ice racers on Berry Pond
BY DAVID SUITOR
Contributing Writer
MOULTONBOROUGH — The Lakes Region Ice Racing Club gathered on Berry Pond in Moultonborough for the fifth race of 2019 season with the Feb. 17 races sponsored by Ossipee Auto Parts/NAPA. A gorgeous winter day greeted the racers and the large crowd that surrounded the one-third mile oval track.
The first order of business was to complete the last two features from the previous week, which was sponsored Rob Dunlap's Firewood. The FWD division came out first with Moultonborough's Tyler Demond grabbing the win. Jared Harper of Meredith drove a perfect race and took the V8 Stock division win.
The club skipped the hot laps and went straight to six-lap qualifiers followed by intermission. After the opportunity to grab a lunch and getting a chance to look at the cars up close up and talk to the drivers out on the main straight, the club started the 12-lap features with the RWD 4-Cylinders being first up.
A wicked fast Maverick Eldridge of Ossipee dominated the FWD qualifier and as well the feature event. Tyler Demond and Alicia Taylor took second and third respectively.
The V8 Stock division was out next with Moultonborough's Pete Viano continuing his winning

ways running the new studded tires. Jared Harper and Tim Chase did their best to catch Viano, but they settled for second and third place.
The Modified feature was interrupted at the half-way point when Scott Burns of Center Harbor left the track on the main straight and got the Scott Burns Landscaping car upside-down. Burns was fine, but his car could not continue. Fabian Smith of Meredith, who was leading at the time of Burns' off-track excursion, motored on for the win followed by Mike Frank and Matt Demond.
Rylee Harper's string of Junior division wins was broken when Tess Poitras of Rumney drove to the feature win on Sunday. Braedon Greene came across the finish line in second with Callie Burns third.
Nick Berry of Goffstown got his second win of the season with a victory over Derek Jeanson in the Sprint Car feature. Jeanson settled for second.
The RWD division was won by Tim Chase of Northfield. His MR2 was sporting the new studded tires, his second stud pattern. Last week's winner, Danielle Downing, was second and Kyle Macdonald was third.
Check the club's web site at www.LRIRC.com or the Facebook page for the latest race/ice status, information about coming events, and for race photos.

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