

Newfound Landing

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COMPLIMENTARY

Groton couple hit hard by flooding

BY DONNA RHODES
dhrhodes@salmonpress.news

GROTON – Two weeks ago, the Cockermouth River left a path of destruction as it ripped through Sculptured Rocks Rd. in Groton, but the water once again flowed calmly between its banks last Sunday, and while the road and bridges have been repaired enough to at least allow residents to get in and out of the area, Judy and Mike Karkheck are two people still dealing with the chaos created by a sudden storm that night.

The Karkhecks have lived on the road for a few decades now, and Mike said he doesn't remember a night like July 11th when as much as seven-inches of rain fell in just a few hours.

"We've had a lot of



DONNA RHODES

Mike and Judy Karkheck's car still sits deep within a trench carved by a typically shallow, peaceful brook leading into the Cockermouth River after torrential rains on July 11th flooded homes and property along Sculptured Rocks Road in Groton.

and gas began leaking. Thankfully, Judy said, there wasn't much propane in it at the time.

She dialed 911 to apprise them of the situation. It was the first of several calls received that night as others began to see the rivers and brooks rise. As rescuers from not only Hebron Fire Department, but several other communities raced to the area, 911 Dispatcher Emily Milligan kept Judy on the line for nearly an hour to make sure she and her husband were okay.

"She was incredible. She knew enough to even make some jokes and get me laughing once in a while," Judy said.

Husband Mike agreed that Milligan's actions helped him as he looked for a way out should the situation get worse.

"She (Milligan) was the most patient person in the world that night. She kept Judy talking on the phone while I tried to break a door down," Mike said.

He did finally manage to get the front door open and the couple moved out to their deck to look at the situation. They were not

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Fire-rescue crews respond to gas leak

BY DONNA RHODES
dhrhodes@salmonpress.news

HEBRON – Safety officials in Hebron responded to their second major incident in 11 days on Monday afternoon, when a large propane leak occurred at a residence adjacent to their station on Groton Road.

Deputy Fire Chief Tony Albert said they received word at approximately 2:30 p.m. on July 22 that gas was escaping from a 1,000-gallon underground tank located at 50 Groton Rd. in Hebron. The proper-

ty owner advised that the tank had just been filled and contained 800 gallons of propane.

"The driver of a Servpro truck (weighing approximately three-quarters to one-ton) didn't know the tank was there and drove onto it, causing the leak," Albert said.

Upon assessment of the situation, Chief John Fisher initially called for assistance from Bridgewater and Plymouth then later upped his request to a second alarm pro-

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storms over the years but I've never seen anything like this up here," he said.

The Karkhecks home is situated on a sloping hillside across the road from the river. Beside them though runs a shallow brook that they said is usually dry most of the year. Last week became the exception.

It began raining hard

early that evening and Judy said she decided to go lie down in her bedroom to watch television. At approximately 8:30 p.m. though her husband looked outside then went to tell her she needed to get dressed.

"It was like a huge wave of water coming down all around the house," said Mike.

The water was rising fast and in minutes they could feel the house begin to move. The current began to twist the manufactured home and as a result the couple could not get the windows or doors to open so they could leave. Complicating the situation even more, one of the propane tanks broke off from the home

Don't miss the 67th Annual Hebron Fair Saturday

HEBRON — Here comes the Hebron Fair again! Join us on the Hebron Common the last Saturday of July, starting at 9am, rain or shine. Admission is free.

This year the fair will be expanding beyond the Common. There will be scenic



COURTESY

This wooden dinghy, crafted by John Erickson of Pike's Bay Boatworks, will be auctioned at the Hebron Fair on July 27.

Runners return for NH Marathon

BRISTOL — The quiet small town of Bristol, New Hampshire is home to one of the most picturesque races in New England.

Starting in 1992, local business owners had the idea to start a marathon to encourage tourism in central New Hampshire. The marathon benefits local non-profits including The Circle Program, The Mayhew Program and Tapply Thompson Community Center.



COURTESY

The quiet small town of Bristol, New Hampshire is home to one of the most picturesque races in New England — the NH Marathon.

The course landscape includes winding backroads that circle around the entirety of Newfound Lake with the autumn leaves changing their color overhead.

Newfound Lake is the literal centerpiece to this marathon. The views are what keep people returning.

"That's what the highlight is," said Dan Maclean, the previous race director and current volunteer. "The back side of the lake is beautiful. It's the best part"

Casey Carroll is a veteran of this race,

and has won the marathon four times. He is a New Hampshire native, and his home state marathon is one of his favorite runs. "I think the location and time of year make it an attractive place for a fall marathon" said Carroll. "The time of year is attractive for runners as

Well, since the temperature is cooler."

The most unique aspect of this course is that the hills come right away. It is a tough course with consistent rolling hills that are a challenge for runners. For that rea-

son, the New Hampshire Marathon is comprised of a 10k, a half marathon, and then the full marathon.

The race brings people from all over the country into the small quaint town. Diana Meyer from Colorado Springs, Colo. is competing to complete her 16 h marathon. "I've ran the Boston Marathon twice. This race isn't as crowded, and I like that. The scenery is going to be beautiful," she said.

Another unique aspect of this race is that

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helicopter rides, \$40 per person, at the Hebron Safety Building by White Mountains Helicopter. And in the other direction, at Ash Cottage and beyond, you'll find nature walks and more by NLRA and NH Audubon plus from 1:30 to 3 p.m., you can enjoy Music in the Mountains by the New Hampshire Music Festival.

In addition to these exciting new happenings, there will be all the usual fun for the whole family including a huge selection of crafts, rummage, white elephant, scrumptious foods, baked goods, plants, books, Hebron Fair t-shirts, lunch featuring homemade baked beans, raffles, pony rides, children's games, nonprofit organizations, a silent auction from 11am-2pm, and the live auction starting at 1pm. Please note the chicken BBQ has been discontinued.

Again, John Erickson of Pike's Bay Boatworks is donating

one of his nautical creations to the auction. This year, his project is a seven-foot, 10-inch plywood dinghy, specially built in 2019 for the fair. This cute little boat is perfectly suited for tending your yacht (or wake boat!) or tooling around in a quiet Newfound Lake cove. It's small enough for car-topping or hauling in the back of your pickup and constructed with marine plywood, epoxy sealed and painted.

There will be a \$2-a-Bag Sale in the church basement starting at 2 p.m. the day of the fair and again the following day, Sunday, July 28, from 11:30 a.m. to 1:30 p.m. There is always great stuff left from the "Hebron Boutique" rummage sale. Come fill a shopping bag full of clothes for only \$2.

For more information, visit hebronchurchfair.org. Proceeds benefit the Union Congregational Church of Hebron.

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Groton selectmen assess flood damage

BY DONNA RHODES
drhodes@salmonpress.news

GROTON — Last week, Groton's selectmen issued a statement in the wake of the July 11 flooding along the Sculptured Rocks Rd., Cockermouth River and its tributaries, assuring townspeople that everything possible was being done to restore some type of normalcy to their lives and explaining why some things happened the way they did that night.

In their update, they listed immediate road closures, most of which have since been lifted, and addressed the flooding at the town garage on N. Groton Road, where damage was harsh.

"There was about four-feet of water in the garage during the storm. Now that the



DONNA RHODES

Grateful residents along Sculptured Rocks Rd. in Groton posted signs in their neighborhood thanking the town for all the immediate aid they received when floodwaters destroyed property, the road and bridges on July 11.

water is gone, there is sludge and raw sewage remaining, along with damage to the sheet-rock. This will all need to be cleaned up and repaired again," they wrote.

A police cruiser was also lost to the floodwaters at the garage, and while many questioned why that vehicle was not moved in time, the board explained there was not time to do so

safely. Forecasts for that day did mention rain, but there were no flash flood alerts issued and no advanced warning of what eventually occurred that day. In fact, the first Code Red Alert signaling dangerous conditions was sent out 30 minutes after most of the damage had already taken place.

"The town employees were already working in the flooding when they all got the first Code Red alert on their phones," the statement read. "Also, the Town gets emails from N.H. DOS when there are flood warnings and the first email we received was at 10:22 p.m., which was after the flooding had already occurred."

Selectmen went on to thank the men who risked their lives to do all they could during an emergency they had no prior warning about.

Due to concerns about the rain, Jeremy Haney, Road Agent Robert "Bubba" Ellis and Selectman John Rescigno were already moving highway equipment before any alerts were sent. With water rising and flood conditions occurring within just 15 minutes, there was little time for the men to react.

"These men worked quickly to move some equipment and when they went back to move more, the water was already waist high," the report said. "The water was already moving quickly at that time. These men risked their lives in the high waters to move more items and Bubba risked his life in this water to move the backhoe out, which was now up to his chest."

Feedback from the town showed that some were upset at the loss of a police cruiser due to the flood. Selectmen said that Ellis also attempted to move the cruiser parked at the garage but it wouldn't start because the floodwaters were rising quickly and soon overtook the vehicle.

In their statement the select board said, "They were there and tried to move it but couldn't at that point due to the amount of water."

There wasn't even time to tow it away.

Selectmen also acknowledged that the police cruiser was an especially hard loss for the town as they are in the beginning process

of interviewing candidates for a new part time chief next month.

In their news release, kudos were given to all who immediately pitched in to get the community back on its feet. Early on the morning after the storm, work was already underway on Sculptured Rocks Rd., Beaver Pond Rd., N. Groton Rd. and at all bridges that were affected by the deluge of rain and flood waters. Due to concerns about possible emergency response needs on those roads, most of which are a dead end, at least one lane was quickly reopened for local traffic.

Selectmen also wished to assure residents that claims have already been submitted to Primex, the town's insurance carrier, for damage done to both the town garage and the police cruiser. Other damage is still being considered for eligibility from disaster relief funding and the governor and state emergency management director were on scene July 12 to see what assistance they could provide.

"Please understand that the town did everything they could in this emergency situation with no advance warning," the board concluded. "Also a huge thank you to all of the employees, residents and contractors that came together in a disaster to help out; for all their hard work, time and dedication to the town. It is greatly appreciated."

Town-Wide Yard Sale in Bristol Saturday

BRISTOL — There will be a Town-Wide Yard Sale in Bristol on Saturday, July 27 from 8 a.m. – 2 p.m.

The Order of the Eastern Star will be printing maps of Yard Sale locations. If you wish for your site to be

on the map, they ask for a donation of \$10. Maps will be available for purchase for \$3.00 at the Masonic Lodge Parking Lot, 61 Pleasant St.

Vendors are welcome in the Lodge parking lot. Tables are

\$20 each.

For more information on maps or reserving a vendor table, please call 744-3321.

Funds raised by the Order of the Eastern Star will benefit local charities.

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Police officer's EMT training makes a difference in Alexandria

ALEXANDRIA — Before Officer David Suckling became a police officer he was an EMT. Luckily for Alexandria, he has kept that certification current and carries a medical kit in his cruiser at all times. On July 16, the ambulance was toned out for someone who had cut his hand with a table saw. Officer Suckling arrived before the ambulance and administered first aid to include stopping the significant bleeding and bandaging the wound.

Later on that week, the ambulance responded to a call of a man who was not breathing. This call came in at 4 a.m. Of-

ficer Suckling was notified via an app on his phone, which he chooses to monitor. Even though he was not on duty or technically on call, he chose to get out of bed and respond to help.

"We are lucky to have such a dedicated professional with a valuable skill serving our town," said Police Chief Donald Sullivan.

We are happy to report that both patients are ok. Here is a note we received from the patient with a laceration:

"My thanks to all of you for responding

to our cabin on Tuesday. I feel privileged to have property in a town where the police are so clearly dedicated to the protection of the residents. I am especially grateful to Officer Suckling for treating my wound. That bandage stayed on my hand for hours and served me well. I am moved to tears of gratitude at your response, professionalism, skill and kindness. Our community is fortunate indeed to have you all protecting our community. My most sincere thanks."

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PRESIDENT & PUBLISHER

FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER

RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DiNICOLA
(508) 764-4325

DISTRIBUTION MANAGER

JIM HINCKLEY
(603) 279-4516

EDITOR

BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

SPORTS EDITOR

JOSHUA SPAULDING
(603) 941-9155
josh@salmonpress.news

PRODUCTION MANAGER

JULIE CLARKE
(603) 677-9092
julie@salmonpress.news



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Danbury's Legion rebuilding

DANBURY — After a period of dormancy, Danbury's American Legion Lee Knapp Post #96 is on the comeback. A membership drive was held last fall and interest has been renewed. Blazing Star Grange of Danbury held a recent fundraiser and has donated proceeds to support the Legion in their efforts to get their hall back in good shape.

The American Legion was chartered

and incorporated by Congress in 1919 as a patriotic veteran's organization devoted to mutual helpfulness. There are more than 12,000 posts in communities throughout the United States. Named after Lieutenant Lee H. Knapp of Danbury who died in France during World War I, Danbury's post was organized in 1946 and chartered in 1947. The veterans of this post make their



COURTESY

Tricia Taylor of Blazing Star Grange #71 presents \$1,000 check to Dan Phelps of Lee Knapp Post #96.

home in what was originally a grain store across the road from the grange hall in Dan-

bury's downtown area.

Blazing Star Grange has been active since 1875 and includes members from many surrounding communities. The Grange is a national organization that strengthens individuals, families and communities through grassroots action, service, education, advocacy and agriculture awareness.

All support given to the Legion will make a big difference in the revitalization of an important local organization. Any donations may be sent to Lee Knapp Post #96 at PO Box 84, Danbury, NH 03230 and will be gratefully accepted.

Bristol Rotary Club announces 67th Annual Penny Sale

BRISTOL — The Bristol Rotary Club will hold its Annual Penny Sale on Thursday, Aug. 8 at 6:30 p.m. at Newfound Regional High School on Newfound Road in Bristol. Please note the change in venue from last year.

Now in its 67th year, The Rotary Penny Sale is one of New Hampshire's longest running annual fundraisers. Last year alone, the Bristol Rotary Club raised \$10,000 for their scholarship fund for local youths in the New-

found Area seven-town district.

The Penny Sale works as follows: there are three prize rounds throughout the night offering 100 (or more) prizes in each round. Rotarians sell tickets for \$1 each prior to each prize round. If a person's ticket is drawn, they win a prize and their ticket goes back into the raffle drum to be eligible to win again and again. The more tickets a person buys, the better chances they have being a winner.

There will also be Grand Prizes at the end of the three rounds, of which anyone that purchased a ticket is eligible to win, including a Picnic Table from RP Williams, Mountain Bike from Rhino Bike Works & Freudenberg NOK, Scratch tickets from Shackett's Store, Bristol Hannaford Super Gift Card, Lottery Tickets from Newfound Properties, Home Heating Oil from Dead River Company, and cash!

A 50/50 raffle to benefit

the Bristol Community Services, 100 sweepstakes tickets to benefit the Tapley-Thompson Community Center Summer Scholarship Fund, and a Silent Auction to benefit Rotary Charities will also be held. Food & refreshments will be on sale, and this has always been a great night of fun for all. For further information, or to donate an item, contact Rotary President, Bill Karkheck (bill.karkheck@deadriver.com), or any Bristol Rotarian.

TTCC to host annual Lobster & Chicken Supper

BRISTOL — The Tapley-Thompson Community Center's Annual Lobster & Chicken Supper will be held at Kelley Park in Bristol on Saturday, Aug. 24 from 5:30 – 7

p.m.

Don't miss this delicious summer tradition. Tickets are available at the TTCC or at the door while they last. The cost is \$17 for Chicken, \$20 for Lobster & \$25 for a combo of a lobster and quarter chicken. We offer kids hot dog plates for \$6. The meal includes salad, Walker's Farm corn on the cob, baked potato, cole slaw, fresh rolls, dessert and drinks.

Dinner entertainment will be provided by 'Solitary Man' In the event of rain the dinner will be held at the TTCC.

For more information, call 744-2713.

"Play the Ukulele" course offered at Plymouth Senior Center

PLYMOUTH — "Play the Ukulele," a free eight-week creative arts class for older adults is now open for registration at the Plymouth Regional Senior Center through Grafton County Senior Citizens Council's (GCSCC's) Experience/Arts program.

Musician, educator, and composer Ross Malcolm Boyd of Tiny Village Music is a veteran Experience/Arts artist-instructor, having

taught courses over the past two years through GCSCC Senior Centers in Littleton, Lebanon, and Haverhill.

The ukulele is easy to learn and fun to play. The "Play the Ukulele" course will teach participants how to make music on their own and as a group, exploring a variety of songs and styles while learning proper technique and gaining the skills and self-confidence to continue play-

ing in the future. All levels of experience are welcome for this introductory class.

The course, open to participants 55 and older, will take place Tuesday afternoons, 12:30 to 2:30 p.m. Sept. 3 through Oct. 22 at the Plymouth Regional Senior Center. All materials will be provided.

Class size is limited. To register, contact Rob in Koczur, Activities Coordinator at the Center,

rkoczurr@gcsc.org, visit the center at 8 Depot St., Plymouth, or call 536-1204.

This course is one of eight offered throughout the region as part of the 2019 Experience/Arts series, sponsored by Grafton County Senior Citizens Council, Inc. (GCSCC).

Experience/Arts is offered thanks to support from the Couch Family Foundation, the Tufts Health Plan Foundation, the Mt. Roeschmore Foundation, and the Wennberg Family Fund. Experience/Arts began as part of Aroha Philanthropies' national pilot program, Seeding Vi-

tality Arts, intended to inspire and enable older adults to learn, make and share the arts in ways that are novel, complex and socially engaging.

For further information, contact GCSCC Executive Director Kathleen Vasconcelos at kvasconcelos@gcsc.org or 448-4897.

Why go to the Farmer's Market? Produce, products and personalities!

PLYMOUTH — If you follow the sound of music and the smell of good food on any Thursday afternoon in Plymouth during the warmer months, you will find yourself in the midst of the Plymouth Farmer's Market. Located outside the Plymouth Senior Center on Green Street, the Farmer's Market is a haven for customers and vendors alike. It is a place where bakers, makers, farmers, cooks, and the community come together to offer and celebrate fresh and unique produce and products made right here in our region. The connection between vendor and customer is just as important as the products for sale, which makes the market well worth the visit.

Food is personal, and the Farmer's Market makes sure our food stays personal. The community supports the market because "knowing where your food comes from makes you feel better about the food you're eating" says Justin Hardesty, a Plymouth area resident. Having the ability to talk with the person who grew your produce makes the Plymouth Farmer's Market a worthy destination. A typical trip to the grocery store might involve green beans from Chile, lettuce from Europe, or raspberries from California. Although this can be con-

venient, spending your money on produce that was grown in Grafton county feels and tastes much better.

The Farmer's Market is a dynamic place where food and community converge. It's something you can't find everywhere, because relationships between vendors and consumers are one of a kind. Ron, one vendor who you can be sure to find selling applesauce every week, says that the Farmer's Market is "the happiest three hours of [his] week." Vendors care about the products they offer and care about how they are enjoyed. Don't we all want our food to

be bought and sold with excitement and passion? Stop by to see what it's all about, and it just might become one of the happiest times of your week, too.

The weekly Plymouth Farmers' Market runs on Thursdays through Sept. 26 from 3 to 6 p.m., rain or shine. The market is run by Local Foods Plymouth (LFP) with lots of help from local volunteers, vendors and farmers. To receive weekly news about the Plymouth Outdoor Market and On-Line Market send your name and e-mail to localfoodsplymouth@gmail.com or visit the Local Foods Plymouth Facebook page.

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From the Editor's Desk

Fear of missing out

Vacation photos...birthday party pics...cute selfies at a concert...the evidence is everywhere, on Facebook and other social connection platforms, and certainly in the pages of your community newspaper: lots of people are doing a ton of fun things. And some of those fun things are better than the fun things you're doing. OUCH.

While social media certainly has provided an excellent way to connect people, it is safe to say it has also been one of the unique causes of a specific type of anxiety: that everyone else is doing something great and you aren't. To put it succinctly, it's the fear of missing out. And summer is a prime breeding ground for this worry, because there is something going on somewhere, all the time.

There are the fairs and festivals, which seem to occur every weekend of every month in summer and well into fall. There's the Oyster Festival; the Sailfest; the Jazz Festival; the Craft Expo. There are festivals to celebrate blueberries, garlic, smoked meats, Irish heritage and butterflies. It's safe to say there's truly something for everyone.

There are countless "Bring a Friend" days at the local farmers market; the zoo; mini golf courses; aquariums. (These events can be twice as stressful, as it will lead to a person thinking that they are not only missing out, but are also lacking friends. Not true! Be the person who does the inviting and make someone else's day.)

One cannot overlook the special stress-inducing "Once a Year" events that speak for themselves in terms of missing out: who really wants to admit they didn't watch the Fourth of July fireworks? Or the summer solstice moon viewing? How about the first sweet corn harvest? (The stress level is multiplied by the number of children in a household who will also obsess over missing out on any yearly event.)

As we reach the mid-point of summer and all it has to offer, the fear of missing out increases with each Facebook post of That Other Family's vacation, or their perfect picnic, or their berry-picking excursion. Every edition of your community newspaper features pics of people enjoying local events. The good news is that there are tons of local events that will appeal to people of all ages, life stages and areas of interest. And the better news is that all it takes to prevent the fear of missing out is to get out the door and enjoy them!

MARK ON THE MARKETS



BY MARK PATTERSON

if you're looking for a new advisor or just meeting with your current advisor, I have what I believe are five relevant questions that need to be asked and answered honestly.

1) Does your advisor and their firm act in a fiduciary capacity, in other words, do they work for you, the client? If yes, have them put it in writing.

2) Does your advisor really know the purpose and needs of the money you have invested with them and their firm? Is your portfolio custom designed for you and your family, or a "risk matched" model portfolio for the masses?

3) Does your firm engage in revenue-sharing with fund companies, and if so, were you informed by the advisor or was it buried in their disclosure documents?

4) Is your account held with a third-party custodian that gives you a transparent view of your accounts and your accounts performance?

5) Is your advisor well-versed in asset manage-

ment, financial planning or are they being paid a fee to manage the relationship with you?

These five questions represent a good place to begin if you are interviewing a potential new advisory firm or if you are meeting with your current firm.

Most advisers and brokers will claim that they work for you in a fiduciary capacity, however that is not often the case. It's not that your advisor is lying to you, they probably just don't realize that working for you in a fiduciary capacity means "all the time," not just when they choose. That's why I say, get it in writing. An investment advisory firm is obligated to be a fiduciary, but a broker with a license that allows them to charge a fee, may not. If your advisor and their firm are in fact working for you in a fiduciary capacity, they will have no problem furnishing that in writing.

I've stressed very recently that your money must be invested not only with proper risk tolerance, but with the proper purpose. Many advisors are good at accumulating money through various funds stocks or bonds. It is key to your financial well-being to understand that when you are relying on your assets for income



DONNA RHODES

Signs of victory

On July 19, residents of New Hampton joined numerous others across central and northern New Hampshire in cheering the state Supreme Court's decision to uphold the SEC decision to not grant approval for the Northern Pass. Some of the towers were set to bisect rural parts of the Town of New Hampton and one resident was so pleased with the decision that he altered his "Stop Northern Pass" sign in celebration. In a press release Gov. Sununu issued the following statement that same day: "The Court has made it clear – it is time to move on. There are still many clean energy projects that lower electric rates to explore and develop for New Hampshire and the rest of New England."

CADY Corner

The dangers of alcohol mixed with energy drinks

BY DEB NARO

Contributor

Alcohol energy drinks (AEDs) or caffeinated alcoholic beverages (CABs) are premixed beverages containing not only alcohol but a large amount of caffeine as well as other stimulants. Non-alcoholic energy drinks like Red Bull, Monster Energy and Rockstar seem to be among the most popular and are often added to a mixture of alcohol

and served as cocktails. Currently, there is no regulation on the amount of caffeine in energy drinks, and no label requirements related to the possible health risks of the contents. Additives found in these energy drinks like guarana and ginseng can speed up the central nervous system. Not only should consumers use caution when it comes to energy drink consumption, the adding

of alcohol to these drinks is a major concern.

Drinking alcohol energy drinks (AEDs) has become trendy but can also be risky. Some drinks on the market have a high alcohol content, even as high as 12 percent versus 5 percent for the typical can of beer. A big concern to mixing both alcohol and energy drinks is the "wide-awake drunkenness." Caffeine, a central nervous system stimulant, often masks the effects of alcohol leading the consumer to believe they are less drunk than they actually are. This can result in the person continuing to consume more and more alcohol, often leading to risky behaviors like drunk driving, getting hurt or injured, or unprotected sex. Researchers from the Wake Forest University School of Medicine, found that "students who mixed alcohol and energy drinks had double the risk of being hurt or injured, requiring medical attention, driving with an intoxicated driver, being taken advantage of sexually, or taking advantage of another sexually." A lead researcher in this study also found that "students whose motor skills, visual reaction times, and judgment are impaired by alcohol may not perceive they are intoxicated as readily when they're also ingesting a stimulant."

In 2015, researchers from Dartmouth's Nor-

ris Cotton Cancer Center found that 15-17 year olds who mixed alcohol and energy drinks were four times more likely to meet the criteria for alcohol use disorder than a teen who had tried alcohol but did not mix it with an energy drink. People who drink (AEDs) are not only consuming more alcohol than they normally would, but they are also more likely to meet the requirements for dependence. According to the Center for Disease Control, drinkers who consume alcohol mixed with energy drinks are three times more likely to binge drink than drinkers who do not report mixing alcohol with energy drinks.

In order to prevent this kind of misuse, we need to continue the conversation about the dangers of underage drinking. AEDs often lead to the drinker consuming more alcohol than they normally would because the caffeine helps mask the symptoms of the alcohol. This "wide-awake drunkenness" often leads to risky behaviors. Have the conversation with your child to not only be aware of the risks of consuming alcohol but also AEDs.

For more information on underage drinking please visit our website at cadyinc.org. If you or someone you know struggles with addiction or substance use, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.

you must manage them not for accumulation but for distribution. Many of the investment vehicles that are there for accumulation are not suitable for distribution those assets as income. That's why I say to those who have left 401(k)s or 403B plans in place after they leave a job and heading for retirement, redirect that money to an IRA where you have multiple choices for investing that money for the proper purpose. I have yet to see a 401(k) or 403B that is suited for distribution of assets as income.

Revenue-sharing is one of my pet peeves that I believe is a very disingenuous means of collecting more money for the company coffers at the client's expense, it is commonplace for many broker-dealer and advisory firm connected to a

broker-dealer:

Very few advisory firms hold custody of client funds. TD Ameritrade institutional, Fidelity, Charles Schwab and Pershing are top custodians for client funds that most advisers use to hold their client's money.

My question, number five, is a bit self-serving, but I believe that most people should work directly with an asset management firm as opposed to an advisor who charges a fee to manage the relationship, but then passes on your money to other money managers or funds who charge you a fee in addition to your advisory(relationship) fee.

Mark Patterson is a portfolio manager with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com.

Letters to the Editor

Where is the money we have raised for our roads? ■

To the Editor:

During the years 2015 to 2018, the good citizens and taxpayers of Bristol voted to appropriate \$1,035,282 for the paving of town roads in Bristol. Town reports (MS 737) from the same period indicate that only \$445,170 was spent to pave roads.

At the same time, Bristol received a total of \$364,374 in State Highway Block Grants to pave and maintain our roads. This would leave a total of \$80,796 spent from taxpayer raised money for paving and maintaining roads.

At the last Town Meeting, a petitioned warrant

article to dedicate the budgeted \$250,000 line item for paving raised through taxation be used only for paving was tabled by Selectman Alpers. This motion was non-debatable and passed on a voice vote. The result of this vote was once again the Select Board will have access to a slush fund.

My question, and the question every Bristol taxpayer should be asking, is what happened to the other \$954,486 raised through taxation?

Paul Simard
Bristol

North Country Notebook

Another week, another turkey, and bells going nuts in the newsroom



Wrong." Editors, a hardened lot, probably yawned. This, of course, was long before I became an editor and in theory had time for yawning. The truth is that running a newsroom was a tough job that left no time for yawning.

+++++

Most of the television talking heads and their audience caught up in this past week's hoopla about the first lunar landing weren't even born when it all took place.

July 20, 1969 was a Wednesday, and I was learning my career ropes at the daily Nashua Telegraph when Apollo 11 blasted off from Cape Canaveral.

Newsrooms were still getting their national and global news back then via teletype machines, which were fed stories over dedicated telephone lines and hammered them out just like typewriters, on rolls of paper. The machines rang bells when an important story was coming in, the number of rings denoting the senders' perceived importance of the story.

I think the Apollo launch was a three-beller for all three of the Telegraph's wire services--the Associated Press, United Press International, and the New York Times. To give you an idea of the ranking, a one-bell story tended to be a ho-hummer, something like "Voters Elect Slum-Lord as Governor of New York."

To put this in better perspective, Richard Nixon resigned on Aug. 9, 1974. By then, I was at the New Hampshire Sunday News, and was in the newsroom when the story came in. I'm fairly sure it was a four-beller. Newsroom veterans liked to joke that five bells were reserved for either the Second Coming or Armageddon.

I think the Apollo launch was a three-beller, which probably meant something like "Hey--Nothing Went

But that Sunday, July 20, half a century ago, was something else again. There's no telling how many bells were ringing in the Telegraph's newsroom, because I was home on Allds Street in Nashua, like the rest of the nation watching Walter Cronkite, spellbound as the Eagle touched down on the moon. Well, sort of watching--NASA and the networks used models and mockups depicting what was happening, because the only film of the event itself was in a camera on the exterior of the lander, and could not be developed until back on Earth. Nonetheless, we were transfixed--the kids, not so much. But now, 50 years later, the history of it all comes home again.

Neil Armstrong's words when he first set foot on the moon proved unfortunate, in that he was misquoted in newspapers and other media all over the world, a mistake still uncorrected in many media in many countries, including ours. What he said was "That's one small step for a man, one giant leap for mankind," but the "a" was almost inaudible. Armstrong himself made great efforts to get the quote corrected.

+++++

I enjoy responses from readers, and savor the stubborn independence they often convey.

A man who signed his note "A loyal reader from Campton" didn't think much of the TV-driven near-hysteria about the heat wave. "This is (after all) mid-July," he said, observing that most of us in their 70s



COURTESY PHOTO CATHERINE BARRITT
One of Catherine Barritt's visiting wild turkeys on her porch railing, appearing ready to make a deposit, and not at the bank.

or so have seen plenty of heat waves. He said he was going down to the river to cool off.

The human epidermis is among the best on the planet for coping with temperature extremes, but you'd never know it from all the crisis-mongering on TV. But in these neurotic times, crisis sells.

+++++

For some reason, I get a news freebie in my email, and the High Country News is well worth reading. This week's issue included a story on global warming, attended by a photo showing alpine tents pitched below a disappearing glacier out West.

Some people, particularly those in various scientific pursuits, believe we may already have reached the tipping-point in global warming.

Lots of people had trouble coping with the heat, and I don't mean to belittle their discomfort. We are not all alike, thanks be.

During the height of the heat, I was probably the only guy thinking about fish. In northern New Hampshire and certain remote ponds in the high country of the White Mountains and around



COURTESY PHOTO HIGH COUNTRY NEWS
This photo to me almost rivals the famous recent shot of hikers lined up trying to make the last pitch to the summit of Everest. Has anyone noticed a message here, like too many people, and air pollution out of control?

test parts of summer with their noses stuck in bottom spring-holes. Weekends like this past one can, and perhaps do, put some marginal ponds right over the edge.

+++++

Wild turkey department (the bird, not the booze):

Catherine Barritt, a reader in Alton, sent a photo of a contented-looking turkey, and said "She seemed to enjoy the view from my deck and left prints all along the railing as

well as a few deposits below!"

This somehow reminds me of a note I once received from a guy named (he said) "Will Slipalot." This in turn reminds me of letters from a "Mr. Hammond Egg in Sandwich" and the like, putting me in April Fools mode eight months early.

(Please address mail, including phone numbers, to camp-guyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

75th Annual North Haverhill FAIR

Wednesday - Sunday July 24 - 28, 2019

Friday, July 26 @ 8:30 PM

2016 American Idol Winner
Trent Harmon
Singing "You Got 'Em All"

Saturday, July 27 @ 8:00 PM

WANTED: Dead or Alive
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Multiple Shows Every Day

Horses, Horses, Horses

Rosaire's Racing Pigs

Concerts Also Supported By:

General Admission	\$12
Veterans w/ID Day (Wednesday)	\$5
Senior Day - 65+ (Thursday)	\$8
Children 5 - 12	\$3
Children Under 5	Free
Parking	Free

See The Full Schedule At WWW.NOHAVERHILLFAIR.COM

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Towns

Alexandria

Merry Ruggirello 744-5383
sunshine_eyes51@yahoo.com

I must say, I had a most delightful time last week! Had the pleasure of Miss Kayleigh's company for a few days. We made beef stew, sparkly slime, watched some movies and ate lots of popcorn! She kept a promise in writing not only a letter, but story as well, to her cousin, Naomi. We had planned on going swimming one day, but Mother Nature decided to send some rain, so Miss Kayleigh gave me a performance of her cheering and gymnastic moves. My heart is smiling!

Town

Board of Selectmen Meeting Tuesday, July 30 at 6 p.m. in the Municipal Building.

Conservation Commission Meeting Wednesday, July 31 at 6:30 p.m. in the Municipal Building.

Alexandria UMC

Sunday, July 28, services begin at 9 a.m. Trustees Meeting following services at 10:15 a.m.

Office Hours and Visitation Wednesday, July 31 from 11 a.m. until 6 p.m. Bible study begins at 6 p.m.

Thoughts and prayers extended to Alberta Matthews and her family at the passing of Roland.

The rain the last day or so has been a welcome relief from the heat and humidity of the days before. I certainly didn't amount to much on the weekend. Hope you all have an awesome week ahead!

Bristol

Al Blakeley
adblakeley0@gmail.com

Wow! The heat wave was too much for some, eh? We had fans going and wore next to nothing for a couple of days

as perspiration got the best of us. So thankful for the lakes, ponds and streams of lovely fresh, cool water to seek relief and fun in the sun! A 35 degree swing in one day was a jolt to the system. Hope everyone stayed safe and behaved safely through it all.

July 25 has the Bristol Summer Concert Series continuing with Studio Two - Beatles Tribute Band at Kelley Park from 6:30 - 8:30 pm. I'm planning on going and hope to see many of you there as well. The Bristol Town Wide Yard Sale will be on Saturday, July 27 from 8 a.m. until 1 p.m. Call 744-3321 for more information. On Tuesday, July 30, "A Colored Man in Exeter" with author Michael Ward will be at the Minot-Sleeper Library at 6:30pm. The Summer Reading Program continues at the Minot-Sleeper Library on Wednesday, July 31: Reptiles with Boston Museum of Science at 10:30am.

I have been asked to clarify that the Annual TTCC Lobster/Chicken Dinner will be held on Saturday, August 24 from 5 - 6:30pm. Tickets are available at TTCC. Don't miss this!

It was nice to see so many of our town employees helping out at the Transfer Station last week so there is less confusion with the change-over. Great looking project and when we all get used to the traffic flow and procedures, I think it will make for a vast improvement. I just hope we all can find better ways to control our trash and it's disposal. Our earth can't take much more abuse!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

The annual South Danbury Church Fair is THIS Saturday, July

27, from 9 a.m. to 2 p.m., at the church. This year's special events are live music from 9:30 to 11 a.m. with Canyon Run's Lynda Nelson (who just had a recording session in Nashville) and Chicken Willie. And then at 11 a.m., Lynne Monroe, Frank Whittemore, and Mary Lyn Ray will share exciting news about "The Don and Jane Project," to honor the life and legacy of poets Donald Hall and Jane Kenyon, and to preserve their Eagle Pond Farm. Auctioneer Doug Windsor will keep everyone laughing at the lively Annual Auction, after the midday Lunch. And naturally there will be the traditional Church Fair features - the Bake Sale (baked beans, too), Homemade Ice Cream, Crafts, Yard Sale, Collectibles and Treasures, Raffle, and more - with time to meet South Danbury businesses and their wares, and catch up with friends and neighbors.

There will not be a worship service at the church on Sunday, July 28. Regular services resume on Sunday, Aug. 4, at 11 a.m.

NH Eat local month

August is NH eat local month. Plan to drop by one of your local farmers markets or farm stands to get some local produce, meats, eggs and specialty food items. For the month of August, the Wilmot Farmers Market is hosting a daily trivia challenge on their Wilmot Farmers Market Facebook page. There are two pages - follow the one with the gazebo and several hundred friends. Be the first correct person to answer the trivia question and your name will be entered into a raffle with the drawing at the August 31st market. Winner receives a \$10 gift certificate to Huntoon Farm.

Danbury Farm Tour

The Historical Society will host two days of farm/garden tours and speakers on Aug. 10 and 11. The schedule will be posted as soon as events and times are finalized.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

There is much to be done still after the

flooding on July 11 but hard working road crews and residents have made impressive progress. A big "Thank You" to Groton Highway Department, NHDOT and to all who have put in their personal time and assets to get our roads passable. Residents who received damage due to the flooding should call 2-1-1 to connect with available services. The Disaster Distress Hotline is available 24/7 with resources that may help. There is no FEMA assistance for private property. We are sorry to hear of damages and losses that our residents experienced.

The Hebron Fair is scheduled for this Saturday, July 27, from 9 a.m.-4 p.m. The fair is held on the Hebron Common at the north end of Newfound Lake and will happen rain or shine. Admission to the fair is free, and festivities include more than 100 craftspeople, pony rides, children's games, rummage, white elephant, delicious foods, baked goods, plants, books, lunch with homemade baked beans, a silent auction from 11 a.m.-2 p.m., and a live auction at 1pm.

Groton's Old Home Day is Aug. 17 at Everett Hobart Memorial Park on Sculptured Rocks Road from 5-8:30 p.m. Food, crafters, raffles and games. All happening throughout the night! The annual parade lineup is at 5 p.m. and the parade starts at 5:30pm. There will be a BBQ starting at 6 p.m. until the food is gone!! The Town supplies the burgers, hot dogs and drinks. Feel free to bring a side dish for potluck. Live music by the classic rock band - Horsepower - playing from 5:30-8:30 p.m. Look forward to seeing you all there!!

Scheduled July August Meetings and Office Closures:

Select Board Work Sessions -Tuesdays, Aug. 6 and Aug. 20 at 6 p.m. at the Town House

Select Board Meetings Tuesdays, Aug. 6, and Aug. 20 at 7 p.m. at the Town House

Planning Board Meeting at the Town House, Wednesday, July 31 at 7 p.m. at the

Town House

Conservation Commission Meeting Aug. 8 at 7 p.m. at the Town House

Town Clerk's office will be closed Aug. 3 and 5 for a mini vacation.

Taxes due:

There are a total of 244 outstanding invoices with a total due of \$161,740.82 which includes the 2019P01 bills that were due July 1. Tax money is still flowing in, so this balance will come down in the days ahead. Please remember that we take partial payment and prepayments by mail and there is a tax bill pay online www.grotonnh.org go to the Town Clerk/Tax Collector and use the red button. You will need your map and lot number. You may also pay for dog licenses, register motor vehicles online and get estimates for motor vehicle registrations. Please call if you have trouble using this convenience.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

The Hebron Fair is coming!

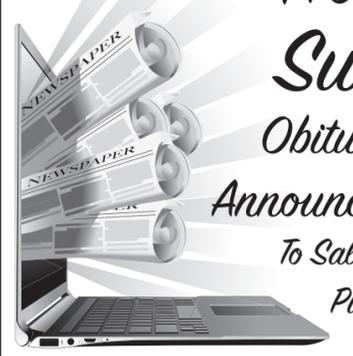
The 67th Annual Hebron Fair is Saturday, July 27. Here comes the Hebron Fair again! Join us on the Common the last Saturday of July, starting at 9am, rain or shine. Admission is free. This year the fair will be expanding beyond the Common. There will be scenic helicopter rides at the Hebron Safety Building by White Mountains Helicopter. Registration for the helicopter rides will be at the Emergency Services Building (Fire Department) at the landing pad. And in the other direction, at Ash Cottage and beyond, you'll find nature walks and more by NLRA and NH Audubon, plus from 1:30 to 3 p.m., you can enjoy Music in the Mountains by the New Hampshire Music Festival. In addition to these exciting new happenings, there will be all the usual fun for the whole family including a huge selection of crafts, rummage, white elephant, scrumptious foods, baked goods, plants, books, Hebron Fair t-shirts, lunch featuring homemade baked beans, raffles, pony rides, children's games, nonprofit organizations, a silent auction from 11am-2pm, and the live auction starting at 1pm. Please note the chicken BBQ has been discontinued. Again, John Erickson of Pike's Bay Boatworks is donating

one of his nautical creations to the auction. This year his project is a seven foot, 10 inch plywood dinghy, specially built in 2019 for the fair. This cute little boat is perfectly suited for tending your yacht (or wake boat!) or tooling around in a quiet Newfound Lake cove. It's small enough for car-topping or hauling in the back of your pickup and constructed with marine plywood, epoxy sealed and painted. The church's baked goods and plants booth is seeking donations. The bestsellers are whole pies, breads, muffins, cookies, cookie bars, brownies, "krispy" treats, perennials, annuals, and house plants. They should be labeled for the "Baked Goods Booth," and can be left in the church kitchen on the Friday before the fair or at the booth Saturday morning. Baked beans for the lunch booth may also be dropped off the morning of the fair or contact the office for other arrangements. Your donations are appreciated, as all the profits go to support the church and its local missions. White Elephant items may be delivered directly to Dian West's home at 17 Brookside Lane. Please leave them in front of her garage or on her front porch if raining. Rummage (clothing and textiles), auction items, books, puzzles and games will be accepted directly at the church (9 a.m.-4 p.m., seven days a week). The cutoff date for donations is the Wednesday before the fair, so please drop things off early. Call the church office to make other arrangements or for pickup of large items. Please refer to the list of items we regretfully cannot accept by visiting our fair Web site, <http://www.hebronchurchfair.org/> (under Donating). Anyone willing to volunteer before, during or after the fair should call the office 603-744-5883 or email staff@hebronchurchnh.org. You'll find the Church Fair Work Schedule (under Volunteering) on the fair website. Proceeds benefit the Union Congregational Church of Hebron. The Fair Committee is extremely grateful for the gifts of everyone's time and donations. This could not happen without our fabulous community! Thank you!

Cow Patty Bingo

Yes folks it's time once again for everyone to buy their Cow Patty Bingo Tickets. This year's event will be on August 17th at 4pm. Tickets are \$10 each for a chance to win \$1000 and there is only 255 tickets available. The tickets can be purchased at the Hebron Library, at any Hebron Gazebo Concert, or at the Hebron Fair. Good Luck!!!!

How to Submit Obituaries & Announcements To Salmon Press Publications



Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

The 67th Annual
HEBRON FAIR
Saturday, July 27
ON THE HEBRON COMMON

NEW THIS YEAR
Helicopter Rides
Nature Walks by NLRA & NH Audubon
NHMF Music in the Mountains 1:30-3pm

Sponsored by the Hebron Church

Starting 9am
Silent Auction 11am
Live Auction 1pm
Arts & Craft Vendors
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Books • Plants
Gift Basket Raffle
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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Ashland	N/A	N/A	\$196,533	Arnold R. Casavant and Kathleen A. Casavant	Gennaro Fiscal Trust and Victor Gennaro
Bristol	50 Lakeside Rd., Unit 50	Condominium	\$181,000	John M. Hunt	Robert A. and Nancy E. Soave
Bristol	38 Tower St.	Single-Family Residence	\$198,533	Scott D. and Sara L. Shattuck	Tiela L. and Justin D. Merwin
Dorchester	Route 118	N/A	\$29,800	Martha E. Romanyshyn and Mark B. Ashley	Michael J. Beaulieu and Fatima R. Beaulieu
Dorchester	N/A (Lot 2)	N/A	\$54,933	Matthew J. and Katie L. Kenison	Anthony J. and Maureen J. Patti
Groton	86 N. Groton Rd.	Single-Family Residence	\$65,000	Roland E. and Alberta R. Matthews	Richard B. Sharp
Hebron	Ledgewood Circle	Acc. Land Imp.	\$24,000	Collins Fiscal Trust and Richard Collins	Scott and Bernadette Stephens
Holderness	20 Meadowview Dr.	Single-Family Residence	\$389,000	Theodore R. and Carrie A. Gadbois	Leanna K. Brothers and Brady G. Serafin
New Hampton	Pinnacle Hill Road	N/A	\$75,000	Doris H. Glennon and Kathleen H. Lavalley	David & S. Marcroft RET
New Hampton	598 Route 132, Unit B	Condominium	\$289,000	Stephen and Roberta S. Berez	Lawson Glidden
New Hampton	19 Smoke Rise Rd.	Single-Family Residence	\$240,000	Michael J. Zuppa	James and Kathleen T. Soukup
Plymouth	60 Highland St.	Single-Family Residence	\$279,000	Scott W. Towle	Roy D. Russell
Plymouth	Main Street	N/A	\$209,933	Thomas E. Lamb RET	Benmont Ventures LLC
Plymouth	31 Merrill St.	Single-Family Residence	\$199,933	Catherine S. Amidon	Peter C. Marcroft and Andrea Molina-Barrios
Waterville Valley	23 Black Bear Way, Unit 507A	Condominium	\$65,000J	effrey W. Smith RET and Jay D. Rosenbaum	Kathleen A. Doyle and Gregg H. Grenchelli
Waterville Valley	15 Boulderwood Way, Unit 2	Condominium	\$385,000	Carol M. and Robert J. Bingham	Matthew F. Walsh and Lisa M. Manganiello
Waterville Valley	44 Packards Rd., Unit 3	Condominium	\$135,000	Claudia Suslavich	Snow Star Inn LLC
Waterville Valley	18 Windsor Hill Way, Unit 56	Condominium	\$82,533	Carol J. Terjesen	Jane and Michael F. McCaffrey

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Churches

Ashland Community Church

Sundays

10 a.m. Worship – Come as you are! Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

March 3 – April 14 Teaching Series: "40 Days of Prayer: Unleash the Power of Prayer in Your Life"

Toddler Zone (for infants – five years old) is led by Kara Hamill and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Our new Youth Zone (grades 5-8) will be starting soon and our Special Needs Class (for youth and adults) is led by Barbi Sharrow and Debbie Tall. Both classes meet in the worship center for singing at the beginning of the service and then are dismissed to their classes when the message begins.

Small groups: We also offer four adult small groups that meet in various locations on Tuesday, Wednesday, and Thursday evenings. In March and April all of our groups will be watching a video by Rick Warren and discussing the topic of prayer. Please contact our pastor, Ernie Madden, for more information about our small groups program.

It is our desire to help you understand God's incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don't have to dress up. You don't have to be any particular age. And

please don't feel the need to pretend about anything. Ashland Community church is a place where God meets seeking people who are far from perfect. That means everyone is welcome, no matter where you are on your spiritual journey. We believe you'll find what you are looking for. You'll learn how to relate to God. You'll experience Christian community. And here's the big thing – you will change. Join us as we seek God together. Just come as you are! (No perfect people allowed!)

If you have any questions, please don't hesitate to contact our pastor, Ernie Madden, at any of the contact information above.

We look forward to seeing you soon!

Holy Trinity (Roman Catholic)

The Holy Trinity Parish Christian Life Center is now open, and all offices have been moved to that location. The parish office hours are Monday, 10 a.m. to 4 p.m., and Tuesday through Friday from 9 a.m. to 4 p.m. Ap-



pointments can be made to speak to Fr. Leo or Deacon Mike at this location as well. We thank all of you that contributed to this wonderful project. It is never too late to make a donation to the capital campaign, envelopes are in the pews or call the office at 536-4700.

Within the Holy Trinity Christian Life Center is a brand new Reconciliation Room in which to make the Sacrament of Reconciliation. The sacrament is made available every Saturday from 3 to 4:45 p.m., or by appoint-

ment.

There will be a fish fry hosted by the Bristol Knights of Columbus on Friday, Aug. 9 from 5 to 7 p.m. at the Marian Center in Bristol. The cost is \$10 per person, \$7.50 for kids 12 and under (age five and under are free) and \$30 per family. Hope to see you there!

The Alpha program will be starting back up in the fall. If you have a desire to learn more about your faith in an inviting setting (no pressure!) and a free dinner and awesome conversation, try Alpha! For more information, call Ken Bergstrom at 536-3604.

The Day Away program is looking for volunteers. Day Away offers a day of fun activities, a healthy meal, snacks and companionship to those suffering from Alzheimer's or other related dementia. It is a chance for the caretaker to have a day away while the family member is being cared for. The program takes place from 9:00 AM to 3:00 PM on Thursdays at Simard Hall (basement of Our Lady of Grace Chapel). If you would be interested in volunteering, or would like to have a

loved one join the program, please contact Terry Kurdzionak, RN at 726-7645, or email terrykurdz@gmail.com, or Ed Swanson at 536-7299.

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and Third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched a Restoration Church Plymouth. More details about this service will be

included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a

multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

This week at Starr King:

Summer Services Continue - Sunday, July 28

Madagascar: Reflections on our journey to this island. Images and thoughts

Dorothy and Mary Crowell, Presenter Jane Clay, Worship Associate.

For more details, visit our Web site www.starrkingfellowship.org 536-8908

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PART-TIME OPERATOR POSITION AVAILABLE

The Town of Plymouth Recycling Center is currently accepting applications for a motivated and flexible candidate who can perform semi-technical and heavy manual work associated with operation of transfer facility and recycling center.

This position consists of three, 8 hour days.

Starting Wage: \$12/hour

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MINIMUM QUALIFICATIONS REQUIRED Must be at least 18 years old. Some experience in the performance of heavy manual labor and equipment operation. Must be able to obtain a Solid Waste Facility Operator Certification within 12 months from date of hire.

Applications are available at the Plymouth Recycling Center Monday to Friday.

Please send applications to the attention of Jessie Jennings, Recycling Manager, Town of Plymouth, 6 Post Office Square, Plymouth, NH 03264, or drop it off at the Plymouth Recycling Center

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Flood

FROM PAGE A1

only surrounded by water, it was roaring under the house and down their driveway, cutting a deep gully as it went. Judy's car was sitting four-feet down inside that gully, filling with water, and Mike's truck was perched perilously on the edge, one tire in the air.

It was five hours before rescuers could manage to reach them. The Karkhecks said that by then the rain was over, the house seemed to be stabilizing for the moment and they really had nowhere else to go nor a way to get there if they and their dogs chose to leave. They opted to stay put.

When daylight arrived, water was still coming down the mountain, hauling boulders, ripping up shrubs and still undermining the house that was now being held up by just some cement blocks underneath and a small addition.

"I think it was the addition I built on the back that actually anchored the house and kept the whole thing from floating off," said Mike in retrospect.

Judy said landscape timbers lining her flowerbeds were washed away and large shrubs disappeared in the wake of the flood. The heavy cement lid on their well was pushed open, allowing silt and debris to get inside, and large rocks, gravel, logs and all sorts of debris was everywhere.

"We even found things we've never seen before that washed down from a dirt road up above us. People used to dump tires and old washing machines and stuff out there and now it's all on our property," she said.

Their adult children arrived to help the that



DONNA RHODES

A backside view of the Karkheck residence on Sculptured Rocks Rd. in Groton shows how water roared down the hillside behind their house and undermined not only the yard and driveway but the very land beneath the house as well.

day and managed to make a rough path to get their truck through to a neighboring driveway. When the couple was able to finally drive out that day, they ran into Gov. Sununu who had flown in by helicopter to tour the area with the Hebron fire chief.

"The governor asked if he could come see what happened and I said yes and brought him up here. He got right down in (the trench), looking at the car and under the house, then said it was the worse personal damage he had seen," said Mike. "We've had a lot of bad storms out here over the years and that was the first politician who ever came to see what happened. It was no publicity stunt. You could tell he genuinely cared and I appreciate that."

Looking on the bright side, the Karkhecks and their pets are safe and most of their personal belongings were not lost or damaged. What they know so far on the other side though is that their car is totaled, the house is unstable, there's no gas for cooking, and the windows don't open. They're not certain that

the electricity is safe or if the septic hook-ups are still connected, but that doesn't matter because the well is ruined and most likely the leach field is compromised as well. On top of all that, there is still the matter of the roughly four-by-20-foot cavern running the length of their home and down the entire length of their former driveway.

"There's just a whole bucketful of ifs and don't knows right now," Mike said.

As he looked at the damage last weekend, he added that every time it rains now, the hair stands up on the back of his neck. It's a reaction that most likely won't go away for some time.

The couple said there has been an outpouring of support from friends who have offered to help restore the property but at the moment they're at a standstill until engineers, insurance companies and others inspect the damage. In the meantime they've had to stay in the camper they keep at a seasonal campground in Vermont. Since both Mike and Judy work in Plymouth that means they have a 120-mile

people all over the country."

David Chorney from Boston has competed in the New Hampshire Marathon multiple times.

"I grew up in Bristol, and always come back for this race. The route runs right by the house I grew up in," said Chorney. "It's fun to come home and run a race

here in my hometown. You can turn this into a nice trip up north, see some fall foliage, and go apple picking. It makes a great weekend."

The 27th running of the NH Marathon, Half, 10K and Kids Marathon will take place on Saturday, Oct. 5. To register or for more information, visit www.nhmarathon.com.

camper back up their narrow makeshift drive off Sculptured Rocks Rd.. And while they've tried to find a nearby campground to avoid that long, expensive commute, there have been no openings at some or monthly rates far too expensive at others.

"We did find one campground that wasn't too bad but we'd have to keep moving from site to site all summer because they're already reserved by people who request a particular campsite each week," Mike said.

Judy said that because it was determined years ago that they ar-

en't on a flood plain they didn't have flood insurance, so in her spare time now she's been busy looking for any type of assistance that might be available if insurance will not come through.

In an effort to help her parents, their daughter started a GoFundMe Web page so people can make donations for the couple's recovery efforts. That site can be accessed by entering "Mike and Judy Karkheck" in the GoFundMe page Search Bar, which is located in the upper left hand corner of the page.

Gas Leak

FROM PAGE A1

pane incident. Crews from more than a dozen towns, including Bristol, Rumney, New Hampton, Camp-ton-Thornton, Danbury, Alexandria and even as far away as Concord, responded with engines and tankers to help get the situation under control. The Central N.H. Emergency Response Team and state hazmat officials brought their expertise to the scene as well.

Due to the volatility of the gas, a tow truck also had to be called in to lift the Servpro vehicle off the site since sparks from the engine could have ignited it.

Albert explained that propane is heavy and they needed to use vast amounts of water to disperse it in the air. With no hydrants in the area, for several hours they had to use tankers supplied the steady flow of water necessary to clear the area.

Two residences were evacuated as a precaution and crews monitored the air in and around the homes throughout the afternoon to make sure no propane had settled inside either of them. One lane of Groton Rd. was able to remain open as they worked to clear the propane but Chief Fisher said had a wind been pushing the gas across the road, that would not have been the case.

"Fortunately, we were able to keep it headed away from the



DONNA RHODES

By 7 p.m. Monday evening safety officials in Hebron were able to burn off any remaining gas that had been leaking from an underground tank all afternoon.

road with our hoses," he said.

As if the day wasn't busy enough, HFD also received two medical calls in the middle of the propane incident but luckily Plymouth and Bridgewater crews were able to provide coverage for those emergencies.

"That's the great thing about mutual aide," Albert said. "With one phone call you get all the help you need."

Fisher said that

thankfully everything went well and by 7 p.m. most outside agencies were able to head home while the remainder of the gas leaking from the tank was being burnt off.

Reviewing what occurred that day, the chief said, "Here's a case where protection of some kind around the tank would have prevented something like this from happening. That's something that needs to be looked at."

Marathon

FROM PAGE A1

it is historically held the day before the Maine Marathon, which allows travelers to run both marathons in one single weekend.

"It's certainly a destination race for anyone around the country," said Carroll. "Through the years, I've ran with

people all over the country."

David Chorney from Boston has competed in the New Hampshire Marathon multiple times.

"I grew up in Bristol, and always come back for this race. The route runs right by the house I grew up in," said Chorney. "It's fun to come home and run a race

here in my hometown. You can turn this into a nice trip up north, see some fall foliage, and go apple picking. It makes a great weekend."

The 27th running of the NH Marathon, Half, 10K and Kids Marathon will take place on Saturday, Oct. 5. To register or for more information, visit www.nhmarathon.com.



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Edward Jones: Financial Focus

Don't Chase Last Year's Mutual Fund Category Winners

The world of mutual funds can be confusing. With more than 9,000 funds on the market, how can you choose the ones that are right for you?

One way to start is by considering the various categories of mutual funds – and there are quite a few of them: Small Cap Growth, Large Cap Growth, Large Cap Value, Diversified Emerging Markets, Foreign Large Cap Blend and more – the list is extensive, and for many people, confusing.

However, with a little study, you can understand why these funds have their names – for example, a Small Cap Growth

fund will contain stocks of smaller companies thought to offer growth potential. Once you know the goals of different categories of mutual funds, you can determine which ones fit into your overall investment strategy.

This is important, because you want to ensure your portfolio is appropriately diversified. For example, if you find that almost all of your mutual funds come from the above-mentioned Small Cap Growth category, you may be taking on more investment risk than you'd like, because funds that offer the greatest growth possibilities also usu-

ally carry the highest degree of market volatility. Typically, you may be better off owning an array of mutual funds drawn from several different categories, with the percentage each category occupies in your portfolio based on your goals, risk tolerance and time horizon. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it doesn't guarantee a profit or protect against losses in a declining market.)

You might be tempted to choose categories by looking at which most recently outperformed the others, and just stick with those groups. But is

this a good idea?

It probably isn't – and the main reason you shouldn't chase performance this way is things change very quickly in the mutual funds arena. It's quite possible – and has happened many times – that the top category last year can fall into one of the worst-performing ones this year, and vice versa. Consequently, your efforts to capture a winning trend may be futile.

Of course, within the context of investing in various mutual fund categories, you still need to choose individual funds. And, as is the case with catego-

ries, you might be tempted to give considerable weight to a fund's track record. But, similar to the situation with fund categories, "chasing performance" is typically not a good strategy – after all, last year's "hot" fund may have cooled off considerably this year. Nonetheless, reviewing a fund's longer-term track record can help you understand how it might perform through the ups and downs of the financial markets. Always keep in mind, though, that past performance can't guarantee how the fund will perform in the future.

Mutual funds are popular investments – and for good reason. Since each fund generally

contains dozens of securities, you get a degree of diversification you can't achieve from owning individual stocks or bonds. And, as discussed above, you can diversify further by owning funds from several categories. Just remember, though, that as you build your mutual fund portfolio, don't get caught up in last year's results – because old news just may not be that relevant today.

Mutual fund investing involves risk. Your principal and investment return in a mutual fund will fluctuate in value. Your investment, when redeemed, may be worth more or less than the original cost.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



Devon Sullivan
Financial Advisor
(603) 279-3284 Meredith, NH



Keith Britton
Financial Advisor
(603) 253-3328 Moultonborough, NH



Jacqueline Taylor
Financial Advisor
(603) 279-3161 Meredith, NH

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What's Happening at Plymouth State University

Life Downstairs: The Legacy of British Servant Culture on American Pop Culture

A Grand Hotels of the White Mountains Presentation

Tuesday, July 30, 5:30-7 p.m.
Museum of the White Mountains

The level of service to be had during the heyday of New Hampshire's grand hotels was inspired by British servant culture, and the master/servant relationship continues to provide an intriguing backdrop—from Oscar-nominated films *The Remains of the Day* and *Gosford Park*, to PBS classics *Upstairs, Downstairs* and *Downton Abbey*. Even mainstream television has mined this rich material in shows as wide-ranging as *The Fresh Prince of Bel Air* to reality TV's *Supernanny*.

The Balsams Grand Resort Hotel employees, photograph circa 1913-17, Museum of the White Mountains collection

Ann McClellan, PhD, will explore the history behind the rise and fall of British servants and why Americans are so fascinated by their stories on page and screen. McClellan has taught British literature at PSU for 14 years and was recently named associate provost. She is the author of *Sherlock's World: Fan Fiction and the Reimagining of BBC's Sherlock and How British Women Writers Transformed the Campus Novel*, among other works.

Admission to this presentation and museum exhibit is free and open to the public.

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Newfound Landing Sports

Section **B**
Thursday,
Thursday, July 25, 2019

Harvick picks up fourth NHMS win

LOUDON — Kevin Harvick landed in victory lane for a repeat win in Sunday's Foxwoods Resort Casino 301 at New Hampshire Motor Speedway. This win marks Harvick's fourth career win at Loudon, tying the record currently held by Jeff Burton for the most wins at "The Magic Mile." The Monster Energy NASCAR Cup Series driver earned his first win of the 2019 season not only for himself, but for Stewart-Haas Racing.

"We've run well enough a few times this year, we've just made mistakes," said Harvick. "To finally battle and get over that hump is a great day at Stewart-Haas Racing and everybody on the No. 4 car. I was really questionable about how that was going to go, and that thing just took right off."

In a race that featured several lead changes and plenty of close action, it was a last-lap battle between Harvick and Denny Hamlin, driver of the No. 11, all the way to the finish line that got the crowd to its feet. The top two fought



KATHY SUTHERLAND
DAVID RAGAN'S crew works on a pit stop during Sunday's action in Loudon.

through lapped traffic after Hamlin made a pass attempt in turns one and two. Harvick stood on the brakes and tried to keep it straight knowing Hamlin was going to roll the dice and take another shot at the win.

"The lapped traffic didn't budge, the No. 11 was right there and I knew he was going to take a shot," said Harvick. "That's what you're supposed to do

on the last lap – throw it all out on the table and take some chances. That's what we both did, and luckily today we came out on top."

With this win, Harvick cements a place in the playoffs and takes the pressure off of a race team that had performed well in points, but was still on the outside looking in.

Following Hamlin's second place finish, were Erik Jones, Ryan Blaney, Matt DiBenedetto, Martin Truex Jr., Ryan Newman, Kyle Busch, Joey Logano and pole sitter Brad

SEE HOOPS PAGE B6

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SELLING TO THE HIGHEST BIDDER(S) WITHOUT RESERVE!
 Located just off Route 104 in the **Smoke Rise Development** on the shores of **Lake Pemigewasset** on Smoke Rise Road, a total of 8.49± acres will be sold. The 7 wooded lots will be sold as 2 groups of 3 lots and 1 single lot. Selling individually is Lot 29 which consists of 1± acre and is located directly across from the shared lake access. Lots 7, 8 & 10 total 3.68± acres and lots 35, 36 & 38 total 3.81± acres and will be sold as packages. Lots 7, 35, & 38 have frontage on Route 104. All lots are zoned General Residential. Tax Map U08. Combined assessed value is \$383,200.

PROPERTY TOURS: Drive by anytime.
Broker participation offered.

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OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

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Yard sale 7/27/19 8-3. Furniture, antiques, tools, Stampin Up!, home decor, interior and exterior lights, braided rugs and more! 310 Parade Rd., Barnstead, NH rain or shine.

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603-447-1373

General Help Wanted

GSIL is looking for caring, dependable personal care attendants to assist individuals living independently in their homes for various shifts. Duties include personal care, meal prep, laundry, light housekeeping, etc. Pay is \$10.25-\$10.75/hr. Does not require any certification and willing to train those without experience. Please contact Ashley at (603) 568-4930 or atruong@gsil.org for more information.

MOVING CREW/DRIVER — Immediate position. Applicants should be strong, courteous, and work well in a team. Summer is peak season so expect 40-hours and up. Download an application (DragonflyMoving.com) or stop by RJ Crowley Moving & Storage (12 Hitchner Road, Plymouth, NH) to fill one out.

Teacher
Sandwich Children's Center has an immediate opening. Looking for a caring person who adores children and being outside!! 20 to 30 hours per week. Could be a permanent position in the fall. call Susan at 284-7014.

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LICENSED MASSAGE THERAPIST opening at White Mountain Athletic Club in Waterville Valley, NH. Regular mid-week schedule plus holidays and some weekends. Excellent pay. 603-236-8303

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Looking for full time Early Childhood Associate Teachers 9 ECE credits needed. Small, fun, loving and caring environment! Please email your resume to teloca@yahoo.com

Real Estate


Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertng which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
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You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write
The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. hereincontained. The Publisher reservesthe right to refuse any advertising.

Houses For Rent

CAPE FOR RENT, Holderness, NH, 5 min to Plymouth. Furn. 2 bdrm, 1 bth, kit, liv, study, wash/dry, garden, view. \$1200 mo. plus utilities. Call Jane, 603-536-1148.

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Bridgewater-Hebron Village School
Beginning September 20th until
approximately February 7th
Experience working with preschool
aged students. Early childhood or
Early Childhood Special Education
Certification Required
*Applicants should submit a letter of interest,
resume, supportive credentials, job application
and three current written references to:*
Stacy Buckley – Superintendent of Schools
Newfound Area School District
20 North Main Street
Bristol, NH 03222
Application is available at:
<http://www.sau4.org/human-resources/employment-information>

BELMONT MIDDLE SCHOOL Grade 5/6 Soccer Coach

Belmont Middle School is seeking a Grade 5/6 Soccer Coach. The applicant will be required to teach the fundamentals of soccer and work well with children. Interested applicants should send a cover letter and resume to Aaron Pope, Belmont Middle School Principal to apope@sau80.org or by mail to Belmont Middle School; 38 School Street; Belmont, NH 03220.



TOWN OF RUMNEY PART-TIME POSITION AVAILABLE DEPUTY TOWN CLERK / TAX COLLECTOR

- Must be detail oriented
- Must be proficient in office work
- Must be willing to learn a variety of computer programs, as well as laws and regulations
- Must excel in communication skills
- Approximately 22 Hours/Week

Candidates must be a Rumney resident and able to pass a criminal and motor vehicle record check, credit check and able to be bonded. Full job description available upon request.

Pay will be commensurate with experience. Rumney is an EOE.

Send resumes to selectmen@rumneynh.org.
Resumes accepted through August 2, 2019.


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This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Knowledge of quotes, take-offs, millwork and building materials preferred. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays.

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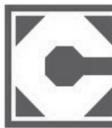
DON'T TEXT AND DRIVE

TEMPORARY FULL TIME ASSISTANT TO THE TOWN CLERK
 TOWN CLERK OFFICE
 TOWN OF PLYMOUTH

The Town of Plymouth, NH is seeking applicants for the position of Temporary Full Time Assistant to Town Clerk to work within the Town Clerk's office. This is an entry level customer service position working at a counter assisting customers. Applicants must be a high school graduate or equivalent and must possess thorough knowledge of office procedures and computer skills including Windows and Microsoft Office and have the ability to obtain Municipal Agent and Boat Agent certifications within three months. Prior experience in working with the public, as well as general clerical and cash handling and reconciliation duties are a must. Salary is based on experience. The current hours for this position are 8:00 a.m. to 4:30, Monday and Friday. The Town of Plymouth is an Equal Opportunity Employer

Applications and a detailed job description are available at Town Hall. Future possibilities to be Deputy Town Clerk if you are a Plymouth resident. To be considered, applicants must submit a Town Application, resume, and cover letter addressed to Karen Freitas no later than 4:00 p.m. on Friday, August 23, 2019 to:

Town of Plymouth
 Attn: Karen Freitas
 Temporary FT Assistant to Town Clerk
 6 Post Office Square
 Plymouth, NH 03264



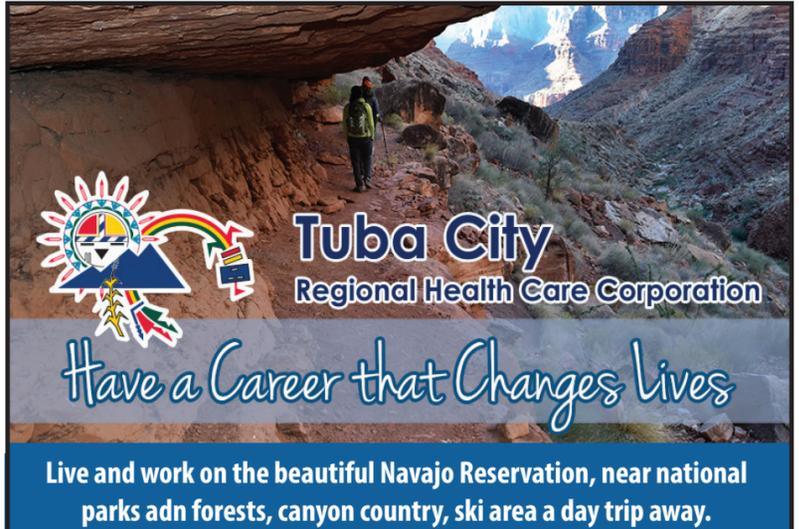
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Allied Health

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 Pharmacist I/II - Pharmacy
 Certified Pharmacy Technician
 CT Technologist (Dual)
 Endocardiographer/Sonographer
 Medical Technologist
 OR Surgical Technician

Medical Staff

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 Deputy Chief of Emergency Medicine
 CRNA - Nurse Anesthetist (0.75 FTE)
 Dentist

Endodontist
 Physical Therapist
 Physician (Emergency, OB/GYN, Family Medicine, Internal Medicine, Hospitalist)
 Physician Assistant

Positions Close on 07/26/2019 @ 5:00 pm

- Ambulatory Care Program Director
- Certified Medical Assistant
- Certified Nursing Assistant
- Dental Assistant
- Engineering Technician
- Help Desk Manager
- Hospital Maintenance Supervisor
- Informatics Nurse
- Medical Coder I/II/III
- Performance Improv./Patient Safety Officer
- Sexual Assault Victim Advocate

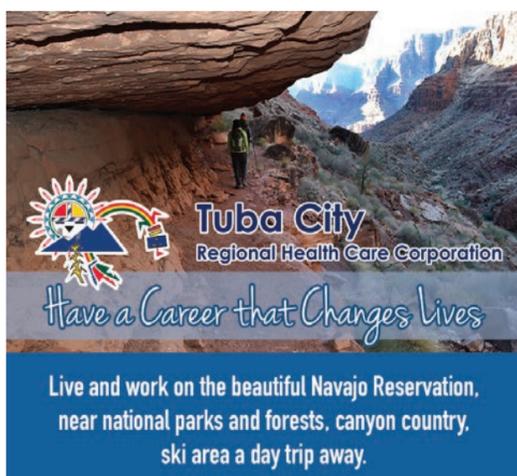
Positions Close on 08/02/2019 @ 5:00 pm

- Administrative Assistant

For more information visit www.tchealth.org or contact Human Resources at (928) 283-2432 or tcrhchr@tchealth.org.

TCRHCC is a Navajo/Indian preference employer. Final candidates selected will be subject to a favorable adjudicated background investigation.

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WWW.TCHEALTH.ORG

PEMI-BAKER REGIONAL SCHOOL DISTRICT Plymouth Regional High School

TECHNOLOGY TECHNICIAN

Plymouth Regional High School is currently seeking a Technology Technician. The position supports first line technology hardware, software and services for students, faculty and staff at the Plymouth Regional High School.

A complete job description along with experience criteria is available upon request.

Plymouth Regional High School offers a competitive salary and benefit package.

Please send letter of intent, resume, and references to:

Kiley Kapp
 Plymouth Regional High School
 86 Old Ward Bridge Road
 Plymouth, NH 03264
kkapp@pemibaker.org

NCH Upper Connecticut Valley Hospital

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Upper Connecticut Valley Hospital
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ucvh-hr@ucvh.org

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Newfound seeking fall coaches

BRISTOL — Newfound Area School District is looking to fill the following coaching positions for fall 2019.

Newfound Regional High School is looking for a unified soccer coach and a JV field hockey coach.

Newfound Memorial Middle School is looking for boys' soccer, girls' soccer, head football, assistant football and two volleyball

coaches.

If interested, please send a letter of intent, resume, and names and phone numbers of three references to Stacy Buckley – Superintendent, Newfound Area School District, 20 North Main St., Bristol, NH 03222

Questions should be directed to Alex Sobolov, Athletic Director at asobolov@sau4.org or 744-6006, x1507.

NASCAR

FROM PAGE B1

Keselowski.

Hampstead native and longtime NASCAR Whelen Modified Tour driver Andy Seuss made his Monster Energy NASCAR Cup Series debut in Sunday's

race in the No. 51 Jacob Companies Ford, finishing 28th. Also making his Cup Series debut was Fort Kent, Maine native Austin Theriault, who drove the No. 52 Bangor Savings Bank Chevrolet and placed 35th.

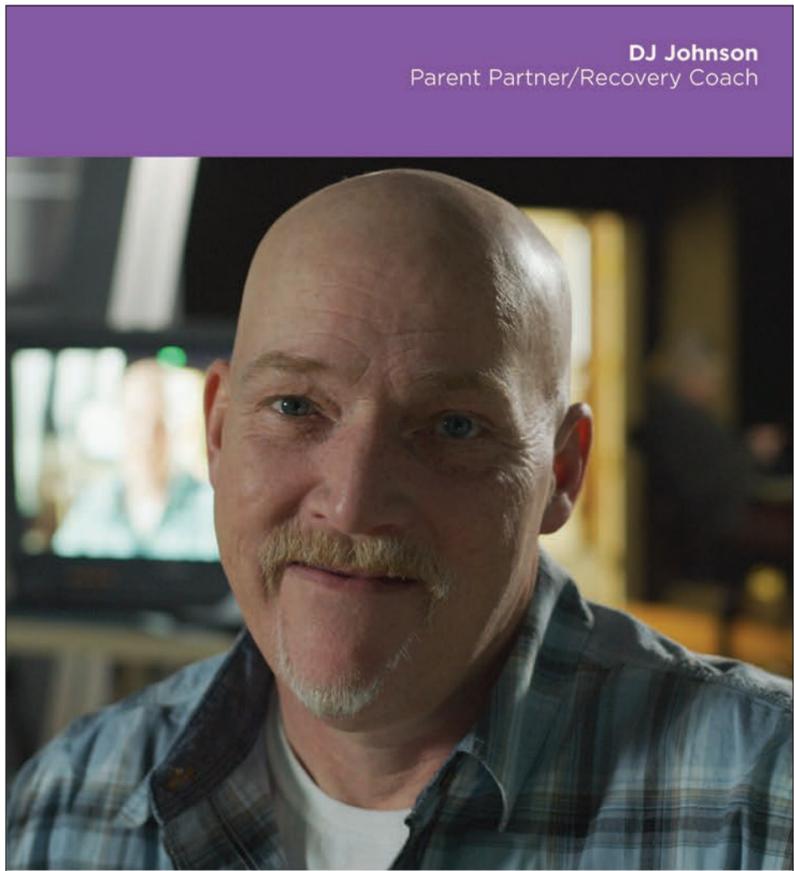
For ticket information for all 2019 events at New Hampshire Motor Speedway, including the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call Fan Relations at 783-4931.

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Laconia, NH 03246

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40 Pleasant St
Concord, NH 03301

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