

## Superintendent on leave following arrest



Gilford School District Superintendent Kirk Beitler, shown here in 2016, was placed on leave after being arrested following an incident outside his home.

BY ERIN PLUMMER  
mnews@salmonpress.news

The Gilford School District's superintendent is on paid leave after being arrested following an incident outside his home in July. According to information from the Concord Police Department's arrest log, Kirk Beitler was arrested and charged with simple assault and domestic violence - simple

assault following an incident on Oscar Drive in Concord. According to published reports, Beitler plead not guilty to the charges and was released on personal recognizance bail. He will be in court on Oct. 19. A call to Concord police for further information was not returned as of our press deadline for this week's

edition. Beitler's attorney, Jesse Friedman of the Meredith-based law firm Friedman & Bresaw, issued a statement denying the allegations. "Kirk Beitler is a good man," Friedman said. "He has been married to his wife Christine for 26 years and is raising three outstanding daughters.

The events of July 6 are a private family matter and entail sensitive issues that should not be the cause for public discourse or disparage Kirk's character in any way. While I will not comment factually on the allegations at this time, I cannot stress enough that Kirk maintains his innocence and should not have been charged with an offense. It would be any family's worst nightmare to reach out for help and have the events unfold the way they did. In the meantime, to protect the privacy of all involved, we will have no further comment until the case is resolved." School Board Chair Gretchen Gandini confirmed to the Gilford Steamer following the board's meeting Monday evening that Beitler had been placed on paid leave, and business administrator Amie Leigh will perform the duties of the superintendent in his absence. No further public comment is expected from the board.

## Registration open for upcoming GYC programs

BY ERIN PLUMMER  
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Science, movement, and messy art are just a few of the programs coming to the Gilford Youth Center in September. After a year of delays because of the pandemic, the summer of 2021 has been a busy one for the GYC. The Gilford Youth Center Summer Camp recently ended its 2021 season. Session 2 of Lakes Region Elite's Summer Skills Basketball Camp will start up on Monday, Aug. 16. Now the GYC has opened registration to some new programs coming in September including a movement and dance program for toddlers, a messy crafts program for toddlers, and a science program for kids. People can register on the website, but space tends to fill fast. "Movin' and Groovin'" starts Sept. 14, and is a five-week program where toddlers and their caretakers get a chance to dance and move around to music. The program for kids ages 2-4 will help them improve their balance, coordination, social skills, and fine motor skills. The five-week program runs Tuesdays starting Sept. 14 from 9:30-10:30 a.m. and costs \$30 per child. "MessMakers" starting Sept. 16 will let kids ages two to four get creatively messy with paint, shaving cream, and other material. The program runs Thursdays starting Sept. 16 from 9:30-10:30 a.m. and costs \$30 per child. For both these programs, the registration fee does not apply to caretakers. Kids ages three to five can have fun with science in the "Mad Science" program, starting Sept. 20. Kids can study curious scientific topics with experiments in a fun and safe environment, Lab coats and protective eyewear will be provided. The five-week program will start Sept. 20 and run Mondays from 1:30-2:30 p.m., costing \$50 per child. For more information on these programs and to register visit gilfordyouthcenter.com. Space is limited and programs tend to fill up quickly. For example, the "Little Kickers" soccer program starting Aug. 28 has already filled up.

## Rotary Club awards 33rd Annual Cheryl Walsh Memorial Scholarship



Kendall Jones

Gilford Rotary Club announces that the Annual Cheryl Lynn Walsh Memorial Scholarship has been awarded to Kendall Jones, an outstanding member of the Class of 2021 from Gilford High School. The Cheryl Walsh Memorial Scholarship was established in 1988 in memory of Cheryl, a former Gilford High School Student. Kendall Jones spent

much of her high school years on the slopes. She was captain of the alpine ski team which won two state championships during her career, and she worked as a ski instructor at Waterville Valley. She was on the chairlift when she found out that she got accepted into her "dream college," she said, which nearly caused her to drop her phone. Jones also played soccer, coached for the

town's Parks and Recreation Department, and worked as a theater tech. Jones will be attending Bates College in Lewiston, Maine, where she will study biology. Her father, Fred Jones, was chief medical officer at Lakes Region General Hospital. He passed away unexpectedly on April 27, and her intention is to work in either medicine or public health. "I'd like to follow in those footsteps," Jones said. The Award and Scholarship are presented annually by the Gilford Rotary Club. It is awarded to the applying student(s) who display Cheryl's character, promise and aspirations. With the presentation of the 33rd Annual Cheryl Walsh Scholarship, over \$73,000 has been presented to 50 graduating Gilford High School seniors. The Scholarship was started and was first presented in 1989. Gilford Rotary initially funded the Scholarship with seed money which was invested conservatively. The proceeds/earn-

SEE SCHOLARSHIP PAGE A10

## In-person learning, optional masks, no contact tracing for coming school year



Masks will now be optional for Gilford students this coming school year, one of a number of changes in the newly approved school plan.

BY ERIN PLUMMER  
mnews@salmonpress.news

Gilford schools will return to in-person learning with optional masks and no contact tracing in the event of positive cases according to the newly approved opening plan for the coming school year. On Monday, the Gilford School Board approved the 2021-2022 Academic Year School Plan with details on requirements for masks, social distancing, quarantining, and more guide-

lines in response to the pandemic. The district's summer activities were used as a transition into the plan. Under the plan, all schools and co-curricular activities will be in-person. Those learning from home have the option of utilizing the Virtual Learning Academy (VLACS). Fields trips will be allowed, but the report notes that a shortage of charter bus drivers could impact possible trips. Volunteers will also return to

the schools. Masks will be optional for students and staff in both indoor and outdoor settings. Masks will be available in the buildings for those who wish to use them. Masks will be mandatory on buses, as school buses are covered under federal guidelines on public transportation. Daily self-screening will no longer be required, though will be encouraged. Any staff or

SEE GILFORD PAGE A10



# ALMANAC

## Notes from the Gilford Public Library

Classes & Special Events  
Aug. 12 – Aug. 19

Thursday, Aug. 12  
Geri Fit, 9-10 a.m.  
Sizzling Six: Summer's Must Reads (Virtual), 1-1:30 p.m.  
Katherine & Maria share the six most sizzling must reads before summer ends. Watch on FB Live or watch later on YouTube or on our Web site.  
French, 4-5 p.m.

Friday, Aug. 13  
Senior Sculpt, 9 a.m.  
Exercise for 55 and up. Please bring your

own 2-3 pound dumbbell, a stretch band, and water. \*Please consult with a physician before engaging in this physical activity  
Bridge, 10:30 a.m.-12:30 p.m.  
Hand & Foot, 12:30-2:30 p.m.  
Knit Wits, 1:30-2:30 p.m.  
Advanced Conversational German, 2:30 p.m.  
Lower Intermediate Line Dancing, 4-5 p.m.

Monday, Aug. 16  
Geri Fit, 9-10 a.m.  
Mahjong, 12:30-3 p.m.

Tuesday, Aug. 17  
Senior Sculpt, 9 a.m.  
Exercise for 55 and up. Please bring your own two-to-three-pound dumbbell, a stretch band, and water. \*Please consult with a physician before engaging in this physical activity  
Meet the Teeth Dragons!, 10:30-11:30 a.m.  
Join special guest, Kate Bruchacova & her teeth dragons to learn the importance of keeping your teeth clean! There will be a story, giveaways, and more! This program is for K-4th grade. Sign-up is not required.

Bridge, 10:30 a.m.-12:30 p.m.  
Lower Intermediate Line Dancing, 4-5 p.m.

Wednesday, Aug. 18  
Check out an Expert, 10 a.m.-noon  
"Things to Know" Storytime, 10:30-11:30 a.m.  
Join us for stories and crafts!  
Summer Scene Painting, 1 p.m.  
Paint a beautiful summer scene at home along with Arielle & Maria. \*Supplies provided while supplies last. Pick up at the library.

Thursday, Aug. 19  
Geri Fit, 9-10 a.m.  
French, 4-5 p.m.

Book Discussion:  
This Tender Land, 5:30-6:30 p.m.

## Gilford Public Library Top Ten Requests

1. "The Shadow" by James Patterson
2. "Sooley" by John Grisham
3. "21st Birthday" by James Patterson
4. "The Four Winds" by Kristin Hannah
5. "The President's Daughter" by Bill Clinton
6. "Klara and the Sun" by Kazuo Ishiguro
7. "Blind Tiger" by Sandra Brown
8. "Class Act" by Stuart Woods
9. "The Personal Librarian" by Maria Benedict
10. "The Cellist" by Daniel Silva

## GILFORD POLICE LOG

The Gilford Police Department reported the following arrests during the week of July 30 to Aug. 8.

A 59-year-old male from Augusta, Maine was taken into protective custody for intoxication on July 30.

Ava Margo Creteau, age 19, of Alton was arrested on July 30 for Unlawful Possession of Alcohol. A juvenile, age 16, was arrested during the same incident, also for Unlawful Possession of Alcohol.

Jordan Kearney, age 20, of Staten Island, N.Y. was arrested on July 30 for Unlawful Possession of Alcohol. A 28-year-old male, also from Staten Island, N.Y., was taken into protective custody for intoxication during the same incident.

A 49-year-old male from Barrington was taken into protective custody for intoxication on July 30.

Josiah William Brown, age 19, of Wakefield, Mass. was arrested on July 30 for Unlawful Possession of Alcohol, Possession or Use of Tobacco Products by a Minor, the Manufacture or Possession of a False ID.

Daniel Nicholas Fairweather, age 19, of Wakefield, Mass. was arrested on July 30 for Unlawful Possession of Alcohol and the Manufacture and/or Possession of a False ID. Brian Peter Sousa, age 20, also of Wakefield, Mass., was arrested during the same incident for Unlawful Possession of Alcohol. A juvenile, age 17,

also of Wakefield, Mass. was arrested during the same incident on undisclosed charges.

A 42-year-old male from South Weymouth, Mass. was taken into protective custody for intoxication on July 30.

Kerstin M. Seckinger, age 20, of Sarasota, Fla. was arrested on July 30 for Unlawful Possession of Alcohol. A 24-year-old female from Spring, Texas was taken into protective custody for intoxication during the same incident.

Michael D. Abbott, age 49, of Concord was arrested on July 31 for Driving Under the Influence-Impairment.

A 38-year-old female from Essex Jct., Vt. was taken into protective custody for intoxication on July 31.

A 26-year-old male from Boothbay, Maine was taken into protective custody for intoxication on July 31.

A 46-year-old female from Mexico, Maine was taken into protective custody for intoxication on July 31.

A 59-year-old female from Ellenton, Fla. was taken into protective custody for intoxication on July 31.

A 33-year-old male from Allentown, Pa. was taken into protective custody for intoxication on July 31.

A 43-year-old male from Brunswick, Maine was taken into protective custody for intoxication on July 31.

A 23-year-old male from South Amboy, N.J. was taken into protec-

tive custody for intoxication on July 31.

A 27-year-old male from Gilford; a 31-year-old female from Amherst, Mass.; and a 28-year-old female, also from Amherst, Mass., were taken into protective custody for intoxication on Aug. 1.

Stephen J. Wing, age 37, of Gilford was arrested on Aug. 1 for Breach of Bail Conditions, Violation of a Protective Order, and in connection with multiple bench warrants.

A 34-year-old male from Wickliffe, Ohio was taken into protective custody for intoxication on Aug. 1.

Katie L. Martineau, age 19, of Farmington was arrested on Aug. 1 for Unlawful Possession of Alcohol. A 21-year-old from Hopkinton, Mass. was taken into protective custody for intoxication during the same incident.

A 36-year-old female from Conway was taken into protective custody for intoxication on Aug. 1.

Brandon M. Jones, age 37, of Gilford was arrested on Aug. 2 in connection with multiple warrants.

Wolfe McAllaster, age 29, of Meredith was arrested on Aug. 4 for Reckless Operation.

Sam Shada, age 25, current address unknown, was arrested on Aug. 6 in connection with multiple bench warrants. Russell A. Bean, age 51, of Moultonborough was arrested during the same incident in connection with a warrant.

A 33-year-old female from Derry was taken

into protective custody for intoxication on Aug. 6.

A juvenile, age 17, was arrested on Aug. 6 for Unlawful Possession of Alcohol.

A 47-year-old female from Tilton and a 54-year-old male from Tilton were taken into protective custody for intoxication on Aug. 6.

A 48-year-old female from Weare was taken into protective custody for intoxication on Aug. 6.

A 59-year-old male from Dracut, Mass. was taken into protective custody for intoxication on Aug. 7.

Emma F. Chadburn, age 20, of Dover was arrested on Aug. 7 for Unlawful Possession of Alcohol.

Lisa Lane, age 62, of Portsmouth was arrested on Aug. 7 for Driving Under the Influence-Impairment.

A 54-year-old male from Littleton, Mass. and a 58-year-old female from Greenland were taken into protective custody for intoxication on Aug. 7.

A 23-year-old female from Haverhill, Mass. and a 23-year-old female from Batvia, Ohio were taken into protective custody for intoxication on Aug. 7.

A 40-year-old male from Concord was taken into protective custody for intoxication on Aug. 7.

Jeremiah R. Paul, age 35, of Alton Bay was arrested on Aug. 7 for Driving Under the Influence-Impairment and multiple counts of Possession of a Controlled Drug.

## Gilford Parks and Recreation News

BY HERB GREENE

Director  
Gilford Parks and Recreation

Youth Soccer registration deadline is Aug. 20  
The Gilford Parks and Recreation Department will be accepting Youth Soccer registrations through the registration deadline of Friday, Aug. 20! The youth soccer program is open to all Gilford students entering grades K-5 this fall. After August 9th the registration fee increases to \$25. Any registrations submitted after the Aug. 20 deadline will be accepted on an availability basis only. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Old Home Day Committee accepting parade applications  
The Gilford Old Home Day Committee is currently accepting Parade Applications for the Old Home Day Parade to be held on Aug. 28. These forms are available at both Bank of New Hampshire locations in Gilford, Meredith Village Savings Bank Gilford Branch, Franklin Savings Bank Gilford Branch, the Gilford Library, the Gilford Town Hall, the Gilford Recreation Department Office and on the Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com). For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Jack Harding of Gilford graduates from University of Hartford

WEST HARTFORD, Conn. — The University of Hartford congratulates Jack Harding of Gilford for graduating in May of 2021. Harding was one of nearly 900 undergraduates who celebrated the completion of their degrees this spring.

Spread across seven dynamic schools and colleges, the University of Hartford has been guiding the purpose and passion of students for over six decades. On our 350-acre campus alongside Connecticut's capital city, approximately 4,600 undergraduate and 2,000 graduate students from 49 states and 47 countries come together for a common purpose: to collaborate across different disciplines, diversify perspectives, and broaden worldviews. We're a four-year private university focused on advancing the public good through meaningful connections within our communities. Our unique approach to comprehensive education gives us the critical perspectives that lead to impactful change, regionally and beyond. With degree programs spanning the arts, humanities, business, engineering and technology, education, and health professions, we focus on doing the work that matters. Visit [www.hartford.edu](http://www.hartford.edu) for more information.

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# Saint Anselm College releases list of 2021 graduates

**M A N C H E S T E R** — Saint Anselm College has released the list of graduates for the 2020-2021 school year. The in-person celebration of commencement marked the end of a year of Covid restrictions.

Among the students who graduated on May 15 was Samuel Buzzotta of Gilford, who was awarded a Bachelor of Arts in Accounting and Finance.

During Saint Anselm College's 128th commencement exercises speaker and honorary degree recipient Edward A. Hjerpe III, Ph.D. (Class of 1981) addressed the members of the class of 2021, "Much has changed in the world in the last year ... that's a lot for any class to endure, but out of adversity comes resilience and out of challenges come opportunities. You are

entering the post college world at an inflection point in many ways but you are resilient, you have endless opportunity and you will make the world a better place."

Hjerpe is president and CEO of Federal Home Loan Bank of Boston and spent many years in the banking and economics industry. He also served the community through many philanthropic endeavors

including as chair of the college's Board of Trustees.

College President Joseph A. Favazza, Ph.D. reflected on the contrasting emotions of sadness and excitement that the Class of 2021's final event brought about, explaining that commencement is not the end, but the beginning. "Ready or not, the exploration now commences. And guess what? No one knows

where the exploring will end," said Dr. Favazza. "Just as the monks have discovered their forever home on this Hilltop and vowed never to leave it, you have discovered your forever home and, I hope, vow to never leave it behind."

About Saint Anselm College

Founded in 1889, Saint Anselm College is a four-year liberal arts college providing a 21st

century education in the Catholic, Benedictine tradition. Located in southern New Hampshire near Boston and the seacoast, Saint Anselm is well known for its strong liberal arts and nursing programs, the New Hampshire Institute of Politics and a vibrant culture of community service.

## Bronco Off-Road coming to Gunstock

BY ERIN PLUMMER

mnews@salmopress.news

Gunstock is offering another opportunity to experience mountain geography, this time on the road with a Ford Bronco with the new Bronco Off-Road.

Gunstock is one of four locations of the Bronco Off-Road experience in the United States.

The Off-Road is an experience organized by Ford at four locations around the United States,

one of which is at Gunstock. The Off-Road is an extensive course that highlights the Bronco's many features including technology, off-road recovery, trail capability, and many others.

"Bronco Off-Road is a place that unites those with a shared passion for the outdoors, a love of Bronco, and a desire for adventure – regardless of previous off-road experience or technical abilities," reads the of-

ficial Bronco Off-Road web page. "It's a place to enjoy time around the campfire with old and new friends, sharing stories and tales from your adventures."

In addition to Gunstock, other Bronco Off-Roads are being held at Grey Wolf Ranch in Austin, Texas; Mt. Potosi, Nevada; and Red Cliffs Lodge in Moab, Utah.

According to Bronco's website for the New

Hampshire experience, the course utilizes a variety of New Hampshire wilderness terrain.

Gunstock's Web site states drivers will traverse a variety of different terrain, including woodlands, rocky surfaces, and alpine ridges. Drivers will have access to higher speed two tracks and steep, rocky climbs.

Drivers can try a variety of technology tools including One-Pedal

Drive, Trail Turn Assist, and others. They will also learn about trail etiquette and recovery, such as using different kinds of equipment. Bronco owners will learn about features such as Trail Control and Terrain Management System with GOAT Modes.

The course is designed for Bronco drivers of all levels of experience from novices to experienced off-road drivers. Each session lasts 10 hours in

one day and includes a 90-minute hands on tutorial. There will also be trail instruction from professionals about the capabilities and performance of two and four-door Broncos.

The program is open only to those who own a Bronco or hold a verified order.

For more information on the program and to register, visit <https://www.gunstock.com/off-snow/bronco-off-road>.

## St. John's-on-the-Lake welcomes Rev. Brad Wolff

**MEREDITH** — St. John's-on-the-Lake on Bear Island in Meredith welcomes guest speaker Rev. Brad Wolff. Originally from Minnesota, he made several "out of state" moves up with his family, the last of which brought them to New England. He is a graduate of Tufts University and subsequently earned his Master of Divinity Degree at Wittenberg Uni-

versity in Springfield, Ohio.

He served Lutheran churches in Connecticut and Pennsylvania before moving to New Hampshire to earn a Master's Degree in Education from Notre Dame College and embark on a 25-year public school teaching career. He was honored to be a member of the faculty when the Ashland Elementary

School was named the New Hampshire Department of Education's School of the Year, and he was also named New Hampshire's Social Studies Teacher of the Year.

After retiring from teaching, Rev. Wolff served as the Associate Pastor at Good Shepherd Lutheran Church, Laconia, as a staff member for the Community Ac-

tion Program in Northern New Hampshire, Adjunct Faculty Member at Plymouth State University, and staff at Camp Calumet Lutheran in West Ossipee. He continues to be active with several community organizations and maintains a year-round sports officiating calendar at the high school level.

He and his wife Karen have two adult children

and two grandchildren, counting themselves blessed to have everyone living in Moultonborough. Brad treasures spending time with his family, exploring the outdoor wonders of New England, reading, swimming, developing historical presentations, and leading worship and preaching at a variety of churches and chapels throughout New England.

St. John's is a charming rustic chapel built in 1927 of local stone. An older observation tower (now closed to the public) is incorporated into the building. Stained glass windows honor

some of those who tirelessly served the chapel and leaded windows note the earliest donors. Originally an Episcopal church, it is now an ecumenical chapel. Services are held Sundays during the summer at 10 a.m. Access is by a footpath from the church docks in Deep Cove/Church Cove by Dolly Island. For boat taxi service from Cattle Landing or Brown's Boat Basin, email [bear.island.church.ferry@gmail.com](mailto:bear.island.church.ferry@gmail.com). For more information, check our web site [www.stjohnson-thelake.com](http://www.stjohnson-thelake.com).

## Bank of New Hampshire promotes Stephanie Durfee to Electronic Banking Officer



Stephanie Durfee

sentative in September 2016 and then again promoted to Supervisor in June 2018.

Stephanie is a graduate of the Northern New England School of Banking and holds the designation of Accredited ACH Professional. She has also attained her Advanced ACH Operations Certificate (NEACH) and Supervisory Certificate (CFTEA).

Eric Carter, Senior Vice President, Digital Solutions & Innovation Officer for Bank of New Hampshire, stated, "Stephanie's extensive knowledge and experience in Electronic Banking and the Automated Clearing House (ACH) make her abundantly qualified for her new role as Electronic Bank-

ing Officer. Her dedication to the Bank and her unparalleled service to our customers makes this distinction, well deserved."

Bank of New Hampshire is excited to have Stephanie in this role on our team as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21

banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit [www.BankNH.com](http://www.BankNH.com).

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**LACONIA** — Bank of New Hampshire is proud to announce the promotion of Stephanie Durfee to Electronic Banking Officer.

Stephanie joined Bank of New Hampshire in September 2000 as an Electronic Banking Representative. She was promoted to Senior Electronic Banking Repre-

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# Helicopter parenting a college student

Gone are the days when your child would head off to college to only place a collect call home once a week, or perhaps would send a letter once a month. In those days, our parents had no idea what we were doing on a daily basis, who we were with or where we were at. They had no idea what test scores were coming in or what we had for dinner.

In current times, college students are in instant, constant contact with their parents and we're not so sure that's a good thing. Sure, it's nice to keep in touch but at what cost to your child? Do we really need to know about every fleeting moment of our child's lives? Naturally, we want to protect our children and keep them safe, but this is not the way to do it. Teach them the skills to protect themselves long before they fill out that college application.

To make things worse, most universities now have Facebook pages for parents. While this can be a great resource, it is also a breeding ground for parents to enable other parents, to enable their children, to lack independence and the skills to be resourceful.

Way back when, children had to be home by dark. In today's world, you have parents posting questions on parent's pages on whether or not to use Tide Pods in the washers at school. Why not let your child head off to the laundry mat at school, with a Tide Pod and figure it out for themselves? Other questions are often posed in regard to the furniture in dorm rooms, where parents are asking other parents for pictures so they can better prepare their student prior to moving in. Window sizes, storage space under the bed, outlets, you name it, it's been asked. Again, why not let your college student figure these things out for themselves along with their roommates? They are not in middle school anymore and can very well handle figuring out what they need on their own. If they ask for your help, then of course step in.

Point blank, parents are asking questions on behalf of their children. If a student has a question about parking, or a class or something in regard to move in day, teach them to pick up the phone and call the appropriate person, you know, like an adult would do.

While we think parent to parent support is a great resource, it has gone too far. Parents are posting pictures of their child in their dorm rooms as if it is their first day of Kindergarten. We know that parents are proud, as they should be, but wouldn't those pictures be better suited for a private page for friends and family to see, instead of potentially embarrassing your child?

If a student is having an issue with a roommate, parents are leaning on these pages to sort it out, asking for advice on how to handle it. Why not just tell your student, how to handle it themselves? It is natural for parents to want to swoop in and save the day and fix everything, but in doing so you are creating a way for your young adult to not be self-sufficient. Common sense tells us, that if your student is having a roommate issue, they need to talk to their hall director.

Parents have asked questions such as 'What winter jackets are boys wearing this year?' 'Does my child need an umbrella?' 'Does anyone do grocery delivery?' 'Where can my son sign up for activities?' These appear to us to be a bit over the top.

Trust in your parenting and trust in your child to take care of their own needs. When parents hover, it can have adverse effects. This doesn't mean parents can't be involved or shouldn't be involved in some way.

When helicopter parents overparent, they are sending the message to their student that they cannot do these simple things on their own. A survey of 450 students with helicopter parents, discovered that these individuals lacked the confidence in thinking they could accomplish their own goals in the workplace. As a result, they were more dependent on others and had difficulty coping which led to an increase in anxiety and panic attacks when put under pressure. You will not be around forever, and your child is capable of handling things on their own. The purpose of child rearing is to teach them how to navigate the world on their own, so they can live the best quality of life possible.

The solution is to have a conversation with your child, and ask them how they want you to be involved and how and when you can support them.

## Send us your letters!

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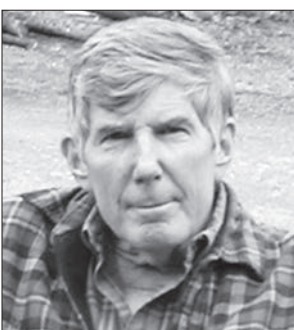
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We're looking forward to hearing from you!

North Country Notebook

# Mammoths and mastodons, and place-names of the past



By JOHN HARRIGAN  
COLUMNIST

Cohasse, Coashaukees, Coös County, and Cohas Brook, not to mention Coos Bay (pronounced "cooze") in the Pacific Northwest---what's an armchair historian and map aficionado to do?

Place-name similarities occurred on early maps of New Hampshire, just as they did all along the East Coast. Pre-Revolution maps of New Hampshire tended to label everything above the Fifteen Mile Falls (on the Connecticut River, from Littleton on down) as the Upper Cohasse Intervales, and called everything below them the Lower Cohasse.

The Fifteen-Mile Falls began more or less at the towns of Dalton, New Hampshire and Gilman, Vermont, and tumbled southward for about that many miles in one foaming cataract after another. Today, much of the fast water is buried behind dams.

However, many wild and free stretches remain, enough to offer plenty of recreation for the adventurous, from either side of the river. These range from nice little kayak runs to places just right for a forked stick and a night-crawler. The curious need only to scrutinize a good map, and seek them out.

+++++

Early cartographers spelled the name of a little tributary that flowed into the Merrimack River below the stupendous Amoskeag Falls as "Cohas Brook."

There are at least two obscure sources for this name, and some day I'm going to check them out. I've always wondered if early Europeans were simply confused between the Merrimack and the Connecticut rivers.

"Up north," after all, was (and in some ways still is) a big mystery.

+++++

While we're on the subject of map mysteries, why are there so many places named "calef" this and that across the nation? They're everywhere. The word can mean leader, or chief, or calf, or calves, or for all



JOHN ROCKWOOD — COURTESY

One rides, and two paddle. Photographer John Rockwood will be featured at the Loon Preservation Committee's annual meeting (via Zoom) on Aug. 26.

I know, caves, of maybe even "chafe," which is what chasing it down makes me do.

Similarly, there are many "mammoth" and "mastodon" roads across the country. The reason for this is surprisingly simple: the media were to blame. Well, partly.

In 1848, workers digging a railroad through a ridge in southern Vermont unearthed the bones of a woolly mammoth. The find was the first of its kind, at least the first to make the press. It caused a sensation.

But the nation was expanding quickly, and mammoth and mastodon bones and fossils began turning up all across the continent, and the stories wore off. Today, similar place-name stories ("pigeon roost," "salmon run," "buffalo jump," and so on) are buried on Page 17 or the like and barely generate a yawn.

+++++

European newcomers dickered for other people's land (the Penacooks, the Ameriscogins, the Coashaukees) preferred to think they were dealing with "sachems," or "sagamos," to wit, persons of high stature. Sometimes this was true, many times not so very much so.

All too often, land speculators went looking for any Indian of apparent high station, which could be any Indian with the most European trade-goods. Often, this person had no authority to deed land. Private ownership of common land was incomprehensible to Native Americans anyway.

+++++

In all my life, I've never been out of sight or sound of Indian place-names. In a region of harsh climate and acidic soils, it is the most enduring legacy we have.

In Nashua, where I landed my first newspa-

per job, I had the city's place-name itself as a steady reminder. "Nash-away" is the old phonetic spelling for the people who originally lived there. The river had several rapids and small falls along that stretch, and was augmented by aquifers welling up from adjacent hills.

European settlements tended to move on up the river on a generational basis, with another leap up the river, like migrating salmon, every ten year or so. Every falls in the river seemed to be up for grabs, a mind-boggling opportunity for settlers. Water-rights in Europe had been bought up centuries before, and kept in the family.

Early accounts in Nashua refer to what stood as a local landmark for many years---an Indian-head carved into the trunk of a giant pine tree where the Nashua River flows into the Merrimack. Supposedly, it was left by Indians angry after a one-sided trading session. Why angry Indians would take the time to carve such a thing has always escaped me.

+++++

Somehow, this story reminded me of Frank Parker, the veteran outdoor writer who preceded me at the New Hampshire Sunday News. We didn't get along so well at first, mainly because of some ignorant stuff I'd written about the pheasant program, but once we'd shot a few games of pool on his basement table we got along just fine.

Frank and I wound up hunting together, and one day we went to one of his favorite places west of Merrimack, in territory I'd come to know well.

Sure enough, we flushed a bird right away, and Frank dropped it with a clean shot.

"That gun shoots nice," I said, by way of an off-handed compliment.

"I've got another one

even better," Frank said.

A couple of months later, he reached up during a game of pool and handed me the gun, a twenty-gauge ca.-1920s French double. "It's yours for a C-note," he said, and I hunt with it today.

+++++

In those days, Route 101-A from Milford to Nashua was open farm country, with one gas station and adjacent restaurant ("Eat Here and Get Gas") where the road to Merrimack took off. Now, all nine miles are the epitome of a strip-mall.

About where the Coca-Cola bottling plant is (or maybe was), I pulled over one day to take a photograph of the huge and fast-flowing outflow from the high country of Hollis and other towns all around the horizon, from the aquifer that later became the fabled Pennichuck Water Works.

Someone was living along the northeastern bank in a sort of shack, and one of the inhabitants, more or less tending a fishing pole from the comfort of a lawn-chair, waved me over and immediately offered me a beer. Sorry, couldn't stop long, and all that (damned job).

We talked a bit about the behavior of aquifers, and previous inhabitants, and bottling plants, and he said, "Hold on a minute, let me show you something."

He fetched a round-pointed shovel, and in a spot where I'd just walked drove it in to form a small square, and lifted the sod out, and deep, dark water gurgled below.

"Here, fish here," he said, offering me a chair.

(Please address mail, with phone numbers in case of questions, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)

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# Tokyo brings the heat (and the humidity)



ONE OF THE FEW VENUES where the press tribune was in the shade was the Oi Field Hockey Stadium.

As I write this, it is Friday afternoon in Tokyo, very early Friday morning on the East Coast of the United States. I have a busy few days ahead, including attending the closing ceremonies, something I was hoping would happen and was confirmed yesterday with a trip to the United States Olympic and Paralympic Committee office here in the Main Press Center.

With so much ahead in the next two days, including gathering everything together to head back to the United States, I thought I would get this column written a few days early. By the time you are reading this, if all goes as planned, I have returned to the United States in one piece.

This Olympic experience has been interesting to say the least (look

## SPORTING CHANCE



By JOSHUA SPAULDING

for my account of the closing ceremonies next week), but I will say if I can use one word to describe this trip, it would be “hot.”

And that doesn’t even begin to describe it. My first Olympics, Sochi back in 2014, were surprisingly mild for a Winter Olympics. I rarely needed a hat or gloves and was able to stand outside easily. Four years later, I found PyeongChang to be much colder, with hats and gloves almost always necessary when outside watching the sports.

Tokyo has taken the weather to another extreme. It is brutally hot. And humid. My friend,

Bob Tuttle, who spent many years living in Japan, told me it would be this way, and while I don’t always believe what he says, on this, I did believe him and he was right.

Most days, the temperatures hovered in the low to mid-90s, but it was the humidity that pushed the “feels like” number even higher. Numerous days when I checked my phone for a weather update, the “feels like” number was 105 or higher. Simply sitting outside to watch the events had me sweating like crazy.

Part of the issue is that the press tribunes seemed to be in the direct sunlight. No more was this true than at the beach volleyball venue. I was there for the gold medal game earlier today, and even though the US women made

quick work of the match, by the time I got on the bus, my shirt was absolutely soaked. Of course, not only did I spend the match out in the sun, at Shiokaze Park where the matches are played, there is a long walk from the bus drop off to the venue and back, almost all of which is in direct sunlight.

A few hours later, after some time in the air conditioning, I had dried out a little before the trip to Olympic Stadium, another venue where the sun beats down on the press venue. Luckily this trip is at night, so the heat will be a bit more bearable.

One of the few exceptions to the press tribune in direct sunlight rule was at field hockey, where the stands were covered, including the press area, and while it was warm, the respite from the direct sunlight was great. And at skateboarding I found a spot just in front of a large wall where I was almost entirely in the shade. That was a win.

I was prepared for the heat, but I am not sure I was as prepared as I should have been. After all, Bob did warn me.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*

# Gilford woman sentenced for participating in fentanyl trafficking conspiracy

CONCORD — Sara Zareas, 36, of Gilford, was sentenced to 37 months in federal prison for participating in a conspiracy to distribute, and possess with intent to distribute, fentanyl, Acting United States Attorney John J. Farley announced last week.

According to court documents and statements made in court, on June 17, 2020, law enforcement officers received information that Zareas would be traveling to Methuen, Massachusetts to purchase fentanyl. Law enforcement officers followed the truck and observed a hand-to-hand transaction between the occupants of the truck and another vehicle in a parking lot. A New Hampshire state trooper later conducted a traffic stop of the truck as it drove through Windham. The driver of the truck admitted that she drove Zareas to Methuen to buy fentanyl in exchange for a small amount for herself. Zareas consented to a search of her backpack and person which revealed scales, cellophane bags, and opioid kits. Zareas and the driver also had over 41 grams of fentanyl in their possession.

Zareas pleaded guilty on April 7.

“Fentanyl continues to cause large numbers of overdoses and fatalities throughout New Hampshire,” said Acting U.S. Attorney Farley. “In order to protect our community, we continue to work closely with our law enforcement partners to identify and prosecute the drug dealers who are bringing this dangerous substance into the Granite State.”

This matter was investigated by the New Hampshire State Police. The case is being prosecuted by Assistant U.S. Attorney John J. Kennedy.

# Belknap House hosts Poker Run fundraiser Aug. 14

LACONIA — Belknap House is excited to host its first Poker Run Fundraiser. A Poker Run is an organized event where participants ride motorcycles, boats and sometimes snowmobiles, to visit card drawing locations. The object is to build a complete poker “hand” by drawing one card at five different locations. To visit the five card drawing locations for this fundraiser, you may ride a motorcycle or drive a vehicle of your choice. The object is to have the best poker hand at the end of the five stops; winning is purely a matter of chance.

Registration in advance is recommended, either online at [www.](http://www.belknaphouse.org)

[belknaphouse.org](http://www.belknaphouse.org) (under events), or at Belknap House, 200 Court Street, Laconia; \$25 for one Poker Score Card; or \$45 for two Poker Score Cards. Once registered, Poker Run Score Cards will be distributed by email or in person. Same day registration will be available at the first card drawing location only, at Belmont Elementary School. Participants will then travel to Laconia Middle School, Elm Street School, Gilford High School and the final destination, Patrick’s Pub & Eatery, where poker hands will be tallied and winners announced. The event will open at Belmont Elementary

School at 9:00am, participants must draw their final card by 11:00am at Patrick’s Pub & Eatery, making sure that each location listed has been visited in between. There will be one Grand Prize winner, and a Second Place and Third Place winner. Everyone who participates will be eligible to win additional Door Prizes. Participants must be present to win.

The goal of this fun Poker run is to raise funds to support Belknap House and to spread awareness about the important work being done in support of families who find themselves homeless. Belknap House is celebrating its

second year operating as a year-round shelter, serving families from Belknap County. Within a structured supportive setting, children are provided stability, parents work with case management, develop goals, and are immersed in opportunities to become empowered, self-sufficient and independent.

Sometimes families find themselves in challenging circumstances, unexpectedly. Entering Belknap House offers them a helping hand-up, more sustaining than a hand-out. Register today for this fun Poker Run! Thank you for your support.

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Arshay Cooper is a rower, award-winning author, the protagonist of the critically acclaimed film “A Most Beautiful Thing,” a Golden Oar recipient, motivational speaker, and activist. FREE, register at [nhbm.org](http://nhbm.org).

This project was made possible with support from NH Humanities, in partnership with the National Endowment for the Humanities.

### 44<sup>TH</sup> ALTON BAY BOAT SHOW

August 14 • 9:00 am-12:00 noon

This informal, non-judged vintage boat show is held at the Alton Bay town docks as part of Alton Old Home Day. No advance registration necessary. All “woodies” and “classic” boats welcome. FREE.

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## Edward Jones: Financial Focus

Review your IRA, 401(k) beneficiaries

If you’ve had an IRA and a 401(k) for many years, you may occasionally ask yourself some questions: “Am I contributing enough?” “Am I still funding these accounts with the right mix of investments for my goals and risk tolerance?” But here’s one inquiry you might be overlooking: “Have I used the correct beneficiary designations?” And the answer you get is important. It wouldn’t be surprising if you haven’t thought much about the beneficiary designation – after all, it was just something you once signed, possibly a long time ago. Is it really that big a deal?

It could be. For one thing, what if your family circumstances have changed since you named a beneficiary? If you’ve remarried, you may not want your former spouse to receive your IRA and 401(k) assets or the proceeds of your life insurance policy, for which you also named a beneficiary. However, upon remarrying, many people do review their estate plans,

including their wills, living trusts, durable powers of attorney and health care directives. If you’ve revised these documents, do you have to worry about the old beneficiary designations? You might be surprised to learn that these previous designations can supersede what’s in your updated will and other documents. The end result could be an “accidental” inheritance in which your retirement accounts and insurance proceeds could end up going to someone who is no longer in your life.

Furthermore, your retirement plans and insurance policy may not just require a single beneficiary – you may also be asked to name a contingent beneficiary, to whom assets will pass if the primary beneficiary has already died. As you can imagine, the situation could become quite muddled if stepchildren are involved in a remarriage.

To avoid these potential problems, make sure to review the beneficiary

designations on all of your accounts at some point – and especially after a significant change in your family situation. If you see something that is outdated or incorrect, contact your retirement account administrator – or your insurance representative, in the case of life insurance – to request a change-of-beneficiary form.

And if you really want to be on the safe side, you may want to enlist a legal professional to help you with this review to make sure the beneficiary designations reflect your current family situation and are consistent with what’s in your estate plans.

In fact, if you’re already working with an experienced estate planning attorney – and you should – you might also pick up some other suggestions for dealing with beneficiaries. Just to name one, it’s generally not a good

idea to name minor children as beneficiaries. Because children can’t control the assets until they become adults, a court would likely have to name a guardian – one that you might not have wanted. Instead, you could either name your own custodian to manage the assets designated to the minor or establish a trust for the benefit of the minor, which can distribute the money in several disbursements over a period of years – which is often a good move, since young adults aren’t always the best at managing large lump sums.

If you’re like many people, you have a strong desire to leave something behind. But you’ll want to do it in the right way. So, pay close attention to your beneficiary designations – when you first create them and throughout your life.

### Jacqueline Taylor

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Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.



# UNH graduate advances to finals in first Olympics

BY JOSHUA SPAULDING  
Sports Editor

TOKYO, Japan — Elle Purrier St. Pierre rewrote the history books at the University of New Hampshire.

Now that her time in Durham has come to a close, she is competing on the world stage and made her Olympic debut on Tuesday, Aug. 2 at Olympic Stadium in Tokyo, Japan.

Running in the second heat, Purrier St. Pierre ran with the lead pack most of the way and worked her way to the front of the pack as the race entered its last lap. She held the lead most of the way around the track but was overtaken in the final stretch and finished third overall with a time of 4:05.34. The top six in each heat moved on to the semifinals, so she easily qualified to move on. Sifan Hassan of the Netherlands and Jessica Hull of Australia took the top two spots in the heat. Fellow Ameri-

cans Corey Ann McGee and Heather MacLean also advanced to the semifinals.

Purrier St. Pierre then moved on to the finals with a sixth place finish in her semifinal on Wednesday, Aug. 4, finishing in 4:01. While she was not one of the top five finishers who automatically qualified, she was the fastest outside of those runners and earned a spot in the finals.

Friday, Aug. 6, was the 1,500-meter finals and Purrier St. Pierre hung in with the very fast pack through the first few laps, crossing the finish line in sixth place and then in seventh place with two laps to go. She dropped back to 12th place as the bell lap started, but she rallied and finished strong, finishing in 10th place overall with a time of 4:01.75. Defending Olympic champion Faith Kipyegon of Kenya defended her title and also

broke the Olympic record in a time of 3:53.11. The top eight women all broke four minutes.

Purrier St. Pierre, who qualified for the Olympic team by winning the 1,500 meters at the Olympic Team Trials in Oregon, is the fifth athlete with ties to the UNH track and field program to represent the US in the Olympics, the most recent being Clare Egan in the biathlon in 2018.

Purrier St. Pierre was an 11-time All-American and 17-time America East champion across UNH's cross country, indoor track and field and outdoor track and field teams; she was the NCAA national champion in the mile at the 2018 indoor meet.

She swept the America East conference Scholar-Athlete season awards for women's cross country, women's indoor track and field and women's outdoor track and field in both



JOSHUA SPAULDING

ELLE PURRIER ST. PIERRE runs to the lead in her first-round race at Olympic Stadium in Tokyo.

the 2016-17 and 2020-21 academic years. She was also named the America East Scholar-Athlete of the Year both years.

Purrier St. Pierre holds six individual records and is part of four record relays in the UNH record book. On the indoor leaderboard,

she is at the top of the list in the 800 meters (2:03.64), 1,000m (2:46.02), mile (4:26.55) and 3,000m (8:55.68); she is also part of the record distance medley relay team. On the outdoor leaderboard, she is the top Wildcat in the 1,500m (4:10.08) and steeplechase (9:43.65), as

well as the sprint medley, 4x800m and 4x1,500m relays; she also graduated as the UNH record holder in the 800m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

# Master illusionist to appear at Lakeport Opera House



Lyn Dillies

LACONIA — The most highly acclaimed female illusionist in America, Lyn Dillies, will deliver a dazzling display of magic at the Lakeport Opera House on Aug. 21 at 7:30 p.m. This spectacular, eye-defying illusion show will astound audiences of all ages and keep everyone on the edge of their seat.

“Magic has been my vehicle to not only entertain, but inspire lives and make a difference,” said Dillies who found her destiny at the age of 12. “It’s what I was born to do.”

Dillies, from Westport, Massachusetts, is a pioneer in a male-dominated field and has been performing for more than 20 years. From the

grandeur of New York City’s Lincoln Center to Hollywood’s Magic Castle, her unique brand of mystery, comedy and audience participation amazes and astounds through some of the most masterful, mind-blowing illusions in magic today. Dillies was the first illusionist ever to make two live Asian elephants appear in succession during

the grand opening of the Buttonwood Park Zoo in New Bedford, Mass.

“Lyn is amazing and on the cutting edge of illusionists,” said Emma Teto, Opera House talent director. “She’s wowed audiences at sold out shows all over the world. Her shows are visually stunning, with a Vegas flair of glitz and glamour mixed with a family-friendly appeal.”

In 2013, she became the first female illusionist in history to receive the prestigious Milbourne Christopher Award from the Society of American Magicians, joining a list that includes David Copperfield, Penn and Teller and Siegfried and Roy. In 2009, Dillies was awarded the Merlin Award for Female Illusionist of the Year from the International Magician’s Society. Dillies has appeared on television and has shared the stage with notable entertainers such as Marvin Hamlisch, Jeff Dunham, Bill Engvall and Mikhail

Baryshnikov. A pioneer in her field, Dillies has produced her Learn Magic with Lyn DVD, which empowers children to perform their own magic; has founded Your Vote is Magic!, a public service campaign to promote voter awareness to young people; and has created Magic at the Symphony program, which sets some of the most breathtaking illusions in magic against the beauty and drama of classical music played by a full symphony orchestra – a truly unique entertainment experience.

The Opera House is a 200-seat venue built for comfort, style and mobility. Every seat in the house has an unobstructed view, cocktail service and the best sound system for an experience unlike anything else in the area. More than \$1 million was invested in the Opera House renovation which opened in June after being closed for 60 years. Originally built in 1882, this venue mixes modern design

elements with historic charm for a unique cultural experience. The Opera House is once again home to live musical performances, theatre productions, comedians, magicians as well as being host to community-focused events, weddings, and private and corporate gatherings. Once a mainstay of Laconia’s Lakeport community, the Opera House is on center stage in New Hampshire’s Lakes Region.

Upcoming performances include: medium Maureen Hancock on Aug. 8, An Evening of Opera on Aug. 13, a Michael Jackson Experience on Aug. 14, The Miss Winnepesaukee Competition 2021 on Aug. 15, Rockphoria on Aug. 19, Murder Mystery on Aug. 22, That Motown Band on Aug. 27 and Femmes of Rock on Aug. 28.

For more information on events and to purchase tickets in advance, visit lakeportopera.com.

# You’re invited to “The Dinner Party” at the Colonial

LACONIA — Powerhouse Theatre Collaborative, a program of the Belknap Mill and the resident theatre company of the Colonial Theatre, is excited to kick off its 2021 Colonial Series with Neil Simon’s “The Dinner Party,” directed

by Bryan Halperin and produced in collaboration with The Community Players of Concord. “The Dinner Party” is sponsored by Franklin Savings Bank, Dow Realty Group, and Bonnette, Page and Stone.

“The Dinner Party”

is one of Simon’s last plays, and one in which he attempted to do something he hadn’t done before - write a farce. But not just any farce! Simon wanted to attempt a farce that at the end became real. Combining humor and pathos, “The Dinner Party” is set in 1999 in a private dining room in a fancy restaurant in Paris. As guests arrive, they see that the party will be an intimate affair, as the table is set for only six guests. But why they have been invited, and who the other guests will be, remains a puzzle to be solved in time for dinner!

“The Dinner Party” cast is filled with vet-

eran New Hampshire community theatre performers with experience at theatre companies all over the state. A talented group of comedians, the cast includes Aaron Compagna, Jennifer Schaffner, Jake Stone, Tess Hodges, Doug Schwarz and Ursula Boutwell. The production team also has extensive experience with both professional and community theatre credits throughout New Hampshire. Led by Powerhouse producers Bryan and Johanna Halperin, Gay Bean handles costumes, Jim Webber is the set designer, Chuck Fray provides sound effects and music,



COURTESY

Albert (Aaron Compagna, left) regales fellow dinner party guests Mariette (Tess Hodges) and Gabrielle (Ursula Boutwell, right) at a recent rehearsal.

Lauren-Shelby Douglas assistant directs and handles props, and Tyler Soucy’s team at TS Event Productions will build the set and provide light and sound designs. Katie Duncan serves as Stage Manager and as co-producer.

Says Bryan, “We’ve been waiting for so long to bring a show to the beautiful Colonial! ‘The Dinner Party’ is a light and funny comedy perfect for dipping our toes back into the live performance arena and for testing out the new space before we dive into bigger productions this fall.”

The production runs Friday and Saturday, Aug. 13 and 14 at 7:30 p.m. and Sunday, Aug. 15 at 2 p.m. Social dis-

tancing will be in effect, and masks will be required for patrons. The show runs one hour and 40 minutes with no intermission. Tickets can be purchased at www.coloniallaconia.com.

Powerhouse’s 2021 season is sponsored by Spectacle Live and the Colonial Series is sponsored by the RE/MAX Bayside and Taylor Community. For more details on Powerhouse and all the programs at the Belknap Mill or to find out how to become a sponsor, visit www.belknapmill.org or email powerhouse@belknapmill.org. For info on the Community Players of Concord, go to www.communityplayersofconcord.org.

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**PETS OF THE WEEK**

**Gannon**

Meet Gannon! This big doofus loves to play, go for walks and eat treats. He’s an inexperienced fella who needs an experienced owner to help him learn his manners! Gannon isn’t a big fan of other dogs or cats, so he’s seeking to be the only pet in his new home. Because Gannon is inexperienced with petting and handling, and he’s still learning to share his things, he will do best in a home without children. Gannon is currently being treated for a skin condition that may or may not resolve with his current treatment plan. His adopters should speak to their veterinarian, and be prepared for the possibility that Gannon will need to take medication or be on a prescription diet for the rest of his life.

If you are looking for a mature dog who needs help learning what love is really all about, then ask us about Gannon!

**Zephyr**

My face says it all! I am a man of mystery and adorableness, and yes that is a word. The world is a big, loud place my friend and I am not sure I am a fan of those words. Small and quiet win me any day. I think that my future home understands that. Perfect cats like myself need to have the most perfect home. I want a hideaway that consists of a warm bed and the time that I need to come out of my shell. I want attention, I just don’t know how to ask for it. I may hiss at first, but don’t let that fool you I like the pets! In the spirit of honesty, I do have a medical history that should not imply-CAT me at all, if you are interested in learning more fill out an application or inquire with the lovely adoptions team, they know exactly what I am looking for!

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# NHTrust Vice President, Financial Advisor Kimberly Place recognized as an Elite Advisor by Infinex Investments



Kimberly Place

REGION — We are proud to announce that Kimberly Place, Vice President, Financial Advisor for NHTrust, has been recognized as an Elite Advisor by In-

finex Investments Inc., NHTrust’s investment services partner. Elite Advisor status is granted annually to the top 50 Infinex Financial Advisors nationwide, ranked by revenue production and good standing for all risk and compliance measurements.

“Kim listens carefully to her clients and works closely with them to craft financial planning solutions to help them achieve their goals,” said Paul Provost, President of NHTrust. “Her expertise and exception-

al ability to build and grow relationships has been an incredible asset to our team and to our clients. We are so proud to congratulate her on her most recent achievement of Elite Advisor.”

Place joined NHTrust in 2018 as Assistant Vice President and Chartered Financial Consultant, bringing with her more than 20 years of experience in financial management. She was promoted to Vice President in April of 2020 and, as a Financial Advisor, she assists individuals,

families, businesses and other organizations develop and implement comprehensive financial plans, specializing in retirement planning, investment management, insurance, college planning, and financial planning.

Place holds a degree from Champlain College, and is a graduate of the American College of Financial Planning. She has also earned designation as a Chartered Retirement Planning CounselorSM (CRPC®) and Chartered Financial

Consultant (CHFC®).

Place enjoys giving back to the community and currently volunteers her time with the United Leukodystrophy Foundation and Hunters Hope Foundation. She resides in Bow with her family.

NHTrust offers trusted financial advice in the New England tradition of neighbors serving neighbors. With New Hampshire roots reaching 150 years, NHTrust combines the financial expertise and local in-

sights of Merrimack County Savings Bank, Meredith Village Savings Bank, Savings Bank of Walpole, and The New Hampshire Trust Company, with a legacy of trusted service dating back to the 1860s. Customized financial planning includes solutions for investment management, retirement planning, financial planning and trust, estate and fiduciary services. For more information, please call 223-2710 or visit nhtrust.com.

## M/S Mount Washington among newest listings to state Register of Historic Places

LACONIA — The M/S Mount Washington is one of the five properties that the State Historical Resources Council has added to the New Hampshire State Register of Historic Places. The current Mount has served New Hampshire on Lake Winnepesaukee since 1940. In addition to its history within the tourism industry, it continues to be integral to the tradition of determining “ice out” on the lake, which is officially determined when the ship can travel to all five of its ports of call. Today’s Mount is last in a line of vessels that provided water transportation between the major communities surrounding Lake Winnepesaukee.

“Our primary goal is to preserve the M/S

Mount Washington so that she that she will continue to be available for future generations,” said Captain Jim Morash. “It’s quite an honor to be included in the State Registry of Historic Places, and it validates decades of work by hundreds of crew to keep her tradition going season after season.”

The Mount joins four other special places, including:

Built in 1903-05 as a small chapel with the primary intent of educating children on Sundays, the one-story Cheever Union Sunday School in Dorchester has several distinctive architectural features, including a canted bell tower with an open belfry and an off-center large stained glass win-

dow on the front. Largely unchanged for more than 100 years, its interior is still finished in dark-stained beadboard and has all of its original hardware.

The John Howland Homestead includes a circa 1830 Greek Revival-style house and a timber-framed barn on 160 acres. It was one of the longest-running farmsteads in Easton and has significance as a rural agricultural landscape, specifically as a relatively intact example of an early nineteenth-century farm that was part of a larger agricultural community. A large percentage of its land is protected by a conservation

easement.

Built in 1891 when Sunapee Harbor was Sunapee’s tourism center, the post-and-beam Flanders-Osborne Stable had 18 horse stalls and room for carriages; visitors could rent single and double teams. As modes of transportation changed, it later provided service and seasonal storage for boats and automobiles. The building was owned by generations of the same family until 1980 when it was donated to the Sunapee Historical Society, which maintains it as a museum.

Located near the town common in Warren, the

eight-ton, 73-foot tall Redstone Missile was built circa 1950 and is reportedly the only authentic Redstone rocket available for tourist viewing in the United States. Henry “Ted” Aselin, who was stationed at the Redstone Arsenal in Alabama, was able to bring the decommissioned missile back to his hometown in 1971 to commemorate Alan B. Shepard, Jr., another New Hampshire native and the first American in space.

Anyone wishing to nominate a property to the New Hampshire State Register of Historic Places must research the history of the nom-

inated property and document it on an individual inventory form from the New Hampshire Division of Historical Resources. Having a property listed in the Register does not impose restrictions on property owners. For more information, visit nh.gov/nhdhr.

The M/S Mount Washington has been a New Hampshire icon since 1872. Departure times and options vary through the season. To learn more about the Mount Washington and to view a complete schedule with times and ticket prices, visit www.cruisenh.com or call 366-5531.

## LRAA Gallery hosting Painting for Relaxation class

TILTON — Have you ever wanted to get more creative with painting, but didn’t know how? Have fun with Painting for Relaxation. This is a beginner class where we will experiment with different subjects of abstract and techniques. All experiences and ages 16+ are welcome.

This class will be held at the LRAA Gallery 120 Laconia Rd., Suite 132, Tilton, NH 03276. Every other Sunday 2-3:00 pm, the next class is Aug. 15.

Class size is limited and pre-registration is required. To sign up, please contact Krista Doran at 833-7795 or marblestudiosllc@gmail.com.

### SCHOLARSHIP (Continued from Page A1)

ings of investments plus contributions by Committee members, family members and friends has resulted in \$500 - \$3000 grants to the recipients over the years.

Annually, recipients receive a silver commemorative bowl, a citation, and the grant at Senior Awards Night in June. In May, a selection committee of Board Members, friends and past recipients conduct interviews to select the recipients. The Scholarship has traditionally attracted the brightest and most talented leaders and scholar/athletes of the Senior Class.

Several fund-raising activities have been held over the years, including the long-standing Annual Rotary Pancake Breakfast at Gilford’s Old Home Day. The goal has been to raise and conserve a substantial enough principal to fund a meaningful and truly helpful grant to each year’s recipient(s). The original fund goal of \$100,000 was reached in the past year. It is hoped that increasing the fund past the original goal will allow for bigger scholarships and additional recipients.

Contributions may be made to: The Cheryl Lynn Walsh Memorial Scholarship Foundation, c/o Treasurer, Gilford Rotary, Inc., P.O. Box 7091, Gilford, NH 03247-7091.



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### GILFORD (Continued from Page A1)

students who are showing COVID-19 symptoms are asked to stay home, of their symptoms last for multiple days they are advised to get tested.

Any student or staff member or member of their household who tests positive for COVID-19 will need to quarantine for 10 days unless they are fully vaccinated. Anyone who completes their quarantine is requested to be symptom free before returning to school.

The district is asking to be notified if any staff member, student or member of their immediate household tests positive. There will, however, be no contact tracing

and a spike in positive cases won’t be reported the district unless the spike is abnormal.

Spaces for classes, meetings, and co-curricular activities will be configured for social distancing.

Students and staff will be asked to continue with health hygiene such as handwashing, use of hand sanitizer, and covering sneezes and coughs. Sanitizing stations will be available around school facilities.


The district will continue with its cleaning and disinfecting protocols. Plexiglass barriers will also be available for students and staff who wish to utilize them.

Buses will continue to spread out students with some occasions where students will be doubled up in a seat.

The district will continue to review updated guidance from the Department of Health and Human Services.

“At this time, NH DHHS is recommending that those who are eligible get vaccinated and monitor the community spread to make COVID 19 mitigation decisions,” read the district’s Web site.





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**\$479,900**  
MLS #4876254

4BR/3BA colonial w/open kitchen/dining, huge entertainment room, office & formal dining room. Spacious master suite w/ walk-in closet. Oversized 2-garage has finished space above that could be used for additional living space. Close to Gunstock.



**\$329,900**  
MLS# 4875903

Single-level living w/ a private & sunny 1.2 ac. lot. 3BR/2BA ranch w/ a walk-out basement that has a finished family room. Brick heart, gas stove, 4-season sunroom, back deck, insulated attic, oversized two-car garage w/ storage space.



**\$425,000**  
MLS# 4870895

Unique property consisting of 21 acres of beautiful landscaped open fields, riding trails, a pond, two working barns with water, 15 stalls and a lovely post and beam farmhouse! The 2,700 sf. home has 4BR/3BA hardwood floors & a fireplace.



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MLS# 4872689

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Lakes Region Community Services is always seeking new home providers, but are currently specifically seeking provider for the following:

- A woman in her mid-30s. She is independent in many activities. She needs someone to manage her medications, medical appointments and diet. Ideally, the home provider would engage her in exercise and maintain a healthy diet. She has day services out the home for 6 hours each weekday.
- A friendly 21-year old man. He requires assistance with some daily living activities. He needs assistance with medication administration. He is very friendly and personable.
- A 22-year old young woman. She requires support with regulating her emotions. She has day services out of the home for 6 hours each weekday.

If you have any questions, want to learn more about becoming a home provider and/or are interested in meeting one of these individuals, please contact Ellen Bean at (603)581.1556 or [ellen.bean@lrsc.org](mailto:ellen.bean@lrsc.org)

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# Lakes Region Art Association announces 81st Annual Members Art Exhibit

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TILTON — The Lakes Region Art Association, a non-profit 501-C-3 organization, opens their 81st Members Art Exhibit at the LRAA Art Gallery in Suite 300 at the Tanger Outlets, 120 Laconia Rd., Tilton, on Aug. 26.

Every year, the LRAA has put on this wonderful creative exhibit of art & photography.

Most of our members are local artists and have a love of creating fine art paintings, drawing, and beautiful images in photography and digital art. The Gallery showcases an appreciation for local artists in the Lakes Region.

All ages are welcome to come and enjoy this Annual Exhibit on display for the community.

Our Open House for the Show is Sunday, Aug. 29 from 2 to 5 p.m. in the gallery.

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