

THURSDAY, JANUARY 11, 2018

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

**Fighting the battle** 

### Residents work to form coalition to prevent substance abuse

#### BY KATHERINE LESNYK

Contributing Writer ALTON — In the cafeteria of Prospect Mountain High School on Jan. 3, residents of Alton and Barnstead and other guests gathered for a Community Resource Assessment Workshop, during which small groups identified things that are going right in the community in order to create sustainable plans to prevent drug and alcohol problems, particularly among young people. These plans can be implemented in or out of the community schools, Barnstead Elementary School, Alton Central School and PMHS.

Moderating and hosting the workshop were PMHS social worker Laurie Maheu and school resource officer Kristen Guest, National Guard

Staff Sergeant Rick Frost right, and we don't do and Regional Substance Misuse Prevention Coordinator Kerri Lowe from the Partnership for Public Health.

Frost works in a subsection of the National Guard that works to reduce substance use in community-based, positive ways that reduce the demand for the substances rather than the supply directly.

"The mission of the coalition is to reduce a lot of the drug problems that might be existing in the community, but we're taking a slightly different twist when we try to do that. The way that we're doing it is by starting the work with identifying what is actually going right in your community," Frost said.

"If we don't put some focus on what's going

that now, while we're talking about problems at the state level and everywhere else, all of those good things that are actually contributing to healthy behaviors and healthy attitudes, those things do run the risk of going away if we don't do something to ensure that they remain," he added.

The ultimate goal is to form a coalition of community members and representatives from schools, libraries, parks and recreation, town offices and more, and to gather ideas about possible ways to expand community efforts to engage young people and stray them away from bad behaviors.

The majority of the workshop was spent in four small groups of SEE WORKSHOP, PAGE A9



### Serving with The Baysider

Renee and Michael Morrill pose with The Baysider at the Army Europe Headquarters building on Clay Kaserne in Wiesbaden, Germany. Michael (Sergeant Major Morrill) is currently assigned to Headquarters United States Army Europe. Renee's father, Robert Oberg, a Korean War veteran, mails them the paper each week so they can keep up with local news. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

### Uke can do it Workshop at Oscar Foss Memorial Library allows locals to fret the small stuff

BY MARK FOYNES Contributing Writer

BARNSTEAD Amid frigid temps last Saturday, nearly a dozen budding musicians

representing a variety of ages - from school-aged children to young adults recent Baysider press and lifelong learners. release, which drew in a Participants hailed from few attendees from Alton

workshop drew attendees mouth mentions by staff during regular library visits. Others noted a

### Storms take toll on town budgets

#### **BY BRIAN MURRAY** Contributing Writer

REGION — There was no need to wish for a white Christmas this year, and we needn't have wished for an icy push back before the one either, but we got week's forecasted rain.

any easier.

From overtime to salt and sand use, costs have mounted as up quickly as the snowbanks crews are urgently trying to

roads clear after snow storms from Dec 22 through Christmas Day, as well as the storm on Jan. 4 and the clean up on Jan 5 cost the town \$3,430 in 171.5 regular time hours and another whopping \$8,415 for 280.5 hours of overtime. And add salt and sand costs on top of that -- \$8,002.80 and \$2,157.60 respectively - you can see the financial toll bad SEE SNOW, PAGE A10

braved minus 18-degree wind chills to summon the sounds of the Hawaiian Isles during a free introductory workshop outlining the elements of the ukulele.

The early-afternoon session, held in the main community room of the Oscar Foss Memorial Library, was the most recent installation in a series of enrichment programs coordinated by the organization. Ongoing events that inspire personal growth at all life stages include yoga sessions, book club meetings, and writing groups for middle- and high schoolers. Additional youth programming includes the STEM Squad, designed for kids aged 12-16 - they learn how to design a video game, puzzle solve, build with LEGOs, and execute age-appropriate science experiments.

Saturday's ukulele

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22 pages in 2 sections

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all three towns in the Baysider's coverage area.

So what motivates folks to venture out into the Arctic cold to learn the basics of the uke? Most were regular patrons who cited word of

and New Durham.

The event was, in part, occasioned by the library's recent acquisition of a ukulele that can be lent out to local patrons - the same way a SEE UKULELE, PAGE A10 both.

Area town plow crews and budgets have taken big hits these past couple of weeks with all the snow and rain and the prolonged freezing weather hasn't made it

Both New Durham and Alton highway budgets have racked up big overtime costs.

New Durham Town Manager Scott Kinmond reported that keeping the town's 54 miles of



### Early bird gets the fish

GEORGE MURPHY – COURTESY PHOTO

The recent spate of cold weather led to bobhouses popping up on Alton Bay right after the start of 2018. As a reminder, be careful when venturing on to frozen lakes and ponds, check for ice thickness and proceed with caution.

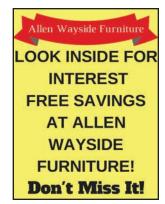
### **Olympics mean early deadlines**

MEREDITH — Editor Joshua Spaulding will be covering the Winter Olympics in Pyeongchang, South Korea coming up in February.

Because of the time difference and the Olympic schedule, this will require a few deadline changes for a couple of weeks while he is out of the country. Salmon Press editor Brendan Berube will be helping to coordinate the paper during the Olympics.

All items for the issues of Feb. 15 and Feb. 22 must be received by noon on the Monday prior to publication. This includes all press releases, obituaries, photos and letters to the editor.

All items not received by these times may miss being included in that week's issue.



# **Children's Auction awards** first round of proceeds

### BY ERIN PLUMMER

mnews@salmonpress.news

LACONIA — More than \$130,000 in funds raised by the Greater Lakes Region Children's Auction was given to several local organizations that will provide immediate needs to kids.

On Friday, representatives from the Children's Auction and passed out checks to organizations that qualified for Process A funding, or funding for the most pressing needs. The special presentation at the Belknap Mill was the start of the distribution of the more than \$539,153 raised during the Children's Auction and will meet kids needs through the holidays.

Auction board chair Sandy Marshall said this was an amazing year for the Children's Auction between the money raised at the auction

BY ERIN PLUMMER

Meredith News

Barstool

Region.

From

itself and the \$303,630 raised during Pub Mania.

"It is our desire to fund as much as we possibly can in the community," Marshall said. "This is a great way for us to kick off the holiday for kids in the community."

Tony Felch, chair of the Children's Auction's Dispersement Committee, said the committee reviewed applications and came up with a list of recommendations to the Children's Auction board.

"Thank you so much for what you do for the kids in this community," said incoming Children's Auction Chair Jaimie Sousa.

Got Lunch Laconia was awarded \$35,000. \$15,000 was given to the Salvation Army, the Inter-Lakes Christmas Fund received \$7,500, The



REPRESENTATIVES from the Greater Lakes Region Children's Auction hand out several checks for organizations to meet kids' most immediate needs during a special presentation at the Belknap Mill.

Tilton-Northfield-Sanbornton Christmas Fund was given \$7,000, Got Lunch Inter-Lakes received \$7,000, the Laconia Christmas Village received a check for \$5,000, HealthFirst Family Care Center was given \$4,000, Gilford Got Lunch was awarded \$4,000, Belknap House received \$3.500. Got Lunch Ashland/Holderness received \$3,000. the Gilford Police Relief Children's Fund got

\$2,000, Mrs. Santa Fund got \$2,500, Hands Across the Table was given \$1,000, New Hampton Police Relief received \$1,000.

In total that day's presentation handed out over \$130,000.

Review for who will receive all the other monies will start after Christmas and the rest will be distributed in January and February.

Tracy Blandford, board chair for Gilford Got Lunch, said the money they receive from the Children's Auction is the majority of the organization's funding.

"Without these funds we would not be able to run year round," Blandford said.

Got Lunch runs through the summer and has a program for students through the school year. Blanford said 42 students in the district, including students from Gilford and Gilmanton, receive lunches through the school year program.

"It's amazing the reach that they have in the community," Blandford said

All of the money received by Inter-Lakes

### Donations sought to help former local residents after fire

PITTSFIELD, Maine — Local residents are offering up help to former local residents Heather and Doug Donahue.

The Donahues own Balfour Farm in Pittsfield, Maine and in mid-December, a fire destroyed the commercial kitchen and barn on their farm. The small dairy farm features a dozen cows and produces yogurts and cheeses sold throughout locations in Maine. The farm also features a farm-to-table café and store in the original farm building and in the fire, the kitchen and attached barn were destroyed in the fire. The dairy farm, creamery and cows were housed

Got Lunch goes toward providing lunches for the summer for students in the Inter-Lakes School District. Got Lunch Director Tom Witham said Inter-Lakes Got Lunch provided lunches to 181 kids over the summer. Witham said they hope to expand the numbers of students they can serve.

"It quickly turns around and gets back to the community," Witham said.

The Inter-Lakes Christmas Fund provides assistance for families and seniors over the holiday season. Board member Alesia Parks said the money they received from the Children's Auction will go toward the program for next year.

Parks and Inter-Lakes Christmas Fund Director Theresa McCormack said the Children's Auction is an amazing organization that provides so much. McCormack said it is amazing "for such a small community to raise this amount of money."

"A lot of good hearted people," McCormack said.

### separately and were un-

affected by the fire. Heather Donahue's parents, Richard and Marylou Brown, live in Alton and Richard Brown served for almost 40 years on the Alton Fire Department as a firefighter and emergen-

### GILFORD — In its ninth year, Pub Mania, "The World's Greatest Challenge," raised \$303,630 for children across the Lakes Thursday morning through Friday

**Pub Mania raises more than \$300,000** 

ERIN PLUMMER

SARA PALMER speaks during the closing ceremonies of Pub Mania about the impact the Boys and Girls Club had on her.

sonal highlights of Pub room was unbelievable," Mania.

"We had a super dedicated team," said Megan Page of the Gunstock team.

Smith said. "All of you guys lift everybody's spirit."

The event ended with two speakers sharing Region Santa Fund.

Lisa Cornish spoke about how she and her daughter Anna received help from the Children's Auction 25 years ago. She and her daughter once lived in their car, but assistance from St. Vincent de Paul's and the Salvation Army helped get them a home.

"What you guys are doing now is helping people in these same shoes," Cornish said.

Anna is now a captain on the Crossfit Juggernaut team.

Cornish said that the money goes to the Lakes

with opening ceremonies at 9 a.m. on Thursday featuring Michael Seymour "The Mayor of Pub Mania" and a blessing by Rev. Michael Graham of the Gilford Community Church.

morning, 31 teams with

24 members each, total-

ing 744 participants, took

shifts at Patrick's Pub

and Eatery for a 24-hour

period to raise money for

the Greater Lakes Region

Pub Mania kicked off

Children's Auction.

For 24 hours, each team had a representative at the bar with some participants at the event for the full 24 hours. The event featured a dav's worth of fun activities for participants.

Starting at 11 a.m. was 14 hours of live music, with many different acts taking the stage.

Events go on throughout the day, including arts and crafts, karaoke, a lip synch contest, and Naughty Hour at 3 a.m. among many others. Typically, Pub Mania features Barstool Yoga, but this year was Barstool Bootcamp.

Teams raised money through the year with more donations and raffle ticket sales coming in.

"Whatever we come up with was a significant amount for the community," said Patrick's co-owner Allan Beetle.

At the closing ceremonies, team members were asked to give their per-

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She said they had team captains in position in case someone couldn't make it to the event, though every member participated in the end.

"We're just happy seeing the community involved," said Lyn Florio of the Laconia Clinic Merry Stoolers. "We just love being a part of it."

Susan Spooner-Bishop of the Coldwell Banker team said the event had brought employees together. She said they do fundraising for Pub Mania before the event.

"It's really great to see my agents step up," Spooner-Bishop said.

Jaimie Sousa of Team Fusion said everyone had a great time at this year's event. "Everything is a highlight," said Will Swart of the Laconia Harley-Davidson team. "We look forward to continuing in the next year."

Travis Cole of RE/ MAX Bayside said he had a fantastic group helping him out.

"I see people during this that I don't see much of the year," Cole said.

Candace Smith took part as a sitter this year. "The energy in this

how much the money raised will benefit families. Sara Palmer, who has

been a member of the Café Déjà Vu team, told the group what the Boys and Girls Club meant to her. She said the club built confidence and helped her achieve in school and pursue her goals. She graduated from the NA-SCAR Technical Institute and works as a technician in high performance motorsports.

"Without the Boys and Girls Club, I would never have found the strength to be who I am today," Palmer said, later adding, "I will forever cherish the memories I have with the Boys and Girls Club."

She also talked about what the Boys and Girls Club has done for more local kids.

"It's a place where a kid gets to be a kid and not have to worry about anything else," Palmer said.

which provides winter clothing for kids, and Got Lunch, which feeds children through the summer months.

"I will never forget what you guys have done for us," Cornish said.

Beetle gave immense thanks to everyone who was a part of this event.

"To be able to be part and make a difference in our community, there's nothing that really tops that," Beetle said.

The Pub Maniacs regrouped at the Children's Auction on Saturday morning where they presented a check for \$303,630.

Beetle said the reason what Pub Mania is so successful is because it is for the Children's Auction and he said he doubts an event for any other entity would be as successful.

"This is kind of a special community event that people rally around," Beetle said.

cy rescue squad member.

Rotarian David Countway is collecting donations to help the Donahues recover and donations can be sent to the Alton Rotary Club, PO Box 789, Alton, NH 03809 or call Countway at 569-3648.

Information in this notice came from the Bangor Daily News.

### Masons plan breakfast buffet on Jan. 21

ALTON — On Sunday, Jan. 21, the Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and gravy, scrambled eggs,

omelets, thick sliced bacon and sausage links and patties, home fries, beans, pancakes, Drench toast, coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. Join them for breakfast between 7:30 and 11 a.m.

### PMHS students invited to apply for Red Sox Service Scholarship

BOSTON, Mass. For the eighth consecutive year, the Boston Red Sox Foundation is seeking submissions from inspiring senior students, who are dedicated to making a positive impact in their communities, for the New **England Red Sox Service** Scholarship. The annual scholarship honors academically-inclined high school seniors who have demonstrated a commitment to community service. Those selected will receive a \$1,000 college scholarship and recognition during a special pre-game ceremony at Fenway Park.

"We are continually inspired by high school students' charitable endeavors and seek to recognize and reward their ongoing dedication to promoting social good," said Linda Henry, Red Sox Foundation board member. "We are very pleased with the growth of the Service Scholarship program and we are eager to hear about this year's seniors who are going above and beyond in their communities."

The Red Sox Service Scholarship, presented by Jenzabar and sponsored by Ford Motor Company Fund, was first introduced in New Hampshire in 2010 and has since expanded to

honor students in Rhode Island, Connecticut, Maine and Vermont as well. This year, the scholarship program will be available to students in more than 200 schools throughout New England.

Submissions for New Hampshire seniors are due Jan. 12.

For more details and to apply visit, redsoxfoundation.org/service-scholarships.



# **Alton Central students help** to fill someone's bucket

ALTON — During the months of October and November, the third and fourth graders from Alton Central School set out on a mission to use their power to "fill someone's bucket."

We had a kick-off event to get the students excited about this mission and for them to be able to start brainstorming ways they can use their power. Teachers came "flying" out of the classrooms dressed as super heroes and shared what their powers were. For example, there was Captain Courage - She tells her friends not to say, "I can't" but to say, "I'll try." Another example was Captain Own It -Accept responsibility for your actions, be accountable and take ownership of your mistakes. Remember, you are always responsible for how you act, no matter how you feel. We also had the Pink Princess of Inclusion - We could all learn a lot from crayons; some are sharp, some are pretty, some are dull, while others are bright, and some have weird names, but they all learn and live together in the same box. Mr. LaFreniere read the story, Have You Filled a Bucket Today? by Carol McCloud to the third and fourth grade classes. This is a book





STUDENTS created things to help fill buckets.

that encourages positive how easy and rewarding behavior by using the it is to express kindness, concept of an invisible bucket to show children

appreciation, and love by "filling buckets."

Students created superhero trading cards and were able to choose what power their su-

### **Barnstead Budget Committee** sets upcoming schedule

BARNSTEAD

Monday, Jan. 29, work session.

The Barnstead Budget will be a work session. Thursday, Jan. 18, and work sessions will Monday, Feb. 5, will will be a work session. Thursday, Jan. 25, will be a work session. Thursday, Feb. 1,

All public hearings

perhero would possess. They then took these superheroes that they created and wrote a comic strip telling a story with their superhero using their power.

The final project was for students to create something that they would be able to give to someone to fill their bucket. Students made bracelets, keychains, teddy bears, stress balls, sensory bottles and pom-pom critters. The students then decided

COURTESY PHOTO (Left) SUPERHEROES were everywhere at Alton Central School recently.

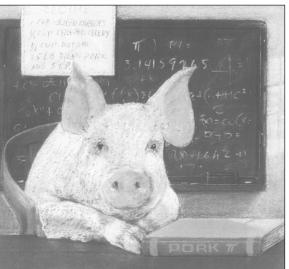
who they were going to give their projects to. Some gave them to the guidance counselor to give as she feels fit to students who go to see her who may be having a hard time. Other students gave their projects to the preschool teachers to hand out as they see fit to help fill their students' buckets. Some students had people outside of the school setting that they knew could use the project that they created to help "fill their bucket."

Throughout this process students learned how they all possess power that can help people in this world. That they can use their power every day and ask themselves the question, "How can I use my power to fill someone's bucket today?"

Written by ACS third/ fourth team teachers (Roberge, Cain, White, *Mathews, Moulton)* 

### **PIG OF THE WEEK by D.A. Hammond**





Committee will meet and hold public hearings and work sessions concerning the budget.

For the school budget, Monday, Jan. 22, will be public input and work session.

be a work session.

Monday, Feb. 12, will be a public hearing and recommendations.

For the town budget, Thursday, Jan. 11, will be public input and will be a work session. Thursday, Feb. 8,

will be a public hearing and recommendations.

start at 6 p.m. and will be held in the library at the Barnstead Elementary School. Work sessions will be held as needed by the budget committee.

### Food safety information session is Tuesday

BARNSTEAD — Tuesday, Jan. 16, at 7:30 p.m. at the Barnstead Library, there will be an informational session on FSMA (Food Safety Modernization Act). The UNH Cooperative Extension will be presenting an overview on how FSMA will affect farmers who sell their product. Whether you are raising animals, produce, or animal feed for sale FSMA will affect you.

Learn more about how this law that is now going into full swing will affect you. Are you exempt? If you are exempt, what paperwork are you required to fill out to keep that status. This law is still unfolding, and this is a chance to learn more

### Locke Lake board meeting is Jan. 18

BARNSTEAD — The next monthly Locke Lake Colony Association public board of directors Meeting will be held on Thursday, Jan. 18, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.

from the person at UNH 2016, depending on the Cooperative Extension whose focus has been to keep up-to-date with this law as it unfolds.

The Food Safety Modernization Act became law in January 2011 and went into effect in November 2015 or January

part of the rule. If you have a farm or a food business, you will want to understand if you are covered and if so what is required for your operation. Come and learn about who is covered and the requirements de-

pending on your farm or food business sales levels, markets, and products.

Please RSVP if possible to stikston@ gmail.com or go to the Barnstead Community Grange Facebook page -RSVP is not required to attend

### Learn about selling your food in Barnstead Monday

BARNSTEAD — The Barnstead Farmers' Market is sponsoring a series of roundtable events for individuals who are interested in getting information on selling homemade/ grown goods. The first event: Selling and Buying Local, Homemade Foods, is Jan. 15, at 6:30 p.m. Colleen Smith, from the DHHS/Food Protec-

tion Bureau will be facilitating the discussion on the Homestead License Requirement for selling and buying local, homemade food products. This event is for folks who are thinking of selling their food products at farmers' market or looking to sell retail. It is also for retail businesses looking to understand the process of reselling locally

made food products. The event is located at the Maple Street Church on 96 Maple St., Center Barnstead. Please come prepared with questions for an informative and lively discussion on this matter. RSVP to lorimahar@tds.net or call 269-2329.Next event is Feb. 26, Selling Successfully at a Farmers' Market.



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Opinion

#### **SECTION A, PAGE 4**

#### THE BAYSIDER, THURSDAY, JANUARY 11, 2018

### The positive side

Our front page this week includes a story from Katie Lesnyk (welcome back Katie) on a workshop held at Prospect Mountain High School last week that was seeking out ways to help prevent drug and alcohol problems among the young people of the community.

As has been widely reported on statewide media and really, across the nation, there is a serious drug problem that often can touch lives right here in our communities and we know that a lot of people are doing a lot of good things to try and combat this issue, meeting it head-on and hoping to stave it off before it gets a foothold. If the efforts of local residents save just one person from going down the wrong road, they can say those efforts were not in vain.

However, what impressed us most about this initial workshop was that the attendees chose to focus on the positives in the community, things that can be done to get kids involved in activities that will have a positive influence on their lives, rather than the drugs and alcohol that could lead things in another direction.

The idea was the gather information and people from the many different organizations in the communities to help with outreach efforts in local schools to keep kids involved in the wide variety of activities.

We know there are plenty of great things to be involved in here in our communities and in the schools in those communities.

Both the elementary and high schools offer plenty of sports teams for those who want to be involved in athletics. And the local parks and recreation departments offer different sports throughout the year, expanding the reach of sports for those in the community.

The after-school program at Barnstead Elementary School, Barnstead Adventure Zone, has gotten rave reviews from people who we have spoken to and we know that this is a great outlet for kids who might not have somewhere to go immediately after school.

The Gilman Library, Oscar Foss Memorial Library and New Durham Public Library are always publishing press releases about activities they have going on, from movie nights to book clubs and beyond. There's usually something for just about everyone, even if it's just a chance to take out a good book to enjoy during a winter storm.

Prospect Mountain's music and drama programs offer chances for students to be involved in the arts in their after-school hours, with band, chorus and theater all options for kids to take advantage of. Outside of the school, the Pittsfield Players in Pittsfield and the Village Players in Wolfeboro also offer theater opportunities for people who might want more time on the boards. And Alton Dance Academy is an option for those who have an inclination to get out and dance. The PMHS robotics team is one of the best in the country over the last few years and similar teams have sprung up at local elementary schools, giving kids a great chance to exercise their minds and take chances. It's great to see positive things in the community highlighted and we hope we did our part to bring a little light to those things and the hope is that all these choices keep kids from taking a turn in the other direction.



COURTESY PHOTO

### Handy

Work on the permanent art installation at the New Durham Public Library has begun, led by Sarah Burns, pictured. Primary grade classes are working on symbolic stamps to be used on their handprints in clay, and upper grade and adult sessions start today. The Story Poles will be made up of units sculpted by the classes that represent local history and natural resources of the area. Landscaping will also be included in the piece. The artwork is funded by the Library Trustees, the Friends of the Library, and a Youth Arts Project (YAP) grant from the New Hampshire State Council on the Arts and the National Endowment for the Arts. The unveiling will take place in early June.

### Letters to the Editor

### Will not stand for it

To the Editor:

Today I filed a lawsuit in Belknap District Court against Alton SAU 72, JMA/SAU 301 and Mr. Steven Miller.

On Feb. 16, 2017, Mr. Miller wrote and had published a commentary in the Baysider titled "Clay should move out of Alton."

At the time of the commentary, Mr. Miller was chairman of SAU 72 board and a member of the JMA board.

Contained in this commentary, Chairman Miller falsely accused me of crimes against the state, to include wiretapping of a non-public meeting and a closed-door meeting at SAU 301. Both of these claims by Miller (as well as almost everything else he wrote) are false.

At the time, Miller wrote his commentary I was actively attending school board meetings where I often called him and other board members out over many issues I felt were being handled inappropriately (the same way I do with the Alton selectmen). Miller clearly objected to this and retaliated with his false claims in an effort to discredit me.

I tried to resolve this issue with both school boards without having to take them to court. The chairmen of both boards sent me letters claiming "the board has elected not to accept your proposals." Funny thing is, there is no record of either board ever doing what the chairmen of the boards stated they did. So be it.

No citizen should ever be subjected to libelous attacks by their public officials (or arrest) because the citizen dares to speak out and hold officials accountable for their actions. I will not stand for it and neither should anyone else.

> Jeffrey Clay Alton

### Voter ID laws are voter suppression laws

To the Editor:

rington attempted to rebut Suzanne Allison's claim ing Judges' Support," Alan Greenblatt, 8/3/16.) that voter ID laws are voter suppression laws by repeating the bogus conservative position that the laws protect citizens from voter fraud. He mischaracterizes and ignores the deleterious effects of New Hampshire's current voter ID law and new restrictive bill (HB 372), which is currently being voted on. The conservative organization ALEC, funded by the oil and gas billionaire Koch brothers and others, drafts model legislation for Republican-controlled states. ALEC's voter ID law became available in 2009. Now 33 states have the laws, including New Hampshire. ALEC founder Paul Wyrech once said, "I don't want everybody to vote .... our leverage in the elections quite candidly goes up as the voting populace goes down." Numerous studies and recent court decisions demonstrate unmistakably that the real purpose of voter ID laws is to suppress the vote of low-income, minority, young and disabled citizens, who are less likely to have photo IDs and have money to pay for them and overwhelmingly vote Democratic. Studies consistently show that in-person voter fraud is so rare it is almost non-existent. (Brennan Center for Justice, "Debunking the Voter Fraud Myth," 1/31/17.) Harrington claimed "that is not what we heard at committee hearings." He also implied that some people with an address at Bear Brook State Park, which was closed for the season, were committing voter fraud but provided absolutely no proof.

in North Carolina, Kansas, North Dakota, Wisconsin Recently in The Baysider, State Rep. Michael Har- and Texas. (Governing, "Why Voter ID Laws Are Los-

Keep up the good work in future workshops. Your work is appreciated.



Recently, courts have struck down voter ID laws

Studies proving that the laws are causing voter suppression have also emerged. (The Washington Post, "Do voter identification laws suppress minority voting? Yes. We did the research," Hajnal, Lajevardi and Nielson, 2/15/17; and Priorities USA, "Voter Suppression Memo," Guy Cecil, 5/3/17.)

Numerous Republicans have admitted that the real purpose of these laws is to suppress Democratic votes. (The Atlantic, "What's the Goal of Voter-ID Laws?" David Graham, 5/2/16.) This includes former Speaker of the House Bill O'Brien, who in 2011, when New Hampshire tried to pass its first voter ID law, told a Tea Party group that he wanted to make it more difficult for students to vote because kids were "voting ... liberal."

These facts show that Harrington's defense of "voter fraud" is completely disingenuous. New Hampshire's current law threatens a fine, investigation and even jail time. Last September the Hillsborough Superior Court suspended these penalties. The new bill (HB 372) unconstitutionally establishes a poll tax by requiring legally domiciled voters to pay to become residents. Even Governor Sununu recognizes the bill's harmful suppression effects and has vowed to veto it.

Harrington pledged to drive his constituents to Concord to obtain a state photo ID. Will he also help them obtain birth certificates or passports and other documents they may need and pay the required fees?

> Jane Westlake Barnstead

### New Durham senior lunch is Jan. 20

NEW DURHAM — The third senior citizen lunch will be held in the Community Room on Saturday, Jan. 20, at noon. Please mark your calendars. Homemade lasagna, salad and dessert will be served. Coffee, tea and water will be available. This free meal is for those age 60 and over who live in New Durham and will happen once monthly during the colder Donations months. will be accepted but are not expected. Please get

your friends and family together to come enjoy a meal together. Please RSVP to New

Stephanie MacKenzie at 859-2091 ext. 1, so they know how much

Durham Town Clerk, food to prepare. They look forward to seeing everyone on Saturday, Jan. 20.

### Cozy Mystery Book Club meets Jan. 19

BARNSTEAD — Do you enjoy cozy mysteries If so, join the Oscar Foss Memorial Library for its new Cozy Mystery Book Club at the library on Friday, Jan. 19, at 6:30 p.m. This book club will meet on the third Friday of each month to read and discuss various cozy mysteries, including a few series they offer at the library. Registration is not required, just drop in for some cozy mystery fun.

Please call the library at 269-3900 or visitoscarfoss.org for more information about any of the programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed Sundays and Mondays.



CAST AND CREW of Oddball. Front row (I to r), Hailey Buffington, Sal Fabio, Ana Gonzales, Kodi Davis, Kelly Holland, Cyrus Gauthier, Kaitlyn Miller, Robbie Enos, Becca Connelly, Paulo Hidalgo, Fiona Wilson, Autumn Rodil, Lily Michaud, Emily Piper, Sarah Piper. Back row (I to r), Hanson Matheson, Justin Boyce, Brittany Rogers, Mary James, Marianna Paladino, Lizzy Fogg, Rose Guttman, Nathan Schrider, Trevor Burns, Meg Roche, Joe Mariano, Thomas Giessler, Max DeRoche, Dan Humer, Madlynn Archambault, Gwyn Anderson, Julian Cates, Charlie Scott.



STUDENTS from Kingswood, Brewster and Prospect Mountain came together for a theater retreat Jan. 6 and 7.

# Local theater programs come together for retreat

#### BY CATHY FRASER Contributing Writer

**WOLFEBORO** Kingswood Regional High School and Brewster Academy hosted newcomers from Pros-Mountain High pect

School Jan. 6 and 7 for a drama weekend to put on a performance of Oddball, by Lindsay Price.

The groups met first thing in the morning on Saturday and came together with very little

information about the project: They knew there were three drama clubs involved, they knew the name of the play, had an idea of the expectations for the weekend, and maybe they knew

what part(s) they were assigned.

Under the direction of Scott Giessler (Kingswood), Guinevere Hilton (Brewster Academy), Meghan Schmiermund and Brian Stuart (both

### New year starting strong at New Durham Public Library

NEW DURHAM — "We're starting off the year with an emphasis on families doing fun things together," New Durham Public Library Director Cathy Allyn said. "Those are our favorite kind of activities."

The library's schedule is always busy, and 2018 will be no exception, but three major family events take the spotlight.

On Saturday, Feb. 3, families are invited to drop in any time between 10 a.m. and 1 p.m. to celebrate the nationwide Bring Your Child to the Library Day.

"Build Strong Read-

Gym equipment will be available for kids three and under. You can work on a puzzle together, look through a microscope, dabble on the keyboard, stir up a snack, or relax in the rocking chair and read aloud. High interest books will also be on display. Take home a family movie or an audiobook to listen to in the car. Come see all of the wonderful things they have for families.

Spend some time at the library on Sunday, Feb. 11, as Mike Rogers blows everyone away with his harmonica skills and then teaches those in attendance how to do it. The Family Harmonica Workshop begins at 1 p.m. and all ages are welcome. Come as a family or as individuals. Bring a harmonica if you have one; if not, the Friends of the Library have purchased them for participants. Everyone will leave this free

event able to play a song on their brand new harmonica.

On Saturday, March 10, the library will host a Cultural Event, culminating in painting wooden Russian Faberge eggs. Marina Forbes, a lecturer and artist who earned an MA from the University of St. Petersburg, has written extensively on Russian traditional arts, and leads cultural tours to Russia, will take participants through an illustrated presentation of the work of master jeweler and artist Peter Faberge.

the egg painting. Rus- cludes First Steps for basian food will be served. The program runs from 10 a.m. to 1 p.m. and is open to all ages. All materials are supplied and the event is free.

able for Focus!, the camera club for students in grades 4-8. This free photography experience meets Mondays, Jan. 22 -Feb. 12 from 3:30 to 5 p.m. Bring your camera or phone if you have one; if not, the library will supply one for you.

Other upcoming events include Adult Paint Night on Friday, Jan. 19, at 6 p.m. and Practices That Grow the Mind, a series led by a certified mindfulness instructor on Thursdays March 15 – April 5 from 7 to 8 p.m.

Regular program-She then will direct ming at the library inbies and toddlers every Thursday at 10:15 a.m., Storytime for pre-schoolers every Thursday at 11 a.m., Friday Storytime, Fridays at 11 a.m., Mystery Book Club and Book Club.

Prospect Mountain), students blended together to form one group. "Pretty quickly students stop thinking of each other as 'Prospect' or 'Brewster' and start thinking of themselves as 'scene four', or 'scene six,"" Giessler said.

The program is designed to make this process happen rapidly. After a couple of ice-breaker activities and a read-through of the play, the students separated into their respective scenes and went to designated work areas at the Kingswood Arts Center to begin work on learning lines, blocking (deciding where each character is to move or stand on stage during the scene), costuming, sets, props, and technical (lighting and sound). They had hours to work together while the directors circulated from room to room helping students as needed.

The play itself, Oddball, was selected for this drama retreat in part because it is made up of a series of vignettes with the storyline of a guy with a cube (who calls it a ball) threading through them.

At 6 p.m. Sunday evening, the curtain opened to an audience of about 90. The performance was conducted completely by students – lighting, sound, sets, backstage operations - and a good time was had by all. "

This is our sixth year of running this program and I'm very pleased," Giessler said. "This weekend ran as smooth as silk."

Oddball is licensed by Theaterfolk, Inc.



Together as a school, Alton Central collected 238 toys

for children in the state of New Hampshire that wouldn't

have anything on Christmas morning. Paraeducator Crista

Woodbury gave her utmost gratitude to every single family

that was able to donate. Without each of you this wouldn't

have been possible. She also thanked the advisors and

members of VOICE for their gracious contribution of 69

toys alone and the ACS administration for allowing the

school to be part of such a wonderful program and helping

Successful toy drive

those that are less fortunate.

ers" at the maker space area in the Children's Room, where parents and kids can assemble anything imaginable from Magformers, Du-LEGOs, K'nex, plos. Brain Flakes, Magic Sand or Keva Planks.

Construction isn't the only fun thing to do.

Registration is required for both the harmonica and Faberge egg workshops.

Slots are still avail-

Call the library at 859-2201 for more information or to register.

COURTESY PHOTO

### *Cornerstone VNA offers free hospice training*

#### ROCHESTER

Cornerstone VNA, a non-profit home health and hospice organization, is offering free trainings for individuals interested in becoming a hospice volunteer. For as little as 2-4 hours per week, volunteers can offer companionship, respite care and their own unique skills to patients and family members in their community. This comprehensive eightweek hospice volunteer training program focuses on how to provide comfort, support and a reassuring presence to hospice patients and their families. No medical or volunteer experience is necessary to make a positive difference. Several training opportunities are being offered at various locations.

Wednesdays, Jan. 10 - March 14 from 1 to 3 p.m. at the Dover Public Library, 73 Locust St., Dover;

Thursdays, Jan. 11 · March 15 from 1 to 3 p.m. at Cornerstone VNA, 178

Farmington Road, Rochester;

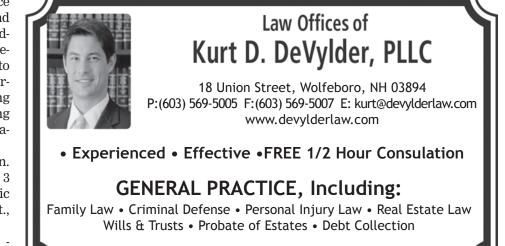
Tuesdays, March 20 - May 8 from 1 to 3 p.m. at the Rollinsford Public Library, 3 Front St., Rollinsford;

Wednesdays, March 21 - May 9 from 11 a.m. to 1 p.m. at the Strafford Public Library, 1151 Parker Mountain Road in Strafford.

To register for any of these trainings or for more information about the hospice volunteer program, please contact Nancy Nicolazzo, Hospice Volunteer Coordinator at 332-1133 x239 or NNicolazzo@cornerstonevna.org.

Cornerstone VNA is a non-profit home, health and hospice agency currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine. The team at Cornerstone VNA provides skilled nursing, rehabilitative therapies, social work as well as volunteer and support services through five distinct programs:

Home care, hospice care, palliative care, life care-private duty and community care. For more than 100 years, Cornerstone VNA has been committed to bringing services to people of all ages so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end of life care. To learn more about Cornerstone VNA, visit www.cornerstonevna. org or call 800-691-1133.





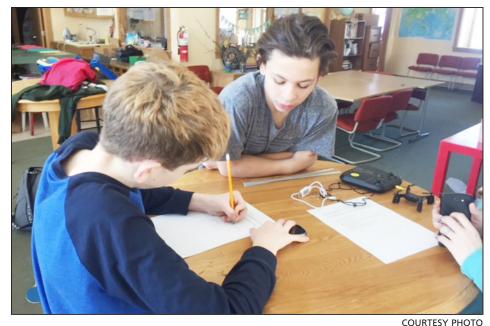
### **Kingswood Youth Center teaching life skills**

WOLFEBORO The Kingswood Youth Center (KYC) offers out-of-school programs with a philosophy that fun and games and learning do not have to be mutually exclusive. The long standing mission of the KYC states, "The Kingswood Youth Center provides a safe and positive environment in which youth may grow, learn, and develop life skills critical to their success in the adult world." When local teens are brought together in a safe, posi-

tive and structured environment, they have the opportunity to meet social needs and to engage in learning opportunities, which supplement the school district's curriculum. Key among these leaning experiences are the KYC's life skills programs.

Life-skills programs focus on helping local teens build competencies, which will help them become independent, successful and individually-fulfilled adults. A key focus of these programs sur-

rounds job and career readiness. Many students eagerly anticipate their first job, a significant step towards independence. Throughout the year, the KYC is taking students through the employment process. Early activities focused on brainstorming jobs that students may apply for while in high school, after high school, and then once trained beyond high school. Later, members rolled up their sleeves and began hunting for local job



STUDENTS take part in a recent mock job interview at Kingswood Youth Center.

opportunities, which

they presented to their peers. Games such as

'resume two truths,

and a lie' (a guessing

game based on sample

resumes) and finding the hidden mistakes

in filled out job appli-

cation, help teens have

fun while learning the dos and don'ts of

applying to jobs. Stu-

dents are challenged

to participate in mock-

job interviews. 'Dress

for success' activities are fun and pertinent.

grams, teens will learn

about the skills that

will help them succeed

draw on volunteers

from a wide variety

of backgrounds; two

KYC volunteers have

professional experi-

ence working with stu-

dents on post-second-

ary school planning.

also include guidance

programs

Life-skills programs

In

on the job.

Life-skill

upcoming pro-



### Winning photo

COURTESY PHOTO

Winner Sheri Dame of Brookfield receives a framed print of her prize entry in the "Savor the Season" fall photo contest from Julie Jacobs of Blacksmith Printing and Barbara Gibbs of The Art Place while her children Nicholas and Kaylei recreate the pose that brought hundreds of votes in Viewers' Choice judging. The Moose, New Hampshire's new winter photo contest is open for entries through midnight, Sunday, Feb. 11. The theme is "Winter is Fun" for photos and videos taken in Brookfield, Farmington, Middleton, Milton, New Durham, Wakefield and Wolfeboro. Details and rules are available on The Moose, New Hampshire Facebook page.

### BARNSTEAD SCHOOL DISTRICT **FILING NOTICE**

The filing period for the School District Officers will be held from Wednesday, January 24 through 5:00 p.m. on Friday, February 2, 2018 at the Town Hall Clerk's Office.



ALTON — The Alton Police Department re- vehicle summons arrest. incident, one domestic sponded to 192 calls for service during the week of Dec. 31-Jan. 6, including five arrests. One male subject was arrested for possession of controlled/narcotic drugs, driving after revocation or suspension and possession of controlled/narcotic drugs with intent to distribute. One male subject was taken into protective custody for alcoholism. Two male subjects were arrested on warrants.

One (1) Selectman

One (1) Treasurer

One (1) Library Trustee

One (1) Library Trustee

One (1) Library Trustee

One (1) Moderator

One (1) Moderator

One (1) School Clerk

One (1) Town Clerk/Tax Collector

One (1) Trustee of Trust Funds

One (1) Water Commissioner

Two (2) Budget Committee Members

Two (2) Planning Board Members

One (1) Planning Board Member

One (1) Zoning Board Member

Two (2) School Board Members

One (1) School Board Member

One (1) Supervisor of the Checklist



There was one motor complaints, one juvenile There were seven mo- complaint, two school

in applying to college and/or career training. Students are also taught 'hard-skills,' such as cooking, gardening, woodworking, and skills applied to community service opportunities. Equally important, are the 'soft-skills,' which students learn day-to-day in the KYC's positive social environment. Students are coached in conflict resolution, independent thinking, problem solving and responsibility, as they make choices and engage with peers at the KYC. This foundation of cooperation and responsibility will be invaluable as students enter the adult-world.

To learn more about the KYC's programs or to learn about opportunities to support the KYC, please contact associatedirectorkyc@ gmail.com or 569-5949.



#### The following offices will be available:

Moderator – 1 year term

Clerk – 1 year term

Treasurer - 1 year term

Two School Board Members – 3 year terms

### **INVITATION TO BID**

### BARNSTEAD SCHOOL DISTRICT **ANNUAL REPORT**

The Barnstead School District is

requesting sealed bids for the printing of the 2016-2017 School District Report. Specifications for printing of the report may be obtained from the SAU #86 office, 1 Suncook Valley Road, Barnstead, NH 03218, or may be requested by calling (603) 435-1510 or email dwalsh@mybes. org. Sealed bids must be submitted to us before 1:00 PM on January 16, 2018.

### **PUBLIC NOTICE** TOWN OF ALTON

Alton Supervisors of the Checklist will be in session to accept voter registrations:

Tuesday, January 23, 2018, 7 – 7:30 pm for the correction of the checklist at the Alton Town Hall, side entrance on Depot Street Saturday, January 27, 2018, 11 – 11:30 am for the correction of the checklist to be used at the Town and School Deliberative Sessions at the Alton Town Hall, side entrance on Depot Street

#### Alton Supervisors of the Checklist Anna Griffin Sharon Kierstead Mary Murphy

 $\star \star \star \star \star \star \star$ 

tor vehicle accidents.

There was one suspicious person/activity.

Police made 28 motor vehicle stops and handled nine motor vehicle complaint-incidents.

There were 147 other calls for services that consisted of the following: Two assist fire department, one employment fingerprinting, three assist other agencies, one intoxicated -DWI, two pistol permit applications, two animal

**PUBLIC NOTICE TO ALTON RESIDENTS** 

PURSUANT TO RSA 669:19; 652:20 THE FILING PERIOD FOR

FILING DECLARATIONS OF CANDIDACY

JANUARY 24, 2018 THROUGH FEBRUARY 2, 2018

The following Town and School District positions are open for filing:

**TOWN OF ALTON POSITIONS:** 

truancy, eight general assistance, one wanted person/fugitive, 16 alarm activations, two highway/roadway hazard reports, four general information, one civil standby, three civil matters, seven wellness checks, six community programs, one disabled motor vehicle, 61 directed patrols, three motor vehicle lockouts, four medical assists, 12 property checks and three paperwork services.

3 Year Term

2 Year Term

1 Year Term

2 Year Term

3 Year Term

3 Year Terms

3 Year Terms

2 Year Term

6 Year Term

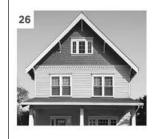
3 Year Term

1 Year Term

1 Year Term

1 Year Term

3 Year Terms





What did the day before Hurricane Irene look like? Any other day.

> Prepare for tomorrow. Ready.gov/today

Ad

FEMA Ready.

Filing papers are available at the Alton Town Hall, Town Clerk's Office. Office hours: Daily 8:00 A.M. - 4:30 P.M.; February 2, 2018 - 8:00 A.M. - 5:00 P.M.

**ALTON SCHOOL DISTRICT POSITIONS:** 

Lisa Noyes Alton Town Clerk

# THE REAL BEAL REPORT

### Town

Alton

Alton

Alton

Alton

Alton

Alton

Barnstead

Barnstead

New Durham

### Address

Drew Hill Road 48 Kent Locke Circle 173 New Durham Rd. Rand Hill Road 108 Suncook Valley Rd. N/A Gilmanton Road (Lot) N/A 53 Birch Hill Rd. Merrymeeting Road, Lot 39 52 Merrymeeting Rd. Mount Bet Road Mountain Drive (Lot) Mountain Drive (Lot) 23 Newport Dr. N/A

### **ABOUT THE REAL REPORT**

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

### **PMHS sophomores hosting shoe drive**

ALTON — The Prospect Mountain High School Class of 2020 is hosting a shoe drive fundraiser. All collected shoes will be delivered to developing countries, such as Ghana, Bolivia, and Haiti. These shoes are sold at significantly lower prices and create working opportunities. The sophomore class is profited with every pair of donated shoes. Their goal is

to collect 300 bags of 25 pairs each. Shoes must be wearable and have no holes. Please donate in any of the white cardboard donation boxes stationed at the Alton Town Hall, the aBarnstead Town Hall, or in the reception area at PMHS. The fundraiser is currently taking place and will run through Jan. 20. All donations are helpful and are greatly appreciated.



#### Type Price Mixed Use \$47,533 Single-Family Residence \$365,000 N/A \$100,000 \$45,000 Residential Developed Land Single-Family Residence \$100,000 N/A \$24,000 Residential Open Land \$69,000 N/A \$199,533 \$200,000 Single-Family Residence N/A \$78,000 Single-Family Residence \$140,000 N/A \$236,000 Residential Undeveloped Land \$30,000Residential Undeveloped Land \$20,000Single-Family Residence \$1,150,000 N/A \$132,000

### Seller

Roberts Cove Inc. Caroline E. and Lawrence J. Nolan Alton Meadows LLC Keith Watts David Howe (for Evelyn G. Portique Estate) Meriss Delong-Ratliff Peter and Michele Karwocki William H. Tallant (for Robin M. Conner Trust) Douglas Hampel (for Donald Barnes RET) Daniel R. Livingston Lakeview Loan Servicing Robert J. and Marilyn J. Pellegrini Kodiak Group LLC Brian Corssan True Value Land & Homes LLC Daniel R. Livingston

### Buyer

Edward and Sonya J. Kean Scott A. Cameron and K.M. Laliberte-Cameron Roger A. Sample Petti-Ann Collins and Brian R. Norris Frederick Gallant William R. and Donna J. O'Neil Fabrizio N. and Jennifer E. Cusson Marla Saladini-Hernandez John and Suzanne Rief Michael A. Parsons and Kriten M. Svendsen Christina M. and Andrew D. Welch Mark J. Rainerei (for 324 Merrymeeting Rd. RT) Charles T. Todd and Lauren Meberg-Todd Charles T. Todd and Lauren Meberg-Todd Charles T. Todd and Lauren Meberg-Todd Michael A. Parsons and Kriten M. Svendsen

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

# data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.



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### **Meet Misty & Dreamer!**



Misty and Dreamer were given to their owner by a friend when they were just tiny Rat Terrier pups. They grew up side by side for 8 years until their owner surrendered them to LRHS. They are puppy-pad trained and loving. Both girls are current on vaccinations, spayed, microchipped and still looking for a home that has enough love to give them both.



"The little shelter with the big heart."
11 Old Rt 28, PO Box 655 • Ossipee, NH 03864 • 603.539.1077 • www.lrhs.net Hours of Operation: Tuesday through Saturday 11:00 am to 4:00 pm
Serving Effingham, Ossipee, Tuftonboro, Wolfeboro & beyond



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had the time, right? Now you do. 3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.



peacecorps.gov/response

### **OBITUARIES**

### Robert F. "Bob" Tibbetts World War II veteran

GILMANTON - Robert F. Tibbetts 93, went home to be with the Lord on Dec. 30 at Lakes Region General Hospital with his loving wife by his side.

Robert "Bob" was born Feb. 12, 1924 in Gilmanton Iron Works. He was the son of the late Henry Albert and Doris Mary (Rollins) Tibbetts. He attended the Gilmanton Iron Works Grammar Schools and graduated from Alton High School. Bob served in the United States Army during WWII from 1944 to 1946 and was a Spec 5 technician. He served in Germany, France, England and later in the Philippines. He was the tax collector for the town of Gilmanton for 20 years. Bob and Olive also owned and operated the Country Grainery for 20 years. He worked for Nelson's Garage for 25 years as a school bus driver and me-



chanic.

Bob collected license plates, stamps and enjoyed scrap booking. He was often found stacking wood behind his house. Above all he enjoyed spending time with his loving family. Feb. 23 would have been his 71st wedding anniversary.

Bob is survived by his loving wife, Olive (Partridge) Tibbetts of Gilmanton Iron Works: a son, Robert "Bob" Tibbetts and his wife, Judi of Alton; a daughter, Melody A. Tibbetts and partner Scott Roy of Moriah, N.Y.; three grandchildren, Tracey

Tibbetts, Heidi Beaudoin and her husband James, and Sarah Smith; five great-grandchildren, BJ, Isaac, Gavin, Jacob, Jackson; and special family members Debbie Coleman, Wendell Beck, Bert Morse, Stanley Moulton and the Thompson girls.

Funeral and committal services with military honors will be held in the spring.

For those who wish, the family suggests memorial contributions may be made to the New Hampshire Humane Society, P.O. Box 572 Laconia, NH 03247 or to a charity of one's choice.

Wilkinson-Beane-Simoneau-Paquette Funeral Home and Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkinsonbeane.com.

### Michelle R. Colantuone Loved warm Alton atmosphere

ALTON — Michelle R. Colantuone, 54, of Leigh Drive, died unexpectedly Friday, Jan. 5, at Huggins Hospital, Wolfeboro, with her loving family by her side.

Michelle is a graduate of Whitman Hanson Regional High School, Hanson Mass., she worked as an administrative assistant for a Massachusetts company and later as a purchasing agent for a Laconia aerospace company.

Michelle loved the Alton atmowarm sphere. Any one that met Michelle knew her to be a very outgoing and friendly person who always put others before herself.

Michelle R. Colantuone is survived by her husband John N. Colantuone Jr.; daughter, Crystal Elaine Kelly and her husband, Brian;



three grandchildren, Dylan Colantuone, Mason Kelly and Addison Kelly, Robert Wilcox and family of Hanson, Mass.; father- in-law, John Colantuone of Naples Fla.; sister-in-law Diane Cheverie and nieces and nephew, her beloved pet Molly along with many friends that she considered family.

As an organ donor, through the New England Donor Center of Waltham, Mass., others will benefit from Michelle's generosity.

Calling hours will

### Fred A. Swett, Jr. Veteran of World War II

and ultimately moved to New Durham, where they raised their six children and enjoyed their 17 grandchildren and 10 great-grandchildren.

After a career as a mechanic, Fred retired from Downing/Margrath/Parker Marine in 1987 and thoroughly enjoyed more than 30 years of retirement. He was always available to help others with their "fix it" projects and enjoyed keeping up with the latest technology, reading and spending time with his family. He and Mildred spent many years making the annual trek to the warmer climes of dred passed away in 2008 after 60 years of marriage, he continued to live independently.

be held on Friday, Jan.

12, from 4 to 6 p.m. at

the Wilkinson-Beane-

Simoneau-Paquette Fu-

neral Home, 164 Pleas-

ant St., Laconia, using

the Carriage House en-

will follow on Friday,

Jan. 12, at 6 p.m. also at

the family suggests me-

morial contributions

may be made in Mi-

chelle's memory to Holy

Rosary Credit Union,

133 Brock Street, Roch-

ester NH 03867 to help

Wilkinson-Beane-

Simoneau-Paquette

Funeral Home and Cre-

mation Services, 164

Pleasant St., Laconia,

is assisting the family

with the arrangements.

For more information

and to view an online

memorial, please visit

www.wilkinsonbeane.

com.

defray funeral costs.

the funeral home.

A funeral service

For those who wish,

trance.

He is survived by his daughter, Barbara; his son, John; his son, James and wife, Cherine; his daughter, Marjorie and husband, Paul; his daughter, Janet and husband William; and his son, Thomas and wife Donna.

A private family service is planned for the interment at the New Hampshire State Veterans Cemetery in Boscawen. Memorial donations may be made to a veteran assistance organization, the New Durham Fire

### Charles M. Woollett Alton Boston Post Cane bolder

ALTON — Charles M. Woollett, 101, formerly of Halls Hill Road in Alton, passed away on Jan. 4, at Sugar Hill Assisted Living Home in Wolfeboro. Born on March 12, 1916 in Phillipston, Mass., the son of Charles F. and Grace M. Woollett, he was a graduate of Athol High School, Class of 1935 where he played baseball and football and subsequently worked in several small businesses often working with his father. He served in the US Army in World War II.

In 1950 he married Lucille G. Canney of Farmington. They owned and operated the Busy Corner Store in Alton Bay for

Concert ahead

several years. They later moved to their home on Route 11, where they lived for 30 years and raised their two daughters. During this time, they owned and operated a real estate and insurance business. Charles was a member of the Alton Fire Department for many years and a 60year Mason of the Alton Winnipesaukee Lodge 75. Charles always had beagles that he cherished and hunted with. They moved to their home on Halls Hill Road in 1982.

Survived by his two daughters, Mary Cornelissen and husband Marty of Alton, and Ruth Woollett of Arlington, Va. and her two children. Charles was a devoted family man and believed in hard work and clean living. As well as working hard to provide for his family he always had a large vegetable garden and enjoyed going hunting with his dogs and his hunting buddies. In 2017 Charles received Alton's Boston Post Cane at the age of 101. He will be remembered as an honest man with a warm smile and sense of humor.

A memorial service will be held in the spring. Contact his daughter Ruth at rgwoollett@yahoo.com for information on the service. To express condolences, please vis-

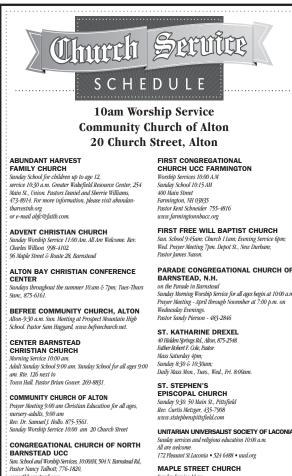
NEW DURHAM — Fred A. Swett, Jr. died after a very brief illness at Frisbie Hospital on Dec. 28, at the age of 95. Born Nov. 11, 1922, in Boston, Mass., he was the son of Dr. Fred A. and Fern (Boone) Swett. He grew up in North Reading, Mass. and graduated from North Reading High School. A member of the greatest generation, he served in the Army during World War II, part of the forces that freed France from the Nazis.

Upon discharge in 1946, he found the love of his life, Mildred Roberts, the youngest sister of one



COURTESY PHOTO

Wolfeboro Friends of Music presents Gathering Time's Tribute to Crosby, Stills and Nash and Joni Mitchell Jan. 14 at 2 p.m. at the First Congregational Church, 115 South Main St., Wolfeboro.



MAPLE STREET CHURCH

it www.peasleefuneralhome.com.

of his best friends. They were married in 1947

tain mutual fund com-

pany funds for a fee that

ultimately the client pays

ment advisor, I am held

to fiduciary obligation

when working with my

clients. I have stated in

the past that you should

ask your current advi-

sor if they are working

for you as a fiduciary as

opposed to working for

their firm. If they say yes

that they are working for

you as a fiduciary, ask

As a registered invest-

Florida, making many new friends. When Mil-

Company or the charity of your choice.

### **Mark on the Markets** Hidden gems



BY MARK PATTERSON Contributing Writer

Hidden gems refer to fees that your broker or advisors firm may be charging you without you and maybe even sometimes your advisor's knowledge.

Typically, when a new or prospective client and I meet, we talk about objectives, their needs and purpose for their investable assets and financial future. Then, we will do a forensic analysis of their current investment portfolio. The hidden gems that I find are usually in the client's current advisor's disclosure docu-

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ments that I simply pull for it in writing. I have off the Internet. In other talked to financial adwords, the documents are visors who believe that available to anybody who the list of funds that they cares to look. The first can choose from is just a list of good funds, not thing I look for in those disclosure documents is knowing their firm was something called "revelimiting them to funds nue-sharing," but have where the firm makes also seen it referred to as additional revenue from partnership programs. their "partners." Your This is where the current advisor may not broker dealer sells shelf be disingenuous about space, or promotes cerrevenue-sharing, but just

> their firm engages in it. So, you may say," it's not a lot of money, they need to make money as well." The point being, the brokerage firm or advisory that is collecting these revenue-sharing fees are not, in my opinion, doing what's best for the client, which is the essence of fiduciary. So, you may be placed into funds where your overall expense ratio is .80 basis points, when in fact a low-cost exchange traded fund at .04 basis points would have been a better choice for you, the client, but not the advisory firm or brokerage. So, you're paying for the asset managers or fund managers services, and that you may be paying a "relationship fee" to the advisor that often is over

may not be aware that

one percent of the value of the assets called their management fee. But they are not managing the assets, they are only managing the relationship with you.

Fees do not matter as much to the client when the markets are doing well as they have been. It is often not till the markets go flat or negative when the fees become a point of contention between the advisor, the firm and the client.

When I reveal the fees that the client is paying, all-in, to their current advisor, it is usually an eye-opening number for the client.

Possibly a more surprising situation for the client involves the potential risk to their portfolio from what they were told was a conservative portfolio mix. Market, interest rate and credit risk along with sequence of returns risk can pose a major threat to your financial future. If you want to learn more about these risks, contact my office.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com.

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# **Kierstead celebrates 10 years of snocross racing**

ALTON — It looked like a "fun thing to do" back in the winter of 2008-2009 at the age of seven. Fast-forward to today, where 16-yearold Tucker Kierstead of Alton hasn't missed a season of racing since. When that first flake of snow appears each year, Kierstead can't wait to fire up his race sled and hit the track.

From that very first race on his 120cc Ski-Doo, Kierstead has gained a wealth of knowledge and experience, both on and off the track, and the memories he has made over the years will last a lifetime. In the beginning, there was the fearful anticipation of the first crash, then the amazing exhilaration of the first win. The intim-



TUCKER KIERSTEAD at eight years old before his first 300cc race in 2009.

idation of transitioning to a more powerful race sled at a young age was soon replaced by the determination to dominate the race track. With each competition, the passion grew. Over the years, the challenges became more varied and intense, and

Kierstead's mental focus increased. Learning how to strategize became a crucial skill as he continued his drive to lead the pack. In the more recent years, he has incorporated physical training into his routine to provide the strength and stami-



TUCKER KIERSTEAD poses with his trophies back in 2012.

COURTESY PHOTO TUCKER (Right) **KIERSTEAD** flies through the air in Salamanca. N.Y. last winter.

na required to remain competitive at the higher levels of racing.

Through those years of highs and lows, and everything in between, Kierstead has never lost the passion and the excitement he felt the very first time he rode a snowmobile. Those experiences and that ambition will carry him in his 10th season of snocross, where he will compete in the Pro Lite class on his Arctic Cat race sled as a member of the Kislowski Racing Team. Come experience the thrill of

snocross, and join Kierstead at his first race of the season on Jan. 20 and 21 at Winchester Speedpark in Winchester. Details for this venue and the rest of Kierstead's race circuit can be found at www.EastCoastSnocross.com, where you can also watch all the events live. Kierstead, along with local sponsors Andrew's Marine Service and Eastern Propane, look forward to another great season of racing, making many memories along the way.

#### WORKSHOP (continued from Page A1)

about five people each. The groups wrote down a list of community resources and events that positively impact citizens, avoiding mentioning anything negative in the community. Alton Dance Academy, the Gilman Library and Oscar Foss Memorial Library, parks and recreation, the Barnstead Adventure Zone (BAZ), private and school-based athletics and music and theater in and out of schools were all identified as positive aspects of the communities. The focus was on elements of Alton and Barnstead, but public events and features of other surrounding towns were occasionally cited as well.

Once the groups came



A WORKSHOP was held last week at Prospect Mountain to work on ways to prevent substance abuse.

by the moderators and nities. consolidated, and a follow-up meeting will oc- being about prevention cur in order to discuss of unhealthy behaviors. things that are lacking in the community. The conversation started at the end of the Jan. 3 meeting. communication with and transportation being two major obstacles that are leading to low turnout to many events and programs in the commu-

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Despite the coalition

this have 'prevention' in the name?" she added.

Other participants

back together, some of the programs the individual groups identified were discussed.

Alton Central School science teacher Derek Pappaceno mentioned that many of the community school events are directed more toward younger children, and recommended changing that somehow, using the example of movie nights at ACS that younger students enjoy but older students don't typically attend, yet the older students need the guidance away from poor individual choices more.

The lists from each group will be reviewed there positivity was and optimism. "Small groups are capable of big things," said Kelly Sullivan, the director of the all-volunteer Alton Community Youth Activities program.

"This is all about prevention, but does any of

in the workshop also excitement expressed about the coalition. "It's so motivating," Maheu said.



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### **Dietitian offering program to help prevent diabetes**

WOLFEBORO — Has your doctor ever told you your blood sugars are a little too high? Do you have a family history of diabetes and want to learn how to limit your own risk? Are you over the age of 45 and overweight or inactive? If so, you might currently have, or be at risk for getting pre-diabetes. The Center for Disease Control has a quick quiz that you can take to deter-

### Legion hostingdinner to benefit End 68 Hours of Hunger

ALTON — American Legion family Post 72 in Alton is holding a benefit for End 68 Hours of Hunger on Jan. 20 from 5 to 8 p.m.

The menu will include an Angus roast beef

carve station with sides or half a baked chicken

with sides. There will be a raffle and door prizes and all proceeds will go to End 68 Hours of Hunger.

mine your risk. Here is the link: https://www. cdc.gov/diabetes/prevention.

Patty Walker, a Registered Dietitian and Certified Diabetes Educator has this to say, "Over 84 million Americans have pre-diabetes and less than 10 percent even know it. This is because it is often a silent Currently condition. one-third of adults have pre-diabetes, including 50 percent of persons over the age of 60."

Walker continues, "Too often little is done when a person has pre-diabetes. This is a tragedy as pre-diabetes can be a reversible condition, especially early on in diagnosis. Treatment is simple lifestyle changes. It's so common that a person is not offered help until they have diabetes. Ironically, the behavior changes are the same but now the client is often put on one or more medications, is told to check blood sugars and has lots of out of pocket expenses. It so much simpler to prevent diabetes in the first place."

Walker has made it her mission to reduce the incidence of diabetes by offering a fiveweek program entitled "Pre-Diabetes Bootcamp." The course helps participants identify their individual risk factors, provides weekly education on steps to improve them, offer group support and shopping lists. Participants in the trial group lost weight, increased their energy levels and lowered their fasting blood sugars. One participant exclaimed, "The Diabetes Bootcamp was the most life changing experience I ever had." Another participant offered, "Outstanding ed-

ucation with excellent outcomes."

The program meets weekly at Still Waters Health and Wellness Center at 6 Grove St. in Wolfeboro. The course is being offered on Tuesday nights starting Jan. 23 and ending Feb. 20 from 5:15 to 6:30 p.m.

Pre-registration is required. Participants can save with the early bird rate if payment is received one week before the course begins. Additional information can be found at www. ccdnwc.com. Please call Walker at 520-3176 to register.

### UKULELE

(continued from Page A1)

book can. Foss also has a lending telescope donated by the N.H. Astronomical Society and a number of museum vouchers that patrons can make use of.

According to the library web site, resources such as these are part of an overall strategy to, "provide open access to cultural, intellectual, and informative resources in order to inspire lifelong learning and support the development of well-informed and literate citizens and to serve as a welcoming and inclusive community meeting place."

To be sure, there are few sounds after a blizzard as welcoming as that of a bunch of ukuleles.

While there were lender ukes on hand, most attendees brought their own. The Baysider brought our own so we could join in - of course, between jotting down some notes for this piece. (Okay, so the Baysider doesn't own a uke, but a contributing writer had one kicking around).

Early arrivals used electronic tuners to get their ukuleles prac-

mer, organ and the accordion - as well as the ukulele.

"It's a fun and fairly easy instrument to learn," Epstein said at the outset as he began walking attendees through a brief printed handout.

He noted that there are many different variations advanced students can pursue en-route to mastery. During a few introductory remarks, he stressed, however, that this hour-long session would be "devoted to introducing you to some of the basic elements that you can build on during your own time."

His statement seemed to echo the library's mission to set community members on a trajectory toward lifelong learning and enrichment.

He said that a benefit of the nylon-stringed ukulele is that it's "a little more forgiving" than steel-stringed instruments, which can cause severe discomfort to beginners' fingertips. "It does take a little time for the callouses to develop - after a while, they will help you play for longer without the discomfort."

Epstein next described the anatomy of the ukule-



LOCAL RESIDENTS recently took the opportunity to learn the basics of the ukulele last Saturday at an hour-long workshop held at the Oscar Foss Memorial Library - the latest in an o ngoing series of educational and enrichment programs. Left to right, Summer Boudreau, Beverly Murdough, Rhonda Armstrong, Rebecca Cowser, Teresa Taylor, Carole Gadomski and workshop instructor Mel Epstein.

play."

Having gotten some pro forma topics covered, it was now time for participants to learn some basic fretwork, strumming, and plucking techniques. Participants were told they would leave the hour-long session knowing some simple notes and a few basic chords that would allow them to play an entire song.

Epstein noted that not being able to read sheet music is often a barrier for budding musicians. He opted instead to introduce Saturday's students to an alternative method called tablature - or TAB. This method visually inscribes music in a way that allows non-readers to see where to place their fingers on the fretboard to sound pitches and construct chords. For example, the ukulele is a four-stringed instrument. A ukulele TAB displays four lines, each corresponding to a single string on the instrument. So if a tune required the player to sound the second fret on a certain string, the printed TAB would visually display a number two on the corresponding string.

played some proficiency in putting it into practice. Having learned how

to decode a tune's melody through this TAB method, Epstein introduced the group to a classic Hawaiian ballad titled "Aloha Oe," which translates to "Farewell to Thee." Anyone who's ever heard a song from the islands would recognize the melody immediately. (Readers might be most familiar with Elvis' version from 1961's Blue Hawaii - he sings it after islanders pull the King from the ocean into their canoe).

Epstein walked the atsure, through the 16-bar song. After playing a recorded version on a Mac to orient his plucky students who were fretful at first, they were on their way to becoming fretmasters with some additional practice.

measures, Epstein talked a little about the history of "Aloha Oe" - an 1878 tune students were introduced to as they got acquainted with their ukes.

While the Baysider was plugging away at mastering a D7 chord, Epstein referred to a handout that read, "The song was inspired by a notable farewell embrace given by Col. James Harbottle Boyd during a horseback trip taken by Princess Liliuokalani, on the windward side of Oahu." Boyd served the British Crown and was of mixed Scottish and Hawaiian heritage. According to local lore, members of the princess' party, loyal to Boyd, hummed the tune on their return journey.

While a foray into Hawaiian history provided some good musicological context, the brief session remained focused on the technical fundamentals fingering, plucking, and fretwork.

An inscription at the top of the TAB distributed to students indicated the piece should be played "tenderly," suggesting a slow, perhaps mildly-languid tempo - a pace suggesting the tropendees, measure by mea- ical climes of the islands. As students mastered the tune, it created something of a sonic juxtaposition against the howlingly frigid winds outside. Throughout the workshop, Epstein's patient demeanor provided encouragement to his students - some of whom had some musical experience, though many were newcomers altogether. One student expressed some slight embarrassment at the amount of dust her uke gathered before the Oscar Foss workshop gave her an opportunity to pick it up. After becoming familiar with "Aloha Oe"'s melody-and how to sound it by plucking pitches on

the fingerboard, it was time to learn a handful of accompanying chords. One chord - the C Major - requires that only one finger be placed on a fret; still others require the player to assemble mild contortions of the left hand to make harmonic resonances possible.

The chord of C proved easy for all - it only requires one fretted finger. However, G, G7, D, and D7 proved more problematic - yet Epstein's patient approach and ability to work with groups of beginners prevailed as most mastered the more difficult fingerings of these chords.

"Practice and just playing around at home is important, so just keep it up," Epstein urged as the Foss neared its 1 p.m. Saturday closing time.

With the sounds of the Hawaiian Isles still fresh in their heads and the pride of learning a new skill, attendees were either picked up by parents in toasty vehicles or braved arctic gusts to sit in in their frigid cars as they warmed up. Although thousands of miles from the lush Trade Winds of the Pacific, the Oscar Foss program generated a warmth and energy that propelled a dozen local folks on the path to becoming a musician. Epstein's web site is www.melepsteinmusic. com where he provides additional information about his services and credentials. In addition to offering lessons for a wide variety of instruments, he also publishes instructional booklets to help students learn on their own - and in between lessons. Information about upcoming library events like a family movie night and the youth STEM program at Oscar Foss can be found at www.oscarfoss.org.

tice-ready. (These instruments use nylon strings, which are more prone to stretching and going flat than the steel and brass strings, more common on guitars, banjos, and mandolins).

The workshop was led by Barnstead's own Mel Epstein, who's been a music instructor for decades. As a multi-instrumentalist, he's offered instruction for piano, guitar, violin, harmonica bass, hammered dulci-

le, pointing out features like the headstock, neck. and frets.

After having established a common vocabulary, Epstein next demonstrated the proper way to hold the ukulele. He stressed good posture as a way to have one's plucking and fretting hands in proper position. The instructor likened a proper fret-hand technique to a "relaxed claw that can apply pressure to the frets you want to

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While a new notion for most of the attendees, everyone seemed to grasp the TAB concept and dis-

### SNOW

(continued from Page A1) weather has taken on the town budget.

A dd in equipment a vehicle costs of \$20,180.31 and you have a total of \$ 42,185.71 to plow all roads in New Durham a total of 14 times with e ach plow route taki ng approximately 2.5 hours each. He said the town has 11 miles dirt, 43 miles paved roads to



As the nascent ukuleleists individually gained mastery over each measure, he introduced students to each additional passage.

"Okay, I think most of you have the basics down," Epstein observed at about the half-way point of the workshop.

As the group alternated between whole-group demos and time for individual practice of specific

H e estimated that

the highway budget re-

flects approximately 43

percent being used for

s now and ice, and the

r emaining 57 percent

f or highway mainte-

n ance. The past three

weeks' weather events

t hrough the holiday

s eason have used ap-

p roximately 11.5 per-

c ent of the snow ice

maintain.

budget.

H ighway budgets a re primarily influe nced by Mother Nat ure and providing resident and emergency services a safe roadway network to travel, he said.

А lton Highway Agent Ken Roberts said to keep their 89 miles of town roads cleared it racked up 85 hours of overtime in December, and they are halfway through their salt pile. He thinks they could possibly run out before the end of winter.

He said he just ordered another 120 tons of salt and is now ord ering 120 tons every two to three weeks.

He hopes the worst of clearing roads may

c alm down from the sun and warmer weather this week.

L ate Tuesday he said his crews were out on the road clearing for the rain expected later this week, and are punching holes in the snowbanks so they can divert the water off the roads as soon as possible and into the ditches.

P olice Chief Ryan H eath said while his t own had multiple vehicles slide off the road t here were no signific ant injuries reported. H e said most people had enough warning to make plans to stay off the roads, adding that even the police had long er response times to minor slideoffs because of the reduced visibility.

# The weather (what else?), and killing the pups' parents

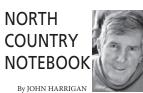
There's a lot of carping (and not just from people who drill holes in the ice) when the temperature gets down to 20 and then 25 below. It did so during the last several days. We're not talking "wind chill" here, but the real deal.

When things get down to zero it all seems pretty much the same to me, meaning that in my experience there's not a whole lot of difference between minus 5 and minus 40.

Except with tools and machinery. Soon after I bought the Coös County Democrat in 1978, the region experienced some of the colder weather ever recorded in its history. It was 48 below one early morning, a Wednesday as I recall, and local thermometers read 50 below the next morning.

I'm sure to get mail on this, and that's why I wrote "local thermometers," which are hardly ever in synch with official temperatures for the region.

At the time I had an



tank-like older-model, Toyota Land Cruiser, and I removed the battery the afternoon before that first cold night, to keep it warm and ready. When I put it back in on that 48-below morning, first one wrench and then another snapped in two. And the battery got the old Scout started all right, but I couldn't move it because the grease in the wheels had frozen to the likeness of peanut butter.

+++++

A major move is being made to get Fish and Game to treat coyotes at least as fairly as it treats other furbearers. This would mean no killing during denning season, except of course for problem animals, as is commonly the case. The killing of parents is particularly cruel, peti-



ONE heart-warming part of this scene (you have to look way right to see it) is the snow curling around the edge of the hay barn roof, a sign that the sun is climbing higher every day.

tioners say, because it consigns the pups to a long and slow death by starvation.

"The relentless and needless recreational killing of coyotes needs to stop," the petition states. "Other furbearers have closed hunting seasons. It is well-known, and an accepted fact, that coyotes are important members of our eco-system and they should be given a break from hunting as other wildlife species are given."

The petition, being advanced by Voices of Wildlife, is the organization's second attempt to protect coyotes during the denning season. It is open season year-round on this creature, which has occupied the niche left vacant by the eradication of the wolf.

And as for that "recreational killing" business, yes, Virginia, we allow coyote killing contests in New Hampshire.

#### ++++

"Absurd" and "ludicrous" are two of the words that came to mind the other day when I was pulling shades to shield the living room from the bright sun.

JOHN HARRIGAN

Why? Because here we were, coming off a spate of 25 below zero weather, and here I was, blocking the warming rays of the sun so I could watch the Sunday talk shows.

#### +++++

In the weather vein, two thoughts: When people who have been around for a while talk about how cold it got last night, they're apt to be talking about the raw, unvarnished figure, the actual temperature. "Wind chill" (not to diminish its seriousness) is a product of TV weather hype.

"How much snow you got?" is a frequent question when someone calls me up from outside the region. My half-kidding reply is often "Ask my neighbors," because I'm on top of a ridge, and my snow blows off to Maine.

This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.



### wolfeboro friends of MUS

### Pet of the Week

LACONIA—Pets simply want to just be with their owners. Sitting in laps, cuddling, providing quiet, non-judgmental companionship.

They are always there even as owners weather the storms of their lives. Buddy, aged about 10 years, has been a good cat.

His original owner fell upon very hard times and brought him to the New Hampshire Humane Society. They placed Buddy in a wonderful home - but the change of pace was difficult for him, he may have mourned his previous comfy, cozy life since adjusting to a more lively household with children proved to be a difficult transition. Buddy was returned in June. Seven months later, he still awaits a permanent home. Such a handsome, sturdy, grey and white boy simply should not have been overlooked for so long. Buddy is quiet and reserved. He prefers not to indulge in the social scene with the other cats, not because he is unfriendly, he is just so terribly sad. His prior home said he was a wonderful sweet lap cat. Imagine what his perspective is now – and his favorite toy – a Santa Claus treat toy, is nohwere in sight. He was nice all year, but did not get what must have been on his wish





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year off properly, with people who will love him

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# SPORTS

THURSDAY, JANUARY 11, 2018

THE BAYSIDER

#### **SECTION B, PAGE 1**





TOMMY HOWLETT runs during the 600 meters at UNH on Jan. 7.

ASHLYN DALRYMPLE breaks from the block in the 55 meters on Jan. 7 at UNH.

# Howlett snags win at UNH meet

**BY JOSHUA SPAULDING** Sports Editor

### WHAT'S ON TAP

As the new year continues in full swing, the local high school teams continue with a full slate of activity.

The Prospect Mountain and Kingswood alpine teams will be competing at Cranmore in North Conway on Friday, Jan. 12, at 9:30 a.m. Prospect Mountain will also be at Sunapee at 1 p.m. on Tuesday, Jan. 16.

The Timber Wolf boys' basketball team will be hosting Sanborn at 6 p.m. today, Jan. 11.

The Prospect Mountain hoop girls will be at Sanborn for a 7 p.m. game on Friday, Jan. 12, and will be hosting Campbell at 6 p.m. on Thurs-

DURHAM — Three members of the Prospect Mountain indoor track team traveled to Durham on Saturday, Dec. 30, for a meet at the University of New Hampshire.

The highlight of the day was Tommy Howlett in the 600 meters, as he ran to first place overall in a time of 1:37.84.

Ashlyn Dalrymple ran to 18th place in the 55 meters in a time of 9.04 seconds and also finished in 16th place in the 300 meters in a time of 57.34 seconds.

Anna DeRoche ran to 21st overall in the 1,000 meters with a time of 4:23.34.



NATE CORMIER competes in the 1,000 meters on Jan. 7 at UNH.

The Timber Wolves also had three athletes UNH on Sunday, Jan. 7.

compete at a meet held at

Howlett finished in third place overall

JOSHUA SPAULDING

behind a pair of Portsmouth runners in the 600 meters, crossing with a time of 1:34.64.

Nate Cormier competed in the 1,000 meters and finished in 15th place overall with a time of 3:24.04.

Dalrymple ran to a time of 9.14 seconds in the 55 meters for 22nd place overall and in the 300 meters, she set a new personal best in 54.54 seconds for 13th place overall.

The Timber Wolves are set to be back in action on Jan. 21 at UNH.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

### **Slow start dooms Timber Wolf girls**

#### **BY JOSHUA SPAULDING** Sports Editor

the first 16 minutes.

ALTON — The re- press, but we turned the opening eight minutes. turn to regular season ball over after we got The visitors hit the first

ly well, including four "We broke their three-pointers in the action didn't go quite past half court," coach two long balls to get out to a 6-0 lead before a Mackenzie Burke rebound and hoop got the Timber Wolves on the board. Gilford responded to the Timber Wolf basket with a 10-0 run that increased the lead to 16-2, with a pair of three-pointers included in the run. Ali Brown got a basket for the Timber Wolves and Gilford answered with a basket as SEE HOOPS, PAGE B10



day, Jan. 18.

The unified basketball Timber Wolves will be at Oyster River for a 4 p.m. game on Friday, Jan. 12 and will host Berlin at 3:30 p.m. on Tuesday, Jan. 16.

The Kingswood boys' hockey team will be hosting St. Thomas at 7 p.m. on SEE ON TAP, PAGE B3

as well as planned for the Prospect Mountain girls' basketball team, as the Timber Wolves fell behind early to Gilford on Friday, Jan. 5, and dropped a 55-34 to the Golden Eagles.

Turnovers were the difference in the game, particularly in the first half, as the Timber Wolves turned the ball over almost 20 times in Rick Burley said. "We turned it over in the half-court set with bad passes.

"The big difference in the game was we didn't score points in the first half," the Timber Wolf coach added. "We lost possessions and we weren't scoring."

The Golden Eagles helped their own cause out of the gate in the first half, as they shot the ball extreme-

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The Perfect Pick Me Up



JOSHUA SPAULDING TIFFANY WHITE puts up a shot over Gilford pressure in action Friday, Jan. 5.



Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news









JOSHUA SPAULDING ALEX TESSIER ducks around the Dover defense on his way to scoring two of his 21 points on Jan. 3.

BRAYDEN GRUSZEWSKI drives to the basket in action against Dover on Jan. 3.

JOSHUA SPAULDING

Wednesday, Jan. 17,

with a 3:30 p.m. start at

KRHS 2-8-10-8-16-44

DHS 10-2-2-10-4-26

Kingswood 44

1-0-3, Tessier 10-0-21, He-

bert 2-0-4, Sargent 3-0-6,

Perkins 3-0-7, Totals 20-

Dover 26

gkun 2-0-4, Mace 5-0-10,

Nelson 2-0-4, Totals 13-0-

be reached at 279-4516,

ext. 155 or josh@salmon-

Goodell 4-0-8, Lumon-

Joshua Spaulding can

Foy 1-0-3, Gruszewski

Kennett.

0-44

26

ANDREW CRAY fires a shot during his team's win over Dover on Jan. 3.

### **Unified Knights roll over Green Wave in opener**

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — After a slow start, the Kingswood unified hoop team came to life behind a big afternoon from Alex Tessier and defeated Dover by a 44-26 in the opening game of the season on Wednesday, Jan. 3.

Out of the gate, it was all Green Wave, as Dover scored the first six points and 10 of the first 12. The visitors got out to the 6-0 lead before Talin Sargent got the Knights

on the board with their first hoop of the season. Dover responded by hitting the next two hoops and the visitors took a 10-2 lead to the end of the first quarter.

The second quarter belonged to Kingswood, as the Knights scored the first eight points of the quarter to pull even. Sargent hit the first two baskets for the Knights and then Tessier hit his first hoop to get the Knights to within two at

hit a hoop to tie the game at 10 before Dover got the final hoop of the half and took the 12-10 lead to the halftime break.

The Knights held the visitors to just two points in the third quarter as well while scoring 10 points of their own. Teessier hit back-toback buckets to get the quarter started and then Tyler Perkins drilled a three from near halfcourt. Michael Foy added a three-pointer as 10-8. Christa Hebert then well and Kingswood's

lead was 20-12 before Dover got the final basket of the frame and the score stood at 20-14 heading to the fourth quarter with Kingswood in the lead.

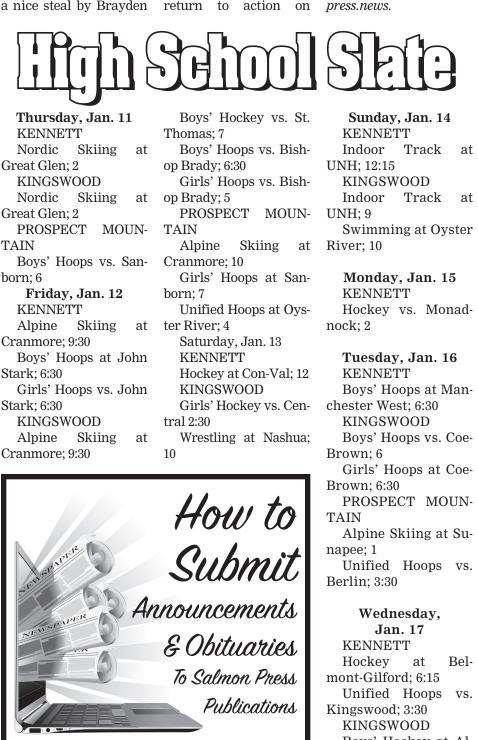
Dover got the first basket of the fourth quarter to get the visitors to within four but Tessier came back with a pair of hoops to get the Knights up 24-16. After another Green Wave hoop, Tessier drained another shot for the Knights. Dover answered with a basket but Tessier finished off a nice feed from Andrew Cray to make it 28-20. Dover got the final hoop of the quarter, thanks to a nice steal by Brayden

Gruszewski in the final minute to make it 28-22 after four quarters.

The teams decided to play one more quarter and Tessier and Perkins got the first two hoops of the extra frame to stretch the lead to 32-22. Tessier added another hoop and a three-pointer and Perkins drilled another three-pointer, while Gruszewski also drained a three-pointer in the extra frame and Hebert put in a hoop.

Tessier finished with 21 points to lead the way for the Knights on the evening.

The Knights will return to action on



Abenaki searching for lacrosse coaches

WOLFEBORO — Abenaki Youth Lacrosse is in search of coaches for the 2018 season. The season runs from early April to late June. Practices are twice per week, and games are on Sundays. Players range from first through eighth grade. Coaches are needed for all levels, particularly for the girls' teams. Abenaki will pay for all coaches to become a US Lacrosse certified coach. If interested, please e-mail abenakilacrosse@gmail.com.

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Seals: C.R - Scott Seal Wheel Cilers Speedi Sleeve National	Tires: Michelin, Remington Toyo, Hankook Cooper, Bandag	Hose & Fittings: Weatherhead Gates Fisher Snowplows & Parts

Great Glen; 2 TAIN born; 6 Cranmore; 9:30 Stark; 6:30 Stark; 6:30

Boys' Hockey at Alvirne; 5:50 Boys' Hoops at Hanover; 6 Girls' Hockey at Berlin; 6 Girls' Hoops vs. Hanover; 6 Unified Hoops at Kennett; 3:30 Thursday, Jan. 18

**KINGSWOOD** Nordic Skiing at White Mountains; 2:30 PROSPECT MOUN-TAIN Girls' Hoops vs. Campbell; 6

**Obituaries** and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. **Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

### **Bobcats pull away, beat Knights for first win**

BY JOSHUA SPAULDING Sports Editor

PLYMOUTH — It seemed that both teams were seeking to make it ugly for the other side when the Plymouth and Kingswood hoop boys returned to regular season action on Jan. 2 in Plymouth.

And even in ugly games, there will be a winner and the Bobcats were able to pick up their first win of the season with a 63-50 win over the Knights.

"The way we're playing this year, we're going to turn games ugly for both teams," said Plymouth coach Mike Sullivan. "But they were trying to do the same thing to us.

"We were able to speed them up and they took some quick shots," said Sullivan. "We got going in transition and had some buckets."

"We missed a lot of stuff that needs to go in," said Kingswood coach Dan Place. "We didn't handle their 1-3-1 well in the first half.

"But still, some of those shots have to fall," Place added. "And they'll fall."

The first quarter was back and forth the entire way with neither team able to build much of a lead.

A Jake Lamb hoop and a Jordan Docen free throw got Plymouth out to a 3-0 lead before Matt Place of Kingswood drilled a three-pointer to tie the game at three. Mike Hogan came back with a hoop for Plymouth but Russ Lucia responded with a corner three for Kingswood to give the



JOSHUA SPAULDING

KINGSWOOD'S Matt Place leaps for a rebound between Plymouth's Owen Brickley and Colby Moore during action on Jan. 2.

Knights the 6-5 lead.

Plymouth's Nick Qualey answered with a three-pointer and Docen hit a hoop to give the Bobcats a 10-6 lead before Place drilled another three-pointer to pull the Knights to within one. A Richard Curran basket gave Kingswood an 11-10 lead but Plymouth hit the final two baskets of the quarter, with Colby Moore and Qualey getting the hoops and Plymouth led 14-11 after one quarter.

Josh Duntley finished off a nice feed from Erik Madden to give Kingswood the lead out of the gate in the second quarter but Docen and Qualey followed with baskets for the Bobcats. A Lucia basket pulled Kingswood within three at 18-15 but Qualey drilled a three-pointer to give Plymouth the 21-15 lead.

Tim Lemay finished off his own steal to get things back on track for the Knights but Plymouth finished out the quarter on a 10-3 run to open the lead. Moore had three baskets, Qualey added one and Owen Brickley had one to pace the Bobcat scoring and Curran had a hoop for the Knights and Lemay added a free throw to make it 31-20 for the Bobcats at the halftime break.

Three-pointers were the name of the game out of the gate in the third quarter, as Danny Carey



JOSH DUNTLEY soars to the hoop in action against Plymouth on Jan. 2.

hit one for Plymouth and Place and Duntley each hit one for Kingswood to cut the lead to 34-26.

However, Docen came back with a bucket inside, Qualey converted a three-point play and Carey drilled a basket to push Plymouth to the 41-26 lead.

Duntley came back with three hoops in a row for the Knights, including one off of a Lemay steal but Brickley ended the Knight run with a three-pointer. Lucia had a hoop for the Knights and Docen hit a free throw to finish out the quarter with a 45-34 lead for Plymouth.

Duntley opened the fourth quarter with a hoop for Kingswood and

Brickley followed with a hoop for the Bobcats. Madden and Duntley hit back-to-back hoops to cut the lead to just seven with 6:10 to go in the game.

The Bobcats used a 7-0 run to open the lead back up, with Moore and Qualey hitting hoops and Lamb hitting a free throw then finishing a steal for the 52-40 lead.

Liam Morrissey got a hoop for Kingswood but Docen answered with one for the hosts. Morrissey followed with four free throws sandwiched around a Brickley free throw. Qualey and Carey each hit two free throws and Jackson Palombo added a hoop for the Bobcats to make it 6346. Duntley hit four free throws down the stretch to finish out the 63-50 final.

Qualey and Duntley each finished with 19 points to lead their respective teams, while Moore and Docen added 10 each for the Bobcats and Place added nine for Kingswood.

"I was disappointed in the way we attacked their pressure in the first half," Sullivan said, but noted that improved in the second half.

He also noted that the spread out scoring is something that should be consistent throughout the season.

"Playing 10 guys this year, the scoring will be spread out," Sullivan stated. "We try to wear teams down a little.

"Last year we averaged 49 points a game and this year we're at 63, 61 and 56," Sullivan said. "Our scoring is up a little, so it's nice to see the guys play with a little more confidence.

"This is a step in the right direction for us," the Bobcat coach added.

"They hit their open shots," Place said of the Bobcats. "We did OK on the glass, but we've got to make a shot or two.

"I give them (Plymouth) a lot of credit," Place continued. "They're a senior and junior team, they've played together for a long time.

"They're going to beat some teams I think," the Knight coach added.

Plymouth continued its week with a 56-53 win over Goffstown while Kingswood lost to Timberlane 72-67.

Kingswood returns to action on Friday, Jan. 12, hosting Bishop Brady at 6:30 p.m. On Tuesday, Jan. 16, the Knights host Coe-Brown at 6 p.m. and visits Hanover at 6 p.m. on Wednesday, Jan. 17.

### Knights knock off Plymouth and Timberlane

BY JOSHUA SPAULDING Sports Editor WOLFEBORO —

The Knights were led by a career game from Af- Amanda Lapar, who poured in 27 points, pulled down 16 rebounds and added three steals and three blocks. Senior Meghan Lapar also had a pretty solid day for the Knights, as she had 11 points, nine rebound and five steals. Eliza Brault had 14 points, grabbed 12 rebounds and added four assists, seven steals and two blocks. Ashtyn Cameron added eight points and seven rebounds.



The Knight coach is hopeful that the return to regular season action was a return to form for his team after a tough stretch. "I think we have turned the corner," he said. "We've got a lot of things to work on, obviously, but I think we're going to do very well down the stretch." The Knights will be returning to action on Friday, Jan. 12, playing in the first game of a varsity doubleheader with the Knight boys, with a game time of 5 p.m. On Tuesday, Jan. 16, the Knights will visit Coe-Brown at 6:30 p.m. and will return home on Wednesday, Jan. 17, for a 6 p.m. game with Hanover.

ter a disappointing performance at the Lakes Region Holiday Hoop Tournament, the Kingswood hoop girls came back to the regular season quite nicely, picking up a pair of wins in the first week of January.

"We had a very good week," coach Dan Chick pointed out. "I was very pleased with the way everyone played."

The Knights returned to regular season action on Tuesday, Jan. 2, playing host to rival Plymouth and picked up a 69-51 win over the Bobcats.

Chick noted that it was a solid team effort across the board with some great individual performances mixed in. Sophomore Grace Saunders got her first varsity start and finished with six points, eight rebounds and two assists.

The Knights took a trip to Plaistow on Friday, Jan. 5, and avenged

### **ON TAP**

CONTINUED FROM PAGE B1

Friday, Jan. 12 and will visit Alvirne for a 5:50 p.m. game on Wednesday, Jan. 17.

The Knight hockey girls will be hosting Manchester Central at 2:30 p.m. on Saturday, Jan. 13, and will be at Berlin for a 6 p.m. game on Wednesday, Jan. 17.

The Kingswood hoop teams will be hosting a doubleheader with Bishop Brady on Friday, Jan. 12, with the girls at 5 p.m. and the boys at 6:30 p.m. The Knight boys will host Coe-Brown at 6 p.m. on Tuesday, Jan. 16, and will visit Hanover at 6 p.m. on Wednesday, Jan. 17, and the girls will be at Coe-Brown at 6:30 p.m. on Tuesday, Jan. 16, and will be hosting Hanover at 6 p.m. on Wednesday, Jan. 17.

The Knight wrestlers will be at Nashua for a 10 a.m. meet on Saturday, Jan. 13.

The Kingswood indoor track team will be at UNH on Sunday, Jan. 14, at 9 a.m.

The Knight swimmers will be at Oyster River for a 10 a.m. meet on Sunday, Jan. 14.

The unified hoop Knights will be at Kennett at 3:30 p.m. on Wednesday, Jan. 17.

The Kingswood Nordic ski team will be on the road at Great Glen today, Jan. 11, at 2 p.m. and White Mountains at 2:30 p.m. on Thursday, Jan. 18.

JOSHUA SPAULDING AMANDA LAPAR had two big games for the Kingswood hoop girls in return to regular season action last week.

an early season loss to the Timberlane Owls, picking up a 43-29 win.

The Knights got out to a quick lead and never looked back, with strong defensive play causing turnovers that the Knights were able to turn into points.

Rachel Bonneau led the way for the Knight girls, as she picked up 12 points and Brault and Amanda Lapar each scored 11 points. The Knights had another strong night on the boards, as Amanda Lapar pulled down 13 rebounds, Meghan Lapar added eight and Brault had six boards. Brault also had five steals and Meghan Lapar had four steals.

"Amanda had a great week, she did a lot of good things," Chick stated. "And Meghan was working hard, hustling and doing some great things. And really, everybody did their job." Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Plymouth will be hosting Lebanon on Friday, Jan. 12, at 6 p.m. and will be hosting John Stark at 6:30 p.m. on Tuesday, Jan. 16.

#### PRHS 14-17-14-18-63 KRHS 11-9-14-16-50

#### Plymouth 63

Qualey 7-3-19, Moore 4-0-8, Hogan 1-0-2, Carey 2-2-7, Lamb 2-1-5, Brickley 3-1-6, Docen 4-2-10, Palombo 1-0-2, Totals 24-9-63

#### **Kingswood 50**

Curran 2-0-4, Duntley 7-4-19, Madden 1-0-2, Lucia 3-0-7, Morrissey 1-4-6, Lemay 1-1-3, Place 3-0-9, Totals 18-9-50

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



### Come chuck a puck at Pop Whalen this weekend

WOLFEBORO — The Brewster Academy Best Buddies Club will be presenting two opportunities to chuck a puck during Brewster hockey games this weekend at the Pop Whalen Arena. The chuck a puck will take place during the second period of the boys' varsity hockey game on Friday, Jan. 12, at 4 p.m. and again during the second period of the girls' varsity hockey game on Saturday, Jan. 13, at 7 p.m.

The proceeds from the \$1 fee go to support the Best Buddies program, which works to promote friendship between differently-abled people.

### *Learn to skate program benefits Best Buddies*

WOLFEBORO — The Brewster Academy Best Buddies Club and the Brewster varsity ice hockey teams will be presenting a learn to skate session at the Pop Whalen Ice Arena in Wolfeboro on Sunday, Jan. 14, from noon to 2 p.m.

The session is open to people of any age, even if you already know how to skate and pro-

ceeds from the \$10 fee go to support the Best Buddies program, which works to promote friendship between differently-abled people.

Those attending are asked to bring a helmet and skates, though skate rentals will be available.



RICHARD CURRAN drives the basket in holiday tournament

JOSHUA SPAULDING

LIAM MORRISSEY puts up a shot against pressure from Belmont in holiday hoop tournament action on Dec. 29.

### **Knights fall in tournament finals**

action in Gilford.

BY JOSHUA SPAULDING Sports Editor

GILFORD — For the second year in a row, the Kingswood and Belmont boys' hoops teams met in the finals of the Lakes Region Holiday Hoop Tournament on Dec. 29.

The 2016 tournament finals went to three overtimes but the 2017 proved to be a bit less dramatic, as Belmont pulled away late in the third quarter and cruised to a 62-35 win over the Knights.

"We've got to find a way to score," said coach Dan Place. "We're not going to beat anyone doing that.

"They (Belmont) played aggressively and challenged shots but I don't think we're that bad," Place continued. "Quality shots, that's what we talked about. We have to take better shots than that."

Belmont scored the first two points of the game but Matt Place answered with a three-pointer to give Kingswood the lead. After a Belmont hoop gave them a one-point lead, Place drilled another three-pointer to put Kingswood up by two but then Belmont got its own three-pointer to take the lead back.

The back and forth continued, with Richard Curran hitting a pair of free throws but Belmont came back with a basket and took a 9-8 lead.

However, Josh Duntley finished out the quarter with a three-point play and Kingswood had the 11-9 lead after one quarter of play.

Belmont got the first two hoops of the second quarter before Davis Ekstrom got a hoop for the Knights to tie the game at 13. The Raiders followed with two more hoops but a Duntley hoop kept the Knights within two. Belmont got two more baskets to go up 21-15 but Place drilled his third three-pointer of the night to cut the lead to 21-18.

The Raiders were able to close out the first half with a hoop and two free throws to make it 25-18 heading to the halftime break. 46-28.

Duntley drained a three-pointer for the Knights to get the lead to 15 but then Belmont went on another run, scoring the next 11 points to stretch the lead to 57-31 with 2:35 to go.

JOSHUA SPAULDING

Ekstrom hit a three-pointer for the Knights and after a pair of Belmont hoops, Sam Cochrane hit a free throw for the final point of the night, wrapping up the 62-35 final.

Place led the way for Kingswood with 12 points on the night and Duntley added 11 points and both earned All-Tournament honors for their play in the three games.

"Rebounding is going to be a problem all year," Place said. "But the real season starts on Tuesday."

The Knights will be hosting Bishop Brady on Friday, Dec. 12, at 6:30 p.m., will be hosting Coe-Brown on Tuesday, Jan. 16, at 6 p.m. and will visit Hanover for a 6 p.m. game on Wednesday, Jan. 17.

### Hendrickson leaps her way to South Korea

PARK CITY, Utah ---Ski jumpers Michael Glasder (Cary, Ill.) and Sarah Hendrickson (Park City, Utah) ended up with two things in common after Sunday's (Dec. 31) Team USA Olympic Trials for ski jumping. Both came into the event to put on a smile and have fun. Now both are heading to PyeongChang. Glasder and Hendrickson each won against very balanced fields in a winnertake-all competition. The remainder of the Team USA ski jumping squad nominations will be announced the week of Jan. 22. A crowd of more than 7.000 packed the Utah Olympic Park - the largest attendance of any event at the Park since the 2002 Olympics, bringing the weekend to nearly 11,000 for the Olympic Trials, which were televised live on NBC. Both the men's and women's fields were among the tightest in history. Glasder took his win by a mere 1.4 points over Norge Ski Club teammate Kevin Bickner (Barrington, Ill.). Local favorite Will Rhoads (Park City, Utah) was third. All three went 97.5 meters or longer. Hendrickson, the only Olympian in the men's or women's field, took a solid win over Abby Ringquist (Park City Utah) with Nita Englund (Florence, Wis.) third. Nina Lussi (Lake Placid, N.Y.) was a strong fourth with the long ride of the day at 98.0 meters, crashing on her second and fi-



aches and pains and missed training days," she said. "I'm really happy with how I managed it mentally."

The high caliber of the U.S. women's field was a factor that weighed on Hendrickson and others coming into the winnertake-all event. "Honestly, we had five girls who could have won today - it was anybody's game," she said. "But you can't control what the others are doing. It was a difficult field today and I'm just glad I could compete today because four years ago I couldn't." As thousands of spectators flowed up to the Utah Olympic Park Sunday morning, it brought back memories for Hendrickson of the Olympics 16 years ago. "I remember when I was seven years old and walked up to watch the men's Olympic ski jumping event - that's when I fell in love with it. I'm a result of the 2002 Olympic legacy that Park City and Salt Lake City has continued to develop for young athletes." With his Olympic spot now confirmed, Glasder, who arrived late Friday afternoon from Europe, will return on New Year's Day to prepare for the final competitions of the prestigious Springertournee - the Four Hills Tournament. Hendrickson, meanwhile, will continue training at home in Park City before heading to the final World Cups before the Olympics in Japan.

US SKI AND SNOWBOARD – COURTESY PHOTO SARAH HENDRICKSON poses with her father, Bill, a Plymouth Regional High School graduate, at the US Olympic Trials on Dec. 31.

nal jump.

The women's field provided a pressure packed competition from the start. Jumping sixth in a nine-athlete women's field, Lussi ignited the competition with a 98.5 meter first jump - longest of the day - to take the early lead. Hendrickson was next going 97.5 but nailing the style to move in front. Ringquist and England came next, but could not match Hendrickson, who took a 6.3-point margin over Ringquist.

In the second round, Englund soared 96.0 meters to challenge. Lussi came back with another long jump at 97.0 meters but lost her footing on landing and crashed. She was taken from the venue and was being evaluated by medical personnel. After a lengthy delay, only Ringquist and Hendrickson were left to go.

Ringquist punched it out to 91.0 meters to move ahead of Englund. Then it all came down to Hendrickson, the 2013 World Champion who has battled surgery after surgery since a training crash in the summer of 2013. She pushed out and flew 93.5 meters, far from long ride of the day but nailing a perfect landing to win both rounds on style points.

Tears flowed freely as she experienced what was certainly her most gratifying win since she took World Championships in Val di Fiemme, Italy in 2013.

"I never really get the opportunity to jump in front of a home crowd," said Hendrickson. "For me, my goal was to have fun and smile today. When I got up today that was what I set my mind on. I love ski jumping and that's why we are all out here."

Hendrickson has endured years of pain and surgery since her 2013 training crash. And she had a rough opening to the World Cup season earlier in December. "When you show up on competition day you can't think about the The first three points

of the second half went to Belmont before Place drilled a three-pointer for the Knights and Erik Madden followed with his own three-pointer, cutting the lead to 28-24.

However, Belmont closed out the third quarter on a 10- run, stretching the lead from four to 14 at 38-24 heading to the final eight minutes.

Kingswood didn't go away, as the Knights scored the first four points of the fourth quarter on a Duntley threepoint play and a Russ Lucia free throw but Belmont went on an 8-0 run to open the lead back to KRHS 11-7-6-11-35 BHS 9-16-13-24-62

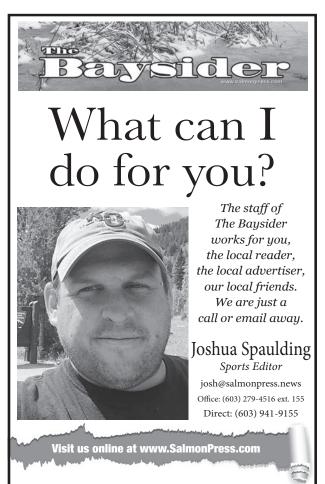
#### Kingswood 35

Curran 0-2-2, Ekstrom 2-0-5, Duntley 4-2-11, Madden 1-0-3, Lucia 0-1-1, Place 4-0-12, Cochrane 0-1-1, Totals 11-6-35

#### Belmont 62

Sottak 3-0-7, Embree 4-2-11, Sprague 1-0-2, Pluskis 6-5-20, Magerer 1-0-2, Gansert 3-2-8, Garrett 1-0-2, Thurber 4-0-8, Simonds 1-0-2, Totals 24-9-62

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress. news.







JOSHUA SPAULDING

HANNAH CHATIGNY (left) and Eileen McKenna both scored points in the 55-meter hurdles at Plymouth on Saturday.

### **Carpenter, Gosselin among winners** at Plymouth State meet

**BY JOSHUA SPAULDING** Sports Editor

PLYMOUTH — The Kingswood indoor track team had a solid performance in the first meet of 2018, held at the All Well North Center at Plymouth State University on Jan. 6.

The Knight boys finished third overall behind host Merrimack Valley and Campbell, while the Knight girls finished in fourth place behind Pelham, Coe-Brown and Merrimack Valley.

Most impressive for the Knight girls was that they accomplished the fourth place finish with just four girls competing on the day.

The lone win on the day for the Kingswood girls came from sophomore Caitlin Carpenter, who leaped a distance of 15 feet, 6.25 inches.

The Knights fared very well in the 55-meter hurdles, with Eileen McKenna in second in 10.5 seconds and Han-



CAITLIN CARPENTER bursts from the blocks at the start of the 55 meters on Saturday.



### One month and counting

I traditionally write this column on the Sunday before it comes out in the newspaper and this week is no different.

But looking at the calendar, the day after I wrote this (Jan. 8) marked one month until I was on a plane for South Korea (via Toronto).

I took a little time away from writing and editing on Sunday afternoon to send out an e-mail to my coworkers regarding my trip to the Winter Olympics and I wanted to keep them informed about some of the changes that might be made in the schedule for the two weeks that I am away.

First and foremost, I will be 14 hours ahead of everyone here on the east coast of the United States. In Sochi four years ago, I was nine hours ahead, which put a wrench into trying to meet deadlines. I imagine the 14-hour difference will also play a role in how I make deadlines.

I made the request to the writers who submit stuff to me to edit that they send in their stuff a little early so that I can avoid last minute problems. Traditionally, the North Country papers (Littleton, Lancaster, Berlin) are due first thing Monday morning and I put them together on Sunday afternoon, editing content from the three writers who cover that area. Since I will be 14 hours ahead, I am hoping that I can get everything in by noon here (2 a.m. in Korea) so I can work on it first thing in the morning when I wake up on Monday and have it all in the folders for our paginators by noon Korea time, meaning they can have access first thing on Monday morning. The same goes for the Lakes Region papers, which will hopefully have stuff submitted first thing Monday morning so I can put the pages together before I go to bed on Monday night in Korea. This worked out okay in Sochi (once I got used to the time difference) and I anticipate it going smooth-



ly this time around as well, internet willing of course.

There is a lot of planning going into this trip and with it now a month away, I have started to take a look at the sports schedule to plan out what I need to see. Women's ski jumping is certainly on the list since Sarah Hendrickson qualified for her second Olympics last week. I also anticipate having to see biathlon and alpine skiing events to hit up some local athletes.

Additionally, mv fraternity brother and fellow UNH Marching Band alum Lee Kelly is living in South Korea now and I am hoping to catch up with him while I am there, so I want to work that into my schedule.

There is some nervous anticipation on my part, but the credential sits on my desk and every time I glance down at it, there's a little excitement. I remember there being a bit of trepidation prior to Sochi but I had the time of my life on that trip and I'm hoping this ends up being much the same.

And a reminder to all readers, if there's an athlete with local connections who will be competing in Pyeongchang, please let me know so I can touch base with them while I'm there. E-mail me at josh@salmonpress. news with any information I might need.

Finally, have great dav Ted and Carol Bense.

nah Chatigny in fourth in 10.68 seconds in the preliminary round. In the finals, McKenna was third in 10.38 seconds and Chatigny finished in fourth in 10.62 seconds.

The 55-meter dash also saw Kingswood place two girls in the top five. In the preliminary round, Carpenter raced to fourth place overall in a time of 8.42 seconds and Elizabeth Morrison finished in seventh place in 8.36 Carpenter seconds. moved up to third in the finals in 8.22 seconds and Morrison moved up to fourth with a time of 8.26 seconds.

The strong performances continued for the Kingswood girls in the 300 meters, as Morrison ran to second place overall in a time of 48.05 seconds and Chatigny finished in third in 48.88 seconds.

The four Knight girls also teamed up to run the 4X200-meter relay, finishing in third place with a time of 2:02.75.

The Knight boys had a pair of wins on the day. Tucker Gosselin ran to a time of 7.05 seconds in the 55-meter dash preliminaries and then won the finals with a time of 7.02 seconds. Drew Roiter was 19th in 7.72 seconds in the preliminaries.

The Knight team of Brent Coope, Devan Wade, Jim Huckman JOSHUA SPAULDING

CHARLIE ARINELLO runs during the Kingswood indoor track team's meet at Plymouth on Saturday.

and Gosselin ran to first place in the 4X200-meter relay in a time of 1:42.72.

Hunter Montgomery finished second overall in the high jump with a leap of five feet, two inches.

Wade took fifth in the long jump with a leap of 18 feet, .75 inches and Montgomery leaped to seventh place at 16 feet, 8.25 inches. Roiter was 12th at 14 feet, .75 inches and Bradley Peluso finished 14th at 13 feet, 7.75 inches.

Rian Russo picked up a point in the shot put, tossing a distance of 34 feet, eight inches, with Kyle Diamond finishing 18th at 23 feet, 10 inches.

Coope ran to third place overall in the 1,000 meters with a time of 2:57.03, with Devin Holt earning a top-10 finish in 3:10.98, Jack Zarse in 14th in 3:18.84 and Adam Richardson in 17th place in 3:22.16.

Huckman finished in second place in the



300 meters in 40.48 seconds, with Wade placing fourth overall in 40.69 seconds.

Knight The 4X400-meter relay team of Charlie Arinello, Huckman, Coope and Joseph Wasson finished in fifth place in 4:06.34.

Peluso placed eighth in the 55-meter hurdles in a time of 11.97 seconds, while Arinello

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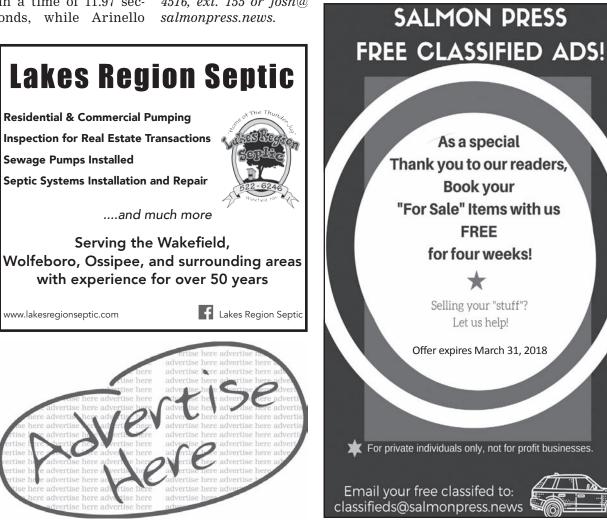
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finished 11th in the 600 meters in 1:41.81. Cannon Newbury placed 11th in the 3,000 meters in 13:18.09.

The Knights will be back in action at the University of New Hampshire on Sunday, Jan. 14, at 9 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress. news at 279-4516, or PO Box 729, Meredith, NH 03253.





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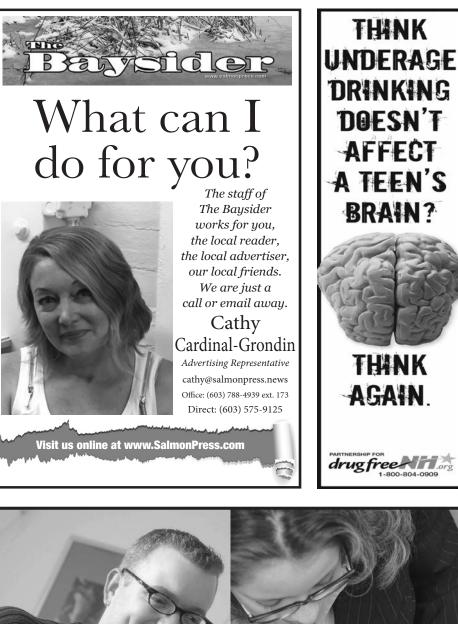
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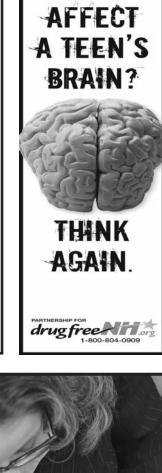
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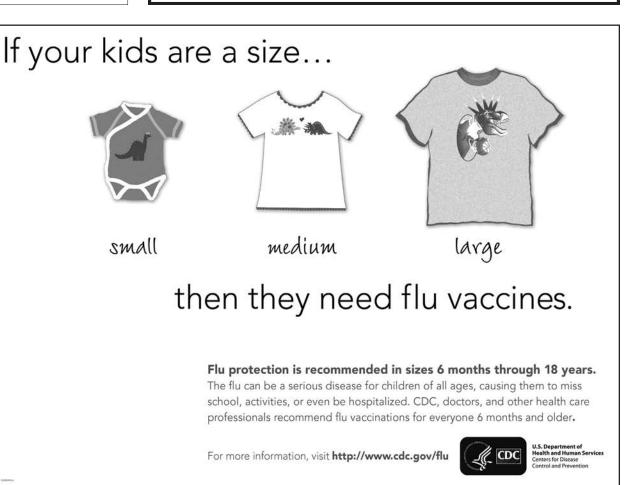
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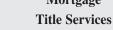


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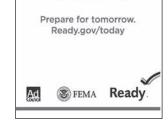






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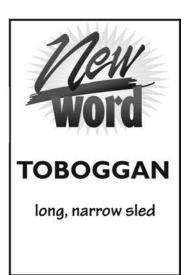




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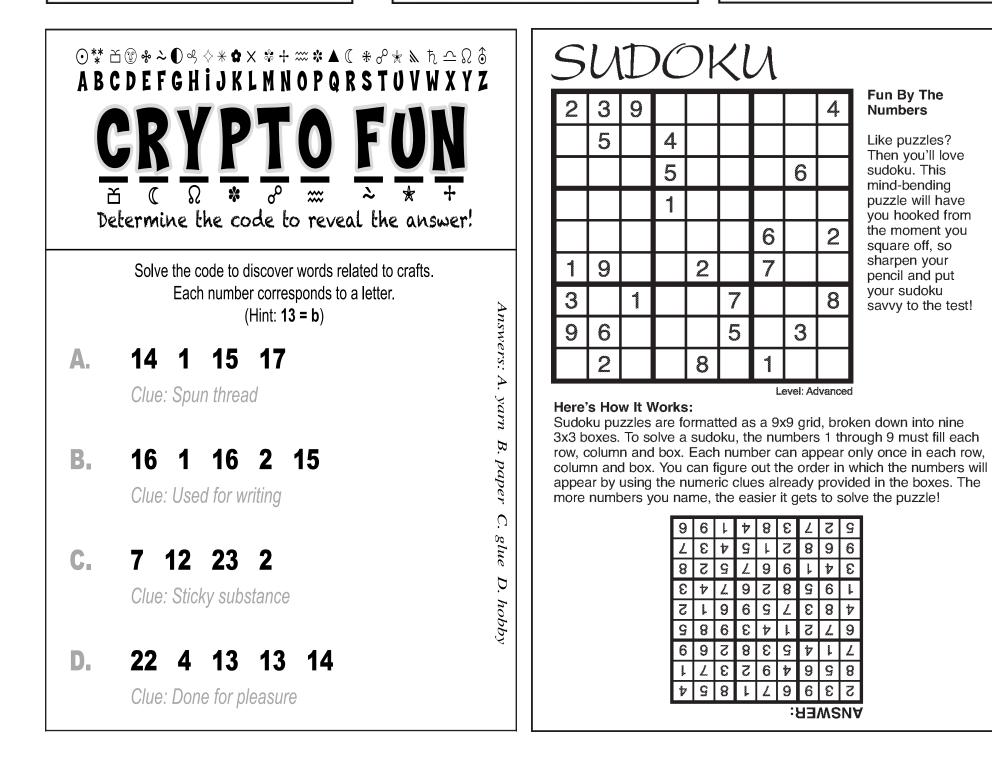
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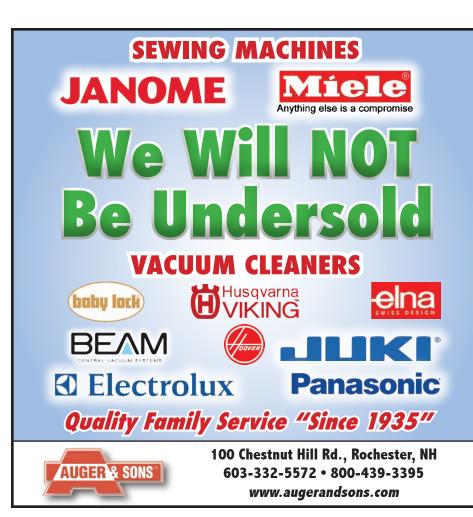


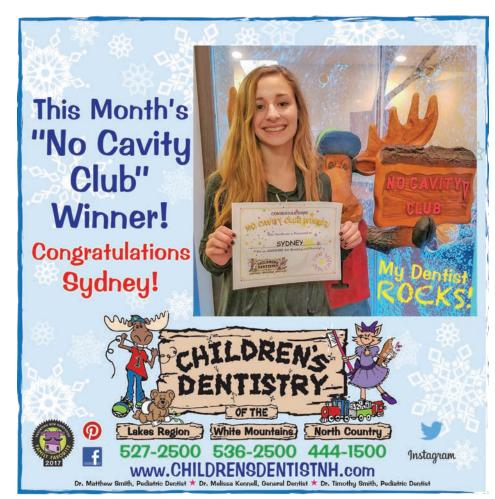


Can you guess what the bigger picture is?

ANSWER: DOG SLED









### Deadlines and the Olympics

MEREDITH — Sports Editor Joshua Spaulding will be covering the Winter Olympics in Pyeongchang, South Korea coming up in February.

Because of the time difference and the Olympic schedule, this will require a few deadline changes for a couple of weeks while he is out of the country. All sports items for the North Country papers (Littleton Courier, Coos County Democrat, Berlin Reporter) for the issues of Feb. 14 and Feb. 21 must be submitted by noon on the Sunday prior to publication.

All sports items for the Lakes Region papers for the issues of Feb. 15 and Feb. 22 must be received by 8 a.m. on the Monday prior to publication.

All items not received by these times may miss being included in that week's issue.

And a reminder, if you know of an Olympic athlete with local connections, send an e-mail to josh@salmonpress. news so we can hopefully catch up in Korea.

### Lakes Region Lacrosse registration is open

REGION — Registration for Lakes Region Lacrosse is open now through Feb. 28 for all interested athletes. Girls' and boys' teams for grades seventh/eighth, fifth/sixth, third/fourth and first/second are planned, offering a fast-paced spring sport. New players are welcomed and encouraged to sign up. Last year, more than 150 youth athletes began or continued the development of their skills, sportsmanship and knowledge of the culture and tactics of lacrosse. Registration can be completed at lrlacrosse.org. If you have questions about the Lakes Region Lacrosse Club or registration, e-mail lrlcreg@gmail.com. Winter skills clinics will be offered, watch the web site for details. Scholarships available upon request.

The Lakes Region Lacrosse Club is open to girls and boys of all abilities who reside in the Lakes Region of NH's surrounding towns that do not currently have a youth lacrosse program. Participants include residents of Alton, Center Harbor, Gilford, Gilmanton, Belmont, Meredith, Moultonborough, Northfield, Sanbornton and Tilton. The club is a member of the New Hampshire Youth Lacrosse Association (www.nhyla.org). The club's home field is the Meadows Complex in Gilford.

Practices typically begin in late March, with weather/field conditions being the primary factor. Practices are held 2-3 times per week. Seven regularly scheduled league games occur on Sundays and an occasional Saturday, beginning April 8 through mid-June. Approximately one half of the games are held locally and one half require travel to host towns in New Hampshire.

### HOOPS

CONTINUED FROM PAGE B1

well. Brown hit another hoop to make it 18-6 but the visitors got the final basket of the quarter and took a 20-6 lead after one quarter.

The Golden Eagles scored the first basket of the second quarter to increase the lead but Brown answered with a hoop for the Timber



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Wolves. Gilford then went on an 11-0 run that included yet another three-pointer and the lead increased to 33-8.

Burke hit a pair of free throws to put the Timber Wolves into double digits and after a Gilford hoop, Brown and Lanni Mc-Grath hit back-to-back three-pointers to close out the half and Gilford had the 35-16 lead heading to the break.

Brown hit a free throw to start the scoring in the second half and the visitors hit a hoop in response. Tiffany White sank a three-pointer for the Timber Wolves but Gilford came back and hit a hoop and a foul shot to push the lead to 40-20. Leah Dunne netted a free throw and after a Gilford hoop, Nadia Huggard hit a basket for the Timber Wolves. Gilford got another basket and Burke answered with a hoop for the hosts. The visitors got the final basket of the third quarter and they took the 46-25 lead.

McGrath put back a rebound to open the scoring in the fourth quarter and after a Gilford basket and Huggard followed with a pair of free throws and a basket, cutting the lead to 48-31 before the visitors picked up two hoops.

Brown sank a three-pointer and Gilford finished off the game's scoring with JOSHUA SPAULDING

NADIA HUGGARD drives to the basket in action on Jan. 5 against Gilford.

their own three-pointer to close out the 55-34 win.

"In the second half, we competed," Burley noted, looking at the two-point difference over the final 16 minutes. "The second half was a game. We lost that game in the first half.

"They (Gilford) definitely played better than us tonight," Burley continued. "But I was happy with the second half play."

The Timber Wolf coach also noted that the early sharp-shooting of Gilford was also a key factor in the game.

"We knew we had to cover those two (Shelby Cole and Brooke Beaudet) and we didn't cover them," Burley said of the two Gilford guards who sank five three-pointers in the first half. "Five threes we should've been covering were the difference in that half." Brown led the way for the Timber Wolves, putting in 13 points on the evening.

Prospect Mountain will be back in action on Friday, Jan. 12, traveling to Sanborn for a 7 p.m. game and will be hosting Campbell at 6 p.m. on Thursday, Jan. 18.

#### PMHS 6-10-9-9-34 GHS 20-15-11-9-55

#### **Prospect 34**

Dunne 0-1-1, White 1-0-3, McGrath 2-0-5, Huggard 2-2-6, Brown 5-1-13, Burke 2-2-6, Totals 12-6-34

#### Gilford 55

Beaudet 5-0-12, Cole 7-2-20, Harris 1-0-2, Trindade 2-0-4, Dean 2-1-5, Perkins 2-2-6, O'Connor 3-0-6, Totals 22-5-55

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.