SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Tours highlight Belmont PD's need for new facilities

BY DONNA RHODES

drhodes@salmonpress.news

BELMONT – As Town Meeting draws near on March 10, Belmont Police Department is offering tours to residents who are still unaware of the growing needs for a new police station and hope many will arrange to come by their Fuller Street station and see why Article 2 on this year's warrant, asking for \$3.5 million to build a new police station is so vital to the community.

During a tour last week, it was evident right away that the entry and dispatch area have issues. First of all, dispatchers greet citizens through an old recycled bank window where their computer screens are visible. A closer

look at the dispatch office shows that expensive and sensitive radio equipment has to be kept there, in a room with poor ventilation where it is susceptible to dust and other elements that can affect its performance. Space is so limited that on a shift change, two people cannot be seated at the dispatch center to relay information about ongoing incidents.

Behind the dispatch room is an office shared by Sgt. Evan Boulanger and two other ranking officers. It also serves as storage for ongoing cases they are working on. Across the hall, the department's administrator, Laurie Schultz works with a blanket over her lap and a small SEE **BELMONT PD**, PAGE A9



Belmont Police Sgt. Evan Boulanger, his partner Vito, Chief Mark Lewandoski and Master Patrolman Joel Pickowicz hope voters will support their space and safety needs by voting "Yes" on Article 2 at the polls in March for a new police station.

Hilliard resigns from Sheriff's position

BY DONNA RHODES drhodes@salmonpress.news

NORTHFIELD - After found driving while under the influence of alcohol last August, Merrimack County Sheriff Scott Hilliard received a sentence of 17 days in the Belknap County House of Corrections this month, with all but five of those days suspended. After a call from the governor came down asking for him to resign his position as sheriff, Hilliard sent a letter out on social media and to other news outlets late last week.

"To all my friends, supports and constituents: It is after great consideration I have decided to step down as sheriff, effective Mar. 31, 2020. Serving as your sheriff has been one of the highlights of my life. I have never felt so much caring and support from so many people," he began.

Hilliard went on to say that he feels the need to close this chapter of his life for not only himself but those around, yet he will always remember those who have supported him.

"From the bottom of my heart, I will always be thankful to all of you. The compassion, understanding and support from you has been second to none," Hilliard wrote. "As we journey though SEE HILLIARD, PAGE A8

Girl Scout cookie season kicks off

drhodes@salmonpress.news TILTON – All across the state, hard-working Girl Scouts can be found selling cookies for their annual fundraiser, which benefits not only the girls withthe organization but other charitable foundations as well, and this year, the girls from Tilton-Northfield Troop 10639 are not just selling cookies to benefit Girl Scouts; those who perhaps might not want to buy cookies for themselves can make donation toward sending these popular treats to the men and women at New Hampshire Veterans Home.

Last Saturday, the campaign annual kicked off with the girls setting up a number of locations, including the Irving/Circle K store on Route 3 in Tilton, where Cassie and Alyssa Caron were manning the cookie booth that day.



Cassie and Alyssa Caron from Girl Scout Troop 10639 of Tilton-Northfield kicked off the 2020 cookie sales campaign last Saturday at the Irving/Circle K on Route 3 in Tilton, one of many locations in the area that will be available on weekends from now until March 29.

Local couple steps in to keep Pauli's open

BY DONNA RHODES drhodes@salmonpress.news

TILTON - Established in 1990, many worried that Pauli's Bakery & Restaurant,

a popular breakfast and lunch spot on Main Street in Tilton, would close after the sudden death of owner Cheryl Garrett in July, but a local couple came to the rescue this month. In January, Mike

and Melissa Dolpies of nearby Twelve 31 Events Catering on Main Street, heard that Garrett's daughter Sherry Benson was thinking about selling the restaurant, so they also began to think about the possibilities of buying it. The pair got in touch with Benson, took a hard look at the business and de-

SEE **PAULI'S**, PAGE A8

Mike and Melissa Dolpies, who own and operate Twelve 31 Event Catering, recently became the proud owners of a second eating establishment, Pauli's Bakery & Restaurant, just a few doors away on Main St. in downtown Tilton.

sisters plained that proceeds from the sales are used in a number of ways. Some of the money first goes to the Little Brownie Bakers, which makes the cookies each year. Another portion of the proceeds goes to the Girl Scout Council to run the organization and then the troop and individual scouts have a number of ways in SEE **COOKIES**, PAGE A8

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HALL MEMORIAL LIBRARY

Tilton/Northfield

Monday, March 2 Chess Club, 2 - 5 p.m. After-School Board Game Club, 4 p.m., for grades 3+

Tuesday, March 3 Spanish Club, 10 a.m. Sewing Group, 10 a.m. Tech Tuesday, 2 to 4

Self-Care for Teens, 3 to 4 p.m.

Wednesday, March 4 Storytime, 10:30 a.m.

Friday, March 6 Sit & Knit, 2 to 5 p.m.

Saturday, March 7

Babywearing 10:30 a.m. - noon - Join Cassidy Dion of Blooming You Doula Services to learn about the benefits of babywearing and how to wear different types of carriers safely. Parents and caregivers will have the opportunity to try on soft structured carriers, wraps, slings, and hip seats or may bring their own for assistance with fitting.

New Items

"The Bear" by Andrew Krivak

"Crooked River" by Douglas Preston & Lincoln Child

"Golden in Death: An Eve Dallas Novel" by J.D. Robb

"Museum of Desire" by Jonathan Kellerman

"Perfect Little Children" by Sophie Hannah

TILTON-

NORTHFIELD

WATER DISTRICT

Public Hearing

BUDGET

Monday, March 9, 2020

4:00 PM

TILTON-NORTHFIELD

WATER DISTRICT OFFICE

14 Academy Street • Tilton, NH 03276

MUST BE A REGISTERED VOTER

AND WATER DISTRICT USER

NORTHFIELD POLICE LOG

NORTHFIELD — During the time frame of Feb. 10 – 16, the Northfield Police Department received 314 calls for service some of which include:

- 45 Motor Vehicle Stops
- 12 Citizen & Other Agency Assists
- 10 Motor Vehicle Complaints
- 4 Suspicious Activities/Persons
- 3 Motor Vehicle Accidents

Animal Complaints, Criminal Mischief, Criminal Threatening, Disabled Motor Vehicles, Drug Overdoses, Domestic Disturbances, Transports, Juvenile Complaint, Road Hazards, Property Checks, Stolen Vehicle, Paperwork Service, Unauthorized Use of Vehicle, Wanted Subject and Welfare Check.

Taken into Custody:

Kyle Hastings 29, of Northfield on a warrant for Theft by Deception.

Felicia Jackson 32, Transient for Driving after Revocation/Suspension, Fail/Yield @ Stop of Yield Sign and Operating w/o Valid License.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Feb. 14-21. Please note that due to space constraints, we are not able to list every incident to which the department responded during this time period, only those that resulted in an arrest.

Gregory S. Gilbert, age 60, of Belmont was arrested on Feb. 14 for Unauthorized Use of a Propelled Ve-

Allen M. McCarthy, age 26, of New Hampton was arrested on Feb. 14 for Driving After Revocation or Suspension and a Suspended Registration.

Nathan Bishop, age 20, of Belmont was arrested on Feb. 14 for providing False Information to 911.

Thomas W. Young, age 40, of Epsom was arrested on Feb. 14 for Driving After Revocation or Suspen-

Barbara Jeanna Chesley, age 52, of Belmont was arrested on Feb. 15 as a Fugitive From Justice from the state of Florida.

Joi L. Moore, age 52, of Laconia was arrested on Feb. 15 for Driving While Intoxicated.

Collin R. Zaremba, age 21, of Laconia was arrested on Feb. 15 for Misuse of or Failure to Display Plates, Possession of Controlled/Narcotic Drugs, Possession of Drugs, and for operating an Unregistered Vehicle.

Douglas Paul Schnelle, age 40, of Belmont was arrested on Feb. 16 in connection with multiple bench warrants issued by Laconia District Court.

Kenneth W. Belyea III, age 42, of Laconia was arrested on Feb. 16 for Possession of Controlled/Nar-

cotic Drugs, Possession of Drugs, and two counts of a False Inspection or Registration Sticker.

Susan Sisson, age 65, of Belmont was arrested on Feb. 17 for Second Degree Assault and Simple Assault.

A 55-year-old male was taken into protective custody for intoxication on Feb. 18.

David J. Mazzaglia, Sr., age 50, of Meredith was arrested on Feb. 19 for Possession of Controlled/Narcotic Drugs and Possession of Drugs.

FSB employees & company contribute \$13,000 to United Way

Franklin Savings Bank employees pledged over \$6,500 as part of their annual Pacesetter campaign Granite United Way. The bank also provided a dollar for dollar matching contribution for a total

donation of \$13,132. "Each year, I am proud of the amount we are able to raise for our Granite Unit-Way campaign," said Ron Magoon. President & CEO. "Similar to last year, our Board approved a dollar for dollar match from employee contributions to the campaign. Our continued commitment to this annual campaign is important as it enables us to assist Granite United Way with fulfilling its

mission of providing investment, critical services in our communities."

Funds raised for Granite United Way are used to support three community impact areas to include education, income and health.

Established 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services. Headquartered in Frankthe Bank has offices in Bristol, Boscawen, Tilton, Gilford, Merrimack and Goffstown. Through wholly-owned subsidiary, Independence Financial Advisors.Franklin Savings Bank also offers

ance and financial planning services. A recognized leader in providing the latest in financial services technology, Franklin Savings Bank is committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

Franklin Savings Bank has donated more than 11 percent of its net income to charity since 2009. Visit www.fsbnh. bank to learn more or follow the bank on Facebook, LinkedIn, Twitter and You-Tube.

Local student named to Dean's List at Northern Vermont University

LYNDONVILLE, Vt. — Rebekah Persson of Belmont has been named to the Dean's List for the fall 2019 semester at Northern Vermont University. Students who achieve between a 3.50 and 3.99 semester average are placed

on the Dean's List.

Northern mont University is a two-campus institution of higher education with campuses in Johnson and Lyndonville, Vermont as well as an online division that combines the best of our campuses' nationally recognized liberal arts and professional programs. At Northern Vermont University, our goal is to guide curious, motivated, and engaged students on their paths to success and their places in the world. Learn more at NorthernVermont.

Julia Connelly named to Dean's List at **Bryant University**

SMITHFIELD, R.I. - Bryant University is committed to the pursuit, recognition, and celebration of academic excellence. Julia Connelly, class of 2023, from Tilton has been named to the Deans' List for the fall 2019 semester.

Congratulations to Julia on your outstanding achievement!

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University has been at the forefront of delivering an exceptional education that anticipates the future and prepares students to be innovative leaders of character in a changing world. Bryant delivers an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approx-

imately 3,700 graduate undergraduate students from 38 states and 53 countries, Bryant is recognized as a leader in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron's. Visit www. Brvant.edu.

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TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 556 calls for service and made the following arrests during the week of Feb. 10-16.

Arrested during this time period were Kyle Hastings (for Theft By Deception), Scott Wright (for Willful Concealment), Sullivan (in connection with a warrant), Marissa Monsante (in connection with a warrant), Joshua Waters (for Loitering/Prowling), Crystal Merchant connection with

a warrant), Charity Eddy (in connection with a warrant), Jillian Polansky-Mercier (for Driving After Suspension, Possession of Drugs, and a Suspended Registration), Jeremy Michael (in connection with a warrant), and Jason Hamel (for Possession of Drugs).

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Sun.: 10:30 AM, 1:00, 4:00, 7:00 PM Mon. - Thur.: 1:00, 4:00, 7:00 PM

SONIC THE HEDGEHOG PG Fri.-Sat.: 10:00, 12:20, 2:40, 5:00, 7:15, 9:30 PM Sat.: 10:00, 12:20, 2:40, 5:00, 7:15, 9:30 PM

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ONWARD On Thursday 3/5 at 7:00pm Sun. - Thur.: 12:20, 2:40, 5:00, 7:15 PM Find us online at: BarnZs.com



Spaulding Youth Center honored with grant from Doug Flutie, Jr. Foundation

NORTHFIELD Spaulding Youth Center is thrilled to announce it has been honored with a grant of \$10,000 from the Doug Flutie, Jr. Foundation for Autism. The grant will directly support Spaulding's initiative to implement a physical fitness program for students with autism.

The physical fitness program will include the hiring of a fitness professional who will complete the Autism Fitness Level 1 Certification from Autism Fitness® and then work with Spaulding



Spaulding Youth Center is thrilled to announce it has been honored with a grant of \$10,000 from the Doug Flutie, Jr. Foundation for Autism.

Belmont's Cindy Bates named Common Man's Chief People Officer

ASHLAND — The Common Man family has promoted longtime employee Cindy Bates, PHR, CHT, to the newly-created position of Chief People Officer.

In her new role, Bates, of Belmont, will manage the strategy and process of recruitment and retention of employees, design policies that support The Common Man's culture, work as an advocate and mentor for employees, and optimize training and professional development to support the mission and goals of staff and the organization.

previously to the role in 2006, she led training initiatives for more than 1,000 employees, developed a management mentor program, and conducted training seminars across the company. She has long advised on human resources policies and procedures and recruitment of new talent. Bates began her career with The Common Man familv as a server at Tilt'n Diner in Tilton in 1992, was promoted into the management program, and was then named general manager of the diner in 1998.

Bates earned the Professional Human Resource (PHR) designation from the Society of Human Resources in



Cindy Bates

Trainers (CHART). Her hospitality peers from across the country elected her to the organization's board of directors three times. Bates' responsibilities with CHART included heading Regional Training Forums, serving as secretary of the board, leading initiatives to increase membership, and planning national conferences.

mon Man's mantra to DO GOOD. Bates has always been involved in giving back to the community. In her time at the Tilt'n Diner, she led many fundraising efforts for local organizations including hosting benefit dinners and providing

As part of The Com-

served as The Common 11 years as a member Greater Lakes Region Man's first director of the national Council Children's Auction. of training. Promoted of Hotel & Restaurant She has participated in the Made in NH Expo at The Common Man's table, selling crab cakes to benefit CASA of NH, and contributes to numerous other Common Man charitable events each year.

> Bates represents The Common Man family as a member of the educational board of directors of the New Hampshire Lodging and Restaurant Association (NHLRA), and serves as an advisory board member for the NH Technical College culinary program as well as the Huot Technical Center in Laconia. She also serves on the Plymouth High School educational advisory committee, and conducts job interview

clients of The Bridge House in Plymouth.

Founded in 1971 by

owner Alex Ray, the Common Man family is made up of 16 restaurants, two Inns, a Spa and Salon, Company Store and The Flying Monkey Movie House and Performance Center. Common Man locations include Common Man restaurants in Lincoln, Ashland, Concord, Claremont, Merrimack and Windham; Common Man Inn & Spa, Foster's Boiler Room, Italian Farmhouse and The Flying Monkey Plymouth; Common Man Inn & Restaurant in Claremont; Lakehouse Grille, Camp, Lago and Town Docks in Meredith; Route 104 Diner in New Hampton; Tilt'n Diner in Tilton; Airport Diner in Manchester; and the Common Man Company Store in Ashland. The Common Man sister businesses include Common Man Roadside at the welcome centers on Interstate 93 north and south in Hooksett, the recent-Common ly-opened Man Roadside Market & Deli in Plymouth. and a new Market & Deli under construction in Manchester. For more information, visit thecman.com or become a fan on Facebook at www.facebook. com/thecmannh and find them on Instagram and Twitter at @ thecommonmannh.

staff to design a tenweek, biweekly program for students ages five to 21. This fitness professional will also work directly with staff to develop different strategies to use with autistic students in settings outside of the fitness class.

"The generous support of the Doug Flutie, Jr. Foundation for Autism will make a significant impact on our organization and in the lives of the children we serve, 60 percent or more of whom are on the Autism spectrum" said Susan C. Ryan, President & CEO of Spaulding Youth Center. "Spaulding Youth Center provides a robust collection of services for children and youth with special needs. As we continuously strive to develop new opportunities for our students, we've always embraced the importance of having a physical movement program designed specifically to meet the needs those diagnosed with autism. This grant will support this new program and help these special children develop essential skills and abilities that will transfer into

their everyday lives." "The Flutie Foundation Signature Grants help our partner agencies address a variety of significant needs in the autism community," says Nick Savarese, Executive Director of The Doug Flutie Jr. Foundation for Autism. "Programs like Spaulding Youth Center are helping people on the autism spectrum live life to the fullest and we are proud to support

their efforts." The Doug Flut-Jr. Foundation for Autism, based in Framingham, awards grants annually through a competitive application and review process. The signature grants that the Flutie Foundation distributed this year support traditionally under-served, under-funded, culturally diverse communities reflected in the Foundation's areas of interest; providing a path educational and vocational skills, supporting recreational and active lifestyles, and ensuring people with autism are safe, supported and

About Spaulding Youth Center

Spaulding Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3)nonprofit. For information about Spaulding Youth Center, visit www.SpauldingYouthCenter.org.

About the Doug Flutie, Jr. **Foundation For Autism**

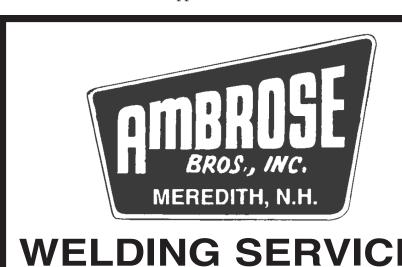
The Doug Flutie Jr. Foundation for Autism (DFJFA) is a notfor-profit 501(c)(3) public benefit corporation helping families affected by autism live life to the fullest. Through programs and partnerships, DFJF helps people with autism get access to care; lead more active lifestyles; and grow toward adult independence. Quarterback Flutie and his wife Laurie, whose personal experience raising a son on the autism spectrum inspired their passion to help other families, established the Foundation in 1998. DFJFA primarily serves families throughout New England, New York, New Jersey, and Central Florida. For more information on The Doug Flutie, Jr. Foundation for Autism, visit www.flutiefounda-



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WINNISQUAM ECHO A4 Thursday, February 27, 2020

STRATEGIES FOR LIVING

Down...but not out!

BY LARRY SCOTT

On Sept. 2, 1945, aboard the USS Missouri anchored in Tokyo Bay, Japanese Foreign Minister Mamoru Shigemitsu signed the document known as the Instrument of Surrender on behalf of the Japanese government. With the stroke of a pen, World War II was brought to an end.

The final days of World War II had been devastating to the Japanese people. In the bombing of Hiroshima on Aug. 6, 1945, ninety percent of the city was destroyed, with an estimated 80,000 people killed instantly. And then, following the bombing of Nagasaki three days later, Japanese Emperor Hirohito announced Japan's unconditional surrender on Aug. 15, 1945. It marked the end of hostilities, but for America, the battle was far from over.

For the next seven years, without obligation but with a sense of humanitarian concern, the United States "invaded" Japan, not with bombs and guns, but with a helping hand. Under the direction of Gen. Douglas MacArthur, the Supreme Commander of the Allied Powers, sweeping social reforms were implemented and the Japanese constitution was substantially rewritten. Despite suffering devastating casualties at each other's hands, Japan and the United States were able to forge strong diplomatic and economic ties that stand to this day.

Despite hostilities that dated back to the devastation at Pearl Harbor on Dec. 7, 1941, America became the prime mover toward rebuilding and restoring the Japanese people to the place of prominence they occupy in our society today. Without the oversight of the Allied powers, they would have never have developed the democratic self-government, economic stability, and peaceful co-existence that is their strength

For many of us, World War II is an apt picture of our relationship with Jesus Christ. From our earliest days, we have been at war with God, demanding our own way and living as we please. Created with a free will, we have often chosen to do, not what we knew to be right, but what was convenient and self-serving.

We soon discovered, however, that life apart from God is no walk in the park. Sin is a terrible taskmaster. But we resist surrender to the divine will, certain we are going to be in the hands of a tyrant. But to the contrary, when we finally "sue for peace," when we sign our own "Instrument of Surrender," we find that living for God turns out to be the best thing that ever happened to us.

The Apostle Paul put it this way. "In all these things we are more than conquerors through him that loved us." Conquerors, indeed! God doesn't just forgive; He reconstructs. Self-serving drives, devastating habits, and an ungodly life-style are slowly replaced with a new set of values and new interests. Becoming a Christian is more than a change of belief; it heralds a change of character. Fundamental restructuring takes place. In the words of the New Testament, "If anyone is in Christ he is a new creation: old things are passed away; behold, all things become new."

It is difficult for those who have not invited Jesus Christ to be the Lord of their lives to believe what I am writing isn't just so much hype. But another slick promotion this is not. Those of us who have surrendered our lives to Christ will tell you that knowing Him has given us a quality of life we could have found in no other way. To say, "I am a Christian!" is an honor second to none!

Send your letters!

Winnisquam Echo P.O. Box 729 Meredith, NH, 03253

Our fax number is 279-3331. Or, you can e-mail us at echo@salmonpress.news Please include your name, address and phone number.

LETTERS TO THE EDITOR

Join me in supporting our police department

To the Editor:

On Tuesday, March 10, Belmont voters will vote at the ballot box on Annual Town Meeting warrant articles. I write in strong support of Article 2, to raise and fund \$3.5 million for building a new police sta-

As a Belmont resident for 37 years, I have served on the Budget committee, Select Board, and volunteered services for local causes. My children were schooled in the Shaker District, and I believe in the local and regional community. As a 1970s college student, I was a Belmont Police Department intern. At that time and some years after, the police station was located on Main Street in the town hall. After the fire department led a successful volunteer-driven campaign for a new fire station, still in use on Route 140 today, its former station on Fuller Street was "renovated" to create a "new" police station. While that effort saved some taxpayer dollars, other than increasing the BPD space, it was a band-aid approach. That short term fix grew to longer term and some 45 years later – it's simply time to address this priority community need.

Police work has changed over these decades, in approach and with technology, to name only two impacts. Effective design needs to deal with detainees, proper evidence storage, firearms and gear security, as well as a safe and healthy environment for department staff and visitors., most importantly, a secure, safe workplace for the members of the department. In my opinion, our Police Department stacks up with the best in New Hampshire. I have seen firsthand their performance to the highest professional standards, in undeniably dangerous and demanding situations. The ability to attract and, more importantly, retain, talented, qualified police officers demands that we show our commitment to them as guardians of our safety.

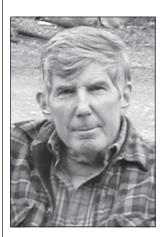
Some of us remember when the Post Office moved from its second Main Street location to its current Route 106 site. I believed then, as now, that something very important was lost to our community and village. The proposed location of the new police station helps keep the village vital, and a Sargent Park neighbor. On many occasions, I have seen our officers there, shooting hoops or just having a chat with kids in the park. That is the kind of community policing we all want. Keeping the police department downtown is another step towards preserving the core and heart of Belmont.

I applaud the work of the Belmont Facilities Strategy Committee - Tom Garfield, Donna Hepp, Carmen Lorentz and Pret Tuthill - for their hard work. Their energy and expertise led development of a first-time, comprehensive and prioritized plan for Town building assets. Discussion, deliberation and debate about community buildings have been more than sufficient. Now is the right time to act on these soundly constructed recommendations. Please help these projects move forward, starting with a new police station, by voting "yes" on Article 2, at Belmont High School, March 10 from 7 a.m. to 7 p.m.

Alan MacRae **Belmont**

NORTH COUNTRY NOTEBOOK

A cave in the headwall of a kettle-hole's snow



By John Harrigan

COLUMNIST

Funny how the angle of sunlight in late afternoon can trigger a boyhood memory or two.

On Sunday, the sun poured onto the southwest side of South Hill and turned sections of the road to mush. There is a term for the slipperiness of it, having to do with geese. It is very much a case of Drivers Beware.

Longtime all-around public works guy Kevin McKinnon once succinctly explained this, to a group of non-experts who loved dirt roads but didn't know much, as "the fines coming to the top." Fines are the smaller particles of earth, in this case the little bit of clay that is often found in even the better grades of gravel.

Think of a warm afternoon in late February as spring-training for Mud Season, the Grapefruit League of life on a dirt road. As Daughter Number One put it so well in a recent editorial about a harrowing experience on a suddenly slippery road, "Turn into the skid."

Good advice, that. Another one is "Never approach a runaway tractor except from the rear," but that's another story, and one I'll probably never tell (again).

With the sun's rays slanting just so on Sun-



South Hill Road under a shining sun was a slippery slope in some spots Sunday. That shadow beside the mailbox is, of course, me.

day, sixty years melted

This was the time of year when, finally, you could make a snowball. January's snow was too cold to be sticky, and making a snowball at 35-below was impossible unless it involved road-salt slush. Even then, a snowball would hardly stay together long enough to throw it.

But ah, late Feb-On the way home from school, you walked on the north side of the street so you could scoop handfuls of melting snow from the banks, to throw them at kids on the other side. This was a merciless thing, but there is little mercy in childhood play no matter how rosy they paint it, the savagery limited only by the lack of worse weapons.

Surplus military equipment from World War II was just becoming easily available (meaning cheap) towns when I was growing up. Every now and then, the town would despatch a payloader, these days referred to

as a front-end loader, to clear the snowbanks out along streets and

sidewalks. These huge bucketloads of snow had to be dumped somewhere. and it was a long trip to the Mohawk River, so anywhere in the neighborhood that offered an out-of-the-way spot was fine. For us, this meant mountains of snow ideal for tunneling into or through, and for making forts.

Our mother would throw us out of the house on a sunny afternoon after school, and doubly so on weekends. All over the place, all up and down the street, everywhere in the neighborhood, all over town, kids were out---making forts, destroying forts, stocking up on snowballs, starting wars.

+++++ As we got older we ranged farther from home, suffering neither parental restraint nor boundary-obsessed neighbors. Safety was never a concern, but simply assumed. It was a town and time with-

out limit. On the upper course at the Colebrook Country Club, which in reality is a public golf course, there are three connected glacial kettle-holes, one of them quite deep, formed 15,000 years ago when blocks of ice pushed into the earth melted, leaving giant

pock-marks on the land. The biggest of these depressions was deep that from its middle you could see nothing but the sky (things have changed now; the kettle-hole is still there, but you can see a tree). In winter, the prevailnorthwesterlies blew snow into a giant visor-like overhang, far out over the western lip.

Under this overhang one afternoon, while the other kids frolicked in the snow, I tunneled in and then hollowed out a cave, the interior of which I enlarged into a comfortable little chamber. Tuckered out, I turned onto my side and was soon fast asleep.

The other kids left, each group, I later found out, assuming that I was with the other. How many times SEE **NOTEBOOK**, PAGE A11

Franklin Opera House show offers a humorous look at love and marriage

FRANKLIN — Laughter is in store Saturday, Feb. 29 at the Franklin Opera House, when they present a one-woman comedy show intriguingly called "Makin' Whoopie! Ida LeClair's

Guide to Love and Marriage," featuring Susan Poulin as Ida.

In "Makin' Whoopie!" Ida tackles the big questions like, "What does a whoopie pie and marriage have in com-

mon?" "How do I get my sexy back?" and "You want me to do what with your ashes?" Get the inside scoop on senior tattoos, staycation do's and don't, and the latest adventures of the

Woman Who Runs with the Moose. As Ida says, "Charlie and me have been married for over forty years. That don't make me an expert. But it certainly gives me a lot to talk about!" This is a



Susan Poulin as Ida LeClair.

show plumb-chucka-full of hilarious stories and downhome advice on how to keep your marriage sweet, simple and easy. Well, she is a Certified Maine Life Guide, after all.

Award winning writer and performer Susan Poulin was selected by Portland Magazine as one of the "Ten Most Intriguing People in Maine," and is the author of eleven plays, six of which star her alter ego, Ida LeClair. As well as creating and touring her own work, she writes the popular Maine humor blog and podcast, Just Ask Ida and is the author of Finding Your Inner Moose: Ida Le-Clair's Guide to Living

Sweet Life: Ida LeClair's Guide to Love and Marriage, both published by Islandport Press. For the latest on Ida, visit: idaswebsite.com.

Showtime is 7:30 p.m. on Saturday, Feb. Tickets (\$14-\$16) are available online at www.FranklinOpera-House.org, or by calling 934-1901 during office hours. Tickets will also be available at the door. Franklin Opera House is located inside historic Franklin City Hall at 316 Central St. in Franklin.

Resurrected in 2000 by a dedicated group of concerned citizens, Franklin Opera House is an essential community resource of the performing arts for Franklin and



Acclaimed guitarist returns to Franklin Opera House

tounding." "Breathtaking." "Intricate." These are some of the words used to describe the finger-style guitar musicianship of Hiroya Tsukamoto, coming to the Franklin Opera House on Saturday, March 7 at 7:30 p.m.

Last appearing on that stage in 2017, Tsukamoto blends folk / acoustic music and unique sonic soundscapes to transport his audience to another place and time with songs inspired by culture, travel, and the beautiful people he

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has been fortunate to meet. People describe his music as meditative and mesmerizing. He has the unique capability of engaging listeners through a personable and genuine approach that transfixes his audience and almost tran- available online at www. scends his capabilities as a guitarist.

Born and raised in Japan, in 2000 he received a scholarship to Berklee College of Music and came to the U.S. Since then he has traveled extensively, headlining concerts throughout the U.S. as well as internationally. The winner of many awards and accolades, he most recently placed 2nd in the International Finger Style Guitar Championship in

General admission tickets (\$10-\$12) are org, or by calling during office hours at 934-1901. Tickets will also be available at the door.

Franklin House, located within historic Franklin City Hall, was resurrected in 2000 by a dedicated group of concerned citizens to become an essential re-FranklinOperaHouse. source for the perform- the Good Life and The the surrounding area. ing arts in Franklin.



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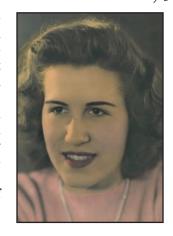


Eleanor Goddard, 92

LACONIA — Eleanor (Bean) Goddard passed away peacefully on Feb. 14, 2020, at Lakes Region General Hospital.

Eleanor was born on March 9, 1927, in Laconia, the daughter of Castleton and Dorothy (Simpson) Bean. She was the widow of Lyonel "Ted" Goddard, who died in 2000.

Eleanor lived Center Harbor as a child before moving to Laconia. She graduated Laconia High School, Class of 1945, and then went to Washington, DC with her future sister-in-law, "Bev" Goddard, to work in personnel for the Navy Department. She worked for many years at Laconia Nee-Manufacturing, other employers as well as the State of New Hampshire. Eleanor lived for her family and friends. She loved babies and children. and was kind and generous. Spring was her favorite season for the flowers and the cardinals.





She was predeceased by her sons Wayne and Steven, and two brothers, Kenneth and Robert Bean.

Survivors include her son, Shawn; her sister, Eileen Hamilton of West Covina, Calif.; her grandchildren, Jennifer Gagne and husband Ron of Tilton, Kristin LeFlem and husband Brandon their children Beckett and Briar of Reading, Mass., Morgan Goddard of Newmarket, John Silvestri and his wife Debbie and their sons Johnny and Zachary of Wallingford, Conn.; her great grandchildren, Chantel and husband, Joshua Messer and their son Benjamin of Belmont, Hillory Gagne and her daughter Madisyn of Tilton; and her daughter-inlaw, Deborah Goddard of Newmarket.

Burial will be in the spring in Union Cemetery in Laconia.

Memorial donations may be made to a charity of one's choice.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., is assisting the family with the arrangements. For more information and to view an online memorial, go to www. wilkinsonbeane.com.

George L. Nadon, Jr., 89

F R A N K L I N — George L. Nadon, Jr. 89, died Feb. 21, 2020 at his home in Franklin with his family at his side after a long road of failing health.

George was a lifelong resident of Franklin. He was born on Sept. 8, 1930, the son of the late, George L., Sr. and Alice T. (Crowley) Nadon.

He attended schools in Franklin and was a graduate of Franklin High School and served his country as a member of the United States Air Force for 23 years. Traveling the country and the world, George and his family experienced life to its fullest, spending time in all corners of the United States and overseas.

After retiring from the Air Force George settled in his hometown of Franklin, in the same home where he grew up. Following his military career he was employed as a radio repair technician for Tram Radio in Sanbornton and as a delivery person for Major Brands in Belmont and later as a maintenance



worker at Hannaford's in Franklin. He loved caring for his yard and enjoyed hobbies like beer making, target shooting, baking and meteorology. George was an active member of the Pemigewasset Valley Fish and Game Club and was a staunch supporter of President Trump. He was a parishioner of St. Paul Church of St. Gabriel Parish in Franklin.

George was predeceased by his wife, of 54 years in 2007, Margaret Jean (Schmidt) Nadon, his son Kenneth G. Nadon of Franklin, who died on Feb. 15, 2020, as well as sisters, Pauline Wentworth and Theresa "Ginger" Mark.

He leaves a sister,

Mary Lee Nadon of Mission Viejo, Calif.; sons, James A. Nadon and wife Claire of Franklin and Les Nadon of Cheyenne, Wyo. He is also survived by his grandchildren, Tucker Nadon, Chris Nadon, Ryan Nadon, Randy Nadon and Amy Duclos, greatgrand children and numerous nieces and nephews. His cat, "Punkin," will miss him too.

Following George's wishes, there are no calling hours. A grave-side service will be held in the spring with military honors and brief committal service at the New Hampshire State Veterans Cemetery in Boscawen with his wife Margaret.

Assisting the family is the William F. Smart Sr. Memorial Home of Tilton.

In lieu of flowers memorial donations may be made in George's name to the Humane Society, P.O. Box 572, Laconia, NH 03247.

For more information, go to www.smartfuneralhome.com.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 101

with any questions regarding

the submission process.

TILTON — Pauline M. Robichaud, 86, of Tilton, died with her family by her side at Merrimack County Nursing Home on Feb. 21, 2020, after a period of failing health.

She was born on April 6, 1933 in Northfield to Victor J. and Ida M. (Graveson) Belair. She resided in the Franklin-Tilton area all of her life. Pauline graduated from Tilton-Northfield High School in 1951. Her working career began as secretary in J.P. Stevens of Tilton and in 1957 she married her love of the next 61 years Roland (Robie) Robichaud. She returned to work at BiRite in Franklin and later worked at Franklin National Bank in Franklin and Laconia, retiring in 1996. Following retirement, she accepted the job as secretary with "The Telegram" eight years and enjoyed writing the column "What's Cookin'."

A parishioner of St. Paul Church, she taught Confraternity for sever-

Pauline M. Robichaud, 86



al years, and was a den mother for Cub Scout Troop 60. Pauline loved to sew and do crafts as well as making specialty cakes.

In retirement, Pauline was able to indulge her greatest love, which was watching and supporting her grandchildren in all of their endeavors. Horse shows (even though she was terrified horses), of baseball games, soccer games, track meets, cross country meets, and Nordic skiing. No venue was too far or too cold for her to attend! In later life she was blessed with two great grandchildren that she adored.

Pauline loved playing cards and enjoyed the

many opportunities to play with her grandchildren, friends, and family. Pauline was a Red Hatter and enjoyed the camaraderie of lunches and plays that they attended. She loved to cook and try new recipes, which she was delighted to share with her family and friends.

Pauline's husband, Roland died in 2018. She is survived by two sons: Kenneth and his wife Karen of Canterbury, Wayne and his wife Kimberly of Northfield, grandchildren: Ashley Shortt, Ryan Robichaud, Zachary Robichaud, and Lucas Robichaud, great grandchildren: Danielle and Dylan Shortt, and nieces and nephews.

She was predeceased by brothers: William Belair, Alfred Belair, and Rene Belair, and her dearest twin brother, Paul Belair, sisters Irene Chandler and Renette Marshall.

Visiting hours will be Thursday, Feb. 27, 2020 from 5-8 p.m. at Thibault-Neun Funeral Home, 143 Franklin St., Franklin.

Friends are invited to join her family for the celebration of her Mass of Christian Burial on Friday, Feb. 28, 2020 at 11 a.m. at St. Paul Church. Interment will be in NH Veterans Cemetery, Boscawen. For an online guestbook, please visit www.neunfuneral-homes.com

Donations in memory of Pauline may be made to Cystic Fibrosis Foundation, Northern New England Chapter, 4 Perimeter Rd., Nashua, NH 03063.

Unitarian Universalist Society to screen "Twelve Angry Men"

LACONIA — The 1957 film, "Twelve Angry Men," will be shown on Saturday, Feb. 29, at 7 p.m. at the Unitarian Universalist Society of Laconia.

The film explores compelling of equal treatment by the legal system, the search for truth, consensus building among a range of personalities, the ability of one individual to effect change--all while delivering outstandentertainment. The film stars Henry Fonda and features a cast including Lee J. Cobb, Ed Begley, Jack Warden, E. G. Marshall, Martin Balsam, Robert Webber, Jack Klugman, John Fielder. It was nominated for three Oscars--Best Picture, Best Director, Best Screenplay Adap-

The screening, hosted by the Society's Social Justice Committee, will open with brief introductory remarks. Group discussion will follow, with snacks, beverages and desert. All are welcome and admission is free. The church is located at 172 Pleasant St. in Laconia.





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Spirit of Hope and Kindness Awards finalists announced

mnews@salmonpress.news

REGION – A number of local children and teens from elementary school through high school have been nominated for the Spirit of Hope and Kindness Awards for their communitv involvement and selflessness.

The third annual awards ceremony will take place on April 5 at Laconia Country Club, hosted by Fred Caruso and Amy Bates of Mix 94.1.

Nominations were open for any kid who has shown kindness and community involvement. The nominations detail the histories of civic involvement and kindness form each of these students, who range in age from six to 18.

All of the finalists will receive money for an organization, special event, or random act of kindness. The winners in each category will receive more money for such a project.

For the Elementary School category, finalists include Jayden Armstrong from Paul Smith Elementary in Franklin for kindness to classmates and love of animals and the planet.

Lilyanna Burhoe of Laconia runs a charity lemonade stand and bakes cookies for police and firefighters. She also donates turkeys and donated hair to children with hair loss.

Emily Cardinal of Laconia was recognized collecting food during the holidays, donating Hot Wheels cars to the Children's Auction, helping to clean up the WOW Trail, and helping out her neighbors.

Alison Shirey of Laconia earned Great Ridership Awards for Good Behavior and Safety while riding the bus, helps out family and peers, and makes gift bags for people who are homeless.

The Middle School category includes Hailey Bezevich-McNeil of Laconia, who has volunteered at the Laconia Muskrat's concession stand, the Laconia Christmas Village, and other organizations.

Landen Brothers of Laconia was one of the founding members of the Cereal Heroes, a group of kids who collect breakfast foods for hungry kids. He has also helped at numerous organizations, donated to the Children's Auction, serves on the board of Stand Up Laconia, and many more.

Katie Cormier of Laconia helped out at an orphanage in Kyrgyzstan, worked to end bullying, and many more acts of kindness.

Carter Jones of Laconia has worked with Cereal Heroes and Make-A-Wish New Hampshire as well as being awarded Mr. Little League, helped make blankets for premature babies, helped veterans, and more.

Madison may of Franklin has worked to collect donations for and helping premature babies in the Neonatal Intensive Care Unit (NICU) at Elliott Hospital and does random acts of kindness for veterans

For the High School category, Jayda-Lynn Carter-Glines of Meredith took part in the Lakes Region Unexposed project to get secure boxes for people who use needles and has raised awareness of the price of Epi Pens. She is also a New Hampshire History Day award winner for a project on anaphylaxis.

Liz Guillotte of Franklin has done numerous community service projects including being part of an anti-vaping project, collecting money for food pantries, helping start the Karma Korner project at Franklin High School and collecting food as part of it, and many more.

Lillian Hodapp of Laconia has worked with Hands Across the Table, helping with blood drives, fundraising for the Leukemia Society, working with Fleur de Lis Camp for kids who have lost a parent, and more.

Jasmine Morrissette of Meredith is president of the Inter-Lakes Interact Club and was chosen by the Meredith Rotary to attend a leadership conference in Wisconsin. She also serves on the board of the Making Strides for Breast Cancer Walk, has volunteered for several local organizations, and will study to be a pastor.

Joshua Testa of Gilford works to help prevent suicide and addresses mental health. He is a Connect Youth Leader at Gilford High School and put together a team for the NAMI NH Walk among other efforts. He was also part of the Go Baby Go project building personal mobility devices for kids with disabilities among many other



Burlesque Night Live (Roaring Twenties Edition) is coming to Pitman's Freight Room in Laconia on Saturday, Feb. 29 at 8 p.m. Pictured (L) to (R): Peter Brunette, Rick Morten and Nerissa

Burlesque Night Live returns to Pitman's

LACONIA — Bur- outs, classic musical lesque Night Live ("Roaring '20s Edition") returns to the Lakes Region for one night only at Pitman's Freight Room in Laconia this Saturday, Feb. 29. Burlesque Night Live (BNL) is a musical variety show, written and directed by Rick Morten, featuring comedian Zach Foote, and performed by the BNL Players. This special show contains hilarious comedy sketches, a joke wall, comic black-

theatre numbers, the BNL Dancers and a very special guest, the Queen of Canal Street, Madame Vivian.

BNL showcases the talents of local actors, dancers and singers in a bawdy genre popular in the age of dance halls, opera houses and vaudeville theatres, with the flavor and style of classic TV musical variety shows of the 1960s and '70's, like the Dean Martin and Carol Burnette Shows and Rowan and Martin's "Laugh-In."

Doors open at 7 p.m., and the show starts at 8 p.m. Admission is \$20 (general admission only) at the door. Pitman's Freight Room, a historic warehouse lovingly refurbished and comfortably furnished as a function room and performance space, is located at 94 New Salem St. in Downtown Laconia, and is a BYOB-only venue.

LRGHealthcare Commuity Education: Everyday Living and Diabetes

LACONIA — Join for living a healthy life LRGHealthcare for the Everyday Living & Diabetes four-week class offered for free during the month of March and again in April. In March the class will be held on Monday from 9:30 - 11:30 a.m. beginning March 2, and in April the class will be held on Monday's from 9:30 -11:30 a.m. beginning April 6. four-week will be held at Lakes Region General Hospi-

Those attending this class will learn skills with diabetes. Learn to set goals for improving your diabetes with topics including managing blood sugar levels, healthy eating, physical activity, relieving stress, and more.

For more information on this class, future sessions or to register please call LR-GHealthcare Community Education at 527-



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Monday Blues at Taylor Community with the Ken Clark Organ Trio

LACONIA — The Ken Clark Organ Trio have been performing around New England and the eastern U.S. for the past 15 years.

According to Owen Cordle, Jazz Times, "Organist Ken Clark, guitarist Mike Mele, and drummer Steve Chaggaris lean on the beat, (high stepping funk, shuffle boogaloo back beat ballad), build dynamic climaxes sprinkle in jazz solos and deliver the goods."

Join us for this free public concert, Monday, March 9 at 6:30 p.m. in Taylor Community's Woodside Building.

Cordle continued his high praise of this

group, "Clark controls the B3 like a master: hip bass lines, sizzling chordal washes, feelgood riffs, funky blues lines and syncopated accents figure in the mix. The groove, the sonic power of the organ and a soulful message are a forceful combination for reaching the people, all the way from the church to the dance floor. Can't

beat the feeling." Follow Taylor Community on Facebook to keep up with all our free, public events. Visitwww. taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.



INFO SESSIONS

Feb. 29th - 10am **OPEN HOUSE** @ Acton Academy, 791 N Main St, Laconia

March 21st - 10am Meredith Community Center

> March 28th - 10am Belknap Mill Laconia

GOLDIE

Meet Goldie! Goldie is a very timid and sweet 1 yr. old mix breed who originally came on transport from the south. She is a petite girl at only about 40 lbs. Goldie was not properly socialized as a pup and now needs some help from someone patience and kind who is willing to take the time to help her building confidence

and learn! She would do best in an adult only home and may do best in a home with another confident canine friend. No kitties for her - too fun to chase!



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PAULI'S

CONTINUED FROM PAGE A1

cided to take a leap of faith.

"Melissa has 20 years of experience in the restaurant industry," said Mike. "It wasn't an easy decision but it wasn't hard either, not knowing what else would happen to the business."

Melissa agreed. She knew that it was well-established restaurant with a dedicated group of regular customers. And, while they weren't actively looking to buy a business, they knew the town couldn't lose Pauli's either.

"If you told us a year ago we would be buying this, I would have thought no," she said. "But it just all seemed to come together and I realized that maybe there was something there that we could do to keep it open. It all just naturally progressed."

While she and her husband did take time to carefully look through both the books and the physical aspects of the business, in the end it was the staff, who all agreed to stay on, that made it easy to say yes. Melissa and Mike said that when Garrett passed away so unexpectedly, the women closed for a few days to grieve, but then got right back to work, determined more than ever to keep the restaurant open in her honor.

"They're all just awesome- some of the best around! The girls

up front are so friendly and personable and the kitchen staff gives 100-percent every day. They're such a part of this place, and that was a big thing for me," said Melissa.

It was also instrumental to know they had people in place that they could rely on as they continue to run their catering business down the street. After talking with them, they knew they did.

"We just can't say enough about them," the couple agreed.

Since they took ownership this month, the Dolpies said said they've made a few changes but nothing that would ever alter the atmosphere of the restaurant townsfolk gather at each day over coffee, breakfast or lunch. What they have done so far however is reorganize the kitchen to be more efficient in preparing meals that are not only hot but quick to get to the table. Mike said they also upgraded some of the kitchen equipment that was showing its age so there would be no worries about break downs in the fu-

A couple of popular changes that have been noticed by customers though are some new coffee mugs, the addition of the homemade potato chips Melissa also offers through Twelve 31 Events Catering, and a credit card machine that now makes things more convenient when the check arrives.

"Everything



Having purchased Pauli's Bakery & Restaurant in Tilton on Feb. 1, Melissa and Mike Dolpies (far right) gathered with the staff last week in front of a photo of former owner Cheryl Garrett, who passed away unexpectedly in July of 2019.

love about Pauli's will stay. Anything we can do to improve upon it will happen," the couple vowed.

Another aspect they love about the business is the generation of people who have been dining there for the past 30 years.

"Those early morning regulars who've been coming in, taking the stools down and even starting the coffee for years, are why we're here. They asked if they could still do that and of course we said yes," said Melissa.

In fact, what she and Mike hope to do is attract the next generation whose parents and grandparents have come to not only know and love Pauli's, but also feel that much a part of it all.

In the future the Dolpies are also considering the idea of hosting private, after hours functions at their restaurant, but that plan they said is

the road.

While Melissa is the restaurant and food specialist for the business, Mike is experienced in technology, so when he isn't pitching in to wash dishes or help serve customers, he's been busy on the internet. Pauli's Bak-

still a little bit down ery & Restaurant now has a Facebook page where they have been listing their specials and soon he hopes to have a full web site up and running for the business as well.

> "We're just trying to carry on Cheryl's legacy here," he said.

COOKIES

CONTINUED FROM PAGE A1

which their portion of the money they raise can be used.

As senior members of the troop, 13 years for Cassie and 11 years for Alyssa, they've opted to use any money awarded to them this year for their troop's trip to Disney in June.

"We've already raised money for the trip, but this is for the airfare to get there now," they said.

In addition to that. each troop can also select a local charitable organization to receive donations of cookies. Cassie explained that Troop 10639 spends a lot of time at NHVH helping the Recreation Department run Bingo nights for the veterans. Therefore they have asked once again that any cookie donations

they receive go there. "Keep Calm and Cookie On" is Troop 10639's motto during this 2020 campaign. New this year, are LemonUps, which have a sweet yet tangy taste. Also available for this year's cookie

selections are S'Mores, shortbread Trefoils and Do-Si-Dos. For the discriminating cookie aficionado, there are gluten-free Toffee-Tastic cookies, low carb peanut butter-filled Tagalongs, and the ever-popular Thin Mints that are vegan, with not even any milk in the recipe.

"We have something for everyone," the girls

Cookie booths can be found all over in the coming five weeks, but locally people can find them Saturdays and Sundays at the Tilton Circle K and outside of Walmart from roughly 9 a.m. to 3 p.m. until March 29. Cookie Booths can also be found almost anywhere in the state by going online to www. girlscouts.org or simply Googling the words

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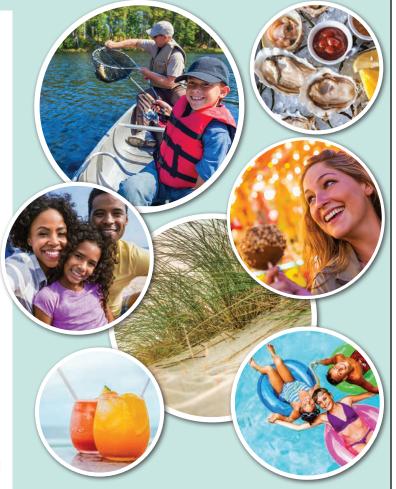
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HILLIARD

CONTINUED FROM PAGE A1

life we realize God 's teaching of compassion is one of the many gifts that we receive. I will see many of you in the coming days. I pray for you and your families and I thank God daily for the HONOR of calling you

brothers and sisters. All the best, Scott."

"Cookie Locator."

Hilliard was elected last March for a seventh term as sheriff of Merrimack County, a position he has held for the past 13 years. It has not yet been announced how that office will be filled until the next election in 2021.



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On a recent tour of Belmont Police Department, Sgt. Evan Belanger showed visitors their active case file storage room, adjacent to the chief's office. The thin blue tarp behind him separates it from the men's lockers and bathroom.

During a tour last week, Belmont Police Sgt. Evan Belanger demonstrated how the entrance from the sally port to the department's booking and holding room is so narrow that two officers cannot escort and agitated detainee into the facility, which can be a major safety concern.

BALMONT PD

CONTINUED FROM PAGE A1

electric heater by her feet. The chief's office beside her is so cold that he was wearing a wool cap as he worked at his desk last week. Conversely, Capt. Richard Mann's neighboring office gets so hot at times that it's more like a sauna. While he tries to share that heat by keeping his door open, sensitive phone calls often require him to keep it closed. There are no windows in either the chief's or the captain's office and adding to the fun was a bird that had moved into the space above their ceiling last summer.

Directly behind the chief's office is a storage room where Schultz is trying to swap over files now for 2020 but having a difficult time stacking them all up in the limited space available. All files have to be kept in perpetuity. Worse yet, the only thing separating that room from the male officers' lockers and bathrooms is a blue

"It can be embarrassing when you're on the phone and you can hear the guys in there," Lewandoski said.

Along the hallway to the back of the building is the prosecutor's office, directly across the hall from the interview room where some verv delicate matters are discussed and recorded for court, DCYF and other agencies. A tiny conference/shredding area/ dining room and kitchenette is beside it. Belanger said all conversations and activity in that area can be picked up by the recording device in the interview room; at the same time those sensitive discussions can be overheard in the kitchenette and dining area as well.

"That interview room is not ideal to say the least and it's certainly not professional when

those recordings go to court," said Lewandoski.

Behind the prosecutor is a small area where computers are set up for use by on duty officers. Anyone walking through there to get to the men's and women's lockers and bathrooms, or headed for the booking room behind it, can see whatever information is on a computer screen. Not the best of situations, Belanger pointed out. He explained that when someone is taken into custody, they would ideally be brought through the back sally port into the booking room to be finger printed and held until they are bailed out or transported to the county jail. That small, one bay sally port however, is also used to secure a vehicle being held for evidence and to store tools and other large items. When a vehicle is in there, suspects brought

led through the offices instead.

The booking room itself is another major issue. The thin sheetrock walls have had many an angry fist or boot pushed through. The entry from the sally port is so narrow that only one officer can hang on to an agitated suspect, resulting in safety concerns. Another concern is that accessed through the booking room, which also serves as their holding area, is the department's evidence room and armory.

"That's a major security concern we have,"

said Belanger. Lewandoski pointed out that should they have an adult in the holding (booking) room then bring in a juvenile, the law disallows that adult from even being within hearing distance of the juvenile. It's a situation they struggle with since conversations in the nearby, unsecured interview room can be heard throughout much of the building.

"We've had to put people in the dispatch area at times while we deal with a juvenile so there's another safety issue," Lewandoski said.

The list of deficiencies just goes on from there. The detectives are now located in a trailer beside the main building. Any bit of space, including the women's locker room, is used for storage. Heat in both locker rooms, where lockers aren't can't even be big enough to hold their jackets, is sparse and there is mold in the showers due to no ventilation.

Belanger said they have knocked out walls, built new walls and done all they can to accommodate the growing needs of the department but "everything that could be done here has now been done."

The 1,500 square foot building was formerly the fire station while the police were housed in the back of the current town hall. As space needs grew, a new fire station was built and in 1996 the police were then moved "temporarily" into their old headquarters when the town offices needed to expand.

"They told us it would only be two to three years, and here we still are. We weren't supposed to be here this long, but we've made do as best we could," said Lewandoski.

Last year, BPD processed 700 people in the tiny facility and held 50 vehicles as evidence. In a rapidly growing community, arrests are up and the nature of crimes is changing, so it's become extremely difficult to provide the kind of service they know the town needs and deserves.

Lewandoski is encouraging the public to contact the department to schedule a tour if they would like to see the building for themselves. In the meantime, he, his staff and officers want people to understand that a new police station is not a "want" but a real need for the Town of Belmont and hope they will support them by voting "Yes" on Article 2 next month.

NOTEBOOK

CONTINUED FROM PAGE A4

was I destined to write stories about groups of hikers in the high country, usually overtaken by darkness or foul weather, who had

registered voter.

NOTICE TO VOTERS

OF THE

WINNISQUAM

REGIONAL

SCHOOL DISTRICT

The Winnisquam Regional School Board has a vacancy it seeks to fill from the town

of Northfield until the 2021 annual meeting

of the school district. Interested candidates

must be a resident of Northfield and a

Those wishing to apply should send a letter stating

Chairperson

Winnisquam Regional School Board

433 West Main Street, Tilton, NH 03276

their intentions by March 20, 2020 to:

done the very same kind of thing, too often with tragic results.

But that was far in fast as legs could carry. the future. In this time and place, in a glacial bowl in a little town up back of New Hampshire, I woke up to

growing darkness and a hole in my stomach, and capered home as

to the station have to be

(Please address mail, NH 03576.)

with phone numbers in case of questions, to campguyhooligan@ gmail.com or 386 South Hill Road. Colebrook.

TOWN OF NORTHFIELD PLANNING BOARD

Town Hall Monday, March 2, 2020 at 7:00 pm

AGENDA

- **1. Minutes** February 3, 2020
- 2. John Guay & Cathy Keyser- Continued Application for Minor Site Plan Adjustment, located at 95 Park Street (Map U08 - Lot 07) in the R2 Zone.
- 3. Christopher Knight Preliminary discussion for Solar Field. Located at Forrest Road (Map U05 -Lot 07) in C/I Zone.

4. Other Business

This is a public meeting and citizens are invited to attend. All applications and plans are available for review at the Town Hall and at www.northfieldnh.org

The Town of Northfield complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office at 286-7039 if you need special assistance in order to attend this meeting.

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<u> Edward Jones: Financial Focus</u>

Avoid These Estate Planning Mistakes

You save and invest to meet a variety of goals during your lifetime: college for your children, long vacations, a comfortable retirement, and so on. But you probably also want to leave something behind to your loved ones and, possibly, to the charitable organizations you support. To do so, you'll need to develop a comprehensive estate plan, but to make that plan work, you must avoid some common mistakes.

Here are a few of these pitfalls you'll want to avoid:

• Not writing a will - If you were to die "intestate" - without a last will and testament - the state in which you live would determine how your property was distributed. And the state's decisions may not match what you had in mind at all. Furthermore, a will is where you would name guardians for your minor children

• Not going beyond a will - While a executor is responsible for distributing will is an essential component of estate planning, it's often not enough. You may need to create other documents, such as a living trust, which, among other benefits, enables your estate to avoid probate, a time-consuming and public process that can lead to disputes among your heirs and others. And a living trust lets you place highly specific conditions on how and when you want your assets distributed. You might also consider other legal documents, including a power of attorney, which allows you to appoint a person or organization to handle your affairs if you can't do so yourself, and a health care directive, which lets you name someone to make health care decisions on your behalf, should you become physically or mentally incapacitated. Choosing the wrong executor - An

property to your beneficiaries and paying off any debts and taxes your estate may owe, among other tasks. Because the role of executor is so important, you need to choose someone who is reliable, competent and trustworthy. It's certainly possible to find such an individual in your own family, but many people choose someone who is either conflicted, too busy or simply not up to the task. If you have doubts about picking a good executor, you may want to turn to a trust company. The costs likely will be higher than if you chose a family member, but

the results may be much better. • Not naming proper beneficiaries -Many of your assets - 401(k), IRA, life insurance and so on - require you to name a beneficiary. These beneficiary designations are powerful, often super

seding the instructions in your will. It circumstances change in your life, such as new children, or divorce or remarriage, you may well want to change beneficiaries. It's easy to do - but it's also easy to overlook.

· Not updating ownership of assets - A change in your family situation or changes in the laws governing income and estate taxes could require you to update ownership designations of financial as-

And here's perhaps the biggest mistake of all: not understanding what's in your estate plan. You need to work closely with your tax, legal and financial professionals to create a plan you fully comprehend and can communicate effectively to your loved ones. Surprises are often pleasant in many areas of life - but estate planning is not one of them

Devon Sullivan 164 NH RTE 25 Suite 1A Meredith NH 03253 Fax 844-644-4469

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter contact your local Financial Advisor Member SIPC



Jacqueline Taylor inancial Adviso 3 Mill Street PO Box 176 Meredith NH 03253 603-279-3161

Shaker Regional School District

Serving the Communities of Belmont & Canterbury

CHILDFIND CLINIC

Are you concerned about your child's development? Do you suspect that your child may have a disability? We will be holding a "Child Find Clinic" on Monday, March 16, 2020 at Canterbury Elementary School from 1:00 – 3:00 pm for children age birth through 6 years old. Certified staff will screen students for possible learning disabilities, speech and language disabilities, motor skills, and overall developmental functioning. The clinic is open to any resident of Belmont or Canterbury, but APPOINTMENTS ARE **REQUIRED.** Please contact the SAU office at 267-9223 ext. 5306 for additional information or to make an appointment.

Barstool Sports brings pond hockey tournament to Meredith Bay

BY ERIN PLUMMER

mnews@salmonpress.news

MEREDITH — Hockplayers returned to Meredith Bay for a brand new pond hockey tournament, as the popular Barstool Sports organized its first ever pond hockey tourna-

Players and spectators came to the ice in front of the Inn at Bay Point on Saturday for a series of games and plenty of time to enjoy some drinks, food, and entertainment.

Barstool Sports is online resource blogs, podcasts, and videos focused on sports and entertainment. Barstool Sports' executive vice president and head of production, development, and programming Jen Simons said CEO Erika Nardini had started taking an interest in pond hockey and was soon taking lessons with Seth Michelson, who does live events with Barstool Sports. Nardini decided to put on Barstool Sports' first pond hockey tournaments.

This was the first ever Barstool Sports Pond Hockey Tournament. Michelson said they wanted it in Meredith, saying they fell in love with the town after attending the Pond Hockey Classic.

"We wanted first town to be really special for the participants," Michelson said.

Barstool Sports met with Pond Hockey Classic founder Scott Crowder and asked for his advice and guidance in doing the tournament. Crowder was on the ice during the event to help out.

Michelson and Simons said the event great overall with a lot of people coming out and everyone in good spirits.

"I'd love to do more of this," Simons said.

He said everyone from the local community was kind and



ERIN PLUMMER (Left) aTeams from across New England gathered on Meredith Bay for the first ever Barstool Sports Pond Hockey Tournament.

came up from Rhode Island and Connecticut with some coming from further away. Team member Christian Giacondino said this is the first time all of them have played together.

Coach Ray Peach, who came up from North Carolina, said he maps out plays on a whiteboard.

"My job is to inspire and put inspiration into the souls of my players," Peach said.

Player Alex Smolan

said the tournament was going on in a beautiful area.

"It's a really cool town in my opinion," Giacondino said. "Everyone's super friendly."

Members of the team said everyone got along great and they net so many great people.

Barstool Sports will be putting on another tournament in Canada this weekend on Lake Muskoka outside of Toronto.

International Film Series continues with "Bride and Prejudice"

LACONIA — The Laconia Human Relations Committee in cooperation with the Laconia Public Library offers the film, "Bride and Prejudice" as the March selection for the International Film Series. It will be shown at 6:15 p.m. on Monday, March 2.

"Bride and Prejudice" is a rollicking fun film based on the Jane Aus-

ten story with a similar name, "Pride and Preiudice." It is recast as a Bollywood film from India that is updated to take place in India, England, and Los Angeles. It is a musical done colorfully and tastefully.

The novel is about the prejudice that occurs between classes and the pride that keeps lovers apart. Mr. Dacey and

Elizabeth are still with us with all their misunderstandings, as well as Jane and Bingley. There is a mother who worries incessantly about whether her daughters will marry and a father who stays level-headed and keeps things together. We have Wickham and Mr. Collins giving cause for worry.

Be sure to find the

film at the library or orlibrary!

This series offers a monthly selection shown from September through May at the Laconia Public Library. Please make your selection from the library shelf that displays all films that have been a part of the International Series.

The Laconia Huder it through your own man Relations Committee is a committee of the mayor of Laconia dedicated to expanding our horizons for the appreciation of the diversity found among us and in the wider world. For more information, contact Len Campbell at lsoup03@ gmail.com.

Jason Anick Acoustic Trio to perform at Taylor Community

LACONIA — Taylor Community's 2020 Concert Series, sponsored by Bank of New Hampshire, continues Sunday, March 8 at 3 p.m. with the Jason Anick Acoustic Trio. The musical event is in Taylor's Woodside Building and is free and open to the public.

Fiddle, guitar and bass - it's a combination as old as the hills. But follow Jason Anick, Max O'Rourke and Greg Loughman into those hills and you'll find yourself taking unexpected turns and discovering vistas you never knew were out there. It's a new brand of acoustic music they make - traditional instrumentation ning ear-catching melodies, channeling the



Taylor Community's 2020 Concert Series, sponsored by Bank of New Hampshire, continues Sunday, March 8 at 3 p.m. with the Jason Anick Acoustic Trio.

Diabetes Self-Management Class

Join us for a **FREE** 6-week class that provides resources and skills needed to successfully manage diabetes.

Topics include:

Healthy Eating Physical Activity Communication

Stress Management Goal Setting & Action Plans Positive Thinking

Franklin

841 Central Street Fridays

March 27-May 1 11:00am-1:30pm

Laconia

22 Strafford Street **Thursdays** March 26-April 30

11:00am-1:30pm

Classes are FREE. Snack provided.

OPEN TO THE PUBLIC Call: 934-1464 ext. 128 to register www.healthfirstfamily.org

wit and spontaneity of three irrepressible musical storytellers.

This is the eighth season for the concert series, which provides free first-class musical programs in various genres for both Taylor

residents and the local community. We hope you'll join us!

Taylor Community is the premiere not-forprofit Continuing Care Retirement Community in the Lakes Region.

Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www. taylorcommunity.org, or call 524-5600.

Pitman's welcomes Joe Moss

LACONIA — Pitman's Freight Room, located on New Salem Street in Laconia, welcomes Blues performer Joe Moss Friday, Feb. 28,

Few blues performers walk the walk to the degree of Chicago based guitarist/bandleader Joe Moss. Not just an imitator of the music's glorious past, he strives to find his own sound and material within the styles he chooses to play. This year, Moss will have the honor of being inducted into the Blues Hall of Fame. The band is tight, featuring some of Chicago's finest blues musicians. A tal-

ented singer, writer, and guitarist, Joe is a consis-

tent and entertaining

performer with a monster groove.

A guitarist since the age of 10, Moss was given his passport into the blues world by Buddy Scott, who noticed Moss at a jam session at Rosa's Blues Lounge in Chicago. Soon, Moss was a regular member of Buddy's Rib Tip band. Moss' guitar skills quickly became notorious on the local scene and made him an in-demand sideman. In

1996 Joe started his own band and has recorded and toured constantly to date. He has performed with: Buddy Guy, Zora Young, Charles Wilson, Lil' Smokey Smothers, Syl Johnson, Magic Slim, A.C. Reed, Billy Branch, Walter Scott, Hollywood Scott, Mike Wheeler, James Wheeler and Little Mack Simmons. He has backed these artists all over the world.



SPORTS

SECTION February 27, 2020

THE WINNISQUAM ECHO

SalmonPress.com

Hibbert finishes as Division III runner-up

BY BOB MARTIN

Bob@Salmonpress.news

PELHAM – The Winnisquam Regional High School wrestling team traveled to Pelham on Saturday for the Division 3 state meet and placed 10th out of 15 teams.

In the 220 class, Chaz Hibbert beat Anthony Sutera of Bow in the first round. He then beat Caleb Hobbs of Mascoma Valley before losing in the first place bout to Nolan Haley of Kearsarge. Hibbert was second overall in the class.

In the 106 weight class, Michael Mitchell placed fourth overall, losing in the semifinals to eventual champion Anson Ritondo of Newport.

In the 138 weight class, Brian Swanson lost in the semifinals to Garrett Giovagnoli of Canaan.

In the 145 class, Caelen Roberts lost to Asa Michetti of Canaan by fall in the opening round.

In the 152 class, Keion Miller lost in the opening round to defending champion Joseph Cleary of Plymouth.

In the 160 class, Connor Corey lost in the semifinals to Marius Edwards of Newport.

In the 170 class, Devon Flores lost to Dylan Pelton of Canaan in the first round.

JOSHUA SPAULDING (Right) Connor Corey wrestled in the state meet for the Bears last weekend.







JOSHUA SPAULDING Chaz Hibbert was the top wrestler for the Bears at the Division 3 state meet last weekend, placing second in the 220-pound class.

JOSHUA SPAULDING (Left) Caelen Roberts wrestles for the Winnisquam Bears at the state meet in Pelham.

In the 182 class, Brendan Parry lots to Brett McInerney of Campbell by fall.

In the 285 class, Paul Laraway lost in the opening round to Trace Borosinski of ConVal.

Long ball, defense lead Bears past Red Raiders

BY BOB MARTIN

Bob@Salmonpress.news

TILTON - Winnisquam area rivals Belmont and Winnisquam Regional High School went head to head in boys' basketball last week, and while it was a tight first half, steady three-point shooting and solid defense led the Bears to a 61-40 win over the Red

Raiders. The Red Raiders had a 12-10 lead after a quarter with Keith Landry scoring five of his 13 points in the Winnisquam had makes from behind the arc by Phil Nichols, Jacob Seavey and Anthony Robbins in the quarter. The second quarter was all Winnisquam, with Seavey hitting a pair of threes and Horman and Nichols draining a three as well. It was a 24-18 game at the half in favor of Winnisquam, and at this point it was anyone's game to win.

The second half was Winnisquam where started to run away with things, as the Bears were set to live and die by the three. The Bears outscored the Red Raiders 37-23 and cruised to victory. Horman was huge in the half with 11 of his 15 total points. Nichols



Phil Nichols shoots from behind the arc for the Bears.

had 14 total points in the game and did well directing the offense.

Belmont was led by Landry and Jackson Ruelke, who each had 13 points in the game.

Winnisquam coach Kevin Dame was very happy with the way his team played, and noted that the defensive effort was key.

"I thought the team

defense from the second quarter on was just really solid," said Dame. "From that point on we only gave up 29 points and that was a quality effort from the guys."

Dame said the team made several adjustments and rotated better late in the game. He said the Bears did well stopping dribble



Anthony Robbins brings the ball up the court for Winnisquam.

penetration, and didn't Cilley said while it was allow Landry to find a 21-point loss, most any open looks. Dame of the time he felt the said they knew Landry team was playing how can't be left open, as he he wanted. He said showed he can light it there were a couple of up when he scored 19 stretches that killed points in the last meetthem, and the team ing between the two needs to do a better job schools. He was happy not digging deep into a with the way the Bears hole. were able to shut him

"We missed a couple easy baskets in the Belmont coach Jim first half," said Cilley.

"I thought we handled their press well in the first half but then second half we made some mistakes and had costly turnovers. These things kind of snowballed on us but I didn't think we were terrible. They took advantage of our mistakes."

> Earlier in the week, SEE HOOPS, PAGE B3

down.

Belmont girls pick up three wins

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT Feb. 17 the Red Raider hoop girls took on Hillsboro-Deering and while it took a bit for Belmont to pull away, a big second half led to a 45-28 win.

"It really took us awhile tonight to get it going on offense," said coach Mark Dawalga. "Give Hillsboro/Deering credit. They worked hard all night."

The game was tied 13-13 at halftime and it was really anyone's game, but the Red Raiders kicked it into high gear with a huge 32-point scoring output in the second half. The Belmont defense continued to play well in the second half, holding Hillsboro-Deering to only 15 points to secure the win.

Dawalga praised the play of Lena Rodrigues, who came off the bench and gave the Red Raiders a scoring boost with six

PLYMOUTH — If

you are one of the

many spectators who

have witnessed the

and the fiery spirit in

the sport of curling

and wanted experience

it for yourself, now is

your chance. Plymouth State Ice Arena is

gearing up for its 2020 spring curling league and they want you to

The beauty of curling is that it can be enjoyed by an array of people. There is no

running, there is no

jumping, there is tech-

nique and strategy.

Given that the game is

played on ice wearing

sneakers, balance is

paramount. Luckily,

this skill can be im-

be a part of it.

nail-biting

unyielding

intensity,

pressure

Leading the way for Belmont was Morgan Hall, who had a double/ double with 16 points and 12 boards. Rebecca Fleming continued to be a good source of both offense and defense with 13 points and eight steals. Courtney Burke added seven points in the win.

Gilford then faced Raymond at home on Feb. 21 and came away with a 39-34 victory. Raymond had a one-point lead at the half and a five-point lead after three quarters, but Belmont fought until the end and came away with a gutsy win despite a tough start. "I really thought we

came out slow tonight," said Dawalga. "Our defense in the fourth quarwas outstanding. Holding Raymond to two points in the fourth quarter and that was the difference in the game. If this is a game earlier in the year we may have lost, but we stuck to our

game plan and pulled it a two-point game with out."

Molly Sottak was a difference maker with four three-pointers, including two big threes in the final quarter to give the Red Raiders the lead. Rodrigues hit a three-pointer with four minutes to go, to put the Red Raiders up by four. It was 36 to 32 with three minutes left and Raymond came out of a timeout and made it just over a minute on the clock. Hall then stepped up and hit three of four free throws.

Hall scored 11 points and gathered 12 boards to lead the way, highlighted by her clutch free throws to seal the win. Burke added 10 points and six rebounds in the win.

Belmont finished off the week with a 54-16 win over Winnisquam. Belmont led from the start, going up 24-2 after a quarter and 38-4 at the end of the half. Sottak his four threes and scored 16 points, all in the first half, to lead the offensive charge. Freshman Alyssa Edgren was 3/3 from downtown and scored 15 points. Fellow freshman Abbi Gilbert scored six points in the win and Hall added six points and

10 rebounds.

Dawalga praised Kaitlyn Bryant and Emma Roberts for their strong play on defense.

"It was a nice way to finish the regular season as we get ready for the tournament." NHIAA

said Dawalga.

Belmont took on Prospect Mountain in the first round of the state tournament on Feb. 26 after deadline.

Spicuzza hat trick leads Lakers over ConVal-Conant

BY BOB MARTIN Bob@Salmonpress.news

PSU hosting learn

to curl sessions

LACONIA - The Laconia/Winnisquam/Inter-Lakes Hockev team beat ConVal last week. which leapfrogged the Lakers over ConVal in the rankings, putting the team in a playoff spot.

On Wednesday, the Lakers faced ConVal and ready to play and took a quick 2-0 lead after one period. In the second period the Lakers woke up and scored four goals in a a span of two minutes. The Lakers then added two more goals in the third period to secure the

> Captain Andrew

won 6-2. ConVal came out Spicuzza scored his first whole game. career hat trick and also had an assist to lead the offense. Kam Young scored a goal and had two assists. Blake Dunlap and Ethan Bickford scored a goal apiece while Zachary Spicuzza had two assists. Senior Matthew Nichols had an assist, as

> well. "After a flat-footed first period, we came out in the second period with urgency and purpose, and produced four goals in less than two minutes," said coach Paul Wheaton. "We realized this was a playoff game and we responded accordingly. I am proud of this team."

On Saturday, the Lakers traveled to Kennett and lost 7-0. It was a game where the Lakers just couldn't catch a break, and the Eagles came to play. A bright spot for the Lakers was the team's discipline, as there was only one penalty for L/W/I the

The previous week the Lakers team took on Kearsarge/Plymouth on Feb. 12 and while K/P came away with a 6-3 win, the game was closer than the score showed.

The Lakers took a 1-0 lead on a goal by Kam Young, but then K/P scored two goals late in the first period to go up 2-1. The score was 4-3 in favor of K/P with two minutes left in the game and with a face off in the K/P end, the Lakers pulled the goalie to bring in an extra skater. This led to an empty net goal for K/P and another late goal to make it a 6-3 game.

Freshman Zachary Spicuzza had two goals for the Lakers to lead the way. Jacob Marcoux had a hat trick and an assist to lead K/P in the win.

"We played hard but just fell short," said Wheaton.

COURTESY PHOTO

Plymouth State is holding learn to curl open houses on March 1 and 8.

proved on by simply playing the sport. The most physical aspect of curling comes from furiously sweeping in front of the stone as it glides down the ice to the opposite end.

Still not sure if you can curl? The PSU Ice Arena is going to let you try for free so you can find out just how much fun you can have on ice. On March 1 and 8, from 4 to 6 p.m., the ice arena is hosting free learn to curl open houses. All of the equipment will be provided and admission is free (donations are graciously accepted.)

These learn to curl sessions will be focusing on the fundamentals of curling, participants will learn how to deliver a stone and how to sweep. To sign up for an intro session, please register online at plymouth.edu/arena/curling. Space is limited so please don't hesitate, sign up today.

Still looking for more. If you have caught the curling bug and would like to participate in league play, the ice arena will be offering a four-week intro to curling league. This league will be made up of all first year curlers. Experienced curlers will be available to help with the nuances of the game if needed. This league will take place on Sunday afternoons from 1 to 3 p.m. beginning March 15 running through April 5.

If you have any questions, please contact the ice arena at psu-icearena@plymouth.edu.

Bear girls wrap up the season

BY BOB MARTIN

Bob@Salmonpress.news TILTON - The Winnisquam girls' basketball team finished its season last week with three losses against

Division 3 teams. Winnisquam traveled down Route 11 to Franklin and the Golden Tornadoes came out on top 46-39. Mackenzie Philippy led the way with 13 points and Cheyenne Cooper scored nine points. Emma Griffin pitched in with seven points.

Coach Pam Rozean was proud of the team's effort despite the loss, saying the Bears played hard but the shots just weren't falling.

On Feb. 19, Winnisquam suffered a 52-32 loss to Somersworth

at home. Meghan Cote scored 17 points and Griffin scored eight points.

White Mountains came to town on Feb. 20 and dominated in a 61-33 win. Cote had 14 nights to lead the team on what Rozean said was a great senior night. She drained three shots from behind the arc in the game. Philippy added 12 points in the win.

"One thing about our Winnisquam girls, they never give up," said Rozean. "They all played with a lot of heart. This was one of their better games they played as a team. I know the score don't show it but it was a hard played game for the Bears."

Gilford Hills offering tennis programs for kids

GILFORD — Gilford Hills Tennis and Fitness offers great low cost programs for high school and elementary kids on Tuesday afternoons.

This is a great opportunity for kids 6-13 to learn and play the lifelong sport of tennis. The program also gives high school players an opportunity to get a jump on their spring tennis season inside.

The next six-week session begins on March 3. Times are 3:30-4:30 p.m. for high school and 4:30-5:30 p.m. for elementary. Fees are just \$60 for

members and \$66 for non-members for the six-week session. This program is led by Elite Tennis Pro Curt Chesley along with several other local tennis players. For more information and to register, call Gilford Hills at 293-7546.

The club is located at 314 Old Lake Shore Road in Gilford. Owners Adam Angle and Marc Bourgeois have made numerous improvements to the courts over the last several years. It is the Lakes Region's premier indoor tennis

Every 8 minutes, we respond to a disaster.

and fitness club.

Kids' fishing derby March 1 in Gilford nap County Sports-Association will be holding its annual kids' ice fishing derby on March 1

on Lily Pond (Route

completely free, bait, tip-ups, hot coffee, hot chocolate, available at the pond. Lessons provided for the first timers. No registration required, just show up

in the clubhouse on Lily Pond Road they will have awards and trophies for the largest fish caught as well as hot dogs, chips and milk for all the partic-

to noon. The event is and have fun. At noon ipants. If you're a parent or grandparent, bring your children or grandchildren and enjoy the camaraderie and the competition this annual event brings out.

11C) Gilford, 9 a.m.



HELP NOW



Bulldogs win two more, move to 12-3



RC GREENWOOD

BY BOB MARTIN Bob@Salmonpress.news

PLYMOUTH - The Belmont/Gilford hock-

ey team had a great cord and second place of solid teams to give end of the regular seathe Bulldogs a 12-3 re- son is in sight.

Nate Shirley played well on defense and had a goal against Kearsarge/Plymouth last weekend.

week beating a couple in Division 3 as the

The Bulldogs start-

ed off the week against John Stark-Hopkinton and came away with

a 3-1 victory. While John Stark-Hopkinton got on the board first with a goal early in the first period, Belmont/ Gilford tacked on two goals in the second period to make it a 2-1 scored the first goal to tie up the game with six minutes left in the second period. It was assisted by Nate Shirley. The second goal came quickly after and was by Brady Logan, assisted by Guerin.

The Bulldogs tacked on the third and final goal in the third period, which was an unassisted goal by Joey Blake on an empty net. Colin McGreevy turned away 26 shots in the win. The win moved Belmont/Gilford ahead of John Stark-Hopkinton the standings.

"A big game from Owen Guerin with a goal and an assist,"

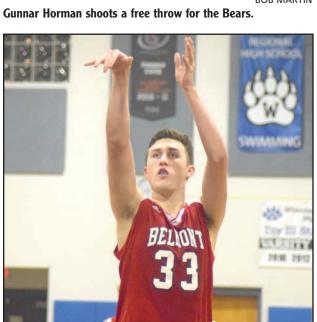
said coach Jason Parent. "Colin McGreevy played a great game in net and kept John Stark stifled all game long."

The Bulldogs then took on Kearsarge/ game. Owen Guerin Plymouth on Saturday afternoon and came away with a 3-1 win. The game was highlighted by some excellent work in net McGreevy and also timely scoring by Guerin, who scored two first period goals. Shirley also played excellent defense and added a goal assisted by Hayden Parent.

"Colin McGreevy once again made some stellar saves to keep K/P at bay," said Parent.

Belmont/Gilford finishes the regular season on Feb. 29 for a 5 p.m. game at Merrill Fay Arena against Sanborn/Epping.





BOB MARTIN Keith Landry takes a shot for the Belmont boys' basketball team against Winnisquam.

HOOPS

CONTINUED FROM PAGE B1 the Red Raiders traveled to Hillsboro-Deering and won 52-44. There were contributions across the board and Ruelke led with 24 points in the win, as well as five assists.

Jamison Gaudette had 11 points and Keith Landry put up 10

Belmont also lost to Raymond last week and lost 65-55. The Red Raiders came back from a 20-point deficit but it was too little too late for the Red Raid-



Isaiah Costa puts up a shot for the Red Raiders.



Tommy Galambos looks for a lane to the hoop for the Red Raiders.

ers who took a 10-point loss. Ruelke scored 22 points to lead the way.

Winnisquam had two other wins during the week including a 71-32 victory over Franklin and a 60-49 win at White Mountains.

This is the final

week of the regular season for the two playoff bound teams. For Winnisquam, the Bears travel to Franklin on Feb. 27 at 6 p.m. For the Red Raiders, the last game of the regular season is at Conant on Feb. 28 at 6:30 p.m.



##

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your living space for 3 seasons. You can use the den as an office or if you need a first-floor bedroom, it connects to a 3/4 bath & laundry. On the second level you will find 2 bedrooms as well as a spacious master bedroom with an adjoining huge walk-in closet & private full bath. This home has a whole house generator as well as a sprinkler system. There was an in-law apartment which has been changed to a private office but the hook-ups are still there if you wish to change it back. 2 car garage and outside utility tops off the many amenities of this outstanding home.

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MEREDITH: Great 2.3 ac. building lot — short walk to sandy beach on Winnipesaukee. \$89,000



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TUFTONBORO: Nice 3BR/2BA ranch home on 2 ac. Single-level living & full basement. \$249,900

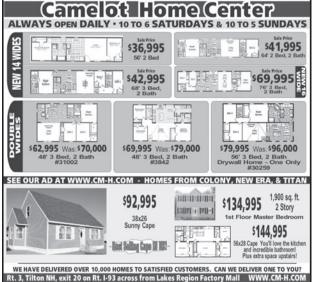


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TILTON: Available to customize! Brand new 4BR/4BA 2,906 sf, 11 rooms & energy-star certified!







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\sim SAU #58 \sim VACANCIES 2020-2021

Groveton High School

Assistant Principal (ID#3222770)

Salary Range: \$55,000.00 - \$60,000.00 Contract: 220 days

Deadline: Until Filled

For more information or to apply please go to www.SchoolSpring.com and reference the above job ID. All applications must go through SchoolSpring.

If you have any questions regarding these positions, please contact:

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Belmont Middle School has Baseball and Softball Coaching Positions available for the 2019-2020 School Year. Past playing and/or coaching experience preferred. Interested candidates should send a cover letter and resume to Cayman Belyea, Athletic Director, at cbelyea@sau80.org, or mail to Belmont High School, 255 Seavey Road, Belmont, NH 03220. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprinting, is required.



Executive Director

Interlakes Community Caregivers, Inc.

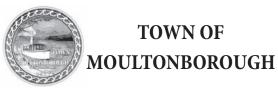
Interlakes Community Caregivers, Inc. (ICCI) is seeking an Executive Director. Interlakes Community Caregivers is a 501(c)3 nonprofit volunteer program that provides rides for medical and personal appointments, grocery shopping and other direct services free of charge to assist residents in their daily lives. Services are provided by volunteers to adult residents in Meredith, Moultonborough, Center Harbor and Sandwich.

The Executive Director is a 30 hour/week part-time position, with flexible hours to meet program needs. Qualifications include excellent leadership and communication skills, experience with a nonprofit organization and computer proficiency.

Responsibilities include working with the Board of Directions to ensure the smooth running of the organization, writing grants, networking with other community groups and recruiting volunteers.

Benefits include 2 weeks prorated paid vacation leave, 10 days paid sick leave and 8 paid holidays.

Letters of interest and resumes due by March 13, 2020, to ICCI - Executive Director Position, PO Box 78, Center Harbor, NH 03226. Please visithttp://www.interlakescommunitycaregivers.org/ for more information.



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Successful candidate will be (a) knowledgeable in NH criminal law & procedure, (b) proficient in general business administration, including preparing & managing budgets, (c) experienced in involving the community in a pro-active manner and best management practices, (d) skilled in written and oral communications, (e) team leader with a history of successfully managing within all levels of the organization. Bachelor's degree in criminal justice or equivalent (Master's degree in Criminal Justice, Public Administration, or a related field is desirable); 10 years of experience in the field; at least 5 years in a supervisory role of which 3 years involve executive level management experience; NH Police certification preferred or attainable within 1 yr. of appointment; or any equivalent combination of education, training and experience which demonstrates possession of the required knowledge, skills and ability. $\label{preference} Preference\ given\ to\ those\ with\ prior\ executive\ level\ experience.$

See the full Profile & Challenge statement and standard Town employment application at https://www.moultonboroughnh. gov/home/pages/employment-opportunities. Submit 3 copies of application letter, résumé and standard Town application form, to Walter P. Johnson, Town Administrator, wjohnson@moultonboroughnh.gov, 6 Holland St. PO Box 139, Moultonborough, NH 03254. Position is open until filled. Application review begins 3/12/2020. Competitive salary and benefits. EEO Employer.



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> Tri-County Head Start 610 Sullivan St., Berlin, NH 03570 or email bgilcris@tccap.org EOE

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262 Cottage St. Suite 301 Littleton, NH 03561 603-444-3925

Deadline to apply: March 20, 2020

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GSIL is an EOE. GSIL is seeking compassionate individuals to assist consumers in their homes with personal care. light housekeeping, errands, meal prep, etc. Training is provided. Pay

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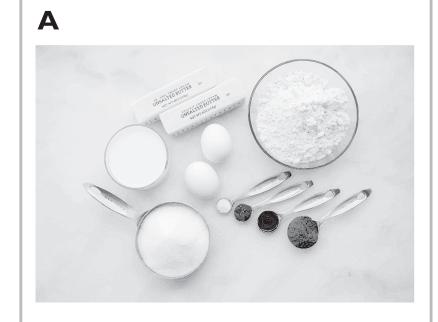


THIS METHOD OF COOKING INVOLVES DRY HEAT, USUALLY IN AN OVEN.

ANSWER: BAKING

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?



B



ns umong spoon order changed 3. Missing egg 4. Sugar is Answers: I. Extra stick of butter 2. Measuring



- 1784: JOHN WESLEY CHARTERS THE METHODIST CHURCH.
- 1953: JAMES WATSON AND FRANCIS CRICK DESCRIBE THE THEORY THAT TWO STRANDS OF DNA ARE COILED IN A DOUBLE HELIX.
- 1983: THE FINAL EPI-SODE OF "M*A*S*H" AIRS, MAKING IT THE MOST-WATCHED PROGRAM IN TELEVISION HISTORY.



FOLD

mix an ingredient gently with another ingredient

ENGLISH: Cookie

SPANISH: Galleta

ITALIAN: Dolcetto

FRENCH: Biscuit

GERMAN: Keks



BAKERIES TYPICALLY MAKE AND SELL SWEET CAKES, COOKIES, PASTRIES, AND OTHER DESSERTS, AS

WELL AS BREADS.





the bigger picture is?

PNSMEK: CNACAKE

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to health & fitness. Each number corresponds to a letter. (Hint: 16 = e)

17 16 18 18 14 16 25 25 Α.

Clue: In good health

B. 3 22 7

Clue: In good shape

16 2 16 21 1 22 25 16 C.

Clue: Physical activity

20 22 16 7 D.

Clue: The foods one eats

SUDOKU

	3					7		
6			9					8
2	8				4			9
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, decour							2	
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		Managar						
	9			7		4	черового	
	7	4			6			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

 \mathcal{B} .

fit

 \mathcal{C}

D.

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ε	6	8	9	dana	S	1	Z	S
9	week	V	3	L	9	2	6	8
L	G	2	6	8	þ	anah	9	3
ç	8	6	nandh	Z	3	9	Þ	2
ţ	2	ε	Z	6	9	8	ç	юоов
anada.	L	9	9	Þ	8	3	2	6
6	3	unde	V	9	L	G	8	S
8	Þ	ç	S	ε	6	2	nech	9
2	9	L	8	G	mak	6	3	Þ

ANSWER:

Nervousness, apprehension and excitement, all at the same time

As I write this on Thursday, Feb. 20, it's been almost six years to the day since my first Olympic experience drew to a close.

That was in Sochi in February of 2014 and it was an experience that I will always remember. It was my first time covering such a huge event and in many ways, it was overwhelming.

However, I learned a lot in that first time out and when it came time to head to PyeongChang four years later, I had a much better idea of what to expect and it made the great experience I had the first time even better.

Now, as I prepare for my first Summer Olympics experience, I am concerned a bit about the sheer massiveness of the summer games compared to the winter games.

However, that's a



story for another day.

What has been on my mind lately has been the whole threat of the coronavirus and how it might impact my Olympic trip.

Going back to 2014 before I traveled to Russia, there was a lot of talk about security concerns and what Russia was doing to prepare. There were reports that some venues and some housing unites weren't complete. I can't tell you the number of links people sent me about incomplete rooms and

However, I said to myself back then that this was a once in a lifetime opportunity and there was no way I was not going, despite



JOSHUA SPAULDING

FROM MY FIRST OLYMPIC experience, the Main Press Center in Sochi in 2014.

letting on.

the many issues that seemed to be popping up as they got closer.

This has been on my mind as the Tokyo Summer Olympics inch closer and the threat of the coronavirus continues to hang over eastern Asia. I keep reading stories that the Olympic officials have stated over and over that they are not cancelling or not delaying the Summer Games. Then I will read a story or two that quotes Japanese "medical professionals" saying that they think this could be more of an issue than Olympic officials are

Out of the gate, the first thing I thought of was the money that has gone into this. Thanks to many awesome people, I have sent the deposit for my housing (half of the overall \$1,600 cost) and I have bought my airline tickets there and back (\$1,700). I am sure that if the Olympics get changed, my ferent dates.

When I purchased my airline tickets, I

did get the insurance. so if I had to change my flight, I could likely do so without much of a fee.

However, in addition to the money, there's also the whole coronavirus thing. quarantined cruise ship that's been on the news is docked in Yokohama, which is near Tokyo and is hosting a number of Olympic events. So, this is legitimate.

However, like in Sochi with the security concerns, this is a great opportunity and letting something outside of my control ruin what could be quite an experience is the wrong thing to do.

I'm moving forward with the trip and I'm excited about it. My cleared up on the coronavirus front.

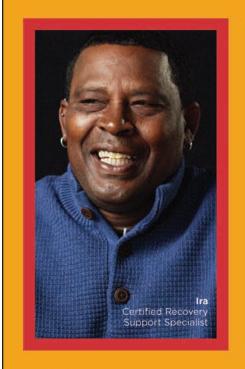
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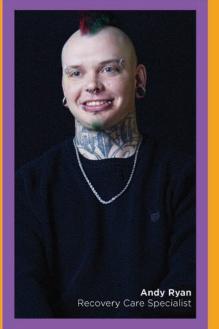
should note a special thanks to my friends at the Village Players Theater who are organizing a fundraiser to help with the final expenses for the trip. It is set for Saturday, May 2, at 6 p.m. at the theater in Wolfeboro. I am sure more information will be released soon and I'll get it out there for readers.

Finally, have a great day, Peter Waugh.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Rehope that is in the porter and The Baysidrooming would likely five months until I er. He can be reached be intact, just for dif- leave things get more at josh@salmonpress. news at 279-4516, or PO Box 729, Meredith, NH I 03253.







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