

# Newfound Landing

THURSDAY, FEBRUARY 22, 2018

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COMPLIMENTARY



DONNA RHODES

Winners of the 2018 Invention Convention for third graders at Bridgewater-Hebron Village School were announced at the end of their class presentations last Friday afternoon. From left to right are Principal Dana Andrews, Jesse Farrar (Third Place for the Food Cooler 2000), Parker Matthews (Second Place for the Fish Catcher), Corbin Conkey (First Place for The Guidrum) and teacher Jeanette Shedd.



DONNA RHODES

Corbin Conkey of Bridgewater-Hebron Village School invented the Guidrum, a unique instrument combining the sounds of both a guitar and drum. He was one of 21 third graders who took part in this year's Invention Convention at the school.

## Students showcase astounding solutions to everyday problems at Invention Convention

BY DONNA RHODES  
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BRIDGEWATER — Third grade students from Bridgewater-Hebron Village School put their creativity and problem-solving skills on display last week

during their second annual Invention Convention, where problems they identified were solved with their inventive ideas.

Teacher Jeanette Shedd said Invention Convention is a nation-

wide initiative through the Academy of Applied Sciences that she brought to her class last year. It turned out to

be such a success, with one student going on to regionals and then the national competition in Washington, D.C. that

she got this year's class involved, too.

"The children did a terrific job once again. We began working on

their projects about six weeks ago," she said.

"They kept logs on their ideas and even got feed-

SEE INVENTION, PAGE A11

## Petitioned articles to appear on Bristol warrant

BY THOMAS P. CALDWELL  
Contributing Writer

BRISTOL — Voters will be facing petitioned warrant articles to allow businesses to offer Keno gambling and to replace the traditional town meeting with official ballot voting during this year's Town Meeting on Saturday, March 17.

Selectmen held the required public hearing on keno during their Feb. 15 meeting, but overlooked the requirement for a hearing on the adoption of RSA 40:13, commonly known as SB2, so were planning to hold that hearing at a special meeting on Feb. 22. To hold the hearing required a seven-day notice, and as of Tuesday morning, that hearing still had not been posted on the town website. Town officials, however, confirmed that the hearing will take

place Thursday evening.

During the Keno hearing, there were few questions from the public, but the selectmen discussed the pros and cons among themselves, with a representative of the New Hampshire Lottery Commission there to explain the intricacies of the game.

The New Hampshire Legislature voted to allow keno as a way to offer a financial incentive. SEE PETITIONED, PAGE A11



DONNA RHODES

It's that time of year once again, when Girl Scouts are hitting the streets to sell their famous cookies, and sweets lovers in the Newfound Region can find local Girl Scouts each weekend at either the Irving or Mobile stations on Route 104 in New Hampton from approximately 9 a.m. to 5 p.m. on Saturdays and Sundays. The location of their sales will alternate between the two neighboring businesses and be weather dependent. Shown kicking off the 2018 cookie sales last weekend are Madison and Courtney of the New Hampton Brownie and Daisy Troop 13102. Joining them at their cookie booths over the next five weeks will be other scouts from Junior Brownie Troop 13139, Cadet Troop 13134 and Senior Girl Scout Troop 11161. Last year, the girls sold nearly 10,000 boxes of Thin Mints, Trefoils and other great cookies Girl Scouts are known for and they hope supporters will help them exceed that number in the coming weeks.



JUSTIN ROSHAK

Vermont Gov. Phill Scott (left) and New Hampshire Gov. Chris Sununu (right) address guests during the Pemi-Baker Valley Republican Committee's annual Lincoln-Reagan Dinner.

## Sununu, Scott adopt very different tones at Lincoln-Reagan Dinner

BY JUSTIN ROSHAK  
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WOODSTOCK—At last Thursday's annual Lincoln-Reagan Dinner hosted by the Pemi-Bak-

er Valley Republican Committee, Governors Chris Sununu of New Hampshire and Phil Scott of Vermont set very different tones re-

flective of their different states.

Both governors are Republicans, but occupy very different political

SEE DINNER, PAGE A11

## Animal cruelty cases spawn new legislation

BY THOMAS P. CALDWELL  
Contributing Writer

CONCORD — Four major animal cruelty cases in New Hampshire over the past year have gotten the attention of legislators in Concord, and there are competing House and Senate bills to address the problem.

One of the cases cited involves Jennifer "Bobbi" Choate, who lost 36 dogs to fire and had another 29 dogs seized after they were found in unheated quarters in Bristol and Alexandria during sub-zero weather. Choate has pleaded not guilty to the animal cruelty charges filed by the two towns, and the cases are awaiting trial.

The seizure of 84 Great Danes owned by Christina Fay of Wolfe-

boro spurred Wolfeboro Republican Jeb Bradley, who serves as the Senate Majority Leader in Concord, to file Senate Bill 569, which updates existing animal cruelty laws by redefining what qualifies as a kennel and imposing bond requirements when animals are seized.

A competing measure, House Bill 1385, is being sponsored by Rep. Matthew Scruton of Rochester, who would establish a legislative study committee to review the effectiveness of current laws, including whether they are being enforced, look into whether additional laws or regulations are necessary, and assess whether New Hampshire laws are con-

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# Newfound students shine at Poetry Out Loud competition

BY DONNA RHODES  
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BRISTOL — Drama and memorization skills highlighted the works of famed poets last Friday afternoon, when a group of students at Newfound Regional High School gathered for the annual Poetry Out Loud competition. Taking home the top spots were sophomore Evelyn Cutting and freshman contender Simon Shedd, both of Alexandria.

Each year students interested in participating in the competition are asked to review an approved list of poems, select two and memorize them. They then recite them out loud before a panel of judges, adding their own interpretive gestures and vocal intonations, and are scored on their presentations.

For her first selection, Cutting recited Walter Barga's poem "Ice Bound."

"I liked the theme of the piece and all the feelings and emotions you could convey with it," she said.

Her second presentation also caught the



Evelyn Cutting (left) and Simon Shedd (right) each gave dramatic presentations in last week's Poetry Out Loud competition at Newfound Regional High School, earning Cutting first place and Shedd the runner up position.



DONNA RHODES

attention of the judges when she gave a dramatic reading of "The Glories of Our Blood and State," written in the 1600's by James Shirley.

"That poem was a perfect contrast to my first poem. I especially like how it talked about everyone being equal," Cutting said. "I wanted to chose poems that had an impact on people and this was a good one with all that's going on right now."

For his first ever Poetry Out Loud competition, runner up Shedd began with Henry Melville's "Maldive Shark" then followed with a highly animated and dramatic recitation of "to the

notebook kid" by Eve L. Ewing.

He felt his past drama experiences especially aided him in understanding how to bring his selections to life. In his search for poems to memorize, Shedd said "to the notebook kid" caught his attention right away. Dealing with

the changes in one's life, as the poem addresses, was something he could relate to and he knew that it was a good poem for him to present.

"Life has so many different parts to it. People should understand that all that's important is that you know who you are and that you accept

yourself," he said.

Other outstanding presentations were made by senior Ethan Pruett, junior Mikayla Coffin, and freshmen Adele Meyers and Mike Macklin. "Calibrators" who began the competition with unjudged recitations of their own were Autumn Braley and

Trinity Taylor.

As the voting was being tabulated, Assistant Principal Chris Ulrich, who served as this year's emcee, was joined on stage by Pruett on the "chair drum." Together they performed an entertaining version of the theme from "Reading Rainbow," a classic PBS children's television show.

Overseeing the event was David Harlow, chair of the school's English Department, with retired English teacher Nancy Mills, Bristol Rotary President Bob Broadhurst and retired NRHS Principal Bruce O'Malley serving as judges.

Cutting will now move on to the state's regional competition next month.

## Bridgewater's Reece Sharps named to UNE Dean's List

BIDDEFORD, Maine — Reece Sharps of Bridgewater, a 2017 graduate of Newfound Regional High School, has been named to the Dean's List for the Westbrook College of Health Professions at the University of New England Biddeford/Portland campuses.

The announcement reads: "Your excellent academic performance this semester qualifies you to be placed on the Dean's List. I want to applaud you for your outstanding aca-

demical achievements. UNE prides itself on the quality of its academic programs and students. You have certainly added to that pride and we commend you for your accomplishment."

Sharps is the daughter of Kelly and step-father Tate Conkey of Bridgewater, father Angel Rodriguez of Merrimack, and granddaughter of Terry Langan of Concord and Steve and Leigh Sharps of Ashland.

## Local first responder attends Homeland Security training

HILL — Emergency Responder Steven J. Yannuzzi, from Dartmouth Hitchcock Hospital, recently completed training offered by the Center for Domestic Preparedness (CDP), in Anniston, Ala. The CDP is operated by the United States Department of Homeland Security's Federal Emergency Management Agency and is the only federally-chartered Weapons of Mass Destruction (WMD) training facility in the nation.

Yannuzzi is currently the Public Health Emergency Preparedness Coordinator for the Upper Valley Public Health Region. He completed a four-day training on the Strategic National Stockpile. The Strategic National Stockpile is a cache of medications that is maintained by

the Center for Disease Control (CDC) to be used in the event of a public health emergency. This training consisted of how to request materials from the stockpile, how they are delivered and how to mass distribute them to the public. The class included other public health emergency responders representing 20 different states.

The CDP develops and delivers advanced training for emergency response providers, emergency managers, and other government officials from state, local, and tribal governments. The CDP offers more than 40 training courses focusing on incident management, mass casualty response, and emergency response to a catastrophic natural disaster or terrorist act. Training at

the CDP campus is federally funded at no cost to state, local, and

tribal emergency response professionals or their agency.

Resident training at the CDP includes healthcare and public health courses at the Noble Training Facility, the nation's only hospital dedicated to training healthcare professionals in disaster preparedness and response.

A number of resident training courses culminate at the CDP's Chemical, Ordnance, Biological and Radiological (COBRA) Training Facility. The COBRA is the nation's only facility featuring civilian training exercises in a true toxic environment using chemical agents. The advanced hands-on training enables responders to effec-

tively

prevent, respond to, and recover from real-world incidents involving acts of terrorism and other hazardous materials.

Responders participating in CDP training gain critical skills and confidence to respond effectively to local incidents or potential WMD events.

Information about CDP training programs can be found at <http://cdp.dhs.gov>. Visit the "News & Media" tab at the top of the site to download images, share CDP training articles, and find out what others are saying about

CDP training. For more information about the CDP, contact the CDP External Affairs Office, at (256) 847-

2212/2316 or e-mail [pao@cdpemail.dhs.gov](mailto:pao@cdpemail.dhs.gov).

## Minot-Sleeper Library hosts family events for school vacation

BRISTOL — The Minot-Sleeper Library in Bristol will be hosting activities for families during Newfound Area School District's Winter Recess, the week of Feb. 26 through March 2.

On Monday and Wednesday from 10:30 a.m. to noon, the library hosts Paint and Play Drop-in, a casual, creative art and playgroup session for young children. Lego Drop-in days are Monday through Thursday from 3 to 5 p.m. Children of all ages are welcome to bring their imagination and build something fun with the Library's Lego collection. On Friday,

March 2, the library will be celebrating the birthday of Dr. Seuss with stories, crafts, and snacks. The party kicks off at 10:45 a.m. Also on Friday, the library will be showing

the 2017 movie Wonder, which stars Julia Roberts and Owen Wilson. Beginning at 3:15 p.m., children can make their own trail mix to snack on during the movie, which starts at 3:30 p.m.

The Minot-Sleeper Library is located at 35 Pleasant St. in Bristol. All events and programs are free and open to the public. For more information, call the Library at 744-3352.

## New Hampton School Theatre to perform Shakespeare's "Twelfth Night"

NEW HAMPTON — Directed by History Department Chair Meredith C. Brown, New Hampton School students will perform "Twelfth Night, or What You Will" by William Shakespeare. The play will showcase

on Feb. 23 at 6 p.m. and Feb. 24 at 7 p.m. Both performances are free and open to the public.

"Twelfth Night" is generally accepted as one of Shakespeare's most fun plays. Though the story line can be confusing at times, the

confusion adds to the absurdity and farce of the play. The performance features overly emotional characters, outrageous acts of love, and overall absurdities. It is about a shipwreck, loss, love,

SEE TWELFTH NIGHT, PAGE A12

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<b>Sat, Feb 17</b> Mike Girard's Big Swinging Thing	<b>Thur, Feb 22</b> Big Bad Voodoo Daddy

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<b>PETER RABBIT</b> PG Fri.-Sat.: 12:30, 2:40, 4:50, 7:00, 9:15 PM Sun.-Thurs.: 12:30, 2:40, 4:50, 7:00 PM	Find us online at: <a href="https://www.facebook.com/BarnZs.com">BarnZs.com</a> Like us on <b>facebook</b>

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DONNA RHODES

Race organizer Sam Ebner watched as the first participants headed out along a 5K cross country ski course in his Ski for Heat races that raised money for local fuel assistance.



DONNA RHODES

Seven-year-old Madeline of Rumney was one of five family members who called themselves "Team Skirts" when they took part in last Sunday's Ski for Heat fundraising event.

# Locals take to the slopes to support Keep The Heat On

BY DONNA RHODES

drhodes@salmonpress.news

PLYMOUTH — The Ebner family of Plymouth is one that has a strong commitment toward making a difference in their community. In keeping with that ethos, Sam Ebner, a senior at Plymouth Regional High School, picked up where his brother Chris left off by organizing this year's Ski for Heat event on the school's cross country trails. Ski for Heat started

in 2015 when Chris Ebner, a high school junior at the time, raised \$1,000 for Keep the Heat On, a fuel assistance program for local residents.

The following year the race was cancelled due to weather and snow conditions and then Chris was off to college. The concept of Ski for Heat lived on even in his absence however when younger brother Sam stepped up to take the race over

in 2017. As a member, and now this year the captain of the Nordic Ski team at PRHS, he said it seemed only natural for him to continue the fundraiser his brother started.

"I wanted to keep this going to help raise money and awareness for Keep the Heat On and just help people get together and enjoy the outdoors," Sam said.

Unfortunately he, too, had to cancel his first race in 2017 due to

the conditions but last weekend everything fell into place and approximately two dozen cross country ski enthusiasts showed up for the event.

"I felt I really needed to leave something behind here in Plymouth before I go off to college in the fall. I'm so glad we had some fresh

snow overnight and a nice day this time," he said.

Participants this year were able to sign up for any one of three course options. There was a 5K for the hardest skiers, a 3K for those who preferred a shorter distance, and finally a Lollipop Race where tiny skiers

could ski a loop around the football field then get a lollipop at the end for all their effort.

The Ronci family of Rumney were among this year's skiers who took part in the races. All five of them, both male and female, covered their ski apparel with flowing skirts and

SEE HEAT ON, PAGE A12

## Eighth Annual Circle Trot kicks off April 29

PLYMOUTH — The eighth annual Circle Trot will be taking place on Sunday, April 29 at the AllWell North building. There will be a 10k/5k/2k race that will navigate throughout downtown Plymouth and the surrounding areas in support of the Circle Program. The Trot is community, family friendly event that encourages all ages and ability levels to participate.

The 2018 year as brought the approval of of the Trot as a Cluster Project at Plymouth State University. As a Cluster Project, the Trot will foster cross-disciplinary collaboration between students and faculty member in Sports Management, Physical Education, Health Education and Promotion, Athletic training, Marketing and Athletics.

The Circle Program



COURTESY

The eighth annual Circle Trot will be taking place on Sunday, April 29 at the AllWell North building.

provides girls from low-income New Hampshire families with new opportunities to learn the skills, courage and confidence they need to handle the challenges in their lives. This is done through a unique combination of adult and peer support that is delivered through our year-round mentoring and residential summer camp programs. The Circle Program provides support to girls in 29

towns from Concord to Plymouth, which makes the Circle Trot a wonderful community event.

Racers can register at [www.CircleTrot.org](http://www.CircleTrot.org) or call 536-4244. Same day registration will be available at Plymouth University's AllWell North Building until 8:30 a.m. the morning of the Trot. Not a runner? Come out to cheer on your friends and family and embrace the Circle Trot motto of 'Friends to the Finish.'

## Kuster reaches out in Plymouth

PLYMOUTH — Second District Congresswoman Annie Kuster held forth at Main Street Station here last week, informing constituents of the key issues presently before Congress, then taking questions.

The Democratic Representative said she supported the New Hampshire Site Evaluation

Committee's denial of the Northern Pass/Hydro-Quebec power line project through the state blaming Massachusetts Gov. Charlie Baker for pushing the wrong route without an alternative. To questions about



COURTESY

Congresswoman Annie Kuster addresses Plymouth residents during an appearance last week.

the future of Children's Health Insurance Program (CHIP), she assured the standing room gathering it was back in the federal budget for ten years out. Immigration reform had reached a workable compromise in the Senate but not yet in the U.S. House due to

opposition from Speaker Paul Ryan. She said she opposed the way Immigration and Customs Enforcement (ICE) agents were going about deporting those who have been here a long time, such as those recently stopped traveling I-93 just north in Woodstock/Thornton.

For Democrats to take over the House of Representatives in Washington this coming November will require her party to hold onto 20 seats while "flipping" 24 others.

"We can do it with your help," she concluded. "We need to."

## Minot-Sleeper Library works to keep voters informed

BRISTOL — In an effort to encourage civic engagement and bring about greater awareness of candidates running and issues on the table this election season, the Minot-Sleeper Library will host a number of event between now and mid-March.

Bristol voters will be faced with deciding whether to vote for or against a proposed new town office building and updated Police Department building.

To help provide information and as an opportunity for residents to ask questions, two informational sessions on the project will be held at the Library. The first will be Saturday, Feb. 24 beginning at 10:30 a.m.; the second on Wednesday, March 7 at 2 p.m.

On March 13, voters will elect individuals to serve on the Select Board, Budget Committee, Library Board of Trustees, and as Moderator and Trust-

ee of the Trust Fund. Prior to the election, the Library will host its annual Candidates' Forum on Saturday, March 3 beginning at 2 p.m. All are welcome and encouraged to attend. The Friends of the Library are a sponsor of the event and will provide refreshments.

Those with questions about Library events can call 744-3352 or email [librarian@townofbristolnh.org](mailto:librarian@townofbristolnh.org).

## Plymouth Area Democrats preparing for 2018 Mid-Terms

PLYMOUTH — On Wednesday, Feb. 28, the Plymouth Area Democrats will meet from 7 to 8:15 p.m. at the Plymouth Regional Senior Center. This is a change from the usual start time of the meeting.

PAD Chair Joyce Weston will lead the discussion with an overview of the activities and accomplishments of the organization over the last year, with input from the Outreach team and Communications team.

From the past, we'll move into the present, with a report from the Nominating Committee, who are working on a slate of nominees for the board election on March 28. The Chair will contin-

ue with a review of the New Hampshire House Districts and other elected positions that need strong Democratic candidates. We will cover plans for the campaign — our efforts to engage younger voters and volunteers, the possibilities for a Plymouth headquarters and how we plan to fund it, and how we can be pre-

paring right now for positive election results.

A postcard writing session will follow the remarks, so bring along a good pen! We will supply the postcards, addresses, and suggested messages.

All are welcome to attend the meeting. For more information, call Joyce Weston at 536-2856.

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## How family history and genetic factors can affect teens

BY DEB NARO  
Contributor

When it comes to kids and alcohol, you cannot gaze into a crystal ball to find out whether your kids will face problems with drinking or drug use in their teen years. However, there are biological and environmental factors you can watch for to help determine if your teen is at a greater risk for addiction.

It is important to keep in mind that risk factors do not determine your child's destiny; they provide a general gauge to the likelihood of drug or alcohol use. Addressing risk factors early on and paying careful attention to your child can reduce that child's likelihood of a future problem with drugs or alcohol. This is particularly true if your child is at high risk, has already experimented with substances, or has an identified problem.

A family history of drug or alcohol problems can place your child at increased risk for developing a problem. There is a stronger biological risk if a child's parent has addiction problems, but your child is still at a higher risk if an aunt, uncle, grandparent, or cousin has an addiction or is in recovery. Inheriting the gene does not mean that your child will automatically become dependent on drugs or alcohol; no single risk factor can determine addiction. It only means your child is at a higher risk.

If there is a history of dependence or addiction in your family, you should let your child know since they

are now at a higher risk for developing a problem. These conversations should take place no later than pre-teen or early teen years. The more information your child has, the better the chance of preventing problems.

Other factors that may increase your child's risk of developing a drug or alcohol problem may include your child having a condition such as depression, anxiety or Attention Deficit Hyperactivity Disorder. It is a good idea to talk with your health care provider to better understand the connection of how emotional and behavioral problems can trigger or escalate a substance use problem.

Children who have a history of traumatic experiences have also been shown to be more at risk for substance use problems later in life. It is important to recognize the possible impact of trauma on your child and get help to address the issue.

Additionally, children who frequently take risks or have difficulty controlling impulses are more at risk for substance use problems. While most teens understand the dangers of taking risks, some have difficulty resisting impulses to engage in risky behavior.

For tips and conversation starters on risks associated with substance use, visit [www.cadyinc.org](http://www.cadyinc.org) and Partnership for Drug-Free Kids. If you or someone you know struggles with substance use, contact the NH Addiction Crisis Line at 1-844-711-4357.

## PET of the Week Lucy

Lucy, a large black Shepherd/Labrador mix, now aged about ten, has quite the history with New Hampshire Humane Society. We adopted her in the winter of 2009, she returned in 2013, adopted again that same year, she now resides again with us after some family upheavals.

Lucy is a cancer survivor, a miraculous thing indeed. Her former family really provided a high quality home including treatments she needed to beat a disease that

claims too many lives, both in the animal and human realm.

Lucy did live with another dog, but we know she would likely prefer a home where she is the only dog in the household and truly given her life's journey so far, surely that is a reasonable provision. She awaits that special connection all dogs need and crave—meanwhile, staff and volunteers provide the enrichment and company she deserves and requires.

Look past her old-



er years. Be courageous when thinking about her past health history, and think about the possibilities of a home you could share with a wonderful,

sweet dog who needs some permanency and stability in her canine life. Call 524-3252 – check [www.nhhumane.org](http://www.nhhumane.org)

## Letters to the Editor

### Nancy Dowey deserves Bristol's vote for re-election as library trustee

To the Editor:

I am writing to encourage Bristol voters to attend the Meet the Candidates event at the Minot-Sleeper Library on Saturday, March 3 and to be sure to vote in this important upcoming election. I want to particularly ask that you vote to re-elect Nancy Dowey to the Minot-Sleeper Library Board of Trustees. Nancy has served for several years and is currently Vice Chair, her experience, dedication and commitment to serving has made her a valuable member of the Board.

We are very fortunate to have a number of people who are running for the three open seats. As the current Chair of the Board of Trustees, I feel very fortunate

to serve with such a committed and active group of people. We are lucky to have a first class staff and a truly outstanding Library Director in Brittany Overton.

I would also like to thank Archie Auger and Ann Guilfoyle who have decided not to run again. Many of you know them as active members of the Bristol community and we owe them a debt of gratitude for their contributions to the Library over the years. Our community and the future of Bristol is in the hands of the public servants we elect. Every vote matters!

*Rosemary D'Arcy  
Bristol*

### School budget withstands reductions – Maybe

To the Editor:

Dear Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron & New Hampton:

Sorry so many were unable to attend Newfound School District Deliberative Session at the high school on Saturday, Feb. 3, when warrant articles were discussed as presented to the electorate. Using rough numbers, there are 7,500 voters in Newfound Area School District, comprised of the towns named above. Approximately 60 voters, or eight tenths of a percent (less than 1 percent of y'all) decided, on four attempts to do so, that cutting the proposed Operating Budget (by amendment) down to an amount almost equal to the Default Budget was not acceptable. That's too bad, because based on what I've experienced over the past several years as a member of the School Board, this is a year in which we could have done that. However, one voice does not a majority make! So saving you about \$300,000 was not to be had. Maybe.

Personally, I admit after thinking about how many have contacted me, stopped me on the street or emailed to complain about the increase in your tax bills, that it was a mistake for me to vote to recommend (with the majority) we should pass the proposed Operating Bud-

get. Many elderly voters are struggling, and feel they are being forced out of their homes. With little ability to explain the total picture in this letter, I recommend you consider voting against the Operating Budget, Article 2, on Tuesday, March 13, which would enable the Default School Budget, which is about \$300,000 less. There are ample funds with room in both this year's maintenance trust at \$330,000 as well as \$200,000 or more, or less, in the Capital Improvement Plan to cover a voters' majority decision to do so. So you still have another bite of the apple, but you have to show up and vote Tuesday, March 13 to effect this choice. As small as it may be, it has impact, and not just this year. Oh, and by the way, had you attended on February 3rd, you were afforded the opportunity to reduce the budget by about \$2 million (which I do not support), but nonetheless, an amendment was presented – but only to those attending. This is a democratic republic folks -- but only for as long as we can keep it! Participate. Vote. Or, just pay up at the whim of those neighbors who do show up and decide for you.

*Vincent Paul Migliore  
School Board Representative  
Bridgewater*

### Be careful with your vote this year, or pay the price

To the Editor:

Last week's papers highlighted the candidates for Bristol Selectman; here are two candidates running for the same spot, and both currently sit on the Bristol Budget Committee.

To those of you who are concerned about the future of Bristol and the tax burden we currently bear, it would be worth your time to review some recordings of past Budget Committee meetings on the Town of Bristol Web site. One candidate is a conservative, the other is not; one thinks we need to make some changes in the way we spend our tax money, the other wants to continue making "progress."

Let's take a look at that "progress" we have made in the last 15 years:

Of the seven surrounding communities — Alexandria, Bridgewater, Danbury, Groton, Hebron, Hill and New Hampton — Bristol has had the lowest population growth (eight tenths of a percent) and highest tax burden (\$2,282.13 per man, woman and child) of any of these towns. Bristol's budget is twice as large as New Hampton, the next largest (2,228) of its neighbors.

Another sign of "progress" is the proposal to spend \$2.6 million on a new Town Office and Police Station. Selectman Alpers has stated in a newspaper interview that even if the warrant article passes, at town meeting, it wouldn't alleviate the town's problem. So

why would we, as taxpayers, spend that kind of money to not fix a perceived problem?

The real problem is, our police department is almost twice the size as the FBI recommended staffing level of one officer per 500 residents. Last summer, our police department functioned down three to four patrolmen and no one noticed the difference. Another manifest of that "progress" is the Fire Department's request to establish a study committee to evaluate the "needs" of the current Fire facilities. Did I mention one of the candidates for Selectman is an "On Call" fireman? This should not come as a surprise, as many of the elected officials are financially connected to taxpayer supported departments. There is also a warrant article to hire a full time Deputy Fire Chief (the half year salary is pegged at \$41,801, or \$83,602 per full year).

There are over \$800,000 worth of warrant articles on the ballot this year; if you don't come out and vote and attend town meeting, you could be faced with an increase of over \$3 per thousand of assessed property value.

Come out and vote on March 13 at the "Old Town Hall" and attend Town Meeting on March 17 at 9 a.m. at the Newfound Regional High School; be there or pay the price!

*Paul H. Simard  
Bristol*

## Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

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# The need for a new town office building in Bristol is critical

BY NED GORDON

Chair  
Bristol Space Needs Committee

I am writing in support of the proposed construction of a new town office building and renovations to the existing police facilities in the Town of Bristol. There is a critical need for these improvements, and I am urging the voters in the town of Bristol to support the proposal which has been crafted by the Town's Space Needs Committee.

The Space Needs Committee has labored for two years in an effort to properly evaluate the town's building needs and to propose a plan to satisfy those needs for the next twenty-five years in a fiscally responsible manner consistent with the composition and character of the community. A negligible amount has been spent by the town over the last twenty years on town buildings or facilities. The highest priority is the Town Office Building which houses both town administrative functions and the Police department. While there is clear agreement that it time for improvements to be made, there are many different perspectives held by citizens with regard to how those improvements should be undertaken.

Some people believe that the town should consolidate all town functions, including administrative, police and fire, into a comprehensive facility at

a new location. This would require land acquisition and result in a multi-million dollar price tag. Even if existing town buildings could be sold, the proceeds would not substantially offset the cost. In addition, the Fire Department has informed the Committee that it can best serve the public at its current location.

The Committee evaluated the possibility of acquiring existing buildings within the community. Every available building within the Town was considered to determine if it would meet the Town's needs. There was only one building in town for sale with adequate square footage, but after the cost of acquisition and renovation, the cost would be comparable to new construction and the town would own a fifty-year-old building with a flat roof.

The Space Needs Committee considered expanding the existing town office building. The building has some major deficiencies. Most problematic is that when it was constructed, it was not built at ground level. To access the two-story building, you either have to go down or up. Any major structural changes to the building would require compliance with the Americans for Disabilities Act. That would effectively mean an elevator would be installed. The building is on a slope and any expansion

to the rear would require significant and costly site work. Expansion out to the northern side might be possible, but because the building serves a dual purpose, during the renovations, part of the town operations would have to be relocated at an additional expense to the town. To effectively divide functions within the

existing building, the town offices would be required to be on the second floor and the police department on the first floor. The entrance to the building would still have to be either below ground level or by climbing steps and the cost of adding an addition and making required renovations would not be substantially less than

constructing a new building.

After considering the alternatives, the Space Needs Committee determined that the best plan was to construct a separate building adjacent to the existing town office building and make improvements to the existing building without having to make major structural changes.

This would result in a separation of administrative and police functions. The question the Committee faced was whether the new building should be a new police station or a new town office building.

In addressing that question, The Space Needs Committee was influenced by the fact that there is an already

SEE OFFICE, PAGE A12

## So the dump is now a transfer station, but just where is my Sunday Times?

NORTH  
COUNTRY  
NOTEBOOK

By JOHN HARRIGAN



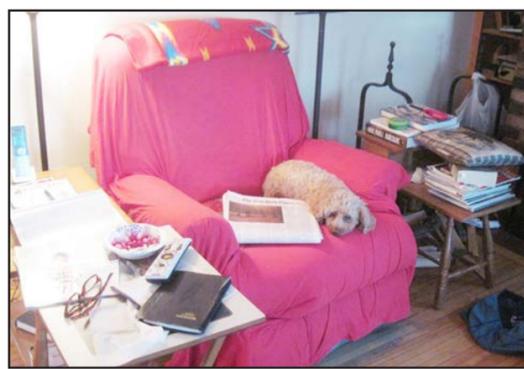
like "Ahyuck, ahyuck, well I'll be golderned, never thought o' that!"

+++++

One of the problems is that for me, computers have always meant work. In my career, we went straight from typewriters to the first 512k stand-alones, to networking, to main-frame computers, to Desktop Publishing and beyond.

So the computer in its various evolutions has always signified work for me, and while it has been the kind of work I have purely loved, it was (and is) still work--and everyone now and then needs to recreate body and mind.

And so, I've recreated in other ways, like dragging trees, hunting and fishing and canoeing into impossible places, fixing



JOHN HARRIGAN

This somewhat cluttered but comfortable scene will no longer be graced by the Sunday Times, but there'll always be room for Millie.

fence, or hitting the trail for camp. Anything but looking at a keyboard and tube. "Ugh, feels like work!" my feeble brain warns if I want to maybe check my e-mail, and I abandon the office chair to go build a fire in the shop stove and split kindling.

This aversion to the keyboard-as-fun notion is no doubt why I've left my Facebook page mostly unattended and have otherwise scarcely explored Social Media's vast and enthralling world.

+++++

So, let's see--Colebrook's last issue of the Sunday Times will arrive on Feb. 25.

I'll be sure to call and reserve a copy, for we are a region of readers and the Times are soon gone.

I'll be getting over foot surgery by then, so the dump trip's out and I'll have to bamboozle a friend into delivering the paper.

And then, when we've had our cup of coffee and my company's gone, I'll stand at the kitchen counter, just enough weight on the walking cast to keep me stable.

And I'll see this venerable newspaper as it was meant to be seen, whole pages at once, one photograph balancing out the other, headlines written just so, and slowly flip the pages and read the headlines, and pick and choose.

There'll even be room on the counter for a coffee cup, and over there, just above the corner of Page Two, maybe a plate of toast, and a little raspberry jam.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

## Letters to the Editor

### Two decidedly disturbing bills

To the Editor:

This is the 37th of my regular reports on what is happening in the legislature in Concord. The activity was mainly a House session that tried to cram (unsuccessfully) two days into one to make up for a snow day. I was disappointed in the session in certain ways because we had 20-plus Republicans who thought they were Democrats.

The first disappointment was the Family Medical Leave Act (FMLA). Some companies already provide this benefit. This bill essentially dictates to the employer if the employee wants the benefit. It cobbles together an optional participation mechanism with a disguised income tax to pay for it. With some optimistic (some say wild eyed) assumptions, it ended up with a 67-cent contribution (tax) for up to six weeks of leave. Of course, this all is on an "opt in"/"opt out" set of rules to ensure it will be insolvent. I understand AFLAC sells a similar policy without state government involvement. Like a lot of faulty legislation, it feels good, has

no nutritional value, and RINOs helped it pass. I did not support it.

The more bothersome bill, HB 587, will prohibit it counseling youth who are questioning their sexual identity. The sponsors and supporters of this bill said it would prevent shock and sensory deprivation theory, with no proof that this practice occurs in New Hampshire. Many of my fellow Republicans were silenced by political correctness. However, children who have momentary sexual identity questions may experience self-hatred or suicidal thoughts if this ban on Conversion Therapy becomes law. As written, no one will be able to tell the child that for more than 90 percent of the population, these thoughts are transitory. As one courageous legislator related:

"...I had a major crush on a boy in high school. A self-professed liberal German teacher of mine told me (a) this was normal; (b) this would, for almost everyone, pass and (c) if it didn't, she'd still like me. Thank you for this liberal being ... well, a true liberal, not a pseudo-liberal with an

agenda. Thank God this liberal did not abuse this child -- me. The bill that just passed the House would have trapped me -- not affirming."

It is disheartening and distressing because the Senate may not have the common sense to kill HB 587, and the Governor says he will sign it. The Republican Party has a strong platform that affirms the need for strong, pro family policies. It is disappointing that many elected officials with an (R) behind their name

have either not read the platform or choose to ignore it.

This week will be busy with Committee hearings, the Governor's State of the State address, and another full House Session to complete the carry over from last week. Please do not hesitate to call me a 320-9524 or email at dave@sanbornhall.net.

Cheers!

Dave Testerman  
State Representative  
Franklin and Hill

#### ANTICIPATED OPENING - 2018 BUSINESS ADMINISTRATOR SCHOOL ADMINISTRATIVE UNIT 18 FRANKLIN SCHOOL DISTRICT

SAU 18 is seeking an energetic, highly motivated and qualified individual for the position of Business Administrator for our school district with a combined operating budget of \$15 mil, staff of 250 and student population of 1,400. Responsibilities include budget development and supervision, state financial reporting, contract or building project management, federal grant accounting, insurance programs and benefits oversight and general management of office staff. Must be certified/eligible in New Hampshire as a Business Administrator. This is a year round, full time position with a solid benefit package. Interested candidates should submit a letter of interest, resume, certification/transcripts, if applicable, and three (3) letters of reference to:

Superintendent of Schools  
119 Central Street  
Franklin, NH 03235  
603-934-3108 or Fax 603-934-3462  
E-Mail dlegallo@sau18.org

Search will close March 16, 2018  
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# Towns

## Alexandria

Merry Ruggirello 744-5383  
sunshine\_eyes51@yahoo.com

My apologies to those who couldn't find my column a couple of weeks ago. As it turns out, I hit "send" and the column landed somewhere in cyberspace, and there it will likely stay forever! Thank you, Yahoo, I can get lost easily enough on my own, I don't need your help.

### Town

Meetings for this week were in last week's column, and will be over by the time the paper comes out. I went looking for the Town's Web site, but it's either on vacation or out looking for the above mentioned "lost in cyberspace" column.

If you're looking for something to do this weekend, don't forget the AFFA Fishing Derby! Repeating the in-

formation right here for you.

The Alexandria Volunteer Firefighters Association will be holding their 27th Annual Ice Fishing Derby Feb. 24 and 25 from the Boat Launch at Wellington State Park. There will be a Grand Prize drawing of \$1,000 for the largest overall fish! Tickets are available for a donation of \$20 from Newfound Trading Post, Lake Street in Bristol or any AVFFA member. Hoodie sweatshirts are available for sale at Newfound Trading Post, Newfound Grocery on Route 3A in Bridgewater, at the Derby Headquarters, or any Fire Department member. The hoodies are \$25 each, with the exception of size 2XX which are \$28. You do not have to actively ice fish to win a prize, but you must have a ticket to win! The Cook Shack will be there, with good things to eat and drink.

## Alexandria UMC

Sunday, Feb. 25, worship is at 9 a.m., with Sunday School following at 10:15 a.m. Trustees will meet at 6:30 p.m.

The Lenten Study, The Five Means of Grace, will continue Thursday's at Tom and Anita's home.

NAC Lenten Services will be held on Wednesday, Feb. 28 at noon at Bristol UCC. Light luncheon to follow.

Happy Anniversary to Dave and Elsie Wilson on Feb. 24.

The latest edition of the Gospel Truth is out! Thank you to all who wrote articles, and helped put it together on Sunday for mailing.

Time for me to get hopping, got a little behind in my day with some phone calls coming in. With lists in hand, I'm out the door shortly, ready for the next adventure. Have a great week!

## Danbury

Donna Sprague  
huntoonfarm@myfairpoint.net

### South Danbury Church

Sunday worship at the South Danbury Christian Church will be at 11 a.m. on Sunday, Feb. 25. Everyone is welcome for worship, and for conversation and refreshments afterward. For more information about the South Danbury Church and its activities, follow "Friends of the South Danbury Christian Church" on Facebook, emailsouthdanburychurch@gmail.com, or call 491-3196. The South Danbury Church, an Open & Affirming congregation of the United Church of Christ, is located at 1411 U.S. Route 4 in South Danbury. If you or anyone you know would like to attend worship or events but needs a ride, contact us by phone or email above to make arrangements. We'll be happy to help!

### Thrifty Yankee Ragbag

About thirty families attended the Thrifty Yankee event sponsored by Blazing Star Grange on Feb. 17. They went home with a market tote of information and samples of homemade laundry soap, dryer balls, baking mix, homemade cleaners and a jar of seeds to sprout. Those that brought their dull knives and axes went home with them sharpened. The presenters seemed to learn as much as the attendees with idea sharing going in both directions.

### Danbury Business Meet and Greet

The next 3rd Saturday workshop on March 17 will be a business meet and greet. Plan to attend to meet to some Danbury business owners. Find out what they do at this informal two hour event from 10 a.m.-noon. You will have a chance to discuss what services they provide. To participate as a business, return the form at [blazingstargrange.org/home](http://blazingstargrange.org/home). That night at 7 p.m., St Patrick's Day hits the big screen with silent movie night at the grange hall. Suggested donation for admission is \$5.

### Danbury Winter Market

March 3 is the next winter farmers market held from 9 a.m.-1 p.m. at the grange hall. Cannoli lovers should drop by to have a fresh cannoli or some Italian cookies made by Maria Polizzi of Double Z Ranch. The Good Earth Tea Company will bring their assortment of teas as well as woodcrafts and Soy Candles by Forrest will make there for the first time this season. A new supply of pork comes to the market via Huntoon Farm. The Danbury Grows group will have information on the Fedco group order. Come for breakfast and / or lunch, to support local businesses or just to browse and socialize. For more information, call Donna at 768-5579.

## Groton

Ruth Millett 603-786-2926  
rem1752nh@gmail.com

We are entering the Election season. Imag-

ine, mud season and politics... wonder if there's any connection. I'm already planning out our greenhouse and we'll be getting that started as soon as we can find it in the snowbank. There's still a foot or so of snow covering the garden, but that will melt fast with a few warm days like we've had this week and I'm hoping we'll see a little mud on our driveway before elections on March 13. I'm not looking forward to going up and down North Groton Road where it was reclaimed last summer. There will be a Warrant Article concerning this at Town Meeting. We hope you will plan to attend on March 17, beginning at 9 a.m. There are many important issues facing the Town this year and we need everyone's input.

Are you interested on serving as a member of the Conservation Commission? Let someone know. The next Conservation Commission Meeting will be March 8 at 7 p.m. at the Town House.

Come out and meet the candidates on Candidate's Night 2018; at the Town House - March 6 at 7 p.m., with a Select Board Meeting to follow.

The Supervisors of the Checklist will be meeting Monday, March 5 at 7 p.m. to make additions to the checklist. This will be their last meeting before elections.

### Meetings and closures coming up

Select Board Work Sessions - Tuesdays - March 6 at 5 p.m., and March 13, 3 p.m. at the Town House  
Select Board Meetings - Tuesdays - March 6, and March 20 at 7 p.m.

The Planning Board will be meeting at the Town House on Wednesday, Feb. 28 at 7 p.m.

Conservation Commission Meeting - Thursday, March 8 at 7 p.m. at the Town House

Candidates Night - Tuesday - March 6 at 7 p.m.

The Town Clerk's Office will be closed March 21 and 28 for the Tax Collector Workshop at the DRA

### Dates to keep in mind

Town Elections - March 13 - The Town House is our polling place and the polls will be open from 11 a.m. to 7 p.m.

Town Meeting - March 17 at the Town House beginning at 9 a.m.

Dog Licenses are due by April 30. We have the new tags in and you can license your dog anytime with a current rabies certificate.

## Churches

### Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

### Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.  
9:25 a.m. — KidZone

for K-grade six

Special Needs Ministry-high school-adults

11 a.m. — Contemporary Worship Service

11:15 a.m. — KidZone for K-grade 6

11:15 a.m. — Youth Sunday School

"Toddler Zone" is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

### KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

### Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

### Mondays

8 p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at [accernie@hotmail.com](mailto:accernie@hotmail.com) or visit the church Web site, [ashlandcommunitychurch.com](http://ashlandcommunitychurch.com). We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

### Plymouth Episcopal (Church of the Holy Spirit)

Our new priest, the Rev. Kelly Sundberg Seaman, continues to settle into our area. Hope that you will attend a Sunday service to meet and get to know her. Our services are still the same: 8:00 at Griswold Hall, 263 Highland St., Plymouth (Griswold Hall is adjacent to the Christian Life Center—CLC), and 9:30 a.m. at St. Mark's, 18 Highland St., Ashland.

### Season of Lent begins with Ash Wednesday on Feb. 14

There are two places that you can receive ashes.

9:30 a.m. Eucharist & ashes, St. Mark's

11:30 a.m. Eucharist

SEE CHURCHES, PAGE A7

## Jeremy Floyd Mansfield

FRANKLIN — It is with great sadness that the family of Jeremy Floyd Mansfield announces his passing on Feb. 12, 2018. He died peacefully in the loving arms of his wife of 25 years, Debbie Jeanne (Barnard) Mansfield, after a long illness.

Jeremy was born in Peterborough, living half his life in Franklin, while other years were spent in Hebron and Belmont. He graduated from Franklin High School. Later, he got his certificate as a Licensed Nurse Assistant. He spent many years working for Fruedenberg NOK, Arwood, Wal-Mart, and Merrimack County nursing home where he was an LNA.

Jeremy loved gar-



dening and anything to do with plants and animals, had a special love for chickens and animals, and was involved for many years in 4H. He won over 75 ribbons for exhibiting his fowl at the county fair. Jeremy will be lovingly remembered by his wife of 25 years, Debbie, and their children, Kristen Powell (and husband Timothy), Seth Napoli (and wife Heather), and Heath-

er Mansfield and her partner, Treva Smith. He will also be fondly remembered by his grandchildren, Jacklyn, Amy, Julia, Ethan, Nellie, Trevor, Jane, Kaymin, and Karalyn, as well as many nieces and nephews. Also remembering him are Debbie's father, Karl Barnard, and brother, Karl (Chip) Barnard (Cindy). He is survived by his brothers, George and Philip Mansfield. Jeremy was predeceased by his parents, George and Nellie (Doll) Mansfield, siblings Ralph Mansfield, John Mansfield, and Tammy Scott, and adopted daughter Kimberly Mansfield.

A celebration of his life is planned for this coming summer. Memorial

care-taker.

He enjoyed spending time visiting with his family and hunting and fishing with friends. He was a deeply religious man who will be remembered for giving his time, talents and money to churches, friends, neighbors and the disadvantaged. He will be sadly missed by all.

Family members include a daughter, Amy Jo, and two sons, George Henry and Charlie Otis. He leaves behind two sisters, Kathleen Whitcher of Bristol and Nancy Jane Morrison of Hernando, Fla.; three brothers George and his wife Connie of Inver Grove Heights, Minn., John and his wife Eleanor of Bristol, and Boake and his wife Betty of Bristol; and a sister-in-law, Joan Morrison of Bristol, nieces and nephews.

He was predeceased by his parents; a brother, Thomas O. Morrison; and brother-in-law Horace (Bud) Whitcher.

There are no services. Burial will be held by the family at a future date in July at Homeland Cemetery. Memorial donations may be sent in memory of Page to Yancey House, 6 Cooper Lane, Burnsville, NC 28714.

## Page R. Morrison, 81

BURNSVILLE, N.C. — Page R Morrison, 81, died Friday, Feb. 9 at Yancey House after a long period of declining health.

He was born in Bristol to Nathan and Harriet (Robie) Morrison on Sept. 26, 1936. He attended Bristol schools, and was in the National Guards.

He was an expert

heavy equipment operator, owned his own truck and spent a few years logging. He also was a licensed pilot and took many local people flying. Page had a passion for living on the edge. He worked for himself and local contractors before moving to St. Croix. He later lived in North Carolina for his remaining years, working as a

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# Irish silent comedy "Conductor 1492" at Danbury Blazing Star Grange on March 17

DANBURY — The silent film era returns to the big screen at Danbury's Blazing Star Grange Hall with the showing of "Conductor 1492" (1924), a classic silent comedy with live musical accompaniment.

Showtime is Saturday, March 17 at 7 p.m. at the historic Grange Hall, 15 North Rd. in Danbury. The show is open to the public with

suggested \$5 donation.

The screening will feature live accompaniment by Jeff Rapsis, a New Hampshire-based composer who specializes in creating scores for silent films.

"Conductor 1492" stars Johnny Hines, a popular 1920s film star. "Conductor 1492" follows the exploits of Terry O'Toole (Johnny Hines), a young man who leaves Ireland to



(Left) A poster for "Conductor 1492," a 1924 silent comedy starring Johnny Hines that satirizes the Irish immigrant experience. In honor of St. Patrick's Day, this rarely screened classic silent comedy will be shown with live music on Saturday, March 17 at 7 p.m. at the Blazing Star Grange Hall, 15 North Rd., Danbury, N.H. The program is open to the public. Suggested donation \$5.

make his fortune in 1920s America. After arriving, he

crooks to take over the company, all the while pursuing the boss' beautiful daughter.

The film, released in 1924 by Warner Brothers, takes a light-hearted look at the immigrant experience in America at the time, as seen through Irish eyes.

Born in 1895, Johnny Hines was a popular movie comedian during the silent era,

starring in such pictures as "Burn 'em Up Barnes" (1921) and "The Live Wire" (1925).

In his films, Hines often portrayed energetic young men eager to get ahead in business and find success—a popular theme in the booming years of the 1920s.

Although his movies were well-received, Hines never rivaled comic mega-stars of SEE CONDUCTOR, PAGE A12

## Churches

FROM PAGE A6

& ashes, CLC chapel, 263 Highland St.

12:30 p.m. the traditional ECW chowder luncheon, following the service in the CLC chapel

(Ashes available individually with prayer in CLC chapel following lunch)

Weekly Worship & Formation Schedule for Lent

Lent brings with it new opportunities for spiritual formation. Listed below are services and events which you are cordially invited to attend.

Tuesdays\*: 9 a.m. Meeting Jesus in the Gospel of John, CLC meeting room

11 a.m. Holy Eucharist w Healing Prayer, CLC chapel Wednesdays: 9:30 a.m. Morning Prayer, CLC chapel 10 a.m. Intercessory Prayer group, CLC meeting room Thursday: 9:30 a.m. Morning Prayer, CLC chapel 11 a.m. Holy Eucharist w Healing Prayer, St. Mark's

Fridays 9:30 a.m. Morning Prayer, St. Mark's

\*Begins Tuesday, Feb. 20, the Tuesday after Ash Wednesday

### Donate to the local Food Bank

Where did we see you hungry, Lord, and feed you?

Local Food banks are always in need of donated canned goods, and CHS has a collection basket at Griswold Hall for you to donate! Think of what one can of soup or fruit a week from each of us could do! You may bring items directly to the Food Bank (located at the Community Closet, across the street from Rite-Aid) on Tuesday

and Thursday mornings from 9-11-or place items in the basket in Griswold Hall, and Kathy Lennox will collect all items and take them to the Food Bank weekly.

### Holy Trinity (Roman Catholic)

Fish Fry- Friday, March 9 from 5-7 p.m. Hosted by Bristol Knights of Columbus in the Marian Center. Meal includes Fish, French fries, cole slaw, dessert and drinks. Just bring yourselves! Tickets are on sale this weekend after all Masses. Cost: \$10.00 per person, Children 6-12: \$7.50 (5 and under free), Family of four or more: \$30 All are invited to Stations of the Cross immediately following the dinner

### Newfound Area Churches Lenten Ecumenical Service Schedule Rotation

The services begin at noon, followed by a light lunch. Feb. 21: Alexandria Methodist Church; Feb. 28: Bristol United Church of Christ; March 7: Bristol Baptist; March 14: Hebron Union Congregational Church; March 21: New Hampton Community Church

### The Art of Hope at Currier Museum

This winter, The Currier Museum of Art is working with Partnership for Drug-free Kids to provide educational experiences in our galleries and classrooms. This program supports parents whose children have problematic substance abuse. The dynamic new program, "The Art of Hope", speaks to the urgency in New Hampshire to provide resources for families impacted by addiction. The program will run Mon-

days in February through the 26th from 6-8 p.m.. The program is co-sponsored by Catholic Charities and the Partnership for Drug-Free Kids. Walk-ins are welcome. For more information, email LThomson@Currier.org or call 518.4951.

### Campus Ministry

Busy person's retreat: This Lent, during the weekly student meetings, we will go on retreat together to open ourselves more to our God and to draw strength and support from each other as disciples of Christ on the Way. The meetings are at 7 p.m. in the Reflection & Spiritual Care Center, across from Lamson Library, up the street from the shuttle bus stop. Refreshments are served, and all students are always welcome.

### Taize Prayer Service

Sunday, March 4, at 6 p.m. in St. Matthew Church Hall, behind Blair Hall, we'll join parishioners for a delicious soup supper. After, we will offer a Lenten Taizé prayer service with Holy Trinity's Music Ministry. This inspiring contemplative prayer experience is adapted from the prayer tradition cultivated by the monks of the international, ecumenical Benedictine monastery in Taizé, France. Meditative singing, brief readings, and short periods of silence characterize a Taizé service. There will be an opportunity for the Sacrament of Reconciliation.

### Use of the Marian Center Great Hall Guidelines

The Marian Center is not available for rental. It

is available for use by registered parishioners who are active in parish life. If you are interested in booking the hall, please call Sandy at 536-4700 to see if the date is available.

If there is inclement weather and we are cancelling weekday Mass or adoration, this information will be posted on WMUR. Please check online or on your TV before leaving the house to go to church.

### Thursday, Feb. 22

Day Away Program, Simard Hall, 9 a.m. - 3 p.m.

Men's Group, North American Martyrs Oratory - 10 a.m.

Joy of the Gospel, St. Matthew Meeting Rm, 6 - 7:30 p.m.

Joy of the Gospel, Marian Center Hall, 6 - 7:30 p.m.

Boy Scout Meeting, St. Matthew Hall, 6 p.m.

### Friday, Feb. 23

RCIA, St. Matthew Rectory, 6:30 - 8 p.m.

### Sunday, February 25

No Faith Formation classes  
No Confirmation classes

~AA meeting Monday- Saturday St. Matthew Hall 11 a.m.

### Restoration Church, Plymouth (Assemblies of God)

Happy New Year and greetings from Restoration Church Plymouth located at 319 Highland Street, Plymouth, NH

03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our church phone number is still the same, 1-603-536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5 we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

### Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

### Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd.,

Plymouth, is a multi-generational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

### Sunday, Feb. 25 Nursery and Religious Education - 9:30 a.m. - 10:30 a.m. - Contact: Jane Clay, DRE Service 9:30 - 10:30 a.m. - Daring to Love the Imperfect World

Rev. Dr. Linda Barnes, Worship Leader Sarah Dan Jones, Music Director

It takes perseverance to stay in love with the world, with all its imperfections and disappointments. Join us as we explore how we can gather the grit, courage, and wonder necessary to remember joy, to stay in love with the world and each other.

Visit our Web site www.starrkingfellowship.org 536-8908

Share-a-Book HERE! You can give books in Spanish to the families in Nicaragua to remember anyone in your life who values books and reading!

Give to Share-a-Book now or in January. We will see that every dollar will go to books for the children of Compas de Nicaragua. These families have no other library! See Margaret Salt or Danni Simon with questions.

SEE CHURCHES, PAGE A12

**Newfound Landing**

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March 28<sup>th</sup> & 29<sup>th</sup>, April 4<sup>th</sup> & 5<sup>th</sup>

The Meredith News, The Record Enterprise, Granite State News, The Baysider, Carroll County Independent, Coos County Democrat, The Littleton Courier, Gilford Steamer, Winnisquam Echo, Berlin Reporter, and Newfound Landing.

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\* Four Week Buy Required

**Contact Tracy or Lori at 444-3927 | [tracy@salmonpress.news](mailto:tracy@salmonpress.news) or [lori@salmonpress.news](mailto:lori@salmonpress.news)**



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# March classes at Artistic Roots

PLYMOUTH — On March 15, Lynn Haust will offer a Melted Glass Sun Catcher Class from 5-7 p.m. at Artistic Roots, an artists' cooperative located at 73 Main St., Plymouth.

Participants will create beautiful glass designs to place in a window and catch the light. They can also

make a nightlight. Students will learn to use stringers, frit and how to cut and place glass. Cost of the class is \$25 for members and \$35 for non-members.

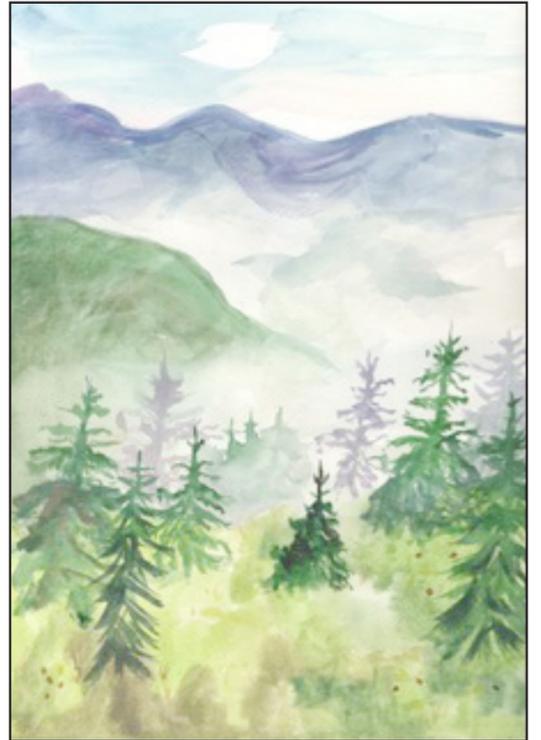
Suzan Gannett will be teaching a series of Watercolor Classes in February featuring Mountains through the Seasons. The classes will be held on March

13, 20, and 27 from 10 a.m. until noon. Cost of a single class is \$25 for members and \$30 for non-members. Cost of the series is \$65 for members and \$85 for non-members.

On March 19 from 5-7 p.m., Suzan Gannett will offer a Zen Doodle Mandala Class. She will teach students to incorporate Zen doodle

designs into a beautiful mandala design. Cost of the class is \$20 for members and \$25 for non-members.

Each month Artistic Roots also offers an Open Knitting Class held weekly on Sundays from 2-4 p.m., sponsored by fiber artist, Polly Bartlett. This class is free and all are welcome to attend.



COURTESY

Suzan Gannett will be doing a three session series on using water colors to paint Mountains. Classes will be held on March 13, 20 and 27 from 10 a.m.-noon. Cost of a single class is \$25 for members and \$30 for non-members. Cost for the series is \$65 for members and \$85 for Non Members. You can choose to take one or two classes or to take the series. Visit Artistic Roots at 73 Main St. to sign up.

## Winter Blues Festival heats up the stage at the Flying Monkey

PLYMOUTH — The Flying Monkey Performance Center presents Winter Blues Festival on Friday, Feb. 23 at 7:30 p.m. The evening features "Big Bill" Morganfield, Sugar Ray Norcia, Jerry Portnoy, Jason Ricci, Paul Rishell and Annie Raines, and Mr. Nick and The Dirty Tricks. Tickets for this show start at \$29.

Many men try to fill their father's shoes when they join the family business. Few, however, must prove they are up to the task in front of an audience as large as the ones that watched Big Bill Morganfield come into his own and successfully pay homage to his famous father.

William Morganfield is the son of McKinley Morganfield (a.k.a. Muddy Waters), and has emerged in the past few years as one of the top young blues talents in



COURTESY

Big Bill Morganfield, son of the legendary Muddy Waters, will headline the Winter Blues Festival at the Flying Monkey in Plymouth on Feb. 23.

America. Bill has played all over the world in the past 12 years, bringing pure joy to those who have had the pleasure of seeing his live performance.

"It's been a long journey for me, man," chuckles blues man William "Big Bill" Morganfield.

The Atlanta-based singer/guitarist is staying busy on the road in 2018 behind his latest album, Bloodstains on The

Wall. To him, it's just one of many steps on a musical adventure.

While Big Bill succeeded in developing his own personal style and sound — without mimicking his father's music — inevitably, there's a hint of Muddy Waters' voice in his singing.

"I think it's in the genes," says Bill. "I think I sound like my dad, but art is so hard to duplicate. To create is a better

thing. So you create your own style, with the influence of others. I learned from my daddy, but I wanted to create myself."

Blues in the blood, indeed.

Also on the bill at The Flying Monkey is a who's who of East Coast harmonica veterans including Jason Ricci, Annie Raines, and Sugar Ray Norcia. Jerry Portnoy, longtime harp player with Muddy Waters' band as well as Eric Clapton's band, rounds out the special guests. Boston area fan favorites Mr. Nick and The Dirty Tricks will anchor the evening.

Tickets to see Winter Blues Festival are \$29, and \$39 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at [www.flyingmonkeyNH.com](http://www.flyingmonkeyNH.com).

## Squam Lake Artisans need a new home

HOLDERNESS — Can you help? Squam Lake Artisans are looking for a new location to call home, so as a co-op, our thirty member-artisans, can continue to offer their fine art and crafts.

After more than 12 wonderful and mutually beneficial seasons with our hosts, the Squam Lake Natural Science Center, the time has come - as we "kinda" always knew it would - for the old inn to finally find

a new purpose in life and thereby be saved for generations to come. As our customers, visitors, and friends know, it has been a setting we have so much enjoyed. We have endeavored to make the gallery attractive and welcoming. It has been a great joy to have customers seek us out every season.

We are delighted that the building will be renovated, but rather unexpectedly we have learned our signed lease

for 2018 season would not be honored because of the pending sale.

The search is on and all suggestions or ideas would be welcomed. Ideally, we are seeking at least 1,000 square feet with good wall and floor space. The property could be seasonal or year-round. We are willing to spruce up any space. There will be a need to hang lighting to showcase the exhibited works. Access to restroom would be

needed also. We would entertain a partnership with maybe another non-profit organization or a simple lease arrangement with a property owner. It could be just for 2018, but hopefully longer. As for where, we will consider anything within the Lakes Region.

If you have any thoughts or suggestions, please contact Michael Moon: 254-5660 [mfmhmoon1950@yahoo.com](mailto:mfmhmoon1950@yahoo.com)



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## Edward Jones: Financial Focus

### Is a Managed Account Right for You?

As an investor, you'll face many decisions over the years. How much should you invest? Where should you put your money? When is it time to sell some investments and use the proceeds to buy others? Some people enjoy making these choices themselves - but not everyone. Consequently, the type of investor you are will influence your thinking about whether to open a managed account.

As its name suggests, a managed account - sometimes known as an "advisory" account - essentially is a portfolio of stocks, bonds and other investments chosen

by a professional investment manager who makes the buy and sell decisions. Typically, each managed account has an investment objective based on your goals, and you may have some voice in investment choices - for example, you may be able to request that the manager avoid certain investments. Or, you might still work with a personal financial advisor who can help you identify and quantify your goals, define your risk tolerance, and track changes in your family situation - and who can then use this information to help guide the investment manager's choices.

Beyond this basic structure, managed accounts can vary greatly in terms of administration, reporting, fees and minimum balance.

So, assuming you meet the requirements for a managed account, should you consider one? There's really no one right answer for everyone. But three factors to consider are cost, control and confidence.

Cost - Different managed accounts may have different payment arrangements. However, it's common for a money manager to be paid based on a percentage of assets under management.

So, if your manager's fee is 1% and your portfolio contains \$100,000, the manager earns \$1,000 per year, but if the value of your portfolio rises to \$200,000, the manager earns \$2,000. Because the manager has a personal stake in the portfolio's success, this arrangement could work to your advantage. Be aware, though, that other fees may be associated with your account.

Control - With any managed account, you will give up some, or perhaps all, of your power to make buy-and-sell decisions. If you have built a large portfolio,

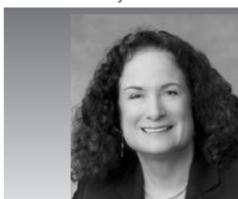
and you're busy with work and family, you may like the idea of delegating these decisions. And, as mentioned above, you can still oversee the "big picture" by either working through a financial advisor or, at the least, having your goals, risk tolerance and investment preferences dictate a money manager's decisions. But you will have to decide for yourself how comfortable you are in ceding control of your portfolio's day-to-day transactions.

Confidence - It's essential that you feel confident in a managed account's ability to help you meet your goals.

And the various elements of a managed account may well give you that assurance. For example, some managed accounts include automatic rebalancing of assets, which, among other things, can help you achieve tax efficiency. Other features of a managed account - such as the experience and track record of the manager - also may bolster your confidence.

Ultimately, you'll need to weigh all factors before deciding whether a managed account is right for you. In any case, it's an option worth considering.

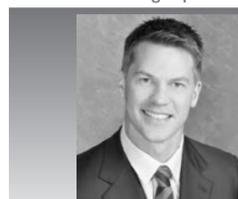
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# Golf conditioning

BY KENNEDY MANG, BECKY CHASE M.S. RCEP, AND MARISA HEINLEIN B.S.

RehabFIT  
Plymouth

Golf is a sport that is extremely popular during the warm weather months, however, we don't often think of golf as needing a "preseason." Despite this myth, it is highly important that a golfer begins conditioning during the winter months. Conditioning during these months will build up strength and flexibility needed to prevent injury and improve performance. Having a regular workout plan or joining a golf conditioning class, like the one RehabFit offers, are just two ways golfers can get the resources they need to be successful and strong throughout the entire golf season.

Three of the most common golf injuries are extreme back pain, elbow tendinitis, and rotator cuff injury. Extreme back pain can often be caused by lack of strength, poor golf swing mechanics or daily activities and habits. The rotational stresses that are placed on the back will add pressure on the spine and the supporting muscles. Back pain commonly begins as minor strains from hours of being in a bent over stance combined with the rotational stress. It is important to stretch and strengthen during the winter months as well as take time to stretch before and after play.

Elbow tendinitis is also a common injury that occurs in golfers of all ages. Tendinitis is defined as inflammation and irritation of the tendon tissues. Tendinitis can be caused by repeated movement over time, improper form, increased age, continued aggravation of the tendon without treatment, or a combination of factors. It is important to focus on strengthening both the

inner and outer tendon of the elbow during the off-season in order to decrease or prevent inflammation.

Lastly, a variety of injuries can occur in the muscle group

known as the rotator cuff. This muscle group is a combination of muscles in a person's shoulder and upper arm. Rotator cuff pain can be felt before, during, and after

the golf swing and especially when placing one's arms overhead. This injury is most often caused by repeated motion resulting in tendinitis, bursitis, and tears in the rotator

cuff. To avoid surgical repair or treatment for a rotator cuff injury, golfers should focus on strengthening all muscles in the shoulder as well as perfecting their form during the winter

months.

There are many exercises that are beneficial in the prevention of injury. It is important to create a workout plan that strengthens

SEE GOLF, PAGE A12

## Franklin VNA & Hospice cares about your colon

FRANKLIN — If everyone aged 50 and older were screened regularly, six out of 10 deaths from colorectal cancer could be prevented. Since March is Colorectal Cancer Awareness Month, it's a great time to start caring about your colon too! Colorectal cancer is the third most common cancer in the United States and the second leading cause of death from cancer, and often there are no signs or symptoms. Here are a few good ways to reduce your risk, what exactly they do during those tests, and how to talk with loved ones about getting screened from the American Cancer Society and Healthfinder.gov.

The best way to prevent colorectal cancer is to get screened regularly starting at age 50. Because often there are no signs or symptoms it's important to get screened so if there's a problem you can treat it early when it will be easier.

If you smoke, quit! Smoking increases your risk for a whole bunch of bad stuff, including colorectal cancer. Even secondhand smoke increases the risk for those around you. Try [www.quitnownh.org](http://www.quitnownh.org) for free resources and support.

Eat lots of vegetables, fruits, and whole grains. Diets that include lots of vegetables, fruits, and whole grains have been linked with a decreased risk of colon cancer. Eat less red meat (beef, pork, or lamb) and processed meats (hot dogs and some luncheon meats), which have been linked

with an increased risk of colon cancer.

Get regular exercise. If you are not physically active, you have a greater chance of developing colon cancer. Increasing your activity may help reduce your risk.

Encourage your family members and friends over age 50 to get screened.

So, what do they do at those screenings anyway? There are three different screenings you can get; Colonoscopy, Flexible Sigmoidoscopy and Stool Testing.

A colonoscopy lets the doctor look inside your rectum and colon to check for cancer or polyps (growths that can turn into cancer). To do a colonoscopy, the doctor puts a thin, flexible tube into your anus. The test is done at a hospital or clinic. If the result is normal, you can wait 10 years before getting tested

again. If polyps are found during the test, the doctor can usually remove them, but you might need another colonoscopy in three to five years.

A Flexible sigmoidoscopy lets the doctor look inside the rectum and lower part of the colon to check for cancer or polyps (growths that can turn into cancer). To do one, the doctor puts a thin, flexible tube into your anus. This test is like a colonoscopy, but it only looks at part of your colon and has a smaller risk of complications. If the result is normal, you can wait 5 years before getting tested again — or 10 years if you get this test combined with the stool test. If the result isn't normal, you'll need a follow-up colonoscopy to find out why.

A Stool test looks at your stool (poop) instead of looking directly

at your colon. For these tests, you use a special kit to collect a small amount of your stool at home and return it to your doctor or a lab. If the result is normal, you can wait 1 year before taking the test again. If the result isn't normal, you'll need a follow-up colonoscopy to find out why.

Now that you know the ins and outs of testing, how can you talk with a loved one to encourage them to get screened?

Start by saying, "I care about you. I want you to get tested so you can live a long and healthy life, without worrying about colorectal cancer."

Explain the reasons for getting tested that were in the beginning of the article, or pass a copy of this article on to them to read.

Offer support. Ask what part of the test they are worried about,

offer to go with them for support or to drive them, or ask what you can do to make it easier for them to get tested.

If you are age 50 to 75, set the example — get tested for colorectal cancer and share your experience.

Looking for quality, local home care or hospice service? Franklin VNA & Hospice is an independent, non-profit organization established in 1945 to serve the Home Health care needs of the community. They provide home care, Hospice, clinic and community education services to Andover, Belmont, Boscawen, Canterbury, Franklin, Hill, Northfield, Sanbornton, Salisbury, Tilton, Webster and surrounding towns, as requested. For more information, call Franklin VNA & Hospice at 934-3454 or visit [www.FranklinVNA.org](http://www.FranklinVNA.org) your local VNA.

## MARK ON THE MARKETS

### NYSE visit



BY MARK PATTERSON

Last May, I had the privilege, for the second time, to visit the floor of the New York Stock Exchange during the trading day. The first time I was there was around 1998 when I traveled with a class of investment management students from the Gabelli school of business at Roger Williams University, when I was an adjunct professor. I was able to get my whole class on the floor of the exchange because of an institutional firm in midtown Manhattan where I worked. One of the partners in the firm

owned a seat on the exchange and was able to offer an unforgettable experience to my class.

Many people, often confuse the intensity and noise of the commodity trading pits at the CBOT or the New York Mercantile exchange, with the NYSE. While much of that has gone electronic, there is still short periods of time when the "pits" are very active. Having been a commodity trading advisor in the past, I was fortunate to be able to visit and direct trades at those markets as well. Dan Ackroyd, stated in the movie "trading placies", that the commodity pits, specifically the New York Mercantile was the "last bastion of capitalism". What it is, is a high intensity auction for commodity contracts.

The New York Stock Exchange is much more

sedate, partly because it is open from 9:30 a.m. Eastern time until 4 p.m. There is a specialist firm that maintains a fair and orderly market for the companies that they represent.

The news agency, CNBC, now broadcasts from the floor of the exchange right in front of the balcony where they ring the closing bell. Nineteen years ago, when I was there last, they had a small studio on the surrounding walkway adjacent to the balcony where the market is open and closed.

My hope is that the exchanges survive the world of technology and electronic trading. Not only for nostalgic reasons, but to still maintain a central location that is responsible for the oversight of the companies that are traded on their exchange.

Most business transacted at the NYSE is institutional, meaning that the ETF's and mutual funds are the primary customers. You or I buying a hundred shares of Apple or GE is done through the broker, in my client's case, TD Ameritrade institutional, and then electronical-

ly funneled through an intermediary where the stock is them purchased or sold.

March 2011, I was on the floor of the Chicago Board of trade. My main interest was the S&P 500 pit and the bond pit. Most trading in those pits are done by the big banks. Goldman Sachs, J.P. Morgan and a handful of what are called "locals" who are smaller companies many times trading for their own accounts.

I am fortunate to have been able to visit and work with the various exchanges. This is where the sausage is made. In other words, your investments originate from these exchanges, and it is my attempt to use these exchanges as an investment advisor to create my clients' portfolios with custom-built, specifically designed, cost efficient portfolios to fit my client's needs and objectives.

MHP Asset Management offers investment portfolios crafted with conviction and purpose!

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com).

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Photos are also welcome, but must be submitted in jpeg format.

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**TOWN OF HEBRON**

The Supervisors of the Checklist will be in session downstairs in the Selectmen's Office Building on Saturday, March 3, 2018, from 11:00 to 11:30 a.m. This is your last opportunity to register to vote, and/or make corrections to the Hebron Checklist prior to:

**Town Elections on Tues., March 13<sup>th</sup>.**  
**Supervisors of the Checklist**  
Barbara Brooks  
Sandra Cummings  
Audrey Johnson

## Invention

FROM PAGE A1

back from their classmates as they worked on their inventions.”

Each child was challenged to find a problem then create a solution for it. Their display boards described how their invention resolved that issue, listed their materials and presented their results.

Aria, a student from Groton, developed a way to make air travel less stressful. Her rainbow graphics for airplanes, she felt, would present a calming affect for those nervous about flying.

“I came up with rainbow planes because rainbows make me happy. I felt people would like to ride on a rainbow plane because it would make them feel less anxious,” she said.

Jacob of Hebron used an erector set to design the Shoes That Cruise, which included two gears and a battery operated engine that would strap on to a pair of sneakers, making it easier for people to get around.

For Kory of Alexandria, outdoor fun in the winter had its issues when he and his friends found it hard to carry a lot of snowballs while riding on their sleds. To make snowball fights more exciting, he built Snowball Launcher 1.0. While riding on his sled, he can now load up the snowball launcher and send snowballs flying through the air at others.

This year’s first place winner, Corbin Conkey from Bridgewater, created the Guidrum, an invention that was truly music to everyone’s ears.

“I wanted to learn to play the guitar but then I met Justin from Re-

cycled Percussion and got inspired to play the drums. So, for my project I combined the two instruments into one with the Guidrum,” he said.

Using a large drum, he inserted the body of a guitar into it then placed a piece of Styrofoam between the strings and the drum surface. That, he discovered, allowed the guitar sounds to vibrate through the drum and an attached amplifier. Using the neck of the guitar to change the chords, he developed a new musical sound unlike any other instrument.

A panel of three judges were charged with the task of deciding which inventions would be selected for the regional competition and showcase. After viewing all the work done by the students, Principal Dana Andrews said he was glad he wasn’t a judge.

“This is high level stuff. I think this year is even better than last year. The projects and ideas the kids came up with is really amazing,” Andrews said. “None of it would have happened without the efforts of a teacher like Jeanette though.”

Second Place this year, and also headed to the regionals, was Parker Matthews of Groton who invented the Fish Catcher. Parker’s idea was to make it easier for people like his mom to catch fish. Knowing she didn’t like to take fish off the hook, the idea for the Fish Catcher was born. He placed a small ball with a rubber worm hanging from it from onto the fishing line. When a fish grabs the worm, a net that is attached to the worm but tucked inside the ball is then pulled free and traps the fish.

His mom Britta Matthews was very proud of how Parker worked through the problem he identified and came up with a viable solution.

“He put a lot of hard work into this. Now maybe I can fish more often,” she said.

Among the other inventions were Third Place winner Jesse Farrar’s Food Cooler 2000, a large Tonka truck that was converted into a rolling snowplow for porches and sidewalks, Massage Shoes for tired feet, a new cake maker, and Willy’s Automatic Pig Feeder.

Shedd said that over the years some of the ideas developed by children through Invention Conventions have made it into the mainstream market as actual products, but more importantly the program builds problem-solving skills, promotes research and builds creativity in her students.

“The students did about 95-percent of the work on their inventions right here at school and they all did a great job,” she said.

## Animals

FROM PAGE A1

sistent with the federal Animal Welfare Act. The committee also would determine possible funding sources for the care of animals seized in cruelty cases.

Current law places the financial responsibility on the towns, which animal welfare people say serves as a disincentive to a town considering the prosecution of an abusive pet owner. Both supporters and opponents of Bradley’s bill have testified that authorities did not act quickly enough once

## Petitioned

FROM PAGE A1

tive to public schools to provide full-day kindergarten. Whether or not a town votes to allow keno within its borders, each school district will be eligible to receive \$1,100 per student from the state, beginning in 2019. The Newfound Area School District already offers full-day kindergarten, so the new form of gambling would provide an additional source of revenue.

There are questions whether proceeds of the game will fully cover the cost of the incentive, particularly in its first year when some communities have chosen to take a wait-and-see attitude toward Keno. If it does not generate enough income, a portion of the kindergarten funding would come from the state’s general fund.

The Lottery Commission cites the amount of money Massachusetts receives from Keno, where the game has been offered for many years, and claims there is no data to support the

premise that it is more addictive than other forms of gambling because of the frequency of play.

Similar in appearance to bingo, Keno allows people to bet on a series of numbers which are electronically drawn. The price of the ticket depends upon how many numbers one picks, and whether one chooses a “multiplier” to increase the prize.

Selectmen chose not to place the question on the town meeting warrant, but citizens petitioned to have a chance to vote on it. One local restaurant has submitted an application to the state to offer Keno, should voters agree to allow it in Bristol.

Edward “Ned” Gordon commented that, although he is not an advocate of gambling, he believes Keno is preferable to allowing casinos, considering that the proceeds benefit kindergarten and help local businesses.

Selectmen also held a public hearing on the proposed \$2 million bond for the town hall-police

station project, although there were no handouts to help the public understand the implications of the choices. Verbally, Town Administrator Nik Coates outlined the range of interest rates offered by the New Hampshire Municipal Bond Bank and Northway Bank, noting that those figures could change by town meeting time. Options for meeting the remainder of the cost of the \$2.65 million project included using up to \$425,000 from the year-end unreserved fund balance and \$250,000 in taxation.

Another option, to keep the tax rate stable, would be reduce the budget and/or warrant article spending by \$578,000, Coates said. That could be done on the floor of town meeting.

Selectmen noted that, even if there is no tax increase this year, the bond payments will increase the tax rate in future years. However, bonds for the fire department pumper will be paid off in 2021, and the library project will be paid off in 2022.

## Dinner

FROM PAGE A1

ical landscapes. Scott, whose state is “the bluest of the blue,” struck a measured tone, and balanced his political jabs with constructive thoughts.

As for Vermont’s Democrats, who control the state house, “they do some pretty crazy things,” he admitted, to widespread applause. One such “crazy” thing: proposing a \$15 minimum wage. At that, guests scoffed, and disbelieving chuckles flickered around the room.

It’s not all bad, though: Scott said Vermont Democrats could be downright neighborly.

He told the assembled New Hampshire Republicans that, “We help you, by having a six percent sales tax...and income tax, and corporate tax.”

Laughter ensued, though Scott warned, smiling, “We’re done with all that.”

The message was clear: watch out, New Hampshire.

Scott said there was hope, however, noting that he won election by almost nine points in a state Hillary Clinton won by 16 points.

He also addressed the states’ common problems, specifically demographic decline and the opioid crisis. He pointed out that Vermont loses thousands of workers

and students every year, and that every day, a baby is born addicted.

He stressed the importance of regional partnerships on development and addiction, and added, “It’s great to have a good partner here.”

He expressed hope that he would “survive” the next election. He pointed out that he won in 2016 despite attacks from “the killer B’s”: Biden, Bernie, and Barack Obama.

Across the Connecticut river and a political world away, Sununu doubled down on his colleague’s criticisms of Democrats, focusing on New Hampshire’s Congressional delegation in particular, describing them as “phony” and “useless.”

Unlike in Vermont, Sununu’s own party controls the the State House and Executive Council. He added that “Congress is 100 percent dysfunctional.”

Sununu said that “2017 was an awesome year for New Hampshire,” and especially for Republicans. He urged Republicans to run on that success, including President Donald Trump’s tax cut and his own spending- and regulation-cutting initiatives.

Sununu also addressed the latest school shooting in Parkland, Fla., the day before, commenting that “If we can’t trust that when our

kids get on the bus, they are safe, what else matters?”

Closer to home, and common to both states, he seconded Scott’s concerns about population decline. He also argued that New Hampshire could not afford to compete for the best students, because “the valedictorians are going elsewhere.” Instead, he proposed the state provide small educational grants to a large number of students, especially through the community college program.

He said the opioid crisis “comes up through Massachusetts,” and said that points of access for recovery were a critical resource for addicts. He added that getting people back in the workforce was key, both to aid individual recovery and to bolster the economy.

Receiving applause for his promise to “put people above politics,” he joked that he found hope in the fact that the Democratic opposition in Concord “can’t even lock the door,” referring to a recent incident involving the infiltration of what was supposed to be a closed-door meeting among high-ranking Democrats by reporters.

It was suggested in good natured rivalry that while Sununu (formerly the CEO of Waterville Valley Resort) would out-ski Scott, the latter would easily dominate a motorized racetrack.

they learned of problems with Fay’s Great Danes.

Last December, Circuit Judge Charles Greenhalgh found Fay guilty of animal cruelty and gave her a one-year suspended jail sentence, ordering her to pay restitution of \$773,887.63 to the Humane Society of the United States which is caring for the seized dogs, \$16,300 to the town of Wolfeboro, and \$1,500 to Pope Memorial SPCA of Concord Merrimack County.

The sentence has been stayed because of Fay’s appeal to Carroll County Superior Court.

Bradley’s bill has gained traction and, on Feb. 20, the Senate Energy and Natural Resources Committee voted to recommend an amended version of the bill to the full senate.

The amendment redefined the threshold set for the definition of a commercial kennel. The original bill defined a kennel as having five or more breeding females, 10 or more litters a year, or 50 puppies in a 12-month period. Dog owners complained that

many pet owners prefer not to neuter their animals, but they would be forced to pay a kennel licensing fee and allow a pre-inspection and spot inspections at any time if they had five unspayed females.

The amendment reset that threshold to seven breeding females, which lawmakers felt should exempt the majority of those who simply keep dogs as pets.

During earlier testimony on Bradley’s bill, many farmers and dog owners objected to the requirement that owners of seized animals must post a bond of \$2,000 per animal or forfeit the animal. The bond would renew every 30 days while the case remained in court, creating a significant financial burden, especially for those of modest means whose sole companionship might come from a pet.

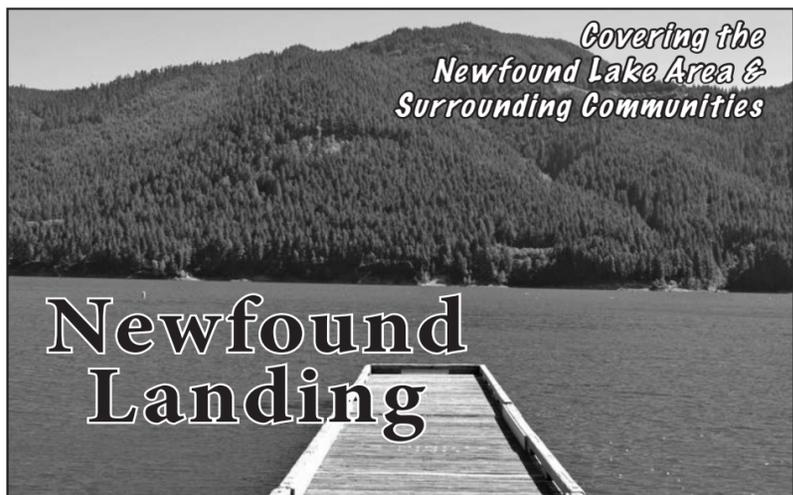
Furthermore, current law imposes no penalty until someone is found guilty, but Bradley stripped that provision, making the bond a requirement at the time someone is charged.

Opponents said that violates the guarantee of due process, and the bill contains no provision for returning the money if the person is found not guilty.

Supporters of Bradley’s bill point out that authorities must have probable cause to obtain the court warrant necessary to seize animals, and say the fear of false charges is unwarranted.

Scruton’s alternative bill would have the Speaker of the House appoint four members to the study committee, and the President of the Senate to appoint one. On the House side, there would be one member appointed from the Fish and Game and Marine Resources Committee, two members from the Environment and Agriculture Committee, and one member from the Criminal Justice and Public Safety Committee.

They would be charged with reviewing the available information and filing a report with recommendations in November.



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## Twelfth Night

FROM PAGE A2

woe and cross-dressing all of which leads to mistaken identity and confusion.

Highlights of the show, recognized by Brown, include "a really good party and some of the best lines that Shakespeare has ever written." She also acknowledges, "there are a number of very strong female roles,

which are rarely seen in Shakespeare." The New Hampton production embraces these follies and ramps up the fun with a catchy soundtrack, lip syncing and colorful concept design.

The production features local day students and boarding students from across the country and globe. Local students include Olivia Maclean of Tilton in the role of Viola,

Todd Hamlet of Camp-ton as her brother Sebastian, Mairead Ryan of Ashland as Antonia and Kacinka Farr-Williams of New Hampton as Julia. Alongside Director Meredith C. Brown, lighting is directed by Thom Beau-lieu.

Founded in 1821, New Hampton School is an independent, co-educational, college preparatory secondary school of 332 stu-

dents who come from over 28 states and 28 countries. An International Baccalaureate school, New Hampton School cultivates life-long learners who will serve as active global citizens. Students benefit from an average class size of 11 and a student-faculty ratio of five to one. For more information, please visit [www.newhampton.org](http://www.newhampton.org).

## Heat On

FROM PAGE A3

brought a colorful and light-hearted spirit to the event as "Team Skirts."

Seven-year-old Madeline Ronci took on the 3K challenge, saying that she, her siblings and some of her friends had been skiing nearly all their lives.

"I wasn't sure I was going to enter the race this year but my mom is doing the 5K and told me I needed to get out here and ski, so I here I am. It should be fun," she said.

While many entered the race for the exercise, others had their eye on the finish line and raced hard in an attempt to be the first to complete the course in their category.

"We had some really nice donations from local businesses. There are prizes for the top three male and female skiers in both distances, then prizes for the top boys and girls in eighth grade or younger," Ebner said. "That was a big help because

it cost nothing for me to run the race. All the money raised through registration fees goes directly to Keep the Heat On."

Among the prize donors were Rand's Hardware, Dressers Unlimited, Holderness School, Waterville Valley ski resort, Rhino Bike Works, Café Monte Alto and the CADY organization.

While this was the last year he will be able to organize Ski for Heat, Sam said he's hopeful that his younger sister Megan will take the reins next winter when he joins his older siblings at Notre Dame.

"No pressure though," he joked.

Until then, he would like to encourage people to continue their support for the cause. Donations of any size to Keep the Heat On are gratefully appreciated and checks (with Keep the Heat On in the memo line) may be presented to Plymouth Community Closet, located at 5 Main St. in downtown Plymouth.

## Office

FROM PAGE A5

a plan in place to renovate the existing building for police purposes and the police department has already taken over portions of the building according to that plan. The Committee also considered the cost of constructing a police department as opposed to an office building. Because of specialized needs, the square foot cost of constructing a police facility would be substantially greater than office space. In addition, the Town interfaces with the public mostly with its administrative functions. Most town business is transacted with the Town Clerk and Tax Collector. People come to the building to address land use issues, meet with Town officials or attend meetings. The current facility does not provide for privacy when you are discussing personal issues with the Town. The existing meeting room does not satisfy basic life safety requirements.

There are people who do engage with the police department on occasion, but access to the police area is limited and is for the most part, non-public work space. At the same time, there are some critical needs in the police department as well. That includes having a sally port where transported prisoners can be contained. There needs to be an improved booking room to ensure officer safety. There is a need for an area to address the processing and detention of juveniles. These improvements can be undertaken by adapting the existing building.

Concerns have been raised with regard to the initial placement and use of the sally port. In response, plans have been changed to relocate the sally port and put it at the first floor level, eliminating the need for a lift and making vehicular access around the building less restrictive. The revised plan would move the booking room and holding cells to be adjacent to the sally port.

Having considered all of the above, the Space Needs Committee concluded that a new town office building be constructed and that the existing office building be improved to meet the needs of the police department.

As mentioned earlier, it seems that there are as many opinions as to what should be done as there are people in our town. That is probably why several prior proposals have been brought forward and defeated. Despite all good intentions, the town has been unable to address the needs which have just grown worse. The time has come for the town to reach consensus and to move forward with a reasoned and well thought out proposal.

The Selectmen have proposed raising \$2,650,000 to complete both the construction of the new building and the renovation of the existing building. It is a large sum. It inevitably will have some effect on the taxes that we pay, depending on what other moneys are appropriated by the

town. But other than appropriating \$70,000 to fix up the Old Town Hall, for which we can all be pleased, the town has not spent any significant funds on building improvements for the last twenty years. Because we effectively avoided those costs in the past, we are now we are faced with the substantial need which must be addressed.

I urge everyone to become familiar with the building project. Information sessions are scheduled to be held at the Minot Sleeper Library on Feb. 24 at 10:30 a.m., and on March 7 at 2 p.m. Also, if you would like to tour the current Town Office Building, please do not hesitate to make those arrangements. Tours will be offered following the information sessions or arrangements can be made if you will contact the town administrator. Most importantly, I would encourage you to come to Town Meeting on March 17 and cast your vote in favor of this important project.

## Churches

FROM PAGE A7

Our February Outreach will be for the benefit of CADY Restorative Justice. Jim Kemmerer will join us Feb. 25 to speak to us regarding this worthy cause. The special collection will be taken on that day. Did you know? You can now donate to our monthly outreach from our webpage <http://starrkingfellowship.org/> You can easily donate anytime. Just click the Donate button found on the Web page.

Sunday Service. Sign-up at the Membership table in the foyer.

**SAVE THE DATE** – Our Annual Auction Fundraiser and Concert will be held on Saturday, April 7! Will Ogmundson will be providing our music for the evening. Make sure you mark your calendars!

What's Happening Around the Starr King UU?? The Activities Committee would love to see you at one or all of their events. Whether it's a hike through the woods, meeting for breakfast, or an evening out at the theater, it's just one more way to come together as a community and enjoy each other's company. Please take a look at the Activities board outside the Fellowship Hall, pick up the latest copy of our monthly newsletter in the foyer, or visit the Events Page on our Web site: [www.starrkingfellowship.org](http://www.starrkingfellowship.org). Contact Mitch Manseau for further details.

## Conductor

FROM PAGE A7

the era such as Charlie Chaplin or Buster Keaton.

Described by one historian as the "Jack Lemmon of the silents," Hines had a likeably extroverted screen personality, starring in about 50 motion pictures, most of which are lost and unavailable today.

"Conductor 1492" is considered one of Hines' better surviving titles. Directed by his brother Charles Hines, the picture contains several highly comic sequences and is frequently run at revival events.

The film is classified as an "ethnic comedy" that satirizes the Irish experience in America.

Irish immigrants had been a significant presence in the United States beginning in the 1840s. By the

1920s, the Irish had become well-established enough to be the focus of good-hearted satire, of which "Conductor 1492" abounds.

With the advent of sound in the motion picture industry, Hines' career went into decline. During the 1930s, he would appear in only six films, all in smaller, supporting roles.

In 1938, he would have his last significant role, that of Parsons in "Too Hot to Handle," which starred Clark Gable and Myrna Loy.

Hines died in 1970 at age 75.

The Blazing Star program will also include Buster Keaton's short comedy "My Wife's Relations" (1922), in which Keaton accidentally marries into an Irish family.

Shown in a theater with live music, films from Hollywood's 'si-

lent' era retain their power to delight movie-goers.

"Times have changed, but people haven't," Rapsis said.

"These pictures were designed to be shown in a theater with an audience, and to appeal to a worldwide audience, and their universal themes haven't lost any relevance," said Rapsis, who has performed music for silent films in venues ranging the Donnell Library in New York City to the Kansas Silent Film Festival.

Using original themes, Rapsis improvises the music live as the films are shown.

"When the score gets made up on the spot, it creates a special energy that's an important part of the silent film experience," said Rapsis, who uses a digital synthesizer to recreate the texture of a full orchestra for the accom-

paniment.

"Conductor 1492" (1924), a classic silent comedy starring Johnny Hines, will be shown in honor of St. Patrick's Day on Saturday, March 17 at 7 p.m. at the Blazing Star Grange Hall, 15 North Rd., Danbury. The program is open to the public. Suggested donation \$5. For more info, visit [www.blazingstargrango.org](http://www.blazingstargrango.org); for more information on the music, visit [www.jeffrapsis.com](http://www.jeffrapsis.com).

## Golf

FROM PAGE A10

all muscles and doesn't exclude any muscles. One exercise that can be beneficial to one's golf game improvement is the plank. The plank has many variations such as twisting, reaching, holding for longer durations, inclining or declining

and using a Physioball. The plank will help to strengthen a golfer's core specifically when rotating during the golf swing. Other exercises that can help strengthen the primary muscles used in golf are trunk rotations, dumbbell rows, and lunges. Each of these exercises, done in any variation, can help strengthen the muscles that are essential in a golfer's success. Trunk rotations can be done with resistance band or cables for optimal strengthening. Dumbbell rows are a great way to strengthen muscles in the rotator cuff and help strengthen the stabilizing muscles surrounding the scapula. Lunges can be done in a variety of ways and help keep your workouts exciting. Side lunges and forward lunges done

with weight such as a medicine ball or dumbbell are a great way to challenge yourself and build muscle.

If you or someone you know is looking for a golf conditioning class or a customized workout plan, RehabFit maybe the place for you! RehabFit offers a golf conditioning class beginning March 7 for both members and non-members. This class will focus on core strength, flexibility, speed, power training, and building muscle in the large muscle groups. As a member of RehabFit, Becky Chase M.S. RCEP and Marisa Heinlein B.S. can also create customized workout plans for any age or ability. Give RehabFit a call at 238-2225 or stop by for a tour to see how RehabFit can help you improve your golf game!

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## Bears cruise in final two regular season games

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The Newfound hoop girls wrapped up their regular season with a pair of big wins, one on the road and one at home.

The Bears hosted Franklin for the final home game of the season on Tuesday, Feb. 13, and ran away with a 66-12 win over the Golden Tornadoes.

The night started by honoring the seniors, which included exchange students Manny DeGreef and Kate Gabashvili, first-year player Cora Boyce, team manager Patrice Briggs and four-year starter Savanna Bony.

The Bears came out a little sluggish but were able to pick up the pressure on defense and started moving

and outscored Franklin 21-2 in the first quarter. Jasmine Peterson put in 11 of those points. The Bears found the long range shooting in the second quarter and took a 48-7 lead to the halftime break. Ashlee Dukette was the star of the frame, scoring 17 points in the quarter, including a couple of three-pointers.

The Bears went with different lineups throughout the third and fourth quarters and scored nine points in each of the final two quarters and held Franklin to five points in the second half.

Dukette finished with 26 points, 15 rebounds, five blocks, three assists and three steals, while Peterson had 13 points, 10 rebounds and five assists. Leah Bunnell put in nine points and Madi Dalphonse and Bony, in her final regular season home game, each had seven points.

Newfound traveled to Somersworth on Friday, Feb. 16, to wrap up the regular season and rolled to a 55-15 win.

The Bears were unable to finish on the offensive end of things early on, but they came alive and finished the quarter with a 16-4 lead, behind six points from Dukette and five from Peterson. The Bears again were hot from the outside in the second and dis some damage, outscoring the hosts 22-1 in the frame for a 38-5 lead at the break. Newfound then outscored the hosts 17-10 in the second half.

“It was nice to see some of the girls step in and score,” said coach Karri Peterson.

Ashlee Dukette led



RC GREENWOOD  
(Left) Savanna Bony goes to the hoop for two points during her final regular season home game.

the way with 19 points, 10 rebounds and seven steals, while Bony added 11 points and Haley Dukette came off the bench to add 10 points.

The Bears finish the regular season at 16-2 and are expected to be the third seed in the upcoming NHIAA tournament. Peterson expects the Bears to be hosting Franklin today (Thursday) at 7 p.m., though official brackets were not released as of deadline Monday morning.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

### What's On Tap

Postseason action is on the schedule for some teams, while regular season action wraps up for others.

The Division III girls' basketball tournament starts today, Feb. 22, at the home of the higher seed and continues on Saturday, Feb. 24, also at the home of the higher seed at 7 p.m. The semifinals are Wednesday, Feb. 28, at 5:30 and 7:30 p.m. at Southern New Hampshire University.

The Division III boys' hoop tournament gets under way on Thursday, March 1, at the home of the higher seed.

The Division II girls' basketball tournament opens on Tuesday, Feb. 27, at the home of the higher seed at 7 p.m.

The wrestling Meet of Champions is Saturday, Feb. 24, at Nashua South High School at 9:30 a.m.

Division III hockey tournament opens on Wednesday, Feb. 28, at the home of the higher seed.

The only other regular season games on the schedule have the Plymouth hoop boys at Bow at 7 p.m. on Monday, Feb. 26, and at Kingswood at 6 p.m. on Thursday, March 1. The Kearsarge-Plymouth hockey team will wrap up the regular season at 6 p.m. at Plymouth State University on Saturday, Feb. 24, against Moultonborough-Inter-Lakes.

## Dalphonse's 42 not enough to lift Bears

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The Newfound hoop boys played host to Franklin on Tuesday, Feb. 13 and battled tight through the first half, but the Golden Tornadoes were able to pull away in the third quarter.

However, Newfound charged back in a big way in the fourth quarter before eventually dropping an 85-77 final.

Franklin led 18-11 after one quarter and they were able to open the lead up to 45-33 at halftime. The visitors then outscored Newfound 25-13 in the third quarter to open things up to a 70-46 lead heading to the fourth quarter.

The Bears went to work in the fourth quarter, putting up 32 points in the frame while holding Franklin to 15 but came up just short.

The offense be-



RC GREENWOOD  
Mason Dalphonse works the ball down low against Somersworth last week.

longed to Mason Dalphonse, as he poured in 42 points on 15 of 23 shooting from the field. He also pulled down 19 rebounds to lead

the team. Matt Costigan had a nice day as well, scoring 14 points and grabbing seven rebounds and Justin Shokal grabbed 10 re-

bounds for the Bears.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

## Bears wrap up alpine season at D3 State Meet

BY JOSHUA SPAULDING  
Sports Editor

NEWBURY — While the future looks promising with some young up and coming skiers, the Newfound alpine team struggled at the Division III State Meet at Mount Sunapee on Monday, Feb. 13.

“We had a rough day at the state meet,” said coach Jonathan Young. “It was icy and difficult course conditions.

For the boys in the giant slalom, Reid Wilkins led the way with a time of 1:24.15 for 30th place overall.

Matt Karcheck was 32nd overall in 1:26.89 and Jacob Blouin was the third skier to finish,

crossing in 1:28.5 for 35th place.

Trevor Robie rounded out the scoring with a time of 1:32.75 for 43rd place overall.

Cian Connor skied to 46th in 1:35.74 and Tuan Nguyen rounded out the field of Bears in 1:37.74 for 49th place overall.

In the slalom, Blouin led the way for the Bears with a time of 1:27.09, which placed him 28th overall.

Karcheck was 29th in 1:28.56 and Robie was the third finisher in 1:35.54 for 33rd place.

Nguyen rounded out the scoring for Newfound with a time of 1:46.29 for 41st place.

Connor skied to 46th

place in 1:55.13.

“Trevor ended his four-year stint with a good showing in the GS,” said Young. “He has been instrumental in leading and developing our boys' team for the future.

“Freshmen Matt Karcheck and Jacob Blouin continued to show hopes of promising performances, as they both completed their GS and slalom courses in very difficult conditions,” Young added.

For the girls in the giant slalom, Shanley Camara led the way with a 37th place finish in 1:41.25.

Fellow senior Victoria Roman was 40th

in 1:42.59 and Dakota Goguen finished in 51st place in 2:30.14.

Stephanie Norton had the fastest run of GS for the Bears, but she fell on her second run and was injured. Young reported that she was OK.

The Bears were unable to put any scorers on the board in the slalom.

“Shanley, Victoria and Trevor have been with the team longer than me,” Young said. “We will miss them next year.”

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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BOB MARTIN

The Plymouth wrestling team took home its second straight Division 3 title and the third in four years.



BOB MARTIN

Troy Johnson defeated Jonathan Sutera of Bow in the first place match to take the Division 3 title for the 195-pound weight class.



BOB MARTIN

Cole Johnston was third in the 152 weight class. Here he is shown fighting Sean Boisvert of John Stark, who he defeated in the quarterfinal.

# Another year, another title

## Plymouth wrestlers battle past Bow to win Division III crown

BY BOB MARTIN

Bob@salmonpress.news

TILTON — For the second straight season, the Plymouth Regional High School wrestling team won the Division 3 state title at the championship tournament hosted by Winnisquam Regional High School on Saturday.

This is the third championship in four years for the Bobcats. Plymouth was led by two state title winners including Joe Cleary in the 120-pound weight class and Troy Johnson in the 195-pound weight class.

“It was a good team effort for sure,” said coach Randy Cleary. “Bow is an up and coming team that has a good group, and some year round kids going. They were seeded pretty well and we knew they would make a good run at it, so it took a full team effort.”

Cleary said the team had quite a bit of adversity this year, as the Bobcats lost Nolan Farina and Joe Collette to season ending injuries. The two wrestlers would have been high seeded in the tournament. Senior Alex Hamel also missed the majority of the season with a concussion, but he managed to come back in the state championship and take second place in the

160-pound weight class.

“We have a good program but it is tough to have the depth to replace three seniors like this, and we had to overcome that,” said Cleary.

Cleary commended his son, Joe, and Johnson for their wins. He said Joe Cleary had a weight class where there weren’t as many participants, but he ended up taking his win by tech fall with a 15-0 score against Winnisquam’s

Hunter Finemore. Johnson was dominant all day and had three wins by fall. Johnson improved to 30-0 with the win.

“We were counting on those two for bonus points, and we needed them,” said Cleary. “I had a pretty good idea they could win, but the big differences were the other weight classes we weren’t sure about. The lower seeded kids that came through were just

as important.”

Cleary and Johnson qualified for the Meet of Champions along with 106 class runner up Charlie Comeau; JC Gaumer, who was the runner up in the 132 class; Hunter Lessard, who was second in the 138 class; Griffin Smith, who was third in the tough 145 class; freshman Cole Johnston, who placed third in the 152 class; Hamel, who was second in the 160 class

and Ethan MacDonald, who placed third in the 285 class.

Other wrestlers included Jason MacAlister, who placed fourth in the 113 class; James Philbin, who scored three points in the 126 class; Joe Panus, who scored 2.5 points in the 170 class; Joe D’Ambrouso, who scored two points in the 182 class and Tracey Cristiano, who placed fourth in the 220 class.

Cleary said it was a great season or the Bobcats after finishing undefeated with a 10-0 record. He said the goal all year long was to win the state championship and he was proud of his wrestlers. Unlike years past, he said it took every point to beat Bow and he was very pleased with the overall effort.

“The boys worked very hard all year to reach that goal,” said Cleary.

# Cats battle tough with General Hawks but come up short

BY JOSHUA SPAULDING

Sports Editor

HENNIKER — The Kearsarge-Plymouth hockey team gave the John Stark-Hopkinton General Hawks a fight on Wednesday, Feb. 14, coming up just short by an 8-6 score at New England College in Henniker.

Coach Dave McKenzie noted that keeper Caden Lyman had a strong game in net for the Cats, making 29 saves. He also praised the work of Mike Cathy at forward and pointed out that Ian Tryder, Cody Bannon, Marissa Pickman, Trevan Sanborn and Nate St.

Pierre all played well in the loss.

The Cats scored first, with Tony Velez getting the opening tally 5:06 in on assists from Alex Nangle and St. Pierre for the 1-0 lead. JSH answered just more than four minutes later, tying the score at one after one period.

The second period saw a flurry of goals, with the hosts scoring six times and the Cats

adding five of their own.

The General Hawks scored twice in the first minute to open up the 3-1 lead and then added another 3:28 in to push the lead to 4-1. K-P answered back 7:13 in, with Jeremy Rineer getting the goal on assists from Bannon and Cathy to cut the lead to 4-2. K-P got closer just more than a minute later when St. Pierre scored on an assist from Nangle but the hosts an-

swered for a 5-3 lead with 9:13 gone in the second period.

K-P got a goal with 10:24 gone, with Nangle lighting the lamp on an assist from St. Pierre but the hosts scored the next two, going up 7-4.

The Cats scored twice in the final minute of the period, with Josh Johnston scoring with an assist to Velez and Tryder scoring on an assist from Nangle to make it 7-6 af-

ter two periods.

John Stark-Hopkinton was able to get the lone goal of the third period for the 8-6 win.

The Cats are scheduled to host Moultonborough-Inter-Lakes on Saturday, Feb. 24, at Plymouth State at 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

## Sports from a spectator’s point of view

BY JOSHUA SPAULDING

Sports Editor

PYEONGCHANG, South Korea — As media members, you often watch competitions in different ways than other people. You might be looking for a possible story line or for just the right photo. In the case of a major event like the Olympics, you might be looking for a local angle.

Sometimes, however, it’s just nice to sit and watch for the sake of watching good competition.

After a week at the Olympics, I got the chance to do just that on Friday night, Feb. 16.

My college friend, Lee Kelly, a former Kennett student who I met during our time in the UNH Marching Band together, has lived in Korea for the last 16 years and when he heard I was coming to the Olympics he made sure there was a time we could catch up. Friday was that day.

I had to attend the women’s slalom race in the morning and Lee and his wife, Annie, were at the US men’s hockey game so once we finished our respective games, we met up outside the PyeongChang Olympic Park, near where they were staying.

We walked around a bit until they found a restaurant for us to have dinner and we talked and caught up on life the last 15-plus years. I had to do a radio interview, but I promised to meet up again in an hour or so.

They had tickets to the men’s ski jump qualifying round that evening at the Alpensia Ski Jumping Center, so I hopped the shuttle bus and took the trip to the jump. Instead of making my way to the media center or the mixed zone, as normal, I climbed the ramp up into the bleachers and found them in

the crowd.

And I sat down and watched. Not looking for a story, not looking for an angle, just enjoying the sport for an evening.

I got talking to the gentleman in the seat next to me, who was from Canada and was in South Korea to watch his cousin ski for her country. He had been at the slalom earlier in the day watching as well.

It was a nice break, a chance to see sports from a new angle.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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# Hendrickson contemplates future after second Olympics

BY JOSHUA SPAULDING

Sports Editor

**PYEONGCHANG,** South Korea — When Sarah Hendrickson made it to the bottom of the Alpensia Ski Jumping Center normal hill on Monday night, Feb. 12, she had a smile on her face.

Yes, at that point, the daughter of former Plymouth ski jumpers Bill Hendrickson and Nancy Bownes, was leading the competition early on, but that wasn't the reason for the smile. She was excited about jumping well and about how far the sport has come in the more than a decade she's been competing in it.

Hendrickson, who famously became the first woman to ever jump in an Olympics when she donned bib number one at the Sochi Olympics four years ago, finished 19th overall on the day, leading the contingent of three Americans. She had jumps of 86 and 88 meters, scoring 36 and 40 points and earning judge's scores of 49.5 and 50.5. Maren Lunby of Norway won the gold with jumps of 105.5 and 110 meters and scores from the judges of 55 and 56.5. Katharina Althaus of Germany took silver and Sara Takahashi of Japan finished in third.

"It was a pretty rough day, weather wise," Hendrickson said. "But we knew coming here that the wind would be difficult."

For Hendrickson, battling the wind and her fellow competitors was just a metaphorical walk in the park, as she was continuing to battle back from six surgeries on her knees over the past few years.

She noted that despite the fact she had to work her way back from yet another surgery to get to PyeongChang, this Olympics was actually a harder one to compete at than her first, when she was just six months removed from tearing her ACL and MCL.

"To get here was a harder feat than to get to Sochi," she said, noting the continuous rehabilitation.

Hendrickson also contemplated just what her future might hold, saying she'll have to think about things.

"I'm not sure about the future," she said after her final jump. "I will stay for the rest of the Games and go to two more World Cups in Germany and kind of reassess my future."

And while the jumps she did in the Olympics weren't big ones by her own standards, she admitted that with all she's been through, she'll take them.

"They were two mediocre jumps for me," she stated.

The fact that women's ski jumping is in the Olympics can partially fall to the shoulders of Hendrickson and fellow jumpers Lindsey Van, Jessica Jerome and Abby Ringquist, who helped to lead an effort to get the International



JOSHUA SPAULDING

**SARAH HENDRICKSON** talks to the press after her jump at the Alpensia Ski Jumping Center in PyeongChang, South Korea on Feb. 12.

Olympic Committee to recognize women's ski jumping. And as she watched jumper after jumper take off from the Alpensia tower, she noted how far along the sport has come.

"The progress of women's ski jumping since Sochi is tremendous," she stated. "There's more girls and more nations."

"It's cool to see the younger girls come out,"

she added.

And even though a 19th place finish wasn't the original goal for the former world champion, it was two spots better than her finish in Sochi and she did it all with a

smile.

"I do well when I'm smiling," she said. "I'm smiling more than some of the people who beat me."

"We're ski jumping, so it's fun," she added.

As for the immediate future, Hendrickson said she was looking forward to enjoying the rest of the Olympics as a spectator, including cheering on her boyfriend, freestyle skier Torin Yater-Walace.

And the camaraderie built over the years with Hendrickson and her teammates was evident just a few minutes earlier, as Ringquist, who announced her retirement from the sport prior to Monday's jumps, was being interviewed by press in the mixed zone at the base of the jump. She stopped talking and watched when her friend's name was announced and encouraged her on from below before going on with her interview.

US women's ski jumping has come a long way. And that's more than enough reason for Sarah Hendrickson to be smiling.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*

## Longtime Loon, Waterville Valley skier makes Olympic debut

BY JOSHUA SPAULDING

Sports Editor

**PYEONGCHANG,** South Korea — Eric Loughran of Pelham grew up skiing on the slopes of Loon Mountain and realized at a young age that he wanted to be a freestyle skier.

It turns out he was in the right area to do just that, with solid freestyle programs through Loon and Waterville Valley and he honed his aerial skills on the local mountains.

Those skills brought him all the way to South Korea as part of the US Olympic Team.

Loughran's Olympics didn't quite go as planned, as he fell on his landing on both of his runs in the qualifying round on Saturday night, Feb. 17, and failed to advance to the finals.

"That last crash was a pretty big one," he said. "Most people, when they see (aerials) for the first time, they say you're crazy."

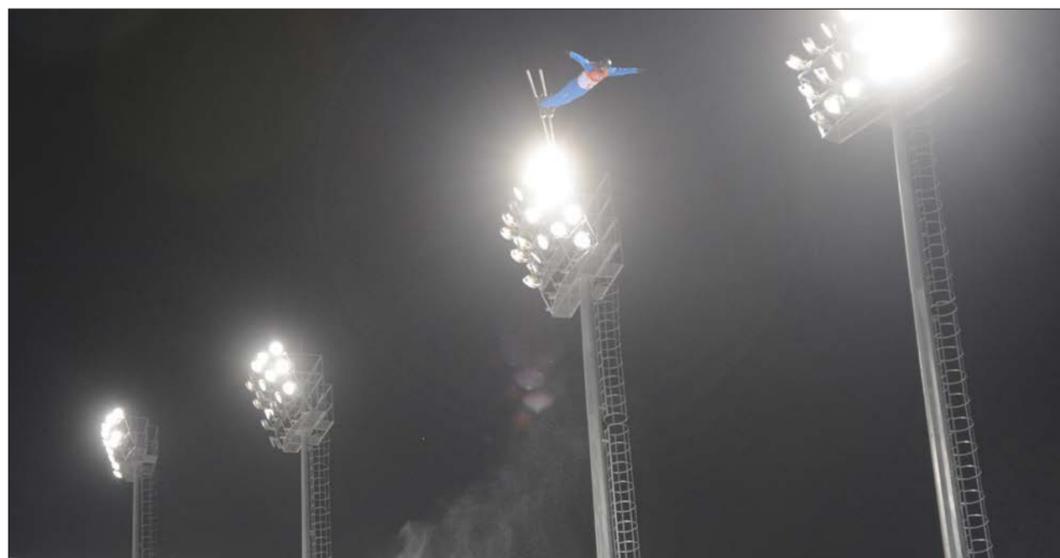
"When you have a bad crash, that can knock you out for a few days," he continued.

Loughran noted that the competition at the Olympics was by far the most impressive he's seen, which meant going all out in difficulty to try and earn valuable points.

Aerials are scored by five judges. They evaluate take-off, height and distance, form and twisting technique during the somersaults and the precision of the landing. Each of the five judges provide one set of raw scores each for air, form and landing. Each set of raw scores is entered into the data system by the judge, who also keeps a written record on a scorecard. The high and low elements are dropped from the different components making up the total score. This total score is then multiplied by the degree of difficulty for that jump to obtain the run score.

His family moved to Park City, Utah when they realized his sport could take him places, but he still speaks highly of the programs where he grew up at Loon and Waterville Valley.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).



JOSHUA SPAULDING

**Eric Loughran** twists in the air during aerials competition at the PyeongChang Winter Olympics.

Loughran's best run was his first, in which he scored a 86.28.

"This is the strongest competition I think I've ever seen," Loughran said. "I had to go for something difficult."

"You're trying to make finals and I saw that the score to get in was crazy tough," he added.

Loughran grew up skiing at Loon and realized that aerials was something he wanted to pursue. He went to a winter camp, where Wes Preston, the Waterville Valley Black and Blue Trail Smashers (WVBBTS) Freestyle Development Program Director, asked him if he wanted to stay on for the rest of the year. He stayed the whole summer when he was 12 years old and jumped with the BBTS until he made the full development team.

His family moved to Park City, Utah when they realized his sport could take him places, but he still speaks highly of the programs where he grew up at Loon and Waterville Valley.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

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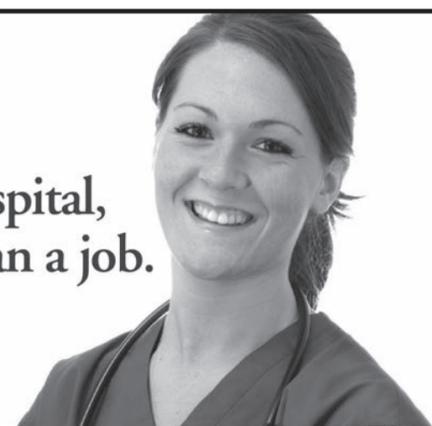
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**ACT AGAINST ABUSE!**

# Einarsdottir soaks up Olympic experience in South Korea

BY JOSHUA SPAULDING

Sports Editor

**PYEONGCHANG, South Korea** — As far as results go, the Olympic experience wasn't exactly what Freydis Einarsdottir was looking for.

However, as far as experiences go, the Olympics in general were certainly something she'll remember for a long time.

The Plymouth State senior came to PyeongChang representing her home country of Iceland and skied in the slalom and the giant slalom at the Yongpyong Alpine Center in the Alpensia Resort.

Both races she was scheduled to compete in were postponed by windy weather, extending her stay in South Korea for a few days. The giant slalom was originally scheduled for Monday, Feb. 12, and was moved to Thursday, Feb. 15, and the slalom was originally scheduled for Wednesday, Feb. 14, and was moved to Friday, Feb. 16, meaning Einarsdottir skied on back to back days in PyeongChang.

In the giant slalom, she finished her first run but did not finish her second run.

She returned to the slopes the next day and finished in 46th in the first run of giant slalom with a time of 56.49 seconds amongst a field of competitors that included international stars Mikaela Shiffrin, Frida Hansdotter, Petra Vlhova and Wendy Holdener. Her second run was just a hair slower, finishing in 56.66 for a combined time of 1:53.15 for 41st place overall.

"I am enjoying it a lot, it is so much fun" the Panther senior noted. "I'm having a great time in the Olympic Village."

She noted that the Yongpyong Alpine Center is a challenging hill, which made her results



JOSHUA SPAULDING  
Freydis Einarsdottir made her Olympic debut in PyeongChang last week, racing in the slalom and giant slalom.

less than desirable, but nonetheless, being at the Olympics, skiing against the best in the world was something to remember.

The venue announcer even got a mention of Plymouth State over the loudspeakers when Ein-

arsdottir was tackling the slalom course.

The Plymouth State star also took a few minutes to talk about her experience growing up and her decision to choose the school she did.

"I wanted to go to

school in the States to train and ski there," she said. "I got into three or four schools and I thought it was really well-located."

"There are a lot of hills we can train on, even if ours is closed, we can go

to other places," she continued. "And I liked the coach."

"It was the best option for me at the time," Einarsdottir noted. "And I'm really happy I decided to go there."

As a young child, Ein-

arsdottir and her family lived in Norway and that was when she first got on skis and she learned the sport and enjoyed it as a family sport during her time there.

When she was seven, they moved back to Iceland and she started skiing in races.

"I enjoyed skiing as a family sport," she said. "But then my dad put me in gates and I loved it right away."

With her Olympic experience wrapped up after the giant slalom, Einarsdottir said her plan was to head back to New England the following day (Saturday).

"We have one last college race the following weekend," she said, noting she wasn't exactly sure what the plan was after that, as it would all depend on whether she made the NCAA championships.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*

## One week down, one week to go

The PyeongChang experience has officially reached the one week mark, as I write this on Saturday morning sitting in the media venue center at the Jeongseon Alpine Center. It's a good chance to reflect on the good and the bad from the first week at the Olympics.

The story of the first week has really been about the weather and the postponements that it caused. Three of the first four alpine races of the Olympics were postponed due to high winds on the course and as I write this, we are currently in a delay for the women's Super-G. The first few days were incredibly cold and windy and I was glad that I had my winter hat and gloves packed in my suitcase.

### SPORTING CHANCE



By JOSHUA SPAULDING

After not needing them in Sochi, they came in handy here.

Postponements are tough to deal with because often times, there's not enough notice to get out and do something else. However, when they're made early enough, it's easy enough to make a change.

So far, I've seen both alpine venues (Jeongseon and Yongpyong), the biathlon and ski jumping venues, which are located right next to each other, the curling venue, the freestyle venue (home to moguls, aerials, slopestyle,

parallel giant slalom and ski/snowboard cross) and one of the hockey venues (Kwandong Arena). My hope in the second week is to see the rest of the venues, starting on Monday with the sliding center and also visiting the other hockey arena, the speedskating oval, the figure skating/short track venue and the cross-country skiing center. They are all on my list, so we shall see.

The security here has been much different than in Sochi. While I have to pass through a security gate each time I enter a venue or the Main Press Center, to get in to the media village where I live all I have to do is walk through a scanner, with nobody checking bags or anything. And only half of the time has

anyone checked my credentials when I get on the media bus outside of the transport mall, which has its own set of security gates.

The food here has also been much different than in Russia. The main media dining hall is massive and the free breakfast includes a number of traditional Korean options while also offering something for others in the form of eggs, pancakes, bacon and potatoes. There's numerous fruit options as well and bread and bagels for toasting or making sandwiches.

I've only had two occasions to eat in the media dining room for lunch or dinner and I found there were plenty of options at that time as well. The venue dining options

are much more limited, but I've found that eating a pretty large breakfast has alleviated the need for me to eat larger lunches or dinners.

There is much more walking here than in Sochi. Four years ago, our shuttle buses dropped us off pretty close to where we needed to be. Here, there's often walks to get to venues from the media transport drop-off. I am pretty sure I've climbed more stairs in the last week than I have in the previous six months. But since I'm not getting the exercise I normally get, I guess that's not a bad thing.

One more week to go. Here's hoping the good times continue.

Finally, have a great day, Karl and Judy Ingoldsby.

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