

Downtown Tilton open for business again



Chairperson Juliet Harvey-Bolia of Tilton’s Main Street Committee was joined by Selectman Jon Scanlon and members of the local business community to cut the ribbon and declare the re-opening of commerce in downtown Tilton over Memorial Day weekend.

BY DONNA RHODES
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TILTON – Members of the Main Street Committee and downtown shop owners gathered at the eastern entrance into downtown Tilton last weekend to cut a ribbon, signifying the re-opening of businesses along Main Street after a temporary, six-week state mandated shut down due to the presence of the Corona virus.

“With restaurants resuming (outdoor) table service this week, it’s a great time to celebrate our Main Street community with a Welcome Back ceremony,” said Main Street Committee Chairperson Juliet Harvey-Bolia. “We’ve had some dark days, but now we’re happy to have downtown back up and running for the most part. Shop and dine local! It’s important now more than ever!”

Among the many businesses in downtown Tilton these days are several salons and barber shops once again open by appointment. In addition, there is a quality thrift store, Nickels and Dimes Boutique, Gemini Health Emporium and Natural Foods, Pair-A-Dice tattoo parlor, Island Sun Tanning Salon, a psy-

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Selectman spruces up Tilton’s statues



Tilton Historical Society members joined Selectman Jon Scanlon for some long overdue cleaning of the statue “America” and the watering trough behind her last weekend.

BY DONNA RHODES
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TILTON – Over the past few weeks, Tilton Selectman Jon Scanlon has taken on the job of cleaning the many statues gifted to the town by founder Charles

SEE **STATUES**, PAGE A12

Academic honors continue to roll in for BHS athletes



Haley Noel Treameer (left) and Lawrence Reginald Major III (right) are two more of the 11 seniors from Belmont High School to receive a New Hampshire Interscholastic Athlete Award for their roles in three sports each over the past four years.

BY DONNA RHODES
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BELMONT – The New Hampshire Interscholastic Athlete Award is presented each year by the New Hampshire Athletic Directors Association to athletes from across the state who not only

participated in at least two sports while in high school, but maintained a minimal B-plus average in academics as well. This week Belmont High School would like to congratulate two more of their outstanding athletic scholars, Haley Noel Treameer and Lawrence Reginald Major III.



Treameer was a three-year member of the varsity volleyball team, a co-manager along with Karin Desrosiers for the varsity hockey team, and played four years on the Belmont High School lacrosse team.

As a co-manager of the hockey team, she and Desrosiers made

sure paperwork, sticks, jerseys and more were set up and ready for each game the team participated in. For lacrosse, she played as a mid-fielder and was captain of the team in her junior year. She was ready and eager to repeat that lead role this spring before

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Local Rotary members help to Mask Up NH



Lisa Drew of Tilton-Northfield Rotary was among the many who helped distribute free facemasks through the Plymouth Rotary’s traveling Mask Mobile and their Mask Up N.H. project.

BY DONNA RHODES
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TILTON – On May 22-24, the Mask Mobile paid a visit to Tilton, providing more than 3,000 free facemasks for anyone in need of one as a safety precaution against the COVID-19 virus that has triggered a worldwide pandemic.

Mask Mobile was developed last month by Alex Ray, Steve Rand and their partners at Plymouth Rotary, and through them the Tilton-Northfield Rotary was able to help spread their community service project.

Two months ago, Ray

and Rand drove to Florida where they received delivery of 67,000 facial masks. When they returned to Plymouth they assembled their fellow Plymouth Rotarians and came up with a plan to distribute the masks to not only their community but to other communities as well.

Utilizing the Common Man Family’s classic antique trolley car, now known as the Mask Mobile, they have since been making the rounds to help other Rotary groups help keep communities safe through the distribution of their masks.

Chuck Drew is the current president of the Tilton-Northfield Rotary and when he learned of the Plymouth Mask Mobile project, he sought to bring it to the Winnisquam region.

“We were honored that Alex and Steve would help us bring this here to Tilton,” said Drew. “We saw this as another opportunity for us to give back to the community we all live in and it was overwhelmingly received.”

While Plymouth Rotary supplied the mobile unit and the masks, it

SEE **MASK UP**, PAGE A11

History comes to life in full color for local students

BY DONNA RHODES
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BELMONT – As the Belmont Heritage Commission was in the midst of scheduling a special presentation for Belmont Elementary School fourth graders on the history of the town in mid-March, the COVID-19 virus closed schools and the program was cancelled. Members of the commission had planned to show the students some artifacts and other memorabilia from the town’s archives as part of their New Hampshire history lessons.

“The goal was to give the students appreciation and knowledge about the history and heritage of their town,” said Chairperson Vicky Donovan of the commission.

The change to remote learning for the school did not deter commissioners from their mission, however, and,

thinking outside the box, they came up with a new plan.

Donovan said they decided to instead mail each fourth grader the Belmont coloring books they had hoped to hand out in person. Incorporated in each book were coloring pages for the historic Belmont Mill, Slippery Rock Bridge, the Town Bandstand and more.

“Students enjoyed the surprise of getting mail, something that would prove to be historic to many of them! Inside each mailing was a special note from the Heritage Commission telling students how proud the town was of them and [praising them] especially for how hard they were working,” she said.

Once each student received their coloring book, the BES fourth grade teachers Mr. Hayes, Mrs. D’Amour, Mr. Jones and Mrs. Boles then presented challenge lessons to their



As part of their New Hampshire History curriculum, Belmont Elementary School student Kira was one of 85 fourth graders who received coloring books depicting historical sites in the town, courtesy of the Belmont Heritage Commission.

students on the subject as well.

Students were asked to color each of the pages then parents participated by taking photos once they were done. Donovan said the commission was pleased to see that some of those photos, even including students standing by the landmark depicted on a page, even showed up on social media Web sites.

Donovan thanked BES Principal Ben Hill and all the fourth grade teachers for their efforts in supporting the Heritage Commission’s project.

“Another huge thank you goes out to Belmont

resident and avid stamp collector Steve Hess, who donated unique postage stamps from his collection. The coloring books certainly arrived

to the 85 fourth students adorned in quite a special way. It was a great community effort all around,” Donovan said.

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BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of May 15-22.

Ryan D. Shurtleff, age 35, of Belmont was arrested on May 15 for Driving After Revocation or Suspension and Disobeying an Officer.

Andrew Jacques, age 31, of Gilmanton was arrested on May 17 for Driving After Revocation or Suspension.

Mickayla A. Cntin, age 21, of Belmont was arrested on May 18 for Theft of Services and Theft By Deception.

Colin C. Dowling, age 33, of Canterbury was arrested on May 19 for Disobeying an Officer and Driving After Revocation or Suspension.

Matthew C. Robie, age 34, current address unknown, was arrested on May 20 on multiple counts of being a Felon in Possession of a Dangerous Weapon.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 504 calls for service and made the following arrests during the week of May 18-24.

Arrested during this time period were Elizabeth Paul (for allowing an improper driver to operate her vehicle), Edward Bruno (as a Habitual Offender), Brandon Scheffer (for Simple Assault and Disorderly Conduct), Stephanie Pierce (for Driving After Suspension, Criminal Mischief, and Receiving Stolen Property), Joanna Greenlay (for Receiving Stolen Property), Myron Crate (for Driving After Suspension), Mickayla Cantin (in connection with a warrant), Deshon Stone-Davis (for being a Habitual Offender, Disobeying an Officer, Reckless Operation, and in connection with a warrant), Kaelan Akerman (for Possession of Drugs), James Killoran (for Receiving Stolen Property, Driving After Suspension, Possession of Drugs, and in connection with a warrant), Alan Peterson (for Willful Concealment), Daniel Trombley (in connection with a warrant), William Keniston (for Possession of Drugs), Devin Hollins (for Criminal Threatening), Charles McWilliams (in connection with a warrant), Tyler Akins-McWilliams (in connection with a warrant), Steven Longchamp (for Driving After Suspension), Julie Riley (for Reckless Conduct, Criminal Threatening, Simple Assault, and Conduct After a Collision), and Adam Lapierre (for Driving After Suspension and in connection with a warrant).

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Ben & Jerry's treats local healthcare workers



Spaulding Youth Center CEO Susan Ryan (left) and Amanda Champagne, Director of Residential Services at Spaulding, pick up around 250 ice cream servings from Ben & Jerry's in Meredith with the help of manager Liz Breton.

BY ERIN PLUMMER
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MEREDITH — Residents and staff at two local health facilities enjoyed some free ice cream thanks to the Meredith Ben & Jerry's and the company's program to spread joy to frontline workers.

Last Wednesday, representatives from Golden View Health Care Center in Meredith and Spaulding Youth Center in Northfield visited the Ben & Jerry's shop in Mill Falls Marketplace to pick up hundreds of servings of free ice cream for their residents and staff. The facilities received their ice cream as part of Ben & Jerry's "Project Joy" program donating ice cream to those on the frontline of the battle against COVID-19.

Spaulding Youth Center had ordered catering from Ben & Jerry's as a treat for the students and staff. Store owner Jane Cohen said she thought this would be a good candidate for the "Project Joy" program. Cohen said the company has encouraged franchisees to reach out to hospitals, first responders, and other frontline workers.

Cohen said she asked the company if giving to a residential facility like Spaulding would qualify for the project and the company agreed it did.

"This is the fun part if the job for sure and we're lucky to be with a franchise that's known for giving back," Cohen said.

Afterward, Golden View volunteer Deborah Crosby saw something about the "Project Joy" program in a local paper and contacted Ben & Jerry's about possibly getting some ice cream for Golden View. Cohen said the franchise has had a close relationship with Golden View for many years. Her own parents have been residents at Golden View.

Cohen said the store would still cover any ice cream amounts that went over that covered in the program.

As residential healthcare facilities, Spaulding Youth Center and Golden View are both front and center in the fight against COVID-19. Thankfully both facilities have been free of coronavirus so far.

Currently, 42 children and young adults

between the ages of 4-21 with a wide range of developmental disabilities, neurological impairments, behavioral difficulties, and other challenges reside at Spaulding Youth Center.

"I think it's because we've taken an abundance of caution in everything we do," said Spaulding CEO Susan Ryan.

Ryan said residents live in multiple cottages and stay within their own separate groups. She said they started using masks early in the crisis.

The center also has around 60 day students who are all doing remote learning thanks to the center's technological capabilities.

Golden View offers senior living options such as assisted living, traditional care, memory support, long-term care, as well as short stay rehabilitation for adults of all ages.

Golden View has also been coronavirus-free so far with careful planning.

"We try to cocoon the building, which is very difficult," said Frank Vignand, Director of Resi-



Meredith Ben & Jerry's manager Liz Breton (center) helps Golden View Healthcare Center volunteer Deborah Crosby and Director of Resident & Community Relations Frank Vignand pick up 200 servings of ice cream.



Frank Vignand from Golden View receives a special cake to celebrate his 70th birthday on Wednesday.

dent & Community Relations at Golden View.

Representatives from Spaulding Youth Center and Golden View came by with coolers to pick up their ice creams.

The Spaulding Youth Center received 250 servings of ice cream for its students and staff members.

Ryan said it was really heartwarming that businesses like Ben & Jerry's were willing to contribute.

"It's going someplace where it will make them

happy," said store manager Liz Breton. "They'll be able to enjoy it, bring some sunshine to their day."

Golden View received 200 servings of ice cream: 100 for residents and 100 for staff members.

"The workers in particular will really appreciate it," Vignand said. "It's been a tough (time), we're thankful to the Ben & Jerry's people."

Vignand also celebrated his 70th birthday that day and Crosby presented him a cake during the delivery.

Ben & Jerry's will continue offering ice cream to frontline workers. Cohen said their goal is to provide 1,000 ice creams to frontline workers and they will be contacting a few local agencies about the program.

Caleb Duggan named to UVM Dean's List

BURLINGTON, Vt. — Caleb Duggan, Class of 2023, has been named to the dean's list for the spring 2020 semester at the University of Vermont. Duggan, from Belmont, is in the College of Engineering and Mathematical Sciences.

To be named to the dean's list, students must have a grade-point average of 3.0 or better and rank in the top 20 percent of their class in their respective college or school.

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Opinion

A4 Thursday, June 4, 2020

WINNISQUAM ECHO

The chosen class

Students throughout the area are flipping tassels this week, albeit not in the traditional way. But while nothing about this rite of passage will unfold as expected this year, we hope that our local graduates seize the opportunity to fulfill Oprah Winfrey's prophetic comment that they are "the chosen class."

Many seniors and their underclassmen counterparts have faced big changes as they navigate the world amid a global pandemic. This summer, finding work won't be as easy as it once was, and figuring out if college campuses will even open this fall remains another question mark. With that being said, this time in an 18-year-old's life is still quite pivotal.

Students will be bombarded with advice and speeches as these final weeks unfold. Our favorite bit of advice, however, is the following

1. Don't smoke
2. Drink plenty of water every day; and
3. Wear sunscreen (your 40-year-old selves will thank you)
4. Spend as much time as humanly possible outside; and
5. Watch the Back to the Future trilogy.

The most important thing you can do, however, is to find out who you are. From there the entire world opens up. Do not limit your lives to the same scene and same people you have always surrounded yourself with. This doesn't mean you need to forget people or places, it simply means that now is a great time to branch out. The more people you meet in different places, with different experiences will shed light on who you really are.

Always remember your roots. These are what has shaped you and prepared you for your next chapter. Remember how important your community has been to you, and remember to always give back.

Always practice kindness, even when it's hard. The world can aggravate and frustrate the most mellow of us. Anger is a normal human emotion, however it's what you do with it that really matters. If you have disagreements or you think the way you feel about a certain issue is correct, remember to not let your anger take you over. It never feels good, plus harboring too much anger and discontent ages us, plus it's really no fun. The more fun and kindness you have in your life, the happier you are. Try to find balance between your work and your leisure time. Spend time doing the things you love, and never forget what those things are, despite how busy your life may become.

As you go through life, you will make mistakes. None of us are perfect and mistakes can actually define who we become if we learn from them. The best formula for mistake making, is to own up to them, have some self awareness, be gentle on yourself, learn, then move on. Simple.

Remember to follow your own gut, always, no matter what. This is your life, and you are the one who needs to make it what it is and what it will be.

And above all, we invite our readers to join us in expressing congratulations to the class of 2020!

Send your letters!

Winnisquam Echo

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Or, you can e-mail us at echo@salmonpress.news

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DONNA RHODES

Selectmen Jon Scanlon helped give Tilton's statue, "America," a good scrubbing just in time for Memorial Day weekend.

STRATEGIES FOR LIVING

When God is involved, things happen

BY LARRY SCOTT

I've just had a revelation. I asked God to give me a sense of direction, and He has done so — in the pages of a book.

God seldom speaks to me, or reveals Himself to me, in any way that would be considered out of the ordinary. If I get a directive that hints of God, it comes through, not in a voice or a dream, but in a series of events, a set of circumstances, that have all the earmarks of divine direction.

When we come to God and ask Him to direct our lives, to take control, it is an invitation heaven will never ignore. If we are being honest, if we are prepared to follow the directions we are given, things happen. I can't explain it, and I will grant this makes little sense to most people. I can only tell you when I come to

God and invite His direction, things happen.

And I am not alone.

For a blind man, living in a darkness only the blind can understand, it was a miraculous healing that changed the course of his life. Blind from birth, there is no record he was one of Jesus' followers, and no indication he asked that his sight be restored. Indeed, after his healing, the blind man acknowledged he didn't even know for sure who Jesus was. But Jesus healed him anyway. No matter how insignificant a man may think himself to be, God is available to change the course of his life.

For a woman from Samaria, as told in the Gospel of John, it was a conversation with Jesus that revealed the true condition of her life. Five times married, and now living with a man to

whom she was not married, she was no paragon of virtue. But God cared about her and despite her personal problems, she was so important the Son of God took time out of his busy schedule to address the needs of her life. No person, she was to learn, is beyond the love and concern of our God.

And then there was the Apostle Peter. During the proceedings that ultimately led to Jesus' crucifixion, Peter three times denied even knowing Him. When the chips were down, Peter chickened out! But Peter was penitent, Jesus was forgiving, and Peter would discover that none of us have erred so badly but that God cannot change the course of our life.

God has a place, a purpose, a destiny for you that is unique to your station in life. You are exceptional, a special

creation of God, and He has given you a role in life that can be fulfilled by no other. Like the blind man, you may have been handicapped by circumstances you've been unable to change or, as the woman of Samaria, yours may have been a wasted life. Or, perhaps, like the Apostle Peter, you may have betrayed the spiritual trust you once knew.

But it's never too late to be what you might have been. God would like to take you from where you are to where you ought to be, to forgive your sin, to revive your self-respect, and to make these the best years of your life. It all begins with Jesus Christ but He will intervene, as in my case, only by invitation. Your turn!

For more thoughts like these, follow me at indefenseoftruth.net.

LETTERS TO THE EDITOR

A report to the citizens of Franklin

To the Editor:

On this Memorial Day, let us remember the sacrifice by so many in our community who have given the ultimate sacrifice to ensure that we Americans can live in this great nation. We as a nation are blessed to have that spirit of love for our fellow man that so many have laid their lives on the line for us. Let us remember to honor them by choosing to cherish and fight for those liberties. Let us not forget that Freedom is Never Free.

In memory of Steve Barton. A former member of the City Council and School Board, Steve contributed to the greater good of the City of Franklin. Our thoughts and prayers are with his family and friends. <https://www.smart-funeralhome.com/obituary/Steven-Barton> Kudos to Executive Secretary Audrey Lanzillo, City Manager Judie Milner and Mayor Tony Giunta for conquering ZODIE to conduct our City Council meetings and the committee meetings. The current circumstances, both before the fact and continuing have challenged their skills and creativity. Thank you for jobs well done.

Please accept my apologies for not reporting more expeditiously on the April meeting. It was amazingly efficient.

- Funds were accepted to establish the Robert H. Arteaga Scholarship Trust Fund
- The City Manager was authorized to file an Asset Management Planning Grant Agreement to fund the Drinking Water Infrastructure Project
- Tim Flaherty was appointed to a regular seat on the Planning Board

At the May meeting, the City Council:

- Approved the transfer of \$10,588 from the Besie Rowell Community Center Capital Reserve Fund to replace the flooring in 4 classrooms at the Center.
- A public hearing was set for June 1 to authorize the City Manager to file two separate grants for a total of \$105,000 from the State of New Hamp-

shire Clean Water State Revolving Fund to be used for the City's Water and Sewer Infrastructure Improvement Project.

An extensive discussion ensued over setting a public hearing for the adoption of Commercial Solar PILOT (Payment In Lieu of Taxes) Agreements with Franklin Town Solar 1 and 2 LLCs, Commerce Way Solar LLC and New England Solar Garden. Concern was expressed that this 20-year agreement needed more information and opportunities for public input which is inhibited by the limited current online meetings. The hearing was rejected.

A special meeting was called for reconsideration of the Commercial Solar PILOT Agreements.

Again, extensive discussion occurred with several questions asked, answered and set aside for further investigation. In the end, the motion was tabled.

This action affords you the residents of Franklin another opportunity to investigate and understand what is being proposed. Please take advantage of this action to allow you to be educated and to share your ideas and concerns. Please note the points below:

- Prime river bottom farm land is involved.
- Approval of the PILOT opens opportunity to secure a large bond that could assist the City in providing critical infrastructure.
- It involves a 20-year lease
- Approval will potentially increase adjacent developments to increase revenue to the city.

If at any time you would like to contact me, I can be reached at karen@sanbornhall.net or at 934-7111.

KAREN TESTERMAN
FRANKLIN CITY COUNCIL
WARD II

North Country Notebook

When Spring Street meant just that, and the highway was not the by-way



By JOHN HARRIGAN
COLUMNIST

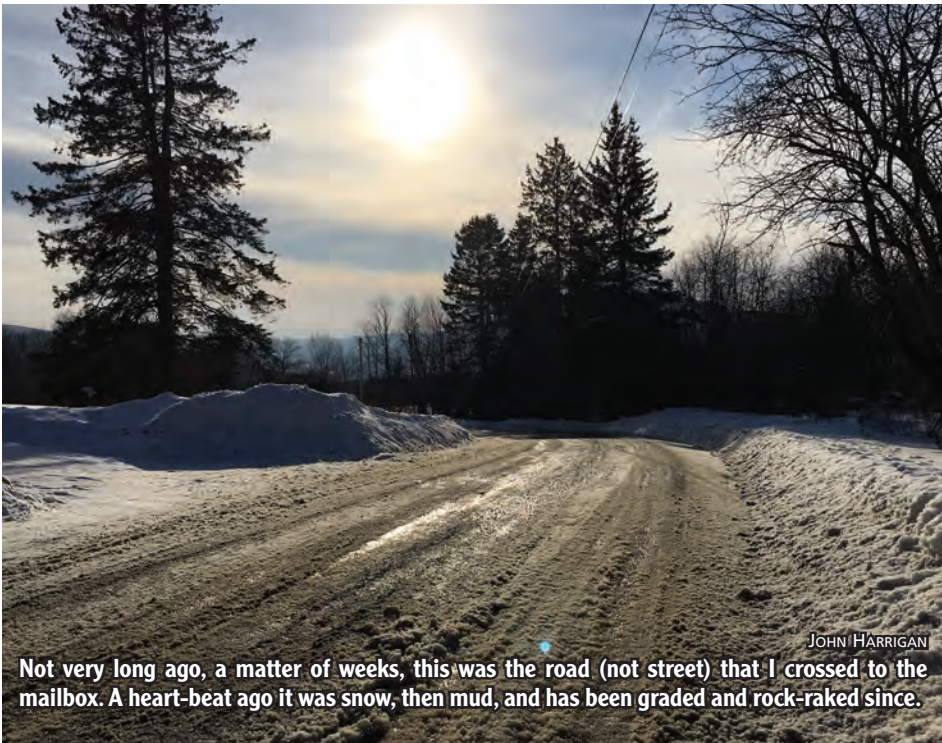
There are streets, and then there are roads. Nary the twain should meet, but they often do. The thing is, the two terms are not interchangeable.

They also are not mutually exclusive. Confusion reigns, particularly in the media. Just recently, I saw an absolutely fine piece on cow-plop derbies. It was not at all damaged by the author's confusion of "road" with "street." Only a curmudgeon editor would notice (that would be me).

The street I grew up on, Park Street, is a street within the village precinct. But when it leaves downtown, it becomes what most people called it in our growing-up years, the Hollow Road. That's because it went to Stewartstown Hollow. Map-readers and sign-observers know it as Route 145, otherwise known as the back road to Pittsburg, although it really isn't (there are other truly "back roads").

Similarly, Route 3 comes straight through town, but to us it's Main Street, our main thoroughfare. Thus, we engage in good-natured struggles with state officials whenever we want to shut it down and detour traffic for one festival or another.

Spring Street got its name from a hillside loaded with ice-cold, year-round springs that were a good and reliable



Not very long ago, a matter of weeks, this was the road (not street) that I crossed to the mailbox. A heart-beat ago it was snow, then mud, and has been graded and rock-raked since.

source of water during settlement times. Titus Hill Road veers off from it, and from beginning to end is a road, not a street.

Confusing the two terms is a dead giveaway that you're from Somewhere Else, or as the joking around goes, "The Other," which is the extreme version of the Downeast Maine term, "From Away."

If I go over to check my mailbox, I'm crossing the road. If I go downtown and park across from the post office, I'm crossing the street.

Street, road---they're often the same, in fact and name, but there's a difference. Either way, no matter where you're from or live, From Away or From Here, you'd better look both ways twice.

Frost-heaves, that bane of old roads that should never have forced-morphed into tarred highways, are a fading memory as the climbing June sun draws the cold from the earth.

In my town, as in many towns, the old road into town was bypassed by a

newer road, a true highway, so-called because it was constructed on built-up ground, hence the term "high way." In many towns, on both sides of the Atlantic, highways were built on mud and gravel dredged or scraped or dug and hauled by oxen-led dump-carts from either side of the right of way.

In New England, cedar logs and the trunks of other slow-to-rot trees were laid side-by-side across boggy areas, hence the term "corduroy road." The final topping in coastal regions was often smashed-up sea-shells, which wagon wheels would compress into relatively smooth going.

As European settlement leap-frogged on up the rivers, New Englanders became more ingenious about keeping their roads high and dry. They did not have the wherewithal to cross miles of low-lying, valuable tillage land on the valley's floor anyway.

Farmers often considered a road a waste of good land. And for what? Saving time---one of their

cheaper commodities at the time, another being labor. Still, this view of a road as a waste of land persisted well into the last century. As a young lawyer, my Dad represented the current generation of a frontier farm family in a suit for damages during the re-routing of Route 3 across good, tillable bottomland north of town.

If travelers on just about any of today's highways look left or right, they'll often see remnants of the old road, snaking along the contour line. These old highways were laid out well above the annual spring floods, when the meadows did what floodplains are supposed to do---act as the safety valve that avoids havoc where the valley narrows.

Once every June, my brother Peter and I biked from Park Street all the way through town and down to South Main Street, just beyond the oldest timber-framed house in town. We ventured there to meet our maternal grandparents, Ruth and Merton White, on their annual pilgrimage all the way up from Concord.

They had stopped in Lancaster to call ahead, as usual, so we could time our rendezvous. It was a big time for Pete and me, biking clear across town and beyond, with grandparents thrown in for good measure.

Eventually, Gramp White's beautiful dark-green Pontiac Straight-Eight came down the hill from the Shrine of Our Lady of Grace, and up the road into Colebrook, and stopped where two buzz-headed kids were jumping up and down in delight.

They had left Concord at about 9:30, as usual. They had pulled over into a shaded picnic area just north of Franconia Notch, for (of course) a picnic. The shaded pull-out, minus the picnic table, is still there.

And then, a couple of hours later, there they were, on the southern approach to town, otherwise known as Route 3, the Daniel Webster Highway, also known, a bit farther on, as Main Street. And the trip had taken them, Concord to Colebrook (picnic included) about six hours, give or take a piece of cake or two.

(Mail is welcome, with phone numbers, please, at campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576)



This rendition of the early days of modern road-building has it all---a steam-shovel, a steam-roller, a 1916 Chevrolet, and a farm wagon hauling fill. ("The Lincoln Highway, First from Coast to Coast," calendar illustration by Kenneth Riley)

MARK ON THE MARKETS

Advisor versus robot



BY MARK PATTERSON

Robo-advising has become extremely popular because of the exceptionally low fees typically associated with this automated service. I believe there is some merit and a place for Robo-advising. There are just some concerns that I have regarding Robo-advising, first being, we really had not seen how the robot handles a fast-moving downward market or an elongated bear market until recently, and the jury is still out. I can see Robo-advising being used by young people with a very longtime horizon in the markets that are

just allowing the robot to rebalance their portfolio and to make algorithmic choices for their money. Where I don't believe Robo works well is for someone inside of 10 years of retirement or doesn't like equity market risk. As we get closer to needing our assets for income, or simply do not have time to recover from a correction in the equity markets, then an advisor that is skilled at structuring steady, sustainable and reliable income that mitigates market risk, sequence of return risk and longevity risk can be invaluable.

I have seen many portfolios that were good candidates for Robo advising. Typically, these portfolios were made up of a family of mutual funds with attached commissions and 12 b1 fees sold by "advisors" who did not take the clients best interests into consideration, but sold funds that their firm was paid to promote. In this instance this clients' money was being passively managed through high cost mutual funds

whereas the robot may have done a better job for less fees. I guess what I'm saying is that given the choice of a robot or a typical broker connected to a firm or bank, I might choose the Robo as well. Client money must be managed with the client's best interest first, but can only be done by an advisor who really understands how to manage that money for their client's needs.

As I mentioned earlier, we have recently seen how the robot reacts in tough market conditions. The last eleven years had seen a couple of bumps but not any major draw-downs in the equity markets until March of this year. So, complacency has returned to high levels and money will chase a market nearing a top. Studies also tell us that investors will start to sell near the bottom. A robot will not have an opinion on the direction of the markets such as, if you should hedge, if you should raise cash levels or start to shift money over to bonds, fixed income or precious metals.

It is a good thing that the robot takes your emotions out of the equation, but I am not so sure that taking a qualified advisor or asset managers emotions, skill, and knowledge out of the equation is a good thing. Time will tell. Robo advising may work for you if your time horizon long and you don't mind market risk in the equity markets, or it could work for a portion of your portfolio that is designated for growth but you will not need for income in the next 10 years.

A good asset manager can manage your money using modern portfolio theory and very low-fee investments that are designed to maximize your returns and minimize your risk. Compare that to the low fee robot. It is all about net returns and risk.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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Bradley David Bailey, 48

BELMONT — Bradley “Brad” David Bailey, 48, of Bean Hill Road, died on Wednesday, May 20, 2020, at his home.

Brad was born on Feb. 18, 1972, in Laconia, son of the late Wayne L. Bailey and Carol I. (Lefebvre) Makris. Brad graduated from Laconia High School and worked as a machinist for SMC Aerospace.

Brad enjoyed golfing, fishing, boating on the lake, and spending time with his three children whom he loved dearly.

Brad is survived by his son, Mason Owen Bailey of Belmont; two daughters, Miah Rae Bailey and Bree Mackenzie Bailey, both of Belmont; step-father, George Makris and his wife, Cathie of Mere-



Brad Bailey

dith; two brothers, Lee Bailey and his wife, Jennifer of Center Harbor, and Shawn Makris and his wife, Leyla of Vista, Calif.; three sisters, Wendy Cruz and her husband, Robert of Strafford, Lea Klock and her husband, Thomas of Meredith, and Stacey Makris of Concord; one niece, Meghan Stafford

Stephens and her husband, Mark and one nephew, Hudson Lee Bailey.

A Celebration of Life will be held at a later date.

For those who wish, the family suggests that memorial donations be made in Brad’s name to New Hampshire Fish and Game Department, ATTN: Business Division, 11 Hazen Dr., Concord, NH 03301.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.



COURTESY

Man of the hour

Bill Nunamacher was the man of honor at a drive by parade in recognition of his award as the Belknap Mill’s 2019 Volunteer of the Year. His wife Nancy proudly holds a congratulations sign. Bill was surprised by the drive by parade led by Laconia Police and Fire, along with Boy Scout and Belknap Mill supporters.

Brenda Hodgman, 59

FRANKLIN — Brenda Hodgman, 59, passed away unexpectedly at home on May 25, 2020.

She was born Aug. 30, 1960, to John G. Nedeau, Sr. and Rosalie (Clifford) Nedeau of Meredith, and was a graduate of Inter-Lakes High School, Class of 1978.

Brenda was a fun-loving, vibrant person, who gave all of herself to her family, friends and jobs. She had worked over the years at E. M. Heath’s Supermarket and October Farm Market, both in Meredith, Dunkin’ Donuts in Meredith and Belmont. Until her passing, she worked the last 22 years at the Tilton School where she had a great rapport with the students whom she missed dearly these last few months.

She is survived by her loving husband, Ervin Hodgman; her mother, Rosalie Nedeau of Meredith; brothers John Nedeau, Jr. of Cancun, Mexico, and David Nedeau and wife Birgit of Sandwich; sisters Rosemary Nedeau and Karen Waldron of Meredith, Diane Copp and husband Roger, and Deanne Lear and husband Ben, all of Moultonborough; her stepsons, Samuel



Brenda Hodgman

and Jonathan; grandchildren Cameron, Charlotte and Rebekah; mother-in-law Hazel Hodgman; and brother-in-law Archie. She was known as “Aunt Bubby” to all of her nieces, nephews, great-nieces and great-nephew. She is survived as well by numerous aunts, uncles, cousins, and friends.

Brenda was predeceased by her father, John Nedeau, Sr., in 2010, and brother-in-law Jerry Waldron in 1996, and her beloved dog Cody.

As quoted from her nieces:

You were always the funniest person in the room, and quick with a joke or story that would have us all crying with laughter. You showed us all exactly what it meant to dance like nobody is watching, and when someone would ask you

why you did something or about one of your thousand collectibles, you would simply reply with “because it brings me joy.” This world needs so many more people like you in it. You taught us how to be proud of who we are and where we come from; to be ourselves, for which we will always be grateful. “We love you, Aunt Bubby.”

“Our lives are better left to chance, I could have missed the pain, but I’d have had to miss the dance.”

Due to Covid-19 restrictions, services will be private. She will be laid to rest at Oakland Cemetery, Meredith Center, between her father, John, and grandfather, Harry Nedeau, Sr.

The family asks that to honor Brenda’s memory that you do a random act of kindness as she lived her life doing thousands of acts of kindness for those around her. She will be tremendously missed by all who knew her.

Mayhew Funeral Homes and Crematorium, in Meredith and Plymouth, are assisting the family with the arrangements. www.mayhewfuneralhomes.com

United Way brings resources to Central Region during pandemic

LACONIA — When the COVID-19 pandemic began sweeping through New Hampshire Granite United Way was there to help.

“We know there are immediate needs across all of our communities, and we are proud to be working together with so many individuals and partners to bring that to our Central Region,” said Patrick Tufts, President and CEO of Granite United Way.

One of the first ways Granite United Way’s team stepped up was when the Governor’s announcement was made that 211 NH would serve as the information line for the COVID-19 pandemic. Since that announcement, the team at 211 NH has taken more than 25,000 calls from New Hampshire residents.

“Granite United Way quickly established the Granite United Way COVID-19 Relief Fund where 100 percent of donations are being directed to individuals and families in need because of the pandemic. To date this Fund has raised \$475,000 in pledges and we anticipate raising \$750,000 in total.”

Granite United Way is working with regional organizations to help distribute these funds across the state.

“We are proud to be partnering with Lakes Region Community Services in the Central Region to deliver this help to our neighbors in need,” said Scoop Welch, Vice President of Regional Operations for Granite United Way. “It’s inspiring to see our community pulling together during these unsettling times.”

Some examples of investments in the Central Region during the COVID-19 pandemic include:

The Samuel P. Pardoe Foundation has granted \$100,000 to Granite United Way. This gift will be distributed directly to individuals and families in the Lakes region of New Hampshire and provide additional support to neighboring communities in need.

“It is a privilege to support Granite United Way in its efforts to provide

emergency relief to our neighbors in the Lakes Region and throughout the state,” said Charles Pardoe, President, Samuel P. Pardoe Foundation.

Granite United Way made a \$10,000 investment in the New Hampshire Hospitality Employee Relief Fund to assist those who were directly affected by the closures of restaurants and lodging establishments.

Food pantries were some of the first organizations the Granite United Way COVID-19 Relief Fund reached out to, understanding many were being inundated by newly unemployed individuals. In the Central Region, the Kingswood Youth Center, Meredith Food Pantry and Plymouth Area Community Chest all received support from the Fund.

An investment of \$25,000 was made to the GOT LUNCH! Laconia program, which has developed a 15-week response to the immediate needs of Laconia residents. “Thank you so much - \$25,000 will provide 1,250 bags of groceries so children will have breakfast, lunch and dinner on the weekends! Pastor Paula Gile, GOT LUNCH! Laconia Advisory Board. “We knew we needed between \$70,000 and \$100,000 for this fifteen week emergency project - that number is overwhelming. It is so wonderful to be a part of a community that cares and puts their finances behind taking care of the children in this community.”

Support was provided to WIC programs that were experiencing when converting many of their program to remote access.

The Whole Village Family Resource Center has continued to help families by providing online resources for both parents and children during the crisis.

“Granite United Way has always been here for our community, and we are committed to helping individuals and families recover from this crisis.” Said Tufts.

“It’s during these unprecedented times that our community in partnership with Granite United Way and Lakes

region Community Services, truly dig deep to find ways to meet those in great need.” Cass Walker, Lakes Region General Hospital and Granite United Way Community Impact Committee (CIC) Chair.

Those interested in supporting these efforts can do so by:

Giving online at www.graniteuw.org

Texting GUWHELPS to 41444

Mailing a check to Granite United Way, 22 Concord Street, Manchester, NH 03101

Granite United Way is an experienced and trusted organization dedicated to leveraging the resources of investors and volunteers to create lasting change by addressing the underlying causes of our community’s most pressing needs. United Way’s purpose is to convene public, private, and governmental leaders and resources to tackle the largest, most pressing issues facing our community. Granite United Way fights for the education, health and financial stability of everyone in every community.

Each year, 1 in 3 residents of New Hampshire and Windsor County, Vermont engage with Granite United Way as a donor, volunteer or beneficiary of a United Way-funded program. Granite United Way, the merger of 6 local United Ways, mobilizes the power of 22,000 donors and volunteers to provide more than \$14 million in support to over 350,000 individuals and provides funding to more than 750 nonprofit programs. Granite United Way is rated a Platinum level participant by GuideStar and holds a Three Star Charity rating by Charity Navigator.

Granite United Way serves the Central Region, Merrimack County, North Country, Northern Region, Southern Region (Manchester / Derry / Salem) and Upper Valley Regions of New Hampshire as well as Windsor County, Vermont. For more information, visit www.graniteuw.org.

Northfield resident named to Dean’s List at Utah Valley

OREM, Utah — Matthew Ivester has been named to the Dean’s List for the spring semester of 2020 at Utah Valley University.

Matthew, son of Wendy and Jack Ivester of Northfield, was recognized for maintaining a 3.80 grade point average. He is pursuing a degree in Business Finance.

Market swings making you uneasy? Let’s talk.



Jacqueline Taylor

Financial Advisor

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Wings, Water, Wheels at Laconia Airport postponed

GILFORD — The now annual family event, Wings, Water & Wheels scheduled as an Open House at Laconia Airport on May 30 has been postponed due to COVID-19.

The event, which features airplanes, police and fire vehicles, heavy construction equipment, a NASCAR Pace Car and boats for young and old to sit in, explore and chat with the professionals who own or operate the equipment, is sponsored by the non-profit STEM Education group, WinnAero each year. Co-sponsoring organizations include the Laconia Airport Authority, the Airport Manager and Fixed Base Operators Sky Bright Aviation and Emerson Aviation.

Karen Mitchell, WinnAero President and pilot, in announcing the postponement, stated that “our Board of Directors didn’t feel a May 30 Open House event was feasible given the uncertainties of the current COVID-19 pandemic so we decided to keep attendees and exhibitors safe and reschedule this crowd-pleasing event to the early fall.”

The new date for Wings, Water & Wheels is Saturday, Oct. 3. Mitchell pointed out that this postponement only impacts Wings, Water & Wheels for now. The popular WinnAero summertime day camps, the ACE Academies, scheduled for July are still on the schedule and applications for youth of elementary, middle and high school ages are currently being accepted.

“In May, our Board will take another look at where our Country and State are relative to the pandemic recovery and decide then about hosting the July ACE Academies. Parents will have ample notification time to adjust accordingly,” said Mitchell.

Anyone interested in knowing more about WinnAero and its aviation/aerospace-themed STEM activities may visit the Web site at www.winnaero.org.



A future pilot checks out a plane at Wings, Water Wheels 2019.

COURTESY

Laconia Rotary extends motorcycle raffle ticket sales



COURTESY

The winner of Laconia Rotary’s 28th Annual Charity Raffle will receive a 2020 Harley-Davidson FLHX Street Glide with a retail price of \$24,094.


LACONIA – The Laconia Rotary Club announces that its drawing for a 2020 Harley Davidson motorcycle is postponed from June 21 because of the current pandemic. The drawing traditionally occurs on the last Sunday of Motorcycle Week. The date will coincide with the last Sunday of the 2020 Motorcycle Week, whenever that event is re-scheduled.

In the meantime, Rotarians will continue to sell charity raffle tickets (\$20 each) and will display the Harley Davidson motorcycle whenever public gatherings are permitted. For more information or to purchase a raffle ticket online, visit laconiarotary.org.

Laconia Rotary is part of an international network that values service above self, provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Laconia Rotary typically meets every Thursday at noon at the Belknap Mill in Laconia. All are welcome. Please write to LaconiaRotary@gmail.com to let us know you’ll be attending. Visit www.LaconiaRotary.org for more information about the club.

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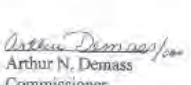
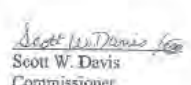

NOTICE OF POSTPONEMENT OF ANNUAL MEETING TO THE QUALIFIED VOTERS OF THE TILTON-NORTHFIELD WATER DISTRICT:

WHEREAS, His Excellency, Christopher Sununu, has issued Executive Orders declaring a State of Emergency to limit the spread of the Coronavirus-Covid-19;

And, Whereas, as a result of the implementation of the said Executive Orders, it is not possible for functions preliminary to the actual meeting to be performed within statutory time frames, and, in the spirit of the Governor’s Orders,

The Commissioners of the Tilton-Northfield Water District, in consultation with the District’s Moderator, and with his concurrence, hereby postpone the Annual Meeting of the District to Tuesday July 14, 2020 at 6:00 PM, at the Pines Community Center, to act on the matters previously posted in the notice of the Annual Meeting, signed March 9, 2020.

Given under our hands and seal, this 17th day of April, 2020.



Sean T. Chandler
Commissioner/Chair

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Edward Jones: Financial Focus

During the coronavirus pandemic, our health concerns – for ourselves and our loved ones – have been at the top of our minds. But financial worries have been there, too, both for people whose employment has been affected and for investors anxious about the volatile financial markets. And one aspect of every individual’s total financial picture has become quite clear – the importance of an emergency fund.

In normal times, it’s a good idea for you to keep three to six months’ worth of living expenses in a liquid, low-risk account. Having an emergency fund available can help you cope with those large, unexpected costs, such as a major car repair or a costly medical bill. Furthermore, if you have an adequate emergency fund, you won’t have to dip into your long-term investments to pay for short-term needs. These investment vehicles, such as your IRA and 401(k), are designed for your retirement, so the more you can leave them intact, the more assets you’re likely to have when you retire. And because they are intended for your retirement, they typically come with disincentives, including taxes and penalties, if you do tap into them early. (However, as part of the economic stimulus legislation known as the CARES Act, individuals can now take up to \$100,000 from their 401(k) plans and IRAs without paying the 10% penalty that typically applies to investors younger than 59½. If you take this type of withdrawal, you have up to three years to pay the taxes and, if you want, replace the funds, beyond the usual caps on annual contributions.

Of course, life is expensive, so it’s not always easy to put away money in a fund that you aren’t going to use for your normal cash flow. That’s why it’s so important to establish a budget and stick to it. When developing such a budget, you may find ways to cut down on your spending, freeing up money that could be used to build your emergency fund.

There are different ways to establish a budget, but they all typically involve identifying your income and expenses and separating your needs and wants. You can find various online budgeting tools to help you get started, but, ultimately, it’s up to you to make your budget work. Nonetheless, you may be pleasantly surprised at how painless it is to follow a budget. For example, if you’ve budgeted a certain amount for food each month, you’ll need to avoid going to the grocery store several times a week, just to pick up “a few things” – because it doesn’t really take that many visits for those few things to add up to hundreds of dollars. You’ll be much better off limiting your trips to the grocery, making a list of the items you’ll need and adhering to these lists. After doing this for a few months, see how much you’ve saved – it may be much more than you’d expect. Besides using these savings to strengthen your emergency fund, you could also deploy them toward longer-term investments designed to help you reach other objectives, such as retirement.

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Stacy Buckley- Superintendent
Newfound Area School District
20 North Main St.
Bristol, NH 03222

Questions should be directed to Alex Sobolov, Athletic Director at asobolov@sau4.org or 744-6006 x1507.

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You may apply in person or download an application from our website. All applications should be submitted to:

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Ucvh-hr@ucvh.org

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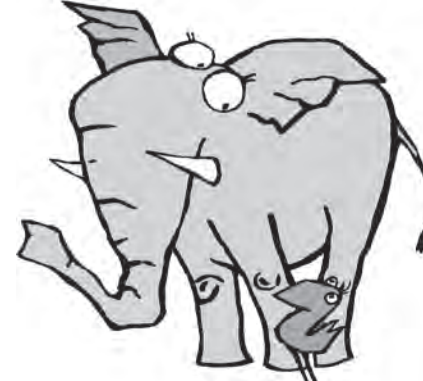
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ATHLETES

CONTINUED FROM PAGE A1

the season was cancelled due to the Corona virus.

And while she enjoyed each of those sports in whatever role she played for the teams, she said it is volleyball that has always been her favorite sport.

Having played since seventh grade, she said, “Being able to play with my friends and make a lot of connections with the girls I play with during both the school and club/off-season makes it enjoyable.”

One of her favorite volleyball memories over the last four years came during their “Dig Pink” home game against rival Winnisquam Regional High School this year where they took the WRHS Bears to a 31-29 set.

“It was a great feeling, taking a set,” Treamer said. “We have always wanted to beat them in some way and we accomplished that.”

Next year will find her

at New England College where she will be studying psychology with plans to go on to obtain a Masters degree in school guidance.

The NHIAA award was meaningful to her and she said she appreciated the special acknowledgements it brings.

“Knowing I can be recognized for playing sports I love and for doing well in the classroom is amazing. It shows how hard I try and how well I can balance different things,” said Treamer.

Classmate Lawrence Major participated in soccer, alpine ski racing and baseball during his four years at Belmont High School. Major was assigned to the varsity soccer team in his sophomore year, serving as a team captain in his junior and senior years. While he occasionally played in the midfield, in the last two years he received All State recognition as a defender playing center back, which he said was his primary

position on the BHS squad.

While he was also an alpine skier and a member of the varsity baseball team for three of his four years, Major said that while it was a difficult choice to make, soccer was probably his favorite sport.

“I think at the end of the day I would have to say soccer, partially because I think it was the sport I performed best in,” Major said. “Each sport brought me a lot of joy though and pushed me in different ways to become a better athlete, teammate, competitor and person.”

Speaking specifically about his soccer experience, Major felt fortunate to have a great coaching staff over the past four years. Each of them, he said, helped him a lot, both as a player and a leader.

“I enjoyed the team aspect of the sport and had great teammates,” he said. “The satisfaction of having good chemistry

on the field is a special feeling and I made a lot of great memories, from practices and team feeds, to hard-fought homecoming games, to draining overtime matches, and intense playoff games.”

He also had great memories of the final soccer game in his junior year played under the lights against a very competitive team. Although they lost when the tied game went into penalty kicks, Major said there was a vibrant and energetic atmosphere that night and he cherished playing that one final time with a team that year which was “loaded with talent and great people.”

He also has fond memories of his skiing experience where the team, despite its small size, managed to finish in the runner-up position at the state finals a few times. Major said he enjoyed training and competing with his teammates and achieved some personal accolades along the way,

including an entry into the Eastern High School Championships.

Finally, he said, “During baseball last year, we had many great games, especially our playoff games against Laconia and Hopkinton. Even though we lost against Hopkinton, it was a special moment leaving the field one last time with that group of people.”

In the fall, he will be attending the University of Utah as a business major and hopes to eventually start his own business. With that goal in mind, Major said he also wants to explore some different interests as well, recreationally, educationally and professionally.

“My goal is to build a set of skills and experiences that will help me succeed wherever I go and with whatever I end up doing,” said Major.

Through sports and school, he feels he learned how to be part of something bigger than himself and is better pre-

pared to enter the more competitive world due to his experiences on the field, on the mountain and in the classroom. Winning the NHIAA distinction as a result of all of that is definitely an honor, he added.

He finished with a bit of advice for future high school athletes.

“If I were to talk to younger student/athletes in high school, I would tell them to cherish every moment. I know it sounds cheesy, but don’t take anything for granted. As we have all seen recently, life can change drastically before our eyes,” Major said. “Along with that, don’t be afraid of failure. If you aren’t performing well or not getting much playing time, simply make the most of your situation. That is truly all you can do. Have an open mind, learn from and trust your teammates, coaches, and most importantly, yourself.”

MASK UP

CONTINUED FROM PAGE A1

was up to T-N Rotary to supply the volunteers and pass them all out in a socially distanced manner.

The Mask Mobile was stationed in the athletic field parking lot at Winnisquam Regional High School for all three days of the mask give-away. People in each vehicle that stopped by were first asked how many masks they needed for their household or friends. That initial greeter then called ahead to other volunteers, like Brian Dumka and his wife Heather

Bishop-Dumka, to have two reusable masks ready for each person that was pulling forward in the line.

While nearly all the volunteers were local residents, Adam Gauthier, president of the Suncook Valley Rotary Club, also signed up to help with the distribution.

“I saw online that this event was happening, and decided I wanted to come up and take part in it as some community service, too,” said Gauthier.

Drew was pleased to report that throughout the three-day event, Til-

ton-Northfield Rotary, supported and supplied by the Plymouth Rotary, was able to distribute 3,000 masks to members of the public.

“We didn’t refuse anyone. We just wanted to focus on helping people stay safe in getting us through this health crisis,” he said. “We were very happy with the outcome and very grateful to Alex, Steve and the Plymouth Rotary for making it all possible.”

For information on future stops by the Mask Mobile, visit maskupnh.org.



Brian Dumka and his wife Heather Bishop-Dumka helped Tilton-Northfield Rotary distribute more than 3,000 free facemasks to the public outside Winnisquam Regional High School last week, courtesy of the Mask Up N.H. project.

Comfort Keepers

A closer look at strokes

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Strokes are the fifth leading cause of death in the United States, and a major cause of disability. While people at any age can be susceptible to suffering from a stroke, nearly three quarters of strokes occur in people over the age 65.

Risk factors for a stroke include high blood pressure, genetics, gender, tobacco use, heart disease, diabetes, weight, age and the use of some medications.

There are three main types of stroke that can occur:

Ischemic stroke – Most strokes fall into this category. In an ischemic stroke, arteries narrow or are blocked, reducing blood flow to the brain.

Hemorrhagic stroke – During a hemorrhagic stroke, a blood vessel leaks or bursts, causing damage.

Transient ischemic attack – Sometimes referred to as “mini-strokes,” this is a condition that is also caused by a narrowing of the arteries, but only causes temporary symptoms.

It’s important to note that medical attention after a stroke is critical, and time is of the essence. Anyone suffering from the symptoms of a stroke should not wait for the effects to go away or get worse. They should call 9-1-1 or visit their physician as soon as possible. Quick treatment can minimize damage and potentially save someone’s life.

Symptoms can include:

- Trouble speaking
- Confusion or trouble understanding
- Paralysis of the face, arms or legs
- Trouble seeing
- Headache
- Trouble walking
- Headache
- Vomiting
- Neck stiffness
- Dizziness

Comfort Keepers® Can Help

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