



THURSDAY, MARCH 23, 2017

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

Voters approve new police station plans

Barnstead also votes to replace fire truck

BY DAVID ALLEN
Contributing Writer

BARNSTEAD — In last week's Baysider article describing the content of the warrant articles coming before the Barnstead Town Meeting, it was suggested a few of them might generate some controversy.

Confusion would have been a more accurate prediction.

The meeting began with Moderator Chris Hipkiss explaining the rules and procedures for the meeting. He surprised many when he went on to inform the assembly that a formal request had been filed for a recount in the election of two members to the Barnstead School Board.

Kevin Genest and Michelle Brown were on the ballot. Jason Henry ran a write-in campaign. The tabulated results were Brown: 195; Jason Henry: 115; and Genest: 106. Nine votes separated Henry and Genest. Brown and Henry were declared the winners.

A request for a recount for a school officer must be filed by the Friday following the Election Day with the school clerk. The clerk will then set the date for recount within 5-10 days of receiving the request. Hipkiss

announced that the recount would be held on Thursday, March 23, at 2 p.m. at Town Hall.

By law the recount is conducted by the members of the school board, the school moderator, and the school clerk.

Hipkiss then took a moment for a brief celebration of two long time town activists. The town recognized Eileen Murley for her 10 years of service on the zoning board of adjutants, uncounted years of service to the Fire Fighters Association, and many other activities on behalf of the town.

The town also recognized Denise Adjutant as a founding member of the Barnstead Historical Society in 1972, and her 45 years as a member and leader since then. She recently retired from many years of service as a New Hampshire state employee including 40 years with the Department of Inland Fisheries, several years with the Office of Energy and Planning and responsibilities in other parts of state government.

Hipkiss then proceeded to the business of the meeting. Articles 1 and 2 were voted on at the town election on Tuesday. Article

3 involved the acceptance of the Town Report. None of the assembled voiced any objection.

Article 4 was written to appoint the selectmen as agents to expend from the Public Safety Building Capital Reserve. Until this meeting a decision to expend from the Public Safety Reserve required a vote of the Town Meeting, but that was not pointed out in the article or by the selectmen or by anybody at the meeting.

The Article passed without any significant discussion. Article 5, which moved the decision to expend from the Highway Department Heavy Equipment Fund from Town Meeting to the select board also passed.

Article 6 asked the Town Meeting to approve \$100,700 to hire an engineer to design and provide construction plans and specs for a new police station not to exceed 4,500 square feet. About half the funds for this purpose would be taken from the Public Safety Building Capital Reserve Fund.

Selectman Gordon Preston started to tell the voters that the board would like to withdraw this article. He said it was no lon-

ger necessary for the Town Meeting to ap-

prove this expenditure because they had just

given the selectmen
SEE BARNSTEAD, PAGE A11



COURTESY PHOTO

Baysider on the road

Russell and Judy Kelly, uncle and aunt of editor Joshua Spaulding, took the Baysider on their road trip from upstate New York to Houston, Texas. Here they pose at the grave of Traveller, the beloved horse of General Robert E. Lee. The grave is located at Washington and Lee University in Lexington, Va. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.com.

New Durham officials say right decision was made

Town's election one of dozens postponed due to blizzard

BY MARK FOYNES
Contributing Writer

NEW DURHAM — With conflicting ad-

vice coming from state leaders in Concord prior to last week's town election, local officials needed to make a difficult choice as a blizzard bore down upon the region.

At the crux of each town's decision - made statewide by town moderators in all non-city municipalities - was how best to balance public safety with a need to uphold an election calendar, whose elasticity is not completely clear.

Of the three towns in the Baysider's coverage area, New Durham was the only one that postponed its scheduled March 14 election. Voting in the SB2 town took place two days later, when elected officials were chosen and citizens had a chance to weigh in on a handful of warrant articles.

The decision to postpone was made by Town Moderator Pro Tem, Rich Leonard, after consulting with town department heads, state officials and legal counsel.

Leonard was temporarily appointed to this role since longtime moderator, Cecile Chase, was a candidate for selectman.

Leonard said that the Secretary of State's office and governor provided conflicting guidance on how to make plans based on weather conditions.

The Baysider connected with Leonard the day after the election via telephone.

He noted that, on the one hand, state safety officials were blunt about advising non-essential traffic to remain off the roads. State police and DOT officials routinely caution against driving in major snow events. He said minimizing traffic volumes reduce the chance of accidents, and allow local and state road crews to clear thoroughfares and side roads.

However, Leonard continued, the governor's office was urging towns to uphold scheduled elections.

"There was a definite set of mixed messages that we were getting," Leonard said. He described what towns were hearing from state leaders as a "disconnect."

Leonard said there was a statewide conference call Monday when municipal officials received a briefing on the status of state law as it relates to towns' authority to postpone elections.

Leonard said that Town Administrator Scott Kinmond participated and briefed him on the discussion.

Via Facebook, Leonard summarized, "After holding a joint meeting with heads of
SEE BLIZZARD, PAGE A10

Chase defeats Bickford for New Durham selectman's seat

Brown and Henry lead Barnstead School Board race

BY JOSHUA SPAULDING
Editor

REGION — New Durham residents went to the polls a couple of days late (see separate story) and overwhelmingly gave a victory in the race for a three-year seat on the board of selectman to Cecile Chase.

Chase challenged incumbent David Bickford for the seat and received 414 votes to 142



MARK FOYNES

"IN THE END, we're all neighbors," said selectman candidate Cecile Chase, left. Appearing beside her are fellow candidate David Bickford and budget committee incumbent Ellen Phillips. Bickford echoed Chase's sentiment and said that everyone expressing an interest in getting involved should be acknowledged for their commitment to service. New Durham was among several N.H. towns that postponed voting due to last week's blizzard. Election officials said they believed the town made the right choice and described last Thursday's turnout as "brisk" and "steady." Voting took place at the fire station community room. Although considerably smaller than the school gym, there were no lines at midday.

for Bickford. residents signed up seats on the school board but it was a write-in candidate who made the cut.

Barnstead School District Meeting is Saturday

BARNSTEAD — The Barnstead School District Meeting will be taking place on Saturday, March 25, at 9 a.m. at Barnstead Elementary.

See page A5 for a preview of the warrants to be discussed.

Michele Brown received 195 votes to win one seat and write-in Jason Henry received 115 votes to edge Kevin Genest with 106 votes. A recount has been requested and will be conducted.

SEE RESULTS, PAGE A10

INDEX

- Volume 11 • Number 12
- Business.....A7
- Churches.....A8
- Classifieds.....B8-B11
- Editorial Page.....A4
- John Harrigan.....A16
- Letters.....A4
- Obituaries.....A8
- Sports.....B5 - B7

28 pages in 2 sections

©2017, Salmon Press, LLC.
Call us at (603) 569-3126
email: baysider@salmonpress.com
www.salmonpress.com



COURTESY PHOTO

THE UNIVERSITY SINGERS from the University of Maine Farmington performed at Prospect Mountain High School last week.

University Singers pay visit to Prospect Mountain

BY CATHY FRASER
Contributing Writer

ALTON — On Thursday, March 16, the University Singers from University of Maine Farmington, paid a visit to Prospect Mountain High School (PMHS). They arrived in the early afternoon and, along

with their Director, Francis John Vogt, conducted a workshop for the choral students at PMHS.

The choir is 60 members strong and is made up of an equal number of music and non-music majors. They are accompanied by Dr. Laura Ar-

tesani. PMHS parents and a local church community provided lodging and a potluck supper for the students in the choir. Dinner was followed by a concert in the PMHS auditorium that featured selections from classic composers including Bach and

Brahms, as well as some more contemporary pieces.

There was a concert within a concert as the audience also heard from two a cappella groups: Renaissance, the women's group, who performed two selections including Girls

Just Wanna Have Fun, and The Maine Steiners, the men's group, who performed a barbershop-style medley of Billy Joel tunes along with another piece.

For the last selection, Wesley Raines, music teacher at PMHS and UMaine Farmington alumnus, joined the choir in its performance of Jabberwocky.

Get your ice-out guesses in to Alton Business Association

ALTON — When do you think the official ice-out will happen?

The Alton Business Association will conduct its annual ice-out contest. Ice-out is defined as the moment when the M/S Mount Washington can reach each of its ports unobstructed by ice. Local residents who are considered experts in the art of ice watching, supplemented by observations from aircraft, pinpoint the official date and time of the ice-out.

Mail your contest entry postmarked no later than April 1, to Alton Business Association, PO Box 1641, Alton, NH 03809 or email Alton-

businessassociation1@gmail.com with all the below requested information. Your entry must clearly state your name, mailing address, phone number, date and time what you believe the actual ice-out will occur. Contest is open to all Alton residents, only one entry per person.

The entry with the exact or closest to the actual ice-out date will be the winner and receive an Alton Business Association gift basket full of items from the local community businesses.

The Alton Business Association is proud to sponsor this community event.



Davis Fuels Of Epsom Inc.

A company you can rely on and that's

NO BULL!



LIKE US ON  facebook

New Accounts Welcome!
Fuel Oil, Kerosene, Propane
'Old Fashioned Neighborly Service'
Rick & Stacy 736-8900

Love Where You Eat!
Eat At...



Fresh Ground Hamburgers
Fresh Shaved Steak for Steak Subs
"Kelly's Famous Homemade Bread"
Fresh Seafood every Friday
PRIME RIB on the LAST FRIDAY of each month
Weekly Lunch Specials



Open
Mon-Thurs & Sat
6AM-3PM
Friday - 6AM - 8PM
Sunday - 6AM - 1PM

DiPrizio GMC Trucks

Middleton, New Hampshire • Family Owned Since 1955

10 King's Highway, Rt. 153
Middleton, NH 03887
www.dipriziogmc.com
sales@dipriziogmc.com
parts@dipriziogmc.com

TIME TO TRADE UP! A TRUCK FOR EVERY NEED

1-800-GMC-0088

Experience Counts

"We Are Professional Grade"

NEW 2016 GMC 1500 DOUBLE CAB 4X4

- 4.3 Line Eco Tech 3
- Trailer Equipment PKG
- Auto Locking Rear
- Intellink Audio System
- 7in Color Touch
- OnSTAR XM Sirius Radio



SELECT BONUS OFFER

\$31,624*

STK#252450

*500 Customer cash, 750 Bonus cash, 2000 Down payment assist thru GM Financial, 3000 Bonus select program. Good till 3/31/17
Until supplies last MSRP \$39,625

Commercial Work Ready Trucks

NO WORRIES GM CERTIFIED PRE-OWNED 24 MONTHS SCHEDULED MAINTENANCE

<p>2016 NEW GMS SAVANA EXT. CARGO VAN</p> <ul style="list-style-type: none"> • V8 Engine • 8,600 lbs. G.V.W. • Rear camera • Chrome Appearance • Power Equipment PKG  <p style="text-align: right;">SPECIAL \$26,922</p> <p style="font-size: 0.7em;">Good till 3/31/17 all rebates w/bonus offer</p>	<p>2017 GMC 3500 HD CREW CAB 4X4</p> <ul style="list-style-type: none"> • 9ft Aluminum flatbed • Sierra Conv. PKG • Snow plow prep • 13,200 lbs. G.V.W. 	<p>2017 GMC 2500 HD CREW CAB 4X4</p> <ul style="list-style-type: none"> • Duramax Diesel • Trailing • Snow plow Prep * more 
<p>2016 CHEVY SILVERADO 2500 HD REGULAR CAB</p> <ul style="list-style-type: none"> • 6.0 Liter V8 • 1 owner • 8ft Fisher plow • Ladder racks • Power equipment PKG  <p style="text-align: right;">\$32,900</p>	<p>2013 GMC SIERRA 1500 CREW CAB SLE 4X4</p> <ul style="list-style-type: none"> • 1 owner • 20" chrome wheels • Power drivers seat • Sprayliner • Trailing • Diamond tri-coat  <p style="text-align: right;">\$22,900</p>	<p>2011 GMC SIERRA 2500 HD EXT. CAB 4X4</p> <ul style="list-style-type: none"> • 1 owner • 20" chrome wheels • Allison Auto • Sprayliner • Snow plow prep  <p style="text-align: right;">DURAMAX DIESEL</p>
<p>2013 GMC SIERRA 1500 4X4 SLT CREW CAB</p> <ul style="list-style-type: none"> • 1 owner • Leather heated seats • Trailing PKG • 20" chrome wheels  <p style="text-align: right;">\$27,995</p>	<p>2013 GMC DENALI "ALL WHEEL DRIVE"</p> <ul style="list-style-type: none"> • 1 owner • Terrain model • 3.6 liter V6 • Loaded • Sunroof • NAV  <p style="text-align: right;">\$27,995</p>	<p>2013 GMC TERRAIN SLT</p> <ul style="list-style-type: none"> • All wheel drive • Leather • Sunroof • Backup camera • Chrome PKG  <p style="text-align: right;">\$19,845</p>

Luthier to legends finds Lakes Region home

Aerosmith, J. Giles and Extreme among the clients of new resident

BY MARK FOYNES

Contributing Writer

NEW DURHAM — Jon Mouradian repairs guitars for some of the best-known names in rock 'n' roll, and he has decided to make the Lakes Region his home.

Mouradian, his wife, and three children now live in the historic white homestead known by some as the Pike House. Situated at the corner of Old Bay and Ham Roads, the dwelling is a local landmark located just down the road from the 1772 Meetinghouse. The iconic white-clapboard structure was long the home of the Hardy family, with many members still living on adjacent lots.

Mouradian was kind enough to invite the Baysider into his home over the weekend to talk guitars, rock history, and his sense of stewardship over his ca. 1840 farmstead.

Much of what was talked about involved inheriting a family legacy and his sense of coming home - albeit to a new community far from the Boston area where Mouradian hailed.

He described the making of guitars as part of an accidental family legacy that he inherited from his late father. Jim, the elder Mouradian, passed away in January.

"I'm following in my father's footsteps," he said.

In a converted ell between his home and expansive barn, he wistfully recalled his father telling stories about how his family serendipitously became involved in the guitar trade.

In 1974, Jon's dad was working in the family's Massachusetts-based carpet business. Jon recalled that the elder Mouradian re-edged oriental carpets for his grandfather, who specialized in oriental rugs.

Jon recounted that, at the time, his father wore bellbottoms, sported a handlebar moustache, and had grown his hair long. He was really into the progressive hard rock band Yes, best known for hits such as "Roundabout" and "Owner of a Lonely Heart."

During his spare time Mouradian's father fashioned an area rug bearing the band's logo as an act of homage.

"He walked right into the back of the Boston Garden with the rolled-up rug over his shoulder and was able to get the attention of the band's bass player, Chris Squire," Mouradian said.

"Within minutes" the other members of Yes took notice and expressed their appreciation for the elder Mouradian's devotion and handiwork.

Jon said the band accepted the gift and displayed it at their main London office - and that an enduring friendship ensued.

"The thing about my father is that there was a warmth about him that drew others to him," Jon said of his dad.

He said that several years went by, during which the friendship blossomed. The elder

Mouradian, who had never previously designed or built a stringed instrument before, felt compelled to devise an innovative bass guitar body design that he felt visually captured the essence of the band's progressive sound.

But Jon's father was a little reluctant to share the design at first.

"That was kind of like presenting Heifetz with a violin," Mouradian joked.

Ultimately, five years after their initial meeting, Jon's father sprang the idea. Squire, who loved the design.

Mouradian said that his grandfather - an accomplished violinist in his own right - was supportive of this nascent new enterprise, giving him space in their rug factory to create a workshop.

Mouradian said the initial plan was to make one instrument.

"He thought it would be one, done, and then back to work," he explained.

But the Yes bassist, who appeared with the instrument in the "Owner of a Lonely Heart" video, received so many remarks about his new instrument that he began to refer other musicians to Mouradian's father. As requests came in, it became apparent that the one-time rug-maker might have a future as a luthier.

By 1983, Mouradian's dad, Jim, was a guitar maker - and once the elder Mouradian struck out to become a maker of custom basses and guitars, Jon recalled that his father included him almost from the start.

"We never spent a weekend apart," he said, recalling that he often rode his bike as a boy to help.

"For a while we were in a 13-square-foot shop - so we couldn't turn without bumping into each other," he smilingly recounted.

At first his tasks included setting tuning pegs and other simple installs or repairs. At this point Jon was still in elementary school.

"I know he trusted me because I've always been good with my hands, but I doubt any of my early work left the shop without his personally reviewing what I'd done," he joked.

While both shared a love of working with their hands, the son said his father was both a craftsman and an innovator. He noted a patented truss rod system that his father devised to prevent his guitar necks from twisting. A twisted neck causes the strings to buzz and can be the death knell of a guitar.

Mouradian said that neither he nor his father could have worked in a large-scale guitar factory - even one with a reputation for high quality instruments.

"We like to have a personal relationship with the customer," he said, adding, "We don't want to put something we've spent so much time into a box and not know how the musician will use the instrument."

After an initial run of custom guitars and bass-



MARK FOYNES

LUTHIER and guitar technician Jon Mouradian of New Durham has either built, repaired, or customized string instruments for some of rock's best known bands such as Aerosmith, Extreme and the J. Giles Band. Here, he's holding a bass guitar modeled after one his father custom built in the 1970s for Chris Squire, the late bassist for the British band Yes. Mouradian recently relocated to a historic home in New Durham from the Boston area, although he still maintains shop hours in Wilmington, Mass.

es, the elder Mouradian became more involved with guitar repairs, which is where he found his niche.

As his reputation grew, word spread.

"That's where you develop the relationship - when you see people and they explain their own personal use of the guitars," he said. "And from those relationships, we've gotten to know some extraordinary figures."

One of the more memorable stories from Mouradian family lore involves a disheveled guitar player from Seattle who entered the Boston-area shop in the early 1990s. By this point, they'd moved to a third-floor unit of the Cambridge Music Center on Massachusetts Avenue.

Having broken the neck of his Fender electric during a Boston gig, the mused grunge rocker needed help. As a struggling young musician, he didn't have the funds to replace the guitar. Mouradian's father agreed to expedite the fix, although, in a finger-wagging moment, he exhorted the then-anonymous musician to take better care of his instruments going forward.

The guitarist was Kurt Cobain, whose visit occurred just months before his band Nirvana hit it big with the 1991 album "Nevermind," which has sold some 9.5M copies to date.

After coming to the rescue at a critical point in his career, Cobain, who died in 1994, sent Mouradian's dad a letter and an album in gratitude. Since then, the Mouradian-repaired Fender Mustang made headlines in late 2008 when it sold for \$100,000.

His attention to detail earned the elder Mouradian a reputation among

Boston's rock royalty.

A Boston Globe obituary of Jon's father quoted Aerosmith's Joe Perry.

"There's a certain level of technical expertise you can learn, and it certainly gives you a leg up," the guitarist said, continuing, "But then there's that next level of having heart, being personable, and going that extra yard. Jim was somebody you could always count on in a pinch, and he always had good ideas."

Perry continued, "Having the same roots, I could mention a certain sound on a record, and he knew what I was talking about and could help me reach that particular place."

Jon Mouradian said he continues the relationship with Aerosmith's Perry, the J. Giles Band, and the hard rock quartet Extreme.

Mouradian credits his connection to Extreme as a key to his efforts to continuing his father's legacy. He explained that the band's bass player was a one-time employee at his father's shop. As Extreme gained momentum in the late 80s and early 90s, they needed someone to help them manage their stage performances.

Mouradian explained that at the time he was a senior in high school when the Boston rockers offered him the chance to travel with them to maintain their equip-

ment and help set up shows.

Based on his past performance and stellar record, Mouradian said that school administrators worked with him to help him make the most of the opportunity - and still graduate.

He said he was best known for being a constant presence in the auto body shop when he wasn't in class or working with his dad.

"One of the good things about working hard and not getting into trouble is that you get the benefit of the doubt," Mouradian said, recalling having done brake jobs for the principal during shop.

Mouradian was set with a plan whereby he could graduate if he kept a journal to document his experience. He said the physical demands of handling heavy equipment satisfied the gym requirement.

By the time he'd hit the road with Extreme at 17 in support of their III Sides to Every Story tour, he'd already racked up four years of guitar tech experience, beginning while in junior high school. He started out assisting garage-type bands his friends belonged to and soon found work with higher-profile regional acts.

"It was great, as a teenager being able to go backstage at legendary places like the Channel," he recalled.

And while Mouradian's father established the business' reputation, his own efforts have helped cement the family as a major name in rock music.

"I like working with musicians at all levels to give them well-tuned instruments to express themselves and do their jobs," he said.

Mouradian is passionate about his craft but is also interested in other endeavors that allow him to use his hands to create. His barn doubles as an auto shop, where he is in the process of rehabbing several muscle car engines. An avid shooter, Mouradian also says he has tried his hand at gunsmithing.

"I'm not good at everything, but using my hands to make things or solve problems is one thing I do well," he said.

The luthier and hobby mechanic said he and his family had been looking for just the right house to call home for some time.

He said he has a connection to the region, noting that his father-in-law lives in Tuftonboro, and that his family used to make frequent trips to the lakes and mountains "when we needed a few days just to get away."

While Mouradian will do some occasional guitar work at his new home, he said he will be maintaining his Winchester, Mass. shop and make a five-day-a-week commute, which he says he can do in an hour, one-way.

"I'm a car guy, so I like to drive," he joked, adding that having some distance between his shop and home provides "work-life balance."

He also took the Baysider on a tour of his home.

"We wanted a place that had a real history," Mouradian said, adding, "If any place we looked at either didn't have doors needing a skeleton key - or at least had them at one time - we ruled it out."

With its exposed floorboards hammered into place with wrought nails, stenciled bedroom walls, and an elaborately-muraled ascent up three flights of stairs, the new dwelling certainly seems to meet the new owners' criteria.

"When we pulled into the driveway, we knew this was it and were on the phone right away with the realtor," Mouradian said.

"It's perfect - we see this place for not what we want to make; it's what we've wanted all along," he added.

So will the property become a place where rock legends like Joe Perry and others traipse in and out of regularly?

"Not too likely - it's all that work life balance," Mouradian said with a smile.



SCHWARTZBERG LAW

Ora Schwartzberg
John T. Katsirebas Jr.

603-536-2700
www.NHLawyer.net





The New Hampshire

Maple Experience

March 11, 18, 25, 26, 29, and April 1

The New Hampshire Maple Experience returns to The Rocks this spring! Maple Experience tours, with plenty of hands-on fun and sweet maple syrup tastings. Weekend-long Maple Experience packages available with local inns. Visit www.therocks.org/vacations.php

- Participants drill holes in the trees, put taps in, and hang buckets.
- Learn to identify different types of trees
- Enjoy a horse-drawn wagon ride through the historic Rocks Estate
- Visit the sugar house and watch fourth-generation sugar maker Brad Presby at work and enjoy a maple syrup tasting.
- Purchase a New Hampshire Maple Experience commemorative mason jar to fill at the sugar house with warm syrup.
- Tractor-drawn ride to the sugar house.
- Cooking demo using maple syrup.

BETHLEHAM, NEW HAMPSHIRE

603.444.6228 • www.therocks.org

Snow on election day

A lot was made last week as the major storm rolled into the area and a couple of local towns decided to hold elections and one decided to postpone for a couple of days.

We see both sides of this situation and wonder if there will be a change in the law moving forward, allowing towns to move elections in case of a major event, such as the storm that we received last Tuesday.

Of course, there are a lot of things that go into these decisions and we don't envy the town clerks and moderators who debated over the situation.

We've been under the impression that town elections can't be postponed though Town Meetings can be changed at the discretion of the moderator. Of course, when you throw SB2 into the mix, it makes things a bit more complicated.

The problem with postponing voting is that there are surely many people who have planned their day out so that they can get to the polls before they have to go to work or after they come home from work. And we are aware that not everyone had the day off, so in many cases, schedules had to be kept.

We know that absentee ballots were available in town clerk offices in order for people to vote early if they thought they would not be able to make it to the polls on Tuesday. Obviously, this would also impact one's schedule on Monday or another day if they wanted to do that.

Postponing the election meant trying to get notification out to everyone in town that was coming to the polls and that can be a challenge in and of itself. Contributing writer Mark Foynes discussed this in his front page story this week.

There are of course going to be many people who say that things were dangerous and nobody should have been out driving in the weather. For the record, we went to the Alton polls at 8:30 a.m. and found a steady stream of people in and out of the doors. And the road were in good shape at that early hour.

There are also going to be many people who say that we are in New England and we shouldn't let a snowstorm get in the way of doing our civic duty. After all, it is winter and we had plenty of notice that this storm was coming.

There are valid arguments on both sides of the aisle and we aren't going to pick a side. We understand that there were reasons that New Durham chose to move their elections a few days and there were reasons Alton and Barnstead chose to keep theirs the same day. But it will sure make for a lot of debate over the next year as we head toward the next town election and who knows, maybe another epic storm to go with it.

Thank you to Alton Town Clerk Lisa Noyes for sending in her results on Tuesday night and Debbie Brown and Linda Roy of the Alton School District who send their results in first thing Wednesday morning so they could appear in last week's paper. Barnstead Town Clerk Cynthia Treadwell called us later on Wednesday and since their internet was down they were still unable to send results, but she read them over the phone to us and they are in this week's edition, along with New Durham's results, thanks to Town Clerk Stephanie MacKenzie.



COURTESY PHOTO

Good citizens

The Winnepesaukee Chapter, Daughters of the American Revolution, honored four local students with Good Citizen Awards on Saturday, March 11. Each received their pin and certificate. Katelyn Elizabeth Beam of Prospect Mountain High School in Alton was the Good Citizen selected to represent the Winnepesaukee Chapter at the State level. Pictured (l to r), Susan Fossum - Regent, Dylan McLaughlin - Moultonborough Academy, Wolfeboro Police Chief Dean Rondeau; Sandra Wentworth - Good Citizen Chair, Emma Bellefleur - Kingswood High School and Katelyn Beam - Prospect Mountain High School. Not shown, Angel First, Brewster Academy. For more information on becoming a Daughter of the American Revolution, call or e-mail Regent Susan Fossum at 581-9675 or susanbriggsfossum@hotmail.com.

Letters to the Editor

Nelson thanks supporters

To the Editor:

I wanted to thank everyone who voted in the recent town of Alton elections on that beautiful sunny day, March 14, LOL.

I sincerely want to thank all of you who voted for me, for the position of selectman.

While we didn't make it, we did give it a good shot.

Many of you, and quite a few more voters also voted for me to serve on the budget committee and I promise that I will do all I can to insure that the needs of the town are met and the you are represented when the budget process begins.

Roger Nelson
Alton

Parenting series returns to Alton Central April 3

ALTON — On Mondays, starting April 3, the popular Active Parenting Series will be offered at Alton Central School.

It is a six-week series developed to aid in the difficult task of raising children. Through the use of videos modeling typical situations, parents have an opportunity to learn new ways to handle conflicts.

Parenting is one of the hardest jobs in the world. All the love parents have for their

children doesn't automatically make them effective parents. Parenting is a skill people learn and skills can always be improved.

Parenting doesn't have to be a constant battle between parent and child. Active parenting presents parents with an alternative. Parents learn and develop concrete skills to help them make parenting a positive experience for their children and themselves.

Issues discussed include, but are not lim-

ited to:

1. Unconditional Love Discipline; an oxymoron?
2. House devils, street angels and vice versa; kids and school.
3. Trials, tribulations and traumas of parents and kids.
4. Birth order, status and family dynamics.
5. Old habits; new lenses;
6. Tried and true tips for saner, safer, and sillier parenting.

Molly Connelly M.ED., a family therapist and parent of 12 children will lead the

series. The class will meet from 6:30 to 8:30 p.m. on Monday nights starting April 3 at Alton Central School. There is no charge for the program. It is open to all parents.

Free childcare is provided for children under 10. Pre-registration is required for childcare. Call Kristin Thomas at 875-2841 to register your child(ren).

The series is sponsored by Alton Central School and ACS PTSA.

TALKING INSURANCE

Short term medical available again in New Hampshire

BY STEPHANIE DUNN
Contributing Writer

Short term medical plans are once again available in New Hampshire by the leading carrier in the United States. Health Insurance Innovations (Hii) is offering plans for those who have missed open enrollment for Obamacare, don't qualify for special enrollment, or simply choose not to participate in the government mandated health insurance program.

These policies are not subject to open enrollment periods and are available throughout the year. They are also customizable and significantly less expensive

than Obamacare. It's important to note that they are not considered "minimum essential coverage" by the government, and therefore would not make one exempt from the mandated penalty for not having ACA coverage. But it's also not clear whether the mandate will even be in place by the end of the year.

So if you need coverage for a short period of time, are in between jobs, are not eligible for a special enrollment, or you are simply looking for less expensive options, this might be the right fit. It never hurts to learn more and get a quote.

As a licensed insurance professional, it's my job to serve your healthcare and budget needs as fully as possible. There's never any cost for my assistance, and I can help you make intelligent, informed decisions. I represent all the carriers within NH, and am certified with the US government to enroll folks through the Marketplace, as well as certified to enroll Medicare recipients in all NH counties.

There is no specified enrollment period for short term medical or for supplemental direct-pay policies that can protect your financial well-being by filling

the gaps that exist with all health insurance plans. They cover things like critical illness, accident/injury, disability, dental, vision and more.

And a last note, if you have not reviewed your life insurance in the last few years, you should. Rates have gone down due to changing actuarial tables. You might be able to save money on premiums, or increase your benefits. Don't hesitate to call me, Stephanie Dunn, at 923-5850 or e-mail me at sdunn@healthmarkets.com. Whatever situation or questions you have, I will be happy to assist you and there's never any cost for my help.



Proudly serving Alton - Barnstead - New Durham
ESTABLISHED APRIL 7, 2005

Offices at Clarke Plaza, P.O. Box 250,
Wolfeboro Falls, New Hampshire 03896
Phone: 569-3126 • Fax: 569-4743
Frank Chilinski, President & Publisher
Joshua Spaulding, Editor
E-mail: baysider@salmonpress.com
Sports Editor: Joshua Spaulding
Advertising Sales: Maureen Padula (520-8510)
Distribution Manager: Jim Hinckley
Information Manager: Ryan Corneau

The Baysider is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Baysider, P.O. Box 729, Meredith, NH 03253.

SALMON PRESS PHOTO POLICY: As a community oriented family of newspapers, Salmon Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Salmon Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for re-sale, with any proceeds going to Salmon Press and/or the photo re-print vendor.

GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED

United Way
Granite United Way
www.graniteuw.org

Teachers' contract, operating budget top school district warrant

Barnstead School District Meeting is Saturday morning

BY DAVID ALLEN
Contributing Writer

BARNSTEAD — All adult residents of the town of Barnstead are called to the Annual Meeting of the Barnstead School District at 9 a.m. this Saturday, March 25, at the Barnstead Elementary School. The district meeting is the opportunity for citizens to vote on how much the town will spend on the education of its children in the upcoming year—and on the flip side, how much taxpayers will pay in taxes for those services.

There is only one thing that can be said with confidence in advance of the meeting. There are only half as many articles to vote on as there were at the Town Meeting. The school district has 10 articles up for a vote; the town had 21 last Saturday.

And two of the school district warrant articles simply authorize the town to receive funds from the federal government and families, and then spend those funds on school lunches and Title I and IDEA, federal programs to help with the costs of extra staffing to serve children from low income families.

Discussion and debate will most likely center on Articles 5, 7,

and maybe 10.

Article 5 asks the town to approve the new collective bargaining agreement between the Barnstead School Board and the Barnstead Teachers Association. The current contract came into effect on July 1, 2014 and runs out June 30 of this year.

The newly negotiated contract will cost \$86,455 during the 2017-2018 school year due to salary increases and increases in the cost of benefits. Additional costs of the contract in future years are not identified in the warrant article.

The school meeting has usually agreed to new contracts, and there has always been a strong and vocal minority.

The property tax, which pays for town and school operations, has no relationship to a family's ability to pay. When taxes increase in order to pay for higher wages for town or school employees, there will always be families who are hit harder by the tax increase than others in the town.

Article 7 is only for \$10,800 but it was not recommended by the budget committee. These funds would pay to continue the operation of a late school bus from Prospect Mountain High school for stu-

dents who have no other form of transportation home if they stay after school for sports, club activities, or extra help from a teacher.

The school board added the late bus in January after the need was brought to their attention. Several members of the budget committee oppose the expenditure because they consider it the family's responsibility to provide or find transportation if their children choose to stay for activities that are not part of the regular school day.

Most surrounding towns, including Alton, have seen the situation differently and have had a late bus for many years. Use of the new Barnstead late bus has been very low, and some have argued that is a reason not to continue it. Others think that students set their expectations for school activities in the fall when school begins, and starting the late bus so far into the school year does not give a fair representation of how students will use it next school year.

One parent, who interrupts her work in her family business to pick up her student after athletic activities, was surprised to learn the late bus had been in operation for a couple of

weeks. She guessed that her student had somehow failed to pass the information on to her, preferring to continue riding home with mom rather than the noisier and bumpier school bus ride.

Article 10 is the operating budget for Barnstead Elementary School and the Barnstead share of the Prospect Mountain operating budget. The school board has recommended a budget of \$12,575,024. The Budget Committee recommends \$12,569,290 or about \$6,000 less.

The budget committee recommendation for this year's budget is an increase of \$358,404 or \$2.9 percent over the 2016-2017 budget of \$12,216,620.

The other articles are not likely to spark much controversy.

Article 2 sets the compensation for school board members and officers, ranging from \$2700 for the chair of the school board to \$100 per

meeting for the supervisors of the checklist.

Article 3 authorizes the school lunch program at \$216,389 all of which is paid with federal funds and family lunch fees.

Article 4 adds \$100,000 to the BES Building Maintenance Capital Reserve Fund but the funds will come from unspent money in the \$2016-2017 budget. This money was paid by last year's tax assessment and will not add anything to the upcoming year's tax rate.

Article 6 is a fall back warrant. If the School Meeting votes down the contract that the school board negotiated with the Barnstead Teachers Association, the board and teachers will need to go back into negotiations and try to come up with a different and less costly contract. If that happens the school board will need to call another School District meeting to approve the revised teacher con-

tract. If the contract as negotiated is approved by the School Meeting the board will withdraw this article.

Article 8 authorizes the school to operate a few programs funded entirely by federal and state dollars. The cost is \$300,000. Included are the Title I program, which provides extra help for children who are struggling because of disadvantages beyond the school's control; and the IDEA program which is the acronym for the Individuals with Disabilities Education Act.

And Article 9 asks for \$20,000 to be added to the Prospect Mountain High School Athletic Field Capital Reserve Fund. This is a reserve fund that is used to set aside a small appropriation each year so that funds are available when needed. Either this year or next, the school will need to replace the running track in front of the school building.

There's an app for Alton Central School

ALTON — The members of the Alton School District Strategic Planning Committee would like to thank all those who responded to the recent survey. The insights, suggestions and questions contributed to the reshaping and refinement of language and direction. It is the intent of the group to present a finished product to the

school board at the May school board meeting.

Also, a new communication tool for SAU 72 is now available, the Alton Central School mobile app. The app can be found at the iTunes App Store (<https://itunes.apple.com/ca/app/alton-central-school/id1214514523>) or, for android owners, at the Google Play Store (<https://play.google.com/store/apps/details?id=com.relianceco.cma.altoncentral>). The download is free and provides direct access to calendars, menus, contact information and school news. The school is currently working to create individual teacher webpages that will house assignments and resources.

One parent, who interrupts her work in her family business to pick up her student after athletic activities, was surprised to learn the late bus had been in operation for a couple of

Alton Democrats set to meet Monday

ALTON — The Alton Democrats will meet at 6 p.m. on Monday, March 27, at the Alton Senior and Community Center on Pearson Road to elect town Democratic officers and delegates to the New Hampshire Democratic Party state convention.

There is no cost to

Nighthawk Hollow Seniors will meet April 5

ALTON — The Nighthawk Hollow Seniors will meet at the home of President Christine Sanborn, 29 Main St., Alton at 11:15 a.m. on Wednesday, April 5. They will then go to the senior center in Alton for the 1130 a.m. lunch and following lunch they will return to Sanborn's home for the business meeting and entertainment. Those attending are asked to bring a roll of dimes. For more information, call 875-2676.

attend the caucus and it is open to all members of the public. Any registered Democrat residing in Alton, regardless of past political experience, can run for an officer or

delegate position. If so inclined, please bring a dinner or desert item to share for potluck. For further information, contact Bob Regan at rbregan211@gmail.com.

Creation Station of Alton

Want to learn a new hobby?
Need new ideas for your craft?

We sell: Hobby Craft Supplies,
Kits, & Finished Local Products
Open 6 days a week

April Workshops and Events:

- Ceramic Classes - Kiln- Fired...Sats
- Essential Oils Make & Take.....Weds
- Sewing Lessons & Projects.....Weds
- Chick, Goat & Sheep Care.....varied
- Wooden Games and Models..varied

Plus many, many more!

For full event calendar, go to:

208 Main Street, Alton, NH

email: CreationStation@TDS.net

www.AltonCreates.com

PIG OF THE WEEK by D.A. Hammond

WWW.PIGSINAPOKE.COM



Pigs of a feather flock together

\$ 5.00
ALL CHILDREN MUST
BE ACCOMPANIED
BY AN ADULT
CHILDREN UNDER
AGE 8 - FREE

TOUR DATES
MARCH
24 / 25 / 26
FRI / SAT / SUN
10AM - 4PM
AT
THE WOLFEBORO INN
90 NORTH MAIN ST. WOLFEBORO, NH

CREATIVE TABLESCAPES SETTINGS®

CREATIVE TABLE TOP
DISPLAYS BY
ARTISTS, ORGANIZATIONS,
BUSINESSES & INDIVIDUALS

FUNDS SUPPORT
THE ARTS LOCALLY
IN THE SCHOOLS,
LIBRARIES AND
ARTS ORGANIZATIONS
THROUGH THE
Governor
Wentworth
Arts Council

THANK YOU TO
OUR SPONSORS



VOTE
FOR YOUR
FAVORITE
DISPLAY!

event hosted by
The Governor Wentworth Arts Council
a 501(c)(3) non-profit
educational arts organization
wolfboroarts.org



Words of many come to life on pages of book

BY CATHY ALLYN
Contributing Writer

ALTON — Poetry has been called “the best words in the best order” (Samuel Taylor Coleridge) and “language at its most distilled and most powerful” (Rita Dove). Emily Dickinson described it as “if the top of my head were taken off.”

A generation or two ago, poetry was a mainstay of schools’ curriculums, and grandparents and great-grandparents may still be able to quote the passages they had to memorize for English class. Many in that age group find themselves in assisted living communities now, and two local poets have brought lyrical language back to them and, as a result, received unanticipated rewards.

Three years ago, Barbara Bald and Beth Fox, both with teaching backgrounds, began reading poetry for an hour twice a month to residents at Sugar Hill Retirement Community in Wolfeboro.

“We’d walk out re-

alizing doing this was a gift to us,” Bald said, “because seniors are filled with wisdom and it just flows out. They don’t mince words or play games, and they roll with the punches.”

It became apparent that listening was not the only thing going on. Bald’s and Fox’s poems, along with formal poetry, stirred memories of the residents, and sharing those led to developing poems of their own. The culmination of creating individual and group poems resulted in a book, *Other Voices/Other Lives*.

Bald, sometimes alone and sometimes with Fox, performs readings from the book at various venues.

But the journey of this unique piece actually started many years before, when the melding of the future middle school science teacher with a love of the literal and the poet with a love of the figurative began.

Growing up in New Jersey, Bald was outside whenever possible, paying close at-



COURTESY PHOTO

POETS and performers Barbara Bald (left) and Beth Fox read from “Other Voices/Other Lives” at Gibson’s Book Store in Concord. The compiled poems were written by Bald and Fox, based on the memories of residents of Sugar Hill Retirement Community in Wolfeboro, and offer a poetic voice to the stories of those senior citizens.

tention to the natural world around her. Her heart was with animals and the outdoors, yet she chose pre-med for schooling.

“As a scientist, you’re an observer; you wonder about things, form a question and make an educated guess, and then test.”

Bald noted the similarity of the scientific method to writing poetry “because you notice details that others don’t, and you wonder about it and write about it. That’s been a huge connection.”

She also had a minor in philosophy and discovered “my heart is more here” and that what she truly wanted was to help people. She shifted her education to counseling and “dealing with people and what makes them tick. That brought everything together.”

She worked as a guidance counselor, and then taught life education. “My classes were always interdisciplinary,” she said. “If we did snowshoeing, I’d have the students write poems and do art about it. I never had a problem connecting all of those components together.”

Years as a science teacher followed. The catalyst to unveiling her passion, however, came from buying a camp in Franconia. She’d noticed signs for poetry conferences at the Robert Frost property and the next year she enrolled. “I did it for six more years.”

She wound up working in the gift shop and leading tours around the site. “It

was an amazing place to write,” Bald said. “I never thought I could write like that. I went full force with writing poetry.”

Her early work “made peace with my childhood and my past.” She explored the bittersweetness of life, loss, and regret. “Not very happy poetry,” she declared. She turned the poems about her life into a book.

Once retired from teaching, Bald wanted to give back to the community, so she did poetry, singing, crafts, and painting at what was then SunBridge Care and Rehabilitation.

“I assumed the residents would need diversion and cheering up. The second book I wrote was about what I saw there and the lives of people in a nursing home.”

She volunteered at the home for years until health issues interfered. Eventually she moved on to the Alton Senior Center. Still wanting “to give back,” Bald asked about doing poetry at Sugar Hill, but was told someone was needed to read to a resident who could not see.

While filling that role, she had the chance to perform some poems for Mother’s Day. Bald thought of Fox, whom she’d met years before when her students did field study with the Ossipee special education teacher. The two shared a love of music and art, and then started going to poetry events together.

“I asked her if she’d have interest in read-

ing poems together.”

The rest is history. While reading Mother’s Day poems at Sugar Hill during lunchtime, Bald spontaneously threw out a question. “I asked if there was anyone there who wanted to be part of a group that would write. That was three years ago and we’re still going.”

A core group of about 10 participate in the bi-monthly sessions. Bald and Fox read, and then their audience works with them on writing.

Rhyming and old-time poems are the most popular. “We’re always looking for poems that will raise memories,” Bald explained.

Developing their original poems is a straightforward process. “I asked what they saw when they looked at their hands,” Bald said, “and they shouted out things like ‘spots’ and ‘crooked fingers.’ Then I asked them what their hands had done and we got answers such as ‘ski, cooked, and sewed.’”

Bald took the responses home and wrote a poem, which she brought back to the seniors. “Their words were coming out so fast that every time we were there I would write a poem.”

Different people contributed different stanzas during the creation of group poems. “We’d make sure it said what the person wanted to say,” Bald said, “and fix and revise. Before you knew it, we had so many poems I thought, ‘We should put this in

a book.’”

Which is exactly what they did, with the cover and book layout donated by people who have family in elder care. The first part of the book is made up of poems about unique people, not necessarily at Sugar Hill; the second is individual stories in verse and the group poems comprise the third.

She said *Other Voices/Other Lives* allows them to still feel valued. “They made connections and the poems helped them remember.”

Everyone benefited. Bald said they asked a resident what she’d gotten out of the experience. “She replied, ‘I know the people I live with now.’”

“This is an upbeat book,” Bald said. “It’s not sad.”

She indicated it was important to share memories because seniors are often fighting memory loss. “If you can raise one memory, it’s attached to another.”

She said one contributor told her, “When you read my poems, you help me remember who I am and what my life was like. Once you lose your memory, you lose your identity.”

Bald and Fox have read from the book at the Chichester Library and area churches. Bald will perform at the New Durham Public Library on Friday, April 7, at 6 p.m. with an open mic session to follow.

“Why we wanted to share the poems shifted,” Bald said. “We wrote it for the residents so they’d have a record, but then we realized it was showing people in the audience that these folks are often overlooked, and they have history inside of them that no one will ever know if not written.”

Audience members gain a clear idea of how different their lives are from the authors’ lives.

“They talk about circus trains and elephants walking down the street, and things that happened during the war,” Bald said. “So the advantages are twofold; it paints a picture for those of us who haven’t a clue and it helps them remember.”

Other Voices/Other Lives has garnered high praise from the best of New England’s poets.

Bald said the ultimate point of the book “is so people can see that seniors, many in their 90s, are still very alive inside. They are full of memories.”

Vendors sought for Alton craft fair

ALTON — Vendors are wanted for the Alton Central School PTSA craft fair is being held April 1, from 9 a.m. to 3 p.m. For information on table space, please

contact Kerri Duggan at kerriduggan3@gmail.com or call 978-479-1257. Registration forms can also be picked up at the library or at Creation Station at 208 Main St.,

Daily Specials

Homemade DAILY SPECIALS!

WI-FI Available

The FARMER'S

Open Everyday for Breakfast & Lunch 5am - 2pm

Sundays 5am - 12pm

Owner: Duane White

444 NH Route 11
Farmington, NH
755-9900

est. 2010

KITCHEN

Come Check Out Our New Look!

THE NUMBER OF PEOPLE WHO THINK THEY HAVE THEIR CHILD IN THE RIGHT SEAT.

CHOOSE CAR SEAT: BY AGE & SIZE

THE ONES WHO ACTUALLY DO.

KNOW FOR SURE

IF YOUR CHILD IS IN THE RIGHT CAR SEAT.

VISIT SAFERCAR.GOV/THERIGHTSEAT

DON'T TEXT AND DRIVE

Recent blizzard causes major Metrocast outage

BY MARK FOYNES
Contributing Writer

REGION — A major storm-related event knocked out service to about two dozen communities for MetroCast subscribers ranging from the Wolfeboro area, Laconia - and all the way to Deerfield.

Metrocast spokesman Andrew Walton caught up with the Baysider last Thursday - about two days after outages began occurring as a result of last week's blizzard.

Walton explained that the storm "resulted in major damage across a wide swath of the affected area."

The damage to both main lines and "critical

redundancy pathways" occurred in Belmont on Route 107, Walton said.

"We experienced a major weather event, and some of our vital infrastructure was affected," Walton added. He said multiple trees and utility poles were downed by the conditions created by last week's blizzard.

The MetroCast spokesman explained that crews, two days out, were still "working around the clock" to reconnect customers with voice, cable, and internet service.

Walton was not able to disclose the number of households affected. He did say that 23 communities were impacted

by the outage. Customers in towns including Alton, Barnstead, Wolfeboro were without cable, voice, or internet service.

Walton said that MetroCast updated its Facebook page frequently during the disruption to keep customers apprised of progress.

"We're using every platform available to us to get the word out," he elaborated. He said Twitter posts and updates to the company Web site were also part of the company's efforts to update customers.

Walton could not speculate on the number of personnel engaged in the field, but noted that

restoring service was a "top priority" for the affected communities.

Walton said crews began to address the issue as soon as they were permitted by emergency officials to access the site where the blizzard-caused damage occurred. With downed trees and poles, he said it was necessary to wait for state and municipal emergency personnel to green light their restoration efforts.

Thursday evening, he summarized, "They've been working ever since."

Talking to Walton from a home office in New Durham via cell phone, the Baysider not-

ed that a 48-hour period had passed since service had been interrupted.

MetroCast NH's Facebook page enumerated the affected communities: Alexandria, Alton, Alton Bay, Barnstead, Belmont, Bridgewater, Bristol, Center Barnstead, Center Harbor, Deerfield, Epsom, Franklin, Gilford, Gilmanton, Hebron, Laconia, Meredith, New Durham, New Hampton, Northfield, Northwood, Pittsfield, Sanbornton, Strafford, Tilton and Wolfeboro.

In a follow-up written statement, Walton said, "The severe winter weather Tuesday resulted in massive damage to MetroCast's major fiber transport network and also disrupted critical redundant pathways. Due to storm conditions and resulting damage, MetroCast was not provided access to the damage site until Wednesday morning as trees, downed poles and wires had to be cleared so safe access could be provided to MetroCast crews."

After about two days, Walton reported that MetroCast has restored video, internet and phone services to the following communities: Bridgewater, Alexandria, Bristol, Center Harbor, Franklin, Hebron, Laconia, Gilford, Mer-

edith, New Hampton, Sanbornton, Northfield, Tilton and portions of Belmont. Later in the evening that same day service was restored to New Durham and other surrounding communities.

Walton noted that "multiple MetroCast crews and contractors [were] brought in to aid with restoration efforts," which "have been working around the clock since the outage occurred." He said efforts involved the splicing of MetroCast's main and redundant fiber transports.

Walton described the effort as "an intricate and time-intensive process involving hundreds of individual fiber splices."

With the massive scale of the outage, customer service reps received a lot of calls from subscribers looking for answers.

To this end, Walton said, "MetroCast also... restored connectivity to its Call Center. We recognize that customers may still experience difficulty reaching us [as of last Thursday] by phone due to high call volume."

In a recent social media update, MetroCast thanked customers for their "patience and understanding."

Tablescapes on display this weekend

WOLFEBORO — Need a touch of creative inspiration? Come and view the gorgeous works of local businesses, and individuals who are participating in the third annual Tablescapes in Wolfeboro.

The Governor Wentworth Arts Council is pleased to announce the spring arts fundraiser Tablescapes "Creative Settings," a community-wide event. Tablescapes is a chance for local Wolfeboro area businesses, organizations and artists to create a table-top setting that is imaginative, playful, out-of-the-box, wonderful and fun. The goal is to raise funds to bring arts programming to schools and libraries and promote the arts in the community.

A diverse group of table top displays from formal settings to artistic sculptural works will be available for the public to view. Don't miss the artistic interpretations of the local community to present story-telling from priceless collections to humorous farm animals and everything

in between. Tour the event on any one of the following dates, Friday, March 24, Saturday, March 25, or Sunday, March 26, from 10 a.m. to 4 p.m., downstairs at the Wolfeboro Inn ballroom, 90 N. Main St. Wolfeboro. Look for the signage.

Like what you see? Portions of select Tablescapes will be for sale, inquire at the admission desk at the ballroom when you visit for details.

As an added bonus, you will get a chance to vote for your favorite table display. The People's Choice award will be given on the final day, Sunday, March 26, at 4 p.m. to the display that gains the most votes during the three-day touring dates.

After you tour Tablescapes, come upstairs and enjoy a luncheon or early dinner in Wolfe's Tavern.

Governor Wentworth Arts Council sends a thank you to generous sponsors for helping to underwrite the event; Meredith Village Savings Bank, Maxfield Real Estate, Clark Plaza Storage, and Sugar Hill Retire-

ment Community. Special thanks to host location The Wolfeboro Inn for their welcoming accommodations and to Avery Insurance hosting a window display by Jennifer Dannels. Thanks to the secret judges helping with the awarding of first, second and third place winners and to the fantastic GWAC volunteers all during the event. They also thank to the Tablescapes team of GWAC members Jerome Hold-

en, Barbara Gray, Judi Lemaire and Jeannette D'Onofrio keeping the train moving.

The Governor Wentworth Arts Council is a 501(c)(3) non-profit educational arts organization whose purpose is to stimulate and support the arts within the schools, libraries and local community. For more details contact D'Onofrio at j@virgodesignstudio.com or 569-0078 or visit www.wolfeboroarts.org.

Tablescapes on display this weekend

WORCESTER, Mass. — Brian Greene, of Center Barnstead, was named to the Becker College Dean's List for the Fall 2016 semester. Greene is pursuing a Bachelor of Science degree in Exercise Science.

Founded in 1784, Becker College is a future-focused institution with a post-graduate placement rate for

employment, further study, or volunteer service programs that averages 89 percent. Becker serves more than 2,100 students from across the country and around the world. The college offers a wide range of quality degree programs that prepare graduates for the challenges and entrepreneurial opportunities of the 21st century.

Forest Pump & Filter Co.
Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING PUMP SYSTEMS
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037

BUSINESS DIRECTORY



STEVE PACSAY
steve@integrityearthworks.com

Residential/Commercial
Site Work • Drainage • Utilities
Winter Maintenance
Driveways • Trails • Property Maintenance
New Lawn Installation • Tree & Brush Removal
Septic Installation & Repair

603-617-0266
Fully Insured

Thursty
water systems

One Call Does It All

WATER FILTRATION
ELECTRICAL - PLUMBING
HVAC - GAS

569-1569
www.thurstywater.com



B-BOYS AUTO REPAIR
603-269-7712
19 Gray Road
Barnstead, NH

Paul Bousquet Sr. & Jeff Bousquet Sr.
75+ years of combined auto repair experience

● Air Cond
● Brakes
● Carburetors
● Clutches
● Cooling Sys
● Diagnostic
● Differential
● Electrical
● Engine

● Inspections
● Oil Changes
● Oil Leaks
● Steering
● Suspension
● Timing Belts
● Tire Rotation
● Transmissions
● ...and more!

Solid reputation of
dependable, quality service!



Heckman's Flooring
(603) 569-6391

Carpet • Vinyl • Tile • Wood • Laminate
Sales • Installation

Rt. 28-2000 Centre Street • P.O. Box 430
Wolfeboro Falls, NH 03896



Little Red Shed
486 NH Route 11, Farmington NH 03835
603-755-9418
littleredshed.net
Open Wed. thru Sun. Year Round
Toy Boxes, Deacon Benches,
Rocking Horses & Fire Engines
& much more
Custom orders welcome

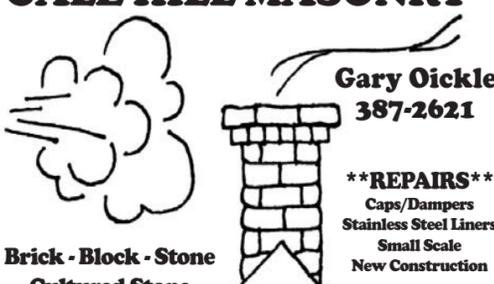
NEWSPAPERS
THE MOST CURRENT
TEXTBOOK
AVAILABLE



GALE HILL MASONRY

Gary Oickle
387-2621

****REPAIRS****
Caps/Dampers
Stainless Steel Liners
Small Scale
New Construction



Brick • Block • Stone
Cultured Stone

**WANT TO SEE YOUR BUSINESS
ADVERTISED HERE?**

**Call Maureen Aselton
at 569-3126**

OBITUARIES

Margaret Ann "Peg" Ahlin Lived on Merrymeeting Lake

ROCHESTER — Margaret Ann "Peg" Ahlin, age 84, a former resident of New Durham, died March 11 at Colonial Hill of Rochester.

Born June 16, 1932 in Boston, Mass., the daughter of James C. and Margaret (MacDonald) McAuley, she resided in Billerica, Mass. before moving to Merrymeeting Lake for many years, then she moved on to Farmington for 13 years, then to Colonial Hill.

Widow of the late William A. Ahlin, who died in June 1992, she is survived by their four sons, William



and wife Cindy Ahlin of Manchester, James Ahlin of Farmington, Stephen and wife Jeanette Ahlin of New Durham, Walter Kai and wife Nancy Ahlin of New Durham; three daughters, Kathy Kins-

er of Prospect, Ore., Susan and husband John Butler of Sacramento, Calif., Kari and husband Frank Raspante of Palm Bay, Fla.; also several grandchildren and great grandchildren.

As per her request, a graveside service will be held in the spring at John C. Shirley Cemetery in New Durham. If desired, memorial donations may be made in her memory to the ASPCA. Cremation care by Peaslee Funeral of Farmington. To express condolences, please visit peasleefuneralhome.com.

John "Jack" W. Hanley World class fly fisherman

BARNSTEAD — John "Jack" W. Hanley of Barnstead, aged 64, passed away peacefully on March 19 after a long illness with his family surrounding him. Jack was predeceased by his parents, Leonard M. Hanley and Alice E. (Foley) Hanley and leaves behind his loving wife of 45 years, Michelle (Beaudette) Hanley; his sister, June Russell; three children, Patrick Hanley, Dan-



ielle Hinton and Leonard Hanley; three grandchildren, Riley Hinton, Shannon Hinton and Ayla Hanley

and several nieces and nephews. Jack was a successful businessman who started his own company with his two business partners 30 years ago successfully growing it to an industry leader today with his amazing team of employees and belief he had the best people around him. Jack loved the outdoors and was a well-known and respected world class fly fisherman and upland game hunter. He loved nothing more than being at the river or in the field hunting and fishing with his children and friends. He touched many people's lives during his lifetime and always thought of others before himself. To those who knew him most, there will never be another Jack. His stories filled rooms with love and laughter. First and foremost, Jack loved his family. As Jack, an avid fly fisherman would have wanted, his family asks that any donations be made to Casting for Recovery or Project Healing Waters, two fly fishing foundation causes he helped to fund.

Calling hours are Friday, March 24, from 3 to 6 p.m. at Peaslee Funeral Home, 24 Central St., Farmington, with a service at 4 p.m. by Fr. Robert F. Cole. Interment will be later in the spring at New Riverside Cemetery in Alton. To express condolences, please visit www.peasleefuneralhome.com.

MARK ON THE MARKETS

Five questions for your financial advisor



BY MARK PATTERSON

Contributing Writer

Whether you are interviewing a potential new financial advisor or meeting with your current advisor, these five questions are key to determining if this advisor and their firm are working for you or for the broker-dealer.

Question one: Does your advisor or firm have any "revenue-sharing" arrangements with any insurance or fund company? This is important because the advisors firm may be paid to promote certain fund families for the brokerage firms benefit, not yours.

Question two: Do you or your firm promote "proprietary products"? Again, proprietary products are products created by the broker dealer that may pay more to the broker if sold by them. These products may not be as transparent to you, the client, as they should be.

Question three: Who holds custody of my money? This is a question you would want to ask an in-

vestment advisor or RIA (Registered Investment Advisor). TD Ameritrade, Charles Schwab and Fidelity are popular custodians for registered investment advisory firms. The investment advisory firm should only have limited power of attorney for them to direct your money into proper investment allocations and to extract their fee from your account. Shortly after opening an account at one of these custodians, you should receive a letter from the custodian acknowledging your account.

Question four: Ask the broker or advisor about their background, education and experience pertaining to financial planning, asset management or retirement planning. There is a big difference between passing a securities exam that allows someone to sell securities versus working in an environment that demands continued education and encourages personal growth and knowledge regarding financial planning or asset management.

Question five: Are you a fiduciary? A fiduciary works for you, the client, and is obligated to do what is in the best interest of the client, not themselves or their broker

dealer. The tricky part about being a fiduciary is that an advisor may have the license to act in a fiduciary manner, but that does not mean that they do so.

There is legislation that was set to go in effect on April 10, potentially delayed, that I believe will eventually take place. This legislation would require that any advisor working with retirement money would have to work in the client's best interest. Advisors like myself are obligated to act as a fiduciary by law. So, you can probably imagine that it is my opinion as well as other investment advisors that the brokers at the broker-dealers and banks should view their jobs as advisors and not salespeople and they should be held to the much higher standard of fiduciary, not just a suitability standard that they are held to presently.

I realize I've already listed five questions for you, however I will give you a bonus sixth question to ask: How and how much are you compensated for your services?

Mark Patterson is an investment advisor with MHP asset management and can be reached at 447-1979 or Mark@MHPasset.com.

Community Church of Alton preparing for Easter season

ALTON — The Community Church of Alton would like to invite you to join them during this very special time of year. In celebration of the rising of Jesus, they would like to extend an invitation to join in for many special events of Holy Week.

On Palm Sunday, April 9, they will be holding a regular worship service at 10 a.m. at our 20 Church St. location in Alton. On Palm Sunday (the beginning of Holy Week), attendees will receive a palm if you attend. The significance of the palm being a symbol of Jesus being recognized as "savior." Riding into Jerusalem, palm branches were spread along his path, which is where this tradition stems from.

Friday of Holy Week, April 14, brings the Chosen People Ministry to visit the Church. They will present a free traditional Seder dinner for all those in attendance. This dinner will commence at 6 p.m. and will be presented by Bill Siegler of Chosen People Ministry. Taking people through

the origins of the Messiah in the Passover, he will present a demonstration and explain the history and elements of a Jewish Passover Seder. He will help bring a deeper understanding of the connection between Passover and Communion and people will sample traditional elements of a Seder table. This will help illustrate the meaning of the death of Jesus, paying the debt of the sins of man, then and now, and to bring a deeper understanding of the season.

April 16 will bring Easter Sunday. The day of celebrating the Rise of Jesus, Our Savior. The Community Church of Alton would like to invite all who would like to join in to feel free to be at one or all of the events of this day. The day begins at 6:30 a.m. with a special Son-Rise Service at the gazebo. This will be in the parking lot along the shore of Alton Bay. At the conclusion of this special outdoor service, all are invited back to the Community Church (20 Church St.) to partake of

a special Easter breakfast in the Fellowship Hall from 7:30 to 9 a.m. Ron Scovill and his team of culinary artists will create a breakfast to feed the bodies while the services of the day feeds the souls. The day will culminate with a very special Easter worship service at 9:30 a.m. They promise joyous music and hope that people will feel the spirit of the season surround them.

If you do join in and enjoy your time, please do not limit yourself to just coming for Easter. They would like to invite people back again on April 19. The Sunday worship will be back at its regular time, 10 a.m., and will be followed by a free church dinner in the fellowship hall at 11:30 a.m.

Please consider joining in for one or all of these events. If you do come to visit for the first time and enjoy your time, please introduce yourself to one of the regular parishioners (they will be wearing name tags), or one of the deacons, who would be happy to extend some information to you.

Bring your questions to Center Barnstead Christian Church

BARNSTEAD — Ever wonder if there is truly a God, why would He allow suffering? If God is who He says He is why is evil so prevalent around the world? Many people say that the fact that there is so much appalling evil and suffering in the world that this is one of the reasons they cannot believe in the God of the Bible.

If God is really like the Bible says He is, how do you answer the questions, "Why does God allow suffering?" and "Why is there so much evil in the world?"

If you would like to be part of this conversation, the Center Barnstead Christian Church would invite you to come and

gather as they discuss the New York Times bestselling book "The Reason for God" by Timothy Keller. Using literature, philosophy, reason, and real-life conversations, attendees will try and answer these questions, as well as discuss whether believing in God makes any rational sense at all.

This week's conversation begins this Sunday, March 26, at 4:30 p.m. The classes will be held at the Center Barnstead Christian Church, located across from the Barnstead Town Hall. Any questions, please call the church at 269-8831 or visit CenterBarnsteadcc.org.

Church Service SCHEDULE

Sundays: July 3, 2016 – September 4, 2016

8am Outdoor Summer Worship Service- Alton Bay Bandstand
10am Worship Service Community Church of Alton-101 Main Street, Alton

<p>ABUNDANT HARVEST FAMILY CHURCH Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundant-harvest.org or e-mail ahf@faith.com.</p> <p>ADVENT CHRISTIAN CHURCH Sunday Worship Service 11:00 Am. All Are Welcome. Rev. Charles Wilson 998-4102. 96 Maple Street & Route 28, Barnstead</p> <p>ALTON BAY CHRISTIAN CONFERENCE CENTER Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.</p> <p>BEFREE COMMUNITY CHURCH, ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard. www.befreechurch.net.</p> <p>CENTER BARNSTEAD CHRISTIAN CHURCH Morning Service 10:00 am. Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gover. 269-8831.</p> <p>COMMUNITY CHURCH OF ALTON Prayer Meeting 8:30 am; Christian Education for all ages, nursery-adults, 9:00 am; Worship Service 10:00 a.m. – 20 Church Street Rev. Dr. Samuel J. Hollo. 875-5561.</p> <p>CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot; 776-1820, ccnorth-barnstead.com</p>	<p>FIRST CONGREGATIONAL CHURCH UCC FARMINGTON Worship Services 10:00 AM Sunday School 10:15 AM 400 Main Street Farmington, NH 03835 Pastor Kent Schneider 755-4816 www.farmingtombucc.org</p> <p>FIRST FREE WILL BAPTIST CHURCH Sun. School 9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nason.</p> <p>PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H. on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846</p> <p>ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548. Father Robert F. Cole, Pastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.</p> <p>ST. STEPHEN'S EPISCOPAL CHURCH Sunday 9:30, 50 Main St., Pittsfield Rev. Curtis Metzger, 435-7908 www.ststephenspittsfield.com</p> <p>UNITARIAN UNIVERSALIST SOCIETY OF LACONIA Sunday services and religious education 10:00 a.m. All are welcome. 172 Pleasant St. Laconia • 524-6488 • msl.org</p>
---	--

Food and fun at Community Church of Alton April 8

ALTON — The Community Church of Alton would like to invite children and families to come together for a morning of food and fun. April 8, 8 a.m.-12 p.m., the Community Church of Alton, 20 Church St.

in Alton, is sponsoring a free event, the Children's Easter Event, for families and children of the local community. Opening the doors at 8 a.m., the morning will start off with a pancake breakfast in the fellowship hall. Af-

ter the breakfast, there will be activities provided for the children, consisting of decorating their own hard boiled Easter egg to take home, and moving through other craft stations. An Easter story will be read

by Pastor Sam Hollo, in costume as the apostle Paul, to be shared with the children and families in attendance. All are welcome. For further information, please reach out to Cheryl Bloser at 875-6905.

Baker-Gagne Funeral Home Cremation Service

Pre-Arrangements - Traditional Funerals
Simple Burials - Cremation Services
Monument Company

F. Rick Gagne - Funeral Director
Mill Street, Wolfeboro, NH 603-569-1339
Route 16, West Ossipee, NH 603-539-3301 baker-gagnefuneralhomes.com

(800) 539-3450

NORTH COUNTRY COINS, LLC

BUYING • SELLING • APPRAISALS
Est. 1989

WWW.NCCNH.COM
TUES - FRI 10-5 • SAT 10-3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

Unique set fills Village Players stage for Biloxi Blues

WOLFEBORO — Visitors who are familiar with Village Players productions have seen numerous different set presentations.

But what they will see when they head to the theater for the spring production of Neil Simon's Biloxi Blues will be something totally new.

Set designer Jay Sydow had an idea on how to present the story of Eugene Morris Jerome and his fellow Army recruits as they make their way through basic training in Biloxi, Miss. in the 1940s. However, a discussion with director Russ Ellis yielded another idea, an ambitious one to be sure.

"We have so many scenes that have to be changed quickly," Ellis said. "How else can you do it?"

"The next scene has to be ready to come on in a timely manner," Ellis noted. "There was definitely some thought that went into this."

The idea that Ellis presented and the crew has been building over the last few months is a rotating stage. The crew, with Ellis leading the design, has constructed a large circle that takes up almost the entire stage. The circle has been divided into three equal sections, which will allow the stage crew to change scenes while another scene is going on up front.

The project began with a metal hub, which was welded together by Shawn Tayler. From

there, nine "pie" pieces were constructed to make up the complete circle.

"It was nine because that's one sheet of plywood on the edge at eight feet," Ellis said.

Once those pieces were constructed, a total of 69 wheels were attached to the underside of the circle, allowing it to spin. Walls were then constructed on the circle to complete the basic set construction.

The idea is that the stage crew can turn the wheel and move from scene to scene without having to make major changes, which would take more time.

Getting it spinning will be the job of stage manager Mike Shaw and his crew.

"Once it gets moving, it will be all set, so we hope," Shaw said.

"Once you get it to start, it spins like a record player," Ellis added.

The crew will be using hooks inserted into holes in the edge of the circle in order to spin the stage.

Biloxi Blues, which is written by Neil Simon, is the second in a trilogy of semi-autobiographical shows that focus on Eugene Morris Jerome. The original show, Brighton Beach Memoirs, was presented by the Village Players back in 2001 and actor Greg Parker, who played the lead character in that production, is back to play him again in this production.

The show focuses on the basic training experiences of a group of young men in Biloxi, Miss. in

the months leading up to World War II.

In addition to Parker, the production features a cast with many familiar faces. Bob Rautenberg, coming off his performance as Elvis impersonator Big El in last summer's Bathroom Humor, will be portraying Sgt. Merwin Toomey, who leads the new recruits through their training, while Vinny Amico, who has been in many productions over the years, will be portraying Don Carney. Another familiar face to Village Players patrons is Toni Dingley, who will be portraying Rowena, a southern prostitute the boys meet during their stay in Biloxi. Paul Stewart is another familiar face, probably best known as Horton the Elephant in Seussical the Musical. He will be portraying Private Joseph Wykowski.

Alex Andruzzi, who made his debut in last fall's Kiss Me, Kate, will be portraying Private Arnold Epstein. Erik Peterson, who was on the Village Players stage in 2009 in Mame, returns to play Private Roy Selridge. Chelsea Stewart, who was on the stage in Undeclared History and has since been a member of the pit band in the fall musicals, will be portraying Daisy Hannigan, the first love of Eugene.

The lone newcomer to the Village Players stage is Luke Andruzzi, who is portraying Private James Hennessey.

Biloxi Blues is opening on March 31 at 8



COURTESY PHOTO

(Right) THE ROTATING stage for Biloxi Blues under construction in early March.



COURTESY PHOTO

JAY SYDOW attaches a brace at the top of the walls on the Biloxi Blues rotating set.



COURTESY PHOTO

DAN CHARLTON puts together foot lockers for use in the Village Players production of Biloxi Blues, which opens March 31.

Vendor meeting for Barnstead Farmers' Market is April 3

BARNSTEAD — The Barnstead Farmers' Market is holding a forum at the Maple Street Church, 96 Maple St., Center Barnstead at 6:30 p.m. on April 3 to fill out applications and answer questions regarding the upcoming season. Deadline is April 15 for applications. This is your last chance to sign up to secure publishing

in the marketing materials going out in May. The 2017 season to set to begin June 10 and go through Columbus Day Weekend. The market is looking to expand this year. They are seeking the following type of vendors, maple syrup, honey, corn, bakery sweets and more veggies. They are also seek-

ing licensed breakfast and lunch vendors and are also looking for musicians to play from 10 a.m. to noon. Applications are now available online at www.barnsteadfarmers-market.club or for more information, please call or e-mail Lori Mahar at 269-2329 or lorimahar@tds.net.

p.m. and will have 8 p.m. performances on April 1, April 7 and April 8, as well as a matinee on Sunday, April 9, at 2 p.m. Tickets are available online at village-players.com or at Black's Paper and Gifts in Wolfeboro. Tickets can also be purchased at the door (cash or check only) as available.

The show contains some strong language and sexual situations and may not be suitable

for children.

Biloxi Blues is sponsored by Bruce and Kris Gural. The show is directed by Bob Tuttle

and Ellis, with Kaylin Dean serving as assistant director and Joshua Spaulding serving as producer.

Scouts hosting spaghetti dinner on April 8

ALTON — Troop 53 will be hosting its annual spaghetti dinner on Saturday, April 8, at the Community Church in Alton. Dinner will be served from 4 to 7 p.m. As in the past they will be offering homemade meatballs and sauce, bread, salad and a variety of desserts, some homemade, and also Blue Bunny ice cream. Tickets will be available through Scouts and at the door. Uniformed Scouts will be waiting tables and assisting. Also available, upon request and while supplies last, are gluten free dinner items. Proceeds will be going towards the troop's upcoming summer camp. The troop hopes to see everyone there at this important troop fundraiser.



Call us at 435-7262 or email at pittsfdins@myfairpoint.net
To get your no obligation quote.

Benefit Dinner:
Cub Scout Pack 859 of New Durham is holding their Annual Spaghetti Dinner to help support the yearly costs for maintaining the troop.
In 2015, the money raised was used to cover part of the cost for a sleep over at Battleship Cove in Fall River, MA!
Please join us for our annual Spaghetti dinner served hot and fresh on **March 30th from 5-7pm** at the New Durham elementary School. \$5 per person or \$20 per family
Hope to see you there!



Whether farmer, pet owner, backyard gardener, or a wildlife enthusiast you will find almost everything you need in our stores.

Now carrying Poulin Grain feed! (Ossipee location only)



271 Suncook Valley Rd/Rte 28
Chichester, NH 03258
Tel: 603-435-8388

1010 White Mtn. Highway/Rte 16
Ossipee, NH 03864
603-539-4006



Law Offices of Kurt D. DeVlyder, PLLC

18 Union Street, Wolfeboro, NH 03894
P:(603) 569-5005 F:(603) 569-5007 E: kurt@devlyderlaw.com
www.devlyderlaw.com

• Experienced • Effective • FREE 1/2 Hour Consultation

GENERAL PRACTICE, Including:

Family Law • Criminal Defense • Personal Injury Law • Real Estate Law
Wills & Trusts • Probate of Estates • Debt Collection

Scouts sponsoring table at craft fair

ALTON — Scout Troop 53 will be sponsoring a table at the upcoming Alton Central School craft fair on April 1 from 9 a.m. to 3

p.m. The Scouts will be selling camp cards and offering information on opportunities for youth in Scouting. The Scouts hope that you will attend

the fair in support of the PTSA and while you are there please stop by and see what Scouting offers to young men and women.

RESULTS

(continued from Page A1)

In New Durham, there were a few other races on the ballot in addition to the selectmen's race.

For a pair of two-year seats on the budget committee, Mark Sullivan was the top vote getter with 390 votes, with Tony Bonanno receiving 221 votes and Janis Anthes finishing in third with 150 votes.

For the one-year seat on the budget committee, Ellen Phillips led the three candidates with 386 votes, Joan Swenson finished with 344 votes and Aaron Bickford finished with 107 votes.

The only other contested race on the ballot was for a three-year seat as library trustee, with Laura McCarthy getting 289 votes and William Meyer receiving 182 votes.

Cathy Orłowicz (419) and Theresa Jarvis (338) will each serve three years on the budget committee, Denis Martin (457) will serve as cemetery trustee for three years, Lee Newman (459) will serve for a year as library trustee and Robert Craycraft will be on the planning board for three years after receiving 455 votes. Stephanie Richard (457) will be on the zoning board for three years and Joan Martin (422) will serve on the zoning board for two years. Angela Pruitt received 10 write-in votes for a three-year seat as trustee of the trust funds.

Barnstead

There was a five-way race for two seats on the Barnstead Budget

Committee for three years. Scott Littlefield was the top finisher with 132 votes and Alan Glassman will return to the committee with 123 votes. Bruce Grey (95), William Haynes (92) and Wayne Whitney (36) rounded out the field.

Debra Lamontagne picked up a three-year term as library trustee with 182 votes to Genest's 69 votes.

Incumbents Priscilla Tiede (237) and Richard Duane (224) will both serve three more years on the board of selectmen, road agent Jim Doucette will serve another three years with 251 votes. For planning board for three years, Kathy Preston (231) and Karen Schacht (207) won election, Karen Montgomery (252) won a three-year term as trustee of the trust funds and Julie Skinner (242) won a one-year term as a library trustee. The only other spot on the town ballot was for a one-year term as overseer of public welfare, which went to Elaine Swinford with 230 votes.

On the school side, besides the school board, all positions were unopposed. Chris Hipkiss won another term as moderator, Lynette Rose will serve one year as clerk and Paul Landry will serve another year as treasurer.

New Durham warrants

As an SB2 town, New Durham also voted on warrant articles. All articles passed.

The first article (article two) was an

amendment to the zoning ordinance establishing a Merrymeeting Watershed Overlay District and it passed 413-103.

Article three was the town's operating budget, which was set at \$2,751,234 and this passed by a vote of 416-96.

Article four was to raise \$330,000 for the road program, with \$111,000 coming from highway block grant aid, \$162,000 from the road construction capital reserve fund and the remainder (\$57,000) coming from taxation. This passed 428-89.

Article five was for a total of \$170,000 to be placed in the town's capital reserve funds and this passed 439-93.

Article six was to raise \$65,000 to be placed in expendable trust funds and this passed 401-126.

Article seven, to change the purpose of the fire trucks capital reserve fund to the fire vehicles capital reserve fund, needed a two-thirds majority and passed by a 346-172 vote.

The final warrant article was to discontinue the revaluation capital reserve account from March 2000 and to place funds in the town's general fund. This passed by a mere two votes, 259-257.

GWRSD

Across the Governor Wentworth Regional School District (which includes New Durham) voters also had one contested race and a few warrant articles.

In the race for a three-year term as school board member at large, New Durham's Wendi Fenderson was the winner with 1,061 votes to 402 for Lois-Jean Stevens and 356 for Darrell Pack. New Durham overwhelmingly supported Fenderson with 277 votes to 85 for Stevens and 72 for Pack.

James Manning (1,866 votes, 407 in New Durham) won another three-year term as Brookfield board member and Stacy Trites (1,954 votes, 402 in New Durham) won another three-year term as Wolfeboro board member. Randy Walker (2,011 votes, 432 in New Durham) won another one-year term as moderator.

Article two was for the addition of funds to the turf field replacement reserve fund and it passed 1,566 to 731.

Article three was funds for repairs and improvements to the district's schools and it passed 1,738-550.

Article four was the operating budget and it passed 1,521-739.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

BLIZZARD

(continued from Page A1)

the NDHD, ND Police Department the head custodian of ND Elementary School, the town administrator, town clerk and Selectman (David) Swenson, I came to my decision after hearing input from each person."

He continued, "My primary concern was for the safety of each and every person potentially going out in the storm to vote and for the several poll workers who would be staying until late evening."

Leonard added, "Also, our highway department and police department will be busy with plowing and possible emergency calls. After checking on the legality of postponing, it was determined we are following the rules governing town meetings. As an SB2 town our Election Day is the second half of our town meeting night."

Talking with Kinmond on election day, he echoed Leonard's sense that conflicting messages were coming from the capital.

"The governor's office was pretty clear that 'elections' - as defined by RSA - need to be held on the appointed date," he said. But, Kinmond continued, "As an SB2 town, voting is considered to be a continuation of town meeting; and there's a separate RSA that says the town moderator shall have the authority to reschedule town meeting if need be."

New Durham is a Senate Bill 2 municipality, which means that warrant articles and local office elections are determined by private ballot, rather than by the traditional town meeting of years past when matters were usually determined by a voice vote or a show of hands. Nonetheless, according to SB2, as interpreted, subsequent balloting is still considered to be part of a town meeting, which begins with a deliberative session some weeks earlier.

Kinmond echoed Leonard's recollection of a collaborative decision, noting that decision makers consulted with key public safety and public works employees on Monday to assess potential conditions.

While the safety of voters driving to the polls was a major consideration, Kinmond noted some other more practical matters, especially as they relate to the use of the school for balloting.

According to Leonard, recalling his discussion with town officials, the clearing of the school lot is not a town function - but rather one that's outsourced to a third-party contractor. This meant that they could not guarantee that the lot would be clear for the entirety of the voting session.

Leonard also noted that the prospect of voters using on-street parking might further complicate snow removal efforts.

"It could have been the case where a plow might have made a voter's car snowbound after making a pass by

- or even causing some unintentional damage, which would have been unfortunate," the moderator pro tem said.

"It was the right decision, based on the information we had from state and local authorities - as well as the National Weather Service - this seemed like the logical choice," Leonard continued.

New Durham was one of perhaps 90 communities that decided to postpone elections last week. Most towns announced they would reschedule voting for either Thursday, Saturday, or the following Tuesday.

Deputy Secretary of State David Scanlan told the Baysider that he did not believe that state sources were vague, but that the interpretation of state RSAs by the N.H. Municipal Association was the cause of the variances in interpretations.

He said there is a pending state senate bill that will attempt to clarify how such decisions should be made.

Scanlan said he has not seen a definitive number of towns that postponed, but that there might be some potential contested results. As of Monday morning, however, Kinmond said he was not aware of any candidate wishing to challenge the results. (For a summary of election results, please see the accompanying article).

In deciding to postpone, Kinmond said provisions were made to ensure that folks planning to vote on the original date could cast a ballot. He said town officials were stationed outside the school during the blizzard with absentee ballots in the event that voters didn't receive news of the postponement. Kinmond said fewer than 10 voters trekked to the school while staff were present.

The actual voting itself, taking place on March 16, seemed upbeat. For the half hour the Baysider was at the polls, voters, candidates, and officials were positive in their comments.

The original venue was to have been the school, which had cancelled classes last Tuesday. But because the school could not accommodate the reschedule date, the location was changed to the community room at the fire station.

"This was totally understandable relative to the circumstances - the school has been very cooperative in past instances, and we appreciate their cooperation, but this was just one instance where schedules didn't work," Kinmond said.

According to a staff member at the school, there was prominent signage posted at the school as to the new location. She said perhaps four voters arrived at the school last Thursday and were redirected to the new fire station venue.

When the Baysider arrived at the polls, BOS candidates David Bickford and Cecile Chase agreed to pose for a photo with budget committee contender

Ellen Phillips.

Although there was a spirit of competition in the air, both Chase and Bickford sounded a philosophical and civic-minded tone.

"In the end, we're all neighbors," Chase said. "We all want what is best for New Durham."

Bickford, summoning his many years of public service sounded a similar sentiment, adding, "Every resident who has chosen to have their name placed on the ballot is worthy of admiration - there is honor in wanting to serve." He also said he was appreciative of every voter who came down to cast a ballot.

Voters entering the fire station were warmly greeted by the two incumbent selectmen. State law requires that a majority of the BOS be present at town elections.

Selectmen Greg Anthes and David Swenson both described turnout as "steady" and "brisk." Each said the number of voters was strong - but that there were no lines holding things up, in spite of the smaller venue.

"They have this running like a well-oiled machine," Anthes said.

Anneleen Loughlin, one of the supervisors of the checklist, made a similar observation. "We've been busy, but no one has had to wait. But we've had a lot of help - so as people have come in to vote, they get taken care of."

Anthes worked the door, greeting residents with an open-faced smile and words of welcome. Swenson worked in tandem with his BOS colleague, reminding voters to have their photo IDs present. Swenson and Anthes also thanked voters on their way out with words of appreciation for their effort to cast their ballots.

"It was a tough decision, but I think it was the right one," Swenson said about postponing. "A lot of thought went into this, and we tried to consider public safety and wanting to ensure that everyone who wanted to vote had the chance to do so." He added that he was present when town officials deliberated but that he deferred to their ultimate assessment.

Anthes said he agreed with proceeding with an abundance of caution, noting that there is a considerable elderly population in town reticent to trek into hazardous conditions.

"We wanted everyone's voice to be heard - and for our neighbors to keep safe," Anthes said. "This just seemed common sense and a lot of people have shared with me their appreciation."

Having to improvise, town administrator Kinmond said DPW staffers charged with setting up the makeshift venue were "Johnny on the spot" and "did a bang-up job of getting things ready."

"They didn't miss a beat," the TA added.

For a full report on the results of the election of off



Gilford Fire-Rescue Request for Proposals Fire Engine

Gilford Fire-Rescue is accepting proposals for a new Fire Engine. Proposals will be accepted until April 14, 2017 at 1600 hrs, when they will be opened. The work will be awarded on April 18, 2017 at 0815 hrs. The proposal should be addressed to or dropped off at Gilford Fire-Rescue, 39 Cherry Valley Road, Gilford, NH, 03249. RFP Details are available upon request and can be e-mailed or a copy may be picked up at GFR.scarrier@gilfordnh.org

LOVE
YOUR
COMMUNITY:
Spend Locally!

BARNSTEAD

(continued from Page A1)
the authority to take funds out of the Public Safety Building Capital Reserve Fund any time they wanted to.

There was a moment of silence and then a large noise emanated from the collective body of the voters. Former Fire Chief Rusty Krause stepped to the microphone and spoke for many in the auditorium. He suggested that the select board had been "sneaky" in the way they set the order for the warrant articles.

By having the Town Meeting vote first to give the board the authority to spend money from the Public Safety Building Fund they had avoided a discussion by Town Meeting regarding the need for and desirability of building a new police station. The Selectmen could spend the \$100,000 and find out next year that the town was not at all interested in spending \$1,000,000 for a new building.

Angela Harris was next in line at the microphone. She moved to reconsider the vote to approve Article 4. David Murley seconded the motion. A long discussion followed and after sitting through that, the Town Meeting was ready to call the question.

Hipkiss called a voice vote, which was indecisive. With a hand count the vote to reconsider passed with 59 in favor and 54 opposed.

There were a couple of attempts to suggest motions or procedures that would have the effect of approving the \$100,000 in Article 6 and undo Article 4 so that authority to expend from the Public Safety Building Capital Reserve Fund would stay with the Town Meeting. People were not yet ready.

At this point Frank Grow, a former officer in the Barnstead Police Department, pointed out that there were drawings of the proposed new police station, and it might be helpful to show and explain the plans. Karen Schacht, a Barnstead resident and architect by profession has worked for a couple of months with the police chief and the board of selectmen to get a clear and precise list of the kinds of space needed for a simple but professional and complete building that would serve the town's needs for at least 20 years. She walked the audience step by step through the process she had used with the chief and the board to come up with a conceptual plan.

The sketch showed the floor plan of offices, holding cells, evidence storage, and other spaces; and another drawing gave a sense of the outside look and materials of the building. An enlarged map of the area surrounding the Town Hall, fire department, and current police building showed the proposed location. Schacht explained how the location had been selected to maximize effectiveness, and minimize land preparation costs.

This information was precisely what the voters needed to be able to move forward. A voter asked Chief Paul Poirier to share his thoughts and he explained in detail the shortcomings and potential legal liabilities of the existing situation.

Genevieve Michaud moved to take parts of Article 4 and Article 6 and combine them so that the engineer could be hired and the Town Meeting would retain authority to authorize any future expenditure of funds from the Public Safety Building Fund. The motion was approved by a voice vote that was clearly in favor with a noticeable minority opposed.

Articles 7, 8, and 9 all pertained to raising the funds to make the final lease-purchase payment on a piece of machinery and all were overwhelmingly approved by voice vote. Article 7 approved \$62,927 for the Highway Department grader. Article 8 approved \$23,375 for the 1.5-ton highway truck. And Article 9 approved \$68,750 for the fully equipped ambulance. All these items are now fully paid for.

Road Agent Jim Doucette gave town voters a pleasant surprise when he withdrew Article 10 saying that he had made arrangements to get the highway loader at no cost through U.S. military surplus. The warrant article called for \$62,000 per year for three years. The voters gave Doucette a round of applause.

Town voters ignored a suggestion from resident Matt Furtney to outfit an old military surplus Hummer as the official vehicle for the Chief Poirier, and voted \$30,000 for a new car.

Article 12 accepted a federal grant of \$231,315 to help the town purchase Self Contained Breathing Apparatus. These are backpack units that are kept at each seat or station on all fire vehicles, so that firefighters can slip into them as they board the vehicle. They replace

13-year-old equipment that no longer complies with National Fire Protection guidelines. Replacement parts are no longer available from the equipment manufacturer making the town reliant on finding use parts, which are getting harder to find. Town voters were happy to approve the \$11,565 town share of the cost, particularly since it came out of the Fire Rescue Expendable Trust fund and required no new taxes.

Article 13 was a little harder to swallow because it involves six years of payments to acquire a fire pumper with a sticker price of almost half a million dollars. Fire Chief Shawn Mulcahy provided a detailed explanation of the problems with the existing 20-year-old Pumper 1, including a rusting body, significant wiring problems and the difficulty getting replacement parts when needed. All metal on the body of the new vehicle will be either stainless steel or galvanized steel, which will significantly reduce the problem of rusting.

Furtney, who also has experience in the fire vehicle industry, questioned Chief Mulcahy's description, pointing out that the cab of the new truck will not be rust prohibitive because it will neither be stainless nor galvanized. He also questioned the need for a customized vehicle, pointing out that buying a commercially designed and built vehicle is less costly.

Chief Mulcahy replied that the commercially available vehicles did not have the same space for equipment and emergency supply space that the town needs and gets with a custom designed vehicle. He added that commercial vehicles that fit the space in the town fire department carry significantly less water than the custom vehicle can.

Voters were persuaded by the chief's explanation and voted to take \$96,750 from the Fire Rescue Special Reserve Fund for the down payment on the pumper, and then pay \$87,791 a year for five years in lease payments.

Approval of Article 14 added \$70,000 to the Bridge Constructional Capital Reserve Fund for future repairs. Article 15 approved \$200,000 for the Road Paving and Maintenance Expendable Trust Fund. All, or close to all, of these monies will be spent this year with the largest amount being used to finish work on Var-

ney Road.

The next five Articles were approved with few questions and little discussion. Article 16 adds \$50,000 to the Highway Department Heavy Equipment Capital Reserve Fund, and Article 17 adds \$50,000 to the Fire Rescue Expendable Trust Fund.

Articles 18, 19, and 20 added \$2,500 to the 300 Year Anniversary Celebration Fund; \$1 to the Parks and Recreation Building Capital Reserve Fund; and \$5,000 to the Historical Society Building Capital Reserve Fund.

Article 21 requested \$100,000 added back in to the Public Safety Building Capital Reserve Fund, which triggered echoes of the earlier discussion about the new police building. Chief Poirier noted that he was in discussion with state FEMA officials for a \$100,000 grant toward the cost of the build-

ing.

Two rooms in the new building are designated to serve as Emergency Management Headquarters. In the past the Parade Fire Station has served that role. Moving the headquarters to the center adjacent to other town buildings will be more efficient. Chief Poirier said his discussions with FEMA officials were very positive so hopefully placing the HQ in the new station will help bring down the cost to town taxpayers. The article was approved by voice vote.

Remaining articles were all approved with little discussion or dissent. Article 22 adds \$1 to the Emergency Preparedness Expendable Trust Fund; 23 puts \$10,000 into the Municipal Computer and Equipment Expendable Trust Fund; and 24 sets aside \$16,000 to continue the fight against milfoil. Con-

servation Chair Jim Fougere noted that the amount is a little larger than in past years because the town is moving away from using chemical treatment, and is using divers which is more expensive but much safer for water quality.

Voters approved \$5,000 for Article 25, the Cistern Construction and Maintenance Fund. Article 26 approved the annual lease between and the Butler School Bus Company for night and weekend parking of school buses.

Next to last, Article 27 was for the town operating budget. The budget committee recommendation of \$3,927,373 cut about \$8,300 from the select board budget proposal. Amendments from the floor added back about one third of the money the budget committee wanted to cut, leaving a final budget of \$3,930,673.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 128 calls for service during the week of March 12-18, including six arrests.

One male subject was arrested for driving/operating under influence of alcohol, open container and resisting arrest or detention.

One male subject was arrested for default or breach of bail conditions, criminal mischief, receiving stolen property and possession of property without serial number.

One female subject was arrested for driving/operating while intoxicated (subsequent) & open container.

There were three motor vehicle summons arrests.

There were eight motor vehicle accidents.

There was one theft on Main Street.

There were four suspicious person/activity reports on Minge Cove Road, Stockbridge Corner Road, Powder Mill Road & Alton Shores Road.

Police made 28 motor vehicle stops and handled three motor vehicle complaint-incidents.

There were 84 other calls for services that consisted of the following: One town ordinance, one assist fire department, three assist other agencies, two animal complaints, six juvenile incidents, three domestic com-

plaints, four general assistance, one miscellaneous, two alarm activations, one boat incident, four highway/roadway hazard report, one sexual assault, three general information, one vehicle ID check, two harassment, one untimely death,

one criminal threatening, one civil matter, one wellness check, one dispute, one disabled motor vehicle, 18 directed patrols, one 911 hang-up, one motor vehicle lockout, two medical assists, 20 property checks and one paper-work service.

Winnepesaukee Livery & Airport Express
AIRPORT • REGIONAL
LOCAL • FULLY INSURED
Kurt & Kelly Voedisch
603-569-3189
www.winnilivery.com
All major credit cards welcomed

WAYNE'S TRANSMISSION
• Minor & major repairs on all foreign & domestic vehicles
• Inspections
93 Main Street
Alton, NH 03809
Wayne Gordon Shop: (603) 875-0500
Owner/Operator Cell: (603) 755-1168

ARE YOU READY?
LAKES REGION STANDBY GENERATOR, LLC
SALES, INSTALLATION, SERVICE & REPAIRS
FACTORY CERTIFIED FOR KOHLER, BRIGGS & STRATON and GENERAC GENERATORS
SERVING THE LAKES REGION AND BEYOND
FREE IN-HOME ESTIMATES
603-744-2341
KOHLER GENERATORS

BIG LAKE Taxi & Limo, LLC
Airport Shuttles to and from Portland, Manchester & Logan, Concerts, Nights Out, Mt. Washington cruises, large group discounts.
We'll take you anywhere you want to go!
Check out our website for prices and book your trip!
www.biglaketaxiandlimo.com
875-3365
Fully Insured and Airport Registered

Dignified
PET CREMATION SERVICES
RICK GAGNE
Licensed Funeral Director
85 Mill Street
PO Box 2295
Wolfeboro, NH 05894
bgfb@metrocast.net
603.569.1370
dignifiedpetcremationservices.com

Ransmeier & Spellman P.C.
ATTORNEYS AT LAW
and Alton Law Office
Counselors and Advocates serving the Lakes Region.
Estate & Tax Planning and Trust Administration • Real Estate • Zoning & Land Use • Conservation Law
Environmental Law • Small Business Representation • Civil Litigation • Aviation Law • Employment

ALTON CENTRAL'S SCOOP

Math around the world and around ACS'

BY CRIS BLACKSTONE

Alton Central School Principal

The family interest and support of math education was evident last Thursday night, judging by the laughter and involvement of several dozen families attending the Family Math Night. Beginning with a community dinner, and students receiving their "passports" the event was organized so that each student had the opportunity to play each of four games, or stations, during the night. The event was designed by Mrs. Kris Roberge, fourth grade teacher, with math topics and levels between kindergarten and grade four in mind. The evening was punctuated by surprise raffles, which were won by lucky travelers Gavin Gorton, Logan Yelle, Campbelle Arsenault and Brady Glidden.

Math is the focus of much of many of our professional learning opportunities at ACS this year. This month, we have the third in a series of day-long work sessions with Ms. Susan Resnick, who is a math education specialist with the Math IN Focus. Working on specifics of the program, a highlight of the work this month has been receiving the grade level workbooks to accompany the program. Our math education specialist is a co-author of the work book. To have the opportunity to work closely with a specialist, let alone the author of this child-centered resource, is a valuable experience for our teachers to share with their students.

Teachers are also involved with Mrs. Betty Erickson, our Math Instructional Coach, for the remainder of the academic year. Betty's involvement centers on math instructional techniques and things such as effective use of manipulatives across all grade levels. Touching on technology and what's available in the online textbooks is in the realm of the instructional coach and ACS Curriculum Director, Ms. Denise Perry. With these professionals involved with our faculty in rigorous, on-going discussions and modeling lessons, Alton's students are the ultimate beneficiaries.

Teachers from all grade levels have completed three of four days with Ms. Resnick, and during April, will be visiting each other's classrooms, observing Ms. Resnick's approaches to some of the math topics students are working on.



COURTESY PHOTO

READY, WILLING and able to share what they are working on with their students, Ms. Sarah Hall (left), and Mrs. Jill Moulton, (far right) work with Mrs. Susan Resnick, (center) during the third of four intensive math workshops on Alton Central School's Math in focus program. Ms. Resnick is the co-author of the workbook supporting the textbook and online materials used at ACS across grade levels as our math program. Teachers from all grade levels have completed three of four days with Ms. Resnick, and during April, will be visiting each other's classrooms, observing Ms. Resnick's approaches to some of the math topics students are working on.

Teacher-leaders are the crux of a strong school system, and this is evident at ACS, too. Not only do we bring experts in to the school, but we share our expertise within and with each other. During the in-service workshop day (no school for students, yesterday) ACS hosted Chris Toy and Jill Spencer, on technology topics, building on the previous sessions. Added to the mix of choices for workshops, were teachers Mr. Scott Bickford, Mr. Derek Pappaceno, Mrs. Susan Bailey and Mrs. Carol Foley, along with Ms. Denise Perry – each presenting sessions on tech uses or apps they have found students loving to use in their classes. This type of sharing is important. "Tried and True" means that we

know if some kids love it, there's a great chance that more and more will, too.

April 1, the NH Science Teachers' Association holds their annual Spring Conference. During that conference, ACS pride and professionalism are showcased during a workshop session presented by Mr. Rick MacDuff, STEM teacher, Mr. Mike Major, middle school sci-

ence teacher, and Mrs. Sue Bailey, computer teacher. Their workshop shares their approach to STEM education with intermediate grade level students, and how these three worked together in a team approach to design and deliver meaningful lessons to the lower grades. The selection committee for the NHSTA was pleased to be able to add workshop sessions focusing on lower grades as this group of teachers proposed.

The learning never stops. Dedicated educators have an innate love of lifelong learning, and it's evident from the level of involvement and collegiality shared during the various training sessions and presentations described here. Reaching every student is only possible when every teacher builds techniques and gathers tools to do so! Thank you, Alton Community, for the interest and support shown during the recent elections, in the on-going process of building social capacity within our school.



MATTHEW FASSETT – COURTESY PHOTO

Citizen of the Year

New Durham's Citizen of the Year and member of the New Durham, Barnstead and Alton Centennial Rotary Club, Arthur Hoover (right), was presented a special award by Rotary in recognition of his 'Service Above Self' involvement in his community and for his leadership roles in many non-profit organizations. New Durham Town Historian Cathy Orłowicz read the proclamation to members of Rotary highlighting Hoover's many successful civic engagements and volunteering to help save and improve lives. Presenting the award is Rotarian Rick Fogg (left).

THE WINNIPESAUKEE TALKIE

Experts say season, not economy slows home sales



BY RANDY HILMAN

Contributing Writer

February regional home sales declined nearly 40 percent year-over-year to 130 closed transactions and nearly 47 percent from January's 247 single-family and condominium sales, figures show.

Meanwhile, the February median home price in Belknap, Carroll and Grafton counties was unchanged at \$170,000 from a year ago but dropped 14 percent below the 2016 median home price of \$198,000, according to housing data supplied by the New England Real Estate Network Multiple Listing Service.

The drop-off in unit sales contributed to a 49 percent decline in transacted dollar volume, down to \$32.9 million from the \$65.3 million transacted in January and down 32 percent from the \$46.7 million recorded in February last year, figures show.

A month-to-month transactional decline of \$32.4 million means February real estate transfer taxes collected in the three-county region were off some \$500,000 from collections in January and down \$207,000 from taxes collected in

February 2016, said the New Hampshire Department of Revenue, whose officials noted that, while seasonal revenue declines are generally anticipated, uncollected transfer taxes do impact on the state's coffers.

Experts in the regional housing market say that February's sales lull is attributable mostly to adverse seasonal, rather than economic conditions, which are viewed as favorable for sustained home sales, despite rising interest rates, low home inventories and rising numbers of unfilled jobs. They continue to forecast another positive sales growth year, following four years that saw regional home prices rise a collective 35.5 percent and transacted dollar volume increase 49.4 percent to \$1.17 billion last year, according to the NEREN MLS.

Powering the housing market is a robust state economy characterized by rising wages and a statewide unemployment rate of 2.5 percent, the nation's lowest, according to figures supplied by New Hampshire Employment Security. Compared to a national unemployment figure of 4.6 percent, unemployment in the three-county region served by this report, is 2.3 percent, 2.6 percent and 2.8 percent in Grafton, Belknap and Carroll counties respectively.

"There are certainly challenges in this market, like continued low inventory and high

competition for those fewer properties," the New Hampshire Realtors® wrote in its year-end market report.

While the number of homes for sale was drastically down in year-over-year comparisons, along with days on market and months of supply, sales volume and prices rose in most markets, NHR reported, even in the midst of rising mortgage interest rates, "...which (is not) expected to have a negative impact on real estate in 2017".

In Belknap County, February sales declined 58 percent from January to 34 closed transactions and 49 percent from the 67 sales recorded in February a year ago. Average days on market rose 13 percent to 119 days, but dropped 12 percent from the 146 average days reported in February a year ago, according to NEREN. The February median home price rose 2.8 percent month-over-month to \$182,900, down five percent from January's \$192,500 figure.

Carroll County home sales fell sharply in February to 45 transactions, down 37 percent from January and 26 percent from February last year. Average days on market fell 16 percent from January to 130 days, or 14 percent faster than in February 2016. The median price of a Carroll County home, meanwhile, dropped 13 percent from January to \$174,500 and 5.6 percent from February one year

ago when the median price stood at \$184,950, according to NEREN.

And, in Grafton County, sales declined 44 percent from January to 51 closed transactions, down 41 percent from February 2016 when 87 sales were reported. Homes sold in February were on the market an average 166 days, up five percent from January and up nearly 30 percent from February 2016, according to NEREN. At the end of February, the median price of a Grafton home stood at \$167,950, the down two percent from the month before but up a substantial 23 percent, from the February 2016 median price of \$136,500.

Are you thinking of selling your home? The market needs quality homes. This may be a good time to get cash out. Did you know you can hire a top Realtor® pro for a commission as low as 1.5 percent? Ask me how. Meanwhile, thank you for reading The Winnepesaukee Talkie.

The Winnepesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Hilman today is an associate broker at Keller Williams Lakes and Mountains Realty, Wolfeboro. He can be reached at 610-8963 or by e-mail at rhilman@randyhilman-homes.com.

Concert will benefit End 68 Hours of Hunger April 1

BARNSTEAD — The Funky Divas of Gospel are teaming up with the community to raise funds to End 68 Hours of Hunger on April 1. As you may know, End 68 Hours of Hunger is a school-based program to provide weekend food for school children in need. Bags of food that are nutritious, child friendly and easy to prepare are assembled and given to children as they head home for the weekend. This weekend food, along with school lunches, ease kid's anxiety, reduces absenteeism and improves attention span and school success.

The Funky Divas of Gospel is a seven-piece group who perform regularly in the New Hampshire area, sharing their hard rocking, reflective, toe tapping, hand clapping, harmonious gospel and roots music. The Funky Divas' performances are suitable for all ages and the group regularly performs at a variety of theaters, entertainment venues and churches. Recently after

attending a Funky Divas of Gospel concert, a reporter wrote, "All bluegrass, soul and gospel fans be forewarned: if you miss this funky group (to paraphrase a line in one of their songs) "...it ain't nobody's fault but yours." The Congregational Church of North Barnstead is hosting the concert at 504 North Barnstead Road, up the hill from Locke Lake. In addition, baskets will be available as you enter the concert for anyone who would also like to bring food donations for the Barnstead Food Pantry.

For more information about the show, to donate to End 68 Hours of Hunger, to reserve tickets, to purchase tickets to donate so others may attend, or to purchase tickets for yourself, please contact Chris Bonoli at my65jazzmaster@yahoo.com or call 340-1468. For information about The Funky Divas visit their web site www.funkydivasofgospel.com or find them on Facebook at www.facebook.com/the-funkydivas.

PMHS sponsoring Rock 'N Race team this spring

ALTON — Prospect Mountain High is once again fielding a team to run or walk the 2017 Rock 'N Race in Concord at 6 p.m. on Thursday, May 18. All faculty, staff, students, family and friends of Prospect Mountain High are welcome to join the team. Proceeds from this fun, fast (mostly flat) 5K benefit cancer patients and their families at the Payson Center for Cancer Care. The race begins and ends at the State House on Main Street in Concord and bands play music all along the route. The registration

fee gets you dinner, good karma and a 2017 Rock 'N Race t-shirt. If you join the PMHS team and register before April 15, your t-shirt will have Prospect Mountain High School printed on the back. People can register themselves by going to www.rocknrace.org, go to the Join a Team link to join the Prospect Mountain High team. Or folks can contact Marie Daniels, school counselor at PMHS (mdaniels@pmhschool.com 875-3800 ex 3164) who is coordinating the team, to get registered and/or get more information.

New directors take the helm for PMHS Seussical production

ALTON — This year's musical production of *Seussical* at Prospect Mountain High School (PMHS) features two directors who are new to the PMHS drama club. Nicole Bourgeois, music director at Barnstead Elementary School and Wesley Raines, music teacher at PMHS have joined forces to co-direct the play, which has an ensemble cast and a heavy music score.

"I can't imagine a more experienced director than Nicole," says Raines. "She brings a wealth of knowledge, experience, and passion for musical theater. It is a real treat for the students and me to work with her on this production."

Seussical is Raines' first ever production. "I have always been fascinated by the pit band part. Seeing how everything lines up timing-wise at the end is great," he says. "I'm working on the singing for this show. It's challenging vocally for the actors and they are rising to the occasion. The cast is phenomenal. Demands on them are

enormous. They manage to balance play rehearsals, school, sports, some have jobs. It's hard. Yet they manage to learn and absorb changes as we make them."

For Bourgeois, musical theater is old hat, but not PMHS. "This cast is one of the most interesting I've ever worked with," she says. "The cast is made up of students in fifth through 12th grade. This is different from any theater I've done. Usually I'm working with casts of over 100. This smaller cast is more versatile. Wes (Raines) and Meghan (Schmiermund, math teacher and drama club member at PMHS) have been extremely awesome to work with. We make a decent team."

Bourgeois' experience in theater dates to high school where she participated mostly in the crew. From there, she moved on to become a Technical Theater major at Plymouth State University, but that was short-lived. "I did acting and directing as well as behind the scenes work. It was lots of fun, but it was only for a year."



THE CAST OF *Seussical* includes (back row, l to r), Anna Francis (Sour Kangaroo), Justin Boyce (Horton the Elephant), and Maggie Fontaine (Mayzie La Bird). Front row (l to r), Samantha (Sam) Gagne (The Cat in the Hat), Shelby Rodger (JoJo).

Because of the age ranges of the actors,

Bourgeois has taken a unique approach to managing them. "I've formed the cast into groups that I call 'family groups'. I put them in their groups for the tricky dance numbers. Students learn from each other. They're changing over time. Their characters are developing. It's interesting to see how fifth graders versus twelfth graders answer questions about their characters."

"This is definitely an ambitious show. Everyone is working hard," Bourgeois says.

Seussical features music by Stephen Flaherty, and lyrics by Lynn Ahrens. It's based on the works of Dr. Seuss and a book by Ahrens and Flaherty and is co-conceived by Ahrens, Flaherty, and Eric Idle.

Show times are March 30, 31, and April 1 at 7 p.m. and a Sunday matinee at 2 p.m. on April 2. All performances will be at PMHS auditorium. Tickets can be purchased at the PMHS box office and are free for senior citizens 65+.

Schools reduced energy costs by more than \$120,000 in 2016

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — The Governor Wentworth Regional School District's energy upgrades in all six elementary schools last year produced dramatic results according to a detailed review presented by school board member Ernie Brown during the Deliberative Session on Feb. 4.

Brown reported a decrease in energy related costs by over \$120,000 that exceeded the board's energy efficiency targets. New Durham Elementary School (NDES) had a 55 percent reduction in fuel oil costs; Carpenter Elementary School (CES), Ossipee Central School (OCS), and Tuftonboro Central

School (TCS) reductions were in the 32 to 34 percent range. Crescent Lake Elementary School (CLES) costs were reduced by 26 percent.

Electricity costs dropped by 23 percent at TCS and 22 percent at NDES, with the other schools showing reductions in the low and mid-teens.

Propane use and cost has also been reduced since the retrofit, with Effingham Elementary School having the most significant result at 57 percent, followed by NDES with a 25 percent reduction and the others with a combined reduction of 22 percent.

Those reductions resulted from a lighting retrofit at all six schools; replacement of boilers at

CES (31 years old), TCS (20 years old), OCS (23 years old) and Effingham (12 years old and inefficient by current standards); replacement of the NDES roof, installed originally in 1964 and some HVAC units.

Further reductions of \$36,900 in energy related costs for Fiscal Year 2018 are reflected in this year's budget.

Brown was pleased to note that the district received an award sponsored by the Department of Education from New Hampshire's Deputy Commissioner of Education Paul Leather for the example it has set in energy conservation and efficiency, and extended appreciation to the building and maintenance committee, facilities director and administration for all their hard work.

The environmental impact of the program has the equivalent, said Brown, of taking 89 cars off the road, a reduction of over a million passenger car miles and the planting 123 trees.

The reduction so far is equal to 52 homes powered by electricity and fuel.

Locals graduate from NHTI

CONCORD — The following students from the area graduated from NHTI, Concord's Community College, during the Fall 2016 term:

Alton

Maria Daneault (Associate in Science with a Major in Criminal Justice), Jonathan Delorme (Associate in Science with a Major in General Studies), Jesse Lane (Associate in Science with a Major in General Studies), Michela Rollins (Associate in Science with a Major in General Studies).

Alton Bay

Keri Gordon (Associate in Science with a Major in Business Administration).

NHTI is a dynamic public institution of

higher learning providing accessible, rigorous education, serving students, businesses and the community by creating pathways for lifelong learning, career advancement and civic engagement. With 95 full-time faculty and over 300 adjunct faculty, NHTI Concord's Community College offers more than 80 academic programs to more than 7,000 students annually. NHTI is a member of the Community College System of New Hampshire, and has been accredited by the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc., a nongovernmental, nationally recognized accrediting agency, since 1969.

Library plans full slate of events

NEW DURHAM — New Durham Public Library patrons can kick off several exciting events literally, beginning with the women's self-defense class on Sunday, March 26, from 1 to 4 p.m.

The free class is open to women ages 13 and up, and takes place at High Kicks Taekwon Do in Rochester. Call the library at 859-2201 to register and for more information.

April is National Poetry Month and the library is celebrating with a poetry reading by Barbara Bald from

Other Voices/Other Lives, a look at the world through senior adults' eyes, on Friday, April 7, at 6 p.m. An open mic session will follow.

On Saturday, April 8, the 10th annual Edible Book Fair begins at 1 p.m. for judging and subsequent gorging on the fare. Entrees must be inspired by a book and all parts of it must be edible.

Both adult and child categories feature a \$25 prize. Participants are urged to get their dishes to Dewey's Diner in the Children's Room before judging

at 1 p.m. Please call the library in advance to be placed on the menu.

Laughter leader Sandra Maisey of Granite State Giggles arrives chuckling on Monday, April 10, at 7 p.m. She's spreading the word of the health benefits of laughter, such as lowering blood sugar levels, relaxing muscles, and increasing endorphins, all while keeping people in stitches.

Be prepared to work on your belly laughs. The program is free and open to all, even curmudgeons.

Pittsfield Players production opens this weekend

PITTSFIELD — Some of the most unusual meals you'll ever experience will be "served up" during the comedy play "Eat Your Heart Out," performing at the Scenic Theatre with night shows on March 24, 25, and 31 and April 1 at 7:30 p.m. and a 2 p.m. matinee

on April 2. This witty comedy by Nick Hall examines the complications of human relationships, taking you to six different Manhattan restaurants. Tickets and are available through TicketLeap or the Scenic box office at 435-8852. On opening night, a dinner and

show deal is available with three-course dinner at Main Street Grill and Bar, 32 Main St. in Pittsfield, and a ticket for the March 24 show after dinner, both for one price. Dinner and show can be reserved by calling the Scenic box office.

Jannini to study in New Zealand this spring

CANTON, N.Y. — Mark L. Jannini Jr. of Center Barnstead will participate in a St. Lawrence University off-campus study abroad program during the Spring 2017 semester.

Jannini is a member of the Class of 2018 and is majoring in environmental studies-government. He graduated from Prospect Mountain High School. Jannini is participating in St. Lawrence University's spring off-campus program in New Zealand

at University of Otago. Nearly two-thirds of St. Lawrence University students study off campus at some point during their undergraduate experience at either one its international or domestic study abroad program sites.

The Princeton Review ranked St. Lawrence seventh for Most Popular Study Abroad Programs in its Best 380 Colleges 2016 edition, while Best Choice Schools named St. Lawrence University

one of the top-20 colleges in the nation for study abroad opportunities.

To learn more about study abroad opportunities at St. Lawrence University, visit www.stlawu.edu/ciis.

Founded in 1856, St. Lawrence University is a private, independent liberal arts institution of about 2,500 students located in Canton, N.Y. The educational opportunities at St. Lawrence inspire students and prepare them to be critical

and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit www.stlawu.edu.



SUMMER CAMPS '17

Things to consider before choosing a summer camp

Though February does not often elicit images of youngsters building campfires or playing games in the pool, the month more synonymous with the Super Bowl and Valentine's Day is a great time for parents to start thinking about summer camps for their kids.

Summer camp is often something kids look forward to, and something they will fondly recall long after they reach adulthood. For many kids, summer camp provides a first taste of independence, as youngsters spend significant time away from home without their parents for the first time in their lives. But as great an experience as summer camp can be for youngsters, it can be just as difficult an experience if parents don't find the right fit for their children. That's why it behooves

parents to start thinking about summer camps for their kids in winter, before camps start filling out their rosters, which tends to happen in early spring. The following are a few things parents should take into consideration when seeking a summer camp for their kids.

Staff

The right summer camp staff can make all the difference. Many children are understandably shy when arriving at a summer camp, as their friends from back home might not be joining them. That can make kids hesitant to participate in activities or less enthusiastic about those activities. But a good staff will know how to make kids feel welcome, which should help them come out of their shells and make the most of their summer camp ex-



periences. The quality of staffs can vary significantly depending on the camp, so it's important that parents ask camp representatives about their staffs before making any commitments. Ask how long the staff has been together and the types of training new and even veteran staff members undergo before the start of camp season? Does the training include first aid and emergency medical training and certification?

It's also good to ask about the vetting process the camp employs before hiring new staff, including the extent of its background checks. Are criminal background checks conducted? How many references must potential staff

members supply to be considered for employment? A good camp will be forthcoming with answers to all of your questions, so eliminate those that appear hesitant to share information about their staffs.

A day in the life

When vetting camps for kids, parents should ask what a typical day is like once the season hits full swing. Many parents want their youngsters to have a well-rounded experience, while others might want their kids to attend a more specialized camp, whether it's a sports camp focusing on a particular sport or a music camp devoted to helping kids become better musicians. Regardless of the type of

camp parents are considering for their kids, they should ask about what daily life at the camp is like. Ask to see schedules and how strictly camps adhere to those schedules. When considering specialized camps, ask the staff representative if kids will have the chance to simply have a little fun and which types of recreational activities are planned to give kids a break from what are often rigorous schedules.

Camp goals

Another thing parents must consider before choosing a summer camp for their kids is the goals of each individual camp. A camp should be dedicated to ensuring kids have fun, even when kids are attend-

ing more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.

Late winter is when parents should start looking at summer camps for their kids, and there are a host of factors moms and dads should take into consideration during the vetting process to ensure their youngsters have as much fun as possible.



BOYS & GIRLS CLUB
OF THE NORTH COUNTRY
GREAT FUTURES START HERE.

The fun, safe, positive place for all children of the North Country

Spring Vacation Camp - April 24 - 28
Summer Camp - June 19 - August 18
After School Program



DYNAMIC PROGRAMS

- Homework Time
- Outdoor Survival
- SMART Girls
- Cooking
- Arts & Crafts
- Science Programs
- Outdoor Fun
- Sports
- Leadership Club

FUN ACTIVITIES

FIELD TRIPS * BOARD GAMES * EARTH BALL GAMES * ARCHERY
FRISBEE GOLF * HIKING * SWIMMING * ROCK CLIMBING
GAME ROOM * SPORTS COURT * GOLF * DANCE STUDIO
VIDEO GAME ROOM * PARACHUTE GAMES





Phone: 603-838-5945 Located: 2572 Route 302, Lisbon, NH 03585

www.BGCNorthCountry.org



Spend your summer on Squam!

Community Youth Sailing Program—ages 8-18
Junior Squam Lakes Association Camp—grades 3-9
Leader in Training—grades 10-12

Holderness, NH • 603-968-7336 •
info@squamlakes.org • www.squamlakes.org



Owl Soccer Camps 2017
FOR QUALITY TEACHING AND TOP COMPETITION

<p>Sessions</p> <p>Soccer Tots July 10-14 (9-10 a.m.) Boys and Girls ages 3-5</p> <p>Little Kickers July 10-14 (9-11 a.m.) Boys and Girls ages 6-8</p> <p>Goalkeeper training all sessions</p>	<p>NEW Junior Owls July 10-14 (9 a.m.-4 p.m.) Boys and Girls ages 9-11</p> <p>Junior/Senior July 16-20 (Sun.-Thurs.) Boys and Girls ages 11-18</p> <p>Team Week July 23-27 (Sun.-Thurs.) For teams with 12 or more players</p>	<p>For applications or information: Owl Soccer Camps 229 Main St., Keene NH 03435 Camp phone: 603-358-2349 soccercamp@keene.edu Fax: 603-358-2888</p> <p>Online registration at keeneowls.com/camps</p>
---	---	--



Summer Camp Adventures

Camp Sno-Mo
Gilmanton Ironworks, NH

Outdoor adventures at our residential facility for campers with disabilities and special needs ages 11 to 21.

603.364.5818 • easterseals.com/nh
rkelly@eastersealsnh.org

Camp Connect
Manchester, NH

A fun, academic, social, and emotional development program for students in grades K-12 with social communication disorders.

603.621.3407 • easterseals.com/nh
broy@eastersealsnh.org

WE'RE HIRING!
Resource Center Staff &
Environmental Camp Leaders



www.squamlakes.org

SUMMER GUIDED DISCOVERIES
Week-long outdoor natural adventures for ages 4 to 14




www.nhnature.org | 603-968-7194
ROUTE 113, HOLDERNESS, NH

BUILD YOUR OWN BOAT THIS SUMMER!

Your choice of Canoe, Kayak, Paddleboard, Bevin's Skiff or Optimist Sailing Dinghy

Scholarships Available!



New Hampshire BOAT MUSEUM
NHBM.org • 603-569-4554
399 Center St • Wolfeboro

Adult/Family Class: July 8 - 16
Youth Class: July 31 - Aug 11

New Hampshire BOAT MUSEUM

LAKE DISCOVERY DAY CAMP
Hands-on adventure!

Learn about science, water ecology, aquatic life, local history, arts & crafts & children's literature.



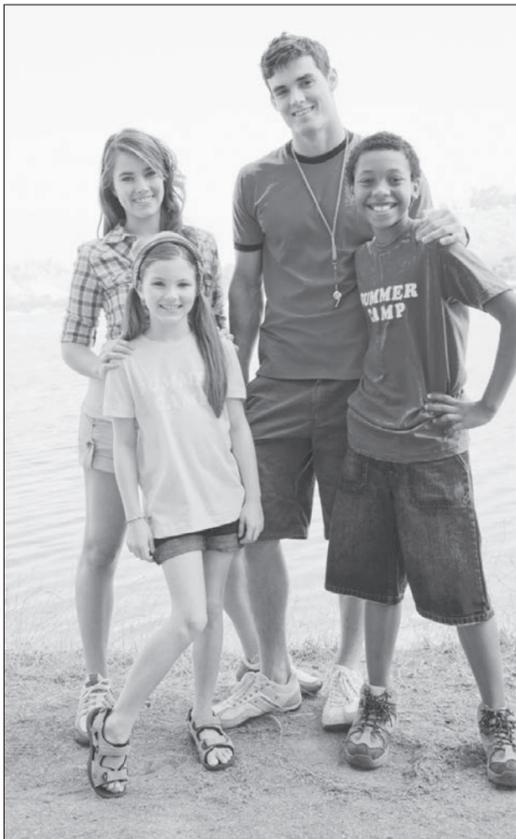
Sign up at NHBM.org
603-569-4554
399 Center Street • Wolfeboro

Grades K - 2: July 24 & 25
Grades 3 - 6: July 26 - 28

SUMMER CAMPS '17

kids are attending more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.

Late winter is when parents should start looking at summer camps for their kids, and there are a host of factors moms and dads should take into consideration during the vetting process to ensure their youngsters have as much fun as possible.



Teen Master Tennis Academy

Summer Session
Wolfeboro Tennis Club
10 weeks, 3 days/week

Programs for Highly Motivated Youth who are ready to commit to the next level. Intermediate & Advanced Levels

Contact: Phil Eisenmann
603-267-7912
pjewoodworking@metrocast.net

KINGSWOOD CHILDREN'S SUMMER THEATRE ACCEPTING APPLICATIONS:

Workshops begin June 26th, (tentative start date).
Shows: July 28th, 29th & 30th. www.wolfeboro-arts.org

Summer @ the Center

Directed play, scheduled activities and local field trips for children up to age twelve. Drop-off and pick-up times are flexible, Monday to Friday, 7:15am to 5:30pm. —we will do our best to meet your scheduling needs. Visiting children and grandchildren welcome!

Sandwich Children's Center
54 Maple Street, Ctr. Sandwich.

For info, contact Jess at 284-7014

sandwichchildrenscenter.org

Town of Waterville Valley Recreation Department Summer Day Camp

10 Week Summer Day Camp Program
June 26-September 1, 2017
August 27th - Sept. 1st Trip & Travel Week
Monday-Friday 9am-4pm (8am before care avail.)
Age appropriate groups for 4-15 year olds

**Outdoor Adventures • Weekly Field Trips • Swimming
Indoor Climbing • Arts & Crafts • Cooking
Community Service • Boating & More!!**

Register at watervillevalley.org/recreation
(603) 236-4695

Camp All Star

School Age Summer Day Program

- Make new friends
- Learn to Kayak
- Go on weekly trips
- Hike with your friends
- Join in our team Summer Olympics
- Make a Volcano and other things

Children 6 - 12 years old are welcome

♦Wildlife Encounters - Live Animal Show
♦Free raffle for one week of Camp All Star for you and a friend or one week free child care for an infant or preschooler.
♦Meet other parents of students & campers
♦To learn more call Shannon at 603-569-1027

180 South Main St Wolfeboro, NH 03894
info@wolfeborochildren.org www.thechildrenscenternh.org

SHAKESPEARE DRAMA CAMP!

Theatre Games, Performance Training and Play Production

ADVICE TO THE PLAYERS' SHAKESPEARENCE - July 17 - 28, 2017
PERFORMANCE BASED PROGRAMS FOR ALL AGES
5 to 7 - An introduction to theatre through game-playing
8 to 12 - Experience theatre through performing a Shakespeare play
12 to 15 - Voice, movement & stage technique; Period dance; Performance

YOUNG PLAYERS' PRACTICUM - Age 13 & up - July 17 - August 13, 2017
Advanced training and participation in our professional production

ADVICE TO THE PLAYERS: Professional Shakespeare since 1999
contact@advicetotheplayers.org | (603) 284 - 7115 | www.ADVICETOthePLAYERS.ORG

EST. 2016

BROWN'S RIDGE FAMILY FARM

FARM DAY CAMP

July & August day camp

- Gardening,
- hands-on history,
- animal stewardship,
- horsemanship, nature
- walks, and games

great for school-aged children of all experience levels

www.brownsridge.com 603-941-4000

FREE RANGE CHILDREN

WildQuest Summer Camp

Join us for another fabulous year of summer camp meeting new friends, Woods Time, hikes, art & craft projects, ponding, fort-building, games, Hungry Forest, epic adventures and more!

for kids ages 4-15
9 - nature-themed weeks
June 26-August 25, 2017; 9:00-4:00
• Full Day
• Pre-K Half Day
• LIT
Early Bird rates end 4/30/17
Extended care & scholarships available!

Prescott Farm
Environmental Education Center
928 White Oaks Road, Laconia, NH 03246 | (603) 366-5695 • Fax: (603) 366-5720
info@prescottfarm.org www.prescottfarm.org

Dinner versus lunch and supper and the care of cast-iron ware

During Kitchen Patrol in the morning, I clean up counters and do dishes from the previous evening's company, which is frequent and rewarding. Because I like to cook, and so much love visiting with people of all stripe, a full dining room table is one of the great joys of life.

During and after supper, which is called dinner elsewhere, one of my challenges is clearing dishes before anyone else can get up to help. This is because I want to let the table-talk go on without interruption, and to make sure dishes are scraped and stacked to make morning cleanup easy.

I've been called anal compulsive by kith and kin (they say they're just kidding), but there is a reason for my al-

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



leged madness.

+++++

I'm always amazed when people don't scrape dishes right after use and put them in water, even if they're not going to do them up right away. Even a bit of soapy water between stacked plates in the sink will make cleanup a lot easier. Cutlery (of course) goes into a pot of water.

Above my kitchen sink is a little floral-bordered note my younger daughter once made, when she was about 13:

"When you finish with your dishes,



JOHN HARRIGAN

MY ARRAY of cast-iron cookware, guarded against advancements with soap.

please put water in them, so they won't turn to cement. Thank you!"

Milk in a glass, in particular, turns into a hard-scrubbing film if the glass isn't filled with water right after use. In this regard, raising or helping to

raise six kids has been an adventure.

+++++

I'd guess that I do 90 percent of my cooking in and on cast-iron pans and Dutch ovens. Most of the cast-iron implements I have are quite

old, and most have a personal history. The names Griswold and Wagner predominate. Not that I have all that many--four hanging behind the cook stove, for everyday use, and two much larger pans and two Dutch ovens nearby.

Caring for these is really not that hard. Water poured into them when cool (never when hot, this warps or cracks the pan) makes cleanup easy, assuming that the cookware has been properly seasoned. Seasoning is a simple task of cleaning, oiling, and placing in a 200-degree oven overnight.

The nightmare for any good keeper of cast-iron cookware is a well-meaning guest advancing with soap. Armed guards should be posted to protect seasoned cast-iron

cookware, although I admit that this might be slightly over the top.

+++++

"Supper" versus "dinner" is always an eyebrow-raiser. The uninitiated often mock this with an inappropriate and badly accented "suppa." This is an unintended insult to heritage and family tradition.

The morning meal is breakfast, as in break the night's fast. The mid-morning lunch-pail lunch for those who start work at 5 a.m. (or in much of rural America much earlier) is just that, a light lunch. The mid-day meal is dinner. The evening meal is supper, from "sup-hour."

When I go down to Manhattan to visit my sister Susan and my son Mike and extended family, I acquiesce and use "Go out for dinner," because the dinnertime tide is just too strong.

This column runs in a dozen or so weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Canada, and parts of northwestern Maine and the Northeast Kingdom of Vermont. E-mail to campguyhooligan@gmail.com, or P.O. Box 39, Colebrook, NH 03576.

REGARDLESS OF THE FORECAST IT'S TIME FOR THAT DUMPSTER!

SAVE WITH OUR DUMPSTER DEPOT BUCKS

Dumpster Depot Bucks limit 1 per client on rental or pick-up on any regular priced dumpster. Not valid on loading, concrete, or any specialty dumpster rental. Cannot be combined with other offers. Must present coupon at time of order. Expires 3/31/17

THE DUMPSTER DEPOT
Waste Recycling Services

TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

Start Fresh!

DUMPSTER RENTALS FROM **\$335**

BROCK'S
BUILDING MATERIALS & FLOOR COVERINGS

Family owned and operated since 1961, Brock's is one of the largest retail suppliers of quality building materials.

Get Inspired with our large outdoor **Deck Display**

Sale Ends 4/29/17

Trex Select®		
5/4" x 6" x 12'	Saddle or Pebble Grey Square Edge or Grooved	\$28.39
5/4" x 6" x 16'	Saddle or Pebble Grey Square Edge or Grooved	\$37.85
5/4" x 6" x 20'	Saddle or Pebble Grey Square Edge or Grooved	\$47.31

Trex Select® Railing
High Performance. Won't warp, rot or splinter. Never needs painting or staining. Installs easily and quickly with an external bracket system. Versatile white complements any decking or house color to create luxe outdoor living spaces. Contains a minimum of 40% recycled material. Backed by the Trex® 25-Year Limited Residential Warranty.

6'(67.5") x 36" Rail or Stair Rail Kit (WT636H) (WT636S)	\$104.60
8'(91.5") x 36" Rail or Stair Rail Kit (WT836H) (WT836S)	\$148.42
4" x 4" x 39" Post Sleeve (WT4439)	\$33.87
4" x 4" Pyramid or Flat Post Cap (WTPYCAP) (WTSOCCAP)	\$8.42
4" x 4" Post Skirt (WTSKIRT)	\$4.99

HITACHI

\$189⁰⁰

3-1/2" Framing Nailer
Round head. Selective actuation for either sequential or bump fire. (N930MEPR)

Makita

\$139⁰⁰

7-1/4" Magnesium Circular Saw
15 Amp. Includes a premium 7-1/4" carbide tipped framing blade. (S007MG)

SEYMOUR
QUALITY TOOLS SINCE 1872

\$14⁹⁹ Each

Long Handle Garden Tools
Green fiberglass handle. Choose from round point shovel, hoe or bowk rake. (6469281) (6469361) (6469329)

SEYMOUR
QUALITY TOOLS SINCE 1872

\$31⁹⁹

DuraLite Post Hole Digger
42" green fiberglass handles. (6472770)

298 NORTH MAIN ST,
ROCHESTER, NH 03867

Hours: Mon. - Fri. 6:30 am - 6:00 pm;
Sat. 7:00 am - 5:00 pm
www.brocksonline.com

ALL PRICES NET CASH & CARRY

17-0005 ENAP Copyright © 2017 Circulars Unlimited. All Rights Reserved. www.circulars.com

A focus on... **wellness**

Live Well with Diabetes

Have you just discovered you have diabetes or already know you have diabetes and want to learn more about it? During the *Live Well with Diabetes* program, you'll learn about diabetes and steps you can take toward better health by setting goals for a healthier you. Our diabetes self-management program includes classes about nutrition, medication as well as how to avoid and manage risks. Huggins Hospital's *Live Well with Diabetes* is accredited by the American Association of Diabetes Educators and is covered by most insurances. Daytime and evening sessions are available.

For more information, contact Certified Diabetes Educator and Registered Dietitian Jessamy Wood at 603.569.7549 or DiabetesEd@hugginshospital.org.

Healthy Living Group
Preventing Diabetes

If you have prediabetes, meaning your blood glucose (sugar) is higher than normal but not yet diabetes, Huggins Hospital offers *Healthy Living Group* - a National Diabetes Prevention Program proven to prevent or delay the onset of type 2 diabetes. The program is FREE and daytime and evening sessions are available. Contact us to see if the *Healthy Living Group* is right for you at 603.569.7549 or DiabetesEd@hugginshospital.org.

Huggins Hospital
a member of GraniteOne Health



To Your HEALTH

This is a special supplement to The Granite State News, Carroll County Independent and Baysider designed to illustrate what kind of medical advancements are available to residents of the area.

Staying in Your Own Home with Comfort, Safety and Confidence

Tim and Kathy* have been together since they were teenagers. Throughout their 60-plus year marriage, they have held their vows close to heart, including "in sickness and in health."

As Kathy's Parkinson's advanced, Tim's role as a caregiver became overwhelming. Tim's years in sales didn't prepare him for the nursing and caregiving duties he now performed on a daily

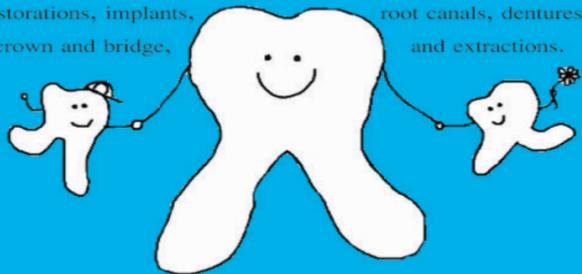
basis. Putting Kathy's needs first, while well-intended, was having a negative effect on his own health.

According to researchers at the

SEE HOME PAGE B4

We care for teeth of all ages!!

Providing comprehensive services including: cleanings, exams, restorations, implants, crown and bridge, root canals, dentures, and extractions.



Dr. Richard Neal
190 South Main St.
Wolfeboro, NH

569-4119
new patients welcome!
www.dr-richardneal.com

Home Care Matters ... More Than Ever

Most people prefer the comfort of their own home while recovering from an illness, injury, or managing chronic disease. Whether you need highly skilled nursing services or quality rehabilitative therapies, choose the caring professionals of your local home health agency.



Passionate People. Compassionate Care.

800-499-4171 or 603-356-7006 ♥ 1529 White Mtn Highway, North Conway, NH 03860 ♥ www.VNHCH.org

Licensed in New Hampshire and Maine - Medicare Certified Home Health Agency - Medicare Certified Hospice
As an independent non-profit agency, we gratefully accept your donations, memorial gifts and bequests.



A focus on... family

Wolfeboro Pediatrics is dedicated to keeping your family healthy. We are here for you when you need us, helping your children attain optimal physical, mental and social health. With us, you have access to same-day appointments when your child has a serious illness or injury, behavioral and mental health care with a Pediatric Mental Health Specialist, as well as physicals, asthma care and pediatric endocrine consultations. You also have 24/7 access to our on-call pediatricians. We hope to welcome you to our Huggins Family today!

Wolfeboro Pediatrics cares for your family members ages 0 - 21. Evening appointments are available. For more information or to schedule an appointment, please call 603.569.7620.

Wolfeboro Pediatrics
A Department of Huggins Hospital

Harley Heath, MD, FAAP
Michael Matos, MD, FAAP
Deborah Stone, MS, APRN, PNP-C, PMHCS



a member of GraniteOne Health

Visit our website: hugginshospital.org | 603.569.7500

What is a silent stroke?

The brain is a complex organ responsible for controlling many different bodily functions. When working at optimal capacity, the brain is a wonder to behold. When illness or trauma affects the brain, various parts of the body may not work as they should.

One of the more devastating things that can affect the brain is stroke.

Stroke describes a sudden stoppage of blood from reaching the brain. Harvard Medical School states that if a large number of brain cells are starved of blood supply, they can die. With their demise, a person's memory and ability to speak and move can be compromised.

While many strokes come on suddenly, cer-

tain factors may indicate a person is at risk. Such factors may include prior heart attacks, genetics, high blood pressure, smoking, or a prior stroke. However, in a particular type of stroke — a “silent stroke” — symptoms are far more subtle and difficult to spot.

Silent cerebral infarction, often referred to as “SCI” or “silent stroke,” is a brain injury likely caused by a blood clot interrupting blood flow to the brain, offers the American Stroke Association. Silent strokes increase risk for other strokes and can be a sign of progressive brain damage. A silent stroke is typically only noticed as a side component of an MRI of the brain. Many times patients do not recall having a stroke and never felt any symptoms. Silent strokes should not be mistaken for mini-strokes. Mini-stroke is a brief but discrete and memorable event, with symptoms appearing for a few minutes or a few hours.

According to a study on silent stroke titled “Functional and Cognitive Consequences of Silent Stroke Discovered Using Brain Magnetic Resonance Imaging in an Elderly Population” and published in the Journal of American Geriatrics Society, silent strokes are quite common and can have serious consequences. Researchers have found that silent stroke is associated with impairments in tests of cognitive function rather than movement-or-



Silent stroke may not exhibit any symptoms, making it more difficult to detect.

Did you know?

According to the Centers for Disease Control and Prevention, regular physical activity is one of the most important things older adults can do to promote their long-term health. The CDC recommends that men and women age 65 or older who are generally fit and have no limiting health conditions need at least two hours and 30 minutes of moderate-intensity aerobic activity, such as brisk walking, each week. In addition, such people should perform strength-training activities that work all major muscle groups at least two days per week. While many fit older men and women with no preexisting health conditions are capable of these activities, those able to push themselves a little further can opt for 75 minutes per week of vigorous-intensity aerobic activity, such as jogging or running, combined with the same strength-training regimen. A combination of moderate- and vigorous-intensity aerobic activity coupled with strength training may also provide adequate physical activity for aging men and women. Before beginning a new exercise regimen, men and women should consult with their physicians to discuss any limitations they may have and how to manage those risks while still being physically active.

ented performance tests like rising from a chair. Almost 50 percent of studied silent strokes affected frontal circuit components of the brain, such as the frontal cortex, basal ganglia and thalamus. Lesions in these brain structures compromised executive functions and were related to vascular dementia. Another study showed associations between silent stroke and visual field deficits, weakness in walking on heels, history of memory loss, migraines, and lower scores in cognitive function tests.

The “silent” part of a

silent stroke also refers to the areas of the brain that the stroke affects. Experts at Harvard Medical School explain that, during a silent stroke, an interruption in blood flow destroys areas of cells in a part of the brain that is “silent,” meaning that it doesn't control any vital functions. Researchers say that, over time, the damage from silent strokes can accumulate, leading to more and more problems with memory. Collectively, silent strokes become silent no longer.

There are certain ways to reduce the risk of any type of stroke.

These include:

- managing high blood pressure and high cholesterol levels
- quitting smoking
- reducing the risk of diabetes and effectively treat the condition if it is present
- losing weight to prevent obesity
- exercising and avoid a sedentary lifestyle
- taking a low-dose aspirin or a drug that prevents blood clots.

Silent strokes largely go unrecognized but can lead to significant brain injury. Getting the facts can help men and women reduce their risk for silent stroke.

Latest Cassidy Study on Stroke Risk Published

BY DC STAFF

The latest study to investigate whether a unique association between chiropractic manipulation and risk of cervical artery dissection/stroke exists has yielded similar encouraging findings, with the authors noting “no excess risk of carotid artery stroke after chiropractic care” and no sig-

nificant risk difference between patients receiving care from a DC or a primary care medical provider.

Moreover, as has been suggested previously, the authors state that the incidence of stroke in these instances is “likely due to patients with early dissection-related symptoms seeking care prior to developing

their strokes.”

The study by J. David Cassidy, DC, PhD, DrMedSc, Scott Haldeman, DC, MD, PhD, and colleagues¹ identified all carotid artery stroke cases admitted to hospitals in Ontario, Canada over a nine year period, with exposure to chiropractic vs. PCP services determined by review of billing records. Overall, 15,523 cases were compared to 62,092 control periods using exposure windows to 1, 3, 7 and 14 days prior to stroke onset.

Readers will recall that Drs. Cassidy and Haldeman both served on the Bone and Joint Decade 2000-2010 Task Force on Neck Pain and its Associated Disorders, whose research included the finding, as Dr. Haldeman stated in a 2008 DC article,² that “the risk of vertebral artery (VBA) stroke associated with a visit for a chiropractor's office appears to be no different from the risk of stroke following a visit to an MD's office. It is likely that patients in the early stages of VBA stroke are presenting to both chiropractors and family doctors because of the neck pain and headache due to pre-existing vertebral artery dissection, which is a risk factor for VBA stroke.

References

1. Cassidy JD, Boyle E, Cote P, et al. Risk of carotid stroke after chiropractic care: a population based case-crossover study. *J Stroke Cerebrovasc Dis*, 2016 NOV 21 (pub ahead of print.)
2. “Task Force Results Explained to Media, Health Care Professionals.” *Dynamic Chiropractic*, May 20, 2008

Silva

Family Dentistry



Dr. Shawn C. Silva, DMD, FCOI

Located at

16 Lehner St., Wolfeboro, NH
www.silvafamilydentistry.com

(603) 569-9250

Dr. Silva and his team offer comprehensive dental care including but not limited to: Implants, Smile Changes, Invisalign, Root Canal Therapy, Tooth Colored Fillings, 3D Imaging, Preventive Care and much more!

We accept most insurances and offer payment plans through Care Credit.

Jump Into Spring with a healthy mouth!

Simplybytouch.com
M-F 1-6pm • Sat 10am-3pm • Walk-ins Upon Availability

Melody Pitman
LMT, CNMT
Therapeutic Massage & Bodywork
651-6682

Vanessa Urquhart
REIKI Practitioner 998-4499

42 GLENDON STREET • WOLFEBORO

Are You Turning 65?
Medicare Supplement Plans Available

Call Paul Turner
at
Turner-Liberty
755-3511

email: pturner@libertyinsurancenh.com

**BE HEALTHY,
LIVE PAIN FREE...
SEE A
CHIROPRACTOR TODAY.**

**CHIROPRACTIC IS NOT JUST FOR BAD BACKS.
CHIROPRACTORS TREAT PATIENTS TO MAINTAIN
GOOD HEALTH WITHOUT THE USE OF DRUGS.**

**NO MATTER HOW YOUNG OR HOW OLD
SEE A CHIROPRACTOR TODAY**

THIS MESSAGE IS BROUGHT TO YOU BY
DR. DIANE GUERRIERE
WOLFEBORO CHIROPRACTIC OFFICE
84 BAY STREET • WOLFEBORO
569-8444

Simple ways to avoid injuries when working out

A desire to live a healthy, active life compels many people to include exercise in their daily routines. Numerous studies have shown that regular workouts that include a combination of strength training and cardiovascular exercise can make bodies less susceptible to injury while reducing a person's risk for conditions such as heart disease, stroke and diabetes.

Exercising is most effective when it's part of a daily routine, but that routine can be derailed if men and women are not taking the appropriate measures to avoid injury while working out. While even professional athletes succumb to injury from time to time, there are steps everyone can take to avoid injury when working out.

- Confirm your technique is the right one. Exercise science is continuously evolving, and that means workouts and fitness machines are evolving as well. When using a piece of equipment for the first time or altering a workout routine, men and women should consult with a gym employee or personal trainer to learn the correct technique. Incorrect technique can lead to minor and serious injuries because muscles are used in ways they are not intended to be used when exercises are performed properly. Research appropriate techniques, taking advantage of online video tutorials if you don't exercise at a gym, to en-



Five to 10 minutes of light aerobic exercise before working out can help men and women avoid injury.

sure the exercises you want to perform are done properly. When beginning a new routine, ask a friend or gym employee to observe your workout and let you know if you are doing anything incorrectly.

- Be patient. Lifting too much weight or pushing yourself too hard on the treadmill, exercise bike or elliptical machine will increase your

risk of injury. This is especially true for men and women working out for the first time or after

lengthy stretches of inactivity. Men and women who are elderly, inactive and/or overweight are likely to suffer from poor balance because their muscles are weak. Those muscles can be strengthened over time, but remain patient and stick to light weight during initial workouts so lack of balance does not lead to pain or injury. Take the same approach with aerobic exercise to prevent muscle strains and pulls. Increase weight and the intensity of cardiovascular exercises as muscles gradually strengthen and become accustomed to exercise.

- Allow for adequate time to warm up. Failure to warm up is another contributor to exercise-related injury. Before diving into a workout routine, spend between five and 10 minutes warming up your body with some low-intensity exercises. This increases blood flow to the muscles and makes them more elastic and pliable than cold mus-

cles, thereby improving flexibility. Some low-intensity cardiovascular exercise on the stationary bike or treadmill can greatly reduce injury risk during the workout.

- Vary workouts and exercise regularly. Varying workouts is a good idea because doing so can prevent repetitive-use injuries and prevent overuse of muscles. Repetitive-use injuries such as shin splints and tendinitis require extended rest to heal, and that can derail your routine and nullify your progress. Vary workouts so you are not always working the same muscles, and don't mistake varying workouts for varying workout schedules. Working out five days one week and one day the next increases your risk of injury.

Injuries sometimes happen when exercising. But veteran and novice fitness enthusiasts can employ a handful of simple strategies to greatly reduce their risk of injury while working out.



Home Instead
SENIOR CARE®
To us, it's personal.

SERVING NORTHERN NEW HAMPSHIRE
(Carroll, Belknap & Grafton Counties)
For dependable, warmhearted home care, give us a call today.
603-569-7733
Offering senior home care for every unique situation...

16 Depot Street • Wolfeboro • 603-569-7733



IN GOOD HANDS

(603) 217-2118 **CHIROPRACTIC, PLLC**

WALK-INS WELCOME
16 Elm Street Wolfeboro, NH
Ingoodhandsnh.com



It's about getting you back to what you

frisbiehospital.com/woundcare



This is a story about Sally. About her love for gardening, being outside with nature, and a withering ability to heal due to poor circulation and diabetes.

This is a story about healing and compassion, and the experts at Frisbie Memorial Hospital's Center for Wound Care who use advanced technologies to treat patients like Sally.

For Sally, it's about nurturing her garden and her health. For us, it's about getting you back to what you love.

Diagnosing the differences between PT and OT

The body is a complex organism that is the sum of all its parts. When a portion of the body is not working optimally, pain, lack of motion and a host of other concerns can arise. At some point in their lives, many people will visit therapists to restore functionality to a part of their body that was affected by injury.

Therapists come in various types, including physical therapists, or PTs, and occupational therapists, or OTs. Some may not understand what distinguishes a PT from an OT. Although physical therapy and occupational therapy are sometimes used interchangeably, they are actually two different, but

similar, disciplines.

According to St. Catherine University, PT involves treating the actual impairment, while OT helps the patient complete necessary tasks with the impairment. To break this down even further, consider the following scenario: An athlete stumbles on the field, injuring his knee in the process. While the injury does not require surgery, it is severe enough for bracing and requires that the athlete not apply pressure through walking. He visits a PT to help determine which kinds of assistive devices might remedy the situation as well as which exercises and stretches can work the knee safely

so that it remains limber while healing. The OT instructs the athlete on the proper way to use crutches, canes or a wheelchair while the knee remains immobile. The OT also can illustrate how to get in and out of the shower or walk up and down stairs with the adaptive devices.

While PT may be focused on treating the injury itself, OT is more likely to help the patient adapt to home and work environments to allow for a better quality of life and help the injured person maintain his or her independence. Some OTs will do on-site assessments and help with those modifications.

Despite their differ-

ences, PT and OT do overlap, and some therapists may work together to make sure there's a seamless integration of practices. Both PTs and OTs are involved in injury recovery or in assisting individuals with life-long disabilities enjoy the highest quality of life.

Both professions require meeting high education standards with knowledge of physical anatomy. According to the U.S. Bureau of Labor Statistics, some entry-level occupational and physical therapists hold master's degrees, but a vast majority of these positions require a doctoral degree in the respective field. However,



HOME

FROM PAGE B1

National Institutes of Health (NIH), a total of about 43 million U.S. adults provide unpaid care for someone with a serious health condition each year. These often-unsung heroes provide hours of assistance to others. "One important insight from our research is that because of the stress and time demands placed on caregivers, they are less likely to find time to address their own health problems" said Dr. Richard J. Hodes, director of NIH's National Institute on Aging.

Fortunately, there is help. "We see so many spouses and adult children, who take on the role of caregiver, experiencing high levels

of stress," said Sandy Ruka, Executive Director of Visiting Nurse Home Care and Hospice of Carroll County and Western Maine (VNHCH). "Everyone's needs are different," Ruka added. "We are here to help people remain in their own homes with comfort, safety and confidence whether they are recovering from an injury or surgery or to age in place."

VNHCH offers a wide variety of services to meet their clients' needs at many levels. Care is coordinated with the client's physicians, hospitals, and other area healthcare agencies to ensure the overall health plan is in harmony with the client's best interests. VNHCH's Skilled Services provide pro-

fessional care by Registered Nurses and Physical, Occupational and Speech Therapists. The Chronic Disease Management Team works with clients and their healthcare providers in creating a plan to help the client reach his/her own life goals. VNHCH offers a range of specialty care services such as wound care, ostomy care, behavioral health, and more. Licensed Nursing Assistants are available for help with daily living activities and personal care services and home health aides and homemakers to provide assistance with routine household tasks. For the end-of-life journey, VNHCH offers compassionate Hospice care to clients and their families with support

from physicians, nurses, spiritual caregivers, social workers, home health aides and specially trained volunteers.

VNHCH also offers a variety of programs, workshops and support groups. The Care for the Caregiver Support Group meets on Wednesdays to help people build healthy self-care into their own lives while caregiving for others. For more information on this and other services and programs, visit the website at VNHCH.org or call 603-356-7006 or 800-499-4171.

VNHCH is there for you as your healthcare partner. Passionate people. Compassionate care.

**Not real names. Profile is based on a range of clients.*

the schooling required can be worth it, as both fields are expected to grow considerably in the coming decades.

Physical therapists and occupational thera-

pists can help people feel better faster and help injury sufferers maintain their independence through an injury or disability.

Did you know?

Healthy kidneys perform a variety of functions in the human body, all of which combine to promote overall health. According to the National Kidney Foundation, every 30 minutes the kidneys filter all the blood in a person's body, removing any waste and excess fluid. Healthy kidneys also regulate the body's fluid levels while releasing a hormone that regulates blood pressure. That's an especially important function, as high blood pressure often has no symptoms but has been linked to a host of ailments, including heart attack and stroke. Healthy kidneys also release the hormone that directs production of red blood cells, which the University of Rochester Medical Center notes are responsible for carrying fresh oxygen throughout the body. Such functions become more difficult to perform if the kidneys are not operating at optimal capacity, which they cannot do when a person has kidney disease. Healthy kidneys also help to keep blood minerals in balance, and that balance can help a person maintain normal blood pressure.



Sugar Hill
Retirement Community

Beautiful. Vibrant. Friendly.

Ph: 603.569.8485 | www.sugarhillrc.com

High five

Brewster celebrates undefeated season and fifth national championship

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — As the regular season drew to a close, the Brewster boys' basketball team had a couple of close games that tested the team.

And when the finals in the National Prep Tournament championship game rolled around on Thursday, March 9, the Bobcats knew they could pull out a close game.

And as it turned out, they needed that, as they pulled out a 72-71 win over Northfield Mount Hermon in the national championship game, claiming the school's fifth national championship.

"The last month, we had five or six games where the last three minutes or so it was a one or two possession game," said coach Jason Smith, less than a week after his team returned from New Haven, Conn. with the national championship.

The National Prep Championship format has the semifinals and finals on the same day, meaning there was not a lot of chance for the Bobcats to make adjustments once they realized who they were playing in the finals. And Smith was not thrilled that Northfield Mount Hermon was the opponent.

"Northfield Mount Hermon is not who I



THE BREWSTER hoop team won its fifth national championship on March 16.

COURTESY PHOTO

wanted to play in the finals," Smith said. "We had just played them in the finals in the New England (NEPSAC).

"It's hard to beat a team three times how about four times," Smith said. "Northfield is very talented and very well-coached.

"And every time we played them, we put in a couple of new plays," Smith continued. "But we didn't have the luxury of getting to add stuff."

The Bobcats trailed by six points at halftime but the Bobcats pushed through and took the lead in the second half. Brewster's lead was up to nine with about three minutes to go, but Smith was not totally comfortable, since NMH is a good three-point shooting team, with guards who are heading to North Carolina and Davidson.

NMH hit a couple of three-pointers to cut into the lead but Brewster

held tight. Curtis Hayward hit a free throw with 12 seconds to go to make it a two-possession game and NMH hit a three-pointer at the buzzer to make it a one-point final score.

This year's team was also able to make a claim that no other team in Brewster history has made, as the Bobcats finished at 33-0, the first team in Brewster history to complete an undefeated season. The last team

to record a NEPSAC top division undefeated season was back in 1998.

"This league is so tough, everyone is so talented," Smith said of the NEPSAC competition. To that note, Brewster was one of three NEPSAC AAA teams in the national championship and NEPSAC's second division, AA, had a pair of teams in the tournament.

And while the Bobcats made their pitch to become the best Brewster team ever with the undefeated record, Smith said from the beginning, back in November when the season began and even before in preseason, the team had that as a goal in mind.

"Even in the preseason, it's something we set out a goal to do and be possibly the best team to come through the doors at Brewster," Smith said. "The goal was to be as good as the teams we've

had.

"They were completely motivated," Smith said, noting that there were numerous reports that the team was "not the most talented Brewster team, on paper."

"They were like 'why can't we be the best Brewster team?'" Smith said. "If you run the table, you do something no other Brewster team has accomplished."

And adding to the intrigue for the Bobcats was the fact that Brewster has three players out of the top seven or eight in Smith's rotation that will be back for another season. That included leading scorer Sydney Wilson Jr., starting center Lukas Kisunas and forward Nate Roberts.

"The only player we had returning this year was Semih (Say)," Smith said. "And in 2015, we lost everybody when we won the national championship."

And with three players coming back next year, Smith's recruiting job, which is never over, gets a bit easier.

However, as is normally the case, Smith went back to recruiting right after the national championship game.

"Recruiting is every day," Smith said, touting a saying he heard somewhere along the line comparing recruiting to shaving. "If you don't do it every day, you'll end up looking like a bum."

However, Smith isn't just recruiting for next season, but is looking further ahead as well.

"I'm recruiting not just for next year, but a couple kids for two years down the road," Smith said.

He noted that one of the top recruits in the class of 2017 is coming for a post-graduate year

SEE HOOPS, PAGE B7

Sports news sparks a trip down memory lane

A few weeks back in this space, I wrote about the top five things I've had the pleasure of doing while in this job. Of course this included the Olympics and some laps around New Hampshire Motor Speedway in the pace car.

However, there have also been numerous things that I've had a chance to do that had nothing to do with this job and one of those things kind of came to the forefront of my thinking this past week.

Longtime UNH hockey coach Dick Umile announced last week that he would be retiring after next season and that Mike Souza would be taking over as the new head coach. As it turns out, both of those gentlemen had a role in one of the highlights of my post-college (but still hanging around college) life.

While I was not terribly surprised that coach Umile is deciding to call it a career, I am saddened that he never was able to bring home a national championship for the UNH hockey team, though I guess he does have one more chance left to do that. He's been at it a long time and he has earned his retirement and I wish him nothing but the best.

However, the closest he's come to that national championship came

SPORTING CHANCE



By JOSHUA SPAULDING

in 1999, early April as I recall, when the Wildcats were in the Frozen Four in the hockey hotbed of Anaheim, Calif. I was there and it was one of the top non-work sports moments of my life, right up until the final moment when it all came crashing down.

I graduated from college in 1998 having played four years with the UNH Marching Band as well as in the pep band at most of the hockey games during that time. We had traveled with the team to Hockey East and NCAA tournaments around the Northeast, but for the most part, Worcester was about as far as we'd go during those days. I played more than my fair share of games in the TD Garden and the Worcester Centrum over the four years I was in school.

The fall after I graduated, I was working in Concord but also had a part time job at UNH in the dining hall where I worked as a student. One night before school started, I stopped by the band field where the marching band was having band camp and a few hours later, after meet-

ing the new director, I was signed up for a fifth year of marching band.

My schedule allowed it and I continued into the winter, doing pep band games on a regular basis and it became obvious that this was a special team. Led by Jason Krog and Darren Haydar, they were a force in Hockey East and around the country.

The new band director had gotten in good with the athletic department and was able to secure the band a trip to California to support the hockey team in the NCAA Frozen Four. Because this was in the early days of our good relationship with the athletic department, there were not a lot of seats. The director had to choose, based on instrumentation and attendance. Being as I played trumpet (one of the most needed instruments in any pep band) and had been to a lot of games, I was one of three trumpets chosen to make the trip. I talked to my bosses and got the time off for a quick trip to California, which was also my first time on an airplane.

We had a great time in Anaheim. We went to Disneyland and did some sightseeing, but we also had a couple hockey games to play at. UNH won the semifinal game and after a day off, we

were back at The Pond for the finals against Maine. We even got the chance to play the National Anthem on the ice before the championship game (and made Sportscenter in doing so). It was future coach Mike Souza who scored the goal that sent the game to overtime, but I will pretend that it ended in an overtime tie, though the Maine fans out there will surely know the rest of the story.

Anyway, as a UNH graduate and supporter, I wish coach Umile nothing but the best and I'll be cheering for coach Souza when his time comes, just as I was on that April day in 1999 from the upper deck in Anaheim.

Finally, have a great day John and Mandy Savage, who know a thing or two about that trip.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfboro Falls, NH 03896.



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
 Brendan Berube at (603) 279-4516, ext. 111
 with any questions regarding the submission process.



JOSHUA SPAULDING

VOLUNTEER Sarah Silk serves pancakes to a young patron of the Friends of Abenaki pancake breakfast on Saturday.



JOSHUA SPAULDING

THE NEW timing and storage shed at Abenaki Ski Area matches the new lodge. Work was done by Headwall Construction.

Residents enjoy pancakes to help out Abenaki Friends of Abenaki continues racing funds for ski area

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — The new Abenaki Ski Area lodge is completed, the snowmaking system is in place and the town-owned and operated ski area is thriving, on pace to set another record in skier visits this winter.

Yet the Friends of Abenaki have continued to work hard to make the ski area even better and on Saturday, March 4, residents turned out to enjoy some pancakes and support the Friends of Abenaki and the group's continued work.

The project that is currently under way is the construction and finishing of a storage and timing building next to the new lodge at the base of the ski area.

Thanks to Randy Fournier and Headwall

Construction, the building construction has been completed and the outside has been shingled so that it matches the new lodge. And while the inside is not complete, it got its first use as a timing shed during the annual Winter Carnival ski and snowboard races on Friday night.

Friends of Abenaki's Bill Swaffield praised Fournier and Headwall Construction for helping to make the building a reality.

"They donated a lot of time to work on it," Swaffield said. "They came in over the holidays and banged it out."

"It's fantastic, they really deserve a lot of kudos," Swaffield continued. He also noted that Peter Cole was instrumental in getting the pre-fab building from

Middleton Lumber.

"We're still working on finishing off the shed and we're raising funds for that," Swaffield said. "Hopefully we'll be completely finished this summer."

He noted that heating and electricity are the two main things needed in the building to make it complete.

Andre deBeer of the Abenaki Ski Team showed off the new building, noting that the team knows the value of what the building provides.

"It's an open building for now (one room), but we'll see what we need," deBeer said. He noted that drop down tables for waxing in the back of the building and under the windows for timing, would be something they are looking to complete.

The ski team has also



JOSHUA SPAULDING

PATRONS enjoy the Friends of Abenaki pancake breakfast on Saturday morning.

raised money for new gates and the slalom and giant slalom gates now have proper storage in the building.

He spoke specifically of young Drew Hunt, who donates portions of his maple syrup sales to the Abenaki Ski Team to help buy gates.

Additionally, each year the team is able to buy more safety netting, which deBeer points out is needed to line the course when the team races.

He also pointed out that the ski team is doing well, with 20 kids on the waiting list and a good group of coaches.

"And Headwall, they've done such a fan-

tastic job," deBeer said.

With the timing and storage building finishing up, Swaffield said the next project for Abenaki would likely be the groomer. The Friends of Abenaki purchased the groomer in 2005 and he notes that it's replacement time is nearing.

Swaffield said that capital reserve funds have been set up for the possible replacement of the groomer and that the Friends of Abenaki would be ready to help out as needed for the groomer replacement.

Additionally, Swaffield said he has the hope to possibly extend snowmaking to cover the Twister trail, to skier's

right of the main hill.

As volunteers cooked and served pancakes, bacon and sausage and cleaned up tables around the lodge, it was also pointed out that the ski season in Wolfeboro still has more than a month of life, if the figuring is correct.

"They said the hope to be open weekends through April 15," Swaffield said, noting that the base was groomed and set well, leaving good conditions for skiers and snowboarders at the town-owned ski area.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Business partnerships brewed to perfection.

Chris Swanson, Ashland Dunkin' Donuts franchise owner with John Swedberg, SVP, Commercial Loan Officer, Meredith Village Savings Bank.

As the independent franchise owner of the Dunkin' Donuts restaurant in Ashland, along with seven others throughout the region, Chris Swanson is passionate about providing guests with great service and high quality products... all with a local touch!

Chris knew that selecting a banking partner that shared his same customer and community commitment, would be key to his business success. So he turned to John Swedberg and Meredith Village Savings Bank and found the financial expertise and prompt, local decision-making that he was looking for.

Contact MVSB's experienced business bankers at 800.922.6872 or visit any of our local offices or mvsb.com.



HARRIS

family furniture

Triple Savings Sale!

1. Factory Authorized Savings on select frames and covers
2. An additional \$100 Savings on a Purchase over \$1099.00*
3. 12 Month Deferred Interest Financing*

For these additional savings coupons go to www.triplesavingsale.com.*

FLEXSTEEL HOME

FACTORY AUTHORIZED sale

Trinidad Sofa
has transitional styling, articulating headrests, fold down console with cupholders and USB ports, and a built in light with dimmer settings. **NOW \$1995**

Digby Sofa
Choice of colors in a heavy duty fabric or your choice of 6 colors in a Revolution Performance fabric at no extra charge. **NOW \$1099**

Dana Sofa
In your choice of 6 colors. 100% polyester fabric. Heavy duty wearability. **NOW \$1149**

Danville Sofa
A classic New England look for the smaller homes - in a new American print. **NOW \$1199**

Bay Bridge Sofa
A buttery soft nuvo leather and elegant nailhead trim. **NOW \$1449**

*Purchaser must present coupons only available at triplesavingsale.com either by printing them or by showing a screenshot to your sales person in the store. Some exclusions do apply, credit approval and other terms and conditions do apply.

CHICHESTER | LACONIA | PLYMOUTH
(603) 798-5607 | (603) 524-7447 | (603) 536-1422

www.harrisfamilyfurniture.com **SALE ENDS 3/26/17**

Your Home. Your Style.

Locals earn All-State hoop honors

BY JOSHUA SPAULDING
Sports Editor

REGION — After a stellar undefeated regular season that saw the Newfound girls' basketball team advance to the Division III semifinals, the Bears had a significant presence on the Division III All-State lists, which were released last week.

Leading the charge was sophomore Ashlee Dukette, who was named the Division III Player of the Year in addition to her First Team honors.

Joining her on the First Team was senior teammate Amanda Johnston, while Bear junior point guard Savanna Bony earned Honorable Mention.

Prospect Mountain also advanced to the Division III semifinals and junior Ali Brown earned Honorable Mention for her work for the Timber Wolves.

Joining Dukette and Johnston on the First Team were Monadnock's Julia Tindell and Lydia Randall, Conant's Megan Wheeler and Gifford's Stevie Orton.

Second Team honors went to Fall Mountain's Ella Stewart and Brooke Aumand, Conant's Daria Aho, Kearsarge's Megan Roy, Belmont's Julia Estremera and Berlin's Myra Arsenault.

Joining Brown and Bony with Honorable Mention for Division III are Devi Kraushaar and Madisyn Brayshaw of Kearsarge, Zoey Lupa of Fall Mountain, Mariah Chamberlain of Conant, Allyrose Stazetni and Haley Basiliere of Sanborn, Alexis Hurd and Kyrstin Kib-

bey of Newport, Brianna Watson of White Mountains, Abby Houston of Hopkinton, Cassandra Walker of Monadnock and Emily Theriault of Berlin.

Brian Troy of Conant was named the Division III Coach of the Year and Russ Pickering of Fall Mountain was named JV Coach of the Year.

A pair of Kingswood players were named Honorable Mention for Division II, with Patrick Meyers and Liz McLaughlin both finishing their careers with over 1,000 points and an All-State honor.

Division II First Team for boys were Lebanon's Ryan Milliken and Graham Chickering, Milford's Ryan Banuskevich, Coe-Brown's Sam Lupinacci, Pelham's Kyle Frank and Nick Fothergill of Hollis-Brookline.

Second Team went to Drew McQuarrie of John Stark, Shane Winnett of Milford, Matt Simco of Hollis-Brookline, Jacob Burpee of Manchester West, Bryce Johnson of Bishop Brady and Drew Siemering of Timberlane.

In addition to Meyers, Honorable Mention

for Division II went to Dominic Plourde and Carlos Dominguez of Manchester West, Benny Gantrish of Hanover, Scott Spenard and Brody Ashley of Coe-Brown, Cooper Gorski of John Stark, Joe Pantaleo of Pelham, Goffstown's Ryan Hall, Milford's Evan Ryan and Bishop Brady's Matt Quirk.

Milliken was named the Division II Player of the Year and Dan Murray of Milford was named Coach of the Year.

For Division II girls, First Team honors went to Libby Underwood of

Portsmouth, Lilly Shlimon of Pelham, Samantha Will of Bishop Brady, Cassandra Stapelfeld of Hollis-Brookline and Joslin Wainwright and Rebecca Wright of Lebanon.

Second Team honors went to Carly Huckins of Merrimack Valley, Abbe Laurence of Portsmouth, Riley Bennett of Bishop Brady, Mia Len of Souhegan and Madie McCorkle and Diana Schwarz of Hanover.

Joining McLaughlin with Honorable Mention were Danielle Sirois of Pelham, Emily Keefe of Manchester West,

Kaleigh Walsh of Windham, Sarah Doherty of Bishop Brady, MacKenzie Day of Hollis-Brookline, Kelly Walsh of Goffstown, Abby Grandmaison of Merrimack Valley, Ahna McCusker of Coe-Brown and Lea Crompton of Bow.

Underwood was named Division III Player of the Year and Tim Kehoe of Division II champion Lebanon was named the Coach of the Year.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

39 Knights honored as scholar-athletes

CONCORD — The New Hampshire Interscholastic Athletic Association and New Hampshire Athletic Directors Association held the annual NHIAA and NHA-DA Scholar Athlete Awards Ceremony on Monday, March 13, at The Capitol Center for the Arts in Concord.

NHIAA high school student-athletes were recognized throughout New Hampshire will be for achieving academic and athletic excellence. Award recipients are nominated each year by their school principals and athletic directors based on criteria that require the high school seniors to have a B+ grade point average, letter and be currently active in at least two varsity sports, participate in community service activities

and serve as role models to their peers. At the awards ceremony, each student athlete received an award certificate.

Kingswood seniors had the largest share of senior scholar-athletes in Division II with 39 kids receiving this distinguished award. The recipients from Kingswood Regional High School to receive the award were:

Alexa Barnard, Emma Bellefleur, Haley Bridgeman, Alyssa Cheney, Hannah Demain, Courtney Drew, Michelle Frady, Allison House, Mary Kretchmer, Mallory McCullough, Elizabeth McLaughlin, Kyleigh Moore, Aislinn Noble, Maddison Rabideau, Brooke Seigars, Jasper Shapiro, Emily Skelley, Abigail Trach, Lianne Zhuang, Samuel Allard, Shel-



JOSHUA SPAULDING

Ashlee Dukette was named the Division III Player of the Year.

don Billings, Mark Chrysfafidis, Drew Connelly, Jacob Dearborn, Brodie Deshaies, Owen Gwizdala, Cole

Johnston, Brennin Loring, Jake Merrill, Patrick Meyers, Lucas O'Brien, Cameron Place, Matt Ridings,

Tyler Runnals, Jack Saunders, Isaac Sheahan, William Treuel, Randy Willette and Ryan Willette.

Boosters wrap up winter sports season, turn toward spring

WOLFEBORO — The Kingswood Athletic Boosters Club met on Monday evening, March 13, in the KRHS lecture hall. This month's meeting wrapped up the winter sports season and starts off the spring season. With seven of 11 winter teams participating in postseason events, it certainly has been busy and thanks go out to the fans and supporters who all came out in full force to cheer on the Kingswood Knights. Congratulations to Nikki Cayon who made D2 second team all-state in girls' ice hockey, to the girls' Nordic ski team who won the NH D2 runner-up award, to Sarah Bellefleur who competed as a member of the elite NH all-state U16 team, to Sarah Peternel who finished third in free-

style and fifth in classical against the top 10 in New Hampshire at the NHIAA Meet of Champions, and to Liz McLaughlin and Pat Meyers for making the D2 All-State teams for

basketball. The Boosters especially want to congratulate all of the 39 scholar-athletes who were recognized at a NHIAA awards cere-

SEE BOOSTERS, PAGE B12

HOOPS

CONTINUED FROM PAGE B5

next season and Smith said that was a relationship that has been cultivated not only by his own work, but by former players who've talked up the program.

"I went to visit him last August and one of my former players was in the area and knew the kid and came along on the interview," Smith said. Former Bobcat Will Harris, who runs a gym in the Albany area, knew the kid from the gym and talked about his time at Brewster. And former Bobcat Mark Lyons knew the kid as well and reached out to him.

"They're the ones that do the recruiting," Smith said. "They tell me if he'll be a good fit in the Brewster community."

Smith has also developed relationships with parents at events long before their kids become targets of Brewster and continues to cultivate those relationships and when the kid is ready to choose his path, Brewster is in the discussion. He cited a kid who is a top 50 consensus player who's father he met three years earlier and kept in touch with as his kid moved through high school.

Smith also pointed out that not only is basketball important, but the kid needs to fit in the Brewster community and that's something that he looks at when recruiting.

And kids who transfer from other prep schools have shown that they have the ability to be

away from home and focus on basketball.

"We've had so many kids transfer here from other boarding schools," Smith said. "And the last 25 kids that have transferred to Brewster from other boarding schools, every single one has won 30 games or more."

"And since the fall of 2006, every kid who's been here for multiple years has won either a national championship or a NEPSAC championship," Smith said, noting championships make recruiting even easier.

"Kids like to win," Smith said.

Smith said that when he and assistant coach Josh Lee figured out that stat, he was surprised.

"Even as a coach, I didn't know that," the Bobcat coach noted. "You just stop and look at it and look at it."

And with five players currently on active rosters in the NBA and two

more on rosters in the NBA D-League, it's obvious that success follows many of the talented kids who have donned the Brewster uniform.

Smith said that former players Donovan Mitchell at Louisville and Devonte Graham at Kansas have been getting some pre-draft attention and should they declare they'd likely get selected. Additionally, alum Jonah Bolden, who played at UCLA but is now playing in China, is also receiving interest and could likely get drafted.

And with 16 players involved on teams competing in this year's NCAA tournament, there was still plenty of Brewster basketball to watch even after the undefeated season drew to a close.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Now Salmon Press offers:
MULTI-PAPER BUYS!

Get a special rate for ordering 2 or more web subscriptions on-line. (These packages are web-only and must be ordered on-line).

Special package pricing:

Any 2 papers: \$40 (reg. \$72) Any 5 papers: \$90 (reg. \$180)
Any 3 papers: \$60 (reg. \$108) Any 6 papers: \$100 (reg. \$216)
Any 4 papers: \$80 (reg. \$144) Any 7 papers: \$110 (reg. \$252)

Go to our website and click on Multi-Paper Buy
www.newhampshirelakesandmountains.com

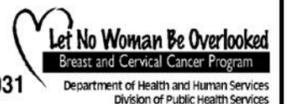
Are You Over 50?

FREE

Mammograms and Pap tests for eligible women.

Professional Screening Sites Statewide

Call today!
1-800-852-3345, ext. 4931



Dana's
COLLISION REPAIR & AUTO SALES

For Sale
265 NH RTE. 11, FARMINGTON, NH
(603) 335-2525



2002 Chevy S-10
\$4,499

V-6 147k, Auto. Will pass New Hampshire inspection.

Town-to-Town

Home of the *Jumbo Ad*,
reaching loyal readers of eleven weekly papers

CLASSIFIEDS

www.salmonpress.com

1-877-766-6891



Place your ad today!
Call toll free
or visit our website



Misc. For Sale

For sale: 2 double futons, 569-3156.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

Lost & Found

Found Ads
Are published Free of Charge.
30 words for 1 week.

Lost Ads
Are Charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.nhfrontpage.com
24/7

Thank-You

Our line ad classifieds are on our website!

www.nhfrontpage.com

is the place to check our weekly classifieds online!
More great coverage and information from the

Salmon Press
Town To Town
Classifieds!

Why place your ads anywhere else?
1-877-766-6891

Thank you for browsing
The Town To Town
Classifieds in the

East
Granite State News
Carroll County Independent
Baysider

Publication Rates (30 words)
\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call Our Main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.nhfrontpage.com

Deadline:
Monday 10:30 am

Fuel/Wood

Firewood for Sale: \$200 per cord green, deals on 3 or more cords. Also taking orders for grapple loads. Pelletier & Son Logging & Firewood. 603-569-4543.

Pets/Breeders



Clifford's Best Friend's Pet Grooming
Dog and Cat Salon
Tick treatments,
Nail trims, Teeth cleaning.
We Do All Breeds!
Satisfaction Guaranteed!!

Clifford's Adventure Walks
Boarding, Daycare and Daily exercise and adventure hikes like no one else; acres of trails; 2 playgrounds and large indoor playroom; weight loss program. No Leash training.

"A Tired Dog is a Happy Dog!"
Stop by for a visit or call!
603-569-6362

LOW COST SPAY/NEUTER
Dogs Conway clinic starting at \$100. Cats Mobile clinic NH&ME \$70-\$85. Rozzie May Animal Alliance www.RozzieMay.org 603-447-1373

Lost & Found Pet:

STILL MISSING!!
SHANE- Shetland Sheep Dog Lost in Laconia NH on August 27, 2016. 9 year old male, very shy. Prefers women. **Please do not chase!** Old or new leads welcomed! If sited in the area call 1-855-639-5678. Not from the area- he slipped his collar upon arriving.

General Help Wanted

Anthony's Old Style Pizzeria, hiring morning prep, mother's hours, good pay for right person, must be 18, apply in person only at 35 Center Street, Wolfeboro.

Blue Ridge Landscaping is seeking experienced Landscaping Crew Member. Quality design/installation and maintenance company located in the Lakes Region of NH is seeking crew members. We offer competitive starting compensation based on experience. Daily tasks include, but not limited to: Landscape maintenance: Spring/Fall clean ups, mowing, edging and mulching shrub beds, pruning ornamental trees and shrubs, basic garden maintenance and hand weeding. This is a full-time seasonal position. Must have valid driver's license. Please call 603-569-5549

Carroll County Landscape Inc. - Landscape installation and maintenance crew positions available-full time 9+ months seasonal with potential for year round. Clean driving record. Experience a plus but will train a desirable candidate that loves working outdoors. \$14-\$18 per hour with overtime and benefits. Carroll County Landscape is a full-service landscape company operating in the Lakes Region for over 30 years.

Gardening crew position-Seeking a hard working individual that loves working outdoors. Seasonal opportunity for someone that loves plants and the gratification that results from creating beautiful landscapes.

Please send resume to cclinc@metrocast.net or call 569-2013, Wolfeboro. carrollcountylandscape.com

Effingham: Personal Care Attendant is needed 7 days (2-4pm) for personal care and housekeeping. \$10.25. Must pass a criminal check. Call JoAnn at 603-892-4654 for info.

LAKES REGION PAVING seeks help for 2017 paving season, CDL drivers, experienced help, laborers. Please call Ben at 834-3778.

Landscape and lawn care company looking for crew foreman and technicians year-round, pay commensurate with experience, driver's license necessary. Come join a growing company—call Hale's at 569-6418.

MAINTENANCE HEAD-Lions Camp Pride seeks handyman for facility and property upkeep May through September. Knowledge of plumbing, water systems and electrical essential. Contact Ted at lionscamppride@yahoo.com

Position available for maintenance, mowing, fall cleans, plowing and sanding. Call 603-455-2921.

Professional Painters Needed. License and references required. Experienced only need to apply. Call 387-9760.

Sailing chef wanted for 53' yacht (sail) Penobscot Bay, ME for about 1 week per month from July - Oct. No sailing skills required. Penobscot is like big lake. Take charge of meal planning, provisioning, cooking, serving and clean up. Usually 4 - 6 total crew. Join the fun when not cooking!

Shamrock Landscaping, Inc. Local established landscape company looking for experienced landscape help. Accelerated starting pay and benefits. Experience a MUST! Please contact Bob at Shamrock Landscaping, 603-455-4366, or email resume to bob@shamrocknh.com.

Summer Employment for College Students!

Receptionist

•Two full-time positions available
•Monday through Saturday schedule
•Busy school office setting; multi-line phones
•Confidence and polished presentation required
•College students preferred
•Early June to Early August

Email Letter of Interest & Resume to:

Head of School
Wolfeboro: The Summer Boarding School
Wolfeboro, NH 03894

Email: school@wolfeboro.org

Cleaning

Tired of cleaning house, yourselves? Ready for me to dust your shelves? Quality House Cleaning. Openings Available. References. Text/Call Patty 603-315-8912

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200.
The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write
The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Apartments For Rent

Two-bedroom apartment, close to downtown Wolfeboro. Very clean and nice setting, \$900/month, heat included. Call Ben at 834-3778.

Comm. Space For Rent

Commercial real estate for rent, junction of Route 16 and 28, excellent visibility, high traffic count. Call Ben at 834-3778.

COMMERCIAL SPACE

PLYMOUTH Exit 25 off I-93. 3,750 - 30,000 square feet. Big garage doors, high ceiling, 480v. options. Well Insulated. Also 12'x34' heated garage docks. Call Don 844-478-6773 Ext.1

Office for Rent Opposite the Post Office, 500 sq ft, Newly Painted, New Rug, Entrance from main st and town docks. \$325/mo 603-651-9466

Office for Rent: Downtown Wolfeboro, opposite the Post Office, View of Cate Park, two rooms, 250 sq ft and 390 sq ft, total 640 sq ft, \$590/mo plus heat and utilities. 603-651-9466

Condo For Rent

LACONIA CONDO: 1-2 bedroom. Brand new carpet and paint. Indoor parking for one car. \$800 per month. 603-455-2014 Will go fast!

Houses For Rent

WOLFEBORO - 2 BR, 1 BA home, close to town. Available April 1st. No pets. No smoking. \$1,200/mo. plus util. Call Melanson Real Estate. 603-569-4488

WOLFEBORO: 3-bedroom furnished house, newer home in excellent condition, over 1 acre lot, close to town, great family neighborhood in Orchards subdivision. \$1,600 per month. 603-986-3130.

Mobile/Modular Homes

Open House Saturday and Sunday 4/1 & 4/2 Camelot Homes Rt 3, Tilton, NH exit 20 on RT 1-93 "Factory reps", "Bank reps" Homes from \$28,995 to \$99,000. Free 50" TV with every home sold. See our ad at WWW.CM-H.com.

Rooms For Rent

FEMALE - SHARE HOUSE \$650/MO; BDRM/BATH/W&D/KITCHEN 1.5 MI TO CTR OF WOLF REFERENCES; 1 MO IN ADVANCE EMAIL RESPONSE ONLY HCLOW11@COMCAST.NET

Automobiles

GIGUERE AUTO 2
315 Laconia Road, Tilton, NH
603-286-4800

2011 Dodge Journey
3rd Row, Loaded
\$9,995

2014 Jeep Wrangler Sport
6-Speed, Hard Top, V-6
\$21,995

2010 Jeep Wrangler
Unlimited, 4-Door, 4x4, Automatic
\$19,995

2000 Jeep Wrangler
Sport, 4.0L, 6 Cylinder, Hard Top
\$8,995

2010 Chrysler Town & Country
3rd Row Seating, DVD Entertainment
\$10,995

2003 Ford Ranger
Super Cab, 4-Door, 4x4, V-6, Auto, Edge Pkg.
\$8,995

2005 Toyota Tundra
SR5, Access Cab, 4.7L, 4x4, Loaded
\$13,995

2005 Nissan Frontier LT
Crew Cab, 4-Door, 4x4, 6 Cylinder
\$11,995

2006 Ford Ranger
Ex-Cab, 4x4, Automatic, V-6
\$9,995

2005 Chevy Colorado
3.5L, Automatic, 4x4, Loaded, 4-Door
\$11,995

2007 Dodge Dakota
Ex-Cab, 4-Door, Automatic, V-8, A/C
\$7,995

2008 Chevy 1500
Ex-Cab, 4x4, Loaded
\$17,995

2008 Ford F-150
Super Crew, 4-Door, 4x4, FX-4
\$15,995

2014 Chevy 1500
Double Cab, 4-Door, 4x4, Loaded
\$25,995

2013 Chevy 1500
4x4, Automatic
\$13,995

2011 Ford F-250
Super Cab, 4-Door, 4x4, Lariat, 2-Tone Running Boards
\$21,995

2006 Chevy 2500 HD
Ex-Cab, 4-Door, 4x4, V-8, Loaded
\$13,995

2006 Chevy Express 2500
Cargo Van, Automatic, AC
\$8,995

2006 Ford F-350
Dullay, 4x4, Dump, Automatic, Boss Plow
\$14,995

2008 Ford E-350
Cargo Van, V-8, Automatic
\$11,995



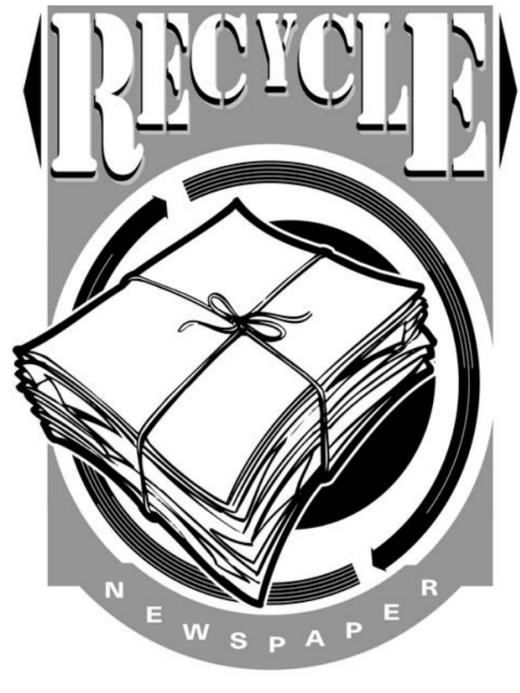
Don't Wait.
Communicate.
Make your emergency plan today.
Visit Ready.gov/communicate
Ad Council Ready FEMA

Ready To Say Goodbye To Your Old Car?



Put Some "Good" In the Goodbye!
Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction.*
Call 1-800-488-CARS

*Consult your tax advisor for details.
NKF National Kidney Foundation
www.kidneyhealth.org



TOWN•TO•TOWN CLASSIFIEDS

COLDWELL BANKER
RESIDENTIAL BROKERAGE

CENTER HARBOR
32 Whittier Hwy
603-253-4345
CenterHarbor.NH@NEMoves.com



Center Harbor \$1,900,000 #4351921
Unbelievable opportunity to own 67+/- acres with 550 ft. of frontage on Big Squam Lake. Two lots of record. Permits in place for six bedroom home and 50 foot dock! Western exposure with awesome sunsets!

Bob Williams 603-455-0275 / Danielle McIntosh 603-393-5938



Moultonboro \$1,749,900 #4514900
Crystal clear water, beautiful sandy beach, spectacular views with southwestern exposure, a U-shape dock with breakwater and a very private parcel!

Bob Williams 603-455-0275 / Kay Huston 603-387-3483



Meredith \$699,000 #4514900
MAJOR PRICE REDUCTION! A Federal Contemporary overlooking Lake Winnepesaukee; 5.17 acres of wooded area. Features a great room with 18 foot ceilings, In-law Suite with separate entrance. MUST SEE!

Bob Williams 603-455-0275 / Danielle McIntosh 603-393-5938



Alton, \$660,000 #4447492
Big views from this year round waterfront cottage on Lake Winnepesaukee with a walk-in sandy beach with privacy fence & U-shaped dock. 2 stories with 2 BR's plus den.

Ellen Mulligan 603-387-0369



Moultonboro, \$585,000 #4497856
This three bedroom, 2 bath home sits on a nice flat lot with a sandy beach and three docks. A single car garage has unfinished living space above.

Bill Richards 603-253-4345



Wolfeboro \$487,000 #4615435
Fabulous contemporary END unit overlooking Lake Winnepesaukee and the mountains. Updated kitchen, deeded dock, beach, tennis, garage, 3-bdrm, 3-fireplaces.

Kathryn Aiken 603-496-5989



Moultonboro \$438,900 #4616439
Lake Winnepesaukee waterfront, BEST BUY! In move-in ready condition, this lovely 1,768 sq colonial built in 2005 has 7 rooms total including 2 bedrooms, an office and 3 baths. 36' dock.

Pam Toczko 603-520-6443



Sandwich, \$249,900 #4607835
Gracious home in beautiful Sandwich reminiscent of days gone by but with modern amenities. View of Whiteface mountain from your big wrap porch.

Barbara Mylonas 603-344-8197



ONE STOP SHOPPING:

Real Estate, Mortgage, Title Services

When Placing Your Classified Ad:

Please give a full description of what you are selling & don't abbreviate your words.

Always remember to include an asking price for the item you're selling.

Place your ad early in the week (Tues. - Fri.). The Monday Morning 10:00 AM deadline is for the papers of that week.

Keep in mind we are a weekly publication and for best results you should run your ad more than once.

Read your ad carefully the first time it appears in the paper. If it contains any errors, or if you wish to make a change, call us immediately. Errors will only be credited after the first run date.



WHEN YOU see BULLYING, use THIS EMOJI TO do SOMETHING ABOUT it.



WitnessBullying.org

YOU DON'T WANT THEM RESPONDING TO YOUR TEXT.



STOP TEXTS STOP WRECKS.ORG



DISCOVER CLASSIFIED POTENTIAL

"Simply the Best" OVER 60 YEARS IN THE LAKES REGION



Wolfeboro: 15 Railroad Avenue • 569-3128
Center Harbor: Junction Rtes. 25 & 25B • 253-9360
Alton: 108 Main Street • 875-3128



Luxury REAL ESTATE



PRESTIGIOUS Winnepesaukee Waterfront Estate in Wolfeboro, 180° views, 4.5 private acres, 6 bedrooms, entertaining kitchen, great room, full mahogany covered deck, sandy beach, 2-slip covered docking and sunsets!

\$4,295,000 (4446155) Call 569-3128



OUTSTANDING Winnepesaukee property in East Alton! Charming 5 bedroom Cape with far-reaching sunset views, beautifully landscaped with decks, beach, gazebo and dock, elegant and gracious interior, outstanding in every way.

\$1,499,000 (4620595) Call 569-3128



WONDERFUL Winnepesaukee waterfront 3 bedroom, 2 bath seasonal cottage with detached garage and year round guest quarters, views, 4 bedroom septic, new L-shaped dock and shed and Moultonborough.

\$1,050,000 (4620507) Call 253-9360



CLASSIC Lake Winnepesaukee waterfront. Low maintenance 2BR, 3BA year round home and 1BR, 1BA seasonal guest cottage. A unique offering in the desirable town of Meredith!

\$819,000 (4620301) Call 253-9360

Island REAL ESTATE

Thank you to our islanders for another successful season! We are here year round, so please contact us at 603-569-3972, or stop by one of our three offices.

Featured PROPERTIES



MOULTONBOROUGH // Charming 3BR/2BA Cape with natural sunlight throughout on 2+ acres. Recent renovations make this home move-in ready. Large back deck. Nearby Lake Winnepesaukee water access.

\$299,900 (4620505) Call 253-9360



GILMANTON // 18+ acres with trails, pond & year round brook ~ a hunters paradise. Spacious and bright this home is loaded with charm and has several outbuildings and is very private.

\$265,000 (4619924) Call 875-3128



NEW DURHAM // Executive Ranch Style 2,160 SF waterfront home totally remodeled on 52 acres. Private concrete bridge crossing Jones Pond. Large living room with south facing views. 38'x16' front deck.

\$650,000 (4610658) Call 875-3128



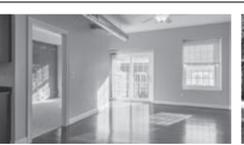
FARMINGTON // Spacious Colonial on 1.93 acres. Large bright living room with pellet stove, formal dining room, ample kitchen. Hardwood floors throughout. Master bedroom with bath. Large family room.

\$269,000 (4602759) Call 875-3128



MOULTONBOROUGH // Level wooded lot located in quaint village district in Commercial Zone "A". Driveway permit with installed culvert. Agent interest.

\$169,000 (4504096) Call 253-9360



LACONIA // Comfortable and spacious 2BR 1BA condo with charm and character. Cherry flooring, brick wall, balcony and exercise facility in secure building. Turn-key condition.

\$149,000 (4620988) Call 253-9360



ROCHESTER // Seasonal cabin in Baxter Lake Recreation Area Assn, a private gated campground on Baxter Lake. Grass lot, shed, golf cart. Deck, screened-in porch, shared use of beach and amenities.

\$67,500 (4513224) Call 875-3128

LAND and ACREAGE

MOULTONBOROUGH // 3 acre level wooded lot abuts Kona Wildlife Area - over 300 acres of forest & 3,000' of lakefront. Nature viewing, fishing, hiking & snowmobiling from your back door!

\$92,000 (4514242) Call 253-9360

MOULTONBOROUGH // Wow! Look at the new low price on this land! Located in a fantastic neighborhood in low tax Moultonborough. Expired 3BR septic design. Great location - check it out!!!

\$39,900 (4621049) Call 253-9360

BARNSTEAD // 3.2 acre building lot. Private rural location. Bordered by stone walls. Over 600' road frontage. Selective cut in 1995 for promotion of hardwood growth.

\$37,000 (4473256) Call 875-3128

NEW DURHAM // Nice 2.1 acre building lot just minutes from Route 11 and Merrymeeting Lake town beach and boat launch. Lot was perked and has an expired septic design. Broker is owner.

\$35,000 (4497574) Call 875-3128

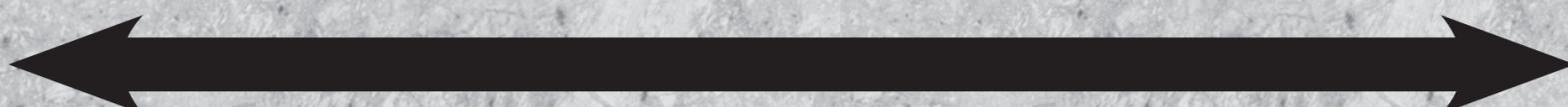
RENTALS

SEASONAL AND LONG-TERM RENTALS
Halle McAdam @ 253-9360
Jennifer Azzara @ 875-3128

or altonrentals@maxfieldrealestate.com
Quality homes in demand for busy rental market. Please call about our rental program.

www.Maxfield RealEstate.com • www.IslandRE.com

EMPLOYMENT ? RENTALS ? FIND THEM !



www.salmonpress.com

TOWN•TO•TOWN CLASSIFIEDS

wolfeboro bay Real Estate
 27 South Main Street • Wolfeboro, NH
603-569-0101
www.wolfeborobayrealestate.com

Buyers take notice! Great Price! \$895,000




Lake Winnepesaukee 4 bedroom home in Moultonborough! Located in a desirable and private location just minutes to the main road! Features expansive lake views and western exposure, deep water docking, state approved 4 br septic, crystal clear sandy bottom frontage, great swimming. Large lot with over 2 acres of privacy that includes extra land across the street for parking or future accessory building. Features 2 story barn/garage with large unfinished area above and additional RV storage bay w/electric.

Check out Wolfeboro Bay at: www.wolfecam.com

MODEL HOME OPEN
SUNDAY: NOON – 2 P.M.

\$129,995 or \$755.00 per month*

55+
 18x24 Garage
 Full Appliance Package
*Based on 18% down payment
 6% interest for 25 years



Mansfield Woods
 88 North, Rt. 132, New Hampton, N.H.
 Directions: I-93 Exit #23. Right for 1/2 mile, left at post office for 800'

Call Kevin
603-387-7463

EMPLOY CLASSIFIED FIRST

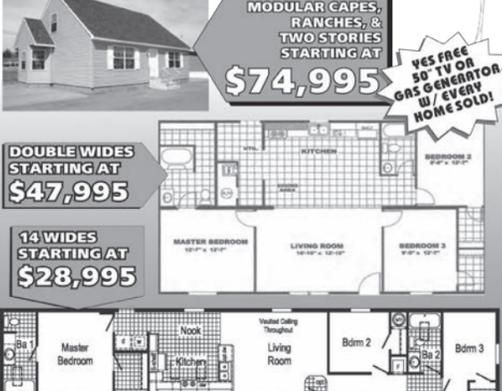
Camelot Home Center
OPEN HOUSE!
 SATURDAY & SUNDAY APRIL 1st & 2nd FROM 10AM-5PM!
LARGEST INVENTORY EVER!!

DOUBLE WIDES STARTING AT \$47,995

14 WIDES STARTING AT \$28,995

MODULAR CAPES, RANGES, & TWO STORIES STARTING AT \$74,995

YES FREE 50" TV OR GAS GENERATOR W/ EVERY HOME SOLD!



SODA, SNACKS & A RADIO STATION!

- TALK TO "FACTORY REPS" ABOUT CUSTOMIZING & DISCOUNTS
- TALK TO "BANK REPS" FOR LOW REBATES & INSTANT APPROVALS!
- FREE PARKING! • LOTS OF HOMES ON DISPLAY!

RT. 3, TILTON NH, EXIT 20 ON RT. I-93 ACROSS FROM LAKES REGION FACTORY MALL

ROCHE REALTY GROUP

MEREDITH OFFICE
 97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
 1921 Parade Road
(603) 528-0088



MLS# 4621930



MLS# 4621930



MLS# 4481604



SUBJECT 2.17 AC

Laconia: Located in the heart of Weirs Beach, NH with shared private Lake Winnepesaukee access. This 7 unit fully refurbished motel with managers quarters has a well established rental history. Currently known as the Lakeside Get Away, this large motel is truly one a kind with 7 efficiency apartments, five two bedrooms units, a one bedroom unit and a large four bedroom unit with lake views. Many of the units have been updated with fully operational kitchens featuring new appliances and tile floors, updated 3/4 baths and hardwood floors in the bedrooms and living rooms. Lakeside Get-Away has deeded, reserved parking for guests and managers and less than 100' to the shared private sandy beach. **\$459,000 MLS# 4621930**

Meredith: Beautiful 2,465 sqft. building perfect as a residence or a commercial property. Charming hardwood floors, fireplace, exposed beams and lake views. Located on a 1.62 acre lot, just up the road from Lake Winnepesaukee. Near many other Lakes Region amenities! Just Reduced!
\$259,900 MLS# 4481604

Moultonborough: Gorgeous level 2 acre+ lot with a range way to Lake Winnepesaukee. Open field and nicely treed for a private building site. Prestigious Kona Mansion area. Low tax town of Moultonborough. Stores, banks, post office, the Old Country store and the Castle in the clouds ten minutes away.
\$74,500 MLS# 4490668

VISIT US ONLINE! WWW.ROCHEREALTY.COM

Call our toll-free number
1-877-766-6891

and have your help wanted ad in 11 papers next week!

GIVE THE GIFT OF NEWS



Berlin Reporter
 Meredith News
 Littleton Courier
 Record Enterprise
 Coös County Democrat
 Granite State News
 Carroll County Independent

SUBSCRIBE TODAY!

Call 877-766-6891 or go online to activate your Subscription
www.SalmonPress.com




Place Your Classified Line Ads

ONLINE!

24-Hours A Day • 7-Days A Week

www.salmonpress.com



TOWN•TO•TOWN CLASSIFIEDS

AUG 2011



What did the day before Hurricane Irene look like? Any other day.

Prepare for tomorrow. Ready.gov/today



WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT 2017-2018 School Year

Director of Buildings and Grounds

The WMRS is comprised of 3 elementary/middle schools and one high school serving the towns of Carroll, Dalton, Jefferson, Lancaster, and Whitefield. This is a District-level, administrative position.

The Director shall have extensive experience in planning and supervising operations and maintenance functions including mechanical systems, exterior operations, compliance with all regulations and codes, custodial operations, and energy management. In addition the successful candidate shall demonstrate experience in creating, implementing, and maintaining a rotating capital improvement plan, a facilities plan, crafting bid specifications, and an annual district-wide maintenance budget.

The Director must possess effective presentation, and oral and written communication skills. He/she is expected to represent the District for building projects and must make presentations to the school board at public meetings.

Proficiency in computer skills including Excel, Word, Google Apps, and be able to access and maintain mechanical operational controls from home and work.

In order to accomplish these tasks, the Director of Buildings and Grounds must work closely with the school staff and with the building and central office administrators. He/she must demonstrate strong leadership and team development skills. The Director is a member of the School Board Facilities committee. Must be flexible with hours and days worked according to the immediate facilities needs.

**All applicants must apply on Schoolspring.com
Paper applications will not be accepted.**

For further information, contact:
Roxanne Hartlen, Adm. Assistant to the Superintendent of Schools
White Mountains Regional School District
SAU #36
14 King Square
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: rhartlen@sau36.org

WANTED

EXPERIENCED SALESPERSON

for busy, growing truck dealership!

Aggressive pay schedule and great opportunity for self motivated individual!

Must be reliable, able to work independently and have valid driver's license.

Please email resumé to Jeff :
lakesregiontrucks@yahoo.com

BUSINESS OPPORTUNITY

GILFORD BEACH CONCESSION STAND

The Gilford Parks and Recreation Commission seeks an interested party to lease and operate the concession stand at the Gilford Town Beach for the 2017 summer season. The season runs from approximately Memorial Day through Labor Day. The objective of the Commission is to assure the public quality food service at reasonable rates.

Interested parties must be able to provide proof of insurance and state license to sell food. For more information, please contact the Parks and Recreation Department at 527-4722.

GOODHUE & HAWKINS NAVY YARD

244 SEWALL ROAD
PO BOX 853
T=(603) 569-2371
F=(603) 569-3728
steve@goodhueandhawkins.com
www.goodhueandhawkins.com

MARINE MECHANIC
GOODHUE & HAWKINS NAVY YARD

large growing and respected Marina on Lake Winnepesaukee is looking for a certified marine Mechanic who can diagnose and repair simple and complex marine issues, and perform routine maintenance tasks on our upscale customer boats. The successful candidate will be able to use state of the art computer diagnostic equipment, have his or her own mechanic tools, be certified in Volvo Penta marine engines and drives (We will train Mercruiser certified techs, be able to work on Volvo Penta engines an drives, have a high school diploma or equivalent , and be able to drive a stem drive, inboard and outboard boat. Our company offers competitive salary in the \$22.00-\$28.00 range depending on experience : salary benefits including paid health care and dental, paid time off, health savings account , and 401K plan We have modern clean shop, with lots of space as well on the water facilities. The successful candidate will be able to work with other mechanics, various related marine staff members and report to the Service Manager and General Manager. Apply by phone at 603 569-2371 or by email- steve@goodhueand hawkins.com Resume a plus

Gilford Fire-Rescue

Firefighter/EMT

Gilford Fire-Rescue seeks 2 highly motivated FF/AEMTs (preferred) to become part of our team and assist us in delivering high quality fire and EMS services in our community. 12 hour day, 2 on, 2 off base schedule. Start in June. AS in Fire/EMS-related field; NR AEMT; CDL-B w/ tank; must meet all NH full time firefighter reqs, including FF2, CPAT. Starting at \$17.00 to \$18.50 DOQ. Send inquiries, cover letter, application, and resume to Chief Stephen Carrier (scarrier@gilfordnh.org), 39 Cherry Valley Road, Gilford, NH 03249. Accepted through April 3, 9AM.

www.salmonpress.com

This is how you say it's going to be okay.

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it. Donate today at redcross.org

American Red Cross

If your kids are a size...

small

medium

large

then they need flu vaccines.

Flu protection is recommended in sizes 6 months through 18 years.

The flu can be a serious disease for children of all ages, causing them to miss school, activities, or even be hospitalized. CDC, doctors, and other health care professionals recommend flu vaccinations for everyone 6 months and older.

For more information, visit <http://www.cdc.gov/flu>

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



Produce all, or a portion of your electricity with a Solar Photovoltaic System at your home or business!



Cost and Payback for Eversource Customers

Total cost = \$3.00/WATT

6,000 Watt Array	
SolarWorld or Suniva (USA made panels)	\$ 18,000
Federal Tax Credit	-\$5,400
State rebate	-\$2,500
NET COST	\$9,680
Value from Energy (KWH) Saved & REC**s/YR	\$1,600
PAYBACK	6.3 Years
Return on Investment	16%

* All site conditions are different which could affect the cost, production and payback.
 ** REC = Renewable Energy Credits - Visit Our Website for More Info

Eversource's net metering will be changing sometime this year and will be less beneficial- sign up now and enjoy the savings!

Buy Solar locally, from a family owned and operated business since 1991!



Kim Frase - NH Lic #4146
 789 Whittier Highway | South Tamworth, NH
 284-6618 | c: 387-0873
 kim@fraseelectric.com

For More Information www.fraseelectric.com
 284-6618 •

BOOSTERS

CONTINUED FROM PAGE B7

mony in Concord on March 13. It is an honor to note that Kingswood had the highest number of scholar athletes in Division II. Much of the things that the boosters do to help support KRHS athletes could not be done without the help of sponsors. Big thanks go out to the spring

sports t-shirt sponsors, Green Mountain Furniture, Huck's Hoagies, Lapolla Excavation, Carroll County Oil and Propane, Dow Realty Group and the Peternel family. Let's not forget our Athlete of the Week t-shirt sponsors, thank you Lovering Tree Care, White Mountain Oil and Propane, and Doran Independent Insurance. All spring sports

athletes will receive a "Protect the Relm" t-shirt, which is designed by the Student Athletic Leadership Team (SALT). As a final reminder, all varsity sport senior athletes are eligible to apply for one of the three \$1,000 scholarships. Check for instructions on Naviance and get your applications post-marked before April 21. The Boosters would also like to wish all the spring athletes the best of luck at their upcoming tryouts. We look forward to seeing what great things this season will bring. If anyone is interested in helping to support the Kingswood Knights, please attend the next meeting on Monday, April 10, at 6 p.m.

Zoë & Co.

Professional Bra Fitters

Put 'em Up!

92 North Main St.
 Concord, NH 03301
 603.224.2727



Sales + Service

Sewing Machines Vacuums Cleaners

EXPERT REPAIRS
 DONE ON SITE

1000's of Parts in Stock
 Same Day Service Available



"Quality Products and Service Since 1935"
 100 Chestnut Hill Rd., Rochester, NH
 603-332-5572 800-439-3395
www.augerandsons.com



GIGUERE AUTO.NET

968 Laconia Road, Tilton, NH (Winnisquam village next to Pirate's Cove) ~ 524-4200 ~ www.giguereauto.net

Spring into SAVINGS!

AT GIGUERE & GIGUERE II

2011 Dodge Journey 3rd Row, Loaded \$9,995 AWD	2014 Jeep Wrangler Sport 6-Speed, Hard Top, V-6 \$21,995 Only 52k	2010 Jeep Wrangler Unlimited, 4-Door, 4x4, Automatic \$19,995 Hard Top	2000 Jeep Wrangler Sport, 4.0L, 6-Cylinder, Hard Top \$8,995 Go Topless	2010 Chrysler Town & Country 3rd Row Seating, DVD Entertainment \$10,995 Navigation
2003 Ford Ranger Super Cab, 4-Door, 4x4, V-6, Auto, Edge Pkg. \$8,995 Flareside	2009 Toyota Tacoma Access Cab, 4-Door, 4x4, 5-Speed \$15,995 4-Cylinder	2005 Toyota Tundra SR5, Access Cab, 4.7L, 4x4, Loaded \$13,995 4-Door	2001 Dodge Dakota Ex-Cab, 4x4, Automatic \$5,995 V-8	2009 Ford Ranger Super Cab, 4x4, Automatic \$12,995 FX-4
2005 Nissan Frontier LT Crew Cab, 4-Door, 4x4, 6-Cylinder \$11,995 Automatic	2007 Dodge Dakota Crew Cab, 4-Door, 4x4, V-6, Leather Interior \$11,995 Moonroof	2006 Ford Ranger Ex-Cab, 4x4, Automatic, V-6 \$9,995 Meyer Plow	2010 Dodge Dakota Ex-cab, V-6, Automatic, 4x4 \$11,995 Low Miles	2014 Toyota Tacoma Access cab, 4-cyl, 5-speed, 73k \$20,995 Lift Kit
2005 GMC 1500 Reg. Cab, 2-71, Automatic, V-8, Loaded \$9,995 Short Box	2008 Chevy 1500 Ex-Cab, 4x4, Loaded \$17,995 Only 61k	2008 Ford F-150 Super Crew, 4-Door 4x4, FX-4 \$15,995 Leather Interior	2014 Chevy 1500 Double Cab, 4-Door, 4x4, Loaded \$25,995 Black Beauty	2009 Chevy 1500 4-Door, 4x4, V-8, Loaded \$17,995 Only 79k
2013 Chevy 1500 4x4, Automatic \$13,995 8-Ft. Bed	2012 Ford F-150 Super Crew, 4-Door, 4x4, Loaded \$19,995 Chrome Wheels	2007 Ford F-150 Super Crew, 4-Door, 4x4, Loaded, Leather \$16,995 FX-4	2012 Ford F-150 Super Cab, 4-Door, 4x4, Loaded, Leather \$20,995 5.0L V-8	2004 Chevy 1500 Ex-Cab, 4-Door, 4x4, 5.3L, V-8 \$11,995 Low Miles
2011 Ford F-250 Super Cab, 4-Door, 4x4, Lariat, 2-Tone Running Boards \$21,995 Leather	2007 Ford F-250 Super Cab, 35-Inch Tires, Only 85k \$19,995 Powerstroke Diesel	2014 Dodge Ram 2500 Heavy Duty, Reg. Cab, Loaded, 8-Ft. Bed \$17,995 6.4L HEMI	2010 GMC 2500 HD Ex-Cab, 4-Door, 4x4, Fisher Plow \$23,995 Only 40k	2006 Chevy 2500HD Ex-Cab, 4-Door, 4x4, V-8, Loaded \$13,995 8-Ft. Bed
2006 Chevy Express 2500 Cargo Van, Automatic, AC \$8,995 3/4 Ton	2006 Ford F-350 Dually, 4x4, Dump, Automatic, Boss Plow \$14,995 Powerstroke Diesel	2013 Ford Cargo Van V-8, Automatic, Loaded \$12,995 All Power Options	2008 Ford F-350 Crew cab, Lariat, 4x4, Leather \$22,995 Stainless Steel V-Blade	2008 Ford E-350 Cargo Van, V-8, Automatic \$11,995 1-Ton
2006 Ford F-350 Super Cab, 4-Door, 4x4, Dually, Knaphaide Utility Body, Stainless Steel Blade \$12,995 Powerstroke Diesel	2009 Ford F-350 Reg. Cab, 8-Ft. Bed, 4x4, Loaded, Fisher Plow \$21,995 Powerstroke Diesel	2008 Ford F-350 Super Cab, 4x4, Dually, Loaded \$16,995 Powerstroke Diesel	2004 Ford F-250 Super Crew, 4-Door, 4x4, Lariat, Leather, Curtis Plow \$17,995 Powerstroke Diesel	2005 Ford F-350 Super Cab, Ex-Cab, Diesel, 4x4 \$10,995 Curtis Plow

GIGUERE AUTO2.NET • 315 Laconia Rd. Tilton

Not responsible for typographical errors.