THURSDAY, OCTOBER 22, 2020

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

Hanging up the clippers

JERI BLAIR BRINGS ALMOST FIVE DECADES OF CUTTING HAIR TO A CLOSE

BY JOSHUA SPAULDING

Sports Editor

ALTON — With masks on, a group of men gathered in the Alton Barber Shop on a recent Friday afternoon, swapping stories, many of which aren't suitable for publication.

The men were there to bid adieu to the man that has been cutting their hair, in some cases for close to five decades.

Jeri Blair opened his barber shop in Laconia in 1964 and 10 years later moved to Alton, where he has been set up on Main Street ever since.

"It's been a great ride," Blair said as he sat among the men who he calls friends and clients. "I've enjoyed it very much."

Blair officially turned over the business to Andrew Levasseur, who has been his business partner for the past eight years. Levasseur started working afternoons and when Blair started going to Florida in the winter, he kept the shop open from December to May and has been working full-time since Decem-



JERI BLAIR (left) is handing over The Alton Barber Shop to Andrew Levasseur after close to five decades of cutting hair in Alton.

ber.

Blair, who also has earned acclaim as a local coach in both Belmont and Alton, said he always opened the shop early so that he could coach in the afternoons.

"I've had so many great memories," Blair

A number of those memories involve Rocky Corson, who used to live above the barber shop and came in every day for 10 years and some days, he would even be waiting when Blair showed up in the morn-

ing to open the shop. The shop was always

first-come, first-serve, with no appointments taken. Former New Hampshire International Speedway owner Bob Bahre, who lived in Alton, was one of the people who tried to make an appointment, but as Blair said, "it wouldn't be fair."

One favorite memory was when a group of three different World War II veterans came into the shop together and were sharing stories

Blair also recalls with a laugh the morning when he was living in Belmont and it was snowing like crazy but

Timber Wolves cruise past 'Toppers

he still wanted to open the shop. It had snowed all day on Friday and Saturday, he got up early and made his way slowly across Route 140 to the shop and shoveled his way into the shop. He turned the lights on and was patiently waiting in the shop when the police pulled up and came in to check on him. As it turned out, it was an hour earlier than he thought it was and it wasn't even three in the morning.

FREE

Levasseur, who will be taking over the barber shop on a full-time basis said that he plans to keep everything the same, though 2020 has taken away a lot of what makes the barber shop what it is.

"I miss the whole social thing, it's just not the same anymore," Levasseur said. "Guys like this make this shop."

With the current pandemic situation, appointments are necessary, and he can be contacted on Facebook at The Alton Barber or by text or phone call at 998-3627 for

SEE BLAIR. PAGE A9

New Durham hopes to give youngsters a Halloween to remember

BY CATHY ALLYN Contributing Writer

NEW DURHAM – Town departments and committees are partnering to bring community youngsters a Halloween they will never forget.

It's been a year of disappointments for many young people, with cancellations of milestones ranging from graduations to T-ball games, but New Durham is ensuring that All Hallow's

Eve will be celebrated with a bang. "Everybody enjoyed it last year," Parks and Recreation Director Celeste Chasse said, speaking of the Haunted Trails held at the 1772 Meetinghouse on Old Bay Road.

"A lot of people got scared and they thought that was just the greatest. They told me it was scarier than they had expected. It was very successful, so this year I want to make it even bigger and better."

Looks like that wish is coming true. The Halloween event will take place on two evenings instead of just one, Friday, October 30 and Saturday, October 31 from 6 - 8 p.m.

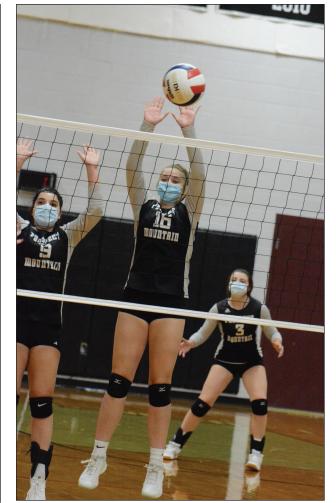
And it will include the New Durham Public Library's staff and volunteers as "The Library League," providing the youngest or more faint-hearted residents with the chance to follow the yellow brick road and meet up with the characters from "The Wizard of Oz."

After the Oz section, all of the lions, tigers, and bears can decide if they want to continue on to the Haunted Trails for a scary experience or go through the SEE HALLOWEEN, PAGE A9 keep the ball in play," said Prospect coach Scott Hutchins, whose team lost 3-1 to Coe-Brown the

Prospect got out to

Leavitt getting a big hit but Somersworth came back and took the 3-2 lead. Another Leavitt hit tied the match at three before the 'Toppers came back and scored the next two points to go up 5-3. Sophia Bean had a hit and then Leavitt had an ace to tie the match at five. Prospect couldn't pull away, though Sophie Sarno had a service ace and Bean and Ella Misiaszek both had hits to tie the match.

Leavitt came through with seven big hits across the next 13 points,



SOPHIE SARNO (left) and Sophia Bean go up for a block at the net in action last week against Somersworth.

JOSHUA SPAULDING ALLIE STOCKMAN reaches for the ball during her team's win over Somersworth last week.

BY JOSHUA SPAULDING Sports Editor

ALTON — The Prospect Mountain volleyball team took care of business against Somer-

sworth on Wednesday, Oct. 14, picking up the 3-0 win over the 'Toppers, the second win against the squad in the last week. "They're solid, they

previous night.

a 2-0 lead with Julia

with Prospect surging out to a 21-10 lead. The visitors tried to close the gap, getting it to 22-12 but Jiana Kenerson came through with a hit to get Prospect back erson. on the board. The Timber Wolves were able to close out the 25-14 win

The second set saw the visitors get out to a 3-1 lead but a hit from Misiaszek and then four aces from Leavitt sparked a strong run for the Timber Wolves that propelled them out to a 9-3 lead, with Sarno also

for the 1-0 lead.

chipping in with a kill. The 'Toppers closed the gap to 10-7 but Prospect opened it up again with three points in a row, keyed by a kill from Ken-

Prospect opened the lead up a bit more, with Kenerson and Leavitt each getting kills to push the lead to 19-9. Somersworth came back with three points in a row to cut the lead to 19-12 but Prospect got a hit from Bean, another from Sarno and two aces from SEE VOLLEYBALL, PAGE A9





Check out a Bibliobox from Oscar Foss **Memorial Library!**

Oscar's Bibliobox is a themed goodie box, complete with a library book to borrow based on each month's theme. Everything else in the box is yours to keep! We will be curating boxes six times a year (every other month) for teens and adults. This month, we have 12 Halloween boxes up for grabs! To subscribe and schedule a pickup, contact the library at 269-3900.

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ABA to host annual Harvest Happenings

ALTON — The Alton Business Association is happy to host the Second Annual "Harvest Happenings" on Oct. 24 from 3 -7 p.m. in downtown Alton! The ABA has partnered with area businesses, organizations, and individuals to organize and plan a free family-friendly for our community. We are a non-profit organization committed to keeping our community and business thriving! While keeping with safety guidelines, this event will be set up to promote social distancing and sanitization stations will be on site.

Event Highlights In-

FOOD TRUCK VEN-**DORS**

Baked, Brewed & Organically Moo'ed

EVENTS & ACTIVI-TIES

Scavenger Hunt hosted at Joyful Footsteps Preschool

Pumpkin Carving Contest (on display at Town Hall) hosted by Catchpenny

Guess the Weight of the ABA "Great Pumpkin" (vote online and day of the event)

Fall Business Decorating Contest -hosted by the ABA (on-going virtual event)

Fall Décor Tour hosted by Inspiration for Organization (on-going virtual event)

Spin to Win/Raffle sponsored by Buonopane & Son Construction

Lollipop Ghost Hunt by Terra Appraisal Ser-

Coloring Contest, stop by the police department to pick up your festive shaped crayons/coloring sheet and return to Alton Police Department or ACS by Oct. 30.

Movie in the Park by Alton Excavation & Tri-**Town Democrats**

Kids Craftssored by Lora Piatti/Cohen Closing & Title, LLC

Witch Hat Ring Toss & Kid Games -sponsored by Jen Azarra/Maxfield Realty

Free Popcorn & Kid Games -sponsored by Re/Max By the Lake

Music, Raffles & More hosted at the ABA Main Event Table (in front of Town Hall)

FESTIVE DISPLAYS The "Great Pumpkin" -sponsored by the ABA (on display at 5 Monument Square)

Haunted Town Hall Bench sponsored by George Murphy LLC (great photo op station)

B&M Park Railroad Station (exterior porch displays) sponsored by the ABA

Scarecrow Spree Display -sponsored by Town of Alton Parks & Rec (on display throughout town)

huge THANK YOU to ABA Board of Directors, Sunflower Gardens, Aubuchon and Alton True Value & Country Supply for donating plants, corn stalks, and time to help set up our town giant pumpkin. And huge props to Alton resident, Stephen Ellis for growing the giant pumpkin! For more information or if you're interested in being a volunteer or sponsor for this event, please visit our Facebook event page @altonbusinessassociation. www.altonbusinessassociation. com or email us at info@ altonbusinessassocia-

tion.com.

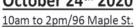
Prospect hosting Trick or Treat Night

ALTON — Come on down to a socially distant trick or treat night at Prospect Mountain High School! Taking place rain or shine from 4 - 7 p.m. On Thursday Oct. 29, the National Honor Society will be hosting the annual Trick-or-Treat night. This year's festivities will take place outdoors in front of the main entrance of the high school, and will include candy, games, and more!! Parking will be in the spaces in front of the track. All Alton & Barnstead residents are invited to this free event! Masks and social distancing are required.

OUTDOOR HOLIDAY CRAFT FAIR!



October 24th 2020



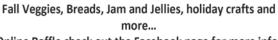


Online Raffle check out the Facebook page for more info! www.barnsteadfarmersmarket.club

We are a *family friendly market*, check out our Facebook page or website for weekly activities and specials

> BACFM will be following Covid 19 Guidelines. 10 to 11:30 masks are required for vendors.





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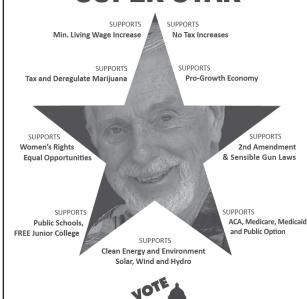
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Duane Hammond

Your Moderate, District #5, Pro-Growth Democratic

'SUPER STAR'





Paid for by: Hammond for the NH House Committee. Fiscal Agent: Anthony Costonis 184 Rines Rd, Alton NH

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Туре	Price
Alton	268 Alton Mountain Rd.	Single-Family Residence	\$330,000
Alton	10 Arianna Dr.	Single-Family Residence	\$575,000
Alton	96 Black Point Rd.	Single-Family Residence	\$3,475,000
Alton	6 Larry Dr.	Single-Family Residence	\$225,000
Alton	NH Route 11	N/A	\$600,000
Alton	15 Oak Hill Rd.	N/A	\$73,000
Alton	Old Wolfeboro Road	N/A	\$200,000
Alton	Route 11-D	N/A	\$675,000
Alton	Route 28	N/A	\$70,000
Alton	Route 28	N/A	\$87,533
Alton	Route 28-A	N/A	\$300,000
Alton	Shore Road	N/A	\$1,425,000
Alton	200 Sunset Shore Dr.	Single-Family Residence	\$370,000
Alton	34 Timber Ridge Rd.	Single-Family Residence	\$1,435,533
Alton	6 Verna Lane	Single-Family Residence	\$73,000
Barnstead	31 Amherst Dr.	Single-Family Residence	\$225,000
Barnstead	84 Maple St.	Single-Family Residence	\$258,000
Barnstead	258 N. Barnstead Rd.	Single-Family Residence	\$260,000
Barnstead	127 Parade Rd.	N/A	\$280,000
Barnstead	Winchester Drive (Lot)	Residential Open Land	\$18,533
New Durham	Henry Wilson Highway	N/A	\$50,000
New Durham	64 Meaderboro Rd.	Single-Family Residence	\$186,000
New Durham	Old Bay Road (Lot)	Residential Developed Land	\$35,000
New Durham	227 Old Bay Rd.	Single-Family Residence	\$365,000
New Durham	Pine Point	N/A	\$40,000
New Durham	179 Valley Rd.	Single-Family Residence	\$190,000

Seller William Dugan Joseph L. and Susan B. Depopolo Arthur J. Quinn Bruce and Celeste Y. Amlicke Linda L. Frucci Trust Joel P. Arsenault and Melissa M. Arsenault Eric D. and Katrina J. Giusti Walter Nalesnik Lagoonifeld Holdings LLC Romaine K. Abraham Carmine Batson-Gilchrist and David B. Gilchrist Charles M. Shields RET LRP&S Properties LLC Michael G. and Jeannette Langone Fin Con LLC Cameron Kirkpatrick Anthony and Deanna Eldridge Jeddrey RT and John Jeddrey 6 Brynn Lane LLC Potter Family Realty Corp. Carolyn E. Mellana Tranquility Lake House IRT and John De Jager Wolfe Property Holdings Inc. Arthur J. McLaughlin and John J. McCormack Joseph P. Cefalo and Matthew S. Uglietta Wayne M. and Ariadna Caulfield Samuel J. and Georgia K. Howard Romaine K. Abraham Carmine Batson-Gilchrist and David B. Gilchrist Leslie E. Dierks Hannah McNeil Audra B. Pierce Richard and Chelsea Chagnon Kevin A. Marston David Pariseau and Billie J. Owens Fallon Rouleau Ashley Sweeney and Kyle Bousquet Norman J. King Peter and Karen Bemis William L. Harvey St. RET and Robert J. Forrest Steven and Mahla Voydatch McIvin W. and Katherine L. Burkhardt Harrison S. Friedman Charter Trust Co. Alexander Gist-Fleshman and Justine S. Fleshman Glenn and Valerie Ivev Jeremy M. Vivensi Michael G. and Jean A. Labrecque Ross Raymond Fiscal Trust and Kenneth Ross-Raymond James P. Gamble Beatrice Gamble

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com site: www.thewarrengroup.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Web-

LETTERS FROM EDWIN

Boomer

For those who don't know, I'm a Boomer. You may have suspected such. The fact is, I still find myself living my life as if I were living in the seventies. A very nice time of my life. Things were more simple, everything didn't need to be locked up, people with differences of opinion actually could speak with each other about them.

I wasn't brought up with strict religion, but even so, was well exposed to the moral lessons provided by nursery rhymes and old stories. I remember receiving a politically corrected book of kids' stories when my boys were small and found it horrible. I read them the old versions.

I was also exposed to the ten commandments and other socially beneficial recommendations contained in the Bible. They all made good sense to me and I've tried to incorporate their wisdom into my own philosophies of life. There have been times when I've slipped off the fence but with the help of these guiding principles have been able to get back up.

Now, 50 years have passed from that time and I'm looking around and seeing so many things that have come to pass that totally disagree with me. These are things that are totally accepted by some as being totally OK.

One of these is lying. Bearing false witness. Commandment 9. society can only exist when people consistently tell the truth. Otherwise, it breaks down. I learned early not to trust authority figures as they lie, but now days it's rampant on the TV and radio, politicians on both sides of the isle. Information that, if you only researched it, you would find a completely different presentation. But the liars expect you to not check them out. We even teach kids to lie.

My youngest son learned one day while watching a cartoon that it was possible to not tell the truth. He quickly put his newly learned enlightenment to use. We learn things in the most unexpected ways.

Another one is murder. Number six. My first hearing of this "Thou shalt not kill," which I knew wasn't quite right as life wouldn't exist without killing. And man puts himself into wars where that's what they do, kill each other. That has a lot to do with number ten, being covetous, but that's for another paragraph. It just didn't seem right.

A better term is murder. Which makes sense. Some people take other people's lives. They use guns, knives, poison, fists, bombs, bats, basically anything to achieve their intention. And it's wrong. And wrongs deserve punishment. When I got spanked, I didn't do that again. I understand about being compassionate, but where's the compassion for the victims?

In this, the 21st century, we kill millions of born and unborn babies, legally. This is no different than the old pagans we decry for sacrificing babies to their gods or throwing virgins into the volcano. It's all justified because of our universal desire to experience a few moments of heavenly bliss. I certainly want it too, but I honor the word no. The

time to choose is before the accident occurs.

Then there is stealing. Number eight. I could write many pages upon stealing, and probably will, because I've been around lots of various occurrences, and have even talked a perpetrator or two into returning the contraband. But recently I heard audio of a leading government figure condoning acts of stealing. I thought these people were supposed to be trying to improve society. They are choosing to not enforce laws that have been fundamental in managing to control order in our societies for centuries. No wonder there is chaos in multiple cites across the land.

This country was formed with consideration of the basic moral codes espoused in the ancient biblical texts. Most boomers knew of them. But some wanted to free themselves and others from the strict confines of these laws, and in doing so, have produced generations totally unenlightened by them. What we get now is this new world in which we find ourselves, where people have no remorse for lying, stealing, killing, cheating and certainly no concern that they will ever be held accountable for the actions they take in this life.

This isn't all there is. Prepare yourself. Eternity is a long time.

E.Twaste

Correspondence welcome at edwintwaste@ gmail.com.

Alton Police Log

Alton Police Department responded to 188 calls for service during the week of Oct. 4-10, including two arrests.

- -1 Male Subject was arrested for Driving After Revocation or Suspension, Suspended Registration & Possession of Controlled/Narcotic Drugs.
- -1 Male Subject was arrested for Criminal Trespass.

There were 3 Motor Vehicle Accidents.

There were 7 Suspicious Person/Activity Reports on (2) East Side Drive, Barnes Ave., Jones Field Road, Powder Mill Road, Wolfeboro Highway & School Street.

Police made 65 Motor Vehicle Stops and handled 3 Motor Vehicle Complaint-Incidents.

There were 110 other calls for services that consisted of the following: 2 Assist Fire Department, 1 Fraudulent Action, 1 Stolen Property, 1 Employment Fingerprinting, 5 Assist Other Agencies, 1 Pistol Permit Application, 1 Juvenile Incident, 1 Domestic Complaint, 2 General Assistance, 1 Miscellaneous, 1 Alarm Activation, 1 Follow-Up, 1 Boat Incident, 4 Highway/Roadway Hazard Reports, 6 General Information, 1 Trespass, 3 Wellness Checks, 4 Community Programs, 2 Disputes, 57 Directed Patrols, 3 Medical Assists, 9 Property Checks & 2 Paperwork Services.





We Will NOT be Undersold

Opinion

Time traveling with television

It's been a tough 2020 for many; there's no denying that. Life as we know it has changed. Hopefully, the pandemic will be nearing an end soon, but let's remember not to get complacent, and to continue practice guidelines distributed by the experts. There's no harm in being cautious.

While we don't spend too much time watching anything but the news, a flip through channels one evening made us realize that television shows are not what they once were. For nostalgic reasons, we thought it would be fun to ask staff about some of their favorites from the past. Thinking back to a time when life was seemingly easier than it is now.

Sports Editor Josh Spaulding says that "Cheers" was one of his favorites. Of the Boston based show, he said, "Cheers had great writing and the best T.V. Theme song of all time as well as the best ensemble casts ever." Spaulding added one more to his list, "ER is my favorite show of all time. It started prior to 2000, but lasted until well after. It had a great cast, great stories and great action."

Our Executive Editor, Brendan Berube, known around the office for his extensive knowledge of movie and TV trivia said one of his favorite shows was "In Search Of," a show that debuted in 1976 hosted by Leonard Nimoy. Berube said, "Every episode explores a different mystery, whether it be paranormal phenomena, famous disappearances from history or buried treasure. I own the entire series on DVD, and to this day I still marathon all seven seasons once or twice a year." He added, "I love it because it's like opening up a time capsule. The topics they covered show you what was in the american zeitgeist back in the late '70's and early '80's."

"My other favorite, and I'm not ashamed to admit it, is 'Star Trek: the Next Generation," said Berube. He went on to tell us, "My dad and my brother got me into the show when I was growing up and that was my reward on weeknights for finishing my homework." He added, "I would get to watch reruns of Star Trek at 6 p.m. on the old WNDS channel, when Al Kaprielian was the weatherman. Then at 7 p.m., A&E would play an hour-long block of 'In Search Of' reruns."

Our North Country Editor can say, with great enthusiasm, that "Three's Company" was, and still is, the best sit-com of all time. There has been no better trio than Jack, Chrissy and Janet. Cameo's by Larry and Mr. Roper made the show even better. The fact that John Ritter who played Jack Tripper, was willing to trip over couches and fall all over the place with his slapstick comedy speaks volumes. If there ever was a show to bring you out of the dumps, it's "Three's Company."

Added to that list is "Quantum Leap." The show began in 1989 and starred Scott Bakula, who played Sam Beckett. Beckett would time travel, taking the place of other people in hopes to correct historical mistakes. Time travel shows are always interesting and fun to watch

"The Mary Tyler Moore Show" was an iconic show that demonstrated a rise for women in the workplace. Mary's friendship with Rhoda Morgenstern and work relationship with Lou Grant always made for good entertainment. Noted most however, was the main character's optimism.

Honorable mentions go to "Gilligan's Island," "Happy Days," "Different Strokes," "What's Happening," "WKRP in Cincinnati," "Lassie," "Highway to Heaven," "I Dream of Jeannie," "Dennis the Menace," "Leave it to Beaver" and "The Wonder Years."

Letters to the Editor

Participation is vital for our democratic process

To the Editor:

Thank you for your editorial honoring the late, great Ruth Bader Ginsburg. I, and countless others throughout the world, am still mourning. RBG was a most inspiring person making us all think about what it means to an American.

Last fall, 2019, I had the privilege of standing in Independence Hall in Philadelphia, Pa. with a group of Americans of every race and religion. It reminded me that our 'Founders' said, "I dissent" just as RBG did. They struggled to find consensus among the 13 colonies and forged the 'Declaration of Independence' which, eventually, gave us ALL our rights of citizenship in the U.S. To honor our Country's Founders and citizens like RBG it our responsibility to vote.

I voted with an absentee ballot in my Town. I have confidence in my town's ballot clerks, New Hampshire Secretary of State and our Congressional delegation. We must "Act locally but think globally," especially during the worldwide pandemic, which threatens our health and safety. We must hold all our representatives accountable and tell them to work in a bi-partisan way.

Citizen participation is what will make certain that our Democracy will work, and that we will maintain our stature as a beacon for freedom in the world by restoring decency, honesty and integrity.

> SANDY BURT BARNSTEAD



Courtesy

Meet and greet

Residents of District 6 gathered at the Miller Farm in New Durham on the weekend to discuss issues with Democratic candidates. The event was also broadcast live via Zoom and a video of it is posted on the New Durham Democrats Facebook page. Pictured standing, left to right, are Christopher Rice, New Hampshire State Senate candidate, and Jeff Allard of New Durham and Heath Howard of Strafford, who are running for state representatives.

Letters to the Editor

I know the real Ruth Larson

To the Editor:

I have lived in Barnstead for 33 years, and finally found a viable candidate to replace Republican Rep. Ray Howard; and that is Ruth Larson. Ruth ran for that position in 2018, and lost to Mr. Howard, after being subjected to an onslaught of derogatory misinformation and outright lies written by Howard's supporters, and printed in the local papers.

I am fortunate to have known Ruth for several families years, and the person depicted by her opponents is not the Ruth that I medical

know. Ruth is a kind and generous woman, who wants to help people like you, and seeks nothing in return.

She wants to help the people of New Hampshire, and our Country, live normal industrious lives in order to support their families, provide a safe place to dwell, a better than adequate education, and make sure that there is a public safety-net so that their lives aren't shattered when something beyond their control affects their families. The COVID-19 Pandemic has shown us what can happen when

hit, resulting in loss of employment, loss of medical insurance, inability to find affordable childcare, inability to pay the rent or mortgage, no medical leave to care for a loved one. Ruth supports programs that will provide help for all persons - Republicans, Democrats, Libertarians, Independents, etc. In return, they call her a Socialist, Liberal, Communist, and the Devil Incarnate.

beyond their
ffects their
he COVID-19
nas shown us
nappen when
catastrophes

What would you and
your parents do without
Medicare & Medicaid?
How about your friends
and relatives who have
to rely on Section 8

Housing, Medicaid, Food Stamps, Fuel Assistance, and other programs to help the poor and afflicted? These safety-net programs were put in place for all of us, not just for Democrats. They need to be protected, and Ruth Larson will work for you to protect and improve programs that support all of our families.

It is time for a change in District 8! Vote for Ruth Larson on Nov. 3!

> RONALD P. BLAIS CENTER BARNSTEAD

Trump's chumps

To the Editor:

Trump's chumps! When will his groupies realize he is using them like Trump uses everyone else? Note that he has the American flag everywhere. He says it's our patriotic duty to pay taxes for our military. He pays \$0 in federal taxes! He shows a \$70,000 business deduction for hairdressers. A woman at Hannaford in Alton said that is two times her annual salary!

What about us veterans? I put my life on

I was recently some-

the line in Korea, and a family member in the Persian Gulf. Trump's father got his son out of serving in Viet Nam. It's the Trump way to recruit others to do his dirty work. His son, Don Jr. and campaign manager Paul Manafort enlisted the Russians for his 2016 campaign. Manafort is still in jail. Trump's "fixer," Attorney Michael Cohen got out of jail after serving time for lying about paying off Trump's prosti-

Our President has the luxury of being tested for COVID -9 several times each day, while telling the CDC to cut down on testing others. Donald Trump brags about his success with the U.S. economy. Fact is that Obama and Biden rescued us from a near depression in 2008. They rebuilt a robust economy. Trump simply rode the wave and takes all the credit. Wise up America. Get real! Our "king" is eating caviar and drinking champagne while 25 million Americans are worrying about the next meal for themselves and their kids. During the horrific Presidential "debate" Joe Biden talked about issues and a bright future for all Americans. Bully Trump spoke only about Trump.

Wake up, America. Trump's lies and "fake news" have to stop before we are dragged over a cliff of no return. Vote!

JOHN GOYETTE

NEW DURHAM

Sign thefts have been an unexpected campaign boost

To the Editor:

what disappointed that my signs were not being stolen at the same rate as Biden's. As it turns out, my worries may have been premature, as there has been a dramatic uptick in my sign disappearance rate. Some nights ago, 15 of my signs disappeared from private properties within a mile and a half of my home. The night before, it was 10. (Not to mention the innumerable Biden-Harris signs gone, and others). Although I do not in any way condone the criminal behavior behind these thefts (a misdemeanor carrying a potential fine of up to \$1,000), the actions of these nighttime thieves have become a rallying cry in my area. My prior supporters have stuck with me and are more eager than ever to help with my campaign. And several people who never showed much interest before have now become allies, offering to place my signs in their yards in a show of solidarity.

So I owe a debt of gratitude to the sign stealers. It may not have been their intention to boost my campaign. On the contrary, their actions are more those of people feeling their world slipping away from them, people unable to keep up with the changes of modern life. They fear strong women, and people of col-

or, and the LGBTQ community. They are quick to label government programs as socialism, even while accepting the benefits of Social Security and Medicare. They put their heads in the sand and cross their fingers and deny climate change and the death toll from COVID and the exodus of young families from this part of the state. One of their remaining comforts in life is to attack anyone looking more to the future, and to try to deny us even our First Amendment right of free speech, by removing or defacing our political

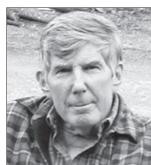
Whatever the intention of these misguided souls, I say thank you.

You have awakened some fervor in the part of the community you oppose, and you have pushed some people previously more inclined to sit on the fence a little closer in my direction. They disassociate themselves from you and your actions, and decry how the conduct of President Trump has infected even local politics.

Whether this trend will translate into enough votes for me to win election is still up in the air. Your unintentional assistance, however, is one of the best campaign contributions I have received.

RUTH LARSON ALTON

What life must have been like in olden days down on the farm



By John Harrigan

COLUMNIST

Every now and then, a road just beckons. Sometimes it's an old friend, visited several times a year but none the less interesting. Every trip reveals something that's changed.

How many roads like this, you wonder, are left, as in "left alone." If so, it's purely an accident of geography. The road is just too far off the beaten track to make development or even basic maintenance worth it, too inconsequential for even a road agent's budget.

But what places they are, these back roads left alone because they're just too far away---too many miles, too many minutes, from the nearest shopping center or school or hospital or commercial downtown.

These are the old roads with just one lane, an old two-wheeled track worn down by the farmer's ox-cart of long ago, when life was paced by an adult person's stride or the speed of a fast horse.

But someone built those stone walls on either side of the road, and the ones marking lot and range. And so, you look closer under the bushes and trees, and the old cellar holes are there, most of them for small houses, built to conserve heat.

You could throw a cat through the walls, the old saying goes about a house put up with posts, beams, and boards. But eventually on came the clapboards and plaster, with plenty of horse-hair mixed in, and the last coat smoothed with a finesse worth good mon-

Old cellar holes make me wonder how the people lived. Dishes, for instance. How did they do the dishes? Hot water from the big kettle on the wood stove, and lye soap---that's the answer you always get, from all the books. Well, that's pretty tough dish-doing, and this from a guy with a lifetime's worth of doing dishes. Growing up---dishes. In camp---you guessed it, dishes. Even a thousand miles north. in the near-tundra of Labrador---dishes.

How did they do the utensils, the knives and forks and spoons? Maybe the old Appalachian Mountain Club "hutcroo" way, the utensils tossed into a tub of soapy water, atop which you do the plates, and the utensils thus get swished around, and then rinsed with hot water, a method tried and true.

And I wonder about that other business, the two-holer business, common to us all. The fabled Sears, Roebuck catalog could go only so far. And then what? Corn husks and corn cobs seem rough and unlikely.

maybe. A handful of hav seems more likely.

Proximity to water was an important factor in the location of every house. Not every house could be downhill from a good spring, the absolute ideal situation. Eventually, for many households it came down to a good dug well. As the children got older, hauling water was on the list of chores.

Unless, of course, you could move water uphill. And indeed they could, after the invention and patents for a wonderful pumping device called the ram.

The water ram, after its design was refined and perfected, could move water 35 feet in elevation from its point of intake. It used gravity itself to make this happen.

Basically, water flowed into a big chamber, which then pushed out the water in a smaller chamber. Water came into the kitchen sink one pint or quart at a time, but come in it did---one of the great improvements and emancipators in kitchens of old.

My parents were pretty upset when I quit college in my freshman year, never to look back. As punishment, they sentenced me to the job of tearing down the old ell of their new farmhouse. All I had for tools---and all, as it turned out, that I really needed---were a claw hammer, a pry-bar, a big old cast-iron crowbar, a Mc-Culloch chainsaw, and

What, then? Moss gets a a 1950 Case hand-clutch tractor.

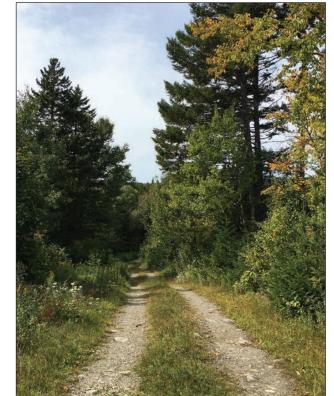
> The old ell was beyond repair, beyond saving, beyond longing or affection, but even still it and the summer kitchen it housed came down hard---chainsaw, tractor, and all I could bring to bear. Certain that their way of life would go on forever, the old-timers built for the ages.

> In the ruins of the ell I found a strange and huge hunk of cast iron. I turned it over and over on the old floor, trying to figure out what it was. It was a water ram, and a big one, once used to move water from a rocked-in spring, about 150 feet from the house, and a good 15 feet lower.

The Poore Family Historic Homestead Farm Museum is just up the road from where I live. The man himself was a friend of the family, and in his later years was often at our table for supper. We all grew up the richer from knowing Mr. Poore, who several times a year drove horse and buggy all the way into town for staples, my sister Susan and I hitching a ride on the rear.

We had the run of his farm before the days of Mr. Poore's declining health, and the burglary and looting and slow decay of what in our time were the well-kept old house, ell, sheds and barn he called home.

J.C. Kenneth Poore's father fought in the Civil War. His mother planted an ivy in a living room container on the day he



Old roads, with barely a two-wheel track and no utility poles or wires, are at the mercy of commercial development and housing.

marched away. In my boyhood I used to run or hitch rides to Clarksville Pond, and would sometimes drop in at the Poore Farm to use the hand-cranked phone. The very same ivy planted in 1860 was still there, having grown around the living room several times, and still growing strong.

Several horse-drawn rigs, devices, and haulers were kept in the three-space carriage and wagon shed attached to the Poore Farm's main barn. Among them was a two-wheeled dump-cart milled and hand-carved out of hardwoods, Mr. Poore told me, and assembled right on the farm, well before the Civil War.

One day in my early 20s I had reason to visit the farm, and was poking around in the sheds with Mr. Poore, who pointed to the dump-cart. "That was made right here," he said with pride.

"Pull that pin," he said, indicating a hardwood pin that held the dump-body onto the shaft. "Now put your thumb under the body."

I did, and with the ease of tilting a tea-cup I tipped the body, as finely balanced as a dancer on her toes.

(Please address mail, with phone numbers in case of questions, campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Letters to the Editor

Vote Feltes for New Hampshire's sake

To the Editor:

This is an appeal to any Democrats and moderate Independents who are considering voting for Gov. Sununu. Sununu is personable and portrays himself as a moderate, and you may feel that he has done a decent job handling the Coronavirus pandemic. But below this affability is a deceitful politician whose extremist actions often belie his public persona.

Some of you are probably familiar with Sununu's statement, "I'm a Trump guy through and through." Today, despite Trump's deadly mishandling of the pandemic and his attempt to destroy Obamacare, this statement is still true. In a recent interview on Guy Benson's Fox News Radio show, Sununu declared unreservedly that he supports Trump and expects him to win in New Hampshire. Sununu openly supports right-wing candidates Corky Messner and Matt Mowers, both of whom were endorsed by Trump. Do you trust Sununu to protect your healthcare?

gained Democrats control of the State House and Senate in 2018 and have passed important legislative bills, but Sununu vetoed 79 of

those bills (a record). He twice vetoed paid family leave (which he incorrectly labeled an income tax), reasonable gun control measures (which he called unnecessary), and the establishment of an Independent Redistricting Commission to create fair voting districts (which he also says is unnecessary – a quick look at the GOP-gerrymandered shape of Executive Council District No. 2 will tell you otherwise).

Twice Sununu vetoed an increase in the minimum hourly wage (still \$7.25), although he gave himself a \$31,000 raise. The minimum hourly wage of all other NE states ranges from \$10.96 to \$12.75.

The Conservation Law Foundation says that Sununu "is 30 years behind on energy and climate." He has repeatedly blocked increasing

solar energy credits for customers, instead halting solar expansion and directing profits to utility companies. He vetoed a bill to invest in clean energy and jobs. He is the only governor in the Northeast who has not ioined the U.S. Climate Alliance.

Although publicly declaring himself as prochoice, Sununu does not support women's rights. He voted to defund Planned Parenthood while on the Executive Council. He supported anti-choice Judges Gorsuch and Kavanaugh for the US Supreme Court, and, though not openly supporting Barrett, he approves of the "process" underway to appoint her. He recently gave \$65,000 of Covid-19 relief funds to an anti-abortion pregnancy crisis center

in Rochester. Sununu's luck in handling Covid-19 may be running out. He refused to mandate wearing masks and permitted unsafe rallies. Recently he declined to set guidelines for reopening schools, letting schools fend for themselves without adequate funding of PPE and other Covid-19 measures. Now Covid-19 cases are spiking, already reaching May levels. Many who thought Sununu handled the pandemic well may have

second thoughts. Once a vaccine is available and the pandemic is under control, New Hampshire will still be facing the same problems we had before the pandemic arrived. We will need a strong governor who can help us recover and lead us into the future. Clearly, Sununu is not up to that challenge.

As Senate Majority

Leader, Dan Feltes has supported all the legislation that Sununu has blocked. Feltes shares our values and has shown that he is ready to meet the challenges of

the future head-on. Your vote will matter on Nov. 3. For the sake of New Hampshire, please vote for Feltes.

> JANE WESTLAKE BARNSTEAD

New Durham Supervisors of Checklist

Oct 28, 2020 New Durham Town Hall 10 Am to noon

Last day to make corrections, and or register before Nov 3 General election.

No additions or corrections shall be made to the checklist after this session until election day RSA 659:12

Supervisors of Checklist for New Durham

Sherry Cullimore Pat Grant Mary Poston

PUBLIC NOTICE TOWN OF ALTON

Supervisors of the Checklist will be in session at the Alton Town Hall, William Heidke Room, on Monday, October 26, 2020 from 5-6:30 p.m. to accept voter registrations for the State General Election. No additions or corrections shall be made to the checklist after this session until election day.

Alton Supervisors of the Checklist Sharon Kierstead K. Ruth Larson Raymond Johnson



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SPORTS

Meserve, Kelly pace Kingswood past Gilford



JOSHUA SPAULDING

GILFORD'S Taryn Fountain and Kingswood's Abby Kelly chase after the ball in action last week.

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO After having a game cancelled earlier in the week, the Gilford and Kingswood field hockey teams were able to square off in Wolfeboro

on Thursday, Oct. 15. The Knights were able to use their home turf to their advantage, picking up a 4-0 win over the Golden Eagles and became the first team to ring the newly-installed Victory Bell.

"They had good connecting today, the team chemistry showed," said Kingswood coach Kaitlin Reilly. "They created opportunities and connected with each other."

"That was a great tune-up for the tourney," said Gilford coach Dave Rogacki. "To play someone that composed and a team that fast, we couldn't simulate any of that in practice."

Gilford had the best of the earlier chances, as they got in the offensive zone early on, including a couple of corners, testing Kingswood keeper Quinn Meserve early on, but she was up to the task in her season debut. Rachael Paraskos helped out with a solid defensive stop for the Knights.

Emilia Galimberti and Abby Kelly com-

bined on a bid for the Knights and Ana Ekstrom got in close as well. Allie Drew also had a shot that Gilford keeper Caroline Guest was able to turn away.

Allison Carr came back with a bid for Gilford and the Golden Eagles got a corner but they could not convert, thanks to solid defense from the Knights.

With 4:24 to go in the first quarter, the Knights were able to get on the board, as Kelly made a nice cross to Ekstrom, who put the shot on net. Guest made the save but Ekstrom got the rebound and put it in for the 1-0 lead.

Galimberti and Ekstrom teamed up on a chance and the Knights had a late corner, with Ekstrom getting off a shot while Maddie Guest had a nice defensive stop for the Golden Eagles. As the first quarter ran down, Gilford got in the offensive zone but Haley Brooks and Paraskos turned the ball away and the quarter ended with Kingswood up 1-0.

Addy Wernig had a shot go just wide for Gilford to start the second and then Kelly and Ekstrom had chances for the Knights, with Ashley Hart and Taryn Fountain turning in good defensive stops for

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the visitors. Kingswood had the first corner of the second quarter but could not convert and Erin Meyer got a chance for the Knights but Lauren Nash-Boucher was strong on defense for Gilford.

Kingswood back with a number of corner chances but Caroline Guest held tight in her net and Fountain turned up a good defensive stop as well. Hailey Kelly made a nice move through the Gilford defense for the Knights and after another Kingswood corner, Nash-Boucher stood strong with a defensive stop and Fountain had a good clear.

Drew had a chance for the Knights that Caroline Guest stopped. Carr came back the other way with a chance that Hailey Kelly blocked and Abby Kelly went the other way with Caroline Guest making the save. Lexi Shute had a nice steal and run into the zone while Jordyn Byars made a nice cross that missed connection in front. Gilford had a late corner with Shute getting off a shot but the game went to the half with Kingswood up 1-0.

Gilford came out early with a chance, as Carr sent Aly Pichette in with a chance but Meserve came out to kick the ball away, sending the Knights back down the field, where they were able to get on the board.

With less than a min-





in action last week.

ute gone in the quarter, Ekstrom sent the ball in to Meyer, who sent a nice cross into the circle, where Abby Kelly was able to pop it in the net for the 2-0 lead.

The Knights came back with a chance from Kelly on a corner but Caroline Guest stood strong.

However, Kingswood was able to up the lead to 3-0 with a goal from Drew after a scrum in front of the net.

Kingswood kept coming and with just more than seven minutes to go in the third quarter, Kelly drove a reverse shot from near the edge of the circle to the back of the net for the 4-0 lead.

Gilford came back with a couple of corners as the quarter rolled along, but they could not get the ball in the net. Carr had a nice cross that missed connections and Nia Garland turned in a good defensive stop on a Gilford corner to close the quarter with Kingswood up 3-0.

nice defensive stop on Abby Kelly and Kingswood had a corner but could not convert. Gilford had a couple of corners, with Carr sending a shot just wide of the net. Pichette made a good run in but sent a shot wide of the net and Carr also sent a shot wide. At the other end, Meyer had a shot go wide of the net and Gilford had a late corner that went wide of the net and Kingswood took the 4-0 win.

"We tell them it's not the mistakes that matter, it's what is done after that counts," Reilly said. "Today, the little mistakes didn't matter and they made up for it each time."

The veteran coach noted that Meserve was strong in her first game back from injury this season and the defense was strong in front of her. And Abby Kelly continues to get better.

"It was good for her to get the shutout," Reilly said. "And the defense really wanted it for her. And Abby, her stick has caught up to her feet."

"At Laconia, we were OK on the turf, but they aren't nearly as fast as these guys," said Rogacki. "We aren't used to the turf and were not used to the speed of such fast teams.

"I'm very happy with the amount of corners we got and how we executed," the Gilford coach continued. "And Caroline had 12 saves, that's the most she's had all year."

Gilford was set to open the postseason tournament after deadline Monday against St. Thomas. If they won that game, they'll be playing on Friday at Franklin.

Kingswood will be hosting either Kennett or Plymouth today, Oct. 22, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



KATHY SUTHERLAND

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Shutout for T-Wolves

VISA

The Prospect Mountain boys' soccer team picked up a 9-0 win over Moultonborough last Wednesday. Cam Dore, Cole Stockman (pictured), McKaie Normand, David Fossett and Chris Cox had goals for the Timber Wolves. Prospect will be closing the regular season today, Oct. 22, at Kingswood at 4 p.m.



EOE



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SPORTS

Gilford soccer girls push past Kingswood



KINGSWOOD'S CASSIDY SIMPSON and Gilford's Ashley Kulcsar chase down the ball in action last week.

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — It took almost the entire first half before someone was able to get on the board, but the Gilford Golden Eagles made the late first-half goal stand up and added two more in the second half on the way to a 3-0 win over the Kingswood Knights on Thursday, Oct. 15.

"They played really well," said Gilford coach Rob Meyers. "It was much better than the last two games."

"It's a little bit frustrating" said Kingswood coach Rob Kelly. "I think the girls are a little bit better than that."

Out of the gate, it was Gilford that pressured the net, with Allie Kenyon and Millie Caldon leading the way with chances but Kingswood keeper Alexis Turner held her ground. Kenyon hit a shot off the post and Turner was able to grab the rebound. Makenna Leigh had a nice defensive stop for the Knights and Gilford had its first corner of the game, but Turner made the save. Kingswood came back with their own corner but Gilford's Molly Mc-Lean was able to clear

the ball out of the zone.

Kingswood's Avery Dinges had a shot go wide of the net and then Sara Hyde was able to make a stop on a run by Caldon at the other end. Gilford had a corner but could not convert and then Jillian Caravella turned in a good defensive stop on Caldon. Kenyon had another shot go wide of the net.

Kenyon had a pair of

direct kicks, with one going over the top of the net and then Turner made a leaping save on the second one. Gilford had a corner but could not get the shot on net. Kingswood's Cassidy Simpson found Payden Swidrak on a bid that went wide of the net and then Amelia Kilmister just missed connecting on a bid. Megan Davey just missed connecting with Marcella DeNitto on a chance for the Knights as well.

Gilford keeper Hannah Gannon came out and made a nice grab on a bid from the Knights and Jaiden McKenna made a nice defensive stop for the Golden Eagles. Caravella just missed connecting with DeNitto and Anna Tibbetts on a chance for Kingswood

and Alyssa Craigie had a shot go wide for the Golden Eagles. Gilford had a corner but Simpson was able to clear the ball from the zone. Caldon and Elizabeth Albert had good chances for Gilford as well.

However, with less than two minutes to go in the half, as Albert got a shot on net and Turner made the save but Albert was able to collect the rebound and deposit it in the goal for the 1-0 lead at the halftime break.

Gilford had a couple of early chances and just a few minutes into the half, the Golden Eagles were able to capitalize, as Geena Cookinham was able to convert on a corner for the 2-0 lead. Cookinham continued to pressure with a shot that went wide while Caldon had a shot stopped by Turner. Kenyon also had a shot go over the top of the net.

Maura Hughes just missed connecting with Caldon in front and then Leigh and Gracie Hanson were able to clear the ball from the zone in front of the net. Turner made a nice grab in net while Gilford continued to pressure in the zone, with Albert, Kenyon and



MARLOW MIKULIS of Gilford and Kingswood's Samantha Wainwright battle in action last week in Wolfeboro.

Cookinham all getting chances. Kenyon fired a shot off the post and Cookinham got to the rebound, firing the ball off the cross bar.

Davey was able to clear the ball out of the zone on a direct kick by Kenyon and Ashley Kulcsar sent a direct kick over the top of the net for Gilford. Davey sent DeNitto in on a bid that went just over the top of the net. At the other end, Hughes and Kenyon had chances that just missed the net and then Dinges had a direct kick for Kingswood that was cleared out.

Turner came out and grabbed a bid from Albert and then Caldon had a shot go wide of the

In the final minutes of the game, the Golden Eagles were able to add another goal, as McLean picked up her first goal of the season to close out the 3-0 win.

"They moved the ball well and took shots," Meyers stated. "There was one too many touches in the first half but they turned that around.

"Our freshmen are doing a lot for us right now," he continued. "Molly (McLean) played a great game in the midfield, it was nice to see her get the goal."

"We went three or four days without practice, but the girls battled and played hard," said Kelly. "It's a wonderful bunch of girls."

He noted that Turner and the defense played a strong game.

"I thought we gave them a good game," the Knight coach added.

Gilford was coming off a pair of losses to Belmont the previous week. In the first game, Cookinham had the lone Albert scored her first varsity goal and Kenyon and Cookinham each added goals in a 4-3 double-overtime loss.

The Golden Eagles are scheduled to close the regular season today, Oct. 22, at Plymouth at 3:30 p.m.

The Kngihts are also scheduled to close the season today, Oct. 22, at home against Prospect Mountain at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-

HIGH SCHOOL SLATE

Thursday, Oct. 22

KENNETT

Cross Country at Kingswood; 4 Volleyball vs. Inter-Lakes; 5:30 **KINGSWOOD**

Boys' Soccer at Prospect Mountain; 4 Cross Country Home Meet; 4 Girls' Soccer vs. Prospect Mountain; 6 Volleyball at Prospect Mountain; 5:45 PROSPECT MOUNTAIN

Boys' Soccer vs. Kingswood; 4 Girls' Soccer at Kingswood; 4 Volleyball vs. Kingswood; 5:45 Saturday, Oct. 24

KENNETT Football vs. Kingswood; 2 **KINGSWOOD** Football at Kennett; 2

goal in the 3-1 loss while *press.news*. in the second game,

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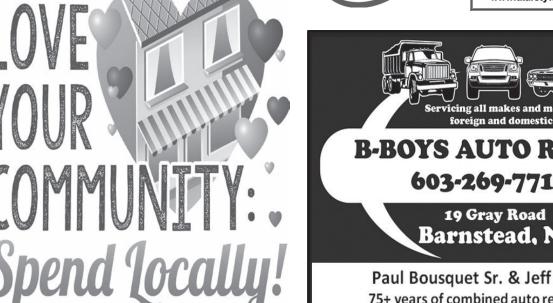
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OBITUARIES

John J. "Jack" Wheeler, 73

CENTER STEAD, NH- John J. "Jack" Wheeler, 73, of Center Barnstead, NH, passed away unexpectedly at home on October 11, 2020 after a period of declining health.

Born in Boston, MA, Jack was the son of the late John W. Wheeler and Catherine F. (Lawton) Wheeler. He was raised and educated in Jamaica Plain and Randolph and was a graduate of the Boston Trade School.

Prior to his retirement, he was employed as a Master Electrician for over 38 years for the IBEW Local #103. After moving to New Hampshire, Jack built his own workshop behind his home. It was here that his true gift of craftsmanship came to life through his building of cabinets, tables, chairs and many other wooden

Jack was an avid Red Sox fan and for many years, was the Trail Ad-



ministrator of the New Durham Valley ATV Club.

He was predeceased by his brother, Donald Wheeler and his sister, Mary M. Cormier.

Jack is survived by his beloved companion of over 25 years, Beth Macomber of Center Barnstead; his three children, Gregg Wheeler and his wife Liz of Hanover, MA, Mark Wheeler of Rockland, MA and Jaclyn Wheeler of Littleton, CO; his siblings: James Wheeler and his fiancé Denise Giannone of Easton, MA, Catherine Wheeler of Abington,

MA and Joan Sullivan and her husband Bob of Hanover, MA. He was the grandfather to six grandchildren and "Pa" to Sophia. He is also survived by his brother-in-law Ralph Cormier of Rockland, MA and his sister-in-law, Lois Wheeler of Bridgewater, MA.

Calling Hours were held on Tuesday, October 20th from 4 to 6 P.M. in the Still Oaks Funeral & Memorial Home 1217 Suncook Valley Highway in Epsom, NH. A Graveside Service will be held on Thursday, October 22nd at 11 A.M. in Mount Benedict Cemetery, 409 Corey St. West Roxbury, MA. In accordance with state and local guidelines, all attendees must wear face coverings and adhere to social distancing as requested. To share a memory or offer a condolence, please www.stilloaks.com

Linda L. Porro, 67

ALTON, NH-Linda L. Porro, age 67, of Osprey Road, Alton, NH, passed away peacefully at home surrounded by her family, October 15, 2020.

Born April 17, 1953 and raised in Parsonsfield, Maine, a daughter of Walter D. Reed and Freda M. (Nutter) Reed, she had resided in W. Newfield, ME, Sanford, ME, Lebanon, ME and lived in Alton, NH the past 22 years.

Linda was retired from Albany Interna-



tional in Rochester, NH.

quilt for each of her siblings, she loved to sew, play cards and to travel,

"on the road again". She especially loved family gatherings.

Survived by her husband Robert A. Porro, her daughter Veronica Freda (Monroe) Kaminski and husband Jonathan Kaminski, 3 stepsons: Robert A. Porro, Jr., Todd A. Porro, Bryan C. Porro and wife Nicole, 2 granddaughters: Maisen and Ellie Porro, her brother Donald and wife Mary Reed, also many nieces, nephews and her dog "Sissy". Predeceased by her parents, her son Michael Allen Monroe and 5 siblings: Helen, Arthur, David, Evelyn and Russell.

A Graveside Service will be held at Maplewood Cemetery in Parsonsfield, Maine. If desired, memorial donations may be made in her memory to your local Humane Society. Cremation care by Peaslee Alton Funeral Home. to express condolences. please visit: www.peasleefuneralhome.com

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Explore forest habitats with Moose Mountains Regional Greenways and Branch Hill Farm

MILTON Moose Mountains Regional Greenways and Branch Hill Farm for a Forest Habitat Walk on Oct. 31, 10 a.m.-1 p.m., with Charlie Moreno (NH Licensed Professional Forester) and Mariko Yamasaki (Research Wildlife Biologist, USDA Forest Service). Together, we'll explore two very different forest habitats in Milton -- a mature forest with century-old hemlock and pine, and a sixyears-young forest patch containing new growth.

Participants learn about the essential value that these habitats offer to the invertebrates, birds, and mammals that call them home. We'll also discuss habitat ecology, maintaining optimal ecological areas, and long-term management strategies. Charlie and Mariko have decades of experience combined, and participants will come away from this workshop with new knowledge and insight into forest habitats. This will be a wonderful opportunity for landowners and the general public to learn more about the importance of forests to wildlife and broader ecological systems!

Based in Strafford, Charlie Moreno has practiced locally as a

Consulting **Forester** for 40 years. As a New Hampshire Licensed Professional Forester, he has managed over 40,000 forest acres for private landowners, land trusts, conservation organizations, and communities in southern New Hampshire and Maine. Charlie manages forestland for the Carl Siemon Family Charitable Trust, where he has presented outdoor workshops about natural history, forest restoration, mixed-age silviculture, low-impact harvesting, habitat management, and the connection between forests and wood. Over the years, he has worked closely with New Hampshire Fish & Game and the Natural Resources Conservation Service on a variety of wildlife habitat projects.

Mariko Yamasaki works with the USDA Forest Service and is based out of Durham. She holds a Masters of Science in Natural Resources, and her current research focuses on Northeastern forest management issues affecting the quality and quantity of wildlife habitat availability. She is especially interested in silviculture practices that boost species-habitat relationships across working forests, as well as maintaining quality urban forests that provide safe wildlife habi-

We are thrilled to collaborate with Branch Hill Farm to offer this free workshop to the public! This workshop is rain or shine and we will be requiring masks and practicing social distancing to keep the event safe and fun for all. Space is limited for this event, and registration is required. Please register by contacting Kari Lygren at mmrgnh@ gmail.com or 978-7125.

Moose Mountains Regional Greenways was founded in 2000 by conservation commissioners and planning board members from towns in our service area. Today, MMRG serves seven member communities by conserving land, providing technical support to towns, freely distributing information through workshops and reports, and offering opportunities to all ages to learn about the natural world. For more information and a calendar of upcoming events, visit www.mmrg.info.

Branch Hill Farm/ the Carl Siemon Family Charitable Trust works to protect open space and working forests and to educate the public about sound forestry, conservation and agricultural practices; learn more online at www. branchhillfarm.org.

A quilter, she made a

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Discharge permit issued for Powder Mill Fish Hatchery

NEW DURHAM — The long awaited final discharge permit for the NH Fish and Game Powder Mill Fish Hatchery was issued on Oct. 13.

EPA Region 1 has issued a Final NPDES Permit (NH0000710) to the New Hampshire Fish and Game Department for the Powder Mill State Fish Hatchery in New Durham, New Hampshire. The Final Permit and a copy of EPA's responses to comments received on the Draft Permit is posted on the EPA Region 1 Web site: https://www3.epa.gov/region1/npdes/permits/2020/finalnh0000710permit.pdf.

The permit and the response to comments is almost 300 pages so I have not had time to review the entire document but preliminary review shows major improvements over the draft permit. Specifically, in response to comments submitted by Cyanobacteria Mitigation Steering Committee. CMSC, a group mostly made up of New Durham and Alton residents), the EPA lowered the concentration of total allowed phosphorus from 24 ug/L to 12 ug/L . The CMSC put in lots of hard work on this and it paid off. It is also good to see that the EPA listened to

their comments. EPA officials told me that it was the quality of the received comments that caused them to substantially lower the allowed phosphorus concen-

There is now a 30 day period where parties can appeal the permit to the Federal District Court. If no appeal is filled, the permit will become effective on Jan. 1, 2021. Then the cost of the new pollution control equipment will have to be finalized and go through the state budget process next year. It is estimated it will take approximately 5 years for the design, procurement and construction process to be completed.

Should anyone have further questions on this, they can reach me at 942-8691 or harringt@metrocast.



ABUNDANT HARVEST FAMILY CHURCH

Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvestnb.org

or e-mail abfc@faith.com. CENTER

Sundays throughout the summer 10:am & 7pm; Tues-Thurs 9am; 875-6161.

Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD **CHRISTIAN CHURCH**

Morning Service 10:00 am. Adult and Teen Bible Study 11:15 am. Sunday School for all ages 10:00 am Rte. 126 next to Town Hall Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON

Prayer Meeting 9:00 am Rev. Dr. Samuel J. Hollo. 875-5561. Bay service 8:30am Alton Bay Gazebo, Alton , NH 10 am Worsbip Service 20 Church Street, Alton

Our services are live streamed on YouTube Sundays at 10 am

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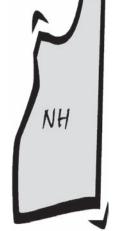
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VOLLEYBALL

(continued from Page A1)

Leavitt to close out the 25-13 win and the 2-0 lead.

Leavitt got Prospect started in the third set and Kenerson and Bean each added hits. However. Somersworth was

able to keep even, tying the match at two, three, four and five. Misiaszek and Leavitt continued the attack for Prospect and the Timber Wolves went up 7-5 and took a 10-7 lead before the visitors came back to cut the lead to 10-9.

Bean and Misiaszek added hits for the Timber Wolves as they started to open up the lead, going up 18-10 and 19-11. Kenerson had a nice tip at the net and Misiaszek added another hit for the 21-13 lead. The Timber Wolves closed things out

with an ace from Allie Stockman for the 25-15 win and the 3-0 victory.

Hutchins noted that after a tough night against Coe-Brown, Stockman bounced back nicely, and Leavitt continued her impressive season to date.

"Last night, Allie was running around all over the place," Hutchins said. "But tonight, she didn't miss anything.

"And Julia was phenomenal," the Timber Wolf coach added. "And Sophia, she's starting to put it down hard.

She's come on, she's impressed me with how she's gone from one level to another."

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news

ALTON

(continued from Page A1)

Meetinghouse to pick up their popcorn and treats, and leave.

"This way we have something for everyone in one spot," Chasse said.

The 1772 Meetinghouse has been the site of spooky presentations for more than 12 years. The original programs, produced by the Meetinghouse Restoration Committee (MRC) and performed by the Merrymeeting Merrymakers, were held inside, then spread to include the Early Settlers' Cemetery, Stone Pound, and the front of the property with Town employees and officials participating in a variety of roles. One year a Girl Scout troop augmented the fun.

The New Durham Recreation Department eventually took advantage of the trail system on the Meetinghouse Park grounds and ran short haunted trails, and over the last several years the Haunted Trails have become a highly anticipated event.

Ample off-road parking, overseen by the New Durham Fire Department and MRC members is available.

Facial coverings, which do not include costume masks, are required, and social distancing will be maintained.

The need for safety is one of the reasons the library has moved its popular Halloween Extravaganza to the Meetinghouse. An outdoor event on the library lawn, attended by the hundreds of people who normally show up, would have presented a challenge to maintain social distancing and not create subsequent dangerous bottlenecks near the street and parking lot.

It seemed a natural shift. "We do so many activities with the Recreation Department throughout the year anyway, it's just like business as usual to be there with Celeste," said Library Administrative Assistant Sheryl Bansfield.

Library Assistant Lisa Nicol said she "can't wait" for the function.

"This has always been my favorite event, and I love seeing the kids dressed up in costumes. I am really looking forward to our first ever outdoor library Halloween at the Meetinghouse!"

She said the townspeople, especially "our kids, need to have a little fun."

At this time, there are no plans for staff to sing 'We represent the Library League,' but "you never know what might happen," Bansfield said.

The Friends of the New Durham Public Library always buy the candy for library trickor-treaters, and this year members will be working on costumes and helping set up Munchkinland.

"There's a lot to do," Nicol said. "Some of our Trustees will be there, too."

"We're delighted to be able to help out with the Halloween celebration at the Meetinghouse for New Durham's children," said Friends member Joan Goodrich. "We hope everyone has a wonderful time."

"I'm really excited about adding the library to the mix," Chasse said. "Having them here will draw even more people; we're teaming up so it will make it twice as fun."

A lot of work is going into making that fun happen. Chasse has a sub-committee within her Recreation Commissioners and department, and they have been meeting to get things underway.

"Last year was my first time," Chasse said, "so I was getting my feet wet. Now there's even more planning involved in figuring out how to do all of the displays."

She and her committee members have gone through all of the props used last year "to ensure everything works properly" and to "come up with anything else we need."

A lot of brainstorming is going on to keep the scares fresh along the quarter mile

Chasse said she still could use some volunteers to donate candy

. email: matfassett@gmail.com

and to act as "trail scarers," especially on Friday evening. "Greatly appreciated" props or candy donations can be dropped off at Town Hall

"We've always really enjoyed Halloween and were thrilled to be a part of the event. This year, as part of the Recreation committee, I'm excited to help Celeste make the trail even better, and scarier, than last year."

He said the group is looking forward to a big turnout and hopes "everyone has a frightfully good time."

faculty member Alicia Hernandez said she was glad to see the town pulling together to "have something for the kids to do because it's been a tough time for them."

is truly drawing from all elements of town life. In addition to departments uniting for the Hallowdonations and financial support from businessand Town Administrator Scott Kinmond will the library's production.

Kinmond said he was "happy" to be participating as an actor.

MRC members are thrilled to see townspeople using the area, citing that the field for parking, lighted by the NDFD, large open spaces, creaky old building, and marked wooded trails make the park the perfect place to hold a town-wide event.

Clayton Randall, a descendant of the founder

anyone looking to make

derful years of working

with him," Levasseur

says when Levasseur

needs a vacation or a

"It's been eight won-

For his part, Blair

or the library. Resident Scott

Goodspeed said he got involved in the haunted trail project as a volunteer last year with his wife and son.

New Durham School

The Halloween event een bash, Chasse has had es and individuals, and Conservation Commission member Ron Gehl be lending their voices to

of the First Freewill Baptist Church and preacher at the Meetinghouse,

BLAIR

from Page A1)

an appointment.

said of Blair.



Durham Recreation Department and Meetinghouse Restoration Committee, with the help of a cadre of volunteers, will soon transform them into the Haunted Trails, infamous for frights and scary sights. The spooky route through the woods is one part of a town-wide celebration of All Hallow's Eve on Friday, Oct. 30 and Saturday, Oct. 31 from 6:00 - 8:00 p.m. to be held at the 1772 Meetinghouse on Old Bay Road.

Benjamin Randall, has participated in the building's restoration project since the 1980s.

Through the years, he has also used his personal equipment to clear the parking area, trail system, and grounds.

"We are so lucky to have the town's foundational building on its original site," he said. "Many activities have occurred through the years; it's a great place to have Halloween activities and a great way for the town to get involved."

Member Robin Bickford also has ties to the building, joining the committee because the Meetinghouse "meant something" to her father-in-law and, along with her love of history, she "wanted to do something for the communi-

She said, "The Meetinghouse belongs to the community and it's such a unique place for plays, dances, and parties."

Ann Kelley, former member of the MRC and a Merrymeeting Merrymaker who performed at Christmas events at the Meetinghouse, is also the mother of an Eagle Scout who did his major

day off, he might give it a

go one more time, for old

"It's been a good

Sports Editor Josh-

or josh@salmon-

ua Spaulding can be

reached at 279-4516, ext.

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ride," Blair said.

project there.

"It's great that the town is using the facility," she said. "It's such a wonderful asset to the community and should be promoted."

Randall asked fellow residents to help make the Recreation Department's two-evening event a success. "This Meetinghouse deserves all of our support."

Chasse does not want to give anything away, but trailblazers might expect sections of the route to be invaded by witches, zombies, and mummies. "We've been working on different ideas," she said.

Another aspect of both evenings is a 50/50 raffle, with tickets selling for \$1.00 each or six for \$5.00.

"Proceeds will go toward next year's event," Chasse said.

Police Chief Shawn Bernier has announced Trick-or-Treat

hours for the town are Saturday, October 31 from 5:00 - 7:00 p.m. Officers will be offering drive-through candy at the police station parking lot to trick-or-treaters in their vehicles.

Treats are also available at the Food Pantry, across from Town Hall, and Berry's Bait, behind Johnson's restaurant.

Guidelines for Halloween this year are available on the town's website at newdurhamnh.us.

"It's a lot of work," Chasse said. "I do a lot of prepping, but without the volunteers, I wouldn't be able to make it happen." Kinmond said it is

"great to support these wonderful collaborative civic events that serve the New Durham community."

"Don't miss out on the fun," Chasse urged, "if you dare to get scared."

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Trunk or Treat event planned in Barnstead

BARNSTEAD — Calling all ghosts, ghouls and goblins of Barnstead!

Barnstead Parks and Recreation would like to invite you to come to or drive through style Trunk-or-Treat for 2020. We are hosting this on Oct. 31 from 4-6 p.m. in the BES parking lot. But that's not all, there may be a little surprise thrown in there also! Candy will be handed out at the end only, having been handled by the clean hands of only one or two people! Want to be a trunk this year? Email us at barnsteadparks@ gmail.com to get confirmed!

Don't miss out, this is one of the towns most fun events! More information on our FaceBook page or Web page, barnsteadnhparks-rec.com.



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Barnstead Farmer's Market hosting outside Holiday Fair

BARNSTEAD — The Barnstead Farmer's Market invites you to an outside Holiday Fair Saturday, Oct. 24 from 10 a.m. to 2 p.m. at the Maple Street Church Parking lot, 96 Maple St., Center Barnstead.

Please join the Barnstead Farmer's Market for a day of amazing shopping with more than 20 vendors including the Farmer's Market, local Crafters, Knitters, Artist's and Authors! We are having an online raffle; items will be posted on out Facebook page for viewing! Raffle Tickets will be available for purchase at the market tent on Oct. 24. For those wishing to purchase tickets online please email: info@ barnsteadfarmersmarket.club. Our event will feature delicious baked goods, breakfast and lunch from Maple Leaf baked Goods from the farmers market. Check out the Baysider for our holiday Ad and bring to Holiday Fair for a free Shopping Bag!

Covid Guidelines: Vendors are required to wear masks from 10 until 11 a.m. Customers are encouraged to wear masks. Ask your vendor to show you the items you are interested in.

Save the date, bring your family and friends for a day of shopping, eating, and lots of fun! For more information please call Lori Mahar at 269-2329 or email: info@barnsteadfarmersmarket.club.

Alton Parks and Recreation Connection

Spectacular Scarecrow Spree

Last call for Scarecrows. Join community members and create a scarecrow now until Oct. 25. Alton is collaborating with "Our Towns Recreation", a group of local Recreation Departments including: New Durham, Wolfeboro, Ossipee, Wakefield and Rochester with a challenge to make scarecrows in all of our communities. Our Towns Recreation will be sharing scarecrow photos online. Submit your Alton photo to <u>Ourtownsrec@gmail.com</u> by Oct. 25. Prizes will be awarded for the best scarecrow.

Trick or Treat Hours

The Town of Alton Trick or Treat Hours are Saturday, Oct. 31 from 5-7 p.m. Please see the Town of Alton website www.alton.nh.gov for COVID guid-

Yoga on the Lake

ASSIFIE

For Advertising Call (603) 444-3927

Sheila Marston will be leading an outdoor Yoga Flow class in Alton Bay at Railroad Square Park. Social distancing will be practiced. The class will be held on Sundays from 11 a.m.-noon and will feature: grounding postures; balance series: core series; ending with spine strengtheners, stretching and relaxing Savasana. Flow will change a little every week. Dress in layers and bring a mat. \$10 drop in fee or \$32/month.

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Moultonborough: Quaint 2BR house located at the base of Red Hill. Cozy brick hearth with a wood stove in the living room and many space-saving features throughout the home.



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Consumer Protection Bureau (the "Bureau"). Until such time as these Condominium Units are exempted from registration or an registered with the Bureau no binding contract for sale or lease of any lot, unit or interest may be created.



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178 CROSS ROAD is a log home on 6.6 acres which sits back nicely from the road. The front yard is set with beautiful tall pines and the rear of the property enjoys views of hardwood trees. This home has 2-bedrooms and 1-bathroom, it was built in 1975, and includes multiple wood burning stoves to add to the warmth and ambience. There is a covered, screened-in porch overlooking the rear of the property and a covered area below which would be great for storing a tractor. Assessed Value: \$200,700. Tax Map 19, Lot 10.

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RICK SWANSON ESTATE COLLECTION To Be Sold at Online-Only Auction Strafford, NH - Bidding Ends on October 28th



NEW HAMPSHIRE MILK BOTTLE COLLECTION to include very impressive poly-glaze examples in various sizes, both round and square with over 240 different NH dairies represented, as well as, an extensive NH embossed collection. New England states Applied Color Label Soda Bottle Collection, Large Swazey stoneware collection of crocks, jugs, bean pots and more, extensive Charles Sawyer colored print collection of New Hampshire scenes, vintage soda and beer advertising items, brass scale collection, early NH porcelain license plates, mostly NH stoneware jug collection, many with blue decoration, blue spongeware, blue salt-glaze pitcher and stoneware collections, several hand-painted fish sets and game sets, brass stencil collection collection of record albums, tin toys, Winchester trade sign, door stops, coffee tin collection, Griswold cast iron collection, fabulous oak display cabinets, decoys and much more. This is a sale not to be missed. Also offered is a 1993 Mustang 5.0 LX-Convertible.

INSPECTION: For registered bidders only Thursday, October 22nd from 9:00 a.m. to 4:00 p.m.

FOR COMPLETE DETAILS AND **CATALOGUE LISTING VISIT:** paulmcinnis.com





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Duplex Condos with Three-Car Garage Center Conway, New Hampshire Tuesday, November 10th at 11:00 a.m.

87 SARGENT ROAD, Units 1 & 2 is a duplex condominium (PUD). The units each total 1,098 sq.ft. of finished living space with 2bedrooms and 1-bathroom. Additionally, there is a three-car detached garage. The property totals 2.9 acres and is serviced by community water. Unit 1: Assessed Value: \$170,000. Tax Map 275, Lot 12.001. Unit 2: Assessed Value: \$106,800. Tax Map 275, Lot 12.002. The property will only be sold in the entirety.

INSPECTION: One hour prior to auction, if permitted. TERMS: Five thousand-dollar (\$5,000.00) deposit in cash, certified check, bank check, or other instrument deemed acceptable to mortgagee at time and place of sale. Balance due

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 $or\ write$ The Commission at 163 Loudon Road, Concord, NH 03301

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Seeking certified, dynamic educators to join our school community for the 2020-2021 school year. The successful candidates should seek to cultivate a learning environment that promotes collaboration, innovation, critical thinking and self-direction.

Gilford Middle & Elementary School **Long Term Substitute**

with a K-6 certification for the 20-21 school year. Expected to effectively deliver lessons to a range of learners and age groups, responsively manage and support these students, as well as collaborate with team members across the elementary and middle school.

Gilford School District

Paraeducators

Seeking paraeducators to work in our school district various school locations possible

Substitutes

Teachers, Paraeducators, Food Service, Custodians A four-year degree is preferred, but not required for substitute teachers. A high school diploma is required for substitute paraeducators.

Food Service Worker

Part-time, school year position, various school locations possible.

For more information and consideration, candidates should apply on line at www.sau73.org.

Positions are open until filled. Competitive salary & benefits package offered.

Gilford School District is an Equal Opportunity Employer

Alton School District 2020-2021 **Fall Coaching Position**

Alton Central School, pre-k-8, is seeking qualified applicants to coach the following sport for the 2020 - 2021 season.

Boys' Middle School Basketball

If interested please apply through AppliTrack at: https://www.applitrack.com/altonk12/onlineapp/

Application Deadline: October 26, 2020 or until filled

If you have any questions contact Russ Perrin, ACS Athletic Director rperrin@sau72.org or 603-875-7500 x 328

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BULL'S EYE!



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SHAKER REGIONAL SCHOOL DISTRICT SUBSTITUTE NURSE

Shaker Regional School District is seeking qualified individuals for Substitute School Nurse assignments, covering school nurse absences, on an on-call basis. Substitute nurses receive \$150.00 per day/ \$75.00 per half-day. Substitute nurses must be a Registered Nurse in the State of NH, and complete a post-offer, pre-employment physical and criminal background check, including fingerprinting.

Applications can be obtained through the District website at https://www.sau80.org/departments/human resources, or by visiting the Superintendent of Schools Office at 58 School Street, Belmont, NH or by calling 603-267-9223.

Shaker Regional School District serves the communities of Belmont and Canterbury, NH and is an Equal Opportunity Employer.

NCH Upper Connecticut Valley Hospital

JOB OPPORTUNITIES

FULL-TIME LNA – Night Shift

*RN SIGN ON BONUS! *Speech/Language Therapist

*Clinical Operations Manager

*RN – M/S Charge, Day Shift

*RN – M/S Charge, Night Shift

*Multi-Modality Radiologic Technologist

<u>PER DIEM</u>

LPN or MA

LNAs - RNs

Phlebotomist Certified Surgical Tech

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Established in 1914, MSA Safety Incorporated is the world's leading manufacturer of safety products designed to protect people throughout the world. With headquarters located in Cranberry Twp., Pennsylvania, MSA employs approximately 4,800 associates and maintains operations that extend around the world. These resources include manufacturing operations on five continents, major R&D centers in the U.S, Germany and China, and more than 40 international locations that help protect lives in more than 140 countries.



JOB FAIR Tuesday, September 29, 2020 from 2:00 PM - 6:00 PM 37 Loudon Road, Pittsfield, NH 03263 Temperature monitoring and social distancing will be required for this event – masks and

hand sanitizing stations will be available.

NOW HIRING HEROES for the following Full Time Hourly roles:

- Stitching single and double needle (Adler, Juki, Pegasus, and Tajima industrial sewing machine experience)
- Embroidery
- · Trim Set (Kansai Machines)
- Eyelet, Rivet, Label Sealing, Top Stitch Post, Cuff, Binding, Bartack Inspection
- · Cutting (Gerber machines and experience with measurements) · Bagging, Prepping and Sealing
- Maintenance Mechanics
- Customer Service
- Turn Out Gear Service Representative
- · Repair Stitching

If you are interested in any of these positions, please refer to the instructions below and visit our career website to apply.

- 1. Go to https://msasafety.com/careers
- Select US & Canadian Applicants
- Under LOCATION drop-down select "Pittsfield, NH"
- Click on the title for any position you would like to view in detail.
- 5. Click on "Apply for this job online" located on the right side of the screen.
- 6. Enter your email address.
- The next screen will prompt you to create a profile if you are a first-time user of this site. If you have logged on before, you will be asked to enter in a password. If you forget your password, click on "Forgot your password" link.
- Create your candidate profile, upload your current resume or complete the text box with your work experience, education and any relevant information you would like to include, then select "Submit Profile".
- 9. Answer the Candidate Questions and click "Submit".
- 10. Answer the Job Specific Question(s), if applicable, and click "Submit". 11. You will receive a confirmation that your application was successfully submitted.

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Call our toll-free number

1-877-766-6891 and have your help wanted ad in 11 papers next week!

October is Breast Cancer Awareness Month

Prevention

More than 200,000 women are diagnosed with breast cancer in America each year, but there are steps you can take to reduce your risk. Healthy lifestyle choices like consuming a low-fat diet rich in fruits and vegetables, engaging in regular physical activity and avoiding cigarettes and excessive

alcohol are all important steps in helping to prevent breast cancer. Early detection is also key in the fight against breast cancer, so be sure to perform a breast self-exam each month, and ask your doctor when to schedule mammograms and other screenings.

reatment

A breast cancer diagnosis can be devastating to the more than 200,000 American women who receive one each year, but it's important to remember that great strides have been made in successfully treating the disease. At Harding Cancer Center, we take a multidisciplinary team approach to breast cancer treatment, using

the latest technological advances and research findings to help patients experience greater success rates with fewer side effects. We also offer a variety of support services to ensure a level of care that goes beyond the standard to make each patient experience the very best it can be.

Hope

It is estimated that more than 200,000 women in the United States will be diagnosed with breast cancer this year, but we find hope in knowing that there are more than 2.9 million breast cancer survivors in the U.S. today.

Great strides have been made in early detection and treatment of breast cancer, and these survivors are living proof. During Breast Cancer Awareness Month and all year, we are

committed to fighting the disease with education outreach,

screening tests, advanced treatment options and a team of

dedicated medical professionals whose commitment to beat-

ing breast cancer never stops.

Standing Together in the Fight Against Breast Cancer

Statistics indicate there will be more than 256,000 new cases of breast cancer diagnosed in American women this year, and breast cancer is the second leading cause of cancer death in women of both countries. Thanks to early detection and treatment advances, survival rates have improved dramatically, but much room for progress remains. As diagnosis and treatment options continue to evolve, medical experts agree that early detection is a key factor in overcoming the disease, and performing a monthly breast self-exam is often vital to detecting abnormalities, including lumps or tenderness, in the breasts that may indicate illness. Take steps to protect yourself against breast cancer during Breast Cancer Awareness Month by initiating healthy lifestyle changes, beginning monthly breast self-exams, and talking to your doctor about the appropriate clinical breast exam and screening mammogram schedule for you.







During October, National Breast Cancer Awareness Month, we remember the mothers, daughters, friends, sisters and wives who have lost their lives to breast cancer. We also salute the survivors whose successful fight against breast cancer gives us hope for the future and a cure.









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STRATEGIES FOR LIVING

Chuck Colson: His story

BY LARRY SCOTT

It was a grey overcast evening when Charles Colson, caught in the middle of the Watergate investigation, drove up to the home of Tom Phillips, a respected friend, and successful businessman. Settling in on the back porch with a glass of iced tea in hand, they began to discuss where life was going for each of In his book, "Born Again," Chuck Colson writes of the dramatic change that came into his life that evening. In his words,

"I am not doing too badly, I guess," said Colson. ... "But I'd rather talk about you, Tom. You've changed and I'd like to know what happened."

'The success came, all right, but something was missing,' he mused, 'I felt terrible emptiness.' I don't understand it, I interrupted. ... You were a straight arrow, ... everything, in fact, going your way. 'All that may be true, Chuck,' Tom responded, 'but my life wasn't complete. ... [T] here was a big hole in my life. ... One night I was in New York on business and noticed that Billy Graham was having a Crusade in Madison Square Garden. ... What Graham said that night put it all into place for me. I saw what was missing, the personal relationship with Jesus Christ, the fact that I hadn't ever asked Him into my life, hadn't turned my life over to Him. So I did it – that very night at the Crusade'" (pp. 108-110).

Colson was impressed, and they talk-

ed well into the night. Chuck began to "get the message" but held off pursuing the matter any further. Then Tom asked if they could pray together the fore Church 16th

er before Chuck left. "As Tom prayed, something began to flow into me – a kind of energy. Then came a wave of emotion which nearly brought tears. I fought them back. ... As I drove out of Tom's driveway, the tears were rolling uncontrollably. ... I pulled to the side of the road ... [and] prayed my first real prayer. 'God, I don't know how to find You, but I'm going to try! ... [S]omehow I want to give myself to You.' I didn't know how to say more, so I repeated over and over the words: Take me" (pp. 115-117).

Chuck Colson struggled. There were many questions, but he knew what he had to do. Some decisions are not easily made, but Chuck knew he could go on no further; he had to make a decision. So,

"[E]arly ... Friday

morning, words I had not been certain I could understand or say fell naturally from my lips: 'Lord Jesus, I believe You. I accept You. Please come into my life. I commit it to You.'... With those few words that morning ... there came something more: strength and serenity, a wonderful new assurance about life. ... I was coming alive to things I'd never seen before" (p. 130).

Chuck Colson's experience mirrors what I have been saying here. There can be no relationship with God except through Jesus Christ, but once one has the courage to invite his forgiveness and welcome Jesus Christ to be his Lord and Savior, it marks the beginning of a journey that is truly life-changing. For Chuck, it began with a simple prayer of surrender, but by that prayer, he met Jesus Christ on a personal level, and that changed everything!







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