THURSDAY, JULY 11, 2019

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

Alton selectmen discuss budget planning

BY KATHERINE LESNYK

Contributing Writer

ALTON Chairman Reuben Wentworth, Vice Chairman Virgil MacDonald and Selectmen Philip Wittmann and Paul La-Rochelle of the Alton Board of Selectmen listened to updates from the cyanobacteria mitigation steering committee and began planning for budget proposals from town departments for the next budget year, which led to a discussion about overtime pay for town department employees, at the board's public meeting on Monday, July 1.

The first selectmen report of the evening, regarding upcoming budget committee due dates for department proposals and how the budget will be structured, was ultimately the most lively discussion of the night as it evolved into a discussion about decreasing the overall budget.

Wentworth introduced the discussion with a question about needed.

whether the budgets should be submitted as "zero-based," in which the departments have to "justify" each budget item.

The town administrator said that she noted in a July 1 e-mail to the departments to "keep your mind on the taxpayer" and "to look at your needs, not your wants," especially given that the current budget is a default budget.

LaRochelle tioned overtime pay for town employees as a budget item to consider decreasing, giving the suggestion of transferring employees from one department to another when possible and necessary in order to reduce the need for overtime pay.

Wentworth referenced a letter sent to the town regarding "time management" among the departments and he agreed with LaRochelle's suggestion about utilizing employees in multiple partment budgets will departments when be due to the board of

can't keep blaming everything, work that isn't being done, on the default budget," Wentworth said in regards to department projects.

"We shouldn't be blaming anything on the default budget," MacDonald added.

"All I'm saying that if there's a person available, if the departments talk to one another... and one department has seven men going full-time, they can't make the deadlines... but this department has 15 guys and three of them are looking for something to do... can we just take that person from one department to the other without paying overtime, and pay that person as that person is on the other job, except for the fact there's differences in pay?" LaRochelle said.

Ultimately, a zero-based budget system was preferred by the board, and the de-

SEE ALTON, PAGE A12



COURTESY PHOTO

Senior star

Stanley Moulton of Alton competed in the 2019 Senior Games in Albuquerque, N.M. from June 15-23. He competed in eight events across the track, road race and power walk disciplines in the 85-89-year old age group with athletes from across the country. He returned home seven medals and ribbons: Silver in 1,500-meter and 5K power walk, 4x100-meter relay, fifth place in the 10K road race, sixth place in the 5K road race, seventh place in the 1,500-meter run and eighth place in the 800-meter run. He brought along a copy of The Baysider on his journey. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

Summer night on the lakeshore

PARKS AND RECREATION HOSTS COMMUNITY CAMPFIRE AND SINGALONG

department hosted an evening of campfires, s'mores and more.

BY KATHERINE LESNYK

Contributing Writer

ALTON — The Alton Parks and Recreation department held its first "Community Campfire and Singalong" on July 5 at the town beach.

Two small fires were maintained by Highway Manager Ken Roberts, and Parks and Recreation Director Kellie Troendle talked to visitors and managed the picnic table where s'mores supplies could be picked up. Visitors set up chairs, played volleyball and watched small fireworks displays while SEE CAMPFIRE, PAGE A4

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THE CAMPFIRES burned along Alton's town beach on Friday as the town parks and recreation

Sunday dinner to benefit Mitchell family

ALTON — On Sunday, July 14, the Alton Business Association (ABA) and the Masons for Winnipisaukee Lodge 75 in Alton are joining forces to hold a ham and bean benefit dinner for the Mitchell family. Brian and Linda Mitchell owned Amilyne's Corner Market in Alton Bay for 10 years, along with their daughters Amy and Chrissy, and Linda was well known for her baked goods. The Mitchells did a lot of things for the town during their 10 years at the market. On June 20, Linda passed away after a battle with cancer.

The dinner will be held at the Masonic Building at 40 Suncook Valley Road (Route 28), next to River Run Deli, and they will be serving from 4 to 7 p.m. The menu is ham, beans, hot dogs, coleslaw, drinks and watermelon. This dinner is being held with no fixed price, only your donation to this cause. All proceeds will be going directly to the Mitchell family. Please come join the ABA and Masons, and support this benefit. Takeout containers will be available if desired. If you have any questions, contact Dick Quindley at 455-6212.

Earlier deadlines moving forward

MEREDITH — Due to printing schedule changes, the weekly editorial deadline for The Baysider has changed to 4 p.m. on Mondays starting with this issue of July 11. Please note that all letters to the editor, photos, press releases and obituaries must be in our offices by 4 p.m. on Monday for inclusion in that week's paper.

Also note, the advertising deadline of 4 p.m. on Monday has not changed.













8 am Worship Service **Community Church of Alton** 20 Church Street, Alton

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ALTON BAY CHRISTIAN CONFERENCE CENTER Sundays throughout the summer 10:am & 7pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON

Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net

CENTER BARNSTEAD

Adult and Teen Bible Study 11:15 am. Sunday School for all ages 10:00 am Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831

COMMUNITY CHURCH OF ALTON Prayer Meeting 9:00 am Christian Education for all ages

nursery-adults, 9:00 am Rev. Dr. Samuel J. Hollo. 875-5561. Sunday Worship Service 10:00an Alton Bay Bandstand July 1-Sept 2 10:00am 20 Church Street

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC Sun. School and Worship Services, 10:004M, 504 N. Barnstead Rd., Pastor Nancy Talbott; 776-1820,

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BARNSTEAD, N.H.

on the Parage in Barnstead Sunday Morning Worship Service for all ages begin at 10:00 a.m Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548. Father Robert F. Cole, Pastor.

Mass Saturday 4pm; Sunday 8:30 & 10:30an Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S **EPISCOPAL CHURCH**

Sunday 9:30. 50 Main St., Pittsfield Rev. Miriam Acevedo, 435-7908 www.ststephenspittsfield.com

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Boat parade

On Saturday, July 6, Locke Lake Colony Association in Center Barnstead held its annual boat parade. Participating boats sailed around the lake displaying their decorations from Christmas in July to a rowdy pirate ship. At the end of the parade voting on the main beach began to determine the winner of this year's parade. The Demars' groovy themed Volkswagen bus was declared the winner. Congratulations to them and all who participated. Fun was had by all. Entertainment by the local band "Aches and Pains" followed on the beach.



Oscar Foss staying busy this summer

BARNSTEAD — This summer the Oscar Foss Memorial Library is hosting Baby Rhyme Time for kids two years of age and younger. Come on down to the Oscar Foss Memorial Library for stories, music and movement with Ms. Jerissa. This program will be held on Tuesdays at 10:30 a.m.

Songs and Stories

Bring your kiddos aged 3-5 to the Oscar Foss Memorial Library for their summer time Songs and Stories with Ms. Jerissa. The fun starts at 10 a.m. every Wednesday and will be followed by the kids' arts and crafts program for kids of all ages.

Teen Movie Night

All teens can head to the library on Thursday, July 18, at 6 p.m. to watch Star Wars: The Last Jedi on the big screen. Snacks will be provided.

Lightsaber Battles

Middle schoolers are invited to the library on July 19 at 5 p.m. for an epic lightsaber battle. Participants can make a lightsaber using materials the library will provide or bring their own from home. They will then design, act out, and record a battle that will be edited and added to the library's youtube channel. Photo release forms will be available for parents to sign at the start of the event. A completed form is required for kids to appear in the video. Don't miss the fun.

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www.barnsteadfarmersmarket.club We are a family friendly market, check out our Facebook page or website for weekly activities and specials!

Crash claims one life in Barnstead

BARNSTEAD — Friday morning, July 5, at 8:52 a.m., Barnstead Police responded to a fatal motor vehicle accident on Route 28 in the area of the construction in

front of Pine Tree Storage. The crash is under investigation but it appears the operator and sole occupant of the vehicle stuck one of the jersey barriers

before driving off of the roadway and striking a tree. Because the crash is still being investigated, further details and the victim's name are not being released. The

that everyone please extreme caution use and drive slow when passing through these narrow construction

Oregon professor to speak to Alton Historical Society

ALTON — Thomas C. Hubka from Portland, Ore., where he teaches architectural courses at the University of Oregon, Portland State University and Portland Community College, will be the guest speaker at the Alton Historical meeting on

Tuesday, July 16, at 7 p.m. in the Alton Gilman Library, 100 Main St. His program, Big House, Little House, Back House, Barn: The Connected Farm Buildings of New England, is offered by the New Hampshire Humanities and supported by the Alton Historical Society.

Hubka is a Professor Emeritus from the Department of Architecture, University of Wisconsin-Milwaukee where he taught for more than 20 years. He encourages your observations, input and comments on the New England farm architecture genre.

Through architecture unique to north-England, ern New Hubka's illustrated talk focuses on several case studies that show how farmers converted their typical separate house and barns into connected farmsteads. **Thomas** Hubka's research in award-winning book, Big House, Little House, Back House, Barn: The Connected Farm Buildings of New England, demonstrates that average farmers were, in fact, motivated by competition with farmers in other regions of America, who had better soils and growing seasons and fewer rocks to clear. The connected farmorganization, housing equal parts mixed- farming and home-industry, one of the collective responses to the competitive threat.

The New Hampshire Humanities offers a variety of historical, musical and education programs for organizations to sponsor and which are free to the public. The Humanities program is an independent non-profit and not affiliated with any gov-

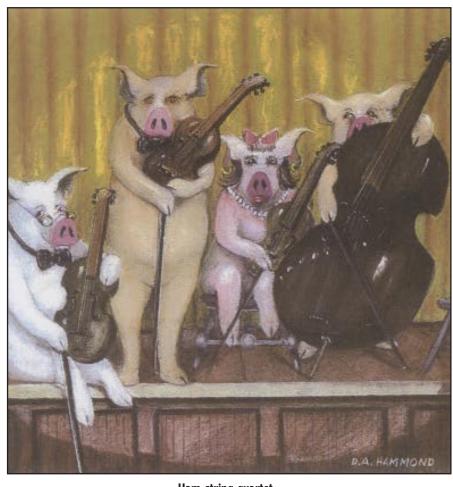
ernment agency. The Alton Historical Society meets every third Tuesday evening at 7 p.m. in the Gilman Library and the public is always invited to the meetings and programs at no cost. They would love to have new members join the society and you can get information by contacting Mary Cornelissen at 875-5456.







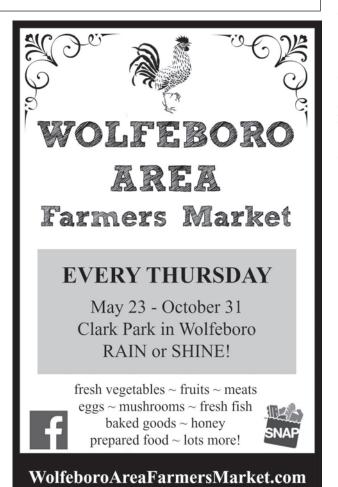
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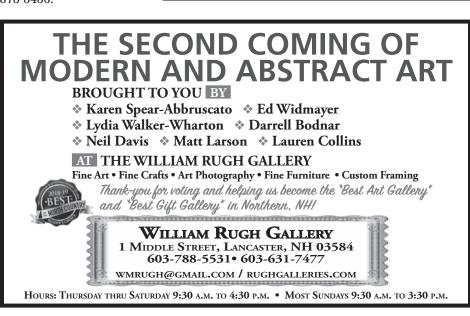
Ham-string quartet

Breakfast buffet set for July 21 in Alton

ALTON — On Sunday, July 21, the Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and gravy, scrambled eggs, omelets, bacon and sausage, home fries, beans, pancakes, French toast, coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. So. join them for breakfast between 7:30 and 11 a.m. They hope to see you there, always on the third Sunday of the month. For more information, contact David Collier at 875-0816.











We Will NOT be Undersold

Opinion

Fact and opinion

We thought it might be time to remind people a bit about the paper and newspapers in general.

First and foremost, mistakes can be made and we will correct anything that is a mistake if notified. Unfortunately, mistakes are part of the business and we will do our best to make sure that things are presented fairly and mistakes are corrected.

Secondly, it should be noted that letters and commentary pieces that appear on this page are the opinions of the writer and do not reflect the opinion of the newspaper, Salmon Press or any of its staff. We provide the space as a way for residents to state opinions and promote events. However, at times, it has turned into a place where residents have disparaged others and while writers have a right to their opinions, we may have let it get too far at times and we apologize for that. We want residents to be free to express their opinions, but attacking another person should not be tolerated and moving forward, we will do our best to keep that stuff off our pages.

That being said, this space is reserved for our opinions and what is written here is provided by the editor as an opinion and not as

Newspapers, at least our newspapers, are designed to report on news that happens in the community, be it at meetings of the local boards or at events around the community. The idea of news articles is to present what happened and let viewers decide their own opinions on the events.

But, newspapers are also an important conduit for opinions, but it's important to make sure that facts are separated from opinions. When residents write in a letter to the editor or a Community Corner piece, that piece is the opinion of the writer and nothing more. We don't necessarily agree with every opinion presented by writers, but we also understand that each person has the right to their opinion and the right to state that opinion. What other people think of that opinion is completely up to them and we are not here to tell you what to think of the opinions of others. We believe our readers are smart enough to make their own opinions and if necessary, make a proper response with their own opin-

We're aware that nothing is perfect and there are times when opinions might make their way into the news reporting by mistake. But we will do our best to make sure the opinions stay on this page and out of the news section of the paper.

As we have just finished celebrating our nation's independence, we continue to be grateful to the many readers and businesses who support our newspaper through reading and advertising. Advertising is the lifeblood of any newspaper and without the businesses that pay for ads in the paper each week, there would be no newspaper to read each week.

While that is presented in the opinion section of the newspaper, you can pretty much take that as a fact. And we appreciate the support.



Unusual crafts

You never know what kind of flotation devices you might find on Alton Bay on a summer afternoon, as local photographer George Murphy discovered recently.

Community Corner

Response to allegations about Cryans

BY RUTH LARSON

The NH Republican Party reacted with predictable fury when Executive Councilor Michael Cryans announced that he would vote against the nomination of Attorney General MacDonald for Chief Justice of the NH Supreme Court. Governor Sununu cried "partisan politics," an amazing charge from a man who just vetoed the compromise budget and left school funding in shambles. State GOP Chair Stephen Stepanek went out on a more bizarre limb, claiming that Cryans' vote was payback for MacDonald prosecuting former Sen. Jeff Woodburn (for assault and domestic violence misdemeanors).

Both men conveniently disregarded Councilor Cryans' actual reasons for opposing the nomination, namely, concern about women's reproductive rights (which MacDonald has spent much of his political life opposing), voting rights and lack of experience as a judge. His appointment would result in the NH Supreme Court having three out of five Justices with no prior judi-

cial experience, and he would be the first such Chief Justice. These very valid reasons to oppose the nomination are shared by many, and perhaps Governor Sununu should have considered these possibilities before throwing MacDonald's name into the ring (for Chief Justice, a position it should be noted even the Attorney General had the humility not to seek).

GOP Chair Stepanek further alleged that Michael Cryans was "paying back his dues to Ray Buckley and the Democratic machine" for Woodburn. If we fact check this, we will find that Ray Buckley, NH Democratic Party Chair, was the first public official to call on Sen. Woodburn to resign when the allegations against him became public. As for the rest of the "Democratic machine," all four members of the NH congressional delegation (all Democrats) called for Woodburn's resignation, as did eight of his nine fellow Democrats in the Senate. Stepanek should be ashamed of promulgating such a blatant lie, and he owes all NH Democrats an apology.

When Stepanek added that Cryans' vote "sends a chilling message to those who have the courage to take on entrenched politicians who are accused of misconduct," he was aiming his attack at the wrong party, and should instead have been looking in the GOP mirror.

As Attorney General, Gordon MacDonald received in April 2017 (from the Belknap County Sheriff's Office, headed by Republican Michael Moyer) a referral for perjury on the part of a Belknap Coun-Michael Sylvia, a fellow Republican. After some additional investigation by the Attorney General's Office, which further cemented the perjury evidence, the AG's Office did nothing, waiting quietly for the statute of limitations to run. It was not until April of 2018 that anything happened, and this was in response to RSA 91-A (Right To Know) requests from concerned citizens of Belknap County. The action then taken by Attorney General Mac-Donald? Did he "have the courage to take on entrenched politicians" from within his

own party? Absolutely not. What the Attorney General then did was to close its file on a newly discovered basis: "lack of jurisdiction." The only possible interpretation of the decision that the Attorney General's Office has no jurisdiction over perjury (a Class B felony carrying a potential prison sentence of 3.5 to seven years) is that the perjury statute has been rewritten to exclude a sitting Republican Representative.

In the choice of Gordon MacDonald to lead ty state representative the highest court of New Hampshire, and in circling the wagons with baseless allegations in response to concerns about him, the New Hampshire Republican Party has demonstrated that it continues to value party politics over integrity and fair treatment for all. Both the Woodburn and the Sylvia situations show that Democrats will condemn one of their own, but Republicans will protect misconduct and criminal behavior by their own at all costs. GOP Chairman Stepanek's statements about a chilling message apply perfectly to his own party.

CAMPFIRE

(continued from Page A1)

making s'mores and listening to music. Singer and guitarist John Irish of Meredith performed a variety of hits on a small stage set up by the waterfront including "Take Me Home, Country Roads" by John Denver, "Ring of Fire" by Johnny Cash and "Margaritaville" by Jimmy Buffett, sometimes taking a moment to engage with listeners on the beach and boaters lining up at the Downing's Landing boat launch.

Irish said that he performs frequently at restaurants, bars and town celebrations throughout New Hampshire.

Troendle said that the goal of Parks and Recreation is to "get the community out doing stuff together," and the campfire has a similar, family-friendly goal. She also discussed some of the other activities that Parks and Recreation is hosting or has hosted earlier in the summer. The department held a youth archery camp at Prospect Mountain High School with 16 participants the last week of June. There were also

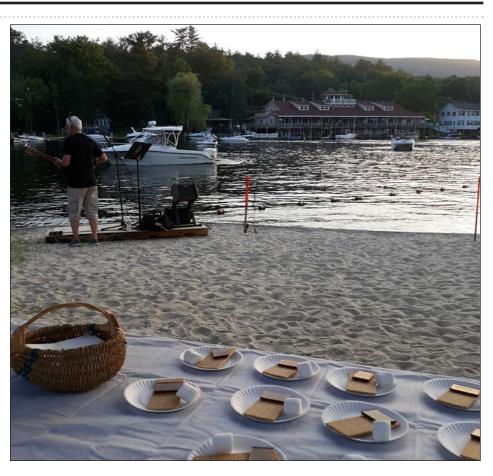
four weeks of community lawn games beginning in May, giving people an opportunity to learn ladderball, spikeball, badminton and bocce. Ongoing activities include adult line dancing lessons from 1:30 to 3 p.m. on Thursdays at the Alton Bay Community Center, pickleball, guitar and ukulele lessons with an Alton Central School music teacher, Zumba classes, yoga classes and Saturday night concerts at the Alton Bay bandstand. Parks and Recreation is also managing the Old Home Week 5K race and craft fair in August.

The Alton Parks and Recreation department is staffed by Troendle, an administrative assistant, ground and maintenance department staff, cemetery department staff, lifeguards and part-time office staff.

Troendle said that the next Community Campfire and Singalong will be on Aug. 2 from 8 to 9:30 p.m. at the town

KATHERINE LESNYK

AS JOHN IRISH played his guitar, s'mores were set up awaiting consumption by hungry



Tuttle reaches Eagle Scout rank



MAX TUTTLE recently reached the rank of Eagle Scout with



MAX TUTTLE (right) completed his Eagle Scout project, ADA compliant picnic tables at the Gilman Pond Recreation Area.

ALTON — Early this tion in 1911, only four June. Maxwell James Tuttle of Alton celebrated his achievement of earning the rank of Eagle Scout in the Boy Scouts of America with Troop 53. Eagle Scout is the highest achievement or

rank attainable in the Boy Scouts of America. Tuttle will be able to count himself among a distinguished group of men such as Neil Armstrong, Bill Gates, Mike Rowe and Steven Spielberg. Since its incep-

Troop 53.

percent of Scouts have earned this rank. In order to be awarded the rank, a prospective Eagle Scout must not only earn a number of performance based awards, but must plan, develop, and give leadership to others in a service project helpful to any religious institution, school, or his community, which will only be accepted after a lengthy review process.

Tuttle started his Scouting career when including life skills such

he joined the Cub Scouts as a second grader in a Wolf Den. Through the years learning skills and having fun in the strong Scouting community in Alton, Tuttle crossed over into Boy Scouts in fifth grade after earning the Arrow of Light, the highest award in the Cub Scout program. During his tenure in the Boy Scouts, Tuttle had the opportunity to explore many aspects of the Scouting program,

as first aid, orienteering, cooking and wilderness survival. Additionally, he was introduced to other areas of interest like shooting sports, citizenship, physical fitness, computers and electronics. The culmination of his Scouting exploits occurred this past December when Tuttle completed his Eagle Scout Project, three Americans with Disabilities Act compliant picnic tables for the Gilman Pond Recreation

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Area, which were then presented at a District Board of Review in February.

In addition to his Scouting activities. Tuttle has been an active student at Prospect Mountain High School. He graduated with his class this June where he was Class Treasurer for three years and trumpet player in the PMHS band. As an athlete with PMHS, Max lettered in three varsity sports, golf, alpine skiing and

tennis where he was the team co-captain for three years. Very active in community service, Tuttle has been a member of a Relay for Life team for more than 10 years, spending hundreds of hours raising money and walking around a track for the American Cancer Society. This fall, Tuttlewill be attending the University of Southern Maine studying Electrical Engineering with a concentration in Computer Engineering.

Hazardous waste collection in Alton Saturday

ALTON — The Lakes Region Household Hazardous Product Facility (LRHHPF) will hold a satellite hazardous waste collection at the Alton Transfer Station on Saturday, July 13, from 8:30 a.m. to noon.

Twice a year, LRHHPF personnel travel to Alton to facilitate collecting oil-based paints, stains, automotive fluids, pesticides, herbicides, cleaning products and other products marked danger, flammable, poison, corrosive, caustic or with other warnings.

Alton residents and taxpayers may also attend the third Saturday of the month collections at 404 Beach Pond Road, Wolfeboro, from May through October. The second Alton on-site collection will be held on Saturday, Sept. 14, and will include a special medicine collection (meds Aug. 17 in Wolfeboro). In September, please bring pills in their original container as the pharmacist must identify and count all prescription drugs. Pills should not be mixed together in baggies.

Please bring hazardous waste products in original containers. Small items may be placed inside a cardboard box for swift removal from your vehicle. A business card hazardous waste pass can be gotten for free from transfer station personnel prior to the collection.

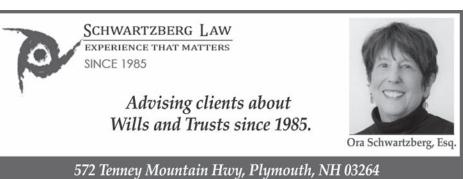
Call the site coordinator at 651-7530 for more information.



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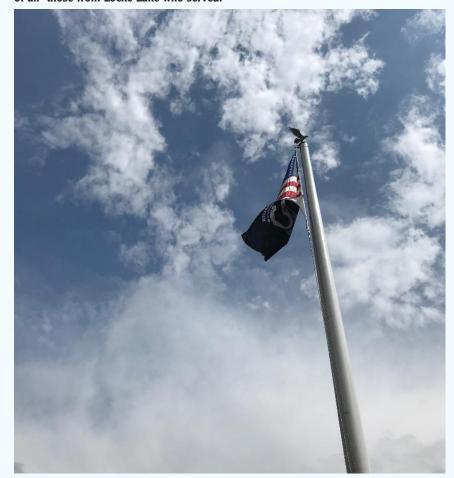
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COURTESY PHOTOS

Bench dedication

On Saturday, July 6, as part of the Independence Day weekend celebration at Locke Lake, a dedication ceremony was held to honor those who served. The American Legion of Alton Post 72 Claude R. Batchelder members Marty Chabot (Past Commander), George Feeney (current Chaplain) and Jody Batte (Adjutant) along with the current Locke Lake Board President Mike Cipriano held a ceremony to dedicate the granite bench and the MIA/POW flag at the rose garden/ flag pole on Colony Beach in honor of all those from Locke Lake who served.







Septic Sense seminar scheduled for July 30

ALTON — On Wednesday, June 19, the watershed management planners explained that four factors would determine the future of water quality in Merrymeeting watershed and they were stormwater runoff, septic systems, agriculture and fertilizer use, and development. For Merrymeeting Lake, the future depends on attention to stormwater runoff and failing septic systems. The Cyanobacteria Mitigation Steering Committee will try to assist the public in meeting these challenges by making available free and confidential advice to property owners on the lake and river who have stormwater run-off issues and by sponsoring (with the Lake Winnipesaukee Association) a seminar called Septic Sense to be held in Alton's Gilman Library on July 30, at 6:30 p.m.

Those seeking free advice on stormwater run-off issues should contact Fred Quimby at fwq1@cornell. edu or call 859-4280 and leave your name, address and telephone number. An Americorp intern, trained in stormwater issues, will call and make final arrangements with you personally.

The Septic Sense seminar will address the following issues regarding septic systems: How can I find a record of my septic system's history?; a history of regulations regarding on-site sewerage disposal systems; applicable NH laws and recent changes; types of septic systems and how they work; proper maintenance and the dos and don'ts; signals of a failing system, legalities, and costs; alternative solutions for difficult sites; and why should we care—water quality and health impacts? The seminar will be followed by a question and answer session. The Gilman Library is located in Alton's downtown village on Main Street, a 10th of a mile from Town Hall. Parking is available behind the library.

Concerts, road race and more on deck in Alton

ALTON — Summer concerts run from 7 to 9 p.m. at the Alton Bay Bandstand on Saturdays.

July 13 - Chippy and the YaYas - cover rock band, 60s to now;

July 20 - Shana Stack - country;

July 27 – Bittersweet - classic rock;

Aug. 3 - Gerry Grimo and East Bay Jazz - elegant swing, jazz and blues;

Aug. 10 - Blacklite Band - classic rock - Fireworks to follow at 9 p.m. Aug. 17 - Chris Bonoli - soft rock, country and

classic electric blues; Aug. 24 - Saxx Roxx classic rock with brass; Alton Old Home Week 5K Road Race

Co-Sponsored Meredith Village Savings Bank, the race will be Aug. 10 at the Alton Bay Bandstand at 9 a.m. Sign up by July 15 and receive a long sleeve race shirt. The USATF certified course through Alton will feature computerized timing with bib chip and results posted online. The course is scenic, slight varying flat/downhill with one moderate incline and is paved. Prizes, refreshments, water stops, traffic control and raffle for racers are included. Forms and map available at www.alton.

nh.gov or register on-

line at www.lightboxreg.

com/alton5k2019.

Line dancing lessons
Line dancing with
Joan Lightfoot is held
at the Pearson Road
Community Center on
Thursdays from 1:30 to 3
p.m. from July 11 to Aug.
1 then will resume at the
Alton Bay Community
Center on Aug. 8. Adults
of all ages and abilities
are welcome. Register
on site.

Exercise classes

Zumba classes with Sherry Meyer are Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m. \$

Alton Recreation Soccer League

Register now for the Alton Recreation Soccer Program, grades 1-6. Skill development, drills, fundamentals, teamwork and games. Season runs August-October. Register online at www.revsunited.com/ars. Deadline to register is July 31.

Singalong and Camp Fire at Alton Town Beach

Join friends and community members at the Alton Town Beach on Friday, Aug. 2, from 8 to 9:30 p.m. for a beach campfire and acoustic guitar sing along with John Irish. Bring a chair and toast s'mores. This program is free. Fun for the whole family.

Sponsors sought for Old Home Day parade

ALTON — The Alton Business Association is excited to present this year's Alton Old Home Day Parade on Saturday, Aug. 10, at 2 p.m. The parade participant list is growing by the day and they are super excited to announce one of the highlighted participants, the NH Police Association Pipes and Drum Band, spectators won't want to miss out on this. For creative minds, they are having

a float contest with cash prizes. No time to build a float? Then gather some friends or family to walk it or cruise the parade in your prized car (a great opportunity for some free advertising for your business). The parade will start in the center of town at 2 p.m., the parade line-up will begin at 1 p.m. on School Street by Alton Central School, travel down Main Street and it will end in Alton Bay (approximately 1.8

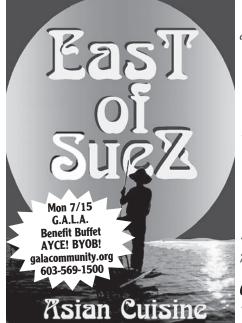
miles). Spectators feel free to find a spot anywhere along this route.

The ABA is looking for sponsors to help with the costs of the parade. It's a great way to thank the community for supporting your business and to get your brand out there. Sponsor logos will also be listed on a sponsor banner, announced along the parade route, and as well as in press releases and marketing materials.

The ABA sends a thank you to a growing sponsor list to date, Lakeside Smiles Pediatric Dentistry (Gold Level), Catchpenny (Gold Level), Hannaford (Bronze Level) and Inspiration for Organization (Bronze Level). Sponsors may submit any donations by Friday, Aug. 2. For registration and sponsorship information, please contact Christy Painchaud at altonbusinessassociation1@gmail.com.







We are pleased to serve you this eclectic sampling of exotic cuisine from across Asia and the South Pacific, with a focus on Thai, Philippine, Japanese and Korean dishes. All are prepared to order with fresh, local produce, specialty condiments and internationally imported ingredients

775 South Main St. Wolfeboro **603.569.1648** reservations appreciated



Rockin' Daddios performing Saturday in Barnstead

BARNSTEAD — On July 13, the town of Barnstead presents The Rockin' Daddios. The Rockin' Daddios, a vocal group from the Lakes Region of New Hampshire, are gaining popularity in New England. They are well known for their great harmonies and are known to include audience participation along with their stage antics. Bring your lawn chair, and picnic dinner for an evening of music from the 50s and 60s.

This fun group performs some of the bestloved songs from the 50s and 60s in a doo-wop style. The music of this bygone era has the power to conjure up many special memories and bring the listener back to a more innocent time. You'll hear songs like "Book of Love," "Blue Moon," "Teenager in Love" and "Little Star" to name a few. The songs are family friendly and guaranteed to warm your heart and bring a smile to your face.

The Rockin' Daddios consist of Lakes Region residents Jim Rogato, Bo Guyer and Barnstead resident Angelo Gentile, who have been performing together in various shows and reviews for well over

10 years. Collectively, their community theater experience spans six decades. And now featuring the vocals and guitar magic of Drew Seneca. So sit back, relax and enjoy the Rockin' Daddios. Their music will make you smile.

This free show starts at 6 p.m. at the Barnstead Parade Grounds. The Barnstead Historical Society will be on hand offering concessions. Bring a lawn chair or blanket, and a friend or two. As always, smoking and alcohol are prohibited on the grounds.



THE ROCKIN' DADDIOS will perform Saturday in Barnstead.

COURTESY PHOTO



ALTON POLICE LOG

ALTON — The Alton Police Department responded to 155 calls for service during the week of June 23-29, including five arrests. One female subject

was arrested on a warrant.

One male subject was taken into involuntary emergency admission.

There were three motor vehicle summons arrests.

There were four motor vehicle accidents.

There were four suspicious person/activities reported on Mt. Major Highway (two), Suncook Valley Road and Wolfeboro Highway.

Police made 61 motor vehicle stops and handled seven motor vehicle complaint-incidents.

There were 79 other calls for services that consisted of the follow-One fraudulent action, one stolen property, one endangering/ threatening, four assist other agencies, one pistol permit application, seven animal com- ty reports on East Side property checks and sevone juvenile Drive, Suncook Valley en paperwork services.

incident, one domestic complaint, four general assistance, three alarm activations, two highway/roadway hazards, one general information, five vehicle ID checks, one untimely, one trespass, one civil matter, one wellness check, one criminal mischief, one community program, 24 directed patrols, one motor vehicle lockout, four medical assists and 12 paperwork services.

The Alton Police Department responded to 155 calls for service during the week of June 30 – July 6, including three arrests.

One female subject was arrested for driving while intoxicated subseauent.

One female subject was arrested for willful concealment/shoplifting.

There were seven motor vehicle accidents. There was one theft at

Hannaford's. There were four suspicious person/activi- one medical assist, six

Road, Hermit Road and Kent Locke Circle.

Police made 52 motor vehicle stops and handled seven motor vehicle complaints-incidents.

There were 84 other calls for services that consisted of the following: One neighborhood dispute, three assist fire department, one employment fingerprinting, two assist other agencies, public indecency, eight animal complaints, two juvenile incidents, four general assistance, one miscellaneous, one noise complaint, five lost/ found properties, two highway/roadway hazard reports, one simple assault, two general information, three vehicle ID checks, one trespass, three civil standbys. three civil matters, two wellness checks, one criminal mischief, three disabled motor vehicles, 16 directed patrols, four motor vehicle lockouts,

Prospect Mountain teacher receives national fellowship

ALTON — Elisabeth Conn, a teacher at Prospect Mountain High School in Alton, has been awarded a James Madison Fellowship by the James Madison Memorial Fellowship Foundation of Alexandria, Va. in its 28th annual fellowship competition. A total of 53 fellowships were awarded in 2019. James Madison Fellowships support further study of American history by college graduates who aspire to become teachers of American history, American government and social studies in the nation's secondary schools, as well as by experienced secondary school teachers of the same subjects.

Named in honor of the fourth President of the United States and

acknowledged "Father of the Constitution and Bill of Rights," the fellowship will fund up to \$24,000 of Conn's course of study toward a master's degree. That program must include a concentration of courses on the history and principles of the United States Constitution.

Conn was selected for a James Madison Fellowship in competition with applicants from New Hampshire. Additional fellowships were awarded in each of the states. The fellowship, funded by income from a trust fund in the Treasury of the United States and from additional private gifts, corporate contributions and foundation grants, requires its recipient to teach American history or social studies in a secondary school for at least one year for each year of fellowship support.

to recognize promising and distinguished teachers, to strengthen their knowledge of the origins and development of American constitutional government and thus to expose the nation's secondary school students to accurate knowledge of the nation's constitutional heritage.

Founded by an act of Congress in 1986, the James Madison Memorial Fellowship Foundation is an independent agency of the Executive Branch of the federal government. In addition to offering fellowships, the foundation undertakes other activities relating to secondary school education about the Constitution's history. For more information, please see jamesmadison.gov.

Good news on the horizon? Place an announcement in your local paper!

Marchand to address local **Democrats Monday**

GILMANTON — The Tri-Town Democrats of Barnstead, Gilmanton, and Alton will meet on Monday, July 15, at the Wagner Barn, located at 63 French Road in Gilmanton. Social time and snacks will be at 6:15 p.m., followed by the meeting at 6:30 p.m. The speaker this month will be Steve Marchand, former Mayor of Portsmouth and former candidate for NH governor and then secretary of state. He is currently working with Presidential candidate Andrew Yang, whose signature issue is his proposed Freedom Dividend, or UBI (Universal Basic Income) of \$1,000 per month. Always a lively and thought-provoking speaker, Marchand is expected to provide plenty of food for thought on a variety of issues.

At the meeting, the group will also focus on some action items, including plans for the Alton Old Home Day Parade on Aug. 10 and Gilmanton's Old Home Day on Aug. 17.

The meeting promises to be lots of fun as well as informative. For further information, contact Ruth Larson at ruthlarson@msn.com or 364-4003.

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OBITUARIES

William Henry Chappell Active at Alton Senior Center

ALTON — William Henry Chappell, age 87, of New Durham Road in Alton, passed away peacefully on June 27 at Edgewood Centre in Portsmouth. He was the beloved brother to Mary and uncle to Christine, Jack, MaryBeth, Lisa, Elaine, Pat and Don and predeceased by brother Wendell and sisters Alice and Kay.

Bill was born in Narragansett, R.I. to Alice and Henry Chappell on Oct. 18, 1931. After serving in the Army, he graduated from Michigan State University with a degree in hotel and restaurant management. Bill enjoyed his chosen profession and worked for several companies both on the east and west coasts. He developed lifelong friendships and then retired in the 1980s at his Chappell Hill home in Alton.



Bill was an avid sports fan of college and professional teams and enjoyed working in his yard and cooking. He loved to travel and frequented Mexico to escape the cold winters and developed many friendships there as well. Bill was a generous man and gave of himself. He started volunteering and joined the Red Cross, traveling to New Orleans when Hurricane Katrina arrived in 2005. Bill served meals and supervised kitchen staff, calling on his restaurant experience, making his family and friends very proud. Later Bill became very active at the Alton Senior Center, organizing meals and providing essential services.

appreciation goes out to all his caregivers at Edgewood Centre and the many friends who supported us with kind words and remembrances. Bill requested no services; please consider honoring his memory by contributions to your favorite charity in his name.

Cremation care by Home. To express conwww.peasleefuneral-

ease. Our family's heartfelt

Peaslee Alton Funeral dolences, please visit

home.com. Linda Littlefield Elsemore

HERNANDO, Fla. Linda Littlefield Elsemore of Hernando, Fla. passed away on Feb. 12. after several years of declining health. She was born on June 2, 1941 in Wolfeboro, the daughter of Fred and Alice (Goodwin) Littlefield. Linda grew up in Alton and graduated from Alton High School, class of

She married Dexter A. Elsemore on Sept. 17, 1960. Together they raised two children in Milford, where she supported all the family activities including many swim meets, basketball games, and other events. Famous for her half-pound grilled hamburgers and "strawberry-stuff" dessert, she



Alton High School graduate

enjoyed friends and family in the area for many

Later in life, Linda and Dexter moved to Sparta, N.J., Howell, Mich., Wrightsville, Pa., and finally Hernando. Fla. She made and sustained many dear friendships from all these locales. Florida days were highlighted with cruises and many adventures touring the country.

She is survived by her husband, Dexter Elsemore; son, David Elsemore and his wife, Jennifer Elsemore; daughter Leanne Elsemore and her husband Ron Hardman, and beloved cousins Diane McEntee and Janice Kroepel. Linda, known as Nanny to her six grandchildren, Caleb, Brian, and Lauren Elsemore and Nathan, Michael, and Olivia Smith, was proud of them all.

A celebration of her life will be held at 11 a.m. on Saturday, July 20, at The Community Church of Alton, 20 Church St., Alton.

Donna E. Durkee Gifted musician, avid gardener

NEW DURHAM -Donna E. Durkee, age 77, of New Durham, passed away peacefully at home on June 27, after a courageous battle with Parkinson's Dis-

Born Aug. 28, 1941 in Orange, Mass. to Donald W. McKenney and Cecile J. (Boiteau) McKenney Raffa, she was also stepdaughter of the late Stephen A. Raffa.

She resided in Danvers, Mass. with her late husband, Ralph I. Durkee and together they operated Durkee's Donut Shop in Lynn, Mass. They relocated to New Durham in 1984.

During her spiritual search, she had been a Novice at MaryKnoll Convent in Topsfield, Mass.

Donna was a gifted musician, avid gardener and expert bird watcher. She loved all the joys of nature,



including hiking and camping. In her 50s and 60s, she was a fixture jogging along Route 11. She became a self taught master of home improvement, her own construction, siding, roofing, having created a haven where she lived with her cats. dogs and for a time raised Zebra Finches.

She retired from Goulston and Storrs in Boston, Mass., where she was a legal secre-

Donna is survived by her sister, Patti Raf-

fa, with whom she has shared her home for the past 20 years, also siblings Elaine McKenney of Woburn, Mass., Larry and wife Mary McKenney of W. Newbury, Mass., Linda Smith of Seabrook, Joanne Bakula of Peabody, Mass., Barbara and husband Donald South of Epping, also cousins, nieces and nephews.

The family wishes to thank Cornerstone Hospice for their caring compassion.

There will be no calling hours, a graveside service was held on Saturday, June 29, at John Shirley Cemetery in New Durham. In lieu of flowers, memorial donations may be made in her memory to Cocheco Valley Humane Society, 262 County Farm Road, Dover, NH 03820. To express condolences, please visit www.peasleefuneralhome.com.

Richard F. Peters Loved horses and motorcycles

BARNSTEAD Richard F. Peters, of Barnstead, passed away on June 28, surrounded by his loving family.

Born in Lowell Mass., Richard was an amazing husband, father, papa and friend.

He owned Rich Peters Quality Painting company for over 30 years and also worked in biotechnology.



Everyone who knew him loved him and he

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would do anything for anyone. He loved music, especially the band Yes. He loved horses, motorcycles and taking trips up to Lincoln with his family every year to see the bears at Clark's. He was selfless and did so many things for other people that we will never even know all the things he did, but the stories we hear

world will not be the same anymore without Assisting the family with arrangements is the Still Oaks Funeral and Memorial Home in Epsom. To share a

memory or offer a con-

dolence, please visit www.stilloaks.com.

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how much of an amaz-

ing person he was. This

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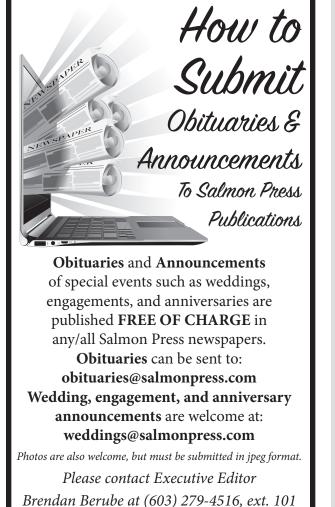
> Summer Mass Schedule: Saturday at 4:00 p.m. Sunday at 7:00, 8:30 and 10:30 a.m. Weekdays (except Thursday) at 8:00 a.m.



SAINT KATHARINE DREXEL

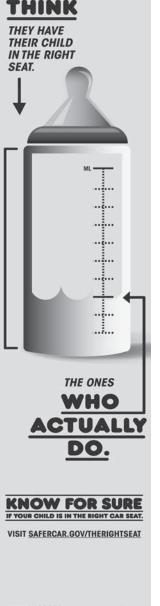
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with any questions regarding

the submission process.



OBITUARIES

Gordon "Duff" Lewis US Navy veteran

ALTON — Gordon "Duff" Lewis of Alton passed away on June 20. He was born in Boston, Dec. 19, 1940, the son of Virginia and Frederick Lewis. Duff and his mother resided in Lewiston, Maine with his grandparents, during WWII. Later the family moved to Scarsdale. N.Y. While growing up there, he spent summers on Lake Winnipesaukee and in Kennebunkport, Maine.

Duff graduated from Syracuse University, where he was a student in the College of Forestry. He met his wife. Jeannie, there, played in a rock and roll band some Saturdays, but followed his passion to sing in the much-acclaimed Syracuse University Chapel Choir on Sundays. He was a member of Lambda Chi Alpha fraternity, which elected Jeannie as its Crescent Girl.

After college, he graduated from the Navy's flight school in Pensacola, Fla., followed by three tours of duty to Vietnam where he flew the Douglas A-3 Sky Warrior. He and Jeannie Dana, from Canton, N.Y., were married after his final return from Vietnam. They resided on Whidbey Island, Wash., while Duff completed his active duty as an aviation instructor. He continued in the Navy Reserves until retirement as a Commander.

After his Naval active duty, he pursued his college major while working in Forest Industries with US Plywood and



Georgia Pacific. During this period, he and Jeannie labeled themselves corporate nomads while living in the states of Washington, California, Connecticut, Kentucky and Ohio. No one could believe that after retirement they moved north and both loved it.

Throughout the years Duff enjoyed hunting, fishing, tennis, boating, skiing, snowmobiling, adventure traveling, the stock market and other interests. After retirement from the corporate world, he became an active trustee in the NH Boat Museum. Because of the museum's many outreach programs, he remained challenged and interested for 14 years. He's been a member of the US Power Squadron, a volunteer at the Loon Center, and an officer in the Black Point Association, where they have resided in New Hampshire.

In addition to his wife of 51 years, Duff leaves a daughter, Dana Reyes, who lives in Oldsmar, Fla., with her husband, Juventino, and their two sons, Hunter and Evan, who spend every summer here. Their other daughter, Kristen

Axton, lives with her husband, Joshua, and their two daughters, Madeline and Scarlett,

in Roswell, Ga.

Friends throughout the country will miss this dynamic person who was genuinely interested in them and always a good listener. A long "to do" list remains on his desk.

A funeral service will

be held on Thursday, Aug. 1, at 11 a.m. at the Melvin Village Community Church, 476 Governor Wentworth Highway, Tuftonboro, with Pastor Kevin Van Brunt. In lieu of flowers, please consider a donation to the New Hampshire Boat Museum's Capital Campaign. For donation information, please call 569-4554, go to NHBM. org or mail to PO Box 1195, Wolfeboro Falls, NH, 03896. Military honors will be presented following the funeral in recognition of Duff's service to his country. A reception will be held after Duff's funeral services, details will be announced at the conclusion of the funeral service. Private interment will be held in Arundel Cemetery, Kennebunkport, Maine.

To share a memory or leave a message of condolence, please visit Duff's Book of Memories Page at www.bibberfuneral.com.

Arrangements are in care of Bibber Memorial Chapel, 67 Summer St., Kennebunk, Maine.

Joseph Raymond Tanguay US Army veteran

ALTON — Joseph Raymond Tanguay, age 89, of Trask Side Road, Alton Bay, died July 3 at Wolfeboro Bay Center, after a period of failing health.

Born Nov. 30, 1929 in Lowell, Mass., a son of Joseph and Leda (Grimard) Tanguay, he was raised there and lived there for years, also resided in Pelham and Hudson and lived in Alton Bay for over 25

Raymond was retired from Raytheon, a machinist.

He was a veteran of the United States Army.

A member of the Winnipesaukee Radio Control Flying Club, having served as treasurer, he loved building model airplanes and boats.

Survived by his wife Mary (Blaisdell) Chamberlin Tanguay, daughter Patri-Anderson, three grandchildren. Danielle, Rick and David, two stepsons, Erving Chamberlin and Allan Chamberlin, two stepgrandchildren, Michael and Jessica, five great grandchildren and two step great grandchildren, many nieces and nephews. Predeceased by his daughter, Judy St. Hilaire and five siblings, Lucien, Lionel, Richard, William and Ruth.

A funeral service was held on Wednesday, July 10, at Peaslee Alton Funeral Home, Alton with a calling hour prior to the service. Interment was at New Hampshire State Veteran's Cemetery in Boscawen. If desired, memorial donations may be made in his memory to your local humane society. To express condolences, please visit www.peasleefuneralhome.com.

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RFP Packets may be found on the Town's Website at: www.newdurhamnh.us. Under "News and Announcements" Banking Services RFP 2019.

Sealed Proposals should be clearly marked "Banking Services" and must be received at the Selectmen's office by 3:00 PM, July 22, 2019.

The Board of Selectmen reserves the right to reject any and all bids and to negotiate with the any bidder in the best interest of the Town.

> <u>Inquires please contact:</u> Anina Soucy, Finance Manager 603-859-2091 ndsel@newdurhamnh.us.

Scott Kinmond, Town Administrator skinmond@newdurhamnh.us.

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SATURDAY CONCERTS



SATURDAY, JULY 27, 7:00

Don Plummer & Family

Don Plummer is a trumpet player and accomplished singer and has performed in concerts for many years in 36 states and Canada. He studied voice, trumpet and music at Berkshire Christian College in Pittsfield, MA School of Music. He performs regularly with the Strafford Wind Symphony. Don is serving as Pastor of the Northwood Advent Christian Church, in Northwood, NH.

SATURDAY, AUGUST 10, 7:00PM **MARK209**

In just a short amount of time, MARK209 has garnered the interest of an industry. Tagged the "best group you probably have never heard" by industry leaders, MARK209 has certainly made a mark for themselves. The 2011 National Quartet Convention in Louisville, KY was no exception.





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OBITUARIES

Patricia A. Pellowe Alton Police executive secretary

ALTON — On Thursday, July 4, Patricia A. Pellowe went to be with the Lord. Born Aug. 18, 1936 in Wolfeboro. the daughter of Hartley James and Louise (Gilman) Shields. She graduated valedictorian from Alton High School in 1954 and worked as a private secretary at the Pittsfield Leather Company, a division of Winslow Brothers and Smith, Armour and Co. where she met the love of her life, Jim Pellowe. She also has worked part-time at the NH Electric Cooperative in Alton and retired as executive secretary for the Alton Police Department where she worked for 20 years. She was a member of the Community



Church of Alton where she held positions of treasurer, financial secretary, Sunday School teacher, choir member, trustee, member of pulpit committee and was a past-president and treasurer of the Women's Christian Fellowship. She was a member of the Alton Historical Society and a charter-lifetime member of the NH Chiefs of Police Secretaries Association.

Pat loved spending time with her grandchildren and great grandchildren, baking, reading and spending time at their summer home in Cundy's Harbor, Harpswell, Maine. She enjoyed traveling with her husband, Jim, across country to every state. They especially enjoyed their trips to the Philippines, Hawaii, Australia, New Zealand and an 11,000-mile road trip to Alaska.

She leaves behind a beautiful legacy of love and loyalty to her family. Surviving are her daughter Debra and her husband Gene of Wendell, N.C., son, Douglas of New Durham and son Timothy and wife Rebecca of Alton. She is also survived by seven grandchildren, Mary Bobotas (Matthew), Amanda Pellowe Revnolds (Clay), Kathryn Lindland (Jesse), Emily Pellowe, Brandon Pellowe (Amber), Thomas Pellowe, Jordan Pellowe, Brian Needham and Kim Needham. She also leaves five great grandchildren, Noah, Harper, Kadin Bobotas and Evalyn and Timothy Pellowe as well as her nieces and nephews, Ricky (Diane) Rines of Alton, Kevin (Vicky) Rines of Conway S.C., Sheri (Matt) York of Orange Va., a brother-inlaw, Robert Pellowe of Walpole Mass. and his two sons, Ronald (Ann) of Sharon Mass. and Steven (Ann) of Walpole,

Mass. She was predeceased by her beloved husband of 56 years, James T. Pellowe Jr., her daughterin-law Deborah Pellowe, her parents, Hartley and Louise Shields, her in-laws, James Sr. and Gertrude Pellowe, her sister and brother-inlaw Nancy and Tenney Rines, and sister-in-law Barbara Pellowe.

At her request, a private family-only graveside service will be held Sunday, July 14, with a celebration of life at 2 p.m. following at Community Church of Alton for friends and family. Memorial contributions may be made to Community Church of Alton. (Memo-Jim Pellowe Preschool Fund), PO Box 997, Alton, NH 03809 or Hospice Help Foundation, 155 Fleet St., Ports-





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Located just off Route 104 in the Smoke Rise Development on the shores of Lake Pemigewasset on Smoke Rise Road, a total of 8.49± acres will be sold. The 7 wooded lots will be sold as 2 groups of 3 lots and 1 single lot. Selling individually is Lot 29 which consists of 1± acre and is located directly across from the shared lake access. Lots 7, 8 & 10 total 3.68± acres and lots 35, 36 & 38 total 3.81± acres and will be sold as packages. Lots 7, 35, & 38 have frontage on Route 104. All lots are zoned General Residential. Tax Map U08. Combined assessed value is \$383,200.

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See you at the club! www.pemi.org



William "Bill" Watson Jr. Avid flyer

ALTON — William "Bill" Watson Jr. age 90, of Alton, passed away peacefully at home on Saturday, June 29.

Bill was born on

Nov. 15, 1928 in Milton, Mass. and grew up in Auburn, Maine. He attended Hebron Academy in Maine where he was a proud member of the ski team. Bill obtained his pilot's license when he was 15 and was an avid flyer throughout his life. In his Piper Cub airplane, his curiosity led him across the country. For many years, he traveled to the Sun 'n Fun Fly-in expo in Lakeland, Fla., where he loved interacting with other pilots. He spent



much of his career working for Doall Boston Company and his father's company Tech-Craft. Bill moved his family to Alton Bay in 1969 and never left. He began volunteering at the ice runway and exploring Lake Winnipesaukee from the water and sky. He insisted on meticulously keeping his yard landscaped, keeping his late wife happy and his family entertained. Bill will be sorely missed by his family and friends.

Bill will be greatly missed by his son Gary, daughter Pamela and grandchildren three William IV, Jaime and Christopher. Bill is pre-deceased by his parents William Sr. of London and Esther Kilby of Maine, his son William III and his wife of 62 years, Gloria Riley Wat-

There are no services planned. Cremation care by Peaslee Alton Funeral Home. To express condolences, please visit www.peasleefuneralhome.com.

Mark on the Markets

Have enough?

BY MARK PATTERSON

Contributing Writer Almost 100 percent of new clients that walk into my office to discuss their retirement plan have two beliefs that are consistent. First, they believe that they do not have enough money to retire and second is that they believe the amount of money that would allow for a comfortable retirement is predetermined by the "experts" on the radio, TV or magazines, and that number is more than they have accumulated. Another common perception is that the tax rate will be lower once the client reaches retirement age. This may be true or it may

Some clients want to work well beyond traditional retirement vears, however some clients want to retire early by today's stan-

not be true. There is no

way to know tax policy

and rates in the future.

dards. Instead of focusing on total assets needed to retire, let's back in to what income you will need to sustain the lifestyle that you want. We must also account for the fact that the money that you are saving for retirement now will not be included in your retirement budget. The key is to convert your retirement assets into income producing vehicles that are sustainable, steady but have



the potential to grow.

It sounds like a tall order, and it is. This plan depends on the amount of income that we have to derive from the client's assets. We must also look at Social Security benefits that typically play a big part in the client's retirement income. Congress has done away with some previous filing strategies but it still makes sense to look at varying scenarios regarding when you the client starts receiving benefits.

The content of many 401(k), 403B, IRA or really any other qualified plans typically consist of mutual funds that have been used for accumulation of assets. These funds. in my opinion are not an efficient means of deriving income once retired. Consider moving these assets into an IRA where you or your advisor can tailor a portfolio to suit your needs as opposed to the limited choices typically found in a 401k plan. A common yet dated strategy has been to take four percent of your assets for income. Many years ago, when you could get a CD with a five percent return, that might have been viable. In today's world, CD rates are substantially lower, so to get your four percent, you must place your assets at market or credit risk.

There are ways to mitigate these risks using investment-grade quality corporate bonds and possibly an "A" rated fixed indexed annuity to provide a sustainable, steady income. Once you have met your income goals, we are able to invest the rest of the assets growth. Because we have the income portion set, we are not overly concerned with market or sequence of returns risk that would put your income in danger.

It can be very beneficial to plan sooner than later. The first step in this process is to figure out a realistic budget and income needs come retirement. A good financial planner that has expertise in planning for retirement income and asset management is a great place to start.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com









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THORNTON WILDER'S PRIZE-WINNING PLAY AT VILLAGE PLAYERS THIS SUMMER



WAS THIS portrait of the Webb family taken in 2019 or a century ago? Contemporary details take background to the timeless in the Village Players' production of Thornton Wilder's Pulitzer prize-winning Our Town weekends July 26 - Aug. 4. Pictured here, Mrs. Webb (Emily Judkins), Mr. Webb (Joshua Spaulding) and their daughter Emily (Vivienne Dauphinais)

WOLFEBORO — This summer. Wolfeboro's Village Players mount a fresh new production of the long-loved Our Town by Thornton Wilder. A simple tale of a small, early 20th century town seen primarily through the milestones of Emily Webb Gibbs across a dozen years, it is, in this production, a tale of all lives right now.

Set in the fictional town of Grover's Corners, N.H., and largely

written at the MacDowell Colony in Peterborough. Our Town could just as easily be named Wolfeboro, Pittsfield, Wakefield, or any other small New England town.

The play is peopled familiar local names: Warren, Gibbs, Crowell, Craig, Hersey, Stoddard, Peckham and so are many of the cast familiar from other Village Players' shows. Joshua Spaulding portrays Editor Webb and

his daughter Emily is Vivienne Dauphinais, but Mrs. Webb is played by Emily Judkins, making her Village Players' debut with this production. Dr. and Mrs. Gibbs are played by Russ Ellis and Laura Peckham Cooper, and their son George is Luke Cassidy. Family members and townspeople include Village Players' regulars Catherine Collins, Man-Ferriman-Emory, Erin Dauphinais, Austin Gibbs, Marla Levy, Corky Mork, Paul Stewart and Barbara Wilson and several actors welcomed to the Village Players' stage for the first time in Charlotte Gauthier. Leda Gravenhorst and Barbara Stave.

The cast and crew of Our Town have been in production since April, meeting first for evenings of intense script analysis. "It was almost like a book club," says Assistant Director Rosemary Lounsbury. Cast and crew discussed the language, the time, and clues playwright Thornton Wilder's intentions: "Why must the teacher leave teaching behind when she gets married?" "Why is it such a treat to be offered a strawberry ice cream soda at the local drugstore?"

When not meeting for rehearsal, musician and director Scott Lounsbury was composing evocative music and gathering historic photographs of the Wolfeboro region to better spotlight the rustic "poetry" of the production. "There's poetry in Our Town—" wrote playwright

Wilder "those crickets, the trains' whistle.... My 'poetry' rises from little homely objects." Objects Emily Webb reminds us to value include "food and coffee. And newironed dresses and hot baths..."

Our Town will be performed on The Village Players' historic and air-conditioned stage at 51 Glendon St. in Wolfeboro, Fridays and Saturdays, July 26 – Aug. 3 at 7:30 p.m., and Sunday, Aug. 4, at 2 p.m. Tickets are available at www.village-players.com and at Black's on Main Street in Wolfeboro.



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Birdwatching outing planned in Birch Ridge Community Forest



LORRIE DRAKE – COURTESY PHOTO THERE WILL BE birdwatching trip in the new Birch Ridge Community Forest on July 20.

and to register, call

MMRG Education Co-

ordinator Kari Lygren

at 978-7125 or e-mail

info@mmrg.info.

Please bring binocu-

lars, a bird guide would

also be helpful. Partici-

pants are asked to leave

ber of the Partnership

for Birch Ridge Com-

munity Forest (BRCF),

which also includes

Southeast Land Trust

Hampshire

MMRG is one mem-

pets at home.

New

NEW DURHAM - Moose Mountains Greenways Regional (MMRG) will offer a birdwatching outing at Birch Ridge Community Forest in New Durham on Saturday, July 20, from 8 to 11 a.m. Although this event will be aimed at beginners, birdwatchers of all levels are welcome to attend. There will also be a brief update on vision, goals and the planning process for the Community Forest, which was permanently conserved

just last month.

The trip leader will be MMRG staff member Virginia Long, who also leads MMRG's monthly birding group called MOOSE-ie Birders and led a hawk watch on Birch Ridge last fall. Regarding this outing, Long says, "It's always exciting to search for birds in a new place and I enjoy introducing beginning birders to new birds, so I'm looking forward to this event. We'll explore part of the new Birch Ridge Community Forest and its birdlife. Recent and previous timber cuts on the property mean that we may see some less common bird species that rely on early successional habitat, which has been disappearing from NH as forests have re-grown. Join us as we explore."

The event is free and open to the public but pre-registration is required. For directions The Partnership was formed to acquire, conserve and steward the 2000+ acre BRCF property overlooking Merrymeeting Lake, with SELT as landowner and MMRG holding the conservation easement. A celebration of the per-

(SELT) and Merrymeet-

ing Lake Association.

manent conservation of the Community Forest is being held on Saturday, July 13; for details see seltnh.org/event/ birch-ridge-celebration/. For more information on the partnership organizations, see www.mmrg.info, www. mmlake.org/, and seltnh.org/.

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NOTIFICATION OF AQUATIC TREATMENT Suncook River - Barnstead, NH

SŌLitude Lake Management, 590 Lake Street, Shrewsbury, MA 01545, Telephone 508-865-1000, has been contracted by the Town of Barnstead, Milfoil Control Committee to chemically treat portions of the Suncook River in Barnstead for control of non-native milfoil. Portions will be treated with the USEPA/State registered herbicide Clean Amine (liquid 2,4-D), EPA Registration Number 34704-120 on or about Monday, July 22, 2019, in accordance with Special Permit SP-197 issued by the NH Division of Pesticide Control.

The following temporary water use restrictions will be imposed on the day of treatment:

- No swimming for 24 hours following treatment,
- within 200 feet of treated areas. • Do not use this water for drinking, irrigation or for mixing sprays for agricultural or ornamental plants until further notice. Some irrigation restrictions may be relaxed, as per the pesticide label, at the discretion of the applicator. These restrictions apply to all intakes within 1,200 feet of the treatment area, and to all wells within 50 feet of shoreline that itself is within 1,200 feet of a treatment area. Contact Kara Sliwoski at SŌLitude Lake Management, 590 Lake Street, Shrewsbury, MA 01545, Telephone 508-865-1000, email NewHampshire@SolitudeLake.com or go to https://www.solitudelakemanagement.com/newhampshire for information on the release dates of these restrictions or for additional information on the irrigation restrictions.

The shoreline will be posted with signs warning of the temporary water use restrictions that will be imposed, immediately prior to treatment. If you have any questions concerning this treatment, contact SŌLitude Lake Management using the information above.

ALTON

(continued from Page A1)

selectmen on Sept. 1. Fred Quimby of the cyanobacteria mitigation steering committee provided updates on analysis of the water in various locations throughout Alton, with an emphasis on Mill Pond. Quimby listed sources draining into Mill Pond and provided the data gathered from those locations regarding total phosphorus levels, which contribute to cyanobacteria growth.

Quimby passed out a map of the "sub-watershed" area, which showed all the sources draining into Mill Pond with data from Sept. 26, 2018, he said.

"It was when we discovered that Mill Pond actually had a really bad problem with cyanobacteria and with phosphorus, which is probably feeding the cyanobacteria. We also determined at that time that the water was running

through Mill Pond into the Merrymeeting River, and that the... phosphorus levels in Mill Pond were actually moving into Wentworth Pond," Quimby

The top contributors of drainage into Mill Pond, according to Quimby, are the Liberty Tree Park culvert and a stream that goes under the road by a private residence before School Street, the School Street culvert, among others on the sub-watershed map. He also provided data on total phosphorus levels, turbidity (suspended solids) and conductivity (a measure of ions in the water) for several locations he tested in the sub-watershed area.

Quimby said that he has done several water sample tests from the Mill Pond sub-watershed area, but the Department of Environmental Services (DES) has taken responsibility for collecting data

for some bodies of water, including Mill Pond, and the official results for DES' most recent tests are still pending.

One of the upcoming goals of the committee is to find out if the water in Wentworth Pond is stratified, meaning that the water column "is sorting out by temperature and by oxygen level."

"The reason we want to do this is if phosphorus is bound to iron in the sediment at the bottom, and the bottom stratifies, and the oxygen is depleted in the sediment, the iron releases the phosphorus back into the water," Quimby explained.

He said that while the committee is waiting for the stratification test results for Mill Pond from the state, they have found that Wentworth Pond is stratified from the committee's data collection.

Quimby discussed

the potential use of aluminum if Mill Pond is found to be stratified once the test results from the state arrive. The phosphorus would bind to the aluminum instead of to iron and not be released into the water. He noted that if aluminum is found to be in the sediment already and the water is anoxic (without oxygen), phosphorus would not be released into the water.

Quimby said that he would return to the selectmen with the state's results from Mill Pond.

The board had an appointment with resident Peter Ejarque, who is interested in purchasing a townowned property on Coffin Brook Road. The property, the board explained, used to be the site of the town dump in the 1950s and 1960s, where material was burned, according to Wentworth. Wentworth expressed concern with selling the property because of potential contamination

of the soil. The board inquired about how Ejarque intends to use the property if the purchase goes through, and he said that he would like to put solar panels on it and create a "community farm." Due to conservation easements on his property now, he cannot develop his current property in the way he would like to, he explained.

Wentworth asked Ejarque if he would be interested in leasing the Coffin Brook Road property for the solar panels if the town was not able to sell it, and Ejarque said that that could be an option.

Because of the possible contamination on the property, Wentworth suggested that the board speak with the town attorney before selling it or putting it out to bid. The board will then report back to Ejarque.

Also in old business was the conversation with the Mt. Major Snowmobile Club continued from prior meetings. Modifications to the bridge were proposed by the snowmobile club, including a guardrail for pedestrian and vehicle traffic, and Highway Manager Ken Roberts reviewed modifications. The modifications and specifications for the bridge were ultimately approved along with a request for a signature by the town administrator for a wetlands permit.

The project is funded through a state grant, according to the snowmobile club.

In further selectmen reports, Wentworth provided more information on the work of the cyanobacteria mitigation steering committee, and Mac-Donald provided an update on the water department. MacDonald read from a letter sent to Water Department Superintendent Courtney Mitchell praising the department for its service, and provided other updates on projects within the water department.

Wittmann, representing the Old Home Week Committee, reported that the Old Home Week booklet has been released and that all special events are scheduled. He also represented the Parks and Recreation Department, reporting on some of the many events the department has hosted so far this summer and will have to offer as the summer progresses, including archery camp, lawn games, paint nights and Saturday night concerts. He also noted that there were 52 registered participants in the town-wide yard sale.

LaRochelle then gave an update from the water bandstand committee.

"We feel as though it was a pretty good success," he said of the water bandstand celebration in June. He also thanked the Alton police and fire departments for their help with the activities.

The town administrator reports featured discussion about the budget for future Fourth of July and Old Home Week fireworks shows. The town currently uses Atlas Pyrovision Entertainment Group, but the selectmen considered putting out a bid for the 2020 shows to compare prices; decreasing the length of the next Fourth of July show, therefore decreasing the cost; or keeping Atlas. The board opted to put out a bid for potential professional fireworks shows.

The Alton Board of Selectmen will convene again on July 15 at 6 p.m.



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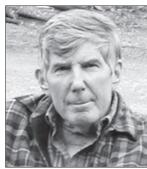




FEMA Ready

North Country Notebook

A kid scared half to death by an eel that stayed home



By John Harrigan

COLUMNIST

Editors tend to have long memories and some readers, too, so parts of this story may look familiar. It's about (sort of) this typical Ozzie-and-Harriet neighborhood kid (me) catching a very big, very snake-like, very scary three-foot eel.

Friends have told me that this is one of many components of what makes me, well, me, and that I need therapy. My handy reply is that I can't afford the co-pay.

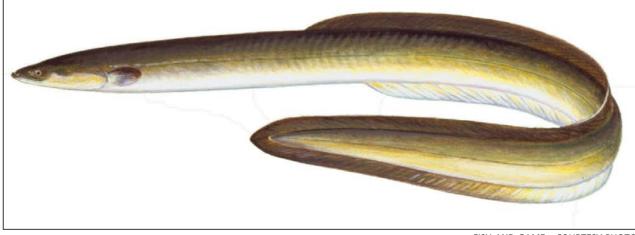
It was a beautiful spring day, Beaver Brook and its mill pond reflecting a sky almost as blue as Sinatra's eyes. Okay, not quite, maybe Paul

Newman's.

Now there was a class act, Redford and Newman, who had great fun making movies later in their careers that helped a confused crop of Baby Boomers make the hump into the next generation, and amount to something. I think of Newman every day because I'm an assiduous user of his salad dressings, the profits from which his foundation donates to charity.

Just as I know the script for "Jeremiah Johnson" almost line for line, I have a particular fondness for "Butch Cassidy and the Sundance Kid." Anything in the script that coincides with the real story, which occurred in the 1890s, is purely accidental.

Anyway, my favorite line is spoken three times (I think), I'm not quite sure by whom, and it's "Who are those guys?" as they look back at a pursuing posse.)



FISH AND GAME - COURTESY PHOTO

AN AMERICAN eel, looking a lot like a very long, very big, dangerous and nasty snake. Well, to a kid at least.

As a kid of seven or eight or so, I already knew about the Sargasso Sea, a place northeast of the Caribbean where conflicting ocean currents create a gigantic sort of whirlpool, and where a particular kind of sea-weed grows (right, sargassum). One of the few comic books our parents would allow in the house (or we had the money for anyway) was the Popeye series. Popeye, as I recall, was always running off to the Sargasso Sea, or at least threatening to. Maybe that's where

Olive Oyl came from,

I don't know. Another thing from those early days of learning is that I like spinach.

One of the Fish and Game's major connections to kindred spirits and the rest of the world is Wildlife Journal, published bi-monthly. The summer issue offered up not just eels but also great photo-features by Tim Acerno (the making of a K-9 law enforcement partner) quaking bogs (Nicola Whitley).

I have some expe-

rience with quaking bogs, which are glacially formed kettle-hole ponds gradually taken over by vegetation. The vegetation eventually takes over the entire surface of the pond, forming a mat that increases in thickness over the years, but up to 30 feet of water remains beneath.

On a birding trip spinoff one year, I went into South Bay Bog on First Connecticut Lake. It was (and still is, I guess, I haven't been there in years) a classic quaking bog. The mat of vegetation

covering what used to be the center of the bay was thick enough so you could walk on it, but your footsteps created waves below, and made the encircling black spruces sway.

If you pointed your feet straight down, and jumped a couple of times, you would go right through, and get wet as a trout.

Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.

Legal Notice

NOTIFICATION OF AQUATIC TREATMENT Lower Suncook Lake - Barnstead, NH

SŌLitude Lake Management, 590 Lake Street, Shrewsbury, MA 01545, Telephone 508-865-1000, has been contracted by the Suncook Lakes Association to chemically treat portions of Lower Suncook Lake in Barnstead, for control of non-native milfoil. Portions will be treated with the USEPA/State registered herbicide Procellacor EC (Florpyrauxifen-benzyl), EPA Registration Number 67690-80 on or about Monday, July 22, 2019, in accordance with Special Permit SP-233 issued by the NH Division of Pesticide Control.

The following temporary water use restrictions will be imposed on the day of treatment:

- No swimming for 24 hours following treatment,
- Turf may be irrigated immediately after treatment
- Do not use this water for any residential or non-agricultural irrigation (such as shoreline property use for irrigation of residential landscape plants and homeowner gardens, golf course irrigation, and non-residential property irrigation around business or industrial properties) until further notice. Treated water shall not be used for greenhouse or nursery irrigation, until further notice. These restrictions apply to all intakes within 200 feet of the treatment area, and to all wells within 50 feet of shoreline that itself is within 200 feet of a treatment area. Contact Kara Sliwoski at SŌLitude Lake Management, 590 Lake Street, Shrewsbury, MA 01545, Telephone 508-865-1000, email NewHampshire@SolitudeLake.com or go to https://www.solitudelakemanagement.com/newhampshire for information on the release dates of these restrictions or for additional information on the irrigation restrictions. The shoreline will be posted with signs warning of the temporary water use restrictions that will be imposed, immediately prior to treatment. If you have any questions concerning this treatment, contact SŌLitude Lake Management using the information above.

REQUEST FOR PROPOSALS

REMOVAL & DISPOSAL OF DAY TANK WITH REPLACEMENT BY A FABRICATED FUEL RESERVE **FARMINGTON SCHOOL DISTRICT**

The Farmington School District-SAU 61 is currently seeking public bids from qualified companies to provide removal and disposal of day tank with replacement by a fabricated fuel reserve. Contract to begin July 2019. Deadline for bid submittal is July 16, 2019 at 3:00 PM. Bid materials, including the Bid Specifications are available on the district website: www. sau61.org or you may request a copy via email using the contact information below.

Bids may be submitted either electronically or as paper sealed bids. All bids must be received no later than July 16, 2019 at 3:00 PM.

If you have any questions, please contact Larry Gordon, Facilities Director, at 603-369-5533 or by email at: lgordon@sau61.org.

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

REMOVAL, DISPOSAL, AND REPLACEMENT OF FREEZER AND WALK-IN COOLER **FARMINGTON SCHOOL DISTRICT**

The Farmington School District-SAU 61 is currently seeking public bids from qualified companies for removal, disposal, and replacement of freezer and walk-in cooler. Contract to begin July 2019. Deadline for bid submittal is July 16, 2019 at 3:00 PM. Bid materials, including the Bid Specifications are available on the district website: www.sau61.org or you may request a copy via email using the contact information below.

Bids may be submitted either electronically or as paper sealed bids. All bids must be received no later than July 16, 2019 at 3:00 PM.

If you have any questions, please contact Larry Gordon, Facilities Director, at 603-369-5533 or by email at: lgordon@sau61.org.



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T-shirts to all participants registered by July 15th!

USATF Certified Course Walkers welcome!

Affordable race - just \$20 for preregistration / \$25 day of race, and only \$10 for kids 12 and under! 20 minutes from Alton

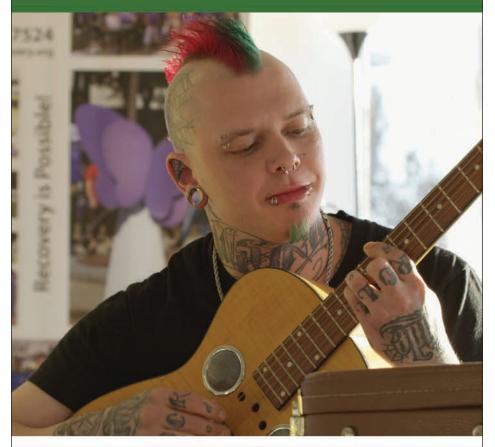
Info about the race and course map at suncookvalleyrotary.org

Proceeds benefit the Frank H. Donovan Scholarship Fund.

Sign up for the race at lightboxreg.com!



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A family-friendly 5K walk/run to benefit Families in Transition-New Horizons and its programs including Hope House.



August 1, 2019, 5:00 p.m. **Cotton Valley Rail Trail, Wolfeboro**

Register at: support.fitnh.org/hope





Sponsored by:





The Families in Transition-Run For Hope is part of New Horizons 5K Series



GEORGE MURPHY - COURTESY PHOTO

Summer color

Alton's hill of flowers provides plenty of splendid color to everyone enjoying summer around

Location change for two library classes

NEW DURHAM — Wednesdays are busy at the New Durham Public Library. Because the summer reading program and all of its activities, entertainment, crafts, and food are in the afternoon and require significant set-up, the morning Yoga and Tai Chi classes will be held at the Community Room.

Yoga begins at 8:40 a.m. and Tai Chi at are open to all abilities pet Pals, Magic by formation.

and may be joined at George, and any time. A small donation is requested.

The Community Room is directly behind the fire station, close to the police station.

Affected dates correspond to the summer reading program, A Universe of Stories, and are July 17, 24, 31, and Aug. 7.

A Universe of Stories offers entertainment open to all ages; a Mad Science show, noon. Both programs Lindsay and her Pupteller Terry Farish combined with a book giveaway to every attendee.

All children who have completed kindergarten through sixth grade are welcome to participate in the outer space activities following the entertainment.

Paint Night for Adults is this evening at 6 p.m.

Call the library at 859-2201 for more in-

Locke Lake annual meeting is July 27

There will be no Locke month of July. The An-Lake Colony Associa- nual Meeting is Saturtion public board of diday, July 27, at 10 a.m.

rectors meeting in the at Prospect Mountain

High School. Please arrive early to sign in.





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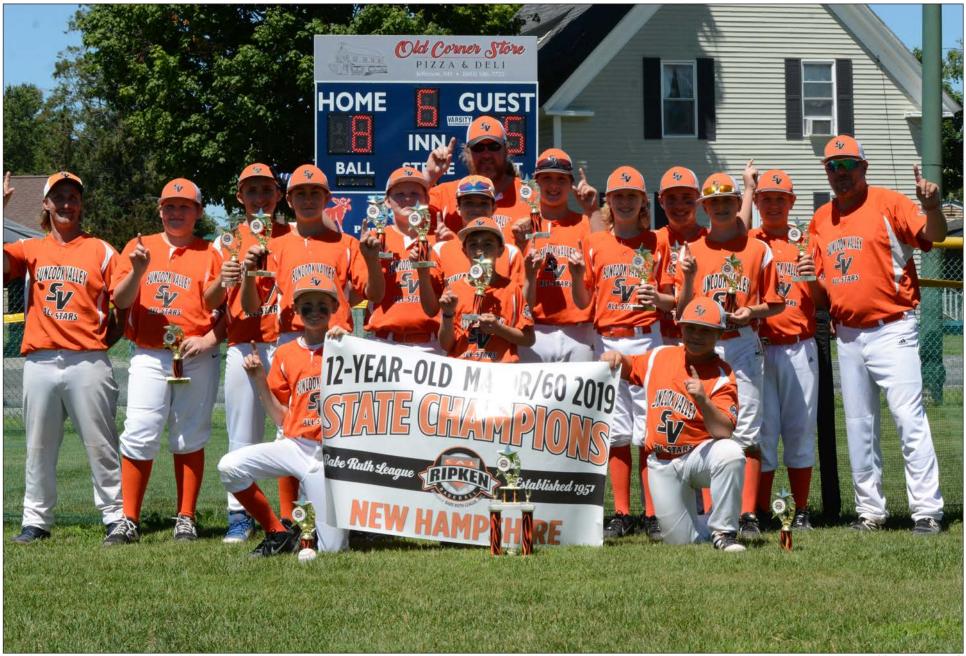


SPORTS

THURSDAY, JULY 11, 2019 THE BAYSIDER **SECTION B, PAGE 1**

Homers power Suncook Valley to state title

NICK AUSTIN BLASTS WALK-OFF HOMER IN CHAMPIONSHIP GAME



JOSHUA SPAULDING

SUNCOOK VALLEY celebrates the 12U state championship after beating Mount Washington Valley on Sunday in Lancaster.

BY JOSHUA SPAULDING

Sports Editor LANCASTER It's safe to say that the Mount Washington Val-

ley and Suncook Valley 12U Cal Ripken teams have seen a lot of each other over the course of the last month.

Lakes Region hoop camp at PMHS starting July 29

ALTON — Lakes Region Boys' and Girls' High School Basketball Camp will take place July 29 through Aug. 2 from 6 to 8:30 p.m. each evening at the Prospect Mountain High School gym.

The camp is open to boys and girls entering grades nine through 12 and coaching staff is made up of current varsity coaches from Prospect Mountain and other New Hampshire high schools.

Focus points will revolve around offensive strategy, both individual and team. Participants are asked to not wear jewelry and watches and not chew gum. Sneakers are required, shorts and t-shirts are recommended. The camp will have warm up and group drills from 6 to 6:35 p.m., individual player work with coaches from 6:35 to 7:15 p.m., drills and mini competition from 7:15 to 7:45 p.m. and team games from 7:45 to 8:30 p.m.

Checks can be made payable to Joe Faragher, PayPal and/or Venmo are encouraged to secure early registration. Registration will be available at the door if space is available.

E-mail joefaragher88@yahoo.com or call 440-821-1381 with any questions.

The teams played once in the round robin portion of the district tournament then played three games in the tournament finals. They met up again on Wednesday, July 3, in the state tournament and then again in the state championship finals on Saturday, July 6.

Of course, Mother Nature wanted them to play another day, as the finals were postponed in the middle of the game when thunder storms and downpours rolled through Lancaster and soaked the Colonel Town fields.

Mount Washington Valley beat Berlin/Gorham 3-2 in the opening round while Suncook Valley defeated Dover 8-6. MWV then beat Gilford 10-2 while Suncook Valley beat Great North Woods 2-1 to force the semifinal matchup between the two teams, which Suncook won 7-0. MWV moved into the

losers' bracket and beat Lebanon 10-9 to advance to the finals, which were pushed back a day to Saturday, July 6, due to rain earlier in the tour-

The teams met under blue skies for the start of the championship, but it wasn't long before dark clouds began appearing on the horizon across the Connecticut River.

Casey Anderson got the start on the mound for Suncook and after Alex Allain worked a leadoff walk to start the game, he struck out the next three batters in a row to end the inning.

Suncook got a one-out infield hit from Ethan Bedell in the bottom of the first and after Anderson forced him at second with a grounder to third, Robbie Gordon had a base hit to put two runners on. They both moved up on a wild pitch but MWV starter Logan Ramsey came through with a strikeout to end the inning.

David Silvia III hustled to first on a dropped third strike to start the top of the second inning and moved to second on a wild pitch. After Anderson got a strikeout, Devin Jakubec delivered a base hit to put two runners on. Anderson got out of trouble with a pair of strikeout to keep MWV off the board.

Ramsey struck out the first two batters of

the bottom of the second inning before Henry Brown reached on an error. However, a fly ball to right field ended the inning.

the top of the third for MWV with a walk and took second on a wild pitch. After Anderson struck out a pair, Dakota Moss reached on an error to put two runners on but Anderson got an-

SEE **BASEBALL**, PAGE B3







Stirt pitches Wolfeboro past Barrington

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — The Wolfeboro Senior Babe Ruth team has had a lot of close games in the first part of the season.

But on July 5, the team put it all together with a stellar pitching effort from Justin Stirt and an offensive outburst to roll past Barrington by an 11-1 score in a mercy rule-shortened game at the Kingswood complex.

Coached by Kingswood graduate Cam Place, the team includes athletes from the Kingswood program as well as one local athlete attending Brewster Acad-

Stirt gave up an infield hit to lead off the top of the first inning, but then got a grounder to second, a pop fly to shortstop and a strikeout to get out of the inning with no damage

Jake Apgar led off the bottom of the first with a

base hit and one out later, stole second. He advanced to third on a wild pitch with two outs and then came in to score on a balk for the 1-0 lead for Wolfeboro.

Stirt had an impressive second inning, striking out four batters in the frame. One batter reached on a dropped third strike and stole second, but was strand-

Jagger Bernier led off the bottom of the second inning with an infield hit and took second on an error. He was able to move to third on a wild pitch and then slid home with the second run on another wild pitch, giving Wolfeboro the 2-0 lead. Jonathan Hossack walked to keep the inning going but he was stranded on the bases.

Stirt struck out two more in the top of the third inning and also got a nice play from James Yarling at third base as



JOSHUA SPAULDING

JUSTIN STIRT was masterful on the mound against Barrington last week.

the side went down in

Apgar led off the bottom of the third with a walk, stole second and got to third on a wild pitch. Will Danais worked a walk and stole second and Matt Place walked to load the bases. A fly ball to center by Bernier plated the third the sixth run and then Swinerton scored on a wild pitch to make it 7-0. Place kept the inning going with a base hit and then Christos Zavas

batters to close out the inning.

Hossack and Swinerton had walks to start the bottom of the fifth inning and after Apgar



JOSHUA SPAULDING

JAGGER BERNIER slides safely into home with a run for Wolfeboro on July 5.

JAKE APGAR rounds third base in action last week against Barrington.



JOSHUA SPAULDING

run and then Yarling delivered a base hit to drive in two more runs and Wolfeboro upped the lead to 5-0 after three

Stirt gave up a walk and a base hit in the top of the fourth inning, but also struck out two more batters. Place helped out by tracking down a long fly ball in right field.

Hossack walked to lead off the bottom of the fourth and stole second and moved to third on a passed ball. Shaw Swinerton worked a walk and one out later, a Danais groundout plated

worked a walk and Bernier reached on an error to drive in another run. A passed ball made it 9-0 and then Yarling delivered a double to plate Wolfeboro's 10th run before the inning was over.

Barrington was able to get on the board in the top of the fifth inning. After Hossack and Zavas teamed up for the first out on nice plays at both ends of a grounder to third, a pair of errors allowed Barrington to plate their first run. Stirt didn't let it get any further than that, as he struck out the next two

reached on an infield hit to load the bases. Danais lifted a fly ball to left, with Hossack tagging up and scoring, bringing the game to a close with the 11-1 win for Wolfe-

The team is scheduled to play at Seabrook on Friday, July 12, at 7:30 p.m. and at Stratham on Monday, July 15, at 6

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

No time to recover in busy holiday week

Back when I was in high school and college, I played my trumpet a lot. In high school, I had at least one period of band every day plus I would often spend my study halls in the band room working on All-State material or something of the sort. In college, I was part of the marching band all four years of college and then two years after, symphonic band for all eight semesters and jazz band for a few semesters along the way.

There were weekends where we had band shows and football games and I'd play two or three shows in a weekend and it wouldn't be a problem. While I am not a stellar technical player, I have (or had) the ability to play high and play loudly, which was a benefit in marching band in particular. Traditionally, that is what wears your chops down the most, since it is a lot of pressure placed on your mouth for an extended period of time.

JONATHAN HOSSACK makes a throw from third base in action last week.

Of course, in my younger days, all of this just rolled off the back with no problems.

Nowadays, it is a totally different story. Of course, first and foremost, my trumpet basically doesn't come out of its case when the summer concert season ends in August until the new season starts up in June. I live in an apartment where I am sure my neighbors wouldn't appreciate me blaring on my horn, plus I am not home enough to really do that anyway. So it stays in the case and comes out when it's time for the concerts to start.

For this reason, the start of the year is always a bit of a challenge because I have to "get my chops back" and get used to playing again. Usually that takes a few weeks of rehearsals before things feel ok.

The Cate Park Band plays every Wednesday night in July and Au-



gust in the Wolfeboro Community Bandstand in downtown Wolfeboro. We also play in the Fourth of July parade and do a pre-fireworks concert in Cate Park as well. This makes the Fourth of July our busiest day by far.

When Independence Day falls on Tuesday or Thursday, as was the case this year, it means that we actually do three performances in the course of 24 hours.

We did our first official concert of the season on Wednesday, July 3, then we were back at it on Thursday morning for the Wolfeboro parade and again on Thursday night for the pre-fireworks concert.

Since the Cate Park Band is an all-volunteer group, we don't know how many people are go-

ing to show up on a given night. The more trumpet players that show up, the easier it is on the chops. We had four on Wednesday night, which wasn't too bad. But for the parade on Thursday there were only two trumpet players, which made for a long walk from The Inn on Main to Brewster (on new pavement that attracted the heat quite nicely). Then Thursday night, we had just three trumpet players and a full two-hour concert.

Needless to say, by the time 9 p.m. rolled around on Thursday, my lips were not in great shape. Thankfully, there was a few days of rest before the next concert to get everything back to normal.

Finally, have a great day Diane and Corky Mork.

Joshua **Spaulding** is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News,



LISA PENNY - COURTESY PHOTO PROOF that I made it through most of the parade, at least. This was taken in front of the Carpenter School in the middle of the

Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Report-

uphill portion of the parade.

er and The Baysider. He can be reached at josh@ salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



NICK AUSTIN (in helmet) is congratulated after blasting a walk-off homer to give Suncook Valley the 12U state championship.

JOSHUA SPAULDING

Baseball **FROM PAGE B1**

other strikeout and the game remained scoreless.

Ramsey got a strikeout to start the bottom of the third but then Bedell and Anderson had backto-back hits. However, a fly ball to left field and a grounder to short, with Allain making a nice play, brought the inning to a close.

MWV went in order in the top of the fourth, with Anderson striking out two more batters.

As the teams warmed up for the bottom of the fourth, a huge clap of thunder forced the umpires to pull the teams from the field and just a few minutes later, the rain came and it came in buckets.

When stopped, the volunteer crew went to work, with parents from both sides chipping in, and they got the field ready to play. However, more thunder and lightning and even more rain forced the tournament officials to postpone the game until Sunday.

While the bats were pretty quiet on Saturday, they certainly woke up when the game resumed on Sunday afternoon.

Nick Austin led off the bottom of the fourth with a walk and Brandon Weygand followed with an infield hit. After Ramsey got a strikeout for the first out, Knyte Neathery worked a walk to load the bases. Silvia made a great sliding

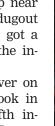
grab of a foul pop near the first base dugout and then Ramsey got a strikeout to end the inning.

Gordon took over on

Anderson led the bottom of the fifth with a base hit but was forced on a groundout by Gordon. After Ramsey got a strikeout, Austin launched a homer over the fence in center for a 2-1 lead for Suncook. Allain took over on the hill and got a strikeout to end the inning.

Anderson came back to the mound in the bottom of the sixth and got a strikeout to start the frame. However, back to back doubles by Moss and Tyler McCluskey tied the game at two and Riel took over on the mound. Silvia then reached on an infield hit and after a strikeout, Jakubec had a double to drive in two runs and then Brown had a base hit to push the lead to 5-2 before a strikeout ended the inning.

Suncook rallied in the bottom of the sixth. Randy Brown had a base hit to start the inning but was forced on a ground-



the hill for Suncook in the top of the fifth inning and Jacob Brown greeted him with a double, MWV's first hit of the game. A wild pitch moved him to third and after a strikeout, a groundout by Matt Charrette drove in the game's first run. Riel then snared a line drive that ricocheted off of Gordon for the final out of the inning.

> Riel then launched a homer over the fence in center to cut the lead to

5-4. One out later, Anderson launched his own homer over the fence in centerfield, tying the game at five. Gordon kept the inning alive with a walk and MWV coach Andy Pepin brought Brown in to pitch and he walked Landon Abbott to put two runners on. Pepin then went to Silvia and Austin greeted him by launching a rocket over the fence in right field, giving Suncook Valley the 12U state championship with the 8-5 win.

Suncook Valley advances to the New England Regional Cham-



CASEY ANDERSON (with white gloves) is congratulated after his game-tying homer on Sunday.

er to short by Neathery. pionships, which take Joshua Spaulding can ext. 155 or josh@salmonplace starting this week- be reached at 279-4516, press.news.



JOSHUA SPAULDING

CASEY ANDERSON was on fire for Suncook Valley on Saturday, striking out 11 in four innings.



JOSHUA SPAULDING MWV'S DAVID SILVIA III hustles to beat a throw as Suncook's Henry Brown takes the throw in action on July 6.



JOSHUA SPAULDING

COACH ROB GORDON talks with Ethan Bedell at first base in action Saturday against MWV.



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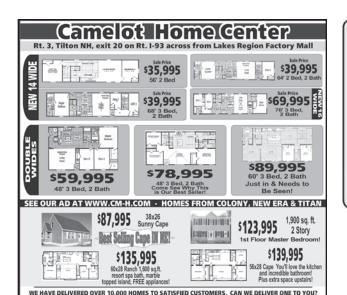
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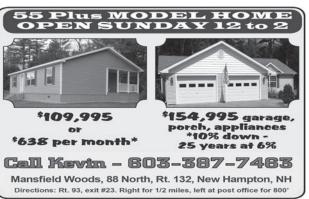
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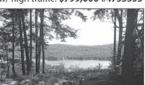
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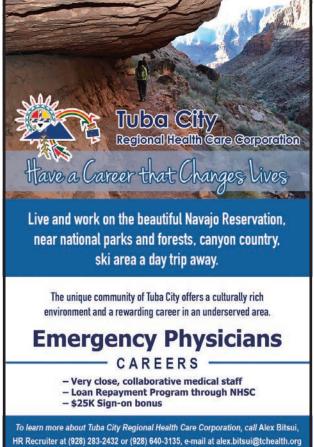
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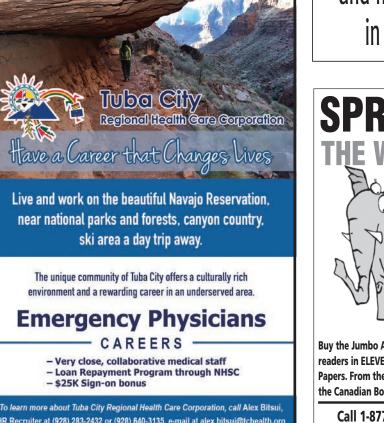
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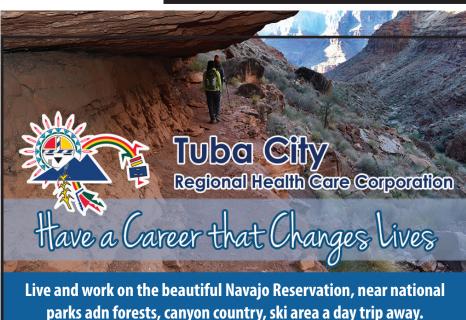
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Allied Health

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Medical Staff

Deputy Chief of Emergency Services Endodontist Hospitalist Internist Nurse Midwife

Physical Therapist Physician (Emergency, OB/GYN, Family Medicine)

Positions Close on 06/21/2019 @ 5:00 pm

Accounts Receivable Specialist I/II **Ambulatory Care Program Director** Call Center Lead Call Center Manger **Certified Medical Assistant** Contract Specialist Corporate Compliance Technician **Dental Assistant**

Environmental Services Tech./Maintenance Help Desk Manager Medical Coder I/II/III

OR Surgical Technician Patient Benefit Coordinator Performance Improv./Patient Safety Officer Surgical Services Materials Management Specialist

Telemedicine Services Coordinator

Positions Close on 06/28/2019 @ 5:00 pm Accounting Technician I/II

Cook (temporary) Environmental Service Technician - SPHC **Patient Access Specialist**

For more information visit www.tchealth.org or contact Human Resources at (928) 283-2432 or tcrhcchr@tchealth.org.

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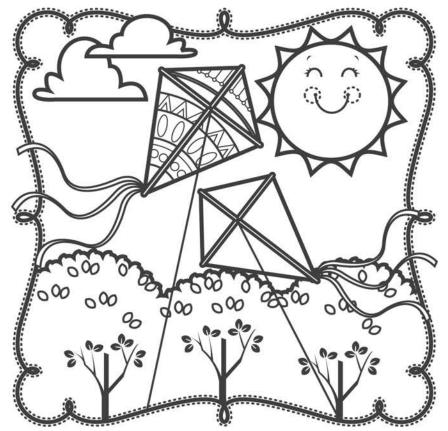


BENEFITTING MEDICALLY FROM SPENDING TIME IN FORESTS AND OTHER GREEN SPACES IS A PHENOMENON KNOWN AS THIS.

ANSWER: FOREST BATHING

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Celebrate candy and sweets. Color in this picture to crete your own masterpiece.





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PARK

a large, public, green recreation area in a town



ENGLISH: Grass

SPANISH: Césped

ITALIAN: Herbe

FRENCH: Herbe

GERMAN: Gras



BAKKEN, LOCATED NEAR KLAMPENBORG IN DENMARK, OPENED IN 1583 AND

IS BELIEVED TO BE THE OLDEST

AMUSEMENT PARK

IN THE WORLD.





Can you guess what the bigger picture is?

YNRMEK: JUNGLE GYM SLIDE

ABCDEFGHIJKLMNOPQRSTUVWXYZ

Determine the code to reveal the answer!

Solve the code to discover words related to skin safety. Each number corresponds to a letter. (Hint: 4 = t)

7 13 1 7 6 17 16 16 1 Α.

Clue: UV lotion

Answers: A. sunscreen В. 13 20 4 17 12 14 9 21 20 16

Clue: Rays of the sun

18 12 4

Clue: Covers head

19 17 21 4 16 6 4 D.

Clue: Keep safe

SUDOKU

docood			5					
	4		7	8			6	
								7
			9	2			3	
						4		5
				7	8	6		
		5	проссоя			3		
		2						8
4	7	Ammark .			2			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

ultraviolet C.

hat D. protect

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	g	6	S	3	8	and .	L	ャ
8	que	L	†	G	9	2	6	S
2	Þ	ε	L	6	and h	9	8	9
6	2	9	8	7	Þ	3	mak	ç
g	Z	Þ	9	nedi	ε	8	2	6
anach.	3	8	9	2	6	7	9	L
L	6	muk	3	Þ	S	9	ç	8
ε	9	ç	and a	8	2	6	Þ	S
Þ	8	2	6	9	ç	L	3	dom

ANSWER:



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Barnstead Firefighters Association 5K Aug. 17

BARNSTEAD — The Barnstead Firefighters Association is pleased to announce its eighth annual 5K Road Race and Fun Walk to start at the Barnstead Parade grounds on Aug. 17 at 9 a.m.

The course is an "out and back" that follows the Suncook River from the Parade to the intersection with Route 126 and then returns to the Parade along the same route for the finish. The race course is USATF certified for accuracy and is considered flat and fast. Refreshments will follow the race.

Proceeds from this year's race will benefit the Barnstead Firefighters Asso-

Pre-registration must be received by Aug 13 to receive a discount. Registration forms are available at www.bfr06.com, by e-mail at bfa5kroadrace@gmail. com or by calling 312-5648. Online registration is also available at www.running-4free.com. Race day registration will also be available.

PMHS looking for JV volleyball, soccer coaches

ALTON — Prospect Mountain High School in Alton is in search of a JV volleyball coach and a JV boys' soccer coach for next fall. Anyone looking for more information should contact Corey Roux at 875-8600.





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