

## Gilford Library partially reopens

BY ERIN PLUMMER  
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The Gilford Public Library will be reopening on a limited basis starting June 15, starting with computer services along with pickup and drop-off of materials. The library announced its reopening on June 8 with a phased plan for services. The library closed on March 18 because of the COVID-19 pandemic and remained closed to the public for almost two months. The library came up with a phased reopening plan on May 4. With the governor's Stay At Home 2.0 order reopening some businesses, the library began offering curbside pickup and drop-off of materials. The initial stage would remain depending on

a number of factors including that the governor did not pull back on the state's plan, social distancing recommendations are followed, the library had access to necessary cleaning and protective materials, and had enough staffing for services. If those requirements were met the next phase would be opening the library building on June 15. Starting this past Tuesday, the library would be open for checking materials in and out and short term computer use. The building will be open from 10 a.m.-5 p.m. Monday through Thursday and 10 a.m.-2 p.m. on Saturday. All visitors are asked to

SEE LIBRARY PAGE A10



PHOTO BY ERIN PLUMMER

The Gilford Public Library partially reopened on June 15 after being closed for almost three months because of COVID-19.

## New rule bans large boats from Glendale docks

By Erin Plummer  
mnews@salmonpress.news

Regulations banning large vessels from the Glendale Docks and a few other requirements received approval from the selectmen, though with town officials and proponents of the change emphasizing that this wouldn't ban all commercial watercrafts from the whole Glendale facility. Last Wednesday, the selectmen held a public hearing on an amendment to the Glendale facility rules that would prohibit barges and crafts longer than 30 feet from using the town docks on a year round basis, whereas before rules said they could not use it during the summer. The regulation would also only issue decals to businesses based in Gilford and not ones based in other communities with storage facilities or satellite branches in Gilford. It also prohibited fueling boats at the public docks. Dave Ewing of Dave's Motorboat Shop said he brought the issue to the town last year of barges and other vessels more than 30 feet long at the docks. He said crafts longer than 30 feet eat up a lot of space at the docks and have done damage to the docks themselves. The original requirement stated that those boats couldn't be there during the summer months, but Ewing said people have brought barges to the docks around Halloween and they have been tied up there for most of the winter. The rule would prohibit these larger vessels from tying up at the docks themselves, but they could still use the launch ramp and the launch usually used for jet skis as long as they didn't tie up.

The board did receive emails from two residents who opposed the rule. Steve Davis of Locke's Island wrote that he didn't see the need for the rule and it would make it harder for islanders to get contractors. Robin Volk of Welch Island said commercial barges should be able to use the docks and continue their vital work helping people on the island. "I think that there is some misunderstanding that some of the islanders are thinking that what we're saying is no commercial use or barges on the facilities, and that's not what we're saying; that will continue," said selectman Gus Benavides. Heidi Gebhardt of the Gilford Island Association also said she received a call from someone who made the same misunderstanding. Ewing agreed, saying most contractors will use 24-to-28-foot pontoon boats for services like camp closures, re-roofing, and others. He said the issue is the 60-to-70-foot barges that cause damage to the docks. Benavides also emphasized that taxpayers will have to pay for any damage that gets done to the docks. Ewing also said the intention is not to ban these larger crafts from the Glendale facility as a whole but from the docks. He said the crafts can still bring their nose in towards the jet ski ramp against the

SEE RULE PAGE A10

## Town beach opening, modified rec programs resume

BY ERIN PLUMMER  
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The town beach will open this coming week and Parks and Recreation programming will resume, all with some modifications with the coronavirus in mind. Last Wednesday, Town Administrator Scott Dunn gave the selectmen an update on different Parks and rec facilities and programming in the midst of current COVID-19 conditions. The town plans to reopen the own beach as of June 21 with most facilities available for use. Dunn said things would be "almost normal" on the beach except for keeping the playground closed. He said reports seem to change on if people can contract coronavirus from surfaces and

wanted to bring this up with the selectmen for their opinion. Selectman Gus Benavides said he favored opening the playground, though selectman Kevin Hayes said he would prefer to see guidance from the governor's office on this. Benavides made a motion to open the playground, though it failed for lack of a second. Board Chair Chan Eddy said while he agreed was leaning in favor of Benavides' proposal, as chairman he preferred not to step into motions unless another member recused themselves from the vote. Benavides later asked Hayes if he would be in favor of opening the playground at Village Field and Hayes said he wouldn't. Dunn said the playground and basket-

ball court are technically closed but people have been using them and no one has been stopping them. "You'll see me in two weeks asking for it," Benavides said about the playground matter. Hayes said by then there could be some guidance from the state on this. Dunn also reported that Parks and Recreation Director Herb Greene was looking to have some summer programming at the schools and came up with a memorandum of agreement with the schools. Dunn said Greene did want one part of that agreement stating that the whole onus for responsibility would solely be with the Parks and Rec director when Greene would also want

that responsibility to go to staff. Dunn said if the board had no objections he would go forward with that amended proposal and the board agreed. Dunn also said the ballfields were never closed and there had been some movement toward having youth soccer and baseball start up again. Greene indicated that this will be done with the governor's guidelines. Dunn also asked if the board had any new thoughts on Old Home Day. "Looking forward to it," Benavides responded. On cleaning beach restrooms, Dunn said the town solicited a proposal for someone to sanitize and clean the restrooms

SEE REC PAGE A10

## Lakes Region Rotary Car Show goes virtual



COURTESY

The Show will go on, but with a COVID twist. Fueled by Graham & Graham, P.C., the Lakes Region Rotary Charity Car Show in July will offer a virtual tour of hundreds of cars from all over the country. The Car Show is the Rotary's main fundraising event, and will run July 25 through Aug. 1. Pictured is Lakes Region Rotary President, Mike Robichaud (left) with the show's lead sponsor, Jeff Graham, Graham & Graham, P.C.

LACONIA — Take a virtual ride with the Lakes Region Rotary, as the Club hosts its eighth annual car show from July 25 through Aug. 1. Fueled by Graham & Graham, PC, this year's event features a virtual tour of cars from all over the country. Viewers will have the opportunity to take a leisurely 'scroll' through the entries and vote for their favorites in a number of categories. The cool thing about the virtual show is that participants can enter their car, and have it featured and viewed before a global audience without having to leave their driveway.

SEE CAR SHOW PAGE A10



# ALMANAC

## Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

Two major things are going on. One — the library is open, kind of. Up to 20 patrons can come into the library building (first time in months) and browse the shelves for materials. For all the people who need to see and feel a

book before they choose to read it, you can finally get back into the library and look. Safety procedures are in place, of course. We strongly recommend keeping to the six-foot physical distancing guideline and wearing a facemask when coming indoors. We care about you and all of our

patrons, so please be considerate.

Two — The Summer Reading Program kicks off this Tuesday, June 23rd! We know that people are dying for fun, social activities to do, and our mostly remote Summer Reading Program is the perfect way to keep the whole family

engaged, learning, and playing all summer long. We'll kick things off with a Facebook Live party at 10:30 a.m. with music for all ages played by Paul Warnick. That afternoon, kids and teens can pick up a free ice cream drive-through style at the library. Sawyer's Dairy Bar is donating the ice cream--Thanks!

Sign up as you drive through or follow the links on our website to the READsquared site and app. That's right, we're going digital for recording reading and activities this year in order to make it as easy as possible for people to participate from home. Feel free to get in touch with the librarians with any questions you have!

### Classes & Special Events

June 18--June 25  
Thursday, June 18  
Book Discussion, 1-2 p.m.

Join Maria with your lunch and or coffee to discuss this month's book, "It All Comes Back to You" by Beth Duke. This will be a Zoom meeting book discussion. Call, email, or visit our Web site.

Teen Discord Game Club, 2:30-3:30 p.m.

Tuesday, June 23

Summer Reading Kickoff on Facebook Live, 10:30-11:30 a.m.

Join us and Paul Warnick on FB live to dance, sing and celebrate the first day of our summer reading program. Drive-thru Ice-cream for kids and teens and sign up to follow at 1pm at the Library. The first 100 children to drive through and sign up will receive a tote bag with nice prizes!

Summer Reading Sign-Up Ice Cream Drive Thru, 1-3 p.m.

Stop by the library for a drive thru ice cream and sign up and pick up materials for summer reading. \*Children & Teens only.

Teen Discord Game Club, 2:30-3:30 p.m.

20 Books You Don't Want to Miss, 4 p.m.

Molly and Katherine will share 20 Books that you definitely don't want to miss for this summer! They'll share new favorites, bestsellers, and breakout hits with you on Facebook Live!

Wednesday, June 24

Virtual Tech Help, 10 a.m.-noon

We've moved our Check-out-an-Expert online! Need help with any tech related things? Maybe you are new to Zoom, or downloadable books? Call 524-6042 on Wednesday mornings, and Mark will be here to answer your questions.

Storytime with Pets, 10:30-11:30 a.m.

Watch Miss Jill for story time with pets on Facebook! Community Art

Group Kick-Off, 2-3 p.m.

Join Molly for a special Facebook Live kick-off of the Library's new online Community Art Group. Through Facebook, we'll share tips and tricks for different art interests, and host virtual community galleries to showcase the work you've been creating from home! Tune in all summer long for crafting tips and activities, ZOOM Art Classes, and helpful information for crafters, artists, and makers.

Thursday, June 25

Create Your Own Graphic Novel/Comic Book Workshop, 11 a.m.-1 p.m.

Does your child have a passion for graphic novels, comics, drawing, and/or writing? If so, this is the workshop for them! Back by popular demand, Marek Bennett will teach participants how to create their own graphic novel/comic books. Many skills will be learned and mastered during this fantastic on-line workshop with this energetic and inspiring artist. \* Grades three through eight Sign-up required.

Teen Discord Game Club, 2:30-3:30 p.m.

NH Humanities: "How Did the Greeks Believe Their Myths?"

This will be a Zoom meeting, live streamed to Facebook! This program will investigate the major ways that the Greeks tried to explain and interpret their own mythical past over the course of a thousand years.

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## Gilford Public Library Top Ten Requests

1. "The Summer House" by James Patterson and Brendan DuBois
2. "Camino Winds" by John Grisham
3. "Walk the Wire" by David Baldacci
4. "The 20th Victim" by James Patterson & Maxine Paetro
5. "Texas Outlaw" by James Patterson & Andrew Bourelle
6. "Hideaway" by Nora Roberts
7. "Revenge" by James Patterson & Andrew Holmes
8. "The Boy From the Woods" by Harlan Coban
9. "Have You Seen Me" by Kate White
10. "Big Summer" by Jennifer Weiner
- 11.

## Mercy College of Ohio announces Honors List

TOLEDO, Ohio — Tracie Bettez, pursuing a Bachelor of Science in Medical Imaging, was awarded honors for the 2020 Spring semester at Mercy College of Ohio. To be named on the Dean's List, a student must achieve a grade point average of 3.3 or higher and be enrolled for 12 or more credit hours. To be named on the Honor's List, a student must achieve a grade point average of 3.3 or higher and be enrolled for 6-11 credit hours. To be named on the President's List, a student must achieve a 4.0 grade point average and be enrolled for 14 or more credit hours.

Mercy College of Ohio is a Catholic institution with a campus in Toledo, Ohio and a location in Youngstown, Ohio. It focuses on healthcare and health science programs. Mercy College offers graduate degrees in Nursing and Health Administration; Bachelor's degrees in Biology, Healthcare Administration, Medical Imaging and Nursing; Associate degrees in Health Sciences, Health Information Technology, Nursing, and Radiologic Technology; and Credit Certificates in Community Health Worker, Emergency Medical Technician-Basic, Medical Coding, Ophthalmic Assistant, Paramedic and Polysomnographic Technology and specialty imaging certificates.



# State looking at bridge repairs

BY ERIN PLUMMER  
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Two bridges on major roads are slated for repairs with representatives from the state saying construction could begin in 2021.

Last Wednesday, Phillip Brogan with the New Hampshire Department of Transportation Bridge Preservation Project and Mike Mozer from DOT Bridge Design spoke with the selectmen about proposed bridge repair projects on Routes 11 and 11A that are expected to start in 2021. Both these projects in Gilford are part of a contract with a bridge project in Meredith and the project principals would be speaking with the Meredith board of selectmen as well.

One project will repair the bridge on a section of Route 11 by the airport. Brogan said the concrete box structure has a 20 foot span, is 44 feet wide, and sees about 10,000 vehicles a day. Some of the wood posts are significantly deteriorated and can even be pushed over. The bridge rail has also taken plow damage.

Brogan said the con-

crete on the bridge is in good condition overall, but a few places will need to be fixed and there has been some water leakage in the center of the bridge deck.

The project will take the pavement off the bridge, repair the concrete on the deck, seal cracks, and replace the bridge rail and approach rail.

Brogan said because the road is so wide the project can be done in three phases with two lanes of traffic.

The project will take around 12 weeks in total, three weeks on each section and six weeks for the middle portion.

The section on Route 11A is over Poor Farm Brook at the intersection of Area Road by Gunstock. Brogan said that bridge was built in 1936 that was widened in 1985.

The project will remove pavement from the deck and repair the concrete. They will also remove a drainage scupper on the bridge which has been causing some rot. The project will work to find the best option for drainage problems on the northeast wingwall.

Crews will then replace the bridge rail and the approach guardrail.

The bridge on Route 11A is not wide enough to keep both lanes open, so one lane will be closed at a time with temporary signals installed at the intersection. The work will take around 10-12 weeks, five to six weeks per phase.

Public information meetings will be held for both projects as soon as it is safe to do so given the COVID-19 situation.

Both projects will also have to adhere to the National Environmental Policy Action (NEPA) regarding if the project would impact any historic, natural, or cultural structures and assets. Brogan said that will likely not apply to the Route 11 project, but might apply to the 11A project given the age of the bridge. He said this will most apply to the bridge repair project in Meredith.

Brogan said the two projects might go on at the same time unless there is any reason why that couldn't happen.

The projects would probably go out to bid



COURTESY PHOTO  
Phillip Brogan of NH DOT (far left, beside Town Administrator Scott Dunn and Selectman Gus Benavides) speaks with the Gilford selectmen about proposed bridge repairs on Routes 11 and 11A.

around January of 2021 and could receive governor and council approval that April. Construction could start sometime in 2021.

Brogan asked the board if there were any particular times of the year that construction should be avoided. Selectman Gus Benavides said for the Route 11 project working in the fall wouldn't be much of an issue, but June is an especially busy time with graduations and Motorcycle Week. Selectman Kevin Hayes said with both lanes of traffic staying open if might not be that much of an issue, though there will be a good amount of bike traffic. For the 11A project, board chair Chan Eddy said Bike Week and events at Gunstock might create more traffic.

"The amount of bikes going down though here during Bike Week, it's phenomenal," Eddy said.

He recommended they talk with Gunstock about their event schedule.

## Lakes Region Community Developers celebrates NeighborWorks Week



COURTESY  
Kristen Kenny and Logan Matz work together during NeighborWorks Week to construct a raised garden bed for the new community vegetable garden at Harriman Hill in Wolfeboro.

LACONIA — Lakes Region Community Developers (LRCD) is joining fellow NeighborWorks America members across the nation in celebrating NeighborWorks Week from June 6-13.

NeighborWorks network organizations provide residents in their communities with affordable homes, owned and rented; financial counseling and coaching; community building through resident engagement; and collaboration in the areas of

health, employment and education.

Each June, NeighborWorks and its network of 250 organizations across the country mobilize tens of thousands of volunteers, businesspeople, neighbors, friends, and local and nation-

al leaders in a week of neighborhood change and awareness.

Since its inception in 1983, NeighborWorks Week showcases how the NeighborWorks network strengthens communities and celebrates its collective impact as a network.

Earlier this week, LRCD enthusiastically joined in the fun of NeighborWorks Week at several LRCD properties including two community garden projects and one flower planting.

Repairs and planting took place June 5 at the Pinecrest community garden in Meredith; a four year tradition for Pinecrest Apartments.

At Harriman Hill in Wolfeboro, tenants asked if they could garden for something fun and safe to do this summer. With LRCD's assistance, they built a community vegetable garden on June 6.

LRCD also planted annuals with tenants at its adjacent Millview and Avery Hill developments in Laconia on June 8, allowing them to spruce up their front or back patio areas and add some color to the neighborhood.

NeighborWorks America is a congressionally chartered,

national, nonpartisan nonprofit that provides access to homeownership, safe and affordable rental housing, and other community-building services. The organization responsibly stewards the federal and other investment funds entrusted to it to help individuals, families and communities thrive through comprehensive approaches to affordable housing and community development.

"Our vision is a community where everyone has a healthy home and is empowered to succeed," said Carmen Lorentz, Executive Director of LRCD. "Being a member of NeighborWorks is critical to our ability to build healthy homes and vibrant community facilities and to engage residents in working together to create the neighborhoods they want to live in."

As a NeighborWorks America chartered member, LRCD receives crucial operating funds, and has access to other

opportunities provided by NeighborWorks including peer-exchange, technical assistance, evaluation tools and access to training. NeighborWorks is considered the nation's leading trainer of housing and community development professionals.

"Between the funding and resources provided to us by NeighborWorks, ultimately it is the Lakes Region that benefits and we're really proud of that," adds Lorentz.

LRCD is awarded funding annually from NeighborWorks America, and earlier this year, was awarded \$300,000,

an increase from years prior.

LRCD has diversified its real estate activities over the last two years, which has paved the way for this year's increase in funding from NeighborWorks. LRCD is working on its first development of affordable starter homes in Wolfeboro; recently completed its first supportive housing development in partnership with Horizons Counseling Center and Navigating Recovery of the Lakes Region; and continues to preserve and create new, affordable rental homes.

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But tomorrow  
may rain,  
so I'll follow  
the sun

Well, here we are at the start of summer. We've survived a mild winter, but winter nonetheless. The days are longer. The sun is shining brighter. Now that warmer days have arrived, it makes the current closures a bit easier to manage.

While we will miss summer festivals and live music, there is still plenty to do to soak up a fun filled, relaxing summer. While we're out in our kayaks, hiking in the White Mountains, or enjoying an afternoon fishing at the river, don't forget about the many health benefits that come along with this amazing season.

Sunlight acts as an aid to regulate our bodies and gives us more motivation to improve our lives. During the summer months there is a reduced number of heart attacks. One study, including 11,000 individuals, showed that over nine years, the survival rate increased by almost 20 percent if the incident took place in the summertime. One theory is that the increase in vitamin D, plays a role.

During the summer months people are more likely to eat more fruits and vegetables. Diets become more green and healthier. We all know the more colorful the diet, the healthier we are. We could argue that the all time best cereal invented, Fruity Pebbles could be just as healthy, but we would be wrong.

Warmer months means clearer skin for many. Now that we are older (some of us), we know that sitting outside with tin foil to help us become more tan faster, is not a smart move. Sunscreen it is. In addition, people tend to exercise more in warmer weather. This is perfect for allowing more oxygen to reach the brain and stress levels decrease as an added bonus.

The sun can have an effect on those with sleep issues as well. Waking up to the sunlight aids a person's internal clock to reset. Hotter weather also causes us to drink more water. More water means less toxins in our bodies. Cheers to that.

We think it's a good idea to create a summer bucket list. Some of the things on our list include hiking more 4,000 footers, finishing a certain amount of books (some started almost ten years ago), making more trips to the ocean, trying out a paddle board, getting around to purchasing a fishing license, question legislation about daylight savings and having sunflowers in bloom by fall.

The most important thing, and we say it often, is to remember to slow down and appreciate every summer moment, hour by hour.

*Note: To give credit where it is due, the title of this week's Editorial was taken from the song "Follow the Sun," written by John Lennon and Paul McCartney and recorded by The Beatles in 1964.*

FROM OUR READERS

To the Editor:

GOT LUNCH! Laconia prepared for Laconia School Bus Friday delivered over 2,700 bags of food for the children of Laconia for 13 weeks that school was closed. GOT LUNCH! Laconia partnered with the school to provide food for breakfast, lunch and dinner on the weekends during the COVID 19 crisis. The crisis continues, yet the school busses must stop running and delivering food on June 12.

But...GOT LUNCH! Laconia will begin their summer program

on June 22. If possible please sign-up on-line now ([www.gotlunchlaconia.org](http://www.gotlunchlaconia.org)) or pick up a registration form at the Laconia Library. You must register for the summer program.

When asked by the Laconia School District if they could help out with weekend food bags, the Advisory Board knew there was tremendous need, but where would all the food and funding come from?

Rev. Paula Gile stated, "It was so amazing the support we received from the community and funders in the state

of New Hampshire. I couldn't believe the gifts that were coming in."

Rev. Paula said they received grants from The Employees of Associated Grocers of New England, New Hampshire Charitable Foundation, Ever-source, Granite United Way, Pardoe Foundation, Bank of New Hampshire, Bank of America and the Bishop's Charitable Assistance Fund. But the amazing news didn't stop there. Rev. Gile and the Advisory Board has an amazing list of local businesses and organizations that helped in such a big way.

**Hannafords**  
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**Lakes Region Santa Fund**  
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**Emery Rental**  
**Lakes Region Rental Assoc**  
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**Lakes Region Party and Gift**  
**Lakes Region Kiwanis**  
**Temple B'Nai Israel**  
**Downtown Gym**  
**Hands Across the Table**  
**Stewart Property Management**  
**Tanger Management**

**ment**  
**Laconia Elks Lodge**  
**Belknap Mill Quilters Guild**  
**Stewart Associates Architects**  
**Volunteers at Pleasant St School**  
**Admin/Clerks 4th District Court**  
**Lou Athanas Youth Bank of America**  
**No Limits Metal Works**  
**Gator Signs**

The GOT LUNCH! Laconia Advisory Board wants everyone to know that that's not the entire story. GOT LUNCH! Laconia also received

hundreds of donations for support of this special project. All the bills are not in yet, but there is hope that the donations which came in this spring will pay for the COVID 19 crisis food.

The GOT LUNCH! Laconia Advisory Board wants to express their deepest gratitude to all those who contributed, grantors, businesses/organizations and the many, many individual and family donations. The children of Laconia thank you all!

GOT LUNCH!  
ADVISORY BOARD  
LACONIA

MARK ON THE MARKETS  
Off the grid



BY MARK PATTERSON

When I say "Off the Grid," most people probably think of independence from the electric company via solar or the ability to have a self-sustainable food supply with a garden or raising livestock. In other words, just living like people did many years ago detached from power companies,

grocery stores or town sewer and water.

Staying with that theme, I would like to talk about saving money and investing "off the grid" or detached from conventional beliefs. There is a real trend developing centered around the lack of saving and investing by the younger people in this country. You could

make the case that the job market for younger people is not very good thus not having money to save and invest. But when I speak with younger working people, I do not get the sense that they believe in the same methods of saving and investing like generations before them.

Going back just 25

years, when I started a career with the brokerage firm Tucker Anthony, there were the seasoned brokers that typically bought and sold stocks in a few select companies or maybe bought some preferred stock or municipal bonds for their clients. A few of these brokers were buying shares for their clients

and their own accounts in a company called "Berkshire Hathaway" which is a conglomerate holding company whose CEO is Warren Buffet. Well, I probably do not have to tell you that these brokers made many of their clients and themselves wealthy. About that time, you could see



COURTESY

Art Association Gallery re-opens

Covid-19 may have closed a lot of businesses, including the Lakes Region Art Association Gallery, Tanger Mall, Tilton, since March, but it didn't close the minds and souls of the creative artists members of the Gallery who kept producing their art and photography over the duration. "We are now open with a whole array of new and masterful original art, in a wide variety of mediums on display, that's amazing," said Tom Hitchcock (left), President of the Lakes Region Art Association. "We've also added a few new artists and spruced up the Gallery with a new coat of paint. Now we are a teaching gallery too, and inquires about our art classes for both adults and children are welcomed," he added. Member Pat Edsall (center), LRAA Vice President and Director of Marketing added to Hitchcock's statement, "We are the only non-profit art gallery in New Hampshire where you can purchase great art at wholesale prices and meet the artists personally if you wish to." Member Duane Hammond (right), assisted in the reopening of the gallery. The LRAA Gallery is open Thursday-Sunday, 11 a.m.-7 p.m.

STRATEGIES FOR LIVING

The search for peace

BY LARRY SCOTT

With the national stage in turmoil, peace in America is as elusive as it has ever been. And the looming elections and a possible coronavirus resurgence in the fall tell us there is no end in sight. If you are looking for peace, the America of today is not the place to be.

But the peace of which I write has little to do with the circumstances that surround us. There will always be reasons to advocate for change, always elements of injustice in our society. We will never be at peace with our lifestyle, however, until we are at peace with ourselves.

Matthew Kelly, an active Christian, highlights the issue this way.

"While at breakfast with a friend of a friend, the gentleman said, 'There is something different about you, Mat-

thew. I don't know what it is, but it is special and rare. You make me ponder life. I will tell you this. ... I am a very wealthy man. I have more houses than ten families could live in, more boats and cars than I could ever use, more money than I could ever spend. Everywhere I go I am treated like royalty... but I have no peace. Peace ... and the funny thing is, I would give everything I have, the things I have spent my whole life building, for just a little peace'" (The Rhythm of Life, p. 186).

Though not typical, this gentleman was right. Comfortable circumstances, security, and good health do not, in themselves, bring peace of mind. Peace is not in something we have or do; lasting, satisfying peace of heart and mind is found in who we are.

The problem is that, whatever our religious

convictions, and regardless of our philosophical point of view, we must face the fact of our mortality. We know our death is only a matter of time, and we must each find a way to deal with it. We can act as if we are going to live forever; we can tell ourselves there is no such thing as an afterlife. But that is a gamble many of us are not willing to take.

Some people look for reassurance in their faith. I can't tell you how many times I've been told, "I believe in God." So? Almost everyone believes in God. The Bible says, "You believe there is one God? You do well! The devils also believe, and tremble." Believing the truth, even about God, means little unless it impacts our surrender to His will.

The challenge, then, is to establish a right relationship with God that provides the peace

of mind our heart demands. Multiple voices, all claiming to be the way of truth, call for our allegiance. But I have found support for my faith in one undeniable truth: Jesus died, was buried, and three days later, arose from the dead. That is the basis for my faith. "If in this life only we have hope," wrote the Apostle Paul, "we are of all men most miserable. But now is Christ risen from the dead."

Despite a nation in conflict, despite the continuing threat of the coronavirus, peace of heart and mind is available to all. Jesus said, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid (John 14:27).

For more thoughts like these, follow me at [indefenseoftruth.net](http://indefenseoftruth.net).



North Country Notebook

June bugs, toting tiny suitcases, stage comeback with little fanfare



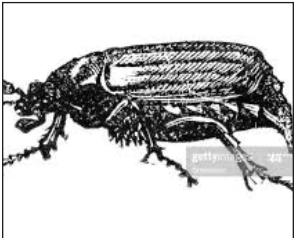
By JOHN HARRIGAN  
COLUMNIST

The other day I had a little idle time between errands, and parked on Main Street just to see what went by.

Two 18-wheelers bearing logs of oak went by, followed by two truckloads of what appeared to be ash. All the logs were about the same size—a foot or so on the butt—and all appeared to be eight feet, with enough extra for a clean cut at both ends.

We have the timber on our side of the border, but few mills to mill them. Quebec and Ontario get the logs, and the jobs. When I served on the Northern Forest Lands Council, one of our questions was how many Canadian sawmills were within, say, ten miles of the border. The answer was 46. That’s forty-six.

When a Canadian sawmill burns to the ground, the various governments are right there the next morning with a check for rebuilding, with state-of-the art equipment. Because the Canadians value their sawmills and their jobs in a way we seem unable or unwilling to match, they’ll always be the ones who wring every possible job out of every



COURTESY  
The June bug represents an impressive amount of calories on the wing, and here and there has been missing from the scene. They have returned with aplomb. (Courtesy getty-images.com)

tree we send.  
+++++  
**JUNE BUGS RETURN**  
(NOBODY CARES)

The above headline is there because I love to write headlines, and it’s even accurate. The overriding reaction from about half the audience (female division) to the very mention of June bugs, by the way, was something like “I hate them. They get caught in my hair. They’re sticky. Yuck.”

Few people seemed to notice the recent 10-year absence of rabbits (snowshoe hare). However, the June bugs can’t avoid being noticed, what with crashing into outer walls and windows, flying under the radar to smash into windshields and ooze bodily fluids that dry into airplane glue, and displaying rare and taunting disregard for bouffant hairdos. They have returned after several seasons of being scant to non-existent (at certain elevations, at least).

The above paragraph has qualifying phrases, for good reason. There’s been no research on the short-lived phenomenon

of June bugs that I know of, and as with much about Mother Nature, it’s sheer speculation. Believe me, it is utter folly to call the widely known State House number and ask, politely but professionally, “Who’s in charge of June bugs, huh? Huh? Huh?”

All I know is that during normal times, if there’s such a thing as “normal,” June bugs would smack into the sides of the house as long as there was a light on. In the shop, which I try to keep neat, I’d have to sweep them up every morning, all of them down there on the concrete floor, with their little feet crinkled up in the air and little X-marks on their tiny eyes, to signify “dead.”

Who cares? Birds of many a stripe, I’d guess, and bats, and perhaps smaller creatures of the weasel family. Think “Ermine Almost A Weasel Catches June Bug on Wing, Crowd Applauds.”

As hefty insects right up there size-wise, at least, with bumblebees, June bugs represent a good deal of protein on the hoof, or wing, and their absence surely left many species in many niches in the food-chain wanting. Oh sure, we think we can never run out of June bugs. But remember the buffalo. Soon to come, right there on the back-side of a new nickel: a June bug?

+++++  
Found in my Inbox among a recent morning’s mail:

“I enjoy your column in The Baysider and look forward to each edition. Shortly after read-

ing your article on eagles, my wife and I were driving the back roads from Rochester to Alton Bay.

“On Ten Rod Road, just north of Rochester, I spotted an American bald eagle sitting in a stone wall adjacent to the road. My wife Barbara did not see it so I turned around in the nearest driveway and headed back.

“The eagle was now in the middle of the road, and another car was approaching slowly from the other direction. The eagle flew off to a nearby tree, dropping its prey in the road. It sat there, about 15 feet up, waiting for me to take a photo and with a look that said “Don’t mess with my lunch.

“Photo was taken May 25, with a Panasonic Lumix LX5 pocket camera.”

--Vince Bober, Alton Bay

Vince, like many readers, was shocked at the notion of anyone trying to shoot raptors out of the sky, yet it was a matter of course, only a couple of generations ago.

+++++  
“Man charged with 125 wildlife crimes” was the headline above an Associated Press story in several papers around the state.

A Chippewa County, Mich., man has been charged with 125 wildlife crimes, including killing protected bald eagles and wolves. The charges — filed earlier in May against Kurt Johnston Duncan, 56, of Pickford — were the result of a months-long



VINCE BOBER — COURTESY  
Vince Bober went right by this bald eagle on Ten Rod Road, but turned around so he could get this photo and his wife Barbara could get a better look.

investigation by the Department of Natural Resource’s Law Enforcement Division.

Duncan is accused of illegally killing 18 wolves in the last 18 months as well as killing and disposing of three bald eagles. Wolves are protected in Michigan and are on the federal endangered species list. Bald eagles are protected under state law, as well as the federal Bald and Golden Eagle Protection Act.

+++++  
In Vermont, The Daily Digger reported on a House-approved bill that would allow Abenaki tribe members to receive free fishing and hunting licenses. This came only after several attempts to amend the legislation and hold it for more discussion. Some presented the move as a form of reparations for Vermont’s indigenous people, who have lost land and hunting rights to some areas. Other lawmakers wor-

ried that giving away free licenses would reduce desperately needed revenue.

This leaves me wondering what New Hampshire’s indigenous people think about this—today’s remnant Abenaki or Wobena-ki, encompassing the once-numerous Penacooks, Ameriscoggin, Coashaukee, and many others.

My contacts sometimes seem fleeting. Often, it feels as though all I have in solid form are images, in my mind, of the totems left periodically on poor old Metallak’s grave and all around the stone, stuck into the ground he roamed and loved.

It would good to hear from someone out there among the People of the Dawn Land.

(Mail is welcome, with phone numbers, please, at campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576)

MARK (Continued from Page A4)

the industry moving away from hands-on brokers to asset gathering sales-oriented financial advisors. These new advisors were in charge of collecting assets and allocating these assets to third party managers and mutual funds.

The stock broker has

now morphed into a financial advisor whose time is reallocated to sales and asset gathering rather than stock picking or hands –on portfolio management. Now we are conditioned to have a 401K, 403b or IRA and to defer taxes until retirement when

we are led to believe that we will be in a lower tax bracket. Younger working people are not buying into the same story that older generations have just apathetically owned. We older generations have dumped a 22 plus trillion-dollar debt on the younger working

people that do not believe that Social Security will be there for them, and they will be forced to carry the increased tax burden of retiring baby-boomers. All these factors make a case for all of us to look to ways of saving and investing differently than even 20

years ago. It is unrealistic to return to the days of being a stock broker. The equity (stock) markets have changed anyway and we as advisors need to view the world through the eyes of those wanting to build wealth in a day and time when the old rules do not apply

anymore. Think “off the grid” and explore some non-traditional saving and investing.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

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Grace Linda Herbert, 75

Grace Linda (Giuffrida) Herbert passed away peacefully at the age of 75, on Monday, June 8, 2020.

Grace was born on March 31, 1945, in Lowell, Mass., the daughter of the late Domenico and Virginia (Dymont) Giuffrida. She was married for 52 years to her beloved Husband Wayne, who predeceased her in 2017.

She is survived by her three children, Scott Herbert of Gilmanton, Matthew Herbert of Gilford, and Kathryn Dawson of Laconia; two brothers, Donald Giuffrida and Philip Giuffrida, and one sister, Gail Rawnsley of Massachusetts; five grandchildren (Julianna Herbert, Maia Heller, Caitlin Herbert, Addison Herbert, and Alice Dawson); and many nieces and nephews.

Grace moved to her beloved “haunted” house in Gilford in 1973. Shortly thereafter she established her childcare. Over the following 40 years, she helped mold and shape hundreds if not thousands of local children. She loved and cared for every one of them like they were her own.

Grace found solace



Grace Herbert

and was able to recharge her own batteries through her love of baking. She baked something almost every day of her life. She loved to share her culinary creations with friends and family (and the childcare kids).

Grace loved her community too. She was president of the Lakes Region Professional Daycare Providers, which was pivotal in transforming the childcare industry in the state of New Hampshire. She was president of the Nursery Guild for many years. She also served on the Gilford Old Home Day committee, and was a member of ELO (Enhanced Life Options).

Grace touched many, many people over the

years, always with a compassionate and helping hand. Her generosity and love seemed to be boundless. She will be missed.

Adhering to the guidelines of the State of New Hampshire and the CDC, Calling Hours were held on Thursday, June 11, 2020 from 4 – 7 p.m. at Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, using the Carriage House entrance, with 10 guests allowed in the Funeral Home at a time. Social Distancing is strongly encouraged and face coverings will be required.

A Catholic Mass was celebrated on Friday, June 12, 2020, at 10 a.m. at St. Andre Bessette Parish - Sacred Heart Church, 291 Union Ave., Laconia.

Burial was held at Pine Grove Cemetery in Gilford.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to wilkinsonbeane.com.

RULE

(Continued from Page A1)

bulkhead and load materials from the parking lot.

Selectman Kevin Hayes said the way the rule was worded sounded like these vessels were banned from the whole facility as oppose to the two docks and suggested a wording change.

“When I think of Glendale, I don’t think of the town docks; I think about the facility all encompassing, including the parking areas and ramps,” Hayes said.

Town Administrator Scott Dunn said anyone enforcing this rule would already be familiar with its requirements, though board

chair Chan Eddy said if this language is challenged a judge might decide differently.

Hayes said the capital D in “Docks” could be changed to lowercase to clarify and Dunn said that would be an “easy fix.” Ewing said he was okay with making the language clearer if needed.

Ewing said he also raised the issue of the principal base of operation to the Glendale Committee. He said there have been a few businesses that built branches in Gilford that had bene dropping off large boats at the docks where there is limited parking, which he said could create an overcrowding issue. Ewing

said if people already have their own launch areas in other towns they should utilize them and travel across the lake to do business.

Ewing said the Glendale Committee approved all of these proposed changes. Benavides asked what the vote was on this and Ewing said he was sure it was almost unanimous. Gebhardt said the Gilford Island Association also supported these changes.

Ewing also said the regulation regarding fueling at the docks is addressing a liability issue for the town.

The selectmen unanimously approved the regulations with the revised capitalization.

LIBRARY

(Continued from Page A1)

come through the main entrance upstairs as the lower entrance will be closed. A greeter will count people coming in and out of the building and offer masks and hand sanitizer. Only 20 people at a time (not counting volunteers or staff) will be allowed in the building and everyone is asked to maintain the six foot distance. Specific procedures will be in place for checking out and dropping off materials.

Visitors are asked to spend 30 minutes or less in the building. No groups or preschool classes will be allowed to enter.

Different parts of the building will be closed to the public. The downstairs bathroom will be the only restrooms available and will be sanitized every other hour. The meeting room, story time room, reading room, and New Hampshire room will all be closed. The Bookworm Shop will be open for one or two people at a time and one party at a time can be in the elevator.

All soft surfaces like couches and chairs, children’s playhouse, and toys will be off limits.

It would continue using virtual programming and curbside and remote services. The Check Out An Expert program is suspended but help can still be pro-

vided virtually.

The library will be accepting donated materials again with a limit of one box a day. These boxes will be treated like returned materials and subject to a one day quarantine.

The library is suspending its passport and notary services and interlibrary loans and will not be offering any Try-It-Out bags or Literacy Kits.

For more information visit the library’s website at gilfordlibrary.org or call the library during open hours at 524-6042, text at 367-0264, or email library@gilfordlibrary.org. More information can be found on the library’s Facebook page.

REC

(Continued from Page A1)

but he hasn’t had luck hiring someone to do it. The town will be getting five sanitizing units and the town will be doing the job itself in the meantime until someone is found. The facilities are sanitized once a day, but can be done twice a day for a good sized cost. Benavides asked of the grant they received from the government for COVID-19 response

could pay for this and Dunn said it would. Hayes said in that case he would recommend doing that sanitizing twice a day.

In other town office updates, the library was planning to open with strict conditions the week after the meeting. All the other town offices have already opened up.

Large sheets of plexi-

glass were put up at the town clerk’s office and on June 21 dividers would be installed between the different stations, all using grant funding.

“I was quite pleased at the way the town clerk had handled her situation and traffic was clearing out, but there were no problems,” Hayes said. “They’ve done a great job there.”

CAR SHOW

(Continued from Page A1)

Car owners will be able to register their entry beginning July 11, with a deadline of July 24. Up to four pictures of the show car may be submitted, along with a brief description of the car’s features.

People can register online and begin viewing the entries and categories of vehicles July 11 at <http://lakesregionrotary.org/carshow/>.

The Show will run for one week beginning July 25, allowing viewers plenty of time to vote for their favorite cars for the People’s Choice Award,

and a panel of judges will select the winners of

each category with cash prizes awarded.

As the main purpose of the show is to raise funds for local charities, the cost to register a vehicle is \$10, and voting is only \$1 per vote.

This year the Rotary Club is supporting a children’s charity that works year-round to provide children of the Greater Lakes Region with clothing and other necessities - the Santa Fund of the Greater Lakes Region. The Club will also donate raised monies to the New Hampshire Food Bank in support of their efforts responding to the food insecurity needs of our fellow citizens; needs that have in-

creased during the virus pandemic.

You can help make this a successful event by checking out the Virtual Car Show and voting for your favorite show cars. The Lakes Region Rotary is very grateful for the generous support of our presenting sponsor, Graham & Graham, PC; our Roadster Sponsors – Foley Oil & Propane, and Bank of New Hampshire; and Cruiser Sponsors – Meredith Village Savings Bank, Cross Insurance, and the Insurance Outlet.

For more information, visit <http://lakesregionrotary.org> or email [carshow@lakesregionrotary.org](mailto:carshow@lakesregionrotary.org).

Micaela Niskala of Gilford named to Clarkson University’s Dean’s List.

POTSDAM, N.Y. — Micaela Paige Niskala of Gilford, a junior majoring in civil engineering, was named to the Dean’s List for the spring 2020 semester at Clarkson University.

Dean’s List students must achieve a minimum 3.25 grade-point average and also carry at least 14 credit hours.

As a private, national research university, Clarkson is a leader in technological education and sustainable economic development through teaching, scholarship, research and innovation. We ignite personal connections across academic fields and industries to create the entrepreneurial mindset, knowledge and intellectual curiosity needed to innovate world-relevant solutions and cultivate the leaders of tomorrow.

With its main campus located in Potsdam, N.Y., and additional graduate program and research facilities in the New York Capital Region, Beacon, N.Y., and New York City, Clarkson educates 4,300 students across 95 rigorous programs of study in engineering, business, the arts, education, sciences and health professions. Our alumni earn salaries that are among the top 2.5% in the nation and realize accelerated career growth. One in five already leads as a CEO, senior executive or owner of a company.

The Gilford Police Department reported the following arrests from June 1-14.

Jason S. Cram, age 28, of Laconia was arrested on June 1 in connection with a bench warrant.

Deborah J. Cheek, age 52, of Gilford was arrested on June 3 for Delivery to Receiving Facility.

John T. Polo, age 43, of Center Harbor was arrested on June 5 for Theft By Unauthorized Taking in an amount less than \$1,000 and Burglary.

Connor M. Kivinemi, age 18, of Gilmanton was arrested on June 5 for Operating Without a Valid License.

A juvenile, age 17, was arrested on June 5 for Unlawful Possession of Alcohol and/or Intoxication.

Alyssa N. Smith, age 20, of Andover, Mass.; Jacob B. Mini, age 18, of

Andover, Mass.; Charles F. Addesa, age 18, of Andover, Mass.; and several juveniles were arrested on June 6 for Unlawful Possession of Alcohol and/or Intoxication.

Paul A. Cole, Jr., age 60, of Alton Bay was arrested on June 7 for Simple Assault-Physical Contact or Bodily Injury.

A 60-year-old male from Sanbornton was taken into protective custody for intoxication on June 8.

A 46-year-old female from Gray, Maine was taken into protective custody for intoxication on June 8.

Carolyn W. Rand, age 69, of Gilford was arrested on June 11 for Driving After Revocation or Suspension and in connection with a bench warrant.

Jaki Lynn Choquette, age 18, of Gilford was

arrested on June 11 for Making a False Report to Law Enforcement. Choquette was subsequently arrested again on June 14 for Misuse of the 911 System and Breach of Bail.

Zachary A. Bousquet, age 23, of Center Barnstead was arrested on June 11 for Driving While Intoxicated.

Hannah R. Castine, age 20, of Florida, N.Y. and Kaylee Krauss, age 20, of Goshen, N.Y. were arrested on June 12 for Unlawful Possession of Alcohol and/or public Intoxication.

A 35-year-old male from E. Boston, Mass. was taken into protective custody for intoxication on June 13.

Paul Mullaney, age 34, of Laconia was arrested on June 14 for Breach of Bail.

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# Comfort Keepers

## In-home care can help reduce readmission

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

Readmission after an illness or injury is a serious health issue for seniors. However, it is important for seniors and their loved ones to remember that in many cases, readmission is avoidable and can be prevented with a thoughtful post-hospital care plan.

Nearly one-fifth of all Medicare patients in the United States who are discharged from the hospital end up returning within 30 days. There are many reasons seniors may need to be readmitted to the hospital, but healthcare agencies are focused on finding ways to reduce these numbers and educate patients about how to have a healthier recovery at home.

For many seniors,

this means having a quality caregiver that can help them overcome some of the main preventable causes for returning to the hospital. Consider the following:

Medication is critical: Some seniors need assistance taking medication in the right amount on the correct schedule. When you consider that, on average, seniors with chronic conditions fill 50 different prescriptions annually, it is not difficult to imagine how someone could get confused when a new medication is added to their regimen. Caregivers can not only remind seniors to take medications as prescribed, but they can also help seniors keep a list of those medications and their dosages so the information is readily available for healthcare professionals. Managing medications is one of the best ways a caregiver

can help seniors during their recovery.

Follow up visits prevent readmission: A full two-thirds of patients readmitted to the hospital would have avoided that trip if they had seen their physicians within two weeks for follow up. The reasons for not following up vary but can include transportation difficulties and forgetting to make or keep appointments. Hospital staff can aid the senior by setting up appointments for the individual before discharge, but getting to the appointment can still be a challenge. In addition to a host of uplifting care services, caregivers can provide transportation to appointments and keep track of any post-care visits.

Discharge plans only work when implemented properly: Having a discharge plan for the

patient before he or she leaves the hospital can be crucial for recovery, but it can be difficult for seniors and their family members to focus on the plan during the stress of the illness and discharge. Caregivers can help the senior follow the instructions, and will connect with family or other approved individuals when there are problems or change in condition during recovery. They can also help explain the information or ensure that the appropriate person is notified if the older individual has questions about his or her course of treatment. This takes the stress off the family and the patient so he or she can focus on recovery.

Having a helping hand during recovery can ensure positive outcomes and a return to an active, engaged life. Family members, friends and neighbors are often will-

ing to serve as a post-hospital recovery caregiver, but there is professional help available for those that don't have someone nearby to assist them. For long-term recovery, those who have the assistance of friends and family can benefit from a professional caregiver to provide respite care and support.

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acuity.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

**About Comfort Keepers**

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at [nhcomfortkeepers.com](http://nhcomfortkeepers.com) for more information.

## M/S Mount Washington returns to the lake June 20

L A C O N I A — The Winnepesaukee Flagship Corporation announced this week that the M/S Mount Washington will be cruising Lake Winnepesaukee again as a floating restaurant, beginning on June 20 for the first lunch cruise of the season. The first dinner cruise will kick off on June 27.

“We’ve taken time to consider all aspects of our business, and have been hard at work for the past few weeks revising our operating procedures and redesigning our summer season. We’re ready when you are,” said Captain Jim Morash, General Man-

ager of Mount Washington Cruises.

For the first time, the Mount will offer a special Father’s Day lunch cruise, on June 21. This is a first, as the Mount could not offer a cruise on Father’s Day in the past as it conflicted with Laconia Bike Week. The cost of this lunch cruise is \$40 per person.

The Mount’s guiding principles in this effort are to meet and exceed all state and federal guidelines for restaurant operation, as well as customer expectations for service.

In preparing the M/S Mount Washington for

operation, the crew has made adjustments to the schedule, experience and product offering. These changes include:

The 10 a.m. cruise out of Weirs Beach is suspended, as well as all departures out of other ports, for the time being.

There is one lunch cruise every day from Weirs Beach at 12:30 p.m., and a dinner cruise on Mondays, Wednesdays, Fridays, and Saturdays. This allows time to perform additional cleaning between cruises.

All tickets now include meal service, limited non-alcoholic drinks, and tax.

Advance reservations

are suggested for all cruises, and they have reduced the number of passengers on board by more than 50 percent.

Each party will be assigned a table for the duration of each cruise, with proper distancing between tables.

Buffet service will be replaced by new table service on all cruises.

While dancing is strongly discouraged by the State of New Hampshire, ambient music will be offered on all cruises and areas of interest will be highlighted to passengers.

In addition to these changes, the Mount has implemented new policies and procedures to

make a visit as comfortable and safe as possible.

Lunch cruises cost \$40 per person and include the two-hour cruise; lunch, limited non-alcoholic beverages, and tax. Dinner cruises are \$40 - \$55 and include 2.5-hour cruise; dinner, select non-alcoholic beverages, and tax.

“As we receive more information and guidance through the summer, we will continue to evaluate our operation and make adjustments if possible,” said Captain Morash. “We’re hopeful that over time, we will be able to expand our schedule and return to more normal opera-

tion.”

The M/V Doris E and U.S. Mailboat will remain closed for public cruises, while the Mount continues to monitor the public health situation.

The M/S Mount Washington has been a New Hampshire icon since 1872. Departure times and options vary through the season. To learn more about the Mount Washington and to view a complete schedule with times and ticket prices, visit [www.cruisenh.com](http://www.cruisenh.com) or call 366-5531 to request a brochure to be mailed.

## ACE Academies grounded for 2020

GILFORD — WinnAero, the STEM-education non-profit has announced it is canceling its’ summer 2020 Aviation Career Education (ACE) Academies due to the uncertainties and necessary restrictions caused by COVID-19.

The Academies feature hands-on STEM learning with an aviation and aerospace theme and week-long day sessions had been planned for Elementary, Middle and High School-aged youth for July.

“Our Board had a lengthy discussion which included input

from our ACE faculty members and reached the decision that we should cancel ACE this year and start planning for our 2021 ACE Academies,” said Karen Mitchell, WinnAero President.

“The cornerstone of our ACE learning experience is to maximize the hands-on aspect for the students supplemented with meaningful field trips to aerospace industry sites. With social distancing, classes reduced to fewer students and possible problems attracting guest speakers and demonstration experts plus trying to

coordinate industry visitations, we felt we would not be able to provide the full and robust schedule of activities that have marked ACE Academies since we began several years ago,” Mitchell added.

The WinnAero Education Director, Dan Caron, has notified all parents of registered ACE students, tuition refunds have been completed and the Board has approved a gift box of STEM equipment and projects which will be mailed to all those students who previously registered for 2020.

Caron stated that “Our Board and faculty wanted very much to stay connected this summer with our registered students and we thought the gift box idea would help us do so in a fun, creative way.”

Caron and his educational team will next focus on the curriculum and schedule for ACE Academies 2021! For more information about WinnAero’s mission, the non-profit can be reached at [www.winn-aero.org](http://www.winn-aero.org).

## Laurel Gingrich to attend Albright College

READING, Pa. — Laurel Gingrich of Gilford has committed to attend Albright College, beginning fall 2020. A graduate of Gilford High School, Gingrich plans to study in the Alpha program at Albright.

As one of the most diverse colleges in the country, Albright College challenges students to see the world in different ways with the help of professors who are both dedicated mentors and experts in their fields. Fall 2020 classes officially begin on Monday, August 17.

Founded in 1856, Albright College is a diverse community of learners cultivating integrity, curiosity, connection and resilience. The college’s flexible curriculum encourages students to combine and cross majors to create individualized academic programs. Close faculty mentorship and numerous experiential learning options create opportunities for Albright graduates to exceed their own expectations. Located in Reading, Pa., Albright enrolls more than 1,800 full-time undergraduates and 700 adult learners and graduate students. Exceed your own expectations at Albright College!



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# Max Stephan of Gilford to attend Clarkson University

POTSDAM, N.Y. — Max Stephan of Gilford will attend Clarkson University in Potsdam, N.Y., as a member of the Class of 2024. Stephan, who will be majoring in Mechanical Engineering, will begin studying at Clarkson in the fall.

“We look forward to having Max join us on campus in August,” said Vice President for Enrollment & Student Advancement Brian T. Grant.

High school students interested in attending can always check out Clarkson’s virtual view-book & interactive campus map. Just contact

the Admissions Office at [admissions@clarkson.edu](mailto:admissions@clarkson.edu).

As a private, national research university, Clarkson is a leader in technological education and sustainable economic development through teaching, scholarship, research and innovation. We ignite personal connections across academic fields and industries to create the entrepreneurial mindset, knowledge and intellectual curiosity needed to innovate world-relevant solutions and cultivate the leaders of tomorrow. With its main campus located in Potsdam, N.Y.,

and additional graduate program and research facilities in the New York Capital Region, Beacon, N.Y., and New York City, Clarkson educates 4,300 students across 95 rigorous programs of study in engineering, business, the arts, education, sciences and health professions. Our alumni earn salaries that are among the top 2% in the nation and realize accelerated career growth. One in five already leads as a CEO, senior executive or owner of a company.

# Helen Tautkus of Laconia, named to Assumption College Dean’s List

WORCESTER, Mass. — Assumption College has announced that Helen Tautkus, of Laconia, Class of 2021, has been named to the College’s Dean’s List for the spring 2020 semester. Students must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters.

“This semester, our students faced unprecedented challenges due to the global pandemic,” said Francesco C. Cesareo, Ph.D., president of Assumption College. “Following a rapid transition to remote learning, students adapted to the new form of ed-

ucation delivery amid difficult circumstances. The Assumption community is proud of these students who, despite the distractions of the COVID-19 situation, were able to remain focused and maintain a commitment to their academic programs.”

Founded in 1904 by the Augustinians of the Assumption in Worcester, Mass., Assumption College is a Catholic liberal arts institution that offers undergraduate students 33 majors and 49 minors in the liberal arts, sciences, business, and professional studies; as well as master’s and continuing education degrees and professional certificate programs—each through an educational experience that is grounded in the rich Catholic intellectual tradition. The curriculum enables students to

gain a depth and breadth of knowledge that leads to professional success and personal fulfillment. Students—whether on the Worcester campus or at the College’s Rome, Italy, campus—become engaged participants in Assumption’s classic liberal arts education, exploring new ideas and making connections across disciplines. To prepare for the workforce, students learn cutting-edge theory and best practices, conduct innovative research, and develop excellent communication and critical-analysis skills. Assumption graduates are also known for their thoughtful citizenship and compassionate service to their community. For more information about Assumption College, please visit [www.assumption.edu](http://www.assumption.edu).

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EOE



# Gilford Parks and Recreation News

BY HERB GREENE  
Director  
Gilford Parks and Recreation

**Archery Lessons**  
The Gilford Parks and Recreation Department is sponsoring a four-week session of Archery instruction, to be led by Dana White from Art of Archery. This program will be held on Tuesday afternoon/evenings from July 7 - July 28 at the Arthur A. Tilton Ice Rink. The Beginner session will run from 4:00 - 5:00 p.m., with the Intermediate session running from 5:15 - 6:15 p.m. These classes are open to Youth and Adults ages 7 years old and up and no experience is required. Enrollment in this program is limited, so sign up soon! Registration forms can be picked up at the Parks and Recreation office or can be found on the department website at [www.gilfordrec.com](http://www.gilfordrec.com). Cost: \$65 per person and includes all necessary equipment. For more information, please contact the Parks and Recreation Department at 527-4722.

**Shooter's Gold Basketball Camp**

The Gilford Parks and Recreation Department is once again sponsoring the Shooter's Gold Basketball Camp in Gilford this summer! The camp will be held on the Gilford Middle School Outdoor Basketball Court from June 29 - July 2, 2020. Session 1 for children entering grades 2-4 will be run from 8:00 a.m. - 10:00 a.m. Session 2 for children entering grades 5-8 will be run from 10 a.m. - noon. Participants may register through the Hogan Camps website at [www.hogancamps.com](http://www.hogancamps.com). Cost: \$85 per session. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

**WICKED COOL FOR KIDS - Minecraft Camp**  
The Gilford Parks and Recreation Department is sponsoring a one-week Minecraft Camp the week of July 6 - July 10. The camp is open to children entering grades 1-6 in the fall and will take place in the Gilford Middle School Cafeteria from 9 a.m. - 4 p.m. Participants will construct complex Minecraft villages and map out a

hands-on model community, built with real world materials. Learn the secrets of Minecraft to forge unique tools, discover the awesome power of redstone, and create automated factories to supply your empire. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com). Cost: \$325. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

**Challenger British Soccer Camp**  
The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will be held from July 13 - July 17 at the Gilford Village Field. This camp offers a 3-hour program for children ages 6-14 from 9 a.m. - noon and a 1 ½-hour program for children ages 3-5 from 12:30 p.m. - 2:00 p.m. Participants may register by visiting the Challenger website at [www.challengersports.com](http://www.challengersports.com).

Cost: \$137 for ages 6-14 and \$101 for ages 3-5. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

**Horsemanship Camp**  
Offered Multiple Weeks  
The Gilford Parks and Recreation Department in partnership with the Lakes Region Riding Academy is offering a number of 4-Day Horsemanship Camp sessions this summer. These camps are limited to Local Year-Round New Hampshire Resident Children ages seven to 15! These camps will be held from 9 a.m. - noon at the Lakes Region Riding Academy in Gilford. Session dates for this summer are: July 6 - July 9; July 14 - July 17; July 28 - July 31; Aug. 3 - 6 and Aug. 10 - 13. This is an introductory program for participants to learn about horsemanship. The program will offer basic horse care knowledge, horse safety and the beginning basics of riding. All participants must wear long pants and a shoe or boot with a heel. Helmets will be available at the barn. Snacks and

drinks will be provided. Enrollment in camp session is limited. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks

and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com). Cost: \$100 per participant. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Spring 2020 graduates announced at UA

TUSCALOOSA, Ala. — The University of Alabama awarded some 6,326 degrees this spring. Among the graduates was Bryan Bailey of Laconia, who received a Bachelor of Science in Mechanical Engineering.

The recent change to remote learning during this unprecedented time affected the University's plans for traditional commencement activities. However, commencement is a milestone, and the University wants graduates to have the opportunity to walk across the stage in celebration of their success. Although any plans are contingent on how the summer outlook progresses, all spring graduates are invited to participate in the summer commencement events scheduled for Friday, July 31, and Saturday, Aug. 1.

"We will also be recognizing the achievements of our spring 2020 graduating class through online and social media outlets to highlight our shared pride in them," said UA President Stuart Bell. "I look forward to congratulating each student on stage very soon."

With dozens of challenging academic programs, expert and world-renowned faculty and numerous opportunities for service and growth, The University of Alabama is the place where legends are made. UA offers its students a premier educational, cultural and social experience with more than 200 undergraduate, graduate and professional programs and gives students the opportunity to partner with faculty performing cutting-edge research.

The University of Alabama, the state's oldest and largest public institution of higher education, is a student-centered research university that draws the best and brightest to an academic community committed to providing a premier undergraduate and graduate education. UA is dedicated to achieving excellence in scholarship, collaboration and intellectual engagement; providing public outreach and service to the state of Alabama and the nation; and nurturing a campus environment that fosters collegiality, respect and inclusivity.



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# Lexys Bladecki of Gilford named to Lasell University Dean’s List

NEWTON, Mass. — Lexys Bladecki, a resident of Gilford, was named to the Lasell University Dean’s List for their strong academic performance in Spring 2020.

To be named to the Dean’s List, Lasell students must complete at least 12 credits as a full-time student and achieve a semester GPA of 3.5 or higher.

For more information contact: Samantha Mocle, assistant director of communications at [smocle@lasell.edu](mailto:smocle@lasell.edu) or at 617-243-2386.



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