

Newfound Landing

THURSDAY, MAY 18, 2017

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COMPLIMENTARY

Spring concert at Danbury Elementary ends with heartfelt farewell to departing principal

BY DONNA RHODES
dirhodes@salmonpress.news

DANBURY — Danbury Elementary School opened their doors and welcomed families to a special event on Monday, when Author Night provided a look at all of the wonderful writing accomplishments of the students in Grades K-5, and the enjoyment of a Spring Concert and a salute to faculty and staff was held later in the evening.

Led by Newfound Area School District's music teacher, Ethan Brown, the students at each grade level performed a number of songs and also shared



Danbury Elementary School Principal Annmarie Holloran presented Bertha Brown, her very first administrative assistant, with a bouquet of flowers on Monday evening as she prepares to move on to a fulltime position as principal of New Hampton Community School in the coming school year.

DONNA RHODES

their thoughts about their teachers. Words like wonderful, loving, intelligent, witty, outstanding and respectful were among the many descriptions they came up with, capped off with praise for a teacher one student said was "epic, and she rules!"

then saluted Principal Annmarie Holloran as she prepares to move on to a full time position as principal of New Hampton Community School next year.

Holloran has been with DES for 12 years, splitting her time between Danbury and New Hampton. For the coming year, the Newfound Area School District de-

cidied the time had come to give each of the two schools a full time administrator and awarded Halloran the position in New Hampton.

In her speech to the crowd on hand that night, Holloran thanked all who believed in "a rookie principal" more than a decade ago and all who supported her over the past 2,160 school days she has been in Danbury.

"I'm the lucky one. I had an amazing job for the past 12 years...in this experience the students were not the only ones who learned," said Holloran.

She also thanked the community of Danbury, including parents, police, fire, and recreation department members who worked with her and also taught her a lot along the way.

Among the memories Holloran will take with her are amusing times like being duct taped to a wall for a school challenge, spending a day on the roof of the school in

another, and the day she was asked to kiss an "unfriendly cow."

She also recalled times as complex as taking a class of students to the Common Man Family of Restaurants to practice etiquette and other memories as simple, yet exciting, as watching a Kindergartener tie their shoes for the first time.

"I love coming to work every day because I have the pleasure of seeing your amazing faces...I will miss you," Holloran said.

Finally she thanked her own family for all the times they pitched in to help a "rookie" administrator make an event special, and her "Three Musketeers," Bertha Brown, Donna Sprague and Audrey Curren, who gave their all in helping her succeed.

"They took me under their wings and taught me about life in a rural town," she said.

As Holloran moves on to her new position at New Hampton

SEE HOLLORAN, PAGE A10

Newfound School Board looks at privatizing food services

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Having subsidized the Newfound Area School District's food services program for several years — spending \$95,000 of taxpayer money in the current academic year — members of the Newfound Area School Board are looking for outside vendors to take over the school lunch program. They will hear proposals from at least three vendors on Monday, June 5.

Business Administrator Michael Limani told the board at its May 8 meeting that independent vendors have a supply chain that enables them to procure food at lower prices than the school district can negotiate, allowing them to offer the service at less cost to the district while giving better compensation to the staff. They can do that, he said, by increasing participation in the lunch program and offering more profitable a la carte items.

"Participation is low right now," Limani said, "so there's a lot of potential to improve

the program, and they have the resources to do that. We can't take \$95,000 out of our budget any more."

SEE SCHOOL BOARD, PAGE A10

Community bids farewell to a standout pair of exchange students

BY DONNA RHODES
dirhodes@salmonpress.news

BRISTOL — A farewell party was held at the Purple Pit Coffee Lounge on Central Square in Bristol last Sunday afternoon for two of Newfound Regional High School's four exchange students, Suez of Hong Kong and Sophie of Tajikistan, who will both be heading home in the next few weeks.

Many in the community came out to bid them farewell with hugs, tears and gifts in hand.

"I'm so thankful for the amazing exchange students we had here this year and it's going to be really hard to say goodbye to them," said Barbara Rosendahl, a local coordinator for the CCI Greenheart.

The program places high school-aged exchange students from more than 60 countries in unique educational

and social opportunities where they can learn more about the lifestyles of another country and share their own cultures as well.

During their time in the United States, the two young ladies not only attended school at NRHS, but participated



DONNA RHODES

A farewell party was held at the Purple Pit Coffee Lounge in Bristol last Sunday where residents dropped in to say goodbye and share their best wishes with two of the area's 2017-18 high school exchange students, Suez of Hong Kong (left) and Sophie of Tajikistan (right).

in sports, music and other extra-curricular activities.

Over school vacations, they visited both natural and historic sites in New England, explored major cities along the East Coast and spent time at some fun recreational spots along the way.

Suez and Sophie, accompanied by their fellow exchange students from Belgium and Tokyo, visited local schools and civic organizations over the past year nine months as well where they each brought fas-

SEE FAREWELL, PAGE A10

Holiday means early deadlines for advertising

MEREDITH — The offices of the Newfound Landing, located at 5 Water St. in Meredith, will be closed Monday, May 29 in observance of Memorial Day.

While the holiday will not affect our submission deadline for press releases, letters to the editor, or obituaries (always Tuesday at noon), there will be a change in the deadline for placing a display ad in our Sports section.

For more information on the accelerated B section advertising deadline, please contact our Sales Representative, Tracy Lewis, or sales assistant Lori Lynch at 444-3927 or by e-mail at courieradv@salmonpress.com.

The staff of the Newfound Landing wishes all our readers a safe and happy Memorial Day weekend.



DONNA RHODES

Senior Emilee Haselton displayed some of the work she had done for her senior project at NHRS this year, which focused on Common Core learning in the field of English education.

Newfound students wow with senior projects

BY DONNA RHODES
dirhodes@salmonpress.news

BRISTOL — Seniors at Newfound Regional High School are required each year to give a presentation on an area of interest to them and seven of those students this year opted to

offer their projects up for the possibility of additional recognition by a panel of independent judges.

On May 11, judges from both the school and the community looked over their work, examined their dis-

plays and questioned them on their research. Each were scored in a variety of arenas for their work and overall presentations.

Taking home the Judge's Award this year was Valectio-

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20 pages in 2 sections
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Groton Historical Society hosting program on the women of WWI

GROTON — Groton Historical Society has received a grant from New Hampshire Humanities to present “Rosie’s Mom: For-

ten Women of the First World War.”

It has been 100 years since the US became involved in WWI. A full generation before Ros-

ie the Riveter, American women rolled up their sleeves and entered war industries where they had never been welcome before.

They ran powerful machinery, learned new skills and faced the sullen hostility of the men in the shops.

In this illustrated lecture, historian Carrie Brown reveals their courage and their hard work, asks what impact “the great war” had on their lives, and explores how these women helped shape the work that their more famous daugh-

ters would do in the next World War.

This program will begin at 11 a.m. on Memorial Day, May 29, at Groton’s Town House, 754 North Groton Rd., Groton. Rev. John Fischer will be Master of Ceremonies for this event commemorating Memorial Day and his wife Linda will lead us in the singing of a patriotic song before Carrie Brown begins her

program.

This program is free and open to the public. Refreshments will be provided.

New Hampshire Humanities nurtures the joy of learning. They connect people with ideas. Learn more at www.nhhumanities.org.

For more information, contact Sherry Nelson at 744-9744.

Participants sought for ‘Making It In Bristol’ event

BRISTOL — The members of the Bristol Historical Society are making plans for the fourth annual “Making It In Bristol” on Saturday, Aug 5. The event will run from 9 a.m. to 2 p.m. on the Common in downtown Bristol, providing an opportunity for Bristol residents to exhibit the diversity of products and services that crafters, artists, farmers, bakers, en-

trepreneurs, and manufacturers produce in this community.

As the title indicates, this event is strictly for Bristol businesses. There is a registration fee of \$15. Call Lucille Keegan at 744-2751, or email: lucillekeegan1@gmail.com to receive an application form. Spots will be filled in the order that we receive the application and fee. The

deadline for registration is Friday, July 14.

Fidelis Missionary Society hosting yard and bake sale Saturday

BRISTOL — Saturday, May 20, the Fidelis Missionary Society at Bristol Baptist Church will be having their annual Yard and Bake Sale. Located at 30 Summer St. in Bristol, items will be available from 8 a.m. until 2 p.m.

For more information, please call 744-3885.

BRISTOL — The Minot-Sleeper Library will host an adult program on Thursday, May 18 at 7 p.m. entitled “Guns to Gramophones.” The program is presented by New Hampshire Humanities speaker Carrie Brown, whom holds a PhD in American Literature and Folklore from the University of Virginia. She is an independent scholar who also works as a freelance history curator for museums in New England. She has curated two exhibitions on the Civil War for the American Precision Museum.

Library program explores New Hampshire’s role in Civil War



COURTESY

The Minot-Sleeper Library will host an adult program on Thursday, May 18 at 7 p.m. entitled “Guns to Gramophones.” While “Guns to Gramophones” tells a broad, national story, it also focuses on the critical and somewhat surprising role of Vermont and New Hampshire in producing industrial technology that won the war and changed American life.

While “Guns to Gramophones” tells a broad, national story, it also focuses on the critical and somewhat surprising role of Vermont and New Hampshire in producing industrial technology that won the war and changed American

life. Details will include how northern industry produced a million and a half rifles, along with tens of thousands of pistols and carbines. More information can be found at the New Hampshire Humanities’ website, nhhumanities.org.

The program is free and open to the public. Refreshments will be provided by the Friends of the Library. Minot-Sleeper Library is located at 35 Pleasant St., Bristol, NH 03222. For more information, call 744-3352.

Local students named to Colby-Sawyer College Dean's List

NEW LONDON — Colby-Sawyer College recognizes 245 students for outstanding academic achievement during the 2017 spring semester. To qualify for the Dean’s List, students must achieve a grade-point average of 3.5 or higher on a 4.0 scale while carrying a minimum of 12 credit hours in graded courses.

Rebecca Turmel of Alexandria, a member of the class of 2019, whose major is media and communication studies.

Ashley Ruseski of Alexandria, a member of the class of 2018, whose major is nursing.

About Colby-Sawyer College

Colby-Sawyer College is a comprehensive college that integrates the liberal arts and sciences with professional preparation. The college’s faculty, staff and students strive for excellence in an engaged teaching and learning community that fosters students’ academic, intellectual, and personal growth. With a strong emphasis on learning outcomes, including breadth and depth of knowledge, self-

growth, creative and critical thinking, and effective communication, Colby-Sawyer prepares students to thrive post-graduation and make a positive impact upon a dynamic, diverse and interdependent world.

Founded in 1837, Colby-Sawyer is located in the scenic Lake Sunapee Region of central New Hampshire. Learn more about the college’s vibrant teaching and learning community at www.colby-sawyer.edu.

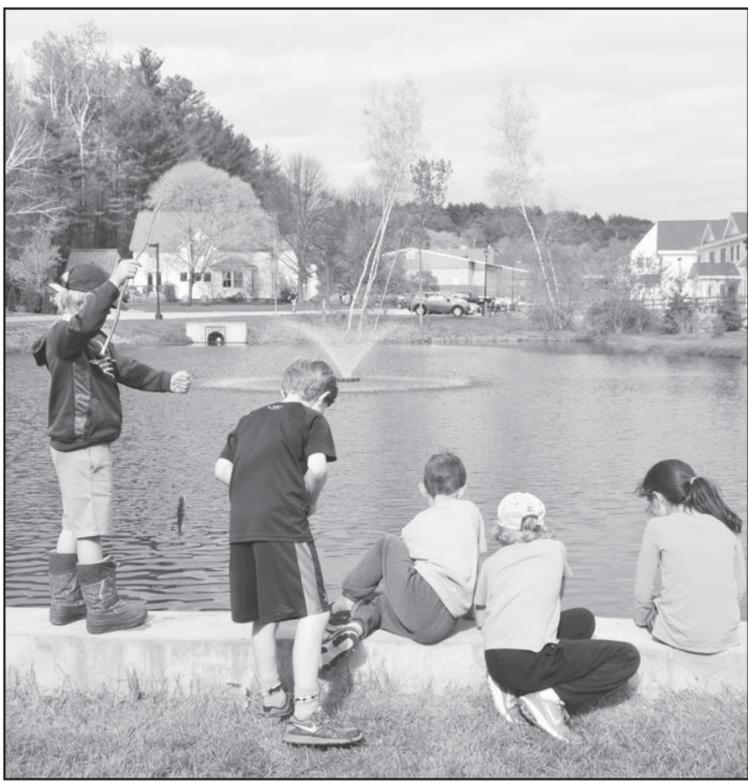
Minot-Sleeper Library announces Arts Program, seeks artists and artisans

BRISTOL — Minot-Sleeper Library will soon begin offer-

ing a variety of arts and crafts workshops to the Newfound community, all of which will be free to participants thanks to a generous donation in memory of Jeanne Litchfield Thompson.

Jeanne Litchfield Caskie Thompson grew up on the shores of Pasquaney Bay. She attended Bristol Elementary School

SEE MSL, PAGE A11



DONNA RHODES

Gone fishing

Children of the staff of New Hampton School kept an eager eye on their homemade fishing poles after one of their friends pulled in a small perch at the school’s private pond last Thursday afternoon.

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Nick Adams to speak at next PBVRC Dinner

ASHLAND — Company's coming! The Pemi-Baker Valley Republican Committee requests the honor of your presence at our next All-you-can-eat spaghetti dinner, which will be held on Friday, May 19 at the American Legion Hall, 37 Main St., Ashland. It starts at 5 p.m. and goes to 7 p.m. You can join us in everybody's favorite meal, spaghetti, meatballs, Italian sausage, salad, garlic bread, beverages, and dessert.

Our special guest will be Nick Adams, who is the founder and executive director of The Foundation for Liberty and American Greatness, a 501c3 non-profit organization dedicated to promoting American exceptionalism and



Nick Adams

combating anti-Americanism worldwide, with a particular focus on elementary, middle and high schools. He was born and

raised in Australia and is an immigrant to America. He has received a rare Extraordinary Green Card, and is an amazing American Patriot.

He has appeared on many major television shows, including "Fox & Friends," "The Sean Hannity Show," and the "Laura Ingraham Show." The Heritage Foundation, Gov. Mike Huckabee, Chuck Norris, Dr. Ben Carson, and many others have endorsed his works. He has spoken at conventions, universities, high schools, and churches all over the country, and on Friday the 19th, at the beginning of the evening, he will be here.

How much does it cost? Tickets are \$10 at the door for adults, \$5 for children five to 12 years, and children four and under are free, with a special family price of \$25. Non-perishable items or cash donations for the Plymouth Food pantry are encouraged.

For more information, call Cindy at 536-3880 or cindy@hdatech.com.

COURTESY PHOTO

Newfound Area Charitable Fund seeks applicants for 2017 road race

BRISTOL — The Newfound Area Charitable Fund (NACF) announces that its Eighth Annual Run Your Buns Off 4.2 Miler road race will be held Saturday, Sept. 2 in Bristol. The race committee is hard at work planning this year's event and the NACF Board is now seeking beneficiary applicants for the 2017 race proceeds.

"The NACF is dedicated to assisting local charitable groups and causes that promote wellness, fitness and health education and activities in the Newfound region," says Audrey Goudie, NACF President. Each year, local charitable organization(s) exemplifying these goals are selected to receive the proceeds from this exciting community event.

Goudie continues, "Since the first Run Your Bun Off road race in 2010, we have given back \$50,000 to causes and programs in our

community."

Past beneficiaries include:

2010 & 2011 Bristol Community Services (\$2,500 & \$3,400)

2012 & 2013 Jacob Earl Messersmith (JEM) Memorial Scholarship Fund (\$7,500 & \$7,000)

2014 Day Away Program (\$4,250) & Newfound Pathways (\$4,250)

2015 Newfound Audubon Center (\$4,500) & Voices Against Violence (\$5,500)

2016 Newfound Lake Region Association (\$6,000) & Slim Baker Foundation (\$2,500)

The NACF Board is now seeking applications from non-profit, charitable organizations from the greater Newfound area which wish to be considered as the 2017 Run Your Buns Off 4.2 miler race beneficiary.

NACF Vice Presi-

dent, Garlyn Manganiello said, "The NACF Board is proud to offer area non-profit organizations a chance to achieve seed money for new programs; add value or resources to existing programs or build capital to better serve the greater Newfound Community. We love where we live, and helping our neighbors by giving back is how we show it."

If your non-profit group is interested in applying, please visit the Run Your Buns Off Facebook page to download the application now or email runyourbunsoff@gmail.com and one will be emailed to you. For more information, please contact Garlyn Manganiello at 744-6035.

The deadline for applications is May 22, so please act fast!

The Newfound Area Charitable Fund (NACF) was established with the goal in mind of promot-

ing health and fitness while giving back to causes within the community. Its premier fundraising event, the Run Your Buns Off 4.2 Miler, offers hundreds of participants a fitness challenge with the reward of helping out a charitable cause in the community and an added bonus of a Basic Ingredients Bakery "sticky bun" at the finish line. Raffle Prizes and other fun family events cap off this annual event each year thanks to the support and participation of many area businesses. Registration is now open so sign up today for this exciting family event by visiting http://www.lightbox-reg.com/buns_2017.

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National Forest rolls out new, interactive story map on forest management

CAMPTON — The White Mountain National Forest is excited to roll out an interactive Story Map designed to give the public new ways to learn about Forest Management on the National Forest. This digital application allows the visitor to zoom to an area of interest and click to dig deeper into topics of choice. Photos, maps and the whim of the reader work together to give a personalized tour.

"This Story Map gives us the opportunity to reach out and communicate with the pub-

lic in new ways," said Tiffany Benna, Public Affairs Officer. "Interactive maps and photos are a good way to tell the history of how these National Forest Lands came to be and why we manage them for multiple benefits."

On this site, the visitor will be able to compare different types of forestry and wildlife habitat management techniques through photos of implementation on the ground. They will also be able to watch the vegetation in a harvest unit grow over time through aerial photos, providing a

variety of wildlife habitats and food opportunities.

On your next visit to the White Mountain National Forest, explore your favorite places with a new understanding of multiple benefits on public lands. Visit the Story Map at <https://usfs.maps.arcgis.com/apps/MapSeries/index.html?appid=3437586fa0c54961b2337fd3773c9830>.

For more information about the White Mountain National Forest, visit our Web site: www.fs.usda.gov/whitemountain.

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NANA offers scholarships

REGION — In accordance with our mission to provide quality and compassionate nursing, therapeutic and hospice care to families in our communities, NANA (Newfound Area Nursing Association) provides Scholarships to students living in the surrounding communities. These are awarded to individuals who are accepted into an accredited educational program in the health care field and are based on the following criteria:

a. Applicants shall be residents of communities that NANA serves. Special consideration may be granted to non-residents who are past recipients of

the scholarship monies or current NANA employees.

b. An accredited educational program is one that leads to a formal certification qualifying the individual for entry into a health care field.

c. The health care field shall be consistent with the health-related efforts of NANA.

Please submit your application and two letters of recommendation no later than Friday, April 28.

Applications are available at the NANA office, 214 Lake St., Bristol, NH 03222, or at the Newfound Regional High School Guidance Department. For more information, please call 744-2733.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

Lack of substance misuse services and workforce now costing NH's economy more than \$2 billion per year

BY SHEILA VARGAS
Director
New Futures Communications

\$2.36 billion. That is the economic cost of substance misuse in New Hampshire, according to a new report released today by the non-profit advocacy organization New Futures and PolEcon Research.

The long awaited report, which details the economic impact of alcohol and other drug misuse in New Hampshire in 2014, concludes that the overall annual cost of substance misuse exceeds \$2.35 billion, not including \$604 million in costs related to premature deaths as a result of substance use disorder. The report also reveals the tremendous impact the New Hampshire Health Protection Program has had on curbing the overall economic cost of substance misuse.

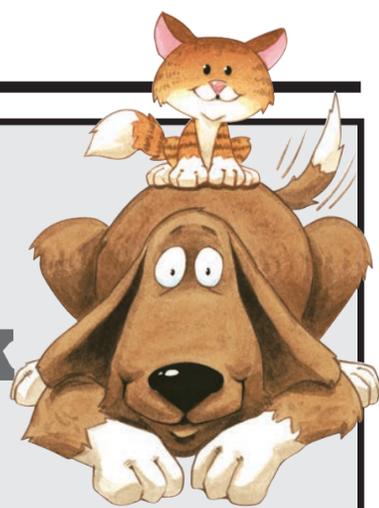
"The costs to the New Hampshire economy of drug and alcohol misuse have risen to over \$2.3 billion annually, with two-thirds of that resulting from substance misuse reducing the number of people in the New Hampshire workforce as well as the productivity of workers in the labor force," said Brian Gottlob, Economist at PolEcon and lead researcher of the report. "Continued growth in the New Hampshire economy depends on our ability to expand the size and productivity of our workforce and right now substance misuse is costing the state's labor force over 12,000 individuals and limiting the productive capacity of tens-of-thousands more."

New Futures and PolEcon Research released the report alongside advocates, business and community leaders who have been directly impacted by substance misuse.

"While our updated economic report shows the cost of substance misuse on our state has significantly increased over the past two years, it is important to remember that this total number is as of 2014, prior to the height of the epidemic, and does not include the \$604.6 million in costs related to premature deaths - deaths that could have preventable. There is no price we can place on the lives lost and the countless number of Granite Staters impacted by this epidemic thus far," stated Linda Saunders Paquette, President and CEO of New Futures.

The full report as well graphics can be found at www.newfutures.org/2017NFEconomicReport and on the CADY Web site at www.cadyinc.org. New Futures is a nonpartisan, nonprofit organization that advocates, educates and collaborates to improve the health and wellness of all New Hampshire residents. New Futures Kids Count is a branch of New Futures focused on collecting and disseminating critical and reliable state-level data, policy recommendations, and tools for legislators, public officials, and advocates to advance positive policies for Granite State children and families. Learn more at www.New-Futures.org.

PET of the Week Roxanne



OPTIMISTIC and alert, accepting her life at the New Hampshire Humane Society; this is Roxanne, Staffordshire Terrier aged just two years old.

Roxanne has never actually enjoyed the comforts of home, she came from New Jersey, and travelled to New Hampshire. Roxanne had been living at a sister shelter in the Granite State, and perhaps that well documented, ugly and true concept of the "Black Dog Syndrome" is at play, there was no interest from the adopting public. So, she came to us in the hopes a new location



might help her find a forever home. Roxanne does have

some requirements, she must be the only dog in your household,

and would do best living with adults, since she has had zero experience with children. We would love to find a committed, permanent home for her with savvy dog owners who are energetic, great pack leaders, understand the exercise needs of this sturdy girl, but can give her a secure, safe environment to blossom. Perhaps watching that Netflix documentary - The Champions - would be a good homework assignment for those who are interested.

Check www.nhhu-mane.org for more details.

Strategies for Living

BY LARRY SCOTT

Dr. William Lane Craig, in his book, "On Guard," tells his personal story, one that seems to summarize much of what I have been attempting to highlight in this column.

Raised in a fine although non-Christian home, while still a teen-ager, he began questioning his place and purpose in life. To find an answer he began attending a large church but soon discovered that that fellowship was little more than a social club. Although claiming to be Christians, he found they were living by standards far lower than his own, pretending to be something they were not. On one

really "bad hair day," he walked into German class and sat behind a girl that always seemed to be so happy.

On impulse, he tapped her on the shoulder and growled, "Sandy, what are you always so happy about anyway?"

I will let him tell "the rest of the story."

"Well, Bill," she said, "it's because I'm saved!"

I was stunned. I had never heard language like this before.

"You're what?" I demanded.

"I know Jesus Christ as my personal Savior," she explained.

"I go to church," I said lamely.

"But that's not enough, Bill," she said. "You've got to have

Him really living in your heart."

That was the limit! "What would He want to do a thing like that for?" I demanded.

"Because He loves you, Bill."

That hit me like a ton of bricks. Here I was, so filled with anger and hate, and she said there was someone who really loved me. ... That began for me the most agonizing period of soul-searching that I've ever been through. I got a New Testament and read it from cover to cover. And as I did, I was absolutely captivated by the person of Jesus of Nazareth. ... Meanwhile, Sandy introduced me to other Christian students. ... They were living life on a plane of reality that I

didn't even dream existed, and it imparted a deep meaning and joy to their lives, which I craved. ... My spiritual search went on for the next six months. ... Finally, I just came to the end of my rope and cried out to God. I cried out all the anger and bitterness that had built up inside me, and at the same time I felt this tremendous infusion of joy. That moment changed my whole life" ("On Guard," Chapter 2).

So dramatic was the change that came to his life he has since become one of the great defenders of the Christian faith. There is, indeed, something real to Biblical Christianity. Those fundamental is-

SEE STRATEGIES, PAGE A11

Newfound Landing

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Letters to the Editor

Thank you for providing AP students with testing space

To the Editor:

The Newfound Regional High School AP students wish to convey their heartfelt thanks to the Common Man Inn, Bristol United Church of Christ and the Town of Bristol for providing comfortable and quiet testing spaces for them as they concluded their rigorous AP testing process.

All of your kindness enabled the most ideal environments for these students to accomplish their

goals of doing their best in the most ideal of conditions. Thank you to everyone who helped coordinate this effort. Administration, faculty and students sincerely appreciated your kindness.

Kindly,

*Shelly Philbrick
School Counselor
Newfound Regional High School*

Lagueux was a part of Bristol's spending problem

To the Editor:

Former selectman Shaun Lagueux of Bristol responded to a "letter to the editor" that I had submitted to this paper a few weeks ago. The title of his letter was "Simard Wrong Again."

Mr. Lagueux responds to two expenditures out of four that I mentioned. Mr. Lagueux stated that I accused the selectmen of "illegal spending." Mr. Lagueux is mistaken; I said no such thing. I said that these projects were completed "without being included in the budget or voted on by the taxpayers."

Those of you who know me know that I am a fiscal conservative; I hate to see taxpayer money wasted on wants rather than needs. Mr. Lagueux states that the recent purchase of a \$13,000 "Utility All Terrain Vehicle" was from a Highway Department Capital Reserve Fund, and therefore permitted. Under NH RSA 35:1 establishing Capital Reserve Funds reads,

for the "acquisition of a specific item or items of equipment." I don't remember the listing of a "UTV" in the Highway Department fund.

After the \$9,000 retaining wall was built, I attended a Bristol Select Board meeting and quoted "Municipal Budget Law" to them. Mr. Lagueux became quite agitated, and as I left the meeting, he blurted out "so sue us." Checking back in town records, it seems that I wasn't the only one he said that to: in the past three years, the select board spent \$321,384 for legal expenses. By comparison, the previous seven years cost the town taxpayers \$322,852 in legal fees.

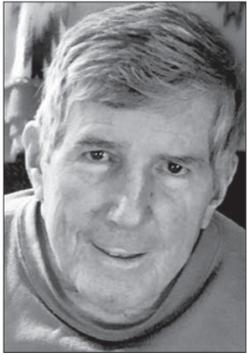
Mr. Lagueux no longer serves on the select board; hopefully, the new board will exercise better judgment, more restraint and mediate, rather than litigate, to save the taxpayers a few dollars.

*Paul Simard
Bristol*



North Country Notebook

Ice, ice, it's everywhere, just what you need for a drink



By JOHN HARRIGAN
COLUMNIST

Editor's note: Mr. Harrigan was unable to submit a new column in time to meet our press deadline for this week's edition. The following North Country Notebook column was originally published in May of last year.

I was just beginning a wonderful circular drive around the North Country this past Wednesday when, at the western approach to Dixville Notch, I came across a chunk of ice. "Across" is probably the wrong word, because this fragment of glacier was not in the road, but instead clinging tenaciously to a small cliff, like a limpet mine on the hull of a ship.

For some reason, this reminded me of an oft-repeated statement by Warren Pearson, longtime skimeister at New Hampshire's northernmost ski area, The Wilderness, near where I encountered the ice. One of his frustrations was how to get the word out to skiers down south that long after most other ski areas had shut down for the season, The Wilderness still had plenty of snow.

"It's hard to convince people mowing their lawns in Boston that we still have plenty of snow," was his succinct way of putting it. Warren had the clipped accent of western Maine, not the better known Downeast drawl, and didn't mince words.

Further east, over the lip of the notch and coasting down into the Androscoggin drainage toward Maine, there was still plenty more snow and ice in the rubble of rock on the floor of the notch, where the sun hardly shines at all.

Not that this is the only place snow and ice can still be found in northern or high-country New Hampshire. There are plenty of places, in plenty of climes, where relics of winter will hang on well into early June, and still other places



This flying goose hunk of ice was more like an octopus, clutching at a rock face west of Dixville Notch, where the rays of the climbing sun will ultimately shoot it down.

JOHN HARRIGAN

that will linger longer.

During my hiking days, when I knew many of the Appalachian Mountain Club's hut crews on a first-name basis, one of my favorite destinations was Carter Notch Hut, situated in a high valley tucked behind Wildcat Mountain. You reached it via Carter Dome, a lightning-prone bald pate of glacier-scraped bedrock featuring a heart-stopping descent to a convivial supper and a warm bunk for the night.

There is an ice-cave there just beyond the hut, aligned in such a way that the snow packs in there, driven by the fierce north-west winds, but the sun barely penetrates even on the longest days of summer. And back in there, as the cave's mini-glacier slowly recedes, hikers and hut-keepers alike keep stuff that'll spoil or they just want kept cool--butter, milk, and of course beer.

At Pittsburg's Boundary Pond, at 2,335 feet one of the state's highest ponds reachable (almost) by road, a famous deposit of snow and ice can usually be found southeast of the dam, well into high summer and sometimes beyond. Generations of people who've fished there have known about it, for good reason. If you plan to cook before the

evening rise, for instance, and need your cooler and ice for the boat (wink, nudge), you can scamper down below the dam and put your other spoilables on a nice little glacier of compacted snow.

Boundary, by the way, in times of yore known as Mountain Pond, is the pond on which famed local pilot Harry Scott vowed to land his float plane (and of course take off again) but waited nearly a lifetime for the right conditions to do it.

This is a pond where the Canadian northwesterlies blow fiercely most of the time, having attained awesome speed crossing the mostly open and flat countryside of the Eastern Townships of southern Quebec. They then smash into the remnants of the Appalachian Mountains that form the boundary, and crash up and over, of course,

Boundary Pond.

Harry tried to land there several times, but always aborted in a sort of "touch and go" decision because he feared cracking up either on the way in or trying to get out. "But one day," he whistled, "I happened to hit it just right," and down he went, and after enjoying a pontoon ride around the pond a couple of times just to add emphasis and flirt with disaster, off he went again. Harry always began his sentences with a barely discernable whistle.

One time Dave Cook and I were under the dim confines of a big spruce tree there at Boundary, having been blown ashore by the usual tempest, and gradually our pupils dilated so that we could perceive the outlines of another creature under there, and it became Harry, seeking the same shelter. "Hello, boys," he said with a little whistle, just as if we were encountering each other in downtown Cole-

brook.

One hot summer day at Boundary, "hot summer day" meaning about 55, with a Force Five gale, Bunny Bunnell and I had come ashore to avoid being blown off to Bangor, and as was our usual strategy in a crisis, one of us, or maybe both of us, called for an adult beverage to sooth our nerves and add a touch of sharpness to our already well-honed sagacity.

"But hark!" he cried, or something like that, "we need ice!" (the cooler's supply somehow having become exhausted), and down over the dam I scrambled, because I was the younger and number, and fetched plenty.

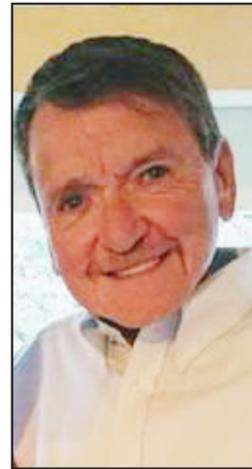
(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and north-eastern Vermont. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Charles Nyberg, 70

CONWAY, S.C. — Charlie Nyberg, 70, passed away peacefully Monday, May 8 at his home in Conway, S.C., after a long battle with cancer.

Charlie was one of five children born to Frederick Nyberg and Barbara (McKay) Nyberg.

Charlie was a veteran of the New Hampshire Air National Guard and served during the Vietnam War and Dessert Storm. Charlie began his career in the propulsion section, then as a Crew Chief on the KC135R for several years before transferring to Pacer Craig Modification at Pease Air-Force base. He then transferred to the Maintenance Quality Assurance and later Charlie became a civilian technician, assigned to Maintenance Squadron section and



retired as a Master Sargent in 2006, after 36 years of service.

Charlie was an avid Corvette enthusiast, as well as a gifted artist. Charlie enjoyed sketching and painting as well as working with his hands building out door spaces or remodeling his home.

Charlie is survived by his loving wife, Carol (O'Conner) Nyberg; his daughter, Carrie

Nyberg, and her partner Daniel Boynton; two sons, Chris and Carl Nyberg, along with two step children, Debbie Johnson and Dennis Cilley. Charlie also leaves behind his sister (and brother in-law), Susan and Dana Morin; three brothers (and sisters in-law), Bill & Bea Nyberg, Fred & Elaine Nyberg and Jim & Gail Nyberg; and four grandchildren (Forrest & Ian Johnson, Hunter and Cooper Cilley), along with more family members and many friends.

A full Military funeral will follow this summer at the Boscawen Veteran's Cemetery, a follow up notice will follow as the date draws near.

In lieu of flowers, please make a donation to the American Cancer Society in Charlie's name.

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Towns

Alexandria

Judy Kraemer 744-3532
judy7@metrocast.net

Clean up

With the snow gone, the roadsides reveal a story of carelessness in our town. I know the immediate response is "not me." But look and see if you could make a difference in your neighborhood. One trash bag full from your area could help in a town wide problem. Aluminum cans, glass and metal are all things that bring us money at the transfer station. The Conservation Commission is hopeful that each of us will step up and help Clean Up, making our town a better reflection of us all.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

Thanks to everyone who came – a full house! – to the grand finale of the Spring 2017 Speaker Series on Friday evening. Carl Hultberg presented his eagerly anticipated and long-awaited program about The History of Jazz on Vintage Records, including some records that were over a hundred years old. It was a phenomenal combination of music and history, and Carl has promised to return. Special thanks to Carl for making CDs and bringing his books, and for donating the proceeds to the Church Preservation Fund.

The date for the Annual Church Fair is the last Saturday of July, which is the 29th this year.

Farm History Program

Blazing Star Grange will host their Danbury Farm History program at the Blazing Star Grange Hall on Thursday, May 18 at 7 p.m. All are welcomed to attend.

Grange supper

The grange will hold their roast pork supper on Saturday, May 20 from 5-6:30 p.m. Besides pork there will be stuffing, green beans, apple sauce, rolls and dessert for \$9/adults. The supper is held at the grange hall at 15 North Rd.

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available behind

the church.

Sundays

9 a.m. Early Worship Service, followed by coffee/fellowship in the church dining room

9:25 a.m. KidZone for K-grade 6; Special Needs Ministry for high school aged teens and adults

11 a.m. Contemporary Worship Service

11:15 a.m. KidZone for K-grade 6

11:15 a.m. Youth Sunday School

"Toddler Zone" is available at both services for infants through age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-6th grade class. Kids will love the great videos and games that teach awesome age appropriate lessons in a loving atmosphere!

Sermon Series

"What Makes You Happy?"

May 21 "Shoes"

May 28 "You're Not Enough"

Special Needs Ministry

Becky McCuin will be leading a new special needs ministry for high school age teens and adults at the Early Worship Service. Please let Ernie know if you know of anyone that might be interested in joining this class. We are very excited about this opportunity.

New College/Career Group (ages 18-25)

Monday nights 6:30-8 p.m. at Plymouth State University. Contact Ernie Madden for more information.

Small Group Study

Building Your Marriage to Last

Led by Ernie Madden Tuesdays, 6:30-8 p.m. Childcare provided for infants through sixth grade

Your marriage is under construction every day, as you build on the promises that you've made to each other and learn to deal with setbacks and challenges. Some days, it's less than you hoped for, and other days, it's more than you ever dreamed. No matter how good, difficult, long or short your marriage has been, you can start building — or remodeling — right now.

Who Needs God?

Perhaps nobody. Perhaps everybody. Perhaps we should talk about it. Led by Ernie Madden. Thursdays, 6:30-8:15 p.m.

Axyon Youth

Ministry, for grades 6 through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will

be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays

8 p.m. — Alcoholics Anonymous Group meets in the church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463, (home phone number) 968-7770, or his cell phone at 412-2046. You can also e-mail him at accernie@hotmail.com, or visit the church Web site, ashlandcommunity-church.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our Dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others to do the same.

Real church, real people, real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Ashland Episcopal (St. Mark's Church)

The office hours for St. Mark's Church, Ashland are Fridays 10 a.m. to 12:30 p.m. The phone at Sherrill Hall is 968-7640. Please leave message.

The next in the Faith and Film series is Tuesday, May 30, 10 a.m. Film will be "Big Fish" held at Griswold Hall, Highland Street, Plymouth. Please bring a bag lunch.

Day Away respite care program for adults in the early stages of Alzhiemers disease or related dementia held on Thursdays 9 a.m. to 3 p.m. in Simard Hall at Our Lady of Grace Chapel in Bristol. Fee of \$25 per day includes lunch and a craft project. The program is also seeking volunteers. For more information or to volunteer please visit the Holy Trinity Day Away page.

Parkinson's Disease Support Group in Plymouth is delighted to announce the formation of a new support group for people with Parkinsons, their families, friends and caregivers. More information or to be placed on the mailing list, contact Diane Sherman at 653-6672 or email Di-

ane.L.Sherman@hitchcock.org.

Combined services of St. Mark's Church and Church of the Holy Spirit are at Holy Spirit Sundays at 9:30 a.m. until June. Sunday School is also at 9:30 a.m.

The Healing and Eucharist Service at St. Mark's Ashland is every Thursday at 11 a.m.

Holy Trinity (Roman Catholic)

Day Away Program

Are you caring for a loved one diagnosed with Alzheimer's or Dementia? The Day Away program has openings available and offers a wonderful chance for family members with dementia to experience a day away from home with various activities to do with caring staff and volunteers (with meal included), while also giving the caregiver some much needed time off. Come by and visit between the hours of 9 a.m. and 3 p.m. every Thursday in Simard Hall underneath Our Lady of Grace Chapel. Day Away is a non-denominational program open to all qualified participants in the Lakes Region. Volunteers are always needed. Visit our website at www.respitefor caregiverdayaway.wordpress.com.

We welcome back all our summer parishioners!

If you are a lector or Eucharistic Minister back home, and would like to help us out here, please call Sandy at 536-4700 or email Sandy at holytrinitynh@gmail.com or Chris at holytrinitybristol@gmail.com Also, if you are interested in becoming a greeter, please let us know!

Plymouth Knights of Columbus Scholarship

The Holy Family Knights of Columbus, Council 10307 in Plymouth, are again offering a scholarship for a member of Holy Trinity Parish. Applicants must be applying to a full-time university or trade school. The application includes an essay, photo, and requires one letter of recommendation. For applications, please contact John Boyle at 536-1188. All applications are due by June 6.

Additional Saturday Mass Starts Memorial Day Weekend

On Saturday, May 27, we will be adding the 5:45 p.m. Mass at Our Lady of Grace back into the Mass schedule. The complete summer schedule will begin the weekend of June 24 and 25. At that time, we add the 8 a.m. Sunday Mass at our Lady of Grace and the 9:30 a.m. Mass at St. Agnes.

33 Days to Merciful Love Group Retreat

Starting Wednesday, June 7, 9 -10:30 a.m. Marian Center Hall, Bristol Campus, 3:30-4:30 p.m. St. Matthew Hall, Plymouth Campus. The cost for the retreat is thirty dollars and includes the book and the companion workbook. Please make the check payable to Holy Trinity Parish and on the memo line put 33 Days to Merciful Love and drop it in the collection basket or at the parish office. Register with Sandy at 536-4700.

The Baby Bottle Blessing Drive for Haven Pregnancy Center has begun! Please remember to return your baby bottle to church on Father's Day. This includes even half full or empty bottles. (we have to pay to replace any unreturned bottles.) A little change can make a huge difference and who doesn't have a little loose change? 1) Take a baby bottle. 2) Fill it with cash, change or check. 3) Return it to church. Women and men faced with crisis pregnancies may not know where to turn for help. Can they turn to you through the life changing, lifesaving work of Haven Pregnancy Services? Thank you for your compassionate support!

Bristol Knights of Columbus Scholarship

The Bristol Knights of Columbus are offering a scholarship to high school students who wish to further their education. Please see one of the Knights to obtain and application. A letter of recommendation from a parishioner who can speak for your involvement in the church, and an essay will be required. All documentation must be handed in by June 10. A decision will be made by July 15.

Campus Ministry

Thank you to the students who hosted last week's Thank You Dinner for parishioners who provided dishes for Fr. Leo's monthly suppers over this past year. The food was delicious and the conversation was lively and interesting. How good it was to put names to faces and learn more about each other! Food for Finals: Catholic and United Campus Ministries will provide baked goods and Chex Mix snack packs to all res. halls and Centre Lodge on the first night of finals, Monday, May 15, around 8:15 p.m. Good luck on final papers, performances, projects, and exams! We'll be keeping you in our prayers. Farewell to those who will be leaving the Plymouth

community as you graduate or otherwise move on to new opportunities. We've enjoyed your stay with us. Our prayers and best wishes go with you.

Weekly Meetings Thursday, May 18

Day Away Program, Simard Hall, 9 a.m.

Cub Scout Meeting, St. Matthew Hall, 6 p.m.

Saturday, May 20

Cub Scout Spaghetti Dinner, St. Matthew Hall, 5 p.m.

Sunday, May 21

Faith Formation: Ashland/Plymouth:

9:15 a.m., St. Agnes Hall with Ice Cream

Boy Scout Meeting, St. Matthew Hall, 5 p.m.

~ AA meeting Monday-Saturday, St. Matthew Hall, 11 a.m. ~

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship is a multi-generational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, May 21, 9:30 a.m. Celebrating the People of the Open Mind, Loving Heart, and Helping Hands

Rev. Linda Barnes and Meredith Flynn

We do not raise our children alone. We at Starr King UU Fellowship partner with parents to provide spiritual guidance that helps raise kind, thoughtful, and loving children. Join us for an all-generations Religious Education Recognition Sunday as we celebrate the gifts people, of all ages, have offered one another this year.

Visitors are invited to attend the service as well as all programs at the church. Nursery care is provided for infants and toddlers. The children's program is usually held downstairs concurrently with the service. Please join us for coffee after the service so that we may get to know you.

The Annual Meeting of Starr King UU Fellowship will start after the coffee hour.

Children and Youth Religious Education, Meredith Flynn, DRE

Whole Congregation Religious Education Recognition Service-Our service today is for all ages. Today we recognize the many, many, people that give

SEE CHURCHES, PAGE A11

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Veteran Bluesman Robert Cray graces the stage at the Flying Monkey

PLYMOUTH —The Flying Monkey Performance Center presents Robert Cray on its Plymouth stage on Sunday, May 28 at 6:30 p.m. Five-time Grammy award winner Robert Cray is considered to be one of the most expressive vocalists and impressive guitarists on the contemporary rhythm and Blues scene. Tickets for this show start at \$49.

It would be hard to overstate Robert Cray's impact on rock, rhythm and blues. Considered one of the greatest guitarists of his generation, Cray has been inviting audiences along on his epic musical journey—breaking through the pop ceiling with trade-

mark sound and distinctive playing style.

This Grammy award winning blues artist is one of a few precious talents with the vision to successfully usher blues into the next century, drawing from R&B, rock, pop, and jazz with equal insight and authority. Just as importantly, his immensely popular records have helped jump-start the contemporary blues boom that still is in full motion today.

Following the release of his highly anticipated new album, Robert Cray & Hi Rhythm, this is a rare opportunity to experience this genre defining artist live. He will test his talent for New



COURTESY

The Flying Monkey Performance Center presents Robert Cray on its Plymouth stage on Sunday, May 28 at 6:30 p.m.

Hampshire fans once again, fusing it together with that dazzling voice while he performs some of the most powerful material in his four-decade long

Vintage auto racing thriller to be screened with live music at Flying Monkey

MGM's late silent drama "Speedway" (1929) filmed on location at actual Indy 500 track

PLYMOUTH — Fasten your seat belts! We mark the traditional Memorial Day running of the Indianapolis 500 with a vintage race car drama filmed right on the famed track—at speeds topping 115 mph!

In honor of this year's Indy 500, MGM's vintage auto racing drama "Speedway" will be screened with live music on Thursday, May 18 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth.

The screening is a chance to experience this landmark film as it was intended to be seen: in a high quality print on the big screen, with live music and with an audience. Live music will be performed by Jeff Rapsis, a New Hampshire-based silent film accompanist.

Tickets are \$10 per person.

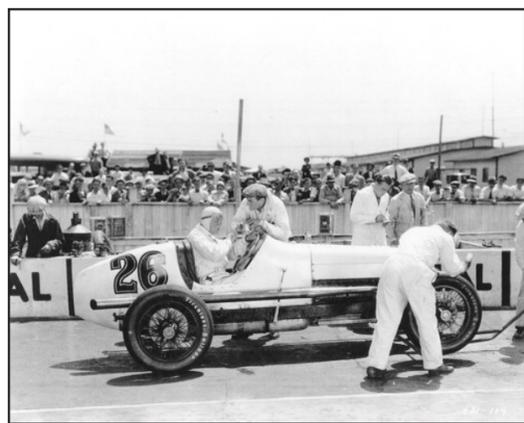
In "Speedway," MGM leading man William Haines stars as Bill Whipple, a cocky mechanic/race car driver in town for the "The Indianapolis Speedway" race.

He meets a couple of other participants—Mac (Ernest Torrence), the old-timer with heart trouble who thinks of Bill like a son and has been trying to win this race for 17 years; and Renny, a driver not opposed to using dirty tricks to win.

"Speedway" also stars actress Anita Page in a leading role.

To lend an air of realism to the movie, many scenes were shot on location at the actual Indianapolis 500 track. Today, the footage provides a vivid glimpse of the sport as it was practiced in earlier generations.

Actor William Haines was one of MGM's biggest stars in the late 1920s, often playing the male lead romantic comedies. But off-screen, Haines was



COURTESY

"Speedway" (1929), a vintage auto racing thriller filmed on location at the Indianapolis 500 racetrack, will be shown with live music on Thursday, May 18 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. Admission is \$10 per person. For more information, call 536-2551 or visit www.flyingmonkeynh.com.

gay—and, unusually for the era, did not hide his homosexuality.

This led to friction with his bosses. MGM studio chief Louis B. Mayer, convinced that movie audiences would not accept a gay leading man, urged Haines to keep his long-term relationship with actor Jimmie Shields a secret.

Haines maintained his star status at MGM during the move to talking pictures. But a publicity crisis arose in 1933, when Haines was arrested in a YMCA with a sailor he had met in Los Angeles' Pershing Square.

Mayer then delivered an ultimatum: Haines had to choose between a sham marriage to an MGM actress or giving up his career. Haines refused to submit, choosing to be himself rather than to pretend to be someone he wasn't. Mayer subsequently fired Haines, terminated his contract, and banished him from the industry.

His movie career over, Haines recovered by launching an interior design firm, using his connections to become the most sought-after decorator in the Hollywood movie colony. The business prospered over the decades, with a client list of A-list celebrities as well as political figures such as Ronald and Nancy Reagan.

Haines remained

with his partner Shields for the rest of his life. Joan Crawford, who co-starred with Haines in several pictures, described the pair as "the happiest married couple in Hollywood." In recent years, Haines has been recognized as a courageous pioneer in gay rights in the early Hollywood community.

"Speedway" was one of the final silent movies released by MGM prior to the studio's conversion to making talking pictures.

The movie will be screened with live music performed by silent film accompanist Jeff Rapsis.

"Speedway" is the latest in a monthly series of silent films presented with live music at the Flying Monkey. The series provides local audiences the opportunity to experience silent film as it was intended to be shown: on the big screen, in good-looking prints, with live music, and with an audience.

"Speedway" (1929) will be shown on Thursday, May 18 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. Admission is \$10 per person. For more information, call 536-2551 or visit www.flyingmonkeynh.com. For more information on the music, visit www.jeffrapsis.com.

Artistic Roots puts out call for artisans

PLYMOUTH — Artistic Roots is looking for artisans to join our Gallery at 73 Main St. in Plymouth. An application for membership is available on our Web site, www.artisticroots.com, or at the gallery. New members are required to jury into the gallery. The benefits of membership include:

- ~ working and collaborating with other artists
- ~ 90 percent of sale

goes to the artist

- ~ shop location is conducive to sales
- ~ chance to teach

Requirements of members are:

- ~ working seven hours monthly
- ~ attending a meeting bimonthly
- ~ dues of \$60 a month

Artistic Roots is a cooperative gallery which is a non-profit organiza-

tion. The mission of the gallery is: "Artistic Roots is a cooperative, non-profit art gallery of dedicated juried members who seek to inspire, create and connect artists and the community through workshops, peer mentoring, events, and to provide a venue for member sales."

Contact Jeannette McArthur, jmcarthur@yahoo.com, with questions about membership.

Smith joins legislators calling for protection of public lands

PLYMOUTH — New Hampshire State Rep. Suzanne Smith, Grafton 8 (Plymouth, Hebron, Holderness) joined state legislators from 44 states calling for President Trump and Congress to maintain designations of national monuments, following the President's recent executive order calling for a review of the Antiquities Act. The move could jeopardize national monuments designated by presidents in the past two decades.

Three hundred twenty five members of the National Caucus of Environmental Legislators (NCEL) signed a letter urging the president and Congress not to rescind or shrink the

lands currently designated as national monuments under the Antiquities Act.

"Last spring, I spent time hiking in Escalante-Grand Staircase in Utah," said Rep. Smith. "It is one of the monuments now in jeopardy. In addition to being a wilderness treasure, Escalante and Bears Ears in Utah and the many national monuments throughout the US provide sustainable growth in rural communities."

"National monuments hold an important place in our history and culture in the United States. No president has attempted to revoke a national monument before," said Jeff Mauk, Executive Director of

catalogue, including some new material.

"We are humbled to present artists that are part of the very fabric of American music," says Seth McNally of The Flying Monkey. "Robert Cray is one of those artists."

Tickets to see Robert Cray Band are \$49, and \$59 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

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Tick Talk It's time to talk ticks!

BY DR. ANDREA BERRY
Family Medicine
Mid-State Health Center

Spring is here at last, and the long hot days of summer are just around the corner! Unfortunately, along with the warm weather comes tick season in New England. April to September is peak season for ticks and it is during this time that protecting ourselves and our pets from ticks becomes most important. Ticks survive by eating blood from their human and animal hosts, and can pass infections between humans and animals. Ticks are notorious for spreading Lyme disease, but they can cause other infections as well.

There are two species of ticks common to New Hampshire. The brown dog tick (*Dermacentor variabilis*) is the most common. Dogs are the primary host for this tick, and although the tick may also bite humans or other mammals, it is not able to transfer Lyme Disease to humans. The blacklegged tick (*Ixodes scapularis*), commonly referred to as the deer tick, is the species of tick responsible for the transmission of Lyme Disease to humans and animals. This tick is widely distributed in the northeast. The Blacklegged Tick feeds on larger mammals and will bite humans on occasion. The numbers of deer ticks in New Hampshire has increased in

the last several years, and as many as 50 percent of the deer ticks in New Hampshire carry *Borrelia burgdorferi*, the bacteria that causes Lyme Disease. According to the Centers for Disease Control (CDC), NH ranks third in the United States for reported cases of Lyme Disease per 100,000 people.

The best way to protect yourself from tick bites is to avoid wooded and brush areas with high grass. If you are heading into wooded areas, walk in the center of trails and use products with DEET or Permethrin to repel ticks from attaching to you or your clothing. Use repellents that contain 20 percent or more DEET on the exposed skin for protection that lasts up to several hours. Be sure to always follow the product instructions. Parents should apply this product to their children, making sure to avoid hands, eyes, and mouth. If you are spending a lot of time in wooded areas, use products that contain permethrin on clothing. Treat clothing and gear, such as boots, pants, socks and tents. It remains protective through several washings. Pre-treated clothing is available and remains protective for up to 70 washings.

When returning indoors, be sure to check yourself thoroughly for ticks. If at all possible, take a bath or shower

soon after coming indoors (preferably within two hours) to wash off repellent and more easily find ticks that are crawling on you. Conduct a full-body "tick check" using a mirror to view all parts of your body, when you return from being outside. Parents should check their children for ticks under the arms, in and around the ears, inside the belly button, behind the knees, between the legs, around the waist, and especially in the hair. Ticks can ride into your house on cloth-

ing and pets and potentially attach to a person later, so carefully examine pets, coats, and day packs. Tumble clothes in a dryer on high heat for an hour to kill remaining ticks.

Even when you don't go outside, your pets do. To reduce the chances that a tick will transmit disease to you or your pets, check your animals for ticks daily, especially after they spend time outdoors. If you find a tick on your dog or cat, remove it right away. Ask your veterinarian

to conduct a tick check at each exam. In addition to monthly topical preventive medications available for your pets, you should also discuss the Lyme vaccine with your vet.

If you find a tick attached to your skin, remain calm. The most important way to prevent Lyme disease transmission, even if a tick is attached, is early and complete removal. There are several tick removal devices on the market, but a plain set of fine-tipped tweezers will remove a

tick effectively. Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible. Pull upward with steady, even pressure. Don't twist or jerk the tick; this can cause the mouth-parts to break off and remain in the skin. If this happens, remove the mouth-parts with tweezers. If you are unable to remove the mouth easily, leave it alone and let the skin heal. After removing the tick, thoroughly clean the bite area and your hands with rub-

SEE TICKS, PAGE A12

Seventh Annual Miles for Smiles 5K Walk/Run set for Saturday, June 10

PLYMOUTH – On your marks...Get set... Smile! Runners, walkers, families, and school groups from across the region are gearing up for the Seventh Annual Miles for Smiles 5K Walk/Run. Since 2011 this event has raised much-needed funds to provide access to dental care for adults with disabilities.

Again this year, running clubs from local elementary schools will be participating as the culmination of their "Kids Run the Nation" program. Joining the race are elementary schools from Campton, Plymouth and Wentworth.

"We are excited that the Miles for Smiles 5K will be our school season's final event - the course and location are perfect! The students and schools are proud to support Lakes Region Community Services in this local fundraiser," commented Miles for Smiles volunteer and assistant coach Fran Gonsalves, from Plymouth Elementary School.

The USA Track & Field certified course is fast, flat, out-and-back, which starts and finishes at Smith Bridge in Plymouth. The professionally timed race starts at 9 a.m., with registration and check-in at 8 a.m. Runners and walkers of all levels are welcome to participate in this community-wide event.

LRCS provides services for adults with disabilities including resource coordination, employment services and residential support. While most services are funded through state and federal Medicaid dollars, Medicaid does not cover the cost of dental care for adults over the age of 21 except for extractions. Providing access to dental care for this population of adults is extremely important because of the strong connection between oral health and overall health and wellness.

Sponsors

Miles for Smiles would not be possible without the generous sponsorship of dental and medical professionals and businesses who support the cause. This year's sponsors include: Gold Crown Leaders: Finn & Finn Beautiful Smiles and Hiller Orthodontics. Silver Filling level: Well Sense Health Plan, Northeast Delta Dental, NH Healthy



COURTESY

Gathering for the LRCS Miles for Smiles 5K Race in Plymouth - this year's race will be held Saturday, June 10 at Smith Bridge in Plymouth with all proceeds supporting dental care for adults with disabilities.

Families and Region III Family Support Council. And supporting the race as X-Ray Level sponsors are Winnisquam Dental, Lakes Region Dental Implant and Tilton Family Dental.

children 6 and under will receive finisher awards. As always, there is also an award for the Best Smile Costume!

Registration

The pre-registration fee for Miles for Smiles, up to June 9 is \$20. Registration on the day of the race is \$25. Anyone who registers before May 10 will receive a free race shirt. To register online visit: <https://g2racereg.webconnex.com/smile5k2017>. Runners and walkers can also register by mail with a check payable to LRCS. Additional sponsorships are also available. For a registration

Race Award Categories

There are Men's and Women's categories for Best Overall - 1st place. First to third place awards will also be given out for children male and female categories in the following age groups: 7-10; 11-14. First place awards will go to older teens and adults male and female in age groups 15-19, 20-39; 40-59 and 60 and over. All

form visit LRCS.ORG or contact Phoebe VanSchoy-Giessler giving@lracs.org or call 581-1526 for more information.

Lakes Region Community Services is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities and/or acquired brain disorders and their families. A dynamic human services organization, LRCS offers other essential and critical services to individuals in the greater Lakes Region from birth throughout their lifespan.

At the core of LRCS' work are inclusion, acceptance, and building strengths and partnerships - whether at the individual, family or community level. LRCS has offices in Laconia and Plymouth which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information contact Joanne Piper Lang at 524-8811 or visit www.lracs.org.

Franklin Savings Bank hosts free shred event on June 3

BRISTOL — Franklin Savings Bank will host a free paper shredding event on Saturday, June 3 from 9 to 11 a.m. at its Bristol office, located at 350 Lake St. Anyone interested in safely destroying old documents and confidential files is invited to stop by the office.

"We are pleased to offer this event again to the public," said Ron Magoon, President & CEO. "We remain vigilant in safeguarding our customers' information and are always searching for ways to protect our customers from becoming unsuspecting victims of identity theft. Offering this event is just another way for us to educate the community on the importance of destroying all unwanted confidential documents in a safe way."

A shred truck will be onsite to destroy all documents. All unwanted documents may contain staples and small paper clips; however, they must be free of large clips, three ring binders and plastic. There is a limit of three boxes per individual. For additional information, please call 934-4445 or chat with us online by visiting www.fsbnh.bank.

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DONNA RHODES

Students in grades K-5 at Danbury Elementary School concluded their Spring Concert with an all-school musical performance before presenting gifts and best wishes to outgoing principal Annmarie Holloran who will become the full time principal at New Hampton Community School in July.

Holloran

FROM PAGE A1
Community School, Alison Roberts, former assistant principal of

Belmont Elementary School and the current assistant principal at Strafford School, will take over her role in Danbury.

“This opportunity and this experience rocked, and for that, I will be forever grateful,” Holloran said.

Farewell

FROM PAGE A1
cinating oral, video and even fashion and dance presentations from their homelands.

As if that wasn't enough, somehow the pair also found time to assist in many events, fundraisers and other cultural activities in the Newfound Region, providing nearly 200 hours of community service between them.

“We're going to miss it here a lot, but we are also excited to go home and see our family and friends again,” Sophie said.

Both were grateful they had missed the unusual snow in Alexandria and other higher elevations earlier that day, and as Suez checked the weather back home in

Hong Kong on Sunday, she saw good news in their forecast.

“It's rainy today, but it's 78 degrees. We have nice weather there this time of year, so that's good,” she said.

Rosendahl said that without host families the girls' stay in the area would not have been possible. Her family welcomed Sophie into their home last August and Suez had the pleasure of staying with the LeMieux's, who own the Purple Pit. As a guitar player herself, Suez fit right in with their musical clan. Lisa of Tokyo and Solene of Belgium have also been living with local families and will remain here through graduation.

“What's important is that these girls came

here, not knowing what to expect but they did so much with grace and integrity,” Rosendahl said. “They represented themselves, their families and

School Board

FROM PAGE A1

He assured the board that the state Department of Education will scrutinize the contract and the company's service record as part of its approval process. He also said such contracts usually benefit the staff because of the higher compensation and guarantee of jobs. It is difficult to find food service workers, and any company coming in would want to retain those already working here, he said.

Several area schools already utilize outside food service companies, he said, so board members will be able to talk to others about the success of the program and any problems they have en-

countered. They will be able to bring those questions to the vendors on the night the companies make their presentations.

The school board will need to make a decision on the food service contract at its June 12 meeting.

Also on June 12, the board will take up the facilities maintenance and capital improvement plan that Limanni presented this month. Speaking on behalf of the school facilities committee, Limanni outlined the goals and the committee's approach to providing ongoing maintenance and addressing deficiencies.

The May presentation built upon the facilities committee's

controversial initial report that offered several building options to address safety and educational needs. Other members of the school board were critical of the committee's focus on new buildings when it had not developed a comprehensive list of each school's problems and needs.

Limanni said the new approach was to look at individual projects and to prioritize them. Some of the work is being addressed through regular maintenance while more expensive projects have been put on a potential timeline to give board members and the public a chance to understand the needs and how the district might achieve them.

Projects for 2018 include replacement of the high school roof, made possible through an additional \$800,000 appropriation at the school district meeting, as well as other repairs that will bring total spending over \$1 million, with some offsetting revenue in the form of energy savings through a Honeywell contract that has been in place for several years.

In 2019, the facilities committee is recommending \$965,491 in spending to replace windows at New Hampton Community School as well as repairs to the high school track — an estimated \$300,000 project that would be the second major rehabilitation of the rubber track since it was put in 30 years ago at the time the high school was built. Limanni noted that there have been several patches to the track, as well, over the years. Parking lot and school entrances also are on the schedule for NHCS and Danbury Elementary School.

The capital improvement plan extends out 10 years, but Limanni noted that the committee will continue refining both short- and long-term needs, with the district meanwhile tackling what projects it can under a general maintenance schedule.

The third major subject of the meeting was a memorandum of understanding between the Newfound and Hill school districts, allowing Hill's sixth-graders to participate in middle school sports at a fee of \$175 per sport, which covers the cost of uniforms, transportation, and officials. Both Hill and Newfound board members would have to sign off on the agreement.

their countries so well. We will miss them very much.”

For more information on how to become a host family for exchange stu-

dents arriving for the 2017-18 school year, contact CCI Greenheart at 800-634-4771 or visit their Web site at www.cci-exchange.com.



DONNA RHODES

Projects

FROM PAGE A1

rian Gretchen Dancewicz-Helmets, whose

In addition to a chance to participate in the People's Choice Award for Newfound Regional High School's Senior Projects, there was a multitude of artwork on display for all to enjoy last Thursday evening, along with the popular annual Spring Concert.

study of mushrooms (mycology) greatly impressed the judges with her knowledge and depth of research on the topic.

Other entries were equally impressive, making it a very tough decision for the judges.

Paige Lane of Danbury did a study on brain aneurysms, interviewing brain surgeons from Dartmouth-Hitchcock Medical Center and others in the medical field. To complete her project, she also created a progressive recovery book for youngsters, which educates them on the signs and effects of strokes. The subject matter centered on the ABC's of such neurological issues and, assisting her in the project, were elementary school students from Bridgewater-Hebron Elementary School who provided illustrations for the book.

“I wanted a way for kids to understand what may be happening to

someone in their family, but not in a way that was scary,” she said. “I felt if a kid drew the pictures for the book it would be more understandable.”

Included were pages that showed I is for “Invisible,” R is for recovery and W is for “Welcome Home.”

Riley Provencher of Bristol said his mother now owns Piggy Back Rides and Slippery Slides childcare center so he focused his project on entrepreneurship.

“Entrepreneurship isn't a job, it's a mindset,” he said.

Emilee Haselton of Alexandria spent her senior year researching Common Core literature with youth and developed a game, called “I Spy an Adjective,” which brings fun to the educational standards applied to reading and writing.

Other projects encompassed in-depth studies on the effects of divorce

SEE PROJECTS, PAGE A11






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MSL

FROM PAGE A2

before moving to Massachusetts for her high school years. Her father, Captain John R. Litchfield, who also grew up as part of a family devoted to Newfound Lake, ran the Pasquaney Inn until returning to naval duty during World War II, and later built a home on Whittemore Point.

In 1970, Jeanne married her childhood friend, David Bruce "Timmy" Thompson. The two became summer residents at his family cottage on the shores of Pasquaney Bay for the rest of their lives. Their home was a way station for family, friends, and travelers. Jeanne's artistic talents were displayed through her work with the Newfound Lake Region Association.

As a graduate of the Vesper George School of Art, Jeanne was an artist of many mediums and taught art to elementary school children with enthusiasm and devotion.

It seems fitting to her family that her legacy to the area she loved be art and art education, and therefore have started a fund at the Minot-Sleeper Library to establish free Arts and Crafts classes for the Bridgewater and Bristol community. It is hoped that with the help of the Library Board and community, local artists will be given an opportunity to instruct any and all in the skills that will delight and enrich for a lifetime.

It is also hoped these classes will be appreciated as a nod to the memory of Trevor Brown, a Bristol native and Jeanne's first love

as well as another talented artist, who was killed in France shortly after the Normandy invasion of 1944.

Artists and artisans

who are interested in offering Arts and/or Crafts workshops at the library through this program should contact the library by

calling 744-3352 or via email at librarian@townofbristolnh.org. All events will be free, open to the public, and posted at minotsleep-erlibrary.org. Additional information will be available at the Minot-Sleeper Library, 35 Pleasant St., Bristol.

erlibrary.org. Additional information will be available at the Minot-Sleeper Library, 35 Pleasant St., Bristol.

Strategies

FROM PAGE A4

sues of life – our origin, our purpose, our morality and our destiny – all find their fulfillment in the fact of God's exist-

tence and in a surrender to His authority. Far from being an "insurance policy" against the possibility of hell, we have discovered a quality of life, peace of

mind, new strength to face our bad days, and a reason for keeping on that we have been unable to find in any other way. And, as if that were not enough,

there is a heaven in our future ... and we can hardly wait!

You want to talk about it? Hit me up at rlarryscott@gmail.com.

Churches

FROM PAGE A6

of their time, talent, and treasure to make Religious Education classes run. Families, please join us for a light hearted, child friendly service to honor our RE heroes!

High school: Youth Group- The high school youth meet the second and fourth Sundays of the month from 6-7:30 p.m. in the upstairs youth room.

Social Justice Community Outreach for "GOT LUNCH! PLYMOUTH" is the community organization designated for May's SKUUF monthly outreach. For the 10-week period beginning June 19, volunteers will gather at the SKUUF meetinghouse on ten Monday mornings, to pack and deliver a week's supply of lunches for children in Plymouth who are in

need. These children will go back to school in the fall healthier in body and spirit than they otherwise would be if this program did not exist.

We provide fresh food from Hannaford: bread, fruit and vegetables; also cans of tuna, jars of peanut butter and jelly, coupons for dairy items provided by a local convenience store, produce obtainable at local farms, and additional staples from the New Hampshire Food Bank. Families must enroll their children each year to participate. We expect to add delivery routes to accommodate the anticipated increase in participants to be served. We are looking forward to seeing many of you during the summer as volunteer packers and deliverers for the program. Over 100 children participated last summer. It is a community program with a broad level of both financial and volunteer support from individuals, church-

es, and businesses in Plymouth. SKUUF support remains critical to the continued success of the program. The collection will be taken this Sunday.

Please bring canned or dry packaged food items for our local Community Closet collection basket in the foyer.

Upcoming: Plant Sale on Sunday, June 7 after the service.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone number is 536-8908. The Web site is www.starrkingfellowship.org, where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship and our activities we enjoy together.

Projects

FROM PAGE A10

on a family and the benefits of Physical Therapy, complete with educational games for the young and information sheets on therapeutic exercise.

Once the public was invited into the school to weigh in on their impressions of the projects, this year's People's Choice award ended up as a tie between Lane's study on brain aneurysms and 2017 Salutatorian Molly Schilling's work with the elderly.

Schilling's presentation focused on the

"Benefits of Social Interactions of the Elderly," a project that took her to Merrimack County Nursing Home where she organized what turned out to be a successful Game Day for the residents.

Senior Project Coordinator for NRHS is Amy Yeakel of the Extended Learning Opportunities Program and she said the students this year worked especially hard on their presentations.

"Their challenge was proposed to them last May (a year ago), and some of them even be-

gan their work last summer," she said.

Retired science teacher and running coach Earl Mills initially brought the idea for Senior Projects to NRHS 10 years ago and the concept has since become a requirement for all graduating seniors.

"This is just one part of Coach Mills' legacy at NRHS," said Yeakel.

This year Mills came back to join the panel of judges in deciding which students would earn the two Distinction Awards, which will be recognized at gradu-

ation next month.

"I just thought it was a great thing for the students to do. It makes them organize themselves, and helps them with college and the future by doing their own independent research," Mills said.

In addition to the senior projects, the night also included displays of artwork in several genres, along with a Spring Concert musical presentation from the NRHS School Band, Jazz Band, Chorus, Acappella Group, Select Choir and the Miniature Drum Corp.



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Not responsible for typographical errors.

The Rest of the Story

A12 NEWFOUND LANDING, THURSDAY, MAY 18, 2017

Ticks

FROM PAGE A9

bing alcohol or soap and water. Avoid folklore remedies such as "painting" the tick with nail polish or petroleum jelly, or using heat to make the tick detach from the skin. Your goal is to remove the tick as quickly as possible—not wait for it to detach. If you are worried about trying to remove the tick yourself, call your healthcare provider for guidance.

The symptoms of

Lyme disease are generally vague, and include low-grade fever, joint pain, fatigue and headache. Symptoms may appear along with the development of a classic, red, "bull's eye" rash that typically appears anywhere from three to thirty days after the initial bite, though not everyone develops the rash. The blood tests available for Lyme detection take time (typically six weeks or more) to become positive after infection, but if you experience these

symptoms, especially with a recent tick bite or rash, you should see your health care provider for an evaluation.

For more information, including photos visit tickfreenh.org or visit midstatehealth.org and click on Health & Wellness and select Health Information and Education.

Source: Centers for Disease Control and Prevention: "Ticks" web page: <http://www.cdc.gov/ticks>

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The focus for this camp includes using advanced Lego parts, challenging model builds, and having lots of fun! Campers will learn about the use of mechanical lifts, nets, drills, and ramps, as well as collaboration. Walking field trips balance the days with engineering and fun. For more information visit <http://tinyurl.com/mn39mjt>.

Open to students entering grades 2 and 3; cost is \$325. Space is limited.

Register at <http://tinyurl.com/psuJRlegos>.



Questions? Contact Rachelle Lyons at rlyons@plymouth.edu or Nina Domina at (603) 535-3271, or visit <http://tinyurl.com/mn39mjt>.



See further up here.

Fine day for Ntourntourekas, Bears

Senior thrower wins pair of events at Bristol Lions Invitational

BY JOSHUA SPAULDING
Sports Editor

BRISTOL—The Newfound track team hosted its lone home meet of the year, welcoming 10 other teams to the Mills Oval on Saturday for the annual Bristol Lions Invitational.

The shining star for the Bears on the day came on the boys' side of things, where Leo Ntourntourekas won a pair of events.

In the shot put, the senior threw 46 feet, 4.25 inches to take the win, with Ethan Pruett finishing in fourth at 37 feet 9.75 inches. Dan Holton was 11th at 34 feet, 10 inches, Mason Dalphonse was 14th at 34 feet, one inch, Pat O'Neill was 18th at 31 feet, 7.5 inches, James Machado reached 31 feet, half an inch for 22nd place, Brandon Marcoux was 32nd at 26 feet, five inches and Adam Lemieux was 34th at 24 feet, 9.5 inches.

Ntourntourekas came back with the win in the discus as well, finishing at 125 feet, seven inches, while Dalphonse fired his way to fourth at 116 feet, four inches. Pruett was eighth at 112 feet, four inches, Trevor Robie was 13th at 96 feet, one inch, Shawn Huckins was 15th at 91 feet, three inches, Zach Patten threw 86 feet, five inches for 19th place, Jacob Pfister was 27th at 73 feet, seven inches and David Comeau was 29th at 72 feet, four inches.

Cam Anderson also had a good day for the Bears in the sprinting events.

Anderson was fourth in the 100 meters in a time of 12.09 seconds, with Ben Morrill finishing 10th in 12.27, Rolando Sylvain-Stott in 12th in 12.32, Justin Shokal was 13th in 12.35, Aidon Anderson was 16th in 12.59, Ryan Quinn was 23rd in 13.42 and Brett Pigeon was 27th in 13.7.

Cam Anderson then ran his way to third in the 200 meters with a time of 24.71, with Aidon Anderson in 10th in 25.85 seconds and Sylvain-Stott in 11th in 25.9 seconds. Connor McLaughlin was 21st in



JOSHUA SPAULDING
Leo Ntourntourekas won the shot put and the discus at the Bristol Lions Invitational on Saturday.

29.34 and Tylor Austin was 23rd in 29.73.

Matt Libby ran and jumped his way to second place in the 110-meter hurdles in 17.41 seconds, with Quentin Dancewicz-Helmers in fourth in 19.57 seconds.

Tiellar Mitchell finished second in the 300-meter hurdles in a time of 44.94 seconds, with Libby in fourth in 45.23 seconds. Reid Wilkins cleared five feet, six inches in the high jump to take fourth place overall, while Dancewicz-Helmers and Cian Connor tied for seventh at five feet, two inches.

Dancewicz-Helmers led Newfound in the long jump at 17 feet, 5.5 inches for sixth place, with Shokal in seventh at 16 feet, 9.5 inches, Ryan Towne in 10th at 15 feet, 11 inches, Sylvain-Stott in 11th at 15 feet, six inches, Connor in 13th at 15 feet, four inches, Cam Anderson in 14th at 15 feet, three inches, Jacob

Judkins in 19th at 14 feet, nine inches, Wilkins in 20th at 14 feet, 5.5 inches and Nicholas Comeau in 25th at 12 feet, 2.5 inches.

Dalphonse finished fourth in the javelin at 125 feet, seven inches, while Huckins found his way to sixth place with a toss of 121 feet, two inches, Pat O'Neill was 11th at 106 feet, six inches and Machado was 12th at 105 feet, eight inches. McLaughlin was 13th at 104 feet, five inches, Demetris Marin was 16th at 82 feet, 11 inches, Pfister was 18th at 76 feet, two inches and Lemieux was 23rd at 62 feet.

James Shokal finished sixth in the 3,200 meters in 12:06, with Chris Davis in 11th place in 12:44.

Towne finished 14th in the 400 meters in 59.93 with David Comeau in 15th in 1:00.9 and Cole Frye in 29th in 1:31. Brad MacDonald finished 21st in the 800 meters in 2:24 and Connor Springer was 25th in 2:32. James



JOSHUA SPAULDING
Megan Stafford takes the handoff from Breana Shepard in the 4X100-meter relay on Saturday.



JOSHUA SPAULDING
Matt Libby clears a hurdle in the 110-meter event on Saturday.



JOSHUA SPAULDING
Megan Gebhardt hurls the javelin in action on Saturday.



JOSHUA SPAULDING
Reid Wilkins clears the high jump bar during Saturday's home meet.

Moore finished 22nd in the 1,600 meters in 5:42. Wilkins was seventh in the triple jump at 34 feet, 6.5 inches, Justin Shokal was eighth at 34 feet, 5.25 inches and Connor was ninth at 33 feet, 3.5 inches.

The Newfound 4X100-meter team of Justin Shokal, Libby, Mitchell and Morrill finished in second place in 47.29 seconds. In the 4X400-meter relay, the team of Mitchell, David Comeau, Towne and Cam Anderson finished seventh in 4:12.

The Newfound girls

also were strong in the throwing events.

The lone win of the day came in the discus, where Becky Norton fired 92 feet for the win. Evelyn Cutting was sixth at 72 feet, two inches, Megan Gebhardt finished seventh at 71 feet, nine inches and Haley Young was 13th at 59 feet, four inches.

Mackenzie Brunt took third in the shot put with a toss of 30 feet, 6.5 inches with Norton in fifth place at 28 feet, 11 inches, Gebhardt in sixth at 27 feet, eight inches and Megan Stafford in seventh at 25 feet, 8.25 inches. Rachel Manita threw 21 feet, 2.5 inches for 20th place.

Amy Combs led Newfound in the 100 meters in 14.01 for eighth place overall, with Breana Shepard in 19th in 14.83 and Gretchen Dancewicz-Helmers in 29th in 15.8 seconds. Young finished 23rd in the 200 meters in 34.59 seconds and Sophia Pettit was 23rd in the 800 meters in 3:50.

Dancewicz-Helmers was 10th in the long

SEE TRACK PAGE B3

What's On Tap

The high school slate continues in the coming week with plenty of games for the local teams.

At Newfound, the baseball and softball teams will be playing on Saturday, May 20, at 10:30 a.m. at Raymond. On Monday, May 22, the teams are at Berlin at 4:30 p.m. and on Wednesday, May 24, they will host Stevens at 4:30 p.m.

The Newfound and Plymouth track teams will be at Gilford for the Wilderness Championships on Saturday, May 20, at 9 a.m.

The Plymouth girls' lacrosse team will be hosting Kearsarge on Friday, May 19, at 4 p.m. and will be at Lebanon on Tuesday, May 23, at 4 p.m.

The Bobcat lacrosse boys will visit Kearsarge on Friday, May 19, at 4 p.m. and will be hosting Lebanon at 4 p.m. on Tuesday, May 23.

The Plymouth tennis girls will be hosting Kennett on Friday, May 19, at 4 p.m. in the final game of the regular season. The Division II playoffs start on Wednesday, May 24, at the home of the higher seed.

The Bobcat boys' tennis team will be at Kennett for its final game of the season on Friday, May 19, at 4:30 p.m. The Division II playoffs start on Tuesday, May 23, at the home of the higher seed.

The Plymouth baseball and softball teams will be hosting Con-Val at 4 p.m. on Monday, May 22.

The Plymouth baseball team is at St. Thomas on Friday, May 19, at 4:30 p.m. and hosts Hanover at 4:30 p.m. on Wednesday, May 24.

The Bobcat softball girls will be at Merrimack Valley on Friday, May 19, at 4 p.m. and will be hosting Trinity at 7 p.m. on Wednesday, May 24.

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Devon Kraemer-Roberts gets a tag on a Belmont runner in action on May 8.

JOSHUA SPAULDING



Nate Tucker takes a lead off third base during his team's game with Belmont last week.

JOSHUA SPAULDING

Belmont proves to be too much for baseball Bears

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — Even before his team's game with Belmont on Monday, May 8, Newfound baseball coach John Larsen was aware of the challenge in front of his boys.

That challenge was made even more difficult by the fact that the Raiders were throwing their ace, Cole Contigiani.

"This is going to test our mettle," Larsen said prior to the start of the game.

As it turns out, he was right, as the Bears, who entered the week with a sparkling 5-1 record, couldn't get anything going against Contigiani and the Raiders and also couldn't stifle Belmont's powerful offense, dropping a 9-1 decision to the Raiders.

"That's one of the best teams in our Division, in my opinion," Larsen offered. "That's a class ball club, they do everything right."

Newfound had some chances along the way after the Raiders got out to a 2-0 lead. In the bottom of the second inning, Devon Kraemer-Roberts beat out an infield hit and Ryan Coughlin followed with a base hit to put two runners on with nobody out. However, a grounder up the middle turned into a 6-3 double play and then a fly ball to left ended the inning with nobody crossing the plate.

Belmont got to Newfound starter Logan Rouille in the top of the third inning, as the Newfound defense didn't offer up tons of help to the pitcher.

After a leadoff walk, a line drive to center retired the next batter. The next batter grounded to Kraemer-Roberts at third base. He threw to second hoping to start a double play, but Nate

Desrochers took the throw and just missed the bag. Though he was able to throw through and get the out at first, the lead runner stayed at second. Another error allowed Belmont to score its third run and then a bloop hit plated the fourth run. Belmont then got two more hits, sandwiched around a walk, and the lead ballooned to 6-0 before Rouille got a groundout to Kraemer-Roberts at third to end the inning.

Rouille led off the bottom of the third inning with a base hit and

then Nate Tucker beat out a bunt for a base hit. Matt Mickewicz reached on an error to load the bases with nobody out. Contigiani came back and got a strikeout for the first out of the inning but a groundout to first by Ricky DeLuca brought home Rouille with the first run of the game for Newfound. However, the other two runners were stranded on base.

Belmont kept chipping away and added three more runs to the scoreboard. Mickewicz came on and pitched

the final two innings in relief for Newfound. The Bears were unable to get anything else against Contigiani, who went the distance on the mound for the win.

While not thrilled with the loss, Larsen noted that last year's game with Belmont was a completely different story, so he sees improvement.

"We lost 26-0 to them last year with basically the same crew," Larsen said. "We knew they pound the ball and we knew they don't make errors."

Larsen also noted that the 5-1 record heading into the week certainly meant that the Bears had a target on their backs to the other teams.

"We've got that target and we have to expect that we'll see people's number one pitcher," Larsen pointed out.

He also noted that his team shouldn't rely on the pitcher to carry the load all the time either.

"Logan didn't have his best stuff today," Larsen said. "But we can't expect him to carry us every day."

"Matt (Mickewicz) pitched very well for the last two innings," Larsen added.

The Bears came back the next day and dropped an 11-1 decision on the road at Berlin.

Next up, Newfound will be at Raymond on Saturday, May 20, at 10:30 a.m. before returning home to host Berlin on Monday, May 22, and Stevens on Wednesday, May 24, both at 4:30 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Taking my Survivor love out of the country for a day

SPORTING CHANCE



By JOSHUA SPAULDING

People who read this column on a regular basis know of my love for Survivor. I've used this love as an excuse to travel around the country. I listen to former Survivor Rob Cesternino's podcast, Rob Has A Podcast (RHAP) and his live events have become a must-attend for me.

Over the past few years, I've made six trips to New York City for live shows, plus a couple of trips to Los Angeles, one to Reno and one to Chicago.

Last week, the love of the game and my love of RHAP took me out of the country for the first time in a long time.

The last time I left the country was for the Olympics in 2014 but when Rob announced on a podcast that he was hosting an event in Toronto, I bought a ticket and started planning.

Like most of my RHAP trips, I had to keep it relatively short, since my work commitments wouldn't allow me to miss too much time and missing more than a day of work really puts me behind when it comes to the things I need to do.

With my new work-

out and diet program, I thought this trip might be a bit more difficult and it was. In order to get the proper daily workout in, I got up at 2 a.m., did the workout and then cooked breakfast at 2:45 a.m. Because of the food requirements throughout the day, I loaded up on the breakfast because I knew I'd have few opportunities while flying to eat the right foods.

I left the house just before 3:15 a.m. and made the trip south to Dover, where I caught the 4:30 a.m. bus to Logan Airport. My biggest concern was that passing through international security and/or customs might be difficult, but this was by far the easiest time I've ever had going through security. There was no line at the gates at Logan and when I got to Toronto, there was no line at customs either, which was fantastic.

I hadn't been to Toronto since my sophomore year band trip in high school and I came away impressed with the city. I went up the CN Tower and got a great look at the city from above before spending a good chunk of the afternoon wandering around near the Lake Ontario waterfront. I managed to get



JOSHUA SPAULDING

STEPHEN FISHBACH (left) and Rob Cesternino discuss the latest episode of Survivor at the RHAP live event last week in Toronto.

some somewhat healthy food for lunch and again at dinner before heading to the show.

This RHAP show was a bit different, since it took place in a hotel ballroom, but we got to watch a great episode of Survivor and had a great discussion of the episode with Rob and cohost Stephen Fishbach, along with former Survivors Bret LaBelle and Shirin Oskooi and renowned Survivor journalist Josh Wigler, who is one of my all-time favorite people in the Survivor universe and one of the nicest people you could ask for, to boot.

I had a really early flight out of Toronto on Thursday morning, so I headed back to the airport (there's a great train running from the airport to the city) late on Wednesday night/Thursday morning and

crashed for a bit on the airport floor.

If I thought the trip through security and customs was easy coming in to Canada, it was almost as easy going back. The US allowed us to clear customs in Toronto and the security and customs were basically empty at 3:45 a.m. so it went pretty quickly.

We landed after 8 a.m. and I caught the bus north to Dover and was back to work just after noon, in time for the Prospect Mountain baseball and softball games.

It was great to take my love of Survivor out

of the country for a few hours and I look forward to the next trip.

Finally, have a great day Donna Rhodes.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.

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Newfound searching for soccer coaches

BRISTOL — Newfound Regional High School is looking for a varsity boys' soccer coach and a JV boys' soccer coach. Anyone interested should send a letter of interest, resume and two recommendations to Superintendent Stacy Buckley at sbuckley@sau4.org. Questions should be directed to Peter Cofran, AD, at pcofran@sau4.org or 744-6006, x1507.



JOSHUA SPAULDING

Mackenzie Ryan slides in with a run during her team's win over Belmont last week.



JOSHUA SPAULDING

Amanda Johnston races around third on her way home during Newfound's game with Belmont on May 8.

Big bats power Bears by Belmont

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound softball team had a goal of finishing 12-4 when the season starting, looking at the opponents and the possible wins.

When they lost games earlier in the season that they had counted on winning, coach Corey Johnston told his girls it was important to get wins against teams they weren't expecting to beat.

The Bears did just that on Monday, May 8, as they rallied from a sixth-inning deficit and

held off a furious rally in the seventh to defeat Belmont by a 14-13 score.

"We're back on track for the goals from the beginning of the season," Johnston stated. "Trying to get the program back on track takes time and I think we're on the right track."

"This was a big win for us," the Bear coach added. "That was an all-around good game, the first really good team we've faced and we beat."

Belmont opened up with a run in the first inning against starter Amanda Johnston, tak-

ing advantage of a pair of hits to plate a run, but the senior got out of any further trouble.

The Bears then took to the plate with their normal gusto in the bottom of the first inning.

With one out, Hayleigh LeTourneau worked a walk and base hits from Johnston and Ashlee Dukette tied the game at one. A double steal by Dukette and Johnston plated another run and after Mackenzie Ryan reached on an error, Julianne Marchand had a base hit to drive in another run. Kasey Basford reached on an

error to drive in another run and Victoria Roman singled, but the Bears couldn't put another run on the board and the inning came to a close with Newfound up 5-1.

A Dukette triple was key for the Bears in putting up two more runs in the third inning and they took the 7-3 lead to the bottom of the fourth, where they added three more runs.

Johnston worked a walk with two outs and after a Dukette base hit, Ryan drove in one run for an 8-3 lead. Marchand then followed with a two-run double to give

the Bears the 10-3 lead.

Belmont battled back in the top of the fifth inning, closing the gap by four, taking advantage of an error and five hits in the inning, cutting the deficit to 10-7.

After the Bears went in order in the bottom of the inning, Belmont took the lead in the top of the sixth inning. The Bears helped the Raiders out with a couple of errors and it was 10-9 when Ryan replaced Johnston in the pitcher's circle. One out later, a two-run homer put the visitors on top and then an in-field hit and bloop double sent the Raiders out to a 12-10 lead.

Newfound came through with hits from LeTourneau, Dukette, Ryan, Marchand, Basford and Roman sent the Bears back on top with four runs for a 14-12 lead.

Belmont was able to get their 13th run in the top of the seventh and were threatening to tie the game with a runner on third base. Dukette's pickoff throw went wide and the runner broke for home. Johnston was backing the play up from her shortstop position and was able to fire a strike to Dukette to record the final out of the game.

"The team can hit, from the top down," Johnston noted. "They had a bad inning in the sixth, they could've hung their heads, but they came right back and scored."

"I'm really impressed with the girls," Johnston said. "As they get confidence, they can put it all together."

The Bear coach noted he was seeing some errors, but also pointed out that the team is more

than capable of making up for it with the big bats.

"We found out where we stand today," Johnston continued. "Now we know, we can compete."

The Bears finished the week with a split of two games, falling to Berlin on Tuesday, May 9, and defeating Laconia on Wednesday, May 10.

In Berlin, the hosts got three runs in the first inning against Basford and then got a homer off of Johnston in the second inning to make it a 5-0 game after two. The Bears got on the board in the fifth. Ryan led off with a walk and Marchand moved her up with a fielder's choice. Basford's single plated the first run. Berlin came back and scored a run of their own in the bottom of the inning. Johnston had a homer in the sixth inning to account for the rest of the scoring in the 6-2 loss.

Newfound took care of business 14-0 at home against Laconia.

Ryan struck out three, walked one and gave up one hit over five innings. Marchand had three hits including a grand slam in the second inning and a double in the fourth. Bethany Basford also had a hit and Hannah Eastman at second and Haleigh Pabst at shortstop both turned in strong defensive plays.

The Bears will be in action on Saturday, May 20, at Raymond at 10:30 a.m. and will be hosting Berlin on Monday, May 22, and Stevens on Wednesday, May 24, both at 4:30 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Miles for Smiles 5K set for June 10

PLYMOUTH — The seventh annual Miles for Smiles 5K Community Run/Walk is Saturday, June 10, at 9 a.m., with registration at 8 a.m. The race takes place at 100 Smith Bridge Road in Plymouth and registrations received by June 9 will receive a \$5 discount off the \$25 registration fee. Register by May 10 to receive a free race shirt, additional shirts will be avail-

able for purchase on race day.

Register online at: <https://g2racereg.webconnex.com/smile-5k2017>

For more information or to register by US mail/check, visit www.lrcs.org.

The Miles for Smiles 5K Community Run/Walk in Plymouth raises much-needed money to provide dental care access for individuals with

disabilities served by Lakes Region Community Services. The race is fast, flat, out-and-back USATF certified course.

Lakes Region Community Services (lrcs.org) is a community-based, non-profit organization that provides services to individuals with developmental disabilities and acquired brain disorders and their families. LRCS serves 1,200 individuals

and families living in Belknap and Southern Grafton counties. Services for adults with disabilities include residential support, resource coordination and employment services. While most services are funded through state and federal Medicaid, Medicaid funds are not available to cover costs associated with dental care for adults over the age of 21.

Junior Legion baseball tryouts are Sunday

ALTON — Alton Post 72 Junior American Legion baseball tryouts will be held on May 21 at Prospect Mountain High School, 242 Sun-

cook Valley Highway, Alton. Registration will begin at 8:30 a.m. and tryouts will begin at 9 a.m. Players ages 13 - 17 who attend Prospect

Mountain, Kingswood, Farmington, Pittsfield, Inter-Lakes, Moultonborough, Belmont, Gilford, Laconia and Newfound are eligible

to tryout.

For more information, contact coach Gary L. Noyes, Sr. at coachnoyes@metro-cast.net or at 393-8349.

OHRV safety course is June 3 in Campton

CAMPTON — The Snowdrifters Snowmobile Club of Rumney will be conducting an OHRV safety course on June 3 at 9 a.m. at the Campton Town Hall at 10 Gearty

Way, Campton. If your child is 12 years old they must pass this course to operate a ATV. Safety is such an important part of this sport. Organizers encourage parents

to also sit in. More information is available from George Wright at 536-1932. Space is limited. If you ride an ATV, you must expect the unexpected out on the

trails. What is the most important thing you should bring with you if you were to go for a ride today? Come to the class and get the right answer.

Track

FROM PAGE B1

jump at 11 feet, 7.5 inches, with Riley Pierce in 14th place at 11 feet, one inch.

Gebhardt finished ninth in the javelin with a throw of 66 feet, two inches, with Alexis Raimondi in 13th at 61 feet, three inches, Brunt in 14th at 56 feet, 10 inches, Manita in 15th at 54

feet, eight inches, Young in 16th at 54 feet, seven inches and Trinity Taylor in 17th at 45 feet, two inches.

The Bears will compete next at the Wilderness Championships, which take place on Saturday, May 20, at 9 a.m. in Gilford.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

The National Domestic Violence
HOTLINE

1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)

WWW.THEHOTLINE.ORG

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2016 SEA DOO GTI SE 155
Brand new condition, only 11 hours!
Warranty. Winterized and garaged all
winter. Lots of GREAT features. Sea Doo
and Sea Doo cover \$8,985.
2016 Yacht Club trailer \$550
603-875-5656

For Sale- Pine pedestal table with 6
chairs. \$125 cash and carry.
Call 536-3231

OLD NH FISH and Game, ca. 1890,
bearing laws, penalties and seasons on
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measures 12"x18" / May be seen at the
Coos County Democrat, 79 Main St.,
Lancaster, NH. Price, \$4; if mailed, \$8.
Call 603-788-4939 or email
liz@salmonpress.news

Events/ Entertainment

FIREARMS TRAINING
Shoot a large variety of handguns
and calibers before making the
decision to buy in our Intro to
Handgun class.
Learn self defense with rifle, pistol or
shotgun.
Women-only courses available.
Courses start in April, call now to sign
up.
www.GoRFT.com
603-636-2167

Barn/Garage/Yard Sale

Cleaning out the attic. House goods,
curtains, furniture Christmas and toys.
106 Needle Eye Rd, Meredith, NH.
May 20th. 8am-3pm. Rain or shine.

MOVING SALE- May 27th, 28th, 29th
9am-4pm. No Early Birds.
8 Serenity Lane, Meredith.

Multi-people yard sale: June 3rd & 4th
From 8-2 New Hampton Village Rt. 132
South: Tools, furniture, books, bottles, art,
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24/7

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I AM LOST!**
MY NAME IS BUDDY
I am a 5 year old, 16 LB. buff colored
male cat. I live on Pinnacle Park Road
PLEASE CALL MY FAMILY AT 279-7000.
Reward if found.

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Meredith News
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\$20 - 2 Weeks
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1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
newhampshirelakesandmountains.com

Deadline:
Monday 10:30 am

Auctions/Antique:

MAY AUCTIONS ON SATURDAYS at
4PM Public Invited to bid on Estate items,
Furniture, Cars, Tools, Coins, Art and
more- Every Saturday in May- viewing
opens after 1PM
Gary Wallace Auction Gallery RT 16
Ossipee NH. see
www.wallaceauctions.com for details-lic
#2735 call 539-5276
email -nhauction@roadrunner.com

Fuel/Wood

FIREWOOD: Cut, Split,
Local Delivery \$200 Green.
Please Call 286-4336

Crafts

Book, Bake, Craft Sale
Friends of the Holderness Free Library's
Annual Memorial Day Sale
Monday, May 29, 9:30am-12:30 pm
Tables available \$20/each. Call library at
968-7066 for more information.
11:00 am Ceremony

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats
\$70-\$85. Dogs at Conway clinic, starting
at \$100. NH and Maine income qualified
plans. Military discounts. Rozzie May
Animal Alliance, a dedicated spay/neuter
nonprofit. Sign up on line
www.RozzieMay.org or call 603-447-1373

Lost & Found Pet:

STILL MISSING!!
SHANE- Shetland Sheep Dog
Lost in Laconia NH on August 27,
2016. 9 year old male, very shy.
Prefers women. **Please do not
chase!** Old or new leads
welcomed! If sited in the area call
1-855-639-5678. Not from the
area- he slipped his collar upon
arriving.

Business/Work Opps.

For Lease
Commercial auto repair facility with
adjacent 3 bedroom, 2 bath house.
Established for 30 years in Melvin
Village, NH. On route 109, on the northern
shore of Lake Winnepesaukee.
Email allen@blazick.com.
510-861-7653

General Help Wanted

Experienced Painters Wanted
Come join our team of experienced
painters. Tired of subcontracting? We are
100% on the books. Please call Sean at
603-455-8370.
Pay is based on Experience.

Holderness Harbor is looking for
motivated people to work this summer.
We are looking for both outside yard help
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Marina at 879 Rte 3 Holderness and fill
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Home Care Providers: Generous and
Unique Compensation Package -
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Lakes Region Community Services is in
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individuals in need of service are very
active in the outdoors and community.
They are very independent with activities
of daily living and hygiene. Ideal providers
will be active, enjoy outdoor activities and
will help foster healthy community
relations.

Our home care providers are expected to
be involved in on-going training and will
be part of a continuum of care in our
established program. Other supports
provided to the individuals include
participation in 30-hours per week
(Monday-Friday) staffed work experience,
bi-monthly skills training groups, regular
team meetings, opportunities to network
with other Home Care Providers. Regular
respite is also included for candidates
interested in this opportunity. Please visit
www.lrcs.org for more information or call
603-524-8811 and ask to speak with the
Shared Family Living Department.

KITCHEN ASSISTANT
Lions Camp Pride seeks reliable 18+
person(s) to assist in all aspects of
kitchen and dining hall operations July
and August early season work possible
call Ted 482 6115

General Help Wanted

Lakes Region Community Services is
seeking a Full Time Program Manager for
the Broader Horizons Treatment Program
in Plymouth. This position will oversee the
daily operations of the community
services provided according to agency
policies and procedures and applicable
local, state, and federal regulations.

Duties include but are not limited to;
Hiring, training, supervising, disciplining
and supporting employees, maintaining
staff and program schedules/meetings as
well as program finances and budgets,
providing direct support services as
needed, ability to administer medications,
ensuring the promotion of health, safety
and support for individuals as well as the
cleanliness and daily operations of the
homes and working with agency
personnel to ensure certification and
regulatory requirements are met. At
times, managers will be expected to
cover shifts and be available during after
normal business hours to address
program concerns and/or provide
support to 2nd & 3rd staff.

Candidates will possess a Bachelor's
degree (preferred) or five years'
experience in the Human Services field,
minimum of two years' experience with
high risk populations, a valid driver's
license, reliable vehicle and automobile
insurance. Ideal candidate will have
experience supporting those with
Intellectual Disabilities and Mental Health
concerns and experience working with
High Risk individuals. Program requires
high energy, flexibility and occasional
week ends. Knowledge of the
community, proficiency in Microsoft Word,
excellent organization and
communication skills are all required.

Please visit www.lrcs.org to apply

MAINTENANCE WORKER NEEDED
FOR BUSY PROPERTY
MANAGEMENT COMPANY IN
WATERVILLE VALLEY. DUTIES TO
INCLUDE LAWN MOWING/
MAINTENANCE, LIGHT
CARPENTRY, PAINTING AND
GENERAL HANDYMAN WORK.
MUST HAVE VALID NH DRIVERS
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PERSON WITH DRIVERS LICENSE.

Movers wanted for busy, high quality
moving & storage business Monday thru
Friday. Competitive wages. This is a
physical job and heavy lifting required.
Apply in person at 12 Hitchner Rd.
Plymouth NH office hours Monday thru
Friday 8am to 4pm. References required.

Mulligan's Taproom & Eatery is
currently looking for hard-working,
outgoing, and positive staff for the
upcoming summer season. We are
currently seeking cooks, dishwashers,
bartenders and servers to work in our fast
paced restaurant in the heart of Waterville
Valley.

We look forward to having you on our
team!

All interested parties should please
respond to;
Chris Rollins, Kitchen Manager
(603) 236-3669, or
email chris@mulliganllc.com

Outside Maintenance and Toll Booth
help needed for Livermore State
Forest in Holderness.
Full-time/Part-time Seasonal
744-2197 (8am-3pm)
Charles.cormier@dred.nh.gov

SANBORNTON POLICE DEPARTMENT EMPLOYMENT OPPORTUNITIES

FULL AND PART TIME POLICE
OFFICER

The Sanbornton Police Department is
seeking intelligent, motivated
applicants, for the positions of Full
Time and Part Time Police Officer.
A full or part time New Hampshire
police certification is preferred, but
not required. Candidates will have to
successfully complete all physical
agility, background, and other
requirements the positions require.

Applications will be accepted until
June 2nd, 2017 and may be obtained
at:

Sanbornton Police Department
565 Sanborn Road
Sanbornton, NH 03269
(603)286-7116

The Town of Sanbornton is an equal
opportunity employer.

General Help Wanted

SUMMER CASHIERS!
The Old Country Store, Moultonboro
Full and Part time available. Must
be able to add, count back change,
personable, reliable and trustworthy.
Call 603-476-5750 M-F or stop in.
Ask for Jo Hayden

Real Estate



Equal Housing Opportunity
All real estate advertising in this
newspaper is subject to
The Federal Fair Housing Law
which makes it illegal
"to make, print, or published any notice,
statement, or advertisement, with respect
to the sale, or rental of a dwelling that in-
dicates any preference, limitation, or dis-
crimination based on race, color, religion,
sex, handicap, familial status or national
origin, or an intention to make any such
preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42
U.S.C. 3604(c))

This paper will not knowingly accept
any advertising which is in violation of the
law. Our readers are hereby
informed, that all dwellings advertised
in this newspaper are available on
an equal opportunity basis.

To complain of discrimination call
HUD toll free at
1-800-669-9777
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HUD at 275-9200.

The toll free telephone number for the
hearing impaired is
1-800-927-9275.

You may also call
**The New Hampshire
Commission for Human Rights**
at 603-271-2767
or write

The Commission at
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Concord, NH 03301

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Apartments For Rent

Meredith- 25C Pleasant Street. 1st floor
with huge deck overlooking the town and
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1 bedroom plus a small 2nd room.
Large living/dining room.
New refrigerator/stove. W/D, oak
cabinets, air conditioner. No pets,
non smoker. \$1075 mo. + deposit.
Includes heat, parking and many extras.
603-867-8678
or 603-622-1940

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Classified ad under Mobile Homes
\$28,995, 2 bed. \$47,995, 28 wide 3 bed,
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Camelot Homes. RT. 3, Tilton NH

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Lake Winnepesaukee Rental: Two
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100 feet of private Lake Winnepesaukee
frontage with sandy beach and large
dock. Pet Friendly.
www.LakesRegionRental.com or call:
518-664-2097



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GIGUERE AUTO 2
315 Laconia Road,
Tilton, NH
603-286-4800

2011 Jeep Wrangler
Unlimited, 6-Speed, Hard Top &
Soft Top
\$22,995

2012 Mercedes Benz 300
4matic, Loaded, Backup Camera
\$17,995

2010 Jeep Wrangler
Unlimited, 4-Door, 4x4, Automatic,
Hard Top
\$19,995

2009 Toyota Tacoma
Access Cab, 4-Door, 4x4, 5-Speed
\$13,995

2006 Nissan Frontier
LE, Crew Cab, 4.0L, Automatic,
V-6, Loaded
\$9,995

2015 Hyundai Sonata SE
4-Door, Automatic, Loaded, Black
Beauty
\$13,995

2005 Nissan Frontier LT
Crew Cab, 4-Door, 4x4,
6 Cylinder
\$11,995

2009 Ford Ranger
Super Cab, 4x4, Automatic
\$12,995

2001 Dodge Dakota
Ex-Cab, 4x4, Automatic
\$5,995

2008 Ford F-150
Reg. Cab, 4.2L, V-6, Automatic,
A/C
\$8,995

2013 GMC 1500 SLT
Cab, 4x4, 4-Door, Leather, Z-71
\$28,995

2014 Chevy 1500
Double Cab, 4-Door, 4x4, Loaded
\$25,995

2010 Ford F-150
Super Cab, 4-Door, 4x4
\$14,995

2012 Toyota Tundra
Double Cab, 4-Door, 4x4,
Loaded, 5.7L
\$25,995

2012 Ford F-150
Super Crew, 4-Door, 4x4, Loaded
\$19,995

2005 Toyota Tundra
SR5, Access Cab, 4.7L, Loaded
\$13,995

2014 Ford F-350
Super Crew, 4-Door, 4x4, Lariat,
Leather
\$38,995

2014 Dodge Ram 2500
Heavy Duty, Reg. Cab, Loaded,
8-Ft Bed
\$15,995

2006 Ford F-450
Crew Cab, 4-Door, Dump Truck
\$14,995

2013 Chevy 2500 HD
Ex-Cab, 4-Door, 4x4, 6.0L,
Loaded
\$28,995

Jumbo Yard Sale

Lake House Liquidation house furniture,
patio furniture, great stuff for cottages.
Window AC's, tons more, don't miss out.
Sat May 27th 8am to 4pm. Rain or Shine
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AUG 2011

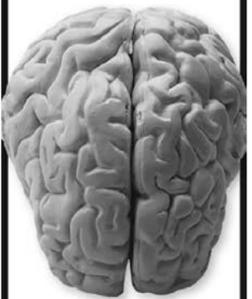


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Hurricane Irene look like?
Any other day.

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AFFECT
A TEEN'S
BRAIN?**



**THINK
AGAIN.**

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Help Wanted

Laundry Attendants

Position entails washing, drying, folding, weighing, carrying and logging stacks or bags of sheets, towels and occasionally blankets. Bags can weigh up to 20 lbs.

Daytime hours, summer weekends a must.

Competitive wages.

Housekeeping positions also available.

Apply in person or via email at susan@loonres.com.
Susan Chenard
Loon Reservation Service
PO Box 785, 264 Main Street #12, Lincoln NH 03251
(603) 745-5666 ext. 212

GROTON POLICE DEPARTMENT

PART TIME POLICE OFFICER

The Groton Police Department is seeking applications for a Part Time Police Officer. Preference will be given to those applications who are New Hampshire Certified Police Officers, but will train the right person if selected. Weekends and nights a must. Hourly pay will depend on time on the job and experience.

Please submit your resume to the Groton Police Chief, Ernest Thompson Jr., at 754 North Groton Road, Groton, NH 03241 or fax to (603) 744-7894.

For more information call the department business line at 603-744-3703.

Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

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Heavy equipment use, repairs of equipment and trucks, knowledge of municipal law for roads necessary.

If interested please contact the Town Office.

TownofDorchester@gmail.com
Phone #: (603) 786-5095

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Daytime Shift, Benefits include vacation, sick and holiday pay, insurance, credit union, 401(k) plan.

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Please send letter of intent, resume, certification and recommendations to:

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Plymouth Elementary School
43 Old Ward Bridge Road
Plymouth, NH 03264
jflynn@pemibaker.org

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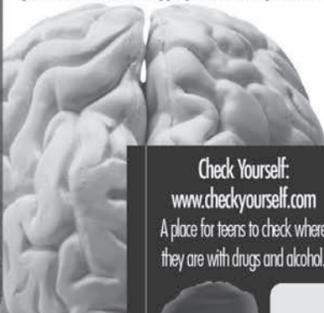
Directions: I-93 Exit #23, Right for 1/2 mile, left at post office for 800' 603-387-7463

ACT AGAINST ABUSE!



Help your child to choose friends wisely

Get to know your child's friends and their parents. Discuss your no-alcohol rule with the parents and enlist their support. Ensure that teens and their friends have planned activities with appropriate adult supervision.



Check Yourself:
www.checkyourself.com

A place for teens to check where they are with drugs and alcohol.

Confidential,
24 hour
211

Friends and peers

The single most predictive risk for underage drinking is if your child's peers drink. Encourage your kids to choose friends who support your family values and no-alcohol rules.

Students with high-refusal-assertiveness skills are less likely to drink underage. Find good ways to say "no" and practice them often in role-play situations. Some ideas are:

- "No thanks. Drinking is not my thing."
- "No thanks. I need all the brain cells I've got."
- "No thanks. I've only got one brain. Why would I want to trash it?"
- "No thanks. Drinking before your brain is developed can dumb yourself down."

If there is alcohol at a party, LEAVE.

Keep your social environment alcohol-free.



Peers

Children often think that other people their age are drinking and smoking regularly, but most are not.

The Law

Furnishing or supplying alcohol to a minor is a criminal offense-punishable by a \$2,000 fine and 12 months in jail.

Buying or supplying tobacco to anyone under 18 is also a punishable offense

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BEST SELLING CAPE IN NH!	\$73,995 36x28, Sunny Cape!	\$109,995 36x28 Ranch, Roman Spa Bedroom, Irresistible Kitchen!	\$111,995 2000 Sq. Ft. 2 Story
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