

Gilford Steamer

THURSDAY, OCTOBER 12, 2017

GILFORD, N.H. - FREE

Winter Farmer's Market returns on Saturday

BY ERIN PLUMMER
mnews@salmonpress.news

The Winter Farmer's Market is coming back on Saturday with a few extra events to help out kids.

The Gilford Winter Farmer's Market will start its second season on Oct. 14 at the Gilford Youth Center.

Last weekend, the Thompson-Ames Historical Society's summer market wrapped up for the season.

"They had a successful season up the road," said GYC director Scott Hodsdon.

The winter market started last year as a fundraiser for the GYC. Gilford Community Church pastor Michael Graham also wanted to continue the community spirit of the farmer's market in the winter.

"It's more than just a market, it's a com-



Winnepesaukee Woods Farm owned by Aaron Lichtenberg will be back to the Gilford Winter Farmer's Market, which starts a new season on Saturday.

FILE PHOTO

thing else. Hodsdon said this gives the kids the chance to be entrepreneurs.

The kids will be able to keep the money they make. He said they will also provide a list of charities that the kids can donate to.

"It's another piece to the whole Kids Market puzzle that can make it a wonderful experience for them," Hodsdon said.

Hodsdon said as of the middle of last week over a dozen kids have signed up to be part of the kids market. The market is free for kids to take part in. Sign-ups are still open on the GYC Web site, www.gilfordyouthcenter.com.

Hodsdon said it is an amazing feeling "just to see the kids' faces when they create something." The kids will also be handling money and doing "the things that come with running a small business."

Saturday is the only scheduled Kids Farmer's Market, though Hodsdon said they

SEE MARKET PAGE A11

Area transportation council seeking members

BY ERIN PLUMMER
mnews@salmonpress.news

A regional transportation committee is looking for communities and volunteers to help come up with ideas for expanded transportation options.

Larisa Djuvelek-Ruggiero, Regional Mobility Manager for the Mid-State Regional Coordinating Council, spoke with the Gilford selectmen during their meeting on Sept. 27 about community transportation in the central part of the state.

The aim of the Mid-State Regional Coordinating Counsel is to provide community transportation services and information to communities in Belknap and Merrimack Counties (excluding Hooksett) as well as Hillsborough and Deering in Hills-

borough County. The organization has numerous community organizations as partners.

Djuvelek-Ruggiero said she was not asking the board for any money, but to raise awareness of the organization and its efforts to bring transportation to the region.

A statewide coordinating council was formed through legislation in 2007 and created the Mid-State RCC in 2009. The state council asked the regional councils to put together their own plans to address transportation needs in each of their areas. Djuvelek-Ruggiero said in 2009 the Department of Health and Human Services became involved and worked to coordinate transportation based on area hospitals.

SEE TRANSPORTATION PAGE A11

munity social event," Hodsdon said.

So far, they have a variety of different vendors, including people selling meats, vegetables, crafts, and many more. Gilford Farmer's Market sta-

ple Winnepesaukee Woods Farm of Alton will be returning to the market along with many others.

"I think it was a success last year being the first year," Hodsdon said. "We hope to

continue spreading the word and get people here."

In addition to the market on Saturday, there will be a Kids' Market when kids can sell baked goods, arts and crafts, and any-

Dinner held celebrating veterans' organizations

The expansive apple orchards and the lake and mountain vista of Gilford's Stone Brook Hill Farm provided the perfect backdrop recently for a dinner to benefit two veterans' support groups. Stone Brook Hill Farm celebrated veterans for the month of October with a dining event at the farm introducing the Home Base program and Camp Resilience to members of the community. Mary and Tony Balsamo, long-time supporters of veterans' causes hoped that the understanding of the needs of returning veterans and camaraderie of the evening would help foster more financial and other support for these organizations.

The Red Sox Foun-



COURTESY

Clockwise upper left, Home Base CEO Mike Allard addresses the diners. West Point classmates and retired Army Officers Kurt Webber (left) and Brian Concannon enjoying the craft beers available. Some of the dinner guests enjoying the Balsamo's hospitality. Stone Brook Hill Farm owners Mary and Tony Balsamo (left and center) are pictured with their daughter Nicole Nielsen and (right) former farm owner Brenda Stowe and her husband Steve Bauer.

Bean hole bean supper tradition returns to Gilford

A local tradition returns to Gilford once again on Oct. 21. The annual Harvest Supper put on by the folks at the Methodist Church on Route 11A is not to be missed! Whether you love a good old fashioned boiled dinner of corned beef and cabbage, are particularly fond of homemade apple and pumpkin pie or just have to have the finest in baked beans, this dinner offers something for almost everyone.

For more than 40 years now, the mem-



A local tradition returns to Gilford once again on Oct. 21. The annual Harvest Supper put on by the folks at the Methodist Church on Route 11A is not to be missed!

bers of the congregation have been putting this dinner on every

year in the early fall. They work hard to make the fellowship

hall come alive with autumn colors and the

dation and Massachusetts General Hospital's Home Base Program is a partnership between one of Major League Baseball's premier team charities and one of the best academic medical centers in the country. As explained by Home Base, the program is a "public private partnership that works closely with the Veterans Administration and the Department of Defense

to improve the lives of veterans and families who have been impacted by the invisible wounds of war through clinical care, support, research, education, and peer-to-peer outreach."

The mission of Camp Resilience, based in Gilford, is to provide sustained, comprehensive programs to help wounded warriors recover their physical, SEE VETERANS PAGE A11

COURTESY

SEE BEAN HOLE PAGE A11

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

Once upon a time making things yourself was common place. Then, automation rained on the parade, and people just bought what they needed. Now, making things is coming back strong as people are tired of lousy products and waste. We are in the midst of the 'Maker' revolution!

Let's exaggerate some pros and cons of making things yourself. Pro: You get to make something how you want it, not how some product engineer designed it. Con: You have to go to Michaels, which is a mad house. Pro: You can actually get all your materials online, if you like, and there are millions of fabulously detailed and useful how-to guides. Con: It takes a bit of effort. Pro: Making things is fun, gives you a sense of pride, and makes the item so much more valuable to you. Con: You have to learn something. Pro: You learn a lot.

Gilford is full of makers. One visit to the farmer's market will prove that. Talk to Wendy Oellers, who frequently helps children to make fairy houses or jewelry. Ask Molly Harper, the ceramic artist with a knack for figuring out crafts of all kinds. Chat with Kayleigh, who combs Pinterest and other librarian resources for easy, inexpensive crafts to help patrons learn. In the next month she will host Glass Etching, as an example. Teens make crafts and food frequently, with Candy Apple Pops being the next project. Kids have something new almost every week with Abi and the Tuesdays at the Library club, and BYO Pumpkin Carving is right around the corner.

If you find yourself with the maker bug, stop by the library for

ideas. Makers meet at the library all the time. Fiber Friends, Knit Wits, Nightly Knitting, and Photography Club all meet regularly to work on their craft. They are quite welcoming if you are looking for inspiration. 'Make Magazine' is a great resource we have for current projects, especially tech related DIY adventures. 'The Big Book of Makerspace Projects' by Colleen Graves is a great place to look for ideas, especially if you want to do something with the family. For younger families, the Children's Room has several books loaded with useful and educational projects.

Technology is making making easier. With the ease of finding quality designs and guides, the availability of niche materials, and the motivation of having others making with you, now is the time to try your hand at making!

Classes & Special Events Oct. 12 to Oct. 18

Thursday, Oct. 5
Play and Learn, 10:30-11:30 a.m.

Join Maria for this directed playgroup for preschoolers. We'll read, sing, and practice various early learning skills through play. Sign up required.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Table Toppers, 2:30-3:30 p.m.

Teens can play games at the library every Thursday after school!

After School Storytime, 3:15-4:15 p.m.

For preschool through kindergarten with caregiver. Drop in. Must be a GPL cardholder.

Conversational French, 4-5 p.m.

Friday, Oct. 6
Preschool Storytime, 10:30-11:30 a.m.

Stories, songs, and a craft! Ages three to five

with a caregiver, sign up required.

Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Oct. 9

Fiber Friends, 10 a.m.-12:15 p.m.

Mahjong, 12:30-3 p.m.

Lego Challenges, 3:15-4:15 p.m.

Join us for a new challenge every week! K - fourth grade

Tuesday, Oct. 10

Baby and Toddler Storytime, 10-10:30 a.m.

Stories, songs, lap bounces, puppets and more! Children up to age two and their care-

givers. Must be a GPL cardholder for this drop-in program.

Preschool Storytime, 10:30-11:30 a.m.

Stories, songs, and literacy activities. Children ages three to five and their caregivers. Must be a GPL cardholder for this drop-in program.

Bridge, 10:30 a.m.-12:30 p.m.

Tuesdays @ the Library: Worry Dolls, 3:15-4:15 p.m.

Tuesdays @ the Library is our new elementary after school program. All sessions include a book and activity. We meet three times/month, and the third time each month will be a special volunteer @ the library

day that will include a great snack. Sign up for one or for all! This session we will be making worry dolls out of clothespins and yarn. We will learn a little about tradition too. Ages K-4, younger ages need caregiver help/supervision.

Book Bites, 5-6:30 p.m.

This month's theme is Tex-Mex! Sign up required, cost is \$5.

DIY Glass Etching, 6:30-7:30 p.m.

Personalized drinking glasses, ornaments, housewarming gifts, and more! The library will be hosting a glass-etching class. We will provide all necessary materials (etching creams, vinyl stencils,

and glass vases, cups, plates, etc). Bring your own glass item, if you want! Cost is \$5, sign up at the circulation desk.

Wednesday, Oct. 11
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon
Teen Early Release, 12:30-1:30 p.m.

Teens can learn to spruce up their costumes with makeup and cosplay tips during this early release.

Elementary Early Release Reading Buffet, 1:30-2:30 p.m.

Read, eat pizza, and read some more at this elementary early release event. Ages K-4.

Free community emergency response class begins in April

LACONIA — Are you prepared for an extended power outage, a fire in your home, or perhaps a medical problem requiring immediate attention? Have you ever learned how to handle that fire extinguisher in your kitchen closet or the one in the garage? Do you know what to do when someone is bleeding, choking, having a stroke or heart attack? Would you like to learn more about what goes on when the police or fire personnel are called to search for a lost individual? You can learn all this and more by signing up for a free Community Emergency Response Class. Topics to be covered include Disaster Preparedness, Fire Safety, Disaster Psychology, Safety Strategies Involved in a Terror Attack, Incident Command Systems, Light Search and Rescue and First Aid/CPR. All these topics are taught by local first responders and experts from the field who serve as guest instructors.

On successful completion of the course, graduates may apply to the Lakes Region Community Emergency Response Team, LR-CERT, which is sponsored by the Partnership for Public Health and serves many local communities. CERT members then receive additional training in classes that support our units



COURTESY

Are you prepared for an extended power outage, a fire in your home, or perhaps a medical problem requiring immediate attention? Have you ever learned how to handle that fire extinguisher in your kitchen closet or the one in the garage? Do you know what to do when someone is bleeding, choking, having a stroke or heart attack? Would you like to learn more about what goes on when the police or fire personnel are called to search for a lost individual? You can learn all this and more by signing up for a free Community Emergency Response Class.

of Traffic Control, Shelter Management and Animal Response, fire rehab, and emergency communications. CERT members support emergency response agencies and can assist others in their neighborhood, town or workplace. Recently, LR-CERT members established a shelter in Moultonborough

providing comfort for people who had to leave their homes after the devastating March blizzard. LR-CERT also provided traffic control for participants at the Winni Dip and the Sled Dog Races.

The next class session will be offered free of charge at the Laconia Central Fire Station beginning Oct.

26, on Thursday evenings, and will continue weekly for four weeks. Those interested should call Kathleen Merriam at the Partnership for Public Health, 528-2145, or email to kmerriam@ppnh.org. You may also learn more about CERT by going on-line to <http://www.citizen-corps.gov/cert/>.

Gilford Public Library Top Ten Requests

1. "Glass Houses" by Louise Penny
2. "Haunted" by James Patterson and James O. Born
3. "Trace" by Archer Mayor
4. "The Cuban Affair" by Nelson Demille
5. "A Gentleman in Moscow" by Amor Towles
6. "Before We Were Yours" by Lisa Wingate
7. "Crime Scene" by Jonathan Kellerman
8. "The Good Daughter" by Karin Slaughter
9. "A Column of Fire" by Ken Follett
10. "Camino Island" by John Grisham

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Trip will give GHS freshmen an up close look at world history

BY ERIN PLUMMER
mnews@salmonpress.news

Members of Gilford High School's freshman class will get a first hand look at art

and artifacts with an upcoming trip aimed at giving students a global perspective of history.

On Oct. 17, freshmen

will travel to Boston and spend a day at the Museum of Fine Arts as part of their history classes.

Teacher Anna

Barksdale said the freshmen are studying European history. This year, the teachers wanted to broaden that focus to how other

parts of the world influenced the history of Western Europe. She said they will focus on how Western Europe developed in the con-

text of the rest of the world.

Special focus is going on Ancient Egypt and the Silk Road, the major trade route from East Asia to the Mediterranean.

"Our class up until this point has been pretty much exclusively covering Western [Europe]," said teacher and Social Studies Department Team Leader Corey Nazer.

Social studies teachers at GHS recently overhauled the entire freshman history curriculum. Barksdale said they are focusing on historical bias and adding more perspectives than might have been used before.

Barksdale and Nazer said the students are also focusing on inquiry and analysis, where they analyze the source material and cause and effect relationships. This work goes along with the shift to competency-based learning, seeing what skills students should have by the time they finish

SEE HISTORY PAGE A11

GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE
Director

Gilford Parks and Recreation

Adult Pick-up Basketball begins on Thursday, Oct. 12

The Gilford Parks and Recreation Department is sponsoring a Pick-up Basketball program for adults ages 18 and up, every Thursday evening from 7-9 p.m. in the Gilford Middle School Gymnasium. This program will begin on Oct. 12 and runs through the Nov. 16 (no program on Nov. 9). There is a \$2 fee per participant, per evening. This program is open to any interested adults and no pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722

Senior Strides weekly walking program on Wednesday mornings

The Gilford Parks and Recreation Department and Gilford Youth Center are co-sponsoring a weekly walking program for senior adults on Wednesday mornings from 9-10 a.m. at the Gilford Youth Center beginning October 11th. Participants can track their progress or just walk for fun and socialize with friends. Weather permitting; there may be an option to walk outside through the village as well. There will be plenty of chairs available to take a break as you wish and coffee, tea and water will be provided. A \$1 donation is sug-

gested and fees will go towards monthly raffles and prizes.

For more information, please contact the Parks and Recreation Department at 527-4722

Gunstock Ski/Snowboard Program registration deadline Nov. 1!

The Gilford Parks and Recreation Department is sponsoring a four-week learn to ski/snowboard program to be held at Gunstock Ski Area for Gilford children in grades K-6. This program will be running from 4:30 - 8 p.m. every Tuesday from Jan. 2 - Jan. 23. There is also rental equipment available to those who need it. Registration deadline is Wednesday, Nov. 1.

For more information, please contact Parks and Recreation Director, Herb Greene at 527-4722.

Coed Adult Volleyball continues on Tuesday evenings

The Gilford Parks and Recreation Department is sponsoring a pick-up co-ed volleyball program for adults ages 18 and up, to be held every Tuesday evening from 7 - 9 p.m. in the Gilford Middle School Gymnasium. This program runs each Tuesday through the spring. There is a \$2 fee per participant, per evening. No pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722.

Boston Celtics bus trip scheduled for Feb. 26

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the Memphis Grizzlies on Monday, Feb. 26. Cost of the trip is \$120 for lower level Loge seats and \$70 upper level balcony seats and includes round trip motor coach from Gilford or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m. and the Belmont Park & Ride-share (Route 106) at 5:15 p.m. You will have time to visit the pro-shop and get dinner on your own prior to the game. Our seats are in section #19 (Loge) and #310 & #311 (Balcony) for the 7:30 p.m. game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.

Senior Moment-um Programs

Senior Moment-um Guest Chef Program - Monday, Oct. 16

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Oct. 16. We will meet at the Community Church,

Fellowship Hall at 9 a.m. for a program with our favorite guest chef, Grace Herbert! Grace will be teaching us the recipe for her homemade applesauce and each participant will get a small sample to take home! Coffee, tea, and water will be provided! Participants are asked to please RSVP by Friday, Oct. 13.

Senior Moment-um Blood Pressure Screening, Lunch and Presentation by VNA - Monday, Oct. 23

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Oct. 23. We will meet at the Community Church, Fellowship Hall at 11:30 a.m. The Lakes Region

VNA will be sponsoring a blood pressure clinic/screening for any interested participants. Following these screenings at approximately noon, we will be serving a lunch of beef stew, rolls and butter. After lunch, Mary Ellen McCormack, Nurse Liaison for the Lakes Region VNA will hold a brief presentation covering the variety of services and resources available through the VNA. The cost for lunch will be \$3 per person and coffee, tea, and water will be provided as well! Participants are asked to please RSVP by Friday, Oct. 19.

For more information or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

Gilford, Laconia Historical Societies to hold joint meeting

What was Middle and High School like for Gilford and Laconia students for those graduating in 1952? Or should I say, for those graduating from Junior High and Senior High in 1952? Come to the joint meeting of the Laconia and Gilford Historical Societies on Monday, Oct. 16, at the Laconia Fire Station's conference room at 7 p.m. Parking is available across the street at the Opeeche Park.

The class of 1952 will be presenting the

program describing what school was like 65 years ago; a living history presentation that will be both educational and humorous as told by former students from Gilford and Laconia who still live in the area. For the young, learn what school was like 65 years ago and compare it with your school days. For the children of those students, learn about your parents teenage school years, were they "serious students", did they have fun, or get into

"mischief?" For those interested in the history of education, come and compare their memories with your memories of your high school days. The class of 1952 holds annual reunions where they delight in sharing memories of their school days and they will be sharing their memories with the audience.

The program is free and all are invited, come, ask questions, and share the refreshments.

Seeking Women to join a local chapter of Womenade, serving the men, women, and children of Tilton, Sanbornton, Belmont, and Northfield. Womenade provides emergency financial assistance. The idea is simple, the impact is immeasurable. Have fun, make friends, do good. Contact Susan at winniwomenade@gmail.com

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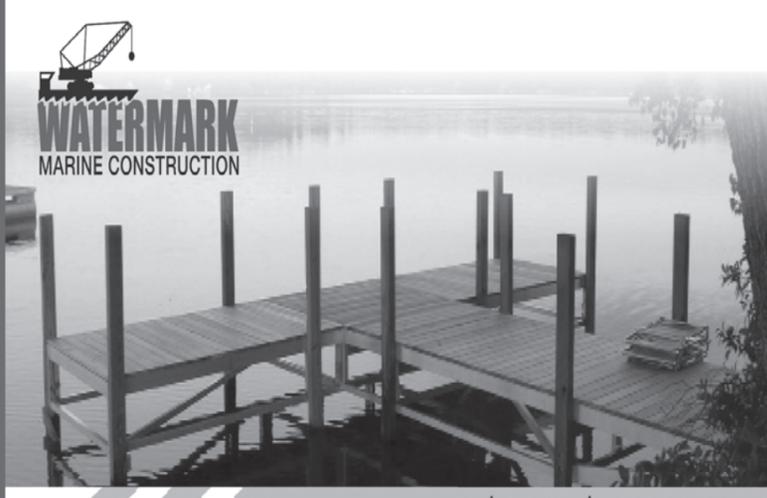
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Pet of the Week: STRATEGIES FOR LIVING

Suzy



It happens quite often at New Hampshire Humane Society; surrender of animals due to their, or their owners advancing years and ill health. In the case of Miss Suzy, she is hardly a geriatric, she is not even in the double digits yet, age-wise, but her owner was suffering serious health problems and could no longer care for this sweet little black cat.

Suzy led the quiet life prior to arriving at the shelter in April, yes she's been waiting far too long for a new home. That sheltered former life has meant residing at our animal welfare agency has been a bit of a shock to the system for such a reserved, quiet little feline, Suzy hides under her blanket, perhaps thinking the next time she pops her head up, she might find her-

self home again. Six months really is too long to live in hope, and have your dreams dashed every day, as the adopting public move on past your cage to other, more photogenic cats!

Let not the syndrome of her coat colour stand in her way a moment longer, black cats are special, they are physiologically sound, look amazing lounging in summy spots around the house. Neither do we wish to compartmentalize the ideal home for her, surely a cat lover will look at Suzy's petite face and fall in love.

Shelter is open Tuesday/Thursday/Friday/Saturday/Sunday.

Plenty of time to visit.

Call 524-3252 to find out more about Suzy or check www.nhhumane.org.

BY LARRY SCOTT

What do you do with a son who is too impatient to wait until you die to inherit ... so asks for his inheritance now, then runs off and

spends it all on parties, prostitutes and passionate living? Sound familiar? Indeed, human nature has never changed and the story has been repeated

many times ... but this story is an ancient one, and comes from Jesus Himself as found in the Gospel of Luke, Chapter 15.

As often happens,

when the money ran out so did the friends. Alone and abandoned, tending a herd of swine just to survive, he took a good look at himself

SEE STRATEGIES PAGE A12

FROM OUR READERS

Thank you for a successful energy forum

To the Editor:

I would like to thank Chris Wald & Mark Billings from Interlakes High School who hosted the most recent Community Forum event: Belknap County Energy Forum—Acting Locally, Thinking Globally. The forum began with Chris and Mark giving a tour of their facility, proudly showing-off their photovoltaic solar array that provides for most of the school's electricity demand; and their wood pellet burning biomass plant that uses locally sourced low-carbon fuel to heat the school.

This is the second in a series of educational forums organized and sponsored by the Belknap County Democrats (the first dealt with the topic of education in New Hampshire, and was held at the Lakes Region Community College earlier this year). The energy forum was co-sponsored by Resilient Buildings Group, Revision Energy, New Hampshire Sustainable Energy Association, and the New Hampshire Sierra Club.

I would also like to thank the great line-up of speakers that covered the issues surrounding energy, sustainability, our changing climate and what can be done at the local, individual level to take on these challenges. Brianna Brand from the New Hampshire Sustainable Energy Association discussed energy policy and incentives that are available for energy conservation and to make the switch to clean, renewable energy. Dana Nute from Resilient Buildings Group offered case studies of comprehensive energy upgrades at the commercial/municipal level; while Elijah Garrison from Revision Energy focused on the success of solar energy in New Hampshire, and how homeowners can make the switch. These cost-effective changes save a great deal of money and help to protect the environment, and with more than a hundred commercial/municipal facilities switching to biomass in NH, and a multitude of solar project installations throughout the state, conversion to renewable energy is the new normal. Catherine Corkery from the New Hampshire Sierra Club followed up with a discussion on the importance of acting locally, and the impact that local action can have on the global environment and our changing climate. The event concluded with a question and answer period with the audience participating in a robust discussion of the challenges and potential solutions, as well as the need for immediate action. Participants left with many handouts of information including a list of ten local actions they can take:

- 1) Get involved with your Local Energy Committee/Commission. If there is no committee in your community, organize to establish one.
- 2) Get in touch with your legislators at the State &

Federal level. On election years, research candidates' platforms, and get out to vote. Your vote does make a difference.

3) Go to: www.gencourt.state.nh.us to find current bills in front of the New Hampshire State Legislature and make an effort to either testify in person when a bill comes up for a hearing; or call/email (calling is usually more effective than email) your local State Representative/Senator and ask for their position on bills that are of concern. Voice your position and urge your legislator to take your point of view into account when the bill comes up for a vote.

4) Join Plymouth Area Renewable Energy Initiative. Go to one of their Energy Raisers, where you can learn how to install renewable energy systems yourself.

5) Attend the annual Local Energy Solutions Conference and other educational forums to learn the latest technologies, policies, and incentives.

6) Tour other project installations to learn of the different options that are available, and which options might be best suited to your situation.

7) Avail yourself to the expertise of local installers/efficiency professionals to explore potentially viable projects that you are considering, and assess the project's cost effectiveness.

8) Hire a Certified Building Analyst to conduct an energy audit. Whether at your residence, business, or municipal buildings, an energy audit can inform you of the possibilities by identifying inefficiencies in your building.

9) Visit the Web site www.dsireusa.org to learn about the current incentives that are available for residential, commercial, and municipal energy related projects

10) Set goals/celebrate successes. As they say, "the cheapest energy is the energy that you don't use". Consider a combination of energy-efficiency measures AND renewable energy. Clean, renewable, sustainable energy is the direction of the future. Let's not get left behind. The quality of life on our planet depends on us taking action.

Look for upcoming events that the Belknap County Democrats are organizing on the topics of "fake news," economic development, and healthcare. These forums are open to the public, with the intent of answering questions that folks have on these complicated topics, and to encourage discussion and local action on the challenges we are facing.

Ian Raymond
Laconia

Now is your chance to weigh in on the DOT's Ten-Year Plan

To the Editor:

On Aug. 23, the Department of Transportation presented the Ten Year Highway Improvement Plan to the Governor's Advisory Commission on Intermodal Transportation (GACIT). The GACIT committee is made up of five NH Executive Councilors and the Department of Transportation (DOT) Commissioner.

The Executive Council initially set up 19 public hearings, which has now grown to 24 hearings. In District 1, public hearings have taken place in: Errol, Berlin, Conway, Lebanon, Littleton, Plymouth, Laconia and a joint meeting in Rochester. The only remaining public hearing left in District 1 is in Claremont on Oct. 23. Each Councilor is responsible to preside over each hearing within their District.

The hearings are an opportunity for the Executive Councilors, and the NH DOT to obtain public comment on transportation needs in the region, and specific feedback on the draft 2019-2028 Ten Year Highway Improvement Plan.

Throughout the GACIT public hearings, Peter Stamnas, Director of Project Development, has been making a comprehensive presentation on the Ten Year Highway Improvement Plan to include: GACIT Process Overview, Current State of Infrastructure, Ten Year Highway Improvement Plan Funding Synopsis, Unfunded Needs and Supplement Information Review. After each presentation, the Regional Planning Commissions have provided their input and Regional Philosophy on projects.

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We're looking forward to hearing from you!

Joseph D. Kenney
Executive Councilor District 1
Wakefield



Gilford Steamer

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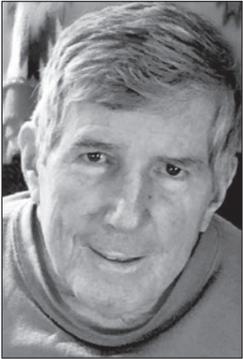
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NORTH COUNTRY NOTEBOOK

Oh sure, write about your dog, who came down on a moon-beam



By JOHN HARRIGAN
COLUMNIST

They say that when you begin writing about your dog, it's time to hang it up and go do something else. What would that be? Put beans up your nose?

But I can't help it, because I am in possession of a dog, or she is in possession of me, who almost finishes my sentences, which is scary.

There is a certain time in the early morning, just after daylight, when a coyote is less likely to grab her as a snack, that she goes out for an extended walk around the premises.



Millie the Wonder Dog, in need of a haircut, basking on the front lawn.

JOHN HARRIGAN

When she comes back, having patrolled the immediate surroundings, she is full of pizzazz, and I toss toys for her, and as my mother would put it, we growl around.

Did she find anything to growl at? Did she find monsters lurk-

ing there at the edge of the woods, and have to bark them back to protect us? Obviously, yes, because we are blissfully bereft of monsters. "Good dog," I tell her. "Good girl, guarding us against all the bad things that are trying to get us." And

then I get her breakfast, which is what it's really all about.

+++++

I was lucky to see two of my favorite birds in one week.

On Monday, while I was driving back

from the Stewartstown side, a pileated woodpecker swooped and dipped across the road, its bright red head sticking out like a traffic light. This is the second-largest in the woodpecker family, second only to the ivory-billed, which I wrote about as having

been rediscovered but was upbraided by some readers who said it hadn't.

Oh, well, so in the interim, until the jury is in, I am well content with the pileated, which is a majestic bird, almost as big as a small crow. According SEE **NOTEBOOK** PAGE A12

Thoughts from the Thrift Shop

News from the Gilmanton Community Church Thrift Shop and Food Pantry

The Gilmanton Food Pantry has much to be thankful for as we continue to reach out to and help those in need within our community.

It is with greatest pleasure that we extend a huge thank you to the Gilford High School Athletics, the football and high school booster clubs, the greater Gilford/Gilmanton communities, the student athletic leadership team, and their Athletic Director/Team Leader, Rick Acquilano, for their participation in the New Hampshire Tackles Hunger food drive.

Your efforts and contributions of nearly \$800 plus 500 pounds of food are a welcome bonus in helping to keep our shelves stocked so that we may continue with our mission of helping others.

In keeping with thanking our greater community at large, we had a very successful Yard Sale in July. To everyone who made donations, helped set up and work that day, and especially to all those who stopped by and found treasures to buy thank you for your support. It is with com-

munity support that the Gilmanton Food Pantry is able to carry out its mission of helping those within our community who are struggling. Thank you!

For those who enjoy shopping at Thrift Stores, we will be offering women's clothing and accessories at 50 percent off during the month of October. All proceeds go to help support the Food Pantry. We also accept donations of gently used clothing.

Gilmanton Food Pantry & Thrift Shop is an outreach program of the Gilmanton Community Church.

Hours: Wednesday, 3-6 p.m. and Saturday, 10 a.m.-2 p.m.

Telephone: 364-0114. Location: 1817 Route 140, Gilmanton Iron Works.

Parking & Entrance: Gilmanton Community Church Parking Lot. Look for a sign that says Harvest Bible Church.

Mailing Address: Post Office Box 16, Gilmanton, N.H. 03237.

Visit us on Facebook at: www.facebook.com/GilmantonCommunityChurch

MARK ON THE MARKETS

Bunch of stuff



BY MARK PATTERSON

It is not uncommon for a potential new client who brings their current investment portfolio into our initial meeting to have multiple accounts with retail mutual funds, stocks and sometimes exchange traded funds. A discussion about diversification is always a part of our meeting. Having multiple mutual funds with different names often provides comfort to the holder of those investments believing that there must be some kind of plan behind the investment choices.

As I've written in the past, I got into this business 22 years ago as a retail broker. I was fortunate to join a conservative firm with some

"old school" brokers that mainly dealt with individual stocks and bonds. There were some mutual funds out there that had very good performance based on the manager's expertise or a sector, such as "banking." There was so much consolidation in the banking industry, that all you had to do was buy a few local banks and they would get bought out at a premium by bigger banks. Average returns in the equity markets were closer to 18 percent than today's five percent. So, if a mutual fund was charging 7 percent commission and one and a half percent fees, you could still make money. Obviously, commissions have come down and fees are slightly less, however fees are still a much greater percentage of the total return than in the past.

I still see far too many "C" class mutual funds in potential client accounts. See class mutual funds have fees that the client doesn't

see unless they know where to look. I have seen "C" class bond funds where the broker and the fund company make more return than the owner of the fund. It is my opinion that selling "C" share classes are not in the client's best interest. The C class mutual funds are often found in brokerage accounts that are commission based whereas the broker added these funds set up an annuity stream of payments for themselves. There are likely "A" class shares that charge an upfront commission and have less internal expense. These fund companies pay incentives to many brokerage firms who sell them called "revenue-sharing". You can see how you could end up with a portfolio made up of a bunch of stuff because that stuff benefits the brokerage firm and the broker, not the client. Brokers or a.k.a. financial advisors have not in the past been required to

act in the client's best interest, but some legislation that has been delayed, but I believe still will happen, will hopefully force brokers from a "suitability" standard to a "fiduciary" requirement.

The problem with having a bunch of stuff in your investment portfolio, is that it has no plan. You could be approaching retirement and need to adjust your portfolio to protect your assets and potentially convert them to steady sustainable income. You may want to use modern portfolio theory to construct a low-cost portfolio of low to non-correlated asset classes that may provide less risk and more return over time. The client must be able to look at their portfolio and understand it's true purpose and objectives.

Mark Patterson is an investment advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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Milton G. Jensen, Sr., 90

Milton G. "Milt" Jensen Sr., 90, of 452 Belknap Mountain Rd. died Friday, Oct. 6, 2017 in his home after a period of declining health.

Milton was born on June 27, 1927 in Hartford, Conn., the son of the late John P. and Marie (Christiansen) Jensen, and was the youngest of ten children. Milt served in the United States Marine Corps during WWII. He returned to Connecticut to complete an apprenticeship at Pratt & Whitney Machine Tool and later worked for Fenn Manufacturing. In 1975, he and his wife, Betty, purchased Boulder Lodge Cottages in Alton Bay, NH. They operated the cottages until 2001, and then moved to Gilford. Milt was very active in the Bolton Congregational Church, Youth Sports and local politics. He held various jobs and positions including snow maker at Gunstock, realtor, volunteer fireman, Vot-Tech instructor, NH State Representative and was a member of



Winnepesaukee Masonic Lodge #75. His many interests included woodworking, boating, hunting, civil war history and spending time with family and friends in his shop.

He is survived by his wife, Betty (Ackerman) Jensen of Gilford; four sons (Milton G. Jensen, Jr. and his wife Connie of Hopkinton, David Jensen of Laconia, Craig Jensen and his wife Diane of Bow, and Mark Jensen and his wife Sue of Gilford); a daughter, Christine Long, and her husband Bruce of New Mexico; one sister, Elna Dimock of Bolton, Conn.; 12 grandchildren (Katie, Sarah, Abby, Debbie, David Jr., Ben, Mike, CJ, Matt, Brian,

Jake, and Kate); several great grandchildren and many nieces and nephews. In addition to his parents, Milt was predeceased by four brothers and four sisters.

There will be no calling hours.

A funeral service was celebrated at 11 a.m. on Wednesday, Oct. 11, 2017 at the Gilford Community Church, 19 Potter Hill Rd., Gilford.

Burial followed in the family plot at Pine Grove Cemetery in Gilford.

In lieu of flowers, memorial contributions may be made to Shriners Hospitals for Children - Boston, Development Office, 51 Blossom St., Boston, MA 02114.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and an online memorial, go to www.wilkinsonbeane.com.

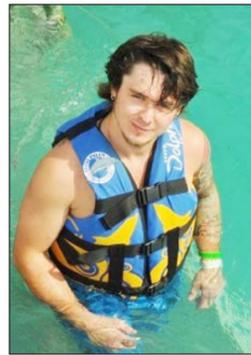
Steven R. Milligan, 32

LACONIA — Steven "Steve" R. Milligan, 32, of Union Avenue, died suddenly on Friday, Sept. 29, 2017 at Dartmouth Hitchcock Medical Center, Lebanon.

Steve was born on Aug. 3, 1985 in Laconia, the son of Paul and Diane (Pontifex) Milligan. He was a graduate of Gilford High School, class of 2004. Steve was a machinist for Baron Machine Company.

Steve had a passion for freestyle skiing, working on his jeeps and going off-roading. He enjoyed the outdoors, especially with his beloved dogs. Steve was fearless in everything he tried.

Steve was a loving and caring brother, nephew, uncle, cousin, brother-in-law and friend. Family and friends were the most important to him. He spent a lot of his time with his nephew and nieces whom he loved very much, teaching them to kayak, climb the monkey bars, en-



joy the outdoors, to be fearless and to live life to the fullest.

Steve will be dearly missed by his large loving family and friends.

Steve is survived by three brothers, Michael P. Milligan and his wife Amy of Melrose, Mass., Kevin J. Milligan, and Daniel T. Milligan, both of Laconia; maternal grandfather Frank R. Pontifex, Sr. of Medford, Mass.; a nephew, Donovan P. Milligan, of Melrose, Mass.; two nieces, Lilly H. Milligan and Kayley E. Milligan, both of Laconia; aunts, uncles and cousins.

In addition to his parents, he was prede-

ceased by his paternal grandparents, Daniel V. and Therese Milligan, and his maternal grandmother, Elizabeth Pontifex.

A Celebration of Life will be held on Friday, Oct. 13, 2017 from 5 - 8 p.m. at the Bank of New Hampshire Pavilion, Samuel Adams Brewhouse, 72 Meadowbrook Lane, Gilford, using the main entrance across from Silver Sands Marina.

For those who wish, the family suggests that memorial donations may be made to the Gunstock Freestyle Academy, PO Box 7464, Gilford, NH 03247.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Lakes Region residents prove that 'Real Men Wear Pink'

REGION — More than 2,000 individuals across the country have accepted the challenge to be a part of the American Cancer Society's Real Men Wear Pink campaign. Some of them live right here in the Greater Lakes Region.

Real Men Wear Pink is a distinguished group of community leaders raising awareness and funds for the American Cancer Society's Making Strides Against Breast Cancer events in 2017. Participants will wear pink every day in October and compete to raise money through online fundraising and networking.

"This year in the U.S., more than 240,000 of our daughters, wives, mothers, sisters, and friends will be diagnosed with breast cancer. We are making progress: breast cancer death rates have declined by 36 percent since 1989, which means 249,000 fewer breast cancer deaths," said Gary Reedy, CEO of the American Cancer Society and Real Men Wear Pink participant. "I'm proud to take part in Real Men Wear Pink and excited

to see so many leaders across the country do the same."

The Greater Lakes Region participants include:

Tim Googin, Vice Principal at Gilford High School

Rob Wichland, owner/broker of REMAX Bayside Realty

Mike Soucy, owner of the Soda Shoppe in downtown Laconia

Pat Kelly, Radio DJ for 98.3LNH and host of 107.3 WEMJ Open Mic, and Binnie Media

Larry Frates, founder of Frates Creates and artist in residence at the Belknap Mill

Nazzy Nazz, Radio DJ for 98.3LNH, and Binnie Media

Ed Darling, of the Meadowbrook Foundation and Greater Lakes Region Children's Auction

Dr. Shafique & Dr. Weinmann, of Lakes Region Surgical Associates

Mike Gagnon, Associate broker and realtor at JG Realty

In addition to community and business leaders who are supporting the American Cancer Society in our efforts to diminish the pain and suffer-

ing of breast cancer, communities across the country are uniting together at Making Strides Against Breast Cancer events this month. This year's 25th Anniversary walk in the Greater Lakes Region will take place on Sunday, Oct. 22. Registration will start at 11am, followed by the walk at 1pm. To learn more and participate in a Making Strides event, visit MakingStridesWalk.org/greaterlakesNH.

Central NH VNA & Hospice names new officers, welcomes new board members

REGION — Central New Hampshire VNA & Hospice, which serves all communities on both sides of the lake, held its annual meeting on Wednesday, Sept. 27 and named its new officers; the Reverend Gina Finocchiaro, President; J. Kristen Gardiner, Vice President; Fredda Osman, Secretary; and Bill Johnson, Treasurer. All four have served the organization well over the

LACONIA — The Lakes Region Visiting Nurse Association is pleased to announce a special presentation entitled "From Hospitalization to Home Care" by Dr. Martha L. Bruce, Professor - Department of Psychiatry and The Dartmouth Institute Geisel School of Medicine at Dartmouth. Dr. Bruce will delve into managing depression, and how proper management can reduce the risk of hospitalization.

The annual meeting

will be held on Tuesday, Oct. 24 from 4-6 p.m. at the Beane Conference Center in Laconia. The annual event will include the LRVNA Chairman's report and annual Community Service Award presentation. The event will be of special interest to doctors, nurses and care managers as well as those in the general public. Space is limited, so those who wish to attend are asked to call the LRVNA at 279-6611 or by emailing info@LRVNA.org.

The Lakes Region Vis-

iting Nurse Association was founded in 1923, initially as the "Meredith Public Health Nursing Association" consisting of a single nurse in Meredith. The LRVNA currently serves the Lakes Region of New Hampshire, providing a full range of nursing, social services, and therapeutic services. LRVNA.org The Lakes Region Visiting Nurse Association is located at 186 Waukegan St. in Meredith. For more information call 279-6611 or visit www.lrvna.org.

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Parade of Homes shows unique houses for a good cause

BY ERIN PLUMMER
mnews@salmonpress.news

REGION — Visitors could tour through an array of unique homes across the Lakes Region during the annual Parade of Homes, all benefitting those seeking a career in the building trades.

Throughout Columbus Day Weekend, 11 homes opened their doors for those taking part in the Parade of Homes organized by the Lakes Region Homebuilders and Remodelers Association. Homes were on display in Ashland, Moultonborough, Center Harbor, Meredith, Laconia, Hebron, and Wolfeboro.

Event Co-chair Julie Hayward, co-owner of Hayward and Company with her husband Mike, said the event provides an opportunity for people to see the work of local contractors.

“It provides a great way for the general public to go out and tour these amazing houses that you don’t normally get to see,” Hayward said.

Hayward said most builders have at least one project that was particularly special and this give them a way to show it off. For \$20 people could see every house on the tour. The tour included a house on Sachem Cove Road in Meredith built by Hayward and Company. A house under construction by Hayward and Company was an unofficial addition to the tour showing the building process.

Proceeds will be donated to workforce development projects throughout the community. One such project was the tiny house built by students of the Huot Technical Center.



ERIN PLUMMER
Mike Pelczar of Inter-Lakes Builders with Rosie and Joe Martin in the house Pelczar built for them. The Martins' home was part of the Parade of Homes

Huot students built a life-sized tiny home in their shop with all the construction elements. Hayward said the Huot's budget would never have paid for that and the Parade of Homes helped the students get a hands on learning experience.

Hayward says this maintains the building trade workforce. Hay-

ward and Company recently hired two Huot Center graduates.

Rosie and Joe Martin showed their home on Water Street in Meredith. They bought a piece of property that had been a lakeside camp starting in 1938. During the weekend they displayed photos from when the camp was there.



ERIN PLUMMER
This condo in Laconia was part of the Parade of Homes.

“My husband’s dream was always to build a house from the ground up,” Rosie said.

They worked with Mike Pelczar of Inter-Lakes Builders, LLC, a fourth genera-

tion builder, to create their home.

“We really trusted Mike to work with us,” Rosie said. “We really worked as a team.”

The Martins worked with Pelczar on their

vision and they came up with a number of unique features for the home.

Joe Martin said they went to a marine salvage place in West

SEE HOMES PAGE A12

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Edward Jones: Financial Focus

International Investing: Still a Journey to Consider

Columbus Day is observed on October 9. And while it may be true that Leif Erikson and the Vikings beat Columbus to the New World, Columbus Day nonetheless remains important in the public eye, signifying themes such as exploration and discovery. As an investor, you don’t have to “cross the ocean blue,” as Columbus did, to find opportunities – but it may be a good idea to put some of your money to work outside the United States.

So, why should you consider investing internationally? The chief reason is diversification. If you only invest in U.S. companies, you might do well when the U.S. markets are soaring, as has happened in recent years. But when the inevitable downturn happens, and you’re totally concentrated in U.S. stocks, your portfolio will probably take a hit. At the same time, however, other regions of the world might be doing considerably better than the U.S. markets – and if you had put some of your investment holdings in these regions, you might at least blunt some of the effects of the down market here.

Of course, it’s also a good idea to diversify among different asset classes, so, in addition to investing in U.S. and international stocks, you’ll want to own bonds, government securities and other investment vehicles. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it can’t guarantee a profit or protect against loss.)

International investments, like all investments, will fluctuate in value. But they also have other characteristics and risks to consider, such as these:

•Currency fluctuations – The U.S. dollar rises and falls in relation to the currencies of other coun-

tries. Sometimes, these movements can work in your favor, but sometimes not. A strengthening dollar typically lowers returns from international investments because companies based overseas do business in a foreign currency, and the higher value of the U.S. dollar reduces the prices, measured in dollars, of individual shares of these companies’ stocks. The opposite has happened in 2017, when the weaker dollar has helped increase returns from international investments.

•Political risks – When you invest internationally, you’re not just investing in foreign companies – you’re also essentially investing in the legal and economic systems of countries in which those companies do business. Political instability or changes in laws and regulations can create additional risks – but may also provide potentially positive returns for investors.

•Social and economic risks – It is not always easy for investors to understand all the economic and social factors that influence markets in the U.S. – and it’s even more challenging with foreign markets. U.S. markets are now worth less than half of the total world markets, and growth in the rest of the world is likely to keep expanding the number of global opportunities. You can take advantage of that global growth by putting part of your portfolio into international investments, including developed and emerging markets.

In any case, given the more complex nature of international investing, you’ll want to consult with a financial professional before taking action. If it turns out that international investments are appropriate for your needs, you should certainly consider going global.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Belknap Mill has an amazing lineup of events on tap for Pumpkin Fest

LACONIA — The Belknap Mill is excited to participate in the 2017 Pumpkin Festival with an amazing lineup of events for all to enjoy.

On Friday, Oct. 13, join us at the Mill from 5-7 p.m. for free tours of the museums featuring our national award-winning Industrial Heritage Program.

On Saturday, Oct. 14, the Mill is excited to welcome visitors to the 'Marketplace at the Mill' showcasing the work of local crafters. The Marketplace will be open from 11 a.m. - 4 p.m.

Do you love pumpkin,

all kinds of pumpkin? Join us in Rotary Park for the Great Pumpkin Cook-off from 2 to 4 p.m. on Saturday afternoon, when local restaurants and non-profit organizations serve up their favorite pumpkin recipes and compete for bragging rights and winners' awards in the categories of savory and sweet! Stop by and sample entries The Local Eatery, Tavern 27, Patrick's Pub & Eatery, T-Bones, Faro Italian Grille, Sweet As Sin Confections, Fratello's Italian Grille, Winnipesaukee Bay Gulls and Curt's Caterers. This

event is generously sponsored by Planet Fitness.

At 4:30 p.m., head over to the Riverside Duck Derby on the Winnipesaukee River directly behind the Belknap Mill. The race starts at 4:30 P.M. and launches at the Avery Dam. Special thanks to the Meredith Lions Club for their organizational support, Northland Marine Construction and Northland Secure Storage located on the Daniel Webster Highway in Belmont for their sponsorship of the event and to the Laconia Kiwanis Club for their \$250 grand prize spon-

sorship. Ducks are \$5 each or \$20 for a 5-duck Quack Pack! Ducks can be purchased the day of the race, by stopping by the Belknap Mill or contacting us at: operations@belknapmill.org |

524-8813.

The Belknap Mill Society is a 501(c)3 charitable organization. All proceeds from these events will benefit the Belknap Mill's programming for children and

adults and support the mission to preserve the Belknap Mill as a unique historic gathering place celebrating the Lakes Regions' cultural heritage through arts, education and civic engagement.

Community Church hosting Oktoberfest dinner

Gilford Community Church will host its Oktoberfest dinner Saturday, Oct. 28 at 6 p.m.

Menu: Traditional Sauerbraten, Marinated Salad, Homemade spaet-

zle, Red Cabbage with onions and apples, dessert \$16.

Please make your reservations by calling Eloise at 986-6723 or eloise@metrocast.net.



October 13th 4-8pm & October 14th noon-8pm

October 13th

Drop Off Your Carved Pumpkin
OR **Carve a Jack-O-Lantern** at the Carving Station
Food & Craft Vendors

Amusement Rides: Gigantic Slide, Fun House, Climbing Wall, Bungee Jump, Kiddie Rides & More!

Boston's All You Got Tour (6pm-8pm) on the Laconia Harley-Davidson Hideout Stage in Veterans Square

Join the Zombie Walk (6:30pm)

Climb Pumpkin Eye View for a peak at the 34' Featured Tower of Jack-O-Lanterns
Stroll the Streets of Pumpkins • School Pumpkins Display



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October 14th

The Runaway Pumpkin 10K & 5K Run/Walk
(9am) Starting at Opechee Park

Pumpkin & Buttermilk Pancake Breakfast
(9am-Noon) at Holy Trinity School \$5 a plate

Drop Off Your Carved Pumpkin
OR **Carve a Jack-O-Lantern**
at the Carving Station • Food & Craft Vendors

Live Music at the Laconia Harley-Davidson Hideout Stage in Veterans Square
Pat Foley Band (Noon-3:30pm)
Stray Dog Band (4:15pm-8pm)

Amusement Rides: Gigantic Slide, Fun House, Climbing Wall, Bungee Jump, Kiddie Rides & More!

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2017 Pumpkin Fest Amazing Race
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PumpCANALy (Noon-5pm) featuring Children's Pedal Tractor Pulls, PumpkinFest Corn Hole, Monster Golf, Exhibits, Games & More!

Mill Marketplace (11am-4pm)
Great Pumpkin Cook-Off (2pm-4pm)
Riverside Duck Derby in the Winni River (4:30pm)

Caring for Kids Costume Parade (5:00pm) for children, adults & dogs in costumes
Gather near Bank of NH's school pumpkin displays on Pleasant Street beginning at 4:30.
Stroll will begin promptly at 5:00pm.
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Pumpkin Dump Derby (8:45pm)

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LRPA's Shocktober Film Festival continues with Roger Corman's "A Bucket of Blood"

LA CONIA — Throughout October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for a scary good time! "LRPA After Dark" celebrates Halloween with four frightening films from Hollywood's past. This weekend (Oct. 13 & 14), we serve up horror hipster-style with 1959's darkly comic film "A Bucket of Blood," directed by Roger Corman and starring Dick Miller, Barboura Morris and Antony Carbone.

Meet Walter Paisley (Miller), busboy at San Francisco's Yellow Door Café, the hangout for a crowd of beatnik poets, artists and musicians. It also attracts a pair of undercover police officers, looking to make a drug bust. Walter is naive and talentless, but is filled with blind admiration for this group and wants desperately to belong. He particularly wants to impress Carla (Morris), an artist on whom he's developed an unrequited crush. No one, including Carla, thinks he has any creative gift. They treat him with open disdain, but that doesn't change Walter's mind. One night, he goes home and works on a sculpture, only to be frustrated with his lack of success. He accidentally kills his landlady's cat, which, after he recovers from his shock and disgust, gives him a morbidly wicked idea. The next day, he brings his newest work of art into the café — an incredibly lifelike sculpture of a cat! Leonard De Santis (Carbone), the café's owner, proudly displays this piece of art, which earns Walter the respect and praise that he was so eager to receive. One night, after receiving a suspicious gift from an admirer, an undercover detective follows Walter home, with tragic (!) results. What's an up-and-coming artist to do?

"A Bucket of Blood" is one of director Roger Corman's most beloved movies, and has rightly earned its place as a classic B horror film. Not only does it satirize the often phony, pretentious world of art, but has also been hailed as Corman's sly commentary on the film world. He made this movie in five days on an almost non-existent budget, and many critics (especially those in Europe) hailed the film as a marvel, and began to recognize Corman as a truly important filmmaker. The irony is delicious, and so are the high-camp horror hijinks. It's not to be missed! So grab your candy corn and join LRPA after dark for this beatnik horror classic from the past.

Mark your calendars for these coming Halloween treats:
Oct. 20 & 21: 1962's "Carnival of Souls"

Oct. 27 & 28: 1972's "Horror Express"

You can't find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Bel-

mont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower

our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic

and creative expression,

- promotes a well-informed public through governmental transparency, and
- unites our communi-

ties through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



Gilford High School hosted the annual NHCUC (New Hampshire College & University Council) College Fair on Friday, Sept. 29. Attending colleges and universities were Colby-Sawyer College, Community College System of New Hampshire, Franklin Pierce University, Granite State College, Keene State College, Massachusetts College of Pharmacy & Health Science University (Manchester), New England College, New Hampshire Institute of Art, Plymouth State University, Rivier University, Saint Anselm College, Southern New Hampshire University and University of New Hampshire. The senior and junior classes participated in this college fair. It was an excellent opportunity to speak directly to the admissions' representatives and ask pertinent questions.

Hermit Woods Winery to hold "Judgment of NH" wine event

Can a NH wine hold up next to five world class Rhone Style Reds?

MEREDITH — On Thursday, Oct. 26, Hermit Woods Winery will pit one of their fruit wines up against five world class Rhone wines from wine regions across the globe in a blind tasting. Just as it was discovered at the "Judgment of Paris" in 1976 that California wines could compete head to head with classic French Bordeaux, we would like to find out if Hermit Woods fruit wine can hold up to the classic vinifera wines of the world.

The event will take place at Hermit Woods Winery's new Deli. Attendees will receive a brief instruction on wine appreciation and judging, including the use of a classic 20 point scoring system. Guests will then be invited to sample six wines in a completely blind tast-

ing and then asked to score the wines, identify the wine they like the best, and if possible, identify the wine that was not made from grapes.

Upon the conclusion of the tasting, guests will be invited to enjoy a glass of wine with a selection of charcuterie and seacuterie prepared by Hermit Woods Winery's new Deli. The event will be held from 6:30 to 8 p.m.

"The event is intended to be both fun and educational," explained

Bob Manley, one of the founding partners at Hermit Woods. "As far as we know, nothing like this has ever been tried before. We are very pleased with the Hermit Woods wine we will be pouring and feel strongly it will hold up well against world class wines, but we are going to let our customers be the judge."

Tickets for this event are \$30 per person (20 percent discount to wine club members), and can be purchased at www.hermitwoods.com.

com/the-judgement-of-nh-wine-event. Seats are limited to 25 and will need to be purchased in advance.

Founded in 2011, Hermit Woods is a small boutique winery producing fruit wine, meads, and ciders. Our wines and ciders are local (as much as possible), vegan (except the honey wines), gluten

free, raw, and made from non-certified but mostly organic fruit. We always use whole fruit, never use heat, and always use gentle hand processing. Our wines, meads, and ciders are styled after classic dry European grape wines. Hermit Woods sees more than 8,000 visitors in their

SEE WINE PAGE A12

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Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.
Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

Meredith Village Savings Bank to sponsor Second Annual Belknap House Masquerade Ball

LACONIA — Meredith Village Savings Bank (MVSB) will be this year's gold level sponsor for the second annual Belknap House Masquerade Ball. The Ball will be held Friday night, Oct. 13, at the St. Andre Besette Parish Hall on 291 Union Ave. in Laconia. An evening event requiring formal or semi-formal attire, guests of the Masquerade Ball will also enjoy entertainment, dancing and a full dinner.

The Masquerade Ball is a key fundraising event for Belknap House, the cold weather shelter for homeless families with children in Belknap County. Located in Laconia, its mission is to provide safe shelter for families during the cold winter months, when children are most vulnerable. Belknap House also empowers families to become self-sufficient and independent by offering resources and educational opportunities.



Don House, Belknap House Vice President and Eric Petell, Assistant Vice President and Branch and Business Development Manager of the MVSB Laconia Office.

"Meredith Village Savings Bank is honored to once again sponsor the Masquerade Ball for Belknap House," said Rick Wyman, President of MVSB. "They provide

an emergency safety net for those with no other options during the harshest months of winter. We hope that people of our community will join us and assist Belk-

nap House by volunteering or donating."

"Our shelter plus the education and resources we offer helps families with children get on the right path," said Colleen

Garrity, President of Belknap House. "We're grateful to MVSB for sponsoring the Ball for the second year in a row and appreciate their support of our mission."

Belknap House provides families experiencing homelessness in Belknap County safe housing from mid-October through mid-May. Guests are admitted through local welfare department referrals. Educational assistance and skills training offered include money management and how to be a good renter, as well as other pertinent and valuable life skills. From June through September, the shelter serves as a hostel for visitors to the Lakes Region. For more information about the

Masquerade Ball, Belknap House, and to purchase Ball tickets, visit belknaphouse.org.

For nearly 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Hampton Falls, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 1-800-922.6872 or visit mvsb.com.

Berklee's a cappella choir Pitch Slapped to perform in Meredith Oct. 21

MEREDITH — Temple B'nai Israel's We Care concert series is proud to bring one of the top a cappella choral groups, Pitch Slapped, to the stage on Saturday, Oct. 21 at the Meredith Community Auditorium located in the Inter-Lakes High School, to perform in a benefit for two local nonprofits, Belknap House and Genesis Behavioral Health both of which provide resources for Lakes Region families. By purchasing a ticket for \$27.50 to the "Families Matter Benefit Concert" you will enjoy great music, food, and drink while supporting Lakes Region families in need.

Complimentary snacks and desserts can be enjoyed at 7:00 P.M. and the concert begins at 7:45 p.m. Tickets and additional information are available at www.tbinh.org.

Pitch Slapped is one of the world's premiere co-ed a cappella groups. Representing the prestigious Berklee College of Music in Boston, Massachusetts, the group's repertoire spans a range of genres from pop to R&B and rock. Since its founding in 2006, Pitch Slapped has enjoyed a rapid rise to fame. The group has appeared on NBC's "The Sing Off" and "America's Got Talent." Just as the Fall Foliage season is peaking in the Lakes Region Pitch Slapped will bring a variety of musical color that will leave you dazzled by their harmonies and musicianship.

Belknap House is coalition of community members who help families in need during the cold winter months. A loss of a job, a medical situation or a car breaking down can leave a family without a home. During the brutal winter Belknap House can provide a warm bed for families and their children and empower families to become self-sufficient and independent by providing opportunities of education and resources available to them.

Genesis Behavioral Health provides integrated mental and physical health care, delivered with dedication and compassion. Access to affordable mental health care reduces the burden on police and fire departments, hospitals, corrections systems and town welfare offices. Genesis Behavior SEE A CAPPELLA PAGE A12

St. Paul's Trio in concert at Taylor Community Oct. 22

LACONIA — The 2017 Taylor Concert Series continues with the St. Paul's Trio. The trio features Zoia Bologovsky on violin, Pianist Paul Dykstra and Orlando Pandolfi on horn. The event is Sunday, Oct. 22 at 3 p.m. in Taylor Community's Woodside Building and is free and open to the public. Featured music will include selections by Brahms, Dvorak and Hindemith.

Bologovsky is a graduate of The Julliard

School. Currently she is Concertmaster of the North Shore Philharmonic, MetroWest Symphony and the Portsmouth Symphony. She also teaches at St. Paul's School, Concord, the Cooperative Middle School, Stratham, and in her private studio in Stoneham, Mass.

Originally, from Edmonton, Alberta, Dykstra studied at the University of Alberta, under Helmut Brauss. Since moving to the U.S. in

1999, he has continued to perform extensively as a soloist and duo pianist/chamber musician in addition to teaching in his private studio in Portsmouth, N.N. and at St. Paul's School, Concord.

Pandolfi has been an active performer in both Classical and Jazz idioms since the age of 14. He is a graduate of the Julliard School and studied under Rainer C. DeIntinis and Myron Bloom. He has been a

guest instructor at the University of Massachusetts, Jacobs School of Music at Indiana University and horn teacher at Amherst and Williams Colleges. He has also performed extensively throughout the U.S., Europe and Asia.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

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MARKET

(Continued from Page A1)

hope it will be successful enough and they can do another. They might aim to have another kids market around the Christmas season.

The market will also have a bake sale and

silent auction raising money in honor of little boy named Georgie born with VACTERL, a genetic condition that impacts multiple organs that he has needed several surgeries for. The proceeds will go to

Children's Hospital at Dartmouth (ChAD).

The Winter Farmer's Market will be open every Saturday starting Oct. 14 and running through February from 9 a.m. to noon.

VETERANS

(Continued from Page A1)

mental and emotional well-being.

Through the efforts of the board of the the Patriot Resilient Leader Institute, which operates Camp Resilience and the leadership of Home Base, the two organizations now also coordinate programs to extend the reach of both programs in New Hampshire and throughout New England.

The two groups bring much needed services to returning war veterans suffering from PTSD and the other wounds of war; visible and invisible.

"We simply wanted to share the missions of these two worthwhile veterans groups with people from throughout the Lakes Region" said Tony Balsamo.

"And I think when people hear directly from these organizations, many of whose members and leadership have served themselves, there will be no doubt that they understand the needs of returning veterans," added Mary.

The evening's festivities started with light jazz and a cocktail reception with a variety of delicious craft beers brewed for the occasion by Camp Resilience co-founder Kurt Webber and several choices of wine donated by IncredibREW Inc., of Nashua. Entering the beautifully remodeled former sta-

ble at the farm, guests listened to words of welcome from the Balsamos and learned about the successful work of Home Base and Camp Resilience. Home Base CEO Michael Allard spoke of the challenges combat-deployed veterans face as they try to reintegrate into civilian society after a year or more of war. He then introduced a Marine Corps veteran of the fighting in Afghanistan and Iraq, Ryan Casavant, who detailed the struggles he had coping and putting the memories of combat behind him. Casavant now works for Home Base helping other veterans learn to cope as he did. Kurt Webber then spoke of what Camp Resilience has accomplished with an all-volunteer board in just a few short years. His group brings veterans from throughout New England to the Lakes Region for four days of peer-peer counseling, outdoor recreational activities and life skills training. Since 2014, more than 200 veterans, spouses and caregivers have participated in Camp Resilience sessions. The sessions have included specialty tracks for those with PTSD and Traumatic Brain Injuries (TBI) as well as those suffering from depression, victims of military sexual violence/trauma and oth-

er emotional and physical wounds. Webber introduced a married couple who had attended Camp Resilience sessions, Wayne who served two tours of duty in Afghanistan and his wife Janelle. Both spoke to the benefits for them individually and as a couple attending.

After the emotional presentations, dinner was served to the guests who had the opportunity to discuss and chat about the work of the two organizations with the respective representatives. To enhance the setting, the Howe family of Gilford's Timberhill Farm provided the custom made farm tables for the evening.

At the conclusion of the evening, hosts Tony and Mary Balsamo feel the event was a success as it brought together the community to focus on an increasing need; the support for returning war veterans and their families. "We support both of these organizations personally and wanted to shine a spotlight on the good they both do for our veterans" said the Balsamos.

Anyone interested in learning more about helping veterans or donating to the two organizations is invited to view their websites. Camp Resilience's Web site is www.pri.us. while Home Base's Web site is www.Homebase.org.

what factors contributed to the development of Western Europe," Barksdale said.

The goal will be to create a virtual tour of these exhibits, including for those students who were unable to come. They will be asking chaperones to take photos and the students can take photos of the exhibits as well.

Barksdale said their goal is to bring curriculum alive for the students.

"The hope is to give them a first hand glimpse of something," Barksdale said. "It creates something that's tangible for the students."

HISTORY

(Continued from Page A3)

the class.

They also wanted to align the curriculum across grades K-12.

The MFA has been a regular field trip spot for students before. Nazer said usually, his AP students go to the MFA, though this year more students get the chance to go.

This trip will be paid for through a special grant allows New Hampshire schools go to the MFA for free. Barksdale said will allow the students to have a guided tour through the museum without a significant cost to them.

They are aiming to take 136 students on this trip, though they

hope the whole freshman class can be part of this.

Students will have the choice to go on two different guided tours: exhibits on Ancient Egypt or the Silk Road. There will be an hour and a half of free time at the end where students can go through the exhibit that didn't go through and see the other exhibits as well.

"The MFA has actually reached out and asked for particular curriculum goals that we want," Nazer said.

The students will use what they learned on the trip in the classroom.

"Our essential question for the class is

TRANSPORTATION

(Continued from Page A1)

The Mid-State region created their plan in 2010, which Djuvelek-Ruggiero said is due for an update by the end of this year.

The Mid-State RCC currently has 32 members including representatives from human services, transportation providers, and others.

"Anyone interested in improving transportation," Djuvelek-Ruggiero said.

There are six meetings a year spread between Concord and the Lakes Region. Djuvelek-Ruggiero asked that the town of Gilford send a volunteer to be part of the organization and he discussions.

So far Concord, Tilton, Windsor, and Hillsborough have gotten onboard.

Djuvelek-Ruggiero said she was giving this same presentation to all 36 communities in the region asking them to be part of this.

"There's not one person or one organization or one transportation provider that's going to make changes, it's the whole community," Djuvelek-Ruggiero said.

The council applied for and received a grant from the Federal Transit Administration, which funded Djuvelek-Ruggiero's position. Djuvelek-Ruggiero said she is the only paid employee on the council and everyone else involved has volunteered.

The Mid-State RCC's plan has already identified a number of issues and solutions. A volunteer driver program was identified as a necessity in 2010. At the time this was intended to supplement the transportation program in Concord and the Winnepesaukee Transit System. The Winnepesaukee Transit System shut down on June 30 of this year.

A taxi voucher program was put in place in June of 2016 through the Merrimack County Department of Corrections for their community release program. Djuvelek-Ruggiero said there is still money to do a taxi voucher program in the Lakes Region.

Djuvelek-Ruggiero said one of the greatest motivators for this work is the local population's rapid aging. Transporta-

tion services for people over 60 is currently carried out through the Laconia Senior Center.

"We unfortunately don't have or we will not have services that will be able to sustain the growing need for transportation," Djuvelek-Ruggiero said.

Djuvelek-Ruggiero asked that Gilford consider becoming part of this process and have someone attend the meetings. She also asked that a link to the Mid-State RCC go on the town website, which Town Administrator Scott Dunn said can be done.

"Looks like you've got plans heading in the right direction, it was good to see a lot of the various different organizations involved," said board Chair Chan Eddy. "As we get older we're going to need more help."

Djuvelek-Ruggiero left a memorandum of understanding and a copy of the bylaws for the selectmen to consider.

For more information on the Mid-State Regional Coordinating Council, visit midstatercc.org.

BEAN HOLE

(Continued from Page A1)

smells of slow cooked corn beef fill the air. More than 100 pounds of potatoes and carrots are peeled and chopped and 60 pounds of dry beans are sorted, washed, soaked, and cooked overnight in the bean pits behind the church. This meal is a huge production for the church and has become a favorite of the church supper crowd in the Lakes Region. It takes about 50 hardworking people to

put on this meal. The members of the church do everything from baking pies to tending the fires that will cook the beans in the large cast iron kettles. It is a three day undertaking and the meal is well worth the effort.

Tickets are available by calling the church office at 524-3289 but they sell out quickly so call early. There are two serving to choose from, one at 5 p.m. and another at 6:30 p.m. If

you are interested in knowing more about how they make the bean hole beans you are more than welcome to come and watch as they are put into the kettles and lowered into the ground on Friday night before the dinner. They go into the holes promptly at 4:30 p.m., so don't be late and be sure to bring your camera to get pictures of this age old New England tradition!

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STRATEGIES

(Continued from Page A4)

and decided to return home and take the fall for his foolishness. To his surprise, however, when his father saw him coming, he ran to him, embraced him and welcomed him home. And much to the chagrin of an older brother who had covered for him during his absence, the father threw a party to celebrate. "Son," he said to his oldest, "don't be mad. Your brother was dead and now he's alive. He was lost and has been found."

Jesus, of course, was telling the story to make a point.

First of all, I note that, in a day when many are questioning even the very existence of God, Jesus

never got caught up in the argument. I find no evidence that Jesus ever attempted to prove the existence of God; He simply took it for granted. What you do find, however, is that Jesus spent quality time describing who and what this God is all about. The picture of a loving father ready to welcome a son who has returned with a repentant heart is typical, and that, too, is a scenario I have been privileged to witness many times. The greatest miracle I have ever seen, hands down, is the miracle of conversion. So dramatic have been the changes I have observed in countless lives I can easily make the case

that if there really isn't a God, to believe in him is still to our advantage!

It is amazing to note how many times the scenario of the prodigal has been played out in modern life. God, I know, is thought by many to be a kill-joy, limiting a man's freedom and demanding a self-discipline we would all rather ignore. But God made us with the drives and passions necessary to our survival, and far from limiting our freedom, He merely wants to prevent us from self-destructing.

I find it interesting that in a realistic perspective on life, Jesus' story has the wandering son discovering

sin to be a vicious taskmaster. Sin is fun ... grant the point ... but sooner or later "the chickens come home to roost." God is not unfeeling; He understands human nature and the Bible itself talks of "the pleasures of sin for a season." The results, however, can be devastating and Jesus pictured a Father Who is more than anxious to forgive the past and give a man a new lease on life. In God's world, the lost can be found, the wicked can find forgiveness, and the wayward can come home.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

NOTEBOOK

(Continued from Page A5)

to logger Troy Lambert's sightings and mine, we have three of them soaring and dipping around South Hill. One of them has hammered its brain out making a huge hole in an old maple tree just down the road.

The other bird was a grey jay, or Canada jay, or Camp Robber, or Whisky Jack. These are puffy birds, a little bigger than a bluejay.

They are famous for eating out of your hand, and I've enjoyed this many times, in camps from the Middle Branch of the Dead Diamond to a thousand miles north in Labrador.

And now I'm wondering what has made these birds come so far south so early, or at least down in altitude (we have them in the high country of New Hampshire year-round). Something, I think, has interrupted their food supply, and maybe I'll wind up feeding them by hand.

+++++

While we are on wildlife, there is this:

A New York Times story reported on a deer sterilization project on Staten Island, which is near New York City, and is in fact a burrough, which has nothing to do with woodchucks. The deer population has grown from 24, which purportedly swam over from New Jersey in 2008, to around 2,000 today. Hunting is not permitted, and there are apparently not enough coyotes to make a difference.

So the city's Department of Parks and Rec-

reation is spending \$3.3 million over a three-year period to shoot bucks with tranquilizers and perform vasectomies. Shooter-snipers have performed Shakespeare's unkindest cut of all on the island's bucks, meaning that there are around 250 very happy bucks roaming the island, but this fall, their time is up too.

+++++

A steer got out of one of my pastures and has been having a fine time clomping all around the landscape, and finally fetched up on a neighbor's place down on the Hollow side, and the neighbor showed up in my barnyard to let me know.

Talk turned to haying. He is haying, and after a lot of years young and old, I'm not. By the by, I am the wrong person to complain about the price of a bale of hay.

"You go out there and make it," I'm apt to say.

But I expressed wistfulness about the neat and satisfying click-clack of the sickle-bar mower on my old '42 Ford tractor, and the "shwoosh" of the cut hay as it passed over the top board, and the sweet smell.

(This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

HOMES

(Continued from Page A7)

Palm Beach, Florida. There they they found a set of ship doors and a large plank, asking Pelczar if they could be used somewhere in the house. Pelczar made them into closet doors with the doors, including keeping the original signs on them. Combining some beams from Pelczar's own barn, the plank was turned into a bar.

"We had such a great experience with Mike," Joe Martin said.

This was the first year the Martins have shown a home in Parade of Homes.

"I have absolutely loved it," Rosie Mar-

tin said. "I have met so many people and they're so nice."

She said they got a lot of compliments on the house and people asking for recommendations for accessories. Rosie Martin said it has been a humbling experience to hear how many people like what they put into the house.

Rosie said they thought it was important for people to see the quality of Pelczar's work.

"My first year has been a lot of fun," Pelczar said, saying he had the "perfect homeowners" to work with.

Pelczar said this was

a great way for people to see contractors' work and get an idea of what they might want and they start their considerations early.

In Laconia visitors could tour a single level condo at Meredith Bay with three bedrooms, two and a half baths, and a private garage that is currently for sale. The tour also doubled as an open house for the condo. Michael Robichaud, director of Business Development for Meredith Bay, provided information on the condo for visitors.

"It's been a great response, we're really pleased," Robichaud

said. The condo has gained the attention of some prospective buyers.

"We actually have had some good prospects come through this weekend," Robichaud said.

Robichaud said the show is great overall, letting people experience the home and the quality of it first hand as well as getting ideas for what they would want in their own homes.

"From a consumer standpoint it's a great idea for them to find a collection of ideas," Robichaud said.

A CAPPELLA

(Continued from Page A10)

ioral Health's role is to ensure patients are healthy, functioning participants in their community, contributing to the region's overall wellness.

Joining with Temple B'nai Israel are event sponsors, Golden View Health Care and Meredith Village Savings Bank for the eighth We Care concert in which the net ticket proceeds are donated to local and deserving nonprofit organizations.

We Care is also spon-

soring a fundraising contest for the Lakes Region community and beyond as an adjunct to the Families Matter Benefit Concert. New Hampshire's Best Family Photos and Videos Contest will begin on September 15th and continue to Oct. 20. The public is invited to post photos and videos and then vote for favorites at www.tbinh.org/family. Each vote is a \$1 contribution to Belknap House and Genesis Behavioral Health.

The submission receiving the most votes will win a gift certificate from Achber Studio in Laconia for a standard portrait session which includes a photo session, a mini wall portrait (11 by 14 inches) and two five-by-seven-inch gift portraits or a \$349 credit towards services of their choice. Second and third place submissions will receive two tickets for the We Care spring 2018 benefit concert. For more information

or to post photos and videos, or to cast votes, go to www.tbinh.org/family.

The Meredith Community Auditorium in the Inter-Lakes High School is located right on Route 25 in Meredith, and is convenient for everyone in the Lakes Region and Central New Hampshire. To purchase tickets and for more information, visit www.tbinh.org. Questions may be directed to info@tbinh.org.

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WINE

(Continued from Page A9)

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BOB MARTIN

Brooke Beaudet was a key contributor throughout the week for Gilford, including in the game against Kingswood where the senior had 12 kills.



BOB MARTIN

Abby Warren of Gilford goes up for a block against Kingswood.

Volleyball Eagles pick up three more wins

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The Golden Eagles volleyball team went 3-0 last week continued what has been a fine season, with wins over Oyster River, Laconia and Kingswood.

Gilford hosted Oyster River on Oct. 2 and won 3-1. Gilford won the first game 25-12, lost game two 25-22 and then won the final two games by scores of 25-21 and 25-19.

The Golden Eagles cruised through game one with a balanced attack using six different players. The team was led by Brooke Beaudet and Maggie McNeil who had three kills apiece. Abby O'Connor had a pair of kills, Lexi Boisvert had one kill and a block, and Bailey Hildreth had one kill. Abby Warren also had a block that game.

Game two was close, but Beaudet led the way with five kills. McNeil had four kills and Boisvert had two kills and a block.

In game three Warren had a kill spoke for the 21st point and Beaudet served an ace to give Gil-

ford a 22-16 lead. Oyster River came back and brought the game within one point at 22-21, but Boisvert caught fire and had three straight kills to win the game.

The final game had Gilford jumping out to a quick lead. Reagan McIntire came off the bench and had a block and thee kills.

Leaders for the day included Beaudet with 16 kills, 21 digs and 11 for 11 on serves; McNeil with eight kills and 15 digs; Boisvert with 10 kills, two blocks and 21 digs; and Karly Sanborn with 16 digs and 26 assists.

Gilford traveled to Laconia and won 3-1 on Oct. 4. The Golden Eagles won game one 25-20, lost game two 25-23, won game three 25-13 and won game four 25-22.

Sanborn had an amazing 38 assists and led the defense with 21 digs on the day. Beaudet had 19 kills and 13 digs while Abby O'Connor had eight kills, two digs and a block. Boisvert had seven kills and 19 digs. Lindsey Sanderson had six kills; Abby Warren

had six kills, a block and two digs; McNeil had four kills and 12 digs; Kasey Moore had 11 digs; Hildreth had nine digs and Samantha Holland

had five digs.

"This was a fantastic match between two rival schools," said coach Joan Forge. "It was our best game of the season

both offensively with 52 kills spread out between seven different players and defensively with 94 digs spread out between 10 different players."

Forge said the key to the win was Gilford's ability to pass to our setter consistently, which gave Sanborn the ability to see VOLLEYBALL PAGE B3

Golden Eagles fall to undefeated Newfound

BY BOB MARTIN

Bob@Salmonpress.news

BRISTOL — The Gilford field hockey team has done an outstanding job defending its Division 3 title this season, but the only speedbumps for the Golden Eagles has come in the way of the Newfound Bears, the last undefeated team in the division.

Last week Gilford lost a close 1-0 game to Newfound and as of deadline had a 10-2-1 record with the only losses coming from Newfound. Gilford had gone on an impressive 7-0-1 run prior to the loss, which saw the team outscoring opponents 41-3.

Coach Dave Rogacki said it is always great to come away



RC GREENWOOD

Kellie Ryan of Gilford dribbles the ball up the field in a game against Newfound last week.

with a win, but he said playing a solid game against the top team in the division is always

a plus at the end of the season. It was also an improvement on the last time the two teams

faced. On Sept. 8, Newfound beat the Golden Eagles 3-1.

SEE FIELD HOCKEY PAGE B3

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Defending champions too much for Gilford-Belmont

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The struggles for the Gilford-Belmont Golden Eagles continued on the gridiron on Saturday, when top ranked Plymouth came to town and dominated the team for a 42-14 blowout.

The Bobcats took the lead from the very beginning when Owen Brickley took the opening kickoff all the way for a 68-yard touchdown return. Plymouth never looked back and continued the onslaught against the struggling Gilford-Belmont squad.

After a three and out for Gilford-Belmont, Plymouth took over and five plays later Ben Olmstead connected with Wes Lambert for a 12-yard touchdown pass. The Golden Eagles took over possession after the kickoff and once again couldn't get anything going, and were held to a three and out. Plymouth took over on the Gilford-Belmont 45-yard line after a short punt and Nolan Farina scored on a 45-yard run on the first play of the drive to make it 21-0 near the two-minute warning of the first half.

As the half was winding down, Olmstead tossed what would have been a touchdown pass to Jordan Docen, but it was called back after a flag for an illegal chop block. Plymouth then opted to go for a 47-yard field goal attempt but it was missed short by Danny Carey.

At the beginning of the second quarter, on the next possession for the Bobcats, Olmstead threw a 19-yard touchdown to Brickley. Also in this quarter Colby Moore ran the ball in or a seven-yard touchdown and Olmstead threw a 47-yard touchdown to Farina, making it a 42-0 game at halftime.

Plymouth scored on every possession in the first half and the Golden Eagles were held to only three first downs in the half. Gilford-Belmont didn't have a single first down in the first quarter.

Olmstead and most other starters for Plymouth were taken out of the game for the first half,



with Olmstead ending his day with three touchdowns and 78 yards on 3 of 4 passing. Plymouth's defensive unit was led by Steven Shute, Jackson Polombo and Jake Lamb who all had sacks. Carey showed off his strong leg throughout the day with six point after attempts.

The Bobcats were held scoreless in the second half and the Golden Eagles finally started to show some signs of life. After Gilford-Belmont was pinned to its own six-yard line, Golden Eagle running back Dylan Gansert took the ball 66 yards on a great run. Gilford-Belmont's scoring chances were negated when Quarterback Greg Madore couldn't connect with a pass to the end zone.

Gilford-Belmont finally got on the board in the fourth quarter when freshman Blake Descoteaux entered the game and juiced and dodged his way downfield for a 45-yard touchdown run. The Golden Eagles made it a 42-8 game by completing the two-point conversion.

Plymouth took over on the Gilford-Belmont 28-yard line and on third down and two Gilford-Belmont's Brandon Cole recovered a fumble to give the Golden Eagles the best field position of the day at the Plymouth 36-yard line. Madore tossed a 25-yard touchdown pass to tight end Patrick Carr to make it a 42-14 game, but that was all Gilford-Belmont could muster.

Coach Josh Marzahl



Greg Madore fires a pass across the middle in a tough 42-14 loss to Plymouth.

said coming in it was clear Plymouth was going to be a tough team, so it was all about getting small wins from individual plays and individual

matchups. Looking back, he felt that Golden Eagles did this especially in the second half.

"As a whole I thought they played hard the

entire game and didn't give up," Marzahl said. "In the past, sometimes we kind of get down like that. It's hard to come out fired up and keep the

BOB MARTIN

(Left) Freshman Blake Descoteaux had an outstanding touchdown run for the first score of the day for Gilford-Belmont against Plymouth Regional High School on Saturday.

momentum. There is no question about their effort today."

Even in a lopsided loss, Marzahl said there are positives to take from the game. He said the pass protection was better than usual, as the team changed up some schemes and assignments.

He also said the team is working on expanding the running game, with multiple people running the ball rather than just relying on Gansert. A young player who came out and made the most of the playing time, in particular, was Descoteaux with his long touchdown run.

"Blake was on the sidelines just smiling and looking like he wanted to go in, so we gave him the shot and it worked out," said Marzahl.

While Plymouth continues to dominate this season with a 6-0 record and each game with more than 40 points on the board, Gilford-Belmont's struggles continued. The Golden Eagles dropped to 0-5. Gilford-Belmont travels to Pembroke for a 2 p.m. game on Oct. 14.

Bilodeau, Madison Relf lead Gilford at Jeri Blair Invitational

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT — The Gilford High School cross country team took part in the Jeri Blair Invitational meet at Belmont High School on Oct. 6, with the boys' team placing 14th and the girls' team placing 11th.

The boys' team was led by freshman Jonas Bilodeau, who came in 44th place and had a time of 20:16.5. He averaged 6:08.7 per mile. Beck McLean had a time of 21:11.7 for 72nd place and Michael Wernig was in 73rd with a time of 21:16.7. Matthew McDonough came in 82nd place with a time of



Michael Wernig placed 73rd in the Jeri Blair Invitational at Belmont High School.

21:30.5.

The girls' team was led by senior Madison Relf, who came in 40th place with a time of 23:16 and an average mile of 7:27.5. Freshman Kayla Loureiro



Madison Relf was the top runner for the girls' cross country team at Belmont on Friday.

was 46th with a time of 23:55.7. Relf's twin sister Elizabeth was 68th with a time of 25:14.5 and Bethany Tanner came in 73rd with a time of 25:30.5.

"For the difficult course that Belmont is I feel that everyone performed well," said coach Janine Powis. "It is a very crowded race because the trails are so skinny. You really have to race smart during this race to make

passes and run with the other athletes with the same ability level. I feel that all of my athletes did this properly. They understand when I tell them to run their race and know how to pace themselves."

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Cougars deal Gilford soccer boys 2-1 loss

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Gilford soccer boys sit near the top Division 3 as the regular season winds down, but that doesn't mean they can't be upset. This was the case on Oct. 5 when Campbell came to town and came away with a 2-1 win over the Golden Eagles.

Campbell got on the board first, about half-way through the first half. After a couple shots on goal by both teams, along with some solid ball movement, Gilford tied up the game with a goal by Daegan Boucher with 12:21 left in the half.

With 3:15 left in the first half Campbell scored the second goal of the game, which would be enough for the win.

Both Campbell goals were scored by Justin Furlong and assisted by Zach Russo.

There was one extremely close play with 32:30 left in the second half, where Gilford had a corner kick and nearly scored. Patrick O'Connor launched the ball and as the goalie dove for the ball, it appeared that it may have gone past the line. It was called no goal and the play continued.

Gilford had several other close shots but as time wound down Campbell looked stronger and determined to come away with this big win.

"It was certainly a disappointing loss," said coach Dave Pinkham. "We had many opportu-



BOB MARTIN
(Left) Tyler Hanf of Gilford battles for a ball in a game against Campbell.

hit the ball hard on the cross, because "you never know what will happen."

"You hate to see it happen, but you'll take it," said Pinkham. "We ran a specific play and a player on our team screened a Belmont player, and moved his body at the last second, hitting at the last second and ricocheted in the goal."

He added, "It was a great win for the kids. They are a strong team, and well coached. To go over there with a 1-0 win, and a solid win, at their homecoming, that is good. They played well."

Pinkham said in order to win big games, they have to do so with their defense. He said this led the way against Belmont, but he also commended Ethan Warren for his strong work in goal. Warren, as well as Belmont goalie Jake DeWare, made five saves apiece.

"It was a well-played game," Pinkham said. "To put ourselves in a positive position we needed to come away with a positive result. The kids feel good about it."

Pinkham said Gilford has had one of the tougher schedules in the division, but because of the strong play the team has remained near the top of the division most of the season. He said this is not only giving his players the understanding that they are talented and can beat strong teams, but will also be seasoned come tournament time.

Gilford played a tough Raymond team on Oct. 10 after deadline. Gilford travels to undefeated Derryfield on Oct. 13 at 5 p.m., which should be a great matchup of two Division 3 forces.



BOB MARTIN
Sandor Gamache dribbles the ball against Campbell.

nities to put the ball in the net and we didn't.

We made two mistakes defensively and that was

really it."

While it was an upset, this is not to say the Campbell boys' soccer team is a slouch by any means. After a mediocre 2-2 start, Campbell has been rolling as the season has gone on. Since the Cougars were shut out by Belmont on Sept. 14, the team has gone 5-0 and moved steadily up the rankings.

When Campbell beat Gilford, the Golden Eagles were second in the division. Two days ear-

lier the Cougars handed Hopkinton only their second loss of the season.

Gilford went on to Belmont on Saturday and Pinkham said it was a chance for the team to "right the ship." Gilford beat the rival Red Raiders 1-0 when a ball went in the goal off a Belmont player. It was on a hard hit ball from the corner, and Pinkham said while it is a strange way to get a goal, it is part of the game. Pinkham said he often tells his players to

Eagle girls drop close one to Belmont

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — While it has been an up and down season for the Golden Eagles girls' soccer team, the team is lined up to make the state tournament with a 7-9 record as of deadline. Last week Gilford only had one game where the Eagles lost 2-1 to rival Belmont at the Red Raiders homecoming on Oct 7.

Gilford was down 1-0 at the half but coach Tom Raymond said this score could have been even higher. He said the team didn't really show up until second half, when the team started playing better defense and put-

ting pressure on the Red Raiders. Belmont scored a second goal early in the second half to make it 2-0.

About 15 minutes into the second half, Taryn Breton was the lone goal scorer for the Golden Eagles. In the second half of the game there was a hand ball in the box called on Belmont. Breton took care of the penalty kick and sent it to the back of the net.

"They are a good team and were definitely better than last time we played them," said Raymond.

Raymond said he would like to have had a better record at this

point in the season, but also acknowledged that this season has been an improvement from last. He said it is a good sign that the Golden Eagles have kept games close, which is a sign of good defense. However, Raymond said in order to be on the winning end more often they need to do a better job scoring.

"If you want to be good, you have to win the games you are supposed to win," said Raymond. "We need to keep doing that moving forward, and I think we can in these last four games."

On Friday, the Golden Eagles host Laconia for a 3:30 p.m. game.

VOLLEYBALL

(Continued from Page B1)

ty to put the balls right where the hitters hit their best.

"The passers made the setter look good and the setter made the hitters look good," Forge said. "It was a win-win situation. Coach Jeff Twombly has done a wonderful job coaching the Laconia team. Both teams battled hard throughout the entire match and there were numerous long and exciting rallies."

Gilford then hosted Kingswood on Oct. 6 and swept the day with

a 3-0 win. The Golden Eagles won with scores of 25-16, 25-10 and 25-15. The team was led by Beaudet who had 12 of Gilford's 28 kills. McNeil had five kills and Warren and Sanderson had four kills. O'Connor had two kills and two blocks, Boisvert had two kills and Sanborn had 16 assists. Naomi Eldridge had eight assists, as well.

Gilford had 11 aces on the day, led by McNeil's five aces. Nine players combined for 46 digs, with McNeil leading the way with nine.

The win gave Gilford a 10-2 record and at deadline the team was third in Division 2 behind St. Thomas Aquinas and Milford. Gilford travels to John Stark on Oct. 13.

FIELD HOCKEY

(Continued from Page B1)

Newfound scored 15 minutes into the game. Rogacki said in the second half, the Golden Eagles barely crossed the 50-yard line. He said once the team started using the full field, Gilford was more successful. He said there were no corner plays in the second half, which showed there wasn't much of an attack.

"It was a very good passing game," Rogacki said. "Both teams had opportunities. Jenna DeLuca did a good job in goal. It was good for the fans because even though there wasn't much scoring, it is two teams with similar abilities going at each other."

Rogacki said after the 3-1 loss the team made a few adjustments, but it was all about capitalizing

when the time to score came.

"Basically they took care of their scoring opportunities but when we had ours we didn't take advantage

of them," Rogacki said. "Whether it is the ball hitting someone in the foot or we weren't attacking, or people not backing each other up."

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Gilford: Dramatically sited home on 104 ac. 180-degree mountain and lake panorama from the 3,940 sf., 3 BR, 2.5 BA home w/ a 3-car garage. Gated entry, 4 ponds, a horse barn, 5-stall shed & large outbuilding all w/ electric & water.
\$895,754 MLS# 4662227



Tilton: Charming antique colonial on 3.2 acres with woodlands, fields, stone walls and perennial gardens overlooking a pond. 5 BR, 3 BA, wide pine floors, custom built ins and many original features. Attached carriage house and large 58x38 barn.
\$350,000 MLS# 4646564



Gilford: 3-bedroom, 3 bath, 2 car garage home w/ 2080 sf. Huge living room w/ HW floors & propane fireplace, open concept kitchen with island and ample cabinet & counter space, a formal dining room with HW floors, laundry room, den/office & more!
\$329,999 MLS# 4661660



Meredith: Panoramic views of Lake Winnisquam and the Sandwich & Ossipee Mtn ranges can be viewed from this 7.8 ac. parcel in Waldron Bay. The lot is surrounded by 76 ac. of conservation land & has association amenities including a sandy beach.
\$295,000 MLS#4320971

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SAWYERS POINT ROAD \$3,675,000



WOLFEBORO: Spectacular waterfront property in Winter Harbor offering a lovely 4BR/4BA home with wood floors & fireplace. Plenty of play space at the water's edge with a dock and boathouse featuring a large recreation space above.
WYANOKE GATE LANE \$1,596,500



MOULTONBOROUGH: Lovely, traditional Cape on the grounds of Bald Peak Colony Club with fantastic views of the 14th green and fairway. Classic style with traditional columns, fireplace large porch and patio.
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MEREDITH: A truly remarkable property! 6 meticulously landscaped, park-like acres and a 5,014 sq ft home with space for everyone. Offering spectacular views, 300 ft of waterfront, dock and 2 bay boathouse with registered heliport above.
ADVENT COVE ROAD \$3,750,000



WOLFEBORO: Fantastic estate property on over 64 hill-top acres with 7BR/7BA Georgian Colonial and spectacular mountain and water views. A 5-stall horse barn with tack room and hayloft completes the picture. Don't miss this one!
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Take advantage of the public boat launch close by to this .63 acre, wooded lot in the Robin Acres community.
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OSSIPEE
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HISTORIC ESTATE in Meredith w/tremendous Mt. Chocoma views, on 7.51 acres. Originally built in 1934, exquisitely restored w/incredible attention to detail. Private setting, beautiful grounds, 5BD/5BA. Min. to Lake Winni.
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ALTON // COME LIVE AND WORK IN THE LAKES REGION: Residential/ commercially zoned and next door to 2-car attached garage with heater, Hannaford's and on busy Route 28. Great visibility and opportunity for many uses.
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ALTON // Beautifully updated, year round, 3 bedroom, fully furnished Ranch with amazing views of Alton Bay. Shared water access on Lake Winnepesaukee.
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ALTON // Grandview Lane ~ Just like the address says. Recently updated home with new paint, flooring and deck. Location is in a great neighborhood with awesome mountain views.
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ALTON // This like new open concept 2 bedroom home is located in the desirable association of Alton Shores with access to beautiful Sunset Lake & Hills Pond for swimming, boating & kayaking.
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ALTON // Beautiful 2Ac. West Alton bldg. lot w/mtn. views! Lot cleared; driveway cut is established; underground utilities at the street. Min. to Winni & Marina & all Lakes Region activities.
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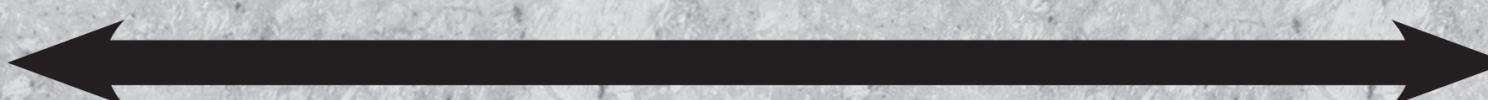
ALTON // Ideal country location in East Alton bordering Route 28. This 5.68-acre wooded lot has 315' frontage on Gilman's Corner Road for your driveway. Nice private site for your home. Ideal Lakes Region location!
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- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together

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Parents' view: My child's Friends Teacher Media Parents (me)

Teen's view: me Parents family friends technology activities Clubs

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