

Years in making, months from completion

Downing's Landing remains closed as construction continues

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — Construction at Downing's Landing began in early August, with a planned closure of the facility running through Columbus Day. Visual signs of progress on construction have been slow to update, leaving many Alton residents wondering about the scope and timeline of the planned projects.

The projects at the site have been years in the making. The New Hampshire Fish and Game (NHFG) designated Downing's Landing as its first no-fee trailer-boat launch on Lake Winnepesaukee in 2012, after acquiring the property from the Downing family. A historic boat launch, the property had been in the ownership of the Downings since 1892. In 2015, the NHFG announced plans to request funding for work to be done at the boat launch. Garret Graaskamp, NHFG Public Boat Access Coordinator, wrote in an August 2015 issue of WildPlaces that the plans included, "A new

double ramp with an industry state-of-the-art precast concrete plank system is planned, along with a new parking layout affording cartop spaces and room for about 30 trailered-boat slots." Graaskamp, who is overseeing the project, was not available to comment on an updated project timeline or scope of work by deadline.

While under construction, Downing's Landing has been off-limits to the public. A temporary fence and gate have closed off parking and aren't scheduled to reopen until after Columbus Day. Many residents of Alton have taken to social media to express concerns about the limited access to the lake. Questions about access for ice fishing during the winter months, and concerns about the lack of visible progress were among some of the issues raised online.

According to a web site maintained by the NHFG to update the public about this and other projects, "Phase I will use a temporary coffer dam to upgrade

the single-lane ramp to a double-lane ramp with a central seasonal dock." This leg of the project should be completed by mid-October, reopening the area for access during the winter months. A second phase will take place in early 2020 and complete before

the year-end.

The original request for bid was issued by the NHFG in 2016 after an initial planning stage, required by the state to secure appropriate permits and funding. The overhaul at Downing's Landing is part of a larger state-wide initiative

to provide free access to the region's lakes and waterways. The NHFG implemented a Public Boat Access Program, "to provide safe, user-friendly, and free access for all people on all public water bodies."

The Public Boat Access Program is guided

by a volunteer-led organization called the Public Water Access Advisory Board (PWAAB), made up of 20 members representing various departments, organizations, and interests. Thomas Quarles, the chair of the board, told

SEE RAMP, PAGE A11



Cyanobacteria committee shares initial findings

Towns looking toward the future

Barnstead Old Home Day is Oct. 5

BY AIMEE TERRAVECHIA
Contributing Writer

REGION — The Cyanobacteria Mitigation Steering Committee (CMSC), a joint effort between Alton and New Durham, met on Sept. 12 to discuss the months of research and findings that they've collected since their formation. The committee highlighted early signs of progress and laid out plans for the work still needed.

The committee was formed in response to environmental concerns, partially stemming from a New Hampshire Fish and Game-run fishery. The Powder Mill Fish Hatchery located on Merrymeeting Lake was identified as a generator of phosphorous-rich wastewater. The run-off

from the facility was thought to be responsible for higher phosphorus levels downstream. After a year of study, the committee determined that the hatchery is one of many factors at play.

"The hatchery was identified as the first point source of phosphorus pollution in the Merrymeeting River but since this recognition we have discovered many additional non-point sources of pollution (stormwater and soil erosion sites). Fixing the problem at the hatchery alone will not protect Alton Bay," Fred Quimby, who chairs the committee said in a follow-up email.

The committee debriefed the community after months of study and research along area waterways. The group took water samples from Marsh Pond, Mill Pond, Wentworth Pond and Jones Pond. They looked at phosphorous levels at various depths, times of day, and sampling points. While the committee studied the lakes, ponds, and waterways, the Powder Mill Fish Hatchery implemented an interim wastewater treatment system, changed the fish food to a less phosphorous-rich formula, and reduced the number of salmon

being raised at the facility by 50,000.

"The Powder Mill State Fish Hatchery must engineer and construct a final terminal wastewater treatment facility, the present one is temporary," Quimby said. "A process to achieve this is in place and we have support from [New Hampshire Fish and Game] and NH DES and the Governor's Office, so I think this will all happen over the next few years."

Early signs that the interim system is improving water quality were promising, but as Quimby pointed out, much work is still needed both at the fishery and in the communities at large.

The CMSC also identified storm drainage and run-off as causes of concern. "There's a direct relation to road salts," Quimby said. "There's a lot of suspended sediments in the water, and that would suggest that sand and sediments are coming off." The committee took samples along NH Route 11 and NH Route 140, measuring phosphorous as water spilled from culverts and drainage into waterways.

The CSMC hopes to use federal funds to fix

SEE CYANOBACTERIA, PAGE A9

BARNSTEAD — Please join in on Saturday, Oct. 5, for Barnstead's Old Home Day. The Barnstead Old Home Day Committee is planning a wonderful day for the residents of Barnstead as well as neighbors on Oct. 5, from 9 a.m. to 2:30 p.m. at the fields of the Barnstead

Elementary School, located at 91 Maple Street in Barnstead. The buzz around town is that of excitement and enthusiasm and a day not to be missed. No admission fee and lots of free activities for all. This is a rain or shine event.

Friday night they will have kick-off events.

Free senior dinner with Old Home Day gift bags for the first 40 people at 5 p.m. at Center Barnstead Christian Church and Family Movie Night at Oscar Foss Library at 6 p.m.

For more information, please visit BarnsteadOldHomeDay.com.

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Baysider on the train



2008/01/01

COURTESY PHOTO

Ruth and Bernie Arsenault of Alton took The Baysider along with them on a recent train trip in Alaska. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to josh@salmonpress.news.

Car wash Saturday at ACS

ALTON — The Alton Central School National Junior Honor Society will be hosting a car wash on Saturday, Sept. 28, from 9 a.m. to 2 p.m. in the Alton Central School bus loop. The students will be raising money for the Tanner Brennan Foundation.

Jessica Call named Alton Town Planner

ALTON — The Alton Board of Selectmen is pleased to announce the appointment of Jessica A. Call as the new town planner. Call, of Wolfeboro, was selected from a pool of approximately one dozen applicants. The board of selectmen confirmed Call's appointment at a recent selectmen's meeting.

Call originally began her employment with Alton in 2016 as the planning department secretary. Earlier this month she was promoted to town planner by the board of selectmen filling a vacancy by outgoing Town Planner Nicola Strong, who left for another municipality.

Call's previous work experience includes roughly four years with the town of Hooksett where she initially volunteered in the finance department for several

months and subsequently worked for several years in the public works department and the community development department as the administrative assistant. Her work at that time was centered around planning, zoning, code enforcement, and public works. Prior to her municipal government work, Call was employed in Massachusetts in the District Attorney's Office in Salem as the Grand Jury secretary and later as a teacher in early education in Beverly for several years. Call's education includes degrees from North Shore Community College and Marian Court College.

Call resides in Wolfeboro with her two children, Ian age 17 and Zoe age 14. Her eldest son, Erik, lives in Massachusetts, works in the

restaurant business, and is an artist in his spare time. Call's interests are gardening, fishing and sewing. She also stays busy with volunteering as the Director of Education for the Women's Defense League of New Hampshire.

Selectman Paul LaRochelle stated, "Having worked with Jessica while on the zoning board and sitting on the interview panel, I can say without hesitation that she has done a great job for the ZBA and the town as a whole and will continue to do so."

Town Administrator Elizabeth Dionne said, "Jessica is highly thought of here. Her years of land use knowledge are an asset. While she was the interim town planner here in Alton, she showed a high level of being pro-active. She created the 2020 plan-

ning department budget with detailed backup, started up the annual CIP committee process, and has begun creating a thorough bond policy for

the planning board to approve and follow. I look forward to continuing a great working relationship with her."

Dionne invites the

public to stop in any time to meet and congratulate Call in the planning department.

Barnstead Legion open house is Oct. 19

BARNSTEAD — The Earl B. Clark American Legion Post 42 and Auxiliary Unit 42 invite all military veterans and their families who reside in Barnstead to an open house on Saturday, Oct. 19, from 2 to 5 p.m., rain or shine. Veterans and their family will be treated free of charge to a pig roast barbecue with all the fixings. President Trump recently signed into law that all veterans who served a minimum

of one day on active duty on or after Dec. 7, 1941 and received an Honorable Discharge are now eligible to join the American Legion. This is a great opportunity to learn more about the American Legion and meet Barnstead veterans from all branches of service who have served their country over the past 75 years.

The Earl B. Clark Post 42 is located at 1078 Beauty Hill Road and

meets the first Tuesday of every month except during the months of January and February. It is strongly encouraged that those veterans who wish to attend RSVP on or before Monday, Oct. 7, to ensure they have plenty of food on hand. To RSVP, please e-mail the post at alearl.b.clark-post42@gmail.com or call Commander Kris Furtney at 969-8408.

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Loins Club meeting

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Drinking too much can negatively impact every aspect of your life, from your health to your job to your personal relationships with family members, partners and friends. April is Alcohol Awareness Month, an observance dedicated to raising awareness of the dangers of alcohol abuse. If you or someone you know has a problem with alcohol, help is available. Seek advice from a doctor or contact an alcohol treatment facility, and take the first step toward control and recovery.

Warning Signs of Alcohol Abuse

- Drinking alone when you feel angry or sad
- Waking up with headaches or hangovers after drinking
- Inability to remember what you did while drinking
- Trouble getting to work on time due to drinking
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If you or someone you know needs professional help for alcohol abuse or addiction, please call 1-800-NCA-CALL (622-2255) or visit ncadd.org for more information.

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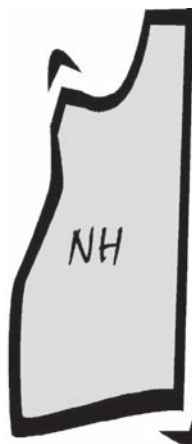
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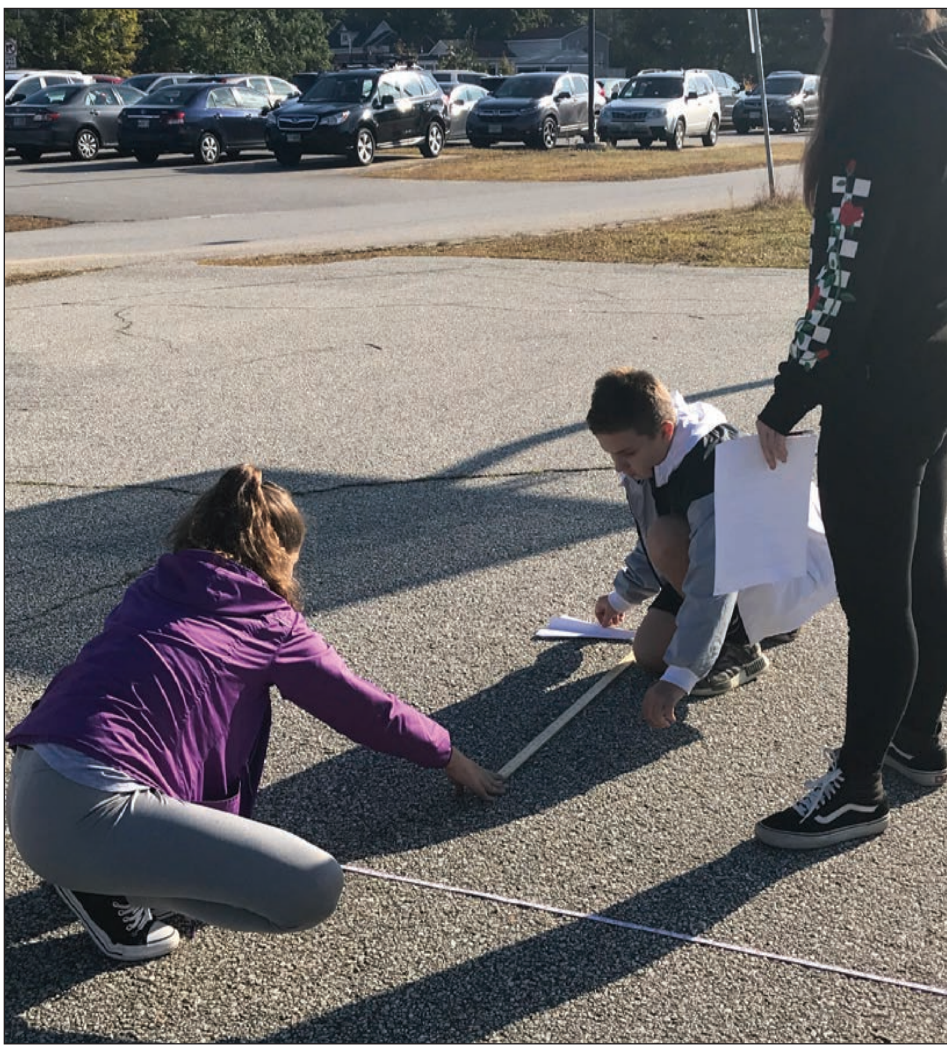
Alton Central School seventh graders recently had the chance to throw paper airplanes in school, not as an act of disrespect, but in the name of science. Ms. Hall and Ms. Charles have been teaching scientific inquiry through their first science lab of the year. Students researched and designed three paper airplanes. They determined the variables and wrote a hypothesis. They recently tested their planes and collected the data. Results and conclusions are being gathered, logged, and will also be shared and discussed as a class.



ALTON — If you or someone you know is looking to replace a bed in your home, now is the time. Prospect Mountain High School FBLA and robotics team Bob 319 are excited to announce they will be hosting a one-day mattress fundraiser on Saturday, Oct. 12, from 10 a.m. to 4 p.m. For one day only, Prospect Mountain High School will be transformed into a mattress showroom. For information about the sale, go to bit.ly/bed-s4prospectmountain19.

There will be 25 different mattress styles on display in all sizes in styles for customers to try, priced below retail. Adjustable power bases, premium pillows, bed frames and mattress protectors will be available as well. Brands like Simmons Beautyrest, come with full factory warranties, are made to order, and will be available two to three weeks after the fundraiser. Delivery is available. Best of all, the FBLA and Bob 319 benefit from every purchase.

The company, Custom Fundraising Solutions (CFS) first introduced the mattress fundraiser to the Cleveland, Ohio market in 2005. The company now has more than 100 locations and works with more than 2,000 schools nationwide. The unique business model helps schools raise thousands of dollars in just one day, and to date, the company has given back more than \$40 million.



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GEORGE MURPHY – COURTESY PHOTO

Taking off

Local photographer George Murphy caught this image of an ultralight taking off from Alton Bay last week.

Stopping the spread

Our front page this week has a story on the Cyanobacteria Mitigation Steering Committee, a joint group formed by residents of Alton and New Durham to study the cyanobacteria that has been appearing in waters in New Durham and Alton along the Merrymeeting River.

The group took water samples from Marsh Pond, Mill Pond, Wentworth Pond and Jones Pond and studied the phosphorus levels at various depths, times of day and sampling points.

This group of dedicated individuals, chaired by Fred Quimby, has done great work in trying to help protect the waterways that dot our landscape. Obviously, in the Lakes Region, the waters are an important part of our lives. People come from around the country and the world to enjoy what we live with every day and its imperative to the success of many local businesses that the water stays healthy.

The Powder Mill Fish Hatchery, which is in New Durham and is run by the New Hampshire Fish and Game Department, was identified as a source of some of the phosphorus solution and the hatchery has been working with the committee to help mitigate some of the problems.

It should be noted that the Powder Mill Fish Hatchery provides a valuable service to New Hampshire in providing fish to be stocked in lakes across the state. The fish are raised in the hatchery until they are ready to be released into lakes.

But at the same time, it is up to the hatchery to raise the fish responsibly without causing danger to the waters in the area. We are pleased that they have been working on making improvements. However, as the article on our front page notes, there are other sources of pollution, including stormwater runoff and soil erosion sites and the committee is working hard to figure out all of the sources.

The committee also notes that individual residents can help out as well by reviewing their use of lawn fertilizers and only use fertilizers without phosphorus. Residents can also look at how storm water runs off their land and into the water and create ways to capture the water in the ground before it reaches the lake or river.

We can't commend Quimby and his committee enough. Not only are they doing good work, they have done a great job of working to get the word out about what's going on and what residents can do, be it through press releases or public meetings.

We urge those who think they want to help with the cyanobacteria mitigation steering committee to contact Quimby at 859-4280 or fwq1@cornell.edu for more information.

And we urge residents to do their part to help mitigate the spread of cyanobacteria and invasive species in the local waters. Every little bit each person can do can help and we hope that those in Alton and New Durham heed the words of the committee and start to make changes in their habits to help benefit everyone.

NOTES FROM WINDY HOLLOW

A matter of perception

BY VIVIAN LEE DION

Contributing Writer

My sister, Helen, lives in Illinois and is a talented artist. Once a year she holds an open house at her art studio, and she describes the excitement of the day's events and the items sold in her letters. But, sometimes her letters are like a little black cloud arriving in my mailbox. She talks of childhood regrets. In one instance, she's angry at my parents because my father joined the U.S. Army Air Force during WWII. He considered it an honor to serve his country. While stationed stateside, my mother joined him before he was deployed overseas. At that time, Helen and my brother, Joe, were placed in the care of Aunt Lillian. I think the bonding that's so vital in young children was interrupted and this is the crux of the issue. In every letter she writes, "I didn't matter." She doesn't forgive my mother for abandoning her children. However, on the other hand, when my brother became an adult, he was captain of a large fishing boat. He named his boat Lillian as a tribute to our mother. When we grew up our mother explained why she followed our dad. "I didn't know if your father was coming back from the war and wanted to be with him as long as possible." Thankfully he returned.

On a positive note, I received an e-mail from my niece, Diana, who lives in New Mexico. She is my brother's daughter and I'm proud to say that her middle name is Vivian. Here's an excerpt from that e-mail, "Hi Aunt Vivian, I received the card and the gift today, thank you so much that was the nicest thing; I have a smile from ear to ear. I remember when I was a teenager, Grandma and Grandpa came to visit us in Oregon, and grandma gave me \$20 and said, "Take this money and get yourself something you always wanted." I actually owe it all to her for the re-starting of my education, you see, I dropped out of high school and really wanted to go back but thought I was too old. I did not have a car. I did some research and found a college that was done via mail, it had a \$20 per month payment plan, and so I enrolled and made my monthly payments. It was grandma's \$20 bill that got the ball rolling. It took me 2.5 or so years to finish but I received my high school diploma not a GED. I was able, later in life to use this diploma to enroll in a university to get my master's degree. So, I appreciate Grandma for what she did for me."

In an article by Elizabeth Gilbert, the author writes about her aunt and two uncles coming

together to sort belongings that belong to their mother who passed away. They were all sitting around the kitchen table and one son looked at the refrigerator and said, "I can still see Mom standing there, pouring me a glass of milk. Do you remember that sweet thing she always used to do whenever she got us a glass of milk? Remember how she'd take a tiny sip at first, to make sure it wasn't spoiled?" Always looking out for us." The other son, an analytical engineer said, "You are so wrong. Mom wasn't sipping our milk to test it for freshness. She was sipping our milk because she always overfilled the glass. She had no sense of spatial relations. It used to drive me crazy." The remaining adult daughter said, "You're both wrong. Mom was stealing our damn milk."

The article concludes, "So, what have we learned about my grandmother from this story? Was she a devoted caregiver and incompetent dunderhead, or someone who would steal the milk out of the mouths of her children? But does the truth really matter? I don't think so. The older I get, the less interested I am in investigating the truth about our lives, and the more interested I become in the way we see that trust. Because what seems to matter in the

end is no so much what happens to us, but how we perceive what happens to us. That perception ultimately, becomes the world that we will inhabit. Without a doubt, facts are facts. But facts can take us only so far. For instance, everyone in my family agrees that my grandmother always sipped the milk. That's a stone-cold fact. But what did her milk sipping mean? Ah, now we have entered into the realm of perspective and now limitless interpretations are possible. This is why two people—or three in the case of my dad and his siblings—can experience the exact same circumstances in life and turn out completely different. A trauma that might make one person a monster can make another a hero. An incident that you might read as a gift, I might consider a curse. What I hear as a compliment, you might hear as an insult. We can see the world as grim or grand, it's up to each of us to decide.

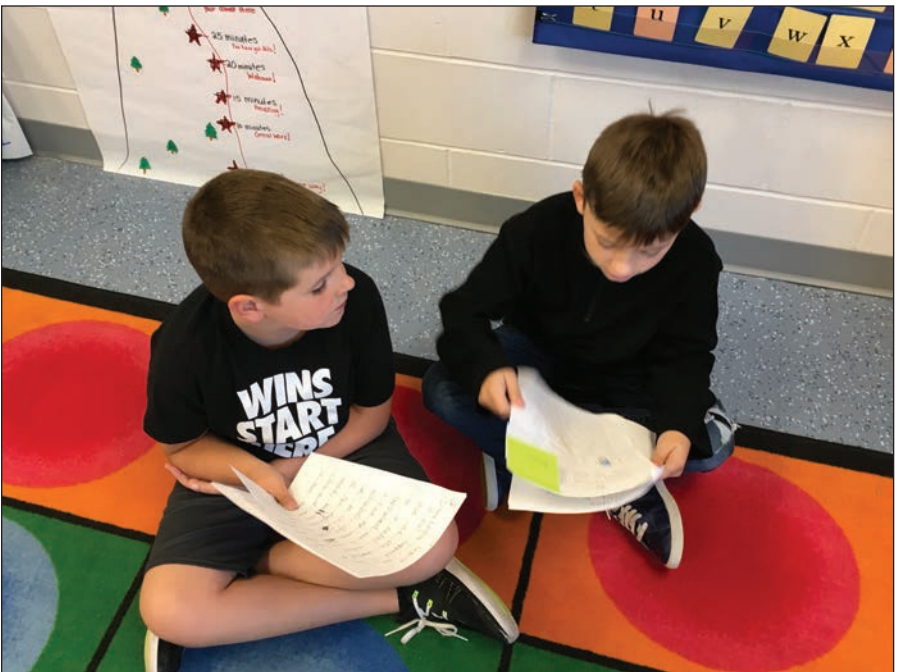
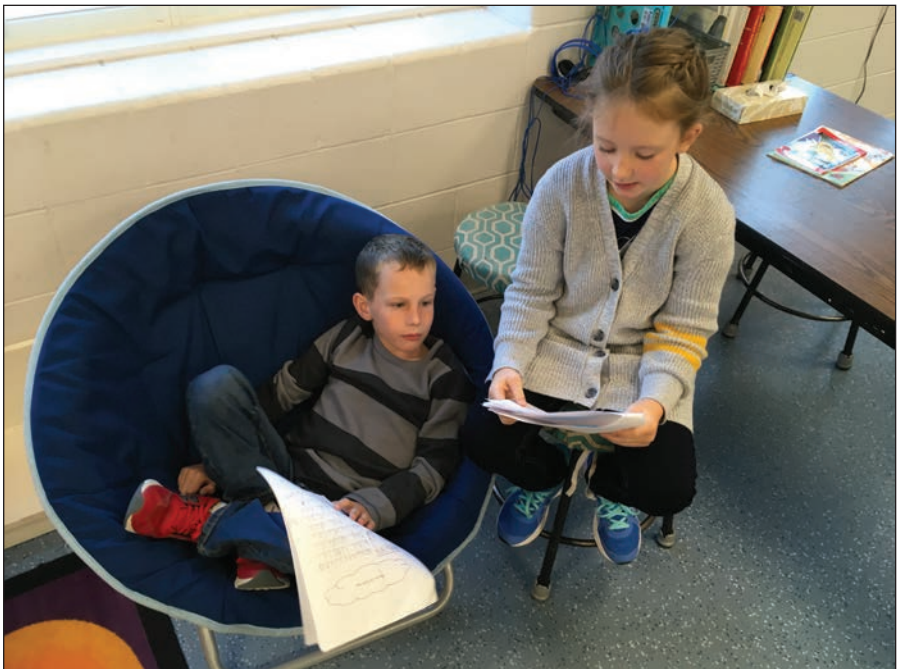
With our different views, my family still matters because "family is where life begins and love never ends." Anonymous

Vivian Lee Dion of New Durham is a writer and speaker and can be reached at windyhollow@metrocast.net

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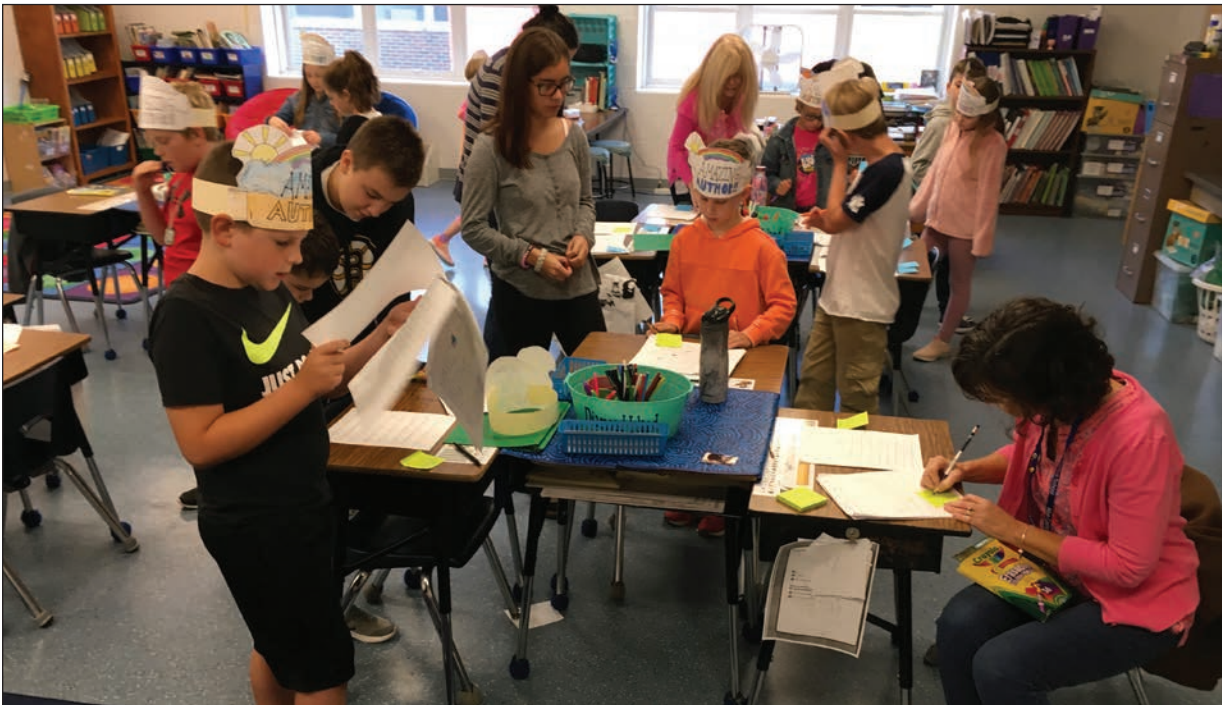




COURTESY PHOTOS

Celebrating success

Alton Central School's third graders have been working on how to write "true stories" over the past two weeks. They began by thinking of a story to write about from a past experience they have had. They learn to touch and tell their story, then sketch it before they got started. As students were writing, they added description by going bit by bit through a part of their story and adding dialog to bring characters to life. Each student wrote several stories and revised them as they went along. The students then celebrated their success as writers by reading each other stories and writing positive notes to each other.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 165 calls for service during the week of September 15-21, including six arrests.

One female subject was arrested on a bench warrant.

One male subject was arrested for possession and use of tobacco products by minors.

One male subject was arrested for suspended registration and driving after revocation or suspension.

One male subject was arrested for driving after revocation or suspension.

There were two motor vehicle summons arrests.

There were four motor vehicle accidents.

There were five suspicious person/activity reports on Hidden Spring Road, Southview Lane, Homestead Place, Mount Major parking lot and Suncook Valley Road.

There were two thefts reported on Roberts Cove Road (theft of services) and Main Street.

Police made 65 motor vehicle stops and handled one motor vehicle complaint-incident.

There were 88 other calls for services that consisted of the following: Three assist fire department, one fraudulent action, two employment fingerprinting, six assist other agencies, three animal complaints, three juvenile incidents, one domestic complaint, one general assistance, one wanted person/fugitive, one drug offense, six alarm activations, two lost/found properties, three simple assaults, five general information, one vehicle ID check, one littering/trash disposal, one sex offender registration, one criminal threatening, two wellness checks, one criminal mischief, four community programs, 23 directed patrols, two motor vehicle lockouts, eight medical assists, three property checks and three paperwork services.

Alton Central School, SAU #72 Child Find

SAU #72 serves the Alton School District. As mandated under the Individuals with Disabilities Act, public schools must provide special education for all children between the ages of 3 and 21 who are determined to be educationally disabled. Additionally, school districts are required to have formal "Child Find" procedures to locate, evaluate and count children who may have disabilities to ensure that eligible children are found, classified and provided needed services. This law applies to all children, including those in nonpublic schools, preschools and hospital settings, as well as children who are wards of the state and homeless children.

If you suspect that a child may have an educationally disabling condition, you are encouraged to contact the school district in which the child resides to discuss your concerns. School personnel will provide you with information on the procedures for making a referral. SAU #72 will hold their fall Child Find on October 9th from 8:30-11:30am at Alton Central School.

For additional information, please contact Pamela MacDonald, Director of Special Education SAU #72 at 875-9302.

DAR welcomes new members

WOLFEBORO — On Sept. 14, the Winnepesaukee Chapter – Daughters of the American Revolution welcomed new members Jill Boyle of Wolfeboro and Leann Laplante of Alton. The Daughters of the American Revolution is a non-profit, non-political volunteer women's service organization dedicated to preserving American history and securing America's future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

For more information on becoming a Daughter of the American Revolution, call or e-mail Regent, Susan Fossum at 581-9675 or susanbriggs-fossum@hotmail.com.

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GWRSD holds reception for new staff members

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — The Governor Wentworth School District had a busy summer hiring staff for the 2019-20 school year. With the task complete and the school year off to a good start by all accounts, the district brought the new teachers and their administrators together for a reception on Monday afternoon, Sept. 16, in the Skylight Dining Room of the Lakes Region Technology Center.

Kingswood Regional High School welcomes math teacher Samantha Smith, guidance services newcomer Wendy

Huggard, social studies teacher Elizabeth Majeski, and special education resource room teacher Nicole Lachance.

The Kingswood Regional Middle School staff is joined by Julie Burr (math), Kevin Welch and Jordan Lege-re (special education) and Jessie Mardis (guidance counselor).

The Lakes Region Technology Center has two new teachers, Tyler Reed in construction trades and Jannine Cameron in hospitality/mar-keting education.

Eleven new elemen-tary teachers and a li-brary media specialist are filling in the ranks

at Carpenter and Cres-cent Lake Elementary schools, Tuftonboro Central School, and Ossipee and Effingham schools.

Carpenter’s new staff includes: Paula Bechard (grade one), Raelyn Car-lyle (grade one), Jennifer Ivester (kindergarten) and Kimberly Shields (half-time intervention-ist).

Crescent Lake Ele-mentary welcomes new grade four teacher Kris-sy Rogers.

Tuftonboro’s four new teachers include Laura Tsoronis (grade one), Sarah Creighton (grade three), Morgan Kozyra (grade five), and Wendy Iffland (grade four).

Exciting month ahead at New Durham Public Library

NEW DURHAM — October is approach-ing fast, and the New Durham Public Library has lined up an exciting month of activities.

Spots are still open for the Fright Site Lego team for students in grades 1-3. Kids will vote on their team name, work on individual and group challenges, and build Halloween deco-rations for the display case.

The program runs four Tuesdays in Oc-tober beginning Oct. 8 from 3:30 to 4:30 p.m. Registration is required. Registration and bus transportation from the school to the library can be provided by calling the library.

Spectrum Challeng-ers, held on the second Thursday of each month, starts Oct. 10 for fourth, fifth and sixth graders. There are still spots available for this joint library and recreation department program. This month features an escape room and relay races.

Registration at new-durhamnh.myrec.com is required. The program runs from 3:30 to 5 p.m.

If you’re planning a Halloween party, or if you’d just like to learn a new skill, register for the brand-new cook-ie decorating class on Wednesday, Oct. 16, at 6 p.m. for some great ideas and techniques for spooky desserts.

The class is open to adults, as well as to par-ents and up to two of their school aged chil-dren. All of the deco-rating equipment and frosting supplies are provided, including two cookies per person to experiment on. Partic-ipants are welcome to bring their own cookies for additional practice, and hot chocolate will be available for dunking.

Registration through the library is required by Friday, Oct. 11.

Drop by Thursday, Oct. 11, between 5 and 7 p.m. for the library’s Halloween skit and trick-or-treating, the most popular event of the year.

Drive thru flu clinic at Huggins Oct. 8 and 10

WOLFEBORO — The Huggins Hospital drive thru flu shot clinic will take place on Tuesday, Oct. 8, and Thursday, Oct. 10. The clinic on Tuesday will be from 10 a.m. to 2 p.m. and the one on Thursday will go from 2 to 6 p.m.

The event has become very popular and more than doubled in size since it started in 2016. Last year, Huggins vaccinated 584 adults during the two-day event and the hospital hopes to break that record this year.

The goal of the event is to help the community stay healthy during flu season by removing barriers to getting the flu vaccine. The vaccine is free to everyone 18 or older regardless of their ability to pay or insurance situation. The clinic takes place in the hospital’s main parking lot and can be accessed by turning onto Christian Ridge Road and following the signs.

For more information about the clinic visit www.HugginsEvents.org.

School board keeping eye on state budget battle

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — The state legislature passed a budget that restores forms of state aid that lawmakers have slashed over the last decade, in-cluding stabilization and fiscal disparity aid; how-ever, Governor Sununu has vetoed it. Governor Wentworth Regional School District Super-intendent Kathy Cud-dy-Egbert, speaking to the school board on Sept. 16, shared what each dis-trict town would receive from the proposed bud-get, with the caveat that the numbers and time frames within the bud-get are once again under negotiation.

District towns would receive:

- Brookfield - \$61,993;
- Effingham - \$307,316;
- New Durham - \$160,103;
- Ossipee - \$796,678;
- Tuftonboro - \$39,363;
- and Wolfeboro, 55,872.

According to Cud-dy-Egbert, the district has lost \$559,440 in re-duced state aid over the last five years, and since 2011, the New Hamp-shire Retirement system has shifted the cumu-lative responsibility of \$5,254,000 to the school district.

Cuddy-Egbert said she has not yet put cost figures on the unfunded mandates passed by the state and federal govern-ment, but named a few

areas that could be mod-ified for cost savings. Some mandated training is the same each year, a redundancy dictated by the state. Flexibility would be helpful, she commented.

A \$60,000 projected cost for data security throughout the dis-trict has been reduced through multi-school membership in a tech-nology organization that services school districts. The schools have no con-trol over the mandates and subsequent, some-times unanticipated, expenses but have re-sponded as called upon to do so.

The Hardtacks to perform at Wright Museum Tuesday

WOLFEBORO — On Tuesday, Oct. 1, from 7 to 8 p.m., The Hardtacks will perform songs, tunes and stories from the Civil War genera-tion as part of Wright Museum’s 2019 Lecture Series.

Comprised of Marek Bennett and Woody Pringle, The Hardtacks will explore events of the Civil War through song.

“This lecture will trace the meanings these songs had through two World Wars to the Civ-il Rights movement,” said museum Executive Director Mike Culver. “It is the perfect combi-nation of education and entertainment.”

The event will feature banjos, fiddles, bones, frying pans and other period instruments.

“Bennett and Pringle were a big hit last year,” added Culver. “They en-courage the audience to participate and join in the fun.”

Bennett is an award-winning cartoon-ist and musician and Pringle is both a musi-cian and educator who teaches at many New Hampshire colleges and organizations.

“Rally ‘Round the Flag: A Century of Folk Songs from the Amer-ican Civil War” takes place at Wright Mu-seum, 77 Center St. in

Wolfeboro, on Tuesday, Oct. 1, from 7 to 8 p.m. Doors open at 6 p.m.

Seating is limited and reservations can be made by calling 569-1212.

The region’s leading resource for educators and learners of all ages on World War II, Wright Museum features more than 14,000 items in its collection that are rep-resentative of both the homefront and battle-field.

For more information about the 2019 Lecture Series, or the museum, visit www.wrightmuse-um.org.


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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	29 Cynthia Dr.	Single-Family Residence	\$106,000	RGM IRT and Richard Macdonald	Erik Kauppila P.A. Celestin-Kauppila
Alton	8 Ingalls Terrace	N/A	\$290,200	W&W Ralph Trust LLC	Andrew and Sarah E. Malo
Alton	114 Levitt Rd.	Single-Family Residence	\$285,000	Walter E. Swanbon	Janet Perkins-Howland and Allan G. Howland
Alton	73 Sleepers Island	N/A	\$112,000	Michael G. and Serene M. Eastman	Glenn & Angela Smith Trust
Barnstead	23 Nichols Circle	Single-Family Residence	\$270,000	Michael A. Casale	Werner T. Muller
Barnstead	139 Province Rd.	Single-Family Residence	\$272,000	Katharine R. and Denis G. Rickey	Alecia M. Giordano
Barnstead	39 Tom Berry Rd.	Single-Family Residence	\$127,533	Matt and Tiffany Woodbury	Matthew J. Woodbury
Barnstead	N/A	N/A	\$120,000	David E. Huntley and John F. Peterson	Richard P. Lindsay and Sarah M. Cunningham
New Durham	170 Pine Pt.	Single-Family Residence	\$368,000	Adder Hole LLC	Raymond L. Halpin and B. Ladabouche-Halpin

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Flu clinic in New Durham Oct. 8

73 words

NEW DURHAM — The New Durham Public Library is hosting a flu vaccine clinic on Tuesday, Oct. 8, from 1 to 2 p.m.

Cornerstone VNA will be on hand to administer the vaccines, which are covered 100 percent by most major insurances. Please bring your insurance card with you.

Without insurance, there is a cost.

Residents of all communities are welcome. No prior registration is required. Call the library at 859-2201 for more information.

ALTON — The Alton Parks and Recreation Department is sponsoring an adult volleyball pick up program on Thursdays at the Alton Central School Gym from 7 to 10 p.m. featuring intermediate, recreational play. Drop in anytime for this free program. All abilities are welcome to play. Please use the following link to sign up: <https://www.signupgenius.com/go/10C0F45A-FAA2AA5FB6-alton>. For more information, contact the Alton Parks and Recreation Department at 875-0109 or parksrec@alton.nh.gov.

Pencil drawing class -

ages 12+

The Alton Parks and Recreation Department is sponsoring a pencil drawing class at the Pearson Road Community Center for ages 12+ with professional artist and painter Thomas Hitchcock. Choose from a three-week, Monday and Wednesday class Oct. 14-Oct. 30 from 3:30 to 5:30 p.m. or a Tuesday and Thursday class, Oct. 15-Oct. 31 from 6 to 8 p.m. Program includes six classes and a 17-page drawing instruction book. Topics covered include perspective, composition, drawing forms and shapes, pencil techniques, drawing effects and more. Registration forms are available online at www.alton.nh.gov. Register early as space is limited to 10 participants per class. Register before Oct. 9. This is a great class to meet new people and/or take with a family member. Try something new today.

Spectacular Scarecrow Spree

Join community members as they create scarecrows around the town of Alton from Oct. 11 to Nov. 1. Scarecrows can be big, small, active or resting. Take a picture of your scarecrow, and share it with us to publish on the Alton Parks and Recreation

Department Facebook page. Send pictures to parksrec-asst@alton.nh.gov. Enjoy the Spectacular Scarecrow Spree and look for pop up scarecrows around the town.

Line dancing lessons

Line dancing is held at the Alton Bay Community Center on Thursdays from 1:30 to 3 p.m. through Nov. 14. Adults of all ages and abilities are welcome. Register on site.

Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for 0-5 years

old at the Alton Bay Community Center on Tuesdays and Thursdays from 9 to 11 a.m. The program is free and follows the ACS calendar year. Please bring a peanut-free snack for your child. For more information, contact parksrec@alton.nh.gov.

Exercise classes

Intermediate Yoga with Sheila Marston is Wednesdays, 7-8 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

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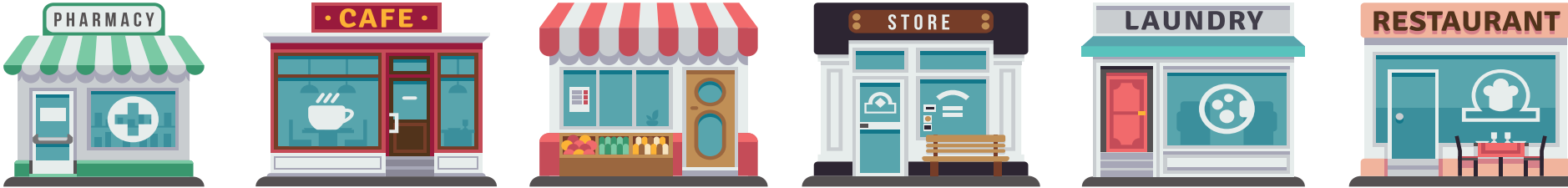
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OBITUARY

Constance (Connie) Ruth Hutchins Linnell

Active in local organizations



WOLFEBORO — Constance (Connie) Ruth Hutchins Linnell, 97 died Sept. 21, at Assisted Living of Sugar Hill in Wolfeboro.

Connie Linnell was born in Newton, Mass. to Harold Stockbridge and Norma Steele. She grew up in Waltham Mass., graduating high school there in 1939 and marrying her high school sweetheart, Lyman Moore “Hutch” Hutchins Jr. also of Waltham, in 1940.

Connie worked as a secretary for Dr. McGovern and the Natick School System for many years. She enjoyed world traveling and was active with the Ladies of the Lake Quilters Club, the Lakes Region Newcomers Club, the Bridge Club, the Lakes Region Conservation Trust and the Nature Conservancy.

She and Hutch had four children while living in Natick Mass., beginning in 1947, Donald, Kenneth, Patricia and Amanda Hutchins. Connie and Hutch were presented with several grandchildren before Hutch passed in 1978. Connie married in later years Don Linnell of

Wolfeboro. Don and Connie lived on Tuftonboro Neck until Don passed in 1987.

Connie remained in Wolfeboro after Don Linnell’s death and lived for many years on Eastman Ave. in Birch Hill Estates. Her health eventually led her to move to Sugar Hill Retirement Community in Wolfeboro where she passed on.

Pre-deceased by her two husbands, Lyman M. Hutchins, Jr and Donald Jay Linnell, she leaves her two sons, Donald Hutchins of Olalla, Wash. and Kenneth Hutchins of Natick, Mass.; two daughters, Patricia Hutchins of Concord and Amanda Maher of Suquamish, Wash.; two brothers, Phillip Stockbridge of Massachusetts and Bruce Stockbridge of Little Rock, Ark.; a sister, Gail Lee of Panorama City, Calif.; nine grandchildren, two great grandchildren and several nieces and nephews.

Services will be at noon on Saturday, Sept. 28, at the Baker-Gagne Funeral Home and Cremation Service, 85 Mill St., Wolfeboro. Burial will be at Townhouse Cemetery in Tuftonboro.

Donations may be made in her memory to the Lakes Region Conservation Trust, PO Box 766, Center Harbor, NH. 03228.

Please share your condolences, messages, stories and sign an online guest book at www.baker-gagnefuneralhomes.com.

Founder’s Day Sunday at Barnstead Parade church

BARNSTEAD — New Hampshire is filled with historical places. Too often most people are unaware of the events that took place in these historical locations. They pass them every day without taking notice of the building or location and probably do not give the history of the site much thought.

The church that sits on the northwest corner of the Parade Grounds in Barnstead is one of those places. Traffic once passed the little church as people drove between Manchester or Concord and the north country on old Highway 28 before it was modernized

and rerouted to where it is now. High school students used to gather beside the church on the Parade Grounds in all kinds of New Hampshire weather waiting for their ride to classes in Pittsfield.

On these same grounds, the local militia would gather to learn new military maneuvers and tactics after the revolution, the New Hampshire National Guard bivouacked before marching to the train on their journey to be a part of the American Expeditionary Forces, some of the first American troops to be sent to France as our nation

entered the Great War [World War I]. On these same grounds, the New Hampshire Girls’ State Softball Tournament would be held in years following World War II.

Over the years, the Barnstead Parade Grounds would be used for community celebrations, church fairs, dog shows, road races and weddings as well as many other affairs. The church on the corner of the parade has been a meeting house, mostly used for worship service, but also used as the location of 18th century town meetings prior to other offices being constructed in the Center

for that use.

It has been traditional for the Congregational Church of Barnstead Parade for a good number of years to conduct an annual Founder’s Day celebration. This year will be no different as a special service, open for anyone to attend, will be held to honor, remember and celebrate the beginning of this church, which has stood in its place since 1895.

Everybody is invited to come and learn of the history of the church and of Barnstead’s founding.

The service will begin at the usual time of 9 a.m. on Sunday, Sept. 29.

Instapot demonstration Oct. 7 at CBCC

BARNSTEAD — Ladies, have you wanted to learn more about your Instapot (or any other programmable electric pressure cooker)? The Center Barnstead Christian Church will be hosting a cooking demonstration on Monday Oct. 7, at 7 p.m. This is part of the regular “Ladies Night Out” that meets throughout the year at the Center Barnstead Christian Church. Come hungry.

Please RSVP to info@centerbarnsteadcc.org or (269-8831 so they can have a head count. If you would like to bring your Instapot and demonstrate a favorite recipe for the group, they would certainly like to know now. You could also let the church borrow your Instapot for the night and they will do the cooking for the group. Please RSVP to the above phone number or e-mail address.

The church family would love to have you join them for Sunday services or at any of the numerous activities they have on their calendar at www.centerbarnsteadcc.org.

Fall nutrition classes offered in Wolfeboro

WOLFEBORO — Patty Walker, local registered dietitian, is pleased to offer both a sugar detox program and a new wellness Reclaim Your Health Program to help you jump start the holiday season and feel your best. These programs can help attendees get energized, lose weight, improve sleep and reduce inflammation of chronic diseases.

Sugar detox program Walker states, “Almost 300 community members have graduated from the sugar detox program over the past four years. This program is designed to reduce or eliminate your sugar cravings. Participants are asked to avoid all processed flour and sugar items, as well as artificial sweeteners. Attendees get shopping lists and recipes for the program and group classes offer wonderful support.” This program meets Saturday mornings, 9 – 10:15 a.m., Oct. 19-Nov. 16.

Reclaim Your Health Program Have you ever wanted to prevent chronic diseases, reduce or eliminate medications and live a long quality life? Have you ever wanted to reduce animal protein, processed foods and improve your carbon footprint but didn’t know how? If so, transitioning to a more plant-based diet may be the solution.

Walker goes on to explain her program. “This program is the perfect way to adopt my Wellness Pyramid into reality. Each week you will follow a

roadmap of how to reduce foods toxic to your body while increasing plant-based whole foods. I will teach you how to get to a diet of 80 percent plant-based whole foods by the end of the five-week program. In addition, you will learn about other evidenced based lifestyle choices proven to help improve the quality and longevity of your life. This program is for those who are ready to try swapping their burgers for beans and ditching the dairy, sugar and processed foods to reap the rewards of across the board healthy eating.”

The Reclaim Your Health Program meets Wednesday nights, 5:15-6:30 p.m., Oct. 16-Nov. 13.

All classes meet at Still Waters Health and Wellness Center, 6 Grove St., Wolfeboro. There is an early bird discount for those who sign up a week or more ahead. Please visit www.ccdnwc.com for further information about the programs. Pre-registration is required, and classes fill up quickly. Contact Walker at 520-3176 to register.



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Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.



“Blessing of the Animals” Saturday, September 28

The Blessing of the Animals, 2017.

At noon on September 28 on the church lawn, Father Bob and Deacons Charlie and Rick will perform the traditional “Blessing of the Animals” in celebration of Saint Francis of Assisi’s feast day.

Harkening back to medieval Italy, the ceremony recalls the deacon Saint Francis’s love of all creatures and his *Canticle*: “All praise to you, Oh Lord, for all these brother and sister creatures.”

You and your dog, cat, horse, bird, or other pet or domestic animal are welcome. You need not be Catholic to participate. Light refreshments and photographs will be provided free of charge.

It’s a fun and inspiring way for all members of your household—two-legged and four-legged—to be closer to our Creator.

Masses: Saturday at 4:00 p.m., Sunday at 8:30 and 10:30 a.m. Weekdays (except Thursday) at 8:00 a.m.

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Cornerstone VNA to host annual silent auction



COURTESY PHOTO

LAST YEAR’S Home Sweet Home fundraising event was a success and it returns Oct. 3.

ROCHESTER — Cornerstone VNA is pleased to invite the community to be a part of its annual fundraising event, “Home Sweet Home” on Thursday, Oct. 3, at Flag Hill Distillery and Winery in Lee. This special event at the vineyard will begin at 5:30 p.m. and includes hors d’oeuvres, food stations, wine tasting, live entertainment, photo booth, a sweet treat raffle, a live auction and a robust silent auction featuring locally made products, gift certificates and items from favorite restaurants and busi-

nesses. Additional silent auction items include many home themed gift baskets that have been prepared by and donated by Cornerstone VNA staff. Proceeds from this event allow Cornerstone VNA to continue providing access to care for those in need and further support innovative programs and services for people of all ages.

As a non-profit organization, Cornerstone VNA strives for excellence in every aspect of their work so that their patients receive access to high quality care and advanced technology.

opportunity to visit with Cornerstone VNA clinical staff, leadership team and board of directors to learn more about their impressive history, and innovative and exciting future.

Supporting sponsors of the evening include First Seacoast Bank, Bellamy Fields and Watson Fields (in memory of Jane Cooper Fall), Favorite Foods, Holy Rosary Credit Union, Laars Heating Systems Company, LTC Partners, QIRT – Quality in Real Time, Turbocam, Trilogy Financial, Daystar, D.F. Richard, Flag Hill Winery and Distillery, BerryDunn, Eastern Boats, Health Recovery

Profile Bank, and Melissa Lesniak of Keller Williams Coastal Realty.

A special Cornerstone Award will be presented to longtime Cornerstone VNA supporter First Seacoast Bank. Introduced in 2012, the Cornerstone Award recognizes an individual or local business for their dedication and commitment to advancing the mission of Cornerstone VNA. Mike Pomp of WTSN will MC the evening’s festivities, and special thanks to Go FOTO Yourself New England for providing a photo booth and to Lilac Printing for their generous support. To purchase tickets and for information visit www.cornerstonevna.org/homesweethome or call 332-1133 x1109.

cornerstonevna.org/homesweethome or call 332-1133 x1109.

Cornerstone VNA is a non-profit home, health and hospice agency currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine. The team at Cornerstone VNA provides skilled nursing, rehabilitative therapies, social work as well as volunteer and support services through five distinct programs: Home care, hospice care, palliative

care, life care-private duty and community care. For 106 years, Cornerstone VNA has been committed to bringing services to people of all ages so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end of life care. To learn more about Cornerstone VNA, visit www.cornerstonevna.org or call 800-691-1133.

CYANOBACTERIA

(continued from Page A1)

some of the water drainage issues. The committee is working with the governing bodies of both towns to pursue a Section 319 Grant from the EPA, made available through the Clean Water Act. The grant would provide funding for things like technical assistance, financial assistance, education, and training to address the concerns about the polluted runoff entering the ponds, lakes, and waterways in the area.


The CMSC also highlighted actions individual residents can take to help stymie the phosphorous run-off. “In addition to stormwater control from public roads we need to get each resident who lives next to water to review their use of lawn fertilizers and only use fertilizers without phosphorus in them,” Quimby noted. Protecting Lake Winnepesaukee from wide-spread cyanobacteria outbreaks will require joint efforts from the state, the towns, and individual residents. “[Residents] must review how storm water runs off their land into water and create opportunities to capture the water in the ground by putting in rain gardens, pervious pavers, shoreline vegetation and infiltration areas,” Quimby said.

Quimby hopes that the CMSC can help advise residents on how they can be proactive about this issue to protect the lake, and Alton Bay. “The CMSC can provide residents with do-it-yourself information on how to do this,” Quimby said, “the most important they must be aware of how to properly maintain their septic systems.

nesses. Additional silent auction items include many home themed gift baskets that have been prepared by and donated by Cornerstone VNA staff. Proceeds from this event allow Cornerstone VNA to continue providing access to care for those in need and further support innovative programs and services for people of all ages. As a non-profit organization, Cornerstone VNA strives for excellence in every aspect of their work so that their patients receive access to high quality care and advanced technology. This festive and unique event is a wonderful opportunity to visit with Cornerstone VNA clinical staff, leadership team and board of directors to learn more about their impressive history, and innovative and exciting future. Supporting sponsors of the evening include First Seacoast Bank, Bellamy Fields and Watson Fields (in memory of Jane Cooper Fall), Favorite Foods, Holy Rosary Credit Union, Laars Heating Systems Company, LTC Partners, QIRT – Quality in Real Time, Turbocam, Trilogy Financial, Daystar, D.F. Richard, Flag Hill Winery and Distillery, BerryDunn, Eastern Boats, Health Recovery of phosphorous, Alton Bay will be at risk. “Presently there are over 850 kilograms (1,800 lbs.) of phosphorus going into Alton Bay each year from the Merrymeeting River,” Quimby cautioned. “This is a staggering amount of phosphorus and at some time the Bay will no longer be able to handle it. Then the Bay will start having blooms of toxic cyanobacteria (which occur now in New Durham) and the state will ask that residents and vacationers avoid contact with the water.”

CMSC hopes that the communities and residents will work collectively going forward. “[We need to] hinder stormwater runoff from entering the water, keep their septic systems in good order, and minimizing their use of phosphorus especially in lawn fertilizers. Picking up pet wastes is also important,” Quimby said.

“This is just the first step,” Quimby said. He urged residents who want to volunteer with the CMSC to contact him at fwq1@cornell.edu or call at 859-4280.



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New Hampshire FAIR DAYS

Lancaster Fair

August 29 to September 2, 2019

Location: 516 Main Street, Lancaster
Tickets: \$15 (including rides) on Thursday, Friday and Monday; \$17 on Saturday and Sunday; seniors are free on Thursday and Monday and \$10 on Friday-Sunday; children under 36" are free with paying adult
Online: www.lancasterfair.com

Hopkinton State Fair

August 30 to September 2, 2019

Location: State Fairgrounds, Contoocook
Tickets: \$12 for ages 13-59, \$10 for seniors 60+, \$8 for youth ages 5-12, children 35 months and under free.
Four day passes are also available.
Online: www.hsfair.org

Rochester Fair

September 12 to 22, 2019

72 Lafayette St., Rochester, NH 03867
Tickets: \$9 general admin., children under 8 are free
Online: www.rochesterfair.com

Hillsborough County Agricultural Fair

September 6 to 8, 2019

Location: 15 Hill Dale Lane, New Boston
Tickets: \$10 for adults, children 6-12 and seniors are \$5, children under 6 are free
Online: www.hcafair.com

Deerfield Fair

September 26 to 29, 2019

Deerfield Fairgrounds
Route 43, Deerfield
Tickets: \$10 for ages 13+; ages 12 and younger are free
Online: www.deerfieldfair.com

Sandwich Fair

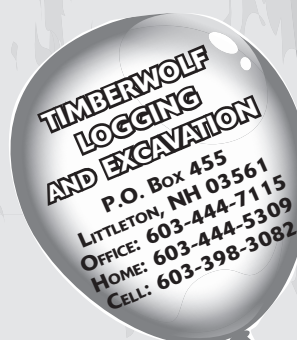
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Starting Point office at Huggins Hospital fully staffed

WOLFEBORO — Starting Point has been providing free and confidential services to victims of domestic and sexual violence in Carroll County for nearly 40 years. Their southern office at Huggins Hospital in Wolfeboro is fully staffed from Monday through Friday for services.

Brad Loomis, Direct Service Coordinator and Penny Frechette, Family Violence Prevention Specialist, divide their time between the Conway office and the Wolfeboro office at Huggins. Loomis has been with Starting Point for 10 years as the Family Violence Prevention Specialist, recently taking the position as the Direct Service Coordinator. He is also a court advocate. Loomis has worked in law enforcement and has a long history of working domestic violence cases as a prosecutor. Frechette also has a law enforcement background and has been with Starting Point for over a year



COURTESY

BRAD LOOMIS, Direct Service Coordinator, and Penny Frechette, Family Violence Prevention Specialist, divide their time between Starting Point's Conway office and the Wolfeboro office at Huggins Hospital.

working as a court advocate before taking on the role as Family Violence Prevention Specialist. Both bring a wealth of expertise to the agency.

Available services at the Starting Point Huggins office include court advocacy, personal advo-

cacy, emotional support, accompaniment to Child Advocacy Center, and transitional services. Additional services available from Starting Point advocates include; support groups, housing advocacy, shelter and prevention and outreach

services. Starting Point has a total of nine staff members and currently has an opening for a full-time advocate.

If you or some one you know is experiencing domestic violence or stalking or has been sexual assaulted, or if you

would like to speak with a prevention specialist please call 447-2494 Monday through Friday or the 24/7 support line at 1-800-336-3795.

An open house for Starting Point will be held on Wednesday, Oct. 16, from 10 a.m. to noon

at the Huggins Hospital location.

For more information please call 447-2494 or e-mail community@startingpointnh.org.

LETTERS FROM EDWIN Road ways

BY EDWIN TWASTE
Contributing Writer

Whenever I drive, I can't seem to not watch what is happening on the sides of the road. It may be due to conscientious driving. It may be out of distraction, or maybe just trying to fill in the full picture of this place and time. Whatever the reason, with all this nice summer weather, there are always people out running, walking their dogs or riding their bikes along the road to take note of. It's a beautiful time of year to be outside.

From my observances, one thing seems to be obvious. They mustn't teach street safety any more. I remember getting instructed on how, when you are walking on a road, that you should be facing the traffic so you can see what may be coming at you. That real-

ly made sense. I remember being out walking one snowy winter night along a highly-traveled road and actually jumping over the snow bank so as to avoid getting hit as this vehicle was coming right at me. I didn't want to take a chance that they would actually see me in the road. The instructions worked, I'm still here to tell you about it.

Alternatively, when on a bicycle, you were considered part of the traffic and needed to follow the traffic patterns. Keep right, pay attention to signs and lights and use turn signals. I actually saw someone using turn signals on a bike a few weeks ago and was beside myself.

Growing up, I was always out on the streets. I walked everywhere until I finally got my

freedom in the form of a bike. My first bike was a hand me down from my sister, so it was a girls' bike with the lowered cross bar. I used to get razzed by other kids for this, but at least I was mobile. One of my early alterations of purpose was to merge the broken front brake handle with the button of a battery operated bike horn so when I squeezed the brake, my horn would blow.

I would go everywhere. City streets, highways, or country roads. We didn't have interstate highways yet. All I needed to do was to be home when the lights came on. I could go anywhere I desired. That was freedom.

Once when I was probably 14, I wanted my father to buy a small outboard motor for our

row boat. I traveled over 25 miles one afternoon, stopping at marinas and picking up information to support my cause. I

ing the boat and fishing on our family vacation.

The best place to ride bike was always out in the country. Even

driving up a road near my home and I looked up ahead to see a person in the distance walking down the road toward

RAMP

(continued from
Page A11)



AIMEE TERRAVECHIA

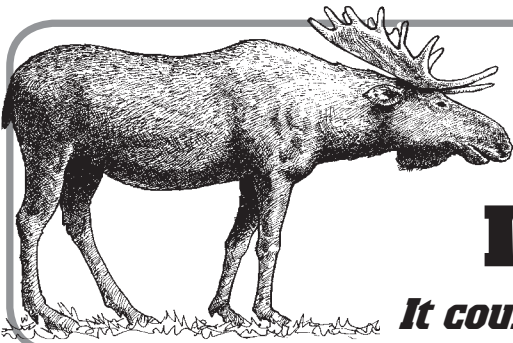
DOWNING'S LANDING is closed while construction continues on a new boat ramp.

Wildlife Journal that, "In 1993 there were fewer than 10 Fish and Game public access sites." By 2010, the PWAAB had increased that number to 140. Downing's Landing joined that list in 2012.

The PWAAB and the NHFG plan to make

Downing's Landing more accessible to residents of New Hampshire who hope to take advantage of fishing, boating, and other activities on Lake Winnepesaukee. Questions, comments and concerns should be directed at Garret

Graaskamp of the New Hampshire Fish and Game at Garret.Graaskamp@Wildlife.nh.gov or 271-1748. More information about the project and others like it can be found at www.wildnh.com/access.



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PET OF THE WEEK

ABBOTT



Abbott is a 1 year old lab mix that found his way to the shelter all the way from Lubbock Texas. He already knows sit, and is super food motivated to learn more! He is very active and smart. Abbott is looking for a family with teens or older, maybe a dog friend, and no cats. He will need basic training and daily exercise to help him be the best that he can be!

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MARK ON THE MARKETS

In defense of Wall Street



BY MARK PATTERSON
Contributing Writer

Lately, I have heard of barrage of rhetoric that I believe is supposed to get the masses riled up against “Wall Street” and corporate America. Wall Street and corporate America have been demonized in the past so it is really not a new

concept. This is not a criticism of the political left or right because I have heard this rhetoric from both, so I assume it is to gain favor with the shrinking middle class in our country.

Wall Street was formed as a place or exchange where companies formed by people like us were able to sell shares or ownership (equity) in their company to investment companies, pension funds or individuals. The benefits to the seller were creating a means of raising capital to expand and hire more employees, research and development of a new life-saving drug or maybe mass produce a

vehicle so that it was affordable to most Americans. The benefit to the buyer of this equity, was that for a small sum of money, they too could own a piece of a company, idea or concept that they would have never been able to be involved with if not for what is now the New York Stock Exchange. The Dutch traded coffee back in the 1600s in a similar fashion to the commodity pits in Chicago and New York of recent times, these exchanges are not a new idea created by Goldman Sachs.

The “Wall Street” that is being held up as evil today is the banking side of Wall Street. In the 1990s, President

Clinton signed the Gram-Leach-Bliley act into law that permitted the partial repeal of the Glass-Steagall act that separated commercial and investment banking, among other things. This GLB act led, in part, to the formation of the housing bubble over the next decade, which burst in 2008. Government, banks, you and I, the consumer all contributed to the housing meltdown. However, it is real easy to blame Wall Street and the big banks, because they are perceived as greedy, cold and heartless.

There are good and bad in every profession, business, and government, but before we

hang Wall Street out to dry, we should imagine this country without it. Every developed country has an exchange that attempts to be as efficient as the exchanges that we have in this country. The Chinese economy is slowing and their stock markets are very volatile. Nobody can do capitalism like the USA. We are the best innovators and market-ers in the world with the best workforce and leadership anywhere.

Not long ago, Ken Langone, a wealthy capitalist (Home Depot) and philanthropist, announced to NYU medical school students that their tuition was now paid for by him and

other greedy capitalist billionaires. Langone is talking with other corporate leaders to do the same in other medical schools, allowing students to become doctors and not have loans to repay. This would allow these new doctors to stay in fields where they’re needed, not leaving for a more lucrative specialty. It is my personal experience that those who have been financially successful in business are very generous to others.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com

Forestry workshop Oct. 19 in Milton



MILTON — Moose Mountains Regional Greenways (MMRG) and Branch Hill Farm/Carl Siemon Family Charitable Trust (BHF/CSFCT) will offer a free forestry workshop on Saturday, Oct. 19, from 9:30 a.m. to noon at Branch Hill Farm’s Salmon Falls Woodlands in Milton Mills. The natural history tour, titled ‘Walking Through Time in a Local Forest,’ will be led by consulting forester Charlie Moreno, who has offered many previous popular workshops for these partner conservation organizations.

For this workshop, Moreno will lead participants on a walk along the

trails through the Salmon Falls Woodlands and will invite you to take a simultaneous stroll through time. His goal is to share a long-range perspective of New England forests, offering a narrative of how the forest, wildlife and land have changed over millennia.

Along the way, Moreno will point out possible signs of early Native American use of this land as well as indicators of 19th century agricultural use. The main trail across the parcel was once the main road from Milton to Milton Mills, with historic landmarks, the Applebee cellar hole and cemetery. Rubbings of the old grave stones

will be available. The journey will also include stops showcasing characteristics of today’s sustainably-managed forest and a stop on the peninsula between the Branch and Salmon Falls rivers, where Moreno will discuss how glaciers shaped the land and how ice age geology still influences the forests of today.

As a consulting forester, Moreno manages more than 30,000 acres of forests for private landowners, conservation organizations, and communities in southern New Hampshire and Maine, including the BHF Salmon Falls Woodlands site of this workshop. He expects this natural histo-

ry workshop to be of interest to woodlot owners, natural history buffs, conservationists, and outdoor enthusiasts.

The workshop is free and the public is invited but pre-registration is required. For more information, directions, and to register, contact MMRG Education Coordinator Kari Lygren at 978-7125 or e-mail info@mmrg.info. Participants are asked to leave pets at home.

MMRG, a non-profit land trust, works to conserve and connect important water resources, farm and forest lands, wildlife habitats, and recreational land in Brookfield, Farmington,


Middleton, Milton, New Durham, Wakefield and Wolfeboro. Throughout the year, MMRG offers many educational opportunities to inform all ages about the benefits of the region’s natural resources. For more information and a calendar of upcoming events, visit www.mmrg.info. Branch Hill Farm/the Carl Siemon Family Charitable Trust works to protect open space and working forests and to educate the public about sound forestry, conservation and agricultural practices. See www.branchhillfarm.org.

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Keeping a block of wood at hand, to ward off an errant bolt



By JOHN HARRIGAN
COLUMNIST

Mail accumulates in two major piles to either side of the keyboard on my downstairs desk. Behind the computers is sort of open territory, the kind of undeveloped wild land that’s being taxed into oblivion in towns without Current Use. That’s where I keep the little bag of treats for Millie, who particularly likes the pepperoni-style sausage sticks, which don’t really smell like pepperoni at all but more like dirty laundry. Still, she happily accepts them and wedges them in her mouth like a big bone from the butcher, and trots (with impressive foot-action, I might say) back to the livingroom with her trophy.

The mail seems to be a bottomless pit, a couple of piles that never seem to shrink. But the mail is always wonderfully different. Thus, it’s always fun to turn to the old “From the Mailbag” tactic now and then. Still, I can envision some readers holding their heads, hands clapped onto ears and elbows akimbo, yelling “Arghhh!” or maybe “No mas! No mas!” and longing for an essay. Other readers tell me they like a series of one- or two-paragraph items broken up into little segments. A “From the Mailbag” column is, by dint of its multiple topics, bound to be like that.

+++++

First, to get rid of a piece of pink paper that’s been floating around my desk for what seems like decades, I wish people doing New Hampshire and New England weather reporting on radio and television would quit using the government-issued, one-term-fits-all “flash flooding.”

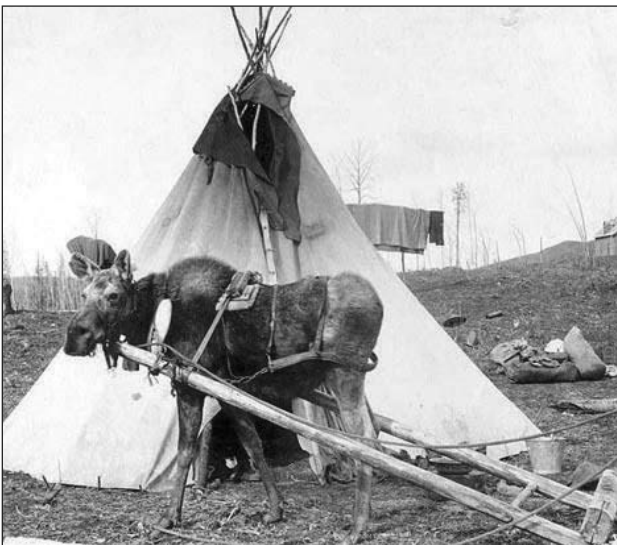
“Flash flooding” is by nature a Western term, calling to mind water from cloudbursts rushing down bare-naked ridges and mountains and trapping prospectors and their overloaded mules in some desolate canyon. Queue the music, to a clip-clop beat.

Our flooding, which can be spectacular and worthy of Hollywood on its own merits, is more likely to be about getting way too much rain during spring breakup, with haggard media doing lots of stories about jumbled-up ice.

+++++

Many of New Hampshire’s villages sprang up near ancient fording places across rivers, this primitive wading business soon to be replaced by a succession of bridges, almost all of them wooden, many of them covered, and many destined to die by fire or heaving chunks of ice. And then too there were the logs being driven downriver by timber barons, who seemed to have attorneys following right along behind the logs to settle claims and write checks for farmers and bridge-builders.

I’m thinking about Franklin, where the ripples above the rapids marked a good place to



COURTESY

This old photo, origins unknown, has everything going for it—doleful-looking moose in harness, upscale travois, teepee with a smoked smoke-hole, and a pile of duffle that resembles a still not-invented snowmobile.

ford, and Plymouth, and Lancaster, North Stratford, and Colebrook. All began as good places to get cattle, work-horses and carriages across rivers and streams, which also were (and often still are) choke-points for ice during the spring freshet.

The original people, in my case the Coashaukees, an offshoot tribe of the Wabanaki, “People of the Dawn Land,” had well-worn trails on both sides of rivers and streams, and by necessity knew the best places to wade across, on two legs instead of four, because in pre-settlement times they had no horses or cows.

Moose, it bears noting here, can be captured and trained, and have been photographed hauling dump-wagons and buggies, but they most often die early in captivity, so we can’t really count moose.

One of history’s most widely circulated photographs of a moose allegedly in harness, by the way, was a blatant fake (why, one wonders, when

are so many legitimate ones?). It shows a “teamster” allegedly bending over to pick a proffered hoof. But wait—the moose still has four feet on the ground; the log piles on either side are the same photo, flipped; and the trees bear obvious spring greenery, whereas those impressive antlers would have come off during winter.

Settlers, having made a long slog far above the most previously settled place, most naturally wanted to develop both sides of a river or stream, so they forded in shallow places above rapids. No sooner had smoke curled from the chimneys than the bridge-builders set to work, often private venture capitalists who would soon be seen nailing up “Walk or Pay Two Cents,” or some equally profit-driven phrase. The Cheap Yankee observes here, hastily, that there is absolutely nothing inherently wrong with a profit. However, we should also look up “gouging.”

+++++

I often write about the delight I find in thunderstorms, during which I



The best-known “moose in harness” is a bald-faced fake. Trees bear spring greenery, antlers come off during winter, and those log piles are the very same.



“A moose as a draft animal,” says the caption on this undated photo, which looks like it was taken in the ‘30s or so, when trotting horses were wildly popular and even small towns had tracks. We’d wonder if the moose would break stride. (Courtesy permies.com)

sit out on the porch to watch what my mother always called “The Greatest Free Show on Earth.” Eventually, the sideways driven rain drives me in.

I had this note from a reader in Tuftonboro:

“Your column on lightning brought memories of growing up in the mid-Forties and early Fifties in Wakefield, Mass.,” she wrote. “My Dad loved to stand out on the porch to watch every thunderstorm, much to the chagrin of my Mom.

“When he was a young man, he was struck by a bolt of lightning that came down the wires attached to the house, and across the screen where

he was leaning. He was knocked unconscious, and had to carry a very long scar down the left side of his body for the rest of his life.”

I’ve never been hit (knocking on wood here), but I’ve come close, to the point of hair standing on end and the heavy odor of ozone. But I’m as pig-headed as a prospector’s pack-mule, and go sit on the porch for the show.

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

Haynes receives Coast Guard Foundation Scholarship

BARNSTEAD — The Coast Guard Foundation, a non-profit organization committed to the education and wellness of all Coast Guard members and their families, announced that it has awarded 128 new scholarships in 2019. In the 29 years of this program, the Coast Guard Foundation has paid out more than \$5.4 million to more than 1,100 college-aged young adults to help the families of Coast Guard members achieve their goals of higher education.

Kayla Haynes, from Center Barnstead was awarded a Coast Guard Foundation Scholarship. Haynes, child of USCG Senior Chief Petty Officer William Haynes III, will attend University of New Hampshire.

The Coast Guard Foundation Scholarships benefit the children of enlisted men and women who are serving or have served in the U.S. Coast Guard, whether active duty, reserve, retired or deceased.

“The children of the brave men and women of the Coast Guard consistently demonstrate a focused dedication to their studies and desire to give back to their communities,” said Susan Ludwig, president, Coast Guard Foundation. “These scholarships are an investment in the development of the next generation of leaders. The future of our country will be determined by these young adults. We are proud to assist them to get the education they desire.”

To learn more about the Coast Guard Foundation, or to help support its work, please visit www.coastguardfoundation.org or call (860) 535-0786.

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COURTESY PHOTO
For their first session of Spectrum Start-Ups, the new primary grades monthly program co-sponsored by the New Durham Public Library and the New Durham Recreation Department, kids clambered through an obstacle course and overcame obstacle art, where they had to cut with their non-dominant hands, glue items together with their eyes closed, and paint while holding the brush between their teeth to complete a craft. Participants will experience a wide variety of activities throughout the school year.

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Masons hosting barbecue Oct. 12

ALTON — The Masons of Winnipisaukee Lodge will be hosting their second annual barbecue dinner, open to the public, on Saturday, Oct. 12, from 4:30 to 6:30 p.m. at the Masonic Lodge on Route 28, a quarter-mile south of the Alton Traf-

fic Circle. Tiede Farm Smokehouse is preparing the dinner, which will consist of pulled pork, ribs, smoked baked beans, cole slaw, corn bread and dessert. Beverages will include coffee and tea, lemonade or fruit punch, or water.

As with all their dinners, you may eat in the dining hall, or they will prepare a take home box for you. Tickets may be purchased at the door. Please contact Frank Alden at 859-8881 or Dave Collier at 875- 0816.

Barnstead Historical Society open house is Saturday

BARNSTEAD — Do you have one of those odd items you've got questions about? How about some pictures you'd like help identifying? Here's your chance. The Barnstead Historical Society invites the

public to its first public "open house" to be held on Sept. 28 from 10 a.m. to noon at the Town Hall. Do you have pictures you'd like to share, but aren't able to part with quite yet? They have a scanner avail-

able. Do you need help with researching your own historic property? They might be able to help. Stop in for a cup of coffee and visit with the Barnstead Historical Society.

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SPORTS

THURSDAY, SEPTEMBER 26, 2019

THE BAYSIDER

SECTION B, PAGE 1

WHAT'S ON TAP

As the calendar turns to October, the local high school teams continue with a full slate of games.

The Prospect Mountain boys' soccer team will be at Newfound today, Sept. 27, at 4 p.m., will be hosting St. Thomas at 4 p.m. on Tuesday, Oct. 1, and will be at Sanborn at 4 p.m. on Thursday, Oct. 3.

The Timber Wolf soccer girls will be hosting Laconia on Friday, Sept. 27, at 4 p.m. and will be at Belmont at 4 p.m. on Tuesday, Oct. 1.

The Prospect Mountain cross country team will be running at Berlin at 10 a.m. on Saturday, Sept. 28.

The unified soccer Timber Wolves will be hosting Portsmouth at 4:30 p.m. on Monday, Sept. 30, and will be at Newfound at 4 p.m. on Tuesday, Oct. 1.

Prospect's volleyball team will be at Franklin at 6 p.m. on Monday, Sept. 30, and will be at Farmington at 6:15 p.m. on Wednesday, Oct. 2.

The Timber Wolf golf team will be at The Oaks on Monday, Sept. 30, at 4 p.m. and will be at Canterbury Woods at 3:30 p.m. on Tuesday, Oct. 1.

At Kingswood, the soccer boys will be hosting Plymouth tonight, Sept. 26, at 4:30 p.m. and will be at Kennett at 12:30 p.m. on Saturday, Sept. 28.

The Knight soccer girls will be at Kennett at 11 a.m. on Saturday, Sept. 28, and will visit John Stark on Tuesday, Oct. 1, at 4 p.m.

Kingswood's golf team will be at Nippo Lake today, Sept. 26, will be at Windham Country Club on Tuesday, Oct. 1, and at North Conway Country Club on Thursday, Oct. 3, all with 3:30 p.m. start times.

The Kingswood football team will be hosting John Stark on Friday, Sept. 27, at 7 p.m.

The Knight volleyball team will be at Souhegan on Friday, Sept. 27, at 5:45 p.m., will be hosting Gilford at 5:45 p.m. on Monday, Sept. 30, and will be at Coe-Brown at 5:45 p.m. on Wednesday, Oct. 2.

The Kingswood field hockey team will be hosting Portsmouth at 11 a.m. on Saturday, Sept. 28, and will be at Goffstown at 4 p.m. on Monday, Sept. 30.

The Knight cross country team will be at Coe-Brown for a 9:30 a.m. meet on Saturday, Sept. 28.

High-flying fun

KATHY SUTHERLAND

The Harlem Wizards brought their entertaining form of basketball to Prospect Mountain High School on Saturday night for a fundraising evening benefitting PMHS graduate Tanner Brennan.



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Saints start strong, roll past Timber Wolves

BY JOSHUA SPAULDING
Sports Editor

ALTON — It wasn't the rematch the Prospect Mountain girls' soccer team was hoping for. After a solid effort against St. Thomas in the first game of the season, the Timber Wolves were hoping for a good fight against the Saints when they came to Alton on Friday, Sept. 20.

However, that's not what happened, as the Saints scored a goal just 30 seconds in and never looked back on the way to the 9-3 win.

"They're a good team and I don't mind losing to a good team," said coach Doug Cheney. "You can't take anything away from them. Great coach, great squad."

The Saints used their speed to get a breakaway just 30 seconds into the game and capitalized, putting the visitors up 1-0.

Prospect came back with a couple of corner kicks but they were un-

able to convert, as the St. Thomas defense held its ground. Kenzy Holden had a shot denied by the Saint keeper and Kassyidy Kelley helped out with a good clear in the defensive zone.

The Saints came up with another breakaway with 33:55 to go in the first half and upped the lead to 2-0. Prospect came back with a shot from Ava Blair that was stopped by the Saint keeper while at the other end, Prospect keeper Mackenzie Bicknell made a kick save on a St. Thomas bid.

The Saints got a corner with 10 minutes gone in the game and ripped a shot top shelf for the 3-0 lead and less than three minutes later, added a low shot to the far post for the 4-0 lead. The Saints continued to pressure, with a direct kick and a corner kick, but Holden played solid defense and Hannah Racine also helped out on the defensive side



HANNAH RACINE (left) and Piper Flood go after the ball in action against St. Thomas last Friday.

JOSHUA SPAULDING

as the Saints worked for another goal. Bicknell made a save and then Grace Hardie came back with a good cross at the other end that just missed Blair in front.

Piper Flood also had a shot that was denied as well.

After a St. Thomas direct kick that went wide, Mackenzie Renner had a bid that was stopped

ner that went high and the Bicknell had a save, Racine helped out with good defense and Blair had a shot denied as the game went to the half with St. Thomas up 5-0.

Like in the first half, the Saints scored early in the second half, putting a shot in the net 48 seconds into the half for the 6-0 lead.

Ashlyn Dalrymple came back with a bid for Prospect that was denied and Hardie had a shot go wide of the net.

Prospect was able to get on the board with less than four minutes gone in the half, as Hardie took a direct kick and buried it, cutting the lead to 6-1.

Kelley had a good defensive stop and Bicknell made a save in the Prospect net while at the other end, Holden had a shot go wide. Bicknell made a nice save on a St. Thomas corner but with 28:24 to go, the Saints struck again, as a cross in front was tipped home to make it 7-1. Flood sent a shot wide at the other end for the Timber Wolves.

The Saints got another corner with 21:50 to go and capitalized for the 8-1 lead. Blair had a shot stopped for the Prospect girls and Alina Hardie made a nice defensive stop for the Timber Wolves.

With 16 minutes to go in the game, St. Thomas struck again for the 9-1 lead but again the Timber Wolves battled back, starting with a couple of chances from Flood that were denied. Bicknell also made a couple

of saves for the Timber Wolves. Everett had a shot go high at the other end.

With 6:15 to go, Renner sent a nice cross into the box that the St. Thomas goalie stopped but Blair got to the rebound and poked it home to make it 9-2.

Holden had a long shot that appeared ticketed for the top of the goal, but the Saints keeper got a hand on it and Renner sent the rebound high.

The Timber Wolves were able to score one more goal in the final five minutes, as Renner sent Blair in on a good run and she chipped it over the head of the goalie for the 9-3 final score.

"The early goals put us back on our heels," said Cheney. "The girls have talent, I saw great things."

He noted that he saw good things from Renner, Flood and Holden, in particular.

"You win some, you lose some," the Timber Wolf coach added. "I think you learn more from losing than from winning and we'll learn a lot from this game."

"I'm glad we got it out of the way early in the season," Cheney added.

The Timber Wolves will be back in action on Friday, Sept. 27, at home against Laconia and they will then be at Belmont at 4 p.m. on Tuesday, Oct. 1.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

MACKENZIE RENNER battles for the ball in action last week against St. Thomas.

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by the defense and Blair sent a cross through the box that just missed Flood. Jayden Burt had a shot that was saved by the St. Thomas keeper.

With 10:15 to go, the Saints were able to put a fifth goal on the board and Prospect again went looking for a goal, as Flood had a shot stopped by the keeper and Renner had a shot stopped by the defense. Flood had another shot go over the top of the net and then Payton Everett sent Flood in with a bid that the defense stopped. The Saints had a late cor-

Learn to curl on Oct. 13

WOLFEBORO — Lakes Region Curling Association will offer a free learn-to-curl clinic for the public on Sunday, Oct. 13, from 5 to 6:30 p.m. at Pop Whalen Ice and Arts Arena in Wolfeboro.

Experienced curlers will offer instruction in the basics of the sport as well as instruction in the art of stone delivery and sweeping.

All equipment is provided, and participants are asked to bring a pair of clean-soled athletic shoes to put on at the rink.

For more information about the sport of curling and Lakes Region Curling Association in particular, visit the association's web site at lakescurlingnh.org.



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Prospect, Kingswood teams move on to bass fishing championships



KINGSWOOD'S Cameron Yates (left) and Jared Dearborn show off five of the fish they caught in the qualifying round last week.

BY JOSHUA SPAULDING
Sports Editor

CENTER HARBOR — It was a good day for the local bass fishing teams as the NHIAA bass fishing qualifying tournament took place on Lake Winnepesaukee on Thursday, Sept. 19.

Prospect Mountain led the way on the day, as the team of Sam Bonner and Teddy Broska hauled in eight fish with a total weight of 16.76 pounds.

Kingswood finished ninth overall on the day

with eight fish of their own, weighing in at 13.65 pounds.

With finishes among the top 11 in the state, both teams advanced to the state championship finals, which will take place on Spofford Lake on Saturday, Sept. 28.

“We had our limit at 9:30 a.m.,” said Prospect Mountain coach Corey Roux. “We were pretty excited, the kids fished extremely well.”

He noted that the duo in his boat didn’t have any dropped fish either

and they also caught a fish late in the day with in sight of the dock.

“We had no dropped fish, we had no mistakes,” Roux said. “Everything we had came to the boat.”

Roux said that the Prospect team went out to their first spot and stayed there for three hours and caught a good chunk of the fish they eventually brought to the weighing station at that spot.

Kingswood coach Bob Gagne was pleased with



PROSPECT MOUNTAIN team members (l to r), Sam Bonner, Teddy Broska, Trevor Lavigne and Thomas Chouinard hold up the fish caught by the team in the qualifying round.

his team’s efforts, especially after not making the championship round the last two years.

“We got our limit and we got some decent ones,” he said of his anglers, Cameron Yates and Jared Dearborn. “Much better than the last two years, for sure.”

Prospect’s 16.76 pounds was first overall, beating out Milford’s 16.18 pounds. Sunapee was third at 15.64 pounds, followed by John Stark at 15.58 pounds and Alvirne at 15.47 pounds

rounding out the top five. Fall Mountain was sixth at 14.71 pounds, Coe-Brown finished seventh at 14.58 pounds and Bishop Guertin finished with 14.15 pounds.

Kingswood’s 13.65 pounds was good for ninth, with Kearsarge in 10th place at 12.85 pounds and ConVal in at 12.77 pounds to round out the group of teams moving on to the championship round.

The NHIAA bass fishing tournament is run by New Hampshire BASS

Nation. Boats were restricted to certain areas on Lake Winnepesaukee. Each boat could have two anglers in at a time along with the coach/boat captain. A total of 32 teams competed in the qualifying round.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Prospect golfers finish second at Beaver Meadow

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain golf team opened last week with a trip to Camp-ton’s Owl’s Nest Golf Club for a match hosted by Plymouth.

The Timber Wolves finished with 53 points, which put them fourth overall behind the host Bobcats at 66, Somersworth at 64 and Lebanon at 61.

Aaron Haynes led the way for the Timber Wolves, as he finished with 15 points out of the fourth spot in the lineup

Seth Huggard in the top spot and Aidan Gehly in the second spot both finished with 14s to place as Prospect’s next two scorers.

Joel White rounded out the scoring for the Timber Wolves with 11 points out of the third spot in the lineup.



SETH HUGGARD scored points for the Timber Wolves in a pair of matches.

Bruce Rawnsley in the fifth spot and Sam Caldwell in the seventh spot both finished with seven points and Mykel Whitehouse rounded out the field of Timber Wolf golfers with six points from the sixth spot in the lineup.

The Timber Wolves had their most successful match of the season, picking up a pair of wins on Wednesday, Sept. 18, at Beaver Meadow in Concord. The Timber Wolves finished with 50 points, which placed them second to host Bishop Brady (60) and ahead of both John Stark (45) and ConVal (45).

The Timber Wolves were led by White, playing out of the top spot in the lineup. He finished with 15 points.

Rawnsley played out

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COREY ROUX pilots the PMHS team into shore at the end of the qualifying round on Thursday.



THE KINGSWOOD team prepares to bring its fish to the weigh station at Center Harbor beach.



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Freelance writers needed to cover meetings and events in Alton, Barnstead and New Durham. Evening hours often required.

For more information, e-mail josh@salmonpress.news



Salmon press Media



JOSHUA SPAULDING
DEUCE SMITH runs for Prospect Mountain in action at Newfound last week.



JOSHUA SPAULDING
JILLIANNE SIMPSON ran her first race for Prospect Mountain on Thursday in Bristol.



JOSHUA SPAULDING
HANNAH CAPSALIS runs with a couple of Kearsarge competitors last week at Newfound.



JOSHUA SPAULDING
LUKE DEROCHE scored for the Timber Wolves at Newfound last Thursday.

Another week, another win for Dowd

BY JOSHUA SPAULDING
Sports Editor

ALTON — For the second time in less than a week, Prospect Mountain sophomore Veronica Dowd beat the field to the finish line in a Lakes Region race. Dowd followed up her win in the Laconia Invitational on Saturday with a win in the Newfound Invitational on Thursday, Sept. 19, as she cruised to the win in 22:31, 30 seconds ahead of her closest competitor, Kearsarge’s Mya Dube. Hannah Capsalis was next in for the Timber Wolves, as she finished in a time of 25:24 for 11th overall, while Lara Renner finished in 19th place in a time of 26:41. Freshman Jillianne Simpson competed in her first race for the Timber Wolves and came home with a 43rd place finish overall in a time of 31:20. Michael Mott was again the top finisher for the Timber Wolf boys, as he ran to 10th place overall in 20:46. Deuce Smith was in next, crossing with a time of 21:22 for 14th place, just ahead of Dennis Simpson, who placed in 15th place in 21:22. Luke DeRoche finished in 21st place overall with a time of 21:58 and Frank Dowd rounded out the scoring for the Timber Wolves with a time of 23:02 for 37th place. Peter Dowd finished in 55th place in 24:05 and Liam White rounded out the field of Timber Wolves with a time of 24:39 for 61st place overall. The Timber Wolves will be at Berlin on Saturday, Sept. 28, for a 10 a.m. meet.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

TOUCH DOWN!
CHECK OUT THE SPORTS ACTION!

Not just another Manic Monday

Mondays are a busy day in my world, with deadlines for all of my sports sections taking place throughout the day. Because of that, I don’t always get to events that happen on Mondays, but I always do my best to get to whatever I can. Last Monday was certainly one of those days. I received an e-mail from Steve Austin of Gilman-

ton, who is the father of one of the members of the Suncook Valley Cal Ripken 12U team that won the state championship earlier this summer. I covered the team throughout their state tournament run and in the regional tournament in Raynham, Mass. His e-mail stated that he had built a wiffle ball field in his backyard and that it had been se-

SPORTING CHANCE

By JOSHUA SPAULDING



lected by NESN as the best backyard ballpark in New England and the folks from NESN were going to be in Gilman-ton on Monday to film a segment highlighting the field. Austin had invited the entire Suncook Valley team to the event and was hoping I would be able to get there. I was able to get the majority of my work done in time and made the trip to Gilmanton and found the Austins’ field at the end of their driveway near Gilman-ton Four Corners tucked away behind their barn. It was quite an impressive field, carved out of the former farmland that the Austins had reclaimed. When I arrived, legendary NESN analyst and Red Sox Hall of Famer Jerry Remy was already there, talking to the kids and parents who had arrived to help prepare for the excitement. Steve had a ceremony all laid out and thought through everything, dividing the Suncook Valley squad into two teams. Jerry Remy quickly piped up that he



ROB GORDON – COURTESY PHOTO
IT WAS AWESOME meeting Jerry Remy and Dave O’Brien last Monday in Gilmanton.

would be willing to pitch to the kids. So, a chair was set up on the pitcher’s mound and he took some warm ups as his broadcast partner, Dave O’Brien showed up. As someone who listens to a lot of games on the radio, I have heard Dave call many games with Joe Castiglione and he remains one of the great play-by-play guys out there today. He introduced the entire lineup for each team and after the first pitch and National Anthem, the kids got to playing. Jerry was really a

good sport, pitching the entire game as the kids rocketed wiffle balls over the fence, joking afterwards that he had a good day, “only gave up 70 runs or so.” It was really interesting to talk to Dave and listen as he talked about the contest that the Austins won and about Red Sox baseball and New England in general. Overall, it was a fun Monday afternoon watching a bunch of kids have fun on a backyard field and it was cool to see it run on NESN on Wednesday afternoon

during the Red Sox pre-game show. Finally, have a great day Steve and Cathie Austin. Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Church Service
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10 am Worship Service
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CENTER BARNSTEAD CHRISTIAN CHURCH
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Sunday School for all ages 10:00 am.
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Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am.
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Gilmanton field wins NESN contest

State champion Suncook Valley Cal Ripken team takes part in festivities

BY JOSHUA SPAULDING
Sports Editor

GILMANTON — The Red Sox did not play on Monday, Sept. 16, but anyone driving through the Four Corners area of Gilmanton may still have heard the dulcet tones of Dave O'Brien, the play-by-play voice of the Red Sox for New England Sports Network (NESN).

And if they had taken a trip down a long driveway on Meadow Pond Road, tucked behind a barn in the yard of Steve and Cathie Austin, they would've seen Red Sox legend and NESN color analyst Jerry Remy sitting in the middle of a wiffle ball diamond throwing pitches to a group of state champion baseball players.

But most importantly, they would've seen people having fun with a game that they love.

The event was put together by the Austins and they invited their son Nick's Suncook Valley Cal Ripken 12U teammates to join in.

For the past 12 years, Steve Austin has been working on and improving a wiffle ball field located next to the barn on his property. And this year, it was recognized by NESN in the Best Backyard Ballpark in New England contest.

Steve Austin noted that he has entered the contest before but almost didn't enter it this



RED SOX television analyst Jerry Remy poses with members of the Suncook Valley 12U Cal Ripken team.

year, but changed his mind late in the game.

"I asked Nick to make the (30-second) video and he had it done in like 10 minutes," Steve Austin said.

And then word came down that his wiffle ball field had been chosen amongst all the fields in New England. O'Brien and Remy actually had the final choice on the winning field.

"It was absolutely gorgeous," O'Brien said of the pictures and video they received of Meadow Pond Field, the name for Austin's diamond. "The barn, sitting right next to the perfectly-mani-

cured baseball diamond, it seemed like the perfect backyard to me and to Jerry."

For Steve Austin, the field has been a labor of love.

"I had always wanted to do this and we finally had enough space to do it," he said. "This had been farming land for a long time, so the soil is nice and rich and fertile."

However, the area behind the barn was overgrown and needed a lot of work to level things out and carve the diamond out of the yard.

"I built it for my son, but as I went along, I

realized I was kind of building it for myself," Steve Austin said. "And

I add a couple of things every year, it's kind of like my zen garden."

"Congratulations on a beautiful field," O'Brien told the crowd assembled as the group of Suncook Valley Cal Ripken players got ready to take to the diamond. The players had been split into two teams and O'Brien then introduced them all prior to the National Anthem. "We got to choose the winner, so your field was hand-picked by the RemDawg."

Cathie Austin, who has been fighting some medical issues over the last few months (her husband reports she's progressing very well) threw out the first pitch and Orion Neathery, the Suncook bat boy throughout the season, uttered the 'play ball.'

Remy volunteered to be the pitcher for the game and spent more than an hour throwing wiffle balls to an excited crowd. SEE FIELD, PAGE B10



JERRY REMY signs an autograph for Nick Austin at his family's backyard wiffle ball field.



NESN PLAY-BY-PLAY voice Dave O'Brien addresses the crowd in Gilmanton last Monday.



SUNCOOK VALLEY coach Gary Bedell Jr. holds his daughter Skyler as she watches the cotton candy machine churn out its sugary goodness.



CATHIE AUSTIN throws out the first pitch on her family's wiffle ball field.



KNYTE NEATHERY was the first player to hit a home run off of Red Sox legend Jerry Remy.



MEADOW POND FIELD was named the Best Backyard Ballpark in New England by NESN.



MEADOW POND FIELD was a flurry of activity last Monday.



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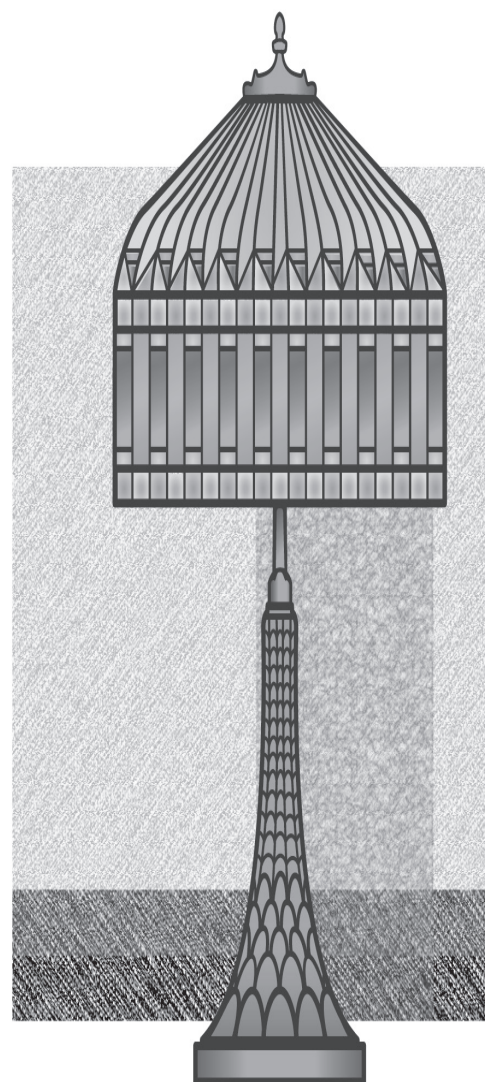
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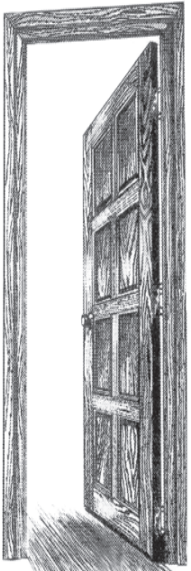
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• Record Enterprise	• Winnisquam Echo	• Newfound Landing
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HEALTH FACT:




OVERALL, THESE TWO SPORTS CAUSE THE MOST EYE INJURIES, FOLLOWED BY WATER SPORTS AND RACQUET SPORTS.

ANSWER: BASKETBALL AND BASEBALL

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A




B



Answers: 1. Can't see reflection in goggles 2. Missing snap on coat 3. Extra cloud in sky 4. Missing person in background

THIS DAY IN... HISTORY



- **1066:** WILLIAM THE CONQUEROR LANDS IN ENGLAND, THUS BEGINNING THE NORMAN CONQUEST.
- **1924:** TWO U.S. ARMY PLANES LAND IN SEATTLE AFTER COMPLETING THE FIRST AROUND-THE-WORLD FLIGHT IN 175 DAYS.
- **2016:** A BLACKOUT BEGINS IN SOUTH AUSTRALIA. IN SOME AREAS, POWER IS OUT FOR THREE DAYS.

New Word

TRAUMA

physical injury

How they SAY that in...

ENGLISH: Blink

SPANISH: Parpadear

ITALIAN: Lampeggiare

FRENCH: Cligner des yeux

GERMAN: Blinzeln

Did You Know?

WEARING PROTECTIVE EYEWEAR WHEN EXPOSED TO FLYING OBJECTS CAN PROTECT THE EYES.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: HOCKEY MASK

⓪ * ✎ ☺ ~ ⓪ ㊦ ✧ * ⚙ ✕ ✕ + ❄ ❄ ▲ ☾ * ♂ ☆ ✎ ㊦ ☹ ☹ ☹

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

☹ ☾ ☹ * ♂ ❄ ~ ☆ +

Determine the code to reveal the answer!

Solve the code to discover words related to writing. Each number corresponds to a letter. (Hint: 10 = t)

A. 10 2 8 10
Clue: Written words

B. 1 7 14 14 3 4 17
Clue: Short explanation

C. 10 19 10 12 2
Clue: Name of book

D. 9 22 3 4 3 9 10 2 4
Clue: Person in a story

Answers: A. text B. summary C. title D. character

SUDOKU

			8	5			2	
	2						7	6
		4	7		1	5		
	6	9					8	
7								
		3		6		7		
					5		9	
		6		1	9		4	3

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	7	6	2	1	9	8	4	3
4	1	8	3	7	5	6	9	2
2	9	3	4	6	8	7	1	5
7	5	2	9	8	6	4	3	1
1	6	9	5	4	3	2	8	7
3	8	4	7	2	1	5	6	9
8	2	5	1	9	4	3	7	6
9	4	7	6	3	2	1	5	8
6	3	1	8	5	7	9	2	4

ANSWER:

FIELD

CONTINUED FROM PAGE B1

ed group of young kids. Knyte Neathery was the first player to hit a homer, but he certainly wasn't the last, as the two teams combined for more than 50 runs. After the game ended, Remy was joking that it was a decent outing, only allowing 70 runs. While there were tons of homers, perhaps the most exciting moment came when Skyler Bedell, the young daughter of Suncook Valley coach Gary Bedell Jr., stepped up for a turn against Remy and rocketed a ho-

mer off the foul poul. "This is exactly like what you'd want to grow up with a ballpark in your backyard," O'Brien said. "This was a run-away winner." O'Brien also got a kick out of the joy the kids had on the field, noting that his broadcast partner especially enjoys spending time with the kids. "He loves being around the athletes," O'Brien said, motioning toward Remy, who was throwing wiffle balls on the diamond. In addressing the crowd after the game, Remy echoed those

words. "I am so happy to see young people playing baseball," the New England icon said. "It's a wonderful sport, it's so nice to see something like this." "New Hampshire is the best state in the union," said O'Brien, himself a native and current resident of the Granite State as he gazed out on the diamond full of youngsters. "And this time of year, it's the best place on earth." Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JERRY REMY addresses the crowd in Gilmanton last Monday as NESN partner Dave O'Brien looks on.

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