



THURSDAY, JULY 9, 2020

GILFORD, N.H.

Rotary awards Walsh Memorial Scholarship



Alysha Burton

Gilford Rotary Club announces that the Annual Cheryl Lynn Walsh Memorial Scholarship has been awarded to Alysha Burton, an outstanding member of the Class of 2020 from Gilford High School. The Cheryl Walsh Memorial Scholarship was estab-

lished in 1988 in memory of Cheryl, a former Gilford High School Student.

Burton was Salutatorian of her 2020 Gilford High School graduating class. She was a member of the National Honor Society and was an Eagle Ambassador during her tenure at Gilford High School. She taught the After School Spanish Program and participated as a student leader and ambassador in the GHS Freshman Jumpstart.

Community service endeavors include Cookies for Kids' Cancer Fundraiser, Gilmanton School Girls Basketball Coach, and the Gilmanton Youth Organization.

Burton is interested in pursuing a career in health care seeking a Bachelor of Science Degree in Medical Biology and a Master's Degree in Physician Assistant Studies at the University of New England in Biddeford, Maine.

"As cliché as it is, I want to help people and make a difference in the world," she said. "I am a people person, and I am always the first person to lend a hand to someone in need."

She was the co-creator of Ethics Forum, a student-created and student-run group that "seeks to empower students in order to increase the amount of student voice in the school and improve leadership skills."

The Award and Scholarship are presented annually by the Gilford Rotary Club. It is awarded to the applying student(s) who display Cheryl's character,

promise and aspirations. With the presentation of the 32nd Annual Cheryl Walsh Scholarship, over \$70,000 has been presented to 49 graduating Gilford High School seniors.

The Scholarship was started and was first presented in 1989. Gilford Rotary initially funded the Scholarship with seed money which was invested conservatively. The proceeds/earnings of investments plus contributions by Committee members, family members and friends has resulted in \$500 - \$3000 grants to the recipients over the years.

Annually, recipients receive a silver commemorative bowl, a citation, and the grant at Senior Awards Night in June. In May, a selection committee of Board Members, friends and past recipients conduct interviews to select the recipients. The Scholarship has traditionally attracted the brightest and most talented leaders and scholar/athletes of the Senior Class.

Several fund-raising activities have been held over the years, including the long-standing Annual Rotary Pancake Breakfast at Gilford's Old Home Day. The goal has been to raise and conserve a substantial enough principal to fund a meaningful and truly helpful grant to each year's recipient(s). The current fund goal is \$100,000.

Contributions may be made to: The Cheryl Lynn Walsh Memorial Scholarship Foundation, c/o Treasurer, Gilford Rotary, Inc., P.O. Box 7091, Gilford, NH 03247-7091.

Police re-schedule activities pre-empted by Coronavirus

BY ERIN PLUMMER

mnews@salmonpress.news

The pandemic has meant big impacts to police department events, programs, and trainings, though some programs and events are slowly coming back or being rescheduled.

Police Chief Anthony Bean Burpee gave the selectmen an update on his department during the June 24 meeting. The coronavirus was a major factor in a lot of the updates.

The third annual Citizens Police Academy started in February and went on for two weeks. When the pandemic hit Bean Burpee said several members of the class pulled out "for reasons absolutely understandable" and left only five participants. With the low numbers the class was canceled, but will restart next year.

The Kainen Flynn Derby every June at Gunstock was canceled this year. The National Night Out event is usually scheduled the first Tuesday in August, though the national group has been talking about rescheduling it to October.

All concerts at Bank of New Hampshire Pavilion from May through July were canceled. The pavilion and Live Nation received approval from the government to have limited capacity shows. Bean Burpee said he has been in contact with R.J. Harding, who will let the department know what is going on with shows scheduled in August and September. There will be three to four shows scheduled, with 2,400 tickets available for each.

Bean Burpee said the booking facility at Bank

of New Hampshire Pavilion is smaller than at the police station, so people will need to be transported and efforts will need to be made to ensure the safety of people in custody.

Officer training was completed in time for two new officers to go through. Off. Troy Wallace has been attending the police academy virtually, Bean Burpee said he has been at the office everyday training on an iPad. He was also put on the regular patrol schedule as part of training. He said Wallace will start attending the academy in person.

Some National Highway Traffic Safety Association grant programs for traffic enforcement were put on hold through, but started back up and will run through the summer until this September.

Bean Burpee said they have been doing a lot of hands on firearms training and will spread out and stagger classes in the training center.

The department is looking to restart its phased communication infrastructure project. Bean Burpee said the first phase completed last year, but the second phase has been on hold. He said Lt. Kris Kelley has been talking with Ossipee Mountain Electronics of Moultonborough to start phase two this summer while aiming to start the third phase next year.

The department has a new police chaplain, with a pastor from Laco-

nia taking on that role. Bean Burpee said the new chaplain was scheduled to take part in a police chaplain training program in New Jersey,

but that has been canceled multiple times because of the pandemic. The department will be taking part in rescheduled training classes held by the FBI, including

Sgt. Dustin Parent attending FBI Command College in Massachusetts and Bean Burpee himself taking part in a class in Virginia that has been rescheduled to 2021.

A multi-agency training at Bank NH Pavilion organized by the Department of Homeland Security's Joint Terrorism Taskforce was also put on hold. The training would help prepare for any possible incidents at Bank of New Hampshire Pavilion, where more than 10,000 ticket holders and staff could be at the venue on a busy summer night. Bean Burpee said the Department of Homeland Security has canceled those events for 2020, though they are still being discussed for possible rescheduling in 2021 or 2022.

With the pandemic going on, the department has still been taking care of its regular duties.

"While COVID-19 pandemic has been on we've still been reactive doing stuff," Bean Burpee said.

Bean Burpee said they are also making regular contacts with motorists. The speed sign trailer has been back out for the past few weeks. They have also been making distracted driving stops. The Friday before they stopped 13 cars for cell phone use while driving and issued tickets. Bean Burpee said all but one were New Hampshire drivers who he said should be aware of what the laws are.

New parking restrictions planned during Island Cleanup Day

BY ERIN PLUMMER

mnews@salmonpress.news

Island Cleanup Day is coming up and the town is getting the word out about changes in parking at Glendale during the event.

Island Cleanup Day is scheduled for Saturday, July 25 from 9 a.m.-1 p.m. New this year the lower parking lot at Glendale (Lot 1) will be closed during the event so waste from the islands

can be delivered and disposed of in an efficient and safe manner. This way items can be taken right from boats and residents by volunteers and town staff and disposed of to improve social distancing.

Public Works Director Meghan Theriault and the selectmen discussed the ways they are letting people know about this change before the event.

Upper Lots 2,3, and 4 will be open and parking will be available alongside the Lyons Den restaurant. Dunn also spoke with Marine Patrol and they will let the town use one section of its parking lot during the event. Dunn said this arrangement will come with some strings attached and it will be up to the board to manage

SEE **CLEANUP** PAGE A10

Lakes Region Elite summer program starting soon



FILE PHOTO

Children will be back on the Gilford Youth Center Court when Lakes Region Elite's summer basketball program returns.

BY ERIN PLUMMER

mnews@salmonpress.news

The Gilford Youth Center's kids' basketball program will return this summer with a number of changes because of the pandemic.

Lakes Region Elite Basketball will be back this summer at the GYC with boys and girls competing in separate 13 and under teams while a new 10 and under league will be added this season.

Lakes Region Elite is a program where kids

from across the Lakes Region play together and hone their basketball and team building skills. The summer league is an intramural activity with students playing each other on different teams right in the GYC gym. Lakes Region Elite also has a traveling team The Lakers who play all over New England.

Tryouts for the 13-U team took place this week and the tryouts for the new 10u team will be

on Friday.

A number of measures will be taken to protect players, coaches, and spectators because of the pandemic. The season will be shorter and as a result games will go on Monday through Saturday.

The number of spectators will be limited at each game though each game will be livestreamed for people to watch.

SEE **ELITE** PAGE A10



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*Outdoor worship
begins in Gilford*

Hope Ministries at First United Methodist Church will begin outdoor worship on Sunday, July 12 at 10:30 a.m. (weather permitting). Services will be in front of the church building off Route 11-A.

Those attending can bring a lawn chair or blanket to sit on the lawn. There will also be a limited number of parking spaces in the front lot for those preferring to stay in their cars during the service. In order to help keep everyone healthy, social distancing will be practiced and face masks will be required.

The services will also continue to be streamed online via Zoom and available on the church's Web site: nhhope.org. For more information, please contact the church office at 524-3289.

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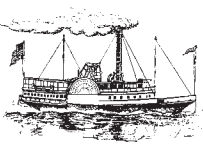
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ALMANAC

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Read about something real! Not even talking about realistic fiction. Specifically--not fiction. 'Non-Fiction' for those in-the-know. At the time of this writing, many of the top non-fiction books are about social justice.

Coming in at number one on the New York Times Bestselling Non-Fiction list is "How to be an Antiracist" by Ibram X Kendi. Part rational dissection of the phenomenon of racism, part how-to guide for preventing the harm of racism in society and in the reader, Ibram X Kendi's lucid writing could not be more relevant.

That's just the beginning. "I'm Still Here" by Austin Channing Brown, "Me and White Supremacy" by Layla F. Saad, and "White Fragility: Why it's so hard for white people to talk about racism" by Robin

Diangel are all books to read right now.

"Between the World and Me" by Ta-Nehisi Coates was the winner of the National Book Award for Nonfiction in 2015, and yet here it is on the best-seller list! The book is a letter to the author's son ruminating on race in America and the course that his life has taken. That this rich and thoughtful book is resurging years after its publication speaks to the relevance of its subject.

Climbing the ranks is John Bolton's "The Room Where It Happened." Former national security advisor worked for President Trump for 17 months, and this book is his account of that experience.

It wouldn't be a best-seller list without at least one book about World War II. Chris Wallace's "Countdown 1945: The extraordinary story of the atomic bomb and the 116 days

that changed the world" establishes the groundwork for one the most consequential decisions ever made.

"Untamed" by Glennon Doyle is a challenge to describe, because it is both a deeply personal story and a meditation on female empowerment. It has been celebrated for its candid and relatable description of what it feels like to contend with expectations, hopes, and roles as a woman in the world, and how to break out from the forces that try to control.

We pay attention to best-seller lists, so we're likely to have all the books you come across. Get in touch to put one on reserve!

Classes & Special Events

July 9 - July 16
Thursday, July 9
Storytime, 10:30-11:15 a.m.

Join us

for storytime fun with Miss Maria and do a craft from link posted.

Tuesday, July 14
Imaging Your Story Camp, 10 a.m.-1 p.m.

You have ideas. You have stories to tell. Get your words out at this social writing camp. Sign up required. For fifth-12th grade.

Witch and Wizard Workshop, 10:30-11:30 a.m.

Create a wonderful wand with friends! Sign up required.

Wednesday, July 15
Imaging Your Story Camp-Continued, 10 a.m.-1 p.m.

Beach Storytimes @ Gilford Beach, noon-1 p.m.

Come join us at the Gilford Public Beach for some spectacular stories and take home a surprise! Pastamania:

Make Your Own Pasta, 2-3 p.m.

Join Molly for a virtual pasta-making workshop on Zoom! She will demonstrate techniques for pasta-making at home both with or without a pasta machine. Spaghetti, linguini, ravioli and more. Molly will also share some of her favorite sauce recipes! Contact the Library to

sign up and receive an access link for this virtual meeting.

Thursday, July 16
Imaging Your Story Camp-Continued, 10 a.m.-1 p.m.

Storytime, 10:30-11:15 a.m.

Join Miss Maria for storytime fun and make a craft from link posted.

Gilford Public Library Top Ten Requests

1. "28 Summers" by Elin Hilderbrand
2. "The Summer House" by James Patterson and Brendan DuBois
3. "Walk the Wire" by David Baldacci
4. "Camino Winds" by John Grisham
5. "The Vanishing Half" by Brit Bennett
6. "The Room Where It Happened" by John Bolton
7. "The 20th Victim" by James Patterson & Maxine Paetro
8. "Hush" by James Patterson and Candice Fox
9. "A Week at the Shore" by Barbara Delinsky
10. "The Water Keeper" by Charles Martin

Gilford Parks and Recreation News

BY HERB GREENE
D i r e c t o r
Gilford Parks and Recreation

Challenger British Soccer Camp The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will be held from July 13 - July 17 at the Gilford Village Field. This camp offers a three-hour program for children ages six to 14 from 9 a.m. - noon and a one-and-a-half-hour program for children ages three to five from 12:30 - 2 p.m. Partici-

pants may register by visiting the Challenger Web site at www.challengersports.com. Cost: \$137 for ages six to 14 and \$101 for ages three to five. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Horsemanship Camp offered multiple weeks The Gilford Parks and Recreation Department in partnership with the Lakes Region Riding Academy is offering a number of 4-Day Horsemanship Camp

sessions this summer. These camps are limited to Local Year-Round NH Resident Children ages seven to 15! These camps will be held from 9 a.m. - noon at the Lakes Region Riding Academy in Gilford. Session dates for this summer are: July 6 - July 9; July 14 - July 17; July 28 - July 31; Aug. 3 - Aug. 6 and Aug. 10 - Aug. 13. This is an introductory program for participants to learn about horsemanship. The program will offer basic horse care knowledge, horse safety and the beginning

basics of riding. All participants must wear long pants and a shoe or boot with a heel. Helmets will be available at the barn. Snacks and drinks will be provided. Enrollment in camp session is limited. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at www.gilfordrec.com. Cost: \$100 per participant. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Archery lessons The Gilford Parks and Recreation Department is sponsoring a four-week session of Archery instruction, to be led by Dana White from Art of Archery. This program will be held on Tuesday afternoon/evenings from Aug. 4 - Aug. 25 at the Arthur A. Tilton Ice Rink. The Beginner session will run from 4 - 5 p.m., with the Intermediate session running from 5:15 - 6:15 p.m. These classes are open to Youth and Adults ages 7 years old and up and

no experience is required. Enrollment in this program is limited, so sign up soon! Registration forms can be picked up at the Parks and Recreation office or can be found on the department Web site at www.gilfordrec.com. Cost: \$65 per person and includes all necessary equipment. For more information, please contact the Parks and Recreation Department at 527-4722.

Gilford withdraws support for independent WRBP management

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford is backing out of its support to study replacing the current management of the Winnepesaukee River Basin Program with an independent regulatory agency given waning support from other communities and ongoing roadblocks from the state.

The selectmen made the decision during the June 24 meeting after an update on the issue from Town Administrator Scott Dunn.

The WRBP serves 10 communities and is run and overseen by the Department of Environmental Services. Representatives from each community take part in an advisory board that Dunn said has strength-

ened over the past few years though their powers have been limited. In the past number of years, a number of member towns have opposed some decisions made by the DES and called for the communities to have a greater role in the management process.

Dunn said a while back the selectmen voted in favor of looking into an independent regulatory organization to take the place of the WRBP. The town has put \$13,000 from its sewer fund to study the process of forming an independent agency to oversee the program.

Dunn said over the past five years a number of roadblocks have come up in that process and interest has been waning.

"Sadly, I guess the reality of the issue is it doesn't stand a chance of happening, and we should be looking at an alternate suggestion," Dunn said.

Dunn said another option could be legislation that deals with the role of the advisory board, though it likely wouldn't get the support of the DES. He said another option is to keep the status quo.

Selectman Kevin Hayes asked if any other community has been pushing for this beside Gilford. Dunn said Laco-nia and Meredith have been among the other major supporters. Belmont and Franklin were strong proponents, but Dunn said that is no longer the case. At the same time there has been some opposition.

"At one point in time, it probably had the sup-

port of seven of the 10 communities," Dunn said. "As I sit here today, it's about 50/50."

Selectman Gus Benavides made a motion for the board to rescind its support for forming an independent sewer regu-

lation entity and instead strengthen the advisory board's management role through legislative or executive changes. The motion passed unanimously.



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Wondering about the weather

We’ve noticed, as of late, that weather forecasts have been more inaccurate than usual. In trying to figure out which weather app is the most accurate, we came up empty. There were several days we should have expected rain and thunderstorms but unfortunately came up short. After a dry spell and high temperatures last week, the thought of sitting on the front porch watching a thunderstorm seemed like a dream. This week, finally welcomed more rain making lawns and gardens across the region perk up.

After some digging, we found that it’s the novel Coronavirus that has affected our weather forecasts. We could say that we’re surprised, but this virus has affected every aspect of our daily lives, so why not weather forecasts too?

Experts say that the drop in airline travel has reduced the amount of data needed to make an accurate forecast. Typically, forecasts change by the hour. Aircrafts pick up wind, humidity and temperatures during flight. Data from weather balloons and satellites is still being used, however the accuracy comes from the planes. Of course, this affects weather being tracked by the Global Forecast system as well. Data taken from the ocean is also not being gathered at the rate it was prior to the COVID-19 outbreak.

So, with forecasts being in question every day, we figured we’d hop in the time machine, something we love to do on all occasions, and learn about some tips our ancestors used.

We’ve all heard the phrase, “Red sky at night, sailor’s delight; red sky by morning, sailors take warning.” This phrase dates back to Biblical times, and happens to be quite accurate. Weather in the north typically travels from west to east, so if you see a colorful sunrise, that means there are clouds to the west, which could bring bad weather. If the clouds grab hold of the sunset as they travel to the east, there is a high chance for calm weather the following day.

By the 1700’s, modern thermometers were commonly used, with barometers stepping on to the scene in the next century. Thomas Jefferson used such tools to record the weather on a daily basis. Moving forward the telegraph allowed people to communicate the weather over long distances, which lead to weather maps. This allowed people to track patterns. Rising air pressure, meant calm weather while dipping pressures meant a storm was on the horizon.

Weather balloons were used in the 1900’s to track moisture and winds, which lead to more research into just what makes weather tick. Weather radar was found by chance during WW II, when radar was used to try to track down enemy aircraft. While doing so, rain was found. Tools advanced rapidly into the 1950’s through the 1980’s.

The Old Farmer’s Almanac shared some sayings that were used for some old fashioned forecasting. “The higher the clouds, the finer the weather,” The Almanac says. “If you spot wispy, thin clouds up where jet airplanes fly, expect a spell of pleasant weather. Keep an eye, however, on the smaller puff clouds (cumulus), especially if it’s in the morning or early afternoon. If the rounded tops of these clouds, which have flat bases, grow higher than the one cloud’s width, then there’s a chance of a thunderstorm forming.”

“Clear moon, frost soon” means that a clear night, makes the Earth’s surface cool at a faster rate, and with no cloud cover to keep the heat in, causes frost and a cold morning.

“When clouds appear like towers, the Earth is refreshed by frequent showers.” If you see large, white clouds that resemble castles, there is likely a lot going on weather wise. If white clouds grow, and turn grey, a storm is coming.

“Rainbow in the morning gives you fair warning.” Where there’s a rainbow, there’s a shower, and hopefully a pot of gold.

“Ring around the moon? Rain real soon.” A ring around the moon means that warm weather is in the near future, with some rain. According to the Almanac, “High thin clouds get lower and thicker as they pass over the moon. Ice crystals are reflected by the moon’s light, causing a halo to appear.”

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

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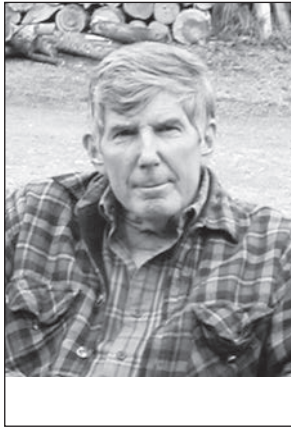
PHOTO BY ERIN PLUMMER

Feathery visitors at Gunstock

A few killdeer could be seen spending some time on the grounds at Gunstock on a cloudy afternoon. Before Gunstock’s summer activities started an assortment of visitors could be found at the resort from hikers to birds.

NORTH COUNTRY NOTEBOOK

Of camps becoming home, and a porcupine inside out



By JOHN HARRIGAN
COLUMNIST

Memorial Day weekend is the traditional camp-opening time for people who own some kind of getaway place, known variously as a cabin, camp, cottage, hideaway, shack, shanty, hovel, or second home.

For the most part, owners and family and friends go back home after they’ve turned the water on and cleaned up after mice and other winter guests, and local people will see them again oh, maybe around the Fourth of July.

This spring, all of the above scenario did indeed unfold, except for the last part. Untold numbers of owners and families opened up “camp,” all right, whatever description fits—but they never went home, choosing to ride out the corona situation in the supposed safety of the rural scene.

I’ve heard from camp-owners and second-home owners and caretakers in the North Country, the Lakes Region, the Androscoggin, and the state’s southwest. All recount the same story—people who usually go home didn’t.

When you remind one and all that these part-time residents are taxpayers, and that many have formed close ties with locals over the years, some for generations, you get the “fair is fair” shrug of accord.

About the only viable



COURTESY

Wildlife rehabilitator Ben Kilham took this photo of a black bear taking it easy in a tree. (Courtesy NH Fish & Game)

argument is the strain on local health services if there are sudden outbreaks of the virus. So far so good, but we’re knocking on wood.

+++++

In a valley to the north, a friend came upon what looked like a bag of trash beside the road, but then it didn’t, so he stopped to check it out. It looked like a hide of some sort, and it was. It proved to be a porcupine, its meat and innards gone. “You almost couldn’t see any quills because they were on the inside,” he said. “The entire animal was turned inside out.”

When I recounted this story to Jeff Fair, who lives in Alaska, he said, “Only one animal will do that,” and then we both said, “Fisher.”

In all my years of tramping around the landscape, I’ve heard this story once, maybe twice. I’ve seen it more often in print.

Foxes too will harry, or worry, a porcupine—going around and around, trying to force a mistake so they can reach a paw underneath and flip it onto its back.

I once came upon a

fox when it was doing exactly that. It was a soft, rainy, mist-filled day, and I was sneaking along in my woolens, picking my footsteps, making not a sound. There was no wind. The fox, intent on its harrying, had no idea I was there. I watched this little drama for a few seconds and then said “Hey, Bub,” and it was gone.

While predation on porcupines by fishers is well known, I’ve never heard anything about foxes, and while I can testify to the harrying part, I have no idea whether foxes are ever successful. But I’d think they must be, else why try?

+++++

The season is still young, but already this spring and summer, we have seen a fair share of incidents involving bears and people, a sad and bad mix. Several involved bears that clearly associated people with food.

Bears don’t learn this by themselves. They are opportunists, and will get into poorly secured garbage and trash. Some people feed bears to get them as close as possible.

Bears that don’t run from people are headed for trouble, all because they associate people with food. Sometimes a bear is so accustomed to people that it becomes bold and demanding, too dangerous to be on the loose. And sometimes a people-accustomed bear returns even after repeated live-trapping and relocation, and the only choice left is to kill it.

Wildlife officials hate having to make this call. That’s why Fish and Game’s mantra is “A fed bear is a dead bear.” The problem, as always, is getting people to listen.

+++++

A letter from a reader on Skinny Ridge Road in Littleton sent me hunting for a topographical map. The terrain explains the name.

That name was interesting, and even better was a road that meets it, called “Wit’s End Road,” but I’ve never been there.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576)

Mildred K. Dowse, 95

The beautiful spirit of Mildred K. Dowse (Dobbins), 95, returned to her heavenly origins on June 14, 2020, while surrounded by her loving family at her home in Gilford.

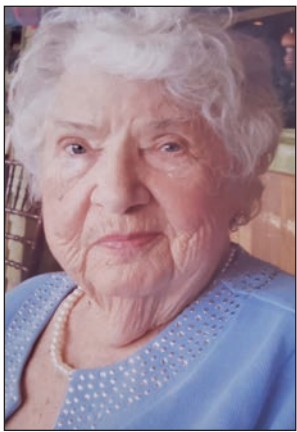
Mildred, or “Mod,” was the adored centerpiece of a large family – a true grand matron leading through the power of love. She was a nurturing mom, devoted grandmother (Nana), and a loving great-grandmother. Her love, life lessons, and influence will live on through her children and their families as well as all who were blessed to have known her. The world is different now without her, but has been made better by her.

Mildred had boundless energy – as many early morning phone calls to family and friends made clear. In addition to tending to her big family, she operated her own dress shop, a country store, and was involved in community theatre. She also became a licensed realtor, managed her own real estate firm for many years, and served in a leadership position on the Concord Board of Realtors.

For most of her life, Mildred was a fun-loving, card-playing, dancing machine with a mystical way of getting folks to do exactly what she wanted them to without ever actually saying a word. Her sparkling blue eyes, caring heart, and quirky sense of humor made her “that person” that everyone wanted to be with.

She quickly became a social icon of every community she lived in. Mildred was known for hosting the best parties for family and friends, the grandest socials for community organizations, and for coordinating impressive business events. Her demand for excellence and precision delivery of an event’s itinerary made her a force to be reckoned with for sure.

Despite seven children and other interests,



Mildred Dowse

Mildred found the time and energy to help others less fortunate. She volunteered in many community efforts and occasionally provided meals and temporary respite care for some homeless and orphans in her already crowded home.

During her retirement years, she spent winters in Florida and loved the beaches and playing cards with friends. She never saw a scratch ticket that she could resist purchasing, could manually handle more bingo cards than even the most powerful digital bingo processor, and had an automatic setting in her VW Bug that brought her to Foxwoods on a regular basis during summers in Gilford.

Mildred’s father came to America from Sweden at a young age and her mother came to America from Norway at a young age. Those two young people independently found their way to Wiertown, Massachusetts, where they met and ultimately married. Her connection to her heritage, particularly to Norway, was kept alive throughout her life. Mildred, and several of her children, made many trips to Norway and hosted Norwegian family in America. On her ninetieth birthday, she was declared “the American Queen of Norway” by a Norwegian family representative attending the event.

Mildred –and her two husbands who each served in the military – loved America and its ideals. Each was a member of what has

been called “the Greatest Generation,” as a result of the significant contributions and sacrifices made to sustain and perpetuate our nation. As these souls pass and leave that effort to all who remain, let us honor them through our own contributions and sacrifices.

Mildred was born to the late Signe and Arthur Johnson of Woburn, Mass. She was married to the late Warren Dobbins of Woburn, and moved to New Hampshire early in their marriage where they raised their seven children.

Mod is survived by her seven devoted and loving children and their families (Warren Dobbins and Judith Stanley of Pembroke, Marsha and Robert Bisson of Richmond, R.I., Sharon and Peter Beauchesne of Canterbury, Bruce and Lee Dobbins of Meredith, David and Jean Dobbins of Gilford, Kris and Betty Dobbins of Easton, Kurt and Sharon Dobbins of New Castle); and by her grandchildren, Jamie Beauchesne, Keith Dobbins, Katie Dobbins, Kerri Howard, Joshua Dobbins and Sabrina Dobbins, and great-granddaughter, Charlotte Howard. She also leaves her sister, Ruth Sigvardson of Plymouth, and brother, Roy Johnson of Woburn, Mass.; two stepdaughters, Denise and Tracey Dowse of Los Angeles, Calif.; and many nieces and nephews.

She was predeceased by her second husband, Navy Captain (retired) Herbert B. Dowse II, and her brother, Earl Johnson.

Her family will be honoring her at a private Celebration of Life.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services 603Cremations.com, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to wilkinsonbeane.com.

Dr. Stewart Stringfellow, 94

LACONIA — Dr. Stewart Stringfellow, 94, of 19 Kinsman Dr., passed away on June 25, 2020, in Laconia, New Hampshire. He was the husband of Denise (Wood) Stringfellow for 60 years.

Born Dec. 7, 1925 in Cumberland, R.I., he was the only child of the late James Stewart Stringfellow and Ruth Mills Stringfellow. He grew up in Hopedale, Mass., where his father was the superintendent of the foundry at the Draper Corporation.

Upon graduation from Hopedale High School in 1944, Stew enlisted in the United States Navy. Under the Navy’s V-12 program, he would attend Brown University and Stevens Institute of Technology before graduating from Princeton University in 1947 with a degree in mechanical engineering. He spent the next five years working at the Draper Corporation as an engineer.

Stew then returned to school in order to pursue his aspiration to become a doctor. He graduated from Cornell University Medical School in New York City in 1957. Following medical school, Stew did his internship at Albany Hospital in Albany, New York. He next went on to Yale-New Haven for a four-year residency in Obstetrics and Gynecology. Stew then



Stewart Stringfellow

practiced OB/GYN in New Haven from 1962 until 1973. During that time, he was also an assistant clinical professor and associate professor at the Yale School of Medicine.

In 1973, Stew and his family moved to Gilford, having fallen in love with the region during numerous summer and winter vacations. Stew joined the Laconia Clinic and practiced there until 1979. Thereafter, he practiced at Lakes Region OB-GYN and Lakes Region General Hospital (LRGH) until retiring in 1993. He estimated that he delivered between 5,000 and 6,000 babies during his career. During his time practicing in the Lakes Region, he also held various positions at LRGH, including department chief and chief of the medical staff. Following his retirement, he volunteered at LRGH and served as a trustee of the Canterbury Shaker Village.

Stew had many interests and pastimes over the years, including ice hockey and baseball in his younger days, horseback riding, boating, skiing, tennis, golf and flying. He was also an avid sports fan, particularly of the Red Sox and the Patriots, who eventually rewarded his long-time loyalty and patience.

In addition to his wife, Stew is survived by his son, James (Jim) Stringfellow of New York, N.Y.; his daughter, Laurie Stringfellow of Phoenix, Az.; his son, William (Bill) Stringfellow and Bill’s wife Marla Dalley of Laconia; and his granddaughter, Sapho Stringfellow of New York, N.Y.

A memorial service will be held at a later date.

The family has requested that, in lieu of flowers, those wishing to do so make a donation in memory of Stewart Stringfellow to either the New Hampshire Humane Society, 1305 Meredith Center Rd., Laconia, NH 03246 or Caring for Women, 734 North Main St., Laconia, NH 03246.

WilkinsonBeane is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

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Edward Jones: Financial Focus

Managing Withdrawals Carefully Can Protect Retirement Income

Throughout much of your working life, you contribute to your 401(k), IRA and other investment accounts to help ensure a comfortable retirement. However, once you do retire, you'll need to shift your focus somewhat from building these investments to using them – in other words, you'll have to start withdrawing from your portfolio to meet the costs of living. How can you be sure you're not taking out so much that you risk outliving your resources?

First of all, you need to establish a proper withdrawal rate – the percentage of your portfolio's value needed for one year's worth of retirement expenses. Ideally, if you were to stick with this rate, your portfolio would last as long as you do. Your withdrawal rate should be based on a number of factors, including your age, amount of assets, portfolio mix and retirement lifestyle. A financial professional can help you determine the rate that's right for you, but it's important to understand that this rate is a starting point since you will want to review your withdrawals each year to ensure they are still appropriate. If the financial markets performed smoothly and predictably, year in and year out, any adjustments you make would likely be more modest. But, as you know, and as we've all been reminded the last several months, the markets are neither smooth nor predictable. Rather than constantly trying to change your withdrawal rate and spending in response to movements in the markets – which may be challenging if you have grown accustomed to a certain standard of living – you might be better off adopting a more conservative rate at the beginning of your retirement. For example, if you are in your mid-60s, you could start at a withdrawal rate of about 4%, which also assumes an increase in withdrawals (a “raise”) of approximately 3% each year to incorporate inflation. By starting at a more modest withdrawal rate, you would have some flexibility for those years in which the market drops significantly. And you could increase your chances of extending the lifetime of your portfolio. But even if you started out with a conservative rate, you may need to review it during periods of extreme market movements. If, for instance, your portfolio were to fall 20% in one year, the 4% you had planned to withdraw would actually become 5% because you're taking out the amount you had planned, but now it's from a smaller pool of money. If this happens, should you consider making an adjustment? There's no easy answer. The amount you withdraw from your portfolio has a major impact on how long your money lasts. You'll improve your likelihood of success if you are able to be flexible and make some spending adjustments – spending less on some of your discretionary items, for example, or not taking a “raise” until your portfolio recovers. Importantly, your financial advisor can help run different scenarios to determine if adjustments need to be made to ensure you remain on track. In any case, think carefully about your withdrawal rate. By managing it carefully, and reviewing it over time, you can take greater control over your retirement income.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

PET OF THE WEEK

Meet sweet Joan! Joan came all the way from Lubbock, Texas to find her forever family. She is a 2 year old boxer mix ready for adventure. Joan is currently learning quite a bit at our shelter. She is food motivated and willing to train! Currently Joan knows sit, down, is learning leash skills such as ‘with me’ aka heel, and loose leash walking. Joan would do best in an active adult only home as the only animal. If prospective adopters have another dog, we are happy to try them, however Joan has been a little over the top with her doggy friends. No cats for this sweetheart!

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Ryan Lafrance receives degree from American International College

SPRINGFIELD, Mass. — Ryan Lafrance, of Gilford, has been awarded a degree in Visual and Digital Arts from American International College. Lafrance is among fellow scholars representing seven foreign countries, twelve states, and Washington, D.C. The College sincerely congratulates all of the dedicated, newly-minted graduates for their commitment to completing their education during this unprecedented time.

Founded in 1885, American International College (AIC) is a private, co-educational, doctoral granting institution located in Springfield, Massachusetts, comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.

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**PUBLIC NOTICE
TOWN OF HOLDERNESS**

Notice is hereby given that the Town of Holderness Planning Board will hold a Public Hearing for Site Plan Review at 6:30 p.m. on Tuesday, July 21, 2020 on the application by Vertex Tower Assets, LLC for property owned by William B. Webb and Bonnie L. Webb Trustees identified as tax map 239-046-000 located off US Route 3 (off Sebec Road) in the Rural Residential District. The applicant wishes to construct a telecommunications facility including a 140 foot tall monopine style cell tower (146' to top of highest appurtenance). If you have any questions concerning said application, please contact Francis D. Parisi, Esq., Parisi Law Associates, P.C., phone: (401) 447-8500, email: fparisi@plapc.com. Due to the ongoing emergency orders in place, the Planning Board is operating under RSA 91-A:2 that allows for remote participation by Board Members. Limited socially distanced seating will be available in the second-floor meeting room at Holderness Town Hall, 1089 US Rt. 3, Holderness, NH 03245. If you would like to attend the meeting in person or remotely, please contact the Land Use Boards Assistant by email landuse@holderness-nh.gov or by phone (603) 968-2145.



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St. John's offers two worship opportunities

MEREDITH — Sunday, July 12, historic St. John's-on-the-Lake on Bear Island, Meredith, offers two options for worship.

The first is a virtual service with the Rev. Neil Wilson, senior pastor of the Congregational Church of Laconia. Neil and his wife Donna both grew up in Maine. Although they left New England, they have never wavered from their faith as members of the Congregational Church. (Their allegiance to New England professional sports teams has also remained intact!) They have a son with a family in Indiana and a daughter whose family lives outside of Portland, Maine. Moving to the Lakes Region of New Hampshire feels like a return home.

Before entering ministry Neil spent some time with the Maine Forest Service; he was also the owner of a successful logging business. He received his undergraduate degree from Granite State College and his Master's degree in Divinity from the Earlham School of Religion (Religious Society of Friends) in Indiana. Subsequently, Neil served churches in Indiana and Michigan, and spent two years with the Maine Sea Coast Mission.

If you wish to join us via Zoom, follow the

link on our Web site, www.stjohnsonthelake.org The service is also available on Facebook at St. John's On-The-Lake Chapel.

The other option is a time of private prayer and meditation at the chapel, which will be open from 10 to 11 a.m. every Sunday. (This is not intended as a time to merely take a look at the building.) There will be organ music most weeks but there will be no singing. Masks will be required, as will "social distancing," and the number of people allowed inside at a time will be limited. Some masks will be available for those who forget, and hand sanitizer will be available.

Founded in 1927, the mission of St. John's-on-the-Lake is to provide services on Sundays to meet the needs of the growing island population of Lake Winnepesaukee. Regardless of what your religious affiliation at home may be, we hope that you will join us. The chapel can be reached by a short walk from the church docks located in Deep Cove on the west side of the island. Sneakers or sturdy shoes for you are suggested.

For additional information, visit our web site or email: bearisland-chapel@gmail.com.

Local resident named to Dean's List at Saint Anselm

MANCHESTER — Saint Anselm College has released the Dean's List of high academic achievers for the second semester of the 2019-2020 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.3 or better in the semester with at least 12

credits of study which award a letter grade. A total of 879 students representing 26 states and 6 countries received this honor.

Mark W. Cronin, Dean of the College, announced that Dawson M. Ellis has been named to the Dean's List for the spring 2020 semester at Saint Anselm College

About Saint Anselm College Founded in 1889, Saint Anselm College is a four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in southern New Hampshire

near Boston and the seacoast, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, a highly successful nursing program, a legacy of community service and a commitment to the arts.

New England Wolves JR team in need of host families

LACONIA — New England Wolves Junior team in need of housing. \$400 a month stipend paid to host families. Players need a bedroom, access to kitchen to prepare meals. Season runs from end of August to

March with a break at Thanksgiving and Christmas. These kids are great kids and motivated student-athletes! The New England Wolves are comprised of players age 16-20 pursuing their highest hockey aspirations and college opportunities, by training and developing in the Lakes Region of New Hampshire.

For the second straight year in 2018-19, the Wolves program was awarded the Eastern Hockey League's "Humanitarian of the Year"

award for their dedication to community service projects in the Lakes Region. Interested parties should reach out to Wolves Host Family Coordinator Kerry Mull at mullkl426@gmail.com.

Belknap EDC announces 2020 Board of Directors

LACONIA — Belknap EDC is pleased to announce the addition of two new members to the Board of Directors: Jennifer Anderson of Laconia Motorcycle Week and Lakes Region Community College and Jodie Gallant of JMG Marketing & Business Strategy. The Board provides leadership for carrying out the organization's mission to promote economic vitality and opportunity in Belknap County.

Jennifer Anderson is the full-time Deputy Director for the Laconia Motorcycle Week Association while also teaching Psychology at both Plymouth State University and Lakes Region Community College. In addition to her new appointment to the Belknap EDC Board of Directors, Jennifer also serves as co-chair of the Belknap Mill Society, secretary of Gilda's Club (a cancer support community) and President-elect of the Laconia Rotary Club. She resides in downtown Laconia and is incredibly impressed with the resilience of the city and the opportunities for residents and visitors for both work and play.

Business Strategist and Coach for JMG Business Strategy, Jodie Gallant uses her experience in marketing and planning, paired with owning five New Hampshire local businesses while raising a vibrant family, to inspire, lead, and support entrepreneurs to achieve the life they desire through the design of their business. Having left a secure 15-year corporate career in 2012 to build two family businesses alongside her husband and three small children, Jodie quickly realized the hustle and grind was not going to work. Today she guides her clients to achieve their goals with the support of the strategies and tools she lives by.

Chris Walkley of Bank of New Hampshire will serve as chairman of the 2020 Board of Directors. Chris was born and raised in the Lakes

Region and has a true appreciation for what the community and surrounding areas offer. Chris joined the board initially as a board member to better understand and assist the Lakes Region with opportunities for growth and development and looks forward to chairing such an impactful organization. Chris resides in Gilford with his wife and twin boys and enjoys spending time on the Lake or in the Mountains.

The other officers of the organization are Andrew Pike, Opechee Construction, Vice-Chairman; Allison Ambrose, Wescott Law, Secretary; and Brian Bozak, Franklin Savings Bank, Treasurer.

To learn more about Belknap EDC and its strategic plan and goals, visit belknapedc.org.



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Visitors can rest easy at New Hampshire's bed & breakfast inns

BY DONNA RHODES
dhrhodes@salmonpress.news

REGION — As most facets of commerce have come back into operation after the COVID-19 quarantine, New Hampshire Bed and Breakfast Association President, Heidi Milbrand, said she would like to encourage vacationers, “staycationers” and even local residents with out-of-town guests who may need accommodations to consider a clean, comfortable bed and breakfast inn to meet those needs.

“People are afraid of traveling because of the pandemic, but we innkeepers still keep our bed and breakfast inns as clean as we always have while following the CDC guidelines now, too,” said Milbrand, who is also the owner of Pleasant View Bed and Breakfast near Newfound Lake in Bristol.

In fact, she recently had one guest arrive with her own cleaners and sanitizers, only to find Milbrand’s inn was “sparkling clean,” as are all of those in the NHB&B Association.

“We’re clean! This is where we live, and we take pride in our inns. We want our guests to have a safe and enjoyable stay,” Milbrand said.

Innkeepers also want to be sure their guests are well cared for, and that their needs are met. Unlike Air B&B facilities, she said that someone is always on hand at a bed and breakfast inn to assist in any way possible. Owners live onsite but are typically found in a wing off the main building or in separate quarters on the property to allow their guests the

privacy they seek while still being available to meet their needs. State guidelines also require that bed and breakfast inns carry commercial insurance in the event that anyone is injured while staying on their property and the owners undergo regular inspections of their kitchens, water, boiler systems and more to insure they are all up to code specifications.

“Air B&B’s just throw you the keys, and you’re on your own. At a real bed and breakfast inn, we’re here to make sure the place is clean and our guests are well cared. This is our living. Our whole job is to make sure that everyone who comes to our inns are happy and safe,” she said.

During the recent shut down in the hospitality industry most businesses took a financial loss, but Milbrand said New Hampshire’s B&B inns were hit even harder because the owners are self-employed and have no employees. That meant they weren’t eligible for any of the government financial assistance packages.

“The biggest concern we have is that we’ve just been forgotten during all of this, even by the state,” Milbrand said.

Ever resilient, though, the B&Bs are open once again and NHB&B Association wants to encourage people to realize they are a safe and comfortable place to stay when vacationing.

The association currently has more than 40 members, with inns ranging from the seacoast to the northern reaches of the state.

These aren’t your grandma’s house with old doilies and dust that you’re staying in though, cautioned Milbrand. Each inn has its own unique style and atmosphere that invite guests to relax and enjoy whatever area of the state they’re visiting.

Some B&B’s are located along the seacoast with nearby beaches, restaurants and nightlife available. Others might be lakeside or situated in rural locations with mountain views, bike trails and hiking opportunities nearby. While some may have modern amenities like WiFi, hot tubs or pools, others may offer simply the beauty of the nature surrounding them.

But the best part of all is that a stay in a bed and breakfast inn comes with a full home-cooked meal each morning, not the bland continental breakfasts hotels might provide, Milbrand said. At a B&B, the innkeepers will offer foods such as homemade waffles or pancakes with real maple syrup, omelets, scones, fresh fruits and other breakfast favorites.

With social distancing a priority right now, Milbrand pointed out that New Hampshire B&B Association inns also provide private bathrooms, spacious common areas, and din-



DONNA RHODES

New Hampshire Bed and Breakfast Association President Heidi Milbrand encourages everyone to consider one of the association’s 42 inns, located from the seacoast to the Great North Woods, for a safe and enjoyable stay at any time of the year.

ing that has been adjusted to meet the latest CDC requirements.

“Unlike hotels or motels, most of the B&Bs are 10 rooms or less, which gives you privacy and a lot of space from other guests if that’s what you prefer,” said Milbrand.

She added that Bed and Breakfast inns are among the oldest businesses and the New Hampshire owners are proud to say they see 80-percent or more of their customers coming back to visit them time and time again.

“We’re profession-

als, and take everything about our inns to heart. Our guests tell us that it’s like coming home when they come back for another stay,” said Milbrand.

She said that those looking to relax and enjoy time in any region of New Hampshire should consider an online visit to StayNH.org where there is a full roster of the association’s members, each listed by region or town. By selecting a region, like the seacoast, lakes or mountains, people are directed to a map that pinpoints all the B&B accommodations

in that area. Links to the specific inns then provide photos, details on their amenities and lists of nearby attractions to help guests decide where they would most like to stay.

“Each inn has its own personality that actually reflects the personality of the innkeeper, or sometimes vice versa; the personality of the inn comes to reflect upon the owner,” Milbrand said. “People just need to do that little bit of searching on our Website and they’ll find one that fits their needs and personalities, too.”

ELITE (Continued from Page A1)


There will be separate boys’ and girls’ leagues for the 13-U summer season. The boys will play on the Gators, Mambas, Vipers, Jaguars, and Mountaineers teams. The girls will play on the Comets, Storm, Flame, and Stars teams.

The 10-U league will have all kids playing together for this summer on the Thunder, Avalanche, Hurricanes, and Cyclones teams.

“It is our plan to have a 10-U boys and 10-U girls league in the future, but given the time frame available, we will join both 10u girls and boys for the 2020 season,” said the LR Elite website.

The evaluation day for the 10u league is on Friday, July 10, at 5:30 and 6:30 p.m., which the website said will help create fair teams.

For more information on Lakes Region Elite visit <http://www.lrelitebasketball.com>.



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CLEANUP

it.

Waste Management to bring a 40-yard container that will be put in Lot 1 to take waste directly from residents and boats.

The town will put out the word of the parking lot closure with a-frame signs and flyers. The flyer was also emailed to the head of the island committee so they can be distributed to residents. The town will also put flyers on the windshields of people who park at Glendale. Before the event cones will be placed in the lot remind-

ing people of the parking change.

The event will also be on the town Web site. Executive assistant Angela Bovill has been working on a new website for the town to put the word out on special events, such as Island Cleanup Day, National Night Out, and more.

Board Chair Chan Eddy asked if this plan has received any push-back. Theriault said she hasn’t heard anything yet, but flyers hadn’t gone out yet.

“Generally, I think people are going to be

happy the event is still being held,” Theriault said.

She said they won’t be closing the docks for this.

“I think having less people in the parking lot will allow us to hold the event and still allow the use of the boat ramp,” Theriault said.

Selectman Gus Benavides also recommended using the community board down at Glendale.

(Continued from Page A1)

“The biggest thing is once the word is out everybody’s going to be talking about it, it’s really from a safety standpoint,” Benavides said.

Theriault said the a-frame signs will have a message telling people to move their cars by a certain time and the signs will be moved around regularly to cover more area.

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Sara Robinson
Sara is a Lakes Region native and offers an extensive knowledge of the area! She has a passion for the real estate industry and helping you sell your home or find your new dream home!

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Chris Adams
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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

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Real Estate

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www.wolfeborobayrealestate.com

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Join Chase Williams for an Open House Saturday July 11th from 11am to 1pm!

\$25,000

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\$649,000
MLS# 4811460

LACONIA: Single family South Down Shores home on 3.86 ac! Refreshed interior, detached garage & more!

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MLS# 4811707

THORNTON: 12+ acres with 6 sub-divided lots off Rt. 175 & abuts the White Mountain National Forest.

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GILFORD: Winnepesaukee home 150' of shorefront, protected dock, & separate 2-car, detached garage.

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HELP WANTED

Call our toll-free number **1-877-766-6891**
and have your help wanted ad in 11 papers next week!

Wakefield School District – SAU 101
Custodial Help Wanted



Day Custodian, 10 a.m. to 6 p.m.
Night Custodian, 3 p.m. to 11 p.m.

The Wakefield School District is seeking to hire two, full-time, year-round custodians to provide Paul School students with a safe, clean, comfortable and efficient place in which to learn, play and develop. The positions are available immediately.

Requirements: High School diploma or equivalent required, with more than one-year in custodial work preferred. Applicants must be willing to submit to a NH State Police Criminal Background Check.

Duties include: Experience with floor waxing, stripping and buffing, and knowledge of using machines such as vacuums, auto scrubbers, extractors, etc. Duties include floor cleaning, disinfecting and cleaning bathrooms, floors, fixtures and drinking fountains, emptying trash, cleaning rugs, and dusting classrooms per schedule. Applicants will be required to learn basic knowledge of building systems. Performs minor building and equipment preventive maintenance and repair work based on the employee's knowledge and willingness to learn. Physical demands include light to heavy lifting, 60 pounds maximum with frequent lifting and/or carrying of objects weighing up to 30 pounds.

Compensation and benefits: Both positions pay \$15 an hour, with health and dental insurance, retirement plan, paid vacation and sick time, and a flexible spending account offered.

To apply: Fill out a SAU 101 Support Staff application, available for download as a refillable PDF, at www.sau101.org/sau_101/employment opportunities or available in hard copy from the SAU office, 76 Taylor Way, Sanbornville, NH 03872. Mail completed applications to: Joe Williams, Facilities Manager, Wakefield School District, 76 Taylor Way, Sanbornville, NH 03872, by July 15, 2020. Completed applications can also be submitted via email to: info@sau101.org. Application deadline is July 15, 2020, or until both positions are filled. The Wakefield School District is an Equal Opportunity Employer.

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**Full-Time
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Energysavers Inc, a 45 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license. Stop in to fill out an application:

**Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH**

HELP WANTED

Joyful Footsteps Preschool is accepting applications for an Associate Teacher.

We are faith based preschool, dedicated to providing a safe, nurturing environment where it is our philosophy that in an atmosphere where Christian love surrounds the children, they will develop attitudes that will enable them to reach their full potential in each area of development.

Applicants should have 9 ECE Credits, willing to become CPR / First aid certified and able to pass background check.

All interested should send resume and cover letter to: ccoajoyfulfootsteps@gmail.com with pre k teacher in subject line.



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GSIL is seeking compassionate, dependable individuals to assist consumers in their homes with personal care, light housekeeping, grocery shopping, errands, etc. We offer flexible scheduling with opportunities to work full time, part time, or just a few hours a week if you're just looking for a little extra income. Experience with personal care is helpful, however, training is provided.

Please contact Ashley at 603-568-4930 for more information.
* A background check is required.
GSIL is an EOE

COURTESY
Jake Newell accepts his Associate's degree with High Honors in Automotive Technologies from a masked President Larissa Baia at Lakes Region Community College's drive-by graduation.



Local students graduate “Magna Cum Grit” from LRCC

LACONIA — It was an unusual 51st Commencement at Lakes Region Community College on Saturday, June 27 in the year of Corona, giving rise to a riff on the question of trees falling in unpopulated woods: “If students graduate from college without a crowd to watch them throw their mortarboards, did they graduate?”

“Absolutely!” says Lakes Region Community College President Larissa Baia. “I have been proud of all graduating classes that have walked across the commencement stage in my time here at LRCC, but if I could, I would add ‘graduating Magna Cum GRIT’ to each one of these graduates’ diplomas.”

In her address to the graduates, she exhorted, “Class of 2020, we need your grit, your dedication, your passion to inspire us to build bridges, to heal division and push for changes that will improve our communities. This is your moment Class of 2020. Go seize it!”

Dr. Susan Huard, Interim Chancellor of the Community College System of New Hampshire, affirmed, “We’re very proud, inordinately proud of you ...and what you’ve done.”

In a dramatic departure from other years’ ceremonies, this year’s Lakes Region Community College graduates received their diplomas with virtual handshakes and hugs through car windows from President Larissa Baia and Vice President of Academic and Student Affairs Patrick Cate. The graduates, their supporters, family and friends safely distanced in their private vehicles, and faculty and staff distanced along the commencement path against a backdrop of select models from the school’s modern performance cars, factory originals and innovative, technologically advanced vehicles from the school’s renowned Automotive Technology programs.

Of note to Gilford Steamer readers are five local graduates earning six degrees that represent the breadth of course offerings at the region’s community college. Ashley Grey of Gilmanton earned her Associate’s in Nursing with Honors and anticipates leaving the Laconia campus to join the healthcare frontlines. (Thank you!) Abbey Talbot of Gilford earned her Associate’s in Liberal Arts, a degree that gives a firm foundation for the work force or for continued study towards a Bachelor’s degree. Gilford’s Thomas Vlatas leaves LRCC with a degree in Automotive Technologies with High Honors. He has had strong hands-on Toyota experience through the school’s dealership co-op program. Matthew Wood earned an Associate’s in Business Management with High Honors, and Brenda Leary of Gilford earned Associate’s degrees with High Honors in both Advanced Manufacturing and Electro-Mechanical Technology.

Lakes Region Community College offers more than 40 educational programs, as well as workforce training for business and industry. Transfer agreements with a variety of regional four-year colleges allow students to receive their Associate’s degree at an affordable community college, and earn a Bachelor’s at a four-year school. Lakes Region Community College offers on campus housing and is part of the Community College System of New Hampshire. To learn more, visit www.lrcc.edu or join an online Open House at www.lrcc.edu/virtual.



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Our afternoon childcare program provides continued care in the same loving and nurturing environment as well as transportation to and from Alton Central School when needed.

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