

Doubles wins lift Prospect over Inter-Lakes



DALTON LAWRENCE returns a shot during action at Inter-Lakes last week

BY JOSHUA SPAULDING
Sports Editor
MEREDITH — The Prospect Mountain boys’ tennis team got back to action on Tuesday, May 4, traveling to Meredith to take on Inter-Lakes. The Timber Wolves and Lakers split the singles matches before Prospect Mountain swept the doubles to claim the 6-3 win. The first match off the court was at number three, where Cameron Gagnon dropped an 8-1 decision but the Timber Wolves pulled even when Jaren Unzen got the 8-2 win in the fourth spot in the lineup. Dalton Lawrence came through with an 8-1 win in the second spot to

give the Timber Wolves the lead but the Lakers came right back and tied things when Asa Guldbrandsen dropped an 8-5 decision in the fifth spot in the lineup. Joey DeJager played at number one and dropped an 8-5 decision but Brendan Jacques pulled Prospect Mountain even by winning by an 8-4 score at number six. In doubles play, Prospect Mountain trailed in all three matches before rallying to win all three. DeJager and Unzen played at number one and came through with a hard-fought 9-7 win. Gagnon and Lawrence got the 8-5 win in the second spot in the lineup and

Guldbrandsen and Liam White finished with an 8-5 win at number three. The Timber Wolves were able to pick up a win by the same 6-3 score on Thursday, May 6, in Alton. Prospect won four of the singles matches and then took care of two of the doubles matches to secure the win. DeJager got the 8-5 win at number one, while Lawrence finished with an 8-4 win in the second spot. Unzen won 8-3 at number four and Jacques got the 9-7 win in the sixth spot. Gagnon lost 8-5 in the third spot and Guldbrandsen dropped an 8-3 decision at number five. In doubles action, De-



BRENDAN JACQUES won his match at number six singles for Prospect Mountain last week.

Jager and Unzen got the 8-6 win in the top spot and the team of Lawrence and Gagnon won by an 8-1 score while White and Guldbrandsen lost 8-6 in the third

spot. The Timber Wolves are scheduled to be visiting Kingswood today, May 13, then will be back at Inter-Lakes on Tuesday, May 18, and

will host the Lakers on Thursday, May 20. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Boodey Farmstead Committee compiling new cookbook

NEW DURHAM — The Zechariah Boodey Farmstead Committee is compiling a cookbook of favorite recipes to celebrate the wonderful cooks and traditions in New Durham. Zechariah Boodey was an early settler in town and his home was the birthplace of the Free Will Baptist Church. Publishing this cookbook is a chance to showcase our local cooks and raise much needed monies towards the reconstruction of the Zechariah Boodey Farmstead, which includes his house and an 18th century barn. The Committee is working on the restoration and reconstruction of the colonial era home, located in and for the town of New Durham. The house was originally constructed in 1769 and is a timber frame colonial style cape that was gifted to New Durham by the Boodey family in 2006. The reconstruction of the English style barn, a gift to the town in 2019 will complete the picture of the Boodey farmstead.

Such a barn was part of the original Boodey homestead. The Farmstead will afford space for demonstrations, i.e., herb gardening, weaving, cider making, cooking over fire, maple sugaring, etc. This property is important to our local community and national history for two reasons. The first is for its architectural features and, secondly, it is the birthplace of the worldwide Free Will Baptist faith movement. Once reconstructed, the buildings will be used as a house museum for educational opportunities and a function hall for meetings and conferences. To sustain the farmstead, rental opportunities by private, public and civic groups for their events and activities will be available. This cookbook will bring together tried and true recipes from New Durham’s best cooks. The Committee is asking for recipe contributions toward this effort. We are looking for goodies in all categories: appetizers, soups, mains,

bread, vegetables, desserts, and beverages. We would also like to include some old tried and true recipes used in years past for keeping a household going; soap making, whitening the wash, pest control, herbal remedies, and natural dyes, etc. The Committee is requesting that all recipes be submitted on the Recipe Collection sheet, provided by the publisher which includes instructions for writing your recipe(s). These forms will be available at New Durham Library or forms can be requested from committee members. We will be accepting recipes until June 7, 2021 and can be returned to committee members Crissa Evans, chevansme@gmail.com or P.O. Box 47, New Durham, NH, 03855 or Sherry Cullimore, Waquoit32@yahoo.com or P.O. Box 408, New Durham, NH, 03855. We hope you will enjoy entering your favorite recipes and join us in our community venture.



ALTON — In honor of Earth Day, a group of volunteers from the Tri-Town Democrats of Barnstead, Gilmanton, and Alton recently spent hours picking up trash along Alton and Gilmanton roads. Working on Route 28, Route 11, and Route 140, the volunteers removed a motley collection of litter, including beer and soda cans and bottles, and paper and plastic. Quinn Golden, one of the workers, found that Bud Lite cans seemed to be the drink of choice, at least among litterers. Another volunteer, Jeana White, provided information to the group about cigarette butts. Contrary to the common misconception that they are made of paper and are biodegradable, cigarette filters are actually made partly of non-degradable plastic. One unnamed worker said she learned about “nips” for the first time as she picked some out of a ditch. Some of the work was slow going due to the large volume of litter combined with the somewhat challenging terrain, particularly on Route 28 North, with its sloped embankments. Stephanie Vuolo noted that climbing up and down hillsides and bending down to pick up beer cans requires a lot more exertion than flinging the can out the window of a car. “Maybe the litterers don’t realize what they are doing to our beautiful area, or maybe they just don’t care,” she commented. In all, 40 bags of litter were filled, and later picked up by the DOT. The volunteers agreed that the work they accomplished was just a drop in the bucket, but every little bit helps. And the message to litterers? Don’t. Please.

Missing the furnace, and its smoke. And who starts the day at 9 a.m.?



By JOHN HARRIGAN
COLUMNIST

Editor's note: Mr. Harrigan was unable to submit a new North Country Notebook column in time to meet our press deadline for this week's edition. The following column was originally published in 2018.

Doing dishes is something I don't mind at all, because it can be done by rote and gives me time to think. This chore is made all the more pleasant by the scene out the window, which takes in back lawn, bird feeders, apple trees and an alder

swamp. I miss something, however, and I didn't realize how keenly until now. Back in October, with medical issues looming, I had to make a decision on whether to run the outdoor wood-fired boiler, which easily heats the entire house and annex and provides domestic hot water, or shut it down. And because what circulates is water, not antifreeze, shutting it down meant draining the whole system, buried pipes and all, not an easy thing, but so it went.

It's not that I begrudge Chip Bean and crew at C. Bean Transport the money I've had to spend on fuel oil, not one red cent. I'm fortunate to have an oil-fired backup system and a dependable supplier, which as is typical with dealers in this often-wild territory will deliver the product no

matter the weather.

But what's missing from my window picture is the gentle wafting of white smoke when the boiler is idling, and the blast of equally white smoke when it's firing up. It is a comforting scene, and the smoke tells me the direction of the wind, which gives me a pretty good guess on the weather.

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Smoke from outdoor wood furnaces is a big issue, which is why they never should have been allowed or installed in closely built neighborhoods. But they were, back when oil became outrageously expensive and people turned to wood. It was allowing these things to be set up too close to neighbors, plus people doing really dumb things like burning tires and garbage, that got us into all the regulations.

My unit, a Central Boiler made in Minnesota and built to last, was one of the first in the territory, and people came from all over to see it. It is a pretty straightforward apparatus, sort of like a Model A Ford--pretty hard to improve on except for comfort and gadgets. It burns wood right down to a fine powder, like flour, and there is no need for an ash-pit. Cleanout (which for me, if I burn carefully, is twice a heating season) involves using a long-handled

flat-bottom shovel to transfer the ashes into the bucket-loader, to be spread uphill of the apple orchard.

Alert readers will have noted that I was careful to say "white smoke." Properly dried firewood emits white smoke; unseasoned, (i.e. "green" wood) emits a pale blue. If any blue smoke came out of my furnace all my neighbors would see it, and I'd be some embarrassed and would maybe even have to move.

+++++

Speaking of smoke, the story that was big news one day and gone the next concerned the government's plan to cut nicotine content in cigarettes in not-so-subtle increments, to the tune of something like 90 percent.

This, one might predict, will create a brisk black market and all sorts of cross-border shenanigans, virtually overnight, to provide desperate smokers with good old (or not so good) nicotine-loaded smokes. Not that any smuggling whatsoever goes on anywhere in northern New England, nosiree Bub.

+++++

My laugh of the week came from a PBS story on the Pennsylvania primary, in which a news crew visited a wood-working factory.

"Even at 9 a.m.," an



JOHN HARRIGAN

The furnace has a five-gallon bucket turned over on its stack and a crown of snow to boot--no smoke to help gauge the weather.

evidently amazed reporter said, "this factory is already humming." Yes, you heard it, "Even at 9 a.m." (emphasis mine).

Well, yup, hello, and welcome to the real world. How about factories that start the day at 7, or the loggers, truckers, road crews and tradesmen grabbing coffee and a bit of breakfast at (gulp) 4:30? It might cause one to faint.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

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Healthy Minds,
Healthy Lives

A free Zoom program to stay connected, and exchange tips and tricks. Each week will have a theme that will share ideas, answer questions, and bring people together. Live Zoom meetings are held on Thursdays

Alton Parks and Recreation Connection

from noon-12:45 p.m. All are welcome to participate. Sign up by contacting parksrec-asst@alton.nh.gov. Featured topics include: May 20- Trip Down Memory Lane- What are your favorite movies, TV shows, and books? Register by May 14; June 3- What's on Your Plate?- What are your favorite recipes or healthy food tips? Register by May 27; June 17- Glass Half Full- How do you keep a positive attitude? Register by June 10. For more information contact 875-0109 or parksrec@alton.nh.gov. Join in this program to share what you know, and help others learn new things.

Tyke Hikes

Calling all mini-explorers. Join in hikes especially designed for tykes, and have fun walking local trails, and discovering neat things

along the way. Free program led by PR staff for ages 3-5 years, accompanied by an adult. May 27- Levey Park- register by May 24; June 17- Jones Field- register by June 14. Participants meet at different trails each week-10-10:45 a.m. Please pre-register at 875-0109 or parksrec-asst@alton.nh.gov by deadlines. COVID protocols will be in place.

Mt. Major All Star

You may have hiked Mt. Major in the past, but have you hiked all three trails leading to the top? Hike all three moderate trails by the end of summer, and be declared a Mt. Major All Star. When finished send us a photo from each trail to parksrec-asst@alton.nh.gov. Mt. Major Trail- Blue Blazes- 3 miles; Boulder Loop Trail- Orange Blazes-3.2 miles; Brook Trail- Yellow Blazes- 3.4 miles. Alton residents that complete all three trails with photos will be eligible for a prize.

Spring Kayak Paddle Trips on the Merrymeeting River

Alton Parks and Recreation is sponsoring spring kayak paddle trips on Fridays, May 21 and June 25 starting at 10:00 a.m. May 21 paddle meets at the New Durham Boat Launch on Route 11 by Johnson's Dairy Bar, register by May 17. June 25 paddle meets at Liberty Tree Park on Rte. 140, register by June 18. Guided paddle trips down the Merrymeeting River are free, and are geared toward participants who have paddled before. Participants need to provide their own equipment. Including paddle, kayak and life jacket. Check out the wildlife habitats, animals, and beautiful scenery of the Merrymeeting River. Paddle trips are approximately 90 minutes each. Register with Alton Parks and Recreation- 875-0109 or parksrec@alton.nh.gov to reserve your space. Space is limited. COVID precautions will be in place.

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Northeastern Ballet Theatre offering ballet class for moms



WOLFEBORO — Calling all moms! Are you tired of the same old workout? Do you want

to try something new to get rid of that “Covid 10?” Have you ever considered ballet? Ballet is the perfect workout because it not only exer-

cises all of the muscles in your body, but your mind and soul as well.

Northeastern Ballet Theatre (NBT), New Hampshire’s premier

ballet company and training school, is offering a free Mother’s Day beginner ballet class to any mom out there who wants to give herself the

gift of well-being. No previous ballet experience necessary!

The free one-hour trial class will be offered on Saturday, May 15 at 10 a.m. at the Wolfeboro studio (26 Glendon St., across from Walgreens) and at 3 p.m. at the Dover studio (in The McConnell Center, Suite 239, entrance #8).

When asked what she loved about taking classes one mom said, “Although I hadn’t taken classes in almost 20 years, jumping back into it at NBT these past few months has filled my spirit and body with all of the joy I experienced in my youth. I love to feel my muscles working and my body sweating, as my mind is being stretched to remember the combinations (and the vocabulary!). I’m learning to accept that although I may not be

able to place my body the way I did when I was younger, I can still create beauty where I am today, while striving to grow as a dancer. Classes are intensely instructive, but also fun and supportive, so I can be free to work with what I have, and immerse myself in the joy of the music and movement.”

To register for the free class please email info@northeasternballet.org. Be sure to reserve your spot now and don’t miss this exciting opportunity to give yourself a special Mother’s Day treat! If you end up registering for a weekly class at NBT, you will receive 10% off your first month’s (four classes) tuition. For more information about Northeastern Ballet Theatre please visit www.northeasternballet.org or call 834-8834.

Wright Museum Lecture Series presents “Remember Pearl Harbor”

WOLFEBORO — Part of its 2021 Lecture Series, presented by Ron Goodgame and Donna Canney, the Wright Museum will show the documentary, “Remember Pearl Harbor,” on Tuesday, May 18. Honoring the 80th anniversary of the Pearl Harbor attack, the 2016 documentary includes interviews with servicemen and civilians who watched Japanese planes drop torpedoes and bombs on the American Pacific fleet anchored

on ‘Battleship Row.’

“Movies like Remember Pearl Harbor are so important to everything the Wright Museum stands for as an institution,” said Executive Director Mike Culver. “Paying respect and honoring those lost to World War II is part of our mission.”

Remember Pearl Harbor was directed by Tim Grey, founder and president of the WWII Foundation. His work with the Foundation has won 5 Regional Emmy Awards

and American Public Television’s prestigious National Programming Excellence Award.

Remember Pearl Harbor begins at 7 p.m. at Wright Museum, 77 Center St. in Wolfeboro on the first floor of the new DuQuoin Education Center. Admission is \$3 for members and \$8 for non-members.

Seating is limited due to CDC guidelines on social distancing. Reservations are strongly encouraged and can be made by call-

ing 569-1212.

The region’s leading resource for educators and learners of all ages on World War II, the Wright Museum features more than 14,000 items in its collection that are representative of both the homefront and battlefield.

For more information about the 2021 Lecture Series, or the museum, visit wrightmuseum.org.

Wright Museum, Winnepesaukee Winery to partner in May

WOLFEBORO — In May, Winnepesaukee Winery in Wolfeboro will provide one complimentary wine tasting to anyone, age 21 and over, who shows a Wright Museum receipt, admission sticker, or member card.

The promotion is part of Wright Museum’s Business Partner program, which features one partnership each month in which the museum works with a local busi-

ness to enhance their respective offerings and promote one another.

“It’s a great way to work with local businesses to deliver additional value to residents and tourists,” said Mike Culver, Executive Director at The Wright.

In return, The Wright will provide half-off admission for up to 2 people in one party with a Winnepesaukee

Winery receipt, dated May 1 through May 31.

“Winnepesaukee Winery is located at 458 Center St., Wolfeboro, just minutes from The Wright, located at 77 Center St.

The region’s leading resource for educators and learners of all ages on World War II, The Wright features more than 14,000 items in its collection that are representative of both the

homefront and battlefield. To learn more, visit wrightmuseum.org.

To learn more about Winnepesaukee Winery, which offers patio seating, wine tastings and wine slushies, visit winniwinery.com.

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Equalizing access to education

It's that time of year when high school seniors are committing to colleges and making a plan for what will happen after graduation day. College tuition has become so incredibly unaffordable that many students are opting out or seeking a career in various trades, in which they stand to make more money than a classmate with a four-year degree — depending, of course, on which route they take.

Harvard University cost ten schillings per year in the early 1700's, which was equal to about a pair of shoes and two pairs of stockings. Interesting to note is that back then, most jobs did not require a degree, license or certification and laborers learned via apprenticeship. If the price of Harvard over time had risen at the same rate as prices generally equaled to the rate of inflation, tuition today would cost \$1,703 per year. However, that is not the case, and the current tuition at Harvard is upwards of \$67,580.

As a society, we stress the need for a solid, good education. Any job that pays a livable wage requires you to have a degree, however many students are not making much more than their counterparts who chose to enter the work force right out of high school. Really this depends on where you live and what you do.

The significant increase in college tuition has angered many parents and students. One has to wonder how a financial aid office at any given school comes up with the numbers for a student's financial aid package. In one recent example, a college in Massachusetts, cost \$73,000 per year. Yes, you read that right. A student with a single mother who makes in the ballpark of \$30,000 a year was offered \$13,000 in financial aid for the year. Does this school discriminate based on socioeconomics? One has to wonder. Are wealthy students somehow more special than their less fortunate counterparts?

Students who do make it through the four years will graduate with an exorbitant amount of debt, a bill they could potentially be paying well into old age.

Way back when, state universities were free, however did include a small fee. In the 1960's, social and legislative changes turned higher education into a business, hence the student loan debt crisis we see today.

Through some research, we discovered an interesting time line that laid out the path higher education has taken since its inception during Medieval times in Europe. Back then, few of these schools charged tuition and were supported by the government or a church, and areas of study were limited.

In 1796, Thomas Jefferson proposed an education system that was supported through taxes. He did this because he believed that for a government to truly work, that its people needed to be educated. As a result, in 1818, the government began subsidizing elementary schools and Jefferson used a \$15,000 grant to start the University of Virginia.

In the early 1800's, many colleges did not charge tuition; however, only the wealthy could afford the living expenses incurred during study. In 1810, students lived as simply as possible, keeping room and board rates extremely low, compared to today's living conditions.

In 1870, Harvard's tuition was \$150 per year, while Brown University was just \$75. This equals to about \$3,000 in today's terms. Again, only the wealthy could afford to attend.

A spike hit in 1920 when admissions doubled between then and 1930. The cost was about \$250 per year, with 20 percent of college aged Americans attending university.

SEE EDITORIAL PAGE A5



COURTESY

Yard sale

New Durham Parks and Recreation Director Celeste Chasse plants a sign to publicize the town-wide yard sale hosted by her department. She reports 29 participants this year and is looking forward to a successful time for all. The community sale is this Saturday and Sunday from 8 a.m. - 2 p.m. Maps to sale locations are available online at ndparksandrec.com, at the Town Hall walk-up window, New Durham Public Library, Berry's Bait, and the New Durham General Store.

Letters to the Editor

Freedom to be Republican

To the Editor:

I was not quite sure of its definition, so I looked it up: "hypocrisy," according to Webster's dictionary — "a pretending to be what one is not, or to feel what one does not; esp., a pretense of virtue, piety, etc." I wanted to make sure I was about to use the word correctly when I wrote that the Republican Party of (t)Rump was at the height of hypocrisy claiming to be for freedom, for the rights of individuals, support of the constitution, and for fair elections, that are free from fraud, and most important freedom of religion. Republicans' politicians have been saying all the right words, but their actions when creating laws, that impact "We the people" are very much contrary to the truth, or the words they spout.

How does it support the freedom of an individual if they are excluded from participating in school sports, just because of their sexual orientation, regardless of what it was at birth? Republican politicians don't want a boy's body in a girl's sport. In time I can foresee a day when all girl sports may have bodies that where once male, and vice-versa. Why are tRump-o-ni-

tes, so anti-people, who don't look like themselves. Not all persons who can vote are going to be white, but if the (t)Rumpanzees (think Chimpanzee) have their way, that's how the American Dream will be remade. More like a nightmare, if you ask me. Trusting more of what was will be the end of what can be.

Fact voting is the right all groups, including white men, have had to fight for, in the case of white men who fought England for the right to be self-determined. They forgot to be inclusive when writing the document that has become this country's rails to govern, we the people. Fact is they did not forget, they went out of their way to segregate, because of a person's sex, or color, or place of birth, being a native American was lower in stature then being of color. They were them; God forbid we can't have them. Many years of fighting by the many groups for rights, that the white men gave themselves from the first get go. It was a different time then, but the same place where we are today. Politicians of a certain party (neo tRumpism) still want to define who has the right to vote for

self-determination they are running scared due to the loss of an election they felt they should have won, after all they cheated with enough, lies and fraud and one dead mother. Screaming now from the hill tops it was a steal. Before the votes in 2020 were even cast or counted it was being called a cheat if they did not win. Herein is the rub, the fraud, committed by Hitler Jr. Wanna-Be.

So rather than being a real man, accepting the results, he and his fake politicians who control that party's state legislators are rewriting their States voting laws. So, to alter the next election's outcome in favor of a Wanna-Be tyrant and his followers. They go along with his misguided thinking, 'only he knows best.' Father of the country, not. Most of you probably don't remember the TV show I'm referring too. Like most of you who call themselves a republican you are not happy with the man who has stolen your party, but you liked his lies enough to believe, where he would take you 'Great'; oh, great, you are too embarrassed to admit he duped the whole bunch of you into supporting a fraud, and con artist.

It's not too late to change and save the Republican party; those who speak truth to power, Liz Cheney, Adam Kinzinger, Anthony Gonzalez and a few others are the party of Republicans I could get behind; all others are weak in the moral knees, catering more to a criminal then the constitution. I will never support a poor sport. Do you? When at a game do you respect a team, who wines and complains when they lose, or a player who has a tantrum because he/she lost, It is called being a 'poor sport.' That is who stole the party of Republican politicians, but perhaps not the party of Republican people. When you hear the politicians' words our party stands for 'Individual freedom' looks to see how they vote for the rights of the individual. Words sound great but it is the action taken that matters, even here in New Hampshire individual rights are under assault. Pay attention to who is choosing how your civil rights are served to you. There is so much more to be said on this topic, but I don't want to bore the people who just don't care to hear the truth. I do wish they would wake up for the truth, something not heard on Fox News stations.

Oh, and just a follow-up for the person who wrote me a scathing handwritten letter a couple of months back; you have not stood up for what you believe in — proof to me that your opinion probably blows in the wind like falling leaves. Nothing you wrote to me stands the test of truth; your opinions can't stick on solid ground as true. I did respond to your letter but have had no return address to send it to. What are you that afraid of the truth? Although it was requested of you to send me a post card with the return address, I did not need your name it is not needed. You could not even do that, a coward I think you and your fearless leader are. When #45 shuts up, so will I.

Respectfully,
John Q. Henderson
Barnstead

A message of love

To the Editor:

At church a few weeks ago, our pastor challenged us to ask what love requires of us. In reading Larry Scott's article in the Baysider [last] week, I was reminded of that question and wanted to respond. Many have found their way to Christian churches that fully welcome their LGBTQ brothers and sisters and support their civil rights. I would share with you the covenant written by our local congregation in 2013.

We the people of the Congregational Church of North Barnstead, UCC, declare ourselves to be an Open and Affirming Congregation. Following Jesus' example and with the power of the Holy Spirit, we

commit ourselves to work to end oppression and discrimination and to bring justice, healing and wholeness of life for all people.

We welcome into the full life and ministry of our church persons of every age, gender, race, national origin, faith background, marital status and family structure, sexual orientation, gender identity and expression, mental and physical ability, economic and social status, and educational background. Our life and ministry together include sharing leadership, fellowship, challenges and joys, responsibilities and blessings, worship, baptisms, communion and marriages.

We joyfully embrace the dignity and worth

of every person as we strive to follow Jesus' teaching: "A new commandment I give you. Love one another. As I have loved you, so must you love one another." John 13:34

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THE BAYSIDER
PUBLISHED BY SALMON PRESS

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The Baysider is published weekly by
Salmon Press, P.O. Box 729,
5 Water St., Meredith, NH 03253.
ISSN: 1945-5836. USPS 024921
periodicals postage paid at Meredith,
NH 03253. POSTMASTER:
Send address changes to the Baysider,
P.O. Box 729,
Meredith, NH 03253.

STRATEGIES FOR LIVING

The odyssey of a troubled Christian

BY LARRY SCOTT

Why am I a Christian? Why do I believe in a God Who some people maintain has given us no tangible, provable, evidence of His existence? And why do I believe in a God Who seems to have been absent when I needed Him the most? Life has not been easy. The principles I've had to live by were not always convenient, but they have been amazingly pro-

ductive. Left to myself, I am prone to self-destruct. But God has protected me – from myself – and I have discovered that God's way is always best. I am neither a mystic nor a psychic. God doesn't "tell me things." But I have found direction, not in a voice or a dream, but in the unique way circumstances play out in my life. When God "speaks," His "voice" is seen rather than heard. I have observed Him work out the events of my life

in a way that gives evidence of a master tactician at work. Despite my tendency to make a mess of things, God has not been absent. Hiding in the shadows, perhaps, but never absent. 2004 was a banner year for my family, a year in which a myriad of apparently unrelated events came together like a jig-saw puzzle. In four months time, I remarried the wife of my youth after a twenty-year time out; I sold my 40-foot sailboat

in a crowded boat market for a fair price; I moved to New Hampshire, purchased and furnished a home, and settled in debt-free. Circumstantial evidence? Maybe. But in my experience, God's timing is awesome. Everything I have said in this article is true, and it is true because there is a God Who has and will continue to reveal Himself in the affairs of my life. My evidence, and I call it proof, of God as a loving, caring Being, is

found in the life, death, and resurrection of Jesus Christ. The evidence is overwhelming. The empty tomb, eyewitness reports, and the faith of the Apostle Paul, who was able to personally verify the facts, confirm beyond doubt that Jesus was seen alive following His crucifixion. He ate breakfast with them on the shores of the Sea of Galilee; He had a heart-to-heart with the Apostle Peter; He appeared to

His disbelieving brother James. Over five hundred people would later testify that they had seen Jesus, alive and well. There is much about my Christian experience I don't understand, but I do not question the way God has allowed my life to develop. I am confident my relationship with God is genuine, for the evidence He has given me is beyond question. His Name is Jesus Christ.

Letters to the Editor

■		
Columnist should be replaced		
To the Editor: As concerned citizens, we are writing to express how outraged we are by Larry Scott's recent hateful article about the LGBTQ community. We are asking The Baysider to remove Scott as religious columnist.		
In his discussion of the Equality Act presently before Congress, Scott's prejudice against LGBTQ people is glaring. He claims that passage of the bill "would have a devastating impact on the Christian community" and "on America as well."		
Because LGBTQ people somehow make Scott uncomfortable, he is insisting that they be discriminated against, denied their legal rights and even shunned. (Does he also believe that they should be stoned in the streets?)		
A clear majority of Americans do not share Mr. Scott's bigoted and anachronistic views of gay and transgender people. According to a poll released in March of this year conducted by		
the nonpartisan Public Religion Research Institute, 76% of adults in this country (including majorities of Democrats, Republicans and Independents) favor laws that prohibit discrimination based on sexual orientation and gender identity.		
Scott ignores the fact that many LGBTQ individuals are devout Christians and pastors. He professes to represent the teachings of Christ but has forgotten what Christ truly symbolizes. According to the Bible, every person is created in the image of God. In his travels, Jesus purposely reached out to those who were persecuted to help and defend them. He often told the story of the Good Samaritan. In Jesus's time Samaritans were despised. Yet when a man was robbed, badly wounded and left to die by the side of the road, both a priest and a deacon walked by and refused to help him. It was a Samaritan who stopped, attended to his wounds and took him to an inn to be cared for.		
Christ used this story to teach people how to love and accept their neighbors.		
Scott makes the unfounded claim that "progressive ideology" is to blame for the "dechristianization" of America. He even suggests that the pandemic is a result of God's wrath over these changes in society! It is true that the number of Americans (primarily white) identifying as Christians has declined between 2007 and 2019, from 77 percent to 65 percent (Pew Research Center). But Gallup surveys found that many millennials left the Church because evangelicals were embracing Donald Trump. Before that, many Catholics and non-Catholics left because of the child abuse scandal. At the same time, many evangelicals became increasingly extreme, judgmental, intolerant (and may we say un-Christian) in their views, views that are becoming more and more at odds with mainstream America. It would appear that		
Scott's claim that the actions of "progressives" have caused this decline is highly inaccurate.		
Surely in the 21st century, we can do better than Scott's peddling of an unforgiving God full of fire and brimstone, one who demands that everyone must accept evangelicals' regressive and outdated version of events if they want to receive Christ's love! These beliefs have no place in today's world.		
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EDITORIAL

CONTINUED FROM PAGE AA

The G.I. Bill was passed in 1944, but has since been modified. In 1965, the Higher Education Act passed. This act helped provide financial assistance for those who needed it. In 1973, in today's dollars, an average year, at an average school cost just over \$9,000 and just over \$2,000 for an in state public school. In 1972, only 49 percent of high school graduates went on to college. Back then, grants covered 80 percent of the costs. Today more and more students are heading off to school, leaving less grant money to go around. In 1975, the rates

started to increase faster than inflation. Prior to the 1970s, tuition rates increased roughly two to three percent each year. In 2003, the cost went up 14 percent in just one year. In 1987, the rate for a public school saw a 44 percent change. In the late 1990's, the debt was so bad that people put off weddings, having children and making other big lifetime decisions. The year 2008 saw an increase of 439 percent since 1982, while income has only increased 147 percent. If things continue as they are in 2028, the cost will be \$340,800 for a private school education per year and \$95,000 for a public school. Americans over the

age of 60 currently owe more than \$86 billion in unpaid loans, and many of them are concerned that the government will garnish their Social Security, leaving them with nothing. The proposed American Families Plan is slated to include, for those who wish, two years of free community college tuition. Expenses for books and supplies would be funded by the student. In our small rural communities, we see high school seniors who really want to go to college, but just can't afford it. Often times they are working part time jobs to help support their own families which is commendable. It is extremely difficult,

especially in rural areas for high school students to save up enough money to afford even a community college. Often times those students who do attempt to save thousands of dollars, have to do so by giving up after school activities such as soccer, band etc. If the cost of colleges hadn't increased so drastically, we wouldn't need to think twice about this. Many parents who make just over minimum wage are drowning in debt after taking out Parent Plus loans, just to see to it that their children can get an education. Even trade schools are rising in cost. A two-year tuition

free community college (not universities — there's a difference) would be a great opportunity for any American wanting to get a jump start on their education, especially for those students who come from lower income households. Seniors who would never otherwise have had a chance at an education would now be offered one. Any opportunity for us to help educate our youth, especially those with the most need, is a good one. Oftentimes, it's hard to empathize with people, until you put a face to it. If you think hard enough, you can easily think of an individual in

your life who could have really benefited from an opportunity such as the one mentioned above.

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Prospect track hits the road to Laconia

BY JOSHUA SPAULDING
Sports Editor

LACONIA — The Prospect Mountain track team made the trip to Laconia on Tuesday, May 4, for a meet that also featured Winnisquam.

The Prospect boys and girls both finished in second place on the day.

Kaleb Reagan took the win in the discus for the Prospect boys, finishing with a toss of 100 feet, 10 inches. Trevor Smith threw 63 feet, two inches for seventh place.

Prospect also won the 4X100-meter relay with a time of 47.87 seconds and

finished second in the 4X400-meter relay with a time of 3:53.81.

In the 100 meters, Perrin McLeod ran to second place in a time of 11.91 seconds, Alex Ludwig finished in 12.28 seconds, Trey Ranaldi finished in 12.58 seconds and Jonathan Winslow finished in 13.9 seconds.

Dennis Simpson added a third place finish in the 1,600 meters with a time of 5:25.02 while in the 400 meters, Winslow finished in third place with a time of 1:02.

In the 800 meters, Simpson also finished in third place in 2:20.72,

Joey Howlett finished in 2:30.25, Ethan Capsalis put up a time of 2:31.69 and Deuce Smith finished in 2:32.81.

Smith finished in second place in the 3,200 meters with a time of 13:07.52 and Howlett finished in 13:09.96 for third place.

Smith added a third place in the shot put with a toss of 31 feet, 11 inches while Reagan threw 30 feet.

Reagan added a second place finish in the javelin with a throw of 106 feet, one inch, Ranaldi finished in third at 104 feet, six inches and

Simpson threw 92 feet, six inches.

For the Prospect girls, Hannah Capsalis ran to the win in the 1,600 meters with a time of 6:21.87.

Amber Fernald won the 800 meters with a time of 2:55.68.

Veronica Dowd ran to the win in the 3,200 meters, clocking a time of 13:12.59.

Jillian Simpson was second in the 100-meter hurdles with a time of 32.46 seconds while Chloe Kane finished in fourth place in the 100 meters in a time of 15.1 seconds. Kane was also

second in the 200 meters in a time of 31.96 seconds.

In the 400 meters, Ella Smith was second overall in a time of 1:13.08, Emily Shurtleff finished in 1:15.62 for third place and Emily Siegler was fourth in 1:20.2.

In the high jump, Simpson was second at four feet, two inches, Shurtleff was fourth at three feet, 10 inches and Siegler was fifth at three feet, eight inches.

Amya Portigue threw 18 feet, four inches in the shot put for sixth place and she finished in third place at 53 feet, one inch.

In the javelin, Char-

lize Locke finished in fourth place at 60 feet, two inches, Hannah Capsalis threw 45 feet, nine inches and Fernald finished at 39 feet, seven inches.

The Timber Wolf girls won the 4X400-meter relay with a time of 5:11.81.

Prospect is scheduled to be at Laconia again on Tuesday, May 18, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

Sprince pitches Kingswood past Kennett



DREW SWINERTON dives back to first as Brady King takes a throw at first base in action Saturday.

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — Good pitching can take you places.

For the Kingswood baseball team this past week, the good pitching took them to a pair of wins over Carroll County rival Kennett.

After Justin Stirt struck out 10 and allowed just two hits in the first game of the week in North Conway, a 4-0 win,

teammate Tyler Sprince matched him on Saturday, striking out 10 as the Knights defeated the Eagles by a 5-0 score.

“Pitching is a big part of this whole thing,” said Kingswood coach Chip Skelley. “There were some plays made behind them and you have to take advantage of what they give you and we did that today.”

“We’re not hitting

well,” said Kennett coach Josh McAllister. “We had some hits today, but we’re not stringing them together.

“We’re not getting timely hits,” he added. “We get guys on first, but we can’t get them around.”

The two teams were scoreless through the first two innings, as Kennett starter Harrison Keeler kept the Knights off the board. Kennett got a leadoff base hit from Parker Coleman, who moved up on a sacrifice bunt by Sam Seavey, but Sprince got a strikeout to end the inning.

James Yarling had a one-out double in the bottom of the inning, moving up on a sacrifice bunt by Drew Swinerton, but Keeler got a strikeout to end the inning.

Brady Robitaille and Bridger Viger had base hits in the top of the second inning, but again Sprince got out of trouble with another strikeout.

Cole Paro reached on a walk to start the bottom of the second and moved up on a sacrifice



TYLER SPRINCE struck out 10 in six and two-thirds inning of work on Saturday.

bunt by Jonathan Hosack. However, he was gunned down stealing third by Kennett catcher Jack Robinson. Calvin Kinville followed with a base hit and Sprince and Will Danaïs walked to load the bases, but Keeler induced a fly ball to right to end the inning.

Coleman had a leadoff base hit in the top of the third, stole second and moved to third on a wild pitch, but Sprince got a groundout and another strikeout to end the inning.

Yarling reached on an error to open the bottom of the third and came around to score on a Swinerton base hit. Swinerton then scored on a base hit by Hosack to give Kingswood the 2-0 lead before Keeler got a strikeout to end the inning.

Sprince worked around a base hit from Viger in the top of the fourth, striking out two more and the Knights added another run in the bottom of the inning without getting a hit against new pitcher Noah Barrows.

Sprince walked to start the inning but was forced on a bunt by Danaïs, who

in turn moved around the bases on passed balls and scored on a wild pitch for the 3-0 lead. Yarling worked a walk but was stranded.

Sean Regnier reached on an error to open the top of the fifth but was forced on a groundout by Coleman, who in turn moved to second on a groundout by Barrows. However, Coleman was caught stealing on a 2-4-5-6 rundown to end the inning.

Paro reached on an error with one out in the bottom of the fifth and Ryder Whitworth took over on the bases. Hosack delivered a base hit and a wild pitch and error allowed both runners to score for the 5-0 lead.

Seavey led off the top of the sixth with a base hit and after a strikeout and fly ball to left, Robitaille had a base hit, but he was picked off first on a nice throw by Whitworth.

Kingswood went quietly in the bottom of the inning and Kennett threatened to get on the board in the top of the seventh. With one out, Robinson had a base hit and Caleb Bradford took

over on the bases. After Sprince got another strikeout, with his pitch count rising, Skelley removed Sprince for Andrew Keniston, who got a fly ball to right to end the inning, sealing the 5-0 win.

“Tyler threw extremely well,” said Skelley. “Just like Justin did earlier in the week.”

The Knight coach noted that the new schedule, that has the Knights playing the same team twice in one week, has been good for his team.

“The kids, at the start of the week, they know it’s going to be Sachem week, or Bobcat week, this week was Eagles week,” Skelley said. “Everybody here (at Kingswood) has beaten Kennett this week, so it’s nice these guys can do the same thing.”

“Our pitching has been OK, but the defense is lacking,” McAllister stated, noting the runs scored without hits are frustrating. “You’re not going to win games like that, we’re lucky it’s only 5-0.

“We’re making lots of mental mistakes,” he continued. “The mental part we’re struggling with, today we struggled with the physical parts that we usually haven’t been.

“We have to bounce back and find a way to score some runs,” McAllister added.

Kennett is scheduled to be at Laconia on Monday, May 17, and will be hosting Laconia on Wednesday, May 19, both at 4 p.m.

Kingswood is scheduled to visit Gilford on Monday, May 17, and will host Gilford on Wednesday, May 19, both at 4 p.m.


Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.



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SASHA

Softball Knights rally to knock off Kennett



JOSHUA SPAULDING

KINGSWOOD shortstop Brooke Eldridge puts a tag on Kennett's Carli Krebs in action Saturday afternoon.

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — Any-one expecting Saturday's game between the Kennett and Kingswood softball teams to be the same as the previous Monday's game, certainly didn't get what they expected.

After the Knights got a 15-1 win over the Eagles to kick off the week, the Eagles took a 4-1 lead after three innings on Saturday, forcing Kingswood to fight back before the host Knights eventually got a 5-4 win.

"That was a nail-biter," said Kingswood coach Mike Shaw. "They (Kennett) showed up and played very well.

"That third inning was tough, a lot of errors," the Knight coach added. "Hats off to them, they played some good ball."

"We still made mistakes, but we didn't compile on our mistakes," said Kennett coach Chris Kroski. "We made plays instead of compiling the mistakes.

"They came in and they wanted to swing," he added.

Audrey Daggett got the start in the circle for Kingwood and kept the Eagles off the board in the top of the first, though Shyanne Glencross reached on an error with two outs.

In the bottom of the first, Brooke Eldridge led off with a double off the 205 sign on the center field fence. One out later, Morgyn Stevens delivered a base hit and Kingswood had a 1-0 lead. However, Daggett was hurt while running to first and had to leave the game, putting Stevens in the pitching circle.

Ashley Glaze worked a walk to lead off the inning but was forced on a groundout by Izzy Higgins, with Catherine Chick taking over for the Eagle pitcher on the bases. However, Kingswood catcher Irena Pettit threw her out stealing and Stevens got a strikeout to end the inning.

Allie Drew led off the

bottom of the second with a walk and after Higgins got a strikeout and a pop up, Abbie Heald reached on an error and Eldridge walked to load the bases. However, Higgins got another strikeout to end the inning.

Kennett took the lead in the top of the third inning. Emily Kenny led off with a walk and Marissa Caputo beat out a bunt hit. One out later, a wild pitch plated one run and Allie Hussey reached on an error to drive in another run. Glencross walked, Georgia Coleman reached on a fielder's choice and a double by Glaze and base hit by Higgins helped the Eagles take the 4-1 lead before the inning was over.

Stevens led off the bottom of the inning with a double but Higgins struck out the next two batters. After an Allie Drew hit kept the inning going, Higgins got another strikeout to end the inning.

Stevens set the side down in order in the top

of the fourth inning and Kingswood came back with a run in the bottom of the fourth. Carly Johnson led off with a base hit and one out later, scored when Eldridge singled. After Emilia Galimberti walked, Caputo in left and Hope Elias in center made nice catches to get the Eagles out of trouble.

Maggie Shaw returned the defensive favor in the top of the fifth, making a nice grab of a line drive to second base and Stevens struck out the next two to end the inning.

Kingswood added another run in the bottom of the fifth. Shaw led off with a base hit but was forced at second on an in-field bloop by Drew, who in turn, got around the bases on a couple of wild pitches and scored on another one to make it 4-3. Johnson walked to keep the inning going, but Higgins induced a fly ball to center to end the inning.

Kennett got a lead-off walk from Glaze in the top of the sixth and Carli Krebs took over on the bases. However, Pettit gunned her down trying to steal second for the first out. Higgins followed with a base hit but Stevens got a pop up to the circle and a strikeout to end the inning.

Kingswood took the lead in the bottom of the sixth. Eldridge led off with a base hit and stole second. One out later, Stevens tripled to center field to tie the game and a Lindsey Desrochers fly ball to left gave the Knights the 5-4 lead. Shaw reached on an in-field hit, but a grounder ended the inning.



MORGYN STEVENS came on in relief in the second inning and picked up the win for the Kingswood softball team.

Stevens then kept the Eagles at bay in the final frame to seal the 5-4 win.

"It was tough that we left so many on base," Shaw said. "They had a couple nice catches, if those drop in, there's more runs on the board.

"But, it's a win for us, I'll take it," he continued. "We just have to make adjustments."

The Knight coach praised the work of Stevens, who was not expecting to pitch in the varsity game a day after throwing in the JV game in North Conway.

"Izzy came out and threw strikes and we made the plays on defense," Kroski said. "I

made some mistakes, but we'll continue to stay aggressive.

"The key is to get two or three games in a week and start to get on a roll," the Eagle coach added.

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Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Knight lax girls win inaugural meeting with Kennett



JOSHUA SPAULDING

KINGSWOOD'S RACHAEL PARASKOS and Kennett's Tessa Capazzoli battle for the ball in action last week in Wolfeboro.

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — Kennett and Kingswood have had a rivalry in just about every sport over the past few decades.

One of the few exceptions is in girls' lacrosse, where the Eagles did not have a varsity team.

That is, until this year, when girls' lacrosse made its debut at the North Conway school and the Knights and Eagles met up on Tuesday, May 4, for the first-ever meeting between the two programs.

The experienced Knights, behind a five-goal performance from birthday girl Abby Kelly, outlasted their neighbors to the north by a 16-6 score.

Fallon Peacock and Catie Shannon had the early chances for the Knights but they could not convert. However, with 2:16 gone in the game, the Knights got their first goal, as Peacock found Kelly, who buried the shot for the 1-0 lead. Ella Chandler came back with a bid for the Eagles but Hailey Kelly made the save in the Kingswood net.

The Knights doubled their lead just 43 seconds after the first goal, with Ana Ekstrom making a nice pass to Erin Meyer right in front of the net and she buried the shot for the 2-0 lead. Shannon had a bid go wide and Meyer and Ekstrom teamed up on another bid that missed the mark. Ekstrom had a free shot that Kennett keeper Elizabeth Graustein stopped.

Kingswood upped the lead to 3-0 with 19:51, as Abby Kelly made a nice pass from behind the net to Peacock in front, and she put the ball in the net for the third goal. Ekstrom and Peacock had chances for the Knights in their zone while Taylor Gaudette had a chance for the Eagles that Hailey Kelly stopped.

Morgan Carr got the Eagles on the board with 17:27 to go in the first half on a nice feed from Gaudette, but Kingswood answered right back just more than a minute later, as Abby Kelly found Shannon, who buried the ball for the 4-1 lead.

Kennett bounced

right back just more than a minute later when Gaudette made good moves through the defense and fired the ball into the net to cut the lead to 4-2. Sarah Paraskos had a free position shot for the Knights, but Graustein made the save for the Eagles. Gaudette had a couple more chances in the zone and Jaelin Cummings joined in on the offensive attack for the Eagles, but Hailey Kelly was up to the challenge.

Kingswood stretched the lead to 5-2 when Abby Kelly finished off a nice feed from Ekstrom with 11:23 to go in the first half and just more than a minute later, it was Abby Kelly again, this time finishing a free position shot for the 6-2 lead.

Cummings came back with a chance for the Eagles right off the faceoff, but Hailey Kelly made the save. Avery Dinges fed Abby Kelly for a chance that went wide of the net.

With 8:30 to go in the first half, Abby Kelly scored again for the 7-2 lead and Rachael Paraskos had a free shot

that Graustein stopped. Carr had another bid for the Eagles, but Hailey Kelly was there to make the save.

With 6:28 to go, Gaudette pulled the Eagles closer, cutting the lead to 7-3. Ekstrom and Sarah Paraskos came back with multiple chances for the Knights, but Graustein held her ground in the net.

With 1:37 to go, Shannon put home another tally for the 8-3 lead and after Abby Kelly's free shot went wide of the net and Catie Clegg got in close with a chance, Shannon scored again, this time with 35 seconds to go for the 9-3 lead.

Kingswood still wasn't done in the first half, as Abby Kelly scored with one second left on the clock, giving Kingswood a 10-3 lead heading to the halftime break.

Meyer had an early free shot go wide of the net and Cassidy Simpson had a chance that Graustein stopped. Meyer also had a bid stopped by the Eagle keeper.

With 21:37 left in the game, Simpson made a nice move through

the defense to push the lead to 11-3. Meyer came back with another bid that was denied by Graustein.

Meyer was able to score on a free shot with 20:44 to go in the game, pushing the Kingswood lead to 12-3. Meyer came back with another bid that went wide and Ekstrom fired a shot off the post. At the other end, Cummings had a chance in the zone that keeper Alexis Eldridge was able to stop.

Ekstrom pushed the Knight lead to 10 with 17:55 to go in the game, making it 13-3 and then Simpson fired a free shot off the post and Sarah Paraskos and Shannon teamed up on chances that were denied by Graustein. Emma Noble had a shot for the Knights that went wide of the net and Sarah Paraskos had another bid denied.

With 11:51 to go, Ekstrom scored again, this time pushing the lead to 14-3. Chandler had a free shot at the other end that clanged off the post.

Gaudette was able to make her moves through the Knight defense with

9:57 to go, pulling the Eagles back to within 14-4 and just more than a minute later, Cummings fired the ball home to make it 14-5. Eldridge made a nice save on a bid from the Eagles.

With 5:14 to go, Dinges scored to push the lead to 15-5 and with just less than four minutes to go, Clegg scored for the 16-5 lead.

Isabelle Murray finished out the scoring for Kennett, putting one in with 2:44 to go for the 16-6 final.

The Eagles are scheduled to be in action today, May 13, at home against Inter-Lakes, will be at Laconia on Tuesday, May 18, and will be at Laconia on Thursday, May 20, all with 4 p.m. scheduled starts.

The Knights are slated to host Gilford on Tuesday, May 18, at 6 p.m. and will be at Gilford on Thursday, May 20, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

OBITUARY

Nelson E. Chamberlin, 95



His hobbies included excavation, woodwork- ing, working on old cars and trucks. He enjoyed family and friends, fami- ly dinners and ice cream. Survived by his 2 children: daughter Mar- garet “Peg” and hus- band Mark Stevens, son John E. and wife Wanda Chamberlin, 7 grandchil- dren: Matthew, Joshua, Jennifer, Burley, Heath- er, Robert and Anthony, 4 great grandchildren: Charlie, Brody, Emma and Samuel, his brother George Chamberlin and his wife Cheryl, also sev- eral nieces and nephews. Predeceased by his wife Freda M. (Smith) Cham- berlin and wife Mary Weeden, sister Ruth Vold and brothers: Lew- is Chamberlin and Carl- ton Chamberlin. A Graveside Service is planned for Friday May 21, 2021 at 1 pm at John C. Shirley Memo- rial Cemetery in New Durham, family and friends are welcome. In lieu of flowers, memo- rial donations may be made in his memory to a Veteran’s charity of one’s choice. To express condolences, please vis- it: [www.peasleefuneral- home.com](http://www.peasleefuneral-home.com). A member and Dea- con at the First Free Will Baptist Church, mem- ber of American Legion Post #72 in Alton and Li- on’s Club of Alton.

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SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8914.
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Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.

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Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Rubin, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Worship Service 10:00am
Bible Study 11:15am
Rte 126 next to Town Hall
Call or Text (603) 269-8831
centerbarnsteadcc.org
Pastor Brian Gover.

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Prayer Meeting 9:00 am
Rev. Dr. Samuel J. Hollis, 875-5561.
Bay service 8:30am Alton Bay Gazette, Alton, NH
10 am Worship Service
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Center Barnstead NH 03225

LETTERS FROM EDWIN

Books

I’m once again spend- ing some of my time be- ing a substitute teacher. Being a sub, I’ve always been somewhat isolated from the students, but this new need for masks and distance, has total- ly enhanced this. Pre- viously I would at least have some knowledge of what the kids were doing or expected to. There would be instructions and worksheets and even occasionally, teach- ing and discourse. Now everything is on Google Classroom and every student has their own little netbook with which to connect to it with, and do their work on. A total online situation. Some kids work at home while oth- ers work isolatedly at school. I’m available for answering questions but I mostly see the top of heads. Thinking about the technology required for even this one school alone is quite signifi- cant. There are hun- dreds of students as well as all their teachers con- stantly on line accessing that great database in the sky. And that doesn’t include the administra- tions bandwidth. Now multiply this by thou- sands of schools and you start to see the reach that this one software giant has into the filter- ing and dissemination of information to this next generation. Scary. All their little computers were already here PC (pre-Covid), but all the Plexiglas dividers that sit on each table in the lunch room weren’t. Nor all the other barri- ers and protections scat- tered around this place. There must have been a manufacturing boom to get all these kinds of things spread around the country. So, it’s a differ- ent world here. Like most everywhere it seems lately. Every- body is hoping for things to return to how they were PC, but I think that masks are probably here to stay. Especially when you realize that the normal flu basically didn’t happen this year. If it really did, it’s statis- tics were probably just chalked it up to Covid along with any other terminal ailments. Why keep multiple lists? Be- sides, big numbers are impressive. If I live that long, it will be interesting to look back on this world event and see it not from right in the middle. Just like all of history, it will look much different when it’s in the past. Provided of course we have a past. I’ve heard of some folks who are trying to erase history and rewrite it different-

ly. You might think that that is impossible, but it’s really not. With all the readily available in- formation today being online, and accessed through specific soft- ware platforms. Such a feat would be easy. We could wake up some morning and everything we thought we knew could be changed. Yes there would always be books, but who uses books any more? And they can be burned. That has already hap- pened numerous times in the twentieth century in order to take control of populations. Think Hitler, Stalin and Mao for starters. Do your research quickly while you still can. I went to the school library during a free period and found the bookshelf where I had returned the book I was reading last year. It was still sitting there and it still had my place marked. Taking a seat I started to read and the vague remembrances of it’s story started to re- turn. Soon I was back in another time, reliving another person’s life. Seeing another person’s thoughts. As the pages kept flipping, I was get- ting filled in with all the wanton information that completed many of the fragments presented in the early part of the sto- ry. Everything was fi- nally getting fit together. I love books, but I could never read well. Still can’t. Looking at the time, I had about ten minutes before needing to be back in class, so I continued reading. He confronted an old friend with ancient misdeeds which had greatly profit- ed his life before return- ing home. While waiting to fall asleep, he heard his mother screaming, “You killed him! You killed him!” over and over. Who? His friend? Or was it his father? I had to return the book and head off to class. Someday I’ll return and find out. Reading books in the privacy of your own imagination is so far superior to watching video representations. See for yourself. Find yourself a good book and read it. E.Twaste Correspondence wel- come at edwintwaste@gmail.com

HIGH SCHOOL SLATE

Thursday, May 13

KENNETT
Boys’ Lacrosse vs. Kingswood; 4
Boys’ Tennis at Moultonborough; 4
Girls’ Lacrosse vs. Inter-Lakes; 4
Girls’ Tennis vs. Moultonborough; 4
KINGSWOOD
Boys’ Lacrosse at Kennett; 4
Boys’ Tennis vs. Prospect Mountain; 4
Girls’ Tennis at Prospect Mountain; 4
PROSPECT MOUNTAIN
Boys’ Tennis at Kingswood; 4
Girls’ Tennis vs. Kingswood; 4
Friday, May 14
KENNETT
Boys’ Lacrosse vs. Inter-Lakes; 4
Boys’ Tennis vs. Inter-Lakes; 4
Girls’ Tennis at Inter-Lakes; 4
Monday, May 17
KENNETT
Baseball at Laconia; 4
Boys’ Tennis at White Mountains; 4
Girls’ Tennis vs. Berlin; 4
Softball vs. Laconia; 4
KINGSWOOD
Baseball at Gilford; 4
Softball at Gilford; 4
PROSPECT MOUNTAIN
Baseball vs. Inter-Lakes; 4:30
Softball at Inter-Lakes; 4:30
Tuesday, May 18
KENNETT
Boys’ Lacrosse vs. Laconia; 4
Girls’ Lacrosse at Laconia; 4
Track at Kingswood; 4
KINGSWOOD
Boys’ Lacrosse at Gilford; 4
Boys’ Tennis vs. Gilford; 4
Girls’ Lacrosse vs. Gilford; 6
Girls’ Tennis at Gilford; 4
Track Home Meet; 4
PROSPECT MOUNTAIN
Boys’ Tennis at Inter-Lakes; 4
Girls’ Tennis vs. Inter-Lakes; 4
Track at Laconia; 4
Wednesday, May 19
KENNETT
Baseball vs. Laconia; 4
Softball at Laconia; 4
KINGSWOOD
Baseball vs. Gilford; 4
Softball vs. Gilford; 4
PROSPECT MOUNTAIN
Baseball at Inter-Lakes; 4:30
Softball vs. Inter-Lakes; 4
Thursday, May 20
KENNETT
Boys’ Lacrosse at Laconia; 4
Boys’ Tennis vs. White Mountains; 4
Girls’ Lacrosse vs. Laconia; 4
Girls’ Tennis at Berlin; 4
KINGSWOOD
Boys’ Lacrosse vs. Gilford; 6
Boys’ Tennis at Gilford; 4
Girls’ Tennis vs. Gilford; 4
PROSPECT MOUNTAIN
Boys’ Tennis vs. Inter-Lakes; 4
Girls’ Tennis at Inter-Lakes; 4
All schedules are subject to change.

Kids’ Fishing Day at Farmington Fish and Game May 16

NEW DURHAM — The Farmington Fish and Game Club, located at 64 Old Bay Road in New Durham, will be hosting its “Annual Kids’ Fishing Day” on Sunday, May 16, from 8 to 11 a.m. This is a free event for kids ages 4-12, and it will be held rain or shine. Registration begins at 7:30 a.m. and all they need to bring is a pole and some bait. It’ll be a fun filled day of fishing, food and raffles. A free lunch will be provided to all participating children and will be available to all others for a minimal fee. Bait is not supplied for this fishing derby.

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In a pair of close ones, Knight boys earn split with Kennett



AIDAN KELLY races forward to push the ball back to his Kennett opponent last week.

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — The Kingswood boys’ tennis team played a close match with Kennett on Monday at the Foss Field courts, with the Eagles emerging with a 5-4 win.

Kennett took four of the six singles matches for a 4-2 lead, with Kingswood coming up with two wins in doubles play.

Dax Rivera got the

win at number two by an 8-1 score and David Sandoval got the 8-0 win in the fifth spot in the lineup for Kingswood’s two singles wins. Tim Lucia lost 8-0 at number one, Aidan Kelly fell 9-8 (7-5 in the tiebreaker) at number three, Aidan Thompson lost 8-4 in the fourth spot and Jackson Boudman fell in the sixth spot by an 8-3 score.

In doubles play, the team of Kelly and

Thompson won by an 8-5 score at number two while Sandoval and Boudman picked up an 8-3 win in the third spot in the lineup. Lucia and Rivera played at number one and fell by an 8-1 score.

The Knights made the trip to North Conway on Thursday, May 6, and returned the favor on the Eagles, picking up a 5-4 win.

Rivera was down 5-2



TIM LUCIA fires a shot across the net in action last week against Kennett.

at number two but rallied to pick up a 9-8 win (7-4 in the tiebreaker), while Kelly won 8-2 to the same opponent he had lost to on Monday at number three. Sandoval got the other win for the Knights, picking up an 8-0 win at number five.

Lucia dropped an 8-2 decision at number one, Thompson lost 8-1 in the fourth spot and Boudman fell 9-8 (7-4 in the tiebreaker), leaving the

teams tied at three after the conclusion of the singles matches.

In doubles play, Kelly and Thompson trailed 4-1 at number two before rallying for an 8-6 win at number two in the battle that decided the match. Sandoval and Boudman earned an 8-2 score in the third spot while Lucia and Rivera fell by an 8-2 score in the number one spot.

The Knights are

scheduled to host Prospect Mountain today, May 13, will be hosting Gilford on Tuesday, May 18, and will be at Gilford on Thursday, May 20, all with 4 p.m. scheduled start times.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Kingswood tennis girls fall in pair against Kennett



SENIORS (l to r) Mia Runnals, Emily Carpenter and Katie Mann were honored prior to last week’s match with Kennett. Missing from the photo is Quinn Meserve.

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — The Kingswood girls’ tennis team traveled to North Conway on Monday, May 3, and dropped a 7-2 decision to the Eagles.

Coach Tom Merrell noted that while it was a cloudy day, the courts were dry and the rain stayed away.

Emily Carpenter played an hour-long match at number one singles and emerged with an 8-6 win. Am-

ber Dolliver played in the second spot and her match lasted an hour and 20 minutes before she dropped a 9-7 decision.

Katie Mann played at number three and fell by an 8-0 score, Peyton Seigars lost 8-1 in the fourth spot and both Mia Runnals at number five and Gianna Borelli at number six fell by 8-0 scores.

Carpenter and Dolliver teamed up at number one doubles and got the

8-3 win, with Mann and Seigars falling by an 8-1 score at number two and Runnals and Borelli lost 8-1 in the third spot.

The two teams met up again at the Foss Field courts on Thursday, May 6, with the seniors being honored prior to the start of the match. Carpenter, Mann, Quinn Meserve and Runnals were presented with flowers and the Knights also presented flowers to the Kennett seniors.



EMILY CARPENTER returns a shot in action against Kennett last week.

Kennett spoiled the senior celebration with an 8-1 win over the Knights.

“The major factor from the weather was the gusty wind,” said Merrell. “Near the end of the match, the setting sun became another factor.”

The lone win for the Knights came at number two singles for Dolliver, earning a bit of revenge after falling earlier in the week. She won 8-6 in a match that lasted an hour and 15 minutes.

Carpenter had another close match, this time falling 9-8 (7-4 in the tiebreaker) in a match that lasted five minutes longer than the second singles match.

Mann fell 8-2 at number three, Seigars was at number four and fell 8-3, Runnals dropped an 8-1 decision at number five and Borelli lost 8-0 at number six.

In doubles play, Carpenter and Dolliver played at number one and fell 8-4, Mann and

Seigars lost 8-2 and Runnals and Borelli dropped an 8-0 decision at number three.

Kingswood is scheduled to be at Prospect Mountain today, May 13, will be at Gilford on Tuesday, May 18, and will be hosting Gilford on Thursday, May 20, all with 4 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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THIS DAY IN... HISTORY



- **1568:** MARY, QUEEN OF SCOTS IS DEFEATED AND FLEES TO ENGLAND.
- **1846:** THE UNITED STATES FORMALLY DECLARES WAR ON MEXICO AFTER MANY DAYS OF FIGHTING.
- **1861:** QUEEN VICTORIA OF THE UNITED KINGDOM ISSUES A PROCLAMATION THAT RECOGNIZES THE CONFEDERACY AS HAVING BELLIGERENT RIGHTS DURING THE U.S. CIVIL WAR.

New Word

COMPETITIVE

having a strong desire to be more successful than others

How they SAY that in...

ENGLISH: Exercise

SPANISH: Ejercicio


ITALIAN: Moto

FRENCH: Exercice


GERMAN: Sport

Did You Know?

A COMBINATION OF EXERCISE AND BALANCED EATING IS THE RECIPE FOR MAINTAINING A HEALTHY WEIGHT.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: DUMBELL

⊙ * ☐ ⊕ ~ ① ② ✧ * ⬢ ✕ ⊕ + ☼ * ▲ ☾ * ♂ ♀ ✎ ♀ ☿ ☽

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

☐ ☾ ☿ * ♂ ☼ ~ ✎ ✕ +

Determine the code to reveal the answer!

Solve the code to discover words related to Mother's Day.
Each number corresponds to a letter.
(Hint: 12 = E)

A. 2 11 16 12
Clue: Strong emotion

B. 9 11 5 17 12 13
Clue: Female parent

C. 15 24 26 5 23
Clue: Presents

D. 23 3 12 18 24 21 2
Clue: Beyond ordinary

Answers: A. love B. mother C. gifts D. special

SUDOKU

	8			3				5
				6	2	9		
			9		7		3	
7								
	4				1			
	3						5	2
	1					2	4	
		4	2					3
9		3	4					

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	9	5	6	7	8	1	4	3	2	9
3	6	1	9	5	7	2	4	8	6	3
8	4	2	6	9	3	7	1	5	8	4
2	5	8	9	4	6	7	3	1	2	9
9	7	3	1	5	8	9	6	4	2	7
6	1	9	4	3	2	8	5	7	9	1
1	3	6	7	8	9	2	5	4	3	6
4	8	2	9	6	1	5	3	7	8	4
5	7	2	4	3	1	9	8	6	5	7

ANSWER:

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	5 Brynn Lane	N/A	\$508,733	5 Brynn Lane LLC	Curtis A. and Jayne E. Thibeault
Alton	41 Dobbins Way	N/A	\$461,933	Dobbins Brook LLC	James and Kelly Haynes
Barnstead	55 New London Dr.	Single-Family Residence	\$350,000	Annette M. Perrin	Reilly Fiscal Trust and James F. Reilly
Barnstead	New Road	Residential Open Land	\$95,000	480 New LLC	Kaye Cross and Michael W. Ferguson
Barnstead	37 White Birch Rd.	Single-Family Residence	\$205,000	Mary and Wayne Adams	Richard and Alexandra Murtagh
New Durham	Saint Moritz Drive	N/A	\$28,000	Robert Olms	Keth Fletcher and Errin E. Pennell

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column “Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Strange creatures Appear at ACS during poet’s virtual visit

BY JACKIE LEATHERS
Alton Central School

ALTON — What is as big as a laundry basket and has four legs as long as a broomstick? An Altonygoose, of course! Altonygoose was one of several creatures created in poems by students at Alton Central School as they participated in a virtual visit from New Hampshire’s own award-winning

Other creatures included Altonysaurus, Altonymoose, Altonyboose (a ghost!) and Altonystrauss (a musical ghost!). In advance of the visit, students and teachers read Kearney’s picture book, “Trouper,” the story of her adopted three-legged dog, and learned about similes and metaphors from a recorded presentation. In addition to working with the book, Trouper,

also worked together in grade-level groups in advance of the visit to draft poems about animals, all of which were named after the town of Alton. Older students created drafts of poems about ghosts, also named after the town. The drafts of each of the poems were created in response to a series of questions written by Kearney in advance and designed to elicit fresh, original comparisons

the virtual visit (which was expertly facilitated by Alton Central School’s technology integration specialist, Ethan Pfenninger), students worked with the poet to replace cliches and other “tired language” with comparisons which surprise and delight the

reader. Students also learned how to eliminate excess ideas from their “messy first drafts” and to break lines of poetry in ways that produce the most powerful effect on the reader. If you happen to drive by the school at night, be on the lookout for

Altonyboose, the female ghost who is rumored to live there. She is as beautiful as a pool of chocolate and hangs out on the roof at night because she likes to look at the stars. And don’t worry, she’s a kind ghost whose favorite saying is, “Just keep writing.”

Kingswood baseball, softball hosting Operation Hat Trick games May 27

poet, Meg Kearney. WOLFEBORO — This spring marks another unique opportunity for New Hampshire high schools as they have participated or are about to participate in the annual Operation Hat Trick (OHT) New Hampshire High School Initiative. Participating schools have the opportunity to proudly display their logos on a special limited addition Operation Hat Trick (OHT) hat that their student athletes wear during OHT Awareness Games. Athletic Directors from across the state have organized their respective communities to make each one of their OHT games a success. Kingswood Director of Athletics Aaron House shared that Kingswood’s OHT games are a direct result of involved GWRSD community members who volunteer their time with the Kingswood Athletic Boosters. “Each year our athletic boosters step up and

students in Grades 1-4 make an Operation Hat Trick game a reality for our community. This is an important game that is an amazing opportunity for our student athletes to pay homage to these local heroes. I’d like to personally thank all of our booster club members who support Kingswood Athletics,” House stated. Money raised with OHT is used to support and raise awareness of veteran recovery programs in the state of New Hampshire. The donation from NH high schools is the largest donation received by OHT to date. According to Dot Sheehan, Founder of OHT, “I am extremely proud of New Hampshire high schools. This is an extremely important initiative as there is great need among recovering veterans in New Hampshire. I want to thank all of the Athletic Directors for their leadership, passion and en-

ergy in getting this done. The monies raised will help so many veterans and it is very much appreciated. Thank you to all those that have participated.” How the Kingswood OHT event will work: Baseball and softball teams have invited veterans to be guests of honor at the May 27 games vs. Belmont. The players will wear Kingswood branded OHT hats to raise awareness for wounded veterans. Veteran guests of honor will each receive a Kingswood OHT hat. All veterans in the community are invited to attend the game and support the veterans being honored and the cause. The Kingswood Athletic Booster club will sell a limited supply of the Kingswood OHT hats to raise money for wounded veterans. The ceremony will begin at approximately 3:45 p.m. with the first pitch at 4 p.m.

WOLFEBORO — Students at the Lakes Region Technology Center did well at their recent CTSO State Conferences, earning recognition in the following areas. HOSA Instructor: Mrs. Krivitsky Nurse Assisting: Emily Mahler (KRHS) Gold, Katie Mann (KRHS) Silver Home Health Aide: Grace Cardamone (KRHS) Silver, Kylie Ingham (PMHS) Bronze Medical Terminology: Jessica Brown (FHS) Gold Cultural Diversity and Disparities: Abby Kelly (KRHS) Silver Life Support Skills: Lexi Eldridge (KRHS) Bronze Sports Medicine: Lauren MacPhee (KRHS) Gold Medical Law and Ethics: Emilei Morin (KRHS) Bronze Dental Terminology: Bailey Savage (KRHS) Silver Human Growth and Development: Lindsey McCullough (PMHS) Bronze SkillsUSA Instructors: Mr. Meserve/Mr.

Strauch Job Interview: Hunter Russell (KRHS) Silver, Savanna Arvenitis (KRHS) Bronze Welding Sculpture: Savanna Arvenitis (KRHS) Gold, Lance Gouthier (KRHS) Silver, Cole Dumont (KRHS) Bronze Welding Fabrication: Team - Jagger Chesley (KRHS), Dylan McKay (KRHS), Theodore Broska (PMHS) Gold Team - Lucas Snyder (KRHS), Dennis Simpson (PMHS), Palmer Garry (KRHS) Silver Team - Matt Burch (KRHS), Kyle Place (KRHS), Ryder Whitworth (KRHS) Bronze CNC Technician: Mark Standard (KRHS) Gold CNC Milling: Ethan Anderson (KRHS) Gold FBLA Instructors Mrs. DeChairo/Mr. Ball/ Mr. Faragher Sports and Entertainment Management: Riley Smith (KRHS), Carter Morrissey (KRHS), Declan (KRHS) Sluss 3rd Place NHETG Instructor: Mr. Giessler Excellence in Video Design: Izabella Kemper (KRHS), Hailey Wood-

cock (KRHS) Excellence in Performance: Jackie Bonnevie (KRHS) DECA: Mrs. Cameron Enterprise: William Day (KRHS), Ryan Harrington (KRHS) Gold Level Certification Business Service Marketing: David Hartley (KRHS) 3rd place Marketing Management Team Event: Karleigh Fox (KRHS), Kassandra Tinker (KRHS) 2nd Place Restaurant and Food Service: Thomas Giessler (KRHS) 2nd Place Personal Finance: Tristan Bresnahan (KRHS) 3rd Place Principals of Marketing Exam: Emily Dahl (KRHS) 3rd Place Restaurant and Food Service: Thomas Giessler (KRHS) 2nd Place Entrepreneurship Team Event Role Play: Tushia Blackburn (KRHS), Jillian Gorski (KRHS) 3rd Place DECA Outstanding Chapter Award DECA Promotional and Community Service Award

ALTON POLICE NEWS

ALTON — Alton Police Department responded to 182 calls for service during the week of May 2-8, including one arrest.

-1 Male Subject was taken into Protective Custody for Alcoholism.

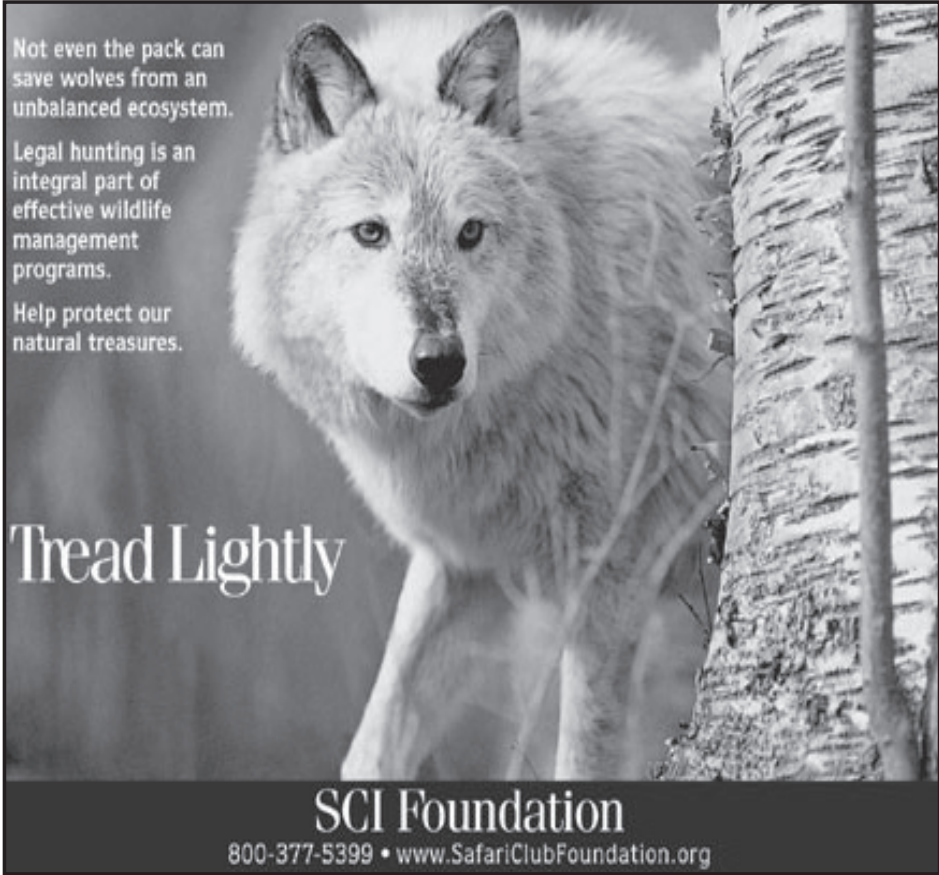
There were 5 Motor Vehicle Accidents.

There were 2 Suspicious Person/Activity Reports on Main Street & Hidden Spring Road.

There were 3 Thefts reported on Lily Pond Road, Main Street & Suncook Valley Road.

Police made 20 Motor Vehicle Stops and handled 5 Motor Vehicle Complaint/Incidents.

There were 147 other calls for services that consisted of the following: 2 Assist Fire Department, 1 Fraudulent Action, 1 Employment Fingerprinting, 1 Assist Other Agency, 5 Pistol Permit Applications, 4 Animal Complaints, 2 Juvenile Incidents, 1 Domestic Complaint, 7 General Assistance, 1 Drug Offense, 1 Missing Adult, 6 Alarm Activations, 1 Lost/Found Property, 1 Simple Assault, 6 General Information, 5 Vehicle ID Checks, 3 Sex Offender Registrations, 2 Civil Matters, 2 Community Programs, 1 Disabled Motor Vehicle, 66 Directed Patrols, (3) 911 Hang-ups, 4 Medical Assists, 14 Property Checks & 7 Paperwork Services.





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Alton Central School is seeking one full-time paraprofessional to work in our elementary school. This is as a classroom paraprofessional duties include: provide instructional support in individual, small group, and whole group settings as determined by the classroom teacher and special education teacher. Collect data as directed by the special education teacher if needed. Ability to maintain professionalism and confidentiality. Fulfill all responsibilities as assigned by the Special Education Teacher, Special Education Director, Principal. If interested, please submit an application to AppliTrack at <https://www.appli-track.com/altonk12/onlineapp/>

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How communities can recognize nurses



The vital role nurses play in health care settings across the globe was perhaps never more apparent than in recent months. When COVID-19 was declared a pandemic by the World Health Organization in March 2020, nurses were on the front lines in the battle against the virus, and have remained there ever since.

In recognition of the sacrifices nurses and other health care workers have made to help the sick, individuals across the globe have placed signs in their yards thanking essential workers. In addition, many more have taken to social media to highlight the lengths individual nurses have gone to while helping them or their loved ones who caught the virus or fought other illnesses. Communities can follow such individuals' lead by making collective efforts to thank the nurses who call their towns and cities home.

- Sponsor fundraising efforts. Town officials can help to organize a

community-wide fundraising effort or a 50-50 raffle with the ultimate goal of donating to a charitable organization chosen by local nurses. Health care facilities have been stretched incredibly thin during the pandemic, so a donation to a charitable organization that benefits health care workers can be a great way for communities to honor local nurses.

- Encourage residents to lend a helping hand. The work frontline medical workers have done during the pandemic has been endless and exhausting. In recognition of that, community organizers can promote volunteer programs designed to lift some of the burden off local health care workers' shoulders. Local hospitals, blood banks and health centers may need volunteers, and this is a great way for local residents to show health care workers their efforts are appreciated.
- Celebrate holidays that honor nurses as a community. The Amer-

ican Nurses Association notes that National Nurses Week begins each year on May 6 and ends on May 12. Though National Nurses Week is not a federal holiday, communities can still come together during the week to highlight the work their local nurses do. Township or other local officials can encourage businesses in the community to offer special discounts to nurses during the week, while schools can take part in collective efforts to thank nurses. For example, students from all grades can work on a banner thanking nurses and then showcase the banner by the entryway to campus so passing motorists can see it.

- Highlight a local nurse each week on social media. Community leaders can ask residents to nominate a local nurse each week and then choose one nominee to highlight on social media. Students or local officials can interview the nominee, asking them about their careers, including what compelled them to become a nurse and their most interesting experiences on the job. Interviews can be posted on community social media pages so all residents can get to know the unsung heroes in their communities.

Communities can work together on a variety of collective efforts aimed at recognizing the extraordinary efforts made by local nurses every day.

Knight lax boys sweep pair from Kennett



KATHY SUTHERLAND
KINGSWOOD SENIORS were honored prior to their home game last week. Back row (l to r), Nick Potenza, Reese Clarke, Jackson McCullough, Brody DeMasi, Liam Davey and Andrew Cartier. Front row (l to r), Davis Ekstrom, Rob Doherty, Brody Thomas, Bailey Savage and manager Serena Silva.



LIAM DAVEY looks to escape a Kennett defender in action last week.

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — The Kingswood boys' lacrosse team began a four-game stretch against Carroll County rival Kennett last week, winning a pair of games to remain undefeated on the season.

On Tuesday, the Knights traveled to North Conway and came home with a 9-6 win and on Thursday, the Eagles traveled to Wolfeboro, where Kingswood celebrated Senior Night with a 10-3 win.

"Two wins is a great start and we look forward to keeping the momentum rolling as we face Kennett again," said coach Mike Manning.

Davis Ekstrom and Myles Mayhew led the way for the Knights on the week, with each scoring a total of four goals between the two games.

Josh Paraskos got the start in net in the Tuesday game and picked up the win with five saves while Garrison Hendrickson was in net on Thursday and made nine saves to pick up the victory.

In the Tuesday game, Kingswood led 2-1 after one quarter and 5-2 at

the halftime break. Each team scored a goal in the third quarter for a 6-3 lead for the Knights and each team scored three in the fourth for the 9-6 final.

The Knights are scheduled to be at Kennett today, May 13, at 4 p.m., will be at Gilford on Tuesday, May 18, at 4 p.m. and will host the Golden Eagles on Thursday, May 20, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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nurses!

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