



THURSDAY, FEBRUARY 2, 2017

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FREE

Sign-ups for local elections continue through Friday

BY JOSHUA SPAULDING
Editor

REGION — Local residents have the chance to make their impact on the local government with a number of positions available in town and school government in the coming year.

The filing period continues through Friday, Feb. 3, and anyone interested in signing up for any of the positions is advised to visit the town clerk’s office in their community.

Alton

In Alton, there are two three-year seats on the board of selectmen, with Cydney Johnson and Lou LaCourse both finishing terms.

There is a three-year

term as a trustee of the trust funds (David St. Cyr is incumbent) and two three-year seats as library trustees, with Betty Jane Meulenbroek and Ruth Messier as incumbents.

Edward Peterson’s term as water commissioner is ending, leaving one three-year term and there is also two-year and one-year terms available for the water commission. Courtney Mitchell is the incumbent on the one-year seat, the two-year seat was vacant.

There are three positions available on the budget committee, with Roger Nelson’s seat for three years, Andrew Levasseur’s seat for one year and David Hershey’s seat for two years

all available.

For planning board, there are two three-year seats available, with William Curtin and Roger Sample the incumbents. There is one three-year seat for supervisor of the checklist (Mary Murphy is incumbent) and for the zoning board of adjust-

ment, there are two three-year seats available, with Paul Monziona and Paul LaRochelle as incumbents.

In the school district, there is one three-year seat on the school board available, with Sandy Wyatt’s term coming to a close. There are also one-

year seats as moderator (Robin Lane) and clerk (Linda Roy) available.

Barnstead

In Barnstead, there will also be two three-year positions available on the board of selectmen, with Priscilla Tiede and Rick Duane finishing

their terms.

Jim Doucette’s three-year term as road agent is ending and will be up for election. For library trustee there is a three-year term and a one-year term available.

There is one three-year term as trustee of

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Barnstead adds late bus from Prospect Mountain

Superintendent asks board to adopt “Responsive Classroom” framework curriculum

BY DAVID ALLEN
Contributing Writer

BARNSTEAD — Superintendent Dr. Brian Cochrane’s reports to the Tuesday, Jan. 24, Barnstead School Board meeting revealed an intent to make important changes in the curriculum, atmosphere and technology at Barnstead Elementary School. It appears that at least some of the efforts are beginning to bear fruit.

Dr. Cochrane’s reports took up the largest share of the meeting. It is a little difficult to measure the full extent of the changes under way because this reporter is not familiar with all of the references made by Dr. Cochrane, nor with the ways in which the new programs differ from past practice.

In a more concrete and clearly understandable

action, the Barnstead School Board agreed to add a late afternoon bus that will transport students who stay after school at Prospect Mountain High School for sports, drama, after school assistance from teachers, or other extra-curricular activities.

The action was a quick response to a concern raised by a public member of the district’s strategic planning committee who had heard freshmen and sophomore students frustrated they were unable to participate in such activities because of the absence of transportation home in the late afternoon. Alton students already have a late afternoon bus.

Families who think a late bus will be helpful for their high school students should make maximum use of the service in the next few months. The

SEE BARNSTEAD, PAGE A11



Busy day on the bay

Activity on Monday on Alton Bay includes the opening of the winter airport, always a great sight, thanks to Paul Larochelle and crew.

GEORGE MURPHY – COURTESY PHOTO

Ambulance, budget occupy selectmen’s time

BY MARK FOYNES
Contributing Writer

NEW DURHAM — Following the selectmen’s regular Jan. 23 session and a supplemental meeting a few days later, New Durham Town Administrator Scott Kinmond was kind enough to catch The Baysider up on some of the recent priorities and action items discussed by the BOS.

A major part of the discussion revolved around how to address the town ambulance situation.

“The current 10-year-old unit has significant mechanical issues - this has been a rough year on repairs,” Kinmond summarized.

He noted that the asset’s “mechanical issues” are largely a result

of “chassis conditions, which have been in decline.”

Kinmond gave a shout out to the Kingswood Vocational program, which provided some key repairs in the past years.

“They have been a great resource for this town, and we are grateful - the staff have been great about energizing the kids to help with some important work,” the TA added.

Kinmond said he followed BOS instructions to put a replacement unit out to bid - and to examine potential alternative solutions with neighboring towns.

The TA said neither Alton nor Farmington expressed an interest in New Durham outsourcing ambulance service to them

“The idea just didn’t fit into their operations at this point in time,” Kinmond explained.

Concurrently, the BOS had directed Kinmond to seek out replacement bids for the ambulance. He said that multiple vendors re-

plied, but that all but one withdrew their interest since they felt their bids “would not be competitive.”

Ultimately, the board decided to go with Sugarloaf Ambulance/Rescue Vehicles of Wil-

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Deliberative sessions ahead

REGION — There will be four deliberative sessions for voters in the coming week.

The deliberative sessions are the chance for the local residents to make changes to the warrant articles that will appear on the ballot in March.

The Governor Went-

worth Regional School District deliberative session will take place on Saturday, Feb. 4, at 10 a.m. at the Kingswood Arts Center.

The Alton School District deliberative session will take place at Prospect Mountain High School on Saturday, Feb. 4, at 1 p.m.

The New Durham town deliberative session will be held on Monday, Feb. 6, at 7 p.m. at the New Durham School.

The Alton town deliberative session will take place on Tuesday, Feb. 7, at 7 p.m. at Prospect Mountain High School.



Fun in the sun

Four members of the Ingoldsby family (clockwise from bottom left), Karl, Drew, Judy and Jordan, pose for a photo with The Baysider at the southernmost point in the continental United States in Key West, Fla. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

COURTESY PHOTO

Pouliots find themselves with many irons in the fire

BY CATHY ALLYN
Contributing Writer

ALTON — An integral part of Native American society is that people are judged not by what wealth they hold, but by what wealth they can give to others.

This attitude is clearly expressed by the Cowasuck Band of the Pennacook Abenaki People and its nonprofit social and cultural services organization, COWASS (Coos) North America.

As Sagamore (sag-8mor) of this band, Paul Pouliot and his wife Denise are committed to preserve their culture, traditions, and way of life. They have spent their time furthering education regarding the Abenaki people.

Following a devastating robbery at their tribal headquarters in Massachusetts and their relocation to Alton, they aligned with Castle in the Clouds for a few years, and did pow-wows. They worked with Strawberry Banke and the Portsmouth Athenaeum, an independent membership library, gallery and museum.

Each year they also do an educational presentation on Star Island, one of the Isles of Shoals known for its summer conferences, lectures, and workshops.

“We’ve had all of these new opportunities that keep us going,” Pouliot

said.

“We say the creator is always directing us down a path,” Denise added.

Pouliot characterized the path as education. “We keep trying to find new angles to explore. Every year we get an inquiry that leads to a new presentation. It’s a real adventure.”

Questions come in from Native American veterans, the Bureau of Prisons, the Department of Energy, and Homeland Security, to name a few, and the Pouliots began developing white papers on these areas of interest.

Subjects they get asked about have ranged from sweat lodges, herb usage, and navigation to clothing and basket making.

“We ended up documenting it all,” Pouliot explained, “because what’s in my head has to be fine tuned.”

As an example, Strawberry Banke wanted to present reenactments, so they dove into discovering what Abenakis looked like in the 1600s.

The couple searches out historical pictures, and is in the process of colorizing them, to tie things together in power point presentations.

“Museums have a lot of items and we use the best resources we can,” Pouliot said.

A presentation on



COURTESY PHOTO

ARTIFACTS such as these illustrate the creative, resourceful, and simple lives of the early Abenaki people, as well as populate the home of Paul and Denise Pouliot of Alton. As members of the Cowasuck Band of the Pennacook Abenaki People, they have devoted themselves to recreating and collecting everything Abenaki in an effort to preserve their culture and educate others.

clothing developed from a serendipitous find of an Abenaki purse made by someone at Star Island.

“It was the oldest hope chest piece, made in the 1600s, and it had never seen daylight,” Pouliot enthused.

The reason for his excitement is because most Abenaki items were made of bark.

“They break down,” he said, “but this purse shows colors.”

He immediately integrated it into a presentation.

Lectures and workshops are often tailor made. “We tried to find things kids could engage with. They get involved with banging drums and shaking rattles, so we wrote music in our language, using it for language education and

reinforcement.”

Government work is widely flung. “I get a cell tower request every day,” Pouliot noted. “Anything permitted by the government has a provision regarding consulting with indigenous people within the affected area.”

An effort exists to persuade all New England groups to return human remains to the ground. Under the Native American Graves Protection and Repatriation Act, the Pouliots recently performed a ceremony over the site of repatriated bones.

A federally recognized Wisconsin group was paid to attend, but Pouliot, as part of an unrecognized group, but one with rights, said they also attended “because they are our ancestors.”

The list of agencies that view the Pouliots as the “go-to” people is staggering. One day they will be engaged with the NH Division of Historical Resources; the next, they’ll consult with movie producers.

The Child Protection Act ensures that an Abenaki child, from wherever in the country, must be relocated with an Abenaki family, so when a social worker calls, the Pouliots check genealogical records.

An archeological dig in Holderness found them working with ground penetrating radar and drones so that human remains could be avoided.

“These things give us a real time 3-D image,” Pouliot said.

“We’re embracing technology,” Denise added.

Ceremonies at a dam removal in Exeter involved reciting blessings and ceremonial requests that animals and fish return.

Coming off of leading a protest at UNH concerning the North Dakota pipeline and providing a local author with a native perspective, Pouliot said they were now turning their attention to the Northern Pass proposal.

“We are most concerned with projects that deal with archeology,” he said. “Human remains and artifacts can be discovered and we have to referee that those are taken care of.”

Sadly, theft at dig sites is a problem and Pouliot said they often find artifacts in the antique shops where they wind up.

The subject of diet was raised recently and

the Pouliots are adding it to their list of programs they’ve developed.

“Agriculture had a hand in destroying indigenous culture,” he said. “Basically, our hunter and gatherer ancestors ate fruits, berries, and nuts. We smoked foods and preserved them in herbs; you don’t find salt in the diet back then because that’s a colonial construct.”

Pouliot indicated corn was not eaten on the cob. “We made flour out of it.”

Another of Pouliot’s many duties is to perform marriages. Taught ceremonies from the 1800s by “an old guy,” he is certified in MA and NH.

And then there are the opportunities that come out of the blue. “I got an email from Mockingbird Foundation that we had received an unsolicited grant to promote indigenous music,” Pouliot said.

The foundation is associated with the musical group PHISH, and the Cowasuck Band, along with groups in North Dakota and Delaware, was selected in recognition of its role in preserving and educating others about its heritage.

“We’re getting acknowledgment,” Pouliot stated.

All monies received go into COWASS North America’s general coffers. “That allows us to do pro bono stuff and we try to do as much of it as we can. We give all of our time away.”

So 2016 was busy for them with “lots of programs,” and this year the big event will be redesigning the Children’s Museum in Dover.

“It will be based on the indigenous perspective on a year, based on the Abenaki year,” Pouliot explained.

They also want to develop a program on “how we looked every one hundred years, what we did, and how we progressed.”

Pouliot researches constantly and employs “a lot of Native American technology reverse engineering to demystify stuff.”

He objects to romanticizing the culture, especially how the ancient Abenakis lived.

“That’s not us; we were simplistic people who didn’t fabricate items just to have them. We were very religious with one god, the creator. Our herbs were simplistic.”

Pouliot said sage was not originally part of the culture, but that it was taken from other tribes.

“We didn’t wear feathers. We knotted our hair and tied it in a bun in the back. And we didn’t wear fringe because when you’re running through the woods, you couldn’t have something that would snag.”

He consigns bright colors, beads, and ribbon shirts to entertaining the public.

“The priests would allow us only one time a year to bring out our clothing, so it became pageantry.”

The early Abenakis

apparently shared a communal pot when it came to eating. “Squirrel and rabbit, roots and herbs were thrown in. You don’t find many references to eating fresh stuff.”

There weren’t sit down meals. “Seems more like they ate when hungry or on the run.”

Pumpkin and squash were dried; clam meat was smoked so it became like jerky and could travel well. A flat hot stone was used for baking.

Raw roots, nuts and berries would have made up a major part of the diet. A different species of oaks was prominent back then, and the sweeter acorns were ground into flour.

Ponds and streams were everywhere. “It would have been like a grocery market,” Pouliot said he hand fished as a youngster. “You straddle the stream and grab the fish.”

If your eye hand coordination wasn’t up to it, weirs were handy to catch the fish, which were then dried. The plentiful eels were considered a delicacy, and passenger pigeons were as thick as mosquitoes, brought down easily with a long stick.

“We could chase down a deer,” Pouliot said. “It would wind and you’d club it.”

He said no artifacts have been found that would indicate the Abenaki hunted moose or bear. There are signs that they hunted caribou.

“You would take advantage of topography, and herd them to where they had no place to go.” There is such a “pinch point” in the Jefferson area.

The Pouliots assume the Abenaki have been in the area for 12,000 years. “We encourage the state to carbon date artifacts.”

They’ve been attempting to target when the Abenaki discovered pottery. “Pottery seems to have fabric imprints,” he said. “We talk to archeologists, trying to determine how we weaved and what was used.”

Pouliot said some discoveries shock them. “An arrowhead found in Concord was made from material in Michigan. How did that get here?”

“We believe trade then was big,” Denise said. “Our big world was just as small then.”

“I think everyone was adventurous and wanted to find something better and that’s why we’re spread all over,” Pouliot said.

“It’s in our blood,” Denise remarked.

They are taking discovery one step at a time. “We ask ourselves why something occurred, and use reverse engineering and our language to solidify what we think the answer was,” he said.

Although not fluent in the language, Pouliot can write it better than speak it. “We have multiple variations of Abenaki dictionaries,” he said, “but we find a lot of ‘contact’ words.”

SEE POULIOTS, PAGE A3

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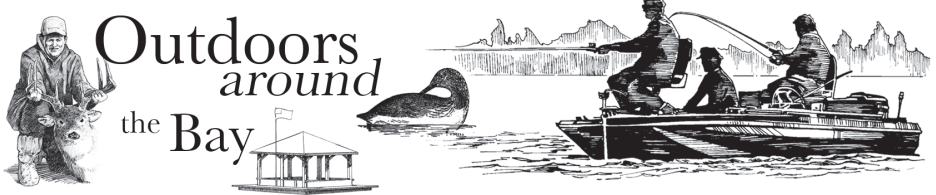
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First plane

The Alton Bay ice runway opened earlier this week and local photographer got a shot of the first plane of the year on the ice of Alton Bay.

MATTHEW FASSETT – COURTESY PHOTO



BY JACK MILLER
Contributing Writer

The fishing season continues in February, but the ice is still "iffy," so be careful. With the smooth ice underneath, be sure to wear creepers on your boots. A great "insurance" investment is an ice pick device you wear around your neck. If you fall in, you can reach across the ice and pull yourself along to safety with the ice picks. These ideas are also useful if you fish the open streams, where the edges can be very slippery. Remember to immedi-

ately release any salmon you catch.

Women interested in learning about outdoor winter activities can take courses with other women through BOW (Being an Outdoors Woman). There is a workshop on Feb. 25 with various activities to choose from. There is also a hiking workshop on Feb. 15. Visit www.nhbow.com for more information.

February is a great month to visit outdoor shows. It chases away the winter blues and gets you excited for the

seasons that are coming soon. New Hampshire's Farm and Forest Expo is taking place Feb. 17-18 at the Center of NH in Manchester. Info is available at www.nhfarmandforestexpo.org. Another show worth checking out is the largest "pure" sportsmen's show in New England, the Springfield Sportsmen's Show, in West Springfield, Mass. It takes place Feb. 24-25. You can check out their site at www.osegsportsmens.com.

Get out and get some fresh air.

Alton setting up town skating rink

ALTON — The town of Alton is currently working on establishing an outdoor ice skating rink on Mill Pond, across from the Alton Fire and Rescue Department on Route 140. The skating rink area, 84'x42', is cleared of snow by the Alton Parks and Recreation Department and flooded by the Alton Fire and Rescue Depart-

ment in an effort to bring a fun, skating experience to the residents. Skating is available weather permitting. Parking is available in the lot across the street from the Alton Fire and Rescue Department. The skating rink access is from the parking lot side only. Skating is at the user's risk and hockey is not permitted. Please

note signs for safety. For more information contact the Alton Parks and Recreation Department at 875-0109 or parksrec@alton.nh.gov. This is the first year they're trying an ice skating rink on Mill Pond so the community's patience and feedback is important as they work out the details.

Learn all about Devon Cattle on Feb. 9

NEW DURHAM — When traveling west on Old Bay Road in New Durham toward Farmington, have you slowed down to look at the cattle grazing alongside the road wondering what breed they are. Guest speaker Clayton Randall will present a program on his Devon Cattle, hosted by the New Durham Historical Society, Thursday, Feb. 9, beginning at 7 p.m. at the New Durham Public Library. The Devon is one of only a few truly triple purpose cattle breeds, being valued for meat, milk and draft. Randall is very active with the Yankee Teamsters 4-H working Steer Club. Randall



COURTESY PHOTO

CLAYTON RANDALL and his team of Devon cattle taken during the New Durham's 250th birthday parade.

also has deep roots in this community, a descendant of Moses Randall, a founding settler in New Durham's early history. All meetings

are open to the public. For additional information, please call Catherine Orlowicz at 859-4643.

POULIOTS

(continued from Page A2)

In a search for what maple syrup was called, they found molasses from a maple tree. "Molasses was a colonist's word, so there must be something older."

The search continues, having led them to "bee molasses" and information from beekeepers that indigenous bees would not have made enough honey to collect. Like a web, one thing leads to another.

They pore over Bibles written by the Puritans and translated in the 1600s. Sometimes they find what they are looking for, and sometimes not. Often they are left with more questions.

"We just keep moving forward," Pouliot said of their attempts to tease out the details of their ancestors' lives.

As part of an art exhibit at the state library, Denise developed a hat from the 1890s out of ash and decorated with flowers. Always busy with crafts and projects, basket making comes naturally to her.

"She knows how to make them from her DNA," Pouliot said, "without having to be taught."

She has made birds out of woven wood that have amazed other Abenaki, who say they

haven't seen such work since early Canadian days.

"I just know how to do it," she said.

Her work is added to their huge collection of everything Abenaki at their home. Over 500 baskets from "as large as a human being to a thimble" are packed in their house. They have a library of 1,000 books.

"We show all native art," Pouliot said, "even that which might be considered offensive."

His attitude is that it is historical and "we document everything about our people. You have to know your entire culture, the good and the bad."

They also store leather, hides, and vintage colonial fabric. "If we have to make costumes for presentations, we need the resources to recreate them," Pouliot said.

He noted that anything they didn't have packed away could be harvested from the woods.

"We take being an entity very seriously," he said. "I don't know who will carry this on, because we're an aging community. Those who know the language are disappearing. But we're taking a positive approach and we're just trying to say, we were here."

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Time to make your mark

As this paper comes out on Thursday morning, there is two more days for local residents to sign up to run for local offices.

The political climate in this country right now is about as divisive as we've ever seen and that's incredibly disappointing to us. We know that not everyone is going to agree with every action taken at any level of government, but there seems to be more protesting and resentment nowadays than there's ever been.

If you want to make a difference, there's one way to start and it can begin at the local level. The local level is where people can really make the most difference in politics. It's tough for one person's voice to be heard on the large scale of things in Washington, D.C., but at the local level, there is a great opportunity for one person to make a difference.

Of course, the most prominent positions in local communities are the seats on the board of selectmen or school board and of course, it's great if you have the ability to serve your community in one of those positions. However, there are many more positions on the ballot for both the school district and town, positions that don't require as large a commitment, positions that might be a bit more out of the spotlight, but in every position there is a chance to make a difference in your community.

And there are positions for just about everyone in local government. In most cases, there is no need for experience, you can learn on the job. Of course, if you have experience that pertains to one of the positions available on the ballot, that's even better and your input would surely be greatly appreciated by the local community.

We know that serving on a town board or committee may not be for everyone, but we urge people to give it a shot. If you're upset about things going on at the national level and want to start to make a difference, local government is your chance. If you are pleased with what's going on at the national level and want to see that continue at the local level, local government is your chance.

Sadly, part of the problem with local government these days is that there are often people who continue to attack their public officials because they don't like the decisions being made. This can make life tough on a public official and if you want to serve in one of the more prominent positions in your community, you might want to develop thick skin. What's most irritating, at least at times, is that the people who make the noise at the local level are often times those who don't step up to run for office.

Again, there is a chance for you to make a difference at the local level of government and we urge anyone who can to sign up to run for office. Stop by your town clerk's office at any point before Friday, Feb. 4, at 5 p.m. and put your name on the ballot. It's the first step in making a difference.



COURTESY PHOTO

Scholarship winner

Alton's Hudson Ingoldsby, a senior at Prospect Mountain High School (second from left), received the Erik Wennerstrom Scholarship from the Granite State Games board. Wennerstrom helped develop the concept of the Granite State Games, which bring together high school athletes from around New Hampshire to an Olympic-style event each summer, and was tragically killed in a car accident over two years ago. Ingoldsby had a chance to meet Wennerstrom's family at the scholarship presentation last week. The Granite State Games Future Leaders Scholarship, which awards eight \$1,000 college scholarships to Granite State Games participants each year (two per region, one male and one female), aims to identify young men and women who will be tomorrow's leaders. GSG is proud to award these scholarships to eight student-athletes who demonstrate leadership through community service, academic excellence, and athletic achievement.

Letters to the Editor

Facing a difficult time

To the Editor:

Last weekend, Jan. 21,22, we were at Newington Mall to see a movie. There were young people strolling around in tee shirts and shorts. A team bus coming from UNH in Durham disembarked its passengers at Cold Stone ice cream for a refreshing treat. All the deniers of climate change will say a warm-up in the coldest month is a "freaky" happening. President Trump and his followers call it a "hoax." Is it? Or is climate change real, a planetary disaster that will affect the lives of our children and grandchildren? To many of us the Trump phenomenon is a bad dream and a paradox. How is it possible that millions of hard working Americans have elected a family of enormous wealth and privilege to solve all our problems? Trump admits that residing in the White House with only 20,000 square feet is a "step down" from his 30,000-foot New York pent-

house. He couldn't wait to install gold curtains in the Oval Office. Trump's followers say "Give him a chance." A chance to do what, build an 800-mile wall with taxpayer money, that will be useless. A chance to gut the Environmental Protection Agency so acid rain will again be destroying New Hampshire's lakes and mountain alpine environment. A chance to abolish Roe v. Wade and assistance with women's health issues.

Unfortunately Americans view these issues as "political." If you favor guns everywhere you are Republican, if not you are Democrat. Unfortunately, Mr. Trump is incapable of seeing both sides of critical issues. His worldwide real estate empire has nothing environmentally friendly. The only "green" he knows is the green in his bank account. We face a difficult time.

John Goyette
New Durham

Belknap County Republicans to meet Wednesday

BELMONT — The Belknap County Republican Committee has announced that its next monthly meeting is scheduled for Wednesday, Feb. 8, at 6:30 p.m. at the Top of the Town Restaurant, 88 Ladd Hill Road in Belmont.

On top of this month's agenda will be discussion about the decisions and election results from the NH GOP State Committee Meeting held on

Saturday, Jan. 28. Of particular note is that former State Senator Jeanie Forrester of Meredith was elected to a two-year term as the NH GOP State Party Chairman.

In addition, the Belknap County House Delegation and State Senators will provide a status update about the many bills that are being considered this term.

The guest speaker has not yet been finalized,

but notification will be posted in the daily newspapers and on the Belknap County GOP web site, www.BelknapCountyGOP.org.

Belknap County GOP meetings are open to all Republicans and like-minded Independents. Per their usual meeting format, if you're interested in having dinner (at your option) and/or wish to socialize before the meeting, plan to

arrive as early as 5 p.m.

The committee thanks its members for their past food pantry donations and wishes to remind them to continue to bring non-perishable food items to the meeting.

For more information, please check the committee's web site at www.BelknapCountyGOP.org or send an e-mail to alan.glassman@gmail.com.



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COURTESY PHOTO

Showing support

The Rite Aid Foundation's "Kids Cents" program recently awarded their local named charity, the Children's Center, a gift of \$5,000 to use in the provision of the many programs that the Children's Center offers to the broader Wolfeboro community. From left to right: Rite Aid pharmacy manager Oana Rujan, assistant manager Rob Spinale, shift supervisor Olivia Beaudet, associate Kali Minaya, associate Karen Moore, Children's Center executive director Susan Whiting, manager Glenn Knoblock. The "Kids Cents" funds are raised through Rite Aid's round-up program where customers can choose to round up their purchase amount donating their change to The Children's Center.

Senior Jon Lee has started his career, thanks to the district's School to Career program

BY ELISSA PAQUETTE
Contributing Writer

OSSIPEE — Jon Lee is getting a leg up in an industry he will likely enter upon graduation from Kingswood Regional High School. Five days a week, after he's attended his math and English classes, he hops on a bus to the Mitee-Bite manufacturing plant in Center Ossipee, where he finishes his school day working with the latest machine technology producing steel clamps for applications worldwide.

School to Career coordinator Matt Tetreault on site this afternoon, says that once Lee reached high school and began taking metals courses offered at the Lakes Region Technology Center, he became the engaged student anyone would hope for. Now a senior, he was ready to advance beyond the classroom offerings.

Tetreault's job is to connect students ready to move beyond the classroom into a work environment. That involves finding employers who are willing to allow students the experiential learning experience students need and desire and provide the necessary training and support for them to advance in their field of interest.

Transportation is another piece critical to the success of the program. As far as he is aware, the Governor Wentworth Regional School District is the only district that has a bus to make the continuous loop in its large geographical area to support such a program.

David Bishop, owner of Mitee-Bite Products LLC located on Route 16B in Center Ossipee, was just such a match. He and his father, Maurice, started out running "a two-man job shop," that has grown over the last 30 years into a business that produces compact, low-profile edge clamps sold worldwide through 200 distributorships. His dad has retired, but Bishop has expanded production and marketing, to the point of needing to expand into another building.



ELISSA PAQUETTE

KINGSWOOD SENIOR JON LEE at work at Mitee-Bite in Center Ossipee as part of the Lakes Region Technology Center's School to Career program.

The company has 21 employees – and is presently looking for a new national sales manager, by the way. Lee fits right in says Bishop, "We're always looking for good people we can employ and train."

Lee admits he was a bit nervous at the start, but "the guys are helpful" and the ProtoTRAK SMX and SLX software systems he learned in the Precision Machine classroom at the Technology Center are similar, though simpler, of course, to the systems he is being trained to use these days.

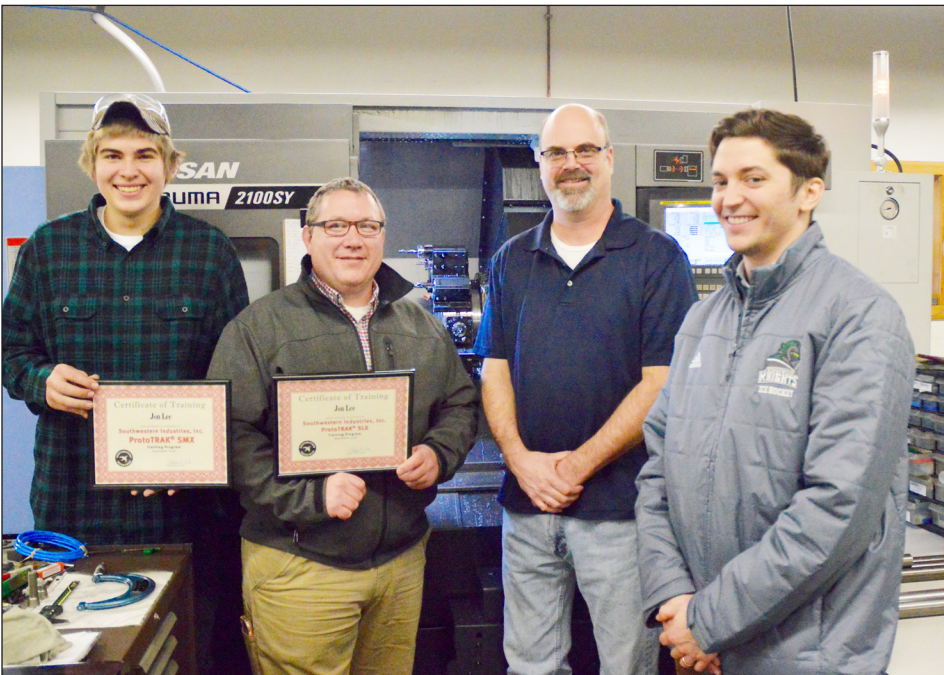
He walks over to a machine that has just made tiny wedge clamps, cleans off the residual water and oil lubricant and brushes aside stray steel chips as he points out that the company uses wedge clamps it has designed in the set up used to make the smaller versions.

He loosens a series of bolts with a cordless drill with a ball end hex key, reaches for an in-house designed rectangular

grooved metal piece (the employee was rewarded for the concept), turns it upside down and slides it over two rows of the newly formed clamps. When he turns it over, voila, they are all lifted simultaneously, rather than one by one, thus speeding up the process of emptying the large tray.

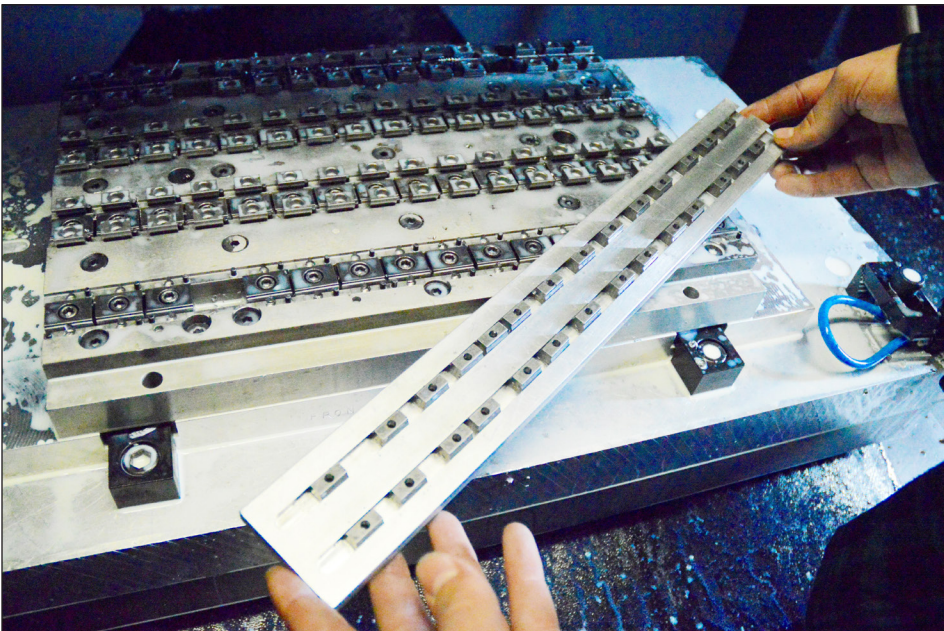
Bishop, who has 10 patents and five more pending, for designs guiding the production of steel clamps from raw stock to finished product, emphasizes that the company specializes in optimizing production and providing solutions for difficult workholding applications.

No one wastes time standing by a machine. The operator is able to move to another task after one is set and return for the next steps. Lee points to a computer screen and notes that the buzzer will go off when it's time to return. Increasing efficiency is the name of the game. The goal is to help clients become more competitive in the global market-



ELISSA PAQUETTE

JON LEE WITH INSTRUCTOR SCOTT MESERVE; Dave Bishop, owner of Mitee-Bite Products, LLC where Lee works each afternoon; and Matt Tetreault, coordinator of the Lakes Region Technology Center's School to Career program, holding certificates of training in ProtoTRAK SMX and ProtoTRAK SLX from Southwestern Industries, Inc.



ELISSA PAQUETTE

JON LEE SHOWS HOW the tool allows easy pick up of the newly made wedge clamps. The channels provide for a quick slide of multiple parts into the collection container.

place, says Bishop.

He takes us to an office where an employee has a three dimensional image on a 27" computer screen and explains that companies describe their needs and Mitee-Bite designs a part for the purpose. Drawings are sent back and forth and in some cases, test fixtures, to insure satisfaction until the piece is ready for production. It also helps companies develop new procedures. "Our parts are well made to specification at lower costs," says Bishop.

Lee is in a place where ideas are nurtured and creativity is honored. It's an educational partnership. He has the mechanical aptitude and math knowledge to propel him

forward in a career that is not always easy to get into, says Bishop. He's in

a good spot with support from the School to Career program.

Barnstead budget hearings continue

BARNSTEAD — The Barnstead Budget Committee will meet and hold public hearings and work sessions concerning the budget as follows:

For the school budget, a public hearing and recommendation is Monday, Feb. 6.
For the town budget,

the public hearing and recommendation is today, Thursday, Feb. 2.

All public hearings and work sessions will start at 6 p.m. and will be held in the library at the Barnstead Elementary School. Work sessions will be held as needed by the budget committee.

Register early for annual bed race

ALTON — The Alton Winter Carnival is hosting the 2017 Alton Winter Carnival Bed Race on Alton Bay Feb. 19. The bed race is a traditional event during the Alton Winter Carnival hosted by the Alton Business Association.

The race begins at 2:30 p.m. on the Alton Bay runway. The number of heats will be determined by the number of participants. A team is to be made of five people with four people pushing and one person riding the bed. Themed beds are

always fun for the spectators as are team costumes. Cleats or spikes are not permitted and organizers encourage the person riding on the bed to wear a helmet. In the event of poor ice conditions, the race will be held in the town of Alton parking lot. The

winning prize will be awarded right after the event at the bandstand.

Please contact Steve Bell at 520-8166 or Chris Racine at 875-4100 ext. 104. You may also e-mail chris.racine@profilebank.com for the participation and waiver form.

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Homemade Mac'N Cheese (with sides)
Salad, Ham, Rolls, Ice Cream
Cost per person: Donations only

Hosted by:
Alton, Barnstead, New Durham NH
ALTON CENTENNIAL ROTARY

Net Proceeds donated to: Belknap County, Belknap House, Laconia
Providing shelter and hope for homeless families

Inclement weather date: Feb. 18 / same place, same time

Blackbird to appear in Wolfeboro on Feb. 19

WOLFEBORO — Wolfeboro Friends of Music is honored to present the acclaimed and award winning Blackbird duo on Sunday, Feb. 19, at 2 p.m. at The First Congregational Church, 115 South Main St., Wolfeboro. This duo hailing from Vermont is comprised of Rachel Clark and Bob DeMarco, who specialize in a one-of-a-kind performance of traditional Celtic and Scandinavian music, as well as tunes of their own creation. Blackbird's performances are graced with a lively and entertaining musical mix of Irish flute, penny whistle, fiddle, accordion, guitar, cittern, piano and vocals. Blackbird has fast become a staple for audiences in Vermont and throughout the entire New England Region. Recently, the group was warmly received and appreciated by audiences at the Stone Church Concert Series in Bellows Falls, Brandon Music, the Tinmouth Firehouse Concert Series and Burlington First Night. In addition to their live performances, Blackbird has produced two albums, "Good Morning, Good Night" and "Whistle and Sing" - both to critical acclaim. "Whistle and Sing" was awarded "Traditional Album of the Year" in 2013 by the Barre Times Argus/



COURTESY PHOTO

BLACKBIRD will be in Wolfeboro on Feb. 19.

Rutland Herald and Art Edelstein. DeMarco's inspiration and love for Celtic music comes from his mother who immigrated to the United States from County Limerick, Ireland. When he was a young lad, his mother frequently sang with him in Gaelic and played the fiddle and piano. He carried on the tradition of playing fiddle and piano, but has also taken on guitar and bouzouki. Clark

comes from a family of classical and folk musicians. A childhood in Sweden introduced her to Scandinavian music, and she was later inspired by, and took up a strong interest and pursuit of Irish music in her teens. She plays Irish flute, penny whistle, accordion, and piano. Their absorption and lifelong love for traditional Celtic music will be center stage at Sunday's performance, which will highlight their enthusiastic and moving performance of many of the classics of this genre, and beyond - in

a way that only Blackbird can deliver. Wolfeboro Friends of Music is pleased to bring Blackbird to the people of the greater Lakes Region during the 81st season, which runs from September through May. This concert is made possible, in large part, to sponsors for this concert, J. Clifton Avery Insurance, Taylor Community, and Meredith Village Savings Bank. WFOM also thanks season sponsors Benefit Strategies, LLC and Paul and Debbie Zimmerman. Tickets for Black-

bird may be purchased at the door on the evening of the concert. Advance tickets may be purchased at Black's Paper Store, Avery Insurance, Innisfree Bookshop in Meredith, by calling 569-2151 or by visiting the Wolfeboro Friends of Music web site at WFriendsOfMusic.org. In WFOM's continued effort to make music accessible to youth, all high school students with ID and all children accompanied by an adult ticket purchaser will be admitted free of charge.

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ALTON POLICE LOG

ALTON — The Alton Police Department responded to 160 calls for service during the week of Jan. 22-28, including six arrests.

One male subject was arrested for driving/operating under influence of alcohol.

One male subject was arrested for domestic violence; assault.

One male subject was arrested for driving while intoxicated (subsequent).

There were three motor vehicle summons arrests.

There were four motor vehicle accidents.

There were two thefts reported on Hayes Road and Suncook Valley Road.

There were three suspicious person/activity reports on Frank C. Gilman Highway, East Side Drive and Mount Major Highway.

Police made 43 motor vehicle stops and handled six motor vehicle complaint-incidents.

There were 102 other calls for services that consisted of the following: One background check, two assist fire department, four assist other agencies, five pistol permit applications, three animal complaints, two domestic complaints, five general assistance, five alarm activations, one noise complaint, four general information, one vehicle ID check, three civil matters, three wellness checks, one dispute, two drug destructions, one disabled motor vehicle, 30 directed patrols, one 911 hang-up, two motor vehicle lockouts, two medical assists, 22 property checks and two paperwork services.

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Barnstead Farmers' Market seeking vendors

BARNSTEAD — The Barnstead Farmers' Market is announcing its 2017 season to begin June 10 through Columbus Day Weekend. The market is looking to expand this year. Organizers are seeking the following type of vendors: Maple syrup, honey, corn, bakery sweets and more veggies. They are also seeking licensed breakfast and lunch vendors. They are also looking for musicians to play from 10 a.m. to noon. Applications are now available online at www.barnstead-farmersmarket.club or for more information, please call or e-mail Lori Mahar at 269-2329 or lorimahar@tds.net.

ALTON CENTRAL'S SCOOP

Look what I did, look what I got

BY CRIS BLACKSTONE
Alton Central School Principal

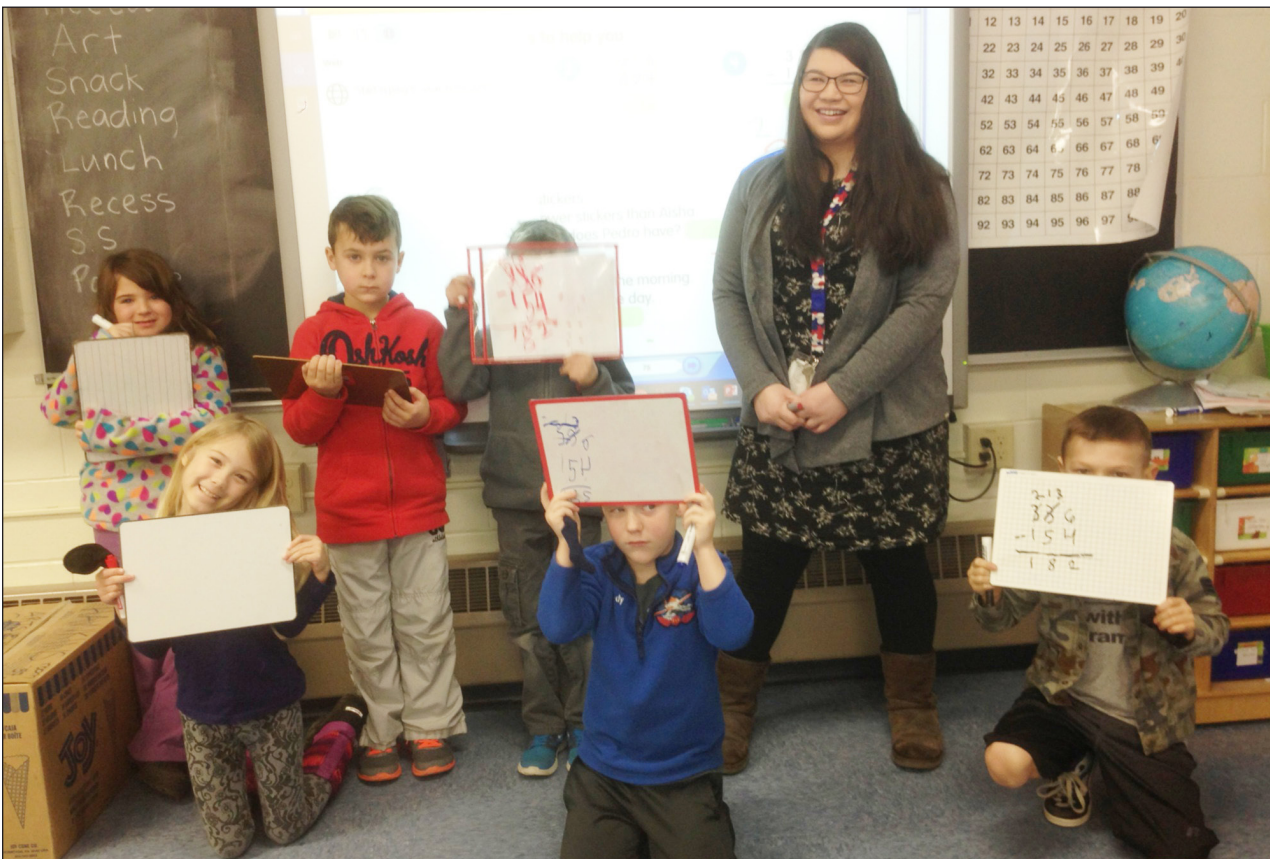
Enthusiastic second graders, who have Mrs. White, Ms. Garden, or Ms. Hawkins, have math instruction involving each whole class, or smaller groups within the class, with instruction supported with the help of Mrs. Hawkins, Mrs. O'Brien or Ms. Weymouth from the Tittle I team, or Mrs. Foley, ACS Enrichment teacher. Throughout the math time each morning, an important component of the math instruction circles around students sharing their answers and telling each other how they arrived at their solutions to the math problems they were working on. This aspect, sharing answers, and discussing how you solved the problem, may be new to the Baysider readers. It's no longer enough to "have the correct answer." While that is important to show your mastery of the concept, it's not sufficient to have the right answer alone. Being able to discuss and compare work with a student colleague is as important, and on standardized tests, students will see increasing importance of being able to explain the steps they took to find the solution to the math problem.

As you walk through-out the second grade math classes, you will notice the amount of hands-on work that is being done. Students have brightly colored plastic pieces, signifying differing values of numbers they use to show place value, or show how they explain counting by fives, or subtracting one amount from a higher amount, which can lead to the need to regroup the numbers to allow what you may have called "borrowing" when you had your math classes. Students have the opportunity to work with markers on individual white boards to show their work, before

discussing it – and students do still make flash cards and work with one another to practice those quick recall skills.

Walking around the second grade classrooms, you may be surprised to hear teachers answering a question from a student, with a question in response. That question in lieu of a direct answer is intended to help kindle a child's prior knowledge about the topic at hand. At other times, the teacher may directly answer the question, if it seems the answer itself is not the crux of the child's misunderstanding.

Alton Central School's math teachers, kindergarten through eighth grade, are working once a month for a four-month series of day long workshops, with a math education specialist from Math in Focus. Math in Focus is our math series and the education specialist has completed the January work session, with February's coming up in the middle of the month. The purpose of this work is to help realign the lessons taught, with fidelity to the program and the way it designed to build skill-upon-skill, so there is a cohesive approach to the math books we use throughout the school. Teachers have their own "homework" from the first work session to complete by the February session. They are to be analyzing assessments and determining how much depth of knowledge (referred to as D.O.K.) was involved in the assessment, be it a quiz, or a test or a quick check in during instructional time, to see how each child is doing. Alton Central School has a strong commitment to that individualized and personalized learning that the program can foster, as the teachers grow their skills designating small groups with a specialized task



COURTESY PHOTO

SECOND GRADE students (l to r), Angelina Barnes, Lyndi White, Benito Sorrentino, Richard Mullaney, Brady Glidden and Jaxon Stephens, pictured with their teacher, Chelsea Hawkins, take a break from their group work to share what they've written in response to the material Ms. Hawkins uses as the basis for their math discussion projected on the Smartboard. Every classroom and most common areas at ACS are equipped with Smartboards, which are used throughout the instructional day and during professional development work sessions and for meetings by community groups also. The second graders are particularly proud of demonstrating their multi-digit subtraction abilities in this photo.

to practice and master for each group.

Feb. 8, ACS has an early release day, with the afternoon dedicated to math, math and more math. We're working on the ways that teachers across all disciplines can help foster that joy

in math that's required for not only STEM careers, but is embedded in all jobs and hobbies children may be interested in. You can help by sharing with your child or ACS student neighbor the ways you use math in your daily

life, through your job or hobby interests. Winter outdoor enthusiasts know all about the math involved in calculating what weight frozen ponds can support to go enjoy ice fishing, or what temperature it is on the thermometer ver-

sus what the "real feel" may be when wind or humidity are taken in to consideration and dress appropriately. Math is everywhere. We are helping ACS children investigate math from many angles to increase affinity and success.

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DUANE HAMMOND – COURTESY PHOTO

Time to 'pig out'

Artist and a member of the Alton Centennial Rotary Club, Duane Hammond, created this image as an iconic symbol of love for the club's mac 'n cheese Valentine dinner "pig-out" scheduled for Feb. 11, 5:30-7 p.m. at the Alton Senior and Community Center, 7 Pearson Road, Alton. The "pig-out" is to raise funds in support of the Belknap House in Laconia that provides shelter and hope for homeless families in Belknap County. Per person cost is by donation only. For information call 569-3745, or go to www.AltonRotary.org.

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OBITUARY

Paul Steven Dwyer
Served in National Guard

ALTON — Paul Steven Dwyer from Alton Bay passed on Thursday, Jan. 26, after a short illness. He was predeceased by his brother, James William Dwyer Jr.; his mother, Rita Theresa Dwyer and his father, James William Dwyer Sr. all from Canton, Mass.

He is survived by his daughter, Theresa Marie Dwyer, James William



Dwyer III and Cheryl Ann Miller. He is also survived by his eight grandchildren and eight

great grandchildren.

Paul grew up and lived in Canton, Mass. until he married Susan Elizabeth Blood of Sharon, Mass. He served for the National Guard and worked for many years at the post office until he retired and moved to New Hampshire.

There will be a life celebration at J.P. China in Alton Bay on Friday Feb. 3, at 5 p.m.

Relay for Life kickoff event is Feb. 10

OSSIPEE — Mark your calendars for Friday, Feb. 10, and join organizers at the kick off for the American Cancer Society Relay For Life of Lake Winnepesaukee.

This year's kickoff is being held at Sunny Villa Restaurant on Route 16 in Ossipee from 7 to 10 p.m. with music provided by a DJ. This year's theme is Disney – Wish Upon A Cure. Come as you are or dress in any Disney character costume.

The Relay For Life kickoff rally is a community celebration and is an opportunity for everyone to come together to kick off this year's Relay For Life of Lake Winnepesaukee. It is also an opportunity to learn more about the event and how to get involved. Everyone is welcome. You do not have to be a Relay For Life participant to attend. Relay For Life is an event

that honors cancer survivors, current cancer patients and caregivers. Relay also pays tribute to those who have lost their battle with cancer.

Community members can dance, listen to music, win raffle items, win Relay gear, sign up their team and get more information about the American Cancer Society, which started Relay For Life back in 1985 as their main fundraiser. It is a fun way to join with others in the community in the fight against cancer. If you can't make it to kickoff you can still join in on The American Cancer Society Relay For Life of Lake Winnepesaukee event, which is being held on Saturday, June 3, at The Nick in Wolfeboro. This is a community event that is open to the public.

Individuals and teams take turns walking around the track relay-style to raise funds

to fight cancer. There are ongoing activities throughout the day including food sales, music, theme laps, etc. in a family friendly atmosphere. At nightfall, participants will light hundreds of luminaria around the track in a moving ceremony to honor cancer survivors, as well as friends and family members lost to the disease. Additional details will be made available as the event approaches.

For more information about Relay For Life of Lake Winnepesaukee, contact Blanka Beaudoin at 471-4112 or e-mail LakeWinnepesaukeeNHRelay@cancer.org.

To find out how you can get involved or to make a donation, visit the event web site www.relayforlife.org/lakewinnepesaukee and follow them on Facebook.

Beekeeper classes coming Feb. 6

DEERFIELD — Would you like to know more about beekeeping? Have you been thinking about starting up this pastime as a hobby or sideline business?

Pawtuckaway Beekeepers' Association hosts a six-week long bee-

keeping school starting Feb. 6. The Pawtuckaway Beekeepers' Association is one of the oldest beekeepers' associations in the state of New Hampshire. This year they will have a master beekeeper teach the introduction to keeping bees. Several

club members teach on equipment and backyard considerations, and a veteran beekeeper, mentor and teacher will give instruction on hive management and inspections. Check the web site for more details (www.pawtuckawaybeekeepers.org).

Mark on the Markets

Risky investments

BY MARK PATTERSON
Contributing Writer

When you hear the phrase “risky investments,” things like penny stocks, futures contracts, option contracts or junk bonds likely come to mind. But those investments or whatever you want to call them are typically used for speculation or as it used to be called “taking a flier” or chance, knowing your odds of success are not great. Futures and options are not risky per say, just leveraged so that they move faster in or away from profit. They can be used for risk mitigation in some circumstances.

The risk that I wanted to address though was the risk in owning things in your investment portfolio that you may believe are safe income producing vehicles like dividend paying stocks, preferred stocks, MLPs or bond funds. When a stock or bond is purchased for income or the dividend it becomes that much more sensitive to interest rate fluctuations. As an example, because yields on CDs, bonds and fixed income in general are so low, investment money has sought out any vehicle that pays a good dividend or yield. That in turn drives the price up and yield down, so when you have a lot of money chasing this yield you

get inflated prices of the stock or bond.

Now I am not convinced that rates will go up significantly all that soon, in fact I believe that we have a lot of issues to get through before we worry about real inflation. Just realize that abrupt currency value change or a host of external global factors can change the interest rate picture very quickly creating a real jolt to those interest rate sensitive vehicles.

Know that I am not against bonds, just bond funds. Bond funds are typically perpetual in nature, in other words, the bonds are bought and sold by the fund manager with no maturity date as far as you are concerned. Inflows and outflows make holding a bond till maturity a challenge for funds. Typically if rates go up you lose value, if they go down you gain value. If you want exposure to bonds you might consider individual treasuries, corporate or municipal bonds with varied maturity dates, referred to as laddering. Laddering is just a method of staggering maturity dates from short term to long, with a strategy that the



near term maturities may be reinvested into a potential rising rate market. This is referred to as “immunizing” the portfolio. If you buy individual bonds you will at least know what you paid, what your yield, maturity date will be and have more control over the investment. If you do not feel that you have enough assets to justify individual bonds I would just take a pass on the bond fund at this stage of the game and find something else for income. Low cost bond ETF's can be a good non-correlated asset to an equity portfolio, however I do not believe it is the best means for current income.

Of course all these strategies can be debated, I just want you to be active and aware of what is going on with your money whether you manage it yourself or have someone managing for you.

Mark Patterson is an Investment Advisor with MHP Asset Management LLC and can be reached at 447-1979 or Mark@MHP-Asset.com

NH Humane Society brings Story Hour to life

LACONIA — It is known that the New Hampshire Humane Society, located on Meredith Center Road in Laconia, is the area's go-to for animal rescue and other shelter services. But did you know that you can find NHHS volunteers right in the community? A dedicated team of NHHS volunteers from its education program has visited area libraries in Meredith, Ashland, Sanbornton, Moultonborough, Bristol and other towns, turning “Story Hour” into an exciting educational opportunity for children young and old. The program is based on the Five Pillars concept of need – food and water, shelter, medical care, exercise and love. Teaching children these basics beginning at a young age make them compassionate animal owners and advocates as they grow older. The program also teaches pet safety, oftentimes using the shelter's life-sized stuffed dog “Chudleigh,” but sometimes with the aid of one of the Humane Society's “Ambassa-dogs” or a shelter cat, and other basics of animal care. The education team, made up of Deb Corr, Meg Greenbaum and Lynn Davis, also reads stories and engages in other activities, as well as a craft project.

According to Corr, "Our goal is to provide a program that teaches children about the importance of the lives of animals. We teach them about the care, well-being and maintenance of dogs, cats and other

household pets. It is our hope that the children will grow up to become good stewards for the animals in their care."

The education team has also presented in multiple area schools and other programs, such as the Boys and Girls Club of the Lakes Region, Ashland Elementary School and the Laconia area elementary schools, with multiple sessions spread over several weeks, including a culminating trip to the shelter itself if possible. Educators interested in having the Humane Society Education program presented at their school or club should contact Andrea Bonner, Volunteer Coordinator at the NH Humane Society, at andrea@nhhumane.org or 524-3252.

The NH Humane Society serves 17 communities in the Lakes Region, providing essential services to animals and pet owners alike. NHHS is dedicated to finding responsible and caring forever homes and providing shelter for lost, abandoned and unwanted animals. NHHS advocates for animals and speak for those who cannot speak for themselves, as well as implementing educational programs and services to promote responsible pet ownership and the human-animal bond. And finally, the shelter and its tireless staff and cadre of dedicated volunteers work to prevent cruelty to animals.

To make a donation or view adoptable pets, visit www.nhhumane.org.

Ben Drury makes WPI Dean's List

WORCESTER — Worcester Polytechnic Institute (WPI) has announced that Benjamin Drury of Alton, a member of the class of 2018 majoring in chemical engineering, was named to the university's Dean's List for academic excellence for the fall 2016 semester.

A total of 1,424 undergraduate students achieved the criteria required for WPI's fall 2016 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the

amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students go beyond the classroom to work on open-ended problems in and for communities around the world. The problems are important and the impact is real," said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

Founded in 1865 in Worcester, Mass., WPI is one of the nation's first engineering and technol-

ogy universities. Its 14 academic departments offer more than 50 undergraduate and graduate degree programs in science, engineering, technology, business, the social sciences, and the humanities and arts, leading to bachelor's, master's and doctoral degrees. WPI's talented faculty work with students on interdisciplinary research that seeks solutions to important and socially relevant problems in fields as diverse as the life sciences and bioengineering, energy, information security, materials processing, and robotics. Students also have the opportunity to make a difference to communities and organizations around the world through the university's innovative Global Projects Program. There are more than 45 WPI project centers throughout the Americas, Africa, Asia-Pacific, and Europe.

Church Service

SCHEDULE

Sundays: July 3, 2016 – September 4, 2016

8am Outdoor Summer Worship Service- Alton Bay Bandstand

10am Worship Service Community Church of Alton-101 Main Street, Alton

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundant-tharvestnh.org or e-mail ahfc@faith.com.

ADVENT CHRISTIAN CHURCH
Sunday Worship Service 11:00 Am. All Are Welcome. Rev. Charles Wilson 998-4102. 96 Maple Street & Route 28, Barnstead

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am. Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 8:30 am; Christian Education for all ages, nursery-adults, 9:00 am; Worship Service 10:00 a.m. – 20 Church Street. Rev. Dr. Samuel J. Hollis 875-5561.

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot; 776-1820, ccnorth-barnstead.com

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON
Worship Services 10:00 A.M. Sunday School 10:15 AM 400 Main Street Farmington, NH 03835 Pastor Kent Schneider 755-4816 www.farmingtonucc.org

FIRST FREE WILL BAPTIST CHURCH
Sun. School 9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nasos.

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.
on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL
40 Hidden Springs Rd., Alton, 875-2548. Father Robert F. Cole, Pastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S EPISCOPAL CHURCH
Sunday 9:30, 50 Main St., Pittsfield Rev. Curtis Metzger, 435-7908 www.ststephenspittsfield.com

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Sunday services and religious education 10:00 a.m. All are welcome. 172 Pleasant St Laconia • 524-6488 • usl.org

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BY RANDY HILMAN
Contributing Writer

January regional home sales dropped 5.5 percent, year-over-year, and slumped nearly 40 percent from December amid optimistic forecasts of sustained growth through 2017.

Despite declines in both yearly and monthly unit sales, the housing market brought more good news to home sellers in Belknap, Grafton and Carroll counties as the January monthly median home price grew nearly five percent, from \$181,000 a year ago to \$189,900 last month, according to data supplied by the New England Real Estate Network Multiple Listing Service.

Local market watchers attributed the sharp month-to-month sales decline, from 342 to 207 units last month, to the seasonal push for calendar-year closings and the full onset of winter. As a result, transacted dollar volume slid 43 percent from December to \$55.8 million last month, a modest three percent drop from January 2016, figures show.

As for the larger market picture, experts are forecasting another positive sales growth year, following four years that saw regional home prices rise a collective 35.5 percent and transacted dollar volume increase 49.4 percent to \$1.17 billion, according to the NEREN MLS.

"The overwhelming feeling about prospects

The Winnepesaukee Talkie

January home sales dip, sustained growth predicted

in residential real estate for the immediate future is optimism," the New Hampshire Realtors® wrote in its year-end market report.

"There are certainly challenges in this market, like continued low inventory and high competition for those fewer properties, but opportunities about for hard-working agents and diligent consumers."

While the number of homes for sale was drastically down in year-over-year comparisons, along with days on market and months of supply, sales volume and prices rose in most markets, NHR reported, even in the midst of a contentious and uncertain presidential election and rising mortgage interest rates, "neither of which are expected to have a negative impact on real estate in 2017."

Statewide, closed residential sales rose 8.2 percent last year to 22,000 units. In the same 12-month period, however, newly listed single-family homes and condominiums fell 7.5 percent, according to NHR's 2016 housing report. Meanwhile, homes sold two percent faster on average last year compared to the previous year, with sales averaging 83 days on market.

The median price of a New Hampshire single-family home rose 3.3 percent to \$249,500, while the median price for condominiums rose 6.7 percent to \$185,000, according to NHR.

In the three counties surveyed for this report, single-family and condominium sales rose 9.7 percent in 2016 to 4,263

units while new listings fell 14.3 percent. In the same period the median home price rose 4.2 percent to \$198,000 with homes selling on average in 125 days, or about four percent faster than in the previous year, according to NEREN MLS data.

In Belknap County, January sales declined 41 percent from December to 69 closed transactions, unchanged from January last year. Average days on market rose 18 percent, month-to-month to 119 days, but dropped nearly five percent from the same month a year ago, according to NEREN. The January median home price also declined slightly from December, but rose 11 percent to \$200,000, month-over-month.

Carroll County home sales fell sharply in January to 60 transactions, down 52 percent from December and 24 percent from January last year. Average days on market fell two percent from December to 144 days, or four percent faster than in January 2016. The median price of a Carroll County home rose to \$204,000, a month-to-month gain of 10.3 percent and a month-over-month increase of eight percent.

Grafton County sales declined 22 percent from December to 78 closed transactions, up nearly 10 percent from January 2016. Homes sold in January were on the market an average 163 days, up 4.5 percent from December but 10 percent faster than in January 2016, according to NEREN. The median price of a Grafton home in January was

\$172,000, down 8.5 percent from the previous month and 4.5 percent below the January 2016 median of \$180,000.

Have you considered selling? You don't have to line a broker's pocket with your money to get top dollar for your home. I can help you for a fee as

low as 1.5 percent. Ask me how. Meanwhile, thank you for reading The Winnepesaukee Talkie.

The Winnepesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for

The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Hilman today is an associate broker at Keller Williams Lakes and Mountains Realty, Wolfeboro. He can be reached at 610-8963 or by e-mail at rhilman@randyhilman-homes.com.

Volunteers sought for Making Strides Against Breast Cancer

REGION — The American Cancer Society is seeking volunteers in The Greater Lakes Region communities to be a part of the Making Strides Against Breast Cancer planning committee. Community volunteers and committee members help lead and organize the annual Making Strides event with the support of American Cancer Society staff. Monthly planning meetings are held the third Tuesday in Laconia at LRGH. There are various volunteer opportunities for interested community members year round from assisting with planning, fundraising leading up to the annual event, to taking part in the day-of.

Making Strides Against Breast Cancer events unite the community with a shared determination to help create a world free from the pain and suffering caused by breast cancer. Dollars raised by Making Strides supporters help the American Cancer Society ensure no one faces breast cancer alone by funding innovative breast cancer research; promoting education and risk reduction; and providing comprehensive patient support to those who need it most.

Since 1992, more than 12 million supporters have raised more than \$750 million nationwide. Last year, 353 walkers in the Greater Lakes Region helped to raise \$53,107.80.

If you'd like more information to become a volunteer, please contact Chelsea Paradore at 471-4148 or chelsea.paradore@cancer.org or follow The Greater Lakes Region Making Strides on Facebook.

The American Cancer Society is a global grassroots force of nearly three million volunteers saving lives and fighting for every birthday threatened by every cancer in every community. As the largest voluntary health organization, the society's efforts have contributed to a 22 percent decline in cancer death rates in the US during the past two decades, and a 50 percent drop in smoking rates. Thanks in part to progress, nearly 14.5 million Americans who have had cancer and countless more who have avoided it will celebrate more birthdays this year. As the nation's largest private, not-for-profit investor in cancer research, the American Cancer Society is finding cures and ensuring people facing cancer have the help they need and continuing the fight for access to quality health care, lifesaving screenings, clean air, and more. For more information, to get help, or to join the fight, visit cancer.org or call anytime, day or night, at 1-800-227-2345.

Winter Carnival set for Feb. 19 in Alton Bay

ALTON — The Alton Business Association is excited to announce the 2017 Winter Carnival date of Feb. 19. The carnival committee is in high gear with preparation for this year's carnival. If the current ice and snow conditions remain the same, the 2017 carnival will be the event for community, friends and neighbors to come out and enjoy.

Further information and event schedule will be forthcoming in the next couple weeks. So mark your calendar for Feb. 19 on the ice at

the Bay. There will be great food, entertainment and activities for all ages. For more information, please contact Chris Racine at 875-4100 ext. 104 or e-mail chris.racine@profilebank.com. You

can also visit the ABA web site (altonnhbusiness.com) for more information. Should it be necessary due to ice/weather conditions, a snow/ice date is set for Feb. 26.

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Busy year for Governor Wentworth Arts Council

WOLFEBORO — The Governor Wentworth Arts Councils was established and founded in the mid 1980s with its original roots as early as the late 70s, way before there were many arts groups in the local area. GWAC supported and helped to fund music, dance, live theater and arts events long before any of the existing organizations came

into being. GWAC is happy to help support these groups to date and underwrite many of the events that have shaped its cultural presence in the town of Wolfeboro. Many arts events have taken place with the assistance of the GWAC during the 2016 year. Tablescapes “Creative Settings”® became the organization’s leading fundrais-

ing event in April, with hundreds of attendees to the Wolfeboro Inn to view the three-day tour event. Nearly a dozen artists, businesses, individuals and groups created tabletop stories with their themed settings. More than \$3,000 was raised as additional fuel for the art donation to local schools and libraries. The third annual Tablescapes event will be

March 24, 25, 26 at the same location. The third annual Art Walk continued through the downtown Wolfeboro corridor of galleries and at Durgin Green the last Saturdays of each month beginning in May through to September. Artist openings, demonstrations, music and merriment filled the galleries from 5 to 8 p.m. Even though GWAC will not be directly participating, the galleries will continue this event into 2017 with the support of GWAC.

GWAC also became an active participant in the newly developed Wolfeboro Cultural Collaborative (which includes the local museums, library, galleries and artists) presenting a fun scavenger hunt this past June and actively supported the painted pumpkin contest in October. Plans are under way to continue the pumpkin contest for the coming fall of 2017.

The year was themed youth and art education by newly appointed co-presidents in June, Diane Simpson and Polly Cain, with a specific bird house building project enacted by Simpson and involving the 4H Youth and Family UNH Cooperative Extension. Fifteen bird feeders were created and delivered to Sugar Hill Retirement Community, Wolfeboro Bay Center and Mountain View Nursing Home. GWAC also supported arts events in the community by sponsoring the fall musical “Kiss Me Kate” at the Village Players Theater and will be helping with sponsorship at KRHS Theater of their annual Theater Festival in early spring. The schools

and libraries annually request specified funding from GWAC to help underwrite many of their arts and cultural projects. GWAC will continue to support the local schools and libraries in the Governor Wentworth School District into 2017.

The seventh annual Paint Wolfeboro this past August, gave viewers a chance to watch as artists painted quaint scenes and gorgeous scapes of Wolfeboro. Works of art were sold at the end of the day in Cate Park and artists traveled from as far as southern New England to participate.

The year culminated with the annual display at the Wolfeboro Library of GWAC members’ work and a warm presentation by Corinna Willette – the recipient from the Priscilla Hodges scholarship. The Priscilla Hodges Fund was formed more than 20 years ago to help fund scholarships to artists who need a bit of assistance furthering their career. The fund sets up a yearly artist workshop retreat each season, which draws applicants who wish to have hands-on tutorial in the fine arts. Stay tuned for details about the fall workshop in 2017.

Planning for the first Art and Bloom event coming June 10 at the Wolfeboro Town Hall. GWAC member artists/craftsmen along with the Lakes Region Garden Clubs and local florists will partner together to create floral interpretations of original art works. More details to follow this spring.

In conclusion, this past fall, a GWAC survey was composed by the co-presidents in the light of dwindling

meeting attendance and overall low volunteer support at its arts events. The following was concluded by those results:

There will only be three board meetings each year – January / May / September. No general meetings.

A June meeting will be a potluck/art sale gathering with members to vote for the incoming board at that time.

GWAC will continue to sponsor Tablescapes, Art and Bloom, Paint Wolfeboro, the annual fall library show/reception and the exhibits at Meredith Village Savings Bank and Huggins Hospital, plus continue its arts support in the local schools and libraries and individual artists as needed.

They will continue to notify members via e-mail blasts eART Clips of upcoming events and produce a quarterly full color newsletter.

If you would like to actively participate in any of the listed events, please be sure to find them online at www.wolfeboroarts.org and on Facebook. Download a membership form from the site or contact membership chair Jeannette D’Onofrio directly at 569-0078 or e-mail j@virgodesignstudio.com.

You do not need to be an artist to support the arts, just your willingness to participate. Please plan to attend arts events you see listed in the newspapers or in arts event calendars, this will help to insure the continuation of the cultural identity here in Wolfeboro. Many thanks to all sponsors and event underwriters who help the group succeed with your financial support.



MARCIA ELDREDGE - COURTESY PHOTO

FRONT ROW (l to r), NHS faculty advisor Maria Found, Kaya Beland, Helen D’Angelo, Sumayya Al-Kindy, Maya Gomi, NHS council members Julianne Lopez and Bret Barnett; second row (l to r), Academic Dean Marilyn Shea, NHS council member Laura Duffy, Head of School Craig Gemmell, Margarita Shostak, Katie Slock, Maura McDonald, Dawson Allwine, NHS council member Matt Butcher, and speaker Tom Owen.

Katie Slock among new members of Brewster National Honor Society

WOLFEBORO — Brewster Academy recently inducted eight new students into the John Brewster Chapter of the National Honor Society (NHS).

The evening’s speaker, science department chair Tom Owen, spoke to families, faculty and students about his in-

terest and doctoral work into why long-term effort and hard work often translate into higher achievement, higher GPAs, and more success for students (and workers) and how this related to the NHS inductees before him.

The continuous passion and persever-

ance of long-term goals is about grit, he said. “The grittier individual works strenuously over challenges, maintains long-term effort despite adversity, failure, and plateaus toward progress.

“The gritty individual stays the course, which is why you are standing here tonight. ... I’m honored that you have allowed me to stand here and welcome you into this renowned society. I’m proud of you all. And I cannot wait to see how you will change the world. ... What’s next? Stay the course and we will find out.”

Senior inductees are Sumayya Al-Kindy (Muscat, Oman), Helen D’Angelo (Wolfeboro) and Margarita Shostak (Kursk, Russia). Junior inductees are Dawson Allwine (Wolfeboro), Kaya Beland (Gilford), Maya Gomi (San Francisco, Calif.), Secretary Maura McDonald (Beverly, Mass.), and Katie Slock (Alton).

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Sliger on Dean’s List at CCU

CONWAY, S.C. — Kayla Sliger, a senior majoring in elementary education, from Center Barnstead was among 2,253 students at Coastal Carolina University who made the Fall 2016 Dean's List.

To qualify for the Dean's List, freshmen must earn a 3.25 grade point average, and upperclassmen must earn a 3.5 grade point average. To qualify for the President's List, students must earn a 4.0 grade point average. All students must be enrolled full time.

Coastal Carolina University is a dy-

namic, public comprehensive liberal arts institution located in Conway, just minutes from Myrtle Beach, S.C. The university offers 70 areas of study toward the baccalaureate degree, and 17 master's degree programs. CCU began offering its first doctoral program - the Ph.D. in Marine Science: Coastal and Marine Systems Science - in Fall 2014.

More than 10,000 CCU students from across the country and the world interact with a world-class faculty, and enjoy a nationally competitive NCAA I athletic program, an

inspiring cultural calendar, and a tradition of community interaction fueled by more than 180 student clubs and organizations. The university's many international partnerships make it possible for students to study in places such as Australia, China, Costa Rica, Ecuador, England, Greece, France, Germany, Japan and Spain.

Coastal Carolina University was founded in 1954 as Coastal Carolina Junior College and became an independent state university in 1993.

Learn more at <http://www.coastal.edu/>.

PORTRAITS • WEDDINGS • SCENICS • EVENTS

FASSETT'S

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PHOTOGRAPHY

Matthew Fassett
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REDUCE
RECYCLE
RENEW

Who in his right mind (not me) regrets seeing January slip by?

“I love January” is not exactly a phrase you expect to hear roll off someone’s tongue, but it happened with me the other day when I telephoned a favorite friend in Littleton.

“It’s such a nice time of year for reflection,” she said, sort of wistfully, even dreamily, and I agreed, mentally noting that I had in fact held one of my periodic meetings with myself just the other day. From that meeting I emerged with a set of two or three goals before the end of winter, which always feels sort of good, like therapy on the cheap.

With the holidays just puffs of dust in the rear-view mirror, the sun climbing higher and staying longer every day, and the back of winter practically broken, January offers a breather. In my case, the only constants, in order of priority, involve snow, firewood, and the keyboard.

Constant Chore No. 1 is pushing snow around. This begins the minute I get through the Fish and Game Room and then the shop and then the shed and to the barn, all connected in the old-fashioned way, and begin using a small but stout push-broom to clear the small doorway and the barn’s big bay doorways of snow, pushing it out far enough away from the buildings so the plow can catch it. Not the town road plow, mind you, my neighbor’s driveway plow. There is a tribal taboo on pushing snow into a town road.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



Having cleared thresholds I slog through the snow to the outdoor furnace and woodshed, push-broom in hand, and immediately begin pushing snow out of the entire work area, clearing ahead as I go to avoid bumping into my own footprints.

Only then does Chore No. 2 begin, when I open the huge firebox door and use a long Devil-like tool to rake the heap of coals forward, to create a sliding surface for the largest pieces of three-foot wood. And when I say “large,” it’s no joke.

This is pretty big stuff, three feet long, as a matter of fact. These outrageously sized pieces of wood are destined for the huge mouth of the outdoor furnace, which has a cavernous firebox surrounded by 385 gallons of water. This water, heated to between 170 and 185 degrees, is destined for the baseboard heating system (forced hot water) in the house.

Currently I’m performing this chore only once every 24 hours, because we have not yet had any protracted below-zero weather. When several days of sub-Arctic weather do come along, and they inevitably will, I’ll have to go out there every 12 hours. “Not bad,” is what many people are thinking, I’ll bet, at least anyone who’s ever heated entirely with wood.



JOHN HARRIGAN

ON ONE of January’s last days, a gray day indeed, snow and sleet coated just about everything in this view of the main pasture downhill from the house.

Because there is very little hardwood on my land, I buy loads of tree-length hardwood on the spot market, just the way oil companies buy the occasional good deals on tanker-loads of crude. I wait until Mud Season is nigh, of just over, when I can get the best deals from friends who are loggers, loaders and drivers.

However, try as I might, and try as my logging friends might, it’s hard to avoid getting a few logs in the load that are more than a foot wide on the butt. Why this preference for smaller logs? Because (and I’m here to tell you) a three-foot piece of yellow birch that’s 14 or 16 inches on the butt can weigh upwards of 100 pounds. And I’m also here to tell you that even for a guy in modestly good shape at the age of almost 70, which I am, it’s quite a thing to snag such a piece with a pulp-hook, get it to the furnace, give it the heave-ho, and land it where it’s supposed to go.

So when I’ve raked the coals, first to go in are the three biggest pieces I can find, because I can just land them on the heap, and push them the rest of the way in. And then the normal logs that are eight to 11 inches or so on the butt can go in, until I calculate that there’s just enough in there to burn down over the next 24 hours into another nice bed of rosy coals.

As for Chore Number 3, the keyboard, I can think of it as no real chore at all, because it’s a combined task and joy. This is partly because I’m no longer really in the news business, I’m no longer a newspaper owner or a publisher, just John Q. Citizen.

This means that I don’t have to write about tragedies and other bad stuff, what’s called “hard news” in the trade. In-

stead, I get to do columns, essays and the occasional guest commentary. On the flip side, I don’t have to worry about making payroll, coping with the next drastic increase in healthcare costs, or coming up with \$14,000 for the next truckload of newsprint.

So here we are, running out of January already, and perhaps my Littleton friend and I are among the very few who

regret seeing it go.

So we slip into February, on winter’s downhill slide, with the first seriously cold weather still to come, for sure, but longer days and ever more sun coming right along with it.

And quite soon, the south sides of the snow banks will begin to melt and freeze and crystallize overnight, and you can make a snowball if you want to during the height of the day, and not long from now, during February’s last gasp and the onset of March, my road will begin turning into mud as the frost works its way out.

And then we’ll truly be in that seldom-mentioned fifth season called Mud, and into sugaring, and thinking about making that great seasonal switch of tools by the doorways--away with the snow shovels, and out with the rakes.

This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.

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Snow date Sunday, February 19 at 11am

COURTESY PHOTO

An eye for color

Patricia Grant (left), of Buttons and Beyond, recently led a class on choosing colors and fabrics for quilts at the New Durham Public Library. Next Thursday will be the inaugural meeting of the Appetradars, a monthly appetizer club that shares recipes and mouthwatering samples based around a theme. Call the library at 859-2201 for more information.

Pet of the Week

LACONIA — Storm is a cheery, outgoing Labrador type who has not yet reached her first birthday and already finds herself without a permanent home. Humans have been working tirelessly to get her to the place where she will find a loving forever home – the local shelter, New Hampshire Humane Society.

In conversation, it’s been mentioned that the shelter is Shangri La for dogs – a warm, compassionate place for dogs to heal – and a place where people will fall in love with them.

Storm has a rowdy name, but she is a sweet, affectionate, busy dog, smart as a whip and ready to be the constant companion anyone would joyously share hearth and home with such a beautiful creature.

Cats have proven to be irresistible for this young, spirited canine,



staff have told her they aren’t toys, but she persists in testing that theory.

This latest Mississippi transplant has acclimated well to the spicy New England air, revels in outdoor fun and frolic

and is game for exercise and hiking. Come and visit Storm, they are quite sure you will be bowled over by her sparkling personality.

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WHAT'S ON TAP

As February gets into full swing, the local high school teams continue with a full slate of action on the schedule.

The Prospect Mountain and Kingswood alpine ski teams will both be competing in the Winnepesaukee Alpine Race on Friday, Feb. 3, at Gunstock at 9:30 a.m.

The Prospect and Kingswood indoor track team members who qualified will be competing in the State Meet at Dartmouth College on Sunday, Feb. 5, at 3:30 p.m.

Prospect and Kingswood will also meet up on the unified basketball courts, with the teams playing in Alton on Monday, Feb. 6, at 4 p.m. The Timber Wolf unified team will also be hosting Farmington on Thursday, Feb. 9.

The Prospect basketball boys will be hosting Inter-Lakes at 6 p.m. on Friday, Feb. 3, and will be at Belmont for a 6 p.m. game on Tuesday, Feb. 7.

The Timber Wolf girls' basketball team will be at Inter-Lakes at 6 p.m. on Friday, Feb. 3, and will be hosting Belmont at 6 p.m. on Tuesday, Feb. 7.

The Kingswood boys' hockey team will be hosting Bow on Saturday, Feb. 4, at 7 p.m. and will be at Spaulding on Wednesday, Feb. 8, at 8 p.m.

The Kingswood girls' hockey team will be at Exeter at 6:30 p.m. on Saturday, Feb. 4, and will be hosting Souhegan at 7 p.m. on Tuesday, Feb. 7.

The Knight Nordic ski team will be competing at Gunstock on Saturday, Feb. 4, at 10:30 a.m. and will

SEE ON TAP, PAGE B2

Bears prevail in battle of Division III powers

Newfound hoop girls edge Prospect Mountain, 48-43

BY JOSHUA SPAULDING

Sports Editor

ALTON — Prospect Mountain does not charge admission to its basketball games.

However, its safe to say that even with an admission price, those in attendance on Wednesday, Jan. 25, certainly would've gotten their money's worth.

With the last two undefeated teams in Division III going head-to-head, it was sure to be a battle. And given that both teams tend to play an aggressive, physical style, there was sure to be plenty of action.

In the end, the Newfound girls came away with their undefeated record still intact, holding on for a 48-43 win over Prospect Mountain.

"I thought Prospect did a nice job moving the ball well against our 1-3-1," said Newfound coach Karri Peterson of the first quarter. "They found positions for Ali Brown to get her shots."

"We went to the 2-3 in the second, which takes away the corner," Peterson continued. "So if you see them again, you learn from that, you have to mix up defenses a lot."

"I think we were prepared for them," said Prospect coach Rick Burley. "Bri (Burley) going down sort of deflated us a little."

The Timber Wolf point guard and Newfound forward Alexis Vantil both went down on a collision at the end of the first half. Both had to leave the game, though Vantil did return in the second half, Burley remained on the bench with ice on her wrist.

"The other girls stepped up and kept the game close," Burley said. "But it's a game changer when you lose a key player."

The first quarter was about as even as could possibly be, as the two teams exchanged baskets and the lead never



JOSHUA SPAULDING

PROSPECT'S Alyssa Spiewak (left) and Newfound's Alexis Vantil leap for a rebound in action on Jan. 25 in Alton.

got to more than two points on either side.

Brown hit the first hoop for Prospect and Amanda Johnston answered with a free throw and Ashlee Dukette finished a steal with a hoop to put Newfound up 3-2.

Emma Hardie hit a hoop for Prospect to put them back in the lead, but Dukette answered again to put the Bears back up by one. Delia Everhart hit a hoop to put the Timber Wolves back on top but a Johnston basket gave the lead back to the Bears at 7-6.

A Brown three-pointer gave the Timber Wolves a 9-7 lead before back-to-back baskets from Dukette and Johnston put the Bears up by an 11-9 score. Hardie and Leah Dunne answered with hoops for Prospect to put the hosts back up by two but Johnston hit a basket to tie the game at 13 after one quarter.

Alyssa Spiewak put back a rebound to give Prospect the lead coming out in the second quarter before Vantil hit three free throws, sandwiched around a Johnston hoop and Nwefound took an 18-15 lead.

However, a pair of Brown baskets propelled Prospect Mountain back to the lead and an Everhart three-pointer pushed Prospect's lead to 22-18, the first time in the game the lead was more than two points.

Johnston answered

with a three-pointer for the Bears but Hardie came back with a nice move down low to put the Timber Wolves up by three. A Vantil free throw, moments after her collision with Burley as she drove to the hoop and the score stood at 24-22 for Prospect Mountain heading to halftime.

The Bears came out in the second half and scored the first four points on hoops from Johnston and Vantil to take a two-point lead before Brown hit a free throw and Hardie hit back-to-back baskets to give Prospect a 29-26 lead.

Molly Schilling drained a three-pointer for the Bears to tie the game at 29 and then Johnston hit a free throw, Dukette put back a rebound and Savannah Bony hit a basket for a 34-29 lead, pushing the lead to five for the first time in the game.

Prospect came back with hoops from Hardie and Dunne to cut the lead to one at 34-33 but Johnston hit a free throw and Dukette finished off a steal for a 37-33 Newfound lead through three quarters.

Newfound was able to up the lead to eight points to kick off the fourth quarter, as Johnston and Vantil both hit hoops. After Everhart hit a basket to get the Timber Wolves on the board, Vantil and



JOSHUA SPAULDING

ALLISON BROWN drives along the base line in action against Newfound last week.

Dukette put in shots for the Bears to stretch the lead to 10 points at 45-35.

The Timber Wolves didn't go away, as Dunne sank a three-pointer and Spiewak put back a rebound to bring the Prospect crowd to its feet, cutting the lead to 45-40 with 2:45 to go.

Bony hit two free throws with 1:01 to go but the Timber Wolves also got to shoot technical foul shots at the same time and Brown hit one from the line. Prospect got the ball following the technical as well, but Dukette came up with a big block on the defensive end.

Dukette added a free throw with 17 seconds to go and Brown came back down the court and hit a hoop for Prospect but that was all the scoring as Newfound got the 48-43 win.

"It hurt a little when Alexis came out," Peterson said. "Alexis got to the basket well against their man-to-man."

"I thought Amanda (Johnston) carried us in the first half and Alexis did so at points in the second."

"When she wasn't in there, we had some turnovers and some fouls," Peterson continued. "You start switching up the defense a little to make it a little stronger."

Peterson praised the defense of Schilling against the Timber Wolves' offensive attack.

"At times I thought the offense executed well, other times, I don't know," the veteran coach said, noting that she doesn't have a typical stall offense, rather she just wants the kids to keep the ball moving.

"You've got to keep running the offense," Peterson said. "We don't have a stall offense, they just continue, no matter what."

She noted that the Bears haven't played in a ton of close games, which makes trying to slow things down at the end of the game isn't a normal thing.

"If you're in a lot of

those games, you're used to it, it just becomes natural to do it," Peterson said. "We don't play in a lot of close games for them to get that."

"We fought them hard tonight," said Burley. "We knew it would be a physical battle down low."

"And we had moments where we contained them down low," the Timber Wolf coach continued. "But we had moments where we broke down defensively."

"If you take (Savanna) Bony out of their team, they'll struggle," Burley said of the point guard position. "If you take Bri out of ours, we're going to struggle a little."

And while the team is no longer among the undefeated teams, Burley said that was never really the objective for his squad.

"Our goal isn't to be undefeated for the season," Burley said. "We'll be fine. We are just taking it one game at a time."

And he noted, getting a loss at this point in the season might not be a bad thing, as it may refocus his team a bit for the final run.

"Sometimes it can be a blessing to get a loss," Burley added.

Johnston led all scorers with 18 points, while Dukette finished with 13 and Vantil added 10. For Prospect, Brown finished with 13 points and Hardie added 12.

Prospect bounced back on Friday night, defeating Gilford by a 49-44 score

Newfound also won on Friday, besting Stevens 56-26. The Bears led 20-8 after one and took a 30-20 lead to the halftime break. The Bears held the Cardinals scoreless in the third but managed only four points for a 34-20 lead and then came alive in the fourth with 22 points for the win. Dukette had 19 points, 17 rebounds and seven steals. Johnston had 16 points, 14 in the second half and added 20 re-

SEE HOOPS, PAGE B5

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JOSHUA SPAULDING
DYLAN MCQUEEN fires up a shot during action against Gilford.



JOSHUA SPAULDING
GERALD ROBSON hits a shot during action against Gilford last week.



JOSHUA SPAULDING
MADISON BERA led the Timber Wolf unified team with eight points in action against Gilford.

Prospect unified picks up first win

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain unified basketball team played its first home game in program history on Monday, Jan. 23, and the Timber Wolves defeated Gilford by a 26-19 score for the first win in program history.

“It’s not a bad way to start the season at home,” said coach Richard Fortier, who was key in starting the unified program at Prospect Mountain. Basketball is the third unified sport to be played at the school, following volleyball last spring and soccer this past fall.

Gilford got the game’s first points with a basket but Kailey Picott came back with a steal and a basket for the Timber Wolves to tie the game.

Madison Bera then drained a hoop to give Prospect the 4-2 lead before Gilford hit a hoop to pull even at four. The Timber Wolves were able to get the final hoop of the first quarter, with Bera sinking another basket to give the hosts the 6-4 lead after one quarter of play.

The Timber Wolf kids scored the first four points of the second quarter, with Cameron LaChance getting the first basket and Kathryn Cove following with a hoop for a 10-4 lead. Gilford then drilled a three-pointer and a hoop to cut Prospect’s lead to 10-9.

However, the Timber Wolves were able to get the final basket of the second quarter, as Cameron Markie got the hoop to give Prospect a 12-9 lead at the halftime break.

The third quarter belonged to Gilford, as the Golden Eagles scored the lone points of the quarter, putting up a hoop and a three-pointer while keeping the hosts off the board. Gilford took the 14-12 lead to the fourth quarter.

The final quarter was the busiest eight minutes of the game, as the teams combined for 19 points in the frame.

Prospect got the first two baskets of the fourth quarter, with Dylan McQueen starting the scoring and Gerald Robson followed with a hoop to put the Timber Wolves in the lead by a 16-14 score.

Gilford answered with a three-pointer to take the lead again but Robson came back with another basket for Prospect and the Timber Wolves had the 18-17 lead, a lead they did not relinquish.

LaChance hit a hoop for the Timber Wolves to stretch the lead to 20-17 and Cove hit another basket for Prospect to make it 22-17. Gilford was able to hit a basket to cut the lead to 22-19 but the Timber Wolves finished the game with the final four points, all coming from Bera, who drained two baskets for the 26-19 final.

Fortier was pleased with the way the unified program has continued to improve the relationships and the culture for the athletes in the high school and given every one a chance to get out and compete.

Unified sports pairs athletes with disabilities with partners without disabilities and puts them on the same court. “Most of the partners

even would be at home if they didn’t have this,” Fortier added, noting he was also happy to see the Alton Central School unified team in attendance cheering on the high school team.

“A lot of the kids get to know the other kids as more than just a face that is always smiling,” Fortier said. “I’ve been really happy with the community in general.”

He noted that the other basketball teams have supported the program despite the fact that it cuts into the gym time a bit.

“It’s cool to have another sports that people can come out to support like they do the other sports,” Fortier said.

Bera led the Timber Wolves in their first win with eight points on the day.

The Timber Wolves will be hosting Kingswood for a game on Monday, Feb. 6, at 4 p.m. and will be hosting Farmington on Thursday, Feb. 9, at 4 p.m.

PMHS 6-6-0-14-26
GHS 4-5-5-19

Prospect 26

Bera 4-0-8, Picott 1-0-2, Robson 2-0-4, LaChance 2-0-4, Markie 1-0-2, Mc-

Queen 1-0-2, Cover 2-0-4, Totals 13-0-26

Gilford 19

Tounessen 1-0-2, Paige 1-0-2, Colby 1-0-3, Cote 1-0-3, McNeil 1-0-2, Getchell-Lacey 1-0-3, Warren 1-0-2, Nelson 1-0-2, Totals 8-0-19

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Knights hold off Cougars for fifth win

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — After a few weeks on the road, the Kingswood boys’ basketball team returned home on Friday, Jan. 27, and took care of business against Con-Val.

The Knights led most of the way and came away with a 74-66 win over the Cougars. The two teams met in the opening game of the season on Dec. 16, a game that the Knights rallied from a huge fourth quarter deficit to win.

This time, no rally was needed, as the Knights controlled the game most of the way.

“We had a little hiccup in the third quarter,” said coach Dan Place. “We didn’t come out of halftime great.”

The Cougars hit three three-pointers in a row to get things close, but the Knights didn’t panic and settled down to remain in control.

“We handled it well,” Place said of the Con-Val rally.

The Knights also hit their free throws, as they were 27 of 36 from the line.

“We could tell they



KATHY SUTHERLAND
LIAM MORRISSEY puts up a shot in action against Con-Val last Friday night.

were calling in close,” Place said of the officials working the game. “So we talked about it and the guys did a good job of adjusting.”

He noted that the Cougars have some big kids, so controlling the rebounds was a tough task but he was pleased with

the progress the team made in that department from the previous meeting.

“We’ve been focusing on keeping teams off the offensive glass,” Place said. “We did a much better job of it this time around.”

Pat Meyers had a

big game, pouring in 32 points to bring him within five points of 1,000 for his career. Will Treuel added 13 points, Cole Johnston put in 12 and Nick Duntley added 11.

“If we have three or four guys in double figures, it gives us a chance to be in the game,” Place said.

The Knight coach also praised the work of Erik Madden and Jack Saunders off the bench, noted that Cam Place had a solid game on the glass and Colton Mercier hit a couple of hoops at key points for his squad.

Place said the team has also done a nice job of not being distracted by Meyers’ bid for 1,000.

“We haven’t really talked about it, but everybody knows it’s there,” Place said. “But we’re not really focusing on it.”

The win moved Kingswood to 5-4 on the season.

“Halfway through, being over .500, we’re happy with it,” Place said. “We’re not satisfied with it by any means, but we’re happy with where we’re going.”

The Knights will be in action on Tuesday, Feb. 7, when they head to Plymouth for a 6:30 p.m. game against the Bobcats.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

ON TAP

CONTINUED FROM PAGE B1

be competing at Abenaki Ski Area at 2:30 p.m. on Monday, Feb. 6.

The Kingswood hoop girls will be hosting Plymouth for a 6:30

p.m. game on Tuesday, Feb. 7.

The Knight boys’ hoop team will be at Plymouth for a 6:30 p.m. game on Tuesday, Feb. 7, and will be hosting Goffstown on Thursday, Feb. 9, at 6:30 p.m.

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JOSHUA SPAULDING
JOSH BISSON races through a giant slalom gate at King Pine last week.



JOSHUA SPAULDING
MEGAN CHASE led the Prospect girls in both races at King Pine on Jan. 27.



JOSHUA SPAULDING
JACOB KESLAR skis in the giant slalom at King Pine on Friday, Jan. 27.

Timber Wolf skiers go up against Division II powers

BY JOSHUA SPAULDING
Sports Editor

MADISON — The Prospect Mountain ski teams took on some of the top teams in Division II on Friday, Jan. 27, traveling to King Pine Ski Area for a meet hosted by Kingswood.

Kennett and Plymouth, two perennial title contenders in Division II, were also in attendance at the meet, which featured two runs of giant slalom and two runs of slalom. The Timber Wolf boys and girls finished fourth in all races, with Kennett and Plymouth taking top honors and Kingswood finishing third.

For the girls in the giant slalom, the Timber Wolves were led by Megan Chase, who finished in 24th place overall in a time of 1:14.67.

Kaci Gilbert was sec-

ond for Prospect and 26th overall in 1:19.28 and Rebekah Bartolin was the third Timber Wolf scorer, posting a time of 1:24.75 for 30th place.

Amanda Gagne rounded out the scoring for Prospect with a 32nd place finish in 1:26.66.

Ryley Roberts skied to 33rd place in 1:27.25, with Jordan Ingoldsby in 34th in 1:31.89, Naomi Ingham in 35th in 1:32.93, Serena Avery in 36th in 1:33.87 and Samantha Gagne in 37th in 1:34. Lily Michaud finished in 1:36.28 for 38th place, Alyssa Rydlewski put a time of 1:40.79 for 39th place, Anna Francis was 40th in 1:49.79 and Emma Wentworth rounded out the field of Timber Wolves with a 41st place finish in 1:54.04.

Chase also led the



JOSHUA SPAULDING
KACI GILBERT was the second skier for Prospect in both disciplines at King Pine.

way for Prospect Mountain in the slalom, finishing in 21st place in 1:26.56.

Gilbert was again the second Timber Wolf, finishing in 1:28.07 for 23rd place while Michaud was the third scorer with a time of 1:40.61 for 30th place.

Amanda Gagne again rounded out the scoring, finishing in 32nd place in 1:41.88.

Bartolin finished in 1:44.35 for 33rd place, Francis was 35th in 1:48.12, Ingoldsby was 36th in 1:48.86 and Avery was 37th in 1:49.43. Ingham skied to 39th in 2:01.41 and Wentworth rounded out the field of Timber Wolves who completed both runs, finishing in 2:11.91 for 40th place.

In the giant slalom, the Timber Wolf boys

were led by Josh Bisson, who skied to 17th place overall in a time of 1:06.22 for the two runs.

Colby Bisson took second among Prospect skiers with a time of 1:11.77 for 30th place, with Tyler Bredbury registering as the third scorer in 1:12.25 for 32nd place.

Jacob Keslar rounded out the scoring for the Timber Wolves with a time of 1:14.93 for 38th place overall.

Lucas Therrien was 43rd in 1:21.53, Max Tuttle took 46th place in 1:31.36, Cooper Adjutant posted a time of 1:40.89 for 49th place and Ryan Nolan finished in 2:39.59 for 50th place.

In the slalom, Josh Bisson was again the top scorer for Prospect, finishing with a time of 1:14.64 for 18th place overall.

Colby Bisson was again second for Prospect, finishing in 25th place in 1:22.49 with Bredbury placing as the third Timber Wolf in 1:24.96 for 26th place.

Keslar rounded out the scoring with a time of 1:28.23 for 29th place.

Tuttle finished in 35th place in 1:45.97, Nolan was 39th in 2:01.49 and Adjutant registered a time of 3:03.59 for 41st place overall.

The Timber Wolves will be back on the hill on Friday, Feb. 3, as they head to Gunstock for the annual Winnepesaukee Alpine Race, which will feature teams from around the lake.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.



COURTESY PHOTO

Registration open

The Laconia Lacrosse Club is gearing up now with registration for its spring season. If you are a resident of Laconia, Belmont, Meredith, Canterbury, Tilton, Sanbornton, Franklin, New Hampton, or Bristol you are welcome to join one of their teams. All new players are eligible for a 50 percent discount on registration fees. LLC is part of the New Hampshire Youth Lacrosse Association (NHLYA), which is the local governing body of US Lacrosse. Coaches are all trained and certified by US Lacrosse. LLC fields teams for both boys and girls from grades one through eight. Practices begin in mid-March, the season starts April 9, and runs through the annual Festival Weekend June 10 and 11 in Londonderry. Google "Laconia Lacrosse Club" or e-mail laconialacrosseclub@gmail.com to register or for more information.



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Timber Wolves edge Newfound in overtime

Former coaching colleagues Joy and Bourdeau do battle in Bristol

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — In a back and forth battle of teams looking for a win, the Prospect Mountain hoop boys pulled out a 54-51 overtime win over Newfound.

The game was a matchup between teams coached by Tom Bourdeau and Michael Joy. Joy was Bourdeau's JV coach at Prospect Mountain during his time there and is now the head coach at Prospect, while Bourdeau is in his first season at the helm of the Newfoundland squad.

Dan St. Laurent got Prospect on the board first, but Mason Dalphonse drilled a three off a Jarrod Fairbank steal for a 3-2 lead for the Bears. Hudson Ingoldsby put Prospect back on top with a hoop before Fairbank came back with a hoop to put the Bears up 5-4. Newfound's lead jumped to 7-4 on another hoop from Fairbank but Ingoldsby finished off his own steal to cut the lead to one.

AJ Muse hit a hoop for the Bears to make it 9-6 in favor of the hosts and a three from Fairbank off an offensive rebound from Ben Morrill pushed Newfound's lead to 12-6. Ingoldsby made a free throw for Prospect but Devon Kraemer-Roberts came back with a hoop for Newfound to make it 14-7. Prospect got the final two points of the quarter, as Ingoldsby and Anthony Cusson each hit a free throw to



JOSHUA SPAULDING

ANTHONY CUSSON led Prospect Mountain with 13 points at Newfound last week.

make it 14-9 after one quarter of play.

Hoops from Ingoldsby and Cusson and a free throw from Cutlas Greeley tied the game at 14 before Colby Miles hit a free throw for the Bears and Fairbank hit a hoop for a 17-14 lead for the Bears.

St. Laurent hit a hoop and then Matt Sepulveda drained a three-point hoop to send the Timber Wolves to a 19-17 lead. However, Fairbank answered with a three-pointer and Tim Bony hit a hoop to put Newfound on top by a 22-19 score. Greeley made a pair of free throws for Prospect to cut the lead to one before Kraemer-Rob-

erts hit from the charity
stripe at the other end.

A St. Lauren hoop tied the game at 23 but a hoop from Bony gave Newfoundland a 25-23 lead at the halftime break.

A bucket from Muse got Newfoundland out of the gate in the second half but Cusson drained a three-pointer to pull Prospect to within one at 27-26. Fairbank and Sepulveda exchanged baskets and then James Shokal drained a three-pointer for the Bears for a 32-28 lead. Dalphonse sank two free throws to push the lead to 34-28.

St. Lauren hit a free throw and then hit a basket to cut the lead to 34-31

but Dalphone hit a hoop and a free throw to push Newfound's lead to 37-31. Randolph Dyer drained a three-pointer for the Timber Wolves to cut the lead to three and he then hit a field goal to cut the lead to 37-36. However, Kraemer-Roberts hit two free throws to close out the scoring in the third quarter and Newfound led 39-36 heading to the fourth quarter.

Dyer hit a hoop out of the gate to start the scoring in the fourth quarter and then Cusson hit a hoop to put Prospect in the lead by a 40-39 score. Muse hit a pair of hoops for the Bears to make it 43-40 in their favor. A three from Brandon Stellan tied the game at 43 but a three from Dalphonse put the Bears back in front again. Cusson hit a pair of baskets to put the Timber Wolves

back on top and then hit a free throw to make it 48-46 for the visitors.

Mike Doan hit a hoop for the Bears to tie the game at 48 and the teams headed to overtime.

Ingoldsby made the first hoop of the extra frame and then St. Laurent hit a basket for a 52-48 lead. Dalphonse came back with a three-pointer to cut the lead to one, but Dyer made a pair of free throws for a 54-51 lead for Prospect. Muse came down with a defensive rebound and Newfound had a chance to tie, but Fairbank's three-pointer missed and Prospect escaped with the 54-51 win.

"No complaints on my part, except for losing," Bourdeau said. "It was a good back and forth game."

"We fell in love with the three-point shot a little too much," the Bear

coach added.

Cusson led three Timber Wolves in double figures, finishing with 13 points, while St. Laurent had 11 points and eight rebounds and Ingoldsby added 10 points.

For Newfound, Dalphonse and Fairbank both finished with 14 points, while Muse added 10 rebounds for the Bears.

Prospect will be back in action on Friday, Feb. 3, hosting Inter-Lakes and will be at Belmont on Tuesday, Feb. 7, both at 6 p.m.

Newfound will be back in action on Friday, Feb. 3, hosting Hopkinton at 6:30 p.m. and will host Berlin at 6:30 p.m. on Tuesday, Feb. 7.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

A year away from (hopefully) another top five moment

It seems hard to believe that one year from now, if all goes according to plan anyway, I'll be in my final week of preparation before heading off to the Winter Olympics in Pyeongchang, South Korea.

As I've stated numerous times in this space, I am more than excited to get the chance to cover another Olympics and I'm grateful to everyone who helped me make it to my first one and who is helping to make it possible to go to a second one.

That being said, I thought it would be a good time to recount my top five moments from this job, which I've now been in for somewhere around 15 years.

Number five came last winter when the Brewster basketball team played in a tournament in the TD Garden in Boston. Covering the Brewster hoop team is a lot of fun, not just because they are perennial national championship contenders, but also because coach Jason Smith runs a great program and their class act all the way. What made this tournament great was the chance to stand on the fabled parquet floor, the floor once used by greats like Larry Bird and Magic Johnson. It was pretty cool to walk out of the tunnel and into the middle of this massive arena and just be able to walk up to the parquet and stand on it.

Number four would probably be the first combined skiing championship, which took place back in 2004. The NHIAA decided to

SPORTING
CHANCE

By JOSHUA SPAULDIN

crown not just individual team champions in alpine, Nordic and jumping, but also offer a combined trophy for the school with the best performance. After slalom and giant slalom for the boys and girls, Nordic classical and freestyle for the boys and girls and jumping, the final point difference was four points, with Kennett claiming the title over Hanover. I remember a lot of intense moments of coaches calculating and remember the great sense of school pride it instilled, since all disciplines were out cheering for the others at their respective events.

Number three is probably my first trip to Florida with the Kingswood baseball team. I did this on the spur of the moment, the spring before I went to the 2014 Olympics. I booked a flight, hotel and rental car and spent three days in the sunshine of Florida, a great escape from what had been a pretty long winter at that point. I've been back twice since and enjoyed the trips, but the first one always holds a special spot.

Number two came a couple of years ago at New Hampshire Motor Speedway. A woman entered the media center and asked if anyone wanted a ride in the pace car. It was hard to say no to that opportunity, even though I'd done it once before. The

difference was this time, it wasn't an SUV, it was a car and that meant we went even faster. Coming out of the turns just inches from the wall was exhilarating and scary, all at the same time. Driving 85 on the highway can't come close to 100 down the backstretch of NHMS just inches from a concrete wall.

Number one is obviously the 2014 Winter Olympics. From the moment I got approved for credentials in October 2012 through the final day I was in Russia, it was an amazing experience. I can't sum up just how awesome it was to have the great support of the community along the way. There are few things I am going to forget about that trip, even if parts of it were a blur. But seeing the greatest athletes in the world on the biggest stage, up close and personal, was just a dream and something I am more than excited to get to do again.

It will be here soon enough.

Finally, have a great day Wayne and Louise Gehman.

Joshua Spaulding is the Sports Editor for the Granite State News-Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland Landing, Coos County Democrat, Berlin Reporter and The Bay-sider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfboro Falls, NH 03896.

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The advertisement features a white background with a thin black border. At the top, there are four logos: 'BLUE SEAL' in a blue circular emblem on the left; 'Clarks GRAIN STORE' in the center, with 'Clarks' in a large, stylized script and 'GRAIN STORE' in a smaller, bold, sans-serif font below it; 'Nutrena' in a blue oval logo on the right; and 'TRIPLE CROWN Nutrition, Inc.' in a blue serif font with a crown icon above the words 'TRIPLE CROWN' on the far right. Below these logos is a large, bold, black sans-serif text block that reads: 'Whether farmer, pet owner, backyard gardener, or a wildlife enthusiast you will find almost everything you need in our stores.' Underneath this text is another bold, black sans-serif line: 'Now carrying Poulin Grain feed!'. To the right of this line is the 'Poulin Grain' logo, which includes the brand name in a serif font and a small graphic of a bird in flight below it. At the bottom of the ad, there are two columns of text in a black sans-serif font. The left column provides the address '271 Suncook Valley Rd/Rte 28', the city 'Chichester, NH 03258', and the phone number 'Tel: 603-435-8388'. The right column provides the address '1010 White Mtn. Highway/Rte 16', the city 'Ossipee, NH 03864', and the phone number '603-539-4006'.



GRADY STEELE poses with his friends on the Kingswood boys' hockey team. The youngster was presented with a jersey signed by the team, which has dedicated its season to the Back Bay Hockey player.

COURTESY PHOTO

Hockey team, community rally around injured youngster

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — It was a typical day in the life of an active nine-year-old in Wolfeboro. There was a few hockey games with his Back Bay Squirt team in the Pop Whalen Arena. And then a few runs on the slopes of Abenaki Ski Area. But that's where things took a dramatic turn for Grady Steele. The Carpenter School third grader was racing a friend down the slope when he turned around to see where his friend was. He lost control and crashed head first into a tree. "It was terrifying," said Grady's mom, Liz Venus, who was at the ski area when the accident happened and witnessed her son crash into the tree. Miraculously enough, just a few short weeks later, Grady was back in school with his classmates and his parents were grateful

HOOPS

CONTINUED FROM PAGE B1

bounds. Bony and Vantil each chipped in six points. Newfound will be in action on Friday, Feb. 3, at Hopkinton at 7 p.m. and will be at Berlin on Tuesday, Feb. 7, at 6:30 p.m. Prospect Mountain will be at Inter-Lakes for a 6 p.m. game on Friday, Feb. 3, and will be hosting Belmont on Tuesday, Feb. 7, at 6 p.m. **JV game** In JV action prior to the varsity tilt, Prospect Mountain came out with a 42-33 win over Newfound. Bekah Wheeler led the Timber Wolves with 11 points and Caroline Marchand led Newfound with 10. **PMHS 13-11-9-10-43** **NRHS 13-9-15-11-48** **Prospect 43** Brown 5-2-13, Hardie 6-0-2, Everhart 2-0-7, Spiewak 2-0-4, Dunne 3-0-7, Totals 19-2-43 **Newfound 48** Bony 1-2-4, Johnston 7-3-18, Schilling 1-0-3, Vantil 3-4-10, Dukette 6-1-13, Totals 18-10-48 *Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.*

to the entire community for the love and support shown to them and their son during what can only be described as a tough few weeks. In addition to the support that the family received from the Back Bay Hockey community and the community at large, the Kingswood boys' hockey team has stepped up and dedicated its season to the youngster. And last week he was well enough to come and visit the team, where the players and coach Mike Potenza presented him with a jersey (with number 18, his Back Bay number) signed by the entire team. He also was able to get to the team's game with Keene last Wednesday night, where he was excited to go in the locker room and visit with the team. "Those boys are just so sweet," said Venus. "And he thinks they're really awesome guys." The feelings are mutual, at least according to Potenza. "The spirit in that kid is unbelievable," Potenza said. "It's really something you can

get behind." The team incorporated the youngster in the pregame cheer and is awaiting a time when he is well enough to be with the team on the bench prior to the game and even carry the team flag. "When he's ready, I want him on the bench for warmups," Potenza said. "All the boys on the team have been so great to him," Venus said. Venus said that her son remembers everything about the crash but his memory goes away about halfway through the ambulance ride. After ski patrol workers at the ski area stabilized the youngster, he was taken to Huggins Hospital and from there was airlifted to Maine Medical Center in Portland, Maine. "Everybody who touched him that day, we feel incredibly fortunate for," Venus said. "From the ski patrol, to the ambulance and the helicopter. It's amazing." And Venus said her son continues to feel the love even as he recovers and continues

to improve from the skull fractures that essentially caved in the front of his head. "He tells me he can feel the love," she said. "It helps him heal." Whatever he is feeling, it is obviously working because the resilient nine-year-old has been on the fast track to recovery. "He's healing faster than predicted," Venus said. "And he doesn't have the issues we were told to expect. "We feel really fortunate," she said. "He's healing faster than they thought possible. "He is so much tougher than I ever gave him credit for," the grateful mother continued. Kingswood Athletics Director Aaron House, who also serves as Grady's Back Bay coach, noted that Back Bay parents got together and started preparing meals for the family and then started getting the youngster some toys, since he still has to avoid any sort of physical activity where his head might be in danger. That hasn't stopped him from excitedly chasing the Kingswood

hockey team around, with his mother right behind him, keeping an eye on him the whole time. "It's amazing and humbling how much support we've gotten," Venus said. "The community and the hockey family has just been wonderful. "We're really grateful for all the support we've had," she continued. "Hundreds of people have been praying for him and sending him love." For the hockey team's part, Potenza said that the youngster has brought the team together more as the season hits its stride. "The goal is for the kids to see they're playing for something other than themselves," Potenza said. "Now they have something to play for, that little kid. "I just can't believe he was here a week after that happened," Potenza said in amazement. "But that's something you can get behind. "And the fact they did that for him made him feel included as part of the Kingswood team, I think that meant a lot to him," the Knight coach added, noting the team would be getting stickers for their helmets with the youngster's initials on them.

"It's impressive, very inspiring," Potenza said of the youngster's recovery. "The spirit in that kid is unbelievable." Venus said the accident also made her realize the importance of wearing a helmet. "I tell every kid, 'don't fight with your parents about wearing a helmet,'" she said. "It saved his life." She also pointed out that while an accident like this can be devastating, she said she and her husband, Matt Steele, and their son, are fortunate to be part of a community that cares so much. "We can't say enough thank yous to everybody that's wished him well," Venus said. "We got dinners and cards from kids all over. "It's humbling and very sweet," she continued. And while admitting that her son was pretty tough, she also said his recovery was aided by all those around him in the days since. "It's a story about a community coming together to help someone," she said. "We are so grateful and thankful for everybody." *Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.*

Free throw championship Feb. 19 in Franklin

FRANKLIN — All local boys and girls ages nine to 14 are invited to participate in the 2017 Knights of Columbus Free Throw Championship. The competition will be held Sunday, Feb. 19, at 12:30 p.m. at the St. Gabriel's Parish Center on Elkins Street in Franklin. Registration will begin at 12 p.m. There is no cost associated with this event. Each contestant will be given a chance to shoot

15 free throws, with the winner of each division determined by who sinks the most shots. There will be six separate divisions for boys and girls, 9, 10, 11, 12, 13 and 14-years-old. The age of the contestant as of Jan. 1 will determine the division he or she competes in. Trophies will be awarded to the first place winners while all contestants will be recognized for their participation. Division winners will

also be eligible to go on and compete at the state of New Hampshire Free Throw Championship on March 5 in Bedford. This year's sponsors are the Knights of Columbus Council 11868 in Tilton, Council 12147 in Franklin and Council 10943 in Belmont. In the event of bad weather, the makeup date for this event is Feb. 26. For more information, please call Mark Messier at 528-0585.



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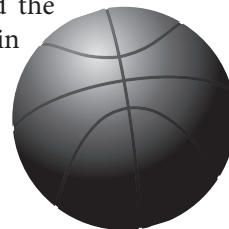
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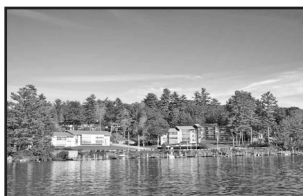
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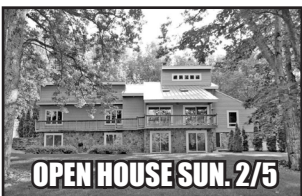
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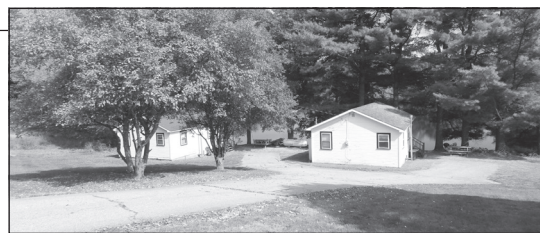
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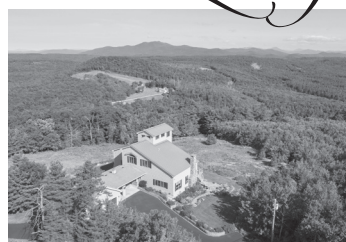


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Featured PROPERTIES



PLYMOUTH // Developers take note! Large land parcel of 55.3 acres with approx. 2,000 ft of road frontage, including great visibility on Tenney Mountain Rotary with high traffic count.

\$499,999 (4469377) Call 253-9360



BARNSTEAD // Cute two bedroom home with beautiful mahogany deck looks out over pond. New leach field installed 2014, new windows 2015. Great starter home, or summer home get-away.

\$144,000 (4602181) Call 875-3128



MOULTONBOROUGH // A 4400 sqft. Contemporary home in the heart of Moultonborough features 4 bedrooms, w/ first floor Master Bedroom, in-ground pool and Arboretum all on a private road.

\$349,900 (4482012) Call 253-9360



NEW DURHAM // Rustic cottage on the shore of Merrymeeting Lake. Brand new metal roof, 2 sheds for all your toys. Not many of these left for under \$300,000...this won't last long!

\$289,000 (4602711) Call 875-3128



TAMWORTH // Beautiful 2BR, 2BTH home bordering a brook, just off Rt. 25 & min. to Rte 16. HW floors. Master suite, open concept living. Close to all recreation: skiing, snowmobiling, hiking, shopping & restaurants.

\$199,900 (4514021) Call 253-9360



ALTON // Lovely 2+ bedroom home. Double lot, beach rights to Hill's Pond and Sunset Lake. Whole house generator, wood floors, new windows, newer roof, beautiful landscaping.

\$195,000 (4614307) Call 875-3128



GILFORD // Updated Chalet style home in Gunstock Acres with fresh paint, new flooring throughout, tiled showers, new light fixtures, 3 Bedroom, 1-3/4 Bath, whirlpool tub, screen porch, 2 car garage.

\$175,000 (4614192) Call 253-9360

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SANDWICH // FABULOUS VIEW PROPERTY! Total of two lots features views of the Sandwich Mountain Range, Mt. Whiteface, and more! Private, partially cleared with a small pond!

\$199,000 (4433403) Call 253-9360

MOULTONBOROUGH // 3 acre level wooded lot abuts Kona Wildlife Area - over 300 acres of forest & 3,000' of lakefront. Nature viewing, fishing, hiking & snowmobiling from your back door!

\$92,000 (4514242) Call 253-9360

ALTON // 1.17 Acre sloping and wooded lot has access to private 590' shared sandy beach on Half Moon Lake. Expired 3Bd septic plan is available. Possible lake views.

\$49,900 (4611049) Call 875-3128

GILMANTON // Nice rural location with easy access to many miles of snowmobile trails. 6.9 acres with end of the road privacy and a great home site.

\$39,900 (4376730) Call 875-3128

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Requirements include: High School Diploma or equivalent with 2 or more years of experience in Finance/Accounting with some collections experience preferred. Excellent interpersonal, written and oral communications skills required. Must have moderate computer skills including MS Word, Excel, Outlook and knowledge of QuickBooks helpful. Must be detail oriented, well organized.

Interested candidates please send cover letter and resume to:

Rick Buckler, Controller at: rbuckler@northernhs.org,
or Fax to: 603-447-3904

Or mail to: Northern Human Services,
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Susan Bradley 581-2810



Moultonboro \$1,795,000 #4514900
Crystal clear water, beautiful sandy beach, spectacular views with southwestern exposure, a u-shape dock with breakwater and a very private parcel!

Bob Williams 603-455-0275/Kay Huston 603-387-3483



Meredith, \$799,000 #4510461
MAJOR PRICE REDUCTION! A Federal Contemporary overlooking Lake Winnepesaukee; 5.17 acres of wooded area. Features a great room with 16 foot ceilings. MUST SEE!

Adrien Labrie 603-455-5511



Gifford \$550,000 #4610306
One of the best views in the Lakes Region! Over looks most of Lake Winnepesaukee & 3 mountain ranges. Open floor plan, 2 fireplaces, beach, abutting lot available.

Ellen Mulligan 603-387-0369



Moultonboro, \$499,000 #4487091
Deeded 30ft dock on the big lake! 50 acres of community property, beach, pool, tennis, private marina and lots of room to play, 4-bdrm single family home, 3.5 bath, sauna, 2+ fireplaces.

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Meredith, \$389,000 #4487262
Bring your boat and enjoy living in Sands Of Brookhurst. A 24' dock and sandy beach are only a few hundred feet away from this totally re-modeled cape, 3-bdrm, large deck, 2 garages.

Bill Richards 603-253-4345



Laconia \$299,000 #4376422
Charm exudes from this picturesque Antique Cape on a country road minutes from bustling Laconia. Beautifully appointed home, additional acreage available.

Ellen Mulligan 603-387-0369



Moultonboro \$269,000 #4484761
Within walking distance to peaceful Wakonda Pond, great fishing, nice for kayak or canoeing. This move-in ready home has a filtered views of the mountains and the water!

Kay Huston 603-387-3483



Ashland \$179,000 #4477092
4 bedroom home with a 2 BR In-law and attached barn. A Large yard w/with inground pool, multiple decks and perennial gardens.

Dean Eastman 581-2842 & Kellie Eastman 581-2836



Gifford \$173,400 #4614749
Lovely Cape with wide pine floors, beamed ceilings, Gunstock corners, 3 fireplaces and 2 full baths plus never garage.

Nancy Desrosiers 581-2884



Belmont, \$169,900 #4614600
Lovely, spacious open concept home with hardwood and tile flooring. Large deck and great backyard for outdoor activities. Close to shopping.

Samantha Blackard 252-531-2051



Laconia, \$148,000 #4606691
Cheerful ranch all ready for you to move right in. Fresh neutral colors throughout. Level, landscaped yard, large shed/storage with attached covered storage for wood.

Linda Fields 603-244-6889



Belmont, \$69,000 #4511916
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Cheesy Word Find

Just in time for a cheese-filled meal, find the hidden words in the puzzle.

AIR	DANDER	LUNGS
BREATHE	DANGEROUS	MOLD
CLEAN	DUST	POLLEN
COOLING	HEATING	RADON

X	C	M	W	R	Z	M	U	M	P	R	X
T	O	Q	E	S	O	A	O	O	Z	U	F
N	O	F	D	E	Z	D	L	L	S	T	J
Q	L	G	G	B	H	L	N	S	D	B	N
V	I	K	M	K	E	E	U	E	O	Y	A
V	N	X	N	N	N	O	A	W	S	P	E
S	G	F	O	B	R	E	A	T	H	E	L
A	G	D	R	E	D	N	A	D	I	D	C
I	A	N	G	E	D	U	S	T	W	N	Q
R	H	N	U	L	A	O	T	L	P	D	G
H	A	O	F	L	O	K	K	E	K	Z	M
D	U	E	A	T	Y	W	P	C	X	G	Z

Get Scrambled

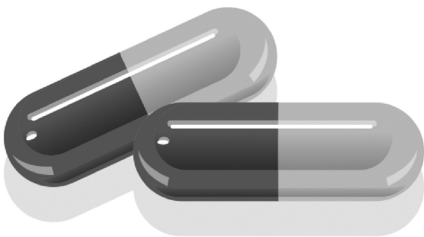
Unscramble the words to determine the phrase

NACLE RAI

Answer: Clean Air

HEALTH FACT:

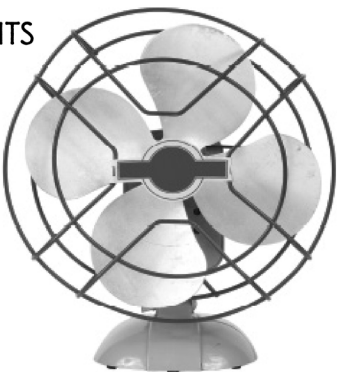
EATING TOO MUCH OF THIS SWEET SUBSTANCE MAY INCREASE YOUR RISK OF HEART DISEASE.



ANSWER: SUGAR

Did You Know?

COMMON INDOOR AIR POLLUTANTS INCLUDE DUST MITES, POLLEN, MOLD, RADON, AND CHEMICAL FUMES



THIS DAY IN...



HISTORY

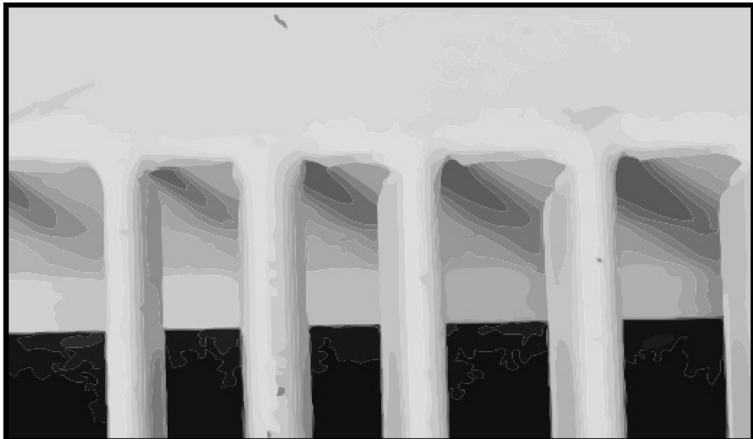
- **1789:** THE ELECTORAL COLLEGE ELECTS GEORGE WASHINGTON AS THE FIRST PRESIDENT OF THE UNITED STATES
- **1945:** FDR, WINSTON CHURCHILL AND JOSEF STALIN MEET AT THE YALTA CONFERENCE
- **2003:** THE REPUBLIC OF YUGOSLAVIA IS OFFICIALLY RENAMES SERBIA AND MONTENEGRO

New Word

FILTER

device for removing impurities

GET THE PICTURE?



CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: HEATING VENT

How they SAY that in...

- ENGLISH:** Breathe
- SPANISH:** Respirar
- ITALIAN:** Respirare
- FRENCH:** Respirer
- GERMAN:** Atmen



JOSHUA SPAULDING
TOMMY HOWLETT battles for position at the start of the 4X800-meter relay on Sunday.

Relay teams strong in final qualifying meet

BY JOSHUA SPAULDING
Sports Editor

DURHAM — Prospect Mountain had two relay

Winter Programs

At Prescott Farm

Snowshoe Strolls
Saturdays in January & February; 10-11:30 OR 12:30-2:00
\$10/person (\$8/person Members)
person with pre-registration; \$12 at the door
A winter adventure awaits! Whether you are an avid snowshoer or just beginning, join us for a refreshing walk and exploration of the winter landscape of Prescott Farm.

Moonlit Walks
Fridays, January 13 & Feb. 10
And Saturday, March 11; 6:00-7:30
\$10 (\$8 Members)/person
with pre-registration; \$12 at the door
Our environmental educators will guide you on a moonlit walk and encourage you to use your senses to explore Prescott Farm. You will learn to identify several constellations in the night sky, discuss the habits of several nocturnal animals, and practice your own night vision abilities.

"We Can Do It" Series: Traditional Homesteading Skills for the Modern Family
Saturdays (dates below); 2:30-4:30
As our world becomes busier and more automated, many important skills of yesteryear are being lost altogether. However, mastering these skills can help you slow down, save money, have less of an impact on the environment, strengthen family bonds, and are just plain fun to boot. Join us each month to learn a new homesteading skill together – these programs are designed specifically for kids ages 7+ and a parent or grandparent to participate in together. Other topics through the year will include baking bread, making butter & cheese, woodworking and more – stay tuned!

Knitting for Total Beginners
February 11 & 12
\$30 (\$28 Members)/person with pre-registration; \$35 at the door
If you've always wanted to learn to knit, but never took that first step, this class is for you! We'll cover the basics of choosing the right needles and yarn, casting on and off, the knit and purl stitches. Includes knitting needles and yarn to keep.

WildQuest Winter Camp
Monday-Friday, February 27-March 3; 9:00-3:00
\$235/week or \$47/day (\$185/week or \$37/day Members)
It's a special time of year—chilly and sparkly white outside, and there are so many fun things to do! Depending on the weather, the week will be a mix of: Animal tracking and snowshoeing adventures, sledding, a Winter Quest, exploring the frozen pond, winter-themed art & craft projects, maple sugaring, and stories around the campfire. For ages 6-12. Extended care is available 8:00am-5:00pm. Fees for registrars received after 2/21/17 will be \$260/week or \$52/day (\$210/week or \$42/day Members). Register online today and SAVE or call 603-366-5695 to save your spot!

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JOSHUA SPAULDING
NAOMI MURZIN was the lone Timber Wolf girl competing on Sunday and she finished sixth in the shot put.

teams and one individual competing at the final tune-up for the State Meet.

The Timber Wolves traveled to the University of New Hampshire on Sunday, Jan. 29, for the final qualifying meet leading into this week's championships.

The lone Timber Wolf girl competing was Naomi Murzin, who tossed the shot put 28 feet, five inches for sixth place overall on the day.

On the boys' side of things, coach John Tuttle brought two relay teams, one competing in the very first meet of the day and the other competing in the penultimate event of the day.

The 4X800-meter relay kicked things off and the Timber Wolves put up an impressive performance, holding off a pair of teams that were above them in the rankings coming in,

increasing their chances of qualifying for the State Meet. The team of Alex Amann, Thomas Howlett, Zander Guldbrandsen and Jeremy Woodbury finished in second place overall in 9:03.84.

In the 4X400-meter relay, Prospect finished

in fourth place, with the team of Riley McCartney, Patrick Hodgman, Troy Meyer and Woodbury combining to finish in 3:56.84.

The Timber Wolves who qualify (seeding meeting was after deadline on Tuesday) will be competing in the

Division II State Meet, which takes place on Sunday, Feb. 5, at 3:30 p.m. at Dartmouth College's Leverone Fieldhouse.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

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