

Winnisquam Echo

THURSDAY, NOVEMBER 8, 2018

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

Shaheen learns about new addiction treatment program at FRH

BY DONNA RHODES
dhrhodes@salmonpress.news

FRANKLIN – U.S. Sen. Jeanne Shaheen met with senior representatives of the LRG-Healthcare Recovery Clinic at Franklin Regional Hospital last Friday to hear about their Medication-Assisted Treatment program (MAT) and its effectiveness in battling the state's opioid crisis.

Dr. Paul Racicot led the discussion off, saying that looking back over the past few years since the clinic open, a lot has happened. Most importantly, in the past two years they have come to see a 70-percent reduction in emergency room visits for people who overdose on opi-

oids.

“That doesn't mean that people aren't overdosing, though. They just aren't dying from it as much,” Racicot said.

One reason for the decline he felt is that many of the high-risk addicts in the area are now taking part in their MAT program. Through MAT, they are regularly prescribed Suboxone, a medication that helps lessen their cravings for heroin or fentanyl. Suboxone is less likely to be abused and once the right dose is found for a patient, there is no need to increase that dose because people don't develop a tolerance for it as they can with other drug treatments.

SEE SHAHEEN, PAGE A10



DONNA RHODES

Sen. Jeanne Shaheen met with officials from the LRGHealthcare Recovery Clinic at Franklin Regional Hospital last Friday. From left to right are Marge Kerns, Vice President of Clinical Services, Daisy Pierce, Executive Director of Navigating Recovery, Shaheen, Dr. Paul Racicot, and Corey Gately, Clinical Program Director for Recovery.



Sanbornton Public Library seeks community's help in restoring historic painting

BY DONNA RHODES
dhrhodes@salmonpress.news

SANBORNTON – Sanbornton Public Library is seeking help from citizens, businesses and private foundations for a very special project — the restoration of an 1800's portrait of the Alfred Burleigh family, painted by famed portrait artist Walter Inghalls.

Library Director Marcia Haigh said the painting, once on display in the library, has

been in storage for many years. It was recently “re-discovered” and since time has taken a slight toll on its appearance, the board decided it would be great to have it restored in time for the town's 250th Anniversary in 2020.

They have received an estimate of \$2,700 for the restoration from Martha Cox of Great Works Restoration in Shapleigh, Maine and are now busy seeking donations to have the work

done.

The Burleigh family, comprised of Alfred, his wife Emeline, and George, the only one of three children to survive infancy, are the subjects of the painting and were members of some of Sanbornton's earliest families. Emeline was the daughter of Col. Daniel Sanborn who commanded a regiment of the New Hampshire State Militia, was a schoolteacher and a member of the San-

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State removes cyanobacteria warning for Hunkins Pond in Sanbornton

CONCORD — The New Hampshire Department of Environmental Services (NHDES) has REMOVED a cyanobacteria lake warning issued on Sept. 7 for Hunkins Pond. Nearshore green-scums were mostly large masses of green, filamentous algae (non-cyanobacteria). However, the water also appeared green, turbid and slightly cloudy throughout the water column. Samples were collected away from these nearshore

scums and an abundance of cyanobacteria were found. The state threshold for a warning or advisory is 70,000 cells/ml of cyanobacteria in New Hampshire lake water. On Sept. 7, samples contained 87,500 cells per milliliter of cyanobacteria with varieties of Anabaena/Dolichospermum and Woronichinia. On Sept. 14, single filaments of Aphanizomenon (non-rafted) were observed, in addition to Anabaena/Dolichos-

permum and Woronichinia, with a total cell count of roughly 100,000 cells/ml. By Sept. 25, the cyanobacteria count had peaked at 268,400 cells/ml and Aphanizomenon appeared rafted or in colonies. The following week, on Oct. 5, there were 159,000 cells/ml of Aphanizomenon, Anabaena/Dolichospermum and Woronichinia. On Oct. 12, the same varieties of cyanobacteria were still observed, with an addition of very few

SEE WARNING, PAGE A10



DONNA RHODES

Terri McCormack represented Squam Lake Pup Treats, LLC, at the Pines Community Center Craft Fair on Saturday, selling clever yet delicious treats for both dogs and cats.

Pines Community Center kicks off the holiday season with annual craft fair

BY DONNA RHODES
dhrhodes@salmonpress.news

NORTHFIELD – The Pines Community Center hosted its annual craft fair last weekend with nearly 40 vendors and craftsmen on hand to provide not only a great start to holiday shopping but an opportunity for people to pick up some home décor and culinary delights for the season, too.

Among the many items this year were beautiful Eco-Art

scarves, creatively crafted from the imprints of leaves. There were also hand carved wooden kitchen utensils, note cards, pottery, lots of fine jewelry, and great bathroom spa products available.

On the culinary side, Life's Little Pleasures had tempting homemade soup, pancake and dip mixes, while Tastefully Simple had their own supply of easy-to-prepare food mixes, spices and even some tasty mo-

jito mixes. There were

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Early deadlines for Thanksgiving

The offices of the Winnisquam Echo will be closed Thursday, Nov. 22 in observance of Thanksgiving. Due to the holiday, that week's edition will arrive in subscribers' mail boxes a day earlier than usual, on Wednesday, Nov. 21.

In order to accommodate our accelerated press deadline for the Thanksgiving week edition, the submission deadline for any press

releases, letters to the editor, and obituaries intended for publication on the 21st has also been moved up one business day, to Friday, Nov. 16 at 4 p.m. Submissions can be dropped off in person at our offices, located at 5 Water St. in Meredith, or e-mailed to Editor Brendan Berube at brendan@salmonpress.news.

Please note that any submissions received after 4 p.m. on the 16th

will be held for publication on Nov. 29.

For information on the holiday deadlines for display advertising, please contact Beth Tobyne in Sales at 279-4516, ext. 110 or beth@salmonpress.news.

The staff of the Winnisquam Echo thanks our readers for their cooperation with our holiday schedule, and wishes the community a safe and happy Thanksgiving.

Alcohol suspected as a factor in man's death on Route 106

BY DONNA RHODES
dhrhodes@salmonpress.news

BELMONT – Route 106 in Belmont was closed down for approximately 90 minutes last Saturday night when a 24-year-old Belmont man was seriously injured after walking out into the northbound lane and was struck by a motor vehicle.

Police said Allan Jones, age 66, of Laconia was driving north along the highway at 10:01 p.m. that evening when a pedestrian, later identified as Tylor Ford, suddenly stepped into his lane at the intersection with Brown Hill Road. Jones had no time to react and the ensuing collision sent Ford's body flying several feet down the roadway. Ford's ve-

hicle was estimated to be traveling at or just below the 50 mph legal speed limit at the time of the accident.

In a written press release, Capt. Richard Mann said Ford was initially treated on the scene by Belmont Fire Department, then transported to Lakes Region General Hospital where he was airlifted to another medical facility for critical care treatment.

Jones' 2015 Chevy Malibu sustained heavy damage to the front end of the car and the windshield was also shattered. He was transported to LRGH for evaluation but his niece and her two young daughters, who were passengers in his vehicle, were properly restrained

and as a result were unharmed in the accident.

Mann said two of Ford's friends were nearby when the incident occurred and told police they were trying to get him into their vehicle just before he was hit. Ford's alcohol consumption is being considered as a contributing factor to the accident.

With the help of the New Hampshire State Police, traffic was diverted onto other area roads as officers documented the scene and completed their investigation into the crash. It was determined that Jones will not be facing any charges.

"He was just driving along minding his own business and then boom,



COURTESY

A 2015 Chevy Malibu sustained heavy damage when it struck a 24-year-old man who walked out onto Route 106 in Belmont Saturday night. The pedestrian sustained serious injuries and was airlifted by DHART to an unidentified critical care facility.

this happens to he and said Mann. tion was unknown as of his family members," Ford's medical condi- Monday afternoon.

St. Joseph hosting Christmas Fair this weekend

BELMONT — St. Joseph Parish, Belmont, will be hosting its annual Christmas Fair this weekend, beginning Friday, Nov. 9 from 4-7:30 p.m. and ending on Saturday, Nov. 10.

The fair's theme, "Christmas in the Village," highlights venues you might find in a small village including crafts' shops, vendors,

children's playground, bakery, bistro and highlights over 100 items in the Silent Auction and over forty themed baskets in the Penny Sale.

The Village Bistro has created a menu that is not your typical fair food that will whet any appetite. The dinner menu on Friday includes Intense Mac & Cheese, Three-Bean Chili, Eggplant

Parmesan, Corn Chowder, Salad and Fresh Rolls.

Saturday's brunch includes French Toast Casserole, Bacon, Quiche, Phyllis's Maple Rolls and Jo's Rhubarb Coffee Cake, Traditional New England Fish Chowder, Turkey Pie, and Intense Mac & Cheese. Meals are available for take-out.

Dessert at the Village



COURTESY

St. Joseph Parish, Belmont, will be hosting its annual Christmas Fair this weekend, beginning Friday, Nov. 9 from 4-7:30 p.m. and ending on Saturday, Nov. 10.

Bakery is available all day, and is a short distance from the Village Bistro. Not far from the bakery is the Village Jewelry Shop and the Village Craft Shop, featuring hundreds of crafts created by the St. Joseph Crafters. The St. Joseph Choir will be caroling in the village on Saturday from 9:30 a.m. – noon.

Santa arrives at the Children's Playground at 5 p.m. on Friday, where children also have the opportunity to create crafts and get their face painted.

Finally, the Village Center is host to the Penny Sale and Silent Auction. Bid on themed baskets, gift certificates form local vendors, gift

items, and enter a number of raffles, including a cash raffle, and lottery tree.

Go to the parish Web site at <http://www.st-josephbelmont.org> for more information about the fair and to see a list of the donated items. Proceeds of the fair are used to support parish programs.

HALL MEMORIAL LIBRARY

Tilton/Northfield Monday, Nov. 12
Closed for Veteran's Day
Tuesday, Nov. 13
Time For a Tune, 10 a.m.-6 p.m.
Pick a song, ask a question, play a game... entertainment by Alexa.
Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.
Teen Time, 3 p.m.
Sewing Club
Wednesday, Nov. 14
Story Time, 10:30 a.m.
Library Llama @ South-

wick School during lunchtime
Scrabble, noon
Teen Time, 3 p.m.
Let's Play Stuff
Thursday, Nov. 15
Scattergories, 2 p.m.
Play this fast-paced word game. Adults Only
Friday, Nov. 16
Sit and Knit, 2-5 p.m.
Saturday, Nov. 17
Let's Go Lego, 10 a.m.
Superhero Day, 11 a.m.-1 p.m.
Come in costume and participate in lots of fun

superhero activities...
Special guest appearance by Iron Man!
New Items
"Every Breath: A Novel" by Nicholas Sparks
"Holy Ghost: A Virgil Flowers Novel" by John Sanford
"Wrecked: An IQ Novel" by Joe Ide
"War of the Wolf: A Novel" by Bernard Cornwell
"Saga: Volume 9" by Brian K. Vaughan
"My Love Story" by Tina Turner

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Belmont residents plead guilty to taking part in Fentanyl trafficking conspiracy

CONCORD — Luis Gardner, 41, and Heidi Langevin, 44, of Belmont, pleaded guilty in federal court on Tuesday to participating in a conspiracy to distribute and possess with intent to distribute fentanyl, United States Attorney Scott W. Murray announced. Garner also pleaded guilty to illegal possession of firearms

and possession of a firearm in furtherance of drug trafficking.

According to court documents and statements made in court, Gardner and Langevin sold fentanyl and methamphetamine to an individual who was cooperating with the FBI on two separate occasions at locations in and around New Hamp-

shire. On May 31, 2017, Langevin arranged for Gardner and two other men to purchase fentanyl from a supplier in Lawrence, Massachusetts. The three men drove together from Belmont, New Hampshire to Lawrence. In Lawrence, the men met with their drug supplier, purchased a quantity of fentanyl, and

began to drive back to New Hampshire. On the highway near Derry, New Hampshire, the New Hampshire State Police conducted a traffic stop and seized a firearm and a package containing approximately 111 grams of fentanyl.

Gardner and Langevin are scheduled to be sentenced on Feb. 11, 2019.

“Fentanyl trafficking poses a grave danger to the citizens of New Hampshire,” said U.S. Attorney Murray. “When drug dealers are armed with guns, the risk to public safety is even greater. In order to improve public safety and enhance the quality of life in the Granite State, we are working closely

with our law enforcement partners to identify and prosecute drug traffickers and violent criminals.”

This matter was investigated by the FBI, the New Hampshire State Police, and the Laconia Police Department. The case is being prosecuted by Assistant U.S. Attorney Anna Z. Krasinski.

Casey Carle brings “Bubblemania” to Franklin Opera House

FRANKLIN — Casey Carle set a goal “to make people laugh and to make them go ‘wow!’” “He translated that desire into a career that has far exceeded his expectations.

Carle is considered one of the greatest “bubble artists” on the professional circuit today. During his shows, he creates a plethora of dazzling bubbles in various shapes and sizes, even “trapping an audience member inside a gigantic soap bubble.”

Humor and audience interaction are part of the charm.

Carle brings his skills to the Franklin Opera House on Saturday afternoon, Nov. 10, with “BubbleMania!” His shows, combining art and comedy, are for all ages.

Carle says he realized while getting his theater degree in college that although he enjoyed working as an actor, director and stage manager, “what I really liked was being a character actor in plays for children,” he writes on his Web site.

“The zanier the play, the more I liked it,” he



©2006 Karina Brach

Casey Carle

continues.

And since he was hooked on “zaniness,” a friend suggested he become a circus clown. By the late 1980s, he found himself working for the Ringling Bros. and Barnum & Bailey circus.

“I tried juggling, magic, uni-cycling, but what I liked best was using bubbles to amaze and amuse,” he recalls.

“My bubble act in the circus was the first of its kind and I was

the first person in the history of the world to put people inside bubbles as part of a circus routine. When I left the circus and started doing my own show, so many people liked it that I knew it was going to be ‘my thing.’ But even then, I had no idea just how big of a ‘thing’ it was going to be,” he says.

And how does he describe what he does for a living?

“I’m a manipulator

of spherical rainbows for human entertainment,” he said, laughing. “Every show is different,” as he alters it to suit the interests of his audiences. “It’s fresh, again and again. I never tire of it.”

Tickets for the show are \$8 for younger kids, \$10 for students and seniors, and \$12 for adults, and can be purchased at the door, or in advance at www.FranklinOperaHouse.org.

Correction: Out-of-date information published for Veterans Day ceremony at NH Veterans Home

TILTON — An internal miscommunication between staff members led to the inadvertent publication of an outdated schedule for the upcoming Veterans Day ceremony at the New Hampshire Veterans Home in this week’s edition of the Winnisquam Echo.

The 2018 ceremony is scheduled to take place

Friday, Nov. 9 at 11 a.m. in the Veterans Home’s Town Hall, preceded by a coffee social at 10:15 a.m. Please disregard the information appearing in our current edition.

The Winnisquam Echo deeply regrets any confusion that may have resulted from this unfortunate but unintentional error.

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Opinion

A4 Thursday, November 8, 2018

WINNISQUAM ECHO

STRATEGIES FOR LIVING

The making of a model

BY LARRY SCOTT

"The Making of a Model" is the title to the book on which I have been working for the last two years. I am now in the first re-write with at least two more to go so don't expect the final product will go to press before mid-2019. What follows is an excerpt from, "The Making of a Model: On Becoming Living Models of Jesus the King."

It was in the early 1970's – so long ago I can't even remember the exact date – the city was Princeton, New Jersey, and the occasion a Time-Management Seminar sponsored by World Vision. For this fledgling preacher in the opening days of a new ministry in Camp Hill, Pa., it was a conference made to order.

At one point in a break in the action, I believe it was Dean Dalton who happened to notice Evangelist Tom Skinner among the conferees. Unaware of how fortunate we were to have such a distinguished guest in our group, Dean invited him to "take a few moments" to greet the audience. This man was sure to get my undivided attention. I had seen Tom Skinner on many a Sunday afternoon standing on the sidelines of a Washington Redskins football game. He was their chaplain and I was intrigued by what he might have to say. But what, I asked myself, can a preacher say in five minutes? Obviously interested, but frankly not expecting much, I sat up as Tom started to speak.

"Ladies and gentlemen," he said, "we at Tom Skinner Associates, are about the business of just one thing. Whether we are working with the men on the gridiron or in one of our crusades, we have but one objective: we are developing, here and now, living models of what we are going to be, then and there. That is our mission."

And that was it. Saying little more, he returned to his seat. Just three minutes' worth, but I must admit, Tom Skinner "rocked my tree."

Perhaps it was a truth for which my heart had been searching, or perhaps it was the voice of God, but whatever, I sat there stunned. My management skills were sure to improve, but this one moment was to have an impact that would last a lifetime.

It is my conviction that in every level of society, in every area of conflict, in every circumstance of life, God is looking for men and women willing to model the dynamic of their faith. Some of God's most effective "evangelists" are people, both the up and coming and those who are "down for the count," who have had to live their faith amid impossible odds. Christianity works, no matter what the circumstances or how difficult the situation. Life is tough. Sometimes we, too, are thrown unbelievable curves. Sooner or later, however, our opportunity will come when we, too, can say, "I know just how you feel for I have been there, done that!" Believe me, I know what I am writing about.

This, then, is what "The Making of a Model" is all about. I am a living model! Fractured perhaps, sometimes struggling, but always striving. The modeling process has not been easy, and it surely isn't over. Be assured, however, that I have grown and, I trust, am maturing into an ever more effective model of the Master.

For further thoughts like this, please access my blog at indefenseoftruth.net.

PET OF THE WEEK

BAILEY

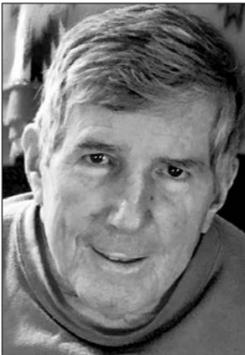
Introducing Bailey. She is a stunningly beautiful silver slate colored medium furred snuggle buddy that has been with us since May. Brought to us due to the health issues with her human caretaker, Bailey has been on the lookout for that special someone who will give her the love and patience of time to allow her to really blossom and reveal her loving personality. Bailey is a very discerning lady who knows what she wants, and at nine years old, it's what she deserves. As with most cats, her eyes

speaking volumes and with Bailey as you see when you look into her expressive and mesmerizing moonlight colored eyes, that her tough girl look is an ultra sheer veneer to the sweet lovebug that is her true heart and soul Content to find those soft and quiet places to nap and soak up the sun, Bailey is a queen and looks forward to being in that furever home where she will be adored and the focal point of her human attention and love. For more information visit, nhhumane.org or call 524-3252.



North Country Notebook

A visit with a Party pollster leads to the Burying Beetle



By JOHN HARRIGAN
COLUMNIST

When I wrote this piece I'd just got off the phone with a Democratic party pollster who wanted to know if I was going to vote Tuesday, and for whom (Polite

answer: Yes, and I never answer such a question).

"Oh, I recognize your name from your columns," she said a bit further into the conversation.

I told her first, thanks for being a reader, and second, that one of the reasons I so love to write is that I get to tell stories that people otherwise might not hear.

Such is the case with what's most commonly known as the burying beetle, a member of the Nicrophorus clan, whose name belies its function in the smaller side of life we scarcely notice. But wait--I just used the

phrase "more commonly known," which assumes that most people at least have a glimmer about beetles, which they might well not.

Admittedly, I would not know much about beetles either except for (a) lifelong experience with June bugs, (b) two encounters with rhinoceros beetles, and (c) once stumbling onto a turkey carcass in the woods.

June bugs are best known for actually appearing at least somewhere near the time of year for which they're named (allowing abundant leeway for latitudinal location, and the

local meaning of the word "spring"), and for bashing themselves against screen doors and windows. One of my clearest memories on this is sweeping up the gazillions of June bug on my shop floor after an all-night repair job on some piece of large machinery.

June bugs, by the way, disappeared from my particular part of their habitat for several years. If this had been, say, deer or downy woodpeckers, there'd have been a public uproar, and scads of stories in the media. The June SEE **NOTEBOOK**, PAGE A12

MARK ON THE MARKETS

Moving parts



BY MARK PATTERSON

There are certain times that I will invoke the use of a fixed index annuity or indexed universal life policy that have a certain crediting strategy that appears to be almost too good to be true. The indexed annuity or the indexed universal life may be beneficial in certain portfolios for a portion of an overall strategy. If a client is looking for income or wants to place an amount of their money in a vehicle that can grow without equity market risk, a fixed indexed annuity may be a

good fit. An indexed universal life policy may be a great addition to a portfolio if you want a death benefit, with potential cash accumulation and maybe some chronic illness benefits. What most fixed indexed annuities and indexed universal life policies have in common is a crediting strategy that allows for growth that is in relation to an equity index, i.e. the S+P 500 that is capped on the upside but usually has a floor of zero for losses. The client has no market risk regarding losses. When I explain this to clients, the next question is "How can they do that"! The answer sounds very technical but is quite simple. First off, all this is done in the insurance companies "Hedging" office or whatever firm they use to hedge for them. Typically, not always, the insurance company takes your premium dollars, let's use \$100 as an exam-

ple. Using approximate dollars, the first \$95 is invested in investment grade corporate bonds for the insurance companies benefit. Another \$2 is paid in expense for the policy, like administrative, commission to agent, para-med exams if it was a life policy. The last three dollars goes toward an option contract that will go towards the index cap and crediting strategy that you chose. You must understand that a variable contract, whether it is annuity or life, is a totally different structure that I do not advise for my clients because I do not believe it is the best option available. Variable contract's typically do not protect the principal, have mar-

ket risk and high fees. The "guaranteed benefit base" addition is mostly mis-understood by the client and not explained by the agent or broker.

Having been a manager and trader of a fund that uses options and futures hedging strategies, I can guess that they are using a spread strategy and buying a call option at the strike price of where the index is trading when you fund the policy, and selling a call at the upper limit of your index cap. The sale of this call option funds a portion of the purchase of the more expensive "near the money" call. It sounds confusing, but when you do that on a regular basis, it is one SEE **MARK**, PAGE A12

LETTERS TO THE EDITOR

Thanks for a great Trunk or Treat event

To the Editor:

Thank you to everyone who showcased their trunk on Sunday (Oct. 28) at our first Trunk or Treat event in Belmont. We had such a great turnout that the trunks ran out of candy around 6:30 p.m. It looks like we will be making this an annual event, so start pinning your trunk ideas now.

We would like to thank Belmont Rotary for providing refreshments; the First Baptist Church and Jessica Martin for manning our carving station along with Stone Mountain Farm and Elsie Noyes for donating pumpkins. Lakes Region Community College for their wonderful cookies. Brookside Pizza for their generous donation for trunk prizes. Nikki Sturgeon for asking everyone she knows to decorate a trunk! And parents for all the fabulous costumed children attending!

Janet Breton
Director, Parks & Recreation
Town of Belmont

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Frank Chilinski, President & Publisher
Ryan Corneau, Business Manager
Brendan Berube, Editor
Donna Rhodes, Reporter
Josh Spaulding, Sports Editor
Bob Martin, Sports Reporter
Tracy Lewis, Sales Representative
Jim Hinckley, Distribution Manager
Julie Clarke, Production Manager
Email: brendan@salmonpress.news
Classifieds: classifieds@salmonpress.news

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Please include your name, address and phone number.

Martin & Lewis wage war with the Army on LRPA this weekend

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (Nov. 9 & 10) for our “LRPA After Dark” presentation of 1951’s musical comedy “At War With the Army,” starring the classic comedy team of Dean Martin and Jerry Lewis.

Sgt. Victor Puccinelli and Private First Class Alvin Korwin serve in the U.S. Army during WWII. Before enlisting, they were best friends and partners in a nightclub song-and-dance act. Since enlisting and serving on the same base, they tend to get on each other’s nerves. Puccinelli (Martin), a suave ladies’ man, is

good at his boring, paper-pushing desk job, but dreams of being transferred to active duty overseas. His CO has no intentions of letting him leave, planning instead to commission him as the company’s Warrant Officer. Korwin (Lewis) is a lovable goofball who works in the mess hall but can’t do anything right. Everything he touches turns to disaster. He’s on K.P. duty as a result of his incompetence. Korwin begs for a weekend pass to visit his wife, but can’t seem to catch a break. Things are further complicated by Puccinelli’s love life, which is in a constant whirlwind, plus the fact that Korwin wants his

old partner to rehearse for a USO show and also to record a song they have co-written and, much to Puccinelli’s chagrin. Will Puccinelli get to see active duty? Will Korwin get to see his wife back home? Most importantly, will the guys get together and put on the show?

Dean Martin and Jerry Lewis made 16 movies together over the span of their careers. “At War With the Army” was their third movie, but their first starring vehicle. Their roles in this film, as in all of their movies, follow typecasting: Martin as the handsome Romeo, Lewis as the luckless jokester. “At War With the Army”

has everything that you’d expect from a Martin and Lewis movie: loads of wonderful slapstick moments, as well as songs, shtick, crazy mix-ups and zany antics, and even a spoof of Bing Crosby and Barry Fitzgerald in “Going My Way.” This was vintage Martin and Lewis, before egos and jealousy got in the way. If it sounds like fun, then grab your popcorn and meet us after dark for this wacky sendup of Army bureaucracy.

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and

Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



Saturday, Oct. 27 was a memorable day for so many different reasons. “We Care” of Temple B’nai Israel presented the folk trio Gathering Time in a benefit concert for Central New Hampshire VNA & Hospice.

A concert of hope in light of dark events

LACONIA — Saturday, Oct. 27 was a memorable day for so many different reasons. “We Care” of Temple B’nai Israel presented the folk trio Gathering Time in a benefit concert for Central New Hampshire VNA & Hospice.

The Red Sox were playing in the World Series. The weather brought an early light snow to the Lakes Regions. But the unspeakable events in Pittsburgh, Pa. at the Tree of Life Synagogue overshadowed the excitement and anticipation of what should have been an enjoyable evening. Nonetheless, the “show must go on,” and so it did. The beautiful and mean-

ingful music from the era of iconic folk songs was just what was needed to mend broken souls.

The evening began with an invocation, a Prayer for Pittsburgh, by Rabbi Boaz Heilman.

Another active shooting scene. Sabbath peace broken, Sabbath holiness desecrated. There are no words, no words of consolation. There are no prayers, even God is mute tonight.

He continued with words of comfort and ended with...

“My friends, during the next few days we will pray not only for God’s comfort and consolation, we will also pray to find within us the strength to

end the hatred, to silence the hateful rhetoric we hear all around us; to put an end to the anti-Semitism, the racism, xenophobia, homophobia and misogyny that poison our nation. May we all come to comprehend fully the power that words have on us—the power to move us to love, help and support; but also the power to provoke hatred, violence and bloodshed. May our thoughts and prayers tonight be accompanied by acts of loving-kindness and righteousness. May God bless us all with safety, security and peace. May God comfort all mourners and console all the bereaved among us,

SEE **CONCERT**, PAGE A12

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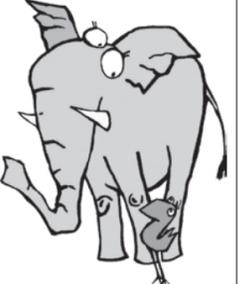
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Diana A. Bourque, 90

BELMONT — Diana A. Bourque, 90, went to be with our Lord and Savior on Nov. 1, 2018 at Forestview Manor, Meredith surrounded by family.

Diana was born in Springvale, Maine on Sept. 8, 1928. She was the daughter of Carrie E. Goodwin and Edward E. Clements and lived in Belmont for most of her life. She was a former employee of J.P. Stevens Woolen Mills of Franklin and the hosiery mills of Belmont. She was a past member of the Altar and Rosary Society of St. Joseph Parish in Belmont.

Diana was a long time auxiliary member of the Charles Kilborn, Unit #58 American Legion and a past auxiliary member of the Belmont Fire Department. She also was a member of two Social Clubs of Belmont. She was a member and communicant of St. Joseph Church of Belmont.



The widow of Aime J. Bourque, who died in 1988, she is survived by her two sons, Gary and his wife Nan of Petal, Miss. and David and his wife Tammy of Canterbury, and four daughters (Debra Miceli and her husband Anthony of Port St. Lucie, Fla., Vickie Wood and her husband Michael of Mesa, Az., Holly Phillips and her husband Ronald of South Ryegate, Vt. and Teri Bacon and her husband John of Laconia). She is also survived by 12 grandchildren and nine great grandchildren; a sister, Eloise Menard of Franklin; and a sister-in-law, Helen Brown of Gilmanston, along with sev-

eral nieces and nephews.

Calling hours were held on Monday, Nov. 5, 2018 from 5 – 7 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Mass of Christian burial was celebrated on Tuesday, Nov. 6, 2018 at 10 a.m. at St. Joseph Church, 96 Main St., Belmont.

Burial followed at South Road Cemetery, Belmont.

In lieu of flowers, donations may be made to the St. Joseph Church, PO Box 285 Belmont, NH 03220 or the charity of one's choice.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.

Frank H. Dalton, 76

SANBORNTON — Frank H. Dalton, 76, grew up in Winnisquam and was a longtime resident of Sanbornton, passed away on Sunday, Nov. 4, 2018, peacefully, surrounded by his family at his home in Sanbornton.

He was born on March 11, 1942, in Laconia, the son of the late Harold and Bernice (Jones) Dalton. Frank was the owner and operator of Frank Dalton Construction, where he worked alongside his two sons and wife for the past 51 years.

Frank's life revolved around his family, work, spending time in his garden, riding around with his dog Tucker and going to many heavy equipment auctions. Frank loved to put a smile on your face and was always playing practical jokes on the people he



liked.

Frank is survived by his wife of 54 years, Linda (Gilbert) Dalton and their two sons, Timothy F. Dalton and his wife Deborah of Tilton and Nicholas H. Dalton and his girlfriend Whitney Dupont of Sanbornton. He also leaves his two grandchildren, Christopher and Lea Dalton of Tilton and his canine companion, Tucker. He is also survived by his two brothers, Kenneth Waterman and his wife

Jeanne of Maine and Byron Dalton and his wife Cynthia of Northfield and many nieces, nephews, friends and other loved ones that knew him well.

Calling hours will be held on Thursday, Nov. 8, 2018 from 5 to 7 p.m. at the William F. Smart Sr. Memorial Home, (Franklin-Tilton Road) 584 West Main St. in Tilton. Burial will be held on Friday, Nov. 9, 2018 at 11 a.m. in Park Cemetery in Tilton.

Memorial contributions in memory of Frank, may be made to Park Cemetery Association, C/O Judy Huckins at 45 Lambert Rd., Northfield, NH 03276 or to the Franklin VNA and Hospice, 75 Chestnut St., Franklin, NH 03235.

For more information, go to www.smartfuneralhome.com.

Edward J. Reynolds, 55

NORTHFIELD — Edward J. Reynolds, 55, of Northfield passed away at Concord Hospital on Friday, Nov. 2, 2018, following a courageous battle with metastasized lung cancer, with his family at his side.

Edward was born on Jan. 15, 1963 in Clearwater, Fla., the son of the late George F. and Bette C. (Boynton) Reynolds of Franklin. He attended schools in Franklin. He was in the Army National Guard. He was currently employed at Matt Brown Truck Repair until the time of his death. He had previously worked at Beauchine Auto, Pembroke Towing, Webster Valve Foundry, Freudenburg NOK and Beede Electric.

Edward enjoyed spending time with his family and friends. He was a long-time member of the HOG-Harley Owners Group and enjoyed his Harley rides with his wife Sara and their friends. He also enjoyed going on Jeep rides all over New Hampshire, Vermont, and Maine to go four wheeling



and sight-seeing. In his younger days he was well known as the "wheelie king" in Franklin as he loved to put on a show on his Kawasaki ZL1000 for his friends. He enjoyed his big blue Chevy truck, going mudding and all his hot rods that he had back in the day.

Edward leaves his wife of 18 years, Saralee Bergeron-Isabelle Reynolds of Northfield; his daughter, Shania Ann Reynolds, and her fiancé Nate Barnett of Franklin; two step-children, Trista Marie Isabelle and her fiancé David Proulx of Franklin and Brandon Isabelle of Northfield; his granddaughter,

Zaria Jane Barnett; step grandchildren Isaac Sheldon Isabelle, Perri Isabelle Marie Proulx and Penelope Ann Proulx; his brothers, Ronald Reynolds of Waxhaw, Okla., Patrick Reynolds of Weddington, N.C., and George F. Reynolds, Jr. of Northfield; and sister Robin LaCourse of Franklin. He also leaves many aunts, uncles, nieces, nephews and many cousins.

A celebration of Edward's life will be held on Saturday, Nov. 10, 2018 from 1 to 3 p.m. at the William F. Smart Sr. Memorial Home (Franklin-Tilton Road), 584 West Main St. in Tilton. There will be a time of refreshments at the Franklin Lodge of Elks #1280 BPOE in Franklin beginning at 4 p.m.

Memorial contributions in memory of Edward, may be made to the Payson Center for Cancer Care, 250 Pleasant St., Concord, NH 03301.

For more information, go to www.smartfuneralhome.com.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
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 with any questions regarding the submission process.

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Taylor Community hosting lecture on Henri Chapelle American Cemetery

LACONIA — Seven years ago, Aimee Fogg traveled to Belgium to learn about her great-uncle's death in World War II. Today, she has a new appreciation for life — and a growing collection of adopted relatives. The men and women she now considers family share one thing in common: a loved one buried at Henri Chapelle American Cemetery in Hamburg, Belgium.

By the end of the war, it was the largest temporary American cemetery in Europe. Many of the 17,000 soldiers have been returned to the United States for burial, but nearly 8,000 remain. Fogg, who lives in Gilford, has collected stories and photos about the

40 New Hampshire men and the 24 from Vermont buried at Henri-Chapelle and published them in a pair of books. She's now documenting the accounts of 54 soldiers from Maine.

Come here her story in a lecture scheduled for Wednesday, Nov. 14 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.



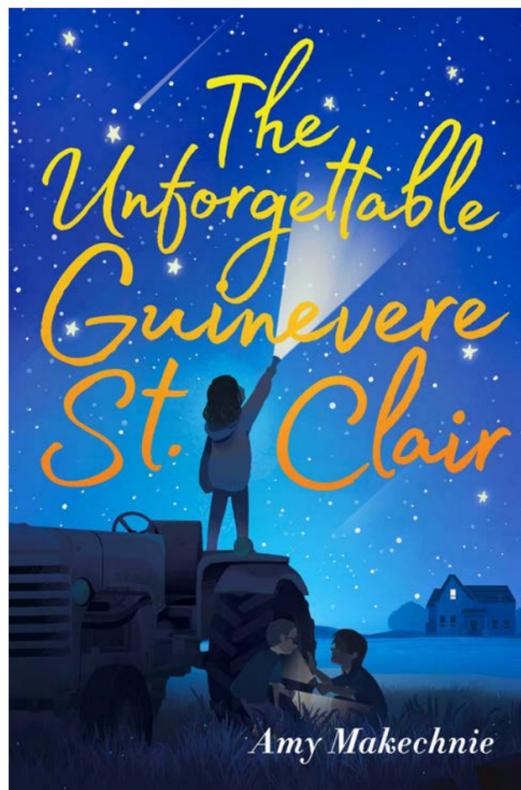
COURTESY

Local author to visit Sanbornton Public Library

SANBORNTON — Young readers, writers and their families are invited to the Sanbornton Public Library on Thursday, Nov. 8 at 6 p.m. to meet with local author, Amy Makechnie.

Makechnie is the author of "The Unforgettable Guinevere St. Clair," a middle grade (3-7) book published in June. Like Guinevere, Makechnie grew up in the Midwest, and once tried to sail to the Mississippi on a large piece of styrofoam (she didn't make it). She and her family live in central New Hampshire where Amy writes and mothers a wily flock of children.

The library is excited to have Makechnie come to visit, read from her book and answer questions from the audience. This event is free and open to the public. Books will be for sale at the



event. The Sanbornton Library is located at 27 Meetinghouse Hill Road.

For more information, call 286-8288 or check out splnh.com.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 23 calls for service and made the following arrests during the week ending Nov. 3.

Chad Couture, age 21, of Sanbornton was arrested on Oct. 28 in connection with an outstanding bench warrant. He is scheduled to appear in Plymouth District Court on Dec. 3 at 8:30 a.m.

Lindsey Giunta, age 37, of Sanbornton was arrested on Nov. 1 for Issuing Bad Checks. He is scheduled to appear in Franklin District Court on Dec. 14 at 8 a.m.

The breakdown of the remaining calls was as follows: two animal complaints, one computer related crime, one incident of criminal trespassing, one directed patrol, one drug-related incident, one report of issuing

bad checks, one money relay, one motor vehicle accident, two motor vehicle warnings, one request for police information, two reports of receipt of stolen property, two reports of recovered property, two road hazard complaints, one service of a court summons, two sex offender registrations, one report of a suspicious vehicle or activity, and one report of theft.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 444 calls for service and made the following arrests during the week of Oct. 29 through Nov. 4. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during this time period were Beverly Avery (for Possession of Drugs and in connection with an outstanding

warrant), Carrie Quinn (for Driving Under the Influence), Tara Burdell (for Receiving Stolen Property and Unlawful Possession of Alcohol), Frederick Temple (for Driving After Suspension), Alicia Linville (in connection with an outstanding warrant), Alexis Pucci (for Simple As-

sault), Alan Osgood (for Simple Assault), Justin Doyle (for Receiving Stolen Property), William B. Nye (for Driving Under the Influence), David Wilson (for Driving After Suspension), and Moriah Simonds (for Driving Without a Valid License and Driving Without Giving Proof).

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WARNING

CONTINUED FROM PAGE A1
 colonies of Microcystis. The cell count total was 115,000 cells/ml. On October 19, the same cyanobacteria types were again observed, with concentrations of 91,500 cells/ml. On Oct. 26, there was only one filament of Anabaena/Dolichospermum observed, with about 50 cells/ml. Please continue to monitor your individual shoreline for changing conditions.

Cyanobacteria are natural components of water bodies worldwide, but blooms and surface scums may form when excess nutrients are available to the water. Some cyanobacteria produce toxins that are stored within the cells that can be released upon cell death. Toxins can cause both acute and chronic health effects that range in severity. Acute health effects include irritation of

skin and mucous membranes, tingling, numbness, nausea, vomiting, seizures and diarrhea. Chronic effects include liver and central nervous system damage.

NHDES advises lake users to avoid contact with the water in areas experiencing elevated cyanobacteria cell conditions typically where lake water has a surface scum, green streaks or blue-green flecks aggregating along the

shore. NHDES also advises pet owners to keep their pets out of any waters that have a cyanobacteria bloom.

NHDES routinely monitors public beaches and public waters of the state for cyanobacteria. Once a cyanobacteria lake warning or beach advisory has been issued, NHDES returns to affected waterbodies on a weekly basis until the cyanobacteria standards are again met.

The warning went into effect on Sept. 7, and was removed on Oct. 26.

Visit the NHDES Beach Program Web site for photos and more information about cyanobacteria at <https://www.des.nh.gov/organization/divisions/water/wmb/beaches/index.htm>

Updates on advisories and warnings may be obtained at http://www4.des.state.nh.us/WaterShed_BeachMaps/Wa-

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Follow the Beaches twitter feed:

https://twitter.com/NHDES_Beaches

If you notice anything resembling cyanobacteria, please refrain from wading, swimming, or drinking the water. Keep all pets out of the water and contact NHDES immediately. Please call NHDES to report a cyanobacteria bloom at 848-8094.

SHAHEEN

CONTINUED FROM PAGE A1

One of Racicot's biggest concerns is pregnant women who are addicted and giving birth to addicted babies but he told Shaheen he sees hope there, too.

"We had 18-percent of our moms addicted for a while, but we've knocked that down to under 10-percent now and haven't had any babies not go home with mom because of addiction," said Racicot.

Many moms, he said, get caught in difficult situations. The fathers are often in jail or out of their lives, leaving them struggling to not only raise their children, but to feed them and keep a roof over their heads, leading to depression. After childbirth women can also experience postpartum depression, which can lead to addictive behaviors.

"Those are people we have to see regularly-

they're always at risk," he said. "You just have to wrap your arms around them and not let go."

Corey Gately is the hospital's Clinical Program Director for Recovery and said in the past they had seen a lot of moms through their pregnancy when they realized they have to be healthy for the sake of their unborn child. That determination tended to fade once the baby was born but now, through

MAT, they are supported and encouraged to stay clear of opioids.

She explained that people who take part in the clinic are also required to meet with outside counselors to work through their addiction and personal struggles.

"This has been a really positive thing. The moms are still with us and we love seeing their babies," Gately said.

Daisy Pierce, the executive director for Nav-

igating Recovery, said her organization works closely with the hospital, meeting with patients as they are brought into the emergency room after an overdose, and continuing to counsel them as they go through treatment.

"The recovery program and the drug courts we have now really help," she told Shaheen.

Shaheen was pleased by the progress and asked if the Medicaid Expansion money she fought for has been of assistance. Racicot said if not for that financial backing, their clinic would be seeing eight patients instead of the 300 currently enrolled.

"When we started out, we could only see up to 30 people, but the legislation has helped that expand," he said. "Everyone who is started on suboxone in the ER can now be seen in the program the very next day."

The new problem they are seeing in the ER however is people who are now using both opioids and methamphetamine. Cheap and easy to make in large batches, he and Gately explained suboxone helps with opioid addiction but not methamphetamine. Research is being conducted with a few other prescription medications though that may soon assist them in battling methamphetamine addiction, too.

Marge Kerns, Vice President of Clinical Services for LRGHealth-

care, explained that Pierce and Gately are also working with staff members to alleviate the stigmas often associated with substance abuse. Part of that process was to combine the MAT clinic with the Occupational Health Clinic so no one knows why anyone is there; people aren't singled out as being an addict.

Racicot told Shaheen it's all working.

"When we see someone now in the second week of recovery, it's like they're a different person. They've washed their hair and start to care about themselves again. It's night and day," he said.

Rounding out the discussion, Pierce told the senator that Navigating Recovery has just received a Community Block Development Grant for \$350,000. With that money, they will be able to move to a new, much larger location across from the Belknap County Courthouse.

Sen. Shaheen said she was quite pleased with all the good news and thanked the team for all they have done to get people back on track for a healthy and productive lifestyle. Finally, before leaving, Racicot arranged for her to meet privately with one of his clinic patients who had agreed to tell the senator his side of the opioid crisis and how Medication-Assisted Treatment is helping him.

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Edward Jones: Financial Focus

Leaving Your Job? What Should You Do With Your 401(k)?

You've got a powerful retirement savings vehicle in your 401(k) plan, which offers various investment options and the chance to accumulate tax-deferred earnings.

But if you leave your job before you retire, what should you do with your 401(k)?

You have several choices — and it's important that you understand them, because your decision can greatly affect the resources you'll ultimately have available during your retirement years.

Here are the main options for dealing with your 401(k) from a previous employer:

You could leave the money in the company's plan. Not all companies offer this option, but many do. If you like the investment choices available in your plan, leaving the money alone may not be a bad idea — you know where your money is going, and you can still benefit from potential tax-deferred growth. On the other hand, since you won't be employed by the company, you might find it harder to keep up with changes

to your 401(k), such as when investment options are added or dropped. Also, you no longer will receive your employer's matching contribution, if one had been offered.

You could move the money into your new employer's plan. If your new employer has a 401(k) and allows transfers, you could roll the money from your old plan into the new one. This might be an attractive option if you like the investment options offered in your new employer's plan. And it will give you a head start in building resources

in the new plan.

You could roll the money into an IRA. You may find several advantages to rolling your 401(k) into an IRA. First, your money will still have the potential to grow on a tax-deferred basis. Second, you can put your funds in virtually any investment you choose — stocks, bonds, mutual funds, government securities, certificates of deposit and others — so you can build a mix of investments appropriate for your goals and risk tolerance. Third, if you own multiple 401(k) accounts,

you might benefit from consolidating them into a single IRA, making it easier to allocate and monitor your retirement assets. Plus, with a consolidated account, you may find it easier to track your withdrawals, when it's time to start taking them.

If you do decide to move your 401(k) to an IRA, make sure to request a direct rollover. The money will be sent directly to the institution that holds the IRA and no taxes will be withheld.

You could cash out your plan.

If you cash out your plan, your company likely will pay you 80% of your account value, withholding the rest for federal taxes. And if you're younger than 59-1/2, you also may face a 10% penalty tax. Furthermore, you'll have lost a key source of your retirement income. Of course, if you absolutely need the money, it's there for you. Before making any moves with your 401(k), consult with your tax and financial professionals. You worked hard to build your 401(k) — so you'll want to do all you can to keep it working hard for you.

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PAINTING

CONTINUED FROM PAGE A1
bornton Congregational Church for 44 years.

While it is not clear why the painting was commissioned nor how much, if anything, the Burleigh's paid to have it done, it is never the less a quite lifelike and compelling look at a Sanbornton family in 1862.

Ingalls also spent most of his life in the town. Born in Canterbury in 1805, his family moved to Sanbornton the year he turned 13. When he and his brother Gardner did not want to be farmers like their father Jesse wished, he built a cabinet shop and hired a professional cabinetmaker to teach them a trade.

Another historical side note is that Jesse Ingalls was one of the founders of the Woodman-Sanbornton Academy, now home to the Sanbornton Public Library.

In the early 1830's the cabinet shop burned down and soon the two brothers moved to Lowell, Mass. to become portrait painters. For a few years, Walter travelled throughout New York and New England painting portraits before returning to Sanbornton in 1835.

From 1840-1849 he became involved in politics, serving as the Sanbornton Town Moderator for seven years then as the town's representative in the New Hampshire State Legislature from 1847-1849.

He eventually began traveling across the country again, painting portraits along the way, where he became heavily influenced by the invention of the camera.

In 1858, Ingalls declared he had returned to New Hampshire with newfound skills that had "all the advantage of the camera combined with the skillful blending and softening of the crude outline."

In 1860, he was living back in Sanbornton Square, and his portrait of the Burleigh family was painted two years later.

Among the most notable of his local works were paintings of the Tiltons and other related families, while his portrait of George Washington still hangs in the New Hampshire State Capitol building today.

To restore the 36-by-30-inch Burleigh family portrait to its rightful condition, it will have to have dirt and layers of varnish removed from the surface. The canvas itself will need repairs, as will the frame and stretcher. It will then be retouched where needed, have lost paint filled in, and the faded colors brightened before a layer of isolating varnish will serve to protect it for display in the library once again.

Those who would like more details on the conservator's proposal can obtain a written copy of it at the library and donations toward the project in any amount are gratefully accepted. Checks, made payable to Sanbornton Public Library, can either be dropped off at 27 Meetinghouse Hill Rd. or mailed to P.O. Box 88, Sanbornton, N.H. 03269. For further information on donations or the project itself, please contact the library at 286-8288.

PINES

CONTINUED FROM PAGE A1
also tables with plentiful supplies of jams, honey and apple butter from local kitchens to go along with any meal.

Potholders, placements, clever stone cactus gardens, antique bottle wall hangings and candles were also available to spruce up any house. For holiday décor there were lots of Santas, snowmen, Christmas Countdown refrigerator magnets and other ornaments as well.

Yet another booth gave women the chance to look great for the holidays, too, with a line of Lu La Roe leggings, dresses and fashion accessories.

And for the young or young at heart, Wibbly Wonders brought clever

people though. Some vendors preferred to focus on the four-legged family members. Squam Lake Pup Treats, LLC had clever and delicious gifts for not only the dogs but also the cats in the household, including fun "gumball" dispensers for treats. Another booth invited all cat owners to stop by and pamper their feline friends, while a third vendor offered handcrafted birdhouses, including unusual hummingbird houses that drew a lot of interest.

Lending their assistance to make this year's craft fair a success were members of Winnisquam Regional High School's Class of 2020, many of which are also members of the Rotary's



DONNA RHODES

Jaysen Shevlin of the Winnisquam Regional High School Class of 2020 was one of several students who not only helped set up the Pines Community Center Craft Fair last weekend, but also sold beautiful winter scarves as a fundraiser for their class.

selling scarves to raise money for the class," said Brittini Stewart, the director of PCC. "We'll be giving a portion of the proceeds today to them and the rest will help support programs here at the community center."

Stewart added that the fair has proven year after year to be a great community event, attracting people who have never visited the center before.

"It's been a nice way to meet new people and show them all the programs we offer here at The Pines," she said.



DONNA RHODES

Fiber artist Ashley Malcolm of Wibbly Wonders was one of nearly 40 vendors who took part in last weekend's annual craft fair at the Pines Community Center in Northfield.

fiber crafted items, such as a sturdy, knitted doll with removable clothing and diapers, and even a handmade large sea turtle with three eggs and baby turtles that could be tucked inside the mother for storage.

It wasn't just all for

Interact Club.

The students spent last Friday night helping set up tables in rooms on both levels of the community center then were back again bright and early Saturday morning. They greeted people at the door, sold 50/50 raffle

tickets and invited girls and boys to take part in a stamp hunt challenge to win chances for a drawing of the many donated prizes up for grabs that day.

"They have been such a big help! They also set up a table of their own,

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CONCERT

CONTINUED FROM PAGE A5 to which we say, Amen.”

Then Gathering Time, Stuart Markus, Hillary Foxsong and Gerry McKeveny, took over the stage with a most beautiful rendition of “Turn, Turn, Turn.” Originally composed by Pete Seeger, the lyrics, except for the title, which is repeated throughout the song, and the final two lines, are adapted word-for-word from the English version of the first eight verses of the third chapter of the biblical Book of Ecclesiastes. What could be more appropriate on a night of such sadness? The audience swayed, sang along, and began

to feel at peace with the message of the music.

As the evening’s performance continued the spirit in the room began to lift with each memorable song. From Phil Ochs, Peter, Paul and Mary, Joni Mitchell and so many more of the great artists and composers of the ‘60’s and ‘70’s. A rousing rendition of “White Rabbit” was performed as a vocal solo by Hillary Foxsong. “Teach Your Children Well” a Crosby, Stills, Nash and Young hit brought everyone back to a time when life gave us lessons through popular music. Even The Grateful Dead were represented by their hit “Ripple.” By the end of the night,

everyone was on their feet. The evening was an overwhelming success, emotionally, spiritually and financially.

The funds raised from ticket sales and event sponsors Meredith Village Savings Bank, Golden View Health Care, and Miracle Farms Landscaping, will enhance the work of Central New Hampshire VNA and Hospice. This local agency, based in Laconia and Wolfboro, provides health care services, at home, from birth to bereavement. We Care is proud to have been able to provide additional funding to this most worthwhile agency.

MARK

CONTINUED FROM PAGE A4 of the simpler option strategies that portfolio managers employ while managing money.

The insurance company is invested very conservatively; the client gets the capped upside to the index that they have chosen with no market risk. But there are many

moving parts that must be evaluated that makes a policy good for the policy owner vs. the agent.

This part seems simple, and it is. An annuity that has “income” features or a life policy with its death benefit is the part of the insurance company’s strength and expertise that involves

actuarial science and the law of large numbers along with proper assets in reserve to pay these death benefits.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.



COURTESY

The burying beetle, known for helping Mother Nature recycle mice, voles and other small creatures. (Insect Images, Joseph Berger)

NOTEBOOK

CONTINUED FROM PAGE A4

bug scarcity merited not a murmur.

The rhinoceros beetle, a member of the stag beetle clan, can best be described as “scare-your-pants-off” fearsome, and is known for turning, tank-like, to face whatever it perceives as a threat, which would be you, brandishing the heaviest piece of foot-gear you can find in a panic-stricken moment.

My first encounter featured a monstrous (my unscientific term) rhinoceros beetle that appeared on our bathroom floor in our apartment in Manchester, across the street from what everyone in town called “that beautiful little Wedding Park,” which actually turned out to be a haven for teenage smoochers and Peeping Toms.

The female side of the family having discovered the beetle, I was summoned to the scene by shrieks that even earplugs would not have damped. Accordingly, I grabbed the nearest piece of foot-gear (a slipper) and advanced to do my heroic best. The beetle simply shrugged off the blows and turned to face me with a demeanor, if beetles can have demeanor, that said “Is that your best shot?”

So I sought out a heavy boot. After sever-

al blows it did the trick, but if the same thing had happened now, in this alleged kinder and gentler era, I’d have live-trapped the beetle and released it, oh, perhaps in the Wedding Park.

I was introduced to the tomentos beetle story in Northern Woodlands. How anyone interested in anything at all beyond asphalt and concrete doesn’t get this magazine is beyond me. As I’ve said, and which the magazine has shamelessly quoted me on ever since, if I had to throw out all of my magazines but one, the survivor would be Northern Woodlands.

I was already aware of undertaker-type beetles because of an accidental encounter while bird-hunting in Bungy. Now, doesn’t that have a nice ring to it? Try it: “Bird hunting in Bungy.” Anyway, I was on the way back, post-hunt and with two birds in hand, to Vickie Bunnell’s house, where a sumptuous repast awaited us all, when I spotted movement in the scrub-brush below.

It was a turkey carcass, alive with some of the biggest-bodied beetles (next to June bugs) I’d ever seen. They were scrambling all over the carcass, seemingly pushing it to parts unknown.

The resourceful crea-

ture featured in Northern Woodlands was the tomentos beetle, a member of the genus Nicophorus, more commonly known as burying, sexton, carcass or carrion beetles. The photos showed a couple of bugs busily burying a dead mouse, by digging a trench and then pushing the carcass into it.

As it turned out, the carcass they were clamoring over and maybe even clamoring over was not from a wild turkey, which at that time we did not have except in the cupboard, but rather the result of oafish behavior by a crew having a good Holiday Weekend time of it in the camp just above.

But wait: “Oafish” might not be very fair. The carcass was, after all, eminently biodegradable, as witnessed, to quote famed ABC Sports producer Boone Arledge, up close and personal.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

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SPORTS

THE WINNISQUAM ECHO
SalmonPress.com

Bears sweep Lakers for another volleyball title

BY BOB MARTIN
Bob@Salmonpress.news

PLYMOUTH — The defending champion Winnisquam Bears volleyball team had some question marks entering the season, but Winnisquam brushed all that aside and put together one of the best seasons in school history that resulted in an undefeated record and a Division 3 state title.

Last week the Bears faced fourth-ranked Epping for the first time all season and came away with a dominant 3-0 victory. Even when Winnisquam sputtered, with coach Mike Livernois saying the team was a little sloppy, the Bears pushed on and had convincing victories of 25-18, 25-12 and 25-13.

“Winnisquam led in all three sets, building leads in each set and frustrating Epping with our attack,” said Livernois. “The game was not as crisp as I would have liked and at the same time Epping forced us into some mistakes with their strong serving and hitting.”

Shannon Goodwin had 15 kills, five digs and five aces in the win to lead the Bears. Gabby Isabelle was also dominant despite playing through some aches and



BOB MARTIN
The Winnisquam Bears went 19-0 and won the Division 3 state title for the second straight year.

pains with 12 kills and 15 digs. Olivia Dill had 32 assists, once again showing how much she



BOB MARTIN
Gabby Isabelle used her hard spike kills to help beat the Lakers for the state title.



BOB MARTIN
Olivia Dill is the new single season assist school record holder for Winnisquam with 550 assists.

has put her mind to becoming a dominant setter after the departure of last year's co-player of the year Talia DeBlasio. Sarah Seymour had 10 digs and three kills. Alli Foster had five kills. Aubrey St. Onge had seven digs. Livernois knew that with Inter-Lakes waiting in the wings hoping to get some redemption



BOB MARTIN
Shannon Goodwin played what coach Mike Livernois called the “game of her career” in the Division 3 state final.

from last year's state final loss, the Bears would need to play better against the Lakers.

“We will be playing Inter-Lakes on Friday and we are definitely going to have to raise our intensity level if we hope to be successful,” said Livernois.

In a jam packed Plymouth State University field house, the Lakers and the Bears went head to head in the state final two days later. While Inter-Lakes played the Winnisquam squad tough, the Bears proved to be too strong for the Lakers and came away with a sweep victory by

SEE VOLLEYBALL, PAGE B3

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Raiders eliminated in intense semifinal tilt

Belmont and Campbell go to penalty kicks to determine a winner

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA — The Belmont boys' soccer team had an incredible season, but unfortunately the dreams of a championship were cut short after a 1-0 loss in the semifinals to Campbell that was decided by penalty kicks on Halloween night.

The two teams met earlier in the season and had a 1-1 tie, so the Red Raiders knew they would have their hands full in this one. It was a fierce battle from start to finish, with both squads firing off shots and getting chippy on the Laconia High School turf. Each team had countless chances, but strong goalkeeping by Campbell's Brendan Douglas and Belmont's Jake DeWare, as well as incredibly good defense, kept the game scoreless at the end of regulation.

The overtime rounds were especially nerve-racking for both sides. Belmont and Campbell traded off shots and close opportunities. In the first overtime, with about 7:30 remaining, Campbell nearly scored on a ball bouncing around in front of the net. It was eventually cleared out and Belmont could breathe a sigh of relief.

With about six minutes left, Griffin Embree put a corner right in front of the goal but it was cleared downfield without a shot.

There was a near breakaway for Campbell just two minutes later but the ball was kicked away from a surging Devin Bricknell to give Campbell a corner kick. The kick was saved by Deware. Deware had several nice saves in the first overtime, forcing the teams into another frame.

With the crowd going nuts on a cold night with mist in the air, the teams were in desperation mode. There was plenty of action in front of the Campbell net early, with several shots close to the goal, but once again strong defense and goalkeeping prevailed. This sent things into penalty kicks.

Campbell ended up winning 4-2 in penalty kicks. Campbell goals came from Justin Furlong, Zachary Rousseau, Ethan Burns and Matt Rollend. Zach Ennis and Lucas Mathieu had goals for Belmont. The Cougars won

when a shot by Angelo Papadopoulos was saved by Douglas in dramatic fashion.

"Wow what a game," coach Mike Foley exclaimed. "Both teams had great chances throughout the game. Belmont had a couple of great opportunities in the first half alone. It was by far one the best games I've been around in a long time. It is always tough to have a game end on PKs, but that's the sport we play. I tip my cap to Jake Deware who made some spectacular saves towards the end of the game. You can say that they left everything they had on the field."

Foley said he was proud of his squad that



Griffin Embree was one of the top players for a Belmont squad that went to the semifinals this season.

BOB MARTIN



BOB MARTIN

Jake Deware made some incredible saves in the semifinals against Campbell.

went 16-1-2 and lost to the eventual state champions. The Red Raiders are losing 13 seniors to graduation this year and he said it will be tough to say goodbye to all of them.

Foley touched upon some of the things he will miss about this senior group with the following comments of praise.

"Zach Ennis who has been with us since his freshman year and a team leader," Foley said. "Colby Brown who amazed so many teams with his ball skills and his heart. Griffin Embree, who never knew how to

stop going at 100 percent. Nolan Gagnon, whose playmaking abilities will be missed greatly. Caleb Burke whose defensive skills will be missed. Angelo Papadopoulos whose passion for the game sets him apart from others. Jake Deware, the heart of a champion and one of the best teammates a player/coach could ask for. Brendan Kelley, Zack Duclos, Evan Cochran, all of whom were role players but we couldn't have achieved without them. Dylan Laflower and Jake Brown coming out to play for their senior year also



BOB MARTIN

Caleb Burke played great defense for Belmont all season and is graduating in the spring.



BOB MARTIN

Nolan Gagnon (9) and Angelo Papadopoulos (7) handle a ball in front of the Belmont goal. Gagnon made contributions to the team. Papadopoulos' season will be remembered for a lot of things, but one thing is for sure, it was a fun ride."

Foley added, "This

Locals run in Meet of Champions

BY BOB MARTIN

Bob@Salmonpress.news

NASHUA — The 2018 Cross Country Meet of Champions took place at Nashua High School on Saturday and Belmont and Winnisquam runners were well represented.

For the Belmont girls' team, Alice Riley placed 25th with a time of 19:28.3. The Winnisquam girls' team was represented by Faith



BOB MARTIN

Kyle Mann was 85th at last week's Meet of Champions in Nashua.

Gosselin, who had a time of 20:27.3, good for 59th.

The Winnisquam boys' team was led by



BOB MARTIN

Alice Riley placed 25th in the Meet of Champions last week for Belmont.

er placed 107th with a time of 18:09.4. Riley Mann was 116th with a time of 18:29.9. Evan Griffin was 135th with

a time of 20:09.7 and Jack Richard was 136th with a time of 20:16.5. Joe Damato was 138th with a time of 21:19.4.

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Lakes Region United teams compete in Columbus Day tourney

REGION — Over Columbus Day weekend, six teams from the Lakes Region United Soccer Club (LRU) competed in the 35th annual Columbus Day Invitational Tournament, hosted by the World Cup Soccer Club of Greater Nashua. This tournament has grown to become one of the largest invitational tournaments held in New England, with over 150 teams from the Northeast participating. LRU sent its U15 boys, U15 girls, U14 boys, U12 boys, U11 boys and U10 coed to compete in the tournament.

The LRU U-15 boys got off to a slow start, entering half-time against

Litchfield tied 1-1. In the second half, the offense exploded with eight unanswered goals for a 9-1 win. LRU went on to finish the first day of with a 3-0 shutout of East Bay United FC. Their second day began with a battle of two undefeated teams. LRU notched another 3-0 victory over Bayside FC Nor'easter, propelling them to the finals where they again shut out Bayside 1-0. LRU finished 4-0 with a 16-1 goal differential and the U-15 boys' division championship.

LRU's U-15 girls started the tournament with a 2-1 loss game against Goffstown United. The second game against World Cup SC of Great-

er Nashua was a game of back and forth of offense but Nashua pulled ahead for the 2-1 win. The final game against Glastonbury Hartwell of Connecticut was another tough game against a strong, physical team. LRU had some great defense, but was unable to find the net in this game. According to Coach Steven Hepburn, "This LRU team is a very young team for this age bracket. A lot of our players are still 11 or 12, playing in a U15 division. They are playing some great soccer and are showing a lot of potential."

LRU's U14 boys' team entered the tournament in the premier division. The team won all three games in the qualifying round, scoring nine goals against their competitors. LRU started the tournament off with a 5-2 win against GPS. The second game of the day was a 2-0 win over Bedford. The team played hard and the constant pressure on paid off with two goals. On Sunday morning, LRU played a back and forth game against an evenly-matched team from Mount Washington Valley. With the 2-1 win, LRU qualified for the finals. LRU faced Bayside FC Nor'easter for the finals, a talented team that competes in the Massachusetts Premier League. Also undefeated in the preliminary round, it was a tough match from

in the state title game, there were seniors like Goodwin, Aubrey St. Onge and Persson on the teams as freshmen. They played in the championship last year getting the win, and Livernois said this type of experience was needed.

"They saw what it took and they worked from day one this year," Livernois said. "When we had to replace our setter I said we would make something work. Olivia Dill stepped in and just broke the school record for assists in a season. She was amazing tonight."

Dill ended the season with 550 assists in the season with her 34 in the title game. The former record was 533 assists. Livernois said this was remarkable especially since she was a first-year setter.

Livernois said the team's philosophy this year was to "just play" and "do their job."

"They showed that they deserve to be here - undefeated state champions," said Livernois.

The Lakers finished the season with a 16-4 record and for the second straight year lost to the Winnisquam Bears in the state finals. Wheeler led the way with 17 kills, 13 digs and four block/kills. Jessalyn Brown had 22 assists for the Lakers.

Coach Randy Mattson said clearly this was a tough loss for both her and the team, but she recognized that the Lakers put their all on the court night after night.

"This is a great team with a lot of desire and passion," Mattson said. "I thought we had a shot tonight but Winnisquam played about as well as they could. I just said to my team, while they feel disappointed they need to know that when you get to the final step you need to have a peak performance, and that's what they did."

Mattson said she is "enormously proud of her players," noting that the 3-2 victory over Farmington two nights earlier was as gutsy as it gets.

"I can't say enough about the dedication, hard work and effort put forth here," said Mattson. "It's a great group of girls who love each other very much. I adore all of them."

VOLLEYBALL

CONTINUED FROM PAGE B1
scores of 25-20, 25-18 and 25-17.

The first game was all Winnisquam for the first half, but the Lakers managed to get back into the game and bring it to 20-18. However, Goodwin and Isabelle overpowered the Lakers time and time again to come away with the win. During this game, however, high flying middle hitter Emma Wheeler recorded her 500th kill for the Lakers.

The second game was very tight until the Lakers started to pull away. Inter-Lakes led 13-9 at one point, but the Bears battled back thanks to some hard spikes by Isabelle to come away with the win. Rebekah Persson had back-to-back clutch aces late in the game to help the Bears to victory.

The third game was tight early with a 10-10 tie, but the Bears scored six of the last seven points to wrap things up and secure the state title.

Leading the way once again was Goodwin with 20 kills and 17 digs in what Livernois called "the match of her career." Isabelle had 14 kills and nine digs. Seymour had 17 digs, two kills and four aces. St. Onge had nine digs. Dill had 34 assists in the match.

"I like the way we played together as a team," Livernois said. "I thought the second set was never going to end. I felt like we were behind forever but we pulled it out."

Livernois was happy to get a sweep win against a quality team like Inter-Lakes. He said the key was trying to stop Wheeler, as he said the Lakers are tough to beat when she gets going.

"The fact we were able to slow her down and stop her, a little, good enough to win, I was really happy with it," Livernois said. "I thought the whole team played well. We never got down. They were focused the whole time. I was really proud of them."

Livernois said a key to the win was having strong senior leadership that have had success year in and year out. He said in 2015, a season where the Bears lost



COURTESY

The Lakes Region United U15 boys won the tournament championship at the Columbus Day Tournament in Nashua.



COURTESY

The Lakes Region United U15 girls pose for a picture after the recent tournament in Nashua.

tournament and played very well but finished with a record of 0-3-1. They started off on Saturday morning against GPS Navy. The game was evenly matched and was tied 2-2 until about halfway through the second half when GPS was able to get a couple

Lightning SC was able to capitalize on some opportunities and took the win. The last game of the day was against Peak FC LRU was down 1-0 after the first half but a great shot from the top of the penalty box evened the game 1-1 early in the second half. Great

fense from LRU.

The U10 coed team had a fun couple of days of tournament play, finding some tough opposition from 2 GPS teams but holding its own against Peak FC.

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- Lamprey & Lamprey Realtors: www.lampreyandlamprey.com
- Maxfield Real Estate: www.maxfieldrealestate.com
- Michelle Eastman Realty: www.michelleeastmanrealty.com
- Old Mill Properties: www.oldmillprops.com
- Peabody and Smith: www.peabodysmith.com
- Pine Shores Real Estate: www.pineshoresllc.com
- Preferred Vacation Rentals: www.preferredrentals.com
- Remax Bayside: www.baysidenh.net
- Remax Bayside-Steve Banks: www.winnihomes.com
- Roche Realty: www.rocherealty.com
- Strawberry Lane Real Estate: www.strawberrylane.com
- Town & Forest Realty: www.townandforest.com

BERKSHIRE HATHAWAY HomeServices

Verani Realty

Bristol:
603-744-5411
481 Lake St. Suite 1B
Bristol NH 03222

Meredith:
603-279-6000
290 Daniel Webster Hwy
Meredith NH 03254

Moultonboro:
603-253-7766
60 Whittier Hwy # 3
Moultonboro NH 03254

www.Verani.com

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Conway, NH -
Antique farmhouse with a post & beam barn on over 100 acres of land! Enjoy mountain views and your own private beach along the banks of the Saco River. This home features classic details matched with modern comforts, a gorgeous kitchen, and enclosed back porch. Not too many homes like this one come along. Don't miss your opportunity.
MLS # 4714892 | \$724,900

Plymouth, NH -
Large in town 4 BR, 3 baths Colonial with a detached 2 car garage. Convenient to retail, schools, hospital, library and much more. The property has updated electric, plumbing, heating, new windows and standing seam metal roof, 3 working fireplaces, and a large screened in porch. Very convenient and accessible to all Plymouth has to offer.
MLS # 4705891 | \$299,000

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to Call → Where to Meet → What to Pack

Ready

NEWSPAPER

CHECK OUT THE CLASSIFIEDS!

DISCOVER
CLASSIFIED
POTENTIAL

NOTICE OF PUBLIC HEARING

Shaker Regional School District will hold a public hearing relative to the acceptance of a Robotics Grant. The meeting will be held at Belmont Elementary School on Tuesday, November 13, 2018 at 6 pm.

State of New Hampshire
Department of Environmental Services
Air Resources Division
Concord, New Hampshire

NOTICE OF TITLE V PERMIT REVIEW PUBLIC HEARING AND COMMENT PERIOD

On August 23, 2018 the New Hampshire Department of Environmental Services, Air Resources Division (NHDES), published a public notice of its intent to issue, amend, or deny a Title V Permit to:

Bridgewater Power Company, L.P.
Located At:
300 Route 3
Bridgewater, New Hampshire

The August 23, 2018 public notice specified the procedures for requesting a public hearing. A request for a public hearing was filed with DES in accordance with Env-A 621.06. The Director has granted the request for a public hearing and has scheduled the hearing for Thursday, December 13, 2018 at 6:00 PM at the Bridgewater Town Hall located at 297 Mayhew Turnpike (Rte 3A), Bridgewater, NH 03222.

The application and draft permit are on file with the Director, New Hampshire Department of Environmental Services, Air Resources Division, 29 Hazen Drive, P.O. Box 95, Concord, NH 03302-0095, (603) 271-1370. Information may be reviewed at the office during working hours from 8 a.m. to 4 p.m., Monday through Friday. Additional information may also be obtained by contacting Barbara Georgitsis at the above address and phone number. Written comments filed with the Director no later than Thursday, December 13, 2018 shall be considered by the Director in making a final decision.

Craig A. Wright
Director
Air Resources Division

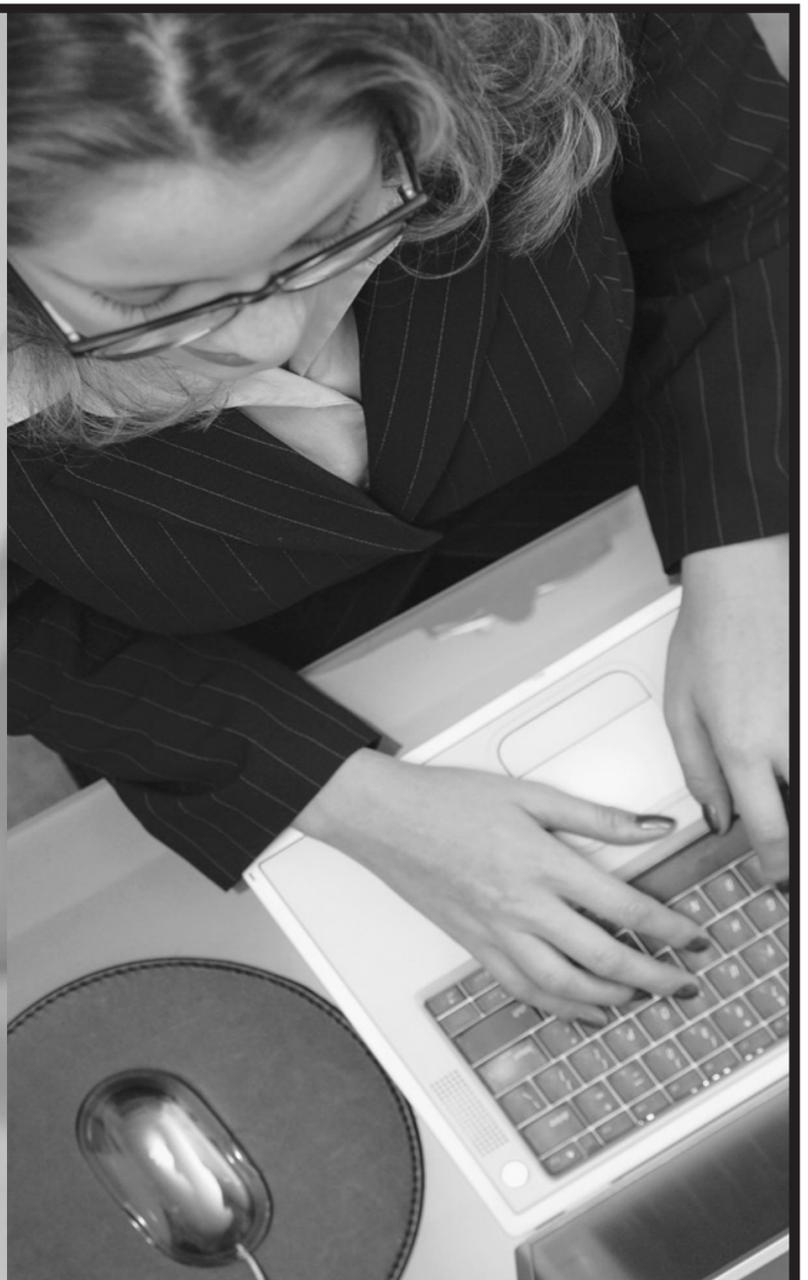


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had the time, right? Now you do.
3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

PEACE CORPS **RESPONSE**

peacecorps.gov/response



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Town-to-Town CLASSIFIEDS

www.salmonpress.com | 603.279.4516
Call to place your ad today or visit our website!



Non-Profit Events

Christmas Craft Fair,
New Hampton Community Church,
14 Church Lane, November 17th.
9am-2pm, Lower Level

Misc. For Sale

Assorted 18" doll clothes; \$5/oufit.
Email cathy.grondin@yahoo.com
or call/text 603-631-7831.

FOR SALE:

ONE LARGE GASIFICATION
BOILER WITH BOIL BURNER AND
MANY PARTS, GREAT SHAPE,
\$5500.
ONE PIZZA OVEN - 2 DOORS
WITH STONE BOTTOMS, GAS,
EXCELLENT SHAPE, \$500.
CALL 603-586-4487

**MEREDITH - Blue Ridge Hickory
Plank Flooring.** AA wood backing,
1st grade. 1,050 sq.ft. in original
boxes. \$1,900.00. Call 677-6994.

OLD NH FISH and Game, ca.
1890, bearing laws, penalties and
seasons on moose, caribou,
furbearers, fish, etc. measures
12"x18" May be seen at the
Coos County Democrat,
79 Main St., Lancaster, NH.
Price, \$4; if mailed, \$8.
Call 603-788-4939 or email
lori@salmonpress.news

OLD NH FISH and Game, ca.
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Are published Free of Charge.
30 words for 1 week.

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Are Charged at our regular classified
rates.

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Are Charged at our regular classified
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or go to
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24/7

**HAVE YOU SEEN ME?
I AM LOST!**
MY NAME IS BUDDY
I am a 5 year old, 16 LB. buff
colored male cat. I live on
Pinnacle Park Road
PLEASE CALL MY FAMILY
at 279-7000.
Reward if found.

**HAVE YOU SEEN ME?
I AM LOST!**
MY NAME IS BUDDY
I am a 5 year old, 16 LB. buff
colored male cat. I live on
Pinnacle Park Road
PLEASE CALL MY FAMILY
at 279-7000.
Reward if found.

Still Lost!
Shane - Shetland Sheepdog
White/Tan/Black
10 Years old
We are hoping someone may
have him or have seen him?
-Lost in Laconia NH-
August 27, 2016
Do not chase. Old and New
Leads appreciated.
For more info see
[www.facebook.com/
shaneshetlandsheepdog](http://www.facebook.com/shaneshetlandsheepdog)
Call Owner 603-365-1778
or Granite State Dog
Recovery
1-855-639-5678

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Meredith News
Record Enterprise
Winnisquam Echo
Newfound Landing

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\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

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Call Our main Call Center
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or place online 24/7 at
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Deadline:
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LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon,
Cats \$70-\$85. Dogs at Conway clinic,
starting at \$100. NH and Maine
income qualified plans. Military
discounts. Rozzie May Animal
Alliance, a dedicated spay/neuter
nonprofit. Sign up on line
www.RozzieMay.org or call
603-447-1373

General Help Wanted

**FRAMERS AND LABORERS
WANTED**
Wallace Building Products is a
successful and growing
manufacturer of building products
for the construction industry. We
seek full-time Framers and
Laborers to join our team in
Danbury NH. This position will work
with other employees to build
rough-framed walls in a shop
environment. Framing experience
is a plus, but we will train.
Apply in person at 1525 US Rte 4
in Danbury NH.

GSIL is seeking compassionate,
dependable personal care
attendants to assist consumers living
independently in their homes. Duties
include, but not limited to: personal
care, grooming, laundry, errands,
light housekeeping and hoyer lifts.
Prior personal care experience is
helpful but, we are willing to train the
right people. \$10.25/hr. For more
information contact Ashley at
603-568-4930 or atruong@gsil.org

THE FLYING MONKEY
Plymouth NH - Help Wanted-
Multiple Positions Available!

Part-Time Help Wanted

Starr King UU Fellowship
Plymouth, NH -
NURSERY CAREGIVER - Sundays
9-11am, infants/children to age 4,
through June 2019. Flexibility 18+,
Childhood education experience,
Infant/Child CPR, Background check
-Contact: RE Director
dre@starrkingfellowship.org
603-996-1206

Professional/ Technical

Organist Choir Director
The Community Church of
Sandwich is looking for an
energetic organist to lead our choir
and congregation in music at all of
our worship services, special
services, weddings and funerals.
This person will coordinate with the
pastor the planning of the services
and periodically direct volunteer
singers and instrumentalists during
the worship service. We are looking
for a person with zeal and
enthusiasm that will enhance our
spiritual growth through their gift of
music. For further information,
please visit the Community Church of
Sandwich website at:
sandwichcommunitychurch.com

Real Estate



Equal Housing Opportunity
All real estate advertising in this
newspaper is subject to
The Federal Fair Housing Law
which makes it illegal

"to make, print, or published any
notice, statement, or advertisement,
with respect to the sale, or rental of a
dwelling that indicates any prefer-
ence, limitation, or discrimination
based on race, color, religion, sex,
handicap, familial status or national
origin, r an intention to make any
such preference, limitation or
discrimination."

(The Fair Housing Act of 1968 at 42
U.S.C, 3604(c))

This paper will not knowingly accept
any advertising which is in violation of
the law. Our readers are hereby
informed, that all dwellings advertised
in this newspaper are available on
an equal opportunity basis.

To complain of discrimination call
HUD toll free at
1-800-669-9777

For The Washington DC area,
please call HUD at 275-9200.
The toll free telephone number for
the hearing impaired is
1-800-927-9275.

You may also call
The New Hampshire
Commission for Human Rights
at 603-271-2767
or write

The Commission at
163 Loudon Road,
Concord, NH 03301
Neither the Publisher nor the
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reservesthe right to refuse any
advertising.

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The Commission at
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Comm. Space For Rent

PLYMOUTH SPACE FOR RENT:

9 Main Street. Former site of
Pemi River Fuels. Approx. 700 sq
ft.; 3 to 4 work areas depending
upon configuration. \$750 per
month including heat, snow
plowing and trash removal.
Tenant pays separately metered
electric. Onsite parking is
available. Security deposit
required. Available immediately.
Please call Brian at 536-2300.

PLYMOUTH SPACE FOR RENT:

9 Main Street. Former site of
Pemi River Fuels. Approx. 700 sq
ft.; 3 to 4 work areas depending
upon configuration. \$750 per
month including heat, snow
plowing and trash removal.
Tenant pays separately metered
electric. Onsite parking is
available. Security deposit
required. Available immediately.
Please call Brian at 536-2300.

Rooms For Rent

Roomate wanted to share
expenses in Meredith home.
Non-Smoking, Quiet, "Mature"
woman preferred. 677-2273

Legal Notices

Bristol Recreation Advisory
Council (TRCC) seeking bids for
our 'Gym Renovation Project'
Work to be completed during
January & February '19
All bids must be returned to TRCC
30 North Main St Bristol, NH
03222 by Noon on Friday,
11/23/18. RFP details available at
www.trccrec.org or call 744-2713

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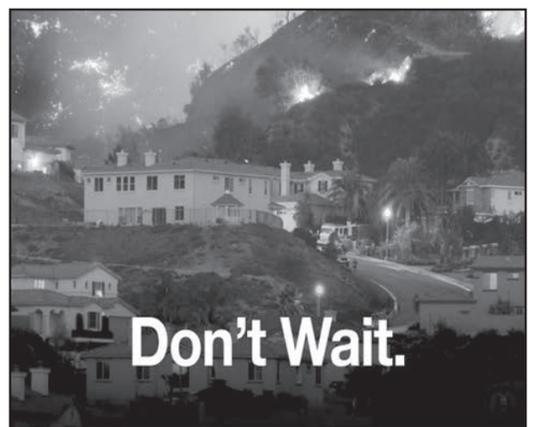


Berlin Reporter
Meredith News
Littleton Courier
Record Enterprise
Coös County Democrat
Granite State News
Carroll County Independent

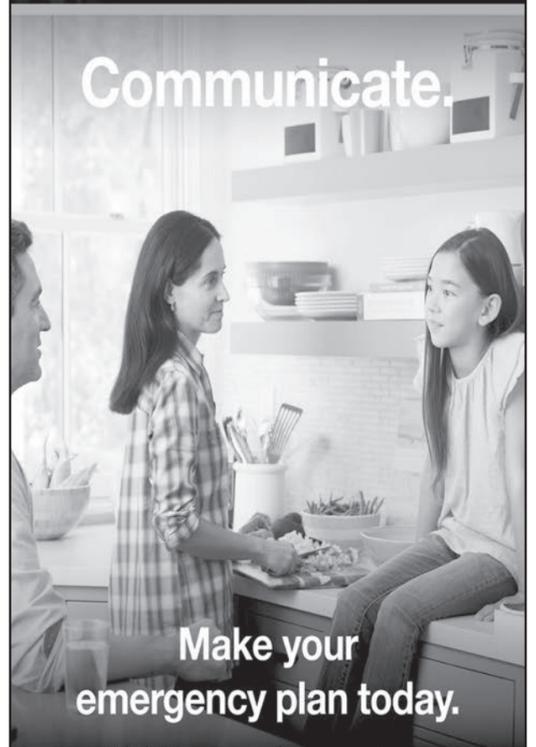
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- RN CHARGE – 36 hours (Night Shift)
- RN CHARGE/M-S – 36 hours (Night Shift)
- ULTRASOUND/ECHO TECHNOLOGIST – 40 hours
- OR NURSE SUPERVISOR – 36 hours
- RN CHARGE/E.D. – 36 hours (Night Shift)
- RN M/S – 36 hours (Night Shift)

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- COOK
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at www.ucvh.org
 Upper Connecticut Valley Hospital
 181 Corliss Lane, Colebrook, NH 03576
 Phone: (603)388-4236
ucvh-hr@ucvh.org
 EOE

INTER-LAKES MIDDLE/HIGH SCHOOL LIBRARY PARAPROFESSIONAL

Part-time, 1:00 – 5:30 p.m. Monday – Friday. Individual will provide support and services to students and staff; maintaining and supporting systems established by the Library Media Generalist; and supervising students after school.

Compensation: Salary and benefits are subject to the terms of the ILSSA Collective Bargaining Agreement. Please visit <http://interlakes.org/employment.html> for a Support Staff Application.

All applications should be submitted to:
 Ashley Dolloff, Human Resources Director at
ashley.dolloff@interlakes.org or
 Inter-Lakes School District
 103 Main Street, Suite 2, Meredith, NH 03253
 Application deadline: Open Until Filled
 EOE

Interested in all season outdoor activities? Need gear to play?

LAHOUT'S SKI SHOP
 SINCE 1920

Join Our Sales Team!

Help Wanted

Part-time Sale Associate Position(s)
 Lahout's experienced Sales Team is seeking candidate(s) with strong customer service skills to facilitate Sales of outdoor clothing products. Training provided for product knowledge. Also maintaining a positive shopping experience for the local communities and tourist clientele. Must Be Available Friday-Sunday shifts; all Holiday(s) shifts, Reliable Transportation.

Employee Merchandise discount after training period. Skiing/snowboard privileges at various local ski mtns.

Locations:
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 41 Main St. Lincoln, NH
 Contact: Dana 603-745-3334

Lahout's Cntry Clothing & Ski Shop
 127 Main St. Lincoln, NH
 Contact: Linda 603-745-6970

NCH | Upper Connecticut Valley Hospital

\$3,000 SIGN-ON BONUS
 For two years of experience staff RNs

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Contact Human Resources at
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 Apply On-line at www.ucvh.org
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 603-388-4236
 EOE

Energysavers Inc.
 Since 1975

Full-Time Installers Assistant

Energysavers Inc, a 44 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. **LEARN WHILE YOU EARN!**

No prior experience required. Must have a valid driver's license. Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



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HELP WANTED

3 LAKES LANDSCAPING

Landscaping Foreman/Leader
 Plymouth, NH
 Full time position available for Landscaping professional for hardscapes and snowplowing.
 1 to 3 years experience preferred.
 Valid driver's license and clean record.
 Must be able to work outdoors in all types of weather. Overtime available.
 603-728-8116 or email 3LakesLandscaping@gmail.com

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 A Non-Profit Community

Opening Soon – The Meadows at Golden View, our newest contemporary upscale-living neighborhood

Please join us at our open house
 Thursday, November 15
 8am-10am and 4pm-6pm
 19 NH Route 104, Meredith

Candidates may speak to a department head, submit an application or leave their contact details.

We are seeking employees who share our values and commitment to quality care and compassion for our residents.

Customer Service Representatives
 Part-time. Full-time.
 Great time.

We have customer service opportunities with a variety of schedules. Those with seasonal/occasional availability are also encouraged to apply.

Employees enjoy discounts at Garnet Hill, Ballard Designs, Frontgate, Grandin Road, QVC, HSN, and Zulily.

Join a talented team that works and laughs hard.
 40% of us have been here 10+ years! Find out why: apply at garnethill.com/careers or Franconia headquarters.

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**DEPUTY TOWN CLERK/
TAX COLLECTOR**

- Must be detail oriented
- Must be proficient in office work
- Must be willing to learn a variety of computer programs, as well as laws and regulations
- Must excel in communication skills
- Approximately 22 Hours/Week

Candidates must be a Rumney resident and able to pass a criminal and motor vehicle record check, credit check and able to be bonded.

Pay will be commensurate with experience. Rumney is an EOE.

Send resumes to selectmen@rumneynh.org.



98 Valley Road Waterville Valley NH 03215

NOW HIRING

Front desk guest services representatives.

Enjoy athletic club privileges in a clean, modern resort based athletic club assisting members and guests with check in and other guest service needs.

Great starting pay and flexible hours. Get on board now for warm indoor winter employment!

Call 603-236-8303 ask for Rene or Diane



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We are currently recruiting for shipping/receiving personnel on 2nd shift. Position responsibilities include data entry, loading and unloading product, UPS and FedEx online, experienced in the use of fork lift/clamp trucks, palletizing, shrink wrapping and other packaging duties.

We offer everyday value to our customers. We are a fast-paced, flexible, and people oriented business. We are stable, established, and strong!

If you have experience and talents to bring to our table we want to talk to you!

COME JOIN OUR TEAM!!!!
We aren't just employees we are owners!!

Interested candidates please forward your resume to:
UPPER VALLEY PRESS, INC.
Attn: Human Resources
446 Benton Road, North Haverhill, NH 03774
email: charrington@uvpress.com



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SAWMILL AND
PLANER MILL WORKERS

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BENEFITS INCLUDE
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or email precisionlumber@lumbemh.com
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Precision Lumber Inc.
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WWW.LUMBERNH.COM

PEMI-BAKER REGIONAL SCHOOL DISTRICT
PLYMOUTH REGIONAL HIGH SCHOOL

COACHING OPPORTUNITY
2018-2019 School Year

Nordic Ski Coach
Salary \$3,011.68 plus - depending on experience.

Any interested applicants, please send coaching resume and references to:

James Carey, Director of Athletics
Plymouth Regional High School
86 Old Ward Bridge Road
Plymouth, NH 03264
jcarey@pemibaker.org

TOWN OF THORNTON
PART TIME
DEPUTY TAX
COLLECTOR/MUNICIPAL
CLERK

The Town of Thornton is seeking candidates for the position of Deputy Tax Collector/Municipal Clerk. This position is part time and will consist of 18 to 20 regularly scheduled weekly hours and occasional evening, on-call or additional hours as may be required.

This position is Labor Grade 6 with an hourly pay range of \$14.99 to \$21.15 depending on experience. A full job description and application is available at Thornton Town Office on the town's website at:
<http://www.townofthornton.org/>

Applications must be submitted by 3:00 pm on November 29, 2018 to:
Debra Shepard, Town Administrator
Attn: Deputy Tax Collector/Municipal Clerk
16 Merrill Access Road
Thornton, NH 03285

The Town of Thornton is an equal opportunity employer.



BURNDY®

Join our growing team!

Burndy is looking for experienced CNC Machinists on all 3 shifts in our Littleton and Lincoln, NH locations!

We offer competitive wages and benefits including medical, dental, vision, life insurance, disability, tuition reimbursement, paid vacation, 11 paid holidays and more.

Come visit our factories and apply

In Lincoln at 34 Bern Dibner Drive, Lincoln, NH 03251
ppinkham@burndy.com

In Littleton Industrial Park, 150 Burndy Rd. Littleton, NH 03561
cnetska@burndy.com

See all our open positions and apply on line at:
<https://careers.hubbell.com/>

Other open positions

- Plating Technician (Lincoln)
- Machine Operators
- Entry level factory positions - we will train, no experience necessary
- Manufacturing Engineer
- Safety Supervisor (Littleton)
- Engineering Manager (Littleton)
- Planner

Burndy is a wholly-owned subsidiary of Hubbell, Inc., an equal opportunity employer M/F/Veteran/Disability

All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class

**Steel Erectors,
Metal Roof & Siding Installers
Foreman, Leadmen
And Laborer Positions**

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

Join Our Team

Positions Available:

- Waitstaff
- Chef
- Bartender
- Busser
- Dishwasher/Prep

The Corner House Inn
Center Sandwich, NH
284-6219
info@cornerhouseinn.com



Loon Mountain Resort

Work at Loon and you will have the power to make someone's day, feel good about your work, and enjoy the beautiful outdoors.

We have a variety of jobs that match your passion for fun and outstanding employment perks. Some of the jobs include:

- Property Maintenance Supervisor
- Tuning Technician
- Grounds Workers

To apply online please visit: www.loonmtn.com/jobs
Equal Opportunity Employer

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Full-time position in a fast-paced office environment. Computer experience and organization a must. Full benefits and 401(k). Download application from web site or send resume to: King Forest Ind. PO Box 230, Wentworth, NH 033282

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RESULTS**

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www.salmonpress.com



BOB MARTIN

Evan Judkins lays down a nice hit during Sunday's win over Raymond.



BOB MARTIN

Brycen Wiles finds a hole for the Bears on Sunday.



BOB MARTIN

Garret Mango makes a leaping catch with a hand in the face against Raymond.

Bears roll over Rams and into Division IV finals

BY BOB MARTIN
Bob@Salmonpress.news

TILTON — The Winnisquam Regional High School football team has been remarkable all season with eight wins and no losses, and the undefeated Bears are now

heading to the Division 4 state title game against rival Franklin on Saturday after pummeling Raymond 40-0.

The lopsided victory was the most recent of many big wins this season for the Bears,

who made a major turnaround from last season's injury plagued campaign. The team was led by a fantastic passing attack by sophomore Phil Nichols, a consistent running game and fantastic defense.

The Bears came out firing early and took a lead in the first two minutes of the game on a three-yard touchdown run by Nichols to make it 6-0. After a botched snap by Raymond, Winnisquam took over again at the Raymond 25-yard line and marched down to the goal line.

Angelo Glover fumbled on the goal line and Raymond recovered at the two-yard line. However, Raymond fumbled a handoff in the end zone and Brandon Marceau of the Bears recovered in the end zone for a score. Trevor Gray then kicked the extra point to make it a 13-0 game with more than five minutes left in the first quarter.

The next drive for Raymond was a tough one also, with the Rams going three and out highlighted by a nice hit by Evan Judkins on the Raymond quarterback to break up a pass. The Bears took over on the Raymond 40-yard line and wasted no time marching downfield. Nichols tossed a 35-yard pass to Garret Mango to once again knock on the door. It was a great catch by Mango, who had a hand in his face amid tight coverage. After a holding penalty by the Bears, it was first and goal at about the 18-yard line when Nichols found Cooper French in the end zone to make it 19-0 at the end of one quarter.

"He was wide open in the corner and I looked around and I saw him," said Nichols.

In the second quarter with about 7:30 left in the game, on third down and nine, Nichols threw a bomb to Gunnar Horman and connected for a 68-yard touchdown pass. The extra point was good and it was 26-0, which was the score that stood at halftime.

"I saw they were playing loose coverage and Gunnar can beat any

D-back in this division," said Nichols.

In the third quarter, with the Bears dominating, seniors Glover and Brycen Wiles used a great rushing attack to get down the field and eat clock. Wiles rushed it in from five yards out with about nine minutes remaining in the quarter. Gray kicked the extra point to make it 33-0.

The final score came at the end of the third quarter when senior Xoren Powell took the ball in from two yards out. The extra point made it 40-0.

As time wound down, sophomore Nolan Perrino had a nice interception and the Bears secured the win.

Coach Pat Riberdy said there were some things that worked better than others, but he was happy with the shut-out win. He said the defense played well, as it forced four turnovers on the day. The team also passed well. Normally Glover is the focal point of the rushing game, as he has more than 1,000 yards on the season, but Riberdy said Raymond keyed in on him and it was up to the rest of the team to make up for it. He said the Bears did a good job dealing with that type of adversity. He also commended Glover for his play, saying that while the statistics don't show it, he played a tough game that helped lead the team to victory.

"We had receivers open all over the field because they put pressure on Angelo," said Riberdy. "He did his job today."

Glover sustained a small injury when a player landed on him awkwardly but he is expected to be okay for the state final game. Kobe Briand also had a hip injury in the game, but is also expected to recover by game time. Other than that, the team is doing very well health-wise.

"We're at full strength," said Riberdy.

Nichols was 9/12 with 196 yards and two touchdowns on the day. This amounts to a quarterback rating of 156.3,

nearly perfect. He also ran the ball three times for 19 yards and a touchdown.

Glover rushed 10 times for 42 yards while Wiles ran the ball six times for 57 yards and a touchdown. Powell had 22 yards rushing on seven carries, along with a touchdown. Perrino rushed twice for 19 yards.

Horman had four catches for 114 yards and a touchdown. Mango had two catches for 41 yards. French had is one touchdown catch.

Judkins led the team with eight tackles, followed by Nichols with six tackles. Horman had a tackle and an interception. Perrino also had a late game interception. Powell and Marceau each had a fumble recovery.

With the final game approaching, Nichols is amped and ready to go up against the Golden Tornados in a matchup against longtime rivals. The two schools are located only a few miles from each other.

"We've been working all season for it," Nichols. "We came into the playoffs 0-0. The regular season was past so we started working and now we're in the championship."

Nichols added, "It's going to be a good one. It's going to be a packed house."

Riberdy returns to the state title game for the first time since 2009, where the Bears were knocked off 6-0 by Inter-Lakes in a defensive battle. He said this is proof that just about anything can happen in a high school playoff game, and he said the team just needs to be ready to play.

"I tell the kids, the same thing we said all season, you had a goal so let's finish it," said Riberdy. "One game at a time. Work, keep working hard, plan ahead, know what your goals are and fight to the end. Good things will happen and that's what's happening for them. They're pretty excited."

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