

# Winnisquam Echo

THURSDAY, NOVEMBER 1, 2018

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

## Annual Halloween celebration turns Tilton into a spooky "Wonderland"

BY DONNA RHODES

dhrhodes@salmonpress.news

TILTON – It was a grand time in downtown Tilton last Friday evening, when Main Street was closed from 3-6 p.m. for the annual Halloween Trick or Treat Extravaganza where not only did the downtown businesses invite boys and girls to stop by for treats, there were also many Trunk or Treat participants parked along the street as well.

With music and live broadcasting provided by radio personality Fred Caruso of Mix 94.1 FM, hundreds of families made their way door-to-door and trunk-to-trunk, pausing only to take a trip through the Tilton-Northfield Rotary's Haunted House in front of Twelve 31 Events and Catering. It wasn't

just the little ones who dressed in costumes for the event either. Moms and Dads, grandparents, pets, and even some adults without any children in tow all got into the spirit of the event.

"Why not dress up? It's a lot of fun," said one woman from Tilton who was out on her own enjoying the sights.

For many it was also a real treat to see Gov. Chris Sununu stop by to have some fun as well.

"I'm a Halloween nut — I love it! Tim Lang (N.H. State Representative for Tilton and Sanbornton) told me about this so I said 'Let's go,'" Sununu said between "selfies" with many of the attendees. "I have to say that Chief Bob Cormier did a great job in closing the street down and SEE HALLOWEEN, PAGE A12



Gov. Chris Sununu (far left) and New Hampshire State Representative Tim Lang (far right) stopped by "Wonderland" last Friday afternoon when they attended the annual Halloween street party in Tilton. Greeting him were the members of the McClain family who decorated their vehicle for an Alice in Wonderland Tea Party as part of the Trunk or Treat festivities.

DONNA RHODES

## Anniversary Committee discusses ideas for celebrating Tilton's 150th

BY DONNA RHODES

dhrhodes@salmonpress.news

TILTON — The Town of Tilton will be celebrating its 150th Anniversary in 2019, and a small group of residents are busy planning events for the yearlong celebration. Last week they met for the second time to review ideas they had come up with then decide where they would begin.

Committee Chair Kelley Sedgley, who owns The Sign Shop in Lochmere, provided a sample of a banner she had designed for their consideration. Her sample had the dates 1869-2019 on top with room for a graphic in a white oblong area in the center.

She felt either a logo or perhaps a series of photos of historic figures, such as founder Charles Tilton, could be used to help adorn the banners. The committee also discussed how local businesses, organizations and even families might like to sponsor one or more banners with their name written below the center graphic. Joe Jesseman, serving on the committee as a resident and not representing the Board of Selectmen, advised the group that members of the new First Impressions committee have discussed ideas to place banners in town also. Town Administrator Jeanie Forrester

said many ideas coming out of that committee may overlap what the 150th Anniversary Committee is doing and they agreed the two groups should work together on some ideas they share.

Judy Tilton offered to take on the task of getting a state historic highway marker placed in Tilton and said she would work on putting together a walking tour/map/guide to the town for residents and visitors to reference.

Among the other activities they will also begin working on right away is a time capsule. Forrester, who lives in Meredith and served on SEE 150TH, PAGE A12



Patricia Copeland, Supervisor of Volunteer Activities at New Hampshire Veterans Home in Tilton, looks forward to seeing everyone at their Holiday Craft Fair this Saturday where there will be more than two dozen local artisans and crafters, a visit from Santa and much more.

COURTESY

## Get started on your holiday shopping at Veterans Home Holiday Craft Fair

BY DONNA RHODES

dhrhodes@salmonpress.news

TILTON — Shoppers will have an opportunity to get started on their

holiday gift-giving list this Sat., Nov. 3, when after a long hiatus, the New Hampshire Veterans Home will once

again be holding their Holiday Craft Fair.

The traditional craft fair was held for several years before organizers decided to take a break from the event nearly 10 years ago. This year Patricia Copeland, Supervisor of Volunteer Activities at NHVH, decided to roll up her sleeves and resurrect the popular fair however and it promises to be a great time for residents at the facility as well as the general public.

The 2018 Veterans Home Holiday Craft Fair will take place from 9 a.m. – 3 p.m. on Saturday, featuring 31 vendors with all types SEE CRAFT, PAGE A12

## Halloween comes early to Sanbornton

BY DONNA RHODES

dhrhodes@salmonpress.news

SANBORNTON – Halloween came early to Sanbornton this year, but that was just fine with the dozens of families who enjoyed some Halloween pancakes prepared by the Sanbornton Fire Department as well as the Trunk or Treat festivities, which took place in the Sanbornton Central School parking lot. Homes were also invited to turn on their lights that night if they were handing out treats to all the little ghouls and goblins this year.

Firefighter Ken Carleton said last year's pancake dinner for all the Trick or Treaters was such a big success that they decided to hold it again this year. Not only did the children enjoy the pancakes, juice and hot chocolate, they also



Decked out in his Halloween costume, eight-year-old Dylan looked forward to enjoying the Halloween pancake dinner hosted by the Sanbornton Fire Department last Sunday.

DONNA RHODES

liked talking with the firefighters and EMTs and getting their photos taken with them.

"This is awesome,"

said Logan, who was attending for the first time. While the six-year-old said he liked meeting all the firefighters on hand

for the dinner, he hoped they didn't mind if he wants to be an astronaut instead, as evidenced by his costume.

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# Halloween Comes to Tilton & Sanbornton

All photos by Donna Rhodes



## 2018 Salmon Press Holiday Gift Guide

Published Thursday,  
November 15<sup>th</sup>

Gift Guide West  
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Plymouth Record Enterprise,  
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# Halloween Comes to Tilton & Sanbornton

All photos by Donna Rhodes



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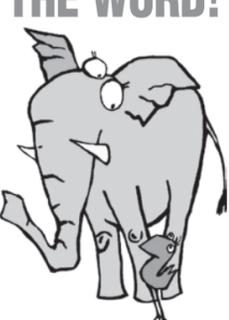
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# Opinion

A4 Thursday, November 1, 2018

WINNISQUAM ECHO

## EDITORIAL

### On voting

This is not an editorial about politics. This is not a column written in support of a candidate. This is not even about any particular upcoming election or issue or policy. This is actually an editorial just about voting.

For most of us, voting isn't super exciting. It's not a holiday around which we can theme a cook-out or picnic or party. No one wishes anyone a Happy Election Day and children definitely do not clamor to be taken to the polls to watch the voting process. But wouldn't it be terrific if they did? What if we treated elections the way we treat Super Bowl Sunday? What if we made it the "Big Deal" that it truly is? Why don't all Americans love voting? Does voting need a marketing make-over? Maybe so.

Think about it: your vote is your voice. It is your most powerful way to decisively state your preference. No one can or should influence your vote. Your vote is an actual, documented and counted opinion. It's better than a Facebook "like," or a retweet or a swipe. It means even more than holding a sign, or having a bumper sticker, signing an online petition, or sending an email.

Voting, in our country, is a right. It cannot be taken from you. Throughout American history, it has been fought for, debated, argued, amended and signed into law...for you. What was once a privilege restricted to a single, narrow segment of the population is now a freedom that all Americans are literally born with.

Yet for many, voting is a guilt-driven, exasperating, burdensome task, one that often prompts exclamations like "What's the point?" or "Why do I have to do this?" It's one more thing to do on a busy work day, and inspires inner arguments: "What if the lines are long?" "I can't stand any of these politicians!" "Should I vote for or against Issue whatever?" "I don't want to admit how little I really know about anything on the ballot." In the same spirit of granting Election Day a status equal to major football games, what's needed is just a little pre-game prep. You wouldn't predict your Super Bowl winner without at least knowing the teams' records. Do the same with those candidates and issues! We have so much information at our fingertips today, including right here in the newspaper you are reading. You know more than you think.

Along with voting, we are granted the right to express opinions. Active, engaged citizens can and do discuss issues and situations and very often disagree with one another. Voting is the civilized expression of putting action behind words. Anyone can speak an opinion. Anyone can also vote in matters relating to that opinion. If someone chooses not to vote, their opinion, while no less valid, is nonetheless wasted. Your vote is your choice to use your voice...and to truly make it heard.

On Tuesday, Nov. 6, don't sit this one out. Your vote is real. It is counted. It matters.

Vote!



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Telephone: (603) 279-4516  
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**Frank Chilinski, President & Publisher**  
**Ryan Corneau, Business Manager**  
**Brendan Berube, Editor**  
**Donna Rhodes, Reporter**  
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Email: [brendan@salmonpress.news](mailto:brendan@salmonpress.news)  
Classifieds: [classifieds@salmonpress.news](mailto:classifieds@salmonpress.news)

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## PET OF THE WEEK

## BAILEY

Introducing Bailey. She is a stunningly beautiful silver slate colored medium furred snuggle buddy that has been with us since May. Brought to us due to the health issues with her human caretaker, Bailey has been on the lookout for that special someone who will give her the love and patience of time to allow her to really blossom and reveal her loving personality. Bailey is a very discerning lady who knows what she wants, and at nine years old, it's what she deserves. As with most cats, her eyes

speaking volumes and with Bailey as you see when you look into her expressive and mesmerizing moonlight colored eyes, that her tough girl look is an ultra sheer veneer to the sweet lovebug that is her true heart and soul Content to find those soft and quiet places to nap and soak up the sun, Bailey is a queen and looks forward to being in that forever home where she will be adored and the focal point of her human attention and love. For more information visit, [nhhumane.org](http://nhhumane.org) or call 524-3252.



## LETTERS TO THE EDITOR

### Gunstock a legacy for Belknap County

To the Editor:

One of the many questions I have been asked during my campaign has been about whether or not we should "keep" Gunstock as a Belknap County facility. While reading about this Lakes Region recreational attraction, I was amazed to find that it is quite rich in historic value. Created in 1937 as a New Deal project during the Great Depression, the development and operation of Gunstock had employed many otherwise jobless, New Hampshire citizens. It was not only the first New England ski facility to operate a chair lift, but was the site of the first 60-meter ski jump meet. Over the past 82 years, Gunstock has provided winter (and eventually summer) recreational activities for both local residents and tourists from all over.

Some people have labeled Gunstock as an "economic drain" on Belknap County. However, while it might not always perform as an actual "money maker," it is, for the most part, self-sustaining and, despite its financial performance, has an intrinsic economic value. It brings tourists into Belknap County, serving to stimulate our local economy throughout the Lakes Region by bringing revenue to our hotels,

restaurants, retail stores and attractions. It also provides jobs for citizens of the Lakes Region either through direct Gunstock employment or through employment by those same hotels, restaurants, shops and attractions. These employed citizens then add revenue back to our local economy as well.

But beyond any economic benefit, is another even more important, intrinsic value; having the Gunstock facility available for all the citizens of Belknap County and New Hampshire to experience and enjoy. Just knowing that Gunstock's natural beauty will always be there for our children and our children's children, makes it a true legacy for the Lakes Region. That is why the past, present and future good times and happy memories that have been a New Hampshire birthright for over 80 years, need to remain under the control of our own Belknap County. There are some things that you just cannot put a price on.

My name is Bill Whalen and I am asking for your vote for Belknap County Commissioner District 1 on Tuesday, Nov. 6.

*Bill Whalen  
Sanbornton*

### Re-Joyce in Merrimack District 3

To the Editor:

I am honored to support Joyce Fulweiler for Merrimack District 3 state rep (Northfield and Franklin). She has served the citizens of Northfield and Tilton for almost 30 years in different roles from state rep in the 1990's to Town Administrator of each Town until her retirement this week from the Town of Tilton. I came from a business only background, and found democratic institutions frustratingly inefficient and slow - over the 11 years I worked with Joyce, she would school me on the importance of listening to everyone. She'd say while it may be a slow process, it's the most important aspect of government, to listen and include all views. Over the years she's been a passionate force behind some of the best local initiatives benefiting our communities including Knowles Pond Conservation area, the Winnepesaukee River Trail, several EPA cleanups, and a multitude of smaller projects - in fact, Johnson Road in Northfield is named for her, recognizing her service to the Town of Northfield.

I believe some reps in the state house who serve term after term start believing they know what's better for their constituency than their constituents do, Joyce is not like that. She's passionate about fairness and equality and toward that end she listens to and considers all opinions. She is committed to fighting state "down-shifting" of costs where it is all

to easy for state government to pass the buck down to local communities who are already overburdened by high property taxes. For Northfield and Franklin the 4 percent reduction in education stabilization is one such example of an unfair and arbitrary shirking of responsibility by state government. Joyce is committed to a moratorium of this unfair reduction which is burdening taxpayers and threatening local education.

Joyce cares deeply about people, not just the numbers of the day or her friends who are well established in the community. She cares deeply for the elderly, the grandparents raising their grandchildren, for those in recovery, and for those quietly enjoying life in this beautiful area - because she believes in the goodness of the people of these communities. She's taught me a lot about government, about listening and sometimes putting down the spreadsheets and understanding the important role state and local government play not just in the values of our homes and jobs, but also in the quality of our lives and our children's lives. If you want to have a passionate vote in the state house representing you in Merrimack District 3 (Northfield and Franklin), please vote for Joyce Fulweiler on Nov. 6.

*Tim Pearson  
Tilton*

### Why vote Republican?

To the Editor:

Let's talk about all the good things that have happened since January 2017 when Republicans became the majority in New Hampshire and in Washington, D.C.

- Unemployment in New Hampshire is at a low 2.6 percent. The lowest in New England. (Bureau of Labor Statistics)
- New Hampshire is the 15th best state in the

country in terms of business climate and taxation, the best in New England. ([unionleader.com](http://unionleader.com))

- New Hampshire has no sales or income tax with median income of \$70,936 per year; we have a more robust economy than other states ([unionleader.com](http://unionleader.com))
- Gross domestic product (GDP) jumped 4.2 percent, the best pace in four years ([cnbc.com](http://cnbc.com))
- Black, Latino, Women's and Youth unemployment falls to historic lows ([Washingtonpost.com](http://Washingtonpost.com)) ([wsj.com](http://wsj.com))
- The stock market hit 26,000 for the very first time in history. ([usatoday.com](http://usatoday.com))
- US Manufacturing at highest level in 14 years ([foxbusiness.com](http://foxbusiness.com))
- Wages have risen 2.9 percent from a year ago ([wsj.com](http://wsj.com)) and median household income has risen 3.2 percent, the highest since 1999 ([businessinsider.com](http://businessinsider.com))

With all the positive results of a Republican majority why in the world would anyone vote democrat and cause a downward spiral in economic growth, an increase in our taxes, increase regulations, open borders and illegal voting? As President Trump has said, "the only reason to vote democrat is if you are tired of winning."

The contrast between Republicans and Democrats this election could not be more clear. Come Nov. 6, you have two choices; SEE LETTERS, PAGE A13

## Send your letters!

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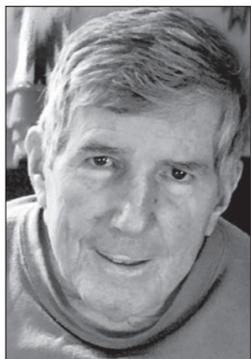
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North Country Notebook

# A Series game at Fenway Park, and moments frozen in mind



By JOHN HARRIGAN  
COLUMNIST

When I was assigned to photograph a World Series game 43 years ago, the thing that most impressed me (at first) was how easily we found a parking spot at Fenway. But what took the cake was when I came face to face with Tom Yawkey, yellowed shirt and all.

I'd only been to Fenway Park twice, once when I was 10 or so and saw Ted Williams climb the Green Monster to snag a fly, and the second time with kids of my own, which consisted of endless trips for more popcorn and hotdogs.

This time was different. I was a member of what the rest of the world called the Working Press. And my Nikon and three lenses and I were about to go into a rooftop world, and what I'll always remember as First Class, Boston's best.

+++++

Joe McQuaid was the New Hampshire Sunday News editor back then (he's now a sort of retired Grand Lord Pooh-Bah), and I called him up the other day to ask why he assigned me and sports reporter C.J. McCarthy that day back in 1975 to that first game, pitting the Red Sox against the Cincinnati Reds.

"I don't know; we had the resources, and I guess I sent you because we could," Joe recalled. "We just wanted our own guys down there, and you guys were it."

I went down with my old and trusted Nikon frame and three lenses--a 50 mm, a 250 mm and the big, heavy 500 mm, the biggest lens we had.

"You have to have a tripod to use that lens," fellow photographer Chis Goudas had warned me, but in fact, the lens was so heavy that it practically cancelled out any shakes.

After C.J.'s miraculous parking, I headed for the main gate, but he hauled me back.

"We're going that way," he said, pointing to a short stairway, a uniformed guard, and an elevator to the roof.

It was like the first time I emerged from a long hike up through woodlands and scrub to gain my first above-timberline experience ever. I was about to enter a whole new world.

+++++

There are catwalks all over Fenway's first- and third-baseline roofs.

"We're going right," C.J. yelled against the city's background noise, the wind, and the growing roar from the crowd.

And there, standing at the Y's junction, was Tom Yawkey--old guy, close-cropped grey hair, yellowed white shirt, faded khakis, and, of course, those infamous

saddle shoes.

"Hello boys, welcome to Fenway!" Mr. Yawkey said as C.J. tried to stammer out introductions. "Of course I remember you," he told C.J. "We're always happy when someone comes down for the Union Leader" (even though we were technically there for the Sunday News--he, like so many people, thought they were one in the same).

Mr. Yawkey asked where I was from, and I replied that it was probably somewhere he'd never heard of, but oh no.

"Let's see," he said, gears whirling in his head. "That's just south of Pittsburg. Ted Wil-



COURTESY  
**Tom Yawkey (Cracked.com)**  
liams had a lot up there he was thinking of putting a camp on."

Exactly right so far. But wait--there was more. Mr. Yawkey, really into the geographical thing now, was struggling for a name.

"We had a really dedicated fan up there, even



COURTESY  
**Fenway Park, one of the two oldest ballparks remaining from Major League Baseball's days of yore. It has survived out of love by its fierce Red Sox fans. (Fenway Park Wallpaper)**

and said "You boys need something, just raise a hand and wave," which we had reason to do several times, and someone

thing mounted was electronically driven. All he had to do for most of the game, panel in hand, was push buttons.

bers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

## STRATEGIES FOR LIVING

### History and 537 votes

BY LARRY SCOTT

537 votes! That is all it took to declare George W. Bush President of the United States in the 2000 election. The Florida cliffhanger will go down as the closest and most contentious elections in the history of the United States.

Legal wrangling, suits and counter-suits, counts and recounts, held off the final verdict until the stand-off was settled by the U. S. Supreme Court on Dec. 12, 2000. Thousands of Floridians agonized during those days with the realization that, had they voted, they may well have changed the history of these United States.

We have often been told that every vote counts. Only on occasion, however, do we have such dramatic evidence of that truth. Although it is sometimes evident in local elections, this was the first time we have seen the impact of an individual vote on a national level. Little did we know that within just a few months, we would be looking to this President for direction during the catastrophic days of Sept. 11, 2001. Unbelievable!

I am proud to be an American, but I must admit, I have been embarrassed by the conduct of men and women who should have enjoyed my respect. In times like these, it is clear that we need to choose our leaders carefully. These are tumultuous times but those who speak for us must do so with civility and common sense.

No matter where you come out on the issues, the "opposition" is energized and will be out in force. You owe it to your country to make sure your convictions are recognized, and that the outcome of this election will be to the betterment of our great nation. The state of the economy, the balance of power in Congress, respect for the Constitution as written, and, perhaps, even the status of the Presidency, all hang in the balance. This is no time to be neutral; we must each take a stand ... and vote!

I am especially concerned that every Christian, every person who respects the principles taught in God's Word, makes this election a matter of prayer and

careful consideration. To say that we need divine direction in times like these is to put it mildly.

I recognize -- and respect the fact -- that sincere and dedicated Christians vote on both sides of the aisle. That is OK! What is not OK, however, is to leave the future of America in the hands of those antago-

nistic to the claims of the Gospel of Jesus Christ. People of God: it's time to take get involved!

We will have a preliminary indication, on Wednesday, Nov. 7, of the direction our nation will take over the next two years. They are guaranteed to be difficult years. The issues that divide us are too volatile to go away and

Congress is not going to resolve them any time soon.

Whatever the outcome, we must each respect the "will of the people." Not one of us is going to be satisfied with the outcome, but we can act like mature adults. It is one thing to "stand and be counted," to make sure our convictions are given a fair

hearing. It is another thing, however, when our emotions take over and we act in ways far beneath our dignity.

Whatever your ideology, vote as if the future of America is in your hands. It is -- so vote!

For further thoughts like these, please subscribe to my blog: indenseoftruth.net.

**America's Heroes will be celebrated in the November 8<sup>th</sup>**

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## AUG 2011

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# Hall Memorial Library Highlights

Monday the 5th through Saturday the 10th

Bag Sale - Children's and Juvenile Books - \$5.00 a bag for children's picture books and juvenile chapter books. We've weeded our collection... there's a lot to choose from. The sale is located on the upper level of the library, directly across from the circulation desk. (Sorry, the bag sale does not include young adult or adult books, DVDs or Audio Books.)

Library Llama... is coming to your school! The Library Llama, a mobile library hosted by the staff at Hall Memorial Library, brings books from the public library to student and teachers in the WRSD. We recognize that for some students coming to the library is not an easy option and we want everyone to have access to the information they want and need. Here's the line-up for November: WRMS, Monday the 5th @ lunchtime - Southwick, Wednesday the 14th @ lunchtime - WRHS, Monday the 19th time/place TBA.

Teen Times in November at 3 p.m.

Monday the 5th - Writing Club

Tuesday the 13th - Sewing Club

Wednesday the 14th - Let's Play Stuff!

Thursday the 29th - Let's Make Stuff!

Friday the 30th - Fiber Arts Club

Children's Programming

Story Time - Wednesdays at 10:30 \*

Children listen to a story, recite nursery rhymes and do a simple craft. \*Please note - No Story Time on the 21st... Happy Thanksgiving!

Let's Go Lego - Saturdays from 10-2 p.m.

Special Programs for Children listed below.

Weekly Adult Programs

Chess Club - Mondays from 3-5 p.m.

Spanish Club - Tuesdays from 10-11:30 a.m.

Tech Tuesdays from 2-4 p.m. - Get help from

Jenna with your device. Sit and Knit - Friday from 2-5 p.m.

Display Case - Chess Sets from the Collection of Gene Tappen

November Calendar of Events

Monday the 5th - Bag Sale for Children/Juvenile Books Begins... ends Saturday the 10th. Great deals at \$5.00 a bag.

Monday the 5th at lunchtime

Library Llama @ WRMS

Monday the 5th at 6 p.m.

Handsewn - Crafting with Felt & Floss, Adults Only

Thursday the 8th at 2 p.m.

Cribbage & Coffee - Adults Only... Don't know how to play? Maggie will teach.

Monday the 12th - Library Closed for Veteran's Day... Thank a Veteran

Tuesday the 13th - All Day

Time For a Tune... pick a song, ask a question, play a game... entertainment with Alexa.

Wednesday the 14th at lunchtime

Library Llama @ Southwick

Wednesday the 14th at 12 p.m.

Scrabble in the Afternoon - A great way to spend a day... friends and a leisurely game. Adults Only.

Thursday the 15th at 2 p.m.

Scattergories... adults only

Saturday the 17th from 11-1 p.m.

Superhero Day - Come in Costume and participate in lots of fun superhero activities! Special guest appearance by Iron Man!

Monday the 19th... time/place TBA

Library Llama @ WRMS

Monday the 19th at 6 p.m.

The Bookers - The Stars are Fire by Anita Shreve In October 1947, Grace Holland is experiencing two simultaneous droughts. An unseasonably hot, dry summer has turned the state of Maine into a tinderbox, and Grace and her husband, Gene, have fallen out of love and barely speak. One night she awakes to find that wildfires are racing down the coast, closer and closer to her house. By morning, her life is forever changed. With courage and stoicism, Grace overcomes

devastating loss and, through the smoke, is able to glimpse the opportunity to rewrite her own story. Shreve's novel is based on the true story of the largest fire in Maine's history. (Amazon)

The Library is closed Thursday the 22nd and Friday the 23rd for Thanksgiving. Have a great holiday.

Monday the 26th at 4 p.m.

Alice in Wonderland Tea Party - Come meet the White Rabbit and play some games at our tea party.

Tuesday the 27th at 12 p.m.

The Noon Book - The Dry by Jane Harper After getting a note demanding his presence, Federal Agent Aaron Falk arrives in his hometown for the first time in decades to attend the funeral of his best friend, Luke. Twenty years ago when Falk was accused of murder, Luke was his alibi. Falk and his father fled under a cloud of suspicion, saved from prosecution only because of Luke's steadfast claim that the boys had been together at the time of the crime.

But now more than one person knows they didn't tell the truth... (Amazon)

Wednesday the 28th at 4 p.m.

YaH Book Group - The Ice Princess by Camilla Läckberg - A top-notch thriller, one of the best of the genre" (Minneapolis Star Tribune) from international crime-writing sensation Camilla Läckberg tells the story of brutal murders in a small Swedish fishing village, and the shattering, decades-old secrets that precipitated them. (Amazon)

## State officials to attend Veterans Day ceremony at NH Veterans Home

TILTON - Gov. Chris Sununu and U.S. Sen. Maggie Hassan will be among the speakers at the annual Veterans Day ceremony at the New Hampshire Veterans Home on Friday, Nov. 10 at 11 a.m. in the Home's Town Hall auditorium.

State Senator Bob Giuda, a U.S. Marine Corps veteran, is also scheduled to speak at the event, which honors all those who served in the United States Armed Forces, as well as representatives of other federal and state officials.

The event, free and open to the public, precedes another public ceremony on Saturday at the New Hampshire State Veterans Cemetery in Boscawen

Contact NHVH Program Information Officer Len Stuart at number below for additional information.

The New Hampshire Veterans Home, founded in 1890, provides high quality, professional long-term care services to the Granite State's elderly and disabled veterans. Currently home to about 200, it is the only long-term care facility in the Granite State dedicated exclusively to veterans.

For directions to the Home, please visit the NHVH Web site at [www.nh.gov/veterans](http://www.nh.gov/veterans).

## BELMONT POLICE LOG

BELMONT - The Belmont Police Department responded to 85 calls for service and made the following arrests during the week of Oct. 19-25. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Chad Laplante, age 31, of Tilton was arrested in connection with a warrant issued by Franklin District Court.

Gayle Marie Carroll, age 38, of Belmont was arrested on Oct. 20 in connection with a warrant issued by Laconia

District Court.

Anthony Callery, age 28, of Tilton was arrested on Oct. 21 as a Fugitive From Justice in connection with a warrant issued by the Massachusetts State Police.

Dakota Michael Tyno, age 22, of Pittsfield was arrested on Oct. 21 for Driving After Revocation or Suspension.

Baker Delbert, age 41, of Laconia was arrested on Oct. 22 for Driving After Revocation or Suspension, and in connection with a warrant issued by Hillsboro County Superior Court.

Misty B. Inman, age 37, of Belmont was

arrested on Oct. 22 in connection with a bench warrant issued by Franklin District Court.

Jonathan L. Currier, age 42, of Londonderry was arrested on Oct. 22 for Possession of Controlled/Narcotic Drugs, Possession of Drugs, Default or Breach of Bail Conditions, and Falsifying Physical Evidence.

Brittany Ford, age 26, current address unknown, was arrested on Oct. 23 for Operating Without a Valid License or Default or Breach of Bail Conditions.

Kevin W. Nelson, age 41, of Belmont was arrested on Oct. 23 for

Violation of Probation or Parole, Driving After Revocation or Suspension, and in connection with a bench warrant issued by Laconia District Court.

Kaylene M. Loranger, age 31, of Tilton was arrested on Oct. 23 for Possession of Marijuana and Possession of Controlled/Narcotic Drugs.

Nathaniel William Moore, age 30, of Belmont was arrested on Oct. 24 for Driving After Revocation or Suspension and in connection with two warrants, one a bench warrant and the other issued by the Meredith Police Department.

## SANBORNTON LOG

SANBORNTON - The Sanbornton Police Department responded to 27 calls for service during the week ending Oct. 27. The breakdown was as follows: one alarm, three animal involved incidents, two requests to assist another department,

one attempt to commit theft, one burglary, one domestic incident, two reports of fraud, one report of illegal dumping, three motor vehicle accidents, one motor vehicle warning, one neighborhood dispute, one request for police in-

formation, three road hazard complaints, one report of suspicious ac-

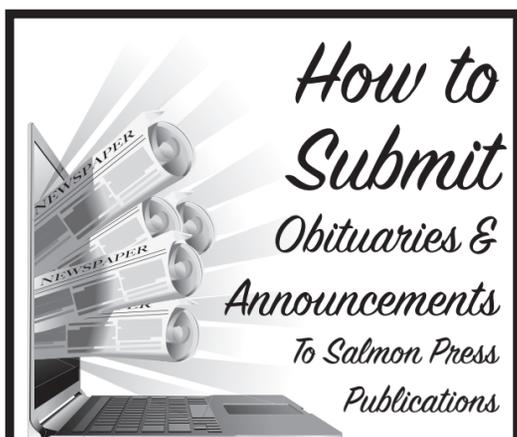
tivity, and three V.I.N. verifications.

## TILTON LOG

TILTON - The Tilton Police Department responded to 355 calls for service and made the following arrests during the week of Oct. 22-28.

Arrested during this time period were Gary Conkle (for Receiving Stolen Property and Possession of Drugs), Christopher Blodgett (in con-

nection with a warrant), Kevin Cram (for Resisting Arrest and Criminal Liability), Amanda Mills (for Willful Concealment), Steven Fereshe-tian (for Driving After Suspension), and Felix Colon (for Driving After Suspension, Misuse of Plates, and Possession of Drugs).



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Photos are also welcome, but must be submitted in jpeg format.

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COURTESY

Members of the Sanbornton Conservation Commission recently built a walking path from the Sanbornton Central School parking lot to the town library, making it much safer for children to attend library events and after school programs held there. SCS Principal Kathleen Pope and students of the library's Chess Club were joined for their first trip along the new pathway last week by Conservation Commissioners Mark Ledgard, Brad Crosby, Richard Ayers and John Earley.

## LRPC TAC Committee meets Wednesday

MEREDITH — The Transportation Technical Advisory Committee of the Lakes Region Planning Commission (LRPC) will meet Wednesday, Nov. 7 from 2-4 p.m. in Meredith at its office in the Humiston Building in Meredith in the first-floor conference room. Located at 103 Main St., next to the Meredith Public Library, the building is accessible via 14 High St., which leads to the rear entrance/

driveway/parking. November's meeting will focus on the State's Ten Year Plan by reviewing highway projects in the current transportation plan to determine which to reaffirm or amend, then reviewing and evaluating new proposals for the next plan, the 2021-2030 Ten Year Plan.

For more information about the New Hamp-

shire Ten Year Plan, please visit the NH Department of Transportation's project center at <https://www.nh.gov/dot>.

The LRPC TAC encourages all members of the public who are concerned about any aspect of transportation to attend and provide input. For additional information about this meeting, please contact the LRPC at 279-5337.



COURTESY

Julie Gnerre-Bourgeois (Giuseppe's), Kathy Cipriani (Nahamsha Gifts), Kathryn Rolfe (Oglethorpe), Michelle Brown (Mill Falls Marketplace), Anne-Marie Lavelle (Great Northern Trading Company), Bethany Lamprey (Giuseppe's) are looking forward to welcoming the business community at the Lakes Region Chamber November networking event.

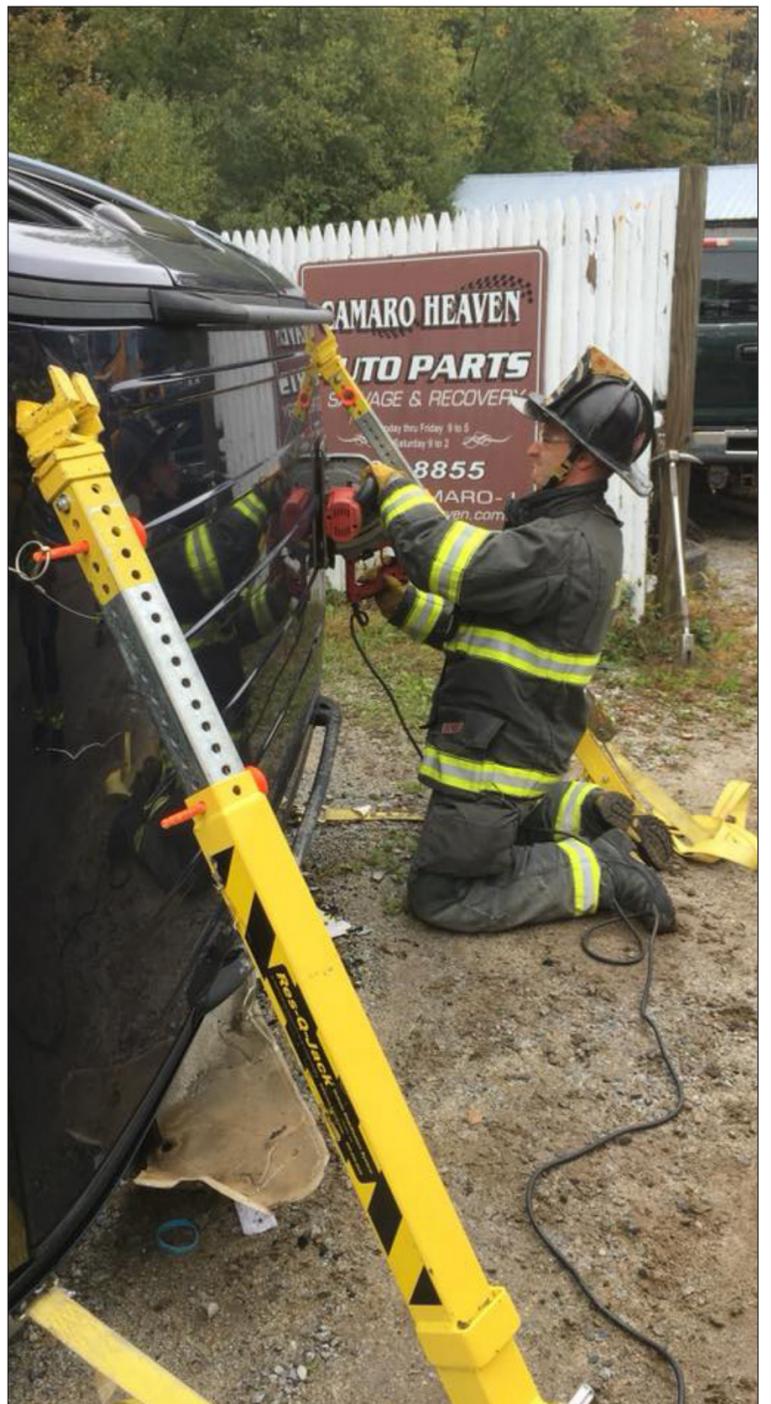
## Mill Falls Marketplace to host Chamber Mixer

MEREDITH — Mill Falls Marketplace will host the Lakes Region Chamber's Mixer Nov. 7 from 4:30 to 6:30 p.m. at 312 Daniel Webster Highway in Meredith.

This networking event coincides with kicking off the holiday season. The Marketplace features 9 fabulous shops, 3 distinctive dining options throughout the resort, brick walk-

ways, flower gardens, a 40-foot waterfall and views of Lake Winnepesaukee. The local business community will check in at The Grotto to pick up a punch card with an opportunity to network and explore this destination location that is an asset to our beautiful region. The retail shops are looking forward to meeting with local business peo-

ple. Giuseppe's will provide light food samples and a cash bar will be available at The Grotto. Attendance is free. The general public is welcome to attend. For more information or to RSVP, contact Joanne Haight at the Lakes Region Chamber of Commerce at 524-5531 or go to [LakesRegionChamber.org](http://LakesRegionChamber.org).



COURTESY

### Practice makes perfect

Members of Tilton-Northfield and Franklin Fire/Rescue departments recently held a training session at Camaro Heaven/Drew's Auto Parts in Tilton. Salvaged vehicles stored at the site gave them the opportunity to practice extraction procedures and vehicle stabilization in the event of an accident, utilizing specialized equipment for those purposes.

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# Lakes Region Scholarship Foundation hosts annual Spelling Bee

LACONIA — Last week, the Lakes Region Scholarship Foundation held its 18th Annual Community Spelling Bee at Laconia High School.

Following a rigorous competition, which lasted seven rounds, the Laconia High School Band team, "The Treble Clefs," sponsored by Baron's Major Brands, LLC, composed of Joey Bailey, Noah Mousseau and Bryden Wright took the title spelling the word "funipendulous." The LHS team was in a tight face off round with the second place team the "Three Stooges" from the Gilford High School Business Department. This is the second year in a row that a high school team has taken the title. Traditionally, over the past 18 years, the adult teams have dominated.

Paulette Loughlin, Lakes Region Scholarship Foundation Executive Director, commented "The evening was a great mixture of spelling prowess and light-hearted fun. In round 4, Mark Cote from the Cross Insurance 'Cross' Word Speller team was certain that his team would not be able to spell the word given and his response was perfect...the spelling of this difficult word was: 'go-red-sox.' The audience responded with applause. In that same round, upon hearing the word to be spelled, one of the team members from Belmont quipped 'Are you sure that is a word?' And so the evening went."

The Lakes Region Scholarship Foundation president, Donna Hennessey, opened the evening greeting all in attendance and giving a little background about the Foundation. She

then turned the festivities over to the emcee/host of the night, Pat Kelly from local radio station WEMJ. Pat went through the preliminaries for the night and then the pronouncers Rick Crockford and Rhetta Colon started the first round with the contestants. Each of the teams were invited to the stage individually the first round so that they could pose for the costume contest. There was quite a variety of costumes from a crimson squid to blind mice, to witches and cowboys. The winners of the costume contests for the young people were: first place, the Holy Trinity School "Ice, Ice, Baby" Blithe Spirits (Grace DeMatos, Ava Hosmer and Reagan O'Neill); second place, the "Three Musketeers" (Josh Raymond, MacKenzie Yale and Lilly Mastine-Ingmire) from the Gilford High School Business Department; and in third place the "Moose-Busters" team representing the Mousseau family (Finnian, Holden and Madeline Mousseau.) For the adults the winners included: first place, the Dr. Minnihan's Laconia SAU team "The Killer Bees" composed of Dr. Brendan Minnihan, Regina Theberge and Kelly O'Brien, in second place the "Word Builders" from Pleasant Street School (Kim O'Neil, Liz Rosenfeld and Sara Stewart; and the third place team the "Cross" Words from Cross Insurance (Mark Cote, Sarah Cullen and Dawn Wilkins).

In addition to the spelling competition, there were door prizes drawn each round with prizes for audience members and competi-



The Laconia High School Band "Treble Clefs" proudly raise their trophy as the winners of the 2018 Lakes Region Scholarship Community Spelling Bee. Pictured from left to right are: Bryden Wright, Joey Bailey and Noah Mousseau.

tors alike, and a special puzzle drawing open to all. The scholarship foundation added a new prize this year as an incentive to the teams to bring audience supporters. The team with the most supporters pres-

ent won \$100. That prize went to the LHS National Honor Society Team "the Notoriously Horrible Spellers" Renee Corriveau, Ryan Paiva and Jason Sandifer.) Prizes for the evening, donated by local businesses and

restaurants totaled in value over \$1,100. There was also a 50/50 drawing held toward the end of the night with a prize to the winner, Judi Lundh, a retired Laconia School District teacher, who was a member of the

Stand Up Laconia team. Judi donated her prize money of over \$100 back to the Foundation. The evening closed with the awarding of the trophy, ribbons and the team prize.

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# Classified: It's Auto-matic

# An evening of opportunity & entertainment at Taylor Community

LACONIA — Join the Boys and Girls Club of the Lakes Region for An evening of Opportunity and Entertainment,

Monday, Nov. 5 from 4-6 p.m. in Taylor Community's Woodside Building. Enjoy complimentary refreshments,

followed by a presentation from Executive Director Chris Emond and music from world-renowned entertainer Tony Martelli. The event

is free and open to the public, but reservations are required by contacting Brenda Kean at 366-1226. Taylor Community

is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For

more information about active senior living, visit our Web site at [www.taylorcommunity.org](http://www.taylorcommunity.org), or call 524-5600.

# Franklin VNA & Hospice plants memorial bulbs now for a brighter Spring

FRANKLIN — This past chilly Monday, staff and Board members from the Franklin VNA & Hospice gathered together with those remembering loved ones and Winnisquam Regional Middle School's Future Farmers of America group for the first annual Loving Bulb event. On the sun-drenched hill, where the sign for the Teuscher - Wilson Hospice Garden sits, the group gathered to hear the names of those Hospice patients who have died in the past year and plant Remembrance crocus in their memory. This is the first year of an annual event meant to memorialize those who have died and bring attention to the upcoming National Hospice and Palliative Care Month, which is observed in November.

While a flower associated with joy may seem a strange choice for a memorial planting, Elaine Cartier, Hospice Director for Franklin VNA & Hospice reminds us that, "Just as the bulbs will survive through the cold of Winter and bloom in the Spring, we too will survive through grief and come out stronger on the other side of it, able to see the joy in the world again. In planting these bulbs, we honor those who we love who have died, and also recognize the strength of

the human spirit." Franklin VNA & Hospice Chaplain, Tobias Nyatsambo, sees additional meaning, noting, "As we plant these bulbs in memory of someone who died, I am reminded of the life cycle of birth, growth, aging and death. These bulbs that we have planted into the ground look almost lifeless. But come spring they will burst out with life and with beauty."

The hill crowning the entrance to the Garden is one of the first areas to have snow melt in the spring. The site was chosen with this in mind as the fast-warmed earth will allow the early blooming crocus to make a much anticipated appearance in the Garden signaling the onset of Spring. Much of the planting was done by the Winnisquam Regional Middle School's Future Farmers of America group and their teachers Michael Petrun, Director of the Agricultural program at Winnisquam Regional High School and Agricultural teacher, Jennifer Solter - Jones. The Winnisquam Agriculture Center students are deeply involved in both the development and maintenance of the Teuscher - Wilson Hospice Garden. The garden, located behind the Franklin VNA & Hospice's office at 75 Chestnut Street, Franklin is

open to the public and they encourage visitors to explore the small but peaceful space and visit the patio laid with new memorial bricks each spring.

Notes Cartier, "We strongly believe in supporting and being involved with the local community, after all Franklin VNA & Hospice is your local Visiting Nurse and Hospice. Since the Winnisquam Agriculture Center serves students from WRHS as well as Belmont, Franklin, Gilford, Interlakes, Laconia and Merrimack Valley high schools we know it's a connection that supports that mission."

Franklin VNA & Hospice is an independent, non-profit organization established in 1945 to serve the Home Health care needs of the community. They provide home care, Hospice, clinic and community education services to Andover, Belmont, Boscawen, Canterbury, Franklin, Hill, Northfield, Sanbornton, Salisbury, Tilton, Webster and surrounding towns, as requested. For more information on services, donations, sponsoring a Memorial Brick or partnering with them for a stronger level of support for the Teuscher- Wilson Hospice Garden, call Franklin VNA & Hospice at 934-3454 or visit [www.FranklinVNA.org](http://www.FranklinVNA.org).



COURTESY This past chilly Monday, staff and Board members from the Franklin VNA & Hospice gathered together with those remembering loved ones and Winnisquam Regional Middle School's Future Farmers of America group for the first annual Loving Bulb event.

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## North Country Comprehensive Pain Center

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The North Country Comprehensive Pain Center is staffed by Board Certified Registered Nurse Anesthetists who will work with patients suffering from a multitude of complex pain issues. Their combined years of experience in pain management allows them to utilize a wide range of pain management therapies including injections, physical therapy, counseling, alternative therapies and select medication management.

Patients can now find relief from their pain at the North Country Comprehensive Pain Center at Littleton Regional Healthcare, and The Alpine Clinic - Plymouth.

**North Country Comprehensive Pain Center**  
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603.575.6300 | Hours: 8am-4:30pm, Mon-Fri  
[littletonhealthcare.org](http://littletonhealthcare.org)

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# Safety Starts With You!

# LRMHC holds 52nd Annual Meeting

PLYMOUTH — The Board of Directors of Lakes Region Mental Health Center (LRMHC) held their 52nd Annual Meeting, “Embracing the Growing Years” on Oct. 23 at the Common Man Inn & Spa in Plymouth.

Three new board members were welcomed to LRMHC: Matt Humer of Citizens Health Initiative and the Practice Transformation Network; Marsha Bourdon of Lakes Region Community College and Dr. Jilian Stogniew of Awakening Chiropractic and Raw Life Café. The elected slate of officers for 2018-2019 include Jannine Sutcliffe, President; Deborah Pendergast, Vice President; Matt Soza and Edward McFarland as Co-Treasurer; Susan Stearns, Secretary.

Deb Pendergast, 2017-2018 Board President provided a recap of the initiatives that were successfully implemented over the past year including LRMHC’s participation in three state-lead initiatives which included a technical assistance grant from SAMSHA that will assist New Hampshire in aligning mental health and substance use disorder peer services by way of definition, rules and Medicaid reimbursement.

LRMHC added peer supports to each of their adult clinical teams and pioneered peers in its wellness programs and integrated care ser-

vice, “One Health.”

This year, LRMHC introduced MATCH (Modular Approach Treatment for Children and Adolescents), an evidenced based practice specifically designed for children and their families, who are diagnosed with anxiety, depression, trauma, and conduct-related disorders. We look forward to the expansion of our integrated practice models including sustaining OneHealth, improving health outcomes and growing our collaborative efforts with primary care and substance use disorder providers through our 1115 waiver work with Community Health Services Network (CHSN). In addition, we expanded our presence in the local schools by adding Belmont High School, Ashland Elementary School and Interlakes High School to the list of schools we serve where we work closely with school staff in providing services to children.

LRMHC understands the growth of the organization is dependent upon the growth of the organization’s workforce. The investment in creating a conference and training center that is equipped with audio/visual technology has supported our efforts to offer more open educational events to staff, our community partners and the public at large. Our new facility has hosted over a hundred trainings since our

relocation in January 2018. Required trainings for licensure of clinicians are now offered on-site and LRMHC physicians and nurse practitioners are offering internal training sessions keeping staff well informed on subject matters like diagnostics, clinical formulation and psychopharmacology.

LRMHC’s success in growing has been recognized twice this year. Belknap Economic Development Council recognized LRMHC for our economic impact on the region. LRMHC received the 2018 Merit Award for Excellence from the NH Architect and Plan NH in recognition of our contribution toward creating a sustainable community through utilization and renovation of an existing building.

This past year, Lakes Region Mental Health Center saw a 39% increase in the number of patients served in Emergency Services; an indication that there is much more work to be done. The demand for more services challenges communities and organizations alike to find ways to meet the need and was the catalyst behind the development of New Hampshire’s most recent Ten Year Mental Health Plan. Given that statewide, there continues to be an increase in demand for inpatient psychiatric treatment services, more children and families requiring

a broad array of services, and the impact of the opioid epidemic on individuals, families and communities, we are hopeful that this new plan will simplify and expand access to services for individuals and their families across New Hampshire” said Deb Pendergast.

Cassie Yackley, Psy.D, who was the evenings’ keynote speaker, has spent more than 25 years committed to understanding and effectively addressing the impact of traumatic/adverse experiences on young children, caregivers and families.

“The early years in childhood provide the best opportunity to develop a child’s full potential; as well as form academic, social, and cognitive skills that determine not only success in school but also their entire life. Ensuring that young children have safe, secure environments in which to grow, learn, and develop healthy brains and bodies is not only good for the children themselves but also builds a strong foundation for a thriving, prosperous society,” said Maggie Pritchard, Executive Director of Lakes Region Mental Health Center.

Lakes Region Mental Health Center served 1,077 children ages 0-17 in FY 2018.

Each year, LRMHC presents the Helen Holbrook Leadership & Service Award which is

given to an individual who leads by example and gives of themselves to strengthen the cause of mental health in the Lakes Region. This year’s recipient was Jim Holmes, Branch Director of the Boys & Girls Club of Central NH.

“Jim has dedicated much of his professional life working to enhance the lives of so many young people. The Boys & Girls Club has been an important community partner, offering free summer day camp and after school programs for all children that receive functional support services from LRMHC. We are very proud to present him with this award,” said Maggie Pritchard, Executive Director at LRMHC.

LRMHC also presented the Dr. George “Pete” Harris Community Service Award to Erica Ungarelli, Director, Bureau of Children’s Behavioral Health, NH DHHS.

“Erica has devoted a career that spans 25 years to the Department of Health and Human Services advocating on behalf of the State’s children in a number of different capacities. We are pleased to acknowledge her achievements and continued work to improve the lives of our children,” said Pritchard.

The Lakes Region Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving

Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses, in Laconia and Plymouth that serves over 4,000 children, families, adults and older adults each year. LRMHC provides Emergency Services 24 hours a day, seven days a week, to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. Additionally, LRMHC provides individual, group and family therapy; mobile crisis teams in the event a tragic event occurs that impacts a community at large, psychiatry; nursing; community support programs for people with severe and persistent mental illness; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child Impact seminars are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 524-1100 or visit the website at [www.lrmhc.org](http://www.lrmhc.org). Find the Lakes Region Mental Health Center on Facebook and follow us on Twitter for updates and information.

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## Edward Jones: Financial Focus

### Consolidating Accounts Leads to Clear Financial Strategy

None of us can completely control all the things that happen to us. Yet, when it comes to achieving your long-term financial goals, including a comfortable retirement, you do have a great deal of power – as long as you follow a clear, well-defined financial strategy. And one way to help build and maintain such a strategy is by consolidating your financial accounts.

Over the course of their lives, many people pick up a variety of financial accounts from multiple sources. They might have a few IRAs from different providers, a couple of old 401(k) plans from

past employers, an insurance policy (or two) purchased many years ago, and a scattershot of stocks, bonds, certificates of deposit and other investments.

If this picture describes your situation, you may want to think about consolidating. For one thing, having a variety of accounts can run up a lot of fees. Furthermore, you’ll have lots of paperwork to keep track of all your accounts, including several different tax statements. Plus, just by having so many accounts, you risk forgetting about some of them – and if you don’t think you’d ever forget about your own

money, consider this: Well over \$40 billion in unclaimed cash and property, including 401(k)s, pensions and IRAs, is awaiting return to the rightful owners, according to the National Association of Unclaimed Property Administrators.

But beyond reducing your possible fees, paperwork and potential for lost assets, consolidating your accounts with one provider can give you a centralized, unifying investment strategy, one that can help you in the following ways:

**Diversification** – If you own several different financial ac-

counts, including IRAs, 401(k)s and online accounts, you might have many similar investments within them. You might even own a cash-value insurance policy containing investments that closely track the ones you have in the other accounts. This type of duplication can be harmful, because if a market downturn primarily affects one type of asset, and your portfolio is dominated by that asset or similar ones, you could take a big hit. But if you have all your investments in the same place, a financial professional can review your holdings and recommend appropriate ways to diversify your

investment dollars. (Be aware, though, that while diversification can reduce the impact of market volatility on your portfolio, it can’t guarantee profits or protect against all losses.

**Staying on track** – With all your accounts in one place, you’ll find it easier to keep the big picture in mind and make the moves necessary to help you progress toward your financial goals. Two main actions include buying or selling investments and adjusting your portfolio to make it more aggressive or conservative, depending on your situation.

**Avoiding mistakes** – If you own several separate accounts, you could see a loss in one or more of them and overreact by selling investments that could still be valuable to you. But with a consolidated investment platform, you can see more clearly that the impact of a loss may be small, relative to the rest of your holdings.

As we’ve seen, consolidating your investment accounts with a single provider can have several advantages. So think carefully about bringing everything together – you may find that there’s strength in unity.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



**Devon Gay**  
Financial Advisor  
(603) 279-3284 Meredith, NH



**Ben Wilson, AAMS®**  
Financial Advisor  
(603) 524-4533 Laconia, NH



**Christopher D. Stevenson**  
Financial Advisor  
(603) 524-3501 Belmont, NH



**Keith Britton**  
Financial Advisor  
(603) 253-3328 Moultonborough, NH



**Jacqueline Taylor**  
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# Franklin Savings Bank promotes Carol Laro & Deborah Clapp

FRANKLIN — Franklin Savings Bank is pleased to announce the promotions of Carol B. Laro to SVP, Human Resources Officer, and Deborah J. Clapp to VP, Senior Credit Analyst.

Laro joined FSB in 1979 in the bank's bookkeeping department, later transitioning into other roles in operations and branch management before her promotion to VP, Human Resources Officer in 1990. She has a B.S. in business from Colby-Sawyer College and is a graduate of the Northern New England School of Banking. In addition, she serves on the human resources committee for the New Hampshire Bankers Association.

"This is a wonderful accomplishment for Carol given her many years of service and commitment to the bank," commented Ron Magoon, President & CEO. "Her length of service with us is truly remarkable; she is one of the longest serving employees in the history of the bank."

Further, Clapp joined the bank in 2012 as a Senior Credit Analyst in the commercial lending department. Since then, she has developed a credit department and has shared her extensive knowl-



Carol Laro

edge with others to give them a strong foundation on credit analysis. Clapp has over 20 years of experience in banking with over 15 years spent in credit.

Continued Magoon, "Debbie is a tremendous asset to our credit department and her team.

Her dedication and unwavering commitment to delivering timely underwriting decisions demonstrates her focus on providing exceptional customer service, and is appreciated by our commercial lenders and her peers."

Established in



Deborah Clapp

1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Head-

quartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its whol-

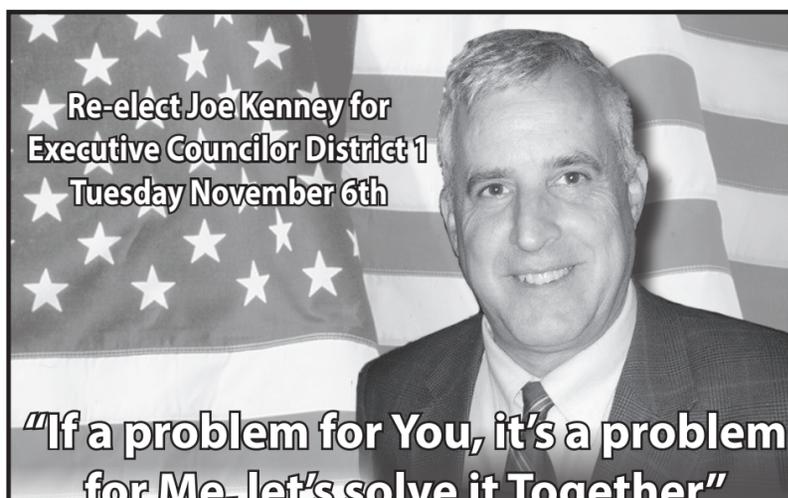
ly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester and Merrimack, New Hampshire. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting [www.fsbnh.bank](http://www.fsbnh.bank), or following the bank on Facebook, LinkedIn, Twitter and YouTube.



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- 37 year active and reserve Marine

**Priorities**

- Continue to Fight Opioid Crisis
- Constituent Service
- Community College System to create job training opportunities to develop our new workforce
- Support our Travel and Tourism Industry
- Reduce business regulation to assist small businesses
- Support our natural quality of life in and around the lakes region

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- \* BIOMASS Industry
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## Last year, millions of parents learned they were their teen's drug dealer.

A new kind of drug abuse is killing our kids. What every parent needs to know.

**43 PERCENT OF TEENS** report having friends who abuse prescription drugs. Even more disturbing: our kids are accessing these drugs – absolutely free – right in our own homes. How big a problem is it? Unintentional drug overdoses in the U.S. now outnumber traffic fatalities, and Rx drug abuse is the sad reason why.

**FREE DRUGS FROM PARENTS?**

Nearly four billion prescriptions are filled in this country every year. Some experts estimate 1/3 of these prescriptions are never used. (How many pills were unused from your last Rx?) But for many of us, it seems wrong to throw away those not-quite-empty bottles. And that's bad news for curious teenagers.

**HOW KIDS ABUSE Rx DRUGS:**

It's no secret that many drugs have unintended alternate uses. Many teens know which painkillers can get you high, especially when mixed with alcohol. Many students cram for exams by misusing drugs that treat ADHD or sleeplessness. Sedatives, amphetamines, anti-depressants, barbiturates, OTC cough medicines with dextromethorphan...you may not know how to misuse them, but others do.

**IS YOUR KID MISUSING?**

By senior year of high school, more than one in ten teens will have abused prescription painkillers. Eight percent will have abused



sedatives; another twelve percent will misuse prescriptions for ADHD. More kids misuse painkillers every year than use cocaine. Many kids think Rx drugs are 'safer' than illegal drugs. And it's so much easier to avoid suspicion with Rx drugs.

**IS YOUR HOME SAFE?**

The short brutal answer? No. Pharmacists keep drugs locked away, but the rest of us certainly don't. One industry group estimates that America's medicine cabinets contain over 200,000,000 pounds of leftover prescriptions.

**THE NEW DRUG EPIDEMIC.**

In the mid-1970s, an international heroin epidemic pushed overdose deaths to 1.5 per 100,000

US population. The cocaine epidemic of 1989-93 doubled drug deaths to almost 3 in 100,000. Today's Rx drug epidemic has helped push the overdose rate higher: over 10 deaths per 100,000 population in 2010.

**THE MEDICINE ABUSE PROJECT**

aims to raise awareness among kids, parents, health care professionals, law enforcement and government officials, and educators. Our goal: cut teen medicine abuse in half in five years, but two things have to happen: First, safeguard your meds. Second, talk to your kids.

**SAFEGUARD YOUR MEDS NOW.**

Please remove all prescriptions from 'public' spaces in your home. Clear out your medicine cabinets and closets, especially in bathrooms visitors use. It's hard to change the patterns of a lifetime, but we must start throwing away prescriptions when we're done with them.

**TALK WITH YOUR KIDS.**

When you safeguard your house, tell your kids what you're doing and why. Ask what they see at school, and how it affects friends and classmates. And whenever you give your kids medicine, you have another perfect teaching moment. Be sure to say the single most important thing a parent can say to their child: "I don't want you to do drugs." And be sure to point out that misusing legal drugs can be just as deadly as using illegal drugs. Because it is.



Safeguard your medications. Talk to your kids. Visit [drugfree.org](http://drugfree.org) to learn more.



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# Revisit the film that started it all with the original "A Star is Born" on LRPA

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (Nov. 2 & 3) for our "LRPA After Dark" feature, 1937's timeless melodrama "A Star Is Born," starring Janet Gaynor and Fredric March.

"A Star Is Born" is the classic Hollywood film about the human toll of celebrity, fame and fortune. The film's storyline is so enduring that it's been made four times: our 1937 version; 1954's adaptation, starring Judy Garland and James Mason; again in 1976, with Barbra Streisand and Kris Kristofferson; and 2018's critical and box office smash, starring Lady Gaga and Bradley Cooper. Names and details change from one version to the next, but the story of "A Star

Is Born" essentially remains the same – a young, gifted female performer meets and falls in love with an older, male star, his career fading due to substance abuse. He recognizes her talent and helps her achieve her goals, only to see his own career fall as hers rises to the top. Soon, self-destruction, jealousy and humiliation interfere with their relationship. In this version, we meet Esther Blodgett (Gaynor), a small-town girl from North Dakota who loves movies and movie stars, particularly her matinee idol Norman Maine (March). Esther reams about becoming a star herself one day. She takes the train to Hollywood, where she finds that many other hopefuls before her have their dreams dashed by the industry's harsh

reality. By chance, she meets Norman Maine at a party, drunk and misbehaving, but charming and persistent. He is smitten with her, and finds a way to see her again. Norman helps Esther to get a screen test, where her sincerity and wholesomeness shine, and she's offered a contract. After the studio's publicity department gets through with her, Esther is transformed into "Vicki Lester" – and a star is born. For Vicki, the sky's the limit, but what will become of Norman and his fading career?

Every adaptation of this film has something to offer the movie lover, and each film era has its own unique charms, but for many fans and critics, the original 1937 version of "A Star Is Born" is still the best.

Filmed in wonderful early Technicolor and directed by the legendary William Wellman, it was nominated for six Academy Awards, winning for Best Original Story. March and Gaynor, both of whom were nominated for the Oscar, give splendid performances. About 1937's "A Star Is Born," critic Leonard Matlin wrote, "Remakes haven't dimmed the glow of this drama ... March and Gaynor are at their best." If you've seen the latest version with Lady Gaga and Bradley Cooper, you owe it to yourself to see the one that inspired it (and the ones that came in between). So grab your popcorn and join LRPA after dark for this classic Hollywood morality tale.

You can't find television like this it anywhere but LRPA TV, Atlantic

Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site ([www.lrpa.org](http://www.lrpa.org)) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member commu-

nities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

## CRAFT

CONTINUED FROM PAGE A1 of unique items, such as pottery, soaps, jewelry and more, all made by local crafters and artisans. A White Elephant table will be available as well for shoppers looking for some great bargains. All proceeds from the White Elephant sale will go to the NHVH Residents

Benefit Fund, which provides special programs, trips and events for residents of the facility.

In addition to the vendors, there will also be a raffle held that day with more than 40 great items up for grabs, along with a 50/50 cash raffle.

For the young or young at heart, Santa

and Mrs. Claus will be on hand all day to say hello and pose for "take-your-own" photos with everyone, too.

Finally, hungry holiday shoppers can also relax and enjoy a soup and grilled cheese lunch, baked goods and beverages.

New Hampshire Vet-

erans Home is located at 139 Winter St. in Tilton, just up the hill from Winnisquam Regional Middle School, where Copeland and the staff look forward to helping everyone get off to a great start for the upcoming holiday season.

## SANBORNTON

CONTINUED FROM PAGE A1 a Halloween Special, "Bodies Buried Deep-\$10, Really Deep-\$15."

Sanbornton Police Chief Steve Hankard said that with Halloween falling on a Wednesday this year, the town decided to hold the recreation department's Trunk or Treat event, the pancake dinner and Trick or

Treating all on Sunday.

"Some people may like it, some may not. We'll see how it all goes this year," he said.

Hankard and his officers also took part in the trick or treat fun, joined this year by the chief's own little dog "Monkey" who naturally dressed up as a police officer for the holiday.

## HALLOWEEN

CONTINUED FROM PAGE A1 inviting the community to come have some fun. It's great to see everyone enjoying themselves safely like this."

Cormier deflected a lot of the praise to the downtown business owners, the Rotary and Deirdre McCain who organized the Trunk or Treat participants.

"They've got this down to a real science now. It's such a great collaboration of people coming together. People

have gone all out to make this what it is and for me it's one of the most favorite things I get to do each year," Cormier said.

He, too, was busy posing for photos with the kids, as was another local celebrity, Emily Bolduc, Miss Lakes Region and a 2016 graduate of Winnisquam Regional High School.

"I grew up here in Tilton, so it's fun to be out here tonight meeting all the little ones and their families," she said.

At 5:30 p.m., children

were asked to line up in front of Tilton House of Pizza where they then paraded to the School Street intersection.

More than two dozen of them were handed special pumpkin markers for their funny, pretty, scary or just down right clever costumes. The markers were then exchanged for coupons for a free Happy Meal at McDonalds or WalMart gift cards. There were also a few special prizes for Canobie Lake Scream Fest and Mix 94.1 FM

held a raffle for tickets to Spooky World. Businesses were also judged for their costumes and decorations. This year's third place prize went to Head First Salon, Butterfly Acres Emporium came in second and taking home first place honors was Elm Grove Realty with their elaborate Wizard of Oz costumes and set design. Each of those winners received gift certificates provided by The Common Man Family of Restaurants.

## 150TH

CONTINUED FROM PAGE A1 their 250th Anniversary committee this year, suggested they make sure to find a tightly sealed capsule so items inside are not damaged or destroyed. The cost would be approximately \$1,800 for a capsule of that quality. Selectman Katherine Dawson, a board representative to the committee, said selectmen might be able to find that amount somewhere within their budget. Forrester also made the suggestion of placing a small savings bond inside the capsule that would be presented to the first baby born in Tilton in 2069 when the capsule will be opened during the town's 200th Anniversary.

"In some towns now, that's becoming somewhat of a tradition," she told the committee.

One other project they will begin to plan soon will be a street fair to kick off the celebration on June 30, 2019, the date the town was officially incorporated. They also decided to hold a final street fair once again on that date in 2020 to bring the anniversary celebrations to a close.

Since that date coincides with the Tilton-Northfield Old Home Day, Jesseman, who is also on that committee, said he will advise them of the fair and ask if they could perhaps tie the 150th anniversary in with next year's Old Home Day theme.

Other ideas under consideration are a tubing regatta on the river, a scavenger hunt, a Nerf gun fundraiser, a commemorative postage stamp cancellation for Tilton, and special Town of Tilton anniversary pewter ornaments that could be sold. They hope to have a "vintage" Santa in the 2019 Holiday parade and will encourage floats and other entries to have an historic theme for the holidays next year as well.

"This is a big endeavor, and there certainly is not going to be a vacuum when it comes to great ideas," Forrester said.

Anyone interested in joining the committee and those with other ideas for events and activities as encouraged to contact Sedgley at [tsoffice@metrocast.net](mailto:tsoffice@metrocast.net).

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## LETTERS

CONTINUED FROM PAGE A4

however, if you want to continue down the path of economic prosperity in New Hampshire then your only choice is to vote Republican. We

would appreciate your vote.

Rep. Greg Hill – Northfield, Franklin Ward 3

Hon. Kathy Rago –

Northfield, Franklin Ward 3

Rep. Howard Pearl – Northfield, Franklin Ward 3, Boscawen, Loudon, Canterbury

## Consider our Belknap County Nursing Home

To the Editor:

With the average life expectancy increasing, people are just living longer. Just recently, I read that every day, there are 10,000 people in the US who are turning 65 and that New Hampshire is in the top third of the states reporting a burgeoning elderly population. It is not unusual to see people live into their late nineties or even exceed a hundred years. Currently, in New Hampshire, thousands of older people are already residing in nursing homes (including the Belknap County Nursing Home), and that number, as well as the need to commit to and provide quality long term care for them, will only increase in the future. With that in mind, I have been thinking about our elderly County residents and the future of the Belknap County Nursing Home.

Long Term care requires a long term commitment. However some officials and taxpayers would like to consider turning over the County nursing home responsibility to a for-profit managed-care organization; the assumption being that a managed care organization would run the facility more efficiently and allow the County to reduce costs. From what I have been able to determine, off loading a county homes to private management companies has not

worked out satisfactorily in several states. It's hard to believe that a for profit managed care organization would deliver better care to our elderly and save the taxpayers money, especially when it comes to financially limited, medically challenged seniors.

Currently, the Belknap County Nursing Home is managed by the County using County employees. If it were to be turned it over to a for-profit group, the County would no longer have any control over who had access to a residency or how much was being charged for long term care. Affordable (Medicaid) beds could be reduced and eliminated, awarded instead to the "highest bidders", ie, those who could afford to pay ever escalating fees. Adherence to health and safety regulations could slacken. For our own New Hampshire workers, it might mean a change in salary and/or benefits. Even worse, if it was ever determined that the home did NOT "turn a profit", a managed care company could eventually close the facility - totally eliminating those of jobs and further reducing the already sparse number of affordable nursing home beds available to elders both medically and financially, in need.

As people reach and age where they can no longer take care of themselves, they already feel

a loss of independence and perhaps, even their dignity. They may find they have to move to a strange place and will have to take it on faith that the people working there will care for them as they need to be cared for. But what if they can't afford it? What will happen to them? It is indeed traumatic and scary.

Keeping and supporting the Belknap County Nursing Home and its staff can ensure that a continuum of affordable, quality long term care will always be available to our aging New Hampshire population. And doesn't our County have a responsibility to continue to provide care and service to one of the most vulnerable segments of our population? Especially those desperately in need?

Needless to say, we should also be supporting the Health & Human Services Departments' goal to increase services that allow seniors to remain where they most want to be for as long as possible...at home. But until those services can be facilitated, we must make sure our aging citizens have access to the care they need and deserve!

My name is Bill Whalen and I am asking for your vote for Belknap County Commissioner, District 1 on Tuesday, Nov. 6.

Bill Whalen  
Sanbornton

## Kathy Rago has my vote

To the Editor:

Kathy Rago possesses attributes that we seldom see in today's politics. My support for Kathy is unwavering for several reasons, most notably being that Kathy always has her finger on the pulse of our community. As a 20-year resident of Franklin, Kathy has certainly given back. She has previously served a term in the NH State House of Representatives, served terms on our local School Board, as well as the Zoning Board.

Kathy is an advocate for school choice, and with a degree in

accounting from Texas A&M and as a CPA, she is well qualified to offer viable solutions towards our school funding debacle. As the mother of a child with special needs, Kathy is proactive when it comes to helping parents navigate the special education processes.

Kathy served as Chairwoman of the Merrimack County Republican Committee and as a member of the NHGOP Executive Board. Additionally, she is also a member of the NRA and the Women's Defense League of New Hampshire.

Several of Kathy's

personal attributes that I admire include her concern for others, her concern for our community, her get-it-done attitude and her eagerness to hear what people have to say. Kathy has been, and always is, willing to listen and has been more than receptive to open and honest dialogue in an effort to reach meaningful compromise.

Please join me in supporting Kathy Rago as she seeks once again to represent us in the New Hampshire House of Representatives.

Respectfully,  
Paul Trudel  
Franklin City Council

# What's happening in November at the Belmont Public Library

BELMONT — Belmont Public Library invites teens (10 and older) to make Bad Art. Use our supplies to create so-called masterpieces using techniques you've barely heard of. Prizes for the worst art as judged by those present. Monday, Nov. 19 at 5:30 p.m.

Our new non-fiction book group meets on Thursday, Nov. 8 at 1 p.m. to discuss "American Creation: Triumphs and Tragedies at the founding of the Republic" by Joseph J. Ellis. From the prize-winning author of the best-selling "Founding Brothers and American Sphinx," a masterly and highly ironic examination of the founding years of our country. The last quarter of the eighteenth century remains the most politically creative era in American history, when a dedicated and determined group of men undertook a bold experiment in political ideals. It was a time of triumphs; yet, as Joseph J. Ellis makes clear, it was also a time of tragedies—all of which contributed to the shaping of our burgeoning nation." Pick up your copy

at the desk.

On Wednesday, Nov. 14, at 5:30 p.m., the adult craft group make cabochon map necklaces. Great for gifts or for yourself. Supplies are provided and sign-up is requested, as we are limited to eight participants.

Our Friday Fiction Book Group reads "The Art Forger" by B.A. Shapiro on November 16 at 10:30am. On March 18, 1990, 13 works of art now worth more than \$500 million were stolen from the Isabella Stewart Gardner Museum in Boston. It remains the largest unsolved art heist in history, and struggling young artist Claire Roth is about to discover that there's more to this crime than meets the eye.

The Senior Center book group is reading "The Moonstone" by Wilkie Collins on Tuesday, Nov. 20 at 10:30 a.m. The Moonstone by Wilkie Collins is a 19th-century British epistolary novel. It is generally considered to be the first detective novel, and it established many of the ground rules of the modern detective novel. Copies are available at the

Belmont Senior Center and the library.

Preschool-age story-time features stories, movement, music, and crafts to encourage early literacy skills Wednesdays at 10:30am. LEGO Build is Saturday, Nov. 3, from 10 a.m.-noon.

The Friends of the Library are selling raffle tickets at the library for a raffle to be held in November. Tickets are three for \$10 or 1 for \$5. A 50/50 raffle is only one of the prizes.

The library will be closed Monday, Nov. 12 for Veterans Day and Thursday and Friday, Nov. 22 and 23, for the Thanksgiving holiday.

The Belmont Public Library is open six days a week and any time at [www.belmontpubliclibrary.org](http://www.belmontpubliclibrary.org), serving the community with books, digital resources, and cultural programming. In 2018, the library celebrates 90 years in the same building and 125 as Belmont's community library.

For more information, contact:

Eileen Gilbert  
267-8331  
[bppl@belmontnh.org](mailto:bppl@belmontnh.org)  
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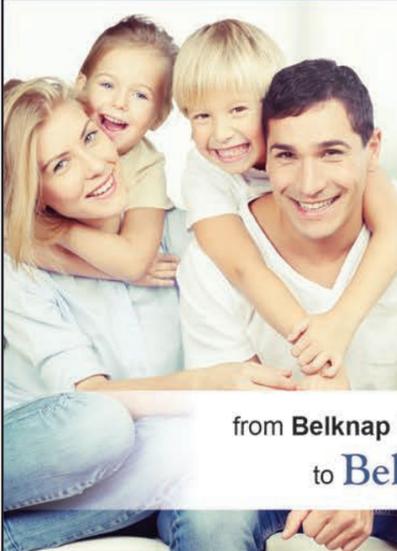
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# Every vote counts!

**In 2016 several State House races were decided by less than 5 votes!**

**VOTE on Tuesday, November 6th for Belknap County Candidates who care:**

**District 1 Center Harbor & New Hampton:** Ruth Gulick

**District 2 Gilford & Meredith:** Diane Hanley, Steve McBrian, Dorothy Piquado, Rosemary Uicker

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# Raiders roll past Vikings into semifinals

BY BOB MARTIN

Bob@salmonpress.news

LACONIA — The Belmont boys' soccer team has been one of the top teams in Division 3 all season, as the team did not lose a game, and the Red Raiders continued their strong play in the quarterfinals with a 5-0 win over Mascenic.

The first goal was by Lucas Mathieu on an assist by Nate Sottak just more than halfway through the opening half. With 13 minutes remaining, Colby Brown scored with an assist by Sottak. The third goal was a beauty that came with about seven minutes left. Angelo Papadopoulos launched a rainbow of a direct kick to Griffin Embree, who one-timed a laser shot to the top corner of the goal to make it 3-0.

"That was a fantastic goal," said coach Mike Foley.

It was 3-0 at halftime and in the second frame Belmont wasted no time to score with a goal by Mathieu and an assist by Zach Ennis. This came about one minute into



Caleb Burke goes up for a header near the goal for Belmont.

BOB MARTIN

the second half. The final goal was by Nate Sottak with an assist by Mathieu just a couple minutes later. The Belmont squad played great

defense and handled the ball well the rest of the way to keep Mascenic from any scoring chances.

It was a tough physical game and Foley said they expected this going

in. The team prepared for a couple key Mascenic players who are big and fast on the defensive end, but Foley said the strong point all season has been the ability to move the ball, which was again

the case for Belmont. It also helped that the team was playing on the fast turf field in Laconia.

Foley added that the team was fortunate to have the ball bounce their way. Any team that wins as much as Belmont is bound to get some lucky bounces, but he said it is about capitalizing on the opportunity, which the Red Raiders did time and time again.

The second-ranked Red Raiders moved onto the semifinals where Belmont will face third ranked Campbell, a team that the Red Raiders tied

1-1 earlier this season. Campbell has only lost one game, which was a 2-1 loss to top-ranked Trinity in the final game of the season.

"We saw each other during the season and that was an absolute battle, so I expect nothing less," Foley said. "We have to play smart and have to be prepared from the opening minute. When we saw them earlier we came out flat and they took it to us, so we have to be ready to go."

Belmont played Campbell Wednesday after deadline.

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# Defending champs upset Raiders in quarterfinals

BY BOB MARTIN

Bob@Salmonpress.news

**BELMONT** — The Belmont girls' soccer team earned the number one seed and a bye going into the playoffs, but the Red Raiders had trouble finding the back of the net in the second round against eighth-ranked defending champion Raymond, who defeated Belmont 2-0 in an upset victory.

The Red Raider offense was repeatedly shut down, despite Belmont having plenty of scoring chances throughout the game. About 10 minutes into the first half, Julianna Estremera had a hard shot from just outside the box that was saved nicely by Raymond goalie Savannah Demsey.

Raymond was matching up well against Belmont, and there was plenty of back-and-forth action with the ball staying around the middle of the field for the next couple minutes. With about 25 minutes remaining, Raymond had its first scoring opportunity, which was saved by Belmont goalie Emma Cochran.

The Raymond and Belmont midfield and defense continued to play strong and clear out balls. Sana Syed had several nice clears that thwarted any chance of a Raymond goal. However, with 15:53 left in the half, Raymond's Kathryn LaCasse launched a shot to the top left corner out of reach of Cochran for the first goal of the game, making it 1-0.

Belmont had a chance minutes later when Estremera had a break-away but her shot went right at Demsey for the save. Katie Gagnon also had several shots from beyond the 18-yard marker that were saved by Demsey.

It was 1-0 going into the half. At the beginning of the second half, Sierra Bourque had a close chance but it was cut off by Demsey before she could get a shot off. The two teams traded shots several more times until 16:55 left in the game when Megan Dumont made it 2-0 for Raymond. Dumont used some fancy footwork to get around Belmont de-



BOB MARTIN

Julianna Estremera takes a shot in the first half of the playoff matchup between Belmont and Raymond.

fenders and slip the ball in the bottom right corner away from the reach of Cochran.

Raymond's defense held on to take the shut-out win and knock Bel-

mont out of the playoffs early.

Coach Mark Dawalga said it was a sad way for the team to end an otherwise outstanding season, but he praised his team

for its effort. He said this was a game about getting to the 50/50 balls and making shots count when they mattered. Unfortunately for Belmont, Raymond won many of

these opportunities.

"They beat us to a lot of those 50/50 balls but we had our opportunities," said Dawalga, adding that both teams had six shots on goal. "We

had the chance to put the ball in but their goalie made some very nice saves."

The Red Raiders finished the season 13-3.

## Riley, Fournier, Gosselin all earn Meet of Champions bids

BY BOB MARTIN

Bob@Salmonpress.news

**MANCHESTER** — The Belmont and Winnisquam cross country teams traveled to Derryfield Park on Saturday for the Division 3 cross country championships, and both teams had some top notch performances.

### Belmont

The girls' team was 10th out of 14 teams, but the highlight here was Alice Riley placing third with a time of 20:25.2. Makayla Palmer was 41st with a time of 23:43.6, Mercedee McIntyre was 78th with a time of 26:06.2 and Aurora Couto was 83rd with a time of 26:24.5. Hannah Leclair was 97th with a time of 27:46, Amelia Cluett was 122nd with a time of 31:11.6 and Chloe Jackson was 125th with a time of 32:22.6.

The boys' team was 22nd out of 28 teams and was led by Jared Whitcomb, who posted a time of 19:51.4 for 62nd place. Aidan Rupp was 75th



JOSHUA SPAULDING

Rick Fournier placed 10th in this year's cross country championship.

with a time of 20:20.5. Micah Edgren was 121st with a time of 21:49.5. Nick Miles was 148th

with a time of 22:41.7. Brandon Robichaud was 164th with a time of 23:40.7. Brian Miles



JOSHUA SPAULDING

Alice Riley placed third in the cross country championship in her senior year.

was 185th with a time of 25:41.6. Jason Roberts had a time of 26:24.0 and placed 189th.

### Winnisquam

The Bear girls' team was led by Faith Gosselin, who had a time of 20:52.2, good for eighth place. Jasmine Piper was 21st with a time of 21:59.2. Marguerite Parker was 85th with a time of 26:28.2. Madison Knopka was 120th with a time of 30:00.6.

The Winnisquam boys' team had an impressive fifth place finish and was led by Rick Fournier, who was 10th

with a time of 17:49. Kyle Mann had a time of 18:14.9 for 25th place. Riley Mann had a time of 18:42.5 for 30th place. Dylan Robert was 40th with a time of 18:59.3. Evan Griffin was 49th with a time of 19:22.7. Joey Damato was 89th with a time of 20:37.4 and Jack Richard was 107th with a time of 21:11.2.

Riley, Gosselin and Fournier all advance to the Meet of Champions, which will be held at Nashua South High School on Saturday, Nov. 3, at 2:30 p.m.

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# Volleyball Bears battle past Panthers and into Final Four

BY BOB MARTIN

Bob@Salmonpress.news

TILTON — Winnisquam and Moultonborough have had some tight battles on the volleyball court, and while the Bears took the 3-1 win, the Panthers never quit and consistently clawed their way back into games.

The first set started off with Moultonborough leading the way but that quickly changed when the Bears went on a 12-0 run to make it 15-4. Many of these points were thanks to the hard spikes of Gabby Isabelle, who nearly knocked over Moultonborough players trying to handle her powerful slams. Winnisquam ended up winning the set handily by a score of 25-16.

The second set was a back-and-forth matchup that saw the lead change several times in the closing points. The game was tied 24-24 but Abi Iverson and Maddie Perrotti had a couple of nice kills for the Panthers to take the 26-24 win and tie things up 1-1.

The third set was another close one. It was 18-12 Winnisquam but Moultonborough battled and brought the game to a 24-24 tie once again. The Bears managed to hold on for a 26-24 win.

The fourth set was all Winnisquam, who came out on top with a 25-16 win.

Winnisquam was led by Shannon Goodwin who had 17 kills, 22 digs and five aces. Isabelle had 19 kills and 10 digs.

Setter Olivia Dill had a great game with 37 assists and nine digs. Sarah Seymour had four kills, 15 digs and a pair of blocks. Aubrey St. Onge had nine digs and two assists. Becca Persson had nine digs and two aces. Hannah Blackburn had four digs.

"I was pleased with the match," said Winnisquam coach Mike Livernois. "I was expecting a tough battle from Moultonborough as they gave us a strong match last week at their place. I thought the team came back well after dropping the second set. We are looking forward to returning to PSU for the semifinal match against Epping. We did not see Epping during the regular season but the girls will work on our fundamentals to prepare."

The Panthers were led by Perrotti with 18 kills and 20 digs, and Iverson with 14 kills. Jess Lear had an incredible game setting the ball with 44 assists. Allie Taylor had 19 digs in the libero role. Rio Vasquez-Billin had five blocks in the game. The team did well serving with Perrotti going 15 for 15 with two aces, Lear going 16 for 16 with two aces, Vasquez-Billin going 10 for 10 with an ace, Aubrey Smart going 10 for 10 and Sarah Shannon going 12 for 13 with three aces.

Coach Lindsay Bliznik said since Aug. 13, the team had a focus on mental toughness. She said the team's slogan has been "battle



BOB MARTIN

Setter Olivia Dill settled into her new role nicely this year and has helped lead the Bears to the semifinals.

time" and they focused on being ready for anything. Starting the season, she said the team knew they would need mental toughness, confidence and composure to be successful. The Panthers showed time and time again they could hang with the best, as the team played very strongly against top teams like Winnisquam, Farmington and Inter-Lakes.

Prior to the game against Winnisquam, the Panthers had a great opening round playoff win by a score of 3-0 over Campbell. The scores were 25-16, 25-16 and 25-7, which shows just how on fire they were. Campbell was the eighth seed and Moultonborough was ninth, so this was a solid underdog win. The team practiced with a focus on energy and mental toughness, knowing that Winnisquam would be a difficult matchup.

"The girls played the best I've seen them play

on Thursday vs. Campbell and I knew if that played that way they would beat Winnisquam; nothing seemed to phase them on Thursday," Bliznik said. "The first two sets of the Campbell game were relatively close but you wouldn't have known my girls were playing loose and just doing what they know how to do."

On the way to Winnisquam Bliznik reminded the team that they were still the underdog and if they played their game they would give the Bears a run for their money. She said the girls were confident and embraced the underdog status.

"I thought my girls played with everything they had and really gave it their best," Bliznik said. "The result was not what we wanted but it was definitely a loss that they could walk away from with their heads held high. For the four

seniors it was a little more tough being their last time playing together for Moultonborough Academy. The best thing about this team isn't necessarily our volleyball skills but it's the close knit family that's been created and fostered throughout the season."

Bliznik thanked seniors Lear, Perrotti, Vasquez-Billin and Iverson for being positive inspirations for the team on and off the court.

"I will miss the four seniors a ton next year but I'm happy they've had the influence on the younger players that they have because their legacy will live on within this program for years to come," said Bliznik. "The underclassmen really look up to them and emulate their hard work and effort. We were definitely not ready for our season to end last night so we'll have one last practice tomorrow, Monday, and be counting

down the days to August to start again."

The Winnisquam Bears, on the other hand, continue to be a force to be reckoned with this year. The Bears went 18-1 last year and won the state title, and this year the team has yet to lose a game and are entering the semifinals against fourth ranked Epping. Going into the season there were some question marks for Winnisquam as the team lost last year's co-player of the year Talia Deblasie, who was a dominant setter for the Bears. Instead, Dill stepped in seamlessly and set up great shot opportunities all season for hitters notably last year's co-player of the year Goodwin and Isabelle.

The Bears hosted Epping on Wednesday at Plymouth State University after deadline. The finals take place on Nov. 2 at PSU at 7 p.m.

# Timber Wolves rally past Belmont in opening round

BY JOE SOUZA

Contributing Writer

ALTON — Volleyball is a game of inches, and momentum, with the latter taken to the next level during the postseason.

It took the fifth-seeded Prospect Mountain volleyball team a couple of games to settle down and wrestle the momentum away from No. 12 Belmont as the Timber Wolves stormed back for a thrilling five set victory in the opening round of the Division III tournament Thursday. Unfortunately, Prospect Mountain could not carry the momentum into the quarterfinals where the Timber Wolves bowed out of the tournament with a 3-0 loss to No. 4 Epping.

"That was a gutsy team effort to get us back in it and win it. These kids are resilient," said Prospect Mountain head coach Mike Christy after his Timber Wolves (13-5) rallied after dropping the first two sets to advance past the first round.

After falling 25-11 and 25-22, the Timber Wolves staved off elimination with a 25-22 win in the third game. From there, the hosts never let up in winning 25-11 and 15-7.

It was a tough setback for the Red Raiders, who left it all on the court.

"We played better tonight than we have all year," Belmont head coach Adam Gaulin said after his team finished their season at 7-10.

"I think it was a great game. Prospect is a really good team," added Gaulin. "In the first two

games, we didn't make too many mistakes. After that it was like the floor tilted and we started making mental errors."

The Red Raiders looked poised to pull off the first round upset, grabbing a 6-2 lead in the third game on an ace serve by senior Jenny Joyce. Prospect Mountain though dug deep and got the momentum on its side, getting a couple of point service runs by Jordan Ingoldsby (two aces) and Allie Stockman (tree service points) to grab a 9-7 lead. Julia Leavitt had two big kills, and Gwen West some blocks.

It went go back-and-forth from that point though, with the game and match hanging in the balance.

A Leavitt kill for side-out snapped a 22-all deadlock, giving Prospect Mountain a slim lead. Gabrielle Fossett served for the final two points, a Leavitt kill for point 24 and an ace to give the Timber Wolves the momentum they would not relinquish.

"I don't know why but we came out with nerves. I could see it in their faces. They didn't want the ball to come to them," Christy pointed out. "I told them to relax and just play their game. They started hustling and getting after it."

And the Timber Wolves certainly did from there.

The action heated up in the fourth set, as the two teams went back and forth. Prospect Mountain got a couple of huge

digs from libero Gabriela Guzman in the game, and the confidence was building for the Timber Wolves. Fossett served for four straight points, getting kills from West and Leavitt before an ace gave the Timberwolves an 11-7 edge. Jane Holiday followed with an eight-point run, pushing Prospect Mountain's lead to 20-8. Ava Misiaszek served for two points, making it 23-9 on a West block.

Moments later, Ingoldsby hammered down a spike to give Prospect a 25-11 win to force a fifth and deciding set.

It was all Timber Wolves from there. Misiaszek served up an ace and a West kill gave the Timberwolves an early 4-1 edge. Guzman ran off three service points for an 8-2 lead before Ingoldsby served for two, including an ace to put the Timber Wolves in control of the match with an 11-3 lead. The two teams exchanged points until Fossett ended it with an ace serve,

sending the Timber Wolves on to the next round.

"Our team defense got us back in it," Christy said. "We got a couple of big digs from our libero in that fourth game."

Leavitt put down 14 kills to power the Prospect attack. West finished with nine kills and five blocks, while Ingoldsby recorded eight kills. Stockman recorded 32 assists, while Holiday was outstanding at the service line as she notched 20 service points.

Defensively, the Timber Wolves were led by Guzman and Fossett (16 digs).

"I think we learned a big lesson tonight, being able to come back after being down 2-0," Christy said. "We've never done that in my four years here. To do that and to do that in the playoffs says a lot about this team. They had a lot on their shoulders and they just brushed it off."

That's exactly what the Red Raiders could not do when the momen-



JOE SOUZA

Belmont senior outside hitter Arianna Janosz spikes the ball against Prospect Mountain's Kaylee Duquette during Thursday's Division III tournament contest in Alton.

tum shifted sides late in the third game.

Belmont came out with nothing to lose and it showed in the first game, breezing to a convincing 25-11 win to start

the match off. In the second game, the Red Raiders came roaring back from a 15-12 deficit behind a Camire service run and Witham run of SEE VOLLEYBALL, PAGE B10

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**Locations:**  
Lahout's Concept Shop  
41 Main St. Lincoln, NH  
Contact: Dana 603-745-3334

Lahout's Cntry Clothing & Ski Shop  
127 Main St. Lincoln, NH  
Contact: Linda 603-745-6970

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**JV Girls Basketball Coach (Winter)**

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**All applications should be submitted to:**  
Ashley Dolloff, Human Resources Director  
[ashley.dolloff@interlakes.org](mailto:ashley.dolloff@interlakes.org)  
Inter-Lakes School District  
103 Main Street, Suite 2, Meredith, NH 03253

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[ppinkham@burndy.com](mailto:ppinkham@burndy.com)

In Littleton Industrial Park, 150 Burndy Rd. Littleton, NH 03561  
[cnetska@burndy.com](mailto:cnetska@burndy.com)

See all our open positions and apply on line at:  
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- Planner

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**TOWN OF CARROLL INVITATION TO BID**  
The Town of Carroll is accepting bids on two Town-owned properties (via Tax Collector's Deed).

**PARCEL #1:**  
93 Woodland Acres – Tax Map/Lot 203-009-013-013, which property was tax dedeed to the Town on 6/1/2015. This deed is recorded in the Coos County Registry of Deed at Book 1422, Page 210. This is a 2.58-acre land-only parcel.

This property is being sold as is without any warranties included or implied. Minimum Bid on this property is \$16,700 (Sixteen Thousand, Seven Hundred Dollars).

Bids must be delivered in a sealed envelope marked Parcel #1 and must include a bank or certified check deposit of \$5,000 (Five Thousand Dollars) and will be accepted at the Carroll Town Office located at 92 School St. (P O Box 146), Twin Mountain, NH, 03595 until 3:00 p.m. on Friday, November 9, 2018. Sealed bids will be opened at 5:30 p.m. on Tuesday, November 13, 2018. Checks will be returned to the unsuccessful bidders.

The successful bidder will be promptly notified and required to sign a binding Purchase and Sale Agreement within 5 days of notice. Closing will be required within 30 days of notification.

The Town of Carroll reserves the right to refuse or reject any or all bids received.

**PARCEL #2:**  
Twin View Drive – Tax Map/Lot 205-023-001-000, which property was tax dedeed to the Town on 8/12/2013. This deed is recorded in the Coos County Registry of Deed at Book 1384, Page 859. This is a 1.19-acre land-only parcel.

This property is being sold as is without any warranties included or implied. Minimum Bid on this property is \$12,500 (Twelve Thousand, Five Hundred Dollars).

Bids must be delivered in a sealed envelope marked Parcel #2 and must include a bank or certified check deposit of \$5,000 (Five Thousand Dollars) and will be accepted at the Carroll Town Office located at 92 School St. (P O Box 146), Twin Mountain, NH, 03595 until 3:00 p.m. on Friday, November 9, 2018. Sealed bids will be opened at 5:30 p.m. on Tuesday, November 13, 2018. Checks will be returned to the unsuccessful bidders.

Successful bidder will be promptly notified and required to sign a binding Purchase and Sale Agreement within 5 days of notice. Closing will be required within 30 days of notification.

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Board of Selectmen  
Town of Carroll

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**Position Information**  
On-call Branch Team Associate

Location:  
14 Main Street, Suite 2  
Meredith NH

To be considered for this position, contact:  
Kathy Swanson  
603-279-3161  
[Kathleen.m.swanson@edwardjones.com](mailto:Kathleen.m.swanson@edwardjones.com)

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**FORTUNE 100 BEST COMPANIES TO WORK FOR**  
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# Bears lock up top seed in Division IV playoffs

BY BOB MARTIN  
Bob@Salmonpress.news

TILTON — The Winnisquam football team had a complete turnaround this year and wrapped up the regular season with a 20-0 victory over Franklin to secure the top seed in Division 4 heading into the state tournament.

It was a sloppy game with snow, sleet, rain and mud on the field. Coach Pat Riberdy described it as “miserable,” but that it was gratifying to come away with the win. The team was led by a rushing attack of about 250 yards on the ground, including a 100 yard performance by Angelo Glover that put the bruising running back over the 1,000-yard mark.

“He is very consistent and powers his way through when there is nothing there,” said Riberdy. “He doesn’t get discouraged. He is strong and fast enough to knock down the second level and lower his shoulder. Once he gets going he is quick enough to take it for a score.”

The Bears scored in the first quarter with a quarterback keeper from 15 yards out by Phil

Nichols. Nichols only had a few pass attempts, but he had a solid day on the ground with close to 100 yards rushing. The second quarter had both teams struggling to get things going due to the weather.

It was 6-0 at half but in the third quarter Anthony Montalto stripped the ball and took it back for a 50-yard touchdown. Trevor Gray kicked an extra point to make it 13-0. At the end of the third quarter Glover busted one for 43 yards and a touchdown. Gray kicked the extra point to make it 20-0.

Exact statistics were unavailable at deadline as the weather did not allow the team to keep a scorebook. Statistics will be available at a later time.

“It was a disgusting game but a win is a win, and we’ll take it,” said Riberdy. “This is such a good group so I’m happy that they came away with the win.”

Riberdy said last year’s season was an anomaly due to injuries and off-field issues. This year is more like the type of play he envisioned, and he said much of it has to do with

confidence and effort put forth. He said there is a strong group of seniors that have helped the young players, and he thinks this could help the team in the playoffs.

“The seniors really stayed focus together,” Riberdy said. “We gave them a goal at the beginning and they have achieved it. Week to week they talked about keeping things rolling and doing the right things. The kids have been just fantastic and they want to get better and better.”

Next up is Raymond in the opening round of the playoffs. Earlier in the season Winnisquam beat Raymond 39-0 and Riberdy said the team will have to brush up on some tape, be prepared and make sure they stop the passing game.

“I don’t think they’re a team that will run on us, so we need to stop the throw and make sure we match up right,” Riberdy said. “If the defense can be disciplined against the pass we’ll do okay.”

Winnisquam will play Raymond at home on Saturday at 1 p.m.

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## VOLLEYBALL

CONTINUED FROM PAGE B3  
four service points to turn a 19-17 deficit into a 21-19 lead. Moments later, a Joyce kill put the Red Raiders up two sets to none.

“We had some really good practices heading into the tournament,” Gaulin point out. “We

worked on some things, like transitioning to our offense and controlling the three balls. In the first two games, we were doing that... We were firing on all cylinders.”

The Red Raiders finished with 35 kills as a team. Senior outside hitter Arianna Janosz

led the way with 17 kills, while Joyce put down nine kills. Becca Camire recorded 31 assists in the match. Margaret Witham and Joyce both served up three aces. Defensively, Chantelle Martin (nine digs) and Tatum Hartford (four) led the charge.

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