

Bridgewater resident releases new novel

BY DONNA RHODES
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BRIDGEWATER – The title of Bridgewater resident Dave Boynton’s historical fiction novel, “It’s Better to Be Lucky AND Good,” might also aptly describe his writing debut, an endeavor he had been slowly working on before a chance meeting that not only encouraged him to finish the project, but eventually ended in the publication of his first book.

“I was kayaking in Arizona when I met a guy along the way who was an editor and publisher. I told him what I was doing and he liked the concept. He asked me to send him a copy



Donna Rhodes
Dave Boynton of Bridgewater is shown here in his home office with a copy of his first book, an historical fiction titled “It’s Better to Be Luck AND Good,” which begins during the Civil War era in both New Hampton and his hometown of Ashland.

renowned Western writer Louis L’Amour and historical novelist Allan Eckert.

“I’ve always liked to read, and I have a real vivid imagination so one day I decided I wanted to write a book,” said Boynton.

In support of his effort, his wife Sherry bought him a book on how to write a book and he got to work.

Keeping his favorite authors in mind (Boynton confessed he had read all of L’Amour’s books while in the Navy) he began to compose a story that began with life in his hometown of Ashland and neighboring New Hampton. As he wove his tale he included local landmarks, such as LW Packard Wool (known as the LW Packard Sawmill in the book), Sky Pond and other places that

were notable when he was growing up in the area.

“I changed some of the names of people, but locals can figure them out. I also included a lot of memories of things I did in Ashland, like running and fishing, when I was growing up,” Boynton said.

The main character in his novel is Gabe Johnson who lived in Ashland during the Civil War era. When his father is murdered, Gabe secretly decides to take the law into his own hands to get even with the killers in his own way. And when constables come looking for him, he eludes them by joining the Union Army.

“Gabe’s skill and common sense play a big role in keeping him alive until he gets

SEE **BOYNTON**, PAGE A5

Hill School District hosting seminar on school funding and property taxes

HILL — The Hill School District will host a presentation by Attorney John Tobin of the New Hampshire School Funding Fairness Project on the topic of school funding & property taxes in New Hampshire on Jan. 14, at 6:30 p.m. in the Amsden Auditorium, at the Jennie D Blake Elementary School.

Attorney Tobin and his colleagues have given this presentation in more

than 60 locations across New Hampshire since the summer of 2018. The goal is to educate New Hampshire citizens about the current school funding system and the inequities it imposes on students, property taxpayers, and the economies of many local communities.

“The tax burden on each community varies so greatly in New Hampshire, that

SEE **SEMINAR**, PAGE A5

then contacted me and said he wanted to publish it,” said Boynton.

“It’s Better to be Lucky AND Good”

was inspired by Boynton’s love for not only his hometown, but his love of history and the work of authors like

Electrical fire at Walmart prompts temporary closure

BY DONNA RHODES
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PLYMOUTH – On Sunday, Dec. 29, customers at the Plymouth Walmart found their shopping plans interrupted when fire fighters responded to a call from the store manager, reporting a fire in the wall. The manager was advised to activate the fire alarm in order to get an evacuation of the store underway as crews from Plymouth and Campton-Thorn-



COURTESY

An electrical problem at Walmart on Dec. 29 caused the store to be evacuated for a while as crews from the Plymouth and Campton-Thornton fire departments dealt with the matter.

Yang opens office in Plymouth

BY TARA GILES
tara@salmonpress.news

PLYMOUTH — Democratic Presidential candidate Andrew Yang was on hand last week for the opening of his campaign’s newest field office, located at 75 Main St. in Plymouth.

Yang, 44, was greeted by a large crowd wearing MATH hats, and several in the audience were donning Yang 2020 tee shirts and pins. Copies of



Andrew Yang meets with voters in Plymouth at his new field office in Plymouth on Jan. 2.

Yang’s book, “The War on Normal People,” was also clutched in many hands.

With enthusiasm in his voice, he introduced himself by saying “I’m Andrew Yang, and I’m running for president.”

Yang informed the crowd that he attended high school in New Hampshire, at Phillips Exeter Academy. From there, he attended Brown University.

“You all heard at some point there’s an Asian man running for president who wants to give everyone \$1,000 a month,” he said, referring to his proposed economic stimulus plan, dubbed the Freedom Dividend, aimed at guaranteeing American citizens a base level income.

“We’re in an era of economic change, and we need to think differently,” he added,

discussing concerns that automation is destroying U.S. jobs.

He spoke of robotic trucks, now being manufactured that would be operated from afar, via camera, almost like a video game scenario. He then discussed his ‘freedom dividend’ and explained the history behind it.

“To avoid an unprecedented crisis, we’re going to have to

find a new solution, unlike anything we’ve done before. It all begins with the Freedom Dividend, a universal basic income for all American adults, no strings attached, a foundation on which a stable, prosperous, and just society can be built,” said Yang.

Yang explained that the idea came from founding father Thomas Paine, who referred to the payments as a “natural inheritance.”

Yang said, “In the 1960s, Martin Luther King, Jr. gave his support, alongside over 1,000 economists from over 125 universities who signed a letter to President Nixon requesting income guarantees. The idea of a guaranteed income was pushed into a bill under President Nixon in 1970, where it passed the United States House of Representatives. It died in the Senate because Democrats sought a higher guaranteed in-

SEE **YANG**, PAGE A5

ton fire departments, along with Plymouth police, headed to the scene.

Plymouth Deputy Fire Chief Jeremy Bonan said the call came in just before 9 a.m. that morning, and when companies arrived, they found smoke in the building, along with the smell of something burning in the vicinity of a meat cooler. He said crews were able to shut off power to the cooler and then discovered the source of the problem was an electrical outlet that was affecting the wall directly behind that cooler.

Plymouth fire fighters remained on the scene for approximately one hour. The store remained closed during that time but was able to re-open later that morning. Damage was minimal and there were no injuries as a result of the incident.

Local student grows prize-winning cabbage

PLYMOUTH — Kids across America are growing, and some are earning, a lot of “green” participating in the National Bonnie Plants Third Grade Cabbage Program, among them the winner of the New Hampshire state contest, Mason Hall from Mountain Village Charter School in Plymouth.

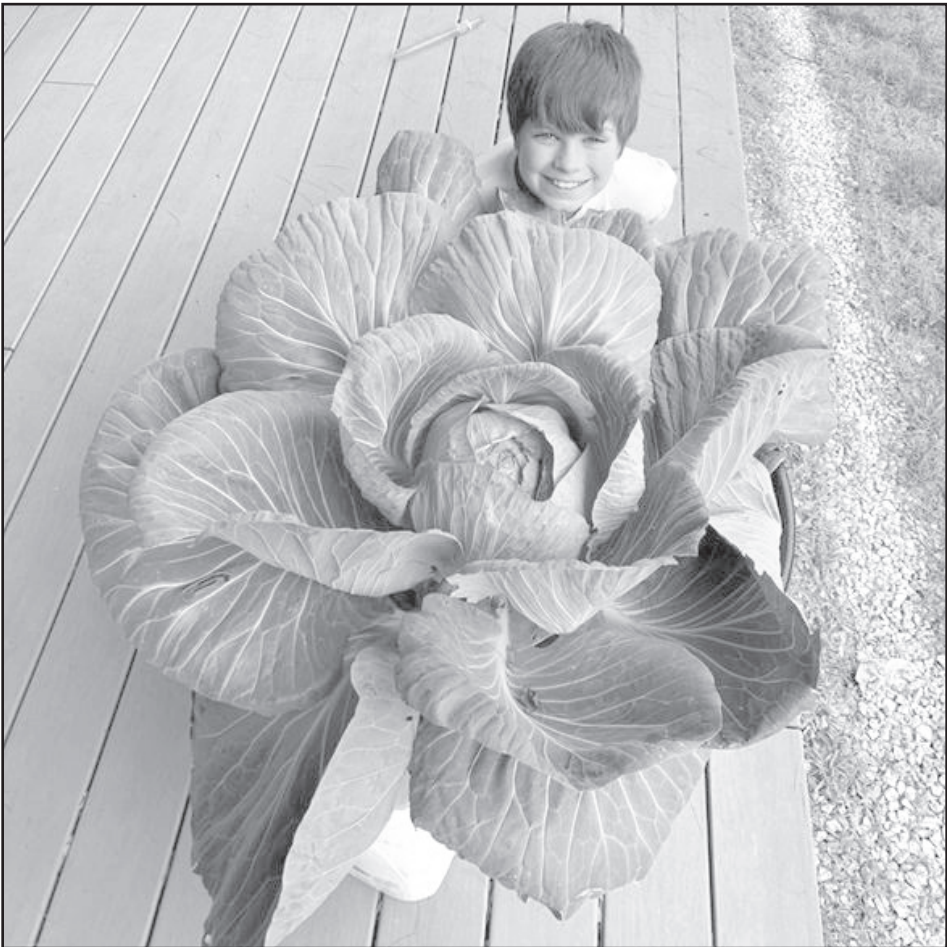
This year, more than 1 million third graders in the 48 contiguous states have gotten hands-on gardening experience, growing colossal cabbages with high hopes to win “best in state” and receive a \$1,000 scholarship towards education from Bonnie Plants.

Each year, Bonnie Plants, the largest producer of vegetable and herb plants in North America,

with more than 70 greenhouse facilities across the country, trucks free O.S. Cross, or “oversized,” cabbage plants to third grade classrooms whose teachers have signed up for the program online at www.bonnieplants.com. If nurtured and cared for, kids can cultivate, nurture and grow giant cabbages, some much bigger than a basketball, tipping the scales, often over 40 pounds!

In 1996, Bonnie Plants initiated the 3rd Grade Cabbage Program in and around headquarters in Union Springs, Alabama, with a mission to inspire a love of vegetable gardening in young people and continue to “grow” our next generation of gardeners.

By 2002, the Cabbage



COURTESY

Mason Hall

Program became a national endeavor. The program awards a \$1,000 scholarship to one student in each participating state. At the end of the season, teachers from each third grade class select the student who has grown the “best” cabbage, based

on size and appearance. A digital image of the cabbage and student is submitted online at www.bonnieplants.com. That student's name is then entered in a statewide drawing. State winners are randomly selected by the office of the Commission of Agriculture, in

each of 48 participating states.

“The Bonnie Plants Cabbage Program is a wonderful way to engage children's interest in agriculture, while teaching them not only the basics of gardening, but the importance of our food systems and growing our

own”, said Stan Cope, CEO of Bonnie Plants. This unique, innovative program exposes children to agriculture and demonstrates, through hands-on experience, where food comes from. The program also affords our youth with some valuable life lessons in nurture, nature, responsibility, self-confidence and accomplishment”.

“Over the course of the past 15 years, the Bonnie Plants Cabbage Program has proved to be an exciting, successful and worth-while experience that children, teachers, parents and grandparents across the country have embraced. We're certainly extremely proud of our New Hampshire state winner, Mason Hall! We are grateful to have the opportunity to provide our youth with this enjoyable and enriching opportunity and engage their interest in the art and joy of gardening,” said Cope.

Growing a colossal cabbage may seem like a giant undertaking for young kids, but it's easier than you think. All you need to do is:

Let the Sunshine In: Cabbages need at least

SEE **CABBAGE**, PAGE A10

Join the SLA on a Saturday winter night hike

HOLDERNESSE — Want to experience how magical frozen Squam Lake is at night? Grab a headlamp and join the SLA on Saturday, Jan. 11 from 6-8 p.m. for a guided night hike around the Five Finger Point Trail. Following the shoreline, this loop hike offers astounding close-up views of Squam Lake.

Participants will meet at the Pinehurst Road parking area (not designated, parking is on side of road before private sign) before hiking to the Five Finger Point trail. As we work our way around the loop, we will stop at various viewpoints along the lake.

This program is open to those ages 12 and up who are comfortable hiking 2.7 miles in the dark. Chil-

dren must be accompanied by an adult. Participants should bring a headlamp, extra layers that can be taken off/added on to stay warm and dry, raingear, a hat, an extra pair of socks, any sort of medication you may need, hiking boots, snowshoes and/or microspikes, snacks, and plenty of water.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character, and resources of the watershed. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes region.

Franklin Savings Banks announces senior officer promotions

FRANKLIN — Franklin Savings Bank is pleased to announce the promotions of Brian Bozak, Greg Legier, Jon Jones, Ken Sawyer and Julie Buker. Brian Bozak has been appointed to Chief Operating Officer in addition to his existing role as Senior Vice President and Chief Financial Officer; Greg Legier advanced to Regional Vice President and Commercial Loan Officer; Jon Jones and Ken Sawyer were elevated to Vice President and Commercial Loan Officer; and Julie Buker was appointed to Vice President and Retail Operations and Administration Officer.

“I am very pleased to recognize these individuals for their dedication and commitment to FSB, our

customers and our communities. They exemplify the spirit of community banking and lead by example each and every day,” commented Ron Magoon, President & CEO.

Bozak joined FSB in 2016 as a Senior VP and CFO. Since that time, he has assumed responsibility for the Finance, Retail, Human Resources, Operations and Risk Management departments of the bank. Bozak has more than 17 years of banking experience and holds an MBA in international business and is a CPA. He is also a recent graduate of the ABA Stonier Graduate School of Banking.

Magoon continued, “Brian came to FSB having considerable community banking experience, which al-

lowed him to immediately begin contributing to our organization in a meaningful way.”

Legier joined FSB in 2015 as a Commercial Loan Officer and has more than 18 years of experience in this area. Further, he is a graduate of The Wharton School's business leadership program as well as the ABA Stonier Graduate School of Banking.

“Greg is a consistent high performer who we rely on to help coach and mentor those with less experience. He is great at developing relationships and quickly becomes a valued resource to his customers,” noted Magoon.

Continued Magoon, “I am also happy to recognize Jon and Ken for their continued development as commercial lending officers at FSB. They both have retail banking backgrounds, so building relationships and helping customers achieve their goals is something that comes naturally to them.”

Magoon added, “Jon and Ken have spent years in the Lakes Region Community giving back in a number of different ways; they epitomize true community bankers.”

Next, Buker started with FSB in 2010 and has been a steady force on the retail side of the bank. She has 15 years of retail banking experience and is a graduate of the Northern New England School of Banking and New England School for Financial Studies at Babson College.

“Julie has strong administrative and operational skills, which have served FSB well during our most recent expansion into the Merrimack and Goffstown markets,” said Magoon. “She understands the value of community banking and works hard to ensure our customers see the difference.”

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, of-

SEE **FSB**, PAGE A10

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| JUMANJI: NEXT LEVEL PG-13 Fri.: 1:15, 4:15, 7:15, 9:50 PM Sat.: 10:30, 1:15, 4:15, 7:15, 9:50 PM Sun.: 10:30, 1:15, 4:15, 7:15 PM Mon. - Thurs.: 1:15, 4:15, 7:15 PM | |

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Flying Monkey to screen the 'original' gangster movie

PLYMOUTH —"Underworld" (1927), a silent drama that spurred a boom in 'gangster' movies, will be screened with live music on Thursday, Jan. 23 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth.

The film will be accompanied live by silent film musician Jeff Rapsis. General admission is

(Right) George Bancroft, Clive Brook, and Evelyn Brent in "Underworld" (1927), a classic crime drama to be screened with live music by Jeff Rapsis on Thursday, Jan. 23 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. Admission is \$10 per person; for more information, call 536-2551 or visit www.flyingmonkeynh.com.

COURTESY



\$10 per person.

"Underworld," directed by Josef von Sternberg and starring George Bancroft, is notable for being the first major motion picture to portray a criminal in a sympathetic light instead of as

a villain. Its popularity touched off a Prohibition-era boom in Hollywood gangster pictures that reached its peak following the stock market crash of 1929.

The story of "Underworld" follows gangster Bull Weed (George Bancroft), who becomes entangled in a love triangle involving a reformed drunkard, "Rolls Royce" (Clive Brook) whom he takes on as his right-hand man, and Bull's girlfriend "Feathers" (Evelyn Brent). Bull Weed's imprisonment leads to a dramatic climax.

Bancroft's performance in "Underworld" set the stage for memo-

rable characterizations of gangster protagonists by Jimmy Cagney ("Public Enemy," 1931), Paul Muni ("Scarface," 1932), and Edward G. Robinson ("Little Caesar," 1930), which all follow directly on from the model created by "Underworld."

The film's script, by Chicago newspaperman Ben Hecht, earned an Oscar for Best Screenwriting at the first-ever Academy Awards. The film is also noted for director von Sternberg's innovative use of black-and-white photography, which presaged many film noir techniques in following decades.

SEE UNDERWORLD, PAGE A10

PSU to host Integrated Arts Conference Jan. 17

PLYMOUTH —The Educational Theatre Collaborative (ETC) at Plymouth State University (PSU), in collaboration with the New Hampshire Department of Education (NH DOE), will host the 2020 Integrated Arts Conference to bring artists and educators together to explore social-emotional learning through the arts. The event will take place on Friday, Jan. 17 from 8:30 a.m. to 3:00 p.m. at the Silver Center for the Arts at PSU.

The conference will provide administrators, art educators and classroom teachers with valuable education ideas, showcasing the many ways educators can bring art into the classroom. Workshops will explore implementing and empowering arts integration in the classroom, working to create a more engaging student connection with social-emotional learning.

Two members of the PSU community will deliver the keynote address: Chris Stoddard, Psy.D., NCSP, school psychology faculty member, and Kirsten Mohring, music, choral and integrated arts teacher, Nottingham West Elementary School, and Certificate of Advanced Graduate Studies in Arts and Leadership candidate at PSU. Other presenters include Ellen Desmond, Vice President of the New Hampshire Theatre Alliance Board of Directors, NH DOE Bureau of Student Wellness; Heidi Pauer, Academic Dean, Bow High School; Tina Philibotte, English and Performing Arts Department, Goffstown High School; Stephanie Fritz, Visual Arts, Auburn Village School; Matt Szopa, Music Teacher, Auburn Village School; Fidaa Ataya, storyteller and puppeteer from

Palestine, M.Ed. candidate in Integrated Arts, PSU; Darren Biggart, creative producer, director, choreographer and director; Meg Peterson, New Hampshire Director, National Writing Project, and Professor of English, PSU.

The Integrated Arts Conference is a collaborative effort with the New Hampshire Department of Education, with support from the New Hampshire State Council on the Arts, Arts Alliance of Northern New Hampshire, New Hampshire NEA, and the New Hampshire Arts Learning Network.

The conference is open to elementary, middle and high school educators and administrators, and pre-registration is required. Registration fee is \$120 per person, which includes a staff development certificate, an electronic teacher resource book, refreshments and lunch. To register, visit <https://campus.plymouth.edu/etc/integrated-arts-conference/>. For questions, contact Deb Stalnaker at 535-2933.

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates, and by providing graduate education that deepens and advances knowledge and enhances professional development. The Plymouth State Learning Model is organized around seven dynamic, theme-based hubs called "Integrated Clusters," which emphasize open, integrative and project-based experiences. With distinction, we connect with community and business partners for economic development, technological advances, healthier living and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

Bring your dog on the SLA's Dog Day Morning hike

H O L D E R N E S S —This Wednesday, Jan. 15, join us on a hike through the Chamberlain Reynolds Memorial Forest with some special guests...your dogs! Leading the hike will be Lakes Region Conservation Corps member, Maggy, who has been a dog handler and trainer for over 10 years. While we all love to hike with our dogs, we often do not realize the great impact that having our dogs with us has on the surrounding environment. This hike is open to any current or future dog owners who wish to learn about how to be low impact hikers with your canine friends. For this hike, we are requiring that dogs who attend be people-friendly, dog-friendly, and good leash walkers. We are also asking for a maximum of two dogs per

registered participant, so as to keep the group at a controlled size. You do not have to bring a dog in order to attend.

We will meet in the Chamberlain Reynolds Memorial Forest's West Parking Lot (College Road, Center Harbor) at 10 a.m., and will wrap up around noon. Participants should bring poop bags, small tupperware, updated vaccine tags, leashes, appropriate clothing, extra layers, water resistant shoes for hiking, water, snacks, and snowshoes and/or micro-spikes depending on conditions. The SLA can provide snowshoes for up to six participants.

If your dog does not do well with other people or dogs, is not up to date on vaccines, or is not trained enough to restrain itself around other people or dogs, we

kindly ask that you leave them at home. If you show up without a leash, no matter how good of an off-leash pet they are, you and your dog will not be permitted to attend the hike. If your dog exhibits any aggression throughout the hike, we will have to ask you to turn back. This is all for the safety of the other hikers, the other dogs, and your own pet's safety. You do not need a dog to participate in this program. If you are questioning whether or not your dog meets these requirements, please contact Maggy at maggy@squamllakes.org to help further gauge how your dog would do. All breeds are welcome!

Registration is required. To register, visit the SLA Web site (www.squamllakes.org) or contact the SLA directly at 968-7336.



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Cost: \$60 for initial registrant (Includes Study Guide; Beekeeping for Dummies; one year membership to PBBA). There will be a \$15 fee for an immediate family member who wishes to attend the classes (no extra materials available). (Children under 16 are free).

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CADY Corner

Safe prescription drug disposal

BY DEB NARO
Contributor

As substance misuse problems appear in our communities, it's important to safely and responsibly dispose of unused prescription medications. Data from the National Survey on Drug Use and Health (NSDUH) states that nearly one-third of people aged 12 and over who used drugs for the first time began by using a prescription drug for non-medical purposes. Due to environmental pollution concerns, it is no longer safe to dispose of these drugs down the drain. That means the responsibility is on the owner to dispose of these prescription drugs at bi-annual drug take back days, utilize permanent prescription drop off boxes located at the Plymouth, Lincoln, Bristol and Thornton Police Departments, or risk leaving them in medicine cabinets where children and teens may have access.

Deterra Drug Deactivation Systems is another option to safely dispose of prescription medications at home, in an environmentally friendly way. Deterra is a drug deactivation pouch made from environmentally-sound materials available in 6 different sizes and can hold anywhere from 15 to 2,000 pills.

How does it work? Each Deterra pouch contains a water-soluble inner pod containing activated carbon. Once the drugs are placed in the pouch, warm water is then added, which dissolves the inner pod releasing the activated carbon. Deterra works with pills, patches and liquids, allowing the absorption of carbon, rendering them inactive, unavailable for misuse and allowing disposal in regular

household trash. A survey of U.S. adults who used opioids showed that nearly 6 in 10 had or expect to have leftover opioids, according to the JAMA Internal Medicine journal. It's critical that these medications be removed from homes and disposed of safely.

More than 100 different pharmaceuticals have been detected in lakes, rivers, reservoirs and streams across the USA and around the world. Pharmaceuticals are not just found in our surface waters, they have also been found in underground aquifers, which make up 40 percent of our everyday drinking water and can have negative impacts on not only our health but the health of aquatic systems and the animals that live in them. To protect the environment, it is no longer acceptable to dispose of unused or expired medications in a toilet or down a drain.

The best way to keep pharmaceuticals out of the hands of our youth and keep them from damaging our environment, is to properly dispose of unused, unwanted, or expired medications.

For more information about Deterra Drug Deactivation Systems, visit www.deterrasystem.com. If you would like a free trial of the Deterra pouch system, please contact Emily Shanahan, CADY Outreach Coordinator at eshanahan@cadyinc.org. For other tips on how to properly dispose of prescription medications visit our website at cadyinc.org.

If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.



COURTESY

Dawning of a new day

A local resident captured this beautiful sunrise photo from Waukeena Lake Road in Danbury this past Tuesday.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

Cougars: Good news, or bad? And tales of an Austin-Healey

There are consequences to cougars, I remind myself whenever I'm writing about the fact that (a) cougars are part of New Hampshire's original flora and fauna, and (b) solid, reliable sightings by solid, reliable people with no reason to fabricate such things are seeing what undeniably are mountain lions, year in and year out.

But of course there's a downside, and one thing is that if you even think you might be in the presence of big cats, you'd better be thinking about them. And we're not talking bobcats or lynx here--not even close.

I well remember the case of a slightly built female jogger who was picked off by a mountain lion as she ran along a hillside on the outskirts of Los Angeles. And there was the pathetic story of the little boy whose horrified parents saw disappear into the woods in the jaws of a cougar.

More recently, a woman in the state of Washington made headlines when she tried to rescue her small dog from a snack-attack by a cougar. And in Arizona last week, wildlife officers killed three mountain lions after they were discovered feeding on still-identified human remains.

During my grow-



U.S. FOREST SERVICE

Adult cougars are big animals. An adult male can top out at more than 200 pounds, Arizona officials point out.



JIM GAFFEY

"Be careful what you wish for," a reader wryly wrote, citing the tons of fun he had with this '67 Austin Healey III. He ran it (but mostly worked on it) for two decades, and now a lucky new owner is doing the same.

ing-up years, when I was being taught not only how to navigate in the woods but also how to feel comfortable there, the mantra was "The only thing that can hurt you in the woods is your own stupidity." But if and when mountain lions return, this no longer will be true.

When I lay out this scenario, sometimes someone challenges me, usually on bears. But our bear is the black bear, not the fabled brown bear or grizzly.

The main thing our

bears want to do is run away. The exception is when you inadvertently put yourself between mother and cubs. But that is a rare happenstance, usually occurring during the slight window of opportunity (for both species) known as berrying.

+++++

"Be careful what you wish for," wrote a reader who'd noticed the inclusion of an Austin-Healey Mark III on what was my sort of Christmas/



Bucket Wish list.

Up until three years ago, he owned, of course, an Austin-Healey Mark Three Thousand, a beautiful car built in 1967. "I bought mine in 1980 for \$3,200 and spent 7 years restoring it," he wrote. With a car like that, he wryly noted, there is no such thing as being "done."

Among other things to ponder, he said the car rides like a piece of railroad iron (and 120 pounds at that) and is not very good on a bumpy road. In fact, it's best on pavement. Ass this has dire implications for me.

Okay, so you'd put this under "High Maintenance." It's like the unrestored yet ready to use Model A Ford pickup truck I know I'll never get--I still want one.

+++++

Once a coydog, always a coydog?

Despite coyote researchers and wildlife experts who've long had evidence that "coydogs" is a misnomer, a good many people remain convinced that every wolfish-looking animal in woods and field is a cross between coyotes and domestic dogs, hence "coydogs."

In an article widely SEE **NOTEBOOK**, PAGE A10

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts



Letters to the Editor

New member sought for library board of trustees

To the Editor:

Would you like to get involved in one of the most exciting organizations in Bristol? Consider running for a seat on the Minot-Sleeper Board of Trustees.

The Library recently completed work on its first strategic plan, and is busy working on the goals for the next three years. Exciting things are always happening and the Trustees are responsible for making sure the Library runs in a fiscally responsible manner and in accordance

with relevant RSAs.

If you think this is a way you can contribute to the community, you must register to be on the ballot in March by submitting the appropriate form to the Town Clerk between Jan. 22 and Jan. 31. If you are interested, contact the Town Clerk for details.

Rosemary D'Arcy
Minot-Sleeper Library Board of Trustees
Bristol

Boynton

FROM PAGE A1

discharged,” Boynton teases on his book cover.

His character’s strength, sensibility and determination find him heading West after he does finally get discharged from the Army. When he lands in Colorado, Gabe meets a rancher that he learns is battling a greedy land baron who is killing landowners and stealing their property. The rancher just happens to also have a beautiful daughter and Gabe soon decides to stay and help them. As for the rest of his luck and the “good” that comes into play, well, readers will just have to find that out for themselves, Boynton said.

When he started the book 15 years ago, Boynton was coaching the cross country and track teams at Newfound Regional High School so his writing was often set aside for the winter months when he wasn’t quite so busy. He also spent

those quieter months researching his plot for the book.

“I knew what I wanted to do with the story but I did a lot of research on the Civil War to familiarize myself with events chronologically, and referred to a lot of maps for geographical locations,” he said. “It was my own little world I was creating that I could go back to whenever I had the time.”

It wasn’t as simple as that though. As Boynton worked on the book over the years, he used four different computers and also took a few years off when life drew him in other directions. Then, while finally readying it all for his editor at New Friends Publishing a year ago, he turned on the computer one day, only to discover he had lost four chapters of the book.

“I didn’t know how I was going to rewrite it all but luckily a friend was able to recover most of it for me,” Boynton said.

As the saying goes, all was well that ends

well though and now “It’s Better to Be Lucky AND Good” is getting favorable reviews on Amazon. Bolstered by that success, Boynton is busy working on his second book, a novel that includes ties between France, England and Squam Lake, New Hampshire.

“It’s another historical fiction that I’ll be working on while I’m down in Arizona again this winter,” he said.

In the meantime, people can pick up a copy of “It’s Better to Be Lucky AND Good” on Amazon, at a few area bookstores and also in their local libraries.

“It’s been a lot of fun to write and I hope people enjoy it,” said Boynton.

Seminar

FROM PAGE A1

some towns are paying significantly more per student than their neighboring towns. This is very challenging, especially when education costs continue to grow. The main mechanism to fund this is property tax. The funding formula does not work well for communities that are not located near waterfront, or towns that do not have any businesses to offset the taxes raised. This presentation will help residents understand the challenges to rural communities, and better prepare them to inform their legislators the need to change an antiquated calculation method for school funding,” said

Dr. Connelly, SAU 103 Superintendent

Under New Hampshire’s Constitution, the state is responsible for ensuring that every K-12 child in our state has the opportunity for

an adequate education and the tax rates for funding this public education must be equal. The public is invited to learn about the structure of school funding and its disparate impact in different local school districts.

NOTICE

ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session at the Alexandria Town Hall, **Tuesday, January 21, 2020, from 7:00 to 7:30 p.m.** for additions and corrections to the checklist in preparation for the Deliberative Sessions of the Newfound Area School District on February 1 and the Town of Alexandria on February 8. *No change in party registration will be accepted.*

George Whittaker
Suzanne Cheney
Loretta Brouillard

Yang

FROM PAGE A1

come.”

Presently, he said, the idea has gained support from Mark Zuckerberg, Robert Reich, Elon Musk, Bill Gross, Richard Branson, Ta-Nehisi Coates, and Noam Chomsky, to name a few. Alaska is, to date, the only state to have implemented a similar plan. Yang explained the several ways in which the div-

idend would work, and how the government would be able to offer anyone over the age of 18 \$1,000 per month.

Yang went on to talk about the decline in life expectancy for Americans, stating that it has not declined this much since the Spanish Flu invaded homes in 1918. He also mentioned suicide and fatal drug overdoses as a contribution and touched on solutions there.

Paid Advertisement

Edward Jones: Financial Focus

Protect Yourself Against Long-term Care Costs

If you're fortunate, you'll live independently and in good health throughout your retirement years. However, if you ever needed some type of long-term care, such as a stay in a nursing home, would you be financially prepared?

To answer this question, you may want to evaluate two variables: your likelihood of needing long-term care and the cost of such care. Consider the following:

- Someone turning age 65 today has an almost 70% chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services.
- The average cost for a private room in a nursing home is about \$100,000 per year, while a home health aide costs about \$50,000 per year, according to Genworth, an insurance company. Clearly, these numbers are worth

thinking about. If you needed several years of long-term care, the expense could seriously erode your savings and investments. And keep in mind that Medicare typically pays only a small percentage of long-term care costs. Therefore, you may want to evaluate the following options for meeting these expenses:

- Self-insure – You could “self-insure” against long-term care expenses by designating some of your investment portfolio for this purpose. However, as the above numbers suggest, you'd likely have to put away a lot of money before you felt you were truly protected. This could be especially difficult, given the need to save and invest for the other expenses associated with retirement.
- Long-term care insurance – When you purchase long-term care insurance, you are essentially transferring the risk of paying for long-term care

from yourself to an insurance company. Some policies pay long-term care costs for a set number of years, while others cover you for life. You can also choose optional features, such as benefits that increase with inflation. And most long-term care policies have a waiting period between 0 and 90 days, or longer, before benefits kick in. You'll want to shop around for a policy that offers the combination of features you think best meet your needs. Also, you'll want an insurer that has demonstrated strength and stability, as measured by independent rating agencies. Here's one final point to keep in mind: Long-term care premiums get more expensive as you get older, so if you're interested in this type of coverage, don't wait too long to compare policies.

- Hybrid policy – A “hybrid” policy, such as life insurance with a long-term care/chronic illness rider, combines

long-term care benefits with those offered by a traditional life insurance policy. So, if you were to buy a hybrid policy and you never needed long-term care, your policy would pay a death benefit to the beneficiary you've named. Conversely, if you ever do need long-term care, your policy will pay benefits toward those expenses. And the amount of money available for long-term care can exceed the death benefit significantly. Hybrid policies can vary greatly in several ways, so, again, you'll need to do some research before choosing appropriate coverage. Ultimately, you may decide you're willing to take the chance of never needing any type of long-term care. But if you think that's a risk you'd rather not take, then explore all your coverage options carefully. There's no one right answer for everyone – but there's almost certainly one for you.

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Meredith NH 03253
603-279-3284
Fax 844-644-4469
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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

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jacqueline.taylor@edwardjones.com





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Phyllis J. Jordan, 80

BRIDGEWATER — Phyllis J. Jordan, 80, of Melrose Road, died Wednesday, Jan. 1, 2020 after a period of declining health.

She was born in Worcester, Mass., the daughter of Arnold and Martha (Clifford) Pullan.

She was a graduate of Auburn High School, and took many classes at the Laconia Technical School. She was a resident of Millbury for many years before moving to New Hampshire in 1974.

Phyllis and her late husband, Alan Jordan, were two of a kind. They worked at Freudenberg NOK in Bristol (formerly IPC), in their communities as leaders with Cub Scouts, Boy Scouts and Girl Scouts, and shared their enthusiasm for the outdoors with their family.

Phyllis loved her time on Facebook socializing with family and friends. She had



hiked almost all of the 4,000 foot mountains in New Hampshire, loved her time in the outdoors and camping, as well as feeding and watching the birds (which often called in the squirrels and bears as well). While living in Massachusetts, she was an active member of the Wesley United Methodist Church in Worcester where she participated with the choir as well as other committees. She was a member of the Appalachian Mt. Club and Sawhegenit Chapter No. 52 Order of Eastern Star in Bristol.

Family members include her children and their spouses, Susan (and Joel) Bean and Lynda (and Fran) Comeau, all of Alexandria; retired Staff Sgt. Jeffrey (and Tonia) Jordan of Fairbanks, Alaska; Andrew (and Tania Berry) Jordan of Bridgewater; nine grandchildren; 11 great grandchildren; and a step sister, Gay (and Donald) Pentilla of Largo, Fla.

A Celebration of Life will be held from 1-3 p.m. Saturday, Jan. 11, 2020 at the Alexandria Town Hall, 47 Washburn Rd., Alexandria. Urn burial will take place at Homeland Cemetery in Bristol in the spring. In lieu of flowers, please consider donations in her memory to Concord VNA, Hospice House, 30 Pillsbury St., Concord, NH 03301-3502. Arrangements are under the direction of Emmons Funeral Home of Bristol.

Lorna Patten, 81



BRISTOL — Lorna Patten, 81, passed away Sunday, Jan. 5, 2020 at Golden View Health Care Center.

She was born in Bristol, one of twin girls of Frank and Dorothy (Trumbull) Bergh. She lived most of her life in Bristol.

As a teen, Lorna was very involved with the Bristol Community Center where she was a member of the rope skipping team that performed for President Eisenhower and General MacArthur. During the summers, she worked at the Cardigan Ski Lodge. She graduated from Bristol High School in 1956, and worked at IPC for three years in quality control. In 1958, she married Robert Patten and together they raised four children. In addition to raising the children, she served as a Den Mother for Boy Scouts, a Brownie leader, Sunday School teacher, supervisor of the checklist, beach commissioner, school census taker, treasurer of the PTA and

member of the PTO, chairperson of Title 1, taught rope skipping, and co-corresponding secretary of the Newfound Alumni Association. She was an active member of the Bristol United Church of Christ serving as a Deacon, Church Elder and member of the Woman's Association. She will be remembered by the younger generation as manager of the Bristol Elementary School's school nutrition program lunch lady for 28 years.

Family members include her husband of nearly 62 years, Robert Patten of Bristol; children Greg (and wife Donna) Patten of Plymouth, Mark (and Joanne) Patten

of Bridgewater, Peter (and Debra) Patten, and Julie Caissie, all of Bristol; twin sister Leona Dickerson of Concord; brother Donald "Tom" Bergh; grandchildren Jennifer (and Tim) Moulton, Leighann (and Andrew) Nelson, Maegan Patten, Mary Patten, Jasmine Patten, Brandon Caissie, and Zachary Patten; and great grandchildren Ryan Moulton, Isac Nelson and Caleb Nelson.

In addition to her parents, she was predeceased by a brother, Vernon Ned Bergh.

A Celebration of life will be held on Sunday, Jan. 12, 2020 at 2 p.m. at the Bristol United Church of Christ. Interment will be in Homeland Cemetery in the spring. In lieu of flowers, donations can be made in her memory to the Bristol United Church of Christ Woman's Association, PO Box 424, Bristol, NH 03222. Emmons Funeral Home of Bristol is in charge of arrangements.

Stephen Sleeper, 71

BRIDGEWATER — Stephen Sleeper, 71, passed away Dec. 29, 2019 at Genesis Mtn. Ridge in Franklin.

He was predeceased by his father, Warren Sleeper, and mother

Vera Tenney Sleeper, and a sister, Martha June Sleeper.

Stephen is survived by his sister, Stephanie Sleeper MacDonald, and her husband and her children, Marc

E. Coffin and his wife Nancy and their two daughters, Makayla and Cassie, and her husband's daughters, Vicki Sweat and her two children, Tiffany and Brandon, and their children, and Anna Perkins and her family.

Stephen worked for many years at the IPC/Freudenberg NOC in Bristol, and then at Hannaford in Bristol until his retirement in 2013. He loved fishing and hunting and dirt car racing and "old" Western movies.

There will be no calling hours or services. Burial will be at the Homeland Cemetery in the family lot at a later date.

Richard W. Wagner, 85

BRISTOL — Richard W. Wagner, 85, died Friday, Dec. 27, 2019 at home after a period of declining health.

Born in Portland, Maine, he was the son of Winfield and Ruth (Gray) Wagner. He was raised in Gorham, Maine and graduated in 1952 from Gorham High School. After graduation, he entered the US Army and served as part of the Signal Corps. After his discharge, he worked for Royal Type-writer Company and together with his family lived in Connecticut, England, and New

York before settling in Bristol in 1977. He finished his working years as an orthopedic technician at White Mountain Orthopedics in Meredith.

Many of his son's younger friends will remember him as "Mr. Wizard," as he was an amateur magician. He was always tinkering or working on some sort of gadget in the basement or garage. He enjoyed several collections including antique toys, clocks, banks, cameras, typewriters, and anything related to magic.

He is survived by his wife, Carolyn "Lynne" (Whitcomb) Wagner of Bristol; two sons, Eric (and Jennifer) Wagner of Myrtle Beach, S.C. and Greg (and Gina) Wagner of Bristol; two grandchildren, Reilly and Kayla Wagner; a brother, Paul Wagner of Scarborough, Maine;

sister Donna Malagodi of Braintree, Mass.; and 10 nieces and nephews.

At Richard's request, there will be no formal services. A private celebration will take place at the convenience of the family. In lieu of flowers, donations may be made to the Newfound Area Nursing Association, 214 Lake St., Bristol, NH 03222 <http://www.newfoundareanursingassociation.org/giving/> or the American Heart Association, 2 Wall St., Manchester, NH 03101 https://www2.heart.org/site/SPageNavigator/donatenow_heart.html?s_src=20U-2W1UEMG&s_subsrc=top_nav_button. Arrangements are under the direction of Emmons Funeral Home of Bristol.



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| Sunday: 9am – 4pm | Children (Under 3): FREE |

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Come see forty of the largest
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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding
the submission process.

**BRISTOL UNITED
CHURCH OF CHRIST**
15 Church Street • Bristol, New Hampshire

CHOWDERS
SATURDAY, JANUARY 11TH
FROM 5:30 – 7 PM

Chicken, corn and fish chowders
along with garden salad,
rolls and brownie sundaes.

**PUBLIC
WELCOME!**

ADULTS: \$9.00 — CHILDREN 12 & UNDER: \$4.00
Take out meals are available.

For more information call the Church at 744-8132.



CAUTION

Drivers
YOU HOLD THE KEY TO
OUR CHILDREN'S FUTURE

Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands.

Please drive carefully.



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YOU HOLD THE KEY TO
OUR CHILDREN'S FUTURE

Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands.

Please drive carefully.

Towns

Bristol

Al Blakeley
adblakeley0@gmail.com

To add to my remind-
er last week regarding
our new year, 2020, I
would like to include a
very important remind-
er that when you sign
documents and use the
date, please remember to
write the entire 2020, not
just '20 because someone
might change that date
simply by adding another
ending to '20' such as any
2 digit number making
it any date this century
other than the one you
intended.

Saturday, Jan. 11 is
Chowder Night at the
Bristol United Church
of Christ from 5:30 to 7
p.m. \$9 for adults and \$4
for children with take out
available.

Before and Beyond the
Lifts: Sketches of Back-
country Skiing. Execu-
tive Director of the New
England ski Museum
will make a presentation
which revisits the ori-
gins, equipment, legends
and lore of human-pow-
ered skiing on Thursday,
Jan. 16 at 6:30 p.m. at the
Minot-Sleeper Library.
Remember the weekly
groups that meet regu-
larly at MSL: Storytime
on Wednesdays and Fri-
days at 10:45 a.m., Tech
Help on Thursdays from
2 – 5 p.m. and Commu-
nity Groups: Mah Jong on
Mondays from noon – 2
p.m. and Knot Only Knit-
ters on Mondays from
2:30 - 4:30 p.m.
Please check out the
Library Book Groups and
the Library Movie Group
as well. We are so fortu-
nate to have such an ac-
tive and involved Library
in our town.

Ongoing events:
Adult basketball -
NMMS - Sundays, 6-8p.m.
Adult badminton -
TTCC - Mondays, 7p.m.
Adult billiards - TTCC
- Mon. and Wed., 6:30 - 8:30
p.m.
Adult kickboxing -
TTCC - M, W, & F, 5:45 – 7
p.m.
Pickleball - TTCC -
Tue. and Thur., 9 a.m.

Shape up Newfound
exercise classes - BES -
Tue. and Thur., 6 p.m.
Karate for kids ages
four and up - TTCC - Tue.
and Thur.
Adult Volleyball -
BHVS - Tue. and Fri., 7
p.m.
Adult Karate - TTCC -
Wed., 6:30 p.m.
Roll out fitness skating
class - TTCC - Fridays, 7 –
8 p.m.
Shape up Newfound
exercise classes - BES -
Saturdays 8 a.m.

As you can see from
the above, there aren't
many excuses to not find
an outlet to get back into
an activity to improve
your mind and body. We
are fortunate to have so
many activities for so
many groups in our area.
Make the most of it! As I
used to post on my phys-
ical education bulletin
boards: "If you don't take
care of 'your body, where
are you going to live?'"

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury
Sunday worship at the
South Danbury Church

on Jan. 12 will be at 11
a.m. Rev. Gail Kinney
will lead our worship
service, and there will
be refreshments and con-
versation afterward. All
are welcome!

Winter Market
The Danbury Winter
Farmers Market will be
held at the grange hall
on Saturday, Feb. 1 from
9 a.m. to 1 p.m. It is Na-
tional Eat Ice Cream for
Breakfast Day. Visit the
market for their third
Annual yeast waffle sun-
dae bar and of course,
great locally made and
grown products offered
by local vendors.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

Happy New Year to all
of you! We hope you had
a great 2019 and if not
that 2020 will be the best.

We had a good receipt
of clothing items over
the holidays and there
are still some warm jack-
ets in the hallway at the
Town House. If you are
in need, stop in and take a
look. With elections com-
ing up in February, we
will not be able to house
these items very long. We
had many nice donations
for Christmas boxes. We
were able to put together
two good size food boxes
as well as gifts for five
children in Town this
holiday. Those were de-
livered on Christmas Eve
day, just in time for fami-
lies to put them under the
tree for Christmas Day.
Thank you to all who par-
ticipated.

Jan. 22 through Jan.
31 is the filing period for
candidates wishing to
serve the Town of Groton
in any of the following
positions:
Select Board Mem-
ber- 3 years; Treasurer- 3
years; Planning Board
– two 3 year terms; Cem-
etery Trustee – 1 year;
Local/Town Auditor – 1
year; Moderator – 2 year;
Trustee of the Trust
Fund – two 3 year terms;
Library Trustee – two 3
year terms; Zoning
Board Member – three 3
year terms; Supervisor
of the Checklist – 6 year
term. The Clerk's Office
will be open from noon to
5pm on Friday, January
31st to accommodate any
late-comers.

Please be aware that
the Town Clerk's Of-
fice has changed their
hours. Our new regular
office hours are Monday,
Wednesday and Thurs-
day from 9 a.m. to 4 p.m.
and Tuesday from noon
to 7 p.m. We will be
closed Tuesday morn-
ing, Friday, Saturday, and
Sunday. The later hour
on Tuesday should be
better for those who work
during the week and have
a hard time getting here
before 6pm. If you still
are having trouble get-
ting here during our regu-
lar business hours feel
free to call and see if we
can accommodate your
needs. Our phone num-
ber in the Clerk's Office is
744-8849.

Newfound Area
School District Budget
Hearing will be Jan. 10 at
6:30 p.m. at the Newfound
Regional High School;
Snow Date Jan. 11 at 10
a.m.

Deliberative Session
Feb. 1 at 10 a.m. at NRHS,
snow date Feb. 3 at 6:30
p.m.

Free Hep A clinics at
the Hebron Fire Station
- Information from the
Groton Deputy Emergen-
cy Management Director:
You may not be aware
that New Hampshire has
an Hepatitis A epidemic.
It is important for at risk
individuals to be immu-
nized, including those
emergency responders
and town officials that
could potentially be ex-
posed to the virus via

Churches

Ashland Community Church

**Real Church. Real Peo-
ple. Real Simple.**

Ashland Commu-
nity Church is located at
55 Main St., on Route 3
in Ashland (across from
Bob's Shurfine Market).
Parking is available next
to and behind the church.

Pastor: Ernie Madden
Worship Pastor: Aar-
on Stout
Phone: 968-9464
Email: accernie@hot-
mail.com
Website: ashlandcom-
munitychurch.com

Sundays:
10 a.m. Worship –
Come as you are! Casual,
welcoming atmosphere.
Coffee and snacks are
available in the back of
the worship center.

Aug. 18 – September 15
Teaching Series: "I Love
My Church!"

Toddler Zone (for in-
fants – five years old)
is led by Kara Hamill
and Kid Zone (for K-6th
grade) is led by Debbie
Madden. Both programs
are available during the
entire worship service.
Our greeters will be glad
to direct you to and intro-

duce you to our leaders.

Small groups: We also
offer adult small groups
that meet in various loca-
tions on Sunday, Tuesday,
Wednesday, and Thurs-
day evenings. Please
contact our pastor, Ernie
Madden, for more infor-
mation about our small
groups program.

New Women's Min-
istry: A women's group
will be starting this fall
the 1st and 3rd Thursday
of each month beginning
October 2019.

Scheduled Meetings and Closures for the

duce you to our leaders.

Small groups: We also
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groups program.

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the 1st and 3rd Thursday
of each month beginning
October 2019.

It is our desire to help
you understand God's
incredible grace, mercy
and love. We believe you
will love Ashland Com-
munity Church. We are a
friendly, welcoming, lov-
ing, and caring church.

You don't have to dress
up. You don't have to be
any particular age. And
please don't feel the need
to pretend about any-
thing. Ashland Commu-
nity church is a place
where God meets seeking
people who are far from
perfect. That means ev-
eryone is welcome, no
matter where you are on
your spiritual journey.
We believe you'll find
what you are looking for
here. You'll learn how
to relate to God. You'll
experience a Christian

Town of Groton:

Select Board Work Ses-
sions –Tuesday, Jan. 21 – 5
p.m. at the Town House.

Select Board Meetings
– Tuesday, Jan. 21 – 7 p.m.
at the Town House

Conservation Com-
mission Meeting – Thurs-
day, Jan. 9 at 7 p.m. at the
Town House

Road Committee Meet-
ing – Tuesday, Jan. 14 at 6
p.m. at the Town House

Building Committee
Meeting – Thursday, Jan.
16 at 6 p.m. at the Town
House

Planning Board Meet-
ing – Wednesday, Jan.
22 at 7 p.m. at the Town
House

The Select Board Of-
fice will be closing early
on Jan. 9 at 2 p.m., and
Jan. 14 at 1:45 p.m.

The Town Offices will
be closed Jan. 20 for Mar-
tin Luther King Day.

St. Mark's, Plymouth & Ashland

**Weekly Worship
Services**

Sundays:
8 a.m. at Griswold
Hall, 263 Highland St.,
Plymouth
9:30 a.m. St. Mark's
Church, 18 Highland St.,
Ashland
Thursdays: 11 a.m.,
with healing prayers, St
Mark's, Ashland

Tremendous thanks...
...to all who gave of
their time and energy
SEE **CHURCHES**, PAGE A8

Episcopal Churches Holy Spirit

THE FLYING MONKEY
A COMMON MAN FAMILY PRODUCTION
Movie House & Performance Center

Uncut Gems

Fantastic Fungi Jan 9

Before The Flood Jan 12

LIVE EVENTS

Jan 17,18&19 - RECYCLED PERCUSSION - 5 Shows!
Fri, Jan 24 - TUSK: Ultimate Fleetwood Mac Tribute
Sat, Jan 25 - DENNY LAINE & MOODY WINGS BAND
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MARK ON THE MARKETS



BY MARK PATTERSON

There are certain times that I will invoke the use of a fixed index annuity or indexed universal life policy that have a certain crediting strategy that appears to be almost too good to be true. The indexed annuity or the indexed univer-

sal life may be beneficial in certain portfolios for a portion of an overall strategy. If a client is looking for income or wants to place an amount of their money in a vehicle that can grow without equity market risk, a fixed indexed annuity may be a good fit. An indexed universal life policy may be a great addition to a portfolio if you want a death benefit, with potential cash accumulation and maybe some chronic illness benefits. What most fixed indexed annuities and indexed universal life policies have in com-

mon is a crediting strategy that allows for growth that is in relation to an equity index, i.e. the S+P 500 that is capped on the upside but usually has a floor of zero for losses. The client has no market risk regarding losses. When I explain this to clients, the next question is “How can they do that?” The answer sounds very technical but is quite simple. First off, all this is done in the insurance companies “Hedging” office or whatever firm they use to hedge for them. Typically, not always, the insurance company takes

your premium dollars, let’s use \$100 as an example. Using approximate dollars, the first \$95.00 is invested in investment grade corporate bonds for the insurance companies benefit. Another \$ 2.00 is paid in expense for the policy, like administrative, commission to agent, para-med exams if it was a life policy. The last three dollars goes toward an option contract that will go towards the index cap and crediting strategy that you chose. You must understand that a variable contract, whether it is annuity or life, is a totally different structure that I do not advise for my clients because I do not believe it is the best option available. Variable contract’s typically do not protect the principal, have market risk and high fees.

The “guaranteed benefit base “addition is mostly mis-understood by the client and not explained by the agent or broker.

Having been a manager and trader of a fund that uses options and futures hedging strategies, I can guess that they are using a spread strategy and buying a call option at the strike price of where the index is trading when you fund the policy, and selling a call at the upper limit of your index cap. The sale of this call option funds a portion of the purchase of the more expensive “near the money” call. It sounds confusing, but when you do that on a regular basis, it is one of the simpler option strategies that portfolio managers employ while managing money.

The insurance com-

pany is invested very conservatively; the client gets the capped upside to the index that they have chosen with no market risk. But there are many moving parts that must be evaluated that makes a policy good for the policy owner vs. the agent.

This part seems simple, and it is. An annuity that has “income” features or a life policy with its death benefit is the part of the insurance company’s strength and expertise that involves actuarial science and the law of large numbers along with proper assets in reserve to pay these death benefits.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.

Cabbage

FROM PAGE A2

six hours of full sunlight, more if possible.

Survey Your Space: Bonnie O.S. Cross cabbages need at least three feet on each side to spread out. If you don’t have that much space, use a large container.

Supplement Soil: Work some compost into the soil – cabbages love nutrient-rich soil.

Feed Your Food Plant: Start your cabbage off right with an all-purpose vegetable fertilizer; then fertilize it according to label directions to keep it growing strong.

Water Wisely: Your cabbage needs at least one inch of rainfall each week. If it doesn’t rain, use a watering can or garden hose to gently water your plant at soil level.

Tend To Trouble: Keep

weeds out of the cabbage patch – they compete for the food and water your cabbage needs. Be on the lookout for brown or white moths – these come from worms that love to munch on cabbage. If you see any, get rid of them right away. Cold weather can damage your cabbage. If the weather gets below 32° F, cover your cabbage with a bucket or cloth covering.

Hefty Harvest: In just 10 to 12 weeks, you should have a huge head of cabbage you can be proud of.

Green thumbs and perseverance can pay off, providing participating children with as great sense of pride and accomplishment, a humongous cabbage, and for the lucky state winner, the beginning of an educational fund for college.

A great way to get kids

started in the garden is the National Bonnie Plants Third Grade Cabbage Program, it’s free to any third-grade classroom in the 48 contiguous states. To see the 2019 winners as they come in and learn more about the 2020 contest, please visit: www.bonnieplants.com

Why a cabbage? Coincidentally, cabbages were the first profitable plant sold by Bonnie Plants in 1918 and are known to be a hearty vegetable. The cabbages provided to the 3rd grade program are “O.S. Cross” cabbages; this variety is known for producing giant, oversized heads, making the process even more exciting for kids.

Underworld

FROM PAGE A3

Director Von Sternberg was obsessed by light, and developed methods of “painting” his compositions with the arrangements of lamps, scrims, and reflectors on the set. Today he is remembered most for having used that skill in a series of films he made with Marlene Dietrich, starting with “The Blue Angel” (1930) and continuing in six

more star vehicles made in Hollywood, including “Morocco” (1930) and “Shanghai Express” (1932).

‘Underworld’ will be accompanied by live music by Jeff Rapsis, a New Hampshire-based silent film accompanist who performs at venues across the region and beyond.

Using a digital synthesizer to reproduce the texture of the full orchestra, Rapsis will improvise the score on the spot

during the screening.

“Films such as ‘Underworld’ were created to be shown on the big screen and in a theater as a shared experience,” Rapsis said. “With an audience and live music, they still come to life in the way their makers intended them to.

“So silent film screenings at the Flying Monkey are a great chance for people to experience films that caused people to first fall in love with the movies,” he said.

FSB

FROM PAGE A2

fering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford, Merrimack and Goffstown, as well as an office in Bedford for business lending. The Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors. As

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Since 2009, Franklin Savings Bank has donated more than 11 percent of its net income to charity. Visit www.fsbnh.bank to learn more or follow the bank on Facebook, LinkedIn, Twitter and YouTube.

Notebook

FROM PAGE A4

reprinted in wildlife and academic publications in the past couple of months, author Roland Kays took a look at genetic analysis of what’s generally known as the Eastern coyote. The very name implies that our coyote is different from its Western cousin--which it certainly is.

The Eastern coyote is bigger than the Western version, and is getting bigger with each generation. This makes sense if it has to be able to take small deer or young moose to survive in such a cold climate, which it does. And to survive, particularly in northern regions, the coyote has to take large

prey at every and any opportunity, to supplement its standard fare of rabbits, mice, and chipmunks and the like (coyotes also eat fruit and berries--and, like bears and other hungry creatures, your carelessly placed garbage).

Eastern coyotes, particularly in northern New England, have also learned to hunt in packs, something coyotes out West don’t do. Again, this helps them take larger prey.

+++++

When I began writing an outdoor column in the New Hampshire Sunday News in the early ‘70s, one of my favorite contacts was wildlife biologist Walter Silver. The first re-

ports of coyotes began coming in during the early ‘40s, and accelerated after the World War II vets began coming home, and returning to the woods they sorely missed.

Walter had a way of talking very slowly, to put it mildly. You could go somewhere far away and pack your pipe in the time it took him to say “coyote.” Right or wrong, to me anyone smoking a pipe is a signal: “This guy has lots and lots of time.” Walter always had a pipe.

Walter put out the word that he was looking for coyote pups, and a cooperative woods jobber rescued some after their mother was killed and turned them over to Fish and Game. Walter bred these supposed pure coyotes with animals of verified coyote-dog ancestry. Within a couple of generations, he said, they bred back to pure coyote, proving that the dominant genes were coyote, and the coyote was a species of its own. (Maybe Parentheses mine.)

+++++

“Coydog” is a misnomer at any rate, because any visible coyote-dog crossbreeds last only for a generation or two. Yet the name “coydog” has stuck, and remains in wide use.

Why do coyotes howl? The most popular reason is that they do it to stake out their territory. Another is that they’re “celebrating a kill.” That last one is particularly popular with romantics,

not that there’s anything inherently wrong with that. As Wally the Whale, longtime member of The Chase Gang (a 40-plus-year hunting consortium) always somewhat mysteriously said, “I am what I am and I ain’t what I ain’t.”

+++++

Wildlife geneticists and many others in the outdoor world are anxious to put down another emerging wildlife buzz-word, “coywolf.” The aforementioned Kays, a wildlife professor at North Carolina State University, says the media tend toglom onto such terms, so he and his peers along the Eastern Seaboard want to get out ahead of the curve this time. “The media really love this new animal name,” he said. “We are witnessing the evolution of a new type of coyote right under our noses, one that is very good at living here.”

Researchers are using modern tools to identify genetic make-up of wild canines, he said, describing it as “really cool science.” But nobody, he emphasized, wants to hear the term “coywolf.”

Which means, of course, that with some people, particularly those with a dog in the terminology fight, it’ll be here to stay.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

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What's On Tap

The high school sports season gets into full swing as the new year rolls along.

The Newfound hoop girls will be at Inter-Lakes Friday, Jan. 10, at 6 p.m. and will be at Winnisquam on Tuesday, Jan. 14, at 6:30 p.m.

The Bear boys' basketball team will be hosting Inter-Lakes on Friday, Jan. 10, at 6:30 p.m. and will be hosting Winnisquam at 6:30 p.m. on Tuesday, Jan. 14.

The Newfound alpine ski team will be at Pat's Peak on Friday, Jan. 10, at 10 a.m. and will be at Sunapee on Monday, Jan. 13, at 10 a.m.

The unified hoop Bears will be at Hanover for a 4 p.m. game on Monday, Jan. 13.

The Plymouth alpine ski team is at Gunstock for a 10 a.m. game on Friday, Jan. 10.

The Bobcat hoop girls will be hosting Kennett at 6 p.m. on Friday, Jan. 10, and will be hosting Kingswood at 6 p.m. on Tuesday, Jan. 14.

The Plymouth boys' basketball team will be at Kennett on Friday, Jan. 10, at 6:30 p.m. and will be at Kingswood at 6 p.m. on Tuesday, Jan. 14.

The Kearsarge-Plymouth hockey team is hosting Pembroke-Campbell at Plymouth State on Saturday, Jan. 11, at 10:30 a.m. and is hosting Monadnock-Fall Mountain at 7:30 p.m. on Wednesday, Jan. 15, at Proctor Academy.

The Bobcat wrestlers will be at Winnisquam at 9 a.m. on Saturday, Jan. 11, and will be at Newport at 6 p.m. on Tuesday, Jan. 14.

The Plymouth gymnastics team is at Salem at 10 a.m. on Sunday, Jan. 12.

The unified hoop Bobcats will be at Somersworth at 3:30 p.m. on Monday, Jan. 13.

The Bobcat Nordic ski team will be at Great Glen at 2:30 p.m. on Wednesday, Jan. 15.

The Plymouth ski jumpers will be at Proctor Academy at 6 p.m. on Wednesday, Jan. 15.

Bears push past Berlin to kick off 2020

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound hoop girls had the chance to play three games over the holiday break in the Lakes Region Holiday Tournament.

This helped the Bears get back in playing shape after some time off.

The Berlin hoop girls didn't get the chance to play over the break and with only two games before the break, they had very little game experience under their collective belts.

So, when the teams met up in their return to regular season action on Friday, Jan. 3, in Bristol, it probably wasn't unexpected that the Bears were able to pull away in



JOSHUA SPAULDING

Mackenzie Bohlmann plays defense against Berlin on Friday night.

the second half and picked up a 44-24 win.

"We push the whole game, that's what we do," Newfound coach Kammi Williams said.

"We give 120 percent effort the whole time.

"If you don't give 100 percent effort on defense, you're not going to play," the Bear



JOSHUA SPAULDING

Bailey Fairbank drives hard to the basket in action against Berlin last week.

Broome notches two top-10 finishes

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Newfound ski team took to the slopes of Gunstock on Friday, Jan. 3, kicking off the new year with a meet hosted by Kearsarge and also featuring Gilford, Belmont, Oyster River, St. Thomas, Prospect Mountain and Laconia.

In the giant slalom, Matt Karkheck led the way for the Bear boys, finishing in 13th place in a combined time of 1:02.76.

Owen Henry was next, finishing in 27th place in 1:10.29 and Quin Van Lingen was right behind in 28th place in 1:10.89.

Tuan Nguyen was the final scorer for the Bears, finishing in 30th place in 1:11.84.

Jack Ehman finished in 35th place in 1:14.58, Trevor Sanschagrin was 38th in 1:17.1 and Dalton Dion finished in 41st in 1:18.53.

In the slalom, Karkheck finished with a time of 1:49.72 for 19th place overall.

Henry was second again for Newfound, finishing in 28th place in 2:01.36 and Nguyen was 32nd in a time of 2:06.52.

Ehman rounded out the scoring in the slalom, finishing in a time of 2:09.92 for 33rd place.

Sanschagrin finished in 35th place in 2:14.36, Dion was 39th in 2:16.37 and Van Lingen placed 40th in 2:18.54.

Hayes Broome cracked the top 10 in the giant slalom, finishing in 10th place in a time of 1:02.7.

Hannah Owen skied SEE **SKIING** PAGE B2



JOSHUA SPAULDING

Hannah Owen skis during Newfound's meet at Gunstock on Jan. 3.



JOSHUA SPAULDING

Dalton Dion races for Newfound during the first meet of 2020.

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Bears finish as tournament runners-up

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Newfound hoop girls played their way to the finals of the Lakes Region Holiday Tournament, which took place on Sunday, Dec. 29.

However, they ran into a very strong Laconia team and were unable to get past the Sachems, falling by a score of 46-34.

“We didn’t handle their full-court man-to-man as well as I would’ve liked,” said coach Kammi Williams. “We hadn’t played against it all year. Every team we’ve seen has played zone all season.”

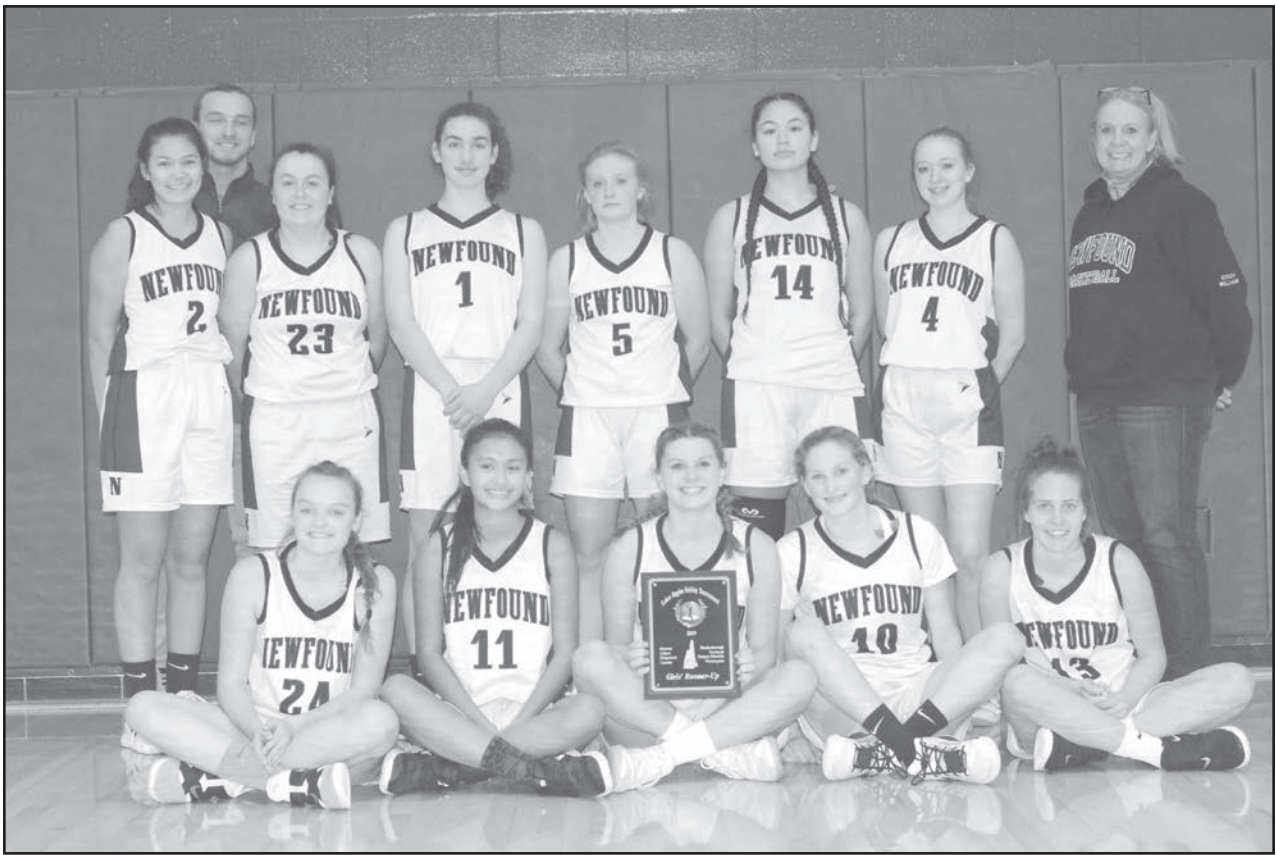
Laconia scored the first six points of the game, using a hoop, a free throw and a three-pointer before Malina Bohlmann got the Bears on the board. Tiffany Doan added a free throw to cut the lead to 6-3.

The Sachems came back with two hoops in a row but Mackenzie Bohlmann answered with a basket for the Bears. The Sachems hit two free throws to push the lead to 12-5 but Mattison Douville added two free throws to close out the quarter and Laconia’s lead was 12-7.

A Doan free throw got Newfound on the board first in the second quarter but the Sachems followed with a field goal and two hoops. After a MollyLu McKellar hoop for the Bears, the Sachems got a free throw but Doan responded with a basket.

Bailey Fairbank had a hoop sandwiched between two Laconia hoops and Malina Bohlmann closed out the half with a hoop and the Newfound girls trailed 22-16 at the break.

Laconia scored a hoop and a three-pointer out of the gate in the second half before a Paulina Huckins free throw got Newfound on the board. The Sachems responded with a three-pointer before Malina Bohlmann added a basket for New-



The Newfound hoop girls finished as the runners-up in the Lakes Region Holiday Hoop Tournament.

JOSHUA SPAULDING



JOSHUA SPAULDING

Malina Bohlmann rises to the hoop in tournament championship action against Laconia.

found. Two free throws and a hoop later, the Sachems were up 34-19. Malina Bohlmann and McKellar hit consecutive baskets to get the Bears within 11 at 34-23 but the Sachems drained two free throws and a hoop. McKellar had a free throw to close out the quarter with a 38-24 lead for the Sachems.

Laconia scored the first hoop of the fourth quarter but Malina Bohlmann and Fairbank hit the next two baskets. After a Laconia free throw, Huck-

ins and Mackenzie Bohlmann each had baskets, the latter coming on a nice feed from Fairbank, cutting the lead to just nine at 41-32.

After the Sachems scored two free throws, Fairbank again cut the lead to nine but Laconia hit three free throws to close out the game and took the 46-34 win.

Malina Bohlmann finished with 10 points to lead the Bears and was also named to the All-Tournament team. “I didn’t know how

we’d respond to the full-court man-to-man,” Williams said. “It gave us trouble.

“Defensively, we did what we needed to do,” the Bear coach continued. “Now we need to make our offense better.”

She noted that the three games were a good chance to get the team focused for the second half of the regular season.

“It was a great practice,” she said of the tournament. “We’re definitely ready.”

The Bears will be at Inter-Lakes on Friday, Jan. 10, at 6 p.m. and they will be at Winnisquam at 7 p.m. on Tuesday, Jan. 14.

NRHS 7-9-8-10-34
LHS 12-10-16-8-46

Newfound 34

McKellar 2-1-5, Fairbank 3-0-6, Malina Bohlmann 5-0-10, Doan 1-2-4, Mackenzie Bohlmann 2-0-4, Huckins 1-1-3, Douville 0-2-2, Totals 14-6-34

Laconia 46

Daly 4-8-19, Gaspa 1-1-3, Michalewicz 0-3-3, DeLuca 2-0-4, Dunleavy 7-1-15, Hallogan 0-2-2, Totals 14-15-46

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

JOSHUA SPAULDING

(Left) Tiffany Doan drives around a Laconia defender in action Dec. 29 in Gilford.



JOSHUA SPAULDING

Flying Bear

The Newfound cheerleaders perform at halftime of the girls’ basketball game on Friday night.

Skiing

FROM PAGE B1

to a time of 1:10.48 for 25th place and Rebecca Dillon finished in 36th place in 1:21.02.

Lilly Karkheck rounded out the field of Bears, finishing in a time of 1:31.59 for 46th place.

Broome was also in

the top 10 in the slalom, finishing in ninth overall with a time of 1:41.35.

Dillon skied to 30th place in a time of 2:14.31 and Owen was 38th in a time of 2:21.12.

Karkheck finished in 42nd place overall with a time of 2:26.9.

The Bears are set

to be back in action on Friday, Jan. 10, at Pat’s Peak in Henniker at 10 a.m. They are also slated to race on Monday, Jan. 13, at Sunapee at 10 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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JOSHUA SPAULDING
MollyLu McKellar reaches to grab a rebound during action against Winnisquam.



JOSHUA SPAULDING
Paulina Huckins puts up a shot during holiday tournament action against Winnisquam.

Bears cruise in first two tournament games

BY JOSHUA SPAULDING
Sports Editor

GILFORD — After being off the court for almost two weeks, Newfound girls’ hoop coach Kammi Williams knew her team would be a bit rusty heading into the Lakes Region Holiday Hoop Tournament.

So, the team practiced in the morning prior to the first game on Friday, Dec. 27, and came out strong, taking care of a struggling Winnisquam team by a 59-16 score in the opening round.

“We took a lot of time off, we hadn’t been on a court since Dec. 16,” the Bear coach said. “So, I knew our shooting would be off.

“It was a good welcome back,” Williams added. “It’s about getting the kids back on track and focused after such a big break.”

The Newfound girls scored the first five points of the game, with Mackenzie Bohlmann and Paulina Huckins each hitting hoops and Malina Bohlmann hitting a free throw. After Winnisquam’s first basket of the game, Tiffany Doan sank a three-pointer to spur a 7-0 run for the green and white Bears that also featured a hoop from Mackenzie Bohlmann and two free throws from Huckins for a 12-2 lead.

Mackenzie Bohlmann had a hoop sandwiched around two Winnisquam hoops and then Malina Bohlmann had seven points in a row on two hoops and a three-point play. Doan drilled a bucket and Malina Bohlmann rounded out the scoring with a hoop, giving Newfound an 11-0 run

to close the quarter with a 25-6 lead.

Newfound then opened the second quarter with the first 10 points, as Malina Bohlmann had three hoops and Mackenzie Bohlmann and Huckins each added a basket, putting the green and white Bears a 35-6 lead.

Winnisquam scored the final five points of the quarter, draining a three-pointer and a hoop to cut the lead to 35-11 at the halftime break.

Newfound did all of the scoring in the third quarter, keeping Winnisquam off the board completely. Doan started the quarter with a three-pointer and then Huckins hit one from the charity stripe. After Malina Bohlmann drained a three-pointer, Huckins and Mackenzie Bohlmann each had free throws. Huckins and Haley Dukette then closed out the quarter with field goals and Newfound had a 48-11 lead heading to the final eight minutes.

MollyLu McKellar got the Newfound girls on the board first in the fourth quarter and then Huckins added a foul shot. McKellar then hit another hoop before Winnisquam scored their first points of the second half. McKellar then added three more baskets before the clock ran out, with Winnisquam putting in a single three-pointer and Newfound took the 59-16 win.

Malina Bohlmann finished with 19 points while Huckins added 11 and McKellar scored 10.

“Molly is going to be key for us by the end of the season,” Williams

said of the freshman forward, noting she allows the team to use a 4-5 high-low situation with Huckins more often.

“We practiced this morning and worked on the half-court trap,” the Bear coach continued. “We had to put it

in a game to see if we like it.”

The Newfound girls then went on to beat host Gilford on Saturday in the semifinals, picking up a 56-26 win. In that game, Huckins led the way with 14 points while Malina Bohlmann and Bailey Fair-

bank each added nine.

NRHS 25-10-13-11-59
WRHS 6-5-0-5-16

Newfound 59
Malina Bohlmann 8-2-19, Doan 3-0-8, Mackenzie Bohlmann 4-1-9, Huckins 3-5-11, Dukette 1-0-2, McKellar 5-0-10, Totals 24-8-59

Winnisquam 16
Cooper 1-0-2, Griffin 4-0-8, Richardson 3-0-6, Totals 8-0-16

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Some hopes for the year ahead



By JOSHUA SPAULDING

ing there won’t be too many.

I’m hopeful that the snow sticks around for a while. I like winter and I like snow. Yes, the snow can create problems but it is what helps to make New England special. Plus, it’s a little tough to ski when there’s not a lot of snow. Of course, the first two things on the list don’t really go well together, but here’s hoping.

I am hopeful for a new season of Survivor that helps to wipe away the bad taste that the most recent season left. The harassment issues that came to the forefront on last season turned what had been a good season with a great cast into one of the toughest seasons to watch ever produced in the last 18+ years. The good news is that the show seems to have learned from them and we have a season of all winners scheduled

to begin in February. The only bad thing is that it premieres during state ski meet week, which means I won’t be able to make it out to Los Angeles for the premiere party.

I’m hopeful that the community continues to show its support for its local newspapers. The industry I work in isn’t exactly the most stable one in the world right now, but we’ve found that we have solid support in the community with coverage of local sports that aren’t always covered anywhere else. Here’s hoping the community continues to purchase the paper and our advertising sales continue to stay steady so we can continue to do the job we’ve been doing.

I’m hopeful that there’s a good deal on a flight to Tokyo in the next few weeks. Booking a flight is the next thing to do on my list to prepare for the Summer Olympics and in the next few weeks I expect to be looking for a good deal on flights. In 2018, I got a fairly good deal on my flight to Seoul and I am hoping to do much the

same this time around. Speaking of Tokyo, I am hopeful that the Tokyo summer isn’t quite as hot as normal. I am probably pressing my luck on that one, but I’ve heard that it’s hot and humid during July and August and I am not a fan of hot or humid. However, no matter the weather, I expect that Tokyo will be a blast.

Finally, I am hopeful that all my readers will have a safe and happy 2020. I appreciate you taking the time to read each week and wish you continued success and happiness.

Finally, have a great day, Jim Savage.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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Bear boys battle but fall in tourney games

BY JOSHUA SPAULDING
Sports Editor

GILFORD — Close games have been the name of the game for the Newfound boys' hoop team in the early season.

The Bears have made it a habit of giving teams a good battle, but just coming up short in the end.

The Lakes Region Holiday Hoop Tournament was much the same, as the Bears had a pair of close games but came up a few points short.

Newfound opened the tournament on Friday, Dec. 27, against Laconia and led for much of the game before dropping a 58-48 decision.

"It was those little turnovers, a little rushing," coach Jesse Mitchell said. "We try to rush through when we just need to be patient."

The Sachems had a free throw to start the scoring but Malaki Ingram finished off his own steal for Newfound's first hoop and then hit another bucket for a 4-1 lead. Laconia got their first field goal before Deme-



JOSHUA SPAULDING
Demetri Raymond dishes the ball off during holiday tournament action in Gilford.

tri Raymond hit a hoop for the Bears.

Laconia added a hoop to cut the lead to



JOSHUA SPAULDING
Tyler Boulanger looks to the basket in action against Laconia during the tournament in Gilford.

one but then Ingram finished off a steal by Raymond to go up 9-5. However, the Sachems hit a hoop and a free throw to cut the lead to 9-8 at the end of the first quarter.

Raymond finished off his own steal to start the second quarter and then drilled a three-pointer, upping Newfound's lead to 14-8. After Laconia got two free throws, Ingram hit a hoop and Garrett King drilled a three-pointer, pushing the Bear lead to 19-10.

The Sachems hit a pair from the free throw line before George Belville drilled a basket, giving Newfound their largest lead at 21-12. Laconia responded by scoring 11 points in a row, including four from the free throw line and they took a 22-21 lead with just more than two minutes to go in the first half.

Tyler Boulanger followed with a hoop to put Newfound back on top but the Sachems hit two hoops and a free throw to take the 27-23 lead at the half-time break.

Belville sunk a

three-pointer to kick off the second half, cutting the lead to just one but the Sachems added two from the free throw line. Ingram hit a hoop to again cut the lead to one but the Sachems scored again to put the lead back to three.

Ingram hit two free throws to cut the lead to one and then Raymond drained a three-pointer to put the Bears in front by a 33-31 score with 4:25 to go in the third quarter. The Sachems responded by tying the score at 33 with a field goal.

Boulanger and Ingram hit back-to-back hoops to put the Bears in front by a 37-33 score. After another Sachem basket, Jack Gosson scored for the Bears to make it 39-35. Laconia hit a free throw to get within three but Matt Plummer drilled a three-pointer to make it 42-36. The Sachems got the final basket of the quarter and Newfound's lead was 42-38 heading to the final eight minutes.

Ingram got the first hoop of the fourth quarter but Laconia responded with a hoop

and two free throws to cut the lead to 44-42. After a Raymond hit a free throw to push Newfound's lead back to three but Laconia responded by hitting a free throw and a hoop to tie the game at 45 with 4:45 to go in the game. The Sachems then took the lead with a hoop before King hit a pair from the free throw line, tying the game at 47.

Laconia hit another free throw and a basket to take the lead by three before Ingram hit a free throw to cut the lead to two. However, that was the last point for the Bears, as Laconia hit three hoops and two free throws down the stretch to close out the 58-48 win.

Ingram finished with 18 points to lead the way for the Bears while Raymond added 11 points.

"They were amped that we were up and scoring and wanted to keep it going rather than relaxing," Mitchell said. "But what we're doing in practice is getting better."

"We can't expect to come in and have everything right now, but we'll get there," the Bear coach continued.

Newfound dropped a 58-54 decision to Prospect Mountain in the consolation round the next day.

The Bears will be hosting Inter-Lakes for a 6:30 p.m. game on Friday, Jan. 10, and will be hosting Winisquam on Tuesday, Jan. 14, at 6:30 p.m.

NRHS 9-14-19-6-48
LHS 8-19-11-20-58

Newfound 48

King 1-2-5, Ingram 7-3-18, Raymond 4-1-11, Belville 2-0-5, Plummer 1-0-3, Boulanger 2-0-4, Gosson 1-0-2, Totals 18-6-48

Laconia 58

Perry 1-0-2, Roberts 2-2-4, Greenwood 1-6-8, Chandler 6-5-17, Paronto 2-2-6, Howland 0-2-, McKisser 8-3-19, Totals 20-20-58

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Hoops

FROM PAGE B1

the Bears to open the lead to 15-7 and then Doan added two more points to Newfound's lead. Isyss Remillard put in Berlin's first hoop of the second quarter but Huckins came back with a free throw at the other end and Malina Bohlmann's field goal upped the Bear lead to 20-9.

Makenna Peare drilled a three to get the Mountaineers back on the board and after a hoop from Huckins at the other end, Makenna Peare drained another three-pointer and Newfound's lead was 22-15 at the halftime break.

Kaylee Peare and Balderrama hit free throws to start the third quarter but the Mountaineers didn't score again until the end of the frame. Huckins hit a free throw for the Bears and then Bailey Fairbank converted a three-point play. After Doan drained a three-pointer, Huckins and Leah Bunnell hit back-to-back hoops to stretch Newfound's lead to 33-17.

Kaylee Peare ended the quarter nicely for the Mountaineers, as she drained a three-pointer at the buzzer and the game went to the final frame with Newfound up 33-20.

MollyLu McKellar started the fourth with a free throw for the Bears and then Malina Bohlmann drained a hoop. McKellar hit another free throw before Makenna Peare got Berlin's first basket of the frame.

Huckins hit the hoop at the other end and then Fairbank hit a free throw and McKellar hit two from the line for the 42-22 lead. After Balderrama

drained a basket, Malina Bohlmann hit the final basket of the game for the 44-24 final score.

Huckins led all scorers with 14 points and Malina Bohlmann added 10 for the Bears. Makenna Peare led the Mountaineers with eight points.

"We have a 40-40 goal, score more than 40 points and hold the other team to less than 40 points," said Williams. "As long as we achieve that, we're good to go."

The Bear coach was worried about a slow start for her team and she saw the girls pushing a little too much at times and throwing the ball away unnecessarily.

"We don't have that big three-point scorer so we have to just push, push, push," Williams added. "We want to make their point guards work really hard."

"We've been struggling to put the ball in the basket," Picard said. "We turned the ball over 22 times. We

were on our heels a lot.

"Moving forward, we have to sustain the intensity and we have to find ways to put the ball in the basket," the Mountaineer coach continued, noting that with three home games coming up (two after deadline), he was hopeful to pick up a win early in the week and then move forward from there.

NRHS 11-11-11-11-44
BHS 7-8-5-4-24


Newfound 44

Malina Bohlmann 5-0-10, Fairbank 1-2-4, Doan 3-0-8, Mackenzie Bohlmann 1-0-2, Huckins 4-6-14, Bunnell 1-0-2, McKellar 0-4-4, Totals 15-12-44

Berlin 24

M. Peare 3-0-8, K. Peare 2-1-6, Balderrama 2-2-6, Cordwell 1-0-2, Remillard 1-0-2, Totals 9-3-24

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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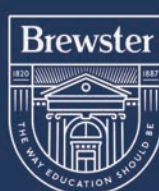
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