

Winnisquam Echo

THURSDAY, MAY 4, 2017

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

Veterans Home hosts a special salute to volunteers

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON — Residents and staff at New Hampshire Veterans' Home gave a special salute to their volunteers last Wednesday afternoon with a special recognition luncheon and some small tokens of appreciation for all they do throughout the year.

Bill Bertholdt of the Residents Council said the countless services provided by volunteers are deeply appreciated by he and all of his fellow veterans.

"They mean an awful lot to us, and do more than a lot of us probably even realize," Bertholdt said. "The volunteers help us in any way they can and they're just a wonderful group of people."

Among the numerous services they provide are help with transportation to programs and special events, assistance with recreational activities such as Bingo and art groups, playing the organ for religious services and assisting

in the greenhouse. Each service they provide not only helps the residents but also frees up time for a nurse or staff member to do other necessary tasks. Sometimes however, volunteers provide an even greater service by simply visiting with the men and women at NHVH.

One dedicated volunteer is Dot Rice of Tilton, who, as part of the Belknap-Merrimack County Senior Companion Program, has been a volunteer at the Veterans' Home for the past seven years. She said each visit is unique, with no real set schedule or routine.

"I do whatever they (the veterans) feel like doing. Sometimes I write out cards they want to send to family and friends, play a game, or if they just want to sit and talk I'll do that, too. I visit with as many of the veterans as I can each time and really enjoy it," she said.

Barnstead resident Carol Tiede is another volunteer whose husband SEE **VETERANS**, PAGE A15



Ralph Appleby was among the many volunteers at New Hampshire Veterans' Home who were thanked during a special luncheon last week. For his dedicated work, Appleby was also named the New Hampshire Veterans' Administration's Volunteer of the Year recently.

DONNA RHODES

Easter Bunny makes one last appearance at Tilton egg hunt

BY DONNA RHODES
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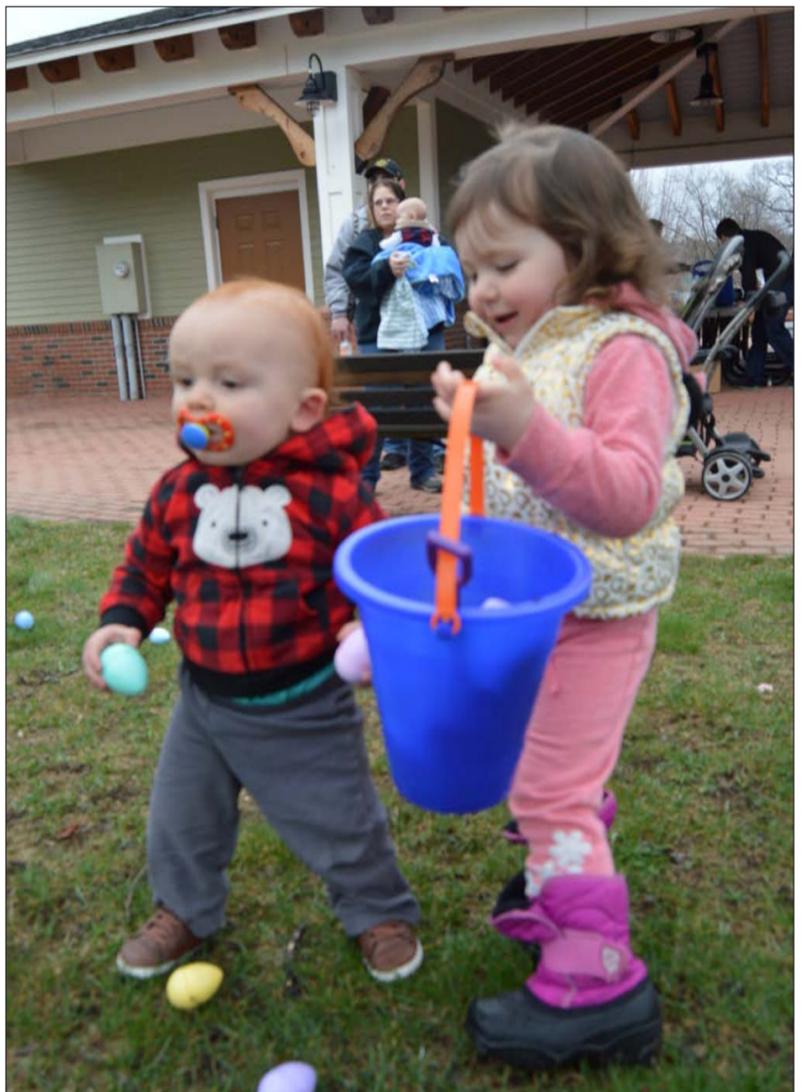
TILTON — It was the week after Easter, but that gave the Easter Bunny plenty of time to rest up before visiting Riverfront Park in Tilton last Saturday morning for one final egg hunt of the season.

Parks Commissioner Robert Hardy said they planned for the event to be scheduled on the Saturday after Easter for two reasons.

"One, we thought that holding it on Earth Day and getting everyone outside to enjoy Riverfront Park would be good, and two, this date (April 22) gives people who went away to visit family for the Easter holiday a chance to still participate in a town event," he said.

He and the other members of the commission filled 1,900 colorful plastic eggs this year, with Commissioner Marina Sumner filling the last 500 herself in just the final few days before the event.

Besides the candy that Sumner and the others placed inside the eggs, there were also a few special eggs avail-



Melody enjoyed hunting for Easter Eggs at Riverfront Park in Tilton with her baby brother JJ, who celebrated his first birthday the following day.

DONNA RHODES

It's 'tee' time in Tilton again

BY DONNA RHODES
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TILTON — The Whiteman Davidson American Auxiliary Unit #49 of Tilton and Northfield will be hosting its annual golf tournament on Saturday, May 13, and invites the public to join them in a day of "golf and follies" at Lochmere Country Club for their 8 a.m. tee off time.

Auxiliary President Jacki Newton said the tournament is once again limited to the first 120 players to register with their donation of \$75 per player. Prizes for the day will be awarded to first and second place finishers, as well as prizes to both male and female participants for the longest drive and the closest to the pin. Immediately following the tournament the legion

will also host a chicken barbecue for all players back at their post headquarters on Park Street in Northfield.

Once again this year, monies raised by the event will be used to help fund several special veterans' programs. Among those who will benefit are the New Hampshire Veterans' Home's Benefit Fund and New England Honor Flight, which transports World War II and now Korean War veterans for a visit to the war memorials in Washington, D.C. Other benefactors are the Liberty House residential services facility in Manchester that assists homeless veterans and the Wounded Warriors at 45 North respite camp in northern New Hampshire.

Interested participants SEE **TILTON**, PAGE A15

Prescription drug take-back event generates large turnout

BY DONNA RHODES
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REGION — A media blitz about the 2107 National Drug Take Back Day appeared to have a very positive influence this year, as local drop stations manned by police officers saw a large influx of unwanted and expired medications being brought in for safe disposal.

Officers from Tilton and Franklin were busy before they were even set up last Saturday morning, with a steady flow of vehicles pulling in to the CVS parking lot

in Franklin to discard hundreds of bottles of medications. In the first half hour alone they had already filled one large box and were working on a second.

"This location provides an easy in and out for people, unlike our police stations," said Tilton Capt. Ryan Martin. "It's great to get these drugs out of the homes and off the street. The opportunity to abuse them is no longer there."

Franklin's Police Chief, David Goldstein, said his department and SEE **TAKE-BACK**, PAGE A14



Franklin Police Officer Joe Clewley, Chief David Goldstein, Franklin City Councilor Jim Wells, Joe Giunta of the Franklin Mayor's Drug Task Force and Tilton Police Capt. Ryan Martin were at CVS in Franklin last Saturday to collect unwanted medications and provide the community with information on drug and needle safety.

DONNA RHODES

able for lucky boys and girls to discover. With the hunt divided by age groups throughout three sections of the park, each of those sections SEE **EASTER**, PAGE A14

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HALL MEMORIAL LIBRARY

Spring Book Sale begins Monday, May 1 - ends Saturday, May 6. Hardcover go for \$1.00 and paperbacks at 25 cents a piece or five for \$1. Stock up on DVDs, they're going for \$2 each and miscellaneous items will be priced to sell. So stop in and stock up on your summer reading and watching.

The Clothesline Project - On Display Monday, May 8 through Monday, June 5

The NH Clothesline Project is a visual display that uses T-shirts to bear witness to domestic and sexual violence in our communities. All T-shirts are made by victims, and friends and family of victims in Belknap County from 1994 to present day.

The Clothesline Project T-Shirt Making Event - Monday, May 15 from 5:30 - 7:30 p.m.

Free and Open to all... you do not have to be a resident of Belknap County to participate in this event. - All Materials Provided including T-shirts.

The Clothesline Project Display and T-Shirt Making event is sponsored by

New Beginnings, PO Box 622, Laconia, NH 03247. 528-6511.

New Beginnings... without violence and abuse

In the Display Case - Lego Creations by Scott King

Tuesdays

Teen Time at 3 p.m. - From nail painting to simple sewing projects to games and honest talks, come see what Miss Brittany has got up her sleeve. This month's line up:

May 1 through the 5th Reading Without Walls Challenge

The Reading Without Walls Challenge was created to encourage people to:

1. Read a Book about a character who doesn't look like or live like you.

2. Read a book about a topic you don't know much about.

3. REad a book in a format that you don't normally read for fun.

Join us this week as we have programs de-

signed to promote using books as windows into other people's lives.

May 9 - Hot Glue Phone Cases (more fun than it sounds! probably.)

May 16 - Pom-Pom Shooter

May 23 - YAHTZEE!

Wednesdays

Pre-School Storytime at 10:30 a.m. - Story and a craft for little people. This month's line up:

May 3 - Flowers;

May 10 - Frogs

; May 17 - Bugs

; May 24 - Fairytales;

May 31 - Zoo

Wednesdays

Bookcraft Book Group (for grades three and up) at 3:30 p.m.

A kid's book group where we read and discuss great books and watch fun Minecraft videos created by Stacy Plays. Minecraft and/or book related crafts and activities will be also be enjoyed. Current book is "The Twenty-One Balloons" by William Penedu Bois.

May Calendar of Events

Monday the 1st... Book Sale Begins

Monday the 1st at 6 p.m.

Scrabble... Adults only A little history about the game: In 1938, American architect Alfred Moshier Butts created the game as a variation on an earlier word game he invented called Lexiko. The two games had the same set of letter tiles, whose distributions and point values Butts worked out by performing a frequency analysis of letters from various sources, including The New York Times. The new game, which he called "Criss-Crosswords," added the 15x15 gameboard and the crossword-style game play. He manufactured a few sets himself, but was not successful in selling the game to any major game manufacturers of the day.

In 1948, James Brunot, a resident of Newtown, Conn. - and one of the few owners of the original Criss-Crosswords game - bought the rights

to manufacture the game in exchange for granting Butts a royalty on every unit sold. Though he left most of the game (including the distribution of letters) unchanged, Brunot slightly rearranged the "premium" squares of the board and simplified the rules; he also changed the name of the game to "Scrabble," a real word which means "to scratch frantically." In 1949, Brunot and his family made sets in a converted former schoolhouse in Dodingtown, a section of Newtown. They made 2,400 sets that year, but lost money. According to legend, Scrabble's big break came in 1952 when Jack Straus, president of Macy's, played the game on vacation. Upon returning from vacation, he was surprised to find that his store did not carry the game. He placed a large order and within a year, "everyone had to have one. (Wikipedia)

Thursday the 4th

May the Fourth (Be with You)

Stop in any time and create some fun Star Wars origami characters from Origami Yoda! Saturday the 6th... Book Sale Ends

Monday the 8th - The Clothesline Project T-Shirt Display installed June 5.

Monday the 8th from 2 to 6 p.m.

Have A Cuppa - Free coffee or hot chocolate.

Monday the 8th at 5 p.m.

Trustees Meeting, Open to the public.

Monday the 8th at 6 p.m.

Scrabble - Adults Only... Use your words.

Wednesday the 10th at 1 p.m.

Scrabble in the Afternoon.

Join us for a friendly game of this old favorite. (dictionary use allowed)

Monday May 15th from 5:30 - 7:30 p.m.

The Clothesline Project T-Shirt Making Event - Create a T-shirt to bear witness to domestic and sexual violence

in our communities. T-shirts are made by victims, and friends and family of victims. This event is free and open to all... you do not have to be a resident of Belknap County to participate in this event. - All Materials Provided including the T-shirts.

The Clothesline Project Display and T-Shirt Making event is sponsored by

New Beginnings, PO Box 622, Laconia, NH 03247. 528-6511.

New Beginnings... without violence and abuse.

Monday the 15th at 6:30 p.m.

The Bookers discuss "Breathing Water" by T. Greenwood

Three years after leaving Lake Gormlith, Vermont, Effie Greer is coming home. The unspoiled lake, surrounded by dense woods and patches of wild blueberries, is the place where she spent idyllic childhood summers at her grandparents' cottage. And it's where Effie's tempestuous relationship with her college boyfriend, Max, culminated in a tragedy she can never forget.

Effie had hoped to save Max from his troubled past, and in the process became his victim. Since then, she's wandered from one city to another, living like a fugitive. But now Max is gone, and as Effie paints and restores the ramshackle cottage, she forms new bonds-with an old school friend, with her widowed grandmother, and with Devin, an artist and carpenter summing nearby. Slowly, she's discovering a resilience and tenderness she didn't know she possessed, and-buoyed by the lake's cool, forgiving waters-she may even learn to save herself.

Wrenching yet ultimately uplifting, here is a novel of survival, hope, and absolution from a writer of extraordinary insight and depth. (Amazon)

Thursday the 18th from 5:30-7:30 p.m.

LuLaRoe... where fashion meets comfort!

"Try Before You Buy" Fundraiser

This event is so popular that we're bring back our LuLaRoe fundraiser where you get to "Try Before You Buy." LuLaRoe Fashion Retailer, Kristin Tolfree, brings hands-on LulaRoe fashions to Hall Memorial Library. Experience the colorful designs, feel the fabric, then try on before you buy. You'll walk out with a great piece of clothing and will help the library earn money too! Credit Cards accepted... so come ready for a great night of fashion fun.

Saturday the 20th at 11 a.m.

Fairy Tea Party Join us for some fairy stories, crafts and snacks!

Monday the 22nd at 6:30 p.m.

Bow Junction is Back! The Concord based band, Bow Junction will make its fourth appearance at Hall Memorial Library. If you attended a previous concert, then you know of the stand-up performance they deliver... if this is your first experience, then get ready for a musical feast with a bit of comedy delivered with impeccable timing by Linda Magoon.

Bow Junction delivers a diverse blend of hard driving bluegrass with gospel, folk, country, and even a little bit of Celtic. Combining a respect for tradition with an ear for innovation, this seasoned New Hampshire band has been entertaining audiences for many years. Bow Junction is available for festivals, town concerts, weddings, and just about any event where music is needed.

Russ Aubertin plays rock-solid rhythm and lead guitar. Linda Magoon provides spark and drive on the mandolin and the banjo. Randy Hencke's smooth and subtle bass keeps Bow Junction in time, on time and in tune. So be sure to stop in for an evening of great entertainment.

Tuesday the 23rd at noon

The Noon Book Group reads... "Saving CeeCee Honeycutt" by Beth Hoffman

A timeless coming of age novel set in the 1960s, "Saving CeeCee Honeycutt" explores the indomitable strengths of female friendship, and charts the journey of an unforgettable girl who loses one mother, but finds many others in the storybook city of Savannah. As Kristin Hannah, author of "Fly Away," says, Beth Hoffman's sparkling debut is "packed full of Southern charm, strong women, wacky humor, and good old-fashioned heart." (Amazon)

Thursday the 25th from 10:30 a.m. - 12:30 p.m.

Pneumonia Clinic - Sponsored by Walgreens - For Seniors 65 and older. \$0 copay with Medicare B Card. No appointment required.

Thursday the 25th at 4 p.m.

YaH Book Group reads... "Backlash"

Lara just got told off on Facebook. She thought that Christian liked her, that he was finally going to ask her to his school's homecoming dance. It's been a long time since Lara's felt this bad, this depressed. She's worked really hard since starting high school to be happy and make new friends.

Bree used to be BBFs with overweight, depressed Lara in middle school, but constantly listening to Lara's problems got to be too much. Bree's secretly glad that Christian's pointed out Lara's flaws to the world. Lara's not nearly as great as everyone thinks.

After weeks of talking online, Lara thought she knew Christian, so what's with this sudden change? And where does he get off saying horrible things on her wall? Even worse - are they true? But no one realized just how far Christian's harsh comments would push Lara. Not even Bree. As online life collides with real life, the truth starts to come together and the backlash is even more devastating than anyone could have imagined. (Amazon)

Monday the 29th Library Closed for Memorial Day

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It's not easy being a parent. But here's something simple you can do. Spend two minutes twice a day making sure they brush. It could help save them from a lifetime of tooth pain. Make it fun, text MOUTH to 97799 to join the 2MIN2X Challenge.

2MIN2X.org

2MIN 2XDAY

Easier than getting them to eat something green.

Ad Council Healthy Mouths Healthy Lives

Accident on Route 140 leaves driver seriously injured

BY DONNA RHODES
dhrhodes@salmonpress.news

BELMONT — A single vehicle crash on Route 140 in Belmont last Friday afternoon left an unidentified woman with serious injuries after the vehicle she was operating careened into several telephone poles and trees along the road near Pine Gardens residential community.

Belmont police said the accident occurred at 1:43 p.m., when officers in the town were already en route to the area, responding to several calls they received about a vehicle driving erratically on the road.

"The car was not maintaining its lane and was reported travelling over posted speed limits," reported Lt. Richard Mann of the Belmont PD. "The sedan that the woman had been driving was travelling west on Route 140 from Tilton/Northfield when it struck and destroyed two utility poles, then bounced off three trees."

Arriving at the scene, police and fire personnel located a woman in her 40's, later identified as the driver, lying on the ground under a snapped utility pole. She had apparently not been using a seatbelt and was therefore ejected from the vehicle.

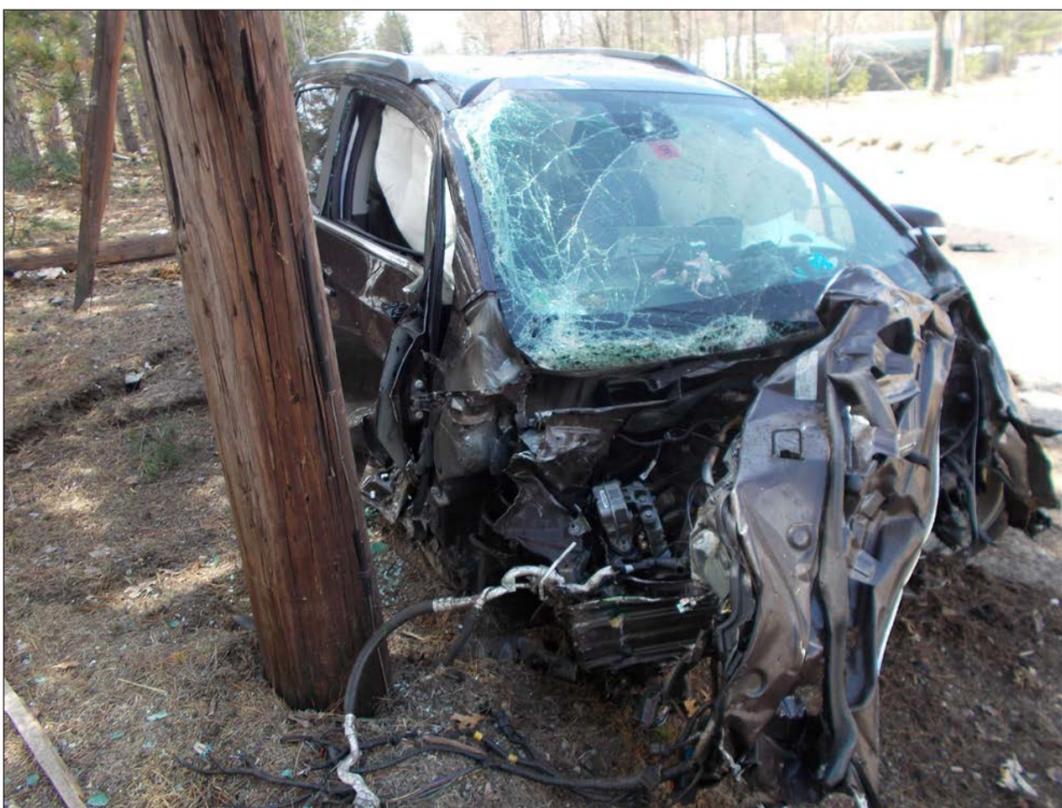
Police reported the crash scene to be so extensive that Route 140 had to be shut down from Jamestown Road to Main Street for investigation and cleanup operations.

In his press release, Mann said the initial onsite investigation showed there was no sign of an attempt to brake the vehicle before it left the road. The force of the impact therefore was so great that the engine was ripped from under the hood and landed in the yard of a nearby home. The front axle also landed in the roadway and a tire was found 200-ft. from where the car eventually came to a stop.

"The extent of the damage suggested that the car was travelling at a very high rate of speed at impact, believed to be around 80 to 90 mph," the lieutenant said.

Fortunately, he added, no other people or vehicles were involved and property damage was limited to the utility poles and trees that were struck.

The driver however was not so fortunate. First Responders found her to have significant injuries. Members of Belmont Fire and Rescue treated the woman at the scene before they were



Investigators in Belmont continue to look into circumstances surrounding a serious single vehicle crash on Route 140 last Friday afternoon that shut down the road for 90 minutes and eventually sent the driver to Dartmouth-Hitchcock Medical Center for treatment of her injuries.

able to transport her to Lakes Region General Hospital. From there she was later airlifted to Dartmouth-Hitchcock Medical Center and her current condition was unknown, Mann said on Monday.

The stretch of Route 140 between Jamestown Road and Belmont Village remained closed for 90 minutes that day as of-

ficers gathered data and physical evidence from the scene of the crash, but other aspects of the investigation are still underway.

"We are looking at some indicators that suggest that the driver may have suffered a significant medical event while behind the wheel, causing total loss of control," the lieutenant said.

District One candidate Eddie Edwards to address Belknap County Republicans

BELMONT — The Belknap County Republican Committee (BCRC) will hold their next monthly meeting on Wednesday, May 10 at 6:30 p.m. at the Top of the Town Restaurant, 88 Ladd Hill Rd. in Belmont.

This month's guest speaker will be the first declared candidate for Congress in District One, Eddie Edwards, who is challenging recently elected Democrat Carol Shea-Porter. Edwards is a Navy veteran, a graduate of the FBI National Academy, and a former law enforcement officer. He's traveling throughout the district "to discuss ways to bring new jobs to the state, reduce the size of government, strengthen national security, address student loan debt burden, and combat the opioid epidemic." Here's your opportunity to meet Edwards and to ask him questions about all the issues that are important to you.

With the Friday, June 2 Annual Belknap County Cruise on the M/S Mount Washington on Lake Winnepesaukee

less than a month from now, the Cruise Committee will provide an update regarding guest speakers and entertainment. And, as is the custom, the Belknap County House Delegation, State Senators, and County Commissioners will be asked to provide updates about the status of many bills and issues that are being addressed this term.

Belknap County GOP meetings are open to all Republicans and like-minded Independents. Per their usual meeting format, if you're interested in having dinner (at your option) and/or wish to socialize before the meeting, plan to arrive as early as 5 p.m.

The Committee thanks its members for their past food pantry donations and wishes to remind them to continue to bring non-perishable food items to the meeting.

For more information, please check the Committee's Web site at www.BelknapCountyGOP.org or send an email to alan.glassman@gmail.com.

Discover what our Founding Fathers were thinking at next Historical Society program

BELMONT — On Tuesday, May 16 at 7 p.m. at the Corner Meeting House in Belmont, the Belmont Historical Society is sponsoring the New Hampshire Humanities To Go program, "The Founding Fathers: What Were They Thinking?" by Richard Hesse, who has been a New Hampshire Humanities presenter on the subject of American history for a several years.

In 1787, delegates gathered in Philadelphia to address a wide variety of crises facing the young United

States of America and produced a charter for a new government. In modern times, competing political and legal claims are frequently based on what those delegates intended. Mythology about the founders and their work at the 1787 Convention has obscured both fact and legitimate analysis of the events leading to the agreement called the Constitution. Richard Hesse explores the cast of characters called "founders," the problems they faced, and the solutions they fashioned.

Richard Hesse is a Professor Emeritus at the UNH School of Law, and has published on a variety of legal and ethical topics. His academic concentration is on state and federal constitutional law and international human rights. Hesse has been an advocate for civil and human rights for more than 50 years, and was twice awarded the Bill of Rights Award by the New Hampshire Civil Liberties Union. He has served as Humanities Council speaker since the early 1980's presenting programs

on The Founding Fathers, Civil Rights and National Security, Free Speech, Freedom of Religion, the United States Supreme Court, Daniel Webster, John Winant and John Marshall.

The program is funded by the NH Humanities To Go Program, and is free and open to the public. The Corner Meeting House (CMH) is located at the intersection of Fuller Street and Sargent Street in Belmont. The facility is handicapped accessible. Refreshments will be provided. For directions, contact 524-8268.

Sanbornton trustees accepting cemetery funds applications

SANBORNTON — The Sanbornton Trustees of the Trust Funds remind caretakers of the town's private cemeteries that funds may be

available to help cover mowing and other maintenance costs incurred in the past year. Cemetery directors, boards or caretakers may apply for

reimbursement of maintenance expenses from annual accrued interest from dedicated funds administered by the Trustees. Application

vouchers are requested by June 10; these are available at Sanbornton Town Office and may be mailed to TOTF, PO Box 212, Sanbornton, 03269.

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Opinion

A4 Thursday, May 4, 2017

WINNISQUAM ECHO

STRATEGIES FOR LIVING

BY LARRY SCOTT

You are sitting there, deeply depressed because you have failed again. If you will let me, however, I would like to cheer you up for I do have something to say. No matter how great your failure, perhaps it is time, as you have done when your GPS has taken to you to a dead end, to recalibrate!

History tells us that many of the men and women society has most admired have been right where you are. Writing in *Shrink*, Tim Suttle makes this observation:

“Most of the lasting lessons I’ve learned in ministry have come through failure. ... We all fail. Failure is an inevitable part of being human. Even much of what we call success has its root in failure. Michael Jordan was cut from his high school basketball team. Albert Einstein didn’t speak until he was four years old and was considered not very bright. Oprah Winfrey was demoted from a new anchor job because she was thought to be unfit for television. Walt Disney was fired from a newspaper for lacking imagination. Thomas Edison was called stupid by his teachers. ... If you poke around and study the great success stories, you’ll usually find a truckload of failure somewhere. ... Some of the most important moments of our lives will come through our failures. ... I think God uses our lives against us. ... He takes hold of the jagged edges of our lives and our stories and uses them to scrape away everything that is killing us. God takes our failures in hand and makes them the instrument by which he can grind down our rough edges, peel away the death that traps us there, and free us to become fully human (pages 217-218).”

Unfortunately for us, hindsight doesn’t count. Had I had the perspective 30 years ago that I have today, had I been able to mature without the disorientation and isolation of the 14 years I spent behind the steering wheel of a long-haul truck ... my life would have been dramatically different. But that is experience and the clock cannot be turned back. My track record, as a matter of fact, is a history of abominable failure, but it has also been a journey of growth.

The crises of my life, in short, have not been wasted. My relationship with God, my marriage, and, ironically, my satisfaction with where and who I am, all reflect my journey. I have few wants, no dreams of a better tomorrow, no looking forward to change. I am happy with my station in life, at peace with God. And that, I guess, is growth.

That is not to say, however, that I am about to fold up my wings and fade away. Indeed, I have failed dramatically and if that is a necessary condition to success, then I am a prime candidate. I remain convinced that God isn’t through with me yet; my ambitions and dreams remain toward a more fulfilling tomorrow. Every day is a new day; I’m excited about what lies ahead!

That is my journey, the point behind this column, and I am inviting you to join me in this great adventure.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

PET OF THE WEEK

MARLOW



A very special dog, is Marlow, currently in an offsite foster home but so ready for her next step, a permanent forever home.

She came to us in August 2016 at the request of a sister shelter in New Hampshire. Marlow’s story is heartbreaking; she was attacked in her own home by unknown human assailants. Immediate medical care was provided by another shelter, but they also asked if we would take her, for geographical reasons. Of course, we said “yes”. Marlow has simply blossomed under the gentle, constant care of her New Hampshire Humane Society

approved foster home (& BTW: what a great way to get involved with our organization)!

Marlow, aged perhaps 4 years young, is vigorous and energetic, completely recovered in mind, body and spirit, and now looks for a family to love her always. Best home: teens and up, possibly another dog with formal introductions, cats... not so much! To arrange a meeting with Marlow, please contact us directly at the shelter, 524-3252 and ask to speak with an adoption counsellor.

Check www.nhhumane.org for more details.

LETTERS TO THE EDITOR

Lefty loonies invade the Hall

To the Editor:

This is my 13th report to the voters of Hill and Franklin on what is happening in Concord. I did not write a report last week because it was very slow, with no Committed hearings or House Sessions.

I took advantage of the free time to visit New England College, this past Wednesday with my wife. We attended a town hall meeting to listen to Commissioner of Education, Frank Edleblut. Unfortunately... or fortunately...The Looney Left was out in force. At the beginning of the meeting, the president of the college emphasized the regularity of such meetings and in fact had all the presidential candidates in 2016 conducted similar town hall gatherings. She stressed it was her intent to allow all positions to be heard and she expected the audience to be courteous.

Courtesy is not the aim of the Lefty Loonies. Kimberly Morin, a political activist said it best in NHPoliticalbuzz.com. “Zandra Rice Hawkins, who was paid to be there by an out-of-state organization, Progress Now, behaved like a petulant child and kept yelling out things at Edleblut. She was asked to stop by organizers several times or she would be asked to leave. The only purpose progressives served in being there was to interfere with Edleblut interacting with parents and educators who actually care about education in the state.”

Fortunately, Commissioner Edleblut kept his

cool and we learned of his vision for the department and his opinions on what New Hampshire education should encompass. He also made the point that he made the choice to home school his seven children because he believed this was too important a task to be left to strangers. Given the Lefty Loonies... many who were probably teachers, he made the right choice. On the way out of the meeting hall I noticed the Lefty Loonies formed a circle on the patio, deep in meaningful dialog. No doubt their example of a circular firing squad.

An interesting point is that New England College was formed after World War II to provide education opportunities for the military veterans returning from the war. It is far different now. The college administration is trying to offer the public and the students a diverse education. You might want to take a drive up to Henniker to see.

Your voice and your opinion on bills before the legislature are important. You can view the House Calendar every Friday to see what bills will be presented at www.gencourt.state.nh.us to find out when bills are scheduled for hearings. Please contact me at dave@sanbornhall.net or 320-9524 if you have any questions.

Cheers!

*Dave Testerman
NH State Representative
Franklin and Hill*

What STEAM Day means for our young people and our economy

BY SEN. MAGGIE HASSAN

Recently, this paper covered STEAM Day at Belmont Middle School, highlighting the experience of students using soldering pipes, testing out robots, and learning aviation skills from a local pilot. It is this type of hands-on learning experience and exposure to careers in the fields of Science, Technology, Engineering, Arts, and Mathematics (STEAM) that will help create a brighter future for our young people and for our

entire state – and I was inspired to hear more about the work of Belmont Middle School in this area.

The Granite State is as well positioned as any state to lead the nation in innovative economic growth that will help lift all of our people and define the 21st Century. The future growth of our economy and our state rests in the hands of our young people – the next generation of leaders. In order to prepare this next generation of lead-

ers and to harness economic growth, we must ensure that our students are prepared to meet the demands of an innovation economy. Engaging our students in STEAM from a young age is critical to those efforts.

From teaching students how to operate a small-scale industrial robotic arm, to showing them how to virtually go through a heart and other organs in the human body, to training young people in aviation skills, to giving lessons in improv theater and beekeeping, STEAM Day at Belmont Middle School provides an inside look at careers in the STEAM fields, promoting understanding among students that there are interesting, exciting, and fulfilling STEAM jobs in New Hampshire.

I am encouraged by STEAM Day at Belmont Middle School, and hope that the school continues to invest in the resources to teach these important subjects to help build the next generation of workers and leaders in

these fields. Investing in STEAM education for our young people will lead to high-quality jobs for our students and to a stronger economy for the region and for our entire state.

That is why, during my time as Governor, I worked to build a stronger workforce with the knowledge and innovative thinking necessary for good jobs in the 21st century economy. Such efforts included establishing a task force on STEM education, which brought together a diverse group of people from education and business backgrounds to make recommendations for modernizing STEM education in schools throughout the Granite State.

In the Senate, I am working to build on those efforts through my role on the Senate Committees on Commerce, Science, and Transportation, as well as Health, Education, Labor, and Pensions. I recently voted to approve mea-

SEE STEAM, PAGE A14

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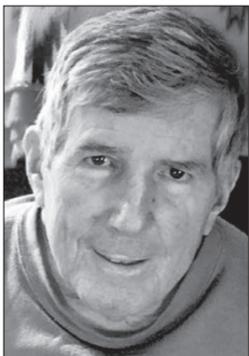
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North Country Notebook

Fiddleheads and woodcock sally forth to grace the plate



By JOHN HARRIGAN
COLUMNIST

Fiddleheads and woodcock would seem to have little or nothing in common, but in my case they are firmly linked: In my younger years, I knew absolutely nothing about them, and beyond that had no clue that either one was fit for the table.

I'm reminded of this about now because the fiddleheads are almost ready to push their way up through the black soil of alder swamps; and after spending our mandatory seven months of winter far to the south, the woodcock are back.

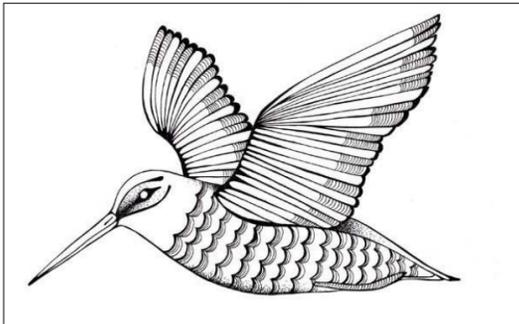
Looking back, knowing what I know now, I can't figure out why such delectable elements of Mother Nature were absent from my childhood experience. Not knowing about fiddleheads is perhaps understandable, because they were not part of the culture, just as for some strange reason hunting with dogs has never been a big deal in my part of the North Country, and ditto for duck hunting. Just over that ridge, or just over into that other watershed,

all these and more were part of the fabric of life; around here, not so very much.

My bird-hunting days began at age 12 or so, when my parents more or less handed me over to best friends Rudy and Joan Shatney, to go live with them at Clarksville Pond. "You mean they just gave you away?" someone often will say at this story and others as I go over the hump of age 70, and the answer is yes. Rudy and Joan's two girls were already busy, and they needed a boy to help them with their hunting and fishing and vacation cabins on Clarksville Pond, about ten miles and 500 feet higher up in elevation from my home in downtown Colebrook. And both sets of parents had long since concluded that I belonged in the woods, not on the village sidewalks.

So off I went, to just about the most idyllic, hard-working, rustic and backwoods life a boy could imagine. And one of the first things I learned from Rudy, one of the best-known guides in the state, was how to handle a shotgun.

He handed me out a single-barrel 20, which I have thought ever since is the best way to start a kid out--and subsequently all of my kids began the same way. Along with the gun came lessons on the finer points of hunting partridges (grouse), and thus on fall afternoons, after whatever chores at hand were done, I was off into the



COURTESY — POETRY BOOKS; SAROJ OATEL

A rendition of a woodcock, difficult to capture on film because it flies so fast.

woods.

The edges of alder swamps were good places to find birds, but every now and then I was distracted from being ready for grouse by this little bundle of feathers bursting forth close by my feet, emitting a frenzied peeping noise as it hit apogee a dozen feet overhead and zoomed off for parts unknown.

"Hey Rudy," I said one night when I got back for supper. "What are those little birds that get in the way of my bird-hunting?" and after hearing my description he replied "Woodcock," and I thought nothing more of it. They remained, to me, just something I more or less kicked out of the way so I could concentrate on hunting the real thing.

Of course, later on in life, and not much later either, I was informed that these things were good to eat, and so when one of the more veteran hunting parties came up from Manchester one weekend and dressed out several woodcock for the table, I was invited to have some. "Ugh," I thought upon tasting

a bite, but of course did not say. "Mud, with an after-taste of worms." And I've never graduated from that initial impression. You might as well eat a robin. Ardent woodcock-hunters are not very fond of this story.

So I continue to just sort of shoo woodcock out of my way so I can be ready for a partridge, which the rest of the world calls ruffed grouse, and there is no finer treat for me than to bring home a couple of birds and dress them out and cook them up for supper, packing the breast cavity them with a wild apple and chive and bread stuffing and a healthy pat of butter, wrapping them in foil to bake at 350 for 30 minutes while I get everything else ready. Who gets to do this kind of thing, from right out the back door?

Fiddleheads are another matter. I don't know why they are not and never were part of the local legacy and lexicon, like dandelion greens. It's a cultural thing, I guess. Whatever the case, I never found



COURTESY — PIXABAY.COM

A fiddlehead, bursting forth among other spring delights.

out until relatively late in life that fiddleheads not only can be eaten, but very well should be. In the fall I am an ardent picker of blueberries and raspberries and any other edible berry I can find, and now, in the spring, I pick fiddleheads.

This does not require much of an expedition, because fiddleheads pop up right behind my wood-burning furnace, in the little alder swamp that runs from South Hill Road all the way down to the north branch of Beaver Brook. Fiddleheads are appearing just about now in New Hampshire's southern climes. Given the disparity of seasons between Concord and Colebrook, about one week of growing time in the spring, we should be picking fiddleheads sometime around the end of next week.

Fiddleheads are the sprouting, coiled fronds of the ostrich fern. There are other fern-fronds that sort of look like the same thing, but are not very good to eat, and in some cases can make you sick. The ostrich fern fronds can be identified by the U-shaped groove on the underside of the stem.

These coiled sprouts do indeed look like the curved top end of a fiddle, just above the tuning pegs, and can be found in seasonal wetlands all over the state.

Good manners dictate that you seek landowner permission before picking a bunch for supper.

Fiddleheads are a pain in the butt to clean, but Steve Roeder of Gilford, who haunts camps and roams the landscape up in my territory and is involved in the care and feeding of a camp on Boundary Pond, clued me in on a pretty simple trick. If you've got a crayfish or other fine-mesh wire trap, throw your fiddleheads in there and submerge the trap in running water, which in a few minutes of tumbling will wash the small brown membranes right off, a necessary step for good cooking.

Steve sautes his in garlic and butter in a cast-iron pan. They're pretty good that way. I steam mine for about ten minutes and serve them up with butter and a touch of vinegar.

"Yum," I'm thinking as I write this, anticipating it all in a week or so. But sorry, timberdoodle lovers--the taste of woodcock will always make me think "Worms."

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

MARK ON THE MARKETS

Expectations



BY MARK PATTERSON

Whenever we invest our money in any kind of investment vehicle, such as stocks, bonds, real estate or commodities, we typically have an expected return plugged into our brains based typically on past performance. I can relate to you about my early years as a stockbroker in the middle 90s. If I had municipal bonds to offer, the yield to maturity was often times between four and 6 percent tax-free to the client. Depending on the client's tax bracket, that could equate to a tax equivalent yield of eight or 10 percent. As a new broker I would call the fixed income desk at my firm and try to get new

issue municipal bonds held aside for me to garner new clients. The municipal bond buyers were typically wealthier or mature clients compared to the typical equity or stock investors. When I did open an account with that equity or stock client, I would discuss expectations for returns in the market. Often times clients would tell me that the expected return was somewhere between 10 and 20 percent. Certainly the 20 percent expectation was high but the 10% return expectation was a minimum expectation for those equity clients.

Typically, the investor is using a benchmark of returns from the past to form their expectations of returns in the future. This is often times unrealistic given interest rates and market returns over the last 15 years. Instead of benchmarks based on past market returns maybe we should think about the necessary return needed, that is reasonable in today's interest rate environment

that we require for our future income.

Between 1984 and 1999 the S&P 500 returned nearly 18% per year including dividends. So my client back in 1995 who expected up to 20 percent was really just conditioned by what the markets were actually returning. The next 15 years, 2000 through 2015 the S&P 500 returned a little over 4 percent including dividends. Today, the yield on the 10-year note is about 2.3 percent. In 1995, the yield on the 10 year note was about 6.5 percent.

If you are investing money today, just think about real returns in this interest rate environment and understand that the dividend paying stocks are vulnerable to market volatility based on the fact that many investors and their advisors have chased yield and have taken, in my opinion, too much risk for that reward.

An investment grade corporate bond portfolio may offer a yield of between 4 and 5 percent. If structured properly

your advisor should be able to immunize the portfolio against interest rate risk compared to a bond fund, that is perpetual (no maturity date). I am not anti-common stock or equities, my intentions are to maximize returns and minimize risk. The bond market is nearly twice the size of the stock market however, many new clients that I consult with are primarily in stocks or equity. I get it, stocks are much more exciting than bonds, however our brains chemically react three times greater when we are getting hurt in the markets as opposed to positive reactions in good times, so let's at least balance our portfolio by investing in low to non-correlated asset classes, known as modern portfolio theory.

Sharpe sell-offs or elongated bear markets deplete our monetary and emotional capital.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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BELMONT — Lisa Helen (Faragi) Kalinoski, 54, passed away peacefully with her family by her side at Lakes Region General Hospital on April 26, 2017.

Lisa was born on Oct. 10, 1962 in Wakefield, Mass., the daughter of Michael and Carol Faragi (maiden name Doucette). Lisa went to school at Greenwood Elementary School in Wakefield, then on to Junior High school. After finishing with school, she went to work at Walmart.

Lisa enjoyed spending time with her cat "Zina," doing arts and crafts, boating and spending time on the lake with her cousins. She also loved dancing



and listening to music, she especially enjoyed spending time with her family, going to family gatherings, and most of all spending time with her dad.

Lisa is survived by her parents, Michael and Carol Faragi of New Hampton; her brother Michael and his wife, Nancy Faragi of Derry and their children, Michael and Jillian

Burial mass scheduled for Norman Adams

TILTON — A Mass of Christian Burial will be held Friday, May 5, 2017 at 10 a.m. in St. Mary of The Assumption Church, Chestnut Street, Tilton for Mr. Norman P. Adams, 88, of North-

field, who died on Nov. 23, 2016.

Burial will follow in St. John Cemetery, Tilton.

Paquette-Neun Funeral Home in Northfield is assisting with arrangements.

Pines Community Center announces running club

NORTHFIELD — The Pines Community Center, located at 61 Summer St., Northfield, is launching a running club for children ages six to 12.

Introducing children to the fun of running at a young age is an exciting way to help them develop healthy habits that will stick with them for life. The goal of this program is to promote the sport of cross country running to the youth of our community by providing a fun, positive

opportunity for all to develop fitness, self discipline and a dedicated attitude toward all their endeavors. Families are welcome! Parents may run with their kids.

There will be two practices a week, dates and times to be announced.

A volunteer coach is needed to run this program!

Please register in advance at the Pines or through our Web site under the 2016-2017 Youth & Family Sports tab.

Lisa Helen Kalinoski, 54

Faragi; Lisa's cousins, Dawn Marie Shaw and her husband Robert of Saugus, Mass., Tammy Baiochetti and her husband Vinnie of Gilman-ton, Peter and his wife Mary Ann Taylor of Derry, Brian Taylor of Meredith, and Kenneth and his wife Sheila Tay-

lor of Ipswich, Mass.; her godmother, Frances, and her husband Richard Ales of Wakefield, Mass.; aunt Jen-ni Boccelli of Peabody, Mass.; her very special friend and caregiver, Vicki Cam; and many nieces and nephews.

A Memorial Service

will be held at Saint Charles Borromeo Catholic Church, 300 NH-25 Meredith, NH 03253 on Saturday, May 6, 2017 at 11 a.m.

In lieu of flowers, the family asks for dona-tions to be sent to the Greater New England multiple sclerosis so-

ciety, 101A First Ave., Waltham, MA 02451.

The Mayhew Funeral Home and Meredith Bay Crematorium are assisting the family with arrangements. To view Lisa's online book of memories, go to www.mayhewfuneral-homes.com.

Van Besler Johnston, 62



WEST ROXBURY, Mass. — Van Besler Johnston, 62, passed away on April 11, 2017 at the West Roxbury VA Hospital in Massachusetts after facing complications with AML (Acute Myeloid Leukemia).

Born on Oct. 17, 1954 in Laconia, he was a longtime resident of Sanbornton, and later moved to Nashua, where he maintained residence in his later years.

Recently retired, Van had worked mostly in

construction, and had served in the U.S. Army Reserve, 368th Combat Engineers Company B 2nd Platoon from 1975-1979. He loved airplanes,

with his favorite being the B-17, which he had the opportunity to fly on. He was also an avid follower of "Star Trek."

Van was predeceased by his parents, James Johnston and Mary Parker Johnston.

He is survived by his wife Lynn Johnston, of five years; his children, Morgan Johnston and Jack Johnston of Sanbornton; his brothers and sisters, James Johnston, Jr., Elizabeth Smith, Kriss Foster, Roger Johnston, Steve

Johnston, and Robert "Andy" Johnston; as well as many nieces, nephews and cousins.

In lieu of flowers, please make donations to VA Boston Health Care, in memory of Van Besler Johnston, 1400 VFW Parkway, West Roxbury, MA 02132.

A Celebration of Life in memory of Van Besler Johnston will be held Saturday, May 6, 2017 from 1-3 p.m. at the Merrill Fay Ice Arena, 468 Province Rd., Laconia, NH 03246.

Help for those who help others

FRANKLIN — "How did you first become a caregiver?" Tobias Nyatsambo, Chaplain for Franklin VNA and Hospice, asks in his mellow baritone.

A woman went first: "My husband got sick."

"My mother was hospitalized," said another.

Around the circle, each person recalled some version on a theme - they didn't start out planning to become a full time caregiver for a loved one, they were thrown into it when something unfortunate happened.

Nyatsambo sums it up nicely: "For many people, caregiving for a loved one is not a choice, but what one has to do."

And do they did. Twenty-four hours a day, seven days a week, some for years. And given the choice, most said they would do it again.

But caregiving takes its toll on the ones who do it. Many studies show increases in depression, anxiety, and exhaustion in caregivers and a 2005

study by the Center on Aging Society found that more than one in ten caregivers report that caregiving has caused their physical health to get worse.

Here is where the Franklin VNA & Hospice and ServiceLink came in. Barbara Normandin, their Executive Director got a call from Tilton-Northfield United Methodist Church parishioner Nina Scarlett asking for help.

Says Normandin, "She was hoping that we would provide a speaker in the spring for a group of caregivers ...this could be a good opportunity."

Nyatsambo is no stranger to discussions of caregiver strain, as the force behind both the VNA's Hospice Volunteer program and the walk - in grief support group held at the Franklin VNA, he has seen first-hand how caregiving affects people.

He says, "Caregiving helps us be in touch with our mortality and

the resilience of a human body and spirit."

But beyond support for those providing caregiving, the VNA wanted people to learn about the community resources available to help those people and their loved ones get the support they needed to remain in their own homes for as long as they were able. So they reached out to ServiceLink. Wayne Blanchard and Carissa Elphick from the Merrimack and Belknap County branches of ServiceLink were more than happy to collaborate. They filled the second half of the program with information about the multitude of programs and grants ranging from caregiver supports, emergency needs services and medical and health services, all as part of Service Link's mission as an Aging and Disability Resource Center.

Nyatsambo saw this program as "An opportunity for service providers and churches to

work together for the good of the community."

Combined with the nursing services, social work, physical and occupational therapies the Franklin VNA & Hospice offers, as well as their Hospice program itself, the program, "Living with Caregiver Strain and Choices for Independence: Tools to stay in the home you love" was a welcomed answer to the group's need. The two agencies hope to present their program again, for any group who has such a need. With one New Hampshire Policy Study estimating nearly half a million residents to be over the age of 65 by 2030, and all the complications and caregiving needs that come with that, there is sure to be one.

With his gift for words, Nyatsambo again gets to the heart of it: "The community stands to benefit when service providers share resources."

MAY SPECIALS

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COURTESY

Peabody Home Food Drive benefits Greater Franklin Food Pantry

Earlier this month, Peabody Home hosted a Non-Perishable Food Drive to benefit the Greater Franklin Food Pantry. Peabody Home collected a very generous amount of non-perishable food donations at their location: Peabody Home, 24 Peabody Place, Franklin. The staff, residents and volunteers were excited to deliver the collected goods directly to the Franklin Food Pantry. Pictured, left to right, are Adult Day Care Resident, Sheila A. and Peabody Home Volunteer, Katherine S. collect food from community donors.

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Gilmanton team advances to Destination Imagination Global Finals

GILMANTON — After achieving honors for creativity, teamwork, and innovation in regional and state academic tournaments, the Gilmanton School's own Spaghetti & The Meatballs have earned the right to compete in Destination Imagination's Global Finals, the world's largest celebration of student creativity, to be held May 24-27 in Knoxville, Tenn. Team members include Natalie Clay, age 10; Brady Gardner, age 10; Hale Kutuk, age 13; Jaime Waldron, age 10; and Zavien Whitmore, age 10.

These students will compete with other teams in the Show & Tech category, one of seven open-ended challenges that require students to apply science, technology, engineering and math (STEM) skills, in addition to their talents in improvisation, theater arts, writing,

project management, communication, innovation, teamwork, community service and social entrepreneurship.

Spaghetti & The Meatballs chose to test themselves by participating in the technical challenge, which prompts students to complete tasks by using engineering research, strategic planning and related skills. The goal of this challenge was to create a stage that moved at least one team member from one location to another during a two act presentation. They were also saddled with the challenge of developing and showcasing a technical effect for both opening and headlining acts.

Without adult collaboration or interference of any kind, this team of students invented a three-foot-by-eight-foot structure that they call the "sladder." They all learned elements of construction, from how to

properly use a measuring tape to the safe use of power tools. Placed on a two foot incline, the spinning rungs of this ladder type device were constructed of hand-cut dowels and pool noodles. They slide a team member across the stage on a sled using gravity as propulsion.

The presentation opens with a commercial for a sponsored product called "The Super Sauce Pan," which requires no heat for its intended purpose. The skit then launches into its main event, a cooking competition hosted by the duck tape fashionista and entertainer Lady GooGoo. Using the sponsored product, two chefs duke it out for the title of Chef Super Sauce by cooking a unique dish of one other than spaghetti and meatballs! The two judges taste the dishes and announce the winner to the audience. In a surprise twist, the new

reigning champion prepares to face off against a friend in the upcoming episode. From an entire dress made of only duct tape and a shoelace to a catapult and a confetti gun, this team will represent New Hampshire well at the largest celebration of creativity in the world!

Why is this amazing? This is the first time in Gilmanton's history that a Gilmanton School DI team had advanced past both regional and state competitions to represent New Hampshire on the global stage. Spaghetti & The Meatballs competes in the Middle School division against students in grades six through eight, although the team of five actually consists of four elementary aged students and only one seventh grader! The team needs to fundraise nearly \$12,000 to cover the costs of tournament participation, lodging, meals, transportation, and public relations materials. A GoFundMe page has been set up on their behalf to accept online donations, and can be found at www.gofundme.com/gilmanton-destination-imagination-q.

In addition to online fundraising efforts, Spaghetti & The Meatballs is partnering with local businesses to hold a number of fundraising events. A Destination Imagination Spring

Carnival will be held at Crystal Lake Park on Saturday, May 13 from 3 to 7 p.m. The event will include fun for all ages, with carnival games, prizes, a photo booth, carnival food and goodies, a DJ, a long list of raffle items, and DI demonstrations. Updates on all fundraising events can be found at www.facebook.com/GilmantonDI.

Destination Imagination has had a positive impact on more than one and a half million students who have taken part in its acclaimed academic program. This year, 150,000 students have participated in tournaments throughout the U.S. and 30 countries in hopes of earning a spot at the Global Finals competition in May. Spaghetti & The Meatballs are among more than 8,000 students representing more than 1,400 teams that will advance to the Global Finals in 2017.

"The Destination Imagination program is a fun, hands-on system of learning that fosters students' creativity, courage, and curiosity," says Chuck Cadle, CEO of Destination Imagination. "Collaborative problem solving, risk taking, project management and thinking on your feet are just a few of the important skills learned in our program." Destination Imag-

ination is a leader in project-based learning opportunities that blend STEM education with the arts and social entrepreneurship. Its academic challenges are student-directed, and are designed to teach kids how to think, not what to think. Teams who participate have the opportunity to present their solutions at regional and state tournaments.

Each year, DI competitions begin with a regional tournament, where team solutions are assessed by a panel of trained Appraisers, ranging from educators to artists to engineers. Each team solution is scored on a variety of elements, including originality, workmanship, presentation and teamwork. Teams with the highest scores advance to the Affiliate (state or country) tournaments. The top-tiered teams from the Affiliate Tournaments advance to Global Finals.

Destination Imagination, Inc. dedicates itself to enriching the global community by providing opportunities for learners of all ages to explore and discover using the creative process from imagination to innovation.

For more information about Global Finals, visit <http://globalfinals.org/>.

Spring into color at the Belmont Public Library

BELMONT — The Belmont Library welcomes you to Get Caught Reading Month! May is a great time to prep for the great summer books coming your way. The Belmont Middle School reading list is available, too.

Dreaming about what to read this summer? Join us for the Summer Reads Preview Monday, May 22 at 6 p.m. A Librarian will discuss upcoming releases and great books you may have missed in the past year, while making personalized recommendations. Participants are welcome to mention their new and old favorites, too.

Papercrafts are some of the most popular offerings at the Library's weekly Craft and Laugh group. We are devoting a time specifically to making fantastic things out of paper: Fridays at 2 p.m. starting May 12. All levels welcome, and supplies are provided.

Looking to sharpen your craft skills? Expert or novice, all skill levels are welcome to experiment with various crafting and artistic interests on Wednesdays at 5pm. Supplies are provided. May 3 - Watercolor collage continuation May 10 - Kid Stuff! Glitter glue peels and magic wands May 17 - Masquerade masks May 24 - Clay beads May 31- TBA

The book group meets to discuss "My Name is Lucy Barton" by Elizabeth Strout on Friday, May 19 at 10:30 a.m. A simple hospital visit becomes a portal to the tender relationship between mother and daughter in this extraordinary novel by the Pulitzer Prize-winning author of "Olive Kitteridge" and "The

Burgess Boys." Copies available at the desk or in audio and ebook form at nh.overdrive.com.

Free Comic Books Day is Saturday, May 6. Celebrated since 2002, Free Comic Book Day is a single day when participating comic book specialty shops, bookstores and libraries across North America and around the world give away comic books absolutely free to anyone who comes in. Comic books are an original American art form, created in the early days of the twentieth century. They are fun to read, featuring a wide range of diverse story lines that capture the imagination of the readers. More information at freecomicbookday.com.

LEGO Build is a family drop in event on Saturday, May 6 from 10 a.m.-noon. Come enjoy building with your friends. Also, join us Wednesdays for family story time at 10:30am. We will be trying some open ended art activities. Children's Book Week, the year May 1-7, is the annual celebration of books for young people and the joy of reading, since 1919. Voting for the Children's & Teen Choice Book Awards is open now through May 7 at

everychildareader.net/vote.

The Library will be closed Friday, May 5, for staff development. We will also observe Memorial Day on Monday, May 29.

Puzzled by tech? We can help with your device or software problem. Library employees are available for one-to-one appointments. Just call.

Remember the pressed glass ornaments of a few years back which featured the Belmont Mill and the Belmont Bandstand? The Belmont Library building has joined the group! Commemorate the 1928 historic library building (on the National Register of Historic Places) with a lovely amber or blue glass ornament created by New Hampshire artist Chris Baker-Salmon. Proceeds benefit library programs.

The Belmont Public Library is open six days a week and any time at www.belmontpubliclibrary.org, serving the community with books, digital resources, and cultural programming. For more information, contact:

Eileen Gilbert
267-8331
bpl@belmontnh.org
PO Box 308
Belmont NH 03220

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 410 calls for service and made the following arrests during the week of April 24-30. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Arrested during this time period were Jackie Ray Tomblin, Jr. (in connection with an outstanding warrant), Caleb Davio (for Driving After Suspension), Cassandra Torrence (in connection with an outstanding warrant), Jeffrey Torrence (in connection with an outstanding warrant), Jovaun Tom-

linson (for ORC/Fraud), Paris Jamal Brannigan (for ORC/Fraud), Joshua Maselli (for Driving After Suspension, Possession of Drugs, and Disobeying an Officer), Cea Drew (in connection with an outstanding warrant), and Paul Haskell (in connection with an outstanding warrant).

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 47 calls for service during the week ending April 29. The breakdown was as follows: one animal complaint, four requests

to assist other departments, one drug incident, four incidents of fraud, one report of harassment, three house checks, one complaint of a bad check, one juvenile incident, one medical emergency, seven mon-

ey relays, 17 motor vehicle warnings, one illegal operation of an OHRV, two requests for police information, two reports of suspicious vehicles or activity, and one violation of a domestic violence order.

You'll Love The Classifieds



COURTESY

High-level Stroll Sponsors recently gathered to show support for the Bridge to Recovery Walk, to be held at Franklin Regional Hospital on Sunday, May 7. This inaugural event, which will include a two-mile walk followed by brunch on the lawn at FRH, will benefit substance addiction programs and mental health services at LRGHealthcare. Left to right: AutoServ of Tilton representatives Donna Hosmer, Carolyn Gaudet, Chelsey Gaudet, and Paul Gaudet; Tom Brady metal art; LRGHealthcare President & CEO Kevin W. Donovan; ClearChoiceMD Urgent Care Marketing Director Samantha Hosking; Franklin Regional Hospital Auxiliary representatives Stephanie Caldon (President) and Christine Dzujna (Past President); and Andrew Hosmer of AutoServ.

Local businesses support LRGHealthcare Bridge to Recovery Walk

FRANKLIN — All are welcome to attend the inaugural LRGHealthcare Bridge to Recovery Walk on Sunday morning, May 7 at Franklin Regional Hospital.

This family-friendly

event will bring together community friends and neighbors, local businesses, and LRGHealthcare providers & staff, to raise awareness and funds and to show our support for those

in our community who are struggling with, or recovering from, substance addiction or mental illness.

LRGHealthcare is grateful and honored to announce the very gener-

ous Stroll Sponsors of the Bridge to Recovery Walk: ClearChoiceMD Urgent Care; Franklin Regional Hospital Auxiliary; and Andrew & Donna Hosmer and AutoServ of Tilton: Team

Camren in Memory of Camren Ess.

“Countless families in our communities have been touched, or deeply impacted by mental illness, substance addiction, or both. We at LRGHealthcare are proud to stand beside our community partners as we strive to find solutions and offer resources to those during their time of need,” states LRGHealthcare President & CEO Kevin Donovan.

“We are so excited to host the first Bridge to Recovery Walk at Franklin Regional Hospital and encourage everyone in the community to come on out for a nice walk and brunch celebration. On behalf of the Board of Trustees, staff, and patients at LRGHealthcare I would like to extend my sincere gratitude to our sponsors and those who are supporting this event in any way,” adds Donovan.

The two-mile walk will begin and end at Franklin Regional Hospital (8:00 a.m. Registration; 8:30 a.m. speaking; 9 a.m. Walk), followed by a springtime brunch celebration on the FRH lawn, showcasing the culinary skills of Dr. Paul Racicot & colleagues. The morning will include live music, educational tables, and an opportunity to write messages in honor or memory of a loved one.

A \$20 donation covers the Walk and in-

cludes brunch; Walk Superstars who raise at least \$100 will receive an event shirt. Children 10 and under are free. There will be contests for largest team, most spirited team, most money raised by a team, and most raised by an individual. Winners in each category will receive a special gift, and of course, bragging rights.

Joining Stroll Sponsors ClearChoiceMD Urgent Care, Franklin Regional Hospital Auxiliary, and Andrew & Donna Hosmer and AutoServ of Tilton: Team Camren in Memory of Camren Ess are Shuffle Sponsors NH Healthy Families, Gil Schohan & Nils Skorve, and Thrift Clothes Closet in Franklin. Skip Sponsors include: Advanced Orthopaedic Specialists; Beck & Bellucci, Inc.; Belknap Landscape Company, Inc.; and Franklin Savings Bank. Several Community Partners are also supporting the event and cause. Major in-kind supporters include: Paul F. Racicot, MD (event chair) who will be providing and cooking brunch; Concord Monitor; Inspire Music Studio; Rowell's Services; and Taylor Rental.

To learn more about the Bridge to Recovery Walk please contact the LRGHealthcare Office of Philanthropy: 527-7063 or rdoherty@lrgh.org.

Service dog and her veteran owner need your help

MOULTONBOROUGH — Dogs bring so much joy, companionship, and unbridled dedication to our lives. They greet us at the door, are always pleased to see us, and give something that is truly priceless — unconditional love.

In Casey's world, not only is she the constant companion for Tom, her veteran owner; she is also his service dog in training. At the age of just three, this lovely American Staffordshire Terrier is attending the College for Pets, based in Plymouth. She's a

“dog with a job.” Her day involves stewardship of her owner, Tom, who is a disabled veteran living in Moultonborough. She picks items up for Tom, assists him getting in and out of chairs, reminds him to take medication, and provides an unflinching, calming, supportive and gentle presence 24 hours a day.

About six months ago, Casey tore her right cruciate ligament. Her trainer at American College for Pets thought it best for her to take a break from training, providing her body time to

mend and recuperate.

Having recovered from the injury to her right knee, Casey has torn the ligament in her left knee — a common occurrence with such cases, as she's been compensating for the right leg for some time. Veterinary care will cost upwards of \$3,000, including surgical intervention on possibly both legs, antibiotic therapy, and post-operative follow-up care. Sadly, Tom cannot afford this expense, but he also cannot afford to be without Casey's support.

For now, this strong, stalwart canine receives pain medication only, but surgical repair is really what is needed in order for her to continue her work and certification to help Tom, her owner.

Tom has given years of service to his country, and hopes that the community will now come to his aid and assist Casey as she gives her service to him.

Want to help? Please make a donation, in any amount, at <https://www.plumfund.com/pet-fund/veterans-service-dog-needs-surgery>.



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COURTESY

Travelers with the Lakes Region Chamber posed for a photo after a morning cruise on the famous West Lake in Hangzhou, China.

Explore China with Lakes Region Chamber

Informational meeting May 4

LACONIA — Global travel is an experience and an opportunity to learn. The Lakes Region Chamber is offering its fourth travel mission to China in April 2018 featuring Beijing and

Shanghai. Chamber President, Karmen Gifford, invites you join her on this once-in-a-lifetime international journey.

Many people have the desire to travel and have

not considered China on their bucket list of places to explore.

Flying trans-Pacific for Beijing, China, departure date will be April 2, returning April 10. Travelers immerse

themselves into a cultural experience starting with ancient tombs in Beijing to Shanghai's modern growing economic business along The Bund and one of the largest shipping ports

in China. Each day is led with a local guide including climbing The Great Wall, one of the seven wonders of the world, walking through Tiananman Square and the Forbidden City, visiting a Pearl Market, Jade Factory and Silk Factory, exploring the Summer Palace along Kunming Lake, being amazed by the silk embroidery craft, visiting a green tea plantation, exploring temples, boat rides, wandering through pavilions and gardens and more. The cost is \$2,199* per person, including airfare, hotel, and meals.

To learn more about this trip, there will be a free Informational Meeting on Thursday, May 4

at 5:30 p.m. in the conference room at Hampton Inn & Suites, 195 Laconia Rd. in Tilton. Learn more about our China adventure and meet Leo Liu, owner of Citslinc International. Call the Chamber at 524-5531 to reserve your seat! If you can't make this meeting and would like more information, e-mail kgifford@LakesRegion-Chamber.org. The public is welcome. Your adventure awaits you!

For more information about Lakes Region Chamber of Commerce, go to LakesRegion-Chamber.org, visit our online Business Directory and our Community Calendar of Events, and find us on Facebook and Twitter.

Eric Hoffman: Storm Chaser to speak at Taylor Community May 15

LACONIA — Prior to joining Plymouth State University in 2000, Dr. Eric Hoffman worked for the National Weather Service as a meteorologist in the Monitoring and Aviation Branch of the former National Meteorological Center (currently the National Centers for Environmental Prediction), in Camp Springs, MD.

Join Dr. Hoffman as he recounts his exciting experiences as a Storm Chaser at Taylor Community's Woodside



Eric Hoffman

Building, Monday, May 15 at 6:30 p.m. The event is free and open to the

public.

The doctor received his BS in meteorology from Cornell University and his MS and Ph.D. in atmospheric science from the University at Albany (SUNY). His areas of expertise include synoptic and mesoscale meteorology.

Taylor Community

is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

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Gift certificate gala prizes and a one-of-a-kind Pub Mania keepsake quilt are displayed to prepare for the GLR Children's Auction benefit event at Patrick's Pub on May 7. Seated are Jessica Bryant (left) and Pub Mania Tagg Team Co-Captain Judi Taggart, standing are Abigail Green (left) and Zoe Alcantara.

Gift certificate gala at Patrick's Pub to benefit GLR Children's Auction

GILFORD — The public is invited to Gift Certificate Gala on Sunday, May 7 beginning at 3 p.m. at Patrick's Pub. Lucky game winners will be awarded prizes with a total value of over \$2,500. A \$1 donation per game card is requested, with all proceeds to benefit Pub Mania and the Greater Lakes Region Children's Auction. There is no admission fee.

Judi Taggart, Tagg Team Pub Maniacs Co-Captain, would like to thank Patrick's for hosting this community gathering and dozens of local businesses for donating prizes.

"Games move along quickly as each game card has only three playing cards to cover

to win. Numbers are drawn from a deck of 52 playing cards. Prizes will make ideal gifts for Mother's Day, including two chances to win a one-night stay offered by Mill Falls at the Lake and over two dozen gift certificate packages," said Taggart.

Game organizers will award gift certificates and prizes from Airport Country Store & Deli, Annalee Dolls, Angels in the Attic, Art Escape, Café Deja Vu, Cascade Spa at Mill Falls, Center for Therapeutic Massage, CKO Belmont, Country Carriage, Crazy Gringo, Dairy Queen Laconia, Fratello's, Funspot, Gilford Cinema 8, Gilford Country Store, Gilford True Value, Giuseppe's

Pizzeria, Heaven Scent Design Flower & Gift Shop, Irwin Marine, Jordan's Ice Creamery, Kellerhaus, Laconia Car Wash, Laconia Ice Arena, Laconia Pet Center, Lady of the Lake, Lee's Candy Kitchen, Looney Bin Bar & Grill, Lyons' Den, the Margate Resort, Mill Falls at the Lake, Myrna's Classic Cuisine, O'Du's Hair Salon, Off-

the-Wagon, O's Steak & Seafood, Our Place Family Restaurant, Patrick's Pub, Pizza Express, Sal's Pizza, Scentsy by Eileen Burnell, Shaw's, Shooter's Tavern, Soda Shoppe, Squam Lakes Natural Science Center, T-Bones/CJ's, The Wine'ing Butcher, Tranquility Springs Wellness Spa, Trustworthy True Value, Wal-Mart and

Winnepesaukee Playhouse. More donors may be added to this list.

Beginning at this event, raffle tickets will be offered to win a keepsake quilt created using eight Pub Mania T-shirts dated from 2009 through 2016. The lucky winner will be chosen in December.

Pub Mania has raised more than \$1.3 million

in the last eight years to benefit children in the greater Lakes Region area. The Ninth Annual Pub Mania will be held on Dec. 7-8 at Patrick's Pub in Gilford. For more information, visit www.patrickspub.com, Pub Maniacs Facebook group page, or contact Judi Taggart at tagtem@metrocast.net or call 493-9524.

LRGH's Family Birthplace first in NH with state of the art newborn safety system

LACONIA — Lakes Region General Hospital is the first hospital in the state of New Hampshire to provide the Newborn Safety System from Certascan Technologies.

The system allows the hospital to capture high resolution newborn footprints which can be used for precise identification in situations like an ab-

duction, lost baby or natural disaster.

The Newborn Safety System has garnered the attention and praise from the National Center for Missing and Exploited Children (NCMEC) and has been included as a recommendation for hospitals in its most recent Infant Security Guidelines. The digital

foot prints and security photo can be stored efficiently in the newborn's electronic medical record. And, much like finger prints, foot prints are a biometric, unique to each baby, so they can be used for identification throughout a lifetime.

Each new mom receives an attractive certificate of her newborn's footprint during her stay. When she returns home, she can visit firstfootprint.com to enhance the certificate with colors, different fonts and borders. She can also

download a digital copy of her baby's footprint. These additional benefits are provided as a gift from LRGH's Family Birthplace and at no cost to moms.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

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Genesis Behavioral Health to host community forum

MEREDITH — Genesis Behavioral Health will host its annual community forum on Wednesday, May 10 from 4:30 to 6:30 p.m. at the Meredith Community Center, One Circle Drive, in Meredith. This year's forum will focus on how Peer Support Services plays an important role in one's journey towards recovery and how it has been successfully used in New Hampshire to assist our veteran community. The community forum is held in May to honor Mental Health Awareness Month. The public is cordially invited to attend this event.

Peer support programs provide an opportunity for individuals who have achieved significant recovery to assist others in their recovery journeys. Peer specialists model recovery, teach skills and offer supports to help people experiencing mental health challenges lead meaningful lives in the community. Peer specialists promote recovery; enhance hope

and social networking through role modeling and activation; and supplement existing treatment with education, empowerment, and aid in system navigation.

"In all areas of life—no matter your background—we know relationships are crucial to well-being. We call friends in hard times, visit family members when they aren't feeling well, and often see support groups for individuals who've experienced similar challenges like chronic disease or loss of a loved one. In the same way that we reach out to someone who we think will understand, peer specialists can provide that understanding during a time when many feel alienated and hopeless. They provide an important connection and hope that recovery is possible," said Maggie Pritchard, Executive Director of Genesis Behavioral Health.

Ed Drury, Military Liaison at Genesis Behavioral Health, said, "Peer Support is especially relevant to the

veteran community. The military creates a culture in which service members look out for one another. Common experiences bind individuals together and provide the foundation for peer support."

To help explore the role of veteran peer support, the keynote speakers will be Peer Support Specialists from the Manchester VA Medical

Center. They will explain why peer support is critical when serving veterans, review the variety of services that they offer, and how their work has helped the veterans they serve. We will also have representatives from the Manchester Vet Center, NH National Guard and the VFW in attendance.

Community members and veterans who

would like to attend should contact Ann Nichols, Director of Development and Public Relations at 524-1100, ext. 445 or email anichols@genesishbh.org to RSVP for the forum.

Genesis Behavioral Health is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton

Counties. A private, non-profit corporation, Genesis serves nearly 4,000 children, families, adults and older adults each year. For more information or to schedule an appointment, call 524-1100 or visit the website at www.genesishbh.org. Find Genesis Behavioral Health on Facebook and follow us on Twitter for updates and information.

Celebrate Franklin during Choose Franklin event May 13

FRANKLIN — The Thirteenth Annual Choose Franklin Community Day will be held on Saturday, May 13, rain or shine. This year's event, sponsored by Franklin Regional Hospital, Franklin Savings Bank, Modern Woodmen Financial (Sheryl Duford) and Mix 94.1 FM will take place at Odell Park, located on Memorial Street in downtown Franklin.

Prior to the event,

the Paul Smith School PTA will hold the Hero Hustle, a 5K Fun Run/Walk on River Street in Franklin which will begin at 8 a.m. Community Day activities will begin at 10 a.m., when booths, games, and food concessions open for the day. There will be a Wildlife Encounters show at 11 a.m. courtesy of Hope Community Chapel and a karate demonstration by White Tiger Karate at Noon on the softball field. Inspire Music will provide music throughout the day by the Women's Drum Group, Uke Club and Tim & Dave Show. In addition, there will be a climbing wall and bungee jump, laser tag, bounce activities and children's games from 11 a.m. - 3 p.m.

This year's parade/event theme is "Building Community." The parade will step off at Franklin High School at 10 a.m. and proceed easterly on Central Street to Smith Street, where it will turn and continue to Odell Park.

The fair continues from 10 a.m. to 3 p.m., and will include games, craft booths and food vendors. Many area service organizations and businesses will participate with raffles, giveaways, etc. There is no admission fee for the fair or shows. An all-day wrist band can be purchased for \$10 for admittance to the activity area (with the exception of laser tag) a \$15 band includes all activities.

New this year, Cen-

tral Street merchants will hold the Central Street Block Party from 9 a.m. to 7 p.m. Plans are in the works for a "Sit and Stay Awhile" Scavenger Hunt of artistic chairs, music and book signing, tie dye event, free One-Wheel demos, and special discounts/items at downtown businesses.

The day ends with a performance by Fred Marple - A Guide to New England for Locals and People from Away at 7:30 p.m. at the Franklin Opera House. Tickets for the show are available at franklinoperahouse.org or by calling the box office at 934-1901.

For a map and further information, go to www.franklincommunityday.org.

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Smart Investing Can Help You Keep Moving Toward Your Goals

It's Kentucky Derby time again. Even if you're not much of a horse racing fan, you might appreciate all the Derby's pageantry - the mint juleps, the women's beautiful hats, the singing of "My Old Kentucky Home," and so on. But if you look beyond the hoopla, you'll realize just how much work it takes to put on such an event. And the efforts of one group in particular - the jockeys - may be able to provide you with some lessons in life - and in investing.

For starters, consider the stamina the jockeys show as they steer 1,000-pound thoroughbreds around the track at Churchill Downs. Riding a racehorse is difficult, demanding and dangerous, requiring enormous endurance on the part of the jockey. And in many areas of life, you too will need to show some staying power. That's certainly true when you invest. You need the fortitude to keep on investing, in good markets and bad ones, and during all the phases of your life - even after you've retired. It might not always be easy - during turbulent markets, you may be tempted to take a "time out" - but the most successful investors are

usually the most persistent ones.

Here's another trait shown by Kentucky Derby jockeys: **vision.** Jockeys must be able to spot the spaces they need to go through to gain the position they want. In other words, they see where they want to go. As an investor, you need this same ability. To illustrate: What do you want your retirement to look like? Will you stay close to home and volunteer? Will you travel the world? Will you even open a small business? You need to envision your goals if you're going to achieve them.

Strategy is also important to jockeys. They all want to win the race, but they employ different methods. For example, three-time Kentucky Derby winner Calvin Borel's strategy usually involves riding his horse on the rail at the inside of the track - so much so that his nickname is "Bo'rail." As an investor, you need a strategy that's appropriate for your goals, risk tolerance and time horizon. Such a strategy will involve choosing a suitable mix of investments, reviewing your portfolio's progress at regular intervals, and making changes as necessary.

Finally, jockeys need **knowledge.** Is the track in good shape? How has the horse been behaving lately? What's the weather going to be at post time? To be a good investor, you also need plenty of knowledge. You'll need to pose some questions about individual investments you're considering: **How will this investment perform under different market environments? Will this investment fit well into my portfolio, or do I already have others similar to it? Is this an investment I can hold for the long term?** And you'll also need to learn about yourself as an investor: **What is my tolerance for risk? Am I fully considering all my goals, such as college for my kids, my own retirement and the type of legacy I'd like to leave?** There's no shortage of questions for active investors to ask - and the best investors never stop learning.

You can learn a lot from Kentucky Derby jockeys. By applying some of their skills and habits to your investment activities, you can keep moving toward your goals - and you won't even have to run in circles.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook

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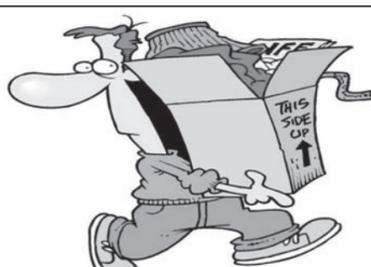


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Peabody Home in Franklin to host Lakes Region Chamber 'Meet and Greet'

FRANKLIN — The Peabody Home will host the Lakes Region Chamber's Meet & Greet event on May 11 from 4:30 to 6:30 p.m. This is an exciting opportunity to network, tour the Peabody Home and learn more about the nursing, assisted living and independent living community overlooking the Winnepesaukee River in Downtown Franklin.

Director Meg Miller along with the caring and compassionate staff and residents are

pleased to showcase their community living space. They look forward to welcoming local businesses and enjoy light refreshments at their beautiful senior living community nestled in the heart of a cozy New Hampshire Lakes Region town.

"The Lakes Region Chamber of Commerce supports member businesses in 22 towns/cities. We are pleased to promote the Peabody Home and are looking forward to the experi-

encing their extraordinary hospitality," shares Karmen Gifford, Chamber President.

Lakes Region Chamber of Commerce Meet & Greets provide a casual atmosphere to network to grow your business connections and get a behind the scenes look at a local business. For more information or to register to attend, contact the Lakes Region Chamber of Commerce at 524-5531 or go to LakesRegionChamber.org.



Meg Miller, Director of the Peabody Home along with the staff and residents are excited to host the May 11 Lakes Region Chamber Meet & Greet at 24 Peabody Place in Franklin.

HALL MEMORIAL LIBRARY

Monday, May 8
Clothesline Project T-Shirt installation through June 5
T-Shirt display created by victims/friends/family members of domestic violence or sexual abuse. Then on Monday the 15th there will be a T-Shirt making event from 5:30-7:30 p.m. at the library. All materials will be provided to create a T-Shirt. The display and the event on the 15th is sponsored by New Beginnings, PO Box 622, Laconia, NH 03247 - 528-6511
Monday Morning Makers, 11 a.m.
Craft time for homeschool children - (recommended for ages eight and up)
Cup o' Joe, 2-6 p.m.
Stop in for a free coffee.

Tuesday, May 9
Chess Club, 3-6 p.m.
Math Tutor, 4 p.m.
Scrabble, 6 p.m.
Adults Only
Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.
Teen Time, 3 p.m.
Hot Glue Phone Cases

Wednesday, May 10
Story Time, 10:30 a.m.
Frogs
Scrabble, 1 p.m.
BookCraft - Children's Book and Craft Time, 3:30 p.m.
Explore BookCraft worlds with us and online at Stacy Plays. Stacy has created worlds in Minecraft that reflect the worlds we read about in great books. Get ready to watch, talk and munch on healthy snacks with

Miss Julie leading the group.
Magic the Gathering, 4 p.m.
This group is going strong... join in for a free evening out of the house.

Friday, May 12
Sit and Knit, 2-5 p.m.

Saturday, May 13
Let's Go Lego

New Items
"Anything is Possible: a novel" by Elizabeth Strout
"Bear Town: a novel" by Fredrik Backman
"The Stars are Fire" by Anita Shreve
"The Red Hunter" by Lisa Unger
"Golden Prey: a novel" by John Sandford
"No Easy Target" by Iris Johansen

Karle to assist with Verani's Lakes Region offices

REGION — Berkshire Hathaway HomeServices Verani Realty (Verani) recently promoted Norma Karle to the role of assistant manager of their Belmont, Bristol and Moultonborough offices. Karle will assist with compliance, onboarding and training programs, recruiting new agents, and marketing and building Verani's professional presence in the Lakes Region.

Karle has been with Verani since 2014. She is a graduate of the REALTOR institute, a Certified Buyer Representative, a Certified New Home Specialist, is Residential Construction Certified, and has received advanced training in Green building and sustainability.

Previously, Karle was a professional services executive for various high tech companies in the Boston area, where she was responsible for strategic planning, budgeting, and operations. She has experience supervising process improvements and compliance, and developing and implementing employee training and development plans. Karle is an expert in project management and workflow and has a Master of Science in Engineering Management.

To contact Karle or to learn more about local neighborhoods, marketplaces and the intricacies of buying and selling, or beginning your real estate career, call



Norma Karle
888-723-0306, email norma.karle@verani.com or visit verani.com

Berkshire Hathaway HomeServices Verani Realty
Berkshire Hathaway HomeServices Verani Realty has been serving the real estate needs in the communities of New Hampshire and Northern Massachusetts since 1967. The agency has a reputation for innovation and exemplary customer service. As a full service agency, Ver-

ani has been expanding and now has multiple offices across Southern and Central New Hampshire and northern Massachusetts with over 475 Real Estate agents available to meet client real estate needs in New Hampshire, Massachusetts, and Maine.

With an emphasis on customer service, commitment to training, affiliation with the Berkshire Hathaway HomeServices Verani Real Estate network, adherence to the Realtor® Code of Ethics and utilization of the latest technological resources give us a competitive edge in our real estate dealings. Verani is committed to bringing these resources to your New Hampshire and/or Massachusetts real estate needs.

Chris Adams joins RE/MAX Bayside as new sales associate

LACONIA — RE/MAX Bayside announced today that Realtor® Chris Adams has joined their growing real estate franchise. Adams just retired as the City of Laconia's Chief of Police and brings to the office more than 22 years of service to the community. Chris has been involved in the real estate industry on a part-time basis for several years and has decided to make it his long term career.

"I'm eager to be part of the most productive real estate network in the world and heighten the buying and selling experience for my clients," Adams said. "The real estate season is upon us and new trends are beginning to form. The Lakes Region is in high demand for seasonal and year-round homes, and property is



Chris Adams

selling quickly. I'm here to help guide my clients through this process."

Chris Kelly, Broker/Owner of RE/MAX Bayside states, "It has been a privilege of ours to watch

Chris Adams successfully oversee the Laconia Police Department. Now we are fortunate that he has chosen RE/MAX Bayside as his home for his real estate career. We look forward to working with Chris as he makes a smooth transition from law enforcement to real estate marketing and sales. Chris has the motivation, drive and natural ability to become a leader in this industry."

For more information about Adams or RE/MAX Bayside, please visit www.Baysidenh.net or contact Chris directly at 393-7993.

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Local couple creates camp opportunities for Lakes Region children

LACONIA — John and Ursula Allen, brother and sister-in-law of the late Gary Allen of Gilford have partnered with Prescott Farm Environmental Education Center to create the Gary Allen Memorial Campership, a camp scholarship fund designed to reduce the cost of a week of WildQuest Camp at Prescott Farm for children whose families can't afford to give them a camp experience.

Gary Allen was a respected Lakes Region community member whose commitment to young people was leg-

endary. He was a much loved math teacher. He founded the Gilford Outing Club; and coached alpine skiing in the Laconia and Gilford schools. He served as the Assistant Chief of Competition for the 1980 Olympic Ski Jump at Lake Placid, N.Y. and the 1982 FIS World Championship Ski Jumping competition in Finland. In 1992, he was inducted into the US National Ski Hall of Fame.

John and Ursula Allen, both longtime volunteers at Prescott Farm, have applied their gardening skills and en-

ergy alongside a team of garden volunteers for 17 years, transforming the Prescott Farm property into a showplace with flower, vegetable, and herb gardens in bloom from late winter through fall. Through their garden work, the Allens have seen scores of area children attending WildQuest Camps at Prescott Farm discover where food comes from, sample the fruits and vegetables grown on the property, and create "eco-art-work," borrowing from the magnificent array of colors and textures that spill out of the gardens

throughout the summer season. They love it when a camper says, "What is that?"

"We wanted to create the same opportunities to learn, grow, and experience nature at Prescott Farm for Lakes Region children whose parents can't afford to send them to camp," said John Allen. "The Gary Allen

Memorial Campership is our way of remembering Gary, and continuing his legacy of love for young people and the outdoors."

Registration for WildQuest Camps at Prescott Farm are currently open. Scholarship applications are available, and the early-bird registration deadline for sum-

mer camp is April 30.

Community members who wish to donate additional scholarship funds that will help create opportunities for Lakes Region children at Prescott Farm are encouraged to contact Jude Hamel, Executive Director by emailing jhamel@prescottfarm.org or by calling 366-5695.

Taylor Community hosting solo performance by Eric Grant

LACONIA — Musician Eric Grant brings a solo performance to Taylor Community's Woodside Building, Wednesday, May 3 at 2 p.m. This event is free and open to the public.

The Gilford-based Eric Grant Band has taken the music scene by storm playing in

front of thousands of fans in northern New England since their 2009 inception. They have been featured as supporting act and opener for national headliners such as Tim McGraw, Blake Shelton, Florida Georgia Line and many more.

Taylor Community is

a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

TAKE-BACK

CONTINUED FROM PAGE A1

the Tilton police work closely together and have partnered for National Drug Take Back Day every year since it began in 2010.

"Bad guys don't recognize borders. We've done a lot of work with Tilton, including the Granite Hammer Grant, which we split with them," Goldstein said.

Operation Granite Hammer is a statewide initiative targeting drug dealers, and funds from the grant assist police departments in their investigations and arrests.

Besides collecting the drugs last weekend, Goldstein said his department is one of the few who call in a pharmacist to then log the types of drugs turned in before they are sent off

to be destroyed. That, he said, allows them to see how successful the take back program is in keeping addictive medications such as codeine, benzodiazepines and opioids out of the wrong hands.

In addition to the collections, the officers were joined by the Franklin Mayor's Drug Task Force, which provided the public with information on the program and "goody bags" that even contained a drug test kit for parents to keep on hand, should they ever need it for their children.

Sanbornton's Police Chief, Stephen Hankard, said his department also had many residents stopping by the police station to safely dispose of medications they no longer need or

which had expired.

"I'm pleasantly surprised that spreading the word about this through the media worked so well. Our first box was almost full after only an hour," Hankard said. "We've been doing this since the beginning (2010) and never got this many medications that fast. I'm very pleased."

Residents were pleased as well. As one gentleman tossed a bagful of unwanted prescriptions into the box he thanked the Chief and Officer Merek Weisensee for participating in the nationwide event.

"This is a great service. It got me going through the closet and realizing that a lot of this stuff was expired," he said.

Belmont was another location for the Drug Take Back Day and Lt. Richard Mann reported it was successful in that community, too. Despite the fact that the Belmont Police Department has a permanent, year round drug collection box located inside the station, they were still able to fill an additional large box of medications on that one day alone.



DONNA RHODES

The Easter Bunny made a return trip to Tilton last Saturday to spend time with friends like four-year-old Aaliyah who got to pose for a photo with him after the town's annual egg hunt at Riverfront Park.

EASTER

CONTINUED FROM PAGE A1

held an equal number of eggs with a ticket inside.

"When you're done, we want you to open the eggs and leave them here for us to use next year. And, if you find a ticket instead of candy

inside one, bring it over to the Easter Bunny who will have a special treat for you," Hardy announced before the countdown to the hunt got underway.

Those special treats were large carrot shaped bags filled with candies and bubblegum

that they all hoped for a chance to take home.

Besides handing out the prizes, the Easter Bunny also took time to pose for photos with all the boys and girls, adding great memories to the day that will be sure to last a long, long time.

STEAM

CONTINUED FROM PAGE A4

sure that would help encourage participation of women, girls, and minorities in the STEM fields, and I will continue fighting to ensure that our schools have the resources necessary to provide our students

with the tools they need to be anything they want to be in the future, whether they aspire to be engineers, scientists, programmers, teachers, or anything else.

I commend the educators, professionals, leaders in STEAM, and university students who invested time and energy to educate young students at BMS about exciting opportunities in STEAM that exist right here in the Granite State. Events like STEAM Day are an investment into the future of our young people – and the future of our state.

I will continue working to support those ef-

forts and to ensure that Granite State students receive a well-round education with an even more rigorous curriculum in STEAM.

Raising and educating our children is one of our most important, challenging, and rewarding responsibilities of our democracy. But I know that if we continue working together, we can help ensure that our young people have the resources they need to thrive in the 21st Century economy, creating a more innovative New Hampshire where all of our people have the opportunity to get ahead, and stay ahead.

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Master herbalist, Melissa Morrison of Dragonfly Botanicals leads Herbal Pathfinder Series this month at Prescott Farm!

LACONIA — Foray into the wild and tame world of herbs at Prescott Farm with Master Herbalist, Melissa Morrison starting Saturday, May 13 from 10 a.m. – 12:30 p.m. The Herbal Pathfinder Series will be a series of six classes (once a month, May through Oc-

tober) in which students will learn how to identify herb medicine plants of the fields & forest, how to harvest and then use the herbs in preparations for pleasure and medicine. Come to learn, come to enjoy the seasons and play with the herbs! You may

register for one class or the entire series. All classes will take place at Prescott Farm located on 928 White Oaks Road.

May is about beginnings! The herbs poking up through the earth for discovery, giving us their wisdom for healing and food. Students

will learn how to identify herb & woodland plants then move into the classroom to make teas, tisanes, and decoctions for healing and health. For more information on the rest of the Herbal Pathfinder Series classes offered June-October, please go to www.

prescottfarm.org.

Melissa Morrison M.H. is the practicing clinical herbalist & educator of Dragonfly Botanicals Wisdom Center, Belmont. From childhood on, Melissa has had training in the Medicine ways of the First Peoples, NH Folk Healer

Tradition, & the Vitalist Herbal Tradition. Melissa offers herb/alternative health classes, apprenticeship, & private clinical herb health consultations. Melissa has taught alternative/herbal healing modalities around the North-East and Sage Mountain Herbal Retreat Center in Vt. Morrison taught this series, as well as, Heartfelt & Homemade Crafts for Gift Giving at Prescott Farm last year.

“Both were well attended and we are excited to have her back this year,” stated Kimberly Drouin, Director of Marketing.

Prescott Farm is a nonprofit organization dedicated to environmental education and preservation. We provide year-round environmental education programs for all ages and a place in the Lakes Region community that encourages curiosity, discovery, fun and connection to the natural world.

Registration is required for these classes and can be made online at www.prescottfarm.org or by calling 603-366-5695. Students have the option of signing up for individual herb classes or the full herb series. The cost is \$35 (\$33 for Members of Prescott Farm) per class or \$180 for the six-class series.

M/S Mount Washington to begin 2017 season! *Let the boating season begin*

LACONIA — Let the boating season begin. With the successful completion of its annual inspection by the New Hampshire Departments of Safety, Marine and Fire Safety Divisions, the venerable M/S Mount Washington will return to its summer port of Weirs Beach on Thursday, May 4, and is ready to kick off its 2017 cruising season.

“We’re looking forward to getting back out on the big lake, and for a successful cruising sea-

son,” says Captain Jim Morash, General Manager of Mount Washington Cruises.

“The New Hampshire Department of Safety annually inspects the vessels before issuing the cruise line its license to operate. “Safety is the number one priority with our vessels, and our relationship with the Marine and Fire Safety Divisions is very important to us,” says Senior Captain Paul Smith. “We are in contact with them through-

out the year, and open to their suggestions in how to improve our operation in terms of safety. In addition, we’re always making improvements and updating older systems with the newer technology available.”

Upholding a long-standing tradition, Mother’s Day Brunch Cruise, Sunday, May 14 will be the first cruise available to the public. The two and a half hour scenic cruises, of Lake Winnepesaukee, feature

a champagne brunch and entertainment for all ages. There are two brunch cruises to choose from: 10 a.m. or 2 p.m. Tickets are available for both.

We’re also excited for our customers to see all the renovations the City of Laconia has made to the Weirs Beach area added Captain Morash. With new sidewalks, lights, and underground utilities, Lakeside Avenue will showcase a brighter, cleaner look to compli-

ment the scenic beauty of the Weirs.

The official 2017 daily cruising season for the M/S Mount Washington, and her sister vessels, run from May 20 until Oct. 19, offering daily cruises from its summer port of Weirs Beach while servicing the ports of Alton Bay, Center Harbor, Meredith and Wolfeboro. Departure times and options vary through the season with July and August having the most cruises available. Options include daily scenic, evening dinner dance and island mail delivery cruises. To learn more about the various vessels (Mount Washington, Doris E. & Sophie C.) and to view a more complete schedule with times and ticket prices, visit www.cruisenh.com or call 366-5531.



DONNA RHODES

Carol Tiede and Dot Rice are volunteers at New Hampshire Veterans’ Home in Tilton and they along with many others were thanked for their time and services during a recognition luncheon last Wednesday afternoon.

VETERANS

CONTINUED FROM PAGE A1

band was also a veteran. She said he received a lot of help over the years from the Veterans’ Administration and other veteran organizations, so volunteering at NHVH is her way of saying thank you.

“I help out in the library and the greenhouse and also play some games with the residents. It’s very rewarding for me and the people here really seem to appreciate it,” said Tiede.

That appreciation was apparent through the posters hung throughout the NHVH Town Hall where the luncheon took place. On each poster, the residents and staff had the opportunity to express their gratitude to those who volunteer at the facility.

“It takes a special person to give of themselves. We appreciate all you do for our veterans,” wrote one staff member.

Commandant Margaret LeBrecque said she was struck by the

geographical range of volunteers who assist at NHVH, coming from all over the state and even as far away as N. Attleboro, Mass.. She said she wanted to convey to each of them that no matter how far they travel or how often they come to NHVH, they are all important.

“You all bring valuable links to the outside community...and are wonderful ambassadors who tell others about what we do here,” LaBrecque said. “We are so better off by having known each and every one of you.”

In the past year, their visits totaled 4,550 hours of time provided and saved the Veterans’ Home approximately \$107,000 through the services they provided.

“There’s somebody here all the time volunteering and it warms my heart,” said the commandant.

Among the more than 30 volunteers who were able to attend the luncheon was Ralph Appleby who was recently named the N.H. Veterans’ Administration’s Volunteer of the Year. For many years Appleby has stocked and main-

tained the Sunshine Cart at NHVH, which provides toiletries and other personal items for the residents.

Another special thank you went out to Jaspar, a therapy dog who makes much-appreciated trips to NHVH to visit his friends who live there.

One staff member summed up the value of all their donated time and talents by writing on a poster, “1,000 good intentions cannot take the place of even one good deed. Thank you for the many good deeds.”

TILTON

CONTINUED FROM PAGE A1

pants need to be registered by Saturday, May 6. No money will be accepted on the day of the tournament but

checks can be mailed in advance to Auxiliary Unit 49, Attention: Jacki Newton, 21 Cofran Ave., Northfield, N.H. 03276. For more information about the tournament, please call 520-7080.



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Beane Center to host Kentucky Derby party

LACONIA — Celebrate the Kentucky Derby at a party, May 6 from 5-8 p.m., at the Beane

Center in Laconia. Tickets, \$15 per person, include a Southern Dinner, "horse d'oeuvres"

and beverages served while you watch the Derby. The Tom Robinson Jazz Trio will entertain

with live music. Both silent and live auctions offer tempting treats, including a golf outing

and lunch for four at the Laconia Country Club and a night and Spa day at the Church Landing in Meredith. Take a chance on a horse (\$25 ticket includes a mint julep) with prizes for win,

place or show. Enter the Hat contest for men and women.

The event is hosted by the Unitarian Universalist Association of Laconia. For tickets and information, call 848-2469.

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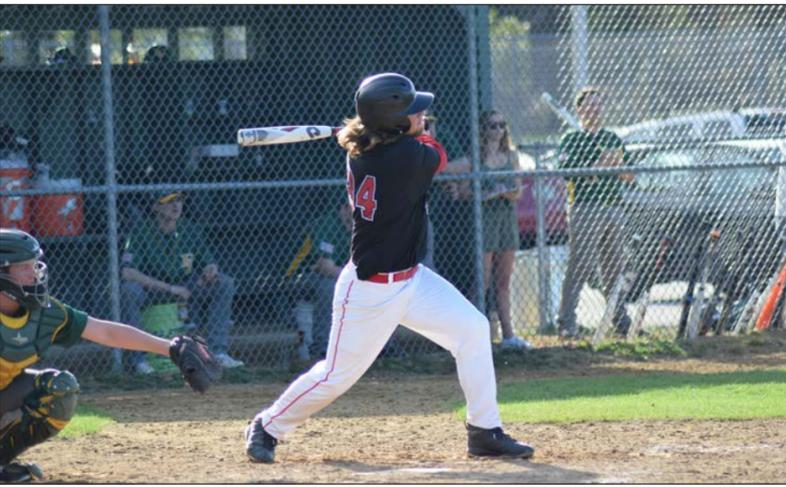
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BOB MARTIN

Senior Cole Contigiani has had a fantastic all-around season for the Belmont Red Raiders baseball team this year. Here he is shown ripping a line drive single against Bishop Brady.



BOB MARTIN

Senior Corey Derosier pitched a shutout against Bishop Brady in a 12-0 win on Friday. It was his first win of the season.

Derosier throws one-hitter in blowout win for Belmont

BY BOB MARTIN
Bob@salmonpress.news

CONCORD — Belmont High School has had quality pitching all season, but on April 28 the bats came alive against Bishop Brady, with the Red Raiders winning a blowout 12-0 in a mercy-rule shortened game giving them their third straight win.

Corey Derosier took the mound for the first time this season and did not disappoint, pitching a complete game, one-hit shutout. This comes a day after Cole Contigiani also threw a gem in a 6-2 win over Fall Mountain where he had 15 strikeouts, three hits and four

walks in a complete game win.

"I'm just trying to compete with him" said Derosier. "We are trying to push each other to be the best we can and get wins. That's what's most important."

Belmont High School came out scoring early, with a run in the first inning thanks to back-to-back singles by Derosier and Matt Pluskis to open the game and a couple of walks- one being with the bases loaded.

They jumped all over Bishop Brady pitcher Max Lamora in the second inning four more runs. Jonny LeClair led off the inning with a dou-

ble to left field and Colby Brown laid down a sacrifice bunt to move LeClair over to third base.

LeClair scored on a wild pitch and Doug Price then reached on an error and a run scored. With two outs and a man on second Contigiani hit an RBI single.

Lamora was pulled after one and two-thirds innings, but that wouldn't end the barrage of offense from Belmont with Kyle Minery adding an RBI single to cap off the inning.

Brown had an RBI single in the third inning, but the massacre began in the fourth when Belmont piled on six more

runs.

After Price was hit by a pitch and Contigiani walked, Cam Magerer smashed a single to center field making it a 7-0 game. With men on first and third with no outs, Minery hit a bloop RBI single to left. Ryan Gelinus reached on a little dribbler up the first base line to load the bases for LeClair who lined a single to left, driving in two runs.

Derosier hit an RBI single followed by a run scored on a fielder's choice where Tyler Fleming reached.

While Belmont hitters were having their way with the Bishop

Brady pitching, Derosier was lights out all day only a couple of walks and a lone hit allowed in the third inning. He only had four strikeouts, but he spent the whole day forcing ground balls and getting quick outs. He sat down hitters in order in the second and fourth inning.

He was also helped by some great plays in the field, including a leaping catch by Pluskis and a great catch on a line drive by Contigiani, which ended the game.

"They are a hard working group," said coach Matt Leblanc. "They take a lot of pride in their defense."

The Red Raiders had 12 hits, five walks and two hit batsmen. Leading the offense was Contigiani who went two-for-two with a couple of walks, an RBI and two runs scored. Derosier went two-for-three with two runs scored while Magerer went two-for-two with a walk, two RBIs and a run scored. Minery provided some big hits in a two-for-four day with two RBIs and a run scored.

After a couple of close, frustrating losses to start the season, Leblanc was relieved that the bats woke up. He said he has full confidence in his

SEE **BASEBALL**, PAGE B3



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Riley has solid day at Black Bear Invitational

BY BOB MARTIN

Bob@salmonpress.news

NORTHWOOD — Belmont sophomore Alice Riley continued an impressive season with a 10th place finish in the 3,200 meter run with a time of 11:58.25 at the 15th annual Black Bear Invitational track meet.

The track meet involved teams from all over the state representing each division. Riley's time was the best

for anyone in Division 3. Riley now has the top times in Division 3 for both the 3,200 meters and 1,600 meters.

The boys' team was also represented at the meet by junior Nick Randos, who posted a time of 10:50.05 in the 3200 meter run. He came in 19th place.

Head Coach Scott Clark said he is pleased with the effort put forth by the Red Raiders thus far this season. He said they already have many athletes who have qualified for the Division 3 championship meet, which will take place at Belmont High School on May 26. There are also some who have qualified for the Wilderness League meet.

"With half the season done, the BHS track team seems to be rolling along in the right direction," said Clark.



Alice Riley had the top time for Division 3 runners in the 3,200 meters with a time of 11:58.25, good for 10th place at the Black Bear Invitational at Coe-Brown on Saturday.



Nick Randos had a time of 10:50.05 in the boys' 3,200-meter race at the Black Bear Invitational on Saturday.

BHS boys' lax shows growing pains

BY BOB MARTIN

Bob@salmonpress.news

BELMONT — It has been a frustrating start of the season for the Red Raiders boys lacrosse team, and while coach Darren Premo doesn't want to make excuses, he said the poor weather and inexperience hasn't helped the team's cause.

"In the three weeks leading up to the season we just spent a lot of time doing stick skills and trying to get kids into that," said Premo. "Now, unfortunately, we've had a couple of games cancelled and have eight games in the next two weeks, and two practices. That doesn't bid well for us."

The Red Raiders are 0-2, having dropped games to Hopkinton 23-3 and Inter-Lakes/Moultonborough by a score of 15-7. Premo said the goal for the team at this point is to win small battles, such as having mistake-free quarters.

"At this point we are trying to learn the game of lacrosse," said Premo.

Premo said it is an uphill battle for the Belmont squad, as many are playing the game for the first time and are still learning. He said they haven't played youth

lacrosse, and in general, the team is small and inexperienced. Premo said with a roster of only 15 players it makes things exceptionally difficult.

"It's good to have some athletes out, and they are picking up stick skills, but we've got games coming up and the kids don't know how to run an offense yet," said Premo.

Premo hopes that people in the community can recognize the importance of having youth lacrosse, saying that this gives schools like Gilford an upper hand.

Premo said the game against Inter-Lakes/Moultonborough was a tough loss as they are a new program, as well. He said now that his team has seen some action on a striped field, rather than practicing

indoors, Premo thinks they could have better luck in games like these.

However, Premo said first and foremost, they need to energize interest in lacrosse in the community. Premo said there have been talks with neighboring school Winnisquam to get involved in a joint program, much like Inter-Lakes/Moultonborough, but so far they have not amounted to anything.

"I think the community has to figure out something here to get the younger kids to play some lacrosse," said Premo. "I don't hear a lot of talk about it. I did hear a dad who has a kid who is playing, but he is the only Belmont kid playing. You can't build a program like that."

He encourages players who are getting into lacrosse to talk to their

friends and try to get them involved as well. Premo said this area is fairly new to lacrosse in general, with many not knowing the rules of the game at all. Many of the parents sign their younger children up for sports they know best, such as baseball or soccer. This can be frustrating for coaches of young lacrosse teams, he said.

"This year is going to be a 'learn by fire' kind of game," said Premo. "Our practices are few and far between."

Premo said the weather, as well as having students away for April vacation, has not been beneficial to the progression of the team. He said it will be great to get the players back together for mandatory practices to try to refine the skills.

Premo said there is a bright side, noting that

he does have some players on his team who go out and practice their skills on their own and have an interest in the game. However, when the size of the team is so small it can make this a moot point. A larger roster with more experience will be the key to success with Belmont lacrosse down the line.

"There are some kids in other towns who have been playing since they were 10 or 11 years old, but that's just not the case here," said Premo. "We are teaching a lot on the fly about what off-sides is, what the crease is, all of that."

Premo said the important thing now is for the players to have fun and bring their friends into the program.

"We need more kids who want to go out there and play lacrosse," said Premo.

Winni Derby returns May 19-21

LAKE WINNIPESAUKEE — After a one-year hiatus, the Winni Derby, Lake Winnepesaukee's spring salmon and lake trout tournament, will be held for the 34th time the weekend of May 19-21.

The Daniel Webster Council of the Boy Scouts of America has partnered with the Laconia Rotary Club to promote and produce this year's tournament. The Laconia Rotary Club took over management of the Winni Derby from the Lakes Region Inland Fishing Association and tournament founder Rick Davis in 2011. Davis intended to support the Rotary Club and the tournament in an advisory capacity at the time, so his death in November 2011 was a blow to tournament organizers. After producing the Winni Derby for four more years on their own, the Laconia Rotary Club canceled the 2016 derby and announced that

they were looking for a partner to help bring back the tournament for 2017. The Daniel Webster Council responded and has committed to keeping the Winni Derby going on an annual basis. "We are pleased that the Scouts stepped up to help us bring back the Winni Derby and look forward to seeing it grow under their leadership," said Jon Nivus, Treasurer of the Laconia Rotary Club. Proceeds from the tournament will benefit the character-building youth programs of the Boy Scouts of America.

The 34th annual Winni Derby will introduce new elements to the tournament, including a women's division and a Friday evening social and expo at the Merrill Fay Arena in Laconia on May 19. Admission to the expo is included in the price of a derby ticket and will feature food, entertainment, and exhibitors as well as door prizes and announcement of

Friday's daily awards.

This year's tournament will also include a return to material prizes. First place in the salmon division wins a 16-foot 2017 Tracker® Pro Guide™ fishing boat with a Mercury 75 hp motor and custom trailer. First place in the lake trout division wins a 2017 Polaris Sportsman® 450 ATV. First place in the junior division wins a \$1,000 fishing package from A.J.'s Bait and Tackle in Meredith. First place in the women's division wins a \$1,000 gift card package from various retailers, including Bass Pro Shops. Runner up prizes include Lowrance® touchscreen fish finders / chartplotters.

New Hampshire Fish and Game officials are looking forward to the Winni Derby as part of their ongoing effort to monitor the health of the fishery and educate fisherman about ways to be good stewards of Lake Winnepesaukee's

limited population of landlocked salmon. "The Winni Derby has been an important part of our management of the salmon fishery for over 30 years and we look forward to partnering with the Boy Scouts to continue our efforts," said John Viar, Biologist with the Inland Fisheries Division of New Hampshire's Fish and Game Department.

Alan "A.J." Nute, owner of A.J.'s Bait and Tackle in Meredith, says there is a lot of excitement among fishermen and Lakes Region business owners about the Winni Derby's return. "The Derby's going to be a busy weekend for all of us on the lake. We're thrilled that it's back," said Nute.

Tickets to participate in the derby are available at select retailers around the state or online. Sales locations and online registration can be found at www.winni-derby.com.

Junior Legion baseball tryouts are May 7 and 21

ALTON — Alton Post 72 Junior American Legion baseball tryouts will be held on May 7 and May 21 at Prospect Mountain High School,

242 Suncook Valley Highway, Alton. Registration will begin at 8:30 a.m. and tryouts will begin at 9 a.m. Players ages 13 - 17 who attend Pros-

pect Mountain, Kingwood, Farmington, Pittsfield, Inter-Lakes, Moultonborough, Belmont, Gilford, Laconia and Newfound are eligi-

ble to tryout.

For more information, contact coach Gary L. Noyes, Sr. at coachnoyes@metrocast.net or at 393-8349.

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Winnisquam unified team continues success

BY BOB MARTIN

Bob@salmonpress.news

TILTON — The Winnisquam unified volleyball team has been incredible throughout its existence, having won three state titles, and coach Mike Livernois said they have been fortunate enough to have a consistent group of talented partners and athletes on the team.

Most importantly, he

said, is that the players always have fun and are learning about athleticism and sportsmanship along the way.

"The unified sports program has been very successful for the past four years and it has really created a culture for kids to fit in in the school," Livernois said of his team that is once again off to an undefeated start. "They feel

like they have connections with other kids throughout the building that they've developed through sports."

Unified sports have been in existence since 1988 when it was adopted by the Special Olympics. It partners students with disabilities with those who do not. The program is designed to break down stereotypes and build relationships.

Winnisquam Regional High School has had unified volleyball for five years and Livernois, who also coaches girls' volleyball in the fall, has been a coach since it began there. Winnisquam also has unified soccer in the fall and basketball in the winter. He said he loves coaching the program because he sees how great of an experience it is for the students.

"It is important to develop the understanding of what the unified players go through and the challenges that they face," said Livernois. "It also makes them much more appreciative of what they have. It's easy to just take things for granted. When you see how hard a unified athlete has to work to overcome some of the disadvantages they are dealing with, it really puts things into perspective."

Livernois believes the program is beneficial for both the "partners" and "athletes."

Livernois doesn't teach at Winnisquam Regional High School,

but he said it is home for him as it is where he went to school and also a place where he taught previously. He currently teaches at Merrimack Valley High School in Penacook.

However, he said he doesn't need to teach there to see how much the athletes get from the program. He said a neat thing is that the experienced unified players are becoming the teachers and leaders for new players.

"They are confident enough now to help teach someone how to learn the game because they are in the position now where they are experienced," said Livernois.

Livernois said that Winnisquam is in a unique experience with their unified team, where they have been in dominant form since they began with 28 straight wins, with the most recent being a 2-0 win over Gilford High School.

"I've got really good unified athletes and some who understand the game well," said Liv-

ernois. "Some are volleyball players. They've developed a really great chemistry and it works really well."

Athletic Director Becky Zumbach had nothing but great things to say about the unified program, and added that they are also trying to ramp up their program at the middle school level. She said they now have two seasons of unified sports for middle schoolers, which is great for those athletes who want to play throughout their high school career.

Zumbach said it has been exciting to watch the success of the program at Winnisquam Regional High School, and it is inspiring to see how the "athletes" and "partners" work together.

"When you are watching unified sports it really seems like it is what sports should be all about," said Zumbach. "These kids are participating because they are excited about playing. The enthusiasm from the partner players to help the unified players learn the game is prevalent."



BOB MARTIN

Doug Price eyes home plate as he rounds third base after advancing on a wild pitch against Bishop Brady.



BOB MARTIN

Cam Magerer chases after a pop up during a 12-0 win against Bishop Brady.



BOB MARTIN

Jonny Leclair takes a big swing against Bishop Brady in the 12-0 win for Belmont. He scored three runs on the day.

BASEBALL

CONTINUED FROM PAGE B1

team looking forward, and that they should be able to keep the winning trend going if they keep up the combination of stellar pitching, solid defense and timely hitting.

Leblanc said it is a great sign that the offense has started to turn around. He said the idea is to get as many bats up there as they can and get players comfortable at the plate.

"I think it is good for the pitcher, certainly," said Leblanc. "Corey only had to worry about pitching and didn't have to worry about the stresses of a close game, and that's good for him on his first time out."

Leblanc also said Derosier's game was especially impressive

against a high powered offense like Bishop Brady. In three wins for Bishop Brady this season, they scored 15 runs and 16 runs twice.

"You got to give him a lot of credit," said Leblanc. "Against a good hitting team, a team that's capable of putting up a lot of runs, he held them at bay all day."

Belmont 6, Fall Mountain 2

On April 27 Contigiani continued his string of dominance in the 6-2 win over Fall Mountain where he had 15 strikeouts. He not only had an incredible game on the mound, but he had a double and a couple of RBIs. He has been a primary run producer for the Red Raiders.

Leblanc said having pitching like that

of Derosier and Contigiani has been incredible. He said Derosier has shown why he is the team captain both at the plate and on the mound.

Leblanc went on to say that Contigiani has shown the most improvement, going from a solid player to something truly special. He said Contigiani has worked as hard as anyone to get to where he is today, and he is happy the work is paying off.

Contigiani has 34 strikeouts and a 2-1 record in three starts, with his only loss being a no-hitter with an unearned run.

"Listen, he put in a ton of work over the winter," said Leblanc. "He is a guy that takes baseball so seriously and it shows."

Winnisquam JV baseball starts strong

BY BOB MARTIN

Bob@salmonpress.news

TILTON — The Winnisquam Regional High School junior varsity baseball team has gotten off to a hot start with a 4-1 record.

Coach Kent Finemore said this is thanks to contributions all throughout the lineup. Emerging as the team's most effective pitcher with three complete games is Jack Beau- lieu. He is averaging 10 strikeouts per start this year.

"You always try to convince your pitchers that first pitch strikes and overall strike percentage are key metrics when it comes to helping the team," Finemore explained that when a pitcher is throwing strikes 69 percent of the time with great defense behind him, it makes it tough for opposing lineups to rally.

"The defense overall has been solid with a total of five errors in the last four games, anchored by Michael Allard's stellar play at first base and Brady Ellsworth at second base," said Finemore.

Also making waves this year is catcher Dante Gentile, who Finemore said has stepped up his game and has

made it difficult for baserunners to steal.

The top four hitters in the lineup include Adam Dunham, Beau- lieu, Allard and Andrew McKinnon. They are all batting at least .400 and have been putting pressure on opposing pitchers to create scoring opportunities.

What's more impressive is that the Bears have been overcome adversity caused by the nasty weather throughout April. Four of the five games played have included long bus rides. Most recently they had a blowout 11-1 win over Conant at Winnisquam on April 24, and Finemore said they are looking forward to treating the home crowd to more wins.

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459 Lake Street | Bristol NH 03222



Moultonborough | MLS# 4629339 | \$918,900
Spectacular Eagle Shore retreat on Lake Winnepesaukee. This year round home features a 2 car detached garage with guest cottage, 150' of Shore line Frontage with a sandy beach and a retractable 40-foot dock. This property is ideal for long days of leisure & enjoyment filled with swimming, boating or just relaxing.



Bristol | MLS# 4627883 | \$899,000
Newfound lake waterfront retreat. Enjoy the Stunning Northerly views of the lake and mountains from your private wrap around deck or laying in the sun on the beautiful sandy beach. This 3 bedroom, 2 bath Adirondack Style home features, a spacious kitchen with granite counter-tops and a cozy wood insert fireplace. This home is perfect for entertaining friends or a quiet time home with the family.



New Hampton | MLS# 4629519 | \$334,988
Spacious 3 Bedroom, 3 Bath Colonial on 6 Acres of land. Walk inside and enjoy the open concept starting with the kitchen that is open to this main floor design. Enjoy the family room that was added to this already spacious home that gives you the feeling that you are part of nature while enjoying the pure comfort of this room. Plenty of windows let the light shine in and give you unspoiled views of this private location.

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Gilford: Two bedroom condo at Samoset on Lake Winnepesaukee. Beautiful lake and mountain views are enjoyed from this property. Wonderfully appointed kitchen with newer cabinets, granite counter tops, updated appliances, newer flooring and ample space. Oversized living room with gorgeous hardwood floors and a large master bedroom. **\$399,000 MLS# 4628449**



Laconia: The ultimate Lake Winnepesaukee vacation home! Beautiful, long Lake Winnepesaukee views can be enjoyed from every room in the house. Recent improvements include, brand new waterside stone walls, new beach area, no grass to mow, new A/C system, a year-round permanent dock was just replaced and just recently stained. **\$639,000 MLS# 4629005**



Moultonborough: Well-crafted home with 330' of shoreline on Ledgy Pond. The home was built in 2005 and boasts the highest quality standards throughout, as well as a design that fuses both rustic and contemporary elements. Open concept kitchen/living area, wide pine floors, wood stove with granite hearth, radiant heat, shaker-style maple cabinets, and curly maple staircase. **\$299,000 MLS# 4628417**



Laconia: Great views from all three floors of this town house located in Pausus View. The home includes a 3-bedrooms and 3-baths, a living room with a gas fireplace, central A/C and FHA heat. Nicely appointed with stainless steel appliances in the kitchen, granite counter tops and hardwood, carpet and tile flooring. Relax and soak in the views on either of the two decks or at the cozy patio area. **\$179,900 MLS# 4627997**

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Mon-Fri 8:00-4:00

or place online 24/7 at
newhampshirelakesandmountains.com

Deadline:
Monday 10:30 am

Auctions/Antique

MAY AUCTIONS ON SATURDAYS at
4PM Public Invited to bid on Estate items,
Furniture, Cars, Tools, Coins, Art and
more- Every Saturday in May- viewing
opens after 1PM
Gary Wallace Auction Gallery RT 16
Ossipee NH. see
www.wallaceauctions.com for details-lic
#2735 call 539-5276
email -nhauction@roadrunner.com

**Spring Kickoff Auction, Wednesday,
April 26th @ 6:00 PM. At Union Hall,
South Tamworth.**
Visit www.TroonFamilyAuctions.com
or call 603-733-6165, Rob Troon,
Auctioneer, NH Lic. #6102

Fuel/Wood

FIREWOOD: Cut, Split,
Local Delivery \$200 Green.
Please Call 286-4336

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats
\$70-\$85. Dogs at Conway clinic, starting
at \$100. NH and Maine income qualified
plans. Military discounts. Rozzie May
Animal Alliance, a dedicated spay/neuter
nonprofit. Sign up on line
www.RozzieMay.org or call 603-447-1373

Lost & Found Pet

STILL MISSING!!
SHANE- Shetland Sheep Dog
Lost in Laconia NH on August 27,
2016. 9 year old male, very shy.
Prefers women. **Please do not
chase!** Old or new leads
welcomed! If sited in the area call
1-855-639-5678. Not from the
area- he slipped his collar upon
arriving.

**General Help
Wanted**

Castle in the Clouds is hiring:

- Bartenders
- Servers
- Hostess
- Dishwashers

We are looking for applicants that can
work through the end of October.

Call 603-476-5900 or email
operations@castleinthecLOUDS.org.

Experienced Painters Wanted

Come join our team of experienced
painters. Tired of subcontracting? We are
100% on the books. Please call Sean at
603-455-8370.
Pay is based on Experience.

Full and part time positions available for a
motivated individual with good customer
service skills. Must be 18 years of age.
Please call 603-569-6555

Great Summer Job!

June 30 thru Labor Day. We are looking
to help make the summer season at our
beach enjoyable for our Suissevale
residents. Duties include: monitoring
parking, light cleaning, observing that
beach rules are adhered to. Staff must be
mature, love working with the public and
be able to perform light physical labor.
Please call or email 603-476-5177 /
suissevalestaff@gmail.com

Landscape Maintenance/Installation.
FULL time for motivated, hard working,
honest individual. Must be at least 18
years old with clean driving record. Must
have own transportation. Experience is a
plus! Newfound area.
Chris (603)744-2195

**General Help
Wanted**

Maintenance Positions
Male or Female
Light plumbing or electrical experience
a plus
Lost River Valley Campground
North Woodstock
603-745-8321
830-388-9513
Info@lostriver.com

**Office Manager/Receptionist/
Quickbooks Exp.**
Looking for non-smoker, reliable and
mature. New log home supply company
going in Rumney, NH.

Send resume and references to:
WL Woods LLC
9 Post Office Lane, Unit 152
Rumney, NH 03266-8025

Part-time Rural Transportation (RTS)

**Bus Driver for Belmont Area and
Substitute RTS Bus Drivers for
Franklin, Pittsfield and Laconia Areas -**
Drivers needed to transport older adults
to various locations throughout the area
for shopping, medical appointments,
errands, etc. Current NH Commercial
Driver's license with passenger
endorsement preferred. Will consider
non-CDL drivers with excellent driving
record for smaller buses. DOT medical
card and reliable transportation to bus
pick-up location required. Part-time
position for Belmont Area is Tuesday-
Thursday, Substitute positions are
Monday-Friday, up to 7.5 hours a day, as
needed. For Franklin and Belmont routes
contact Nancy Marceau at the TRIP
Center, 934-4151; for Pittsfield route
contact Carol Schiferle, 435-8482; for
Laconia route contact Tom Menard,
524-4772. EOE.

Sandwich Children's Center

Early Childhood Teaching Positions
Available Immediately. Must have at
least 9 credits in ECE to apply. Prefer
BS in ECE. Must be reliable, flexible,
creative and kind. Please send
resume to sccdirector54@gmail.com
or call Karyn at 284-7014 to set up an
interview.

SUMMER CASHIERS!

The Old Country Store, Moultonboro
Full and Part time available. Must
be able to add, count back change,
personable, reliable and trustworthy.
Call 603-476-5750 M-F or stop in.
Ask for Jo Hayden

**The Mill Fudge Factory and Ice
Cream Cafe**

is hiring Customer
Service staff. Must be dependable,
energetic and friendly. Details and
applications available at
TheMillFudgeFactory.com

**TOWN OF NORTHFIELD
PART TIME ADMINISTRATIVE
ASSISTANT**

Detail-oriented team player sought for
a 30 hour per week Administrative
Assistant position in the Town
Administrative Office. The successful
candidate must be able to multi-task,
work with the public and have a good
knowledge of office procedures. The
position also provides support to land
use boards, and requires attendance
of three evening meetings per month.
Salary range: \$14.55 - \$18.91 per
hour.

The position requires completion of a
high school diploma and two years
clerical experience, or any an
equivalent combination of education
and experience.

To apply file a resume with three refer-
ences to Town Administrator,
Northfield Town Hall 21 Summer
Street, Northfield, NH 03276 and or
by email to gsmith@northfieldnh.org .
Position open until filled.

Medical/Dental

Mondovi Dental is hiring a full time
Patient Service Representative in our
Meredith office. Excellent customer
service and communication skills
required. Prior medical or dental
experience preferred.
Competitive pay and benefits.
Please email resume to
ekolich@mondovidental.com



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Turnkey Opportunity
Northern New Hampshire
Coos County

Refuse, Garbage,
Recycling Collection

Family Operation Well Established
3 to 4 Trucks Running Daily

Town Contracts,
Private Commercial
Also debris, demo, roll-off hauling
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Full Transition Assistance

CONTACT: Lawrence B. Felix
Waste Svc. Business Broker
LFB@FELIXBUSINESSSALES.COM
(518) 944-7082

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Maid & More LLC commercial and
residential cleaning services. Fully
insured, reasonable rates. Specializing
in your vacation rental home. Call now,
603-273-2985 ask for Juanita or visit
us at www.maidmorellc.com

Real Estate



Equal Housing Opportunity
All real estate advertising in this
newspaper is subject to
The Federal Fair Housing Law
which makes it illegal

"to make, print, or published any notice,
statement, or advertisement, with respect
to the sale, or rental of a dwelling that in-
dicates any preference, limitation, or dis-
crimination based on race, color, religion,
sex, handicap, familial status or national
origin, r an intention to make any such
preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42
U.S.C. 3604(c))

This paper will not knowingly accept
any advertising which is in violation of the
law. Our readers are hereby
informed, that all dwellings advertised
in this newspaper are available on
an equal opportunity basis.

To complain of discrimination call
HUD toll free at
1-800-669-9777

For The Washington DC area, please call
HUD at 275-9200.

The toll free telephone number for the
hearing impaired is
1-800-927-9275.

You may also call
**The New Hampshire
Commission for Human Rights**
at 603-271-2767
or write

The Commission at
163 Loudon Road,
Concord, NH 03301
Neither the Publisher nor the
advertiser will be liable for misinformation,
typographical errors, etc. herein
contained. The Publisher reserves
the right to refuse any advertising.

Rentals

Office space for rent in town Plymouth,
Plymouth Professional Place. 4 rooms
including large waiting area. Recently
remodeled with plenty of parking, close
to down town Plymouth. \$600 per
month. Call Russ 536-1422

**Apartments For
Rent**

MEREDITH: PINWOOD KNOLL,
Very quiet, private, 2 BR, over 55. No
smoking/no pets. Heat, hot water
included. One car Garage. \$1100/mo.
One year lease.
Call David at 253-6247 or 781-665-8400.

Automobiles

2010 CADILLAC CTS4 Silver, Pristine
Condition, 1 owner, Dealer Maintained,
No Mechanical Issues-Maintenance
Records Available, 84K Miles, \$9699-
Below Book Value, 603 823-7711,
great family car

Thank You
for browsing
The Town-to-Town
Classifieds!

Automobiles

GIGUERE AUTO 2
315 Laconia Road,
Tilton, NH
603-286-4800

2011 Jeep Wrangler
Unlimited, 6-Speed, Hard Top &
Soft Top
\$22,995

2011 Nissan Juke S
Loaded, Leather, Moonroof
\$9,995

2012 Jeep Patriot
Latitude, Alloy Wheels, Loaded
\$7,995

2009 Toyota Tacoma
Access Cab, 4-Door, 4x4, 5-Speed
\$13,995

2011 Ford Expedition
4x4, V-8, Leather, Loaded
\$17,995

2006 nissan Frontier
LE, Crew Cab, 4.0L, Automatic,
V-6, Loaded
\$9,995

2012 Mazda 3
Touring, 4-Door, 4-Cyl., Loaded,
Low Miles
\$8,995

2005 Nissan Frontier LT
Crew Cab, 4-Door, 4x4,
6 Cylinder
\$11,995

2009 Ford Ranger
Super Cab, 4x4, Automatic
\$12,995

2001 Dodge Dakota
Ex-Cab, 4x4, Automatic
\$5,995

2008 Ford F-150
Reg. Cab, 4.2L, V-6, Automatic,
A/C
\$8,995

2013 GMC 1500 SLT
Cab, 4x4, 4-Door, Leather, Z-71
\$28,995

2014 Chevy 1500
Double Cab, 4-Door, 4x4, Loaded
\$25,995

2010 Ford F-150
Super Cab, 4-Door, 4x4
\$14,995

2012 Toyota Tundra
Double Cab, 4-Door, 4x4,
Loaded, 5.7L
\$18,995

2012 Ford F-150
Super Crew, 4-Door, 4x4, Loaded
\$19,995

2005 Toyota Tundra
SR5, Access Cab, 4.7L, Loaded
\$13,995

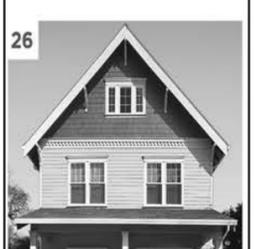
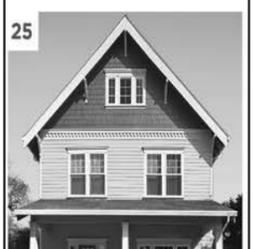
2007 GMC 1500
4-Door, 4x4, Loaded
\$13,995

2014 Dodge Ram 2500
Heavy Duty, Reg. Cab, Loaded,
8-Ft Bed
\$15,995

2014 Ford F-350
Super Crew, 4-Door, 4x4, Lariat,
Leather
\$38,995

2013 Chevy 2500 HD
Ex-Cab, 4-Door, 4x4, 6.0L,
Loaded
\$28,995

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hurricane Irene look like?
Any other day.

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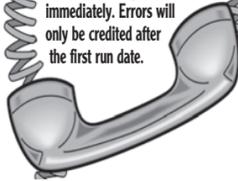


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Please give a full description of what you are selling & don't abbreviate your words. Always remember to include an asking price for the item you're selling.

Place your ad early in the week (Tues.-Fri.). The Monday Morning 11 AM deadline is for the papers of that week.

Keep in mind we are a weekly publication and for best results you should run your ad more than once.

Read your ad carefully the first time it appears in the paper. If it contains any errors, or if you wish to make a change, call us immediately. Errors will only be credited after the first run date.



OFFICE OF SELECTMEN
TOWN OF CENTER HARBOR
CENTER HARBOR, NH 03226

Notice of Public Hearing
Proposed Change in Road Speed Limits
Cary Mead Meeting Room
Wednesday, May 17, 2017
7:00 p.m.

Notice is hereby given that on Wednesday, May 17, 2017 at 7:00 p.m. the Board of Selectmen will hold a Public Hearing to receive input on proposed changes in road speed limits in Center Harbor. Roads included for a 25 miles per hour speed limit are Coe Hill Road, College Road (South), Kelsea Ave., Keyser Road and Hawkins Pond Road.

For further information, please contact the Board of Selectmen's office at either (603) 253-4561 or chselectmen@metrocast.net.

SABOURN ELECTRIC INC
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NORTH WOODSTOCK, NH

Sabourn Electric Inc. has immediate openings for licensed electricians. With a busy summer ahead, we are looking for skilled residential electricians to join our growing team! Give Tom a call, (603) 348-7041

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Check out REAL ESTATE & RENTALS

TOWN OF DORCHESTER

is seeking an **Experienced Road Agent**, 3 Years experience minimum. This is a working position, not just managerial. Heavy equipment use, repairs of equipment and trucks, knowledge of municipal law for roads necessary.

If interested please contact the Town Office.
TownofDorchester@Gmail.Com
Phone #: (603) 786-5095

Join Our Team
The Corner House Inn
Center Sandwich, NH
284-6219
info@cornerhouseinn.com

Now Hiring:
Waitstaff

CLARK'S TRADING POST JOB FAIR
SATURDAY MAY 13, 2017
10:00-2:00

Clark's Trading Post is looking for *enthusiastic, hardworking seasonal employees* from late May through mid October.

It is essential for the applicant to have strong communication and customer service skills.

- FOOD SERVICE
- RETAIL
- RIDES
- GUIDES
- PHOTO PARLOR
- PARK SERVICES
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Call **Anne** at **603-745-8913** Ext. 19 for more details. Download an application at www.ClarksTradingPost.com
Come join the lively team for a fun and adventurous summer job!



if you only had the time, **RIGHT?**
Now you do.
3-12 MONTH ASSIGNMENTS now available.

Browse the opportunities on our website at peacecorps.gov/response

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Changing Lives

Utilize Your Associates or Bachelor's Degree in Human Services as a
FUNCTIONAL SUPPORT SERVICES

Outstanding benefits, team environment with opportunity for advancement. Generous vacation and holiday policy – starting with 3 weeks and 11 paid holidays in year one.

- Full time position with full benefits
- Assist adults and children with serious mental illness in their homes, communities and in work settings to learn skills and strategies to overcome the effects of mental illness on activities of daily life and life pursuits
- Must be flexible; available to work occasional early evenings
- Positive and supportive work environment
- Starting salary \$13.12 per hour; advancement opportunities
- BA degree required

Northern Human Services offers generous benefits. Full time employees receive three weeks paid vacation with eleven paid holidays, sick leave, mileage reimbursement, health insurance, and agency paid 403B contribution with no match requirement.

Send cover letter and resume to:
Northern Human Services
Attn: Bobbi Lyndes-Langtange
29 Maple Street
PO Box 599
Littleton, NH 03561
blyndes@northernhs.org
603-444-5358

These positions require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. NHS is an Equal Opportunity Employer, and Provider.


Northern Human Services
Changing Lives

Utilize Your Associates or Bachelor's Degree in Human Services as a
RESIDENTIAL ADVISOR

Join a supportive team and receive outstanding benefits including generous vacation, health insurance, 403B and paid training. Opportunity for advancement in a large and stable organization.

- Great Schedule! Saturday, Sunday and Mondays off. Daytime work with one asleep overnight shift on Friday.
- Work as a part of a dynamic team assisting six individuals with medication self administration, activities of daily life, socialization, and recreation
- Opportunity to make a difference in someone's life, while also obtaining valuable experience and training in the mental health field.
- Bachelor's degree or an associate degree with two years work experience in the human services field preferred. Strong applicants without a college degree and with experience in a related field (medical, elder care, LNA etc.) may be considered.
- Entry Salary: up to \$11.50 an hour. – with periodic increases.

FUNCTIONAL SUPPORT SERVICES

Outstanding benefits, team environment with opportunity for advancement. Generous vacation and holiday policy – starting with 3 weeks and 11 paid holidays in year one.

- Full time position with full benefits
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THE NUMBER OF PEOPLE WHO THINK THEY HAVE THEIR CHILD IN THE RIGHT SEAT.

THE ONES WHO ACTUALLY DO.

KNOW FOR SURE IF YOUR CHILD IS IN THE RIGHT CAR SEAT.



 VISIT SAFERCAR.GOV/THERIGHTSEAT  

Captain Douglas DiCenzo Golf Classic is June 23

CAMPTON — The 11th annual Captain Douglas DiCenzo Golf Classic will tee off at 1 p.m. on June 23 at the Owl's Nest Golf Club in Campton. Registration is now open at dougscampfund.org or by contacting Cathy Crane at ccrane653@gmail.com. The cost to enter is \$600 for a foursome or \$150 for a single player and

includes greens fees, golf cart, lunch and barbecue awards dinner. Sponsorship of tournament greens, tees and golf carts is also available for New Hampshire businesses and supporters.

The annual Golf Classic is a key fundraiser for Doug's Camp Fund, created in memory of Captain Douglas DiCenzo.

Captain DiCenzo was a West Point graduate and Plymouth native killed in action while serving his country during the war with Iraq. Since its establishment in 2006, Doug's Camp Fund has provided financial assistance to more than 600 children to attend a wide variety of camps including boy and girl scout camps, young

writer's camp, music camp, sports camps and many more. According to fund administrator Cathy Crane, "Our goal is to meet the needs of as many of New Hampshire's young people as possible."

The Captain Douglas DiCenzo Classic is a four-person scramble golf tournament. The schedule starts with a 12 p.m. check-in and lunch followed by a 1 p.m. shotgun start. Barbecue dinner and awards wrap up

the day at 6 p.m. For additional information and background on the Captain Douglas DiCenzo Camp Fund, please visit dougscampfund.org or contact Crane at ccrane653@gmail.com or 530-2113.

Smith River race coming May 20

WOLFEBORO — The 43rd running of the Great Smith River Canoe and Kayak Race will be held Saturday, May 20. It is a four-mile race which includes a quarter-mile of class two whitewater and two short portages. There are 19 classes, from novice to expert for both canoes and kayaks.

The race starts at 1:15 p.m. at Albee Beach on Lake Wentworth and finishes at the town docks on Lake Winnepesaukee. There will be prizes for the first three finishers in each class. There will be free t-shirts for the first 50 entrants who register. Entry forms are available in Wolfeboro at the Chamber of Commerce

or by calling 569-5454. Racers can also register the day of the race at Albee Beach between 10 a.m. and 12.45 p.m. Proceeds from the race go to the Wolfeboro Lions Club and are used to support the club's scholarship fund. In conjunction with the race there will be a raffle with a grand prize of \$1,000 cash.

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SATURDAY 9AM-1PM

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ACE Hardware

Sale Ends May 31st 2017 not to be combined with any other sale

bridge to RECOVERY
Walk

Sunday, May 7th
Registration @ 8 a.m.
Walk Begins @ 9 a.m.

Franklin Regional Hospital
15 Aiken Ave, Franklin
2-Mile Walk followed by brunch

to benefit mental health services and substance addiction programs

Walk with us!

Together, let's raise awareness and funds and show support for those who are struggling with or recovering from, substance addiction or mental illness.

\$100+ in pledges/donations includes walk, brunch, and event shirt

\$20 per person includes walk and brunch (Children 10 and under Free)

Prizes awarded for largest and most spirited team and most money raised!

Own a business? Sponsorships are available!

FOR MORE INFO OR TO REGISTER
527.7063 philanthropy@lrgh.org

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