

Newfound Landing

THURSDAY, SEPTEMBER 28, 2017

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COMPLIMENTARY

Public hearing set on Town Hall project

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Samyn-D'Elia Architects of Ashland, hired last May to create preliminary plans for a solution to the space needs of the Bristol Municipal Building, will offer some drawings for public review at the Old Town Hall on Wednesday, Aug. 4, at 7 p.m.

Architect Cris Solomon joined space needs committee member Susan Duncan in giving the Bristol Board of Selectmen an advance look at the drawings on Sept. 21, noting that the design work is still in progress and the plans could change before the public

hearing. A work session on Sept. 29 will focus on putting cost figures with the conceptual floor plans, in preparation for the hearing.

Duncan, who had offered the amendment at the 2016 Town Meeting that set the process in motion, and served on the space needs committee when it came up with the recommendation for two buildings, said the committee reviewed the options again with Samyn-D'Elia to see if they could meet all the needs with renovations to the existing building.

Solomon said they are still recommending two buildings, converting

the existing municipal building to serve only the Bristol Police Department and building

a new town hall on property next door which the town had purchased for possible future expansion.

“We want to create a new center with an inviting front entrance to the

police station,” Solomon said, explaining that the driveway would go be-
SEE TOWN HALL, PAGE A14

Newfound parents renew push for girls' soccer

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — A group of parents is pressing the Newfound Area School Board to support a high school-level girls' soccer team, something the board has gone on record as supporting in the past. The problem, said Chair Jeff Levesque at the board's Sept. 25 meeting, is that not enough girls signed up to support the program.

Ken Braley of Alexandria maintains that there are 90 female athletes that are not playing any sport, and that eight girls are coming up from eighth grade, where there is a girls' team. He said the high school needs to provide a better way for girls to sign up and suggested sending an email to everyone, asking that, if a program came in, would they be willing to join the team.

Newfound does allow girls to play on the boys' team, but Braley said it's not a true coed team with only three girls participating. Girls who have built “a family” in middle school prefer to stay together, rather than play on the boys' team, he said, so they are left out.

“The kids want to play. The job of athletics is providing all student

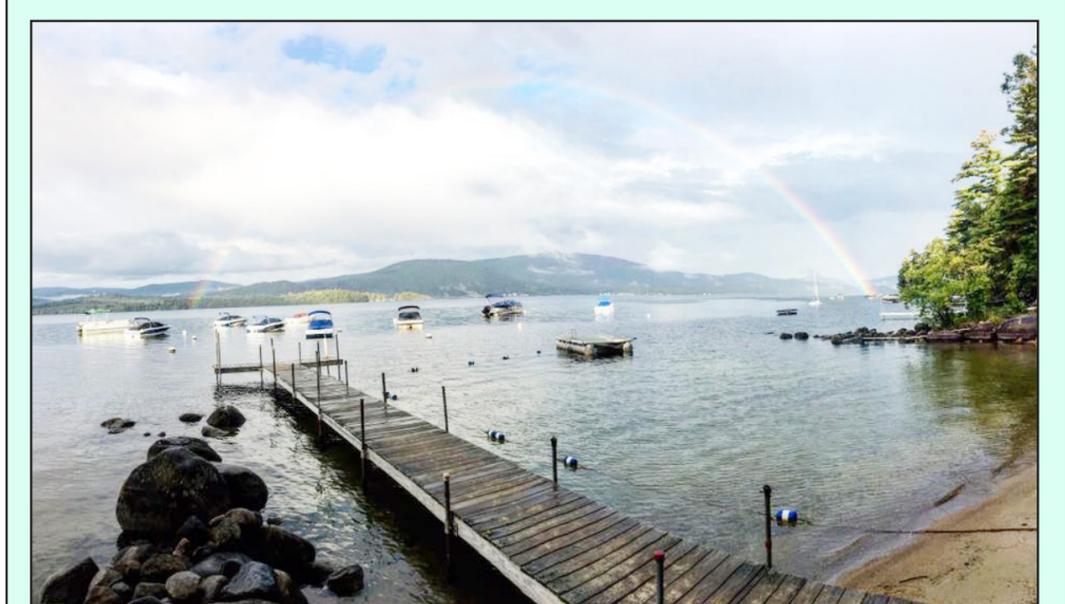
athletes with the opportunity to participate,” he said.

Athletic Director Peter Cofran said he posted signup sheets but got no signatures for girls' soccer. When he heard that some girls playing other sports were reluctant to put their names on the list for fear of offending their current coaches, and saw a post on Facebook asking about signing up privately, he offered to let them meet with him to let him know of their interest, and still he received no response.

“Today, I had one girl sign up, but I've had people sign up for three years and they never showed up at practice,” he said.

Cofran also said he would have concerns about young athletes going up against players with more experience and who were physically stronger. That prompted protests from parents who said forcing girls to play on the boys' team also had them playing against greater

SEE GIRLS' SOCCER, PAGE A12



Rainbow over Newfound

Chris Dyer of Bristol spotted a full rainbow over Newfound Lake last week, and captured this beautiful scene with his camera.

COURTESY — CHRIS DYER

NMMS staff kick off new school year with cookout & open house

BY DONNA RHODES
dirhodes@salmonpress.news

BRISTOL — To help kick off the 2017-18 school year, parents and families of students at Newfound Memorial Middle School were invited to a free Cookout and Open House last Thursday evening. Newfound Area School District Superintendent Stacy Buckley, Principal Jay Lewis, Assistant Principal Trish Lewis and the NMMS staff were on hand to not only meet the parents but serve them their dinner, too.

“Last year, we decided to include parents for a cookout and open house, and it's become a great opportunity for them to see what's going on in our school,” Jay Lewis said.

After enjoying freshly grilled burgers and lots of delicious side dishes,



DONNA RHODES

During an open house at Newfound Memorial Middle School last Thursday evening, Superintendent Stacy Buckley was pleased to show parents the new look the school received over the summer with fresh paint and some new furniture for the library and cafeteria.

es, moms and dads then moved inside to see what a day in their child's life looked like.

What they found as they walked through the doors was also an

eye-opening experience, made possible through some fresh paint, new library shelving and furniture, along with new vending machines and tables in the cafeteria.

White walls, green lockers and green trim also brought the school colors and pride to the forefront.

“This building had about five color schemes going on, and just looked so old. Over the summer, we pulled out old carpeting, painted the hallways and lockers and made it look like a new school,” said Buckley. “Next year, we'll work on replacing the old windows and paint the classrooms.”

Bathrooms received not only a physical but a psychological makeover as well and now play an important role in student pride and self-esteem. With some adult supervision each facility was designed and painted with colors that are more suited to the lifestyle of today's young teens. In addition to the new decor, last year's eighth grade students were also able to leave behind some words of
SEE NMMS, PAGE A14

GOT LUNCH! Newfound meets with success in first year

BY DONNA RHODES
dirhodes@salmonpress.news

BRISTOL — In its inaugural year, GOT LUNCH! Newfound met with great success, thanks to generous donations and “some amazing volunteers,” reported Susan Colby of Bristol Area Community Services.

GOT LUNCH! began in Laconia several years ago when members of that community stepped up to help provide healthy lunches for low income families over the summer weeks when school lunches for children were not available. Since then, the



COURTESY

In its inaugural year, GOT LUNCH! Newfound met with great success, thanks to generous donations and “some amazing volunteers,” reported Susan Colby of Bristol Area Community Services.

idea and enthusiasm for the program has spread.

This summer, with the guidance of Laco-

nia's GOT LUNCH! Program
SEE GOT LUNCH!, PAGE A12

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20 pages in 2 sections

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PSU's Merrill Place promises to be a new community resource

BY DONNA RHODES
drhodes@salmonpress.news

PLYMOUTH—Plymouth State University President Donald Birx and members of the entire Plymouth community were excited to officially cut the ribbon on the new Merrill Place last Friday afternoon. The new residence hall will serve not only the student population of PSU, but outside groups who can now utilize the facility for any number of events and activities.

Merrill Place is located at the crest of Merrill Street in Plymouth, and is a seven-story structure that can house 292 students for the academic year, while serving as “the centerpiece of PSU’s expanding role as a regional venue for conferences, exhibitions and other events,” university representatives said.

The residential facilities offer students not only spacious rooms but laundry and other conveniences. On the main floor there is even a communal kitchen, should they chose to dine in and cook for themselves. Recreational venues, computer labs, study areas, a courtyard and more are also available for their use, and it is all surrounded by large windows and artwork that pays homage to



The architects who designed the new Merrill Place Residential Hall and Conference Center were joined by Plymouth State University President Donald Birx for a photo during a ribbon cutting ceremony last Friday afternoon.

the White Mountains of New Hampshire.

“Merrill Place allows us to offer on-campus housing to nearly 300 students, bringing us ever closer to our goal of housing the majority of students on campus,” Birx said. “But Merrill Place is more than simply a new residence hall...Along with the Bank of New Hampshire Field House, it allows us to attract conferences and other events to the region, which will not only support the university, but



The facilities offered by Plymouth State University’s new Merrill Place Residential Hall and Conference Center are anticipated to be a true economic boost to the Plymouth region, offering seating for more 276 diners, hotel-style accommodations outside the school year, and ample room for lectures and other community events.

contribute to regional tourism and economic development.”

While the 95,000-square-foot hall is intended for student housing throughout the school year, it was also designed to meet other needs. Rooms in Merrill Place are configured to serve as “hotel” rooms for visitors outside the academic year.

The first floor conference area has not only its own commercial kitchen facilities but is equipped to serve 276 people with tables and chairs. There is room for 591 people seated in chairs only and has a maximum off 827 people standing, making it quite accommodating for large groups looking to hold dinners, conferences and other events.

The concept for Merrill Place began in 2014, before Birx joined the university, and had great support from the university’s trustees, he said.

“This is what this region has lacked and they recognized that. When I came here there were three goals-to transform ourselves, the students and the region, and Merrill Place is a step in that direction,” said Birx. “It’s always fun when you’re trying new things and redesigning higher education.”

Community Center hosting 34th Annual Apple Pie Festival Oct. 7

BRISTOL — On Saturday, Oct. 7, the Tappley-Thompson Community Center at 30 North Main St. in Bristol will sponsor its 34th Annual Apple Festival. This year’s events include a Craft Fair from 9 a.m. to

2 p.m. in the TTCC gym. The Apple Pie & Food Sale will include pies, apple crisp, fresh bread, home baked beans, apple brownies, fresh applesauce and more.

Pies will sell for \$10 a pie and are made on Fri-

day, Oct. 6 by area residents who come together at the Center and peel, slice, roll and bake 300 apple baked goods. We are still looking for volunteers for Friday, Oct. 6. If you can come down and help out please call the TTCC at 744-2713. If you would like table space for the Craft Fair it is \$30 per six-foot space & \$40 for an eight-foot table space.

Pies can be reserved (uncooked frozen available) by calling before Friday, Oct. 6. We hope to see all of you there to enjoy apple pie a-la-mode and fresh perked coffee.

“Carb up” before the Marathon with the Masons of Union Lodge

BRISTOL—The Union Masonic Lodge will be hosting its annual all-you-can-ear spaghetti supper Friday evening, Sept. 29 from 5-8 p.m. to help participants in this year’s NH Marathon “carb up” before the big race.

The Lodge is located at 61 Pleasant St., beside the Minot Sleeper Library. Proceeds from the dinner will be donated to local charities and community organizations.



DONNA RHODES

Scarecrow Decorating Contest kicks off

Lucille Keegan and Hilda Bruno got Bristol’s 2017 Fall Scarecrow Decorating Contest started on Monday, when they placed the first scarecrow in Central Square. The public is encouraged to create a scarecrow of their own to place on the square or in front of their home or business then register their entry for the chance to win a cash prize. Rules and applications for the competition can be found at the Minot-Sleeper Library, Bristol Town Offices or Tappley Thompson Community Center.

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Tues.-Thurs.: 3:45, 7:00 PM

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Sixth Annual Community Spelling Bee returns!

PLYMOUTH — After the excitement of last year's 15th anniversary celebration, one might expect this year's Community Spelling Bee to be ho-hum, but Darci McCarthy promises it will be anything but. "The Bee has become an annual highlight for the community, and such a great way to get the word out about PBL," says McCarthy, director of Pemi-Baker Literacy. "Many of the changes to this year's program are actually driven by our competitors. They really get into it!"

Among these changes is a new venue. The Bee will be held at the PSU Ice Arena and Welcome Center in Holderness on



Last year's Spelling Bee winners, Letter Rip!

Friday, Oct. 27. Doors will open at 6 p.m., with the Bee starting at 7 p.m.

Many teams have participated every year in this spirited fundraiser. Teams often don bee attire, and repre-

sent themselves with names such as "Letter Rip," "Kween Bees," and "Beste Spellors." This prompted a new contest this year: prizes for the best dressed team.

The participants do

not let the silliness distract, however; competition is fierce. As usual prizes will be awarded to the team raising the most sponsorship money, and of course, the best spellers.

The enigmatic A.J. Coppola will be returning as emcee, armed with his trusty school bell and ruler to keep order at this raucous event.

Registration for teams opens Sept. 22. The rate to enter is \$60 a team, with early bird registration offering a discount price of \$45 until Oct. 6. Teams would be wise to act on that early pricing, as the Bee does fill up quickly. The number of teams is limited, so be sure to visit PemiBakerLiteracy.org as soon as possible for registration information and materials. Full registration ends Oct. 20.

The Bee is a great time even for the weakest of spellers. Purchase a ticket to come cheer the teams on as well as enjoy hor d'oeuvres and desserts for only \$20. A cash bar will be available. Teams will be looking for sponsors, so come support your favorite spellers. Raffle tickets (\$5 each, 3 for \$10) can also be purchased for such prizes as 100 gallons of home heating oil from Dead River, a beautiful quilt handmade by Sarah Bunkley, and gift certificates to local restaurants and ski areas. All proceeds benefit Pemi-Baker Literacy. Raffle tickets and tickets to the Bee can be purchased from board

members or at the door, and will be available at the Plymouth Farmer's Market on Thursday, Sept. 21 and 28. Tickets for the Bee are also available at Chase Market in Plymouth.

The event is graciously sponsored by Bank of New Hampshire, Meredith Village Savings Bank, Noyes Insurance, Off Campus Rentals, Plymouth General Dentistry, Plymouth Rotary Club, Sunset Grill, Venture Print Unlimited, Inc.

Additional sponsorship this year is provided by Alpine Pool Service, Bridgewater Power Company, Construx, Inc., Mask Construction & Family, M & M Scoops, Singh Family Dental, Six Burner Bistro, Three Lakes Landscaping, Woodsville Guaranty Savings Bank.

Pemi-Baker Literacy is a privately funded, non-profit organization dedicated to the improvement of individual literacy skills in the Plymouth, Bristol and Lincoln area. Free one-to-one tutoring and small classes are offered to adults in reading, writing, math, English as a second language, basic computer skills and preparation for the High School Equivalency Test (HiSET/GED).

NH Rural Renewables offers planning assistance to rural businesses, agricultural producers

REGION — A new program is now available in rural regions of New Hampshire to provide free technical assistance to business owners and agricultural producers, helping them evaluate and assess the potential for using renewable energy at their business. Lakes Region Community College, along with Plymouth Area Renewable Energy Initiative (PAREI) and New Hampshire Sustainable Energy Association (NHSEA), are teaming together to provide this free tech-

nical assistance. Rural businesses interested in installing solar photovoltaic, solar thermal, wood heat, and other renewable energy technologies can receive helpful educational information and preliminary site evaluations at no cost. This Renewable Energy Development Assistance two-year grant is part of USDA Rural Development's Rural Energy for America Program (REAP), which has a variety of energy efficiency and renewable energy grant and loan programs.

According to Andy Duncan, Energy Training Manager at Lakes Region Community College (LRCC), who is coordinating the NH Rural Renewables effort, "Our goal is to help businesses reduce their energy costs with sustainable solutions. We can help them take a close look at whether a renewable energy project is technically and financially feasible for their site. If a business likes the idea of renewables or energy efficiency, we want to help them take the next step, explore their op-

tions and make the process less complicated."

The development assistance provided by NH Rural Renewables will be vendor neutral.

"Our project team will work with business owners to help them become more knowledgeable about their options so they are more informed when it comes time to get quotes from renewable energy vendors," said Duncan.

The team will also be leveraging energy efficiency technical as-

DMV offices closed for upgrades in October

REGION — The New Hampshire Department of Safety, Division of Motor Vehicles (DMV) will implement a new driver licensing system in October to replace the current system originally implemented in the 1980s. Implementation of the new system will require the closure of all DMV offic-

es on Monday, Oct. 9, and Tuesday, Oct. 10, and will temporarily limit some services.

"Although temporarily closing DWV officers is required during this transition time, we are aware of how the closure will impact our customers," said DWV Director Elizabeth Bielecki. "Hopefully, by

providing the advanced notice, we will minimize the inconvenience this closure will cause."

During the transition, town/city municipal clerks will not be able to process the state portion of vehicle registrations from Friday, Oct. 6, through Tuesday, Oct. 10. Online services, in-

cluding online driver license renewal and online ticket pay, will not be available from Wednesday, Oct. 4, through Wednesday, Oct. 11.

Ticket pay by phone will not be available on Monday, Oct. 9, and Tuesday, Oct. 10. To pay a ticket by phone on another day during normal business hours, please call 1-800-272-0036.

Customers are encouraged to complete the DMV transactions regarding driver licenses and registrations in advance of expiration dates if they expire during the transition period. In the days following implementation of the new system, customers may experience longer than usual wait times and are asked to plan their visit accordingly. Save time by completing forms in advance of your visit. Answers to frequently asked questions and forms are available at the DMV Web site at nh.gov/dmv.

Grafton County's Lara Saffo asks: Should landowners trust Northern Pass?

BY NANCY WEST
inDepthNH.org

CONCORD — Grafton County Attorney Lara Saffo made her points about the impact on homeowners and businesses of burying 52 miles of Northern Pass cable from Bethlehem to Bridgewater last week by showing photos of various properties and the massive equipment it would take during construction.

Saffo also questioned whether property owners should trust Northern Pass after the project first told them the cables would be buried under the roadway and didn't correct that information when it changed. Altogether 60 of the 192 mile high-voltage lines from Pittsburg to Deerfield would be buried; the rest would be overhead.

Saffo represents Grafton County Commissioners — intervenors who are opposed to the proposed \$1.6 billion project by Northern Pass and Eversource Energy to import 1,090 mw of electricity from Hydro-Quebec to southern New England. She cross-examined project expert Robert W. Varney at ongoing Site

Evaluation Committee hearings on Friday.

After the project objected to her original question about trusting Northern Pass, Saffo asked it as a hypothetical.

What should a landowner do if Northern Pass first said the cable would be buried under the road, then learned it wasn't going under road, but in the existing right of way, but didn't tell the landowner. "Do you think that landowner should trust them?" Saffo asked.

Varney said he didn't know the context of the conversation or whether there had been any misunderstanding.

"... I can simply state that it is my understanding that the applicant has put a high priority on working with abutting property owners

to ensure this project is carried out successfully," Varney said, adding the project has a program to reach out to landowners.

Varney, who is now president of Normandeau Associates of Bedford, is the former regional director of the EPA, previously served as commissioner of the state Department of Environmental Services and was formerly chairman of the Site Evaluation Committee.

He will continue tes-

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GACIT Committee to hold hearing in Plymouth

PLYMOUTH — Thursday of next week, Oct. 5, brings the Governor's Advisory Committee on Intermodal Transportation (GACIT) to Plymouth Town Hall at 2 p.m. to take comments from local officials and the public about the condition of the state's transportation system and just what should be the policy out over the next ten years.

As one of three such hearings in the first executive council district that same day — the other two being in Littleton and Laconia — Councilor Joseph Kenney will chair the panel to include New Hampshire Department of Trans-

portation officials and others.

As area residents know so well, many of the district's so-called secondary highways are in tough shape; cracked surfaces, poor roadside drainage (see photo) and frost heaves that don't seem to go away. Many miles are being "shim-coated" to seal from above but underground and roadside drainage needs catching up. And this year's heavy rains has accelerated the growth of roadside vegetation.

GACIT is scheduled for Littleton at 9 a.m. this same day, Laconia later at 7 p.m.

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Marijuana Quiz

BY DEB NARO
Contributor

Almost everything we once knew about marijuana from the 1960's-1970's has changed. That includes laws dealing with legalization for medical and recreational use, drug potency, products and methods of use, risk potential and harmful effects, and youth prevention and treatment strategies. If you want to know the facts on how today's marijuana can affect us, take this brief True/False quiz.

The main chemical giving marijuana its mind-altering and intoxicating effects is THC or delta-9-tetrahydrocannabinol. True. THC is the most common and most psychoactive of the over 100 cannabinoid chemicals found in the cannabis plant. Most THC is found in the bud of the marijuana plant. Marijuana also contains hundreds of other chemicals.

Marijuana has the second highest rate of dependence or abuse among all drugs. True. Marijuana is ranked only behind alcohol in the number of Americans meeting clinical criteria for drug dependence or abuse in the past year. Over four million U.S. citizens are believed to be dependent on or abusing marijuana. This number is twice the dependence/abuse rate for prescription drugs, and nearly five times that of cocaine.

Marijuana is the most widely used illegal drug in the United States. True. Marijuana is the most widely used illegal drug in America and in the world. Marijuana is also the most widely used illegal drug among American youth. With older adolescents, nearly 35 percent have tried mari-

juana in the past year, and over 21 percent were current users.

Marijuana can be smoked, vaporized, or consumed as a food, beverage, pill, or tincture.

True. Marijuana today can be ingested into the body in many ways to receive its intoxicating or medicinal effects. These include inhaling it by smoking marijuana in cigarettes (joints), cigars (blunts), or using water pipes (bongs) or vaporizers (vape pen). Marijuana can also be consumed in foods like cookies, brownies or candies, or in cooking oils (cannaoils) or butter (cannabutter), or in pills, capsules or tincture (liquid concentrate), as well as in beverages such as teas or alcoholic spirits.

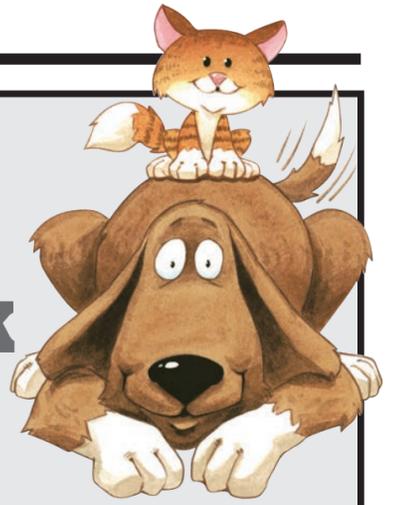
Today's marijuana is more potent than that found just a few years ago. True. The average THC in marijuana has dramatically increased from four to six percent to more than 15 percent, and as high as 95 percent in edible products. With regular use of marijuana, youth may start having problems with school work, declining grades, truancy issues, moodiness, be at risk for addiction, and may quit their extracurricular activities and other interest.

Marijuana has been approved by the FDA for certain medical uses. False. The FDA has not approved marijuana for treating any medical condition.

Marijuana is basically harmless. False. This is a myth. Marijuana can and does cause harm, pain and suffering among adults, families, and particularly youth. Harmful outcomes resulting from marijuana use, especially early, frequent and heavy use, include risks to

SEE CADY, PAGE A12

PET of the Week Roxy



Owning a dog and sharing your life with a canine demands commitment from humans. Sadly, not all of us are willing to dedicate the time, resources and our hearts for the care of such dogs, who truly have far more trust in us to live up to our obligations as pet owners.

Roxy spent months existing alone in a derelict house, no heat, no lights, no comfort, no humans to care for her, no soft bed to lay down her weary head.

At night, alone in the dark she would howl in fear and loneliness. Roxy came to New Hampshire Humane Society back in April.

At long last she's can enjoy in the light, a clean place to sleep, regular meals, feel the warmth of the sun on her back, and blossom in the care of people pledged to care for the lost, abused,



neglected and unwanted.

We've treated her for Heartworm disease, she now has a clean bill of health so is ready for her next

life chapter, a loving, forever home.

Roxy may never totally get over her fear of some humans; she has not had the benefit of living with other

animals either so that special home...we are SURE is out there for her. Is it your home?

Check www.nhhumane.org for more details.

Letters to the Editor

The answer to the opioid crisis is working together

To the Editor:

Everyone wants to know what the answer to the opioid crisis is. I don't believe any one person has the answer. The answer is not eliminating Narcan. Narcan saves lives and isn't that what the ultimate goal is here? And no, we cannot "arrest our way" out of this problem. There are too many dealers out there for the police to keep up, but that doesn't mean we don't keep trying.

The answer lies in everyone working together. The courts need to take the crisis seriously and consider the danger of drug dealers when setting bail and during sentencing. Drug treatment programs need to be expanded and made more available. Legislators need to be looking at laws to fix the problem and not enable it. Doctors need to be better at not creating addicts. The police need to focus on catching dealers, and yes, that often

starts with arresting users. Finally, everyone needs to stand up and say that they are sick of seeing families ripped apart, sick of having their stuff stolen and sick of going to funerals.

The answer is, we all need to work together. The Alexandria Police needs your help to uphold our part of the fight. If you see something or know something please tell us. Even if it seems insignificant, it may mean something to us. I'd like to thank and applaud those that have come forward since our last post (on social media). We have received some good information. Please keep calling and messaging.

Thank you,

Chief Sullivan
Chief

Alexandria Police Department

Existing town office building could accommodate an appropriately sized police department

To the Editor:

Last Thursday, Sept. 21, the Bristol Select Board met and discussed, among other projects, the building of the proposed new town office. A representative of the architectural firm was present with a series of drawings depicting how the current building would be converted into a new police station and the adjoining vacant lot would accommodate a new 7,000 square foot, two story town office building.

The real motivation for this expansion is that the police department has outgrown its current space. The 2016 adopted budget funds 11 full time positions. At numerous town meetings, I have challenged the size of the department, citing national standards recommending two officers per thousand population. Bristol has a population of 3,054 which would suggest the taxpayers support a force of six officers.

Several weeks ago, our Police Chief was placed on administrative leave; the reason, of course, is ultra "Top Secret." Not counting the Chief, we currently have six active full time officers on the Bristol Police force, just as it should be. I don't feel any less safe now than when we had 11 members on the department.

Our neighboring towns — Bridgewater, Alexandria, Danbury and Hill — all get along with one or two full time officers plus some part timers. Combined, these towns have a population that exceeds Bristol's. If we maintained the current sized department, there would be plenty of room in the existing town office building, and the taxpayers wouldn't be burdened with a multi-million dollar expansion.

Paul Simard
Bristol

Newfound Landing

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Offices at 5 Water Street, P.O. Box 729, Meredith, New Hampshire 03253

Phone: 603-279-4516 • Fax: 603-279-3331

Frank Chilinski, President & Publisher
Ryan Corneau, Information Manager

Brendan Berube, Editor

E-mail: newfound@salmonpress.news

Joshua Spaulding, Sports Editor

Donna Rhodes, Reporter

Advertising Sales: Tracy Lewis

Distribution Manager: Jim Hinckley

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NEW HAMPSHIRE FAIR DAYS

LANGASTER FAIR

Thursday, August 31 –
Monday, September 4, 2017

Location: 516 Main Street, Lancaster
 Tickets: \$15 (children 5-12), \$10 on Thursday, Friday and
 Monday; \$16 on Saturday and Sunday. Seniors are free
 on Thursday and Friday, and \$5 on Friday-Sunday;
 children under 5 are free with paying adult
 Online: www.lancasterfair.com

See you
next year!

HOPKINTON STATE FAIR

Friday, September 1-4, 2017

Location: State Fairgrounds, Contoocook
 Tickets: \$12 for ages 5-12, \$10 for seniors 60+,
 \$8 for youth ages 13-17, children 4 are free.
 Four days of \$5.00 are available.
 Online: www.hopkintonfair.com

See you
next year!

HILLSBOROUGH COUNTY AGRICULTURAL FAIR

Friday, September 8-10, 2017

Location: 15 Hill Dale Road, Littleton, N.H. by Boston
 Tickets: \$10 for ages 13 and older, children 6-12 and
 seniors are \$5, children under 6 are free.
 Online: www.hilldalefair.com

See you
next year!

DEERFIELD FAIR

Thursday, September 28 –
Sunday, October 1, 2017

Deerfield Fairgrounds
 Route 43, Deerfield
 Tickets: \$10 for ages 13+;
 ages 12 and younger are free
 Online: www.deerfieldfair.com

SANDWICH FAIR

Saturday, October 7-9, 2017

Sandwich Fairgrounds
 Route 109 North, Center Sandwich
 Tickets: \$10 for adults,
 ages 8-12 are \$3 and children under 7 are free
 Online: www.thesandwichfair.com

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Maria T. Emerson, 70

LACONIA — Maria T. Emerson, 70, formerly of Bristol, died Friday, Sept. 15, 2017 at the Laconia Center.

She was born in Juarez, Mexico, and the family later moved to Roswell, N.M. In 1983, the family moved to the Newfound Area. Maria was a part owner and manager of JE Truck & Auto Repair in Danbury and Bristol. For a short time she also worked at Freudenburg.

Maria was a devoted mother and grandmother, always trying to do the best for her family. She enjoyed BINGO and any social activity.



She was a volunteer for Bristol Community Services.

Family members include two sons, Ernest "Ernie" Emerson of Bridgewater and Lewis Emerson of Bristol; several siblings; and four

grandchildren (Antonio, Trey, Ava, and Daniel Emerson). Maria was looking forward to the birth of her first great grandchild.

She was predeceased by one son, Heriberto "Eddie" Emerson.

There will be no calling hours. A Mass of Christian Burial will be celebrated on Friday, Sept. 29, at 9:30 a.m. at Our Lady of Grace Chapel of Holy Trinity Parish, 2 West Shore Rd., Bristol. In lieu of flowers, donations may be made toward services at <https://www.gofundme.com/marias-services>.

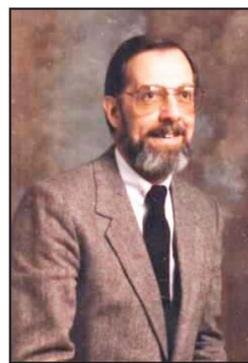
Gerald Armand Gagnon, 81

BRISTOL — Gerald "Gerry" Armand Gagnon, 81 of Bristol passed peacefully in his sleep on July 4, 2017 at Franklin Regional Hospital in Franklin after "fighting the good fight" against cancer.

Gerry was born May 31, 1936 in Derby Line, Vt., the son of Armand and Frances (Kelley) Gagnon. He graduated from Derby Academy and enlisted in the US Army. He was then transplanted to the Midwest being assigned to Fort Riley, Kan. He was proud of being a Veteran and serving his country.

He met his former spouse Shirley Chaney of St. Joseph, Mo. in 1958, settling in Missouri, and together they had five children. Through correspondence courses, he obtained his Associate's degree in Business in the 1960's and spent most of his career working as a Health Educator for the Missouri Division of Health. After retiring from the State of Missouri, he worked several other jobs, always staying busy and making new friends.

In 2000, he met Terri Phelps, and in 2002, they moved to his beloved New England.



They made their home in Bristol, where they lived for 15 years, marrying on July 31, 2011. When asked how he was doing, he was known to say "living the good life in New Hampshire."

He enjoyed being active, running, playing tennis, water skiing, sailing, and canoeing throughout his life. He loved watching the New England Patriots play football, and Jimmy Johnson was his favorite NASCAR driver. He was proud to be Roman Catholic, raising his children in the church passing along his faith. Wherever he lived he was involved in community groups such as Elks, Jaycees, and most recently the Lion Club in Bristol. He was a tease with a great sense of humor and over the past couple years had fun playing pool with his buddies on Tues-

day afternoons. He always had a positive attitude, and even during his illness he shared his sense of humor with the medical staff.

Gerry is survived by his wife of six years, Terri Phelps; two daughters, Monica (and husband Rick) Storer of Savannah, Mo. and Jacqueline (and husband John) Manning of Saint Clair, Mo.; and three sons, Michael Gagnon of Sayre, Okla., Steven Gagnon of Dalton, Ga. and Kevin (and wife Donna) Gagnon of Courtland, Miss., as well as several grandchildren, great-grandchildren, nieces & nephews.

He was preceded in death by his parents and his three younger brothers, Dale Gagnon, Frank Gagnon, and Ronald Gagnon.

A special thank you to the doctors and staff of Lakes Region General Hospital in Laconia and Franklin Regional Hospital in Franklin for their loving care and support, and the wonderful assistance of the ambulance service in the Town of Bristol.

Gerry was cremated under the direction of Phaneuf Funeral Home in Manchester.



JOHN HARRIGAN

The shadow of the skeezix is me, up on the rooftop deck, taking a picture of what's left of my garden, soon to be rototilled and soon to yield (you guessed it) another crop of rocks.

Of rocks in the garden, and rocks in the head

This is not only the time of moving wood and fading foliage. It's the time of roto-tilling the garden, which means another never-ending crop of rocks.

I've been gardening this same 20 by 40 piece of ground for almost thirty years now, picking out every rock encountered during three decades of tilling and wielding a sharp hoe. You'd think it would have long been free of rocks by now. Wrong--every spring's tilling brings forth a new crop of rocks, and there are more in the fall. What gives?

For an answer to this I called the State Geologist, Rick Chormann. Yes, there is a State Geologist. The last one I knew was Glenn Stewart, and I asked Rick about him, at which he reeled off three or four names of those who served in the interim. This is how long it's been since my years of hot-wired Concord connections.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



Anyway, I mentioned frost as the popular force behind all these crops of rocks, and Rick concurred, further mentioning the freeze-thaw cycle of "fines," which is soils-people lingo for the finest of fine rock particles, sort of somewhere between sand and silt. These, he said, have a way of filtering their way under rocks and stones, and tend to collect moisture, which expands upon freezing, exerting upward pressure on the rock.

This sounded pretty reasonable to me, and Rick suggested looking up a couple of excellent books on stone walls and what rocks and soil can tell us, by Robert Thorson, which I immediately did.

+++++

Robert Prehemo of Lake Francis Road, Pittsburg stopped me in the grocery store aisle to talk about insects that make a mess in trees, and said there seems to be a lot of that this year, and I agreed. They're everywhere. Yuck.

These unsightly splotches of white are probably fall webworms, which indeed seem to be more than everywhere. Similar infestations in the spring are more likely to be what are commonly called tent caterpillars.

+++++

Spring and fall often bring questions about migration. I got one from SEE NOTEBOOK, PAGE A13

NEW HAMPTON — Emily M. (Greene) Verrill, 77, of New Hampton passed away on Sept. 16, 2017, at Dartmouth Hitchcock Medical Center surrounded by her family.

Born on April 3, 1940, she was the daughter of Milton L. and Lillian F. (Merrill) Greene.

Emily is survived by her loving husband and companion of 59 years, Wayne D. Verrill, Sr., of New Hampton; sons Peter A. Verrill and wife Jackie of Meredith, Wayne D. Verrill, Jr. and wife Candace of Meredith, and Samuel M. Verrill and wife Kimberly of New Hampton; daughters Toni M. Campbell of Manchester and Laurie D. Jandreau of Meredith; brothers Richard Greene and wife Evelyn of Meredith and Robert Greene; sisters Joyce Thibeault of Michigan and Laura Fields of New Hampton; 27 nieces and nephews; 14 grandchildren; and 19 great grandchildren.

Emily was predeceased by her father, Milton L. Greene; mother Lillian F. (Merrill) Greene; brothers Pete Greene, Christopher Greene, and Roger Greene; and sisters Rita Stevens, Shirley Reed, Linda Greene, Mildred Danforth and Susan Mailhot.

Emily was a home-

maker for many years while her children were growing up. She was later employed by Meredith Steam Laundry, McGuilles Taxi delivering special needs children to and from school, and the Dollar Tree. She enjoyed watching the birds at her feeders, gardening, yard sailing, recycling, and putting puzzles together.

Calling hours will be held on Thursday, Oct. 5, from 6 to 8 p.m. at Mayhew Funeral Home, 204 Daniel Webster Highway, Meredith. It was Emily's wish that her body be cremated and her ashes spread on their property in New Hampton.

PUBLIC HEARING

The Bristol Space Needs Committee is inviting the public to provide feedback on Wednesday, October 4, 2017 at 7:00 P.M. at the "Old" Town Hall at 45 Summer Street, Bristol, NH regarding the preliminary design and plans for the Town Office and Police Department construction project.

All related information is available for review at the Land Use Department at 230 Lake Street, Bristol, NH 03222 and may be obtained at this office, or by calling (603) 744-3354, or at www.townofbristolnh.org.

Any persons with disabilities needing special accommodations to participate in this meeting should contact the Town not less than five days prior to the meeting at the address or phone number above.

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Happy Fall everyone! Apple picking season is here and I have heard several people making plans to go picking! A fun way to spend to enjoy the beautiful weather with friends and family!

From the town

The Planning Board worked diligently bringing the by-Laws up to date, and made a few needed revisions. We hope to have them finalized at our next meeting, then sent to the proper State and Town agencies. The Board also discussed and voted to have all our meetings at 6 p.m. rather than have "Winter" hours of 7 p.m. for November through April.

Budget Committee Meeting Thursday, Sept. 28, 7 p.m. in the Municipal Building. Note: Budget Committee meetings with Board of Selectmen and Department heads will be posted here once I know them. Notice of meeting times will also be available at the Municipal Building and Transfer Station.

Alexandria UMC

Sunday School begins Oct. 1 at 10:15 a.m. If you haven't registered your child and would like to, Registration Forms will be available Sunday, and any time thereafter. Thank you to all who have volunteered to teach the children: Louise Holmburg, Kris Day, Lorraine Jones, Amy Riedy Clayman, Sandra Hutchins, Liz Flanders and June Flanders. Yes, there will be snacks served!

Upcoming events at AUMC

Community Dinner Saturday, Oct. 7 at 5 p.m. in The Vestry. Spaghetti, salad, bread and assorted desserts are on the menu. Everyone is welcome, and this is a "by donation" dinner! Good food, good people, much awesome companionship!

Christian Music Concert by Tom Ewing on Saturday, Oct. 14 at 6 p.m., at Alexandria United Methodist Church.

Worship of Appreciation for the Alexandria Police and Fire Departments on Sunday, Oct. 29 at 9 a.m.

That wraps it up for me this week, folks. May have to start wearing a hard hat when I wander out and about in the yard in the coming weeks. I've heard a few acorns ping off the roof as I sat here writing our column. They may be small, but I bet they'd hurt if they bounced off your head! And there are days I thought I was under fire. Squirrels and chipmunks will have quite a time gathering! Enjoy your week and weekend!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

Firemen's Supper

The Firemen's annual turkey dinner will be held on Saturday, Oct. 7 from 4:30 to 7 p.m. at the Grange Hall. Price is \$10/adult and \$5 under 12

years old. A dance featuring the band, "The Cable Guys," will be held from 7-10 p.m. Dance admission is \$5.

Danbury Church

The South Danbury Church worship service will be a breakfast potluck and Communion observance on Sunday, Oct. 1 at 8:30 a.m. All are welcome and encouraged to attend. If there isn't time or opportunity to bring something, it's OK to come anyway - there is always more than enough food for everyone at the South Danbury Church! The Sunday gathering is also a great way to get an "insider view" (literally) of progress on the church preservation project.

Danbury Winter Market

Applications have been sent to prospective vendors for the Danbury Winter Market. Applications are available by request by emailing donnaardena@gmail.com. Vendors must make the items they will sell and follow all rules pertaining to the sales of their products to participate in the Danbury Winter Market. The first market is Nov. 4, and will run the first Saturday every month thru April.

In January through April, the grange will hold a series of workshops/programs on the third Saturday. During that time, vendors will be allowed to use the hall as a drop off for customer orders. This will allow customers to have another opportunity each month to buy locally made farm products and artisanal crafters.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

There was a Select Board meeting on Sept. 19, 7 p.m. at the Town Hall. There was discussion about the Hazard Mitigation Plan updates to the action items on the plan and the Select

Board determined that this would be handled better in a work session as it is quite involved and will take time. There was discussion about the Coolidge Woods Road which has been misused in the past. The Select Board is considering whether to change the status from a Class VI to a Trail, but board members were concerned with it being a right-of-way and reducing access to those properties on it. There will be more discussion after a careful study of the situation. Update on the Pump Stations; Roger will be going up to do a test on Pilcher's property soon. Another location is also being looked into and the board will be sending out MOU's to those two property owners before any work proceeds.

Elizabeth Jespersen has resigned as the Trustee of the Trust Fund and the Select Board is looking for someone who would be willing to serve in this capacity for the remainder of her term. Elizabeth was not able to continue in this position as she is now the Deputy Town Clerk. If you are interested in serving please contact the Select Board Office.

Jordan King is the new Town Forester.

There was discussion about swimming at Spectacle Pond. Tests to the water were done this summer and the water which had a high count for E.coli was deemed unsafe for swimming especially around the boat ramp. The Board decided to contact and see if the Spectacle Pond Association would be interested in going half on a port-a-potty for the boat ramp area. This will be discussed further after we receive a response from the Association.

Christina brought up her concern about HB324 which, if passed, will cost the Town in lost revenue due to devaluing the Utilities. This would greatly impact our tax bills. What this bill says in short is that

the State Commissioner of Revenue Administration will set the value of the Utilities rather than our assessor, Avitar. If you could, please write your representative and voice your opinion. We all would appreciate that very much. Rep. Maes' email: Kevin.Maes@leg.state.nh.us

The Groton Conservation Commission is looking for your help to tackle roadside clean up. "Operation Clean Sweep" will take place on Saturday, Oct. 14 from 9 a.m.-noon, meeting at the Town House. The bags have been donated by the DOT in Rumney and there will be vests available and caution signs will be posted. Slim mentioned that he had picked up some "grabbers" for those who may have trouble leaning over and picking up items off the ground. More information is available on the Town Web site at www.grotonnh.org

Meetings and Closures Coming Up:

Select Board meetings are scheduled for Oct. 3 and Oct. 17; all at the Town House in the front meeting area at 7 p.m.

Select Board Work Session at the Town House Tuesday, Oct. 3 and Oct. 17 at 5 p.m.

The Town Clerk/Tax

Collector offices will be closed Oct. 18 -20 for the Tax Collector's Conference.

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.

9:25 a.m. — KidZone for K-grade six

Special Needs Ministry-high school-adults

11 a.m. — Contemporary Worship Service

11:15 a.m. — KidZone for K-grade 6

11:15 a.m. — Youth Sunday School

"Toddler Zone" is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great

videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays

8 p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at accernie@hotmail.com or visit the church Web site, ashlandcommunity-church.com.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
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Bristol	70 Central St.	Commercial Building	\$50,000	Bernice B. Harris RET	KTZ Hydro LLC
Bristol	136 Ernest Dr.	Single-Family Residential	\$227,533	David R. Smith and Sharon A. Lewis	William R. and Laura-Beth Ulwick
Bristol	35 Silver Shores Dr., Unit 35	Condominium	\$142,000	Emile G. Berube Estate	Nicole L. Whitney
Bristol	81 Wulamat Rd., Lot 187	Mobile Home	\$63,000	Allan R. and Noella J. Curtis	David A. & J.C. Doyle RET
Campton	566 Bog Rd.	Mobile Home	\$37,000	Donna Gorton	Matthew G. and Amy E. Saffian
Campton	27 Condo Rd., Unit 2	Condominium	\$33,333	Robert M. and Mary L. Coughlin	Baska Matthew FT
Campton	43 Ryder Rd.	Single-Family Residential	\$227,533	Bruce and Joyce Bouley	Kelsey E. and Ryan Mcintosh
Groton	893 Route 118	Mobile Home	\$60,000	Francis M. and Sondra L. Dumont	Currier Road Holdings LLC
Hebron	Ledges Newfound Lake, Unit 18	Condominium	\$304,000	Stephen A. and Kay R. Mann	Curtis R. and Abigail E. Mooney
Holderness	101 Cromwell Point Rd.	Single-Family Residential	\$330,000	James C. Swanson	LW Properties NH LLC
Holderness	Sargent Road	N/A	\$349,000	Tuveson FT	Kpjm T. and Anne W. Whiting
New Hampton	763 Dana Hill Rd.	Single-Family Residential	\$275,000	Corey and Brandy Johnston	Chester A. Bruce
Thornton	11 Horse Pasture Lane	Single-Family Residential	\$200,000	JEFF & SFW LLC	Tabitha L. Sleeper
Warren	11 Eagles Nest Rd.	Residential Open Land	\$50,000	Dustin J. Fleury	Renee and Jeffrey Spencer
Warren	88 Lake Tarleton Rd.	Single-Family Residential	\$295,000	Christopher Casassa	R&D LLC
Warren	869 NH Route 118	Single-Family Residential	\$50,000	David Rising	Lesa Romano
Waterville Valley	23 Black Bear Rd., Unit 1315a	Condominium	\$66,000	Thomas L. and Virginia J. Legare	Paul T. Villanova RET
Waterville Valley	36 River Rd.	Single-Family Residential	\$150,000	Brian S. Lash	Genevieve S. Soper
Wentworth	Mount Moosilauke Highway (Lot)	Residential Open Land	\$50,000	Bruce M. and Sarah T. Schwagler	Jacob Friis and Hyun A. Park-Friis
Wentworth	404 Rowentown Rd.	Single-Family Residential	\$192,533	Edwin W. and Donna J. Heal	Marilyn M. and Dennis S. Campbell
Wentworth	64 Turner Rd.	Single-Family Residential	\$90,000	William C. and Favor L. Jenkins	Larry L. Neff

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

MARK ON THE MARKETS

Outdated planning



BY MARK PATTERSON

Having reviewed many existing financial plans or insurance policies that may be a part of the plan, there are a few common problems that exist in these plans and maybe in yours. The first is a term life insurance policy that was purchased years ago that is known as "Annual renewable level term." This term policy starts

out being affordable for most but increases in price every year or renewal period. Eventually this becomes very expensive and not viable for most. The biggest problem is that this policy becomes very expensive as we age. If you have had a health issue, it may not be viable to get a policy where the premiums are fixed for a period of time, say 10 or 20 years. For some a more permanent policy may have been a better choice when they were younger and possibly healthier. A combination of term and permanent may be a great strategy for those who need more insurance for the next 20 years or so, but still want some coverage for the re-

mainder of their lives. There are many ways to structure the proper life insurance plan, it should be specific to your needs.

The other scenario that I run across often is a plan with no plan for maybe one of the greatest threats to your family's financial future and legacy. The lack of "Long term care insurance." I also see many policies that were purchased some time ago that are not adequate for today's cost of care. Many policies are structured for a two year payout. While the average time to need LTCI is around three years, there are far more healthy people that just become older and need some help in their own homes. That

can go on for extended periods of time. I make it a point to structure Long term health insurance for that very common scenario of extended in home care. Traditional LTCI policies are a "use it or lose it" proposition, meaning you pay for it and hope you do not use it, however you do not get your money back if you don't. I prefer using an "Asset Based" policy that has other features and benefits that can be used in conjunction with an existing LTCI policy. This policy can pay out over an extended period of time if needed. If it is not used or partially used, the remainder LTC benefit reverts to a death benefit to your beneficiaries. This money

can also be borrowed from the policy or just retrieved if you want your money back, less any benefits that you may have used. The opportunity for you to re-visit your plan or lack of plan should be addressed and brought up to date. Have an advisor who is well versed in all aspects of financial planning review your current plan and policies. Often times, the policies you have can be updated or sup-

plemented to suit your needs going forward.

Structuring steady, sustainable income is a third key ingredient that many portfolios lack. Longevity risk, or outliving your assets is a real threat to a successful retirement income plan.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.



THE FLYING MONKEY
Movie House & Performance Center

The Flying Monkey is growing and we need to expand our roster. We are currently looking to fill a **Leadership position:** a tech savvy individual with administrative skills, food service, experience, and prior supervisory duties. As well as a **Box Office position:** internet savvy, administrative experience and familiarity with Microsoft Office Suite is essential. We are also interviewing for **Servers and Counter Staff.** Come work in one of the best Live Music Venues in New England.

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HELP WANTED
TOWN OF RUMNEY, NH

HIGHWAY DEPARTMENT EMPLOYEE

The Rumney Highway Department is accepting applications for a full-time employee. The candidate will have experience with heavy and light construction equipment and have a history of safe operation of this equipment. Knowledge of maintaining town streets, culverts and other public works project is preferred. A clean driving record and current CDL-B endorsement is required. The Town of Rumney is an Equal Opportunity Employer and offers a competitive benefit package. A completed Town of Rumney Employment Application must be submitted to the Office of the Selectmen no later than 2:00 p.m. October 16, 2017.

Applications are available at Rumney Town Office, 79 Depot Street, Rumney and on the Town of Rumney website.

TOWN OF PLYMOUTH
PART-TIME POSITION AVAILABLE

The Town of Plymouth Highway Department is currently accepting applications for a highly motivated part-time employee, to work 32 hours per week as a sidewalk tractor operator. This is a supervised position, where you will also be required to do hand shoveling on sidewalks, walkways, and building entrances. This position requires you to work varied and sometimes long hours, during adverse weather conditions, especially during snowstorms.

This position is seasonal and runs from approximately October thru mid-April.

The final candidate must pass a pre-employment drug and alcohol test and is subject to random drug and alcohol testing.

Applications are available at either the Plymouth Town Hall (536-1731) from 8:00am until 4:00pm, or the Plymouth Highway Department (536-1623) from 7:30am until 3:30pm, Monday through Friday.

To be considered, applicants must submit a completed Town application and resume, addressed to Joe Fagnant, Highway Manager, Town of Plymouth Highway Department, 6 Post Office Square, Plymouth, NH 03264.

Applications will be accepted until a suitable candidate is appointed. The Town of Plymouth is an equal opportunity employer.

LOVE YOUR COMMUNITY:



Spend Locally!

Cowboy Junkies hit the road for Plymouth

PLYMOUTH — The Flying Monkey Performance Center presents Canadian alt-rock outfit Cowboy Junkies on Friday, Sept. 29 at 7:30 p.m. Tickets for this show start at \$39.50.

Cowboy Junkies don't turn up their amps to 11. They don't shout and strut and implore. Instead, they focus on the exact note, the exact word, the exact shade of emotion, and it's the intensity of that focus that makes you snap to attention and listen.

"Consider this music a salve for the soul," says

the magazine *Blurt*.

Guitarist Michael Timmins, sister/vocalist Margo, brother/drummer Peter and bassist Alan Anton just wrapped work in the recording studio for their next full-length album. The album, which the band hopes to release in February, will be Cowboy Junkies' first batch of new material since releasing a box set called "Notes Falling Slow" in 2015.

The band formed in Toronto in 1985, when Michael Timmins recruited his sister Margo and his



COURTESY
The Flying Monkey Performance Center presents Canadian alt-rock outfit Cowboy Junkies on Friday, Sept. 29 at 7:30 p.m.

brother Peter to join him and his friend Alan Anton. Michael plays guitar and does most of the songwriting, Alan plays bass, Peter plays drums, and

Margo sings. Oh, how Margo sings! The New York Times has praised her "ethereal smoke-and-honey voice." It was that voice that put the Cow-

boy Junkies on the map in 1988 with their cover of the Velvet Underground's "Sweet Jane," which Lou Reed himself reportedly considered his favorite version of the song.

If you've heard it, there's no need to say more, and if you haven't, you should remedy that situation as soon as possible. Here's what the Buffalo News had to say about a recent performance: "The band offered a breathtakingly intimate brand of twilight, deep-hued music, moving gracefully from a whisper to an implied scream,

without ever becoming unnecessarily loud. We heard every nuance, every subtle dynamic shift, every brushstroke on the snare drum, and nearly every breath singer Margo drew."

Cowboy Junkies are coming to the Flying Monkey stage. Get ready to listen.

Tickets to see Cowboy Junkies are \$39.50, and \$49.50 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

Churches

FROM PAGE A7

caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Ashland Episcopal (St. Mark's Church)

Blessing of the Animals will take place at the 9:30 a.m. service on Sunday, Oct. 8. If you are unable to bring your pet, please bring a picture

A new Book Discussion Group is forming and will begin on Thursday, Oct. 12 from 9:30 - 10:45 a.m. at CHS in Plymouth. The subject will be Bishop Rob's new book "Without Shame or Fear From Adam to Christ." Guy Tillson has agreed to lead this discussion. Please let Guy (nicenhguy@msn.com) or Maryan (maryanee@msn.com) know if you are interested so that enough books can be ordered.

The 'diaper' ministry was a huge success, so grateful thanks to all those who provided packages of diapers or money for these new Americans. This was sponsored by the Ascentria Program (formerly Lutheran Services) The group of refugees from Congo and Bhutan are attending classes and are eager to

learn the English Language. Some of the single moms find it difficult to purchase expensive diapers when there are so many other family needs to address. Deacon Maryan Davis has been working with Rev. Johanna Young in this endeavor.

Save the Date: The 215th Diocesan Convention will be held in Concord on Saturday, Nov. 4. If you are a delegate please plan to attend. Melissa will be contacting you soon to register you and - importantly - see what you would like to eat! Stay tuned for more details.

Holy Trinity (Roman Catholic)

The Day Away Program is looking for volunteers. The heart of a volunteer is measured by the depth of the commitment to make a difference. Volunteers are needed. Will you join us? Together we can make our participants' lives brighter. For more information please contact Sandra Coleman BSN, RN at sjrhatt@roadrunner.com or 536-6304. For more information on Day Away, visit our Web site at www.respiteforcaregiverdayaway.wordpress.com.

Special Anniversary Mass Bishop Peter A. Libasci invites all couples who are celebrating their 25th, 30th, 35th, 40th, 45th, 50th or beyond wedding anniversary (anytime during the year 2017), to attend a Special Anniversary Mass. This celebration will be held on Oct. 15 at 2 p.m., at St. Joseph Cathedral, Manchester. Please contact the parish office at 536-4700 by Sept. 22. We will need your last

names, first names and mailing address. Please also indicate your special anniversary year.

Be a guest. Bring a guest. Come and explore the meaning of life with the Alpha program. Sessions are Tuesdays at St. Matthew Hall. Find out what it's all about and enjoy a delicious meal free of charge!

Campus Ministry News

Weekly student meetings of Catholic Campus Ministry are Tuesdays at 8 p.m. in the Reflection & Spiritual Care Center, across from Lamson Library, up the street from the shuttle bus stop. Meet new friends, enrich your spiritual life, and take on a leadership role! We pray, study the Bible, and discuss culture, campus life, religion, and other issues from a Catholic perspective, and plan social, spiritual, and service activities. Something for everyone!

Homemade comfort food: Students remember the monthly suppers that Fr. Leo hosts for the students long after they have graduated from PSU. Parishioners interested in providing a dish for these suppers should contact Sandy Abbott at 254-3431 or sandyabbott6@gmail.com. Looking for great service to do? Thursdays, from 5 -6 p.m., Meals for Many is offered year round in the Plymouth Congregational Church basement (between the post office and town hall at the town green). Each week, PSU students and community members serve food to needy families and elderly seeking company, and then they sit and eat with those folks. If you arrive between 4:30 and 4:45 p.m. (no need to sign up),

you'll be told what your station is in the serving line.

Bereavement Luncheon Coordinators Needed for the Plymouth Campus

A bereavement luncheon is a gift to grieving families where solace can be found through a supportive community. The role of a bereavement luncheon coordinator is to make calls to volunteers for making food, set up the hall for the meal, serve, and clean up. These duties have been split up between Glenda Houle and Sandra Hauser for several years. We are now looking for two people who would be willing to replace us in this most important ministry. If you would like more information, please call me at the office at 536-4700.

Volunteer Drivers Needed

Are you over the age of 21? Do you have a dependable and insured vehicle and a desire to help someone in your community get to a medical appointment and other critical community services? If so, contact the Volunteer Driver Program (VDP) at 224-8043 to see how you can help. VDP is an initiative of the Mid-State Regional Coordinating Council for Community Transportation, operated by the Community Action Program Belknap-Merrimack Counties, Inc.

Mending a Mother's Broken Heart — A Retreat for Mothers who Have Suffered Miscarriage The retreat takes place from Oct. 20 to Oct. 21 at the Joseph House in Manchester. The fee is \$125. Financial aid is available. To register online: <http://josephhouse.org>.

eretreatctr.org/. mendingamothersheart. For more information, call Vivian at 627-9493

Divorce Support Group

Surviving Divorce is a support group that meets on Mondays from 6 to 7:30 p.m. at St. Joseph Church in Lincoln. The program is free and refreshments are provided. You can attend as many sessions as you like.

Weekly Meetings Thursday, Sept. 28

Men's Group, North American Martyrs Oratory

Boy Scout meeting, Code of Honor, St. Matthew Hall, 6 p.m.

Parish Council Meeting, St. Matthew Meeting Room, 7 p.m.

Sunday, Oct. 1

Knights of Columbus Breakfast, St. Matthew Hall, 7 a.m.

Faith Formation Ashland: St. Agnes Hall, 9:15 -10:45 a.m.

Confirmation: Tuesday, Sept. 26

Alpha Program, St. Matthew Hall, 6 p.m. (includes Dinner)

Wednesday, Sept. 27

Bible Study: Bristol, Marian Hall, 9 a.m. Plymouth, St. Matthew Meeting Room, 3:30 p.m.

AA meeting Monday - Saturday 11 a.m., St. Matthew Hall

Restoration Church, Plymouth (formerly Family Worship Center Ply. Assembly of God)

Greetings from Restoration Church Plymouth located at 319 Highland St., Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our schedule has changed to the following:

Sunday:

9:30 a.m. Bagels and Coffee

10:30 a.m. Morning Service (currently meeting in the fellowship hall)

Monday: First and third Monday of the Month

10 a.m.-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Aug. 20, the active membership of our church voted to merge with Restoration

Church, based out of Dover. We now have a lead Pastor, Rev. Nate Gagne, who is over both the Dover campus and also the Plymouth Campus of Restoration Church. In Plymouth we have a location Pastor as well. His name is Chris Pike, he and his wife will be our local contact. That is the reason for the name change for this article as well. For the next few weeks we will be meeting in the fellowship hall on Sundays as the church get a well needed make over in some areas including, bathrooms, nursery, teen room, and also the auditorium. For right now the only service we will be having is our Sunday Morning service from 10:30-11:45 a.m. We are excited and anticipating just what the Lord has planned for this church moving forward. We invite everyone to come out on November 5 as we officially launch as Restoration Church Plymouth. There will be more details as this day draws closer.

Our Mission Statement:

Just One More!
Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Oct. 1 - "The Courage to Live a Faith"

Rev. Dr. Linda Barnes, Worship Leader

What would it look like to have the courage to boldly live and claim our faith? What is lost when we do not? Join us as we explore what's at the core of our liberal religious tradition and why it takes courage to live it.

Visit our Web site www.starrkingfellowship.org 536-8908

Registration is open SEE CHURCHES, PAGE A13



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Flying Monkey to screen early silent horror classic "The Golem" with live music Oct. 4

Prepare for Halloween with drama about man of clay brought to life; film was forerunner of "Frankenstein"

PLYMOUTH — "The Golem" (1920), a German film about a man made of clay and brought to life, will be screened with live music on Wednesday, Oct. 4 at 6:30 p.m. at the Flying MONkey Moviehouse and Performance Center, 39 South Main St., Plymouth.

The film will be accompanied live by silent film musician Jeff Rapsis. Admission is \$10 per person.

Please note the Wednesday screening date is a change for the Flying Monkey's silent film shows, which until now have taken place on Thursdays.

In "The Golem," set in 16th Century Prague, a Rabbi creates a giant creature from clay, called the Golem.

Using sorcery, the Rabbi brings the creature to life in order to protect local Jews from persecution.

But the experiment

gets out of hand, with the Golem imperiling the very community he was created to protect.

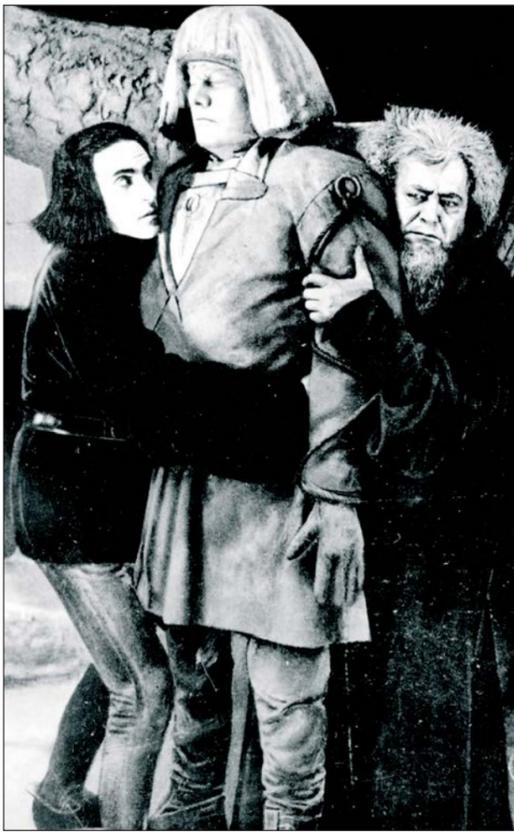
"Taking in a film such as 'The Golem' is a good way to get into the Halloween spirit," Rapsis said. "It helps set the appropriately creepy tone."

"The Golem," directed by Paul Wegener, uses surrealistic sets and lighting to create an eerie mood. The story is taken from a medieval Jewish legend.

In addition to directing, Wegener appears in the film as "The Golem" when the clay creature is brought to life.

"The Golem" was sensational upon its release and has left a lasting legacy within the movie industry, alongside another early German expressionist horror film, "The Cabinet Of Dr. Caligari" (1920).

Architect Hans



COURTESY Paul Wegener plays the title role in "The Golem" (1920), a ground-breaking early German horror film to be screened with live music by Jeff Rapsis on Wednesday, Oct. 4 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth, N.H. Admission is \$10 per person; for more information, call 536-2551 or visit www.flyingmonkeynh.com.

of the medieval Jewish ghetto of Prague. He created them specifically for the movie camera, using highly expressionist imagery.

The cinematography of Karl Freund, in collaboration with Poelzig and Wegener, is cited as one of the most outstanding examples of German Expressionism of Weimar period cinema.

"The Golem" will be accompanied by live music by Jeff Rapsis, a New Hampshire-based silent film accompanist who performs at venues across the region and beyond.

Using a digital synthesizer to reproduce the texture of the full orchestra, Rapsis will improvise the score on the spot during the screening.

"Films such as 'The Golem' were created to be shown on the big screen and in a theater as a shared experience," Rapsis said. "With an audience and live music, they still come to life in the way their makers intended

them to.

"So the Flying Monkey's silent film screenings are a great chance for people to experience films that caused people to first fall in love with the movies," he said.

"The Golem" is the latest in a monthly series of great silent films with live music at the Flying Monkey. The series provides local audiences the opportunity to experience silent film as it was intended to be shown: on the big screen, in good-looking prints, with live music, and with an audience.

"The Golem" (1920) will be shown on Wednesday, Oct. 4 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. Admission is \$10 per person; for more information, call 536-2551 or visit www.flyingmonkeynh.com. For more information about the music, visit www.jeffrapsis.com.

Poelzig designed the sets, a reproduction



Residents and families at the celebration luncheon.

Golden View residents and families celebrate National Assisted Living Week

MEREDITH— Residents of Golden View's assisted living and their families recently celebrated National Assisted Living Week®, which ran from Sept. 10 to 16. The goal of National Assisted Living Week® is to celebrate and bring together residents, families, employees, volunteers, and the surrounding community.

This year's theme "Family is Forever" was inspired by a quote from the famed poet Maya Angelou: "Family isn't always blood, it's the people in your life who want you in theirs: the ones who accept you for who you are, the ones who would do anything to see you smile and who love you no matter what."

Activities during this special week included an ice cream social, pet visits, concerts, a celebration luncheon, and several parties for residents, their families and friends.

National Assisted Living Week was created by the National Center for Assisted Living (NCAL) in 1995 to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance inspires assisted living communities around the country to offer a variety of events and activities to celebrate the individ-

uals they serve, as well as to help educate members of the public about this distinct aspect of long term care.

For more information about National Assisted

Living Week, visit www.nalw.org. For more information about Golden View, please visit www.GoldenView.org, or call 279-8111.

COURTESY

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Class Schedule:

Monday:	Tuesday:
3:30-4:15 Ages 4-7 Tap and Ballet Combo	3:30-4:15 Advanced Teen Tap
4:15-5:00 Ages 5-9 Jazz/Hip-Hop	4:15-5:00 Advance Teen
5:00-5:45 Ages 9+ Tap and Ballet	5:00-5:30 Ages 3-4 Pre-Ballet
5:45-6:30 Ages 9+ Jazz/Hip-hop	5:30-6:15 Ages 5-9 Tap and Ballet Combo
6:45-7:30 Adult Barre Fitness	6:30-7:30 Adult tap/jazz

*1/2 hr class \$25 a month - 3/4 hr \$35 a month - two months due at registrations non refundable first and last month tuition. - Call or Email today to register for a class or two.
Call Miss Katie @ 603-387-1650

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COWBOY JUNKIES - Fri, Sept 29 Alternative Country, Blues & Folk	LUCAS HOGE - Sat, Oct 21 One of Country's Biggest Rising Stars
KASHMIR - Sat, Sept 30 Nation's #1 Led Zepplin Tribute	MARY WILSON - Sun, Oct 22 Founding Member of THE SUPREMES
KELLER WILLIAMS - Fri, Oct 6 Guitar Virtuoso & One Man Band	THE OUTLAWS - Fri, Oct 27 Southern Rock Pioneers

THREE DOG NIGHT - Sun, Oct 8
GRAMMY-Nominated Classic Rock Stars

ANDY GROSS - Fri, Oct 13
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Films & Looking Ahead
10/4 - "Der Golem" (Silent Film)
10/28 - The Yardbirds
11/3 - Moondance - The Ultimate Van Morrison Tribute
11/4 - KIMOCK
11/10 - The Capitol Steps
11/2 - John Lodge of the Moody Blues
11/16 - Arlo Guthrie
11/17 - Rosanne Cash
11/19 - Bela Fleck & Abigail Washburn
11/24 - Warren Miller's "Line of Descent"
11/25 - Justin McKinney
12/1 - Tom Rush
12/8 - Christmas with the Celts
12/14 - Blood, Sweat & Tears
Complete listing at flyingmonkeynh.com

Girls' Soccer

FROM PAGE A1

experience and physical strength, and that playing tougher teams strengthens their skills.

It really came down to having enough girls to field a team, Cofran said.

"I'd love to have girls' soccer, but we have to make sure we have the numbers," he said. "It really takes 18 to field a team of 15, because of injuries and other things that might prevent someone from playing."

Bralely maintained that having a program in place would lead to more people signing up, citing Gilford's experience where the numbers grew exponentially once they established a program.

Christine Bassett of New Hampton agreed, saying there are 20 girls now sitting on the bench and if only 14 of them signed up, "We're not going forward because we miss it by one kid? We should be a school that wants kids to be involved."

Annie Learned of Bristol said every sport sees attrition as students move from middle

school to high school. "Interests change," she said. "The academics get harder. They get a car. We see that with every sport. You can't count on eighth graders to sign up once they get into high school."

Kevin Glidden of Bristol said that offering girls' soccer might encourage more people to move into the district and reverse the problem of declining enrollments.

Members of the school board reiterated their support of girls' soccer, and said they intended to include funding for a team in next year's budget, but they noted that the Newfound Area School District Budget Committee could delete that funding, or the budget might be amended downward at the annual School District Meeting.

Meanwhile, Cofran noted that they would have to notify the New Hampshire Interscholastic Athletic Association that they would be offering the sport by November to be included next year's planning, and that the schedule gets set in January. If in August they find they don't have

enough participation to field a team, the schedule can change, but Cofran said it might mean that they would not be able to post a team again for two years.

Kaylan Santamaria, the student representative to the school board, said many students do not pay attention to the morning announcements or emails, and suggested that, if they wanted people to sign up, they should call a meeting to pitch the sport to the students.

Another topic that the board briefly touched upon was a complaint from a former "lunch lady" about the new independent food service company that the district hired for this year. Nancy Parker complained that Fresh Picks has been unresponsive, has short-changed the schools on student meals, and eliminated the breakfast program as being not very successful.

She said she had asked for 40 hot lunches for Danbury Elementary School and the company provided enough food for 15 to 18 servings of pasta with no vegetable or dinner roll. Multiple attempts to

reach a supervisor went unanswered and Parker finally quit in frustration, she wrote in a letter to the school board.

Vincent Paul Migliore of Bridgewater said he intended to stop in during a lunch period and talk with the students about

their experiences.

"I want to get a firsthand report from the kids," he said.

Got Lunch!

FROM PAGE A1

gram, Bristol Community Services initiated their own outreach for children from Bristol Elementary School who currently receive free or reduced lunches during the school year.

The program, Colby said, served 50 eligible children from BES. The 2017 GOT LUNCH! Newfound initiative ran for eight weeks, from July 3 until Aug. 21, with food supplies made available through Hannaford Supermarket, sorted by the volunteers and picked up by participants each Monday.

The GOT LUNCH! meal plans were rotat-

ed weekly and made available for pick-up at the community services building on Pleasant Street. One week, the families would find staples like peanut butter and jelly in their bag, while the following week it would contain tuna or canned chicken.

"Each week, the bags also included wheat bread, either pasta or pretzels, fresh fruits and vegetables, as well as a \$5 dairy voucher for each child," Colby said. "We were also blessed with a donation of fifty gift certificates for a free child's haircut, courtesy of Bristol Bridge Church, so the kids could get back-to-school haircuts."

The group is grateful

for all who reached out to support the new program. Reactions, from both donors and participating families, they said, were very positive and inspire them to continue to grow in the future.

"The feedback we got from recipients of the program was truly heartwarming. There is still work to be done and details to iron out, but next year we hope to be able to expand the program to include the other elementary schools in the Newfound School District," Colby wrote in her press release. "We, again, thank our donors and the volunteers that made this program possible."

Renewables

FROM PAGE A3

sistance from the utility-based NHSaves @ Work program as well as the Rural Energy Development Assistance grant team at the NH Community Development Finance Authority.

"We like to say 'reduce then produce'" said Duncan. "Energy efficiency and renewable energy work well together."

The Plymouth Area Renewable Energy Initiative will be lending their expertise to help in this endeavor. They will draw from their 14 years of renewable energy experience using field experts and interns to assist with the site evaluations and preparing reports for the interested business owners.

"This is a fantastic hands-on educational opportunity for emerging energy professionals. We

will be providing at least four different internship experiences as part of our participation in Rural Renewables," said Sandra Jones, Co-Founder of PAREI.

"We often hear about the high cost of energy in New Hampshire -- and many businesses are not aware that renewable energy technologies are a viable option to control their costs. As New Hampshire's only statewide organization dedicated solely to clean energy advancement, we are excited to work with farmers and small business owners to harness the economic and environmental benefits of locally produced renewable energy," said Kate Epsen, the Executive Director of the New Hampshire Sustainable Energy Association. "NHSEA will also bring the expertise of the long-standing NH Wood Energy Council -- a

group of dedicated members leading the deployment of modern wood chip and pellet heating -- to this new program. Epsen adds, "we want to capitalize and streamline our collective decades of energy expertise for the good of our rural economy."

The USDA Rural Development recognizes that energy efficiency and renewable energy technologies help rural businesses achieve economic sustainability. The Agency supports businesses making energy investments through REAP and has an upcoming grant deadline of Oct. 31. Technical assistance programs such as NH Rural Renewables can help prepare businesses to access these federal funds. Businesses seeking information about REAP can contact USDA Energy Coordinator Ken Yearman at (802) 828-6070 or by email at kenneth.yearman@vt.usda.gov.

Interested businesses and agricultural producers can go to www.lrcc.edu/nhrr which has renewable energy information, web links, and a short survey. This survey will get the process going and will determine the business' eligibility for the technical assistance. For more information, e-mail nhruralrenewables@gmail.com or visit the www.lrcc.edu/nhrr web site which also has contact information for LRCC, PAREI and NHSEA, who make up the NH Rural Renewables team.

About LRCC:

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves over 1,200 students annually. LRCC offers 28 associate degree programs including Nursing, Fire Technology, Business, Media Arts, Culinary Arts, Automotive, and Marine Technology, as well as short-term certificate programs. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. LRCC is part of the Community College System of New Hampshire.

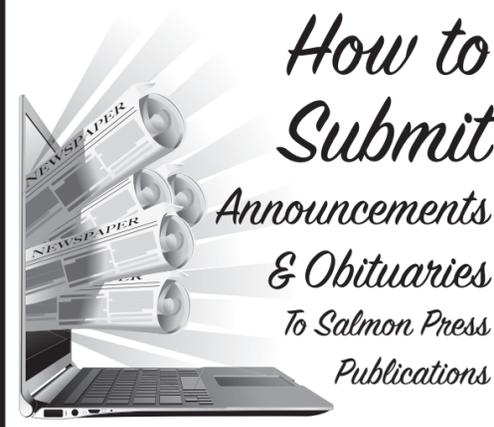
CADY

FROM PAGE A4

brain development, physical and mental health, social well-being, and increased likelihood of drugged driving, accidents, other illegal drug use, and addiction.

Youth marijuana use can't be effectively prevented or treated.

False. There are several evidence-based programs shown to be effective in preventing and treating marijuana use and abuse. For more information, visit <http://www.samhsa.gov/capt/tools-learning-resources/prevention-programs-address-youth-marijuana-use>; and www.cadyinc.org.



How to Submit Announcements & Obituaries To Salmon Press Publications

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Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
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Edward Jones: Financial Focus

Here's Your Retirement Countdown

If you want to enjoy a comfortable retirement lifestyle, you don't need to have been born rich or even to have earned scads of money during your working years. But you do need to make the right moves at the right time -- which means you might want to start a "retirement countdown" well before you draw your final paycheck.

What might such a countdown look like? Here are a few ideas:

- Ten years before retirement -- At this stage of your career, you might be at, or at least near, your peak earning capacity. At the same time, your kids may have grown and left the home, and you might even have paid off your mortgage. All these factors, taken together, may mean that you can afford to "max out" on your IRA and your 401(k) or other employer-sponsored retirement plan. And that's exactly what you should do, if you can, because these retirement accounts offer tax benefits and the opportunity to spread your dollars around a variety of investments.

- Five years before retirement -- Review your Social Security statement to see how much you can expect to receive each month at various ages. You can typically start collecting benefits as early as 62, but your monthly checks will be significantly larger if you wait until your "full" retirement age, which will likely be 66 (and a few months) or 67. Your payments will be bigger still if you can afford to wait until 70, at which point your benefits reach their ceiling. In any case, you'll need to weigh several factors -- your health, your family history of longevity, your other sources of retirement income -- before deciding on when to start taking Social Security.

- One to three years before retirement -- To help increase your income stream during retirement, you may want to convert some -- but likely not all -- of your growth-oriented investments, such as stocks and stock-based vehicles, into income-producing ones, such as bonds. Keep in mind, though, that even during your retirement years, you'll still likely need your portfolio to provide you with some growth potential to help keep you ahead of inflation.

- One year before retirement -- Evaluate your retirement income and expenses. It's particularly important that you assess your health-care costs. Depending on your age at retirement, you may be eligible for Medicare, but you will likely need to pay for some supplemental coverage as well, so you will need to budget for this. Also, as you get closer to your actual retirement date, you will need to determine an appropriate withdrawal rate for your investments. How much should you take each year from your IRA, 401(k) and other retirement accounts? The answer depends on many factors: the size of these accounts, your retirement lifestyle, your projected longevity, whether you've started taking Social Security, whether your spouse is still working, and so on. A financial professional can help you determine an appropriate withdrawal rate.

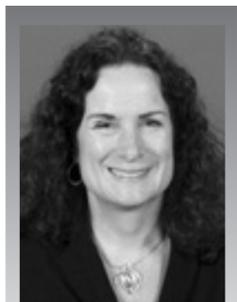
These aren't the only steps you need to take before retirement, nor do they need to be taken in the precise order described above. But they can be useful as guidelines for a retirement countdown that can help ease your transition to the next phase of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



Eric Tierno
Financial Advisor
603-293-0055
Gilford, NH



Kathy Markiewicz AAMS
Financial Advisor
(603) 524-4533
Laconia, NH



Jacqueline Taylor
Financial Advisor
(603) 279-3161
Meredith, NH



Mike Bodnar
Financial Advisor
603-524-4533
Laconia NH



Ben Wilson, AAMS
Financial Advisor
(603) 524-4533
Laconia NH



Keith Britton
Financial Advisor
(603) 253-3328
Moultonborough, NH

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Member SIPC

Northern Pass

FROM PAGE A3

tifying on Monday as Northern Pass continues presenting its case with intervenors trying to poke holes in their pre-filed testimony through cross-examination, which is how the adjudicative process works.

Burying the cables along the 52 miles would also seriously disrupt commuters, especially along the 11-mile stretch of Route 116 where there is no way around, Saffo said.

But Varney said there would always be one lane open during construction.

“The project is trying to minimize traffic impacts and they will work to make sure there is no unreasonable effect on local traffic,” Varney said.

Saffo asked Varney about the time needed for construction saying it would take 1,161 days just to do the trenching alongside the roads.

Saffo said her focus on questioning was on Bethlehem, Sugar Hill, Franconia, Easton, Woodstock, Thornton, Campton, Plymouth into Bridgewater and Bristol. Concord’s Deputy City Solicitor Danielle Pacik and other intervenors also cross-examined Varney on Friday.

Saffo also questioned Varney, whose expertise in this round of questioning is orderly development, about Northern Pass tourism expert Mitch Nichols’ testimony about the impact to New Hampshire as a whole.

Saffo: “So if Polly’s Pancake Parlor loses customers, it’s OK because they’ll go to a different restaurant in New Hampshire?”

Varney: “I believe he considered there could be some temporary impact, but overall there would not be a broad adverse effect on tourism.”

Saffo: “He didn’t say on tourism in Franconia. He said tourism in New Hampshire.”

Regarding traffic, Saffo said Northern Pass keeps touting a great traffic control plan.

Saffo: “You keep telling us over and over again, ‘don’t worry Northern Pass is going to come up with a traffic control plan’ and you’ve included that as part of your analysis...”

Varney said: “...There will be orderly development because we’re going to come up with these traffic control plans.”

Saffo said there are three known splice vaults so far planned along Route 116 and each one is in front of an area business. She noted where the splice vaults would be located with inlays of the construction equipment needed to build them.

They include in front of the Franconia Inn in Franconia, the Kinsman Lodge in Easton and the Tamarack Tennis Camp, also in Easton. She also included photos of private property.

Concord’s Cross-Examination

Concord’s Deputy City Solicitor Danielle Pacik questioned Varney about the weight he gave to municipal testimony, an issue raised Thursday by attorney Steven Whitley for the municipal groups he represents.

Varney said he had

reviewed all of the municipal input and Pacik quizzed him on his previous testimony.

Pacik: “...you start by saying as the intervenors who expressed concerns did not provide information to support their claims, we explored these issues further.”

Pacik: “In terms of the statement the inter-

venors did not provide information to support their claims, are you aware of all of the information the city of Concord has submitted in their prefiled testimony?”

Varney: “Yes, I am.”

Pacik: “Your position is that none of that information was helpful at all to support their claim of

land use impact? Is that correct?”

Varney: “That’s not what I said. That’s not correct.”

Pacik: “You actually say they don’t provide information to support their claims. There’s just no information.”

Varney: “To support the fact that the project would be detrimental to

future economic growth and development and provide a factual basis for why that statement is true. I did not see a substantive submission that demonstrated that in the body of information you just referred to.”

Pacik asked Varney if he was clarifying to say he wasn’t talking about impacts and concerns for

land use, but rather to potential future economic development.

Varney: “That and again the question is both that and substantive information that locating a transmission project within an existing corridor is incompatible with existing land use and inconsistent with master plans and zoning.”

Churches

FROM PAGE A10

for Religious education classes for children through Grade 6. You may register your children Sunday with Jane Clay, or you may do it electronically on our website.

Grades K-2: World of Wonder-explore the interdependent web of all existence.

Grades 3-6: Harry and UU-explore how the themes in the Harry Potter stories support our 7 UU principles.

Soul Matters for Snow Birds? – If you’re a snowbird interested in being part of a Soul Matters Sharing Circle or if you’re inclined to stay home and participate in a Soul Matters group remotely, please contact Rev. Linda at minis-

ter@starrkingfellowship.org. A reliable internet connection and a willingness to meet via video conference necessary.

Registration is open for Religious education classes for children through Grade 6. You may register your children Sunday with Jane Clay, or you may do it electronically on our Web site.

Interested in Becoming a Member of Starr King? Join our Path to Membership, a three-week series to learn more about Unitarian Universalism and our Starr King UU Fellowship. The dates are Oct. 15, 22, and 29 at 11 a.m. after the Sunday Service. The sessions will last about two hours. A sign-up sheet can be found on the bulletin board in the foyer or email: admin@starrkingfellowship.org. Though this is not a requirement for membership, it’s a great way to learn more about the Fellowship, share sto-

ries and meet others.

Vespers Services - On second Fridays Starr King UU Fellowship will be offering a Vespers service. Vespers is an evening worship service that offers a peaceful end to a hectic week. We will meet for casual, all generations service that includes music and candles for about 30 minutes and then share a meal (probably pizza). Join us for our first service on Friday, Oct. 13, starting at 6 p.m. Everyone is welcome.

The next meeting of the Wise Women in Training is Wednesday, Oct. 11 from 10:30 a.m. to noon!

The Activities Committee encourages you to participate in the abundance of interesting events happening in the area. Please visit the Events Page on our Web site: www.starrkingfellowship.org. for further details.

Notebook

FROM PAGE A6

Theodore Bacon of West Road, Clarksville, who wondered where his hummingbirds had gone, so suddenly, so soon.

But it just may seem early, because of a recent spate of warm weather. The fact is, we had some pretty cold nights two weeks ago, and whether we want to know it or not, the days are getting shorter and the nights longer.

This seems to be the dominant force for migration. Hummingbirds are extremely territorial, and when they apprehend the daylight signal they’re gone, flying up to 25 miles a day and stopping only to rest and feed.

Here is what the hummingbirds.net site, run by Lanny Chambers out of St. Louis, Missouri, has to say on the subject:

“Some adult males start migrating south as early as mid-July, but the peak of southward migration for this species is late August and early September. By mid-September, essentially all of the Ruby-throated at feeders are migrating through from farther north, and not the same individuals seen in

the summer. This is difficult to see, since they all look alike, but has been proven by banding studies.

“The number of birds migrating south may be twice that of the northward trip, since it includes all immature birds that hatched during the summer, as well as surviving adults.”

Our ruby-throated hummingbirds winter in southern Mexico and Central America. Some of these nations just happen to be where the rule of law is often flouted or totally ignored, and supposedly “protected” areas are being decimated by logging.

I believe that the destruction of winter habitat is largely responsible for the decline in our songbird population here in northern New England, said to be up to 26 percent, and I can only say that I am hearing and seeing virtually no songbirds at home or way up at camp, where nothing has changed. But this does not seem to be a popular view, it being more in vogue to point the finger at alleged habitat changes here.

But the flip side of this is that at least here, where

the rule of law applies, we can make changes for the better, whereas in places of winter habitat, we cannot.

+++++

Never have I seen such an apple crop. The trees are groaning under the load, branches drooping to the ground.

Mountain ash, too, are loaded with their bright red bunches of berries. Oak trees are heavy with acorns, I hear (we are north of oak), part of what is known as the mast crop, but I don’t know about beech nuts, not having been among many beeches.

But I do know this: Any day now I’ll have a kissing frost, and then a hard frost, and then I’ll hear the honking of geese, and water in the dog’s outside dish will be frozen at dawn.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

PUBLIC NOTICE

The Hebron Select Board will be holding a public hearing on Thursday, **October 5, 2017 at 7:00 p.m.** in the Select Board Office located at 7 School Street.

The purpose of the hearing is to expend funds from the following Capital Reserve Funds:

Entitled “Capital Equipment-Highway” for the new backhoe

Entitled “Town Offices Expansion and Refurbishment” for renovations and the addition to the Hebron Academy Building Project.

To withdraw funds from the Trust Fund entitled “Planting and Care of Trees & Shrubs in the Hebron Village Cemetery” for the planting of lilacs in the Hebron Village Cemetery.

Hebron Select Board:

Patrick K. Moriarty, Chair
John W. Dunklee, Vice-Chair
Eleanor D. Lonske, Member

TOWN OF HEBRON PLOW PROPOSALS WINTER SNOWPLOWING SEASON 2017-2018

The Town of Hebron is looking for plow trucks with operators for the 2017-2018 season.

All operators and equipment must have emergency lighting, an 8.5 foot power angle plow, and current certificate of insurance and a valid driver’s license.

Please respond with hourly rates and equipment description to the Selectmen’s Office at P.O. Box 188, Hebron, NH 03241 by **Tuesday, October 17, 2017 at 12:00p.m.** The highway supervisor and/or selectmen reserve the right to accept or reject any or all proposals deemed to be insufficient.

Casey Kuplin, Highway Supervisor

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Casey Kuplin, Highway Supervisor



Town Hall

FROM PAGE A1

tween the two buildings, with parking in front of and behind the town hall.

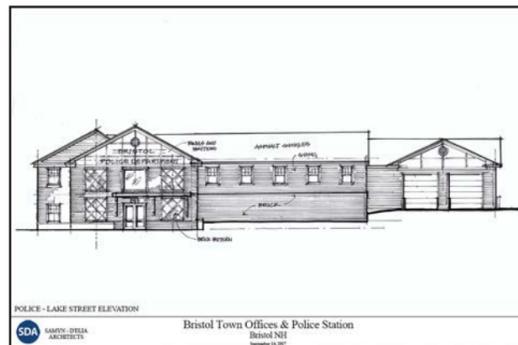
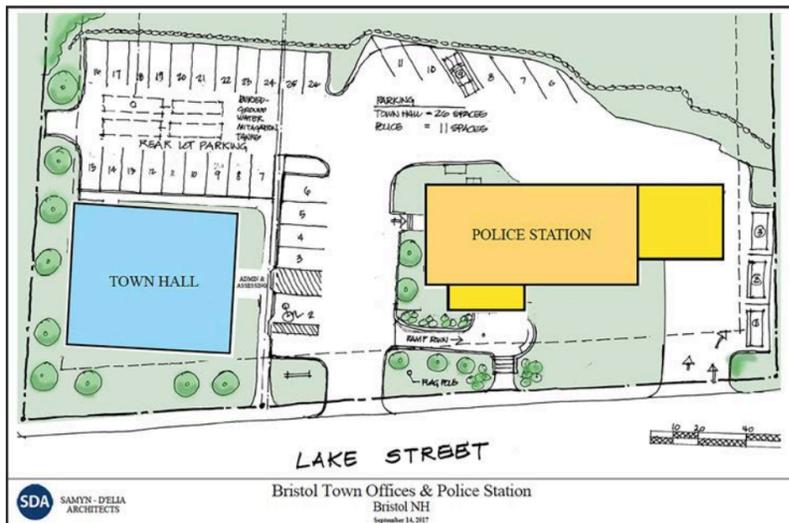
Police would park their vehicles behind and to the right of the police station.

Earlier discussions had assumed a new sallyport would be built behind the police station, but Donovan said the slope and the presence of a recently installed propane tank would make that difficult, and he proposed placing the sallyport on the right end of the building, which is the current entrance to the municipal building. It also would provide easier access.

The interior of the municipal building would be reconfigured to better serve the police department, which currently is confined to a small section of the building, including the former courtroom and judge's chambers (the "Bristol Opera House" — so named in order for the selectmen of the time to use money donated toward the building of an opera house for the construction of the municipal building).

Samyn-D'Elia's plans call for the bottom floor of that section to be converted to storage, with a new night lobby. The upper floor would have offices for the police chief, lieutenants, and prosecutor, along with a conference room and day lobby with receptionist.

The portions of the



Conceptual drawings of the proposed municipal building.

building now serving as town office space would be converted into locker rooms, training room, a workout area, and work space for officers. On the lower floor, there would be new holding cells, an interview room, an observation room, a juvenile holding area that would double as an officer's work room, and a large evidence storage area.

The new town office would have a large lobby with reception area, private space for the tax collector to speak with people, and a small conference room for other discussions. The welfare officer, tax records, and staff dining area also would be on the first floor.

Plans also call for a larger meeting room that could accommodate as many as 80 people. Selectmen questioned Solomon about making it large enough to use for elections, but the architect said it would require in excess of 1,400 square

feet more, which would be both difficult to do on the site and add significantly to the cost of the building.

The second floor would be dedicated to the staff, from the town administrator to the finance director, assistant finance director, assessor/planner/land use office, and grant-writer, with work space and a conference room built

in. There also would be a reception area for those wanting to speak with those officials.

Town Administrator Nik Coates said the town office layout provides flexible space that would allow the staff to reorganize it as needed.

Solomon said the cost and the geotechnical report are still to come, but he noted that the water table on the future town

hall site is lower than they original thought, which might make it possible to add a basement to the building.

Selectman Leslie Dion questioned the police station plans that eliminate toilets in the holding cells. She wondered if it would be dangerous for officers having to escort prisoners to the bathroom, but Lt. Kris Bean said they already escort prisoners to the bathroom on the other side of the building, and he did not think it would be a problem.

Duncan said that the plans may be adjusted after they hear from the public, but they tried to think through all of the issues and offer a plan that meets safety requirements as well as maximizing the space.

"We would like this to be the number one priority for the town," she told the selectmen.

Chair Rick Alpers he is aware of all the concerns about cost, but, "The last thing I want to hear in 20 years is that it wasn't big enough. I want to do it right now."

NMMS

FROM PAGE A1

inspiration and encouragement on the walls and doors.

"Be the reason someone smiles today," was scripted on one door while another proclaimed, "The only way to have a friend is to be one!"

Another bathroom wall reminds students to maintain standards of pride, integrity, and responsibility.

"It's funny- since we did this, the bathroom vandalism incidents



DONNA RHODES

Following a cookout last Thursday evening, parents had the opportunity to follow their child's schedule, meet with their teachers and get a feel for what a day at Newfound Memorial Middle School is like.

went to virtually zero," Lewis noted. "It tells you the students are taking

pride in their school now."

With their new Self

Organized Learning Environment in place and a lot of school-wide pride and enthusiasm blossoming, Lewis said he looks forward to a very positive experience for the students at NMMS this year.

He also wished to thank the school's custodial staff, which handled the preparations and clean up for the cookout, the members of the PTO who contributed the numerous side dishes, and all the teachers who volunteered to serve the meal as well.

The 141st

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Kylee MacDonald circles around the ball during action against Littleton last week.



Julianne Marchand works in front of the net during action last week against Littleton.

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The undefeated Newfound field hockey team took on the newest field hockey team in the state on Tuesday, Sept. 19, and the results were as one might suspect.

Kylee MacDonald put in three goals and the Bears rolled to a 7-0 win over Littleton at Kelley Park.

“The thing we’re trying to focus on the next few games is communication in the circle and where should we be,” said coach Karri Peterson. “We’ve had a lot of opportunities and haven’t capitalized on them.

“That’s the focus, finding the group out there that can put the ball across the line when we need it,” the veteran coach added.

The Bears didn’t have many problems scoring goals against the Crusaders, who made their return to the varsity ranks this year after a number of years as a JV program, though it took almost 10 minutes for the first goal to go in the net.

MacDonald, Jasmine Peterson, Caroline Marchand and Julianne Marchand all had great chances early in the game, with MacDonald sending a couple of bids wide and both Marchand sisters sending balls wide on good feeds from Peterson. Caroline Marchand had a great cross through the crease that was cleared out.

Finally, with 20:51 to go in the first half, MacDonald ripped a shot from the top of the circle on a feed from Julianne Marchand and it went

past the keeper and in for a 1-0 lead.

The Bears came back with some penalty corner chances and after a couple of unsuccessful chances, including one from Hayleigh LeTourneau, the Bears capitalized when LeTourneau sent a ball into the cage and MacDonald tapped home the rebound for the 2-0 lead with 13:47 to go.

Newfound continued to get corner chances, with Peterson getting a shot blocked.

However, less than two minutes after the second goal, the Bears added a third goal. On a huge scramble in front of the net, with MacDonald, Julianne Marchand and Caroline Marchand in close, Tiffany Doan put the ball in on an assist from MacDonald for the 3-0 lead.

The Bears had two more corners but could not convert and then Haley Dukette had a chance denied by the Littleton keeper.

With 7:47 to go in the half, Peterson fired a shot from the edge of the circle, with LeTourneau getting the assist for the fourth goal of the season.

Kaylan Santamaria, Dukette, MacDonald and Julianne Marchand continued the offensive pressure and Newfound had one final corner that was cleared out as the half came to a close with the Bears up 4-0.

Peterson and Julianne Marchand teamed up on early bids in the second half and Savanna Bony had a shot go wide on another corner.

With just 3:40 gone in the half, Newfound upped the lead to 5-0, as Peterson send the ball in

to MacDonald, who completed her hat trick.

Littleton came back with a run into the offensive end, but Newfound’s defense held tight and kept the ball away from the goal. Bony, Julianne Marchand and Peterson all had scoring bids and could not convert. Littleton got its lone corner but MacDonald came flying across the circle and cleared the ball before Littleton could even get a shot off.

The Bears had two more corners, with LeTourneau getting off a shot on the first one and Madison Hanley putting the rebound back on net. However, on the second one, Julianne Marchand ripped a backhand shot from the top of the circle and Newfound took the 6-0 lead. Peterson had the assist with 17:20 to go.

Hanley, Bony, Peterson, Doan and LeTourneau continued the offensive pressure for Newfound and the final goal came from Hanley, who finished off a nice crossing pass from Peterson with 9:45 to go for the 7-0 lead.

The Bears had three more corners, with Dukette, Doan and LeTourneau all getting good looks, but the game ended at 7-0 for the Bears.

Newfound moved to 7-0 at the halfway point of the season, having given up just one goal in those seven games.

“We’re halfway there,” Peterson said. “Our defense has been holding strong all season.”

Peterson noted that MacDonald serving as the “flyer” on opponent’s penalty corners has made a huge difference, as she has been especially effective at clearing the ball out before the other team can get a shot off.

She also praised the work of some of the younger kids who con-

tinue to get better.

“I think some of the freshmen are coming along nicely,” she said. “Tiffany (Doan) will be a nice asset to have.

“We just have to get more aggressive around the cage,” Peterson added. “It’s hard work, you’ve got to get in the right position.”

Newfound won its homecoming match on Friday, Sept. 22, knocking off Laconia by a 5-0 score.

Caroline Marchand scored just 1:30 into the game on an assist from LeTourneau. LeTourneau then connected with Julianne Marchand to make it 2-0 10 minutes later. Moments later, Katy Drapeau scored her first goal of the season on an assist from Hanley.

With four minutes to go before halftime, Bony made it 4-0 before halftime.

The final goal came with less than a minute to go. Bony took the ball into the circle and passed it to the weak side, where Caroline Marchand was waiting and guided into the net.

The Bears had 23 penalty corners and kept Laconia from getting any. The Bears also had 37 shots to Laconia’s zero.

The Bears will have a rematch with the Crusaders in Littleton on Friday, Sept. 29, at 4 p.m. On Wednesday, Oct. 4, they will be at Berlin at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bears bring out the offense, roll past Franklin, Winnisquam

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound soccer boys broke out the offensive firing power on Tuesday, Sept. 19, routing Franklin by an 8-1 score.

“We moved the ball well in the attack and had strong contributions from several players,” coach Jason Hill pointed out. “We are starting to play with more consistency and are doing a better job of finishing our opportunities.”

Mike Doan had a fairly relaxed game in the net for the Bears, turning away all four shots that came his way.

On the offensive side of the ball, Justin Shokal led the way for the Bears, as he scored three goals. Cian Connor also had a good day, as he put in two tallies.

Ryan Quinn, Brad MacDonald and Jacob Huckins each added goals in the win as well, while Hill praised the midfield play of Jack Gosson and Tuan Nguyen. Hill also noted that Quentin Helmers, Ryan Lyford, Matt Costigan and Trevor Robie were all strong



JUSTIN SHOKAL finished with three goals in his team’s win over Franklin last week.

on defense for the Bears.

Newfound retained the Dutton Cup for the second year in a row by defeating Winnisquam on Thursday, Sept. 21.

MacDonald led the way for the Bears with a pair of goals, while Connor and Shokal each had a goal to pace the offense. Hill also praised the work of Gosson and Matt Libby in the midfield, connecting the defense and the attacks.

“The game was physical and both teams played at a frantic pace, playing end to end,” Hill noted.

He noted that Helmers, Lyford, Robie and Costigan were strong on the back line, keeping the ball away from Doan, who had to make just four saves. Ngu-

en and Quinn were solid along the wings as well.

“We are starting to find our team identity and play with consistency,” Hill stated. “Our team has experienced some unexpected changes and has responded well, younger players are stepping up and things are starting to come together on both sides of the ball.

“We have been working hard on playing as a team, playing quicker and being as aggressive as we can be,” Hill continued. “We are hopeful that eventually we will be able to compete with some of the better programs in our division.”

The Bears will be on the road at Inter-Lakes for an 11 a.m. game on Saturday, Sept. 30, will be hosting White Mountains Regional at 4:15 p.m. on Tuesday, Oct. 3, and will visit Bishop Brady at 4 p.m. on Thursday, Oct. 5.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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JOSHUA SPAULDING

Tyler Haskell carries a Kearsarge defender on his back as he races toward the end zone on Saturday night.



JOSHUA SPAULDING

Rolando Sylvain makes a big defensive stop in action on Saturday against Kearsarge.

Bears battle but come up short

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — Down 20-0 to Kearsarge at halftime, the Newfound football team could've walked off the field feeling defeated.

Instead, the Bears fought back and scored a pair of touchdowns in the third quarter to make it a closer game, but in the end, the Cougars added a few more touchdowns and took the 48-14 win over the Bears.

"They got fired up and started running the ball," coach Ray Kershaw stated. "What I'm most proud of, for the first time, they played for all four quarters.

"They were fighting to the end," the Bear coach said. "They're going in the right direction."

The game was played under the temporary lights of Morrison Field as part of the Homecoming festivities on Saturday night.

The Cougars wasted little time getting on the board, needing just four plays to move down the field and they scored on a 40-yard touchdown run 1:33 into the game for a 7-0 lead.

Newfound came back and moved the ball, with Cam Anderson getting a big 28-yard gain on third and one and then Brett Pigeon picking up a first down as well. However, penalties and an eventual fumble cost the Bears and Kearsarge got the ball back.

The Cougars ate up much of the first quarter clock with their next drive, moving the ball down the field and eventually getting a 15-yard touchdown run with 2:32 to go. Shawn Huckins stopped the two-point conversion to make it 13-0.

AJ Muse picked up a key first down on fourth and four as the quarter came to an end. Newfound moved the ball up the field, with Tyler Haskell, Anderson and Cody McGee all running the ball. However, on fourth and goal at the seven, Muse came up just short and Kearsarge got the ball back. The Cougars worked their way down the field, taking advantage of a penalty along the way and on second and three from just outside the 10-yard line, a touchdown pass and extra point made it 20-0 with 6:52 to go in the first half.

Newfound was stopped on fourth down on the next drive, but then forced the Cougars to punt away and got the

ball right back. McGee picked up a big gain up the middle on the first play and then Anderson and Muse kept things moving. McGee picked up another first down, but a fumble gave Kearsarge the ball back. The Bears were able to keep the Cougars from getting into the end zone in the final minutes and the 20-0 lead stood at the break.

Haskell got the call on the first few plays of the first drive of the second half for Newfound and picked up a key first down on third and long and then Anderson picked up another first down as well. Haskell then sprinted into the red zone for another first down. Three plays later, McGee charged up the middle and into the end zone for Newfound's first points of the game. McGee also got the two-point conversion and the Bears were back in it at 20-8.

Kearsarge answered with a five-play drive that resulted in a 15-yard touchdown run with 5:03 gone in the half and it was 28-8 for the Cougars.

Newfound continued its fight, with Pigeon, Haskell, Anderson and Muse all getting the ball. McGee then carried on third and goal from the three and then again on fourth and inches for the touchdown with 2:26 to go, keeping the Bears alive and kicking at 28-14.

The Bears forced Kearsarge to punt after big stops by Connor McLaughlin and Rolando Sylvain on the defensive side of the ball and the quarter came to a close with Newfound getting the ball back. However, they were unable to convert and Kearsarge got the ball back. That didn't last too long though, as Anderson recovered a Cougar fumble and Newfound began marching down the field, with Haskell and Anderson getting most of the carries. However, on fourth down, a Cougar defender stepped in front of a McGee pass and raced the other way to the end zone for the 25-14 lead.

Newfound went three and out on the next drive and the Cougars got into the end zone again for a 42-14 lead and they added one more score with 1:05 to go for the 48-14 final.

Kershaw praised the work of McGee and Haskell, noting McGee kept his team fighting to the end and Haskell, coming back from an injury last week, didn't want to come off the field.

"Those things show they're going in the right direction," Kershaw said. "It will get there, it's only our second year, turning around overnight, it just doesn't work that way.

"It takes time," the Bear coach said. "The tough part is everyone being patient and understanding."

He noted that the JV Bears are undefeated on the young season, which

bodes well moving forward.

"The future at Newfound is bright," Kershaw said. "I have all the confidence in the world they're going to get there."

The Bears will be in action on Saturday, Sept. 30, at 2 p.m. at Mascoma.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Springer, Combs lead Bears in home race

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound cross country team hosted the annual Newfound Invitational on Wednesday, Sept. 20, with Kearsarge, Sanborn, Berlin, Moultonborough, Gilford, White Mountains, Inter-Lakes, Gorham, Mascoma and Hillsboro-Deering all joining the Bears for the race.

The Bear boys finished in eighth place overall with Kearsarge taking top honors and Sanborn in second place. Moultonborough's Tyler McLaughlin won the race in 18:09.

Connor Springer led the way for Newfound with a time of 22:44, which placed him 38th overall.

Kyle Rosendahl finished in 47th place overall in a time of 23:57 and Joe Montgomery was third for the Bears with a time of 24:06.

Nicholas Comeau ran to 52nd place in 24:27



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Hunter Coleman follows teammate Nick Comeau during the Newfound Invitational on Sept. 20.

and Hunter Coleman was the final scorer for Newfound, finishing in a time of 25:04 for 57th place overall.

Ashlar Dotson finished in 58th place in 25:07, Wyatt Day ran to 72nd place in 27:28 and Jason Liang finished in 76th place in 27:54 to round out the field of Bears.

Newfound did not

have enough girls running to score as a team in the girls' race, with Kearsarge taking top honors over Moultonborough. Leah Dutkewych of White Mountains Regional took the win in a time of 22:12.

Amy Combs led Newfound with a time of 26:24 for 11th place overall.

Manon DeGreef was not far behind in 13th

place in 27:10.

Sophia Pettit rounded out the field of Newfound girls, finishing in 43rd place in 33:58.

Newfound is scheduled to compete today, Sept. 28, at Moultonborough at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bears sweep Moultonborough and Sunapee

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — After losing the final match of the previous week, the Newfound volleyball team got back on track with a pair of wins to start last week.

On Friday, Sept. 15, the Bears traveled to Winnisquam and dropped a 3-0 decision to the Bears., 25-12, 25-19, 25-15.

"I was hopeful for a close match," said coach Amy Fairbank. "We just couldn't get rhythm to our game.

"The girls sometimes change their game in the middle of a match from an offensive game to a defensive game," the Bear coach added. "They had one girl going at us the whole time, we weren't reading her well and we just wouldn't answer back."

The Newfound girls had just 19 kills for the entire game, with Fairbank noting that a number like that will not win many matches.

The Bears opened last week on Monday, Sept. 18, knocking off Moultonborough by



JOSHUA SPAULDING

Bailey Fairbank had a solid week for the Newfound volleyball team.

a 3-0 score. The Bears won 25-22, 25-23, 25-21.

"This was probably the best utilization of our hitting to date," Fairbank stated. "Everyone hit that night."

This time around, Newfound had 27 kills, with Ashlee Dukette and Bailey Fairbank each turning in eight kills. The team also had just five service errors and had 19 aces from the service line.

Dukette had seven aces and Fairbank added six. Aryn Prescott had a good night as well, turning in 21 assists.

The Bears hosted their Homecoming match on Wednesday, Sept. 20, knocking off Sunapee 25-18, 25-19, 25-18.

"We had the crowd behind the girls, cheering them on to victory," Fairbank stated. "They were up and motivated."

Fairbank finished with 11 aces and nine kills and Dukette and Prescott each had a number of aces from the service line.

"They played hard and kept themselves in the match the whole time," the Bear coach said. "Hopefully they see this match as a building block to move towards improving their record."

Newfound will be back in action on Friday, Sept. 29, at Inter-Lakes at 6:15 p.m. and will be hosting Winnisquam for a rematch at 6:15 p.m. on Wednesday, Oct. 4.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Dorchester: Sat/Sun 8-1 am
Bristol and Campton areas: Various shifts 7 am-7pm

FINANCE ASSISTANT

The Town of Campton, N.H. is seeking an experienced Finance Assistant to join our administrative staff two days a week. The qualified applicant must have a good working knowledge and experience with QuickBooks software, Accounts Payable, Accounts Receivables and NH Retirement. Salary commensurate with experience. A complete job description is available at the Campton Town Office.

Please submit your resume and cover letter on or before **October 11, 2017** to: Board of Selectmen, 12 Gearty Way, Campton, NH 03223 or email to toc.mb@camptonnh.org.

The Town of Campton is an Equal Opportunity Employer.



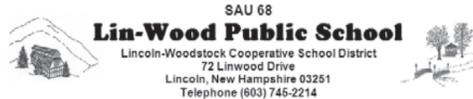
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The Lincoln-Woodstock Cooperative School District, Recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces an immediate full-time opening for the 2017-2018 school year:

ELEMENTARY BEHAVIORAL INTERVENTION SPECIALIST

Bachelors Degree preferred in childhood studies or equivalent. Interested parties should send transcripts, a letter of interest, a resume and three letters of reference to:

Frances Bean
Lin-Wood Public School
P.O. Box 846
Lincoln, NH 03251
603-745-2051

The Lincoln-Woodstock Cooperative School District is an equal opportunity employer.

Job Applications are available on our website at www.lin-wood.org under the "Employment" section.

Middle/High School Fax Number (603) 745-6797
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EMPLOYMENT OPPORTUNITIES - TOWN OF LINCOLN, NH PUBLIC WORKS DEPARTMENT

EQUIPMENT OPERATOR/LABORER

The Town of Lincoln is seeking qualified applicants to fill the full-time position of Equipment Operator/Laborer. This position is responsible for operating heavy motor equipment & performing manual work assisting in all Highway Department construction, maintenance & repair projects.

Mandatory NH CDL Class "B" License, additional experience and knowledge in Water Treatment & Distribution desirable. Preferred candidate must pass a pre-employment drug & alcohol screening and physical. \$16.75-\$20.00 D/O/Q

For detailed job requirements and to apply for the position, please visit <http://www.lincolnNH.org/jobs>.

The Town of Lincoln offers a benefit package including full payment of single plan health/dental, life, disability and retirement. The Town of Lincoln is an EOE.

FULL-TIME SEASONAL WINTER STAFF

Fulltime seasonal winter staff person to head-up snowmaking operation at small community ski area & perform light maintenance as required. Weekend & evening hours required. \$18.00-\$20.00/hr. D/O/Q

Part-time Snowmakers needed to work for small community ski area, responsible for the operation of a snow machine and working nights and weekends as needed. \$13.00-\$15.00/hr. D/O/Q

Preferred candidate's must pass a pre-employment drug & alcohol screening.

Please submit a letter of intent and resume by October 13, 2017 to:

Town Manager's Office
Equipment Operator/Laborer Work Search
PO Box 25 • Lincoln, NH 03251

The Town of Lincoln prohibits discrimination on the basis of race, color, national origin, sex, sexual orientation, religion, age, disability, marital or family status. The Town of Lincoln is an equal opportunity employer.

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GOOD PAY FOR HARD WORK

King Forest Industries, located in Wentworth, NH, is currently accepting applications and resumes for full and part time work as lumber handlers, equipment operators and experienced maintenance personnel. Individuals must be hardworking, able to take and follow directions, dependable and able to do hard work for good pay. You must be able to lift at least 50 lbs.

As a full-time employee, you will qualify for health insurance/dental/401K retirement plan/paid vacation/paid holidays and production bonuses.

If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

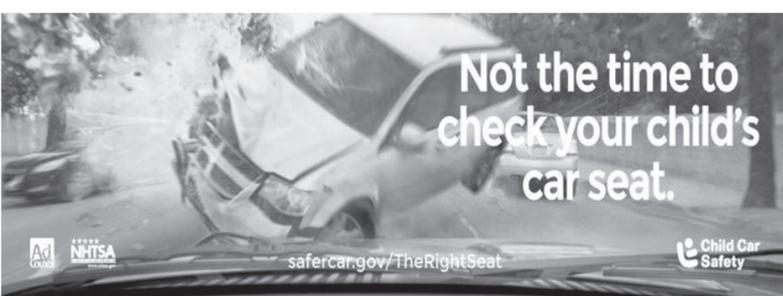


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safercar.gov/TheRightSeat



Just another manic Friday (in a good way)

For most of the year (winter ski meets being the exception to the rule), Fridays are not my favorite day of the week. I know this leaves me as an outlier in many places, but given that I work all weekend covering one thing or another or writing one thing or another, the appeal of Friday as the start of the weekend has never really made much sense to me in the life I live.

Also, recent turns of events have made Fridays even more of a drag. Since I started the current diet and exercise program that I am on, I do a different workout each day of the week and the Friday workout is by far the toughest of all of the week's workouts. It's a tough half-hour of cardio that includes things like burpees, cross-jacks and high knees, none of which make me feel a hell of a lot better.

Also, since the addition of this program to my life, I've kind of instituted Friday as my grocery shopping day and if there's one thing I dislike, it's grocery shopping. I make my list before I go and have a pretty good idea of what I need so that I can be in and out as quickly as possible, but going to the Ossipee Hannaford every Friday is not my favorite task. I liked it better

SPORTING CHANCE



By JOSHUA SPAULDING

when I shopped once every three or four weeks, though I was also 30 pounds heavier then.

Since our office moved to Meredith back in May, I've also had to deal with the typical Friday morning laundry task a bit more. Laundry is just one more thing that I'm not a huge fan of doing, but something I know needs to be done and I do it once a week. Traditionally, I would put my laundry in across the street from the office and then go in the office and do work while it washed, go over and put it in the dryer and go back to work. But since I no longer have an office, I actually have to spend time in the laundromat, which is probably nobody's idea of fun. That being said, I do get to spend a little time relaxing at Lydia's Café and enjoying my breakfast as opposed to eating it on the road as I usually do every other day of the week.

The fall season adds a bit more to Fridays, as my latest games of the fall take place on Friday nights, meaning

it's my latest night out covering games.

But this past Friday was a pretty momentous day, at least in my world, and made grocery shopping and laundry bearable.

After finishing up my laundry, I walked next door to TD Bank and sat down to do a wire transfer for the final payment of my accommodations for the Pyeongyang Winter Olympics in February. The second payment is due by Sept. 30 in order to reserve my room. It's been a long process getting ready for this trip and it's by no means over, but it took a big step on Friday.

I did, however, drain out my Olympic bank account in the process (the room was just more than \$2,400 for the two weeks). I am grateful to everyone who has helped me out so far in reaching the Olympic goal and am excited to share my travels again with everyone who reads the papers.

The next step is booking a flight, which I think may be a challenge, since the great travel agent I used for Sochi is no longer in business. And I will need to find some money to pay for it as well.

But for now, a nice Friday in the books is a good thing.

Finally, have a great day Tammy Rogers.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 279, Meredith, NH 03253.



COURTESY PHOTOS

Hall of Famers

Newfound Regional High School held its second annual Athletics Hall of Fame on Saturday, Sept. 23. Five individuals and one team were inducted. Ron Bucklin '61, Paul Fournier '88, Wally Laws '95, Dan Plourde '94, Karri (Reynolds) Peterson '88 and the 1987 boys' cross country state championship team were inducted. Top photo (l to r), Marilyn Bucklin (Ron Bucklin's widow), Karri (Reynolds) Peterson, Paul Fournier, Dan Plourde and Wally Laws. Bottom photo, the 1987 cross country boys (l to r), coach Earl Mills, Keith Arnold, Frank Trask, Mike LaPlume, Pat McPhail, Mike Buckland, Brad Taylor and Bill Laws.

Triathlon

FROM PAGE B1

cluded Kara Folsom of Londonderry in 2:51:23, Brooke O'Connor of Billerica, Mass. in 2:57:13, Molly Zahr of Bedford in 3:01:37 and Bridget Pichette of Hooksett in 3:07:21.

There was also a relay option, with the 5 a.m. Friends from Belmont finishing as the top team in 2:57:43 and the TriForty Babes in second in 3:18:35.

For the aquabike competition, Scott Duval of Henniker was first in 2:11:34, followed by David Johns of Barre, Vt. in 2:25:47 and Jaimee Thews of Manchester in 3:05:11. Christian Hossman of Norwood, Mass. was fourth in 3:13:16 and Laura Engstrom of Norwood, Mass. was fifth in 3:13:52.

In Saturday's sprint triathlon, Bandoro took

top honors in 1:07:39, followed by Eric Lambli of Wellesley, Mass. in 1:12:41 and Thomas Gessner of Grantham in 1:14:39.

Trnovcova's top female time of 1:14:40 was good for fourth overall, with Karl Baranov of Allston, Mass. rounding out the top five in 1:14:50.

Folsom was also second among women in the sprint in a time of 1:19:27, followed by Michelle Rotsowsky of Burlington, Vt. in 1:20:50, Caroline Cavanaugh of Westford, Mass. in 1:22:56 and Sarah Poplawski of Belmont, Mass. in 1:23:45.

For relay teams, the Stoners of Maynard, Mass. were first in 1:38:38 and Shire Triers of Manchester were second in 1:47:25.

In the aquabike, Michael McCombs of Marlborough, Mass. was first in 51:51, followed by Mark Boucher of Not-

tingham in 1:06:47, Mare Weiss of Medford, Mass. in 1:13:27, Kathy Doonan of Chelmsford, Mass. in 1:18:36 and Robin Saunders of Sunapee in 1:30:07.

Race director Jana Loughlin thanked the many sponsors and volunteers who made the event happening. Included in this were West Shore Marine, Gator Signs, NC Cycle, Taylor Rental, Hannaford's Supermarket, Bristol House of Pizza, Stonyfield Yogurt, New England Blast energy drink, the New Hampshire Parks Department, Downtown Gym and the local police.

"And thanks to all our volunteers, without the volunteers we could not do this," she stated.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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What's Happening at
Plymouth State University

SEPTEMBER

There are still plenty of arts and cultural offerings to chose from at PSU in September. Here are just a few upcoming:

- PSU Theatre presents *The Trial: A Cautionary American Drama*, an adaptation of Franz Kafka's classic novel set in 21st century NYC. ▶ Silver Center, September 29 & 30
- The Museum of the White Mountains is hosting "Lasting Impressions: A Juried Alumni Arts Exhibition" featuring the work of alumni artists, writers, musicians, actors, and dancers. ▶ Museum, Silver Center, and Lamson Library through October 26
- A photography exhibition is on display titled, "Different Roots, Common Dreams: Photos of Cultural Diversity in New Hampshire" by Becky Fields. ▶ Centre Lodge Kiosks; Presentation September 28, 6 p.m., Bradford Rm, Centre Lodge

Visit plymouth.edu/calendar for details and more events.

See further up here.

Plymouth State UNIVERSITY