

Alton seeks to beef up IT

Governments at the forefront of recent cyber attacks

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — As most Alton residents prepare for the winter ahead, Joshua Monaco, Alton’s IT Coordinator, prepares for the increasing likelihood that Alton will be targeted by cyber security attackers.

“Attacks on state and local governments have doubled since 2016,” Monaco said.

In fact, over the summer, nearly 50 municipalities across the country became the victims of ransomware—sophisticated cyber security attacks aimed at holding a city or town’s information hostage. Daily operations of cities and towns are jeopardized until data can be recovered, or large sums of money are transferred to attackers.

“If an attacker is successful, there is always some sort of negative consequence, financial impact, and sometimes

irreversible damage,” Monaco said. “Every municipality needs to understand that there will come a time that their infrastructure is tested, and how or even if they respond to that test means a lot.”

High profile stories made headlines over the summer, like the 22-city ransomware attack that demanded millions of dollars from individual municipalities in Texas. The small town of Lake City, Fla. that recently caved into attacker’s \$460,000 demands made news in August. The entire Department of Public Safety for Atlanta, Ga. recently grinded to a halt for weeks while every part of their IT infrastructure was compromised by such an attack. America’s cities and towns are particularly vulnerable to these attacks. Many attackers are keenly aware of how dependent municipalities are on technology

for their day-to-day operations, while cash-strapped local governments are also less likely to update infrastructure to meet ever-changing security recommendations.

“Hackers are looking for an easy way to make a large amount of money, and cities and towns with little concern or acknowledgement for cyber-security are less prepared and at higher risk of being greatly impacted,” Monaco said.

The significant impact that these attacks make on a municipality’s normal functions, also makes them more likely to pay such a ransom. “It is very popular to go after organizations that have minimal tolerance for downtime (i.e. healthcare, governments, transportation, utility) as that could mean that the attacker has a higher chance of

SEE TECH, PAGE A12



COURTESY PHOTO

Esprit de “core”

The youngest patrons of the New Durham Public Library enjoyed a Storytime field trip to the Miller Farm in New Durham where they picked apples, met chickens and guinea hens and had a ball running in a field. The annual trek is due to the generosity of owner Rich Leonard.

Delays plague Downing’s Landing project

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — According to a recent update by the New Hampshire Fish and Game Department (NHFG), the boat launch project at Downing’s Landing has encountered several delays, pushing out deadlines into 2021.

“Complications with the installation of a necessary coffer dam due to the discovery of buried wood piles, cribbing and logs have delayed the progress of this two-phased project,” the New Hampshire Fish and Game wrote in a recent statement. The delay means that NHFG will need to bring another team in during the spring of 2020 to remove the debris before construction can continue.

“Phase II of the improvements will now be undertaken during the spring of 2021, and include upgrades to parking services, drainage, shorebank stabilization, and other site work designed to better serve visitors,” NHFG wrote. Although Fish and Game committed to trying to keep the site open, they did note that water access will be prohibited until the boat

launch is completed in 2021. “During construction closures all access to the lake associated with the property will be prohibited, and there will be no opportunity for shorebank fishing or launching any type of watercraft.”

The construction site is being prepared for the winter months now, with a special fo-

SEE DOWNING’S, PAGE A12

Historic curtain missing from West Alton building

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — The Mount Major Community Center sits beside the West Alton Fire Station along Route 11. The historic building has been a part of Alton’s landscape for more than a century. Unfortunately, one of the prize heirloom pieces from the building – an antique hand embroidered curtain that once hung above the stage — is now missing.

The curtain was designed by Louis Peter Galanis, a Greek-born artist who trained in Boston and later opened his own studio in Wellesley. It depicted a water view from West Alton Marina, and advertisements from the early 20th cen-

tury. The Baysider reported in 2011 on the curtain’s restoration – made possible by a donation from the West Alton Marina. Although popular in the early 1900s, many of these types of historic curtains have been lost to the ravages of time.

Galanis’ curtain is one of the only known examples of his work to exist

in the Granit State. The 10-by-14 curtain hung on a roll in the ceiling of the Mount Major Community Center for decades. The town deemed it important enough of Alton’s history to write it into the deed of the property, so no matter who took over the Mount Ma-

SEE CURTAIN, PAGE A12

Meat Bingo Sunday in New Durham

NEW DURHAM — Meat Bingo will take place on Sunday, Oct. 20, from 4 to 6 p.m. at the New Durham Elementary School. The meat is supplied by Bickford’s Diamond B Farm in New Durham.

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GEORGE MURPHY – COURTESY PHOTO

Seeing red

This barn in Alton blended nicely with the changing leaves, as captured by local photographer George Murphy.

Selectmen discuss future of water bandstand

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — The Alton Board of Selectmen met on Monday, Oct. 8. In attendance were Virgil MacDonald (vice chairman of the board), Cydney Shapleigh, Philip V. Wittmann and Paul LaRoche. Other town employees, including Town Administrator Elizabeth Dionne, lent her voice to several topics throughout the meeting. The audience included three Alton residents and New Hampshire Representative Ray Howard.

The meeting began with a review of a recent events permit submitted by the Alton Business Association. The permit outlined plans to host a “Harvest Happenings” event during trick-or-treat in downtown Alton. Two representatives from the Alton Business

Association, Director Christy Painchaud and volunteer Jacob Bemis, fielded questions about logistics, placement and timing. The board voted to provisionally approve the permit, pending upon letters of support from both the police chief and the fire chief.

Marty Cornelissen, a resident representative of the Alton Historical Society, went before the board of selectmen to ask for help in locating a lost item. He brought to their attention a historic curtain that once hung at the West Alton Community Center — a hand embroidered piece made by a famed artist that has gone missing over the years.

“It’s part of the history of West Alton,” Cornelissen said in his plea. “I’d like to see the town try to locate it.”

The board of selectmen committed to aid in the community-wide search for the missing curtain.

The Water Bandstand Committee went before the board to request provisional funding for damage to the cribbing and support to the structure, revealed after water levels dropped in recent weeks. Dionne suggested provisional funding be written into an upcoming warrant article concerning the Water Bandstand Committee. The board unanimously approved a motion to write this in, with LaRoche, who is also a committee member, abstaining.

The Water Bandstand Committee also asked the board of selectmen for advice on strategic planning, funding and formation of a trust.

LaRoche identified that the terms to which committee members were appointed made it difficult to plan future events and maintenance. “As it stands right now, our terms are up in March,” LaRoche said.

Nancy Merrill, a committee member, asked if becoming trustees would be advantageous for the committee. “Would it allow for continuity — for us to make long term plans?” Merrill asked.

Dionne identified several logistical concerns for forming a trust. “I’m happy to write an opinion entailing what steps would be required,” Dionne said. The board passed a motion to conduct some fact-finding for the Water Bandstand Committee and pass along recommendations to the committee through LaRoche.

The selectmen approved the meeting minutes from budget workshops and public meetings for the past two months before allowing for a public input on non-agenda items.

Alton resident Loring Carr asked questions about the funding of the

Water Bandstand Committee. “I thought the funds allocated were for just repairs,” he said. The board of selectmen clarified that town funds were only used for repairs to the bandstand, but that the committee had fundraised to organize the several concerts and events through the summer season. Carr also pleaded with the selectmen to work with the Highway Department to prioritize residential roads when it came time for winter plowing. “I live off of Route 28,” Carr said. “And I’ve found the Bay getting plowed out before my road. We’ve got probably a hundred cars going down my road without it being plowed.”

Carr’s main concern revolved around town properties receiving preferential treatment for snow removal, leaving residential roads in dangerous conditions. “Prioritize the residents’ safety,” Carr pleaded, “and not the Bay.”

Rep. Howard requested the board’s blessing to request the county sheriff’s assistance in combatting the use of rumble strips on state

highways. Howard invoked the New Hampshire State Constitution, citing article II of New Hampshire’s Bill of Rights. “Equality of rights under the law shall not be denied or abridged by this,” Howard said, reading directly from the document. “The County Sheriff is a constitutional sheriff,” Howard added. “He has the authority to intervene with the state if the state is doing something egregious, impeding our constitutional rights.”

Both MacDonald and LaRoche gave their blessing, while others on the board cautioned that the endeavor would likely not lead to any significant changes.

Carr returned before the board one last time to note that the town had failed to upload recent video recordings of selectmen meetings. The most recent one posted to the town website was dated Aug. 19.

The next Alton Board of Selectmen meeting will take place on Oct. 21 at 6 p.m. in the Town Hall.

Masons serving breakfast buffet Sunday

ALTON — On Sunday, Oct. 20, the Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and gravy, scrambled eggs, omelets, bacon and sausage, home fries, beans, pancakes, French toast, coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. So, join in for breakfast between 7:30 and 11 a.m. They hope to see you there, always on the third Sunday of the month. For more information, contact Dave Collier at 875-0816.

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AIMEE TERRAVECHIA

LEFT TO RIGHT, Tamara Blier, Kelly Sullivan, Christy Painchaud, Tanner Brennan, Jamey Balint, Corporal Phillip Hunter, Lieutenant Todd MacDougall, and Detective Adam Painchaud,

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — On Oct. 10, members of the Alton Police Association (APA) and Alton Business Association (ABA) met with a local Prospect Mountain High School (PMHS) graduate to present him with a check of funds raised in his honor.

Tanner Brennan was recently diagnosed with Arteriovenous Malformation (AVM) in the left side of his brain, causing

limited use of his right arm and some difficulty processing information. In the weeks since his diagnosis, the APA and ABA organized and orchestrated a fundraising event, a weekend game featuring the basketball troupe the Harlem Wizards. Proceeds from the event, which saw more than 300 attendees, will help pay for radiation therapy to shrink the AVM and to treat an aneurysm that was found near his AVM. Togeth-

er, both organizations raised \$2,000 for Brennan and his family. School Resource Officer Jamey Balint was joined by other members of the APA to present the check. Director Christy Painchaud of the ABA also showed support during the presentation. The two groups offered words of encouragement, hugs, and handshakes to Brennan and his mother before presenting them with the funds raised.

National Geographic documentary premiere at PMHS Sunday

ALTON — PMHS Student Council is holding a National Geographic documentary premiere on Sunday, Oct. 20, at Prospect Mountain High School. This event will take place from 6 to 10 p.m., and will be a great opportunity for all ages to learn. The documentary focuses on ocean explorer Robert Ballard (known for his 1985 discovery of the Titanic), and his team as they searched for signs of missing aviators Amelia Earhart and Fred Noonan. This educational and fun event will include a learning time, a speech from Andy McLeod (a local member of the team), and the premiere from 8 to 10 p.m. It will be open to the general public with no fee.

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Using tech effectively in New Hampshire schools

BY FRANK EDELBUT
Commissioner – Department of Education

To screen or not to screen? That is the question facing parents and educators across the country. Digital technology has opened up new possibilities in teaching, as well as so many other areas of modern life. But new research finds that too much screen time can hinder a child’s educational development. The key is to find ways to use technology effectively as one part of an overhaul teaching strategy. The challenge is that some techniques may be effective for some students, but ineffective for others.

Recent surveys find that 91 percent of teachers say effective use of technology enables students to be more active and engaged in their learning. Over 92 percent of those teachers agree that technology offers opportunities for students that they might not otherwise have. Teachers note that using technology effectively increases student confidence, allowing them to participate actively in class. Students are more motivated when lessons involve the specific use of technology for specific purposes. Integrating tech into the lesson plan or an accommodation in a student’s Individual Education Plan (IEP) increases student motivation.

For the past several decades, state and federal policy has pushed for more computers in the classroom, providing grants and incentives for new equipment. But are we getting the most of all that hardware and software?

The most important factor in determining whether screen time is helpful or harmful is the context of the use of the screens. Passive screen time is the use of screens for watching videos or television, browsing social media and internet sites, and playing certain games. Conversely, active or creative screen time involves being interactive with screens and devices in order to learn a skill, make music, edit images and photography, or create videos and animations. Using productivity software and applications to code, game, develop, write, or draw requires active thought in interactions with the screen beyond passive observations. There should be balance between control, monitoring, and guidance when using technology effectively, so that learning and achievement are supported in our students.

Deploying digital technology effectively in the classroom requires constant professional development. Teachers have to keep learning themselves in order to meet student needs and employ emerging tools and techniques. Professional development is a priority for the Department of Education, and an area where we work extensively with local schools.

One of the strategies we’ve adopted in New Hampshire to help teachers serve the varying needs of their students is Universal Design for Learning, or UDL. This asks teachers to design lessons for a variety of learning styles in order to engage as many learners as possible. Many of the lessons that are universally designed will use strategies that include digital tools and resources in ways that meet students where they are. New Hampshire’s UDL program is now in its third year, and teachers who’ve been through the training sessions overwhelmingly say that it has improved their ability to reach their students.

On Tuesday, Oct. 15, Apple is holding a pair of workshops at the Portsmouth Harbor Events and Conference Center designed to help teachers make better use of technology. Apple and other tech companies are also hosting preconference workshops as part of the Christa McAuliffe Transforming Teacher Technology Conference in Manchester in December. These events will give teachers hands-on training in how to effectively engage their students with these digital tools. I want to encourage New Hampshire educators to take advantage of these and other opportunities to improve their skills in using technology in the classroom.

Digital technology is always just one piece of the overall education system. School needs to be more than students staring at screens. We want kids running around on playgrounds. We want them learning in the community. We want them learning through interactions with their classmates.

Let’s learn to take advantage of the potential that digital learning offers, and make sure our students’ limited screen time is worthwhile.



GEORGE MURPHY – COURTESY PHOTO

Fall colors

The (trust us) colors of autumn and the colors of Old Glory brighten up Alton Bay on a recent fall day.

Letters to the Editor

K9 program not a charity

To the Editor:
On Oct. 10, the Baysider newspaper ran a front page article about The Alton-Barnstead-New Durham Centennial Rotary Club making donations to local police departments. The article went on to quote Chief Shawn Bernier of the New Durham Police Department as having thoughts on the “appropriateness” of

the financial gift. Chief Bernier was right to be apprehensive. It is wrong for individuals or small organizations with members that are known to the police to be giving donations to police officers, police departments or police programs. Many people in the community will see this donation as purchasing favor with police. It’s wrong for us to

give police officers tips or gratuity of any kind including K-9 programs. Even if the money is washed through a police association, it’s still known who the donors are and it’ll be seen as a way to compromise the judgement of police officers. The article states, Proceeds from the contests are donated to a charity and we picked the K9

corps for this year.” K-9 corps are not charities. If the Rotary Club is actually allowed to donate to municipalities in lieu of charities they should consider the library or parks and recreation. That way it won’t have the appearance of the 22 members purchasing influence.

DAVID BICKFORD
NEW DURHAM

What does it mean to be a good person?

To the Editor:
What does it mean to be a “good person?” Three recent examples clearly define this term. First is the video clip seen on several news shows as school began. It depicted two little ones, probably 4-5 years old, one black and the other white, running toward one another, hugging and squealing in the excitement of seeing each other once again. The next example was a courtroom where an 18-year old young man whose brother was accidentally killed by an off-duty female police officer pleaded with the court to be allowed to hug her, saying he ‘forgives her’ and only

‘wants the best for her,’ suggesting she needs to ‘find Jesus and read the Bible.’ The embrace was genuine and the moment surreal for those in attendance. Later the black female judge found the now sentenced officer and provided her with a Bible and a hug as well. Finally, there is the example of Ellen DeGeneres, who sat next to former President George W. Bush at a recent Green Bay Packers v. Dallas Cowboys football game in Texas. When people “blew up” on Twitter and Facebook saying she was ‘wrong’ to sit there as a liberal, gay woman with a conservative old man’ she

replied: “When I say to ‘be kind’ I mean to everyone. I don’t have to like or agree with that person to be kind to them.” These examples should remind us all that being kind, caring and compassionate are natural human traits that we have allowed to be subverted by louder voices of anger, hatred, unkind, uncompassionate, and uncaring behavior. Why? When we witness the childlike trust and love of two little ones who see no color barrier, just a friend you are glad to see, we are on the side of ‘good.’ When the trauma and tragedy of personal loss can lead to the embrace

of the perpetrator and a wish for their well-being, we are in awe. When a public figure is chastised by unknown but vocal people, yet stands her ground to explain her perspective and share the message we all need to consider - kindness matters - we are reminded of who we are at heart. Surely we need to hear these stories more often and more consistently if we ever expect to recover from the current negative atmosphere and survive as a society. SHARON NORBY
ALTON

Thank you from Mount Major Snowmobile Club

To the Editor:
As the new snowmobile season approaches, the Mt. Major Snowmobile Club would like to thank all the land owners who graciously allow our trails to pass on their land. We remind our members that

this is a privilege, not a right. Please stay on the marked trails. Do not litter. Do not speed. Be considerate as to time of day and with other trail users. We would also like to thank our volunteers and groomers who

work endlessly to keep our trails the best that they can be, to the local businesses who support us, most specifically JP China, who has been our knight in shining armor for many years, and to all our members who, through their member-

ship and support, help us pay our bills and do the trail work. Remember: Ride local - join local. LESLIE RENTEL
MOUNT MAJOR SNOWMOBILE CLUB

Need to protect future generations at local level

To the Editor:
Mindsets are evolving to understand our place in nature as embraced by the indigenous people of the land we occupy. The catastrophic consequences of nature existing as “property” under the law have propelled communities around the world to take action to assert the rights of the natural world. And the outcry of youth in recent months illustrates the imperative that each of us takes action now. The community rights movement has established the rights of nature from Lake Erie to Nottingham’s groundwater to Colombia’s Atrato River to New Zealand’s Whanganui

River. Uganda, Bolivia and Ecuador have national laws establishing the rights of nature. Recently dozens of people were arrested in protest of the environmental degradation caused by emissions from the Bow power plant, demanding that it be shut down. Residents of Bow and the towns downstream and downwind from the coal-burning plant have the power to assert the rights of the natural world that sustains them. Those communities could work with the New Hampshire Community Rights Network (NHCN) to assert the people’s right to clean water, air, and soil and

local self-government. By passing rights-based ordinances that recognize, secure and protect community rights, as a dozen NH towns have done, they could prohibit state-sanctioned harms inflicted upon families and natural environments. Communities facing the Granite Bridge Pipeline and storage facility also have cause for considering rights-based ordinances that challenge the legal system which treats nature as property to be exploited at the expense of the survivability of humans and nature. We need to protect ourselves and future generations at the local level. Attempts to pre-

serve the environment with state regulations that suppress local solutions have only slowed environmental degradation to the point of To solve the problems we face, people need to be able to use their local lawmaking process to determine local standards that build upon state standards and reflect the unique views, values and needs of our human and natural communities. Contact NHCN at info@nhcommunityrights.org and http://www.nhcommunityrights.org/. DIANE ST. GERMAIN
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COURTESY PHOTO

Listening in

The speaker at a recent meeting of the Tri-Town Democrats of Barnstead, Gilmanton, and Alton was Arnie Alpert, of the American Friends Service Committee New Hampshire. Alpert worked for more than 20 years to abolish capital punishment in New Hampshire, harnessing support from religious groups, victims of crime and a wide spectrum of civic leaders. In 2019, legislation finally passed abolishing the state death penalty. Although Governor Sununu vetoed the legislation, his veto was overridden in the NH House and the NH Senate. Pictured (l to r), Judy Wagner, Carolyn Jones, Alpert and Ruth Larson.

Alton joins class action lawsuit against drug companies

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — The Alton Board of Selectmen choose to opt-in to a class action suit against drug manufacturers identified as culprits of the country’s opioid epidemic. The decision comes less than a month after Purdue Pharma, the maker of OxyContin, entered a settlement deal with over 2,000 local governments across 23 states. The decision to join the suit was made at the Oct. 7 board of selectmen meeting after reviewing advice from the town’s legal counsel.

An Ohio Judge – U.S. District Judge Dan Polster — ruled in mid-September that thousands more cities and towns could be included in future suits to hold drug companies accountable.

As details are hammered out of Purdue Pharma’s initial settlement, thousands more local governments gear up for a second class-action suit to hold the other drug companies culpable for the fallout of the opioid epidemic. This suit identifies 13 defendants, including Purdue, Dephalon, Endo, Mallinckrodt, Actavis, Janssen, McKesson, Cardinal, AmerisourceBergen, CVS, Rite-Aid, Walgreens, and Wal-Mart for their part in the sale and distribution of opioids.

The first suit to come against drug manufacturers came to a head in mid-September when Purdue Pharma announced a tentative settlement with communities, amounting to \$10 million in funds to be

shared across the 2,000 local governments. In addition to the funds, Purdue Pharma would be forced to file for bankruptcy and give up their pharmaceutical holdings.

Ohio Attorney General, Dave Yost, spoke to NPR about the implications of this tentative settlement.

“The people who were front and center in causing this epidemic, in my view, won’t be able to go out and repeat their playbook in Asia, South America or Africa,” Yost said.

The funds for recovery and treatment programs would be taken, partially, from a trust made up of revenue from future OxyContin sales.

The preliminary settlement was rejected by New Hampshire’s Attorney General’s office who criticize the lack of resources needed to repair the damage done throughout the Granite State. To the deal’s critics, the \$10 million settlement is a fraction of the funds that the Sackler Family—owners of Purdue Pharma, amassed as the company increased its sales of OxyContin. The family’s wealth was estimated by Forbes to be around \$13 billion.

James Boffetti with the New Hampshire AG’s office spoke to NHPR in September about the state’s stance.

“It is simply a bad deal for New Hampshire, and I think we need to hold out for a better deal,” Boffetti told NHPR. “We want to continue to fight to basically reveal what

this company has done and what their executives have done—to shut down that company, and make them pay what they owe to our communities.”

As details surrounding the initial settlement with Purdue Pharma are hammered out in courts in Ohio, Alton added its name to a growing list to the second class-action suit, which includes 49 counties and cities. The suit will be represented by jointly by six lawyers - Jayne Conroy, Christopher A. Seeger, Gerard Stranch, Louise Renne, Mark Flessner and Zachary Carter.

Alton’s involvement in the suit would allow them to pursue claims grounded in both RICO (Racketeer Influence and Corrupt Organizations Act) and CSA (Controlled Substances Act) against the 13 defendants. If a settlement is reached, Alton would be able to cast its vote for or against the terms, which would require 75 percent approval from the 49 entities. Other cities and towns have until Nov. 22, to decide to opt-out of the suit.

The selectmen discussed advice from the town’s legal counsel and raised concerns about cost and implications for Alton. After determining that the suit came with no costs to the taxpayers of Alton, the board voted unanimously to not opt-out of the class action suit. News and information regarding the suit can be found at www.OpioidsNegotiationClass.info.

Hazardous waste collection Saturday in Wolfeboro

WOLFEBORO — The last hazardous waste collection of the year is Saturday, Oct. 19, from 8:30 a.m. to noon at the Lakes Region Household Hazardous Product Facility (LRHHPF), 404 Beach Pond Road, Wolfeboro.

Please plan to attend with all products you wish to dispose of in 2019. The next opportunity to safely and appropriately dispose of toxic products will be the third Saturday of May 2020.

Member towns of Alton and Wolfeboro may attend the collection with a free LRHHPF pass obtained prior

to the collection at the transfer stations in their town. Please note, the numbered business card pass is different from a town’s dump sticker.

Colored tri-fold flyers are available at the solid waste facilities providing a comprehensive list of products commonly found in the garage, garden shed, under the sink, or from the pool area. Old boat or lawnmower gas can be poured off with the tanks returned. Latex paint is not acceptable as it is not a flammable hazardous waste. For speedy removal from your vehicle, and to keep

your car tidy, please bring items in their original containers placed securely in a cardboard box.

Any household from non-member communities may attend on a cash basis. For every zero to five-gallon increment, the cost is payable by cash or check. The HHW waste hauler counts containers by size, not by the ounces remaining inside, to determine the five-gallon increment.

Please call the site coordinator with any questions at 651-7530.

Bat program at Gilman Library on Oct. 24

ALTON — Please join in at the Gilman Library for an afternoon with Jerry Schneider’s bat program. This event is scheduled for Oct. 24 at 3:30 p.m., on the lower level, in the Agnes Thompson Meeting Room.

Schneider, the creator of the award-winning Butterfly Game, presented the butterfly program at the Gilman Library three years ago. He has offered nature programs in schools and libraries for the past 12 years, throughout the Northeast, the Midwest and the Atlantic Seaboard. The Butterfly Game received a National Parenting Publica-

tions Award in 2004.

Schneider has brought the wonderful world of bats to audiences since 2003, using the wonderful slide photographs by Merlin D. Tuttle, former president of Bat Conservation International. This program features the echolocation calls of bats.

What is echolocation? How loud is it? Why can’t people hear bats when they are echo-locating? The bat program introduces audiences to local and tropical bats, the Vampire Bat, and many more of the only flying mammals. Via slides and taped bat calls, audiences move beyond old stereotypes, to under-

stand the vital roles of bats in the environment.

Attendees will see slide photos of the Big Brown Bat, the Silver-Haired Bat, and the Desert Red Bat. Eyes will light up at such phenomenal creatures as Townsend’s Big-Eared Bat and the Pallid Bat. A t-shirt craft will follow the slide show. Children may purchase a heavy white tee shirt for \$4 or bring their own.

Schneider is a former teacher and children’s librarian. He has two grown children and lives with his wife and dog, Zoe, in the Northeast Kingdom of Vermont.

Locke Lake board meeting is tonight

BARNSTEAD — The next Locke Lake Colony Association public board of directors meeting will be held on Thursday, Oct. 17, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.

Town of New Durham Supervisors of the Checklist

Correction to voters' checklist
Last time registered voters may change their party affiliation prior to the Presidential Primary.
October 25, 2019 7:00 - 7:30 p.m.
New Durham Town Hall
New Voters may continue to register until election day

Supervisors of the Checklist
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PUBLIC NOTICE TOWN OF ALTON

Supervisors of the Checklist will be in session at the Alton Town Hall in the William Heidke Room on Friday, October 25, 2019 from 7-7:30 p.m. This is the LAST day to change party affiliation before the Presidential Primary Election.

Alton Supervisors of the Checklist
Sharon Kierstead
K. Ruth Larson
Raymond Johnson

Barnstead Legion open house is Saturday

BARNSTEAD — The Earl B. Clark American Legion Post 42 and Auxiliary Unit 42 invite all military veterans and their families who reside in Barnstead to an open house on Saturday, Oct. 19, from 2 to 5 p.m., rain or shine. Veterans and their family will be treated free of charge to a pig roast barbeque with all the fixings. President Trump recently signed into law that all veterans who served a minimum of one day on active duty on or after Dec. 7, 1941 and received an Honorable Discharge are now eligible to join the American Legion. This is a great opportunity to learn more about the American Legion and meet Barnstead veterans from all branches of service who have served their country over the past 75 years.

The Earl B. Clark Post 42 is located at 1078 Beauty Hill Road and meets the first Tuesday of every month except during the months of January and February. It is strongly encouraged that those veterans who wish to attend RSVP on or before Monday, Oct. 7, to ensure they have plenty of food on hand. To RSVP, please e-mail the post at alearl.b.clarkpost42@gmail.com or call Commander Kris Furtney at 969-8408.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

| Town | Address | Type | Price | Seller | Buyer |
|------------|------------------------|-------------------------|-----------|-----------------------------------|--|
| Alton | 40 Barbara Dr. | Single-Family Residence | \$201,000 | James A. and Maureen P. Holt | Eugene J. and Mary A. O'Brien |
| Alton | 128 Hamond Rd. | N/A | \$248,000 | Cartus Financial Corp. | Sarah A. Morrill |
| Alton | 182 Rattlesnake Island | Single-Family Residence | \$380,000 | Martin J. and Penelope J. Higgins | Proulx North Investments LLC |
| Alton | 182 Rattlesnake Island | Single-Family Residence | \$110,000 | Martin J. and Penelope Higgins | Daniel and Jacqueline Taylor |
| Alton | 13 Spring St. | Single-Family Residence | \$173,266 | Eleanor Seigneur | Michael W. and Cynthia Swanson |
| Alton | N/A (Lot 7) | N/A | \$248,000 | Keith D. and Melissa A. Watson | Cartus Financial Corp. |
| Barnstead | 15 Belmont Dr. | Single-Family Residence | \$287,000 | David J. Corbett RET | Monica M. Flynn |
| Barnstead | 47 Crescent Dr. | Single-Family Residence | \$167,000 | Gardner RET | Jason Selling |
| Barnstead | 29 Emerson Dr. | Single-Family Residence | \$191,400 | Peter and Cheryl Bates | Kelly and Christopher Greeley |
| Barnstead | 31 New Rd. | Mobile Home | \$180,000 | Richard I. Frost | Kristi A. and Andrew E. Button |
| Barnstead | 41 Varney Rd. | Single-Family Residence | \$168,000 | Seth Gendron | Danielle C. Bishop |
| Barnstead | 436 White Oak Rd. | Single-Family Residence | \$70,000 | Joseph E. Fielding | Michele L. and Danny R. Boisvert |
| Barnstead | N/A (Lot 14) | N/A | \$30,000 | Craig L. Westlake | John S. Artesi |
| Barnstead | N/A (Lot 15a) | N/A | \$340,000 | Dobrov Family 304 LLC | Frederick C. and Patricia Wendt |
| Barnstead | N/A | N/A | \$350,000 | George E. and Janet A. Ouellette | Ronalda and Patricia Buckley |
| New Durham | Brienne Road | N/A | \$247,800 | Denis Martins | Lynn A. Garcia and Daniel Barufaldi |
| New Durham | 42 Quaker Rd. | Single-Family Residence | \$256,933 | Harrison W. Deamon | Hannah R. Barrett and Jeremy M. Bailey |

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Senior lunch in New Durham Saturday

NEW DURHAM — The first fall senior citizen lunch will be held in the New Durham Fire Station Community Room on Saturday, Oct. 19, at noon. Please mark your calendars. Ham dinner and dessert will be served. Coffee, tea and water will be available. This free meal

is for those age 60 and over who live in New Durham and will happen once monthly during the colder months (future lunches will be Saturdays, Nov. 23, Jan. 18, Feb. 15 and March 21). Donations will be accepted but are not expected. Please get your friends and family together to

come enjoy a meal together. Please RSVP to New Durham Town Clerk Stephanie MacKenzie at 859-2091 ext. 1, so they know how much food to prepare. They are looking forward to seeing you on Saturday, Oct. 19.

italian dinner to benefit Boodey Farmstead Committee

NEW DURHAM — The Zechariah Boodey Farmstead Committee invites the community to a classic Italian lasagna dinner on Saturday, Oct. 19, beginning at 5 p.m. at the Community Room located behind the New Durham Fire Station on Main Street, as a fundraiser.

Committee member Tatiana Cicuto has offered to prepare her sumptuous classic Italian meat lasagna, using a family recipe.

Guests may purchase tickets at the door. Raffle will be available.

By supporting this fundraiser for The Zechariah Boodey Farmstead Committee's 2019 Italian dinner all proceeds will be applied to the next phase of the Zechariah Boodey Farmstead project.

The mission of the committee is to preserve and reconstruct the Zechariah Boodey Farmstead, to interpret this historical property and

its artifacts, increase public awareness, and an appreciation of New Durham's heritage. This building will provide, to a larger variety of people, a location for educational, social and civic events.

The committee is looking forward to sharing the progress achieved to date for this project. Please call Catherine Orlowicz for more information about the project or dinner, at 859-4643.

Workshop on pet health on Nov. 2

NEW DURHAM — Ever wonder why your pet is on medicine but isn't improving? How did the illness happen to begin with? What can you do to help heal your little friend?

The New Durham Public Library is hosting a workshop on Saturday, Nov. 2, from 10:30 a.m. to 12:30 p.m. with Michele Lowry, who says there is a time and a place for both conventional and alternative medicine.

Holistic Options for

Animals will explore different avenues available for animals' health and wellness.

Participants at this free event will learn about reiki, acupuncture, energy work, communication, nutritional choices, supplements, emergency care, integrative medicine and how to be your animal's best advocate.

"We'll talk about the many options available from holistic veterinary care to holistic practi-

tioners, as well as various alternative modalities and how they work," Lowry said.

The root cause of illness, toxicity in the body, and the emotional component to healing your pet will also be covered.

This is a question and answer workshop.

The library loves animals, but the event is for pet owners only. Call the library at 859-2201 for more information. Registration is not required.

Legion hosting Halloween party Oct. 27

ALTON — On Sunday, Oct. 27, from 1 to 4 p.m., the American Legion Post 72 in Alton will be hosting their annual children's Hallow-

een party. There will be treats, games etc. It is free but they ask that if you can afford it to make a donation to the food pantry, there will

be a box at the entrance to the hall. Donations are optional. Bring your little ones and have a ghoulish time.

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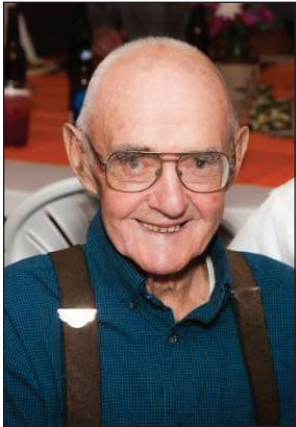
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OBITUARIES

James A. Wilson
Korean War veteran

NORTHWOOD — James A. Wilson passed away Oct. 7 after a period of declining health. Born in Northwood in 1929, Jim just celebrated his 90th b-day. The son of Walter and Violet (Smith) Wilson, he lived in Northwood his entire life on the family farm. Between the cows and doing wood, he was always busy. Dad was definitely a jack of all trades but a master of none. He served in the Korean War in the Artillery division for two years, where he received three Bronze Service Stars and a United Nations service Medal. He worked at Beacon Grain in Dover before starting at the UNH where he retired in 1990 after 27 years. After retirement, he worked part-time for the town of Northwood where he met and shared many stories



with townspeople. He is predeceased by his parents, his wife Evelyn (Chase) and recently, his sister Eleanor (Wilson) Belyea. He leaves behind two sons, James and wife Sandy Wilson, Norman Wilson and a daughter, Nancy Tasker of Pittsfield, four grandchildren Lance and his wife Becca Tasker and Joseph Tasker and Michelle and Michael Wilson, a great grand-

daughter Brianna of Connecticut and many nieces and nephews and his best fur friend “Stubby.” Dad will be missed by many but we can find comfort in knowing he’s with family and friends. Visiting hours were Friday, Oct. 11, at Purdy Memorial Chapel, 2 Concord Road in Lee with services immediately following, graveside services at Pine Grove Cemetery in Northwood. A very special thank you to the staff at Epsom Healthcare for their support and genuine care of our dad. In lieu of flowers, donations may be made to Live and Let Live Farm of Chichester or Concord CRVNA. To sign an online guest book, visit www.purdyfuneralservice.com.

Walker Bruce Brown
Enjoyed fishing and gardening

WOLFEBORO — Walker Bruce Brown, 73 passed away Oct. 8 at his home in Wolfeboro. He was the beloved husband of 50 years to Christine. Born April 7, 1946 in Flushing, N.Y., son of the late Lincoln John and Margareth (Lust) Brown. He has lived in Wolfeboro since 1995, moving here from Watermill, N.Y. Bruce graduated from the Institute of Art and Design in Brooklyn, N.Y. and worked as an architectural draftsman for Alpine store equipment. He was also self-employed, owning Christian Walker Cabinetry and Designs for 13 years where he designed and built kitchens and bathrooms. From 1996

until his retirement in 2018, he worked for Bald Peak Colony Club as a building maintenance manager and doing wood working as well. He enjoyed fishing, fly tying, woodworking and gardening. He will be remembered as a devout husband, loving father and grandfather. Pre-deceased by his parents, and a brother, Lincoln John Brown, he leaves his wife, Christine (Brondi) Brown of Wolfeboro; a son, Christian Walker Brown of Wolfeboro; two daughters, Gretchen and her husband William Caruso of Belmont and Vivian Brown of Wolfeboro; a brother, Hugh Robert Brown of N.Y., a grandson. Nicholas Christian

Caruso and three nephews, Brandon, Christopher and Lincoln Brown and many cousins. Visitation was Friday, Oct. 11, at the Baker-Gagne Funeral Home, 85 Mill St., Wolfeboro. Services were Saturday Oct. 12, at the First Congregational Church, 115 South Main St., Wolfeboro followed by burial at Lakeview Cemetery in Wolfeboro. The Baker-Gagne Funeral Homes and Cremation Service is assisting the family with the arrangements. Please share your condolences, messages, stories and sign an online guest book at www.baker-gagnefuneralhomes.com.

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Church fair is Nov. 2 in
Barnstead

BARNSTEAD — The annual Pumpkin and Pine Church Fair will be held on Nov. 2 at the Congregational Church of North Barnstead on North Barnstead Road, Center Barnstead. Please join in for the old fashioned church fair, wonderful cafe, pies and other baked goods, Silent auction and wonderful treasures from near and far will also be available. A lovely wall hanging was made by Helen Fitzgerald and will be in the silent auction. Some other items include furniture, gift cards, a handmade quilt and a Christmas tree skirt. You will find jewelry, children’s items, household goods, handmade items and collectibles, Christmas decor, items from Ghana, Africa including items made from their beautiful batik fabric and jewelry as well Cabot Farm cheese from Vermont. The fair is held from 9 a.m. to 2 p.m. and the half price hour (of most items) is at 1 p.m. The auction winners will be announced at 2 p.m. The fair, held annually, raises funds to assist many ministries both here in NH and globally. They accept cash, checks and credit/debit cards.

MARK ON THE MARKETS
Assets or income



BY MARK PATTERSON
Contributing Writer
Lately, it seems as though many new clients that I meet with have the same worries. That worry is that they do not have enough money to retire when they want, and that their lifestyle will entail quite a bit less than what they have now. Eating cat food and living in a tar-paper shack are some of the more colorful descriptions of their feared retirement lifestyle.

Most people believe that they need millions of dollars in retirement, and that could be true if you were a high earner that lived above their means, but for the average person, getting by on a bit less is obtainable. I have heard clients say that they had always heard they need 1.2 million or some other arbitrary number and this is in part a scare tactic brought on by the financial media and investment or mutual fund

companies. There is so much more to determining what kind of assets we need to gather during our working years or the accumulation phase of our lives. The distribution of those assets happens when we determine that we can retire in part or completely. The first step is to calculate a reasonable budget that includes things that we enjoy but often “forget” to include. For instance, a new client added \$200 per month for wine. She likes nice wines and that is what it cost. She was being realistic with an item that carries a real expense but many of us would not list that as a budgeted item because we may think it is frivolous. During our working years or accumulation years, we save or invest. But during these distribution years we no longer need to add this deferred or invested money to our budget, now we will start to distribute this money as income in retirement. Sustainability of these assets for our lifetime must be considered, so let us mitigate market risk and maximize income with a quality fixed income portfolio of investment grade bonds or even consider a fixed

indexed annuity, with guaranteed income, for a small portion of your portfolio. We must look at Social Security and determine a strategy of when to take this entitlement. Many are paying high premiums for health insurance. Once retired, we should see a large reduction in premium when we go onto Medicare. When we calculate a realistic honest budget and determine money that will be saved or reduced in retirement, then is the time to make sure that we are working with a firm that works for you. It is disheartening to review a portfolio and find that the “advisor” has loaded the account with high commissions and relationship fees that reduce the cash-flow to the client. My objective is to provide a sustainable adequate income, manage remaining assets that can still grow but do not affect my client’s lifestyle if the markets implode like 2008. Provide a death benefit or legacy if needed. Provide some form of long-term care, if there are remaining dollars over and above what it takes to live. The first step is to sit down and discuss with a good planner and get the ball rolling, it is never too soon.

Mark Patterson is a planner and asset manager with MHP Asset Management. Mark can be reached at 447-1979 or Mark@mhp-asset.com

Sunday, October 27, 5:30-7 p.m.

St. Katharine Drexel Parking Lot

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- Bring your friends!
- Come in costume and **Trunk or Treat**
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Hallowe’en began as a Christian holiday—a “holy day”—called “All Hallow’s Eve,” meaning the evening before All Saints’ Day. Children dressed up as their favorite saints and went door-to-door for treats.

Today children can dress up and receive treats at a fun, safe, community event. Children, friends, and families can come in costume. Families and friends can decorate their cars’ trunks and give out wrapped treats.

To host a car “TRUNK” full of treats, contact the parish office at 603-875-2548 or email Gertrude Hammond at gertrude.hammond@stkdxel.org.

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Alton Central School students cleaning up the community

ALTON — The Alton Central School dive class is at again as they work on cleaning up the community. By using the Litterati app, students are collecting and documenting their progress. Litterati puts a geotag and timestamp on all litter that is gathered. Check the Litterati web site for more information. The class aspires to have 100 members join the ACS Dive Club via the app. Please download the Litterati app and help the class reach their goal of removing 5,000 pieces of litter by June. Their first cleanup of this school year took place on Sunday, Sept. 29. Students gathered more than 500 pieces of litter in a two-hour time span on Stockbridge Corner Road. A community member thanked the students and offered to take the trash to dump. The class recently raffled off a PikStik grabbing tool to raise funds to purchase more tools for ACS students to borrow. Congratulations to Ruby Hawkins on winning the raffle. And a special thank you to Aubuchon Hardware for donating the PikStik. With the funds raised from the raffle, the dive class was able to purchase three more PikStiks for students to borrow. For more information about Litterati, please contact Derek Pappaceno at dpappaceno@sau72.org.



COURTESY PHOTOS

ALTON CENTRAL SCHOOL'S dive class recently picked up litter around the Alton community.

Oct. 25 the last day to change party registration before primary

REGION — Oct. 25 is the last day for New Hampshire voters who are currently registered in their town or city ward to change their party affiliation before the upcoming Presidential Primary. Voters who are registered as Republicans or Democrats will be “locked in” as members of those parties after Oct. 25 and can only receive the ballot of their party registration at the Primary Election. Voters who are registered as undeclared have the option of declaring a party on the day of the Primary Election, voting on the ballot of that party, and then can choose to return to undeclared status after voting.

State law requires the supervisors of the checklist hold a session for the correction of the checklist for the purpose of changes to party registration on the Friday before the filing period opens for the Presidential Primary. All sessions must occur between the hours of 7 and 7:30 p.m. Voters can make changes to their voter registration form with the city or town clerk any time prior to Oct. 25. Voters can also show up in person at the session for the correction of the checklist. Check with the city or town clerk or supervisors of the checklist for the location of these sessions.

Voters can look up their current party affiliation by visiting the Secretary of State web site at sos.nh.gov or by choosing the following link: <http://sos.nh.gov/VoteInforLook.aspx>. Voters can also contact their city or town clerk for voter registration information.



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Meet the prince and the princess

Once Upon a Mattress opens on Nov. 1 at Village Players Theater



COURTESY PHOTO
Max Gehring plays Prince Dauntless in *Once Upon a Mattress*, opening on Nov. 1 at the Village Players Theater.

WOLFEBORO — Once Upon a Mattress, the fall musical at the Village Players Theater, marks the Village Players debut for one of the main characters while another is a familiar face, but is embarking on her first major role in a musical. Emily Marsh and Max Gehring have both been working hard at learning the nuances of their characters. Marsh plays Princess Winnifred, a role that gave Carol Burnett her Broadway debut. That fact is not taken lightly by the Village Players veteran, who is excited for her first major musi-

cal role. “I feel like I have permission to really play it up,” she said, referencing the fact that Burnett created the character in such a way. “She’s a princess who’s not really a princess, the character has infinite options.” Marsh notes that Winnifred is the kind of character who audiences will sympathize with and feel for throughout the show. Gehring plays Prince Dauntless, the hapless son of King Sextimus the Silent and Queen Aggravain. As the story goes, nobody in the kingdom can get married until

Dauntless finds a wife and Aggravain is making things difficult for any potential suitors. “I really dig his character, he’s kind of a fop” said Gehring, who is making his Village Players debut in *Once Upon a Mattress*. “I like his progression, his change over the course of the play. Both actors have embraced the challenges of playing their characters. “It’s been quite a challenge for me,” Gehring said. “I’ve never had a part quite like this before. “But I think it’s a lot of fun,” he added. “I love doing comedy, I like putting myself out there on stage with this kind of character,” Marsh said. “And I’m bringing my love of that to Winnifred. For Gehring, one of the biggest challenges has been the music, which he said is unusual, but his hard work has him gaining confidence as the rehearsal process goes on. For Marsh, this role is something she’s longed to do and she couldn’t be more excited for Village Players audiences to see one of her favorite theater characters. “I’ve loved this role ever since middle school when I first saw this play and fell in love with this character,” she said. “I’ve been listening to this music ever since.” The show also stars Village Players veterans Bob Tuttle, Phoebe VanScoy-Giessler, Jonathan Babon, Christian



COURTESY PHOTO
Emily Marsh (center) portrays Princess Winnifred in *Once Upon a Mattress*, opening at the Village Players Theater on Nov. 1.

Boudman, Corky Mork, Paul Stewart and Joyce Wood along with newer familiar faces Andrew Long, Kimmi Adjutant, Jordan Canney and Beth Marsh and the Village Players debut for Samantha Gagne, Lizzy Fogg, Anna Jortikka and Madeline Adams. Once Upon a Mattress opens on Nov. 1 and continues with shows on

Nov. 2, Nov. 3, Nov. 8, Nov. 9 and Nov. 10. The Friday and Saturday shows are at 7:30 p.m. and the Sunday shows are at 2 p.m. Veteran Village Players director Kathleen Hill helps the show with assistance from Chelsea Stewart. Joshua Spaulding is the producer, Julie Carbone is the music director and Gwen Dudley

is the choreographer. Tickets are available at Black’s Paper and Gifts in downtown Wolfeboro or by visiting village-players.com. The Village Players Theater is located at 51 Glendon St. in downtown Wolfeboro. Once Upon a Mattress is sponsored in part by Dr. Richard J. Neal, DMD.

Choose Love Movement presentation at PMHS Nov. 6

ALTON — The Jesse Lewis Choose Love Movement is a social and emotional learning program that teaches educators and their students how to choose love in any circumstance and helps them become connected, resilient and empowered individuals. Come join Scarlett Lewis, the mom of Jesse Lewis, who was killed in his first grade classroom at Sandy Hook Elementary School in Newtown, Conn. in December 2012. Using her son’s example of courage, Scarlett Lewis decided to become part of the solution to the violence today and started a worldwide movement to choose love. She started the Jesse Lewis Choose Love Movement to foster the understanding that with the right tools, people can educate and encourage individuals to choose loving thoughts over angry thoughts. Scarlett Lewis will be at Prospect Mountain High School’s auditorium on Nov. 6 with pizza and drinks provided by End 68 Hours of Hunger of Barnstead at 6 p.m. and the presentation starting at 6:30 p.m. For more information, visit jesselewischooselove.org.



COURTESY PHOTO

Taking it outdoors

Alton Central School first graders spent a day at the Massabesic Audubon Center in Auburn. Students got to pretend to be different animals like squirrels and birds. They learned that animals either hibernate, are active, or migrate as the winter months approach. They loved exploring the forest, spreading milkweed seeds, and beating out the rainy weather.



OHRV safety class is Nov. 9 in Pittsfield

PITTSFIELD — The Suncook Valley Sno-Riders will be holding their annual safety class on Saturday, Nov. 9, at the Pittsfield Community Center, Pittsfield, Broadway Street entrance. Class time is from 8 a.m. to 3 p.m. but please arrive between 7:30 and 8 a.m. to sign in. A parent needs to sign the child in and are encouraged to attend if they wish to do so. Students must be 12 years old by the end of the riding season. Lunch will be provided. Please contact Joe Hough at 269-2270 or skidoo_boy@yahoo.com to sign up and reserve a spot.

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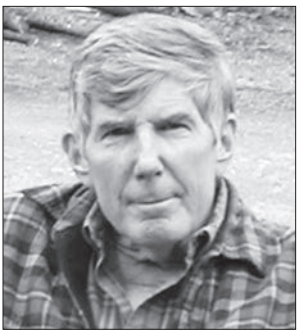
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To a moose, there’s no difference between an 18-wheeler and a wolf



By JOHN HARRIGAN
COLUMNIST

Small town and rural America get a ton of visitors when the leaves begin turning into a riot of color, which always makes me wonder about the riot police. There are the inevitable questions about indoor plumbing. A visitor asked me the other day if “you have cell phones up here,” and whether we have any problems with drugs. Out came the standard reply, which is that we have all the creature comforts perceived as necessities, and all of the problems that seem to go with them.

The crime rate is low in rural America because people who do bad things are more likely to get caught, and they know it. One big difference is that there are no crowds for miscreants to melt into, no subway system, for instance, where bad guys can hide from scrutiny. In small town and rural U.S.A., everybody knows everyone else, and what kind of vehicle they drive, and when. If I were a criminal, the last place I’d ever pick to hide is right here.

That night, the news featured a clip on a story about a wanted person (you know, post office wall) who was caught because someone spotted a vehicle where “it didn’t belong,” meaning date, make, and time of day. Try to hide in places where people memorize other people’s vehicles? Sure.

+++++

Last week the news featured a moose that had fallen into an empty swimming pool in Bedford, a town just across the river from Manchester. The animal, aided by

Fish and Game officers who kept the inevitable crowd away, eventually figured out how to pull itself out by using its folded front legs to pull itself out. “Stupid” moose indeed.

Moose get called “stupid” because they sometimes just stand there looking at the headlights while an 18-wheeler piles right on in. This is because Mother Nature programs moose to resist the impulse to run from their most likely danger, wolves. The animal is doing exactly what its instincts demand, which is to face whatever danger appears.

+++++

Data comparisons, annual reports and columns of figures are the last thing many readers want to see, I think, having been besieged by this stuff day in and day out. People would rather watch an info-ad on how to build a beach bungalow on Bimini.

However, once in a while I bump into some data well-gathered and well-presented on a subject pretty close to home-wildlife. My “commute,” after all, is often like something out of “Lion Country Safari.” Because most science-oriented people tend to be lousy writers (and most writers probably make lousy scientists), a good deal of wildlife news and scientific breakthroughs show up in “news releases” that are duller than dishwater.

However, I really hit statistical paydirt in a paper with the unlikely title, “Numbers of human fatalities, injuries, and illnesses in the United States due to wildlife,” by Michael R. Conover, of the Jack H. Berryman Institute and Department of Wildland Resources at Utah State University, Logan, Utah.

Just the preamble to Mr. Conover’s paper was daunting. “Over 47,000 people annually in the United States sought medical attention after being attacked or bitten by wildlife, and approximately eight people died annually. Most bites were by snakes, birds,



949WHOM.COM — COURTESY PHOTO

THIS IS no place for a moose. Nothing in the natural world would prepare a moose for getting trapped in a swimming pool, but it happened in Bedford. The moose figured out how to get out on its own, thank you very much.

rodents, and raccoons. Each year, wildlife-vehicle collisions resulted in >59,000 human injuries and >440 human fatalities, while wildlife-aircraft collisions added 16 more injuries and 10 fatalities. I also found that >68,000 people each year sought medical assistance for a zoonotic (infectious) disease, and 243 of these cases were fatal. When wildlife-related casualties and fatalities are summed, >174,000 people were injured or sickened and >700 were killed by wildlife annually.”

Mr. Conover hastens to say that all this is not to suggest that wildlife populations should be reduced. Instead, he says, the figures demonstrate a great opportunity to serve humanity by advocating for prevention, or as is said in lawyer-speak, “risk management.” The author sees that same strategy as beneficial for wildlife. The reader is left wondering if there is any way to think about this without getting the Mother of all Headaches.

+++++

I have a morbid fascination with snakebites, and Mr. Conover apparently shares this,

because there is plenty here on snakes and their interaction with humans, a combination which results, fairly often, of course, in snake bites.

From 6,000 to 8,000 people are bitten by venomous snakes each year in the U.S., of which an average of six people die. The American Association of Poison Control Centers reports getting an average of 6,803 snakebite reports per year, but more intriguing to me, another 1,050 bites from “other reptiles.” This is way more information than I want.

In a great display of all-American coolness while under attack by slithering reptiles, 2,409 people actually identified the snake that bit them. Of these, 1,193 people were bitten by rattlesnakes (Viperidae), 869 by copperheads (Agkistrodon contortrix), 173 by cottonmouths (Agkistrodon piscivorus), and 82 by coral snakes.

In a data submission having nothing to do with Mr. Conover’s report but which came in, suspiciously, on April 1 this past spring, a control group of 2,510 adults admitted, after administration of sodium pentothal, that every single

time they were confronted by a rattlesnake, a copperhead, a cottonmouth, or a coral snake, they had wet their pants and run away.

Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.

The Raven screens at Village Players Saturday

WOLFEBORO — Celebrate Halloween a little early this year with the Village Players movie series.

The monthly movie series, which brings classic films to the theater’s big screen, will have a special screening of the 1963 horror classic, *The Raven* on Saturday, Oct. 19, at 7:30 p.m.

The magician Dr. Erasmus Craven (horror master Vincent Price), who does not belong to the brotherhood of magicians, grieves the loss of his beloved wife Lenore (Hazel Court) and lives in a castle with his daughter Estelle (Olive Sturgess). One day, a raven knocks on his window and Dr. Craven learns that the bird is actually the magician Dr. Adolphus Bedlo (Peter Lorre) that was turned into a raven after challenging the powerful magician Dr. Scarabus (horror legend Boris Karloff) that was an enemy of his father. Dr. Craven makes a potion to turn Dr. Bedlo back to the human form and Dr. Bedlo tells that he has seen Lenore in the castle of Dr. Scarabus. Dr. Craven decides to go in his coach with Dr. Bedlo to visit Dr. Scarabus but Estelle and Dr. Bedlo’s son Rexford (Jack Nicholson) decide to go with them. They find an amicable Dr. Scarabus that invite them to stay for the night. Was Dr. Craven’s father wrong about Dr. Scarabus?

This tongue in cheek movie was inspired by the famous poem by Edgar Allen Poe.

The Village Players movie series take place one weekend a month throughout the year in the Village Players Theater, located at 51 Glendon St. in Concord. The admission to the movies remains the same low price and movie snacks and water are available for sale.

The Raven will screen just one night, Saturday, Oct. 19, with a 7:30 p.m. start time.

Children’s Center 45th anniversary a success

WOLFEBORO — The Board of Directors and Trustees hosted a 45th anniversary dinner on the evening of Thursday, Sept. 12, to commemorate The Children’s Center of Wolfeboro and its decades of commitment to the community and its children through comprehensive childcare services. The event was attended by almost 100 Center supporters and a goal of raising \$45,000 for 45 years was exceeded.

The three-hour celebration at The Barn at The Inn on Main in Wolfeboro was kicked off with hors d’oeuvres and cocktails where recipients mingled and earnestly spoke of their relationships with the Center. Byron Martin, master of ceremonies, welcomed and invited everyone to be seated for dinner while he introduced the upcoming guest speakers for the evening. Linda T. Murray, a longtime supporter, board member and advocate of the Center, was honored by Nancy Black, current board chair, who presented her with a sign that read “The Linda T. Murray Playground, Dedicated September 2019.” This new sign will be posted at the back entrance of the playground later this month.

An informative presentation and heartfelt talk were given by keynote speaker Teri Ann Cox, Executive Director of The Children’s Center. “Our sense of purpose at The Children’s Center was made possible 45 years ago by the foresight of Edie DesMarais and our founders who were instrumental in the Center’s establishment and evolution. Their vision, work and devotion gave us a place where families and their children can return to and relive moments that define who they have become. In the year ahead, as we celebrate our 45th anniversary, we will continue to create the caring and nurturing environment where children can grow, play and experience moments -- moments of love and learning that will be part of lifetime memories we can look back on.”

Three profound testimonials were then delivered attributing firsthand experience with the Center and what the organization means to the community. First up was Tod O’Dowd, local fourth generation business owner, who was a part of the first class of children to attend The Children’s Center in 1974. Next was Sarah Veld, a local grandmother who discovered endless amounts of support at the Center as she raises her grandson. To cap the evening off, nine-year-old Jacob Pinard, lifelong attendee, gave a speech. He proudly told of his accomplishments at the Center both in the classroom making friends and outside on the playground where he successfully reached his personal goal of crossing the “big kid” structure a record of over a thousand times.

This year is the 45th anniversary of the opening of The Children’s Center, which has been serving the needs of children from ages six weeks to 12 years old since 1974. Its mission is to enhance the well-being of families and the community by meeting the needs of children through comprehensive, affordable, high quality child and family services, and to collaborate with other agencies serving these needs. By working to provide each child and every family with the resources they need to thrive, The Children’s Center remains a pillar in the community for past, present, and future generations.

To learn more about The Children’s Center or how to support them in their pursuit to provide childcare services to the local community, visit The Center’s web site at thechildrenscenternh.org or call the office at 569-1027.

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TECH

(continued from Page A1)

getting paid,” Monaco said.

Monaco has been taking steps to ensure that Alton is inoculated against such attacks. Over the past seven years, he’s made significant upgrades to the IT infrastructure. “We have experienced several hardware, software and operational upgrades over the years,” Monaco said. His overall strategy includes planned upgrades to infrastructure, IT support and training for town departments.

“We continue to do just as we should by trying to keep pace with

technology all while being smart and fiscally responsible in how we approach new projects,” Monaco said. “I have some planned improvements that incorporate cybersecurity, communications, and infrastructure development.”

Another key part of Monaco’s strategy in ensuring town employees have adequate training about cyber security. “All employees now have access to a free interactive phishing awareness training course that was produced by the US DOD for government organizations,” Monaco said. Training for the town of Alton has evolved over the years, from basic e-mails to raise aware-

ness, to online courses covering complex topics.

While the town of Alton is taking steps to protect its citizens, Monaco also urges the residents of Alton and neighboring towns to understand how they can protect themselves as well. “Residents can help strengthen their city or town’s cybersecurity posture by being aware of and showing support for important security related projects,” Monaco said. He encouraged residents to visit the Department of Homeland Security’s cite on cybersecurity (<https://www.dhs.gov/be-cyber-smart>) for more information about how they can protect themselves.

Cornerstone VNA job fair today in Rochester

ROCHESTER — Cornerstone VNA, a non-profit home health and hospice organization, is hosting a job fair on Thursday, Oct. 17, from 4 to 7 p.m. The job fair will take place at Cornerstone VNA, located at 178 Farmington Road in Rochester. Individuals interested in a rewarding career at Cornerstone VNA will have the opportunity to speak directly to staff about open positions within home care, hospice care, and life care – private duty. On-site interviews will take place for current openings, which include RN, LPN, LNA, personal care service providers and homemakers. Cornerstone VNA offers a comprehensive benefits package for full-time positions, including 100% paid medical, dental and life insurance, generous earned time benefits, on-going education and training opportunities, as well as tuition and mileage reimbursement. Cornerstone VNA has been recognized with

numerous awards for providing the highest quality care and services for patients of all ages, and is committed to providing professional development opportunities for our staff. According to Ken Cardinal, RN, “I have a long history of home care and have recently come into the Cornerstone VNA family. Since coming on staff, the extra help in transferring my knowledge into the way Cornerstone VNA does things has been there in abundance. I have been treated like a valuable member of a family. I would and have recommended this agency to other nurses that I talk to. Cornerstone VNA places quality care of our patients over quantity and I am proud to work here.”

In addition to attending the job fair, individuals can visit cornerstonevna.org to view all career opportunities and to sign up for special job alerts. Contact Barbara Putnam, HR Coordinator at 994-6939 or BPut-

nam@cornerstonevna.org for further information.

Cornerstone VNA is a non-profit home, health and hospice agency currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine. The team at Cornerstone VNA provides skilled nursing, rehabilitative therapies, social work as well as volunteer and support services through five distinct programs: Home care, hospice care, palliative care, life care-private duty and community care. For more than 106 years, Cornerstone VNA has been committed to bringing services to people of all ages, so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end of life care. To learn more about Cornerstone VNA, visit www.cornerstonevna.org or call 800-691-1133.

DOWNING’S

(continued from Page A1)

cus on winterization to prevent further damage. Steel coffer damn sheets are being pulled from the area now to avoid freezing and ice damage. Luckily for Alton’s ice fishing community, access during winter months will be allowed. This means that the project won’t negatively impact winter festivities like the ice fishing derby, or the winter carnival.

Updates to the project’s status will continue to be posted online at www.fish-nh.com/access.

CURTAIN

(continued from Page A1)

jor Community Center, the town could preserve and maintain ownership over the historic artifact.

The town is uncertain of when exactly the curtain went missing. They had proof of its whereabouts after the 2011 restoration. The tapestry

was unaccounted for in a recent survey of the historic community center — leaving a gap in its known whereabouts for roughly eight years.

The uncertainty of its location and its condition led the town to contact Curtains Without Borders — the restoration company who worked with the tapestry in 2011. They cau-

tioned that the item will likely need further restoration if it has not been stored properly.

The town is asking any residents who may know of the artifact’s whereabouts to contact the town administrator, Elizabeth Dionne. You can reach her at administrator@alton.nh.gov or 875-2113.



COURTESY PHOTO

THE CURTAIN at the Mount Major Community Center is missing.



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Think Pink

Join these local businesses in supporting breast cancer awareness this October!

Breast cancer signs and symptoms

Breast cancer is a formidable foe. According to the World Health Organization, an estimated 627,000 women lost their lives to breast cancer in 2018. But women are not helpless in the fight against breast cancer, as the WHO notes early detection is critical and could potentially save thousands of lives each year.

A proactive approach is a key component of protecting oneself against breast cancer. While the National Breast Cancer Foundation, Inc.® notes that many breast cancer symptoms are invisible and not noticeable without a professional cancer screening, women can keep an eye out for certain signs of breast cancer they might be able to detect on their own.

Monthly self-exams can help women more easily identify changes in their breasts. During such self-exams, women can look for the following signs and symptoms and are advised to report any abnormalities they discover to their physicians immediately.

- Changes in how the breast or nipple feels: The NBCF says nipple tenderness or a lump or thickening in or near the breast or underarm could indicate the presence of breast cancer. Some women may notice changes in the skin texture or an enlargement of the pores in the skin of their breast. In many instances, skin texture

has been described as being similar to the texture of an orange peel. Lumps in the breast also may indicate breast cancer, though not all lumps are cancerous.

- Change in appearance of the breast or nipple: Unexplained changes in the size or shape of the breast; dimpling anywhere on the breast; unexplained swelling or shrinking of the breast, particularly when the shrinking or swelling is exclusive to one side only; and a nipple that is turned slightly inward or inverted are some signs and symptoms of breast cancer that can affect the appearance of the breast or nipple. It is common for women's breasts to be asymmetrical, but sud-

den asymmetry should be brought to the attention of a physician.

- Discharge from the nipple: The NBCF notes that any discharge from the nipple, but particularly a clear or bloody discharge, could be a sign of breast cancer. The NBCF also advises women that a milky discharge when they are not breastfeeding is not linked to breast cancer but should be discussed with a physician.

Learning to recognize the signs and symptoms of breast cancer can increase the likelihood of early diagnosis, which greatly improves women's chances of surviving this disease.



Potential treatment options after a breast cancer diagnosis

A breast cancer diagnosis is something no one wants to receive. But the burden of breast cancer is substantial. In fact, the World Health Organization notes that breast cancer is the most commonly occurring cancer in women worldwide.

Thankfully, breast cancer survival rates are high in many parts of the world, particularly in developed countries such as the United States, Canada and Japan. While survival rates are lower in developing countries, it is encouraging to know that the average five-year survival rates are as high as 90 percent in some nations. That suggests that the strategies used to successfully fight breast cancer in developed nations may one day prove as effective in developing nations, potentially leading to a sharp decline in global breast cancer deaths.

Upon being diagnosed with breast cancer, patients will be educated about a host of potential treatment options. The Centers for Disease Control and Prevention note that breast cancer is treated in several ways, and the course of treatment a doctor recommends will depend on the kind of breast cancer and how far it has spread. In addition, according to Breastcancer.org, breast cancer is made up of many different kinds of cancer cells, which often necessitates the use of various types of treatments to get rid of the cancer.

The following are some treatment options doctors may discuss with breast cancer patients.

- Surgery: Breastcancer.org notes that surgery is typically the first line of attack against breast cancer. The CDC says the goal of surgery is to cut out cancer tissue. Some common breast cancer surgeries include lumpectomy, in which the tumor and a small amount of surrounding tissue is removed, and mastectomy, in which all of the breast tissue is removed.

- Chemotherapy: Chemotherapy is used to treat various types of cancer and involves the administration of special medicines to shrink or kill existing cancer cells. Breastcancer.org



notes that chemotherapy is sometimes administered prior to surgery in an attempt to shrink the cancer.

- Radiation therapy: Radiation therapy aims to kill cancer cells using high-energy rays that are similar to X-rays. Sometimes referred to as "radiotherapy," radiation therapy is overseen by a radiation oncologist who specializes in this type of treatment.

- Hormonal therapy: Estrogen makes hormone-receptor-positive breast cancers grow, and hormonal therapy, which may be referred to

as "anti-estrogen" therapy, aims to reduce the amount of estrogen in the body and block its action on breast cancer cells.

- Targeted therapies:

These therapies, which Breastcancer.org notes are generally less likely than chemotherapy to harm normal, healthy cells, target specific char-

acteristics of the cancer cells. Cancer cells can have many characteristics, so there are various types of targeted therapies.

Breast cancer treatments can be highly effective in the fight against breast cancer, particularly when the disease is caught in its early stages.

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Haunted trails in New Durham on Halloween

NEW DURHAM — Halloween Haunted Trails will take place at the New Durham Meetinghouse on Thursday, Oct. 31, from 6 to 7:30 p.m.

Donations are greatly appreciated and visitors are invited to walk through the woods at their own risk, though children under 14 must be supervised.

Vendors sought for robotics team's holiday fair

ALTON — The Prospect Mountain High School Team 319 Boosters is holding its third annual holiday craft and vendor fair on Saturday, Dec. 7, from 9 a.m. to 2 p.m. at Prospect Mountain High School. Vendors and crafters are still wanted. For information on table space, please contact Michelle Kelley at MKelley5199@metrocast.net. Information can also be found at www.frc319.com.

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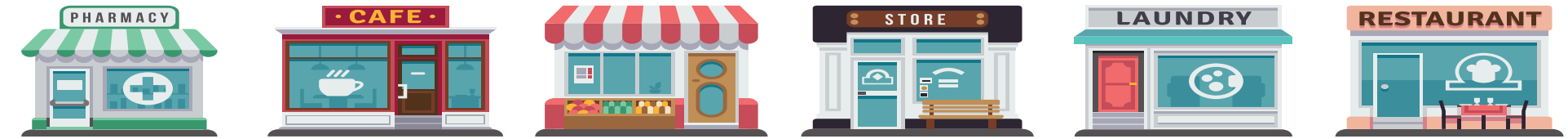


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SPORTS

THURSDAY, OCTOBER 17, 2019

THE BAYSIDER

SECTION B, PAGE 1

WHAT'S ON TAP

Postseason is on the horizon for many local teams as regular seasons start to wrap up in the coming week.

The Division II field hockey tournament starts on Thursday, Oct. 24, at 3 p.m. at the home of the higher seed.

The Division II golf tournament is today, Oct. 17, at Sky Meadow in Nashua at 9 a.m.

The Prospect Mountain cross country team will be running at Merrimack Valley today, Oct. 17, at 4 p.m.

The Timber Wolf soccer girls will be hosting Inter-Lakes Friday, Oct. 18, at 3:30 p.m. and will be at Laconia at 4 p.m. on Tuesday, Oct. 22.

Prospect's boys' soccer team will be hosting Mascoma at 3:30 p.m. today, Thursday, Oct. 17, will be hosting Belmont at 3:30 p.m. on Tuesday, Oct. 22, and will be at Raymond at 4 p.m. on Thursday, Oct. 24.

The Prospect Mountain volleyball team will be hosting Farmington at 6 p.m. on Friday, Oct. 18, and will be hosting Kennett at 6 p.m. on Wednesday, Oct. 23.

The Timber Wolf unified soccer team hosts Gilford at 4 p.m. on Monday, Oct. 21.

The Kingswood cross country team will be hosting a meet today, Oct. 17, at 4 p.m.

The Knight football team will be at Merrimack Valley at 6 p.m. on Thursday, Oct. 17.

The girls' soccer Knights will be at ConVal at 3:30 p.m. today, Oct. 17, will be hosting Hollis-Brookline at 5:30 p.m. on Tuesday, Oct. 22, and will be at Coe-Brown at 7 p.m. on Thursday, Oct. 24.

The Kingswood boys' soccer team will be at Coe-Brown at 4 p.m. on Friday, Oct. 18, and will be at Plymouth at 4 p.m. on Tuesday, Oct. 22.

The Knight field hockey team wraps the regular season with a home game against Pembroke at 4 p.m. on Friday, Oct. 18.

The volleyball Knights will be at Manchester West on Friday, Oct. 18, at 5:45 p.m., will be hosting Milford at 5:45 p.m. on Tuesday, Oct. 22, and will be hosting Pelham at 5:45 p.m. on Thursday, Oct. 24.



BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain soccer girls played a solid possession game, just what coach Doug Cheney had been preaching, and it paid off, as they rallied for a big 4-2 win over Gilford on Friday, Oct. 11.

"They have settled down into a good possession game," said Cheney. "We possessed today, we moved the ball.

"We always talk about resiliency," the Timber Wolf coach added. "So for a Friday afternoon soccer match, it doesn't get any better than that."

The Timber Wolves came out of the gate strong and scored less than three minutes into the game, as Jayden Burt pushed the ball down the right sideline and fired a shot that found the back of the net for the 1-0 lead.

Gilford came back with a shot that went off the post and both Alina Hardie and Reilly Gray turned in solid defense for the Timber Wolves. Burt had another shot but it was stopped by the Gilford keeper.

The Golden Eagles had the game's first corner kick but Gray was able to clear the ball out of the zone. Grace Hardie had a shot that was stopped and Kenzy Holden fired a shot that went wide of the net.

Freshman keeper Thera Woods made a nice save on a Gilford shot and Hannah Racine came back with a shot just wide of the net at the other end of the field. Prospect had three corners in a row, with Burt and Piper Flood getting in close but were unable to put the ball in the net.

Burt and Racine had bids that were denied by the Gilford keeper while Woods made a stop at the other end. Gilford had a corner kick that Woods was able to hold on to while Racine and Cassidy Kelly chipped in with good defense in front of the Timber Wolf net.

Woods made a leaping

save on a shot from the Golden Eagles, pushing the ball over the top of the net, which resulted in a Gilford corner shot, but they could not convert. Mackenzie Renner sent a good ball ahead to Grace Hardie, but the Gilford defense stopped the run. Ava Blair had a shot that was denied and Grace Hardie also sent a shot over the top of the net and the half came to a close with Woods making a nice save on a Gilford chance and PMHS had the 1-0 lead at the halftime break.

Both teams had early chances in the second half, with Racine getting a bid that was denied while Gilford had a couple of shots stopped by Woods. Alina Hardie also helping out with a defensive stop.

After Blair had a shot go wide of the net, the Timber Wolves were able to double the lead with just more than 10 minutes gone in the half, as Flood was able to get to a crossing pass in front and tap it past the Gilford keeper for the 2-0 lead.

Burt had a cross that missed connections in front and Racine just missed Flood with a run

SEE **SOCCER**, PAGE B5

Burt, Flood push Prospect past Gilford

JOSHUA SPAULDING PHOTOS

At left: JAYDEN BURT had a pair of goals in Prospect's win over Gilford.

Below: REILLY GRAY played solid defense against Gilford last week.



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Big second half sends PMHS boys past Lakers



CADON DORE leaps in celebration after Nolan Sykes (2) scored for Prospect Mountain last week.

JOSHUA SPAULDING

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain boys’ soccer team didn’t exactly light up the scoreboard in the first half of the game against Inter-Lakes on Thursday, Oct. 10.

But the second half was a whole other story, as the Timber Wolves scored five goals in the final 40 minutes on the way to a 6-0 win over the Lakers, the team’s eighth win in a row.

“We’re getting a lot of shots, it’s about creating better shots,” said coach Cory Halvorsen. “Shots are good, but they have to be more quality shots.”

In the eight-game win streak, the Timber Wolves have outscored their opponents 48-1.

“It makes a big difference when you’re creat-

ing like that,” the Timber Wolf coach said.

Caden Dore had a shot go wide to kick off the game for the host Timber Wolves. Carter Dore than just missed connecting with Kaleb Smolin and then Cam Dore headed a shot on net that was stopped by the Laker keeper. Ryker Burke and Keegan Unzen each had shots denied and the Timber Wolves had the game’s first corner but could not convert. The Lakers came back with their own corner but also could not get a shot on net. Keeper Nick Clark made a save in the Timber Wolf net as well.

The hosts got on the board with 27:15 to go in the first half, as Carter Dore sent a long kick in that Unzen got a head on in the box. His header found the foot of Nolan Sykes, who buried the

shot for the 1-0 lead.

Cody Willette found Sykes for a bid a few moments later but Sykes’ shot was denied by the Laker keeper. Prospect had another corner but couldn’t get a shot on. Carter Dore, Caden Dore, Michael Perry and Sykes all had shots on net as the Timber Wolves looked to get on the board but they were turned away by keepers.

Clark made a couple more saves and Caden Dore had a shot denied while Perrin McLeod had a shot go over the top of the net. Cam Dore made a nice cross that didn’t find anyone in front and Caden Dore and Perry had late shots but the half drove to a close without anyone else getting on the scoreboard.

It didn’t take terribly long to get the offense

going in the second half, as Unzen and Sykes had shots that missed the mark. However, less than six minutes into the frame, Caden Dore was able to beat the Laker keeper for the 2-0 lead. Prospect continued to

pressure, with Sykes, Unzen, Cam Dore and Carter Dore all getting looks. Clark continued to hold his ground in the Prospect Mountain goal with a few more saves.

With 30:29 to go in the game, Sykes notched his second goal of the game for the 3-0 lead and his team continued to pressure, with Caden Dore and Sykes coming up short and Perry and Cam Dore teaming up for a good bid.

With 17:55 to go in the game, Hunter Arsenault blazed his way through the Inter-Lakes defense and popped the ball into the net for the 4-0 lead. Clark had another solid effort in the net and his teammates added a fifth goal with 14:47 to go. McLeod got the tally for the Timber Wolves and they continued to pressure, with Kyle Richard getting a couple of chance but the only goal in the final 10 minutes came off the foot of Unzen, who put it in the net with 6:11 to go for the 6-0 final.

“In the first half, we

came out with a lot of possession,” Halvorsen said. “We’ve been working on being more patient with the ball and working it around.

“We’re trying to feel out the other team and gauge what was happening with them,” the Timber Wolf coach continued. “Right now it’s about getting playoff position and we’re getting ourselves into a good position.

“But for me as a coach, it’s just one game at a time,” Halvorsen said.

The Timber Wolves have three more games to wrap up the regular season. They will be hosting Mascoma on Friday, Oct. 18, at 4 p.m. and will be hosting Belmont on Tuesday, Oct. 22, at 4 p.m. before visiting Raymond to wrap things up on Thursday, Oct. 24, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



MICHAEL PERRY races to the ball in action against Inter-Lakes last week.

JOSHUA SPAULDING

Monster truck, mud bog show Saturday

BELMONT — The Belknap County Fairgrounds, 174 Mile Hill Road in Belmont will be hosting Monstober – monster truck / mud bog show on Oct. 19.

General admission is \$10, children three and under are free.

Gates open at 10 a.m. Event starts at noon

No outside food/drinks or coolers allowed into facility. This is a family friendly event

Pit passes are available for an additional \$10, but you must be over 16 years old to be allowed in pit.

Kids six and under can bring their battery

operated power wheels to the event. Kids will be allowed to race their power wheels. Parents interested in entering your child in kids’ powerwheel races, call 267-6947 for details and reserve your spot early. You will need tickets to attend show.

Kids wearing a costume to the show will get a prize

Adult costume contest is also taking place, please dress appropriately, this is a family event.

There will also be a prize given to the best decorated truck participating in the event.

Event is loud, hearing protection encouraged.

Parking is free and the event runs rain or shine.

Tickets may be bought on Eventbrite ahead of time or at the gate the day of the event.

To purchase tickets on Eventbrite, go to <https://www.eventbrite.com/e/monstober-october-19-2019-tickets-72799618619>.

For more details please go to the Bursey Jam page on Facebook

For mud bogging people interested in participating, mud bog registration opens at 8 a.m. Registration fee is \$30

PSU hosting softball clinic Nov. 16

PLYMOUTH — Plymouth State University head softball coach Bruce Addison has announced the program will hold a fall clinic for high school-aged student-athletes in mid-November.

The event will take place on Saturday, Nov. 16, at 9 a.m. at the Bank of New Hampshire Field House at ALLWell North and is designed to provide an opportunity for skill development, training and competition.

Clinic participants

have the option to register for individual sessions or the full clinic. Session one will include pitching and catching only. All pitchers will need to bring a catcher. Session two will include fielding, hitting, live scrimmage and a question and answer session with current Plymouth State softball student-athletes and coaches. Those interested in attending both sessions should register for the full clinic.

The cost for the clinic

is \$100 and includes a PSU softball tee shirt. Athletes are encouraged to bring all necessary equipment: bats, gloves, cleats, sneakers, batting gloves, softball pants, catcher’s equipment (if necessary), batting helmet and water bottle.

Interested athletes can register online (<https://tinyurl.com/PSUSoftballClinic-Fall19>) and can contact Addison (beaddison@plymouth.edu) for additional information.



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Joseph Wasson races in the John Sanborn Invitational at Plymouth on Friday afternoon. No results were available as of press time Monday morning.

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Volleyball Bears push past Prospect

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — If you're going to play in the post-season, it's always good to see some real back and forth battles in the regular season.

That's exactly what the Prospect Mountain and Newfound volleyball teams got on Wednesday, Oct. 9, as the two teams battled back and forth before the hosts Bears claimed a 3-2 win.

"I would take that any day," said Prospect coach Kelly Harte of the back and forth game. "We don't see a lot of that in our schedule, but we've been working on pressure situations and they really stepped it up."

"It's good to see that at this point because some of the younger kids don't understand what it's going to be like in the playoffs," said Newfound coach Amy Fairbank. "That's what it's going to be like and that is how you play, you have to battle through."

A hit from Maura Geldermann and a service ace from Riley Pierce got Newfound out to a 3-0 start in the first game but Julia Leavitt brought the Timber Wolves back with three straight hits for points. Malina Bohlmann helped the Bears get back in front with a hit and a tip and Bailey Fairbank added a service ace as Newfound went up 11-4.

Jordan Ingoldsby had a hit for the Timber Wolves and Sophia Bean added a hit as the visitors got a couple of points back but a block from Paulina Huckins, a trio of hits from Fairbank, one from Geldermann and a great return from Bohlmann allowed the Bears to go up 18-8. Bean found a nice spot for a point for the Timber Wolves and Gwen West added a block as the Timber Wolves got to within 18-12.

Fairbank had another hit for the Bears but West and Leavitt got the Timber Wolves back on the right side of things. Leavitt added a service aces and a diving save as the Timber Wolves cut the lead to 22-17. West and Bean had hits and the visitors were within 23-20.

Huckins and Ingoldsby exchanged big hits at the net but Huckins closed out the match with a kill and Newfound had the 25-22 win and the 1-0 lead.

The two teams went back and forth for the start of the second game, with Fairgank getting a nice tip and Geldermann and Bohlmann finishing hits while Ingoldsby and Bean finished hits for the Timber Wolves. The teams were tied at one, two, four, five and six. An ace from Emalie Ruiter got the Bears out in the lead but Bean and Leavitt had hits for Prospect to keep them in the match. An ace from Lindsay McCullough helped Prospect get to within one at 10-9 but the Bears got the next two points. A hit from West helped the Timber Wolves continue to stay close and the teams went back and forth with Bohlmann and Ingoldsby exchanging hits. Huckins and Bohlmann continued the strong play for the Bers while Ingoldsby and Huckins swapped service aces and the teams remained with three points of each other.

A block from West helped the Timber Wolves pull even at 20 and then a hit from Leavitt and an ace from



JULIA LEAVITT pushes the ball over the net in action in Bristol last Wednesday.

McCullough allowed Prospect to claim the 25-20 win, tying the match at one.

Prospect jumped out to a quick 4-0 lead in the third game thanks to hits from Leavitt and an ace from Allie Stockman. Another Leavitt hit, a tip from West and a hit from Ingoldsby allowed the Timber Wolves to build up the 11-2 lead before the Bears fought back.

Huckins had a big hit and then a nice tip at the net and Fairbank added a hit as the Bears got to within 14-8. After a Bean hit for the Timber Wolves, Fairbank and Bohlmann each had kills for the Bears. A Leavitt service ace and hits from West and Ingoldsby saw the Timber Wolves go up 22-13 but Huckins had a couple of nice hits for the Bears to try to keep them in it. However, Ava Misiaszek and Bean helped to finish off the 25-17 win for the Timber Wolves.

The fourth game saw Newfound get off to a quick lead, going up 7-0 on hits from Bohlmann and a couple of service aces from Fairbank. West got Prospect's first point and Ingoldsby followed up with a point. A tip from Stockman and a hit from Ingoldsby allowed the Timber Wolves to close the gap, cutting the lead to 9-7 before the Bears got a couple points back. Bean and Leavitt had hits for the Timber Wolves while Fairbank did the same for the hosts and Geldermann had a nice block, allowing Newfound to go up 15-10.

Leavitt kept the Timber Wolves in the match with a couple of big hits at the net but Newfound slowly built the lead back up, going up 23-13 before West had an ace, Bean had a block and Ingoldsby had a kill, making it 24-17. However, Newfound finished off the 25-17 win, forcing a fifth and deciding game.

The visitors went up 4-1 out of the gate in the fifth game but Newfound came back and tied the match at five and went ahead 7-5 thanks to an ace from Bohlmann. Prospect pulled even at seven but a Ruiter service ace helped Newfound go in front by two at 9-7.

Leavitt had a kill and West had a block, pulling the Timber Wolves even at 10 and Prospect went up 12-10 before Fairbank and Bohlmann had hits

to pull the Bears back in front at 13-12. A block from West pulled Prospect even at 13 but the Bears got the final two points for the 15-13 win and the 3-2 victory.

"They persevere, even when they're down, they keep notching away, notching away," Fairbank said. "They may hang their heads a bit but they don't give up."

"Six service errors for the match isn't too bad, but passing errors, we have to work on our passing," she continued.

The Bear coach also noted that Bailey Fairbank, who still had 13 kills, was under the weather and she was pleased to see the rest of the team step up to help fill the void around her. Bohlmann added 12 kills in the win while Huckins had nine.

"I've been waiting for my upperclassmen to really step it up and they certainly did," said Harte. "I am proud of them, I think they fought hard."

Newfound defeated Moultonborough earlier in the week, 25-19, 25-17, 25-20. Fairbank had 11 kills, Huckins had six kills and Bohlmann had five kills. Fairbank had five aces, Huckins was a perfect eight-for-eight from the line with two aces, Ruiter was 10 for 10 and Pierce was nine for nine.

The week closed out with a 3-2 win over Mascenic, 25-21, 22-25, 25-13, 16-25, 15-5. Fairbank and Huckins each had 11 kills while Bohlmann had 10 and Geldermann added eight. Ruiter had

four aces and Fairbank had three. Huckins had eight blocks for four points and Geldermann had four blocks for three points.

The Bears will be hosting Mascoma in the final home game on

Friday, Oct. 18, will be at Franklin on Monday, Oct. 21, and at Farmington on Wednesday, Oct. 23, all at 6:15 p.m.

The Timber Wolves will be hosting Farmington on Friday, Oct. 18, and Kennett on Wednes-

day, Oct. 23, both at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



NEWFOUND'S Malina Bohlmann (4) goes up for a kill against Prospect's Ava Misiaszek and Gwen West in action last week.

Church Service SCHEDULE

10 am Worship Service
Community Church of Alton
20 Church Street, Alton

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am. Adult and Teen Bible Study 11:15 am. Sunday School for all ages 10:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831.

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Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am. Rev. Dr. Samuel J. Hall. 875-5561. Sunday Worship Service 10:00am Alton Bay Barnstead July 1-Sept 2 10:00am 20 Church Street

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Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, ccnorthbarnstead.com

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.

It Pays To Shop Locally!!

Timber Wolves run in Lakes Region Championships



BOB MARTIN – GILFORD STEAMER
DEUCE SMITH makes a hard charge during Friday’s race in Gilford.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Prospect Mountain cross country team made the short trip to Gilford for the Lakes Region Championships on Friday.

In the boys’ race, Michael Mott led the Timber Wolves with a seventh place finish in a time of 17:55.

Dennis Simpson finished in 13th place in 18:42 and Frank Dowd was 19th overall in a time of 19:22.

Deuce Smith ran to a time of 19:31 for 22nd place and Luke DeRoche rounded out the scoring for the Timber Wolves in a time of 19:47 for 24th place.

Peter Dowd was 43rd overall in 20:59 to round out the field of Timber Wolves running.

In the girls’ race, Veronica Dowd finished second overall in a time of 20:29.

Hannah Capsalis was seventh overall in 22:48 and Lara Renner finished in a time of 23:45 for 12th place.

Jillianne Simpson finished in a time of 27:30 to round out the field of Timber Wolves in the race.

The Timber Wolves will run today, Oct. 17, at 4 p.m. at Merrimack Valley for the Capital Area Championships.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Adventures in car shopping (and insurance companies)

As I noted last week in this space, I fell asleep at the wheel and crashed my car on Route 109A in Tuftonboro. I was perfectly fine, but my car was towed from the scene and while it didn’t look too bad at the outset, I had a sneaking suspicion that it was worse than it looked.

The insurance adjustor called me in the middle of last week and let me know that the car was indeed totaled. I had been borrowing a friend’s car for the first few days after the accident but last Tuesday I headed to Enterprise in Wolfeboro, where my insurance company paid for a rental for me to use. Kingswood graduate Lucas Bonenfant set me up with a Toyota RAV4, which I have been driving for the past week now.

Late last week, the insurance company called and gave me the total payout amount, which I have to admit, was more than I expected to be. That, of course, set about the process of having to find a new car, which is not something I really enjoy.

As of this writing on Saturday night, I still hadn’t found the right vehicle. I had a certain amount of money to spend (the payout from the insurance company), which obviously limited

SPORTING CHANCE

By JOSHUA SPAULDING

the number of cars that I could include in my search. Hopefully by this time next week, I’ll have a new (to me anyway) vehicle to spend most of my waking hours in.

Through all of this, Antonucci Insurance and Cooperative Insurance have been incredibly helpful in working my way through the process. I’ve dealt with insurance claims before, but this is the first time I have had a car totaled and had to collect a payout from the insurance company. Of course, this had to happen in the busiest time of year for me, as all the fall sports teams are busy with the full schedule of games and we are in the final stages of getting our fall musical ready to go at the Village Players. That means games pretty much every afternoon and rehearsal three nights a week. Which all told, leaves very little time for shopping for cars. Unfortunately, I don’t have much choice, since the rental car runs out on Friday and I still need to get around the area to cover sports, so there needs to be a new vehicle.

I know I have nobody to blame for this whole mess but myself. I burn the candle at both ends on a regular basis, between covering games, going to the gym, writing in the office, rehearsing shows and working the night job at Brewster. There’s very little time left for sleeping when all is said and done and I get tired on a regular basis. I’ve gotten good at pulling over and closing my eyes for 15 minutes when I feel the sleep coming on. The night of the accident, I told myself I could make it to Wolfeboro but that didn’t happen, obviously.

One of these days, once the credit card bills are paid off, I can quit the night job and sleep once in a while. Maybe.

Finally, have a great day Lucas Bonenfant.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



JOSHUA SPAULDING
TEACHER and coach Jimmy Wales and JV soccer players (l to r) Michael Wainwright, Kevin Menici and Owen Souza worked on the base for the victory bell, a gift from the class of 2019.

JV soccer players helping give Kingswood ‘victory bell’

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — While the Kingswood field hockey team was busy playing Merrimack Valley on Alumni Field on Saturday, there was a group of JV soccer players working alongside their coach just outside the fence near the scoreboard.

The players and coach Jimmy Wales were working on installing the class gift from the Class of 2019.

The victory bell will hopefully be ready for the final week of the regular season for the soccer teams.

Wales, who was the class advisor for last year’s graduating class, worked renovating homes before he became a teacher and soccer coach, so the work was nothing new to him.

He mentioned to his team that there was an opportunity for some community service hours and on the first week of work, seven members of the team showed up and they dug two feet down and mixed 2,000 pounds of concrete to construct the base.

This Saturday, five members of the team were on hand to put the cement blocks in place and then place approximately 250 bricks around the cement blocks. The kids worked together to mix the concrete and put the bricks in place with the concrete.

The 18-inch bell will sit on top of the cement blocks, held in place by a wooden arch that Wales is planning to build in his shop. The brick and cement block base will be topped with a 750-pound piece of granite that the athletic department paid for.

Wales said he thought he might have to get into bribery to get his team to help with the project, but the kids showed up without any incentive offered.

“I have a great team,” Wales said.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.




JOSHUA SPAULDING
JIMMY WALES watches as members of his JV soccer team work on the base of the victory bell.

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Knights go to battle for fallen teammate

Kingswood field hockey team rallies around injured player



ALLISON BEAN races the ball past a Merrimack Valley defender in action Saturday.

JOSHUA SPAULDING

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — There’s more to sports than the final score on the scoreboard or the standings on the NHIAA web site.

And that became clearly evident to the Kingswood field hockey team this past week.

A routine practice last Monday turned into a moment that put things in perspective for the group of girls who wear the Kingswood field hockey uniform.

A freak accident in practice led to junior Alexis Booth being transported to a Boston hospital with a severe eye injury and had Knight coaching staff searching for ways for the team to try and stay focused on a couple of games during the week.

“They have a determined attitude to get back on the horse and be grateful for the opportunity to be able to play.”

With Booth on their

minds, the Knights picked up a win over Oyster River earlier in the week and with her on the sidelines on Saturday, in seemingly good spirits (Reilly called Booth her ‘new hero’), the Knights took on Merrimack Valley. Kingswood rallied in the final minutes of the game but came up just short, with the Pride taking the 3-1 win.

The Pride scored in the first 2:15 on a rebound of a Quinn Meserve save for the quick 1-0 lead.

MV came back and threatened in the zone but Hannah Crane was there to turn things away. At the other end, Jill Blocher sent a nice cross that just missed Abby Kelly.

The Pride came right back and scored their second goal 6:29 into the game for the 2-0 lead.

Kelly came back with a chance that was denied by the defense and had another shot stopped by the keeper, with Emilia Galimberti hitting the rebound wide of the net. Blocher just missed connecting with Gianna Cubeddu on a bid and Kelly was stopped on a run in by the defense of the Pride.

Kingswood had its

first corner of the game but it was cleared out by the defense. Galimberti and Crane came through with solid defensive stops and Kelly just missed Cubeddu at the other end of the field. Blocher ripped a shot into the cage on a Kingswood corner but the shot came from outside the circle and the ball was not touched on its way to the net.

The Pride had a cou-

ple of late corners, with Meserve making a nice save on one and after a Grace Abraham defensive stop, Cheyann Cardinal raced out to block the final corner for the Pride and the game went to the half with the visitors up 2-0.

MV had an early corner in the second half and Abraham helped clear the ball. Savannah Thomas also had a solid defensive stop for the

Knights and Kelly had a couple of chances in the offensive zone.

Blocher and Meyer teamed up on a chance that the defense stopped and Galimberti sent a shot wide of the net. Allie Drew helped out with good defense as well.

The Knights had a number of corners as the half hit the halfway mark and had some good chances. Meyer and Blocher teamed up for another bid, Kelly, Cubeddu, Drew and Meyer got in close on another bid and Rachael Paraskos made a nice run up the sideline to send a feed to Meyer, who sent another shot wide of the net.

Meyer sent a nice ball in to Kelly, who raced in on net and had three chances to put the ball in the net, but the Pride goalie stood tall.

Finally, with 4:34 to go, Kelly sent a shot on net that was stopped and Meyer got to the rebound first, getting the ball to Kelly, who put it in the net to cut the lead to 2-1.

Meserve made a key save on a Pride corner and it appeared the Knights had tied the game with 2:37 to go, as Meyer appeared to put the ball in the net, but it

was ruled that the original shot was hit by the back of the stick and the goal was disallowed.

The Pride added a goal in the final few minutes for the 3-1 final score.

Reilly said if the team had played the first 10 minutes like the last 10, it would’ve been a different game.

“No matter what part of the season, you have to be ready for the opening whistle,” Reilly said.

While the game goes in the book as a loss, the fact that Booth was on the sideline with her teammates makes it a positive overall day for the Knights. And Reilly said that the Knights will do everything they can to be of help.

“We’re going to continue to do what we can for Alexis and her family,” Reilly said. “She is determined, she has given us a lot of strength.”

The Knights will wrap up the regular season on Friday, Oct. 18, at Pembroke at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

ALLIE DREW works the ball between two Merrimack Valley defenders on Saturday afternoon.

Ben Baldwin Hockey Tournament this weekend

WOLFEBORO — The second annual Ben Baldwin Hockey Tournament comes to the Pop Whalen Arena on Oct. 19 and 20. Mite teams from around the state, including Berlin, Laconia, Dover, Rochester, Back Bay and Mount Washington Valley will play cross-ice games on Saturday and full-ice games on Sunday, with the tournament running from 9 a.m. to 2 p.m. both days. There will also be a raffle featuring a number of unique items, including a Bruins jersey signed by last year’s team and a trip to the Bruins game with former Bruin Steve Leach, where the winner can watch the game in the Bruins alumni box with Leach. The tournament is named in honor of young hockey player Ben Baldwin, who passed away in an accident in 2018. All proceeds benefit the Ben Baldwin Memorial Scholarship, which is in place to help local kids pursue their athletic dreams.

SOCCER

CONTINUED FROM PAGE B1

into the zone while at the other end, Gilford had a couple of shots go wide of the net.

The Golden Eagles were able to get on the board with 22:56 to go in the game, as a shot from the corner went over the fingers of Woods to make it 2-1. Just more than two minutes later, Gilford

tied the game at two, putting the Timber Wolves back on their heels.

However, the hosts didn’t back down and quickly went back to work trying to get the lead back. Blair sent a shot wide, Burt had a nice ball in to Grace Hardie that went wide of the net, Holden had a shot that was stopped and Blair got to the rebound but it went wide of the net. Grace Hardie also

sent a cross into the box that just missed Flood.

With 13:47 to go, Burt picked up her second goal of the game, firing a shot from the corner on a feed from Flood, giving Prospect the 3-2 lead.

Less than two minutes later, The Timber Wolves got a little insurance, as Flood fired a shot from the corner and the hosts had the 4-2 lead.

From there, the Tim-

ber Wolves held strong, with a few more chances from Grace Hardie, Flood and Burt and Woods came through with a couple of solid saves. Racine and Burt continued the solid attack and Renner had a shot go wide as time ran out and Prospect took the 4-2 win.

“They know they’ll get scored on, but they can’t let it bother them,” Cheney said. “Mentally,

they never give up.”

Cheney pointed out that after Gilford scored the two goals, it was important to shut down the momentum before they got going.

“We knew we had to put a stop to it,” Cheney said. “And we were fortunate enough to get the ball deep in the corner and finish it off.”

“That was good possession soccer, the way the game is supposed to

be played,” the Timber Wolf coach said.

The Timber Wolves will be back in action on Friday, Oct. 18, at home against Inter-Lakes at 3:30 p.m. and will be at Laconia at 4 p.m. on Tuesday, Oct. 22.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Foley Freedom Run is Saturday

ROCHESTER — On Saturday, Oct. 19, in New Hampshire and Sunday, Oct. 20, in Washington, D.C., thousands of runners globally will turn out to Run For Jim. Runners from all over the world will participate in this one of a kind road race to support the James W. Foley Legacy Foundation in remembrance of Foley, a native of New Hampshire and all Americans who have made the ultimate sacrifice to protect freedoms.

Now in its fifth year, the Foley Freedom Run consists of a traditional 5K run/walk held in both Rochester and Washington, D.C. as well as a virtual run/walk held all over the world. The James W. Foley Legacy Foundation invites the public to share in Foley’s mission and legacy. They seek those who value moral courage and have a compassionate commitment to freedom for Americans taken hostage abroad, freedom of the press, protection and equity for independent conflict journalists and the basic human rights of all people.

Race time is 10 a.m. at the Rochester Community Center, 150 Wakefield St. in Rochester on Oct. 19. Register online at JamesFoleyFoundation.org. Same day race registration is also available. This is a fun, family event with a kids’ run, prizes, food, beer tent, music and more.



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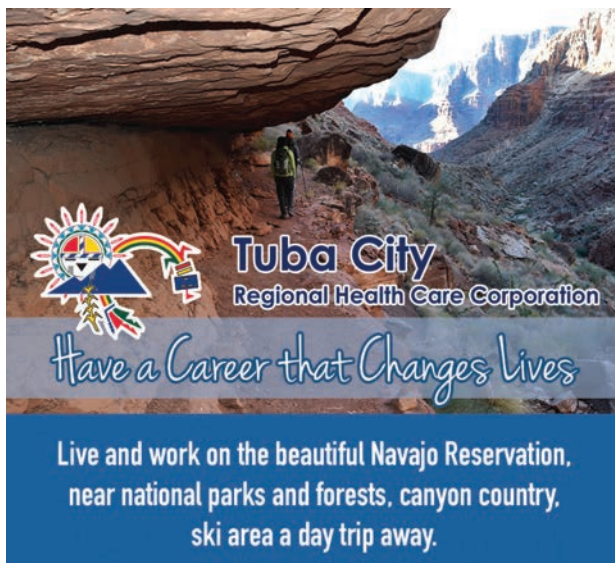


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| MLS# 4780527 LACONIA: Golf Village townhouse w/ 3BR/2BA & 3-season porch. \$279,900 | MLS# 4780517 CAMPTON: Two lots combined for 5.31 acres. Great base camp & lots of possibilities! \$124,900 | MLS# 4780233 LACONIA: Owner occupied home w/ in-law apt. Attached 2-car garage. \$234,500 | MLS# 4778516 LACONIA: Centrally located 2-BR town home w/ beach rights on Winnepesaukee. \$199,900 |
| MLS# 4778238 LACONIA: Detached 3-BR condo overlooks golf course w/ beach rights. \$309,900 | MLS# 4752727 MEREDITH: 7.8 ac. lot at Waldron Bay, directly above Lake Winnisquam. \$245,000 | MLS# 4712081 MEREDITH: Commercial property w/ high traffic county. Rebuilt in 2001 \$299,900 | MLS# 4766422 ASHLAND: Open-studded home & barn needs your ideas! 300' on the Squam River! \$219,000 |

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| EXQUISITE Waterfront home in coveted Cedar Cove in Alton w/185' beautiful waterfront, U-shaped dock & perched sandy beach. Custom-built 4BR/4BA, w/sliders and waterside deck. 1st-floor Master suite & finished walk-out lower-level. \$2,495,000 (4753174) Call 569-3128 | A GRAND location in Alton w/107 private acres brimming w/wild blueberries & private hiking trails. Vast & endless views of surrounding mountains, sunrises & sunsets. Enjoy privacy from your newly built 3BR Contemporary home. \$1,395,000 (4755728) Call 569-3128 | STUNNING and expansive views on the quiet side of Lake Winnisquam in Meredith, this 3 plus bedroom Contemporary, open concept home, offers privacy galore. \$999,900 (4758188) Call 253-9360 | VINTAGE open concept 3BR/1BA cottage has been loved and enjoyed for many years located on desirable (bridged) Black Cat Island in Meredith. Open concept kitchen, DR and LR. Has a westerly exposure and a million dollar view. \$980,000 (4758909) Call 253-9360 |
|--|--|--|---|

| | | | | |
|---|---|---|--|---|
| ALTON // Beautifully appointed, nearly new 4 bedroom, 4 bath colonial with 2 car attached garage with bonus room above complete with pool table all on 27.43 acres. \$625,000 (4773194) Call 875-3128 | ALTON // 2+Bedroom cabin with association dock and beach. Vaulted ceiling, pine interior, extra sleep loft area, garage with work space. In protective Peggy's Cove, in quaint Alton Bay. \$350,000 (4758140) Call 875-3128 | NEW HAMPTON // Beautifully appointed 3BR/2BA raised ranch home on a one acre lot w/detached 2-car garage, 24' x 32' outbuilding & salt water heated in-ground pool, outdoor kitchen, vegetable & fruit gardens make this property feel like a resort. \$324,900 (4780103) Call 253-9360 | MOULTONBOROUGH // Perfectly located between Moultonborough and Center Harbor, 3BD/3BA, full dormered cape with attached 2-car garage. Set on a quiet cul-de-sac surrounded by trees. \$259,000 (4753366) Call 253-9360 | BARNSTEAD // Great home in need of completion. Electric, plumbing and radiant floor heating are in. 3 bedroom septic design. Garage and 2 bedroom cottage included on 7.71 acres. \$185,000 (4772021) Call 875-3128 |
|---|---|---|--|---|

LAND and ACREAGE

| | | | |
|---|--|---|--|
| ALTON // Build your castle on this 6 acres. Panoramic lake and mountains views. Sloping terrain for ideal walkout. Septic design available. \$550,000 (4742985) Call 875-3128 | HEBRON // Own a piece of the mountain! Picture yourself looking out over Newfound Lake on this 130 acre lot situated in the charming, quintessential town of Hebron. Quiet and serene says it all! \$239,900 (4653719) Call 253-9360 | MOULTONBOROUGH // 1.6 Acre level wooded lot located in the quaint village district in Comm. Zone "A". Driveway permit with installed culvert, expired permit for office bldg. and garage. Agent interest. \$149,000 (4501574) Call 253-9360 | NEW DURHAM // Nice 5 acre building lot in a country setting located close to town and a great commuting location. \$45,000 (4458054) Call 875-3128 |
|---|--|---|--|

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Island REAL ESTATE

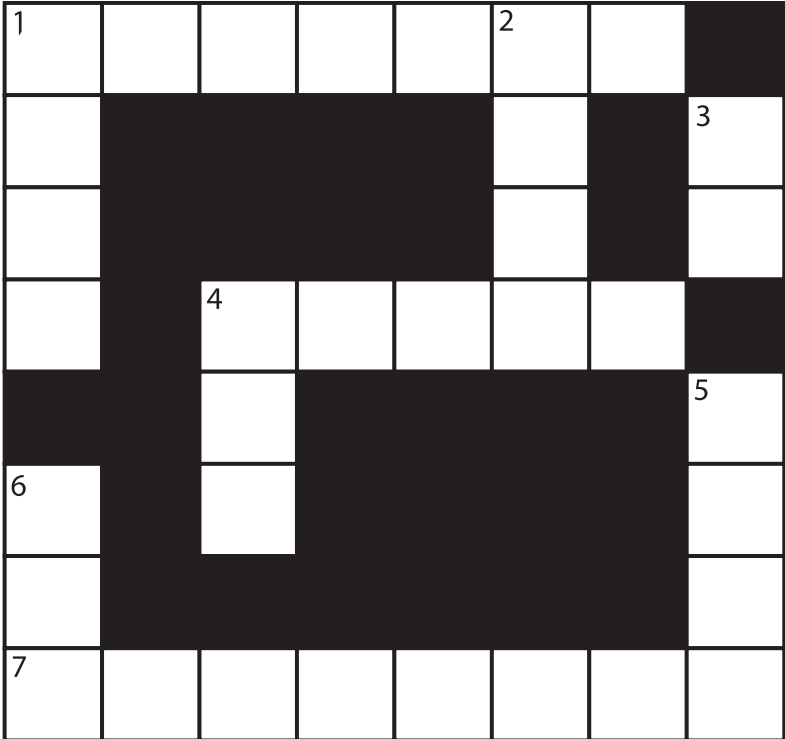
BEAR ISLAND - MEREDITH
Immaculate property, inside and out. Cottage with open loft w/ sitting room, sleeps 5 and bunk house. Sunrise from screen porch or spacious deck. 125' of frontage with 12 x 18 deck over the water. Incredible 180° majestic views.
\$575,000 (4759252) **Call 569-3972**

GANSY ISLAND - MOULTONBOROUGH
Located on a very quiet and peaceful area of the lake. Songbirds, loons and views! 2 parcels: 1.34 acres w/190' ftg., and 2.58 acres w/520' ftg. Offered at:
Offered at: \$143,900 & \$156,000 (4741171-64) **Call 569-3972**

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Crossword Puzzle



ACROSS

- 1. European country
- 4. Cheers! (German)
- 7. One from Bavaria

DOWN

- 1. Happy
- 2. Information
- 3. Opposite of “yes”
- 4. Cooking container
- 5. Instrument
- 6. Curved bone

THIS DAY IN...



HISTORY

- 1792: THE CORNER-STONE OF THE WHITE HOUSE IS LAID.
- 1903: THE BOSTON RED SOX DEFEAT THE PITTSBURGH PIRATES IN THE FIRST MODERN WORLD SERIES.
- 1943: A NEW ITALIAN GOVERNMENT SIDES WITH THE ALLIES AND DECLARES WAR ON GERMANY DURING WORLD WAR II.



THIS EGG-BASED NOODLE DISH IS COMMONLY FOUND IN GERMAN CUISINE.

ANSWER: SPAETZLE

Answers:
Across
1. Germany 4. Prost 7. Bavarian
Down
1. Glad 2. News 3. No 4. Pot 5. Horn 6. Rib

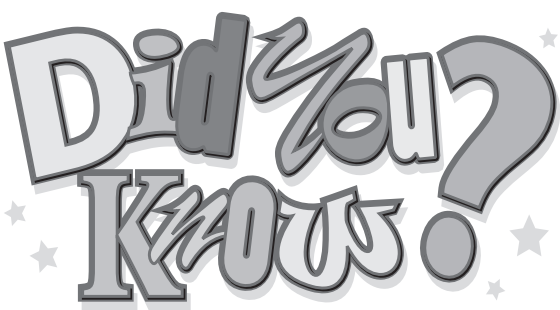


GERMANIC

branch of language that includes English and German



- ENGLISH:** Language
- SPANISH:** Idioma
- ITALIAN:** Lingua
- FRENCH:** Langue
- GERMAN:** Sprache



LAUGENBREZEL ARE TRADITIONAL GERMAN PRETZELS WITH A TEXTURE THAT IS SIMILAR TO BAGELS.



Can you guess what the bigger picture is?

ANSWER: GERMAN ALPENHORN

CRYPTO FUN



Determine the code to reveal the answer!

Solve the code to discover words related to traffic.
Each number corresponds to a letter.
(Hint: 8 = h)

A. 21 20 2 9

Clue: Vehicles

B. 8 3 4 8 10 20 14

Clue: Major road

C. 9 13 26 16

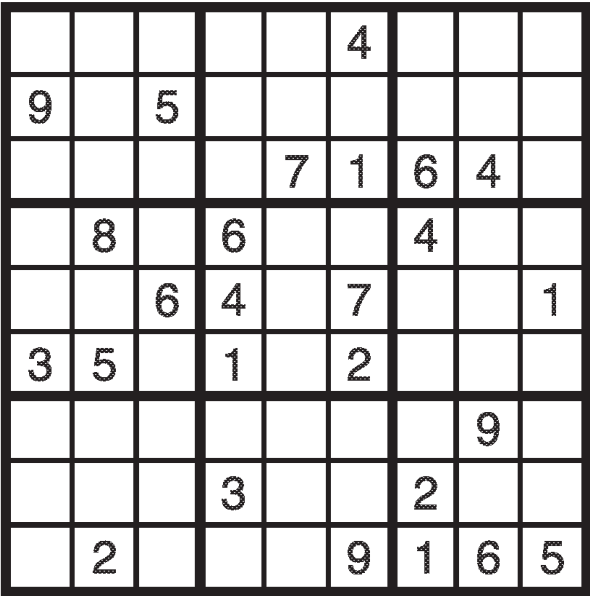
Clue: Halt

D. 18 26 7 25 22 19

Clue: Fullness of amount

Answers: A. cars B. highway C. stop D. volume

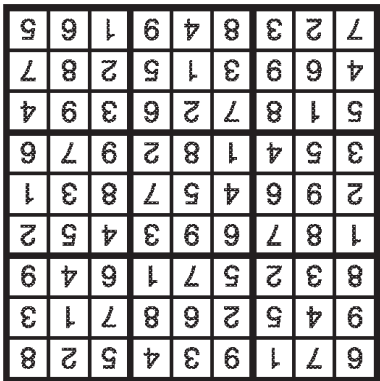
SUDOKU



Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



Jessica Wheeler
Recovery Support
Specialist

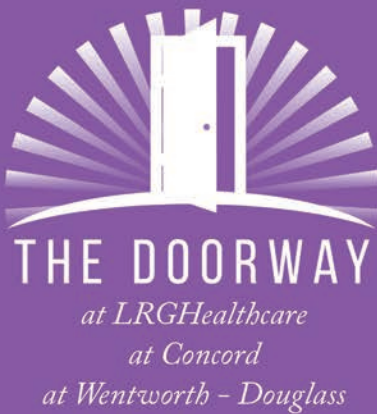


Alexander Annunziata
Recovery Coach, Peer Support,
Person in Recovery

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- Rear Entertainment
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- Navigation



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- Roof Racks
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- Trailing Package

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- 32K Miles
- Spray Liner
- Towing Package
- 7 1/2 Fisher Plow



2018 GMC ARCADIA SLT

\$12,900

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- Trailing Pkg.
- Roof Rails
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- 7 Passenger Seating

