

Newfound Landing

THURSDAY, AUGUST 4, 2016

FREE IN PRINT, FREE ON-LINE • WWW.NEWFOUNDLANDING.COM

COMPLIMENTARY

64th Annual Hebron Fair draws visitors from near and far

BY DONNA RHODES

drhodes@salmonpress.com

HEBRON — "It's another great day at the Hebron Fair," pronounced Newfound Lake Region Association's Executive Director Boyd Smith as crowds congregated on the Hebron Town Common last Saturday morning.

Now in its 64th year, the fair has become a destination for residents and visitors alike who love to shop the more than 100 vendor booths, enjoy some great home-cooked foods and take in the beauty of the historic, picture perfect village.

"This is great. Just great. It's a beautiful day with lots and lots of people and even their dogs," York said with a big grin. "The fair grows more and more every year and it makes a huge impact on our community."

Sponsored by Hebron's Union Congregational Church, whose steeple rises over the village green, proceeds each from the fair, York said, benefit a vast majority of ministries of the church each year.

"Our work never stops," he said.

Besides artisans and crafters from all walks of life who were busy selling their wares, there

from as far away as Florida, Georgia, Texas and California, some stumbling upon it by chance, others planning their vacation around the event.

Leading this year's efforts once again was Bill York, who couldn't have been more pleased with the blue skies and smiling faces all around.



A group of young ladies from Newfound Lake's Camp Wicosuta were among the many summer campers who volunteered their time to make the 64th Annual Hebron Fair a great success.

were also local civic organizations holding fundraisers and passing out information on their

endeavors. Among those were not only the NLRA, but Newfound Lake Pathways, Newfound

Audubon Society and the Mayhew Program. The Lakes Region Triathlon organization also had an

informational booth for their upcoming event, along with the Day Away

SEE FAIR, PAGE A13

Keeping the beaches open

BY THOMAS P. CALDWELL

Contributing Writer

BRISTOL — Selectmen have taken a stand to address the needs of the many over the needs of a few.

A disabled resident who sought permission to enter the Avery-Crouse Town Beach by kayak got rebuffed because selectmen said it would be hard to explain why they would allow a kayak but not a large float, and it would be harder to deny other kayakers who wanted to enter the swimming area.

Selectmen earlier this year discussed restricting day passes to the town beaches because of the limited parking available.

Many town residents who have gone to the beach have found no place to park, in part because the town has allowed visiting relatives to obtain day passes when staying with local family members.

In reviewing the beach ordinance, selectmen also discussed the increasingly large floats that have appeared in the swim-

SEE BEACHES, PAGE A13



Promoting Newfound Swim Aug. 6

If you haven't done much swimming yet this summer, now is your chance. The lake temperature has warmed up and the water is crystal clear. The Newfound Swim for Wildlife will be Sat Aug 6th on Newfound Lake. The swim will start at the Paradise Point dock and go to camp Mowglis and Back, a total of ½ mile. This is a fundraiser to help NH Audubon protect land and its existing wildlife sanctuaries for wildlife and for people. The focus of this year's donations will go to the Newfound Audubon Center and its three Wildlife Sanctuaries, Paradise Point, Hebron Marsh (Ash Cottage) and Bear Mtn. Swimmers take pledges and bring a kayaker to spot them as they freestyle swim across Newfound Lake. This is the third year for the swim, and donations have raised over \$1000. It's not too late if you'd like to participate. Please sign up. If you would like to make a pledge for another swimmer, our Paradise Point Audubon Naturalist and Co-Director Ian Cullison will be doing the swim. Registration begins at 8am Saturday morning. Call the Newfound Audubon Center 603-744-3516 to make a pledge, register a swimmer. For more information please email Heidi and Ian at newfoundaud@nhaudubon.org.

INDEX

Volume 3 • Number 32

Opinion.....A4-A5

Obituaries.....NONE

Schools.....NONE

Towns.....A6

Churches.....A6

Arts & Ent.....A7,A9

Health.....A10

Business.....A11

SportsB1-B4 & B8

Classifieds.....B6-B7

24 pages in 2 sections

©2016, Salmon Press, LLC.

Call us at (603) 279-4516

email: newfound@salmonpress.com

www.salmonepress.com

Barn Dance in the Old Town Hall

BRISTOL — Years ago, many dances were held in the Bristol Old Town Hall. Folks came from miles around to dance to local bands and orchestras. The Bristol Historical Society invites you to come and dance in this beautiful hall on Friday, Aug. 12. This will be an old time barn dance with squares,

contras, waltzes and perhaps a polka. Dudley and Jacqueline Laufman of Canterbury and Sue Hunt of South Alexandria will furnish the music and calling. Dancing will commence at 7:30. Admission is \$7 for adults and children are free. All are welcome and encouraged to participate.



As Bridgewater Firefighter Tyler Adams looks on, Fire Explorer Shaunecchi Sanborn practices breaking through the window of vehicle while her brother Keegan follows procedure by assuring he is there if needed during the 2016 Fire Explorer training weekend.

need through two days of interaction with local fire departments who were willing to help them learn the specialized skills of their profession. While teenagers, from the age of 14 to 20, are invited to take part in regular weekly

SEE FD TRAINING, PAGE A13



Fun in the sun

Corbin Conklin of Bridgewater enjoys spending some time visiting with his feathered friends at their farm in Bridgewater, where their home is "Open Daily for Breakfast." If you have a photo of kids having fun that you'd like to share, please send it to drhodes@salmonpress.com. Include their first names, ages and a brief description of the activity and you could see their smiling faces in this summer's Fun in the Sun photo series.

The New Hampton Garden Club is ready for Old Home Day!

NEW HAMPTON — The New Hampton Garden Club has once again put together a collection of raffle baskets, that are just waiting for their forever homes.

This year's baskets, each valued at well over \$100, include a Children's Basket full of games and fun kids items, a Wine Basket loaded with wine related goodies including bottles of wine and wine glasses, our most famous NH Basket

with maple syrup, New Hampshire honey, and many locally produced items. We also have a Relaxation Basket that includes books, teas, candles and creams for your enjoyment. And of course – the baskets themselves which are also wonderful! Tickets can be purchased at the New Hampton Fire Dept. Blood Drive on Friday, Aug. 5 from noon to 5 p.m., at the Gordon-Nash Library on Main Street, at Old

Home Day at the Town House on Saturday, Aug. 13 or from any garden club member. (Tickets are \$1 each or six for \$5.)

All proceeds from this sale support the New Hampton Garden and its many community projects such as Garden Therapy at the Golden Crest Wellness Center in Franklin, our seven New Hampton garden spots around town, a youth gardening program at the New Hampton Community School, as well as our monthly garden club programs which are open to all.

So be sure to check us out and help support the NHGC as it continues its efforts to enhance our community.

The club meets the first Tuesday of each month from April to December at 9:30 at the Gordon-Nash Library. Our next meeting on August 2 will feature a demonstration on how to make earth looms. Come and check us out!



Child Care Openings for the Fall

Children 13 months through 4 years

The Center for Young Children & Families provides programs based on warm, nurturing and respectful relationships with children and their families. We believe that children are curious, competent, and capable learners who learn best by pursuing their questions and curiosities through play-based learning. Our highly-qualified, skilled teachers cultivate important aspects of children's learning—critical thinking, creative expression, confidence, autonomy, problem-solving, and positive social interactions.

The Center for Young Children & Families is nationally accredited by the National Association for the Education of Young Children, a mark of quality that is achieved by fewer than 10% of early care and education programs nationwide.

For further information, call 535-2299 or e-mail kisanders@plymouth.edu or visit our website at www.plymouth.edu/services/cycf/

DUSSAULT
REAL ESTATE
The name you know & trust



LAKE WINONA: Private waterfront with 200' shoreline and sandy beach. Nestled in the pines with nice views, screened porch off the living room & open concept kitchen area. Plus garage & shed. MLS#4493449 \$499,900



SQUAM LAKE VIEWS: Situated off a paved road & down the road from Winnipesaukee & Squam, this level five acre building site is perfect. With panoramic views of Squam Lake and beautiful field land. MLS#4406489 \$375,000



HOLDerness OPPORTUNITY: 19th Century barn with almost two acres of land and exposure on Route 3 next to the town offices. Many possibilities with this location, home or business wise. MLS#4486003 \$215,000



Walking distance to the marina or town beach on Little Squam. Three bedroom home in Ashland with good rental history. Detached garage with room above. Private setting. MLS#446989 \$199,900



PRIVATE WITH VIEWS: Views of the Squam Range and 16.8 acres of total privacy in Holderness. Mature woodland & gardens. Contemporary home with chef's kitchen & beautiful stone fireplace. MLS#4502000 \$499,900



WATERFRONT: Lake Winona cottage with a sandy beach and over an acre of land with 167' of shoreline. Nice views with wooded setting. Open concept living area. Good rental history. MLS#4497549 \$479,900

Reduce, Re-use, Recycle!

Circle Program goes to the Fisher Cats

M A N C H E S T E R

— Circle Program and the New Hampshire Fisher Cats have partnered up to feature the Circle Program at a game this summer. Sunday, Aug. 7 at 1:30 p.m. is Circle Program Day at the Delta Dental Stadium in Manchester. Circle Girls, Mentors, Circle Staff, and friends of Circle will be watching the game together. Bring the family and

join the Circle Program for a fun and fabulous day at the ballpark.

Tickets are available for \$12 each through the Circle Program at 603-536-4244 or by emailing circleevents@circle.org. This is a fundraising event and a portion of each ticket purchased through the Circle Program will continue giving New Hampshire girls new opportunities.

The Circle Program provides girls from low-income New Hampshire families with new opportunities to learn the skills, courage and confidence they need to handle the challenges in their lives. This is done through a unique combination of adult and peer support that is delivered through year-round mentoring and residential summer camp programs.



COURTESY

Cardigan Lodge presents scholarships

Kristina Montambault (center) of I.O.O.F. Cardigan Lodge #38 of Bristol presents a \$1,000 scholarship to Allison Blais, a 2016 graduate of Newfound Regional High School and Cyle Moore, a 2016 graduate of Plymouth Regional High School, who were recently honored at a scholarship dinner hosted by the Lodge. I.O.O.F. (Independent Order of Odd Fellows) is an international fraternal organization based on friendship, love, and truth and promotes education and medical research. The organization sponsors over 80 facilities for youth and the aged. For further information, contact Charles Moore at 217-7234.

Forrester heads trio of candidates scheduled to appear at next PBVRC dinner

ASHLAND — Jeanie Forrester, Bob Giuda, and Randy Subjeck are coming to Ashland. They will be speaking at the next Pemi-Baker Valley Republican Committee's All-you-can-eat spaghetti dinner. It will be held on Friday, the 19th at the American Legion Hall, 37 Main St., Ashland, where they will join you in everybody's favorite meal, spaghetti, meat-

balls, Italian sausage, salad, garlic bread, beverages, and dessert. After their presentations, they will welcome your questions.

Jeanie Forrester is a candidate for Governor. She is currently serving her 3rd term as New Hampshire State Senator from District 2. She is Chairman of the Finance Committee and Capital Budget Committee. She has won numerous awards for service to the families, children, and communities of New Hampshire.

Sen. Forrester earned her Bachelor's degree in political science with honors at the University of New Hampshire and went to work for Governor John H. Sununu.

While serving full-time on the Governor's staff, Jeanie completed her MBA at the Whittemore School of Business & Economics.

She served in Town Administrator positions in Tuftonboro and New Durham, and has also served as the Executive Director for two award-winning Main Street programs in Plymouth and Meredith, where she helped create jobs and economic prosperity by attracting new businesses and new development. She and her husband Keith own a small environmental technology company in Meredith, where they make their home.

As a US Naval Acad-
SEE PBVRC, PAGE A14

NORTH COUNTRY COINS, LLC
BUYING - SELLING - APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry,

scrap gold, diamonds. Free oral appraisals.

NORTH COUNTRY COINS.

Main St., Plymouth, NH 536-2625.

Your "Favorite" Decorator
"For Sewing done right"

Jodie Favorite
Owner
#36 Baker St.
Bristol, N.H. 03222
Slipcovers
Cushions
Window Treatments
Office: 603-744-9433
Cell: 603-738-3399
Email: jfavorite@ttlc.net
Facebook: Your favorite decorator
Website: yourfavoritedecorator.com

3 LAKES LANDSCAPING

Located in the Lakes Region

HELP WANTED

-Looking for people with landscape experience on the

installation crew of patios, walkways, and stone walls

-Able to run equipment...Ex skid steer and excavator

-Clean driver's license

-Guaranteed 40 + hrs. a week

-Can turn into a year round position with the right person

Call 603-728-8116

64th Annual Hebron Fair

ALL PHOTOS BY DONNA RHODES



**PLYMOUTH
OPTICAL SHOPPE**
Martin D. Kass, Registered Optician
• Repairs Done on Premises •
607 Tenney Mtn. Hwy., Suite 101
Plymouth, NH 03264 • 603 / 536-3569



Dr. Joan Eversole



2 South Main Street
Plymouth, NH 03264
536-1445

Now accepting new patients!

We provide:

- Dental Cleanings
- Cosmetic care/Whitening
- Restorative
- Dentures/Partials
- Crowns & Bridges/Implant Crowns
- Nightguards
- Insurance Accepted and Filed
- We accept Visa, Mastercard & Discover
- Financing available through Citi Health Card

Providing over 30 years of Experience and Care

SCHWARTZBERG LAW

Certifications in Family Law Mediation,
Collaborative Law and Financial Litigation

**Now offering Professional Health Insurance
Advice to Our Divorce Clients**

Visit our website at www.nhlawyer.net

One Bridge Street • Suite 210 • Plymouth, NH 03264 • 603-536-2700

Opinion

A4
Thursday,
AUGUST 4, 2016

Northeast Region remains above national average for marijuana use

BY DEB NARO

Contributor

Despite the scientific evidence, many Americans still do not perceive marijuana use as harmful, and it continues to be the most commonly used illicit drug in the United States. Even though laws surrounding marijuana use in several states – including New Hampshire – have changed, marijuana still remains classified as a Schedule 1 Drug. This classification means that it is categorized as having a high potential for abuse and has no currently accepted medical use in treatment in the United States. Marijuana still remains illegal under federal law.

Data from numerous studies indicate that attitudes about the risks associated with substance use are often closely related to use, with an inverse association between use and risk perceptions (e.g., the percentage of those who use a substance is lower among those who perceive high risk of harm from use). Thus, states and other geographic areas with a high number of people who do not perceive there is a great risk of harm from using marijuana would be expected to have high percentages of people using marijuana.

Regionally, the study found that among people aged 12 and older, current (past month) marijuana use rates were highest in the West (9.70 percent) and lowest in the South (6.4 percent). People in the South also had the highest rate of perceived great risk from monthly marijuana use (32.6 percent), while people in the West had the lowest (25.6 percent). The Northeast current (past month) marijuana use rates were 8.36 percent - still above the national average of 7.73 percent. New

Hampshire's rate of perceived great risk from monthly marijuana use was below the national average of 28.5 percent, coming in at 26.56 percent. The full SAMHSA report can be found at http://www.samhsa.gov/data/sites/default/files/report_2404/ShortReport-2404.html.

There were striking differences in estimates of current marijuana use and perceptions of risk of harm from using marijuana monthly across the regions. Regions with higher percentages of marijuana use were more likely to have lower percentages of the population who think there is great risk in using marijuana.

"This report provides a very detailed understanding of marijuana use and perception patterns in communities across the nation," said Fran Harding, Director of SAMHSA's Center for Substance Abuse Prevention, in a news release. "This information can help public health officials and others better gauge the marijuana-related prevention and treatment needs in their communities and fine-tune their programs and services to best address them."

Educating people about the dangers of marijuana use is an effective way to reduce the impact of marijuana use in the future. CADY is working to create and provide educational resources to inform parents, teens, schools, communities, workplaces, behavioral health professionals and others about the many aspects of marijuana use. This information can be found on our Web site at www.cadyinc.org including a wide range of resources related to marijuana, including prevention, early intervention, treatment, and statistics and trends.

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18TH, 2014

Offices at 5 Water Street, P.O. Box 729,

Meredith, New Hampshire 03253

Phone: 603-279-4516 • Fax: 603-279-3331

Frank Chilinski, President & Publisher

Ryan Corneau, Information Manager

Brendan Berube, Editor

E-mail: newfound@salmonpress.com

Joshua Spaulding, Sports Editor

Donna Rhodes, Reporter

Advertising Sales: Tracy Lewis

Distribution Manager: Jim Hinckley

Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

SALMON PRESS PHOTO POLICY: As a community oriented family of newspapers, Salmon Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Salmon Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for re-sale, with any proceeds going to Salmon Press and/or the photo re-print vendor.

Free in Print, Free Online. www.newfoundlanding.com

PET of the Week Killian



Cats are not disposable but all too often at New Hampshire Humane Society, we witness the results of a thrown away companion, lost in the shuffle of human lives upended.

Killian was abandoned with six others, rescued by Animal Control and transported to our shelter in April of this year.

Handsome rugged, stocky and self-assured, don't let his tough guy demeanor fool you. His wizened furry face tells you, if you listen, that life hasn't treated him

well, crunched down ears from outdoor living is proof Killian has experienced much in his four plus years.

He is a love actually, very willing to bask in a sunny spot, rather than being outdoors. Cuddling with people who can see what a sweetheart he is really is all he wishes for these days. Not terribly fond of dogs, perhaps he's had some bad experiences, he deserves to be king, in his own kingdom, spoiled and cosseted forever.

Join us at Church Landing Meredith, August 11 at the Paws

For a Cause Auction. purchase your tickets To view a selection of items available and to go to www.nhhumane.org or call 524-3252

Letters to the Editor

Hillary is the real deal

To the Editor:

I have supported Sen. Bernie Sanders for the presidency from the start, and have heard him speak repeatedly. At each event, I was bowled over by his passion, energy and the energy in the room. He was eloquent, direct, and maybe best of all, genuine.

So when Hillary Clinton got the Democratic nomination, I felt let down. The intoxicating energy that swept along me and so many others seemed gone.

I grudgingly listened to Ms. Clinton's acceptance speech the other night driving home from a concert. I really listened. Thanks to Bernie and his millions of supporters, Hillary's platform was

more progressive than ever before. She had listened to us; I needed to listen to her.

Though her presentation sounded canned, Hillary was saying things that I whole-heartedly supported. I realized that my problem supporting Clinton had been largely based on her prepared speeches that seemed to lack genuineness, and to lack the intoxicating passion of Bernie Sanders... or Donald Trump. I realized my problem trusting her has been due to style, not content. Now I am convinced she is the real deal.

Frankly, I'll choose substance over style in a leader any day.

Lucy Natkiel

Hill

Charlie Chandler has my vote

To the Editor:

Charlie Chandler has my vote in the New Hampshire Senate District 2 race.

Charlie is a New Hampshire-ite through and through. He attended public schools in Laconia and graduated from University of New Hampshire. After graduating from Suffolk University Law School, he returned to New Hampshire and practiced law in Tilton.

Throughout his life, he has committed himself to public service - both locally and statewide. Charlie has been active in every community he has lived in, from serving as the Fire District Moderator in Tilton to serving on local selectboards and school boards. He currently serves on the Warren Selectboard and as the Warren School District Moderator.

He is a former state representative and has served as a New Hampshire Ballot Law Commissioner and on the New Hampshire Governor's Commission for Disability. (Learn more about Charlie Chandler at charliechandler.org)

Senate District 2 encompasses 27 towns extending from Haverhill through Plymouth and south to Tilton. As I have walked with Charlie meeting with residents, I am impressed at his knowledge of issues that are important to constituents.

Providing our students with an adequate education is a primary concern. "I am committed to providing excellent education to all our children...we

must fully fund our responsibility to provide for this adequate education."

He also understands that funding education on the backs of property owners is not in the best interest of property owners, municipalities or New Hampshire's education system. "We must do all in our power to relieve the property tax burden on cities and towns..."

Charlie Chandler supports renewing the New Hampshire Health Protection Plan. Over 2,500 people living in Senate District 2 now have health care thanks to the expansion of Medicaid through the New Hampshire Health Protection Plan. Charlie says, "I support expanded Medicaid without reservation in order to continue health care access for over 48,000 NH citizens who would otherwise be without coverage. This expansion also plays a major role in fighting the opioid crisis."

I have served in the New Hampshire House for 8 years and look forward to serving side-by-side with Charlie Chandler in the Senate. He will listen and act responsibly and help maintain civility and respect in the State Senate. He will serve his constituents well. I wholeheartedly support Charlie Chandler for State Senator, District 2.

Sincerely,

Rep. Suzanne Smith
Grafton 8
Hebron

K-9 unit proposal another example of poor management and planning

To the Editor:

At the Selectmen's meeting of May 19, the Bristol Chief of Police presented his intention of instituting a K-9 unit within the Bristol Police Department. The Police Chief stated that no moneys from the general fund would be required as he intended to use money from drug forfeitures to establish and operate the unit. The Chief further stated that the Select Board's concurrence with the establishment of a K-9 unit was unnecessary as under the State's RSA he was empowered to unilaterally utilize forfeiture funds for such purposes.

There were several citizens and non-citizens who expressed their opinions for and against establishing such a unit. One objection was that there was no appropriation made in the Bristol Town budget for a K-9 unit; therefore, any expenditure of town funds would be a violation of RSA 32:8.

It was also brought to the attention of the Select Board that pending legislation would divert forfeiture funds from local control to the State of New Hampshire General Fund. Senate Bill 522 has subsequently passed both Houses and signed into law by Gov. Hassan. This law will take effect on Jan. 1, 2017.

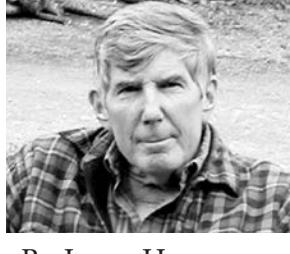
A petition signed by 103 Bristol citizens opposed to the establishment of a K-9 unit was presented to the Bristol Select Board. This is a significant number when compared to the 140 voters that attended the last Town meeting.

In my opinion, this is just another example of the arrogance, poor management, poor planning and complete disregard for the law by certain members of the Select Board and Police Department.

Paul Simard

Bristol

North Country Notebook



By JOHN HARRIGAN
COLUMNIST

I wonder if it is worth reminding anyone that the remains of Metallak, the last (that we know of) of the Coashaukees (hence Coös), are supposedly under a tombstone in the North Hill Cemetery (Creampoke) just northeast of Colebrook, off Route 145. That is, unless they are not under the stone and are instead behind the cemetery fence, as asserted by the late J.C. Kenneth Poore, whose father buried the old Indian?

Whatever the case, this piece of landscape is either in the right of way for the proposed Northern Pass project, of close enough for government work.

These questions and stories spool out all along the route of this unneeded and unwanted project, from Pittsburg to Stark and through Easton and the White Mountain National Forest to Campton, and then down the lovely Pemigewasset valley to Plymouth and Concord. We

The last of the Coashaukees, and walking the international line

are evidently expected to be supine and sublime about a for-private-gain, not-for-need backdoor deal that seeks to send an ill-gained, environment-trashing (see Quebec's "Plan du Nord") product to unwitting consumers to the south.

In my dream world, all of us who are in the way of this New Hampshire-trashing project, or the tens of thousands of others who love a landscape marked by mountains and valleys, not gigantic transmission towers, summon up the resolve to just say no-fold up your tents, folks, and go home.

+++++

You never know what you might turn up, poking around New Hampshire's old highways, byways and back roads.

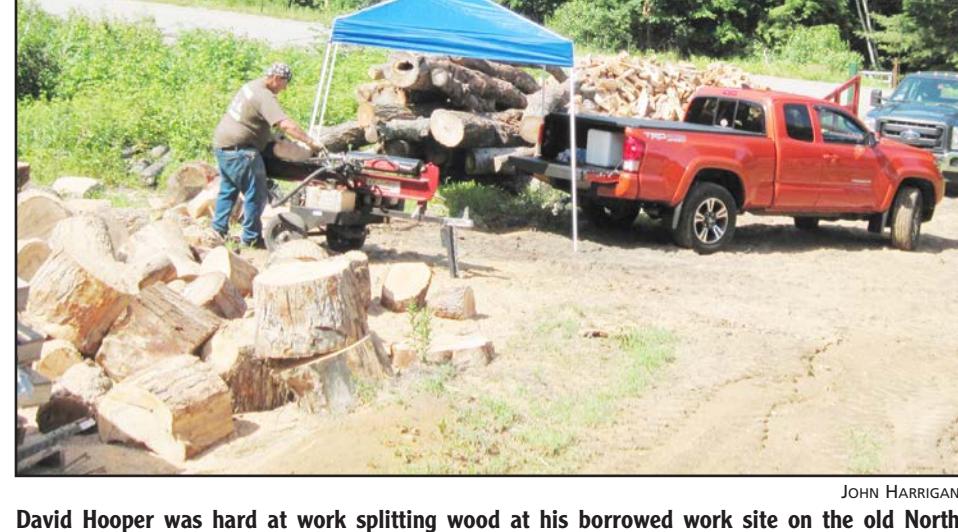
I poked up the old road to Ashland, on the east side of the Pemi, to take a photo of an old bridge I was curious about ("What do you do with an old bridge?" was my question), and I bumped into David Hooper, using a friend's piece of real estate to work up his wood-



JOHN HARRIGAN
An old and very rusted steel bridge spans the Pemigewasset River near the turn onto North Ashland Road, prompting the question "What do you do with an old bridge?"

pile. It is an endeavor joined in by a couple of hundred thousand other New Hampshire people who heat their homes totally or partially with wood. David said that about four cords keep him and girlfriend Linda warm and toasty.

In the "you never know" category I found, on the other end of the line when I called to get a little more information



JOHN HARRIGAN
David Hooper was hard at work splitting wood at his borrowed work site on the old North Ashland Road.

on David's woodpile, Linda Dunn (David was asleep), who is known in the Lakes Region as The Puzzle Lady. She enjoys traveling around and taking pictures, as I do, but she sends the ones she likes best to a puzzle-maker in Northwood and they come back as puzzles, which she sells for \$20 apiece at street fairs and town-common crafts events and the like. Her marketing slogan is "One and Dunn." "I don't get rich at it, but it's a fun way to make a little money," she said.

+++++

Anders Morley, an Ontario writer with Bay Colony roots, is doing a

story I've always wanted to do, which is to walk the 20-foot-wide cleared strip that marks the Canadian border and write about it, in his case for a magazine.

I get a lot of odd-duck guests at the Harrigan Hilton, sometimes called the South Hill Hilton, and on a couple of occasions Anders has been one of them. You never know who's going to show up as a supper guest here, an interesting and enriching part of life.

I drove Anders to about as remote a spot as you can find in New Hampshire, a beaver dam on an old logging road up near where Maine, New Hampshire

and the Province of Quebec meet, and dropped him off to hike up to the border, just up a ridge, and wend his way westward. I haven't heard from him since, but assume that (a) he got out of the woods (he's an accomplished back-country trekker, and (b) I will.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguy-hooligan@gmail.com or Box 39, Colebrook, NH 03576.)

MARK ON THE MARKETS

Market melt up



BY MARK PATTERSON

Sometimes we hear theories that Wall Street people throw out to get media attention or just to be different. But I recently heard a theory given by a S+P 500 futures trader that I believe deserved a bit of thought.

This trader, who is very credible, said that if the market price/earnings ratio expanded by 1 from roughly 17 to 18 that the S+P 500 index could rapidly gain 200 points. That would be a move from around 1980

to 2180. In a market that is already pricey that market melt up sounds like what market technicians or chartist would call a "blow off top." Much of this has been fueled by post-Brexit flight to safety.

A blow off top often is the beginning of a substantial correction to the downside. As a former commodity trader myself, this is a pattern or move that I have experienced in certain commodity contracts, but I suppose the closest thing in the equity markets might be the NASDAQ bubble that blew up around the year 2000. Many people who got caught up in that bubble realized the ensuing pain when the bubble burst.

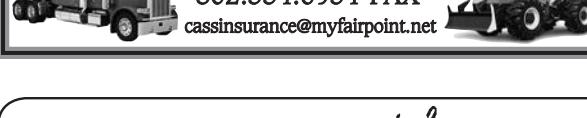
A common situation as investors is that we do not want to miss the ride up, but certainly do not want to experience the pain of the correction. So what do we do? I would answer that with a series of questions. First, I would ask if the money in the market was retirement money and if so how far are you from retirement? If it is not retirement money, what is your risk tolerance and do you need this money liquid in the next few years? If you were saving for the down payment on a home or if this money was ear-

SEE MARKETS, PAGE A14

CASS INSURANCE INC.

'Nanc' & Michelle
PO Box 406 • Newport, Vermont 05855

PERSONAL AUTOS, WORKMAN'S COMP.
GENERAL LIABILITY AND EQUIPMENT
HOMEOWNERS, SNOWMOBILES, ATVS



Injured in an Accident?

CONKLIN & REYNOLDS, P.A.

is pleased to announce its affiliation with

ATTORNEY GARY CASINGHINO

Automobile & motorcycle accident attorney

CALL GARY CASINGHINO, ESQ. at our Plymouth or Lincoln

office for an appointment

✓ Successful recoveries for

hundreds of accident

victims

✓ Insurance company

intervention

✓ Hard work on your behalf

✓ FREE consultations -

Evening and weekend

appointments

Conklin & Reynolds, P.A.

Attorneys At Law

Plymouth office:
Deborah R. Reynolds, Esq.
607 Tenney Mountain Highway, Plymouth, NH
603-536-8980

Lincoln office:
Michael F. Conklin, Esq.
264 Main Street, Suite 14, Lincoln, NH
603-745-3451

"MIKE E. WILL DO MOST ANYTHING"

WOULD LIKE TO THANK THE N.H. RESIDENCE, AND ITS OUT OF STATE CUSTOMERS, FOR 30 PLUS, SUCCESSFUL, YEARS, IN THE EXCAVATING, BLASTING, DEMOLITION, AND LOGGING BUSINESS,

IN THE STATE OF N.H. AND THE LAKES REGION AREAS. SO IF YOU ARE PLANNING ANY OF THE FOLLOWING PROJECTS, SEPTIC SYSTEMS DESIGNED AND INSTALLED, ROADS, DRIVEWAYS BUILT, TREE CLEARING, STUMPING, WELLS, WATERLINES, INSTALLED, AND EVERYTHING IN THE SITEWORK BUSINESS YOU CAN THINK OF PLEASE CALL MIKE E. 603-254-7350

WE HAVE REAL ESTATE AVAILABLE, BUILDERS AVAILABLE, ARCHITECTS & CONCRETE CREWS READY TO START YOUR PROJECTS.

"MIKE E. WILL DO MOST ANYTHING"

603-254-7350

Iconic screen lover Rudolph Valentino stars in double feature at Flying Monkey

Silent romantic epics "The Sheik" and "Son of the Sheik" to be shown with live music on 90th anniversary of star's tragic early death

PLYMOUTH—He was the cinema's first sex symbol, causing hordes of female moviegoers to flock to his pictures throughout the 1920s.

He starred in films designed to show off his Latin looks, his smoldering eyes, and his dancer's body. And his untimely death in 1926 prompted mob scenes at funeral in New York.

He was Rudolph Valentino, who remains an icon for on-screen passion long after he caused a sensation in the 1920s.

Two of Valentino's most acclaimed films will be screened with live music on Thursday, Aug. 18 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth.

"The Sheik" (1921) served as the blockbuster that launched the Valentino craze, while

"Son of the Sheik" (1926), a sequel, is widely regarded as Valentino's finest work.

The double feature of "The Sheik" and "Son of the Sheik" will be accompanied by live music by Jeff Rapsis, a New Hampshire-based silent film accompanist. Admission to the program is \$10 per person.

"Son of the Sheik" was the actor's last film, released following his death in August, 1926 from complications from peritonitis. He was only 31 when he died.

The death took place at the height of his career, inspiring a day-long mob scene at the actor's New York funeral.

An Italian immigrant who arrived penniless at Ellis Island in 1913, Valentino rose to super-



Park Cemetery in Los Angeles, leaving only a single red rose.

Valentino was aware of his effect on audiences, saying that "Women are not in love with me but with the picture of me on the screen. I am merely the canvas upon which the women paint their dreams."

The Valentino double feature is the latest in a series of monthly silent film screenings at the Flying Monkey Moviehouse and Performance Center. The series aims to recreate the lost magic of early cinema by bringing together the elements needed for silent film to be seen at its best: superior prints; projection on the big screen; live musical accompaniment; and a live audience.

"These films are still exciting experiences if you can show them as they were designed to be screened," said Rapsis, accompanist for the screenings. "There's a reason people first fell in love with the movies, and we hope to recreate that spirit. At their best, silent films were communal experiences in which the presence of a large audience intensifies everyone's reactions."

But Valentino's brief stardom was defined by the "Sheik" roles, which brought a new level of exotic sexuality to the movies, causing a sensation at the time. In theaters, women openly swooned over Valentino's on-screen image, especially in roles such as the "Sheik," which featured elaborate costumes. At its peak, his popularity was so immense that it inspired a backlash among many male movie-goers, who decried Valentino's elegant image and mannerisms as effeminate.

For each film, Rapsis improvises a music score using original themes he creates beforehand. None of the music is written down; instead, the score evolves in real time based on audience reaction and the overall mood as the movie is screened.

"The Sheik" and "Son of the Sheik" will be shown on Thursday, Aug. 18 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth, N.H. General admission \$10 per person. For more information, visit www.flyingmonkeynh.com or call 536-2551.

Country songstress Kathy Mattea performs "Acoustic Living Room" at the Flying Monkey

PLYMOUTH—Kathy Mattea, the two-time Grammy winner and Country Music Association Female Vocalist of the Year, has followed a path of discovery and re-thinking throughout a career spanning 11 albums of intensely felt music. Now Kathy Mattea is embarking on an exciting new phase of her musical journey.

She will share that journey in a performance with Bill Cooley at The Flying Monkey Performance Center on Saturday, Aug. 5. Tickets for this concert start at \$35.

Grammy Award winning singer Kathy Mattea and her longtime collaborator, guitarist Bill Cooley, have shared one of Nashville's most musically rich partnerships for over two decades. The duo meets as old friends, welcoming you into 'The Acoustic Living Room' to share songs and stories near and dear to their hearts.

Mattea released her self-titled debut album in 1984. Though it generated several Top 40 singles, it was not until her third album, "Walk The Way The Wind Blows" (1986), that established her as an up and coming star.

"At the time I broke through, country music had narrowed so much," she recalls. "I was part of an influx of a kind of new breed, where the format opened up again in order to survive—and open up it did. Mattea scored four Top 10 hits from the album as the rootsy sound brought a critically acclaimed breath of fresh air to country music alongside singles from fellow pioneers like Nanci Griffith, Steve Earle and Lyle Lovett. Mattea earned critical acclaim



Kathy Mattea, the two-time Grammy winner and Country Music Association Female Vocalist of the Year, has followed a path of discovery and re-thinking throughout a career spanning 11 albums of intensely felt music. Now Kathy Mattea is embarking on an exciting new phase of her musical journey. She will share that journey in a performance with Bill Cooley at The Flying Monkey Performance Center on Saturday, Aug. 5. Tickets for this concert start at \$35.

and commercial success

at the time I was exposed to all this cool Celtic and world music."

Throughout the '90s, Mattea's successes continued, charting still more singles, including 1994's top five single "Walking Away A Winner," and releasing three more gold albums, the platinum-selling "A Collection Of Hits" and a Christmas album, "Good News," which earned Mattea her second Grammy.

During the early '90s, as country music exploded behind the phenomenon of Garth Brooks, Mattea began to push her own musical boundaries, explaining "I became musically restless. Country music, as a format, seemed to be narrowing down again,

mier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

"I began to feel like the next generation was coming up, and I could either choose to play in that arena, or go and see what else might be out there for me. I began to dream of making music without all these rules. I wanted to experiment with some of the sounds I had been exposed to during my trips to Scotland. Adding unexpected elements, like traditional Celtic instruments or more ethnic drumming to our shows has allowed us more diversity. I've always enjoyed making that kind of cultural and musical soup," she said.

Tickets for Kathy Mattea and Bill Cooley are \$35 and \$45 for pre-

mium seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

Valentino's sudden death fueled his status as a legendary romantic icon of the cinema. For years, a mysterious woman dressed in black would visit his grave at the Hollywood

**Insurance is complex.
We are here to help.**

(800) 852-3416



New Hampshire
Insurance Department
CONSUMER SERVICES

The NHID Consumer Services staff helps people who have questions or complaints about their coverage.

(800) 852-3416

www.nh.gov/insurance

Rymes

PROPANE & OIL

WACKY WEEKENDS

AT THE BRIDGEWATER OFFICE.

557 Mayhew Turnpike, Bridgewater

9am-5pm

All Summer Long, come and get your 20 lb propane tank filled on the weekends for

JUST \$1 BUCK!!!!

100 lb tanks= \$89

603-724-6066, ext 2170

Limit 5 tanks per customer

Looking for the Newfound Landing?

Covering the Newfound Lake Area & Surrounding Communities



Find it **FREE** Online at:

www.NewfoundLanding.com

Or **FREE** at these
fine local businesses:

BRIDGEWATER:

Newfound Grocery

HEBRON:

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

BRISTOL:

Bristol Post Office (Outside Box)

Bristol Town Hall

Bristol Laundry

Cumberland Farms Bristol

Park & Go Bristol

Parkhurst Plaza

Shacketts

Rite Aid Bristol

Shop& Save Bristol

Wizard of Wash

HILL:

Hill General Store

NEW HAMPTON:

Mobil Gas Station

Irving Gas Station

PLYMOUTH:

Tenney Mt. Store

DANBURY:

Danbury Country Store

PUBLISHED
EVERY
THURSDAY!

RUMNEY:

Common Café

Stinson Lake Store

A new publication full of local news, sports & happenings from the following communities:

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

New Orleans musical treasure

Anders Osborne comes to Plymouth

PLYMOUTH — Regarded as the most innovative new guitarist and songwriter in New Orleans vibrant music scene, Anders Osborne has been racking up both fan and critical praise in recent years. Osborne and his band bring their colorful jam rock to The Flying Monkey Performance Center on Friday, Aug. 12. Oliver John-Rodgers Band will

open. Tickets for this concert start at \$25.

Between the potency of his richly detailed songwriting, his intensely emotional, soulful vocals and his piercing, expert guitar work, New Orleans' Anders Osborne is a true musical treasure. He is among the most original and visionary musicians writing and performing today. Guitar Player calls

him "the poet laureate of Louisiana's fertile roots music scene." New Orleans' Gambit Weekly recently honored Osborne as the Entertainer Of The Year. OffBeat named him the Crescent City's Best Guitarist for the third year in a row, and the Best Songwriter for the second straight year. Osborne also won Song Of The Year for his composition, "Louisiana

Gold."

New Orleans Times-Picayune sums up Osborne, "Rich and glorious...Osborne possesses a voice that rises out of the darkness to the light of a soulful, tremulous wail. He is a consummate showman and shaman, bending successive moments to suit his majestic purposes. Os-

borne seeks an epic quality to much of his music, crafting layer upon layer of hugely scaled soundscapes...never lazily derivative...every slashing guitar figure, every cry of a lyric, seems to come from an authentic place." Fiery anthems and scorching guitar work from The Crescent City's most acclaimed

young musician are coming to NH. We like the sound of that gumbo, yes we do. Bring it on.

Tickets for Anders Osborne are \$25 and \$35 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.



COURTESY

Mark T. Small to appear at Meredith Bay Colony Club

Meredith Bay Colony Club will host a free acoustic performance by Mark T. Small on Monday, Aug. 22 at 3 p.m. The venue is located at 21 Upper Mile Point Drive in Meredith. Don't miss this amazing opportunity to experience an intimate setting performance by one of the greats. Mark T. Small is the consummate songster, an electrifying performer, master interpreter and highly skilled musician with a great sense of history. Mark has played shows from New England to Europe with a "Best Acoustic Blue Album" credit in 2014. Mark will move you to a whole new love of American music. The program is free and open to the public. Seating is limited, so please call 279-1500 for reservations.

Little Church Theater hosts Songwriters Showcase on Squam

HOLDERNESS—The Little Church Theater is hosting a unique evening of music in the round on Aug. 6 at 7 p.m. The "Songwriters Showcase on Squam" will feature Audrey Drake, Tom Dean and Eric Erskine, each performing original songs. Tickets are \$30 for reserved seats in the first four rows and \$25 for general admission and can be purchased online at littlechurchtheater.com or by calling 968-2250.

Singer, songwriter and recording artist Audrey Drake has a unique style which combines her classical training, expressive voice, spirited guitar playing and heartfelt story telling. Drake's debut album, "Soul To Keep," tells the story of her journey from her beginnings on the family farm to her solo artist career. Her sophomore CD, "The Next Best Thing," is due to be released this month.

Eric Erskine is known for his variety of musical styles. His albums "Still Life," "Digital Age" and "Thinking Out Loud"

received rave reviews, launching him as a stand out singer/songwriter.

Tom Dean has toured internationally as a member of the legendary folk trio Devonsquare, sharing the stage with the likes of Bonnie Raitt,

Peter Frampton and Steven Stills. As a solo artist, Dean has released two independent recordings "Your Own Backyard" (1999) and contemporary folk "Pennies" (2004).

Donavon Frankenreiter breezes into The Flying Monkey Performance Center for the first time on Friday, Aug. 26. Frankenreiter is known as a laid back, soulful surf-rock crooner who surfs and sings alongside long-time friend Jack Johnson. Local rising star Jay Psaros will open the night. Tickets for this concert start at \$27.

Many things in life are fickle. Music in one.

Two singing surfers from Hawaii. One so famous he's parodied on "Saturday Night Live." The other, as equally talented, is known by a more modest but discerning audience.

Donavon Frankenreiter, who will perform Aug. 26 at The Flying Monkey Performance Center, doesn't mind the comparisons to Jack Johnson.

"I understand it," Frankenreiter said. "And being mentioned in the same sentence as him, that's good company. He's a good guy and a great songwriter and he gave me my start in music."

Johnson produced Frankenreiter's debut album and co-wrote several of the songs.

"Sonically, my first record sounded similar (to Jack's sound) but when people see me live and hear all my other stuff, they realize I'm a lot different," Frankenreiter said.

It's equally noteworthy that 42-year-old Frankenreiter has also been a professional surfer, with multiple endorsements, since he was a teenager. In 2004, when he was 30,

young musician are coming to NH. We like the sound of that gumbo, yes we do. Bring it on.

Tickets for Anders Osborne are \$25 and \$35 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

Surf musician

Donavon Frankenreiter plays the Plymouth stage

PLYMOUTH — Donavon Frankenreiter breezes into The Flying Monkey Performance Center for the first time on Friday, Aug. 26. Frankenreiter is known as a laid back, soulful surf-rock crooner who surfs and sings alongside long-time friend Jack Johnson. Local rising star Jay Psaros will open the night. Tickets for this concert start at \$27.

Many things in life are fickle. Music in one.

Two singing surfers from Hawaii. One so famous he's parodied on "Saturday Night Live." The other, as equally talented, is known by a more modest but discerning audience.

Donavon Frankenreiter, who will perform Aug. 26 at The Flying Monkey Performance Center, doesn't mind the comparisons to Jack Johnson.

"I understand it," Frankenreiter said. "And being mentioned in the same sentence as him, that's good company. He's a good guy and a great songwriter and he gave me my start in music."

Johnson produced Frankenreiter's debut album and co-wrote several of the songs.

"Sonically, my first record sounded similar (to Jack's sound) but when people see me live and hear all my other stuff, they realize I'm a lot different," Frankenreiter said.

It's equally noteworthy that 42-year-old Frankenreiter has also been a professional surfer, with multiple endorsements, since he was a teenager. In 2004, when he was 30,



COURTESY

Donavon Frankenreiter breezes into The Flying Monkey Performance Center for the first time on Friday, Aug. 26.

he recorded his first album and has recorded eight solo albums since.

Frankenreiter's dual careers keep the married father of two on the road and away from his home on the north shore of Kauai about eight months of the year.

"On the road, it's non-stop planes, trains and chaos," he said. "Home is like a dreamscape. I love it."

That does not mean Frankenreiter plans to cut back on either career, as both surfing and music feed his soul. And for that we are thankful, as we will get to hear his laid back, soulful surf-rock in little ol' Plymouth.

Tickets for Donavon Frankenreiter are \$27



Scenic Cruises

Summer in NH is not complete without a cruise on Lake Winnipesaukee. Join us on the MOUNT,

the Doris or the U.S Mail Boat, Sophie C.

Sunday Brunch

Enjoy a delicious buffet brunch on a scenic cruise of the big lake.

Dinner Cruises

Rock 'n' Roll Sat. Night
Dine, Dance & Cruise
From Weirs Beach - 7 PM

Swing to The Oldies
Adults 60+ get \$10 discount.
Mondays, 6-9 PM

Family Dance Party
Kids cruise FREE
Wednesdays, 6-8 PM

Friday Theme Cruises
From Weirs Beach, 7-10 PM
From Meredith, 7:30-10:30 PM

Complete schedule on line:
www.cruiseNH.com
603-366-5531

PLYMOUTH
GENERAL DENTISTRY

With over 20 years experience,
Dr. Kirschner combines
cutting edge dental technology,
with a caring & gentle touch.

We give our patients
something to smile about!

Call for an Appointment Today

Joan Kirschner, DDS

65 Highland Street, Plymouth, NH 03264

(603) 536-4301

pgdentistry.com

Like Us On facebook

Managing mobility problems in seniors

BY MARTHA SWATS

Owner/Administrator

Comfort Keepers

Problems associated with aging can affect a person's ability to move around, or mobility. Mobility problems may include unsteadiness while walking, difficulty getting in and out of a chair, or falls. Muscle weakness, joint problems, pain, disease, and neurological difficulties can all contribute to mobility problems. Sometimes several mild problems combine and occur simultaneously, affecting mobility. It can also make the difference between living at home or in a facility.

The primary mobility problem that older people experience is falls. Falls are a major cause of injury and death, so prevention is important. Older bones break more easily, heal less quickly, and may not heal completely. If a hip is fractured, canes, walkers, or wheelchairs might be permanently needed. If the senior is afraid of falling, address it, or he or she may become afraid to move around.

Doctors often check for heart and lung problems, and screening for mobility can be put off, or even overlooked. This can be surprising, since tests for mobility can be relatively simple. With the "Get Up and

Go Test", a person is asked to stand up from sitting in a chair, walk 10 feet, turn around, walk back to the chair, and sit down. How long it takes and how steady the person is can then be noted. Another way is just to watch

how quickly people walk. They should walk faster than a yard per second. If you walk

that or faster, you're in the normal range; if you're slower, you may have a gait problem, which increases the chances of falling. An approach University of Alabama researchers use is to ask two simple questions:

For health or physical reasons . . .

1) Do you have difficulty climbing up 10 steps or walking one-quarter of a mile?

2) Have you modified the way you climb 10 steps or walk a quarter of a mile?

These questions can be asked prior to testing. A senior probably knows if he or she is having trouble

climbing stairs and walking one-quarter of a mile is equal to one lap around a medium-sized mall's upper level.

Ways to help prevent mobility problems or reduce the risk of them getting worse

Stay active. A regular program of exercise can strengthen muscles and improve flexibility. With

increased strength and balance, a senior is better able to maneuver and avoid a potential fall.

Maintain a healthy weight and a healthy diet. It's simply easier to get around without carrying extra weight, and there is less stress on bones and joints.

Check the possible influence of medications. Prescription and over-the-counter medicines, herbal

or other remedies can result in drowsiness or distraction, which can lead to falls.

If medications affect

your balance or alertness, discuss a lower dose or different medicine with a physician.

Identify fall hazards in the home and eliminate them. Pay special attention to safety equipping the

bathroom and kitchen. Use rubber appliqués or mats, raised toilet seats, and handrails where necessary.

Clear the home of clutter and loose rugs or wires. Good lighting is essential; use night-lights in bathrooms, hallways, and, if needed, the bedroom.

Ask the doctor about walking aids. If a senior is just a little bit unsteady on his or her feet, a cane or walker

can be used. Skip the drugstore, and first check with a doctor or physical therapist to find out what type is

needed. A physical therapist will make sure the cane or walker is adjusted to the right height, and can teach the senior how to use it.

Test vision and hearing regularly. Seeing poorly or not hearing well can cause mobility problems

and lead to falls. A senior should be extra careful with new bi-focal or tri-focal eyeglasses.

Make sure proper footwear is worn. Sturdy, well-fitted, low- or flat-heeled shoes with good grip and support are recommended.

In bad weather, exercise indoors.

Create opportunities for socializing. Look for community activities that keep seniors mobile.

Check with local hospitals, senior centers, and community centers to see if they offer exercise or walking programs. An exer-

cise or walking partner can help seniors stick to a program.

Medical alert services can provide peace of mind. If you worry about a senior having an

emergency while alone, consider a medical alert service to connect him or her to help 24/7, at the

push of a button.

Don't help too much. Don't do everything for someone because you are afraid that something

might happen. He or she needs to stay active and most likely prefers to remain independent.

Tell the doctor about mobility problems, and mention any falls. Certain diseases like arthriti

can affect mobility. Risks can often be reduced if the medical condition is diagnosed and treated.

Comfort Keepers® can help. About one-quarter of Americans over age 65 need help with everyday activities

such as eating, bathing, and getting in and out of bed or a chair.

Our trained caregivers can help with these and other tasks, while providing companionship. Comfort Keepers can also have someone perform home safety

assessments to identify fall hazards, and make recommendations to improve safety. Call your local office today!

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers.com/plimouthnh for more information.

Sundance film about flaws in modern school systems comes to New Hampshire

Squam Lakes Natural Science Center collaborates with the Holderness School to provide a community viewing opportunity

H O L D E R N E S S

Squam Lakes Natural Science Center is pleased to invite the public to a special viewing event of "Most Likely to Succeed," an inspiring and captivating film aimed at helping communities identify the flaws in their school systems.

This compelling 90-minute film empowers communities to ratify American school systems.

Dr. Tony Wagner of Harvard's Innovation Lab will introduce the film and take part in a panel discussion with

New Hampshire's Department of Education Deputy Commissioner Dr. Virginia Barry af-

ter the film.

Dr. Tony Wagner, an expert in residence at Harvard University's Innovation Lab and a Senior Research Fellow at the Learning Policy Institute, co-au-

thored a book under the same title with Ted Dintersmith, which served as the basis for

the film. The book and film are revolutionary and eye-opening and have been described by Laszlo Block, SVP of People at Google and author of "WORK RULES" as "bracing, revelatory, and always backed up with hard facts. Most Likely to Succeed should top the reading list for

any teacher, parent, citizen, or high school or college student.

Wagner and Dintersmith's incisive prose slices through the politics to show - without pointing fingers - how schools can refocus to

make education more active and engaging for young people, as well as helping them to understand and enjoy the natural world. The dis-

cussion after the film showing will provide an exciting opportunity to discuss how to bring

more of this kind of education to our kids."

Dr. Wagner also serves as a Trustee of Squam Lakes Natural Science Center, saying, "I agreed to serve on the

Science Center Board and to chair the Education Committee because I'm passionate about

making education more active and engaging for young people, as well as helping them to understand and enjoy the natural world. The dis-

cussion after the film showing will provide an exciting opportunity to discuss how to bring

more of this kind of education to our kids."

This film viewing is an important opportunity to learn about and discuss flaws in modern school systems, with key constituents in education in New Hamp-

shire and New England as panelist members. Dr. Wagner hopes that "the showing of the award-winning film

, 'Most Likely to Succeed,' will provide an

engaging opportunity for parents, community members, and educators to come together to talk about what kind of education will best prepare young people for work, learning, and citizenship in the 21st Century."

The public is invit-

ed to attend this event on Saturday, Aug. 13, at 7 p.m. inside the Ha-

german Auditorium at the Holderness School, located on Route 175 in Holderness, New Hampshire.

The cost to attend

is \$10 per person with all proceeds benefiting the Blue Heron School

Scholarship Fund at Squam Lakes Natural Science Center. Blue

Heron School is New

Hampshire's first nature-based Montessori

early learning center. All donations to the

Blue Heron School Scholarship Fund help

provide families with the opportunity to en-

roll their children into the school where they

may learn, grow, and discover through a

unique nature-based education perspective.

To attend this movie event, please RSVP by Friday, Aug. 12 by call Squam Lakes Natural Science Center at 968-7194, ext. 7. Parking is available at the Ice

Rinks and the Carpenter lots at the Holder-

ness School. For more information regarding

the film, visit MLTS.film.org.

FOR OVER 50 YEARS
Helping New Hampshire Feel Great At Home Since 1965

Harris Family

FURNITURE & MATTRESSES

L A Z B O Y

Recliner SALE!

2 Great Recliners 1 Low Price!
Mix and Match all Styles all Colors

FREE N.H. Delivery

HURRY IN
SALE ENDS SOON!

2 for Only \$598 (2 colors)
Anderson Recliner

2 for Only \$698
Collage Recliner

2 for Only \$798
Casey Recliner

UPGRADE TO POWERRECLINER X™ for only \$300 each chair

Pick a Pair of Chairs and Receive \$75 OFF Any La-Z-Boy Reclining or Stationary Sofa.

Receive an Additional \$50 OFF Any La-Z-Boy Reclining or Stationary Loveseat.

2 for Only \$898
Coleman Recliner

2 for Only \$998
Pinnacle Recliner

2 for Only \$1098
Lancer Recliner

FREE Set Up • FREE Lay-A-Way
FREE N.H. Delivery

CHICHESTER: Rte. 4, Dover Road • 798-5607
PLYMOUTH: 485 Tenney Mt. Hwy. • 536-1422
LACONIA: 460 Union Avenue • 524-7447
WWW.HARRISFAMILYFURNITURE.COM

7/19 - 8/2/16

Harris Family
FURNITURE & MATTRESSES

Not the time to check your child's car seat.

safercar.gov/TheRightSeat



THE WINNIPESAUKEE TALKIE

July sales gains modest, YTD closings up



BY RANDY HILMAN

July regional home sales rose less than 1 percent year-over-year on volume of \$88 million with sales year-to-date, however, up more than 14 percent on volume of \$490 million, an increase of nearly 14 percent from the previous year, figures show.

Meanwhile, month-to-month transactions in Belknap, Carroll and Grafton counties were down sharply, falling more than 19 percent from June to 290 closed sales for the month, compared to 360 in June, 2015, according to sales data supplied by the New England Real Estate Network Multiple Listing Service.

Despite the month-to-month drop in sales, the median home price in the tri-county region inched up 2.5 percent through the first six months of the year to \$205,000, an annualized increase of 6 percent, suggesting a market that continues to firm to the delight of home sellers.

New July listings dropped almost 20 percent YoY to 1,984 units, following a decline in June of 19%. YTD, new listings were down 11 percent to 3,697 housing units compared 4,163 units listed during the same period last year, NEREN figures show.

Fewer new listings combined with increased sales are a formula for rising prices. Housing supply in the three-county region remained just under 10 months at the close of July with the market absorbing an average of 271 units per month over the previous 12 months, according to

NEREN figures.

"Although inventory is still being stretched thin in many areas, low mortgage rates coupled with higher wages have built a relatively steady housing marketplace," the New Hampshire Association of REALTORS® said in its most recent housing report.

"How long that can continue without fresh supply remains an important question, but conditions are seemingly good enough for serious buyers."

The NHAR report described activity this year as an "exciting period of home buying and selling," adding that the housing market has lived up to predictions of robust sales activity in 2016.

Across the state, home sales were up above 20%, YTD compared to 2015, on sales volume of \$1.54 billion, an increase of 23 percent YoY, NHAR figures show.

The median home price statewide moved up nearly 3 percent for the year to \$239,000. Housing affordability

declined 7 percent, according to NHAR; meaning housing grew more expensive relative to the state's median household income. The supply of housing inventory across New Hampshire shrunk to 8.4 months, a decline of 15 percent over the previous 12 months.

Area builders are optimistic that a recovering existing home market characterized by fewer choices will spur new home construction, which dwindled dramatically with nation's financial collapse in 2008 and has yet to return in large numbers. In the Lakes Region, many say, existing homes can still be purchased for less money than the cost to construct new homes.

Carroll County rose above Belknap and Grafton counties in July home sales with 103 closed transactions, an increase of 17 percent YoY on dollar volume up 15.6 percent to \$30 million, figures show. Sales through the first seven months of the year were also up a healthy 15 percent on dollar volume of \$163.9

million, up 25 percent from the same period in 2015.

The July median home price in Carroll County rose a dramatic 14 percent YoY to \$239,000. The median price YTD was up 8 percent to \$213,500, according to NEREN. Housing supply at the end of July stood at 10 months on average monthly sales of 94 housing units over the previous 12 months.

Grafton County posted no sales gain in July with 95 closed transactions unchanged from a year ago. Home sales for the year were up 6.8 percent to 584 closed transactions on dollar volume of \$155.8 million, up nearly 3 percent.

New listings posted in the red at nearly 6 percent below the same period last year.

The median price of a Grafton County home at the close of July was \$210,000, up 5.5 percent over July 2015, according to NEREN. Housing supply there at the

close of the month remained unchanged at 10.5 months of available units for sale based on average monthly sales of 89 housing units.

Belknap County, a sales leader through June, saw its July sales numbers fall more than 12% to 92 closed transactions YoY on volume of \$29.6 million, down almost 21 percent from a year ago, according to NEREN. To date, however, Belknap home sales remained up a healthy 22 percent to 574 closed transactions while dollar volume compared to the same period last year was up 16.5 percent to \$170.3 million.

Housing supply there at the close of July stood at eight months on average monthly sales of 89 units, the lowest inventory of any county in the tri-county region, NEREN figures show.

Do you have specific questions pertaining to real estate activity in your neck of the woods?

Are you thinking of selling your home or do you know someone who may be planning to buy or sell a home in the near future? I can help.

The real estate market is ever changing. What you don't know about it could cost you time and money. Contact me today by email or phone to schedule a free, no-strings consultation. Meanwhile, thank you for reading The Winnipesaukee Talkie.

The Winnipesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Mr. Hilman today is an associate broker at Keller Williams Lakes & Mountains Realty, Wolfeboro. He can be reached at 610-8963 or by email at rhilman@randyhilmanhomes.com.



Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton

A community publication full of local news, sports & happenings.

FREE IN STORES! FREE ONLINE!

Reserve your ad space today!

ONLY \$7.00/pci

Call Tracy Lewis at (603) 444-3927

Email: tracy@salmonpress.com



if you only

had the time, right? Now you do.

3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

PEACE CORPS **RESPONSE**

peacecorps.gov/response



COURTESY

Danbury police display new cruiser

The Danbury Police Department was proud to display their new police cruiser last week and thank everyone in Danbury for their support in the department's mission to serve and protect the community.



COURTESY

Enterprise Rebekah Lodge honors members

Kristina Montambeault (second from left), Noble Grand of Enterprise Rebekah Lodge #46 of Bristol recognizes James Lawrence Concord (35 year member), Lorraine Doyon of Laconia (40 year member) and Rosalie Downing of Ashland (60 year member) for their years of service to the Lodge. The Independent Order of Odd Fellows (I.O.O.F) and Rebekahs are a fraternal organization that strives to make the world a better place in which to live, embracing their motto of friendship, love, and truth. For information about the organization, please contact Mary Durgin at 536-2400.

Whole Village celebrates 20 years with community-wide open house

Community welcomed to join in the 20 year celebration

P L Y M O U T H

— Whole Village Family Resource Center, an initiative of Granite United Way, in Plymouth has been strengthening families for 20 years this year and they are inviting the community over for an ice cream celebration!

Community members are invited to join in the fun on Thursday, Aug. 11 from 4 – 6 p.m. at Whole Village Family Resource Center, 258 Highland St., Plymouth. Guests will enjoy some cool treats and entertainment.

“During the past 20 years, Whole Village Family Resource Center has been working with families in the Plymouth area and we’re proud of the partnerships we have built in that time,” said Susan Amburg, Director of Whole Village Family Resource Center. “Currently, we have 13 nonprofit programs housed in our facility and we work together in unique and innovative

ways every day. We have a lot to celebrate as we turn 20!”

For planning purposes, kindly RSVP for the ice cream social by emailing info@graniteuw.org.

Special thanks to event sponsor Bank of New Hampshire and for

the donation of ice cream by Hannafords in Plymouth.

For more information on Granite United Way, visit www.graniteuw.org.

Granite United Way
Granite United Way is an experienced and

trusted organization dedicated to leveraging the resources of investors and volunteers to create lasting change by addressing the underlying causes of our community’s most pressing needs. Granite United Way is committed to improving the lives of individuals and

families by supporting programs in the areas of education, income and health. Granite United Way works with over 1,000 companies, 25,000 investors and thousands of volunteers every year to make our communities a better place.

Granite United Way

serves the Southern (Manchester/Derry/Salem), Merrimack County, North Country, Central NH, Northern and Upper Valley Regions of New Hampshire and Vermont, as well as Windsor County, Vt. For more information, visit www.graniteuw.org.

Plymouth State University announces new Dean of Enrollment Management

PLYMOUTH — Plymouth State University has named Jason Moran as its new dean of enrollment management. Moran, who began his new role July 1, was born in Derry, and grew up in Annandale, N.J. He comes to PSU from Lycoming College in Williamsport, Pa., where he served as director of admissions for the past five years.

“Besides coming highly recommended, Jason appealed to us because of his background and success in enrollment management as well as his strategic thinking and drive to make a difference,” said President Donald Birx. “I think he and his family will make a great fit with Plymouth State and the region.”

Moran brings more than a decade of experience in higher education admissions to PSU, having launched his career with Lycoming College in 2004 as an admissions counselor, then as assistant director of admissions before being named director of ad-

missions in 2011. While at Lycoming, Moran helped to lead recruitment and enrollment efforts for the two largest new student classes in the college’s history and participated in strategic efforts that led the college to enroll the most diverse class in the college’s history.

“My family and I are thrilled to join the PSU community. I’m especially excited to join an enrollment team and a university community that has experienced two straight years of record enrollments and I look forward to working to meet and exceed future enrollment goals,”

Moran said. “During the interview process, I was impressed by the warm and inviting culture that exists at PSU and the student-centered focus that is not only shared among faculty and staff, but also prevalent in the university’s strategic focus to organize into an academic integrated cluster model.”

Moran earned his Master’s degree from Bucknell University in Lewisburg, Pa., and his Bachelor’s degree from Lycoming College. Moving from Pennsylvania, he is joined by his wife Amy and son Gavin. They plan to reside in Plymouth.

Plymouth State earns Top 25 Most Active Employers designation

PLYMOUTH — Plymouth State University has earned the designation of a Top 25 Most Active Company by the Wellness Council of America (WELCOA) On the Move (OTM) initiative, beating out 70 organizations. The designation recognizes the University’s efforts to promote a culture of health and wellness through its Healthy PSU initiative, which provides leadership, opportunities and support for all PSU employees and their families across multiple levels of influence, thereby building healthy people in a healthy place.

One hundred twenty faculty and staff members participated in the On the Move National Challenge, which engaged employees to move more, sit less and thrive in 2016.

On the Move focused on fueling national corporate health initiatives to combat physical inactivity and initiate behavior change. The challenge engaged employees with on-line educational resources, behavior

change incentives, social support and, of course, movement.

When asked about the main goal of the challenge Ryan Picarella, President of WELCOA said, “We knew that people sitting at their desks all day was killing them and that workplace cultures were suffering along with employees.”

WELCOA is one of the

nation’s most-respected resources for building high-performing, healthy workplaces.

“WELCOA has and continues to be an invaluable partner to the Healthy PSU staff and researchers,” said Denise Normandin, Program Manager, Healthy PSU.

According to PSU President Don Birx, the

On the Move challenge

SEE ACTIVE, PAGE A14

Owl's Nest Resort & Golf Club

SEASONAL POSITIONS AVAILABLE

Waitress - Full & Part time
Bartender - Full & Part time
Property Management Position - Full Time
Course Maintenance - Full time

Apply in person

40 Clubhouse Ln.
Campton, NH
603-726-3076

ALL THINGS NEWFOUND!
We carry the Exclusive Newfoundland Lake Charm Bracelet!
CUSTOMERS SAY...
We have the greatest selection of sweatshirts, sweaters, t-shirts and hats, mugs, wine glasses and martini glasses!

RUN YOUR BUNS OFF

DATE OF RACE SEPTEMBER 3, 2016
Benefiting: The Slim Baker Foundation for Education and the Newfoundland Lake Region Association.

Sponsored by Basic Ingredients & Newfoundland Area Charitable Fund.
Please register at lightboxreg.buns_2016

On Newfoundland Lake—with a view! • Lake Street, Bristol
744-6035 • www.basicingredientsnh.com
HOURS: Wed-Sat: 8-4 p.m. • Sun: 8-Noon • Closed Mon & Tues



COURTESY DEB PATTEN

In flight

This majestic bald eagle was spotted soaring above the Newfoundland River off Lake Street in Bristol last Saturday afternoon.

Fair

FROM PAGE A1

program, the Hebron and Groton historical societies and many others.

By far one of the more popular stops was the Hebron Area Women's booth where homemade pies flew off the shelves as people lined up to sample slices of their apple, blueberry and tollhouse cookie pies. All proceeds from those sales also benefited local charitable organizations.

Children enjoyed ice cream, candies and some fun and games with teens from local camps who oversaw activities like the Balloon Burst where people could make a donation to hopefully soak a friend or family member with a water balloon.

More than two-dozen summer campers from all around Newfound Lake volunteered for the day and when asked why, simply replied. "Why not?"

"We get to be part of



Hebron Fair volunteer Doug "Amoosh" Riddle and chairman Bill York couldn't have been happier with the beautiful sunshine that once again blessed them as the popular event got underway last weekend.



Rev. John Fischer, also known each summer as "Honest John" the auctioneer, oversaw the bidding during the Union Congregational Church's annual fundraising auction at the Hebron Fair last Saturday.

the community with this event," said one camper. "We love Hebron."

Pony rides, a chicken barbecue and both a silent and live auction, un-

der the direction of Rev. "Honest John" Fischer, added not only more funds to the church ministries but more fun to the day.

in order to qualify for the Homeland Security grant that will pay for them, and placing the propane tanks is part of the work covered by the bids.

In the end, the board awarded the bid to Rymanes, with Morrison as the lone dissenter.

Selectmen accepted the donation of a Missing Man/White Table, offered as a POW/MIA remembrance, but noted that they cannot offer a permanent home until voters decide what to do about town office and police department space.

They discussed placing it temporarily at the Minot-Sleeper Library, but asked Coates to consult with Ron Preble, commander of the George Minot Cavis Post, American Legion, to see if he has other suggestions.

Coates announced that the Bristol Fire Department has granted a one-year occupancy permit for the recently renovated Old Town Hall, contingent

upon the town installing an alarm system. Because the renovations were completed under a grant from the Land and Community Heritage Investment Program, the town will need to get LCHIP permission in the placement of the alarm.

There will be a grand opening ceremony at the Old Town Hall on Saturday, Aug. 6, at 9:30 a.m., just ahead of the annual Summer Town Meeting, when town officials offer an update to summer residents on

FD Training

FROM PAGE A1

training sessions with the professional, call and volunteer members of a department, the 2016 Fire Explorer Weekend was theirs and theirs alone as they were provided with a hands on experience in the field.

Gathering at Gilpatrick Metal Recycling in Bridgewater last Saturday morning, the weekend kicked off with training with the Jaws of Life and other equipment necessary for patient extraction in the event of a motor vehicle accident.

"They're learning by doing. It's a great experience for them and we're glad we could put it all together at the minute like this," said Donna Sellers, the Public Information Officer for Bridgewater Fire Department.

Pitching in to teach

the teenage participants the proper methods of opening doors or clearing windshields with an axe were Chief Donald Atwood, advisor Bethany Atwood and several members of Bridgewater's department like Firefighter Keith Converse.

"This really gets the kids involved. I myself started out as an Explorer and it's a good experience for them," he said.

It also attracts young people to become a part of a local fire and rescue department when they are older.

"I joined the Explorers at 16, got my certifications and jumped right in as a firefighter when I turned 18. This is the future of the fire service," said Converse.

As an Explorer, teens are able to participate in drills and even take part in actual calls. While they cannot enter a burning building or have patient contact until all certification requirements are met, they still play a vital role in an emergency.

"They're an extra set of hands on medical or fire calls," Converse said.

Fire departments handle much more

than just fires though. They respond to motor vehicle accidents, trees or wires across a road, flooded streets and basements, public health emergencies and much more. That is why training for any type of emergency is crucial to joining a fire department.

Advisor Bethany Atwood, who is also a graduate of the program, said the Explorers train regularly to stay familiar with equipment on board each of the department's vehicles and can grab whatever firefighters or EMTs need in an emergency.

"They can go on calls, but can't have patient contact until they receive all the training and certification they need," she explained.

Next month many of the six current participants will undergo CPR and First Aid training through Firefighter George Clayman of the Bristol Fire Department.

"That's one important certification that's needed as an Explorer," said Atwood.

Last weekend

though, it was all about physical skills. Besides the Jaws of Life and accident response training, they

SEE FD TRAINING, PAGE A14

EXPERIENCE DINNER AND A SHOW!

TAJ MAHAL - Thurs, Aug 4 American Icon. Blues Legend.

DONAVON FRANKENREITER - Fri, Aug 26 With Special Guest Jay "Saros" Opening

KATHY MATTEA with BILL COOLEY - Fri, Aug 5 "The Acoustic Living Room" Songs & Story

THE KINGSTON TRIO - Sat, Aug 27 Grammy-Winning Folk Icons

BIG BAD VOODOO DADDY - Sat, Aug 6 The Kings of Swing

104.9 The Hawk Concert Series THREE DOG NIGHT - Thur, Sept 1 GRAMMY-Nominated Classic Rock Stars

LEO KOTTKE - Fri, Aug 12 Innovative Acoustic Guitar Virtuoso

ANDERS OSBORNE - Fri, Aug 19 Jammin' Soulful Roots-Rocker

NATALIE MACMASTER & DONNELL LEAHY - Fri, Sept 23 First Couple of Contemporary Celtic Music

Looking Ahead

8/18/16 - On Golden Pond (Film)
8/25/16 - "The Sheik" & "Son of the Sheik" (Silent Films)
9/22/16 - "Lo & Behold" (Film)
9/30/16 - Arrival from Sweden The Music of ABBA
10/1/16 - Leon Russell
10/29/16 - Dweezil Zappa
11/2/16 - The Capitol Steps
12/4/16 - Wizards of Winter Trans-Siberian Orchestra Experience

Complete listing at flyingmonkeynh.com

Get first dibs on tickets! Join our Primate Loyalty Club!
39 MAIN ST. • PLYMOUTH • FLYINGMONKEYNH.COM • (603) 536-2551

Advice To The Players presents

The TEMPEST

August 4-11
Sandwich Fairgrounds

August 12-14
Sandwich Town hall

Center Sandwich, NH

details and tickets:



advice to the players.org
(603) 284-7115



Sunset Room & Whoot's Tavern at Owl's Nest Golf Club

Mid-week Special (Mon-Thursday)

Buy 2 dinner entrees and receive one appetizer or one dessert of your choice

must present coupon to receive special

Expires Aug 29, 2016



Reservations accepted 603-726-3076

40 Clubhouse Lane, Campton, NH 03223

Nine and Dine

\$50

Sunday's after 3pm

9 Holes of Golf with Cart
plus \$15 Towards Dinner

(*must present coupon. \$15 not to be used on alcohol)

Expires Aug 29, 2016

40 Clubhouse Lane, Campton, NH



The Rest of the Story

A14 NEWFOUND LANDING, THURSDAY, AUGUST 4, 2016

FD Training

FROM PAGE A13

worked on pumping procedures with New Hampton Fire Department on Saturday afternoon, and on Sunday, they learned ladder skills and methods used to break through a wall in a fire emergency with the Bristol department.

Their learning continued over Saturday night as well when, while camping at the Sellers residence in Bristol, they practiced thermal imaging skills in the dark of night.

Members of Bridgewater's Fire Explorer program are from many local communities. Fourteen-year-old Keegan Sanborn and his 15-year-old sister

Shaunnaci of Bridgewater are among the group that took part in last weekend's training.

"I thought this would be a lot of fun, and a good experience for learning what firefighters actually do," Keegan said.

Joe Page of Bristol is also a member of the Explorers and said he has enjoyed learning all it takes to be a firefighter. Through-out the process he has gained a lot of respect for the profession.

"I've been out on four calls now and it's interesting to see the actual procedures," the 15-year-old said. "It's unreal how much paperwork they have to do but you can tell they all really know

what they're doing out there."

Interested teens from all local Newfound communities are welcome to become a part of the Explorer program at any time. The group meets regularly at 6:30 p.m. on Monday evenings in the Bridgewater Fire Department where they can drop by and sign up or contact Sellers through the fire department's business office for more information.

"The weekend went extremely well," said Sellers. "Everyone got along, they learned a lot and we can't thank the firefighters who volunteered their time enough for making it such a great experience."

PBVRC

FROM PAGE A2

emy graduate, an attack pilot in the US Marine Corps, an FBI agent working against drug trafficking, and a commercial airline pilot, Bob Giuda's life has been eventful. He has also owned several small businesses. He found time to serve Warren as a Selectman for four years, and represented the surrounding communities in the NH House for 3 terms (6 years). While in the Legislature, he spent two terms on the Ways and Means Committee, successfully opposing proposed sales and income taxes, and helping address inequities in education funding. He also served on the Rules and Labor Committees, and was appointed Deputy Majority Leader of the House because of his

effective leadership. He is running for the New Hampshire State Senate from District 2. If that sounds familiar, it is because that is the seat that Jeanie is vacating.

He and his wife, Christine, who served as a Navy nurse, reside in Warren. They've been married almost 35 years, and have three grown children, Joseph, Lauren and Stephanie, and one grandson.

Randy Subjeck is a candidate for Grafton County Commissioner, District 2. He traveled a long way to get to Piermont, where he and his wife, Heather, a retired US Army veteran, reside.

He was born in California, and spent his early years in Colorado. He was later a Police Officer in Nebraska and had an opportunity to enter the field of satellite communications, which

eventually brought him to his overseas work. For 15 years he ran his own Satellite Communications Company and was a Senior Program Manager in both government and private sectors. He worked with the US Government for seven years in Iraq and Afghanistan as a Mission Communications Contractor. He is currently the Chairman of the Piermont Board of Selectmen and serves the town as a representative to several committees.

Join us in welcoming them to our August dinner. Tickets are \$10 at the door for adults, \$5 for children 5-12 years, and four and under free, with a special family price of \$25.00. Non-perishable items or cash donations for the Plymouth Food Pantry are encouraged.

For more information, call Cindy at 536-3880 or cindy@hdtech.com.

SAVE THE DATE

RN Recruitment Job Fair

Tuesday, August 9th, 2016 | 4-7PM

Steamboat Room @ Chase House

Mill Falls at the Lake
312 Daniel Webster Hwy
Meredith, NH 03253

Thursday, August 11th, 2016 | 4-7PM

Hampton Inn
195 Laconia Rd
Tilton, NH 03276

Multiple departments hiring at both Lakes Region General Hospital & Franklin Regional Hospital

Please visit our website at lrgh.org for a complete list of open positions

No RSVP necessary

Bariatric • Sleep Center • Women's Health • Rehabilitation Services • Orthopaedics
OB/GYN • Pulmonary Services • Convenience Care • Oral Surgery • Senior Services
Community Education • Surgical Services • Dialysis • Family Practice • Podiatry

LRG Healthcare

care. compassion. community.

Ophthalmology • Occupational Health • Facial Plastics • Men's Health
Mental Health Services • Diabetes Services • Hematology/Oncology
Neurology • Respiratory Services • Wound Care • Palliative Care
Vascular Surgery • Nuclear Medicine • Ear, Nose, & Throat
Urology • Pediatrics/Adolescent • Primary Care
Infectious Disease • Cardiology • Nephrology/Kidney
Internal Medicine • Laboratory Services
Rheumatology • Medical Imaging • Dental

Markets

FROM PAGE A5

marked for kids college, then you know that you may need to take some or all of this money out of a risk scenario or at least mitigate that risk.

Another interesting observation is that there is a good amount of merger and acquisition or M and A that is in the works. A lot of M and A is also a statistical precursor to a sharp market decline.

Just as I pointed out last week that the "smart money" often

sells into market rallies fueled by the "dumb money", and I only point this out because readers of this column may think that I am very bearish in a market that continues to climb. Bearish I am not, cautious I am. My feeling is that a broad market correction is eminent. As I have stated in the past, lack of volatility is the pre-cursor to volatility, and the complacency in our markets right now is high with all that is happening around the globe.

A potential market top is in the making. The timing is not clear cut, but a quick acceleration to the upside has got my attention. Don't be afraid to take some profits, hedge with options or implement inverse Exchange Traded Funds. Sometimes these scenarios take a little time to play out, but they often play out big!

Mark Patterson is an investment advisor that can be reached at 447-1979 or Mark@MHP-Asset.com.

Active

FROM PAGE A12

improved well-being."

On the Move is designed to build a culture of increased movement and encourage participants to share their health and fitness goals, as well as provide motivation and inspiration.

"Traditional wellness programs fail to focus on culture change or connect employees with 'whys' for being active that matter to them," said Normandin. "Healthy PSU is own for providing programs that meet our employees where they are at by listening to what they want and supporting them along their well-being journey."

Sean Foy, an internationally renowned authority on fitness and healthy living who helped develop the competition with WELCOA, visited PSU in June.

"Working with Pres-

ident Birx, Denise Normandin, faculty and staff, and Plymouth community members was an incredible experience! The entire day was amazing – from the Plymouth elementary students helping lead the warm-up for our walk throughout campus to our discussion in the new ALLWell center about What's Your Why-The Power of Purpose®," he said. "PSU is raising the bar when it comes to inspiring health and well-being for everyone on campus, in the community, and beyond."

"PSU Employees that participated in OTM have reported positive health improvements like better sleep, reduced stress and improved weight. They have shared greater motivation to move more to build endurance and realize that all movement counts," added Normandin. "Most of all, our

employees shared how much they enjoyed an opportunity the inspired social connectedness and the ability to virtually 'boost' co-workers and being part of a national challenge."

Eighty-four companies representing nearly 80,000 employees participated in the 12-week online challenge during April, May and June. According to WELCOA, On the Move has been shown to cut sedentary behavior in half and revolutionize worksites for physical activity—over 80 percent of employees who complete the challenge say they will continue to be active over the long term.

To see the full leaderboard, visit <https://onthemovechallenge.welcoa.org/leaderboard>.

For information about wellness at Plymouth State, visit www.plymouth.edu/healthy-psu/.

MEREDITH BAY
LAKE WINNIPESAUKEE

The Next Level of Lakeside Living

There's nothing like it on the lake—or in the entire Lakes Region. Meredith Bay is a friendly, growing community offering custom dream homes, beautiful lakeview townhomes and single-floor condominiums, plus close proximity to everything you love about Lake Winnipesaukee. Plus, residents enjoy a long list of incredible amenities, including a swimming pool, fitness center, tennis courts, community gardens, hiking trails, and privileges at Southworth clubs all over the world. Discover the best in new construction on the lake — visit Meredith Bay today!

From \$450,000 • Fully Furnished • Starting at 1,800 sq. ft. • Lakeview Decks
Direct Elevator Access • Underground Parking • Multiple Furnishing Packages

www.MeredithBayNH.com

50 Lighthouse Cliffs, Laconia, NH | (603) 524-4141

info@MeredithBayNH.com

Properties offered exclusively by Meredith Bay Lighthouse Realty, LLC. The Lodges are part of Bluegill Lodge at

Meredith Bay, a condominium. Some first floor units do not have direct elevator access into unit. This is not an offer to sell property to, or solicitation of offers from, residents of NY, NJ, CT or any other state that requires prior registration of real estate. Prices and terms are subject to change without notice.

SOUTHWORTH
Communities

Newfound Landing Sports

Section **B**
Thursday,
Thursday, August 4, 2016

Football teams kick off fall practices Aug. 10

BY JOSHUA SPAULDING

Sports Editor

REGION — The fall sports season at Plymouth Regional High School and Newfound

Regional High School is right around the corner and in the coming week, official practices will be getting under way.

Football teams will

be the first squads to get on the practice field, as both the Newfound and Plymouth football teams will kick off practice on Wednesday,

Aug. 10.

At Newfound, first-year head coach Ray Kershaw will lead the first practice from 5:30 to 8:30 p.m. in the high school gym. Equipment distribution will take place on Monday, Aug. 8, at 5 p.m. in the gym.

At Plymouth, Chris Sanborn returns to the helm of the Bobcats and will have the first practice from 5 to 8 p.m.

The Plymouth spirit team will be holding its first practice on Thursday, Aug. 11, at 2 p.m. at the high school.

The remainder of the local high school teams will kick off the new season on Monday, Aug. 15.

At Plymouth, coach Ashley Laufenberg returns to the field hockey sidelines and will be holding the first practice from 3 to 6 p.m.

The first volleyball practice under coach Mary Boyle will take place from 3 to 6 p.m.

For girls' soccer, coach Chris Inman will lead the first practice of the new season from 3 to 5 p.m.

Coach Ken Wheeler returns to lead the Plymouth boys' soccer team and will be holding the first practice from 5 to 7:30 p.m.

The Plymouth boys' and girls' cross country teams will be doing morning practice, meeting from 9 to 11 a.m.

The Bobcat golf team, under the direction of new coaches Charlie Wheeler and Jeff Park, will be meeting at Owl's Nest Golf Course in Campton from 9 to 11 a.m.

At Newfound, the

soccer team, under the direction of new head coach Jesse Mitchell, will be meeting at the soccer field from 3 to 6 p.m.

The Bear cross country kids will be meeting at Kelley Park in Bristol from 4 to 5:30 p.m.

The Newfound volleyball team will be meeting in the gym from 5 to 7:30 p.m.

Veteran field hockey coach Karri Peterson will lead the first practice of the new season from 5:30 to 8:15 p.m.

The newest team on the block, the Newfound unified soccer team, will start practice during the week of Aug. 22, with a time to be announced soon.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

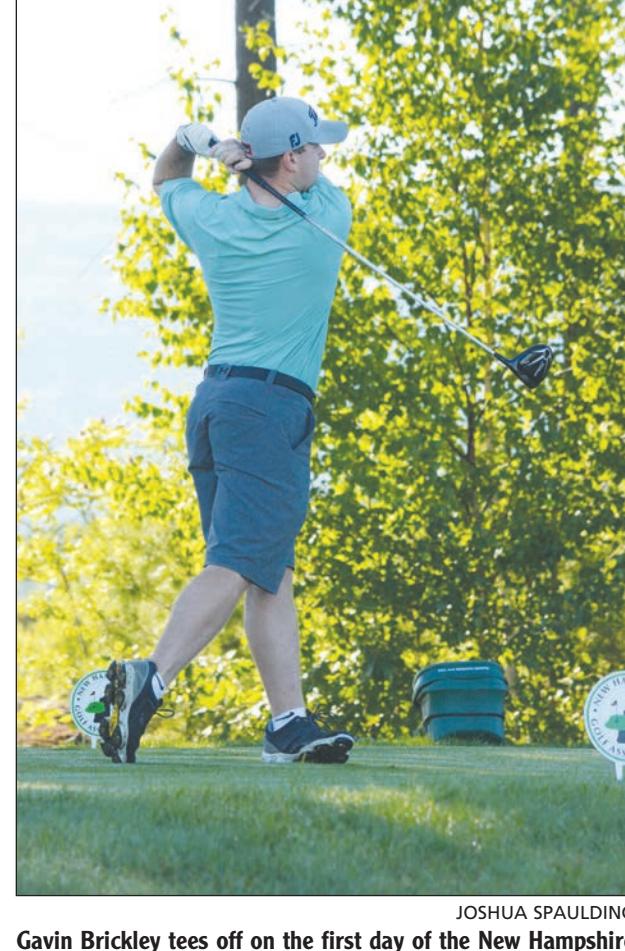
DeForest takes home NH Open championship at Owl's Nest

CAMPTON — Chris DeForest of Cottekill, N.Y. came out on top at the 81st New Hampshire Open Championship held at Owl's Nest Resort and Golf Club. DeForest finished his round with a three-day total of 10-under par 206. The strong play was matched by Shawn Warren of Cape Elizabeth, Maine and Andrew Rauscher of Cave Creek, Ariz., forcing a playoff to determine the champion.

DeForest started his round strong with five birdies in the first nine holes, making it appear as though he was going to just run away with the lead. Those birdies slowed down a bit, which allowed other players in the field to catch up. At one point, there were at least four players tied at nine-under for the tournament.

"I was pretty nervous because I haven't been competing around the lead for the last couple months. I had to stay patient and had to be reminded of that several times," said DeForest. "I was fortunate to get off to a really good start and unfortunately was just hanging on for the back nine."

DeForest was thrilled to earn the New Hampshire Open title. "It feels great, I don't think I've won a professional event



Gavin Brickley tees off on the first day of the New Hampshire Open.

an impressive six-under par 66 to finish the tournament with a three-day total of 208. Webber did not card one bogey on route to that 66, he played solid, consistent golf all week. Another notable performance came from Daniel Augustus of Pembroke, Bermuda, finish-

ing his final round at seven-under par 65. That score propelled him up the leaderboard to finish the tournament T14.

The New Hampshire Open will move to Manchester Country Club in 2017.

The New Hampshire SEE GOLF PAGE B6

Phantom Retractable Screens for those "Hard to Screen" Areas!

- Single & French Doors
- Motorized Porch Screens
- 8 Standard Colors
- Custom Design and Installation
- There when you need them, gone when you don't!

GRANITE STATE GLASS



580 Tenney Mountain Hwy., Plymouth • www.granitestateglass.com • 536-1205

Newfound searching for athletic trainer

BRISTOL — There is an immediate opening for a certified athletic

trainer at Newfound Regional High School. Interested applicants

Personal Injury
Divorce
Parenting and Child Support
Criminal Defense
Real Property Disputes
Contract Disputes
Business Litigation
Mediation and Arbitration
Construction Disputes

Left to right: Attorneys Joe Driscoll, Lissa Mascio, Kristin Fields and David Osman

MARTIN, LORD & OSMAN, P.A.
ATTORNEYS AT LAW
Established 1901
The Busiel Mill, One Mill Plaza
Laconia NH 03246
603-524-4121 / 800-439-5999
www.mlolaw.com
Laconia Lancaster Lebanon Wolfeboro

Cruise On In TO THE CLASSIFIEDS

"I have never been successful in losing weight & becoming healthy, until WINH. I'm so happy with the way WINH taught me how to maintain my goals through portion control and understanding my habits.

I started this journey in January and I've lost 5 jeans sizes, 40 pounds and gained so much knowledge to keep me going for the rest of my life.

Finally my outside matches my inside!"

Jules - WLHN/Binnie Media

With WINH, You Lose

WHETHER YOU WANT TO LOSE A LITTLE, OR A LOT, WE CAN HELP!

- OPTIFAST® Liquid Meal Replacement
- Weekly Weight-In program
- Individual Nutritional Counseling
- Group Support
- Bariatric Surgery

All with the entire WINH team behind you every step of the way!

Weight Institute
of New Hampshire

winh.org

527.2946

A Dept. of Lakes Region General Hospital

Plymouth State announces latest Hall of Fame class

PRHS grad Bryan Biederman among those being inducted

PLYMOUTH — Plymouth State University will honor its athletic heritage this fall when five new members are enshrined into the PSU Athletic Hall of Fame.

This year's induction ceremony, set for Saturday, Oct. 22, will mark the 32nd class to be enshrined into the PSU Athletic Hall of Fame. The quintet honors some

of the elite Panther student-athletes over the last four decades, representing the sports of football, basketball, soccer, and skiing.

The 2016 inductees are:

Bryan Biederman (2007), a four-year starter and three-year co-captain for the Panther men's soccer team who earned two All-New En-

gland and three All-Little East Conference honors as well as the 2005 Little East Defensive Player of the Year, leading the team to four ECAC post-season appearances.

Mike Gittleson (1977), a former Panther three-sport letterman (football, wrestling, track) who is a pioneer in the field of weight training and

conditioning, serving 30 years at the University of Michigan, coaching more than 100 All-Americans and two Heisman Trophy winners.

Liz Hazel Savage (1996), a four-year standout and team captain on the Plymouth State ski team, qualifying for the US Collegiate Ski Association's national championships all four years and earning All-American honors in the giant slalom as a senior.

Kristen Mainella (1993), an All-American and four-year standout for the Panther women's soccer team, one of the career scoring leaders and a three-time All-Little East Conference selection who helped the team to four NCAA Tournaments, two Final Fours, and an overall record of 60-8-3.

Matt Swedberg (1991), a standout for the Panther men's basketball team who earned All-Little East Conference recognition after leading the team to a combined record of 49-28; also very successful as a high school basketball coach, winning more than 250 games with three state championships.

The Hall of Fame activities on Oct. 22 will be held at The Savage Welcome Center in the PSU Ice Arena. The evening's festivities include a reception at 5 p.m., followed by dinner at 6 p.m. and the induction ceremony at 7 p.m. This year's group increases the total number in the Hall since it began in 1985 to 183 individuals and six teams.

The entire list of inductees and profiles on each member, as well as a nomination form open to the public, is available on the PSU Athletics web site at athletics.plymouth.edu. For tickets or more information, call 603-535-2770.

A standout on defense and a three-year captain for the Plymouth State men's soccer team from 2003-06, Biederman started every game for the Panthers during his four years. He earned All-New England honors twice after achieving All-Little

East Conference First Team recognition three times and was named the Little East Conference Defensive Player of the Year in 2005.

A native of Holderness (Plymouth Regional H.S.), Biederman helped anchor a defense his freshman year that allowed just 13 goals in 19 games. He earned his first All-Conference selection as a sophomore after the Panther defense surrendered just 22 goals in 18 games. Biederman went on to receive All-New England and First Team All-Little East accolades his junior and senior seasons, including the LEC Player of the Year honor as a senior.

Swedberg started his coaching career at Pittsburgh High School before moving to Moultonborough. He has amassed a record of 253-196 (66.8 percent), with state championships in 1996, 2009 and 2012 and a runner-up finish in 2003. He is a four-time New Hampshire Basketball Coach of the Year (2002, 2003, 2006, 2012), and led the team a pair of undefeated regular seasons in 2005-06 and 2011-12.

New England Senior All-Star game.

A three-year starter on the Plymouth State basketball teams from 1988-91, Swedberg earned Little East Conference honors and All-Academic Team accolades as a senior, finishing his career as a 1,000-point scorer. Swedberg has also made a name for himself as a high school boys' basketball coach, serving as head coach at Moultonborough Academy since 1996 with more than 250 victories and three state championships.

A native of Moultonborough, Swedberg transferred to Plymouth State following his freshman year at Brandeis University. He became a standout for the Panthers, averaging 10.1 points and 7.3 rebounds as a junior and 12.6 points and 6.2 rebounds as a senior, and finishing his career with 1,062 points. He helped the team to a combined record of 49-28 with two ECAC post-season appearances under coaches Phil Rowe and Paul Hogan, and served as team captain as a senior.

As always organizers want to thank volunteers and sponsors, Cannon Mountain, Garnet Hill, Dr. Hugh's Dental, Hillwind's Motor Lodge and Littleton Food Coop.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

For more information, visit the web site or contact Kim at recreation@franconianh.org.

Pickleball continues to grow

Second annual Lakes Region Invitational slated for September in Wolfeboro

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — Pickleball has seen an explosion in participation on a nationwide scale.

And with that, the Lakes Region Invitational Pickleball Tournament has seen an increase already, despite being more than a month away.

The second annual tournament, which will take place on Saturday, Sept. 10, at Foss Field in Wolfeboro, is expected to draw approximately 30 teams, up from the 20 teams that took part in the tournament last year.

Last year, the tournament featured teams from Wolfeboro and Moultonborough going head-to-head but this year, the idea was to expand the tournament to welcome teams from throughout the Lakes Region.

"We hoped to have the four corners represented," said Joe Santorro of the Wolfeboro Pickleball Club, referring to Alton, Wolfeboro, Moultonborough/Meredith and Laconia. "Laconia hasn't developed as we'd hoped, but Alton has shown a lot of interest."

Santorro noted that as of the end of July, almost 20 teams had registered for the tournament, which equaled the number of teams that registered for last year's tournament. And he stressed that registrations are still being accepted for this year's tournament, with a discounted fee available for anyone who registers by Aug. 19.

"We have close to 20 teams now and we're expecting a lot more," Santorro said. "I'm aware of a number of teams that haven't registered yet."

The registration front is one area where the Wolfeboro Parks and Recreation Department has stepped up to help the local group.

"Wolfeboro Parks and Recreation has stepped up to promote the tournament and provide support and assistance," Santorro said, noting that the tournament has been posted on the department's web site and the department also helped to create a registration brochure, in addition to handling the registration. "Their degree of help this year makes last year's major contribution almost pale in comparison."

The department has also hosted the tournament meetings at the new Abenaki Lodge.

Parks and Recreation Assistant Director Jus-

tin Chaffee said that pickleball fits right in with what the department wants to promote.

"Pickleball has exploded," Chaffee said. "And there's another demographic that we're trying to reach out to.

"We took on the registration portion of it, through our web site and we made brochures," Chaffee continued. "During the event we'll be on hand to make sure things go smoothly."

He also pointed out that the tournament would fall under the department's insurance.

"Justin has done such a great job, he's been to meetings and made sure everything's in place," said Wolfeboro Pickleball's Joyce Lake. "It's a win-win for them and for us."

As a sport, pickleball has been explained as a cross between badminton, tennis and ping pong.

Pickleball is the fastest growing sport in the United States, as more than 1.2 million people play the game on a regular basis. More than 70 percent of the players are age 60 and older.

Wolfeboro constructed a pair of pickleball courts adjacent to the Foss Field tennis courts, thanks to an anonymous donor. Additionally, two of the town-owned tennis courts have been lined for pickleball as well. Each tennis court has a pair of pickleball courts.

In pickleball, players hit the ball over the net, much along the lines of badminton or tennis, though the net is lower than either sport's net. Players are not allowed to hit the ball (without a bounce) in the area right near the net. The rackets are much like ping pong rackets and the balls are closer to the size of tennis balls, but are made of plastic like ping pong balls and have holes like wiffle balls.

The sport has been around for a while, having been started in 1965 in Washington as an improvised game using ping pong paddles and badminton rules. The first permanent courts were constructed in 1967 the first tournament was held in 1976, also in Washington. The United

States of America Pickleball Association was organized in 1984 and by 1990 the sport had spread to all 50 states. There are currently more than 4,000 locations on the USAPA's map of places to play pickleball.

In Wolfeboro, the sport continues to grow as well, as there are regular groups playing five days a week, with multiple sessions on some days. There is a women's group that meets on Mondays and Thursdays through the Wolfeboro Pickleball Club, while the Parks and Recreation Department has a lesson group that meets on Mondays and Tuesdays throughout the summer. Lake has gotten a Special Interest Group of the Lakes Region Newcomers into the sport as well. There are regular groups at the courts from 8 to 10 a.m. and 4 to 6 p.m. each day during the summer.

And Parks and Rec keeps the lights on until 10 p.m. so there's pickleball going on until well after nine on many nights," Santorro said.

The local pickleball club also held training sessions in June, where more than 40 people showed up to learn the sport. Between that and the Parks and Recreation lesson program, Santorro estimates at least 60 people have come in new to the sport this year.

"All you need is a good pair of court shoes," Santorro said. "It's not an expensive sport."

He noted that the club has extra paddles and balls and Chaffee pointed out that the Parks and Recreation Department also has paddles and balls that it uses for its lessons, so those developing an interest can learn without buying equipment.

Local businesses have also jumped on board to help with the tournament. Calico Graphics has offered a discount on players buying shirts for the tournament, while Hole in the Wall will be setting up a table at the tournament to highlight the pickleball equipment they have for sale.

"And we hope that local stores will be donating water and fruit for the players, as they did



COURTESY PHOTO

A PICKLEBALL training session brought out many people earlier this summer.



COURTESY PHOTO

PLAYERS learn some of the basics of pickleball at a training session in June.

last year," Santorro said. "We're trying to make it a community effort."

Additionally, Pickleball Central has offered a discount on products and has offered some free gifts as well.

The game itself has also proven to be a great fit in the Wolfeboro community.

"Pickleball is great for anyone age nine to 90 and it's a family sport," Lake said. "There are grandkids that come to visit that might need more than water sports and pickleball is perfect."

"It's great exercise, you meet the best people," Lake said. "We laugh, we chat. And we do stumble and fall sometimes."

She also noted that the game can be perfect for someone who is ultra-competitive and also good for someone who just likes to hit the ball.

The Lakes Region Invitational will include recreational and competitive divisions to satisfy both levels of play. The novice level is for those who are new to the game or prefer a relaxed, slower-paced setting. The competitive level is for those with a well-developed knowledge of the game and are successful in placing a serve, moving quickly to proper position and sustaining a volley.

Lake and Santorro both noted that they've had players stop by the courts while they were playing and they've brought them right out on court to let them try the sport.

"We have six people who were just walking by," Santorro said. "We dragged them on the court and got them addicted."

Lake noted a neighbor heard the pickleball sounds from the Foss Field courts and came by to see what was going on and was intrigued.

"Pickleball is addictive, but in a good way," Lake said.

"And it's less expensive than golf," Santorro said with a laugh.

The Lakes Region Invitational Pickleball Tournament will take place on Sept. 10 at the Foss Field courts in downtown Wolfeboro. Anyone looking for more information on the tournament can contact Chaffee at the Wolfeboro Parks and Recreation office at 569-5639 or parksassistantdirector@wolfeboronh.us or see the department web site at wolfeboronh.us/parks.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

VIP PRINT & DIGITAL BUNDLE

PRINT ONLINE SOCIAL MEDIA DIGITAL

EXCLUSIVE FRONT PAGE PLACEMENT

Choose from one or all 23 of our print publications

\$500.00

per week per publication

Here's What You Get:

- Premium Full-Color Front-Page Advertisement

1 col. X 2.5" ad in one, some, or all 23 Salmon Press, Stonebridge Press and Villager publications

- Homepage Placement on:

(That's 3 separate ads!)

NHFrontPage.com

508Local.com

860Local.com

- Over 300,000 unique views per month

- Daily Facebook Blast of your choice

- Exclusivity for your Business

- Only 1 specific type of business at a time will be allowed on the front page.

If you are a car dealer, you will be the only car dealer on the front page.

If you sell furniture, you will be the only furniture store on the front page.

Restaurant? You guessed it, you will be the only restaurant on the front page!

CONNECTICUT Windham Courier Springfield News Leader Putnam Villager Killingly Villager

MASSACHUSETTS Auburn News Charlton Villager Sturbridge Villager Blackstone Valley Tribune Southbridge News

NEW HAMPSHIRE Concord Monitor South Rustic Littleton Courier

Newfound Landing Northwood News Goffstown Sun Winnisquam Echo Carroll County Independent Granite State News Allen Boysider

CALL TODAY SPACE IS VERY LIMITED!

Littleton Courier

Franconia skier dies in Austrian avalanche

Number crunching continues on town budget

Town tax rate at \$7.73 in current draft

M-Zo has strong opening

4th Annual Rockin' the River

Classifieds

B4 NEWFOUND LANDING, THURSDAY, AUGUST 4, 2016

Town-to-Town

Home of the **Jumbo Ad**,
reaching loyal readers of eleven weekly papers

CLASSIFIEDS

www.salmopress.com
1-877-766-6891

Non-Profit Events

Danbury Town-Wide Yard-Sale
Sat. Aug. 6...8 am-2 pm
Start at the Danbury Community Center at 15 High Street Maps \$2 each. (603) 768-3424

HOUSE CHECKS
Protect your most valuable asset. While away on vacation or away for a long weekend have your home checked for forced entry. Burglars don't take a vacation! Call Plowing Plus for details 527-1154.

Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email lanoffice@salmopress.com

Barn/Garage/Yard Sale

JEFFERSON MOVING SALE.
2 family. August 12 & 13, 9 - 4. 55
SUNSET PARADISE RD (off Rt. 115) Tools, housewares, furniture, canoe, grill, mosquito magnet, organ, garden supplies, chest freezer and much more.
603-631-1049.

Lost & Found

Found Ads
Are published free of charge.
30 words for 1 week.

Lost Ads
Are charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.nhfrontpage.com
24/7

Thank-You

Thank you
for browsing
The Town To Town
Classifieds in the

West
Meredith News
Record Enterprise
Winnisquam Echo
Newfound Landing

Publication Rates (30 words)
\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call our main call center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
newhampshirelakesandmountains.com

Deadline:
Monday 10:30 am

Fuel/Wood

FIREWOOD: Cut, Split,
Local Delivery \$200 Green.
Please Call 286-4336

Pets/Breeders

LOW COST SPAY/NEUTER
Dogs Conway clinic starting at \$100.
Cats Mobile clinic NH&ME \$70-\$85.
Rozzie May Animal Alliance
www.RozzieMay.org 603-447-1373

General Help Wanted

Caretaker Forestry Property
Green Woodlands needs a person to help with operating a 23,000 acre forestry and conservation property.

Experience with the following helpful:
• Repairing and operate heavy equipment
• Road and trail maintenance and building
• Building construction and repair
• Repair and maintenance ATVs, snowmobiles, cars, small engine
• Forestry

Must enjoy working outside during all four seasons, proven independent starter, dependable, great work ethic.

Resume or email background to info@greenwoodlands.com or PO Box 330 Lyme, NH 03768

General Help Wanted

Framers/carpenters and laborers
wanted immediate start with competitive pay must have Nh drivers and reliable car framers must have there own basic hand tools. Job site located in Lincoln Nh long term year round full time with growth potential within.
Call for onsite interview 603-759-5599(Jared)

Life skills mentor needed for young man with developmental disabilities in the Bristol area. This is a part time position (2 afternoons a week, 3 hours each). Responsibilities would include providing guidance and support within the community on topics such as safety, social interaction and life skills. Candidates must have a valid driver's license, reliable vehicle and automobile insurance. Please contact Nicole.Lemelin@lrcs.org or visit www.lrcs.org to apply.

Nh master plumber wanted must have gas fitters lic. Job site located in Lincoln Nh immediate start and competitive pay. All new construction no nights or service calls. Growth potential within the company call for onsite interview 603-759-5599(Jared)

Plymouth State University
LAMSON LIBRARY & LEARNING COMMONS

Reference Librarian: Lamson Library, Plymouth State University. Temporary, part-time, non-benefited position will be open on September 1, 2016 through June 30, 2017, with possibility of renewal. Approx. 4-8 hours per week at \$20.00/hr. To include on average one 4-hour weekend shift per week. MINIMUM QUALIFICATIONS: ALA-MLS or enrolled in accredited program; one year reference experience (preferably in an academic library); excellent oral and written communication skills; experience with electronic information sources. Apply via e-mail to Gary McCool, Coordinator of Reference Services, Lamson Library, Plymouth State University, gmccool@plymouth.edu. Send cover letter, résumé, contact information for 2 references. Position open until filled. PSU is an AA/EEO employer and actively seeks women and minorities. Hiring contingent upon eligibility to work in U.S.

Part-Time Help Wanted

Wedding Florist Assistant!
Very busy wedding florist studio looking to hire someone who has some knowledge of the floral industry. We are an award winning leader in wedding design work in NH. Our clients come from all over the world to book their weddings with us. If you love flowers and want to be surrounded by them all day every day this is the job for you! We work hard but love to see the reward when we see our brides & grooms happy faces. Position is part time and seasonal from July through November but has the possibility of being a permanent position. Learn new skills. Be a wedding florist. Come work for us! You'll work under the tutelage of the senior designers. Position available immediately. Call 603-998-8442

Professional Technical

ELECTRICIAN
JW Electric is seeking apprentice or licensed electrician for local full time employment. To apply call Pam at 279-6386

Nonprofit Assistant Director:
Regional Arts Alliance seeks experienced, creative, dynamic professional with program design, development, arts, education, communication, management and computer skills, knowledge of northern NH. See www.aannh.org. Email info@aannh.org.

QUICK MONEY
IN THE CLASSIFIEDS

Jobs Wanted

Personal Banker - Part Time Opportunities Seeking enthusiastic professionals to deliver superior financial services to customers and prospective customers of Profile Bank at our branches in Alton and Rochester. Performs teller and customer service functions that require a comprehensive understanding of the Bank's systems and processes. Handles the day to day needs of customers and prospective customers with respect to bank teller functions and customer service functions. Two years banking experience preferred. Interested applicants are welcome to submit resumes to: angela.closson@profilebank.com. EOE.

General Services

David F. Flynn
Master Electrician
Residential & Commercial Wiring
Licensed & Insured
Master License #13309M
"Serving the Lakes Region of New Hampshire"
Honest, Reliable & Quality Assured
603-707-0923

Professional Services

Our line ad classifieds are on our website!
www.nhfrontpage.com

is the place to check our weekly classifieds online!

More great coverage and information from the

Salmon Press
Town To Town Classifieds!

Why place your ads anywhere else?
1-877-766-6891

TREE SERVICE- Single trees to entire lots! Fully insured, free estimates. Call Gary 603-315-5173.

Grown in NH

PYO blueberries, Kemah Farm, Mt Cardigan Road, Alexandria. \$2.50 per pint. Open daily 8-7:30. 744-3082

Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

The Federal Fair Housing Law

which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call

HUD toll free at 1-800-669-9777

For the Washington DC area, please call 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call

The New Hampshire Commission for Human Rights at 603-271-2767

or write

The Commission at 163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Rentals

Office space for rent in town Plymouth, Plymouth Professional Place. 4 rooms including large waiting area. Recently remodeled with plenty of parking, close to downtown Plymouth. \$600 per month. Call Russ 536-1422

Partnership for

drugfree NH

1-800-804-0909

Rental Sharing

MUST LOVE DOGS! Looking for a housemate or just rent a BR in a 3 BR, 2.5 BA home in Moultonborough. No Smoking allowed in home. 603-845-7070

Houses For Rent

Wentworth - 3 bedroom house for rent. Heat, hot water and snow plowing included. Security deposit required. Available, Sept. 1st. 1,000/mth. Please Call 603-764-9262.

WOLFEBORO

walk to village, 6 room 2 bath Cape. Screened in porch, deck overlooking cross country trails. \$1400/month plus utilities. Nonsmokers, references, and security deposit required. Please call (617)686-0158 or (202)288-6035

Mobile Home For Rent

Wakefield - 3 bedroom 2 bath mobile home, large lot near Pine River Pond. \$1,050/mo plus utilities. 3 person maximum tenancy. No smoking or pets. References, credit check, lease. Call 207-899-7868.

Land/Lots

Long Island Moultonborough
Deer Point subdivision - 19.16 acres. Lake and Mountain views. Expired 3-BR septic design. Close to town beach/boat launch. Not in current use. \$298,000 call 603-786-2765

Mobile/Modular Homes

FOR SALE BY OWNER ~1998 Skyline Mobile Home, 14' x 66', end-lot, 2-bedroom, 1-bath, updated flooring. Large eat-in kitchen, stove, ref. included. Washer/Dryer hookup. Front and rear decks. Located at 82 Third Street, Page Hill Mobile Home Park, Lancaster NH. Asking \$25,000. Contact: (603) 586-6019.

Campers/Trailers

FOR SALE BY OWNER ~2011 Keystone Montana 5th Wheel ~ 4 slides, Excellent Condition. Smoke/pet Free. Include washer/dryer combo. Asking \$45,000. (603) 788-8028.

THINK UNDERAGE DRINKING DOESN'T AFFECT A TEEN'S BRAIN?

Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

The Federal Fair Housing Law

which makes it illegal

"to make, print, or publish any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call

HUD toll free at 1-800-669-9777

For the Washington DC area, please call 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call

The New Hampshire Commission for Human Rights at 603-271-2767

or write

The Commission at 163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Rentals

Office space for rent in town Plymouth, Plymouth Professional Place. 4 rooms including large waiting area. Recently remodeled with plenty of parking, close to downtown Plymouth. \$600 per month. Call Russ 536-1422

Partnership for

drugfree NH

1-800-804-0909

THINK AGAIN.

Partnership for

drugfree NH

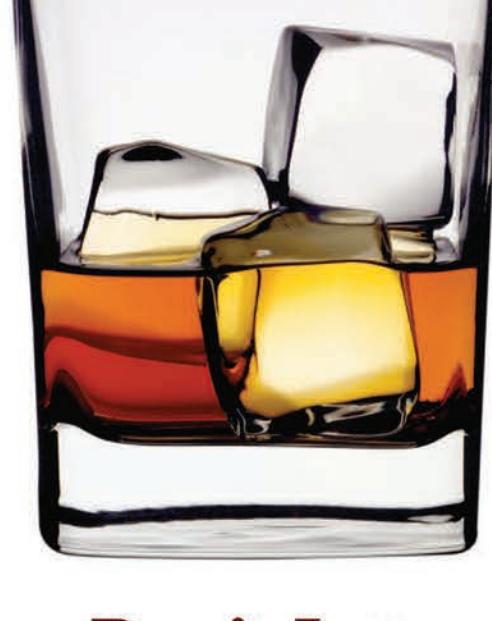
1-800-804-0909

Place your ad today!
Call toll free
or visit our website



Buck Up!
Sportsmen are integral to effective wildlife management programs. Working with biologists, they help whitetail and other species flourish.

One Too Many, once again?



TOWN-TO-TOWN CLASSIFIEDS

THE STATE OF NEW HAMPSHIRE JUDICIAL BRANCH NH CIRCUIT COURT

2nd Circuit - Family Devision - Plymouth
26 Green St.
Plymouth NH 03264

Telephone: 1-855-212-1234
TTY/TDD Relay: (800) 735-2964
<http://www.courts.state.nh.us>

CITATION FOR PUBLICATION

Case Name: **In the Matter of Crystal S. Stockton and John C. Stockton**

Case Number: **669-2000-DM-00095**

On May 9, 2016, John Stockton of Northfield, NH filed in this Court an Ex Parte (Emergency) Motion & Petition to Change Court Order with requests concerning:

"A. Grant this Motion for Emergency (Ex Parte) Relief; B. Grant me temporary sole parenting responsibility and sole decision making; and C. Grant such other and further relief the Court may deem just."

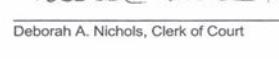
The original pleading is available for inspection at the office of the Clerk at the above Family Devision location.

UNTIL FURTHER ORDER OF THE COURT, EACH PARTY IS RESTRAINED FROM SELLING, TRANSFERRING, ENCUMBERING, HYPOTHECATING, CONCEALING OR IN ANY MANNER WHATSOEVER DISPOSING OF ANY PROPERTY, REAL OR PERSONAL, BELONGING TO EITHER OR BOTH PARTIES EXCEPT (1) BY WRITTEN AGREEMENT OF BOTH PARTIES, OR (2) FOR REASONABLE AND NECESSARY LIVING EXPENSES OR (3) IN THE ORDINARY AND USUAL CAUSE OF BUSINESS.

The Court has entered the following Order(s):

'The court issues the following orders, which will remain in effect until further hearing: The Respondent shall have temporary sole decision-making and residential responsibility for the minor child(ren). Respondent = John Stockton.'

Crystal Hall shall file a written Appearance Form with the Clerk of the Family Division at the above location on or before **September 07, 2016** or be found in DEFAULT. **Crystal Hall** shall also file by **October 07, 2016** a Response to the Petition and by October 07, 2016 deliver a copy to the Petitioner's Attorney or the Petitioner, if unrepresented. Failure to do so will result in issuance of Orders in this matter, which may affect you without your input.

BY ORDER OF THE COURT


Deborah A. Nichols, Clerk of Court

July 09, 2016
(241)

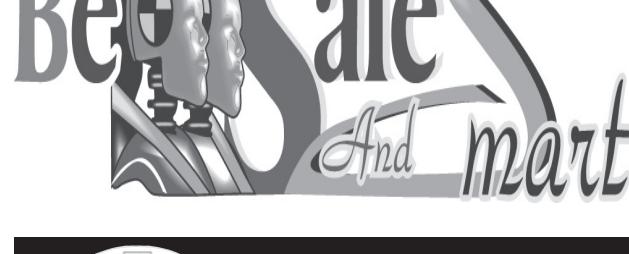
NHJB-2187-F (07/01/2011)

SCHOOL ADMINISTRATIVE UNIT #48 2016-2017 School Year

SPECIAL EDUCATION AIDES (Must be Highly Qualified)

Please send letter of intent, resume, and recommendations to:

Lynn Davis, Human Resources Assistant
SAU #48
47 Old Ward Bridge Road
Plymouth, NH 03264
ldavis@pemibaker.org



Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

55+ MODEL HOMES OPEN SUNDAY 12 to 2


\$99,995 \$139,900
 Call Kevin 603-387-7463
 Directions: Rt. 93 exit 23, right for 1/2 mile,
 left at Post Office for 800'.
 Mansfield Woods
 88 North, Rt. 132, New Hampton, NH

EXTRA! EXTRA!

Mortgagee's and Secured Party Sale AUCTION

Berry Pond Motel & Abutting Lot
Moultonborough, NH • Wednesday, August 17 at 11a.m.

Located at 1040 Whittier Highway (Route 109/25) is the Berry Pond Motel a 14 unit motel with owner's apartment. The .7± acre property has high visibility, ample parking and two points of access from Route 109/25. The motel totals 8,176± sq.ft. on two levels. Each unit has either a patio area or a deck on the second floor and face Berry Pond. Assessed Value: \$330,100. Tax Map 43, Lot 19. Located immediately northeast along Route 109/25 is an undeveloped vacant lot which totals .52± acres. Assessed Value: \$44,900. Tax Map 43, Lot 18. Properties will be offered individually and in the entirety.

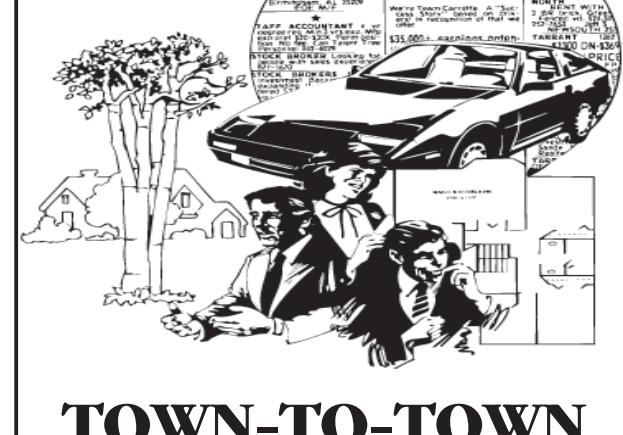
Inspection: One hour prior to auction, if permitted.

For a property information package with terms go to www.paulmcinnis.com



Lic. #2089 - (603) 964-1301 - Ref.#16PM-34

Find it all in the...



TOWN-TO-TOWN CLASSIFIEDS!



GRANITE GROUP REALTY SERVICES

www.granitegrouprealtyservices.com

607 Tenney Mountain Hwy, Plymouth, NH • 536-7750

366 Lake Street, Bristol, NH • 744-3004

481 Lake Street #1B, Bristol, NH • 744-9950



HEBRON, NH - HUGE \$60k price reduction! From the inviting front porch to the sunny back deck this house just says "home". This is an inviting, warm place to bring family and friends and fill with memories - all in the middle of the lakes region and within 35 minutes of three major ski areas. Low tax Hebron offers a beautiful town beach, but this home has beach rights just down the street, as well! This is a must see. From the french doors to the stained glass window no detail has been overlooked. Best of all the home has been lovingly maintained and updated over the years so you can just move right in. Come take a look!
4429435\$289,900



Rymes

PROPANE & OIL

Family owned and operated since 1969

Hiring

Service Technicians

✓ Licensed

✓ No experience? Join the Apprentice program

Delivery Drivers

✓ CDL with Hazmat endorsement

Come by or Call us at the Bridgewater Office
557 Mayhem Turnpike, Bridgewater

(603) 228-2224 - www.rymes.com



This is how you say it's going to be okay.

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at redcross.org

American Red Cross

Your New Best Friend...

Log on to www.pueblo.gsa.gov, and click on the FREE Consumer Action Web Site.



A PUBLIC SERVICE OF THE U.S. GENERAL SERVICES ADMINISTRATION

Home for Sale – By Owner



119 Old Village Road
Northumberland, NH

2 story Colonial on 2.3 acres with 2,352 square ft of living area, built 1989, 4 bdrms, 2.5 baths, first floor laundry room w/chute from second floor. Large Living Room, Foyer, large Kitchen w/appliances, extra room in Master Suite can be used as a nursery or home office. New Heating system installed 6/2016. Beautiful 50 ft wrap around porch with attached gazebo, 32' x 32' two bay attached garage, additional 14 x 20 outbuilding provides plenty of room to store your toys. Well maintained and landscaped with many trees, including several apple trees and a large garden space. Enjoy nearby skiing and direct access to NH snowmobile trail 5 and Vermont/ VAST trail/ bridge crossing into Guildhall, VT. Motivated seller at \$188,888.

Contact me at
(603) 439-1950. Email: jpelle63@gmail.com

The Rest of the Story

B6 NEWFOUND LANDING, THURSDAY, AUGUST 4, 2016

Golf

FROM PAGE B1

Open is a three-day, individual stroke play event.

BERLIN, NEW HAMPSHIRE

Jericho ATV Festival
PRESENTED BY PROGRESSIVE

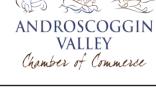


Fri, Aug 5 - Sun, Aug 7, 2016
It's all about the MUD!

Join us for some "dirty" fun:

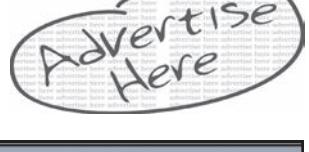
Mud Races • ATV Pulls • Grudge Runs
ATV Obstacle Course • Mud Pit • Live Bands
Poker Run • FREE Demo Rides

WWW.JERICHOATVFESTIVAL.COM



Chance
FROM PAGE B3

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.



WELCOME

Laconia Clinic General Surgery welcomes Dr. Andrew Ray to the practice on behalf of all LRGHealthcare.

Dr. Ray will be seeing patients at Laconia Clinic Ambulatory Surgical Center, Lakes Region General Hospital, and Franklin Regional Hospital.

Please call 603.524.5151 for an appointment.

LRGHealthcare
care. compassion. community.

lrg.org



Laconia Clinic General Surgery A Department of Lakes Region General Hospital



Andrew Ray, DO

Physicians that practice general surgery are highly skilled surgeons, who perform consultation and surgery on medical conditions involving the breast, endocrine system, gastrointestinal tract, colon, liver, pancreas and rectum.

Laconia Clinic, 724 Main St., Laconia, NH 03246

Route 11-B
44 WEIRS RD.
GILFORD , NH

**SPORTS & MARINE
PARAFUNALIASM**

Your Source for Water Sports since 1972

603-293-8998

Order online NOW at
www.parafunalia.com

Lake Winnipesaukee's Only Discount Marine Store

**Jungle Jim and
Water Trampolines**
from \$349.99



O'Brien • Aquaglide • Rave

**YETI Coolers
and Accessories**

Water Carpets From \$350

4 Sizes Available
liquid Force • O'Brien



Rentals Available

Tow Tubes

from
\$59.99

H.O. • Connelly • O'Brien
Airhead • Sportstuff • AquaGlide

Paddleboards

from \$499



Wake Surfers

Starting at
\$199.99

For Kids



Hyperlite • CWB
Ronix • Liquid Force
O'Brien

**MASKS, FINS & SNORKELS
POOL FLOATS AND BOATS
KAYAKS by PERCEPTION • WILDERNESS**

We RENT...Waterskis, Wakeboards, Kneeboards & Air Chairs
Largest Selection of Stand Up Paddleboards • SUP Accessories

Amundson • Aquaglide • BIC • Connelly • NSP • Surftech