



# Winnisquam Echo

THURSDAY, MARCH 14, 2019

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FREE

## BHS Robotics team puts up strong showing at state championship

BY DONNA RHODES

drhodes@salmonpress.news

BELMONT – Belmont High School Robotics Team 603 brought home some well-earned recognition from the NH/VT VEX Robotics Competition State Championship last month, which was hosted by Manchester Community College and included qualified teams from all around the state. During that final event in the 2018-19 regular season of competition, Team 603A and their robot Roseanne was awarded not only a trophy for being a semi-finalist in the Tournament Championship Round but also received the Amaze Award.

“Roseanne was one of the Top 10 robots in the entire state during that competition and received a lot of attention,”



DONNA RHODES

Belmont High School students Jake Deware, with his robot Jerry, and Konner Blake, with Team 603A robot Roseanne, displayed the trophies they won at the NH/VT VEX Robotics Competition State Championship in February. (Missing from photo is teammate Kyle Wicomb.)

said Coach Adrien De-shaies.

As for the Amaze Award, that is a distinguished trophy presented each year to a robotics team that is consistently high scoring and competitive throughout the event. The robot also needs to be properly constructed to meet the challenges of the competition and operate successfully in the autonomous (non-driver controlled) mode. The recipients themselves are also judged on their interview results along with the quality of their teamwork.

The three members of the BHS Robotics Team 603A, which built Roseanne, were Jake Deware, Konner Blake and Kyle Wicomb. It took the team two months to build the  
SEE ROBOTICS, PAGE A10

### Belmont PD launches Good Morning program

BY DONNA RHODES  
drhodes@salmonpress.news

BELMONT — The Belmont Police Department has started “Good Morning Belmont,” a new community program designed to give those who live alone a sense of security by speaking with them on a daily basis and providing them with help if necessary.

Chief Mark Lewandoski has sent out letters to inform residents about the new program, which will be headed up by Sgt. Evan Boulanger.

“Our perspective on this program is it is a great idea and very much in line with our ongoing commitment to community service,” Boulanger said. “This program attempts to reach out to those who may live alone, have limited interaction with others, are elderly and with-

SEE GOOD MORNING, PAGE A10

## Sanbornton Public Library receives update on restoration of Burleigh family portrait

BY DONNA RHODES

drhodes@salmonpress.news

SANBORNTON – Sanbornton Public Library recently received a photographic update on a portrait they re-discovered last year of the Burleigh family of Sanbornton, painted by renowned artist Walter Ingalls, who once resided in the town.

COURTESY

(Right) Sanbornton Public Library was pleased to recently receive this photo of an 1862 Walter Ingalls portrait of the Burleigh family that is currently being restored for the 250th anniversary of the town in 2020.



When the portrait was found in storage at the library, it was not in the best of condition so the Trustees decided it would be a wonderful to have it restored in time for the town’s 250th Anniversary in 2020.

The Burleigh’s were one of Sanbornton’s earliest residents. The painting depicts Alfred, his wife Emeline and son George, the only one of the couple’s three children to survive infancy. Emeline was the daughter of Col. Daniel Sanborn who commanded a regiment of the New Hampshire State Militia, was a school-teacher and a member of the Sanbornton Congregational Church for 44 years.

It is not known why they commissioned Ingalls to do the painting, nor how much it cost at that time, but the portrait is nevertheless a fascinating look at a prominent family from Sanbornton in 1862.

Thanks to support-  
SEE RESTORATION, PAGE A10

## Belmont Heritage Commission holds interviews to commemorate town’s 150th anniversary

Belmont Heritage Commission holds interviews to commemorate town’s 150th anniversary

BELMONT — After showing a beautiful hooked rug (handmade by Kelly Rolfe) depicting a scene from the early 1900’s of Main Street, Heritage Commission chair Vicki Donovan and Member Priscilla Annis welcomed Belmont residents, who by special invitation were invited to share stories of living on or near Main Street. In attendance were Janet Leroux, Lillian Leroux, Lucille Leroux, Albert Akerstrom III, Al-



yce (Akerstrom) Jewell and Everett Weeks.

To help celebrate Belmont’s 150th Anniversary the Heritage Commission’s goal is to record and document the town’s history through stories told by community members, so that generations to come can learn the history of the town by listening to residents past experiences and memories from the “Good Ole Days!”

SEE ANNIVERSARY, PAGE A11

COURTESY

(Left) Lillian Leroux, Lucille Leroux, Janet Leroux and Heritage Interviewer Jack Donovan.

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# FSB offers assistance to homebuyers through Federal Home Loan Bank Boston Program

*Program provides down payment assistance to eligible borrowers*

FRANKLIN — Franklin Savings Bank has been selected to participate in the Federal Home Loan Bank of Boston's Equity Builder Program, a program that assists homebuyers with down payment and closing costs, as well as homebuyer counseling and rehabilitation support.

"We are pleased to partner with the Federal Home Loan Bank of Boston to help individuals and families realize their dreams of owning a home," said Ron Magoon, President & CEO. "Homeownership helps build wealth and create financial stability, and programs that assist homebuyers can be effective in adding to the vibrancy of our communities."

The \$3.6 million program provides grants to financial institutions to assist households at or below 80 percent of the area median income. Borrowers are eligible to receive up to \$15,000 in assistance on a first-come, first-serve basis. In addition, eligible buyers must complete a homebuyer counseling program.

As a participant in the FHLBB Equity Builder Program, Franklin Savings Bank is eligible to receive up to \$150,000 depending on the availability of funds.

Since 2003, the Equity Builder Program has awarded more than \$38.8 million in EBP funds to assist 3,512 income-eligible house-

holds with purchasing a home. To learn more about applying for assistance, please contact FSB's residential lending team at 603.934.4445.

About FHLBank Boston

The Federal Home Loan Bank of Boston is a cooperatively owned wholesale bank for housing finance in the six New England states. Its mission is to provide highly reliable

wholesale funding and liquidity to its member financial institutions in New England. The Bank also develops and delivers competitively priced financial products, services, and

expertise that support housing finance, community development, and economic growth, including programs targeted to lower-income households.

SEE FSB, PAGE A7

## HALL MEMORIAL LIBRARY HAPPENINGS

**Tilton/Northfield Monday, March 18**  
Chess Club, 3-5 p.m.  
The Bookers, 6 p.m.

Etched in Granite by MJ Pettengill The year is 1872. The Civil War has ended, leaving behind a nation torn and economically depressed. "Etched in Granite" is a harrowing account of life and death on a rural New England Poor Farm – a tragic, yet triumphant novel that tells a story of courage, survival, and secrets surrounding lost love.

**Tuesday, March 19**  
Spanish Club, 10 a.m.

Tech Tuesday, 2-4 p.m.

**Wednesday, March 20**

Story Time, 10:30 a.m.

Spring After School Creativity Club, 4 p.m.

Painted Pots and Seed Bombs

**Thursday, March 21**  
Thursday Night Crafts, 6 p.m.

Stamping with Julie – A \$10 materials fee is due on the night of the program. Adults only and please sign up in advance at the circulation desk or call 286-8971.

**Friday, March 22**  
Sit and Knit, 3-5 p.m.

**New Items**  
"Beautiful Bad: A Novel" by Annie Ward  
"Evil: the Science Behind Humanity's Dark Side" by Julia

Shaw  
"The Last Woman in the Forest" by Diane Les Becquets

"The Stranger Diaries" by Elly Griffiths  
"Lethal White: A Strike Novel" by Rob-

ert Galbraith  
"Godspeed: A Memoir" by Casey Legler

## SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 32 calls for service and made the following arrest during the week ending March 9.

Justin Ciampa, age 31, of Sanbornton was arrested on March 4 for Driving While Intoxicated (second offense). He is scheduled to appear in

Franklin District Court on March 25 at 8 a.m.

The breakdown of the remaining calls was as follows: two animal complaints, one report of criminal trespassing, one D.W.I. (second offense), three fire/medical calls, one report of harassment, two house checks, three money relays, one request for

motorist assistance, two motor vehicle accidents,

two motor vehicle summonses, three motor vehicle warnings, one neighborhood dispute, three requests for police information, two reports of suspicious vehicles or activity, one report of theft, and one untimely death.

## TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 556 calls for service during the week of March 4-10. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during this time period were Chris-

topher Blodgett (in connection with an outstanding warrant), Sidney Medgett (for Theft by Deception), Carson Corbeil (in connection with an outstanding warrant), Ryan Emmett (for Breach of Bail), Jessica Huber (in connection with an outstanding warrant), Christopher Blodgett again (for Receiving Stolen Property), Ryan Emmett again (in

connection with an outstanding warrant), Evan Mercado (in connection with an outstanding warrant, and for Possession of Drugs), William Thomas (in connection with an outstanding warrant), Jeffrey Clark (in connection with an outstanding warrant), and John Lacourse (for Criminal Mischief, Simple Assault, and Possession of Drugs).

## BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 311 calls for service and made the following arrests from Feb. 22 to March 8. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Taylor J. Turner, age 30, of Northfield was arrested on Feb. 22 for Possession of Marijuana.

Rebekah L. O'Neil, age 44, of Northfield was arrested on Feb. 23 for Driving While Intoxicated.

Michael James Stewart, age 23, of Belmont was arrested on Feb. 23 for Possession of Marijuana.

Joseph A. Johnson, age 23, of Boston, Mass. was arrested on Feb. 23

for Possession of Marijuana.

Charles M. Fiske, age 49, of Boscawen was arrested on Feb. 24 for Driving After Revocation or Suspension, a Suspended Registration (Operating-Misd.), and Operating Without a Valid License.

Timothy Gerrard Lynch, age 34, of Laconia was arrested on Feb. 24 for Driving While Intoxicated.

Edward James Otto, Jr., age 27, of Belmont was arrested on Feb. 24 for Domestic Violence-Assault.

Joseph Jason, age 33, of Laconia was arrested on Feb. 24 for Possession of Marijuana.

Miles E. Defosses, age 18, of Belmont was arrested on Feb. 25 for Possession of Marijuana.

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<b>WONDER PARK</b> PG Fri.-Sat.: 12:15, 2:35, 4:55, 7:15, 9:30 PM Sun.-Thurs.: 12:15, 2:35, 4:55, 7:15 PM	<b>Come try our new luxury leather recliners with footrests</b>

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the New Hampshire Veterans Home, Commandant Margaret LaBrecque announced Monday.

The open-to-the-public event, cosponsored by New Hampshire's Chapter 41, Vietnam Veterans of America, marks the federal holiday established by the Vietnam War

SEE VETERANS, PAGE A6

# NHVVH to host ceremony honoring Vietnam veterans

TILTON — New Hampshire veterans from throughout the Vietnam Era will be honored and thanked for their service during a Vietnam War Veterans Day ceremony on Friday, March 29, at

**Thornton New Hampshire**  
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## PERMANENT PART TIME TRANSFER STATION ATTENDANT

The Town of Thornton is seeking candidates for an immediate opening for a permanent part time Transfer Station Attendant for Saturdays and Sundays, with an average of 16-18 hours per week. Applicants should have experience working at a transfer station and have or be willing to obtain the necessary NH DES Certifications required for this position. This position is a Labor Grade 2 with an hourly pay range of \$11.33/hr. to \$16.01/hr. A full job description and application packet is available at the Town of Thornton Town Office and on the town's website at [www.townofthornton.org](http://www.townofthornton.org). Applications must be received by Friday, March 29, 2019.

**Please submit applications to:**

Town of Thornton  
Attn: Debra Shepard, Town Administrator  
16 Merrill Access Road  
Thornton, NH 03285

Re: Part Time Transfer Station Attendant Position

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**Winnisquam Echo**

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**Salmon press**

# Spaulding Youth Center holds Winter Carnival celebration

NORTHFIELD — Spaulding Youth Center celebrated its annual Winter Carnival as part of their Experiential Challenges Outdoors (EChO) program last Thursday. This year's Winter Carnival introduced a Famous Races theme, and offered a wide array of exciting activities and events for students and staff.

The celebration began with a selection of snow-inspired carnival games, including a Penguin Waddle Playoff, Three-Legged Snowshoe

Race, Cycling Snow Croquet, a Snowball Biathlon, Snow Painting, a Snow Luge and of course sledding and snowboarding. After taking a turn at the organized themed activities, classrooms assembled to race their custom-designed and hand-constructed cardboard sleds in the much-anticipated derby races. The carnival concluded with a traditional cold-weather refreshment lineup of hot chocolate and cookies.

On Friday, the students were invited to

a meet and greet with a dog sled team. Each classroom visited with the team and learned about this legendary outdoor winter sport. The dog team even provided a demo so that the children could see exactly how a team operates. Not only did the kids enjoy meeting these friendly and hard-working canines but witnessing their dedication to working together toward a common cause was inspirational.

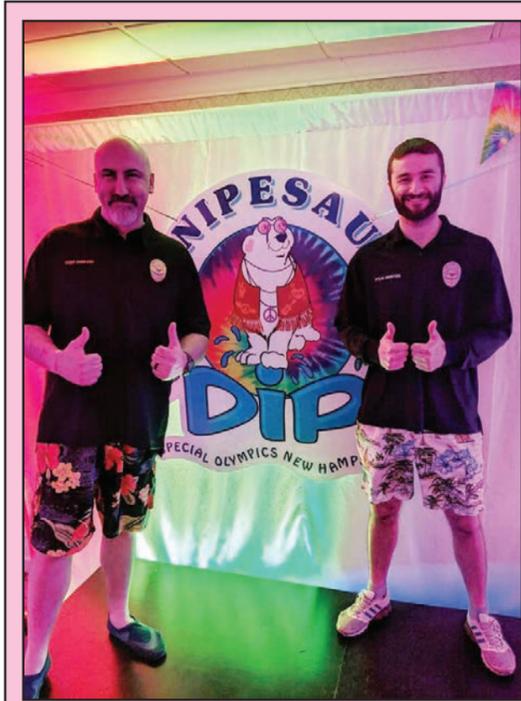
"The Winter Carnival is a fantastic oppor-

tunity for the kids to embrace outdoor winter activities right on our scenic Northfield campus," said Jason Sterner, EChO Outdoor Education Coordinator. "Our EChO program provides our students with valuable learning experiences while participating in activities that contribute positively to their physical and emotional health as well as self-esteem. We are thrilled to offer these unique activities as an extension to the winter outdoor curriculum that is part of our



COURTESY

Spaulding Youth Center celebrated its annual Winter Carnival as part of their Experiential Challenges Outdoors (EChO) program last Thursday.



COURTESY

## Taking a "Dip" for Special Olympics

Last Saturday morning members of the Tilton and Sanbornton police departments participated in the annual "Winni Dip" for Special Olympics of New Hampshire, where law enforcement officers raised funds for SONH then took a quick dip in Lake Winnepesaukee to show their support for the athletes. This year the fundraising tallied \$75,000 and among the top single contributors was Officer Liz Murray of Tilton Police Department. Murray was joined by Chief Bob Cormier and six other members of the department for the bone-chilling run into the lake (left photo). Representing Sanbornton that day were Chief Stephen Hankard and Officer Shane Morton (right photo) who also raised an impressive sum for the organization and gave the experience "two thumbs up."

## Masons hosting monthly breakfast & bake sale March 23

TILTON — The Masons of Doric-Centre Lodge #20 are continuing their public breakfasts and bake sales on the fourth Saturday of each month except November and December from 7 to 9:30 a.m. at the Masonic Building, located at 410 West Main Str. (Route 3/11 West) in Tilton (where "The Ark" day care center is). Put it on your calendar and come socialize with friends each month.

This month's breakfast will be held on Saturday, March 23. They

including omelets and eggs cooked to order, and the cost is \$8. Proceeds will benefit the various charities the Lodge supports. The Masonic Lodge will

also be open for public tours and information. For more information about the breakfasts or about the Masons, contact Woody Fogg at 524-8268.

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# Opinion

A4 Thursday, March 14, 2019

WINNISQUAM ECHO

## STRATEGIES FOR LIVING

### Turned off by religion

BY LARRY SCOTT

I am well aware that some people are turned off by the religious tone of my writing. It is ironic; all this talk of Jesus Christ, the Bible, and godly living is of little interest to many of the people I would like to influence.

And, indeed, there is much I could write about to those turned off by religion. I could write about my love of books and the wisdom I find in my reading; I could write about Peru, the land of my youth; I could write about living on the road, my lifestyle for fourteen years as a long-haul trucker; I could tell of living on a forty-foot sailboat, my home for seven years. But to what end?

It is obvious that if no one is reading me, I accomplish little by staying with the plan. So why do I continue to turn people off when it is counter-productive to my mission?

Two things come to mind.

I am driven to make an impact, to contribute something of value to my reading audience. I want to help others learn from my mistakes, to show how you rebound from a troubled past, to contribute to the well-being of those interested in developing character and integrity. I want you to be a better person for having read me.

I know of no way to do any of the above without the influence of the Christ I admire. I am aware one does not need to be a Christian to be responsible and of mature character. Respectability and integrity are not limited to the Christian community. But if any of that is to have real, eternal value, I must do more than be novel and entertaining. Pious platitudes won't cut it. I'm Ok if you're turned off to religion; what I'd like to do is turn you on to Jesus Christ. He is the only one who can enable you to become what you were created to be – both for now and for eternity.

And then there is this.

If you understood the change that has taken place in my life you would respect my drive to write about it. Jesus Christ has revolutionized my life. I have been to hell and back but I have recovered. And I know from experience: even in your darkest hours, there is hope for a better tomorrow.

Thirty years ago, life-long dreams went up in smoke. I was devastated when, after twenty-five years of marriage, divorce left me alone and without direction. Everything I had hoped for, all my carefully laid plans, my reason for living – dissolved as ashes in my hands.

I'm not crying the blues. I'm saying that it took twenty difficult years before things began to turn for me. Living on the road, driving coast to coast, is not for everyone. But for me, it was a life-saver. I discovered that God had been there all along, watching over me. And then, when I learned the lessons I needed, he intervened and my life got back on track.

I'm glad if you're turned off by religion. Being religious never did it for me, and it won't do it for you. Change, fundamental, lasting renewal, comes when you discover the relationship with Jesus Christ you were created to enjoy. It is only in him that you will discover the best life has to offer.

For further thoughts like this, follow me at [indenseoftruth.net](http://indenseoftruth.net).

Send your letters!

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Or, you can e-mail us at [echo@salmonpress.news](mailto:echo@salmonpress.news)

Please include your name, address and phone number.

## PET OF THE WEEK

ALICE

This ultra sweet 2 year old mix came to us in January from the south and she would really love to find her people here in the lakes region and explore the beauty of the area with you. Being young, she's still quite the puppy, active, playful and ridiculously loving. She does seem to have some vision issues, although it's nothing too serious. She is pretty good with other dogs, although for some she might be a bit too much, in the energy department. She's learning how and when to chill and that most humans don't like it when she jumps up for attention. Ideally this beautiful girl would love an active family with teenage kids another dog in the house and even a dog savvy cat. She's the type of girl who will give you a smile on even the cloudiest of days. Food is definitely a great motivator in educating her on the polite ways of the pup. so Go ask Alice, I



think she'll know how joy, laughter and love. to bring you eternal

## LETTERS TO THE EDITOR

### The day the Constitution was trashed

To the Editor:

Last week was interesting and disturbing with two long days of hearings and a House Session. Interesting in that a long-standing law on capital punishment was voted to repeal and disturbing on another case that we were asked to violate our oath to support and defend the Constitution.

Let's go to the Constitution case first. A well-financed group, including several folks from other states, proposed a law that would violate the Second, Fourth, and 14th Amendments to the U.S Constitution rights by denying due process and allowing ex-parte hearings, conducted by telephone enabling judges to order the confiscation of a person's guns without that person being present or able to face their accusers. While there are people who might do harm, like committing suicide, but the Constitution is clear in protecting the rights of all. Some people are willing to ignore the protections to have their way. Even the ACLU and other excellent legal minds said the bill needed work to pass Constitutional muster. It wasn't ready for prime time. There may be an avenue, but not at the expense of protected rights. The whole House took an oath to uphold the Constitution. It is sad that some members willingly violate their oath and vote their pocketbook or their emotions. A meeting is this week determine the recommendation the Criminal Justice Committee will make to the full House. I've received a lot of pressure from the touchy feely crowd, but I will be voting to kill the bill to uphold my oath.

At the Thursday Session, the House voted to repeal Capital Punishment (HB 455). New Hampshire is very judicious with this punishment. The last

execution was in 1939. Currently there is one person waiting who admitted killing a police officer. Current RSA allows capital punishment due to the egregious murder of a mother, and the maiming of her daughter in Mont Vernon. I believe in Capital Punishment but the bill passed 279:88 and progresses to the Senate. If it passes onto the Governor he has promised a veto.

On the lighter side, we infringed on your liberties by voting against HB 473 that allowed for personal hobby distillation of spirits. We allow you to make wine and beer. Evidently the Temperance League is alive and well. We also passed HB 511 that will add vaping to the indoor smoking ban and HB 153 to make discipline records of police officers public. I voted to support the latter.

The number of bills to repeal recently passed laws protecting voter integrity is very disturbing. New Hampshire, simply, must secure your votes at the ballot box. We witnessed vote "harvesting" in North Carolina with loose absentee ballot rules like those presented in HB 556 and HB 611. The results were along party lines, culminating in the undermining of voter integrity. One must wonder what the supporters of these bills are trying to accomplish. The "lemming lock step" in the US House that voted to allow illegal aliens to vote seems to have filtered to the New Hampshire House.

These were just a few of the highlights. If you want to talk to me, call at 320-9524 or my email is [dave@sanbornhall.net](mailto:dave@sanbornhall.net).

Cheers!  
Dave Testerman  
State Representative  
Hill and Franklin

### A report to the citizens of Franklin

To the Editor:

In this report to the taxpayers of Franklin about decisions made will not only enhance the City of Franklin, but will impact your life. The LEAN Management Roadmap is posted in City Hall for your viewing. Please take time to look at it as it will show you the steps the City Council and the various City Departments are taking to make our vision, "Franklin for a Lifetime" and our mission to "work as a team to ensure Franklin's future..." a reality. You might want to stop by the different departments to ask them to show you their progress.

In my assignment to the Police subcommittee, the Comfort Dog program was reviewed. This will be a nice addition as the Police and Fire work together in some stressful situations, but also in increasing visibility and approachability of the Police serving Franklin.

Part of my LEAN Management assignment to Safety includes understanding our city codes and

how they are handled within the city. I've already met with the Police Chief and had a ride along with them I will learn about the Fire Department next week, and in addition to the ride along and department tour, I will ask questions about codes and fire safety.

The Council meets the first Monday of every month at 6 p.m. at City Hall. You are always welcome to attend, observe and/or share your opinion. During these meetings your legislators present an overview of things going on in Concord and we are introduced to various programs that involve our residents:

- The Hill Village Bible Church has opened an outreach at 333 Central Street. Every Friday evening at 7 p.m., they will be conducting a chapter of Reformers Unanimous, a national faith-based drug recovery program.
- The Department of Education Commissioner,

SEE LETTER, PAGE A11

### SB306 is a crucial tool in addressing NH's housing shortage

To the Editor:

SB306 is critical to addressing the current housing shortage that is driving housing costs out of reach for young and old alike.

SB306 establishes an alternative appeal process to the lengthy and costly Superior Court litigation that is currently the only option for an appeal. Towns, taxpayers and builders alike across the state spend hundreds of thousands of dollars each year on legal fees fighting cases that often go on for years, killing much-needed housing construction.

Local boards lose none of their rights or authority under SB306. What the bill does do is greatly expedite the appeals process to assist with the acute workforce housing shortage. The current process is forcing young families to leave New Hampshire, and new employers to locate in other states because of our exorbitant housing costs. These costs are caused by lack of new homes. SB306 will save towns, taxpay-

ers and builders (and consequently, homebuyers) time and money by providing an alternative process to resolve disputes within 180 days of a local board decision. And – this is important – if any of the parties, including abutters, don't like the Housing Appeal Board decision, they retain the right to take the matter to court, as is the case under current law. No one is losing any existing rights under this legislation.

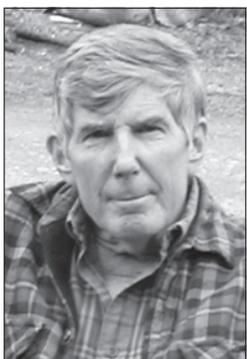
SB306 is a much-needed alternative process to avoid costly, lengthy court proceedings. Everybody wins with a streamlined process of handling appeals – and no one loses any of the rights guaranteed under current law.

Please contact your legislators and tell them to support SB306.

Bob Giuda  
State Senator, District 2  
Warren

## NORTH COUNTRY NOTEBOOK

## The silence is crushing, so just go get a machine



By JOHN HARRIGAN  
COLUMNIST

My house is quite a quiet place, especially when I'm not catching something on radio or television, and the snow muffles everything else. It is so quiet that some guests, unnerved by such silence, have brought wave machines.

In a way, it reminds me of the printing presses I've run,

particularly the last one, a 30-foot Miehle-Goss-Dexter Web press. It made so much noise that we wore Micky Mouse ear protectors. Yet it had a rhythm, and when everything was running right, and we were humming along at 10,000 copies an hour, we listened for the slightest deviation.

Once in a great while, some wise guy perceiving all this would drop a wrench onto the concrete floor. Our hearts leapt into our throats. He thought it was funny and was quickly shown the door.

+++++

I'm a people-watcher and have watched how people handle silence, as in the doctor's wait-



JOHN HARRIGAN

Mid-winter's snow pack has a way of muffling noise, some on the outside that never gets inside.

ing room or in line at the ATM. People who seem disinclined or unable to read for enjoyment will tap their fingers on the waiting room table or bounce one leg over the other. Men in line will jiggle

their pocket change. This drives some people (me) even crazier than they already are.

Part of this is because our society has become so infatuated with (and saturated by) radio and TV. And television and radio producers have been trained to fear and loathe a silence gap--any silence gap. Some producers fill these

gaps with music, and others with drivel.

"What's that?" you say. "Drivel?" This is a line from a movie whose title I've temporarily misplaced. Readers tend to be quick to help on these things.

But should a silence gap occur, it'll instantly be filled by the city's or suburb's own background noise. When I first began visiting Manhattan, I could not understand why I was getting so tired, so soon. It wasn't the walking, it was the background noise--the sheer impossibility of finding or making silence.

+++++

In a silent house, any rap on the door sounds like a gunshot. This happened to me just the other day, when a "Rat-tat-tat-TAT!" brought me straight out of my chair.

I looked hither and yon for vehicle or visi-

tor. Fierce winds sometimes hurl snow shovels around on the front porch, but with a sigh the wind pled innocent. And then, as I was hovering around the front door, it came again: "Rat-tat-tat-TAT." It was coming from the front soffit.

It was a woodpecker, of course, which I thought from just a glimpse as it flew off was a downy woodpecker, but of course it could have been a hairy woodpecker, because I only saw it for a snippet.

"What a hammer-head," I yelled after the bird, a term Rudy Shatney so often used during my years at Clarksville Pond, then as now a term of endearment.

(Please address mail, including phone numbers, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)

## MARK ON THE MARKETS

## Happy anniversary, bull market!



BY MARK PATTERSON

If you have ever put money into a mutual fund and discovered that the proclamation of return did not line up with your real return of dollars, then there could be several reasons. The net return could be affected by the fees and commission charged by the fund that can vary between funds, fund companies and share class. But another issue is the manner in which the return is calculated or advertised. This concept not only relates to mutual funds but to overall performance of the markets as they relate to your dollars. Without even calculating any fees or commission you pay, let's just say you invest \$100,000 in a low cost S+P 500 index fund. The first year in the index losses 40 percent, much like 2008. You now have \$60,000 in your account. But then the market snaps back the following year and advances 40 percent. Well if I lose 40 percent, then gain 40 percent, I should be even, right? Well, why do I only have \$84,000 in my account? Because a 40 percent gain on \$60,000 is only \$24,000. So the next year the index is up 10 percent, sending the three year average to a

positive number but my account only has \$92,400 in it. Following a 40 percent loss, you would need a 67 percent return to just get you back to even, OUCH! The math works the same way in reverse meaning that if you started with a 40% gain followed by a 40 percent loss, you still have \$84,000.

This is why the lost decade was really 13 years. From the year 2000 until 2013, if you left money in the equity markets including most stock mutual funds you would have had a brief period of time to get out about break-even in 2007, but then we went into another market collapse that bottomed in March of 2009.

Since March of 2009, ten years ago, the equity markets have not seen a significant correction, while over-due statistically, this bull market could continue. While December of 2018 saw a mild correction, it was minor compared to the 40 to 50% corrections of the past and likely the future.

If you have 20 plus years until retirement then I would not be overly concerned, not to say it should not be managed. But if you are getting close to retirement, within 10 years, then I would mitigate the risk

in my portfolio and investigate some index crediting methods that capture partial gain but allow for 0 loss with a portion of your money that you will need for retirement income. A ladder bond portfolio with varying maturities and credit quality are other means of mitigating market risk and creating sustainable income. When approaching retirement, you must emphasize income over growth to meet future obligations. If you stay in "accumulation" mode and the stock market retracts, you will deplete your money when it is most critical to protect your capital! Stocks are for capital appreciation, bonds are for income. No, I don't mean bond funds, I do mean that you should have a portion of your portfolio in a bond portfolio crafted for you and your needs, if you need income!

Talk with your fiduciary advisor or call my office if you want information about these crediting methods that could change the way you manage your retirement income and potentially your tax burden.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or [Mark@MHP-Asset.com](mailto:Mark@MHP-Asset.com).



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## The overlooked foot

Your feet are like old friends, always there for you, dependable and sometimes overlooked. But we need to change that. No, your feet won't unfriend you on Facebook, but if they are ignored too long problems, like bunions, ingrown toenails or sores can develop making your once dependable feet painful and a risk to your health. If you have poor circulation, diabetes or heart disease it's even more important to take care of your feet.

A Philips Lifeline article estimates that 80% of older people are estimated to have foot problems. ([lifeline.philips.com/resources/blog/2014/10/the-importance-of-foot-care-for-senior-citizens.html](http://lifeline.philips.com/resources/blog/2014/10/the-importance-of-foot-care-for-senior-citizens.html)). Foot pain in particular is a cause of falls, decreased mobility or total loss of ambulation, and can affect ability to travel to doctors' appointments and seek care for other medical conditions.

With decreased ability to reach our own feet, or to see them due to age related changes to our eyes, it becomes harder to maintain foot health or to recognize complications

arising from diabetes, inflammation, peripheral vascular disease, and the side effects from certain medications which can cause damage to the feet. These can all cause infections that

result in hospitalization or lead to chronic wounds with potential for amputation. ([nursingtimes.net/roles/older-people-nurses/foot-assessment-and-care-for-older-people](http://nursingtimes.net/roles/older-people-nurses/foot-assessment-and-care-for-older-people))

SEE FOOT, PAGE A11

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# Sanbornton Historical Society kicks off 2019 season April 11

SANBORNTON — The Sanbornton Historical Society's 2019 program kickoff, "Researching Your Old House," is scheduled for Thursday, April 11 at 7 p.m.

Every house has a history, but how do you discover yours? Join the New Hampshire Preservation Alliance's Andrew Cushing as he explores tolls, tricks, and tips for researching your old house. Us-

ing a combination of sources - common and uncommon - anyone can start to assemble a fuller picture of their house's history. This 45-minute presentation will include statewide resources, as well as examples specific to the Sanbornton area.

This event is sponsored by the Sanbornton Historical Society and will be hosted at the Sanbornton Public Library (27 Meeting

House Hill Rd., Sanbornton NH 03269). The presentation is free to the public.

*The New Hampshire Preservation Alliance is the statewide, membership-driven non-profit that helps people protect and preserve historic buildings and places of significance to them and their communities. For more information, please visit [www.nhpreservation.org](http://www.nhpreservation.org).*

# Photography course for beginners offered by Lakes Region Artist Association

TILTON — Talented and accomplished photographer, Jaymee Cornell, a member of the Lakes Region Artist Association/Gallery is holding a series of beginner photography classes at the gallery beginning March 27.

The three session course is open to anyone who'd like to learn the basics of photography and

how to take high quality and professional grade photos. Dates and time for the three session classes are Wednesdays, 6-8

p.m., March 27, April 3, and April 10. The first class will focus on how to use your digital camera, ask questions and learn how to set-up an in-home portrait studio. The second

class April 3rd, will be learning about depth of field, how to use f-stops, the correct way to focus, and exposure times. April 10th class features learning how to edit your photographs, Light-room or other editing software, plus a take home print of your edited photograph. Suggested mate-

rials to bring;

digital camera, extra lenses, and a tripod. For cost and to register, contact Jaymee Cornell at: [spellboundimaging@yahoo.com](mailto:spellboundimaging@yahoo.com), or visit the Lakes Region Artist Association/ Gallery, Tanger Outlets, 120 Laconia Rd.(exit 20), Tilton, Suite 132, Thursday-Sunday, 10 a.m.-6 p.m.



This police officer just stopped and gave this guy his gloves. Pay it forward people and always help others ❤️

## Act of compassion

An act of generosity and compassion was caught on camera last week, when a resident witnessed Officer Noah Tamulonis of the Tilton Police Department stop his cruiser and give a man his own gloves on a cold March day.

COURTESY

**Town of Northfield  
Zoning Board of Adjustments  
Monday March 25, 2019 at 7:00 pm  
Town Hall, 21 Summer Street**

**AGENDA**

1. Minutes - December 17, 2018 and January 28, 2019
2. Special Exception ADU – 200 Cross Mill Road
3. Other Business

Respectfully Submitted,  
Brian Brown  
Chairman

This is a public meeting and citizens are invited to attend. Application information is on file at the Town Hall or at [www.northfieldnh.org](http://www.northfieldnh.org).

The Town of Northfield complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office at 286-7039 if you need special assistance in order to attend this meeting.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111  
with any questions regarding  
the submission process.

## VETERANS

CONTINUED FROM PAGE A2

Veterans Recognition Act, signed into law in 2017. The date commemorates March 29, 1973, when the last U.S. combat troops left Vietnam and the last American prisoners of war held in North Vietnam came home.

Keynote speaker for the event will be retired Army Lt. Col. Greg d'Arbonne, president of the New Hampshire chapter of the Association of the United States Army. Gov. Chris Sununu will speak and officially proclaim Vietnam War Veterans Day in New Hampshire. Congressman Chris Pappas and others will also speak.

About 39,000 New Hampshire veterans

– nearly 40 percent of the state's veteran population – served in the Vietnam era from 1955 to 1975. Coming back during an unpopular war, troops were often greeted with disrespect and open hostility on the home front. Over the past five years, the New Hampshire National Guard has sponsored events around the state to offer a belated "welcome home." Going forward, the Veterans Home intends to continue the annual honors.

The ceremony begins at 11 a.m., preceded by a coffee social time at 10:15.

Contact NHVH Program Information Officer Len Stuart at number below for additional information.

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**TOWN OF TILTON**  
LEGAL NOTICE  
**PUBLIC FORUM ON 2019 REVALUATION**

The Tilton Board of Selectmen will conduct a Public Forum on Thursday, March 21st at 6 pm, 257 Main Street, Tilton, NH 03276 for the purpose of sharing information and answering questions about the upcoming revaluation of Tilton property.

Representatives from Avitar Assessing will discuss the purpose and process of the 2019 revaluation and be on hand to answer questions from Tilton property owners. The Town of Tilton complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office, Tilton Town Hall, 257 Main Street, Tilton NH 03276, or call 603-286-4521 if you need accommodation to attend this meeting.

**TOWN OF NORTHFIELD  
PLANNING BOARD**  
Town Hall  
**Monday April 1, 2019 at 7:00 pm**  
**AGENDA**

1. Minutes - March 4, 2019
2. Garth Dubois & Dubois One Family Trust – Application for a Lot Line Adjustment with Map Lot(s) R6-15C located at 402 East Pleasant Street and R6-16 located at 420 East Pleasant Street
3. Other Business

Respectfully,  
Jason Durgin, Chairman

This is a public meeting and citizens are invited to attend Application information is on file at the Town Hall or at [www.northfieldnh.org](http://www.northfieldnh.org).

The Town of Northfield complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office at 286-7039 if you need special assistance in order to attend this meeting.

Respectfully Submitted,  
Kent Finemore, Chairman

**TEACHING STUDENTS,  
TOUCHING THE FUTURE**

# Pancake breakfasts, backyard sugaring class at Canterbury Shaker Village

*Part of town-wide Canterbury Maple Festival, March 23-24*

CANTERBURY — Every year, Andrea Dudley and Rich Massey of Wolfeboro hit the road in search of a new maple experience. This year, they'll be at Canterbury Shaker Village, enjoying homemade pancakes with local syrup and learning about New Hampshire's signature late winter activity—tapping trees and boiling sap.

"We might even bring our snowshoes and explore the Village trails," adds Dudley.

The town-wide Canterbury Maple Festival takes place on Saturday and Sunday, March 23 and 24. Shaker Village activities include a pancake breakfast each day from 9-11 a.m. in the Creamery, a charming historic building. The suggested donation for the breakfast is \$20 per family.

From 11 a.m.-3 p.m. in the Education Center, demonstrators will be making maple candy, and Tim and Jill Meeh from North Family Farm will provide tastings of the various grades of maple syrup.

Want to learn how to make your own maple syrup? Tim Fleury, UNH Extension Field Specialist, will teach "Backyard Maple Sugaring" at 11 a.m. on Saturday. This workshop is specifically aimed at first timers and beginner sugar makers.

On Sunday, the new Dewey School at Canterbury Shaker Village will offer children's craft activities and a preview of their new facilities for a nature-based pre-school opening in September, 2019.

The Canterbury Shakers were famous for their maple products. See some of the artifacts that they used and photographs of their sugaring and candy-making operations in a new exhibit, "A Pleasurable Time:



Jill McCullough of North Family Farm at the 2018 Canterbury Maple Festival. Photo Courtesy of Michael Sterling Photography for Canterbury Shaker Village.

Sugaring at Canterbury Shaker Village."

Dudley and Massey are already planning

to buy some maple syrup and a few of the Village's private label dark chocolate and maple tof-

fee candy bars, saying "They make great gifts, come with memories of the good time we had,

and help support the Village."

All activities during Maple Weekend at the

Canterbury Shaker Village are free. The event runs from 9 am to 3 pm both Saturday and Sunday. Visit [www.shakers.org/canterbury-maple-festival/](http://www.shakers.org/canterbury-maple-festival/) for more information.

It's easy to make plans to visit other sugar houses and businesses as part of Canterbury Maple Festival. A map, and a full list of participants and schedules can be found at [www.canterburymaplefestival.com](http://www.canterburymaplefestival.com).

Canterbury Shaker Village is a National Historic Landmark and non-profit museum that is dedicated to preserving the 200-year Shaker legacy and providing a place for learning, reflection, and renewal of the human spirit.

Canterbury Shaker is located at 288 Shaker Rd. in Canterbury, just south of Laconia and north of Concord. For more information, visit [www.shakers.org](http://www.shakers.org).

## New generation to lead Fire Clean Up Services

BELMONT — For more than 40 years, Fire Clean Up Services has provided emergency service when the unexpected events from fire, water, or septic issues require specialized cleaning of property. Their team is fully certified in mold and water remediation. They are also specialist in carpet cleaning, complete deodorization, boat detailing, exterior power washing and RRP Certified Lead Renovator.

Robert and Lucie Jacobson have retired and the business is now operated by Robert's son Todd. Todd along with his wife, Katy and two sons have made New Hampshire their home.

The Lakes Region Chamber is a private, non-profit organization striving to create



New owner Todd Jacobson (right), along with his team, recently took over the leadership of Fire Clean Up Service family owned business.

and promote a more engaged community and thriving economy for the businesses in the Lakes Region. For

more information about the Lakes Region Chamber and other resources they provide, contact Joanne Haight, Mem-

bership Manager at 603.524.5531. For a directory of local businesses or a list of community events, visit LakesRe-

gionChamber.org. or contact Joanne Haight at the Lakes Region Chamber of Commerce at 524-5531.

## BELMONT

CONTINUED FROM PAGE A2

Richard E. Bergeron, age 41, of Belmont was arrested on Feb. 28 in connection with a warrant issued on the charge of drug possession.

Samuel Peter Vachon, age 27, of Belmont was arrested on Feb. 28 for Resisting Arrest or Detention.

Christopher Paul Burton, age 29, of Meredith was arrested on March 2 in connection with two warrants issued by Belknap County Superior Court.

Morgan Roy, age 22, of Moultonborough was arrested on March 2 by Driving While Intoxicated.

Jason M. Macleod, age 39, of Belmont was arrested on March 2 in connection with a warrant issued by Strafford County Superior Court.

Heather Albert, age 30, current address unknown, was arrested on March 2 for Possession of Drugs and a separate charge of Possession of Controlled/Narcotic

Drugs.

Dustin Roche, age 33, of Laconia and Jared David Reed, age 42, current address unknown, were each arrested on March 2 in connection with multiple warrants issued by the Superior Courts of Belknap and Merrimack County.

Joseph C. Crawford, age 27, of Laconia was arrested on March 4 for Driving After Revocation or Suspension and two counts of Disobeying an Officer.

Timiah L. Wilkins, age 21, of Belmont was arrested on March 6 in connection with a bench warrant issued by Merrimack County Superior Court.

Ryan Emmett, age 40, of Laconia was arrested on March 6 for Default or Breach of Bail Conditions.

Paul O'Connor, age 34, of Belmont was arrested on March 7 for Criminal Mischief (Vandalism), and in connection with multiple bench warrants issued by the District Courts in Plymouth and Laconia.

## FSB

CONTINUED FROM PAGE A2

### About Franklin Savings Bank

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes

Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford, Goffstown and Merrimack, as well as an office in Bedford for lending activities. Franklin Savings Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial

Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester, Merrimack and Goffstown, New Hampshire. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a ded-

icated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting [www.fsbnh.bank](http://www.fsbnh.bank), or following the bank on Facebook, LinkedIn, Twitter and YouTube.

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# 17<sup>th</sup> Annual



## Easterseals NH Camp Sno-Mo: Unifying Kids of All Abilities at Summer Camp

Easterseals Camp Sno-Mo, located in Gilman Iron Works, NH, has served campers, ages 11-21, with special needs at a residential camp since the early 1970s. Over the course of a fun-filled summer, our campers are joined by 500-600 Boy Scouts on the space we share at Hidden Valley Campground. The co-location of these two programs provides the opportunity for an atmosphere of acceptance, diversity, and education for all.

Children of all abilities love and thrive during a summer camp experience. Summer camp allows for time away from home, meeting new people, creating lasting friendships, sleeping under the stars, and the endless opportunities to try something new! For some children this can be a challenge. Children with special needs are not always



able to attend camp because their unique needs make it difficult. However, at Easterseals Camp Sno-Mo, campers with special needs are able to have a truly amazing experience is a

safe, adaptive, and caring environment.

Additionally, our campers participate in activities offered by the Boy Scouts. These activities are those you



will find at many traditional summer camp programs throughout the country and include aquatics (swimming and boating), riflery, archery, hiking, ecology, first aid, high and low ropes courses with a zip line, camp crafts, and more.

Sno-Mo Campers participate alongside Scout campers to complete requirements to earn their badges. They form friendships and memories while working together. This partnership allows our

campers to enjoy a traditional camping experience where the possibilities are endless.

Our caring staff receive extensive training on therapeutic crisis intervention, medical/water safety and first aid/CPR ensuring our campers enjoy a safe and meaningful camp experience. Sno-Mo staff hail from many countries and bring their culture and experiences with them. By providing a safe environment, we enable our campers to challenge themselves to learn and grow, develop confidence, and discover how much they can achieve.

A perfect example of this is embodied in Alex's story. Alex is a long-time Sno-Mo

camper who uses a wheelchair and walks with a crutch. He is also living proof that you are only limited by the limits you place on yourself.

Once summer Alex has a conversation with his one-on-one camp staff Jessica. Alex had indicated that he wanted to hike Mt. Shannon while at camp. Given his mobility limitations, we knew this would require some creative thinking but brainstormed the possibilities because Alex was adamant about doing the hike with his crutches! Mt. Shannon is 1,400 feet above sea level and, at certain points, can be a little tricky to navigate especially near the summit.

After much discussion **More on page 2**

**easterseals**  
New Hampshire

**Camp Sno-Mo | Gilman Iron Works, NH**  
Outdoor adventures at our co-ed residential facility for campers with disabilities or special needs ages 11 to 21.

Proudly supported by the NH Snowmobile Association.

For more info: [easterseals.com/nh](http://easterseals.com/nh)  
[rkelly@eastersealsnh.org](mailto:rkelly@eastersealsnh.org) | 603.364.5818

AGES 5-13

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# 17<sup>th</sup> Annual



who they are instead of limiting what they can do. Why put a limit on it? As we have seen on many occasions, if a Sno-Mo camper feels they want to try an activity that has been out of their reach, we will find a way to

make it happen! We believe the only disability is a bad attitude!

For more information about Easterseals NH Camp Sno-Mo, please contact Camp Director Robert Kelly at rkelly@eastersealsnh.org.

sion, we determined that if we could come up with a plan that would allow Alex to safely do this then we would make this dream come true. Within a matter of hours, we devised a well-thought-out and concise plan for Alex to tackle the climb.

Not only did Alex climb up and down Mt. Shannon unaided, he has repeated the feat each summer thereafter with staff nearby for support. When we recognized Alex's accomplishment at the dining hall during our next meal, his fellow Camp Sno-Mo and Boy Scout campers, gave Alex a very well deserved

standing ovation. It was one of those moments in time where you remember where you were when it happened. It was simply inspirational.

Since our beginning, Camp Sno-Mo has been a special place where our campers have achieved countless accomplishments and milestones. The level of character, dedication, and potential we see in our campers is unmeasurable. Gone are the days where people would say "are you sure he or she should be doing that?" Instead we would rather the individuality of our campers define

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Youth Tennis Camp  
\$55 Residents \$60 Non-Res (per session)  
Session 1: July 8, 10, 12  
Session 2: July 22, 24, 26  
Beginners: 8:00-10:00am  
Intermediate/Advanced: 10:00-am-12:00pm



Adult Clinics & Lessons  
\$15 Residents \$20 Non-Res  
Intro to Tennis Clinic: July 8: 6-7:30pm  
Hone Your Skills Clinic: July 22: 6-7:30pm

Adult lessons are available upon request  
Private lessons also available upon request

Registration opens April 15

Tennis Camps & Clinics are weather permitting and take place at Kraine Meadow Park on Playground Drive, Moultonborough. Classes are limited, so contact our office & sign up early!

**Moultonborough Recreation Dept.**  
10 Holland St. PO Box 411  
Moultonborough, NH 03254  
603-476-8868  
[www.moultonboroughnh.gov](http://www.moultonboroughnh.gov)

**ROBOTICS**

CONTINUED FROM PAGE A1  
robot and from there it was a matter of continually fine-tuning the machine to improve performance and operation.

When Roseanne was complete, Deware then went on to build another robot, named "Jerry" for the old Tom and Jerry Cartoon, which he completed in less than two weeks. With less time spent working on that robot than Roseanne, Deware still saw success with Jerry as he progressed with it all the way to the state quarter-

finals.

Deware said he took some lessons learned from Roseanne and used them to build Jerry. Focusing on a specific cup stacking challenge for competition, he designed a slightly different robot by clipping wires to length so they wouldn't interfere with a task and just otherwise "kept things simple and efficient," he said.

The third team to represent BHS in the state meet was an all-girls team that Deshaies said had a strong and admirable showing in the com-

petition as well.

"The girls' robot was a lot more complex because it had to be able to fire balls at flag targets in order to score points. Building it was easy but the consistency part was a little tougher," Deshaies said. "The girls had a lot more competition in their division. They were mid-pack throughout the meet though so I thought they did very well."

The students on Team 603 have found a lot of value in being involved in robotics. Mercedes McIntyre is a junior who

said through robotics she has met a lot of new people and had a lot of fun. She also learned the importance of teamwork, how to think outside the box, developed stronger problem solving skills and discovered ways to be creative in her designs. All useful tools for the future.

"Robotics is something that makes you step back and makes you realize not everything works out the way you program it and not everything works out the way you build it," McIntyre said. "I believe that when I'm out of high school and I go to college that I'll use these skills to realize that not everything I do will work out exactly the way I want it to, but I need to problem-solve and make it work."

She added that she intends to stay involved

with VEX competitions in the future and hopes to help build a stronger girls robotics program at BHS.

On Monday, Deshaies was also pleased to announce that last weekend Deware, who is a senior, did get one more chance to compete with Jerry during "The Wave," a signature robotics event held at Worcester Polytechnic Institute in Massachusetts. Students from not only all over the United States, but from as far away as Australia were invited to that competition. Many of those who participated had already qualified for the upcoming world championships through their state meets. Deshaies said that Deware and his robot made it all the way to the elimination round, finishing 20th out of the 72 teams that took part.

"That was an amazing feat. The level of competition was way beyond what we were up against at the state meet," he said.

As coach of Team 603, Deshaies said he is very proud to have watched the progression of his team this year. While most started out with little to no robotics experience, he said it was gratifying to see the hundreds of hours they spent building and problem-solving until they became a highly competitive group that made it to the state championship.

"To win a couple of trophies this year was really exciting. We owe a lot of thanks for that success to local businesses and the Belmont Rotary who have helped support the team. That support has meant a lot to us," he said.



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**GOOD MORNING**

CONTINUED FROM PAGE A1

out a regular caretaker, or have limited mobility."

Good Morning Belmont is just the latest in community outreach done by the police department. Officers are also active in their support for Special Olympics, National Night Out, Santa's Little Helpers, Memorial Day and Old Home Day events. They additionally have been guest readers at Belmont Elementary School, hold an annual Bike Rodeo, support local school sports and much more.

Those interested in taking part in the Good Morning Belmont program are being asked to fill out a brief registration form then return

it to the police department. Family members are also asked to speak with loved ones living alone in Belmont who might benefit from this free service and encourage them to sign up. Registration forms are available at the Belmont Senior Center or can be downloaded and printed from the Belmont Police Department Facebook page. On the form, participants will be asked to provide contact names and numbers, which would become important information for police and first responders in the event of an emergency.

Once a resident is registered for Good Morning Belmont, an officer will contact them to review the daily check-in process with them. Basically participants

will just have to give the police department a call each day between 7-10 a.m. to say hello to let officers or dispatchers know all is well. If someone does not call the department by 10 a.m., an officer will call them to make sure everything is all right. Should there be no answer, or if they here there is a problem, help will be on the way.

"One of the best parts of this effort is that we hope to be able to reach out to people who have been living in town for years that we might not even know," said Belanger.

Those who have any questions about this new program are asked to contact the Belmont Police Department at 267-8350 where an officer will be happy to assist

**RESTORATION**

CONTINUED FROM PAGE A1

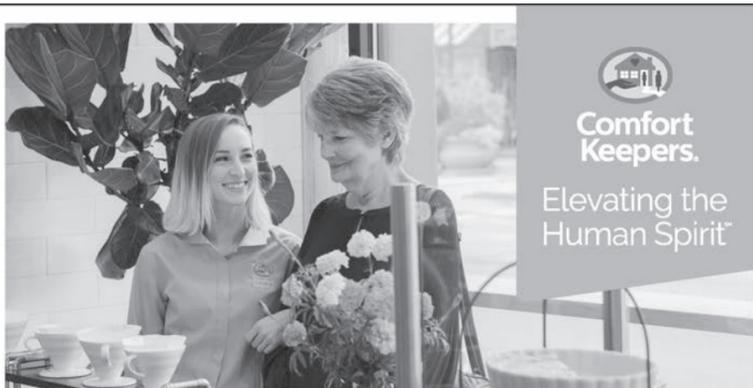
ers the library quickly received the estimated \$2,700 for the project and the painting was delivered to art restorer Martha Cox of Shapleigh, Maine last fall. Cox is renowned in her field of art restoration, having done work on other treasured paint-

ing, some of which hang in the New Hampshire State Capitol and was happy to take on this project. Since then, she has been busy "cleaning the grime from Emeline and baby George's face" and bringing the painting back to life.

While there is still more painstaking work and repairs to be done, SPL representatives

said they are pleased to see the progress Cox has made and wanted to once again thank all who have made this community project possible.

The restoration is expected to be complete in the next few months and the Burleigh Family portrait is scheduled return to Sanbornton sometime in June.



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**FOOT**

CONTINUED FROM PAGE A5

Regular foot care can prevent the above complications and allow recognition of foot conditions which need further medical attention or intervention. Good foot hygiene includes; Washing your feet every day, and drying gently – don't forget to dry between the toes. Checking your feet daily for cuts, bruises,

blisters, spots, lumps or bumps. Trim toenails straight across regularly. If you can't trim them, a foot care clinic like Franklin VNA & Hospice's Wednesday Foot Care Clinics are a great option. Wear clean socks, and change them daily. Wear supportive shoes that fit well. If the shoes cause blisters, pinch or make your feet sore, get rid of them and wear a different pair.

Communicate with your provider. If you notice changes in your feet, or any injuries, let your health care provider know -this could be your visiting nurse, primary care provider or orthopedist. You only get one pair of feet, so be a good friend and don't neglect their care! You have a choice in your home care provider. Choose local. Choose Franklin VNA & Hospice.

**ANNIVERSARY**

CONTINUED FROM PAGE A1

Heritage member Jack Donovan opened up the discussion asking questions like: How has Main Street changed over the years? What is your fondest memory growing up in Belmont? All of the interviewees remember Prescott's Pharmacy, especially since it served ice cream for five cents! Special stories were told about their parents and grandparents, how horse and buggies were the only mode of transportation and when only one family in town had a TV. All remember the Saturday Night Dances at the Town Hall and how much everyone in town loved celebrating Old Home Day. The Leroux sisters brought to the attention of others that St. Joseph's Church is celebrating its 70th anniversary this year. They also added that their father and grandmother both worked at the Belmont Mill. Janet Leroux and Alyce (Akerstrom) Jew-

ell fondly remember venturing to Mooney's Farm to go sledding and pretty much sledding all the way back home to Main Street because there weren't that many houses in the way! Albert Akerstrom, Alyce's brother recalled the Gas Station, Post Office and Barber Shop on Main Street. Akerstrom later became Belmont's Fire Chief and revelled in the department and community effort in getting the new Fire Station built with town support and hard work from firefighters and community members. It was also heartwarming to hear that many of Alyce and Albert's children and grandchildren live in Belmont. Donovan finished the interview with Mr. Weeks, but many in the group, during the two hour session interjected throughout the discussion as they all reminisced about growing up in Belmont. Everett Weeks brought photos to share with the group, many of them from his grandfather and father

of the railroad that traveled behind his home. Mr. Weeks enlightened the group with names of Belmont residents that he has known through years and years of farming. One of the last questions asked was what they have enjoyed most about living in Belmont over the years. In agreement by all was that the people in Belmont can be counted on. Akerstrom said people come out of the woodwork if you need help. The Heritage Commission is grateful for the John M. Sargent Fund's support in this endeavor of the oral history video production for Belmont's 150th. Other interviews will be planned in the months ahead as the commission moves their focus from Main Street to other areas of Belmont pertaining to its history. If you have pictures to share or a story to add to the oral history project please contact Vicki Donovan at events@belmontnh.org.

**LETTER**

CONTINUED FROM PAGE A4

Frank Edelblut, will meet with the SAU the morning of March 15. Meanwhile the School Board is beginning to work on LEAN Management this month. • Chris Seufert presented on a revitalization of the Franklin Lead Action Committee. • The City Council authorized the City Manager to apply for grants from the: • Community Development Finance Authority Tax Credit Program; • US Department of Agriculture Rural Business Development Grant; and • Community Devel-

opment Block Grant Planning Grant for an Art Block downtown. The Council also voted to accept a New Hampshire Department of Environmental Services Brownfield Revolving Loan Fund grant to complete the work at the former Macosko Foundry site on Chance Pond Road. Additionally, the Council approved the expansion of the Franklin Animal Shelter and waived the permit fees for the Franklin Savings Bank 150 year community event. Finally, the Teachers' Contract was not removed from the table. In its current DRAFT form it con-

tained illegal language that must be removed or changed. It is hoped that the City Council will receive the legal FINAL form of the contract in time for review at the April 1 meeting. I still do not understand nor have I received an adequate explanation as to why the taxpayers are required to pay for substitutes for Teacher Association members attend meetings or conferences during school hours. If at any time you would like to contact me, I can be reached at karen@sanbornhall.net or at 934-7111.   
*Karen Testerman  
Ward II  
Franklin City Council*

## New Hampshire 2019 SEASON

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### Who Can You Trust to Reduce Stress of Estate Planning?

When it's time to do your estate planning – and it's actually never too soon to begin – you may find the process, at first, to be somewhat bewildering. You'll have many questions: What sort of arrangements should I make? Who should get what? And when? How can you address these and other issues? You'll need to get some help. In drawing up your estate plan, you will need to work with an attorney. And for guidance on the investments that can help fund your estate planning arrangements, such as a living

trust, you can draw on the help of a financial advisor. You also may want to connect with a trust company, which can help facilitate your estate plans and coordinate the activities of your legal and financial professionals. Of course, you might think that only the very wealthy need a trust company. But that's not really the case – people of many income levels have long used these companies. As long as you have a reasonable amount of financial assets, you likely can benefit from the various services provided by a

trust organization. And these services can range from administration of a variety of trusts (such as living trusts and charitable trusts) to asset-management services (bill-paying, check-writing, etc.) to safekeeping services (such as providing secure vaults for jewelry and collectibles). In short, using a trust company can make things a lot easier when it's time to plan and execute your estate. A trust company can help you in the following ways:

**Avoiding family squabbles** – It's unfortunate, but true:

Dividing the assets of an estate can cause ill will and turmoil among family members. But a trust company can act as a neutral third party, thus minimizing any feelings of unfairness.

**Providing greater control** – When you establish an arrangement such as a living trust, administered by the trust company, you can give yourself great control over how you want your assets distributed. For example, you can specify that a certain child receive portions of your estate spaced out over several years – a move

that may appeal to you if you think this child might not be ready to handle large sums all at once.

**Saving time and effort** – As mentioned above, when you work with a trust company, you can let it do all the "legwork" of coordinating your plans with your financial professional, tax advisor and attorney. And these professionals are used to dealing with trust companies.

**Gaining Protection** – Trust companies assume fiduciary responsibility for your financial well-being – which

means that your best interests will always be considered in each service and transaction performed. You can choose from among a variety of trust companies, large and small. Before choosing one, you may want to check out the services and fees of a few different firms. In any case, as you move toward that time of your life when estate planning becomes more essential, talk to your attorney, tax advisor and financial professional about whether using the services of a trust company might be right for you.

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COURTESY

**Franklin Footlight Theatre brings "Singin' in the Rain" to the stage**

Franklin Footlight Theatre has tackled some pretty challenging shows over its 20-plus year history, but its upcoming production of "Singin' in the Rain" promises some unprecedented thrills when it opens on March 28 at the Franklin Opera House. With delightfully comical characters, some amazing acrobatics, and a profusion of dance numbers, this stage adaptation of the classic film musical is faithful in every way -- right down to the title song with actual rain. Jake Stone plays the lead of heartthrob Don Lockwood, Moriah Graham is delightful as his ditzzy co-star Lina Lamont, Samantha Drouin plays the heartwarming Kathy Seldon, and Benjamin Hunton, as sidekick Cosmo Brown, will leave audiences breathless with his rendition of "Make 'Em Laugh." A wonderful ensemble cast offers fabulous fun and non-stop action. Tickets for all 5 performances, March 28-31, are available online at [www.FranklinOperaHouse.org](http://www.FranklinOperaHouse.org), or by calling 934-1901.

**HOSPICE VOLUNTEERS REGISTER BY APRIL 8th!**

**Call to register: 603-279-6611**

Volunteers are an important part of the hospice supports offered by LRVNA to the terminally ill patients in our community. As compassionate companions, hospice volunteers can help to ease the burdens of caregivers and patients as they address end of life issues and concerns. Patient companionship and caregiver respite are at the heart of a hospice volunteer's service. The deeply intimate and caring relationships that arise are mutually fulfilling and meaningful. If you are considering sharing your time and your heart with others, we welcome you to apply for our upcoming hospice volunteer training to learn more about this opportunity.

**12- Hour Hospice Volunteer Training**  
 Friday, April 12, 4pm - 8pm  
 Saturday, April 13, 8am - 4pm  
 186 Waukegan Street  
 Meredith, NH 03253



**Theme for Interfaith Prayer Breakfast announced**

LACONIA — The Lakes Region Interfaith Prayer Breakfast Committee is fast at work on details for this year's event, to be held Thursday, May 2 at St. Andre Bessette Parish Hall. Suggested by an attendee at last year's breakfast, the theme is "Prayer and Faith in the Military." Guest speaker will be Chaplain (Major) Steve Veinotte who currently serves as Fulltime Support Chaplain for the New Hampshire National Guard.

Proceeds from this event will be shared equally between Gilford based Patriot Resilient Leader Institute, which



COURTESY

Committee member Rev. Paula Gile (center), Assoc. Pastor of the Congregational Church of Laconia, presenting a check to Navigating Recovery Exec. Director Daisy Pierce, PhD (left) and Valene Colby (right), Certified Recovery Specialist.

provides four (4) day retreats (Camp Resilience) for disabled veterans from throughout New England, and the Laconia VFW "Field of Flags" commemorative display

for Memorial Day, 2019.

This local breakfast is but one of thousands conducted across the U.S. every year on the first Thursday in May, originally designated as the National Day of Prayer in 1952. Now in its fifth year, this local effort- has committee members from several area churches to include: Congregational Church of Laconia, First United Methodist Church, Gilford Community Church, Lakes Region Vineyard Church, Parish of St. Andre Bessette and Temple B'nai Israel. Other area churches wishing to participate should contact Chris Ray at 528-2920.

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## SPORTS

THE WINNISQUAM ECHO  
SalmonPress.com

## Ennis wins pair of Division III Nordic titles

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – Zach Ennis of Belmont, as well as members of the Gilford Nordic team and Gunstock Nordic Association, participated in the Division III state Nordic meet last week with several athletes taking top spots including Ennis winning both the classic and state to be the division's top racer.

**Belmont**

Ennis, who is the only Nordic skier for Belmont High School and also skis for Gunstock Nordic Association coached by Nina Gavrylyuk, had a time of 12:08.3 in the freestyle race and 13:22.6 in the classic race.

This has been a great season for Ennis. He had a lofty goal of making the Northeast Junior Nordic team and compete in Alaska at the US Junior Championships. He accomplished this left for Alaska on Friday to race. Ennis won nearly all of his races this season. Ennis has been accepted to Bowdoin College next year, where he will continue Nordic skiing.

"It will be a very good ending of his high school Nordic career," said Gavrylyuk.

**Gilford High School**

The girls consisted of two racers was led by Catherine Stow, who was the top racer in the freestyle race with a time of 14:13.5. Vanessa Genakos was fifth with a time of 15:34.

In the classic race, Genakos was the top skier with a time of 16:14 with Stow placing second with a time of 16:21.1.

Mitchell Townsend second in the classic race with a time of 14:07.9. He was third in the freestyle race with a time of 12:46.

Gavrylyuk coaches all of these athletes and said she was very happy with the performance.

"I was hoping that Catherine and Zach would win their races," she said. "Vanessa did great by winning the classic race. Mitchell also did very well. He ended up second and third place. He beat seniors just being a freshman.

Stow, Gavrylyuk said, was the leader for the high school team this year and skied strong all season. Gavrylyuk said Genakos progressed well during the season, culminating with the classic race win at states. Stow and Genakos also made the U16 championships and Eastern High School Championships.

Townsend, she said, also had a great freshman year. She said he took the training process very seriously, and this paid off with an impressive performance at states.

All three Gilford skiers were at the U16 championship this weekend but results were unavailable at deadline.

**Gunstock Nordic Association**

Leah Dutkewych and Miles Wharton of White Mountains ski for GNA but represented their high school.

Dutkewych was second on freestyle with a time of 14:25.7. She was fourth in the classic race with a time of 17:04.2.

In classic, Wharton was eighth with a time of 16:24. Wharton had a time of 13:56.6 in freestyle, good for ninth.

Also three skiers from Concord High School in Division 1 placed very well. Katie Watt and Cameron Brochu both placed first. Colette Brochu had a 10th place finish, according to Gavrylyuk.



Zach Ennis was the top Nordic skier in Division 3 with a sweep at the state championship.

BOB MARTIN

## Bulldogs come up just short in D3 semifinals

BY BOB MARTIN  
Bob@Salmonpress.news

PLYMOUTH – The Belmont/Gilford Bulldogs battled hard to the end against the Monadnock/Fall Mountain hockey team in the Division 3 semifinals, but some good plays for the Huskies and a bit of bad luck for the Bulldogs put Monadnock/Fall Mountain up 3-2 to advance to the Division 3 hockey finals.

The semifinal game took place in front of a packed crowd at the Hanaway Ice Rink at Plymouth State University, and both fan bases were pumped from the beginning of what was a hard fought hockey game between two tough teams.

Early in the first period, the Bulldogs had several good scoring opportunities sparked by a five on three power play. The Huskies did a good job thwarting Belmont/Gilford with solid defense and good clears of the puck, keeping the Bulldogs from finding shots on goal.



Colin McGreevy makes a save in the semifinals of the Division 3 state tournament.

BOB MARTIN

With Belmont/Gilford on a five on four power play, the Huskies found life through a breakaway by Alex Hudon. Goalie Colin McGreevy made a nice stop, which 20 seconds later was followed by another nice stop to secure the

0-0 score. After Monadnock/Fall Mountain was called for too many skaters on the ice, the Bulldogs got on the board first with an unassisted power play goal by Cam Jarvi to make it 1-0 with 5:51 left in the first period. It

came on a nice rush by the junior forward, who put a wrist shot in the top left corner.

The Huskies answered with 2:30 left on the clock in the period, with a goal by Justin Joslyn from about 15 feet away. It was assisted by

Lincoln Blodgett.

After one period it was 1-1, but the Huskies dominated the shots on goal, 9-3. There was plenty of chipiness and solid defense on both sides, and while the Huskies had more shots they

SEE HOCKEY, PAGE B3

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# Francouer/Babcock Memorial Basketball Tournament a success again

BY BOB MARTIN

Bob@Salmonpress.news

**GILFORD** – Last week youth basketball players from around the Lakes Region participated in the Francouer/Babcock Memorial Basketball Tournament, which took place from March 7 through 10.

On March 7, Gilford defeated Gilmanton in the junior division by a score of 32-22. Gavin Forrest led the way with nine points for Gilford. Caleb Skoog, Luke Javalgi and Owen Wolpin all had six points. For Gilmanton, Spencer Bushnell had 10 points. Hustle Awards were given to Forest and Bushnell.

The second game in the junior division was a 29-18 win for Lou Athanas over Sanbornton. Cam Lemay led the way for Lou Athanas with nine points. Brendan Dee had eight points and John Stebbins had six points. Sanbornton was led by a 12-point effort for Colin Flanders. Hustle Awards were given to Ava Currier of Lou Athanas and Flanders.

That evening, Gilford beat Belmont 31-2 in the senior girls' division. Olivia Keenan was the leader with seven points. Talia Watson had the two points for Belmont. Hustle Awards went to Keenan and Riley Cotnoir of Belmont.

On March 8, Lou Athanas beat Pines in the senior girls' division by a score of 39-2. Lou Athanas was led by Layla Sanchez with 18 points and Hayley Cochran with 14 points. Riley Nickerson had two points for Pines. Cochran and Caiden Carter of Pines received Hustle Awards.

In the senior boys' division, Lou Athanas beat Gilford 43-13. Leading Lou Athanas was Tristan Parker with 29 points. Carter Gelo had five points for Gilford. Hustle Awards were given to Parker and Austin Champagne of Gilford.

Also in the senior boys' division, Sanbornton defeated Belmont 38-27. Sanbornton was led by Jackson Flanders with 15 points. Kaleb Cullen had 10 points. For Belmont, Wyatt Carroll and Gino Montalto had eight points. Hustle Awards went to Flanders and Montalto.

On March 9, in the junior division losers' bracket, Sanbornton defeated Gilmanton 29-14. Colin Flanders had 10 points and Bushnell had seven points.

In the junior division winner bracket, Lou Athanas beat Gilford 31-18. Brendan Dee of Lou Athanas had 12 points and Lukas Diaz had eight points for Gilford.

In the senior girls' division loser bracket, Pines defeated Belmont 11-9. Caiden Carter had four points for Pines and Cotnoir had four points for Belmont.

In the senior girls' division winner bracket, Gilford beat Lou Athanas 24-9. Olivia Keenan had 10 points for Gilford while Lou Athanas was led by Layla Sanchez with three points.

In the senior boys' division loser bracket, Gilford beat Belmont 36-28. Champagne had 11 points for Gilford while Belmont's Ryan Greer had 11 points.

In the senior boys' division winner bracket, Lou Athanas beat Sanbornton 61-17. Parker had 28 points for Lou Athanas and Sanbornton's Kaleb Cullen had nine points.

In the junior division loser bracket, Gilford beat Sanbornton 26-24. Diaz had nine points and Colin Flanders had eight points.

In the senior girls' division loser bracket, Lou Athanas defeated Pines 40-6. Nyla Shosa had 20 points for Lou Athanas and Maddison Bigue had four points for Pines.

In the senior boys' division loser bracket, Gilford beat Sanbornton 35-28. Henry Sleeper led Gilford with 13 points. Jackson Flanders of Sanbornton had nine points.

March 10 was the finals and in the final junior division game, Lou Athanas won 27-18. Dee had 13 points for Lou Athanas and Forest had eight points for Gilford. In the senior girls' division final, Lou Athanas won 31-21 over Gilford. Leah Davignon had 10 points for Gilford and



COURTESY PHOTO

All Tournament Sportsmanship Team at the Francouer-Babcock Tournament included, back row (l to r), Grace Kelly, Nik Puffinburger, Brady Stevens, Christopher Thompson, Cam Lemay, Cameron Drouin and Wyatt Divers. Front row (l to r), Luke Javalgi and Joey Estrada (not pictured are Talia Watson, Shelby Luther and Ireland Caldwell).

Hayley Cochran had nine points for Lou Athanas.

In the senior boys' division final game, Lou Athanas defeated Gilford 46-24. Parker had 24 points for Lou Athanas and Gelo had 14 points for Gilford.

Winning the Nathan J. Babcock Volunteer Award was "The Mercer Kids." The Denise Soucy Memorial Coach-

es Award went to Frank Laro of the Pines Senior Girls' Team.

The Aaron Francouer All-Tournament Sportsmanship teams were as follows:

The junior team included Luke Javalgi of Gilford, Joey Estrada of Gilmanton, Cam Lemay of Lou Athanas and Christopher Thompson of Sanbornton.

The senior girls' team

was Talia Watson of Belmont, Grace Kelly of Gilford, Shelby Luther of Lou Athanas and Ireland Caldwell of Pines.

The senior boys' team was Wyatt Divers of Belmont, Cameron Drouin of Gilford, Brady Stevens of Lou Athanas and Nik Puffinburger of Sanbornton.

This is the 26th year of the event, which is in honor of 13-year-old

Aaron T. Francouer, a Gilford Middle and High School student who died of cancer in 1993. In 2006, Nathan Babcock's name was added after he lost a battle with cancer.

Proceeds from the tournament are given out in scholarships to GHS students that are graduating and furthering their education.

## Local volleyball team cracks New England top 20

**REGION** — A team that includes some of the best high school volleyball players in the Lakes Region is making its mark on the New England club volleyball scene.

Lakes Region Juniors 18 Gold took third place at a recent New England Region Volleyball Association (NERVA) tournament at Curry College in Milton, Mass. The showing propelled the team into the top 20 of the New England club rankings. More than 120 teams compete in the NERVA division for teams with players 18 years-old or younger.

Playing in the highly competitive 18 Open Division of NERVA, Lakes Region Juniors 18 Gold is coached by club founder and Inter-Lakes High School varsity volleyball coach Randy Mattson. The team includes players from four Lakes Region high schools (Gilford, Inter-Lakes,



COURTESY PHOTO

LAKES REGION Juniors 18 Gold include, front row (l to r), Karly Sanborn (Gilford), Ava Duymazlar (Inter-Lakes), Anja Swanson (Plymouth), Aubrey St. Onge (Winnisquam), Olivia Dill (Winnisquam). Back row (l to r), coach Randy Mattson, Maggie McNeil (Gilford), Emilee Flanagan (Nute), Savanna Marston (Plymouth), Mia Sullivan (Plymouth), Emma Wheeler (Inter-Lakes), Gabby Isabelle (Winnisquam), coach Anna Kilmer.

Plymouth and Winnisquam) and one player from Nute High School in Milton. Eight of the players were named to New Hampshire All-

State teams following the 2018 high school season.

Lakes Region Juniors Volleyball Club is based in Meredith and

fields five age group travel teams and two league teams in 2019. Its 80 members range in age from 11-18 and come from 24 different area

schools and 28 greater Lakes Region communities. To learn more, visit their web site at [www.lakesregionjuniors.org](http://www.lakesregionjuniors.org).

## Scott Biron to speak at Trout Unlimited meeting on Tuesday

**PLYMOUTH** — The Pemigewasset Chapter of Trout Unlimited will feature guest speaker Scott Biron from the NH Wildlife Federation at the March 19, meeting, 7 p.m. at the Common Man Inn in Plymouth. Come early

and meet Biron and fellow anglers. There will be a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and open to the public. Members are invited to sit in at the board of directors

meeting starting at 5 p.m.

Biron cut his teeth learning to tie flies and flyfish in the 60s. He is an accomplished fly tyer and well known fly-tying and flyfishing instructor. He is executive director of the

NHWF and author for the NH Wildlife Journal. The mission of the NHWF is to promote and protect hunting, fishing and trapping as well as the conservation of wildlife habitat.

Trout Unlimited is a non-profit organi-

zation with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit [www.pemigewasset.tu.org](http://www.pemigewasset.tu.org) and like them on Facebook.



# US Freestyle Championships at Waterville Valley this weekend

**WATERVILLE VALLEY** — The U.S. Freestyle Championships will return to Waterville Valley March 15-17, where the nation's top mogul skiers will descend Lower Bobby's in a mogul and dual mogul format.

Bradley Wilson will look to defend both the

men's mogul and dual mogul titles. Women's mogul champion Keaton McCargo retired after the 2018 season, but Tess Johnson will defend her dual mogul title. Another athlete to watch is Nessa Dziemian, a New Hampshire native from East Hampstead.

**Schedule of Events:**  
 Friday, March 15  
 12:50 p.m.-end: Ladies moguls qualifications.  
 Saturday, March 16  
 10:15 a.m.-11:30 a.m.: Men's mogul qualifications.  
 1:00-1:30 p.m.: Ladies mogul semifinals.  
 1:30-2 p.m.: Men's

mogul semifinals.  
 2-2:13 p.m.: Ladies mogul finals.  
 2:13-2:25 p.m.: Men's mogul finals.  
 4-4:15 p.m.: Mogul awards ceremony.  
 Sunday, March 17th  
 10:45 a.m.-2 p.m.: Ladies and men's dual moguls.  
 3-3:15 p.m.: Dual mo-

gul awards ceremony.  
 "Waterville Valley Resort was proud to host the 2018 U.S. Freestyle Championships last March. It was a great event showcasing amazing athletes. The entire Waterville Valley community is thrilled to be hosting the U.S. Freestyle

Championships again this season. As the birthplace of freestyle skiing, this event holds a special place in everyone's hearts," Matt Hesser, Senior Director of Marketing for Waterville Valley Resort.

## Pair of volleyball camps offered this summer

**REGION** — Are you looking for a unique volleyball summer camp experience? If so, Pass Set Crush Overnight Volleyball Camp is for you. Pass Set Crush is available for girls entering the seventh through ninth grade in the fall of 2019. This is an overnight adventure camp with a concentration in volleyball. The camp is located at Geneva Point

Center on Lake Winnepesaukee in Moultonborough.

The two sessions are July 7 to 11 and July 14 to 18. Plymouth State University head women's volleyball coach Joan Forge directs the camp and the staff features several New Hampshire volleyball coaches and outstanding high school and college players from around the country.

In addition to two daily sessions of volleyball, Pass Set Crush offers swimming, boating, yoga, water carnival, campfires, beach barbecue and more. Campers are housed in cabins with supervision, three nutritious meals are served daily, a nurse is on staff 24 hours a day, and the three beaches are staffed with lifeguards.

Please contact Forge for further information at 387-1202 or visit [www.passsetcrush.com](http://www.passsetcrush.com).

Forge will also be hosting Panther Volleyball Day Camp July 22 to 25. This camp will feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to intermediate players. Players will

have fun while learning the basic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1 to 5 p.m. for girls entering the ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players

will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

For information, please contact Forge at [jcforge@plymouth.edu](mailto:jcforge@plymouth.edu) or call 387-1202.

### HOCKEY

CONTINUED FROM PAGE B1

weren't finding close opportunities.

"They out shot us for sure but many of their shots came from a distance," said coach Jason Parent. "Colin played well enough for us to win, which is all you can ever ask for as a coach. We got a lot of bad bounces that could have gone our way but did not."

The Huskies came into the second period firing, and only 35 seconds into the period, Monadnock/Fall Mountain went up 2-1 with a goal by Blodgett, assisted by Division 3 point leader Chris Boucher. The onslaught of shots continued but McGreevy was solid in net, turning away shots and keeping things close.

In a bizarre turn of events, with about four minutes left in the period, Joey Blake got a shot on goal that ricocheted off Monadnock/Fall Mountain goalie Joey Joslyn. The puck was loose and Hayden Parent put the shot in the net, seemingly tying the game.

However, officials ruled that the play was dead after a referee blew the whistle. It was a tough break for Belmont/Gilford, as this turned out to be a key moment. After a face

off, the Huskies immediately capitalized with a breakaway goal by Justin Joslyn, unassisted.

"The non-goal call really shifted the momentum away from our team and with them scoring a quick goal right after really hurt us mentally," said coach Parent.

Both teams had a strong third period, with the Bulldogs clawing back with a goal with 7:25 left. The puck bounced around near the net and Jarvi put in a goal assisted by Griffin Tondreau. The teams closed out the game with hard, physical hockey and the Huskies managed to hold off the Bulldogs with the one-goal victory.

"Monadnock was a heavily penalized team throughout the year and in the first period they were called for a couple penalties, but then all of a sudden the officials put the whistles away," said coach Parent. "We felt that if this happened during the game it would benefit them greatly, which it obviously did. We scored the only goal early in the third but could never really muster much of an attack after that."

While this wasn't the ending Parent wanted for his team, he said the season was certainly a positive after an 0-4

start. Parent said the outlook for next season is positive, as the team returns all but two players in Liam Lacy and first team All-State defender Troy Gallagher. Parent said the two seniors were important to the team's development and will be hard to replace.

"They were both exceptional leaders and they embraced the blue collar work ethic of this team," said Parent. "The 14-6 overall record was pretty solid for what everyone expected to be a rebuilding year," said Parent. "Watch for this B/G team in the 2019/2020 season."

Season statistical leaders:

Colin McGreevy: two shutouts, .900 save percentage, 2.34 goal against average, 369 total saves.

Hayden Parent: nine goals, 28 assists for 37 points. Parent was four in the division in points.

Ben Muthersbaugh: 14 goals, eight assists for 22 points.

Griffin Tondreau: 15 goals, five assists for 20 points.

Troy Gallagher: seven points, 11 assists for 18 points.

Joey Blake: 10 goals, five assists for 15 points.

Cam Jarvi: 8 goals, four assists for 12 points.



BOB MARTIN

Cam Jarvi shoots and scores for the Bulldogs against Monadnock/Fall Mountain last week.



BOB MARTIN

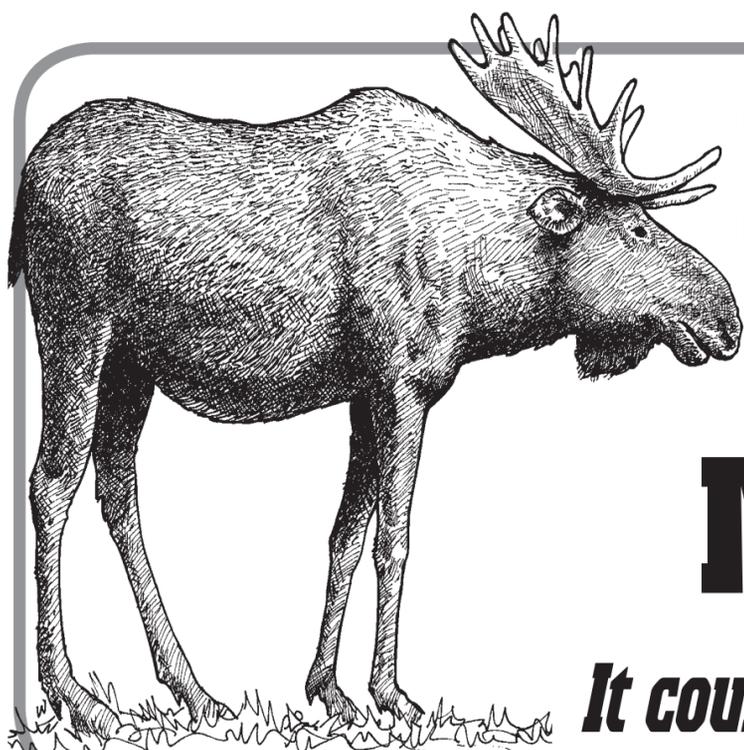
The Bulldogs celebrate when Cam Jarvi gave Belmont/Gilford a 1-0 lead.



BOB MARTIN

Zoltan Stephen gets to a loose puck for the Bulldogs.

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 Partially wooded 3+ acre lot at the northern end of the Historic District. Home style and building materials must be approved by town. Short distance to Town Offices, Fire Station, Post Office, Library and other town amenities. Excellent fishing at nearby Hermit Lake. Skiing less than 15 minutes away and Snowmobile trails close by.  
**MLS # 4685236 | \$59,900**



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 Builder's special! This house was gutted and now has new stairs, sub flooring, and all rooms have been framed out. Most plumbing and electrical has also been done. The outside is complete with new vinyl siding and thermopane windows. Structurally sound - just waiting for your interior finishes. An excellent investment opportunity!  
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- Bean Group: [www.beangroup.com](http://www.beangroup.com)
- Century 21 Country Lakes Realty: [www.countrylakesrealty.com](http://www.countrylakesrealty.com)
- Century 21 Twin Rivers Realty: [www.nhreal21.com](http://www.nhreal21.com)
- Coldwell Banker: [www.cboldmill.com](http://www.cboldmill.com)
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- Pine Shores Real Estate: [www.pineshoresllc.com](http://www.pineshoresllc.com)
- Preferred Vacation Rentals: [www.preferredrentals.com](http://www.preferredrentals.com)
- Remax Bayside: [www.baysidenn.net](http://www.baysidenn.net)
- Remax Bayside-Steve Banks: [www.winnihomes.com](http://www.winnihomes.com)
- Roche Realty: [www.rocherealty.com](http://www.rocherealty.com)
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Coaching Openings

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- JV Softball Coach (Spring)•
- Girls Varsity Soccer (Fall)•

Please visit our website for Coaching application at:  
[www.interlakes.org/employment.html](http://www.interlakes.org/employment.html)  
All applications should be submitted to:  
Ashley Dolloff, Human Resources Director [ashley.dolloff@interlakes.org](mailto:ashley.dolloff@interlakes.org)

Inter-Lakes School District  
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[WWW.LUMBERNH.COM](http://WWW.LUMBERNH.COM)

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Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

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Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

**TOWN OF GILFORD, NH  
INCORPORATED 1816**

**HELP WANTED  
Town of Gilford**

**Parks and Recreation Summer Staff**

The Gilford Parks and Recreation Department is currently accepting applications for seasonal Lifeguards (American Red Cross Waterfront Lifeguard Certification Required, WSI preferred, but not mandatory) (pay range \$11.00-\$13.50) and Gatekeepers (pay range \$9.00-\$10.50) for summer employment at the Gilford Beach. The beach is open mid-June through the end of August. Call the Gilford Parks and Recreation Dept. at 527-4722 for an application. Positions will remain open until qualified applicants are found. EOE

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Top dollar rates paid based on skills, certifications, endorsements and experience. Benefits include paid holidays, earned time, health, dental, retirement, work wear and travel pay.

Applicants must be dependable, have reliable transportation and be willing to travel to job sites within NH. Minimum age requirement is 18. Post-offer physical and drug screen required.

(603)536-4154 [jobs@rmpiper.com](mailto:jobs@rmpiper.com)  
[www.rmpiper.com/employment.htm](http://www.rmpiper.com/employment.htm)  
141 Smith Bridge Rd Plymouth, NH  
M-F 8am-2pm

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Seeking Individuals With Minimum 5 years experience:

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PO Box 720

Campton, NH 03223

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[www.andrewsconst.com](http://www.andrewsconst.com)

Telephone: 603-726-7623 - Fax: 603-726-7313



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Professional office is looking for Friendly, Detail Oriented Office Assistant. Must be courteous, professional, good communication and work well with others. Duties include:

General office support, Filing, Answering phones, Returning calls, and some Data entry.

Mon-Thurs 10:00 am - 5:00 pm, \$20.00 / hr to start. Email resume for review to [john\\_fisher63@aol.com](mailto:john_fisher63@aol.com)



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Work with a team of retail associates to promote both hard goods, soft goods and tuning packages for our guests. Assist with daily operations of two stores and work closely with employees on training and guest service. Knowledge of products and tuning a plus. Apply now for this full-time, year-round, position with benefits.

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**CONSTRUCTION SUPERINTENDENT**

R.M. Piper, Inc. is one of NH's leading construction companies for heavy/highway/bridge construction. We value our small business nature, safety-minded operations and thrive with our leading-edge attitude when it comes to advancing in the construction industry.

We are interested in adding an experienced Project Superintendent to our team who shall be responsible for overseeing and prioritizing a variety of assignments to facilitate successful completion of heavy/highway/bridge and/or earthwork projects throughout New Hampshire.

As our project superintendent, you will be directly responsible for the day-to-day construction operations of assigned project and are directly responsible for production goals and quality requirements. Specific duties will include: scheduling, resource planning, daily reporting of activity/production, personnel management (supervision, time recordkeeping, performance evaluation) and safety management (OSHA compliance, hazard identification and rectification, tool-box-talks, investigations). Considerable independent judgment is used to make decisions in carrying out assignments that have significant impact on the project.

Candidates must be detail oriented with a minimum of five years of supervisory experience. Strong communication skills are essential. Experience with NHDOT, FHWA and/or municipal projects is favored. Salary commensurate with experience. Post-offer physical and drug screen is required.

We will offer the right person a full-time position with a rich benefit package. Please reach us at [jobs@rmpiper.com](mailto:jobs@rmpiper.com) or P.O. Box 490 Plymouth, NH 03264 and provide your resume. All responses will be kept confidential. We are an equal opportunity employer.

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**April through October**  
**TOWN OF PLYMOUTH**

The Town of Plymouth is currently accepting applications for the position of Cemetery worker. Successful candidates need no previous experience but a positive attitude and a willingness to learn is a must. This is a position which performs various routine duties involving the construction, repairing, cleaning and maintenance of the town's municipal cemeteries. May operate equipment and trucks as assigned and licensed. Works under the supervision of the Cemetery Administrator. Laborer may work unattended as needed or instructed by supervisor. Performs cemetery maintenance work such as mowing, trimming, weeding, irrigating, raking, fertilizing shoveling, pruning trees/bushes, planting trees, planting shrubs and flowers, mulching flower beds, assists with burials, interments, disinterment and equipment maintenance. Performs custodial duties, maintains buildings and equipment. Performs other related duties as assigned. Be able to lift up to 50 lbs.

The Town of Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall (536-1731) from 8am to 4:30pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed.

**To be considered, applicants must submit a Town application to:**  
Town of Plymouth  
Attn: Ryan Smith, Cemetery Manager  
Phone # 418-4387  
6 Post Office Square  
Plymouth, NH 03264

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\*Pictured: Chef Tony Bomba, Executive Chef, Common Man Specialty Restaurants, Meredith, NH  
Winner NH Food Bank Steel Chef and Common Man's Iron Chef competitions • With the Common Man family for 8 years  
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Join Loon Mountain's team as a Lift Maintenance Electrician. Work full-time, year-round, fully benefited with a professional crew. Loon has a detachable lift, fixed grip chairlifts and a conveyor lift. Ability to plan and perform lift maintenance, complete inspections and repairs, and handle mechanical and electrical tasks. Three to five years lift maintenance/electrical experience. View a full job description and apply online at [www.loonmtn.com/jobs](http://www.loonmtn.com/jobs)

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**Loon**

**Lift Maintenance Mechanic**

Loon Mountain has a current opening for a Lift Maintenance Mechanic. This is a full-time, year-round, fully benefited position. Work with a great team to keep lifts well maintained and inspected. Two to five years lift experience. View a full job description and apply online at [www.loonmtn.com/jobs](http://www.loonmtn.com/jobs)

*Equal Opportunity Employer*

**Ashland Lumber**  
A division of Belletetes, Inc.  
**Lumber Counter**

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager  
20 West Street, Ashland, NH 03217  
or you may email to [duhman@belletetes.com](mailto:duhman@belletetes.com).

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**Ashland Lumber**  
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**Yard Customer Service**

This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager  
20 West Street, Ashland, NH 03217  
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- ED TECHNICIAN
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Apply Online at [www.ucvh.org](http://www.ucvh.org)  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603)388-4236  
[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)

E.O.E.

**Ashland Lumber**  
Division of BELLETETES, INC.  
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You will be a member of a team responsible for delivering and off-loading product at construction and residential sites. Heavy lifting is required and previous boom or other hydraulics experience is necessary. CDL-B License is required along with a safe and clear driving record. Job includes other duties as assigned. Weekend hours required on a rotating basis.

You may apply in person at the Ashland Lumber location or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager, Ashland Lumber  
20 West Street, Ashland, NH 03217  
or you may email to [duhman@belletetes.com](mailto:duhman@belletetes.com)

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[ppinkham@burndy.com](mailto:ppinkham@burndy.com)

In Littleton Industrial Park, 150 Burndy Rd. Littleton, NH 03561  
[cnetska@burndy.com](mailto:cnetska@burndy.com)

See all our open positions and apply on line at:  
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**Plating Technician (Lincoln)**  
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**Entry level factory positions - we will train, no experience necessary**

**Maintenance Mechanic (Lincoln - 3rd Shift)**

Burndy is a wholly-owned subsidiary of Hubbell, Inc., an equal opportunity employer M/F/Veteran/Disability

All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class

**Town of Wentworth Road Agent**

The Town of Wentworth is seeking applications for the following position: Road Agent.

Applicants must be able to perform duties of a Road Agent to include (but not limited to):

Seasonal duties: plowing, snow removal, and sanding; trimming trees, keeping culverts clear of debris; repairing and replacing pipe; placing/replacing road signs; patching roads; paving, maintaining, and reconstructing roads; and offering mutual aid when needed.

Perform repairs on town equipment as necessary, conduct maintenance on all Town equipment on a regular basis, and keep daily maintenance logs of repairs and jobs performed.

Supervision of other Highway Department employees, maintain a work schedule for all employees, prepare and submit various Town reports, and document, create and maintain a yearly budget.

The successful candidate must have a NH CDL and undergo a physical and drug testing, as well as a criminal background check.

Benefits include paid vacation, and single person premium medical insurance.

Please submit application letter, resume, copy of current license, and standard Town application to:  
Town of Wentworth  
Selectment's Office  
PO Box 2  
Wentworth, NH 03282

Applications can be found on the Town's website at [www.wentworth-nh.org](http://www.wentworth-nh.org)

**Pemi River Fuels**  
**PROPANE SERVICE TECH**  
**FULL TIME- YEAR ROUND**

Pemi River Fuels is seeking an experienced

**Propane/ Oil Service Technician**

**\$2500 Sign on Bonus**

Fully licensed as a Propane Technician in NH NEFI or equivalent oil burner school certification CDL preferred

**We are looking for an experienced and motivated Propane/ Oil Technician to join our growing team. Successful candidates will possess strong customer service skills, a strong desire to succeed and desire to grow with our company.**

Benefit Package to include- Competitive Compensation, Health Insurance, Dental/Vision, LTD/STD, Life, Aflac, 401(k) with company match, Product Discounts and Generous Personal Time Off.

To apply, please send resume to [Pemiriver@pemiriverfuels.com](mailto:Pemiriver@pemiriverfuels.com)  
612 Tenney Mountain Highway, Plymouth

**Glenclyff Home**  
is accepting applications for

**REGISTERED NURSES I-III**  
Salary Range: \$50,835.20 - \$71,052.80

**LICENSED PRACTICAL NURSES I-II**  
Salary Range: \$45,177.60 - \$57,408.00

Additional 15% Enhancement on Salary Base (Not Included)  
40 hours/week – 2nd, 3rd, and Part-time Available

**Direct Care an additional \$1,040.00**  
**Add additional 2nd shift diff. at \$4,160.00**  
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To provide professional nursing care to residents within an assigned unit and provide and support medical care as directed by medical staff and pursuant to objectives and policies of the nursing department and Glenclyff Home. Must possess and maintain a current license as a RN/LPN in NH. Salary and Position determined by years of experience and certifications.

**State of New Hampshire Benefit Package!**  
Glenclyff Home  
393 High Street, PO Box 76,  
Glenclyff, NH 03238  
(603) 989-3111 Ext. 1303  
[Doreen.Stevens@dhhs.nh.gov](mailto:Doreen.Stevens@dhhs.nh.gov)

Applications can be completed online at [www.admin.state.nh.us/hr](http://www.admin.state.nh.us/hr) or you can pick one up in the Human Resource Office

*Equal Opportunity Employer*

**Glenclyff Home**  
is accepting applications for fulltime

**Licensed Nursing Assistant's**

LNA I \$13.86 - \$16.07  
LNA II \$14.95 - \$17.37  
Direct Care \$5.00 per week

2nd Shift \$.60/hour and 3rd Shift .75/hour  
(Part time positions also available)

To provide individualized direct care to psychiatric and/or developmentally delayed residents, including the care and maintenance of sanitary conditions of residents and surroundings: Works under the general direction of a licensed nurse.

**LNA I** - Graduation from high school or G.E.D. equivalent. No experience required. Must possess and maintain a current license for Nursing Assistant as approved by the New Hampshire Board of Nursing. Valid driver's license required if responsible to transport residents to appointments.

**LNA II** - Graduation from high school or G.E.D. equivalent. Two years of experience as a Licensed Nursing Assistant. Must possess and maintain a current license for Nursing Assistant as approved by the New Hampshire Board of Nursing. Valid driver's license required if responsible to transport residents to appointments.



**State of New Hampshire Benefit Package!**  
Doreen Stevens, Director of Resident Services  
393 High Street, PO Box 76, Glenclyff, NH 03238  
(603) 989-5226  
[Doreen.Stevens@dhhs.nh.gov](mailto:Doreen.Stevens@dhhs.nh.gov)

Applications can be completed and benefits reviewed online at <https://das.nh.gov/hr/index.aspx> or you can stop by the Human Resource Office

*Equal Opportunity Employer*

**HIGHWAY EMPLOYEE**

**Full Time Position**  
**TOWN OF PLYMOUTH**

The Town of Plymouth Highway Department is currently accepting applications for the position of Highway worker to work within the Town's Highway Department. Successful candidates need no previous experience but a positive attitude and a willingness to learn is a must. This is a position which performs work in all areas of construction and other assigned projects to include summer and winter maintenance of roads. Duties will include operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other labor intense road maintenance tasks. Candidate must hold a valid driver's license with CDL-B endorsement. Candidate will be required to be on-call for a week at a time on a rotating schedule. We are willing to train the right individual who meets the character traits mentioned above. The Town of Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall (536-1731) or at the Plymouth Highway Department (536-1623) from 8am to 4pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed. Full benefits and good starting pay included.

To be considered, applicants must submit a Town application, resume and cover letter to:

Town of Plymouth  
Attn: Joe Fagnant, Highway Manager  
Plymouth Highway Department  
6 Post Office Square  
Plymouth, NH 03264



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### General Help Wanted

**Bosco Bell Store** and Blueberry Station RT 28 Barnstead are looking for friendly and reliable cashiers/deli workers. Please apply in person.

Do you enjoy helping others? Are you looking for rewarding work? We are looking for caring men and women to help our consumers remain happy and independent in their homes as Personal care attendants. All tasks performed are non-medical. Prior personal care experience is helpful but, we are willing to train the right people. Please contact Ashley at 603-568-4930 or at [atruong@gsil.org](mailto:atruong@gsil.org). Pay Rate is \$10.25-\$10.75

**Framers and Laborers Wanted**  
Wallace Building Products is a successful and growing manufacturer of building products for the construction industry. We seek full-time Framers and Laborers to join our team in Danbury NH. This position will work with other employees on either of two shifts to build rough-framed walls for the construction industry in a shop environment. Framing experience is a plus, but we will train. Apply in person at 1525 US Rte 4 in Danbury NH or call 768-5900.

### Housekeepers & Stewards Needed.

Bald Peak Colony Club seeks energetic, enthusiastic culinary stewards and housekeeping team members. Interested candidates must self-starters who can multi-task. The positions are seasonal, part time or full time from mid-May through mid-October. Experience is a plus but not required. Bald Peak Colony Club is a drug free workplace. Candidates may be required to pass a drug screening. Wage is open and commensurate with experience. Interested candidates should email their resume to [khaskins@baldpeak.org](mailto:khaskins@baldpeak.org) or complete an application online at [www.baldpeak.org](http://www.baldpeak.org).

### Medical/Dental

**Clinical Orthodontic Assistant—**Part Time—must be detail oriented, ability to multi-task, manual dexterity, team player, dependable, willing to travel, flexibility in work days/hours. Submit resume and cover letter to [smiles@hillerortho.com](mailto:smiles@hillerortho.com)

### Professional/Technical

**The Madison Church** is looking for a part-time Music Director. We seek applicants who can play both organ and piano, and have experience directing a choir in both traditional and contemporary Christian music styles. Send current resume along with a cover letter and references to [themadisonchurch@gmail.com](mailto:themadisonchurch@gmail.com) or USPS: Music Director Search Committee c/o The Madison Church PO Box 119 Madison, NH 03849

### General Services

**BELKNAP PROBATE & ESTATE PLANNING**  
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Tax Attorney Sean Karkos  
603-524-0507 Ext. 21 or [sean@dsbcpas.com](mailto:sean@dsbcpas.com)

### Real Estate



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All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."  
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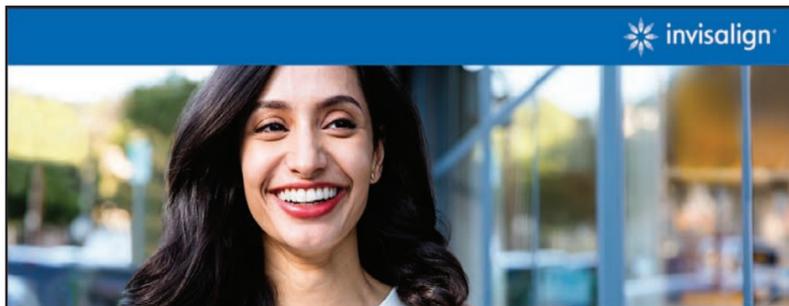
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# Major competes in the Eastern High School Championships

BY BOB MARTIN  
Bob@Salmonpress.news

**BARTLETT** – Lars Major of Belmont High School wrapped up his ski season by competing at the Eastern High School Championship at Attitash last week.

Major placed 64th in the giant slalom with a combined time of 2:18.59. His first run was 1:09.12 and second run was 1:09.47.

“It was great for Lars to cap off his season with a trip to Eastern High School Championships,” said coach Kevin

Charleston. “It has been a while since a Belmont athlete qualified for this event. Representing your state and getting to know athletes from other states is a great experience.”

# Allard sees positive steps taken by Bear hoop girls

BY BOB MARTIN  
Bob@Salmonpress.news

**TILTON** – The Winnisquam girls’ basketball team had a tough season where the Bears didn’t win a game, but coach Brian Allard saw the positives in the progression of the team as the season wore on.

“Though we were 0-18, this season there were a number of games that could have gone either way,” said Allard. “The positives were that the players felt like they at least had a chance to win and be more competitive than years past.”

Allard recalled Berlin as being the best game of the season for the Bears, as it was close from start to finish. Unfortunately the team couldn’t find a way to score in the final four minutes.

This year the team struggled to find the basket at times, but Megan Cote was a bright spot, averaging 13.9 points per game in her junior season.

The Bears lose six seniors this season, and with only one junior returning, the Bears will be very young next season. The seniors include Jessica Holt, Skylar Knopka, Casey Lang, Sarah Seymour, Aubrey St. Onge and Hannah Blackburn.

“We look forward to



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**presentation schedule**

Time	Vendor	Presenter
10:20	Star Clippers	Jeri Hamilton
10:40	Insight Vacations	Holly Hauser
11:00	Un-Cruise Adventures	Gisele Fernandez
11:20	Crystal Cruises	Dottie Veneto
11:40	Club Med	Aideen Mulholland
12:00	CIE Tours	Christina Aresco
12:20	Marriott Resorts/Caribbean	Michael Rudloff
12:40	Aruba Dept of Tourism	Katy Kennedy
1:00	Trafalgar Tours	Bryan Towler
1:20	Viking River Cruise	Donna Nightingale

# Club hosting corned beef and cabbage dinner

**GILFORD** — A corned beef dinner with all the fixings will be held at the Belknap County Sportsmen’s Association club

house on Lily Pond Road on Thursday, March 14, at 6 p.m. A New England boiled dinner with corned beef, cabbage, potatoes, turnip, onions, carrots and homemade Irish Soda Bread.

The history of the state’s iconic Swenson Granite works will be detailed in a talk given by its sales manager, David Duford. Swenson Granite is a family-owned business that has been quarrying and cutting granite in New England since 1883. Founded by Swedish immigrant John Swenson, the com-

pany is now headed by the fourth generation of the Swenson family.

For more than a century, the Swenson name has remained synonymous with a steadfast commitment to quality and service. It is this commitment, combined with adaptability in the market place, which Swenson Granite credits for its longevity, growth and prosperity.

Admission is open to all club members and the community at large, water and soda provided.



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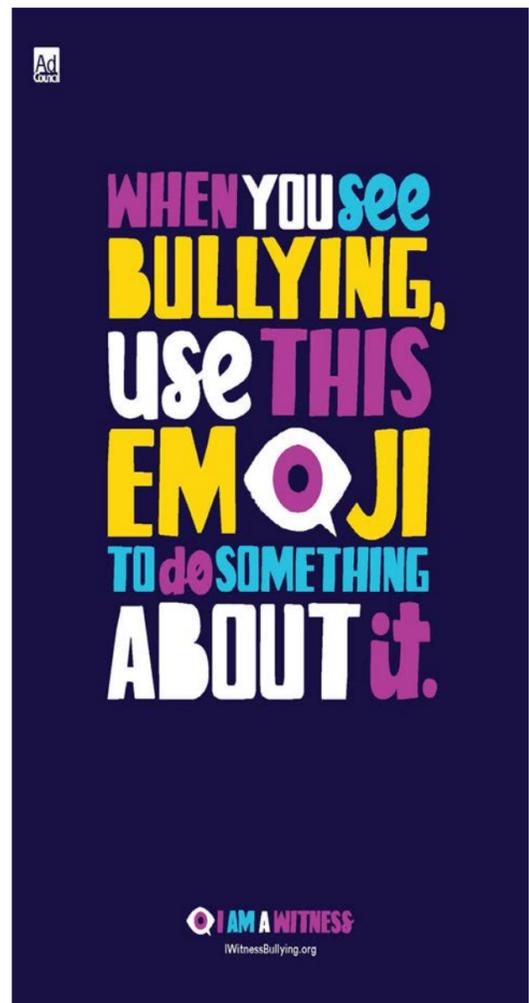
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