



THURSDAY, MARCH 14, 2019

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FREE

It's all in

Local volunteers seek to advance a vision for Alton

BY MARK FOYNES
Contributing Writer

ALTON — Using a community profile compiled last fall by UNH, a dedicated group of volunteers is pushing forward with an initiative called “All in for Alton.”

On March 8, more than a dozen volunteers gathered at the Gilman Library. Since first organizing last spring, the group has organized subcommittees focused on key themes spelled out in the profile. They focus on food and agriculture, community and economic development, and leveraging natural resources.

The meeting was led by Kelly Sullivan of the Alton Business Association, which has helped spearhead All in for Alton in its initial phases.

An immediate goal of the group is to launch an interactive web site.

Here's the vision for the group's online presence: After a vetting process, local businesses, non-profits, and government agencies would be able to upload information about products, programs, and services. Non-profits and emergency service agencies could have a presence on the site for free.

Businesses would pay a nominal fee, offset by revenue garnered from online display ads.

Leading this part of the effort is Jim Fontaine. He's the proprietor of Alton-based

Positively Creative Solutions, which designs web sites. (He's also an animal advo-

cate and an active Rotarian). Fontaine, as a web designer, has built

SEE ALL IN, PAGE A9

A capella group wows New Durham students

Artist in residence program brings Ball in the House to town

BY CATHY ALLYN
Contributing Writer

NEW DURHAM — The latest in the artist in residence programs at New Durham School had all ages bopping and singing, and landed fourth graders up in front of a crowd, performing with Ball in the House, an internationally famous rhythm and blues/soul/pop a cappella group out of

Boston.

Music teacher Kristin Johnson was thrilled to welcome the professional group to school for two days of vocal instruction, kicking off with a school-wide show and culminating in a concert for the public.

“After several years of very talented visual and theatrical artists, it truly was a pleasure to have the focus of our annual residency program not only turn back to music this year, but to vocal music for the first time ever,” she said.

“Helping all students find their singing voices, learn to sing, foster healthy singing habits, and view themselves as lifelong singers reaches to the very core of my curriculum as well as my own philosophy.”

She listed listening to top-quality, live a cappella music as a plus, too.

“It was really great,” Principal Kelly Colby-Seavey said of the school-wide performance on Thursday morning. “They talked about the history of a cappella singing, which was necessary as no instruments were allowed in the churches, sound technology, and what it's like to be a full-time, professional musician.”

The group interspersed historical aspects of song and harmony throughout their numbers, and, according to Colby-Seavey, got the kids “dancing in their seats.”

SEE MUSIC, PAGE A11



COURTESY PHOTO

Getting a move on

Move It! Family Fun Day at New Durham Public Library is this Saturday, March 16, from 10:30 to 11:30 a.m., followed by lunch and free play. The morning will be filled with art, activities, games, challenges and music for kids two years old through kindergarten to do with their parents. Please call the library at 859-2201 for more information on this free event or to let them know you are coming.

Barnstead Town Meeting is Saturday

BARNSTEAD — Barnstead Town Meeting will take place on Saturday, March 16, at 9 a.m. at Barnstead Elementary.

Barnstead School District Meeting will take place on Saturday, March 23, at 9 a.m. at Barnstead Elementary.

INDEX

Volume 13 • Number 11

Business.....A7
Churches.....A8
Classifieds.....B4-B7
Editorial Page.....A4
John Harrigan.....A14
Obituaries.....A8
SportsB1 - B3

22 pages in 2 sections

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MARK FOYNES

SUNDAY marked the beginning of N.H. Maple Sugaring Month. While sap isn't running at any significant volume yet, several local folks visited Grandma Grace's Sugar House for a tour on snowshoe during the snow storm. Several intrepid Yankees trekked out to trod about 1.5 miles of trail laden with sugar and red maples, managed by Mike Gelinias. The snow was deep enough, you can barely see that participants were wearing snowshoes. Pictured left to right are Nichole Hunter, Diane Thayer, Cathy Orlowicz (kneeling), Mike Gelinias, Dorinda Louise, Barbara Brulotte and Steve Orlowicz. The event was coordinated by the New Durham Recreation Department.

How sweet it is

Local sugar house helps kick off New Hampshire maple month

BY MARK FOYNES
Contributing Writer

NEW DURHAM — There's gold up in them there hills. But it's not in nugget form - rather, it flows forth

in liquid form, flowing skyward, from the abundant uplands of the region's forests.

It's about to be maple sugaring time.

Locals driving

along several of our backroads will note the increasing presence of spiled galvanized buckets on mature maples, as well as long lengths of

blue tubing stretching from tree to tree, transmitting sweet sap to large containers, whence they can be processed by

SEE MAPLE, PAGE A10



COURTESY PHOTO

ACEs

Seventy-five adults (and lots of kids) showed up to hear Emily Read Daniels of herethisnow.org facilitate some understanding of how Adverse Childhood Experiences (ACEs) are impacting local people and communities, and how to start healing from generations of trauma by building resiliency. Organizers offered props to BES, ACS, and PMHS for coming together to make this happen as a community and to Joseph Vignola, Emma Vignola, Mary Peternel and Jenna Luby for covering childcare for the event. The work is hard, and it takes a village to get it done and organizers are so incredibly grateful to be part of this village rising together to spark change for the future. If you're feeling the spark and are interested in getting more involved, or in just following the action, join the new Village Rising Facebook page as they work to build a non-profit organization that will support the community. Here, the adults circled around the cafe during the event's closing activity, where folks shared feelings of hope, excitement, compassion, encouragement and gratitude.

PMHS Drama gearing up for Willy Wonka

ALTON — Prospect Mountain High School (PMHS) Drama Club will perform Roald Dahl's Willy Wonka March 28, 29, and 30 at 7 p.m. and March 31 at 2 p.m. Tickets are \$10.00 for adults, \$5.00 for free for senior citizens 65 and older. Tickets are available for purchase online at www.pmhschool.com, or at the box office on the date of the show.

The show is directed by Meghan Schmiermund with the assistance of Brian Stuart; music direction by Wes Raines and Tom Stevens; backstage crew direction by Chris MacStravic; Cathy Fraser is producing the show, and costume design by Nicole

Richard. Roald Dahl's Willy Wonka is presented through special arrangement with Music Theatre International (MTI).

Dahl explores the human condition in this fast-paced comedy about Willy Wonka, who is ready to retire, decides to give away his very profitable but quirky chocolate factory to a deserving individual. Wonka holds a contest in which five gold foil tickets are placed in Wonka Bars. Five young people find the tickets, winning a lifetime supply of chocolate and gaining entry into the factory, which has been closed to tours for many years. These youngsters are flawed, however, and one-by-one they reveal their various idiosyncrasies. The penalties fit the crimes and contestants are eliminated, unaware they're taking part in a competition.

The part of Willy is played by Erin Kelley, a junior at PMHS. This role marks the first time she plays a male character and she is up to the task, although she acknowledges that it has "its challenges (especially vocally)." She says she is having fun

with the character. "I get to be snarky and silly and creepy and generous all in one show." She feels that Willy "is a bit too mysterious to trust sometimes." Kelley wants to work in performance arts in some capacity when she leaves high school. "I can't imagine picking a career outside of music or performance after spending so much time in it already. The stage is what I consider home, and I can't picture giving it up for a cubicle."

Lily Michaud, a junior, is playing Charlie. She has been involved in theater for five years having been in productions of Guys and Dolls and Music Man with the Pittsfield Players, and Seussical and This Business of Murder with PMHS Drama Club. When asked what drew her to theater she said, "The singing and dancing is what I love the most. It's so much fun to become someone else and it's even better when it's in song. The feeling that you get the moment you set foot on that stage and really become your character isn't something you can replicate outside of theater."

Vote for new Alton Central School mascot name

ALTON — During the last several months, research has been done by a town/school committee regarding Alton history in an effort to present Alton mascot names for Alton Central School. The committee has rested on three possibilities and would like input from the town.

The choices are: The Baysiders – the history is the original SS Mount Washington, the "Old Mount," was built and launched by B & M Railroad in Alton Bay in 1872; Alton Bay is a hub of transportation, community activity, and family recreation. The Engineers – the history is

there was a railroad in Alton from 1850-1935; the Alton Bay Railroad Station was listed in the National Register of Historic Places on Sept. 22, 1983. The Mountaineers – the history is Alton has many mountains that are used for recreation by Altonians and tourists such as Mt. Major, Straightback, Alton, and Prospect to name a few; In 1896, a monument was erected to the men of the 12th Regiment, "who bravely gave their lives that the nation might live."

There is also a monument at Gettysburg to the 12th New Hampshire Volunteer Infantry Regiment erected by the State of NH on Sept. 28, 1888 with the inscription "The New Hampshire Mountaineers. . ." You can vote for your choice – either "The Baysiders," "The Engineers" or "The Mountaineers" at the survey located at <https://www.surveymonkey.com/r/ACSMascot>. The survey will be open until March 27.

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St. Patrick's dinner and dance at Alton Legion Saturday

ALTON — The American Legion Post 72, Alton, is sponsoring a St. Patrick's dinner and dance on Saturday, March 16, at 5 p.m. Corned beef and cabbage and soda bread with honey butter will served by the Caddy Shack from 5 to 8 p.m.

The Auxiliary will be making delicious desserts and the Legion Riders will be hosting games and prizes. Chris Reagan and Diane Venio will be the music entertainment for the evening. For more information, call the Legion at 875-3461.

Masons hosting breakfast on St. Patrick's Day

ALTON — On St. Patrick's Day, Sunday, March 17, the Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and gravy, scrambled eggs, omelets, bacon and sausage, home fries, beans, pancakes,

French toast, coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. So, join them for breakfast between 7:30 and 11 a.m. They hope to see you there, always on the third Sunday of the month. For more information, contact Dave Collier at 875-0816.

Paint a Puppy with Rotary Club

ALTON — President of the Alton, Barnstead, New Durham Centennial Rotary, Rick Fogg, is pleased to announce that for the fourth year in a row, Middleton Supply has donated to Rotary all the plywood needed for cutting out silhouette images of puppies for contestants to paint and enter into the Rotary's 'Paint a Puppy' art contest. The official opening

of the contest is April 27, where puppy cut-outs will be available at Rotary's 12th annual Home, Garden and Recreation show at Prospect Mountain High School.

"We can't thank Middleton Supply enough for their continued generosity. Without their support Rotary wouldn't have been able to raise the great sums of money we have to support Meals on Wheels because of our 'Paint a Pig' contest, then the following year our 'Paint a Butterfly' contest in support of the VNA and Hospice,

and last year, the 'Paint a Bass' contest for funding Pure Water for the World," said Fogg. This year they'll be three different puppy cut outs to choose from and paint, a scotty, lab, and a mutt. There's a small fee to enter the contest for contestants to win cash prizes and trophies in the student and adult categories. All proceeds from 'Paint a Puppy' will be donated to the Alton and New Durham Police K-9 Corps. For information, contact Rotarian Duane Hammond at 569-3745 or duane@metrocast.net.

The Baysider

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Library a busy spot in New Durham

NEW DURHAM — The immensely popular Tai Chi program led by Marcia Wyman will continue at the New Durham Public Library for another four-week series through April 17. Those interested can join at any time; no experience with Tai Chi is necessary.

There is a suggested donation per class, or for four sessions. The hour-long class begins at noon on Wednesdays and can accommodate all physical conditions.

Two family events are scheduled for Saturday, March 16, and Saturday, March 30. Move It! Family Fun Day offers parents of children aged two through kindergarten an opportunity to interact with them at an activity challenge course and art station, make a stop motion animation film, and finish off with a kid-friendly lunch and play session on the library's climbing, sliding, and balancing equipment.

Participants can attend just one or both of the free events, which begin at 10:30 a.m.

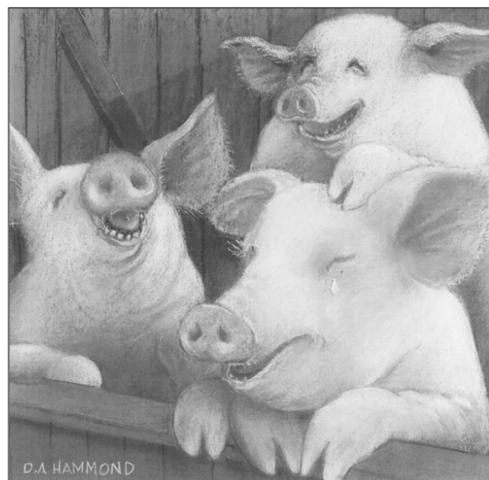
Several spots are still open for Easter Basket weaving in the Abenaki style on April 1 and April 8 at 7 p.m. Registration by March 16 is necessary so materials can be dyed in the color of your choice.

On Saturday, April 6, from 1 to 3 p.m., the library will sponsor a free workshop led by Liz Korabek-Emerson. "Emotional Self-Defense: Building Resiliency Through Mindfulness" includes sitting practice, guided meditation, and

discussion to develop self-awareness and learn to respond to lives with choices that support well-being, even under difficult conditions. Call the library at 859-2201 for more information on any of these programs, or to register.

PIG OF THE WEEK by D.A. Hammond

WWW.PIGSINAPOKE.COM



Pigs love dirty jokes



DAVID COUNTWAY - COURTESY PHOTO

History talk

Marty Cornelissen, (left) Alton's 'Historian Laureate', addressed members of The Alton, Barnstead, New Durham Centennial Rotary at its weekly meeting about the importance of protecting and preserving the 100-plus historic cemeteries in Alton. "There are Revolutionary and Civil War soldiers buried here as well members of families and their children dating as far back to the 1700s and they should be left alone, not dug-up and re-buried because of commercial development. In fact, there are relatives of those long since passed, living in Alton today," he stated. Cornelissen is constantly searching for long-lost cemeteries in Alton, photographing them and recording their location for posterity. He added, "it's far too expensive and a terrible thing to re-bury someone because 'they're in the way.' We must remember all were once human beings just like you and me and their deaths were dealt with sadness and reverence, we need to respect that." Rotary President Rich Fogg (right), thanks Cornelissen for his talk.

Senior lunch is Saturday in New Durham

NEW DURHAM — The next New Durham senior citizen lunch will be held in the Fire Station Community Room on Saturday, March 16, at noon. Please mark your calendars. Soup, ham, cabbage, potatoes, carrots and dessert will be served. Coffee,

tea and water will be available. This free meal is for those age 60 and over who live in New Durham and will happen once monthly during the colder months. The usual entertaining music will be provided by Ken and Kevin. Donations will be accepted but are not

expected. Please get your friends and family together to come enjoy a meal together. Please RSVP to New Durham Town Clerk, Stephanie MacKenzie at 859-2091 ext. 1, so they know how much food to prepare. They are looking forward to seeing you on Saturday, March 16.

Game night in Barnstead Saturday

BARNSTEAD — After getting up your dander doing your law-abiding civic duty at Town Meeting on March 16, people will probably really enjoy a nice relaxing evening with friendly folks over some games you may never have played or maybe not for a long time. A totally unplugged experience so to speak.

Last month a fellow showed up with this

game he called "Go." This game is like Othello cubed. It's bigger, and instead of getting and lines with the end points, you get areas by surrounding them.

So once again game night will be happening at Sticks and Stones Farm, which is located at 107 White Oak Road in Center Barnstead, which is located on the right side, not too far from the top of the hill when

coming from Route 28. There will be snacks and hot chocolate and cider as well as other goodies. Bring a friend, bring your family and bring any beverages you'd like to drink. It'll be March 16 from 5 to 9 p.m. This event is brought to you by the Barnstead Agricultural Association. For more information, call 776-8989 or e-mail info@sticksandstonesfarm.net.

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Change for the better

Because the paper deadline was as normal on Tuesday at noon, as of this writing, there was no knowledge of how the elections had turned out.

Whatever the case may be, there are a lot of issues that have cropped up in the last year that have many people talking.

And we know that elections may not change any of those discussions, but we hope people can be civil to one another.

There are a lot of opinions out there, but it is important to note that they are just that, opinions. What one person says and feels is his or her opinion alone and he or she has the right to state that opinion and make the case to persuade others.

However, just because someone has a different opinion of something than you, it does not make them wrong. Opinions aren't right or wrong, they are just different. People screaming at each other across a room because they have different opinions on something accomplishes absolutely nothing.

We know tempers get hot at times and we know that disagreements are going to happen, but we also believe that people with differing opinions should be able to state those opinions and then shake each other's hands and walk away with no malice. Differing opinions is what makes this country great. Unfortunately, they can also bring an ugly side to this country when people disagree and can't do so civilly.

What is the harm in letting another person have his or her opinion? Is it so bad that not everyone thinks the way that you do? The fact that people see things from different angles often gives us unique solutions to problems that people on one side may have never seen.

As we enter into a new year for the local communities with possibly a few new faces on local boards, it's important to remember to respect everyone's opinion. Learn to listen and take in what someone else is saying. Remember that they might be seeing things from a spot that you've never seen things from and that could prove beneficial.

We hope that the local boards work together toward what is best for the town or school district that they represent. We hope that they hear complaints and do what they can to solve those complaints. We hope that they listen to what everyone has to say, not just their supporters. We hope that those elected come in with good ideas and a plan to help implement those ideas. We hope that the community continues to provide feedback, but we also hope that the community tries to offer that feedback in constructive ways instead of just berating their elected officials. And we hope the elected officials listen to the feedback, particularly if it is offered constructively.

Election time is always a time for change. Let's make this year's a change for the better.



COURTESY PHOTO

Apache Awards

Alton Central School is happy to announce that (l to r), Kerry Clark, Courtney Leavitt and Kris Roberge were honored with "Apache Awards." The "Apache Awards" are chosen each month and are voted on by fellow staff members. Leavitt and Rees both teach Pre-K. Roberge teaches fifth and sixth grade ELA, and Clark is a paraeducator. The theme for this month was "An ACS staff member who invests their time, energy, and personal effort into developing social-emotional well-being within their students." The ACS Apache Awards are aligned with the school's strategic plan.

From the Trail

BY JEFFREY ALLARD

Contributing Writer

This – my last post before I head out on the trail – is just a short summary of the gear I plan to carry on my thru-hike of the Appalachian Trail. There are uncountable gear lists on the internet from hikers of all stripes and styles, so I will not list each item. But there are different philosophies out there. Backpacking styles have broken down into two major camps (pun intended): traditional hikers and the more recent development of the ultralight crowd.

The difference between these approaches is both philosophical and tangible. The philosophy of traditional backpacking includes heavy leather boots to protect feet and ankles, sturdy tents and sleeping bags that will withstand the rigors of abuse on the trail and a feeling of comfort. Traditional hikers might make camp in the mid-afternoon, set up a chair, rest and relax, maybe take a dunk in a nearby brook, contemplate the universe - and dinner. Traditional pack weights average around 25 pounds – base weight - plus food, fuel and water. Weights might total out at 35 pounds, or so.

Ultralighters take a different approach. They incorporate new lightweight materials like dyneema composite fabric (formerly known as cuben fiber) and silnylon that lower weights dramatically. But equally important, ultralight backpackers will hike longer in the day, try to cover more miles, perhaps eat dinner on the trail, and only stop in the evening to set up camp and sleep. Then off again in the morning

with breakfast an hour or so later. Ultralight pack weights average around 10-15 pounds for baseweight, and 15 – 20 pounds total.

Many other changes have occurred in backpacking. About half of all thru-hikers do not wear heavy boots but instead prefer light trail runners. If they get wet, fine, they dry out in a few hours. I described in a previous post freezer bag cooking – this allows us to carry light dehydrated foods and just add boiling water to eat. Tents are now made of ultralight materials. Z Packs makes a two man tent that weighs 14.8 ounces – just over a pound when you add in stakes and guy ropes. Sleeping bags are available at right around a pound, and sleeping pads are available at 12 ounces, less if you're hiking in summer and only need minimal insulation.

As seems to be customary, the traditionalists and ultralighters often clash over their preferred approaches. Which is of course, petty. But we are human and want to believe that we have the right answer and the other guy is wrong. Truth is, hikers are all different and should choose what works best for them.

I choose to carry as light a pack as possible, but I can never make the grade to ultralight, which, when defined, is a base weight under 10 pounds. I always top out at 12-13 pounds, a little more in the shoulder seasons when I need cold weather gear.

Not to bore you to death, but if you have any interest in such things, my backpack is a Z Packs Arc Haul weighing in at 19 ounces

and my tent is a Big Agnes Fly Creek UL and weighs 36 ounces. I add a ground cloth, but many forego that as a holdover from the days of canvas tents that often leaked. I use a Thermarest Neoair XLite sleeping pad (12 ounces) and will begin the hike with a Z Packs 5 degree sleeping bag that weighs 24 ounces. When spring arrives, I will switch to my 30-degree bag that is only 17 ounces. Food will weigh right around one pound per day and I will carry 4-5 days' worth. I carry an LL Bean cotton beanie with a built in headlamp, a fleece, a down puff jacket, a fleece neck gaiter, camp socks and an extra pair of hiking socks so I can rotate them each day and hopefully wear dry socks at least some of the time.

I hike in trail runners from Hoka One One. I use the Speedgoats and the Challenger ATR. I buy them on Ebay whenever I can find the right size. I have five pairs to start. That may seem extravagant, but I have hiked in shoes that did not fit and it was hell. If it takes 10 pairs and I stay comfortable and free of blisters, it will be worth every penny.

My cook stove is the standard old MSR Pocket Rocket that uses those little round propane canisters. I only carry a pot to boil water, a mug for soup and coffee, and a spork. No need for bowls and such. My total weight with everything will be around 22 pounds to start in the colder weather, and around 19 when I switch to summer gear.

I have been asked several times if I will carry a gun. I will not. I am terrified of being

shot with my own gun and while there have been murders on the AT – 13 in the history of the trail – I have never read a journal or article from anyone that felt unsafe hiking in the woods or that recommended firearms. Bear attacks are virtually unheard of since black bears are not aggressive. I carry a small canister of pepper spray on my belt for protection from two-legged creatures. I will likely send that home at some point. I also carry a small very light Buck knife on my belt. Great for cutting ropes and of course, cigars.

So, that's the gear story. I keep it as light as I can, but I am not an ultralight zealot either. If you have interest in backpacking, my advice is first, choose gear that you think will work for you. Listen to advice from others, but in the end, make your own choices. Decide first what style you might like – more toward the traditional or do you lean toward the ultralight? Then read the blogs and websites and choose what works for you. In honesty, I read and read, and I have hiked many long miles and spent many nights in the wilderness – mostly alone – so my gear is carefully chosen and tested. But, truth be told, sometimes it was the color that pushed me toward one choice over another. My favorite is orange and if there was choice between two roughly equivalent manufacturers and one came in orange, well, that was a no brainer.

I'm off. Wish me luck – I will need it.

Jeffrey Allard is a resident of New Durham.

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Prospect Mountain students attend Dartmouth College program

HANOVER — Prospect Mountain High School students Tessa Carter, Reilly Gray and Alina Hardie applied and were accepted into a highly selective Dart-

mouth College program named the Health Careers Institute at Dartmouth (HCID). This program allowed them to explore their interests in various healthcare

Crochet, yoga on deck at Oscar Foss

BARNSTEAD — The Oscar Foss Memorial Library's next Hygge Saturday is scheduled for March 30, at 11 a.m. at the library. This month they are offering beginner crochet. Materials will be provided by the library and pre-registration is required for this event. Please contact the library if you would like to sign up or with any questions you may have about this workshop.

Yoga

Mary Ellen Shannon, RYT offers two yoga classes at the library every Tuesday afternoon, Simply Yoga at 4:15 p.m. for beginners and an all levels class at 5:30 p.m. Please wear comfortable clothing and bring a yoga mat. If you have blocks and straps, please bring those also. Classes are by donation and all are welcome and encouraged to attend, regardless of ability to donate. Shannon is a resident of Barnstead and has been

a yoga practitioner for many years. If you have further questions, please contact Shannon at 269-5030.

Friends of the Library

The Oscar Foss Memorial Library is seeking new members for our Friends of the Library group. There are a number of ways that members can participate to help the library. Please contact the library at 269-3900 or go online to oscarfoss.org if you are interested in joining.

Please call the library at 269-3900 or visit oscarfoss.org for more information about the library's programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.



COURTESY PHOTO

THREE Prospect Mountain students attended the Health Careers Institute at Dartmouth.

careers. The girls had the opportunity to live on campus and immerse with other passionate students from around

the country. In this intensive seven-day experience, they were able to interact within a state-of-the-art simulation lab,

witness the Dartmouth Hitchcock Advanced Response Team in action, and visit a variety of medical facilities and engage with many different medical professionals. They also attended classes taught by some of the most distinguished professors in New Hampshire, and each gained CPR and First Aid certifications.

These students would like to publicly recognize and again thank all of the area businesses who supported them. Their generous contributions made this great opportunity possible and have

opened their eyes to the careers within the field of healthcare. These sponsors included:

Gold sponsors: The Prospect Mountain School Board; David Countway Realtor, Maxfield Real Estate; Ackery's; Wakita Electric; Workforce Designs; Cake Creations; and Profile Bank.

Silver Sponsors: Dulac Motors LLC; Bill Kriete Carpentry; The Rusty Moose; Hannafords; and Jack's Pizza.

Bronze Sponsors: I Do! Bridal and Formalwear, and Johnson's Restaurant.

Arts Knight tonight at Kingswood

WOLFEBORO — On March 14, the Kingswood Music and Art Departments will present their 19th annual Arts Knight, an evening full of student musical ensemble performances and art exhibits. Beginning at 5:30 p.m. and lasting through 8 p.m., artwork from selected students in grades 7-12 will be displayed throughout the lobby and hallway at the Kingswood Arts Center, while the musical ensembles from the same grade levels will be performing in the auditorium.

Arts Knight takes place in recognition of



COURTESY PHOTO

STUDENTS pose with their artwork ahead of the annual Arts Knight.

Art and Music Month, observed in March. It is widely documented that art and music education have the ability to develop self-esteem, co-

operation with peers, an appreciation of the work of others, and a sense of pride. While these attributes are celebrated and encouraged daily in the Kingswood classrooms, Arts Knight creates an opportunity for students to share their talents and hard work with parents and community mem-

bers.

Whether you are able to attend the entire event or only a portion, be sure to mark your calendars for Kingswood's annual Arts Knight and take in Art and Music Month with the students of the Kingswood Regional Middle and High Schools.

Alton Parks and Rec sponsoring annual egg hunt

ALTON — The Alton Parks and Recreation Department is sponsoring its annual egg hunt for children kids up to 10 years at the B&M Railroad Park on Saturday, April 13. In the event of inclement weather, the hunt will be held inside at the Alton Bay Community Center. Egg hunt parking is available on Main Street or at the B&M Railroad Park.

Plastic eggs filled with treats will be hidden throughout the park for kids to find, and surprises will be given to all participants. Please bring a container to collect your eggs in and arrive at the following times: ages infant-three years, 9 a.m.; ages 4-7, 9:30 a.m.; and ages 8-10, 10 a.m. The event is free to all Alton residents. For more information, please contact Alton Parks and Recreation at 875-0109 or parksrec@alton.nh.gov.

Exercise classes

Intermediate Yoga with Sheila Marston focuses on breathing techniques, postures and proper alignment. Geared toward participants who know basic postures. Class ends in

seated meditation and savassana. Wednesdays, 7-8 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are held Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

Adult pickleball at ACS

Pickleball is the fastest growing sport in America, and it is being played at the Alton Central School gym on Wednesdays and Fridays for adults of all ages from 7 to 10 p.m. The program is sponsored by Alton Parks and Recreation with pickleball leaders Dave and Marlee Quann. Instruction is available on Fridays, a limited amount of equipment is provided for game use. The program runs through May 10 at ACS. Singles, doubles and mixed doubles. All abilities are welcome. To reserve your space, please contact parksrec@alton.nh.gov or 875-0109.

Alton co-ed adult spikeball league

The Alton Parks and Recreation Department is looking for teams that

would like to play adult spikeball July-mid-August, non-residents are welcome to participate. Spikeball is a new sport that is sweeping the nation and is a combination of volleyball and four square. Teams of two play with a taut hula hoop sized spikeball net placed between teams. It's fun and active, and a great way to meet new people and play outside. Players must be 18 years or older. If you have a team, and would like to sign up, please contact the Alton Parks and Recreation Department at parksrec@alton.nh.gov or 875-0109.

Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for kids up to five years old at the Alton Bay Community Center on Thursdays from 9 to 11 a.m. The program is free. They provide the books, puzzles, toys and games, and you provide the interaction. Please bring a peanut-free snack for your child. This is a great

program to introduce you and your child to other members of the community. Playgroup will not be held school vacation week. For more information, contact LittlePesaukees@gmail.com.

Commission needs volunteer members

The Alton Parks and Recreation Commission is looking for one member and two alternates to make a full board. The Alton Parks and Recreation Commission is made up of five members from the community appointed by the board of selectmen. The purpose of the commission is to set policies; advise on needed parks and recreation programs; and to plan, acquire and develop recreation facilities, parks and open space areas to meet future needs as the town grows. The commission meets monthly. Contact the Alton Parks and Recreation Department at 875-0109, parksrec@alton.nh.gov for more information on how to become a volunteer member.

PMHS National Honor Society hosting walk to fight cancer

ALTON — On Saturday, April 6, members of Prospect Mountain High School's National Honor Society are hosting their first Go Gold cancer walk. The walk is dedicated to helping raise money for the American Childhood Cancer Organization, and will be held at Prospect Mountain High

School's track from 11 a.m. to 3 p.m., and is open to everybody. Interested in walking, or simply donating to the cause? Register to walk, or donate at <https://give.acco.org/event/childhood-cancer-walk-2019/e224635>.

E-mail childhoodcancerwalk2019@gmail.com for more information.

New Durham Conservation Commission

PUBLIC HEARING

March 26, 2019

7PM at New Durham Town Hall

In accordance with NH RSA 36-A:4, the Conservation Commission will hold a Public Hearing for the purpose of receiving public comment on a withdrawal from the Conservation Fund to support construction of a walk-in Boat Launch on Town land along Main Street at the Merrymeeting River.

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COURTESY PHOTO

KINGSWOOD THEATER students traveled to see a presentation of *Life, Off Book* on Feb. 27.

Kingswood Theater attends production of their original play

WOLFEBORO — On Feb. 27, the students and faculty of Kingswood Theater boarded a bus and travelled to Hingham High School

in Hingham, Mass. Hingham High Drama presented their spring one-act festival play of *Life, Off Book*. This 35-minute comedic drama was originally produced by Kingswood Theater in 2017. Written in a collaborative effort between the students and faculty of Kingswood Theater, *Life, Off Book* was presented at the 2017 NHETG Festival, and placed in the

top four productions in the state.

The script was later revised, and submitted to and accepted for publishing by the Theatrefolk publishing company in August of that same year. Word then came in May of 2018 that Hingham High Drama had purchased the performance rights to the show to present at the Massachusetts Educational Theater Festival in 2019.

With a week and a half to go until their production of *The Cu-*

rious Incident of the Dog In the Night-Time, the students and faculty of Kingswood Theater took a break from rehearsing to travel to Hingham, Mass. to watch a public presentation of their production. The production was well received by the audience, with a meet and greet with the cast and crew held afterwards. Several members of the original New Hampshire cast were able to meet and talk with members of the new cast and crew.

CYA sponsoring skating at Laconia arena Saturday

ALTON — The Alton Community Youth Activities (CYA) team will be hosting an ice skating event at the Merrill Fay Ice Arena in Laconia for Alton's youth and families. The time reserved will be exclusively for the Alton community to come together and have some winter fun. They also invite Barnstead families that have youth who are attending Prospect Mountain High School. The event will be held Saturday, March 16, from 2 to 3:30 p.m.

at the Merrill Fay/Laconia Ice Arena. The arena is located at 468 Province Road on Route 107 in Laconia. It is a short distance from the Laconia Bypass and is on the left side going toward Belmont. Tickets available at the door. Ticket price is minimal and youth under age five skate free. Skates may be rented or sharpened free at the arena. Contact Kelly Sullivan at 875-2725 for further information or questions.

Vendors sought for Barnstead Farmers' Market

BARNSTEAD — Farmers market vendors are invited to apply to the Barnstead Farmers' Market for the 2019 farmers' market season. Limited space is available, so call today to reserve. This year, the farmers' market is expanding. They will be offering market dollars, matching dollars for EBT customers, Vouchers for

Veterans in the month of September, a Strawberry Festival June 29, Open Farm Day July 20 and a Pumpkin Festival the month of September. They are also looking to develop a farm to table event. For more info, please call or e-mail Lori at 269-2329, lorimahar@tds.net or visit www.barnsteadfarmersmarket.club.

Bag sales donated to End 68 Hours of Hunger

ALTON — End 68 Hours of Hunger/Alton was selected by Hannaford store leadership as the March beneficiary of the reusable bag program at the Alton Hannaford

store. For every reusable Fight Hunger bag purchased during March, End 68 Hours of Hunger/Alton will receive a \$1 donation. If you don't see the bags, please ask.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	192 Main St.	Single-Family Residence	\$80,000	Richard Csanyi and Wilmington Savings Fund Society	Wilmington Savings Fund Trust
Alton	360 Rattlesnake Island	Single-Family Residence	\$285,533	Barry E. Enos and Robert Johnson	Eileen G. Gavron RET
Barnstead	136 N. Shore Dr.	Single-Family Residence	\$215,000	Elizabeth F. and Nickolas J. Patrick	Eric Gilbert
Barnstead	119 S. Barnstead Rd.	Other Exempt	\$157,000	2nd Blue Property Management	Charlene M. Roux
Barnstead	485 White Oak Rd.	Single-Family Residence	\$159,000	Edgar Fiscal Trust	Terry L. and Corrine S. Cassavaugh

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Stanley Kubrick classic at Village Players Theater this weekend

WOLFEBORO — The Village Players monthly movie series continues this month with a Stanley Kubrick classic set in a fictional New Hampshire town.

Lolita was based on the book from Vladimir Nabokov, directed by Kubrick and came out in 1962.

James Mason plays professor Humbert Humbert, who while waiting to begin a teaching post in the United States rents a room from blowzy Charlotte Haze (Shelley Winters). Charlotte immediately falls for the worldly Humbert, but he only has eyes for his landlady's nubile daughter Lolita (Sue Lyon). The professor goes so far as to marry Winters so that he can remain near to the object of his ardor. Turning up like a bad penny at every opportunity is smarmy TV writer Clare Quilty (Peter Sellers), who seems

inordinately interested in Humbert's behavior. When Charlotte happens to read Humbert's diary, she is so revolted by his lustful thoughts that she runs blindly into the street, where she is struck and killed by a car. Without telling Lolita that her mother is dead, Humbert packs her into the car and goes on a cross-country trip, dogged every inch of the way by a mysterious pursuer. Once she gets over the shock of her mother's death, Lolita is agreeable to inaugurating an affair with her stepfather (this is handled very, very discreetly, despite the slandering critical assessments of 1962). But when the girl begins discovering boys her own age, she drifts away from Humbert. One day, she leaves without warning. This is humiliation enough for Humbert, but when he discovers who her secret lover really is,

the results are fatal.

Nabokov was nominated for an Oscar for his writing and Lyon won a Golden Globe for her performance. Winters, Mason, Sellers and Kubrick were all nominated for Golden Globes. The film is rated R.

The Village Players movie series runs each month at the theater, located at 51 Glendon St. in Wolfeboro. Tickets remain one low price and concessions are available for sale as well.

A reminder that the new start time for movies this year is 7:30 p.m. The showings will be on Friday, March 15, and Saturday, March 16.



COURTESY PHOTO

He's coming

Perhaps you are intrigued by the sudden appearance of flyers about town that contain the message: "Watch out. He's coming." You can just see it in the window of Seven Suns Coffee and Tea pictured above. These flyers have been spotted at several businesses in Wolfeboro as well as the post office. Stay tuned.

Photography class offered in Tilton

TILTON — Talented and accomplished photographer Jaymee Cornell, a member of the Lakes Region Artist Association/Gallery is holding a series of beginner photography classes at the gallery beginning March 27. The three-session course is open to anyone who'd like to learn the basics of photography and how to take high quality and professional grade photos. Dates and time for the three session classes are Wednesdays, 6-8 p.m., March 27, April 3, and April 10. The first class will focus on how to use your digital camera, ask questions and learn how to set-up an in-home

portrait studio. The second class April 3, will be learning about depth of field, how to use f-stops, the correct way to focus, and exposure times. April 10 class features learning how to edit your photographs, Light-room or other editing software, plus a take home print of your edited photograph. Suggested materials to bring; digital camera, extra lenses, and a tripod. For cost and to register, contact Cornell at spellboundimaging@yahoo.com, or visit the Lakes Region Artist Assoc./ Gallery, Tanger Outlets, 120 Lacoia Road, Tilton, Suite 132, Thursday-Sunday, 10 a.m.-6 p.m.

Road Postings for the Town of Alton

Due to spring thaw conditions there will be a 6 Ton Weight Limit on all roads in the Town of Alton starting Thursday, March 14th, 2019.

This is strictly enforced



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OBITUARIES

Kenneth D. Crumrine US Navy veteran

TILTON — Kenneth D. Crumrine, age 93, died March 7 at New Hampshire Veterans Home in Tilton, where he most recently resided.

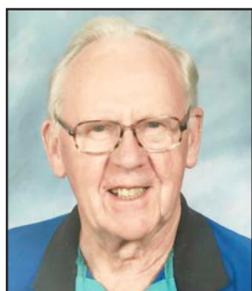
Born March 7, 1926, son of Everett and Beatrice Crumrine, he had resided in Lynnfield, Mass., Hernando, Florida, and Rochester.

He was a veteran of the United States Navy.

Prior to retirement, he was employed as a structural engineer with Structural Systems, Inc. in Stoneham, Mass.

Ken was a big fan of the Red Sox and the Patriots.

He also enjoyed playing the piano, playing cards with friends, swimming and boating, especially at Merrymeet-



ing Lake, and spending time with his family.

He was predeceased by his wife of 56 years, June Crumrine.

He is survived by his brother, Richard Crumrine. Also, his three daughters, Sandie Thurston, her husband Don, Nanci Tenney, her husband Tim, and Lori Coddair, and her husband Mark. Also, his nine grandchildren and 14 great children.

A memorial service will be held on Sunday, March 17, from 2 to 4 p.m. at Community Church of Alton on Church Street in Alton with Rev. Dr. Samuel Hollo, pastor, officiating. Family and friends are all welcome to join us for his celebration of life and coffee and dessert after.

Urn interment will be in the spring at John C. Shirley Cemetery in New Durham. Cremation care by Peaslee Alton Funeral Home. To express condolences, please visit www.peasleefuneralhome.com.

In lieu of flowers, you can make a donation to the New Hampshire Veterans Home, 139 Winter Street, Tilton, New Hampshire, 03276.

James F. Meader Long time truck driver

NEW DURHAM — James F. Meader, age 74, of New Durham, died March 5 at home, after a battle with cancer for two and a half years, with his wife's care and Cornerstone VNA/Hospice.

Born Aug. 13, 1944, he was the son of Nor-

man D. and Dorothy (Shapleigh) Meader of Lebanon, Maine.

He was a trailer truck driver for more than 50 years.

Survivors include his wife of 42 years, Paula A. (Laney) Meader; his daughter, Marsha Meader; two

stepsons, Dale Lavoice and Scott Lavoice and his sister, Sarah Shapleigh. He was loved and will be deeply missed by family and friends.

As per his request, there will be no services. Cremation care by Peaslee Funeral Home.

John A. Ruckenbrod Enjoyed hunting, hiking, fishing

TAMWORTH — On Feb. 23, John A. Ruckenbrod, 61 of Tamworth passed away unexpectedly and was welcomed home by our Heavenly Father.

Born in Haverhill, Mass. on March 10, 1957, son of the late George Fredrick Ruckenbrod and the late Janice Leona (Sanders) Hanscom. He lived in New England his whole life, spending most of his adult life in Lebanon, Maine and Ossipee and only just recently moving to Tamworth.

John worked as a CNC machinist for most of his life, even owning his own company High Five Tools for a time. After a severe hand injury, he went on to become a long haul CDL truck driver. He most recently worked the overnight shift at Irving gas station while volunteering most of his time to support and assist NH State Representative Ed Comeau as the video reconnaissance di-

rector for GovernmentOversite.com.

He loved nature and being in the woods and mountains. He enjoyed hunting, hiking, fishing, shooting, canoeing and gardening. As the son of country singer Jan Esty, (her stage name) he loved singing and karaoke. He loved movies and photography. He really enjoyed what he called "rambling" with his kids; driving around for a whole day with no destination just looking at old homes, cemeteries and beautiful scenic views. John loved his family, spending quality time with them whenever he could. He was always the goofball and tease trying to make everyone laugh or scream, often times with the help of frogs and snakes.

Pre-deceased by his father, mother and a son Joshua Sanders. He leaves behind a daughter, Leah Skinner and her husband Paul, his four grandchildren, Dylan, Troy,

Shane and Vanessa of Farmington; a son, Neil Sanders of Rochester; a sister, Sally Boucher and her husband Ray of Manchester; a brother, George Ruckenbrod and his wife Josie of Bechtelsville, Pa.; a sister, Sandy Corriveau and her husband Marc of Weare; several nieces, a nephew, countless other relatives, loved ones and close friends including his best friend of over 30 years, Gary Stone.

The Baker-Gagne Funeral Home and Cremation Service of West Ossipee is assisting the family with the arrangements.

Please share your messages, stories, or leave a short note and sign an online guest book at www.baker-gagnefuneralhomes.com.

A celebration of life will take place on April 7, details can be obtained from family, all those who knew and loved John are welcome to attend.

Lenten retreat at St. Katharine Drexel in April

ALTON — Lenten Day of Reflection will take place Saturday, April 6, at St. Katharine Drexel Parish Hall/lower level of the church, 40 Hidden Springs Road, Alton.

The retreat is sponsored by The Ladies of St. Katharine Drexel All men and women are invited, pre-registration is required.

The guest presenter is Susan Conroy, noted Catholic author, speak-

er and frequent EWTN guest, the theme is "Saint Teresa of Calcutta's Lessons of Love and Holiness."

The day begins with check-in and light breakfast from 8:30 to 9:30 a.m., welcome and opening prayer from 9:30 to 9:40 a.m., part one presentation by Conroy from 9:40 to 11 a.m., free time with books, DVDs and gift shop from 11:15 to 11:45 a.m., lunch by the St. Joan of Arc Council 7533 from 11:45 a.m. to 12:45 p.m., part two of Conroy's presentation is 1 to 2:45 p.m., confession is at 3 p.m., rosary (Our Lady of Fatima) at 3:15 p.m. and mass at 4 p.m.

Sign-up deadline is March 22. Please Make checks payable to St. Katharine Drexel Parish and mail to PO Box 180, Wolfeboro, NH 03894. Please mark in memo section "Lenten Day Retreat." Contact: Barbara at 539-8664 or barbara.richards@roadrunner.com for information.



Graduate

COURTESY PHOTO
U.S. Air Force Airman Joseph L. Cleary graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness and basic warfare principles and skills. Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force. Cleary earned distinction as an honor graduate. He is the son of Robert L. and Christine E. Cleary and grandson of John A. and Elaine C. Wheeler, all of Alton. The airman is a 2016 graduate of Prospect Mountain High School.

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Now as then, such a cure is needed. To return to or join those who "come together in common in one faith" just call 875-2548 or visit us at the following times and place:

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Weekdays (except Thursday) at 8:00 a.m.



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Church Service SCHEDULE

8 am Worship Service
Community Church of Alton
20 Church Street, Alton

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundant-harvest.org or e-mail ahf@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am.
Adult and Teen Bible Study 11:15 am.
Sunday School for all ages 10:00 am.
Rte. 126 next to Town Hall.
Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am
Rev. Dr. Samuel J. Hollo, 875-5561.
Sunday Worship Service 8:00am
Alton Bay Bandstand July 1-Sept 2 10:00am 20 Church Street

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC
Sun. School and Worship Services, 10:00AM, 594 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, ccnorthbarnstead.com

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DON'T TEXT AND DRIVE

Wolfeboro seniors to meet March 20

WOLFEBORO — The Wolfeboro Senior Citizens Club will meet on Wednesday, March 20, 1 p.m. at the Episcopal Church. The program, Life on Winnepesaukee in a Bygone Era, will be presented by David Warren. Warren traces his love of Lake Winnepesaukee and his interest in history,

back to the many happy summers he spent at his grandparents' Alton Bay cottage. His program will include Alton Bay in the 1950s and a visit with the folks who lived at the Wawbeek community in Melvin Village. Next, they'll meet Dr. Henry Libby, the founder of the Libby Museum in

Wolfeboro, and find out what the goose had to say about the folks who chartered his boat, the West Wind. Finally, they'll spend some time with one of Wolfeboro's foremost characters, Oscar D. York, who owned the mail boat, Columbia. The program is free and open to the public.

ALL IN

(continued from Page A1)

sites for clients as diverse as Alton Village Pizza and the Wright Museum of WWII History up in Wolfeboro.

Fontaine told the All in for Alton steering committee that he hopes to create a user-friendly, mobile device-accessible site that can be a one-stop shop for folks interested in recreation, dining, specialty shopping and lodging "in and around Alton."

"We're a destination in and of ourselves, but Alton is also a great launching pad to enjoy all that the Winnepesaukee region has to offer," he said. He cited the Wolfeboro Inn, Johnson's in New Durham, and attractions in Alton itself as examples of prospective entities that could help populate the web site.

"A lot of people consider Alton to be a drive-through community, en route to other Lakes Region destinations, Fontaine said during the meeting - a sentiment he reiterated in a follow-up phone chat.

Anecdotal evidence supports this reckoning. The lot of the Alton Circle store is always filled with Laconia-bound motorcycles during bike week. To be sure, they buy fuel and grab a snack - but they don't stay. The bikers hop back on Route 11 and proceed to the Weirs. Similarly, lots of folks with Mass. and N.Y. tags grab a value meal at McDonalds before completing their trek to Wolfeboro or Moultonborough.

"Alton's kind of perceived as a pass through," Fontaine summarized.

He talked up Alton's role as "the gateway to the Lakes Region." We noted that Farmington - two towns to the south, already has branded this claim. That town's web site, as well as signage along Route 11 tout the tagline, "'Gateway to the Lakes Region."

Sullivan said the group could look into

copyrighting the tagline for Alton's use if it has not been already registered.

However, Fontaine stressed that Alton has a lot to offer as a destination unto itself, citing the town's hiking trails, scenic vistas of the lake, and unique local businesses.

To date, Fontaine has been donating his web-based expertise to push this component of the project forward. His vision is to identify a "community-focused local business that want to invest in Alton and make this endeavor sustainable in the long term." Business development investment would allow All in for Alton to manage the website, oversee its quality control, and make needed updates.

Among the group, there was considerable interest regarding the integration of a vast but currently fractured set of trails. These include the Mount Major trail towards the west and the Gilman Pond and Knights Pond treadways over to the east.

Peter Bolster believes that hiking in Alton can be a real draw. He said that it can enhance the quality of life for locals and assist the town in promoting itself amongst tourists. He said that residents' knowing "where they can get out" could improve the quality of life for residents and visitors.

Bolster has taken a lead in an effort to help recreational hikers wayfind around some of the town's trails and scenic destinations.

Amongst local, regional and state planners, a current buzzword is 'connectivity.' It refers to disparate publicly-accessible hiking trails that are managed by different owners.

For example, Mt. Major is managed by the non-profit Forest Society. On the other side of town, the Gilman Pond site is overseen by the state Fish and Game Department. Knights Pond and its

trails are conserved by the Lakes Region Land Trust. There are also other hikeable trails maintained by the Mt. Major Snowmobile Club; several of these trails cross private property, and land owners have separate agreements with the club.

"It's not a guarantee that someone who allows snowmobiles through will allow hikers," Bolster explained. He noted that snowmobilers "drive on through," but that hikers might venture off-trail - the prospect of which might make property owners wary of liability risks.

Bolster added that he's discussed the idea of a connected hiking trail system - a topic he's had "positive conversations" with some key players including Russ Wilder, the planning board, and the conservation commission.

Bolster said that "the grand idea is to have a system that would connect the five corners over to the West Alton Marina," with a walkable route to access trails on the east side of the Bay. (The 'Five Corners' refers to the town's southernmost tip where Alton, Barnstead, Farmington, New Durham, and Strafford come together - the only such intersection of municipalities in the state).

"Getting these trails connected would require a patchwork of agreements," Bolster said, stressing the need to coordinate the cooperation of town, non-profit, and state stakeholders.

With the volunteer group eager to launch a web site, Fontaine recommended "cherry-picking the trails with no, or the least amount of restrictions" to focus on. Establishing a core set of publicly-accessible trails would help the soon-to-be nascent site promote Alton as a hiking destination for locals and visitors.

As part of the initiative, the group has also initiated a Commu-

DAR to meet Saturday in Ossipee

OSSIPEE — The Winnepesaukee Chapter, Daughters of the American Revolution will meet Saturday, March 16, at 10 a.m. at Mountain View Nursing Home, 93 Water Village Road, Ossipee. The program will be on DAR Good Citizens. All are welcome.

The Daughters of the

American Revolution is a non-profit, non-political volunteer women's service organization dedicated to preserving American history and securing America's future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or

ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

For more information on becoming a Daughter of the American Revolution, call or e-mail Regent Susan Fossum at 581-9675 or susanbriggs-fossum@hotmail.com.

ty Recreation Project. Still in its exploratory stage, Sullivan addressed a conceptual recreational facility.

"I love the positive energy," she said, adding, "Baby steps, small volunteer groups, big things."

Andrea Caruso agreed. She said that ideas are still being formed, but that the group is interested in out-of-the-box ideas on how to create ways to enrich residents' lives and draw tourists and seasonal homeowners to become more engaged with the town.

Caruso essentially described the ideal as a public-private partnership. She said one option could involve the contribution of a town-owned parcel of land to a private developer. The facility could be used on a for-profit use in keeping with the values imbedded in the community profile. The agreement could include a clause that could allow town and community groups to

use the space during mutually-agreed to times.

Bolster also recommended reaching out to nationally-recognized non-profits like the YMCA or the Boys and Girls Club. He said establishing such relationships could bring professional expertise to Alton, as well as giving the community the leverage to obtain state, federal, and foundational grants.

All in for Alton planned to staff a table during the subsequent Tuesday's voting. The plan was to distribute a six-question survey.

Queries included the following:

- What would be necessary to include in a community recreation project?
- In your mind, what kind of activities would you like to see there?
- What would be important to consider in regard to the location?
- If created, what would it look like?
- What might be happening?

"What we want people to know is all that Alton has to offer - year-round residents and visitors alike," Sullivan said. "We have a lot to offer as it is, but it's great to get feedback on where we should be focusing our efforts."

In a follow-up e-mail to folks who have been involved for the past year, Sullivan wrote, "Again, we thank everyone for their continued work. It really shows that even in small numbers we can make change."

The next All in for Alton meeting is scheduled to take place at the Gilman Library on April 17. All are welcome, and attendees should park out back to access the lower meeting room. That session is set to begin at 6:30 p.m.

The Alton Community Profile is available on the town web site, visit alton.nh.gov.

To learn more about the ABA, check them out on Facebook at AltonBusinessAssociation.



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MAPLE

(continued from Page A1)

those who steward the state's rich maple harvest tradition.

March is Maple Sugaring Month in New Hampshire. Over the course of the month, sugar shacks around the state will be holding special events to celebrate the time-honored tradition of harnessing watery sap from maple trees and boiling it down to a viscous syrup that makes waffles that much more savory.

On March 10, Grandma Grace's Sugar House hosted an event that allowed locals to peer into the hidden alchemy of how the moisture that maples draw up from root to crown can be sapped away to create the stuff of sweetness.

Sunday's program was a joint endeavor between Grandma Grace's Sugar House and the New Durham Recreation Department.

The event coincided with a snow storm that dropped about seven inches of fluff on New Durham.

"It's a nice dusting," commented host Mike Gelinias, who also grooms skimobile trails for the Powder Mill Snowmobile Club.

Arriving on his property, several snow machines were visible, as well as the club's bright orange Tucker groomer. Gelinias' property, which consists of 80 acres, is part of the organization's 90-mile trail network.

But this was not a snowmobile event - rather it was a chance to get out on foot and trod the trails on Gelinias's forested parcel, which he manages to optimize the growth of maple stands.

Eight people turned out for the event. Some drove to the site, while others walked from nearby homes.

The walk encour-

aged folks to bring their snowshoes.

"It's a winter wonderland," Gelinias said. He predicted that the turnout might be a little lower than anticipated as the flakes fell. "But we put it out there, so if we get one person or 20, we're proceeding as planned - don't want someone to come out and have to turn them back."

Gelinias was a welcoming and gracious host.

"Great to see you," he acknowledged as other participants began to drift in.

Among them was New Durham Parks and Rec Director Nichole Hunter. She came armed with a bevy of release forms, which is standard operating procedure for such events. (They waive the property owner and the town just in case someone twists an ankle or some other unlikely occurrence).

The ink in pens froze as participants attempted to append the documents - so Gelinias scuttled off into his home to nab some thoroughly-thawed writing utensils.

Thenceforward, participants trotted downhill toward his sugar shack - a natural-finish structure greyed by several seasons. It's an almost ashen color on its exterior, having weathered a decade of summer sun, winter winds, and the wet and dry cycles of the surrounding forest.

Gelinias noted that the structure was built from lumber that he'd harvested from his own acreage with the help of his friend Jim Gamble. He has a portable sawmill, which he'd brought on site.

"Getting one of those is on my wish-list," said Gelinias with a wry grin.

Gelinias recalled, "After we built our house in 2009, [my wife

Grace] talked about our new plan." He said options on the table included a lavish vacation, a set of new furniture, or a sugar house.

"Grace liked the idea of bringing a little sweetness to the world," Gelinias explained, and thus a decision was made. The sugar farm was named in honor of Grace's conviction - and their proud and loving relationship with their nine grandchildren.

The decision was based in part on how to put their forested property to the highest and best use. His property has been a certified Tree Farm since 1988. Gelinias noted that state inspectors verify that he is complying with state regulations, making unannounced site visits every five years.

The Gelinias's 80-acre property is one of about 1,500 sites statewide that the Tree Farm program oversees; these parcels encompass about 500,000 acres of managed timberland. The program's website notes, "A Tree Farmer is a forest landowner who is recognized by the American Forest Foundation for practicing forest management for timber, recreation, wildlife habitat and watershed values."

To be sure, Gelinias is on track with this mission. To manage specific forested areas for maple, he's had foresters and reputable loggers come on site. His property also provides recreational value as it is part of the Powder Mill snowmobile system. And being connected to other parcels, it also provides habitat to a number of wildlife species.

Shortly after 1 p.m., the group hiked down a gentle grade.

Along the way, Gelinias described the difference between sugar maples and red maples. Both produce sweet sap, but the fructose content is higher in the aptly-named sugar maple.

When the species are in leaf, it's easy to discern between the two. Red maple leaves have three lobes - the same number of letters in the word 'red.' Sugar maples have leaves with five lobes - the same number of letters in the word 'sugar.'

But in late winter, it's more difficult to distinguish between

the two. Gelinias explained that the texture of the bark and the shape of the buds are key to identification. The buds of a sugar maple are conical, have tiny scales, and are a brownish color. By contrast, red maple buds are shaped like Indian spearheads and are of a deep crimson color.

After a brief arboreal tutorial, the group continued on to the heart of Grandma Grace's syrup operation.

The sugar shack itself is fairly snug - maybe about 14 feet deep. Its centerpiece is a 2'x6' wood-fired evaporator. During the tour, Gelinias pointed to a pre-heater hood that helps quicken the process that transforms watery sap into gooey maple goodness.

"It's a pretty efficient set-up," he explained.

As a general rule, it takes 40 gallons of raw sap to boil into one gallon of pancake-ready syrup.

Gelinias produces about 50 gallons of finished syrup each season. With his evaporator, he uses only 1.5 cords of wood, while other setups might require four cords to generate the same output.

But that's still a lot of wood. To put things into context: a gallon weighs about eight pounds; a cord of seasoned hardwood can weigh 4,000 pounds. So Gelinias burns through about three tons of biomass each sugaring season. In terms of output, the overall mass of the sugar produced is about .07 pounds of syrup for every pound of wood he feeds into the evaporator.

In spite of Gelinias's efforts to strive toward efficiency, summoning sweetness from the forest is a laborious process. It involves tapping trees, transporting several 125 gallon containers of raw sap, harvesting and splitting firewood, managing the evaporator, ensuring the sterility of his unit, and bottling the final product.

"It's basically a hobby that pays for itself," Gelinias explained.

The logic behind his syrup operation was based on the abundance of maples on their 80 acres.

"It puts the land to good use, and I like anything that gets me

outdoors," Gelinias said.

Along the route that the group hiked, there were long stretches of blue plastic tubing running from tree to tree. Collecting the sap from a maple tree is very labor intensive and can be difficult based on weather conditions during the season. A collection system built with plastic tubing running from tree to tree can increase efficiency.

As for the network of tubing, Gelinias said, "If you looked from above, it would look like a giant spider web."

He noted that the system requires regular vigilance. Sometimes a limb might take out a section.

And then there's the wildlife. Squirrels and deer like to nibble.

"Even when the sap's not flowing, they'll chew on them. I think the deer just get bored," he japed.

The sap is gathered in large, 100-plus-gallon tanks that he brings to the sugar house on the back of a tractor. In some cases, the sap can follow gravity along a downhill slope into the tanks. In other areas, he's installed vacuum motors that can help the sweet liquid flow uphill.

Once full, the watery sap is transported via his Kiota to the sugar shed to be rendered down to a thick, viscous syrup.

The tanks participants saw on their hike were all virtually empty, and the contents were pretty much frozen solid. Gelinias explained that warm, sunny days - coupled with cold nights - get the sap flowing. He noted that conditions to date haven't been ideal.

"The fear is that it might get too warm, too fast," noting that temps were predicted to get into the upper 50s by week's end.

There are many challenges involved with running a maple operation.

A hidden cost in maple production is the expense of those beige plastic bottles marked "New Hampshire Pure Maple Syrup." The jugs are distributed by the New Hampshire Maple Producers Association. While sturdy, the plastic vessels are spendy. An individual gallon container costs \$2.35. Gelinias said he'd just placed an order of \$1,000 for the bottles that will contain the 50 or so gallons of syrup he anticipates producing this season.

Gelinias knows the business side of the operation, but for him, the real reward is being out in the woods and managing his forest in a productive

way.

Trudging along the trail, participants stomped through the sugarbush. Peering through the forest near the shack, there were mostly maples, with the occasional birch or beech among the stands. Most of the trees were less than 12" in diameter at the base. Those that Gelinias deemed "mature" had been tapped. The smaller ones on the understory were not - to give them a chance to grow and strengthen.

Further down the path, the group reached a path with a more diversified forestscape, which Gelinias does not harvest for sap. Large oaks, pines, and hemlocks were present.

Gelinias said he consults with a forester to maintain a balance between his sugaring operation and the overall health of the forest. He noted the risks of invasive insects like the emerald ash borer, which can devastate a single-species forest.

Trotting along on snowshoes, you could almost read the recent history of the landscape. Stands of mature oaks transitioned to sections where there were wispy hardwood saplings and white pines just a little taller than a Christmas tree. These latter sections had been logged about a decade ago and are in a state of regeneration.

The tour was partially an education in the harvesting of maple sap; it was partially an education on overall forest management.

After the group concluded its mile-and-a-half trek, participants were invited into Gelinias' kitchen. Hunter prepared hot chocolate, while department volunteer Diane Thayer had baked maple cookies. The group gathered around the kitchen table. As the snow picked up again, Cathy Orlowicz, who's also the town historian, recalled with Gelinias some of the various property owners in town.

As folks warmed up, it was time to leave. With the snow abating shortly thereafter, there were snowblowing chores that awaited back home after a jaunt through Gelinias' winter wonderland.

Grace's Sugar House is located at 30 Ham Road in New Durham. They can be reached at 859-2340.

In addition to last Sunday's event, there will be programs statewide over the course of the month. For a calendar, visit the N.H. Maple Producers Association website at nhmapleproducers.com.

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MUSIC

(continued from Page A1)

She added that the pre-school class was also able to attend the performance. "It was nice that they could see it."

One pre-schooler went right home and reported on the event. "He loved it," said his grandmother. "He told us all about it, so we went online to look up more on the group."

A peer of his called the group "amazing." When asked why, she replied, "They were loud enough to hear."

A kindergarten student appreciated their musical ability a bit more. "I liked it because they are such good singers," she said. Her mother indicated that the little girl loves music and sings a lot herself. Ball in the House might be on the look-out for her in a few years.

Kindergarten teacher Casey Malo described her class as "mesmerized" by the group.

Colby-Seavey said, at one point, Ball in the House members likened what they do to "teamwork," a central element of New Durham School's philosophy.

Over the two-day



CATHY ALLYN

MEMBERS of the Boston-based a cappella group Ball in the House lead the fourth grade at New Durham School through vocal warm-ups. As part of an artist in residence program, the group performed for the entire school, worked separately with grades 2-6, and sang with fourth graders at a concert Friday evening.

period, the singers worked with students in grades 2-6.

One of the highlights of the performance was member Jon Ryan's

beatboxing, a term derived from the mimicry of drum machines called beatboxes. It's a vocal percussion technique using your

mouth, lips, and voice.

Students got to take a swing at it when they met with the singers. Several duos of fifth graders, for instance, volunteered to take the stage with microphone in hand, to make rhythm with only sounds.

As could be predicted, duets of tsking and hissing noises reduced the room to giggles.

Ryan explained that people's voices were suited to different kinds of sounds. That comment elicited a bit more experimentation from the kids, although they often seemed to feel more confident dancing than fizzing or clucking to a beat.

Rather than being terribly concerned about the musical backgrounds of the singers, which are diverse and impressive, fifth graders got right down to the heart of the matter. "Where did your name come from?"

The group relayed that early on they had a "gig" and needed to come up with a name, but couldn't agree on anything. A Brady Bunch rerun was playing on television and a recurring line in the episode was, "Don't play ball in the house."

The members claimed the phrase, for at least one show, but "it stuck."

Ball in the House's two Chinese tours fascinated the kids. Member Wallace Thomas said they sing some songs in Mandarin while there, "to be respectful," as well as studying several different languages for their tours.

Ryan told the students his group has opened for the Beach Boys, The Temptations, Jessica Simpson, Glad-

ys Knight and other top artists. "We're easy to work with, so we got a good reputation, and they bring us back," he said. "We enjoy what we're doing."

A fifth grader later called the group "cool" and said it was "good that they do all different styles of music."

She volunteered to try out the beatboxing because "it looked fun," and added that it turned out "funny."

The singers were a man down due to illness, but she was impressed that it didn't "throw the others."

The fourth grade is traditionally the target group for all artist in residence programs the school brings in. Johnson told Ball in the House members that this fourth grade happens to be especially musically inclined.

"We're going to be best friends by the time of the concert," Ryan told the students, referring to the fact that they would meet with the kids three times before they served as "the extra parts" in two of Ball in the House's numbers.

The singers then led the students through warm ups, under Johnson's approving eye.

"Unfortunately, our society and pop culture often end up promoting many misconceptions about singing," Johnson said, "and even more so when it comes to boys and men singing. I see the detrimental effects of these

misconceptions in my music classroom often; many boys who are unsure or unwilling to use their natural singing voices due to ingrained stereotypes from society."

She said the time was right to "bring in some wonderful male vocal role models for the kids to look up to. Guys that have the coolness factor going for them because of what they do and the fame they've garnered, yet guys who still got where they are today by trusting in their singing voices and loving the process of making and creating music together."

An adult who attended Friday evening's concert said the kids did well.

"It was a fun concert," he said. "It's just amazing the sounds that guy could make. He sounded like drums and everything else."

Johnson said Ball in the House members were impressed with the fourth graders' musicality, ability to retain their learning throughout the three sessions, and to put together not one, but two full pieces in the short time allotted.

"They told me they've worked with some middle school choral groups that have had trouble accomplishing that, which made me a pretty proud music teacher."

Overall it was a novel and successful program. Ball in the House members worked extremely well with all ages of students.

"The guys had school lunch with the kindergarten class and first graders," Colby-Seavey said. "They even bought balloon hats to support the Ferry Beach fundraiser."

Everyone pitched in for the best experience possible for the kids. The PTO paid for the group's lodging, and the Wolfboro Inn provided a discount.

"We always make artists in residence a priority," Colby Seavey said, "because arts are important. Arts bring joy to life."

Johnson said she was struck by how this residency affected the overall mood of the building. "After their kickoff performance, you could feel a new electricity in the building."

As the residency came to a close at the concert, she said the effect of this musical gift on the school and community was evident.

"It's the power of music," she said. "Profound and true."

MARK ON THE MARKETS

Happy anniversary, bull market!



BY MARK PATTERSON

If you have ever put money into a mutual fund and discovered that the proclamation of return did not line up with your real return of dollars, then there could be several reasons. The net return could be affected by the fees and commission charged by the fund that can vary between funds, fund companies and share class. But another issue is the manner in which the return is calculated or advertised. This concept not only relates to mutual funds but to overall performance of the markets as they relate to your dollars. Without even calculating any fees or commission you pay, let's just say you invest \$100,000 in a low cost S+P 500 index fund. The first year in the index losses 40 percent, much like 2008. You now have \$60,000 in your account. But then the market snaps back the following year and advances 40 percent. Well if I lose 40 percent, then gain 40 percent, I should be

even, right! Well, why do I only have \$84,000 in my account? Because a 40 percent gain on \$60,000 is only \$24,000. So the next year the index is up 10 percent, sending the three year average to a positive number but my account only has \$92,400 in it. Following a 40 percent loss, you would need a 67 percent return to just get you back to even, OUCH! The math works the same way in reverse meaning that if you started with a 40% gain followed by a 40 percent loss, you still have \$84,000.

This is why the lost decade was really 13 years. From the year 2000 until 2013, if you left money in the equity markets including most stock mutual funds you would have had a brief period of time to get out about break-even in 2007, but then we went into another market collapse that bottomed in March of 2009.

Since March of 2009, ten years ago, the equity markets have not seen a significant correction, while over-due statistically, this bull market could continue. While December of 2018 saw a mild correction, it was minor compared to the 40 to 50% corrections of the past and likely the future.

If you have 20 plus years until retirement then I would not be overly concerned, not to say it should not be managed. But if you are getting close to retire-

ment, within 10 years, then I would mitigate the risk in my portfolio and investigate some index crediting methods that capture partial gain but allow for 0 loss with a portion of your money that you will need for retirement income. A ladder bond portfolio with varying maturities and credit quality are other means of mitigating market risk and creating sustainable income. When approaching retirement, you must emphasize income over growth to meet future obligations. If you stay in "accumulation mode and the stock market retracts, you will deplete your money when it is most critical to protect your capital! Stocks are for capital appreciation, bonds are for income. No, I don't mean bond funds, I do mean that you should have a portion of your portfolio in a bond portfolio crafted for you and your needs, if you need income!

Talk with your fiduciary advisor or call my office if you want information about these crediting methods that could change the way you manage your retirement income and potentially your tax burden.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

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Easterseals NH Camp Sno-Mo: Unifying Kids of All Abilities at Summer Camp

Easterseals Camp Sno-Mo, located in Gilmanton Iron Works, NH, has served campers, ages 11-21, with special needs at a residential camp since the early 1970s. Over the course of a fun-filled summer, our campers are joined by 500-600 Boy Scouts on the space we share at Hidden Valley Campground. The co-location of these two programs provides the opportunity for an atmosphere of acceptance, diversity, and education for all.

Children of all abilities love and thrive during a summer camp experience. Summer camp allows for time away from home, meeting new people, creating lasting friendships, sleeping under the stars, and the endless opportunities to try something new! For some children this can be a challenge. Children with special needs are not always



able to attend camp because their unique needs make it difficult. However, at Easterseals Camp Sno-Mo, campers with special needs are able to have a truly amazing experience is a

safe, adaptive, and caring environment.

Additionally, our campers participate in activities offered by the Boy Scouts. These activities are those you



will find at many traditional summer camp programs throughout the country and include aquatics (swimming and boating), riflery, archery, hiking, ecology, first aid, high and low ropes courses with a zip line, camp crafts, and more.

Sno-Mo Campers participate alongside Scout campers to complete requirements to earn their badges. They form friendships and memories while working together. This partnership allows our

campers to enjoy a traditional camping experience where the possibilities are endless.

Our caring staff receive extensive training on therapeutic crisis intervention, medical/water safety and first aid/CPR ensuring our campers enjoy a safe and meaningful camp experience. Sno-Mo staff hail from many countries and bring their culture and experiences with them. By providing a safe environment, we enable our campers to challenge themselves to learn and grow, develop confidence, and discover how much they can achieve.

A perfect example of this is embodied in Alex's story. Alex is a long-time Sno-Mo

camper who uses a wheelchair and walks with a crutch. He is also living proof that you are only limited by the limits you place on yourself.

Once summer Alex has a conversation with his one-on-one camp staff Jessica. Alex had indicated that he wanted to hike Mt. Shannon while at camp. Given his mobility limitations, we knew this would require some creative thinking but brainstormed the possibilities because Alex was adamant about doing the hike with his crutches! Mt. Shannon is 1,400 feet above sea level and, at certain points, can be a little tricky to navigate especially near the summit.

After much discussion... **More on page 2**

easterseals
New Hampshire

Camp Sno-Mo | Gilmanton Iron Works, NH

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For more info: easterseals.com/nh
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17th Annual



who they are instead of limiting what they can do. Why put a limit on it? As we have seen on many occasions, if a Sno-Mo camper feels they want to try an activity that has been out of their reach, we will find a way to

make it happen! We believe the only disability is a bad attitude!

For more information about Easterseals NH Camp Sno-Mo, please contact Camp Director Robert Kelly at rkelly@eastersealsnh.org.

sion, we determined that if we could come up with a plan that would allow Alex to safely do this then we would make this dream come true. Within a matter of hours, we devised a well-thought-out and concise plan for Alex to tackle the climb.

Not only did Alex climb up and down Mt. Shannon unaided, he has repeated the feat each summer thereafter with staff nearby for support. When we recognized Alex's accomplishment at the dining hall during our next meal, his fellow Camp Sno-Mo and Boy Scout campers, gave Alex a very well deserved

standing ovation. It was one of those moments in time where you remember where you were when it happened. It was simply inspirational.

Since our beginning, Camp Sno-Mo has been a special place where our campers have achieved countless accomplishments and milestones. The level of character, dedication, and potential we see in our campers is unmeasurable. Gone are the days where people would say "are you sure he or she should be doing that?" Instead we would rather the individuality of our campers define

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Check us out on Facebook <https://www.facebook.com/LWSA.School/>

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Session 1: July 8, 10, 12
Session 2: July 22, 24, 26
Beginners: 8:00-10:00am
Intermediate/Advanced: 10:00-am-12:00pm

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\$15 Residents \$20 Non-Res
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Hone Your Skills Clinic: July 22: 6-7:30pm

Adult lessons are available upon request
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Registration opens April 15

Tennis Camps & Clinics are weather permitting and take place at Kraine Meadow Park on Playground Drive, Moultonborough. Classes are limited, so contact our office & sign up early!

Moultonborough Recreation Dept.
10 Holland St. PO Box 411
Moultonborough, NH 03254
603-476-8868
www.moultonboroughnh.gov

The silence is crushing, so just go get a machine

My house is quite a quiet place, especially when I'm not catching something on radio or television, and the snow muffles everything else. It is so quiet that some guests, unnerved by such silence, have brought wave machines.

In a way, it reminds me of the printing presses I've run, particularly the last one, a 30-foot Miehle-Goss-Dexter Web press. It made so much noise that we wore Micky Mouse ear protectors. Yet it had a rhythm,

NORTH COUNTRY NOTEBOOK



By JOHN HARRIGAN

and when everything was running right, and we were humming along at 10,000 copies an hour, we listened for the slightest deviation.

Once in a great while, some wise guy perceiving all this would drop a wrench onto the concrete floor. Our hearts leapt into our throats. He

thought it was funny and was quickly shown the door.

+++++

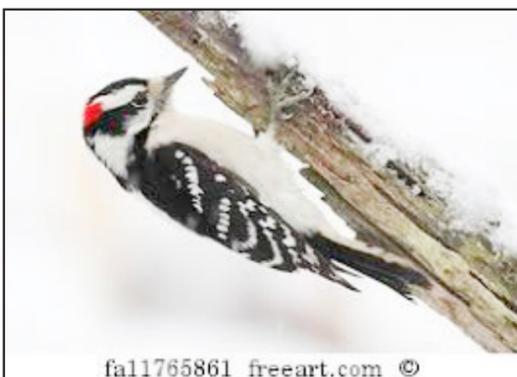
I'm a people-watcher and have watched how people handle silence, as in the doctor's waiting room or in line at the ATM. People who seem disinclined or unable to read for enjoyment will tap their fingers on the waiting room table or bounce one leg over the other. Men in line will jiggle their pocket change.



JOHN HARRIGAN

Mid-winter's snow pack has a way of muffling noise, some on the outside that never gets inside.

+++++



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A DOWNY woodpecker, sometimes indistinguishable to the layman (that would be me) bird watcher.

This drives some people (me) even crazier than they already are.

Part of this is because our society has become so infatuated with (and saturated by) radio and TV. And

television and radio producers have been trained to fear and loathe a silence gap--any silence gap. Some producers fill these gaps with music, and others with drivel.

"What's that?" you say. "Drivel?" This is a line from a movie whose title I've temporarily misplaced. Readers tend to be quick to help on these things.

But should a silence gap occur, it'll instantly be filled by the city's or suburb's own background noise. When I first began visiting Manhattan, I could not understand why I was getting so tired, so soon. It wasn't the walking, it was the background noise--the sheer impossibility of finding or making silence.

In a silent house, any rap on the door sounds like a gunshot. This happened to me just the other day, when a "Rat-tat-tat-TAT!" brought me straight out of my chair.

I looked hither and yon for vehicle or visitor. Fierce winds sometimes hurl snow shovels around on the front porch, but with a sigh the wind pled innocent. And then, as I was hovering around the front door, it came again: "Rat-tat-tat-TAT." It was coming from the front soffit.

It was a woodpecker, of course, which I thought from just a glimpse as it flew off was a downy woodpecker, but of course it could have been a hairy woodpecker, because I only saw it for a snippet.

"What a hammer-head," I yelled after the bird, a term Rudy Shatney so often used during my years at Clarksville Pond, then as now a term of endearment.

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

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presentation schedule

Time	Vendor	Presenter
10:20	Star Clippers	Jeri Hamilton
10:40	Insight Vacations	Holly Hauser
11:00	Un-Cruise Adventures	Gisele Fernandez
11:20	Crystal Cruises	Dottie Veneto
11:40	Club Med	Aideen Mulholland
12:00	CIE Tours	Christina Aresco
12:20	Marriott Resorts/Caribbean	Michael Rudloff
12:40	Aruba Dept of Tourism	Katy Kennedy
1:00	Trafalgar Tours	Bryan Towler
1:20	Viking River Cruise	Donna Nightingale

March is Colorectal Cancer Awareness Month

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Dr. Molano

Dr. Barton

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a member of GraniteOne Health

Locke Lake board meeting is March 21

BARNSTEAD — The next Locke Lake Colony Association public Board of Directors meeting will be held on Thursday, March 21, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.

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SPORTS

Allison Bean skis to Skimeister title Kingswood girls fourth, boys sixth at Nordic State Meet

BY JOSHUA SPAULDING

Sports Editor

GILFORD — A beautiful sunny day at Gunstock Mountain Resort served as the backdrop for the Division II Nordic State Meet on Tuesday, March 5.

The Kingswood Nordic team was among the 10 teams competing with the girls finishing in fourth place overall and the boys placing sixth.

The day kicked off with the classical races in the morning and the freestyle races took place in the afternoon. The Division II races were sandwiched around races for Division III.

The highlight of the day for the Kingswood team came from junior Allison Bean, who won the Division II Skimeister award. The Skimeister competition is for athletes who compete in both Nordic and alpine throughout the season. The scores from the giant slalom and slalom at the alpine State Meet are combined with the scores from the freestyle and classical Nordic races to determine the best overall skier.

Bean took the win, taking the mantle from her older sister, Sarah, who was a two-time Skimeister. Kennett's Jordanna Belle-Isle finished in second place and Sami Hotchkiss of Kingswood finished in third place.

In the morning classical race, Sarah Peternel led the way for the Kingswood girls, finishing in fifth place with a time of 19:01.8.

Bean was next for the Knights, finishing in 10th place in a time of 19:39.8 while Sarah Huckman was the third scorer with her time of 20:20.9 for 17th place.

Sarah Bellefleur rounded out the scoring for the Knight girls in the classical race, finishing in 18th place in 20:22.9.

Sarah Carpenter skied to 26th place in a time of 21:12.3, Rosemary Carpenter was 31st in 22:10 and Hotchkiss finished in 41st overall with a time of 25:24.3.

In the afternoon, Peternel again was tops for the Knights, finishing in sixth place with her time of 16:42.3.

Bean skied her way to eighth place with a time of 16:48.1 and Bellefleur again finished in 20th place, putting in a time of 17:45.1.

Huckman rounded out the scoring for the Knights with her time of 18:22 for 25th place.

Sarah Carpenter skied to 29th place in 18:36.6, Carolyn Day finished with a time of 19:18.3 for 31st place and Hotchkiss was 44th in 22:37.1.

On the strength of their top-10 finishes, both Bean and Peternel earned the chance to compete at the Nor-
SEE NORDIC, PAGE B2



THE KINGSWOOD Nordic girls had a little fun following the Division II State Meet last week.

JOSHUA SPAULDING

Kingswood Cal Ripken registration is open

WOLFEBORO — has opened registration and softball season. Kingswood Cal Ripken for the 2019 baseball Kingswood Cal Rip-

ken is open to students in Ossipee, Effingham, New Durham, Tuftonboro, Brookfield and Wolfeboro. For baseball, t-ball is offered for ages four through six, and for ages seven and eight, minors is for ages nine and 10 and majors is for ages 11 and 12. Softball is offered for 8U, 10U and 12U. Online registration is open at kcrbl.com for both baseball and softball.

PMHS seeking numerous coaches

ALTON — Prospect Mountain High School in Alton is in search of a varsity volleyball coach, a unified track coach, boys' and girls' varsity tennis coaches, assistant track coach and a JV baseball coach. Anyone looking for more information can contact Athletic Director Corey Roux at 875-3800.

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Brewster wins sixth national championship

NEW LONDON, Conn. — The Brewster prep basketball team defeated IMG (Fla.) in their opening game at the National Prep Championship, 87-71 on Wednesday, March 6. Brewster was led by captain Joel Brown (Brampton, Ontario) with 20 points, while unsigned forward Zane Meeks (Prairie Village, KS) contributed 18 points, including six three-pointers. Sophomore guard Terrence Clarke (Boston, Mass.) had 15 points, while senior guard Jalen Lecque (Teaneck, N.J.) contributed 12 points, seven rebounds and seven assists in the win. Senior forward Anthony Walker (Baltimore, Md.) added 10 points off the bench.

A couple hours later, the Bobcats returned to action in the quarterfinals. Brown hit a shot

with 0.6 seconds remaining in regulation to give Brewster an 82-80 victory over top-seed Woodstock Academy in the National Prep Quarterfinals at Connecticut College. Clarke had a team-high 20 points in the contest, while Lecque added 19 points. Forward Kai Jones (Nassau, Bahamas) contributed 12 points, including a huge three-pointer with one minute remaining in regulation. Senior forward Alonzo Gaffney (Cleveland, Ohio) was tremendous on the glass and had an impressive 16 rebounds in the victory.

Brewster picked up a 91-73 win over Massanutten Military Academy in the semifinals on Thursday morning to advance to the finals against Scotland Campus Sports later that evening. The Bobcats cruised



COURTESY PHOTO

THE BREWSTER hoop team celebrates the national prep championship last week in Connecticut to a 67-51 win over Scotland Campus Sports in the championship

game to pick up its sixth national championship in the last 10

years. Lecque took tournament MVP honors for

his work throughout the tournament.

US Freestyle Championships at Waterville Valley this weekend

WATERVILLE VALLEY — The U.S. Freestyle Championships will return to Waterville Valley March 15-17, where the nation's top mogul skiers will descend Lower Bobby's in a mogul and dual mogul format.

Bradley Wilson will look to defend both the men's mogul and dual mogul titles. Women's mogul champion Keaton McCargo retired after the 2018 season, but Tess Johnson will defend her dual mogul title. Another athlete to watch is Nessa Dziemian, a New Hampshire native from East Hampstead.

Schedule of Events:
Friday, March 15
12:50 p.m.-end: Ladies moguls qualifications.
Saturday, March 16
10:15 a.m.-11:30 a.m.: Men's mogul qualifications.
1:00-1:30 p.m.: Ladies mogul semifinals.

1:30-2 p.m.: Men's mogul semifinals.

2-2:13 p.m.: Ladies mogul finals.

2:13-2:25 p.m.: Men's mogul finals.

4-4:15 p.m.: Mogul awards ceremony.

Sunday, March 17th
10:45 a.m.-2 p.m.: Ladies and men's dual moguls.

3-3:15 p.m.: Dual mogul awards ceremony.

"Waterville Valley Resort was proud to host the 2018 U.S. Freestyle Championships last March. It was a great event showcasing amazing athletes. The entire Waterville Valley community is thrilled to be hosting the U.S. Freestyle Championships again this season. As the birthplace of freestyle skiing, this event holds a special place in everyone's hearts," Matt Hesser, Senior Director of Marketing for Waterville Valley Resort.



JOSHUA SPAULDING

Skimeisters

Kingswood's Allie Bean (center) captured the Division II Skimeister Award at the Division II Nordic State Meet on Tuesday, March 5. Bean edged out Kennett's Jordana Belle-Isle (left) while teammate Sami Hotchkiss (right) finished in third place. Skimeister combines a skier's alpine and Nordic scores from their respective State Meets.



JOSHUA SPAULDING

ALLISON BEAN skied to the Skimeister title with two top-10 finishes at the State Meet last Tuesday.



JOSHUA SPAULDING

AXEL PLACHE skis during the Division II State Meet last week.



JOSHUA SPAULDING

SARAH PETERNEL led Kingswood in the Division II State Meet last week.



JOSHUA SPAULDING

JACKSON BOUDMAN rounds a turn in the Gunstock course during last week's State Meet.



JOSHUA SPAULDING

SARAH HUCKMAN rounds a corner in action at Gunstock last week.



JOSHUA SPAULDING

ROBBIE HOTCHKISS was third in the Division II Skimeister competition.



How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

NORDIC

CONTINUED FROM PAGE B1

dic Meet of Champions, which took place after deadline on Tuesday, March 12, at Proctor Academy.

For the boys in the morning classical race, Axel Plache led the way with a time of 16:12.1 for 12th place overall.

David Sandoval was next for the Knights, finishing in 18:38.3 for 31st place overall and

Jackson Boudman was right behind him in 32nd place in a time of 18:47.7.

Robbie Hotchkiss rounded out the scoring for the Knights, finishing in 38th place with a time of 21:27.

Tim Huckman finished in a time of 21:45.1 for 40th place overall to round out the field of Knights.

In the afternoon freestyle race, Plache again was first for Kingswood,

finishing in 14th place in 14:30.9.

Boudman was next, placing 35th in 17:23.4 and Sandoval was 42nd in a time of 19:21.3.

Huckman rounded out the scoring for Kingswood with a time of 19:58.4 for 44th place.

Hotchkiss finished in 45th place in 20:59.6.

Hotchkiss finished in third place in the Division II Skimeister competition behind Jackson

Burnham and Ryan Neal, both of ConVal.

In the girls' competition, Kennett took top honors, followed by Hanover and Lebanon. For the boys, Hanover took the top spot, followed by Kennett, Bow, Lebanon and Plymouth

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Brawlyball

JOE SOUZA

The first Brawlyball fundraiser volleyball game took place on Friday night in the Kingswood gym. The event was coordinated by Kingswood students as a fundraiser for Kingswood Regional Middle School student Eli Bunnell and his family. The event featured a volleyball game between boys in the senior class and the junior class.

Doherty impressive at World Championships

BY BILL KELLY
US Biathlon

OSTERSUND, Sweden — The U.S. team spent three quarters of Thursday's mixed relay in the top 10 before faltering late to finish 19th on the opening day of the 2019 IBU Biathlon World Championships in Ostersund. The foursome of Susan Dunklee (Barton, Vt.), Clare Egan (Cape Elizabeth, Maine), Sean Doherty (Center Conway) and Leif Nordgren (Marine, Minn.) crossed the line seven minutes, 21.2 seconds back, with three penalties and 13 spare rounds on the shooting range.

Dunklee had the second-fastest course time on the opening leg, but was set back by needing five spare rounds on the range. She tagged off in eighth place to Egan, 55.1 seconds off the lead. Egan was solid on the range, needing just three spare rounds before exchanging with Doherty for the third leg in 10th position, 1:34 behind.

Doherty cleaned all 10 targets and turned in the fourth-fastest range time for the third leg, moving the U.S. squad up to seventh place for the final exchange with Nordgren, 2:28 back. However, Nordgren experienced an off day on the course, needing five spares and incurring three penalties, which dropped the American team down in the standings.

"I am very happy with my execution on the range," said the clean-shooting Doherty. "Today we had a pretty soft course with snow-

fall throughout the day. It's a good sign to start off the week here. Tough to have it come undone at the end, but that's biathlon and there will be more races for redemption."

The Norwegian team of Marte Olsbu Roiseiland, Tiril Eckhoff, Johannes Thingnes Boe and Vetle Sjastaad Christiansen pulled away in the last two legs of the mixed relay to claim the gold medal with seven spares in 1:17:41.3. Germany, with nine spares, won the silver medal, 13.1 seconds back. Italy, with 14 spares, took the bronze medal, 1:09.6 behind Norway.

A day after the U.S. women's team qualified three athletes for Sunday's IBU Biathlon World Championship pursuit races, the U.S. men's team matched their performance. Clean shooting on the range in Saturday's men's 10-kilometer sprint propelled Doherty and Nordgren into tomorrow's pursuit race along with teammate and world championship rookie Jake Brown (Saint Paul, Minn.).

Doherty finished in 22nd place, one minute 32.1 seconds off the winning pace, while Nordgren came in 34th, 1:51.5 back. Brown cleaned from the prone position and then overcame three misses in standing to slip under the top-60 cutoff in 58th place, 2:41 behind.

For Doherty, it was a career-best finish at a world championships, this year's edition being his fourth. His previous best finish was 34th in

the individual in 2016. For Nordgren, it was a nice recovery from a shaky anchor leg in Thursday's mixed relay that saw him incur three penalties and use five spares on the range.

"I am very happy to continue my good shooting groove," said Doherty. "We had great skis to go along with the shooting today, so all the pieces were there for a strong performance. It will be exciting in the pursuit. I always enjoy starting in the thick of the action."

Boe took the men's sprint victory in 24:37.6, with one penalty. Second place went to Russia's Alexander Loginov, with clean shooting, 13.7 seconds back. France's Quentin Fillon Maillet also shot clean to claim the bronze medal, 16.5 seconds behind Boe.

Egan and Doherty continued their week of solid performances on Sunday with top-20 finishes in their respective pursuit races at the IBU Biathlon World Championships in Ostersund. Egan battled to a 12th-place finish in the women's 10-kilometer pursuit, the fourth-highest result of her career, while Doherty turned in his best performance at a world championship with a 20th-place effort in the men's 12.5km pursuit.

The women's pursuit saw a stiff wind blowing throughout the competition, resulting in no one in the field of 55 starters going clean on the shooting range. Egan sandwiched clean rounds between two penalties in

her opening prone stage and three in the final standing stage. Her time was two minutes, 44.3 seconds off the winning pace.

Germany's Denise Herrmann used fast skis and a clean last standing to secure the women's pursuit gold medal in 31:45.9. The two-penalty victory was the fourth of her career, three of them coming at Ostersund. Tiril Eckhoff of Norway outperformed Germany's Laura Dahlmeier to take the silver medal, while the German won her second bronze medal of the week. Eckhoff, with two penalties, finished 31.4 seconds back, just .2 seconds ahead of Dahlmeier who missed only one target on the windy day.

Dunklee also had a solid day in the challenging weather conditions, moving up 29 places in the field to finish 24th, with three penalties, 3:27.6 back of Herrmann. Joanne Reid (Grand Junction, Colo.), with six penalties, was 32nd, 4:24.2 behind.

A day after posting his best world championship finish of 22nd in the men's sprint, Doherty bested that effort with his 20th-place effort in the pursuit. Doherty had just two penalties on the range, one in prone and one in standing, to finish 1:54.3 off the lead.

"I'm proud of how hard I fought today," Doherty said. "There was a lot of opportunities on the shooting range today and I am happy I was able to take advantage. Now to recharge for a bit and attack week two."

The surprise victor

in the men's pursuit was Ukraine's Dmytro Pidruchnyi, winning in 31:54.1 with two penalties. It was the first podium of his career at the World Cup level. Boe, with five penalties, won the silver medal, 8.3 seconds back. Maillet won his second bronze medal

in as many days, with three penalties, 17.7 seconds behind Pidruchnyi.

Nordgren went clean in prone but had four penalties in standing to finish 44th, 4:02.7 back, while Brown placed 53rd with seven penalties, 6:00.8 back.

Club hosting corned beef and cabbage dinner

GILFORD — A corned beef dinner with all the fixings will be held at the Belknap County Sportsmen's Association club house on Lily Pond Road on Thursday, March 14, at 6 p.m. A New England boiled dinner with corned beef, cabbage, potatoes, turnip, onions, carrots and homemade Irish Soda Bread.

The history of the state's iconic Swenson Granite works will be detailed in a talk given by its sales manager, David Duford. Swenson Granite is a family-owned business that has been quarrying and cutting granite in New England

since 1883. Founded by Swedish immigrant John Swenson, the company is now headed by the fourth generation of the Swenson family.

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Admission is open to all club members and the community at large, water and soda provided.

Ryan Goggin Memorial 3v3 tournament returns March 29-31

WOLFEBORO — For the second year in a row, a 3v3 cross ice tournament is being held to remember Ryan Goggin and raise funds for scholarships for Back Bay and Pop Whalen Ice Arena in his name as well as contributing to Pop Whalen Ice and Arts Center expansion.

For more than seven years, Goggin proudly served his country as a U.S. Army Infantry Sergeant in Texas, Korea and Iraq. After suffering serious injuries, Goggin came back to the U.S. to receive medical treatment and rehabilitation services. Given an honor-

SEE GOGGIN, PAGE B8



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Track and Field Coach
Assistant Track and Field Coach

The Gilmanton School is looking for a track coach and assistant coach for this year's team. There are five meets this year, 3 in April and 2 in May. Practices will need to begin this month. Both positions are paid \$1,000 for the season. The coaches will be responsible for organizing all practices, preparing the athletes for their events and recording data during and/or after each meet to determine eligibility for the championship meet at the end of the year.

Please send letter of interest to:

John McDonough
Gilmanton School
1386 NH Rte. 140
Gilmanton I.W., NH 03837

Deadline: March 22, 2019 or until the positions have been filled.

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Candidates must be detail oriented with a minimum of five years of supervisory experience. Strong communication skills are essential. Experience with NHDOT, FHWA and/or municipal projects is favored. Salary commensurate with experience. Post-offer physical and drug screen is required.

We will offer the right person a full-time position with a rich benefit package. Please reach us at jobs@rmpiper.com or P.O. Box 490 Plymouth, NH 03264 and provide your resume. All responses will be kept confidential. We are an equal opportunity employer.

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The winter season draws to a close

And just like that, the winter sports season has come to a close.

The winter sports season is a long one. It started before Thanksgiving for the athletes and the week after Thanksgiving for the local sports reporters covering the games. It is the longest of the three high school sports seasons and at times, it seems like it can last forever. However, it's also the slowest of the seasons in my world, as many of the sports have just one match or meet a week.

But it is time for the season to be over.

On the local scene, there was some great stories throughout the sea-

SPORTING CHANCE

By JOSHUA SPAULDING



son. The Kennett alpine boys and Nordic girls both picked up Division II championships while the Eagle alpine girls and Nordic boys each finished as the runners-up in Division II. The Kennett hoop girls finished as the Division II runners-up after a successful season while the Newfound hoop girls made it to the Final Four before falling in the Division III semifinals. The Newfound spirit team advanced to the state championship after a strong showing in the Division

III meet and the Plymouth gymnastics team had a successful debut season and finished in seventh place in its first state championship. The Newfound unified hoop team advanced to the tournament in just its second year in existence.

There were also some great individual performances. Kennett's Dylan West won the Division II slalom title while teammate Connor Glavin won the Meet of Champions slalom title and both athletes, along with teammate Eva Drummond and Ashton Coleman, advanced to the Eastern High School Championships. Newfound's Ash-

lee Dukette recorded her 1,500th-career point in the Division II semifinals, not long after picking up her 1,000th-career rebound late in the regular season. Kennett senior Izzy Wroblewski joined her father in the school's 1,000-point club with a win over Con-Val late in the regular season. Plymouth's Joe Cleary and Charlie Comeau both won Division III wrestling titles and along with teammates JC Gaumer, Joe Peters and Trevor Randlett all advanced to the Meet of Champions. Kingswood hockey senior Sam Danais reached the 100-point mark for his career and earned Division II Second Team All-State. Teammate Nick Potenza earned Division II Honorable Mention

All-State while Kennett hockey players Trevor Olivier and Trevor LaRusso each earned Division III Honorable Mention All-State. Kennett's Chris Caputo won the Division II indoor track long jump title while fellow Eagles Aidan Hagerty, Hannah Thelemarck and Helen Badger each picked up individual Nordic titles. Kingswood's Allison Bean won the Division II Skimeister Award while Kennett's Jordanna Belle-Isle finished in second place and Kingswood's Sami Hotchkiss was third. Kingswood's Robbie Hotchkiss was third in the boys' Skimeister for Division II. Kennett's Zach Grzesik jumped to the state (and national) high school ski jumping championship.

While some teams had more success than others, it's safe to say there was plenty of success on the local scene this winter, which made covering the winter season all that much more fun.

Finally, have a great day Lloyd and Lynn Jones.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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League champs

The Back Bay Bantam hockey team won the 2019 Seacoast Hockey League Championship. After a five-minute 3v3 overtime, the game was won in a shootout. Front row (l to r), coach Peter Kelly, Braden Cash, coach Chuck Smith, Dylan Mathieu, Andy DoCarmo, Shaw Swinerton and coach Jason Lamontagne. Standing (l to r), coach Tim O'Keefe, Will Danais, Gage Lamontagne, Cameron Kean, Abby Kelly, Lucas Belmont, Colby Davis and coach Mike Danais. Absent from photo are T.J. O'Keefe, Zachary Spicuzza and Nick Therrien.

COURTESY PHOTO

HOSPICE VOLUNTEERS REGISTER BY APRIL 8th!

Call to register: 603-279-6611

Volunteers are an important part of the hospice supports offered by LRVNA to the terminally ill patients in our community. As compassionate companions, hospice volunteers can help to ease the burdens of caregivers and patients as they address end of life issues and concerns. Patient companionship and caregiver respite are at the heart of a hospice volunteer's service. The deeply intimate and caring relationships that arise are mutually fulfilling and meaningful. If you are considering sharing your time and your heart with others, we welcome you to apply for our upcoming hospice volunteer training to learn more about this opportunity.

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GOGGIN

CONTINUED FROM PAGE B3

able medical discharge, he moved back to Wolfeboro to be close to his family.

Before beginning college in Colorado in fall 2015, Goggin decided to take a backpacking trip in Peru. Due to plane delays, his trip was extended from three to seven weeks. The morning of his flight back to the U.S., Goggin began to feel dizzy and could barely walk through the airport to board his plane. Upon landing in Miami, he was rushed to the VA to begin medical testing. On Jan. 24, 2016, Goggin was diagnosed with Acute Lymphoblastic Leukemia.

This may have resulted from exposure to radiation or cancer-causing chemicals while he was serving his country.

Unfortunately, Goggin lost his battle on March 31, 2017.

The annual tournament will take place at the Pop Whalen Arena March 29-31.

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