

Newfound Landing

THURSDAY, AUGUST 2, 2018

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COMPLIMENTARY

Alexandria police announce public forum on sexual assault

Meeting comes in the wake of complaints about Newfound guidance counselor's testimony

BY THOMAS P. CALDWELL
Contributing Writer

ALEXANDRIA — Police Chief Donald Sullivan has scheduled a public forum at the Alexandria Town Hall on Thursday, Aug. 9, to reassure the public that there are “true professionals out there who will treat victims with respect and support them.”

The meeting is in response to a public outcry — with Sullivan’s voice being among the loudest — over testimony by Shelly Philbrick in support of a convicted child rapist.

Philbrick, a guidance counselor at Newfound Regional High School, was among several former colleagues of Kristie Torbick who argued for leniency during the sentencing phase of Torbick’s trial.

Torbick formerly worked in the Newfound Area School District, and she was working as a guidance counselor in the Exeter School District when she became romantically involved with a 14-year-old freshman at the school. She pleaded guilty in July to four

counts of felonious sexual assault.

Philbrick testified that “to incarcerate Mrs. Torbick as part of any plea bargain would be a sad injustice to her own three children, one of which is only 3 years of age.”

Sullivan expressed his dismay on Facebook, writing “I’ve worked in Law Enforcement for over twenty years and have worked with some of the most honorable men and women you could ever meet. I want everyone to know that

SEE FORUM, PAGE A11

Collapse of market does not mean recycling is dead

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Yankee frugality meshed with concerns over the environment when communities began their recycling programs. Not only were towns extending the lives of the landfills, the money they made by recycling glass, paper, and aluminum could subsidize the entire solid waste disposal effort. So when the bottom fell out of the recyclable market, it created a real dilemma. It now costs nearly twice as much to get rid of the recyclables as it does to send everything to a landfill.

In Bristol, town officials were already trying to keep a tight lid on spending in order to stay within the budget that voters approved in March. Town Administrator Nik Coates estimates that continuing the recycling program will leave the transfer station operations \$25,000 in the red by year’s end — and that is after asking residents to separate glass from the other recyclables.

Looking at it from an economic perspective, it appears to make more sense to just throw everything into the solid waste bin.

Michael Durfor, executive director of the Northeast Resource Recovery Association, urged selectmen to refrain from making that choice.

“The cheapest way to get rid of used oil is to dump it on the ground, if you’re just going to count beans,” he said. “It’s not the right thing to do, and

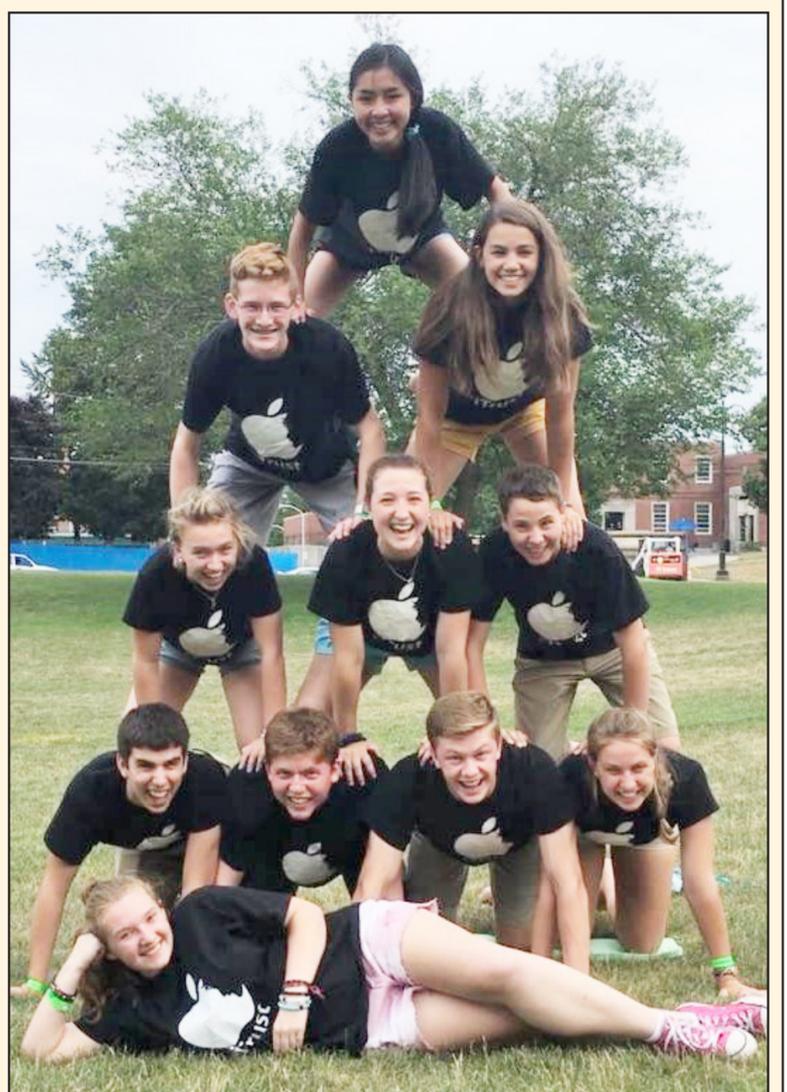
those things have a cost.”

In fact, he argues that making the cheaper choice now will end up costing more down the road.

Durfor said New England landfills are closing or reaching capacity, and there is a possibility that, within the next eight to 10 years, there will be 5 million tons of solid waste with nowhere to put it.

“If you know you’re going to have a shortfall in space to get rid of

SEE RECYCLING, PAGE A11



A group of teens from Holy Trinity Parish demonstrate their pyramid-building skills during the recent Steubenville East conference. COURTESY

Local man gives Dominican family a fresh start

BY DONNA RHODES
dirhodes@salmonpress.news

BRISTOL — Dan Schweitzer has been sailing the seas since 2005, working aboard or captaining vessels ranging from tugboats to 200-ton cargo ships and everything in between. While working on a National Geo-



A young mom named Deici and her daughter stood outside their shack in the Dominican Republic for a photo before Dan Schweitzer of Bristol had it torn down and replaced with a solid, leak proof home. COURTESY

graphic cruise down the West Coast, however, his focus in life was completely changed.

The cruise took him into the Panama Canal, an area of the world he had never before seen, and as he took in some of the poverty of Central America, he found he was deeply affected. Hearing his reaction to those sights, a friend told him he should visit the Dominican Republic sometime to see how people there were living there as well.

On his next break from sea, Schweitzer did just that. He traveled to the nation’s cap-

itol of Santo Domingo, where he soon made some friends and even helped build a house for the brother of one of them.

Encouraged to next visit the “campo” (countryside) outside the capitol city, he found abject poverty that touched his heart.

“I saw how people were living in these shacks and thought I just had to do what I could to help them,” he said.

On that visit, Schweitzer met a young single mother named Deisi who made a liv-

SEE SCHWEITZER, PAGE A12



Danbury’s oldest resident, Edward Rocher (seated), was honored with the presentation of the Boston Post Cane last Wednesday evening. Joining him that night were his son Ted Roche and wife Tara, grandchildren Brynn and Tyler Roche, daughter Maryann Crow and her husband Tim and their children Katrina and Kira. (Missing from photo was grandson Sean Crow)

Danbury’s Edward Rocher receives Boston Post Cane

BY DONNA RHODES
dirhodes@salmonpress.news

DANBURY — On Wednesday, July 25, family, friends and town officials gathered at the Danbury Town Hall to congratulate Edward Roche as he was presented with the town’s Boston Post Cane, signifying him as the oldest resident in Danbury.

Roche, who will turn 94 on Aug. 14, was

thrilled.

“This is quite an honor,” was all he could say as he looked around the room filled with people.

Roche is a former Danbury selectman and the current board regaled him with readings from the Town Reports concerning decisions he had made in the 1960’s, when among their other duties, it was up to selectmen

back then to burn the trash at the town dump. Highways and bridges were a big issue in those days (some things haven’t change, one selectman joked) but the price to restore them during Roche’s tenure was only \$70.

“Most of the roads were dirt back then, and I ran for selectman to help get them paved,” Roche recalled.

SEE ROCHER, PAGE A11

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Hebron Church Fair offers a day of family fun

ALL PHOTOS BY JAY SCARBOROUGH



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Daily Evenings: 7:30, 10:00 PM

MISSION IMPOSSIBLE FALLOUT PG-13
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DON'T TEXT AND DRIVE





DONNA RHODES

At Plymouth Senior Center's 25th anniversary party, some couples enjoyed time on the dance floor as the Swing Rocket jazz ensemble entertained the crowd.



DONNA RHODES

Ray Coutu and Gerry Ball showed visitors some of the projects they have done through Plymouth Senior Center's wood carving group.



DONNA RHODES

During last week's 25th anniversary celebration at the Plymouth Senior Center, Sara Dembiec and Pati Wolfgang displayed some of the beautiful bedspreads they have made during their weekly Crazy Quilting sessions.

Plymouth Regional Senior Center celebrates 25 years of serving the community

BY DONNA RHODES
dhrhodes@salmonpress.news

PLYMOUTH — The Plymouth Senior Center opened its doors last Friday evening and invited the public to join in the fun as the celebrated 25 years of serving the needs of senior residents in the community.

The center was once the site of the Boston & Maine Railroad, serving not only the town of Plymouth but several other communities along its route. In time there was no longer a need for the railway and the building was abandoned.

In 1990 the property was turned over to the Town of Plymouth and the Grafton County Senior Citizens Council then agreed to assume ownership to make it a senior center. With its 15,000 square feet and a \$1 million renovation, it has become a vital part of the community, serving older residents in many capacities.

On July 27, people were invited to drop by the facility, learn more about services offered there and join in the celebration with the many who already call Plym-

outh Senior Center a second home.

In the dining hall, there was punch and refreshments for all, along with live music provided by the jazz group Swing Rocket out of Bristol. While many people enjoyed listening to their music, some even took a few spins across the dance floor as well.

Besides a tour of the building, visitors were also able to speak with some of the groups that offer activities at the center. Susan Macleod discussed her weekly Tai Chi and Dao Yi classes for seniors while Marjory Fellows of the Central New Hampshire Artists group introduced people to her Wednesday morning programs.

"We have a variety of guests who come to work with the group as they experiment with new mediums in art. Members just need to be interested in learning and sharing their work. We support each other in our creative endeavors and are always looking for new people to join us," Fellows said.

Another group was the Crazy Quilting Club, where members gather

together each Thursday morning to work on their latest projects. There is also the Book Group that meets the first Tuesday of every month, yoga, Bone Builders, and line dancing classes on Fridays with Joan Randlett. Men at the center also enjoy the Wood Carving group led by Gerry Ball and the "go-to" guy in carving, Ray Coutu.

Other popular social clubs include people who carpool together for bowling at Funspot, golf at White Mountain Country Club or perhaps just shoot a little pool on the upper level of the center. Norm Jeffrey said one room upstairs is now home to a beautiful pool table that was donated by Bob DeGroat of Wentworth.

"We even named our pool hall after Bob," Jeffrey said.

Operation Able is another vital part of the senior center's activities. Volunteers in that group helped coordinate the planting of new gardens outside the center this year. The Plymouth Rotary, Plymouth Area Democrats, Wendy's Landscaping and other private do-

nations, along with the guidance of Master Gardener Mary Savage, helped make each flowerbed along the entryway possible. The center's director Gail Emmons-Shaw said volunteer Barbara Fitzgerald was their "wind beneath the wings" for this year's project.

Fitzgerald said Operation Able allowed interested seniors the chance to take part in

the project but, more importantly, now that they're finished the gardens have helped draw others outdoors for fresh air and relaxation.

"It was really a great team effort," Fitzgerald said.

Besides all the activities, there is a popular gift shop inside the center, daily lunches are served in the large dining hall and the

Meals on Wheels program operates out of the expansive kitchen. Lisa Minickiello oversees that function and said they send out an average of 110-115 meals five days a week to residents in several surrounding towns. Frozen meals are distributed on Fridays to get people through the weekends.

"We serve qualified residents in Plymouth, SEE SENIOR CENTER, PAGE A12

Humane Society hosting classic car show Saturday

BRIDGEWATER — Like shiny classic cars? Love to hear them purr? And roar?

Well, then be there in Bridgewater, at 305 Whittemore Point Rd. North, on Saturday, Aug. 4 between 10 a.m. and 2 p.m. as dozens of vintage and classic cars converge to gleam at the New Hampshire Humane Society's fourth annual car show fundraising event.

Along with being able to check out all the colors, styles and shapes of these amazingly well kept cars, will be games, food, live music, sponsored by the generous donation from the Meredith Village Savings Bank, silent auction items including: some fantastic vacation packages to: Nashville, the Sam Adams Brewery, Disney and Broadway for a couple of plays and more fun for individuals, couples and families of all ages!

Last year, several hundred people attended the event and raised just over \$10,000. This

year, we hope to eclipse that amount.

Each year, the event is put on by the incredible team of volunteers organized by Anne Bryan, who generously opens up her property for the event, and a small committee of incredible ladies that we thank very much for their continuous support and effort.

Mega thanks to the Meredith Village Savings Bank for their sponsorship of the musical act, who will most certainly entertain the masses from the main stage.

For more information on the event, visit nhhumane.org.

The New Hampshire Humane Society is a

local resource for communities across Belknap County, providing safe harbor for the lost, neglected, abused and unwanted animals of the region. The animal advocacy and adoption agency receives no Federal or State funding, nor financial support from any national charities, rather the mission continues because of donor support from individuals and businesses who care about animal welfare. To learn more about New Hampshire Humane Society check out their website www.nhhumane.org and for more information about the ride, visit sickboy.com or laconiamcweek.com.

State Police activity log

REGION — State Police Troop F reported the following arrests from July 6-20.

On July 6, on route 3 in Columbia, Nelson Chapple, 23, of Stratford was arrested on two counts of DUI-Impairment.

On July 6, on Route 3 in Stewartstown, Jamie West, 24, of Manchester was arrested for Hindering Apprehension and Prosecution, Arrest on a Bench Warrant and Contempt.

On July 6 in Franconia, Ran Li, 40, of Winchester, Mass. was arrested for Reckless Operation.

On July 7, on Route 16 in Gorham, Michael Murdoch, 57, of Mill Valley, Calif. was arrested for Driving after Suspension and DUI-Impairment.

On July 7, on Route 3 in Thornton, Patrick Thompson, 31, of Meredith was arrested for DUI-Impairment, second or third.

On July 7, on Route 135 in Dalton, Eric Brower, 40, of Stratford was arrested for DUI-Impairment.

On July 8, on Route 104 in New Hampton, Isiah Batista, 18, of New Hampton was arrested

on a Bench Warrant.

On July 11, on Route 3 in Northumberland, Beth Cameron, 30, of Colebrook was arrested on a Bench Warrant and Possession of a Controlled Drug.

On July 12, on Route 302 in Haverhill, Eric Hesseltine, 32, of Landaff was arrested for Driving after Suspension and DUI-Impairment.

On July 13, on Route 3 in Northumberland, Kenneth Meunier, 39, of Groveton was arrested for DUI-Impairment, second or third and disobeying an officer.

On July 13, on NH Route 10, at the Blueberry Self Storage in Haverhill, Sherrydenn Gonzalez-Ramirez 30 was arrested for Driving after Suspension and Suspension of a Vehicle Registration.

On July 14, on State Street in Groveton, Elizabeth Howland, 28, of Stratford was arrested on a Bench warrant.

On July 14, on I-93 in Holderness, Ayush Singh, 22, of Cambridge, Mass. was arrested for Reckless Operation.

On July 15, on I-93S in Thornton, Erin Chase, 37 of Hope, Maine was arrested for DUI-impair-

ment.

On July 15, on I93S in Thornton, Lauren Moore, 19, of Hudson was arrested for DUI-Impairment, Unlawful Possession/Intoxication and Possession of less than three quarters of an ounce of marijuana or hash, Transport of Alcohol by a Minor and DUI-adult greater than .08, Minor greater than .02.

On July 16, on Route 118 in Dorchester, Janet Quimby, 54, of Canaan was arrested for DUI-impairment.

On July 17, on Rum Hill Road in Bath, Zachary Lamarre, 21, of Bath was arrested for False Imprisonment, Domestic Violence, Obstructing Report of Crime or Injury.

On July 17, in Thornton, Steven York, 48, of Goffstown was arrested for Criminal Threatening with a Deadly Weapon.

On July 18, on East Side Road, in Wentworth, Dean Arsenaault, 33 of Ashland, was arrested on a Bench Warrant.

On July 19, on I-93 in Ashland, Duncan Smith, 28 of Boxborough, Mass. was arrested for Reckless Operation.



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The dangers of pot

BY KEVIN SABET

President and CEO

Smart Approaches to Marijuana

Pot shops will soon be officially open for business in Massachusetts. While this may be good news for the marijuana industry and its lobbyists, state officials need to proceed with caution - especially when regulating high-potency pot products such as gummies, lollipops, and other treats aimed at children. The fact is that we really don't know what's in these products, nor do we know about their long-term effects. More awareness is desperately needed about the dangers of today's highly potent marijuana. Public health - not the pot industry - should be leading this conversation.

Make no mistake: Pot is no longer about Woodstock - it's about Wall Street. Replicating the playbook of Big Tobacco, the marijuana industry routinely manufactures and markets kid-friendly products with the intent of creating life-long customers. Some of these new edibles and vaping extracts are 99 percent THC, the ingredient in marijuana that gets you high. Compare this to the 5 percent potency of the average joint in the 1970s.

While more research and data are needed to understand what these newly engineered products do to your brain, the negative impact of marijuana commercialization is already being felt in other legalized states. In the years since these states moved to liberalize their pot laws, drugged driving deaths have increased, emergency room visits have risen, and more young people are using marijuana. Last month, the National Institutes of Health released a study finding that one in four 12th-graders reported that they would try marijuana for the first time, or use it more often, if marijuana were

legalized.

That's why it is so critical to launch an aggressive public health education campaign in our schools and communities. Studies have shown that children who use any drug are more likely to develop an addiction or substance-use disorder. According to the Center on Addiction, 90 percent of all addictions start during adolescence, and 17 percent of adolescents and teens who begin using marijuana develop a marijuana-use disorder. Our brains are rapidly developing - and are highly susceptible to addiction - until at least our mid-20s. Industries that depend on addicted users have always targeted the young and vulnerable.

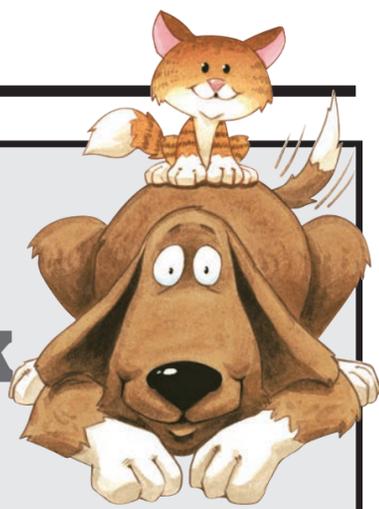
What the marijuana industry will not tell you is that regular, heavy marijuana use during adolescence is associated with an eight-point drop in IQ - a loss that is not reversed when marijuana use stops. We also know from several studies that heavy marijuana use among adolescents is associated with lower grades and exam scores, and a lower satisfaction with life. People who use marijuana are less likely to graduate from high school and enroll in college and more likely to earn less income.

Pot potency should be capped. The marijuana industry's influence on rule-making should be halted. And protections for vulnerable populations should be established and strictly enforced. In Colorado, an undercover study recently found that 69 percent of randomly selected marijuana stores recommended THC products to treat pregnancy-related nausea in the first trimester. Fewer than one in three of these stores recommended consulting a doctor.

Our choice was never between locking up users or commercializing

SEE CADY, PAGE A12

PET of the Week Brody



Energetic and full of life with a heart bursting to make a true connection with humans that will care for him always, the muscular, trim Brody, has been waiting since May for his forever home.

This handsome, stately dog hails from Texas, and in the usual scheme should already have been adopted - but he had some medical setbacks, long since resolved. He's as good-natured as he can possibly be, those Labrador mixed genes must be the reason why he is such a love, Brody has



formed some strong bonds with other dogs here, particularly his firm canine pal, Snickers.

It's high time Brody is granted his one true wish, a forever family.

Don't be daunted by his size, he is a big mush

at heart, and while he of course requires daily exercise, as all dogs do, not just being turned out in the back yard, but a solid and vigorous walk and some opportunity to leap about catching a ball, he is then ready to nap and cuddle

A sweeter dog you will not find in New Hampshire - come and meet him. Perhaps we can even convince you to take his friend too!!

Please come and see Brody you may just fall in love!

Check www.nhhumane.org or call 524-3252 for details.

MARK ON THE MARKETS

Investment risk assessments



BY MARK PATTERSON

If you are meeting with a broker, financial advisor, financial planner or investment advisor, you have likely been through an investment risk questionnaire. As a registered investment advisor, I used several risk assessment questionnaires and even post one on my website MHP-asset.com that anyone can access

and get a risk score. It is only my opinion that many of these risk tolerance questionnaires are a means for the broker, advisor or planner to plug-in an investment mix predetermined by your risk tolerance according to their questionnaire, while not addressing the real needs of the client.

MHP asset management is just that, an asset management firm. MHP's policy is to assume that our client is risk adverse until proven otherwise. I created that policy based on my 23 years in this business of good, flat and bad equity markets. When the markets have been good for extended period,

like now, many investors feel as though they can handle a lot of volatility. Those same investors are often the first to call, nervous about their accounts when we have tough times in the equity markets.

There is a second, and I believe larger, reason why you can't just plug in the investment portfolio based on a risk assessment. When reviewing prospective new family accounts held at other firms, there's a common flaw with many of these portfolios, because I believe the financial advisor really didn't ask enough questions to find out what the true needs of the client are, but were

only concerned with matching a predetermined portfolio with a risk assessment.

I use the risk questionnaire early in the risk assessment process, but that really does not address the needs of the client. For instance, the risk assessment states that a client may be able to handle moderate risk. What the assessment does not tell me is their need for income. So, this prospective family's portfolio may be suited for their risk tolerance but not their needs. If this prospective family tells me that they need a good portion of these assets for income in the next

SEE MARKETS, PAGE A12

Strategies for Living

From Katie, with love

BY LARRY SCOTT

Following a Christmas holiday visit to Uganda in 2006, and responding to a deep drive to serve in mission work in some form, Katie Davis was invited by the director of an orphanage in Uganda to join them as their kindergarten teacher. On her first morning in class, prepared for a group of 14, 138 showed up ... and Katie's heart was lost to "her kids." It is a fascinating story, told in her book, *Kisses for Katie*, and perhaps one incident a few years later, will tell the story.

"One of my favorite mornings after I returned to Uganda [following a one-semester attempt at a college education] began when my three oldest daughters [she was, at the time of her writing, in the process of adopting 13 children "of her own"] marched into my room,

where I was still sleeping. 'Mommy, there are children we need to help, please.' 'Okay,' I said groggily, 'where?'

They took me to the abandoned house down the road. In the back room were seven children on the dirt floor. They were completely filthy and starving. The oldest was eleven and the youngest was two years old. I had never seen children so sick. ... They all had severe ringworm, malaria, and scabies ... among other conditions. Two of them were the skinniest human beings I had ever seen.

Of course, the girls and I took them home. I have never been so proud of my family as I was when I watched their reaction. Prossy, Margaret, and Agnes went straight to the tub to give the children baths. ... In less than an hour, our seven neighbors were a

new bunch of children - bathed, dressed, fed, and giggling. ...

This was one of many, many times I have watched my children embrace and welcome in our home strangers and people in need. ... How beautiful it is to watch the unwanted feel loved and important, to watch strangers become family members (*Kisses from Katie*, p. 142)."

Katie Davis may seem to be a special case, but let us remember that at the beginning of this journey, Katie was a teen-age girl with a deep love for children, a deep-driving desire to serve, and with no place to go. Circumstances challenged her willingness, and with each step, another door opened, and the rest, as they say, is history.

Although our role within the family may not be played out in such an exotic setting as it

was for Katie, a revitalization of the American family is priority one, especially when we see what is happening in our society today. The life that Katie provided for each of her girls was, indeed, a godsend. Her love, her commitment to their well-being, the discipline she had to demand if her family was to remain viable were, in a real way, Christianity in action.

You can believe the task of cooking for, feeding, and educating a family like Katie's was not a life of peaches and cream. Katie has little to say about this, overwhelmed as she is for the privilege of raising "my girls." If we have been honored with a family, it is a privilege to live a life before them that they can emulate and of which we can be proud.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18TH, 2014

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Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

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Towns

Alexandria

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Do you like old houses? Alexandria Historical Society will be presenting "Researching Your Old House" by Andrew Cushing from NH Preservation Alliance on Thursday, Aug. 23 at 6 p.m. in the Alexandria Town/Grange Hall on Washburn Road. The event is free and refreshments will be served!

Town

Household Hazardous Waste collection

Saturday, Aug. 4
8:30 a.m. to noon

NH DOT Garage, Bristol Call 744-3354 or 744-2441 for more information.

Board of Selectmen meeting Tuesday, Aug. 7 at 6 p.m. in the Municipal Building.

Alexandria UMC

Community Dinner Saturday, Aug. 4 at 5 p.m. We're going to have another cookout which will include hamburgers, hotdogs, various salads, dessert and beverages. The tent is up, so you can eat inside or out. Come on over for a great meal, good conversation and a fun filled time!

Sunday, Aug. 5, services will be at 9 a.m. There will be an Administrative Council Meeting following the services.

Almost time for the Church Fair which will be Saturday, Aug. 11 from 9 a.m. until 3 p.m. on the Church Common. Be sure to stop in at the Bake Sale in the Vestry which is sponsored by the Women's Aid to Alexandria Church.

That about wraps it up for this week. If you have an announcement, or an event coming up, please feel to contact me on the telephone or via email. Thank you, Joe; I'm hoping to be able to save the date on Researching Your Old House. If only we knew all the stories they hold!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

Everyone's invited

to the South Danbury Church for our summer potluck breakfasts and Table Worship at 8:30 a.m. Come even if you don't have something to bring - there is always plenty of food and conversation to share at South Danbury.

The last much loved tool sale to benefit the preservation fund for the south Danbury church will be on the map for the town wide yard sale on Saturday, Aug. 4. There are still a lot of vintage, old and not so old items to choose from. Maps go on sale at 8 a.m. at the DCC.

Grange Fair

The 104th grange fair is next month on Saturday, Sept. 8. The day gets underway with the PTO pancake breakfast which is held at the elementary school from 7:30 to 9:30 a.m. Before leaving, check out the school gardens which are meticulously cared for during the summer under the direction of Sharon Klapkyk. The activities at the grange hall open at 9am and includes exhibits, crafts, games and the household treasures sale. For questions or to offer your help call Lisa at 252-4440.

Veterans' Market Dollars

Veterans should stop by the Wilmot, Franklin, Concord or Contoocook Farmers markets with an ID to get \$20 in Veteran Bucks which are good for items from participating vendors. Veterans may come weekly. The certificates can be used at any of the before mentioned markets. Merrimack County Conservation District runs the EBT/SNAP programs at these markets and are very pleased to be able to offer this program to our area veterans. The Wilmot Market, Concord and Contoocook markets run on Saturday mornings while the Franklin Market runs on Tuesday afternoons from 3-6 at the Bessie Rowell Community Center.

Farm Days

The Danbury Historical Society has two days of events planned for the weekend of Aug. 12. There are several

speakers on Saturday at the DCC plus a tour of Reuben's Rescue Ranch while Sunday features a Zucchini Festival at the Grange hall parking lot, and tours of the Elmwood and the Huntoon Farms. A complete schedule can be found on the friends of Danbury page on Facebook.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

Groton Old Home Days will be Aug. 18 with the parade lining up at 5 p.m., and will be over when it gets over. There will be a band playing for part of the evening and grilled hot dogs and burgers and goodies provided by the Town. There will be raffle items also. If you'd like to participate in any way please contact the Town Offices and we'll direct you to the right person.

Make sure you are utilizing the Hebron Library which is free to Groton residents. The library hours are Mondays, 4 - 7 p.m., Wednesdays 1-5 p.m. and Saturdays 9 a.m. - 1 p.m.

The news on April Rogers is that she is doing well. She had a second surgery on Thursday morning and came through that fine. Our prayers are still with her as she still has a long road to recovery and some reconstructive surgeries ahead.

The Town of Groton has had many bear sightings, so I've included these tips from the Humane Society of North America on dealing with a bear problem.

Bear have acute eyesight and hearing. Their sense of smell is seven times greater than a bloodhound's. They have a keen ability to detect pet food, garbage, barbecue grills and bird feeders - and once they locate a food source, they remember where it is. Though wary of people, if a bear finds food without being frightened away he may come back for more. Each time he becomes less fearful. Lat-

er in the year, they are bulking up for winter by consuming 20,000 calories per day. Bear that lose their fear of people are called "nuisance bear." It is necessary to either relocate or eradicate these "nuisance bear." The key is to not leave food including bird seed and animal feed where a bear can smell it out. This includes garbage in the yard or trash dumpsters. Make trash inaccessible, enclose compost, keep recyclables in enclosed bins, and do not feed birds

in the summer. Do not knowingly or unknowingly feed bear. Keep pepper spray handy as a deterrent. If you have had bear encounters on your property please let Fish and Game know so that they are aware of any bear problem. New Hampton Fish & Game number is 744-5470.

At the Select Board meeting on Tuesday we had an update from The Nature Conservancy on the progress with the Kimball Hill property. The project in total cost about \$2.1 million, which includ-

ed the interest on the loan, surveying, hazard assessments and such. There is about \$75,000 left to raise on the donor side and then hopefully the State Fish and Game will purchase the property with the conservation easements for the remaining \$1.1 million. The property assessed at about \$1.1 million after the easement. The next steps are for it to undergo a final review by the State Attorney General, then the State and Federal Government need

SEE TOWNS, PAGE A6

Audree F. Woolsey, 86

BRISTOL — Audree F. Woolsey, 86, died Tuesday, July 24, 2018.

She was born in Youngstown, Ohio, the daughter of Leon Fox and Audree (Lingeman) Jerome. She spent part of her youth in Ohio before the family moved to New York. She started her career as a model before transitioning to a flight attendant with Eastern Airlines in New York City. It was there that she met the love of her life, George E. Woolsey and they married shortly thereafter. George was serving in the Air Force during the Korean conflict. After his discharge, they settled

in Connecticut, where they owned a business. They moved the family and business to Bristol in 1972. Many local people will remember Audree as the APL teacher at Newfound Memorial High School before her retirement in 1986. George and Audree spent their winters in Merritt Island, Fla. and summers in the Newfound Lake area.

Audree will always be remembered as a devoted wife, who lived her life caring for her husband and has been at a loss since his death five years ago.

Family members include one daughter, Gail Campbell of Oche-

lata, Okla.; four sons (Greg of Bristol, Glenn of Apollo Beach, Fla., Grant of Bristol, and Garth of New Hampton); 11 grandchildren; six great grandchildren; a brother, Richard Fox of Plant City, Fla.; nieces and nephews.

She was predeceased by one son, G. Edward Woolsey.

At her request, services will be private. In lieu of flowers, donations may be made to the Tapply Thompson Community Center, 30 North Main St., Bristol, NH 03222. Arrangements are under the direction of Emmons Funeral Home of Bristol.



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Edward Jones: Financial Focus

How Can You Help Your Kids Pay for College?

It's still summer, but we're getting close to a new school year. One day, though, "back-to-school" will mean "off to college" for your children. Will you be financially prepared to help your kids cope with the costs of higher education?

Your first step, of course, is to know what you're up against, so here are some numbers: For the 2017-18 academic year, college costs (tuition, fees, room and board) were, on average, nearly \$21,000 for in-state students at four-year, public schools and nearly \$47,000 for students attending pri-

vate colleges or universities, according to the College Board. And you can probably expect even bigger price tags in the years to come.

To help prepare for these costs, you might want to consider putting your money in a vehicle specifically designed to help build assets for college, such as a 529 education savings plan. All withdrawals from 529 plans are free from federal income taxes as long as the beneficiary you've named uses the money for qualified college, trade school or graduate school expenses. Withdrawals for expenses other than

qualified education expenditures may be subject to federal, state and penalty taxes on the earnings portion of your plan. (However, tax issues for 529 savings plans can be complex, so please consult your tax advisor before investing.)

You can generally invest in the 529 savings plan offered by any state, but if you invest in your own state's plan, you may be able to claim a tax deduction or receive a tax credit.

By starting your 529 plan early, when your children are just a few years old, the investments within the plan

have more time for potential growth. Plus, you can make smaller contributions each year, rather than come up with big lump sums later on.

A 529 plan is not the only education-savings tool you can use, but it has proven effective for many people. Yet you may also want to consider ways to keep college costs down in the first place.

For one thing, your children may be eligible for various forms of financial aid. Some types of aid depend on your family's income, but others, such as merit-based scholarships,

are open to everyone. But you don't have to wait until you get an offer from a school's financial aid office - you can explore some opportunities on your own. For example, many local and national civic and religious groups offer scholarships to promising young people, and your own employer may even provide some types of grants or assistance. Plus, your state also may offer other benefits, such as financial aid or scholarship funds. It can certainly take some digging to find these funding sources, but the effort can be worthwhile.

Here's another option for reducing college costs: Consider sending your child to a local community college for two years to get many of the "general" requirements out of the way before transferring to a four-year school for a bachelor's degree. Community colleges are typically quite affordable, and many of them offer high-quality programs.

A college degree is costly, but many people feel it's still a great investment in their children's future. And by taking the appropriate steps, you can help launch that investment.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation.

Member SIPC

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Pastor Ernie Madden
Phone: 968-9464
Email: accernie@hotmail.com

Website: ashlandcommunitychurch.com

Sundays:

9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.

10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service.

Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service.

Special Needs Class - For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

Kidzone:

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

Alcoholics

Anonymous Group:
Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace, mercy and love. We believe that you will love Ashland Community Church. We are a friendly, loving, and caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

Real Church, Real People, Real Simple

We look forward to seeing you on Sunday,

and remember to just come as you are.

No perfect people allowed!

Bristol United Church of Christ ("the Church on the Hill")

We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays

Pastor: Pastor Mike Carrier

Intergenerational Service: 9:30 a.m., July & August

Coffee Fellowship: Following service

Sunday School: Will resume in the Fall. Watch for the date!

Notes

Sunday choir has ended for the summer, but our Summer Guest Musician Program began on June 10 and will continue through August. We welcome anyone interested in sharing their gift of music at this time. See our organist for scheduling on any given Sunday.

Wheelchair accessibility has now been enhanced by the deletion of half a pew as you enter the Sanctuary, accommodating two to three wheelchairs!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

Office Hours

9 a.m. to noon - Monday through Friday

Pastor Mike can be reached through the office at 744-8132; his email, mikecarrier@earthlink.net, or by phone: 960-0196.

Weekly Events:

Mondays: A.A. Step meeting - 7:30 p.m.

Tuesdays

Bone Builders - 9:30 a.m.

Senior Crafts: 9:30 a.m.

Senior Luncheon - Noon

AA Discussion - 8 p.m.

Wednesdays

Morning Reflection continues to be a success, with Don Sorrie leading

us in discussing devotions by women from the NIV Bible. Our participants are thoroughly enjoying these sessions, and look forward to further discussion, contemplation prayer, and peacefulness for the days ahead! We are gathering on Wednesdays at 7:30 a.m. for one hour through Aug. 29. Coffee provided. Come join us, and bring others for a time in God's word.

Fridays: Bone Builders - 9:30 a.m.

Monthly Events

WIC (Women/Infant/Children) Clinic - Second Monday at 8:30 a.m.

T.E.A. (Time, Encourage, Accept) - for Women: third Tuesday at 4 p.m. Meeting place varies. Check with the church office for exact place and time.

Women's Fellowship

- Next meeting - Thursday, Sept. 13

In early July, several members met to discuss working on smaller, inexpensive crafts to be exhibited at the annual Christmas Bazaar. They will meet during July and August for the purpose of working on these crafts. All are welcome to bring your craft and join the fun!

Watch for our Bake Sale to be held as part of the Bristol Olde Home Day celebration on Saturday, Aug. 25! Anyone wishing to donate baked goods for our table can contact Bonnie Biondi at 934-4137. With your help, we hope to look forward to another successful event!

Ongoing

Bristol Community Services is in need of everything! Please help if you can!

Events

Just two short months till we resume our delicious monthly suppers, leading off on Sept. 8 with a roast turkey dinner. Always a favorite! Watch for the new menu coming

soon.

Adults \$9. Children \$4. Serving 5:30 to 7 p.m.

Take Out Available: 744-8132

Our Ice Cream Nights for this season are held on Wednesdays, at 7:30 p.m. So far, we have visited Shackett's on West Shore Road, and Newfound Grocery on Route 3A in Bridgewater. Good conversation, good fun and excellent ice cream. Join us!

Something new! Christian Ed. And the Music Committee is hoping to form a Ukulele Band! Plans are being formulated. Watch for details!

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

Holy Trinity (Roman Catholic)

Update on Holy Trinity Parish Center

People are asking when the construction of the new building will begin. We are waiting on the removal of harmful materials from the existing hall which will happen in a week. Then, the hall will be demolished and we will be able to begin building the new hall. We need the existing hall to be demolished to make available parking for church parking while the building is being constructed to the side of the church. If you are new to the area, or haven't heard about this project, here's an idea of what the new building will provide. We'll all have easy access to restrooms, meeting spaces, and parish offices. We'll find the church open on weekdays to use for personal prayer outside of Mass. We'll have a dedicated, sacred space to celebrate Reconciliation. We'll meet in open, sunny spaces that we can quickly arrange to accommodate small and

large gatherings. We'll have a new, spacious kitchen for preparing meals and serving beverages, luncheons and receptions.

If you would like to contribute or learn more information about this project, please ask Fr. Leo or Deacon Mike. The building sketches can be found in the back of the church. Campaign envelopes are in the pews. Thanks for your interest in helping to provide a place to enhance the building of Catholic faith in central New Hampshire.

There will be a Fish Fry on Friday, Aug. 10 from 5 to 7 p.m. at the Marian Center hosted by the Bristol Knights of Columbus. Tickets will be on sale after the 8 and 9:30 a.m. Masses at Our Lady of Grace this weekend, or at the door. Cost: \$10 per person, children 6-12: \$7.50 (five and under free), Family of four or more: \$30. Hope to see you there!

Got questions about your faith? Would you like to learn more and experience what the Catholic faith is all about? Reserve Tuesday nights on your calendar starting in September. Alpha is coming to Bristol to the Marian Center at Our Lady of Grace. This is a life changing, faith filled experience you will never forget!

Eleven of our youth just came back from attending Steubenville East at the University of Lowell. This is a huge conference for youth with inspiring witness talks, great music and prayer. It was an experience they will never forget! Thanks to everyone who helped to defray the conference admission cost.

Thirty hearty souls braved the weather at Wellington State Park last Sunday for the parish picnic. Some of the children chose to swim as well. A great time was had by all.

We are updating our database. If you have had any changes in address,

email, phone number, sacraments made at another parish, additions to the family or children who have moved out, could you please contact Chris at holytrinitybristol@gmail.com so we can keep our database current. Thank you in advance for your help with this.

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement:

Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

SEE CHURCHES, PAGE A7

Towns

FROM PAGE A5

to go through their paperwork because this is funded federally. The survey is in the works, but needs to be completed hopefully by December. The Nature Conservancy is looking to have a sale of the property to the State sometime in December or January. Sometime this fall the project will go before the Governor and his counsel for an approval process.

Bubba has been working with the Newfound Lakes Region Association on culvert replacements and they have agreed to \$9,000 towards culvert replacement on Sculptured Rocks Road and Province Road which will help along with monies that we hope to get through FEMA to repair damage to the road last October. Bubba also reports that work is coming along on River Road.

Scheduled Meetings and Office Closures:

Select Board Work Sessions - Tuesday, Aug. 7 at 4:30 p.m. and 21st at 5 p.m. all at the Town House.

Select Board Meet-

ings (open to the public) - Aug. 7 and Aug. 21 at 7 p.m. at the Town House

The Conservation Commission will meet Aug. 9 from 7 - 8:30 p.m. at the Town House.

Select Board office will be closed on the following days - Wednesday, Aug. 1st from 2:30 p.m. on, and closed all day Thursday, Aug. 2. Normal hours that the Select Board Office is open: Monday through Thursday, 8 a.m. to 4 p.m.

The Town Clerk/Tax Collector office will be closed on Aug. 20, but will be open from 9 a.m. to 4 p.m. on Aug. 23. The Town Clerk/Tax Collector regular hours are Monday, Wednesday and Friday 9 a.m. to 4 p.m. and Tuesday from 3 to 6 p.m. If you have a hardship, please call the office 744-8849 and we may be able to stay a little later especially for those who work till 5 p.m.

Total of all taxes due to the Town as of July 27 are \$182,692.52. We do have a Tax Ki-osk on the Town Web site, so you may find out your tax balance only and if you would

like to pay your taxes online use the Red Button on the Town Clerk/Tax Collector's page. If you should have any trouble with the online payment system, please call the Town Clerk at 744-8849.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Hebron Community Breakfast is back!

The next Community Breakfast is on Saturday, Aug. 4 in the Community Hall of the Union Congregational Church of Hebron. For \$4, we will be serving eggs, bacon, sausage, pancakes (and maybe french toast), hash, oatmeal, yogurt, fruit, pastries, juice, coffee and tea. But you must be an early riser as breakfast is served from 7:30 to 8:45 a.m.

The Breakfast Committee is looking for Community Volunteers to help with kitchen clean-up after each monthly breakfast. If you are able to volunteer, please contact Bill York at 254-7397 or email him at york-media@hotmail.com.

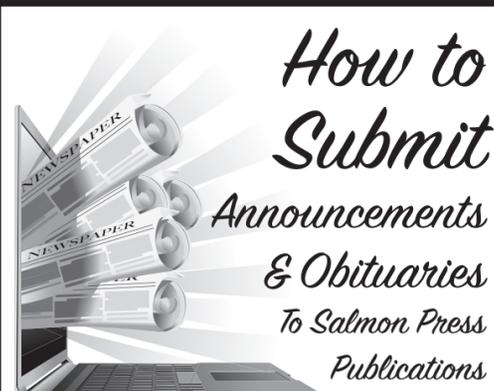
First Annual Blessing of the Animals 10 a.m. Sunday, Aug. 12

The Union Congregational Church of Hebron will be having a Blessing of the Animals service in conjunction with their annual outdoor service. Please bring your favorite animal(s) and join in the celebration! All are welcome!

Cruise Night
Cruise Night Hebron Village Store Tuesday Nights from 6-8 p.m. Classics, Cruisers, Customs, Hot Rods, Chops, Bobbers...Any two- or four-wheel ride is Welcome! Food drinks and ice cream available. 50/50 Raffle and Door Prize!

Cow Patty Bingo

Tickets are available for the second annual Cow Patty Bingo on Saturday, Aug. 11 at 4 p.m. The lucky winner on whose area the Cow leaves their patty will win \$1000! Tickets are only \$10 each and can be purchased at the Hebron Library when they are open. Get yours soon as only 255 tickets are available!



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding
the submission process.*

Lakes Region Fine Arts & Crafts Festival set for Aug. 25-26

MEREDITH — Arts and crafts enthusiasts will want to be in Meredith on Saturday and Sunday, Aug. 25 and 26 as the Meredith Area Chamber of Commerce, in conjunction with Meredith Village Savings Bank, presents the 39th Annual Lakes

Region Fine Arts and Crafts Festival.

This event, which will be held from 9 a.m.—5 p.m. both days, will transform the Main Street of the quaint lakeside village of Meredith as well as the upper parking lot of the Mill Falls Marketplace into

an outdoor art gallery featuring the works of more than 80 painters, sculptors, jewelers, potters, photographers, and quilters. Spectators will be impressed with the variety and quality of exhibits this Festival has to offer. Booths will include wildlife photog-



COURTESY

The cast of "Mamma Mia!": Jordan Arrasmith, Patrick Clark, Justin Haupt, Collin Khamphouy, Olin Blackmore, Chris Hendricks, and Teghan Marie Kelly

"Mamma Mia!" comes to the Winnepesaukee Playhouse

MEREDITH — "Mamma Mia!" the hit show featuring songs by ABBA including "Waterloo," "Super Trouper," and "Take a Chance on Me," con-

tinues tonight at the Winnepesaukee Playhouse to record crowds. More than 2,700 tickets have sold for the show helmed by director and choreographer Bryan

Knowlton. Knowlton previously choreographed the 2017 production of High Society and the 2016 production of Cabaret SEE MAMA MIA!, PAGE A12

Churches

FROM PAGE A6

A Shared Ministry of St. Mark's, Ashland and Church of the Holy Spirit, Plymouth

The last program in the July Spiritual Practices series was presented by Guy Tillson and was titled "Mosaics." Participants had a choice of design patterns to construct their own versions of this ancient art form.

Next Thursday, Aug. 2, a new series will begin 5-6:30 p.m. in Sherrill Hall, St. Mark's. "Walk in Love" an introduction to the Episcopal Church. The four-session program begins with "Worshipping God in the Episcopal Way" and the Book of Common Prayer.

The second session is Thursday, Aug. 9 and is titled "Making Time Holy, The Liturgical Year and Daily Prayer" Third and Fourth sessions: "How we believe, the Bible and Creeds" and "Growing in Faith and using your Spirit and God Given Gifts."

All sessions will be led by Rev. Kelly Sundberg Seaman.

Saturday, July 28 was the last of the All-Age worship service at the CLC in Plymouth for the time being. Tuesday, July 24 was the last Healing Eucharist at Holy Spirit in Plymouth.

The weekly services at St. Mark's with prayer for healing and wholeness and Eucharist will continue on Thursdays at 11 a.m.

If you are adult who is interested in preparing for Baptism, Confirmation or Reaffirming your baptismal commitment at Bishop Hirschfeld's visit on Sunday, Aug. 26, please speak to Rev. Kelly. Readers and Coffee Hour hosts are needed.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Aug. 5 - 9:30 - 10:30 a.m.

Stew Weldon talks about "Weird (and unusual) New Hampshire"

Visit our Web site www.starrkingfellowship.org 536-8908

Save the date! On Saturday, Aug. 25, the Black Lives Matter Task Force will be hosting a workshop here at the Fellowship for the Congregation and members of the community. Please put this on your calendar (1-5 p.m.) and plan to attend.

Scrabble on Tuesdays - Come join us for a new way to have fun and keep our brains cranking! Scrabble with dictionaries and without timers. We will meet in the Fellowship

Hall Tuesdays from 2:30 to 5 p.m.!

Help Wanted - Nursery Position - Nursery care provider Sunday mornings, 9 - 11 a.m. for infants and children up to four years of age. Sept. 2, 2018 through June 16, 2019. Flexibility and availability for special occasion, such as congregational meetings and events. Qualifications needed: Experience in early childhood education. CPR certification for infants and children, and satisfactory completion of background check. If interesting in applying, contact Jane Clay, Director of Religious Education - dre@starrkingfellowship.org.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, Aug. 8 from 10:30 a.m. to noon.



COURTESY PHOTO

Jarrod Taylor

raphy, metal and wood sculptures, stained glass, handmade jewelry, baskets, leather projects, and abstract and traditional oil painting and watercolors. All items are original creations and the artists and craftsmen will be available throughout the weekend to meet and converse with customers. Over the years, the Festival has gained a solid reputation among New England artists and craftsmen and is the largest quality arts and

crafts event in the area. Live music will fill the air for those walking through the Festival. Performing at this year's event on both Saturday and Sunday will be Marc Elbaum and Christine Chaisson, who will play jazz, classic rock and great American songs from the '50's, '60's and '70's. Phil Sanguedolce and Jarrod Taylor will be again entertain fairgoers with variety of folk music and classic rock.

The Masons will be

on hand in their usual spot offering delicious homemade pies and ice cream and the Altrusa Club of Meredith will be serving hot dogs, chips, and sodas. Free shuttle bus service courtesy of the Lakes Region Airport Shuttle will be available from both the north and south sides of Route 3 and will run continuously both days. Admission is free and for more detailed information contact the Meredith Area Chamber of Commerce at 279-6121.



Town of Hebron
PO Box 188
Hebron, NH 03241
Phone: 603-744-2631
adminassist@hebronnh.org

HEBRON ZONING BOARD OF ADJUSTMENT MEETING AND HEARING AGENDA

**August 7, 2018
7:00 P.M.
Hebron Town Office**

You are hereby notified that the Hebron Zoning Board of Adjustment (ZBA) will meet in the Hebron Town Office, at 7:00 p.m. on Tuesday, August 7, 2018, to address the following:

1. Minutes and other administrative matters
2. Hearing of the application of Wilhelmina Bradley for a variance with respect to Article IV, Section H.1, of the Hebron Zoning Ordinance to permit the construction of a kitchen and screened porch addition to her house, portions of which are situated within a property boundary setback area on her property at 123 Braley Road (Tax Map 17, Lot 70) (Case #276)
3. Any other business that may come before the Board

Douglas S. McQuilkin, Chairman



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Bristol Town Hall

Bristol Laundry

Cumberland Farms Bristol

Park & Go Bristol

Shacketts

Rite Aid Bristol

Hannaford

Wizard of Wash

DANBURY:

Danbury Country Store

HEBRON:

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

HILL:

Hill Public Library

NEW HAMPTON:

Mobil Gas Station

Irving Gas Station

PLYMOUTH:

Tenney Mt. Store

RUMNEY:

Common Café

Stinson Lake Store

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Rising star makes his Interlakes Summer Theatre debut in "La Cage Aux Folles"

MEREDITH — Laughter will be streaming from the Interlakes Summer Theatre beginning Aug. 1 as "La Cage aux Folles," a story of love, family and acceptance, makes its way to the stage.

Making his Interlakes acting debut in the role of Albin is Michael Stoddard. Born and raised in Franklin, he went through the public school system, then on to Plymouth State University where he received a BS in Musical Theatre Performance and a Masters in Theatre Education and Integrated Arts. After moving to several dif-

ferent cities, he settled in Miami, and is the Director of Theatre at the Palmer Trinity School in Palmetto Bay.

Stoddard has performed in a number of roles, including Lord Farquaad in "Shrek," Jamie in "The Last Five Years," and Gaston in "Beauty and the Beast," among others. He was the Director and choreographer in 2017 of "Joseph and the Amazing Technicolor Dreamcoat" at Interlakes Theatre. He has directed a variety of shows, such as "9 to 5" and "Little Shop of Horrors." His philosophy as a director is, "theatre should nour-



(Left) Michael Stoddard as Albin.

ish our creativity and do so with bold invention and originality."

In "The Last Five Years," which is a tender look at people falling in and out of love, a review noted, "He is powerfully energetic as the man who experiences the same five year relationship in brief snippets. His energy is more than enough to handle the role."

As a sophomore in high school, Stoddard enjoyed both baseball and basketball. He had no interest in the theatre. A friend of his spoke about trying out for a school play, "Once Upon a Mattress." Stoddard said why not? In one scene he was required to sing. He realized that while small in stature, his booming voice produced beau-

tiful music. Under the watchful eyes of one of his teachers, June Granger Finley, he refined and grew his talent.

After graduation, he relocated to New York and worked a variety of jobs, from a waiter to wearing informational costumes strolling around Times Square. He also found it increasingly difficult to take the stage without using meditation. It was at that time he began the move towards directing. Today finds him teaching, and spending summers on the road either acting or directing. He is back home once again this summer, enjoying the beautiful New Hampshire weather, spending time with his family, cheering the Red Sox on, and starring with Mikey LoBalamo in the hilarious "La Cage aux Folles."

Winnepesaukee Wine Festival raises \$21,000 for Girl Scouts of the Green and White Mountains

MEREDITH — A total of \$21,000 was raised by The Common Man Family and Martignetti Companies of New Hampshire at the 13th annual Winnepesaukee Wine Festival in Meredith on June 28, to benefit Girl Scouts of the Green and White Mountains (GSGWM).

Girl Scout adult representatives were on hand at the event to welcome guests, network, and talk about opportunities as G.I.R.L.s (Go-getters, Innovators, Risk-takers, Leaders)™, along with the benefits of Girl Scouting and the positive impact they have as future leaders and advocates for change.

The night's proceeds benefit leadership development programs for girls around New Hampshire and Vermont, as Girl Scouts participate in troop settings, learn new outdoor skills at day and resident camps, explore their interests in STEM (science, technology, engineering, and math), enact far-reaching changes through civic engagement, and take action to make positive and sustainable changes through community and council-wide events. More than 4,600 adults are registered Girl Scout members who give generously of their time and talent to ensure girls have the mentors and experiences that fos-



COURTESY

The winner of a lake cruise and dinner reacts to the shout of "Sold!" at the Winnepesaukee Wine Festival, which took place June 28 at Church Landing at Mill Falls in Meredith. The event raised \$21,000 to benefit Girl Scouts of the Green and White Mountains.

ter their imagination, their confidence, and their leadership. GSGWM recruits, trains and supports those volunteers, providing the resources they need to become leaders themselves.

"We are so grateful to The Common Man Family and Martignetti Companies," said Girl Scouts of the Green and White Mountains Chief Executive Officer, Patricia Mellor. "The event was fun, delicious and a great success. What's more, of the nearly 200 in attendance, we are so pleased to have signed up more than fifty new members of our Alumnae Association!"

The festival took place at Church Landing, where wine, craft beer and spirits from

local, national and international producers were offered for tasting, along with food from The Common Man, Lakehouse Grille, Camp, Town Docks, Lago, The Corner House Inn, Ooo La La Creative Cakes, Six Burner Bistro, Ben & Jerry's, and other local restaurants.

Silent and live auction SEE WINE FESTIVAL, PAGE A10



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The myths and facts of cataracts: What seniors should know

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Separating Fact from Fiction

The average person will undoubtedly hear a lot of inaccurate information throughout his or her lifetime. From politics to sports, misinformation is perpetuated no matter what the topic at hand might be. And it's especially common in the world of health information. The subject of cataracts, in par-

ticular, has received its fair share of myths and wives' tales throughout the years, centered not only around the formation of cataracts, but also the surgical procedure to have them removed.

Cataracts represent the leading cause of blindness worldwide (with more cases than glaucoma, diabetic retinopathy, and macular degeneration combined), and they are known to primarily affect older adults. In fact, it's esti-

mated that, by the age of 80, more than 50% of all Americans will have had a cataract or cataract surgery. With these facts in mind, it's vital that seniors have the right information to better understand the condition and know what to do if they have them.

Five Cataracts Myths

1. Cataracts grow on the eye: Rather than being a type of "growth," cataracts are often the result of protein fibers

clumping together and clouding the eyes' lenses. This then causes light to become scattered or blocked completely as it passes through the lens, which prohibits the retina from receiving a clearly defined image. Some cataracts are caused by overexposure to ultraviolet light, eye injury, or as a result of diabetes.

2. Blurred vision is the only symptom: While blurred vision is

the most commonly reported symptom of cataracts, people also experience extreme sensitivity to light, both inside and outside. Other symptoms include frequent changes in eyeglass or contact lens prescriptions, double vision, changes in color perception, and increased difficulty with nighttime vision.

3. Cataracts are preventable: Technically, no. While there's no study on cataract prevention, medical professionals do believe that there are strategies that may help in reducing the risk of cataract development and slowing its progression. For starters, older adults should see their eye care professional once a year. These visits will help identify signs of cataracts as well as other eye diseases. Other helpful measures include incorporating a healthy diet (full of fruits and vegetables), and avoiding smoking and drinking. As mentioned above, cataracts can form from exposure to sunlight, so it's important to always wear sunglasses with 100 percent UVA and UVB protection.

4. Cataract surgery is dangerous for older adults: Thanks to years of technological advancements, cataract surgery is widely regarded as one of the safest medical procedures, with a success rate of 95-98 percent. Patients often only need minimal sedation, which allows those in their 80s and 90s to undergo the operation. Recovery from the surgery is also less demanding than that of other procedures. By and large, patients will need to refrain from rubbing their eye(s) and lifting heavy objects, for up to three weeks. Despite the success rate, it should be noted that no surgical procedure is ever without risk. Seniors should talk to their eye surgeon and other medical care professionals before agreeing to cataract surgery.

5. Cataracts can come back: Once a cataract has been removed from the lens, it will not return. In the months or years following surgery, a "secondary" cataract may develop when the membrane that holds the artificial lens implant becomes cloudy. However, this can be corrected with a quick and painless procedure, known as a YAG laser capsulotomy, in which the eye surgeon creates a small opening in the membrane to help restore visual acuity.

Comfort Keepers® Can Help

Although post-cataract surgery recovery may only last a few weeks, it can still impact a senior's daily living. For family caregivers concerned about their loved ones' wellbeing after surgery, Comfort Keepers can lend a helping hand. Our professionally trained caregivers can provide mobility assistance, meal preparation, and assistance with laundry and housekeeping. Because recovery may require some seniors to take a break from driving, we can also provide transportation to appointments or anywhere else they need to go. Contact us today for more information about how we can help support senior safety, health, and independence.

About

Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers.com/plymouthnh for more information.

Speare Memorial Hospital welcomes Daniel Rice, Jr., DNP, CRNA, to Plymouth Anesthesia

PLYMOUTH — Certified registered nurse anesthetist Daniel E. Rice Jr, DNP, has joined the anesthesia team at Speare Memorial Hospital.

"This is a strong addition to our group," says Steven Ball, MS, MBA, CRNA, director of anesthesiology at Speare. "His extensive knowledge in the field of anesthesia and experience in critical care and operating room settings will be of great benefit to our community."

After earning his Bachelor's degree in nursing from top-ranked Auburn University at Montgomery in Alabama, Rice earned his doctor of nursing practice (DNP) degree from Northeastern University through the US Army Doctoral Program in Anesthesia Nursing at Fort Sam in Houston, Texas. This is one of the leading nurse anesthesia programs in the nation.



Daniel E. Rice, Jr.

COURTESY PHOTO

Rice is experienced in the use of ultrasound at the patient's bedside and to guide vascular access procedures and peripheral nerve blocks. He is also skilled at opiate free anesthesia.

"I came from a small town that had an opioid problem," says Rice. "Some of those problems actually start when a person comes in for surgery. I'm passionate about opiate free anesthesia and having a positive impact on the ever growing issue of opioid addiction."

A combat veteran, Rice served in the United States Air Force Security Forces and previously worked at the Togus Veterans Administration Medical Center and at hospitals throughout Maine and New Hampshire.

Speare Memorial Hospital — a 24-hour, acute care, non-profit community hospital and health care provider serving Plymouth and the communities of Central New Hampshire—is nationally ranked as a Becker's Top "62 Critical Access Hospitals to Know." Visit online at <http://www.speare-hospital.com> and join us on Facebook and Twitter.

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Wine Festival FROM PAGE A9

tions featuring weekend getaways, wine tastings, tickets for concerts and plays, boutique baskets and more added to the evening's festivities.

Support of this kind provides the resources needed to provide the girl-focused and girl-

led programs that make Girl Scouts the world's premiere leadership development organization for girls. GS-GWM serves more than 10,000 girls throughout New Hampshire and Vermont.

About Girl Scouts of the Green and White Mountains

Girl Scouts of the

Green and White Mountains is recognized throughout New Hampshire and Vermont as a leading expert on girls. Our innovative leadership programs help girls discover, connect, and take action as they develop strong values, a social conscience, and a deep sense of self and their potential. Through our exciting and challenging programs, Girl Scouts not only participate but also take the lead in a range of activities—from kayaking, archery, and camping, to coding, robotics, financial literacy training, and beyond! Serving more than 10,000 girls throughout New Hampshire and Vermont, girls discover the fun, friendship, and power of girls together. Visit www.girlscoutsgwm.org.

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Forum

FROM PAGE A1

If any of them were to get convicted of raping a child, I will NOT testify to their character or plead for leniency. I will support the victim in the case with all of my heart and energy.”

Newfound graduate Nicholas Crosby, who had served as a student representative to the Newfound Area School Board, said in a letter to local newspapers, “I am disgusted to see Mrs. Philbrick supporting Torbick as the crime that was committed is serious and sick. This wasn’t just a quick ‘in-the-moment’ incident, which still wouldn’t have been okay — this was hatched out and premeditated. ... I’ve known Mrs. Philbrick not just when I attended NRHS, but when I was around 4 years old attending Bridge-water-Hebron Village School. I am deeply disappointed and ashamed to see Mrs. Philbrick’s recent judgment and actions. And for Mrs. Philbrick to use her judgment and voice like this ... she should really reconsider her current job as a guidance counselor.”

School Administrative Unit 4 Superintendent Stacy Buckley sent a letter to district parents last week, acknowledging that she had received a number of complaints and calls for Philbrick’s dismissal, as well as requests for a special school board meeting to discuss the matter.

“I have been public stating that I do not support her testimony,” Buckley said. “I was not notified that she would be testifying, nor did I grant approval for her to testify. Ms. Philbrick acted on her own, not as a representative or with authorization of the school district. That being said, Ms. Philbrick has the right to speak on this matter as a member of the public.”

Buckley referred to district policy, saying she cannot talk about personnel matters, and that a special school board meeting “will likely end up in frustration on both parties, as it is a personnel matter and cannot be discussed in public.”

The Newfound Area School Board is scheduled to meet next on Monday, Aug. 13. Chair Jeff Levesque said, “While the board has not yet had any discussions on the matter, the public can be sure the board is in agreement with the position of the superintendent and that the matter is being handled according to policy and applicable laws. The board’s course of action is clearly defined and as such there will be no public discussion of personnel matters at our next meeting; however, it will be discussed in non-public [session] which has been extended to give the board ample time. Currently, the public portion of the meeting is scheduled to begin at 7 p.m.”

“Unfortunately, [Philbrick] was just

one of many who spoke up in support of the convicted child rapist, in front of the victim, sending a very dangerous message out to victims of sexual assault, especially young victims, that the ‘system’ is protecting perpetrators and not victims,” said Sullivan.

Other supporters

At Torbick’s trial, the prosecution had asked for a five- to 10-year prison sentence, but after hearing her colleagues’ calls for leniency, Rockingham County Superior Court Judge Andrew Schulman sentenced her to two and a half to five years in prison with a three-and-a-half- to seven-year suspended sentence.

Several personnel from Plymouth State University testified in support of Torbick, including Gary Good-nough, a professor of counselor education who served as Torbick’s adviser and internship supervisor. He stated, “no benefit to society would be served by incarcerating her.”

Dr. Nancy Strapko, an associate professor emeritus and former graduate school health education coordinator at the university, insisted that Torbick was not a predator.

“Kristie takes full responsibility for her actions with her ‘victim.’ I put this in [quotes] because I am aware that her ‘victim’ was truly the pursuer

in this case,” Strapko wrote.

“That’s by far the worst of them all,” Sullivan said of Strapko’s comment, “to blame a 14-year-old victim for being the pursuer, and that’s a whole other battle in sight. I’ll be willing to assist in that one, but I have to deal with the one at home first.”

Officials from Plymouth State said those remarks do not reflect the university’s stance on sexual assault, but in Bedford, School Superintendent Chip McGee ended up resigning because of that district’s decision to allow several of its educators to speak in support of leniency for Torbick.

Sullivan said he has spoken with Buckley

and other Newfound personnel, and he believes Philbrick’s views are not shared by others in the school district.

“It appears that Shelly is standing by herself as far as her comments,” Sullivan said. “I am comfortable and confident that the school as a whole has the children’s safety in the forefront.”

A call seeking comment from Philbrick was not returned.

“The public and the parents are chomping at the bit to be able to speak their minds a little bit and have some outlet to express their concerns,” Sullivan said, explaining that the Alexandria forum is aimed at reassuring people and informing them “how

we would respond to reported sexual assault or violence that happens in the area.”

He said Voices Against Violence, a crisis services agency in Plymouth, was “more than happy” to join with the Alexandria Police Department in holding the forum and letting residents know what resources are available. The New Hampshire Coalition Against Domestic and Sexual Violence also is supporting the upcoming forum, which will begin at 6 p.m. on Aug. 9.

Sullivan also urges those with concerns about their children’s safety at school to write to the superintendent, “so they have that to use in their decision-making on that personnel matter.”

Recycling

FROM PAGE A1

trash, you want to preserve that as much as possible,” he said.

If towns abandon recycling and throw everything away, the landfills will reach capacity much sooner, and then they will be facing much higher costs to get rid of their solid waste, he said.

Bristol selectmen are hesitant to make that choice without first asking residents how they feel, and are considering scheduling a public hearing to discuss the options.

Other municipalities have already decided: Franklin is combining the contents of residents’ recycle bins with regular solid waste and haul-

ing it away. Laconia is asking residents to toss their bottles in the trash. Gilford followed Bristol’s example and asked residents to place glass in a separate bin to cut down on the weight of the recycled materials.

Glass can be crushed and used with or in place of gravel during road reconstruction, and Durfor said his organiza-

tion can help towns obtain glass crushers. He said that, by removing the glass from other recyclables, communities can \$100 per ton.

Durfor emphasized that recycling remains profitable for those who are able to separate items, and he advocates “source separation” — keeping plastics, cardboard, glass, and alumi-

num in separate recycle streams.

Laconia City Manager Scott Myers said the New Hampshire Department of Transportation could help create a market for glass by including a certain percentage of glass in its road specifications.

“That would create a demand for glass to be crushed,” he said.

Rocher

FROM PAGE A1

He began as a fill-in candidate for selectman when one member resigned, ran successfully for a second term, then moved on to other duties.

“I believe people should only have two terms in office,” he said.

Rocher is a WWII veteran who served as a med-surgical technician in the U.S. Army. He said he will never forget the day the war ended.

“It was on my birthday, and I considered it my special birthday present,” said Rocher.

Leaving the European Theater after the Occupational Forces left, he returned home to Boston where he eventually met his wife Mary Ellen. He obtained a job as a linotypist and began a new career that would last throughout most of his life.

During his time off from work in the 1950’s, Rocher began to take hunting trips to New Hampshire where he fell in love with the Town of Danbury. When a piece of property he hunted, known as the Barker

Farm, came up for sale he decided to buy it. In order to preserve his beloved hunting grounds, he continued to buy any abutting property as it, too, became available.

Rocher and his wife traveled from the Boston area to Danbury quite frequently but one Sunday night, as they struggled to get home in a snowstorm over roads that had yet to be plowed, they made a life-changing decision.

“My wife told me to make up my mind as to where I wanted to live and I thought, ‘Wow — I’ve got a choice?’” he said.

He chose Danbury. Rocher found a job working as a linotypist in Concord where he worked for many years with Rumford Press. He and Maryellen had two children, which he raised on the acres of land he had accumulated, and he also became involved in the town, not just as a selectman, but in many other ways.

“I’ve held probably every office in town in one way or another over the years,” he laughed.

Maryellen passed away after 48 years of

marriage but Roche held on to their beloved Danbury home. Children Ted Roche and Maryann (Roche) Crow had eventually moved on to Rhode Island and Kansas but they and their children were back in Danbury last week to honor their dad.

Maryann thought he was deserving of much more than just the town’s distinction though and was able to also present him that night with a Quilt of Valor from the Blue Star Mothers organization, which honors military personnel. Al Lind, who helped in the origination of the quilt project, actually designed the quilt she obtained for Roche.

“I was really excited that we could do this for Dad,” Crow said.

In wrapping up all the memories and the quilt

presentation, Selectmen James Phelps, Jessica Hatch and Lyn England were pleased to hand Roche Danbury’s Boston Post Cane and congratulate him on his distinction of being the oldest resident of the town.

Boston Post canes were first distributed to more than 400 New England communities in 1909, courtesy of Boston Post newspaper publisher Edwin Grozier. Grozier had the mahogany and gold-topped canes created to honor the longevity of residents in each of those small towns. While the canes were originally presented to only the oldest male member of each community, in 1930 the rules were changed to include women as potential recipients, too.

Over the past century, the passing of the Boston

Post Cane has become a treasured tradition in all of the towns that received the canes. Unfortunately Danbury, like many towns, lost track of their cane many years ago when it was not returned after its recipient passed away. Recently, however, a resident was able to track down some of the canes on sale and purchased one for the town. The cane was then restored and placed in a secure case at the Town Hall where it now remains on display.

Last week, Rocher was able to hold that cane during the ceremony, then given a certificate to represent his unique distinction. His name will also be inscribed on a brass plaque that will be placed beside the cane to honor him and future recipients for years to come.



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Schweitzer

FROM PAGE A1

ing by braiding hair while living in a home that was barely habitable. Bits of any material she could find were pieced together to form a loose shelter that was filled with mosquitoes and leaked whenever it rained.

“That’s how life is,” she told me. Her clothes and her bed was always damp,” Schweitzer recalled.

He returned to the city and asked his friends for the name of a builder he could trust to build a basic house for Deisi and her baby. The estimate of \$10,000 that came back was too much for a sailor’s salary however, even though he had managed to save a little money working as a truck driver when he was not onboard a ship.

Schweitzer said a few months later he went back to see Deisi. He asked if she could talk to a local builder

and see what she, as a native Dominican, could get for a price on a simple home. The price this time was \$2,600 for two rooms with a bathroom in the middle and the ability to add more rooms as the need arose. In October of 2017, Schweitzer contracted for the build.

“It was built out of cement blocks, so it’s a good solid house with a roof over it that will stand up to the storms,” Schweitzer said. “Deisi said it’s the first time she’s ever been dry. All she knew before that was leaky shacks.”

Cement blocks, he explained, are the mainstay of construction on the island since timber wood is at a minimum.

Schweitzer said he had a little more money for charitable giving left in his pocket so he decided to build another home to benefit a family in the campo. He left it up to his new friend Deisi how ever to decide whom



Dan Schweitzer of Bristol posed for a photo outside one of two cement block homes he has had built thus far in the Dominican Republic for families that have lived in leaky, bug-ridden shacks all their lives.

he would help next. His only stipulation was that it not be a member of her family.

Deisi decided on “Popa,” a grandmother who lived nearby with her daughter and

grandchildren; 10 people in all living in one tiny shack. Schweitzer arranged for another blockhouse to be built this past spring, again designed with room to expand. Soon Popa and



Popa and some of her grandchildren were excited when Dan Schweitzer of Bristol donated the funds to build her and her large family a home that does not leak and can withstand the storms that hit the Dominican Republic.

her family also had a home that provided them with a solid shelter, dry clothes and bedding.

Since that build, he has returned to the island to see the results

and find out what more can be done.

“I really want to help people and this is my opportunity to give back. Deisi is doing all the legwork down there now and I’m hoping we can provide good, solid homes for more people,” Schweitzer said.

The need for it, he said, became even more evident as Deisi’s shack was torn down and he watched neighbors rush in to grab scraps of the materials to seal leaks in their own houses.

“Deisi is providing me with photos of all the work that gets done now when I’m away and she’s confident that we can build more homes for just \$2,600,” Schweitzer said, and he is determined to make that happen.

In June he set up a Go Fund Me page, seeking donations to bring more reliable housing to others in the campo outside Santo Domingo and 100-percent of that money is being used for construction costs. Schweitzer also invites people to join him on a trip to the Dominican Republic where they can see what his fund has accomplished so far.

To learn more about this caring mission and donate to his cause, people are asked to visit www.gofundme.com/replace-shacks-with-concrete-blocks. Schweitzer can also be reached for questions at oysterfarm50@yahoo.com or followed on Instagram at Schweitzer 2321.

Senior Center

FROM PAGE A3

Campton, Holderness, Thornton, Ashland, Rumney, Warren and Wentworth,” she said.

For all of that service they ask only for an affordable donation but will never turn anyone

away if they can’t do so.

Meals on Wheels is about more than just daily nutrition though. The program also serves as a way to conduct face-to-face wellness checks with all of their clients.

“We look to see them all each day and make

sure they’re doing okay. If our drivers see anything out of the ordinary, like someone is not dressed as usual, doesn’t look like they’re feeling well, or even tell the driver about unusual people in their yard or home, they report back to

me and I’ll call people on their contact list to look into it further,” said Minickiello. “It provides a lot of reassurance for family members if they don’t happen to live in the area.”

Those interested in learning more about the

Meals on Wheels program are encouraged to contact Minickiello through the center. For more information on Plymouth Senior Center and its other offerings, people may drop by any weekday for a visit or call 536-1204 for more information.

CADY

FROM PAGE A4

an addictive substance. But now that we have forsaken a sensible policy of decriminalization for a commercial regime that thrives on addiction, the

stakes are too high to let the marijuana industry define the terms of regulation. Public officials have a responsibility to curb industry influence, enforce rigorous THC standards, protect vulnerable populations, and

launch comprehensive public health campaigns. Our children, communities, and families deserve nothing less.

Kevin Sabet was the keynote speaker at CADY’s 2017 Prevention Summit. He is a former

three-time White House drug policy official and president of SAM, Smart Approaches to Marijuana. This article was originally published in the July 25 edition of the Boston Globe and has been reprinted with per-

mission.

If you or someone you know struggle with addiction or substance use, please call the New Hampshire Statewide Addiction Crisis Line at 1-844-711-4357 for help.

Markets

FROM PAGE A4

two years but are still invested for growth, then what good at all was the risk tolerance questionnaire? Once we get beyond the basic questionnaire, I believe

we must go to the next level and find out what those assets are intended for and when.

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Mark Patterson is an advisor at MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com. Client funds are held at TD Ameritrade institutional.

Mama Mia!

FROM PAGE A7

at the Winnepesaukee Playhouse. He says, “What I love most about Winnepesaukee Production of Mamma Mia is the fact that the entire creative team, cast and crew found the heart of the show. All of the elements that make up a show have come togeth-

er with ease creating one magical, evening at the theatre. I truly think that the audiences are going to absolutely fall in love with this cast and singing along to these iconic songs, wanting their own feather boa to dance with in the aisles.”

Mamma Mia! at the Winnepesaukee Playhouse runs Thursday, July 26 through Satur-

day, Aug. 11. Tickets are \$20-\$34 and available online at www.winnepesaukeeplayhouse.org or over the phone at 279-0333. Show times are Monday through Saturdays at 7:30 p.m.; Matinees at 2 p.m. on July 30, Aug. 2, 6 and 9. There are no Sunday performances. Additional free events supporting “Mamma Mia!” include

a backstage tour Friday, July 27, post show talk-back Wednesday, Aug. 1, and pre-show symposium, Thursday, Aug. 9.

Special appreciation and thanks to Summer Season Sponsor: Bank of New Hampshire and Production Sponsors: Dead River Company, Lakes Region Fence, and AutoServ Dealerships.

The Winnepesaukee Playhouse, a year-round theatre, is a 501(c)3 organization supported in part by the New Hampshire State Council on the Arts, New Hampshire Charitable Foundation, the Shubert Foundation, the Steiwachs Family Foundation, and by contributions from members of this community.



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Section **B**
Thursday,
Thursday, August 2, 2018



COURTESY PHOTO

Hayleigh Pabst pitches for Team USA in the Southern Horizons Softball Tournament in Sydney, Australia.



COURTESY PHOTO

Hayleigh Pabst fields a grounder during action in Australia this summer.



COURTESY PHOTO

TEAM USA consisted of back row (l to r), coach Mike Grief, Mackenzie Miller, Cat Jones, Amelia Martin, Abby Thomas, Rachel Marsden, Lauren Grief, Emma Armstrong, Hayleigh Pabst and coach Leah O'Brien-Amico. Front row (l to r), Abigail Chagnon, Alyson Robinson, Mia Stokes, Codi Horne, Alexis Diaz, Janelle Horgenson, Grace Young and Gabby Ursuy.

Softball Down Under

Hayleigh Pabst plays for USA in Australia

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — From the softball diamonds of central New Hampshire, it's a long way to the Olympic softball diamonds of Sydney, Australia.

But that's just where Newfound star Hayleigh Pabst found herself over the summer, as she was part of a team representing the United States in the Southern Horizons Softball Tournament.

Pabst was chosen

for the team by coach Leah O'Brien-Amico, who was part of the gold medal USA softball team in the Sydney Olympics in 200. She was also on Team USA in the 1996 Olympics in Atlanta and the 2004 Olympics

in Athens, Greece. The players were chosen from softball camps around the country and traveled to Australia on July 9 to represent the United States, through the America's Team Organization.

The Southern Horizons Softball Tournament was held at the Blacktown Olympic Sports Complex, which is where they played the 200 Olympics. Other players on the team hailed from Califor-

nia, New York, Kansas, South Carolina, Pennsylvania, Illinois, North Carolina, Vermont and Oklahoma.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Newfound, Plymouth athletes compete at track championships

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Newfound and Plymouth Granite State Track teams competed in the state meet in late June, with both teams putting athletes in scoring spots across the different events.

In the 9-10 age group for boys, Plymouth's George Sutherland came in seventh in the 400 meters in 1:27.82 while Newfound's Jayden Belyea finished seventh in 8.81 seconds

and Plymouth's Matt Valenti was eight in 8.82 in the 50 meters. Belyea also finished seventh in the 100 meters in a time of 16.83 seconds. Valenti finished fourth in the long jump at six feet, 3.5 inches with Newfound's Xavier Heath in eighth at five feet, six inches. Belyea finished third in the softball throw at 115 feet, four inches while Valenti finished seventh with a toss of 101 feet, one inch.

For the 9-10 girls, Newfound's Gabrielle

Valliere was fourth in the 400 meters in 1:25.4, while in the 50 meters, Plymouth's Iris Lamoreaux was fourth in 8.83 seconds. Lamoreaux was also fifth in the 200 meters in 35.81 seconds. Newfound finished sixth in the 4X100-meter relay in 1:16. Lamoreaux was also second in the softball throw at 83 feet, six inches.

For the 11-12 boys, Nathaniel Gervez of Plymouth won the 800 meters in 2:29.31 and

also finished third in the 400 meters in 1:10.65. The Plymouth boys finished seventh in the 4X100-meter relay in a time of 1:05.53. Tyrone Belyea of Newfound was sixth in the softball throw at 110 feet, one inch and Ben Valenti of Plymouth was eighth at 99 feet, six inches.

For the girls in the same age group, Reagan Sutherland of Plymouth was fourth in the 800 meters in 2:49.71 and Mika Austin of Newfound was eighth

in 3:10.76. Ani Flynn of Plymouth took eighth in the 400 meters in 1:15.61, took sixth in the long jump at six feet, six inches and took seventh in the 200 meters in 34.18 seconds. The Plymouth girls were third in the 4X100-meter relay in 1:03.62 and Newfound finished eighth in 1:08.98.

For the 13-14 boys, Nicholas Ahern was third in the 100 meters in 14.09 and Alex Luehrs of Plymouth was eighth in 15.11. Plymouth took

second in the 4X100-meter relay in 58.6 seconds. In the long jump, Ahern was first at 14 feet, 10.5 seconds. Ahern finished second in the softball throw with a toss of 148 feet, five inches.

The lone local girl competing in the 13-14 age group was Emma Adams of Newfound, who finished second in the 1,600 meters in 6:28.4.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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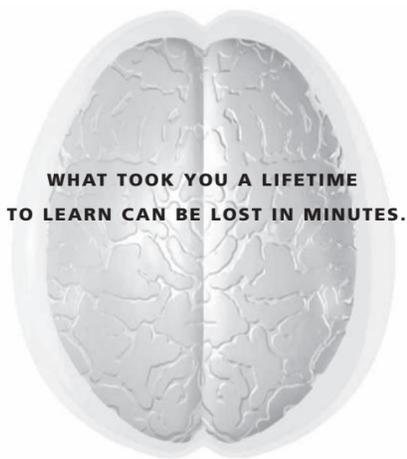
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Newfound fall sports registration open, sports meeting Aug. 13

BRISTOL — Newfound Regional High School fall athletics online registration is now open. Please go to the NRHS web page, then to the athletics link, and to forms and schedules. This information should be completed by

Aug. 7 to ensure participation in the first official practices on Monday, Aug. 13. All athletes must have a completed physical on file, as well as insurance coverage.

There will be a meeting for parents of fall

athletes on Monday, Aug. 13, at 7 p.m. in the Newfound Regional High School auditorium.

Any questions should be directed to Athletic Director Peter Cofran at 744-6006, x1507 or at pcofran@sau4.org.

Newfound seeking JV girls' hoop coach

BRISTOL — Newfound Regional High School has an opening for a JV girls' basketball coach. If interested, please send

a letter of interest, resume and names and phone numbers of three references to Supt. Stacy Buckley, SAU4, 20 North Main

St., Bristol, NH, 03222. Questions should be directed to Athletic Director Peter Cofran at pcofran@sau4.org or call 744-6006, x1507.

Random thoughts as we approach the busy season

As we continue rolling toward the busy fall season, it's time to clean out the junk drawer in my mind.

Summer is the slower time of the year in this job, but most of the things that I have to do are on the weekends. Be it Cal Ripken or Babe Ruth tournaments, road races or triathlons. This summer seems to have been a bit busier than previous summers, though truthfully, it hasn't been. However, I've taken a few trips and been involved in the Village Players show, which has taken up plenty of time, but because of all these things I've missed out on a few games and

SPORTING CHANCE



By JOSHUA SPAULDING

events along the way. It has been an interesting summer and I'm really not ready for the school year to begin again.

Speaking of summer, the new Kevin Costner television series, Yellowstone, on the Paramount Network, has been one of the best new shows of the last few years. I don't watch tons of television in the summer, but this show has certainly had me interested the last month or so. Great characters, good storylines and

some epic locations have made for an intriguing show, which is nice in what in the past has been a barren season for television, the summer months. I haven't enjoyed a summer show this much since The O.C. debuted more than a decade ago.

This Red Sox season has certainly been one to remember, with an epic number of comebacks and exciting moments. It's great to see the team in first place, despite the injuries to key players along the way and it's been a lot of fun to watch and/or listen to. As per normal, I don't get to watch tons of games, mainly because I'm usually

on the road covering games or at my night job. However, I usually am able to listen to most of the games, either in my car, my office or in the Brewster kitchen. Here's to hoping that the season goes on well beyond the first week of October.

The new football season is slowly approaching, which means that it's almost time for another fantasy football season. I was drafted into a keeper league last year and it's time to start thinking about who I might keep. I get to protect two of my players from last year and then offer partial protection on two more, who can be taken by oth-

er teams only with the cost of draft pick. My best players last year were DeShaun Watson (before he got injured), DeAndre Hopkins, Ezekiel Elliot (when he wasn't suspended) and Dalvin Cook (before he got injured). My initial thought is to protect Elliot and Hopkins, but I'm wary of leaving Watson available to other teams, since he scored a lot of points when he was healthy. I guess I have a few weeks to figure it all out.

And as a reminder, one final weekend to see A Fox on the Fairway at the Village Players Theater in Wolfboro. Shows are Friday

and Saturday night at 8 p.m. and Sunday at 2 p.m. The first weekend was a lot of fun and this weekend promises to be as well.

Finally, have a great day Bill and Stefanie Marsh.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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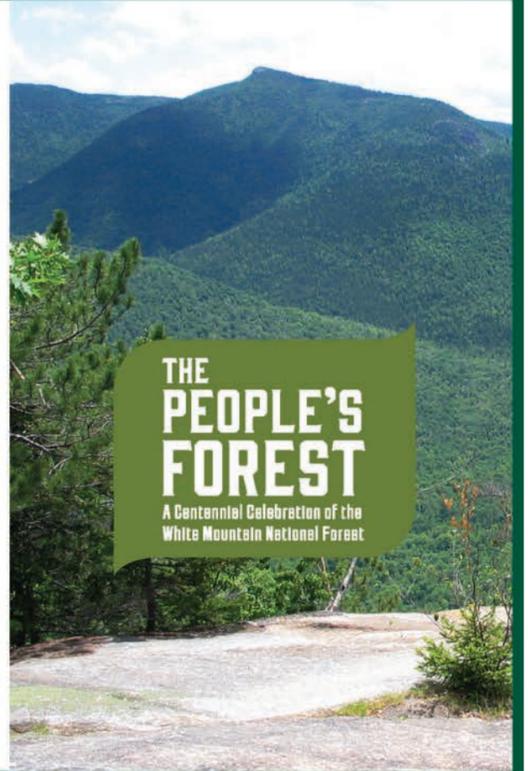
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