

## Ballot questions, sand on the docket in Barnstead

BY KATHERINE LESNYK  
Contributing Writer

**BARNSTEAD** — The Jan. 15 Barnstead Board of Selectmen meeting began with Nancy Carr and Elaine Swinford of the planning board coming forward to present the drafts of five planning board-related ballot questions.

Question two amends

the Zoning Ordinance, updating the definition of “steep slope,” using Department of Environmental Services (DES) measurements, and “fire cisterns.” Selectman Priscilla Tiede inquired about what would happen if a voter was in favor of one of the changes but not the other, but Carr assured her that voters

would understand and either approve or disapprove of both. Carr also confirmed that explanations of the ballot questions would appear in local newspapers. Question three amends the Zoning Ordinance’s definition of “flood hazard area” based on DES as well.

“Basically what it does is take out the ‘100-year

flood’ phrase, because... we seem to be having the 100-year flood every other year. So it’s just to clean it up,” Carr said.

Chairman Rick Duane asked if the amendment would create more flood plain areas in town, and Carr said that they will know once FEMA sends a new flood insurance rate map.

A large portion of the discussion was about question four, which regards steep slope protections “to insure protection of the town’s infrastructure and to protect the natural resources.”

Board members inquired about if the new requirements, if passed, would impact pre-existing lots, and Carr said that the planning board would review it and confirm. Carr also said that the planning board is unanimously in favor of

the proposal.

“It’s very important to protect the town infrastructure... we’re protecting the roads, the culverts, the water... all of that that somebody cutting [trees] on that steep slope impacts. It affects our taxes in the long run because we have to spend more money to maintain roads and clean water... so that’s where we’re coming from,” Carr said.

Carr emphasized that question four and five in particular are “residential.”  
SEE BARNSTEAD, PAGE A5



RUTH ARSENAULT – COURTESY PHOTO

### Fun on the ice

Local resident Ruth Arsenault found a group of folks out on the Alton Bay ice playing broom hockey over the holiday weekend.

## Governor Wentworth board finalizes budget New Durham portion of tax rate going up 45 cents

BY ELISSA PAQUETTE  
Contributing Writer

**WOLFEBORO** — The Governor Wentworth Regional School District (GWRSD) rolled out its final draft of the Fiscal Year 2020 budget on Jan. 7 in the Kingswood Regional High School’s lecture hall, marking the approach of the annual Deliberative Session, scheduled for Saturday, Feb. 2.

Chairman Jack Widmer announced that all three collective bargaining agreements were negotiated in time for the evening’s hearing. Those final figures bring the bottom line up 3.2 percent to \$54 million dollars.

Increases to the tax rate, which factors in not only the school budget but property values and the number of students from each town as well, are as follows (per \$1,000 valuation): Brookfield, 42 cents; Effingham, 40 cents; New Durham, 45

cents; Ossipee, 44 cents; Tuftonboro, 19 cents; and Wolfeboro, 23 cents.

Among the drivers of the budget are wages and benefits for support staff, administrators and teachers (75 percent of the total), infrastructure maintenance, school enrollment (2,426, up by 31 students), and debt service. Widmer added that changing social conditions have an impact on the budget as well.

“We have more students than ever living with parents who are addicted to opioids or living with other relatives due to addiction in the family. This has a serious impact on the children and the services

they need, both in and out of school,” he commented.

Several part time elementary school staff increases in special education and outreach counselors are a response to those increasing needs.

Widmer pointed out during the presentation of the preliminary budget in December that the state’s yearly four percent reduction in stabilization grants has resulted in a \$170,000 increase in this year’s budget. During this hearing, he pointed to a total of \$750,000 in the budget due to the state’s “renewing” on support. It no longer contributes to

the public pension fund. Those costs have been shifted to municipalities.

A significant change this year, said the chairman, was the switch to

SEE BUDGET, PAGE A8

BY MARK FOYNES  
Contributing Writer

**REGION** — For seniors hoping to remain in their own homes - but who have limited transportation options - the idea of aging in place presents definite challenges. With limited public transportation in this area, local agencies, both governmental and non-profit, have stepped in and stepped up to fill a growing need.

“Help from local towns financially and volunteers on the ground are essential to our services,” explained one volunteer helping to

make a difference.

According to a 2011 report by the N.H. Center for Public Policy Studies (NHCPPS), a Concord-based think tank that monitors a broad base of societal needs, “By the year 2020, the state’s shift towards an older population will reach a peak. And by 2030, nearly half a million Granite Staters will be over the age of 65 - a so-called ‘silver tsunami,’ representing almost one-third of the population.”

The study’s executive report continued, “This  
SEE AGING, PAGE A5

### Filing period open for local offices

**REGION** — The filing period for those wishing to run for town and school offices began on Wednesday and runs through Friday, Feb. 1.

Those wishing to run for office should go to Town Hall and fill out the appropriate papers by 5 p.m. on Friday, Feb. 1 (unless otherwise noted).

The Alton Town Clerk’s office is open from 8 a.m. to 4:30 p.m. Monday through Friday and will be open until 5 p.m. on Friday, Feb. 1.

The Barnstead Town Clerk’s office is open Mondays, Wednesdays, Thursdays and Fridays from 8:30 a.m. to 4:30 p.m. and Tuesdays from 11:30 a.m. to 7 p.m. The office will remain open until 5 p.m. on Friday, Feb. 1.

New Durham Town Clerk’s office is open Mondays, Wednesdays and Fridays from 9 a.m. to 4 p.m., Tuesdays from 9 a.m. to 7 p.m. and the last Saturday of the month from 9 a.m. to 12 p.m.

Governor Wentworth Regional School District filing papers are available from the Governor Wentworth Regional School District clerk at the Superintendent of Schools office, located at 140 Pine Hill Road (Route 109A) in Wolfeboro. The SAU 49 office is open from 8 a.m. to 4:30 p.m., Monday through Friday. All filings must be completed by 4 p.m. on Feb. 1.



JOSHUA SPAULDING

### T-Wolves win

Kurumi Sugawara rises toward the hoop during Prospect Mountain’s game with St. Thomas last week. The Timber Wolves picked up a 60-21 win over the Saints. See the story on page B1.

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# Petitioned warrant articles aim to reduce budget growth

*New Durham public hearing on proposed tax cap is Feb. 19*

BY ELISSA PAQUETTE  
Contributing Writer

**REGION** — Two warrant articles submitted by petition for this year's Governor Wentworth Regional School District warrant take aim at the

increasing cost of education. Dianne Smith of Brookfield collected the required number of signatures to ask voters to support the formation of a budget committee to be appointed by the dis-

trict moderator (same number of members as the school board, plus one member from the school board) within 15 days of a successful vote.

The appointed members' terms would expire at the next annual meeting at which point "the manner of election of members...shall be the same as for the school board."

The second article asks voters to adopt a tax cap, which would restrict the governing body or budget committee from submitting

a recommended budget that "increases the amount to be raised by local taxes based upon the prior year's actual amount of local taxes raised, by more than two percent."

The warrant, including the petitioned warrant articles, will be presented at the annual Deliberative Session coming up on Saturday, Feb. 2, at 10 a.m. at the Kingswood Arts Center in Wolfeboro. At that time, residents will have the opportunity to speak on any of the articles.

According to District Moderator Randy Walker, the general rule is that any voter can amend any article on the warrant at that session. The subject matter can not change; however, particular terms, details, conditions, and numbers can change.

The article asking for a tax cap requires a 3/5ths vote and a series of public hearings must be held in advance of Election Day, Tuesday, March 12.

Superintendent Kathy Cuddy-Egbert

has scheduled the hearings for each of the district's towns accordingly: Wolfeboro, Feb. 11 at Crescent Lake Elementary School at the regular board meeting at 7 p.m.; Brookfield, Feb. 12 at the town office at 6 p.m.; Effingham, Feb. 18 at the Effingham Elementary School, at 6 p.m.; New Durham, Feb. 19, at the New Durham Elementary School, at 6 p.m.; Ossipee, Feb. 20 at Ossipee Central School at 6 p.m.; and Tuftonboro, Feb. 21, at the elementary school at 6 p.m.



MATTHEW FASSETT - COURTESY PHOTO

## Hardware talk

"As soon as you walk through our door, you'll be greeted with a smile by one of my sales persons and asked what it is you are looking for," said Chuck Baxter (left), manager of Aubuchon Hardware at the Alton Circle to members of the Alton, Barnstead, New Durham Centennial Rotary Club. He went on to explain that Aubuchon, unlike the big box stores, focuses on selling merchandise and services that are in line with the special and unique needs in the Alton area. Customers are encouraged to fill-out a request form listing the items they'd like Aubuchon to carry. "We pride ourselves on going that extra mile to satisfy our customers at affordable prices, and if we don't have in stock what a customer needs, we'll get it for them ASAP," he added. Rotarian and Program Director David Hayden introduced Baxter.

# Children's day at Oscar Foss on Feb. 2

**BARNSTEAD** — The Oscar Foss Memorial Library invites the families of Barnstead to come to the library on Saturday, Feb. 2, any time between 10 a.m. to 1 p.m. for a special children's day. The children can enjoy lots of fun activities, check out all the newest books, and even get their very own library card. They may discover some other surprises as well, so come and join the fun.

**Adult Book Club**  
The Adult Book Club meets the first Wednesday of each

month at 7 p.m. at the library. Join in for some great literature and stimulating conversation. Copies of the current book are available at the library. The next meeting is scheduled for Feb. 6.

**Teen Writers Group**  
The Teen Writers Group will be meeting on Thursday, Feb. 7, at 6:30 p.m. This group meets at the library on the first Thursday of each month. Teens 12-18 years are welcome to attend for sharing, discussing and improving their writing.

**Yoga**  
Mary Ellen Shannon, RYT offers two yoga classes at the library every Tuesday afternoon. Simply Yoga at 4:15 p.m. for beginners and an all levels class at 5:30 p.m. Please wear comfortable clothing and bring a yoga mat. If you have blocks and straps, please bring those also. Classes are by donation and all are welcome and encouraged to attend, regardless of ability to donate. Shannon has been a resident of Barnstead for 18 years and a yoga practitioner for even

longer. If you have further questions, please contact her at 269-5030. Please call the library at 269-3900 or visitoscarfoss.org for more information about the library's programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.



## ALTON POLICE LOG



**ALTON** — The Alton Police Department responded to 220 calls for service during the week of Jan. 13-19, including five arrests.

One female subject was arrested for driving after revocation or suspension and suspended registration. One subject was taken in for involuntary emergency admission.

One male subject was arrested for conduct after an accident.

One male subject was taken in for protective custody of an intoxicated person.

One male subject was arrested for transporting alcoholic beverage by a minor and unlawful possession of alcohol.

There were five motor vehicle accidents.

Police made 53 motor vehicle stops and handled one motor vehicle complaint-incident.

There were 161 other calls for services that consisted of the following: One background/record check, one fraudulent action,

two assist other agencies, two animal complaints, three juvenile incidents, six general assistance, one wanted person/fugitive, five alarm activations, one noise complaint, one general information, one vehicle ID check, three sex offender registrations, one criminal threatening, two civil standbys, one well-ness check, three abandoned motor vehicles, three community programs, one disabled motor vehicle, 97 directed patrols, two 911 hang-ups, one motor vehicle lockout, three medical assists, 18 property checks and one unwanted person.

## Fundraiser for Vouchers for Veterans program is Feb. 8

**BARNSTEAD** — The Barnstead Farmers' Market would like to welcome the Vouchers for Veterans program to Belknap County. The BACFM is committed to raising awareness and funds to continue the program and spread it across New Hampshire. Vouchers for Veterans funds vouchers that veterans use to buy meat and produce directly from growers at local farmers' markets. This year, they are pleased to announce, the Barnstead Farmers' Market will be offering this program in the month of September for Belknap County veterans. Every week in the month of September, veterans will receive \$20 a week in vouchers to shop at the farmers' market.

Legion, Route 28, Alton (875-3461). The American Legion will be serving dinner from 5 to 8 p.m., menu and dinner prices will be listed at [www.facebook.com/americanlegionpost72](http://www.facebook.com/americanlegionpost72). This event hopes to raise money to support the Belknap County Vouchers for Veterans Program partnering with the BACFM. There will be a gift basket and 50/50 raffle. To donate or contribute to this cause, please e-mail Lori Mahar, President of BACFM at [lorimahar@tds.net](mailto:lorimahar@tds.net) or call 269-2329.

On Feb. 8, the Alton American Legion family Post 72, the Barnstead Farmers' Market and the Aches and Pains Classic Rock Band will be hosting the Vouchers for Veterans fundraiser and open mic jam from 7 to 11 p.m. The event is located at American

Visit the Vouchers for Veterans web site to make a secure, tax-deductible donation or send a check, please mark Belknap County in the memo line. All donations are tax-exempt and benefit Vouchers for Veterans and every dollar makes a difference for local veterans.

For more information on Vouchers for Veterans, visit [vouchersforveterans.org/](http://vouchersforveterans.org/). Donations can be sent to P.O. Box 42, Rochester, NH 03866-0042.

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COURTESY PHOTOS

### Geography bee

Alton Central School is proud to announce Hayden Mellon as the winner of the school-level National Geographic Geo Bee held on Jan. 15 at Alton Central School. Finalists from grades four through eight participated in the competition under the direction of Curriculum Coordinator Shay Cassily. The runner up was Randall Preston and second runner up was Kytalin Dowling. Congratulations to all of the participants. Alton Central wishes good luck to Mellon as he moves on to the next round (online test), which could qualify him for the national competition. Pictured (l to r) Preston, Mellon and Dowling. The other photo shows Principal John MacArthur reviewing the rules with the students.

## School district and Children's Center form partnership

BY ELISSA PAQUETTE  
Contributing Writer

**WOLFEBORO** — Governor Wentworth Regional School District Special Education Director Susan Merrell and Wolfeboro Area Children's Center Director Teri Ann Cox presented an overview of their collaborative partnership to promote healthy development in children with disabilities to the School Board on Jan. 7. Their application was one of just five chosen for support by the NH Department of Education.

The Fostering Footprints Program is part of a Community Collaborative initiative that requires a partnership between a school district and a community based early childhood partner. Merrill said that neural frameworks begin developing at birth. Engagement in interactive and responsive environments is critical to enhance learning and development as their brains are being wired for language develop-



ELISSA PAQUETTE

**GOVERNOR WENTWORTH** Regional School District Special Education Director Susan Merrell and Wolfeboro Area Children's Center Director Teri Ann Cox present an overview of their collaborative partnership to promote healthy development in children with disabilities. Their application for a Fostering Footprints program was one of five chosen for support by the NH Department of Education.

ment, academic skills, play/social skills, and problem solving.

The goal is to provide professional development to members of the Community Collaborative and the implementation team and increase parent engagement and knowledge of appropriate child development. Cox said they want to work with other early childhood providers, such as Headstart and

pediatric professionals to build a network that can offer a consistent approach throughout the district.

Carolyn Ramsey, the district's preschool coordinator, will also be involved.

The hope is to counter the impact the opioid crisis is having on families, for there is a marked increase in children under the age of six with parents with

substance abuse disorders coming to the attention of the Division of Children and Youth. Also, children with disabilities have higher rates of expulsion from childcare centers than non-disabled peers.

Merrell said that longitudinal research has shown that 50 percent of preschool children who demonstrated externalizing behaviors continued to display these be-

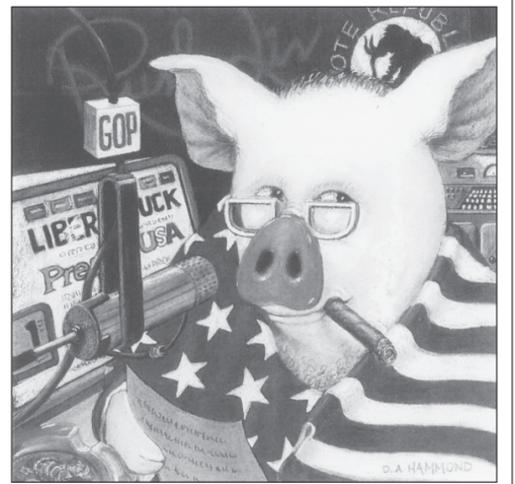
haviors in elementary school. Simply put, early intervention matters.

Superintendent Kathy Cuddy-Egbert, who was a special edu-

cation teacher earlier in her career, complimented the two for their successful application and emphasized the importance of their effort.

### PIG OF THE WEEK by D.A. Hammond

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Rush Limboar

### Farmers' market vendor meeting is Feb. 4 in Barnstead

**BARNSTEAD** — The Barnstead Farmers' Market is inviting the public and all vendors who are interested in participating in the 2019 farmers' market season, to their annual vendor meeting, Feb. 4 at 6 p.m., located at the Maple Street Church, 96 Maple

St., Center Barnstead. The agenda will start at 6 p.m. with an intro and overview of the upcoming season, accepting 2019 applications deadline of Feb. 4. Applications are available on the website now. At 6:30 p.m. will be a presentation on what makes

a successful farmers' market by UNH's Nada Haddad. At 7 p.m. will be a Vouchers for Veterans program overview by Jeanne Grover, Director. At 7:15 p.m. will be an EBT overview by NH Food Bank's Brendan Cornwell. At 7:30 p.m. is a presentation

on increasing your customers: selling and what makes your customers come back by Haddad. At 8 p.m. will be a question and answer session. For more info please visit [www.barnsteadfarmersmarket.club](http://www.barnsteadfarmersmarket.club) or to RSVP, e-mail [lorimahar@tds.net](mailto:lorimahar@tds.net).

### Two locals on Dean's List at Clarkson

**POTSDAM, N.Y.** — The following students have been named to the Dean's List for the fall 2018 semester at Clarkson University.

Michael Fife of Center Barnstead, majoring in financial information and analysis.

Eric Mercer of Alton, majoring in software engineering.

Clarkson University

ty educates the leaders of the global economy. One in five alumni already leads as an owner, CEO, VP or equivalent senior executive of a company. With its main campus located in Potsdam, N.Y., and additional graduate program and research facilities in the Capital Region and Beacon, N.Y., Clarkson is a na-

tionally recognized research university with signature areas of academic excellence and research directed toward the world's pressing issues. Through more than 95 rigorous programs of study in engineering, business, arts, education, science, and the health professions, the entire learning-living community spans

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# Opinion

## Your town needs you

The filing period for all local offices, both town and school district in all three towns we serve, began on Wednesday.

Too often we find that the town and school elections feature uncontested races and in some cases, nobody seeking the spot on the ballot. This is disconcerting to us in many ways.

We are well aware that there are a wide variety of opinions on how to run the town and the school in our communities. We get letters from many different residents touting their ideas, speaking out against ideas proposed by elected officials or supporting ideas from officials.

However, when the time comes to put their money where their mouth is, too often local residents don't back up their talk. The ballot remains empty and then they complain for another year about not liking what a certain official or officials are doing.

This is the chance for everyone to get their voice heard, to let it be known what you believe would be best for the town or the school district. This is a chance to fight for what you believe in.

In our opinion, if you don't vote in an election, you have very little right to criticize the officials who are making the decisions. You had the chance to do your part and you didn't do it. By not casting a ballot, you are saying you don't care, so you have no right to criticize.

Same can be send for running for a town or school position. People who run for these positions don't do it for the money. They do it because they care about their community and they want to make a difference in how things are run. If you believe things aren't going in the right direction, you have a right to speak up and once a year, you have a chance to put your name on the ballot and let people know what you would do differently if you were in the elected position.

We know many members of our community are passionate about issues, on the local, state and national scene. We know there are tons of opinions out there on how things should be done.

Yet, when the ballots come out, there's one person running for school board, one person running for selectmen and nobody running for planning board or budget committee. It's disheartening. All these people who are so passionate with varying opinions decide somebody else will have to fight their battle.

We know that not everyone can afford the time to step up and serve, but if you are someone who believes in your community and wants what is best for its residents, you should find a way to make yourself available to the community. If you are unsure, start with a smaller, less time-consuming position and see how you enjoy public service.

You just might find that it is something you enjoy and something that makes you feel like even more of a part of the community. And when that happens, everybody wins.



COURTESY PHOTO

### Super Knights

The following Kingswood Regional Middle School students received Super Knights for caring and compassion for the month of December. Back row (l to r), Cody Holt, Margo Farrell, Annabella Golderesi, Jaylynn Lizotte and Franklin Manning. Front row (l to r), Anaka Waldron, Emma Prentice and Andrea Daggett. Missing is Ana Reynolds.

## Letters to the Editor

### Need better communication and answers

To the Editor:

In New Durham, it takes a detective to understand the entangled web of committee reports and minutes in order to make an informed decision.

Selectperson Swenson says all we have to do is read it all. budget committee (BC), board of selectmen (BoS), advisory capital improvement committee (ACIPC). Then there is the Meeting House Committee, Boodey Farmstead, parks and recreation, library, etc.

Swenson's letter to the editor last week accuses me of lying but the video recording of the meeting shows he is mistaken. He also takes credit for creating the first Voters Guide but any of us that have been around a while know better. He is up for reelection this year so it appears he has decided to boast about himself and discourage potential candidates with name calling.

The issue was about a petitioned warrant article asking voters if they would like to have the opportunity to have Capital Reserve Funds (CRF) and Expendable Trust Funds be listed and voted on individually on the town warrant instead of bundled starting next year. The town administrator (TA) offered to write a summary of each. Swenson told him not to because people can look it up.

Perhaps Swenson misunderstood. It is the lack of public awareness that is most problematic not that information can't be found but that it's hard to find and much like a puzzle to unravel. For example:

- Discussing parts of a document the board is viewing at a meeting does not tell the public what's in the

document. I had to go to the town hall, look for, and rummage through a notebook to find information on the \$192,397 plow truck.

- The Meeting House Committee originally asked for \$50,000 but the ACIPC consisting of Selectman Cecile Chase and BC member Terry Jarvis insisted they receive \$100,000. Yet when they came back to their BoS and BC they changed stripes and voted to only appropriate \$5,000 for the Meetinghouse. At that point, the BoS lost control of the Meeting House Committee. The committee now has a petitioned warrant article asking voters to appropriate \$100,000 for the Meeting House against the recommendations of the BoS and BC.

- How many people other than the inner circle of town government knew about the selectmen's intention to install a \$60,000 drive on weight scale at the transfer station despite it being voted down at a prior Town Meeting? This time those funds are intended to be disguised under the title Solid Waste Equipment CRF and buried within the bundled CRFs.

With taxes rising nine percent last year and the BoS and BC recommending a 5.5 percent rise this year we need better communication and straight forward answers.

I suggest Swenson check the video camera before he calls someone a liar. Calling people names will only further discourage others from participating in local government.

David Bickford  
New Durham

### New Hampshire walking point

To the Editor:

In 2006, Barnstead Selectman Jack O'Neil proclaimed support for a rights-based ordinance protecting Barnstead's water resources stating, "... we pledge to walk point for you...". It's doubtful that at the time he imagined New Hampshire residents would today be walking point for the nation in the struggle for community rights and the rights of nature.

Since then towns across New Hampshire have been initiating and passing rights-based ordinances in the face of corporate assaults on local economies, rights, and natural environments. In 2015, a holocaust survivor living in Barnstead recognized the fomenting climate of religious intolerance during the presidential primary and initiated a rights-based ordinance guaranteeing freedom from religious identification. It passed unanimously at town meeting.

In a time when state and federal lawmakers fail to act on pressing social, environmental, and economic issues and corporate entities are rushing to enact legislation pre-empting communities from addressing these, it is more important than ever to seize the opportunity to affirm the rights of people to self-govern in their communities.

New Hampshire representative Ellen Read has reintroduced the Community Rights Amendment, CACR 8, an amendment, which codifies the rights of people in New Hampshire to make governing decisions about policies and endeavors that impact the well-being of residents and the natural environment. Having garnered one third of the legislature's support in the past session, New Hampshire is leading the nation in the fight against legalized destruction of our planet and the stripping away of our individual right to self-govern.

Those involved in the early work of local democracy are grateful for the efforts of many residents, but especially those of longtime Barnstead Selectman Gordon Preston, Katherine Preston, the late Jack O'Neil, and the late Gail Darrell, founder of NH Community Rights Network and tireless advocate for a sustainable, peaceful world. The many people who carry on this work across New Hampshire ask for your support of CACR 8, the NH Community Rights Amendment to the NH constitution.

Diane St. Germain  
NHCRN Board Member  
Barnstead

### Thanks to your neighbors

To the Editor:

Last week we had some early morning drama when our truck, which we use to plow the drive, burst in flames. We don't know the cause but some rodent friends with long tails are high on the list of suspects. It was completely burnt out.

Luckily it was not parked near the house and no one was in it. Many thanks to neighbor Corey Waldron for letting us know it was on fire, many thanks to neighbor Ken Hynes for calling 911 and a special thanks to the New Durham Fire Department for the prompt arrival and efficient work in extinguishing the blaze.

John and Elaine Laurie  
New Durham



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Salmon press

**CALL 603-279-4516 TO PLACE YOUR AD TODAY!**

# Bring kids to snowshoe race Saturday in Wolfeboro

**WOLFEBORO** — The fifth annual Moose Mountains RunAround features winter fun for the whole family on Saturday morning, Jan. 26, at Abenaki Ski Area, 390 Pine Hill Road, Wolfeboro. A snowshoe race is scheduled to start at 9 a.m. followed by a kids' Snowshoe Shuffle to take place immediately after the race finishes, around 10 a.m. Both events are fundraisers for Moose Mountains Regional Greenways (MMRG).

Children aged 12 and under can participate in the kids' Snowshoe Shuffle, a non-competitive, fun activity, in which kids make their way around an obstacle course on snowshoes. Last year's course involved climbing over hay bales, pulling a sled with cargo, ducking under ski pole arches, stepping through a hula hoop and other challenges. MMRG board member Lorrie Drake, who helped plan the event and also as-

sisted as a volunteer, reported, "Several kids had so much fun, they did it twice."

A limited number of loaner snowshoes for kids from the Tuftonboro Library will be available. There is a suggested donation for this kids' ac-

## BARNSTEAD

(continued from Page A1)

dent-driven," meaning that they were based on comments and suggestions made by residents to the planning board.

The draft of question five asks if residents are in favor of amending the Zoning Ordinance by adding a Barnstead floodplain management ordinance "promulgated by the New Hampshire Office of Strategic Initiatives, Flood Plain Management Program."

Office manager Karen Montgomery started a conversation about upcoming warrant articles, particularly a petition for SB2. SB2, according to cit-

izenscount.org, is a form of municipal government in which there is a first "deliberative" session and a second session typically held the second Tuesday in March.

During the deliberative session, "participants have the opportunity to discuss, debate, and possibly amend the articles on the warrant." The second session consists of the election of town and school officers such as selectmen and school board members, according to Citizens Count, and written voting occurs for all articles from the first session. Voters can only vote "yes" or

register and participate. Last year, participants found the route to be both beautiful and challenging. More information and discounted advance registration are at [www.mmrgrg.info/moose-mountains-runaround/](http://www.mmrgrg.info/moose-mountains-runaround/). Wolfeboro Oil Co is sponsoring

the race.

Volunteers are needed to help with both the race and the kids' Snowshoe Shuffle. To volunteer, call MMRG Education Coordinator Kari Lygren at 978-7125 or e-mail [info@mmrg.info](mailto:info@mmrg.info). Moose Mountains Re-

gional Greenways is a land trust and educational outreach organization serving the seven towns of the Moose Mountains Region: Brookfield, Farmington, Middleton, Milton, New Durham, Wakefield, and Wolfeboro.

## AGING

(continued from Page A1)

trend will influence nearly every critical policy debate, but perhaps none more so than health care."

The study used 2010 U.S. Census data and NHCPPS projections. The report noted the following relating to the region's 65-and-over populations: Belknap County has a senior population of 16.7 percent, which will more than double to 37.4 percent by 2030; Strafford County - in spite of its inclusion of youthful communities like Durham and Dover - will spike from 12 percent to 18 percent in the same time frame; neighboring Carroll County will see the ratio of its senior population soar from a current 20.6 percent to 49 percent in the next decade.

As such, the need for seniors requiring transportation to and from medical appointments is on the rise. While most area seniors are able to drive themselves to facilities in Concord, Wolfeboro, Somersworth, Rochester and Portsmouth, many cannot. In many cases, seniors have spouses or friends who can help. But for those who can't find assistance, the risk of being homebound puts them in a position where they can't be treated for conditions requiring chronic and acute care.

Consequently, seniors often feel faced with a difficult choice: They can remain in their homes and see their health degrade for lack of care; or they can move out of their homes and seek alternative living options.

According to the U.S. Department of Housing and Urban Development's Office of Policy

Development and Research, there are tangible benefits related to seniors remaining at home. The Federal agency's website notes, "Evidence suggests that programs that support aging in place may yield cost savings for families, government, and health systems." The site also touts that "[a]ging in place has also been shown to have health and emotional benefits over institutional care."

While there are some federal programs, the most responsive and effective are often located closer to home, where in local volunteers and staff step up and step in when need arises.

In Alton, for example, there is an organization called the Caregivers of Southern Carroll County and Vicinity. According to Shirley Bentley, who was involved in the founding of this 22-year-old-volunteer non-profit, the organization provides rides to homebound seniors at no cost.

"There is never a cost - you can underline that," Bentley emphasized.

The Caregivers' catchment area includes Wolfeboro, Alton, Tuftonboro and Ossipee. Bentley noted that each of the towns provides a small stipend that allows volunteer administrators to provide mileage reimbursements. She also said that individual contributions from benefactors and grant donations help make the organization's budget whole.

"Any and all contributions go right toward providing our services," she stressed. And being a federally-recognized non-profit, private contributions are tax-deductible.

Bentley added that rides are made available to qualifying individuals to facilities as close as Huggins and Frisbee and as far away as Dartmouth and even specialty clinics in Boston.

Being an all-volunteer organization, the Caregivers rely on area residents with reliable transportation who are willing to donate their time.

"Everything we try to do hinges on the willingness of people in the community wanting to help their neighbors in need," Bentley said. She added that most volunteer drivers are seniors themselves who bring a certain empathy to the role.

But she hastened that caregivers under 65 have also played a key role over the years.

"Sometimes they're just good-hearted people, in some cases they're people who have had loved ones who needed help in the past," Bentley said in describing the type of 'pay-it-forward' zeitgeist that helps define the region.

Bentley noted her pride in the all-volunteer status of her organization. During the phone call, she said she was talking from her living room, which doubles as a home office. She added that the Caregivers do have a call forwarding system in place, so if she isn't available to take a call, a senior in need should be connected to a live person in a position to help.

A couple of other things that Bentley stressed included the scope of the Caregivers service.

"We help primarily seniors, but we also offer transportation to younger disabled persons," she said, recalling sev-

"no;" amendments cannot be made to the articles at the second meeting. Alton is currently using the SB2 form of government.

There will be a public hearing on SB2 during the board of selectmen meeting on Feb. 19 at 6:30 p.m.

Lastly, Road Agent Andy Sylvester came forward to discuss winter sand at the highway department. He said that there was a vote in October to allow the highway department to spend \$30,000 on winter sand from Fillmore Industries, but that high-quality sand is running out.

eral young adults and even school-aged children. She also stressed that the Caregivers are not an emergency service. To this end, she said that a call with some lead time helps her coordinate rides. And of course, true emergencies should be directed to 911.

In Barnstead, the point person is Elaine Swinford, the town's welfare officer.

"We've had some younger families move to town, but there's a lot of us who aren't getting any younger," Swinerton said in a cut-to-the-chase tone.

She said that a great local resource for Barnstead residents is a shuttle service that is operated out of the Pittsfield Senior Center and managed by Community Action of Merrimack and Belknap Counties (CAP).

The center's web site notes, "We will meet you at your home and take you where you need to go. A one way donation of \$1 for those aged 60+ is appreciated. Rides are available 8:15 a.m. to 2:15 p.m."

The CAP site further details that door-to-door service via an ADA-compliant vehicle for Barnstead residents is available on Tuesdays and Wednesdays. More information is available by calling 435-8482. Questions about equipment or other mobility accommodations can be obtained by calling the Concord office at 225-3295

"It's a great resource - and one that is in growing need," Swinford said, adding that she tries to spread the word at the town's senior cen-

ter and the adjoining thrift shop, which she runs on a not-for-profit basis next to Bosco Bell.

CAP also manages several area Meals on Wheels programs. Although this service does not provide medical transportation, drivers do make wellness checks in addition to bringing nutritious meals directly to seniors' doors.

In New Durham, Laura Zuzgo - the town welfare clerk - is the go-to person. As a part-timer, she's available Mondays through Wednesdays. When The Baysider caught up with the town hall last Thursday, she was off duty. Town Administrator Scott Kinmond helped fill in the details.

He explained that the town, through its budgeting process, provides financial support to agencies like Cornerstone VNA and Community Action, which provide door-to-door and through-the-door services like non-emergency medical transportation and wellness visits.

Kinmond added that Meals on Wheels, managed by Community Action, also provides "wellness checks" when they make their rounds. He said that drivers are asked to report on any health-related matters they might observe - although they are not authorized to make any direct interventions.

Kinmond stressed that a senior in need shouldn't hesitate to call the town hall even when Zuzgo is not in. He recalled instances when town hall employees were allowed to make wellness checks. On at least one occasion, Police Chief Shawn Berni-

Furthermore, Sean Dunne said that both of the former suggestions were too high, offering the idea to add \$10,000 to the budget, bringing the winter sand budget to \$45,000, which is what the highway department initially recommended. The board approved the motion 3-1, and then began the conversation about where the increased funds will come from. It was concluded that the \$10,000 could be moved from the crushed gravel budget to the sand budget, and that the sand will be trucked in from a company other than Fillmore for a lower cost.

er transported a senior's beloved canine to Cochecho Veterinary when no other means were available.

"If it's a time when [welfare officer] Laura isn't in, residents of this town should ask for the town clerk," referring to Stephanie McKenzie.

"We're public servants and we're here to serve the public," Kinmond summarized.

In Alton: Caregivers of Southern Carroll County; Shirley Bentley, 569-6870. This volunteer agency uses a call forwarding system, so a volunteer other than Bentley might answer. The service is limited to transportation to medical appointments and does not include visits to the grocery store. Additionally, through a grant made by a former welfare officer, there is funding for caregivers who will tend to light housework and cleaning; to learn more call Mary Jarvis at 875-2113.

In Barnstead: Pittsfield Senior Center, 74 Main St., 435-8482. Web site: [www.mypittsfield.com/seniorcenter](http://www.mypittsfield.com/seniorcenter). This service is an initiative of Community Action of Merrimack and Belknap Counties.

In New Durham: Laura Zuzgo, town welfare clerk. Call 859-2091, Monday, Tuesday, Wednesday. During other hours when the town hall is open, those seeking assistance can ask for the town clerk.

Statewide: ServiceLink is networked with innumerable local, state, and federal providers: 1-866-634-9412. Additionally, 211, a service funded by the United Way, can make referrals.



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# OBITUARIES

## Paul K.J. Landry Supporter of children's talents

**BARNSTEAD** — Paul K.J. Landry passed away peacefully after a brief illness, surrounded by the love of his family at the Concord VNA Hospice House on Jan. 16.

Paul was born on Sept. 16, 1946 in Manchester to Alfred and Edna (Wurtele) Landry and attended Bishop Bradley High School in Manchester. He enlisted in the Marine Corps in 1965 and attended Villanova University. His military training and his education at Villanova led him to a long and successful career in information technology.

Developing and supporting children's academic and athletic talents was important to him. That included coaching Pop Warner Football and Little League baseball in Melrose, Mass., visiting classrooms at Prospect Mountain High School and Barnstead Elementary School, supporting the robotics program and the



Future Business Leaders of America. His love for his community led him to serve on the budget committee and as school treasurer for Center Barnstead.

When he wasn't serving his community, you could find him in his woodshop, on the lake, or driving his tractor. Preparing his annual cord wood for the winter with his wife Eunice was always a special time for them both. He loved watching Villanova basketball, the Patriots and listening to National Public Radio.

He is survived by his wife, Eunice (Watson); his mother, Edna (Wurtele); his daughter, Jacqueline and her husband Michael

Clucas from Galva Ill.; his daughter, Jennifer and her husband Sean Brennan from Melrose Mass.; and his daughter, Kimberly Butcher-Pope from Urbandale Iowa; his nine grandchildren, Grace, Jack, Sophie, Nicholas, Cal, Ella, Emma, Audrey and Dylan. He is also survived by his sister, Irene (Vic) Sherburda, Nancy Milligan, David (Connie) Landry, Scott Landry and John (Elizabeth) Landry and many nieces and nephews.

In lieu of flowers, a scholarship has been created in his name. Donations may be made to: Paul K.J. Landry Scholarship C/O Barnstead Elementary School, 91 Maple St Center Barnstead NH 03225.

Visiting hours were Monday, Jan. 21, at Waters Funeral Home/ A military service and interment at the Veterans Cemetery in Boscauwill occur at a later date.

## Amy Park Jones Active church member

**LACONIA** — Amy Park Jones of Laconia, formerly of Wolfeboro and Reading, Mass., died peacefully surrounded by loving family members at Lakes Region General Hospital on Jan. 16. She was born Feb. 12, 1928 in Reading Pa., the daughter of Dr. and Mrs. Samuel Nelson Park. She is predeceased by three brothers and her husband of 61 years, Richard Newhall Jones.

Amy was a loving and devoted daughter, sister, wife, daughter-in-law, mother, mother-in-law, grandmother, great-grandmother, aunt and friend to many. She will be remembered for her faith, her gift of music, her sense of humor, her passion for social justice and her love of learning. Amy grew up in West Grove, Pa. and received her Bachelor of Music degree from Westminster Choir College, Princeton, N.J. in 1949. From 1949 to 1951, she lived



in Wakefield, Mass., where she served as Minister of Music at the First Parish Congregational Church. After her marriage to Richard in 1951, the couple settled in Reading, Mass., where they raised their three children. While raising their family in Reading, she taught piano, voice and organ; served as choir director of the North Woburn Congregational Church (1952-55); directed the Reading Women's Choral Society (1970-1979); was on the board of the Reading Symphony Orchestra; served as a member of the Reading Congregational Church choir and hand bell choir; and occa-

sionally substituted as organist and choir director.

Amy was an active member of the First Congregational Church of Reading, Mass. and the First Congregational Church UCC, Wolfeboro, where she served on various church committees and boards and was a mentor in the ecumenical senior high youth group, Logos.

In retirement, she and Richard especially loved cross-country skiing, many wonderful travels, family visits, the Wolfeboro community and spending time at the family camp on Lake Winnepesaukee in Alton Bay. She continued sharing her love of music during retirement in Wolfeboro by singing in the church choir and serving as substitute organist and choir director there; providing various community music programs; filling in as organist for area churches; and serving on the Friends of Music board. Amy played for the dedication of the Friends of Music's gift of a grand piano to the Kingswood Arts Center.

Amy was instrumental in improving the lives of those in her community. She helped provide services and care for a Laotian immigrant family sponsored by the First Congregational Church of Reading. In Wolfeboro, she was a dedicated board member of L.I.F.E. Ministries

**ALTON** — Lisa R. Boudrow, age 48, died on Thursday, Jan. 10, at the Hyder Family Hospice House in Dover after a short but courageous battle with cancer.

She was born Dec. 22, 1970 to Brenda J. and Robert L. Boudrow of Alton. She graduated from Alton High School in 1989 and went on to receive a degree in Horticulture Technology from the University of New Hampshire in 2001.

Lisa's infectious smile, giving heart, and her ability to make everyone feel like family were some of her best qualities. She was the proud and successful owner of Lisa's Dragonfly Gardens and Design, located in Alton. Lisa took great pride in always going above and



beyond for her customers. Whether it was a beautiful floral arrangement or a gorgeous landscape renovation, she always put her whole heart into making other people feel special.

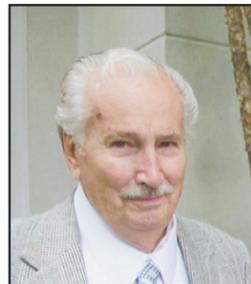
Those left to honor Lisa include her son, Kyle; daughter, Victoria; brother, Rob; father, Bob and his wife Rachel; aunt Sandra, uncle Allen, and aunt Alice. She will always be remembered by the countless others who

she would consider family members. Lisa was predeceased by her mother, Brenda.

Lisa will be remembered as a bright, shining light in the various communities she served. A celebration of life will be held on Saturday, Feb. 2, from 5 to 9 p.m. (program starts at 6 p.m.) at The Barn at The Inn on Main, at 200 N. Main St., Wolfeboro.

In lieu of flowers, we are accepting donations of new stuffed animals to be donated in Lisa's name to local child advocacy organizations to honor Lisa's love of children. Stuffed animals may be brought to the service or sent to Lisa Boudrow, Bob and Rachel Boudrow, 190 Old Wolfeboro Rd, Alton, NH 03809.

## Robert L. Tilton US Navy veteran



**HOLLIS** — Robert L. Tilton, 94, passed away on Jan. 15. He was born in Salem, Mass. on April 27, 1924, son of the late Arthur and Laura May

(Dwyer) Tilton.

Robert was a resident of Alton from 1952 to 2012 when he moved to Hollis. He served his country in the U.S. Navy, and he liked the weekend cruises and weekend tours. Robert was devoted to his wife and family, and he enjoyed traveling with his late wife of 69 years, Beth. He enjoyed boats and being out on the ocean, he loved going on adventures, and there was never a dirt road he didn't go down. Robert was a gardener and had vegetable and flower gardens and he loved his dog Princess.

Robert is survived by his children, Kenneth Tilton and his wife Marion of Merrimack, Keith Tilton and his wife Hazel of Nottingham, Don Tilton and his wife Diane of Laingsburg, Mich., Jim Tilton and his fiancée Susie Guthrie of Stratham, daughter Donna Lindquist and her husband John of Hudson, Joanne Tilton of Fort Myers, Fla., and Leatha Anfusio and her husband Steven of Hooksett. He is also survived by nine grandchildren and eight great grandchildren. He was predeceased by his grandson, TJ Lindquist, brothers Howard Tilton and Arthur Tilton and niece Shirley.

Services will be held privately. In lieu of flowers, please make a donation to the Heart Fund. Condolences may be offered at [www.zisswee-neyfuneralhome.com](http://www.zisswee-neyfuneralhome.com).

## Luann Edith Ketcham Accomplished organist and pianist

**LACONIA** — Luann Edith Ketcham (nee Herndier) passed away on Wednesday, Jan. 16, at age 88.

She was born in Milwaukee, Wisc. on Sept. 17, 1930 to William and Lois (Brazee) Herndier, who predeceased her.

She graduated from Rufus King High School in Milwaukee, Kalamazoo College in Kalamazoo, Mich. and Lancaster Theological Seminary, where she received her Master of Divinity in preparation for her ordination to the Christian ministry in May of 1996.

Luann served as President of the American Baptist Women of NYS and on the national board of American Baptist Women. She was interim co-pastor with her husband for American Baptist congregations in Pennsylvania, Rhode Island and in Melvin Village.

Luann was an accomplished organist, pianist, mezzo-soprano, music teacher and director of choirs. Her high expectations of herself and the musicians she worked with led to many amazing worship services and concerts. She loved the classical and romantic composers and never did

learn to like guitars or drums.

Luann is survived by her loving husband, Robert (Bob) Ketcham, who was her primary caregiver for many years; her sons, Jim (Jan Curtis) of Albany, N.Y. and Don (Susan Varley Ketcham) of Monroe, N.C.; her grandson, John Binh Ketcham, studying at Iowa State University; her sister, Marilyn Brandt of Pescadero, Calif.; brother and sister-in-law John and Carol West of Sacramento, as well as four nieces and a nephew.

A memorial service was held at Melvin Village Community Church on Saturday, Jan. 19, Pastor Kevin Van Brunt presiding.

In lieu of flowers, please send gifts to Melvin Village Church (PO Box 233, Melvin Village, NH 03850) or the Baptist Peace Fellowship of North America/Bautistas por la Paz (<https://secure.sitemason.com/site/fPay6A/donate> or 300 Hawthorne Ln, Suite 205, Charlotte, NC 28204-2434).

To leave the family a brief message, a note of condolence and sign an online guest book, go to [www.baker-gagnefuneralhomes.com](http://www.baker-gagnefuneralhomes.com).

### Church Service

#### SCHEDULE

**8 am Worship Service**  
Community Church of Alton  
20 Church Street, Alton

**ABUNDANT HARVEST FAMILY CHURCH**  
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 251 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit [abundant-harvest.org](http://abundant-harvest.org) or e-mail [ahf@faith.com](mailto:ahf@faith.com).

**ALTON BAY CHRISTIAN CONFERENCE CENTER**  
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.

**BEFREE COMMUNITY CHURCH, ALTON**  
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, [www.befreechurch.net](http://www.befreechurch.net).

**CENTER BARNSTEAD CHRISTIAN CHURCH**  
Morning Service 10:00 am.  
Adult and Teen Bible Study 11:15 am.  
Sunday School for all ages 10:00 am.  
Rte. 126 next to Town Hall.  
Pastor Brian Gower 269-8891.

**COMMUNITY CHURCH OF ALTON**  
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am  
Rev. Dr. Samuel J. Hollis 875-5561.  
Sunday Worship Service 8:00am  
Alton Bay Barnstead July 1-Sept 2  
10:00am 20 Church Street

**CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC**  
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, [ccnorthbarnstead.com](http://ccnorthbarnstead.com)

**FIRST CONGREGATIONAL CHURCH UCC FARMINGTON**

Worship Services 10:00 A.M.  
Sunday School 10:15 AM  
400 Main Street  
Farmington, NH 02835  
Pastor Kent Schneider 755-4816  
[www.farmingtonucc.org](http://www.farmingtonucc.org)

**FIRST FREE WILL BAPTIST CHURCH**  
Sun. School 9-9:50am; Church 11am; Evening Service 6pm;  
Wed. Prayer Meeting 7pm. Depot St., New Durham;  
Pastor James Nasson.

**PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.**  
on the Parade in Barnstead  
Sunday Morning Worship Service for all ages begin at 10:00 a.m.  
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.  
Pastor Sandy Pierson - 483-2846

**ST. KATHARINE DREXEL**  
40 Hidden Springs Rd., Alton, 875-2548  
Father Robert F. Cole, Pastor.  
Mass Saturday 4pm;  
Sunday 8:30 & 10:30am;  
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

**ST. STEPHEN'S EPISCOPAL CHURCH**  
Sunday 9:30, 50 Main St., Pittsfield  
Rev. Miriam Accardo, 435-7908  
[www.ststephenspittsfield.com](http://www.ststephenspittsfield.com)

**UNITARIAN UNIVERSALIST SOCIETY OF LACONIA**  
Sunday services and religious education 10:00 a.m.  
All are welcome.  
172 Pleasant St. Laconia • 524 6488 • [uusd.org](http://uusd.org)

**MADLE STREET CHURCH**  
Sunday Service 11am  
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Center Barnstead NH 03225

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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	29 Alton Shores Rd.	Single-Family Residence	\$149,933	Mark Szwedko	Kerstyn M. Flack
Alton	44 County Rd.	Single-Family Residence	\$358,533	Roy and Barbara Rudd	Robert & B. Hilton RET
Alton	765 E. Side Dr.	Single-Family Residence	\$172,000	Richard A. and Mary L. Brown	Christopher Currier
Alton	247 Main St.	Single-Family Residence	\$120,000	Harry and Cynthia Wade	Courtney E. and Brock C. Mitchell
Alton	51 Reed Rd.	Single-Family Residence	\$435,000	Ricahrd W. Wallace RET	First Leclair Fiscal Trust
Alton	187 Route 11d	Single-Family Residence	\$128,000	Peter R. Mugford	Fleet Property Solutions
Alton	164 Stockbridge Corner Rd.	Single-Family Residence	\$86,721	Richard D. White and NHFA	NHFA
Barnstead	64 Dalton Dr.	Single-Family Residence	\$100,000	John M. and Benitta D. Bartolin	Aj Y. Lehman
Barnstead	11 Deer Run	Single-Family Residence	\$165,000	Jennifer Abbott	Michael Labrecque
Barnstead	7 Hampshire Ct.	Single-Family Residence	\$139,533	Lorraine A. Underwood	Alexander L. and Paula L. Gagnon
Barnstead	1 Muchado Hill Rd.	Single-Family Residence	\$289,933	Dale and Lori Munroe	Cody P. and Heather R. Dicarlo
New Durham	19 Depot Rd.	Single-Family Residence	\$280,000	Darrin L. and Christine M. McCarthy	Jared and Jessica Miller
New Durham	300 Old Bay Rd.	Single-Family Residence	\$195,000	Harold V. Buker LT	Juliet Kelly

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names

shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly record-

ed information on these sales, prior sales and data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.



BY MARK PATTERSON  
Contributing Writer

# Mark on the Markets

## Assets or income

Lately, it seems as though many new clients that I meet with have the same worries. That worry is that they do not have enough money to retire when they want, and that their lifestyle will entail quite a bit less than what they have now. Eating cat food and living in a tar-paper shack are some of the more colorful descriptions of their feared retirement lifestyle.

Most people believe that they need millions of dollars in retirement, and that could be true if you were a high earner that lived above their means, but for the average person, getting by on a bit less is obtainable. I have heard clients say that they had always heard they need 1.2 million or some other arbitrary number and this is in part a scare tactic brought on by the financial media and investment or mutual fund companies.

There is so much more to determining what kind of assets we need to gather during our working years or the accumulation

phase of our lives. The distribution of those assets begins when we determine that we can retire in part or completely.

The first step is to calculate a reasonable budget that includes things that we enjoy but often "forget" to include. For instance, a new client added \$200 per month for wine. She likes nice wines and that what they cost. She was being realistic with an item that carries a real expense but many of us would not list that as a budgeted item because we may think it is frivolous.

During our working years or accumulation years, we save or invest. But during these distribution years we no longer need to add this deferred or invested money to our budget, now we will start to distribute this money as income in retirement.

Sustainability of these assets for our lifetime must be considered, so let us mitigate market risk and maximize income with a quality fixed income portfolio or even consider a fixed indexed annuity, with guaranteed income for a portion of this income.

We must look at Social Security and determine a strategy of

when to take this entitlement. Many are paying for health insurance that should see a large reduction in premium when they go onto Medicare.

So, when we calculate a realistic honest budget and determine money that will be saved or reduced income needs due to not accumulating assets any longer, we can

craft what out sustainable retirement income will be. Once this income is determined, then we can determine how much of the remaining assets stay in a "growth" mode that will typically carry some market risk.

My objective is to provide a sustainable adequate income, manage remaining assets that can still grow but

do not affect my client's lifestyle if the markets implode like 2008. Provide a death benefit or legacy if needed. Provide some form of long-term care or hybrid insurance.

The first step is to sit down and discuss with a good planner and get the ball rolling, it is never too soon. Market volatility, like we have seen recent-

ly, sometimes acts as a wake-up call to those people who may not be invested properly or in a passive portfolio that is not meeting their needs.

Mark Patterson is an income planner and asset manager with MHP Asset Management. Mark can be reached at 447-1979 or [Mark@mhp-asset.com](mailto:Mark@mhp-asset.com)

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111  
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**GOVERNOR WENTWORTH REGIONAL SCHOOL DISTRICT  
WARRANT 2019  
THE STATE OF NEW HAMPSHIRE**

To the inhabitants of the Governor Wentworth Regional School District in the Towns of Brookfield, Effingham, New Durham, Ossipee, Tuftonboro and Wolfeboro, qualified to vote upon Governor Wentworth Regional School District affairs:

**First Session of Annual Meeting (Deliberative)**

You are hereby notified to meet at the Kingswood Arts Center, in Wolfeboro, New Hampshire, on Saturday, the 2nd day of February 2019, at 10:00 AM. This session shall consist of explanation, discussion, and debate of warrant articles II through XIII. Warrant articles may be amended subject to the following limitations: (a) warrant articles whose wording is prescribed by law shall not be amended and (b) warrant articles that are amended shall be placed on the official ballot for a final vote on the main motion, as amended.

**Second Session of Annual Meeting (Voting by Official Ballot)**

Voting on warrant articles I through XII shall be conducted by official ballot and will occur in conjunction with the town meeting to be held in each town on Tuesday, the 12th day of March, 2019. Voting shall take place at the following locations and times:

TOWN	LOCATION	TIME
Brookfield Voters	Brookfield Town House	1:00 PM – 6:00 PM
Effingham Voters	Effingham Elementary School	11:00 AM – 7:00 PM
New Durham Voters	New Durham School	8:00 AM – 7:00 PM
Ossipee Voters	Ossipee Town Hall	10:00 AM – 7:00 PM
Tuftonboro Voters	Tuftonboro Town House	8:00 AM – 7:00 PM
Wolfeboro Voters	Wolfeboro Town Hall	8:00 AM – 7:00 PM

**ARTICLE I:** To choose the following school district officers:

- (a) School Board Member from Effingham ... 3-year term
- School Board Member from Ossipee... 3-year term
- School Board Member-At-Large ... 3-year term
- (b) School District Moderator ... 1-year term

**ARTICLE II:** To see if the Governor Wentworth Regional School District will vote to approve the cost items included in the collective bargaining agreement reached between the Governor Wentworth Regional School Board and the Governor Wentworth Support Staff Association which calls for the following increases in salaries and benefits at the current staffing levels:

Fiscal Year	Estimated Increase
2020	-\$ 2,617
2021	\$ 203,203
2022	\$ 213,567

And to raise and appropriate \$0. If this article passes, the operating budget will be reduced by \$2,617 for the 2019-2020 fiscal year, which represents the additional costs savings attributable to the increase in salaries and reductions in benefits required by the new agreement over those that would be paid at current staffing levels. **The School Board recommends this appropriation. (Majority vote required)**

**ARTICLE III:** Shall the Governor Wentworth Regional School District, if Article II is defeated, authorize the governing body to call one special meeting, at its option, to address Article II cost items only? **(Majority vote required)**

**ARTICLE IV:** To see if the Governor Wentworth Regional School District will vote to approve the cost items included in the collective bargaining agreement reached between the Governor Wentworth Regional School Board and the Governor Wentworth Education Association which calls for the following increases in salaries and benefits at the current staffing level:

Fiscal Year	Estimated Increase
2020	\$419,719.00
2021	\$526,166.00
2022	\$540,513.00
2023	\$554,666.00

And further to raise and appropriate the sum of \$419,719.00 for the 2019-2020 fiscal year, such sum representing the additional costs attributable to the increase in salaries and benefits required by the new agreement over those that would be paid at current staffing levels. **The School Board recommends this appropriation. (Majority vote required)**

**ARTICLE V:** Shall the Governor Wentworth Regional School District, if Article IV is defeated, authorize the governing body to call one special meeting, at its option, to address Article IV cost items only? **(Majority vote required)**

**ARTICLE VI:** To see if the Governor Wentworth Regional School District will vote to approve the cost items included in the collective bargaining agreement reached between the Governor Wentworth Regional School Board and the Governor Wentworth Administrative Team which calls for the following increases in salaries and benefits at the current staffing level:

Fiscal Year	Estimated Increase
2020	-\$ 40,777
2021	\$ 31,365
2022	\$ 32,025

And to raise and appropriate \$0. If this article passes, the operating budget will be reduced by \$40,777 for the 2019-2020 fiscal year, which represents the additional costs savings attributable to the increase in salaries and reductions in benefits required by the new agreement over those that would be paid at current staffing levels. **The School Board recommends this appropriation. (Majority vote required)**

**ARTICLE VII:** Shall the Governor Wentworth Regional School District, if Article VI is defeated, authorize the governing body to call one special meeting, at its option, to address Article VI cost items only? **(Majority vote required)**

**ARTICLE VIII:** To see if the Governor Wentworth Regional School District will vote to raise and appropriate up to the sum of sixty thousand dollars (\$60,000) to be added to the Turf Field Capital Reserve Fund previously established and furthermore to name the school board as agents to expend. This sum to come from the June 30, 2019 fund balance available for transfer on July 1, 2019. No amount to be raised from taxation. **The School Board recommends this appropriation. (Majority vote required)**

**ARTICLE IX:** Shall the Governor Wentworth Regional School District raise and appropriate the sum of two hundred thousand dollars (\$200,000) for repairs and improvements of buildings/grounds at the Kingswood Regional High School, Kingswood Regional Middle School, Lakes Region Technology Center, Kingswood Arts Center, Carpenter School, Crescent Lake School, Effingham Elementary School, New Durham School, Ossipee Central School, Tuftonboro Central School and the SAU 49/Transportation Facility? **The School Board recommends this appropriation. (Majority vote required)**

**ARTICLE X:** Shall the Governor Wentworth Regional School District raise and appropriate as an operating budget, not including appropriations by special warrant articles and other appropriations voted separately, the amounts set forth on the budget posted with the warrant or as amended by vote of the first session, for the purposes set forth therein, totaling \$54,042,248? Should this article be defeated, the default budget shall be \$52,754,500 which is the same as last year, with certain adjustments required by previous action of the Governor Wentworth Regional School District or by law; or the governing body may hold one special meeting, in accordance with RSA 40:13, X and XVI, to take up the issue of a revised operating budget only. \* NOTE: This warrant article (operating budget) does not include appropriations requested in ANY of the other warrant articles. **(Majority vote required)**

**ARTICLE XI:** To see if the Governor Wentworth Regional School District will vote to create a Budget Committee, per RSA 195:12-a, wherein said committee would have the same number of members as the School Board, plus one member from the School Board, for which the terms of office and the manner of election of members after the first year shall be the same as for the School Board. The District Moderator shall appoint the initial members within 15 days of the election, except for the member appointed by the School Board, and said members' terms shall expire at the next annual meeting. **(SUBMITTED BY PETITION - This Special Warrant Article requires a majority vote)**

**ARTICLE XII:** To see if the Governor Wentworth Regional School District will vote, per RSA 32:5-b, to adopt a tax cap whereby the governing body (or budget committee) shall not submit a recommended budget that increases the amount to be raised by local taxes, based upon the prior fiscal year's actual amount of local taxes raised, by more than 2 percent. **(SUBMITTED BY PETITION - This Special Warrant Article requires a 3/5 majority vote, wherein only affirmative and negative votes shall be calculate 3/5ths, is required.)**

**ARTICLE XIII:** To transact any other business that may legally come before said meeting

# Executive Councilor to address local Democrats Feb. 4

BARNSTEAD — All local Democrats and Independents are invited to attend February's meeting of the Tri-Town Democrats of Barnstead, Gilmanton and Alton. Registered Democrats from all three towns are eligible to vote in the caucus elections for town Democratic committee officers and delegates to the Democratic State Convention and to the county Democratic committee.

The Democratic committees of the towns of Gilmanton, Alton, and Barnstead will be holding elections for four volunteer officers (chair, vice chair, secretary and treasurer) and one delegate-at-large at this meeting. This is a great way to take an active role in the committee

work and strengthen the group's efforts in the coming two years leading up to the 2020 presidential election. These five positions also have voting privileges at the NHDP conventions.

In addition, Executive Councilor Andru Volinsky will address the issues of school funding and property taxes, a subject on the minds of many in Barnstead, Gilmanton and Alton. As a lawyer, he has represented school children and communities fighting to protect public funding for schools and has been holding forums around the state informing the public about these issues.

The guest speaker will be followed by action items and community organizing. These

monthly meetings give you the opportunity to learn about local and state political issues and how you can participate in making a difference. You will share the evening with like-minded individuals and have the chance to express your opinions and experiences.

The Feb. 4 meeting will be held at the Barnstead Town Hall, 108 South Barnstead Road in Barnstead. Come for socializing and potluck any time between 6:15 and 6:30 p.m.

This meeting is open to all residents of Alton, Barnstead and Gilmanton who consider themselves moderate, liberal or progressive Democrats or like-minded Independents. Potluck items to share are encouraged but not required.

## BUDGET

(continued from Page A1) a consumer driven plan through School Care called the Yellow Plan with Choice Fund that allowed the district to save \$183,684 in insurance costs for next year.

While the bargaining agreements include salary increases next year of

four percent for support staff, two percent for administrators, and 2.25 percent for teachers in 2020, those increases are offset with employees' increased responsibility for cost sharing of insurance premiums. As salaries gradually increase in all three groups over

three years (four years for teachers), their percent of cost sharing will also increase.

Residents of all the GWRSD towns: Brookfield, Effingham, New Durham, Ossipee, Tuftonboro, Wolfeboro and Middleton (tuitioned KRMS and KRHS students), are invited to attend the annual Deliberative Session on Saturday, Feb. 2, at 10 a.m. at the Kingswood Arts Center for the State of the School address, a detailed budget overview of revenue and expenses, and informational presentations on programs and activities at each of the schools.

Voters will vote on the warrant on Tuesday, March 12, at their Town Meetings or, in the case of Wolfeboro and New Durham, both SB2 towns, in the voting booth.

**PUBLIC NOTICE**  
**ALTON SCHOOL DISTRICT**  
**DELIBERATIVE SESSION**  
**AT PROSPECT MOUNTAIN**  
**HIGH SCHOOL AUDITORIUM**  
**SATURDAY, FEBRUARY 2, 2019**  
**1:00 PM**  
*Snow Date: February 4, 2019*  
*Same Location at 7:00 pm*  
*Childcare will be available*  
*in the PMHS Cafeteria*  
*Drop-off at 12:45 pm*

GOVERNOR WENTWORTH REGIONAL SCHOOL DISTRICT				
Proposed Budget for FY 2020 (July 1, 2019 - June 30, 2020)				
EXPENDITURES				
Account Group	Budget 19	Proposed 20	Variance	%
Regular Education	21,546,495	22,135,421	588,926	2.73 %
Special Programs	8,981,268	9,174,725	193,457	2.15 %
Vocational Education	1,191,177	1,220,483	29,306	2.46 %
Other Instructional Programs	607,280	645,655	38,375	6.32 %
Adult & Community Education	24,436	25,557	1,121	4.59 %
Community Services	6,886	7,386	500	7.26 %
Guidance Services	1,341,232	1,382,371	41,139	3.07 %
Health Services	673,220	712,801	39,581	5.88 %
Improvement of Instruction	284,113	279,422	(4,691)	(1.65)%
Managerial Services	111,468	106,784	(4,684)	(4.20)%
Educational Media Services	1,270,071	1,540,950	270,879	21.33 %
School Board Services	132,671	133,336	665	0.50 %
Office of the Superintendent	731,970	753,520	21,550	2.94 %
Office of the Principal	2,966,377	3,036,856	70,479	2.38 %
Business Services	427,003	439,733	12,730	2.98 %
Plant Operations	4,132,944	4,236,045	103,101	2.49 %
Transportation	2,280,770	2,355,676	74,906	3.28 %
Debt Service	3,742,925	3,595,529	(147,396)	(3.94)%
<b>Sub-Total General Fund</b>	<b>50,452,306</b>	<b>51,782,248</b>	<b>1,329,943</b>	<b>2.64 %</b>
Building & Maintenance Warrant Article	150,000	200,000	50,000	33.33 %
Turf Field Capital Reserve	60,000	60,000	-	0.00 %
GWSSA Settlement		(2,617)	(2,617)	
GWEA Settlement		419,719	419,719	
GWAT Settlement		(40,777)	(40,777)	
<b>Sub-Total Warrant Articles</b>	<b>210,000</b>	<b>636,325</b>	<b>426,325</b>	<b>203.01 %</b>
FEDERAL FUND	1,300,000	1,300,000	-	0.00 %
FOOD SERVICE FUND	960,000	960,000	-	0.00 %
<b>TOTAL EXPENDITURES</b>	<b>52,922,306</b>	<b>54,678,573</b>	<b>1,756,268</b>	<b>3.32 %</b>
REVENUES				
	Budget 19	Proposed 20	Variance	%
State	5,948,927	5,987,181	38,254	0.64 %
Federal	1,848,000	1,868,000	20,000	1.08 %
Local	2,846,500	2,954,500	108,000	3.79 %
District Assessment	41,481,435	43,308,892	1,827,457	4.41 %
<b>TOTAL REVENUE</b>	<b>52,124,862</b>	<b>54,118,573</b>	<b>1,993,711</b>	<b>3.82 %</b>
FUND BALANCE	797,444	580,000	(217,444)	(29.78)%
<b>TOTAL REVENUE &amp; FUND BALANCE</b>	<b>52,922,306</b>	<b>54,678,573</b>	<b>1,756,267</b>	<b>3.32%</b>



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# You never know what you'll find on your desk

Well, judging from the appearance of my desk, which looks like a sanitary landfill before the gravel goes on, it's time for one of those "clear out the notes and clippings" columns. Readers say they like this now and then. I think they're just trying to be nice.

This time around, we really should hold some sort of contest, in order to make the column more "relevant." Yes, that's it, a contest, in this case, to see who can figure out just when a note was noted or a clipping was clipped.

As in other highly suspicious contests associated with this column, there are no restrictions, no rules, no finalists, no judges, and (whew) no prizes. And, I hope, no entries.

+++++

Readers sometimes accuse me of salting columns with offbeat words now and then just to send them scurrying for their Funk and Wagnels, but no, it's because sometimes only the precise word will fit. I must have picked this mental dictionary up from a lot of reading, because secondary education and I certainly didn't fit.

Once in a while I bump into a word in a newspaper story or magazine article written as though it's in common use, even though to me, at least, it isn't. "Judder" (which stopped me dead in the Atlantic) turns out to

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



mean just what its sound implies, to shake or vibrate rapidly. "Coffles" (the New Yorker) means a line of slaves or livestock fastened and driven along together.

+++++

Self-driving vehicles are all the rage. But there are hundreds of thousands of miles of country roads. Is anyone seriously considering putting bounce-back sensors along those?

However, one positive comes to mind. If a self-driving program prevented morons from tailgating, I'd be all for it.

+++++

Once in a while I get my news and weather from Portland (Maine), just to hear a slightly different accent. Channel 13 did a nice little segment on a cribbage player, age 108, who played a game (and lost) with his frequent partner, who's just 105. "The best man won," said the 108-year-old, "but I'll get 'im next time."

+++++

I told a friend, whose hair was all askew from sleep, that her hair looked "like the wreck of the Hesperus."

She gave me a blank look, but who wouldn't?



US NAVY - COURTESY PHOTO

**THE LATEST** Navy vessel to bear the name Kearsarge, an amphibious assault ship, was built in 1990 in Pascagoula, Miss.

I'd heard it in my youth, from my grandmother, and the use and meaning of the phrase is gone to the heavens. But in general, it means that your hair looks like a hoorah's nest (and there's another one for the books).

(Henry Wadsworth Longfellow's poem "The Wreck of the Hesperus" was first published in 1842. It was probably based on the wreck of the Favorite, out of Wiscasset, Maine, which struck the reef known as Norman's Woe near Gloucester, Mass., during the infamous Winter of 1839 and was lost with all hands, including the captain's daughter, whom he'd lashed to the mast to prevent her being swept away.

+++++

International note: Canadians have voted for the Canada Jay (also called camp robber, gorbie, whiskey Jack, and more) to replace the Canada goose as the National Bird. The story noted that few countries bother to

have a national bird (we do, the bald eagle, which is often demoted to an emblem).

+++++

Brief mention here a few weeks ago of the USS Kearsarge brought a couple of requests for more information.

I can tell you that work on the third ship named for New Hampshire's mountain began in 1896, she was launched in 1898, and she was considered a "pre-Dreadnaught" battleship, although she sailed with the fabled Great White Fleet. She served in both World Wars, and ultimately was sold for scrap in 1955.

+++++

Some things I guess I'll never understand, two of them being why people tailgate, and why drivers don't use their turn signals until the very moment they turn.

But another very real and widespread question is why utility companies and banks and other businesses don't time their billing better, so their



LENO COLLECTION - COURTESY PHOTO

**JAY LENO** at the wheel (and lots of levers) of his 1906 Advance Steam Traction Engine. The behemoth weighed in at 15 tons.

billions arrive just before the Social Security checks do, thus avoiding a good deal of nervousness, and allowing seniors to take advantage of early payment discounts.

+++++

Readers also wanted more on comedian Jay Leno and his amazing collection of amazing machines.

I love using Google as a verb. In this case, you can just Google "Jay Leno steam engines," and you'll get a bonanza of both.

+++++

The word of the week goes to National Public Radio, whose show host said she was concerned about something's "func-

tionality" (what happened to "function"?)

+++++

Whenever I write about squirrels, I'm certain to get lots of feedback from readers.

Bob and Julie of Center Sandwich sent me a photo of the Woodstock Home and Hardware sign that said "The road of life is paved with squirrels who couldn't make a decision."

*This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. I'm on Facebook. Letters must include phone numbers in case of questions and are welcome at campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.*

## Outdoor winter party coming Feb. 16

**ALTON** — The Alton Parks and Recreation Department is sponsoring a community outdoor winter party on Saturday, Feb. 16, at Mill Pond (across from the Central Fire Station on Route 140) from 4 to 6 p.m. Event includes ice skating, cross-country skiing and snowshoeing. Bring your equipment and play outside on Mill Pond. Snacks, camp fire and more. Bring a headlamp for twilight navigating. For more information, contact Alton Parks and Recreation at 875-0109.

### Ice skate swap

The Alton Parks and Recreation Department is sponsoring a community skate swap. If you have new or used ice skates that are in good condition you can bring them to the parks and recreation office at 328

Main St. during normal business hours 7:30 a.m.-3:30 p.m., Monday-Friday and drop them off for others to enjoy; all sizes will be accepted. Once a collection of skates is received, they will open up the free skate swap for the community.

### Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for kids up to five years old at the Alton Bay Community Center on Thursdays from 9 to 11 a.m. The program is free. They provide the books, puzzles, toys and games, and you provide the interaction. Please bring a peanut-free snack for your child. This is a great program to introduce you and your child to other members of the community. For more informa-

tion, contact LittlePesaukees@gmail.com.

### Local snowshoe program

The Alton Parks and Recreation Department is sponsoring a snowshoe walk on Saturday mornings led by Ruth Arsenault. Join community members on a snowshoe walk each week from 10 a.m. to 12 p.m. Walks will be held in local parks and will be easy to moderate. The free program is ongoing. Meet at the Alton Bay parking lot. For more information and/or to register for this program, e-mail your name and contact information to Ruth at bernieruth1977@aol.com.

### Exercise classes

Intermediate Yoga with Sheila Marston focuses on breathing techniques, postures

and proper alignment. Geared toward participants who know basic postures. Class ends in seated meditation and savassana. Wednesdays, 7-8 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are held Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

### Ice skating rink at Mill Pond

The town of Alton has opened an ice skating area at Mill Pond, across from the fire department on Route 140. The rink is maintained by the town's grounds and maintenance department, and is flooded by the fire department. Rink conditions are weather dependent so please check the ice rink sign to make sure the rink is open.

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### Sandwich orders

Brother Knight Ray Gingras, Chairman for the charity fundraiser for the St. Joan of Arc Council 7533 of the Knights of Columbus, is adjusting the poster that will be in the foyer of St. Katharine Drexel Church this weekend (Jan. 26 and 27), to alert parishioners to order their Super Bowl subs after Mass. The subs will be assembled by the Knights on Saturday morning at 10 a.m. in the hall. Olive oil/Italian dressing will be in packets wrapped with the sandwiches. If anyone wants to order sandwiches and pick them up after one of the Masses (4 p.m. Saturday, Feb. 2, or 8:30 and 10:30 a.m. Sunday Feb. 3), please call Grand Knight Mike Akstin (475-4662) or Fr. Jon (398-0709). They will confirm your call.



## Place earns Dean's List honors at Husson

BANGOR, Maine — New Durham resident Cameron R. Place has been named to Husson University's Dean's List for the Fall 2018 semester.

Place is a sophomore who is currently enrolled in Husson's Bachelor of Science in Sport Management/Master of Business Administration (MBA) program.

Students who make the Dean's List must carry at least 12 graded credit hours during the semester and earn a grade point average of 3.60 to 3.79 during the period.

For more than 120 years, Husson University has prepared future leaders to handle the challenges of tomorrow through innovative undergraduate and graduate degrees. With a commitment to delivering affordable classroom, online and experiential learning opportunities, Husson University has

come to represent superior value in higher education. The Bangor campus and off-campus satellite education centers in Southern Maine, Wells, and Northern Maine provide advanced knowledge in business; health and education; pharmacy studies; science and humanities; as well as communication. In addition, Husson University has a robust adult learning program. According to a recent analysis by U.S. News & World Report, Husson University is the most affordable private college in New England. For more information about educational opportunities that can lead to personal and professional success, visit Husson.edu.

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## WHAT'S ON TAP

As January wraps up, the local high school teams have a full schedule of games ahead.

The Prospect Mountain boys' basketball team will be hosting Hillsboro-Deering at 6 p.m. on Friday, Jan. 25, will be at Somersworth at 7 p.m. on Tuesday, Jan. 29, and will be at Monadnock at 6:30 p.m. on Thursday, Jan. 31.

The Timber Wolf hoop girls will be at Hillsboro-Deering for a 6:30 p.m. game on Friday, Jan. 25, and will be hosting Somersworth on Tuesday, Jan. 29, and Monadnock on Thursday, Jan. 31, both at 6 p.m.

The Prospect Mountain alpine team is scheduled to be at Gunstock on Friday, Jan. 25, at 10 a.m.

The indoor track Timber Wolves and Knights will be at UNH for a 9 a.m. meet on Sunday, Jan. 27, the final meet before the Division II State Meet.

The Kingswood alpine ski team will be at King Pine for an 11 a.m. meet on Friday, Jan. 25.

The Knight hoop girls will be hosting Timberlane at 6 p.m. on Friday, Jan. 25, and will be at Coe-Brown for a 6:30 p.m. game on Tuesday, Jan. 29.

The Knight boys' basketball team will be hosting Coe-Brown in a 6 p.m. game on Tuesday, Jan. 29.

The Kingswood swimming team will be at Kearsarge for a 6:45 p.m. meet on Friday, Jan. 25, and will be at UNH on Wednesday, Jan. 30, at 8 p.m.

The Kingswood hockey boys will be at St. Thomas for a 1 p.m. game on Saturday, Jan. 26, and will be at Goffstown for a 7:30 p.m. game on Wednesday, Jan. 30.

The girls' hockey Knights will be hosting Concord at 7 p.m. on Saturday, Jan. 26, will be hosting Bishop Brady-Trinity-West at 7 p.m. on Tuesday, Jan. 29, and will be hosting Pinkerton at 7:10 p.m. on Wednesday, Jan. 30.

The Knight Nordic ski team will be at Holderness at 10 a.m. on Saturday, Jan. 26.

The unified Knights will be at Spaulding at 3:30 p.m. on Tuesday, Jan. 29.

## Burke powers Prospect past St. Thomas

BY JOSHUA SPAULDING

Sports Editor

ALTON — After a couple of tough games that turned out with the Timber Wolves on the wrong side of the scoreboard, the Prospect Mountain hoop girls came through with a couple of solid wins to kick off last week.

The Timber Wolves got off to a quick start on Thursday, Jan. 17, and never looked back on the way to a 60-21 win over St. Thomas in a makeup game from the previous week.

"We came out and did what we had to do," coach Rick Burley said. "Everybody contributed and our defense was exceptionally good."

The Saints were without their leading scorer and inside threat, which led to Burley's game plan to move the ball inside.

"Without (Harper) Marsh, I knew with Mackenzie (Burke), they would have a rather tough time stopping her down low," Burley said. "The game plan was to get the ball inside and if they double or triple-team her, we'd kick it out."

Bekah Wheeler came out and drilled a three-pointer to start the game and then Hannah Capsalis hit a hoop for a 5-0 lead. After the Saints got their first hoop of the game, Burke hit a hoop and Hannah Racine hit two free throws and Prospect took a 9-2 lead to the end of the first quarter.

Burke hit the first bucket of the second quarter and after a Saint basket, Burke hit three hoops in a row, including one off a rebound to push the lead to 17-4. Nadia Huggard drained two baskets and Prospect's lead went to 21-4.

The Saints responded with a three-pointer and a bucket to cut the lead to 21-9 but Capsalis sank



JOSHUA SPAULDING  
MACKENZIE BURKE had a big night against St. Thomas, putting in 25 points.

her own three-pointer for the Timber Wolves. St. Thomas hit another basket and Huggard ended the second quarter with a hoop to make it 26-11 for the Timber Wolves at the halftime break.

Burke had two hoops out of the gate in the second half, sandwiched around a St. Thomas basket. Huggard stepped back and drained a three-pointer and Burke hit a free throw to push the lead to 34-13. After another St. Thomas basket, Burke hit back-to-back hoops, the second off a great feed from Wheeler.

Sam Weir came through with a steal and hoop to push the lead to 40-15 and after a St.

Thomas hoop, Racine finished off a nice feed from Kurumi Sugawara to make it 42-18 after three quarters.

Burke had a strong start to the fourth quarter, hitting a hoop, a three-point play and another free throw while Ava Misiaszek also added a free throw, opening up the 49-20 lead for the Timber Wolves. Sugawara drained a three-point play and then K Cassidy Kelley and Weir hit consecutive hoops to stretch the lead to 56-20. St. Thomas hit a free throw and then Weir hit one from the line and Sugawara hit another three-pointer to close out the 60-21 win.

"We've been playing hard all season," Burley said. "We're just trying



JOSHUA SPAULDING  
BEKAH WHEELER drives toward the paint during action against St. Thomas.

to find a way to get the ball in the hoop."

Burke finished with 25 points on the night to lead the Timber Wolves.

The win over the Saints came two days after a 65-31 win over Winnisquam. In that game, Wheeler was the star, as she had her best game that Burley could remember. Wheeler finished with 20 points on the night (which was also her birthday), including five three-pointers, while Huggard had three three-pointers on the way to 13 points.

The Timber Wolves will be back in action on Friday, Jan. 25, at Hillsboro-Deering at 6:30 p.m. The team returns home for games on Tuesday, Jan. 29, against Somersworth

and Thursday, Jan. 31, against Monadnock, both at 6 p.m.

**PMHS 9-17-16-18-60  
STA 2-4-9-3-21**

### Prospect 60

Capsalis 2-0-5, Weir 2-1-5, Wheeler 1-0-3, Huggard 4-0-9, Racine 2-2-4, Sugawara 2-0-6, Kelley 1-0-2, Misiaszek 0-1-1, Burke 11-3-25, Totals 25-7-60

### St. Thomas 21

Pulliam 1-1-3, Gaffney 1-0-2, Atwell 2-0-5, Moore 1-0-2, Mahoney 0-2-2, Barrett 1-0-2, Heim 2-0-5, Totals 8-3-21

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## Timber Wolves ski dual slalom at Sunapee

BY JOSHUA SPAULDING

Sports Editor

NEWBURY — The Prospect Mountain alpine ski team traveled to Mount Sunapee on Tuesday, Jan. 15, for a dual giant slalom meet that featured schools from all over the state.

The dual meet features two different courses, set side by side and a skier's overall time is the combined time on both courses.

The Timber Wolf boys skied to eighth place overall.

Tyler Bredbury led the way for Prospect Mountain with a com-

bined time of 47.13 seconds, which placed him 39th overall.

Colby Bisson skied to 45th in a time of 47.7 seconds and Josh Keslar was the third finisher for Prospect, finishing with a time of 49.69 seconds for 52nd place.

Dalton Lawrence rounded out the scoring for the Timber Wolves, finishing in 66th place overall in a time of 52.8 seconds.

Owen Chase was 73rd in 56.92 seconds, Max Tuttle was 75th in 57.02 seconds, Lucas Therrien was 81st in

59.52 seconds and Ryan Nolin skied to 90th in a time of 1:09.62.

The Timber Wolves had a pair of girls competing in the meet.

Anna Francis was 48th overall with a time of 58 seconds and Amber Fernald finished in 52nd place with a time of 1:01.87.

The Timber Wolves are scheduled to be at Gunstock on Friday, Jan. 25, at 10 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## Kingswood hosting baseball clinic

WOLFEBORO — The Kingswood Regional High School baseball team is hosting the Kingswood Winter Baseball Clinic starting on Jan. 26 from 3 to 6 p.m. at the high school. The second date of the clinic will be on March 16 from 12 to 3 p.m. The clinic is open to kids ages eight to 14 and will include instruction in hitting, fielding, baserunning, fundamentals and pitching.

The first clinic will be run by Colby College coach Tad Skelley and Plymouth State coach Andy Theriault, both former Kingswood players. The second clinic will be run by Kingswood varsity baseball players.

The cost to attend one clinic is \$30 and \$50 for both clinics. This fundraiser will go toward the baseball program making upgrades to the field, including a fence in the outfield.

Those interested can register online at [family-id.com/programs/kingswood-baseball-clinic](http://family-id.com/programs/kingswood-baseball-clinic) or can mail registrations to coach Chip Skelley, Kingswood Regional High School, 396 S. Main St., Wolfeboro, NH 03894 or drop them off at the middle school or high school office to the attention of coach Skelley. Registration will be available at the door if space is available.



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DAVID SANDOVAL races for Kingswood in action at White Mountains Regional last week.



TARA GILES - COOS COUNTY DEMOCRAT

SARAH PETERNEL led the way for the Kingswood girls in Whitefield on Jan. 15.



TARA GILES - COOS COUNTY DEMOCRAT

SARAH HUCKMAN races during the Jan. 15 race in Whitefield.



TARA GILES - COOS COUNTY DEMOCRAT

ROBBIE HOTCHKISS powers through the course in Whitefield on Jan. 15.

# Knight girls take third in Whitefield

BY JOSHUA SPAULDING  
Sports Editor

**WHITEFIELD** — The Kingswood Nordic team traveled north on Tuesday, Jan. 15, heading to Whitefield for a freestyle race hosted by White Mountains Regional.

The highlight of the day for the Knights was the girls' team, as the Knight ladies skied to third place overall behind winners Kearsarge and runners-up Kennett.

The Knight boys finished in seventh place, with Kennett taking top honors and Kearsarge in second place.

Leading the way for the Knight girls was Sarah Peternel, who cracked the top 10 with a seventh place finish in a time of 17:02.

Sarah Bellefleur was not far behind, finishing in 11th place in 17:59 and Sarah Huckman skied to 17th place with a time

of 18:47. Allison Bean rounded out the scoring for Kingswood with a 19th place finish in a time of 19:10.

Elizabeth Morrison was 31st overall in 20:54, with Carolyn Day in 32nd in 21:01, Sarah Carpenter in 37th in 21:45, Rosemary Carpenter in 40th in 22:03, Caitlin Carpenter in 56th in 25:09 and Sami Hotchkiss in 71st in a time of 28:59.

Among the Kingswood boys, the top finisher was Axel Plache, who skied to a 25th place finish in a time of 16:02.

Jackson Boudman was next for Kingswood, finishing in 50th place in 18:13 and David Sandoval was the third scorer, finishing in 18:51 for 55th place overall.

Tim Huckman rounded out the scoring for Kingswood, crossing in a time of 19:24 for 58th place overall.

Robbie Hotchkiss finished in a time of 22:39 for 66th place.

The middle school skiers also competed, skiing a shorter course.

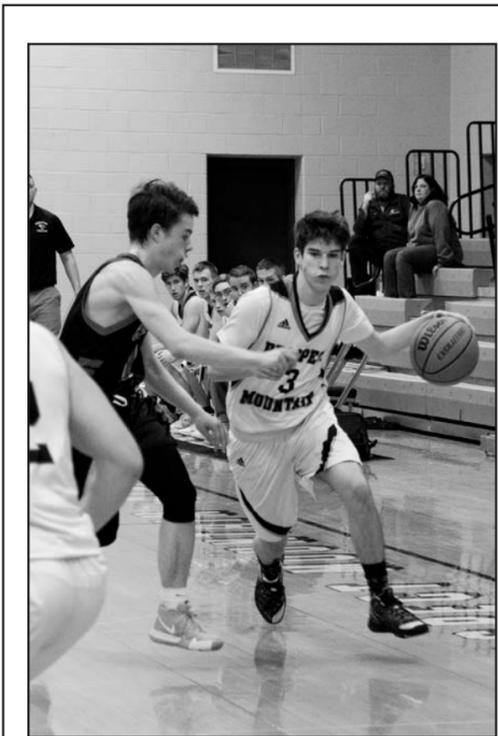
For the middle school boys, Aidan Thompson led the way with a time of 21:42 for 36th place overall. Samuel Frazier finished in 24:11 for 42nd place and Gray Kreis rounded out the field of Knights in a time of 30:23 for 44th place.

In the middle school

girls' race, Marcella DeNitto finished in sixth place overall with a time of 14:50 and Abbey Fleming skied to 13th place in a time of 17:59.

The Knights will be competing on Saturday, Jan. 26, at Holderness School for the first New Hampshire Coaches Series race.

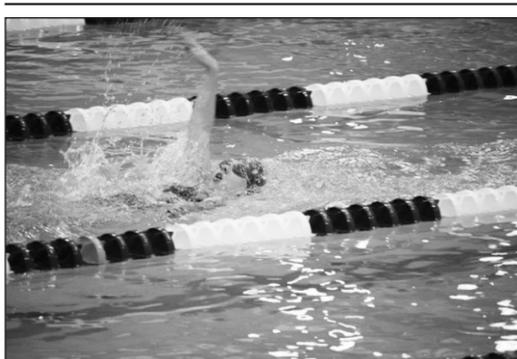
*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



KATHY SUTHERLAND

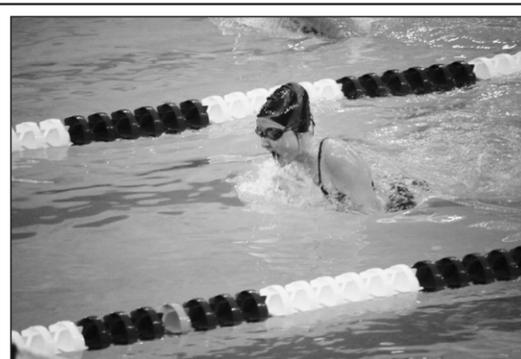
## Timber Wolves fall

Randy Dyer and the Prospect Mountain hoop boys put up 53 points against a strong Campbell team on Friday night but dropped a 69-53 decision to the Cougars. The Timber Wolves also fell by a 47-36 score to Winnisquam last Tuesday. Prospect will be back in action on Friday, Jan. 25, at home against Hillsboro-Deering at 6 p.m. and will be at Somersworth on Tuesday, Jan. 29, at 7 p.m.



COURTESY PHOTO

PAIJE FENDERSON swims the backstroke in action at UNH last week.



COURTESY PHOTO

ABIGAIL LARKIN slices through the water in action last week at UNH.

# Locals join large field in Bobcat Invitational

BY JOSHUA SPAULDING  
Sports Editor

**DURHAM** — The Kingswood swim team and lone Prospect Mountain swimmer Trevor Smith competed in the Bobcat Invitational at the University of New Hampshire on Jan. 13.

Sarah Bellefleur had a trio of top 10 performances to lead the Knight girls.

In the 100 Free, Bellefleur won her heat and finished 10th overall in a time of 1:00.61. Paije Fenderson swam to 32nd place in a time of 1:05.29.

Bellefleur was eighth in the 200 Free with a

time of 2:11.87 with Lily Stinchfield in 26th place in 2:27.96.

In the 500 Free, Bellefleur swam to 10th overall with a time of 6:03.09 and Stinchfield was 19th in 6:44.32.

In the 50 Free, Fenderson swam to 40th place in a time of 29.59 seconds and Stinchfield was 63rd overall in 31.1 seconds.

In the 100 Fly, Abigail Larkin finished in 15th place overall in a time of 1:11.11.

Larkin was 22nd overall in a time of 1:13.64 in the 100 Back and Fenderson swam to 32nd overall

and first in her heat with a time of 1:15.26.

Larkin was also 20th in the 200 IM with a time of 2:41.99.

For the boys, Smith swam to fourth place overall in the 50 Free with a time of 23.91 seconds. Jackson Boudman of Kingswood was 83rd overall in 31.45 seconds and Braden Viands was 92nd in 32.79 seconds.

In the 100 Free, Smith swam to ninth place in a time of 54.33 seconds.

Smith was ninth overall in the 200 Free with a time of 2:06.59, with Boudman in 30th place

in a time of 2:37.14 and Viands won his heat and was 33rd overall in a time of 2:39.48.

Viands swam to 17th overall in a time of 7:17.06 in the 500 Free.

Boudman was 24th overall in the 100 Back with a time of 1:20.46.

The Knights will be back in action in a meet hosted by Kearsarge on Friday, Jan. 25, at Colby Sawyer College.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Preseason tourney renamed Tom Lovett Football Jamboree

**WOLFEBORO** — The Kingswood football team's preseason jamboree has officially been named after former coach Tom Lovett.

This year's tournament will be taking place at Kingswood Regional High School on Aug. 24, from 9 a.m. to 1 p.m.

New coach Paul

Landry hopes to have 16 teams divided among three different divisions, with four from Division II north, four from Division II south, four

from Division III and four from Division IV. Each team will play four games, two on grass and two on turf, with each game lasting 25 minutes.



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JOSHUA SPAULDING

JOSH SHAPIRO skis in the giant slalom at Cranmore last week.



JOSHUA SPAULDING

RACHAEL PARASKOS navigates the giant slalom course last Friday at Cranmore.



JOSHUA SPAULDING

NICK LAMIE led the Kingswood boys in the giant slalom at Cranmore on Friday.



JOSHUA SPAULDING

HANNAH CRANE skis in the giant slalom Friday in North Conway.

# Lamie, Shapiro and Luby lead Knights at Cranmore

BY JOSHUA SPAULDING  
Sports Editor

**NORTH CONWAY** — The Kingswood alpine ski team traveled to North Conway on Friday, Jan. 18, competing with host Kennett, Plymouth, Oyster River, Pembroke, Gorham and Moultonborough.

Nick Lamie led the way for the Knights in the giant slalom, finishing in a time of 50.79 seconds as the Knights finished in fourth place behind Kennett, Plymouth and Oyster River.

Luke Shapiro finished

in 17th place in a time of 52.26 and Josh Shapiro was 19th overall in 52.62 seconds.

Calvin Kinville finished out the scoring for the Knights with a time of 56.57 seconds for 27th place overall.

Matt Gouthier finished in 38th place in 1:00.12, Camden Colson was 40th in 1:00.6, Cormac Lennon was 42nd in 1:00.63, Robert Hotchkiss finished in a time of 1:07.99 for 58th place, James Donovan was 59th in 1:08.34 and Noah Shatzer placed

68th in 1:38.72.

The Knights were fifth overall in the slalom, led by Josh Shapiro, who finished in 13th place in a time of 1:23.1.

Luke Shapiro was 21st in a time of 1:31.27 and Donovan skied to 22nd place in 1:32.9 to place as the third scorer.

Arinello finished out the scoring for Kingswood with a time of 1:46.15 for 34th place.

Kinville was 36th in a time of 1:48.28, Hotchkiss finished 44th in

1:58.28, Colson was 48th in 2:00.62 and Lamie finished 52nd in 2:07.77.

The Kingswood girls finished fourth in the giant slalom, with Kennett, Plymouth and Oyster River taking the top three spots.

Jillian Luby led the Kingswood girls with a time of 52.46 seconds, which placed her eighth overall.

Kristy Meyer was 17th in a time of 55.08 seconds and Rachael Paraskos skied to 19th place in 55.32 seconds.

Tayghen Gelinias finished

out the scoring for Kingswood with a time of 55.72 seconds for 22nd place overall.

Sami Hotchkiss was 27th in 57.24 seconds, Hannah Crane was 37th in 59.59 seconds and Alyssa Dow finished in 50th in 1:06.65.

The Knights slipped to sixth in the slalom, with Luby again leading the way with an 18th place finish in a time of 1:38.2.

Hotchkiss was next, finishing in 1:39.26 for 19th place and Gelinias finished in 30th in

1:53.98.

Paraskos rounded out the scoring with a time of 2:05.63 for 43rd place.

Dow was 47th in 2:11.55 and Meyer was 59th in 2:37.86 to finish out the Knight skiers.

The Knights will be playing host to a meet at King Pine on Friday, Jan. 25, with an 11 a.m. start time.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Friends of Kingswood Football hosting golf outing

**OSSIPEE** — The Friends of Kingswood Football are sponsoring the first Friends of Kingswood Football golf outing, scheduled for June 22 at Indian Mound Golf Club in Ossipee.

The five-man best

ball scramble will be \$100 per person and will have prizes for first and second places as well as longest drive, closest to the pin and longest putt.

Registration will start at 7 a.m. and the shotgun start will be at 8 a.m.

with lunch at 12:30 p.m. and awards, raffles and social time to follow.

Anyone interested in more information on the golf outing can contact Mary DeMasi at mdemasi@sau9.org or call 544-3207.

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**Let's go Knights**

The Kingswood spirit team pumps up the crowd with its halftime routine during the boys' basketball game with Bow last Tuesday night.

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# Unified Eagles slip past rival Knights

BY JOSHUA SPAULDING

Sports Editor

**WOLFEBORO** — The Kennett and Kingswood unified hoop teams did battle in a back and forth entertaining game in Wolfboro on Wednesday, Jan. 16.

In the end, the visitors from North Conway came through with a four-point win, 46-42.

The teams exchanged baskets out of the gate, with Joey Nile hitting a basket for Kennett and then Alex Tessier responding for the Knights. Leah Jones answered for the Eagles but Tessier hit another hoop, tying the game at four.

Kennett hit the next three baskets, with Jones, Nile and Brianna Junkins hitting the baskets. Talin Sargent got the final basket for the Knights and the score was 10-6 for the Eagles after one quarter of play.

Tessier drilled the first basket of the second quarter to cut the lead to two but Kennett got three hoops in a row from Nile, Jones and Junkins doing the honors. Maria Correa got two points back for the Knights but Junkins and Jack Schor hit for the Eagles to push the lead to 20-10 at the halftime break.



JOSHUA SPAULDING

**TALIN SARGENT** celebrates after hitting a hoop in action against Kennett.

Jones came up with the first basket for the Eagles in the second half but Correa answered for the Knights, hitting two hoops of her own, the second on her own rebound. Nile hit a pair of hoops sandwiched around another Correa hoop and it was 26-16 for the Eagles.

Correa put in consecutive baskets, the first coming on a feed from Andrew Cray and then Joshua Peterson hit a basket. Tessier hit

two baskets in a row to tie the game at 26.

Junkins gave the Eagles the lead back with a hoop but Tessier responded by putting back a rebound. Back-to-back baskets from Junkins gave Kennett a four-point lead at 32-28 but Correa got the final basket of the quarter for the Knights and the score was 32-30 heading to the final eight minutes.

A Correa hoop started the fourth quarter, tying the game at 32

but Kennett came back with three hoops in a row from Jones, Olivia Gallant and Nile, pushing the lead to 38-32.

Correa hit another hoop for the Knights but back-to-back hoops from Piper-Lynn Harris and Junkins put the Eagles up by a 42-34 score. Correa scored again but Junkins did the same at the other end.

Hoops from Correa and Tessier cut the lead to 44-40 before Junkins put back a rebound for



JOSHUA SPAULDING

**MARIA CORREA** plays lockdown defense in action last week against Kennett.

the Eagles. Correa added one final hoop for the Knights for the 46-42 final score.

Correa led all scorers with 24 points on the afternoon, while Junkins led the way for the Eagles with 18 points. Tessier added 14 for the Knights while Nile added 12 and Jones had 10 for the Eagles.

**KHS 10-10-12-14-46**  
**KRHS 6-4-20-12-42**

## Kennett 46

Nile 6-0-12, Jones 5-0-10, Schor 1-0-2, Harris 1-0-2, Junkins 9-0-18, Gallant 1-0-2, Totals 23-0-46

## Kingswood 42

Correa 12-0-24, Tessier 7-0-14, Peterson 1-0-2, Sargent 1-0-2, Totals 21-0-42

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

# Early flurry sends Mountaineers past Knights

BY JOSHUA SPAULDING

Sports Editor

**BERLIN** — The short-handed Kingswood girls' hockey team took the trip north through Pinkham Notch to take on the Mountaineers of Berlin-Gorham at the Notre Dame Arena on Saturday afternoon. The game was moved up a few hours in order to get the teams home before the anticipated snowstorm.

Berlin-Gorham took control of the game early and put it on cruise control late, taking the 7-0 win over the Knights.

The hosts scored just 24 seconds into the game after Kingswood keeper Isabella Savage made the original save. Alyssa Stanley followed that up with a good clear out of the zone but the Mountaineers struck again with 13:19 to go in the first for a 2-0 lead.

Savage continued to turn away more bids while Abigail Hossack had a good clear from

the zone, but a flurry of scoring from the hosts put the game out of reach over the span of 25 seconds.

With 12:04 to go, the Mountaineers struck for their third goal and then right off the faceoff, they moved into the zone and potted their fourth goal of the game. Then, just 14 seconds later they were able to add another goal, this time from the circle and it was 5-0 in favor of Berlin-Gorham with 11:39 to go in the first period.

Savage continued to be tested in the Kingswood net and was able to turn away a number of chances. The hosts sent a couple of shots wide of the net and both Stanley and Quinn Meserve were solid on defense as well. Savage turned away a few more shots and Berlin sent another opportunity through the crease.

With four minutes to go in the first period, a scramble in the front

of the net led to the rebound being punched home and Berlin had the 6-0 lead.

Abby Kelly had a centering pass miss connections in front of the net and Savage came back with a few saves at the other end to round out the first period.

Stanley and Haley Brooks had good clears from in front of the net in the early moments of the second period, with Savage also making a good save in the net. Meserve also was able to clear the puck out of the zone as the hosts controlled the play in their end.

With 6:44 to go, the Knights got the game's first power play but they were unable to generate any pressure and the Mountaineers killed off the Knight advantage.

Alexis Eldridge had a shot go wide of the net for the Knights but it was the Mountaineers getting the final goal, as they went top shelf with 2:12 to go in the second



JOSHUA SPAULDING

**KATHERINE LESSARD (16)** and **Abby Kelly (8)** help guard the net in front of keeper **Isabella Savage** on Saturday in Berlin.

for the 7-0 lead.

The third period saw the Mountaineers continue to control the clock with a number of chances, though Savage was able to keep them at bay. Kelly had a chance into the zone but couldn't quite get the puck on net and the game finished

out with the 7-0 final for the Mountaineers.

The team's other game on the weekend, at Oyster River on Sunday, was postponed until Feb. 8.

Kingswood will be hosting Concord at 7 p.m. on Saturday, Jan. 26, then hosts Bishop

Brady-Trinity-West at 7 p.m. on Tuesday, Jan. 29, and Pinkerton on Wednesday, Jan. 30, at 7:10 p.m.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

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# Knight icers rally past Eagles

BY JOE SOUZA  
Contributing Writer

CONWAY — The Kingswood Regional and Kennett hockey fans got glimpses of how good their respective teams could be when the Carroll County rival clashed at the Ham Ice Arena Wednesday evening.

For a little more than a period, the Eagles played a clean game and owned a two-goal advantage. Following a short-handed goal by Logan McEvoy, the Knights took over and buzzed around the Ham Ice Arena skating surface en route to a 5-2 victory over their county rivals on Wednesday.

“This was a game we needed,” Kingswood coach Mike Potenza after his club snapped a three-game losing streak and improved to 3-4 on the season. Kennett slipped to 2-5 and now stands at 2-6 after falling 4-1 to John Stark/Hopkinton on Saturday.

“We haven’t been playing our best recently,” added Potenza. “After the first period, I was not too polite in the locker room.”

It was a lackluster start to the second period for the Knights, falling into a two-goal hole when Kennett’s Connor Tofflemoyer made a nice move around a

Kingswood defender and beat Kingswood goalie Joe Vetanze (22 saves) to score with 12:47 on the clock.

That all changed a little over a minute later.

Kennett had a man advantage and looked to pad its lead, but McEvoy changed the complexion of this game when he took the puck away from a Kennett defender behind the Eagle goal, wrapped around and popped it past Kennett netminder Bryson Wroblewski (30 saves on the night) with 11:36 remaining in the middle frame.

The shorthanded tally ignited the Knights, who went on to score four more unanswered goals en route to the impressive win – including three power play goals.

“Logan McEvoy’s goal absolutely woke us up. That got us going,” said coach Potenza. “That four-goal second period was huge.”

“We’ve been working hard on an aggressive forecheck,” he continued. “Tonight, they saw that if we go in with an aggressive forecheck we get some turnovers. It absolutely paid off tonight.”

It was a disappointing turnaround for the Eagles, and one that



JOE SOUZA  
KINGSWOOD’S Colby Clegg looks to make a play with Kennett’s Dominic Jones trailing during Wednesday’s clash between the Carroll County rivals at the Ham Ice Arena in Conway.

has veteran coach Mike Lane shaking his head.

“We’ve given up a lot of shorthanded goals this year,” Lane said. “We had no sense of urgency there and we let them back in the hockey game. We knew they were going to come in hard on the forecheck. It’s an effort thing. We had no sense of urgency.”

From that point on, the ice appeared tilted in Kingswood’s favor. A step behind now, the Eagles took some penalties and the visitors made them pay.

Kingswood captain Sam Danais, who had two goals and an assist on the night, evened the contest at 2-2 at 9:14 of the second period. Danais controlled a face-off

with Miles Woodbury and lifted the puck over Wroblewski’s shoulder.

Danais would get the eventual game-winner on a power play. The senior jumped on a rebound and tucked into the goal with assists from Cody Emerson and Colby Clegg, who took the initial shot from the point.

The Knights would add another power-play goal with just 11 seconds remaining in the middle frame. Cody Emerson tipped in a Clegg drive from the point to cap Kingswood’s four-goal outburst, giving the visiting Knights a 4-2 lead. Cole Emerson also picked up an assist on the play.

“We’ve been working hard on our power play,”



JOE SOUZA  
KINGSWOOD’S Kolbe Maganzini breaks up ice during Wednesday’s contest with rival Kennett. The Knights erased a two-goal deficit in a 5-2 win.

Potenza said. “We’ve had Colby Clegg on the point, and we’ve been trying to get him to shoot it more. Two of our power play goals came on his shot.”

The Knights never let Kennett get back in the game, eventually adding to their lead for the final score. Clegg capped the scoring with 2:28 left in the contest, scoring a power-play goal with assists from Cole Emerson and Danais.

“We gave up three power play goals,” Lane said. “We had 11 penalty minutes, which doesn’t seem like a lot, but we’ve got to stay out of the box. There were a couple of rebounds we didn’t get sticks on. These are all things we talked about and worked on.”

“It was a frustrating night because you see how good we can play in the first period,” added

Lane. “From the coaching staff down to the players, we have a lot of work to do.”

It was a strong start for the Eagles, who controlled much of the play in the opening frame and grabbed a 1-0 lead with a power play goal by Woodbury with 3:39 on the first period clock. Trevor Olivier and Trevor LaRusso picked up assists on the play.

The Eagles tacked on to their lead on Tofflemoyer’s tally early in the second, but the hosts did little after that.

“We’ve been struggling lately,” coach Potenza said. “We’ve been giving away too many goals in the first period. We did again tonight but this time we were able to bounce back.”

And the Knights did in a big way.



BRANDON NEWBOULD won last year’s Moose Mountains Runaround.

COURTESY PHOTO

## Moose Mountains RunAround is Saturday morning

WOLFEBORO — The fifth annual Moose Mountains RunAround snowshoe race is scheduled for Saturday morning, Jan. 26, at Abenaki Ski Area, 390 Pine Hill Road, Wolfeboro. The race will start at 9 a.m. and covers a loop course of approximately four miles with moderate 500’ elevation change, traversing a combination of open fields, ski trails and single track. Snowshoe walkers are also welcome to register and participate. The public is encouraged to come cheer on the racers.

Race competitors’ snowshoes must adhere to USSSA minimum size specifications of 120 square inches. Rental Dion snowshoes will be available for \$5 per pair if reserved in advance. Contact Race Director

Dan Coons at 520-8533 or trailrnr@yahoo.com.

Snowshoe race registration is \$20 in advance or \$25 on race day. Register in advance at [www.mmrg.info/moose-mountains-run-around/](http://www.mmrg.info/moose-mountains-run-around/). Awards will be presented to the top two finishers in each age group as well as to overall male and female winners. Last year’s winning times were had by Brandon Newbould at 29 minutes, 35 seconds and Sarah Canney at 34 minutes, 58 seconds. Amenities include the heated ski lodge and complimentary post-race food.

To make this event fun for the whole family, a kids’ Snowshoe Shuffle will start immediately after the snowshoe race finishes, around 10 a.m. In this non-competitive

activity for children ages 12 and under, kids will make their way around an obstacle course on snowshoes. A limited number of loaner snowshoes for kids will be available. A \$5 donation is suggested for the children’s activity.

These events are fundraisers for Moose Mountains Regional Greenways (MMRG). Volunteers are needed to help with registration, timing the race, directing racers along the course, serving refreshments and the kids’ Snowshoe Shuffle. To volunteer, call MMRG Education Coordinator Kari Lygren at 978-7125 or e-mail [info@mmrg.info](mailto:info@mmrg.info). MMRG thanks business sponsor Wolfeboro Oil, as well as the Tufonboro Library for kids’ loaner snowshoes.



KATHY SUTHERLAND

### Fire away

Brogan Shannon launches a jump shot during action against Bow last Tuesday night. The Knights were unable to hold off the Falcons and dropped a 46-38 decision then followed up on Friday night with a 66-19 loss on the road in Pelham. Kingswood will be hosting Coe-Brown on Tuesday, Jan. 29, at 6 p.m.



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If interested, please contact Recruitment at 603-228-9680.

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E O E

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# The unusually busy winter sports season

The winter sports season in many ways is my easiest season of the year. There are fewer teams in the winter than there are in other seasons, with just girls', boys' and unified basketball and alpine skiing common among all five of the schools I cover, with Nordic skiing and boys' ice hockey at three schools, indoor track at four schools, ski jumping and swimming at two schools and gymnastics and girls' hockey each at one school.

## SPORTING CHANCE



By JOSHUA SPAULDING

However, alpine and Nordic skiing and indoor track are events that traditionally happen during the day, meaning they rarely conflict with the other sports, only with each other across the numerous different teams I cover.

However, this winter has been a challenge in

a lot of ways, as it seems that it has been busier than ever and time is at more and more of a premium. I'm not sure how this winter has been different but it seems every time I turn around there's something that needs to be done.

Alpine skiing is traditionally one of my favorite events to cover simply because I get to go skiing as part of work. I usually ski a few runs prior to the start of the meet, another few runs at the lunch break and

then a few after the meet is over.

However, the last three meets of 2019, I've had to leave the mountain early to try and get caught up on things that need to be done. The first meet of 2019 was at King Pine and I had to take off after the morning giant slalom to go and deal with my car, which was in the garage in Berlin. The last two meets, both at Cranmore, I've had to leave after the morning races because I was so

far behind on writing stories and keeping up with other tasks that needed to be dealt with. So, I didn't get to ski as much as I usually do, which is obviously a disappointment.

On the positive side of things, I was able to get north on Saturday and Sunday to get all the Christmas decorations taken down at my mother's house. Of course the snowstorm made the travel back on Sunday a bit of a fun time but I was able to get some work

done on Sunday morning so I wasn't completely behind when I got to work on Monday.

As I write this, there's still almost two weeks left in January, but once February rolls around, the time for state ski, swimming and track meets and basketball and hockey tournaments will be right around the corner. And before you know it, the winter sports season will give way to the spring.

Hopefully I will be able to get in a little more skiing between now and then.

Finally, have a great day Dave Hand.

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## Brewood Classic is Sunday

WOLFEBORO — The fifth annual Brewood Classic will take place on Sunday, Jan. 27, at noon at the Smith Center on the campus of Brewster Academy. This basketball game features the

Kingswood teachers and coaches against Brewster teachers and coaches. They are taking donations and selling baked goods, with all proceeds going to the Kingswood Youth Center. The game

is at noon followed by a 2 p.m. Brewster prep basketball game against Northfield Mount Hermon, where they will be having a 50/50 raffle as well.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*

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