THURSDAY, JANUARY 6, 2022

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On Jan. 3, Jennifer (Jenna) Davis of Hill was excited to become the new director of Minot-Sleeper Library in Bristo

# New Director takes the helm at Minot-Sleeper Library

By Donna Rhodes Contributing Writer

BRISTOL - On Monday, Jan. 3. Jennifer (Jenna) Davis officially became the new director of Minot-Sleeper Library and as a resident of Hill, she was excited to become a part of her local Newfound community.

"I've shopped here and have been doing business in Bristol for a long time but now I can really get to know the residents and the business owners in the town," she said.

Davis is a 2004 graduate of SUNY in Buffalo, N.Y. and, upon graduation went in to work as a Residence Manager in not only some western New York colleges, but also at the

University of Alaska, Fairbanks.

Heading back to work in her desired field of Library Science, she took a job at Lakes Region General Hospital where she oversaw their library resources from 2005-2010. From there she became the director of Hall Memorial Library, serving the Tilton-Northfield community.

"I loved it there! It was my dream iob to be the director of a small-town library. I cut my teeth there (as a library director) and they had an amazing staff to work with," said Davis.

In July of 2021, she felt she needed a change however and retired from

Always looking for an adventure, SEE **DAVIS** PAGE A9

# Drivers transported to hospital after collision in Hill

HILL — On Monday, Jan. 3 at approximately 11:43 a.m., New Hampshire State Police Troop D was requested to respond to a report of a two-vehicle collision in the area of 875 Route 3A in the town of Hill.

Upon arrival, emergency personnel discovered a Honda Accord in the middle of the roadway with significant damage. The second vehicle involved was an E-350 motor home which caught on fire and was fully engulfed in flames on the side of the road after the collision.

The lone operator of the Honda Accord was entrapped within the vehicle, and needed to be extricated by the Bristol Fire and the Hill Fire department. The operator was transported to Concord Hospital for serious bodily injuries.

The lone operator of Unit responded to assist

the E-350 motor home was able to self-evacuate the vehicle before it became fully engulfed. The operator was transported to Speare Memorial hospital after suffering some burns and smoke inhalation.

Based upon the initial investigation, the Honda Accord was travelling southbound on Route 3A and, for an unknown reason, drifted over into the northbound lane into the path of oncoming traffic. The E-350 motor home was travelling northbound on 3A and swerved in an attempt to avoid a collision. Unable to do so, the vehicles collided with one another, and the E-350 motor home drove off the roadway to the left hand side after the initial impact and then caught on fire.

The New Hampshire State Police Crash Accident Reconstruction

at the scene.

That area of Route 3A in Hill was shut down in both directions for several hours. New Hampshire State Police was assisted on scene by the New Hampshire Department of Transportation, Merrimack County Sherriff's department, Bristol Fire and Rescue, and Hill Fire and Rescue.

At this time, all aspects of this crash remain under investigation. The names and addresses of the individuals involved are not being released at this time due to the ongoing investigation. Anyone that may have further information related to this collision, or who witnessed this collsion are encouraged to contact Trooper Matthew Field at 603-223-3792 or email him at Matthew.N. Field@dos.nh.gov.

# New restaurant fulfills owner's longtime dream



Pulling the handle on the beer taps at Tavern's Rest in Bristol is owner Don Milbrand. Local brews, wines, select spirits and a modest tavern menu of foods are also available at the new restaurant.

BY DONNA RHODES Contributing Writer

BRISTOL – On Nov. 15, Tavern's Rest became one of the newest businesses in the Newfound Region, offering great food and drinks as Donald Milbrand's longtime to wish to combine his love for brewing beer with a desire to open an old time tavern finally came true.

Tavern's Rest is situated beside Pleasant View Bed and Breakfast, run by his wife Heidi but operated as a separate entity. Located in an old barn beside the inn, Milbrand said he has been working for a few years on renovations to get the

atmosphere he wanted in his dream for a tavern. The old beams, nostalgic signs, wooden tables and bar, along with a comforting woodstove, now provide that atmosphere.

"I wanted to create a nice place, complimentary to my wife's bed and breakfast, where people could just relax and have a nice evening out," he said.

Among the offerings are his own home brews such as Cascade's Big Air Pale Ale, a salute to their champion dock diving dog, and My Favorite Niece Red, a tribute to their beloved red headed niece Abigail. Other options are available as

his personal inventory of brews become available.

While Tavern's Rest offers a wide variety of beers, a selection of local wines, featuring Bristol's own Crazy Cat Wines, and select spirits from nearby distilleries are also available.

"We're trying to keep things local. It's not a full bar, but then, that's not the flavor of what we're looking for here," said Milbrand.

Besides the beer and local wines, Tavern's Rest also has appetizers and light dinners available. Milbrand said their modest tavern menu includes a few appetizers

SEE TAVERN'S PAGE A9

# Minot-Sleeper Library to receive NH State Library ARPA grant funding

brary will use this

BRISTOL not-Sleeper Library pleased to announce that it has been awarded \$25,635 in funding through the Institute for Museum and Library Services' "Grants to States" program. The grant program is part of the American Rescue Act Plan of 2021 and is being facilitated by the New Hampshire State Library.

Minot-Sleeper

grant award to partner with StoryCorps, New Hampshire Public Radio (NHPR), and the Bristol, New Hampshire Historical Society to record, archive, and share stories told by the people of the Newfound Region of New Hampshire. The project will invite Newfound Region community members of all ages and from diverse backgrounds to share their life experiences and stories. The project will culminate with a collection of recorded conversations, accessible to the public. NHPR will broadcast a special segment that features a selection of the recordings.

The project will begin with pre-training and support for program planning, provided by StoryCorps. This will be followed by the library's

SEE **FUNDING** PAGE A9

# Cats close out holiday tournament with overtime win



JOSHUA SPAULDING

Chris Rubbe skates into the zone during holiday tournament action in Laconia.

BY JOSHUA SPAULDING

Sports Editor LACONIA — The Kearsarge-Plymouth hockey team got the chance to play three games over the holiday break and finished the Brady Sullivan Christmas Tournament at the Merrill Fay Arena in Laconia with an exciting overtime win on Wednesday, Dec. 29.

Freshman Magnus Nordhausen scored with 5:24 to go in the eight-minute overtime to give the Cats the 1-0 win over Division II Spauld-

"The third line scored (the winning goal), so to have them contribute shows our depth," said coach Justin Garzia. "The third shift of overtime, the third line, our strength is our ability to use three lines that can

"And these were three games to try out some different lines with no pressure," Garzia added.

Owen Garzia got the start in net for the Cats and had some early saves as the Raiders attacked. Nordhausen had K-P's first shot on goal that was denied while Nolan Fullerton had a bid stopped as well. Garzia continued to hold his own in net and Cillian Kenneally and Aiden Chicoine also had chances for the Cats that were stopped. Kristian Nurme made a nice centering pass that missed the mark and both Chicoine and Fullerton had bids denied.

Brock Tanner had a good defensive stop for the Cats and Garzia continued to stop

Spaulding's chances. Kearsarge-Plymouth got the first power play of the game and Charlie Cushing and Nurme had chances but could not convert. Tanner sent a puck through the crease and the game went to the second period with no

The second period was divided in half, with 7:30 played on either side of the ice being made by the Zamboni. Fullerton and Chicoine connected on a chance early in the second period and Nurme had a centering pass cleared. Nordhausen had a bid stopped and Fullerton did as well, while Shea Curley also got in the zone. Garzia made a late save and the first half of the second period came to an end with no score.



Kristian Nurme corrals the puck in front of a Spaulding defender in action Dec. 29 in Laconia.

Garzia had an early save in the second half of the second period and Kearsarge-Plymouth got the power play with 6:23 to go in the second period. Garzia made a save on a shorthanded bid and the Cats were unable to get any good chances. Nurme and Chris Rubbe had chances denied by the Spaulding keeper and Nurme sent a shot wide as the second period ended.

Fullerton had a good clear to open the third period and the Cats went on a power play with 14:11 to go in the game However, a bid from Brennan Johnson was the only real chance the Cats had as his bid was deflected wide.

The Cats got another power play with 11:45 to go, but again didn't get a ton of chances, as Cole Rozum had a couple of shots blocked. The Cats did take their first penalty of the game with 8:28 to go and Garzia held his own in the net, turning away a trio of solid Spaulding chances as the penalty was killed

Nurme had a pair of bids denied, Fullerton had a bid go over the top of the net and Cushing had a shot stopped as regulation came to an end with no score.

With just less than two and a half minutes gone in the overtime period, Nordhausen was able to spin around in the circle to the Spaulding keeper's left and from his knees fired a shot that found its way to the back of the net for the winning tally.

"We were down a few players and played some guys who haven't really skated a lot yet," Garzia said. "It was good to see some of those guys on the ice.

"After the first two games struggling, to come in and get a win is nice," the K-P coach added. "And Owen got his second shutout in his third game, so that's good for his confidence."

The Cats will be at Sanborn-Epping Saturday, Jan. 8, at 8 p.m. and will be at Belmont-Gilford at 5 p.m. on Wednesday, Jan. 12.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

# Put a little love in your heart and Keep The Heat On

PLYMOUTH — "For one night, we act a little nicer, we smile a little easier, we cheer a little more. For a couple of hours, we are the people we always hoped we would be...It's a miracle! I know what I'm talking about: vou have to do something; you have to take a chance; you have to get involved ..."

With these lines at personal

the end of the Charles Dickens-inspired movie, "Scrooged!" Bill Murray's character, Francis X. Cross, reveals breakthrough. With the help of a few zany spirits on Christmas Eve, Cross is transformed: years of personal cynicism, in-

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difference, and apathy give way to his feeling "alive" again with the true Christmas spirit. And with this epiphany, he encourages his worldwide TV viewers to be generous with their fellow man. With our own Christmas Eve having just past, and New Year's Eve right around the corner, this seasonal revelatory message is one that we can apply in our day to day lives into and throughout 2022. all have an opportunity over the next few weeks to share a little more with our neighbors in need by making a donation to the Plymouth Area Community Closet (PACC) financial home heating fuel assistance program, "Keep The Heat On" (KTHO).

With almost all consumer prices rising steeply and steadily, especially food and fuels, there are many of our fellow community members that need the help KTHO can provide. Already In the past three months, PACC through KTHO has distributed \$70,000 worth of home heating fuel assistance to eligible residents\*. Although the National Weather Service predicted "milder" temperatures for this winter, the region's frigid temperatures this past Christmas week belies that forecast. Through the KTHO program, PACC provides residents with funding for a onetime purchase of 150 gallons of heating oil (or its equivalent in wood, pellets, or propane). Of course, this funding depends almost exclusively on the generosity of individual and corporate donations.

PACC accepts donations for KTHO and other programs throughout the year, but KTHO is a distinctive seasonal program that combines an auction of donated recreational, artistic, and culinary items with a raffle giveaway. The virtual fundraiser (referred to as an "UnEvent" due to adherence to CDC COVID-19 pandemic guidelines that restrict large in-person gatherings) will take place on Wednesday, Jan. 26 at 7 p.m. The affable AJ Coppola, a local teacher and performer, will emcee the online auction and raffle during a livestream Webcast from the Squam Lakes Science Center in Holderness. Items from local artists and business owners are available either for auction or raffle, and include original artwork, cooking classes, floral bouquets, wine, and many other attractive and diverse items. Your purchased ticket automatically enters you into the raffle and drawings. Tickets are available for purchase now at www.32auctions.com/ KTHO22, and previews of the auction items and bids will be accepted at the online site beginning Jan. 10. Auction bids will also be accepted during the live webcast.

In sum, your personal contribution to PACC's "KTHO" program can fulfill the "Scrooged!" movie's year-round message about "getting involved" and "making a miracle happen." When you buy a ticket for the virtual "Keep The Heat On" fundraiser, the money you spend not only gives you a chance to score a desirable auction piece or to win a fun door prize -- you also get something in return. And that something is knowing that you've done a good thing, from

the heart. You've done a good thing to support the KTHO program, you've done a good thing to help a neighbor in need, and you've done a good thing for you, yourself! How do you know? Because you got involved you'll have acted a little nicer, smiled a little easier, and felt more like the person you've always wanted to be. You've put a little love in your heart! Ala Murray / Francis X Cross, you'll be able to say to yourself, "It's a good feeling. It's really better than I've felt in a long time." It's your mir-

The KTHO volunteer committee partners with the Plymouth Area Community Closet in their continued mission to aid our neighbors. Keep the Heat On—and the assistance it helps provide is entirely non-partisan.

PACC is located at 5 South Main St., Plymouth. Fuel Assistance is available by phone on Tuesdays and Thursdays 9 am to Noon, tel 603-536-1101. The PACC Food Depot is open Tuesdays and Thursdays 8am-10 am, tel 603-536-9889. PACC serves residents of Alexandria, Ashland, Bridgewater, Ellsworth, Campton, Dorchester, Groton, Plymouth, Rumney, Hebron, Holderness, Waterville Valley, Thornton, Wentworth, and Warren.

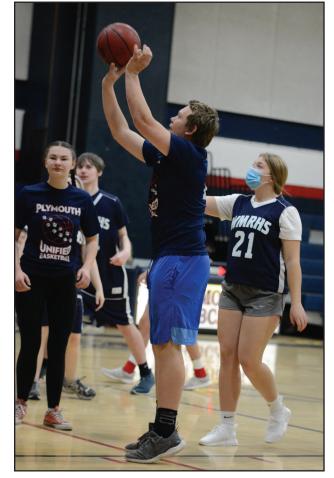
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# Unified Bobcats kick off season with a victory



Zack Carter puts up a shot in action against White Mountains.



Shenice McCoy eyes the hoop in action against White Mountains prior to the holiday break.



Harrison Dixon smiles as he races the ball up the court in action against White Mountains.

# New Hampton graduate earns second Olympic nod



TEAM USA – COURTESY PHOTO New Hampton graduate Cayla Barnes has been named to her second Olympic women's hockey team.

BY JOSHUA SPAULDING Sports Editor

NEW HAMPTON — New Hampton School graduate Cayla Barnes has been named to her second United States Olympic women's hockey team.

The announcement came over the weekend that Barnes will join her teammates in representing the United States at the Beijing Winter Olympics, which commence in early February.

In addition to her appearance for the Team USA in the PyeongChang Olympics in 2018, where Team USA won gold, Barnes has a long list of appearances representing her country. As a member of the U.S. Women's National also named AHCA Sec-

Team, has earned a spot on three International Ice Hockey Federation Women's World Championship teams (2019, 2020, 2021), winning gold once (2019) and silver once (2021). Additionally, has helped Team USA to two Four Nations Cups (2017, 2018-first) and participated in three IIHF Under-18 Women's World Championships and helped the U.S. win three consecutive gold medals (gold-2015, 2016, 2017). She was a threetime member of the U.S. Under-18 Women's Select Team at the Under-18 Series (2014, 2015, 2016) and captain of the 2018 U.S. Under-22 Women's Select Team at the Under-22 Series She has represented the U.S. in various other international events, including the 2021 My Why Tour, presented by Toyota, the December portion of the 2019-20 Rivalry Series, The Time Is Now Tour, presented by Toyota (2017), and was on the U.S. Women's National Team roster for a pair of games against Canada in

December 2016. Barnes, who is currently a senior at Boston College, was named a captain in her junior year. That year she was

ond Team All-American and Hockev East First Team All-Star. In her sophomore campaign she was named Hockey East Second Team All-Star and was one of three finalists for Hockey East Player of the Year after finishing first in Hockey East and third in the nation with 103 blocked shots.

Barnes finished her New Hampton career with 155 career points in 112 games from 42 goals and 103 assists. She was recognized as a three-time NEPSAC All-Star (First Team in 2015-16 and 2016-17; Second Team in 2014-15) and honored as a threetime USA Today prep All-American (2015-17). During her senior season, she led the Huskies to their first-ever NEP-SAC New England Division I championship and was honored as the 2017 NEPSAC Division I Player of the Year.

Team USA kicks off its gold medal defense the day before the opening ceremonies of the Beijing Olympics, taking on Finland on Thursday, Feb. 3, at 9:10 p.m. Beijing time, which is 6:10 a.m. on the East Coast.

54-40 win.

BY JOSHUA SPAULDING

PLYMOUTH — The Plymouth and White Mountains unified basketball teams kicked off the season right before the holiday break, with the Spartans traveling to Plymouth, where the Bobcats earned a

Plymouth jumped out to a 12-6 lead in the first quarter, led by four points each from Zach Carter and Kenny Ierardi while Brandon Lawson and Brianna Gowen each added hoops. The Spartans got baskets from Jacob Lackie and Ethan Oakes as well as an own-hoop, making it 12-6 after one quarter.

Plymouth opened the second quarter with a hoop from Shenice McCoy and Aleah Phillips answered at the other end for the Spartans. Matthew Michaud drained a bucket for the Bobcats and Cassidy Hart came back with a bucket for the visitors.

After McCoy hit another hoop for Plymouth, Lackie hit back-to-back buckets to pull the Spartans to within four at 18-14. However, Plymouth scored the final 10 points of the first half. Cam England started the run with a bucket and Brandon Avery added three buckets of his own. Harrison Dixon added a hoop and the game went to the half with the Bobcats up by a 28-14 score.

Phillips opened the second half with a bucket for the Spartans but Ella Schaeffler answered for a bucket for Plymouth. Oakes scored another hoop for the visitors and Schaeffler added another basket. After a Lackie basket for the Spartans, Plymouth got consecutive baskets from Ierardi and Carter to up the lead

Oakes hit another basket for White Mountains before Desirae McCoy sunk a basket for Plymouth. Phillips added another hoop for the Spartans but Plymouth got the final points of the frame on two hoops from Lawson and one from Carter for the 44-24 lead after three quarters of play.

The Spartans got the first three baskets of the fourth quarter, one from Lackie and two from Hart to cut the lead to 44-30. Avery added a basket to get Plymouth on the board before Oakes added a basket for White Mountains. Matthew Michaud got a hoop for the Bobcats and Lackie added another for the

England scored another basket for the hosts and Lackie answered at the other end. Shenice McCoy drained a hoop for Plymouth and Phillips scored for the Spartans. Dixon and Hart exchanged baskets to close out the game with the 54-40 win for the Bobcats.

Lackie led the way for the Spartans with 14 points and Carter and Avery each scored eight points to lead the Bobcats.

The two teams will meet again on Tuesday, Jan. 4, in Whitefield at 3:30 p.m.

PRHS 12-16-16-10-54 WMRHS 6-8-10-16-40

Plymouth 54

S. McCoy 3-0-6, England 2-0-4, D. McCoy 1-0-2, Avy 4-0-8, Lawson 3-0-6, Schaeffler 2-0-4, Carter 4-0-8 Dixon 2-0-4, Michaud 2-0-4, Gowen 1-0-2, Ierardi 3-0-6, Totals 27-0-54

White Mountains 40

Hart 4-0-8, Lackie 7-0-14, Phillips 4-0-8, Oakes 4-0-8, Totals 20-0-40

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# Opimion

# CADY Corner

# Impaired driving: Tips for talking to your kids

BY DEB NARO
Contributor

Impaired driving remains an issue that affects Americans every day. On average, three in five people, in their lifetime, will be involved in a crash due to impaired driving. Serious consequences can result because of impaired driving, including injury and death. In 2016, 10,497 people died in crashes caused by alcohol impaired driving, accounting for 28 percent of all traffic-related deaths in the United States.

Additionally, drugs other than alcohol are involved in about 16 percent of motor vehicle crashes. Impaired driving is entirely preventable. Know the facts and talk with your kids about the dangers of driving under the influence of alcohol or other drugs. About one in four teen car crashes involves an underage drinking driver. Every day about 800 people are injured in a drunk-driving crash. Also, every day in America, another 29 people die from drunk-driving crashes. That's one person every 50 minutes. Marijuana use is increasing, and 13 percent of weekend nighttime drivers have marijuana in their system.

Marijuana users were about 25 percent more likely to be involved in a crash than drivers with no evidence of marijuana use. The most effective way to stop impaired driving is to prevent it from happening in the first place. Use the following tips when talking with your kids about drunk and drug-impaired driving. Don't Wait for the "Right" Time—It's always a good time to talk to your kids about the dangers of impaired driving.

Here are some opportunities you can take advantage of to discuss drunk and drug impaired driving: when your child asks to borrow the car; when you're at the dinner table together; when your child asks if he or she can ride with a friend to school/a concert/a party; when you're running weekend errands; when you're at the grocery store; and when you and your child are in the car together.

Reinforce Expectations—Make sure your children know what you expect from them when it comes to impaired driving. Let them know it's never okay to get behind the wheel of a motor vehicle while under the influence, and that getting in a car with someone who has been drinking or using drugs is extremely dangerous.

Help Them Build an Exit Plan –Some kids may not know what to do if a friend or family member who is under the influence of alcohol or other drugs offers them a ride. Explain to your child that it's okay to say no and help them think through an exit strategy. For example, you can suggest: calling a relative or friend for a ride home; staying the night at their current location; and convincing the person under the influence not to drive. Mention that drunk and drug-impaired driving is illegal and unsafe and suggest they find another way home.

Show Them You Care—Kids are more likely to listen when they know you're on their side. Make sure they know that you're talking to them about impaired driving because you care about their safety, not because you assume they would ever drive drunk- or drug-impaired driving.

For more information about how to talk to your child about the dangers impaired driving, visit www. underagedrinking.samhsa. gov or our Web site at www.cadyinc.org for additional resources to help you get the conversation started.

If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGH Healthcare (934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 238-3555.



Courtesy

Elks show support for local veterans

The Plymouth Lodge of Elks, #2312, continued their support of the Boulder Point Veterans Home on Christmas Eve with a visit and donations for our veterans.

# ~ Comfort Keepers ~

# How seniors can enhance mental health

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

No matter what age we are, living a life of purpose, connection and joy is critical for our physical and mental wellbeing. For older adults, a variety of obstacles like vision loss, social isolation, mobility problems and memory issues can make enjoy-

Why is it important for seniors to focus on their mental health?

ing life more difficult.

Socially isolated seniors have a 59 percent greater risk of mental and physical decline than those who do not experience social isolation (Forbes).

The health effects of social isolation and loneliness on seniors is equivalent to smoking 15 cigarettes per day (AARP.org).

Depression in the elderly is associated with increased risk of cardiac diseases and risk of death from illness (Web-MD).

For older adults that want to improve their quality of life through enhanced mental health, there are a few things they can do to kick off their healthy habits.

Exercise— Seniors should always consult with a physician before starting any physical activity or fitness program. Seniors that are able, and approved, to exercise may see increased physical and mental wellness. Exercise has been proven to have a positive effect on the brain.

Connection- At any age, many people find joy in spending time with family and friends. Social isolation can be a problem for seniors that have mobility issues or aren't able to drive, or who have loved ones that live far away. However, there are services that can help overcome these issues, including transportation help, in-home care assistance, technology that fosters connection and other outside sources of help.

Volunteering– Shar-

ing time and talents doing volunteer work can bring a sense or purpose and fulfillment. Many organizations have programs and volunteer opportunities specifically geared to older adults.

Spending time on joyful activities— Everyone has a different interest or hobby that brings joy, whether that's music, art, dance, gardening or games. Seniors should try to spend time doing something that brings them happiness on a daily basis to improve their quality of life.

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Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide transportation to community events, support physician-prescribed exercise regimens, provide companionship and help families stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

About Comort Keepers

Comfort Keepers is a leader in providing inhome care consisting of such services as companionship,

transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

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Please call 603-536-6060 or visit our Web site at nhcomfortkeepers. com for more information.

## **Letters to the Editor**

### **Reject Sewer to the Lake**

To the Editor:

Bristol, we have a problem with a tone deaf select board. The voters submitted a warrant article in 2020 to rescind the previous year's Sewer to the Lake Project that had passed by one vote, but the Bristol taxpayers rejected this by a resounding vote of 91-31 to rescind.

This warrant article was introduced by us voters once it was ful-

ly understood what the consequences of cost were going to be to all us taxpayers.

Even though the select board were cute with their selection of an RSA 32:7 called "Lapse of Appropriations" vs. RSA 32:7A "Appropriations," it gives you the feeling they knew once the Bristol taxpayers digested the entirety of costs, the taxpayers would reject this project!

This project has little consequence to the lake, but will have an enormous tax impact for years to come as well as changing our bucolic village into something we will never get back, this seems to be about supporting a project for few at the expense of all taxpayers.

The select board can rectify their mistake and do what's right for Bristol's taxpayers, they can table and stop pursuing funds letting the Sewer to the Lake die in the dustbin of Bristol's history.

Select board members need to listen to the Bristol voters and stop the Sewer to the Lake Project. Do what is right by respecting our vote!

> Ernie Richards Bristol

# **ALL WE KNOW IS LOCAL ~ SalmonPress.com**









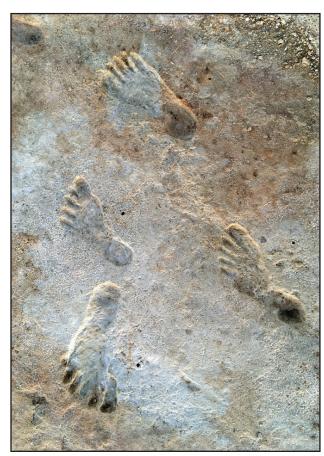




# NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

## Notes from all over the place, and the peopling of the West



Kids walking around a now-extinct lake at White Sands National Park in New Mexico left these footprints in the mudflats 22,000 years ago. (Courtesy Dan Odess, National Park Service)

close, many people who watch a lot of television must have been wondering about their own sanity. They could have been forgiven for thinking that they were seeing the same ads over and over, hour after hour, and day in and out.

They were. Under federal licensing permits for using public airwaves, stations agree to devote a certain amount of air-time to public service announcements, or PSAs. For TV stations in Maine, New Hampshire, and Vermont, these included PSAs for the Ad Council (a tremulous singer), clean water advocates (a petulant child), and a Girl Scout Boy Scout organization (indecipherable because the sound-mix was so

Viewers were seeing the same "voluntary" ads over and over because stations were struggling to air as many of the free ads as possible before the year ran out. As the year ends, they struggle with a steadily closing window of opportunity to volunteer the requisite amount of free air-time. They select the easiest and most manageable of the lot to squeeze in as the year ends, and run the same ads over, and over, and over. +++++

Whenever I see it, I wonder why television news producers fuzz the faces of so many alleged illegal entrants into the country. Increasingly, the faces of people at the Rio Grande are fuzzed out, and whenever we see comparatively rare footage from an incident on our own border up here in the frozen tundra, they are too.

Way back a half-century ago, I was taught that anyone in a public place is fair game for a photograph, and as far as I know the rules haven't changed. These desperate people are only accused of doing this or that to evade or take advantage of the law, not guilty of it, and will have their day(s) in court.

What are they going to do, after all? Sue the media? As any American who's tried to bring suit in a foreign country knows, good luck.

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If the TV industry is going to force viewers to sit through endless commercials, the least they could do is give awards out for the best and worst, and let viewers decide.

I'd give MacDonald's a big hurrah for its "working stiff" commercial, which shows a soundasleep guy in the passenger seat snoozing away while his co-worker magnanimously orders coffee for two. Millions wee-hour workers will empathize.

A big "boo," meanwhile, to news producers who were overly worried about White House groundskeepers blowing leaves and driving by with tractors and otherwise intruding on their precious packaging and placid background. It was a working-world situation, and you'd think the news crews would have reveled in it.

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In most years, many a small town can be forgiven for just not wanting to hear much from Concord, period. It's not that all news from the boys and girls under the State House Dome and in the Annex and the Legislative Office Building is bad, every year, year in and year out, but...

One thing the towns always do want out of Concord every single year in timely fashion, however, is the tax rate. The information goes south, more or less in timely fashion, and then the individual towns wait until the Secretary of State's office, or the state budget people, or for all we know the Governor's office, says it's "okay" or otherwise authorizes the "release" of the tax rate. Meanwhile, newspaper presses and TV crews are kept in constant vigilance for the authorized, sanitized, choreographed "release" of what is, after all, the people's news.

What would happen, we've always wondered, if the towns and the news media just decided to tell the state government pooh-bahs to go pound sand?

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Public relations lingo: "Good optics" means "good visuals," which is media advisor lingo for "good images," and producer lingo for "sexy," which comes down to the station-hype promo "Film at eleven!"

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Crass class thought: Every new "sustainable" lifestyle initiative seems to involve small-town and countryside yeomen and serfs doing all the work while somebody else has all the fun.

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The peopling of the Western Hemisphere---the how of it all---has long fascinated historians, and has been a favorite topic in this column. The most recent Ice Age, about 15,000 years ago, and the resultant locking up of so much of the Earth's water in the glaciers and the lowering of the oceans, and the emergence of the Bering Land Bridge, have long constituted the most convenient answer.

However, there have always been certain holes in this theory, which came across to many people as just a bit too neat and convenient. Sweet potatoes and tobacco, for instance, seem to have switched hemispheres over the millennia, each ultimately being found where it theoretically did not belong.

Last year, a preliminary blitz of information indicated (and a more recent spate confirmed) that final evidence has surfaced indicating that



Bridge theory will no longer work. Fossilized human footprints were discovered at New Mexico's White Sands National Park dating to 22,000 years ago, effectively throwing the 15,000-year Ice Age theory out the window.

It was in a precarious position anyway. Reports of a 35,000-year-old charcoal and hearth discovery in northeastern Brazil had cast all sorts of doubt, as had finds of Clovis points in Canada and the U.S. that made the timing of it all pushing plausibility.

Now, after the confirmation of the White Sands footprints, there is no doubt that archaeologists and anthropologists must re-think their theories. The footprints, originally made by teenagers and children in muddy areas around a lake, were found below and above strata containing aquatic plant seeds radiocarbon dated to 23,000 and 21,000 years.

The Cornell University archaeologist who led the footprint project seemed rueful about the long and often painful road that finally led to the old theory's defeat. "Scholars can question whether a stone or a bone artifact was actually shaped by humans, he said, "but there's no mistaking who made a human footprint."

(Please address mail, including phone numbers for questions, to campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

## Educational Theatre Collaborative presents Rodgers & Hammerstein's "Carousel"

PLYMOUTH -Educational Theatre Collaborative (ETC) at Plymouth State University (PSU) will present Rodgers & Hammerstein's "Carousel," Jan. 15-19 at The Flying Monkey Movie House and Performance Center in Plymouth. PSU students represent one fourth of this year's cast, with the rest comprised of community actors, professional actors and local children. ETC's most recent production was Annie, which ran for six sold-out performances in January 2020.

"Carousel," which tells the poignant story of the faithful Julie and her brutish husband Billy, is one of the most powerful books of the musical theatre and perfectly matches its extraordinary score. The story revolves around Billy Bigelow, a carousel barker whose romance with millworker Julie Jordan comes at a high price. He participates in a robbery to provide for Julie and their unborn child; after it goes tragically wrong, he is given a chance to make things right. The show includes the well-known songs "If I Loved You," "June Is Bustin' Out All Over," and "You'll Never Walk Alone."

The production is directed by Trish Lindberg, Ph.D., Professor of Education and Integrat-

ed Arts, Coordinator of and 19, at 7 p.m. and Jan. Integrated Arts M.Ed. Program, with musical direction by Harmony Markey, Program Coordinator for Music Education, and choreography by Gustavo Wons from New York. New York. The set is designed by Szu-Feng Chen, resident scenic designer at the University of New Hampshire, projections are by Alex Koch and lighting design is by Peter Liebold, both based in New York City.

"Carousel' is one of my favorite musicals and its message of hope feels most appropriate for our present time," said Lindberg. "The song 'You'll Never Walk Alone' conveys a belief that things will get better, and that's a message that we could all use right now."

ETC is an innovative arts education program and the recipient of the 2012 Moss Hart Trophy for Best Theatrical Production in New England, awarded by the New England Theatre Conference. The intergenerational program performs a musical each year in January after weeks of intensive rehearsals.

This year's performance is co-sponsored by the Common Man Family and PSU. Ticket prices are \$20-39 and can be purchased at The Flying Monkey's online box office. Show times are Jan. 15 and 16, and 18 16 and 17, at 1 p.m.

"We sincerely appreciate the generosity of the Common Man Family for their support of 'Carousel,' and for their commitment to the arts," said Lindberg.

About Plymouth State

University Established in 1871, Plymouth State University serves the state New Hampshire and the world beyond transforming our students through advanced practices where engaged learning produces well-educated undergraduates, by providing graduate education that deepens and advances knowledge and enhances professional development. The "Plymouth State Learning Model" is organized around seven dynamic, theme-based hubs called "Integrated Clusters," which emphasize open, integrative, and project-based experiences. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

## **Town of Alexandria** NOTICE OF PUBLIC HEARING

The Town of Alexandria will hold a public hearing on the proposed 2022 budget on

January 18, 2022 at 6:00 p.m. at the Alexandria Town Hall located at 45 Washburn Road.

Paid Advertisement <u> Edward Jones: Financial Focus</u>

What should you know about investment risk?

When you invest, you incur risk - there's no avoiding it. But the concept of "risk" may be more expansive than you realized. And by understanding the different types of investment risk and how these risks can be addressed, you can improve your skills as an investor. The most common perception of investment risk is simply the risk of losing money. When you invest in stocks and stock-based vehicles, such as mutual funds, there are no guarantees that your principal – your initial investment amount – will be preserved. Gen-erally speaking, if you hold stocks or mutual funds over a period of years, and even decades, you can reduce the likelihood of sustaining losses that could send your invest ments' value to zero. Hopefully the value of your investments will rise over time. And it's worth noting that, since the Great Depression, U.S. stocks have averaged 9.59% annual returns, according to Morningstar Direct, an investment research service. However, past performance can't guarantee future results. In any case, this type of risk is real,

and it's a factor to consider when making your investment decisions. But you can't avoid all risk by avoiding stocks and putting your money into other types of investments. Consider bonds, for example. When you purchase a bond, you typically receive regular interest payments and you get back your initial investment when the bond matures, provided the issuer doesn't default. But if interest rates go up and you want to sell your bond before it matures, you'll have to offer it at a "discount," because no one will pay the full price for your bond when they can buy new ones at a higher rate You can help manage this type of

interest rate risk by owning a variety of bonds with different maturyou can reinvest your short-term bonds at the new, higher rates.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to inter rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturi

And in a falling-rate environment, you can still benefit from your longer-term bonds, which typically

pay higher interest rates. Foreign or international investments also contain specific risks. When you purchase foreign stocks, you'll find that fluctuations in the value of currencies relative to the U.S. dollar can affect your returns. Also, international investments may carry political risk, since some foreign governments and political systems may change in ways that work against businesses in those countries. To contain these types of risk, you'll want to maintain an appropriate allocation of international holdings and diversify across regions.

Ultimately, your most broad-based defense against all types of risk is to build a diversified

international stocks, corporate bonds, mutual funds, government securities and other investments. it helps reduce the impact that market volatility can have on your portfolio if you only own one type of asset, such as domestic stocks. (However, diversification can't guarantee profits or protect against all losses.) And you'll also want your portfolio to reflect your individual tolerance for risk.

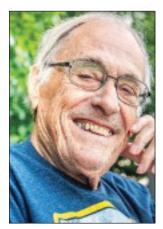
portfolio containing U.S. stocks,

By being aware of the different types of risk, and taking steps to mitigate them, you can create a strategy that offers the potential to help you achieve your important goals, such as a comfortable retirement. And by doing so, you'll avoid the greatest risk of all: not investing for your future.

Jacqueline Taylor 3 Mill Street PO Box 176 Meredith NH 03253 603-279-3161 Fax 866-532-8685



#### William H. Marston



The world knows a little less laughter with the passing of William H. Marston on December 26, 2021, at home in Rye, NH. Born on Sept. 2, 1931 in his favorite place on earth, Bristol/ Newfound Lake, NH, he and his twin brother. Charlie, loved a life full of baseball and singing. Their parents, Judge William H. and Ada B. Marston, and the whole Bristol community, nurtured and molded the rambunctious Marston twins.

Bill was dedicated to a life in education. He loved to tell how he was offered his first principalship on his Plymouth State College graduation day, in 1954. His long career began at Warren Elementary School. A dream came true when he signed a professional baseball contract with the Baltimore Orioles organization in 1955. He was drafted and served in the US Army for two years. Happily, he returned to school administration at Gorham Junior High in 1957 and successfully completed 53 more years, primarily as a high school principal. Thirty of those years he served as headmaster of Pembroke Academy (1966-1981) and principal of Goffstown High School (1981-1996). He was also adjunct faculty at Mount St. Mary College, Notre Dame College and Plymouth State University. We believe he was the longest serving school administrator in NH history, with 54 years of caring for the "whole child."

Mr. Marston received his M.Ed. from PSC in 1964 and his CAGS from Northeastern University

in1979. Bill's professional memberships and accomplishments numerous. Some highlights: He was President of the NH Association School Principals, President of the NH Joint Education Counboard member of the NHIAA, Trustee of the University System of NH for eight years (& Chair of their Personnel

Committee) and he was a proud member of the PSU President's Council and the NH Edies Board of Directors.

Athletically, Bill earned membership in the Hall of Fames at Newfound Regional High School, Plymouth State University and the NHIAA. He retained his famous curve ball and was honored to receive the Best Pitcher Award from the NH Baseball League - Legends Division in his 70's. Bill loved nothing more than coaching Emily, Blake and many of their friends, in softball and baseball.

In his spare time, Bill enjoyed public speaking and loved entertaining young children with his stories and antics. He was a board member of the Concord Community Service Council, played the piano and thoroughly enjoyed singing in the choirs of Pembroke Congregational and Bedford Presbyterian Churches, as well as the Suncook Valley Chorale.

Bill leaves his wife of 40 years, Nancy Irving Marston, his sons Christopher (Marie) Marston of Bow, NH and Jeffrey Marston of Mandeville, LA, his daughter, Emily Marston of Sarasota, FL and his special son Mark (Lori) Girardin of Concord, NH. He was predeceased by his son, William Blake Marston in 2015. He also leaves two granddaughters, Kaley Marston and Taylor Marston and his loving nieces and nephews, Jamie (Phelps Fullerton) Marston, Jonathan (Kelly) Marston, Jill Marston, John (Sarah) Sachetta, Jamie Irving, Jared (Erin) Mostue, Samuel (Bethany) Mostue, 8 great nieces and nephews, a great-great niece and many cousins. He will be missed by his sister and brother-inlaw, Barbara and Erik Mostue of Concord and many, many friends.

Services will be held at 11:00 AM on January 8, 2022 at Bedford Presbyterian Church, Bedford, NH. If you prefer, you may live-stream the service on YouTube at Bedford Presbyterian Church nh. Bill would be delighted if you would like to make a contribution in his memory to Tapply-Thompson Community Center, 30 North Main St., Bristol, NH 03222, for improvements to his beloved Kelly Park.

Send all obituary notices to Salmon Press, by e-mai1l to obituaries @salmonpress.news

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Main St., Plymouth, NH 536-2625.

### Towns

#### **Bristol**

Al Blakeley adblakeley0@gmail.com

Happy New Year!

The TTCC is busy this month with the start of many programs that include: Dance classes for children ages three to five and grades K - 2 and grades three to six; Yoga classes for kids ages 5 and up; Kung Fu lessons for most age groups; Karate lessons for most age groups. For information about these programs, call 744-2713 or www.ttc-crec.org.

Thanks to Lakes Region Epoxy, the TTCC is putting on a raffle where the winner will receive an Epoxy Flake Floor up to a \$9,000 value! Tickets will be limited to 100 sold for \$250 each. Proceeds from this raffle will be used to raise funds for important building repairs and crucial maintenance with the goal of raising \$25,000! Contact the TTCC office: ttcc@ metrocast.net or 603-744-

The NH Governor's Council on Physical Activity & Health is sponsoring a Granite State 90-day Winter Challenge that will run from Jan. 1 through March 31. This is a free program where all participants will have chances to win some great prizes. The challenge involves competing the different daily wellness challenges. Overall, the challenge is to move for at least 30 minutes a day. The TTCC has a team and asks that you join the challenge on their team.

Just put 'TTCC' as the team name in the company name box when registering. The website is: https://nhmoves.org/90daychallenge/. The TTCC will reach out to you after you register.

As part of Hannaford's Bloomin' 4 Good Program, every month at every Hannaford location, a different local non-profit is selected to benefit from the sale of the Bloomin' 4 Good Bouquet. The TTCC was selected as the January 2022 beneficiary by local store leadership at the Hannaford located at 505 Pleasant St. in Bristol. The TTCC will receive a \$1 donation for every \$12 Bloomin' 4 Good Bouquet purchased at this location in January 2022. For more information about the program, vishannaford.bloomin-4good.com.

Join in the TTCC's Shape Up Newfound Exercise Classes! On Mondays and Thursdays at 6pm and on Saturdays at 8am at the Bristol Elementary School, cardio/strength training workouts fro men and women of all fitness levels will be held with the guidance of Donna Evans to challenge and change your body. Give it a try-your first class is free! The cost is \$6, drop in any time. A 10 class punch card for \$55 and a 12 week for \$110 are available. For information or questions, contact Donna at donna.evans78@yahoo.com.

Middle and High School Teen Nights start next week! Middle School Teen Nights are Tuesdays, 6 - 8 p.m. Monthly sessions will cost \$20 per person / per session that include dinner. The minimum of 10 persons and maximum of 20 persons will be observed - first come, first served. All participants must be pre-registered and paid ahead by signing up online (no payment at the door). High School Teen Nights will be on Thursdays from 6 – 8 p.m. This is a drop-in event open to any High

School students from the Newfound Area. Snacks will be available as will many activities, music and more.

Lil' Hoops and Kindergarten Basketball starts on Saturday, January 8! There is still time to sign up. \$20 per player held at the TTCC on Saturday mornings from Jan. 8 through Feb. 19. Open to all kids interested from the Newfound Area. Group 1 - 9-9:45 a.m., Group 2 - 10 - 10:45 a.m.

Call the TTCC at 744-2713 to get information about the Fiddlesticks Dog Obedience Classes that will start Jan. 15 on Saturday afternoons through Feb. 19.

The Newfound Area School District Budget Committee will hold a public hearing on the proposed school district budget for 2022-2023 on Friday, Jan. 14 at 6:30 p.m. in the Newfound Regional High School. A makeup date will be on Saturday, Jan. 15.

The Minot-Sleeper Library is pleased to announce that it has been awarded \$25,635 in funding through the Institute for Museum and Library Services'"Grants to States" program. The grant program is part of the American Rescue Act Plan of 2021 and is being facilitated by the NH State Library. Minot-Sleeper Library will use this grant award to partner with Story-Corps, New Hampshire Public Radio and the Bristol, NH Historical Society to record, archive, and share stories told by the people if the Newfound Region of New Hampshire. The project will invite Newfound Region community members of all ages and from diverse backgrounds to share their

life experiences and stories. The project will culminate with a collection of recorded conversations, accessible to the public. NHPR will broadcast a special segment that features a selection of the recordings.

The new Director of Minot-Sleeper Library, Jennifer Davis stated, "The past two years have proven that the loss of connection can affect everyone in a community. The hope is that this project will bring a large group of our community members together to share their stories and reconnect in a powerful way."

Recurring Events at the MSL include: Knot Only Knitters every Monday from 2-3 p.m.; Mahjong every Wednesday from 1-3 p.m.; Tech Help Drop in every Thursday from 2-5 p.m.

Upcoming Events at the MSL include: Poetry Night on Thursday, Jan. 6 at 6:30 p.m.; Movie Group on Friday, Jan. 7 at 6 p.m.; Third Monday Book Group on Monday, Jan. 24 at 10 a.m.; Nonfiction Book Group on Thursday, Jan. 13 at 3 p.m.; Board of Trustees Meeting on Thursday, Jan. 27 at 5 p.m.

Youth and Family Events at MSL include: Stuffy Sleep Over on Wednesday, Jan. 12 at 5 p.m.; Home School Hang Out: Ice Fishing Winter Science Experiment on Friday, Jan. 14 at 1 p.m.; I Spy Art Challenge: With African American Artists on Thursday, Jan. 12 at noon; Sensory Story Time on Tuesday, Jan. 25 at 1 p.m.; Let's Learn About Braille on Thursday, Jan. 27 at 3 p.m.; Home School Support Group Thursday, Jan. 27 at 6

#### Churches

#### Christian Science Society, Plymouth

We'd love to have you ioin us at our Sunday services which are held at 10 a.m. each week at out church on Emerson Street. The services include a Bible lesson sermon, one which is read Christian Science churches all around the world, as well as music and prayer. week's lesson is "Sacrament" and begins with the verse from Proverbs "Lord, you alone are my inheritance, my cup of blessing". Sunday school is held at the same time. We welcome all children and young people up to the age of twenty who would like to join us. Students become familiar with the Bible, and learn truths which can help them in their everyday lives. There is also a nursery for little ones.

In the church building we have a Reading Room which is open on Mondays from noon to 2 p.m., and has a wealth of materials which you can read, borrow or buy. We have all books published by the Christian Science Publishing Society, Bibles and reference books. You can read the Christian Science magazines, the Sentinel and the Journal, which have articles by members

from around the world with helpful, practical thoughts on meeting everyday challenges, and accounts of healing experienced through prayer. We welcome you to stop in and browse what's available.

On Wednesday evenings, we have a meeting at 6 p.m. which includes short readings from the Bible and from the Christian Science textbook, and also time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our Bible study and prayer. Everyone is very welcome at this meeting.

Both the Sunday and the Wednesday services are available to attend on Zoom and we love to have visitors from near and far. You can visit our church website www.cs-plymouth-nh. org to learn about joining online services.

On www.jsh-online. com there are videos, podcasts and articles, including many for children and teens. This week there is a helpful podcast "The stillness that makes all the difference".

On www.christian-science.com you can learn more about Christian Science. It's also possible to link to and read The Bible and the Christian Science textbook "Science and Health with Key to the Scriptures" by Mary Baker Eddy.



# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller		Buyer
Alexandria	20 Burns Hill Rd.	Single-Family Residence	\$195,000	Karen M. Meyer LT		Christopher Richardson
Ashland	81 Fairway Dr.	N/A	\$349,000	Gennaro 2015 RET and Victor Genna	ro Ja	acqueline A. and Douglas M. Dack
Ashland	Harold Avery Road, Lot 21	Residential Open Land	\$80,000	Raymond A. and Thomas E. Mason		Luis and Kerri Rivera
Ashland	Harold Avery Road, Lot 16	N/A	\$80,000	Raymond A. and Thomas E. Mason		Luis and Kerri Rivera
Ashland	Harold Avery Road, Lot 17	N/A	\$80,000	Raymond A. and Thomas E. Mason		Luis and Kerri Rivera
Ashland	Harold Avery Road, Lot 18	N/A	\$80,000	Raymond A. and Thomas E. Mason		Luis and Kerri Rivera
Ashland	Harold Avery Road, Lot 19	N/A	\$80,000	Raymond A. and Thomas E. Mason		Luis and Kerri Rivera
Ashland	Harold Avery Road, Lot 20	N/A	\$80,000	Raymond A. and Thomas E. Mason		Luis and Kerri Rivera
Ashland	Winter Street	N/A	\$185,000	Winter Street RT and Jeffrey V. Reale		Wilder Pond LLC
Bridgewater	7 Carriage Rd.	Single-Family Residence	\$150,000	Marie Claire Maloney LT and Stephe	n Maloney	David and Merryl F. Goldman
Bridgewater	1365 River Rd.	Single-Family Residence	\$162,733	Koffink Fiscal Trust and Robert C. Ko	offink	Saberina E. and Joseph P. Gill
Bridgewater	Whittemore Point Drive	N/A	\$160,000	Gary R. Harger		Michael D. Grandmaison
Bristol	Adams Road, Unit 67	Deeded Slip	\$135,000	Steeves 1 Fiscal Trust and Robert J. S	teeves	Gregory and Margaret Drazek
Bristol	Hall Road	N/A	\$142,000	Bradley and Ann Watson		4D Capital Holdings LLC
Bristol	837 Lake St.	Commercial Building	\$485,000	H.T. Reilly, Sr. RET 2004 and Sue A. W	illiamson	Christopher and Gail Daly
Campton	27 Condo Rd., Unit 1	Condominium	\$126,000	Randy L. and Denise M. Breton		Randal Schroeder
Campton	N/A	N/A	\$75,000	Chris and Paula Kelly		Mountprop LLC
Groton	20 Bailey Hill Rd.	Single-Family Residence	\$165,000	Rebecca Dipietro		Evergrain Orchard LLC
Groton	95 Edgar Albert Rd.	Single-Family Residence	\$292,000	Jennifer Preiss-Burnett and Mark W.	Burnett	Guy and Tamara Mann
Holderness	68 Range Rd.	Single-Family Residence	\$1,060,000	David M. and Kathleen M. Peterson		Robert and Frances Talley
New Hampton	28 Gordon Hill Rd.	Residential Open Land	\$23,666	Keith Brown and Celina B. Waryasz		Keith Brown
_	438 NH Route 104	Commercial Use	\$375,000	Harvey Route 104 RE LLC		104 Store LLC
_	141 Riverwood Dr.	Single-Family Residence	\$815,000	Wayne M. and Laura R. Stauss		Jay and Karen Hewitt
Plymouth	21 Bell Rd.	Single-Family Residence	\$400,000	James Puglisi and Kathleen Ricardi		Lori and Liza L. Tetley
Plymouth	Nellie Jenness E.	N/A	\$85,000			ris 2015 Trust and Jennifer Morris
Plymouth	Station Road, Lot 14	N/A	\$45,000	Dennis M. and Paul E. Dyer		dith L. Ruhm and Joseph L. Wyatt
Plymouth	Tenney Mountain Highway		\$95,000	Mid State Community Development (		3 Lakes Properties LLC
Plymouth	Texas Hill Road	N/A	\$85,000			ris 2015 Trust and Jennifer Morris
Plymouth	N/A (Lot 14)	N/A	\$45,000	Dennis M. and Paul E. Dyer		dith L. Ruhm and Joseph L. Wyatt
Rumney	Doetown Road	N/A	\$11,000	Karen N. Price		Price and Christopher A. Candito
Rumney	Stinson Lake Road	N/A	\$11,000	Karen N. Price	Tessa R.	Price and Christopher A. Candito
Thornton	68 Beacon Hill Rd.	Single-Family Residence	\$395,000	A.R. & C.M. Farrell RET		Mark J. Porter and Dina Model
Thornton	68 Haselton Rd.	Single-Family Residence	\$772,533	Ralph E. and Mary-Linda Ripley	Jennifer Ahrens	-Butler and Christopher M. Butler
Thornton	Horse Pasture Lane (Lot)	Residential Open Land	\$40,000	Barbara Good-Toohey		Michael and Lindsay Keating
Warren	158 NH Route 118	Single-Family Residence	\$325,000	Marvin P. and Hilary J. Keniston		2. Battles and Sherilyn F. Mahoney
	ley 28 Packards Rd., Unit 410		\$130,000	Schneider Fiscal Trust and Irving Sc	hneider	Michael A. and Kimberly Long
	ley Snow Brook Road, Lot 2		\$180,000	Tyrell Development Co. LLC		Chinburg Development LLC
Waterville Val	ley Snow Brook Road, Lot 3	N/A	\$180,000	Tyrell Development Co. LLC		Chinburg Development LLC

#### ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

# Home care: More than just a visiting nurse

PLYMOUTH — When patients leave the hospital and return home, they go from highly supportive medical environments with physicians, nurses, aides, and other professionals, to non-medical environments with informal caregiver support. Patients and caregivers must struggle to absorb confusing medical information before leaving the hospital and often providers have incomplete understandings of home environments and caregiver capabilities. Patients are largely left to themselves, expected to manage their medical conditions on their own. It is a daunting task.

This

Pemi-Baker pice & Home Health (PBH&HH), can assist; supplementing from home care nurses, physical therapists and licensed nursing assis-

What is the meaning of Home Health Care?

Home health care is a wide range of health care services that can be given in your home for an illness or injury.

Home health care is usually less expensive, more convenient, and just as effective as care you get in a hospital or skilled nursing facility.

Patient safety at home is as important as patient safety in hospitals. Unsafe condilead to unnecessary or avoidable, expensive, re-hospitalizations. Your PBH&HH team will be a bridge of communication and care between you and your physician. Receiving home care decreases costs, improves health outcomes, and reduces hospital stays. PBH&HH helps support your family by teaching you to properly care for wounds, follow medication regimens correctly, manage durable medical equipment and keep your house free of haz-

What can I expect from a home health care

visit? Checking your blood pressure, temperature, tions in the home can heart rate and breath-

Making sure you understand the purpose of vour medicines.

Teaching you or your caregiver to care for a request. Call or contact wound or IV. Creating an

cise plan to build your strength and improve balance/walking.

Helping you assess your pain and monitor your food intake.

PBH&HH's primary goal is to discharge you to self or family care and avoid subsequent hospitalizations. We want you to feel confident and comfortable not only in your home but with the goal of returning back to your normal daily routines in your community. PBH&HH provides ser-

vices to residents who reside in Grafton and Belknap counties, but we also accept referrals in other counties upon us today to learn more.

With more than 50 experience, serving clients from 29 towns in central and northern New Hampshire, Pemi-Baker Hospice & Home Health is committed to creating healthier communities. Services include athome healthcare (VNA), hospice and palliative care, and Community **Programs** including:

American Red Cross CPR/AED/FA, Caregiver Support Groups and Grief and Bereavement Support Groups. Providing compassionate care with experienced staff who are trained certified professionals in the business because of their hearts. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us, please call: 603-536-2232 or info@pbhha.org online: www.pbhha.org.





The NHEC Foundation is funded by the generosity of more than 40,000 New Hampshire Electric Co-op members who participate in the Round Up Program. Participating members agree to have their monthly electric bill rounded up to the next dollar, which enables the NHEC Foundation to award quarterly grants as well as scholarships to the children of NHEC members. To learn more about the NHEC Foundation, enroll in the Round Up Program or apply for a Foundation grant, please visit www.nhec.com/nhec-foundation.

Transport Central, Tuftonboro Parks & Recreation Program and Vet's Rest Stop.

New Hampshire Electric Co-op is a member-led electric distribution cooperative serving 84,000 homes and businesses in 115 New Hampshire communities. www.nhec.com.



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#### **Town of Alexandria**

#### First Day to File for Candidacy January 19, 2022

Positions to be filled this year:

Selectman 3-year term **Town Treasurer** 3-year term Trustee of Trust Funds 3-year term **Cemetery Trustee** 3-year term Planning Board (2 positions) 3-year term **Budget Committee (2 positions)** 3-year term Budget Committee (1 position) remainder of term (2 years) **Town Moderator** 2-year term Supervisor of the Checklist 6-year term

#### Last Day to File for Candidacy January 28, 2022

Town Clerk's Office will be open from 3pm to 5pm on Friday, January 38, 2022

# HELP WANTED

# JOB POSTING Deputy Town Clerk

**Town of Plymouth, NH** 

The Town of Plymouth seeks to fill a permanent, part-time (34 hours/week) Deputy Town Clerk position. Under the general direction and supervision of the Town Clerk, the Deputy Town Clerk is responsible for helping to administer motor vehicle and boat registrations, dog licenses, vital statistics and elections. The Deputy Town Clerk also provides support to the Town Clerk in certifying the actions of the Select Board and other Town Officials, making official reports and collecting fees; acts as an assistant for all Town Clerk duties and is therefore subject to statutory requirements.

Applicants must have strong office and interpersonal skills with an emphasis on customer service, an ability to multitask and other basic computer knowledge in Microsoft Office, email management, data entry, digital calendar, and social media management. Applicants must have the ability to obtain Municipal Agent and Boat Agent certifications within 3 months of employment, and must be able to work extra hours per the request of the Town Clerk.

Grade 4 pay range is \$17.78 to \$24.89/hour with a competitive benefit package. Must be a Plymouth resident due to statutory requirements. The position will remain open until Friday, February 4, 2022.

Please submit a cover letter and resume with 3 references included to Town Clerk Jaseya Ewing at Town of Plymouth, 6 Post Office Square, Plymouth, New Hampshire 03264.



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Machine Operators – 2<sup>nd</sup> and 3<sup>rd</sup> Shift - Starting Pay \$14.50

Process Technician – 2<sup>nd</sup> Shift - Starting Pay \$19.00

Spray Painters – 2<sup>nd</sup> and 3<sup>rd</sup> Shift - Starting Pay \$16.00

Sanders 1<sup>st</sup> Shift - Starting Pay \$14.50

\$.75 per hour shift differential on 2<sup>nd</sup> shift. \$1.50 per hour shift differential on 3<sup>rd</sup> shift.

\*\*\$1,000 SIGN ON BONUS FOR FULL TIME EMPLOYEES

\*\*\$500 SIGN ON BONUS FOR PART-TIME EMPLOYEES

\*\*SUBJECT TO TERMS AND CONDITIONS\*\*

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at www.psimp.com.

You can also email your resume directly to donna.doyle@psimp.com, please be specific as to what shift and position.

PSIMP an Equal Opportunity Employer.
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#### **Lumber & Building Materials Yard Associate**

Our Ashland location is searching for a member of our Lumber & Building Materials Yard Team. The primary responsibility of a Lumberyard Associate is to maintain customer service per company standards, the accurate and efficient loading and unloading of all lumberyard related transactions. In addition, you will be responsible for maintaining the appearance of the yard and racks in an orderly and clean manner. Forklift experience and heavy lifting is required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com.

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#### **Lumber & Building Materials Contractor Sales**

Our Ashland location is searching for a member of our Lumber & Building Materials Contractor Sales Team. You will prepare quotes, orders, invoices, special orders and purchase orders. This position will also coordinate deliveries and returns as necessary. You will serve as a resource for the customer, helping them make selections and build their confidence using your product knowledge and excellent customer service. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com.

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PLANNING/ZONING

& ASSESSING COORDINATOR

The Town of Campton, NH is seeking candidates

for the position of Planning/Zoning & Assessing

Coordinator. Applicants must have a high school diploma or equivalent; 3 to 5 years

of office experience, preferably in municipal

government; or any equivalent combination of education or experience which demonstrates

possession of the required knowledge, skills,

and abilities. Applicants must enjoy working with the public. This is a full-time position with

benefits with an hourly pay range from \$19.45

A full job description and application form is

Applications must be submitted by January 10, 2022, to:

Corey J. Davenport, Town Administrator 12 Gearty Way, Campton, NH 03223 Toc.cd@camptonnh.org

The Town of Campton is an equal opportunity employer.

The position will remain open until filled.

to \$23.69, depending on experience.

available at www.camptonnh.org

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Do you have construction framing or laborer experience but don't want to be out in the cold this winter? Wallace Building Products is a 100% employee-owned business looking to hire for our Danbury NH facility. This position will work with other employees to build rough-framed walls for the construction industry in a shop environment.

We currently offer health insurance, vacation pay, and a retirement plan, monthly bonuses for good attendance and have plans to offer more benefits in the near future. We will also train those who don't yet have experience.

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## Davis

**FROM PAGE A1** 

and with an admitted obsession for dogs, Davis then began a small dog walking business to fill her time.

It was just a few months later when Brittany Overton, then director of Minot-Sleeper Library, contacted her, however.

"She told me she was taking a job in Hooksett and asked if I would be interested in not only serving as an interim

director, but if I would consider applying for the (position) as well," said Davis. "I immediately said yes."

In November, Davis took on the role of Interim Director at MLS and came to love Bristol's community library.

Besides the easy commute from Hill, during her interim time at the library she said that besides the patrons, the staff, Board of Directors and Friends of Minot-Sleeper Library also helped her realize that this is where she wanted to be in the next phase of her career.

"I met the staff and saw that these women are amazing," she said. "The library has a really great vibe, too. It's small but it's busy and I knew right away I should apply for the job."

She applied for the fulltime position, and was pleased to learn shortly thereafter that she was hired.

Davis said she now hopes to learn more about the people and

businesses who utilize the library while she and her staff find ways to attract others at the same time. Through outreach to the Newfound community, her desire is to bring even more programs and services to Bristol and the surrounding towns that would not only interest people of all ages, but serve them better in the future.

"My goals for the first six months are to meet people, introduce myself to them and see

what they and the local businesses want in a library," said Davis.

Besides an extensive catalog of books, periodicals, and DVDs for patrons to borrow, there is a special section dedicated to books published by Newfound area authors. MSL also offers free WiFI; computer services; a variety of programs for children, teens and adults; special presentations; community interest discussions and more.

Located at 35 Pleas-

ant Street in Bristol, Minot-Sleeper Library serves the towns of Bristol, Hill, Alexandria, Bridgewater and Hebron. It is open Monday, Tuesday, Wednesday and Friday from 10 a.m. until 6 p.m., from 1-8 p.m. on Thursday, and 10 a.m. to 2 p.m. on Saturday.

More information on their programs, services and upcoming events can be found at www.minotsleeperlibrary.org or by calling Davis and her staff at 744-3352.

#### **Funding FROM PAGE A1**

recruitment of facilitators who will take part in a three-day intensive training with Story-Corps. The second phase of the project will be the recording sessions. StoryCorps will provide the library with professional, portable audio equipment to record conversations. StoryCorps will process all interviews, provide each pair of participants with a copy the conversation, and share the conversations in the StoryCorps Archive, the American Folklife Center at the Library of Congress, and with the Minot-Sleeper Library.

"The past two years have proven that the loss of connection can affect everyone in a community," stated Jennifer Davis, Director of Minot-Sleeper Library. "The hope is that this project will bring a large group of our community members together to share their stories and reconnect in a powerful way."

Librarians know the power of stories. Journalists and other information professionals share this wisdom. Working together enables people to share their stories more widely, expands access to new perspectives and creates new ways for people to engage with one another. This project serves as an example of how a small and rural New Hampshire library can partner with a renowned national organization to scale a program that fits its community.

Hampshire's "New strong relationship with its public libraries was made even more evident during the past two years, when librarians and their staffs were able to adjust services nimbly in order to continue to meet the needs

#### Tavern's **FROM PAGE A1**

along with homemade soups, open face sandwiches, Panini and flat bread pizza.

"Everyone loves our nachos, too," Milbrand said. "It's really a simple menu that changes weekly but it's all homemade by my wife."

Tavern's Rest is located beside Pleasant View Bed and Breakfast at 22 Hemphill Rd. in Bristol, and is open from 4-9 p.m. Fridays through Tuesdays (closed Wednesday and Thursday).

of their communities," said New Hampshire State Librarian Michael York. "The innovative programs funded by these grants will continue to strengthen not only public library services, but also the communities in which the libraries reside."

"As pillars of our communities, libraries and museums bring people together by providing important programs, services and collections. These institutions are trusted spaces where people can learn, explore and grow," said **IMLS** Director Crosby Kemper. "IMLS is proud to support their initiatives through our grants as they educate and enhance their communities."

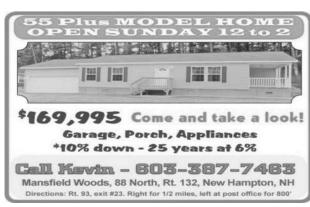
Minot-Sleeper Library goal is to have the program up and running by March 2022 by conducting a virtual community orientation, with a complete date estimated for July 2022.

Part of the New Hampshire Department of Natural and Cultural Resources, the N.H. State Library promotes excel-

lence in libraries and library services to all New Hampshire residents, by assisting libraries and the people of New Hampshire with rapid access to library and informational resources through the development and coordination of a statewide library/information system; by meeting the informational needs of New Hampshire's state, county and municipal governments and its libraries; and by serving as a resource for New Hampshire. For more information, visit nh.gov/ nhsl.

The Institute of Museum and Library Services is the primary source of federal support for the nation's libraries and museums. We advance, support, and empower America's museums, libraries, and related organizations through grantmaking, research, and policy development. Our vision is a nation where museums and libraries work together to transform the lives of individuals and communities. To learn more, visit www.imls.gov and follow IMLS on Facebook and Twitter.







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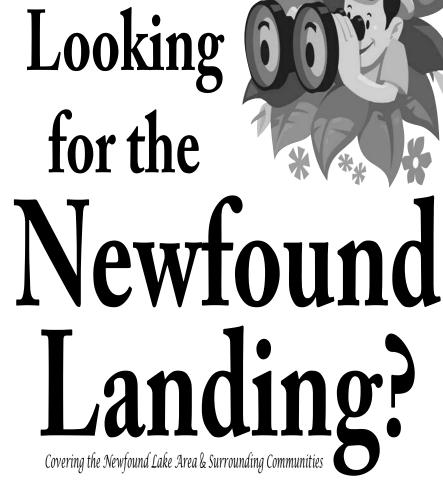
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Rite Aid Bristol Hannaford Wizard of Wash

## **DANBURY:**

Danbury Country Store



Hebron Post Office(Outside Box) Hebron Town Hall Hebron Village Store

**HEBRON:** 

Hill Public Library

## **NEW HAMPTON:**

Mobil Gas Station Irving Gas Station Gordon Nash Library

## **PLYMOUTH:**

Tenney Mt. Store

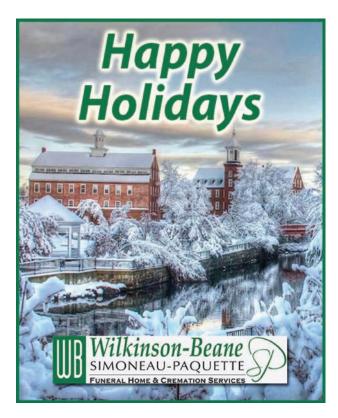
## **RUMNEY:**

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A new publication full of local news, sports & happenings from the following communities: Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com



### **HIGH SCHOOL SLATE**

#### Thursday, Jan. 6

**PLYMOUTH** Boys' Hoops vs. Sanborn; 6:30 Girls' Hoops at Sanborn; 6:30 Gymnastics at Windham; 7

#### Friday, Jan. 7

NEWFOUND Alpine Skiing at Gunstock; 10 Boys' Hoops vs. Hopkinton; 6 Girls' Hoops at Hopkinton; 7 PLYMOUTH

Alpine Skiing at Gunstock; 10 Saturday, Jan. 8

#### **PLYMOUTH**

Boys' Hoops at Pembroke; 2 Girls' Hoops vs. Pembroke; 2 Hockey at Sanborn-Epping; 8 Nordic Skiing at Sandwich; 10 Wrestling at Winnisquam; 9

Sunday, Jan. 9

PLYMOUTH Gymnastics at Nashua; 10:15 Monday, Jan. 10

**NEWFOUND** Boys' Hoops at Mascoma; 6:30 Girls' Hoops vs. Mascoma; 6:30 **PLYMOUTH** Boys' Hoops at Laconia; 6

Tuesday, Jan. 11

**PLYMOUTH** Wrestling vs. Winnisquam; 6

Wednesday, Jan. 12

**NEWFOUND** Boys' Hoops at Gilford; 6 Girls' Hoops vs. Gilford; 6 **PLYMOUTH** 

Boys' Hoops vs. Kennett; 6:30 Girls' Hoops at Kennett; 6:30 Hockey at Belmont-Gilford; 5 Nordic Skiing at Great Glen; 2:30 Ski Jumping at Proctor; 6

All schedules are subject to change.

#### **RSVP BONE BUILDERS TRAINING** FOR NEW EXERCISE CLASS CO-LEADER VOLUNTEERS 1/27



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- ☐ Install an EV Charger (\$300 Rebate) to charge my EV off-peak and save
- ☐ Install a Battery Backup for my home rather than a gas or diesel generator
- ☐ Consider buying an electric or battery operated lawnmower rather than a gas model (you may get an end of season deal)
- ☐ Consider buying an electric or battery operated snow blower rather than a gas model (you may get a pre-season deal)
- ☐ Install a Sense home energy monitor (\$75 discount from Sense, \$75 NHEC Rebate) to better understand your electric use

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