

Gunstock to open for the season on Black Friday

Gunstock Mountain Resort's planned opening day is Black Friday, Nov. 29. Season pass holders should stop into the Welcome Center before opening to check their pass and ensure direct-to-lift access without having to wait in any lines.

Take a Trip Up Memory Lane

Gunstock is hosting a raffle to win a ride on the last first chair with the GM. Grand prize (3 awarded) is a ride on the Opening Day First Chair with beloved General Manager, Greg Goddard. Greg is retiring this year, so this will be his final First Chair as the GM. Cost is \$1 per ticket. The more tick-



Park

- 12:45 p.m. Riders meeting
- 1-3 p.m. Competition
- 3 p.m. Awards ceremony

Cost \$10 registration (Season Pass holders); \$30 registration & lift ticket (for non-pass holders)

About Gunstock Mountain Resort

Located in Gilford, New Hampshire, and boasting spectacular mountaintop views of Lake Winnepesaukee and the Ossipee Range, Gunstock Mountain Resort is one of the largest four season recreation areas in the state, and one of the oldest, opening its doors in 1937. Gunstock was the first New England ski area to install a chairlift, offers 1,400 vertical feet, 227 acres and 48 alpine and freestyle trails, plus 50km of dog-friendly cross country, snowshoe, and fat bike trails. Gunstock claims New England's largest aerial obstacle course with 91 challenging elements, more than 1.6

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Old Lakeshore Road bridge replacement underway

BY ERIN PLUMMER
mnews@salmonpress.news

Replacement of the Old Lakeshore Road bridge has started, and people driving in the area are advised to watch for road closures.

Work started on Nov. 12 to replace the bridge. According to a statement by the Public Works Department, the bridge will be replaced with a wider structure, bridge rails, and around 200 feet of work on the roadway connected to either side of the

bridge.

The bridge will be closed until May of 2020 to all through traffic, including emergency vehicles. Henderson Road will be used as a detour during the project.

Those with any questions are asked to contact Public Works at 527-4778.

The \$1.1 million bridge project was approved by voters in March of 2018. Under the article, 80 percent, or \$880,000, will be paid for by a State Aid Bridge Re-

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ets you buy the higher chance of winning! Tickets can be purchased in the Welcome Center, or by calling 603.293.4341.

All raffle proceeds benefit Pub Mania and the Greater Lakes Region Children's Auction.

Note: Prize does not include lift ticket. Valid lift ticket or Season Pass must be purchased by winner prior to riding the first

chair.

Black Friday Rail Jam

Skiers and Snowboarders: Burn off that hefty Thanksgiving dinner and come compete at the Black Friday Rail Jam! Our Park Crew will set up a handful of elements and will judge this friendly and supportive competition. First rail jam? No problem, come mix it up with us and get those begin-

ner jitters out of the way. Seasoned veteran of park events? Awesome, show everyone how it's done. All ages and abilities are welcome, prizes will be awarded, and spectators are encouraged to attend!

Schedule of Black Friday Rail Jam

- 9-11 a.m. Registration in the Main Lodge
- Noon-12:45 p.m. Warm-up laps in the

Beard competition raising money for cancer

BY ERIN PLUMMER
mnews@salmonpress.news

A group of Gilford school staff members and students are putting down razors for the month of November to grow beards as a fundraiser for kids with cancer in a project run by business students.

Students in Steve O'Riordan's Business

I class organized a fundraising event for November in honor of No Shave November or Movember where members of the school community could pay \$10 for a chance at growing the best beard. The winner will receive \$50 while the rest of the proceeds will go to St. Jude Children's Research Hospital.

O'Riordan said the class always tries to do one project for his Business I class. The class is usually focused on the textbook, though this project gives the students an opportunity to put their learning to a practical use.

O'Riordan said typically, the class raises money for the flag case project for the NH Veteran's Home, an activity that costs around \$400 a year. Right now, that fund has \$800 in it, and is all set for the moment. As a result they wanted to do an activity for another charity.

Movember, or No Shave November, is an event that traditionally raises awareness for cancer. In that spirit O'Riordan said the money raised will be donated to St. Jude Children's Research

Hospital to help kids with cancer and other catastrophic illnesses.

The class was divided into three teams: marketing, finance, and production. Senior Abby Warren said the marketing team put flyers up around the school and put word of their project on the morning news announcements.

Junior Hannah Lord said the finance team made a system for the contest with the best beard winning 25 percent of the proceeds with the remaining 75 percent going to charity.

The event brought 20 participants among the students and staff.

Senior Sam Holland said the production team collected all of the photos of participants and put them up in the hallway.

Warren said they wanted to show what the participants looked like on the first day, then on day eight, and on day 20.

Most of them are members of the staff, though quite a few are students. While there are some older students who have been growing beards, some younger students participated mostly to

SEE BEARDS PAGE A8

Wielding the power of the microphone

Children's Auction founder reflects on event's growth, popularity

LACONIA—Back in 1976, when Warren Bailey was starting his career as a morning DJ at WLNH, his mentor taught him something that has since changed the lives of thousands in the Lakes Region.

"He told me, "The microphone is a powerful tool. Do something meaningful with it,"" Bailey recalled.

It wasn't a message Bailey knew how to act on back then. He was 24. He had yet to glimpse need firsthand. But six years later, he knocked on the door of an apartment building in Laconia to let the resident inside know he'd won a prize for displaying a WLNH bumper sticker on his car.

There was no furniture inside. A baby was lying on the bare wooden floor, wrapped in a blanket. Bailey



Warren Bailey shares a laugh during last year's Children's Auction.

was confused at first, thinking perhaps this man at the door was just moving in. Bailey then realized he was looking at poverty in the eye for the first time.

Bailey heard the

echo of his mentor's mantra and well understood what he needed to do. He gave birth to the Greater Lakes Region Children's Auction that year, using the power of his microphone to raise

money for children and families in need.

Broadcasting on WLNH from an unheated van parked on North Main Street, Bailey raised \$2,100, auctioning off two

SEE BAILEY PAGE A8

ALMANAC

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

From Bridge to Trivia, or from Exploding Kittens to Mafia, we love games that bring us together. Social games liven up family gatherings. National Game and Puzzle Week takes place every Thanksgiving, because it's the perfect time to get everyone at the same table, laughing and enjoying each other's company. I'm not saying it's a good way to get people off their devices to make eye-contact, but if I were to say something, I would say that.

Bananagrams. It's not only a super cool word; it's one of my favorite social games! Race to complete a crossword with the letter tiles you have (like Scrabble). Once someone uses all of their letters, everyone grabs another tile. When the tiles run out, the first person to use their last tile wins! Try it out at

the library. We have one at the front desk.

You don't even need a physical game to play. Time-old games like charades are still hilarious, and the internet has endless ideas for simple games to play with any number of people. Let tech help with games like Catch Phrase and Triple Agent on a smart device, or use a console like the Nintendo Switch to play party games like the Jackbox series. Jackbox has raised the bar for social interactive entertainment, offering the potential for several nights of hilarious fun with friends and family.

If you want more ideas that fit your scene, feel free to ask at the library. We play group games with families, teens, and adults weekly, so we have some experience. Bring some spice to this Thanksgiving with a social game!

Classes & Special Events
Nov. 21- 28
Thursday, Nov. 21
Geri Fit, 9-10 a.m.
Playgroup, 10:30-11:30 a.m.
Homeschool Game Club, 12:15-2:15 p.m.
Conversational French, 4-5 p.m.
Foreign Movie Night, 7-9 p.m.
This month's movie is The Man Who In-

vented Christmas, a 104 minute movie rated PG from Ireland.

Friday, Nov. 22
Social Bridge, 10:30 a.m.-12:30 p.m.
Crafty Preschool Storytime, 10:30-11:30 a.m.
Knit Wits, 1:30-2:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.

Monday, Nov. 25
Tai Chi-Chih, 9:45-10:45 a.m.
Mahjong, 12:30-3 p.m.

Tuesday, Nov. 26
Geri Fit, 9-10 a.m.
Hook Nook, 10-11 a.m.
Bridge, 10:30 a.m.-12:30 p.m.
Gratitude Yoga, 10:30-11:30 a.m.

Wednesday, Nov. 27
Line Dancing, 9-10:30 a.m.
Check Out an Expert, 10 a.m.-noon
Lakes Region Fiber Artists and Crafters, 10 a.m.-noon
The InbeTween: Library tween/teen club

Thursday, Nov. 28
CLOSED FOR THANKSGIVING

Revisit the classic “Love Affair” on LRPA this weekend

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (Nov. 22 & 23) for our “LRPA After Dark” presentation of 1939's romantic melodrama “Love Affair,” starring Irene Dunne and Charles Boyer.

In “Love Affair,” two strangers — French playboy Michel Marnet (Boyer) and American singer Terry McKay (Dunne) — meet aboard a cross-Atlantic Ocean liner and fall in love, despite the fact that each are engaged to marry someone else. They agree to meet six months later at the top of the Empire State Building. Fate, however, intervenes, and their plan takes a different turn.

If this plot sounds familiar, it should be,

as “Love Affair” has been remade twice; in 1957 as “An Affair to Remember” with Cary Grant and Deborah Kerr, and again in 1994 as “Love Affair” starring then newlyweds Warren Beatty and Annette Bening. “Love Affair” was a very popular movie in its time, and received six Academy Award nominations, including Best Actress, Supporting Actress (a haunting Maria Ouspenskaya), Art Direction, Screenplay, Song and Picture. The New York Times described “Love Affair” as “... an extraordinarily fine film ... a glowing and memorable picture.” “Love Affair” is bona fide classic! So grab your popcorn and join LRPA after dark for this beautiful drama from the past.

And mark your cal-

endars: we're weeks away from the annual Greater Lakes Region Children's Auction presented by CruCon Cruise Outlet, Tuesday, Dec. 3 – Saturday, Dec. 7 at Belknap Mall in Belmont! Join LRPA for minute-by-minute coverage all week long, locally on Channel 25, on starring William Holden Atlantic Broadband Channel 12 and this year, for the first time, streamed in HD on the Laconia Daily Sun website (laconiadailysun.com)! Or listen in with our fantastic radio partners 104.9 FM The Hawk and 101.5 FM WEEI! Stop by the Mall to watch the action in person. Bid high and bid often – it's for the kids!

You can't find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)
Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial pub-

lic access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from Nov. 5-18.

Nicholas B. Daunais, age 39, of Sanford, Maine was arrested on Nov. 5 for Driving After Revocation or Suspension (Subsequent offense), a Lane Control failure, and Possession of more than three quarters of an ounce of marijuana or five grams of Hash.

Robin Johnson, age 55, of Gilford was ar-

rested on Nov. 6 in connection with a bench warrant.

Troy W. Joslyn, age 42, of Berwick, Maine was arrested on Nov. 10 in connection with a bench warrant.

Velvet Elaine Weeks, age 48, of Laconia was arrested on Nov. 13 for Criminal Trespassing.

Stephen J. Wing, age 35, of Gilford was arrested on Nov. 17 in connection with a bench warrant.

Gilford Public Library Top Ten Requests

1. “Blue Moon: A Jack Reacher Novel” by Lee Child
2. “The Giver of Stars” by Jojo Moyes
3. “The Night Fire” by Michael Connelly
4. “Olive, Again” by Elizabeth Strout
5. “Twisted Twenty-Six” by Janet Evanovich
6. “The Guardians” by John Grisham
7. “The Water Dancer” by Ta-Nehisi Coates
8. “The Dutch House” by Ann Patchett
9. “Bloody Genius” by John Sandford
10. “Where the Crawdads Sing” by Delia Owens

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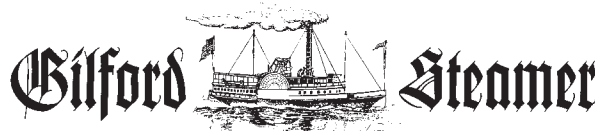
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Gilford Community Church
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524-6057

Registration open for 12th annual Turkey Trot

BY ERIN PLUMMER
mnews@salmonpress.news
Before enjoying the

big dinner on Thanksgiving, take the opportunity for a little run or walk. Registration is open for the Gilford Youth Center's annual Turkey Trot 5K run and walk on Thanksgiving morning.

The Turkey Trot started in 2007 with a small group of local people getting together on Thanksgiving morning for a run. The numbers ballooned with each consecutive year and has bright in people from across New England. The Turkey Trot typically has around 400 participants every year.

The Turkey Trot is a 5K course that starts at the GYC, walkers will take off at 8:45 a.m. and runners will start at 9 a.m. The course will run down Belknap Mountain Road onto Goodwin Road, turning onto Hoyt Road, going around Farmer Drive and making a loop onto Jameson Drive, returning to a part of Farmer Drive and back on Hoyt Road before coming up Route 11A/Gilford Avenue. The race will them turn back on Belknap Mountain Road and Potter Hill Road where it will end back in front of the GYC.

Runners will be timed and the times will be posted on the GYC website and on coolrunnings.com. The Overall Times will be posted as well as times for different

GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE
Director
Gilford Parks and Recreation

Bolduc Park Cross Country Ski Program

The Gilford Parks and Recreation Department will be offering four weeks of Cross Country Ski Lessons at Bolduc Park this winter. Lessons begin on Saturday, Jan. 4, 2020 and will continue through Jan. 25, 2020 (in the event a day is cancelled because of poor weather, it will be made up the week(s) following Jan. 25). Lessons begin at 10 a.m., and rental skis may be picked up at 9 a.m. at Piche's Ski Shop!

Registration forms are available at the Gilford Parks and Recreation Department, Bolduc Park and Piche's Ski Shop. Please mail, fax or drop off your registrations directly to Piche's Ski Shop.

Cost: \$70 per person includes rental equipment!

\$40 per person if you have your own equipment!

If you have any questions, please contact Bob or Pat Bolduc at 524-2068

Senior Moment-um

Christmas Garlands Program on Monday, Dec. 2

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Dec. 2. We will be meeting in the Gilford Public Library, Downstairs Meeting Room at noon as we get into the Holiday spirit! We will be stringing popcorn and cranberry garlands for the Village Candlelight Stroll. Bring your bag lunch and beverage, and we will provide the supplies, music and the Holiday cheer!! Please RSVP by Friday, November 29th.

To RSVP or for more information, please contact the Gilford Parks and Rec Dept. at 527-4722.

Boston Celtics bus trip scheduled for March 18

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the New York Knicks on Wednesday, March 18, 2020. Cost of the trip is \$80 per person and includes round trip motor coach from Gilford or Belmont and your ticket (section

311 of the balcony) to the game. Our deluxe motor coach will depart from Gilford High School at 4:45 p.m., and the Tioga Pavilion in Belmont at 5 p.m. for the 7:30 p.m. game. You will have time to visit the pro-shop and get dinner on your own prior to the game. Seats

are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.

Opechee Garden Club prepares for annual Greens Sale

LACONIA — The Opechee Garden Club is preparing for its popular Christmas Greens Sale which will take place on Saturday, Dec. 7, from 9 a.m. to 2 p.m. at the Leavitt Park Clubhouse, 334 Elm St., Laconia. Balsam Fir Wreaths, handmade in New Hampshire with fresh greens and creatively decorated by Garden Club members, or undecorated, will be available for sale, along with centerpiece and loose boughs to complete your Christmas decor.

Funds raised are used to support charitable efforts in the local area. These efforts include scholarships through the Lakes Region Scholarship Foun-



Members of the Opechee Garden Club creating Christmas greens in 2018.

dation and civic gardens.

If you are interested in joining the Opechee Garden Club, please send an email to opecheegardenclub2012@gmail.com.

Overheated chimney sparks fire on Kimball Road

Shortly before 6 a.m. on the morning of Nov. 18, Gilford and Laconia fire companies were dispatched to a reported building fire at 16 Kimball Rd. The fire was reported by the occupant of the home, who saw flames at the roofline outside her bedroom window.

Gilford companies responded from a medical incident they had been called to previously, and arrived on scene to find fire burning on the rear of the building and fire in the walls and ceiling on the second floor. One

hose line was stretched to the second floor, and another to the rear of the structure. A first alarm was requested. The fire was quickly knocked down and completely extinguished.

The second floor suffered fire, heat, and smoke damage that compelled fire officials to deem it uninhabitable at the present time, while the first floor suffered water damage.

"Thankfully, the only occupant of the building, at the time, saw the fire when it

was just breaking out and notified us," Fire Chief Stephen Carrier commented.

Along with the Gilford companies who responded to the scene, two engines from Laconia were also present. The first alarm was cancelled prior to any other companies arriving at the scene. An engine from Franklin covered the Gilford station, and Gilford police assisted at the scene and with the investigation. There were no injuries reported, and no damage to any other buildings or vehicles

in the area. The damage to the building was estimated at \$50,000.

Investigation revealed that the fire started near a second floor fireplace that had been used an hour beforehand. It appears that a structural support beam next to the chimney was heated to the point of ignition. The fire then spread across the bottom of the beam until it burned into the exterior wall, and then up into the roof.

The homeowner is currently staying with family.

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STRATEGIES FOR LIVING

The search for a moral code

BY LARRY SCOTT

In recent weeks, we have seen what happens when a nation no longer has a moral code. From New York to Los Angeles to Chicago to Washington D.C., events I need not specify have reminded us again: America is in deep trouble.

Men and women in my age bracket, educated in the ‘forties and ‘fifties shudder at the principles guiding those who have come out of the ‘sixties and ‘seventies – here designated as the MeFirst generation. It is difficult for us to perceive why the younger set cannot understand our concern.

The MeFirst generation can share a bathroom with the opposite gender, abort on demand, welcome tens of thousands of illegal aliens, and champion a “green new deal” that will cost America trillions of dollars – and do so with little thought given to the consequences.

“It’s no big deal,” we are told. “Love your neighbor and do as you please.” But if present trends continue, there will be hell to pay.

My generation shakes their collective head in disgust, but we have no right to complain. We claim a moral code, but on what basis? We have subjected our grandchildren to an educational system that has ousted God from the classroom and the Bible from the curriculum. We have told them that truth is relative, that right and wrong is a matter of personal judgment, and that everybody has equal claim to even the most aberrant of rights. We have given the MeFirst generation a lifestyle that has no faith in the Bible, no concept of a loving God, no universal standard of right and wrong, in short, no moral code.

College professors ask their students not to cheat, but cannot tell them why it

is wrong. Parents ask their children to refrain from pre-marital sex. But why? Because you might generate an unwanted pregnancy? But if the student's only interest is in getting a good grade, and if the child does not fear the consequences of immoral behavior, he has no reason to follow traditional moral codes.

We have two written standards of truth in America – the U. S. Constitution to guide our politics and the Bible, to guide us in matters of truth and morality. These two address and correct the concerns of which I write.

I believe in the U. S. Constitution, a document given us by our Founding Fathers that has all the earmarks of divine influence. I resist every attempt by the MeFirst generation to accommodate it to current trends in American life. It has guided our development as a society and helped us to become the finest nation in the world.

I believe the Bible is God’s Word, a reliable guide for those in search of truth, a moral code you can adopt with confidence. I have lived by its principles for eighty years. It has influenced my thinking, disciplined my actions, and given me the direction I needed to navigate the pressures of life.

God has given us a moral code, a statement of truth that, taken seriously, can revolutionize your life. The Bible says, “How can a young man keep his way pure? By living according to your word. ... I will never forget your precepts, for by them you have renewed my life,” (Psalm 119:9, 93). Check it out, live by its principles, and discover for yourself: living for God is to enjoy life at its very best.

For more thoughts like this, follow me at indefenseoftruth.net.



ERIN PLUMMER

“School of Rock” back in session this weekend

Gilford High School's production of “School of Rock” will return to the GHS auditorium this Friday and Saturday at 7 p.m.

NORTH COUNTRY NOTEBOOK

Fisher (cats) and wild turkeys: A saga from New Hampshire’s past



By JOHN HARRIGAN
COLUMNIST

Editor’s note: Mr. Harrigan was traveling this week, and unable to submit a new column in time to meet our press deadline. The following North Country Notebook column was originally published on Nov. 22, 2018.

It is true, insofar as the history-minded are concerned, that Benjamin Franklin lobbied for the national symbol to be not the eagle but the wild turkey. Well, sort of.

Leave it to Smithsonian Magazine to dig out the facts. What happened is that Franklin, shown a mockup of the proposed Great Seal of the young United States, remarked that its bird looked more like a turkey than an eagle. This, combined with letters to his daughter, is how the turkey legend was born.

Here is part of what Franklin wrote:

“I am not displeased that the Figure is not known as a Bald Eagle but looks more like a

Turkey. For my own part I wish the Bald Eagle had not been chosen the Representative of our Country. He is a Bird of bad moral Character.”

Franklin went on to cite thievery of other birds’ prey as chief among the eagle’s bad habits. Also, he said, it is often loaded with lice, “generally poor” in health and appearance, and is an apparent coward, Franklin having once seen one driven off by a kingbird.

Besides, Franklin maintained, the turkey is a true native of North America. It is also a bird of great courage, he said, “and would not hesitate to attack a Grenadier of the British Guards.”

+++++

Although I was already on the outdoor writing scene when New Hampshire received its first wild turkeys for restoration, and in my time have hunted just about all things legal, I never really got into hunting turkeys. This proved to be a wise move, because they are notoriously difficult to hunt. Wait, let me rephrase that. They’re easy enough to hunt, like anything else, but can be damned hard to get.

Yet hundreds of hunters in New Hampshire do just that each fall, and they take a few more in the spring Tom season. All the New En-

gland states now have permit-only hunting populations. And how the worm turns here: Hunters, through license and equipment fees, helped fund the restoration.

The restoration of turkeys is to me a not-so-minor miracle, and I feel lucky to have been alive and on the planet when this and many other old wildlife wrongs were righted. Just a quick look at the list gladdens the heart, and somehow makes all those chicken dinners and annual meetings and raffles and auctions worth it: moose, loon, Peregrine falcon, bald eagle, pine marten, even deer, even beaver (yes, beaver, which were almost trapped and developed to oblivion, whereas today every bit of New Hampshire’s beaver habitat is full.)

To this already grand list, just to stir the pot a bit, let us add the lynx and the Eastern cougar (which I am by no means alone in thinking may have hung on in northern Maine, Newfoundland and Nova Scotia, and is now regaining its ancestral range), and of course the wolf.

So okay, our already larger Eastern coyote is demonstrably morphing into a timber wolf, able to hunt in packs and all. Still, one sort of hopes that the Old Boy will somehow show up, and, you know, howl in silhouette on the horizon or something equally

poignant. Think: Wolf as “All-Things-Wild” Poster Child. And then think: How come we treat close-cousin coyotes like rats at the dump?

+++++

There are many refreshingly odd things about New Hampshire’s turkey story, not the least of them being Mr. Turkey Man himself, Ted Walski, who for most of the turkey project’s life has worked out of Fish and Game’s southwestern regional office.

Ted never gave up, despite two failed reintroduction attempts in the southeast during the early ‘70s, and finally persevered, tirelessly live-netting and transplanting until turkeys attained a solid foothold across the Southern Tier. This set the stage for their rapid expansion into the entire state, even into the far northern reaches of the Connecticut Lakes and Hall’s, Indian, and Perry streams.

Another odd thing, one that many people don’t know about--and why would they?--is that New Hampshire obtained its first batch of turkeys in a trade with West Virginia for fisher (cats), which they once had and wanted back.

Finger-waggers, please go away. I’m fully aware that fishers technically and otherwise have absolute

SEE NOTEBOOK PAGE A9

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FROM OUR READERS

Help make Christmas morning brighter for families in need

To the Editor:

To borrow from Conan Doyle, the elves are afoot.

The Sixth Annual Lakes Region Porcupines Toy Drive is underway. We accept requests for help with Christmas gifts for families in need. Last year, we helped improve Christmas morning for 70 children in our area.

To that end, we are soliciting donations so that we can bring joy again this season. Checks can

be sent to our treasurer: Marie Aldrich, 343 Old Lakeshore Drive, #43, Gilford 03249 (write Toy Drive on the memo line, please). If you wish to donate digitally, please use our Go Fund Me account: www.gofundme.com/lrp-toy-drive.

We thank you in advance for your help with this project.

Regards,

Rick Notkin
Gilford

Humane Society hosting “Thankful for a Home” Open House

LACONIA — The New Hampshire Humane Society in Laconia will be hosting an Open House on Friday, Nov. 29. The public is invited to come to the shelter between noon and 5 p.m. for a bake sale, raffles, NHHS merchandise sales, other local vendors, free hot cider, and a chance to meet adorable, adoptable animals. Visitors are also invited to bring a donation for the shelter

to stuff in their giant stocking. This event will be different than “Black Friday Adoptathons” the shelter has held on previous Black Fridays, as the adoption process no longer supports same-day adoptions of animals. Director of Shelter Operations, Lisa Caputo, explains “We wanted to invite people to the shelter on Black Friday to meet our adoptable animals and enjoy a festive atmo-



COURTESY
(Left) Adoptable Senior Cat Paris getting into the holiday spirit!

sphere, but also to ensure that the major decision to adopt a new animal is not made on a whim. We will have dogs and cats available for adoption, but prospective adopters will still go through our full adoption process that includes vet and landlord reference checks.”

If you would like to inquire about a vendor space at the event, or have any other questions, please call or email Brooke at 524.3252/brooke@nhhumane.org.

Taylor Community presents Ken Clark Organ Trio

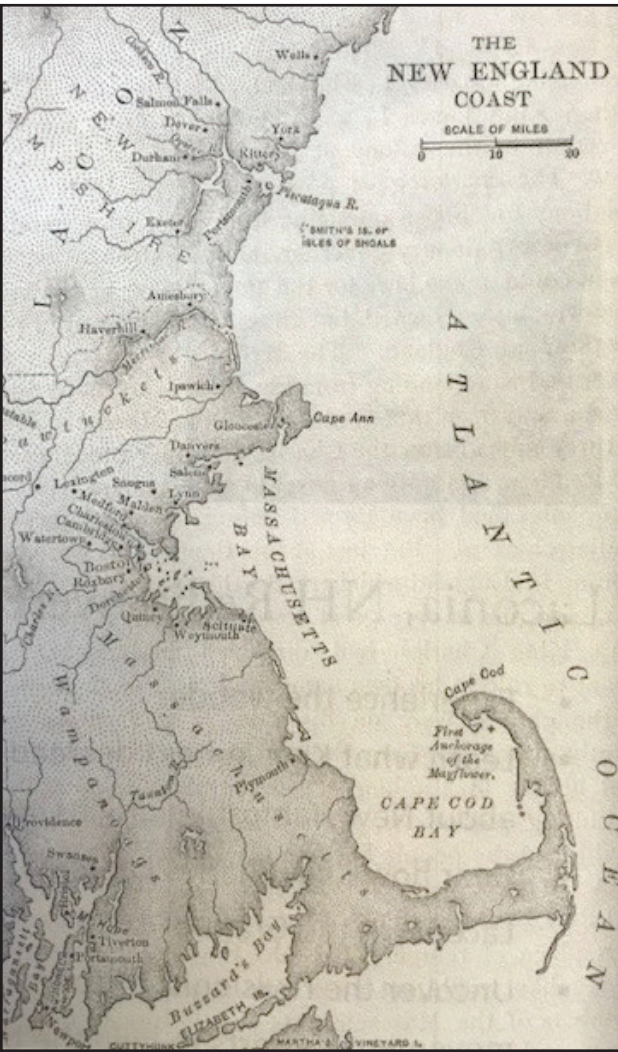
LACONIA — The Ken Clark Organ Trio have been performing around New England and the eastern U.S. for the past 15 years. The group is comprised of Organist Ken Clark, Guitarist Mike Mele, and Drummer Steve Chaggaris. Everyone is invited to join us for this free event Monday, Dec. 2 at 6:30 p.m. in Taylor Community’s Woodside Building for a concert by this dynamic trio. According to Owen Cordle of the Jazz

Times, “The groove, the sonic power of the organ and a soulful message are a forceful combination for reaching the people, all the way from the church to the dance floor. Can’t beat the feeling.” Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Taylor Community welcomes local historian

LACONIA — Pat Tierney is a Laconia native who’s lived in New Hampshire most of his life. Since assuming the reins as Executive Director of Laconia Historical and Museum Society in 2015, he has continued to present and oversee monthly Society programming and quarterly Library exhibits while maintaining the Laconia Archive. As a transplant survivor since 2012, Tierney’s goal has been to continue to speak to New Hampshire’s first and best story, which is Laconia and its origins. He also works to increase public awareness for the story while making a case as to why the Lakes Re-

gion and the original Province of Laconia should be New Hampshire’s Official Home of the New England Charter (1620-1635). Everyone is invited to join us Monday, Dec. 9 at 6:30 p.m. in Taylor Community’s Woodside Building for Pat’s presentation on Laconia Origins and Rediscovery. This free event is open to the public. Tierney is a NH Justice of the Peace as well as the Historian and Worshipful Master of Laconia’s Mount Lebanon Lodge #32 which celebrated its 200th Charter anniversary in June. Pat also serves as the Noble Grand for the Belknap



Pitman’s welcomes Diane Blue

LACONIA — Pitman’s Freight Room, located on New Salem Street in Laconia, is thrilled to welcome the internationally acclaimed Diane Blue on Friday, Nov. 22 at 8 p.m. International performer Diane Blue of Boston, has the “whole package” -- she is a strong vocalist, skillful harmonica player and a crowd-pleasing entertainer. Ms. Blue is a soulful and sassy performer. She belts out a funky soul tune, then she’ll sing a sweet ballad, just before she blows you away on the blues harp. Juke joint legend Big Jack Johnson dubbed Ms. Blue “A Monster” on the harp

after she performed as his guest star at Red’s Lounge in Clarksdale, Miss. “When she gets her harp & mic going, the language is hard hitting blues. Strong, confident and tasteful,” says Domenic Forcella of Blues Beat. She “simmers with sensuality,” declares Bob Gulla of the Phoenix. “A classy, sleek, and intensely confident showcase of an elegant voice with a penchant for the blues,” declares Don Dimucio of Motif Magazine. Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 494-3334 or visit www.pitmans-freightroom.com.

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Meredith Village Savings Bank wins Business Citizenship Award

MEREDITH — The Meredith Area Chamber of Commerce presented Meredith Village Savings Bank (MVSBS) with the Business Citizenship Award at their annual meeting. Local area members attended the Chamber's Annual Meeting to celebrate businesses, non-profits and individuals who demonstrate professional excellence and commitment to the Chamber and the community. MVSBS was selected as one of the event's top honorees. The Business Citizen-

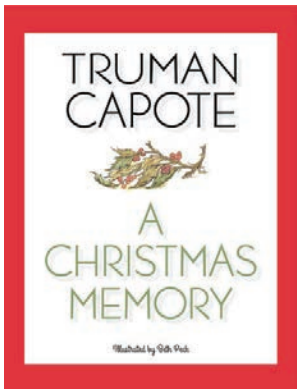
ship Award recognizes a local organization dedicated to the improvement of the Meredith community, while demonstrating outstanding leadership or accomplishment in business and community service. "Each year, MVSBS supports hundreds of non-profits through donations and sponsorships and award scholarships to students. Their annual fund provides grants for special programs and projects, and they encourage their employees to take active roles in



Pictured, left to right: Debbie Irwin, AVP Marketing Programs Officer, Rick Wyman, President, Meredith Village Savings Bank, Sue Cerutti, Executive Director, Meredith Area Chamber of Commerce.

Taylor Community presents Capote's "A Christmas Memory"

LACONIA — "A Christmas Memory" is a short story by Truman Capote. The largely autobiographical story, which takes place in the 1930s, describes a period in the lives of the seven-year-old narrator and an elderly woman who is his distant cousin and best friend.



The evocative narrative focuses on country life, friendship, and the joy of giving during the Christmas season, and it also gently yet poignantly touches on loneliness and loss. Everyone is invited to join us Wednesday, Dec. 4 at 2 p.m. in Taylor Community's Woodside Building as Taylor's Care Management Director and resident actor Hank Offinger, reads this heartwarming Christmas story. Originally published in Mademoiselle magazine in December 1956,

this short story was reprinted in "The Selected Writings of Truman Capote" in 1963. It was issued in a stand-alone hardcover edition by Random House in 1966, and it has been published in many editions and anthologies since. Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

the community by supporting their volunteer efforts too," said Sue Cerutti, Executive Director of the Meredith Area Chamber of Commerce. "When our community needs something, it's often Meredith Village Savings Bank that is asked to step up to the plate and

they've continually been strong supporters of local events, initiatives, businesses and organizations in the Meredith area and beyond." It was MVSBS's 150th anniversary celebration, however, that inspired the Chamber the most.

"The Bank invited the entire community to celebrate their anniversary with them in Hesky Park. People were treated to live performances from John Davidson and the David Lockwood Band, the No Limitz Band, Mo the Clown and Magician Andrew Pinard," con-

MARK ON THE MARKETS

Term or not



BY MARK PATTERSON Buy term and invest the rest, was a slogan that became popular in the late '70's by a company that advocated buying term insurance that was much less expensive than whole life, the premise was to invest the difference in mutual funds. You will hear the same thing today advocated by radio and TV "financial gurus"

that apparently believe that everyone is in the same situation with the same needs throughout their entire audience. Having been in this business of managing assets for 24 years; I can assure you that everyone has very different wants and needs. First off, let me be clear that I believe most people should have some form of life insurance, whether it be an inexpensive term policy for basic coverage or an indexed universal life policy that can serve several purposes beyond a death benefit for your beneficiaries. If you have a very limited budget, but want to make sure your spouse and children are covered in the event of your death, by all means seek out a low cost level term policy that will cover a specific period that you or your advisor determine. What I have been ex-

periencing from clients request lately is a return to a more permanent life policy that builds cash value. There are several compelling scenarios that seem to be cropping up quite regular. The first scenario is one that I believe is related to an aging population. Many people bought a 20 year term policy in their 30's or 40's thinking that their families would be grown and not need insurance any longer, but have found out that not having insurance at 55 or 60 years old is not an option and to obtain another 20 year policy has become very expensive. They realize that a permanent policy years ago would have been a much better choice and they would have cash value that they could borrow tax free from their policy. They have more assets to invest so they buy it now so not to run out the term again. Some retirees are using their required minimum distributions from their retirement accounts to fund policies for their kids or grandkids. Many people born after 1960 are really concerned about social security, and they probably should be. The indexed universal life policies of today typically have cash accumulation option that allows for tax

free loans that do not have to be paid back. Many people are using these cash accumulators as a means of retirement income. The government will do something in the form of higher taxes and or reduced benefits for those who have acquired what they will deem as adequate savings. Social security was designed to be a supplement to income, but it has morphed into much more for many that did not plan for retirement. To summarize; if term is all you can really afford, do it! But if you have extra income that you think you could allocate towards a more permanent policy, I would encourage you to speak with your advisor on the possible benefits of spending more now for the future and diversifying your tax obligation in the future. Life insurance is an asset class of its own and some of the Indexed universal life policies have internal rates of return that compete with investments that have much more volatility and down-side risks. Do your homework and compare policies.

Mark Patterson is an Investment advisor with MHP Asset Management and can be reached at 447-1979 or Mark @ MHP-Asset.com.

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Taylor Community to host holiday performance by Peg & Cheryl

LACONIA — Back by popular demand, Peg Chaffee and Cheryl Sager bring us their Holiday Performance of favorites! The female duo Nice & Naughty perform contemporary folk music playing stand-up bass, guitars, pennywhistle, and singing exquisite harmonies.

Everyone is invited to join us Monday, Dec.

23 at 6:30 p.m. in Taylor Community's Woodside Building for this free event.

Nice & Naughty's original music speaks to all aspects of everyday life, from whimsical to poignant, serious to silly and their exquisite harmonies are the highlight of their performance. Sometimes irreverent, but never rude, this duo is sure to

appeal to all audiences! Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.



Taylor Community presents Rich Araldi in concert

LACONIA — When asked, “What would the world be without music?” Rich Araldi, replies, “I don’t even want to think about it. I feel a responsibility to create music that is uplifting, encouraging, hopeful and responsible and helps us connect with the important things in our lives.”

Everyone is invited to join us as Rich brings his Holiday Presentation on Vibraphone, Wednesday, Dec. 4 at 6:30 p.m. in



Taylor Community's Woodside Building. This free event is open to the public. He will also intersperse stories, trivia and facts to accompany the music. It's sure to be a great evening!

Follow Taylor Community on Facebook

to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Pontine Theater presents “Robert Frost’s New Hampshire” at Taylor Community

LACONIA — Pontine Theatre's Co-Artistic Directors Marguerite Mathews and Greg Gathers premiere a new work based on the early poems of Robert Frost, a long-time summer resident of Franconia Tuesday, Dec. 3 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public.

Frost's first of four Pulitzer Prizes was awarded in 1924 for his volume: “New Hampshire: A Poem



with Notes and Grace Notes.” Known for his New England settings, his down to earth, stark depictions of the difficulties of rural farm life, and his use of col-

loquial speech, Robert Frost is widely admired as a true American Master.

Harriet Munroe, publisher and editor of SEE **THEATER** PAGE A9

Local organizations come together for Mental Health Town Hall

REGION — Mental Health for US, The National Council for Behavioral Health and the NH Community Behavioral Health Association have assembled a Host Committee of 25 local organizations, including Lakes Region Mental Health Center,

that have signed on to support the upcoming Unite for Mental Health: New Hampshire Town Hall to be held on Dec. 16 at The Dana Center at Saint Anselm College in Manchester. The event will serve as a town hall for 2020 presidential candi-

dates to engage with an audience of New Hampshire families, mental health professionals and local policymakers to discuss the key issues and solutions related to mental health.

“The member organizations of the Host SEE **MENTAL HEALTH** PAGE A9

Comfort Keepers

A closer look at strokes

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Strokes are the fifth leading cause of death in the United States, and a major cause of disability. While people at any age can be susceptible to suffering from a stroke, nearly three quarters of strokes occur in people over the age 65.

Risk factors for a stroke include high blood pressure, genetics, gender, tobacco use, heart disease, diabetes, weight, age and the use of some medications.

There are three main types of stroke that can occur:

Ischemic stroke – Most strokes fall into this category. In an ischemic stroke, arteries narrow or are blocked, reducing blood flow to the brain.

Hemorrhagic stroke – During a hemorrhagic stroke, a blood vessel leaks or bursts, causing damage.

Transient ischemic attack – Sometimes referred to as “mini-strokes,” this is a condition that is also caused by a narrowing of the arteries, but

only causes temporary symptoms.

It's important to note that medical attention after a stroke is critical, and time is of the essence. Anyone suffering from the symptoms of a stroke should not wait for the effects to go away or get worse. They should call 9-1-1 or visit their physician as soon as possible. Quick treatment can minimize damage and potentially save someone's life.

SEE **COMFORT** PAGE A9

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Edward Jones: Financial Focus

Share Your Bounty with Family

As Thanksgiving approaches, it's meaningful to reflect on the origin of the holiday –Native Americans and pilgrims sharing their bounty of food with each other. As you gather with your loved ones this year, perhaps you can think of ways to share not only your dinner, but also your financial bounty.

In terms of bounty-sharing, here are some suggestions you may find helpful, no matter your age or that of your children:

- Make appropriate gifts. If you have young children, you may want to get them started with a savings account to help them develop positive financial habits. You could even make it a Thanksgiving tradition to measure how their accounts have grown from year to year. But you can go even further by starting to fund an education savings vehicle such as a 529 plan. This

account can provide valuable tax benefits and gives you total control of the money until your children are ready for college or trade school. Other education-funding options also are available, such as a custodial account, commonly known as an UGMA or UTMA. If you have grown children, you could still contribute to a 529 plan for your grandchildren.

- Develop – and communicate – your estate plans. While you may want to be as generous as possible to your loved ones during your lifetime, you may desire to leave something behind as part of your legacy. And that means you will need to develop a comprehensive estate plan. Such a plan will allow you to express your wishes about where you want your assets to go, who will take care of your children if something happens to you, how you want to be

treated should you become incapacitated, and other important issues. Your estate plan will need to include the appropriate documents and arrangements – last will and testament, living trust, power of attorney, health care directive, and so on. To create such a plan, you may need to work with a team of professionals, including your financial, tax and legal advisors. And it's essential that you communicate the existence and details of your estate plan to your loved ones. By doing so, you can help them know what to expect and what's expected of them to help avoid unpleasant surprises and familial squabbles when it's time to settle your estate.

- Solicit suggestions for charitable giving. Sharing some of what you have with charitable or community organizations will also help fulfill the spirit of Thanksgiving. And you can make

it a family affair by asking your loved ones which groups they would like to support. Not only will you be helping a worthy cause, but you'll also be teaching your children about the value of money – in this case, the ability to use money you've saved to help make a positive contribution to society.

By sharing your bounty with your loved ones and your community on Thanksgiving, you'll help create a more memorable holiday for everyone. So, be generous, be creative – and be prepared for how much satisfaction you can get from your actions.

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.

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GUNSTOCK

(Continued from Page A1)

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trailer hookups, providing outdoor accommodation for kids of all ages when they stay and play at the mountain. Gunstock also plays host to a growing number of events,

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BEARDS

(Continued from Page A1)

contribute. O’Riordan said those students have been proud of the neck hair that’s been appearing. With 20 participants the event has raised \$200. Of that money \$50 will go to person with the winning beard and the remaining \$150 will go to St. Jude. “I think it’s kind of a good opportunity to kill two birds with

one stone: learn about these three properties of business and give back,” said junior Alex Cheek, who is also one of the participants. Warren said she enjoyed the opportunity for some hands-on learning. “When I get to do something hands on it helps me understand more of what happens with it,” Warren said.

TURKEY TROT

(Continued from Page A3)

age brackets: 12 and under, 13-19, 20-30, 31-40, 41-50, 51-60, and 60 and Over. Individuals and families re encouraged to sign up for the walk. Walkers can be if all ages and can come with strollers and pets. The cost for participating is \$26 per person or \$90 for a family

of up to five people. The Turkey Trot will go on rain, snow, or shine. To register for the Turkey Trot visit the event’s page at the Gilford YouthCenter Web site at <http://www.gilfordyouthcenter.com/2019-turkey-trot-5k-race-family-walk.html>.

BRIDGE

(Continued from Page A1)

placement grant, with the town’s portion of \$220,000 coming from the Bridge Replacement Capital Reserve Fund. During their Nov. 6 meeting, the board of selectmen approved the construction agreement with the state for the project. Town Administrator Scott Dunn said the agreement for-

malizes that the state will pay 80 percent of the costs with the town paying 20 percent. Dunn said they reached a point where an agreement was ready to be signed. Dunn said he recommended the selectmen approving the agreement and authorizing the town administrator to sign it.

Board Chair Richard Grenier said any agreement like this usually comes with strings attached and asked if there were any stipulations the board should be aware of. Dunn said this was a boilerplate agreement with the Department of Transportation and nothing stuck out.

BAILEY

(Continued from Page A1)

truckloads of items donated by people in the region. By ones, twos, and threes, over time, area residents got behind Bailey’s passion, adding their own and creating an event that helps to sustain 62 area nonprofits that provide for children and families in need. The Auction now involves thousands, many of whom give up a week’s vacation for the privilege of taking part in dozens of ways. The items that are auctioned off are so plentiful the event venue is vast. A nonprofit board now governs the Children’s Auction. The total raised continues to climb each year. In 2018, the Auction raised \$580,584. “It’s overwhelming,” said Bailey, a gentle and tender man who gets weepy as he tells the Auction’s stories, which have played out over nearly four decades. They are the stories of the people who have helped the effort grow, the people who have been served and now give

back. “It takes your breath away,” he added. “The volunteers are there every year.” Bailey came to the Lakes Region and joined WLNH in 1976 after working in radio in Massachusetts and New Hampshire for several years. “I fell in love with the area and the station. The local owner and our wonderful staff was there for me right from the beginning,” he said. After leaving WLNH in 2001, Bailey co-owned a radio station and later moved to television and digital sales. In 2015, he launched his own media-buying business, WB Media 1—the “1” added so the firm wouldn’t be confused with Warner Bros. As he does each year, Bailey will make his traditional appearance at the Auction, though, during the 38th annual event, to be held from Dec. 3 to Dec. 7 at the Belknap Mall. Returning gives Bailey the pleasure of

hearing stories from children who were helped long ago and now give back in gratitude—like the young girl who walked away from the auction site 25 years ago, accompanied by a crying mother; the mom was deemed unworthy of assistance due to an addiction and sent away by a volunteer—long since excused from service. Bailey chased the two out; he gave the mother \$20, saying, “Promise me you will do something for your daughter with this.” Not long ago, that girl—now a grown woman who is a paralegal in Boston—drove to the Auction. She asked for Bailey personally, thanked him for the help he offered her late mother, and handed him a check for \$1,000. “That’s the kind of impact that the Auction has had,” Bailey said. “And that’s just one powerful story.” In the beginning, Bailey spread the word by asking everyone he met to listen to his story of the Auction and its magic for 10 minutes. In this way, he built steady and unexpected support and growth.

worked for the telephone company NYNEX, made it possible for the Auction to have four phones, instead of one. (Now there is an entire phone bank of volunteers.) And RJ and Bridget Harding, owners of the Bank of New Hampshire Pavilion, offered their entire staff and a host of equipment for the full week of the event, starting a tradition that continues still. The Auction that begin with Bailey tabulating the proceeds with a pad of paper and a pencil became tech-savvy with the Harding’s IT assist. Most recently, Patrick’s Pub & Eatery created Pub Mania, a 24-hour event that raises the lion’s share of each year’s profit, bringing in \$353,361 last year and donating nearly \$2 million over 10 years. “The generosity of the community blows my mind,” Bailey said. “People would so often come to the broadcast and hand me \$10, knowing it’s the last \$10 they have, but also believing that someone else needs it more. There’s no shortage of Christmas spirit at the Children’s Auction.”

The Children’s Auction runs from Dec. 3-7 at the Belknap Mall. Bring an item to donate, or come watch the fun and bid! Visit www.ChildrensAuction.com to learn more. If you know a Children’s Auction Champion, send suggestions to Jenn@ChildrensAuction.com. Alan McRae, who



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NOTEBOOK

(Continued from Page A4)

HISTORIAN

(Continued from Page A5)

ly nothing to do with cats, other than most fishers being about the size of a big housecat, and sleek and cat-like in the way they move, and having even been known, according to Wobanaki legend and lore, to catch fish, this undoubtedly occurring at the head of tiny little streamlets here and there in the high country. I mean, can't we just envision it, a fisher (cat) sitting there on its haunches, ready to pounce as soon as it can spot a fin, while the mists and fairies and (for all we know) selkies swirl around?

+++++

We are getting way off track here. In my book, hunters

should eat what they shoot or should not hunt, and I am happy beyond words when I can come home with a couple of partridges (in some loftier quarters, grouse) and eat them for supper.

Ergo, turkey hunters are always saying with a straight face that they eat what they kill, and the print media are always full of the latest recipes on how to cook wild turkey so it doesn't come out tasting like a spare tire.

I've been to more than my share of annual meetings and club banquets and game dinners, and woe betide the man who says that wild turkey cannot be cooked into something close to toothsome. And in fact

and fairness, I've had some far beyond.

Some of you out there are no doubt featuring, as the centerpiece of the Thanksgiving table, a wild New Hampshire turkey. Eat with gusto, says I, and then maybe go out for a drive along the river, where (thanks be) you'll have a pretty good chance of seeing a bald eagle.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via camp-guy-hooligan@gmail.com or Box 39, Colebrook, NH 03576.)

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COMFORT

(Continued from Page A7)

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MENTAL HEALTH

(Continued from Page A7)

Committee are collectively involved in all aspects of the mental health community here in New Hampshire and are led by engaged and compassionate leadership," says Roland Lamy, Executive Director of the NH Community Behavioral Health Association. "The number of organizations willing to join the Host Committee provides overwhelming evidence that there is broad interest to discuss an issue of such profound importance. Their diverse perspectives and specialties will make for an inclusive and powerful event to raise awareness of mental health policies during the 2020 presidential campaign cycle and beyond." Host Committee members

are involved with event programming, bringing awareness to the event, attendance at the event and continuing the conversation around mental health policies after the event.

Member organizations of the Host Committee are:

- American Civil Liberties Union of New Hampshire
- American Foundation for Suicide Prevention, NH Chapter
- American Mental Health Counselors' Association
- Bi-State Primary Care
- Center for Life Management
- Community Partners of Strafford County
- Dartmouth-Hitchcock Disability Rights Center
- Granite State Home Health & Hospice Association
- Greater Nashua Mental Health
- Lakes Region Mental Health Center
- Mental Health Center of Greater Manchester
- Mental Health for US
- Monadnock Family Services
- NAMI New Hampshire
- National Council for Behavioral Health
- New Hampshire Medical Society
- New Hampshire Mental Health Counselors Association
- NH Children's Behavioral Health Collaborative
- NH Community Behavioral Health Association

NH Psychiatric Association

Northern Human Services

Riverbend Community Mental Health, Inc.

Seacoast Mental Health Center, Inc.

West Central Behavioral Health

More about the event:

What: Unite for Mental Health: New Hampshire Town Hall

Where: Dana Center at Saint Anselm College, 100 Saint Anselm Dr., Manchester, NH

When: Monday, December 16 at 6:30 PM

Who: 2020 presidential candidates, former U.S. Rep. Patrick J. Kennedy, other local experts

Registration: tinyurl.com/Unite4MentalHealthNH



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Sanbornton's Jacquelyn Sandstrom to be Art Association's Featured Artist in December

TILTON — Long-time Sanbornton resident Jacquelyn Sandstrom is the Lakes Region Art Association's Featured Artist for the month of December. Her exhibit, titled, "In Retrospect," will feature oil paintings, pastels, hand-pulled prints and photography spanning 40 years as an artist. Subjects include the New Hampshire landscape and quiet domestic still lifes. Whenever possible, Jackie prefers to work from direct observation because doing so creates a sense of immediacy in the finished work. All of the landscapes included in this exhibit were painted on location "en plein air."

The artist holds a Bachelor of Fine Art in Painting from the University of New Hampshire and a Master of Arts in Teaching from Plymouth State University. While at UNH, she studied drawing with Sigmund Abeles and John Hatch and oil painting with John Laurent and Melvin Zabarsky. Artistic influences include Edgar Degas, Claude Cezanne, Fairfield Porter, and Neil Welliver, among others.

Jackie's work has been included in juried exhibitions at the South-



(Left) "Swamp Maples," a pastel by artist and Lakes Region Art Association member Jacquelyn Sandstrom, will be included in her exhibit "In Retrospect", a display of her work in a variety of media. The opening reception is from 2 to 5 p.m. on Sunday, Dec. 8 at the Lakes Region Art Association Gallery, Suite 132 in the Tanger Outlets, 120 Laconia Rd., Tilton.

of New Jersey; the AVA Gallery, Hanover, New Hampshire; the Manchester Institute of Arts and Sciences and the New Hampshire Art Association.

She taught computer skills to grades three through five at Southwick School in Northfield for five years and more recently, was Marketing Manager at Cyclix Networks in Gilford.

The opening reception is from 2 to 5 p.m. on Sunday, Dec. 8 at the Lakes Region Art Association Gallery, Suite 132 in the Tanger Outlets, 120 Laconia Rd., Tilton. On Facebook, look for the Lakes Region Art Association or Jackie's page, PaintAllThat.

Congregational Church of Laconia hosting Christmas Fair Saturday

LACONIA — The Parish Activities and Outreach committees of the Congregational Church of Laconia UCC are pleased to announce our 95th Holiday Christmas Fair at the church at the corner of Veterans Square and Pleasant Street.

For one day, you will have the opportunity to start your Christmas shopping. Whether you are looking to add a new ornament to trim your tree or wreath; or a gift for family, friend, teacher

or co-worker this is the place to shop. You'll find jewelry, plants, knits, hand quilted Advent calendars and so much more. The silent auction is also a chance to win an item at a phenomenal price. This year, we've added "Letters to Santa" for both the young and old.

The doors open for sales on Saturday, Nov. 23 from 9 a.m. through 2 p.m. After all that shopping, stay for lunch served from 11:30 a.m. to 1 p.m.

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SPORTS



BOB MARTIN

Adrian Siravo signs his letter of intent for the University of Connecticut.



BOB MARTIN

Adrian Siravo was joined by his friends and family when he signed his letter of intent.

Siravo makes commitment to UConn

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The wild ride for Adrian Siravo through the baseball world continues, with the hard throwing righty signing a letter intent to play Division 1 baseball at the University of Connecticut on an athletic scholarship.

Siravo was among about 30 of his classmates, coaches, family members and friends who were all on-hand for support as he made the next big step in his playing career. Siravo is regarded as one of the top players in the northeast and has been scouted by Major League clubs after impressive campaigns at Gilford High School and the Concord Cannons over the past several seasons.

While he knew people would be there for the signing, he wasn't expecting the overwhelming support as dozens of people filled the gym after school to watch him put on his Huskies hat and sign the papers.

"It is humbling to have a lot of people come," Siravo said. "It shows that a lot of people care about me, and really I care about them. It's truly an honor."

Siravo added, "UConn is a top 25 ranked school in the country for baseball. They have a really good program, a really good coaching staff, and I think it is going to be a lot of fun playing there."

Siravo has been the player of the year in Division 3 for the past two seasons and has consistently been a dominant player on the mound, at shortstop and in the batter's box. This past season he hit .404 with three homers to go along with six doubles, 25 runs and 16 steals.

As a pitcher, Siravo has been a spectacle to watch as last season he was consistently throwing heat in the low 90s. That number has even risen since then, as Sir-

avo said he threw 96.7 mph at a scouting event over the summer. He also has an improved arsenal that includes a nasty darting slider that hovers around 80 mph,

as well as a splitter than he uses as his off-speed out pitch.

Last year with Gilford, over 48 innings he had a 0.58 ERA with 92 strikeouts and posted

a 6-2 record to lead the Golden Eagles. He had three no-hitters last season, including a seven-inning gem where he struck out eight Raymond batters and didn't

allow a base runner until he issued a walk in the sixth inning.

With the Concord Cannons, Siravo played against some of the

SEE SIRAVO PAGE B3

Local equestrians compete in New York competition

BY BOB MARTIN

Bob@Salmonpress.news

REGION – Earlier this fall, two local equestrians competed in the largest equestrian dressage competition in the northeast, which involves more than 700 horses and riders.

Caroline Colby, 13, of Gilford, and Katie Gagnon, 18, of Belmont, participated in the New England Dressage Association NEDA Region 8 Championships held in Saugerties, N.Y. from Sept. 19 through 22.

The two equestrians currently train at Victory Gallop in Belmont with Allia Connors. Colby rides a 14-year-old quarter horse "Skye" and placed fifth in her division in training level and second place in 13-year-old and under equitation. Equitation is where the rider is judged on how well they are with the horse in various aspects, as well as her personally as a rider.

Colby explained that she has been riding since she was three years old, and noted that it has been a huge part of her life ever since she started taking lessons at a young age.

"I enjoy spending a lot of time with animals so it is a good sport for me to be involved with," Colby said.

Colby explained that this wasn't something

the whole family was involved in or pushed, but rather that she got involved because there was a barn near her house where she took lessons as a child. She continued over the years and eventually started competing in major events like this.

Colby said she is currently looking for a new horse, as Skye cannot compete competitively at a higher level. She is looking for a warm blood horse, or a cross, between the ages of five and 10 years old.

Gagnon explained that this was her third year qualifying for the competition with her 10-year-old off track thoroughbred named "Guy." She has been riding since she was two years old and owned Guy for five years.

This year Gagnon and Guy qualified at first and second level training for juniors. Second level was a stretch, she admitted, but did a lot better than anticipated placing eighth in the region.

Gagnon has been riding since she was two years old and said, like Colby, it is not a family affair as her parents are not big horse people. Gagnon is a big athlete in Belmont, playing lacrosse, soccer and skiing, and she has always just had

SEE EQUESTRIANS PAGE B2



COURTESY

Caroline Colby (left) and Katie Gagnon competed in the New England Dressage Association Region 8 Championships earlier this fall.

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Another solid season for Gilford soccer boys

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD – The Gilford boys' soccer team is consistently among the best in Division 3, and this year was no different with a 15-2-1 record despite an early exit from the state tournament with a loss to Hopkinton on penalty kicks.

Gilford scored 71 goals and allowed only nine all year, with the team posting 12 shutouts showing the superior defense and goalkeeping they had all year by Thomas Donnelly. He started 17 games and record 31 saves on the season while allowing only eight goals. Haven Montoya started one game allowing one goal and posting a save.

Leading the offensive charge was Sam Sawyer, who had 27 goals and nine assists in what was a huge year. Freshman Alex Burnham showed that the future is bright for Gilford as he posted a new Gilford freshman record with 23 assists. He also had five goals.

Daegan Boucher was also solid with 16 assists on the season, as well as 12 goals good for second on the team in both categories.

Colton Workman had eight goals and three assists and proved to be a viable scoring option for the Golden Eagles. Ben Gardiner pitched in with six goals and six assists. Anthony Aguiar added seven assists to go along with five goals.

Chance Bolduc and Andrew Flanders each had two goals and one assist. Riley Marsh had two goals. Alex Berube had a goal and four assists while Max Stephan had a goal and two assists.

Cameron Reardon and Connor Guest each had a pair of assists.

The Golden Eagles dominated the flow of the game for much of the time on the field, putting up 372 shots and allowing only 68. Gilford had 170 corner kicks compared to 22 for opponents.

Coach Dave Pinkham was very pleased with the team's season, saying that just about everyone on the team excelled on the field for Gilford.

"We had a very talented skillful team," said Pinkham. "Take your pick regarding standout players. I would need to mention just about all of them."

Gilford is losing its top player in Sawyer to graduation, as well as other key contributors including Boucher, Gardiner, Workman, Guest, Stephan and Ramsey Landry.

"It will be very difficult replacing those individuals," Pinkham said. "They worked really hard in becoming outstanding players and leaders of this team. The amount of improvement from the 2018 season to the 2019 season was incredible. I know they were extremely committed to playing in the off-season and I am sure that played a major part in our success. I also felt they were great with the young players on the team."

Pinkham said the team has a talented cast of characters returning for next season, with the leaders being Aguiar, a sophomore, and junior



Sam Sawyer was the top offensive player for the Golden Eagles this season.

BOB MARTIN



Daegan Boucher had a strong senior season for Gilford.

BOB MARTIN



Alex Burnham had a fantastic freshman season playing soccer for Gilford.

BOB MARTIN

Alex Berube. He was impressed by their seasons and thinks they will take things to another level next season.

Burnham, Donnelly and Bolduc are three freshmen who got plenty of playing time and should continue to improve.

"The only give away regarding their being freshmen was their lack of size, definitely not their talent," Pinkham said. "They played like seasoned veterans."

Reardon was first off the bench and played as much as a starter in his sophomore season and

Pinkham described him a "talented newcomer." Flanders, Marsh and Austin Normandin are also expected to make an impact if they work on their games in the winter, spring and summer seasons. Pinkham added that there is also a great group of freshmen and

sophomore who played well at the JV level this season.

"Many of them will be ready to compete at the varsity level for next season," Pinkham said.

Pinkham felt the number one weakness for what was an otherwise very good season was the

lack of size and muscle, but he has hopes that a year of age and experience could change that.

"I will be praying daily to the soccer gods to give our returning players some size and muscle, and of course speed, for next season," Pinkham said.

Elite Hockey Camps coming to New Hampton

NEW HAMPTON — New Hampton School is pleased to announce a new collaboration with Elite Hockey Camps that will bring 600+ youth nationwide to campus for five weeks of programming each summer. The campus

and location offer new opportunities for the program, and New Hampton School is excited to share the school and state-of-the-art ice arena with youth from across the country. Founded by long-time Dartmouth College

coach George Crowe and previously hosted at Dartmouth and Norwich University, the camp sought a new location more accessible to participants and with nearby attractions for summer recreating such as those in the

Lakes Region of New Hampshire. In addition, New Hampton School's ice arena, fitness facilities, residential spaces and dining services needed to host the program are on par with the camp's high-caliber reputation.

"We are really excited about this new location. Jacobson Arena is beautiful and the comfortable, residential campus will be a great space for our campers both young and old. New Hampton has long been recognized for a

strong athletic tradition and it quickly became an obvious choice for the next evolution of our program," says Executive Director Patti Crowe. "In addition, we're thrilled to have many of their experienced faculty join us for our summer program."

In 2016, New Hampton School opened Jacobson Arena as the new home for its hockey programs. Jacobson is a contemporary, fully enclosed and temperature regulated hockey facility. The arena includes men's and women's locker rooms, a warming area and lobby overlooking the ice, and seating for 120 spectators. The space has already helped the team excel to new levels including the women's NEPSAC championship led by Olympic athlete Cayla Barnes in 2017.

"This is a great partnership for New Hampton," says Head of School Joe Williams. "With the completion of Jacobson Arena, our campus is well-suited to host a program like this, and it is a wonderful opportunity for our faculty and staff to assist programming on the ice, in the fitness center, and in the residences. It's great visibility for our school, and we welcome the opportunity to share New Hampton with others."

Founded in 1821, New Hampton School is an independent, co-educational, college preparatory secondary school of 345 students who come from over 28 states and 30 countries. An International Baccalaureate school, New Hampton School cultivates lifelong learners who will serve as active global citizens. Students benefit from an average class size of 11 and a student-faculty ratio of five to one. For more information, please visit www.newhampton.org.

SIRAVO

(Continued from Page B1)

top competition in the northeast and beyond. In a league where the players use wooden bats, Siravo led the team with a .458 batting average and on the mound he was 4-2 with 70 strikeouts. Over the summer he also competed in the Area Code Games and East Coast Pro, where he was among some of the best prospects in the country. He was watched and coached by Major League scouts including those from the Boston Red Sox and New York Yankees.

While he has plenty to look forward to, the always humble Siravo still said he has his sights on the upcoming basketball season and spring baseball season with Gilford, showing he is taking things one step at a time.

"I have high expectations this year for baseball," Siravo said. "I expect a lot from us. We have a lot of good talent coming up and it should be a good year."

Gilford High School Athletic Director Rick Acquilano admitted that he was a bit choked up watching Siravo sign the papers.

"A lot of work goes into a young man getting an opportunity like this," said Acquilano. "We can't be more proud of him."

He added that the success comes from not only Adrian's work on the diamond, but also the help of his coaches and family.

Siravo's mother and father, Tracey and Steve, as well as his brother Gavin were at the event and all said they couldn't be more proud. Siravo also has a sister, Miah, who could not be there, as she was sick.

Steve said he has been with Adrian every step of the way, not missing a single inning, and always helping him get the most out of his talent. However, Steve said the real hero is Tracey, who has sacrificed going to some of his events to complete the always demanding job of being a mother of three children.

"For me, all the credit goes to her," Steve Siravo said. "When you have three kids and



BOB MARTIN

Adrian Siravo is one of the top baseball prospects in the northeast and currently plays at Gilford High School. He is shown shaking hands with Gilford Coach Eric Duquette after signing the letter intent.



BOB MARTIN

Athletic Director Rick Acquilano stands alongside Eric Duquette, Adrian Siravo and Siravo's parents Steve and Tracey at the letter of intent signing last week.

Adrian is doing all this, it is hard sometimes. I bring him to all the stuff but she takes care of the family so well. She deserves so much praise for that."

Steve Siravo also said he couldn't express enough gratitude to coach Eric Duquette, who coaches Siravo at both Gilford High School and in Concord. Also coaching Adrian at Concord Sports Center is Bryan Caruso, who is the son of Winnisquam coach Fred Caruso and a former professional ballplayer himself.

"If there is anything

baseball related here, it is all on them," Steve Siravo said.

Coach Duquette has been coaching Siravo since he was 10 years old and he spoke very highly of his character, saying he has never said a crass word to anyone.

"Everyone knows he is a great kid and this turnout says it all," Duquette said. "You just don't really see this all the time. The coaches all say it. The umpires say it. He never says a crass word."

Duquette knows how good Siravo is and that the sky is the limit as far

as where his ball-playing career can go. He said that while he has coached players who have gone on to play professionally, hands down Siravo is the best player he has ever coached.

However, that doesn't mean his talent was always through the roof.

"If he was in a barn he couldn't hit a wall with a ball to save his life," said Duquette with a laugh. "That changed with a lot of work. He had so much potential and was so raw. He also had a love for it and you could see that. He put the time in and has just taken this to

a whole other level. This is all just the tip of the iceberg. This spring will be chaos in Gilford with scouts at all our games."

Tracey Siravo said it has been a great ride that has just grown and grown, and something that has been fun to be a part of. Siravo's parents said it is a huge deal for him to be accepted to college and they couldn't be more proud of Adrian.

"When he was 12 you couldn't trust him on the mound and now he is a top prospect in the northeast," said Steve Siravo. "It really is incredible."

EQUESTRIAN

(Continued from Page B1)

a competitive nature. While adding riding to the mix puts a lot on her plate juggling athletics with the rest of her life, she said she wouldn't trade it for anything.

"It is a big part of my life and I can't really see myself not doing this," said Gagnon.

For more information on the New England Dressage Association Region 8 Championships, log onto www.neda.org.

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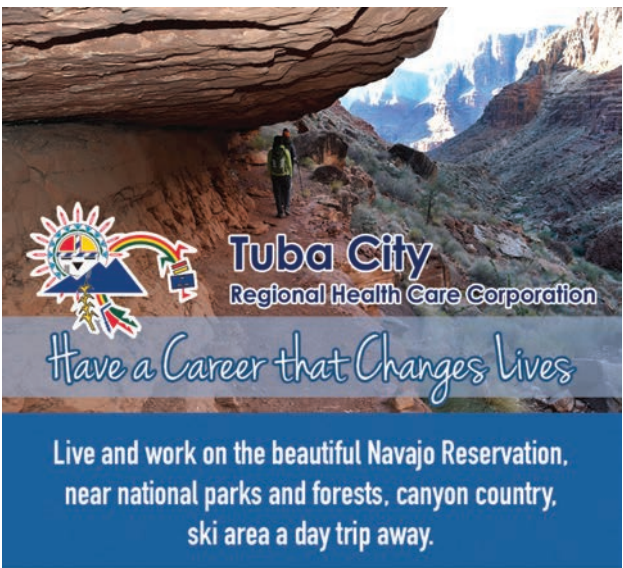
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Forge named LEC Coach of the Year

PLYMOUTH — Following a record setting season, three student-athletes and the head coach of the Plymouth State University women's volleyball team were among those honored by the Little East Conference (LEC) on Tuesday as the league announced its all-conference teams and major awards winners.

Junior Francie Shaffer (Frederick, Colo.) was selected to the All-LEC First Team, while senior Alisha Flanagan (Milton) and junior Carabeth Norklun (Goffstown) each earned Second Team honors. Additionally, head coach Joan Forge was named the LEC Coach of the Year after leading the Panthers to a school-record tying 32 wins in her second season at the helm. It is the first postseason honor for all four.

A 5-7 junior outside hitter, Shaffer was among the league's top hitters this fall. Her 377 kills led the league, while she was fifth in the conference with 3.04 kills per set. She finished with double-digit kill totals in

22 of 36 matches, including a career-high 22 in the Panthers' thrilling 3-2 win over Keene State on Oct. 16, and tied a match-high with 16 kills to lead third-seeded PSU to a 3-2 upset of second-seeded Eastern Connecticut in the conference semifinals on Nov. 7.

A 5-8 senior libero, Flanagan played a key role in PSU's defense and serve receive. Her 570 digs were the second most in the LEC and the seventh-most in a season in program history, while her 4.35 digs/set was the third-highest average in the league. Flanagan was also among the conference's top servers as her 67 aces were the third most in the LEC. She appeared in all 37 matches for the Panthers, totaling double-digit digs 30 times, including a career-best 34 in a key LEC match at WestConn on Oct. 19.

A 6-0 junior middle hitter, Norklun enjoyed a breakout season easily setting career highs in kills, kills/set, attack percentage, blocks and blocks/set. Her 307

kills ranked seventh in the conference, while she was one of just five players league-wide to hit better than .300 for the season (.306). She becomes just the seventh player in PSU history to finish a season hitting over .300, while her 82 blocks were the third-most in the LEC.

Forge had remarkable success in her second season, leading a team picked seventh in the preseason coaches' poll to a 32-5 overall record and a share of the regular season title after finishing tied atop the conference with Eastern Connecticut and WestConn with identical 6-2 league marks. Although PSU lost out on the tie-breaker scenario to earn the third seed for the LEC Tournament, Forge led the Panthers to the championship game with wins over sixth-seeded Southern Maine (3-0) and an upset win at second-seeded Eastern Connecticut (3-2) to host the championship match for just the second time in school history (2011).

The team established new program

records for home wins (16) and block assists in a match (22) and season (307), and posted

top-five season totals in kills (1,699), assists (1,499), kills per set (12.59), assists per set

(11.10), attack attempts (4,554) and total blocks (208).

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***Turkey Trot is
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WOLFEBORO — The 28th annual Turkey Trot 5K/fun run is Saturday, Nov. 23, at 10 a.m. Wolfeboro will once again attract runners from throughout the region for the 28th annual "Gift of Sight and Hearing" Turkey Trot. A local hometown favorite, the annual race is held the Saturday before Thanksgiving each year. The event features a 1.2-mile kids' race and an adult 3.2-mile race with cross country components for runners of all ages and abilities. There will be a division specifically for fast walkers. They will be collecting canned goods for the Wolfeboro Food Pantry and unwrapped Christmas gifts for local families in need.



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