

# Gilford Steamer

THURSDAY, FEBRUARY 18, 2021

GILFORD, N.H.

## Gilford girls survive late Kingswood rally



JOSHUA SPAULDING

**Maura Hughes drives along the baseline last Monday against Kingswood.**

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — The Gilford girls' basketball team built up an 18-point lead early in the fourth quarter in Wolfeboro last Monday night.

However the Kingswood hoop girls battled back, cutting the lead to just five with a minute and a half to go before Gilford was able to close out the game on a 6-2 run to secure the 52-43 win.

"It was pretty sloppy, lots of turnovers on both sides," said Gilford coach Rick Forge. "We had a lot of unforced errors and they had a lot of unforced errors."

"But we persevered through it all and we had enough at the end," the Golden Eagle mentor noted.

"Turnovers killed us, plain and simple, that's the name of the game," said Kingswood coach Marty Garabedian. "We've been struggling with that issue since day one."

The game went back and forth in the first quarter, with Gilford eventually having the upper hand after the first eight minutes. Vanessa Flanders got Gilford on the board with a hoop and after a Morgyn Stevens free throw for the Knights, Flanders hit two from the free throw line for a 4-1 lead.

Stevens put back a rebound to cut the lead to one before Maegan Shute hit a hoop for the Golden Eagles. Kamdyn Hobbs hit a fere throw for the Knights and a Catie Shannon putback pulled Kingswood even at six.

Gilford got a free throw and a hoop from Lindsey Sanderson and a hoop from Maura Hughes to stretch the lead to 11-6 before Stevens hit a hoop and drained a free throw, cutting the lead to just two. Sanderson hit a late hoop to give the Golden Eagles a 13-9 lead after one quarter of play.

A Hughes basket got Gilford started in the second quarter before Anabelle Nelson hit a hoop for Kingswood and Allie Drew drained three free throws, cutting the lead to 15-14.

Alexie Dumond got a basket for the Golden Eagles but an Ana Ekstrom three-pointer, tying the game at 17 to go in the first half. Ryan Guyer drained a three-pointer for Gilford and Hughes hit a hoop, pushing Gilford ahead by a 22-17 score.

Brooke Eldridge responded with a basket for Kingswood to cut the lead to three before Allison Carr finished off the first half with a basket, giving the Golden Eagles a 24-19 lead at the halftime break.

Carr started the second half with a free throw but Ekstrom responded with a three-pointer for the

SEE **GIRLS** PAGE 7

## GHS students part of virtual theater festival



PHOTOS BY ERIN PLUMMER

1 and 2

**Gilford High School students are working on their production of "Allerleirauh" that will be recorded and submitted to a virtual version of the New Hampshire Educational Theatre Guild Festival.**

BY ERIN PLUMMER

mnews@salmonpress.news

Gilford High School students are preparing for a virtual version of a state theater festival that will showcase their talents onstage as well as in video production.

GHS students are preparing a scene from "Allerleirauh" for the New

Hampshire Educational Theatre Guild Festival where they will compete against high schools from around the state. GHS has participated in and hoisted the festival for a number of years. Last year at this time students were preparing "These Shining Lives" and "Snow Angels" for

the festival when everything was canceled because of the pandemic.

This year's festival will be performed remotely over Google Meet and each of the schools will submit a recording of their performances.

Senior Chelsea Sasserson is directing the production.

"I did the show when I was a freshman," Sasserson said. "The script and particularly this story stood out to me."

"Allerleirauh" is a Brothers Grimm fairy tale with some darker themes. In "Allerleirauh" a king's dying

SEE **FESTIVAL** PAGE 7

## Gunstock planning winter events in February

By Erin Plummer

mnews@salmonpress.news

A kids' race, a week-end of lessons for ladies, and a first shot at the slopes for Belknap County residents are some of the events coming up at Gunstock in the next few weeks.

Gunstock is open for skiing and boarding and planning a number of ac-

tivities for people of all ages.

Kids can show their skills on the slopes on Feb. 24 for the Meister Cup, a fun and free race for kids age seven and under. The event is free and is open to kids of all levels. No racing experience or special equipment is needed. Registration starts at 11 a.m.

at the Gunstock Ski Club Clubhouse next to the Tiger lift. The race starts at noon and will be followed by an awards ceremony.

Kids will be divided into three classes: 3 and under, ages 4-5, and ages 6-7. Belknap County residents will have the opportunity to take the

first runs of the day on Saturday, Feb. 27 for Belknap County First Tracks. Eligible residents can ski or board half an hour before the lifts open to the general public from 7:30-8 a.m.

Participants must show proof of Belknap County residency and have a valid 2020-2021

SEE **GUNSTOCK** PAGE 7

## McCarthy paces Gilford alpine boys in State Meet

BY BOB MARTIN

Contributing Writer

GILFORD — In their first year in a new division, the Plymouth Bobcats came away with the win at this year's Division 3 state championship led by the top skier in the division in sophomore Dylan Welch.

"I feel good coming out on top for the second year in a row for a repeat," said Welch.

Welch said he was happy to not only take away the top spot for the best skier in the division, but more importantly he was able to bring a first place title to the Bobcats. Steve Babler coaches for the Bobcats and said that having a great season like this was especially



BOB MARTIN

**Haukur Karlson races for the Gilford Golden Eagles during the state meet last week.**

great during the times of COVID-19, where the students have had to overcome unprecedented ad-

versity.

"It really is a team effort," he said. "You need 16 good runs to win and

we put it together as a team."

In the giant slalom, Welch was the top racer. SEE **MEET** PAGE 8



Classes & Special Events	Friday, Feb. 19
Feb. 18 – Feb. 25	Winter Wildlife Snowshoe Hike, 12:30-2 p.m.
*Sign up and face masks required	Get out and enjoy that wonderful winter weather that New Hampshire offers with the library and Gilford Parks and Rec, Wendy Oellers-Fulmer and Ron Fulmer will help to lead a nature
Thursday, Feb. 18	
Mother Goose On the Loose (Virtual), 10:30-11 a.m.	

1. "The Russian" by James Patterson
2. "The Last Traverse" by Ty Gagne
3. "Before She Disappeared" by Lisa Gardner
4. "Serpentine" by Jonathan Kellerman
5. "NYPD Red 6" by James Patterson
6. "The Four Winds" by Kristin Hannah
7. "The Children's Blizzard" by Melanie Benjamin
8. "Deadly Cross" by James Patterson
9. "The Scorpion's Tail" by Douglas Preston
10. "The Push" by Ashlee Audrain

The Gilford Police Department reported the following arrests from Feb. 8-11.

Cameron Leslie Gamble, age 22, of Gilford was arrested on Feb. 8 for Resisting Arrest or Detention and in connection with a warrant.

Derrick A. Poirier, age 29, of New Hampton was arrested on Feb. 8 for Driving After Revocation or Suspension (subsequent), Suspension of Vehicle Registration, and Disobeying an Officer.

Sarah J. Ciampo, age 36, of Gilford was arrested on Feb. 9 for Driving While Intoxicated.

Chelsea O'Connell, age 34, of Belmont was arrested on Feb. 10 in connection with multiple bench warrants. Frederick E. Estes, age 24, current address unknown, was arrested on Feb. 10 for Interfering with a Fire Alarm Apparatus, Possession of a Controlled Drug, and in connection with a warrant.

Patrick F. Murphy, age 57, of Laconia was arrested on Feb. 11 for Driving After Revocation or Suspension.

Amerigo M. Verni, age 58, of Marshfield, Mass. was arrested on Feb. 11 on two counts of Knowing Failure to Comply with Sex Offender Registration requirements.

Cardboard box sled derby - Wednesday, Feb. 24! The Gilford Parks and Recreation Department will be holding their Annual Cardboard Box Sled Derby on Wednesday, February 24th at 10:00 a.m. at the Gilford Outing Club sledding hill on Cherry Valley Road. Participants in this program will build their own sled ahead of time to have their sled judged and compete in a race down the sledding hill the day of the event. This program is open to participants of all ages. All interested participants are asked to pre-register by Tuesday, February 23rd. Derby guidelines and registration forms are available in the Town Hall and on the Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com). Participants are asked to wear a face-mask during the event.

Join Miss Jill on a fun filled walk through the woods to enjoy a story and hot chocolate! Families welcomed. \*Mask required, winter gear recommended.

NH Humanities:  
Granite Gallows, 5-5:30 p.m.

As one of the last northeastern states with capital punishment still on the books and with its first person on death row since 1939, New Hampshire continues to struggle with this controversial issue. Chris Benedetto examines the history of the death pen-

alty in New Hampshire and the major legal and social issues which challenged our predecessors, revealing that many of these issues still haunt us today. This will be a zoom program. This is a NH Humanities program.

Wednesday, Feb. 24  
Phone-In Check out an Expert, 10 a.m.-noon  
Nailed It! Candy Explosion, 2 p.m.

See a master creation by popular baker Chef Allen from Ooo La La Cakes via Zoom, recreate it, and win a \$50 gift

card GRAND PRIZE! All  
ages \*Registration re-  
quired

Thursday, Feb. 25  
Book Discussion, 1-2  
p.m.

This month's book is  
"The Henna Artist" by  
Alka Joshi, a vivid and  
compelling story of one  
woman's struggle for  
fulfillment in 1950s Jai-  
pur. The discussion will  
be led by Maria Suarez,  
and copies of the book  
are available at the front  
desk.

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Phone-In Check out  
an Expert, 10 a.m.-noon  
Nailed It! Candy Ex-  
plosion, 2 p.m.  
See a master creation  
by popular baker Chef  
Allen from Oo La La  
Cakes via Zoom, recre-  
ate it, and win a \$50 gift

on the trail where we cannot practice social distancing. All interested participants must RSVP at least one day prior to each hike.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

Adult curling program continues on Thursday evenings. The Gilford Parks and Recreation Department is sponsoring a pick-up curling program for adults on Thursday evenings. The program will be held on Thursday evenings at the Arthur A. Tilton Gilford Ice Rink from 6:30 - 7:30 p.m. through Feb. 25. Curl-

ing is the sport of “sliding stones” down the ice in an attempt to get your “stones” closer to the target than your opponent. Although this activity is held on the ice, participants do not wear ice skates. Participants should dress to be outside and should wear sneakers or boots. Cost for this program is \$1 per evening and participants can register at the start of the program. All participants are required to wear a facemask during the program!

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

**Thursday, Feb. 18**

**BELMONT**  
Boys' Hoops at Franklin; 6  
Girls' Hoops vs. Franklin; 6

**GILFORD**  
Boys' Hoops at Laconia; 6  
Girls' Hoops vs. Laconia; 6  
Nordic Skiing at Jackson; 3

**WINNISQUAM**  
Hockey at Berlin; 6

**Friday, Feb. 19**

**WINNISQUAM**  
Boys' Hoops vs. Newfound; 6  
Girls' Hoops at Newfound; 6

**Saturday, Feb. 20**

**BELMONT-GILFORD**  
Hockey at Kennett; 4:30

BELMONT  
Boys' Hoops vs. Inter-Lakes; 6  
Girls' Hoops at Inter-Lakes; 6  
Unified Hoops at Berlin; 3  
BELMONT-GILFORD  
Hockey at Kingswood; 8  
GILFORD  
Boys' Hoops vs. Kennett; 6  
Girls' Hoops at Kennett; 6  
**Tuesday, Feb. 23**  
WINNISQUAM  
Boys' Hoops at Plymouth; 6  
Girls' Hoops vs. Plymouth; 6  
**Wednesday, Feb. 24**  
BELMONT-GILFORD  
Hockey vs. Kingswood; 4:30  
WINNISQUAM  
Hockey at Kennett; 6:30  
**Thursday, Feb. 25**  
BELMONT  
Boys' Hoops at Inter-Lakes; 6  
Girls' Hoops vs. Inter-Lakes; 6  
GILFORD  
Boys' Hoops at Kennett; 6  
Girls' Hoops vs. Kennett; 6  
All games are subject to change.

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# Edward Jones: Financial Focus

## Estate Planning for Blended Families

If you're in a blended family, you're already aware of the emotional and financial issues involved in your daily life. But what about the future? When it's time to do your estate planning – and it's never too soon for that – you'll need to be aware of the entanglements and complexities that can get in the way of your vision for leaving the legacy you desire.

You can take comfort in knowing that you're far from alone. More than half of married or cohabiting couples with at least one living parent, or parent-in-law, and at least one adult child, have a "step-kin" relationship, according to a study from researchers at the University of Massachusetts and other schools. That's a lot of estate-planning issues.

Nonetheless, the task does not have to be overwhelming – as long as you put sufficient time and thought into it. Here are some ideas that may help:

- *Seek fairness – but be flexible.* Even in a

nonblended family, it's not always easy to be as equitable as you'd like in your estate plans – too often, someone feels they have been treated unfairly. In a blended family, these problems can be exacerbated: Will biological children feel cheated? Will stepchildren? Keep this in mind: Fair is not always equal – and equal is not always fair. When deciding how to divide your assets, you'll need to make some judgment calls after carefully evaluating the needs of all your family members. There's no guarantee that everyone will be satisfied, but you'll have done your best.

- *Communicate your wishes clearly.* When it comes to estate planning, the best surprise is no surprise – and that's especially true in a blended family. Even if you're the one creating your estate plans, try to involve other family members – and make your wishes and goals clear. You don't have to be specific

down to the last dollar, but you should provide a pretty good overall outline.

- *Consider establishing a revocable living trust.* Everyone's situation is different, but many blended families find that, when making estate plans, a simple will is not enough. Consequently, you may want to establish a revocable living trust, which gives you much more control than a will when it comes to carrying out your wishes. Plus, because you have transferred your assets to the trust, you are no longer technically the owner of these assets, so there's no reason for a court to get involved, which means your estate can likely avoid the time-consuming, expensive and very public process of probate.

- *Choose the right trustee.* If you do set

up a living trust, you'll also need to name a trustee – someone who manages the assets in the trust. Married couples often serve as co-trustees, but this can result in tensions and disagreements. As an alternative, you can hire a professional trustee – someone with the time, experience and neutrality to make appropriate decisions and who can bring new ideas to the process.

Above all else, make sure you have the right estate-planning team in place. You'll certainly need to work with an attorney, and you may also want to bring in your tax advisor and financial professional. Estate planning can be complex – especially with a blended family – and you'll want to make the right moves, right from the start.

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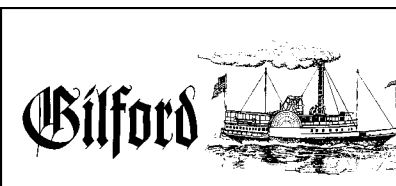
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*Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.*



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# Lakes Region Scholarship Foundation celebrates more than six decades of service to area communities



**Following true COVID protocol, Lakes Region Scholarship Foundation President Lori Fasshauer (center) reaches across the six-foot abyss to present LRSF embroidered vests to outgoing trustees Kevin Dunleavy (left) and Donna Hennessey (right) as a token of appreciation from the LRSF Board of Trustees for 9 years of service to the Foundation.**

GILFORD — On Jan. 20, the Lakes Region Scholarship Foundation held their Annual Board of Trustees meeting.

President, Lori Fasshauer, shared her comments on the accomplishments of the Foundation over the past year in the LRSF Year End Newsletter, which was sent to all the Foundation supporters.

In the letter, she said: “My first year as president has been so rewarding. We awarded 25 scholarships to 295 local students to assist them in the continuation of their education. All this

through the generosity of 276 donors. Scholarship awards this year totaled over \$467,000. Additionally, we were the recipients of 11 new funds, some ongoing and a few one-time. Unfortunately, we were unable to hold our Annual Community Spelling Bee, however, we did send out an Appeal letter to both our Bee and LRSF donors and the response was wonderful! We are so appreciative the continued support that we receive from the community. During such difficult times, the response of the people and businesses in this

community was amazing and humbling! This year the Foundation also tried something new and hosted 1st Annual Community Pumpkin Figure Contest, which generated a lot of interest and really awesome creations! We are hoping to repeat this again next year.”

Also at the meeting, President Fasshauer, led the Board in saying farewell to two board members: Donna Hennessey and Kevin Dunleavy. Fasshauer extended sincere appreciation, on behalf of the Foundation, to both individuals. They will be stepping down

this year after completing a nine-year term limit. She said that both had been invaluable members of the Board. Donna has served as vice-president and then president of the Board during her term in office and was always there whenever we needed a hand, (this final year serving as a judge for our Pumpkin Contest.) Kevin was also always there to help out whenever we needed. He has been especially helpful over the past nine years with the Spelling Bee. He was so instrumental giving his time to help set up and take down of the event and the extremely hard job ushering all of the participants on stage in a timely manner.

Lori Fasshauer continued the meeting recognizing the newly elected board members: Colleen Cass and Semi Shin-Kenison. Colleen Cass lives in Laconia with her husband, Bill. They have four daughters. Colleen graduated from UNH in 1984 with a degree in Business Administration. She presently

works as the IT Director for Lakes Region Community Services. Semi Shin Kenison serves as AVP/Finance Manager directing the daily operations of the Finance department at Bank of New Hampshire. She holds a BS degree from the University of New Hampshire and an MBA from Southern NH University. She lives in Canterbury, NH with her husband and daughter where she enjoys volunteering at the Canterbury elementary school as school savings coordinator and is looking to expand her volunteering in other local community organizations.

LRSF Executive Director, Karen Switzer added, “Despite the restrictions of COVID, we are already planning an outstanding 2021 to follow up our success from the past. Scholarship applications for 2021 are now available online through our Web site: [www.lrscholarship.org](http://www.lrscholarship.org) with an application deadline of Monday, April 1, 2021. The Annalee Thorndike Art Competition committee is working and tentatively planning for their annual art show in April. We hope to hold the exhibit this year by the Gilford Public Library in whatever format is possible. Our Donors’ Day event has been set for the week of May 19th. How we will proceed with holding Donors Day event is not yet clear due to the continued impact of the COVID virus. We have begun planning for our 20th Annual Commu-

nity Spelling Bee, tentatively scheduled for late October at Laconia High School; and due to the favorable response to our First Annual Pumpkin Figure Contest, we intend to hold the Second Annual Pumpkin Figure Contest in October as well. All of this would not be possible without the support of our donors, benefactors and the people, businesses and service organizations that make up our wonderful Lakes Region Community.”

Assistant Director, Amanda Dudek continued Switzer’s remarks on scholarship applications. She added: “Any additional application information or questions may be answered by contacting us either by email [scholarship@lrscholarship.org](mailto:scholarship@lrscholarship.org) or by calling the office at 527-3533. She wanted to let the public know that LRSF also has a number of specially designated scholarships listed on our site. These are available through an additional application process that can be downloaded from our website. One of these exceptions is the Annalee Thorndike Art Competition, which Karen mentioned as well as a few other exceptional scholarship opportunities: The John F. Mullen Memorial Essay Competition, the Leonard A. and Ruth A. Stockwell Essay Competition and the Klaus Biemann Science Essay Competition. Please check our website for the specific requirements to qualify for these awards as well.”

## Fire Department battles blaze at Samoset Condos

On Feb. 9 at 7:07 p.m., Gilford companies were toned to a fire alarm activation at Samoset Condos on Lakeshore Road.

Prior to responding, Lakes Region Mutual Aid re-toned the incident (to include an engine and ladder truck from Laconia) as a building fire. They advised that an occupant was reporting smoke showing from one of the units. A 1st alarm was requested while the fire departments were still responding. Gilford’s Engine 3 arrived to find smoke showing from one of the middle units of a four unit, two and a half story wood framed, residential condominium. After determining an access point a hose line was stretched into the building. Crews were able to knock down the fire as it began to extend upward in the wall between the 2 middle units. Overhaul was extensive in the wall between the units and in the attic. A water supply was established, but not used, at

the Samoset cistern near Lakeshore Road. Tank water was able to extinguish the fire.

The two middle units were not occupied at the time of the fire. The two end units were, and occupants are able to stay in their units tonight.

Chief Stephen Carrier stated, “To stop a fire in the middle units of a four-unit condo is quite an accomplishment. Everyone did a great job. The alarm system provided notification; a back-up call from an occupant reporting smoke; and, great teamwork on the fireground limited the spread of the fire.”

Three Engines, a Tanker, a Rescue, a Utility, and two Command Vehicles responded to the scene from Gilford along with an engine, a ladder, and a Chief from Laconia. Additional Mutual Aid was received from Belmont, Meredith, Tilton-Northfield, and Alton. Gilford Police assisted at the scene. Center Harbor and Franklin



covered the Gilford Station during the fire. Evergreen Property Management and Samoset Board members assisted at the scene, as well.

There were no injuries and no damage to any other buildings or vehicles. Damage is estimated to be at least \$300,000.

The cause of the fire is under investigation.

There was significant fire damage to one unit. Fire burned in the wall space between the 2 middle units. There was less fire damage in the adjoining unit, but extensive smoke and water damage. The two end units remain habitable and the occupants have chosen to stay in place.

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# Lost time is never found again

Lately, we’ve been hearing an awful lot of chirping about how people are too busy. Too busy to catch up with extended family; too busy to grab a workout; too busy to read a book; too busy to do the things we forgot we enjoyed doing. The largest contributor to the lack of free time boils down to time spent at work. Many people in today’s world have two or three jobs to make ends meet. Sometimes, however, we need to make some cuts in our lives to give ourselves something more valuable than money, time. Time is a treasure.

For one, you can’t make more time. Ways to earn money will always be at your fingertips however there is never a way to create more time. There is not a spell book that has the answer to creating more hours in a day or a way to give you more years on Earth. Time is finite, something we all can stand to remember.

Take a moment to think about the fact that you can do more with time off than with a day’s pay. While we all can earn a different amount of money during a shift at work, a day off is the same to all of us. During a day off, you can choose to do what you want with it. Catch up on chores, hike a mountain, catch a movie, enjoy a nice lunch or pick up your dusty guitar and remember how to play the C chord.

Memories hold more stock in our lives, than money. When we think back on our past experiences that brought us fond memories, how many of those were because of money and how many were because of another person? Travel of course costs money, or the purchase of a fancy boat, however it is the simple moments that are always the ones that count.

At the end of a person’s life, you will never hear them say they wished they had more money, however you will hear them say they wished they had more time. A good question to ask yourself if you had a short time to live, ‘would you like \$5 million dollars or ten more years to live?’ The answer is obvious.

A survey of roughly 5,000 people was conducted to back up the fact that most people prefer time over money. Most people opted to take a position with less hours and less money over long hours with a high salary. Young people, who have more time ahead of them, did choose to make more money, however this proves the point that if you have less time, you value it more.

Money changes in value every day; time does not. Think about the price tag you would place on a three-hour beach day with good friends. In the time of a pandemic these moments become even more important.

Time brings us awareness and clarity and gives us a chance to figure out the person we want to be or already are. These things cannot be bought. Sure we need money to live, however time is what puts life, into our lives. Often we need to get creative about how we can give ourselves more time. We must always remember to protect and prioritize our time.

## Send us your letters!

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We’re looking forward to hearing from you!

## Lions bearing baskets

Laconia-Gilford Lions Club members continued their annual Christmas tradition of preparing holiday food baskets for disadvantaged area families. Twenty-four baskets, each filled with canned and non-perishable food items, plus a ham and a chicken, were delivered to or picked up by area faith groups and charitable organizations for distribution to recipients. “This event is always special,” commented Club President Matt Soza, “but this year’s is particularly meaningful as the effort dovetails nicely with our ongoing ‘Step Up to the Plate’ campaign targeting food insecurity issues in our community. We also had to overcome extra challenges this time due to the pandemic. I’d like to publicly thank Club members for their help. And also our gratitude to the Vineyard Church in Lakeport, for serving as a staging area for the project. “The Lakes Region Vineyard Church is located at 175 Mechanic St. in Laconia. To learn about the Laconia-Gilford Lions call 998-5549.



North Country Notebook

# Old hotels, thriving downtowns, and riding the rails to Labrador



By JOHN HARRIGAN  
COLUMNIST

I love old buildings, especially old hotels in old downtowns, both the kind of places you can find character, and sometimes characters. Often you can find an old hotel without much for a downtown; all too seldom can you find both. So I’ve tended to seek out such places, and as a result have stayed in many a fine old creaky-floored hotel in many a healthy and walkable downtown. Littleton and Tilton come most recently to mind. Still, such combinations seem, on the whole, to be scarcer than hens’ teeth.

Now I can only hope that I’m going to hear from readers about the many old-time hotels they know about in still-vibrant downtowns, and of course lots of characters hanging around, and that’s fine. I’ll chalk it all up to homework. And hearing from readers is one of the better parts of the job.

Perhaps for some of the same reasons, I’m drawn to traveling by train. Ergo, I’ve taken almost every long-distance train on the continent, including the Quebec North Shore and Labrador Railroad when it still had an actual dining car. That trip was somewhere around 1975, with Norton Kelly of Derry. The next year I went up again with John Lanier and Merton (Butch) Chase of Belmont. The attraction, for us, was the Menihek Rapids in Labrador, a drop-off point at about Mile Marker 330 on the 360-mile line. The Mistassini, Montagnais, and Cree had been fishing the rapids at Menihek for centuries. There were fishing camps there.

Those were the beginning of what would be 13 trips to Labrador, about 1,000 miles from my home in northern New Hampshire. “I didn’t know there was anything a thousand miles north of your house,” an incredulous friend observed. First impressions can be telling. I can remember thinking on that first trip, when I was in an open boat in those huge rapids on the way down-river into camp, “Labrador is a place waiting to kill you.” That thought never left me, in all my trips up, traveling all over the land and water (mostly water). I’ve long known it was a well-trod thought.

On one of our trips, Butch Chase and I decided we wanted to go to Shoal Lake, an obscure and (according to camp-talk) seldom-visited place. With a Cree guide, we pushed, shoved, and hauled a 14-foot boat up brooks and across ponds and up ever-smaller brooks until we gained the outlet of Shoal Lake. Surely, I thought, few people have fished here except maybe from a floatplane. A few minutes later we were coasting toward the far shore when I looked down to the bottom and saw a Fanta can, and my idyllic vision dissolved. And a few minutes later we saw the remains of a century-old Hudson’s Bay trading post, one of our reasons for going there. And after all there was Paul, running the motor. His people had been there long, long before.

Around a cape from the trading post, we saw the tops of two crane-like devices above the spruces, and went ashore to investigate. They were old core-drilling rigs from the early 1950s, used to explore for iron ore.

This work paid off, and the reason for the railroad was the iron-ore mines at Schefferville, at the end of the line. The rails were 122 pounds to the foot, the highest rail made, and carried hopper cars filled with pel-



Quebec Province and Labrador (upper right), which is paired with Newfoundland, site of the earliest known European settlements at L’Ans aux Meadows in about 1000 A.D. (Courtesy infoplease)

lets of iron ore, bound for ships at the other end of the line at Sept Isles, or Seven Islands. Crews regularly replaced the quarter-mile rails on curves, where the heavy cars caused the most wear. Sept Isles was a booming town in the fashion of many mining towns, and had abundant accommodations, food, and other attractions. But we were most often beat from the 650-mile road trip, and the train left early in the morning.

Somewhere I saw a news item about the possible rehabilitation of the old Cohas Shoe Factory building in south Manchester, along Mammoth Road. This is close to the old ox-cart and wagon road that Route 28 follows down the east side of the Merrimack River into Londonderry.

Cohas Brook flows into the Merrimack River just below Manchester. It is no great stretch in the vernacular sense from Cohas to Cohasse, which was the old name for the intervalles (wide valleys) in an entirely different watershed. The Cohasse Intervalles are on the Connecticut River, a tired crow’s flight to

the west—and on the old maps, there are two sets of them. The Lower Cohasse Intervalles were (and are) in the Woodsville to Hanover stretch of the Connecticut. For many years, they were the northernmost European settlements. The Fifteen Mile Falls, now somewhat submerged, were a mental and physical barrier. In 1759, during the French and Indian War, Rogers’ Rangers sought to strike a knockout blow with a raid on the village of St. Francis, just below Montreal. Elements of the Rangers came out along the Upper Cohasse Intervalles during their retreat, and noted the broad valleys and fertile soil. Settlements soon followed. Out in Oregon, there’s a place called Coos Bay, but it doesn’t have quite the same history as ours or even Manchester’s, so they pronounce it “Cooze.”

Go figure.

(Please address mail, with phone numbers in case of questions, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)



# Bulldogs get offense going, knock off Lakers



Owen Guerin of Belmont-Gilford looks to turn the puck away from Kameron Young of Laconia-Winnisquam-Inter-Lakes on Saturday.



Zach Gilbert skates the puck into the zone during action at the Merrill Fay Arena on Saturday.



Evan Rollins flashes his glove to snag a Belmont-Gilford shot in action Saturday in Laconia.

BY JOSHUA SPAULDING  
Sports Editor

LACONIA — The two high school hockey teams that call the Merrill Fay Arena home took to the ice on Saturday for the third time in the week, with the Belmont-Gilford Bulldogs knocking off the Laconia-Winnisquam-Inter-Lakes Lakers by a 5-3 score.

“The 1-0 loss in Berlin (last Saturday), it still felt like we played a good game,” said Belmont-Gilford coach Jason Parent, who had watched as his team struggled to score goals early in the season.

“This week, playing our cross-rink rival, it is always interesting games. “And we’ve scored five goals or more in the last three games,” Parent added.

Belmont-Gilford got an early power play chance, but the Lakers did a nice job killing off the penalty, including a good clear from Andrew Spicuzza.

However, just seven seconds after the power play ended, the Bulldogs were able to get on the board, as Zach Gilbert snapped a shot past Laker goalie Evan Rollins on assists from Brady Lo-

gan and Owen Guerin.

The Lakers got a shot from Ethan Bickford that Bulldog keeper Colin McGreevy turned away but it didn’t take long for the Bulldogs to double the lead, as Eric Ellingson put the puck in the net on a nice feed from Jackson Collins with 10:51 to go in the first period. Logan also picked up an assist on the tally.

Belmont-Gilford continued to attack, with Rollins standing tall on a couple of bids, including one from Logan while at the other end, Ryan Bousquet sent a shot wide for the Lakers.

LWI got a power play with 9:44 to go in the first period and just 19 seconds later, the Lakers had their first goal, with Zach Cafarella sending a shot from the point that McGreevy was able to stop. Zack Spicuzza got to the rebound and McGreevy also made that stop, but Kameron Young was able to put the Lakers on the board with 9:25 to go in the first period.

Guerin had a chance for the Bulldogs that the Laker defense turned away while Bickford had a chance that McGreevy stopped. Belmont-Gilford got a power play with 6:21 to go, with

Adam Ribeiro getting a shot on net that Rollins stopped. Young also had a good clear for the Lakers to help kill off the penalty.

Rollins made a good save on another chance from the Bulldogs while Young had a nice centering pass at the other end. Belmont-Gilford got a late power play, with Guerin and Aidan McKenzie getting good chances while Zack Spicuzza and Carter Smith had good clears for the Lakers to help kill off the penalty. Young had a late shot on net for the Lakers that McGreevy turned away and the period ended with Belmont-Gilford up 2-1.

The Bulldogs put together a number of great chances to start the second period, with Guerin getting three good bids that Rollins stopped, while McKenzie and Ribeiro each had chances as well, but Rollins was up to the challenge.

With 10:24 to go in the period, the Lakers got a power play chance and had some good bids, with Young, Andrew Spicuzza and Smith sending shots just wide of the net, while Bickford had one ring off the post and Andrew Spicuzza had one stopped by McGreevy.

Gilbert had a short-handed breakaway for the Bulldogs that Rollins was able to stop and the power play was killed off. Logan and Young exchanged shots wide of the net while Collins had a shot that Rollins stopped.

With 5:52 to go in the second, Guerin had a shot on net that Rollins turned away but Ellingson was there for the rebound to push the Belmont-Gilford lead to 3-1. Both teams had some chances in the zone and with 3:07 to go, Belmont-Gilford went on the power play. Ribeiro, Lo-

gan, Gilbert and Guerin all had chances that Rollins stopped and Bickford and Zack Spicuzza had good clears.

With 1:13 to go in the period, Belmont-Gilford took a penalty, which led to six seconds of four-on-four action and then the rest of the period on a Laker power play, with Bousquet getting in close for a chance, but McGreevy held tight and the period ended with the Bulldogs up 3-1.

The Lakers had 47 seconds of power play to start the third, with Young getting a shot on net while Gilbert was able to control the clock to kill off the penalty.

LWI cut the lead to 3-2 with less than a minute and a half gone in the period, as Young got in close and after McGreevy made a save, Young poked the rebound home on an assist from Zack Spicuzza.

After Smith had a chance in close for the Lakers, B-G came back with shots from Zoltan Stefan, Collins and Brendan Folan, all of which Rollins was able to stop. Belmont-Gilford got a power play with 11:35 to go and Guerin and Gilbert had multiple chances on net, but again Rollins stood tall to help kill off the penalty.

The Lakers got a power play with 7:47 to go and the Bulldogs did a nice job of killing off the chance, but with 4:02 to go, the Lakers tied the game with Young getting in on a breakaway chance and burying it

past McGreevy on an assist from Bickford.

With overtime looming, the Bulldogs were able to strike with just less than two minutes to go, with Folan scoring on an assist from Guerin for the 4-3 lead. The Lakers got some late chances, including from Young, but with six seconds to go, Stefan buried an empty net goal from the other end of the ice for the 5-3 final.

“You want to be playing your best hockey going into the playoffs,” Parent said, noting the Bulldogs are working to play as many games as possible. After a game with Kennett after deadline Monday had to be cancelled, the Bulldogs scheduled a game with Sanborn.

“We have a strong defense, we’re built good in the back end,” Parent stated. “Even when we don’t put pucks in the net, we feel we’re in games.”

The Lakers are scheduled to be at Berlin today, Feb. 18, and then will be on the road at Kennett on Wednesday, Feb. 24, at 6:30 p.m.

The Bulldogs will be at Kennett on Saturday, Feb. 20, at 4:30 p.m. and will play Kingswood on Monday, Feb. 22, at 8 p.m. in Wolfeboro and will be hosting Kingswood on Wednesday, Feb. 24, at 4:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).



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**LEGAL NOTICE**

The Belmont Supervisors of the Checklist will be in public session for any additions, changes, or corrections to be made to the voter checklist at the Belmont Town Hall, 143 Main Street, Belmont NH on:  
Saturday, February 27, 2021,  
from 11 am – 11:30 a.m.

DUE TO COVID restrictions,  
MASKS are required.

**Supervisors of the Voter Checklist:**  
Brenda Paquette,  
Donna Shepherd, Nikki Wheeler

**LEGAL NOTICE**

The Canterbury Supervisors of the Checklist will be in public session at Elkins Public Library, 9 Center Rd, Canterbury, NH for any changes and corrections to be made to the vote checklist on:  
Saturday, February 27, 2021,  
from 11 - 11:30 a.m.

**Supervisors of the Voter Checklist:**  
Mary Ann Winograd,  
Denise Sojka, Brenda Murray



# Gilford girls ski to second-straight title



The Gilford girls' alpine team celebrates the Division III championship at Gunstock last week.



Kendall Jones blasts through a turn during last week's state championships.

BY BOB MARTIN  
Contributing Writer

GILFORD — The Gilford girls' alpine team came out on top this year at the Division 3 state championship meet last Monday at Gunstock, making it two years in a row for the Eagles claiming the state title.

In the morning giant slalom race, Gilford was

led by Bethany Tanner, who finished third with a time combined time of 1:17.12. Sophia Lehr was fifth with a time of 1:18.21; Shealagh Brown was ninth with a time of 1:18.88; Kendall Jones was 13th with a time of 1:21.25; Tessa Tanner was 16th with a time of 1:24.38 and Delilah Smock was 21st with a

time of 1:26.67. In the slalom race, the girls' team finished third and was again led by Bethany Tanner with a time of 55.75. Brown was 11th with a time of 1:00.70; Jones was 14th with a time of 1:01.91; Smock was 15th with a time of 1:02.17; Lehr was 22nd with a time of 1:12.06; Tessa Tanner



Shealagh Brown navigates the slalom course at Gunstock last week.

was 23rd with a time of 1:12.21 and Madeline Burlock was 42nd with a time of 1:27.18.

Plymouth The Plymouth girls finished as the Division III runners-up in their first year in the division. In the giant slalom, the Bobcats were second and led by Holly Hoyt with a time of 1:18.35, good for sixth place. Sumaj Billin was seventh with a time of 1:18.44; Sam Meier was 11th with a time of 1:20.75; Halle Kozak was 12th with a time of 1:21.00; Ella Wieser was 14th with a time of 1:21.29 and Maya Duarte was 28th with a time of 1:32.07.

In slalom, Plymouth placed second with and was led by Meier with a combined time of 58.46. Wieser was 10th with a time of 1:00.19; Kozak was 12th with a time of 1:00.80; Hoyt was 13th with a time of 1:01.90 and Duarte was 18th with a time of 1:06.81.

Prospect Mountain Prospect Mountain finished ninth in giant slalom and was led by Reese Burke with a combined time of 1:33.17, good for 32nd. Abby Swenson was 39th with a time of 1:36.07; Grace Simensen was 40th with a time of 1:38.00; Amber Fernald was 47th with a time of 1:43.67 and Gabby Greeley was 59th with a time of 2:00.20.

In the slalom race, Prospect Mountain was eighth and was led by Simensen who was 28th with a time of 1:16.71. Swenson was 29th with a time of 1:17.45; Fernald was 45th with a time of 1:30.73; Burke was 48th with a time of 1:32.77.

Raiders were 12th with Cate McDonald as the lone skier, posting a time of 1:34.71, good for 50th. In the giant slalom, McDonald was 54th with a time of 1:49.60.

Newfound Newfound was 10th in the slalom with Hannah Owen the top skier with a 31st place time of 1:19.45. Lily Karkheck was 46th with a time of 1:31.59 and Rebecca Dillon was 55th with a time of 1:45.52. In the giant slalom, Newfound was 11th and Owen placed 43rd with a time of 1:39.08. Karkheck was 46th with a time of 1:43.62 and Dillon was 48th with a time of 1:45.80.

Belmont In slalom the Red

## Laconia resident Benjamin Beliveau named to Worcester Polytechnic Institute's Fall 2020 Dean's List

WORCESTER, Mass. — Worcester Polytechnic Institute (WPI) has announced that Benjamin Beliveau of Laconia, NH, a member of the class of 22 majoring in Environmental Engineering, was named to the university's Dean's List for academic excellence for the fall 2020 semester.

A total of 2,078 undergraduate students achieved the criteria required for WPI's fall 2020 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on open-ended problems for communities around the world. The problems are important and the impact is real," said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

About Worcester Polytechnic Institute WPI, the global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 50 bachelor's, master's, and doctoral degree programs across 14 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. [www.wpi.edu](http://www.wpi.edu)

# Gilford swimmers outdistance St. Thomas



Catherine Pingol prepares to dive in during relay action.



Lauren Sikoski swims the 100 butterfly.

CONCORD — The Gilford High School swim team competed in a dual meet during the week of Feb. 1 against Saint Thomas Aquinas. Before the meet, the team honored the seniors. Madison Heyman, Catherine Pingol, and Lauren Sikoski were honored with flowers and participated in the annual senior jump-in.

The first event of the meet was the 200-yard medley relay consisting backstroke, breaststroke, butterfly and freestyle. The relay team of Jessica Gannon, Elise Bartley, Sikoski and Taryn Wernig came in first place for opening relay. Claire Bartley, Avery Totten and Pingol placed second, third and fourth in 50 free, while

Aidan Malek captured second place in the same event for the boys. Pingol completed the 100 butterfly in first place. In the second half of the meet, Claire Bartley, Bridget Wilcox and Totten finished first, second and third in the 100 back. In the 100 breaststroke, Sikoski came in first place followed by Wernig in second. The two Gilford girls' relay teams captured first and



Jessica Gannon swims the breaststroke for Gilford.



Madison Heyman swims the breaststroke for the Gilford swim team.

second place in the 400 freestyle relay. The seniors, Heyman, Pingol, and Sikoski swam together with Claire Bartley in this last event. The second relay team saw Wilcox, Totten, Gannon and Elise Bartley compete together.

The girls outscored St Thomas Aquinas 67 to 30.



FESTIVAL

(Continued from Page A1)

wife makes him promise he will marry a woman as beautiful as her. The king decides the only one who meets that standard is his daughter and seeks to marry her, though she runs away.

“It’s interesting to see things targeted to younger people with more mature themes,” Sasserson said.

She said she had a vision for this play.

The performance will be recorded at school and submitted to the festival. Sasserson said this production will be a mix of live stage performance and film. She is already experienced with filming. She has been making videos on her YouTube channel since she was in middle school and recently performed another show over Zoom.

Rehearsals started a few weeks ago. Sasserson said she is really

happy to have the opportunity to do festival, especially in her senior year. Last year she was part of the festival productions that were canceled with the onset of COVID-19.

“It’s really exciting that I still get to do this,” Sasserson said.

A few more students will be returning for festival while this will be the first festival for a few others. She said it’s nice to get that experience, even if it is in a different format.

Anna Cook plays Al-leirleirauh.

“She has a lot of innocence about her and she’s kind of naïve to the world,” Cook said. “She likes to take charge, but she can’t really.”

Cook is going into her third festival and is really happy to be doing this.

“I’d much rather have something like this than nothing at all,” Cook

said.

Tyler Brown plays the king who wants to marry his daughter.

This is his first year in festival and said all his friends were involved before the pandemic hit, including Sasserson who is one of his best friends.

He said it is great to see that side of his friend while also being part of this.

Kathryn Osburn plays Laura, one of the sisters in the group.

“She’s kind of the leader of the little friend group,” Osburn said. “She’s very headstrong and she wants everything to be prim and proper, but the other children are playing.”

Osburn was supposed to be in the festival last year.

“It was really fun to be able to do a festival show,” Osburn said.

She said she’s glad Sasserson is directing



PHOTOS BY ERIN PLUMMER

Gilford High School students are working on their production of “Al-leirleirauh” that will be recorded and submitted to a virtual version of the New Hampshire Educational Theatre Guild Festival.

it and they have a great group to work with.

Jacqueline Nash plays Heidi, the youngest of a group of sisters who Nash said always wants to be included.

Nash said she is “super thrilled” to do the festival because she wasn’t able to take part last year.

“I was hoping that we’d get to do some-

thing,” Nash said. “I’m super psyched we get to do this scene from the show. They came up with a really good opportunity for festival to feel as normal as possible.”

GIRLS

(Continued from Page A1)

Knights to cut the lead to three. Flanders sank two free throws and then Carr and Flanders hit back-to-back baskets, stretching Gilford’s lead to 31-22.

Hobbs kept Kingswood in the game with a three-pointer but Gilford got back-to-back baskets from Sanderson and Carr to make it a 10-point game. Shannon got a basket for Kingswood but Tea Rodney answered with a basket at the other end for Gilford and then Shute and Flanders finished off the quarter with baskets for a 41-27 lead heading to the final eight minutes.

With hoops from Hughes and Christi-

na Segalini to open the fourth quarter, Gilford’s lead was pushed to 45-27, but Kingswood started fighting back.

Shannon hit a free throw and then drained a field goal and a three-pointer to cut the lead to 45-33. Gilford got a free throw from Sanderson but Shannon responded with consecutive three-pointers and then Hobbs hit two free throws to cut the lead to 46-41 with 1:30 to go in the game.

Hughes responded with a basket, Flanders put back a rebound and also hit two free throws to finish off the scoring for the Golden Eagles while Shannon added two more free throws for the final Knight points.

“It was not a good shooting night, but enough to put us over the top,” Forge stated. “Anytime you play is good, any time you win is a bonus.

“We’ll put it in the win column and move on from there,” the Golden Eagle coach added.

“To be competitive, we can’t turn the ball over that many times,” Garabedian said. “We are scoring more points, when they run the offense, they generally produce points.

“We have a lot of young girls still learning to play defense and that comes with practice,” the Knight coach continued. “They’re working hard, no complaints about that.

“We know what the issue is and hopefully by the time we get toward the playoffs, we can get

that corrected,” Garabedian said.

Flanders led the Golden Eagles with 14 points and Hughes added 10 points while Shannon finished with 15 to lead the Knights. Flanders also had nine steals while Sanderson had 14 rebounds and Hughes added 10 boards.

Kingswood is scheduled to visit Plymouth today, Feb. 18, and will be playing Moultonborough next week, on the road on Monday, Feb. 22, and at home on Thursday, Feb. 25, all with 6 p.m. starts.

Gilford will be hosting Laconia tonight, Feb. 18, and will play Kennett next week, on the road on Monday, Feb. 22, and at home on Thursday, Feb. 25, all with 6 p.m.

Gilford 52  
Guyer 1-0-3, Segalini 1-0-2, Carr 3-1-7, Sanderson 3-2-8, Flanders 4-6-14, Dumond 1-0-2, Hughes 5-0-10, Shute 2-0-4, Rodney 1-0-2, Totals 21-9-52

Kingswood 43  
Hobbs 1-3-6, Ekstrom

3-0-9, Elridge 1-0-2, Drew 0-3-3, Stevens 2-2-6, Nelson 1-0-2, Shannon 5-3-15, Totals 13-11-43

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

GUNSTOCK

(Continued from Page A1)

Winter Prime Pass or lift ticket. Those with a mid-week pass must purchase their lift tickets in advance. The Welcome Center will be open at 7 a.m. for people to pick up their RFID cards after pre-purchasing a ticket.

Women can take part in a special class on Feb. 27-28 for Ladies Love Winter. Women ages 16 and over are welcome to sign up for the two-day ski course running from 9 a.m.-3:30 p.m. both days. Participants of lower intermediate through advanced skill level are welcome. Participants are asked to bring their ski pass or lift ticket, equipment, and money for lunch and après ski. A full itinerary for the two days can be found at gunstock.com.

Visit gunstock.com for more information on all these events or call the Welcome center at 293-4341.



Gilford’s Lindsey Sanderson puts up her defensive stance against Kingswood’s Allie Drew in action last Monday.

Gilford Public Library  
hosting virtual NH  
Humanities event

On Tuesday, Feb. 23 at 5 p.m., the Gilford Public Library will be hosting a New Hampshire Humanities virtual program: “The Granite Gallows.”

As one of the last northeastern states with capital punishment still on the books and with its first person on death row since 1939, New Hampshire continues to struggle with this controversial issue. Chris Benedetto examines the history of the death penalty in New Hampshire and the major legal and social issues which challenged our predecessors, revealing that many of these issues still haunt us today. This is a Zoom event and the link to join the event will be on gilfordlibrary.org as well as the Gilford Public Library Facebook page.

Laconia Adult Education Spring 2021 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
Quilt As You Go- Table Runners	Tues	3/16/21	6:30-8:30	4 weeks	*\$20.00*	LHS-828	Ardy Eaton
Health & Wellness							
Beginner Ballroom Dancing- Couple	Tues	3/16/21	6:45-7:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Beginner Rumba and Cha Cha	Tues	3/16/21	5:45-6:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Beginner West Coast Swing Dancing- Couple	Tues	3/16/21	7:45-8:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Beyond Beginner Ballroom Dancing- Couple	Mon	3/15/21	6:45-7:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Freedom Through Forgiveness	Thurs	4/8/21	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Intermediate Ballroom Dancing-Couple	Mon	3/15/21	7:45-8:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Introduction to Spiritual Energies	Thurs	3/18/21	8:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Line Dancing- Vintage Style	Mon	3/15/21	5:45-6:45	6 weeks	\$65.00	LHS-Café	Juli Pruden
Meditation 101	Thurs	4/1/21	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
What are Angels & How to Communicate with them	Thurs	3/25/21	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Yoga for Everyone: Beginning	Tues	3/16/21	5:00-6:15	8 weeks	*\$55.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning	Thurs	3/18/21	5:00-6:15	8 weeks	*\$55.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning	Tues&Thurs	3/16/21	5:00-6:15	8 weeks	*\$85.00*	ctc-H234	Bonnie Morin
Informational Classes/Seminars							
A Paddler's Guide to Safety	Wed	3/17/21	6:00-8:00	2 weeks	\$40.00	Remote	USCG Auxiliary Instructor
Estate, Wills, Trusts & Guardianship Planning	Tues	3/16/21	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Estate, Wills, Trusts & Guardianship Planning	Tues	4/13/21	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Introduction to Basic Boating Safety	Wed	3/10/21	6:00-8:00	1 week	\$20.00	Remote	USCG Auxiliary Instructor
Reading Nautical Charts	Wed	3/11/21	6:00-8:00	1 week	\$20.00	Remote	USCG Auxiliary Instructor
Savvy Social Security & Medicare Planning	Wed	3/17/21	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Smart Retirement Strategies	Wed	3/24/21	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Suddenly in Command	Mon	4/5/21	6:00-8:00	2 weeks	\$40.00	Remote	USCG Auxiliary Instructor
Wealth Planning 101	Wed	3/31/21	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Weather & Boating	Mon	3/29/21	6:00-8:00	1 week	\$20.00	Remote	USCG Auxiliary Instructor
Language							
French Travel and Language	Mon	3/15/21	7:00-8:15	5 weeks	\$40.00	LHS-201	Marta Burke
Spanish for Beginners	Mon	3/15/21	8:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	3/15/21	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	3/15/21	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Woodworking	Thurs	3/18/21	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Ed Philpot
Digital Photography I	Fri	3/5/21	6:00-8:00	5 weeks	\$50.00	Remote	Steve McGrath
Dog Obedience: Advanced/Canine Good Citizen	Wed	3/17/21	7:00-8:00	8 weeks	*\$70.00*	WH5	Carolyn Bancroft
Dog Obedience: Beginning	Wed	3/17/21	6:00-7:00	8 weeks	*\$70.00*	WH5	Carolyn Bancroft
Guitar	Tues	3/16/21	7:00-8:00	8 weeks	\$60.00	LHS-813	Matthew Wood
Open Shop Woodworking	Tues	3/16/21	6:00-8:30	10 weeks	\$110.00	LHS-517	Ed Philpot

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\* Additional Supply/book fee or pre-class requirement is additional in this course.

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MEET

er in each run and had a combined time of 1:01.68. He was followed by Nathan Lorrey with a sixth place time of 1:04.57; Colin Roper with an 11th place time of 1:06.91; Justin Collins with a time of 1:08.70 for 16th place; Ryan Borg-er with a time of 1:14.26 for 28th place and Mat-thew Lorrey with a time of 1:39.35 for 52nd place.

In the slalom, Welch won both runs and had a combined time of 47.32. Matthew Lorrey was eighth with a time of 52.87; Nathan Lorrey was 14th with a time of 54.35; Colin Roper was 16th

with a time of 55.28; Col-lins was 18th with a time of 58.37 and Borger was 23rd with a time of 1:04.73.

Gilford

In the giant slalom, the Golden Eagles were fifth and led by Morgan McCarthy with a com-bined time of 1:02.96 for third place. Cole Howard was eighth with a time of 1:05.50; Caleb Clough was 27th with a time of 1:14.17; Haukur Karlson was 34th with a time 1:17.50; Pat-rick Gandini was 36th with a time of 1:17.58.

In the slalom, McCar-thy was third with a com-

bined time of 49.67. How-ard was ninth with a time of 53.36 for ninth place; Karlson was 27th with a time of 1:11.22; Gandini was 37th with a time of 1:19.76 and Clough was 47th with a time of 1:51.43.

Coach Tyler Davis was happy that the girls' team was able to get its second straight division title and said that in a year full of hurdles to overcome, he couldn't have been happier with the Golden Eagles. He also thanked Gunstock for making it possible to not only have meets but be able to have a place to practice

throughout the winter.

"I can't thank Gun-stock enough to get these races in this year," Davis said. "It was a really good thing for everyone to be able to come out, hold races and have a season. That was huge."

Belmont

Belmont was sixth in the giant slalom, led by Mitchell Berry with a combined time of 1:03.75. Tanner McKim was 21st with a time of 1:09.83; Dylan Flanagan was 30th with a time of 1:14.77; Ty-ler Flanagan was 35th with a time of 1:17.55 and

Hunter Haht-Acers was 46th with a time of 1:25.93.

The Red Raiders were seventh place in the sla-lom and were led by Ber-ry with a combined time of 59.15. Dylan Flanagan was 30th with a time of 1:13.30; Tyler Flanagan was 31st with a time of 1:13.48; McKim was 41st with a time of 1:27.93; Haht-Acers was 44th with a time of 1:32.48 and Gavin Croteau was 46th with a time of 1:38.30.

Newfound

In slalom, the Bears were eighth and led by Matthew Karkheck with

a time of 1:02.07 for 21st place. Broderick Edwards was 29th with a time of 1:12.44; Owen Henry was 35th with a time of 1:18.84; Dalton Dion was 38th with a time of 1:19.78 and Becket Van Lenten was 49th with a time of 1:58.32.

In the giant slalom, Edwards was 32nd with a combined time of 1:17.05; Jacob Blouin was 37th with a time of 1:18.26; Dion was a time of 1:20.12; Van Lenten was 43rd with a time of 1:21.19 and Owen Henry was 44th with a time of 1:21.65.

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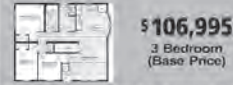

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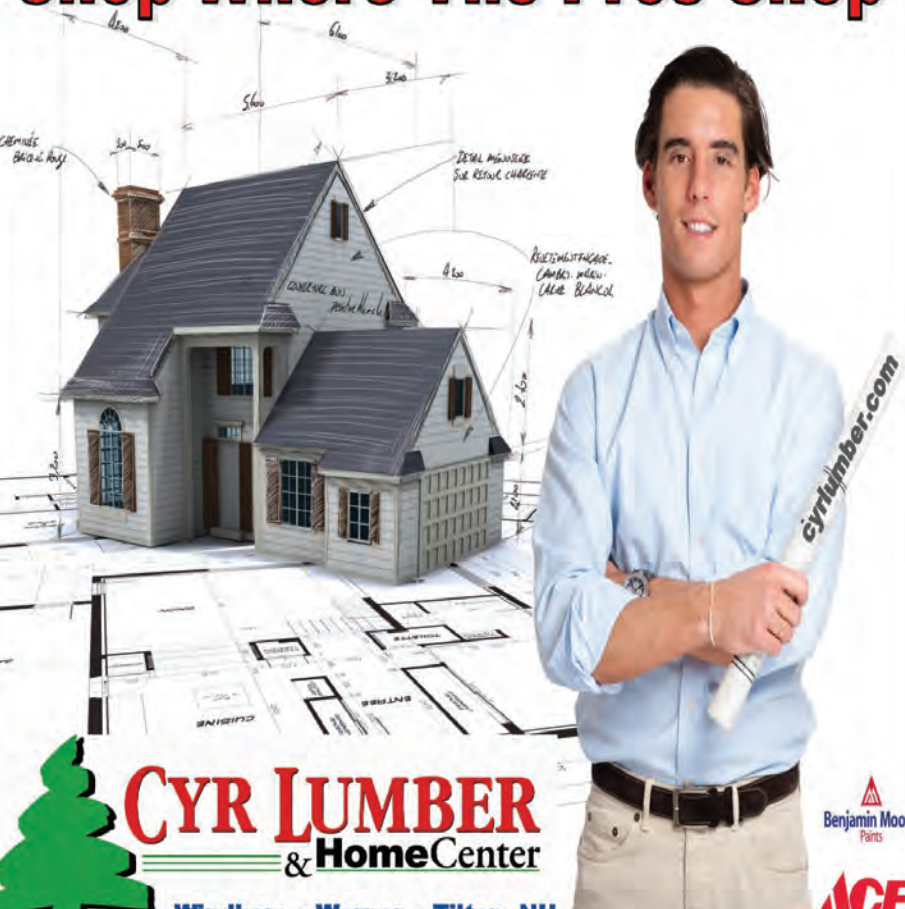
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KATHY SUTHERLAND

Isaiah Reese drives to the basket during his team's win over Kingswood in Wolfeboro last week. The Golden Eagles started the week with a 65-51 home win over the Knights and then defeated them 64-50 in Wolfeboro to close the week. Gilford is scheduled to be at Laconia today, Feb. 18, and then play Kennett next week, at home on Monday, Feb. 22, and in North Conway on Thursday, Feb. 25, with all game times scheduled for 6 p.m.



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