



COURTESY PHOTO

### New members

Prospect Mountain High School National Honor Society held its induction ceremony on Nov. 12. The new inductees include (back row, l to r), Maya Corriveau, Lara Renner, Alex Ludwig, Madeline Kriete, Fiona Wilson. Front row (l to r), Audrey Jacques, Natalie Cates, Patrick Hussey, Kelly Barnes and Kassidy Kelley. For more on the NHS, see page A5.

## Light Up Night is Saturday

ALTON — Light up Night is Saturday, Dec. 7, from 5 to 7:30 p.m. Join the community as they celebrate the festive holiday lighting. All ages are invited to attend.

Activities include:

- 5 p.m. - Santa arrives at Town Hall by firetruck;
- 5-6:15 p.m. - Visit with Santa at Town Hall;
- 5-6:15 p.m. - Holiday crafts for kids at Town Hall;
- 5-6:15 p.m. - Photo with Frosty outside Town Hall on Main Street;
- 5-6:45 p.m. - Open house at Gilman Museum, museum displays, music and refreshments;
- 5-6:30 p.m. - Holiday hayride sponsored by Alton Home and Lumber;
- 6:15-6:30 p.m. - Caroling led by Carolyn Schaeffner and Santa from Town Hall to Ginny Douglas Park;
- 6:30 p.m. - Tree lighting at Ginny Douglas Park sponsored by the Alton Business Association;
- 7 p.m. - Prospect Mountain High School Chamber Singers present “A Yuletide Celebration” at the Community Church of Alton, featuring music of Leroy Anderson, Alfred Burt and Dan Forrest.

The Alton Business Association will be hosting the Festival of Trees and gingerbread decorating contest on Dec. 7 from 11 a.m. to 8 p.m. at the Gilman Museum, visit [www.altonbusinessassociation.com](http://www.altonbusinessassociation.com).

For more information on Light Up Night events, contact the Alton Parks and Recreation Department at 875-0109 or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

## All welcome at Tree of Memories ceremony

ALTON — Central New Hampshire VNA and Hospice invites everyone to attend the upcoming Tree of Memories Celebration of Life to be held on Saturday, Dec. 7, at 11 a.m. at the Medical Art Building lobby at Huggins Hospital, Wolfeboro, the Pearson Road Center/Senior Center, Alton, Wakefield Town Hall and the Moulton Farm, Meredith. The celebration offers the opportunity for folks to come together and remember the lives of family, friends and neighbors. This event provides an opportunity to remember the lives of loved ones by placing an inscribed porcelain dove, a symbol of serenity, peace and tranquility, on one of the lighted trees. For more information, contact Central New Hampshire VNA and Hospice at 1-800-244-8549 or 569-2729.

Central New Hampshire VNA and Hospice provides care focused on maintaining dignity, increasing quality of life, and providing comfort, including pain and symptom management. Hospice recognizes that every person’s experience will be different and the hospice team creates a plan of care according to the individual needs and wishes of each patient. With fully certified hospice care practitioners and a Medicare certified program, the care we provide is held to the highest of standards.

Providing care to New Hampshire’s Lakes Region since 1918, the mission of Central New Hampshire VNA and Hospice is “Promoting dignity, independence, and well-being through the delivery of quality home health, hospice and community-based care services.” Central New Hampshire VNA and Hospice serves Lakes Region communities in Belknap and Southern Carroll County and provides home care (nursing and rehabilitation services in the home); pediatric care (direct healthcare, education

## “RISE-giving” gives thanks to ACS staff



COURTESY PHOTO

ALTON CENTRAL SCHOOL’S RISE program held its sixth annual Thanksgiving dinner to thank school staff members

ALTON — Last week, the ACS RISE program had its sixth annual Thanksgiving dinner to thank the Alton Central School staff. RISE stands for Reaching Independence through Structured Education. The RISE program is for students who have difficulty learning in traditional ways and require functional, social and life skills opportunities.

Thanksgiving dinner is a very big project that RISE students pride themselves on. Numerous hours go into planning the dinner. This starts by students creating a list of teachers and staff to invite, creating invitations and then hand delivering the invitations to the staff.

After the invite list was complete and the in-

vitations were delivered, the students brainstorm the types of food they traditionally have at their Thanksgiving dinner. The students came up with a long list of ideas and discussed the different traditions that each student has with their families. The students then decided what foods would be on the menu for the ACS Thanksgiving dinner.

The students chose the dishes they would be preparing for the dinner and worked in pairs to find recipes online that they would like to make and created lists of necessary ingredients. As a class, students compiled their information and made a large grocery list.

RISE students took a field trip to the grocery

store to purchase the ingredients. Students were given a budget and were required to stay within that budget. Each group of students had their own grocery list. The students led the way with finding the items on their list. Since they had to stay within a budget, they had to compare prices and look for the best deal. Before they went through the checkout line, the students made estimations about how much they thought they spent on the meal. The kids were very excited to see the total and to see if their guess was the closest to the actual total.

Once they got back to school, the students were in charge of putting away the groceries. They had to determine wheth-

er the groceries needed to go in the refrigerator, freezer or cabinet. Once they got organized, the cooking began. They did prep work the day before the dinner. The students had to decide what items could be made ahead of time and which needed to be made the day of the dinner.

Thanksgiving dinner day finally arrived. The students worked all morning to finish preparing the chicken, potatoes, vegetables, stuffing and cranberry sauce. They decorated the Family Consumer Science room with placemats and center pieces and set the tables with all the necessities for their guests. The students prepared for serving the meal by reviewing the

SEE RISE, PAGE A10

### INDEX

Volume 13 • Number 48

Business:..... A7  
Churches: .....A8  
Classifieds: .....B4-B5  
Editorial Page: .....A4  
John Harrigan: .....A11  
Letters:..... A4  
Obituaries: .....A8  
Sports: .....B1-B3

18pages in 2 sections

©2019, Salmon Press, LLC.  
Call us at (603) 279-4516  
email: [baysider@salmonpress.news](mailto:baysider@salmonpress.news)  
[www.salmonpress.com](http://www.salmonpress.com)

SEE TREE, PAGE A10



# Festival of Trees coming to Alton continues Saturday

ALTON — The Alton Business Association (ABA) has partnered with Alton Parks and Recreation Department to organize another festive holiday season. The Festival of Trees will take place at the Gilman Library Dec. 7 from 11 a.m. to 8 p.m.

The ABA has invited local businesses to donate a decorated tree for the event, and ask for a \$25 registration fee, which will provide funds for a donation to the Mrs. Santa Fund in Alton. Alton residents will have the chance to enter raffles for a chance to win each of the donated trees (decorations and all).

Alton residents can view the trees, enjoy refreshments and get into the holiday spirit for fun. The ABA also hopes residents will participate in a gingerbread house decorating contest as well, with prizes being awarded in both youth and adult categories after public vote.

Both the Festival of Trees and the gingerbread house decorating contest will take place at the historic Gilman Museum, providing a rare opportunity for the residents of Alton to enjoy this local treasure, filled with historic artifacts.

# VNA hosting Caregiver Café at Gilman Library

ALTON — Cornerstone VNA is pleased to announce the launch of a new monthly Caregiver Café on Dec. 5 at 12:30 p.m. at the Gilman Library on 100 Main St. in Alton. The first café will be a meet and greet with a hot cocoa bar and cookies.

The Caregiver Café is a collaborative effort between Cornerstone VNA and the Alton Public Library. Family caregivers and their loved ones are invited to attend for an afternoon of support, conversation and education. The library is wheelchair accessible from the back parking lot.

According to Holly Brown, Library Director, “Our library is very pleased and proud to assist Cornerstone VNA in offering this wonderful service to our community caregivers.” Brown continues, “We are honored to be working with such a vital and caring organization that does so much to help so many people. We appreciate all that Cornerstone VNA does and welcome the opportunity to work together to support and educate family caregivers.”

Janice Howard, Cornerstone VNA Life Care-Private Duty Director states, “We are truly excited for the opportunity to reach out to this important sector of our community and provide a gathering spot for support and comradery for caregivers.” Howard adds, “If you are caring for a loved one or know someone who is, please join us, all caregivers are welcome.”

The Alton Caregiver Café is the third in a series of Caregiver Cafés that Cornerstone VNA facilitates. There is also a monthly Caregiver Café at the Langdon Public Library in Newington and at the Goodwin Library in Farmington. Details can be found at [www.cornerstonevna.org](http://www.cornerstonevna.org).

Cornerstone VNA is a non-profit home, health and hospice agency currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine.

The team at Cornerstone VNA provides skilled nursing, rehabilitative therapies, social work as well as volunteer and support services through five distinct programs: Home care, hospice care, palliative care, life care-private duty and community care. For 106 years, Cornerstone VNA has been committed to bringing services to people of all ages so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end of life care. To learn more about Cornerstone VNA, visit [www.cornerstonevna.org](http://www.cornerstonevna.org) or call 800-691-1133.

# Family Movie Night at Oscar Foss Memorial Library

BARNSTEAD — Join the Oscar Foss Memorial Library and explore science, technology, engineering and math in fun and creative ways. STEM Squad is for ages 8-14. The next meeting is Dec. 11 starting at 3 p.m.

Dungeons and Dragons The library’s D&D club for ages 14-18 is held every Thursday from 4 to 7 p.m. in the meeting room. New members are always welcome and the club is actively seeking experienced Dungeon Masters. PMHS students can take Barnstead bus seven to the library after school.

Yoga at the library Mary Ellen Shannon, RYT offers two yoga classes at the library every Tuesday afternoon, Simply Yoga at 4:15 p.m. for beginners and an all levels class at 5:30 p.m. Please wear comfortable clothing and bring a yoga mat. If you have blocks and straps, please bring those also. Classes are by donation and all are welcome and encouraged to attend, regardless of ability to donate. Shannon has been a resident of Barnstead for 18 years and a yoga practitioner for even longer. If you have further questions, please contact her at 269-5030.

Please call the library at 269-3900 or visit [oscarfoss.org](http://oscarfoss.org) for more information about the library’s programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed Sundays and Mondays.

library’s programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed Sundays and Mondays.

# Historical society’s Christmas fair is Saturday

BARNSTEAD — Support local efforts by visiting the Barnstead Historical Society’s Christmas Sale on Saturday, Dec. 7, from 9 a.m. to 1 p.m. at the Barnstead Town Hall. Local crafters, including Mary Locke, JLF Embroidery and Judy Stowell from Crooked Run Farm will have a variety of homemade products for sale. Lori Marden, independent consultant, will have just what the ladies need in the way of Color Street nail polish strips. Miranda Schlup will provide all your gift tags and other paper items made from the craft of quilling. Books on Barnstead’s history will be available for sale or pre-order. And, of course, many tasty treats. Stop in for a visit.

Buy Your

# Merry Christmas Tree

From the **WOLFEBORO ROTARY CLUB**

LOCATION AT  
**Clark House Complex**  
(Across from Huggins Hospital)

**SALE BEGINS FRIDAY, NOV. 29<sup>TH</sup>**

**Thurs. -Sun. 10AM-5PM**

Also selling Xmas wreaths from Wolfeboro Garden Club

*New Hampshire Grown & Sheared Fragrant Fir Trees*


Sales while supplies last thru Dec 20th!

Help support Rotary’s student scholarships at Kingswood, Technology Center, and Brewster Academy

*Happy Holidays to you from the Rotary Club!*

**ALTON COMMUNITY SERVICES**

## MRS. SANTA



Time is of the essence for Mrs. Santa as she works keeping Santa and his elves busy for Christmas. Alton community residents who are in need of assistance must submit their requests for Mrs. Santa no later than December 12th. Requests can be brought to Alton community Wednesday evenings between 5:30 and 7:00 pm as well as Saturdays between 8:30 and 11:00 pm. There are sign up forms on the table right outside the entrance to Alton Community Services located in the same plaza as Subway.

Please do not hesitate to contact Chris Racine 603-833-3482 with any questions.


## SPREAD THE WORD!

Buy the Jumbo Ad and reach readers in ELEVEN NH Weekly Papers. From the Lakes Region to the Canadian Border.

Call 603-279-4516

**salmonpress.com**





**The Baysider**

**ADVERTISE WITH US**  
ADVERTISING EXECUTIVE  
Cathy Cardinal-Grondin  
(603) 575-9125  
[cathy@salmonpress.news](mailto:cathy@salmonpress.news)

**SEND US YOUR NEWS AND PICS**  
[josh@salmonpress.news](mailto:josh@salmonpress.news)

**TO FAX THE BAYSIDER:**  
CALL (603) 279-3331

**TO SUBSCRIBE OR FOR SUBSCRIPTION SERVICES:**  
SAM LOVETT  
(603) 677-9085  
[sam@salmonpress.news](mailto:sam@salmonpress.news)

**TO PRINT AN OBITUARY:**  
E-MAIL: [josh@salmonpress.news](mailto:josh@salmonpress.news)

**TO SUBMIT A LETTER TO THE EDITOR:**  
E-MAIL: [josh@salmonpress.news](mailto:josh@salmonpress.news)

**WWW.SALMONPRESS.COM**  
(603) 279-4516

**A SALMON PRESS PUBLICATION**  
**BAYSIDER STAFF DIRECTORY**

**PRESIDENT & PUBLISHER**  
FRANK G. CHILINSKI  
(603) 677-9083  
[frank@salmonpress.news](mailto:frank@salmonpress.news)

**BUSINESS MANAGER**  
RYAN CORNEAU  
(603) 677-9082  
[ryan@salmonpress.news](mailto:ryan@salmonpress.news)

**OPERATIONS DIRECTOR**  
JIM DINICOLA  
(508) 764-4325


**DISTRIBUTION MANAGER**  
JIM HINCKLEY  
(603) 279-4516

**EDITOR**  
JOSHUA SPAULDING  
(603) 941-9155  
[josh@salmonpress.news](mailto:josh@salmonpress.news)

**MANAGING EDITOR**  
BRENDAN BERUBE  
(603) 677-9081  
[brendan@salmonpress.news](mailto:brendan@salmonpress.news)

**PRODUCTION MANAGER**  
JULIE CLARKE  
(603) 677-9092  
[julie@salmonpress.news](mailto:julie@salmonpress.news)

The Baysider is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Baysider, P.O. Box 729, Meredith, NH 03253.





# Bull!

Animal rights activists say hunters threaten species. It's a lie. Thanks to wildlife management programs involving sportsmen, moose and other species are thriving.

**Safari Club International Foundation**  
800-377-5399  
[www.SafariClubFoundation.org](http://www.SafariClubFoundation.org)





## Taking a trip

Alton School second graders recently braved the cold and visited Prescott Farm for a Turkey Quest. Students were engaged in activities that led them to learn lots of new turkey facts. Along the way, students collected pieces to create a turkey craft at the end of the quest.

COURTESY PHOTOS



## PMHS Budget Committee public hearing is Friday

ALTON — The Prospect Mountain High School Budget Committee will meet and hold a public hearing and up to three work sessions concerning the 2020-2021 high school budget.

The committee will hold a public hearing on Friday, Dec. 6, and work sessions on Wednesday and Thursday Dec. 10 and 11. If a further session is needed it will be held on Friday, Dec. 13. There will be no provision for public input during the work sessions. Any and all public input will be heard at the public hearing on Dec. 6.

The public hearing and all work sessions will be held in the library at Prospect Mountain High School all meetings will begin at 6 p.m.

## Holiday show at PMHS Dec. 13

ALTON — Prospect Mountain's senior class will be hosting Alton Dance Academy's winter show on Friday, Dec. 13. They will be presenting a classic Yuletide celebration to kick off the holiday season. Join in at the PMHS auditorium on Dec. 13 at 7 p.m. Tickets will be sold at the door.

## Rte 28 Bakery

**Now Taking Bread & Pie Orders For Christmas!**

Please phone in your order, or on-line at [route28bakery.com](http://route28bakery.com) and click on Christmas.

Deadline to order Friday, December 20th

The bakery will be open to the public on Monday, December 23 and Tuesday, December 24 from 9 to 5 p.m. to pick up orders.

267 Suncook Valley Hwy, Chichester, NH (Next to Clark's Grain Store) • 435-8081 CASH OR CHECK ONLY

## Robotics team craft fair is Saturday

ALTON — The PMHS Team 319 Boosters is hosting its third annual holiday craft and vendor fair this Saturday, Dec. 7, from 9 a.m. to 2 p.m. at Prospect Mountain High School to benefit the robotics team, FRC319 Big Bad Bob, for the 2020 season. The address is 24 Suncook Valley Road, Alton. There will be 70 crafters and vendors with homemade items and one of a kind gifts for your holiday shopping as well as raffles, lunch concessions, face painting, cookie walk and Jingle Bell Junction, where children of all ages can secretly shop for friends and family members with the assistance of 319's members for inexpensive Christmas gifts. Contact Michelle Kelley if you are interested in a booth for the craft and vendor fair at [mkelley5199@metrocast.net](mailto:mkelley5199@metrocast.net) or at 540-8487.

**At Your ServiceNH**  
Waste & Recycling

**\$300**  
7 DAY RENTAL  
15 Yard Stump & Brush Dumpster

**15 Yard ~ \$450.00** Includes up to 2 tons  
2 Week Rental

**Clean out the...**  
Garage • Shed • Attic • Mancave

**Common Uses...**  
Construction • Renovations • Roofing Debris • Demolition

**Curbside Trash Services**

**WEEKLY - BIWEEKLY - MONTHLY SERVICE**  
96 Gallon Tote Service Included  
No Separation Required  
Local Family Owned & Operated  
No Contracts • No Hidden Fees

Doorstep Service also available call for Quote

Call 603-986-8149 today to talk trash Or visit our website [www.AtYourServiceNH.com](http://www.AtYourServiceNH.com)

**JANOME**

# Expert Repairs Done on Site

**VACUUM CLEANERS • SEWING MACHINES**  
**SALES • SERVICE • PARTS**

Sewing Machines & Sons, Inc.  
Vacuum Cleaners Since 1935

**100 Chestnut Hill Rd., Rochester, NH**  
**603-332-5572 • 800-439-3395**  
[www.augerandsons.com](http://www.augerandsons.com)

## We Will NOT be Undersold

**Bea's Jewelers**  
The Gem of Rochester

"We might be small but we have it all"

**Give the gift of fine jewelry this holiday season!**

14k White or Yellow Vintage Diamond halo  
Regular \$1,599  
Sale \$1,359

14k Rose and White 2 U.S. diamond pendant  
1/10 ct tw Regular \$555 Sale \$449  
1/20 ct tw Regular \$925 Sale \$799

Cape Cod Bracelets  
Starting at \$125

3 piece fresh water pearl & glass bead set  
Regular \$35  
Sale \$14.99

14k Two Vs Diamond Rings  
Starting at \$650

Black or Brown leather  
Regular \$105  
Sale \$89

14k Tree of Life  
Regular \$355  
Sale \$299

Sterling Silver twist wire  
Regular \$40  
Sale \$29

**Open 7 days a week**  
Custom rings, appraisals, family jewelry, jewelry repairs, watch repairs, Batteries, Pearl restringing,  
5 Milton Rd 11 LilacMall Rochester, NH 03867  
603-332-8996 • [beasjewelers@yahoo.com](mailto:beasjewelers@yahoo.com) • [www.beasjewelers.com](http://www.beasjewelers.com)



## Happy holiday season

The holiday season is officially in full gear in the local communities, as Alton's Light Up Night unofficially kicks off the season on Saturday night.

We love this time of year, for many reasons, but mainly because of the promise of family getting together to celebrate and the general happiness that seems to permeate much of the few weeks around the holidays.

But we also acknowledge that the holidays are not the easiest of times for many people and we know it's important to be sensitive to the feelings of those around you as you celebrate the holidays.

For people who have recently lost a loved one, the holidays can be hard. We know this feeling well and can empathize. That first holiday season without that person in your life can be difficult. We urge community members to be on the lookout for friends and family who may have lost someone close in the last year and who might be feeling a little down as the holidays approach. Sometimes a simple invitation to enjoy a holiday meal can brighten up someone's day.

There's also a lot of people out there who are struggling to make ends meet, who might be fretting having to buy holiday presents for their children. This is always such a difficult time of year for those with financial struggles. Whether it's the loss of a job or an unexpected home or auto repair, there's always things that have to be dealt with and often times there's not enough money left for Christmas presents.

This is where local residents have really stepped up to provide for those in the community who might be struggling. The Mrs. Santa Fund (call Town Hall for more information) helps to provide gifts to those who might go without this season. The good work done by these volunteers should be praised up and down the streets of Alton in a George Bailey level of excitement. These people quietly go about their work and each year locals benefit from their work, as well as the donations from community members.

The same goes for the local food pantries, who do a fantastic job of keeping those in need in the community fed, not just during the holiday months, but all year. The tireless volunteers and the community supporters always seem to show up at just the right time and the holidays is certainly one of those times.

If you are one of those people who could benefit from the help of the Mrs. Santa or the local food pantry, don't be afraid to reach out. There are great people who are willing to help.

It's a message that goes throughout the year, but one that is especially notable as the holidays approach and that is to remember those less fortunate than you. Not everyone can afford to help, but if you can, please consider supporting these wonderful local groups (and the many like them) that help to make the holidays a bit better for folks who are struggling a little,



COURTESY PHOTO

### Lunch time

Recently, the Locke Lakers Social Club gathered in the lodge for their annual soup and "chowda" luncheon. The soups were minestrone sausage with noodles made by Diane Norton, squash-apple made by Joyce Loungo and a clam chowder made by Marie Farmer. Larry Lussier brought his popular Mexican chili. Vicki Bedarski not only brought homemade bread, but a delicious raspberry cheesecake. The afternoon was enjoyed with laughter and conversation. The club's next event is on Nov. 30, which is the Festival of Trees and Luncheon in Concord. Members who are going should meet at the lodge at 10 a.m. to carpool. Tickets are now available for the members to see "Scrooge, The Musical at the Scenic Theatre in Pittsfield on Dec. 6, 7, 13, 14 at 7:30 p.m. and Dec. 8, Sunday matinee, at 2 p.m. Make your reservations by calling the theatre (435-8852) and leaving a message.

## Letters to the Editor

### It's not like last year

To the Editor:

The taxes for running the town of New Durham have increased three percent over last year, nearly double the rate of inflation. Social Security checks will increase 1.6 percent to offset that inflation. The NH Department of Revenue Administration (DRA) set the tax rate at \$6.29 for New Durham. Selectman David Swenson told the budget committee on Nov. 21 that the board of selectmen, Veisel, Chase and himself, did the same as last year by applying \$275,000 of Unassigned Fund Balance (UFB), sometimes thought of as a Rainy

Day Fund, to bring the tax rate down to \$5.63.

Selectman Swenson did not tell the budget committee that the selectmen had already applied \$60,000 on Jan. 14 from the UFB fund into revenue making for a total of \$335,000 not \$275,000 like last year. Very few people realized it. Never before has New Durham resorted to this sort of tactic or using so much money from the Unassigned Fund Balance (Rainy Day Fund). That's \$335,000 for this year, \$275,000 last year and \$150,000 the year before that. The fund is shrinking and is now left with a balance of

\$971,621 for this year to try and pay bills with and not have to borrow. It was \$994,418 last year and \$1,031,611 the year before that. There is an unhealthy trend emerging in spite of extra revenue.

The logging operation on the approximately 2,000-acre Birch Ridge property yielded \$161,054 in timber tax during 2018 and 2019. That is not likely to repeat itself for a century since it was nearly clear cut. It was a windfall of revenue for the town. Selectman Swenson announced they used all that money.

The State of NH gave New Durham \$43,466

from its revenue that could have been applied to roads or other projects but the selectmen used it to show a smaller increase than last year's eight percent increase. Recently it was reported that July, August and September state business taxes came in 14 percent below the year before. The state pulls back on sending towns money when their revenue declines. What will happen when the economy sags and the unusual revenue ends? Property taxes will have to make up for it.

DAVID A. BICKFORD  
NEW DURHAM

## Volleyball in Alton on Thursday nights

ALTON — The Alton Parks and Recreation Department is sponsoring adult volleyball on Thursdays at the Alton Central School

gym from 7 to 10 p.m. featuring recreational play. Please use the following link to sign up: <https://www.signupgeenius.com/go/10C0F45A->

FAA2AA5FB6-alton. For more information, contact the Alton Parks and Recreation Department at 875-0109 or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

and more. Class will be held on Friday, Dec. 13, from 6 to 7:30 p.m. at the Pearson Road Community Center. Instant Pots make great gifts, learn how to use yours at this fun class.

Cooking class - Intro to the instant pot

Learn everything you need to know about using the latest trend in cooking - the instant pot. Save time and still make home cooked, healthy meals. Items featured include hard boiled eggs, boneless chicken breast, mashed potatoes,

Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for 0-5 years old at the Alton Bay Community Center on Tuesdays and Thursdays from 9 to 11 a.m.

The program is free and follows the ACS calendar year. Please bring a peanut-free snack for your child. For more information, contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

Exercise classes  
Intermediate Yoga with Sheila Marston is now Thursdays, 7-8 p.m. at the Alton Bay Community Center for four-week session. Focus is on several breathing techniques, postures and proper alignment. Zumba classes with

Sherry Meyer is Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m. A fun, cardio workout that will get you moving to music that will keep you smiling.

Weight training class with KT is Mondays and Wednesdays at the Alton Bay Community Center from 1:30 to 2:30 p.m. Use light weights to help build strength, muscle and bone density. Try a class for free. No class Dec. 9 and 11.

## Music and game night in Barnstead Friday

BARNSTEAD — Knowing that the holiday season is now officially under way, organizers hope you can find time to come up next Friday night and enjoy some kick back time at Sticks and Stones Farm.

The music thing was a nice addition to the mix last month so once again you're invited to come and play some games, play some music or just hang out. The wood stove will be roaring. The big pile of stones that was dumped at the end of the driveway and froze there has been moved so it'll be a straight shot drive into the driveway.

It all will be happening at Sticks and Stones Farm, located at 107 White Oak Road in Center Barnstead, which is located on the right side, not too far from the top of the hill when coming from Route 28. There will be have some snacks and usually other goodies show up as well. Bring a friend, bring your family and bring any beverages you'd like to drink. If you need one, don't forget to bring a designated driver. It'll be this Friday, Dec. 6, from 7 to 10 p.m. Mark your calendar.

This event is brought to you by the Barnstead Agricultural Association. For more information, call 776-8989 or e-mail [info@sticksandstonesfarm.net](mailto:info@sticksandstonesfarm.net).

# SalmonPress.com

## If it's important to you,

### It's important to us.



# Busy start to the school year for National Honor Society at PMHS



COURTESY PHOTOS

PMHS hosted Trick or Treat Night at the high school.

BY ISABELLE HUGGARD  
PMHS National Honor Society

ALTON — Prospect Mountain’s chapter of the National Honor Soci-

ety (NHS) has been busy the last few months. In October, they hosted Trick or Treat Night. Teachers, outside busi-

nesses, student organizations and NHS members were stationed throughout the school to hand out candy and spooky toys, play games and make crafts. NHS was happy to host around 300 young trick or treaters and their families for a fun night of Halloween festivities.

To kick off the new quarter and the beginning of November, NHS partnered with Student Council to host the first ever Prospect Pawsitive Week. The school mixed things up with activities all week. On Monday morning, NHS members greeted their fellow students with smiling faces and candy. Everyone learned something new about students and



FRESHMEN and sophomores enjoy crab soccer during Prospect Pawsitive Week.

staff members at PMHS through Guess Who quizbowl. The week concluded with a mix it up lunch day, where students sat at a large banquet table to cultivate

community and conversation.

On Nov. 12, NHS held its induction ceremony. Ten students were inducted. As a group, they are excited to welcome

in their new members, and are looking forward to continuing to serve their school and community this year.



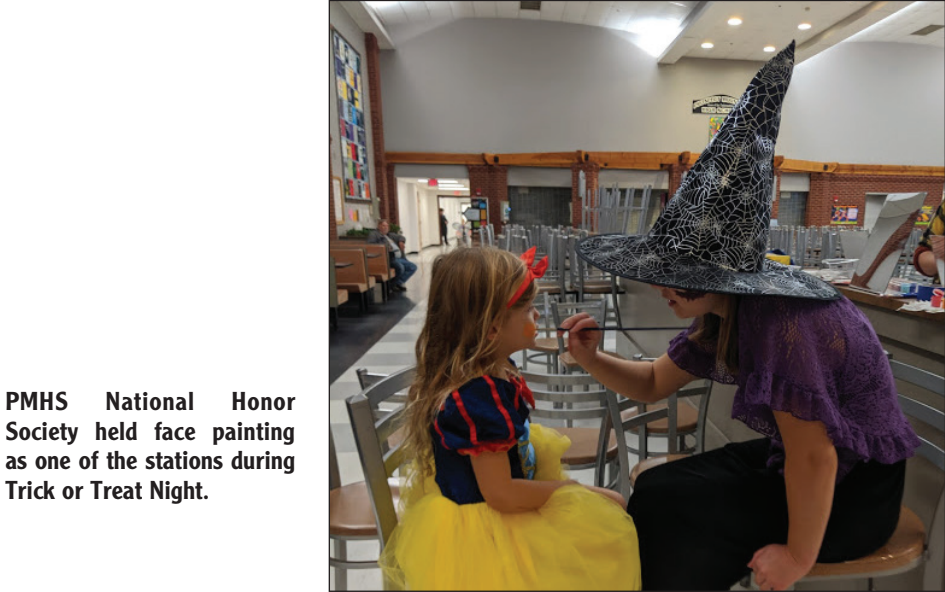
NHS MEMBERS greet students with candy on Monday morning during Prospect Pawsitive Week.



PMHS NHS members hosted Trick or Treat Night at the high school.



THE PROSPECT National Honor Society members for the 2019-2020 school year.



PMHS National Honor Society held face painting as one of the stations during Trick or Treat Night.

Law Offices of  
**Kurt D. DeVyllder, PLLC**

18 Union Street, Wolfeboro, NH 03894  
P: (603) 569-5005 F: (603) 569-5007 E: kurt@devyllderlaw.com  
www.devyllderlaw.com

**Practical • Experienced • Effective**

**GENERAL PRACTICE, Including:**

Family Law • Criminal Defense • Personal Injury Law • Real Estate Law  
Wills & Trusts • Probate of Estates • Debt Collection

## REQUEST FOR PROPOSAL

The Governor Wentworth Regional School District is seeking sealed bids for the sale of the following equipment located at the Lakes Region Technology Center, 384 South Main St., Wolfeboro, NH. This equipment includes:

- 1. 2007 Airflow System, Mobile Exhaust, 1 HP, Model: PCH1-BI-PG6-TH65
- 2. Air Compressor, 3 Phase, 30 HP, 400 PSI Tank
- 3. Rockwell Drill Press, Floor Model
- 4. Airflow System, Mobile Exhaust, Micro Media Air Cleaner
- 5. VULCAN Commercial Gas Stove/Oven, 6 Burner

This equipment is available for inspection by appointment only. Please contact Janice Hempel at the Technology Center at 569-4361 to schedule an appointment. This equipment is sold “as is” with no warranty or guarantee regarding its operation. Purchasing is done at the buyers’ risk.

**Required** bid forms can be obtained by contacting Sandy Libby at 569-1658 and are also located at the Tech Center.

Completed bids must be sent or delivered to the SAU #49 Office, PO Box 190, Wolfeboro Falls, NH 03896, physical address: 140 Pine Hill Rd., Wolfeboro, NH, no later than 2:00 pm, Thursday, December 12, 2019. The bid must be submitted on the GWRSD bid form, enclosed in a sealed envelope, clearly marked “Equipment Bid.” No email or facsimile bids will be accepted. Winning bidder must remove equipment by Friday, December 20, 2019.

The Governor Wentworth Regional School District reserves the right to reject any and all proposals pertaining to this project. Questions regarding the equipment specifications contained in this request for proposal should be directed to Janice Hempel, LRTC, (603) 569-4361 while proposal submission procedures may be directed to Sandy Libby (603) 569-1658.

## REQUEST FOR PROPOSAL

The Governor Wentworth Regional School District is seeking sealed bids for the sale of the following equipment located at the Kingswood Regional High School (KRHS), 396 South Main St., Wolfeboro, NH. This equipment includes:

- 4 GE Electric Ranges-Model #J BP15D M1WW, 4 burner, white

This equipment is available for inspection by appointment only. Please contact Sarah Custeau at 569-2055 or scusteau@sau49.org to schedule an appointment. This equipment is sold “as is” with no warranty or guarantee regarding its operation. Purchasing is done at the buyers’ risk.

**Required** bid forms can be obtained by contacting Sandy Libby at 569-1658 or slibby@sau49.org and are also located at KRHS.

Completed bids must be sent or delivered to the SAU #49 Office, PO Box 190, Wolfeboro Falls, NH 03896, physical address: 140 Pine Hill Rd., Wolfeboro, NH, no later than 2:30 pm, Thursday, December 12, 2019. The bid must be submitted on the required GWRSD bid form, enclosed in a sealed envelope, clearly marked “Equipment Bid.” No email or facsimile bids will be accepted. Winning bidder may buy one or all four stoves and must remove equipment by Friday, December 20, 2019. Other bidders will be contacted with the option to purchase any remaining stoves at the winning bid price.

The Governor Wentworth Regional School District reserves the right to reject any and all proposals pertaining to this project. Questions regarding the equipment specifications contained in this request for proposal should be directed to Sarah Custeau, KRHS, (603) 569-2055, scusteau@sau49.org while proposal submission procedures may be directed to Sandy Libby (603) 569-1658, slibby@sau49.org.



# Vintage holiday music with Jacqueline Schwab Dec. 15

WOLFEBORO — The Wolfeboro Friends of Music introduces the winter holidays to patrons and holiday revelers presenting Cape Cod’s Jacqueline Schwab. She is Ken Burns’ pianist who provided “gorgeously spare piano” (The Boston Globe) for numerous public television documentaries. Anderson Hall on the Brewster campus is the venue on Sunday, Dec. 15. The concert starts at 2 p.m. and provides an intermission for holiday camaraderie.

Schwab opens with unusual Appalachian carols and South Carolina sea island spirituals sampled from her recent CD Down Came an Angel (Dorian label). Her signature style defies easy categorization, fitting somewhere in the crossover between folk, traditional, classical and new age music vaguely reminiscent “of the jazz/classical improvisational spirit of Keith Jarrett and the touch of George Winston” (New England

Folk Almanac). Scwab received a Bachelor of Music degree with honors in the unique Third Stream program at New England Conservatory of Music. Chosen by Burns for numerous public television documentaries due to the emotional expression in her playing, Schwab has performed on the soundtracks for the Grammy award-winning Civil War, the Emmy award-winning Baseball and Mark Twain, among others. She has performed at the White House for President Clinton in 1997 to celebrate Burns’ Lewis and Clark series and also at the Smithsonian in 2000 to celebrate its exhibition on the Presidency. In May, 2009, she accompanied Scottish singer Jean Redpath on the Late Show with David Letterman.

Schwab has performed and recorded with many traditional and folk musicians, among them Scottish fiddler Laura Risk, Redpath (on A Prairie Home

Companion), fiddler Alasdair Fraser, cellist Abby Newton, glass harmonica player Dean Shostak, fiddler Andrea Hoag, singer-songwriter Dillon Bustin and singer Jeanne Morrill. For her work with Burns, she has also collaborated with fiddler Jay Ungar, bassist and guitarist Molly Mason, fiddler Matt Glaser, whistle player L.E. McCullough and others. She has played on more than 40 recordings.

Although many are familiar with the elegi-

ac qualities in Schwab’s soundtrack work, some have also experienced her music’s more rousing side. Immediately recognizable vintage American songbook pieces, ragtime and sing-along have met their match when Schwab strikes up the keyboard. Schwab has toured the United States and England, inspiring people on the country dance floor through her performances with the Bare Necessities group and as a dance caller.

When the Wolfeboro

audience is arriving to the Anderson Hall lobby on concert day, they will hear pre-concert dulcimer songs played by Beverly Woods, one of Wolfeboro’s popular folk musicians.

The evening’s concert is sponsored by People’s United Bank, Law Offices of V. Richards Ward, Jr. PLLC and Edward Jones- Kevin Lawlor Financial Advisor. The season sponsors are Paul and Deb Zimmerman and YFI Custom Homes. Tickets are available at Avery Insurance and

Black’s Paper and Gift Store in Wolfeboro, Innisfree Bookshop in Meredith, Greenlaw’s Music and Audio in Laconia and Bayswater Books in Center Harbor; online at [www.wfriendsofmusic.org](http://www.wfriendsofmusic.org) or at the door. High school students with ID will be admitted free of charge and children accompanied by an adult ticket purchaser will be admitted free of charge. For more information, visit [www.wfriendsofmusic.org](http://www.wfriendsofmusic.org) or call 569-2151.

## Celebrate Last Night in Wolfeboro

WOLFEBORO — Hundreds of children, families, friends, neighbors and visitors are invited to celebrate New Year’s Eve during a day and evening of festive events in Wolfeboro capped off by fireworks lighting the sky over Lake Winnepesaukee.

Last Night Wolfeboro 2019 is a free celebration for the Lakes Region to enjoy,” says Wolfeboro Selectman Linda Murray, chair of the town’s Special Events Committee. “Our schedule includes activities, concerts, shows and games for all ages to enjoy and we have fantastic prizes to present to use now and in the New Year including cruises on Millie B, M/S Mt. Washington, Molly the Trolley rides, Wright Museum and New Hampshire Boat Museum memberships, along with prizes from Kingswood Golf Club, Wolfeboro Casuals and other area shops. Best of all, thanks to our generous sponsors and supporters, all the fun is free or low-cost,” Murray adds.

Beginning at Wolfeboro Town Hall at 10 a.m. on Tuesday, Dec. 31, Last Night Wolfeboro events range from a

‘scavenger hunt’ at town shops to Mo, the Balloon Man making creations for children, the popular Wildlife Encounters show, Chris Herrick magic show and a buffet supper, dessert and entertainment for everyone.

New this year, Last Night Wolfeboro is presenting a free “Jazz to Keep You Warm” concert by the Freese Brothers Combo Band at the First Congregational Church of Wolfeboro. For more than three decades, the Freese Brothers Big Band and Combo have performed swing and classic Big Band music; entertaining audiences throughout the region and raising scholarship funds for a new generation of talented musicians.

### Schedule

10 a.m. – 12 p.m. - scavenger hunt, register Town Hall-Great Hall; return completed map and chances for prizes.

10 a.m. – 2 p.m. Mo The Balloon Man: Town Hall-Great Hall, balloon creatures for the kids; plus, face-painting, dance performance, Yum Yum Shop cookie painting; displays by Girl Scout robotics

team, Wolfeboro Police/Fire; NH Farm Museum; snacks for purchase benefiting Kingswood Youth Center.

12:30 – 1:30 p.m.: Freese Brothers Big Band Combo concert; First Congregational Church, Main Street, across from Carpenter School.

1 - 3 p.m. family game show: Energize and test your skills, win prizes, Estabrook – Brewster, S. Main Street.

2 – 3 p.m. Family and friends sing-along with Bill Parker, First Congregational Church, Main Street, across from Carpenter School.

2:30 – 3:30 p.m. Chris Herrick magic show; Town Hall-Great Hall.

3 – 4:30 p.m. Bingo with prizes (doors close at 3 p.m.).

4 – 5 p.m. Wildlife Encounters, live animal show, sponsored by The Children’s Center, Town Hall-Great Hall.

5 – 7: p.m., scrumptious lasagna buffet dinner and dessert, presented by All Saints Episcopal Church, S. Main Street, across from Wolfeboro Library; Tickets at door, music by accordionist Gary Sredzienski.

6:30 p.m. fireworks over Wolfeboro Bay,

sponsored by Wolfeboro Chamber of Commerce (rain/weather date Jan. 1).

7 – 9 p.m. Contra dance, Town Hall-Great Hall, presented by non-profit G.A.L.A. (Global Awareness Local Action).

Donations to defray programming costs are welcomed at each event venue. Event sponsors include: Black’s Paper Store, The Children’s Center, Meredith Village Savings Bank, Avery Insurance, Harvest Market, Doran Insurance and Antonucci Insurance.

Last Night Wolfeboro 2019 is produced by Wolfeboro Special Events Committee and Wolfeboro Parks and Recreation, with funding from the Economic Development Committee; and major support from Brewster Academy, All Saints Episcopal Church, Blacksmith Printing and volunteers.

Major prizes donated by The Wright Museum, New Hampshire Boat Museum, Molly the Trolley, M/S Mt. Washington, Kingswood Golf Club and Wolfeboro-area shops and businesses.

## Republicans to meet on Wednesday

LACONIA — The next meeting of the Belknap County Republican Committee (BCRC) is scheduled for Wednesday, Dec. 11, at 6:30 p.m. at the Laconia VFW Post 1670, 143 Court St, Laconia.

The guest speaker will be Elliot Gault, Executive Director of the NH GOP. With the year 2019 coming to a close, Gault will review the New Hampshire GOP’s accomplishments for the past year and will present the plans for the NH GOP for next year, including a candidate recruitment update regarding state and county positions.

Following the meeting, the committee will have a “Christmas dessert” celebration to thank members for all their hard work.

Belknap County GOP meetings are open to all Republicans and like-minded Independents.

At this time of year, when some local residents have difficulty making ends meet, the committee strongly encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the committee, please check the committee’s web site at [www.BelknapCountyGOP.org](http://www.BelknapCountyGOP.org) or send an e-mail to [alan.glassman@gmail.com](mailto:alan.glassman@gmail.com).



### Dining & Entertainment

To advertise here:

[beth@salmonpress.news](mailto:beth@salmonpress.news)



## THE KNOTTY PINE

### GRILL & TAVERN

Located at 551 Pine River Pond Rd., Wakefield, NH

**Call For Take Out: 522-2265**

Open 6 days a week – Closed Monday  
Now opening Sundays 11:30 to close  
Tuesday-Thursday dinner starting at 4p  
Friday, Saturday lunch and dinner 11:30am-Close

**FOUR FLAT SCREEN TV'S**

## AYCE PIZZA AND PASTA BUFFET

### EVERY WEDNESDAY NIGHT 5-8PM

Pizza, Homemade Meatballs, Chicken Parmesan, Baked Mac & Cheese, Chicken Broccoli Alfredo, Rolls & Butter, Fresh Garden Salad, Choice of dressing....

**\$12.99 All You Can Eat**

**OPEN MIC NIGHT EVERY THURSDAY**

**LIVE ENTERTAINMENT EVERY SATURDAY**



## PENNY CANDY SHOP

### Holiday Sweets + Treats!

- FUN CANDY
- FINE CHOCOLATES
- PARTY FAVORS
- CORPORATE GIFTS

**Open Daily now through Christmas**

15 North Main Street  
Durgin Stables  
Wolfeboro, NH 03894  
603 569-9800  
Open year round

1¢





# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	64 Basin Rd.	Single-Family Residence	\$630,000	Lynn Collins	Thomas A. Troye 4th RET
Alton	14 Juliet Lane	Single-Family Residence	\$193,533	Jeffrey W. Tourigny	Olivia Meyerhoff
Alton	68 Youngtown Rd.	Single-Family Residence	\$209,000	Adele E. Leighton	Heidi Lawson and David Philpott
Alton	N/A (Lot 22)	N/A	\$1,600,000	Ann M. Beaudoin	James L. Jacobs 2nd Trust
Barnstead	Pineo Road	N/A	\$82,533	Lisa M. Allison	Seamus D. Mone
Barnstead	7 Sampson Dr.	Single-Family Residence	\$218,000	Janet E. Wheaton	Ashley M. and Cory M. Pratt
Barnstead	6 Windsor Way	Single-Family Residence	\$112,933	Heather E. Carter	Brady L. and Todd R. St. Hilaire
Barnstead	46 Windsor Way	Single-Family Residence	\$165,000	Micah R. and Juleigh C. Shaw	David L. and Tiffani A. Gilbert
Barnstead	N/A (Lot 122)	N/A	\$16,000	Barnstead RET and William C. Fabbri	Mary and George Murphy

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com)

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: [www.thewarrengroup.com](http://www.thewarrengroup.com)

## Meredith Village Savings Bank offers support to WEDCO

REGION — Meredith Village Savings Bank (MVSB) recently purchased \$12,500 in tax credits through the New Hampshire Community Development Finance Authority (CDFA) in support of the Wentworth Economic Development Corporation (WEDCO). The bank's investment supports businesses and the creation of employment opportunities, through development assistance and financing. Benefitting towns include Brookfield, Effingham, Farmington, Middleton, Milton, Moultonborough, New Durham, Sandwich, Tuftonboro, Wakefield and Wolfeboro.

"We're so thankful for this generous contribution from MVSB," said Denise Roy-Palmer, Executive Director of WEDCO. "Contributions like this one make it possible for us to continue our valuable work. By providing financing and assistance to established and developing businesses, WEDCO has contributed to the creation of jobs and the growth of the local economy."

WEDCO encourages and assists local businesses with sources of capital and consultation. They also focus on attracting new businesses that offer well-paying, skilled, long-term jobs. Founders believed in the need to attract a proper mix of business and industry or risk having

a very fragile, variable economy.

"MVSB is enthusiastic about our continued support of WEDCO," said Rick Wyman, President of Meredith Village Savings Bank. "They nurture existing businesses and help attract new ones. WEDCO has been an integral part of the economic strength of the eastern Lakes Region for many years."

CDFA tax credits allow businesses to fund qualifying economic or community development projects in exchange for a tax credit that can be applied against state business tax payments. The tax credits are administered by the New Hampshire Community Development Finance Authority (CDFA). Any business with operations in NH that contributes to a CDFA tax credit project receives a NH state tax credit worth 75 percent of their contribution. The credit can be used over a period of five years to reduce the business' state tax liability (business profits, business enterprise or insurance premium taxes). The tax credit program allows NH businesses to use their state tax dollars to support local projects that they care about. CDFA reviews many project applications each year and awards tax credits to those they determine are feasible and will make the biggest impact on economic develop-

ment in the state. For more information, visit [nhcdfa.org](http://nhcdfa.org).

The Wentworth Economic Development Corporation is a private, non-profit regional lender founded in 1993 for the sole purpose of promoting economic growth in the Eastern Lakes Region. Its mission is to promote and support businesses and the creation of employment opportunities by providing development assistance and financing. For more information, visit [wedco-nh.org](http://wedco-nh.org).

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For more than 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit [mvsb.com](http://mvsb.com).

## Top areas to help you handle stress over the holidays

BY PATRICIA WALKER, RD, LD, CDE, CLT  
Contributing Writer

Finding the perfect gift, over booking holiday parties and not having enough time and even money to finish everything we want to do are common stressors during the holidays. And stress can cause a cascade of physical symptoms-stomach pains, bloating and headaches to name a few. My wish is that you enjoy your holidays. In order to do that, I am sharing some special tips to help you control stress and allow you to celebrate the peace and joy of the season.

Diet: The holidays often include extra portions of desserts, candy and alcohol, as well as just too much food. Most of us put on a few pounds because of our holiday indulgences, and despite our best efforts and intentions post-holiday, never quite lose the weight. In this case, prevention is your best offense. Focus on unprocessed, whole foods as best possible for your usual meals. This includes lots of fresh and frozen vegetables, fresh fruit, whole grains and legumes. Raw nuts and seeds and healthily

cooked low-fat animal protein (chicken, fish, loin and round cuts of beef and pork). Be sure to also drink lots of water and other low-calorie beverages. At celebration times, limit your dessert and alcohol to one serving and bring along a healthy option for all to enjoy (veggie platter, shrimp cocktail, hummus with whole grain crackers). Don't skip meals before your social events and try to put in more time socializing than eating/drinking.

Activity: This is a great stress reliever as it helps us release endorphins (feel good hormones) as well as helps to prevent weight gain. I recommend being consistent with your activity and focus on at least 15 to 30 minutes most days.

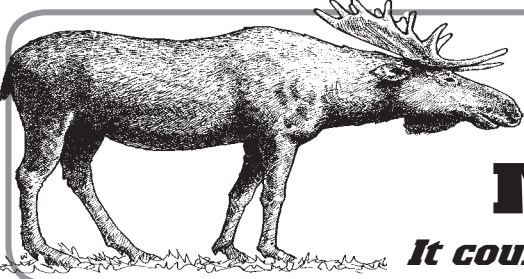
Sleep: Lack of sleep increases our body's stress response and increases sugar cravings. Try to limit blue light exposure (tv, computer screens, tablets) 1-2 hours before bed, sleep in a dark, cool room and keep a consistent bedtime schedule. Seven to nine hours is recommended whenever possible.

Self-care: Yup, it is time to put your oxygen

mask on prior to tending to everyone else's needs. This may sound selfish, but you are at your best when you feel your best. Ideas include playtime, be spontaneous, do something fun or creative or downtime, it's okay to take a quick nap, a long bubble bath or read a few chapters in a good book. And don't forget the most important self-care technique of all-connecting time. Spend quality time with people or animals you enjoy being around. Give a little of your time to a worthy cause. This can help you realize that you do have a lot to be grateful for. And gratitude is a true blessing.

Wishing you all Happy and Healthy Holidays.

Patty Walker is a Certified Diabetes Educator, Registered Dietitian and a Certified Leap Therapist. She is in accepting new clients in her private practice at the Carroll County Diabetes, Nutrition and Wellness Center located at 6 Grove St. in Wolfeboro. She can be reached at 520-3176 or e-mail to [patty@ccdncw.com](mailto:patty@ccdncw.com).



### Brake for Moose.

*It could save your life!*

## BUSINESS DIRECTORY

### PLUMBING

**Thursty**  
water systems  
One Call Does It All  
WATER FILTRATION  
ELECTRICAL - PLUMBING  
HVAC - GAS  
**569-1569**  
[www.thurstywater.com](http://www.thurstywater.com)



Servicing all makes and models  
foreign and domestic

### B-BOYS AUTO REPAIR

**603-269-7712**

**19 Gray Road  
Barnstead, NH**

Paul Bousquet Sr. & Jeff Bousquet Sr.  
75+ years of combined auto repair experience

- Air Cond
- Brakes
- Carburetors
- Clutches
- Cooling Sys
- Diagnostic
- Differential
- Electrical
- Engine

- Inspections
- Oil Changes
- Oil Leaks
- Steering
- Suspension
- Timing Belts
- Tire Rotation
- Transmissions
- ...and more!

Solid reputation of  
dependable, quality service!

### Dew's Tree Service

Specializing in Technical Tree Removal

28 Years Experience  
Certified Arborist  
Crane/Bucket/Climbing  
Fully Insured

Office: 603-269-5272  
Cell: 603-817-8371

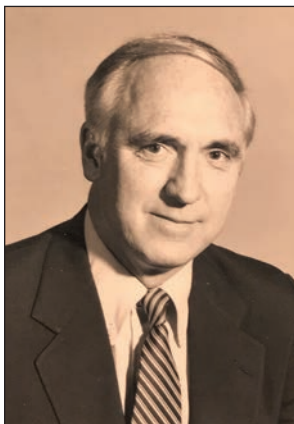
## LOVE YOUR COMMUNITY:

*Spend Locally!*



OBITUARY

Donald F. Schlegel  
Lifetime in aerospace



WOLFEBORO — Don Schlegel passed away peacefully on Sunday, Nov. 17, during a short hospitalization, surrounded by his children and best friend.

Don was born Aug. 3, 1932 and grew up in Pennsylvania, the son of George J. and Olive (Lewis) Schlegel. He graduated from Central High School in Philadelphia and the Pennsylvania State University with a degree in Aeronautical Engineering (class of 1954). Later he earned a master's degree in Management from the Polytechnic University of New York and completed the Advanced Management Program at the Harvard Business School in Cambridge, Mass.

Don served as a USAF pilot and was the flight test team leader for development of the F-105D fighter-bomber at Republic Aviation Corporation on Long Island, N.Y. He then joined Grumman Aerospace Corporation in management of the Apollo Lunar Module project through six lunar landings. He was later named manager of the Space Shuttle Orbiter project. He received numerous awards from NASA in recognition of his contribution to the

success of both projects. Don was appointed President of the Aerostructures Division of Grumman with domestic and international customers for aerospace products in Asia, Europe and South America. He completed his 30-year career with the company as President of the Long Life Vehicle Division in Williamsport, Pa., producing delivery vehicles for the U.S. Postal Service, still in use across the country.

Don was pre-deceased by his beloved wife of 60 years, Janet (Saunders) Schlegel, in February 2014. He leaves two sons, Robert Schlegel and his wife Nancy Jolliffe of Beaufort, S.C., and David Schlegel of Brooklyn, N.Y.; and daughter Kathryn Schlegel and husband Jim Querry of Philadelphia, Pa., along with many special friends in Wolfeboro and Williamsport, Pa.

No services are planned. A gathering of friends to celebrate Don's life will be arranged at a later date. The family requests that anyone wishing to make a charitable donation in his memory, contribute to Lakes Region Humane Society in Ossipee (<http://lrhs.net>) or Lakes Region Conservation Trust in Center Harbor (<http://lrct.org>).

The Baker-Gagne Funeral Homes and Cremation Service of Wolfeboro is assisting the family with the arrangements.

Please share your condolences, messages, stories and sign an online guest book at [www.baker-gagnefuneral-homes.com](http://www.baker-gagnefuneral-homes.com).

Barnstead church  
presenting  
Christmas program

BARNSTEAD — The Center Barnstead Christian Church would like to invite the public to see its Christmas program, “The Christmas Present.” Tis the season when malls are filled with people eagerly searching for that perfect gift. Yet, many won't remember a year from now what it was they received. The Christmas Present celebrates the wonders of Jesus' birthday in a special musical retelling about a gift you can receive that will last forever. Jesus is the best present of all. Come and bring the family Sunday morning, Dec. 15, at 10 a.m. The Center Barnstead Christian Church is located on Route 126, next to the Town Hall. For more information, please call the church at 269-8831 or [centerbarnsteadcc.org](http://centerbarnsteadcc.org).

Cookie walk, Christmas  
sale is Dec. 14

BARNSTEAD — The Barnstead Parade Congregational Church will be holding its annual cookie walk on Dec. 14 at the church on Parade Road from 9 a.m. to noon.

Come and join in for the cookie walk and Christmas sale. All cookies are homemade for your enjoyment.

While there, enjoy a free cup of coffee or mulled cider.

This benefit is sponsored by the Mission Ladies for local town needs.

Church hosting  
Christmas Brunch

ALTON — The Community Church of Alton, 10 Church St., is pleased to announce the Christian Woman's Christmas Brunch being held on Saturday, Dec. 7, from 9 to 11:30 a.m. Please join in for a fun inspiring morning.

There will be a craft session, where you may choose to make a centerpiece or a wall hanging. Followed by brunch with the special guest speaker, Sharon Gamble of Sweet Selah Ministries. She will be presenting “Creating Quiet at Christmas.” The craft, brunch and a chance to hear a wonderful speaker comes at one low price. Reservations required, please phone the church office during normal business hours at 875-5561 or e-mail [info@ccoaalton.com](mailto:info@ccoaalton.com).

Festival of Carols  
concert is Dec. 20

PITTSFIELD — The First Congregational Church, 24 Main St., Pittsfield, will offer a free Christmas concert entitled “Festival of Carols” Friday, Dec. 20, 7 p.m. It will feature the church's Chancel Choir and the JuBellation Handbell Choir. This concert is a return to some favorite carols with a narration by Pastor David Stasiak. Be sure to include this annual tradition in your family's holiday plans. Light refreshments will be served.

Parking and wheelchair accessible entry are located at rear of church at Chestnut Street. For more information, call the church office at 435-7471.

STRATEGIES FOR LIVING  
An Anti-Socialist Manifesto

BY LARRY SCOTT  
Contributing Writer

This is an Anti-Socialist Manifesto. I love America and I regret that a group of men and women, vying to become the next President of the United States, are promoting a socialist agenda I believe would devastate our American way of life. Promises are being made they cannot keep and benefits are being offered we cannot afford. I have decided I must take a stand. America must not become a socialist state.

I have dismissed their rhetoric as without foundation, but the popular acceptance of their message has me alarmed. I can't believe they are being taken seriously, but they are.

I will grant that the promise of a free education, free healthcare

and a living wage for every American sounds inviting. But if you will think the issue through, if you count the cost, you will see it is an offer we cannot accept. Let's take Sweden as an example. In Sweden, “benefits are awesome.” Medical care is available to everyone in Sweden at nominal cost, unemployment insurance is 75 percent of a worker's pay, and daycare is available for all. All Swedes have five weeks of legally mandated vacation, up to 450 days of parental leave at 80 percent of a worker's salary and 120 days of leave to care for a sick child. Education in Sweden is free through to the PhD level and retirement benefits, which begin at age 65. [...] It just sounds too good to be true. Upon closer inspection, how-

ever, a far different and ominous picture emerges. It is a picture of a country slowly strangling itself to death with government spending and social benefits. The obvious consequence of this is that Sweden has the highest tax burden in the developed world. Everything is expensive in Sweden because on top of all personal taxes there exists a 25 percent national sales tax on almost all goods and services,” (John L. Bowman, Socialism in America, Ch. 3).

And so, America, take note: there is no free ride. “Tax the rich,” we are told. “Let the other man pay.” But it won't work.

Statistics, according to [taxfoundation.org](http://taxfoundation.org) show that in 2014 the top one percent of wage-earners, 1.4 million people, paid 39.5 percent of all income taxes paid, at a rate of nearly 27 percent, for a total of \$542 billion. There is no way “the rich” can finance the trillions of dollars necessary to implement everything being promised. “The other guy” is not going to pay for this, you are.

president of the Committee for a Responsible Federal Budget, speaking on “Fox and Friends” April 15, warned that Bernie Sanders' proposed policies could cost \$20,000 per taxpayer if implemented as he has proposed.

In short, socialism is not the answer current aspirants to the White House would like you to believe. Our capitalist economy is not perfect, but it has made our nation the envy of the world. It is only in America that an individual can dream impossible dreams and find success – if they are willing to pay the price for its achievement.

I am concerned that pie-in-the-sky promises and irresponsible rhetoric is convincing some to “take a chance” on a new form of government. But it must not be. This is America, where private property, capital accumulation and competitive markets have made these United States the greatest nation in the world. May God help us to keep it that way.

For more thoughts like these, follow me at [indefenseoftruth.net](http://indefenseoftruth.net).

Maya MacGuineas,

### Baker-Gagne Funeral Home Cremation Service

Pre-Arrangements - Traditional Funerals  
Simple Burials - Cremation Services  
Monument Company

F. Rick Gagne - Funeral Director  
Mill Street, Wolfeboro, NH 603-569-1339  
Route 16, West Ossipee, NH 603-539-3301

(800) 539-3450  
[baker-gagnefuneralhomes.com](http://baker-gagnefuneralhomes.com)

## How to Submit Obituaries & Announcements To Salmon Press Publications

**Obituaries and Announcements** of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:  
[obituaries@salmonpress.com](mailto:obituaries@salmonpress.com)

**Wedding, engagement, and anniversary announcements** are welcome at:  
[weddings@salmonpress.com](mailto:weddings@salmonpress.com)

*Photos are also welcome, but must be submitted in jpeg format.*

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 101  
with any questions regarding  
the submission process.

**PORTRAITS • WEDDINGS • SCENICS • EVENTS**

### Fassett's PHOTOGRAPHY

Matthew Fassett  
53 Suncook Valley Rd.  
Alton, NH 03809

phone: 603-393-7336  
email: [matfassett@gmail.com](mailto:matfassett@gmail.com)

**NORTH COUNTRY  
COINS, LLC**  
BUYING • SELLING • APPRAISALS  
Est. 1989  
[WWW.NCCNH.COM](http://WWW.NCCNH.COM)  
TUES - FRI 10 - 5 • SAT 10 - 3

### HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.  
**NORTH COUNTRY COINS.**  
Main St., Plymouth, NH 536-2625.

## Face It

**All species are at risk when ecosystems are imbalanced by special interest groups.**

**Help us build consensus to protect the great outdoors.**

### Safari Club International Foundation

800-377-5399  
[www.SafariClubFoundation.org](http://www.SafariClubFoundation.org)

**Peter Cavanagh LLC.**  
**PAINTING**

Interior, Exterior Painting Specialist  
as well as Power Washing

My Reputation is Your Guarantee  
**603.832.8092**



# MARK ON THE MARKETS

## Unintended consequences



BY MARK PATTERSON  
Contributing Writer

In 1934, the Roosevelt administration put forth the “New Deal,” which included the entitlement we know as Social Security. Originally Social Security was not accessible until the age of 65. Now SS can be started at the age of 62 or even younger if disabled. When we started SS, there were 42 people paying into the system for every one person taking from the system, making it very solvent.

A generation of people born in the 1920s and 30s, some who fought in World War II and were later referred to as the Henry Ford generation but named the Greatest Generation by Tom Brokaw. Those soldiers who returned from WWII created the “Baby Boom” generation that is defined from 1946 through 1964. During that 18-year span, there were 78 million people born in this country. After this generation, we have had Generation X and Gen Y blending in with the Millennials, all who have not had nearly as many children as that Baby Boomer generation.

The Baby Boomers are now retiring at the rate of 10,000 per day driving the ratio from 42 contributors to one recipient of SS entitlements and Medicare/Medicaid to only three contributors to one re-

cipient. Within the next 10 years the ratio will be one to one.

Let’s estimate an individual’s annual SS and Medicare entitlements at age 66, which is full retirement age currently. Maybe 24,000 in SS and 15,000 in Medicare, not to mention any additional veterans benefits. My high-powered calculator tells me that in 10 years, every working person will have to support roughly \$40,000 worth of entitlements annually that we Baby Boomers are collecting.

Our national debt is more than 22 trillion dollars and will accelerate exponentially in order to just service the existing debt. While our short-term interest rates have climbed, our longer-term rates have not accelerated nearly as much, leaving us with a flatter yield curve. Debt will likely be financed with lon-

ger-term bonds. This can only do so much.

David Walker, who was comptroller of the US until 2008, has stated that we must double tax rates just to stay solvent. Cutting spending would obviously help, but Washington cannot seem to accomplish this. Just after WWII our highest tax rate was 94 percent, in the 1970s we had a top tax rate of 70 percent. In 2012, our highest rate went from 35 percent to 39.5 percent. So, we are close to historic lows for our tax rates, yet we as individu-

als, still defer taxes until a later date. Tax diversification is extremely important and if you are not taking advantage of some methods for paying taxes now at these low rates for tax free money in the future, this will likely be regrettable soon. Most people that I speak with regarding future tax rates believe they will be in a lower tax bracket when they retire. Possibly, but future entitlement payments will have to come from somewhere. Note that I refer to your benefits as “entitlements” only

because the government autocrats have re-named your money so that they can be the redistributors of our own money, which they have deemed the governments.

If your advisor is not versed in tax-free retirement plans or tax-free accumulation and distribution of assets, then find one that is, or call my office.

*Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com*

## MVSB hosting Mitten Tree at all offices

REGION — Meredith Village Savings Bank (MVSB) is requesting newly handmade or store-bought mittens, hats, gloves and scarves for their annual Mitten Tree drive, now through Dec. 31. The Mitten Tree drive awards \$2 for every item collected. This year’s dollar contribution is designated for Boulder Point Veteran Housing.

Newly handmade or store-bought mittens, hats, gloves and scarves can be dropped off at MVSB branch locations. Non-profits in need of mittens, hats, gloves and scarves should contact the bank office closest to them. A complete list of offices and hours are available at mvsb.com.

“The Mitten Tree is an annual holiday tradition we’ve proudly hosted since 1979,” said Rick Wyman, President of MVSB. “We’re excit-

ed to contribute to Boulder Point, a permanent housing facility, for vulnerable, low-income, disabled and homeless veterans.”

Boulder Point, a Harbor Homes veterans housing facility located in Plymouth, offers 25 one-bedroom apartments to veterans experiencing homelessness, as well as five affordable (unsubsidized) two-bedroom apartments. It offers permanent housing to the area’s most vulnerable, low-income, disabled and homeless veterans. Harbor Homes is based in Nashua and serves low-income individuals and families who are homeless, at risk of homelessness, or living with mental illness and other disabilities. For more information, visit harborhomes.org/boulder-point/.

Unlike a stock bank, MVSB is a mutual sav-

ings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For more than 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.



MATTHEW FASSETT – COURTESY PHOTO

### Security talk

Alton, Barnstead, New Durham Centennial Rotary President Duane Hammond (left) thanks fellow Rotarian Jim Fontaine for his address to the club about technology security issues surrounding online shopping, cell phone safety and credit card use. “What you don’t know about the many ways someone can steal your personal information, bank account and where and when you do business can cause real and lasting damage,” warned Fontaine. “Knowing how to protect yourself requires keeping up with what’s happening in the ever-growing number of ways ‘tech crooks’ can and will steal your identity and money.” Fontaine’s expertise in the field of high-tech stems from his long career as a software engineer and computer ‘guru.’ He’s the owner of Positively Creative Solutions, LLC located in Alton. His company designs web sites and provides business development consulting to a wide range of clients. Contact info@pcswebdesign.com or call 875-0110.

## NOTES FROM WINDY HOLLOW

### Kindness matters in any season

BY VIVIAN LEE DION  
Contributing Writer

World Kindness Day was recently celebrated. When I first heard about it, I was listening to the radio while riding to York, Maine. It sounded like a wonderful idea, and I was mindful of it when we stopped at a Christmas fair. My husband asked a woman leaving, “How is the fair?” She said, “Things are pretty much picked

over.” But my husband and son agreed that it would be good to stretch our legs and walk around the large hall.

One of the first tables we stopped at was called The Kitchen Table. There was an array of kitchen utensils, jars of pickles and jams plus homemade baked beans. I chose a pint of beans and two beautiful jars of jams. I had my money

out, ready to pay the bill when I spotted two forks and two spoons. The table helper said, “Oh, those are \$2.” I didn’t say yes or no, and proceed to pay for my other items. Then she said, “If you want those utensils, you can have them for \$1. Now, that sparked my interest, and I agreed to her kind offer.

SEE NOTES, PAGE A11

### Clearlakes Chorale

*Winter 2019 Concert*

#### Gloria!

Featuring John Rutter's *Gloria*, Daniel Pinkham's *Christmas Cantata*, Gabrieli motets, and other music of the season with brass accompaniment

Saturday, December 7, 2019 at 7:30 PM  
Sunday, December 8, 2019 at 2:00 PM

**St. Katharine Drexel Church, Hidden Springs Rd., Alton, NH**

Tickets: \$10 students, \$20 adults. Will be available at Black's Paper Store in Wolfeboro, online at [www.clearlakeschorale.org](http://www.clearlakeschorale.org), or at the door.

See [www.clearlakeschorale.org](http://www.clearlakeschorale.org) for details.

## Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

### WE DO IT ALL

WELL DRILLING

PUMP SYSTEMS

FILTERS

*Family Owned Business for 40 Years*

CALL FOR SERVICE

**FOREST PUMP & FILTER CO., INC.**

**603-332-9037**

## PET OF THE WEEK

## CONNOR

Meet Connor! He is a 1-year-old Shepherd Mix that came all the way from Texas to find his new forever home. This tall, handsome gentleman is playful, sweet and ready to learn! He already knows sit and down and would love for someone to train him to be the best he can be. Connor loves food (don't we all!) and needs to learn how to share. He would love an active adult home, does well with some dogs, but may be picky, and would love a feline free home!

If Connor has stolen your heart and you are interested in learning more about him, please contact our adoptions counselors at [adoptions@nhhumane.org](mailto:adoptions@nhhumane.org) or (603) 524-3252.

### NH Humane Society

Over a century of love for those without a voice.

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



# Record-breaking year at Wright Museum

WOLFEBORO — Officially closing its doors on the 2019 season on Oct. 31, Wright Museum in Wolfeboro set a record this year with 19,166 visitors.

“This year, we celebrated The Wright’s 25th anniversary, so we consider this attendance record a tremendous success,” noted Mike Culver, executive director of the museum.

Crediting corporate and individual support as key to their continued success, Culver cited their rotating exhibits as one example of the relevancy of history mu-

seums today.

“Our exhibits allow us to explore complex subjects that go well beyond standard facts and figures behind WWII,” he said. “It is The Wright’s job to make sure that future generations see that history is the thread that unites all generations.”

In “Righting a Wrong: Japanese Americans and WWII,” created by the Smithsonian Institution, visitors and museum members were confronted with what Culver described as “an egregious aspect of American’s handling of the war.”

“In an exhibit such as ‘Righting,’ we learn from our mistakes by studying our history – both the negative and positive aspects,” he added.

“Righting a Wrong: Japanese Americans and WWII” was sponsored by the Montrone family with additional support from Northeast Delta Dental.

In “Esquire Magazine: The WWII Years,” an exhibit created by volunteer and museum board member John Frank, Culver said the WWII homefront took center stage.

“The exhibit illustrat-

ed how WWII permeated every aspect of American culture on the homefront,” he explained. “It also showed how profoundly united America was during this period, once again making it clear that everyone made contributions and sacrifices that helped win the war.”

According to Culver, the year’s final exhibit, “The Last Good War,” sponsored by Taylor Community and The Weirs Times, gave “a face and voice to those who lived through WWII.”

“The wonderful pho-

tos of the ‘greatest generation’ and accompanying text made human the story that was America during the war years,” he said.

In looking ahead to 2020, Culver expressed enthusiasm for continued growth at the museum, which will include a significant re-evaluation of its educational and gallery spaces.

“With continued support, The Wright is poised to take the next step in its organization growth as not just a steward of history, but an active interpreter,” he said. “We feel a tre-

mendous responsibility to history and to serve as an active, community minded, forward thinking non-profit entity.”

As the region’s leading resource for educators and learners of all ages on World War II, Wright Museum reopen on Monday, Nov. 11, for Veterans Day. The museum will reopen in May of 2020, although school tours can be arranged from January-April.

For more information about the Wright Museum, or to schedule a school tour, visit [wright-museum.org](http://wright-museum.org), or call 569-1212.

## RISE

(continued from Page A1)

menus and getting their assignments for waiter/waitress and/or host/hostess.

Following tradition, the luncheon started at 11 a.m. sharp. Students did a fantastic job as hosts and hostesses bringing their guests to the table and providing them with a menu. The serving staff (students) went to the table, took the order, brought the food, checked in to make sure everything was ok, took the dessert order and then brought their guest the delicious desert of their choosing. ACS staff members truly enjoy this event just as much as the students. It is a wonderful opportunity to dine and chat with students while celebrating the rewards of their hard work. Also, to see the RISE students’ excitement about serving their teachers really shows how grateful they are to the staff at ACS.

COURTESY PHOTOS  
RISE STUDENTS planned and prepared a Thanksgiving dinner at Alton Central School.



## TREE

(continued from Page A1)

and support services for children and families); and a comprehensive, team-based hospice program. Central New Hampshire VNA and Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the state of New Hampshire. The agency is governed by a volunteer board of trustees and supported by private and corporate donations. Visit on the web at [www.centralvna.org](http://www.centralvna.org).

COURTESY PHOTO

THE TREE OF MEMORIES is located at the Pearson Road Community Center in Alton.



## Fred Varney Company

### KITCHENS AND BATHROOMS

VISIT OUR SHOWROOM IN WOLFEBORO  
Located on Center & Grove Streets  
(Directly behind the General Wolf Laundry)

Showroom Hours: Monday-Friday 9-5 • Saturday 9-1  
Evenings by Appointment

[www.kitchensofwolfeboronh.com](http://www.kitchensofwolfeboronh.com) • 569-3565

## FARRELL

### Drywall/Paint

(603) 387-0246  
Fully Insured  
Center Tuftonboro, New Hampshire









# Blood drive in Barnstead at end of the month

**BARNSTEAD** — Between Thanksgiving and Christmas, more than one million units of blood could be transfused in the United States. Individuals are urged to give a lifesaving gift this holiday season by making an appointment to donate blood or platelets and help the American Red Cross ensure a sufficient supply is available for patients throughout the holiday

season. Those with type O blood are especially needed.

On Sept. 28, 2018, MaKenzie Schienebeck experienced a complication during her pregnancy and found herself losing blood extremely fast. She was in and out of consciousness and felt her life slipping away. Schienebeck was given blood transfusions on the way to the hospital, during emergency sur-

gery and after surgery. "I would not be alive today if it was not for the American Red Cross and the gracious donors who gave their blood," said Schienebeck. "Blood is more than just blood. It's the key to saving lives."

During the holiday season, set aside an hour to give blood and be the lifeline patients need. Make an appointment now by downloading the free Red Cross Blood

Donor App, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

In thanks for helping meet the urgent need, those who come to give blood or platelets now through Dec. 18 will receive a \$5 Amazon.com gift card via e-mail, courtesy of Suburban Propane. (Restrictions apply, see [amazon.com/](http://amazon.com/)

gc-legal. More information and details are available at [RedCross-Blood.org/Thanks](http://RedCross-Blood.org/Thanks).)

Donors living in New Hampshire have the opportunity to give blood or platelets at the Manchester Red Cross Blood Donation Center. For hours of operation and to make an appointment, view the Manchester Red Cross Blood Donation Center information on [RedCrossBlood.org](http://RedCrossBlood.org)

To donate, simply download the American Red Cross Blood Donor app, visit [RedCrossBlood.org](http://RedCrossBlood.org), call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Indi-

viduals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at [RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) or use the Blood Donor App.

There will be a blood drive at the Barnstead Fire Rescue Station at 305 Parade Road on Dec. 31, from 9 a.m. to 2 p.m.

*Library Friends  
holiday  
celebration  
is Friday*

NEW DURHAM — The Friends of the New Durham Public Library will host its annual holiday celebration at the library on Friday afternoon, Dec. 6, from 3 to 5 p.m. Santa will be there to greet the younger guests. A program of holiday entertainment will be presented by professional storyteller and musician Steve Blunt. There will be lots of goodies for all the guests. Everyone in the community is invited to the celebration. It will be a great opportunity to enjoy the holidays and to see all the wonderful resources of the New Durham Public Library.

Again this year there will be raffles that include many wonderful prizes. Among the prizes are an American Girl Doll, 100 gallons of fuel oil, ski tickets, theater tickets, gift cards to local stores and restaurants, tickets to sporting events and many more. Raffle tickets are sold at the library and at the event. You don't have to be present to win. The drawing will take place after the event and winners will be notified on Monday, Dec. 9. Stop at the library to see the display of many prizes.

For more information, contact Linda Callaway at 859-1435.

# Legion Riders collecting coats for kids

ALTON — The American Legion Riders Post 72 are holding their seventh annual Coats for Kids coat drive. The Riders will be collecting new coats for children in the local community in need. New coats can be dropped off at the post home on Route 28 Alton, in the coat donation drop-off box located in the post hall.

The American Legion Riders of Post 72 will be collecting new coats November to December. Donations will also be accepted toward the purchase of new coats. Contact Russ or at 776-2968 or Lisa at 520-0672 for more info.

you are not alone

The National Domestic Violence Hotline has answered over 3 million calls from victims of relationship abuse, their friends and family.

The National Domestic Violence  
**HOTLINE**  
1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)

The National Domestic Violence Hotline offers phone and chat services for anyone affected by domestic violence. Support is available 24/7/365 by calling **1.800.799.SAFE (7233)** or online at **[thehotline.org](http://thehotline.org)**.

# SANTA'S FAVORITE

## PLACE TO SHOP



BROCK'S GIFT CARDS AVAILABLE

<p><b>\$18<sup>99</sup></b> </p> <p><b>Snow Broom</b> Super wide foam head. Quickly clears deep and heavy snow. (163-1004)</p> 	<p><b>\$25<sup>99</sup></b> </p> <p><b>Power Hammer Drive Tool</b> Low velocity 22 caliber single shot hammer drive power. (5432987)</p> 	<p><b>\$9<sup>19</sup></b> </p> <p><b>Speed Square</b> Try square, miter square, saw guide, line scriber and protractor all in one. (2617561)</p> 
<p><b>\$9<sup>59</sup></b> </p> <p><b>7-1/4" Circular Saw Blade</b> 24 teeth. Durable and strong. (D0724A)</p> 	<p><b>\$73<sup>00</sup></b> </p> <p><b>Orbital Jig Saw</b> Powerful 3.9 amp motor. 500 - 3100 RPM. (4329K)</p> 	<p><b>\$99<sup>00</sup></b> </p> <p><b>7-1/4" Circular Saw</b> 15 amp motor delivers 5,800 rpm. (5007F)</p> 
<p><b>\$18<sup>99</sup></b> </p> <p><b>Glue Gun</b> Heat quicker and holds temperature. (2098739)</p> 	<p><b>\$244<sup>99</sup></b> </p> <p><b>18V 2-Pc. Combo Kit</b> Includes drill/driver and 2 speed impact driver with assist mode. (CX200RB)</p> 	<p><b>\$96<sup>00</sup></b> </p> <p><b>1-1/8" Crown Stapler</b> Selectable trigger controls. Magnesium body with oil free motor. (SL18MG)</p> 
<p><b>\$28<sup>79</sup></b> </p> <p><b>1/4" x 50' Air Hose</b> Won't kink under pressure. (1795723)</p> 	<p><b>\$459<sup>00</sup></b> </p> <p><b>10" Slide Miter Saw</b> Powerful 13 amp direct drive motor delivers 4300 RPM. (LS1018)</p> 	<p><b>\$219<sup>00</sup></b> </p> <p><b>Framing Nailer</b> Clipped head. Patented truedrive magazine. (PR0325XP)</p> 
<p><b>\$24<sup>29</sup></b> </p> <p><b>16 Oz. Claw Hammer</b> Curved claw pulls out nails. (20263)</p> 	<p><b>\$78<sup>00</sup></b> </p> <p><b>Brad Nailer</b> No-mar tip on the nose protects the work piece. (NT50AE2)</p> 	<p><b>\$189<sup>00</sup></b> </p> <p><b>1.5 HP Air Compressor</b> 2.5 gallon tank. 135 psi. (PC0968)</p> 
<p><b>\$9<sup>99</sup></b> </p> <p><b>Yellow Tape Role Suspenders</b> 2" wide elastic heavy duty straps. (2029999)</p> 	<p><b>\$149<sup>00</sup></b> </p> <p><b>Oscillating Multi Tool</b> Includes 1 multimaster tool, backing pad, 9 sanding sheets, universal E-cut blade and bag. (2615094)</p> 	

SALE STARTS TODAY | 
 SALE ENDS 12/24/19

# BROCK'S

BUILDING MATERIALS & FLOOR COVERINGS

ALL PRICES NET  
CASH & CARRY

298 NORTH MAIN ST, ROCHESTER, NH 03867

**Hours: Mon. - Fri. 6:30 am - 6:00 pm; Sat. 7:00 am - 5:00 pm**



# Timber Wolf girls battling low numbers

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect Mountain girls' basketball team is light on numbers and light on experience but coach Rick Burley says the Timber Wolves will go into battle and do the best they can with what they have.

"You do what you've got to do," the veteran coach said. "We can't worry about what we don't have."

The Timber Wolves will be led by a trio of captains, two of whom are seniors and the other who is a sophomore.

Seniors Hannah Racine and Ava Misiaszek will be working on the front line for the Timber Wolves and sophomore Hannah Capsalis will be running the point guard position. Burley said the team will be relying on Capsalis a lot to control



AVA MISIASZEK will be one of three captains for the Prospect hoop girls.

JOSHUA SPAULDING

## WHAT'S ON TAP

The winter sports season officially arrives in the coming week.

The Kingswood and Prospect Mountain swim teams open the season on Sunday, Dec. 8, at Gilford at 10 a.m.

The Newfound girls' basketball team opens the season on Friday, Dec. 6, at home against Monadnock at 6:30 p.m. and will be at White Mountains on Tuesday, Dec. 10, at 6:30 p.m.

The Prospect Mountain girls' hoop team will be hosting Berlin at 6 p.m. on Friday, Dec. 6, and will be at Franklin at 7 p.m. on Tuesday, Dec. 10.

The Plymouth wrestling team will be hosting the opening meet on Wednesday, Dec. 11, at 6 p.m. against Mascoma.

## PMHS seeking softball coach

ALTON — Prospect Mountain High School in Alton is looking for a varsity softball coach for the spring season. Anyone interested in more information can contact Athletic Director Corey Roux at 875-3800.

the game from the point.

The team has just one other returning player in junior Kassidy Kelley, who will also be working in the backcourt and between both Capsalis and Kelley, Burley expects that they will have a lot of load on their shoulders.

"Beyond them, we're very inexperienced," the Timber Wolf coach said.

Senior Grace Hardie is new to the team but is a solid athlete who should be able to contribute to the team as the season goes along.

Junior Julia Leavitt will also have a solid load on her shoulders, as she takes over for graduated Mackenzie Burke in the center position.

"She'll be taking on a big role for us at center,"

Burley said.

The only other full-time varsity player is freshman Ella Misiaszek, who will be working at both small forward and guard. Burley notes her year-round playing has made her into a solid player who should contribute in her first year as a Timber Wolf.

The Timber Wolves will also have a pair of swing players in junior Giana Kenerson and freshman Michaela Bernazzaro, both of whom will be working on the low post for the Timber Wolves.

With only 14 kids between the JV and varsity program, staying

healthy and avoiding foul trouble will be key.

"Staying out of foul trouble is very big for us, that's what I'm trying to reiterate to the girls," Burley said. "We have to learn how to play aggressive defense and not pick up cheap fouls. We have to stay away from frustration fouls."

"And the key will be to stay healthy," the Timber Wolf coach continued. "We can't afford any injuries or illnesses."

Burley anticipates calling up another player or two from time to time throughout the season.

The Prospect coach says that he has heard from a number of other coaches across the division who are also experiencing low numbers so he knows he is not alone. Included in that group is the defending champions from Monadnock, who the Timber Wolves scrimmaged early in the preseason.

Burley was pleased with the way his team played against the defending champs.

The schedule includes two games each with St. Thomas, Somersworth and Berlin and single games against Franklin, White Mountains, Belmont, Raymond, Gilford, Inter-Lakes, Winnisquam, Campbell, Newfound, Hillsboro-Deering, Monadnock and Hopkinton.

Prospect will open the season on Friday, Dec. 6, at home against Berlin at 6 p.m. On Tuesday, Dec. 10, the Timber Wolves are at Franklin at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## Kids invited to learn Nordic skiing

WOLFEBORO — Winter is right around the corner. Get your kid outside and embracing the winter with the Kingswood Learn to Nordic Ski Program. Nordic skiing is a great source of exercise that gets you out in the fresh air and snow. This program is free and takes place over five Mondays in January and February. The exact dates are Jan. 6, 13, and 27 and Feb. 3 and 10. It will be held from 4 to 5:30 p.m. at Abenaki Ski Area.

This program is available to K – 8 students of all athletic levels and a desire to learn what Nordic skiing is all

about. They'll be taught the basics of skiing by members of the Kingswood Nordic ski team and coaches from the Wolfeboro Nordic Ski Club. Registration for the program can be done at [www.kingswoodathletics.org](http://www.kingswoodathletics.org).

Need equipment? Skis, boots and poles can be purchased for a discount at the Nordic Skier in Wolfeboro or rented through the program. There is a limited supply of seasonal rentals for program participants. For more information, contact Elizabeth Bean at [ebear@sau49.org](mailto:ebear@sau49.org) or Kate Kerin at [kate.e.kerin@gmail.com](mailto:kate.e.kerin@gmail.com).

**GAME ON!**

**PUB MANIA** The **2ND** DECADE

**WORLD'S GREATEST BARSTOOL CHALLENGE**

**Happening Thursday at Patrick's Pub!**

**Patrick's** COME ON OVER AND SUPPORT THE KIDS!

**20% of all food & beverage sales will be donated back**

patrickspub.com • (603) 293-0841 • 18 Weirs Rd. Gilford, NH 03249

**SANTA'S BIG ORANGE HELPER**

Clean Up Before the Guests Arrive!

**THE DUMPSTER DEPOT** Waste Recycling Services

**\$395** DUMPSTER RENTALS FROM

Wishing You A Happy & Healthy Holiday Season

TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050 [WWW.DUMPSTERDEPOT.COM](http://WWW.DUMPSTERDEPOT.COM)

**1-866-56-DEPOT** LOCAL **603-783-8050** [WWW.DUMPSTERDEPOT.COM](http://WWW.DUMPSTERDEPOT.COM)

**SAVE WITH OUR DUMPSTER DEPOT DUCKS**

Dumpster Depot Ducks (and 1 per client on rental or pick-up on any regular priced dumpster rental. Cannot be combined with other offers. Must present coupon at the time of order. Expires 1/30/20.



# Locals earn volleyball All-State nods

BY JOSHUA SPAULDING  
Sports Editor

REGION — The New Hampshire Volleyball Coaches Association announced the All-State selections following the conclusion of the season.

In Division II, Plymouth coach Jonathan VanScoter was named the Coach of the Year after guiding the Bobcats to the Division II semifinals for the first time in nine years.

Plymouth senior Mia Sullivan earned First Team Division II All-State honors. Joining her on First Team were Abby Jerome and Niki Smith of Coe-Brown, Samantha Holland and Riley McDonough of Gilford, Lillian Stogner of John Stark, Gabriella Monico of Milford, Corinne Quaglieri of Oyster River and Madysen Buchalski of St. Thomas.

Kingswood's Maddie Ward and Plymouth's Abby Bassingthwaite both earned Second Team honors. They were joined by Abby Warren of Gilford, Riley Lord of John Stark, Kailyn Chamberlain, Kaydee Mann and Robyn Krafft of Milford, Maggie Sylvester of Oyster River and Emily Ferland of Somersworth.

Plymouth's Savanna Marston earned All-State Honorable Mention, where she was joined by Lindsey Sanderson of Gilford, Willet Parkins of Hanover, Izabella Nelson of John Stark, Katerina Stuopis of Souhegan and Kateri True of St. Thomas.

Monico was named Division II Player of the Year and Steve Vetaek of Milford was named the Division II JV Coach of the Year.

In Division III, Bailey Fairbank of Newfound and Julia Leavitt of Prospect Mountain both earned First Team All-State. They were joined by Jordan Kanalety of Campbell, Oakley Lustenberger of Epping, Chloe Weeks of Farmington, Emma Wheeler and Ava Duymazlar of Inter-Lakes, Sarah Shannon of Moultonborough and Gabby Isabelle of Winnisquam.

Prospect Mountain's Jordan Ingoldsby was named Division III Second Team. She was joined by Belmont's Rebecca Camire and Haley Treamer, Jasmyne Bick-

ford of Epping, Haley Maynard of Farmington, Jaden Horrocks and Molly Rines of Masce-

nic, Tess Palin of Sunapee and Chloe Colarusso of Winnisquam.

Vladislava Anashkina of Kennett, Paulina Huckins of Newfound and Gwen West of Prospect Mountain all earned Honorable Mention. They were joined by Mallory Reczko of Campbell, Hayley Pelletier of Epping, Aubrey Smart of Moultonborough and Olivia Dill of Winnisquam.

Wheeler was named Division III Player of the Year, Randy Mattson of Inter-Lakes was named Division III Coach of the Year and Karen Gibson of Masce-

nic was named the JV Coach of the Year.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*



COURTESY PHOTO

## All-Stars

With the fall season coming to a close, several Brewster Academy student-athletes were named to Lakes Region League All-Star teams in their respective sports. "It's always great to see our students get recognized," noted Director of Athletics Matt Lawlor. "And no surprise to see this group get the accolades—these eight kids all had outstanding seasons for us this fall." Left to right, varsity soccer defender and captain Michael Provenzano (Stratham), varsity soccer goalkeeper and tri-captain Leanne Durham (Tewksbury, Mass.), varsity soccer striker Owen Jacinto (Lawrence, Mass.), varsity soccer midfielder Emmy Dumaresq (Manchester), varsity field hockey captain Delia Mahoney (Newton, Mass.), varsity field hockey captain Kayla Proia (Maynard, Mass.), and varsity soccer midfielder Jordan Thompson (Clemson, S.C.). Not pictured is varsity soccer striker Abby Jarvi (Gilford). For more information about Brewster athletics, financial aid opportunities available exclusively for Lakes Region students and this year's big Bicentennial celebration, visit [brewsteracademy.org](http://brewsteracademy.org).

# Brewster hands out fall sports awards

WOLFEBORO — Brewster Academy wrapped up the fall sports season with awards presented to members of all of the fall teams.

For the varsity boys' soccer team, Owen Jacinto of Lawrence, Mass. was named Most Valuable Player and Spencer Kiley of Wolfeboro and Matt Graziano of York, Maine both received the Coaches Award.

For the girls' varsity soccer team, Sophia Renaud of Schenectady, N.Y., Katie Carey of Greenfield and Karlee Stoddard of Darlings Island, New Brunswick all received the Coaches Award.

Laney Harrold of Sterling, Mass. won the Most Improved Player award for the varsity field hockey team while Katherine Keady of Marshfield, Mass. and

Sydney Andrews of Londonderry both received the Coaches Award.

Matt Jacobs of Wolfeboro was named the Most Valuable Player for the cross country team while TJ O'Keefe of Wolfeboro won the Most Improved Player Award and Carla Burton of Beijing, China won the Coaches Award.

For the varsity crew team, Archer McClain of Tuftonboro won the Most Improved Player Award, Tucker Carlisle of New Durham won the Coaches Award and Graham McTeague of Boston, Mass. was named Most Valuable Player.

Hans Mao of Nanjing, China won Most Valuable Player for the sailing team.

For the varsity golf team, Max Bewley of Westwood, Mass. won Most Valuable Player and Jack St. Sauveur of

Wolfeboro won Most Improved Player.

For the JV boys' soccer team, Timothy Moses of Bethel, Maine won Most Valuable Player, Sam deBeer of Wolfeboro won the Coaches Award and Kieron Kankam of Accra, Greece was named Most Improved Player.

For the JV girls' soccer team, Katherine Martin of Wolfeboro was

presented the Coaches Award, Ella Brekke of Dhahran, Saudi Arabia won the Most Valuable Player and Iesha Fitzgerald of the Bahamas was named Most Improved Player.

Khelsi Petigny of Hyde Park, Mass. and Cat Ling of Wolfeboro were both named MVP for the JV field hockey team and Zea Hirshberg of Wolfeboro was

presented the Coaches Award.

For the JV sailing team, Trevor Simboli of Winchester, Mass. was named Most Valuable Player, Michael Bilo-deau of Needham, Mass. was named Most Improved Player and Kaede Kawata of Takaraduka, Japan was presented the Coaches Award.

# One very rainy and windy day

The fall high school season officially came to a close on the Sunday before Thanksgiving with the football championships at the University of New Hampshire.

Needless to say, it was one of the worst days for covering sports that I've encountered over the course of my 15-20 years doing this job.

I remember a Granite Man Triathlon a few years ago when it absolutely poured and there was no drying out. The issue at the Granite Man is that there is really no place to stay dry, you are out there, exposed to the elements, even if you are lucky enough to find a spot underneath a pop-up tent.

When I left Ossipee early Sunday afternoon

## SPORTING CHANCE



By JOSHUA SPAULDING

there was snow on my car but it was just rain the entire trip down to Durham. I got there in the final few minutes of the Division III game that kicked off the day and made my way through the raindrops to Wildcat Stadium. The rain continued to pour down as I made my way up to the press box on the fourth floor. Slowly the two teams, Hollis-Brookline and Plymouth, made their way out on the field for warmups and as time ticked down on the pre-game clock, I made my way downstairs and on

to the field for the pre-game ceremonies and the start of the game.

Thankfully, as the start of the game approached, the rain slowed down and for the first few minutes, it wasn't too bad. I kept my camera and my notebook under my jacket to keep them as dry as possible, but as the game moved along, it started getting worse. The rain was coming down almost sideways, making it nearly impossible to keep the camera and the notebook even remotely dry.

Plymouth scored on their first drive and kept the Cavaliers off the board on their first drive as the teams ran the ball exclusively, which helped the game

SEE CHANCE, PAGE B6

**Bretton Woods**

**NOW OPEN!**  
PHOTO TAKEN 11/26/19

**UPCOMING EVENTS**

**DECEMBER** Find holiday spirit all month long with festive decorations and special events like Cocoa with Mrs. Claus and Breakfast with the jolly couple. Fees apply. [brettonwoods.com/calendar](http://brettonwoods.com/calendar)

**DECEMBER 10 - IN THE MOOD FOR CHRISTMAS WITH THE GLENN MILLER ORCHESTRA** The world famous Glenn Miller Orchestra returns to perform some of the greatest big band hits of all time plus holiday classics! Fees apply; includes three-course dinner. [brettonwoods.com/glennmiller](http://brettonwoods.com/glennmiller)

**SPECIAL OFFERS** [brettonwoods.com/specials](http://brettonwoods.com/specials)

**DECEMBER 25 - OUR GIFT TO YOU** Our gift to you, hit the slopes on Christmas Day for just \$50, or Nordic skiers can get 2-for-\$21 trail passes. Open 10am-4pm.

**2-4-1 WEDNESDAYS** Two adults ski/ride for \$88 during non-holiday periods.

**LOCAL'S SPECIALS** Visit [brettonwoods.com/locals](http://brettonwoods.com/locals) for exclusive deals for our neighbors!

Offers may not be combined, restrictions & black-out dates may apply. Residency qualifications apply for Local's Specials. Events & activities subject to change without notice. Valid during 2019-20 ski season.

**OMNI RESORTS**  
mount washington | new hampshire

Route 302, Bretton Woods, New Hampshire • (603) 278-8989 • [brettonwoods.com](http://brettonwoods.com)

**THE BAYSIDER:**  
*The next best thing to word of mouth advertising!*

**MEET YOUR SALES REPRESENTATIVE**

**CATHY CARDINAL-GRONDIN:**

- Committed to excellent customer service
- Dedicated to providing local businesses print and online advertising with outstanding circulation and distribution.
- Planning an affordable marketing campaign individualized to the clients specific needs

Call Cathy today at (603) 788-4939 or e-mail [cathy@salmonpress.news](mailto:cathy@salmonpress.news)  
Our advertisers trust us, our readers trust our advertisers!

[www.Salmonpress.com](http://www.Salmonpress.com)





COURTESY PHOTO  
JOSEPH WASSON represented Team USA in the Down Under Games this past summer.



COURTESY PHOTO  
JOSEPH WASSON got the chance to visit with a koala bear during his trip to Australia.

# Wasson Down Under

## Kingswood runner competes in Australia

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — Kingswood senior Joseph Wasson enjoyed a solid cross country season for the Knights this fall, finishing the year as the team’s top runner.

It’s also safe to say that he had the most unusual training locations of all his teammates.

Wasson spent more than a week in Australia competing for Team USA with Down Under Sports.

“It was kind of a shock,” said Wasson. “I had to raise \$5,200 to go and I wasn’t sure that I could.”

However, the teenager got a job and got some sponsorships and notes that his family offered him a lot of support and he was able to make the trip to Australia.

“It was really very impressive,” Wasson said. “It’s a very beautiful country, but it took a little getting used to.”

Down Under Sports use the common language of sports to bridge the continents and provide a forum for athletes from around the globe to compete head-to-head in the sports they love. Over the last 30 years, Down Under Sports has had the chance to share Australia with 10s of thousands of individuals from across the United States. The competition included football, cheer, golf, track, basketball, volleyball and soccer in addition to cross country. “They did a good job with all the travel plans and the accommodations,” Wasson said, noting that the tournaments were held right on the ocean in Queensland, along the Gold Coast of Australia.

The idea of the Down Under Games is to bring athletes together and Wasson was quick to point out that he didn’t know anybody going in, but found plenty of common ground.

“I met up with another family in Boston (at



COURTESY PHOTO  
JOSEPH WASSON runs in the Gold Coast Marathon 5.7K race this summer in Queensland, Australia.

the airport),” said Wasson. “And we got to know each other pretty well.”

A flight delay out of Boston meant that he and the other New England family flying on the same plane got to spend a day in Vancouver before reaching Australia.

The cross country component of the Down Under Games contained a pair of races, the All-American Race, which is a 5K race and then a 5.7K race as part of the Gold Coast Marathon.

Wasson noted that the biggest team there was the Korean team, but the overall winner of the race was a 15-year-old from Australia.

“It was a huge transition,” said Wasson of the trip to Australia. He noted he worked at Camp

Sentinel for six days after school ended, had a day at home to prepare and then left for Australia.

Overall, the experience was 10 days with the travel time to and from Boston and while there was a couple of races to compete in, there was also plenty of time to explore the beauty that is Australia.

“I got to take a bush plane to the Great Barrier Reef to go scuba diving,” Wasson said. “That’s one of the coolest things I’ve ever done.

“And I got to see kangaroos,” he said with a laugh. “We don’t have things like that around here.”

He also had the chance to try out surfing during Australia’s winter season.

While he notes that his mother was a little nervous about him making the trip halfway around the world, there was a mother traveling with another New Hampshire student who

posted pictures and updates on a Facebook page and that alleviated some of her concern. Those photos can be viewed on Facebook at Joseph Wasson Down Under.

Moving forward, Wasson is excited for the spring track season and while he finishes up his high school career this spring, he’s not 100 percent sure what the future will hold.

He’d like to attend Gordon College with the possibility of getting a ministry degree and has been accepted, with the money being the question.

However, no matter where he goes next school year, he’s got quite an experience to talk about.

“It’s something I will always remember,” Wasson said. “It was a very positive experience, they did a very good job.”

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

### Church Service SCHEDULE

**10 am Worship Service**  
**Community Church of Alton**  
20 Church Street, Alton

**ABUNDANT HARVEST FAMILY CHURCH**  
Sunday School for children up to age 12, service 10:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Hoggard, [www.befreechurch.net](http://www.befreechurch.net), 473-8914. For more information, please visit [abundant-harvestnh.org](http://abundant-harvestnh.org) or e-mail [ahfc@faith.com](mailto:ahfc@faith.com).

**ALTON BAY CHRISTIAN CONFERENCE CENTER**  
Sundays throughout the summer 10am-6pm; Tues-Thurs 9am; 875-6161.

**BEFREE COMMUNITY CHURCH, ALTON**  
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Hoggard, [www.befreechurch.net](http://www.befreechurch.net).

**CENTER BARNSTEAD CHRISTIAN CHURCH**  
Morning Service 10:00 am.  
Adult and Teen Bible Study 11:15 am.  
Sunday School Service 10:00am.  
Rte. 126 next to Town Hall.  
Pastor Brian Gower. 269-8831.

**COMMUNITY CHURCH OF ALTON**  
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am.  
Rev. Dr. Samuel J. Hollis. 875-5561.  
Sunday Worship Service 10:00am  
Alton Bay Barnstead July 1-Sept 2  
10:00am 20 Church Street

**CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC**  
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, [ccnorthbarnstead.com](http://ccnorthbarnstead.com)

**FIRST CONGREGATIONAL CHURCH UCC FARMINGTON**

Worship Services 10:00 A.M.  
Sunday School 10:15 AM  
400 Main Street  
Farmington, NH 03835  
Pastor Kent Schneider 755-4816  
[www.farmingtonnubucc.org](http://www.farmingtonnubucc.org)

**FIRST FREE WILL BAPTIST CHURCH**  
Sun. School 9-4am; Church 11am; Evening Service 6pm;  
Wed. Prayer Meeting 7pm. Depot St., New Durham;  
Pastor James Nason.

**PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.**  
on the Parade in Barnstead  
Sunday Morning Worship Service for all ages begin at 10:00 a.m.  
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.  
Pastor Sandy Pierson - 483-2846

**ST. KATHARINE DREXEL**  
40 Hidden Springs Rd., Alton, 875-2548  
Father Robert F. Cole, Pastor.  
Mass Saturday 4pm;  
Sunday 8:30 & 10:30am;  
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

**ST. STEPHEN'S EPISCOPAL CHURCH**  
Sunday 9:30, 50 Main St., Pittsfield  
Rev. Miriam Acevedo, 435-7908  
[www.ststephenspittsfield.com](http://www.ststephenspittsfield.com)

**UNITARIAN UNIVERSALIST SOCIETY OF LACONIA**  
Sunday services and religious education 10:00 a.m.  
All are welcome.  
172 Pleasant St. Laconia • 524 6488 • [uusl.org](http://uusl.org)

**MAPLE STREET CHURCH**  
Sunday Service 11am  
96 Maple Street  
Center Barnstead NH 03225

**The CIDER PRESS at THE BARN**

**30 Middleton Road, Wolfeboro, NH 03894**  
603-515-1046  
Call for Reservations/Walk Ins are Welcome

**Thursdays** - Bar @ 4pm, Dinner @ 5pm  
**Fridays** - Bar @ 4pm, Dinner @ 5pm  
**Sundays** - Brunch @ 10-3; Bar 10-3

.....  
**NEW! Brunch**  
**10am-3pm Sundays**  
.....

**The Carolyn Ramsey & Chuck Farrell Duo**  
**Will Be Playing:**

**Friday, Dec. 13th 7-10pm**  
**And, we're also having an**  
**Ugly Christmas Sweater Contest that night!**  
**Call for Reservations - it fills up fast!!**

*We are booking Christmas Parties and Special Occasions.*  
*Call Veronica at 603-630-4792*  
*for information & to secure your date*





# Town-to-Town CLASSIFIEDS

**www.salmonpress.com | 603.279.4516**

*Call to place your ad today or visit our website!*



## Misc. For Sale

**FLATBED TRAILER**  
8'x12', 2 axle, \$350  
**HORSE TRAILER**  
\$800

Both in good condition  
603-539-8436

**OLD NH FISH** and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

## SPECIAL SALE

Art Books; Musical Instruments; Open Edition, Ltd. Edition, & Antique Prints; Lakes Region Ephemera; Oval Frames  
**The Blue Shutter Gallery**  
19 Lehner Street  
Wolfeboro NH  
Saturday, December 14  
10:00 AM to 3:00 PM  
*One Day Only*

## Barn/Garage/Yard Sale

Wolfeboro: Hospital & Community Aid  
Fall Fundraiser Barn Sale  
December 6 & 7, 10 a.m. - 2 p.m.  
65 Pine Hill Road  
1870 carriage & sleigh, art, antiques, camping, books, furniture, lamps, sports, toys, holiday, electronics, and household items.

## Lost & Found

### Found Ads

Are published Free of Charge.  
30 words for 1 week.

### Lost Ads

Are Charged at our regular classified rates.

Call Toll Free  
Mon-Fri 8:00-4:00  
1-877-766-6891  
or go to  
**www.salmonpress.com**  
24/7

### Still Lost!

Shane - Shetland Sheepdog  
White/Tan/Black  
10 Years old  
We are hoping someone may have him or have seen him?  
-Lost in Laconia NH-  
August 27, 2016  
Do not chase. Old and New Leads appreciated.  
For more info see  
[www.facebook.com/shaneshetlandsheepdog](http://www.facebook.com/shaneshetlandsheepdog)

Call Owner 603-365-1778  
or Granite State Dog Recovery  
1-855-639-5678

## Thank-You

Our line ad classifieds are on our website!

**www.salmonpress.com**

is the place to check our weekly classifieds online!  
**More** great coverage and information from the

**Salmon Press  
Town To Town  
Classifieds!**

Why place your ads anywhere else?  
**1-877-766-6891**

Thank you for browsing  
**The Town To Town  
Classifieds in the**

**East  
Granite State News  
Carroll County Independent  
Baysider**

**Publication Rates (30 words)**  
\$12 - 1 Week  
\$20 - 2 Weeks  
\$27 - 3 Weeks  
\$36 - 4 Weeks

Call Our Main Call Center  
1-877-766-6891  
Mon-Fri 8:00-4:00

or place online 24/7 at  
**www.salmonpress.com**

Deadline:  
Monday 10:30 am

## Fuel/Wood

**Firewood!**  
\$275/cord  
Call 569-5549 for delivery.

## Pets/Breeders

**LOW COST SPAY/NEUTER**  
Mobile Feline Fix It Wagon,  
Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line [www.RozzieMay.org](http://www.RozzieMay.org) or call 603-447-1373



**SUD'S N' TRIM PET GROOMING & BOARDING**  
Your Best Friend's Dog and Cat Salon  
Flea/Tick Shampoo Treatments, Nail trims, Teeth brushing.  
**All Breeds Welcome!**  
26 Years Experience.  
Satisfaction Guaranteed!!  
603-569-6362  
Look us up on Facebook

## Clifford's Dog Club

**BOARD YOUR PUP WITH US!**

Book Winter Vacations now!  
**DAYCARE** for your pup: 3 playgrounds, indoor arena, adventure trail hikes like no one else with mountains and streams. Your pup gets to run off leash on miles of trails. Play areas for small & large dogs. Weightloss program available.

*"A Tired Dog is a Happy Dog!"*

Join Us for a Walk!  
Please Call or Text:  
603-455-6977

## General Help Wanted

GSIL is seeking a compassionate and dependable personal care attendant to assist our consumer in Tamworth for 2-3 afternoons per week from 12p-3 or 4p (flexible). Duties to include: light housekeeping, laundry, meal prep, assistance with errands and groceries. Pay is \$10.25/hr. Please contact Ashley at (603) 568-4930 or [atruong@gsil.org](mailto:atruong@gsil.org) for more information. A background check is required. GSIL is an EOE.

## Legal Assistant.

Seeking assistant for small Alton law office, full or part-time. Currently one full-time attorney with others from our Concord main office as needed. No legal experience required but, rather, administrative/secretarial skills and people skills. Salary and benefits as agreed. Contact Ron Cook at [rook@ranspell.com](mailto:rook@ranspell.com).

Property maintenance firm with long established ties to the Upper Valley is looking for a versatile maintenance technician with proven carpentry/home building skills. Must have good working knowledge of electrical and plumbing systems. Area travel required. Must be personable and customer-service oriented. Competitive wages and benefits.

Interested candidates may contact Ben at (802) 295-7961, Ext. 124 or email [Ben@SimpsonCompanies.com](mailto:Ben@SimpsonCompanies.com).

## Real Estate



**Equal Housing Opportunity**  
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))  
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.  
To complain of discrimination call HUD toll free at 1-800-669-9777  
For The Washington DC area, please call HUD at 275-9200.  
The toll free telephone number for the hearing impaired is 1-800-927-9275.  
You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write  
The Commission at  
163 Loudon Road,  
Concord, NH 03301  
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

## Apartments For Rent

One bedroom 2nd story apartment for rent. Main Street, Alton. \$800/month includes heat & water. No pets, no smoking. References required. Call 998-7611.

**Sunny Two Bedroom** in Wolfeboro near bridge falls path. Washer/Dryer in unit. Two parking spots. \$900/month including heat and water. Call 603-986-2960 for details.

**TUFTONBORO - 1 Bedroom** apartment for rent. No pets, non smoker. Utilities & heat included. Single person preferred. \$800/month. Call 603-998-7580 for more information.

## Comm. Space For Rent

**OFFICE SPACE**  
Route 25 Moultonboro. 1,740 sq ft. \$1,000/month. 3 baths, kitchen, conference room, 2 private offices, large reception area, tenant pays heat & electric. Robin 603-401-7602

## Houses for Sale

**OSSIPEE NH - 2 Bedroom Home**, 28 1/2 acre lot, private, wooded, 2 car garage - heated, Craftsman shop with all the tools, and more. \$144,000. MUST SEE! 603-539-7082.

## R.E. Auctions

**Tax ACQUIRED PROPERTY** being sold at public auction at 10 AM on Saturday, December 7 at the Albany Town Hall. No minimum bid! Property is .26 acre with small building located at 13 Hurley Corner. FMI go to [nhtaxdeedauctions.com](http://nhtaxdeedauctions.com) or call (603) 301-0185.



## GLOBE MANUFACTURING is HIRING!

**As the world's largest manufacturer of protective gear for firefighters, Globe has proudly served our nation's heroes for more than 130 years.**  
**Our mission is quite simple:**

## TO PROTECT THOSE THAT PROTECT US

**Are you looking for a role you can be proud of? Join us!**

## PRODUCTION ASSOCIATES MACHINE OPERATORS

**Starting Pay: \$12.00 per hour, 15% Shift Differential for 2nd Shift**

We also offer a comprehensive benefit package, including Health & Dental Insurance, Short Term Disability, Long Term Disability, Life Insurance, 401K, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

All positions require successful completion of a background check.

For immediate consideration, please come to 37 Loudon Rd. Pittsfield NH, Monday – Friday, 8:30am-5:00pm to complete an application or contact Human Resources at [GlobeHR@globefiresuits.com](mailto:GlobeHR@globefiresuits.com)

**GLOBE Manufacturing/MSA is Equal Employment Opportunity/Affirmative Action Employer. Minorities/Females/Individuals with Disabilities/Protected Veterans**

Littleton Regional Healthcare—the Workplace of Choice!

# Join Our Team!



## Surgical Services

### Why join the Nursing staff at LRH?

- SUPERIOR compensation package
- Clinical Autonomy
- Personal and professional growth is encouraged and supported
- Tuition reimbursement/tuition assistance
- Sign on bonus\*
- Agreements with area nursing schools for reduced tuition rates
- National certification and recertification supported and fully funded by LRH
- Clinical Advancement Program – two levels for RNs looking to go above and beyond
- Educational offerings—BCLS, PALS, NRP, TNCC—all covered by LRH
- Multi-specialty surgeries—Orthopedics, Gynecology, Urology, Ear, Nose & Throat, Ophthalmology, & General Surgery
- State of the art beautiful 19 year old facility
- \* Must be a designated position to qualify.



**LITTLETON  
REGIONAL HEALTHCARE**

600 St. Johnsbury Road, Littleton, NH 03561 | 603.444.9000 | [littletonhealthcare.org](http://littletonhealthcare.org)

# HUNGRY?

Let us take a bite out of your advertising woes.

**Call 603-279-4516  
salmonpress.com**





## TOWN•TO•TOWN CLASSIFIEDS



## HELP WANTED

### SOLID WASTE CENTER ATTENDANTS

The Town of Gilford is accepting applications for part-time, year-round positions at the new Solid Waste Center. Specific duties include: customer service, processing household trash and demolition debris, recyclables and yard wastes, rules enforcement, grounds & buildings maintenance, operating equipment, and snow removal.

Applicants must be able to successfully pass a physical examination and criminal background check; and be able to become certified as a NH-DES Principal Operator. Some previous experience operating a front end loader, skid steer, trash compactor and bailing machine is desired. The ideal candidate will have basic computer skills, be familiar with waste product processing techniques, and have previous municipal experience. The Town is seeking employees with a proven record of outstanding job performance and the ability to work as a team player. The ability to work outdoors in all types of weather while traveling over uneven terrain, using hand tools and sorting waste products using vision and physical dexterity is required.

Starting wage rate is \$18.75 p/h with no benefits except pro-rated vacations, holidays, and sick leave. Work hours and times are flexible. These are non-union positions.

A letter of interest with a statement of qualifications or a completed Town of Gilford application form must be submitted to the DPW Director, 55 Cherry Valley Road, Gilford, NH 03249. Applications will be accepted until the positions are filled. EOE.



## Now Hiring!

### Full Time Laborers Site Foreman Heavy Equipment Operators Truck Drivers

We offer Competitive Salary based on experience  
Health Insurance Benefits, Paid Vacation and Paid Holidays  
Must have Valid Driver's License and OSHA 10 Card  
Pre-Employment Physical and Drug Screen Required  
Call Us at (603)539-2333  
Email Resume to info@integrityearthworks.com  
Or find our Application online at integrityearthworks.com

## Help Wanted

### Town of Gilford P/T Recreation Program Assistant

The Gilford Parks and Recreation Department is looking for a year round, part-time (averaging 18 h/p/w) Recreation Program Assistant. Position requires some evening and weekend work. Position will assist with the creation, implementation and supervision of recreation programs as well as supervise department facilities and volunteers. Qualified applicant should be energetic, have a positive attitude and a good working knowledge of athletics, recreational activities and facilities. The successful candidate will be required to pass a criminal background check. Starting pay rate of \$12.26-\$13.65 per hour.

Please send resume and cover letter to Gilford Parks and Recreation, 47 Cherry Valley Road, Gilford, NH 03249, or call 527-4722 for an application. Deadline to apply is January 6, 2020. EOE.

**Call our toll-free number 1-877-766-6891**  
and have your help wanted ad  
in 11 papers next week!

## Dr. Howard S. Mitz North Country Gastroenterology

Office Endoscopy/Colonoscopy • Infusion Therapy

## HELP WANTED

### PROFESSIONAL PRACTICE MANAGER

North Country Gastroenterology, located in Littleton, NH is seeking an experienced and professional Practice Manager to join our team. In this role, the Practice Manager will work under the direction of the physician in providing management and leadership to our team.

The selected candidate will be responsible for managing a team of 9 employees. If you have experience working in an administrative role in a healthcare practice, we want to hear from you.

Please forward your resume to:  
ncgastro@aol.com

**Tuba City**  
Regional Health Care Corporation

*Have a Career that Changes Lives*

Live and work on the beautiful Navajo Reservation,  
near national parks and forests, canyon country,  
ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

## Emergency Physicians CAREERS

- Very close, collaborative medical staff
- Loan Repayment Program through NHSC
- \$25K Sign-on bonus with 2-year service commitment

To learn more about Tuba City Regional Health Care Corporation, call our Human Resources at 928-283-2432 or e-mail TCRHCCHR@TCHEALTH.ORG

[WWW.TCHEALTH.ORG](http://WWW.TCHEALTH.ORG)

# REAL ESTATE

**55 Plus MODEL HOME  
OPEN SUNDAY 12 to 2**

**\$169,995**  
Come and take a look!

**Garage, Porch, Appliances  
\*10% down - 25 years at 6%**

**Call Kevin - 603-387-7463**  
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH  
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

**Camelot HomeCenter**  
ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

<b>NEW 14 WIDES</b>	<b>DOUBLE WIDES</b>
<p><b>\$36,995</b> 56' 2 Bed</p> <p><b>\$41,995</b> 68' 3 Bed, 2 Bath</p>	<p><b>\$39,995</b> 64' 2 Bed, 2 Bath</p> <p><b>\$69,995</b> 70' 3 Bed, 2 Bath</p>
<p><b>\$64,995</b> Was: \$70,000 48' 3 Bed, 2 Bath Display Home Only #31002</p> <p><b>\$69,995</b> Was: \$79,000 48' 3 Bed, 2 Bath #3342</p>	<p><b>\$79,995</b> Was: \$96,000 56' 3 Bed, 2 Bath Drywall Home - One Only #30259</p>

SEE OUR AD AT [WWW.CM-H.COM](http://WWW.CM-H.COM) • HOMES FROM COLONY, NEW ERA, & TITAN

<p><b>\$87,995</b> 38x26 Sunny Cape</p>	<p><b>\$128,995</b> 1,900 sq. ft. 2 Story 1st Floor Master Bedroom</p>
<p><b>\$139,995</b> 56x28 Cape "You'll love the kitchen and incredible bathroom! Plus extra space upstairs!"</p>	

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?  
Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall [WWW.CM-H.COM](http://WWW.CM-H.COM)



**Melanson Real Estate, Inc.**  
34 N. Main St., Wolfeboro • 603-569-4488  
[www.melansonrealestate.com](http://www.melansonrealestate.com)

**MEREDITH:** Adirondack style home sited on 6 acres, a 2 story, stone fireplace and floor to ceiling windows to maximize water and mountain views. Over 5,000 sq. ft. of living space. A dock and 2-bay boathouse with a registered heliport.  
**ADVENT COVE ROAD \$3,750,000**

**TUFTONBORO:** Majestic farmhouse, site of signing the charter establishing Tuftonboro in 1795. 23+ acres feature 4 bedrooms, 4 bathrooms, 7 fireplaces, a large screened in porch, period barn, 4-car garage, and a bunkhouse.  
**NORTH LINE ROAD \$895,000**

**OSSIPEE:** Lakes Region Landmark office building. The complex can be used as a single professional building, subdivided into space for different tenants, or converted into condos for professional use. 2.5 acres between RT16 and RT28.  
**OLD GRANITE ROAD \$699,000**

**LAND**

**WOLFEBORO:** Fantastic location at a great price, with frontage on both Rt. 109 and Rt. 28 as well as just a short drive from Rt. 16. The 34 acre parcel can be subdivided offering 4+ lots, has 5 drilled wells and multiple engineering approvals.  
**CENTER STREET \$249,000**

**TUFTONBORO:** Gorgeous land located off NH Rt. 171 in Tuftonboro offers 116 acres and 1,800 feet of road frontage. Bring your ideas!  
**WILLAND ROAD \$725,000**

**WOLFEBORO:** Spectacular 12.5 acre parcel is privately located at the end of the road and provides 360 degree views. Enjoy views of Lake Wentworth and Lake Winnepesaukee to the South and mountains to the North.  
**FURBER LANE \$325,000**

LET US GUIDE YOU HOME

**wolfeboro bay Real Estate**  
27 South Main Street • Wolfeboro, NH  
**603-569-0101**  
[www.wolfeborobayrealestate.com](http://www.wolfeborobayrealestate.com)

**\$229,000**

**Spacious Ossipee Colonial!** ORoom for everyone with 4 large bedrooms and 3 modern baths on 1.17 acres. This home has a full basement, sunny deck, and grassy front yard surrounded by woods and trails! Abutting .79 acre lot also for sale for \$25,000.

**\$519,990**

**Winnepesaukee Condo Unit in Tuftonboro!** This interior unit facing Winter Harbor has 3 finished levels, TWO deeded docks, a first floor bedroom and over 500 ft of sandy and deep water frontage! Private garage included.

Visit our new "live" webcam at: [www.wolfeborocam.com](http://www.wolfeborocam.com)

**ROCHE REALTY GROUP**

**MEREDITH OFFICE**  
97 Daniel Webster Hwy  
(603) 279-7046

**LACONIA OFFICE**  
1921 Parade Road  
(603) 528-0088

**VISIT US ONLINE: [WWW.ROCHEREALTY.COM](http://WWW.ROCHEREALTY.COM)**

<p><b>MLS# 4786021</b> <b>LACONIA:</b> 3BR/3BA condo on Paus Bay. Moorings, day dock &amp; sun deck. <b>\$399,900</b></p>	<p><b>MLS# 4785274</b> <b>MEREDITH:</b> Great building lot—short walk from beach on Winnepesaukee. <b>\$97,000</b></p>	<p><b>MLS# 4782289</b> <b>GILFORD:</b> 3BR home w/ views! Many high efficiency upgrades such as solar panels. <b>\$299,000</b></p>	<p><b>MLS# 4771093</b> <b>NORTHFIELD:</b> Executive home on 7+ acres! 6BR/5BA &amp; almost 5,000 sf. <b>\$479,900</b></p>
<p><b>MLS# 4775688</b> <b>TILTON:</b> Brand new home to be built! 3BR/2BA and over 1,300 sf. <b>\$299,999</b></p>	<p><b>MLS# 4783833</b> <b>WEIRS BEACH:</b> Penthouse suite at Pier III! Overlooks Weirs Channel. <b>\$549,000</b></p>	<p><b>MLS# 4779428</b> <b>Village Lane, Meredith:</b> 2BR/2BA town home — walk to Lake Waukegan. <b>\$1,500/mth</b></p>	<p><b>MLS# 4786434</b> <b>Franklin St, Laconia:</b> 3BR/1BA duplex unit w/ farmer's porch &amp; yard. <b>\$1,400/mth</b></p>



# Registration open for winter curling season

WOLFEBORO — Registration has started for Lakes Region Curling's Winter 2020 league. The season consists of eight Sunday matches, starting on Jan. 12 and running until March 8. No matches are scheduled for Feb. 2, Super Bowl Sunday.

Each match, held at Pop Whalen Ice Arena in Wolfeboro, runs for two hours, starting at 5:15 p.m.

Registration is open to men and women aged 14 or over. No previous experience is required, and participants may



COURTESY PHOTO  
REGISTRATION is open for the winter season of curling at Pop Whalen Arena.

CHAMPIONSHIP IRISH DANCE - BLAZING FIDDLES

## Celtic Christmas

THE SKY FAMILY

SOAR... CRY... THINK... LAUGH OUT LOUD!

A HIGH ENERGY MUSIC, DANCE AND GOSPEL PRODUCTION!

*All Welcome!*

## The Agape Worship Center

80 Bean Rd.

*All Welcome!*

## Moultonborough

7 pm Friday Dec. 13

For more info: 603 677 6254

~ No tickets, a love offering will be taken ~

"AN EVENT NOT TO MISS!" - CHICAGO TRIBUNE

join as individuals, with a partner, or as part of a complete team.

The LRCA will offer new players a learn-to-curl session on Sunday, Jan. 5, during which experienced curlers provide instruction in the rules and game play of curling. Curlers can use the traditional sliding delivery seen in television matches or use a

"delivery stick" that lets the player walk to send the stone down the ice.

All equipment is provided and organizers will assist unaffiliated registrants in finding a team.

Registration fee is \$195 per person. Registration forms as well as waiver forms for adults and for minors are available for download from

the LRCA web site at [lakescurlingnh.org](http://lakescurlingnh.org).

Sometimes referred to as "chess on ice," curling originated on the marshes of Scotland in the early 1500s and came to North America with British colonists in the 18th century. First demonstrated at the 1926 Winter Olympics, it became an official Olympic sport in 1998.

## CHANCE

CONTINUED FROM PAGE B2

move along quickly, if not dryly. As halftime approached, the rain picked up and it was ridiculous to even be outside. I retreated to the tunnel under the bleachers for the final few minutes of the half as the Cavaliers scored a touchdown and took the 8-7 lead to halftime.

From there, I made my way up the elevator to the fourth floor and the press box where it was time to dry off a bit. Since I had a good deal of photos already, I made

the decision to stay in the press box for the second half. With a few minutes left on the clock and the Cavaliers holding the lead, I made my way back down to the field where I got a few photos of the trophy presentation and the postgame talk.

It took a while to dry off, but I was able to get the pictures sorted and the story written before I had to head from the office back to Wolfboro for my final night cleaning at Brewster. While it was disappointing that Plymouth wasn't able to come through with the win, making the champi-

onship game four years in a row is an accomplishment for anyone.

Finally, have a great day, Chris Sanborn.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.*

Jessica Wheeler  
Recovery Support Specialist

Alexander Annunziata  
Recovery Coach, Peer Support, Person in Recovery

## YOU ARE NOT ALONE.

If you are struggling with alcohol or drug issues, you're never far from help.

Find a Doorway near you.

THE DOORWAY  
at LRGHealthcare  
at Concord  
at Wentworth - Douglass

For help with drug or alcohol issues visit [theDoorway.NH.gov](http://theDoorway.NH.gov)  
OR dial 2-1-1.

## Diane the Turtle

Birthday Cake at 12 Noon

Celebrating All Day December 7, 2019 9:30-5:30  
TwinDesigns Gift Shop 8 Central Square Bristol

Flex Your Dollars to  
**Refresh Your Smile**  
With Your Flex Spending Account Before the End of the Year!

**invisalign**  
The Clear Alternative to Braces

Don't let the year end without using up your Flex account dollars. Or, start your treatment early next year by setting up Flex contributions now. This is your chance to have the smile you deserve. Ask us how.

**Call our office today to schedule your complimentary Invisalign consultation!**

**\$500 Off**  
Invisalign Treatment

Offer valid on new Invisalign treatment plans starting now through 12/31/19.

**KENNELL**  
ORTHODONTICS  
Dr. Alan F. Kennell  
Braces for Children & Adults

[KennellOrtho.com](http://KennellOrtho.com)  
524-7404 Laconia | 536-7404 Plymouth | 444-7403 Littleton