



Candidates for office in Sanbornton face questions from voters

By Donna Rhodes
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SANBORNTON — Candidates for local town offices in Sanbornton took part in a community forum last week where they could introduce themselves to the voting public and take questions from the audience, most of which centered around library funding and a petitioned warrant article that would dissolve an ambulance revenue fund for the fire department.

The Candidates Night forum was held at the Sanbornton Public Library and organized by resident Andy Sanborn, who said, "I did this because believe in public access. I believe in discussions between voters and the candidates."

Pat Clark of Tilton served as moderator for the event, and led off the night with candidates seeking positions on the Budget Committee

where there are two three-year terms and one two-year term are up for grabs this year.

Roger Grey said that as a Budget Committee member for the past five years, he was running on his record as a fiscal conservative.

"My job is to find and give taxpayers detailed information so they know what's going on," Grey said.

He claimed a recent survey showed taxes in Sanbornton were the second highest in Belknap County yet taxpayers would be handed a \$5.5 million budget should all warrant articles be approved at town meeting. That, he said, would be a 33-percent increase over last year.

As the author of Article 12 on this year's warrant, though, Grey faced some tough questions from residents and town employees who are opposed to his plan to dispose of the "Emergency Medical Services Fire



DONNA RHODES

In his bid for reelection to the Sanbornton Budget Committee, Roger Grey took on several questions and comments during a Candidates Night forum last week as he explained his thoughts on decreased library funding as well as his proposal to abolish an ambulance revenue fund.

and Rescue Apparatus, Equipment and Vehicles Special Revenue Fund" and turn the fund balance and future revenue from ambulance

services back to the town's General Fund.

He also criticized the committee for the lack of meetings held through-

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Residents speak out on proposal for new fire station

BY DONNA RHODES
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TILTON — The Tilton-Northfield Fire Commission and their appointed Facilities Committee held a public hearing on March 1 where they introduced their latest plans for a new fire station in Tilton, hoped to replace an aged and insufficient Center Street Station.

Committee Chair Tim Sattler began with a presentation on the needs of the department, and followed with resolutions that were determined by the committee, which was made up of residents from both towns as well as Fire Commissioner Dennis Manning, while Chief Michael Sitar and architect Paul Blaisdel each served as advisors.

Sattler said there is an aging community in



DONNA RHODES

Members of the Tilton-Northfield Fire Commission and their Facilities Committee held a public hearing last week on a proposal for a new fire station in Tilton that would replace the Center Street station and serve the growing needs of the district. From left to right are Commissioners Paul Blaisdel, Paul Auger, Dennis Manning, and Chief Michael Sitar.

the district, bringing an increase in service needs to the department. In addition to that, the growth of Tilton's busi-

ness district around Exit 20 and along the Route 3 corridor has added other new challenges.

After visiting similar

communities to see how their fire/rescue operations were facilitated, the committee then re-

SEE **PROPOSAL**, PAGE A12



DONNA RHODES

After 95-year-old Russell Cilley of Northfield (right) was presented with the Boston Post Cane for the Town of Northfield, he shared the moment with his nearly 101-year-old older brother John (left) who also received the Boston Post Cane for Ashland just a year ago.

Northfield veteran joins brother as Boston Post Cane recipient

BY DONNA RHODES
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NORTHFIELD — Family and friends gathered at the Whiteman-Davidson American Legion Post 49 last Saturday afternoon to witness the presentation of Northfield's Boston Post Cane to 95-year-old resident Russell Cilley, the second person in his family to be honored as the oldest citizen in their community. Just a year ago, his older brother John, who will be 101 in May, also received the Boston Post Cane for the Town of Ashland.

"But I got it when I was younger than he was," said Russell Cilley, enjoying some good-natured sibling rivalry.

Boston Post canes were first distributed to more than 400 New England communities in 1909, courtesy of Boston Post newspaper publisher Edwin Grozier. Grozier had the mahogany

and gold-topped canes created to honor residents of each of the small towns for their longevity. While the canes were originally presented to only the oldest male member of each community, in 1930 the rules were changed to include women as potential recipients, too.

Over the past century, the passing of the Boston Post Cane has become a treasured tradition in all of the towns that re-

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Winterfest at Sanbornton Library proves fun for all despite change in weather

BY DONNA RHODES
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SANBORNTON — Originally billed as "Winterfest," the Sanbornton Library and Recreation Department had to switch to Plan B last week when heavy fog and a lack of snow put a damper on scheduled activities behind the library, but that didn't put a damper on any of the fun enjoyed by all the children who attended. Abandoning snowshoes, sleds and other outdoor equipment, Library Director Marcia Haigh and Recreation Coordinator Julie Lonergan got together with their combined staff and smoothly transitioned to Mardi Gras themed activities inside the library instead.



DONNA RHODES

Eleven-year-old Ella was among more than a dozen boys and girls who enjoyed some Mardi Gras activities, like this mask-making craft, during the Sanbornton Library and Recreation Department's Winterfest last week.

"It's always a pleasure to collaborate with the library, and while the weather didn't coop-

erate this year, we came up with another idea that I think everyone enjoyed just as much," said

Lonergan.

Boys and girls gathered inside to play games

SEE **LIBRARY**, PAGE A12

Local parents honored for strength

CONCORD — Applause filled the room as Gov. Chris Sununu entered the Executive Council Chamber in the State House Wednesday, Feb. 22.

The Governor and New Hampshire Children's Trust honored 35 parents at the 10th Annual Unsung Hero Awards in recognition of their strength and resilience. Some honorees have faced and overcome many obstacles and still found the strength to care for others, give back to the community who helped them, and provide safe and stable homes for their children.

"Parents who go above and beyond to provide for their families and communities are our unsung heroes," Sununu said. "I was proud to recognize a few tonight."

Each award recipient and their family proudly stood to be photographed with Gov. Sununu while accepting their award. After the ceremony, families gathered for a reception to celebrate their accomplishments and enjoy refreshments.

Below are local honorees:

Erica Brough, of Laconia, was nominated by Scoop Welch. Erica is a single mother, working two jobs to support her two sons. While expecting her second child, she was informed that she would not be able to access Child Care Scholarship funding. Erica wanted to continue to work, but knew the cost of child care would be prohibitive. Utilizing the NH Child Care Scholarship Wait List, Erica was eventually provided the additional financial support that she needed. After taking additional college courses, Erica is now the Center Director at the Belmont location for Lakes Region Child Care Services. On top of working and taking care of her family, she is an active volunteer at the Family Violence Prevention Council and Granite United Way.

April Hanks, of Belmont, was nominated by Mary Mirkin. April is the single parent of twin boys, Crystian and Brooklyn. Because they were born prematurely, their first years of life were very difficult. April showed great strength and tenacity in reaching out to medical providers and arranging a vast array of early intervention services for her boys. April continues to travel from Belmont to Lebanon for numerous medical appointments at Dartmouth, all while maintaining a full-time job to support her boys. Her sons, now six, are making great progress, thanks to April's courage and resilience.

Denise and Syl Lapiere, of Belmont, were nominated by Jennifer Doris. Denise is an amazing mother to her children. When Denise received her son's autism diagnosis, she looked at the many opportunities that ASD would bring to the family. Denise advocated for all the services her son needed in order to excel. Not only is she a strong resource for her son, but also for many people in the community. She found her way through leadership programs and has become an advocate not only at the local level, but also the state level.

Ross Leclair, of Belmont, was nominated by Amy Leclair. Ross is a single dad to a beautiful baby girl named Olivia. Olivia was born five weeks early, and shortly after she arrived home, Ross and his partner separated. Having a newborn is difficult, but it is particularly difficult when there are two separate parenting styles. Ross had to fight to stay in his daughter's life, and with perseverance and determination, he now shares custody. He always has his daughter's best interests at heart and supports her emotionally, physically and financially.

Lesle and Rudy Tibbetts, of Meredith, were



Ron Leclair and his family with Gov. Chris Sununu.

nominated by Kierin Williams. Lesle and Rudy have two children and are foster parents to a 2-year-old boy, Cade. Every day is another adventure – this year was Cade's first time seeing and playing in snow! Lesle and Rudy are loving and caring to Cade and intend to adopt him. Lesle and Rudy are working hard on building his communication and social skills. The Tibbett family and Cade are a perfect example of understanding a child's physical, developmental and emotional needs. They work diligently to help Cade grow with competence while promoting his well-being.

Crystal Cutting, of Ashland, was nominated by Tricia Murphy. Crystal and her daughter, Izabelah, came to the Bridge House Homeless Shelter and the Whole Village Family Resource Center in Plymouth in November 2015. Crystal secured a spot for Izzy in Head Start at Whole Village and began taking advantage of the resources offered. She took classes to secure her diploma, get a job, and began renting an apartment. Crystal has also obtained a vehicle through a program with

DHHS and Good News Garage. She has also been able to reestablish a relationship with her two older children. Crystal has undoubtedly put in the hard work necessary to point her life in a positive direction.

Jason Kingsbury, of Northfield, was nominated by Christina Beadle. Jason is a doting father to his son, Landen. Landen was born with a dangerous venous lymphatic abnormality in his windpipe, causing the risk of closing his airways. Jason makes the best of every visit to Boston Children's Hospital, advocating for Landen in any setting. When Landen is healthy, Jason always plans fun learning adventures while incorporating ways to give back to the community. Jason strives to set a good example for his son to follow, all while growing his own small local business.

"This is my favorite event of the year. To see the parents being hon-

ored for being strong for their kids is such a joy," said Julie Day, Strengthening Families Director at NH Children's Trust.

Coming from all counties of our state, 35 award recipients were nominated by family, friends, co-workers and community members who believe they are doing the very best with what they have. Specifically, each of the honorees have shown effective use of some or all of the 5 Protective Factors:

o Parental Resilience: Overcoming everyday stress and bouncing back.

o Social Connections: Having people who know and support them.

o Knowledge of Parenting and Child Development: Where to find out about parenting skills and developmental growth.

o Concrete Support in Times of Need: Knowing where to turn

for help.

[if !supportLists] o [endif]Social and Emotional Competence: Knowing how to help their children talk about their feelings.

A parent is defined as a dual parent, single parent, grandparents, foster or adoptive parent.

NH Children's Trust, the New Hampshire Chapter of Prevent Child Abuse America, is committed to eliminating child abuse and neglect by helping families to build Protective Factors that buffer them in times of stress. It is an honor to recognize ordinary parents for being heroes to their children and role models for their community.

"Why do we do this?" Lara Quiroga, Chair of the Board at NH Children's Trust asked. "Because each one of these people are strong and resilient caregivers that have made a difference in the life of a child."

HALL MEMORIAL LIBRARY

Tilton/Northfield Monday, March 13
Monday Morning Makers, 11 a.m.

Craft time for homeschool children - (recommended for ages eight and up)

Lug A Mug, 2-6 p.m.
Bring in a mug or use one of ours, and enjoy a free coffee or hot chocolate!

Chess Club, 3-6 p.m.
Math Tutor, 4 p.m.

Trustees Meeting, 5 p.m.

Open to the public
Scrabble It Up at Games Night, 6 p.m.
Adults only

Tuesday, March 14
Spanish Club, 10 a.m.
Tech Tuesday, 2-4

p.m.
Teen Time, 3 p.m.
Perler Beads

Wednesday, March 15
Story Time, 10:30 a.m.

Spring
Scrabble in the Afternoon, 1 p.m.

Play a leisurely game with like-minded adults.

Magic the Gathering, 4 p.m.

Thursday, March 16
Lug A Mug, 10 a.m.-2 p.m.

Bring in a mug or use one of ours, and enjoy a free coffee or hot chocolate!

Friday, March 17
Sit and Knit, 2-5 p.m.

Saturday, March 11
Let's Go Lego

New Items

"Lincoln In the Barado: a novel" by George Saunders

"Snow Blind" by Ragnar Jonasson

"Hyperion" by Dan Simmons

"All the Wrongs Today: a novel" by Elan Mastai

"Always: a novel" by Alex George

"Nine Essential Things I've Learned About Life" by Harold S. Kushner

"Cannibalism: a perfectly natural history" by Bill Schutt

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 86 calls for service and made the following arrests during the week Feb. 24-March 2. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Isaac N. Bourdeau, age 21, of Belmont was arrested on Feb. 25 in connection with an outstanding warrant issued by the Laconia Police Department.

Andilee M. Colpitt-Huckins, age 28, of Belmont was arrested on Feb. 26 for Simple Assault.

Joseph W. Bonnell, age 18, of Gilford was arrested on Feb. 27 for Endangering the Welfare of a Child or

Incompetent, Facilitating a Drug/Underage Alcohol House Party, and Unlawful Possession of Alcohol. Several individuals attending the party hosted by Bonnell were taken into protective custody.

Linda K. Otten, age 49, of Concord was arrested on Feb. 28 in

SEE BELMONT, PAGE A3

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VOTE MARCH 14

BELMONT HIGH SCHOOL 7AM-7PM

Alert resident guides Belmont police to wanted man, bonus drug bust

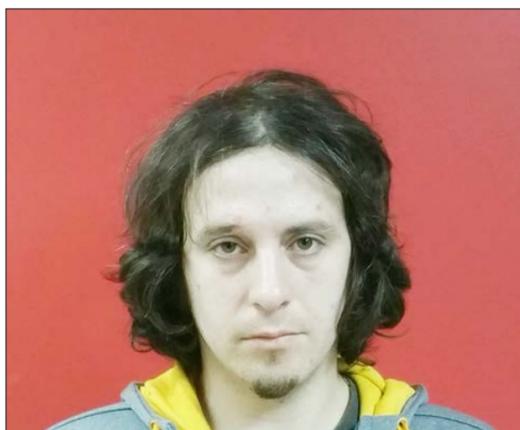
BY DONNA RHODES

drhodes@salmonpress.news

BELMONT — An alert resident in Belmont helped police not only locate a man wanted on an active electronic bench warrant, but their report of a suspicious vehicle in their neighborhood also resulted in an arrest for narcotics possession.

At the time of the call, which was logged in as 1:10 p.m. on March 2, Belmont Police were working with the fire and EMS squad on an unrelated medical call on Ladd Hill Road. Responding to the second incident, less than a mile away, Belmont officers encountered several subjects in the suspect vehicle and began an investigation.

After speaking with the occupants of the vehicle, it was soon discovered that one of them was Chad Hitchcock, age 33, of Woodsville. Officers learned that Hitchcock, who initially



COURTESY

Chad Hitchcock of Woodsville, who was wanted on a bench warrant from Grafton County, was arrested in Belmont last week and additionally charged with possession of heroin and drug paraphernalia and using false identification.

gave false identity information to police, had an arrest warrant that was issued by the Grafton County Court in Haverhill and he was then taken into custody. He was also found to be in possession of drugs and drug paraphernalia at the time of his arrest in Belmont.

"During his arrest, police located nine bags of heroin, a spoon, a dig-

ital scale and a needle," said Mann.

Hitchcock was charged with one Class B Felony Possession of Controlled Narcotics and a misdemeanor charge of Obstructing Government Administration for providing a false name and date of birth.

Others in the vehicle with him at the time were interviewed and

released.

Following his arrest, Hitchcock was also released on personal recognizance bail and is scheduled to appear on March 16 in Belknap County Superior Court.

Mann said that in the midst of the troubling drug crisis in New Hampshire, residents in Belmont have been very helpful by calling law

enforcement when they see suspicious activity in their neighborhoods. That assistance is greatly appreciated by police as they work to keep citizens safe.

"After a number of overdoses and fatalities in our community the police department continues to aggressively pursue any and all leads when it comes to arrest-

ing those who possess and use illegal drugs," he stated in his press release.

Anyone with information about drug activity in the town is urged to call Belmont Police Department at 267-8350 or 1-800-NAB-DOPE, the statewide hotline for suspected crimes involving drugs.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 382 calls for service and made the following arrests during the week of Feb. 20-26. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Arrested during this

time period were Karen Durocher (for Driving After Suspension), Monica Kemper (in connection with an outstanding warrant), Marresa Maynard (for Driving After Suspension and Possession of Drugs), Tamara Ipock (in connection with an outstanding warrant), Alan Edwards (in connection with an outstanding warrant),

Felicia Houle (for Possession of Drugs), Cassandra Torrence (for Willful Concealment), Christopher Bickford (for being a Felon in Possession of a Dangerous Weapon), Zachary Baker (for Possession of Drugs), and Adam Liesner (in connection with an outstanding warrant).

BELMONT

CONTINUED FROM PAGE A2

connection with an outstanding warrant issued by the Concord Police Department.

A 15-year-old juvenile was arrested on Feb. 28 for Domestic Violence; Assault.

Bryan P. McLelland,

age 22, of Gilford was arrested on March 1 for Driving After Revocation or Suspension and Possession of Drugs.

Joseph Charles Calahan, age 34, of Belmont was arrested on March 1 for Driving

After Revocation or Suspension.

Damien Robert Moore, age 26, of Tilton was arrested on March 2 for Driving After Revocation or Suspension.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 47 calls for service and made the following arrests during the week ending March 4. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Joseph Leighton, age 30, of Sanbornton was

arrested on March 3 for Driving While Intoxicated. He is scheduled to be arraigned in Franklin District Court on March 13 at 8:15 a.m.

The breakdown of last week's remaining calls was as follows: two motor vehicle accidents, 17 motor vehicle warnings, one service of a court summons, one report of incorrect operation of an OHRV, one lost prop-

erty report, one missing person, three requests for police information, one sex offender registration, three reports of suspicious vehicles or activity, two road hazards, one D.W.I., one VIN verification, three house checks, one report of criminal trespassing, eight money relays, and one report of fraud.

Leprechaun Leap 5K in Belmont postponed until March 18

BELMONT — The Fifth Annual Lakes Region Leprechaun Leap in Belmont, originally scheduled for March 11, has been postponed until Saturday, March 18 at 10 a.m. Temperatures for this Saturday are expected to be around 20 degrees with a 16 mph wind, so we thought it best to postpone the event by one week.

The event is held as a fun way to celebrate the St. Patrick's Day holiday, and to promote a healthy lifestyle in the Lakes Region. With that in mind, we are hoping for more spring-like temperatures on the 18th to allow for a family-friendly event. As always, we encourage you to take

the baby out for a stroll in the jogger or bring the family dog on a leash.

A revised poster for the event and registration form are available on the Town of Belmont's Web site at www.belmonth.org, or in person at Belmont Town Hall or Belmont Public Library. Our 5k loop is a wonderful challenge for runners and walkers of all ages. It starts and finishes in front of the Belmont Mill on Mill Street (behind the Belmont Public Library). The loop includes Concord Street, Wareing Road, South Road, and Shaker Road. Prizes awarded for top finishers in Adult Male/Female, and Youth Male/Female di-

visions. Costumes are not required; however, many participants come dressed in fun holiday attire.

Recruit the spouse, friend, children or pooch, and join us for our annual 5k Fun Run/Walk. Entry fee for pre-registrations, as well as day-of event registrations, is only \$10. The first 50 pre-registrations will receive a commemorative water bottle. Snacks and drinks available at the finish line. For more information, please email events@belmonth.org or call Gretta Olson-Wilder at 998-3525. Get out and enjoy some fresh air and exercise!

Ducks Unlimited Committee sets dinner date

TILTON — The Daniel Webster Chapter of Ducks Unlimited will hold its twenty-ninth annual dinner banquet auction on Saturday, March 25 at 5 p.m. at La Piece ~ The Room

in Riverfront Place, the award winning renovated mill building at 322 Main St. in Tilton. James Cropsey is Area Chairman this year. Nearly 6,200 local Ducks Unlimited fundraising

events throughout the country last year contributed towards Ducks Unlimited's national fundraising effort of almost \$175 million. Last year, Ducks Unlimited achieved 84 percent ef-

iciency, resulting in 84 cents of each dollar raised being spent on wetland acquisition or improvement.

Each year, the United States loses some 140,000 acres of wetland habitat. Since its inception, Ducks Unlimited has raised more than \$1 billion and enhanced and restored nearly 14 million habitat acres, encompassing more than 15,000 wetland projects, in an effort to reverse this destructive trend. DU's projects provide habitat for more than 600 wildlife species, including ducks, geese,

and endangered or threatened species like the whooping crane and bald eagle.

While Ducks Unlimited has accomplished a great deal since its founding in 1937, the rapid draining of our wetlands demands that the organization continue to accelerate its work. Efforts like those of the Daniel Webster Chapter are a vital part of Ducks Unlimited's efforts.

Order your tickets by March 18. Dinner tickets cost \$70 for an individual and \$95 for a couple while youths

under 18 years of age are \$40. All attending youths will be entered to win a .22LR Caliber rifle donated by Brad Marshall of Marshall Firearms. Sponsor tickets are \$285 for an individual ticket. Sponsors will have a one in five chance of winning a gun of their choice from a selection of over 30. To purchase tickets or for information on how you can support Ducks Unlimited's program of wetlands conservation, contact Pete Spear at 729-0214, Kevin Stack at 236-2110 or Jim Cropsey at 286-9633.



COURTESY

Belmont Legion supports food Baptist Church food pantry

Belmont's American Legion Post 58 Commander, Rich Stanley, presents a \$500 check to Pastor Andy Barnes of Belmont Baptist Church for the Church's Food Pantry. Post 58 also made a similar donation to the St. Joseph's Catholic Church Food Pantry. These are but two of the many organizations Post 58 supports through their fundraising activities and civic involvement.

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Opinion

A4 Thursday, March 9, 2017

WINNISQUAM ECHO

STRATEGIES FOR LIVING

BY LARRY SCOTT

Christians in Damascus, Syria little realized that they were in deep trouble. The “Osama ben Laden” of the first century church, Saul of Tarsus, was on his way. With authority from the religious leaders in Jerusalem he was about to apprehend any Christian he could lay his hands on, put them in prison, and, if possible, even support a death sentence. This man was out to destroy the fledgling Christian church.

Saul was incensed at how this new religion was impacting his Jewish faith. He was a sincere follower of God, an ardent conservative, a man wholeheartedly dedicated to preserving the rules, regulations and theology that had been normative for Judaism since the time of Moses. From Saul’s perspective, it was beyond belief that God was involved in this new faith. Especially galling was the claim that this Jesus had appeared alive and well for 40 days after His crucifixion. Any fool had to know that simply could not be, and Saul was no fool.

But something happened to this dedicated Pharisee on his way to Damascus that changed everything. Before getting to Damascus, he had, by his own words, an encounter with Jesus Christ. “As I was on the road, I saw a light from heaven, brighter than the sun. ... I heard a voice saying to me in Aramaic, ‘Saul, Saul, why do you persecute me?’ ... I am Jesus, whom you are persecuting.” Now that was a shocker! The faith he had been defending had come to the Jewish nation straight from God Himself. One can only imagine the trauma through which Saul went as integrated this new faith with everything he had been taught and believed, but from this day forward, Saul was a new man with a mission.

Within a few years, he became the Church’s most eloquent spokesman and influential exponent of the Christian faith. Second only to Jesus Christ, Saul, soon known as the Apostle Paul, more than any other set the theology and the direction of the Christian church. But conversion came at a terrible price. Fiercely persecuted from his earliest days as a Christian, he was stoned and left for dead on one occasion, he was beaten 8 different times, he spent several years in prison and was finally executed by Nero. And his verdict on all of this? “I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.” Paul was proud to be a Christian.

It is difficult for most people to even imagine the dramatic effect that takes place in one’s life when Jesus Christ is taken seriously. You can join Islam ... or Buddhism ... or Hinduism and except for a new set of regulations demanded by your new faith, you need not experience any semblance of a spiritual transformation. Christianity, however, effects a dramatic change, not only in what one believes and which church he attends, but also in fundamental qualities of integrity, character, and disposition. I am not over-dramatizing this: the greatest “miracle” I have ever seen has been the change of life that has come to those who have welcomed Jesus as the Lord of their life.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

PET OF THE WEEK



Pensively optimistic that the right home, with the right people is not too far off, Bella Luna, awaits her next adventure at New Hampshire Humane Society.

“Beautiful Moon” in Italian this pretty little dog, with a squishy curled tail like a Boston Terrier, and fetching Brindle markings, like a tiny Boxer, and languid brown eyes like a dog that just wants a permanent home, she

BELLA LUNA

requires an adults only home and one where she is the one and only dog.

She’ll appear shy when you meet her, but she has a big personality actually, once you get to know her.

Vigorous and energetic, lots of exercise and constructive play would be her best wish. Come visit and fall in love.

Check www.nhhumane.org for more details.

LETTERS TO THE EDITOR

To the residents of Tilton

To the Editor:

Town meeting is once again upon us. It is our turn to have our say in how our town is run. We will be voting for our town representatives, and there are two open seats on the Board of Selectmen. We will have at least one new member elected, as my name will not be on the ballot this year.

It has been a privilege to serve the past six years as your representative, but I believe that various citizens need to take part. All of the candidates are fine people who have been involved on different boards and committees, and for that, they have my thanks. This year, I will be casting my votes for Jon Scanlon and Ashlee Saint John.

Jon has served one term and has got a good handle on the issues that we will be facing in the next few years. Although we do not always agree, I have no

doubts about Jon’s motivations and his well thought out positions.

Although a newcomer to this level of town affairs, Ashlee Saint John is a refreshing new voice in the town. Born and raised in Tilton, she brings a more youthful perspective to her run for Selectman. I have talked to her at length about her ideas for the town, and she has my support. No matter which candidate you might support, it is important to get out and vote on March 14. This is your chance to have a direct say in how we will go forward as a community. I hope to see a large turnout on March 18th at Town deliberative session. The issues that we will discuss will affect our taxes and the services we provide.

Thank you again for support.

*Joe Jesseman
Tilton*

Join me in supporting Katy North

To the Editor:

I am writing to ask you to support Katy (Wells) North in her efforts to reseat as selectman in Sanbornton.

Katy North took over my seat as selectman in September, and I am incredibly impressed by the job she has done. She has brought an energetic and forward thinking thought process to the board, and I am excited about the progress that is being made. With her many years of business and municipal experience, she is focused on Sanbornton’s future, and how we can continue to move forward as a community while

balancing the employees and taxpayer’s needs. She comes to every meeting fully prepared and educated about each issue on the agenda, and spends an incredible amount of time researching and reading current and historical documents to support the board in their decision-making process.

Please join me in voting for Katy (Wells) North for selectman on March 14, 7 a.m. to 7 p.m. at the Old Town hall.

*Sincerely,
Johnny Van Tassel
Sanbornton*

My experience will help me serve the community

To the Editor:

To my fellow Citizens of Sanbornton: My name is John Vorel, and I live with my family on Lower Bay Road. I am running for election to one of the three year seats on the town’s Budget Committee.

While living in Sanbornton these last eight years, I have come to know the community and the wonderful people who live here. I have a clear understanding of the complexity of town operations and the needs of our citizens and visitors alike. I have always given of my time to help the community that I live in, and I think it is time for me to serve the Town of Sanbornton and its citizens in a similar way. The Budget Committee’s work is extremely important in balancing the operational costs of the town against the hard earned money that Taxpayers contribute through their Property Taxes. This process requires working with all concerned to reach a budget that will accomplish the will of the Voters.

My 27 years of experience in managing both private and public entities gives me a unique outlook

on listening to many different viewpoints and then crafting a budget that will work for all. The following list of past experiences has helped me to prepare to represent the citizens of Sanbornton:

President, New Hampshire Ski Area Operators Association

Vice Chairman, New London Planning Board
Member, New London Transfer Facility Site Committee

President, Laconia/Weirs Chamber of Commerce
Member, Gilford Zoning Board

Member, Laconia/Gilford Economic Development Com.

In addition, I have managed budgets well in excess of \$6 million, and understand that every dollar is important and needs to be put to good use. I ask for your vote and support on March 14 as one of your next members to the Town’s Budget Committee.

*Thank you,
John Vorel*

Sanbornton’s government needs rebalancing

To the Editor:

Sanbornton taxpayers must take the time to vote on Tuesday, March 14 and attend Town Meeting on the 15th. Please do not trust your future tax rate to the Select Board and/or Budget Committee. Sanbornton has the second highest town tax rate in

Belknap County. You probably don’t realize it, but there are no conservative thinkers on the Select Board of three people, and only two conservatives on the Budget Committee of seven members. There is a small group of “Progressives” who have taken full control of the future of the Town of Sanbornton, and the middle class tax payers are simply going along for the ride. We need some balance in our town government in order to make responsible decisions on behalf of the taxpayers. This is not happening! Last year, we were able to mobilize over 300 taxpaying citizens and overwhelmingly defeat the request for two full time firemen. Thank you for showing up and voting your conscience. We need you back again this year, only in greater numbers. They didn’t think we got it right last year, so they are going to give us one more chance to get it right and approve two full time firemen for a town of 2,800 people. You know where this is headed. More equipment, more employees, bigger or new fire station and more retirement packages that last a lifetime...higher taxes!

Dave Nickerson has thrown his hat into the ring, and is running for the Select Board. If Dave wins, he will bring with him three years experience on the

Send your letters!

Winnisquam Echo
P.O. Box 729
Meredith, NH, 03253

Our fax number is 279-3331.

Or, you can e-mail us at echo@salmonpress.com.

Please include your name, address and phone number.

SEE LETTER, PAGE A5

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Your support would be appreciated

To the Editor:

It has been my privilege to serve on the Sanbornton Budget Committee the past three years. I am seeking reelection to the Budget Committee, and I am asking for your vote on Tuesday, March 14.

Three years ago, my position was that the Budget Committee and Board of Selectmen should cooperate with the goal of reconciling budget differences prior

to town meeting. Since I was elected, the Budget Committee and the Board of Selectmen have improved communications, and meet both at the outset of the budgeting process and after the Budget Committee review. This has resulted in substantive differences being brought to the voters.

Budget disagreements cause town meeting to be excessively long and draw attention

away from the largest drivers of town property taxes, warrant articles. As promised, I have made every effort to see that the product of the budgeting process provides clear and meaningful choices to the voters at town meeting.

I would appreciate our vote and support on Tuesday, March 14; polls are open 7 a.m. to 7 p.m. at the Town Hall.

*Ralph Rathjen
Sanbornton*

Sanbornton's Candidates Night

To the Editor:

Sanbornton's Candidates' Night (thanks to Andy Sanborn and our wonderful library venue / staff!) took place and blossomed into an informative night. Town Meeting is the night of Wednesday, March 15 at Sanbornton Elementary School, with voting at Old Town Hall the day before, Tuesday the 14th. School Meeting is Saturday, March 25 at the high school, 9 a.m. start. The school's budget is the greatest part of our tax bill, and deserves our attention and support. Get yourself there.

We heard from three candidates for Budget Committee – and I'll give my two votes for 3-year seats to Ralph Rathjen (incumbent) and newcomer John Vorel. A two-year seat gives us the choice of Justin Barriault or Bill Whalen. Mr. Barriault is now filling in the seat vacated by Katy Wells North when she became Selectman – and I will vote for this young adult who was born and raised here and cares very much about

our town. Selectman's seat pits Sanbornton's long-time involved Katy Wells North against Dave Nickerson, who didn't show. Selectman Ober in the audience praised the amount of work done while Katy has filled in Johnny Van Tassel's seat the past five months. Applause followed. My vote goes to Katy Wells North.

A contested seat is for school board, three-year term. Sean Goodwin has ably done the job since 2007 and has two school-attending children in our system. His challenger didn't show. I'll vote for Sean Goodwin. Dana Knute has served ably on School Budget Committee, representing Sanbornton, and asks to continue. He has my thanks and vote.

The night closed with Tom Salatiello's praising our citizen legislature, which is Town Meeting. We get to discuss, resolve, vote. He reminds me of Granny D's urging – "Democracy is not something we have; it's something we do." Tom is on the ballot for Town Moderator, but

he paused several times to praise the job Tim Lang has done. Tom told us his treatment for pancreatic cancer (five years) includes the advice, "Do what you always do." So he got himself onto the ballot. I'll vote for Tim Lang.

A controversial Warrant Article is #12, to discontinue the method in place for funding future emergency rescue apparatus. Budget Committee member Roger Grey and petitioners put this to the voters. The Budget Committee voted not to support it, 6 – 1. Grey's vote for support is the only one it received. Come to Town Meeting and stay long enough, please, to defeat this article. Hear the common sense arguments for keeping the current system, then defeat Article 12. It comes last.

The Candidates' Night success owes thanks to Moderator Pat Clark, who visits us from Tilton and keeps it all on track and friendly.

*Sincerely,
Lynn Rudmin Chong
Sanbornton*

Support Sonny Patten for selectman

To the Editor:

On Tuesday, March 14, I am voting for Sonny Patten for Belmont Selectman.

Both of us have operated businesses on Province Road over the

years, and our paths have crossed many times. Sonny has always enjoyed a friendly and positive attitude, and has been active in town affairs for many years, including 26 years serv-

ing on the Town Planning Board.

I believe he will serve as a positive compliment to the board as a compatible participant.

*Mark Mooney
Belmont*

Vote "No" on Shaker Article 8

To the Editor:

We, as a community, worked very hard to implement SB2, give it a chance, hold our

school business administration, as well as our School Board, accountable as to how they spend our tax dollars.

I urge you to vote "No" on Article 8, Tuesday, March 14.

*Jon Pike
Belmont*

Fellow Sanbornton taxpayers...

To the Editor:

My name is Bill Whalen, and I am running for the Sanbornton Budget Committee to fill this year's two-year term vacancy. I have been a Sanbornton resident and taxpayer for over 30 years, and have served both as a member and past Chairman of the Planning Board and as a Member of the Zoning Board.

My business career spans over a 30 year period. As a member of the senior management team of a major insurance and investment company, I managed various planning and in-

ternal services. During my time in the corporate sector, I oversaw both departments and projects that were responsible for multi-million dollar budgets and the staffing of hundreds of employees.

I also headed up a management consulting company which specialized in computer center development and relocation planning, as well as project feasibility, analysis and budget oversight services.

My goal as a member of the Budget Committee is to insure that the committee's version of the budget has been thor-

oughly reviewed and vetted, thus insuring that when it is presented at town meeting, taxpayers will be getting the best value for our tax dollars!

I am asking for your vote as a candidate for the Budget Committee on Tuesday, March 14.

*Thank you,
Bill Whalen
Sanbornton*

To the Editor:

Last year, Shaker voters finally passed SB2 (ballot voting) at the Shaker Regional School District meeting. Several attempts were made, and failed, prior to last year; but now, for the first time, voters will have an entire day to cast their votes on the school budget and school district issues, or will be able to cast absentee ballots if unable to attend that day.

Predictably, the Shaker Regional School District is presenting an article to abolish what took so many years to attain; this process has not even been tried until this year!

For years, voters were forced to sit through long, tedious meetings. It took hours to vote on all the issues. Older folks, people with children, people who had to work second shift, those with disabilities, active servicemen and women, and those who go south for the winter were unable to attend or stay to cast their votes. The Shaker District meetings would wear on and

SB2 and you

on. Many people who did attend would leave, amid the meeting, disgusted with the time wasted—sitting through each repeated, separate ballot votes, all the activities, awards, band concerts, etc. that took place well into the night. They came to cast their votes, not to be entertained.

Opponents of SB2 contend that "uninformed" people will vote on the issues. However, it is my belief that most people who attended the traditional meetings had already decided how they intended to vote. I truly do not believe that any opinions changed because of something said during discussion. (If you are honest with yourself, you know that is true.)

With SB2 in place, you can now attend (or not) the deliberative session if you have any questions, opinions or amendments you wish to voice/make regarding the school budget and warrant articles, etc. Approximately a month after the deliberative session, you may cast your ballots at any time while

the polls are open. There are no more questionable/uncomfortable/embarrassing floor votes, or last minute additions of money to the school budget that we have seen in the past.

SB2 makes voting faster, easier, more convenient and more accessible. Voting is a privilege and your right. Voting should not be a chore, or something missed due to time, distance, health or comfort constraints. And there is one more very important fact: because the school district is now under SB2, you will be able to vote on both the town and school budgets, articles and elections at the same place, at the same time, on March 14, at Belmont High School. Now, how's that for ease and convenience?

Voting to remove SB2 will short change democracy, and will deny many people the opportunity to exercise their right to vote.

Please vote to keep SB2 in place. Let's give this process a chance.

*Ken Knowlton
Belmont*

Point of pride: Tilton recycles

To the Editor:

"What are those?" a friend from a nearby town asked me on a recent Thursday morning. I told him they are our recycling bins, that Tilton has curb-side, single-stream recycling.

"Tilton?!" He was clearly impressed, and

went on to tell me he didn't expect "such a small town" to have such a modern program.

When I was on the Recycling Committee, I could recite all kinds of stats on tipping fees and tonnage. Today, all I know is, we still save tons of material from be-

ing dumped or burned. And recycling saves money for our town.

So, keep on recycling as much as you can (and don't forget to compost, too).

Other towns look to Tilton to lead the way.

*Rhu McBee
Tilton*

Voters of Sanbornton

To the Editor:

I am writing in support of Katy "Wells" North; she has worked in many capacities since she moved into town many years ago. I got to know her during the time she served as secretary on the Budget Committee; it wasn't long before she ran and got elected to the Budget Committee. Katy is very well versed on the state RSAs.

This past five months, she has finished out a term of a selectman who resigned and worked diligently to finish work that was started. Katy was instrumental in re-writing the job descriptions of town employees and managers, making suggestions based on current duties and responsibilities, signed the Holden Engineering contract for engineering study on Lower Bay

Road, and took part in stabilizing the tax rate for this year. Katy also assisted the on-site transfer station manager in writing the "NH the beautiful" grant for our new compactor at the transfer station.

I am confident as a Selectman, she will do what is best for the citizens of Sanbornton.

*Earl Leighton
Sanbornton*

LETTER

CONTINUED FROM PAGE A4

Budget Committee and nine years on the Select Board. If any of you know Dave, his vote was always well thought out with consideration as to how the results affected the average Sanbornton taxpayer. He was always prepared to explain his vote to the town folks and defend his vote to the rest of the board. Dave comes with all the much needed knowledge and experience to be the kind of selectman we

need. The current Select Board is made up of one member with six years experience, one member with one year, and a third with only a few months. We need to do better! We deserve better! Please support Dave

Nickerson for Selectman and Roger Grey for Budget Committee on March 14, and vote no to two full time firemen on March 15.

*John Robinson
Sanbornton*

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Join Us In Working Toward A Better World!

Maurice Pierre Poudrier, 74

LACONIA — Maurice “Moe” Pierre Poudrier, 74, of White Oaks Road died on Tuesday, Feb. 21, 2017, with his loving family by his side at his daughter’s home in Meredith.

Maurice was born on Dec. 6, 1942, in Franklin, the son of Raoul J. and Helene (Drouin) Poudrier. He was a lifelong resident of Laconia.

Moe started working at a very young age in his parents’ Lakes Region hotels, The Belknap Hotel, the Weirs Hotel, The White Owl and later at the Huron Hotel in Victoriaville, Quebec. He continued working at Channel Marine and Cannon Marine on Lake Winnepesaukee. He was a 1st class lineman at PSNH for 14 years, a master electrician and held one of the first New Hampshire open-water scuba diver certifications.

His true passions were working with people on and around the lake and running his snowmobile business in the winters. Moe owned and operated Land N’ Lake Marine Construction for over 20 years and spent 58 wonderful years on Lake Winnepesaukee and often was referred to as “A Legend on the Lake!”

Moe often told stories about how his experiences and adventures shaped his life. He was a lifetime member of the Laconia Lodge of Elks #876 and the Antique Snowmobile Club of America. He enjoyed snowmobiling across Canada and New Hampshire, four-wheeling, boating, camping, ice



hockey, NASCAR racing and spending time with his family, friends and especially his grandchildren. Moe was loved by everyone, a selfless man, soft-spoken, with a heart of gold! A true family man, loving husband, amazing father, grandfather, brother, uncle and friend. He had a sense of adventure that he instilled in all of us. He was our hero and will always hold a special place in all of our hearts. We will love you forever.

Maurice is survived by the love of his life, Rosemary “Rose” (Sorrell) Poudrier, married 53 years, of Laconia; three daughters (Michelle Poudrier Downs and her husband Adam, Julie Poudrier Plante and Mitch Plante, and Denise Poudrier Normandin and her husband Michael); 10 grandchildren (Stephanie Downs Corts and her husband Alexander, Evan Downs, Amanda Downs, Madison Downs, Kolbi Plante, Taeylor Plante, Julia Normandin, Laurel Normandin, Austin Normandin and Addison Normandin); a great-grandson, Noah Corts; a brother, Henry Poudrier, and his wife Dottie; two sisters, An-

nette Jalbert and husband Larry, and Louise Greenfield and husband Paul; in-laws Laura Seeley and companion Ronnie, Fred and Mary Sorrell, Deborah and Dr. Joseph Brodbeck, Arthur Sorrell, Greg and Ann Sorrell, and Jayne and Glenn Rudberg; 13 nieces, seven nephews, and several grandnieces and grandnephews. He also leaves behind his beloved Sheltie, Max.

In addition to his parents, he was predeceased by his brother, Phillip Poudrier, and his father-in-law and mother-in-law, Arthur and Jane Sorrell, who were like parents to him.

Calling hours were held on Friday, Feb. 24, from 4 to 7 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Whipple Avenue entrance.

A Mass of Christian burial was held on Saturday, Feb. 25, at 11 a.m., at St. Andre Bessette Parish-St. Joseph Church, 30 Church St., Laconia.

For those who wish, the family suggests memorial donations may be made to the National Wildlife Federation nonprofit organization, Dartmouth-Hitchcock Medical Center or Dana-Farber Cancer Institute in lieu of flowers.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Two ambulances for Sanbornton?

To the Editor:

It’s town meeting time in Sanbornton, and in my view as a taxpayer, the fire chief is trying to expand the fire department larger than a small town can afford. There are two warrant articles that will be voted on this year — one is to add two full time employees to the fire department.

We presently have volunteers and per diem staff to manage the services, which in my view seems to work well, and the cost increase with hiring two employees with benefits is a substantial cost increase, not to mention after putting employees in place,

his next request will be for sleeping quarters, which will increase the cost of insurance to the town and bring all its own problems to be dealt with (and paid for).

The other warrant article is to purchase a second ambulance; aside from the cost of the vehicle, there is stocking it and staffing it, not to mention housing it. I am not certain we even have the space in the station to park it, which, of course, means an addition will have to be built to house it. For the runs we have to give up to other towns in mutual aid does not justify the cost.

For those of you who

cry out “if it saves one life,” in my mind, that is Megabucks mentality. If you buy one Megabucks ticket, you stand a chance to win; however, if you buy two, three or ten, do you stand a better chance to win? Maybe but the odds are still against you. With two ambulances and two full time personnel, the fire station is still the same distance from your home, and now, if the New Hampton or Franklin or Laconia or Tilton is closer and available, you will have to wait for the Sanbornton ambulance, even though it may take more time to get to you.

I realize these requests pull on your heart strings, but remember, you have be able to pay your taxes and afford to live in your home; if we are not careful, we will find ourselves in a well-staffed town with taxes beyond our means.

Earl Leighton
Sanbornton

Eileen F. Boynton, 96



TILTON — Eileen F. Boynton, 96, a lifelong resident of the Northfield-Tilton areas, died Friday, March 3, 2017 at the Merrimack County Nursing Home in Boscawen following a short illness. She had been living in Concord with her daughter Patricia for three years.

Eileen was born in Greenfield, Nova Scotia, Canada, Nov. 21, 1920, daughter of William T. and Margaret V. (Mooney) Cunningham. She schooled in Tilton. She worked for many years with the former, Tilton Tannery and later as a stitcher at the Tilton Endless Belt Company in Tilton. Eileen was a lover of her many cats and dogs over the years and leaves her present good friends and companions, Bella and Bode.

Eileen had a kind heart and was a wonderful neighbor and friend to those near her on Linden Avenue in Tilton. She was always there for those who needed help. She was a devout Cath-

olic, and lifelong parishioner of St. Mary of the Assumption Church in Tilton.

She was predeceased by her husband, Forrest C. Boynton, who died in 1986; a son, Robert C. Boynton, in 1975; siblings, William, James and Clarence Cunningham and Alice Pepler.

She leaves sons, James F. Boynton and his wife, Jolayne of Hillsborough, William J. Boynton and his wife Joyce of

Contoocook; daughters, Margaret “Peg” E. Boynton and friend Carol Larose of Concord and Patricia A. Boynton of Concord; eight grandchildren and ten great-grandchildren. She also leaves her daughter-in-law, Linda (Novak) Simpson, and husband, Maurice of Pittsburgh; and nieces and nephews.

Calling hours were held Tuesday, March 7, 2017 from 5 to 7 p.m. at the William F. Smart Sr. Memorial Home, Franklin-Tilton Road, (584 West Main St.) Tilton, NH 03276. A Mass of Christian Burial was celebrated Wednesday, March 8 at 10 a.m. at the Assumption Church, Chestnut Street in Tilton. Spring burial will be in St. John Cemetery in Tilton when weather permits.

Those wishing may make memorial contributions in Eileen’s name to the, Pope Memorial SPCA of Concord-Merrimack County, 94 Silk Farm Rd., Concord, NH 032301.

For more information, go to www.smartfuneralhome.com.

SB2 is important to Shaker Regional School District

To The Editor:

I am writing in support of keeping SB2 in the Shaker Regional School District, and feel it would be a dis-service to our teachers, administrators (principals), Superintendent and acting School Board members if removed.

So much negativity is demonstrated around lack of uneducated and uninformed voters.

I feel this is the furthest from the truth; residents and taxpayers now have way more education and information available to them prior to voting than ever before.

The school board has

monthly-posted budget work sessions; once the budget is finished, they have two public hearings, one in each town, and deliberative session. Deliberative session is a time where individuals are educated one more time on the budget; warrant articles, and any other monetary educational articles.

What SB2 does is supports all who put the budget together in a respectful manner; it puts credibility where it needs to be. It was designed to stop knee jerk monetary reactions on the floor of district meetings at the 12th hour, when many have left for

the night, leaving a mess for administration and the school board to figure out without a plan. This knee jerk behavior is looked upon in a negative way by taxpayers creating a dis-service to innocent individuals who worked very hard to present a well-rounded budget.

SB2 promotes positive financial planning and balanced taxation. SB2 allows all individuals the right to vote one day from 7 a.m.-7 p.m.

Keep SB2; Vote “No” on Article #8 March 14 at Belmont High School

Donna Cilley
Belmont

I want to keep moving Sanbornton in a positive direction

To the Editor:

For those of you who don’t know me, I would like to introduce myself. My name is Katy (Wells) North, and I am running for a three-year term for the Sanbornton Board of Selectmen. I was appointed to the vacant selectmen’s seat in September 2016.

For the past five months, I have worked diligently for the best interest of the taxpayers of Sanbornton. In my five month time as a selectman, I have been a team player on the cur-

rent board, and we have made significant accomplishments, including stabilizing the tax rate.

I have been a Sanbornton resident for over 21 years, and for the last 20 years I have held various town positions, both elected and appointed. I have applied these years of experience to my last five months serving as selectman, and look forward to continuing this service. If elected as selectman, I look forward to addressing the building space needs of

the town, assisting in the process of evaluating our town roads and looking at long term plans for keeping our infrastructure maintained.

I ask for your support to be elected as selectman on March 14. I will continue to move Sanbornton forward in a positive and productive manner for the betterment of the town and benefit all citizens. I appreciate your consideration.

Katy (Wells) North
Sanbornton

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Donna Cilley
Belmont



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American Heart Association teaches life saving CPR skills to students at WRMS

BY DONNA RHODES

dhrhodes@salmonpress.news

Editor's note: *The following article originally appeared in last week's edition, but due to an error on the part of our reporter, the organization that sponsored the event, the American Heart Association, was misidentified as the American Red Cross. The article has been re-published here at the request of the Heart Association, with our apologies for last week's unfortunate but unintentional error.*

TILTON—More than 70 students at Winnisquam Regional Middle School had the opportunity to learn a life-saving skill last week, when instructor Katie Kinney of the American Heart Association and Michelle Marshall of Catholic Medical Center not only presented a class on CPR, but delivered five Anytime Kits to the school so other students, staff and community members can familiarize themselves with the procedure.

"The kits that CMC is donating are for hands-only CPR with no rescue breathing involved. They come with practice mannequins, printed information and a DVD that they can use to learn CPR and practice doing chest

compressions," said Marshall.

After explaining that CPR stands for Cardio-Pulmonary Resuscitation, Kinney then told the group how important the procedure can be in a life or death situation.

"I want you to know that you really can save a life even if you are only 11- or 12-years-old," she said. "It's always better to do CPR, even if it isn't the best CPR, than to do nothing at all."

For every minute a heart stops beating, the chances of survival diminish significantly, while the average response time for emergency medical crews to arrive can be anywhere from five to seven minutes, Kinney explained. That is why it is so important to call 9-1-1 and start CPR right away should anyone come across a person who has collapsed and is unresponsive.

Ideally, students learned that they should get someone else to call 9-1-1 as they assess the situation. They then need to look around and make sure the scene is safe before doing anything else. Once their safety is established, Kinney told them to then check the victim by asking if they are okay and perhaps tap-

ping their chest to see if the person responds. If not, CPR should then begin right away.

Kinney demonstrated the "straight arm" method of CPR, which delivers 100-120 compressions per minute to get blood circulating once again. As groups then came forward to practice on special mannequins, she played the 1970's hit song "Staying Alive," which ironically helps keep the proper rhythm going.

"It's a song you can sing in your head as you keep up the CPR until the ambulance and first responders arrive," said Kinney.

Eighth grade student Rachel said she found CPR to be somewhat difficult because "it takes your whole body's energy and strength" to perform it properly, but she and her friends were all glad they learned what to do in an emergency. Jeanne and Emily signed up for the class because they thought it would be a helpful skill for babysitting, while Winter, who is in seventh grade, said she participated because she simply felt it would be valuable and worthwhile experience.

Eighth grade boys also got a lot out of the class. Keagan said it was hard at first but



DONNA RHODES

Moving to the tune of the song, "Staying Alive," students at Winnisquam Regional Middle School practiced CPR with instructors from the American Heart Association last Wednesday.

got easier as he continued to practice and Jacob commented that he would now feel comfortable giving CPR in an emergency if he had to do so. Their classmate

Quintin summed it all up in one brief sentence. "I signed up because it's a skill needed for life," he said.

WRMS nurse, Bobbie LaBranche was pleased

the students got a lot out of the class and was grateful for the Anytime Kits from CMC so others can continue to learn CPR.

Vote for Roger Grey for Sanbornton Budget Committee

To the Editor:

Comparing Sanbornton total town expenditures from FY14 with the proposed FY18 Budget of \$5.3 million yields an increase of 40 percent, a number many times higher than what one would expect from the rate of inflation during this same period. As a budget committee member I have tried unsuccessfully to get my fellow committee members to take positive measures

to address this high rate of increase.

Obviously, if the rate of budgetary increase is the only criteria, then my five years as a budget committee member may appear to have been singularly unsuccessful. However, per RSA 32:14, the general role of a budget committee is to provide taxpayers with sufficient knowledge that they might be able to "vote intelligently on certain budgetary problems," and in this regard, I believe I have been successful.

During the five years I have served on the budget committee, I have been able to educate myself on the finer points of our municipal bud-

get, and then to use this knowledge to help keep Sanbornton taxpayers better informed. I believe this is one reason voter turnout doubled at last year's Town Meeting.

I am running for re-election to the budget committee. I pledge to continue my effort to reduce Sanbornton's tax burdens while providing taxpayers the essential information necessary to make informed decisions.

I am asking for your vote so that I can continue this important work on your behalf. Thank you.

Roger Grey
Sanbornton

North Country Notebook

Universal questions from a rooftop deck



By JOHN HARRIGAN
COLUMNIST

Space exploration and voyages to the moon were the topic on National Public Radio's "1A" show last week, and I hung on every word. From boyhood on I had wondered about the stars, and space, and particularly the Moon—and lo and behold, I was here when we walked on it.

After all, people crouched around fires and the mouths of caves for millennia, gazing up at the moon and wondering. And here I was, alive and on the planet for the answers.

In school, our knowledge of space was confined to the planets in our own little solar system, a mere speck of sand in the never-ending beach of space. Our neighboring planets' moons may have been known to science, but they weren't discussed.

As for space, I had a lot of questions, some then, some still now.

If space goes on forever, then there is no end. In the physical sense, how can that be?

If modern theory is correct, however, all light is eventually bent, and thus by reason it must all amount to a gi-



COURTESY — NASA

The moon as the ancients could not have imagined it, in orbit over Africa and the world.



COURTESY — SPACE.COM

The Milky Way, over ridge-top palms.

ant sort of bubble? If so, what's beyond the bubble?

In sum of all this, if there is a nothing, what is beyond the nothing?

+++++

The nearest galaxy is often described as about 4.2 light years away. Other stars and galaxies are described as hundreds of millions and sometimes billions of light years away.

A light year is how far light can travel in one year—around six trillion miles, and that's "trillion," with a "t." How far is that? You figure it out. I can barely measure my fencelines.

Okay, so given these almost unfathomable distances, and how long it takes light from one of the more distant stars or galaxies to get here,

(a) am I actually looking at 100-million-year old light, and (b) if it took the light I'm looking at that long to reach my eyes, could I be seeing a star that is actually long gone, as in blown up, or sucked into a black hole?

Could I be, in essence, seeing a ghost?

+++++

I have a rooftop deck, where supine guests and I, on a crisp and clear night, can behold the heavens unimpeded by any ambient light whatsoever. To achieve this, I run around and turn off or shield every single source of light in barns, sheds and house, and get back up to the deck by flashlight.

I try to orchestrate these occasions around the times of the most noted meteor showers—the

Perseids and the Leonids of August and November. There, recumbent on the deck, armed with mere binoculars, we are inevitably blown away by the brightness and vastness of the Milky Way, and the scope of the all-enveloping blackness, pricked by millions of little pinholes of light.

Who gets to do this kind of thing any more? How many of us are able to escape the ever-advancing ambient light—the lights of today, and the new lights winking on all over the land, the very symbol of what passes for progress?

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

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Retiring Lakes Region Scholarship Foundation trustee recognized for outstanding service

MEREDITH — Retiring board member, Sandra Caulfield, was recently presented with a commemorative clock in appreciation of her dedication to the mission of the Lakes Region Scholarship Foundation, serving on numerous committees and fulfilling the maximum term of nine years.

Executive Director Joan Cormier and Assistant Director Paulette Loughlin agreed that Caulfield personified the “Three T’s” philosophy of philanthropy: a willingness to give of one’s Time, Talent, and Treasury. Cormier noted that Caulfield will now be an honorary trustee, and she has pledged to continue to help the Board with special projects when needed.

Retiring Board member Caulfield said “As a trustee of the Lakes

Region Scholarship Foundation over the past nine years, I have been honored to assist this very special organization in distributing much need scholarships to college bound students from our community. I have so many fond memories of my time spent volunteering with fellow Board members. The Annual Community Spelling Bee, as well as the Annalee Thorndike Art Competition exhibit are two events in particular that I will miss greatly. My very best wishes to the remaining trustees and most especially to the very hard-working and extremely supportive administrators: Joan Cormier and Paulette Loughlin.”

Caulfield hopes that many area students will take advantage of this wonderful resource and file their application with the Foundation



COURTESY

Pictured above standing in front of the LRSF office at the DeCamp Financial Center: (from left to right) Lakes Region Scholarship Executive Director: Joan Cormier, retiring Board trustee: Sandra Caulfield and Assistant Director: Paulette Loughlin

before their upcoming deadline of April 1. Loughlin added that anyone interested could find out more by checking out the LRSF Web site at: lrscholarship.org.

Retired Educators meet March 21

GILFORD — The Lakes Region Retired Educators’ Association will hold a meeting on Tuesday, March 21 at Pheasant Ridge Golf Club in Gilford.

The meeting will start at 11 a.m., with check-in starting at 10:30 a.m. A Buffet featuring grilled chicken breast will be served following the Meeting. The cost of the meal is \$16. The Phone Captains will be calling for your reservations. The program will be-

gin at approximately 12:45 p.m. Our Speaker will be Matt Karsten, known for his many travels and hikes. He will be sharing some of his many adventures with us. You won’t want to miss this presentation. If you don’t get a call from a Phone Captain, you may call Susan Karsten at 254-6050 to make a reservation. All reservations must be called in by March 13. Hope to see many of you there.

Belmont student named to Curry College Dean’s List

MILTON, Mass. — Curry College is proud to announce that Brooke Thurber of Belmont has been named to the Dean’s List for the Fall 2016 semester.

To qualify for the Dean’s List, students must earn a 3.30 GPA, have no incompletes, and have no grade lower than a “C” for the semester. Full-time students must carry 12 or more graded credits for

the semester.

About Curry College

Founded in 1879, Curry College is a private, four-year, liberal arts-based institution located on 131 acres in Milton, Mass. Curry extends its educational programs to a continuing education branch campus in Plymouth, Mass. Curry offers 26 undergraduate

majors, as well as graduate degrees in business, education, criminal justice and nursing, with a combined enrollment of over 3,700 students. The student body consists of approximately 2,000 traditional undergraduate students, 1,400 continuing education and 300 graduate students. Approximately 1,575 of its students reside on

the Curry campus. The largest majors are business management, communication, nursing, criminal justice and education. The College offers a wide array of extra-curricular activities ranging from 14 NCAA division III athletic teams to an outstanding theatre program. Visit us on the Web at www.curry.edu.

Mary R. Santos of Sanbornton named to St. Lawrence University Dean’s List

CANTON, N.Y. — Mary R. Santos of Sanbornton has been selected for inclusion on St. Lawrence University’s Dean’s List for academic achievement during the Fall 2016 semester.

Santos is a member of the Class of 2019. Santos attended Miss Porter’s School.

To be eligible for the Dean’s List, a student must have completed at least four courses and

have an academic average of 3.6 based on a 4.0 scale for the semester.

About St. Lawrence University

Founded in 1856, St. Lawrence University is a private, independent liberal arts institution of about 2,500 students located in Canton, N.Y. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative think-

ers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit www.stlawu.edu.

LRGH, Franklin Area VNA team up for Powerful Tools for Caregivers workshop

FRANKLIN — Caring for a loved one or friend can be overwhelming and can lead to a sense of imbalance in the life of the caregiver. Research studies find high rates of depression and anxiety among caregivers and increased vulnerability to health problems.

LRGHealthcare and the Franklin Area VNA are pleased to be offering a free “Powerful Tools for Caregivers” work-

shop. Designed to help family caregivers take care of themselves while caring for a relative or friend, this free workshop provides support and tools for managing stress. Learn ways to improve your self-confidence, better communicate your feelings, balance your life, increase your ability to make tough decisions, and locate helpful resources.

A free six-week workshop will be offered on Tuesdays from 1:30-3 p.m., beginning March 21 at the Bessie Rowell Community Center in Franklin. This workshop is based on the highly successful Chronic Dis-

ease Self-Management Program developed by Stanford University’s Patient Education Research Center.

For more information or to register for this upcoming workshops, please call LRGHealthcare Education Services at 527-7120.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.

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Plan for Health Care Costs During Retirement

When you retire, some of your expenses may go down – but health care is not likely to be one of them. In fact, your health care costs during retirement may well increase, so you may want to plan for these costs well before you leave the work force. How much can you expect to spend on health care during your retirement years? Consider these statistics:

- A 65-year-old couple who retired in 2016 will need about \$288,000 (in today’s dollars) during retirement just to pay Medicare Parts B, D and supplemental insurance, according to HealthView Services, a company that provides health care cost projections for financial services firms. If out-of-pocket costs such as deductibles, co-pays, hearing, vision and dental are included, the lifetime figure rises to about \$377,000 in today’s dollars.
- The national average for a private room in a nursing home is more than \$92,000 per year, according to a survey by Genworth, an insurance company. And the services of a home health aide cost more than \$45,000 per year, according to the same

survey. Medicare typically pays very little of these costs. To cope with these expenses, you’ll want to integrate them into your overall retirement saving and investing strategies. Knowing the size of a potential health care burden may help motivate you to put as much as you can afford into your 401(k), IRA and other retirement accounts. Even when you’re retired, part of your portfolio should be devoted to growth-oriented investments, such as stocks, to help pay for rising health care costs. It’s true that stocks will always fluctuate, and you don’t want to be forced to sell them when their price is down. However, you can help yourself avoid this problem by also owning a good mix of other investments, such as investment-grade corporate bonds, government securities and certificates of deposit (CDs), whose value may be more stable than that of stocks.

Another way to help defray the costs of health care is to work part-time a few years after you had originally planned to retire. This added income can help you delay tapping into your IRA and 401(k), thus giving these accounts a chance

to potentially grow further. Plus, you may be able to put off taking Social Security, and the longer you wait until you start collecting benefits, the bigger your checks will be, at least until they top out at age 70. These suggestions may help you meet many of your typical medical costs during retirement, but what about long-term care expenses, such as an extended stay in a nursing home or the need for home health care assistance? As mentioned above, these costs can be enormous. Fortunately, the financial marketplace does provide some cost-effective solutions for long-term care – solutions that may help you avoid “self-insuring.” A financial professional can provide you with some recommendations in this area. It’s probably unavoidable that your health care costs will rise, and possibly keep rising, when you’re retired. But by being aware of these expenses years in advance, and by following a diligent saving and investment strategy – one that may also include a long-term care component – you can improve your “financial fitness” for dealing with health care costs.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact

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COURTESY

Concerned citizens work to get out the vote

Cold weather has not kept three intrepid Sanbornton residents — Alan and Joan Graustein, and Russ Cederberg — from walking their neighborhood drumming up support for the upcoming March 14 local election and March 15 town meeting. All are members of a group of Concerned Sanbornton Citizens whose primary purpose is to get out the vote. Town meetings are essential, and their goal is to encourage as many people as possible to participate. Like other townsfolk, the Grausteins are concerned that Sanbornton has the second highest town tax rate in Belknap County. Says Alan, "A strong majority of the respondents to a recent town wide survey said taxes were too high. Residents should understand that by attending town meeting, they can significantly impact planned spending, and thereby keep taxes under control." Cederberg added, "We have to live within our means. People living on fixed incomes are finding it more and more difficult to make ends meet. The more people that turn out to vote, the better." Joan agreed, and said, "Let's all be sure to vote on March 14 and attend Town Meeting on the 15th!"

NH Humane Society to host Spring Rabies Clinic

LACONIA — The New Hampshire Humane Society will host a rabies clinic at the shelter on Meredith Center Road, Saturday, March

18 from 9 a.m. – noon; cats from 9 – 10 a.m., and dogs from 10 a.m. – noon. The Laconia City Clerk will also be present from 10 a.m. – noon to regis-

ter dogs for Laconia city residents.

New Hampshire State law requires all cats and dogs to receive a rabies vaccination and peri-

odic boosters to ensure protection against this debilitating disease.

The rabies clinic, held at the New Hampshire Humane Society

shelter at 1305 Meredith Center Rd., Laconia, is open to anyone with a cat or dog older than 12 weeks of age. All cats must be in a carrier, and

dogs must be leashed to ensure safety.

The cost per animal is \$15. Rabies vaccinations will be for a one-year period, unless proof of prior vaccination is provided, in which case the shot will cover the pet for three years. Micro-chipping services will also be available, for a cost of \$25 per animal.

Vaccines will be given on a first-come, first-served basis, no appointment necessary; cash only.

NHHS Executive Director, Marylee Gorham, says, "This is an important community outreach initiative that we provide - a fast, inexpensive vaccine service for pet owners in and around the Lakes Region. We've vaccinated over 500 animals at our clinics and are happy to continue to offer this valuable service to our community."

For more information about the clinic, and to view adoptable pets and learn about other programs offered at the animal welfare organization, call 524-3252 or check nhhumane.org.

Dog training classes start March 23 at The Pines

NORTHFIELD — The Pines Community Center, located at 61 Summer St., Northfield, will be hosting dog training classes with instructor and certified professional dog trainer Diane Hanley on Thursday evenings, starting March 23 and running

for six weeks.

There are three classes available, beginning at 5:30 p.m. with Beginner Puppy for puppies 12 weeks to five months old. Socializing your puppy means introducing your puppies to new people, situations, and dogs, tolerating touch by

the vet or groomer, and more. We will start basic skills like no biting, no jumping, and attention to you.

At 6:30 p.m., a Beginner Manners class will be held for dogs six months and older with no dog-to-dog issues. Training attention, manners, and

beginning self-control skills, including walking nicely on leash, sitting for greeting, "Leave it!" come when called, "No jumping," "Stay," target skills, etc.

For dogs six months and older that have completed Beginner Manners, an Intermediate

Manners class will be held at 7:30 p.m. each Thursday night where we continue to work on skills learned in beginner manners, adding duration and distractions.

For more information, visit www.thepinescommunitycenter.com or call 286-8653.

Bank of New Hampshire awarded Best "Local Bank for Small Business" for fifth consecutive year

LACONIA — Bank of New Hampshire has been selected as a winner in New Hampshire Business Review's 2017 BOB Awards, which honor the Best of Business in New Hampshire in over 90 categories. Bank of New Hampshire was honored in the state-wide readers' survey for the Best Local Bank for Small Business category.

"Bank of New Hampshire is honored to have been chosen as the best local bank for small busi-

ness for the fifth consecutive year," stated Barry Leonard, Jr., EVP – Chief Commercial Banking Officer for Bank of New Hampshire. "We at the bank are committed to the success and vitality of small businesses throughout the state, and this recognition is a true testament of that."

All of the winners were honored at an exploration-themed event recently held at the Grappone Conference Center in Concord.

"With 3,500 ballots

cast for the 2017 Awards, the BOBs continue to be considered a standard of excellence in New Hampshire's business community," stated Jeff Feingold, editor of NH Business Review. "This year, we celebrated with an exploration theme to highlight our efforts to look high and low to honor the best businesses in

the state."

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire. With 24 banking offices throughout New Hampshire and assets exceeding \$1.4 billion, Bank of New Hampshire

is the oldest and largest independent bank in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.



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Closes: March 11, 2017
Drawing: Mid March.

NH Humane Society welcomes Stephen Miller to its Board of Directors

LACONIA – The New Hampshire Humane Society is pleased to welcome Stephen Miller as the newest member of its Board of Directors. Miller has been a volunteering at the New Hampshire Humane Society since 2015, and joined the Board of Directors in February 2017. He worked for five years at the Newfound Memorial Middle School as a para educator and drama department director. While heading up the drama department, he completed six shows with no less than 60 children per production! After leaving Newfound Memorial, he launched Miller Coffman Productions; his first rock musical, *Siren's Den*, debuts in New York City in May 2017.

Growing up in Bridgewater and New York City gave Stephen Miller an inclusive world view, especially given his early years on campus at Plymouth State University, where his father was an academic. Miller's mother was active locally as the Vice-President of the New Hampshire Family Planning Council, instilling in him a commitment to community involvement. Miller has been very involved with the school system in Bristol, as well as

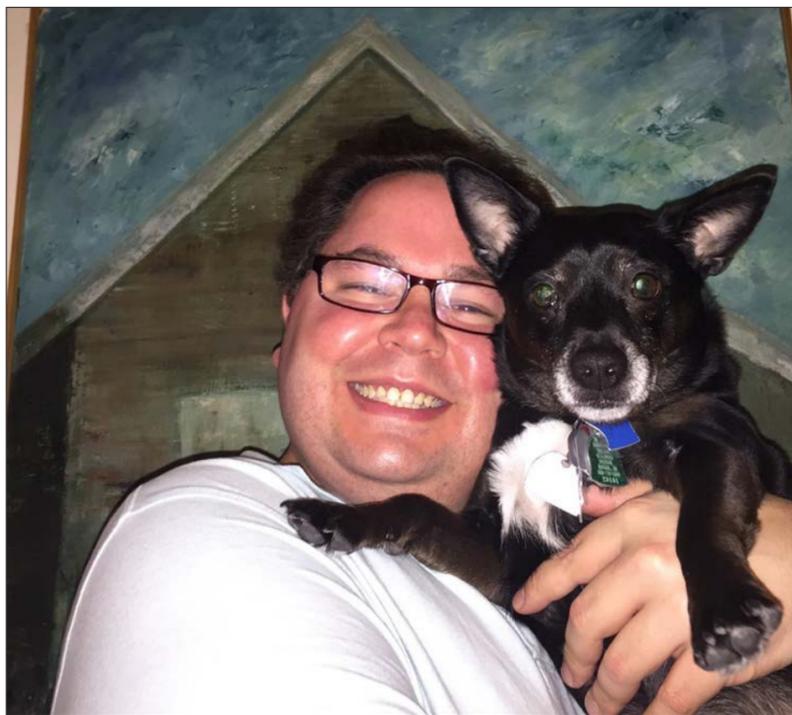
the Tapply Thomson Community Center and Bristol Community Services. A dedicated animal lover, he shares his home with his dog, Cooper; cats, Scarlet and Isabel, and; guinea pigs, Lola Squeaker and Oreo. Already a member of the New Hampshire Humane Society's fundraising committee, Miller is very excited for the bright future that the New Hampshire Humane Society has in store for the animals, fellow volunteers and staff, and is thoroughly supportive of the mission and vision of the organization.

"We are thrilled to welcome Stephen to our Board," says Marylee Gorham, Executive Director of the New Hampshire Humane Society. "Stephen has already been a volunteer and a crucial member of our 'Movers and Shakers' fundraising committee, he brings immense value to the Board. We are lucky to have so many dedicated community members who want to support our mission, and the animals who call our shelter home."

The New Hampshire Humane Society is a 501(c)3 non-profit whose mission is to find responsible and caring forever homes; provide shelter for the

lost, abandoned and unwanted animals; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community initiatives to help people and their pets. To view adoptable pets or make a donation, visit www.nhhumane.org.

The New Hampshire Humane Society's Board of Directors currently has eight members, but is looking to expand. Currently serving are: Christopher Walkley, commercial banking officer at Bank of New Hampshire, who is the current Board President; Patrick May, PhD, a professor at Plymouth State University and Vice President and Secretary of the Board; Michael Moyer, Belknap County Sheriff; Tim James, entrepreneur and President of the Laconia Country Club; Peter Allen, retired; Tammy Davis, Superintendent of Schools for Winnisquam and owner of Davis Dog Training; Kara LaSalle, Housing Development Project Manager at the Laconia Area Community Land Trust, and; Kelli Kemery, Assistant Director of Facilities Finance at



Stephen Miller with his dog, Cooper.

COURTESY

Plymouth State University. Board members have the opportunity to

participate in various committees, fundraising and events while

sharing the Humane Society's mission with the public.

FSB's SmileSquad provides smiles to 122 participants at annual Webster Lake Ice Fishing Derby

FRANKLIN — FSB's SmileSquad continued its mission of paying it forward recently by purchasing 122 tickets with a total value of \$1,440 to the annual Webster Lake Ice Fishing Derby. Members of the SmileSquad group visited several local businesses to include Camaro Heaven, Bryant & Lawrence, Winnisquam Market & Deli, Qvior Furniture, Barn Store, Newfound Trading Post and Castaway Bait & Tackle, to buy fishing derby tickets for patrons of these establishments. The locations were announced the day of each event to listeners of Mix 94.1FM and promoted on social

media.

"It's truly amazing to see the impact SmileSquad makes in our communities," said Sarah Stanley, community relations officer. "Through this recent random act of kindness, we were able to create smiles for families in support of this annual event, benefitting great organizations including the Webster Lake Ice Fishing Derby, Franklin Outing Club and Every Child is Ours."

Founded in 2013 by Stanley, the Franklin Savings Bank SmileSquad is a program that connects the bank with the communities it serves on another level.

The program continues to pay it forward with random acts of kindness to benefit local non-profits, businesses and community members. This altruistic program provides an element of surprise by not disclosing where SmileSquad members will show up in the communities served by FSB. The goal behind the program is to create a ripple effect of random acts of kindness, thereby encouraging others to simply 'pay it forward.'

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscowen, Tilton, Laconia and Gilford, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Nashua and Rochester, New Hampshire. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting www.fsbnh.bank, or following the bank on Facebook, LinkedIn, Twitter and YouTube.

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April 18th is the last day to contribute to a qualified retirement account for the 2016 tax year.

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Footlight Theatre brings Neil Simon's "Rumors" to the stage

FRANKLIN — Franklin Footlight Theatre is proud to present Neil Simon's "Rumors," a hilarious and murderous farce in which four couples arrive at the 10th anniversary celebration for New York's deputy mayor and his wife, only to find the mayor wounded in bed and the wife missing.

The production

will take place at the Franklin Opera House March 9-11 at 7:30 p.m., and March 12 at 2 p.m. Tickets are \$16 for adults and \$14 for students/seniors, and are available online at franklinoperahouse.org or at the door.

Please be aware that this show contains adult humor and mature language.

Shaker Regional School District Serving the Communities of Belmont & Canterbury

CHILDFIND CLINIC

Are you concerned about your child's development? Do you suspect that your child may have a disability? We will be holding a "Child Find Clinic" on Thursday, March 23, 2017 at Canterbury Elementary School from 1:00 - 3:00 pm for children age birth through 6 years old. Certified staff will screen students for possible learning disabilities, speech and language disabilities, motor skills, and overall developmental functioning. The clinic is open to any resident of Belmont or Canterbury, but **APPOINTMENTS ARE REQUIRED**. Please contact the SAU office at 267-9223 ext. 5306 for additional information or to make an appointment.

Gunstock Mountain Resort to host Lakes Region Chamber 'Meet and Greet'

GILFORD — Gunstock Mountain Resort, Gilford, is pleased to be host to the Lakes Region Chamber of Commerce 'Meet and greet' on March 22 from 4:30 to 6:30 p.m. in the Main Lodge Powder Keg Pub. A selection of appetizers and cash bar will be provided by Gunstock Food Services/Centerplate along with door prizes.

Located in Gilford and boasting spectacular mountaintop views of Lake Winnepesaukee and the Ossipee Range, Gunstock Mountain Resort is one of the largest winter and summer recreation areas in the state. Affectionately known as "The Area" by long-time locals since 1937, Gunstock will be celebrating its 80th anniversary this year. An interesting fact, Gunstock was the first New England ski area to install a chairlift, and it offers 1,400 vertical feet, 227 acres and 55 alpine ski

trails, plus 32km of Nordic skiing and snowshoe trails. In summer and fall, Gunstock claims New Hampshire's largest aerial treetop and zip line complex, with 91 challenging elements, more than 1.6 miles of high-adrenaline Zip-Tour™ zip lines, off-road Segway tours, and the new 4,100 foot Mountain Coaster which General Manager, Greg Goddard of Gunstock Mountain Resort says "This family friendly ride is incredibly fun and we intend to operate it winter, summer and fall, giving those who visit or live in New Hampshire's Lakes Region a near year-round opportunity to enjoy the newest attraction at Gunstock."

The Gunstock campground has 271 sites, including tent sites, cozy cabins and RV/trailer hookups, providing outdoor accommodation for kids of all ages when they stay and play at



Gunstock employees are gearing up to host the Lakes Region Chamber's March Meet & Greet at Gunstock Mountain Resort. Networking with this local employer includes a definite fun factor.

COURTESY

Gunstock Mountain Resort also plays host to a growing number of signature events, such as three holiday craft fairs, Soulfest,

and more to come! Visit GUNSTOCK.COM to learn more about the new Gunstock Mountain Coaster and all of the fun and adventure to be found at Gunstock's gravity playground.

Lakes Region Chamber of Commerce invites the business community to attend this fun networking event March 22. Meet & Greets provide a casual atmosphere to network to grow your business connections and get a behind the scenes look at a local business. For more information or to register to attend, contact the Lakes Region Chamber of Commerce at 524-5531 or go to LakesRegionChamber.org.

Lakes Region Tourism Association represents New Hampshire at eight travel shows

REGION — The Lakes Region Tourism Association continues to be an energetic force when it comes to promoting and establishing tourism in the Lakes Region of New Hampshire.

Founded in 1936, the organization has a full schedule of marketing efforts that convey the beauty and hospitality of the region. In 2017 alone, the LRTA staff will represent their 400 members at the following Travel Shows and

Expos: New York Times Travel Show, Great Vacations Travel Expo in Columbus, Ohio, Boston Globe Travel Show in Boston, AAA Travel Show in Massachusetts and in Long Island, N.Y., the Big E in Massachusetts, the Philadelphia Travel and Adventure Show, and the Canadian Consumer Show in Montreal. The New York and Boston shows report between 20,000 and 30,000 attendees each year, so the region has the potential to

reach more than 150,000 travel enthusiasts. Annual attendance at the Big E in Massachusetts was more than 1.4 million. The LRTA also produces and distributes some 700,000 publications locally, nationally and internationally.

The organization provides a wealth of free travel tips and guides and features their 400 members on their extensive Web site, www.lakesregion.org. All are invited to sign up for the LRTA

"Ripples" e-newsletter that provides details on special events, dining, attractions and lodging throughout the region. Travelers will also find some travel itineraries on the website that are geared to specific interests such as Outdoor Adventures, Foodie Tours and Weekend Escapes that will make vacation planning a breeze.

The affordable membership of \$299, makes national and global exposure possible for the

many small tourism based businesses in the region. For more information on membership, visit www.lakesregion.org/info.

The Lakes Region Tourism Association is the official tourism board of the region, representing close to 100 communities, 273 lakes and ponds, and more than 400 businesses in central New Hampshire, including area attractions, restaurants, retail establishments and accommodations. For more information or visitors' guides, visit LakesRegion.org, facebook.com/NHLakesRegion or follow on Twitter. For more information about New Hampshire, go to www.visitnh.gov. The LRTA office is located just off exit 20 on I-93, Route 3 in Tilton, and can be reached by calling (800) 60-LAKES.

Theatrical performance: A Character with Challenges at Taylor Community

LACONIA — Hank Offinger, Taylor Community's Director of Care Management, presents a one-man theater show Monday, March 27 at 6:30 p.m. in Taylor's Woodside Building. The event is free and open to the public.

Offinger will explore a range of characters who face life's challenges with varying levels of success. He most recently performed in "Love Letters" a play by A.R.



HANK OFFINGER

Gurney. Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of

retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

T-BONES supports Salvation Army's Send Kids to Summer Camp Program

LACONIA — T-BONES Great American Eatery in Laconia will be raising money for the Laconia Salvation Army on Monday, March 6 through Sunday, March 19. Any guest that donates \$5 can spin the Donation Prize Wheel for a chance to win from \$5 up to \$25 off a future T-BONES visit. One hundred percent of the proceeds will be donated to Laconia Salvation Army- Send a Kid to Camp Fundraiser.

Laconia Salvation Army is raising money

to send 45 kids to the Salvation Army Camp in Lake Sebago, Maine this summer.

Jay Bolduc, general manger of the Laconia T-BONES and Cactus Jack's, comments, "The Summer can be a tough time for families with working parents. This program helps give children in our community the opportunity to go to camp when out of school and we are so happy to be supporting them."

T-BONES is located SEE T-BONES, PAGE A14

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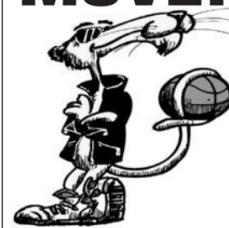
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VOTERS

CONTINUED FROM PAGE A1

out the year and stated the budget that will be

presented to voters was "rubber-stamped" by the committee, which received recommendations from selectmen.

During a time allotted for questions and comments, Sanborn stated that when Grey had a problem with a fellow

member of the committee, he went directly to the newspapers to complain and asked, "Is that how we work together as a community?"

Another resident said the \$1.1 million budget increase is "not a given," and encouraged Grey to let voters decide.

Fire Chief Paul Dexter asked why the Highway Department, which spent time talking with Grey, received a \$23,000 increase in their budget while other departments were decreased, and resident Lynn Chong inquired as to how he felt about a 6-1 Budget Committee vote against his proposal for the fire department.

"Most of the votes have been 6-1, so that didn't surprise me at all," Grey responded.

Kristen Rathjen of the Library Trustees was emotional in her demand to know why, each year, Grey has been against any library requests for funding. Last year, he proposed a successful decrease in funding, and she wanted to know why.

"You're only concerned with the roads in town," she said.

Grey said the library budget is up seven percent, and he felt that was "generous" after they also got the building painted last year.

"We don't charge you

rent for that building," he said, which caused an outcry from the audience.

His finished his time by saying he would like to take the library out of the town budget altogether and have its funding voted on separately on the warrant.

A newcomer to Sanbornton town government, John Vorel also spoke on his candidacy for a three-year on the committee. Vorel said he and his wife moved to Sanbornton eight years ago when it became immediately obvious to him that he wanted to contribute to the community he so enjoyed. He introduced himself as someone who has resided in Belknap County all his life and always felt it important to give back to the town one lives in. Over his years of residency in other nearby towns he has been a member of zoning boards, planning boards, and other offices, and also served as the president of the Weirs Beach Chamber of Commerce. Professionally he has been involved in the ski industry for 26 years where he managed large budgets, finding "fair and equitable resolutions to their needs."

When asked how he felt about the town library, Vorel said he was supportive of education

and therefore supportive of a place in town where residents of all ages could learn at their own pace, enjoying all the services a library in this day and age has to offer.

On a question surrounding town employees, he replied that he has managed as many as 200 or more employees at a time in his career and believes in open dialogues with them as learn their needs and concerns.

Vorel also responded to questioning by Chief Dexter, saying he felt the fire department's revenue fund was well developed to serve future needs of the department and, "If it's not broke, don't fix it. Put the money to the best means possible according to the will of the people."

Incumbent Ralph Rathjen is also seeking a second three-year term on the Budget Committee. With a background in insurance he said he originally joined the committee in hopes of improving the budgeting process in Sanbornton and establishing better dialogue with the selectmen. He said that hours logged in by the committee aren't as important as the accomplishments made in that time and Rathjen felt there were many

SEE VOTERS, PAGE A13

PROPOSAL

CONTINUED FROM PAGE A1

viewed options available to the Tilton/Northfield district. Among the ideas considered were a rebuild of the Center Street Station, an addition to the Park Street Station, construction of an East Tilton Station to meet needs on that end of the coverage area, and whether or not there should be one or two fully manned stations in the district overall.

The committee also looked at cost factors, and in the end, they decided a new station in the Village District of Tilton was the most cost-effective and efficient way to meet the needs of the two communities.

They revealed that they are currently in negotiations with Tilton School to buy a parcel of land they own near the Tilton Police Station, just off East Main Street.

"At this time, it appears the parties could come to terms that could be a very good fit," Sattler said.

Overall, they estimated the price of such a move would be approximately \$4,960,000. Sattler said \$200,000 toward that could be taken from the Land and Building Fund. While the Equipment and Apparatus Fund also has money available, that fund is not set up for such purposes at this time and would have to be reworked in order to use any of it for the project.

"The commission is in favor of using some of this (Equipment and Apparatus Fund money) as it is growing," Sattler said. "They're looking to see what they can get from it then the rest would be bonded through taxation."

In the first year of the \$370,333 bond payment,

36-percent would come from Northfield and 64-percent from Tilton.

As questions and comments got underway, it emerged that there is \$1.1 million in the equipment fund at this time, but \$226,000 of that is slated for the purchase of a new ambulance. Commissioner Dennis Manning said they would also need to be cautious about how much of that account gets used for a new station as additional equipment and apparatus purchases will be required in the near future.

Mark Hebert of Northfield felt the district should not be taking any money from that fund, but Manning assured him that with call volumes for ambulance services on a steady rise, the revenues deposited into the fund are also increasing each year. The commission feels perhaps \$25,000 could be contributed from that fund but it would first have to be approved through a future warrant article.

Several people stood up to speak against a new fire station, including former commissioner Kevin Waldron of Northfield, who felt the almost \$4 million figure given at the first hearing on this latest proposal was high. He was even less enthusiastic to hear a new figure nearing \$5 million last week.

Another resident said he felt the district was looking more toward the needs of Tilton than Northfield but Sattler told him they were focused on the needs of the entire district as indicated by the calls received by the department.

A few residents were concerned about the location of the site they

have identified for a new station, saying it would be affected by a curved, narrow roadway with a heavy traffic flow.

The audience was assured, however, that that had all been taken into consideration, and part of the plan is to install a traffic light where the fire and medical apparatus would enter onto East Main Street.

Other concerns were for an increase in heat and other maintenance factors for the larger facility and the commission said they calculated an increase of approximately \$2,200 in the annual operating budget for those needs.

Several people spoke in favor of the new fire station as well. Matt Gilman said that for the price of a cup of coffee from a local doughnut shop each week, the district could have a new fire station. Kevin Dame of Tilton was also in favor of the new station, stating that fire and police needs are often the last to be met and that the district can't drag its "butt" on replacing the more than 100-year old Center Street Station another 10 years.

"We need to get this thing done and if there's enough room for police, I'd like to see them in there, too," Dame said.

If approved by voters in the district, the initial phase would be to get the permitting process and road design done as soon as possible. By 2018, there would be a finalized design, with a contractor in place ready to start construction.

Voting on the district's warrant articles for this year will take place on March 20 in the Winnisquam Regional High School cafetorium.

LIBRARY

CONTINUED FROM PAGE A1



DONNA RHODES

Seven-year-old Lily successfully danced her way through a round of limbo as Dolly Elliot of the Sanbornton Rec. Department and Librarian Jessie Ahlgren held onto the pole at last week's Winterfest activities for Sanbornton boys and girls.

such as Bingo and Twister, create colorful Mardi Gras masks and even take part in a Limbo Contest, which included a pass through a "Laser Maze" after they wiggled their way beneath the limbo pole. For participation in each activity they then earned colorful Mardi Gras beads.

Face painting, Legos and plenty of local homemade cookies also made the day a success.

"It's been nice for par-

ents to be able to get their kids out of the house to do something for free," said Haigh. "The kids have also been glad to get together with their friends and have some fun over vacation week."

Ella and Kenneth said they really liked the limbo challenge while nine-year-old Taylor thought making her way through the Laser Maze was also a lot of fun.

As the games were coming to an end, the

sun managed to make an appearance so more than a dozen of the participants grabbed their coats and some festive noise makers and headed outside. There they paraded around the field together and even blew bubbles to wrap up the day.

"It's great to see them out here playing in the cold. They're good, hearty New Hampshire boys and girls," said Haigh.

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VOTERS

CONTINUED FROM PAGE A12

productive meetings held in the last year. The open dialogue that developed between departments, he felt, was the most rewarding part of his time on the committee.

For the two-year position, Justin Barriault is facing Bill Whalen. Barriault said that as someone in his early 30s, he is "still green" when it comes to town politics, but he deals with municipalities in his career and has spent a lot of time watching and learning about town government in Sanbornton. He said the library is very important, especially to children of the community, and that there seems to be a large gap in the age

groups that make up the town that he would like to help close.

"I want to be a part of anything I can in town," said Barriault.

Whalen said he would bring 50 years of experience to the position, having managed millions of dollars at large corporations throughout his professional life. Over his 30 years in Sanbornton, he has been not only a past member of the Budget Committee, which he also chaired at one point, but also spent three years as a member of the Zoning Board. He proclaimed himself to be conservative, but most of all just wants to be sure taxpayer dollars "are being spent in the right way."

"I listen to people speak and ask how they

plan to do something... planning is the key to success," said Whalen.

During questions from the audience, he added that he, too, supported the library and that revenue from the fire department should remain in their fund.

For Town Moderator this year, incumbent Tim Lang and Tom Salatiello are vying for the position. Lang said that he has served the town on the Budget Committee, the School Board, and is now a State Representative for Sanbornton, but he still enjoys being Town Moderator and hopes to retain that position. Salatiello said he served 15 years as a board selectmen and, like Lang, was also a State Representative for 12 years. He is an avid supporter

of town meetings in the state and wanted to remind voters it was important to take part on both the ballot voting and the follow-up town meeting, too. He said he likes his opponent and that his decision to run for moderator was "something I just chose to do to continue my participation in the community."

The final contested town race for 2017 is that of a three-year term on the Board of Selectmen. Both Katy (Wells) North and former selectman David Nickerson are seeking that position but Sanborn announced that for personal reasons, Nickerson declined to take part in Candidates Night.

North was appointed a selectman last Sep-

tember when Johnny Van Tassel stepped aside early due to employment obligations, and she now looks to maintain that seat for a full three-year term.

Over the past 20 years, she said she has sat "in many seats, in many venues," including the Sanbornton Budget Committee, chair for the Old Home Day committee, and as a coordinator for the Lakes Region's annual Santa Fund. In the past five months she feels that she and her fellow selectmen have accomplished much and hopes to keep the momentum going in the future.

"I've worked well with the current board since September and it's been my pleasure to be a part of it," she said. "I find it very reward-

ing. I think I've made a positive change in the town."

North also disapproves of the article to abolish the fire department's revenue fund, stating it saves taxpayers money they would have to come up with all at once when a major purchase is needed for the department, and said she supports the library in their mission to serve the town, too.

Voting for candidates will take place on March 14 at the Sanbornton Town Hall on Meetinghouse Hill Road, followed by the town meeting on Wed., March 15, at 7 p.m. in the Sanbornton Central School gym, where voters will discuss and vote on the remaining 12 warrant articles.

VETERAN

CONTINUED FROM PAGE A1



DONNA RHODES

Following the presentation of the Boston Post Cane to Russell Cilley of Northfield (right), his son Roy Cilley (far left) presented Russell's oldest brother John, the Boston Post Cane holder from Ashland, with a photo of the two siblings taken in Hollywood while they were both serving the country during WWII. John had never seen the photo until last weekend.

ceived the distinctive canes.

Making the presentation for Northfield last weekend were selectmen Wayne Crowley, Robert Southworth and Dennis Allen, who congratulated their oldest resident. They were pleased to hand a replica of the original cane to him with an engraved plate that included his name and the date of the presentation. Cilley's name will also be added to a plaque in the town hall, recognizing all recipients of the Boston Post Cane in Northfield. The original cane remains on display beside that plaque in the town hall.

Cilley was born in Hill in 1922, where his family lived until the entire town was moved to higher ground during the construction of the Franklin Dam. The family then moved to Ashland where he graduated high school and went on to join the U.S. Marine Corps.

"I had a teacher who told me I would never make it in the Marines but I served for four years during World War II," Cilley said proudly.

Enlisting with him was his close friend Harold Baker. The two were separated at boot camp when Cilley became ill and fell behind in training, and he said he never saw him again until he returned to New Hampshire.

"We finally met up back home, and when I got married (to first wife Sylvia), he was my best man," Cilley recalled.

During his time in the service, Cilley was stationed in the South

Pacific islands with the 4th Marine Division, where he said he knew he was in good hands. He said they liked him because he could take weaponry apart and put it back together again, blindfolded.

"I was really good at it," he said.

His assignment was to drive a jeep towing a Howitzer behind it when they were called to action.

The 4th Marine Division was involved in several important battles throughout the islands in the mid-1940s. When they went into Iwo Jima though, their most renowned fight of World War II, Cilley said he was disappointed to be left behind because he had developed "jungle rot" on his feet.

Once his four-year enlistment was up, he returned to New Hampshire where he soon married his first wife Sylvia and the couple moved to Northfield to raise their four children, Roy, Bruce, Tim and Bonnie. Forty-four years ago, Cilley then married his current wife Holly and they con-

tinued to reside in Northfield today.

Looking back on his time in service, he said it was tough but made bearable when they were sent back to Maui for further training and a bit of rest from the battlefield.

When he married Holly, he said they traveled back to Hawaii so he could visit the USS Arizona at Pearl Harbor and pay his respects to fallen comrades.

"It was really something else to go there. There was even a Japanese couple there whose relatives had been involved in the attack," said Cilley.

As he reminisced about his younger years last weekend, Cilley recalled a day in 1943 when he was stationed at Camp Pendleton in California. He was called to the office to meet a visitor. That visitor turned out to be none other than his older brother John, stationed with the U.S. Army in northern California.

The two were able to enjoy a day together in Hollywood where they also had their picture



DONNA RHODES

Northfield Selectmen Robert Southworth, Wayne Crowley and Dennis Allen were pleased to present the Boston Post Cane to their town's oldest resident, Russell Cilley, during a special gathering last Saturday afternoon.

taken in their respective uniforms. John never saw that photo however until last weekend when Russell and his son Roy presented him with a framed copy. The two then took time to pose together with both that treasured photo and their Boston Post Canes from Northfield and Ashland.

"This isn't something you see every day- two brothers with a Boston Post Cane," commented one proud family member.

Besides his brother, others attending Russell Cilley's presentation last weekend were five generations of the Cilley family. Among them were 38 children, grand-

children, great-grandchildren and even great-great-grandchildren he had not yet even met.

In between hugs from his family Cilley said he never expected to receive a Boston Post Cane and was honored to receive such a distinguished title in his community.

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T-BONES

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2008 Ford F-350 Super Crew, Lariat, 4-Door, 4x4, Leather, Moonroof, Stainless Steel V-Blade Powerstroke Diesel \$22,995	2009 Ford F-350 Reg. Cab, 8-Ft. Bed, 4x4, Loaded, Fisher Plow Powerstroke Diesel \$21,995	2009 Dodge Ram 2500 Quad Cab, 4-Door, 4x4, XD Wheels, Blackout Cummins Turbo Diesel \$26,995	2004 Ford F-250 Super Crew, 4-Door, 4x4, Lariat, Leather, Curtis Plow Powerstroke Diesel \$17,995	2005 Ford F-350 Super Cab, Ex-Cab, Diesel, 4x4 Curtis Plow \$10,995

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Raiders take positive steps

Belmont hoop boys bumped from playoffs in quarterfinals

BY JOE SOUZA

Contributing Writer

BELMONT — The season fell short of the major goal, but the Belmont boys' basketball program took another step in the right direction under former Belmont High School stand-out Jim Cilley.

After recording one of the best seasons in program history at 15-3, the sixth seeded Red Raiders took it a step further by knocking off No. 11 St. Thomas 73-59 in the second round of the Division III tournament to earn a spot in the quarterfinal round.

It's just the third time the Belmont program has reached the quarterfinals since the 1970s.

"I think the last time we made it to the quarterfinals was back in the 80s," Cilley said. "Three years of hard work has paid off for these seniors. We are heading in a positive direction."

Unfortunately, the Red Raiders would not extend the season a step further. Despite a gritty effort, Belmont fell short in the quarterfinal round — losing to No. 3 Stevens, 72-65, ending its season at 16-4.

The Red Raiders hung tough against Stevens (17-3) before falling short. Belmont trailed

just 26-23 at halftime, but saw the host Cardinals come out strong in the third quarter and extend their lead to 46-36 after three. Belmont — led by seniors Trevor Hunt, Jonny LeClair, Doug Price and Hunter Kenney — never gave in and cut the Stevens lead down to five in the final minutes. The Cardinals though put the game away at the line, hitting four key free-throws down the stretch and finishing 19 for 24 at the charity stripe for the game.

Against St. Thomas, it wasn't until late in the third quarter when the Red Raiders — who never trailed in the contest — turned up the intensity on the defensive side of the floor that allowed the hosts to pull away for the win.

Clinging to a 44-40 lead midway through the third quarter, the Red Raiders got the ball inside to Hunt. The senior forward got St. Thomas' Andrew Cavanaugh and Sean Kelly in the air, drew contact while banking in a shot. Hunt capped the conventional three-point play to ignite the Belmont faithful with 3:29 left in the third.

"The key to the game was in the third quarter



Belmont junior forward Dylan Gansert and St. Thomas Aquinas' Tim Bouchard chase down a loose ball during Division III second round tournament action Thursday.

when we finally got the ball inside to Trevor. That turned the complexion of the game around," Cilley said. "When we finished that tough old fashioned three-point play, it gave us a boost.

"It changed our intensity on the defensive end and on the glass," continued Cilley.

Hunt's conventional three-point play was followed by a Matt Pluskis three-ball, his third of the night, in a quick

SEE HOOPS, PAGE B3

Muthersbaugh "four" the win

Sophomore's tallies lead Bulldogs into semifinals

BY JOSHUA SPAULDING

Sports Editor

LACONIA — After a week off, the Belmont-Gilford hockey team took a while to get going on Saturday.

But once the Bulldogs got their legs under them, they rolled on to the Division III semifinals with a 6-0 win over Monadnock at Merrill Fay Arena.

Leading the way was Alex Muthersbaugh, as the sophomore potted four of Belmont-Gilford's six goals on the day.

"At the end of the first we had three or four chances, we just didn't put it in like we should've," said coach Dave Saball. "They knew they needed to just do what they were doing."

The Bulldogs led just 1-0 after that first period but came through with an early goal in the second and then cruised from there, scoring two more in the second and then adding two in the third for the win.

"They're goalie played outstanding," Saball said, noting the 34 saves he was credited with probably was on the low side.

The Bulldogs got plenty of early chances, as Hunter Dupuis, Harrison Parent and Chaz Hacking all had good looks in the offensive zone, while keeper Bailey Defosie made the only save he needed to in the early part of the



RC GREENWOOD

Alex Muthersbaugh scored four goals for Belmont-Gilford in playoff action against Monadnock on Saturday.

game.

Dupuis continued his attack with a good look in alone but he was denied by the Monadnock goalie. Parent and Ethan Becker were next in the offensive attack, getting some more good pressure but they were denied. Hayden Parent

also had a shot denied by the Husky goaltender.

The Bulldogs took the game's first penalty with 6:18 to go in the first period and Dupuis was key on the penalty kill, while Muthersbaugh and Becker had good clears and James Buck-

SEE HOCKY, PAGE B3

VOTE FOR EXPERIENCE AND LOYALTY RE-ELECT

Cindy Reinartz
Town Clerk / Tax Collector

March 14, 2017
at the
Winnisquam HS
from 8am - 7pm

I am running for re election and I am asking for your vote. If you're unable to come to the polls on Election Day and qualify for an Absentee Ballot you can download the Absentee Ballot Application on the Tilton website under Town Clerk Business www.tiltonnh.org or stop in my office. If you have any questions call me at 286-4425 ext 104.

I have been your Town Clerk for 18 years and 10 years as your Tax Collector. I know the job inside-and-out and take great pride in serving you. I will always give 110% with anything I do. In the position of Town Clerk Tax Collector not only do I work for the residents, I am governed by the following State Agencies, NH Department of Safety (Motor Vehicle Division), NH Department of Agriculture (Animal Industry Division), NH Secretary of State — Division of Vital Records Administration, Division of Archives and Records Management, Election Division, NH Department of Environmental Services (Wetlands Bureau), NH Department of Revenue Administration. Last year my offices collected \$12,843,658.31, conducted 4 Elections and did approximately 7,264 transactions on the Clerk side and 4,007 on the Tax Collector side of this dual job. I'm highly detail oriented, serve efficiently with great customer service.

As your Tax Collector the first change I implemented was to accept partial tax payments, giving you the taxpayer that valuable option. Other changes are I have made include paying your taxes, registrations and dog licensing online, one check payment, motor vehicle and dog licensing renewals by mail and accepting over the counter credit cards for the Clerk side of the office. These measures offer convenience and flexibility to you, my valued customers and neighbors. I have been and will remain flexible in accommodating the needs of the citizens of Tilton.

I am a New Hampshire Certified Town Clerk Tax Collector. I have been on many committees with the Town Clerks Association, Tax Collectors Associations and State Agencies throughout the years. I was a member of the Tilton Main Street Committee, I am a Tilton-Northfield Rotarian since 2005 and received the prestigious and honorary Paul Harris Fellow award and Rotarian Of The Year for my dedicated service to this community.

This is a hard job but I find it so very rewarding to serve you. I love working for you and hope that I can continue for another 3 years. Please vote for experience and loyalty vote Cindy Reinartz on March 14th.

Regards,
Cindy Reinartz, NHCTCTC

Paid for by Friends of Cindy, Cindy Reinartz, Treasurer



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Bears run past Wildcats in playoff opener

BY JOE SOUZA

Contributing Writer

TILTON — Given a second chance to make a wrong a right, Winnisquam Regional seniors Thomas Marchese and Logan Morrison were not going to let this opportunity slip away.

While they can't erase a disappointing loss to rival Franklin in their final regular season home game, they did get a chance to win their final game in front of the home crowd. Marchese poured in 29 points and Morrison had 17 as the 16th seeded Bears turned back No. 17 Fall Mountain 65-46 in the Division III boys' basketball opening round contest on Tuesday.

The Bears (9-11) though saw their season come to an end though with a tough 64-49 loss to top-seeded Kearsarge on Thursday.

Winnisquam led for all but a minute, 27 seconds at the start of the game in the win against Fall Mountain. (It was tied 0-0 for 1:11, and Fall Mountain led 2-0 for 16 seconds.)

Bailey Cote scored inside for the Wildcats at 6:49 of the first to open the scoring and Isaiah Singleton answered with a three-pointer just 16 seconds later, igniting a 15-2 spurt that gave Winnisquam a commanding 15-4 lead with 2:33 remaining in the first. Marchese, who took the ball to the hoop all night, scored seven points in the run.

Marchese gave the Bears all the momentum on his way to a huge night, finishing with a game-high 29 points and eight assists.

"It wasn't a selfish 29 points either. He took care of the ball and he had a bunch of assists," Winnisquam coach Kevin Dame said. "He set the tone from the start. He was going to try and get to the rim, and he did."

That start was also ignited by Winnisquam's 2-2-1 zone trap defense that gave the Wildcats fits in the first five minutes of the game. The Bears forced turnovers and turned them into easy transition buckets on the other end.

Marchese would



Winnisquam sophomore Kyle Mann lines up a shot after slipping past Fall Mountain's Michael Murdoch (11) during Tuesday's Division III play-in game. Also in the picture are Winnisquam's Logan Morrison (11) and Fall Mountain's Bailey Cote (30).

score 12 points in the first quarter as the Bears opened up a 22-8 advantage after one and pushed their lead to 17 points early in the second frame (27-10).

"Early one it was our defense and our transition game that got us going," Dame pointed out. "I thought we did a good job getting steals and turning them into points. Then we would have little lulls."

Despite the dominance, the Bears could not put away the Wildcats. Fall Mountain would settle down in the second and would trim Winnisquam's lead to 29-20 at halftime.

From there, the two teams would exchange runs.

A 7-2 spurt to start the third gave Fall Mountain some life, cutting Winnisquam's lead to seven (31-24 with 6:13 left in the quarter. The Bears responded with a 9-0 spurt to open it up again. Kyle Mann had six points in the run, giving Winnisquam a 40-24 lead.

And the Bears maintained a double-digit edge for the rest of the third, taking a 42-32 lead into the fourth.

That's when it got interesting.

Fall Mountain's

Michael Murdoch knocked down his fifth three-pointer of the contest to start the final quarter, starting an 8-0 Wildcat run. Jacob Bardis capped the spurt with a trey, cutting Winnisquam's lead to just two (42-40) with 6:16 remaining in the contest.

Marchese though went back to work, driving the lane and getting to the charity stripe. The senior knocked down three of four free throws and scored five points in a 7-0 run that gave the Bears some breathing room at 49-40. Another three-pointer by Fall Mountain's Bardis made it 49-43 with 3:44 on the clock, but that would be

as close as the visitors would get.

The Bears would go on an 11-0 run to put the game out of reach at 60-43 with less than two minutes remaining. Winnisquam switched to a man-to-man defense, taking advantage of a couple of Mann steals and lay-ups in the spurt. Morrison had five points in the run.

"We have to do a better job finishing," Dame said. "It comes down to bunnies and free throws. I don't want to say it's been an achilles heel for us, but it has been."

"But every time they made a run, we were able to answer with a run of our own," added



Winnisquam senior guard Thomas Marchese tries to keep his balance and dribble after colliding with Fall Mountain's Michael Murdoch during the first quarter of Tuesday's Division III play-in game. Marchese tossed in 29 points and dished out eight assists in leading the Bears to a 65-46 win.



Winnisquam senior Logan Morrison takes the ball to the hoop against Fall Mountain's Michael Murdoch, left, Bailey Cote, behind, and Owen Marandino, right, during Tuesday's Division III play-in game in Tilton. Winnisquam advanced with a 65-46 victory.

Dame.

Despite being slowed by foul trouble, Morrison finished with 17 points and eight rebounds. Mann had 14 points and a handful of steals. Singleton finished with three points and seven boards, and senior Dhru Rawal capped the scoring with a buzzer-beating put-back at the end of the game.

For Fall Mountain, Murdoch had 15 points on five three-pointers.

Bardis had two threes and finished with 10 points.

In the loss to the top-seeded Cougars (18-2) on Thursday, Morrison had a double-double with 18 points and 10 boards. Singleton tossed in 12 points and Mann finished with 11. Kearsarge, who will face Somersworth in the semifinal round, was powered by Tayler Mattos (23 points) and Tommy Johnson (21).



JOSHUA SPAULDING

Lars Major was the top skier for the local boys in the Meet of Champions last week.

Locals compete in alpine Meet of Champions

BY JOSHUA SPAULDING

Sports Editor

FRANCONIA — Winter made its triumphant return to New Hampshire on Thursday, just in time for the top alpine high school skiers in the state to hit the Taft Training Slope at Mittersill for the Meet of Champions.

The previous night's cold teamed with the previous day's warm temperatures made for very icy conditions and at times, the snow falling from the sky teamed with the blustery wind made it tough to see, but

the race pushed on as planned.

Belmont had three racers competing on the day and Gilford had just one, though four Golden Eagles had qualified for the Meet of Champions after top 10 finishes in the Division III State Meet held the previous month.

In the morning giant slalom for the boys, Lars Major of Belmont finished in 22nd place in a combined time of 1:38.38 to lead the way.

Right behind him was teammate Nolan Gagnon, who finished in

23rd place in 1:39.11.

Major skied to 19th place in the afternoon slalom with a combined time of 1:29.46 and Gagnon did not finish his first run.

Unlike in regular high school races, if a skier loses a ski in the Meet of Champions, they are not allowed to continue, making for a lot of DNFs on the icy slopes on Thursday.

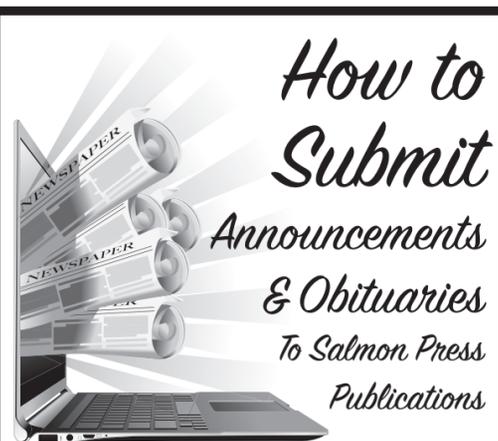
For the girls in the morning giant slalom, Belmont's Katie Gagnon was the top finisher, as she finished in 22nd place in a time of 1:44.24.

Gilford's Jenny Hancock skied to 32nd place in a time of 1:54.88.

In the afternoon slalom, Hancock finished in 23rd place overall with a time of 1:45.21 while Gagnon fell on her first run and did not finish.

Gilford's Bailey Hildreth, Tyler Hanf and Christian Workman all qualified for the Meet of Champions but did not compete.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.



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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 111

with any questions regarding the submission process.

CLASSIFIED SELLS IT ALL

HOOPS

CONTINUED FROM PAGE B1

6-0 spurt that gave the Red Raiders their first double digit lead of the night at 50-40.

Belmont led 56-50 after three, but the defensive intensity had picked up and the hosts carried it into the fourth quarter. The Red Raiders opened the fourth with a 15-4 run, taking a commanding 71-54 lead.

"We just started doing a better job getting over the top of a couple of their screens because they were shooting behind them... and we did a better job closing out on their shooters and getting our hands high," Cilley pointed out.

"And we did a better job rebounding," added Cilley. "We were doing a good job boxing out, but our guards weren't going after the ball. After we got the ball inside, Matt Pluskis and Derek Stevens grabbed two big rebounds for us."

The Red Raiders had five players hit for double figures with Hunt leading the charge with



Belmont senior forward Trevor Hunt makes a pass along the baseline as he is defended by St. Thomas' Shawn Dekorne (31) and Zac Carberry during Division III second round tournament action in Belmont.

20 points. The senior forward also pulled down six rebounds and dished out five assists. Pluskis finished with 14 points and seven assists. Price and LeClair both hit for

12, with all of LeClair's coming from behind the three-point arc. Derek Stevens tossed in 11. Tom Pare closed out the Belmont scoring with four points.

For St. Thomas (11-8), Shawn Dekorne poured in 14 points and Cavanaugh netted 12 points to lead the visitors.

Both teams came out firing on the offensive



Belmont senior guard Doug Price, left, and St. Thomas' Sean Kelly battle for the ball in the lane during Thursday's Division III second round tournament contest in Belmont.

end. Pluskis opened the game with a three-point and a Hunt free throw made it 4-0 Belmont quickly. From there, the Saints matched the Belmont offensive outburst and the Red Raiders led 20-18 when LeClair hit a three-quarter court three-pointer before the buzzer sounded to make it 23-18 after one frame.

"I don't think I ever saw two teams shoot that well as they did in the first quarter," said Cilley. "I knew they could shoot the ball and

we typically shoot the ball well in our gym, especially in practice. We were able to spread their zone out, get the ball in the paint and back out to our shooters.

"We worked on our zone offensive all week, and we did a nice job executing it," he added.

The offensive fireworks slowed in the second quarter, and the Red Raiders maintained a five to nine-point lead throughout the frame. Belmont led 37-32 at halftime.

HOCKEY

CONTINUED FROM PAGE B1

ley played good defense to help kill off the advantage. Becker also had a shorthanded bid denied.

The hosts were able to get on the board with 2:46 to go in the first period, as Dupuis got in with a good look that the Monadnock keeper was able to stop, but the rebound came out in front and Muthersbaugh poked it in the net for the 1-0 lead.

Troy Gallagher also had a look for the Bulldogs in the final minutes, but the period ended with B-G up by a 1-0 score.

After an early bid from Harrison Parent and Becker, the Bulldogs were able to double their lead with 1:13 gone in the frame, as Becker was able to snipe the shot top shelf on the Monadnock keeper for the 2-0 lead.

The pressure continued for B-G, as Becker had a few more chances and Gallagher and Hacking connected on a bid but could not put it in the net. Defosie made a save for the Bulldogs and Buckley also turned in good defense.



Hunter Dupuis controls the puck as he moves around a Monadnock defender on Saturday.

Dupuis, Gallagher and Harrison Parent continued to pressure the net and the pressure eventually paid off for the Bulldogs.

With 4:53 to go in the second, Hayden Parent sent a shot on net that was denied by the Monadnock keeper. However, Muthersbaugh pounced on the rebound and put it in the net for an assist from Gallagher for a 3-0 lead.

After Defosie made another save in the B-G net, Dupuis, Muthers-

baugh and Becker had chances for the Bulldogs and with 47 seconds to go in the period, Muthersbaugh completed his hat trick, making a nice move on the defense and burying the puck for the 4-0 lead after two periods.

B-G didn't let up in the early moments of the third period, as Harrison Parent just missed Dupuis with a bid and then Muthersbaugh and Hacking had chances as well, both of which were denied.

The Bulldogs got their first power play of the game with 11:01 to go and needed just 29 seconds of advantage to get on the board.

With 10:32 to go in the game, Becker sent a shot on net from the point and Muthersbaugh was able to tip it in for his

fourth goal of the game and a 5-0 lead.

Just less than a minute and a half later, Nate Shirley finished off the scoring, as he wrapped the puck around the net and past the Husky goaltender for the 6-0 lead.

The Bulldogs were able to kill off another penalty and Dupuis had a shorthanded bid denied and Belmont-Gilford cruised to the 6-0 win.

"You get a little stale,



Keeper Bailey Defosie makes a save in action on Saturday against Monadnock.

you need that competition," Saball said of the week layoff between games due to the first-round bye. "As much as you try in practice, it's still not the same as being in the game.

"But we didn't panic," the Bulldog coach said. "He (the Monadnock goalie) was standing on his head but we knew he couldn't do that all night."

Saball noted that the good thing was the Huskies weren't denying his team chances, just the goaltender was keeping them out of the net.

"The good thing was, we were getting chances," Saball said.

The win propelled the Bulldogs into the Division III semifinals, which took place after deadline on Wednesday at Plymouth State. The Bulldogs were matched up with the division's other B-G, Berlin-Gorham. The two teams split their season series.

"It's easy to get up for a team you know is good," Saball said of his team's anticipation of the Berlin-Gorham game.

The Division III finals are set to be played on Saturday, March 11, at 12:15 p.m. at Southern New Hampshire University.

Martin hired as new sports reporter

MEREDITH — Salmon Press Newspapers is announcing the hiring of Bob Martin as the new sports reporter for the Gilford Steamer, Meredith News and Winnisquam Echo.

A former writer for the Citizen, Martin began with Salmon Press this past Monday, covering the territory formerly covered by Jeff Lajoie.

Martin can be reached at the Meredith office at 279-4516 or by e-mail at bob@salmonpress.news.



COURTESY PHOTO

Three-time champs

Three years in a row Sanbornton Recreation 5/6 team has won the Franklin Recreation Tournament. Head coach Phil Nichols, assistant coach Adam MacLeod, assistant coach Greg Hunt and the players from left to right (back row), Frankie McComiskey, Andrew Pearson, Zack St. Onge and (bottom row), Johnny Riordan, Sam Mattes, Alex Nichols and Caleb Robdau.

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Moultonboro, \$87,000 #4617936
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Alpine Lakes Real Estate: www.alpinelakes.com
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Century 21 Country Lakes Realty: www.countrylakesrealty.com
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Coldwell Banker: www.cboldmill.com
Coldwell Banker Residential Brokerage
www.newenglandmoves.com
Dussault Real Estate: www.dussaultrealestate.com
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Pine Shores Real Estate: www.pineshoresllc.com
Preferred Vacation Rentals: www.preferredrentals.com
Remax Bayside: www.baysidenh.net
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Keep in mind we are a weekly publication and for best results you should run your ad more than once.
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LACONIA OFFICE
1921 Parade Road
(603) 528-0088



Meredith: Expansive country home with panoramic views of the mountains, Lake Winnepesaukee and Meredith Bay. A total of 12 rooms, 4 bedrooms, 3 full baths and a heated, direct entry 2 car garage. The first level boasts a separate laundry room, master bedroom suite, master bedroom 'his & hers' bath and 3 season porch, guest bedroom, full bath, an open concept gourmet kitchen, breakfast nook, dining area, huge living room with a stone faced gas fireplace. A full finished walkout basement with 2 generous sized bedrooms, full bath, office/study and a huge family/recreation room. This well-crafted home boasts views from just about every room.
\$779,900 MLS# 4515689

Gilford: Waterfront property with 840' on Lake Winnepesaukee! The property sits on over 2 ac with a charming 3 bedroom lake home, expansive docking system, 2 car garage and second home, perfect for guests! Enjoy a huge deck overlooking the water or relax on the amazing porch while enjoying a beautiful lake breeze.
\$699,000 MLS# 4613658

Wolfeboro: Private and serene location to build your dream on this great 1.7 acre lot. Located just a few miles from the iconic 'downtown' of Wolfeboro with many restaurants, shops and boutiques, golf courses and of course the public docks on Lake Winnepesaukee. Expired septic design available.
\$64,900 MLS# 4619486

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HomeServices

Moultonborough: 603-253-7766
60 Whittier Hwy # 3 | Moultonborough NH 03254

Meredith: 603-279-6000
290 Daniel Webster Hwy | Meredith NH 03254

Bristol: 603-744-5411
459 Lake Street | Bristol NH 03222



Tamworth, NH | MLS # 4620143 | \$36,000
This beautiful 1.88 acre lot is ready for you to build your dream home! This flat wooded parcel is located on a quiet dead end road. Very private yet close to everything: 15 min to Chocorua Lake beach, 20 min to Indian Mound Golf Course, 30 min to the outlets in N. Conway. Offered below assessed value.



Thornton, NH | MLS # 4619946 | \$78,900
One of the premier lots available in the Waterthorn development! Situated in Phase IV at the end of a cul-de-sac, enjoy stunning mountain views. Property abuts the White Mountain National Forest. 15 mins to Loon Mountain and less than 30 mins to Waterville Valley and Cannon. Possible owner financing.



Moultonboro, NH | MLS # 4619606 | \$1,800,000
12+ acres directly on Lake Winnepesaukee with 740 ft of sandy shoreline with a sandy beach. Located in an area of similar size land parcels that are protected from further development. Stunning southwest views extend across the lake. Enjoy exceptional privacy yet only 10 minutes to town amenities.

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Featured PROPERTIES



GILMANTON // The setting is AWESOME!! 34 acres with total privacy and massive views on a dead end road. House needs TLC but well worth the effort.
\$269,900 (4618435) Call 875-3128



MEREDITH // Great opportunity for investment or owner occupied. Two family duplex downtown. 3,034 sqft, 2 Bedroom and 3 Bedroom units, private porches, laundry hook ups, ample off street parking & yard.
\$249,900 (4491579) Call 253-9360



ALTON // CUSTOM POST & BEAM WATERFRONT w/ stone fireplace, gourmet kitchen, wet bar, fully finished walk out basement, fabulous master suite, 2 large decks & awesome 4 season porch.

\$575,000 (4600275) Call 875-3128



PLYMOUTH // Development Potential! Large land parcel of 55.3 acres with over 2000' of road frontage on Mayhew Turnpike. Great visibility!

\$499,999 (4469377) Call 253-9360



WAKEFIELD // Lovell Lake - Brackett Road - Cottage and Boathouse. 0.46 AC Waterfront and 0.85 AC Back Lot Included. Natural Woodwork, Soaring Brick Fireplace, Long Views.

\$449,900 (4610494) Call 875-3128



MOULTONBOROUGH // Nestled in the heart of Moultonborough, this lovely contemporary home features 4 bedrooms, first floor Master/Bath. Beautifully landscaped yard and in ground pool!

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TAMWORTH // Beautiful 2BR, 2BTH home bordering a brook, just off Rt. 25 & minutes to Rte 16. HW floors. Master suite, open concept living. Close to all recreation: skiing, snowmobiling, hiking, shopping & restaurants.

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LAND and ACREAGE

MOULTONBOROUGH // Level wooded lot located in the quaint village district in commercial zone "A". Driveway permit with installed culvert. Agent interest.

\$169,000 (4501574) Call 253-9360

MOULTONBOROUGH // VIEWS, streams, stone walls! All on peaceful 14 acres in the low tax town of Moultonborough. Land is in Current Use. Broker has interest in the property.

\$114,900 (4433900) Call 253-9360

NEW DURHAM // Nice 5 acre building lot in a country setting located close to town and a great commuting location.

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GILFORD // Gunstock Acres lot w/southerly & western views of mountains. Sloping lot has expired septic design and a perc test. Enjoy swimming at Gilford Town Beach. Easy access from Rt. 11-A.

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SHANE- Shetland Sheep Dog Lost in Laconia NH on August 27, 2016. 9 year old male, very shy. Prefers women. **Please do not chase!** Old or new leads welcomed! If sited in the area call 1-855-639-5678. Not from the area- he slipped his collar upon arriving.

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Woodbury's Manor and Cottages Memorabilia Wanted. Pictures, original cottage signs, demolition photos, etc. Let me know what you have. 508-776-6298

General Help Wanted

3 Lakes Landscaping is looking for a person to provide clerical, bookkeeping and telephone support for the owner and staff. The person we are looking for should have accounting and bookkeeping experience preferably with Quick Books. Hours are somewhat flexible. For a more detailed job description call 960-0224 or send resume and cover letter to PO Box 331, Holderness NH.

General Help Wanted

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Meridian Construction Corporation has become one of New Hampshire's most trusted CM/GC/Design Builders. We are known as people who care about our employees and clients, are easy to work with, bring integrity, experience and expertise to the building process. Located in Gilford/Laconia, the heart of the NH Lakes Region, we work to all over NH with occasional projects in bordering states. For nearly 25 years, our company has been building and renovating commercial, institutional, healthcare; manufacturing, and high-end multi-million dollar residential projects.

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Construction Superintendent - Minimum of 8-10 years relevant experience and a proven track record of successfully managing new construction or renovation projects in the range of \$1M to \$10M. To be successful the candidate will possess: people skills, be an effective communicator, be able to coordinate all trades in the field; a reliable and safety first attitude, at times being a working Super, experienced at layout of concrete, steel, wood and masonry assemblies, efficiently and accurately processing paperwork, and computer savvy. Experience in commercial as well as highend residential projects is a definite plus.

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Real Estate



Equal Housing Opportunity
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"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, r an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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The New Hampshire Commission for Human Rights at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

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Office space for rent in town Plymouth, Plymouth Professional Place. 4 rooms including large waiting area. Recently remodeled with plenty of parking, close to down town Plymouth. \$600 per month. Call Russ 536-1422

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\$21,995
- 2013 Ford Taurus**
4-Door, All Wheel Drive, Loaded
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- 2000 Jeep Wrangler**
Sport, 4.0L, 6 Cylinder, Hard Top
\$8,995
- 2011 Honda Element EX**
2.4L, Automatic, Loaded
\$14,995
- 2008 Toyota Tacoma**
Reg. Cab, SR5, 4x4, 5-Speed,
4-Cylinder
\$11,995
- 2005 Toyota Tundra**
SR5, Access Cab, 4.7L, 4x4,
Loaded
\$13,995
- 2005 Nissan Frontier LT**
Crew Cab, 4-Door, 4x4,
6 Cylinder
\$11,995
- 2007 Ford Explorer**
Sport Trac, Limited, 4x4, Leather,
V-8
\$10,995
- 2005 Chevy Colorado**
3.5L, Automatic, 4x4, Loaded,
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\$11,995
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- 2006 Chevy 1500**
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\$10,995
- 2008 Ford F-150**
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\$15,995
- 2014 Chevy 1500**
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\$25,995
- 2011 GMC 1500**
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Loaded
\$16,995
- 2007 GMC Sierra**
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\$13,995
- 2007 Ford F-150**
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Leather
\$16,995
- 2010 Toyota Tacoma**
Double Cab, 4-Door, 4x4, Auto
\$17,995
- 2006 Dodge Ram 2500**
4-Door, 4x4, SLT, Loaded, Black
Beauty
\$16,995
- 2010 GMC 2500 HD**
Ex-Cab, 4-Door, 4x4, Fisher Plow
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Submit application letter, resume and standard Town application, available at www.moultonboroughnh.gov (click on Paid, Volunteer and Contract Opportunities) or Town Hall, to Walter Johnson, Town Administrator, 6 Holland Street, PO Box 139, Moultonborough, NH 03254. Position open until filled; reviews begin immediately. EEO Employer.

TOWN OF SANDWICH

The Town of Sandwich is accepting applications for an Assistant Director for the Town's July summer day camp, "Five Days of Sandwich," a series of three five-day sessions in which the children of Sandwich families explore the diverse natural and cultural resources of the town.

A background in education is desirable. The Assistant Director must demonstrate competency in outdoor program planning and must have strong interpersonal and communication skills, knowledge of Sandwich and its trail systems, and be an outdoor enthusiast. The assistant director will work closely with the Director in developing and implementing the 2017 Five Days Programs.

Please submit a letter of application and current resume by the deadline of March 20, 2017. To obtain a complete listing of job qualifications and requirements, please call 284-7701 or e-mail tos@cyberpine.net. Equal Opportunity Employer. Sandwich Conservation Commission.



ACT CLINICIAN/THERAPIST - OUTPATIENT MENTAL HEALTH

Northern Human Services

White Mountain Mental Health

White Mountain Mental Health is the Littleton, New Hampshire location of Northern Human Services, a highly respected behavioral health organization serving 72 towns in Northern New Hampshire. Position located in a vibrant small town; the hub of a four season recreational area.

- Must be either a licensed clinician in the State of New Hampshire or a graduate of master's degree program leading to licensure. Recent graduates encouraged to apply.
- Excellent and consistent supervision, continuing education, and a welcoming, competent multidisciplinary team.
- The ACT Clinician works to provide effective, quality clinical services, coordinates and monitors other services provided as needed, promotes independent functioning and develops self-sufficiency skills for clients. Provides treatment in the clients' homes and in the office. Knowledge of CBT, DBT and other EBPs.
- Ability to document in an electronic environment is essential.

NHS offers generous earned time (three weeks year one; four weeks year two), eleven paid holidays, health insurance, and an agency contribution (no match required) to a 403B. All positions offer opportunity for advancement in a stable, diverse and growing organization.

****White Mountain Mental Health is an approved National Health Service Corps site.**

Licensed Clinicians may apply for generous loan repayment.**

All positions at NHS require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. This agency is an Equal Opportunity Employer, and Provider.

Send cover letter and resume to:
Northern Human Services
Attn: Bobbi Lyndes-Langtange
29 Maple Street
PO Box 599
Littleton, New Hampshire 03561
Email: blyndes@northernhs.org
Phone: 603-444-5358
Fax: 603-444-0145



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Northern Human Services
Attn: Bobbi Lyndes-Langtange
29 Maple Street
PO Box 599
Littleton, New Hampshire 03561
Email: blyndes@northernhs.org
Phone: 603-444-5358
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CARE MANAGER - PER DIEM

Reports to the Director of Nursing. The Care Manager has responsibility for activities and operations associated with the provision of high quality and cost effective patient care in accordance with UCVH's mission and values. The Care Manager is accountable for ensuring efficient and professional social work services for patients and families that are designed to promote and enhance their physical and psychosocial functioning with attention to the social and emotional impact of illness. Responsible for establishing and maintaining productive working relationships with the Medical Staff, the health care team and community agencies and resource providers. Responsible for ensuring appropriate levels of care thru utilization review, chart review and documentation. The care manager is responsible to provide linkage to community resources that support the patients overall well-being.

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Upper Connecticut Valley Hospital
181 Corliss Lane
Colebrook, NH 03576
603.388.4236
ucvh-hr@ucvh.org
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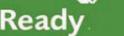
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Any interested applicants, please send coaching resume and references to:

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