

# Simpson, Dowd lead Prospect in Pinkham Notch



DEUCE SMITH runs toward the finish line of Saturday's race in Pinkham Notch.

**BY JOSHUA SPAULDING**  
Sports Editor

**PINKHAM NOTCH** — The Prospect Mountain cross country team made the trek to Pinkham Notch on Saturday for the annual Paul Letarte Invitational, held at Great Glen Trails at the base of Mount Washington.

The Timber Wolves competed against fellow Division III teams Newfound, Monadnock, Trinity and White Mountains,

Division II squads Kingswood, Kennett, Merrimack Valley and Plymouth and Division I squads Pinkerton and Keene.

The Prospect boys were led by Dennis Simpson, who finished in a time of 19:44 for 27th place overall.

Next in for the Timber Wolves was Deuce Smith in 20:44 for 38th place and Joey Howlett ran to 43rd place in a time of 21:22.

Liam White rounded out the field of Timber



CHARLIZE LOCKE runs for Prospect Mountain in Saturday's meet at Great Glen Trails.

Wolves with a time of 23:54 for 57th place.

In the girls' race, Veronica Dowd was the top Prospect finisher, crossing with a time of 24:24 for 23rd place.

Hannah Capsalis was right behind, finishing in 24th place in a time of 24:30 and Amber Fernald was 44th overall with a time of 27:10.

Eve Roberge finished in a time of 28:16 for 49th place and Emily Shurtleff was 52nd overall with a time of 28:32 to

round out the scoring.

Charlize Locke ran to 53rd place in a time of 30:10, Jillian Simpson was 56th in a time of 30:43 and Emily Seigler finished in 57th place in 30:24.

The Timber Wolves are scheduled to be in action again on Tuesday, Sept. 21, at Newfound at 4 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



LIAM WHITE races during Saturday's meet at Great Glen Trails in Pinkham Notch.



AMBER FERNALD finished as the third Prospect girl in the Paul Letarte Invitational Saturday.

## FBLA — where business leaders are created

**ALTON** — Jennifer Cove, Prospect Mountain High School teacher and Future Business Leaders of America (FBLA) advisor, addressed members of the Alton Centennial Rotary club last Thursday about what the goals and objectives are to prepare high school students on how to become business leaders.

Cove's background in business more than qualifies her to teach and advise students on how to become business professionals. She has a business background that includes working within the corporate world for five Fortune 500 corporations, many years as an executive team leader.

Her background also includes

a B.A. & B.S. from Salve Regina and a MS in Business Management & Organization from Antioch School. Her vast knowledge, experiences and skills are of great benefit for the FBLA Prospect Mountain students as its teacher and advisor for the 'Wolf Den,' a student-run program that includes operating the school store.

SEE FBLA, PAGE A8

# Oscar Foss Library acquires 3D printer

**BARNSTEAD** — Have you ever wondered what it would be like to use a 3D printer? Well, now you can find out!

This summer, the Oscar Foss Memorial Library received a Summer Learning Grant from the New Hampshire State Library that allowed us to purchase our very own 3D printer. It's a neat little machine that can print all sorts of different objects; it really came in handy during our summer reading program when we used it to create prize tokens, a Cat vs. Dog checkers game, and DIY Pet Tag kits. These doggie bone-shaped pet tags were sold at our local Barnstead Farmer's Market, and the kits are now available for purchase-by donation-here at the library (proceeds



go to our STEM club).

After going through a brief orientation, library patrons can use the 3D printer here at the library. The 3D printer company's website offers free items for you to print, or you can create your own using the website's tools and app. The goal of the Summer Learning Grant is to help reduce learning loss over the summer by providing educational opportunities in safe and supportive environments, like your local library.

Funding for the grant was provided by the Jack and Dorothy Byrne Foundation and the Institute of Museum and Library Services and administered by the New Hampshire State Library.



# 100/500 “Books Before” programs offered at Oscar Foss Library

BARNSTEAD — “Inspire a life-long love of reading.” Sign your child (or children) up for the 500 Books Before Middle School (grades K-5) or the 100 Books Before High School pro-

grams (grades 6-8) going on here at Oscar Foss Memorial Library!

Young people who sign up for either program will receive a tote bag with instructions, a book log, and a book passport. Participants can read the old-fashioned way, listen to an audiobook, read on a device, or share reading with a partner. Comic books, graphic novels, and books read for school or clubs all count!

For the 500 Books challenge, for every 25 books read, come in and get your book passport stamped and pick out a small prize from our prize bucket. At 250 books, you'll get a bigger prize. At your 500th book, you receive a free book, a prize, and you'll be invited to an awards ceremony party to receive your certificate of completion. For the 100 books challenge, you get a small prize for every 10 books read, a



bigger one at 50 books, and at 100 books, you receive a free book, a prize, and an invitation to an awards ceremony party. It's a win-win situation all around. You learn all sorts of neat stuff, get to go on countless adventures, and develop strong reading habits

and skills that will contribute to your success in school and later in life. Plus, you win prizes! Funding for these programs was made possible by Save the Children and the Rural Library Network. Save the Children works to ensure that every child

has access to great learning opportunities by increasing funding for early child development programs. These programs are proven to accelerate achievement for children who are at-risk, and are open to all Barnstead students grades K-8.

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# Alton Parks and Recreation Connection

## Spectacular Scarecrow Spree

Join community members as we create scarecrows around the Town of Alton from now until Nov. 1. Take a picture of your scarecrow, and share it with us to publish on the Parks and Recreation Department Facebook page. Send pictures to [parksrec-asst@alton.nh.gov](mailto:parksrec-asst@alton.nh.gov). Enjoy the Spectacular Scarecrow Spree and look for pop up scarecrows around the Town.

Free trail maps

The Alton Parks and Recreation Department has free trail maps available at their office kiosk located at 328 Main St. Maps can also be found at [www.alton.nh.gov](http://www.alton.nh.gov) under the Government - Parks and Recreation - Trails and Hiking. Check out the local trails, and see what Alton has to offer:

Spotlight on Mike Burke Trails in the Alton Town Forest. The Mike Burke Trails are located off of Alton Mountain Road, on Avery Hill Road. These

trails were dedicated to Mike Burke for his passion about trees, forest management, and land conservation. Mike who passed away in 1994 loved Lake Winnepesaukee, the woods, and the Town of Alton. About ¼ mile after turning onto Avery Hill Road from Alton Mountain Road, you will find a parking lot and Kiosk for the trail system on the right side of the road.

The Mike Burke Trails consist of three different trails: the lower loop, upper loop, and

middle connector trail. These trails all start and finish in the same parking lot. Total distance of all trails come in at just under two miles. These trails are great during all 4 seasons. A gentle hike through the Alton Town Forest features a great forest setting, and is perfect for all skill levels. The trails are primarily used for hiking, walking, nature trips, and bird watching. These trails are most popular during the months of May through September but are also great for snowshoeing

in the winter. Get outside today and discover a trail less traveled!

Line dancing lessons

Line Dancing lessons continue through the fall at the Alton Bay Community Center on Thursdays from 1:30-2:30 p.m. Adults of all ages and abilities are welcome, \$3/summer-fall season. Register on site.

Adult Pickleball

Join in the fun with

free organized play for experienced adults (18 years and older). Experienced players meet Mondays, Wednesdays, Fridays, and Sundays at the Liberty Tree Park Courts from 8-11 a.m. Program is ongoing through the fall. Register in advance with the link on the Town of Alton Web site or at <https://www.signupgenius.com/go/30e0b4dae-a82ba0fd0-byinvitation>. Please park across the street from the Fire Station.

## THE READING ROOM AT GILMAN LIBRARY

ALTON — SEPTEMBER IS LIBRARY CARD SIGN-UP MONTH ~ If you are an Alton student or Alton teacher and do not have a Gilman Library card, we invite you to make your New School Year Resolution to come into the Gilman Library at 100 Main Street, Alton, and sign up.

SIGN-UP FOR A LIBRARY CARD ~ You are welcome to apply for a library card in person or online. Both methods require you to come into the library with your photo identification and

proof of residence in order to obtain a valid library card. Non-resident fees are waived for all persons employed anywhere within Alton and Alton Bay, and for any students from neighboring towns, who attend Prospect Mountain (These courtesy cards become null and void if you leave your employment or when you graduate from high school). Alton and Alton Bay property owners and residents have a free, renewable five-year membership and Summer residents have a

free, renewable two-year membership. Non-residents are charged \$20 per year for a yearly membership. To initiate the process online, simply click the [SIGN-UP] tab in the upper-right corner by the [LOG-IN] tab. Please read the instructions carefully, as you complete the simple form. We will print it out after reviewing your documentation at the circulation desk.

DO YOU NEED TO RENEW YOUR CARD? ~ Library cards do expire. If you need to renew, simply call the library

and answer a few security questions, and we will be happy to renew it for you over the phone. You will keep your same patron account number!

DID YOU LOSE YOUR CARD? ~ If you misplaced your library card you may still use your library account. We are happy to look up your number, once we have verified your identity. If you would like a card reprinted, the replacement fee is \$1.

WHIMSY CORNER ~ If you are visiting the Whimsy Corner at the Gilman Library, with

your grown-up, please ask for your Whimsy Corner Card. You can get a stamp on the card for each visit (and one on your hand, too if you'd like!). After ten visits and the card is full and

you can pick a free prize, and get a new Whimsy Corner Card. We hope to see you soon!



COURTESY

### Rocks of ages

Audience members were treated to hands-on exploration of indigenous artifacts at "A River of Stories" on Saturday, sponsored by the New Durham Public Library and made possible by a grant from New Hampshire Humanities. Paul and Denise Pouliot of the Cowasuck Band of the Pennacook Abenaki People presented Abenaki stories; explained use of early tools such as mortars and pestles, fishing nets, and baskets; and led a discussion on stories. Here, a granite mortar and pestle used for grinding herbs up to 12,000 years ago finds its way into the grip of a New Durham youngster.



## KEEPING GOD'S CHILDREN WARM



Andrew Varzea/Wikimedia Commons

The Coat Rack at Saint Katharine Drexel provides warm coats, boots, shoes, and other clothing for children of all ages, free of charge. Some of the clothing has been donated; some has been purchased through the generosity of parishioners and friends. To discuss your children's clothing needs with Coat Rack Director Lise Patrick and her volunteer staff, visit the Parish Office any Monday morning between 10:00 and noon or call 603-767-3230 for an appointment. Winter is coming and schools are reopening, so now is the time to make sure your children—God's children—are warm and dry when the weather is not.



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## There is more to the labor shortage than laziness

All around the country, we've seen businesses reducing hours, restaurants reducing menu items and help wanted signs everywhere. "People just don't want to work!" is the excuse we here uttered by anyone who hasn't done their homework.

While it's true there are some who don't want to work, this certainly has not caused the labor shortage. Please note that since the dawn of history, there have always been those who don't want to work. At the end of the day, if someone is able bodied enough to work and isn't independently wealthy for some reason, and chooses not to work, well they end up unfortunately facing their own issues.

According to the Bureau of Labor Statistics, job openings are at 9.3 million. Extended unemployment benefits have run out, so that argument is no more. In fact, only 3 percent of unemployed people earned enough with the extended benefits country wide to warrant not returning to work. Only 14 percent were earning more than they did prior to the extended benefits. The cessation of those benefits will send some people back to work, but not enough to make a dent. Experts say worker's rights could have more to do with it.

Low pay is one reason for the shortage. In 1968, the federal minimum wage was \$1.60 per hour. Factoring in the rate of inflation since, that would be the equivalent to \$12.38 per hour in 2021; however, the federal minimum wage is just \$7.25 per hour in 2021. Walmart is now starting employees at \$17/hour, and McDonald's restaurants in many New England states start their employees at \$15/hour. Lowes has just advertised to start paying \$18/hour. This is not good news for smaller local businesses who don't have the backing of being a corporation.

Employees are also seeking better working conditions. Those in the restaurant business who rely on tips are sexually harassed at a much higher rate, and because of mask mandates, those workers are often asked to police rude and belligerent people who refuse to comply for either personal or political reasons.

The COVID lockdown has allowed many to re-evaluate what is really important and meaningful, and working a job where you're harassed and underpaid just isn't worth it. Flexibility that provides work life balance is what many are looking for. Remote work has allowed this to become more of a reality. Remote work has also allowed many companies to function with less employees. Workers without digital skills are out of luck as far as remote work goes until more training is available. There are some companies who do offer such training such as Google and Amazon.

Many Americans are also in a position where they need to stay home to care for vulnerable individuals including young children. While many schools and daycares are open, many have closed due to COVID outbreaks, leaving parents without childcare. The opening and closing is unpredictable, and will remain that way until the pandemic is under control.



RUTH ARSENAULT — COURTESY

### Remembering 9/11

The Alton Fire Department hoisted an American flag over Route 11 at the Bay last weekend to commemorate the lives lost during the terrorist attacks on Sept. 11, 2001.

## Letters to the Editor

### Are you better off under "Sleepy Joe?"

To the Editor:

Readers shouldn't let others interpret the political news for them. When a New Hampshire Republican State Rep. stated "This is not my feeling," judge him by his words, and not someone else's interpretation of them, regardless of your normal party affiliation. Otherwise, you will no longer have a mind of your own as others dictate your thinking. And control your life.

If readers want to preserve this country as a republic formed under the principles of the U.S. Constitution, be sure to vote in 2022. Before voting, ask

yourself whether or not you are better off under the lack of leadership of the current administration, with "Sleepy" Joe asleep at the helm.

If your answer was yes, keep in mind you asked for government control of your life. Regardless of who you voted for in 2020, if your answer was no, it just might be time to make the change in government and take back control of your life before it is too late.

Respectfully,

*Jim Raschilla*  
Alton Bay

### Who controls Alton's purse strings?

To the Editor:

"It's not coming to a vote."

That statement was directed to the Chairman of the Alton Board of Selectmen (our elected official) by the Town Administrator (hired by the board), at the Aug. 30 Alton Selectmen's meeting (view: 1:32:07 on the Town of Alton You-Tube video).

During the explanation/discussion, the chairman stated he would not vote for the town administrator's "proposal" of funding (what she acknowledged was), a fire department obligation out of the ambulance revolving fund. The administrator then matter of factly responded, "It's not coming to a vote." Reaction from the board: silence. After all, it's just telling the board "who's the boss." This is a direct assault on the selectmen's authority and legal obligation to manage the town's finances by state law.

The scheme is to "borrow" monies out of the ambulance fund and convince the voters next year to repay the "IOU." Legal commitments made this year should be paid for out of this year's budget. A small amount of budget belt-tightening could easily cover the amount needed.

Why the financial somersaults? I wonder, is this to establish a precedent for future years? Inadequate preview of warrant articles... again... and no trust in presenting to the voters a major specific purchase, now comes back to haunt the board.

The bigger issue for Alton taxpayers is that the Alton Select Board is not in control of the purse strings when they are told what they can or cannot vote on by their hired personnel and incredibly, they accept it!

*R. Loring Carr*  
Alton

### The right to be or not

To the Editor:

The difference between mandating wearing a mask and limiting or ending the rights to an abortion is, simply put, it is rights. The right of the public health officer to mandate wearing a mask for the good of the public is, as it should be, part of their job. They are serving the public's interest, say, like, when the need arises such as a whooping cough outbreak, or, say, a COVID virus. The right of a private citizen not to have something removed from their body they do not wish to have removed goes without saying. Likewise, the same is true for someone who wants to have something removed from their body they do not wish to continue as part of their person. Alas, you tell me the differences is the thing being removed or not. I agree, a life is a precious thing, and should never be wasted. I cannot imagine what runs through a woman's mind while trying to figure out what to do next, after she finds herself pregnant with a child she knows she cannot care for properly, especially if she can't even care for herself.

Society needs to transform all of its thinking. A woman does not get pregnant all by herself, unless of course she can afford artificial insemination, not provided for by a planned family clinic, if in fact they provide that service (baby making). Men are never taught don't try to score that chick. For a while the "born again crowd", made promise packs, with their kids about premarital sex, I don't think it was a big success, once the hormones kicked in. What I'm saying here is a man is just as responsible for an unwanted child as is the mother who cannot

or does not have the resources to care for that child. For, far too long, our society has let the man get away with making the woman pay for his mistake. Yes, there are those, who say the burden should be hers. I believe, if you remove the lady's right to ban, the bust a baby move, then you should provide her with the resources to care for that baby until that life can afford to care for itself, or at least eighteen years whichever comes first. Conservatives, awake there's a liberal here, who wants to hold your finances hostage, for the next eighteen years. A blatant radical who thinks society as a whole should pay for the sins of the few.

Oh my "creator," we, as a society, paid for the sins of the few with ENRON, or have you forgotten, we care so much for the un-born that we don't have room in our hearts, for the children from Sandy Hook School, remember, Gun rights are more important than a human's right to stay alive free, from a gunshot. You demand, why should we pay to help end a life? When what your actions says quietly, is "it is easier to waste it, by not properly educating it, offer low quality or no health care, making it live in a less than ideal environment, and certainly keep upward social mobility to a minimum. Restrict rights that we keep mostly for ourselves, you say, why, by God, the strong will struggle to survive." Nope, the "creator" self corrects with vaccine like precision, when it becomes too good of a thing, it changes, much to the dismay of many, with others, its joy.

*John Henderson*  
Barnstead

### Roe v Wade is neither just nor a law

To the Editor:

In his letter "We are still sick" (Sept. 9), Mr. John Henderson, while demonizing Pro-Lifers as "Extremist Evangelical Christians," called Roe v Wade "a fair and just law."

To the contrary, there was nothing fair about the decision, and it isn't a law. It was a very bad decision based on lies which should have been ignored by state governors and attorney generals. Two of the justices had family members who worked or volunteered for the Planned Parenthood, an organization founded by racist and anti-Semite Margaret Sanger.

An excellent movie entitled "Roe v Wade" was recently released. It shows how "Roe," Norma McCorvey, was used and lied too by the Pro-Abortionists. She became a Pro-Life activist. The movie is narrated by the actor and director Nick Loeb, who portrays Dr. Bernard Nathanson. Dr. Nathanson was the


co-founder of the National Association of the Repeal of Abortion Laws (NARAL), who not only changed his position, but spent the rest of his life exposing the abortion industry. He produced the movie "The Silent Scream." Nathanson said that he and Larry Lader, a NARAL co-founder lied about the number of back alley abortion numbers, the abortion procedure itself, and even paid Hollywood producers to put Pro-Abortion propaganda in scripts of TV shows like "Maude."

I will be happy to lend a copy of the movie to Mr. Henderson. I would also loan a copy to the lady I saw at the Alton Rotary on Route 28 on Saturday morning, Sept. 11 holding a sign that read "Abortion is Constitutional."

*Hal Shurtleff*  
Alton


LETTERS CONTINUED, PAGE A5

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# STRATEGIES FOR LIVING

## The shadow you cast

BY LARRY SCOTT

You may feel abandoned, ignored, or simply taken for granted, but you have a legacy, a critical circle of influence – that can be fulfilled by no one else. Nothing beats family, we are told, and, indeed, they are your legacy. Society may never know, nor little care, who and what you are, but you can etch it in stone: your family will tell the tale!

As told in his book, “Today Matters,” and a book I highly recommend, John Maxwell tells the story of a study done by Richard Dugdale. As a member of the Prison Association of New York, Dugdale was surprised to discover six members of the same family, all in prison for a variety of offenses, including burglary, attempted rape, and assault with intent to kill.

The family, he discovered, could be traced back to a gentleman he called Max, born sometime between 1720 and 1740. A heavy drinker, he had six daughters and two sons, some of whom had been born out of wedlock. By the time of his study (in 1874), Dugdale estimated the family line included some 1,200 people.

Of the 1,200, and here Maxwell quotes Dugdale’s findings, 180 were paupers, 140 were criminals, 60 were habitual thieves, and 50 were common prostitutes.

Another study, this by A. E. Winship, was done on the family of Jonathan and Sarah Edwards. The onetime President of Princeton University, a traveling preacher and respected theologian, Edwards’ legacy encompassed some 1,400 individuals at the time of Winship’s study. Of these, Winship found 123 college presidents, 65 professors, 100 lawyers, 30 judges, 66 physicians, and 80 holders of public office.

In the words of the Apostle Paul, “Do not be deceived: God cannot be mocked. A man reaps what he sows.”

Our God, I have often said, is no man’s debtor. Honor Him, welcome His Son as the moving force in your life, and you will cast a shadow that will bless your family and all who have known you. Your legacy will not be found in your service to the community, the accolades you garner, nor the accomplishments of your brief sojourn on earth. Who you were and what you stood for will live on... in the lives of your family.

The principles you lived by, your conduct under pressure, the distinguishing marks of your character, and most important of all, your relationship with God, will cast a shadow on all who have known you. Indeed, as nothing else could, they will inevitably tell the story of your life.

# Oscar Foss Library sponsors 1,000 Books Before Kindergarten program

BARNSTEAD — “The more that you read, the more things you will know. The more that you learn, the more places you’ll go,” wrote Dr. Seuss

While we at Oscar Foss Memorial Library would encourage everyone to read lots of books, we especially want to encourage families with young children to sign up for the 1,000 Books Before Kindergarten challenge. The program

is run by the 1,000 Books Foundation, a non-profit organization whose goal is to promote early childhood literacy. Why is learning to read at a young age so important? Studies show that children with higher literacy skills do better in school. They also are more likely to earn higher incomes, have more job opportunities, and have better mental and physical health. In fact, the first three years are

highly important for children in developing literacy skills.

For the challenge, books can be read to the child, or if the child is already reading, they can read out loud to any willing listener. To participate, you can register your child here at the library, a process that takes only a few minutes to do. You will be given a sheet to keep track of each book read, and for every 100 books,

your child will receive a small prize. At the end of the program, participants get a tote with goodies, a certificate of completion, and a free book! While 1,000 books sounds like a lot, it actually isn’t too bad. In fact, just one book a day for three years adds up to 1,095 books! So come on in, sign up, and get ready to read!

# DAR promotes Constitution Week

WOLFEBORO — The Winnepesaukee Chapter-Daughters of the American Revolution urges Americans to reflect on the United States Constitution during this month’s annual observance to honor this foundational document of national governance.

In 1955, the DAR petitioned the U.S. Congress to dedicate Sept. 17–23 of each year as Constitution Week. Congress adopted the resolution, and on Aug. 2, 1956, President Dwight D. Eisenhower signed it into Public Law #915. The celebration’s goals are threefold: to encourage the study of the historical events that led to the framing of the Constitution in September 1787; to remind the public that the Constitution is the basis of America’s great heritage and the foundation for its way of life; and to emphasize U.S. citizens’ responsibility to protect,

defend and preserve the U.S. Constitution.

Today, each one of us can participate in Constitution Week by ringing bells on Friday, Sept. 17 at 4 p.m., by visiting libraries in Wolfeboro, Tuftonboro, Moultonborough and Alton to view the United States Constitution displays presented by the Winnepesaukee Chapter, talking to our children and grandchildren about the importance of our Constitution and we can all refresh our memories by re-reading the Constitution along with the 27 Amendments.

By fostering knowledge of, and appreciation for, the Constitution and the inalienable rights it affords to all Americans, DAR helps to keep alive the memory of the men and women who secured our nation’s foundational liberties.

The Daughters of the American Revolution is a non-profit, non-political volunteer women’s service organization dedicated to preserving American history and securing America’s future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or

ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

For more information on becoming a Daughter of the American Revolution, call or e-mail Regent Susan Fossum at 603-581-9675 or WinnepesaukeeDAR@gmail.com

# Camp Constitution to host film screening

ALTON — To celebrate Constitution Day, Camp Constitution is hosting a showing of the movie “A More Perfect Union” on Saturday, Sept. 18 at 7 p.m. at the Alton Community Church, 20 Church St.

This movie is the first comprehensive recreation of those stirring, heated debates during the sweltering summer of 1787. Filmed on location at Independence Hall, Williamsburg, Va., and other historical sites, it dramatically chronicles how America became a nation and those underlying principles that guard our freedom today. Free admission. Donations accepted at the door.

# Letters to the Editor Continued

## A heartfelt thank you

To the Editor:

New Durham Public Library Director Cathy Allyn has retired from her duties, and the Library Trustees would like to share their Letter of Appreciation to her.

Dear Cathy,

In appreciation of your years of leadership at the New Durham Public Library, we thank you.

You have created, organized, and sponsored so many events for our community. The children’s lives have been enriched by your enthusiasm and caring. The Children’s Room is a fun-filled place with adventures and excitement for them, as well as for parents and staff.

You directed fabu-

lous programs such as Jigglin’ Jamboree, artists’ and musicians’ events, Story Times, and of course, Halloween celebrations that were bright, glow in the dark, lights, props and costumes.

And the yearly summer reading programs that you dedicated many hours to planning the wild and magnificent themes... who can forget walking through the doors of a rocket ship right here in our town?

All of your patrons know that when they enter the building they will be greeted by name and conversation. You created a caring environment for your staff, who found coming to work fun and challenging.

You have guided your staff, the Trustees, and the library community through a most trying time this past year with the utmost concern for everyone’s well-being and safety. The protocols set in place ensured that the library was accessible and open to the public.

Best wishes for a happy and healthy retirement. May it bring family fun, new adventures and relaxation. You can look forward to coming into the library and hearing, “Hello, Cathy! We have the book you requested...”

Sincerely,  
*The New Durham Public Library Board of Trustees*

# ALTON POLICE LOG

ALTON – The Alton Police Department responded to 148 calls for service during the week of Aug. 29-Sept. 4, including two arrests.

-1 Female Subject was arrested on a Warrant.

-1 Male Subject was arrested for Driving After Revocation or Suspension.

There were 2 Motor Vehicle Accidents.

There was 1 Theft reported on Orchard Lane.

There were 3 Suspicious Person/Activity Reports on Mt. Major Highway, Juliet Lane & Sawmill Brook Road.

Police made 41 Motor Vehicle Stops and handled 6 Motor Vehicle Complaint-Incidents.

There were 95 other calls for services that consisted of the following: 4 Assist Fire Department, 1 Fraudulent Action, 8 Employment Fingerprinting, 4 Assist Other Agencies, 5 Animal Complaints, 5 General Assistance, 2 Missing Adults, 1 Alarm

Activation, 2 Noise Complaints, 2 Lost/Found Properties, 2 Highway/Roadway Hazard Reports, 1 Sexual Assault, 5 General Information, 3 Vehicle ID Checks, 2 Sex Offender Registrations, 1 Relay/Delivery, 1 Busi-

ness Property Check, 2 Civil Matters, 3 Wellness Checks, 1 Dispute, 31 Directed Patrols, 2 Motor Vehicle Lockouts, 6 Medical Assists& 1 Paperwork Service.

# PETS OF THE WEEK



Gannon

Meet Gannon! This big doofus loves to play, go for walks and eat treats. He’s an inexperienced fella who needs an experienced owner to help him learn his manners! Gannon isn’t a big fan of other dogs or cats, so he’s seeking to be the only pet in his new home. Because Gannon is inexperienced with petting and handling, and he’s still learning to share his things, he will do best in a home without children. Gannon is currently being treated for a skin condition that may or may not resolve with his current treatment plan. His adopters should speak to their veterinarian, and be prepared for the possibility that Gannon will need to take medication or be on a prescription diet for the rest of his life.

If you are looking for a mature dog who needs help learning what love is really all about, then ask us about Gannon!



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Meeko

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This project was made possible with support from NH Humanities, in partnership with the National Endowment for the Humanities.

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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	105 Alton Shores Rd.	Single-Family Residence	\$215,000	J.D. & R. Robinson RET	Shelly and Stuart C. Hudson
Alton	30 Cynthia Dr.	Residential Developed Land	\$280,000	Brennan K. Robinson	Andrew Beattie and Kaitlyn M. Ramsey
Alton	70 Larry Dr.	Single-Family Residence	\$360,000	Brian P. Jones and Allison M. Weber	Patricia M. Wineger and Ryder B. Wineger
Alton	53 Mallard Dr.	Single-Family Residence	\$355,000	Jeffrey T. and Sharon L. Clay	David J. and Judith Haynes
Alton	506 Old Wolfeboro Rd.	Single-Family Residence	\$209,333	Drew J. Bernier	Brandon P. and Emma-Lee E. Furbush
Alton	Sleepers Island	Residential Developed Land	\$145,000	Scott E. and Nicki L. Mercer	Leonard and France Lemoine
Barnstead	Holly Lane (lot)	Residential Open Land	\$50,000	Gerladine M. and Timothy P. Palmer	Lori J. and Ronald E. Jepson
Barnstead	26 Oak Dr.	Single-Family Residence	\$275,000	Robert and Wendi Kitson	Charles and Erika Rivanis
Barnstead	818 S. Barnstead Rd.	Single-Family Residence	\$291,000	Tyler Mace	Donna E. King and Kyle Fisher-Baluta
New Durham	230 Pine Pt.	Single-Family Residence	\$976,000	Josephine D. and John X. Crickett	Edward A. and Lisa R. Alfano
New Durham	Shaw Pond, Lot 3	N/A	\$380,000	Shane E. and Cathy M. Thornton	Joseph Stearns

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com)

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: [www.thewarrengroup.com](http://www.thewarrengroup.com)

# Busy September ahead for NH Boat Museum



Haley Brown, race boat driver in The New Hampshire Boat Museum's Vintage Race Boat Regatta 2019.

WOLFEBORO — In September, the New Hampshire Boat Museum (NHBM) will host a number of events to conclude a successful and busy 2021 season, highlighted by its biennial Vintage Race Boat Regatta.

Featuring dozens of vintage boats, including small outboards, Grand

Prix hydroplanes, Jersey Skiffs and Gold Cup racing boats, the Regatta is a free spectator event that takes place on Wolfeboro Bay, Sept. 17 and 18. The Regatta also features evening events for the public, including a Cocktail Party on Friday, Sept. 17 and an Awards Dinner Fall Social takes place on Saturday, Sept. 18 under a large

tent outside NHBM.

"These are great opportunities to meet the drivers who come from throughout the nation to compete in this exciting event," said NHBM Executive Director Martha Cummings.

While it will close on Columbus Day in October, NHBM will continue,

however, to offer digital learning opportunities through its Virtual Lecture Series. Featuring former Olympians and renown authors, the Series explores the sport of rowing and crew from many perspectives.

"This is your chance to learn about the diversity that is emerging in this sport and how it reflects and reinterprets American culture," added Cummings. "Our exhibits and programs are increasingly developed with diversity in mind."

Scheduled for Thursday, Sept. 23 at 7 p.m., NHBM's next lecture will feature Wolfeboro, New Hampshire native Hilary Gehman, two-time Olympian (2000 & 2004) and six-time National Team member.

"We are thrilled to have Hillary join us for this year's exciting lecture series," said Cummings.

In addition to its own programs and events, NHBM is working to promote hydroplane racing through a partnership with the South Shore Outboard Association (SSOA).

"We will be in attendance at SSOA's Kingston Sprint Cup Invitational on Sept. 25 - 26 in Kingston, New Hampshire," said Cummings. "Our broader goal at the museum is to encourage people of all ages to not only enjoy the state's fresh waterways, but appreciate their importance as a natural and economic resource."

Hosted by the Kingston Children's Center, the Granite State Title Series & Sprint Cup Invitational will feature small outboard hydroplane racing "at its best."

"The SSOA event is great fun to watch for the whole family," said Cummings. This

event is truly a race whereas our Regatta is a live exhibition."

Cummings expressed gratitude for those who have supported NHBM this season.

"This has been an incredible year, and we are so thankful for all those who continue to support our mission, including our sponsors, members and individual donors," she added.

Founded in 1992 by vintage boating enthusiasts, NHBM is sponsored this year in part by Goodhue Boat Company, Eastern Propane & Oil, Meredith Village Savings Bank, FL Putnam, Stark Creative, Bank of New Hampshire, and NH Humanities. To learn more about NHBM, visit [nhbm.org](http://nhbm.org).

# Wright Museum to host Free Admission Days for teachers

OLFEBORO — On Sunday, Sept. 19, the Wright Museum will offer free admission to New Hampshire teachers, an opportunity made possible by Meredith Village Savings Bank (MVSBS).

"We initially conceived this opportunity for just history teachers, but we realized that teachers from a variety of subjects may want to bring their students here," said Mike Culver, executive director of The Wright.

"If you are a teacher in New Hampshire, visit us

on Sunday, September 19 and bring someone with you at no charge."

Featuring more than 14,000 items in its collection that are representative of both the homefront and battlefield, The Wright works with dozens of schools across the state.

"We have a curriculum that has been developed to complement what students learn in the classroom," said Culver, who noted The Wright provides "a bal-

anced interpretation" of the 1939 - 1945 era.

"We look at how the successes and failures from this time period were formative of our nation's character post-World War II," he added.

Citing their recently renovated Art Gallery, Culver said this space is "incredibly important," because it enables the Wright to also explore other American history stories through rotating exhibits.

"We have delved into so many societal issues that are currently pertinent as well as those subjects associated exclusively with WWII," he said. "We address



Executive Director Michael Culver giving a tour to students at the Wright Museum of WWII.

past and contemporary topics and place them

into context to create a better understanding of the American character. This is a wonderful place for all ages, but especially students."

Presented by Meredith Village Savings Bank (MVSBS, remaining Free

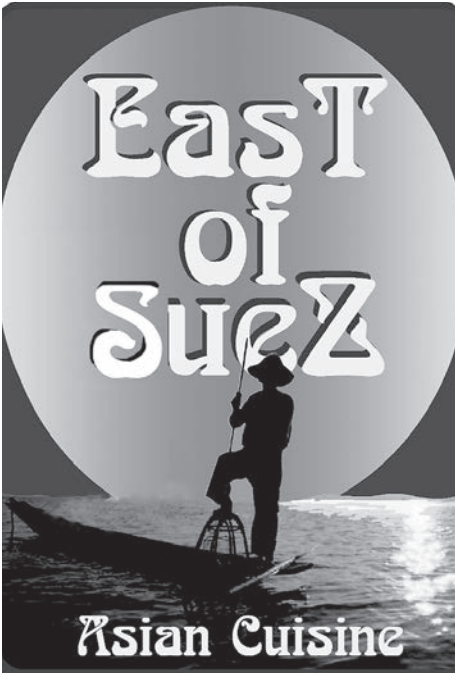
Admission Sundays for New Hampshire teachers take place on Sept. 19 and Oct. 17. For more information about The Wright or special events, visit [wrightmuseum.org](http://wrightmuseum.org).



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## SPORTS

## Prospect soccer girls come up short against Lakers



JOSHUA SPAULDING

**JULIA PENDERGAST** of Inter-Lakes and **Jayden Burt** of Prospect Mountain battle in the second half of last week's game in Alton.

BY JOSHUA SPAULDING  
Sports Editor

ALTON — The Prospect Mountain and Inter-Lakes girls' soccer teams have both spent the early part of the season searching for the right pieces in the right places and trying to make all those pieces work together.

After last Tuesday's game in Alton, it appears the Lakers are a bit closer to finding those answers than the Timber Wolves are, as Inter-Lakes took a 4-1 win over the hosts.

"I think we're figuring it out," said Inter-Lakes coach Chelsea Crockett. "We have to learn to possess a little better, but we're finding the through player and we have great speed up front."

"So far, it's not going the way I'm looking for, but it makes it so I know what we're doing at practice the next day," said first-year Prospect coach Drew Williams. "There's lots of different ways to see what we need to work on and what we need to improve."

The Lakers didn't waste much time getting on the board, as they scored just two minutes into the game, as Liana Keenan followed up a direct kick by getting off a shot that sneaked past Prospect keeper Thera Woods for the 1-0 lead. The Lakers continued to pressure with a good bid from Brooke Rollins, but Abby Breuer turned in a good defensive stop for Prospect.

The Timber Wolves had the first corner of the game and Olivia Casale had a shot, but Julia Pendergast made a nice clear for Inter-Lakes. Breuer had another good defensive play and Sarah White just missed con-

necting with Piper Flood at the other end. White had another shot stopped by Inter-Lakes keeper Alana Poehler. Mackenzy Holden also had a shot on net for the Timber Wolves that Poehler snagged and White added another shot.

Sofie Fleischmann had a couple of solid bids for the Lakers, with Maren Rayno making a nice defensive stop on one of the bids and the other going off the cross bar. Jaden Burt just missed connecting with White, Breuer had a shot stopped and Ella Smith had a direct kick that was headed on net, with Poehler making the save.

Fleischman, Kate DeTolla, Pendergast and Ali McCarthy all had chances for the Lakers and Sara Harris made a nice defensive stop on Flood. The Lakers had a corner kick that Breuer and Casale were able to clear out of the zone.

The Lakers got on the board again with Fleischmann firing a shot that went off the fingertips of Woods and into the net for the 2-0 lead. The Lakers had two more corners that Erin Furnee sent over the top of the net. Furnee had another bid stopped by Woods, as did McCarthy and Fleischmann sent a shot wide, sending the game to half-time with the visitors up 2-0.

Prospect had a couple of early bids in the second half, with Burt and White getting a couple of chances, with Anna Carpentiere playing solid defense for the Lakers. Flood also had a look, with Pendergast coming through with a defensive stop.

However, with 33:30 to go in the second half,

Smith sent a ball through to Flood, who got past the defense and buried the shot, cutting the lead to 2-1. Flood continued the pressure with a couple of nice looks, but the Lakers held strong to keep the Timber Wolves at bay.

## Knight golfers sweep match in North Conway



JOSHUA SPAULDING

**MICHAEL PALMER** earned medalist honors at North Conway Country Club last week.

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — Kingswood golf coach Jeremy Fuller knew that the early season was going to be a good test for his team.

That continued with a match at Windham Country Club to start last week, with the Knights finishing with a 212 to finish second behind the host Jaguars at 187. Pembroke finished in third at 231.

"Windham has been impressive in our first two matches," Fuller said, noting their top



JOSHUA SPAULDING

**LIANNA KEENAN** of Inter-Lakes gets off a shot around the defense of Prospect's **Lani Demers** in action last week.

The Lakers had a corner kick chance that Rayno was able to clear out in front and then McCarthy and DeTolla had bids go wide of the net. Ruby Preisendorfer had a direct kick for the Lakers that Becca Hopkins cleared

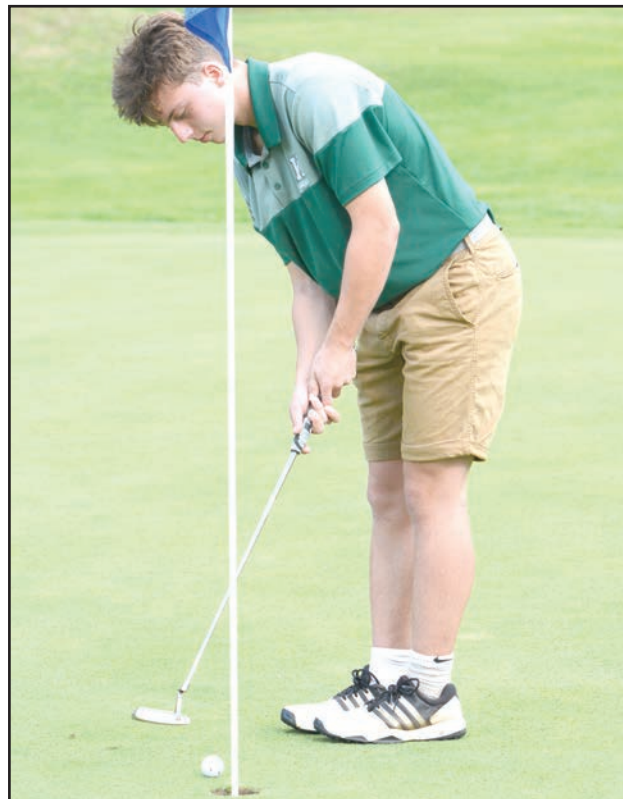
from the zone. The Lakers were able to get a shot past Woods, but the Prospect defense swept in and booted the ball out of harm's way.

Abby Wittenburg had a defensive stop on Fleischmann and Burt had

a nice cross to Olivia Noyes, but her shot was stopped by Poehler.

Just before the midway point of the half, the Lakers got the two-goal lead back, as Lily Richardson got down the out-

SEE SOCCER, PAGE A8



JOSHUA SPAULDING

**WILL DANAIS** putts for birdie on hole four at North Conway Country Club.

Saunders in the top spot and Tyler Sprince in the third spot both finished with 43s.

Will Crane rounded

out the scoring with a 44 from the fifth spot in the lineup for Kingswood.

Will Danais had a 46 in

SEE GOLF, PAGE A8

## Running deer shoots Sundays at Farmington Fish and Game

NEW DURHAM — Join the Farmington Fish and Game Club for the 2021 running deer shoot season. The season runs every Sunday from now through Oct. 24 from 9 a.m. to 12 p.m. Cost is \$10 a shooter (three shoots per round, no limit on rounds). Public is welcome.

For questions, e-mail [info@farmingtonfishandgameclub.com](mailto:info@farmingtonfishandgameclub.com) or visit [www.farmingtonfishandgameclub.com](http://www.farmingtonfishandgameclub.com). Farmington Fish and Game Club is located at 64 Old Bay Road in New Durham.

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OBITUARY

Charles “Chuck” Rupprecht

New Durham, NH-Charles “Chuck” Rupprecht died peacefully at Portsmouth Regional Hospital on September 5, 2021, surrounded by the love of his family. He was born in Concord, Massachusetts to George W. and Helen (Wilcox) Rupprecht on May 13, 1931. At the age of 15 he and his family moved to Burlington, MA where he met the love of his life, Julie; they were married for 56 years. During high school, he was an avid football and baseball player, and it was also during this time his hobby for photography evolved. Chuck and Julie were married on June 30, 1951. They started a family and had four children: twins Debbie and David, Cathy, and Laurie. To support his family, he became one of the youngest store managers for Brigham’s Ice Cream. He was a truck driver and shipper/receiver for Brigham’s Ice Cream and subsidiary companies, Dorothy Muriels’ Co. and the Jewel-T Corp.; he retired from Brigham’s in 1985. During his post-retirement years, he worked at the Farmington School District as a custodian and bus driver.



In 1962, the family moved north and called New Durham, N.H. their home. He shared his love of vegetable and flower gardens with neighbors, faithfully rooted for the Red Sox and New England Patriots, and nurtured his many kitties. The Rupprecht families’ summer tradition was to spend time at Biddeford Pool, Maine. He was always behind the lens taking pictures of events, nature, family and friends. He was a dedicated member and photographer for the New Durham Fire Department for 25 years. He was always on the scene, with appropriate photography equipment, ready to capture the fire departments’ event. for more than 25 years He was a devoted family man who always shared his love of photography. He leaves behind his daughter, Debbie Rup-

precht and partner Claudette Lavigne; daughter Cathy Hallin and husband Larry; daughter Laurie Verville and husband Richard; granddaughter Stephanie Wilde and husband Seth and great grandsons Jack and Grant; grandson Brian and his wife Christy Roy and great granddaughter Olivia; granddaughter Tara Verville and great grandson Kyle; granddaughter Laurie McCallion and husband Tom and great granddaughter Alexis; and his sweet sister Dayle (Rupprecht) Caterino of Billerica, MA. He was predeceased by his wife Julie in 2007, son David in 2006, and brother Sumner in 2018. Calling hours will be held on Friday from 10:00-11am September 10th at Peaslee Funeral Home, 24 Central Street, Farmington. A service will be officiated by Chaplain Susan Walker at 11:00 am with internment to follow at the John Shirley Cemetery in New Durham. In lieu of flowers, donations may be made to St. Jude’s Hospital, Beacon Hospice or AHC Kids Foundation. To express condolences, please visit: www.peasleefuneralhome.com

GOLF (continued from Page A7)

the fourth spot, Max Roark had a 51 in the seventh spot and Jackson Hall had a 57 in the eighth spot to round out the field of Knights. “Henry and Mike were not too happy with their scores and are looking to improve, which I know they will,” Fuller said. “We have left a few strokes out on the course with three-putts. If you’re going to play well, you can’t afford to three-putt greens. “Our sophomore duo of Brady Clarke and Will Crane continue to post scores that are in our top five,” the Knight coach continued. “Tyler continued to drive the ball well. He made a nice birdie on the sixth hole, hitting his tee shot to five feet and making the putt.” The 10 to 15 strokes

that Fuller was hoping the team would drop over the course of the season came all in one swoop on Wednesday, Sept. 8, as the Knights teed off at North Conway Country Club. Kingswood had four kids finish with scores under 40 for the day, finishing with a 199 to sweep the three-team match. Portsmouth got a 204 for second and host Kennett had a 228 for third. Palmer earned medalist honors, sharing them with Ben Daugherty of Kennett, with both finishing with 37s. The next three scorers all finished with 39s, with Henry Saunders in the top spot in the lineup, Tyler Sprince in the third spot and Will Dainais in the fourth spot all getting the same score. The final score for

the Knights came from Christos Zavas in the sixth spot with a 45. Quin Dickey had a 48 from the eighth spot, Caden Laing had a 50 in the seventh spot and Matt Jacobs played at number five and had a 52. The Knights will be in action today, Sept. 16, at Sagamore Golf Club for a meet hosted by Winnacunnet. They will then head to Amherst Country Club for a meet hosted by Milford on Tuesday, Sept. 21, and will host Goffstown, Kennett and Alvirne on Thursday, Sept. 23, all with 3:30 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SOCCER (continued from Page A7)

side and around the defense, firing a shot to the far post for the 3-1 lead. The Lakers pushed the lead to 4-1 just more than two minutes later, as Ali McCarthy fired a shot off feeds from Furnee and Richardson on a corner kick. Holden had a couple of good chances for the Timber Wolves before Joscelyn Boucher

took over in net for Inter-Lakes. At the other end, Woods came out to make a grab on a ball that McCarthy sent just ahead of Poehler. Holden had a trio of chances go wide of the net and Harris made a defensive stop on a White bid. Rayno just missed connecting with White, then White found Burt for a bid that was stopped. Smith had a shot go wide for Prospect and Woods had a late save on a late Laker bid to close out the game. “I think they’re starting to figure out positioning,” Crockett said. “They’re learning where they’re supposed to be and where they’re supposed to go. “They play for each other; they all like each other and want to be there for the other person,” she continued. “It’s the heart that I like.”

“Today there was a lot of player movement because of the last game,” Williams said. “In my coaching, I feel like if they’re feeling like they’re listened to, I get more out of them. “And they were happy at the start with the changes, but it’s different once things don’t go well,” he continued. “In practice, it looks like they get in, but they come out in the game and it can be so different.” Prospect is scheduled to host Monadnock today, Sept. 16, and will be hosting Belmont on Tuesday, Sept. 21, both at 4 p.m. The Lakers are slated to be at Somersworth on Friday, Sept. 17, and will be at Berlin on Tuesday, Sept. 21, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Oscar Foss Memorial Library announces upcoming events

BARNSTEAD — We’ve got some great activities coming up! First off, we are starting up a crafters group. Are you looking for some company to help motivate you to finish some of your unfinished craft projects? Then be sure to stop by the library on the second Thursday of the month at 6 p.m., starting on Sept. 9! Bring along any craft project you’re working on, or you can use our craft supplies, Cricut machine, and printer and crafting books to inspire and help you along! Light refreshments will be served. Next, we are having our Family Movie Night on Friday, Sept. 10, at 6 p.m. We are showing The Secret Garden, a lovely film about a spoiled young girl who, after her parents die, is forced to move to England and live with her distant and mysterious uncle who has a painful secret. One day, she finds a key that opens the door to a hidden garden, and there she finds a way to change her outlook on life along with the help of two new friends and the wonders of nature. There will be refreshments! Starting on Sept. 17, we are bringing back the After School Club for ages six to 11! Join us at the library at 4 p.m. on the third Friday of each month for crafts, book discussions, snacks, making new friends, and having fun with Miss Jerissa.



# Bobcats prove too much for Kingswood girls

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — The first two home games of the season for the Kingswood soccer girls came against traditional Division II powers Souhegan and Oyster River, giving the Knights some really good tests out of the gate.

While Kingswood battled the Sabers to a 1-0 loss in the opening game, the second home game was a bit different, as the Oyster River girls scored four goals in each half on the way to the 8-0 win on Tuesday, Sept. 7.

“They’re a very good team,” said Knight coach Shane Flood. “The girls put up a good fight, I am proud of them.”

The Bobcats didn’t waste much time, scoring just 1:20 into the game on a crossing pass that was tapped past keeper Marina Roy for the 1-0 lead. Just more than five minutes later, they pushed the lead to 2-0 off another



JOSHUA SPAULDING

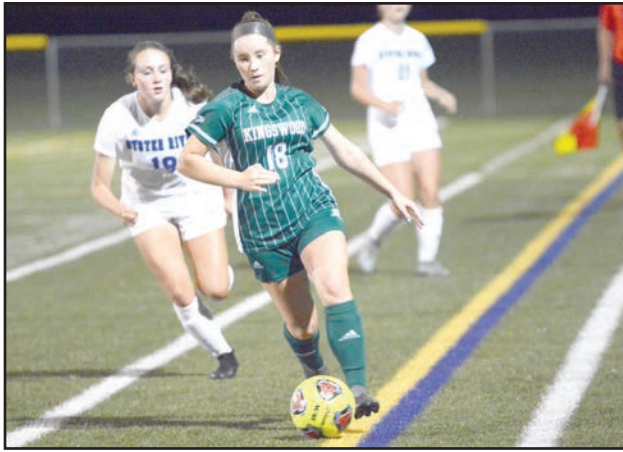
**KAMDYN HOBBS controls the ball in action against Oyster River last week.**

er crossing pass. Kylie Rapoza had a couple of nice runs for the Knights, but could not get the ball in the net.

Just more than 10 minutes into the game, the Bobcats scored again, firing a long shot past Roy for the 3-0 lead. Less than four minutes later, they struck again, this time dribbling past the Knight defense and into the net for the 4-0 lead.

Madison Eaton turned

in a couple of solid defensive plays for the Knights and Roy was able to make a couple of good saves as well. The Bobcats had a corner kick that they could not convert. Jill Caravella made a nice cross to Rowan Donovan-Laviolette and Megan Davey had a nice steal. Rapoza just missed connecting with Amelia Kilmister on a bid and both Rapoza and Donovan-Laviolette had chances



JOSHUA SPAULDING

**AMELIA KILMISTER races the ball up the sideline in action last week against Oyster River.**

es before the half, but the game went to the break with the visitors up 4-0.

Caravella had an early shot for Kingswood, Davey just missed connecting Kamdyn Hobbs and Davey made a run in as well. Oyster River ripped a shot off the fingertips of a diving Roy with 27:12 to go for the 5-0 lead and less than two minutes later, added another goal for the 6-0 lead.

Just less than six minutes later, the Bobcats

drilled a beautiful shot to the top corner of the goal for the 7-0 advantage. Avery Dinges had a direct kick stopped by the Bobcat keeper and the visitors had a couple of good chances denied and

Rapoza had a nice cross through the crease.

Oyster River added a penalty kick goal in the final eight minutes for the final tally.

“The game got away from us a bit,” Flood said. “But the girls played hard and there’s lots to build off of here.”

Kingswood is slated to host Spaulding today, Sept. 16, at 5:30 p.m., and will be at Milford on Friday, Sept. 17, at 4 p.m. and will be hosting Con-Val at 6:30 p.m. on Tuesday, Sept. 21.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Knight boys run in Pinkham Notch



JOSHUA SPAULDING

**WARREN BLANEY runs in the Paul Letarte Invitational on Saturday in Pinkham Notch.**

BY JOSHUA SPAULDING  
Sports Editor

**PINKHAM NOTCH** — The Kingswood cross country boys took to the trails of Great Glen Trails on Saturday for the annual Paul Letarte Invitational, hosted by Berlin High School.

At the base of Mount Washington, the Knights were led by Lou Arinello, who finished in 40th place with a time of 20:47.

Warren Blaney was not far behind, finishing



JOSHUA SPAULDING

**TYLER OLKKOLA heads to the finish line of Saturday’s race in Pinkham Notch.**

in a time of 21:10 for 42nd place and Tyler Olkkola finished with a time of 23:10.

Adrian McAllister rounded out the field of Kingswood runners, crossing in a time of 25:37 for 60th place overall.

The Knights are slated to run at home on Friday, Sept. 17, at 4 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Knights can’t keep up with strong Plymouth squad

BY JOSHUA SPAULDING  
Sports Editor

PLYMOUTH — The Plymouth and Kingswood football teams are in different places. The Bobcats are coming off a Division II title appearance while the Knights are working on building their program.

Each team was able to take things away from Plymouth’s 35-6 win on Saturday afternoon, things they can use moving forward.

“It was a great day for football, we suited up our whole team today,” said Plymouth coach Chris Sanborn. “We told the freshmen that if they beat Milford, we’d suit them up, then Milford cancelled because of the rain. So all the kids played (today).”

“We’re a young team and we’re trying to learn a whole lot about football in many different areas,” said Kingswood coach Paul Landry. “We talk about character and who you are when facing adversity. At 35-0, it doesn’t get any deeper than that for adversity.”

The Bobcats scored four touchdowns in the first quarter to put the game out of the reach early. Kurtis Cross had a touchdown pass to Calvin Swanson, Swanson broke free for a 71-yard touchdown run, Dylan Welch ran in a short touchdown and Mason Lessard returned an interception for a touchdown, giving the Bobcats the 28-0 lead before the first quarter ended.

Plymouth didn’t waste too much time getting another touchdown in the

second quarter, as Joe Peters returned a Kingswood punt to the end zone for the 35-0 lead less than two minutes into the second quarter.

Aiden Brierley had a nice kick return for the Knights and Andrew Keniston was able to run for a first down, but the Plymouth defense stepped up on fourth and two and stopped Riley Saxby short of the first down.

The Bobcats then proceeded to run out the rest of the first half clock with Lessard and Andrew Dobbie running the ball and Parker Eastman connecting with Gianni Ciotti for an 11-yard gain. Kingswood’s Konner Hurlbert, Robbie Hotchkiss, William Dixon and Keniston had solid defensive plays to help slow the drive and time ran out on the first half with Plymouth up 35-0.

Kingswood turned the ball over on downs on the first possession of the second half and the Knights were able to keep the Bobcats from moving the ball on their next drive and they punted away. Keniston, Matt Perkins and Saxby moved the ball up the field for the Knights and quarterback Garrett Burke also got a carry as the third quarter ended.

Keniston got consecutive carries to open the fourth quarter and Perkins broke free for 25 yards to get the ball to the five and from there, Keniston was able to dive into the end zone with 8:41 to go. Tyler Dekutowski blocked the extra point and the Knights were on the board with their first

score of the year.

Perkins then came up with an interception on fourth and long for the Bobcats to give Kingswood the ball back. Perkins then broke free for another 25-yard run to get the ball inside the 20. The Knights got the ball to the five on carries by Keniston, Burke and Saxby. However, Logan Trusock was able to recover a fumble and time ran out on the Plymouth’s 35-6 win.

“We’re looking to have fun with our seniors,” Landry said. “We know the struggles will be real, but we’re trying to keep things going in the right direction and have fun.”

“They displayed good attitudes and good behavior,” the Knight coach added. “And it was nice to get one in.”

“The meat of our

schedule starts next week with Bow,” said Sanborn, noting it will be an emotional game for the Falcons. The Falcons lost a player and his little brother in a car accident last week and Sanborn expressed his sympathy to the entire program.

“It will be an emotional day for them,” the Bobcat coach said. “I feel so terrible with what they’re going through. My heart goes out to the family, their school and the football program.”

Plymouth will be at Bow on Saturday, Sept. 18, at 2 p.m. while Kingswood will be hosting Gilford-Belmont on Friday, Sept. 17, at 7 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## HIGH SCHOOL SLATE

**Thursday, Sept. 16**

**KENNETT**

Field Hockey at Oyster River; 4:30

**KINGSWOOD**

Boys’ Soccer at Spaulding; 4

Girls’ Soccer vs. Spaulding; 5:30

Golf at Sagamore GC; 3:30

**PROSPECT MOUNTAIN**

Girls’ Soccer vs. Monadnock; 4

Golf at Farmington CC; 3:30

Volleyball vs. Campbell; 5:45

**Friday, Sept. 17**

**KENNETT**

Boys’ Soccer vs. Manchester West; 4

Football at St. Thomas; 7

Girls’ Soccer at Manchester West; 4

Volleyball at Hillsboro-Deering; 5:30

**KINGSWOOD**

Cross Country Home Meet; 4

Football vs. Gilford-Belmont; 7

Girls’ Soccer at Milford; 4

**PROSPECT MOUNTAIN**

Boys’ Soccer vs. Mascoma; 4

**Saturday, Sept. 18**

**KENNETT**

Cross Country at White Mountains; 10

**KINGSWOOD**

Boys’ Soccer vs. Milford; 12

**Monday, Sept. 20**

**KENNETT**

Volleyball at Laconia; 5:45

**KINGSWOOD**

Field Hockey vs. Derryfield; 5:30

Volleyball vs. Oyster River; 6

**PROSPECT MOUNTAIN**

Boys’ Soccer vs. Laconia; 4

Golf at Campbell; 4

Volleyball vs. Winnisquam; 5:45

**Tuesday, Sept. 21**

**KENNETT**

Boys’ Soccer at Milford; 4

Field Hockey vs. Pembroke; 4

Girls’ Soccer vs. Milford; 4

Golf at North Conway CC; 3:30

Volleyball vs. Trinity; 5:30

**KINGSWOOD**

Boys’ Soccer at Con-Val; 4

Girls’ Soccer vs. Con-Val; 6:30

Golf at Amherst CC; 3

**PROSPECT MOUNTAIN**

Cross Country at Newfound; 4

Girls’ Soccer vs. Belmont; 4

**Wednesday, Sept. 22**

**KINGSWOOD**

Field Hockey vs. Pembroke; 5:30

Volleyball at Prospect Mountain; 5:45

**PROSPECT MOUNTAIN**

Unified Soccer at Portsmouth; 4

Volleyball vs. Kingswood; 5:45

**Thursday, Sept. 23**

**KENNETT**

Boys’ Soccer at Plymouth; 4

Golf at Kingswood GC; 3:30

**KINGSWOOD**

Golf at Kingswood GC; 3:30

**PROSPECT MOUNTAIN**

Boys’ Soccer at Bishop Brady; 4

Golf at Laconia; 4

**All schedules subject to change.**



KATHY SUTHERLAND

### First win

Noah Silva bodies the ball during his team’s 1-0 win over Plymouth on Saturday afternoon. The Knights are scheduled to be at Spaulding today, Sept. 16, at 4 p.m., will be hosting Milford at noon on Saturday, Sept. 18, and will be at Con-Val at 4 p.m. on Tuesday, Sept. 21.



KATHY SUTHERLAND

### Tough loss

Kingswood’s Emilia Galimberti reaches in to knock the ball away during her team’s 1-0 loss to Souhegan on Friday evening. The Knights also dropped a 1-0 decision to Bow earlier in the week after starting the season with wins over Kenett and Con-Val. The Knights are slated to be at Hollis-Brookline on Friday, Sept. 17, at 6:30 p.m., will host Derryfield on Monday, Sept. 20, at 5:30 p.m. and Pembroke on Wednesday, Sept. 22, also at 5:30 p.m.







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# Fall Home & Garden Guide

## Why excavation is best left to the professionals



When shopping for a home, buyers often try to envision themselves living in a given property. Images of family gatherings and holidays may instantly come to mind, but prospective homeowners also may begin to envision changes they would make to a proper-

ty if they were eventually to call it home.

Changing an existing structure or building an entirely new home on an empty plot of land can be exciting. Such changes typically require excavation, which is a complicated process that may be necessary for projects

big or small.

What is excavation?

Excavation is the process of extracting material from the ground by digging. Earth, rock and other materials may be moved during the excavation process.

Can do-it-yourselfers excavate?

Skilled DIYers who have participated in excavation projects in the past may be able to handle a project on their own. However, it's important that homeowners recognize that excavation is about more than just digging in the ground. It's a complicated process that requires the use of specialized tools and equipment. In addition, a strong understanding of the land that will be excavated is required for the project to be safe and go smoothly.

Why hire an excavation professional?

Even the most skilled DIYer might be better off hiring an excavation professional than going it alone. That's true for a number of reasons.

- **Liability:** Homeowners who hire a fully licensed and insured

professional excavation firm can rest easy knowing that they will not be responsible for any damages or injuries that may occur during the project.

- **Permits/requirements:** A professional excavation firm typically files all the necessary paperwork for work permits or can advise which permits homeowners will need to go forward with the project. In addition, professionals will know the local laws regarding building and excavation. For example, homeowners may be unfamiliar with the concept of lateral support, which refers to landowners' right to have their land physically supported in its natural state by adjoining land and underground structures. This is an important concept to understand during an excavation project, and professionals can advise homeowners

ers if a project they want to undertake will violate lateral support laws.

- **Experience:** Perhaps the best reason to work with excavation professionals is their experience. A lack of excavation experience can result in damage to a homeowner's property and surrounding properties, which can prove costly. DIYers may not know the type of soil they have on their property nor recognize the different types of challenges each type of soil can present during an excavation project. Such knowledge comes with experience and is often invaluable.

Skilled DIYers can tackle many home improvement projects on their own. However, the complex nature of excavation makes these types of projects the kind that are best left to skilled professionals.

## Pre-winter perennial pruning pointers

Foliage and football might be two things people instantly associate with fall, but there's more to this beloved season than brightly colored leaves and action on the gridiron.

Gardeners know that spring is an ideal time to plan and plant their favorite flowers and most flavorful fruits and vegetables. However, seasoned gardeners know that gardening is a year-round commitment. Pruning is one of the keys to keeping perennials coming back for years to come, and fall is an ideal time to take on this important task.

Pruning perennials in the fall is not a one-size-fits-all endeavor. According to the Old Farmer's Almanac, some perennials can be cut down after the first killing frost, while others can be left to benefit wildlife, including birds and insects. Understanding pruning and when to do it this fall can help gardeners lay a strong foundation for their gardens that will benefit them next spring.

Why should some perennials be pruned?

The College of Agricultural Sciences at Pennsylvania State University notes that perennials that have become diseased or infested with insects are pruned to prevent those problems from resurfacing in the spring. In addition, according to the Old Farmer's Almanac, many herbaceous perennials have old foliage and dying stems after several hard frosts. If dead foliage or dying stems aren't pruned, disease, slugs and other pests can overwinter in the plants. Cutting these plants down to

the ground after several hard frosts allows the base of the plant to remain dormant over the winter but makes the plant less hospitable to disease and insects.

Which perennials should I prune?

The first step to pruning perennials is to recognize which need to be pruned and which can be left intact for the winter. The Old Farmer's Almanac notes that bee balm and phlox are prone to powdery mildew and should be cut back once they're gone. Hostas harbor slug eggs, so they, too, should be pruned after a hard frost. Hosta leaves that have fallen on the ground should be removed as well. There's no need to cut back certain perennials if they're healthy. For example, hardy geraniums do not require pruning in the fall, and Penn State Extension notes that hardy perennials like garden

mums are more likely to survive a cold winter if they're left intact. That's because the tops of such plants will collect leaves and snow for insulation and moisture over the course of winter. Gardeners who are unsure about fall pruning can speak with their local gardening center for additional advice regarding which plants to cut back before winter.

When to prune perennials

nials

Gardeners need not rush to prune perennials in the fall. Diseased or infested plants can be pruned at the first sight of disease or infestation, but gardeners can wait until several hard frosts have occurred before they prune healthy perennials. In gardening parlance, a hard frost refers to when temperatures drop below 28 F. Several hard frosts kill the uppermost growth



of most perennials, making this an ideal time to prune them.

Pruning perennials

in fall can be the first step toward creating an awe-inspiring spring garden.

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Comfort takes center stage each winter. As people look to stay warm, many may be quick to turn up the thermostat so their entire home is toasty warm. But much like cranking air conditioners during the dog days of summer, turning up the thermostat each time the winter winds begin blowing can prove costly for homeowners.

According to estimates from the National Energy Assistance Directors' Association, homeowners spent an average of \$911 on home heating costs in the winter of 2019-20. The winter of 2020-21 could prove even more expensive, as

the COVID-19 pandemic continues to force much of the world to practice social distancing. That means many professionals are still working from home full-time, while even those who aren't are no doubt spending more of their free time at home. All those hours spent at home figure to increase reliance on heaters this winter, which means heating bills are likely to go up as the temperatures go down.

Finding ways to save on heating costs will no doubt prove a priority for many homeowners this winter, and the following are some ways to do just that.

- Add insulation. Extra insulation throughout the house can dramatically reduce home heating (and cooling) costs. According to the Environmental Protection Agency, adding insulation in attics, crawl spaces and basement rim joists can help homeowners save as much as 15 percent on heating costs.
- Lower the temperature on your water heater. Another way to trim your energy bill this winter is to lower the temperature on your water heater. The U.S. Department of Energy notes that, for every 10 F reduction in temperature on their water heaters, homeowners can save between 3 and 5 percent on their water heating costs.
- Close the flue on your fireplace. Fireplaces can keep a home's inhabitants warm in winter, but only when they're in use. When they're not being used, fireplaces can allow heat to escape a home. When the fireplace is not being used, close the flue to prevent heat from escaping the house. Keeping all windows and doors closed throughout the day is another way to prevent unnecessary heat loss.
- Have your HVAC system serviced before winter begins. Inefficient HVAC systems cost homeowners considerable amounts of money each year. Annual maintenance performed by a certified HVAC professional can ensure filters are clean and operating at peak efficiency, saving homeowners the costly trouble of having to turn up the thermostat to overcome dirty systems.

Home heating costs figure to increase this winter as people spend more time at home. Various simple strategies can help homeowners stay warm without overpaying to heat their homes this winter.

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# Did you know?

Basements may not be go-to hangouts during spring, summer and fall, when many homeowners spend more time on their patios and decks enjoying the great outdoors. But as winter approaches and the great outdoors becomes less welcoming, basements once again become popular places to relax and spend time with loved ones. That's why fall is such an ideal time to address mold issues in a basement. According to WebMD, exposure to mold can irritate a person's eyes, nose, throat, and lungs. That's true whether a person is allergic to mold or not. Even people who are merely sensitive to mold can experience sneezing and runny nose, and some may even develop red eyes and skin rash if exposed to mold. Reactions are much more severe for people with mold allergies, who may experience shortness of breath or suffer from asthma attacks if exposed to mold. Molds require moisture to grow, and basements may provide ideal growing conditions for mold. Mold spores cannot grow without moisture, so dehumidifiers can help homeowners effectively reduce the risk of mold growth in their basements. WebMD advises homeowners keep indoor humidity levels, which can be measured with an inexpensive instrument known as a hygrometer, below 60 percent. In lieu of wall-to-wall carpeting in basements, install concrete floors and area rugs to make mold growth less likely. Basement floors also should be routinely inspected for leaks, as leaks can promote mold growth. Address leaks promptly if any are found.



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