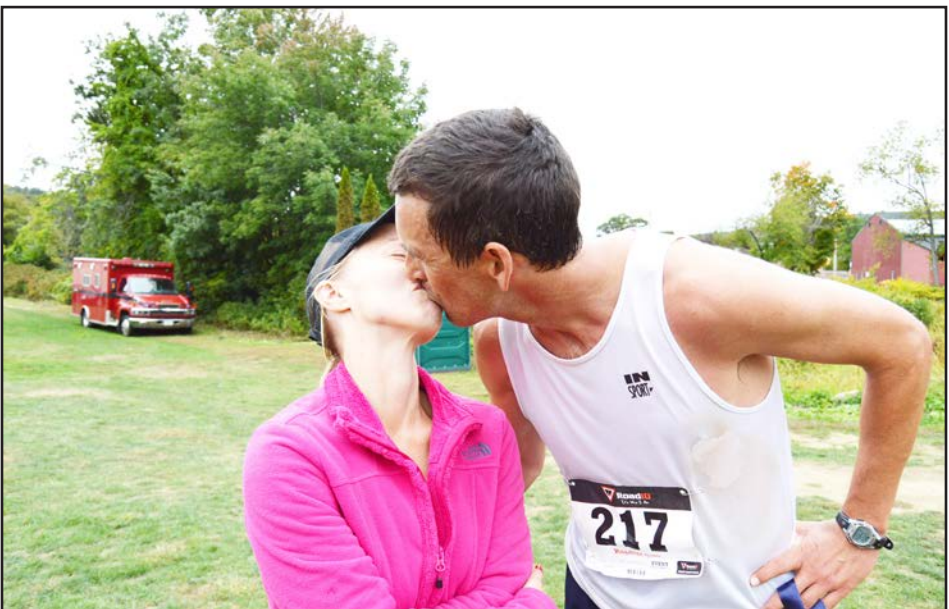




Casey Carroll of Dover was the first to reach the finish line of the 2016 New Hampshire Marathon with a time of 2:48:40.



Greeting the 2016 New Hampshire Marathon winner Casey Carroll with a congratulatory kiss was his girlfriend Taryn.

Enthusiasm runs high at New England's "most beautiful" marathon

BY DONNA RHODES
dhrhodes@salmonpress.com

BRISTOL — The New Hampshire Marathon is billed as “the most beautiful marathon in New England,” while the 2013 Runner’s World magazine proclaimed it to be “The best small town race,” and just last

September they added it to their “Bucket List: 10 Small Town Marathons.” Judging from the enthusiasm of the hundreds who took part in the event last Saturday morning, it wasn’t all just hype, either.

The New Hampshire Marathon began 24 years

ago to benefit local non-profit organizations of the Newfound Region. Since 1995, it has raised \$220,750 toward that mission, and this year’s beneficiaries were the Circle Program for girls, the Mayhew Program for boys and the Tapply-Thompson Community Center that

serves all children in the region.

Over the years, the marathon has attracted runners from 45 states and 11 countries. This year 40 states plus the nation’s capitol were represented, along Erlend Leganger of Norway and a contingency of runners from Canada.

The journey this year began at Newfound Memorial Middle School where participants in the 10K race, half-marathon and full marathon all took the starting pistol at the same time.

Newfound Region High School Band who also performed the national anthem just before the countdown began.

Cloudy skies made for good running conditions when the pistol finally sounded at 9 a.m. and nearly 500 participants headed out on the course.

Newfound showcases approaches to education

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — When she began her duties with School Administrative Unit 4, Superintendent Stacy Buckley thought the requirement that high school students complete a senior project was a waste of time, and she was thinking of eliminating it.

Newfound Area School Board Chair Jeff Levesque of Groton also thought senior projects were a waste of effort and money.

That was before Amy Yeakel took over as director of Extended Learning Opportunities and Senior Projects for the school district.

“Since Amy came on board, it’s changed my mind,” Levesque said at the board’s Sept. 26 meeting.

“It has become something really meaning-

ful,” Buckley said of the senior project.

Yeakel delivered an enthusiastic presentation on how she had adapted the existing program, which gave high school seniors a chance to work on a topic of interest to them, to a valid research program with connections to the local community. She explained how students would learn to take their research to its final conclusion as a presentation to the class.

She said one of the changes was to have

students choose their subject by the end of their junior year, so

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Travelers should be aware that Brook Road in Alexandria, leading to the Cardigan Mountain AMC Lodge, among other destinations, is currently closed for bridge reconstruction. Detours have been set in place until the bridge can be temporarily reopened at the end of the month.

Alexandria Road Agent announces closure of Brook Road bridge for repairs

BY DONNA RHODES
dhrhodes@salmonpress.com

ALEXANDRIA — Alexandria Road Agent Jeff Cantara announced that the middle bridge on Brook Road in that town will be closed for extensive repairs

in the coming weeks and those wishing to access the Cardigan Mountain AMC Lodge, Cardigan Mountain Orchard or other roads in that vicinity will need to use Mt. Cardigan Road rather than ac-

cessing them from West Shore and Fowler River Roads.

Replacement of the aged bridge was approved during the election process in March of 2016 and Cantara said that af-

SEE **BRIDGE**, PAGE A11



Seniors Larry Macon (left) and Gene DeFronzo (right) were two of the more distinguished participants in last weekend’s New Hampshire Marathon in Bristol.

young, making him the oldest competitor in the race, and said this year’s New Hampshire Marathon was his 13th trip along Newfound Lake. He was the oldest entrant in the event and said he always looks forward to coming back again next year.

“I take it one race at a

time, though,” he said.

Looking back over all the years he has visited the Newfound Region to take part in the marathon, DeFronzo said he will never forget the year he lost track of the course.

“I got lost and ran a mile off course before

SEE **DUO**, PAGE A11



DONNA RHODES

Proud trophy winners in this year’s Kids Marathon in Bristol last weekend were (left to right) Reagan Sutherland, Reese Cutting, Ben LaPlume, Zachary North, and Colin Yeh.



DONNA RHODES

Thirty-four boys and girls celebrated their successful completion of the summer long Kids Marathon challenge after they ran the last of 26.2 marathon miles together in Bristol on Saturday.

Local youngsters take the challenge during Children's Marathon

BY DONNA RHODES
drhodes@salmonpress.com

BRISTOL — Thirty-four young boys and girls took the Children’s Marathon challenge this year by gradually accumulating their efforts over the summer months until they logged in 25.2 miles of running, biking, hiking and other outdoor exercises. They then gathered in Bristol last Saturday morning to run the last mile of the 26.2-mile marathon distance together, starting just minutes after the official New Hampshire Marathon got underway.

Seven-year-old Sophie of Bristol took part in the Tapley-Thompson Community Center’s Running Club for the first time this year and was so excited about their marathon challenge that before last Saturday’s event got underway, she had already logged in 27 miles.

“Her cousins have done this and she decided she wanted to join in this year,” said her mom Steffany. “It’s all about going out and getting exercise instead of sitting in the house watching t.v..”

After wishing all the older runners well on their journey in the 10K, half-marathon and marathon distances, the youngsters set

out from the Old Mill parking lot on Lake Street and raced to the official finish line in Kelley Park.

Siblings Stephen, Meta and Isaac Denio of Manchester were just three of the young runners who enjoyed their summer-long challenge and the final mile in Bristol.

Their dad was among the hundreds of marathon runners and while their mom aunt and grandfather had to withdraw from the race this year due to injuries, they were excited to cheer the three children on in their own race challenge.

“We never knew there was a kids’ race, but as soon as I learned about it I signed them up and they started logging their miles over the summer. This was really nice and so well organized. They’ll be back next year and hopefully I can run by then, too,” said mom Cynthia Denio.

Winners of the 2016 Kids Marathon were two-time winner Reese Cutting in the girls’ eight and under category, and Reagan Sutherland for girls from 9-11 years of age. There were no one registered this year for the girls age 12 and up division.

For the boys it was Zachary North who took home the trophy



DONNA RHODES

Cousins Olivia, Katelyn, Sophie, Lucas and Drake, of Bristol and Rumney, were proud to have completed the challenge to run, walk or bike 25.2 miles over the summer before running the last one-mile leg of their marathon challenge last Saturday in Bristol.

in the Eight and Under Division. Ben LaPlume won both the boys’ 9-11

year-old division and was the overall race winner, while Colin

Yeh topped the field for boys, aged 12 and up. This year’s Kids

Marathon was sponsored by Mid-State Health and TTCC.

Fire destroys Bridgewater home

BY DONNA RHODES
drhodes@salmonpress.com

BRIDGEWATER — At 7:16 p.m. on Friday, Sept. 30, the Bridgewater Fire Department received a call for a building fire in a mobile home located at 862 Mayhew Turnpike where first responders from the department found the residence to be completely engulfed in flames when they arrived.

The incident commander called for a

first alarm right away, but quickly followed that up with a request to Lakes Region Mutual Aid for a second alarm in order to bring additional manpower and equipment from other communities to the scene.

The residence, an older model mobile home, was situated in the Newfound RV and Trailer Park where there is a small but dense population of homes situated close to


one another. The proximity of neighboring residences was an immediate concern, therefore some people were evacuated as fire fighters battled the blaze.

A report over the weekend from Bridgewater Fire Chief Donald Atwood stated that crews were able to keep the fire contained and while the affected residence was a total loss, only one of the nearby homes was additionally damaged.

The cause of the blaze was listed as unknown at the time.

Two people were transported to the hospital as a result of the fire, but there was no word on their condition as of our press deadline for this week's edition.

The fire is currently under investigation by the State Fire Marshal’s office, and anyone with information about the incident is asked to contact them at 223-4289.



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding
the submission process.*



Dollar General now open in Bristol

Thrifty shoppers of the Newfound Region were pleased to see that the new Dollar General Store, located at 215 Lake St. in downtown Bristol, is now open for business with not just great prices on a wide variety of household needs, but job opportunities available as well.



COURTESY PHOTO

Local poet and author visits Day Away

Local Poet and Author Helen LaPlante Duschene, shared some of her poems with participants at the Day Away Program in Bristol, where she volunteers. Duschene was born and grew up in East Andover. She attended a one-room school for eight years, where poetry was frequently read and recited. She is a member of the New Hampshire Poetry Society and the coordinator for its members' quarterly contests. She is the author of two poetry books, "Looking for Blue Skies" and "Pathway to Heaven." Also, "In Their Time," a memoir and "Echoes From the Mills," an oral history. Helen lives on Newfound Lake where she finds many of her inspirations. Day Away is a social respite program for caregivers who are caring for a loved one with Dementia/Alzheimer's disease. The program is held on Thursdays in Bristol. It is a wonderful program which provides caregivers a day of rest and participants a day their own with new friends. Trained volunteers and an RN are on staff. Currently there are openings for qualified participants. For more information, or if you want to assist as volunteer, contact Fran Olson at 744-6828 or franeolson@gmail.com. Shown in the photo, from left to right, are volunteer Bette Libby, Helen and participants Barbara, Sheila and Florence.



COURTESY

Art in Bloom at New Hampton School

The New Hampton School recently hosted artist, Linda Gray, with an exhibition of her paintings at the Galletly Gallery, under the direction of Amy Wilson, Director of Visual and Performing Arts. The New Hampton Garden Club joined in this event by placing flower arrangements interpreting the essence of some of her paintings. Exhibiting their talents were Trudy Powers, Eleanor Morrison, Anne-Marie McCormack, Sue Cram and Fran Wendleboe. This is an enjoyable project for members to showcase their floral talents and more exhibits are planned.



COURTESY

Bristol K9 unit visits Ashland Elementary School students

Bristol Police Officer, Nicholas Kelley and his partner, Arrow, spent time at Ashland Elementary School demonstrating the ways dogs are used in police work. Office Kelley welcomed questions from the students with topics ranging from how he cares for the dog to what their typical day is like. Each student also had the opportunity to meet and pet Arrow. Pictured above: Intermediate Tier student Jeffrey Hladyk, Officer Kelley and Arrow.



COURTESY

A past skit at the Hoot 'N Howl.

Halloween Hoot 'N Howl returns Oct. 15

Annual Halloween event at Squam Lakes Natural Science Center

HOLDERNESS — et ready for an "eerily" entertaining Halloween celebration at Squam Lakes Natural Science Center. On Saturday, Oct. 15 from 6 to 8:30 p.m., guests can enjoy various Halloween thrills on the Science Center grounds! Between 6 and 7:30 p.m., 40-minute guided tours

will be departing every 10 minutes, bringing guests around a Halloween-themed trail. Along the way, guides will stop for guests to watch skits and other spooky attractions. Once finished with the guided tour, guests are welcome to warm up with refreshments, treats, and fun Hallow-

een games for kids! Come dressed in a costume and please dress suitably for outdoor weather. This event is for all ages and is held rain or shine. Reservations must be made in advance by calling 603-968-7194, ext. 7. The cost for attendance

SEE HOOT 'N HOWL, PAGE A11

NH native brings ice dancing show to Plymouth

BY DONNA RHODES
drhodes@salmonpress.com

PLYMOUTH — Ice dancing as an art form returned to New Hampshire when former resident Douglas Webster brought his Ice Dance International troupe to the Plymouth State University Ice Arena last Saturday evening.

Webster is the founding artistic director and choreographer for Ice Dance International, but acknowledged that he couldn't have done it alone.

The son of Plymouth resident Susan McKim, Webster was raised in North Conway where he developed a love for winter sports. He went on to graduate from The College of William and Mary in Virginia, and from 2011-2014 served as the Artistic Director of Ice Theater of New York. He has since worked as the ITNY Associate Artistic Director, Resident Choreographer and Ensemble Director.

Webster is also the Creative Director for the show "Shall We Dance on Ice," aired on ABC,



DONNA RHODES

Stunning choreography performed by singles, pairs and groups of professional skaters held the crowd spellbound last weekend as the third stop on Ice Dance International got underway at the PSU Ice Arena.

which will be shooting its third series in December.

Last weekend, his focus was on Ice Dance International, however, a troupe he put together with the assistance of former ice-skating great Dick Button and a few

others, including ballet legend Edward Villella.

"Through them this has become a show filled SEE ICE DANCING, PAGE A11

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October is National Medicine Abuse Awareness Month

BY DEB NARO
Contributor

Prescription medicine is a critical part of our cultural fabric and it sometimes seems as if there is “a pill for every ill.” All you have to do is turn on the TV, listen to the radio or view ads on the Internet or in the newspaper to see and hear about the latest medicine that can cure migraines, treat pain and stress, keep you more alert, help you sleep or address depression. We walk that fine line between ensuring access to needed medications to preventing misuse and addiction.

More often than not, after common medical procedures, parents find themselves thrust into the middle of the prescription drug abuse problem. How much pain medication would my child need? Where would the medication be stored, who would have access, and how would we discard after we’re done? You might be wondering, “Why worry about this issue as it won’t happen to my child.” He would never share medications, nor would he ever misuse or become addicted to this medicine.”

The fact is that we live in a society where the potential for prescription drug abuse and addiction is ever present. Among teens and young adults, next to marijuana, Rx drugs are abused the most. Young people are abusing pain relievers, depressants and stimulants to go to sleep, wake up, study, stay alert and/or get high.

Many teens and young adults still believe that Rx medicines are safer to use than illegal drugs, and sadly these medications prove all too easy to get. About 54 percent of those abus-

ing prescription medicines obtain them from friends and relatives; and according to the National Institute on Drug Abuse for Teens, approximately 2,000 teens each day misuse or abuse Rx drugs for the first time.

Some teens and young adults will fall down that slippery slope of abuse to addiction. Before you can say, “Not my child,” you may find yourself saying, “it is my child—now what?”

We can all prevent prescription drug misuse by securing our medications in a lock box and disposing of them when they are no longer needed. Prescription Drug Drop-Off Boxes are located in the lobbies of the Plymouth Police Department and Bristol Police Department. These permanent disposal sites provide a secure and anonymous area for those wishing to safely dispose of medications. The Bristol Police Department box is accessible Monday through Friday, from 8 a.m. to 4 p.m. during normal business hours. The Plymouth Police Department box is available 24 hours per day, seven days a week. For more information you can contact the Bristol Police Department non-emergency line at 744-6320, or the Plymouth Police Department at 536-1804.

Please be a part of the solution—help to protect our kids and young people from the harms of prescription drug misuse during National Medicine Abuse Awareness Month and everyday. For more information about prescription drug safety and talking to your children about drug abuse, visit our Web site at www.cady-inc.org.

PET of the Week Bear



Even in the best of homes accidents happen. So began the life of Bear a very handsome sturdy fellow. We have a canine birth certificate that states his mother’s name and breeding, we know he was born in Florida, but who was the father(?)well that fact is a little hazy.

Bear is a small stocky mini Husky mix with energy plus. Surrendered because he was too active by his former owners, he is jaunty and busy



and knows ALL his commands. Bear lived with three little dogs but no cats.

Ideal home: one that is active, involving plenty of walks and hikes, and one that will include him in every activity - he’s up or every car ride and road trip you are planning. Aged just about 3 years old he is vibrant and robust a wonderful pet just waiting for a second chance. Call 524-3252 or check www.nhhumane.org

From the Capital Steps

BY SEN. JEANIE FORRESTER
District 2

In my six years of serving as a State Senator serving on the Finance Committee, I’ve seen financial commitments made by prior legislatures, only to be disregarded by those that followed. My experience has been that these commitments were not broken out of spite or malice, but because of unforeseen financial burdens that the state may be unable or unwilling to bear.

Such is the case with retiree health care.

Currently, there 12,000-plus state employees who are retired in New Hampshire. Of those retirees, approximately 9,000 are over the age of 65 years, and 3,000 are under the age of 65 years. Upon their employment with the state, they were promised health care in retirement.

In the FY16/17 budget, the state employee retiree health care plan was funded with an appropriation of \$142,699,754 for those 12,011 retirees. Some time after the budget passed, higher than anticipated pharmacy costs and a reduction in the federal subsidy for the Medicare prescription drug program (due to the Affordable Care Act) resulted in an increase in the cost of retiree health. In addition to a budget appropriation shortfall in the Governor’s phase

of the budget, the retiree health care plan faced a \$10.6 million deficit.

Because the budget had passed, the responsibility to address the shortfall fell to the Fiscal Committee, a bi-partisan House and Senate committee of legislators. The Department of Administrative Services was tasked with presenting solutions to the Fiscal Committee to address this immediate deficit.

Legislators and state officials reviewed many options offered by Administrative Services. These options included a range of increased co-pays, increased out-of-pocket costs, and increased contributions. We listened to lobbyists who represented the retirees and we talked directly with retirees that would be impacted by the decision that faced us as a result of \$10.6 million deficit.

Rather than place the entire weight of the \$10.6 million deficit on retirees, we agreed to a plan that we felt was fiscally responsible and reduced some of the burden on retirees. We did this by using the surplus in the retiree health benefits account to fund some of the cuts that were proposed. To address the balance of the shortfall, prescription drug benefit co-pays and maximum out-of-pocket expenses were increased, and some plan

design changes were made to retirees.

The legislature also learned that in the next budget, according to Administrative Services, retiree health care would increase by approximately \$30 million. So, during the second part of the legislative session, several unsuccessful attempts were made to craft legislation that would address the projected \$30 million increase in retiree benefits (for FY18/19, the projected total cost of retiree health will be \$173 million).

The only successful language that moved forward was a requirement for a public hearing for retirees. This public hearing would give retirees the opportunity to learn about proposed changes to retiree benefits and offer them a chance to weigh in.

Last week, the Fiscal Committee held that public hearing to learn about the suggested changes to the state retiree group health insurance plan to address the projected \$30 million increase. Well over 200 retirees attended and listened to the presentation by the Department of Administrative Services.

Afterwards, retirees were able to voice their thoughts to the Fiscal committee members. What we heard from retirees is that they want no changes to retiree health.

For some, every dollar increase in expenses for health care means a cut somewhere else in their own budget. For others, it was a fairness issue – a promise made should be a promise kept. From their perspective, they were promised health care in retirement, planned for and counted on that commitment, and the state now needs to live up to its obligation.

As legislators, it is important for us to listen to our constituents. They can offer important perspectives and insight into the decisions we make in Concord and how those decisions impact them in their daily lives.

By the end of the hearing, the Fiscal Committee agreed to take no action; but rather let the full legislature, when it returns in January, to take up the issue of retiree health. It seems that health care costs will surely continue to rise in the future as will the number of state employees entering retirement, and it is critical that New Hampshire come up with a solution.

As always, I want to hear from you. If you have a concern you’d like to share, an event you’d like me to attend, or a problem you think I might be able to help with—please call (271-4980) or email (Jeanie.Forrester@leg.state.nh.us).

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Letters to the Editor

Help support local efforts against domestic violence

To the Editor:

If you’re planning a night out, Temple B’nai Israel is hosting its third biannual “We Care” fundraising gala on Nov. 19 at New Hampton School’s McEvoy Theater. The event will feature live music by North Shore A Capella, featured on NBC’s “The Sing Off.” Complimentary food and refreshments will be served, and there will be ample space for dancing. All proceeds from the event will support New Beginnings-Without Violence and Abuse and our sister agency in Plymouth, Voices Against Violence of Plymouth.

You can find out more about our events or about other ways to help by visiting: newbeginningsnh.org or calling 528-6511. Please consider volunteering for or donating to New Beginnings, the only sexual assault and domestic violence center and shelter serving Belknap County.

Please join us, and support our mission to increase safety and healing for victims and prevent violence before it occurs. If you need help or information, domestic violence advocates at New Beginnings are standing by to help. Our 24-hour support line is 1-866-644-3574. You don’t have to be in crisis to call.

*Aileen Castillo
Development VISTA
New Beginnings*

North Country Notebook

Here's for the lowly puffball, more than just "poof" underfoot



By JOHN HARRIGAN
COLUMNIST

In mythology, they were considered objects from the heavens, and American Indians used them for soups and nosebleeds. When I was a kid, they were always just puffballs, fun to stomp on to see the brown dust rise.

Some time during last fall, a puffball about the size of a golf ball blew into my main barn and came to rest near where I get into and out of my truck, and for some reason I studiously avoided stepping on it all winter, maybe just to see what would happen. The answer was that its dried brown skin cracked in one place, a small chasm, awaiting only a bit of

pressure to puff forth the tens of thousands of tiny spores within.

Still, I didn't stomp on it but saved it, and eventually set it out in the sun to photograph it, and then it blew away, rolling and bouncing off to wherever puffballs and sky spiders go.

Granny Stalbird was an herb-gatherer and historian who lived in Jefferson in the late 1700s. She derived a good deal of very old knowledge from living and visiting with descendants of the Coashaukees and Ameriscoggins who seasonally lived in and hunted the land north of the notches. In her later life she rode a wide circuit in the North Country, administering what she viewed as the best medical practices and remedies for any and all in need. She is widely considered as the first doctor in the territory.

One of her old remedies that stuck with me



JOHN HARRIGAN

A puffball on an abutment, before blowing off toward Maine.

was the use of puffballs to stop bleeding. Later on, a little bit further north, I picked up the thread that the Coashaukees also used cobwebs. And then, in more formal literature (William R. Burk, "Puffball Usages among North American Indians," University of North Carolina, 1983) I

found out--big surprise--that many nations used both.

Now, I'll have to admit being a bit skeptical about this cobweb business. I can see blowing puffball spores through a rolled-up cornhusk to stop a nosebleed, or using sliced-open puffballs as compresses to stanch bleeding wounds. But how long would someone have to run around through the woods to collect enough cobwebs to make a difference before the patient bled to death?

Ah well, one must learn not to question too closely lest the medicine

mixed with the mythology go "poof," like a puffball.

But these are known puffball facts:

--There are two basic families of puffballs, Lycoperdales and Tulostomatales;

--Many puffballs can be eaten when in the white, solid-inside stage; however, they are said to taste like, well, dirt;

--The Blackfeet, finding them in circles in the high desert, considered them fallen stars;

--The Arikara and Navaho used them as poultices;

--Many tribes and

nations used them for fire-starting tinder, or punk.

--Children living around volcanoes used puffballs for games involving make-believe, puffing mountains.

Before the advent of modern medicine, European settlers had to make do with what they had learned from the Indians they met or had been handed down by their European ancestors. Ergo, many a frontier household featured a string of puffballs, kept hanging over the fireplace for cuts and nosebleeds.

But the widespread use of puffballs I liked best, for some reason, was to stop the bleeding in a newborn baby's belly-button. Hence the Dakota word for the puffball, "baby's navel."

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Towns

Alexandria

Judy Kraemer 744-3532
judy7@metrocast.net

Welcome change

This time of year is for changes. The tree coloration is enjoyed by all. The not so welcome need for interior change is a little less welcome. The raised beds moved into the sun porch after all the panels were put in place to keep out the cold.

The wood rack in the sun room set up with wood stove logs. The bedding changed for warmer sheets. Even the kittens spend a little less time wrestling, more time sleeping. More soups less

salads. Enjoy every bit of sunshine that you can.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

The regular Sunday worship at the South Danbury Church will be at 11 a.m. on Sunday, Oct. 9, with refreshments and conversation afterward. All are welcome—and encouraged to attend.

Fireman's Supper

This Saturday, the 8th, is the annual fireman's . Held at the

grange hall, this is the fire department's annual fundraiser. Oven roasted turkey, gravy, stuffing, mashed potatoes, squash, onions, rolls and pie. It is an early Thanksgiving treat you do not want to miss.

DCC Fall Fest

The Danbury Community Center will host a fall party at the DCC on Saturday, Oct 15. Lots of fun stuff planned.

Huntoon Farm will host their last 160th anniversary event on Sunday Oct 16th from

SEE TOWNS, PAGE A6

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Churches

Ashland Episcopal (St. Mark's Church)

Bishop Bob will be meeting with both St. Mark's and Holy Spirit parishioners on Sunday, Oct. 16 at the chapel on the campus of Holderness School. Following the 9:30 service the Bishop will meet with everyone in the East Wing of Weld Hall next to the chapel to discuss the future of our shared congregations.

Stewardship information has been mailed to all St. Mark's parishioners. This money is crucial to the future of our church and it's day to day operation. Rev. Randy said he hopes every single person will participate no matter how much or how little one can pledge. Pledging is necessary in order to

construct the budget for the coming year. The ChIPs Program welcomes donations to ensure that children of incarcerated parents have gifts for Christmas. There is a committee that will choose gifts appropriate to all ages for the parents to choose for their children. Also at this time, if you have collected all the free cards you get in the mail, the delegates to convention can take those as well as our financial contributions. This is one of the very important outreach programs of the Episcopal Church. Please write ChIPS on the memo line of your check. Checks can be put in the collection on Sundays all this month. The sewing group meets every Tuesday at 2:30 p.m., and is making baby clothes. Court Appointed Special Advocate (CASA) is looking for volunteers for a few hours a month.

CASA of NH trains, supervises and supports volunteers to advocate on behalf of abused children in court. There is training scheduled for October and November. Please contact Lucie Remillard, Community Outreach Coordinator at lremillard@casanh.org or call 752-9670.

Family Worship Center Ply. Assembly of God

Thursday, Oct. 6, 6:30-8 p.m., you are invited to join us for our Family Night at the Church. We offer Godly ministry for children, youth, and adults with programs for people of all ages: Royal Rangers Club for boys, elementary through high school; Mpack Club for girls, preschool through high school; and two Adult Bible Studies: one led by Pastor Glen Yungmans and the other

by Scott Gusha. Do come for this great time of fellowship and learning.

Sunday, Oct. 9

Sunday, Oct. 9, you are invited to join us at 8:30 a.m. for bagels, coffee and juice; 9:00: Bible Education for all age groups pre-school through Adult Bible Studies. 10 a.m.: Sunday morning service with Contemporary Music and Biblical Teaching. Nursery for ages newborn to three. There is a children's ministry during the morning service for Preschool, and grades K-4. The monthly fellowship luncheon will follow the morning service. Please bring food to share. 5 p.m, Prayer meeting is held in the sanctuary. You may put prayer requests in the green box marked "Prayer Requests" on the hall table.

Tuesday, Oct. 11, 6:30 p.m., the Youth 4 Truth, for grades 5 -8, will meet at the church.

Monday, Oct. 17

Monday, Oct. 17, noon-2 p.m. - the Church's Helping Hands Food Pantry will be held and free clothing will be available.

Friday, Oct. 28

Friday, Oct. 28, 6 p.m. - the annual Hallelujah party, will be held in the fellowship hall. This is a Christian alternative to the evils of Halloween. No costumes.

Saturday, Oct. 29

Saturday, Oct. 29, 10 a.m., the monthly men's brunch will be held at the church. Please contact Pastor Glen at 726-0254, or Willy Gusha for information and reservations.

Special announcements

Scott Gusha has accepted the leadership of the Operation Christmas Child project. Boxes of school supplies and oth-

er items for children are needed. Scott has a list of needs and do's and don'ts on the table in the hall opposite the sanctuary. Please contact him for information.

Michelle Thayer has a ministry to the residents at Forestview Manor in Meredith.

Part of the Church roof has been repaired, and we are grateful to the company who did the job so well, and for the donations towards this project. The church is now holding a "Raise The Roof" project in an effort to pay this off quickly, so all donations can be made out to Family Worship Center and marked "Roof Project" and are greatly appreciated.

Our Mission Statement is "Transforming lives through God's Word."

Our church is collecting funds for prison ministry, also aluminum cans to support the cost SEE CHURCHES, PAGE A7

Towns

FROM PAGE A5

9am-noon. An 1856 breakfast is available as well as an opportunity to view a slideshow of 160 years of farm family traditions.

Winter Market

The Blazing Star Grange's winter farmers market begins on Saturday, Nov. 5. Running every first Saturday from 9am-1pm, the market features many local farms and artisans. There are still openings for vendors. Please contact Donna at 768-5579 or donnaardena@gmail.com for more information.

Grange Chicken Pie Supper

Save the date for the Blazing Star Grange's second hicken pie supper of the year to be held on Saturday, Nov. 12 from 5 to 6:30 p.m. at the grange hall.

Groton

Ruth Millett 603-786-2926 rem1752nh@gmail.com

There was a Select Board meeting this past week. Items of business included several building permits and a new appointee to the Conservation Commission. Slim Spafford will be serving on that committee. Thank you, Slim, and welcome aboard.

A final certificate was signed for the road work that was done on North Groton Road. They did beautiful work and anyone who travels that road appreciates every little bit of progress made.

We had a visit from Charlie Chandler who is running for New Hampshire State Senate District 2. Charlie is from Warren, and comes from a family long involved in New Hampshire govern-

ment. He served with his brother at the same time in the State Legislature. Charlie had a law office for many years in Tilton and is now retired from that and is serving as a Selectman in the Town of Warren and is on the board of several organizations including Spaulding Youth Center, Pemi-Baker Land Trust, Youth Assistance Program and is the Chairman of the Board and the Franklin Savings Bank. Charlie visited us at Groton Old Home Day and participated with his wife in the parade.

If anyone in the Town is interested in taking a CPR/AED class the Groton Police Department and Hebron Fire Department is looking for those interested in having a class. This class will be open to the public. If you are interested please contact Chief Thompson 744 3703 or the Hebron Fire Department 744-9468.

Any petition warrant articles that you would like to present

at the Town Meeting should be submitted before the end of January and must have the signature of at least 10 resident registered voters. These should be submitted to the Town Clerk who will check this list of signatures and pass it on to the Select Board to be added to the Town Meeting agenda.

There is a book exchange set up in the library area of the Town House. There are also magazines and a computer for the public to use set up there as well.

James Cross came to the Select Board Meeting to let us know there has been some damage to the Cockermonth River as a result of four wheel truck traffic on Coolidge Road off Province Road. He has placed a log across the class VI road but it has been removed twice. Because of the instability of the soil there is silt going into the Cockermonth which is damaging to the trout population in the River. He was at the meeting to ask the

Select Board if there is anything they can do to help in this situation. Several ideas were tossed around and the Select Board will be discussing this during one of their upcoming work sessions. There have been several write-ups in the paper and other places about Mr. Cross and his efforts to preserve this area for wildlife, hiking and recreation, but off road vehicles and trucks have caused some problems as of late.

Announcements:

Upcoming Select Board Meetings through October and November:

Oct. 11, Oct. 25, Nov. 15, Nov. 29

Select Board Work Sessions at the Town House - Tuesday, Oct. 11 at 5 p.m.; Tuesday, Oct. 25 at 5 p.m.; Tuesday, Nov. 1 at 5 p.m.; Tuesday, Nov. 8 - time TBA; Tuesday, Nov. 15 at 5 p.m.; Tuesday, Nov. 22 at 5 p.m.; Tuesday, Nov. 29 at 5 p.m.

Conservation Commission Meeting at the Town House - Thursday, Oct. 13 at 7 p.m.

Select Board office hour changes/closings: Wednesday, Oct. 19 through Friday, Oct. 21 - office will be closed, Monday, Oct. 24 office will be closed from 1:40-3 p.m.

Town Clerk/Tax Collector office will be closed Monday, Oct. 10 in honor of Columbus Day.

Have a wonderful weekend, y'all.

Hebron

Bob Brooks 744-3597 hebronnnews@live.com

Public Hearing

The Hebron Select Board will be holding a Public Hearing on Thursday, Oct. 6 at 7 p.m. in the Select Board Office located at 7 School St. The purpose of the hearing is to expend funds from the Capital Reserve Fund entitled "Government Building Repair"

to replace the windows at the Town Clerk's and Tax Collector's Office Building.

Hebron Area Women's Group

Hebron Area Women's Group will be meeting on Thursday, Oct. 20 at the Hebron Union Congregational Church, at noon. Our guest speakers are Becky and John Blair who will share their many adventures in the Australian Outback. Refreshments will be provided by Jan Collins, Debbie James and Sandi Wilkas. Set-up with the help of Barbara Stevens. Please bring some non-perishable food items for the Bristol Food Pantry. All area residents and HAWG guest are welcome.

Hebron Town Library

Thank you to the Friends of the Library for successful fundraising efforts this summer and for all the volunteer hours being put into the library.

I would like for all library patrons to stop in and update their contact information. We have a new computer system that will allow us to better maintain our collection and give users access to the library from their own computers, smartphones and Kindles. Very soon you will be able to request titles, see all our books, ask me to renew and leave feedback and book reviews too!

The library needs new books! We are in need of gently used 'newer' books, preferably not more than five years old. Hardcover are preferred, both fiction and non-fiction. Classics, children's and young adult titles are most needed...Clean off those book shelves and make some space!

We have some lovely books bags for sale with our logo. Small ones are \$3 and larger ones are \$5. Stop in and pick yours up! (Submitted by Librarian Robin Orr)

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Artistic Roots welcomes six new visiting artists

PLYMOUTH — Artistic Roots is welcoming six new artists to our Visiting Artist Program. An Opening Reception will be held on Oct. 29 from 5:30 to 7 p.m. All are welcome and refreshments will be served. The artists this month include Susan Noel, Barbara McAlister, Ronald MacLean, Kenneth Maronowski, Mimi Higgins and Hannes Kruger.

Susan Noel, is a quilter and her amazing work can be viewed here. She reports that her earliest experiences with needle and thread were hand sewing with her grandmother. She later began making traditional quilts using both hand and machine piecing. At that time machine piecing had become widely acceptable, but machine quilting was not considered “authentic.” Times have changed. Machine quilting has become an art form in its own right, and using a combination of hand and machine techniques has become widely used in the expanding world of Art Quilts. Her work has likewise moved from traditional quilting designs and methods to the more inclusive world of Art Quilts.

Barbara McAlister painter and woodcarver has recently been exploring ceramics. This will be her first showing of her clay creations. Barbara lives and works in Canaan with her Husband Dennis. Their daughter, Elizabeth Houghton, helps with the woodcarvings. Barbara enjoys gardening and keeping chickens and spending time with her three grandsons.

Ron MacLean was born and raised in New Hampshire and lives in Alexandria. He’s happiest when surrounded by nature. He had worked in the woods and lives in an area surrounded by woods. He wanted to make something useful. From the wood he loves, he tried his hand at crafting a wooden spoon, and liked the process. This was the beginning of



COURTESY

This is a painting by Visiting Artist, Kenneth Marunowski. It is on display at Artistic Roots at 73 Main St., Plymouth. Artistic Roots will celebrate the work of its Visiting Artist on Oct. 20 from 5:30-7 p.m. All are welcome. Refreshments will be served.

RJM Woodworks! He like working with wood because he never know for sure how it will all turn out. It’s amazing to him the designs found in the wood itself. Pieces are finished with a mixture of organic bees wax and walnut oil to bring out the natural beauty of the wood. He enjoys selling at farmer’s markets and craft fairs. Some of my products are available in local shops. He

have an Etsy shop on line at www.etsy.com/shop/rjmwoodworks Kenneth Marunowski is a plein air (in open air) and studio painter who loves exploring the great outdoors through his creative practice. In 2015 Ken completed a two-week intensive painting course at the New York Studio School in New York City, and then traveled throughout New England, ex-

ploring the landscape both in paintings and on foot. This past winter, the artist painted the rocky crags of Smith Rock State Park and other stunning landscapes of Central Oregon. In summer 2016, he was an Artist Fellow at the Marchutz School of Fine Art in Aix-en-Provence, France where he painted alongside the students and offered a lecture to the university community that examined the relationship between painting and writing in the life of the artist. Ken is currently exploring the New England landscape once again this fall and will return to Oregon this winter to continue his artistic pursuits.

Mimi Wiggins oil paints in a self taught representational style focusing on birds, wildlife and farm animals. Her work has been featured in Kearsarge Magazine, SooNipi Magazine, The Art & Gallery Guide, and Forest Notes. Her work is also featured as covers and illustrations in the books Poems of Old Warner and Mount Kearsarge (2012, Educators and Agitators-Selected Works of 19th Century Women Writers From a Small New Hampshire Town (2013) and Mount Kearsarge – History, Stories & Folk Tales (2015). “The wonderment of the outdoors has always been exciting to me. In my paint-

ings I want to pass along this excitement and raise awareness of what is in our “backyards” as an encouragement for all of us to live in harmony with our natural surroundings”. Mimi Wiggins lives in the Mink Hills of Warner, NH

with her freelance writer husband Larry Sullivan.

Hannes Kruger is a multi-medium artist. His display at Artistic Roote includes clay sculptures and portraits of both people and animals.

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The Town of Thornton is seeking candidates for immediate openings for one (1) permanent part-time position and one (1) full-time position of Transfer Station Attendant. Applicants should have a minimum of 5 years of experience or a Class III State DES license. Applicants must work well with the public and have experience operating a backhoe. The positions are labor grade 2 with an hourly pay range from \$10.59/hr. to \$14.96/hr. Weekend work hours are required. A full job description and application packet is available at the Town Office and on the town website: <http://www.townofthornton.org>.

Applications must be submitted by noon on Thursday, October 20, 2016 to:
Board of Selectmen
ATTN: Transfer Station Attendant
16 Merrill Access Road
Thornton, NH 03285
The first round of interviews will start the following week.
The Town of Thornton is an equal opportunity employer.
The position will remain open until filled.

ZONING BOARD
Town of Bristol, NH

Notice is hereby given that a Public Hearing will be held at 6:00 p.m. on Tuesday, October 18, 2016 at the Town Office Building, 230 Lake Street, Bristol, NH concerning the Variance Application for Michael Melo to be allowed to open a small childcare (pre-school) in Apartment 1 at 66 School St. The property is located at Tax Map & Lot #114-028, in the Village Residential District.



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Town of Jackson, NH

The Town of Jackson, N.H. is seeking a highly visible police chief to lead the Department. The Chief will be responsible for the daily operation of the Department, budget preparation, and law enforcement activities. This position requires experience with, and knowledge of, municipal and community policing. The ideal candidate will have experience with issues facing a rural community, strong leadership and supervisory skills, excellent oral and written communication skills and will enjoy being part of a local government team striving to serve the citizens of the community. A minimum of ten years’ experience in law enforcement with five years in a progressively responsible supervisory/administrative capacity is preferred. A Bachelor’s degree in criminal justice is also preferred. The selected candidate must possess or have the ability to obtain a NH driver’s license. The Town offers a competitive benefit package with a salary range of \$55K-\$65K depending on qualifications and experience.
Resumes accepted no later than 4:00 pm, October 14, 2016. Please direct a cover letter, resume, salary history and requirements and at least five references to: Julie Atwell, Town Administrator, Town of Jackson, P.O. Box 268, Jackson, NH 03846 or Email: townadmin@jackson-nh.org

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Allowing a Natural Death



BY MARY FRANCIS DRAKE, MA, MSW
Pemi-Baker Community Health

November is Hospice Month, and this time of year always puts me in the mind to talk about allowing for a natural death. It seems our western, youth-oriented culture and the advancement of medical technology have left us with an unseemly taboo in the area of death and dying. Somehow there is a feeling that we should always ‘do as much as we can for as long as we can’ when it comes to medical interventions. It also seems that there is a fear that talking about death will make people ‘give up hope’ or speed up their decline.

Death and dying are difficult things to discuss, but the longer I work in hospice care, the stronger I feel about the necessity of the discussion. We all know that our demise will come sooner or later, and in one way or another. What we don’t often think about, and don’t

want to talk about, is how we want this final chapter of our lives to play out. Where and how do we want to die? Do we want extreme measures like CPR, ventilators, feeding tubes and IVs if we are frail from terminal illness or old age? In my experience, there comes a point in most people’s lives when they just want their loved ones to let them go.

Health care providers in the Plymouth area are working together to keep this conversation going within our community. This is a personal conversation, a family conversation, a conversation to have with your doctor and other healthcare providers. This conversation takes time and a great deal of thought as folks determine who they would choose to make their decisions if they are unable to, how much medical intervention they’re willing to withstand, and when to say “enough is enough.” In today’s world, each of these decisions needs to be made ‘legal’ by completing forms like advanced directives, POLST (provider orders for life sustaining treatment) and DNR forms (do not resuscitate). The legal aspect of medicine, adds a complicated layer to an already complex situation.

In an effort to provide community education in the area of end of life choices, Pemi-Baker Community Health Hospice will be offering two public sessions in which to discuss these topics. On Thursday, Oct. 20, from 10 a.m.-noon at the Plymouth Senior Center, and on Tuesday, Nov. 15, from 6-8 p.m. at Pease Library, we will hold a viewing of the frontline documentary “Being Mortal” followed by a discussion and information session. Please con-

sider joining us in this important conversation. Each year, Pemi-Baker Community Health’s Hospice program supports over 50 patients and their families as they live out the final chapter of their lives in the comfort of their own homes and with the support of their loved ones, family, friends and community members. There is a beautiful and gentle ‘allowing’ in hospice...allowing a patient to make their own decisions, allowing a sick

or aging person to die naturally and peacefully at home, allowing for caregivers and family members to provide loving-care and eventually to grieve their losses. Part of our hospice program includes offering bereavement support. We do this in the form of a monthly bereavement drop-in support group, the last Wednesday of the month from 5:30-7 p.m. at our office at 101 Boulder Point Drive, Suite 3, Plymouth. There will also be a four

week bereavement series called ‘Grief & Loss in the Holiday Season’. Check out Web site for details on these events at pbhha.org.

Mary Francis Drake, MA, MSW, is the Hospice Program Manager and POLST Facilitator at Pemi-Baker Community Health in Plymouth. You can email her at MFDrake@pbhha.org or call 536-2232. Pemi-Baker Community Health is a 501c3 non-profit organization.

THE WINNIPESAUKEE TALKIE

Third quarter home prices up, sales down



By Randy Hilman

Third Quarter regional home prices rose more than 3.5 percent year-over-year on volume of \$296 million while sales in the same period fell nearly 4 percent to 951 single-family dwellings, figures show.

The combined median home price in Belknap, Carroll and Grafton counties exceeded the second quarter by 6 percent, rising to \$217,000 for a quarterly gain of more than 3.5% over the previous year (\$210,000) and a 4.5 percent increase, year to date (\$209,000), according to sales data supplied by the New England Real Estate Network Multiple Listing Service.

As home prices posted gains quarter to quarter and year over year, the pace of annual home sales slowed 5.5 percent to 2,373 transactions and inventory declined nearly 7 percent in Q3 to a seven-month supply of available homes. While gains for

the year remained in positive territory at 8 percent above 2015, the slide in sales activity, combined with a diminishing supply and a 19 percent quarterly decrease in new listings, signaled, in the views of some, a potential market slowdown in the months ahead.

“Low housing supply has already prevented an outright national boon in sales activity, despite a continuation of near record-low mortgage rates and an unemployment rate under 5.0 percent deep into 2016,” wrote the association of New Hampshire REALTORS® in its most recent housing report. “The issue is not purchasing power. Many areas are falling behind last year’s closed sales totals simply because of lack of available inventory.”

As this trend of rising prices and falling supply continues, NHR added, potential home buyers may be squeezed from the market, slowing market activity to an even greater extent than is occurring now.

New listings declined 33 percent from Q2 to Q3, NEREN figures show. The number of listings added to inventory in Q3 declined by 325 units to 1,346 listed homes, a drop of 19 percent year over year. For the year through September 30, listings were off 12.5 percent, compared to the previous year.

Housing inventory in the three-county Lakes Region stood at 8.7 months, based on an average absorption of 270 housing units a month over the previous 12-month period, figures show. Based on sales activity for the quarter, however, supply shrunk to seven months.

Area builders are cautiously optimistic, hoping that a reduc-

tion of supply, combined with stepped up demand, will finally kick start new construction in the Lakes Region. The dilemma for homebuilders has been the excessive availability of existing housing, which has been selling for less than the cost of comparable new homes.

By county, Carroll County had 336 closed transactions in Q3, a year-over-year decline of 4 percent on dollar volume of \$115.9 million, up a mere 2.4 percent from a year ago. Sales were up 6 percent through the first nine months of the year on dollar volume of \$249.9 million, up 14.5 percent from the same period in 2015.

The Q3 median home price in Carroll County was \$221,250, up 8 percent from a year ago, according to NEREN. The median home price through September rose 5 percent year over year to \$215,000.

New listings were down 25 percent in Q3 and 16 percent for the year.

Grafton County logged 311 sales for the quarter, a gain of 5% from a year ago, according to NEREN. For the year, meanwhile, sales were up 7 percent to 801 closed transactions on dollar volume of \$211.7 million, up slightly more than 6 percent from 2015.

New listings in Q3 were off nearly 22 percent, year over year, and off 8.5 percent for the year to date. In the same periods, the median price of a Grafton County home rose 9%, year-over-year, to \$199,900 and stood at \$195,000 for the year, an annual increase of 3.5 percent, NEREN figures show.

Belknap County saw

its Quarterly sales decline 11 percent to 304 closed transactions on volume of \$95.6 million, down nearly 22 percent from a year ago, according to NEREN. To date, however, Belknap home sales remained at a healthy 11 percent at 786 closed transactions on dollar volume of \$236.3 million, up 2.3 percent.

The quarterly median home price in Belknap County was up 2 percent, year over year, to \$230,000, but remained unchanged for the year at \$215,000, NEREN figures show.

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The real estate market is ever changing. What you don’t know about it could cost you time and money. Contact me today by email or phone to schedule a free, no-strings consultation. Meanwhile, thank you for reading The Winnepesaukee Talkie. Be sure to like us on Facebook.

The Winnepesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Mr. Hilman today is an associate broker at Keller Williams Lakes & Mountains Realty, Wolfeboro. He can be reached at 610-8963 or by email at rhilman@randyhilmanhomes.com.

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MARK ON THE MARKETS

Robo Advisor?



BY MARK PATTERSON
Artificial Intelligence is the newest method of managing assets held by a few

name brokerage houses in order to accumulate your investable dollars. After all, isn’t a super computer much smarter than your financial advisor? We in the financial services industry rely heavily on technology to crunch numbers, and your accountant most likely prepares your

return on software, so why not just leave your financial future to a non-emotional algorithm. If you were trading large volume of stocks or futures contracts and taking small quick profits known as “scalping,” a software program could possibly be of



DONNA RHODES

Nndidi Feinberg of Charlotte, N.C. and her friend Sara Michaud of Maine celebrated as they crossed the finish line together for the half-marathon last Saturday. “It’s just so pretty here that I actually took photos along the way today,” Feinberg said. The two vowed to come back to compete in the full marathon next year.

Marathon

FROM PAGE A1

water to help replenish their energy.

First over the line, for the third time in his five years of race participation, was 45-year-old Casey Carroll of Dover with a time of 2:48:40.

Carroll is the women’s track and field coach at the University of New Hampshire and said he had a pretty good day this year.

“I felt really good for the first half. I think I overran it a bit on the second half but I still managed to finish first and that feels great,” said Carroll.

Coming in second, with a time of 2:56:34 was Michael Centore, age 36, of Suffield, Conn., followed by 20-year-old Piermont resident Peter Fullerton, who completed the course in 3:11:55.

The women had a great day, too. First in that division was 26-year-old Emily Harper of Lebanon with a time of 3:21:16, which also placed her a

most impressive eighth overall in the marathon. Second for the ladies went to 41-year-old Julie Davenport of Concord, Mass. at 3:24:23, making her ninth overall, and following close behind for 10th overall was Jennifer Moltz, age 27, of Hyde Park, Vermont.

Many locals took part in the marathon this year and among the notables were seventh place finisher Thomas Ueland of Plymouth with his time of 3:16:43. Twenty-three-year-old Hunter Cote of Thornton came in at 3:30:35 to place 18th and Megan Shedd of Plymouth was the only local female to cross the line in the Top 50 finishers. Shedd had a time of 3:51:09, placing her eighth overall for the women.

In the half marathon Bristol’s own Christopher Plankey topped the field of 199 runners with his time of 1:13:59. Rob Mayhew of Manchester was second and Sean McCauley of Canterbury placed third for the men.

In the women’s half

marathon it was Gigi Fernald of Plymouth, Mass. first over the line (18th overall), with Andrea Munoz of Manchester and Maryn Barrett of East Andover, literally right on her heels.

For the 10K, locals came on strong with a first place finish by Rick Smith of Enfield (35:25), a second place finish by Brian Collins of Canterbury, and an outstanding finish by 13-year-old Hunter Coleman of Bristol. Coleman was one of only two 13-year-olds in the competition and came in with a time of 44:42.

Jessica Mason of Tamworth took top honors for the women in the 10K with her time of 45:56, while Enfield’s Alison Findon finished second and Kendra Chevalier of Bristol crossed the line at the 49:54 mark to place third.

Cash prizes were awarded to the Top 3 overall finishers in each race while all marathon and half-marathon runners received a special medal for participation.

the Guinness Book of World Records by completing a staggering 255 marathons in that year alone.

“It was pretty much getting out there and running every weekend, sometimes two, sometimes three races if it was a holiday,” said Macon.

Since he travels the country to take part in as many marathons as he can, Macon couldn’t recall how many times he has come to New Hampshire for the annual October marathon but he believed this to also be his 13th time along the course.

There is one thing he knew for sure though.

“I love this area. There’s just so much

Newfound

FROM PAGE A1

they could get to work right at the beginning of their senior year, rather than losing a month to deciding what they wanted to focus on. Some students chose to get a head start on their projects over the summer.

Yeakel emphasizes developing written goals and adapting to changes, and introduced a component based on the concept of speed dating, where students have to make a quick presentation of their ideas in a noisy, confusing environment.

She also insists that the project have a practical purpose, such as producing a diagram that the fire department can use to explain electrical circuits.

Her presentation was one of several Buckley had asked staff members to present “to offer a glimpse of some of the programs we’ve done over the last three years,” according to the superintendent.

Dana Andrews, principal at the Bridgewater-Hebron Village School, gave an overview of the Growth

Mindset the district is emphasizing. Rather than allowing students to settle into complacency over what they have learned, or to decide they simply cannot understand a subject, Andrews said they emphasize “the yet” — “I don’t understand it yet.” While a student may have difficulty with a subject, the Growth Mindset emphasizes that it’s possible to improve one’s skills by trying harder, seeking different approaches, and not being afraid to fail — because there are lessons in failure, too.

Andrews cited a few examples of successful people who failed earlier in their lives: Steven Spielberg was rejected from film school; the Beatles were deemed unfit and told they would never succeed in music; Albert Einstein did not learn to read until he was 10. The message: Keep trying.

Another presentation to the school board focused on the 18- to 21-year-old student program that focuses on teaching skills to assist older students in transitioning to jobs, with an emphasis on teamwork and

job sampling. Students learn about inventories, money transactions, and communication by working in the Bear Trap school store; cooking and kitchen safety with experience at Bristol House of Pizza; greenhouse skills; and day care. While getting real-world experience, students learn to develop goals and do planning.

At the other end of the academic ladder is the integrated preschool program that blends special needs students with others lacking disabilities and puts them in a learning environment that promotes acceptance and tolerance while also teaching skills in a fun way. The games and exercises they do prepare them for kindergarten so they enter ready to learn, and they will already have mastered social skills.

School board members expressed satisfaction with the learning opportunities presented, and New Hampton member Christine Davol said it gives them a good perspective on education as they enter the season of budget preparations.

Bridge

FROM PAGE A1

ter recently receiving the final approval of plans from the Department of Transportation the process for reconstruction is finally underway.

The bridge, he

explained, is a timber-frame bridge and an order for the replacement stringers for that structure was placed as soon as DOT approved the project. All that takes time however, and therefore the project will take place in two-phases.

The former bridge was removed on Sept. 26 and groundwork on the banking over Brock’s Brook is now underway in preparation for the new bridge.

Cantara said the road was originally slated to be closed to thru-traffic for as much as two-three months but selectmen have since approved a temporary bridge to be put in place while the stringers for the new bridge are being built out west.

“We’re hoping to secure that temporary bridge somewhere towards the end of this month, which will allow us to reopen the road for a while,” he said.

In the meantime, safety officials, school buses and other agencies directly affected by the road closure have been notified, Cantara said.

In mid-December, before winter weather strikes the area too hard, materials for the new bridge should arrive and the project can then be completed.

It will mean a second road closure, but Cantara said that should then take only 3-5 days before Brook Road is re-opened permanently.

Duo

FROM PAGE A1

someone stopped me and told me to turn back. The next year they had a huge sign to tell me which way to turn,” he laughed. “I always remember which way to go now.”

Prior to the start of the race last Saturday morning predicted that he would probably finish in last place but that didn’t daunt him in the least.

“I like this marathon because there is no time limit and it’s the one race in New Hampshire I know I can enter,” he said.

DeFronzo is a tried and true marathoner, not only in his participation, but in his efforts to make

marathons possible for others. He is a consultant for the “Oh Boy!” marathon in his home state of Connecticut as well where he has made sure there is no time limit for that event.

“I wanted to make that race another one where anyone could compete, no matter how long it took them to finish it,” he said.

Joining him before the race got underway was his race pal Larry Macon of San Antonio, Texas, who is a record-holding marathoner.

Macon said he began running marathons at the age of 56 and at the age of 71 he has now completed 1,770 marathons. In 2013 he actually made

Ice Dancing

FROM PAGE A3

with theatrical expression. Its very emotional,” Webster said. “The whole vision for Ice Dance International is to elevate skating from a sport to a true art form through contemporary and classical ice ballet.”

Taking part in the performance were several skaters who have competed at the national, international and Olympic levels of ice-skating. Among them were three-time national medal winner Wesley Campbell who also served as a body double for Will Farrell in a skating scene for “Anchorman 2.”

Besides numerous other accomplishments, professional skater Joel Dear of Traverse, Missouri was seen with the group “Aerial Ice” on the NBC hit show “America’s Got Talent,” and

Beata Handra of San Francisco medaled in four U.S. Figure Skating Championships then went on to represent the United States in the 2002 Olympic Games held in Salt Lake City, Utah.

Together they and all of their partners delivered a spellbinding two-act show before a near sell-out audience at PSU last Saturday.

“You won’t see a lot of athletic stunts but you’ll see a lot of beautiful

movement on ice,” Webster promised before the show and his promise held true.

From the opening with Spring Awakening and Sleepwalking, to Nocturnes, After the Rain and In the Light, each of the choreographed performances showed ice dancing at its most elegant.

Webster said Ice dance International recently performed in Sun Valley, Idaho and Park City,

tacular live animal exhibits, natural science education programs, an informal public garden, and lake cruises, the Science Center has educated and enlightened visitors since 1966 about the importance of our natural world. Squam Lakes Natural Science Center is located on Route 113 in Holderness, an easy drive

Hoot ‘N Howl

FROM PAGE A3

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SQUIRREL NUT ZIPPERS - Fri, Nov 18
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Looking Ahead
10/13/16 - "Woman in the Moon" (Silent Film)
10/25/16 - "The Man Who Laughs" (Silent Film)
11/10/16 - "Her Sister from Paris" (Silent Film)
11/26/16 - Justin McKinney
12/2/16 - THE ALTERNATE ROOTS & WILL EVANS BAND
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In the Moon

FROM PAGE A7

vision of a future that didn't quite come to be, it

really gets you thinking of time and how we perceive it."

Rapsis, a resident of Bedford, will improvise

live musical accompaniment during the screening, using a digital synthesizer to recreate the sound of a full orchestra

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The crew of mankind's first moon voyage explores the lunar surface in "Woman in the Moon" (1929), a ground-breaking early sci-fi adventure film from German director Fritz Lang. The rarely screened film will be shown with live music by Jeff Rapsis on Thursday, Oct. 13 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. General admission \$10 per person. For more information, visit www.flyingmonkeynh.com or call 536-2551.

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and other more exotic textures.

"Woman in the Moon," a full-length feature than runs more than two and a half hours, should not be confused with the much earlier film "A Trip to Moon," a primitive "trick" short movie made by French filmmaker George Méliès in 1902 and famous for the image of a space capsule hitting the eye of an imaginary moon man.

"Unlike the Méliès film, there's nothing primitive about 'Woman in the Moon,' " Rapsis said. "It's silent film story-telling at the peak of its eloquence, with lively performances, imaginative camera angles, and superb photography."

Director Fritz Lang, responsible for the groundbreaking sci-fi epic "Metropolis" (1927), planned "Woman in the Moon" as another step in his quest to stretch cinema's visual, story-telling, and imaginative capabilities.

Bad timing is one reason that "Woman in the Moon" (titled "Frau im Mond" in German) is not as well known today as "Metropolis," its legend-

ary predecessor. Lang completed "Woman in the Moon" just as the silent film era was coming to a close.

As one of the last silent films of German cinema, "Woman in the Moon" was unable to compete with new talking pictures then in theaters, making it a box office flop at its premiere in October, 1929.

However, German rocket scientist Hermann Oberth worked as an adviser on the movie, and it developed cult status among the rocket scientists in Wernher von Braun's circle starting in the 1930s. During World War II, the first successfully launched V-2 rocket at the German rocket facility in Peenemünde had the "Woman in the Moon" logo painted on its base.

During the war, the Nazis tried to recall and destroy all prints of "Woman in the Moon" due to its detailed depiction of state-of-the-art rocket propulsion technology; in later years, this served to make the film even more hard to find. For many years, the film was available only in cut-down 16mm ver-

sions that ran as short as one hour.

But pristine and complete 35mm copies of "Woman in the Moon" did survive in several European archives. Today, restored prints are amazingly clear and sharp, Rapsis said.

"'Woman in the Moon' is technically one of the best-looking silent films I've ever seen," he said. "If you think all silent films are grainy and scratchy-looking, 'Woman in the Moon' will change your mind. It's like an Ansel Adams photograph come to life."

"Although 'Woman in the Moon' is available for home viewing, this is a motion picture that should be experienced as intended: on the big screen, with live music, and with an audience," Rapsis said. "There's nothing like it."

"Woman in the Moon" will be shown with live music on Thursday, Oct. 13 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. General admission \$10 per person. For more information, visit www.flyingmonkeynh.com or call 536-2551.

Markets

FROM PAGE A10

value. But if you are speaking of developing an ever changing comprehensive plan, then I would not want that non-emotional robo-advisor anywhere near my financial plan.

The year 1994 saw a hedge fund called "Long Term Capital Management" that was founded in Greenwich, Conn. by some very smart people that had a boat load of experience

in the capital markets. They created an automated program that used arbitrage methods that hedged bonds against commodities or corn futures against the Japanese Yen. The point was to hedge uncorrelated things against each other for maximum profit and minimal exposure. These very smart individuals with a lot of initials after their names attracted a lot of international money. The first three years LTCM did well averaging around 30% which was a really good return until the 1997 Asian financial crisis followed by the 1998 Russian financial crisis which led to Federal Reserve Intervention and total failure by 2000. The software developed to manage this fund performed great until it didn't anymore.

The point is that the academics that run these automated programs usually lack something more important than their intellect; and that certain something is instinct or a "gut" feel for what is happening around them. Of course this is a generalization, but one that I believe is

true more than not.

Target retirement funds are mutual funds that invest your money according to your projected retirement date. I suppose everyone should invest exactly the same if you plan on retiring in the same year? Robo-advisors would in essence do the same thing, assuming that everyone's risk tolerance is the same. If you have a life changing event can you call your robot to make adjustments to your portfolio? What about the amounts of life insurance or long term care? My understanding is that the Robot just handles your fund allocations. Next time you get that funny feeling about the markets and feel that you should take some profit and raise cash, you can probably assume that "robot don't care."

If you do not think there is value added by working with a human as your advisor then I would suggest low cost Fidelity or Vanguard funds; skip the robot.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Aseet.com



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Newfound Landing Sports

Section **B**
Thursday,
Thursday, October 6, 2016

What's On Tap

The sports schedule continues for the local high school teams.

The Newfound soccer boys will be hosting Bishop Brady on Friday, Oct. 7, at 4 p.m. and will be at Inter-Lakes for a 3:30 p.m. game on Wednesday, Oct. 12.

The field hockey Bears will be on the road at Gilford on Friday, Oct. 7, at 4 p.m. and will be hosting Winnisquam for a 3:30 p.m. game on Tuesday, Oct. 11.

The Newfound volleyball team will be at Sunapee for a 6:15 p.m. match on Friday, Oct. 7, and will be at Belmont on Tuesday, Oct. 11, also at 6:15 p.m.

The cross country Bears will be running at Belmont at 4 p.m. on Friday, Oct. 7.

In Plymouth, the golf team becomes the first team to join postseason play, competing at Waukegan in Center Harbor today, Oct. 6, in the Division III State Meet.

The Bobcat cross country team will be running at Kennett today, Oct. 6 at 3:45 p.m.

The Plymouth field hockey team will be on the road at Kennett for a 4 p.m. game today, Oct. 6, will be at Lebanon at 4 p.m. on Tuesday, Oct. 11, and will be at Kingswood on Thursday, Oct. 13, for a 5:30 p.m. game.

The Plymouth soccer boys will be hosting Kennett for a 4 p.m. game on Friday, Oct. 7, and will be at Kingswood at 6 p.m. on Saturday, Oct. 8. SEE **ON TAP** PAGE B8



The Newfound football team enters Morrison Field for the Homecoming battle with Mascoma.

JOSHUA SPAULDING

Happy Homecoming

Newfound football rushes past Mascoma for first win

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — With players coming back from injury, the New-

found football team's numbers increased this week from 14 to 21.

And that came in handy as the Bears bat-

led to their first win of the season, besting Mascoma by a 42-24 score under the lights of Morrison Field on

Homecoming Saturday, Oct. 1.

"What I was worried about was the second half," said Newfound

coach Ray Kershaw. "We hadn't been in that situation before and I thought they might SEE **FOOTBALL** PAGE B8

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Bears drop close one to Belmont, tie Lakers

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — Against one of the top teams in Division III, the Newfound soccer boys more than held their own on Tuesday, Sept. 27.

The two teams played to a scoreless tie for the first 68 minutes before Belmont scored on a header off a throw-in to take a 1-0 lead and they held on for the win by the same score.

“We came out very strong and focused, which was awesome,” coach Jesse Mitchell said. “Belmont is a very well-structured and talented team.”

Mitchell said he knew going in that his team would be up for a big bat-

tle because the Raiders are at the top of the division.

“We came out with a goal just to play the soccer we know how to play and just keep it simple,” Mitchell continued. “Playing that way let us focus on our physical presence and our passing.”

After the Raiders scored the first goal, the Bears continued to battle, trying to tie the game up but they weren’t able to do so in the final 12 minutes and Belmont escaped with the win.

“Great game to be a part of for everyone and a great learning experience for my team,” Mitchell said. “Hopefully we can play that com-



Matt Libby pushes the ball up the field in action against Belmont last week.

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- 21± Acre Wood Lot – Devils Den Road is a wood lot with limited access. Assessed Value: \$19,000. Map 216, Lot 004.
- Unfinished Cape Style Home with Garage – 5 Franconia Drive is a 2 BR, 1 BA home. Construction started in 2008 but was not completed. The home appears weatherized with some interior framing. Oversized .855± acre lot. Assessed Value: \$69,100. Map 210, Lot 078.

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at the beginning of the second half.

Newfound will be in action on Friday, Oct. 7, as they host Bishop Brady at 4 p.m. and will be at Inter-Lakes for a 3:30 p.m. game on Wednesday, Oct. 12.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.


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Consider taking these steps:

- **Identify your goals.** To know if you're making progress toward your goals, you first have to identify them. Of course, you'll have a variety of goals in life, such as helping pay for your children's college educations. More than likely, though, your most important long-term financial goal is to build enough resources to enjoy the retirement lifestyle you've envisioned. But we all have different ideas for how we want to spend our retirement years. Some of us may want to stay close to home, volunteering and pursuing our hobbies, while others want to visit the vineyards of Bordeaux or explore the pyramids of Egypt. So, name your goals and, as much as possible, put a price tag on them. Once you know about how much your retirement is going to cost, you can create an investment strategy that may ultimately provide you with the income you will need.
- **Don't underestimate your cost of living.** Even after you've identified some of your retirement goals, and estimated their costs, you still haven't developed a complete picture of your future cost of living. You also need to take into account other potential major expenses, such as health care. Once you're 65, you'll get Medicare, but that won't cover all your medical costs – and it might cover only a tiny portion of those expenses connected with long-term care, such as a nursing home stay or services provided by a home health aide. A financial professional can help you explore specific methods of dealing with these types of long-term care costs.
- **Locate “gaps” – and work to fill them.** After you've had your investment strategy in place for a while, you may see that some “gaps” exist. Is your portfolio not growing as fast as it should to help you reach your goals? If not, you may need to review your asset allocation to make sure it is aligned with your risk tolerance and portfolio objective. Do you find that you own too many of the same types of investments? This overconcentration could be harmful to you if a downturn affects one particular asset class, and you own too much of that asset. To help prevent this from happening, be sure to diversify your dollars across a range of investment vehicles. Keep in mind, though, that diversification can't guarantee a profit or protect against all losses.
- **Protect yourself – and your family.** Saving for your ideal retirement is certainly a worthy goal, but you have other ones – such as providing for your family in case you aren't around, or if you become ill or incapacitated and can't work for a while. That's why you will need adequate life insurance, and possibly disability insurance, too. Your employer may offer you both these types of coverage as an employee benefit, but it might not be enough – so you may want to explore private coverage as well.

Financial Planning Month will come and go. But by following the above suggestions, you can create some strategies that will bring you a lifetime of benefits.

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Newfound inducts first Hall of Fame class



COURTESY PHOTO
Newfound Hall of Fame inductees include (l to r), Cathy Leaver, Kammi (Reynolds) Williams, Bill Marston, Al Blakeley, Earl Mills and Ray Bailey, Jr.

BY PETER COFRAN
Contributing Writer

BRISTOL — The afternoon of Saturday, Oct. 1, was a special one in the Bristol community as the first Newfound Athletic Hall of Fame induction was held at Newfound Regional High School. More than 150 people attended the reception and induction.

The reception, hosted by The Homestead, got plenty of laughter and many cherished memories, as did tours of NRHS, for many people who had never been in this high school, as they had graduated from earlier ones in-town Bristol.

Once in the auditorium, Principal Paul Hoiris welcomed everyone and talked about the value of an athletic Hall of Fame bringing the community closer.

Athletic Director Peter Cofran spoke of the Hall of Fame being a dream of his for the past 10 years and he was so pleased to see the size of the crowd. He mentioned that it was great to see the emotion shown during the reception, when people saw others that they hadn't seen each other in years.

Al Blakeley was the first to be inducted and he spoke of many, "Do you remember" moments in his life. He was proud to call the Newfound schools "his second home" as he had spent over half of his life at Newfound, and had seen a lot of history over the past 52 years.

Ray Bailey, '76, said that, "Bristol was a great place to grow up in." He added "a kid could ride a bike anywhere, any time and "every parent" had the role of being the parent of "every child." Bristol was a very safe place. He referred to coach Jacque Largent, who was also a math teacher. Referring to the 1972 girls' basketball team that she coached, he said they played to win for the "fear" of losing would make math class twice as difficult.

Cathy Leaver noted that her 35 years at Newfound made her very humbled and honored to be inducted with the first class. Coming from Laconia, she mentioned she never had a PE class until sixth grade and yet that was the profession she found herself in upon graduation from Plymouth State. She had praise for longtime coaches and friends, Cindy Ossola and Martha Perry. Alexandria resident Dot Diehl was her coach at Plymouth State

and brought a "whole new level of the game" to her.

Kammi (Reynolds) Williams, '87, was very pleased to have had her sister, Karri, on the teams with her. She was pleased to have been hired at Newfound Middle School where she was able to increase the enthusiasm for athletics and the formation of "B" teams so more students could participate.

Joe Denning accepted the award on behalf of Chet Wells. He said that Wells' favorite saying was, "What I am here to tell you—you play to win, play fair and have fun." He spoke of the different local youth that would come into the Cardigan Mountain Sports store that he owned. They would go downstairs and just see bats and bats and Chet always made sure

I love when my teams win. That starts at the teams that I call mine, which are the teams I cheer for, including the Patriots and the Red Sox and the Bruins, among others.

This also includes the teams that I cover at the five local high schools.

This week featured a little bit of both and also a little bit of the other end of the spectrum.

First and foremost, at the professional level, the Red Sox clinched the American League East, but I must say it was the strangest clinching I've ever seen. The loss by the Orioles clinched the division for the Red Sox while they had a 3-0 lead over the Yankees in New York. Then the implosion of Craig Kimbrel led to a walk-off grand slam to send the Red Sox down to defeat all the while clinching the American League East. I imagine it was weird to celebrate after a walk-off, but it was a celebration a season in the making.

After the last few years of last place finishes, this was a hard-fought season for the Sox and they deserved a chance to celebrate. It took a lot of work by a lot of guys along the way, but winning the division is always a wonderful thing. While the regular season didn't exactly end with things feeling positive, I'm excited for playoff baseball, something that hasn't happened around here in a while.

At the other end of the spectrum was the disaster that was the Patriots

that if a boy wanted to play a sport, that the boy would have the equipment that he needed.

Earl Mills, coach for more than 45 years, spoke of the joy he had of seeing so many friends back at the event. He could tell a story on just about everyone. "Forty-five years was a great run," he said. He was proud of Dan Plourde winning the New England Championship. Mills spoke for all in attendance when he said "the memories coming back today are really, really great."

The 1972 state Division "A" girls' basketball champions were a lively group and there were many "oohs" and "ahhs" when they saw pictures from their high school yearbooks. Linda Drake Normandin spoke of the pride the team had when

on Sunday. After three solid games without Tom Brady, I guess we shouldn't be totally surprised that they finally had a bad game. I'm not a person who gets overly upset with a loss. It happens and you move on. Hopefully the addition of the quarterback back to the roster will make a difference moving forward.

On the local scene, a pair of teams got their first wins of the season this week, meaning that all of my teams have at least one win this week.

The Kingswood soccer girls went on the road on Monday and defeated Farmington for their first win of the season. The Knights have struggled this year, their first year back in Division II after a few years in Division III, so it's good to see them get a win on the scoreboard, even if it was a road game and I wasn't there to see it.

On Saturday, the Newfound football team also got its first win of the season and did so on Homecoming in the lone night home game of the season. The Bears have struggled with numbers over the last few years and are in their fifth head coach in the last five years. They went in to battle last week with just 14 players active and did a fine job hanging tough against Kearsarge. This week, sev-



COURTESY PHOTO
The 1972 girls' basketball team reunited for a photo after being inducted into the Newfound Hall of Fame on Saturday.

playing and didn't really think must about what it meant until, as grown women, they were able to reflect on what they had accomplished before Title IX.

Charlie Marston, '49, former NH Commissioner of Education, passed away in 2004 and was represented by his son, Jon. He mentioned how his father loved to come back to the area and drive the back streets and talk about how fortunate he felt to have grown up in such a caring community as Bristol. He said it was because of that caring, that he and his brother got involved in the educational field.

Bill Marston, '49, was the final speaker and summed up the past 70 years as only this outstanding educator could. He reflected on many of

the "rumors" and "stories" that were only 98 percent true about some of the exploits of the "Marston twins." He wanted his brother to be part of the ceremony and read an article Charlie had written back in the late 80s, reflecting upon Miss Fields, their geometry teacher, and how after a thrown eraser had hit the blackboard; that with the discipline they received, they realized that things are not always as a 16/17-year-old boy might perceive them to be.

They were taught "grit, respect, play hard, and to always look like a ball player, on and off the field." As many of the other speakers had spoken spoke of, Marston mentioned that he and Charlie were very fortunate to "have been brought up in Bristol, a

caring community."

The afternoon ended with Paul Berton, speaking on behalf of himself and Linda Drake Normandin, announcing the establishment of the Blakeley/Mills Endowment. This "point of contribution" is for all friends and alumni of Newfound Athletics. The goal of the Blakeley/Mills Endowment will be to give in perpetuity, helping generations of Newfound Bears reach their athletic, academic and community goals.

A local community board will be set up to determine the financial goals and awards in the future.

The program ended with many smiles and the drying of eyes from all in attendance, as they returned to "today" from the wonderful memories of "yesteryear."

Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.

Winning doesn't cure everything, but it's nice



SPORTING CHANCE
By JOSHUA SPAULDING

en kids returned from injury and the Bears had 21 kids. After seeing them work so hard in a loss, it was nice to see a win for some hard-working kids.

And in more good news, in seeing the Plymouth girls' soccer team on Friday, I've now seen every one of my

fall sports teams at least once. Seems to take longer to do that every year.

Finally, have a great day Jim and Kelly Carrey.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News,

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CLASSIFIED SELLS IT ALL

Lakers rally past Bear net girls

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — When the Newfound volleyball team took on Inter-Lakes in the opening match of the season, coach Amy Fairbank knew the team had much more to offer. For much of the re-match on Thursday, Sept. 29, the Bears showed exactly that, but the Lakers finished stronger than the Bears did and took the 3-2 win. “We stopped hitting in the fourth game,” said Fairbank. “And up to then, they couldn’t receive a lot of our hits. “It’s frustrating,” the Newfound coach continued. “I don’t know why we have the ups and downs.”

The Bears came out strong in the first set, with an Ashlee Dukette block setting the pace early and the lead got out to 5-2 before the Lakers came charging back and took the lead by a 7-6 score. Newfound tied the game and then took the lead again on a Dukette ace and upped the lead to 9-7.

Alyssa Shaw came through with a big block and a service ace from Grace Page helped to up the lead to 13-9 before the Lakers battled back. Inter-Lakes scored the next six points to take a two-point lead. A Dukette hit helped keep the Bears in the match though Inter-Lakes went up 21-17. The Bears continued to battle and a nice tip from Becky Norton cut the lead to 23-22. The Lakers went up by two again before a Dukette block cut the lead to 24-23. Newfound was able to tie the game at 24 but the Lakers scored the next two points and took the 26-24 win.

The second game saw the two teams going back and forth early, with Dukette getting a good hit and Megan Stafford coming through with a hit as well. The Bears were able to turn a 6-3 deficit into a 6-6 tie and a Shaw hit tied the game again at seven. Shaw gave the Bears a lead at 9-7 and a block from Dukette and a hit from Kasey Basford allowed the Bears to go into the lead and they went up 14-10.

The Lakers cut into the lead to get it down to two but a hit from Dukette allowed Newfound to stretch the lead again. Becky Norton had a hit from the outside to push the lead to 19-14 for the Bears. Inter-Lakes cut the lead down to 19-18 before a Dukette



JOSHUA SPAULDING
Becky Norton sets the ball during her team’s game with Inter-Lakes last week.

hit got Newfound back on the board. The two teams had a great volley for a 22-20 lead for Newfound and a great get from Page and good finish from Dukette pushed the lead to 23-20 and Newfound finished off the 25-20 win to tie the match at one.

The Lakers had an early lead at 4-2 in the third set but an ace from Dukette helped Newfound crawl back to pull even and then take a 6-4 lead. The game went back and forth, with each team getting a point and nobody able to stretch the lead to more than two. The match was tied at six, seven, eight, 11, 12, 14 and 15 with Shaw and Dukette each getting good hits for the Bears.

The Bears fell behind by an 18-15 score before a great diving return from Norton got Newfound back on track. Norton had another hit to again cut the lead to two and a hit from Shaw allowed Newfound to get to within one at 22-21. The Bears tied the match at 22 and then finished out the next three points, with Shaw getting two service aces and Dukette getting a hit for the 25-22 win and 2-1 lead.

The fourth set saw Inter-Lakes get an early lead at 3-0 but Newfound came back and behind a hit from Dukette and a nice shot from Shaw got the Bears to within two at 7-5. A Shaw hit allowed Newfound to cut the lead to within one at 8-7 but the Lakers upped the lead to 13-7 with

five points in a row. A Dukette tip helped keep Newfound on the board but they couldn’t generate any consistent scoring. Dukette had a couple more hits but Inter-Lakes took the 25-16 win to send the match to the fifth and deciding match.

A Shaw ace got Newfound off to a good start in the fifth game and Newfound went up 4-1 before the Lakers rallied back and took a 5-4 lead. The Lakers then ran off six points in a row to go



JOSHUA SPAULDING
Grace Page returns a shot in action against Inter-Lakes on Sept. 29.

up 11-5 before a hit from Stafford and an ace from Dukette got Newfound back on track. However, the Lakers were able to finish strong and took the 15-8 win and the 3-2 victory. Fairbank said she noticed that the team started to get down in the fourth set but couldn’t seem to rally them out of it. “It doesn’t register to them when we tell them they’re down,” Fairbank said. “A couple things went wrong

and instead of clearing they heads and getting back in it, they let it get to them.” She noted that six service errors in the first game was also uncharacteristic of the team and hits didn’t seem to have a destination in mind, just a swing. “They didn’t see a spot,” the Bear coach said. “They just hammered the ball.”

The Bears opened the week with a 3-0 win over Mascoma on Monday, Sept. 26, 25-7, 25-8, 25-11.

Cierra Greene and Shaw were strong from the service line and Dukette had some big kills at the net. Page and Madi Timmons covered the court well on defense. Newfound will be back in action on Friday, Oct. 7, at Sunapee and Tuesday, Oct. 11, they will be at Belmont, both at 6:15 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Bobcats roll past Manchester West

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Plymouth volleyball girls were well aware that the first set with Manchester West on Wednesday, Sept. 28, was not their best effort.

The second set and third set proved that, as the Bobcats took care of business against the Blue Knights, winning 25-18, 25-10, 25-8 for a 3-0 win.

“From the first set to the second set, we talked about, the girls brought it up, that they wanted to work on, they wanted to get the job done early,” coach Mary Boyle said.

A Khalilah Abdul-Jabbar ace helped the Bobcats get a 2-0 lead and hits from Angel Jandoc and Anja Swanson and an ace from Christina Furgal helped the Bobcats run the lead to 6-2 but the visitors came charging back, as they cut the lead to 6-5 and 7-5. Bri Custance had a nice hit and Janessa Terry had a pair of hits as the Bobcats got the lead up to 12-6. An ace from Ciara O’Brien pushed the lead to 13-7 but Manches-

ter West slowly battled back and cut the lead to 14-11.

An ace from Abdul-Jabbar and a perfectly placed shot from Swanson pushed the lead to 18-11. The Blue Knights would not go away, as they reeled off five points in a row to cut the lead to 18-16 before a big hit from Swanson got the Bobcats back on track. The lead got out to 22-16 and they closed out the win by a 25-18 score.

The Bobcats came out and got a quick lead in the second set, as they discussed between the sets.

An ace from Taylor Eaton and a nice tip from Emily Samson got Plymouth out to a 6-1 lead and a hit from Jandoc made it 6-2. Furgal stepped to the service line and rocked off a pair of aces and helped the Bobcats build the lead to 11-2 before the Blue Knights got a trio of points. Jandoc had a hit and Swanson had an ace as the Bobcats continued to build their lead.

A hit from Emma Cooper and a big block from Custance made it an 18-6

lead and Jandoc stepped to the service line with a pair of aces and a strong service run that brought the Bobcats to a 22-6 lead. Alycia Poitras had a nice top for a 23-9 lead and then a Hailey Rousseau tip sealed the 25-10 win for the Bobcats.

West actually got out to a quick lead in the third set, going up 3-1 but a hit from Swanson and another from O’Brien allowed Plymouth to get right back in the match. Jandoc had a nice tip at the net and a good hit to pull Plymouth away by an 8-4 score before the visitors came back to cut the lead to 8-7.

Jandoc got the Bobcats the ball back with a hit for a 9-7 lead and then went on a strong service run that included a quartet of aces and pushed the lead to 9-7 to 14-7. West got one point on the board but did not score again.

Samson had a nice hit at the net, Kadirah Abdul-Jabbar had a nice tip and then added a trio of service aces down the stretch. Cooper had a nice tip and Poitras and Rousseau had hits to finish out the 25-8 win and the 3-0 victory.

“When our serves were in, they were super aggressive,” Boyle said. “Our biggest offensive move was definitely our serves.”

Jandoc and Furgal each finished with seven aces on the evening. Jandoc also led the way with five kills.

The win came on the heels of perhaps the team’s most important win of the season, as they picked up a 3-2 win over Hanover on Sept.

26. The win was the first time the Bobcats have won a match that was not a 3-0 score.

The Plymouth girls won the first two sets but then lost the second two sets before finishing off the win in the fifth set.

“It’s a big difference for the team knowing they can fight and come back,” Boyle said. “And they learned the value of each set.”

The Bobcat coach was also pleased that the team didn’t lose any momentum heading into the Homecoming match with defending Division II champion Gilford.

“I was happy with the fight against them, going into Gilford,” Boyle said.

Plymouth won 25-20, 25-11 in the first two, then dropped 25-18 and 25-11 decisions before finishing with a 15-6 win. Kadirah Abdul-Jabbar had eight aces and 12 assists, while Eaton had eight aces and Khalilah Abdul-Jabbar had 16 digs. Samson added nine kills.

Against Gilford on Friday night, Plymouth dropped a 25-19, 25-19, 25-16 decision.

“We had a great defensive game tonight,” said Boyle.

Eaton had 17 digs, with Khalilah Abdul-Jabbar adding 14 digs and Swanson adding 10 digs along with five kills. Kadirah Abdul-Jabbar added nine assists.

The Bobcats will be back in action on Oct. 14 at Fall Mountain.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

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Newfound girls finish second at home

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound cross country kids took to the trails of their home course for the Newfound Invitational on Thursday, Sept. 29, and the Bear girls brought home a little hardware.

The Bear girls placed two runners in the top 10, which led them to a second place finish overall behind a strong Kearsarge team. Hillsboro-Deering finished in third place and Gilford, Gorham, Newport, Mascoma and White Mountains didn't register enough runners to field a team.

Leah Dutkewych of White Mountains took the overall win in 22:00, almost two minutes ahead of the closest competition.

Leading the way for Newfound was freshman Amy Combs, who ran to eighth place overall in a time of 25:20.

Teammate Molly



JOSHUA SPAULDING
Newfound's Evelyn Cutting, Amy Combs, Molly Schilling and Safarmo Bakhtdavlovoter (l to r) pose for a photo after finishing second overall at the Newfound Invitational. Missing from the photo was Ellie Caron.

Schilling was right behind her, as she finished in ninth place in 25:28 to place as the second Bear. Freshman Evelyn Cutting was the third Bear



JOSHUA SPAULDING
Tyler Austin runs at the top of the hill above Newfound's soccer and baseball fields on Sept. 29.

tains was third and Hillsboro-Deering rounded out the top five in fifth place.

Mason Benedict of Kearsarge took the win with a time of 18:18.

Leading the way for the Bears was junior Joe Montgomery, who finished in a time of 22:40 for 27th place overall.

Senior Nick Crosby placed 34th overall in a time of 23:34 and James Moore was the third scorer with a time of 24:27 for 38th place.

Freshman Connor Springer ran to 40th place overall in a time of 24:53 and senior Tyler Austin rounded out the scoring for Newfound with a time of 25:35 for 44th place.

Pat O'Neill finished in 45th place in 25:37, with Ashler Dotson in 53rd place in 27:32 and Nick Green placing 61st overall in 37:19.

Newfound will be back in action on Friday, Oct. 7, with a trip to Belmont for a 4 p.m. meet.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.



RC GREENWOOD
Madison Dalphonse battles for the ball in action against Kearsarge last week.

Bears record two more shutouts

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound field hockey team celebrated Homecoming week in fine fashion, picking up two more shutouts on the week.

On Wednesday, Sept. 28, the team hosted Kearsarge and took care of business with a 4-0 win.

Savanna Bony started the game with a goal just 2:47 in, as she finished off an assist from Hayleigh LeTourneau to go up 1-0.

Kylee MacDonald added to the lead with 10 minutes gone in the first half to make it 2-0 lead.

"(We) were able to control much of the play, keeping the ball in the offensive 50," said coach Karri Peterson.

The Bears upped the lead in the second half, as Julianne Marchand was able to capitalize on a shot with a nice tip, redirecting the ball in for a 3-0 lead with 8:30 gone in

the second half.

With less than a minute go to in the game, Amanda Johnston converted a shot by MacDonald, putting it into the goal for the 4-0 score.

The Bears allowed just one defensive corner and Montana Bassett had just two saves in earning the shutout. The Bears took 13 corners on the afternoon.

On Friday, Sept. 30, the Bears hosted Mascoma and had a back and forth game with the Royals.

Peterson noted that the Royals had the ball in Newfound's defensive end for much of the 30 minutes but she praised the work of defenders Mackenzie Ryan, Hannah Eastman and LeTourneau held strong and weathered the storm.

The Bears were able to secure a 1-0 lead early in the first half, as Caro-

line Marchand finished off a pass from MacDonald on the left hand side.

Savanna Bony was able to control the play in the midfield in the second half, keeping the Royals off the board. Caroline Marchand netted her second goal of the game three minutes into the second half on a shot by Johnston that she was able to deflect. Bony helped to set up the play.

The Bears had just three penalty corners but held Mascoma to just four. Bassett had four saves in goal, two in each half.


The Bears will be in action on Friday, Oct. 7, at Gilford at 4 p.m. and will host Winnisquam in the final regular season home game on Tuesday, Oct. 11, at 3:30 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Newfound searching for alpine coach

BRISTOL — Newfound Regional High School has an opening for a varsity boys' alpine skiing coach. Please send letter of intent, resume and names and phone numbers of three references to Superin-

tendent Stacy Buckley, SAU4, 20 North Main St., Bristol, NH. 03222. Questions should be directed to Peter Cofran, Athletic Director at pcofr@sau4.org or 744-6006, x1507.



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Football

FROM PAGE B1

take it easy, mentally-wise.

“When Mascoma started coming back it kind of woke the kids up,” Kershaw added.

The Royals turned a 36-8 deficit into a 36-24 deficit before the Bears added a late touchdown

to seal the 42-24 win. Newfound had to punt on the first drive of the game but they also forced the Royals to punt after three plays, thanks in part to a Tiellar Mitchell tackle in the backfield. The next drive delivered much more for the Bears. Runs from Tyler Haskell, quarterback



Tiellar Mitchell scampers through the Mascoma defense on Saturday night.

Cody McGee, Mitchell and Ben Morrill got the ball down the field and Haskell converted a key fourth and inches from the 30-yard line. Two plays later, Mitchell was in the end zone from 17 yards out and

he then carried in the two-point conversion for the 8-0 lead for the Bears. On Mascoma’s first play from scrimmage on the next drive, Nick Pudsey pounced on a Royal fumble and got

the Bears the ball back with good field position. Morrill and Mitchell did the honors, moving the ball to the two-yard line and Morrill carried in the touchdown from there with 2:26 to go, upping the lead to 14-0.

Mascoma closed out the first quarter with a drive that got them a first down and on the first play of the second quarter, a 51-yard touchdown run got the visitors on the board. The two-point conversion made it 14-8 with just 10 seconds gone in the second quarter.

The Bears didn’t wait long before getting the score back, as Mitchell ran 65 yards on the first play from scrimmage on the ensuing drive and then carried in the two-point conversion for a 22-8 lead just 23 seconds into the second quarter.

Mascoma tried to establish the running game and picked up a pair of first downs but on fourth and 10, Haskell came up with a big sack to get the ball back for the Bears.

Mitchell, Morrill and Scott Sargent moved the ball on the next drive, driving almost 60 yards down to the two, where Mitchell carried it in for the touchdown. Morrill converted the two-point conversion and Newfound’s lead jumped to 30-8 with 3:16 to go in the first half.

The Royals fumbled the kick return moments later and Ricky DeLuca pounced on the ball to give the Vears the ball back. Five plays later, after a key fourth down conversion from Morrill, Mitchell carried in for a 36-8 lead with 1:22 to go. Mascoma advanced the ball to the 12 yard line in the final seconds but could not get in the end zone and Newfound took the 36-8 lead to the break.

Mascoma ate up the clock to start the second half, getting two quick first downs

and then getting a few more, moving the ball down inside the 10. From there, they carried in from six out and got the conversion for a 36-16 score with 5:10 to go in the third. Newfound then did some moving of their own, as Morrill, Mitchell and Sargent all got key runs, including a fourth and one run from Morrill, but on fourth and nine a sack ended the drive and Mascoma took over and ran out the clock on the third quarter.

The Royals converted on fourth and one to open the fourth and then continued to run the clock, rushing the ball down to the two and then went in from there and got the two-point conversion to cut the lead to 36-24 with 6:54 to go.

Connor McLaughlin recovered the onside kick attempt by Mascoma, but the Bears had to punt the ball just a few plays later and Mascoma got the ball back with 4:19 to go. Good defense from Sean Huckins, DeLuca and Mitchell forced the Royals into a fourth and 10 and then Dan Holton and Mitchell made a big stop on fourth down to give Newfound the ball back with 2:45 to go.

Newfound needed just four plays to get in, with Mitchell going in from 16 yards out with 32 seconds to go to seal the 42-24 win.

Kershaw said he was pleased the kids didn’t get down when Mascoma started to come back in the third quarter, as they continued to keep their heads in it and battled forward.

He also praised the work of McGee, the team’s quarterback who didn’t need to throw a single pass in the win, but he did run the hurry-up offense very well.

“That’s what gives us an advantage,” Kershaw said of the hurry-up offense. “That helps a lot.

“What I was impressed with for Cody, when we did start to huddle, he was waiting for the back judge, using the clock,” Kershaw said. “He showed great leadership tonight.

The Bears will now have a week off before moving on to host Fall Mountain.

“The bye week will be good for us,” Kershaw said. “We got a lot of banged up kids today.”

The Bears will host Fall Mountain on Oct. 15 at 2 p.m.

The Bears also participated in New Hampshire Tackles Hunger as part of Homecoming festivities and raised \$545 and 339 cans of food.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

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On Tap
FROM PAGE B1

p.m. on Wednesday, Oct. 12.

The Bobcat girls’ soccer team will be at Kennett on Friday, Oct. 7, at 4:30 p.m., will be at Kingswood at 6 p.m. on Tuesday, Oct. 11, and will host Trinity at 4 p.m. on Thursday, Oct. 13.

The Plymouth football team will be hosting Gifford-Belmont on Saturday, Oct. 8, at 1:30 p.m.