THURSDAY, MARCH 19, 2020

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Tilton voters support new police facility

BY DONNA RHODES

drhodes@salmonpress.news

TILTON – When Article 3 on Tilton's 2020 Warrant was presented last Saturday morning, there was some discussion, both pro and con, over the construction of a new police building. When the ballots were counted,

though, 144 said yes to the plan and only 44 said no, ending a multi-year quest to provide police in the community with facilities that will benefit not only them but the people they serve.

Tilton Police Building Study Committee Chair Kevin LaChapelle made SEE **TILTON**, PAGE A7

Belmont says yes to police station

BY DONNA RHODES drhodes@salmonpress.news

BELMONT – Voters in Belmont were in a relatively agreeable mood when they headed to the polls on March 10, voting yes on all but two of the

30 articles on their warrant this year. The biggest news to come from the town that day, however, was the approval of a \$3.5 million bond to build a new police sta-

Article 2 presented the request for the bond, which passed by a vote of 688 to 428, just 18 votes over the three-fifths amount needed. Belmont Police Department

with the passage of the article. For months they have taken part in presentations about the proposed police station and even offered tours of their current facilities so voters could see how bad the conditions were in that building. Now that they have the voters' approval, the Corner Meet-

SEE **BELMONT**, PAGE A7



When votes for a new police station were counted last Saturday, Tilton Police Chief Robert Cormier hugged Kevin LaChapelle, chair of the Police Building Study Committee, for providing the town with a design that was finally approved at Tilton's Town

Northfield warrant passes with slight amendment

BY DONNA RHODES

drhodes@salmonpress.news

NORTHFIELD Town Meeting in North- yes to all 13 requests prewas extremely pleased ing was a relatively for 2020.

smooth one this year, where, other than one amendment, voters said

The amendment came on Article 10, which

tenance. While the article stated that \$92,000 plowing and road main- serve Fund and \$12,000

would come from the sale of the equipment asked for a total sum of of that amount would the town was replacing, \$104,000 toward the purcome from the Highway voters saw it a bit differfield last Saturday morn-sented on their warrant chase of equipment for Equipment Capital Reently. Feeling that perhaps \$6,000 was a more reasonable number to expect from the sale of the older equipment, the article was amended to instead remove \$98,000 from the capital reserve fund to offset that difference. Both the amendment and the article

were then approved.

Other articles that required no increase in taxes were one to accept \$91,340 from the State of New Hampshire Municipal Aid Fund for road projects in the town. In another, \$523,800 for road and bridge projects was approved, with \$293,800 of that amount to come from the Road SEE **NORTHFIELD**, PAGE A6

Warrant article sail through in Sanbornton

BY DONNA RHODES

drhodes@salmonpress.news **SANBORNTON**

Only 115 out of approximately 2,300 registered voters took part in last Wednesday's Meeting in Sanbornton, where the meeting lasted just over one and a half hours, a "new record" for the town, as observed by several residents and officials observed. During the meeting, only one article drew any actual debate, and credit for that, one selectman said, was possibly the newly published Voter Guide in the Town Report that answered many questions before people even arrived at the meeting.

Petitioned Article 9 asked voters to approve the paving of Dr. True Road and Maple Circle, yet town officials recognized that the article was actually not valid since it had no dollar value attached to the request. Already advised SEE **SANBORNTON** PAGE A6



Sanbornton selectmen Tom Salatiello, Jim Dick and John Olmstead were pleased to present Faith Tobin with the first copy of the 2019 Annual Town Report that was dedicated this year to both she and her late husband Bill Tobin for their numerous contributions to the town.

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reunited with their

parents — but they

quickly realize the

dark truth. In present

day South Carolina,

Avery Stratford enjoys

a successful career as a

federal prosecutor and

will soon be married

in a lavish wedding to

her handsome fiancé.

But when she returns

home to help her father

weather a health cri-

sis, a chance encounter

leaves her with uncom-

fortable questions and

compels her to take a

journey through her

family's long-hidden

history, on a path that

will ultimately lead to

either devastation or

to redemption. Based

on one of America's

which Georgia Tann,

director of a Mem-

phis-based adoption or-

ganization, kidnapped

and sold poor children

to wealthy families all

over the country—Lisa

wrenching, and ulti-

mately uplifting tale

reminds us how, even

though the paths we

take can lead to many

notorious re-

scandals-in

most

al-life

Wingate's

HALL MEMORIAL LIBRARY

Tilton/Northfield

Monday, March 23 Chess Club, 2 - 5 p.m. After-School Board Game Club, 4 p.m., for grades three and up

Crime Junkies Book Group - "The Poisoner's Handbook" Deborah Blum

"A fascinating Jazz Age tale of chemistry and detection, poison and murder, The Poisoner's Handbook is a page-turning account of a forgotten era. In 20th-century New York, poisons offer an easy path to the perfect crime. Science had no place in the Tammany Hall-controlled coroner's office, and corruption ran However. rampant. with the appointment of chief medical examiner Charles Norris in 1918, the poison game changed forever. Together with toxicologist Alexander Gettler, the duo set the justice

system on fire with their trailblazing scientific detective work, triumphing over seemingly unbeatable odds to become the pioneers of forensic chemistry and the gatekeepers of justice." (Amazon)

Tuesday, March 24 Spanish Club, 10

Sewing Group, 10

Nooners Book Group, noon

"Before We Were Yours" by Lisa Win-

"In Memphis, 1939, the Foss children live aboard a Mississippi River shanty boat and until one stormy night when the eldest, Rill, is left in charge. Their parents must leave, rushing to the hospital, and strangers arrive in force. Taken to a Tennessee Children's Home Society orphanage, the children are assured they will be

places, the heart never forgets where we belong." (Amazon)

Tech Tuesday, 2 to 4

Wednesday the 25th at noon

Pen to Paper Planners - Join us for a fun hour of chatting about planners, journals, and ideas for making yours work for you. We'll have some tips, books, fun stationery stuff to share so bring your favorite supplies and a notebook or plan-

Wednesday the 25th at 4:30 to 5:30 p.m.

Reading with Jellyroll - kids, drop in to read to a lovely dog, Jellyroll! Caregivers may sign a child up for a ten-minute time slot.

Wednesday the 25th at 4 p.m.

Books and Brews "Never Have I Ever" by Joshilyn Jackson

Meet us at Kettlehead to discuss this month's pick! "Amy Whey is proud of her ordinary life —teaching diving lessons, baking cookies for new neighbors, helping her best friend run their local book club. But Amy's sweet, uncomplicated life begins to unravel when the mysterious and alluring Angelica Roux arrives on her doorstep one book club night. Sultry and magnetic, Roux beguiles them, keeps the wine flowing, and lures them into a seemingly harmless, naughty game of spilling secrets. When they're alone, Roux tells her that if she doesn't give her what she asks for, she's going to make Amy pay for her sins. To protect herself and her family, Amy must beat the devil, matching wits in an escalating war of hidden pasts. She could lose the game, but what terrifies her is if she wins. A diabolically entertaining tale of betrayal, deception, temptation, and love

humor, Never Have I Ever explores what happens when the transgressions of our past come back with a vengeance." (Amazon)

Thursday the 26th at

Pen to Paper Planners - see above for de-

Friday the 27th from 10:30 a.m. - 12:30 p.m.

Gameschool - Homeschool families are invited to join us for some board game fun. We have a variety of great games for all ages to choose from, or feel free to bring your own.

New Items

"On Earth We're Briefly Gorgeous" by Ocean Vuong

"The Pine" by Francine Toon

"Trunk Music" by Michael Connelly"

" We Regret to Inform You: An Overachiever's Guide to College Rejection" by Ariel Kaplan

"We're Going on a Bear Hunt" by Michael Rosen

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 45 calls for service and reported the following arrest during the week ending

Michael Genaroe, age 55, of Sanbornton was arrested on March 10 in connection with a warrant issued by Goffstown District Court.

The breakdown of the remaining calls was as follows: 25 motor vehicle warnings, four motor vehicle summonses, one report of simple assault, one medical emergency, one request to assist another department, one report of criminal trespassing, one house check, one property check, one road hazard complaint, one request for motorist assistance, three requests for police information, one report of harassment, one civil standby, one report of reckless operation, one service of a court summons, and one arrest in connection with a warrant.

NORTHFIELD POLICE LOG

riveting,

NORTHFIELD — During the time frame of March 2 -March 8, the Northfield Department received 307 calls for service some of which include:

40 Motor Vehicle **Stops**

25 Citizen & Other Agency Assists (Fire/ Medical. Law Enforcement, DCYF and Public) 1 Motor Vehicle Ac-

cident

6 Motor Vehicle Complaints

Removal/Deface of Political Advertising, Simple Assault, Criminal Threatening, Theft by Deception, Felon in Possession of Dangerous Weapon, Endangering the Welfare of Child, Welfare

Check, Theft, Suspicious Person/Activity, Road Hazard, Missing Person, Juvenile Complaint, Illegal Dumping, Bail Jumping, Burglary, Civil Matters, Criminal Trespass, Domestic Disturbances, Elderly Abuse, and Violation of Restraining Order.

filled with dark twists

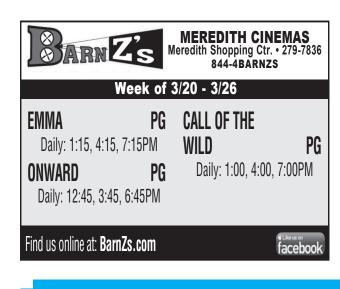
leavened by Joshilyn

Jackson's trademark

Taken into Custody: Joshua Partington 35, of Northfield for Violation of Protective Order.

Jacob Abbott 25, of Laconia for Driving after Revocation/Suspension.

Female 31, of Belmont for Protective Custody of Inebriate as well as Involuntary Emergency Admission.



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Tanger Outlets announces modified hours due to Coronavirus

TILTON — In accordance with the latest guidance from Federal and State officials, the CDC, the WHO and other local and national health organizations, Tanger Outlets will begin modified business

hours at its US centers, including in Tilton, effective immediately.

This decision is mindful of the health and safety of Tanger's associates, vendors, customers, the public and the communities in which Tanger operates.

As this unfolds, we will continue to monitor the situation and remain prepared to respond to any changes.

Effective Immediate-

11 a.m. – 7 p.m. Monday through Sunday

Individual

er store hours may vary. We recommend shoppers contact specific brands or check their websites prior to planning their visit.

Tanger Factory Outlet Centers, Inc., is a publicly-traded REIT headquartered Greensboro, North Carolina that presently operates and owns, or has an ownership interest in, a portfolio of 39 upscale outlet shopping centers. Tanger's operating properties are located in 20 states

and in Canada, totaling approximately 14.3 million square feet, leased to more than 2,800 stores which are operated by more than 510 different brand name companies. The Company has more than 39 years of experience in the outlet industry. Tanger Outlet Centers continue to attract more than 181 million visitors annually. For more information on Tanger Outlet Centers, 1-800-4TANGER or visit the Company's Web site atwww.tangeroutlets.com.





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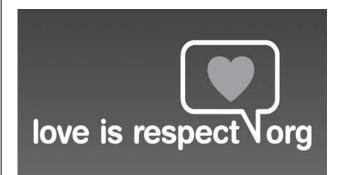
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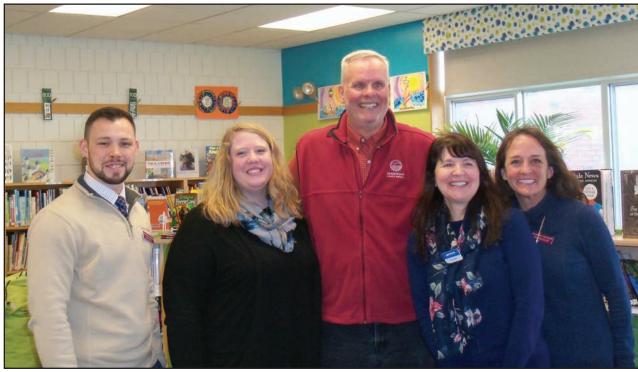


Leadership Lakes Region gets an education

GILFORD — It was back to school for the non-profit group Leadership Lakes Region recently as the class of 2020 visited several educational institutions and related activities as part of the annual Educational Issues Day.

The day began with a visit to the Lakes Region Scholarship Foundation (LRSF) where the group was greeted by Director Paulette Loughlin and Assistant Director Karen Switzer, Leadership Class of 2013, who explained the mission and processes of the scholarship-granting agency. The LRSF Board generously provide morning refreshments for the leadership group to start the day.

Then it was off to Gilford Elementary School, where the leadership class heard about innovative programs Superintendent of Schools Kirk Beitler



Bob Champlin, 2001 graduate and featured guest speaker for Leadership Lakes Region, shown with Class of 2020 members Nick Trudel, Skylor Beery, Cathy Sleeper and Jennifer Kelly.

and members of the GES staff, including Principal Danielle Bolduc. Fourth grade children spoke to the group about what they are doing in and out

of their classrooms. A highlight was an explanation by the children of their maple syrupmaking project and the community support that

resulted in a Sugaring House being built on school property where the kids have tapped maple trees and become involved in this tasty

New Hampshire springtime tradition. While at GES, the former Superintendent of Schools for Laconia, Bob Champlin, gave an interactive pre-

tistic season. Roy now

serves as president of

the board with Alward

as vice president. Al-

ward brings with her

more than 15 years of

community theatre ex-

perience both as a board

member and director

right here in the Lakes

ko who runs both the

middle and high school

theatre departments in

Gilford has also joined

Matt Dem-

Region.

sentation to the class on "Leadership" citing several favorite authors and their books.

From Gilford, it was off to Lakes Region Community College (LRCC) where the students of the Culinary Arts Program hosted a delicious Middle Eastern buffet lunch for the group prior to their next visit to the Huot Career and Technical Center. the Huot, Director Dave Warrender and Coordinator Paul Robdau split the group in two for in-depth tours of the facility following Warrender's words of welcome and introduction to the Huot and its role in educating area students for worthwhile careers and success. Returning to LRCC, President Larissa Baia introduced a three person panel of students who described their experiences at the Community College with an emphasis on job preparation and the affordability of a college education at LRCC. A tour of LRCC's facilities, including the student apartment complex concluded the day.

"This was a jampacked day for our class," said Program Coordinator Jennifer Mc-Lean.

"We are especially grateful to Northeast Delta Dental which sponsored the day financially for us and made it possible. We take great pride in tapping the job skills and experiences of our graduates to return as guest speakers. For Educational Issues Day, besides Karen Switzer, Bob Champlin, Kirk Beitler, Larissa Baia and Dave Warrender are all Leadership Lakes Region graduates," Mc-Lean added.

McLean was aided in the planning of the day by last year's graduates Amy Mavris, Todd Calder, Emily Ferrer and Larissa Baia. Next

Local theatre company looks to increase community involvement

TILTON One Light Theatre Company of Tilton is pointing the spotlight on a new community production company called The Performer's Initiative of the Lakes Region.

On March 28 at 6 p.m., the group will hold a public rebranding event at the Tilton School Mansion. The highlight of this fun evening will be a free drawing for two tickets to the hit Broadway show, "Frozen!" by Dis-

Company President Jason Roy is very excited about the ticket give away, and said "Every adult who attends will receive one chance to win this great prize. We are so lucky to be able to offer these tickets to our supporters! There is no charge to enter, you just have to be present at the time of the drawing which will happen around 7:30 p.m. on the night of the event."

The evening will also feature the announcement of the company's artistic season, a silent auction and an opportunity for local people interested in theatre to share what they would like to see the group do going forward.

"We want this group to be run by the people who are working on shows," says vice president J Alward. "PILR was conceived to be a membership driven organization that listens to the people who do the work."

The board wants ideas about what shows to do, when to do them, other performance activities people would like to see such as standup comedy, improv or dance, social events for the group to build community and suggestions about how best to work with local partners.

"We want everyone to come!" says Alward. "We need ideas and want folks to tell us what they would like to do or see staged local-

One Light began in 2017, when Roy and a few friends began working to fulfill a lifelong

dream. They wanted to bring live professional theatre to the Tilton

"Very quickly, we discovered that other people and organizations shared this dream," Roy remembers. "Tilton School stepped up right away. Several recent college grads from the area jumped on board to work with us and our first season was very generously sponsored by an out of town back-

Summer stock was brought to the Lakes Region, and One Light produced shows like "Big Fish," "Next to Normal" and "Cabaret." Using the Rome Theatre at Tilton School, the shows did very well for the new company. Talent from all over New England was brought in to take roles and work as technicians. Local kids working to get their foot in the door professionally filled out chorus roles and up and coming directors took the reins. For three years

the members worked to continue to grow the company. Board members came and went and so did talent. They added an educational division and began doing shows for local youth. Next a community segment was born staging classics like "Wizard of Oz" and "Annie." The community productions featured wellknown area performers taking lead roles.

"We got such great feedback from our local performers!" Roy continues, "They love working here at the school, having a chance to do some shows that other groups didn't dare to tackle and performing for friends and

Beginning in 2020, The Performers' Initiative of the Lakes Region (PILR) will move toward an even stronger and more inclusive community-based format. A new board of directors with a focus on community growth and development has been brought in for this ar-

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the team. Several other people with experience on the stage or behind the scenes of major productions have taken key roles with the board as well and bring with them many years of service to the community as members of other non-profits, church committees, teachers and coaches, fundraising experts and more. They are Joelle Di Signore, Phyllis Gould, Sara Rice, Hillary Ayers, Kelli Powers and Anna Williams.

involved. The March 28 rebranding event is free to the public. Bring your appetite as light refreshments will be provided. There are several great silent auction items up for grabs so be sure to bring your check book and you must be present at the event to win. If you would like more information you can contact Alward by email at alward@metrocast.net.

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up for the leadership More help is needed in group is Health Issues various roles and all Day in April sponsored are welcome. Experiby LRGHealthcare. ence is not needed to get Wonderful Things Come In Small Packages...

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LCA to hold Father Daughter Dance

LACONIA — Laconia Christian Academy will hold its sixth annual Father Daughter Dance on Saturday, March 28 at 6:30 p.m. in the school gymnasium. The dance is open to the public and will be the delight of girls young and old. The school is located at 1386 Meredith Center Rd. in Laconia, just north of the NH Humane Society.

In what has become a favorite tradition at LCA, girls of all ages will be escorted by their dads for an evening of being treated like a princess.

(If a father is unable to attend, stand-ins are more than welcome.) Memories that will last a lifetime are made at gatherings like this.

The evening, hosted by the staff of LCA and the PAC committee, will feature lots of memorable activities. There will be games, hors d'oeuvres, and organized dance themed events. Professional portraits will be available for an additional small fee. Local DJ Carroll Brown will be Master of Ceremonies again this year,

bringing back his flair for creating a great evening. Come and find out if we will be doing "The Macarena," "The Chicken Dance" or "The Hokie Pokie." Who will be this year's "Limbo" champ? Don't miss out on this unforgettable night.

Please join us for a fun and wholesome evening, tell your friends, and your dad! Tickets are available at the door for \$15 per couple, and \$5 for each additional child.

For more information call LCA at 524-3250, or go to www.laconiachris-NOW WE ARE THREE!

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WINNISQUAM ECHO A4 Thursday, March 19, 2020

STRATEGIES FOR LIVING

A hint of things to come

BY LARRY SCOTT

Not since World War II has an issue gripped the international scene as has the coronavirus scare currently dominating our society. But something as common as the flu is threatening international lockdown, with business, commerce, the money markets, and tourism taking a hit from which it will take months to recover.

I agonize over a society that must live with uncertainty and fear, the victims of circumstances it cannot control. And rightly so. When everything seems to be out of control, with no clue as to how bad things may yet get, the fear is genuine. Italy is on lockdown, travel from Europe is on hold, the NBA season and other public events have been cancelled, and everyone who can is working from home.

Priority one at this time is to stay calm and hold steady. We are in deep trouble and it is possible the worst is still to come, but to panic will solve nothing. It is imperative that we all take proper precautions, do those things we would normally do if the flu threatened our family, and adjust as necessary to a very uncertain future.

We tend to forget that we have been here before, and hopefully, a hint of things to come.

From the Editorial Board of the wsws.org Web site, this commentary on March 20, 2001.

"US stock market investors suffered their greatest ever one-week losses during the week of March 12-16. The Dow Jones Industrial Average experienced three sharp declines in five days, including a drop of over 400 points on Monday. ... The Dow Jones index fell below the 10,000 mark for the first time in six months."

And more recently, perhaps you remember the stock market selloff on Aug. 18, 2015. As per Wikipedia, "the Dow Jones fell 588 points during a two-day period, 1300 points from August 18-21, and on Monday, Aug 24, stock markets were down substantially, wiping out all gains made in 2015." What seemed to be a crisis at the time pales by comparison with what we are going through at the moment, but it does give us another hint of things to come.

But as disturbing as we find the coronavirus pandemic to be, another "virus" has threatened us all, and this one is terminal. The Bible calls it sin. We have become alienated from God, chosen to live by our own standards, and when things unravel as they have at the moment, we forget there is crisis coming from which there will be no recovery.

Jesus put it this way: Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the one who can destroy both soul and body in hell." That, too, is a hint of things to come!

I do not minimize the awesome threat the current crisis poses to our economy and to the lives of millions of Americans. But we will recover and become a stronger, more united people for having weathered the storm.

We are reminded, however, that when this is over we must yet deal with the most devastating threat of all. If we have not welcomed Jesus Christ as the Lord of our lives, sin will most certainly destroy us. The prognosis is death, but it need not be. "In Him was life," my Bible says, "and that life was the light of men."

America, it is time to get back to God!

Send your letters!

Winnisquam Echo P.O. Box 729 Meredith, NH, 03253

Our fax number is 279-3331. Or, you can e-mail us at echo@salmonpress.news Please include your name, address and phone number.



DONNA RHODES

Murray recognized for community service

Tilton Selectman Pat Consentino presented Officer Elizabeth Murray with the 2020 Community Service Award at town meeting last Saturday. Besides her duty as an officer, Murray has been instrumental in a number of community projects and programs, including the Movies in the Park series the police department presents each summer. At the recent Winni Dip for Special Olympics, Murray was also the highest individual fundraiser in the state.

NORTH COUNTRY NOTEBOOK



A river hog with a pike pole on a long-log drive, with a batteau toward the far shore. (New England Historical Society)

Racing the spring meltwater from logging camps to home



By John Harrigan

COLUMNIST

This is the time of year when men and grown boys left logging camps deep in the woods, and headed home to farms and families. In many cases, their wives siblings had not seen them for months. Out of the wilds they came, clothes in tatters and famished for a homecooked meal. The food in the camps was good, but not that good.

They came with hard hard-earned, the lure that had drawn them to the woods. Farm families could produce few non-perishable goods that could survive the long trip to outside markets and earn hard money---maple candy, wool, honey. The logging camps were a siren song.

The suggestion of deception was earned. Scouts for labor often painted life in the camps

was. Work commenced with the time-honored "Daylight in the swamp!", and ended at dark. Camps were not tall enough for a tall man to stand, to conserve heat. The men in camps, Doughboys would soon do in the trenches, raced bedbugs for sport. Swampers, fellers, and limbers were so tightly packed under long quilts in long bunks that everyone had to turn over at

Swampers cleared trails for horses and teamsters to skid logs out to shoreline piles. Fellers were the tough men who felled the tall trees. Limbers knocked the limbs off logs and hewed the sides smooth so they'd skid. And teamsters and horses did the skidding, the articulated skidders of yore.

+++++

In the spring, when the brooks and streams and rivers began shaking free of their bonds, and ice on lakes and ponds began to settle and crack, about two-thirds of the crew were sent home. The remainder stayed on for the drive---a few teamsters, the river hogs, and of course the cook and cookee.

The teams and team-

as far better than it sters stayed on to help break out the immense shoreline piles of logs, and then followed the drive to round up strays---logs stranded on meadows and shoals. The river hogs were the men herding, picking, shoving, dragging, and cursing the logs down the river. The cook and cookee were what made it all move.

> The logging company's lawyers often followed right along behind the drive, paying farmers for damages to fields and fences, and towns for bridges and roads. Once in a while, they followed the letter of the law.

"River hog" was a term of endearment, sort of. Not for nothing did generations of families up and down major rivers hand down stories from when the drive and the river hogs hit town.

Some of the men, the true river hogs of the bunch, wore footgear with small spikes in the soles, known as caulked soles, or spiked boots. Like tightrope-walkers they carried long poles, with spiked tips for pushing and pulling and nudging logs that needed a little encouragement down toward the mills. They hopped from log to log, rode them like canoes, tried to roll each other off, and occasionally did a little jig.

These were tough men and had to be, working in ice-cold water at one of the most dangerous jobs on earth. No wonder they had the devil-may-care attitude they did. No wonder some lost their lives on a dare, running rapids where no men and boats were supposed to be.

Andy Anderson was one of my favorite people. He came to New Hampshire's northernmost town of Pittsburg with the Civilian Conservation Corps---the famed "CCC" of Depression times---and decided to call the place home. He fit his adopted town like hand to mitten. Quite soon, he knew the old stories from the old men, the river hogs of yesteryear, as well as the men who told them.

In his later years, Andy worked for the state's old Forest Fire Service. One of the jobs he did was help maintain the trail and lookout's cabin on the summit of Magalloway Mountain, at 3,383 feet one of the North Country's higher peaks.

Andy was on my short-list of people to call when I needed SEE NOTEBOOK, PAGE A6

Franklin Savings Bank donates \$3,000 to Concord **Coalition to End Homelessness**

FRANKLIN — Franklin Savings Bank recently presented Concord Coalition to End Homeless with a \$3,000 donation t owards Safe Spaces II – a three-year campaign to raise \$2.25 million. Donations to the campaign w ill enable CCEH to p urchase and renovate a building in downtown Concord into four apartm ents to provide safe h omes to people seeking affordable housing, as well as support all of their programs for a three-year period.

" Franklin Savings Bank is pleased to partn er with Concord Coa lition to End Homel essness to support its mission of ending homel essness in the Capital r egion," commented Dawn Beers. VP, Mark eting Officer. "As a community bank who is actively involved in supporting affordable houst he same vision that every individual should have an affordable, safe place to call home."

To support the Safe S paces II campaign, C CEH has developed a P illars of Support init iative which includes three events to be hosted throughout the year in the greater Concord r egion. FSB's donation will support two of the planned events, Souper-Fest along with a Bluegrass BBQ.

"We are grateful to have Franklin Savings Bank on board as one of our founding Pillars of Support," said Ellen Groh, Executive Director of Concord Coalition to End Homelessness. "They have been a supportive partner of our S ouperFest for many years, so we appreciate t heir commitment to t his important initiative in helping us end ing projects, we share homelessness in the



Greg Legier, Regional VP & Commercial Loan Officer, Franklin Savings Bank; Dawn Beers, VP, Marketing Officer, Franklin Savings Bank; Ellen Groh, Executive Director, Concord Coalition to End Homelessness; and Greg Lessard, CCEH Board Director.

ing and investment ser-

vices. Headquartered in

F ranklin, the Bank has

offices in Bristol, Bos-

c awen, Tilton, Gilford,

M errimack and Goff-

stown. Through its whol-

ly-owned subsidiary, In-

LRSO concert cancelled

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investment in emerging

Bank has donated more

than 11 percent of its net

income to charity since

2 009. Visit www.fsbnh.

b ank to learn more or

follow the bank on Face-

ter and YouTube.

ook, LinkedIn, Twit-

F ranklin Savings

technology.

MEREDITH — The Lakes Region Symphony Orchestra is cancelling its March 28 concert at Inter-Lakes Auditorium. Further information will be provided as soon as it is available.

Laconia Rotary welcomes new member



Laconia Rotary President Kevin Conway welcomes Jim Hamel as a new member to the club.

LACONIA - The Laconia Rotary is pleased to announce the membership of Meredith resident, Jim Hamel.

Originally from Massachusetts, but a New Hampshirite for most of his adult life, Jim Hamel is a New Englander—a fan of all four seasons; a fan of New England's major professional sports teams; and a fan

Hamel earned a Bachelor's degree in political science from Plymouth State College and his Master's degree in education from the University of South Carolina. His first career was in student development and higher education administration, but most of his professional life has been in nonprofit management and fundraising. Over his career, he has led nonprofits focused on helping young people to become changemakers, and he led a local community-based performing arts center. Jim also spent eight years as an entrepreneur and local business owner before returning to nonprofit fundraising in

Laconia Rotary President Kevin Conway appreciates the insight Hamel's life and work bring to the

"Jim's experiences in education, nonprofits, and as a small business owner give him a broad perspective that helps inform the work of Laconia Rotary," Conway said. "Our club benefits from each member's lived experience and Jim is a great example a member who's worn many hats while always maintaining the core principles that Rotary values."

Hamel lives in Meredith with his wife and two children and is Vice President of Development for Lakes Region Community Services in Laconia, where he works to drive increased philanthropic contributions in support of people with developmental disabilities, and to enhance the strength and capacity of local vulnerable families to raise and support healthy children.

Laconia Rotary is part of an international network that values service above self, provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Laconia Rotary typically meets every Thursday at noon at the Belknap Mill in Laconia. All are welcome. Please write to LaconiaRotary@gmail.com to let us know you'll be attending. Visit www.LaconiaRotary.org for more information about the club.

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WINNISQUAM REGIONAL **SCHOOL DISTRICT**

The Winnisquam Regional Budget Committee has a vacancy it seeks to fill from the town of Tilton until the 2021 annual meeting of the school district. Interested candidates must be a resident of Tilton and a registered voter.

Those wishing to apply should send a letter stating their intentions by March 31, 2020 to: Chairperson

Winnisquam Regional Budget Committee 433 West Main Street, Tilton, NH 03276

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Jones: Financial What's the Difference Between Short- and Long-term Investing?

As you go through life, you'll have • Low risk - Above all else, you want this goal, you have one overriding mo-

many financial goals. Fortunately, you don't need to achieve them all at the same time. But when you have a mix of short- and long-term goals, you will need to pursue some different investment strategies simultaneously. Your short-term goals may depend

somewhat on your stage in life. For example, when you're starting out with your career and you're beginning to raise a family, you may well have a goal of saving enough money for a down payment on a home. Later on, though, you may decide you want to travel the world for a year. Because you know about how much

money you'll need, and when you'll need it, you can choose the appropriate investments, with these characterthe right amount of money to be there when it's time to use it. So, you'll need low-risk, high-stability investments. You won't see much in the way of growth from these types of investments, but you also won't be sweating every single market downturn in fear of not reaching your goal.

· Liquidity - You won't want to worry about trying to find a market for your investment when it's time to sell it and then use the proceeds for your shortterm goal. That's why you need to pick short-term vehicles that are highly liquid.

Now, moving on to longer-term goals, the situation can be quite a bit different. Suppose, for instance, vou're saving and investing for a retirement that may be three or four decades away. For

tivation: to end up with as much money as possible. And since you have so many years until you need this money. you may be able to take on more risk than you could with the investments you counted on for your short-term needs. This isn't to say you should be reckless, of course - you still need to pay attention to your individual risk tolerance. Overall, though, there's a big philosophical difference, in terms of risk capacity, between investing for the long term versus the short term. When you're saving for a long-term

goal such as retirement, you may need to rely primarily on your IRA and your 401(k) or similar employer-sponsored retirement plan. And within these accounts, you'll need a reasonable percentage of growth-oriented investments. It's true that growth investments are volatile, with sometimes sharp price declines. But in exchange, you have the opportunity

for greater growth potential Once you do retire, you'll still have long-term goals. For one thing, even during retirement, you'll need your portfolio to have some growth potential to keep you ahead of infla tion. And you'll also need to address perhaps the longest-term goal of all: leaving the type of legacy you desire for your loved ones.

A financial professional can help you clarify and prioritize your short- and long-term goals, as well as assist you in choosing the appropriate strategies for helping meet these goals - whether they're three years or three decades

Devon Sullivan Financial Advisor 164 NH RTE 25 Meredith NH 03253 Fax 844-644-4469

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Adviso Member SIPC



Jacqueline Taylor inancial Advisa 3 Mill Street PO Box 176 Meredith NH 03253 603-279-3161 Fax 866-532-8685 acqueline.taylor@edwardjones.com

Meet sweet Joan! Joan came all the way from Lubbock, Texas to find her forever family. She is a 2 year old boxer mix ready for adventure. Joan is currently learning quite a bit at our shelter. She is food motivated and willing to train! Currently Joan knows sit, down, is learning leash skills such as 'with me' aka heel, and loose leash walking. Joan would do best in an active adult only home as the only animal. If prospective adopters have another dog, we are happy to try them, however Joan has been a little over the top with her doggy friends. No cats for this sweetheart!



1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



After-school sailing scholarships announced for kids and teens

Local youths, with or without prior sailing experience, will have the opportunity this Spring to experience the joy and challenges of sailing in a local after-school program.

Offered by the Lake Winnipesaukee Sailing Association (LWSA), these classes will focus on the basics of sailing, wind, boat handling and safety. Classes are taught by nationally certified instructors in Optimist dinghies, 420 collegiate boats, Open Bic sailing dinghies, and Sonars. Each session will incorporate on-land instruction along with hands-on water skills development.

Youths of all abilities, ages 8 – 16, are welcome, from beginners to experienced sailors, and will be grouped by age and ability. This program is offered at a discounted rate of \$99 per person. Financial assistance is also available; please inquire in confidence at sailing-school@lwsa.org. Nobody will be turned away because of inability to pay!

Session One: May 26, 27, June 1, 3 4 - 7 p.m. Session Two: June 8, 10, 15, 17 4 - 7 p.m. Location: Dave Adams Memorial Sailing Center, 25 Davis Rd., Gilford

Tuition: \$99 per student
Info: Click www.lwsa.org/af-

or email sailing-school@lwsa.org with all your questions.

There will be a swim test the first day. Life jackets are required - the fitted vest style. Please let us know if you need to borrow one for the program. Advanced registration is required. Registration will open April 1 at www.lwsa.org.

The Lake Winnipesaukee Sailing Association, a 501.c3 nonprofit, was founded in 1988 to promote sailing on Lake Winnipesaukee. The primary purpose of the association is to operate a youth sailing school in Gilford. We also promote organized sailboat racing and cruising on the lake, including a one-design J/80 racing fleet. Our mission is to promote and expand participation in the sport of sailing and in doing so to remove barriers of knowledge, financial means, disability and age. In carrying out our mission we pledge to foster safety, self-confidence, teamwork, honesty, positive sporting values, and an appreciation for our environment.

NOTEBOOK

terschool-sailing

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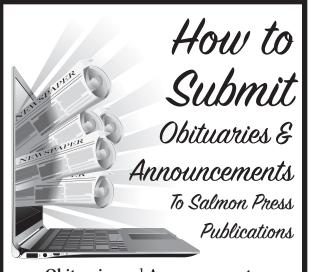
an excuse for a story somewhere back in the woods. So it was that I called him one day back in the early 1970s, when I was working for the New Hampshire Sunday News, and said "Andy, I need an excuse to get into the woods."

There was silence for a heartbeat or two-maybe Andy, putting thumb to pipe---and he said "Sounds like a trip to Sheehan's."

So into Sheehan's Flowage we went, hauling grub and gear into a camp far behind First Connecticut Lake. It was one of Andy's several homes away from home, and as soon as we hung up our packs and hats, it felt like mine.

(For readers pining for more about the early and innovative days of logging, I highly recommend Robert Pike's companion books, "Tall Trees, Tough Men," and "Spiked Boots," available at finer book stores everywhere.)

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)



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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 101
with any questions regarding
the submission process.

~ Comfort Keepers ~

Home care tips for improving memory for seniors

BY MARTHA SWATS
Owner/Administrator

Comfort Keepers

F or seniors with memory issues, receiving care while remaining in their home can f urther enhance their quality of life. This is true for those with min or memory problems that result from age or f or those with Alzheimer's, dementia or other forms of memory loss. A familiar environment c an reduce confusion a nd improve mental engagement, and being s urrounded by beloved o bjects and memory cues can foster a sense of connection and peace.

F or older adults, there are some conditions that progress over time and have a significant effect on memory. However, lifestyle changes may help control memory problems and help seniors continue to remain independent at home with a little extra help from family or a professional caregiver.

M ental exercise: Research has shown memorization helps keep the brain healthy. Learning how to play an instrument or fix a car, and e ven teaching others, strengthens the brain's circuits.

Take a class: Formal e ducation works the brain through the learning process. For those that want to keep their mind sharp, many colleges and universities offer courses at low cost or for free to seniors.

S ocialize: Seniors who interact regularly with friends, family, and community are less likely to experience cognitive decline and can experience a better sense of overall wellbeing. Those who are unable to drive can enlist the help of family and friends to get to social engagements or seek the assistance of a care-

G et up and move: Exercise is a great way to help keep the mind sharp. Seniors that are interested in increasing t heir physical activity s hould consult with a physician before beginn ing an exercise program.

Eat well: Good nutrition benefits the mind and the body. Healthcare professionals can suggest dietary guidelines and/or supplements that can help with memory issues.

B elieve in yourself: S cientists are not sure why self-efficacy seems to ward off mental decline, but it may have to do with a person's ability to manage stress.

O rganize the home. Creating to-do lists, cale ndars, dedicated spot for keys and items that a re often lost, and ensuring that things are put back after use can help those with memory i ssues feel comfortable and confident.

G et enough sleep. Lacking sleep can contribute to memory loss, s o seniors should take s teps to improve their sleep. Taking an active role in engaging the mind can help older adults continue to live with purpose, connection and joy. To learn how professional caregiving can help seniors stay active, social, and engaged, contact your local Comfort Keepers® office today.

About Comfort Keepers

Comfort Keepers is a leader in providing *i n-home care consisting* of such services as comp anionship, transport ation, housekeeping, meal preparation, bathing, mobility assistance, n ursing services, and a host of additional items, all meant to keep seniors *l* iving independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us h elp you stay independent. Please call 536-6060 or visit our Web site at ww.comfortkeepers. c om/plymouthnh for *more information.*

SANBORNTON

CONTINUED FROM PAGE A1

of that, Ray Masse of Maple Circle presented an amendment to the article at Town Meeting. Masse proposed changing the article to a request that the town instead form a study committee to look at not only his neighborhood, but other local roads, in accordance with findings of the recent Underwood Engineering and Evaluation Study the town recently received. After lengthy discussions on how the town's highway department, selectmen residents could work together through a committee to come up with a solution, the article eventually failed. Among many reasons discussed, that was due to the amendment also changing the entire basis of the article. There was good news though, despite the "no" votes. Selectman Jim Dick said later, "The board is happy to work with the petitioners and (Highway Director) Johnny Van Tassel. We don't need a formal committee or a warrant article to have a public hearing on the issue. We'll evaluate this and get some data behind it to come up with a resolution we can present to the town in that manner."

Number One on the warrant that night though was the 2020 operating budget of \$4,326,294, agreed upon for the first time in recent history by both the Budget Committee and the Board of Selectmen. With little discussion, voters agreed on their proposal.

Voters also agreed on placing \$175,000 from the Unassigned Fund Balance into the Town **Building Improvements** Capital Reserve Fund. That amount was directed to only be used for modifications to the Sanbornton Life Safety Building where First Responders have no potable water, no shower or locker facilities, and are lacking in other important safety require-

A \$40,000 request for a new police cruiser (with auction value of the retired vehicle to offset the cost) was also approved no discussion. There were few questions on Capital Outlay requests, and \$420,00 in monetary additions to Capital Reserve Funds for numerous building improvements, equipment replacements and road/bridge construction also passed readily.

"We're putting away money now to buy something in the future," Dick said before that article was approved.

New this year at Town Meeting was a request to establish an Employee Severance Benefits Expendable Trust Fund. Town Administrator Trish Stafford proposed the idea to selectmen and the budget committee, having seen how successful it was in other towns. The basis behind the fund is to have money in place to pay benefits to exiting employees who are due sick time and other unexpended benefits without draining the operating budget. After experiencing several people making such unexpected departures from town employment

in recent years, leaders agreed that this was a good idea and brought it to the town for consideration.

"There's been no money in the budget for this," said Selectman Jim Dick. "We (the select board and budget committee) agreed right away to do this, to establish a trust fund. As of July 1 of this year we'd have a liability of \$167,000 if all of our employees quit all at once. Two years ago, we came within \$3,000 of using up our operating budget when several people left. This is to cover us for something we'd owe in that case."

The article passed with little dissention for voters.

The day prior to Town Meeting, voters also headed to the Old Town Hall on Tower Hill to cast their ballots for elected positions within the town.

James Dick, appointed to fill a vacated position on the Board of

Selectmen early last fall, was granted a full threeyear term with 226 votes in an unopposed contest. Julie Lonergan, who was also appointed as Town Clerk/Tax Collector last year, received 240 votes to continue doing her job, while Moderator Tim Lang received 226 unopposed votes to continue on in his position. Raymond Masse received 234 votes for the Budget Committee, Brendan Morrison was re-elected as a Cemetery Trustee with 242 votes, and Mary Ahlgren was also re-elected to her role as Supervisor of the Checklist with 255 votes in her favor. Christine Nagel had 231 votes for Trustee of the Trust Fund and, in the only contested race, that of Library Trustee, it was incumbents David Adams (156 votes) and Grita Olmstead (144 votes) narrowly defeating challenger Virginia Chapman, who received 135 votes for the two open-

NORTHFIELD

CONTINUED FROM PAGE A1

Construction Capital Reserve Fund, \$130,000 from the Road Repair Revolving Fund and \$100,000 from the unassigned fund balance. Article 17 later approved another \$30,000 to come from the unassigned fund balance to complete the Sandogardy Road Project.

One of two large requests the town approved this year was to place \$300,000 in the Road and Bridge Reconstruction Capital Reserve Fund. The second was for the operating budget, which was set at \$3,488,088. There was a bit of tax relief for that request however when the article stated that \$100,000 of that amount would also come from the unassigned fund balance. The final amount of the budget to be raised through actual taxation

therefore was \$3,388,088. Overall, voters approved an additional \$436,000 in town-funded articles, which when added to the budget, means a grand total of \$3,824,088 will come from tax dollars in the coming year.

In Northfield's March 10th elections earlier in the week, there was only one contested race for an opening on the Board of Selectmen. When the votes were counted, it was Kevin Waldron who took the win with 238 votes, while incumbent Wayne Crowley received 138 votes and challenger Manuel Pimentel Jr. had 59. Cindy Caveney won another term as Town Clerk/Tax Collector with 412 votes and Scott McGuffin was re-elected as Town Moderator with 393 votes. Margaret "Peggy" LaBrecque had 385 votes for Supervisor of the Checklist, and finally Michael J. Murphy received 380 votes for a three-year term as Trustee of Trust Funds.



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BELMONT

CONTINUED FROM PAGE A1

ing House beside the department will be torn down to make room for a new facility that will meet the needs of the busy department and provide officers, department employees and the public with a safer police station.

proposed The \$7,973,209 operating budget also passed with 634 Yes votes and 439 No votes. A collective bargaining agreement between the town and the American Federation of

State, County and Municipal Employees, requesting \$29,466 in wage and benefit increases for town employees passed as well, along with 26 other articles.

When it came to Articles 3 and 25, however, the "nays" had it this year. Article 3 asked voters to transfer the duties and responsibilities of the Cemetery Trustees over to the Board of Selectmen. At the First Deliberative Session for the town in February, the board explained that they felt the trustees were not

equipped to properly handle maintenance and bidding duties for the cemeteries, which is why the request was made. When it came time for the March vote however, the trustees were given the opportunity to continue their role in maintaining the many town-owned cemeteries. The vote on that matter was 468 people for the selectmen taking control and 580 who preferred to keep it in the hands of the trustees.

The second article to fail was one that asked the town to raise and appropriate \$35,000, which would be placed in the town's Property Revaluation Capital Reserve Fund. All towns are required to go through a revaluation every five years and money in the fund pays for the expense of that process. By making annual installments into the fund, the town is able to gradually save money for the process rather than having to pay for it all at once.

On March 10, voters also cast their ballots for elected town officials. In the only contested race, that of an

opening on the Board of Selectmen, incumbent Claude "Sonny" Patten defeated challenger George Condodemetraky 811-244.

For four three-year terms on the Budget Committee, the votes were Gary Grant (769), Norma Patten (826), Roland Coffin (721) and Tina Fleming (791). For the one two-year Budget Committee seat, Mark Ekberg received 928 votes. Alvin Nix received 976 votes for Town Moderator, while for two seats on the Planning Board it was

Peter Harris with 901 votes and Richard Pickwick with 754. Harris also received 881 votes for one of two openings on the Zoning Board along with 798 votes for the only other candidate, Norma Patten. Patten additionally had 959 votes for Cemetery Trustee, Thomas Garfield received 932 votes for Trustee of the Trust Funds. Mary-Louise Charnley got 958 votes for Library Trustee and Donna Shepherd received 962 votes for Supervisor of the Checklist.

TILTON

CONTINUED FROM PAGE A1 a presentation on the p roposal that showed d esigns, gave figures and addressed the longthought out process the committee went through in making their final r ecommendation to the town.

After working closely with a Construction Mana ger to keep the price as low as possible, the amount to be bonded for the building was set at \$ 4,716,518. LaChapelle said that would work out to be \$42/year for a home a ppraised at \$100,000. In an effort to lower the c ost even more, a fund r aising campaign had a lso been established, w here local businesses and even residents could contribute toward a goal of raising \$450,000 for the building. Several weeks ago the fund's first donation of \$25,000 came from t he Gaudette family of Tilton AutoServ in hopes t hat others would join them with contributions of their own once the building was approved.

P rior to the vote, c omments from voters w ere mainly positive. Pat Clark said that he felt LaChapelle was "the b est" and that people could put their trust in w hat he and the committee had done to make the project feasible for the town. Another woman suggested they look for grants to help lower c osts and LaChapelle s aid they would be app lying for a \$125,000 E mergency Management Performance grant for an emergency operations center in the building. Other grants though n eeded voter approvbefore applications

could be considered. D ick Olson spoke against the article howe ver, saying he felt the d esign was 30-percent too big. Olson also said it appeared as though the design went "all out" in some aspects of cons truction but "cheaped out" in areas such as the r oof and sewer system. A football field is also located on a portion of the Sanborn Rd. prope rty where the police s tation would be constructed and Bob Hardy of the Parks and Recrea tion Commission expressed concerned over how long it would take to reconstruct that field and where the funding would come from.

After everyone heade d to the ballot box h owever, applause and c heers could be heard w hen Town Moderator

Chuck Mitchell read the r esults an hour later. R equiring a two-thirds m ajority vote, the final tally gave the article an 80-percent "yes" toward moving forward with the construction.

F ollowing hugs and handshakes with his officers who were on hand to hear the results, Tilton Police Chief Robert C ormier was given a m oment to address the crowd.

"Whether you voted yes or no, I've been here 13 years and the one thing I know is that all of you support us. Thank you!" he said.

A rticle 4, requesting that the town bond \$2,500,000 for the design and construction of a sewer line to extend the m unicipal sewer syst em down W. Main St. and 2,300 feet up Clark Road met with stiff opposition however. Many s aid they were against p aying for a service that would only benefit one small portion of the town while they still had to maintain their own p rivate septic systems. Jason Wright of the Sewer Commission responded by saying clean water and proper sewer lines were not only beneficial to all, but helped protect the Winnipesaukee River, too. Bob King made a motion to postpone t he article indefinitely though, and despite furt her support from the commission and others, an eventual hand count of 76-29 barred the artic le from consideration this year.

The town's municipal o perations budget was introduced as \$5,871,010 d ollars for the coming year. A previous article h owever, which establ ished a Tilton Senior C enter Expendable T rust Fund for operat ions and maintenance of the senior center, led t o an amendment. Selectman Pat Consentino m ade a motion to rem ove the \$6,000 voters a pproved for that trust f und from the budget, lowering it to \$5,868,010 instead.

A rticles requesting money for other Capital Reserve Funds for highway equipment, town revaluation expenses, and m aintenance of roads and bridges all passed with little discussion.

Other than the sewer bond, the only other art icle that was defeated a fter a lengthy discuss ion was a petitioned article concerning a tax e xemption for homes with solar energy. The

article asked that those properties receive a tax e xemption on their assessed value that would e qual the solar energy system's assessed value. M any voters felt those property owners were already benefitting from a minimal electric bill due to their solar panels.

Election results

For two seats on the Board of Selectmen:

Eric Pyra 127 Jonathan Scanlon 139 Jason Wright 84 Lynn Marcoux 60 Stanley Brown 26

For Town Clerk/Tax

(unopposed)

C huck Mitchell 223

For Budget Commit-

K atherine Dawson 206 (unopposed)

For Supervisor of the Checklist:

Judy Tilton 227 (unop-

F or Trustee of the

Jane Alden 222 (unopposed)

F or Sewer Commis-

Peter Fogg 203 (unopposed)

For Library Trustee: C arol Carignan 213 (unopposed)

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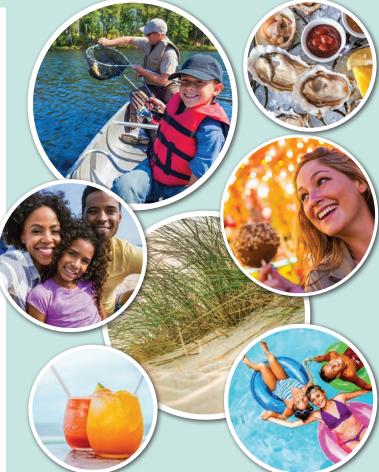
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5 reasons why summer camp is a good choice for kids

fers students a respite routine of school. Chil-

Summer vacation of- from lessons and the

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dren might once have eagerly awaited those final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But many of today's youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that's why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year ends.

Although kids needn't be in camp all summer long, a week or two can benefit campers of all ages. The following are

five reasons why summer camp might be the right fit this year.

1. Explore talents. Summer camps help young people explore their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

2. Physical activity: Lots of camps build their itineraries around physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This can be a welcome change for kids accustomed to living sedentary lifestyles. Regular physical activity has many health benefits and can set a foundation for healthy habits as an adult.

3. Gain confidence. Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

4. Try new things. Camp gives children the chance to try new things, whether that's learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

5. Make new friends. Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.



July 7 - 27, 2020 Ages 10 - 17





DISCOVERY TRACKS

		3
W	$ \mathfrak{S} $	
Aerospace and Flight	Video Game Design	Design and Build
<u>P</u> A	<u>~</u>	<u>~</u>
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(per session)

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Intermediate/Advanced: 5:30-7:00pm

Youth Tennis Camp \$65 Non-Res (per session)

Session 1: July 6, 7, 8 Session 2: July 20, 21, 22 Beginners: 8:00-10:00am

Intermediate/Advanced: 10:00-am-12:00pm

Camps include instruction, fun and a camp t-shirt (if make-ups are needed they will be scheduled on the Thurs and Fri of that week)

Registration open

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Tennis Camps & Clinics are weather permitting and take place at Kraine Meadow Park on Playground Drive, Moultonborough. Classes are limited. so contact our office & sign up early!

Moultonborough Recreation Dept. 10 Holland St. PO Box 411 Moultonborough, NH 03254 603-476-8868 www.moultonboroughnh.gov

MOULTONBOROUGH RECREATION

SUMMER DAY 2020

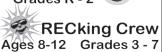
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The registration deadline for all sessions is Thursday, June 11.



Factors to consider before choosing a summer camp

Adults often look back fondly on their childhood experiences at summer camp. Camps can provide the opportunity to form lifelong friendships and discover rewarding hobbies that can enrich campers' lives for decades to come.

Choosing a summer camp is no small task, as the options at families' disposal range from overnight camps to weekday afternoon camps to camps that specialize in certain programs, such as music or dance. Cost also is likely to factor into families' decisions, as the American Camp Association notes that cost can vary greatly depending on which camp families choose. For example, the ACA notes that the average daily fee at a resident camp is \$85, while the same fee at a day camp is \$43.

When looking for a summer camp for kids, families should make the decision together. Kids should be involved in the selection process, as they're more likely to have

Game Design • Coding

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rience if they had a say in where they will be spending their summers. The following are some factors families should consider as they look for summer camps, courtesy of the ACA.

Kids' interests

The ACA urges parents to consider the child's interests and personality before choosing a summer camp. Parents might want their children to attend the same summer camp they visited as youngsters, but each child is different. Just because mom and dad liked a particular camp does not mean their children will. The ACA notes that summer camps should align with children's interests and maturity level.

Locale

Locale may only be a consideration for families considering overnight camps. Kids will likely be familiar with the locations of local day camps, but overnight camps might be set in mountain rangan enjoyable camp expe- es, near the ocean or environments less familiar to youngsters. Kids who love the ocean might benefit from oceanfront camps that focus on marine biology, boating or other activities involving the water. In the same vein, youngsters who like camping and hiking might be more likely to embrace camps located in mountainous regions.

Session length

Camps may last as little as one week or up to a couple of months. Session length should be considered by families looking at both local day camps and overnight resident camps. Parents who want their children to enjoy a largely schedule-free summer might not want to commit their children to lengthy

camp sessions, even if those sessions are close to home. If parents think their children can benefit from the same structure they're accustomed to during the school year, then an overnight camp that stretches for sever-

Summer Camp

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a fun, safe, positive place for your child to spend time at this summer. Action-packed activities inspire creativity, build character

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al weeks might be what they're looking for.

Summer camps give kids a chance to make memories that will last a lifetime. Choosing the right camp is an important decision that parents and kids should make together.

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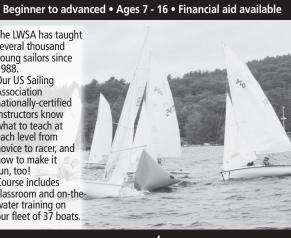


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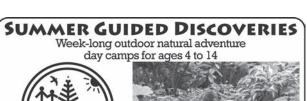
for 5-12 year olds

AGES 5-13

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Art Association to offer photography class

continuing goal reach out to the community, the Lakes Region Art Association/ Gallery is adding a number of new art and photography classes for the public. Their latest addition is a class on photography taught by award winning photographer, and a member of the LRAA/Gallery, Jay Fitzpatrick.

If you want to take better photos, understand your camera better and its various settings, this is Fitzpatrick's forte, and he's willing to teach you what he knows beginning on the morning of March 28, April 4, and the 11th, at the Lakes Region Art Association/Gallery, Tanger Outlet Mall, 120 Laconia Rd., Suite 132. His program is designed to

give you a better understanding of how the selection of F-stops, shutter speeds, ISO settings and white balance effects your final images. In addition, you'll learn about various shooting modes, depthof-field, motion blur, photo composition and photo editing software programs.

One-on-one discussions includes lenses, camera care, use of natural and artificial light, flash units, studio lighting and use of tripods. It'll be a hands on experience trying your skills at photographing a model on the second day of class where you'll learn about portrait lighting. There'll be homework assignments too, helping you take better pictures and become a more creative photog-



"Heron in Flight" photo by instructor Fitzpatrick, one of the example images he captured by using the right camera settings. His three photography classes at the Lakes Region Art Association/Gallery are scheduled for March 28, April 4 and the 11th, at Tanger Outlet Mall, Suite 132, it will focus on how to become a better, more accomplished photographer, from a beginner to an intermediate. Classes are limited to the first 10 sign-ups.

Prescott Farm strives to create nature connections for all

LACONIA – Finding engaging and fun activities for youngsters during school vacation can be a challenge, especially for families with limited financial resources. That's why Prescott Farm is pleased to remind local residents that scholarships for WildQuest Vacation Camps are available.

Prescott Farm invites campers age six to 12 for a week full of unforgettable experiences exploring the natural world. WildQuest Spring Camp takes place during New Hampshire schools' April Vacation week, April 27 – May 1. Campers will make connections with wildlife and nature through activities like vernal pool exploration, gardening, nature walks, birdwatching, arts & crafts, and more!

Applications for fulland partial tuition scholarships are available through the camp registration website. Because connecting youngsters to the great outdoors can be the start of a lifelong love of nature, many funders partner with Prescott Farm to make



Generous funders such as the Laconia Rod & Gun Club and Auxiliary (pictured) know that connecting youngsters to the

WildQuest Spring Camp will take place at Prescott Farm April

Camp Director Jacob Newcomb looks forward to welcoming campers this April. "Our Wild-Quest day camps are by experienced environmental educators," Newcomb said. "Our goal is

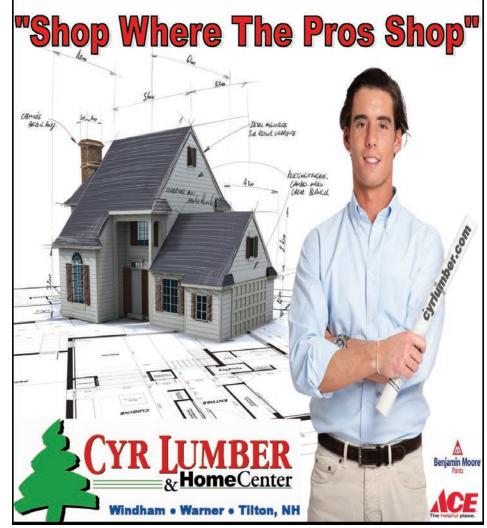
these scholarships pos- and understanding of the natural world, and by extension, camper's

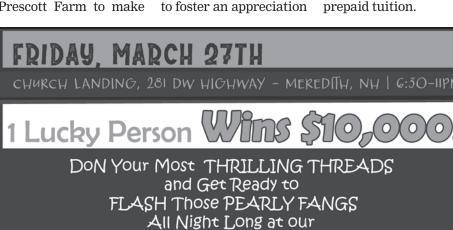
own place in it." Please note: In the event that WildQuest Spring camp needs to be canceled because of COVID-19 families will be refunded

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through handson public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing

area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

On the third and final day, students' images will be critiqued and discussed. The classes begin 8 a.m. until noon each day, and are limited to the first 10 signups. To register, or for more information, E-mail jall@tds.net or call: 455-6595. Lakes Region Art Association/Gallery is a non-profit organization dedicated to promoting art and photography and for the sale of art and photos produced by its members.





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THE WINNISQUAM ECHO

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SPORTS







Keith Landry averaged nearly a double/double per game in his

Tommy Galambos is graduating this year and he just wrapped up a solid senior season where he played well off the bench, and also filled in at guard in the starting lineup when Nate Sottak went down with an injury.

Cilley reflects on Belmont boys' hoop season

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT - The Belmont boys' basketball team had an up and down season due to some key injuries, but despite the difficult second half of the of its goals in making the Division 3 state tournament.

"The season truly was two separate halves," said coach Jim Cilley. "The first half of the season we were 8-2 sitting third in Division 3 standings. We had won the Lakes Region Holiday Tournament, giving Gilford an unofficial which would only happen officially once the entire season, championship game pending, and beating Laconia.

In the 11th game of the season against rival Winnisquam, Nate Sottak made a hustle play where he broke his left wrist, which is his shooting hand. After this Mother Nature had its say in practice times and rescheduling games, and the meat of the schedule for the Red Raiders was at hand in the final eight games. Belmont went 1-7 down the stretch with the only win coming against Hillsboro-Deering.

"We were competitive and had opportunities to win games, yet unfortunately, the loss of Nate showed how much losing an All-State level player can affect a really good team," said Cilley. "We had to change the way we played and having had four games in six

practices to try and change all our defensive and offensive sets, not to mention trying to change the mindset of its leaders."

The injury to Sottak a title, but he said the team made a valiant effort in the playoffs. In a rematch with the fifth-ranked Winnisquam Bears in the opening round, 12thranked Belmont gave the Bears a run for their money and narrowly lost 46-40. Cilley's hope is that the team can get back to the playoffs next year, but this time host a game. Once this goal is achieved he has his eyes set on being a top four team and potentially a shot at the championship.

"Truly I feel like this team was good enough to win the championship had Nate not gotten hurt," said Cilley. "His injury really put pressure on everyone else. Teams could really dedicate their schemes to defending Jackson Ruelke and taking away Keith Landry's outside shot, and try to make our role players beat them. It was a tough trickle down effect to overcome. I will say however, I thought our group showed great resolve and competitiveness."

The Red Raiders battled teams and continued to improve in the face of adversity. He said normally it is easy to just throw in the towel but this Belmont squad left it

days we only had two after night. The team used Sottak's injury as a rallying point, and Sottak, in turn, embraced being a good teammate and continof a team that lost one ue to grow as the cap-

Ruelke became the season, the Red Raid- may have eliminated definitive scoring opers accomplished one the dream of winning tion at 18 ppg for the season, and Cilley said he had to learn to have patient and be efficient with his shots. Keith Landry was another player who stepped up on the boards and defense averaging nearly 10 rebounds and 2.5 blocks, while also hitting key shots from close range and beyond the arc. Landry has been known for his shooting, and while he struggled at times to have shots fall, he still averaged 9.8 ppg. Other players like Isaiah Costa, Bryce Halland Brian Carroll stepped up as well in a variety of ways, including battling the glass and being what Cilley called

> "the glue guys." Tommy Galambos stood out off the bench early and when Sottak went down he had to play the majority of his minutes out of position. Cilley said he did a nice job defending and handling the pressure, as well as starting the offense.

"Although the wins and losses didn't come across the way we wanted I thought all of the negative turned into positives towards next year's team," said Cilley. "We also were able to start getting guys like Jamison Gaudette more minutes and then bring up other freshmen all on the court night from the JV team (Sam Reposa, Trenton Deschuiteneer, and Tylor Carroll) to practice with the varsity and get a couple minutes here and there which should bode well towards next season."

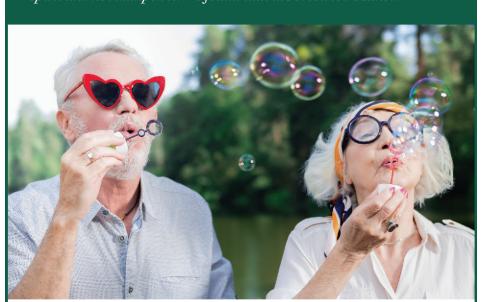
Cilley said the rising stars of Gaudette, Reposa and Deschuiteneer could be the key to the Red Raiders pushing for a strong playoff run next year.

"If those three guys have great off seasons SEE **BELMONT**, PAGE B2



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Gunnar Horman is the lone senior graduating for the Winnisquam Bears this year.



BOB MARTIN

Anthony Robbins makes a move to the hoop for the Bears against Belmont.

Strong season in the books for Winnisquam boys

BY BOB MARTIN

Bob@Salmonpress.news

TILTON – The Winnisquam boys' basketball team is coming off 13-5 season where the Bears fell in the second round of the Division 3 playoffs to Hopkinton, and coach Kevin Dame said with the team bringing back all but one player in senior Gunnar Horman, the team should be able to build off this success for years to come.

The Bears overcame adversity throughout the winter, as the team had key injuries to overcome including Garret Mango early in the season and Horman later on. However, down the stretch the Bears played some very good basketball with six straight wins until the quarterfinal That included two wins over Belmont, including the playoffs, and wins over fellow playoff teams Inter-Lakes and White Mountains. The Bears only lost back-to-back games once, which was to Gilford and Mas-

cenic, who made it to the finals as the one and two seeds. Those games were also very close and within reach of a win for Winnis-

Leading the way for the Bears this season was star junior Phil Nichols, who put up 19.8 ppg, 6.4 rebounds and 2.3 assists.

"I just thought he was solid all year and obviously, we don't win that playoff game without him hitting those foul shots at the end," said Dame. "He is solid and so consis-

Horman was also a key player on the roster averaging 11.8 ppg and five boards per game.

"When he is going, he is one of the best players in our division," said Dame.

Both of these players could light it up at any moment, both offensively and defensively. Horman was often put on the opponent's tallest player and had to play in both the high and low post. Nichols

was clutch and also an offensive powerhouse. Many of his low scoring games were simply because he was on the bench during blowouts. Some of his best performances, however, came against top teams like Mascenic and Gilford.

Anthony Robbins scored 6.4 ppg and was huge filling in for the injured Mango. When he got his shot going he could hit from downtown, but also did well setting up the offense.

"He really stepped in when Garret was hurt at point guard," said Dame. "I knew he was a good basketball player but he really stepped up at that time. He was able to create for himself and

for others." Caleb Bushway was also a great scoring option with 9.9 ppg. Jacob Seavey's stats may not have jumped out, but Dame said he was the defensive standout all season long.

"Oftentimes he was guarding a team's best player and really did a good job limiting them," said Dame.

Dame said a 13-5 record was certainly nothing to be disappointed about, but he knows a couple key losses along the way made a major difference. With a couple more wins, the Bears would have been able to host a second round playoff game, and the Bears were very good at home this season, going 7-2 with the only

and Mascenic. "Going into Hopkinton as a five seed as opposed to playing at home was tough," said Dame. "We played some good basketball at home this year. Maybe if we win a couple more games we host a game. But all in all, battling injuries this was a successful season."

Losing Horman will be difficult to overcome, Dame said noting that for an undersized team he brought much needed length. He said he work on defense, rebounds and timely scoring will be missed.

"At the end of the year he tried to gut losses going to Gilford it out," Dame said of Horman, who suffered an ankle sprain at the end of the season. "It showed how much he wanted to be out there. It definitely wasn't the way he wanted to end his season and career, but it just showed the intensity he had."

However, the JV program was .500 this year and the team has more height than the varsity program at the moment. He said that is a hardworking team and if they work on their game, some players could come in and play a big role quickly. This could help with the team working on more of an inside pres-

"We've got to find a way to get the ball inside, and also rebound and defend better inside," said Dame. "We need to find a way to get points in there and not allow so many points in there. That was our Achilles heel in the games we lost."

BELMONT

CONTINUED FROM PAGE B1

I think we could be really really good next year," said Cilley. "They all need to play a ton of basketball and develop their skills in the off season and certainly like all our guys get in the weight room and continue to develop their bodies to play significantly at the varsity level. If they do though, look out as their raw talents are extremely impressive."

Cilley is excited about the future, noting that the JV team went 13-5 and was loaded with talented freshmen. With eight freshmen and three sophomores on the JV team, the outlook for years to come is promising. He hopes that with All-State talent returning to the back court, including a recovered Sottak hungry for a championship, the team can be a force. "For us to be a team

that could put up the first banner in school history, which will be our goal starting right now, we need to get stronger and be better finishing at the rim,"

Cilley said. "We need to rebound better on both ends of the floor, and we have to be more consistent shooting the basketball. If the guys buy in over the off season more so than any other year in the past, we could be the last team standing."

While Cilley is looking forward to next season, he took time to thank his seniors for their hard work over the past four years. Seth Rupp and Adam Krasnecki may not have had the most time on the court, but Cilley said he would be hard pressed to find better supportive teammates and all-around people then them.

Cilley said it is difficult to be a senior on the team that doesn't get as many minutes, but Rupp and Krasnecki were vital in making the Red Raiders better with their hard work in practice and positive energy, whether they played or didn't.

"They were both extremely positive and I can't say enough good things about them,"

said Cilley. Another senior is Tommy Galambos. who will be missed for his defensive impact off the bench and sharpshooting three-point-range. He grew as a player and a teammate this season, as he was put into the starting role when Sottak was injured.

Landry will also be very missed by Cilley, who said while Landry probably doesn't realize how much he meant to him and the team, he had the utmost respect for him. Cilley said he changed and grew not only as a player, but as a person over the years. Cilley admitted there has probably never been a player he has been harder on, but this led to him becoming the player he was by season's end.

"The more pushed him slowly but surely we got to see the kid who would become a hard worker, a good teammates, and someone who will leave a lasting legacy on his teammates moving forward," Cilley said. "Should we accomplish our goals next year, Keith will have played a part in that as a guy who laid the framework for it."

World Pro Ski Tour cancels Waterville Valley event

WATERVILLE VAL-LEY — The World Pro Ski Tour (WPST) did not hold the Eastern Championships this past weekend at Waterville Valley due to growing concerns over health and safeissues resulting from the Coronavirus (COVID-19) pandemic. While working tirelessly all week in attempt to hold the race, this decision was made with the best interest of the WPST athletes, staff, spectators and team in mind as organizers closely monitored the guidelines set forth by the Center for Disease Control and Prevention and other

regulating bodies.

"We are deeply disappointed to cancel a race in our first season of the tour's resurgence," says Jon Franklin, CEO of the WPST. "However, we feel it's necessary to take every precaution for the health and safety of our tour family, including our staff, athletes and fans."

With the cancellation of Waterville Valley, the tour will continue to monitor the health situation closely and will make an announcement regarding events scheduled for April - including Tour Finals at Sunday River and World Cham-

pionships at Taos Ski Valley – when appropriate. Check http:// worldproskitour.com for updates.

The World Pro Ski Tour is a nationwide tour of events where professional skiers race side-by-side in a single elimination format. Prize money and an overall World Pro Tour title attract Olympians and professional skiers from around the world. Onsite spectators and TV viewers can watch all stops on the Tour in an exciting and easy to understand format. http://worldproskitour.com for information.





Becca Fleming brings the ball up the court for the Red Raiders.

Young Belmont girls have lots to build on

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT - The Belmont girls' basketball team had challenges to overcome all season, and while it wasn't an easy road, the Red Raiders found themselves in the playoffs once again.

The Red Raiders finished the regular season 9-9 and ninth place in the standings. Belmont entered the playoffs as a 10 seed but lost on the road to Prospect Mountain. The Red Raiders started off the season with struggles to find the basket, going 0-4, but the rest of the way Belmont was a force to be reckoned with, going

The Red Raiders won six of the last seven games, with big wins on the road against Prospect Mountain and St.

was filled with many challenges, this team



Molly Sottak goes up for a block against the Lakers last season.

worked hard all year," of putting together a sol- py with the play of his ing and Emma Roberts Lena Rodrigues, Alyssa said coach Mark Dawal- id season next year. The junior captains Mol- were also big in the suc- Edgren. Abbi Gilbert

Fortunately, the team can build off the late

Red Raiders have their entire team returning and Dawalga hopes this year of experience will push Belmont deeper into the playoffs.

Dawalga was

ly Sottak and Morgan Hall, who had excellent seasons leading the team and also putting up points, while playing good defense. Fellow

cess for the Red Raiders. The team also got great contributions sophomores Savannah Perkins, Kaitlyn Bryant and Courtney Burke,

and Kim KcWhinnie.

Savannah Perkins drains a three-pointer for the Red Raiders.

"One thing I can say about this group is they all came to play every night and really grew together as a team," said Dawalga.

Thomas Aquinas. "In a season that season success in hopes BCSA hosting corned beef dinner tonight

GILFORD corned beef dinner with all the fixings will be held at the Belknap County Sportsmen's Association clubhouse on Lily Pond Road on Thursday, March 19, at 6 p.m. A New England boiled dinner with corned beef, cabbage, potato, turnip, onions, carrots and homemade Irish soda bread will be served.

Jared and Kelly Irwin will giving an after dinner talk "Hunting With Hounds." This will be a power point presentation discussing what goes into the training of making a hunting dog as well as the care that they require. They will also be bringing a few of their dogs that will interact with the audience. On display will be gear used when hunting with dogs as well as animal hides.

The Irwins live in the Berlin area with

their son, Reid. Jared Irwin works for New Hampshire Fish and Game and has been at the Berlin Fish Hatchery for 16 years with a designation as Fish 2. They have hunted in a number of states including Vermont, Maine, Virginia and Montana. They use their dogs to track down nuisance bears for the state of New Hampshire, which are then tranquilized and relocated. Maine has utilized their services to track collared bears who left their dens early in the spring before their batteries have been replaced.

Join in for an evening that will be both informative and educational on a subject most know little about.

Admission is open to all club members and the community at large. Water and soda will be provided.

hapjuniors Rebecca Flemwell as freshmen



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Published end of April 2020

This community guide is a reference to communities



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PLYMOUTH: Commercial, in-town **MEREDITH:** The Grouse Point Club! property. City water & sewer, 230' of frontage on 4⁺ ac. **\$249,000**



NORTHFIELD: Executive home on 7.25 ac! 6BR/4BA & 4,942 sf. Great privacy & location! \$479,900



Single family home w/ 4BR & boat slip on Winnipesaukee. \$995,000



LACONIA: Renovated from top to bottom! Water views! 4BR/4BA in South Down Shores. \$649,000



WOLFEBORO: Carefree condo.

3BR/2BA single-family home cus-e

MLS# 4783016

Brand new 4BR/4BA 2,906 sf, 11 rooms & energy-star certified!



Garage, Porch, Appliances *10% down - 25 years at 6%

Call Kevin - 603-387-7463 Mansfield Woods, 88 North, Rt. 132, New Hampton, NH



TYBEE ISLAND, GEORGIA YEAR-ROUND SHORT-TERM RENTAL

1-bedroom unit overlooking ocean in a gated community with pool and walkway to beach. Sleeps 4 adults and 2 children. Watch dolphins at play, freighters, pelicans and fishing boats. Prices vary. Contact Oceanfront Cottage Rentals at 912-786-4004 or www.oceanfrontcottage.com/listings/218-bay-breezes

PRINCE EDWARD ISLAND, CANADA SUMMER / FALL WEEKLY COTTAGE RENTAL

2-bedroom newly constructed oceanfront cottage that sleeps 6. Sweeping views of the pond, ocean and lighthouse. Enjoy kayaking, bicycling and beach walking. \$900/wk. Contact Scott at 603.254.5032 or scottm@plymouth.edu

GOT A HOUSE

Look for that new home

FOR SALE?



PINECREST APARTMENTS Meredith, NH

Apply today for our waiting list!

Heat and hot water included!

Spacious 1, 2 & 3-bedroom units Dishwashers and W/D hookups

Rental assistance available Income guidelines apply

On-site laundry

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Dussault Real Estate: www.dussaultrealestate.com

ERA Masiello: www.masiello.com

Granite Group Realty Services:

www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

Michelle Eastman Realty: www.michelleeastmanrealty.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Remax Bayside-Steve Banks: www.winnihomes.com

Roche Realty: www.rocherealty.com



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race. color, religion, sec, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-977

For The Washington DC area, please call HUD at 275-9200. . The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call The New Hampshire Commission for Human Rights

at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

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MEREDITH NEWS/THE RECORD ENTERPRISE/WINNISQUAM ECHO

Thursday, March 19, 2020 • B5



Lakes Region Community Services (LRCS) is accepting applications for full-time and part-time Direct Support Professionals to support individuals in our Residential Programs in the Plymouth area. Overnight shifts are available (either 11pm-7am or 10pm-6am) and some weekends are required.

As a Direct Support Professional in this Residential Program, you will support men with developmental disabilities or acquired brain disorders in their homes. Some of our individuals are medically involved and require personal care assistance. All of our individuals require caring, patient, and supportive team players who can assist with cooking and cleaning and are comfortable with personal care.

Lakes Region Community Services offers a generous benefits package for full-time employees which includes medical, dental, vision, life insurance, short/long term disability, retirement plan, and earned vacation time.

Qualified applicants must have a minimum of a high school diploma/GED, clean criminal record, good driving record, four-door vehicle, auto insurance, and a valid NH driver's license. To apply please visit www.lrcs.org or call 524-8811.

Immediate Opening Business Administrator

The Newfound Area School District is seeking its next Business Administrator to oversee district functions and operations of budgeting, facilities, food service, technology and transportation. This is an immediate vacancy, but for the right candidate a July 1, 2020 start date is possible. Applicants must be certified or eligible for an Alt IV certification upon hire.

Excellent Salary and Benefits Package Interested candidates should provide a letter of interest, resume, transcripts, job application, and three (3) current

letters of recommendation to be considered. Newfound Area School District Attn: Superintendent Stacy Buckley 20 North Main Street

Bristol NH 03222 Application is available at:

http://www.sau4.org/human-resources/employment-information

Belmont Parks & Recreation

Is seeking qualified candidates to fill anticipated seasonal openings. Job descriptions and applications are available on the town website.

Camp Director Camp Assistant Director Camp Counselors Lifeguard Certified Camp Counselors Sargent Park Attendant

> **Janet Breton Recreation Director Town of Belmont**

PO Box 310 Belmont, NH 03220-0310 (603) 267-1865 www.belmontnh.org recreation@belmontnh.org

Equal Opportunity Employer

GILFORD SCHOOL DISTRICT Custodian - 2nd shift

Please call the Gilford School District Office @ 527-9215 for an application or pick one up at 2 Belknap Mountain Road, Gilford



Landscapers & Laborers Wanted

We have a wide variety of positions available

P/T, F/T, Seasonal & Year-Round No experience needed, will train Experienced candidates paid as such Must have drivers license & Pass drug test Email jsirles@belknaplandscape.com

Or visit belknaplandscape.com

Considering a Career Change?

HKKK **LNA Course**

at Glencliff Home with a one year employment commitment*

Why join the Glencliff Home team?

- Generous LNA salaries starting at \$13.86, up to \$14.98 with shift differential.
- The State of New Hampshire's outstanding benefits package which includes health and dental insurance, a retirement plan, and much more.
- Career advancement opportunities in the field of nursing.

Both a day class and an evening class are scheduled to start the week of March 30.

Optional tuition of \$650 with no employment commitment

CALL or EMAIL NOW FOR MORE INFORMATION!

If you interested in joining our team please contact Sarah Fabian for more information. Telephone (603) 989-5210 Email Sarah.Fabian@dhhs.nh.gov



UPPER VALLEY PRESS Experienced Machine Operators

Upper Valley Press currently has positions available on all shifts for experienced equipment/machine operators.

Do you possess the ability to run production machinery, pay close attention to detail and report to work on-time and when scheduled? Then we want to hear from you!

Upper Valley Press provides excellent wages, benefits, 401(k) retirement saving and much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please apply in



446 Benton Road North Haverhill, NH 03774 charrington@uvpress.com

VARNEY-SMITH

Lumber Company, Inc. INSIDE SALES PERSON NEEDED

Duties to include:

- Retail sales of lumber & building materials, windows, doors, cabinets as well as customer service.
- Must be conscientious, self-motivated, good with people, a team player
- Must have knowledge of the building industry
- Able to lift a variety of building materials • Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at 2701 Route 302, Lisbon, NH 03585 No phone calls please.



Upper Connecticut Valley Hospital

JOB OPPORTUNITIES

I.S. Support Specialist Unit Secretary (7p-7:30a)

*SIGN ON BONUS!

*RNs *Coder – Certified *Physical Therapist *Radiologic Technologist

PER DIEM RNs – LNAs – ED Technician Phlebotomist - (Saturday's 7a-12p)

APPLY ONLINE WWW.UCVH.ORG **Upper Connecticut Valley Hospital** 181 Corliss Lane, Colebrook, NH 03576 Phone: (603) 388-4236 Ucvh-hr@ucvh.org

MEREDITH NEWS/THE RECORD ENTERPRISE/WINNISQUAM ECHO

<u>HELP WANTED</u>

Scott Burns Landscaping

Landscape Crewmembers wanted. Well established Lakes Region NH landscape company is seeking team members for the upcoming season.

Softscape & Hardscape positions available. Valid drivers license required. Please call (603) 279-8100 or email scott@scottburnslandscape.com

VACANCIES BERLIN PUBLIC SCHOOLS

Berlin, NH

Berlin Middle High School **General Special Education Teachers Welding Teacher Chemistry Teacher** Must be NH Certified or Certifiable

> **Bus Drivers** Willing to Train

Special Education Educational Assistants/Paraprofessionals

Interested individuals should send a letter of interest, resume, 3 letters of reference, transcripts, copy of certification and completed application (located at www.sau3.org.) to Julie King, Superintendent, 183 Hillside Ave., Berlin, NH 03570 or email hr@sau3.org. EOE



This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications

Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com

Competitive Wages Paid Vacation Paid Holidays Paid Time Off Profit Sharing →Store Discounts →Much More! Health Insurance

Delivery Driver

Ashland Lumber has an immediate opening for a full-time delivery driver. A CDL-B license is required with 3 years experience and a safe and clean driving record. This position can involve heavy lifting.

You may apply in person or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager Ashland Lumber, 20 West St. Ashland, NH 03217 or email at duhlman@belletetes.com

Paid Vacation →Paid Holidays →Paid Time Off **Profit Sharing** → Store Discounts → Much More! Health Insurance

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Housekeepers make the world go 'round.

Are you experienced, energetic and honest? Join our family and earn

OUTSTANDING PAY PLUS **GUARANTEED GRATUITIES!**

We offer...

Advancement Opportunities within a State-wide Company Health & Dental ★ 40lk Program ★ Paid Vacations Community Service Days * Employee Discounts



Apply today!

Go to the Cman.com, and click on "Work Here" or apply in person at 231 Main Street in Plymouth, NH.

We are a drug and tobacco-free workforce. 231 Main St., Plymouth, NH • (603) 536-2200 • theCmanInnPlymouth.com

Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen **And Laborer Positions**

Will Train. Valid Driver's License required. Application available at:

CONSTRUX, 630 Daniel Webster Hwy.

Plymouth, NH 03264 (603) 536-3533

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Housekeepers make the world go 'round.

We could use a few more world spinners at The Common Man Inn & Spa!

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Night Owl by Nature? Have we got the job for you!

Seeking an experienced, energetic and honest Night Auditor to join our Inn family!

The Common Man Family Offers... Outstanding Compensation * Advancement Opportunities Health & Dental Benefits * 401k Program * Paid Vacations Community Service Days * Employee Discounts

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FIND A CAREER IN THE CLASSIFIEDS!



Time Share Sale

PRICE REDUCED!!! One Week Lifetime Time **Share For Sale:** Full Ammenities for the year. Sleeps 6, two bedrooms. Call for Price. Located at Steele Hill Resort, Sanbornton NH. Very nice place. Call 603-875-7532

General Help Wanted

Bosco Bell Store and Blueberry Station RT 28 Barnstead are looking for friendly and reliable cashiers and deli workers.

\$1800/month. Call 603-548-4483.

Large 2 bay bus

garage on

0.5 acres of land.

Asking

LOW COST SPAY/NEUTER

Please apply in person

Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

Help Wanted

Licensed Massage Therapist

Immediate opening at White Mountain Athletic Club in Waterville Valley, NH. Regular, weekly schedule including holidays and some weekends.

> **Excellent Pay** 603-236-8303

SUBSIDIZED APARTMENT FOR RENT

Upcoming apartments available at Indian River and **Bristol Town Square** apartments.

Elderly Preferenced Community. No smoking.

and sex offender registry check. Income Limits Apply.

For information or an application contact: **Beno Management Company LLC** 603-744-3890 or 711 NH Relay

Personal Care Attendant



GSIL is seeking compassionate, dependable individuals to assist consumers in their homes with personal care, light housekeeping, grocery shopping, errands, etc. We offer flexible scheduling with opportunities to work full time, part time, or just a few hours a week if you're just looking for a little extra income. Experience with personal care is helpful, however, training is provided.

Please contact Ashley at 603-568-4930 for more information.

A background check is required. GSIL is an EOE

HELP WANTED

MOUNTAINSIDE

LANDSCAPE INC.

is seeking a full

time employee.

Must have a CDL

and be able to obtain

a medical card.

Experience running

heavy equipment a

plus. Excellent pay

for the right person.

Please call Jim at

603-455-5700

or email

mtnsidelandscape@

roadrunner.com

to set up an interview.

LANDSCAPING HELP WANTED

Carroll County Landscape

Apply now! Openings for year-round and seasonal positions. Successful design, installation, maintenance and gardening landscape company with over 35 years in the beautiful lakes region has opportunities for motivated men and women who love plants and the gratification that results from creating and maintaining beautiful landscapes.

Join our team of dedicated individuals. \$15-\$22 per hour and benefits. For more information email resume to cclinc@metrocast.net or contact our office at 569-2013

carrollcountylandscape.com

HELP WANTED

BLACK DIAMOND

BARGE CO.

is seeking a full time

employee. Experience

driving a barge and

knowledge of Lake

Winnipesaukee a

plus. Must be able to

run heavy equipment.

Must be able to

obtain a NH Boaters

license and a medical

card. Excellent pay

for the right person.

Please call Jim at

603-455-5700 or

email blackdiamond-

barge@roadrunner.com

to set up an interview

OCEANFRONT COTTAGE RENTALS

TYBEE ISLAND, GEORGIA Year-round short-term rental 1-bedroom unit overlooking ocean in a gated community with pool and walkway to beach. Sleeps 4 adults and 2 children. Watch dolphins at play, freighters, pelicans and fishing boats. Prices vary. Contact Oceanfront Cottage Rentals at 912.786.4004 or

www.oceanfrontcottage.com/

listings/218-bay-breezes PRINCE EDWARD ISLAND, CANADA Summer / Fall Weekly Cottage Rental 2-bedroom newly constructed oceanfront cottage that sleeps 6. Sweeping views of the pond, ocean and lighthouse. Enjoy kayaking, bicycling and beach walking. \$900/wk.

or scottm@plymouth.edu

Contact Scott at 603.254.5032

 All Positions Asst Manager Trainee

HELP WANTED

Top Dollar Paid Experience a plus, but will train

Apply in person

ANTHONY'S PIZZERIA

35 Center Street Wolfeboro, NH

No phone calls please.

Plymouth State

Plymouth State University has the following positions available

> **Community Director** Database Administrator

Information Technologist II FACILITIES:

Building Service Worker (Custodian) - All Shifts Lead Building Service Worker -Frainer and Summer Supervisor

FACULTY:

Tenure-Track Assistant Professor or

Teaching Faculty - Management

Open Rank - Criminal Justice

Teaching Faculty - Criminal Justice Teaching Faculty - Marketing and Tenure-Track Assistant Professor or Teaching Faculty - Special **Education Program**

ADJUNCT FACULTY: Accepting General Applications

To view full descriptions of the positions and to apply, please visit https://jobs.usnh.edu

Plymouth State University is an Equal Opportunity/Equal Access/Affirmative

HELP WANTED PAINTING



Peter Cavanagh Painting LLC is looking to hire experienced painters for very busy and growing business

Great pay, great working environment in the beautiful Lakes Region.

Give Pete a call at 603-832-8092

For Sale ~Moving soon!~

Upright, freezer,

frost-free

Entertainment Center 7' X 9

Large Maple Buffet 5'x 5' Hide-a-Bed, Wing Chair, Dolls

Other household items

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Must pass criminal, landlord, credit will take your message to over 200,000

readers in ELEVEN weekly newspapers!

LEGAL NOTICE

– FORECLOSURE SALE AT —

THREE-BEDROOM HOME FRIDAY, APRIL 10 AT 11:00 AM 10 STAR DUST LANE, CAMPTON, NH

ID #20-149. Single story Ranch style home located on a 0.6+/- acre lot on a private dead end road along the Pemigewasset River • 1985



built home offers 1,512+/- SF GLA, 3 bedrooms, 2 baths, 6 rooms · Wood clapboard siding, rear deck, detached shed, and heated by woodstove/space heaters • Served by community water and private septic • Tax Map 21, Lot 6-8. Assessed value: \$180,000. 2019 Taxes: \$4,179. Mortgage Ref: Grafton County Registry of Deeds Book 4148, Page 962. Sale per order of Mortgagee by its Attorneys: Minkow & Mahoney Mullen, P.A., Laconia, NH; Peter J. Minkow, Esquire. Terms: \$5,000 deposit by cash, certified check, bank check or other form of payment satisfactory to Mortgagee at time of sale, balance due within 45 days. Other terms may be announced at time of sale. All information herein is believed but not warranted to be correct. The Mortgagee does not warrant the condition or existence of any feature described above. For more information, please visit our website.

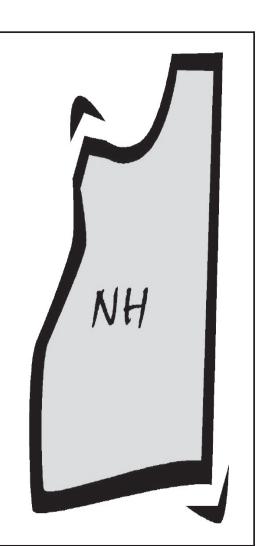
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Wolves expanding Den of Development model for 2020-2021

LACONIA — For the 2020-21 season, the New England Wolves will be expanding and upgrading their "Den of Development" model to include a full-service

Wolves Academy model.

"For the last five years, we have offered academic advisement coupled with state-approved online schooling. It has allowed us the

opportunity to take in players from all over the world and provide for them the academic guidance and assistance that they need," said Wolves GM Andrew Trimble.

policy as new informa-

tion becomes available

in the coming days and

garding the universi-

ty's response please re-

fer to the PSU web site.

www.plymouth.edu.

For information re-

"For 2020-21, we will be increasing the amount of dedicated classroom time for our athletes, renovating our on-site classroom, and bringing in new tutors, as we move our youth teams to the Tier 1 level."

Wolves Academy includes:

"Den of Development"
Program model that provides 10+ hours a week of practice time to athletes including multiple ice sessions a day (skill time each morning), workouts every day at Wolves Training Center and video sessions;

Skills are run by Wolves Director of Player Development Tim Kunes (NHL draft pick, NCAA champion at BC, eight-year pro);

Dedicated classroom within the rink (renovated summer 2020);

"Tutor Time" - Tutors working with athletes in the classroom in a low tutor to student ratio;

State and NCAA complaint online schooling platforms;

SAT prep course.

The Wolves Academic Advisor is Dave Pollak, a veteran classroom teacher and current professor at New England College in Henniker. He provides year round assistance to the Wolves and the Wolves athletes in curriculum support, college application assistance, counseling and much more.

The Wolves are mem-

bers of the EHL, EHLP, United Tier 1 Hockey League and New England Premier Hockey League. Located in the scenic Lakes Region of New Hampshire, Laconia is a popular vacation destination for many New Englanders, and includes annual events such as Laconia Bike Week, Pumpkin Fest, the New England Pond Hockey Classic, Barstool Sports Pond Hockey Tournament. Winnipesaukee Ice Fishing Derby, World Championships Sled Dog Derby and much more.

For more information on the Wolves or to try out for their teams, contact Trimble at scoringconcepts@gmail.com.

Plymouth State suspends activities through April 6

PLYMOUTH — Plymouth State University Director of Athletics Kim Bownes announced Friday that the department has expanded its suspension of team activities to include all athletics programs and, in conjunction with the university's statement, has been extended through April 6.

Student-athletes are encouraged to stay home until April 6 and access their academic work online beginning Wednesday (March 18). Any student-athletes who must return to campus may do so beginning Sunday (March 15) and will have access to food service.

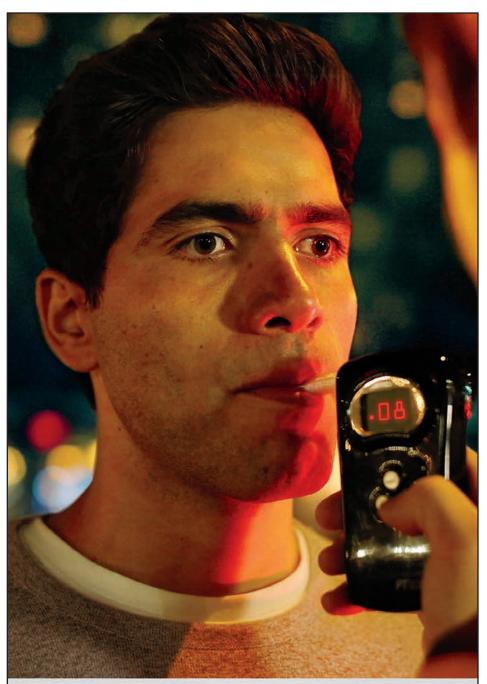
All teams and student-athletes are banned from any athletic related activities, including but not limited to practices, competitions, weight training, team workouts, captain's practices and team meetings.

The Physical Education Center (PE Center) will remain closed through April 6 and, as such, there will be no access to the Vailas Performance Center (weight room) or PSU Natatorium until that date. Likewise, ALL-Well North will also be closed and all public walking sessions have been canceled for the foreseeable future.

Due to logistical reasons, PSU's baseball and women's lacrosse teams, currently playing in Florida and Colorado, will complete their trips as originally planned.

Plymouth State athletics is continuing to monitor the situation and will reevaluate its





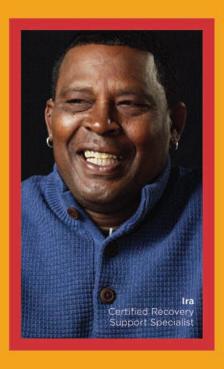
YOU JUST BLEW \$10,000.

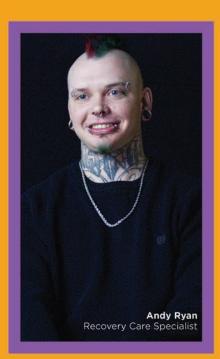
Buzzed, Busted, Broke,

Get caught, and you could be paying around \$10,000 in fines, legal fees and increased insurance rates.

Buzzed driving is drunk driving. buzzeddriving.adcouncil.org







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If you are struggling with alcohol or drug issues, you're never far from help.

Find a Doorway near you.



For help with drug or alcohol issues visit **theDoorway.NH.gov**OR dial **2-1-1**.